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SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY, OCTOBER 16, 2014

BEACHANDBAYPRESS.COM



Transients: a thorny dilemma for cops, neighbors, PB library

By DAVE SCHWAB

Pressure is growing to do something about the so-called homeless "tent city" that some in the community fear is getting out of hand at the Pacific Beach/Taylor Branch Library.

"The library and its park are a magnet for transients," said Pacific SEE **HOMELESS**, Page 7



DIFFICULT DILEMMA Neighbors say homeless residents stow property and shopping carts in bushes, deal drugs, blatantly smoke marijuana in public areas and use park bushes for toilets. Photo by Dave Schwab

Nextdoor.com: social-media site emerges as powerful networking tool

By DAVE SCHWAB

Back in the old days, when you lost your pet, your only recourse was to call on friends to help or post the pet's picture on a flyer nailed to neighborhood telephone poles and hope for the best.

Today, with the networking help of community websites like

Even missing pets part, parcel of growing online attraction

Nextdoor.com and other social media, there are many more avenues to pursue much more quickly than ever before.

And coastal residents like Elizabeth "Raz" Rasmussen of Pacific Beach are taking advantage of the ever-increasing reach of modern technology to help locate and secure their treasured lost pets.

Rasmussen's African grey parrot, Carly Lu, has been missing since June 26. Though it's been more

SEE **NEXTDOOR** >> PG. 5

Mayor pitches mandatory water-conservation steps for a thirsty San Diego

STAFF AND CONTRIBUTION

Mayor Kevin Faulconer is recommending the city move to "drought-alert" status, the second phase of citywide water conservation calling for mandatory measures for all residents and businesses. The new measures would go into effect Nov. 1, pending City Council approval.

A city committee has already given its unanimous approval to move the conservation proposal on for a vote of the full City Council.

"San Diegans have responded to the statewide drought by conserving water at impressive levels," Faulconer said in a statement earlier this month. "Unfortunately, a record heat wave and a dwindling water supply require us to do even more. I am recommending to the City Council that San Diego adopt

SEE WATER, Page 6



REVERSE THINKING A couple prepares for some relaxation at Mission Bay Park after parking in one of the new reverse-parking stalls the city is beginning to implement.

Photo by Dave Schwab

Mission Bay site among first in city to see reverse-angle parking stalls

By DAVE SCHWAB

Reverse-angle parking — backward-parking stalls, if you will — is now a reality at Mission Bay Park.

"The angle stalls are pointing the other direction; you have to back into the spot," said Pacific Beach Planning Group member Don Gross. "It's better for bikes and for any kind

of bike facility like a class 2 bike lane [a striped lane for one-way bike travel on a street or highway adjacent to auto travel lanes]."

The city currently has two existing locations with reverseangle parking: 1300 East Mission Bay Drive in Pacific Beach;

SEE **REVERSE**, Page 6



News

Trial under way in Pacific Beach robbery case, La Jolla assault By NEAL PUTNAM

Opening statements and testimony began Oct. 14 in the trial of a man whose ex-girlfriend wrote an incriminating letter to the sheriff's department detailing the man's crimes, including allegations he accosted a La Jolla realestate agent and pulled off a Pacific Beach burglary.

The jury and alternates in the trial of David Allen Grub were sworn in by San Diego Superior Court Judge Melinda Lasater. The courts were closed Oct. 13 in observance of Columbus Day.

Grub is charged and linked to

four burglaries and three robberies. He has pleaded not guilty and remains in custody on \$450,000 bail.

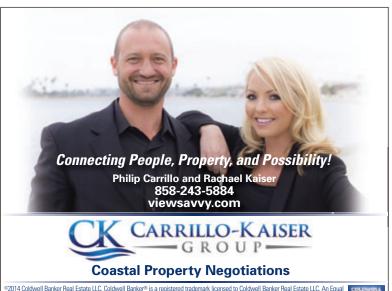
A mysterious letter was found at the sheriff's station in Alpine that named Grub, 45, as responsible for various crimes, but initially

the writer's identity was unknown. Grub lived in Alpine at the time, and a search of his residence and car turned up stolen property in several cases.

A sheriff's detective is expected to testify that the writer was Grub's ex-girlfriend, who told the detective "she still loved him." The detective testified in 2013 that the woman wrote the letter because "she felt what he was doing was wrong."

SEE SUSPECT >> PG. 4





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The 19th annual three-day Polish Festival at the St. Maximilian Kolbe Roman Catholic Church in Pacific Beach drew another huge, admiring crowd for immersion in Polish culture: food, dance, song and merriment. At right and below, members of the Polonez Polish Folk Dance Group perform traditional dances dressed in colorful native outfits, delighting visitors. At bottom right, Alec Hopkins serves up potato pancakes known as placki ziemniaczane.

Photos by Don Balch



social and grand prize drawing at 2 p.m.

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- > Petting Zoo
- > Kids' Arts & Crafts

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www.pointloma.edu/fallfestival

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FEATURED OFFICE LISTINGS



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PACIFIC BEACH | \$329,000 Cute Condo / MLS#140042515



PACIFIC BEACH | \$583,000 2 br. 2 ba town home / MLS#140035648



NORTH PARK | \$299,000 Cute 1 br condo / MLS#140047568



Trevor Pike Closed Production



Darlene Allen & Mel Burgess Top Dollar & Top Listings Sold

CONGRATULATIONS TO OUR TOP PRODUCERS FOR SEPTEMEBER 2014



Catherine Viani Top Selling Units



Marianne Kendall Top Listings Taken

PACIFIC BEACH



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VIEW MORE LISTINGS AT CALIFORNIAMOVES.COM

North PB hat sale a heady idea to raise money for elementary school

By DAVE SCHWAB

Two months after the second annual North PB Sip 'N' Stroll business street fair, the beach community continues to benefit as proceeds from the sale of event hats continues as a fundraiser for Pacific Beach Elementary School.

Demand for trademark hats sold at the Sip 'N' Stroll was so great that a second batch is now for sale through at least the end of the year, with half the proceeds benefiting Friends of Pacific Beach Elementary. The nonprofit is responsible for funding most of the school's non-district-funded activities and programs.

"We did 200 hats selling for \$10 at the stroll and we sold out," said Mike Spangler of Spangler Event Productions Inc., who masterminded the Sip 'N' Stroll as a way to help local merchants while distinguishing North Pacific Beach from the rest of the community. "My daughter is now going to PB Elementary, and they have a great [activist] group which raised almost \$100,000 that went to art, music and Spanish at the school."

Ever since the Stroll in August, Spangler said he's been getting "an email a day from people saying they want more hats.

"So I decided to turn it into a school fundraiser," said Spangler, noting he's turned out another 300 Sip 'N' Stroll hats that, when sold at \$20 apiece with \$10 going back to the school, will generate \$3,000 to help schoolchildren.

"I've already sold 50 hats," Spangler said just a couple days



NORTH PB PRIDE A selection of hats spotlighting North Pacific Beach helps raise money for Pacific Beach Elementary School. Courtesy photo

after launching the school fundraiser.

North Pacific Beach is loosely defined as the area of the beach community north of the Grand and Garnet avenues commercial district, bounded by Felspar Street on the south, Turquoise Street on the north, Mission Boulevard on the west and Ingraham Street on the east.

Conceptually, Sip 'N' Stroll was created to merge the "sip" of wine tasting at Turquoise Cellars with a "stroll" down a family-friendly, business-marketing street fair.

Spangler said Sip 'N' Stroll will continue to be a very "hyperlocal, grassroots effort," promoting both brick-and-mortar and at-home local businesses in accounting, financial services, digital marketing and numerous other growing fields.

North PB commemorative hats can be purchased at Gallery At Land's End at 4984 Cass St. and Sunglass Boutique 904 Turquoise St. They can also be purchased online at www.skooltopia.com.

QUICKHITS>>

DIVER'S BODY PULLED FROM MISSION BAY

Lifeguard rescue divers retrieved the body of a diver who drowned in Mission Bay in an apparent diving accident earlier this month.

According to Capt. Joseph Amador of the San Diego Fire-Rescue Department, the diver was whisked to UCSD for medical treatment but was pronounced dead shortly after 8 p.m. on Oct. 1.

The victim was plucked from the water without a pulse and did not respond to rescuers' attempts at cardiopulmonary resuscitation, Amador said.

Earlier that day, lifeguard officials received a distress call from a vessel on Mission Bay reporting a diver struggling in the water. Lifeguards arrived at the Mission Bay Channel, just south of Mission Point parking lot, to find the diver had already sunk below the sur-

Rescuers entered the water, stripped the victim's weight belt and brought him to the surface, where attempts to bring him into the lifeguard vessel proved difficult because of the victim's weight and equipment, Amador said.

Witnesses said the victim had likely been submerged in his struggle for four to six minutes before the arrival of lifeguards.

CEREBRAL PALSY FUNDRAISING WALK SET AT DE ANZA COVE

Participants are urged to sign up now for the "No Limits" 5K Walk, set to take place Oct. 18 at De Anza Cove. The event is sponsored by Geico and the Cubic Corporation, with proceeds benefiting the UnitDiego County.

the walking path on Mission Bay. Check-in starts at 8 a.m., with the walk starting at the northeast end of Mission Bay at 9 a.m.

Walkers and rollers will receive a continental breakfast, entertainment, T-shirts and lunch provided by Casa De Bandini and Casa Solymar and a free submarine-sandwich coupon from Jersey Mike's.

Organizers encourage participants to bring friends and family to support UCP's effort to provide vital and innovative program services for persons with cerebral palsy and other disabilities throughout the community.

Walking teams are encouraged to turn out. The UCP doesn't charge an entry fee. However, organizers said they hope walkers will send emails to others asking for support.

and other activities for children.

To participate, sign up at www.ucpsd.org, or call (858) 571-5365 for more information.

PB WOMAN'S CLUB SETS CASINO **NIGHT FUNDRAISER OCT. 25**

The Pacific Beach Woman's Club will host its fall fundraiser Casino Night on Saturday, Oct. 25 from 6 to 10 p.m.

The club will host several casino games like craps and roulette, as well as poker tables. The money raised during the event goes to help fund the club's philanthropic work around Pacific Beach and the San Diego community, as well as San Diego County and is a regishelping with the upkeep of the tered nonprofit organization. club's 110-year-old building.

and soon became the original (858) 459-9065.

ed Cerebral Palsy (UCP) of San Pacific Beach Lending Library. The club's goal is to promote friendship This is a gentle 5K walk along through service to better the com-

> In conjunction with Casino Night, the club is also offering a sale of tickets for a Holland America seven-day cruise for two as a special drawing to be held the evening of Oct. 25. Tickets are \$25 each or five for \$100. Buyers need not be present to win.

> Those wishing to purchase tickets can call Rose Galliher at (858) 344-9210 or Mary Lou Benzel at (959) 775-6391.

SENIORS COMPUTER GROUP TO FETE 30TH ANNIVERSARY

The Seniors Computer Group of San Diego will celebrate its 30th anniversary on Saturday, Oct. 18 at 9:30 a.m.

The event takes place at Wesley Palms Retirement Community, 2404 Loring St. in Pacific Beach. There will be T-shirt decoration Visitors are always welcome at no

> The group meets at Wesley Palms every Saturday morning year-round at 9:30 a.m. This special event will feature a birthday cake and a birthday gift for everyone in attendance, plus a professional computer presentation on a subject of general interest to both beginners and seasoned computer

> Members pay \$1 a month, the same amount that was charged when the group first got together 30 years ago. Seniors Computer Group currently has more than 155 members from throughout

For more information, visit The club was formed in 1895 scgsd.org, or call Tom Sprague at

SUSPECT» CONT. FROM PG. 5

Grub is accused of showing up with a rifle and confronting a realestate agent in La Jolla on Aug. 1, 2012 after the agent had just finished showing the house to a prospective buyer.

Witnesses said a man demanded jewelry and money, grabbed fur coats and jewelry and took the agent's cell phone. The robber fired shots at the homeowner, dropped the fur coats and fled in a black car.

Grub is also accused of being one of two armed robbers on Dec. 20, 2012 in Rancho Santa Fe. The robbers handcuffed the maid to the front door and demanded jewelry, diamonds and cash. The home was ransacked, with a loss of

\$250,000 in jewelry, gold and other items, according to court

The first burglary occurred on May 24, 2012 on Loring Street in Pacific Beach, when the resident returned home and saw a man carrying a drawer from the victim's dresser. The suspect fled in a black car, and the victim discovered a large amount of jewelry

A detective testified that a jewelry box belonging to the Pacific Beach victim was found in Grub's

11 Critical Home Inspection Traps to be Aware of Weeks Before Listing your Home for Sale

SAN DIEGO. According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an older home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or worse, turn prospective buyers away altogether. In most cased, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you revent little problems from grwoing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved. To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1003. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to learn how to ensure a home inspection doesn't cost you the sale of your home.



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Announcements, photos and story ideas are welcomed. We ask that content be sent at cation and include valid contact information.

OPINIONS

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GUEST VIEW

Social-media site Nextdoor.com helps track down suspect in unprovoked panhandler attack

By NICOLE SOURS LARSON

While most panhandlers appear harmless, I learned a painful lesson recently how some can be violent.

The attack came out of nowhere, totally unprovoked, just as the thunderstorm hit Pacific Beach at 5:45 p.m. on Sept. 16.

My husband and I sat in our Mustang, the first car in the inside lane, waiting for a green light to turn from Garnet Avenue onto East Mission Bay Drive toward the I-5.

I had noticed a panhandler cavorting on the median trying to attract attention while holding a sign and flyers. He wore a gray T-shirt with a message in red, saying, "I haven't won my first million yet, but ask me how!" He looked to be about 5-feet 7-inches, lean and wiry, in his 40s or 50s, with ginger-colored, curly hair and beard. I had ignored him, refusing to make eye contact.

As the light was about to change, I saw him kneeling by my front left tire, jabbing at it and sticking his sign into the tire well. He walked away as the light changed and the skies opened. After clearing the intersection, I stopped to look if I were dragging the sign. A woman in the car in the next lane

called over and recommended I check my tire, since she'd seen the guy stabbing it.

I made a U-turn, stopped in a parking lot and discovered my pancaked tire, which my husband changed in the rain.

With all the storm-ignited chaos in the city that day, I couldn't get through to the police, finally filing a police report online the following day.

Determined to warn fellow residents so the same thing wouldn't happen to them, I posted an account on our online bulletin board, Nextdoor.com.

That's what ultimately solved the crime.

TV Ch. 10 news reporter Dan Haggerty, a Pacific Beach resident, saw my post and contacted me. We did an interview that ran on KGTV. After I left the interview at the station, Haggerty and videographer Alex Gray spotted the panhandler matching my description and shot photos and video. Haggerty sent me pictures, from which I was able to identify the attacker. I passed them along to the police.

Pacific Beach Town Council president Alan Harris also recognized the panhandler from my



SOCIAL JUSTICE? Nicole Sours Larson's 1992 1/2 Special Edition red Mustang convertible was vandalized by a panhandler at the intersection of Garnet Avenue and East Mission Bay Drive during a freak thunderstorm that hit Pacific Beach during the rush hour on Sept. 16. The panhandler, believed to be Rex Manley, punctured the left front tire, forcing its replacement.

Courtesy photo by Nicole Sours Larson

Nextdoor posting and reported his location to the police.

Armed with Haggerty's photos and Harris' tip, SDPD officers arrested Rex Manley, 38, a long-time petty criminal. Because he was carrying a concealed weapon, as well as drug paraphernalia, officers charged him with a felony, not

just vandalism.

I've learned valuable lessons from this experience. Be aware of your surroundings and be able to describe a potential suspect. File a police report.

In this era of social media and short-staffed police, use social media to alert neighbors about crimes and help catch criminals.

And how about dealing with panhandlers?

"The best way to deal with them is to tell them or gesture no. Ignoring them also works. [If] they get aggressive or violent, call the police," said Northern Division Capt. Jerry Hara.

NEXTDOOR »

CONT. FROM PG. 1

than three months, she's continuing the quest and remains hopeful of ultimate success.

"Carly's been seen twice in Pacific Beach within the last two weeks," said Rasmussen. "We know she's still around here and that she is still fine."

Rasmussen said the social networking ties she's established on NextDoor have established 17 confirmed "spottings" of Carly in and around Pacific Beach since the bird disappeared. The parrot was seen Aug. 1 at Tourmaline Beach in PB. Rasmussen said Carly Lu was last seen at Bella Pacific Condos in the hills surrounding the In-N-Out Burger near Interstate 5.

"She's in the Loring Street corridor from the beach to the freeway," said Rasmussen, who said she's been "plastering posters all over town" ever since with renewed confidence that Carly Lu may yet prove retrievable.

Pigeon-size Carly Lu is distinguishable — particularly by her bright red tail. Her call is also distinctive, with its repertoire of whistles, beeps and electronic sounds. Those folks who see or hear the missing parrot are urged to call (858) 699-8368.

There's also a Facebook page called Lost & Found Pets of San



SOCIAL MEDIA SAVVY Pacific Beach residents are taking advantage of socialnetworking options like Nextdoor.com to raise and discuss neighborhood issues and even to find lost pets as in this post above.

Diego and Beyond where people can post about lost and found pets.

"That's probably a good place to start," Rasmussen said, adding Nextdoor.com's website version has a Lost & Found section that's usually mostly pets.

"I know people have found them (pets) through that," she said.

A perusal of Nextdoor's neighborhood information-sharing website on nearly any given day reveals a host of missing dogs, cats, cockatiels — even tortoises.

Here is a list of lost pets listed recently in Nextdoor.com's Crown Point North Lost & Found section:

- "My daughter's blue-and-white parakeet got out of the house. She is devastated. Call (858) 274-4072."
- "Found cat. So sweet. Sarah Rossetto from P.B. Southwest Central."
- "Found dog. Burak Dogan from Mission Bay."

- "Found: 2 dogs at PB Christian Church, Sept. 15, Kathy Miller, PB North Shore Highlands."
- "Missing black-and-white male cat Zig, Alyssa Muto from Riviera Sail Bay."
- "Lost dog Maya; large Tan and black female Siberian husky/pit mix, Officer Larry Hesselgesser from San Diego Police Department

Many of the stories on the site result in happy endings. Fido the dog or Felix the cat is often found.

Such in the case with Sharon Wampler of Bird Rock, whose missing cat was successfully retrieved through social media.

"Thanks to the Bird Rock Community Council's (BRCC's) e-blast, our missing 19-year-old cat, Rizelle, was returned recently," Wampler said. "Apparently, she spent four nights with a family eating salmon and keeping their brown lab[rador] company, feeling right at home.

Wampler said the outpouring of supportive emails she received about her lost cat "was astounding."

"We are grateful for the kindness of so many thoughtful and caring neighbors," Wampler said.

One Pacific Beach resident, Jonathan West of PB North Shore Highlands, went so far on Nextdoor.com as to find himself involved in a "shared conversation" with a number of neighbors who had been complaining of having been disturbed by cats.

West said he found this "little message" on his doorstep: "I am a cat, somewhat of an unleashed hairball with an attitude, and I have something to share with all you argumentative human types who have decided to text about we cats on your special little social community website.

"I roam through your neighborhoods, catching rats, chasing birds away ... and now and again making myself available for petting and strange conversations aimed at us, which we don't really understand. But through it all, we do somehow manage to put up with you humans and I am really quite appalled to find that some of you don't actually find us to be absolutely adorable ... I certainly hope that the rest of you will straighten out those confused souls who have this most unfortunate problem. And that's about all I'm going to say right now. I've got to get back to being the sort of cat that won't take the time to tell you like it is, because we normally feel you should all understand things like this without any of us having to spell it out for you.

"I just have one final word, and I hope you will take it very, very seriously, for all the complex ramifications that it intends to communicate. That word is simply: 'Meow!'"



REMEMBER WHEN? >>

Adare McAllister took this shot looking east from Crystal Pier in February 1954. A keen eye can

spot the shiny 1951 Ford parked on the pier and, through the arch, snow in the distant mountains.

— John Fry may be reached at (858) 272-6655, or by email at mail@johnfry.com.

REVERSE >> CONT. FROM PG. 5

and Euclid Avenue in San Diego between Monroe Avenue and El Cajon Boulevard. Another at 25th Street between Broadway and B Street is scheduled to have reverse-angle parking soon.

"At this point, reverse-angle parking is primarily going to be used on streets that are either heavily used bike routes or existing and planned bike lanes," said Gary Pence, a senior San Diego traffic engineer who's getting the word out about the new, safer parking arrangement.

"Having reverse-angle parking on the street is safer for bicyclists because the motorist has a better view of the approaching bicyclist prior to pulling out of the parking stall," Pence said. "Reverseangle parking also provides the motorist with a better view of oncoming traffic while pulling out. Loading and unloading children into and out of the car is safer because the door of the car acts as a barrier and opens to the sidewalk instead of into traffic. Additionally, loading and unloading at the back of a vehicle takes place on the sidewalk, as opposed to a busy travel way."

Pence said other cities like New York, Portland, Seattle, Vancouver, Washington, D.C., San Francisco and Salt Lake City have also had success with this parking configuration.

Gross concedes, however, that reverse-angle parking is a tough transition for some.

"It's taking some time to get people to figure out how to use it," he said, noting "signs are posted" informing people that they need to be "backing in" to the parking space.

Gross said it's encouraging that the city is doing something tangible to make roadways safer for cyclists.

"There's an added benefit down there with getting strollers

out and with kids getting out of their cars and heading right to the park instead of walking out into the street and around the car."

Advocates point to reverseangle parking's benefits:

- Improved visibility and increased field of vision; motorists are better able to see oncoming traffic.
- Decreased collisions and reduced threat of runaway vehicles
- Improved safety for children and cyclists.
- Improved loading and unloading logistics.
- Improved disabled parking.
- Increased space, as reverseangle parking doesn't require as much space to maneuver, resulting in more parking spaces and additional room for sidewalks, bicycles, et cetera.
- Has a traffic-calming affect as it encourages vehicles to slow down.

WATER>> CONT. FROM PG. 1

mandatory conservation measures to ensure that we all do our part to conserve as much water as possible."

In 2011, the city enacted perma-

nent measures more stringent than those of most cities and water districts throughout the state. And on Faulconer's recommendation and with council approval, the city entered into a "drought-watch" status on July 1, 2014, calling for additional voluntary conservation measures in response to the statewide

drought. Water usage in San Diego fell 4.4 percent in August and 5.7 percent in September compared with the same months a year ago.

However, other factors, including a significant decline in ground water reserves throughout California, a drop in water reservoirs for the San Diego region, a lack of rainfall and diminished prospects for a strong El Niño and a severe heat wave for the San Diego region in August and September, led Faulconer to call for the second-phase status.

Under the new guidelines, the voluntary measures in effect since July will become mandatory. They also call for the additional measures, pending council approval, to go into effect Nov. 1, to wit:

- Watering and landscape irrigation using sprinklers will be limited to no more than three days a week on a schedule established and posted by the city.
- Watering will be allowed at residences with odd-numbered addresses on Sundays, Tuesdays

and Thursdays; watering will be allowed at residences with evennumbered addresses on Saturdays, Mondays and Wednesdays. Apartments, condominiums and businesses will be allowed to water on Mondays, Wednesdays and Fridays.

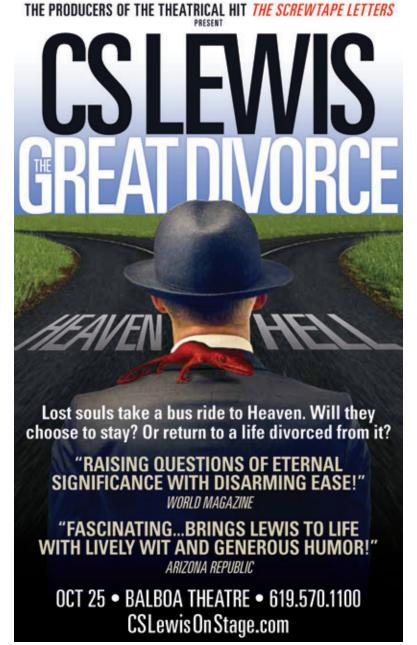
- During the months of June through October, the watering limit is no more than 10 minutes per assigned day; during November through May, the watering limit is no more than 7 minutes per assigned day.
- The washing of automobiles, trucks, trailers, airplanes and other types of transportation equipment is allowed only before 10 a.m. or after 6 p.m. during the months of June through October and only before 10 a.m. or after 4 p.m. during November through May.
- Operation of ornamental fountains will be stopped except to the extent needed for maintenance.
- Potted plants, noncommercial vegetable gardens and fruit trees may be irrigated on any day but only before 10 a.m. or after 6 p.m.

during the months of June through October and only before 10 a.m. or after 4 p.m. during November through May.

- Use of water from fire hydrants will be limited to firefighting, meter installation by the Water Department or other activities necessary to maintain the health, safety and welfare of San Diegans.
- Construction operations receiving water from a fire hydrant or water truck will not use water beyond normal construction activities.

The city plans to enforce the new mandatory measures at no additional budgetary impact to water ratepayers. About 10 staff members in the Public Utilities Department will be tasked with enforcement, which largely calls for educating the public and working with residents and businesses to comply

The city will shift responsibilities for some workers and fill existing budgeted vacancies to ensure proper and adequate enforcement.





Lifeguards of the Year leave legacy during Mission Beach in ceremony By PATRICIA WALSH



CREAM OF THE CROP From left, lifeguards Daryl McDonald and Tore Blichfeldt accept the San Diego City Lifeguards of the Year Award on Sept. 27 at the Swell Café in Mission Beach. District 2 City Councilman Ed Harris - himself a veteran lifeguard - presented the men with a special commendation award. Photo by Don Balch

Daryl McDonald and Tore Blichfeldt were honored as San Diego City Lifeguards of the Year on Sept. 27 at the Swell Café in Mission Beach. District 2 City Councilman Ed Harris, himself a veteran lifeguard, and John Vallas, founder of Swell Café, presented the

McDonald, who received the Year-Round Lifeguard of the Year honors, is retiring after 28 years of service.

He has served on the shores of Mission Beach, Pacific Beach and Ocean Beach, as well as the city's boating waterways.

"To end my career with this reward is just fantastic," McDonald said. "I have a passion for helping people and I'm just happy to

"It's pretty humbling when you are the best lifeguard in the best lifeguard service in the country. We have 283 seasonal guards. I'm just one person representing a whole bunch of people doing a great job."

TORE BLICHFELDT

One of two recipients of this year's Lifeguards of the Year Award from the city of San Diego

know we are appreciated."

Blichfeldt was recognized with the Seasonal Lifeguard of the Year Award for his part-time work as an intern coordinator and for his work with the Junior Lifeguard Program in Ocean Beach, where he has worked since 1996. He is a science and biotechnology teacher

at Mt. Carmel High School.

"It's pretty humbling when you are the best lifeguard in the best lifeguard service in the country," Blichfeldt said.

"We have 283 seasonal guards. I'm just one person representing a whole bunch of people doing a great job," he said.

HOMELESS_{>>} CONT. FROM PG. 1

Beach resident Marcella Teran. "The park, especially, has been a hangout for drug dealing, smoking pot and people stowing things in the park bushes and using them as toilets. The surrounding neighbors of Cass, Reed, Thomas and Dawes streets over the last few years have called the police non-emergency line almost on a daily basis due to drug dealing."

Another Pacific Beach resident, David Thomas, who lives a couple of blocks from the library and its park, agreed the time may have come to address the homeless issue more intensely.

"While I understand a sizable number of homeless people have no other options as far as living conditions at the moment, I'm rather surprised they are allowed to congregate on the library grounds (grass and sidewalk) areas, especially across the street from a daycare with little kids," Thomas said.

"While I'm sure the majority of homeless on the library grounds are harmless, it doesn't exactly paint a rosy picture of Pacific Beach when residents and visitors show up at

the library and see sleeping bags, shopping carts and so forth all over the place," he said. "In an ideal world, there would be a central location for homeless to gather to get food, shelter and the help they need to get back into society."

Noting "police have been amazing in listening to our concerns," Teran said Police Chief Shelley Zimmerman and Northern Division Capt. Jerry Hara have implemented a "Quality of Life Team" to help with the problem.

Hara said a team of three officers was dispatched Oct. 9 to do a transient sweep in Pacific Beach, which culminated in six misdemeanor arrests.

"One misdemeanor arrest for illegal lodging was a business complaint at 2830 Garnet Ave. in an industrial complex recently renovated to invite new businesses," Hara said. "We received a letter of agency (permission to access private property) because of a growing problem of transients overrunning the property. The owners were very appreciative of the quick police response."

Hara said four other misdemeanor arrests were issued during that sweep for illegal lodging/trespassing/violations of court orders and possession of drug paraphernalia at the Pacific Beach Methodist Church at 1561 Thomas

"There was one other misdemeanor arrest of a 17-year-old girl for daytime loitering and resisting police during selective enforcement of a canyon area involved with illegal lodging and drug activity," Hara said. "Officers located a male and female off Pocahontas and Ogalala avenues. When the subjects saw us, they fled up the canyon. We captured the girl, but the male fled."

Hara said the girl turned out to be a methamphetamine user meeting her juvenile boyfriend in the canyon for possible drug-related activity.

"Her parents were notified and she was returned home," Hara said.

Teran said she understands the magnitude of trying to police transients in public places.

"The growing problem with homelessness at the Pacific Beach library park and elsewhere cannot be solely managed by police," Teran said. "A policing strategy has been used to attempt to control bad behavior on Garnet, and it's like herding cats. The police are doing the best they can, but it is not up to them to solve this library problem."

Michelle Clark, the youth services

librarian at the Pacific Beach/Taylor Branch Library, said the facility has a "whole list of rules" on appropriate conduct - both inside and outside the building.

"People during the day are allowed to be on the lawn," Clark said. "They can lie down and take a nap. But they can't be covered up; no sleeping bags or tents. There's no camping. That's against our policy."

Asked whether the library grounds was an attractive nuisance for transients, Clark replied, "Sure, it's a great place to be with the beautiful park, whether the people are homeless or not."

Clark said the library does have a security guard who patrols, adding the facility is open varying hours every day but Sunday.

Teran said she is convinced there isn't one solution for homelessness at the Pacific Beach library, park and elsewhere.

"We have to look at this problem from many angles," she said, adding a recent meeting was held involving neighbors, the library's manager and her supervisor, police representatives, the neighborhood prosecutor and the District 2 City Council's office.

"The purpose of the meeting was to gather ideas and look at shortand long-term solutions," Teran said. "We are looking at lighting, sprinkler timing and changing the landscaping, even having exercise classes out on the lawn at certain times of the day, The library and its park have a great potential to create a sense of community. I welcome any ideas or suggestions addressing these problems."

Teran can be contacted at marcellateran@gmail.com.

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Swell Cafe brews up stunning makeover by PATRICIA WALSH

John Vallas has been brewing up success in Mission Beach since 2011. That's when the submariner-turned-entrepreneur bought a coffee shop down to its last drop and transformed it into the tidal Swell Café, a laid-back, eco-friendly, Fair Trade java joint serving up an eclectic health-conscious breakfast and lunch menu in an open-air setting.

On Sept. 27, the business perked up again with a grand reopening that showcased a remodel, a new partnership with Gina Champion-Cain and the Patio Restaurant Group (PRG) and an expansion into the coffeeroasting business.

Now roasting in small batches at the café, the Swell Coffee Roasting Company will soon open at a larger facility. Swell provides signature coffee blends to wholesale and retail customers and to all of the PRG brands: The Patio restaurants in Pacific Beach and Mission Hills and The Front Porch, a culinary boutique recently opened in Mission Hills.

Vallas calls his approach to coffee a "seed-to-cup" endeavor that's sustainable and traceable. He said he's currently working with a farm in Peru.

"By doing what we're doing spending a lot of time sourcing coffee from farmers and serving



REMODELED FAVORITE The Swell Café has re-emerged with a new look and a new branding to keep customers rolling in. Courtesy photo by Tyler Beach

a quality product — we are connecting the customer to the experience and elevating the coffee scene in San Diego," he said.

The café's remodel embraces the neighborhood's history by paying homage to San Diego's lifeguards on tabletops emblazoned with black-and-white historic photographs. Images of beach-town heroes show the evo-



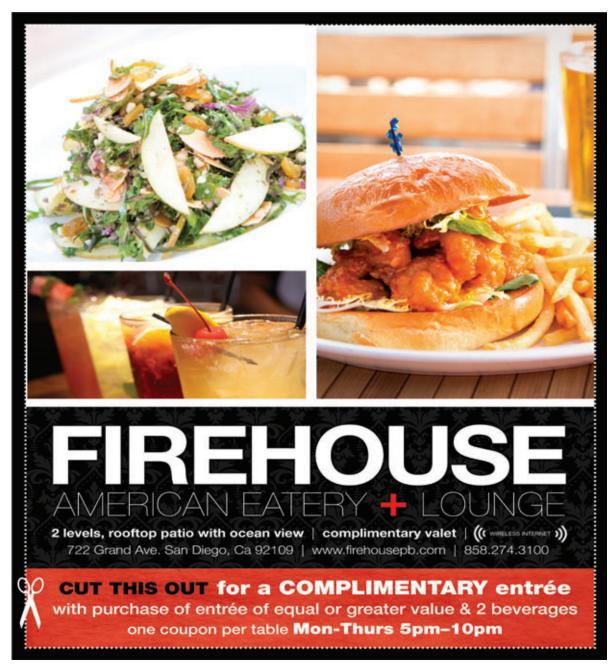
and Coffee Company features tables decorated with large size, vintage images of local San Diego area lifeguards from decades past.

Photo by Don Balch

lution of San Diego's Lifeguard Services.

From the early 1900s, freshfaced, knobby-kneed young men dressed in dark muscle shirts labeled Police and \Lifeguard hark back to a time when the two services were part of the same

SEE SWELL >> PG. 9



SWELL>> CONT. FROM PG. 8

department.

From the 1970s, there's a photo of Carol Tyler, the city's first female lifeguard, climbing a tower with binoculars in hand, wearing a two-piece swimsuit. The rest of the decor takes on the earthy family traits of The Patio restaurants: repurposed wood, a verdant-colored exterior and a "green wall" of succulents cas-

cading over the dog-friendly out-door dining space.

"Restaurants like this are our (San Diego's) lifeblood," said District 2 City Councilman Ed Harris, who was on hand for the reopening. "Tourism is our third economic tool. [Visitors] come here to get a great meal, have a great experience and want to come back."

Harris, a veteran lifeguard, joined Vallas that day in a salute to San Diego's Lifeguards of the Year: Daryl McDonald and Tore



BREWING UP FUN The Swell Café has launched a signature coffee blend as part of its Swell Coffee Roasting Company. Courtesy photo by Tyler Beach

Blichfeldt.

McDonald and Blichfeldt were

thanked for their service by Swell Café with free coffee for a year. Their names are also etched on an outdoor wall plaque, which has room for future lifeguards to be celebrated in an annual tradition.

Swell Café, located at 3833 Mission Blvd., serves breakfast and lunch daily and offers catering and rental of the restaurant for meetings and events.

For more information, visit www.theswellcafe.com, or call (858) 539-0039.



TASTY NEW DELIGHT This is a Neptune's Benedict dish with fresh seafood and Swell potatoes, Hollandaise sauce on egg on a soft English muffin.

Courtesy photo

PINE LOCAL, SHOP LOCAL, SPEND LOCAL MISSION BEACH & PACIFIC BEACH



3RD ANNUAL KIWANIS SPOOKY PASTA DINNER

Thursday, October 23, 2014
Pernicano's Restaurant – 711 Turquoise Street
4:30 PM – 10:00 PM

The **Kiwanis Club** of Pacific Beach will be sponsoring their **3rd Annual Spooky Pasta Dinner on October 23th**. They will be serving Mostaccioli with a meatball, salad, roll and non-alcoholic beverage at Pernicano's Restaurant.

Proceeds from this event fund the Kiwanis Youth Foundation. The Youth Foundation supports the Mission Bay High School Band, Drama, and Sports activities. They also support the Mission Bay High Key Club as well as the Builders Club at Pacific Beach Middle School and sponsor the Hope of America Awards for the five area elementary schools. Additionally the Pacific Beach Kiwanis Club provides support for our local library as well as Rady's Children Hospital Miracle Mile of Quarters, Meals on Wheels and other community events and organizations.

Pernicano's is all decked out for Halloween. Between now and the first of November it is a great place to celebrate the holiday with ghosts, goblins, witches and other spooky characters adorning the premises. If you can not make it on the 23rd of October, Pernicano's will honor the tickets now thru the end of November.

The tickets are \$12 each and can be used any Wednesday - Sunday through the end of November. For tickets call lim at 858-692-0403



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LIVE MUSIC >>

By BART MENDOZA

The Kona Kai Resort is quickly gaining a reputation as the place to catch acoustic music in San Diego. With its beautiful setting right on the water and great, friendly atmosphere and lively performers, it's becoming the "in spot" to be on Sunday afternoons. Each week's lineup is different. Every Sunday, six performers take the stage on the patio, with Oct. 19 set to include Aubrie Williams, Jesse Nova and Carl Durant. What makes this show particularly interesting is the appearance of Durant, a Belgian artist. A former San Diegan and regular on the coffeehouse circuit, Durant has a sizeable following in town. With this rare appearance squeezed in during a brief visit stateside, if you're a fan of acoustic music, you wont want to miss this show.

• ACOUSTIC MUSIC SERIES: Sunday, Oct. 19, 4 p.m. at the KONA KAI RESORT, 1551 Shelter Island Drive, Shelter Island, www.resortkonakai.com.

Appearing at Beaumont's on Oct. 19, Matt Bolton performs solo — but that's a bit misleading. Using sound loops created on the spot, he mixes percussion with singer-songwriter technique to create a full band sound that's pretty amazing. This is especially evident when performing such



• MATT BOLTON: Sunday, Oct. 19 at BEAUMONT'S, 5662 La Jolla Blvd. 11:30 a.m. 21 and up. www.beaumontseatery.com.

be an easy gig, but Bolton is defi-

nitely a performer worth getting

up early to see.

The blues doesn't come any tighter or hotter than Michele Lundeen. Performing on Oct. 21 at Humphreys Backstage Live, she is blessed with a voice that's equal parts Janis Joplin, Big Mama Thornton and Tina Turner. Lundeen has a killer set, full of classic R&B and choice originals cut from the same cloth. Best of all is her stage show, which places her as one of the most exciting blues performers in the Southland. If you like your bar-room blues gritty and authentic, with plenty of passion, then a performance from Lundeen is just the ticket.

CARL DURANT

• MICHELE LUNDEEN: Tuesday, Oct. 21, at HUMPHREYS BACK-**STAGE LIVE, 2241** Shelter Island Drive. 5 p.m. www.humphreysbackstagelive.com

singer-songwriters Among these days, the ukulele and banjo are bountiful and the acoustic guitar is common. But few play the Spanish or nylon-string model guitar like Gabriela Aparicio. It adds a different texture to her music than the typical fare, with her fingerpicking style adding a percussive element to her music. Appearing at Café-Bar Europa on Friday, Oct. 17 at 4 p.m. and Saturday, Oct. 18 at 9 p.m., Aparicio's music takes in soul, touches of bossa nova, jazz and pop, with lots of heartfelt originals that have hit potential, like the hook-andrhythm-filled tune "Stampede."

SEE MUSIC >> PG. 11



WHITNEY SHAY Photo by Bart Mendoza

MUSTHEAR>>

Whitney Shay is an impressive talent. Whether she's belting out a standard, blues classic, soul groover or jazzy dance number, her voice and stage presence are formidable. One of the area's hardest-working musicians, Shay can be seen with various combos, often performing at DIZZY'S, 4275 Mission Bay with guitarist Robin Henkel. On Drive. 8 p.m. www.dizzysjazz.com. Oct. 18, Shay steps into the world of big band music to perform with the

JazzKatz Project — a 13-piece jazz ensemble that performs music of the swing-dance era. Best of all at this show, you don't have to be content to just tap your feet. You can choose to just listen or you can dance the night away.

• JAZZKATZ PROJECT WITH WHITNEY SHAY: Saturday, Oct. 18 — Bart Mendoza

Wake up and 'Swell' the Coffee!

A few months ago, The Patio Restaurant Group formed a partnership with the Mission Beach-based Swell Café to bring customers the best, locally roasted coffee in San Diego. Don't just take our word for it; Swell Café was voted "Best Coffee in San Diego" by San Diego Magazine this year. The Patio on Lamont Street currently features a signature blend of coffee from Swell containing a mix of Colombian, Guatemalan and Ethiopian beans. It's called the "Piazza" blend. It's available at the restaurant for purchase or at The Swell Café.

If specialty coffee drinks are more your style, look no further. The Patio is serving up cappuccinos, lattes and mochas for \$4. Or, if you're in the mood for something more adventurous, try our a Faux-Tella Coffee, made with Hazelnut Bailey's, Godiva Milk Chocolate, coffee, whipped cream, and hazelnut. It's perfect for fall as the nights grow cooler!

The Patio on Lamont Street is currently open every day at 9 a.m. Stop by for breakfast and experience the coffee everyone is talking about!

PEOPLE/N THE NEWS>>

ST. PAUL'S NAMES TWO PB **RESIDENTS TO KEY POSTS**

St. Paul's Senior Homes and Services has named Pacific Beach residents Tara Walsh as corporate controller and Justin Weber as its new executive director of residential ser-

Walsh will direct the daily financial affairs of the organization under the supervision of the chief financial officer and prepare financial analyses of operations for the guidance of management.

She will be responsible for the company's financial budgets, its accounting practices, the maintenance of its fiscal records and the preparation of periodic financial

In addition, Walsh will ensure

compliance with all federal, state and local government and grantor financial reporting requirements that the organization's

accounting policies procedures conform to generally accepted accounting principles.

Previously, Walsh served as divisional controller, where she directed the daily financial affairs of the St. Paul's home and communitybased services division under the supervision of the chief financial offi- JUSTIN WEBER

cer and prepared



TARA WALSH

financial analyses of operations.

She was responsible for the division's financial budgets, its accounting practices, the maintenance of

its fiscal records and the preparation of periodic financial reports.

She ensured organizational compliance will all federal, state and local government and grantor financial reporting requirements.

Walsh earned her MBA from San Diego State University and received her bachelor's degree in communications studies from California State University, Long Beach.

A certified public accountant (CPA), Walsh is a member of the California Society of CPAs and the American Institute of CPAs. She is a 2015 fellow for the Leadin Age national leadership program.

Meanwhile, Weber will assume responsibility for oversight, compliance and overall resident, family and staff satisfaction in all of St. Paul's residential communities (Manor, Villa, McColl Health Center and, subsequently, Plaza when directors of Leading Age California it opens).

Prior to his appointment to this position, Weber held the positions

of Villa administrator at St. Paul's Pacific Youth Soccer League and and previously as marketing and admissions director at St. Paul's, where he was responsible for the marketing and admissions process in all the organization's residential communities.

"I'm very honored to be able to continue to serve the residents, families and staff of St. Paul's Manor, Villa and McColl Health Center," said Weber, "and will continue to do everything in my power to ensure we operate in the most efficient and ethical manner possible with a primary focus on the seniors we serve."

Weber earned his bachelor of arts degree in advertising from Northern Arizona University and certification in nonprofit management from Chapman University.

He has served on the board of and board of directors of Nonprofit Management Solutions.

He is a youth soccer coach for

was presented with the Extraordinary Commitment Award, Leading Age California. He is a past Fellow in Leading Age Leadership Academy and past coach for Leading Age California Emerge leadership pro-

St. Paul's Senior Homes and Services is a full-service, nonprofit retirement provider offering independent assisted living and skilled nursing communities, child- and senior-daycare programs and a program of all-inclusive care for the elderly, a program dedicated to serving frail and low-income seniors in their homes, located in Chula Vista and downtown San Diego.

Since opening its doors in 1960, St Paul's remains an innovator in the San Diego community with a reputation for exceptional care.

For more information on St. Paul's Senior Homes and Services, visit www.stpaulseniors.org.

MUSIC»

CONT. FROM PG. 10

It's all topped by her excellent voice, adding up to an artist with serious commercial potential.

• GABRIELA APARICIO: Friday, Oct. 17, 4 p.m. and Saturday, Oct. 18, 9 p.m. at CAFE-BAR EUROPA, 873 Turqouise St. 21 and up. www.theturquoise.com/-

wordpress.

Ska punk favorites return to San Diego on Oct, 28 for a show at Brick by Brick. Formed in 1988, the band's high-octane performances quickly made it a Southern California favorite. Touring behind its latest album, "Adicción, Tradición, y Revolución," the band may have gotten older, but its energetic, horn-driven performances

continue to be a thrilling experience. While the band never had a hit, its show and energetic tunes - sung in both English and Spanish — will always have an audience as long there are people who enjoy manic spectacle.

• VOODOO GLOW SKULLS: Tuesday, Oct. 28 at BRICK BY BRICK, 1130 Buenos Ave. 8 p.m. 21 and up. www.brickbybrick.com.



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FUTURE LEADERS Mission Bay High School's Associated Student Body was well represented during Pacific BeachFest on Oct. 4.

EDUCATION NOTEBOOK >>

MISSION BAY HIGH SCHOOL

- MBHS gives a big, warm Mission Bay Buccaneer welcome to Nella Landau, who is joining the MBHS team as the new vice principal. Landau is coming from Clairemont High School, where she worked as head counselor.
- The MBHS homecoming game is Friday, Oct. 24 at 5:30 p.m. at University City High School. Join in on the fun cheering on the Bucs against La Jolla High School. Because of stadium construction, the game will be played at University City High School, 6949 Genesee Ave.
- Take a tour of Mission Bay High on one of the International Baccalaureate school tours this year. The tours begin at the front office at 8 a.m. and offer a slide show in the library and classroom visits. Tours for the 2014-15 school year take place from 8 to 9:30 a.m. on the following dates: Nov. 5, Dec. 17, Jan. 14, Jan. 29, Feb. 10, March 19 and April 16. Visit the International Baccalaureate pages to RSVP for the tour on the school website, www.sandi.net/mission-bay. For more information, email Shauna Fitzpatrick at sfitzpatrick@sandi.net.
- MBHS students will be traveling to Spain, France and Italy from June 19 to 30 this summer. Cities on tour include Madrid, Zaragoza, Barcelona, Provence, the French Riviera, Pisa, Florence, Assisi and Rome.

PACIFIC BEACH MIDDLE SCHOOL

 PBMS welcomes Kimberly Meng as the new principal. Meng graduated from UCSD in 1995 with a degree in structural engineering but said she knew that it was not her calling. She put engineering experience to use and became a secondary-school math teacher, finding it incredibly rewarding. Meng transitioned out of the classroom to an administrative position, helping math teachers improve their craft in schools and at the University of San Diego. She served as principal at Rolando Park Elementary, and as vice principal at Taft, Clark and de Portola middle schools.

SEE NOTEBOOK >> PG. 13

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SeaWorld's 'Halloween Spooktacular' poised to go bump in the night for local funseekers

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Also, kids can visit the park for free in October with the purchase of a full-price adult admission.

SeaWorld's Halloween Spooktacular festivities are geared for kids 12 years and under, who are invited to come in costume and enjoy trick-or-treating and colorful costumed characters from 11 a.m. to 6 p.m. on the following weekends: Oct. 18–19 and Oct. 25–26.

Youngsters can also take in some Halloween-themed shows, including one starring SeaWorld's prank-loving pinnipeds Clyde and

SeaWorld is offering one child, ages 3 to 9, free admission with one full-paid adult admission during October. The same offer is valid

at Dine With Shamu. Plus, kids ages 10 to 12 can participate for free in SeaWorld's Dolphin and Beluga Interaction Programs with one paid adult participation.

Children must be at least 48 inches tall to participate in BIP and

SeaWorld's "Halloween Spooktacular" is included with park admission.

For more information, call (800) 257-4268 or visit www.Sea-WorldSanDiego.com.

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WINNING START The Mission Bay High School cross-country team won its first meet against Lincoln High School on Oct. 8. Courtesy photo

CONTINUED FROM Page 12

• The PBMS Music Department will host a rummage sale Saturday, Oct. 25, 8 a.m. to noon, in the PBMS parking lot off Felspar Street. Find some great deals while supporting the award-winning IB Music program.

NOTEBOOK

KATE SESSIONS ELEMENTARY

• Thank you, Sessions families. We reached our goal of \$30,000 during our Sessions Contribution Drive. Your support helps to provide our students with art, music, Spanish, library and much more. Your continued generosity is appreciated.

• The Running Club at Sessions has reached new strides. We have adopted a program that allows us to immediately provide feedback to our students regarding the numbers of laps they have run during the week, month and year. This new technology has improved our student participation in the Running Club and is a huge benefit to our annual Jog-a-Thon.

• Sessions now has a Dad's Club/Pizza with Pops. This group will meet in the school auditorium on the first Tuesday of the month at 6 p.m. This is an opportunity for our dads, uncles, grandfathers and brothers to actively participate in their child's school. Our first meeting was a smashing success.

MBHS ALUMNI **HOMECOMING 2014**

Due to the ongoing construction of our new \$12.5 million stadium, this year's game against La Jolla High School will be played at University City High, 6949 Genesee Ave., on Friday, Oct. 24 at 5:30 p.m. The MBHS Alumni Association will attend the game, and there will be a designated alumni-seating section so we can all cheer the Bucs on to victory together. Immediately following the game, we will host an after-party, featuring the talented Jetpack Mojo (with MBHS alum musician Greg Fararr, class of 1981) starting at 8:30 p.m. at the Blackthorn Irish Pub and Grill, located at 3010 Clairemont Drive. There is no cover charge and this is an all-age venue. There will also be a raffle to benefit the MBHS Alumni Association. Help spread the word with your classmates and friends. All are welcome to join in the fun.

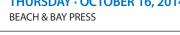
FRIENDS OF PACIFIC BEACH **SECONDARY SCHOOLS**

FOPBSS is a parents organization that supports Pacific Beach Middle School and Mission Bay High School. If you would like to receive its email blasts, sign up at www.fopbss.org. FOPBSS will keep you well informed of PBMS and MBHS activities. The next FOPBSS meeting is Wednesday, Oct. 22 at 6 p.m. in the Pacific Beach Middle School library.



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