

## Helping those who serve us daily

A group of local artists will converge at Bird Rock Arts Gallery on March 23 to display their work, give live art and design demonstrations and receive orders for custom commissioned works at Maker's Fest, a one-day festival celebrating the innovative minds of local creators and their craft. Raffle tickets sold at the event will help fund the revitalization efforts of the SDPD substation in Pacific Beach. **Page 3**



# PACIFIC NISSAN

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## MBHS IB program still gaining steam

By KEITH ANTIGIOVANNI | BEACH & BAY PRESS

The international baccalaureate (IB) program at Mission Bay High School is now in its fifth year, has 19 senior candidates and 160 to 170 students overall taking IB courses.

"The courses are integrated for every student anywhere in the world who is an IB candidate who takes the "Theory of Knowledge" class, which contains the philosophy of the program," said Sam Sample, MBHS IB senior advisor.

The current 19 senior candidates are working on their extended essay to obtain an IB diploma.

"The extended essay is a 3,000 to 4,000 word essay that each IB candidate has to write in order to get an IB diploma and each student can choose the topic and question of their essay," according to IB candidate and MBHS senior Bret Linley.

Linley's extended essay is a comparison of the TV series "Game of Thrones" to English history and how it affected the

SEE **IB**, Page 5



Students are finding a new way to excel with the international baccalaureate program at Mission Bay High School.

Photo by Keith Antigiovanni | Beach & Bay Press



A wild parrot gets a belly full of delicious flora. The parrot populations have returned to the beach communities.

Courtesy photo by Karen Straus, Audubon Society

## Noisy, but beautifully exotic wild parrots call San Diego home

By ETHAN ORENSTEIN | THE BEACON

The flocks of large, green-and-red birds around San Diego may seem unusual, but they're a part of the beach culture now. They're wild parrots.

Though the parrots are not native to San Diego, or California as a whole, they've been

here for a while and are likely here to stay. According to The California Parrot Project, the birds survive on seeds, fruit and nectar from tropical trees and shrubs planted in urban and residential areas in such communities as Ocean Beach, Point Loma, Pacific Beach and La Jolla.

Karen Straus, coordinator of the San Diego

Bird Festival, hosted by the San Diego Audubon Society, said the birds do not migrate, but stay in San Diego year-round. They have established communal roosts around the county that they return to each night. During the day, the birds will fly out to a variety of food sources, depending on the

SEE **PARROTS**, Page 6

## 2012 Biz Awards nominees unveiled; cast your vote!

Discover Pacific Beach has revealed the nominees for the 2012 Business Awards and needs your help to cast the deciding votes for the winners.

The specific awards and nominees are:

• **Heart of PB Award:** This business reflects the true spirit of Pacific Beach and the culture that makes us "PB." Nominees are: Taco Surf, Mr. Frostie and Pacific Coast Bicycle

• **Design and Improvement Award:** This business aesthetically improves the community with unique architecture, attractive storefront and clean-curb appeal. Nominees are: Ciro's Pizzeria & Beerhouse, Heidi's Liquor and Deli, and Surf Monkey Bicycles

• **Newbie Award:** This business is a unique and welcomed addition to the community in 2012. Nominees are: Barre Body, Duck Dive and Pappa Luna's Empanada

• **Business of the Year:** This business represents staying power, growth, innovation and resilience. Nominees are: North Shore

SEE **AWARDS**, Page 5

## Sand matters when it comes to art at the beach

### BOARDWALK BEAT

By ETHAN ORENSTEIN | BEACH & BAY PRESS

It doesn't have to be summer in Mission Beach to build sandcastles. That's what JT Estrela believes.

While his kids are in school, Estrela spends the day building sand sculptures on the boardwalk at the end of Thomas Street.

"I do this mostly because it's a great way to spend the day at the beach and I love it," Estrela said. "I can pick up some extra money. But if I don't, so what? I had a nice day."

Estrela has been making sand sculptures on the boardwalk for about seven months, but it has been a hobby of his for about 10 years. His website, [www.sandiegosand.com](http://www.sandiegosand.com), features some of his work.

He used to be a high school teacher, but when his contract wasn't renewed, Estrela found himself without a job and decided to head to the beach.

"The response to it has been really super-cool. Everybody that comes by is like, 'I love what you're doing.' And that feels good, I'm not going to lie," Estrela said.

Over the summer, Estrela received attention from tourists and locals

SEE **SCULPTURES**, Page 5



JT Estrela puts finishing touches on a sand sculpture in Mission Beach.

Photo by Ethan Orenstein | Beach & Bay Press

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# Young minds blossom with growth of school garden

**By MARIKO LAMB | BEACH & BAY PRESS**

A green movement at Pacific Beach Middle School (PBMS) has done more than just inspire an on-campus garden filled with fresh, organic vegetables that furnish the school's cafeteria. It has also nourished the minds of its young students through multi-disciplinary learning opportunities campuswide.

Four years ago, the first seedlings in PBMS's newly created garden began to sprout for the first time. The following year, under the leadership of librarian Sally Kaufman, a garden club was formed to tend to the nutritional greens in an area that was formerly home to a few less-fruitle bushes.

"It's always a work in progress. We just added another planter, got a bunch of hay from the church that's around the tree and we always try to add new things," said Kaufman. "It's pretty established, but it's always evolving."

She and the 20-something members of the garden club meet after school once a week to tend to the plants, taking part in every stage of the circle of life, from planting new seeds to maintaining a healthy growth environment to harvesting ripe vegetables and herbs. The students are also responsible for brainstorming innovative ways to encourage a vigorous, more prosperous environment, even having to fend off crows or other predators on occasion.

"Everything out there is a project," Kaufman said. "Lately, we've been planting just a little bit each week, but we'll be tending to it, weeding, raking up pine needles or making chicken-wire structures

**"We do some cooking and we talk about eating fresh and organic and those kinds of things, but we really want to pull in more of the classrooms. A garden can be every subject so easily, and there is curriculum for it everywhere."**

**SALLY KAUFMAN**  
Pacific Beach Middle School  
garden club coordinator

because the crows come out there digging for grubs and pulling at our plants."

After three years of digging, planting and watering, students are witnessing the success of the program firsthand, which is evident in the bountiful produce generated in the garden.

"We just started harvesting plants for the cafeteria, which has been really cool," said Kaufman. "We pick it, clean it with the salad spinner and bring it to [cafeteria supervisor] Baba."

More than just getting their hands dirty, the students are learning valuable lessons in agriculture, small business, science, engineering, math and a multitude of additional educational avenues available through the program.

"We do some cooking and we talk about eating fresh and organic and those kinds of things, but we really want to pull in more of the classrooms," she said. "A garden can be every subject so easily, and there is curriculum for it everywhere."

One literature teacher made the garden her classroom by relating how the fictional motif one of the class books, "Seedfolks," applied to

situations closer to home. "We're taking baby steps. We really want science in here. Science is endless, even with them just coming out and looking at the bugs and all the different experiments you can do starting seeds," she said. "For math, students can figure out circumference and depth when we're filling dirt, figuring out how many cubic yards there are in a plot."

From the garden to the salad bar to the classroom, Kaufman's garden club introduces new flavors many students have never tried before, encourages multi-disciplinary learning and invites students to take part in a fun after-school environment to learn and explore.

"It's a real movement of getting fresher produce into our school, and I think San Diego Unified is definitely taking the lead with it. They realize how valuable a garden can be for every subject and how much students can learn," she said. "The experience in the garden is that they're learning firsthand where their food is coming from and they're starting to see the importance of eating organic food that doesn't have pesticides and toxins."

Kaufman said her students are marveled by the fact that they grew the vegetables that nourish the rest of the school with their own hands.

"As I watch these students, they protect the garden. I see them out there during lunch sitting there looking at it, and you can tell they really just have a sense of ownership and pride in it," she said. "And they're learning about everything firsthand. It encompasses everything. A garden is really a classroom."

# Mission Bay Alum leading hot, new Sockers dynasty

**By KEITH ANTIGIOVANNI | BEACH & BAY PRESS**

Mission Bay High School alum and San Diego Sockers team captain Aaron Susi has been an integral part of the three-time defending Premiere Arena Soccer League (PASL) champion Sockers recent success since the franchise returned four years ago.

The Sockers defeated the Detroit Waza 8-6 on March 11 to win a fourth straight PASL title and notch a 14th overall title for the Sockers franchise.

Susi has been a part of three straight PASL titles.

In Susi's 16 years of professional soccer, he has bounced around the professional ranks with stops in Arizona, St. Louis, Wichita, Philadelphia and Northern California. His career has come full circle after being drafted by the San Diego Sockers in 1997 just before the league folded.

The original San Diego Sockers indoor-soccer league franchise was established in 1978, winning 10 of 11 league championships between 1982 and 1992, folding in 1996.

The Sockers were briefly revived in 2001 and lasted until 2004, then revived again in 2009 with the current franchise picking up where the original left off, adding three more championships, a 58-6 regular-season record and the longest winning streak in U.S. professional sports — 48 game-winning streak that was snapped on Jan. 27 in a 6-5 overtime loss to the Dallas Sidekicks. The streak had dated back to Dec. 29, 2010.

After spending its first three seasons at the Chevrolet Arena in Del Mar, the club moved to the Valley View Sports Arena on Midway Avenue, the home arena of the Sockers in its heyday.

Susi's interest in soccer goes back to his youth, when he was influenced by watching his older brother and his brother's friend play. He played at the youth level with the Mission Bay Soccer Club before playing four years for the MBHS soccer team, where he was named CIF and Western League Player of the Year in his senior year in 1992, followed by four years with the San Diego State University soccer team. While at SDSU, Susi led the Aztecs in scoring for three consecutive seasons, was a three-time all-conference and two-time All-American. He currently ranks fifth in SDSU history with 78 points.

His success has carried over into the pros, as he recorded his 500th point on an assist to teammate Eric Wunderle.

In his first four years in the PASL, Susi has 126 points (65 goals, 61 assists) in 50 games.

Susi also works as the Sockers' director of corporate sponsorships.

"You have to start planning for retirement," said Susi. "I'm in the 99th percentile of stepping down after this year."

When asked why he is contemplating retirement despite still playing a high level, he replied, "All the years of running takes a toll. We'll see as we get closer to that time."



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# Bird Rock artists unite for Maker's Fest

By **MARIKO LAMB** | BEACH & BAY PRESS

A group of creatively inspired, community-minded local artists will converge at Bird Rock Arts Gallery on March 23 to display their work, give live art and design demonstrations and receive orders for custom commissioned works at Maker's Fest, a one-day festival celebrating the innovative minds of local creators and their craft.

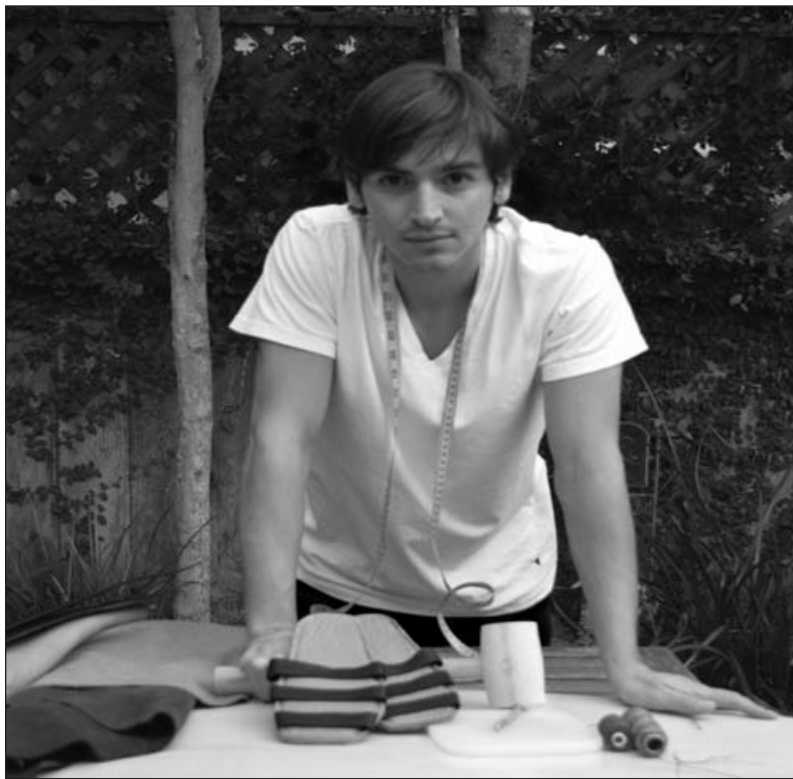
The festival will be brought to life thanks to the collaboration of Bird Rock Arts Gallery owner Maria Parenteau and local artist, gallery advisor and festival director Fernando Pinon.

"It's a great chance to bring artists from across the spectrum into one place to showcase their work and educate the art-loving community of Bird Rock," said Pinon. "Plus, it's the only place in La Jolla where you have such direct and immediate access to a wide range of artists that can produce custom works of art and home décor from sandals to salt shakers."

The family friendly art festival will feature live music by local musician SeaSalt Blondie, a kids community mural painting activity, craft beer and wine by Helms Brewing Company and C.S. Cellars, and live artist demonstrations by local studios including ARHALU, Artist's Roots, My Art Shed, Maker Place, Sherilyn Claves, Maria Parenteau and Wall Flavor Murals.

Raffle tickets sold at the event will help fund the revitalization efforts of the SDPD substation in Pacific Beach. The grand prize raffle winner will receive a \$100 gift certificate to ARHALU for its custom designed, tailor-measured leather sandals and slip-cases.

The free festival is open to the public



Artist Fernando Pinon, pictured, collaborated with Maria Parenteau at Bird Rock Arts Studio to bring creative minds to one place for a good cause. Courtesy photo

and will take place from 10 a.m. to 2 p.m. at Bird Rock Arts Gallery, located at 5785 La Jolla Blvd., Ste. B. For more

information, visit [www.BirdRockArts.com](http://www.BirdRockArts.com) or call (210) 279-0428.



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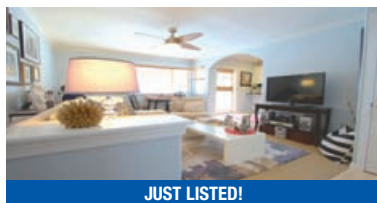
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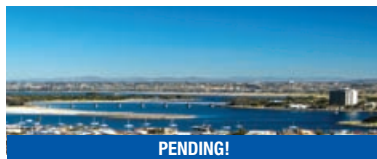
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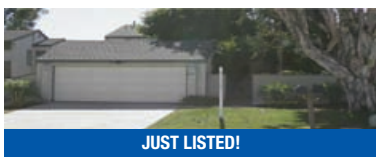
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# \$3.5M facelift in the works for Tom Ham's Lighthouse

By **MARIKO LAMB** | BEACH & BAY PRESS

Tom Ham's Lighthouse — a long-standing fixture on the westernmost point of Harbor Island — has literally been a beacon of bright light along the waterfront for mariners and diners alike for the last 40 years. When Tom Ham first purchased the property, Coast Guard regulations mandated that a beacon illuminate that point on the manmade peninsula.

Through collaboration with the Coast Guard and with a little ingenuity from Ham's architect, Beacon No. 9 was incorporated into the design of the restaurant itself, and an easement was granted to the Coast Guard for the maintenance and operation of the still-functioning lighthouse.

Now, more than four decades later, Tom Ham's daughter, Susan Baumann, husband Larry and their three adult sons — Andy, Tommy and Grant — will modernize major features of the 1971 bayfront restaurant with \$3.5 million in renovations to its interior dining spaces, banquet rooms and exterior facades.

From the outside, Harbor Island passersby will see walls knocked down to accommodate expansive windows and a new outdoor dining patio above the water, drastic changes to the interior dining area that will include an 18-seat bar and adjacent cocktail lounge with panoramic views of the bay and cityscape, as well as the creation of a new wedding court in a semi-secluded corner of the property.

"We did a renovation about 10 years ago, but we were only closed for



The new light-emitting diode (LED) lens is much smaller, but emits a more distinct, clear signal, while also saving the Coast Guard dollars each day on its utility bill.

Photo courtesy of Tom Ham's Lighthouse

about a month. It was never seen in the public's eye as a major renovation. There wasn't enough change. It was more of an update than a remodel," said youngest son Andy. "This is a major renovation, and it's definitely about time. We're getting close to our lease end with the port, so if you make capital improvements on the building, you get a lease extension."

For a \$3.5 million investment and about four months of construction, Tom Ham's gets another 40 years on its lease.

And in the next 40 years, the family-run business will carry on the restaurant's legacy with the myriad strengths of the entire family, including Susan and Larry's sons who — until recently — were pursuing careers in fields like engineering, law and medicine.

"We need to have that family feel in there. Everyone who comes to Bali Hai [also run by the Baumanns] knows Larry, my father. Everybody's met Larry and that's been a big part of the

business is to see the same face when you walk in the door, so it's time to have family over there," said Andy. "Unfortunately, my grandfather died a year after he bought the place, so we haven't really had family there, but now we kind of have an army."

Despite the massive overhaul, the Baumanns intend to embrace the steadfast historic charm of the venerable California marine tradition Ham always envisioned.

"My grandfather was a California historian, and he really embraced the early California discovery and shipping culture," said Andy. "He collected artifacts, and his shipping artifacts are pretty impressive."

Ham's penchant for authentic collectables is visible throughout both the Baumanns' family-owned and operated restaurants. Walking through either is like walking through a cultural history museum, with authentic Polynesian tiki artifacts at Bali Hai and priceless nautical relics at Tom Ham's Lighthouse adorning the walls and display cases.

"Putting together the artifacts ties in the whole theme. Those are the things that are important to us," said Andy. "The architect can design the whole thing, but you have to have those little touches at the end that really tie it all in."

Among Tom Ham's Lighthouse's many maritime artifacts are maps of San Diego Bay dating back to 1890, a genuine fog belt from a lighthouse in Massachusetts and a few leftover ship pieces from San Diego's maritime museum.



Tom Ham's Lighthouse owners Larry and Susan Baumann and manager and son, Andy Baumann.

Photo by Mariko Lamb | Beach & Bay Press

The most striking nautical fixture in the restaurant, however, is prominently displayed near the main entrance in the form of a fully operational beacon warning bay sailors of nearby land.

The lighthouse, too, is getting a modern makeover, with the Coast Guard's recent replacement of its old halogen lens to a cleaner, more energy-efficient LED light.

"The Coast Guard came out last week and changed the light out just like they did at the Point Loma Lighthouse. It's pretty impressive," said Andy. "It's a bright light, and it's a lot smaller than the other one. The old lens was big and it would put out more of a glow. This one is very distinct and

sends out more of a light."

The upgrades to both the lighthouse lens and building renovation are in line with a certain ongoing trend throughout Point Loma, with many improvements at other businesses in the area also under way.

"You can see that everybody is getting to the end of their leases. Everybody's remodeling — Pizza Nova, Point Loma Seafood — everything's getting updated around the same time," he said. "It's fun to be out on the water right now."

Tom Ham's Lighthouse, located at 2150 Harbor Island Drive, is slated to reopen on May 1. For more information, visit [www.tomhamslighthouse.com](http://www.tomhamslighthouse.com).

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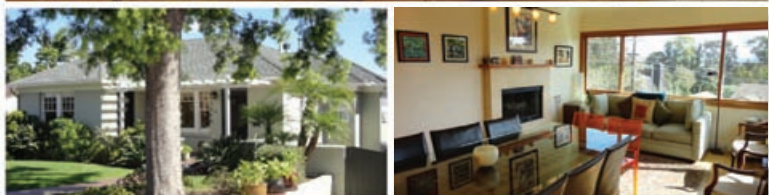
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### FIESTA DE REYES SPRING ENTERTAINMENT SCHEDULE SET

This spring, Fiesta de Reyes offers live, free entertainment every day of the week. The stage, located in the Fiesta de Reyes courtyard, will host a variety of authentic folk-culture performances for the pleasure of diners, shoppers and passers-by. All performances are free and open to the public.

Folklorico dancing will be performed on the Fiesta de Reyes stage Mondays and Tuesdays from 5:30 to 7:45 p.m. and Saturdays and Sundays from noon to 3 p.m. The term folklorico means "folk dance" in Spanish and is a collective term for traditional Latin American dances that celebrate local folk culture. Dancers wear brightly colored costumes reflecting traditional Spanish influence and

dance to music featuring horns and guitars. The dancing groups at Fiesta de Reyes consist of professional dancers, students and young children.

On Wednesdays, Mariachi Divinas, the only all-female mariachi group in San Diego, will occupy the Fiesta de Reyes stage from 5:30 to 7:45 p.m.

On Fridays, the Fiesta de Reyes stage will welcome Luis Max & Blue Moon from 5:30 to 8:30 p.m. The band features music straight from the heart and was influenced by growing up in Mexico. Its sounds are a fusion of Latin, rock and pop music. Rich in Latin percussion with a hint of jazz, it will satisfy even the most sophisticated of musical tastes.

Last and surely not least, Fiesta de Reyes also has a roving house Mariachi band. Los Rios performs every Monday, Thursdays, and Fridays from 12:30 to 3:30 p.m., Thursdays at 5:30 p.m. and Saturdays and Sundays at 3:30 p.m. Los Rios sings traditional mariachi songs, Santana, Kool and the Gang and even Pink Floyd tunes.

Fiesta de Reyes is a lively experience with a permanent party ambiance. It is located at Juan and Calhoun streets, a one-block stroll from the Old Town Trolley Station. For more information call (619) 297-3100 or visit [www.FiestaDeReyes.com](http://www.FiestaDeReyes.com).

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## City launches carton recycling public-education campaign

San Diego City Council President Tony Young, in partnership with the Carton Council, has announced the launch of a comprehensive public-education campaign to promote the addition of food and beverage cartons to the city's recycling program.

The addition of carton packages marks another innovation in the city's successful recycling efforts, with nearly all household containers used by residents now being recyclable. Residents who receive city refuse-collection service should place all empty food and beverage cartons in their blue curbside recycling bin.

Commonly used carton containers include milk and juice cartons, as well as soup, broth and soy-milk cartons.

"San Diego is committed to increasing recycling as part of our efforts for a cleaner and greener city," said Young. "We are excited to partner with the Carton Council to expand our recycling program, and I encourage residents to recycle their cartons."

The initiative will enable the city of to boost its recycling rates. The city currently has a waste diversion rate of 65 percent, and having residents recycle their cartons will help to increase that number, according to officials.

San Diego is part of a national movement of major cities that now

offer curbside residential carton recycling, and is one of the largest cities in California to recycle cartons. This expansion of their recycling program is being supported through a public private partnership with the Carton Council, a collaborative of carton manufacturers committed to expanding carton recycling in the United States.

Carton recycling is becoming increasingly popular across the nation. In 2008, only 18 percent of American households had access to carton-recycling programs. Today, thanks in part to the Carton Council, this number has more than doubled to nearly 40 percent, with more than one in three households now having access. San Diego joins cities in over 40 states representing over 46 million households that now accept cartons as part of their residential curbside collection programs.

"Carton recycling is a win for San Diego's residents and the environment," said Debbi Dodson, representing the Carton Council. "We are excited to be working in San Diego to expand its recycling program, and support education efforts to keep cartons out of landfills and in recycling bins."

To support the initiative, the city and the Carton Council will launch a public-education campaign to encourage residents to recycle their

food and beverage cartons. Key supporters and partners in the campaign include Horizon Organic dairy brand; Silk plant-based natural and organic beverages, and International Delight flavored, liquid non-dairy creamers. Each of these food and beverage product companies utilizes carton packaging, and wants to ensure that consumers recycle these products.

The project's partners will spend the next few months getting the word out to residents to raise public awareness about carton recycling. The campaign will include direct mail, radio promotions, advertising in local community newspapers, outreach at local community events, along with online and social media efforts. Local grocery stores have also committed to distribute informational materials about carton recycling to their customers.

The recycled carton paper fibers are a valuable resource for making new products and consist of some of the highest quality fiber among recyclable products. Consequently, cartons have global demand and are shipped to paper mills, where the paper fiber is extracted to make new products such as paper towels, tissue and even building materials.

For more information, visit [www.recyclingworks.com](http://www.recyclingworks.com).

— Staff and contribution

## AWARDS

CONTINUED FROM Page 1

Printery, Great News! Cookware and Cooking School, and Crystal Pier Hotel. Members of Discover Pacific Beach said they congratulate the nominees as being the businesses that stood out throughout 2012. Discover PB officials said winners will be announced March 15 at the organization's annual Dinner and Awards Casino Night.

Vote for your favorite businesses by

## The Point breaks ground on corner of Ingraham, La Playa

A contemporary new look will soon grace the old Union 76 gas station property at Ingraham Street and La Playa Avenue in Crown Point with the development of The Point, a high-end, three-story project that broke ground on Feb. 7.

The mixed-use apartment and commercial space will house 21 apartments and more than 2,000 square feet of retail space on the 22,500-square-foot lot.

Native San Diego brothers Russell and Scott Murfey, owners of Vertias Urban Properties, and Murfey Construction bought the property from Loma La Jolla LLC for \$1.2 million with an aim to bring higher quality apartment buildings to the area.

The brothers expect the project to be completed by the end of this year.

For more details about the project, see the *Beach & Bay Press* article "High end, mixed-use project taking shape in Crown Point" at [www.beachandbaypress.com](http://www.beachandbaypress.com).

— Mariko Lamb

going online to [www.surveymonkey.com/s/VKR372B](http://www.surveymonkey.com/s/VKR372B).

The winners will be announced aboard the William D. Evans Historic Sternwheeler. Discover Pacific Beach is inviting all business members from

Pacific Beach to join in.

For more information, call Discover Pacific Beach executive director Sara Berns at (858) 273-3303.

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## Which of These Costly Mistakes Will You Make When You Sell Your Pacific Beach Home?

**PACIFIC BEACH** - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become less and less effective in today's market. The fact of the matter is three quarters of homesellers don't get what they want for their home and become disillusioned and worse - financially disadvantaged when they put their home on the market.

As this report uncovers, most

homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely pre-ventable.

In answer to this issue, industry insiders have prepared a free special report entitled "*The 9 Step System to Get Your Home Sold Fast and For Top Dollar*"

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Courtesy of Real Estate Info San Diego CA 01057701

## IB

CONTINUED FROM Page 1

writing of the show.

Senior Alex Biggers is writing his essay on "American Protectionism" and whether or not it helped cause the Great Depression in the 1930s.

Darren Fennell's topic is an analysis on the "Space Race" between the U.S. and USSR in the 1950s and 1960s and how America overcame an initial disadvantage in the race.

Jordan Patterson, meanwhile, is researching communism in North Korea and how it compares to true Marxism, while Emily Newell's essay is about how dogs can be bred into so many different variations.

The IB program is an internation-

ally recognized curriculum that offers 11th- and 12th- grade students the opportunity to earn an IB diploma, which can get the student into college. The program consists of six core subjects: Language (native), second language, individuals and societies (economics, geography and history), mathematics/computer science and arts (music, theatre, visual arts, film). It is now in nearly 3,500 schools, 143 countries with includes more than one million students, according to 2012 data.

The IB curriculum is divided into three levels: primary years program (PYP) for ages 3 to 11, middle years program (MYP) for ages 11 to 16 and international baccalaureate diploma program (IBDP) for ages 16 to 19.

## SCULPTURES

CONTINUED FROM Page 1

alike. He said people constantly stopped by, asked questions and took pictures. Many left a tip in his tip jar — carved out of sand.

"The money, I don't really care about," Estrela said. "I'm stoked if I get three dollars in a day, because I can't believe that somebody gave me three dollars to be building a sand castle all day."

At night, Estrela goes to school to study accounting and actuarial science, but until he graduates, he hopes to continue doing what he loves.

"Essentially I'm a student right now, and I want to squeeze one more summer out of this before I have to go back to the real world," Estrela said. "This last summer was one of the best summers of my life, no kidding. I got to do what I love all day long."

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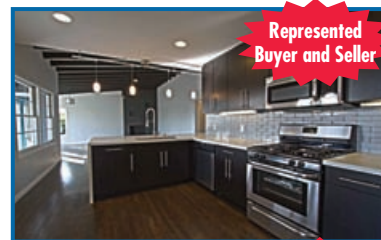
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PARROTS

CONTINUED FROM Page 1

time of year.

“I see them often out at Lakeside because there are trees in the Lindo Lake Park area that are a good food source for them,” Straus said. “So, at certain times of the year, they’ll be out at Lindo Lake, but they’re probably roosting back here [in the beach communities].”

She said the parrots have already made an appearance flying overhead at this year’s bird festival, and they’ve caused some excitement at festivals in the past.

“At the bird festival three years ago, they landed in the trees,” Straus said. “All our guests were running out of the workshops and running down to see the parrots right here at the festival.”



Wild parrots take flight. They are being spotted again this year in Pacific Beach, Point Loma, Ocean Beach, La Jolla and other beach locations. *Courtesy photo by Karen Straus, Audubon Society*

While there is no single explanation as to how the birds got here, Straus said there are two main theories, both of which may be true.

One is that the parrots came to California as pets.

“People like to have birds, especially parrots, as pets,” Straus said. “But sometimes, maybe there’s a behavior problem with the bird or maybe [the owners] are moving and they can’t take the bird with them, so the birds are simply released into the wild or the birds may escape into the wild.”

According to The California Parrot Project, hundreds of released and escaped parrots throughout the state over time have led to the wild, breeding populations today.

The other theory, Straus said, is that parrots native to northern Mexico came to California in search of a suitable habitat as areas of Mexico became deforested.

Whatever the reason, the exotic birds have established themselves as a colorful addition to more than 500 species of birds found throughout San Diego County.

“San Diego has an amazing diversity of birds, and that’s because we are lucky enough to be located on a major migration flyway,” Straus said.

Straus said anyone interested in learning more about the variety of birds in San Diego should go on a San Diego Audubon Society bird walk. Throughout the month experts guide guests through local areas around the county like Santee Lake and La Jolla Shores to observe birds.

For more information about the walks, visit [www.sandiegoaudubon.org](http://www.sandiegoaudubon.org).

QUICKHITS

Sentencing delayed for trio in death of MB man

A judge delayed sentencing March 8 to May 31 for three young men convicted of murdering Mission Beach resident Garrett Berki, 18, a 2010 graduate of La Jolla High School, after he answered a Craigslist ad for a computer for sale in 2011.

The victim’s parents and others were present for what was supposed to be sentencing, but defense attorneys persuaded San Diego Superior Court Judge Kerry Wells to delay it, based on recent changes in state law over the sentences of minors who are tried as adults.

The gunman, Rashon Abernathy, 19, is expected to get 50 years in prison and his attorney, Kathleen Coyne, said she is challenging that sentence.

“I want to give my client every opportunity ... to get a parole decision in his natural life,” she said.

Attorneys for Shaquille Jordan, 19, and Seandell Lee Jones, 19, said their clients face terms of 25 years to life and they, too, consider that too long. A jury convicted the trio of first-degree murder and robbery of Berki and his girlfriend on May 11, 2011.

— Neal Putnam

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— Neal Putnam

PB man given work furlough for assaults

Tommy Madriaga, 34, of Pacific Beach, was sentenced March 5 to one year in a work-furlough facility for injuring his girlfriend and assaulting a police officer when he rammed his car into a patrol vehicle.

Madriaga will be allowed to go to work, but will be locked up at nights and on weekends in a facility for one year on terms of three years’ probation which was granted by San Diego Superior Court Judge Laura Hलगren.

Madriaga was accused of choking his girlfriend. Her head hit the dashboard of his car in the Oct. 27 incident near Loring and Lamont streets in Pacific Beach after they left a party at 12:15 a.m. at a hotel.

The judge ordered Madriaga to complete a domestic-violence program. He will report to the work-furlough facility this week.

Madriaga apologized to his girlfriend, who was in the courtroom, and added, “I know I messed up.”

Madriaga pleaded guilty to inflicting corporal injuries to his girlfriend and to felony assault upon the officer involving the rammed patrol car. Hलगren dismissed other charges that included dissuading a witness, hit and run, vandalism and evading officers.

— Neal Putnam

Ex-prosecutor to get community service

A former prosecutor who was convicted of three misdemeanors in a Pacific Beach ticket-fixing case was ordered March 8 to perform 200 hours of volunteer work under terms of three years probation.

Allison Worden, 37, may face suspension of her license to practice law, said San Diego Superior Court Judge Louis Hanoian. He said the court is required to report the case to the state bar. She was fined \$1,500.

Hanoian noted he was not suspending her license, but he believed there would be an interim suspension of her license because the offense was one of moral turpitude. Worden resigned from the District Attorney’s Office on Feb. 19, six days after a jury convicted her.

Her legal troubles began on May 28, 2011 in the 4600 block of Cass Street when a police officer pulled over a car driven by another prosecutor, Amy

Maund. The officer noticed Worden, a passenger, wasn’t wearing a seat belt, and issued tickets to Worden and Maund.

Worden called police Sgt. Kevin Friedman, a supervisor in the traffic department, who then destroyed the tickets and later pleaded no contest to destruction of a traffic citation.

Friedman, 49, was ordered to perform 40 hours of volunteer work and placed on two years’ probation and fined \$500. He resigned, moved to Arizona and refused to testify in Worden’s trial.

Deputy Attorney General Michael Murphy asked for 30 days in jail, saying “she did violate the public trust.” Her attorney was Paul Pfingst, who hired her when he was District Attorney. He told the judge “she has paid a substantial penalty.”

— Neal Putnam

Farmers market celebrates 25th year

The Pacific Beach Certified Market at the Promenade Mall at 4150 Mission Blvd. has reached its 25th year on March 9. Dozens of farm families have made the weekly trek to Pacific Beach, bringing their fresh products to local consumers.

The market is the longest-running certified farmers market in the city, starting a trend that continues today. It has remained a “pure” farmers market, relying on consumers recognizing that the participants are truly farmers who have the best they can produce to offer.

The vendors represent the crops that local farmers grow first and foremost, and give folks a feel for how things are in the local agricultural community. The event takes place on Saturdays from 8 a.m. to noon.

For more information, visit [sdfarm-bureau.org/BuyLocal/Farmers-Markets.php](http://sdfarm-bureau.org/BuyLocal/Farmers-Markets.php).

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EIR SCOPING MEETING

FOR THE SAN DIEGO INTERNATIONAL AIRPORT AIRPORT LAND USE COMPATIBILITY PLAN

The San Diego County Regional Airport Authority (SDCRAA) is in the process of updating the Airport Land Use Compatibility Plan (ALUCP) for San Diego International Airport (SDIA). SDIA is the primary commercial airport for the San Diego region and it is critical that it remain viable to serve our growing region and contribute to San Diego’s economy. The ALUCP for SDIA will play an important role in ensuring that new development in the vicinity of the airport is compatible and safe, and that SDIA can continue to meet the region’s aviation needs.

SDCRAA is hosting a Scoping Meeting for the Environmental Impact Report (EIR) that will be prepared for the ALUCP. This meeting will provide an opportunity for the public to offer comments about issues that should be considered as the Draft EIR is prepared.

DATE:	Wednesday, March 27, 2013
TIME:	4:00 – 7:00 p.m. (Formal presentations on the project and the environmental review process will be held at 4:00, 5:00 and 6:00 p.m.)
LOCATION:	SDIA Commuter Terminal, Third Floor, Board Room 3225 N. Harbor Drive San Diego, CA 92101

For more information, please visit [www.san.org/alucp](http://www.san.org/alucp). For questions or comments, please contact 619-400-2462 or [alucpcomments@san.org](mailto:alucpcomments@san.org).

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# Moonshine and Full Strength Funk Band

## LIVEMUSIC

By BART MENDOZA | BEACH & BAY PRESS

Indie trio Modern Day Moonshine performs at the Duck Dive on March 15, part of a month-long residency. The band's music is a mixed bag, with touches of rock, folk, reggae and blues running through its set. Songs like "Finding Home" have a sweet, soul edge that remind more than a little of peak-era Allman Brothers, but it also has tunes like funky rock workout "Expiration Date" and acoustic folk strummer "Running out of Time," to keep the set list interesting. Anyone looking for a good way to start off the week-end need look no further than Modern Day Moonshine's Friday evening sets.

• **Modern Day Moonshine:** Friday, March 15 at **The Duck Dive**, 4650 Mission Blvd. 6 p.m. All ages. [www.theduckdive.com](http://www.theduckdive.com)

It's all right there in the name. The Full Strength Funk Band is a local nine-piece group specializing in 1970s-era R&B, soul and, of course, funk. Appearing at Tio Leo's on March 23, the band specializes in music by the likes of Stevie Wonder, The Commodores and the Average White Band, with a tight horn section and both male and female vocals. The band does mix in a few new songs in its sets, but it's the familiar classics circa 1968-1976 that keeps fans coming back. Dancing might not be mandatory at this show, but it's probably inevitable.

• **Full Strength Funk Band:** Saturday, March 23 at **Tio Leo's**, 5302 Napa St. 9 p.m. 21 and up. [www.tioleos.com](http://www.tioleos.com)

Not that there aren't a lot of great musicians out there, but there may not currently be a finer frontman in San Diego than Stevie Harris of Stevie and the Hi Staxx's, appearing at The Griffin on March 23. The band plays original music, a blend of funk, R&B, rock and soul with Hammond-driven grooves and horn-accented beats that have a 1970s flair without sounding retro. As great as the band's tunes like "Pomepeii" are, it's Harris's role as frontman that seals the deal. His terrific voice is almost a bonus on top of the great stage moves. Fans of modern soul and R&B should be sure to check this group out — few play the music better and Harris is hard to beat.



Indie trio Modern Day Moonshine performs at the Duck Dive on March 15, part of a month-long residency. Courtesy photo

• **Stevie and the Hi Staxx:** Saturday, March 23 at **The Griffin**, 1310 Morena Blvd. 9 p.m. 21 and up. [www.thegriffinsd.com](http://www.thegriffinsd.com)

Classic rock cover band The Weener Pigs will perform at the annual Los Compadres De Escuela Longfellows fundraiser, held at Brick by Brick on March 23. This year's event has a Mardi Gras theme, with proceeds from a silent auction and 100 percent of the night's cover going to help local Longfellow Elementary School. Meanwhile, The Weener Pigs should be the perfect sound track to the night's activities with a crowd-pleasing set list that ranges from The Beatles to The Who. This is a good opportunity to catch some fun music, and do a good deed at the same time.

• **Los Compadres De Escuela Longfellows Fundraiser:** Saturday, March 23, at **Brick by Brick**, 1130 Buenos Ave.

7 p.m. 21 and up. \$15. [www.brickbybrick.com](http://www.brickbybrick.com)

Indie rock fans will want to check out the Roman Watchdogs, appearing at The Griffin on March 24. Barely a year old, the band has built a solid following through constant gigging, releasing its debut album, "Last Saturday," earlier this month. Featuring singer /guitarist Derek Scott, lead guitarist Jimmy Fleck, bassist Josh Vasquez and drummer Richard Mestaz, the band excels at anthemic tunes, including the album's title track, as well as ska-inflected rockers, like "Soul Stealers." Although relatively new to the local music community on the strength of progress so far, the Roman Watchdogs could be contenders.

• **The Roman Watchdogs:** Sunday, March 24, at the **710 Beach Club**, 710 Garnet Ave. 9 p.m. 21 and up. [www.710bc.com](http://www.710bc.com)



## MUSTHEAR

Co-led by singer and guitarist Santiago Orozco, a native of Colombia and vocalist Governor Tiggy of Jamaica, Todo Mundo is set to appear at the 710 beach Club on March 16. The band won a San Diego Music Award in 2011 for "Best World Album." Although the group is considered a "world music" group, taking its inspiration from a mix of reggae, Latin sounds and even touches of rumba, that description doesn't do

them justice, implying that fans of pop, rock or jazz might not enjoy their songs. However, anyone who enjoys rhythm will find much to admire about Todo Mundo. From the way the words are sung to the walking bass lines, this is a group that wants to put your body in motion.

Todo Mundo performs at 9 p.m. on Saturday, March 16 at the 710 Beach Club, 710 Garnet Ave. 21 and up. [www.710bc.com](http://www.710bc.com)

— Bart Mendoza



## REMEMBER WHEN?

**REMEMBER WHEN** there were three office supply stores on Garnet Avenue alone? They were also known as stationers. Vic's Office Supply was at 1753 Garnet, San Diego Office Supply at

1345 Garnet and Fox Office Supply at 1459 Garnet. I think I took this photo around 1985 when it had upgraded to Fox Business Systems. That's Sleepy Hollow waterbeds on the right. Hoboken Pizza occupies the old Fox Office Supply site today.

— John Fry may be reached at (858) 272-6655 or by email at [mail@johnfry.com](mailto:mail@johnfry.com).



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### SUBMISSIONS

Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

### OPINIONS

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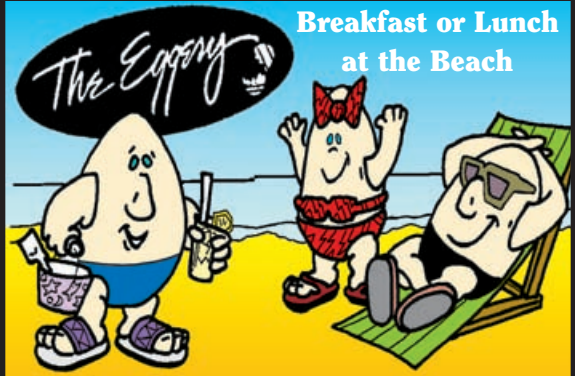
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**Clubs, Bars & Music Scene**

	PACIFIC BEACH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <b>GUAVA BEACH BAR &amp; GRILL</b> 3714 Mission Blvd 858-488-668	<b>HAPPY MONDAYS:</b> Happy Hour 4pm to Close 1/2 off Beers and call shots 25% off appetizers	<b>TACO TUESDAY'S:</b> Tacos starting @ \$2 \$3.50 Dos Equis Pints \$4 Tequila Shots \$5 House Margs!	<b>Game Night:</b> \$3 Drafts 7pm-Close Any sandwich/wrap w/draft \$10 Free Pool, Jumbo Beaver Blocks, Boards Games & Beer Pong! You be the VJ 8pm-close!	<b>Thirsty Thursdays:</b> \$2 U Call Its from 9pm-Close \$5.99 1/2 lb Guava Burger & Fries	<b>\$4 Fridays:</b> \$4 U Call Its from 9pm-Close Weekend Dinner Specials by Chef Shelly V.	<b>Progressive Drink Nite!</b> U Call Its \$2 from 9-10pm \$3 from 10-11pm \$4 from 11pm-12am \$3 from 12am-until close \$10 bottles of champagne w/ Guave or OJ ALL DAY!	<b>Go Big or Go Home!</b> \$5 House Margs \$16 Marg Pitchers \$5 "El Fuego" Bloody Mary's \$5 Mimosa \$8 Domestic Pitchers \$12 Bionic Beavers	
 <b>café MONO</b> 3833 Missino Blvd. <a href="http://cafemonosd.com">cafemonosd.com</a>	<b>Monday: Detox</b> Acai & Smoothies 20% or Buy 1 Get 1 50% off MNF Sandwich Platters - Feed 10+, \$34 or 20+, \$60	<b>Tuesday Seniors:</b> Buy 1 Get 1 FREE House Coffee & Jumpstarts 20%	<b>Wednesday Hump Day:</b> All Panini 20% off; Soup, Sandwich, Salad Combo \$9.95	<b>Thursday - Family Day:</b> Gelato Buy 2, get 3rd FREE; Kid's Menu 50% off	<b>Friday Pre-Game:</b> Hammerheads & Vietnamese Iced Coffees Buy 1 Get 1 50%			
<b>FOOD: 50% off all Burgers, Chicken Sandwiches and Quesadillas.</b> <b>DRINKS: \$5 off All 60 ounce pitchers, 22 ounce draft for the 16 ounce price, \$4 Fallbrook wines, \$3.50 Wells</b> All of these specials are available 7 days a week from 4 pm- 7 pm. However, happy hour pricing on food items only goes all night on Monday night.								
 <b>Nick's</b> 809 Thomas 858-270-1730	<b>Happy Monday:</b> Happy Hr. open til Close Mason Jars for the price of pints Double Wells \$3 Skyy drinks	<b>Tijuana Tuesdays 5PM-Close</b> \$5 Chicken Enchilada Plate, Baja Fish Tacos, Chicken Mole, Carne Asada Tacos \$5 Footlong, \$3 Dos XX, \$3 House Margs	<b>Wing Wednesday:</b> 2lbs. of wings for the price of 1	<b>College Night 7pm-close:</b> Large Pizza for the price of a small \$3 Wells and Skyy Drinks \$3 Domestic Bottles	<b>\$4 Fridays 7pm-close:</b> \$4 Selected Drinks	<b>Watch the NBA &amp; NFL Playoffs Here!</b> <b>Also catch MLB Here!</b>		
 <b>MILLER'S FIELD</b> 4465 Missino Blvd. 858-483-4143								



# The Patio serving up outdoor dining magic daily

By DAVID ROTTENBERG | BEACH & BAY PRESS

There is magic to outdoor dining. Warm sunny days and blue skies can enhance lunch. Cool, scent-filled moonlit evenings can make dinner flavors sparkle. That's why so many San Diego restaurants offer outdoor dining or "dining al fresco." That's Italian for "in the cool air." What could be better than to dine at the eponymous The Patio, where its patio is one of its main features.

The Patio is built on the site of the former Lamont Street Grill, a landmark that pleased diners for more than 20 years. But, after all that time, the owners had enough. The former restaurant has been rebuilt and enhanced to give it a fresh, contemporary look and feel. Located in the heart of Pacific Beach, it is close enough to the ocean to feel the breezes, yet sufficiently close to private residences to give it a neighborhood restaurant feel.

A new wood slat shrub-lined walkway leads from the parking area to the hostess desk. The interior of the restaurant and bar are accessed by walking through the patio, which is seeded with islands of small tables and tree-like heat lamps. A large brick wall is part of what remains from the old Lamont Grill, like the sacred Wailing Wall in Jerusalem. The setting is very romantic, a perfect place for date night.

The bar is a wonderful visual portion of the interior, and with good reason. Rows of bottles of liquor sit on the shelves like glass soldiers waiting to be called into action. Bar business must be good, because the choic-

es are terrific. Lots of bourbons, tequilas and vodkas. Devotees of single-malt scotch will find even my favorite, Lagavulin. How many diners have sampled Dutch gin, called "genever?" Here's the opportunity. The specialty cocktails were crafted by a clever mixologist to light up the palate.

There is a good selection of beers, both craft- and large-format brews. The wine list contained many unusual both excellent choices, some of which may be familiar in taste but not so in name. For example, I enjoyed an excellent Spatburgunder from Germany, which is probably more familiar under the name pinot noir.

Exploring the drink menu is an excellent way to begin both the meal and the conversations.

The restaurant is owned by a dynamo of a woman, Gina Champion-Cain. She's achieved great business success in real estate and hospitality industries and has been honored both academically, as well as for business achievement. She was the recipient of the San Diego Business Journal's 2001 Women Who Mean Business Award, San Diego Metropolitan's 2001 40 Under Forty Award, San Diego Magazine's 50 People to Watch for 2002, and many more. She sits currently on the University of San Diego's Real Estate Institute's Commercial Real Estate Advisory Committee, the University of San Diego's Policy Advisory Board, and has served as an officer on the executive committee for the Downtown San Diego Partnership for more



Gina Champion-Cain is the dynamo behind The Patio on Lamont Street. Courtesy photo

than 10 years. As the moving spirit behind the restaurant, she focuses all her training and skill on making it succeed.

The affable executive chef, John Medall, concentrates on flavor, combining tastes to please the palate by using the best and freshest of ingredients. He knows the local scene and tastes well, having worked at Galileo, Red Circle and Sheraton Suites among other local venues. He also brings his great experience from Las Vegas, where tastes are greatly varied. His menus change seasonally and intermittently between times. His new menu for spring will launch mid March.

The menu itself is divided into sections of small plates, ideal for shar-

**The Patio is built on the site of the former Lamont Street Grill, a landmark that pleased diners for more than 20 years. But, after all that time, the owners had enough. The former restaurant has been rebuilt and enhanced to give it a fresh, contemporary look and feel. Located in the heart of Pacific Beach, it is close enough to the ocean to feel the breezes, yet sufficiently close to private residences to give it a neighborhood restaurant feel.**

ing, medium plates for lighter appetites and large plates, full entrees.

An assortment of small plates could make an interesting dinner. Brussels sprouts dipped into asiago and blue cheese cream could combine with lamb osso buco and Israeli couscous, helped by tomato and pesto bruschetta with aged mozzarella. Or, how about fire-roasted artichoke (a great conversation starter) with sautéed calamari in spicy tomato broth, along with filet medallion? There are countless combination possibilities.

As a standalone, the dungeness crab and ahi tuna tower comes as a tapering cylinder of seafood, avocado, tomato and cucumber. Poke it and it falls apart into delightful morsels, better with every bite.

The flatbreads deserve special mention—they are delicious! Available in

vegetarian, seafood or beef and blue versions, they are satisfying, yet not filling.

Entrees offer seafood (ubiquitous salmon, scallops and catch of the day), chicken, pork and filet. The pork shank was a large portion so tender that the meat flaked off, served on top of a delightful risotto. One of the night's special was an octopus dish of tentacles that were wonderfully crispy on the outside, yet tender on the inside, served with bean, onion and ham.

For dessert, don't pass on the warm chocolate chip cookie, with pecans and vanilla bean ice cream. Of course, their signature dessert the "twisted Elvis" with fresh made banana bread, peanut butter, caramel sauce and fresh vanilla bean ice cream. Made fresh daily, they are terrific sweet finishes to a delightful meal.

Special mention must be given to the service—it was attentive yet not obtrusive, and very helpful in making selections.

Bottom line—The Patio really is magical, outdoors and even indoors. The ambiance is cozy, the food terrific and prices are very moderate. It is even "dog friendly" so feel free to bring canine friends.

The Patio is open daily for lunch and dinner and for brunch on weekends. A weekday happy hour offers drink discounts. Live music is featured on Sunday. Valet parking is available for only \$3.

The Patio is located at 4445 Lamont St. in Pacific Beach between Garnet and Grand avenues. Reservations are recommended. Call (858) 412-4648 for information and directions.

## ARE YOU DOWN?



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## St. Patty's Day

Sunday, March 17th

Open at 9 am

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Reservations Suggested



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THE PATIO ON LAMONT STREET



# Las Olas Point Loma

## \$1 MARGARITA

### GRAND OPENING SPECIAL

\$1 House Margarita or free soda with purchase of any regularly priced Locals Favorites or Taco Platter!  
Cut & present promo when ordering. Limit one per customer per visit. Not valid with any other discount or offer. Dine in only. Exp. 3.31.2013.





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Served By The Beach**

LasOlasMex.com



## HAPPY HOUR

Monday-Friday ALL day till 6PM and  
Tuesday ALL day till we close!

## HOT WEEKDAY SPECIALS

Hot Week Day Deals Monday - Friday 11AM - 6PM!  
Fantastic Combination Plates For Only \$7.50!

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(760) 942.1860

**CARLSBAD**  
2939 Carlsbad Blvd.  
(760) 434.5850



Las Olas has opened a third location on West Point Loma Boulevard with plenty of savory food and drink. Courtesy photo

## Las Olas offers up more tasty Mexican fare with 3rd venue

Since 1981, Las Olas has been serving great Mexican Food by the beaches of North County. In January, the commute ended for residents of Point Loma and surrounding residents craving a meal from San Diego's fish taco pioneers with the opening of a new restaurant at 3924 W. Point Loma Blvd., at the corner with Sports Arena Boulevard.

Owners Dave Murphey and Pete Johnson, both originally from the area, said they are excited about the new venue, which offers plenty of parking.

According to the owners, the menu offers many options, like "build your own tacos" with seafood, chicken, pork, along with carne asada taco platters and favorites like flame-roasted chili rellenos stuffed with fall-off-the-bone-tender carnitas or seasonal grilled vegetable enchiladas. The owners boast honest food, prepared fresh daily from scratch with wholesome ingredients.



Savory steak tacos at Las Olas. Courtesy photo

A full bar also features margaritas and other fine drinks, along with a 10-tap draft selection of Mexican brews and San Diego's home-grown craft beers.

Sign up at [www.lasolasmex.com](http://www.lasolasmex.com) to become a Compadres Club member to receive monthly promotions and other great deals sent directly to you.

For more information, call (619) 222-6600.

— Staff and contribution

## SHAMROCK SPECIALS

OVER **30** PARTICIPATING BARS • RESTAURANTS

Gaslamp Quarter

# Sunday (Sunday) MARCH 17th

## St. Patrick's Day

2pm to midnight



**ADVANCE TICKETS \$35**  
**DAY OF \$45**

**GO VIP \$55 or \$65 Day of**

**1 SHAMROCK ]** Young Dubliners • Red Hot Chili Peppers • Sligo Rags  
Lexington Field • The Fooks • Bricktop Bloggers • The Field Irish Dancers • DJ Happee

**2 ELECTRIC IRELAND ]** • MIX MASTER MIKE (Beastie Boys)  
• Drop the Lime • DJ Enferno (Madonna's touring DJ)  
• Stiletto • DJ Kurch • Huy Believe

**3 WHISKEY PUB ]** DJ Scene • Scooter • G-Roy and Los Drumz • Chris Cutz • Beefam

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**LIVE MUSIC**

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**CRAIC HAUS**

**LEXINGTON FIELD**

**SUN MAR 17**






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# Go Green 4 Education continues to be a hit in Pacific Beach

A donation from Go Green for Education (GG4E) allowed Friends of Pacific Beach Elementary School to fund an upper-grade reading specialist. The addition to the staff at PBE pulls students who are struggling and gives them the extra one-on-one guidance they require to succeed.

In addition, a Go Green for Educa-

tion donation to Kate Sessions Elementary School helped fund supplies for our school library.

Sign up to be a member of GG4E today at [www.gogreen4education.org](http://www.gogreen4education.org). Signing up is free and 100 percent of the profits are donated to the Pacific Beach elementary schools.

GG4E will launch its Community

Cash program April 1. GG4E members receive community cash in their crates on a weekly basis (amount based on donated recyclables in crate). Redeem cash at participating Pacific Beach businesses for actual cash value.

To sign up to redeem community cash at your business, received a

GG4E sponsor window decal and a web listing on the [gogreen4education.org](http://gogreen4education.org) website and digital newsletter as a participating business, call Destry at (619) 634-5179 or Kathy at (858) 220-2994. It's a very inexpensive way to draw the community to your business while helping community schools!

Karla Martinez were honored by the California Association of IB World Schools. Martinez was awarded 2012-13 Exemplary Educator of the Year for IB Middle Years Programme and Remillard won the 2012-13 Teacher Training Award. Congratulations!

• Congratulations to the PB Locals surf team. It has been having great success up and down the coast as it competes against schools from Coronado to Oceanside. Jakob Osland hit the trifecta at the Scholastic Surf Series contest in Oceanside on Feb. 23, placing second in body boarding, fourth in the long board competition and fifth in the short board competition. Kieran Wills placed fourth in body boarding. The club practices every Wednesday at 3:30 p.m. at Tower 27. To learn more, contact Elkie Wills at [ewills2008@hotmail.com](mailto:ewills2008@hotmail.com).

## CROWN POINT JMA

Join Crown Point Jr. Music Academy's 65th anniversary celebration. Admission is free and open to the public. There will be a carnival, fun activities for guests, food, music and a welcoming of returning alumnae, which include a display of memorabilia pertaining to school history, along with a special appearance from District 2 City Councilman Kevin Faulconer and a silent auction to raise funds for school music programs. Local media will be invited to cover some of the day's events and showcase the school for the larger community. Come join the fun from 3:30 to 7 p.m. For more information, visit Facebook: "Friends of Crown Point Jr. Music Academy."

• Students at Crown Point Jr. Music Academy traveled around the world visiting the homeland of many famous composers. From Mozart in Germany to "Sakura Sakura" Cherry Blossom in Japan. They visited almost every continent while enjoying the beautiful music from a sting quartet. An hour of geography and culture for students, you could hear a pin drop.

## PB ELEMENTARY

• March is Merchant Appreciation month for the ongoing eScrip fundraiser. PBE would like to thank the local Von's (1702 Garnet Ave.) for its commitment to the school. During this simple, efficient fundraiser families help the school while shopping for their families. The funds come back to the school and help fund the

SEE SCHOOLS, Page 13

## 33<sup>rd</sup> Annual SAN DIEGO

St. Pat's Parade  
and Irish Festival

Parade - 10:30 a.m.  
(6th & Laurel)

Celebrating the Gaelic Athletic Association  
Gaelic football is played by men, women and children in San Diego. The St Peter's Hurling Club was started in 1980 in San Diego. Hurling is believe to be the oldest sport in the world.

150+ Parade  
Entries

2 Beer Gardens  
Authentic Celtic Village  
Skateboarding  
Kids Zone

Irish Festival - 9 a.m. - 6 p.m.

Traditional Irish Folk Music & Irish Rock Groups

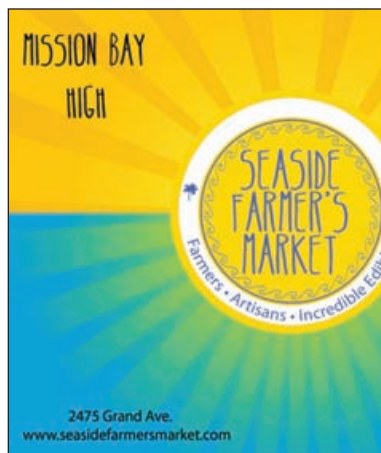
Irish Food, Crafts & Treasures

Saturday, March 16th 10:30 a.m.  
Balboa Park

Donate 2 cans of food to the SD Food Bank  
(leave at Festival Information booth) and receive a Raffle  
Ticket for prizes to be announced throughout the day.



[www.stpatsparade.org](http://www.stpatsparade.org)



The Seaside Farmers Market will celebrate its grand opening at Mission Bay High School in the Grand Avenue student parking lot on Saturday, March 16 from 10 a.m. to 2 p.m. Stop by to help us kick off the weekly Saturday event and enjoy delicious food, artisans, produce and much more. All profits benefit Mission Bay High School.

## MISSION BAY HIGH

Mission Bay High School will host an open house on Saturday, March 16 from 9 to 10:30 a.m. Come enjoy the open house and then head to the new Seaside Farmer's Market, located in the student parking lot. Parking will be available for parents in our lot by the football field.

## PACIFIC BEACH MIDDLE SCHOOL

• Pacific Beach Middle School Music Department will have its St. Patrick's Day Pancake Breakfast on Saturday, March 16 from 9 to 11 a.m. at the school lunch court. All-you-can-eat pancakes, sausage, muffins, coffee, milk and juice! Only \$5 (\$6 at the event). Tickets can be purchased in the school office. What a great way to start St. Patty's Day weekend while supporting the talented musicians at PBMS!

• PB Middle Campus Cleanup Day is on Saturday, March 23, 9 a.m. to noon. Help improve the school campus! Students can earn community service time by serving their school and adults can get some great productive exercise!

• More award winners at PB Middle School. Principal Ernie Remillard and

COME EARLY  
STAY LATE

Pacific Shores  
Friday  
March 15  
4 p.m.

St. Patrick's Day Celebration

Happy Hour Corned Beef  
and Cabbage Buffet

\$2.50 Domestic

\$4 Jameson

4927 Newport Ave, OB  
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## Spring & Summer Camps

### Kids experience performing arts at Junior Theatre Camp

Join Junior Theater this summer and experience the wonderful world of performing arts where campers will take classes in acting, dance, and singing.

Traditional, performance, specialty and advanced camps available in Balboa Park. Junior Theatre also provides K-3 camps in La Jolla. Camps run June 10- Aug 30. To register or for a list of camp dates, descriptions and pricing visit juniortheatre.com. Register early as our camps fill quickly.



#### BEACH BREEZE ARTS CAMP

June 24 to 28, 2013, 8:30 am to 4:30 pm for youth 6th to 12th grade. Immersion experiences in visual art, theater, dance, and visual and performing art technology. Led by highly qualified San Diego educators. Hosted by the Pacific Beach United Methodist Church.



1561 Thomas Ave., San Diego, CA 92109 cost \$185 if registering before May 24 Limit 25 young artists, email [artscamp@pbumc.org](mailto:artscamp@pbumc.org) to apply.

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Instruction from America's Best PGA/LPGA Professionals and College Coaches

Overnight, Day, and Advanced Camps Nationwide

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**San Diego Junior Theatre**

BALBOA PARK & LA JOLLA

**Spend the Summer with San Diego Junior Theatre!**

- \* One and two week sessions grades K-12 \* Creative Play camp for ages 3-5
- \* Performance and specialty camps \* Advanced Acting and Musical Theatre camps for grades 9-12 \* Camps run June 10 through August 30

Students 8 & up enrolled in 2 weeks of camp may audition for:

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Call: (619) 239-1311 for information [www.juniorthatre.com](http://www.juniorthatre.com)

New this year AMT Jr. for grades 6-9: Once Upon a Mattress AMT 9-12: Into the Woods and AAC 9-12: Caucasian Chalk Circle. Specialty Camps: So you think you can dance?, Glee Camp, and Improv Camp. Performance camps for students grade 3-6: How to Eat Like a Child, Cats, Stinky Cheese Man, Perils of Lulu. Performance camps for students grades 7-12: Grease, Newsies, Les Miserables in Concert, and MacBeth.

For more about San Diego Jr. Theatre call (619) 239-1311.

### Nike Golf Schools & Junior Camps 2013

Nike Golf Schools and Jr. Camps offer a variety of programs designed to meet the needs of each camper. Every facet of the game is covered during morning instruction and afternoon course play. Beginning, intermediate, high school and advanced players can immerse themselves in the sport for an entire week.

Our camps are led by directors who are nationally recognized PGA/LPGA professionals and college coaches and are joined on staff by other teaching professionals, college assistant coaches, renowned high school coaches and former/current college players.

Enroll in a Nike Jr. Golf Camp today and see why over 150,000 junior golfers have participated in what we believe are among the best junior programs in the country.

### The Peninsula YMCA

The Peninsula Family YMCA offers day camps all summer long beginning June 12 through August 30. Day camps range from a variety of choices and for youth ages 5-16.

There are many new camps to choose from and some returning favorites including ice-skating, gymnastics, swim lessons, field trips to amusement parks and much more.

Kids will grow, discover and explore

while making lasting friendships and memories.

Camps fill up fast, so please sign up early. To ensure that every child and teen has the chance to go to camp, the Y offers financial assistance to those in need.

To register to either spring or summer camps, please visit [peninsula.ymca.org](http://peninsula.ymca.org) or call (619) 226-8888 for more information.

### Pacific Beach United Methodist Church Extends a Warm Welcome

Chartered in 1947 and still celebrating the grace of God, the Pacific Beach United Methodist Church (PB UMC) is a faith community which people of many ages, stages, and backgrounds call home. Some have claimed PB UMC as "their" church since the 1950's; others have just arrived. The church is known for excellent music, uplifting messages, opportunities for compassionate service, creativity in putting everyone's gifts to work, and a beautiful courtyard complete with what must be Pacific Beach's largest living Christmas tree!

PB UMC has long-held commitment to supporting families by sponsoring kids to participate in a resident summer camp in Julian, organizing week-long youth service projects which prove inspiring and eye-opening to teens, and mentoring young people. This year the church will add an arts day camp to its array of youth opportunities.

More information is available at [www.myPBchurch.org](http://www.myPBchurch.org).

### Day Camps at La Jolla YMCA

The La Jolla YMCA offers day camps all summer long beginning June 12th through August 30th. Day camps range from a variety of choices and for ages five to seventeen years old. There are more than 100 camps to choose from, including ice-skating, gymnastics, swim lessons, field trips to amusement parks and much more. Kids will learn, grow and thrive making lasting friendships and memories. Camps fill up fast so please sign up as soon as possible. To ensure that every child and teen has the chance to go to camp, the Y offers financial assistance to those in need. Also, it's not too late to sign up for our spring camps beginning April 1 through April 5. To register to either spring or summer camps, please visit [lajolla.ymca.org](http://lajolla.ymca.org) or call (858) 453-3483 for more information.

Family Activities **FREE** with museum admission.  
Children 12 and under **FREE** with paid adult admission.\*

Most activities from 11:00 am - 3:00 pm.

**BALBOA PARK** **Saturday March 16**

**Science Family Day**

- More than 20 participating cultural organizations
- Science-themed crafts & hands-on activities
- DNA Moving Performance along Prado walkway 11:45am
- Butterfly release and craft activities in the Zoro Gardens
- SDG&E display of the latest in electric cars
- Create and launch your own paper airplane

San Diego Festival of Science & Engineering • March 16-23  
Free Expo Day at PETCO Park • March 23, 10am-5pm  
120+ Hands-On Exhibits and 14 Stage Performances

Register to win great prizes at Balboa Park Visitors Center

Complete schedule at [balboapark.org/scienceday](http://balboapark.org/scienceday)

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Information **619.239.0512**  
Balboa Park Visitor Center

\*restrictions may apply

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FOR HEALTHY LIVING  
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A safe and fun environment  
Make new friends  
Learn new skills  
Create lasting memories

**La Jolla YMCA**  
858.453.3483  
[www.lajolla.ymca.org](http://www.lajolla.ymca.org)

**Peninsula YMCA**  
619.226.8888  
[www.peninsula.ymca.org](http://www.peninsula.ymca.org)



## The Most High God

God Almighty created man's Soul and Spirit together as one. The importance of the Soul and Spirit has been viewed as the most important element in the life of the Individual.

The Nature of Mankind, when a man and a woman come together life is created both in the spirit and the flesh. The Soulless nature of both individuals is joined together to create the soulless nature in the child. As the child develops, the blood is created in the human body, and so develops the spirit & soul of the child. As the child forms the nature of the of the humanly body that child has infinite possibilities. Pray for the human nature and the genetics of the child before it's born. Pray that Jesus Christ will cut the genetic diseases that will affect the child later in life. On many occasion I have been asked to pray on genetic diseases and curses in peoples lives.

After the birth of the child you see the prominent features of both parents. The most noticeable are the mannerism and genetics that have been carried out for generations, such as heart disease. People can do many things to destroy the flesh of the child. It's not within the power of man to destroy the Soul and Spirit. If the child is destroyed, the Angels of the Lord will come and carry the Soul and Spirit into Heaven. Upon reaching Heaven the Soul and the Spirit will mature.

The Lord spoke to me and said to pray together as family for the expectancy of the child. The power of Prayer will have profound affects when done with faith in the name of Jesus Christ. Do not pass thru this life without reading the King James Version of the Bible and thinking of forgiveness and salvation. If you would like to give a love gift, so I can continue to spread the word, please know that all gifts are tax deductible.

† **Bro Carl Cox Ministries** †  
P.O. Box 18948 Shreveport La 71138-1948

## SCHOOLS

CONTINUED FROM Page 11

art and science garden programs. For more information, visit <http://www.escip.com>.

• PBE will have its annual Jog-a-Thon on Monday, March 25. The students have been prepped with discussions on the concept of goal setting for the event and in life. They will gather pledges from friends and family, with 100 percent of the proceeds benefitting the school.

### KATE SESSIONS ELEMENTARY

Kate Sessions' annual auction is almost here. The auction is the biggest fundraiser of the year and

school officials hope to raise enough money to continue the art, music, Spanish and library programs. This year's theme is "Passport to the Islands," and the event will be held on April 13 from 6 to 9 p.m. at the Mission Bay Yacht Club. The auction committee is busy collecting donations and sponsorship for the auction. Organizers are looking for services, gift certificates, merchandise, creative baskets, vacation-rental stays, airline miles and the like. Sponsorship opportunities are also available. Contact [katesessionselementary@gmail.com](mailto:katesessionselementary@gmail.com) for more information.

### FOPBSS

• Friends of Pacific Beach Secondary Schools will meet Wednesday,

March 27 at 6 p.m. in the PB Middle School library. Listen to Catherine Jolley from the PB Town Council and find out what's happening at our secondary schools. All are welcome.

• Friends of PB Secondary Schools Auction Fundraiser, the largest fundraiser of the year. The event happens Sunday, May 5 at the Mission Beach Women's Club from 5 to 9 p.m. If you have a donation for the auction, the organization welcomes it. Email [mbhsfriends@yahoo.com](mailto:mbhsfriends@yahoo.com). FOPBSS is a 501(c) 3 organization and all donations are tax deductible. Proceeds benefit Pacific Beach Middle and Mission Bay High school enrichment, music, international baccalaureate programmes, sports and other activities.

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Sun 12-3pm	5431 Westknoll Dr.	4BR/2.5BA	\$1,489,000	Michelle Dykstra	858-344-7653
Sun 1-4pm	5632 Rutgers Road	4BR/4BA	\$1,595,000	Tammy Davis	858-699-3765
Sun 2-4pm	373 Coast S #3	2BR/2BA	\$1,599,000	Virginia Luscomb	619-981-2323
Sun 1-4pm	1486 Vista Claridad	4BR/3.5BA	\$1,795,000	Monica Leschick	858-752-7854
Sun 1-4pm	333 Midway St.	3BR/3BA	\$1,950,000	Jared Davis	858-353-7854
Sun 1-4pm	7710 Hidden Valley Court	4BR/3BA	\$2,395,000	Susana Corrigan & Patty Cohen	858-229-8120
Sun 12-3pm	1964 Little St.	4BR/4BA	\$3,538,000	Brenda Wyatt	858-775-7333
Sun 1-4pm	7569 Pepita Way	5BR/5.5BA	\$4,295,000	Jeff Baker	858-215-3739
Sun 2-4pm	1944 Little St.	5BR/5BA	\$4,478,000	Sarah Flynn Tudor	619-813-6609
Sun 1-5pm	9648 Black Gold Road	4BR/4.5BA	\$4,999,000	Ed Mracek	858-382-6006

### PACIFIC BEACH / MISSION BEACH / CROWN POINT

Sun 1-4pm	1031 W. Briarfield	2BR/2BA	\$2,700,000-\$2,990,000	Dunfee / Schroedl	858-361-9089
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### POINT LOMA / OCEAN BEACH

Sat & Sun 11-4pm	.....2917 Nipoma St.....	\$695,000	Robert Realty • 619-852-8827
Sat & Sun 11-4pm	.....867 Harbor View Place	4BR/4.5BA.....	\$2,495,000 .....Robert Realty • 619-852-8827

### UNIVERSITY CITY

Sat & Sun 5382 Renaissance Ave.....	5BR/4BA.....	\$1,100,000 .....	Cindy Eyer • 619-755-8757
Sun 12-3pm .....	4189 Stettler Way.....	6BR/3.5BA.....	\$895,000-\$923,000 .....Christie Duguid • 858-722-8844

### CARMEL VALLEY

Sun 1-3pm	5172 Cheltenham Terrace	6BR/4.5BA	\$1,795,000	Arlene Sacks	858-922-3900
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**TimTusa.com**  
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**John S. - Seller**

**\$635,000**

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4189 Stettler Way, University City  
This 6 BR/3.5BA home is sited on one of the largest view lots in University City with sweeping panoramic easterly views.  
**Offered at \$895,000 - \$923,000**



5712 Skylark Place, La Jolla  
Great opportunity in La Jolla! Sweeping view property with white water ocean views, downtown San Diego views, Mission Bay, all the way to the Mexico Islands.  
**Offered at \$1,250,000**



881 Thomas #9, Pacific Beach  
Best buy in PB. Live just a block to the ocean in this nicely updated 2BR/2BA condo. Stainless steel appliances, Japanese sliding doors accent living area and southwesterly views.  
**Offered at \$443,000 - \$462,000**

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3 bedrooms/3.5 baths  
Attached garage  
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\*Data obtained from SANDICOR MLS  
\*\*Re/Max International

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**YOU'RE IN LUCK!** New Construction. Live in a coveted beach location... 7 blocks from the Oceanfront and 3 blocks from Sail Bay! 2,300+ sqft of elegance! Penthouse room with wetbar, Bay View Roofdeck, 3 fireplaces, security system, closed circuit TV, and more. 2 homes available. To be completed May 2013.

**GET YOUR PIECE OF GOLD!** Brand New 2,800sf ultra modern Single Family Residence in Sail Bay. Enjoys stunning panoramic ocean and bay views. State of the art home theater. Smart Home capability. A/C. Solar. Over 1,000 sf of deck space maximizes your coastal living experience. Call for a full list of features.

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**Open Sun 1-4**

**Coming Soon**

**1009 Tourmaline #2** Stunning 3/3 remodeled townhouse only 2 blocks to the beach with an oversized 2 car garage, what more could you ask for?! Home features custom wood flooring, remodeled kitchen w/ stainless and granite and remodeled bathrooms with travertine.  
**\$615,000**

Renovated North PB beach house with 4 bedrooms including a huge master suite with a walk-in closet, 2 large bathrooms, large great room that looks out onto the expansive backyard and 400sq ft deck. Everything has been redone from top to bottom. All of this on a full sized lot and only 4 blocks to the beach. It won't last so get it before it goes on the MLS!

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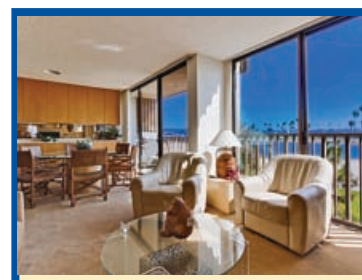


**Great views from this 3 bedroom/2.5 bath home in Pacific Beach!**

**\$699,000**

**Call Beau for details.**

**Beau Trickey**  
Mobile: 858.334.3019  
Office: 858.272.9696  
beau@beautrickey.com  
DRE #01473230



Owner occupied 4br 3ba bayfront townhome with stunning views of the Beach and Bay. Top floor features a high arched beam architectural ceiling. Spacious width of the living/dining area & master bedroom suite is a design plus. Unit comes with 3 parking spaces and storage galore.

**REDUCED \$995,000**

**Don Hawthorne**  
858-692-8161  
**Todd Adamson**  
858-373-7923  
DRE# 01901736

## Some Past Sales

440 Sea Lane, La Jolla  
**\$2,475,000**  
5750 La Jolla Corona Dr, La Jolla  
**\$2,400,000**  
4012 Nobel Dr #102, University Towne Centre  
**\$238,000**  
1265 Archer Street, Pacific Beach  
**\$757,500**  
3404 Zola Street, Pt Loma  
**\$1,337,500** (includes personal property).

If you're thinking of Buying or Selling  
Please contact me for a free market  
Analysis or list of properties for sale.

**David R. Hill**  
ReMax Coastal Properties  
619-889-4455  
beachpropertybrokers.com  
DRE # 00631219  
**RE/MAX**



## 743 San Fernando Pl. in South Mission Beach

You will love this So. Mission townhome on the edge of Belmont Park with panoramic ocean and bay views! This lovely home features 3BR/2.5BA, 1,336 sq ft, open floor plan, 2 car side by side garage, large sunny front patio for al fresco dining, skylights, warm fireplace and much more! Just steps to the ocean, don't miss another sunset!

**\$975,000**

**Steve Cairncross**  
858-735-1045  
www.beachseller.com  
stevecairnx@gmail.com  
DRE #0859218



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