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SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY, JULY 4, 2013

**BEACHANDBAYPRESS.COM** 



SWING, BATTER Over-the-Line (OTL) competitors take the athletic competition quite seriously. The Old Mission Beach Athletic Club plans to host the annual World Championship Tournament at Fiesta Island on July 13-14 and July 20-21. A lawsuit filed by Freepb.org - if successful - could lead to cancellation of this year's tourney.

#### Lawsuit challenging permit puts event in crosshairs By DAVE SCHWAB

The 60th annual World Championship Over-The-Line (OTL) Tournament, threatened with lawsuit by a Pacific Beach nonprofit organization that is challenging OTL's special-event permit because of the presence of alcohol, might possibly have been granted a reprieve.

Mayor Bob Filner personally stepped into the fray June 27.

"Mayor Bob Filner recognizes that the Over-The-Line Tournament is a longstanding tradition in San Diego and [he] will issue the necessary permit so the event can take place," said a statement from the mayor's office.

The tournament is organized annually by the Old Mission Beach Athletic Club (OMBAC).

The matter remains in limbo, however, because a judge is set to consider an injunction requested by the claimant — Freepb.org reportedly on July 9. Freepb.org alleges it is not getting the same treatment as OMBAC in applying for

# OTL now on the brink of sixth decade of crowd-pleasing fun By JOHNNY MCDONALD

**BATTLE ON THE** SAND The everpopular Over-the-Line tournament draws a mix of ages and athletic skills each year. DON BALCH



The Old Mission Beach Athletic Club (OMBAC) is noted for its national champion rugby teams. But it's a simple softball-and-bat game OMBAC introduced 60 years ago that has become an international favorite. Of course, we are talking about the annual World Champi-

onship Over-The-Line (OTL) Tournament that pits 1,300 teams against one another in a double-elimination tourney on the sands of Fiesta Island.

For two weekends on July 13-14 and July 20-21, com-

SEE OTL >> PG. 4

# Supporters launch new bid to build a YMCA in PB

By DAVE SCHWAB

A move is on to resurrect a decade-old plan to create a new YMCA joint-use facility at Pacific Beach Middle School.

La Jolla and Peninsula Family YMCAs have teamed to enter into negotiations with the San Diego Unified School District. Their plan is to convert three acres at the school at 4676 Ingraham St., including a former library building, into a YMCA.

The new facility adjacent to PB Middle School would include a swimming pool/aquatic center and a soccer arena with an outdoor track and lighted fields. The branch would host health

SEE YMCA >> PG. 3



REBIRTH An old library would be converted to use as a new YMCA facility adjacent to Pacific Beach Middle School if plans for the Y come to

# Experts: Mission Bay not so gross after all, but can be better by ETHAN ORENSTEIN

Contaminant levels have dropped dramatically in Mission Bay, according to studies conducted over the past 12 years. However, it will take continued effort and improvements to keep the bay — and the San Diego River watershed -healthy, said experts during a community forum in Pacific Beach on June 25.

San Diego Coastkeeper brought speakers together to discuss "whether or not Mission Bay is gross" during the forum hosted by the ZLAC Rowing Club. In front of a packed audience, a panel of four experts who work closely with Mission Bay and the San Diego River watershed presented evidence of the bay's

SEE BAY >> PG. 7



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# Area fireworks offer multiple viewing options

The Fourth of July is rapidly approaching and there appears to be no shortage of pyrotechnics and activities to tantalize families this

Of course, SeaWorld's annual Independence Day fireworks continues to be a crowd-pleaser and one of the most visible, popular shows around San Diego.

New in 2013 will be a first-ever evening Fourth of July event at Cabrillo National Monument called "Above the Fireworks." Park officials are inviting families and neighbors to come for the sunset and stay for the gorgeous panorama of fireworks around the bay and park grounds from Cabrillo's majestic

The event is being coordinated by the park's nonprofit partners The Cabrillo National Monument Conservancy and the Cabrillo National Monument Foundation, and takes place between 6:30 and 10:30 p.m. at the monument, located on Point Loma at the south end of Catalina Boulevard. The cost is \$35 per passenger vehicle. For tickets and information, visit www.cnmf.org

There are plenty of other fireworks shows nearby, as well.



**INDEPENDENCE DAY** Fireworks wil light up the at SeaWorld San Diego this Fourth of July in an extended display set to patriotic music, beginning at 9:30 p.m. SEAWORLD COURTESY PHOTO

- The Ocean Beach community fireworks display is set to go off from the Ocean Beach Pier at 9 p.m. and last roughly 20 or 25 minutes.
- The annual "Big Bay Boom," which involves fireworks launched from barges placed near Shelter Island, Harbor Island, the Embarcadero area and Seaport Village, takes place at 9 p.m.
- SeaWorld San Diego will host its extended display set to patriotic music at 9:30 p.m.
- · La Jolla Cove: 9 p.m. Other Independence Day-

related activities:

• Old Town San Diego: 10 a.m. to 4 p.m., an 1800s-themed celebration that includes a parade, crafts and activities of early San Diego. For more information, call (619) 220-5422, or visit www.parks.ca.gov/ oldtown-sandiego.

# 'Eco district' a glimpse of PB's future?

Empowerment. That ability of local communities to make themselves environmentally sustainable was the message delivered at a community town hall meeting on forming an "eco district" for Mission Beach, Pacific Beach and Mission Bay held June 29 at Mission Bay High School.

Eco districts promote sustainable development while striving to reduce a community's ecological "footprint," quantifiable impacts like greenhouse gas emissions.

The June 29 town hall was led by renowned environmentalist Bob Berkebile, who has helped pioneer the sustainable design movement over the past 30 years.

Berkebile helped create the U.S. Green Building Council and its Leadership in Energy and Environmental Design (LEED) standard.

LEED consists of rating systems for the design, construction and operation of high-performance green buildings, homes and neighborhoods.

Berkebile, who has been recognized by presidents Bush and Obama for his work with post-disaster recovery plans, talked about successful efforts nationwide to transforming environmentally wasteful communities into sustainable ones.

"What ultimately the eco district is defined as will be up to the residents," said Berkebile, following his

slideshow presentation. He said communities that convert to sustainable development "increase performance, productivity, well-being and quality of life while reducing operating costs."

"There are enormous opportunities here (San Diego beachfront) for doing this," Berkebile said.

Following Berkebile's auditorium presentation, town hall participants numbering more than 100 broke into small-group sessions to discuss three questions: "What are the community's treasures?" "What are the community's problems?" And "What is missing in the community?"

La Jolla architect Robert Thiele led one small-group breakout session discussing beachfront problems. Gathered around one classroom table presided over by Ramona architect Tim Smith, Pacific Beach Town Council members Greg and Ryoko Daunoras and other community members talked about beachfront issues.

Greg Daunoras said alcohol-related crime is a perennial problem. Ryoko Daunoras was concerned about lack of respect from people trashing the neighborhood. Delores Harker said oversize vehicles parked on public streets is an ongoing dilemma. Kim Schoettle said people need to become more involved in local schools. Peter Ward said there needs to be better coordination among community groups.

By DAVE SCHWAB

After small-group discussions, participants returned to the auditorium to sum up their findings.

The beach and the boardwalk were obvious examples cited as beachfront "treasures." One participant, a young woman named Chelsea, summed up the feelings of many in noting, "There is a sense of community we have in PB."

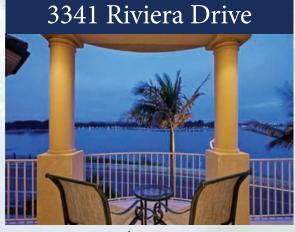
Crown Point resident Mike talked about the diversity in recreation, shopping and dining in Pacific Beach.

Pacific Beach Planning Group chairman Brian Curry said one thing that's missing — and needed — along the beachfront is better coordinated community planning.

"We have so much disjointed planning right now," he said. "Everything from bicycle to pedestrian and transportation plans. What we need to have is a comprehensive strategy as we move ahead."

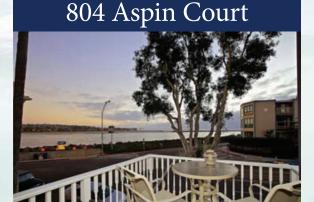
Alissa Nudo of Crown Point said what's missing in Pacific Beach is a "kid- and family-friendly downtown."

Now that the town hall visit from national American Institute of Architects (AIA) volunteers is complete, the next step will be for those volunteers to design a public workshop on eco district formation to occur in October.



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# YMCA >> cont. From PG. 1

and fitness classes and family programming.

"The school district put out a request for proposal (RFP) a year and a half ago and we submitted a proposal and are now in the process of designing a conceptual layout of the space," Vince Glorioso, Peninsula YMCA's executive director, said about the area to be converted — a vacant lot on Felspar Street.

"This would be a joint-occupancy agreement, which means the YMCA would be responsible for overseeing development of the site, but the school district would have joint usage of field space during the school day," Glorioso said.

He added that the old Pacific Beach library building onsite "would be expanded and renovated for a YMCA facility."

"It's a perfect site because of its geography, central to Pacific Beach with a very large, wide-open unused space," said Jennifer Tandy, former chairwoman and current board member of the Mission Bay Cluster of schools, which includes PB Middle.

Tandy said a proposal about 10 years ago to convert part of PB Middle School site for a YMCA failed. But she and others brought the idea back to life about three

years ago.

"I've not heard one dissenting voice in three years," Tandy said.

YMCA officials presented the renewed proposal to the Pacific Beach Town Council on June 19.

"It was a little premature, but the seeds were laid," said Byron Wear, former District 2 city councilman and vice chairman and capital campaign co-chair for Peninsula YMCA.

Wear said the YMCA has since done two studies, one surveying the surrounding community to determine if there's a need for such a facility, and another to determine its fiscal viability. The results of both were positive.

"The studies showed there was a demand for a YMCA in PB and that a community swimming pool was long overdue," Wear said.

As such, there are not plans to develop 20,000 square feet of space for the YMCA, including room for programming and fitness, a swimming pool and a soccer field with a perimeter track.

There definitely is a need for

more soccer-field space in the community, said Tom Schoettle, vice president of Pacific Youth Soccer League, which serves hundreds of boys and girls ages 6 to 17 with both recreational and competitive teams

"We are at capacity and maximizing all the space we have for soccer fields," Schoettle said. "Field space is at a premium in San Diego — Pacific Beach in particular. The need for more field space is real, and will do nothing but grow as the sport grows."

The timing for construction of the new Pacific Beach YMCA is entirely dependent on fundraising for the new facility.

"The YMCA will cost between \$6.5 million and \$8 million, but that's a rough estimate," said Glorioso

Wear said volunteers will soon begin a fundraising campaign to gain community support and secure potential donors.

"We're looking at breaking ground two years from now in 2015," said Wear. "Support is cer-



**ROOM TO RUN** This huge, fenced-in area is proposed for use as a soccer field, with a track around its perimeter.

DAVE SCHWAB

tainly there and we know there's a need for the facility."

The renewed proposal is already creating interest.

"People are so anxious to see it (YMCA)," Tandy said. "They don't really believe it's going to happen. It is going to happen. We really want to get the shovel in the dirt as quickly as we can."

Founded in 1844 in London, the

Young Men's Christian Association (YMCA) is a worldwide organization with more than 58 million beneficiaries from 125 national associations.

Glorioso said San Diego County's network of 20 or more YMCAs and associated facilities is the second largest association of Ys in the nation, behind only New York City.



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# News

# LAWSUIT >> CONT. FROM PG. 1

special-events permits for events where alcohol could be served.

As a result, Freepb.org, which previously opposed the beach alcohol ban imposed by the city several years ago, is challenging the signature sand-and-suds softball tourney set to take place over the weekends of July 13-14 and July 20-21.

The nonprofit group is arguing OMBAC and its OTL tournament gets preferential treatment because OMBAC is not being required to do environmental studies to host the event.

Freepb.org was turned down by the city recently in its own attempt to secure an alcohol permit to host a special event called a Leisure Olympics, which had been proposed for July at Crown Point. "Over-The-Line gets special treatment," said Cory Briggs, an attorney with Briggs Law Corp. representing Freepb.org. "They don't have to follow the rules that everyone else has to follow."

Briggs said the city changed its regulations a couple of years ago requiring that special-event permits "trigger environmental review."

"The city has lost on this issue with fireworks and now with discretionary permits," said Briggs, adding, "It doesn't mean they (OTL) have to do an environmental impact report (EIR). It does mean they have to let the public know, and get input from the public on the extent of any possible environmental impacts."

Briggs said his clients are frustrated because their event — featuring beach games like horseshoes, lawn darts and bocce ball, which would have catered to 150 people rather than OTL's crowd of 50,000 — was turned down.

"We literally photocopied Over-The-Line's application materials and simply changed the name and the day and the participants, agreed to do all the same security, cleanup, traffic and noise — everything OTL agreed to do — and the city says that's not good enough," Briggs said.

John Tefft, vice president of OMBAC, said his group should not be the target of the lawsuit.

"We're somewhat puzzled that we were named as a party when they're actually suing the city," Tefft said. "We understand they're unhappy they didn't get a permit from the city. But it's not our business. We're not in competition with them. We could care less if they have their event."

Tefft said OMBAC has only one request in terms of Freepb.org's lawsuit.

"Leave us out of it. That's all we're asking," he said. "We're not involved in this fight. Let us go about our business and you go about yours."

Tefft said the consequences of shutting down the OTL tournament would be nothing short of catastrophic for OMBAC.

"It's our biggest moneymaker," he said. "All the other events we host basically help keep the lights on. If this tournament were to not happen, we wouldn't be able to turn around and give back to the community. We would take a beating financially. We probably would not be able to fund our charities the next year."

Founded in 1954, OMBAC supports wounded veterans, local youth charities, the American Cancer Society, the Armed Services YMCA, the San Diego Sports Association, police and firefighters.

Tefft said tens of thousands of dollars have already been set down from by OMBAC to promote the tournament.

Briggs assured the intent of

Freepb.org's lawsuit is not to bring the Over-The-Line Tournament down.

"We don't want the event to stop," he said. "But what's slightly more important than their (OMBAC) holding their 60th anniversary event is that the city follow the law, and that the law is the same for everyone. We are more concerned about the persistent, special treatment that Over-The-Line is getting."

Scott Chipman, a spokesman for Savepb.org, a nonprofit that campaigned for the beach alcohol ban and has fought against liquor-license proliferation along the beachfront, said he doesn't find OTL disagreeable.

"Because of the location of Over-The-Line being well away from the beaches, residences and business areas with the proper security, I don't have a problem with the event continuing," he said.

# 11 Critical Home Inspection Traps to be Aware of Weeks Before Listing your Home for Sale

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SAN DIEGO. According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an older home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or worse, turn prospective buyers away altogether. In

most cased, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you revent little problems from grwoing into costly and unmanageable ones.

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Courtesy of Dennis DeSouza Remax Lic. 01220680

# OTL >> CONT. FROM PG. 1

petitors will play from 7:30 a.m. to dusk before an estimated 50,000 frolicking fans. Admission to the event is free.

"We're kinda like dinosaurs," said John Tefft, vice president of OMBAC. "We're doing the same old stuff they were doing with the club 60 years ago. Just having a good time with some laughs. It's a cross between a sporting event and a mardi gras."

OTL entrants travel from Los Angeles and from as far away as Arizona, Utah and Nevada to battle in several divisions.

The TieWraps.com team of Jeff Albritton, Jeff Briggs and David Leyba will be back to defend their men's open crown while the Clairemont Surf Shop Wahines will be seeking a second women's open title. That team consists of Julie Dossett, Carolyn Fisher and Tani Duke.

And, the men's and women's century divisions appear to be wideopen competitions. Tefft said the laughs and extra cheers will come on the first weekend when most of the crowd gathers to watch the opening rounds — a juncture when the less-experienced teams are eliminated. It settles down to serious competition on the second weekend.

As much as the need is for athletic ability, those creative and bizarre unpublishable team names are part of it too. They're whacky, weird and wicked.

"People buy the program just to read the names," said another OMBAC official. "That's a big selling point. If we don't see the humor in a team's name, we'll ask them to come up with another name. Otherwise, we'll give 'em a name that they may not like."

Two teams with three players each will be matched. One player will pitch to another on his own team. Fly balls hit into fair territory without being caught are considered hits. The first three hits in any one inning scores a "run," with additional hits scoring additional runs for each hit.

Games last three to four innings

unless extra innings are needed for tiebreakers. After two extra innings, the team with the most hits wins.

The winning three teams receive rings and trophies.

"It's hard for me to determine who's coming back because we have so many teams playing in so many divisions," said Tefft. "It's a game people can play into their 60s.

"We'll have at least 150 (OMBAC) guys out there every day to keep things running smoothly. Then, we'll file a permit for the next year right after this tourney is completed."

Indicative of OTL's popularity, Tefft said the U.S. military has been known to play the game when off-duty in Iraq and Afghanistan.

"They have plenty of sand in the Middle East," Tefft said.

OMBAC has about 450 members and the activities have broadened to include golf tournaments, rugby, a surf competition, triathlon, softball, horse shoes, youth programs and women's water polo.

OTL serves as the primary fundraising source for OMBAC's year-round charitable programs.

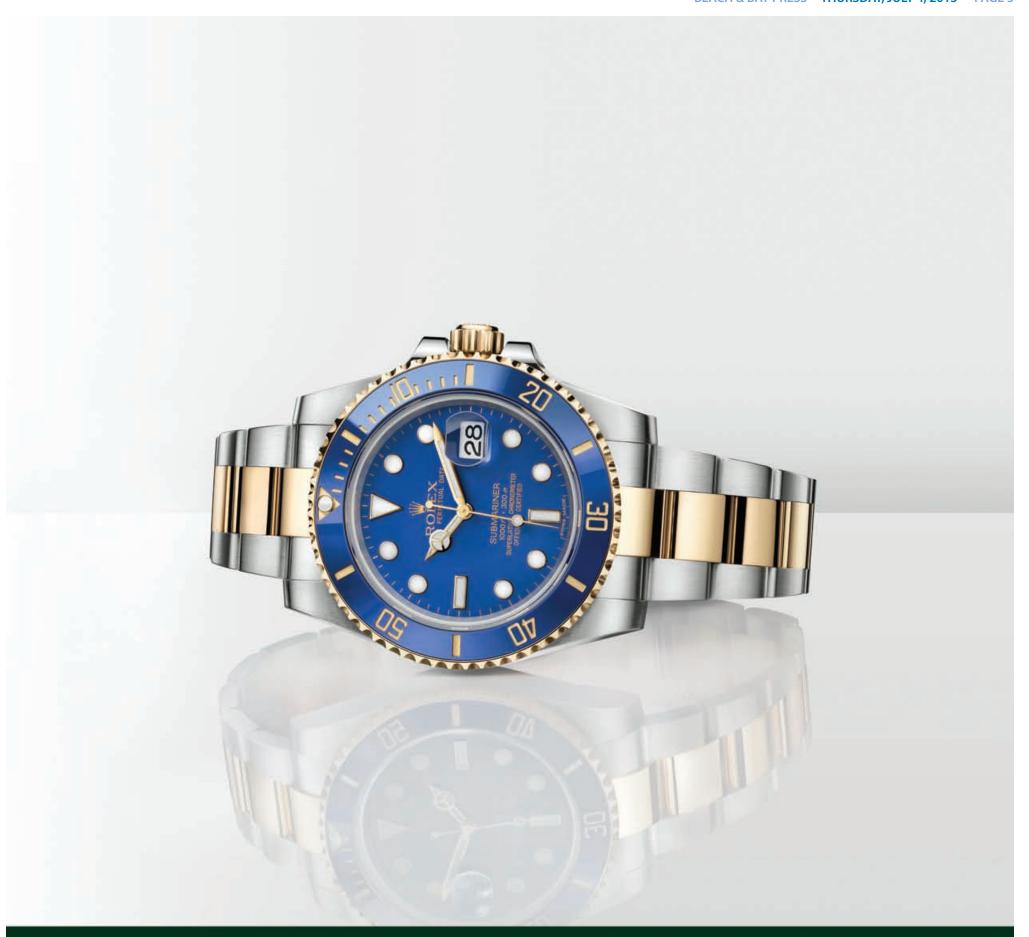




Left to right, Don Mullen PBCF treasure. Sanna Singer PBWC 1st Vice President, Emily Wick, President PBWC and Jim Moore President PBCF.

The Pacific Beach Community Foundation has donated \$1000.00 to the Pacific Beach Woman's Club. This will go towards updating the electrical fixtures inside of the building. And the replacement of carpet.





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# News

# 11 Critical Home Inspection Traps to be Aware of Weeks Before Listing Your Pacific Beach or Mission Beach Home for Sale

PACIFIC BEACH / MISSION BEACH - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

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altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

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# PB Town Council wine-tasting event to be one savory fundraiser By DAVE SCHWAB

The 12th annual wine tasting and silent auction, sponsored by the Pacific Beach Town Council (PBTC) to bolster local schools, is set to take place Sunday, July 14 from 4 to 7 p.m. at Table 926 at 926 Turquoise St.

"It's our main fundraiser," said PBTC director and event spokeswoman Cathie Jolley.

She said past events have funded student scholarships, supported a junior high surf club and purchased high school athletic uniforms.

Community beautification is another beneficiary of the winetasting proceeds.

"We (PBTC) do our annual graffiti cleanup and our monthly beach cleanup with it," Jolley said, adding that a joint fall event with OMBAC, the Pacific Beach Woman's Club and the Mission Bay Rotary Club benefits police, We do our annual graffiti cleanup and our beach cleanup with [funds raised from the wine tasting event].

CATHIE JOLLEY DIRECTOR, PB TOWN COUNCIL

fire/rescue officials and lifeguards as a thank you for their service.

Tickets are \$30, entitling event goers to not only wine tastings but San Diego craft-brewery samples, gourmet appetizers and desserts, entertainment by 98.1 FM and raffle prizes from local merchants.

Donated raffle prizes this year include Disneyland tickets, passes to the Del Mar Thoroughbred Club, Balboa Park museum passes and a one-night stay at Crystal Pier Hotel & Cottages, tickets to the San Diego Symphony Summer Pops, a two-night stay at Campland on the Bay and discounts from local restaurants.

Tickets are available by emailing cathiejolley@hotmail.com.

The Pacific Beach Town Council is also seeking new members. Annual group membership is \$30 for individuals or families, \$50 for businesses.

The Pacific Beach Town Council is a volunteer-based, nonprofit corporation founded by community activists in 1951. The organization has continuously worked toward the general betterment and beautification of the community, providing a forum for discussion of community issues.

For more information, visit www.pbtowncouncil.org.







# BAY >> CONT. FROM PG. 1

current state. Through improved monitoring, enforcement, infrastructure and community effort, the health of Mission Bay has improved since a 34 million-gallon sewage spill in 2000.

"Yes, it has gotten better, but we still need to look forward," said Ruth Kolb, a program manager for the city's Transportation and Stormwater Department.

In 2000, there were 1,480 beach closures in Mission Bay. In response, the city replaced broken sewer lines, improved infrastructure, diverted wastewater and addressed contamination sources, including park restroom management, boat discharge and over-irrigation.

In 2012, there were only seven

beach closures.

The substantial drop in closures was also due to a growing number of volunteers and to education efforts. Mallory Watson, a community engagement coordinator at San Diego Coastkeeper said addressing contamination issues is the responsibility of those along the entire watershed — including inland communities — to protect the waterways and Mission Bay. The more people that become educated, the better things will get, Watson said.

"People around us are becoming very cognizant of, 'Hey I can't leave this on the ground. It's not good for my waterways,'" said Watson. "I think with the level of awareness we have now, and with education, it should only get better, but we can't back away from it at all. It'll go right back."

One sign of progress, according

to Watson, is the decreasing size of the debris found on the beaches. It's more common for volunteers to find small pieces of trash like cigarette butts and plastic pieces than it is to find large, heavy fragments. The smaller waste is often more harmful, but the lack of large debris is a positive thing, said experts.

Watson said 80 percent of the debris found in Mission Bay originates inland, which is the reason why everyone needs to be mindful of what ends up in the waterways through storm drains and runoff, be it solid trash or microscopic organic and chemical contaminants, which affect water quality.

Frequent monitoring and waterquality studies conducted by San Diego Coastkeeper, the city and the Southern California Coastal Water Research Project (SCCWRP) have shown that levels of pathogens associated with sewage and human waste have gone down since 2000.

Based on a 2003 epidemiology study in Mission Bay, SCCWRP microbiologist John Griffith said there is only a very small increase in the likelihood of contracting an illness with water exposure.

"The story is still the same," Griffith said. "The water quality is pretty darn good."

Swimming in the bay is safe, but it wasn't always that way, he said. Continued sampling is absolutely necessary to monitor the levels of pathogens to make sure contamination levels continue to decrease. With sampling technology capable of producing same-day results, it will be possible to identify and solve contamination problems quickly, he

If Mission Bay is to stay healthy and improve, however, Watson said it is up to everyone to contribute. "Every single one of us has a very important role in determining if Mission Bay is gross or not," Watson said. "It's not just one person determining it. It's this collective group we have."

Watson said people should educate themselves, their children and their peers. In addition to volunteering, Mission Bay residents and visitors should make an active effort to clean up the beaches every time they visit. She said if everyone were to get into the habit of picking up three pieces of trash every visit, it would make a tremendous impact.

For more information on the state of Mission Bay and how to get involved, visit www.sdcoastkeeper.org. To check water quality in the bay, see Coastkeeper's Swim Guide app at www.theswimguide.org. To report stormwater pollution, call the city's stormwater hotline at (619) 235-1000.

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# Summer Camps

# Kids experience performing arts at Junior Theatre Camp

Join Junior Theater this summer and experience the wonderful world of performing arts where campers will take classes in acting, dance, and singing.

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To register or for a list of camp dates, descriptions and pricing visit junior theatre.com. Register early as our camps fill quickly.

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For more about San Diego Jr. Theatre call (619) 239-1311.

#### The Peninsula YMCA

The Peninsula Family YMCA offers

day camps all summer long beginning June 12 through August 30. Day camps range from a variety of choices and for youth ages 5-16. There are many new camps to choose from and some returning favorites including ice-skating, gymnastics, swim lessons, field trips to amusement parks and much more.

Kids will grow, discover and explore while making lasting friendships and memories. Camps fill up fast, so please sign up early. To ensure that every child and teen has the chance to go to camp, the Y offers financial assistance to those in need.

To register to either spring or summer camps, please visit peninsula.ymca.org or call (619) 226-8888 for more information.

# ALBION JUNIORS announces Summer Soccer Camps and Fall Season

ALBION JUNIORS Camps are designed to establish a strong foundation for the player. Players will train under the guidance of Albion SC Staff throughout the camp. Through 3 days of fun, skill building and training we will see the players enjoy and begin to learn key skills to playing soccer. The players will experience fun soccer related games, skills and touches on the ball,

foundation of soccer skills, fun activities and basics of the game.

ALBION JUNIORS is offering 6 camps this summer. ALBION JUNIORS Fall season registration is now open. ALBION JUNIORS is recommended for all girls and boys, ages 3—7, who have the desire to play soccer in a structured, professional environment with experienced and licensed coaches. There are no tryouts for ALBION JUNIORS. Registration and

the desire is all that is required.
Contact

dan.raeihle@albionsoccer.org for more information. Or call 858-200-7992.

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# **Bite of Boston Opens in Pacific Beach**

Bite of Boston is three family-owned and -operated fast-casual food establishments located in the city of San Diego, the newest of which recently opened in Pacific Beach..

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Thirsty Thursdays: \$2 U Call Its from 9pm-Close \$5.99 1/2 lb Guava Burger & Fries

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Thursday - Family Day: Gelato Buy 2, get 3rd FREE; Kid's Menu 50% off

Friday Pre-Game: Hammerheads & Vietnamese Iced Coffees Buy 1 Get 1 50%

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DRINKS: \$5 off All 60 ounce pitchers, 22 ounce draft for the 16 ounce price, \$4 Fallbrook wines, \$3.50 Wells

All of these specials are available 7 days a week from 4 pm- 7 pm. However, happy hour pricing on food items only goes all night on Monday night.



Happy Monday: Happy Hr. open til Close Mason Jars for the price of pints Double Wells \$3 Skyy drinks

Tijuana Tuesdays 5PM-Close \$5 Chicken Enchilada Plate, Baja Fish Tacos, Chicken Mole, Carne Asada Tacos \$5 Footlong, \$3 Dos XX, \$3 House Margs

Wing Wednesday: 2lbs. of wings for the price of 1 College Night 7pm-close: \$4 Fridays 7pm-close: Large Pizza for the price of a small \$3 Wells and Skyy Drinks \$3 Domestic Bottles

Watch the NBA & NFL Playoffs Here! Also catch MLB Here!

# SD Rowing Club sends 2 boats to national championships

You've probably seen the San Diego Rowing Club (SDRC) boats gliding through the calm waters of Mission Bay, moving in perfect sync, their only sound being that of the small splash of the oars.

During the weekend of June 7-9, five SDRC female athletes took two of those boats (a quad and a single) to Oak Ridge, Tenn. to compete at the US Rowing Youth National Championships. The competition included about 1,300 athletes from top crews across the U.S.

To qualify for nationals, the girls had earned a silver medal at the regional championships in May in Sacramento.

The SDRC women's varsity quad consisted of Christine Buckley, a senior at Francis Parker; Marissa Gibson, a junior at La Jolla High School; Alexandra Tatro, a junior at Torrey Pines High School; and Mariko Kelly, a sophomore at La Country Day. Chloe Bell Hooton, a sophomore at Bishop's School, qualified in the women's varsity single.

At the nationals, the quad competed against top crews nationwide, making it to the highest level, or "A" Final. Here, they fought other crews alternating between second, third and fourth place. The SDRC competitors placed fourth out of 24 boats, los-

ing the bronze medal by only 1/100th of a second. The single came in fifth in the "B" Final among very strong competition.

The women's varsity team is coached by two-time Gold Medal Olympian Susan Francia, who competed in the 2008 Beijing and 2012 London Games. Francia has brought a strong work ethic, exceptional technique and significant power to the team.

"I am blown away about how self-motivated [the team members] all are," said Francia. "I am incredibly proud of their performance and how hard they raced."

While June marks the end of the season for most rowers, four of the girls are attending US Rowing Junior National Team selection camps to try to qualify for a position on the Junior National Team and compete in the Junior World Championships to be held this summer in Lithuania.

The fifth member, Buckley, was recruited by UCLA and will be rowing for them in the fall.

Six other SDRC men's and women's boats also made the finals at regional competition, but did not advance to the nationals.

Among them was the men's varsity four — all seniors — who placed fourth against top regional crews. The four consisted of Michael Wayne of Cathedral

Catholic, Tristan Jones of Fusion Academy, Harrison Schneider of Torrey Pines High, Danny Sprague of La Costa Canyon and coxswain Andy Hamilton of Torrey Pines High.

Three of the boys will be rowing at top 10 Division 1 collegiate programs next year: Schneider at Yale, Wayne at Northeastern and Hamilton at University of Wisconsin

The men's varsity team is coached by SDRC's director of rowing, Chris Callaghan.

Callaghan is a former member of the US Men's National Rowing team, winning a gold medal in the eight at the 2007 Pan American Games and fourth in the four at the 2006 World Rowing Championships in London.

"As the head coach of SDRC, I am very proud of the growth of this team," said Callaghan. "Our boys and girls have taken their rowing to the next level and they are racing harder than they ever have before."

SDRC was established in 1888 and is located on Mission Bay.

For information on enrollment or summer camps, contact Callaghan at chris@sandiegorowing.org, or visit www.sdrcjrs.com.

— Special submission by the San Diego Rowing Club.











### MARY LOUISE (MACKEY) GUIDRY **BRAEMAR MATRON FO 60+ YEARS**

The sunset of Mary Lou's life was on 05-21-13. She took her freedom flight and soared to the Light. She's home now with Cliff, her beloved husband.; Den, her cherished son; her folks, Lloyd and Magdalena; and, all relatives who went before: the twins Carol n' Karen, Gunther, Shirley, Rodney, Dean and Carol, Al and Venus, Dennis and Anna Mae, Nelson and Ruby. Not to mention her legions of friends. The concept of "Going Home" conjures up wonderful visions of reunions.

Mary Lou was born in Ohio on 03-28-18 and she was 95 at her peaceful passing. She had laid down to take a nap and never woke up.

Her young adult life began with a college scholarship, honoring her high school academic achievements. She graduated with a Bachelor's degree in Education and a minor in History. She was a well-loved school teacher during the war years.

She married Cliff, the love of her life, and after the war they moved their children, Fran and Denny, from Ohio to "God's Country" in Pacific Beach. In 1948 they bought their home on the corner of Cass and Oliver. They had built "Cliff's House of Poultry" at 1837 Garnet that same year and owned and operated their Mom and Pop store for 34 years. Folks used to say, "I wouldn't buy a chicken from anywhere but Cliff's; would you?" They sold organic before its time. Mary Lou was the well-loved Matron of Braemar for 60+ years.

Mary Lou's life was family oriented; child, church, and chicken centered. She was a gentle parent, a happy wife, a church-goer, a neighborly lady, and a BORC (Bayard, Oliver, Redd, and Cass street) party-goer, a cheerful friend, a fun-loving square dancer, a hostess with the mostess, a seamstress par excellence, a conversationalist second to none, and a savvy business woman. After her retirement, her day began at the Eggery with coffee, visiting with Breakfast Buddies, and her favorite thing for dinner was reservations. She loved her kids, grandkids, and great-grand kids dearly. She followed their interests and activities keenlyright to the end. She lived her life doing the "ordinary"... "extraordinarily"!

Mary Lou is survived by her sister, Natalie Lubeck; daughter, Fran Thoreen; daughterin-law, Janell Guidry; grandchildren: Kimberly, Ian, Allison, Brian; great-grandchildren: Kaitlin, Amelia, Richard Marin; godson, David Lubeck; and nieces and nephews: Rich, Terri, Janet, Gary, Nelson, Claudia, Philip, and their families. She will live on lovingly in their hearts and in the hearts of her legions of friends. Her beautiful life was lived with joy and has been celebrated in the Catholic tradition.

# Cool new trend: invention chills warm beverages in seconds By RACHEL HUTMAN

One of life's many inconveniences — being stuck with warm drinks on a hot summer day — is a problem that is finally being addressed.

Created by co-founders Jeff Wheeland of Pacific Beach and Aleksei Naumov and Nicola Hedge of Chula Vista, an invention called TurboCool now represents a revolutionary device designed to cool that favorite canned beverage in a fraction of the time it would take to do in refrigerator or cooler.

The co-founders are now looking for support from the local community to help take the rapidcan-cooler concept from prototype to the manufacturing stage by way of crowd-funding giant Kickstarter.com.

The concept of TurboCool is simple: just add ice, water, the warm canned drink and pump the canister for at least a minute. Presto! Your cold canned beverage is ready to go. What's even better is that TurboCool doesn't require electricity or batteries and is compact and portable, making it useful for a variety of different indoor and outdoor activities.



CHILL OUT A new invention by some local entrepreneurs – including a Pacific Beach man - promises to chill warm beverages in just seconds.

TurboCool can be used for regular 12 oz. canned beers, sodas, juices and iced teas, making it great for the whole family at home, the beach, camping or tailgating. TurboCool can also save space in the refrigerator or reduce the size of coolers needed to lug to the beach or tailgating at Chargers games. Instead of keeping cans constantly cold, they can be kept warm and cooled on demand.

"While camping and waiting for our drinks to get cold in the desert heat, we committed to bringing alive the concept Jeff learned about in a college physics class to cool cans through a spinning motion without shaking up the can," said Naumov.

The three founders worked for more than two years on design, engineering and three-dimensional printing.

With multiple functioning prototypes completed, the team is ready for a full-scale production run of TurboCool with a local San Diego manufacturer. TurboCool recently launched a fundraising round on Kickstarter.com and the founders are now seeking the community's help in reaching their funding goal to begin manufacturing.

needed to reach our goal, and with the help of our neighbors in San Diego we are confident we can do it," said Hedge.

"Only 4,500 contributions are

Hedge said that means 4,500 contributions at \$31 or about 3,500 at a \$39 level.

To visit TurboCool's campaign, visit KickStarter.com and search "TurboCool." To help fund the invention, residents can pre-order a TurboCool and receive other rewards like personalized Turbo-Cools, hosted BBQ events or brewery tours in San Diego, and beach cleanups in the funder's honor.

The link to the 40-day Kickstarter campaign, including a video and photos of the product, can be viewed at kck.st/11xny, or at www.theturbocool.com.

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To commemorate its 10-year anniversary, Seacoast Commerce Bank is offering current and new customers 1.1 percent APY on a 10-month CD and 1.0 percent APY on a liquid money market accounts through July 31, 2013. The rate is guaranteed for 10 months and applies to new money only. A minimum \$50,000 deposit is required.

"With CDs and money market accounts being some of the most desirable deposit options available, this promotion provides customers an opportunity to earn more on their savings," said Richard Sanborn, president and CEO of Seacoast Commerce Bank.

For promotional details or inquiries on interest rates for balances below \$50,000, call 877-531-5745, go to sccombank.com or visit a branch prior to July 31. Branches are located at 11939 Rancho Bernardo Road, Suite 200, San Diego, CA 92128 and 678 Third Avenue, Suite 101, Chula Vista, CA 91910.

Offer Expires July 31, 2013

# Josh White, Flashpants and Astra on tap By BART MENDOZA

# LIVEMUSIC >>

Jazz aficionados will want to hear pianist Joshua White's new Quintet, appearing at Dizzy's on July 11. Originally formed in 2012, this new lineup continues to feature White, alongside alto saxophonist Gavin Templeton, bassist Dave Robaire and drummer Dan Schnelle. The key difference in the new, revamped group is the replacement of trombone with trumpet, courtesy of Hugh Ragin. White is a prolific performer, appearing on local stages in musical configurations, ranging from solo piano to quartet to sideman, but this new quintet allows the acclaimed pianist to stretch out even more.

Performing originals as well as improvisational works, if you're a fan of piano-based music, you won't want to miss the debut of this promising combo.

• Joshua White performs at 8 p.m. on Thursday, July 11 at Dizzy's, 4275 Mission Bay Drive. \$15. www.dizzysjazz.com

Brick by Brick continues its domination of the tribute-band scene with a weekend double header on July 12 and 13. Original music can be a dicey proposition for promoters, but groups that can focus on one classic rock artist are among the biggest draws. In this case, Friday night includes Metallica covers, inspired mariachi band Metalachi, Alice in Chains doppelganger Allison Chains and the Journeymen, dedicated to the music of Journey. Meanwhile, Saturday will spotlight Van Halen copyists Fan Halen, as well as Guns & Roses clones Nuns & Moses. For hardrock fans, this is clearly the weekend's best option.

• Tribute Band Weekend: Friday and Saturday, July 12-13 at Brick by



TICKLING THE IVORY Pianist Joshua White will unleash his musical prowess at Dizzy's on Thursday, July 11.

Brick, 1130 Buenos Ave. 21 and up. \$12-\$15. www.brickbybrick.-

Anyone looking for a twist on the cover-band scene will want to check out Flashpants, appearing at Tio Leos on July 13. The Long Beach quartet plays a mix of 1980s hits, including tracks from Madonna, Duran Duran and Eurythmics, mixing in comedy, costumes and crowd interaction for a night out that's as much a show as a dance or a concert. Notably, the band has no female vocals, instead recasting songs to fit male voices, ending up with a sound not unlike Dexy's Midnight Runners performing the hits of the '80s. If you're jaded by the cover-band scene or just want to kick things up a notch, Flashpants is well worth seeing.

• Flashpants: Saturday, July 13. Tio **Leos,** 5302 Napa Street. 9 p.m. 21 and up. Cover TBD. www.tioleos.com

Boasting a stage that's right on the beach, the Kona Kai's music series is hard to beat. On July 14, blues will be the order of the day with an appearance from the Stoney B Blues Band. Taking advantage of the great weather, music will place from

6 p.m., making this a great place to wind down the weekend before another hard week of work begins. Stoney B and his crew turn out a great mix of originals and classics, but between the great outdoor location and fantastic San Diego weather, it's unlikely anybody will really have the blues at this show.

• Stoney B Blues Band: Sunday, July 14 at the Kona Kai Resort, 1551 Shelter Island Drive. 2 p.m. No Cover. www.resortkonakai.-com

The phrase "progressive rock" may bring to mind the excesses of bands like Emerson, Lake and Palmer, but in the hands of groups like Astra, which appears at The Griffin on July 18, the music is epic and inspiring. Taking a page from groups like Pink Floyd, Tomorrow and Yes, Astra's songs sound like they are taken from a lost early 1970s masterpiece, full of mellotron and affected guitars. The group's most recent album, "The Black Chord," finds the band moving into denser musical territory, but rest assured, for mind-expanding, psychedelic rock, no one in town does it better than Astra.

• Astra: Thursday, July 18 at The Griffin, 1310 Morena Blvd. 9 p.m. 21 and up. \$8. www.thegriffin-





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# **MUSTHEAR** >>

If you're a jazz fan in San Diego, you've likely experienced the wonderful music of trumpeter Gilbert Castellanos. Known for his classic, classy, blue-note sound, Castellanos will add a new twist to his resume on July 20 when he stages a special presentation featuring straight-ahead jazz arrangements of "The Music of Star Wars." For this concert, he'll be joined by an all-star combo featuring tenor saxophonist Brian Levy, violinist Jamie Shadowlight, pianist Joshua White piano, bassist Hamilton Price and drummer Dan Schnelle. The songs here, including works by composer John Williams, are ingrained in the public consciousness, but Castellanos inspired



**GILBERT CASTELLANOS** 

recasting of this soundtrack gives new life to the tunes and is sure to thrill jazz aficionados and film buffs alike.

• GILBERT CASTELLANOS performs at 8 p.m. on Friday, July 19 at Dizzy's, 4275 Mission Bay Drive. \$20. www.dizzysjazz.com

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# The Patio on Lamont Street holds first annual "Canine Comic Contest"

Pups to participate by adorning their favorite Super Hero costume

July 2, 2013 (Pacific Beach) – The Patio on Lamont Street, Pacific Beach's newest home for farm-to-table dishes, craft cocktails, locally crafted beer and pet friendly environment, will hold its first Annual Canine Comic Contest on the morning of Sat. July 13th.

During this fun costume contest, San Diego's "Top Dogs" will strut their stuff to win best super hero or comic book character in celebration of the upcoming annual 2013 Comic-Con International, July 18th-21st. Donations from



the event will go to the San Diego Humane Society and matched by The Patio.

Three winning pups (and their proud owners) will take home \$100, \$50, and \$25 gift certificates. Other fun prizes will also be awarded and dogs will enjoy delicious homemade dog biscuits, baked daily by The Patio's Executive Chef.

Registration and attendance is free, however, only the first 25 tailwagging entrants will be accepted. To enter, please email owner's name, dog's name, and contact information to events@thepatiosd.com.

Pooch participants are asked to arrive dressed as if they were attending their very own Canine Comic "Super Hero" Convention. Judging will be based on personality, originality and overall appearance.

The event begins at 9:30 am with contestant registration and contest beginning at 10:00 am until 11:30 am, in the Allstate parking lot across from the Patio valet station.

For more information about this event, visit the patioon lamont.com/canine-contest.html.







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# QLD TOWN Legan District

# ENJOY THE BEAUTY OF OLD TOWN

### STAGECOACH DAYS: CELEBRATING THE WILD WEST IN OLD TOWN

Old Town San Diego State Historic Park is celebrating travel and transportation in the era of real horsepower at "Stagecoach Days" from noon to 5 p.m. on eight Saturdays in July and August, kicking off on July 6.

Sponsored by Fiesta de Reyes, the free event features a different theme each Saturday such as: Californio Day, Women of the West, Soldiers and Citizens, TwainFest and Taste of the Past.

Attendees will enjoy afternoons filled with activities that reflect life in early San Diego and celebrate the West on the move. Through vignettes, demonstrations, living history activities, stories and songs, visitors will gain an appreciation for early modes of transportation and daily life.

"This Stagecoach Days will be

the best one yet," stated Greg Giacopuzzi. "There is a plethora of added activities for all ages to the event this year so visitors will get a true taste of what Old Town was like in the 1800s."

A special aspect that has been added this year is a passport program featuring collectable bookmarks for each of the Stagecoach Days. Anyone attending the event can go in to the Robinson-Rose Visitor's Center with their passport and collect a bookmark to commemorate the day. Special prizes will be awarded to those who can collect them all. The free passport cards can be picked up at any of the state park and Fiesta de Reyes merchants or at the Robinson-Rose Visitor's Center.

The 2013 Stagecoach Days schedule is as follows:

July 6 – "Games and Amusements" -- In the 1800s, games and amusements were commonly associated with either large celebrations or after-school play days incorporating most of the local townspeople. This day will pay tribute to traditional amusements of the time such as egg races, tug of war and circus performers.

war and circus performers.

July13 -- "Californio Day" Between 1821 through 1848, the
people who lived in Southern California were called "Californios"
rather than Mexicans. Those
unique "Californio" cultural elements will be presented this Saturday such as gambling, paper
flower making and horseback
demonstrations.

July 20 -- ""Women of the West"
-- Women played an important
part in the development of the

West. Some of the daily activities of these women will be demonstrated on this Saturday. Aspects of this day include a quilt walk, a fashion show and carriage rides.

Old Town San Diego State Historic Park, with the support of the Boosters of Old Town and a donation from Fiesta de Reyes, is proud to offer these free activities for adults and children of all ages. The park is located on San Diego Avenue and Twiggs Street in San Diego, and is conveniently located next to the Old Town Transit Center, with Coaster, Trolley, and MTS bus service. Free parking is available at the CalTrans headquarters, just two blocks from the park at 4050 Taylor St.

For more information, go to www.parks.ca.gov/oldtown-sandiego.



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## ANNOUNCEMENTS 100

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## **ITEMS WANTED 325**

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#### **FUTURE LEADERS** Four Pacific Beach Girl Scouts were recognized recently for earning their Girl Scout Silver Awards. Emery Reyna, Kyra Forsythe, Giuliana Valia and Ciara Gray earned the highest award a Girl Scout Cadette can earn, demonstrating they are leaders who are organized, determined and dedicated to improving their community.



# **EDUCATION** NOTEBOOK>>

**SCHOOL AND COMMUNITY NOTES** NORTH PB FOURTH OF JULY **PARADE** takes place at 11 a.m., starting and ending at 1260 Beryl St. Residents are encouraged to decorate bikes, scooters, strollers, pets, kids and themselves. Join in or watch as the annual North

PB Fourth of July Parade rolls

along Beryl and Wilbur streets. Bring a dessert or appetizer to share with neighbors. Lemonade and hot dogs will be provided.

MISSION BAY HIGH SCHOOL **ALUMNI ASSOC.** presents the Seaside Farmer's Market every Saturday from 10 a.m. to 2 p.m. in the student parking lot of Mission Bay High School on Grand Avenue. Enjoy unique artisans, delicious food, fresh produce and much more. All profits go to benefit Mission Bay High.



READY FOR THE FUTURE Mission Bay High graduates will spread out to campuses all over the country now that commencement ceremonies are over. Some of those seniors shown with mentors are, front row: Brett Daly, Thomas Schoettle, Gualter Moura, Tracy La, Danny Nguyen, Jenny Smiley, Denise Pahn; second row: Rusty Mendoza, Daniel Fennel, Bret Linley, Adam Lee, Brett Ambrose, Breylor Grout, Derrick Pham, Jordan Patterson, Garrett Gutstadt, Bridget Beckett and Nikki Zanchetta.

# WHAT'S AHEAD >>

Beach and bay-area events

**SUNDAY, July 14** 

The Pacific Beach Town Coun-

cil's annual Wine Tasting Event the major yearly fundraiser for the council — is set to take place from 4 to 7 p.m. at Table 926, located at 926 Turquoise St. Tickets are \$30 at the door. For more information, call (858) 483-6666, or

visit www.pbtowncouncil.org. **SATURDAYS** 

For 28 years, the Seniors Computer Group of San Diego has been helping seniors learn more about the technology and use it more effectively, while having fun at the same time. Group and individual instruction are offered free of cost at 9:30 a.m. at Wesley Palms Retirement Community, 2404 Loring St. Presentations and questions and answers last until about 11:30 a.m. Dues for members are \$1 a month. The SCG is registered with the state of California as a not-for-profit entity, run entirely by volunteers. For more information, call Tom Sprague at (858) 459-9065, or visit www.scgsd.org.

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