

FRIGHT NIGHT Above, the 700-plus pound "great pumpkin," grown by Jon Berndes, made a visit Oct. 14 to the San Diego Community Newspaper Group's office. Berndes quipped that it took pizza, beer and 15 neighbors to get the monster pumpkin into the back of his pickup truck. Right, a spooky scene was caught on camera, as were some artfully crafted jack-o-lanterns, by photographer Don Balch.

# T 11 12 1 2 9 3 8 4 4 7 6 5

Daylight saving time ends! Don't forget to set your clocks back on Nov. 3.

THURSDAY, OCTOBER 24, 2013 BEACHANDBAYPRESS.COM



**GREEN DESIGN** The Patio on Lamont Street's living wall was designed by longtime local Bea Arrues.

SHAWN BARKER

# Longtime PB resident leaves her mark on the community with living décor By KENDRA HARTMANN

Pacific Beach is home to many families that have stayed in the community for several generations. Only a handful, however, have had the opportunity to leave a true mark on the area.

Bea Arrues is leaving her mark in a decidedly visual way. Arrues, an interior designer, is the creative mind behind, among other things, the living wall that gives The Patio on Lamont Street its lush, tropical feel.

Arrues' family came to Pacific Beach by way of Argentina, when her father was offered the opportunity to open up a motorcycle shop in Southern California in 1964. The family originally landed in Los Angeles, but on a drive southbound down Torrey Pines Road, her mother decided then and there the family would settle in San Diego. The motorcycle shop her father was supposed to open became Kon-Tiki Motorcycles, which is still operated by

SEE WALL >> PG. 3

# Check out some ghoulish events around town By MARC & DARLYNNE MENKIN

ver since we were kids, we loved this time of the year. The weather is starting to cool down and almost everywhere you look, there's no shortage of Halloween fun. Whether you're into costume parties, haunted thrill rides or prefer family friendly events, there are plenty of fun activities to choose from.

IN MISSION BEACH, Belmont Park

has been transformed into a frightfully fun Halloween zone. The masterminds behind San Diego's popular attractions, "The Haunted Hotel" and "The Scream Zone" teamed up with Belmont Park to create its first-ever family-friendly haunt, BOOmont Park. The Halloween festivities are held Friday through Sunday and on Halloween Day starting at 5 p.m. So far,

this new attraction is a big hit with locals.

"Our family has kids ranging from 2 years old up to 16 years old, so it's great because there's something for everyone," said Pacific Beach resident Tamara Ramirez. "BOOmont Park is perfect for big families like mine

SEE **HALLOWEEN** >> PG. 5

# A look at Rose Creek Cottage's past reveals story of community support for beloved structure By DAVE SCHWAB

ost are familiar with the quaint Rose Creek Cottage, a wedding and event venue located at the entryway to Pacific Beach off Interstate 5.

But far fewer are aware of its colorful and historic past and the roundabout way it came to be situated on the creek of the same name at 2525 Garnet Ave.

Rose Creek Cottage is actually the last surviving remnant of an early-day mansion that once stood where the Catamaran Resort Hotel and Spa at 3999 Mission Blvd. is now.

"We know it as part of the old Frederick Tudor Scripps estate [called] Braemar," said John Fry, founder/president of the Pacific Beach Historical Society.

The cottage, said former Pacific Beach Town Councilmember Eve Anderson, "was once the dining room and community meeting room of the only real mansion that was ever in Pacific Beach. It had a library and was the social hub of the community for many



**REFLECTIONS OF YESTERYEAR** Rose Creek Cottage was once the dining room of Braemar, the Frederick Tudor Scripps estate that once stood where the Catamaran Resort is located today. Above, Rose Creek Cottage can be seen to the left of the main estate. The dining room was added separately so Mrs. Scripps could entertain her guests in style.

COURTESY OF JOHN FRY

years.'

A half-brother of famed La Jolla philanthropist Ellen Browning Scripps, F.T. Scripps, an Illinois native, and his bride, Emma Jessop of England, built the Braemar estate home at the northwest corner of Mission Bay and settled down there in 1906.

In the mid-1920s, the dining room, now the Rose Creek Cottage, was added on so Mrs. Scripps could entertain in grander fashion. It wasn't long before Braemar became the cultural center of Pacific Beach, which mostly consisted of fruit orchards back then. Early residents enjoyed holiday

functions and birthday parties, to which all beach-area children were invited.

"People used to walk or ride their horses down to Braemar," said Fry. "It was just gorgeous."

In 1955, the property was sold by Scripps to Pacific Beach developer Vernon Taylor and Clinton Mckinnon for a proposed hotel. Only the dining room of Braemar was spared when the entire estate was razed in 1959 to make way for the Catamaran Hotel.

Here is where the story of the "orphaned" dining room really becomes interesting.

"That dining room became the Catamaran's wedding chapel, which it was for many years," said Anderson, noting the dining room-turned-chapel's fate took an abrupt turn at the end of the

Developers told the community they were going to build a parking

SEE COTTAGE >> PG. 5

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### GUEST VIEW

# A day in the life, Part 2: Local resident lends a hand to No More Deaths

Pacific Beach resident Jenny Goff spent two weeks in August volunteering with the humanitarian aid organization No More Deaths (No

### Part 2

We make sandwiches and fill our canteens before loading up the fourwheel-drive trucks with crates of gallon water jugs, Ziplocs full of high-carbohydrate food, bags of dry socks and medical supplies, plus our backpacks for carrying it all. Laminated topographical maps and portable GPSs, sunscreen and hats, granola bars and water bottles get shoved into pockets and clipped to bags. It is 8 a.m. and we will meet back at the No More Deaths Camp by 6 or 7 p.m.

We reach our first GPS waypoint marking trail access and tumble out of the cab, stretching our legs and arms after the bumpy 30-minute ride. I'm still sore from yesterday's 8-mile hike over steep, overgrown terrain, but I know walking the trails will loosen me up. We find the trail and load up packs with water, food and socks. The GPS says the "water drop" waypoint is only 0.2 miles away, so we take much heavier loads than we would if we were hiking all day. We head down a

Mas Muertes) in Arizona. Here is Part 2 of her account of a typical day in the lives of volunteers. Look for the following parts to her experience in the upcoming issues of Beach & Bay Press. For more information about No More Deaths, visit www.NoMoreDeaths.org.



TREACHEROUS PASSAGE Volunteers with No More Deaths look and listen for lost or injured migrants among the cactus and brush covered hills of the Sonoran

mesquite-covered hill and into a dry stony creek-bed, then up through smatterings of cholla cactus and over rusty red earth.

A crate of untouched water jugs is surrounded by a dozen empties at the GPS waypoint. A five-gallon bucket sits overturned and bare inside. It is bittersweet to find a site like this. It is encouraging that the supplies are being found. It is encouraging that the jugs are intact and haven't been slashed by the U.S. Border Patrol — which has been caught on tape destroying water jugs — or by local ranchers. It is encouraging that the food and

SEE NO MORE >> PG. 10



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### WALL >> CONT. FROM PG. 1

Arrues' brother on Garnet Avenue.

Arrues, who just celebrated her 40th high school reunion at Mission Bay High, said she was trained in interior design "back in the caveman days," as part of one of the earliest classes of the Design Institute of San Diego. She eventually opened up her own shop on Cass Street called Olga and Stella's, where she accumulated home décor items from clients whose homes she helped stage for sale or rental.

Olga and Stella's was ultimately sold after about 10 years in business, but it was during this time that Arrues met Gina Champion Cain, now owner of The Patio. Champion Cain had been looking for a location to open a restaurant, and she and Arrues bonded over interior design.

"Before Gina even got [The Patio], we met and talked about designing it," Arrues said. "The day she went into escrow, she called me and I started putting ideas together for the vibe of the place."

The one thing Arrues knew was that she wanted The Patio to be home to a living wall. Having seen one in a design magazine years ago, she had clipped out the photo and kept it with her in the hopes of one day being able to tackle such a project.

"It was my idea to do this before we even got the keys to the place,"



LIVING DÉCOR Bea Arrues works as an on-staff decorator at The Patio on Lamont Street. SHAWN BARKER

she said.

At the time, Arrues said, not many designers had attempted a vertical living wall. She insisted that, for the look to work, it had to comprise an entire wall, not just a portion of one, and that, she knew, would make for a beast of an undertaking.

The structure was built with a steel skeleton and, in all, weighs at least a ton. It took nearly three months to build, and a large crane had to be hired to drop it into place. Meanwhile, a drip irrigation system had to be installed, because Arrues knew it wouldn't be possible to sustain a wall with tropical plants by hand watering them every day.

"It needs a lot of tending, and the

### Plants you may find in The Patio's living wall:

Know your plants? Test yourself the next time you're at The Patio by seeing how many of the following you can pick out.

- Elephant ears
- Maidenhair fern • Bromeliads
- Pitcher plant
- Mambo
- Coleus

fern

- Asparagus

grass · Birds of paradise

whole thing is essentially an experiment," she said. "Some plants tend to take over other ones. It has evolved and I've replanted a lot."

Arrues wanted to give the restaurant "the look and feel of Hawaii," so she built the wall to emulate a rain forest canopy, with hardier plants that soak up the sun on top and more delicate, shade-driven plants underneath. The plants themselves live in felt pockets sewn onto the steel frame, though the lush wall is so dense it's nearly impossible to see the pockets without delving into the foliage.

To make sure she chose the right

plants and planned the maze of vegetation out in an acceptable pattern, Arrues consulted Bird Rock horticulturist Lance Greer. The two still work together on the living wall, which needs constant care. Arrues said she replenishes plants in the wall every other week.

"I actually don't have any background working with plants, other than life experience," Arrues said. "[Lance and I] collaborate on what plants to buy, what will last for season, etc. We have to make sure we waste as little as possible, and it's never a done deal, it's a constant work in progress. But it's maintained really well and we've figured out a good balance."

Arrues works on other aspects of The Patio's décor. She chose the fineart sculptures that greet customers at the door, as well as most of the rest of the restaurant's embellishments. She occupies a unique position there, serving as an on-staff interior designer — something she said she doubts many local restaurants have. Most of her time, however, is devoted to the living wall. It's almost like a pet that needs tending, "a living entity," Arrues said.

"There are times when we discover something isn't happy there, so we pull it out and put in something else," she said. "It tells us what to do, and it looks a little different with the seasons. The job with this thing is like flower arranging, but it's alive."

To see Arrues' living wall, visit The Patio at 4445 Lamont St., www.thepatioonlamont.com



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# LIVEMUSIC AROUNDTOWN >>

One of the area's best venues is also one the least used, so electronic dance music fans will be happy to hear that Mission Beach institution The WaveHouse is having a rare event on Oct. 26. Billed as a pre-Halloween party, the night will feature a trio of top DJs, including Grammy-nominated Andy Caldwell, as well as Ayla Simone and Chris Liosi. Caldwell is the clear star here, having worked on dozens of singles and re-mixes over the past decade, including his own music, as well as songs by the likes of Beyonce and Lenny Kravitz. If you're a fan of electronica, this show right next to the sand and Mission Beach's roller coaster will be the perfect for anybody looking to spend a Saturday night on the

**ANDY CALDWELL:** Saturday, Oct. 26 at the **WAVEHOUSE**, 3125 Oceanfront Walk. 8 p.m. 21 and up. www.myspace.com/londonsfalling

dance floor.

While there is plenty of music and activity to be found Oct. 31, Halloween parties are a little thin on the ground, making the Kona Kai's event extra special. The night includes music from the best classic rock band in town, Rockola, with a deep catalog of tracks and both the musicianship and the vocals to



**ELECTRIC SOUND** Andy Caldwell performs at the WaveHouse, Oct. 26 at 8 p.m.

Courtesy

carry it off. Other highlights will include a costume contest with cash prizes, but even without these extras, a Rockola show is rarely less than a terrific time. Highlighted by frontman Bob Tedde's irreverent banter and Mark DeCerbo's superb guitar playing, if you like tunes from the 1950s through the mid-1970s, Rockola, will be the perfect musical treat for Halloween evening.

KONA KAI HALLOWEEN PARTY: Thursday, Oct. 31 at the KONA KAI RESORT, 1551 Shelter Island Drive, Shelter Island. www.resortkona-kai.com

Anyone who likes soul or R&B will want to check out the Fabulous Ultratones at Humphrey's

Backstage Lounge on Oct. 31, 9 p.m. While not a Halloween event per se, the celebratory nature of the music played will make the evening fun no matter what. The nine-piece band plays excellent versions of evergreen tunes like "What I Like About You" and "Billie Jean," but where it really excels is in performing modern hits, with songs as recent as Robin Thicke's "Blurred Lines" and Lady GaGa's "Edge of Glory" in its repertoire. Anyone looking for a Halloween event that emphasizes dancing over costuming will enjoy this show.

THE FABULOUS ULTRATONES: Thursday, Oct. 31, at HUMPHREY'S BACKSTAGE LIVE, 2241 Shelter Island Drive, Shelter Island. 9 p.m. www.humphreysbackstagelive.co m

Brick by Brick continues its rep as a great place to catch tribute bands, with a post-Halloween event on Nov. 1 at 8 p.m., dubbed, appropriately enough, "The Day After." Eschewing the usual classic rock bands, this night will feature a host of punk doppelgangers, including The Misfits cover band The Strikefits, which features members of The Strikers, Rail Them To Death and Dead Ghosts. Also on hand will be Ramones tribute band The Remones. Social Distortion



On Oct. 26, Dizzy's will be the site of a CD release show for guitarist/vocalist Diane Hubka. Celebrating her sixth album, "West Coast Strings," Hubka will be backed by an all-star band, including bassist Gunnar Biggs, drummer Duncan Moore and guitarist Peter Sprague, who also performs on two of the album's tracks. Originally from the



East Coast, Hubka has found acclaim worldwide, particularly in Japan, where her warm, smooth vocals have led to her albums being reissued. The latest disc features 13 cover songs, ranging from Gershwin and Mancini to Van Morrison, an eclectic set of music sure to make a wonderful listening experience at San Diego's premiere jazz venue.

**DIANE HUBKA:** Saturday, Oct. 26, at **DIZZY'S**, 4275 Mission Bay Drive. 8 p.m. \$15. www.dizzysjazz.com

– Bart Mendoza

tribute copyists Mommy's Little Nutstache and Spits impersonators Batface. If you missed out on catching the originals back in the day, this show is the next best thing.

THE DAY AFTER TRIBUTE BAND CONCERT: Friday, Nov. 1 at BRICK BY BRICK, 1130 Buenos Avenue. 8 p.m. 21 and up. \$10. www.brick-bybrick.com

Fans of Americana in all its variations will love the bill at the Griffin on Nov. 5 at 8:45 p.m. On hand will be singer Nena Anderson, whose sound takes in touches of

country and jazz; folk-inspired duo The Peripherals; folk rockers A Mayfield Affair; and rock-leaning quartet The Tilt. The latter is particularly inspiring, with their recent album, "Howlin," nominated for a 2013 San Diego Music Award. Full of excellent tunes that veer between blues rock, folk and outlaw country, The Tilt comes across with Led Zeppelin-like intensity, while sacrificing none of the twang and strum of their music.

**THE TILT:** Tuesday, Nov. 5 at **THE GRIFFIN,** 1310 Morena Blvd. 9 p.m. 21 and up. www.thegriffinsd.com





# 2ND ANNUAL KIWANIS SPOOKY PASTA DINNER

Thursday, October 24, 2013
Pernicano's Restaurant – 711 Turquoise Street
4:30 PM – 10:00 PM

The **Kiwanis Club** of Pacific Beach will be sponsoring their **2nd Annual Spooky Pasta Dinner on October 24th**. They will be serving Mostaccioli with a meatball, salad, roll and non-alcoholic beverage at Pernicano's Restaurant.

Proceeds from this event fund the Kiwanis Youth Foundation. The Youth Foundation supports the Mission Bay High School Band, Drama, and Sports activities. They also support the Mission Bay High Key Club as well as the Builders Club at Pacific Beach Middle School and sponsor the Hope of America Awards for the five area elementary schools. Additionally the Pacific Beach Kiwanis Club provides support for our local library as well as Rady's Children Hospital Miracle Mile of Quarters, Meals on Wheels and other community events and organizations.

 $\label{eq:permicano's is all decked out for Halloween}. Between now and the first of November it is a great place to celebrate the holiday with ghosts, goblins, witches and other spooky characters adorning the premises. If you can not make it on the 24th of October, Pernicano's will honor the tickets now thru the end of November.$ 

The tickets are 12 each and can be used any Wednesday - Sunday through the end of November.

For tickets call Jim at 858-692-0403



# ENJOY THE BEAUTY OF OLD TOWN

## OLD TOWN HOSTS HALLOWEEN-THEMED ACTIVITIES IN OCTOBER

Ghosts and ghouls will be out in full force this October in the most haunted area of San Diego: Old Town. Several events have been planned to celebrate this most spooky holiday.

The following events and activities are sponsored by Fiesta de Reyes, Michael Brown's Ghost Tours, Old Town San Diego State Historic Park, Save Our Heritage Organisation and Write Out Loud.

MICHAEL BROWN'S GHOST

DATES: Various dates in October Michael Brown leads San Diego's spookiest ghost tours. During his 90minute walking tours, guests will get to

minute walking tours, guests will get to visit various paranormally active places in Old Town such as the Whaley House, a park that used to be cemetery and a haunted brothel located on the Whaley House property. He shares tips,

tricks and techniques to find ghosts and other paranormal happenings in Old Town. Each tour includes photos, voices of the dead and a video vortex. His tours are every Thursday through Sunday in October. Walking tours begin at 9 p.m. in front of the Fiesta de Reyes fountain and no reservations are necessary. Adult tickets are \$19 and children 6-12 are \$10. Kids 5 and under are free. For more information, visit www.oldtownsmosthaunted.com.

## OLD TOWN'S FALL FESTIVAL DATE: Saturday, Oct. 26

Fall crafts and children's activities a la San Diego in the 1870s will be held from noon to 4 p.m. in the central plaza at Old Town San Diego State Historic Park. Many merchants surrounding the park will have activities within their stores as well.

OLD TOWN THEATER: DANSE
MACABRE BY WRITE OUT LOUD
DATE: Monday, Oct. 28
Write Out Loud will present "Danse
Macabre" in the Old Town Theatre on
Monday, Oct. 28 at 7 p.m. Danse

Macabre" in the Old Town Theatre on Monday, Oct. 28 at 7 p.m. Danse Macabre will feature stories of magic and mystery brought chillingly to life by professional actors. Tickets cost \$15 for adults and \$13 for students, seniors and active military. For more info, visit writeoutloudsd.com.

### TRICK-OR-TREAT DATE: Thursday, Oct. 31

Trick-or-treaters are invited to come out in their best costumes on Thurs, Oct. 31, from 4 to 6:30 p.m. to collect goodies from participating shops and museums throughout Old Town San Diego State Historic Park. Free to the public. For more information, call (619)

DIA DE LOS MUERTOS

DATES: Fri., Nov. 1 and Sat., Nov. 2 The premier Day of the Dead event in San Diego County, Old Town's Dia de los Muertos is designed to celebrate the history, culture and heritage of the region. Old Town's predominantly Mexican, Spanish and Native American and legacy makes it the best site in San Diego to hold this special and beloved celebration. There will be a tour of more than 30 altars, a candlelight procession and live music. At Fiesta de Reyes in the state park, five life-sized Catrina dolls in historic dress will delight visitors as well as altars in nearly every store. This two-day-long activity will also feature workshops, performances and lectures. For more information, visit sddayofthedead.org or call (619) 297-7511.



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# News

### **COTTAGE** »

CONT. FROM PG

garage and take the wedding chapel down.

"You can't do that. We need to save it," was the response of Anderson and her Town Council colleagues.

Hotel owners ultimately relented. They agreed not to destroy the chapel if the community could find a new place for it and pay for its removal.

That's when Rose Creek Cottage became "homeless."

"We finally got it moved to a vacant lot, where it sat up on moving girders over at the southeast corner of Bayard Street and Grand Avenue while we tried to find it a new home," said Fry, noting that search proved more difficult than anticipated.

"We thought it could be moved to Kate Sessions Park, but that didn't work out," he said.

Time was running out when the Navy came to the rescue.

Then-Congressman Bill Lowery convinced the Navy to allow the cottage to be moved to property then owned by the Navy along Rose Creek on Garnet Avenue.

"For two years it sat on that vacant lot," said Anderson. "Then the [Town Council] got [the property] for \$1 a year."

Rose Creek Cottage was moved

two miles east to its present location finally in 1986.

"We marched it up the street, very carefully, on Halloween," said Anderson.

Negotiations between the Pacific Beach Town Council, city government and the Navy took nine months. It also took an extended period to bring the cottage up to building code.

That was done with extensive community support, said Anderson

"A sod company donated for the lawn, another company donated to fix up the room," she said. "It took a good year to get the cottage in working order."

One final hurdle had to be cleared, though.

A year after the move, when donations had reached \$16,633 and Rose Creek Cottage's restoration was nearly complete, the Pacific Beach Town Council was hit with a \$3,535 sewer hookup fee.

Again, someone came to the cottage's rescue in the 11th hour as outgoing City Councilman Mike Gotch, in one of his last official acts, convinced the city to waive the hookup fee, saying, "This is my goodbye."

A quarter-century later, Rose Creek Cottage remains a popular and picturesque location for weddings and other events.

"Weddings are three-quarters of our business," said Mark John-

Vacation Income

Property Extraordinare!

ston, who runs Wedding & Event Designers at the cottage, renting it out by the hour. "But we also do a lot of special events — funeral services, club functions, installation dinners, anniversary parties, etc. "Our doors are always open."

And many locals have strolled down the aisle and through Rose Creek Cottage's doors.

"I got married there," said Anderson. "My son and his bride got married there. We had the reception in the backyard. We love the chapel."

For more information about Rose Creek Cottage, call (858) 490-0468 or visit rosecreekcottage.net.



# HALLOWEEN »

CONT. FROM PG. 1

because it's literally a one-stop shop."

BOOmont's attractions include BOOmont Manor, a family-friendly haunted house, free trick-or-tricking, Zombie Laser Tag and pumpkin patch painting. www.belmontpark.com

IN LA JOLLA, one of the best bets for family-friendly and affordable fun is the 13th Annual Haunted Birch Aquarium: Shipwrecked! This interactive exhibit is every kid's dream. Guests are encouraged to come in costume to wander the museum halls, collect sweet treats

and hear Halloween stories. The event also features live music from zydeco band Billy Lee & the Swamp Critters, as well as prizes for best costumes. Kids 2 and under are free. Check out www.aquarium.ucsd.edu for tickets and more information about the Oct. 25 and 26 event.

old Town will host the third annual Old Town San Diego Zombie Walk on Oct. 26 at sundown (6:06 p.m.). Zombies of all ages are welcome to participate in the free event. Zombies will meet an hour before the walk begins at the El Campo Santo Cemetary, 2410 San Diego Ave., for instructions and directions. www.facebook.com/otsdzw or events@motorcult.com.

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Tom Armstrong began at the base level at the age of 15 as a laborer, carpenter, framer and layout worker and worked his way up. At 17, he was specializing in stairway construction and roofing. A few years later, he was supervising construction phases. Then Tom went solo in the design and remodeling business. In his work, he aims to capture as much sunlight and ocean view as possible. Armstrong had become a trusted name in construction.



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# IWANIS CLUB IFIC BEACH CALIFORNIA

# **HEYAM ABDULKERIM & WYATT HINTON October Kiwanis Students of the Month**

Heyam Abdulkerim a 4th grader from Barnard Elementary and Wyatt Hinton a Kindergartner from Kate Sessions Elem. are the October Kiwanis Students of the Month. These students represent outstanding leadership in their classroom. Wyatt is known for his endless smiles and Heyam is known for her exceptional love of learning. They both were honored by the Kiwanis Club of Pacific Beach and Brian McMullen of Allstate P.B. with breakfast at the Broken Yolk. Pictured left to right is Wyatt, his teacher Mr. Corely, Heyam, her teacher Andrea Wang and P.B. Kiwanis President Joan Robinson.



# Local small business has a chance to shine during Super Bowl By STAFF AND CONTRIBUTION

When asked how to get to Carnegie Hall, the famed violinist Yascha Heifetz replied, "Practice! Practice!" So, how does one get to the Super Bowl?

The annual championship game is one of the year's biggest sporting events, watched by over 100 million people worldwide. But the show is often stolen by the incredible video ads that are broadcast between plays and at halftime — 30- to 90-second vignettes eagerly anticipated by viewers.

Given the huge number of eyes that are focused on the content, the cost of each ad can run as much as \$4 million, far beyond the reach of small businesses that make up the economic heart of our country.

Until now.

Intuit, the maker of Quickbooks



METAL WORK Stephanie Wells has a chance the help of her sister, Alisa Rottento have her line of jewelry featured in an ad berg, who runs Daisy Mae PR in New during the Super Bowl.

and other small business software, is running a contest that can place the lucky winner in front of the world. First prize is an ad specially created for it that will be aired during the Super Bowl.

Round 1 of the contest has already been completed. Round 2 is now

under way. And the lucky local small business that has made it to round 2 is ... (drum roll) ... Double Happiness Jewelry and its creative head, Stephanie Wells.

Like Microsoft and Apple, the company was started in a garage. Wells began to design and market unique handmade jewelry that immediately became popular locally. Then, with COURTESY PHOTO York City, Wells came to the attention of Diane von Furstenberg and the other judges of the city's Fashion Week event. She won and was invited to be part of the festivities.

> Since then, Wells' designs have been sold in stores all over the world.

> > SEE **JEWELRY** >> PG. 10

### LETTER TO THE EDITOR

Regarding the mayor's race, we want to speak up for a candidate who fits the bill for getting our city leadership back to decency and being creative and innovative in solving the problems at the police department due to lack of personnel and retention of experienced officers for our protection.

We have been in the trenches when we served on the City Council together from 1977 through 1985, when we cut and balanced the budget significantly, making us the first city in California

to cut our budget in order to meet the requirements of Proposition 13 before it was passed.

We know who are the best of the best in city government and public offices, and we have chosen Kevin Faulconer to lead us out of the mess and back to being America's Finest City from the days when Mayor Pete Wilson led us into great improvements with an outstanding police department, downtown redevelopment, the trolley line, competitive police and employee pay

and pensions for a growing city that was paid for on time and withint the

We believe Kevin Faulconer stands

head and shoulders over the competitors for the job. That is why we are supporting him and voting for him.

Larry Stirling, District 7 City Councilman, 1977 to 1980, state senator and judge

Fred Schnaubelt, District 3 City Councilman, 1977 to 1981

Bill Mitchell, District 1 City Councilman, 1977-1985, two-time deputy mayor









## OCT. 26: OCTOBERFEST ARTS & CRAFTS FAIR

WHERE: Hornblend Hall, 1721 Hornblend St., 10 a.m. to 4 p.m. **HOW MUCH:** Free

WHAT: The Pacific Beach Woman's Club is hosting its annual event with bratwurst, pretzels, beer, wine, soft drinks, crafts, face-painting, entertainment and art. Proceeds benefit charities and schools supported by the Woman's Club.



# NOV. 5: SPORTS PARENTING 101

WHERE: Pacific Beach/Taylor Branch Library, 6:30 p.m.

**HOW MUCH:** Free

WHAT: A workshop designed for sportsparents wanting to develop effective parent-athlete-coach communication skills and learn more about sportsparenting roles in the increasing competitive field of youth athletics. Hear tips on helping kids develop mental toughness, dealing with adversity and maintaining a positive mindset as they venture out on their athletic careers.



### OCT, 26: MISSION IMPOSSIBLE: CLEAN THE BAY DAY

WHERE: South Shores Park, Mission Bay, 8 to 11 a.m. **HOW MUCH:** Free

WHAT: Join SeaWorld and San Diego Coastkeeper for the second annual event that cleans up Mission Bay from both the water and shore. Participants can bring their boat, kayak or paddleboard to join the on-water effort, either on their own or as a team with family, friends or coworkers. Food from Rubio's, prizes and fun will complement the cleanup throughout the morning at Rose Marie Starns South Shores Park. www.sdcoastkeeper.org



## OCT. 26: HALLOW'S COURT **CO-ED VOLLEY FEST**

WHERE: South Mission Beach Sports Park Facility, 2633 Ocean Front Walk, 8 a.m. to 6 p.m.

HOW MUCH: \$20-\$30

WHAT: San Diego Beach Improvement Group (BIG) hosts the 4-on-4 tournament with divisions for coed 50+, professionals, competitive, intermediate and youth players. Ten percent of all entry fees for each division will be paid to the winners. Lunch is available for \$7.

sandiegobig.org/halloweenvolleyball



### NOV. 9: KATE SESSIONS **BIRTHDAY CELEBRATION**

WHERE: Marston House Museum & Gardens, 3525 Seventh Ave., 11 a.m. to 2 p.m.

HOW MUCH: Free

WHAT: Join in the free annual salute to the "Mother of Balboa Park." famous horticulturist Kate Olivia Sessions on the occasion of her birthday. Von Marie May, noted cultural landscape historian, will speak on Sessions' life and work. May is an authority on the Marston Gardens.

The program and cutting of the birthday cake will commence at 11 a.m. Plan a walk through the park area planted by Sessions and visit her statue. Enjoy halfprice tours of the Marston House and Gardens. Jim Zimcik's hybrid geraniums will be offered for sale. (619) 232-5762





Don't miss the ice cream social and grand prize drawing at 2 p.m.

> Courtesy of Point Loma Scooter



Join us for the 10<sup>th</sup> annual

# Fall Festival PLNU-

Saturday, October 26, 2013

10 a.m. - 2:30 p.m.

A FREE event for the whole family!

A Taste of Point Loma 11 a.m.-1 p.m.

Pumpkin Patch

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Common Myths

- Ask a Professor New! > Antibiotics & Infections: Basic Principles and
- > Coastal Conservation: Danger of Marine Debris and Plastics
- > Evangelical Christianity and Science: Are They Compatible?
- Jobs & Education in the 21st Century: Will You be Ready for the San Diego Job Market?
- > The New Middle East: Arab Spring and the Changing Landscape

Community Partner: Bannister Family House Help us stock their pantry! Please bring food storage items, such as zip-close bags, aluminum foil, and plastic containers.





# Beach communities' taps flow with plenty of options

With Oktoberfest still fresh in the everyone's mind and with San Diego Beer Week fast approaching Nov. 1-10, it's a good time to take a look at the thriving beer culture in the county, particularly those breweries and pubs that make the beach communities the perfect place to down a cold one.

### **CALIFORNIA KEBAB**

Döner kebabs are a popular fast-food treat throughout the Middle East, Europe, Australia and New Zealand, but they have yet to establish a firm presence in America. That's why when JC Hill discovered them in Australia, he decided to bring them back to San Diego, and along with Alex Pierson and chef Will Harris, he opened California Kebab.

Almost exactly one year ago, California Kebab began brewing its own beers through its own "nano" brewery, Amplified Ale Works.

### **Brews**:

Electrocution IPA: A San Diego style IPA, this beer features tropical fruit and pine from heavy dry hopping.

Leggy Blond: A sessionable Belgian-style pale ale with notes of clove, spice and bubblegum and a silky mouthfeel from the addition of wheat. Perfect for lighter fare

and warm weather.

Pig Nose Pale Ale: An extra pale ale dry hopped with cascade and meridian hops. Also features a toasty malt character that balances a moderate bitterness.

Rare Form: A layered, rich Belgian-style dark strong ale. Served in an 8-ounce snifter, it starts out with black cherries, dark raisins and fig, then transforms into burnt caramel and brown sugar.

California Kebab pours other breweries as well, so check the website to see what's on tap.

4150 Mission Blvd., #208, (858) 270-5222, cali-kebab.com

### **SD TAP ROOM**

With a dizzying array of beers on tap, SD Tap Room is the epicenter for any Pacific Beach beer lover.

The offerings range from good local standbys, like IPAs from both Green Flash and Stone to the more obscure, both local and imports, that are difficult to find on tap elsewhere. However, be sure to check the website for what's being poured — and even then, don't be surprised if what you were hankering for might be empty by the time you get there. If you don't see what you want, however, there is an option to request a beer through the pub's website.

SD Tap Room offers a range of events, including those coming up for San Diego Beer Week. For a full list of upcoming happenings, check the website.

Customers flock to SD Tap Room for more than beer. The food — ranging from stone-baked pizzas to burgers and steaks to mac 'n' cheese (two flavor options: beer or lobster) — draws in crowds as much as the taps and TV screens

1269 Garnet Ave., (858) 274-1010, sdtaproom.com

### **PIZZA PORT**

Born in Solana Beach in the late





### Welcome to Dan Diegos Euro Cafe & Pub



Dan Diegos Euro Café and Pub is a new concept for San Diego. Ryan Fulton, the Founder and General Manager, was the Top Teen Chef in San Diego as a Senior at Clairemont High in 2004. Even then he knew he would eventually open his own restaurant. He spent the last ten years getting ready for and is happy to be open on Morena Boulevard since February 2013.

Dan Diegos is a European-based café and pub that emphasizes creative and made-from-scratch items without being high priced. Most entrees are only \$10 and the favorites are his house made corned beef and Irish Fish and Chips. Ryan's Jamesons Flavored Bread Pudding is a favorite of the desserts, and he features over 150 varieties of beer from all over Europe.

Come join the Fulton family, for good hospitality and great food.

Dan Diego's is located at 2415 Morena Boulevard. For more information call (619) 276-2100 or visit on-line at www.dandiegos.com







Dining

1980s, Pizza Port wasn't originally intended to be a brewpub. Owner Vince Marsaglia began dabmalt and American hops. bling with home brewing in the restaurant's storage space, but it pizzaport.com soon became more than just a hobby and Pizza Port introduced **SESSIONS PUBLIC** its first brews to the public in

The brews quickly became local favorites and, by 2010, the restaurant boasted four locations, including one in Ocean Beach.

### A few favorite brews:

1992.

Skidmark Brown: Marris Otter base malt and English hops

Newbreak Pale Ale: The house pale ale, it's brewed with a mix of American and English hops and grain.

OB Chronic: An amber ale brewed year round with English

1956 Bacon St., (619) 224-4700,

Featuring a wide selection of innovative and unique pub fare like duck-fat fries, pork-belly hush puppies, short-rib sliders and a chicken-bacon sandwich — for brunch, lunch and dinner, Sessions Public truly offers something you can't find elsewhere. The restaurant really focuses on beer, though it has an impressive list of wine and spirits, as well. It features 20 beers on tap every day, a list of which is update on the website daily. Check out the frequent specials and happy hours, like the Sunday brunch bottomless mimosas or the beer Wednesday, which 2-for-1 select draft beers all night.

4204 Voltaire St., (619) 756-7715, sessionspublic.com

### **NEWPORT PIZZA & ALE HOUSE**

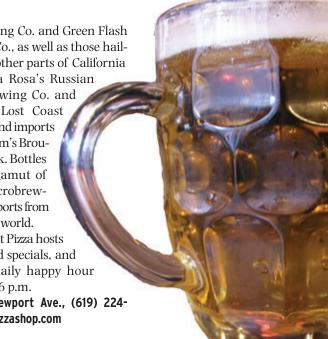
Featuring 21 taps and at least 100 bottles, Newport Pizza & Ale House lives up to its name. With top-notch pizza, which has won several local awards, as well as calzones, breadsticks and cheese sticks, and a variety of salads, the pub is the perfect place for a slice

The beer list features a variety of brews, including locals like Coron-

ado Brewing Co. and Green Flash Brewing Co., as well as those hailing from other parts of California like Santa Rosa's Russian River Brewing Co. and Eureka's Lost Coast Brewery and imports like Belgium's Brouwerij Bavik. Bottles run the gamut of local microbreweries to imports from across the world.

Newport Pizza hosts events and specials, and offers a daily happy hour from 3 to 6 p.m.

5050 Newport Ave., (619) 224-4540, obpizzashop.com



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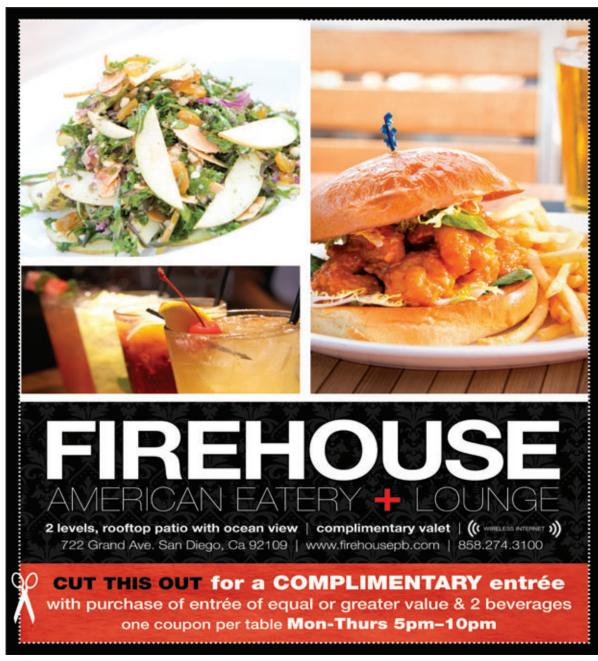














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13-0205 (10/2013)

# NO MORE >> CONT. FROM PG. 2

socks in the bucket have been taken. Yet it is accompanied by the discouraging feeling that, somehow, we are not doing enough. How is it possible that there are people in the desert desperate enough to make this journey with so little, forced to travel through a place so remote and treacherous that they have to rely on Nature Valley granola bars positioned in the middle of the desert by a bunch of volunteers?

We write "agua pura" (pure water), "Buena suerte!" (good luck), "Hasta un mundo sin fronteras" (until a world without borders), and draw hearts and smiley faces on the jugs. I rarely draw hearts on anything in earnest these days, but out here the sentimentality of such a symbol rings more genuine than anywhere else.

We record what we found and what we are leaving and head back to the truck to find the other 11 "drops." Some sites are as easy to

find, some take us 20 minutes to locate with the GPS. Some are well used, some untouched. There is one remote site that is totally empty except for one blue plastic shred from a water bottle cap. Were the jugs and bucket taken by the Border Patrol? Or were the supplies well used? Has anyone come by who needed water and couldn't find any?

We'll never know. That is the reality out here. As much as we can speculate each step of the way, we won't know the story attached to each hand that lifted a water jug to their lips. We won't know who or how many passed this spot this week, month, year, or if they made it to their destination. On these trails, people don't want to be found. Oftentimes, the only trace of humanity is an oxidized can or blown out sneaker rotting next to the packed earth of the trail. We can only hope that they survived the harsh environment of the Sonoran Desert with or without our help.

Part 1 of Goff's journey appeared on Page 2 of the Oct. 10 Beach & Bay Press. Find it at sdnews.com.

# JEWELRY »

Her jewelry is worn by many celebrities, including Oprah and Beyonce, and has been worn by models gracing hundreds of covers of fashion magazines, including those appearing in the *Sports Illustrated* swimsuit edition.

Since all of her jewelry is handmade, Wells creates jobs. She also provides needed education and income opportunities to struggling women in other countries, notably Africa. Her guiding theme is, "Making the world a better place, one piece of jewelry at a time."

Wells is a local businesswoman, entrepreneur and hero. That's how one gets to the Super Bowl.

To help Wells win a spot at the Super Bowl, vote for her — today and often — at www.smallbusi nessbiggame.com/CA/Double-Happiness-Jewelry/387577.

For more information about Double Happiness jewelry, visit www.doublehappinessjewelry.com.



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# HOMECOMING

The seventh annual Mission Bay High School Alumni Association Homecoming took place Oct. 18 at the MBHS football field. The 2013 Homecoming is a milestone as the school celebrates 60 years since it opened on Sept. 14, 1953.





The classes celebrating reunions this year were 1963, 1967, 1968, 1969, 1972, 1973, 1978, 1983, 1993 and the class of 1958, which had its reunion in early September, and has the distinction of being the first graduating class to enter MBHS as freshman. Prior to 1955, the MBHS student population consisted of juniors and seniors that transferred from other high schools.

Some notable graduates from the 1958 class include former San Diego Charger Pat Shea (1939-2013), sportswriter and author Bill Swank, local musician Rey Vinole - who taught music and was the school's bandleader until 2000 - and the late Frank Zappa, who spent one year at MBHS but did not graduate from the

Meanwhile on the football field,

the Buccaneers rebounded after a 42-7 loss to Madison with a 42-28 win over the Kearny Comets to earn their first Western League win of the year and improve their record to 6-1. The win over Kearny was the fifth time the Bucs' scored at least 40 points this season. Mission Bay opened the season with five straight wins, outscoring the opponent by an average of 39.5 to 6 points per

The homecoming game marked the final home game of the season and final football game on the current football field. A new field will be installed before next season.

The Bucs' final three regular season contests will be on the road against La Jolla (Oct. 25), Point Loma (Nov. 1) and Coronado (Nov. 8).

- Keith Antigiovanni

# **EDUCATION** NOTEBOOK >>

### **PACIFIC BEACH MIDDLE SCHOOL**

- PBMS Music Department annual rummage sale takes place on Saturday, Oct. 26, 8 a.m. to noon in the Felspar Street parking lot.
- PBMS Tour: Nov. 7, 8 to 10:30 a.m. Learn about the International Baccalaureate Middle Years Programme. Check in at the office. Parking is available in the Felspar Street parking lot. For more information, contact Jennifer Sims, jsims@sandi.net or call (858) 273-9070.

### **CROWN POINT JUNIOR MUSIC ACADEMY**

• Trunk or Treat will take place on Friday, Oct. 25 from 5 to 7:30 p.m. Come dressed up in your favorite Halloween costumes and walk from car to car while trunk or treating. There will be games, best costume competition and the best decorated trunk contest.

### KATE SESSIONS ELEMENTARY

• Kick off the holidays at the beach with the Kate Sessions PTO craft fair on Saturday, Nov. 16 from 9 a.m. to 3 p.m. Find unique, handmade items and holiday gifts from over 90 local artisans. Local entertainment will be hosted on the main stage. The event is free and open to the public. sessionsfundraising@gmail.com.

### Books, old and new, celebrated at SDFAS

The San Diego French-American School hosted grandparents and special friends day on Oct. 6. Grandparents were invited to visit their grandchild's classroom and share a favorite childhood book with the class. The day was a great success, as the children discovered their favorite books were also grandma's or grandpa's favorites long ago.



### PACIFIC BEACH ELEMENTARY

Upcoming dates to remember: Oct. 28-Nov. 1: Red Ribbon Week Nov. 4: SSC/GSC meeting in the library 2:30 p.m.

Nov. 5: Picture make-up day Nov. 6: FOPBE meeting 6 p.m. in Room 9, childcare provided for school-

- Don't forget to donate to the Penguin Pride Contribution Drive. Go to www.fopbe.org and click on donate. Tax-deductible donations help us fund many wonderful programs.
- On Oct. 11, PBE students ate apples grown in the PBE school garden, returning for seconds and even thirds. Thank you to our garden volunteers.

### **MISSION BAY CLUSTER NEWS**

The next Mission Bay Cluster meet-

ing takes place on Nov. 7 at 6 p.m. at Sessions Elementary in the auditorium. Scott Barnett and Julie Martel will inform us on the state of the district.

### **PACIFIC BEACH NEIGHBORHOOD SCHOOLS FAIR**

The Pacific Beach Neighborhood Schools Fair takes place on Saturday, Nov. 2 from 10 a.m. to 12:30 p.m. on the Mission Bay High School campus. Join local families and discover the opportunities offered in our schools. Listen to students play music, enjoy delicious food and play games. School principals and staff will be presenting information and answering questions.

**SEE THE FULL EDUCATION NOTE-BOOK AT WWW.SDNEWS.COM.** 



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Scott's He Score: He Y N

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Kathy is a 28 year veteran of the real estate industry. She has consistently been the top producer/TOP TEAM in 92109 real estate for many years.

Kathy's primary market areas are the famed San Diego coastal communities of Pacific Beach and Mission Beach. A resident of 92109 since 1978, Kathy brings a background of service and problem solving to the real estate profession which serves her clients well. Having an undergraduate degree in Psychology and Education, she completed a Masters Degree in Public Administration through San Diego State University.

Dedicated to serving her community as well as her clientele, Kathy has spent many years involved with Pacific Beach Planning Group, The PB Town Council,& Discover Pacific Beach, and is a past President of the Mission Bay Real Estate Associaton.

Kathy lives the beach lifestyle and is THE agent you want to represent you when buying or selling your piece of paradise.



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She serves as a Director on the San Diego Board of Realtors, is the Chair of the Global Real Estate Council in San Diego County, and is a consistent top producer in the La Jolla office of Coldwell Banker. Michelle specializes in luxury homes, trust and probate sales, investment and second home property sales.



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