



SAN DIEGO COMMUNITY NEWSPAPER GROUP

Physical therapist Trish Penick is giving disabled dogs a second chance with swim-therapy sessions. Without the therapy, some canines face the possibility of euthanization. Penick is looking for a good Samaritan near the Point Loma, Mission Bay or Clairemont areas to offer use of his or her pool for her therapy sessions two days a week. **SEE PAGE 6**

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THURSDAY, JUNE 20, 2013

BEACHANDBAYPRESS.COM

PB pot dispensaries re-emerge even as city drafts revised law on rules and oversight

By DAVE SCHWAB

Medical marijuana dispensaries, including a handful along the beachfront, are beginning to pop up again, apparently taking advantage of continuing legal uncertainties over the hot-button political issue.

"At least three have opened in Pacific Beach, and it's not just there but all over San Diego," said Tony Franco, broker at Income Property Investors, Inc. covering Point Loma to La Jolla.

A commercial Realtor for a decade along the waterfront, Franco said he has recently noticed a distinct uptick in demand for dispensary locations after a long lull. Full disclosure: Franco writes occasional columns on commercial real estate for the *Beach & Bay Press*.

"In 2009 there were several places for rent for marijuana dispensaries through commercial real-estate leasing."

SEE **DISPENSARIES** >> PG. 5



HAZY SITUATION Although still illegal in the city, some medical marijuana dispensaries are opening storefronts, including at least three in Pacific Beach. The city is redrafting an ordinance addressing rules and oversight.

KENDRA HARTMANN

Public workshops to help shape interconnected bike trails

By MARIKO LAMB

The public is invited to provide input on the proposed Rose Creek bikeway portion of the greater Coastal Rail Trail project on Thursday, June 20 from 6 to 8 p.m. at Mission Bay High School.

The Coastal Rail Trail project is a 40-mile, inter-city system of multi-use paths that would extend from Oceanside to downtown San Diego.

The project will connect major activity centers, including University City, Mission Bay and Pacific Beach.

The Rose Creek Bikeway Path project is a proposed Class I and Class II facility that will connect existing sections of the Rose Canyon and Rose Creek bike paths, filling a two-mile gap in the regional bike network.

SEE **TRAIL** >> PG. 4



Tunnelvision at Windansea Beach

SHOOTING THE TUBE Photographer Jim Grant crawled inside this drainage pipe at Windansea Beach to get this unique shot of the pipe's interior, painted to look like the inside of a wave or "barrel." In the background is the iconic island-themed shade shack and a surfer shredding it up on the waves. For a preview of summer surf conditions and equipment, check out our Bird's Surf Shack column on Page 3.

PB town hall meeting to spark 'eco district' discussion June 29

By ETHAN ORENSTEIN

Local architects and planning groups have teamed up to help plan a sustainable future for Mission Beach, Pacific Beach and Mission Bay Park. A town hall meeting is planned to collect public comment, input and inquiry on Saturday, June 29 from 10 a.m. to noon at Mission Bay High School.

Walter Kanzler, media and outreach chairman of the American Institute of Architects, said the Pacific Beach and Mission Beach "eco districts" will be some of the first in California and around the country, but that the direction the plans take rely on the community.

"An eco district is really just a community that's committed to sustainable principles around energy efficiency, water quality, quality of life and habitat restoration," Kanzler said. "Communities, just like a specific individual project, they have unique characteristics. The amazing thing about this Pacific Beach, Mission Beach area is the wrapped-around Mission Bay Park."

Kanzler said the wetlands, estuaries and



ENVIRONMENTAL STEWARDSHIP Local wetlands, estuaries and river systems that work together and flow into the ocean make water quality a major issue for Pacific Beach, Mission Beach and Mission Bay Park. A town hall meeting is set for Saturday, June 29 to discuss a vision for a proposed "eco district" – some of the first such efforts in California and around the country.

ETHAN ORENSTEIN

river systems that work together and flow into the ocean make water quality a major issue. Finding better ways to manage stormwater runoff and dry-weather runoff can divert pollution from the bay and ocean, creating a healthier environment for both people and wildlife.

Long-term sea-level rise and climate change are also major issues for the coastal communities and efforts to protect oceanfront properties need to start

SEE **TOWN HALL** >> PG. 5



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'IS MISSION BAY GROSS?'

Coastkeeper, rowing club forum to examine ecosystems, water quality

Mission Bay, one of San Diego's most popular destinations, is aptly described as the "largest water park of its kind in the world." Covering more than 4,200 acres and drawing thousands of tourists and locals every day, it is treasured by boaters, wake boarders, stand-up paddlers, anglers and all manner of water-sports enthusiasts.

But urban runoff and uses of the bay cause many to wonder about its water quality and associated health impacts. To clear the fog on the issue, San Diego Coast-

keeper, which works to protect and restore fishable, swimmable and drinkable waters, and ZLAC Rowing Club, America's oldest women's rowing club, will host a free community forum to address the question, "Is Mission Bay Gross?" on Tuesday, June 25 from 6 to 8 p.m. Coastkeeper and ZLAC will welcome community members to ZLAC's clubhouse overlooking Mission Bay at 1111 Pacific Beach Drive as four experts review Mission Bay's ecological history, its current water quality, the city's

Coastkeeper and ZLAC Rowing Club will address questions of Mission Bay's health, including its ecological history and current water quality.

plans for maintaining and improving the bay's health and how individuals can find and fix problems.

San Diego River Park Foundation executive director Rob Hutsel will cover Mission Bay's history and transformation into one of San Diego's principal recreational assets. Hutsel will explore the change of the course of water flowing to the bay from the San Diego River and review water circulation patterns throughout the year in Mission Bay.

Ken Schiff, deputy director of the Southern California Coastal Water Research Project, will review Mission Bay's water quality, including a comparison of how Mission Bay's water quality compares to other water bodies in the region.

Schiff will explain methods used to test water quality, where and how frequently testing is done and



THE STATE OF MISSION BAY A June 25 forum will be hosted by San Diego Coastkeeper and the ZLAC Rowing Club to explore the history of Mission Bay, its current water quality and what can be done to improve it. The forum is titled "Is Mission Bay Gross?"

ETHAN ORENSTEIN

7 Things You Must Know Before Putting Your Point Loma / Ocean Beach Home Up for Sale

POINT LOMA / OCEAN BEACH - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market. As this report uncovers, most homesellers make 7

deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For TopDollar".

To order a FREE Special Report, visit www.MistakeFreePB.com or to hear a brief recorded message about how to order your FREE copy of this report call toll-free (800) 474-3292 and enter 2000. You can call any time, 24 hours a day, 7 days a week.

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what the results can tell us about staying healthy while using the bay.

Ruth Kolb, a program manager for the city's Transportation and Stormwater Department, will recap how Mission Bay got a bad reputation years ago and the steps the city has taken to improve the bay's water quality.

Kolb will also review Mission Bay's current status, as well as what the city does to protect and restore the health of the bay.

Mallory Watson, community engagement coordinator at San Diego Coastkeeper, will dive into

the current problems Coastkeeper sees affecting Mission Bay's water quality and explain how community members can identify, report and improve water quality problems.

At the event, participants will enjoy light appetizers and beverages, along with plenty of food for thought.

The event is free and open to the public.

Prior registration is required because of the limited seating capacity. Visit www.eventbrite.com/event/6836196247.

— Staff and contribution

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Offered at \$5,375,000

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Marijuana dispensaries return to Pacific Beach – for now

By TONY FRANCO

Traveling down Garnet Avenue, you will find retail shops with blacked-out, tinted windows with some kind of neon-green insignia and security guards standing out front. Looking closely, you will realize that these shops, located at 1150 Garnet Ave. (So Cal Holistic Health), 936 Garnet Ave. (Garnet Greens) and 4502 Cass St. (35 CAP), are actually marijuana dispensaries.

Whether legitimate or not, marijuana sales will continue to happen. The question is, "When will lawmakers put aside their moral beliefs, think logically and put into place a plan that will legitimize this already booming business?"

Through the 1960s and 1970s, tattoo shops were controversial along Garnet Avenue. Over time and overshadowed by the number of bars and liquor stores, tattoo shops became less taboo, and the attention shifted toward the question of, "Is there too much alcohol at the beach?"

One minor Labor Day incident led the City Council to adopt an outright ban on alcohol permanently on the beach and bay, instead of proposing a partial ban on alcohol on the beach, say, only on major holiday weekends or a ban during peak summer periods. The alcohol ban passed by a slim margin and tourism started to suffer because San Diegans no longer

have what differentiated their beaches from, say, Orange County or Los Angeles County beaches.

Recently, the focus of city officials has shifted toward marijuana dispensaries. When looking up the three aforementioned marijuana businesses on the California Secretary of State's website, (www.kepler.sos.ca.gov), none of the businesses show up as a corporation or limited liability company.

Dispensaries are known for paying an extremely absurd amount of rent, way above market rates, (I have seen them at \$17,000-plus per month), they employ staff in a difficult job market and dispensaries are willing to pay a tremendous amount in business taxes and licenses. In turn, the high rent paid by dispensaries has a direct impact on the value of a commercial property: the more income a commercial property produces, the more the property is worth.

John Nobel understands this concept more than anyone in Pacific Beach and is willing to take

a risk by renting out to marijuana dispensaries. According to www.FirstLaJollaFinancial.com and real-estate title companies, Nobel owns all three buildings on Garnet Avenue where the dispensaries are located.

Will marijuana dispensaries end up like the alcohol ban on the beach scenario, where lawmakers overreact by banning the shops completely, forcing marijuana sales to go back to the streets? I live on the beach and still see people drinking, only they're using cups from convenience stores to disguise their alcohol. Or will lawmakers finally legitimize the marijuana industry by passing proper zoning ordinances, placing heavy taxes on the distribution of marijuana and come to terms that these businesses do employ people in a market that is plagued by high unemployment? Only time will tell.

— Tony Franco specializes in coastal commercial real estate and can be reached at (858) 717-1697.

What to expect from the summer surf

Hey kids! Here are my thoughts and hopes for the summer that lies before us. Judging by the water temp at this time, I think it's safe to say that we're in for a warm one. With the water temperatures hitting the mid-60s and higher last month, chances of a strong upwelling from powerful west-northwest winds and groundswell mixtures become less likely as each day passes. On the bright side, this means less need for wetsuits and longer surf sessions. On the down side, you can expect more people surfing longer sessions.

Swellwise, the southern hemisphere has remained very active with strong south-to-southwest swell directions continuing to line up before us. Though, as usual, the majority of these more southerly swell directions sweep right past us, the occasional more southwesterly directions will give us some decent days of surf.

Continued weak rounds of west-

Bird's surf scoop



Photo by Goulding/jagmediaproductions.com

Bird Huffman

northwest swell directions will also help to bend some of those steeper south direction swells back into our area.

Equipmentwise, anything goes this summer. Classic longboarding is showing a strong comeback with a lot of young surfers jumping on heavy early 1960s-type surfboards, complete with large "D" fins placed right at the end of the tail. Shapes of these boards are also becoming more piggish, as noses and widths narrow while thickness and hips increase.

SEE SURF >> PG. 5



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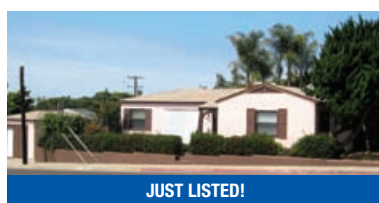
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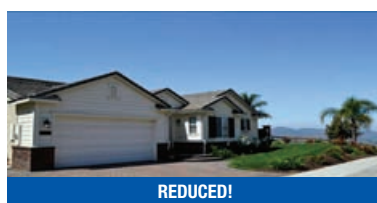
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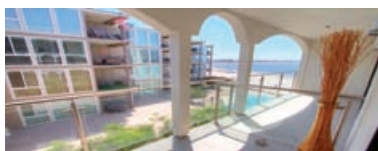


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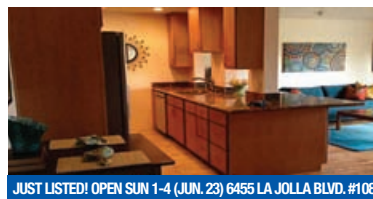
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QUICKHITS >>

Trader Joe's, Staples, CVS site swaps

Reports that Trader Joe's on Garnet Avenue plans to move into the property where Staples Office Supplies is located and that Staples might be considering moving next door to where is CVS Pharmacy is are so far not definitive.

Trader Joe's management in Pacific Beach confirmed it might move to that location in the future, but there are no definite plans, nor a timeline for a move. They also said there are only "vague" details about a possible move to 1650 Garnet Ave.

Staples' management in Pacific Beach said it has no plans to move, however. Unless Staples decides not to renew its lease in two years, there will apparently be no change for either business.

— Keith Antigiovanni

Man stabbed in altercation on Garnet

Investigators are looking into an early-morning stabbing incident that sent one man to a local trauma center with non-life threatening injuries on June 16.

The victim apparently got into an argument with three other men around 1:30 a.m. in the 1600 block of Garnet Avenue. One of the suspects stabbed

the victim in the back and side with an unknown object before he and the other suspects fled westbound in a minivan.

The suspects were described only as three white or Hispanic males.

Volunteers needed for Red Shoe Day

Ronald McDonald House Charities of San Diego is getting ready for its Red Shoe Day fundraiser, an annual collection drive to raise funds for the nonprofit's mission to support families with a critically ill or injured child being treated at local hospitals.

The charity organization is seeking volunteers to staff Pacific Beach and Mission Bay intersections on the morning of June 27 to collect funds for the nonprofit.

Businesses, families, groups or individuals can form teams or join existing teams to participate in one of the most energetic fundraisers in the country. Volunteers are asked to don festive attire and carry the foundation's iconic red shoes as they collect cash donations from La Jollans on their morning commute.

In Pacific Beach, volunteers are needed at the intersections of Garnet Avenue at Mission Bay Drive and Grand Avenue at Lamont Street, as well as Quivira Road at W. Mission Bay Drive.

To register as a volunteer or establish a personal fundraising page to help

support Ronald McDonald House Charities of San Diego, visit www.RMHCS.org/RedShoeDay.

'Socks for Soldiers' drive to aid veterans

Pacific Beach American Legion Auxiliary Unit 552 has again launched its "new sock" drive called "Socks for Soldiers" for the participants of Stand Down.

Stand Down is a community-based intervention program designed to help homeless veterans combat life on the streets after giving so much to their country. Veterans Village of San Diego will host the event from July 12-14 on the grounds of San Diego High School.

More than 1,000 veterans will be provided food, clothing, showers, beds, medical/dental care, legal advice and more during the three-day event. Pacific Beach American Legion Auxiliary Unit 552 is committed to donating hundreds of pairs of new socks to veterans — one of the items the homeless men and women veterans need most.

Bins are located in five Pacific Beach/Mission Beach locations:

- VFW Post 5985: 853 Turquoise St. (near La Jolla Mesa Drive);
- Jane Swan Hair Salon: 5151 La Jolla Blvd. (near Turquoise Street);
- Tap Fever: 683 Turquoise St. (near La Jolla Mesa Drive);
- Union Bank: 1706 Garnet Ave. (at

Jewell Street); and

• Olive Café: 805 Santa Clara St. (corner of Mission Boulevard).

Collection runs through July 8.

For more information, call (858) 488-3631, or email nancylperson@gmail.com.

SeaWorld offers free admission to military

SeaWorld is honoring the men and women of the U.S. armed services through its "Waves of Honor" military salute program through 2013.

The program provides free admission to the SeaWorld and Busch Gardens parks and Sesame Place for servicemen and women and as many as three direct dependents. Created in 2001, the program has awarded more than 6.7 million theme park tickets to servicemembers and their families.

Any active duty military, activated or drilling reservists, or National Guardsman representing any of the five service branches is entitled to one complimentary admission to one of the participating parks under the program. He or she need only register, either online at www.WavesOfHonor.com or in the entrance plaza of a participating park, and show a valid active military identification. All dependents 10 and

SEE BRIEFS >> PG. 5

How to get the most money for your home

SAN DIEGO. Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life. And once you have made that decision, you'll want to sell your home for the highest price in the shortest time possible without compromising your sanity. Before you place your home on the market, here is a way to help you to be prepared as possible.

To assist home sellers, a new industry report has just been released called "27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar." It tackles the important issues you need to know to make your home competitive in today's tough,

aggressive marketplace.

In this report you'll discover how to avoid financial disaster when selling your home. Using a common-sense approach you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1023. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW.

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TRAIL >>

CONT. FROM PG. 1

Locally, the path would begin at the north end of Santa Fe Street and connect to the existing bike path at Damon Street and Mission Bay Drive near the Mike Gotch Memorial Bridge over the Rose Inlet.

Other scoping and public input meetings have already been taking place.

Residents, cyclists and public works officials gathered for a community workshop at the Nobel Recreation Center on May 29 to zero in on the most preferred route for 10 miles of proposed multi-use bike paths spanning from Carmel Valley Road to Gilman Drive. The 10-mile segment is part of the greater Coastal Rail Trail project.

"The regional bike plan has some overarching goals," said Chris Carterette, active transportation planner at the San Diego Association of Governments (SANDAG). "The primary one is to increase the number of people riding bikes — of all ages and abilities — and try to develop a more safe network."

The vision includes the creation of what Carterette calls "complete" streets — ones that are beneficial for pedestrians, cyclists and drivers alike from Oceanside to downtown San Diego.

The cities of Oceanside, Del Mar, Carlsbad, Encinitas, Solana Beach and San Diego have each entered into a memorandum of under-

standing (MOU) to design and construct segments of the trail within each of their own jurisdictions. The 10-mile segment discussed at the public forum accounts for just the northern half of San Diego's 20-mile commitment under the MOU.

The approximately 40-mile continuous corridor will utilize multi-use Class I, Class II and Class III bicycle facilities, among other innovative routes where needed. Although a 2000 SANDAG report initially proposed the project be a Class I facility running along the railroad right of way, certain constraints and opportunities may alter that original plan, said Mike Singleton, principal at KTU+A, consultant for the city.

"If we don't have a Class I facility throughout like the original Coastal Rail Trail was proposing, we need to have a similar level of experience for the users of that trail system so they feel safe," he said. "We need to look at a variety of types of facilities to actually make all these connections actual work."

Additionally, certain constraints — including ADA compliance, environmentally sensitive areas and street volume and speed — must be considered, and interconnectivity opportunities to alternative modes of transportation, such as the proposed Mid-Coast Trolley line,

Coaster stations and bus stops, must also be factored into the equation to determine the most appropriate route to connect the

points.

Since fall 2012, a broad-based working group of community stakeholders, including representatives from community planning committees, the San Diego Bicycle Coalition, Friends of Rose Creek, Friends of Rose Canyon, UCSD and Walk San Diego, have identified potential corridors that should be evaluated for the multi-use facility.

The group evaluates criteria like user experience, connectivity, safety factors, environmental issues, community impact and costs to determine the most preferred alternative.

The city's technical team will use the input gathered from the workshop to make adjustments to the corridors and segments before bringing the options back to the working group in July. Once the working group shares its input about the revisions, preliminary draft alternatives will be shared in a second workshop, where the public will be asked to provide feedback on the more defined alternatives.

If there is a clear preferred alternative, the selection will again be shared with the working group and the project will move forward to environmental analysis. The working group meetings are open to the public. Meeting dates will be posted online at www.sandiego.gov/cip/projectinfo/featuredprojects/railtrail.shtml.

For more information, contact project manager Chris Carterette at chris.carterette@sandag.org or call (619) 699-7319.

DISPENSARIES »

CONT. FROM PG. 1

he said. “That all died down in 2011-12.”

What killed dispensaries then is what Franco refers to as the “three-headed monster” — the IRS, political attacks on their legality and a law enforcement crackdown by San Diego U.S. Attorney Laura Duffy.

“Dispensaries were attacked from different angles, such as law enforcement seizing landlord’s property,” Franco said, adding that now, with a new, more favorable mayoral administration, the political climate has changed.

“[Mayor Bob] Filner has voiced a pro-[medical marijuana] opinion, which has led dispensaries to be brave again and start opening up retail shops with landlords that are liberal-minded enough to permit them,” Franco said. “Now in 2013, my phone is ringing again with inquiries from operators that want to open up a [dispensary] business.”

Franco thinks that, if done right, the return of dispensaries could be positive.

“If we legitimize these businesses and do proper permitting with construction upgrades, they could be profitable businesses, employ people and be good for the economy,” he said.

Members of beachfront planning groups, like those in Pacific Beach and Bird Rock, which have watched medical marijuana dispensaries emerge in those areas before, have mixed feelings about their return.

“The position of the Bird Rock Community Council has not changed. We are against the location of marijuana dispensaries in our neighborhood,” said advisory group chair Jacqueline Bell.

Public opinion over the dispensary issue is not nearly as clear in Pacific Beach. Brian Curry, chairman of the Pacific Beach Planning Group, said the community remains divided over the issue.

“I’ve entertained many inquiries from PB residents who are very concerned about the

proliferation of dispensaries, who felt that they were not necessarily for sick people that need marijuana to treat their illnesses but for recreational use, which is a problem and an issue,” Curry said. “But there are also some in Pacific Beach who were supportive of them before, think they’re great and are amicable about the possibility of them returning.”

Curry said Pacific Beach planners have not taken a position for or against dispensaries, adding that board members themselves have mixed feelings on the issue. Curry said the planning group has adopted a wait-and-see attitude toward dispensaries.

“There’s probably a reasonable — and rational — way to handle this,” he said. “Hopefully, the mayor and the City Council will figure it out.”

Filner, a medical marijuana proponent, said recently that dispensaries, at present, are not legally permissible in any land-use zones anywhere in the city, and that any that have opened have done so illegally.

“In January, the mayor committed to preserving the status quo regarding it being illegal to site medical marijuana dispensaries in the city of San Diego until the time the City Council adopts a new ordinance,” said Lee Burdick, director of special projects and legal affairs in Filner’s office. “At the same time, [the City Council] asked the mayor to provide them with information, including mapping where medical marijuana dispensaries might be located. They asked for additional cost data regarding licensing, permitting and law enforcement. We are in the process of developing that information, and we hope to return back to the council with that information in the next weeks, at which point the council will decide how to follow up with the community planning groups.”

The questionable legality of dispensaries could be cleared up with a new draft land-use Medical Marijuana Consumer Cooperative Ordinance released recently by the city for public review.

In October 2009, the City Council voted to establish a Medical Marijuana Task Force.

In March 2011, the council voted 5-1 to approve an ordinance allowing medical marijuana dispensaries in designated zones. However, in September 2011 the council voted 7-1 to rescind the ordinance.

But the city is back for a second bite out of the apple. The council on April 22 directed the city attorney to draft a new medical marijuana ordinance using the previously adopted 2011 ordinance as a template.

Medical marijuana dispensaries would not be allowed within 1,000 feet of public parks, churches, schools, child-care centers, playgrounds, city libraries, minor-oriented facilities or other dispensaries.

The newly revised ordinance would add a 100-foot buffer between dispensaries and residential zones, and also prohibit them within 1,000 feet of sensitive “uses” like drug and alcohol rehabilitation centers.

Under the new ordinance, Filner would identify those city departments responsible for issuing permits and developing fee structures for dispensaries. He would also be required to provide a list of community planning groups to be contacted for input on the new land-use dispensary ordinance, as well as providing an analysis of potential zoning impacts, including square footage of use allowed, within each council district.

“Marijuana dispensaries and collectives are illegal in the city of San Diego for two reasons,” said Goldsmith in a written statement. “First, they are a criminal enterprise under federal laws. Second, there is no zoning in the city of San Diego which allows them to exist anywhere. The lack of zoning can be changed by ordinance. Our office drafted an ordinance at the request of the City Council and delivered it to the Mayor and City Council on May 13. The actual adoption of any ordinance regarding marijuana dispensaries is a policy question for the Mayor and City Council to pursue as they see fit.”

Several medical marijuana dispensaries and landlords leasing the buildings to them did not reply to repeated attempts to contact them for this article.

BRIEFS »

CONT. FROM PG. 4

older must present a valid military dependent identification for entry.

See the rules of eligibility at www.WavesOfHonor.com.

PB library sets June, August programs

The summer reading program at the Pacific Beach/Taylor Branch Library is going on now through Aug. 15.

The “Reading is Sooooo Delicious!” program and food drive includes young children, teens and adults, who can win prizes when they log their reading. Register online for the program at www.sandiegolibrary.org.

The food drive is aimed at fighting hunger. Participants encouraged to donate nonperishable food at any San Diego branch library.

For more information, call (858) 581-9934, or visit the Pacific Beach/Taylor Branch Library at 4275 Cass St.

— Marsha Kay Seff

SURF »

CONT. FROM PG. 3

Old and young surfers alike continue to open old doors and push things to new limits, riding hand planes or just plain body surfing with or without swim fins.

Regular performance short boards aren’t going to disappear any time to soon, but look for them to continue to widen and thicken up some. Single-fin surfboards and planing hulls are being looked at more closely while the fish craze continues to taper off. Short, fat and stubby quad fin boards continue to have a wide appeal, with more people than ever finally realizing the importance of fins and their different shapes and foils.

Look for more women, both young and old, on all types of wave-riding vehicles. The pure enthusiasm and stoke that they show harkens back to the early days of surfing when it was just fun to ride a wave on whatever you had with whatever style you could or couldn’t show. I hope their vibe spreads far and wide through the whole surfing realm.

In a nutshell, I think we are in for a warm, fun and exciting summer. If I’m wrong, it certainly wouldn’t be the first time.

Questions or comments for Bird? Email them to ljvn@sdnews.com.

TOWN HALL »

CONT. FROM PG. 1

now to ensure their safety in the future, he said.

Restoring natural habitats, creating public spaces, building better bike routes and easing traffic congestion are some other issues the eco district plan addresses.

Kanzler said there are already a number of individual sustainability projects planned in the area, including a sustainable model block designed with lighting efficiency, renewable energy and native plantings. However, achieving sustainability on a large scale will take a communitywide effort, said advocates.

“It’s a big enough community that you can kind of get your arms around it, but it’s also small enough that you can organize these kinds of town hall meetings and get a core group of people together that can follow these things,” Kanzler said. “Our goal is not to just have the meetings and then produce a report. It’s to have the meetings and inspire people to really want to continue down a road of finding certain things that they’re really excited about and that they want to do in the community.”

Kanzler said it all starts with education and engaging in conversations. At the meeting on June 29, neighbors are encouraged to come with their thoughts and questions. Renowned

environmentalist and sustainable architect Bob Berkebile will attend the meeting to answer questions and help guide the discussion.

“Until you participate in it, you don’t really know what the outcome can be, and somebody like Bob Berkebile can help shape that conversation so people really do get it,” Kanzler said. “I know for sure that this effort is going to bring up a lot of visions that people are really going to create for themselves. What we’re trying to do is get the people in the community to say, ‘This is what we want. This is what matters to us the most.’ And then, by harvesting that information, we’ll be able to create that into some big ideas.”

Kanzler said the big ideas of the future can start with small efforts today. Getting into the habit of recycling and reducing waste is something everyone can do to build a more sustainable future.

“We understand that there are going to be barriers to success with something like this, and the main one is engaging with people so they

feel like they have a vested interest in it,” Kanzler said.

“When there’s a natural disaster, everyone shows up, but with this, there’s really a limited sense of urgency and the difficulty with things like climate change are they happen so slowly that it’s kind of sneaking up on us,” he said.

To learn more, call Kristen Victor at (619) 318-8682, or visit beautifulpb.com/ECODistrict project.



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SUBMISSIONS

Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

OPINIONS

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REMEMBERWHEN?>>

I'VE LOST TRACK of the numerous businesses over the years at this triplex at 1537 Garnet Ave. It held a shoe-repair shop, a barber shop and a card room when I took this picture on Nov. 5, 1979.

I'm wondering if "Nostalgia" and "Antiques" described the players in

the card room. It later got a complete makeover, with Mr. Sushi being the major tenant for quite some time now.

— John Fry may be reached at (858) 272-6655, or by emailing him at mail@johnfry.com.

Animal physical therapist seeks help to rehabilitate paralyzed dogs

By MARIKO LAMB

Thirteen years ago, longtime physical therapist Trish Penick expanded her services from two-legged human clients to furry, four-legged canines through Cutting Edge K9 Rehab, a one-of-a-kind dog rehabilitation service that specializes in swim therapy.

The 18-year Point Loma and Ocean Beach resident started the unique program after seeing a dog swimming in a pool one day. She then started asking around to see if swim therapy was common among local veterinarians.

"I made a few calls to local vets asking if they had ever heard of physical therapy for dogs. Some of them had, but did not know of anyone doing it," she said.

Penick's clients can be in any range of physical states when they come to her for care — ranging from severe cases of paralysis to the



TO THE RESCUE Animal physical therapist Trisha Penick works with canines of all shapes, sizes, ages and abilities in swim-therapy sessions to save pets from euthanization by getting them back into shape. Courtesy photo

common struggles of old age or obesity. Some are perfectly healthy, competitive working or show dogs that cross-train with Cutting Edge K9 to strengthen their bodies and

enhance their performance.

"The most involved are the ones who have had strokes or herniated discs and they are paralyzed. Even when they cannot move at all on land, usually as soon as we get them into the water, they begin moving their legs," she said. "Seniors are another big part of our programs. Many are struggling to take just a few steps and having difficulty getting up and down."

Within just a few sessions, owners are often amazed to see their dog — many of which were slated to be euthanized — become stronger, healthier and even begging their owners to go on a walk.

"They respond very fast," Penick said. "Since it is non-weightbearing, the dogs have no pain like they do when trying to exercise on land. Not only are we working on range of motion, strengthening and cardiovascular conditioning all at once, the cool water keeps the dogs from overheating, allowing for an extended cardio workout."

Some of Cutting Edge K9 Rehab's services include underwater treadmill and massage, modalities, stretching and land-based exercises.

Getting the dogs up to the rehab pool in North County is a struggle, and Penick said she is desperately searching for a homeowner near Point Loma, Mission Bay or Clairemont to offer his or her pool for Penick's dog rehabilitation services two days a week.

"It is too many hours between transporting the dog and the therapy time," she said. "It is heartbreaking not to be able to help these dogs. We are looking to our community to help us help them."

Cutting Edge K9 will pay for pool maintenance, heating during the cold months, equipment upgrades and extend a monthly fee. Ideally, Penick hopes to find a lap pool for use, but she said she is happy to hear from anyone who can offer his or her pool as a viable option.

To offer your pool, call Penick at (619) 227-7802, or visit www.CuttingEdgeK9.com.

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11:00 - 12:10	Stir Crazy's
12:40 - 1:45	Three Cord Justice
2:00	OB Chili Cook-Off Winners Announced
2:15 - 3:15	The Fooks
3:45 - 4:45	Electric Waste Band
5:15 - 6:15	Blackout Party
6:45 - 8:00	Todo Mundo

92107 Stage (OB music: roots, rock, reggae)	
10:00 - 10:40	Black Bottom Pie
11:00 - 11:40	Soul Ablaze
12:00 - 1:00	Brothers Gow
1:30 - 2:30	Lady Luck Revue
3:00 - 4:00	Restoration One
4:30 - 5:30	The Cactus Jacks
6:00 - 7:00	JetWest

Sparkling Ice Stage (acoustic, groove, hip-hop)	
10:00 - 10:40	Arab Spring Reverb
11:00 - 11:40	Kitten With a Whip
12:00 - 1:00	Barl Mendoza and True Stories
1:30 - 2:30	Country Rockin Rebels
3:00 - 4:00	The Mentals
4:30 - 5:30	Chris Leyva and the Central Park 5
6:00 - 7:00	The Hips

Artist Alley Stage (americana, blues, rock, jazz)	
10:00 - 10:40	Lucky Rumba
11:00 - 11:40	The Stolen Hubcaps
12:00 - 1:00	Todd Day Wait
1:30 - 2:30	Neighbors to the North
3:00 - 4:00	Honey Rock
4:30 - 5:30	Sunday Hustle
6:00 - 7:00	Billy Lee & The Swamp Critters

Wonderland Stage (acoustic, groove, hip-hop)	
10:00 - 11:00	Sea Wall Prophets
11:15 - 12:00	Chelsea Flor
12:15 - 1:00	John Tafolla with Dave Millard, Kenny James & Steve Lawshe
1:15 - 2:00	Alan Land
2:15 - 3:00	Kris Wolt
3:30 - 4:30	Destructo Bunny
5:00 - 6:00	The Krass Bros

OB Playhouse (4944 Newport Ave., down hallway)	
12:00	Unidentified Fusion Orangement
1:00	Platypus Egg
2:00	The Orphics
3:00	Danyavaad & The Shimmy Sisters

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MUSIC >>

CONT. FROM PG. 7

BRICK BY BRICK, 1130 Buenos Ave. 21 and up. \$7. www.brick-bybrick.com

A mix of Celtic new age and traditional Celtic music, Keltik Kharma celebrates the release of a new album with a performance at Dizzy's on June 30. Based around the electric violin of Chris Vitas, the night will also feature bassist Jeff Pekarek, guitarist Peter Sprague, drummer Duncan Moore and special guest Lori

Bell on flute and piano. While Keltik Kharma's music technically falls into the world music category, its appeal is much broader, with the virtuoso performances sure to please fans of jazz, progressive rock and instrumental music.

• **KELTIK KHARMA** performs at 7 p.m. on Sunday, June 30 at **DIZZY'S**, 4275 Mission Bay Drive. \$15. www.dizzysjazz.com

Quite possibly the best Fourth of July beach party in town will be at the Kona Kai Resort, with a free appearance by Rockola beginning at 5 p.m. As always, Rockola will play a terrific set of 1960s and

early '70s evergreens, including tunes from the likes of the Rolling Stones, Beatles and Monkees. But what really sets this concert apart is the stage's location right on the beach — a prime location to catch some of the evening's fireworks. The Kona Kai's beach party is a scenic spot to catch a performance right on the sand in the fresh air. Several rows of chairs are available for guests, but dancing at Rockola's show's is encouraged.

• **ROCKOLA** performs at 5 p.m. on Thursday, July 4 at the **KONA KAI RESORT**, 1551 Shelter Island Drive. www.resortkonakai.com

MUSTHEAR >>

Thruster's Lounge rarely has live music, so you know when they do it's going to be something special. They've certainly hit the mark with a CD-release show on June 28 by electronica pop duo Alpha Channel. Allegedly from Saturn, the pair makes music under the names A-Drive and the Square Root of X. "Galactic Party" is their third album, meant to give insight into life on Saturn, from upbringing to high school and beyond. Sounds like a gimmick, but rest assured Alpha Channel has the goods to back things up. Songs with titles like "Robots vs. Humans" and "The Visible



Solar System" are full of vintage-sounding electronics and rhythm machines with a sound somewhere between early Devo and OMD that's both danceable and a lot of fun.

ALPHA CHANNEL performs at 8 p.m. on Friday, June 28 at **THRUSTERS LOUNGE**, 4633 Mission Blvd. Cover TBD. 21 and up. www.thrusterslounge.com.

— Bart Mendoza

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	Happy Monday: Happy Hr. open til Close Mason Jars for the price of pints Double Wells \$3 Skyy drinks	Tijuana Tuesdays 5PM-Close \$5 Chicken Enchilada Plate, Baja Fish Tacos, Chicken Mole, Carne Asada Tacos \$5 Footlong, \$3 Dos XX, \$3 House Margs	Wing Wednesday: 2lbs. of wings for the price of 1	College Night 7pm-close: Large Pizza for the price of a small \$3 Wells and Skyy Drinks \$3 Domestic Bottles	\$4 Fridays 7pm-close: \$4 Selected Drinks	Watch the NBA & NFL Playoffs Here! Also catch MLB Here!	

Pacific Beach resident making waves in the female boxing world

By KENDRA HARTMANN

Local female boxer Danyelle Wolf — whose meteoric rise in the boxing world was featured in the *Beach & Bay Press* on May 12, 2011 — gave us an update on her recent accomplishments and her ongoing goal to make it to the 2016 Olympics in Brazil.

When we last spoke, Wolf had only been seriously boxing for a couple years but was gaining a reputation on the female boxing circuit as a major contender. Her reputation, however, worked against her as other boxers refused to fight her, especially after they would see her 6-foot frame and strong physique. At the time, she had only been able

to schedule four fights — all of which she had won.

Things have turned around, however, Wolf said. She recently returned from Venezuela, where she won the welterweight division at the Continental Championships, which featured top female athletes from North, Central and South America. Before that, she won her division at the USA Boxing National Championships and was invited to join Team USA. She has been visiting training camps, including at the Olympic Training Center in Colorado Springs and has been meeting with sports management companies and sponsors.

"I'm shopping management

right now, updating my website, meeting with a lot of big names," she said. "I met with a lot of people in the [United States Olympic Committee] in Colorado. There have been some crazy good things happening."

Wolf, a Pacific Beach resident, isn't slowing down, either. She's hoping to attend the Women's Golden Gloves National Championships in Florida next month, after which she'll travel to Finland, Ukraine and China with Team USA. Between that, she's hoping to attend several national tournaments, though her biggest obstacle at the moment is funding.

"There are still a lot of tourna-

ments that I have to pay to attend," she said. "I'm hoping to get sponsors to help with some of that."

Meanwhile, she'll be featured in *Pacific Magazine* in July, meet with investors and potential sponsors and keep training hard every day to meet her goal.

For more information on Wolf or to donate funds for her training, visit www.thehungryboxer.com or email dw@wolffit.com.



QUICK HIT Boxer

Danyelle Wolf has been making waves on the boxing scene with her quick rise in the ranks. She is now a member of Team USA and an Olympic hopeful for Brazil in 2016.

COURTESY PHOTO

SPORTSBRIEF >>

PB SOFTBALL LEAGUES SEEK NEW TEAMS FOR SUMMER

San Diego Softball is looking for new co-ed teams for the upcoming summer softball season. League fees for new teams are \$550, plus \$13 per game umpire fees. Fees include field rental and field prepa-

ration, game balls, game and umpire scheduling, postseason play and post-season awards for those players and teams that qualify.

• Co-ed — Sunday evenings in Pacific Beach: three-pitch co-ed leagues play at the Pacific Beach Recreation Center and at the Mission Bay (McEvoy) Youth Field. League play starts on Sunday,

July 21.

• Co-ed — Tuesday and Wednesday evenings in Pacific Beach: slow-pitch co-ed leagues play at the Mission Bay (McEvoy) Youth Field. League begins on Sunday, July 21.

For information or to sign up, call (619) 549-2644, or email contact@sandiegosoftball.com.



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MBHS graduates begin new chapter in young lives



"POMP AND CIRCUMSTANCE" Soon-to-be graduates of the Mission Bay High School class of 2013 wait for their names to be called during commencement ceremonies on the school's football field on June 11. Courtesy photo

READY FOR THE NEXT STEP Graduates wait patiently at the beginning of commencement ceremonies on June 11. About 270 MBHS students graduated from the current class. Courtesy photo



SMILES ABOUND Mission Bay High graduates pause for their moment in the sun after receiving their diplomas. Courtesy photo



WALKING TALL Kyanna Tambrini, one of four valedictorians from this year's graduating class, is honored during the Senior Awards Night recently. The awards were held to recognize academic distinction and students received sashes and ropes to wear for graduation. Courtesy photo

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LOOKING FORWARD Students Kate Sessions Elementary, above, and Pacific Beach Elementary, right, have much to look ahead to in the Mission Bay Cluster following a successful graduation this month.

Courtesy photos



Ready for new heights

Of course, high school graduations were not the only game in town on commencement day. Students from Kate Sessions Elementary School, Pacific Beach Elementary and Pacific Beach Middle School also had their moments of glory in the sun.



BIDDING FAREWELL Girls from Pacific Beach Middle School savor the moment following graduation and pause for a summer break before they return in the fall as newbies at Mission Bay High.

Courtesy photo



A TIME FOR CELEBRATION Boys from Pacific Beach Middle School are all smiles as they show off their graduation diplomas following the recent commencement.

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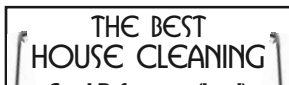
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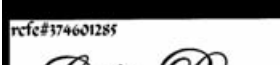
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Mission Bay Cluster IB program showcased to incoming SDUSD superintendent

By KEITH ANTIGIOVANNI

The principals and students of the three international baccalaureate (IB) programs in the Mission Bay Cluster gathered recently at the Pacific Beach Middle School library to present the program's history, process, progress and the overall value to Cindy Marten, the incoming superintendent of San Diego Unified School District.

The three local schools represented were Mission Bay High School, PB Middle and Kate Sessions Elementary.

Marten is set to replace outgoing Superintendent Bill Kowba on July 1 after Kowba announced his retirement in February after three years on the job.

"Cindy Marten was thoroughly impressed and made a commitment to doing whatever it takes to make sure IB continues in the Mission Bay Cluster," said Jennifer Tandy, former chairwoman of the Mission Bay Cluster.

The presentation gave Marten, who last served as principal at Central Elementary, an opportunity to learn more about the IB program, particularly how it has worked within the Mission Bay Cluster. Central Elementary does not currently have an IB program.

Bret Linley, Derrick Pham, Thomas Schoettle and Kyanna Tambrini — this year's valedictorians at Mission Bay High — also attended and reflected on their experience.

"I wasn't expecting some of the challenges from this year but I'm glad that I went through it," said Tambrini. "The IB program helped me feel more confident for college testing and will also pay off when I'm in college."

She spent the last two years as a full-time IB student and will be attending Hawaii Pacific with an emphasis on marine biology.

Schoettle also spent the last two years as a full-time IB student, balancing his studies with athletics.

"It is tough to balance the rigor



SHOW AND TELL Pacific Beach Middle School's IB students present their works to incoming superintendent Cindy Marten. KEITH ANTIGIOVANNI

of the IB program with sports because they are both very time consuming, so you need to be good at time management," Schoettle said.

He will be attending USC's Business School in the fall.

Pham will attend UCLA with a focus on pre-med/biology, while Linley will be up the road at UC Santa Barbara with a focus on eco-

nomic law.

Both MBHS and Kate Sessions wrapped up their fourth full academic year with the IB program while PBMS recently completed its sixth year. The future success of the IB program in the Mission Bay Cluster will depend on "... the support from the school district to keep the program alive and thriving," said Tandy.



TOP OF THE CLASS From left, Bret Linley, Thomas Schoettle, Kyanna Tambrini and Derrick Pham — this year's valedictorians at Mission Bay High — also attended the presentation on the Mission Bay Cluster's international baccalaureate program that was showcased to the school district's new superintendent recently. KEITH ANTIGIOVANNI

Getting a kick out of soccer season

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Beach and bay-area events, June 22-July 14

SATURDAY, June 22

St. Andrew's by-the-Sea Episcopal Church will host its second annual Summerfest from 11 a.m. to 3:30 p.m., featuring live music, children's activities, food, beverages, a silent auction, crafts, face painting and a beer garden. There is a \$5 donation for entry, a \$5 donation for food and a \$5 donation for a drink. Tickets will be available for \$20 for \$25 worth of tickets to multiple activities if you bring in a copy of the event's advertisement in this *Beach & Bay Press* edition. The event will take place at the church, located at 1050 Thomas Ave. For more information, call (858) 273-3022, or visit www.standrewspb.org.

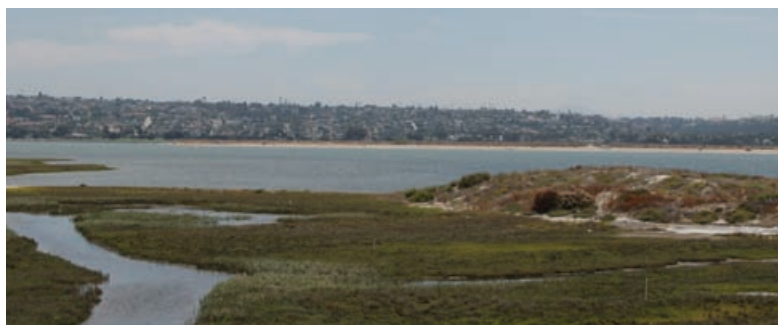
TUESDAY, June 25

San Diego Coastkeeper, which

works to protect and restore fishable, swimmable and drinkable waters, and ZLAC Rowing Club, America's oldest women's rowing club, will host a free community forum titled "Is Mission Bay Gross?" from 6 to 8 p.m. Coastkeeper and ZLAC will welcome community members to ZLAC's clubhouse overlooking Mission Bay at 1111 Pacific Beach Drive as four experts review Mission Bay's ecological history, its current water quality, the city's plans for maintaining and improving the bay's health and how individuals can find and fix problems. To register, visit www.eventbrite.com/event/6836196247.

SATURDAY, June 29

Local architects and planning groups have teamed up to help plan a sustainable future for Mission Beach, Pacific Beach and Mission Bay Park and discuss the possible creation of an "eco district" for the area. A town hall meeting is planned to collect public comment, input and inquiry from 10 a.m. to noon at Mission Bay High School, located at 2475 Grand Ave. For more information, call Kris-



ECO BAY A town hall meeting on June 29 will address the possibility of creating an "eco district" for the area. ETHAN ORENSTEIN

ten Victor at (619) 318-8682, or visit beautifulpb.com/ECODistrictproject

SUNDAY, July 14

The Pacific Beach Town Council's annual Wine Tasting Event – the major yearly fundraiser for the coun-

cil – is set to take place from 4 to 7 p.m. at Table 926, located at 926 Turquoise St. Tickets are \$30 at the door. For more information, call (858) 483-6666, or visit www.pbtowncouncil.org.

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Celebrate Independence Day With An Unforgettable Old-Fashioned Event In Old Town San Diego

Jump Back In Time and Celebrate the Red, White, and Blue in True 1800s-style.

Old Town San Diego State Historic Park is hosting a free, old-fashioned Fourth of July celebration where guests will be able to come and relive the excitement of a 1800s Independence Day celebration. This free event is from 10 a.m. to 4 p.m.

"Come join us and celebrate the Fourth of July in a way that your family will never forget," said Frances McMeeken, the event's organizer. "We will have free activities and games for all ages that date back to the 1800s. This memorable celebration is a family tradition for many

San Diegans."

Guests are encouraged to participate in the parade around the plaza reminiscent of the Fourth of July parades of early San Diego with horses, wagons, and people dressed in historical costumes. Children 12 years and under may enter the patriotic hat-making contest and proudly wear their creation in the parade. Registration for the contest starts at 11 a.m. in the plaza.

Activities start at 11:30 with a welcome address on the stage followed by the a parade around the plaza at 11:40 a.m. . It will be followed by a flag raising ceremony which will include the Marine Corp.

Color Guard and special guest speaker at noon.

San Diego's spoken word group, Write Out Loud, will do a dramatic reading of the Declaration of Independence at 12:20 p.m. and attendees will have the chance to sign a replica of the document. There will also be a quilt raffle drawing by the Historic Quilt Sanitary Commission.

Following the parade, there will be crafts, games, pie-eating contests, and informational demonstrations that represent the activities enjoyed in the 1800s. The stage will be filled with free entertainment such as historic dancing, vignettes, and patriotic music. All of the museums will

be open and, as always, free to the public.

The park is located on San Diego Avenue and Twiggs Street, and is conveniently located next to the Old Town Transit Center, with Coaster, Trolley, and MTS bus service. Free parking is available at the CalTrans headquarters, just two blocks from the park at 4050 Taylor St.

For more information about the Historic Fourth of July celebration, call Old Town San Diego State Historic Park visitor center at 619-220-5422 or visit www.parks.ca.gov/oldtownsandiego.

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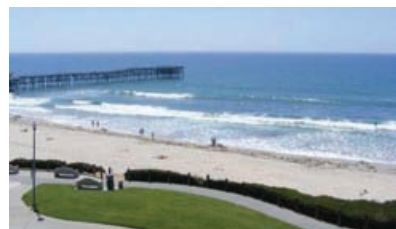
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