

## WHAT'S INSIDE >>

- CHECK OUT an earthly version of an astronaut's space suit. Divers use the drysuit to stay warmer during dives in the colder months. Page 3
- EVER WONDERED what exactly the

SAN DIEGO COMMUNITY NEWSPAPER GROUP

Coast Guard does? Check out an indepth look at our first line of defense along the coast. Page 6

- THE LOCAL LIVE music scene is jampacked with cover bands, soul, jazz and rock. Page 7
- LOOKING FOR an alternative to your normal dining routine? Pacific Beach

has nearly every cuisine you can think of, but for some good comfort food of both the North and South American varieties, look no further than Diego's Dogs & Sliders and Papa Luna's Empanadas. Pages 12 and 13

 WANT TO KNOW what's happening in the schools? All the news for K-12, Page 17

THURSDAY, SEPTEMBER 26, 2013

BEACHANDBAYPRESS.COM











IT'S THAT TIME AGAIN. Thousands will flock to Pacific Beach to celebrate the Southern California lifestyle with surfing, beach volleyball, music, food and everything else that could be packed into one of the city's most beloved street fairs. Visitors will be treated to three stages of live music and entertainment, arts and crafts, sidewalk sales, food vendors, a fish taco challenge, games, sports and more during the all-day affair. For the full story, see Page 9. For a map of vendors and entertainment, as well as local business information, see pages 10 and 11.









## San Diego is once again invited to celebrate all things Polish By DAVE SCHWAB

A Polish Catholic Church named for a Franciscan friar who voluntarily died in place of a stranger at the Auschwitz concentration camp is hosting its 18th annual Polish Festival Oct. 11-13 on the church grounds at 1735 Grand Ave.

The festival at St. Maximilian Kolbe Roman Catholic Church is a celebration of all things Polish, as well as a fundraiser for the church, helping it maintain its facilities and carry out its humanitarian mission.

One of the most popular ethnic festivals in Pacific Beach, the Polish

festival attracts as many as 5,000 people from all around San Diego, as well as international visitors during its three-day stint.

"It's a celebration of our culture," said Bogdan Maziarz, a Polish Festival Committee church member.

Maziarz said the festival, which charges \$3 for admission, is an open invitation to San Diegans to become better acquainted with Polish Americans.

"It's there for Americans to come and see what Poland is all about," Maziarz said, adding traditional Polish cuisine like pierogis (dumplings stuffed with sauerkraut or potato and cheese), golabki (meat-stuffed cabbage



rolls), bigos (hunter's stew), potato pancakes and famous grilled kielbasa (Polish sausage) are worth the turnout. The festival menu is rounded out with Polish pastries and soft drinks, coffee and tea.

To go along with the repast is a beer garden for ages 21 and up, which will feature well-known Polish beers like Zywiec, Okocim and Warka.

And don't forget the entertainment, said Maziarz.

"On stage we will have groups presenting traditional dance in costumes from different regions of Poland," he said. "They are very colorful."



POLISH PARTY Grilled Polish sausage, hunter's stew, cabbage rolls, pierogis and more will greet hungry visitors to the Polish Festival, Oct. 11-13. Entertainment includes various fold dances and musical performances. COURTESY PHOTOS

Entertainment will include Polish folk-dance groups Polonez from San Diego and Krakusky from Los Angeles, as well as a polka band and a DJ who will entertain festival guests until close.

St. Maximilian's festival "is meant for the whole family to come and enjoy," said Maziarz.

Father Jerzy Frydrych of Saint Maximilian Maria Kolbe said the church's primary mission is to "serve the needs of Polish people."

Part of that is having Mass said in Polish.

## Bird's surf scoop



Photo by Goulding/jagmediaproductions.com

#### **Bird Huffman**

## The time for wetsuits is fast approaching

This time of year is highly anticipated for avid surfers, as, after three to four months of usually small summer south swells, the start of the fall and winter surf seasons is just around the corner.

Crowds start to ease up a bit as the tourists return home and the classrooms fill back up. Along with these benefits, however, comes the realization that sooner rather than

#### Farmers market works to make MBHS more sustainable

Mission Bay High School received another facelift in the past month with landscaping improvements on the curbside east of the parking lot along Buccaneer Way to increase its sustainability. Mission Bay High School Alumni Association president Pam Deitz collaborated with the San Diego Unified School District to help improve the landscaping appearance.

"I approached Tom Beck, the SDUSD Landscaping Services supervisor, to make the area more appealing while the school district paid for the work," Deitz said.

The results were four brand-new white orchid trees and a specially designed drought-tolerant hybrid grass. Drought-tolerant trees and flowers are effective in areas that receive a full day of sunlight and help reduce the amount of time and money spent on irrigation maintenance.

- Keith Antigiovanni



FUNDRAISING
IN ACTION Mission Bay High
School got a sustainable facelift
(before, left;
after, right) with
the landscaping
of the curbside
east of its parking lot. Funds for
the project came
from the Seaside
Farmers Market.



#### See your savings add up.







nsurance and coverages subject to terms, qualifications and availability. Allstate Indemnity Company, Allstate Insurance ompany. Northbrook, Illinois © 2010 Allstate Insurance Company.

## POLISH >>

"People prefer their national language during clergy," Frydrych said, adding there is a Saturday service in English.

Noting St. Maximilian was built in 1995 to serve the Polish community, Frydrych said funds raised from the annual festival "go to renovate the church." He said improvements have included stained-glass windows and a new church sanctuary.

During World War II, the churh's namesake, Saint Maximilian Maria Kolbe, provided shelter to refugees from greater Poland, including 2,000 Jews whom he hid from Nazi persecution in his friary, according to a Polish website dedicated to him. Kolbe was arrested by the German Gestapo and imprisoned.

In July 1941, a man from Kolbe's barracks vanished, prompting the deputy camp commander to pick 10 men from the same barracks to be starved to death in order to deter further escape attempts. One of the selected men was a young husband and father, and Kolbe volunteered to take his place.

During the time in the cell, Kolbe led the men in songs and prayer. After three weeks of dehydration and starvation, only he





18th annual Polish Festival at St. Maximilian Kolbe Roman Catholic Church will feature performances from numerous folk dance troupes and musicians performing works of cultural significance, including the Zbojnicki dance, left. The festival will also feature typical Polish food, like potato pancakes.

COURTESY PHOTOS

A TASTE OF POLAND The

and three others were still alive. Finally, he was murdered with an injection of carbolic acid.

Father Kolbe was beatified as a confessor by Pope Paul VI in 1971 and was canonized by Pope John Paul II on Oct. 10, 1982. Upon canonization, the Pope declared St. Maximilian Kolbe not a confessor, but a martyr.

For those who want to learn more about St. Maximilian church and also join in prayer, daily Mass and tours of the church will be offered. Veneration of the relics of Blessed John Paul II, St. Sister Faustina, Mother Teresa of Calcutta, St. Padre Pio and other saints will also be offered.

All proceeds from the fundraiser will go toward the parish, the main goal being the continued renovation of St. Maximilian Kolbe Roman Catholic Church.

For more information, visit www.polishmission.org/festival/i ndex.php or call (858) 272-7655.

# WHO COMES FIRST? ACTUALLY, YOUR BUSINESS DOES.



When it comes to choosing an Internet and phone provider, your business deserves an industry leader. So switch to Time Warner Cable Business Class for advanced technology and expert support. You will receive Internet speeds up to 50 Mbps for faster downloads and reliable phone service that includes unlimited nationwide calling at a great value. All backed by 24/7 service. Switch to the company rated #1 in customer loyalty by Frost & Sullivan—call 877.509.9247 or visit TWC.COM/BUSINESS-WEST today.

877.509.9247

TWC.COM/BUSINESS-WEST



**GET INTERNET AND PHONE** for

\$**99**5

Includes unlimited nationwide calling with a 3-year agreement. Plus add Cable TV for only \$34.95 more/mo.

INTERNET | VOICE | TELEVISION | NETWORK SERVICES | CLOUD SERVICES

#### TIDE LINES

## Drysuits: outerwear for inner-space astronauts

By JUDITH LEA GARFIELD



Stay updated. Read this and other stories at sdnews.com



Harvest America is a live nationwide event, streamed from Philadelphia to thousands of participating locations across the country. Featuring worship and a dear gospel message by Greg Laurie. BBQ immediately following

Trekking through outer space may not be an option for most, but inner-space travel is doable for those with a diver certification card and access to a body of water. For either realm, dressing for success is not so different in that NASA's space suits have informed scuba divers' drysuits.

Although modern versions of the drysuit have been around since the late 1980s, they remain a novel sighting for many beachgoers.

Drysuit fabric keeps water out so that I stay dry except for my

head and hands, which I encase in good old neoprene (wetsuit material). By keeping most of my body dry, I can conserve heat without wasting energy warming the layer of water between my skin and the neoprene (the blubber-layer concept behind a wetsuit). Because a drysuit shell provides no warmth, I don layers of polar fleece underneath.

A drysuit's valves allow for air to enter and exit the suit while keeping water out. To inflate my suit for buoyancy and comfort, I press on the inlet valve located on the drysuit's upper chest area. A hose provides the conduit from the valve to the very same air tank from which I also breathe. To release, I press the exhaust valve on the upper arm. Below the surface, I still need to regulate air in and out. For instance, as I sink, I

get heavier and heavier due to increasing outside pressure that goes hand in hand with increasing depth. This results in my being squeezed like those food storage devices that suck out the air in a bag (drysuit) of leftovers (diver) and controlling my descent (a braking system).

To learn more about drysuit mechanics (seals and zipper), actual diving in a drysuit, and a drysuit's connection to NASA's space suits, read my full article at www.TideLines.org.

— Judith Lea Garfield, naturalist and underwater photographer, has authored two natural history field guides about the underwater park off La Jolla Cove and La Jolla Shores. www.TideLines.org; Judith@TideLines.org



space suit Drysuits collectively sport an exhaust valve located on the upper arm to release air, an inlet valve on the chest (a separate hose attachment connects the valve to the scuba tank) to input air, latex neck and wrist seals, and a cross-body zipper for entry and exit. Drysuits include the feet parts, which divers often protect by wearing soft-soled lightweight boots or sometimes high-top sneakers.

©2013 JUDITH LEA GARFIELD



#### **PHILIP CARRILLO**

(858) 243-5884 SERVING PACIFIC BEACH AND

LA JOLLA FOR OVER 10 YEARS
BUYING OR SELLING?
CALL FOR FREE *OVER THE PHONE* ANALYSIS!



©2013 Coldwell Banker Real Estate LLC. Coldwell Banker® is a registered trademark licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Company Equal Housing Opportunity. Owned And Operated By a Subsidiary of NRT LLC.



### Becky Miller, GRI, Realtor

Offering a high level of service for your coastal real estate needs for over 8 years. Call me anytime for a free market analysis.

858-775-5968 DRE 01460845 Evergreen Realty San Diego

## Coldwell Banker Residential Brokerage

WHERE HOME BEGINS | ESTABLISHED 1906 | NO. 1 IN CALIFORNIA



#### Pacific Beach | \$485,000

REDUCED! Gorgeous 3 br, 2 ba condo overlooking Sail Bay. Hardwood floors, stylish counters & cupboards. In-unit laundry, 2 parking spaces & external storage.



Quinn Myers 619.786.7361 SoldbyQuinn.com



La Jolla I \$4,385,000

50i, 3.50a. intodern design into whocean views: stimining contemporary architecture & sleek lines, offers a sense of space & openness, 4.400 sft. Indoor/outdoor living areas, perfect for entertaining. Pool & spa.



Philip Carrillo 858.243.5884 phil@viewsavvy.cor



Pacific Beach | \$1,490,000

Fabulous twnhm, views of Sail Bay. Located across from Fanuel Street Park. Very spacious & private, it feels more like a home. Remodeled  $w\!\!/$  high end finishes that are not often found in this price range.



Ellen Alvord 619.806.0218 Ellen@EllenAlvord.com



Mission Beach I \$3,995,000 Spacious 4 br, 4 ba, 3-story MLS#130016077



El Cajon I \$729,000 Expansive 5br, 3.5ba home MLS#130050170



Pacific Beach I \$899,000

Great single-story home with attached ground floor 2br,1ba guest house. Freshly painted int,hdwd, flrs & large fplc. Desirable North PB neighborhood.



Marie Tolstad 858.705.1444 mtolstad@aol.com www.mtolstad.com



Pacific Beach I \$249,000 Clean, light private 1br unit MLS#130048362



Ocean Beach I \$350,000 Charming 1br, 1ba detached cottage MLS #130041163





Mel Burgess 619.857.8930 mel.burgess@coldwellbanker.com Darlene Allen 858.539.4412



Crown Point I \$995,000-\$1,150,000 Great investment opportunity w/Bay/Dnt views! MLS#130014167



Clairemont I \$265,000 Lrg 1br unit has ocean & bay views! MLS #130049430



Pacific Beach | \$459,000

Terrific 1br, 1ba unit near the beach and Crystal Pier. Large private patio. Close to many restaurants, shops and Pacific Beach attractions.



Marianne Kendall 619.708.3523 mariannek@coldwellbanker.com www.camoves.com/marianne.kendall



**Chula Vista I \$345,000-\$365,000**Beautiful 3br, 2ba home
MLS #130041070



Pacific Beach I \$899,000 Bay Scene 2 br, 2 ba condo MLS #130041245





Pacific Beach Office | 4090 Mission Blvd | 858.488.4090

www.CaliforniaMoves.com | www.SDViewOnline.com

## In The Surf

## SURF >> CONT. FROM PG. 1

later, the water temperature is going to drop. After a relatively warm summer with ocean temperatures averaging in the mid-to upper 60s, a cooling trend will send all scurrying for the dreaded full wetsuits.

For that reason, I'm going to give my readers my own personal opinions on wetsuits in general, excluding brand names so as to remain neutral to all the companies building them. I will concentrate on zipper placements, types of seams and general materials used.

Let's start with the seams of wetsuits, for which there are two basic types. The flat-lock stitch is just what it says. The neoprene rubber of the wetsuit is glued and then held together by hundreds of stitches that pierce the materials all the way through and are pulled tight and flat.

While this is a strong and giving stitch, it also allows water to enter every single pinhole created where the thread binds the seams together. For warmer waters, it is the standard type of seam. It is also much less expensive to make. Unfortunately, it is not warm enough for the colder water temperatures that we experience going into this time of the year.

The necessary stitch needed for



a cold-water wetsuit is one that is glued and blind-stitched (GBS for short). A GBS seam is accomplished by having the neoprene seams glued together then stitched through only the top third of the material, thus eliminating water entry through the massive amount of holes that are found on a flat-lock stitched suit.

GBS seams are found on the better-quality, entry-level suits all the way up to the high-end models. This stitch is much more complicated and time consuming, but the end result of a suit being somewhere in the 60 percent warmer range usually makes it worthwhile for cold-water surfers. In addition to the GBS stitching, a liquid seam or additional neoprene tape can be laid on top of it, further making water entry near impossible.

With the exception of a very small amount of specialty suits, zippers are needed to allow a person to squeeze in and out of a wetsuit with as little effort as possible.

A back-zip suit is still very popular, as it is the easiest suit to put on and take off. Most of the better brands will place an extra piece of thin neoprene across the inside back of the suit to keep the cold ocean water that penetrates through the zipper from constantly flushing the body-warmed water out. Chest-zip suits will have zippers that will run either straight across or at a gradual slant from high to low and from shoulder to shoulder. This type of zipper eliminates the restraints of having a bulky zipper running up your spine. It also leads to a bettersealed suit resulting in less water flushing in and out.

Not all neoprene is created equal, but how much stretch do you really need? All top-brand wetsuit manufacturers use superstretch materials in at least 75 percent of their suits. In the higher-range models, 100 percent super-stretch is used. This may

San Diego Community Newspaper Group

(858) 270-3103 x118



make the suit more comfortable, but it will often shorten the life expectancy as it will stretch out and break down more quickly.

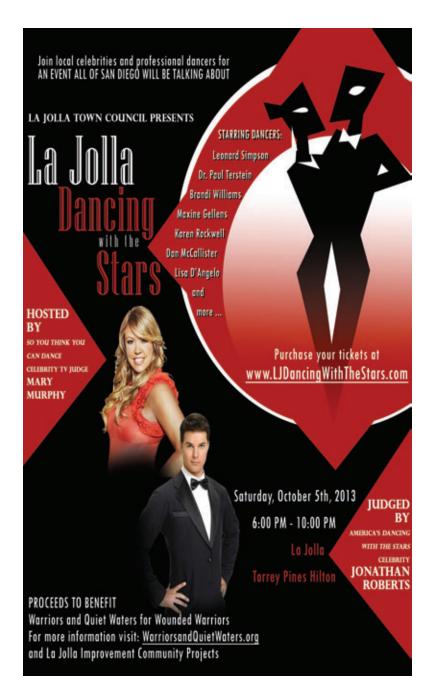
Thickness of full wetsuits run in millimeters, ranging between 3/2 and 4/3 in general, though they can thicken up more in truly coldwater areas. With the flexibility available in the thicker 4/3 suits now, many people are going this route to further increase their

water time for those dawn patrol sessions on the coldest of winter days

Decent entry-level GBS suits start at about \$130, with highend models edging up close to \$600. All will get the job done, so let fit and budget decide which is best for you.

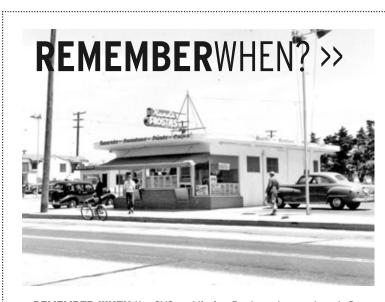
Go surfing!

Do you have a question for Bird? Send them to bbp@sdnews.com





LA JOLLA TODAY BEACON



REMEMBER WHEN the CVS on Mission Boulevard was a Long's Drugstore? How about when it was a Liquor Barn? How about when it was Big Bear Supermarket? Before all of those, Hurd's Frosty Shop occupied the very tip of the southeast corner of Hornblend and Mission. I think this photo was taken around 1952.

- John Fry may be reached at (858) 272-6655 or mail@johnfry.com

## **NEWS**BRIEFS >>

#### OFFICER-INVOLVED SHOOTING

IN PB - San Diego police homicide detectives are investigating an officer-involved shooting during which an officer shot a suspect allegedly advancing on him with a metal object who failed to comply with an order to

San Diego police Lt. Jorge Duran said the incident occurred Sept. 21 about 3:43 p.m. in the 1000 block of Garnet Avenue.

Duran said a patrol officer was flagged down by two citizens who reported they saw one man chasing another man with what appeared to be a knife.

"The witnesses pointed to a man walking westbound in the 1100 block of Garnet Avenue," Duran said. "The witnesses identified the man as the suspect with the knife."

The officer requested assistance and observed the suspect walking in his direction, Duran said.

"The suspect made eye contact with the officer and immediately reached into his clothing and pulled out a silver metal object," Duran said. "The officer ordered the suspect to drop the object and get on the ground. The suspect did not comply and instead advanced toward the officer with the object in his hand. Fearing he was about to be stabbed, the officer fired one round from his duty weapon striking the

SEE BRIEFS >> PG. 6

#### SUPERIOR COURT OF THE STATE OF CALIFORNIA COUNTY OF SAN DIEGO NOTICE ON HEARING ON MOTION FOR ORDER MODIFYING JUDGEMENT OF NEWSPAPER'S STANDING AS NEWSPAPER OF GENERAL CIRCULATION FOLLOWING NAME CHANGE IN THE MATTER OF THE PETITION OF MANNIS COMMUNICATIONS, INC. TO HAVE THE STANDING OF THE BEACON AS A NEWSPAPER OF GENERAL CIRCULATION ASCERTAINED AND ESTABLISHED.

NOTICE IS HEREBY GIVEN that the publisher of the newspaper formerly known as THE BEACON, currently known as THE PENINSULA BEACON, has filed in the Superior Court a Motion for Order Modifying Judgment of Newspaper's Standing as a Newspaper of General Circulation Following Name Change.

In substance, Moving Party alleges that in its Motion that the newspaper previously known as the THE BEACON, which received its Judgment Ascertaining and Establishing Newspaper of General Circulation on 10/23/1990, filed a Fictitious Business Name Statement with the Office of the San Diego County Recorder on August 13, 2012, showing the name of the newspaper to be THE PENINSULA BEACON.

The name change to THE PENINSULA BEACON did not substantially change the newspaper's character or identity as a newspaper of general circulation.

THE PENINSULA BEACON continues to be a newspaper of general circulation, published ai and geographic news and inte in the City of San Diego and elsewhere in the surrounding area.

WHEREFORE, Moving Party prays for a modification of judgment reflecting the name change from THE BEACON to THE PENINSULA BEACON, establishing THE PENINSULA BEACON as a newspaper of general circulation, as defined in Section 6000 of the Government Code, for the County of San Diego, CA.

Notice is hereby further given that Moving Party will, on November 1, 2013, at 1:30pm, in Department 46, apply to the above entitled Court for the order and relief prayed for in the aforesaid Motion to which reference is hereby made.

DATED: SEPTEMBER 12, 2013 MANNIS COMMUNICATIONS, INC. FOR FURTHER INFORMATION CONTACT NORMAN MICHAEL COOLEY [SBN 105578] Attorney for MANNIS COMMUNICATIONS, INC. 600 West Broadway - Suite 1550 San Diego, CA 92101 (619) 234-3220

Issue Dates: 09/19/13, 09/26/13

### Pacific Beach man involved in fitness center theft scandal back in court

By NEAL PUTNAM

A Pacific Beach man — already on probation for grand theft when he worked at a Mission Beach fitness center — pleaded guilty Sept. 11 to commercial burglary of a check-cashing store.

The probation for Christopher Antonio Polley, 27, was revoked and he will be sentenced Oct. 9 in San Diego Superior Court on both cases, said Deputy District Attorney Brendan McHugh.

Polley will not receive more than a year in jail, and Judge Laura Halgren agreed to "consider alternatives to custody, including work furlough," according to court records. If Polley has a job that qualifies for a work-furlough facility, he could spend nights and weekends in that facility if not given jail time.

McHugh said the new case involves Polley cashing a payroll check for \$1,500 at a check-cashing business after he had already cashed the check in his bank via a smart-phone deposit in which he scanned his check with the phone. McHugh said the business lost the money because the bank already cashed his check.

His attorney, Jim Fitzpatrick, said Polley did deposit the check via his smart phone to his bank and then

learned there would be a delay in getting his money. Fitzpatrick said Polley then cancelled the deposit, and then cashed the check at the business without realizing the bank didn't cancel it.

"He's going to go back on probation," said Fitzpatrick.

The burglary charge alleges that Polley entered the store March 6 with the intent to commit theft and it does not involve a break-in. Other charges of grand theft and obtaining money by false pretenses were dismissed.

Polley is still paying about \$20,000 in restitution on his 2012 convictions for grand theft, false impersonation and using another person's identification that he lifted when he worked at the Wave-House. He was sentenced a year ago to 180 days in jail.

No member of the fitness center lost money, and the victims were eBay and PayPal, said Fitzpatrick. Polley used actual members' names from the center to create fictional auctions online. He no longer works at the fitness center.

Polley, who served four years with the Coast Guard, remains free on \$25,000 bond.

AN EXPLOSION IN A SUS-PECTED DRUG LAB at an apartment at 2123 Grand Ave. in Pacific Beach on Sept. 24 sent two injured men in their 20s to the hospital, a San Diego Fire-Rescue Department spokesman said.

Windows in the building along an alley between Grand Avenue and Thomas Street near Noyes Street blew out about 6:50 p.m., police and fire authorities said.

Witnesses said the apartment was on fire, but flames were out by the time firefighters arrived, San Diego Fire-Rescue spokesman Maurice Luque said.

Luque said paramedics found one man injured in the explosion on the damaged second-floor of the apartment.

Another victim in the explosion had fled the scene, but later required medical attention from paramedics at Mission Boulevard and Toulon Court in Mission Beach.

Luque said one man suffered serious injuries while the other man's injuries were considered moderate.

Authorities said both men were taken to a hospital for treatment.

The incident was being investigated by the Police Metro Arson Strike Team and hazardous materi-

- Dave Schwab

## One of 7 sentenced in Sportcenter meth case

Fifteen days of public work service with credit for 33 days in jail was the sentence Sept. 20 to one of seven people who were charged with distributing methamphetamine for sale with the owner of the Mission Bay Sportcenter.

Joe Livingston Bean, 52, is not an employee of the Sportcenter, whose owner Jason Morgan Boone, 40, is the alleged ringleader. Boone allegedly stored methamphetamine in the lockers of the business, but is the only employee charged.

Bean is now living in a residential drug-treatment center and was placed on three years probation by San Diego Superior Court Judge Jeff

Fraser, who suspended a 147-day jail sentence. He was fined more than \$2,100.

"He's not a dealer. He sells (drugs) to support his habit," said Bean's attorney, Nicholas De Pento.

Deputy District Attorney Jorge Del Portillo said he believed Bean had a bigger role in the scheme than just selling meth to support his own

Bean told the judge he was addicted to methamphetamine and alcohol, but not at the same time. He told Fraser, "I could kill someone with alcohol" if he used a vehicle, but "I wouldn't kill anyone with meth."

Fraser said he presided over a drug court session once in which he asked if there was anyone in the 100 seatcourtroom who had not sold drugs to support their habit, and not a single person raised their hand. He said it was a very common crime.

Bean said he was once clean for seven years, and he believes he can do it again. He has been convicted of DUI with injury.

Boone and five others have their preliminary hearing set for Oct. 23. They have all pleaded not guilty to charges of possession, transportation, and sales of methamphetamine following their June 5 arrests. All remain free on bond.



LA JOLLA TODAY BEACH & BAY PRESS





MANAGING EDITOR KEVIN MCKAY (x131) beacon@sdnews.com KENDRA HARTMANN (x133)

BEACH & BAY PRESS LA JOLLA VILLAGE NEWS ljvn@sdnews.com REPORTER

**EDITOR** 

**PRODUCTION** 

PENINSULA BEACON

ADVERTISING SALES

MIKE FAHEY (x117)
MICHAEL LONG (x112)
HEATHER LONG (x115)
ALICE TONG (x103)
KEVIN MELTON (x105)
KIMBERLY MORGAN (x102)
CHELSEY CUTTER (x118)
VALERIE PARRIEM (x104) KIM DONALDSON (x140)

LEGAL / CLASSIFIEDS ACCOUNTING DAVE SCHWAB (x132) reporter@sdnews.com CHRIS BAKER BARBARA ROGEL MIKE FAHEY (x117)

VALERIE PARRISH (x116)

HEATHER HUMBLE (x120)

JUDITH GARFIELD, KAI OLIVER-KURTIN, LORALEE OLEJNIK, MEAGHAN CLARK, NATASHA JOSEFOWITZ, NEAL PUTNAM, NICOLE SOURS LARSON, ROB STONE, RACHEL HUTMAN, SANDY LIPPE. SCOTT HOPKINS, BLAKE BUNCH. MARSHA KAY SEFF, WILL BOWEN, KEITH ANTIGIOVANNI, MORGAN CARMODY, MARTIN JONES WESTLIN. PATRICIA WALSH, VINCENT ANDRUNAS, JOHNNY MCDONALD

sdnews.com

1621 Grand Ave., 2nd Floor, Ste C

San Diego, CA 92109

(858) 270-3103 Fax: (858) 713-0095

**PHOTOGRAPHERS** 

**CONTRIBUTORS** 

DON BALCH, JIM GRANT,

PAUL HANSEN, MIKE MCCARTHY

BART MENDOZA, BIANCA KOCH,

JOHN FRY, JOHNNY MCDONALD.

CAROL OLTON, DIANA CAVAGNARO,

#### SUBMISSIONS

Announcements, photos and story ideas are welcomed. We ask that content be sent at cation and include valid con-

The opinions expressed on the Opinion Page do not necessarily reflect those of this paper or the San Diego Community Newspaper Group. To submit a signed letter or guest col-umn, please e-mail the respective publication's editor (at right) or send to 1621 Grand Ave., San Diego, CA, 92109. We reserve the right to edit for clarity, accuracy, brevity and

#### COPYRIGHT© 2013

All rights are reserved. This United States of America with soy inks and recycled paper. Please recycle.

## **U.S. COAST GUARD: OUR FIRST LINE OF DEFENSE**

Duties, responsibilities diverse and crucial to coastal communities By LORALEE OLEJNIK

A permanent fixture along North Harbor Drive since 1937, the U.S. Coast Guard (USCG) Sector San Diego territory extends 200 nautical miles offshore and includes lakes running through Arizona and southern parts of Utah and Nevada. Five hundred active duty, reserve and civilian personnel serve with 600 auxiliary volunteers, providing around-the-clock coverage for the protection and preservation of San Diego's coastline.

At the helm is Capt. Sean Mahoney, Sector San Diego commander and captain of the port. Two years into his three-year term, Mahoney sat down with the San Diego Community Newspaper Group to discuss USCG operations and the critical function his organization serves in the beach community and throughout the region.

The three focuses of Coast Guard

Sector San Diego, according to Mahoney, are maritime safety, which includes its trademark search-and-rescue missions and prevention of tragedies through inspecting vessels; maritime security operations, including securing the port, escorting vessels, abating drug smuggling and human trafficking; and maritime stewardship, or the preservation of the environment through such activities as responding to oil spills and species protection from unauthorized fishing operations.

Mahoney said the southwest border and proximity to Mexico is the key factor influencing activities that take place at Sector San Diego. Drug seizures and human trafficking are on the rise as smugglers get more brazen and desperate to operate with tightening enforcement along land borders.

According to Mahoney, 25,000 lbs. of marijuana were intercepted in 2011 by the USCG in Southern California. By 2012, this amount had grown to 118,000 lbs., and so far this year, 80,000 lbs. have been seized. Smugglers, using both panga boats - open-hulled Mexican fishing boats — and recreational boats trying to blend in with typical boating traffic, are making perilous voyages at night and landing farther north up the coastline trying to evade capture. In response, air support from Coast Guard C130 aircraft and helicopters and U.S. Customs and Border Protection Office of Air and Marine resources becomes ever more vital to enforcement, said Mahoney. San Diego's closest neighboring Coast Guard sector is Los Angeles/Long Beach.

The Coast Guard is unique in terms of military branches in that it is the only operation that falls under the Department of Homeland Security. Therefore, it has law enforcecan board vessels, conduct investigations and regulate and patrol special events that take place on the water. Special Coast Guard units, for example, deploy with Navy ships in Central America because they have the authority to board vessels where their naval counterparts do not. This follows a general trend of the

ment authority. Coast Guard teams

PATROLLING THE SKIES A familiar sight around the beach communities, an air-

crew from U.S. Coast Guard Sector San Diego takes off on a training flight Aug. 2.

Aircrews train frequently to stay proficient in all flight and search-and-rescue

USCG's shift of focus to law enforcement.

"There's more of a maritime homeland security focus than we had prior to the attacks of 9/11," said Mahoney. "The Coast Guard [used to be] more focused on search and rescue, but after [9/11], we brought maritime security to the forefront."

As far as the men and women who serve at Sector San Diego (about 20 percent of local personnel are female), Mahoney said it's a combination of skill and determination that makes them so successful at what they do.

"They have to be professional and they have to have a can-do attitude," said Mahoney. "That's the key right there. And they have to show respect for everybody, peers or subordinates or seniors alike. They have to treat everyone with respect."

A coveted bid typically chosen by USCG members with seniority, Sector San Diego attracts some of the organization's top talent. Save for a few young single members who live in barracks on the base, a 23-acre bay front location across from Lindbergh Field, most personnel reside in San Diego communities with their families, including Mahoney, who lives in Point Loma with his wife and one of their two daughters who attends Point Loma Nazarene University. While figures of the economic impact Sector San Diego makes to the region are unavailable, it is likely sizable due to sheer volume of Coast Guard families residing throughout the county, Mahoney said.

(U.S. Coast Guard photo by Petty Officer 1st Class Henry G. Dunphy)

When asked about the effects of sequestration, Mahoney said that while Sector San Diego initially saw a drop in patrol hours for aircraft, small boats and cutters, the sequestration guidelines allow operational commanders discretion to determine where those cuts can be made. Their district commander has restored most of the patrol to levels almost the same as prior to the sequestration, though it has impacted travel and other administrative tasks.

"We're able to manage it at this point," he said.

One of Mahoney's goals during his tenure as commander is to ensure the highest level of proficiency is kept among his crew. This can be challenging, given job descriptions may include duties like shooting out engines of fleeing speedboats, conducting hoists over rocking ships at night while wearing night-vision goggles and conducting marine inspections where the

SEE COAST GUARD >> PG. 14

#### 27 Tips to Drive up the Sale Price of Your Home

SAN DIEGO. Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life. And once you have made that decision, you'll want to sell your home for the highest price in the shortest time possible without compromising your sanity. Before you place your home on the market, here is a way to help you to be prepared as possible.

To assist home sellers, a new industry report has just been released called "27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar." It tackles the important issues you need to know to make your home competitive in today's tough, aggressive mar-

In this report you'll discover how to avoid financial disaster when selling your home. Using a common-sense: approach you will get straight facts: about what can make or break the sale

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1023. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW.

Courtesy of Dennis DeSouza Remax Lic. 01220680

## Discover the Benefits of Peace Corps Service.

#### Information Session

Saturday, September 28 10 to 11 a.m. Mira Mesa Public Library 8405 New Salem Street San Diego, CA

Returned Peace Corps Volunteer Amber Lung will discuss volunteering after college, serving as a couple or over the age of 50, benefits and challenges of service, and the application process.

Life is calling. How far will you go?



855.855.1961 | www.peacecorps.gov/apply

#### **BRIEFS** » CONT. FROM PG. 5

Duran said the suspect fell to the ground and dropped a pair of silver scissors. He said the suspect was transported to a local hospital with a non-life-threatening gunshot wound.

The officer involved in the shooting is a six-year police veteran.

- Dave Schwab

**ASSAULT WITH DEADLY WEAPON** IN TRANSIENT ENCAMPMENT - A man is being sought in connection with a stabbing near a transient encampment on Sept. 21 in Pacific Beach.

The incident occurred about 5:26 a.m. when two men were walking together in the south alley of 1000 Garnet Ave., San Diego police officer Frank Cali said.

"The men were arguing and one of them pulled out some tool and stabbed the other in the left arm," Cali said. "The suspect then fled the scene westbound through the alley on a red bike."

Cali said the stabbing victim was uncooperative with police before he was transported to a local hospital with a non-life-threatening injury.

Police described the at-large suspect as a Caucasian male in his 30s, 5 feet 11 inches tall. He was wearing a blue flannel shirt and dark pants.

Northern Division is investigating.

- Dave Schwab

BE HARMLESS - Garnet Avenue between Dawes and Bayard streets in Pacific Beach was closed early Sept. 20 while police investigated a report of a suspicious object resembling a pipe bomb that turned out to be

Officers were alerted to the object by a transient, who spotted the object near the Chase Bank branch office at 1000 Garnet Ave. shortly after 5 a.m., according to San Diego police Lt. Kevin

At around 7:30 a.m., the object was determined to be harmless and the roadway was reopened, Mayer said. He described the object as a black PVC pipe filled with sand and having a metal handle on top.

SUSPICOUS PACKAGE FOUND TO

- Dave Schwab

## LIVEMUSIC >> Cover bands galore, soulful singer-songwriters and smooth jazz By BART MENDOZA

On Sept. 28, Brick by Brick will host a three-tribute-band night, topped by all-female groups Led Zeppelin-impersonators Lady Zep and Black Sabbathdoppelgangers Black Sabbitch. As fine as those groups are, hard-rock fans will want to get there early to catch opener Jester's Fate. A terrific live group, Jester's Fate is a cover band, though uniquely, its set does include occasional originals in the same vein

as the classics. It also has a great set list, mixing the obvious classics like "Surrender" or "Born To Be Wild" with less-often heard cover material like Boston's "Foreplay/Long time" or a hard rock recasting of Duran Duran's "Hungry Like The Wolf." If you are a fan of classic rock, this show promises to be highly entertaining.

**JESTER'S FATE:** Saturday, Sept. 28 at BRICK BY BRICK, 1130 Buenos Ave. 7 p.m. 21 and up. \$12. www.brickbybrick.com

Stylistically, singer Rebecca



**BRITISH INVASION** Get Back Loretta, a band whose name pays homage to The Beatles, will be performing at The Griffin on Friday, Oct. 4.

Jade's music covers a lot of ground, but her voice is all about soul. A member of such local favorites as The Jade Effect, Siren's Crush and The Soultones, this hard-working musician's backing combos may vary, but her vocals, warm and smooth, carry emotion that really sells the songs she sings. Appearing as a solo performer at the Kona Kai Resort lounge on Oct. 4 at 7 p.m., Jade's music includes standards but her original material like the seductive "Carried Away" is top notch and will especially appeal to jazz and R&B aficionados, as

well anyone who likes their music with a soulful

REBECCA JADE: Friday, Oct. 4, 7 p.m. at the KONA KAI RESORT LOUNGE,

1551 Shelter Island Drive. www.resortkonakai.com

Later next month, vocalist Allison Adams Tucker will head out on a tour of Japan, but first she'll present a special concert on COURTESY PHOTO Oct. 6, Jazz Voice of the 1960s: The Bossa Nova

Boom, Betty Carter, Brubeck & Beyond at Dizzy's. The title of the show may be unwieldy, but it is descriptive and shows the broad range of Tucker's interpretive talents. With a backing group of world-class musicians, including pianist Danny Green, bassist Bob Magnusson, drummer Duncan Moore and saxophonist Tripp Sprague, as well as material from arguably the greatest decade for music, this is a show jazz vocal fans won't want to miss.

SEE MUSIC >> PG. 14

## MUSTHEAR >>

After a lengthy hiatus, South Bay roots rockers The Sleepwalkers have returned. Appearing at The Griffin on Oct. 3, the band mixes R&B, garage rock, country, blues, Mexican cumbias and whatever else it can shoehorn into its explosive sound. Featuring singer Johnny Valenzuela, guitarist Alan Fuentes, bassist "Action" Andy Rasmussen and drum-



mer Dick Winter, the quartet has shaken off the cobwebs, with new recordings already in the works, but live is where they shine. The Sleepwalkers are the perfect roadhouse band, giving a tough, gritty performance that has enough rhythm to keep a dance floor filled.

THE SLEEPWALKERS: Thursday, Oct. 3 at THE GRIFFIN, 1310 Morena Blvd. 8 p.m. 21 and up. \$12. www.thegriffinsd.com

- Bart Mendoza

# POLISH FESTIVAL, SAN DIEGO St. Maximilian Kolbe, Oct. 11-13, 2013

#### COME LEARN ABOUT POLISH CULTURE & CUSTOMS!

- Live Polish Music and Folk Dances
- · Authentic Polish food & Polish beer

Where:

St. M. Kolbe Roman Catholic Parish 1735 Grand Ave., San Diego, 92109

When:

Fri., Oct.11: 5pm-11pm (>21only)

Sat., Oct.12: 12pm-10pm Sun., Oct.13: 12pm- 6pm Admission: \$3 (16 or older)



More at: www.polishmission.org



## ENJOY THE BEAUTY OF OLD TOWN

#### OLD TOWN HOSTS HALLOWEEN-THEMED ACTIVITIES IN OCTOBER

Ghosts and ghouls will be out in full force this October in the most haunted area of San Diego: Old Town. Several events have been planned to celebrate this most spooky holiday.

The following events and activities are sponsored by Fiesta de Reyes, Michael Brown's Ghost Tours, Old Town San Diego State Historic Park, Save Our Heritage Organisation and Write Out Loud. MICHAEL BROWN'S GHOST

DATES: Various dates in October Michael Brown leads San Diego's spookiest ghost tours. During his 90minute walking tours, guests will get to visit various paranormally active places in Old Town such as the Whaley House, a park that used to be cemetery and a haunted brothel located on the Whaley House property. He shares tips,

tricks and techniques to find ghosts and other paranormal happenings in Old Town. Each tour includes photos, voices of the dead and a video vortex. His tours are every Thursday through Sunday in October. Walking tours begin at 9 p.m. in front of the Fiesta de Reyes fountain and no reservations are necessary. Adult tickets are \$19 and children 6-12 are \$10. Kids 5 and under are free. For more information, visit

#### OLD TOWN'S FALL FESTIVAL DATE: Saturday, Oct. 26

Fall crafts and children's activities a la San Diego in the 1870s will be held from noon to 4 p.m. in the central plaza at Old Town San Diego State Historic Park. Many merchants surrounding the park will have activities within their

OLD TOWN THEATER: DANSE MACABRE BY WRITE OUT LOUD DATE: Monday, Oct. 28

Write Out Loud will present "Danse Macabre" in the Old Town Theatre on Monday, Oct. 28 at 7 p.m. Danse Macabre will feature stories of magic and mystery brought chillingly to life by professional actors. Tickets cost \$15 for adults and \$13 for students, seniors and active military. For more info, visit writeoutloudsd.com.

TRICK-OR-TREAT

DATE: Thursday, Oct. 31

Trick-or-treaters are invited to come out in their best costumes on Thurs., Oct. 31, from 4 to 6:30 p.m. to collect goodies from participating shops and museums throughout Old Town San Diego State Historic Park. Free to the public. For more information, call (619) DIA DE LOS MUERTOS

DATES: Fri., Nov. 1 and Sat., Nov. 2 The premier Day of the Dead event in San Diego County, Old Town's Dia de los Muertos is designed to celebrate the history, culture and heritage of the region. Old Town's predominantly Mexican, Spanish and Native American and legacy makes it the best site in San Diego to hold this special and beloved celebration. There will be a tour of more than 30 altars, a candlelight procession and live music. At Fiesta de Reyes in the state park, five life-sized Catrina dolls in historic dress will delight visitors as well as altars in nearly every store. This two-day-long activity will also feature workshops, performances and lectures. For more information, visit sddayofthedead.org or call (619) 297-7511.



## DELIGHT IN THE UNEXPECTED.

Live Music + Old World Charm Patio Dining + Boutique Hotel

CHECK OUT OUR NEW MENU!

#### DON'T FORGET RESTAURANT WEEK AT COSMO SEPT 15-20 AND SEPT 22-27

Kids Eat FREE - EVERY DAY!

2660 Calhoun St. 619-297-1874 Old Town San Diego State Historic Park www.oldtowncosmopolitan.com



## Prudential California makes waves with name change

By KENDRA HARTMANN

The real-estate industry was delivered a bombshell Sept. 23 with the revelation that one of the biggest names in the business would be made even bigger as Prudential California officially became Berkshire Hathaway HomeServices California Properties (BHHS).

One of the top five brokerages nationwide, Prudential California has built a reputation on its name over several decades. What a heavy-weight like Berkshire Hathaway can bring to such a trusted name is more exposure — and an exclusivi-

ty that can't be rivaled. David Cabot, CEO of the former Prudential California explained that when Warren Buffet, chairman and CEO of Berkshire Hathaway, decided to dip into the real-estate industry, he took the opportunity to put a household name on a product for the first time.

"In the last year and a half, Warren Buffett made a decision to become more involved in the realestate business and he decided to lend his name — the Berkshire Hathaway name — to that," Cabot said. "This is the first time that name

has been used in this industry, and it's a really remarkable event. We're fortunate that we are the first company in the nation to take on that new brand name."

Prudential California had been operating under Berkshire Hathaway-affiliate HomeServices of America for a little over a year, and the changeover to the new name was a process of "months and months and months," Cabot said. What would prompt an already well-known brand to make such a switch is the prestige that comes with it and the limitless prospects for the future, he said.

"Berkshire Hathaway is the No. 1 most recognized and respected company in the world," Cabot said. "It has been known for decades as a stable company and whatever they buy will continue to operate forever. This represents a dramatic shift in how this business is operated. They don't do something for five or 10 years. It says something, especially in our markets, that we're here for the next 100 years."

Prudential California's high earning potential and the fact that La Jolla holds the No. 1 spot in the chain may have had something to do with its being honored as the first of seven Prudential franchises to make the switch to BHHS, Cabot said.

"After a number of conversations, it came down to the thought that what better place than Southern California to roll out this new name," he said. "And really, the real estate in Southern California is not about real estate — it's about the agents. We have some of the most talented professionals in the business, and we're able to build up business and dominate the market, quite honestly, by virtue of the people working here."

Nicki Marcellino, branch manager for the La Jolla office, said the change to the new name is an honor and a reflection of how she always does business.

"My mantra is always to go from great to extraordinary," she said. "We're the No. 1 in the country and San Diego, and I feel we're a pretty great group of people. What this signifies is more of that challenge to go from great to extraordinary. We're always looking for ways to elevate the client's experience more."

The only ones who might take issue with the change, Cabot said, are competitors.

"We've been so anxious and excited for this change, and our competitors have also been anxious and excited," he said. "It's been interesting to see their reaction. Prudential



Prudential California officially became Berkshire Hathaway Home-Services on Sept. 23 with a switching of all the company's signs to the new name, col-

ors and logo.

has always been the target of aggressive recruiting [of agents to other companies], but how do you say something bad about Berkshire Hathaway? We'll continue to see attempted recruiting, but it's going to be more difficult [for competitors]."

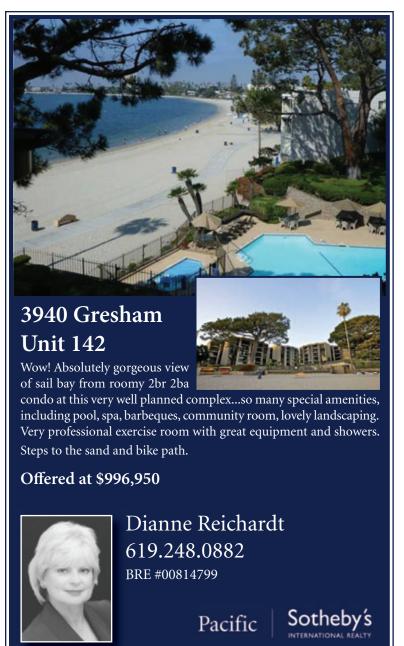
DAVE SCHWAB

Judging from the level of excitement from those now employed by BHHS, that just may prove to be true.

"It's so exciting. I'm so proud to say [I'm] working for Berkshire Hathaway," Marcellino said. "It truly gives me goose bumps."

For information on Berkshire Hathaway HomeServices California Properties, visit www.bhhscalifornia.com.







eight hours, even for those a little

## BeachFest celebrates the San Diego lifestyle

There are many wonderful outdoor festivals in San Diego each year, but only one truly takes advantage of its location — Pacific BeachFest. Now in its 17th year, the event takes place on Oct. 5. Marking the unofficial end of summer, the free, family-friendly event takes place from 11 a.m. to 7 p.m. on the boardwalk between Diamond and Thomas streets. More than 50,000 people are expected to spend part of their day

To be sure, Pacific BeachFest has much in common with similarly styled happenings around the city. Lots of booths with hand-crafted items and food vendors and plenty of music, to be sure. But what makes Pacific BeachFest special is the physical activities the public is invited to take part in.

at the festival.

Among the day's highlights on the beach will be Revolt in Style magazine's Summer Surf Series Finals beginning at 8 a.m. at Crystal Pier; a volleyball tournament starting at 9 a.m.; and a 5k run kicking off at 10:30 a.m. For those 12 and under, there will also be a 1k run just prior to the main event, as well as skateboarding and bike-riding demonstrations in Action Alley on Thomas Avenue. Additionally, there will be a Kids' Action Alley, complete with surf simulator on the boardwalk at Grand Avenue.

While there are numerous food options on the day, including a Best of PB Food Court, a popular part of this annual event is the Best of the Beach Fish Taco Challenge, featuring food from some of the area's best-known restaurants like the PB Shore Club, Oscars Mexican Seafood, The Fish Shop, Moondoggies, PB Alehouse and the Sandbar Sports Grill. It's this sort of community spirit, involving local merchants and the public, which makes Pacific BeachFest so special. Other community interaction includes sidewalk sales from area shops and an artist's



**BEACH BOUT** Many eagerly anticipate the beach volleyball tournament at BeachFest, which offers a \$2,000 prize pool per division.



LIVING THE LIFE A volleyball tournament, surfing competition, 5k run, live entertainment, food and more are all on the docket for the annual BeachFest on Oct. 5.

COURTESY PHOTO

alley featuring handmade items from local artisans.

from local artisans. less athletically inclined, with three stages of continuous enterberg. The event packs a lot into its tainment kicking off at 11 a.m.

The main Beer Garden Stage will feature a mix of DJs and bands with reggae favorites Sunny Rude, Natural Heights, So Cal Vibes and Hightide all taking part, alongside DJ Elliot Thomas, DJ Billy The Kid, DJ Who and DJ Mike Czech. Singer-songwriter Sando opens.

Meanwhile, the Center Stage will be topped by R&B whirlwinds Lady Dottie & The Diamonds, with other artists on the bill set to include the Cool Soul Trio, Bateke Beat, Alas de Mosca and The Routine.

Finally, the Community Stage will open with a performance from the Crown Point Jr. Music Academy, with appearances from the Tap Fever Dancers, the PB Kids Musical Showcase, The Simmer Down Riddum Section, Tiffany Jane and the Kicks, The Big Daddy Blues Band and Indian Summer. There will also be a "Skate This!" demonstration at 11:40 a.m.

With its great mix of sun, surf, music, food and especially community, it's clear the Pacific BeachFest is the best way to celebrate the end of another glorious summer in San Diego.

As with any large event in San Diego, taking public transportation is recommended. Free valet bicycle parking is available at Thomas Street.

• PACIFIC BEACHFEST takes place beginning at 11 a.m. on Saturday, Oct. 5 from DIAMOND TO THOMAS STREETS.

www.pacificbeachfest.org



PAGE 10 · THURSDAY, SEPTEMBER 26, 2013 · BEACH & BAY PRESS

#### BEACH & BAY PRESS · THURSDAY, SEPTEMBER 26, 2013 · PAGE 11

www.LoveSalesTeam.com

www.ChrisLove.com

**ASPEN SANTA FE BALLET** 

\$10 DISCOUNT! CODE: SDN

CALL 800-988-4253 · ARTCENTER.ORG

**SEASON 2013-14** 

**SAT, SEP 28, 7:30PM** 

COASTAL PROPERTY SPECIALISTS

Love Team at Coldwell Banker PB

TREVOR PIKE & CHRIS LOVE 619.823.7503 | Trevor.Pike@ColdwellBanker.com

Contact the 'Love Team' for Coastal Property Informatio

Koa Kitty Says...

t's good to reach

the beach - get to

CENTER FOR THE

ore homes in 9210

han any other paper.

858 270 21303 x 112 or 115

## BLANE REALTY **Serving PB for over 40 Years** Same Owner • Same Location



Charlie Blane, Realtor 1621 Grand Ave. Suite B San Diego, CA 92109 (858) 274-3737

## Try an e-Cigarette for FREE

Maybe you've been hesitant - but curious. You don't know if an e-cigarette will really work, and you don't know if you'll like it.

COME SIT DOWN AND GIVE ONE A TEST-DRIVE ... NO OBLIGATION

LEARN HOW you can QUIT smoking cigarettes without giving up anything you

You can remove cancer-causing cigarettes from your life - you can get rid of the nasty bad breath, the smelly clothes and the secondnand smoke & still enjoy a flavorful puff that is BETTER THAN THE CIGARETTE YOU THINK YOU WANT.

VapeQuality wants to help you quit smoking and start Vaping" - for flavor, for relaxation, & for life.



Don't settle for less . . . Vapequality! 4545 Fanuel Street (5 blocks from the beach on t ook for our big stone fountain outside!









## Diego's serves up a gourmet take on an American favorite By DAVE SCHWAB

A New Jersey contractor for 20 years who figured he'd open a bar when he moved his wife and three children to San Diego after the economy crashed a couple of years ago ended up in the restaurant business here.

Go figure.

0

But David Caccavo, owner of Diego's Dogs and Sliders at 4150 Mission Blvd. #113 in the Promenade at Pacific Beach Shopping Center, doesn't question fate. He revels in it.

Getting into the restaurant business in San Diego was a risky proposition. Especially given that Caccavo had no previous experience whatsoever.

"I finished building a house for my brother and I thought I might as well stay and do something here," he said. "I've never worked for anybody, and I didn't want to work for anybody."

A hard worker, Caccavo bent himself to the task of finding the right bar-restaurant to put his mark on. But the search proved tougher than expected.

"Some of the ones for sale were really dumpy and needed to be all redone," Caccavo said, who conducted a thorough search before he finally happened on his current space in the promenade, which was "clean and built-out already." The space, just around the corner from Tony Roma's, had previously been, among other things, a submarine sandwich shop.

Caccavo's decision on what kind of food to serve in his new restaurant was just as spontaneous as his decision to move out to the West Coast.

"When I came out here, food seemed pretty bland compared to what I was used to," he said. "I went to get a hot dog, but I couldn't find a place I liked. They were all hot-dog-on-a-stick or hot-dog stands. They were horrible."

So what Pacific Beach really needed, Caccavo determined, was a gourmet hot-dog place like the ones they have back east.

Now, for the name of this new East Coast-like gourmet hot-dog spot. Diego became the name, but it had nothing to do whatsoever with San Diego.

"We named our dog Diego in the American

Diego's Dogs & Sliders offers the American comfort food

with a gourmet SEE **DIEGOS** >> PG. 13 twist.











We've Got Huevos!

Pacific Beach

1851 Garnet Ave.

(858) 270-YOLK

Any Entree

specials, offers or with private groups

Visit us online at: www.thebrokenyolkcafe.com

Gaslamp · Eastlake · La Costa

San Marcos - Oceanside - Point Loma

Carmel Mountain Ranch - Temecula



## Papa Luna's offers an Argentinean alternative to typical finger food

By DAVE SCHWAB

Argentine-style, pastry-like empanadas are the featured menu item at Papa Luna's at 1404 Garnet Ave. and the latest culinary craze catching on in Pacific Beach.

A Latin American delicacy with European roots, an empanada is dough wrapped around a tasty fill-

It is the specialty of the house at Papa Luna's owned by Simon Baer, who studied abroad in Buenos Aires between 2006 and 2008 before moving to the States, bringing the Argentinean delight with him.

Baer said he came to Pacific Beach to treat San Diegans to international fare and South American flair.

"Empanadas are baked turnovers, like a pirogi or a mini calzone that can be either sweet or savory," said Baer. "Every country has its own take on it."

Baer chose Luna ("moon" in Spanish) for his restaurant name because his menu staple is "halfmoon shaped," and because he wanted "something everybody could read and understand that was easy to say and spell phonetically."

Papa Luna is as easy to say as its cuisine is to eat and transport, two keys to its growing popularity.

"It's a good food for Pacific Beach because empanadas are a handful that are easy to carry and walk with. They're very portable," Baer said.

Papa Luna's tag line is, "Latin American style, Southern California flavors."

That's exactly what you'll find at Baer's eatery.

"We do traditional empanadas and also do a Southern California take on empanadas," said Baer, offering his turkey empanada,



**BUENOS AIRES BURRITO Papa** Luna's empanadas are filled with everything from Philly cheese steak to goat cheese and sausage. COURTESY PHOTO

which he described as a "Thanksgiving dinner all wrapped up," as one example. The empanada is

filled with roasted turkey breast, mashed potato, stuffing and cranberry and served with homemade gravy.

There are empanadas for every meal and every taste, for vegetarians and meat eaters alike. Examples include a Philly cheese steak empanada with homemade cheese sauce, a "Sunny Goat" empanada with organic goat cheese, sausage and sun-dried tomatoes and a breakfast empanada with chorizo and scrambled

There are even dessert empanadas with chocolate, banana, apple and raisin filling.

Open from 11 a.m. to 9 p.m. weekdays and 11 a.m. to 11 p.m. weekends, Papa Luna's also offers an array of unique salads, as well as gazpacho, a cold tomato Spanish soup.

"We do an empanada of the

month," said Baer, noting customers offer their suggestions for monthly choices in a restaurant suggestion box and also through the restaurant's Facebook site.

"If [the suggestions are] popular enough, we'll keep them on the menu," he said, adding customers whose suggestions are picked also get to name them, like the current entry, the "Babaloo" empanada with plantains, black beans, roasted garlic and cilantro.

The empanada restaurant has a small patio and a few tables inside.

"It's a great alternative to pizza, burgers and burritos, which is why Pacific Beach is a good fit for it," concluded Baer, adding his restaurant is "happy to be an active community partner," having donated more than \$3,000 to Pacific Beach schools since its opening.

For more information, call (858) 255-8875 or visit papalunas.com.

#### DIEGOS » CONT. FROM PG. 12

New Jersey and then we ended up here, so the kids named the restaurant Diego's Dogs," said Caccavo, noting the name seemed fitting, if somewhat ironic.

Now a picture of Diego, the Caccavo's 110-pound Rottweiler mix, hangs in Diego's Dogs.

Caccavo promises you won't find a better — or more custom-made — hot dog anywhere else in PB.

"I have a Chicago-style dog, a Sonoran dog and a PB fried dog, which has bacon wrapped around it with chili, coleslaw and jalapeño peppers," he said, adding bland is now blasé.

Gourmet dogs at Diego's range from \$4.50 to \$7.

And what are hot dogs without hamburgers? Not just any hamburgers though, but sliders, created custom, of course, à la Caccavo.

"The sliders are little 2-ounce burgers," he said. "It's all fresh meat. All certified Angus."

Sliders, which cost \$3 for a sin-

gle, \$5.75 for a duo and \$8.50 for a trio, are served up in classic (sautéed onions and cheddar cheese), red rock (bacon, crispy fried onions and secret sauce), gobbler (turkey with portabella mushrooms) and spicy Mexi (vegetarian black beans, spices and cheddar) varieties.

"People like to mix and match,

have a classic with a red rock and a gobbler," Caccavo said, adding his rosemary fries with garlic and sea salt, as well as his Jersey disco fries — steak fries with melted mozzarella cheese and gravy are both crowd pleasers.

For more information, call (858) 581-3647 or visit www.diegosdogs.com.



## LA JOLLA ART & WINE FESTIVAL october 12&13 2013

10am-6pm | Girard Ave between Prospect St & Kline St











## **Events**

## **4 KIDS PADDLE FEST**



WHERE: Bonita Cove at Mission Bay, 8 a.m. HOW MUCH: \$45 elite long course (6 miles); \$35 short course (2 miles); \$49 HeadSUP Battle (100-yard, two-person relay course for beginners) WHAT: Nonprofit Urban Surf 4 Kids, which provides surf camps, swimming lessons and other activities for foster kids in San Diego, hosts the annual Paddle Fest as a fundraiser for "Dreaming of Aloha," an achievement program allowing foster youth to earn a trip to Hawaii in December. The event features stand-up paddleboard racing, live music, board demos, food and vendor expo, and a raffle. www.urbansurf4kids.org

## OCT. 12: URBAN SURF OCT. 4-27, 31: BOOmont PARK

HOW MUCH: Free admission and parking for Belmont Park; free trick-ortreating; pumpkin patch prices vary; \$6 admission to BOOmont Manor Mansion; \$6 Spookey Coaster; \$7.95 Zombie Laser Tag WHAT: For the first time ever, Belmont Park is transforming on Fridays, Saturdays and Sundays through the month of October for the Halloween season.

## SEPT. 26: PAESAN BBQ

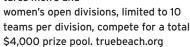


WHERE: Crown Point Shores Rotary Club Pavilion, 5 p.m. HOW MUCH: \$5

WHAT: The 33rd annual Police and Emergency Services Appreciation Night, organized by the Pacific Beach Town Council, honors police, firefighters, park rangers and lifeguards. This year's major benefactor is local Fire Station 21 to help raise funds for the station's kitchen. Event includes barbeque dinner, side dishes and dessert, a kids' area with free games, face painting, popcorn, prizes and more.

### OCT. 5: FIREHOUSE AND TRUE BEACH VOLLEYBALL TOURNAMENT

WHERE: 710 Grand Ave., 9 a.m. HOW MUCH: \$100 per team WHAT: Hosted by The Firehouse **American Eatery** & Lounge and True Beach, the tournament features men's and



#### **COAST GUARD**» CONT. FROM PG. 6

inspector needs to know every single detail about the complex systems on commercial vessels and safety-drill procedures.

"The amount of expertise is enormous, and just maintaining that expertise by making sure we are as proficient as we possibly can be is one area," said Mahoney.

His second goal is to continue to build and strengthen partnerships with other organizations. USCG operations require extensive collaboration with myriad agencies ranging from the Department of Homeland Security and Border Patrol to local, county and federal agencies, and their neighbor with whom they share the bay — the San Diego Harbor Police.

On Aug. 4, Sector San Diego held its annual Coast Guard Day festivities, celebrating the anniversary of Coast Guard's establishment in 1790.

#### MUSIC» CONT. FROM PG. 7

**ALLISON ADAMS TUCKER: Sun**day, Oct. 6, at **DIZZY'S,** 4275 Mission Bay Drive. 7 p.m. \$15. www.dizzysjazz.com

Five-time San Diego Music

Awards winners Get Back Loretta perform at The Griffin on Oct. 5 at 9 p.m. While the band's name is indeed a nod to The Beatles, the thing it shares most with that band is its chameleon-like ability to change its sound to fit the song. One moment, they're playing a tuneful acoustic ballad, the next offering a rocker that would

make Queen green with envy. All of the band's albums are well worth having, but this bunch is a lot of irreverent fun live.

**GET BACK LORETTA:** Friday, Oct. 4 at **THE GRIFFIN**, 1310Morena Blvd. 9 p.m. 21 and up. \$10. www.thegriffinsd.com

Anyone looking for a nice way

to wind down the weekend should consider jazz combo Sounds Like Four, who has a 4 p.m. Sunday afternoon residency at Café-Bar Europa. With a set list of classics like "Fever," it's a crowd pleasing way to spend a few hours. A good cup of coffee and smooth jazz tunes are a nice option for holding off the looming work week a bit longer, but the venue itself is appealing in that respect. The intimate, informal location is a great date option, as well as a good spot to just sit and soak in the music.

**SOUNDS LIKE FOUR:** Sundays at CAFÉ-BAR EUROPA, 873 Turqouise St. 4 p.m. 21 and up. www.theturquoise.com/wordpress



#### Enjoy Chateau La Jolla!

Whether your travels bring you to La Jolla for an overnight visit or an entire seasonal escape, or make it your new home. Chateau La Jolla Inn is your best senior retirement value in the Mediterranean style village of La Jolla.

Located just a short stroll from the Pacific Ocean and a few blocks from the heart of the Village, compare and see why Chateau La Jolla Inn is a popular choice for independent seniors 55 years of age or better.

Chateau La Jolla Inn

233 Prospect Street, La Jolla, CA 92037 | Phone: 1-(858) 459-4451

### RIGHT CHOICE • Quality & Passionate 24/7 Care SENIOR LIVING

See photos & videos at www.rightchoiceseniorliving.org

(619) 246-2003 Call for Tour. Private rooms w/bath Lic # 374602704, 37460329

- Residential Assisted Living Homes
- · Enriching Activities & Outings
- · Loving Care, Great Locations, Great Food
- Memory/Dementia Care Offered
- Hospice, Short term stays (respite) OK







## Chateau *Ya Jolla* Inn A RESIDENTIAL COMMUNITY

### DROP IN FOR LUNCH AND ENJOY ONE OF MANY DELICIOUS CHOICES FOR JUST \$6.95

OV onderful things are happening at Chateau La Jolla Inn's Normandy Dining Room since the arrival of the well known San Diego Chef Damaso Lee. Formerly Executive Chef of Trattoria Acqua in La Jolla, lovers of his cuisine can enjoy it again now at Chateau. We offer daily lunch and dinner specials, extensive lunch and dinner a la carte menus and Sunday Champagne Brunch. Chef Lee is obsessive about culinary details and traditional techniques all inspired by fresh, local ingredients. Please join us for a meal and experience the gracious independent living lifestyle enjoyed by residents and guests alike.

You Don't Have to Live Here to Dine Here!

Call Kimberlee today to see what real senior living should be...

858-459-4451 233 Prospect St. La Jolla 92037 www.chateaulajollainn.com



Starting monthly at \$3,075 for one bedroom, \$4,065 for a 2 bedroom/2 bath and \$2,675 for a Studio

#### APARTMENT PRICES NOW INCLUDE 3 MEALS DAILY!

Amenities Include:

Fine dining \* Weekly housekeeping \* 24 hr. concierge Great social programs \* Free parking \* Home health services available \* Courtesy transportation

> NO "BUY-IN" OR "ENTRANCE" FEES! Annual, Seasonal or Monthly Leases Available

All lunch menu items are \$6.95 and we offer nightly dinner specials and an a la carte menu plus Sunday Champagne Brunch.

#### ANNOUNCEMENTS 100

#### **y** lost & found

REWARD! LOST 1" HEART PENDANT Very Sentimental. (858) 410-5555

#### **HELP WANTED 250**

#### **ACCOUNTING** CAREER SCHOOL

One program trains you for multiple job opportunities!

Be job-ready in 6 months for many job positions: accounting and AR, AP clerks; bookkeepers; Quick-Books specialists...or, start your own bookkeeping business!

#### ACCOUNTING ACADEMY

Call for brochure: 858-836-1420 **CLASSES BEGIN SOON!** www.theaccountingacademy.com

#### **y** general help wanted

ARCHITECTURAL DRAFTER Escondido, various types of projects using Revit and Auto CAD detailing construction for various phases as the project progresses. Coordination w/ consultants (Structural, Mechanical, Electrical, Plumbing, and Landscape architects) Requires: Master in Engineering Management or equivalent with minimum of 2 years of experience and vast knowledge of Revit, Auto CAD, Google Sketch Up, Photoshop 7;30-5;30, 40 hr/wk, Send CV to: Marca Architecture, Inc. Att: Carol Tyjewski, 240 N. Market pl. Escondido, CA 92029, carol@marcatects.com, Fax: 760.743.4106

**BARBER/STYLIST WANTED PARADISE** BARBER SALON is now hiring licensed barber/ stylist..comission/ boothrent available... if you are interested please contact Saida@ 619)756-7778 or (619) 929-7310

FOX CO IS OFFERING TO PAY you for driving your own vehicle. Drive around with our specially designed AD and get naid for it. Interested parties should contact Stevenfox31@hotmail.com

OCEAN CORP Houston, TX, Train for NEW Career. \*Underwater Welder. Commercial Diver. \*NDT/ Weld Inspector. Job placement and financial aid for those who qualify. 800-321-0298.

YRC FREIGHT, A NATIONWIDE LTL transportation company, has immediate opportunities available for: Full Combination Driver Dockworkers. We offer a competitive salary, benefits package & dynamic career growth opportunities. Interested candidates must apply on-line at www.yrcw.com/ careers YRC Freight 9525 Padgett St. San Diego,

 ✓ work wanted

## southwestern

Seemless Aluminum & Coppe Custom Fabrication General Sheetmetal Metal Roofing

CALL FOR FREE QUOTES 858-268-7975

#### WWW.SWRAINGUTTERS.COM

#### **MENTION AD & FOR 10% OFF ITEMS FOR SALE 300**

#### ▼ auction/estate sales

MOVING TO WESLEY PALMS! SELL!! Gorgeous dbl bed w/ complete linens;lq Danish Modern dining table w/ leaf & 6 chairs; Norataki china set (6); computer stand;several lamps;fab end tables(6);blk ranch mink coat w/ grey fox collar opera length; lux space heater; dresser set (2); lg entertainment center;upscale, huge coffee table: full set o' pots&pans: cocktail, wine, water glasses. Give me a call, come on by & make me an offer-858.581.6750, or email me @ yvonwvl@amail.com.

#### ▼ misc for sale

CARPET DISTRIBUTORS SALE Carpet for your home at wholesale. 619-504-7931 303-908-9599 Go to

FAST FOOD DISCOUNT CARDS Fast Food Discount Cards that never expires.

24 Restaurants including Arbys, Wendys, Pizza Hut, Krispy Kreme and more. Cost \$20. R. T. 3115 WhiteHorse Road PMB 177, Greenville, SC 29611. (864) 295-

MANGOSTEEN THE QUEEN OF FRUITS Feel better now and try risk free today. www. MvMangosteen.net

MAKAYLA-ANNDESIGNS.COM Handmade & handcrafted jewelry. Unique and at low prices! www. Makayla-AnnDe-

**OUTLET CENTER DOORS WINDOWS** We have warehouse full of Doors, Windows Flooring reduced Prices (858) 268-0679

QUEEN MATTRESS SET in plastic for sale. \$130 (619) 761-0113

RECENT UCLA GRADUATE helps students of all ages with studies! ~\$15/ hr. tutorLindsey@gmail.com

RESALE & NEW women's clothes. accessories, shoes, jewelry, \$5 - 35 Designer BARGAINS, Tierrasanta. (619) 985-6700

#### ▼ rummage sales

ATT READERS! FREE BOOKS! Trade your books for free at www. PaperBack-

#### **ITEMS WANTED 325**

GOT OLD COMIC BOOKS? Local collecseeks vintage comic books and paperbacks from 1950s and older. Let's make a deal! Contact me at sandiegocomics@yahoo.com.

#### PETS & PET SERVICES 400

REWARD: LOST WHITE PERSIAN CAT On 9-2-2013, my white male Persian cat with silver tips and green eyes, bushy tail, erect ears, small nose and medium size (9 lbs.) went missing from his home in Villa La Jolla Drive and Nobel Drive 92037. He cannot see well and can't find his way back home. If you get any information on him, please call Ramona at (858) 587-1423

#### ▼ pet services

WWW.CUTTINGEDGEK9.COM CUTTING EDGE K9 REHAB Has Been Featured On Local & National News, Radio, A Number Of Local Papers & Magazine Articles. Swimming is one of our strongest recommendations for most K9's. It is an ideal form of exercise for a many reasons. Our rehab services offer assisted swimming in a warm water environment. The benefits are: . Non-weight-bearing (reducing stress on joints) . Facilitates full use of the front and hind legs vs. partial use as seen with underwater treadmills . Dogs are often able to actively swim although unable to move their legs on land (due to stroke/ spinal injury) . Allows manual techniques by therapist/ manual resistance to an affected limb . Swimming in a controlled environment is the safest way for clients to exercise. . Speeds recovery following injury/ surgery • Improves function & quality of life . Works reciprocal muscle groups (helps correct muscle imbalances) . Reduces pain & inflammation . Reduces canine obesity thus decreasing the risk of other health-related problems  $\bullet$  Increases strength, range of motion & cardiovascular conditioning . Prevents overheating through proper water temperature . Increases tolerance for extended cardiovascular training . Decreases recovery time • Reduces post-exercise soreness . Provides good cross training for the competitive, athlet-

#### **SERVICES OFFERED 450**

REMODEL & ADDITION SPECIALISTS FREE ESTIMATES. No job too small. Call to see our portfolio or Email us at RichardNileConstruction@yahoo.com (619) 684-0336

BUSY HOUSEWIFE OR CAREER WOMAN I can help you with:

- \*\*Grocery shopping
- \*\*Running errands
- \*\*Household management \$20 per hour + mileage Call Kirsty 619 379 8750

#### ▼ miscellaneous

LJ ARCHITECTURAL DESIGNS Construction permits, blueprints, Residential Designs. LOW RATES!!! SE HABLA ESPANOL LIC.#069268 (619) 817-7787

#### **BUSINESS OPTS. 550**

#### ✓ income opportunities

WANT TO Purchase minerals and other oil/ gas interests. Send details to: P. O. Box 13557, Denver, CO 80201

WWW. SPORTSGIRLJEWELRY.COM FUND RAISERS FOR YOUTH SPORTS-

#### **REAL ESTATE 800**

#### **✓** investment properties

**NEW ON THE MARKET** North Park office building @ 3930 Utah St @ \$1.85 mil. F&C. owner will sell or exchange for? Will carry all financing. Other properties available. Geo. Jonilonis Rltr @ 619 454 4151

SERVING S.D. SINCE 1967

#### INVESTMENT PROPERTY SPECIALISTS. **SALES & EXCHANGES**

APARTMENTS • OFFICE BUILDINGS COMMERCIAL•LEASING•FEE COUNSELING

 RESORT PROPERTIES ANYWHERE • REAL ESTATE PROBLEM SOLVING

#### **GEORGE JONILONIS** 'The Estate Builder' 858-278-4040

3536 Ashford St., San Diego, CA 9211 gjonilonis@att.net Fax 760-431-4744

#### **→** property management

DEL MAR LAGOON VIEW HOME buy, lease or lease option, \$1.65mil. Many more RE opportunities. Geo Jonilonis RItr 619 454 4151

#### **LEGAL ADS 900**

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-025037 LOCAL PADDLESHARE, AURA CRAFT. SUNSHINE YOGA, FIREFLY EXCURSIONS located a 5117 1/2 W. POINT LOMA BLVD. SAN DIEGO, CA 92107 is hereby registered by the following owner(s) SARA SNOW This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: AUG 29, 2013 ISSUE DATES:

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-025053 BAYSIC AGENDA located at: 3115 VILLA ESPANA SPRING VALLEY, CA. 91978 is

SEPT 05, 12, 19 AND 26, 2013

by registered by the following owner(s): OCTAVIA ROBERTSON This business is being conducted by: AN INDIVIDUAL The transaction of business began on 08/29/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: AUG 29, 2013 ISSUE DATES: SEPT 05, 12, 19 AND 26, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-024649 PREMAR GLOBAL WAREHOUSE LOGISTICS located at: 2325 MICHAEL FARADAY DR. SUITE 1 OTAY MESA, CA. 92154 is hereby registered by the following owner(s): TOMAS MARTINEZ LFAL This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: AUG 26, 2013 ISSUE DATES: SEPT 05, 12, 19 AND 26, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-024841 ROY POOL SERVICE located at: 2908 JARVIS ST. SAN DIEGO, CA, 92106 is hereby regis tered by the following owner(s): RODNEY A. ROYThis business is being conducted by: AN INDIVIDUAL The transaction of business began on: 09/01/1994The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: AUG 28, 2013 ISSUE DATES: SEPT 05, 12, 19

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-025064 DIAMOND DENTAL OFFICE OF DAVI DOV CORPORATION located at: 1776 GRAND AVE SAN DIEGO, CA, 92109 is hereby registered by the fol lowing owner(s): DAVIDOV DENTAL CORPORATION This business is being conducted by: A CORPORATION DAVIDOV DENTAL CORPORATION 1776 GRAND AVE SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: NOT YET STARTEDThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on AUG 29, 2013 ISSUE DATES: SEPT 05, 12, 19 AND 26, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-024853 PAUL & MARGARET, PAUL AND MAR-SAN DIEGO, CA, 92107 is hereby registered by the fol lowing owner(s): ALICIA MARIE FERREIRA This business is being conducted by: AN INDIVIDUAL The trans action of business began on: 07/15/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on AUG 28, 2013 ISSUE DATES: SEPT 05, 12, 19

AND 26, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-025439 PALM SPRING APARTMENTS, SVMRE hereby registered by the following owner(s): SERGEY MELNIKOV This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 07/01/2008 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: SEPT 04, 2013 ISSUE DATES: SEPT 12, 19, 26 AND OCT 03, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-025024 BEACH AREA HANDYMAN, BEACH AREA CONSTRUCTION located at: 723 WILBUR AVE lowing owner(s): CHRIS J. SLAYTER This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr. Recorder / County Clerk of SanDiego County on: AUG

29, 2013 ISSUE DATES: SEPT 12, 19, 26 AND

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-025668 FOITEK located at: 6628 BELL COLIRI SAN DIEGO, CA. 92111 is hereby registered by the fol-lowing owner(s): DALE CATES, YVONNE CATES This business is being conducted by: A MARRIED COUPLE The transaction of business began on: 09/06/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on SEP 06, 2013 ISSUE DATES: SEPT 12, 19, 26 AND OCT 03, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-025984 ORANGE HORIZON ENTERPRISES, TAN AND BLUE RECORDING COMPANY located at: 4495 CLAIREMONT DR. APT 1 SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): MATTHEW WHITNEY This business is being conduct ed by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: SEP 09, 2013 ISSUE DATES: SEPT 12, 19, 26 AND OCT 03, 2013

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEV-ERAGES DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL 1350 Front St., Room 5056, San Diego, CA. 92101 (619) 525-4064, Filing Date: September 6, 2013 To Whom It May Concern: The Name(s) of the Applicant(s) is/are: GREAT NEWS INC. The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverage at: 1788 GARNET AVE. SAN DIEGO, CA. 92109 Type of license(s) applied for: 41-ON-SALE BEER AND WINE-EATING PLACE Issue Date(s): SEPT 12, 19 AND 26, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-024857 HUMANE BODY located at: 3010 5TH AVE. SAN DIEGO, CA. 92103 is hereby registered by the following owner(s): KIMBERLY ANN KOLIBRI This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on AUG 28, 2013 ISSUE DATES: SEPT 19, 26 OCT 03 AND 10, 2013

NOTICE OF PETITION TO ADMINISTER ESTATE OF THOMAS LAWRENCE RICKERT CASE NUMBER: 37-2013-00065006-PR-PL-CTL. To all heirs, beneficiaries, creditors, contingent creditors, and persons who

may be otherwise interested in the will or estate, or both of THOMAS LAWRENCE BICKERT A Petition for Probate has been filed by ROBERT RICKERT in the Superior Court of California, County of SAN DIEGO. The Petition for Probate requests that ROBERT RICKERT be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, the personal representative will be required to give notice to interested nersons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: Date: OCT 08, 2013 Time: 11:00 A.M. Dept: PC-1 Address of court: SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO MADGE BRADLEY BUILDING 1409 Fourth Ave. San Diego, CA 92101 Central Probate. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Petitioner: Robert Rickert 2144 Cordero Road Del Mar, California 92014 ISSUE DATE(S): SEPT 19, 26 AND OCT 03, 2013

2013-024516 BLUE MOON YACHT SERVICES, INC. located at: 1789 LEMON TREE CT. SAN MARCOS, CA. 92078 is hereby registered by the following owner(s) BLUE MOON DIVE SERVICES, INC. This business is being conducted by: A CORPORATION BLUE MOON DIVE SERVICES, INC. 1789 LEMON TREE CT. SAN MARCOS, CA. 92078 CALIFORNIAThe transaction of business began on: 07/22/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: ALIG 24 2013 ISSLIE DATES: SEPT 19, 26 OCT 03 AND 10, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-026743DOG BEACH DOGGY CARE loc 1810 BACON ST. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): JUSTIN KINGSLEY This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: SEPT 17, 2013 ISSUE DATES: SEPT 19, 26 OCT 03 AND 10, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-026743 DOG BEACH DOGGY CARE located at: 1810 BACON ST. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): JUSTIN KINGSLEY This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: SEPT 17, 2013 ISSUE DATES: SEPT 19, 26 OCT 03 AND10, 2013

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00067205-CU-PT-CTL PETITIONER OR ATTORNEY, NORMAN MICHAEL COOLEY SBN 105578

600 West Broadway, Suite 1550 San Diego, CA. 92101 619-234-3220 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS
NAME FROM JULIE MANNIS HOISINGTON TO JULIE MANNIS MAIN THE COLIRT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any per son objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON NOV 08, 2013 TIME: 9:30 AM DEPT C-52 220 WEST BROADWAY SAN DIEGO CA. 92101 ISSUE DATE(S): SEPT 26 OCT 03 10 AND 17, 2013

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00067174-CU-PT-CTL PETITIONER OR ATTORNEY, Lei Sun & Terry Cuiwei Zhao 16947 Silver Crest Dr. San Diego, CA. 92127 858-525-1767 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME LEI SUN AND TERRYCUIWEI ZHAO ON BEHALF OF YIQIAO SUN FROM YIQIAO SUN TO JOE YIQIAO SUN THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON NOV 01, 2013 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S) SEPT 26 OCT 03, 10 AND 17, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2013-025852 SAN DIEGANS FOR RESPONSIBLE PLANNING, SAN DIEGANS FOR SAFE NEIGHBOR-HOODS located at: 2247 EMERALD ST. SAN DIEGO, CA. 92109 is hereby registered by the following ner(s): SCOTT CHIPMAN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 09/01/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: SEPT 09, 2013 ISSUE DATES: SEPT 26 OCT 03, 10 AND 17, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2013-025073 MISSION BAY PLAYERS CLUB & WINE DECK located at: 2702 N. MISSION BAY DR. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): LANG BROTHERS, INC. This business is being conducted by: A CORPORATION LANG BROTH-ERS, INC. 4426 KAMLOOP AVE. SAN DIEGO, CA 92117 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: AUG 29, 2013 ISSUE DATES: SEPT 19. 26 OCT 03 and 10. 2013

2013-024491 PYRAMID HARDWOOD FLOORS locat ed at: 2129 EL PASILLO SPRING VALLEY, CA. 91977 is hereby registered by the following owner(s): RAN-DALL BALSLEY This business is being conducted by AN INDIVIDUAL The transaction of business began 01/22/2008 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego unty on: AUG 23, 2013 ISSUE DATES: SEPT 19, 26 OCT 03 and 10, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO.

2013-025073 MISSION BAY PLAYERS CLUB & WINE DECK located at: 2702 N. MISSION BAY DR. SAN DIEGO, CA. 92109 is hereby registered by the follow ing owner(s): LANG BROTHERS, INC. This business is being conducted by: A CORPORATION LANG BROTH-ERS, INC. 4426 KAMLOOP AVE. SAN DIEGO, CA. 92117 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: AUG 29, 2013 ISSUE DATES: SEPT 19, 26 OCT 03 and 10, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-024491 PYRAMID HARDWOOD FLOORS located at: 2129 EL PASILLO SPRING VALLEY, CA. 91977 is hereby registered by the following owner(s): RAN-DALL BALSLEY This business is being conducted by:

AN INDIVIDUAL The transaction of business began on: 01/22/2008 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: AUG 23, 2013 ISSUE DATES: SEPT 19, 26 OCT 03 and 10, 2013 NOTICE Case No. 41574 In the Chancery Court for Washington County, Tenesee Adoption of Gavin P.

Freeman, DOR: 08-11-12 RY: Theresa M. Camphell nd Franklin B. Campbell, Jr. Petitioners, Versus Ralph F. Ho Ching, Respondent. In this cause, it appearing from the Order of Publication, that the Respondent Ralph F. Ho Ching, was last known to be a resident of the State of California and that Respondent's identity and residence is unknown and cannot be ascertained upon diligent inquiry, it is ordered that publication be made four successive weeks, as required by law, in the San Diego Community Newspaper, a newspaper published in San Diego Community, notifying Respondent to file an answer with this court and a copy to Plaintiff's attorney, Jason H. Arthur, whose address is 132 Boone Street, Suite 5, Jonesborough, TN 37659, within 30 days from the last date of publication, exclusive of the last date of publication, or a judgment by default may be entered and the cause set for hearing ex parte as to said Respondent. Failure to answer or appear may result in termination of Respondent's parental rights to the child referenced above. This 18 day of September 2013. Clerk & Master Brenda Sneyd, Lora Eldridge Deputy Clerk and Master Sep 26 Oct 03,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-025766 INTERNATIONAL WATCH AND DIA-MOND COMPANY, SAN DIEGO WATCH AND DIA-MOND COMPANY, LA JOLLA WATCH AND DIAMOND COMPANY, LA JOLLA WATCH & DIAMOND COMPANY, LA JOLLA WATCH & DIAMOND BUYERS, LA JOLLA WATCH AND DIAMOND BUYERS, SAN DIEGO

WATCH AND DIAMOND BUYERS, INTERNATIONAL WATCH AND DIAMOND BUYERS, INTERNATIONAL WATCH & DIAMOND BUYERS located at: 12630 CARMEL COUNTRY RD. #114 SAN DIEGO, CA. 92130 is hereby registered by the following owner(s): AMIR GHASEDIAN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernesi J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: SEP 06, 2013 ISSUE DATES: SEPT 26 OCT 03, 10 AND 17, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-027035 BEACH BBQ PRO'S located at: 3634 OLEANDER DR. SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): RALPH SILVA JR. This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenhurg .lr Recorder / County Clerk of SanDiego on: SEP 19, 2013 ISSUE DATES: SEPT 26 OCT 03, 10 AND 17, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-027128 SM00TH SH0TS located at: 5071 1/2 CAPE MAY AVE. SAN DIEGO. CA. 92107 is hereby egistered by the following owner(s): ANDREW E LEV ISON This business is being conducted by: AN INDIVID UAL The transaction of business began on 07/10/2011 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: SEP 20, 2013 ISSUE DATES: SEPT 26 OCT 03, 10 AND 17, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. MESA BLVD. APT 218 SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): SERGI ANASHKO This business is being conducted by: AN INDIVIDUAL The transaction of business began on NOT YET STARTED The statement was filed with Ernesi J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: AUG 26, 2013 ISSUE DATES: SEPT 19, 26 OCT 03, AND 10, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-027155 SIMPLICITY CHIC located at: 2326 LA COSTA AVE. #B CARLSBAD, CA. 92009 is hereby egistered by the following owner(s): CRYSTAL FRIESEN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 09/20/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of SanDiego County on: SEP 20. 2013 ISSUE DATES: SEPT 26 OCT 03, 10 AND 17, 2013



#### San Diego's Welcoming Service "Welcoming Residents & Connecting Businesses"

858.997.6256

Call for complimentary gift packages! newcomerssandiego.com | julie@newcomerssandiego.com



\$695 Exterior only wash & wax Plus hand dry 100% HAND WASH Any Full Service Wash Includes: •windows (inside & out) wash •vacùum • hand dry One Coupon per visit. Expires: 10-11-13

Not valid with any other offer.



1727 Garnet Avenue - P.B. Across from Vons in Plaza Center

not valid with any other

offers or specials. Expires 10/31/13

Complete safety inspection •

858-270-1142 ANY OIL CHANGE includes 30 POINT INSPECTION ANY SERVICE UVER \$150 not valid with any other offers or specials. Expires 10/31/13



**BEACH CRUISER RENTAL** BEACH CRUISER SPECIAL

Not valid w. other offers. Must present coupon at time of purchase. Exp. 11-12-13

#### AIR CONDITIONING/HEAT



#### BATHROOMS



#### CLEANING

#### THE BEST HOUSE CLEANING

**Good References (local)** 18 years of experience Call to schedule a FREE estimates 619.508.5565 Dennise 619.316.5639 Aida



#### **Cleaning Service** by Cecilia Sanchez Family owned & operated 15 years experience.

Office, residential & vacancy cleanings #1 vacation

rental experts

Free estimates & excellent references

> (619) 248-5238

San Diego's Premier House Cleaning and Carpet Cleaning Service

Competitive Pricing. Weekend and same day service.



#### A Perfect Shine **Cleaning Service**

APerfectShine.com 619.269.1745

#### **COMPUTER REPAIR**

#### WE FIX YOUR COMPUTER!

We come to you or you come to us for the low rates!

CALL ROBERT 858-449-1749

#### CONCRETE



Refs/Senior Discounts

(858)650-3071

#### CONSTRUCTION

#### **CONCRETE MASONRY**

STRUCTURAL & DECORATIVE BRICK • BLOCK STONE • TILE **CONCRETE** DRAINAGE WATERPROOFING

30 years experience

References & Portfolio carsonmasonrysandiego.com

WILLIAM CARSON

(858) 459-0959 cell: (858) 405-7484



Enhance Your Living Space with Gary Gelbman Home Improvement Repair & Remodel Electrical, Carpentry, Plumbing Decks, Roof Repair, Drywall, Fences, Ceramic Tile 619.889.0604

#### ELECTRICIAN

#### Your Local Electrical Experts

**ROB'S ELECTRICAL SERVICES** 

Boxes/Circuit Breakers Pole/High Voltage Work Indoor/Outdoor Lighting Ceiling/Attic/Exhaust Fans Outlets/Switches/Fixtures Troubleshooting/Lighting Pool/Spa/Jacuzzi Wiring Home Theater Home Automation Electronics **FREE Estimate** 

10% military + senior discounts Over 20 Years of Experience 619.632.7770

#### **GARDENING-LANDSCAPING**



Pavers and Other Hardscape Maintenance and Clean-Ups

 All Phases of Landscape BBB Accredited A+ Rating

**Award Winning Price Competitive** 

pointlomalandscape (619) 523-4900

CA License #783646 Bonded and Insured Free Estimates

#### Gardening One Stop Garden Maintenance eral & Water-Wise Landscaping Irrigation Expert Tree Trimming • Maintenance EE ESTIMATES • SR/MIL DISCOUNTS

FREE ESTIMATES, REFERENCES R&V Ruperto Vazques Landscape

**EXECUTE CALL** (619) 381-9938

Tree Trimming · Hauling · Concrete Wood Fencing · Sprinkler Installation Ph: (858) 573-6950 Cell: (858) 518-0981

P.O. Box 710398 San Diego, CA 92171

#### GARDENING-LANDSCAPING



#### HANDYMAN

#### IJ HOME IMPROVEMENTS

Kitchen Remodeling Room Additions Handyman Services

619-549-6675 Uni

## RENT-A-HUSBAND Handyman with 30 years experience All Trades • Hourly or Bid Prompt, Affordable, Professional

Ask for Bob 858-454-5922

#### AMAZING & AFFORDABLE HANDYMAN!

- 23 years experience in: Home Repair 🔊
- Remodel
- Tile Paint Plumbing

& More

WE TAKE PRIDE IN YOUR HOME!

## 619.760.4169

NATE THE HANDYMAN CAN! ACCOMMODATE ALL YOUR

HANDYMAN NEEDS! FREE ESTIMATES! SR. DISCOUNTS **CALL NATE 619.980.7106** 

#### HAULING

## I LUV JUNK HAULING

You Call-We Haul! No Job Too Small!

Evictions, cleanouts, construction debris, tree trimming, etc.

619-933-4346

Discount ----

#### A VETERAN HAULING Insured · Reliable Best Prices & Free Estimates 10% Discount - Senior & Veteran

Call A Veteran

619-225-8362

## COLEMAN

Office/Residential | Free Wardrobes 7 DAYS A WEEK | FREE ESTIMATES **FAMILY OWNED SINCE 1979** 619.223.2255

™ ¢0 🗐 💋





www.chuckiespainting.com chuckgjr@cox.net CA Lic. #925325



Tel# 619.447.9260 | Cell# 619.647.0919 The Tradition Rolls on!



### "WHEN QUALITY MATTERS" PAINTING SPECIALIST POINT LOMA RESIDENT 619.665.0754 35% OFF SEPTEMBER (any COMPLETE exterior)

eferences to compare pricing to you Sr/Mil Discount www.doubleg2010.com

"COUNT ON US"

#### PLUMBING



#### 24/7 Service



- Back Flow Testing
- Senior Discount • Back Flow Testing
- FREE ESTIMATES

CA LIC # 620126 **858.837.3536** 

#### BILL HARPER PLUMBING.COM

**Licenced Plumber** 

ith years of experience in residential ho Prompt. Professional and Affordable Phone Estimates, Cash Discounts CALL BILL 619-224-0586

Lic #504044

ROOFING



#### **SCIENCE** My Science Agents Project Consulting • Ghost-writing Editing (language and content) • Grants. Specializing in, but not limited to, neuroscience

#### myscienceagents.com TREE SERVICES

and biology. Call for details, customized work orders and quotes: 858.243.6720

#### Crown Point CLIPPERS, INC. TREE SERVICE

FREE ESTIMATES!

 FINE PRUNING & THINNING • ARTISTIC TREE LACING

• Tree & Stump Removal WWW.CROWNPOINTCLIPPERS.COM

(858) 270-1742 Fully licensed and insured. Lic# 723867

#### TILES

#### **CERAMIC TILE** REFINISHERS Specialist since 1984

Mexican/Saltillo **Paver Restoration** 

Cleaning • Stripping • Staining • Sealing

Tile, Grout, & **Caulking Restoration** 

Cleaning • Repair • Grout Coloring

www.ceramictilerefinishers.com 760.751.9765

**JBTile & Stone** 

Ceramic, Porcelain, Glass, Stone

All Types of Installation & Repair

Call 619.823.0222

license #978525

WINDOWS

Inside/Outside Screens & Track Cleaning

Residential Specialist Commercial

Licensed & Insured.

Senior and Military Discounts

Get your **FREE** estimate today! I

(619) 384-7615

Glass

Act

Window

Cleaning

30 years Experience

\_Lic # 687050\_

#### 619-223-1451

Potnt Coma

PRIVATE ROOM AVAILABLE

SENIOR SERVICES

Casa Rasa

#### **NEED CASH?**

#### THRIFT TRADER

Everything \$5.99 or 4 for \$20

**BUY • SELL • TRADE** 

We pay cash for clothing, records, DVDs, CDs, and books

**Pacific Beach** 1416 Garnet Ave. 858.272.7283 Ocean Beach

4879 Newport Ave. 619.222.5011 North Park 3939 Iowa St. 619.444.CASH

San Diego 2947 El Cajon Blvd. 619.261.1744

**IS YOUR PHONE** RINGING? **ADVERTISE!** Call 858-270-3103

#### Feel Safe in Your Own Home BALANCE **SUPPORT** Grab Bars Banisters Railings **SAN DIEGO** GRAB BARS 619.840.7844 www.sandiegograbbars.com

#### What do Hotel Del, Grand Del Mar and Eddie V's have in common?

Professional knife sharpening services done by

## PERFECT EDGE SHARPENING

See us monthly at the La Jolla **Farmers Market** (see Van at entrance)



Sign up for notification at: perfectedge@sti.net 877.908.2191 (Budd) PERFECT EDGE SHARPENING "Voted Best Knife Sharpener in LA"

### GUARANTEED SAFE, NON-TOXIC ORGANIC CARPET CLEANING

## 10% off 1st Service



Green Cleaning of: Carpet

• Tile & Grout

Own pets? "We provide a Safe & Soap Free Green Cleaning • Upholstery or office." See our website below process for your home

Do you suffer from

allergies, asthma?

619.733.1559 BLAKECARPETCLEANING.COM

## **EDUCATION**NOTEBOOK >>

#### MISSION BAY HIGH SCHOOL

• Thursday, Sept. 26, 6 to 7 p.m.: College Night, in the library.

• The Mission Bay High School Alumni Association will be hosting the seventh annual All-Alumni Homecoming Celebration on Friday, Oct. 18 at 3 p.m. This year's event will include VIP tents in the end zone of the field; \$2 tacos donated by the PB Shore Club; Buccaneers merchandise; and prime end-zone seating for the game. MBHSAA will be hosting a silent auction, the major fundraiser of the year. Those interested in sending a donation are asked to contact mbhsaa@earthlink.net for forms and information.

Congratulations to Hannah Tandy, who is one of 23 high school seniors selected from San Diego Unified School District to be selected as a National Merit Semifinalist. Well done!

#### PACIFIC BEACH MIDDLE SCHOOL

• Thursday, Oct. 3, 8 a.m.: PBMS tour. Join PBMS staff and parents for an informational meeting and campus tour. Come see why PB Middle has been named a Spotlight School by the California Association of IB World Schools.

• BeachFest, Saturday, Oct. 5. Are you a beach-area family exploring options for your soonto-be middle-school child? PB Middle offers an award-winning program with highly trained teachers, technology for all, and a one-of-a-kind, globally focused curriculum. Visit the PB Middle booth at BeachFest on Oct. 5 to learn more about the prestigious International Baccalaureate pro-

· Do you know any middle schoolers who like to surf? The PB Locals surf club and team welcome all sixth-, seventh- and eighth-graders who live or attend school in Pacific Beach to join. Contact Kathy Miller Gray at kathymillergray@gmail.com for more information. The deadline for team riders is Sept. 30.

#### **BARNARD ASIAN PACIFIC** LANGUAGE ACADEMY

Barnard Language Academy will be celebrating its grand opening on Sept. 27. The community is welcome. A ribbon-cutting ceremony will take place at 8 a.m. in front of the school with local and international dignitaries, followed by a performance by a dance troupe from Chongching, China.



HARVEST TIME Pacific Beach Middle sends out a big thank you to SDUSD Superintendent Cindy Marten for visiting PB Middle's garden.

"Spending a perfect Sunday morning working in one of our amazing school gardens! I am so inspired by the active and engaged parents co-creating the dream with teachers, principals, students and community group," Marten said. "Everyone pitched in prepping the beds for the fall harvest. School librarian Sally Kaufman is the heart and soul of this tremendous garden club with her students and families. Principal [Ernest] Remillard was right in the dirt with us! They produce certified organic harvest from the garden to serve fresh in the school cafeteria lunch program. Thanks to Mission Beach Rotary Club and Trustee Beiser for supporting School Gardens with tangible, hands-on work."

#### KATE SESSIONS **ELEMENTARY SCHOOL**

Kate Sessions PTO held its annual Day at the Bay at Mission Bay Sportcenter on Sept. 15. More than 100 families celebrated the new school year on paddleboards, paddleboats and kayaks, listened to live music and enjoyed taco plates and desserts. The Kate Sessions PTO appreciates the generosity of parents,

volunteers and the community businesses that support the event and the school. Special thanks to Solar Rain, Bus Stop Gelato, SnoCal Shaved Ice, Tacos & Gorditas, the Mission Bay Farmers Market, Sector 9, Jetpack MoJo, and Mission Bay Sportcenter, its manager Zach Funston and his staff of water-craft counselors.

The Sportcenter donated its facility, equipment and time to



**EASTERN ART** Master Calligrapher Professor Zhou Bin visited with students at Barnard Asian Pacific Language Academy on Sept. 17. This is his second visit to Barnard. Last year, he had the students "paint" on shirts using the ancient art of Chinese calligraphy. This year, he had the children decorate lanterns using their own calligraphy writing.

the school.

#### **PACIFIC BEACH ELEMENTARY SCHOOL**

• Oct. 2: Friends of Pacific Beach Elementary School (FOPBE) meeting, 6 p.m. PBE's parent-teacher organization will be meeting in Room 9. Childcare is provided for school-age chil-

SEE SCHOOLS >> PG. 18

## INTENTIONAL HAPPINESS:

The Howell Foundation Evening Series Continues...

**FALL 2013** 

#### An Evening of Flow & Mindfulness: **Powerful Tools for Increasing Your Happiness**

FLOW: Have you ever been so absorbed in what you were doing that time passes without you noticing? This state of intense focus is called "Flow." Researchers report that people who frequently experience Flow are happier. Flow in your life with John Coffey M.A., M.S.W., Ph.D. Candidate, Claremont Graduate University

MINDFULNESS: Mindfulness is the practice of purposely focusing your attention on the present moment - and accepting it without judgment. Research results indicate that by practicing Mindfulness you can improve both your physical and psychological health. Increasing Mindfulness in your daily life with Steven Hickman, Psy.D, Director of the UCSD Center for Mindfulness.

October 8, 2013 6:00-7:30 pm

**SPRING 2014** 

#### An Integrative Approach to Stress Management: Reducing Stress & Increasing Happiness

We all experience stress in our daily lives that diminishes happiness. But how we cope with stress and how stress affects our mental and physical health differs from one individual to the next. The biological response to stress differs in men and women and there are gender differences in effective methods of coping with stress. Learn how the concept of "relational wellness" influences stress management and how "Western" and 'complimentary" medicine can be integrated to reduce stress for men and women. Learn simple, "hands-on" stress management techniques to incorporate into your daily life with Tahir BhaW, M.D., Integrative Psychiatrist and Wellness Physician, UCSD and Carole Banka, Ph.D., Dept. of Medicine, UCSD.

March 18, 2014 6:00-7:30 pm

Where: Liberty Station (Bldg 117) 2875 Dewey Rd.

When: 5:00-6:00pm - Share Your Happiness: Registration & hors d'oevres (cash bar) 6:00-7:30pm - Program begins

To Register online at www.howellfoundation.org

- Register for the two-parts series: \$60 (15% discount)
- Register separately (Oct. or March 2014): \$35 Register at the door if seating available

For more information call 512.858.5250





4370 Pacific Highway, San Diego, CA 92110 On the corner of Kurtz and PCH www.perfectionautobody.net

## In The Schools

#### SCHOOLS » CONT. FROM PG. 17

dren.

- Oct. 5: Pacific Beachfest: PBE will once again have its "crazy hair" booth. Stop by and learn about the great programs at PBE, and get some crazy hair in the process.
- Oct. 6: 2:30 p.m., SSC/GSC meeting in the library.
- The PBE annual Contributions Drive runs from Sept. 20 through Oct. 25. Any and all contributions are welcome. Visit www.fopbe.org for more informa-

#### **MISSION BAY CLUSTER**

• The next Mission Bay Cluster meeting will be Thursday, Oct. 3, 6 p.m., in the PB Middle School library. There will be a presentation on the Common Core Curriculum with a Q&A given by James Michaelian, vice principal of Mission Bay High School. There will also be updates and continued planning for the MB Cluster All-Schools Fair. We will discuss the YMCA progress, as well as the new stadium project at MBHS. Please join us to learn more about the Mission Bay Cluster and help us to continue strengthening our schools.

• Save the date for the Pacific Beach Neighborhood Schools Fair, Saturday, Nov. 2 from 10 a.m. to 12:30 p.m. on the Mission Bay High School campus. Pacific Beach schools have made great changes in recent years, now offering a wide variety of program choices, including International Baccalaureate Programme, a Mandarin-immersion magnet and a Junior Music Academy magnet. Join local families and discover the terrific opportunities offered in our elementary, middle and high schools. Listen to students play music, enjoy food and play games. School principals and

staff will be presenting information and fielding questions.

#### FRIENDS OF PACIFIC BEACH **SECONDARY SCHOOLS (FOPBSS)**

The fourth annual Ducky Derby is Saturday, Oct. 5 from 11 a.m. to 6 p.m. at Pacific BeachFest. Everyone has an opportunity to purchase a ducky (or several!) for the big race. At 5 p.m., all duckies purchased and numbered will be placed into the ocean and the first ones to "swim" to shore will win prizes. You do not need to be present at the race to win and 100 percent of the profits go to Friends of Pacific Beach Secondary Schools to help enhance the experience for students at PB Middle and Mission Bay High. Ducks are on sale for \$5 at PBMS and MBHS school offices and at the FOPBSS BeachFest booth.

#### **MISSION BAY HIGH SCHOOL ALUMNI ASSOCIATION**

The MBHS Alumni Association presents the Seaside Farmers Market every Saturday from 10 a.m. to 2 p.m. in the MBHS Grand Avenue student parking lot. Enjoy unique artisans, delicious food, fresh produce and much more. 100 percent of the profits benefit MBHS.



#### BRING YOUR DREAMS AND YOUR TOOLBOX

Incredible opportunity to own a home in Crown Point

#### **OFFERED AT \$695,000**

All Offers to be presented on Monday, September 30th

3423 Bayonne Drive 92109 4 bedroom 3 bath 2,100 SF TRUST SALE - SOLD "AS IS"

Unfinished basement, large outdoor courtyard, garage and large carport





Suzanne Giannella Suzanne.Giannella@Sothebysrealty.com



**Pacific** 

ocal Expertise. International Reach.

nal Realty Affiliates. An Equal Opportunity Company. Equal Housing Opportunity. Each Office is Independently Ow



**JUST SOLD!** 

3111 Freeman St. Point Loma



Scott & Pam Wehne Cell 619-892-3300 Office 619-255-3182 Fax 855-967-9667

ww.WenheMortgageAndRealty.com

Visit our page on facebook



**IUST SOLD!** 

"Represented Buyer" 776 Sapphire St. Pacific Beach



You are invited! Sunset Champagne Open House on 5 October 5th from 4-7 PM Please stop by to meet Tim Tusa and l team to talk about listing your PB/La Jolla home!



## PHILIP CARRILLO

COASTAL REALTOR

(858) 243-5884

SERVING PACIFIC BEACH AND LA JOLLA FOR OVER 10 YEARS

BUYING OR SELLING? CALL FOR FREE OVER THE PHONE ANALYSIS!

<sup>®</sup>2013 Coldwell Banker Real Estate LLC. Coldwell Banker® is a registered trademark Equal Housing Opportunity, Owned And Operated By a Subsidiary of NRT LLC.



Prudential

BRE#01204419

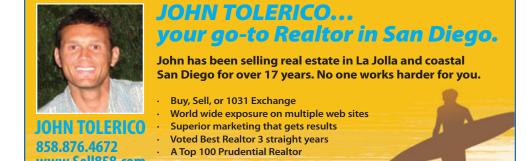


1525 Willow St I \$650,000 - \$689,000

Huge potential in very desirable neighborhood. Three bedrooms / two baths with a finished basement with its own full bath and separate entrance. Original hardwood floors. Views of Bay and Downtown. Walking distance to dining and shopping in the village.

## Are you longing for better service? Please Call Us Today!











#### **NORTH PACIFIC BEACH**

5330 Calle Vista 3 BR / 2.5 BA / 1,875 S.F. \$1,050,000 - \$1,150,000

Fabulous location! Open and airy floor plan with south facing ocean views. Exquisite remodeled kitchen, new custom interior and exterior paint, hardwood floors, and plush carpet throughout. All bathrooms



5079 Pacifica Dr. 3BR / 2 BA / 1,920 S.F. \$1,250,000

Recently renovated with new kitchen, upgraded bathrooms and new flooring.



#### **POINT LOMA**

2930 Chatsworth Blvd. 6 BR / 4.5 BA / 4,767 S.F. \$1,325,000

Stunning three-story, Historic Craftsman with hardwood & custom wood detailing throughout this gorgeous home. Gourme kitchen with butler's pantry, oversized Master bedroom and lap pool.



Elisa Steve | 619.277.5848 | esteve@capitalvantagerei.com REAL ESTATE ADVISOR | CAPITAL VANTAGE REI, INC

CAPITAL # VANTAGE

#### **NEW** in your NEIGHBORHOOD

## COLE TAYLOR MORE

As a division of Cole Taylor Bank, Cole Taylor Mortgage offers you a strong banking foundation.

We combine that foundation with flexibility to provide you with the right mortgage loan product for your individual situation.

Contact us today to learn about the many loan products available to help you.

Call (858) 246-7012 Visit the web coletaylormortgage.com Just stop by 4455 Lamont Street, San Diego

> NMLS #493677 Member FDIC





| LA JOLLA                              |           |               |   |
|---------------------------------------|-----------|---------------|---|
| Sat & Sun 1-4pm                       | 2BR/2.5BA | \$896.000     | Kate Woods • 858-525-2510                 |
|                                       |           | \$1,450,000   | Greg Noonan • 858-551-3302                |
|                                       |           |               | Jeny Hernandez • 858-220-1419             |
|                                       |           |               |   |
|                                       |           |               | Michelle Silverman • 619-980-2738         |
| Sat 1-4pm                             | 5BR/4.5BA | \$1,999,000.  | Lauren Gross • 619-778-4050               |
| Sat 12-3pm                            | 4BR/3.5BA | \$2,299,000.  | David Mora • 619-994-2438                 |
| Sat 12-3PM                            | 5BR/5.5BA | \$4,385,000   | Philip Carillo • 858-243-5884             |
| Sun 1-4pm                             |           |               | Tinker & Buster Mico • 858-454-8144       |
|                                       |           |               | Patricia Denning • 858-449-5899           |
|                                       |           |               |   |
| Sun 1-4pm                             | 2BR/3BA   | \$1,095,000.  | Laleh & Niloo • 858-864-6464              |
| Sun 1-4pm                             | 3BR/3BA . | \$1,100,000 . | Jeana Sander • 858-353-4033               |
| Sun 1-4pm                             | 4BR/3BA . | \$1,249,000 . | Gary Kowalewski • 619-227-8722            |
| Sun 1-4nm 8239 Caminito Lacavo        | 4BR/2.5BA | \$1,285,000   | Melissa Mate • 858-242-2468               |
| Sun 1-4pm                             |           |               |   |
|                                       |           |               |   |
|                                       |           |               | Laleh & Niloo • 858-6464                  |
|                                       |           |               | Renee Gild • 619-339-6000                 |
| Sun 1-4pm                             | 5BR/4.5BA | \$1,999,000 . | Monica Leschick • 858-752-7854            |
| Sun 1-4pm                             | 4BR/3BA   | \$2,600,000-  | \$2,950,876Susana Corrigan • 858-229-8120 |
| Sun 1-4pm                             | 4BR/3.5BA | \$3,475,000   | Carol Doty • 858-997-8151                 |
| Sun 1-4pm                             |           |               |   |
| 3011 1-4piii                          |           | ψ4,333,000 .  |   |
|                                       |           |               | 858-245-5626                              |
| PACIFIC BEACH / MISSION BEACH / CROWN | I POINT   |               |   |
|                                       |           |               |   |

| Fri 3-6 Sat & Sun 1-4pm1475 Be | eryl St3BR2.5E       | BA + guest house | \$999,000-\$1,199,000.  | Philip Carillo    | 858-243-5884 |
|--------------------------------|----------------------|------------------|-------------------------|-------------------|--------------|
| Fri Sat Sun 1-4pm              | oledad Mountain Road | .5BR/3BA         | \$1,079,000             | Mel Burgess •     | 619-857-8930 |
| Sat & Sun 1-4pm                | resham St #B-1       | .2BR/2BA         | \$685,000               | Michelle Graham • | 858-459-0501 |
| Sat & Sun 1-4pm 5330 Ca        | alle Vista           | .3BR/2.5BA       | \$1,050,000-\$1,150,000 | 0Elisa Steve •    | 619-277-5848 |
| Sat & Sun 1-4nm 5079 Pa        | acifica Dr           | 3BR/2BA          | \$1,199,000-\$1,250,000 | D Flisa Steve •   | 619-277-5848 |

#### **POINT LOMA / OCEAN BEACH**

| Sat & Sun 11-4pm | .980 Point St                | 4BR/3BA   | .\$875,000   | Robert Realty • 619-852-8827     |
|------------------|------------------------------|-----------|--------------|----------------------------------|
| Sat & Sun 1-3pm  | .2012 Guizot                 | 3BR/2BA   | .\$925,000   | Narda Stroesser • 619-850-9777   |
| Sat & Sun 1-4pm  | .2930 Chatsworth Blvd        | 6BR/4.5BA | .\$1,325,000 | Elise Steve • 619-277-5848       |
| Sat & Sun 1-4pm  | .2930 Chatsworth Blvd        | 6BR/4.5BA | .\$1,350,000 | Elisa Steve • 619-277-5848       |
| Sat & Sun 11-4pm | .776 Rosecrans St            | 2BR/2BA   | .\$1,875,000 | Robert Realty • 619-852-8827     |
| Sat & Sun 1-4pm  | .1031 Leroy St               | 6BR/4.5BA | .\$2,895,000 | Nicole Van Dobben • 619-206-1159 |
| Sat 1-3pm        | .940 Catalina Blvd           | 3+BR/3BA  | .\$799,849   | Tami Fuller • 619-226-8264       |
| •                | 2186 Historic Decatur Pd #40 |           |              | Mariana Adan • 610-722-7771      |

#### **UNIVERSITY CITY**

....4BR/3BA . . . . . . \$749,000 

#### **CARMEL VALLEY**

#### **NORTH PARK**

.Linda Pasas • 619-977-4650 .\$299.000.



f www.facebook.com/AnthonyatHomeBank

#### SERVING SAN DIEGO FOR OVER 30 YEARS!

• New Purchase, Refinance, Conventional, FHA + VA

• Portfolio Lending, Cash-Out Refinancing - even with more than four properties. Recent Foreclosure or Short Sale, call for details!

CALL ANTHONY MAGANA @ 858.215.1417





www.shopexpressblinds.com (619) 461-2101

Financing OAC

Call for your FREE Estimate!





## REMOCOastal Properties

- ✓ RE/MAX is located in more than 90 different Countries, with more global presence than any other Real Estate Company
- ✓ RE/MAX Listings are displayed around the world in 36 languages and 40 currencies.
  - Visit www.global.remax.com

## FALL into a Brand New Beach HOME!!

New Construction to be completed by end of 2013 $^{\star}$ 



Sail Bay Area These 2 NEW Single Family Homes will be impressive in size, stunning in appearance, and creative in design. Walk to the ocean, jog along Sail Bay, bicycle the boardwalk, watch your favorite game on your private rooftop patio... your new lifestyle awaits!!



Crown Point Shores 2 Homes Left! Cuddle up to bay, mountain, and Downtown views from one of these NEW Single Family Homes. Combined indoor/outdoor living spaces will be approximately 3,000sf. Fireplace on the roof deck, energy efficient solar panels, extensive audio and video pre-wire, and more! Walk across the street to the bay front with sandy beach and bike

trail/walkway around the bay. A short bicycle ride to the oceanfront!



#### 1461 WILBUR, PACIFIC BEACH



street in North PB. Home boasts a 3/2 main house with a 1/1 granny flat, ocean views, oversized master bedroom with ocean views and a private deck, wood flooring, vaulted ceilings in the living room, gourmet kitchen, custom tiled bathrooms. large redwood decks in front and back yards, attached two car garage and lots of green grass for kids to play or for entertaining. If you want North PB, this is the street and block you want to be on! Listed at \$1,125,000.

Remodeled stunner on the best

#### 3991 CROWN POINT DRIVE #319



**Just Sold** Sold at \$595,000



CA BRE Lic #01397371







### 718 Seagirt Ct.

North Mission Beach, this charming 4BR/4BA 1,550 Sq. Ft. single family beach house is perfect for primary living, 2nd home, or a great vacation rental property! Outstanding ocean and beach view! Very convenient and fun location just steps to sand and ocean and walking distance to bay, shops and restaurants! Spacious front patio and two balconies. Fully booked for weekly rentals in summer!

\$1,285.000

**Steve Cairncross** 858-735-1045 www.beachseller.com stevecairnx@gmail.com DRE #0859218

RE//VIEX



858-692-0185



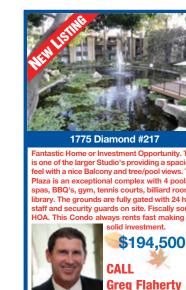
If I can't sell your home in 45 days I will sell it for FREE!

WHAT DO YOU HAVE TO LOSE? Call for details... 🍁



**Beau Trickey** Mobile: 858.334.3019 Office: 858.272.9696 BRE #01473230 XANN'AS







Dane Schareta

(858)504-3263

#### THINKING OF SELLING?

Please contact me for a free. no obligation estimate of your home's current value.

**REMAK** 



Inventory is Falling It's a great time to sell.

Let me help you get top dollar for your home!

THINKING OF BUYING? For a free list of PB homes for sale please e-mail me at danes@remax.net

4444 Mission Blvd., Pacific Beach • (858) 272.9696 www.remax-coastalproperties-ca.com