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Redesign concepts for South PB oceanfront still inching forward

By KEITH ANTIGIOVANNI | BEACH & BAY PRESS

The proposed redesign of the South Pacific Beach oceanfront area between Grand Avenue and Pacific Beach Drive and west of Mission Boulevard was the subject of a followup session by community visionaries, including some members of the Pacific Beach Planning Board, on Jan. 23 at the Discover PB office.

The proposed changes include the area between Grand Avenue south of the lifeguard tower near the PB Shore Club (4315 Ocean Blvd.), the north side of Pacific Beach Drive stretching to the south end of the Promenade shopping center (4110 Mission Blvd.) and the area between Mission Boulevard and the boardwalk (Ocean Boulevard).

The changes to the oceanfront are in still in the discussion and proposal stages, according to organizers.

"We haven't gotten that deep into the project yet," said Pacific Beach resident Kristen Vivtor, founder of Sustainability Mat-

SEE OCEANFRONT, Page 7



The Solar Grove at Pacific Beach's Quick Serve Restaurant showcases sustainability in a high-traffic area with one of its patented Clean-Charge solar-to-electric vehicle charging stations. Photo courtesy Envision Solar

San Diego is bright light in California's solar energy

By MARIKO LAMB | BEACH & BAY PRESS

The Environment California Research & Policy Center, a statewide citizen-based advocacy organization, recently named San Diego top in the state for solar rooftop installations, announced Mayor Jerry Sanders at a press conference on Jan. 24.

According to the organization's California Solar Cities 2012 report — which measured the number of grid-connected solar electric systems and the systems' total electric generation capacity — San Diego is at the forefront of California's thriving solar market with 4,500 solar installations on residential, commercial and government buildings with the capacity to generate 37 megawatts of electricity at peak output.

"San Diego didn't become the state's No. 1 solar city by happenstance. It was the result of local policies and programs

SEE SOLAR, Page 7

TAKING IT TO THE STREETS



Concerned citizens walk past Crystal Pier on Jan. 27 on their way up Garnet Avenue to get their message out to the public and San Diego city officials regarding what they said is an oversaturation of liquor licenses in Pacific Beach and drunken behavior outside local taverns. Photo by Don Balch | Beach & Bay Press

Rally, walk targets proliferation of alcohol permits in PB

By KEITH ANTIGIOVANNI | BEACH & BAY PRESS

Wielding signs and making a very public statement, roughly 200 activists launched a high-profile rally and walk Jan. 27 to protest alcohol-permitting policies and drunken behavior in the Pacific Beach area — a campaign they hope will capture the attention of city officials like Mayor Jerry Sanders and District 2 City Councilman Kevin Faulconer.

The picketers urged city officials to institute more local control over conditional-use permits (CUPs) to establishments that serve alcohol.

"ABC [California Department of Alcoholic Beverage Control] is just in the business of granting alcohol licenses, not protecting communities," said Pacific Beach resident Marcie Beckett.

According to protest organizers, CUPs would help minimize the crime and negative impacts and hold city officials accountable.

The protesters claimed there are currently 66 alcohol licenses in Pacific Beach where only 10 should be allowed and say the ABC continues to grant more alcohol licenses with conditions. They also said crime and incidents of drunken driving in the business heart of Pacific Beach are more than five times the city-



Scott Chipman, right, addresses citizens concerned with a safer Pacific Beach before heading out on a four-block walk up from Crystal Pier. Photo by Don Balch | Beach & Bay Press

wide average and that PB continues to rank as the top community in San Diego for violent crime.

Protesters began their walk just south of Crystal Pier, marching five blocks east on the north side of Garnet Avenue, crossing at Fanuel Street and doubling back. They were met with a mix of honk-

ing horns, boos and stares as they quietly marched and picketed.

"I'm here tonight because I want my business district back," said Pacific Beach resident Cathie Jolley. "I don't feel safe to bring my family to Garnet on the

SEE RALLY, Page 7

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This 2 bedroom, 2.5 bath townhouse was built in 2005 and has dual master suites, 2 car garage, private patio, fresh paint, new carpet, granite counters, stainless steel appliances, bamboo floors downstairs, inside laundry room and so much more!

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GREAT PB INVESTMENT PROPERTY!

These two units are both 2 bedroom, 1 bath with a granny flat which is detached and has its own private entrance. These units have many upgrades and are only 11 houses from the Tourmaline Surf Beach and minutes to everything.

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This elegant loft is in the Marina District. It is a top floor end unit and is very open and bright with granite counters and newer gleaming wood floors. Extra large storage under the stairs, community work out room and so many more perks!

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This 2 bedroom 1 bath single family home has a detached 2 car garage, nice back yard great for entertaining, wood laminate and ceramic flooring, cozy fireplace, inside laundry room and so much more! Walk to everything too!

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Parking ticket late fees drive ahead

By NEAL PUTNAM | BEACH & BAY PRESS

A City Council committee voted 4-0 Jan. 25 to recommend that all parking tickets not paid by the 21st day after the citation was written will be subject to a late fee that nearly doubles the ticket.

The full City Council will vote in February or March on the recommendation by the Budget and Finance Committee. Some tickets will cost more than \$100 if a late fee is added. A second late fee of \$10 will be added if the ticket isn't paid by the 57th day.

A heavy late fee is already assessed on late parking tickets, but these proposed changes increase the fee to \$40-65, depending on the ticket.

The city auditor recommended a change to the standard 30-day wait before a late fee is assessed, shortening the deadline by nine days. The auditor's report suggested the city modify its payment and appeal timeline to that of state standards.

The California vehicle sections state that a parking ticket must be paid or contested within 21 days from the date of issuance or 14 days after the mailing of the notice of a parking violation, according to the auditor's report.

District 7 City Councilwoman Marti Emerald made the motion to forward the changes to the City Council and committee chairman Todd Gloria seconded the motion. No one spoke against the idea and no public speakers came out for or against the proposed changes.

The committee also voted to send a delinquent ticket into collections on the 73rd day after it is written, which would place a hold on vehicle registration by the Department of Motor Vehicles.

Late fees would not apply for some parking tickets like parking in a disabled spot without a placard. Disabled parking violations run between about \$350 and \$450.

PARKING VIOLATIONS, PROPOSED LATE FEES

The following are some of the most common parking offenses, the fine associated with it and the possible late fees after three weeks that will be considered by the City Council:

• Right wheel more than 18 inches from curb:
\$59.50 fine (plus \$47 late fee)

• Restricted parking zone during street sweeping:
\$52.50 (\$40)

• Unauthorized airport parking:
\$79.50 (\$67)

• Expired meter:
\$42.50 (\$30)

• Washing/polishing car in business district:
\$52.50 (\$40)

• Selling/leasing car on street:
\$77.50 (\$65)

• Parked on posted private property:
\$72.50 (\$60)

• Bald tires:
\$52.50 (\$40)

• Alley parking:
\$59.50 (\$47)

• Defective/tinted windows:
\$52.50 (\$40)

• Expired registration:
\$52.50 (\$40)

• Blocking/parking too close to fire hydrant:
\$77.50 (\$65)

• Car not moved 1/10 mile in 72 hours:
\$53.50 (\$41)

• Red-zone parking:
\$52.50 (\$40)

• Selling merchandise from parked car:
\$53.50 (\$41)

• Violating residential permit:
\$52.50 (\$40)

• Double parking:
\$57.50 (\$45)

• Less than 7½ feet from railroad track:
\$77.50 (\$65)

• Driveway parking into sidewalk:
\$57.50 (\$45)

• Wheel not cramped on hill:
\$59.50 (\$47)

• Parking in commercial loading zone:
\$57.50 (\$45)

• Parking in taxi zone:
\$52.50 (\$40)

• Repairing/storing vehicle on street:
\$52.50 (\$40)

— Source: city of San Diego



PADDLE POWER

Hundreds of outrigger canoes, kayaks, surf skis, along with prone and standup paddleboards, await enthusiasts during the 16th annual Hanohano-Huki Ocean Challenge staged at Mission Bay's Bonita Cove on Jan. 28.

Photo by Don Balch | Beach & Bay Press

How to Short Sale Your House Without an Agent

SAN DIEGO, If you've tried to sell your home yourself, you know that the minute you put the "For Sale by Owner" sign up, the phone will start to ring off the hook. Unfortunately, most calls aren't from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

After all, with the proper information, selling a home isn't easy. Perhaps, you've had your home on the market for several months with no offers from qualified buyers. This can be a very frustrating time, and many homeowners have given up their dreams of selling their homes themselves. But don't give up until you've read a new report entitled "Sell Your Own Home" which has

been prepared especially for home sellers like you. You'll find that selling your home by yourself is entirely possible once you understand the process.

Inside the report, you'll find 10 inside tips to selling your home by yourself which will help you sell for the best price in the shortest amount of time. You'll find out what real estate agents don't want you to know.

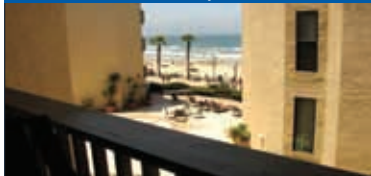
To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.

Courtesy of Dennis DeSouza Remax Lic. 01220680

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Pacific Beach | \$659,000

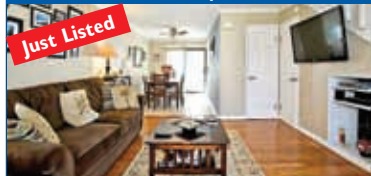


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Pacific Beach | \$299,000

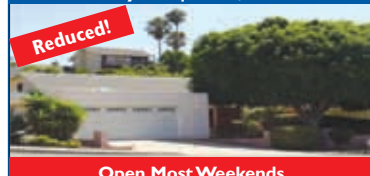


Light, bright North Pacific Beach 2 br; 1.5 ba townhome. Two stories w/vaulted ceilings. Detached garage, priceless in Pacific Beach. In-unit laundry, private patio. Property also features loft. Immaculately kept.



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Bay Ho | \$470,580

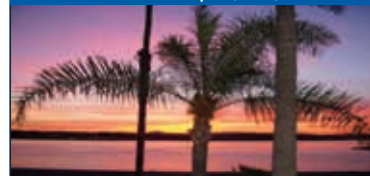


Desirable Bay Ho! 5 br; 2 ba, remodeled 2 story house on corner lot! Vaulted ceilings, granite countertops, fireplace and upgrades throughout. Located in foothills near Mission Bay. Close to freeways.



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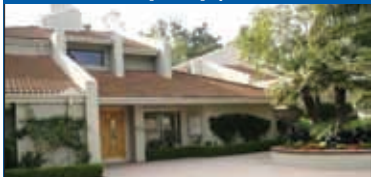
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Sunny 3 br; 2.5 ba 2 story townhome
MLS #110067767

University City | \$359,000



Terrific, large 2 br; 2 ba townhouse
MLS# 120000040

La Jolla | \$383,150



Spacious 2 br; 2.5 ba townhouse
MLS#110038809

Mission Valley | \$249,000



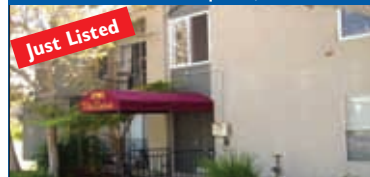
2 br; 1 ba, Condo. Views from balcony!
MLS# 110065702

Pacific Beach | \$442,000



Remodeled 2 br detached house
MLS #120002714

Golden Hill | \$95,000



Remodeled top-floor condo
MLS#110055838

Pacific Beach | \$375,000



Lovely 2 br; 2.5 ba townhome on cul-de-sac
MLS#110049962

Golden Hill | \$199,000



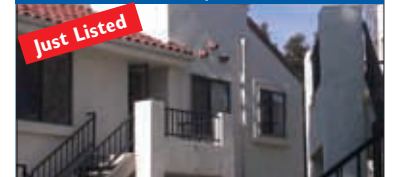
Gorgeous, move-in ready, 2 br; 2 ba condo
MLS#110063318

Pacific Beach | \$799,000



Open Sun 1-4 (Feb 5)
Sail Bay 2 br; 2 ba. Condo
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Mira Mesa | \$209,000



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Johnny Cash tribute mainstay, feel-good festival and Open Mic

One of the most popular country bands in the area, The Bastard Sons of Johnny Cash perform at the Café-Bar Europa on Feb. 3. Fronted by Mark Stuart, the band plays a mix of classic-sounding country tunes like “Texas Sun” — which wouldn’t sound out of place on a Merle Haggard or Buck Owens compilation disc — as well as covers of iconic songs like Waylon Jennings’ “Good Hearted Woman.” The band generally performs in larger clubs around the Southland, so this is an excellent chance to see them in truly intimate surroundings.

On Feb. 4, 8 p.m., The Griffin will be the site of the "Feel Good Festival," featuring reggae-tinged pop rockers the Chad Scott Band, singer songwriter Steve Gold and folk-inspired quartet the Zach Kingsley Band. While the three acts may be stretching the festival concept a bit, there is no doubt about the first part of the event's title. All proceeds from the night go to benefit the Feel Good Music Project, a nonprofit effort to support at-risk youth with positive music and healthy lifestyle choices, giving concertgoers an opportunity to do a good deed while enjoying a fun night of music.

• **"Feel Good Festival:"** 8 p.m. on Saturday, Feb. 4 at **The Griffin**, 1310 Morena Blvd. 21 and up. \$10. www.thegriffinsd.com

A man with short brown hair and sunglasses is sitting on a concrete bench on a beach. He is wearing a light blue t-shirt and colorful patterned shorts. He is smiling and playing a light-colored acoustic guitar. In the background, there is a sandy beach, the ocean with a few sailboats, and other people in the distance. A wooden fence is behind him.

playing the local reggae scene for more than a decade in bands like the San Diego Island Boys and Kayamon. Now led by Pali, a multi-instrumentalist originally from Honolulu, the quintet plays a particularly sweet brand of island music with a bit of croon to the vocals and a soulful groove at its base. It's a pretty good soundtrack to a night of partying at RT's.

You never know what you'll get, but the Open Mic Night at the 710 Beach Club is rarely less than entertaining. Beginning at 10 p.m. each Wednesday, a mix of up-and-coming talent — as well as local professionals eager to try out new material — take over the club. Both solo artists and small combos are welcome, with the venue providing a backline for quick artist turnover. While there is no guarantee on the caliber of each performer's talent, the three-song or 15-minute rule

Hard rock fans won't want to miss Sabbath Judas Sabbath, performing at Brick by Brick. As might be surmised by the name, the group performs a mix of classic Black Sabbath and Judas Priest tracks, even venturing into some of the covers performed by the groups, including Fleetwood Mac's "The Green Manalishi." Making it the week's ultimate night out for metal fans, opening the night will be Ultimate Sin, a tribute band dedicated to Ozzy Osbourne's music. If you like your tunes played fast, hard and loud, you'll enjoy every second of this gig.

• **Sabbath Judas Sabbath** performs at 8 p.m. on Friday, Feb. 10 at **Brick by Brick**, 1130 Buenos Ave. 21 and up. \$10. www.brickbybrick.com/calendar.php

MUSTHEAR

On Feb. 8, The Pacific Beach/Taylor Branch Library will host a special free concert by jazz guitarist Peter Sprague. One of the finest guitar players on the planet, as well as a lynchpin of the local music community, Sprague is a virtuoso on the instrument, a master at all the various stylings from pop to Samba. He can be heard on dozens of recordings, both by his own groups as well as sideman with such noted performers as David Benoit and more recently Dianne Reeves. But it's his solo performances, like this event, which dazzle the most. Whether you're a music fan on a budget or a jazz aficionado, this performance is one that should not be missed.

- Peter Sprague: performs at 7 p.m. on Wednesday, Feb. 8 at the Pacific Beach/Taylor Branch Library, 4275 Cass St. All ages. Free. <http://www.pblibraryfriends.org/concert.htm>.

—Bart Mendoza



PETER SPRAGUE

3650 Crown Point Drive, Pacific Beach, CA 92109

Just Listed \$1,149,000




This 2400 sq foot home boasts water views, a private elevator, 5 spacious bedrooms, large out door deck, family room, and livingroom. Crown Point is a highly desirable sub-market of Pacific Beach that rests between the Sail and Fiesta bay of the world famous Mission Bay Park. Crown Point has a tremendous neighborhood feel, yet is just moments from the action of the Oceanfront, PB, Sea World and sits an easy commute to either job hubs of Sorrento Valley or Downtown. This home is perfect to create as a show piece or keep as an investment property. MLS # 120001847.



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PB Middle School's IB program chalks up stellar honors

By KEITH ANTIGIOVANNI | BEACH & BAY PRESS

Pacific Beach Middle School's International Baccalaureate (IB) program — already a source of pride on campus and within the Mission Bay High Cluster Schools group — is celebrating the significant achievements of two honorees.

The school's IB program produced honors for eighth-grader Hannah Bloom, who earned the Outstanding IB Student (K-12) of the Year title from the California Association of IB World Schools and English teacher Carren Lindsay-Dial, who was named as the state's International Baccalaureate Educator of the Year by the same organization.

Both student and teacher will receive a \$1,000 award at the state's IB Conference in Irvine next month.

"I'm fairly certain that intelligence and overachieving genes have skipped a generation," said Bloom's father, Evan. "Hannah is very excited but she still isn't comfortable talking about herself and is still learning to take compliments."

Evan Bloom also attended Pacific Beach Middle School and graduated from Mission Bay High School in 1981.

Hannah's portfolio includes a 4.0 grade-point average, along with more than 200 hours of community service hours and participation in softball programs. Her community service time includes volunteering at the Wesley Palms retirement facility, the local recreation center and helping to maintain local softball fields.

"Hannah will be attending Mission Bay High School in the fall and would like to go to Stanford one day and become an architect or engineer and she is also open to becoming a professional softball player," said Evan Bloom.

Lindsay-Dial has been a teacher at



Pacific Beach Middle School teacher Carren Lindsay-Dial and PBMS eighth-grader Hannah Bloom are being honored with prestigious awards by the California Association of International Baccalaureate Schools. Courtesy photo

Pacific Beach Middle School since 1984, accepting the assignment as her first teaching job after college.

Lindsay-Dial, herself an alum of PB Middle School, said she believes her teaching style is more interactive, which she thinks helps students become more interested in the subject matter.

"I try to pull myself away from the textbooks as much as possible while staying within the state guidelines," Lindsay-Dial said. "We want the kids to be aware of what is happening worldwide for children their age, such as child labor and child soldiers. The purpose is to help them understand what a good life they have and not take anything for granted."

According to the mission statement for the PBMS International Baccalaureate

Middle Years Programme, its purpose is to "find a sense of belonging in an ever-changing and increasingly interrelated world around them and foster a positive attitude about learning."

The curriculum for the Middle Years Programme includes learning their native language, a second language, humanities, science, mathematics, arts, physical education and technology.

The IB program was founded in 1968 and has more than 3,000 schools in 141 countries. Pacific Beach Middle School became an IB program in August 2007. Lindsay-Dial is the second teacher from PBMS to win the Middle Years Programme award after Daniel Sloan was honored with similar accolades in 2008.

NEWSBRIEFS

Woman arrested in Pacific Beach stabbing

A woman was taken into custody on Jan. 27 after she allegedly stabbed a second woman during an argument on Bond Street in Pacific Beach.

Police said the suspect got into an altercation with the victim around 5:30 p.m. and stabbed the second woman in the shoulder and back, as well as from her ear to her neck.

The suspect fled the area on foot and was found a few blocks away by officers.

A witness identified the suspect in a curbside line-up, according to police. The suspect was arrested for assault with a deadly weapon and later booked into county jail.

The victim was transported to a local trauma unit for treatment.

Planners to accept nominations for election

The Mission Beach Precise Planning Board (MBPPB) will accept nominations to fill seats on its board during its meeting on Feb. 21 in preparation for elections in March.

The Feb. 21 meeting is set for

7 p.m. in the Community Room at Belmont Park. No write-ins or nominations will be accepted from the floor during the March 20 election.

To be eligible, candidates must be at least 18 years old and must be a property owner, resident, or own or manage a local business with a business address in the area for which he/she is a candidate. Bylaws require eligible candidates to attend at least one meeting in the year before the elections in March. As a result, interested eligible candidates who have not attended a meeting in the last year must attend the Feb. 21 meeting to establish eligibility.

The primary purpose of the board is to advise the city in the review of building plans and other zoning and code issues in Mission Beach. Members must be willing to donate about three to six hours a month to attend board meetings and serve a three-year term, unless filling an incomplete vacated term.

Regular meetings are held on the third Tuesday of each month at 7 p.m. in the Community Room at Belmont Park, except in August and December.

For more information, call MBPPB Election Committee Chairwoman Debbie Watkins at (858) 344-1684.

SEE BRIEFS, Page 6

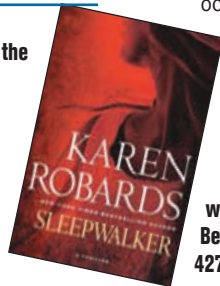
MUSTREAD

Book recommendation from the Pacific Beach/Taylor Branch Library

TITLE: Sleepwalker

AUTHOR: Karen Robards

SYNOPSIS: A fast-paced thriller that has all the ingredients necessary to keep the reader riveted to each



page. Micayla Lange, a cop, is house-sitting for her Uncle Nicco. A break-in occurs and she's taken hostage.

Everything in her life that she believes in unravels before her eyes. Author Karen Robards does it again.

Reserve this book: www.sandiegolibrary.org; Pacific Beach/Taylor Branch Library, 4275 Cass St.; (858) 581-9934

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Retrofitting SeaWorld with fun coaster rides

ON THE WATERFRONT

By **JOHNNY McDONALD** | BEACH & BAY PRESS

Soaring Shamu, acrobatic dolphins and performing seals will soon be upstaged at SeaWorld by a thrill-ride roller coaster called “Manta.”

Yep, the venerable theme park is retrofitting it’s carnival appeal for added excitement for the customers. This milestone of entertainment has come with the arrival of the first of the four-person cars. The opening date of the ride is set for May 20.

Testing on the coaster is still several weeks away for the a two-minute ride that includes a 54-foot plunge. Unique features will include a launch station where huge images of manta rays will be visible on a giant, 270-degree screen via a state-of-the-art projection system.

Once the coaster is completed, riders, seated two across on a 20-seat train shaped like a manta ray, will navigate more than a dozen twists and turns but never touch water.

The SeaWorld folks are always seeking new ways to entice visitors who apparently want more than just viewing penguins, sharks and aquariums.

They have implemented many “side show” adjustments in past years. Gone are “Gateway and Window to the Sea,” “Pirates 4-D,” the “Haunted Lighthouse,” “Mission Bermuda Triangle” and “Shamu’s Happy Harbor” for the little folks.

The “Manta” coaster will join other current carnival rides like “Bayside Skyride,” “Journey to Atlantis,” “Sky Tower,” “Shipwreck Rapids” and “Wild Arctic.”

Heck, the animals can’t have all the fun.

• **Going to work** – The Old Mission Beach Athletic Club (OMBAC’s) rugby team has won an unprecedented 15 national championships but team members say

this will be a rebuilding year.

Hired to do the team’s reconstruction is Gene Mountjoy, a native of South Africa. Mountjoy most recently coached at Boston College and Boston RFC, a Super League side. Prior experience includes being on the staff for the USA men’s national team as the forwards coach, as well as head coach of other men’s clubs in the Northeast.

The OMBAC team tied Santa Monica 34-34 in the Southern California Rugby League opener.

• **Down by three** – Publicist Gregg Mansfield informs that the Ted Porter family is pulling its three hydros from competition and putting them up for sale. This comes following a six-year run in the Air National Guard Hydroplane Series. The team, based in Decatur, Ind., campaigned its boats on the 2011 tour and was coming off its best race of the season in Doha, Qatar, where the Valken.com, Graham Trucking and Formulaboats.com finished first, second and fourth, respectively. Of course, Dave Villwock dominated in winning the title and is expected to return again Sept. 16-18 at the Bayfair races at Mission Bay.

• **Kid time** – Kevin McDonald has donned an “Elmo” costume many times at SeaWorld as one of several characters that roam the grounds. And the kids hug their favorite character, never wanting to let go. If Kevin’s last name sounds familiar, it should be. He’s my 18-year-old actor grandson.

• **Long tradition** – Crew Classic fans will be treated with the appearance of an entry from historic Harvard. In 1852, Harvard and Yale started it all when they met on the waters of Lake Winnepesaukee, N.H. for the very first collegiate athletic competition of any kind. That topped the inaugural football clash between the two schools by 23 years.

— *Johnny McDonald is a longtime writer and columnist for the San Diego Community Newspaper Group. He can be reached at Johnny23@cox.net.*

Never fear, says ‘Dr. iPhone’; ‘We can make it work’

WHAT’S IN THE AIR, BUD?

By **KEVIN Di CICCIO** | BEACH & BAY PRESS

Last year, I wrote a column about the great customer service I received from Rocky Lawton, the owner of the Computer and Ink Store, located at 1440 Garnet Ave. In 2012, Rocky and his team of technology continue to amaze.

Whether you’re looking for Lawton and his team to build you a custom computer, refill your ink cartridges, repair your iPhone, iPad or printer, create graphic designs or web services, The Computer and Ink Store is your reliable neighborhood source for affordable products and services.

Lawton has a tremendous appreciation for our beach community.

“I’m a person of chance,” he said.

Lawton was born in Nairobi, East Africa. Just like in the Academy Award-winning film “Slum Dog Millionaire,” Lawton’s youth was surrounded by poverty. Eventually, he emigrated to England after high school, but somehow knew Pacific Beach was his ultimate destination.

“I’m self-taught,” said Lawton, who’s known by customers and colleagues as “Dr. iPhone.”

He’s nothing less than a skilled surgeon when it comes to iPhone and iPad

repair.

The technology landscape has changed dramatically these days and if you’re not “in the know,” you’ll find yourself left behind, he said.

“As far as my line of work, you either lead, follow or get out of the way,” Lawton said.

Lawton is a leader who is always on the cutting edge of technology. But all of his vast knowledge wouldn’t be worth much without his superb customer service.

“It’s vital to my operation,” he said. “I want every customer-to-be to know we’ve got all the bases covered for computer, cell phone and graphic design needs.”

In his spare time, Lawton enjoys spending time with his, wife, Diana and his pups — Roxie, the poodle and Killer, the Chihuahua. Lawton has a band called Sticky Buds, which translates to “friendship” in his native land. His band is World Roots music with a reggae foundation. Rocky is a textbook example of the wonderful diverse culture we have right here in our beautiful seaside town, our beloved Pacific Beach.

— *Kevin Di Ciccio is the owner of Buddy the dog, who is best known for his roles in the long string of “Air Bud” movies and his ball-playing skills showcased on popular television shows. For booking inquiries, contact www.airbud.com.*

NEWS & VIEWS



BRIEFS

CONTINUED FROM Page 5

Ex-Charger pleads guilty to DUI in PB

Former Chargers linebacker Antwan Applewhite pleaded guilty Jan. 20 to a misdemeanor charge of drunken driving, stemming from an arrest in Pacific Beach in May.

Applewhite’s attorney, Kerry Steigerwalt, asked for immediate sentencing from San Diego Superior Court Commissioner Lee Witham, who placed Applewhite on five years’ probation. Applewhite, 27, was not ordered to do jail time or volunteer work. He waived being present for the sentencing because it is a misdemeanor offense. He was also fined more than \$2,000.

Steigerwalt said the sentence was standard for someone convicted of misdemeanor drunken driving. There was no property damage, accident or injuries.

The maximum possible sentence is six months in jail and/or a \$1,000 fine.

Applewhite was arrested May 6 shortly before 2:30 a.m. on Grand Avenue near Gresham Street after failing a sobriety test. He played for the Chargers at the time of his arrest but signed with the San Francisco 49ers in July.

— *Neal Putnam*

Hilton on Mission Bay celebrates 50 years

The Hilton San Diego Resort & Spa is celebrating a historic milestone this year and in honor of its 50th anniversary, the award-winning resort will be launching a myriad of special packages, promotions and events for guests and locals throughout the entire year.

Many native San Diegans recall the property’s colorful past dating back to July 20, 1962, when the resort opened as Del Webb’s OceanHouse, where 3,000 of Southern California’s elite gathered to celebrate the new “Hawaii on the Mainland,” as the property was fondly called.

The 357-room Hilton San Diego Resort & Spa is on the heels of completing a \$1.1 million renovation. In addition, the property will unveil its new conference center that will match the contemporary architecture and design of the property’s Mediterranean ambience.

For reservations or information on the 50th anniversary celebratory packages and promotions, visit www.sandiegohilton.com or call (619) 276-4010.

Authors of acclaimed cookbook due at library

The Pacific Beach/Taylor Library will feature John Ivanko and Lisa Kivirist, authors of the acclaimed cookbook

Farmstead Chef, on Tuesday, Feb. 14 at noon. Guests will receive free recipes and samples to taste. Kivirist and Ivanko will also share simple tips for homegrown and homemade cooking, from preserving the harvest to stocking the pantry to building local community around the kitchen table.

The Pacific Beach/Taylor Branch is located at 4275 Cass St. For more information, call (858) 581-9934, or visit www.sandiegolibrary.org.

Walk/run to benefit child heart foundation

“Jump Start Your Heart,” a 5K walk/run event to benefit the Children’s Heart Foundation, will take to Mission Bay and Sail Bay on Saturday, Feb. 11.

Participants will begin at 1759 Moorland Drive at Crown Point Shores Park and finish at 1010 Santa Clara Point, as they put their best foot forward to raise proceeds for the foundation. All proceeds from the 9 a.m. event will go to help the foundation raise awareness and bring health, hope and happiness to children impacted by congenital heart defects, the No. 1 birth defect in the United States.

Registration for the all-ages event is \$30 and includes a custom T-shirt, jump rope, socks and samples of Rubicon Deli sandwiches served at the finish line.

For registration and information, email JumpStartYourHeartSD@gmail.com, or call (858) 336-4524.

CLARIFICATION

A story that appeared in the Jan. 19 edition of The Beach & Bay Press (“Environmental groups score city’s cleanest, trashiest beach areas,” Page 1) should have been more precise in references to the beach area near Crystal Pier that has been targeted by volunteers during beach trash cleanups. To clarify, the story should have been more precisely worded to say the beach area around Crystal Pier, not the iconic landmark itself. The story in no way should be interpreted as a commentary on the cleanliness of the pier itself, which is run by Crystal Pier Hotel & Cottages.



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Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

OPINIONS

The opinions expressed on the Opinion Page do not necessarily reflect those of this paper or the San Diego Community Newspaper Group. To submit a signed letter or guest column, please e-mail the respective publication’s editor (at right) or send to 4645 Cass Street, San Diego, CA, 92109. We reserve the right to edit for clarity, accuracy, brevity and liability.

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Sign-wielding protesters make their views known during a rally and walk on Jan. 27.

Photo by Don Balch | Beach & Bay Press

RALLY

CONTINUED FROM Page 1

weekends. We leave PB to go out to dinner because, on the weekend, Garnet turns into a drunkfest, generating crime and DUIs."

The organizers of the walk and rally said they wanted to make clear they are not anti-drinking or anti-business, but said they believe there must be more local control of alcohol licenses to make Pacific Beach safer for residents, visitors and tourists.

At least one representative of the Pacific Beach restaurant and bar community took the Jan. 27 movement in stride.

"We believe that there is a fine balance that needs to be achieved and want to do everything we can to achieve that," said Frank Pisano, a manager for Tavern at the Beach on Garnet Avenue.

"We understand what they (marchers) are saying and we believe in responsible service. You can come out, have a few drinks, dance, while at the same time being responsible."

"I'm here tonight because I want my business district back. I don't feel safe to bring my family to Garnet [Avenue] on the weekends. We leave PB to go out to dinner because on the weekend, Garnet turns into a drunkfest, generating crime and DUIs."

GATHIE JOLLEY
Pacific Beach resident

SOLAR

CONTINUED FROM Page 1

that encourage investment in solar power," said Sanders. "It's good for our environment, it's good for our reputation as a city that embraces innovation, and it's been great for our economy."

One such program, the California Solar Initiative, is a solar rebate program that drives solar power into the residential market. According to the report, San Diego is home to the only solar rebate of its kind that is jointly administered by a nonprofit organization, California Center for Sustainable Energy, and the local utility company, San Diego Gas & Electric.

In addition to encouraging solar investment through local programs and policies, San Diego-based businesses are also driving the success of the local solar market through innovative designs in the photovoltaic structures themselves.

Desmond Wheatley, president and CEO of Envision Solar, emphasized the importance of making renewable energy appealing to a broader audience through sound design, as well as educating the local population about the benefits of solar.

The local company has been at the forefront of San Diego's solar growth since its founding by environmental architect Robert Noble in 2006. The

company's key product, the Solar Tree, is a patented photovoltaic shade structure designed to meet a variety of applications — from shading vehicles from the sun, producing energy and advancing the infrastructure for electric vehicles — all in aesthetically appealing iconic designs.

The Solar Tree arrays, or Solar Groves, have been planted throughout the city at locations like UCSD's Gilman and Hopkins parking structures, Kyocera's employee parking lot, and, most recently, SDG&E's Energy Innovation Center in Clairemont, which utilizes Envision Solar's latest Envision-Trak model, which silently tracks the sun throughout the day to capture even more of the sun's energy.

"We like to think we are reforesting San Diego," Wheatley said.

Although San Diego is a city that enjoys a nice climate, Wheatley said San Diego's top ranking can be attributed to more than the weather.

"The greatest impediment to solar is education. The simple fact of the matter is that a lot of people don't fully understand the benefits of solar installation," he said. "In general, the population in San Diego is pretty well clued in to solar. The mayor cares about it, the City Council cares about it and the local population cares about it. When people care about these things, it makes it more likely that we're going to get these things deployed."

OCEANFRONT

CONTINUED FROM Page 1

ters. "The focus for the oceanfront is on health and wellness within our community."

"There are so many issues with the current oceanfront, which include safety issues for the pedestrians, the run-down building issues, the businesses in the Promenade from a fiscal and aesthetic perspective."

Some of the ideas discussed at the meeting were to create a drop-off area on the north and south ends of the oceanfront at the foot of Grand Avenue and Pacific Beach Drive that would be closed to parking and only designated for service vehicles.

Other ideas that surfaced were an amphitheater at the foot of Thomas Street and a proposal to turn the foot of Oliver Street into an open-air retail area.

Ideas for Mission Boulevard have included closing off traffic to the west — with the exception of service vehicles and vehicle drop-offs — to help make the oceanfront more pedestrian-friendly. A possible skatepark in the parking lot just east of the Beach Cottage Motel at 4255 Ocean Blvd. was also discussed.

Parking issues are also being studied if traffic were to be closed between Grand Avenue and Pacific Beach Drive. A preliminary study showed there would not be a huge loss in parking if all the proposed changes to the oceanfront were implemented.

Organizers said they will be presenting their ideas later this month to various Pacific Beach advisory groups, including the Pacific Beach Town Council on Feb. 15, the Pacific Beach Planning Group on Feb. 22 and Discover PB. The date of the latter presentation is yet to be determined.

Organizers said community input is welcome at each meeting.

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Tuesday, February 14.

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Ask The Lawyer

SM

Question:

My parent (neighbor) is starting to become unable to handle their financial (or health) affairs. What can be done to assist and protect them?

Answer:

The first thing that you should do is to look for any estate planning documents that they may have. Do they have a living trust or power of attorney for financial affairs or healthcare? If so, they have named persons to assist them.

If there are no documents, the person should see an attorney and draft them right away. If the person has the capacity to understand what they own and who will take care of them, then all is good. It is so easy to have a power of attorney for financial affairs and one for healthcare.

If they do not understand what is going on, then the court will need to be involved. A conservatorship must be done for developmentally disabled adults and other adults (over 18) that can no longer take care of themselves. There is a lot of paperwork to name another to take care of the person's estate and health care decisions. This is the last place where you want to have to bring your parent. The disadvantages to this are: They will have an attorney appointed for them, the court investigator will go to their home and it will cost a substantial amount of money. The filing fee alone is \$395.00. Contact me today to make sure the court will not be involved.



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Chiropractor to host resolutions-definition class to boost well-being

By MARSHA KAY SEFF | BEACH & BAY PRESS

If you've already forgotten your New Year's resolutions, you're not alone. "Most people don't put enough intention behind their resolutions," said chiropractor Hillari Hamilton of Mission Beach Chiropractic. To help locals better define goals for 2012 and begin to work toward them, Hamilton is planning a "vision board" workshop on Feb. 4 from 2 to 5 p.m. in the Community Room of the Wave House. This is the third year she has offered the class, which she said is "a really good way to start the New Year and project what you would like the year to look like."

Bringing neighbors together to discuss aspirations, as well as health and wellness issues, also creates a sense of community, which is important to general health, Hamilton said. Participants will scan magazines to find words and photographs that help crystallize their vision of what they want in life. Then, they will make collages on poster board to help them visualize these goals so they can begin to put them into practice to create change, Hamilton explains.

"The board gives you the chance to be inspired," she said. Too often, according to Hamilton, people don't get what they want because they don't know what they want. "Ninety percent of what we think on a daily basis, we carry to the next day and the next," Hamilton said. "Our thoughts really do influence how we live our lives ... So we might as well put some thought into it." If one puts their dreams out there and repeats those affirmations, one has a good chance of creating what they want in life, Hamilton said. "[To enjoy good health], it's not



Chiropractor Hillari Hamilton of Mission Beach Chiropractic, will conduct a "vision board" workshop to help residents realize better health and life goals. Photo by Marsha Kay Seff | Beach & Bay Press

enough to treat only the body. We need that mental clarity and positive outlook," said Hamilton, who teaches both longevity and meditation workshops. To encourage beach-area residents, she also plans to host monthly inspirational and motivational movies this year and invites neighbors to join her monthly for cleanup walks on the beach. To illustrate, Hamilton showed off the board she made at last year's workshop. There's a photo of a woman in a bikini, a picture of a diamond ring and one of George Washington on the \$1 bill. She points to her new diamond engagement ring. She was married while her husband was still in school and didn't get a ring. That is, until she pasted one on her board. Also on her board are words like "hope," "wonder" and "solutions." She says, unabashedly, "I want to change the world."

She said many people don't realize

how trapped they are in their own lives. She believes the vision boards can give people the insight into changing, rather than remaining victims of their current circumstances. "You need to take responsibility for your life and your happiness and your health; be the designers in your own life, proactive in your healthcare," Hamilton said. Paradoxically, she says, "Our deepest fear is that we're strong beyond measure." She said the secret to good health and well-being, as well as personal success, is to be able to answer this question: "If I were brave, what would my life look like?" The Wave House is located at 3125 Ocean Front Walk in Mission Beach. To reserve a space for the workshop or for more information, call (858) 539-7227. The suggested donation for supplies is \$5.

Score it big with half-price admission to area museums

By SCOTT HOPKINS | BEACH & BAY PRESS

Have you been dying to climb aboard the USS Midway Museum to see the aircraft and many other displays? Are you into cars, ocean life, photography, art, music or archaeology? Looking for a place to take the kids? During February, 40 local museums are offering half-price admission during "Leap into Museums" month, presented by Macy's department stores. A pass to all 40 museums participating in the annual event are now available at any of 14 Macy's stores in San Diego, Imperial Valley or Temecula. Each pass is free and reusable all month at all museums. Most museums in Balboa Park are part of the celebration. Other well-known sites are the Birch Aquarium at Scripps, the Maritime Museum on the Embarcadero, the San Diego Children's Discovery Museum, the Serra Museum in Presidio Park and the Whaley House in Old Town. But there are also some lesser-known museums that may lure curi-

ous visitors as well. Have you experienced the Barona Cultural Center and Museum, the Coronado Museum and Cultural Center, the Flying Leatherneck Aviation Museum (at Marine Corps Air Station Miramar), the Marston House and Gardens, the Tijuana Estuary Visitor Center or the Women's Museum of California? These and many more are awaiting your visit. Now in its 23rd year, the event began in 1989 and serves to introduce thousands of local residents to the region's museums, historical sites, educational institutions and cultural centers. While there is a limit of one pass per person, each pass allows the holder and three others to gain admission at half-price. The event was conceived by the San Diego Museum Council. Visitors are urged to contact museums prior to visiting to confirm hours. This information, along with directions, phone numbers and detailed information on each museum is available at www.sandiegomuseumcouncil.org.

REMEMBERWHEN?

HERE'S AN AERIAL, CIRCA 1929, OF CROWN POINT. The streets are laid out in anticipation of the completion of the causeway. Only about seven homes were built by the time the causeway was dedicated in 1931. The Great Depression took its toll and hit the community hard. — John Fry can be reached at (858) 272-6655 or by email at mail@johnfry.com.





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Free Living History Activities in Old Town State Park All Year Long

February may be museum month in San Diego but Old Town San Diego State Historic Park has more than 10 free museums open to the public year-round. These museums have ongoing living history activities every Wednesday and Saturday from 10 a.m. to 4 p.m. to educate the public about what life was like in San Diego in the 1800s. The park also hosts free tours daily at 11 a.m. and 2 p.m. that begin at the Robinson-Rose Visitor Center. "There is no denying that Old Town San Diego State Historic Park has a lot of great things to offer visitors," stated Interpretation and Education Manager Karen Beery. "We encourage all San Diegans to set a date to experience the state park and explore the way San Diego was in the 19th century." Every Saturday of the month, the park offers a different taste of historic trades and craft guilds for visitors. The first Saturday of every month, the park

hosts the Print Guild and Tintype Guild. Visitors can have a first-hand experience of how printed word and photography was executed in the early days of California. On the second Saturday of each month, the park hosts Californio Day. Between 1821 and 1848, people who lived in Southern California were called Californios. The unique cultural heritage and activities of the Californios will be shared and celebrated with visitors. The third Saturday boasts presentations from the Quilt Guild, Fiber Arts Guild and the Mormon Battalion. Guest of the park will learn about the traditional methods of quilting, spinning, weaving and other fiber arts techniques. Visitors will also learn about the famous military unit, the Mormon Battalion, and how the impact of their service changed the history of San Diego and California.

On the fourth Saturday, the park hosts the Mountain Men and the Soap Makers Guild. Park visitors will learn about the historic mountain men and the discoveries they found as well as learn the art of soap making. In conjunction with the different events every Saturday, the park also showcases the Blacksmith Guild's presentation every Wednesday and Saturday morning and the Quilt Guild every Wednesday afternoon. For more information about the guild schedules of the day and their location in the park, visit the board outside the Robinson-Rose Visitor Center. The Visitor Center and museums are open daily from 10 a.m. to 4 p.m. October through April and 10 a.m. to 5 p.m. May through September. To confirm hours of operation or for more information call 619-220-5422 or visit <http://www.parks.ca.gov/oldtownsandiego>.

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Ex-MBHS star running back exits USC for local stage



Dillon Baxter escapes a tackle by Point Loma's Christian Heyward during a game in 2008. Baxter has left USC to play at San Diego State while Heyward is a rising star as a defensive lineman at USC.

Photo by Scott Hopkins | Beach & Bay Press

Highly touted Dillon Baxter looks to make impact at SDSU

By SCOTT HOPKINS | BEACH & BAY PRESS

When he announced his intent to play football for the University of Southern California (USC) in 2009, prolific Mission Bay High School (MBHS) quarterback-running back Dillon Baxter was compared to former Trojan and Heisman Trophy winner Reggie Bush by incoming USC head coach Lane Kiffin.

Now, less than two years later, Baxter's dream of stardom as a Trojan is over and he has quietly enrolled for the spring semester at San Diego State University (SDSU), hoping to resurrect his career as an Aztec instead.

Baxter and USC wide receiver teammate Brice Butler joined Oregon State quarterback Ryan Katz to form a trio of players from Pac-12 universities transferring to SDSU. But Baxter won't be playing with the others this season.

Under NCAA rules, Baxter must sit out the 2012 season but will then have two years of eligibility left with the Aztecs beginning in 2013. Butler and Katz, on

the other hand, will be eligible to play in 2012 but both will have graduated by fall and have only one year of eligibility remaining.

The trio can, however, participate in all team activities in the interim, including offseason workouts, currently under way. Spring football at SDSU begins Feb. 21. Four other players joined the Aztecs at the semester break, and the national letter-of-intent signing day for incoming freshmen was Feb. 1.

In a local news media report, SDSU head coach Rocky Long refused to discuss Baxter until he is eligible to play, saying only "Dillon and I understand each other."

After leading the Buccaneers to an undefeated 13-0 record and the 2009 CIF Div. IV title in his senior season at Mission Bay High, Baxter was one of the most highly recruited members of the class of 2010 in the country. News of his signing with USC was covered by ESPN and other national news media, and when Baxter graduated early from Mission Bay High and enrolled in the spring on the Trojan campus, he was seen as a future superstar.

But Baxter's dream never materialized.

After a sensational run during an early Trojan scrimmage in which he used brilliant moves to make numerous would-be tacklers miss, Baxter appeared on his way to stardom. Video of his run was carried on nationwide sports shows and also received 1.8 million hits on YouTube.

But before his first game for USC, Baxter found himself suspended from the

SEE BAXTER, Page 12

DILLON BAXTER'S HONORS DURING TIME AT MBHS

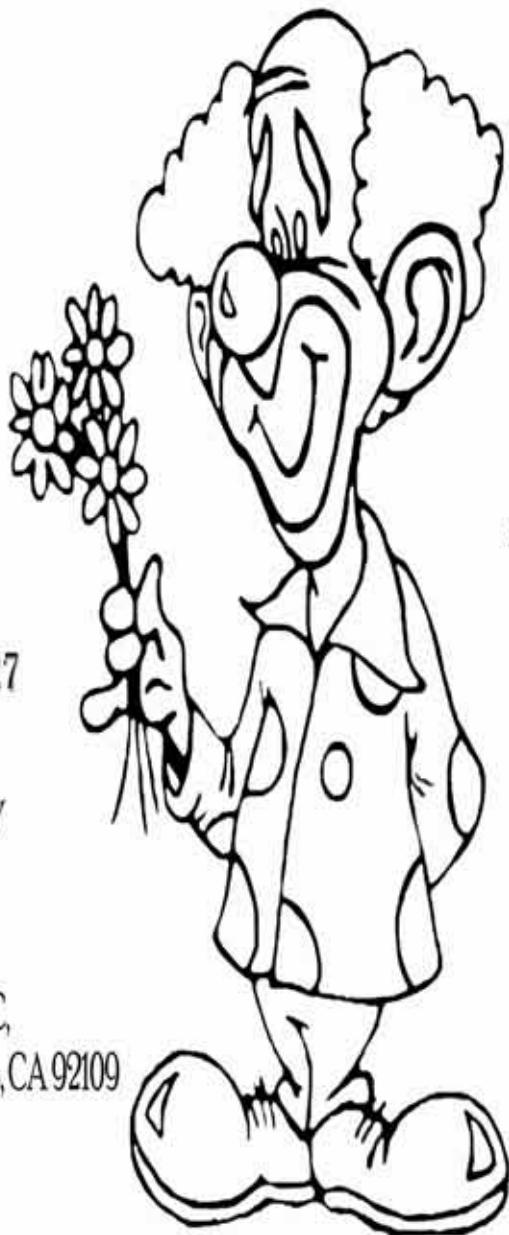
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— SOURCE: University of Southern California media guide



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By **WALTER RUSKIN** | BEACH & BAY PRESS

Super Bowl XLVI (46 for those of you not fluent in Roman numerals) is Sunday, Feb. 5. If you're one of those people who prefers to actually watch the game instead of distractedly circling the snack table looking for a fresh, unmolested-by-double-dippers bowl of salsa, I suggest you hit Starkey's BBQ early Sunday afternoon to fill your food tank.

If nachos and cold cocktail weenies won't hold you over during the game of the year, or if a three-hour-long wait for pizza delivery doesn't sound like fun and you need a solid lining for your gut before you empty the contents of the beer fridge into it, have a plate of Starkey's ribs. Better yet, have two! Their homemade baked beans are excellent and the onion rings are just the kind of beer-battered delight that makes you question why you don't fry everything.

Starkey's BBQ is located at 3231 Mission Blvd. in Mission Beach. It is owned by partners Ryan Paton and Becca Starkey.

"We always wanted to have our own barbeque restaurant where we could combine our two family's barbecue secrets," said Paton.

So, when the opportunity to purchase the old Mission Beach Burger came up, the young couple raised the capital and began the new journey of



Starkey's BBQ, located at 3231 Mission Blvd., is a great place to catch Super Bowl XLVI this Sunday. Photo by Walter Ruskin | Beach & Bay Press



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STARKEY'S

CONTINUED FROM Page 10

bringing homestyle barbeque to the beach.

“We slow-cook our ribs and pulled pork for five to six hours and combine it with our family barbecue sauce to make some of the most tender, delectable, comforting ribs you will ever taste,” said Paton.

I have to concur. I had the tri-tip sandwich on my most recent trip to Starkey's and my fiancee had the pulled pork. One bite and I could tell she wasn't willing to share.

The best part of Starkey's (besides the delicious food) is the fact that you don't need to make an NFL quarterback's salary to pay the bill! There is another little gem you should know about Starkey's: they have incredible customer service. If you are a Pacific Beach local, you are always given happy-hour prices. That's right! Let's say you want ribs at 3 p.m. on a Sunday. If you just mention that you read this article, it would prove that you are a local and thus, you get Starkey's happy-hour prices.

In addition, Starkey's has just been approved to accept Campus Cash thru the University of San Diego campus. So, if you are a USD student and living in the beach area, your food card is not only accepted at Starkey's, but your parents are actually cool with it. Beer and wine, however, cannot be purchased with this program. You can blame your parents for that little rule. Campus Cash is only permitted for the purchase of food products (and no, wine doesn't count as fruit and beer doesn't count as whole grain).

So if you find yourself not wanting to go to that overcrowded Super Bowl party but still want to have fun and



Starkey's slow-cooks its ribs and pulled pork for five to six hours.

Photo by Walter Ruskin | Beach & Bay Press

have great food, remember your friends at Starkey's will have the grill waiting for you.

And thank you to all our featured bars featured in the Beach & Bay Press during this NFL season.

— Walter Ruskin is a member of the San Diego Community Newspaper Group's "Ugly News Team." Be sure to

catch his videos and in-depth interviews with community movers and shakers by visiting us at www.sdnnews.com.

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Mission Bay High's Dillon Baxter eludes a Point Loma pursuer in a game played in October 2008. Baxter, hailed as a future superstar at USC, has transferred to play at San Diego State University beginning in 2013.
Photo by Scott Hopkins | Beach & Bay Press

SPORTS

BAXTER

CONTINUED FROM Page 9

team “for violating team rules” and did not travel to the opener in Hawaii. USC’s Department of Public Safety filed a report about an unnamed student “violating team curfew” and “being under the influence of a controlled substance” at the players’ training camp dormitory.

The *Los Angeles Times* said a source identified Baxter as the unnamed student and that officers allegedly smelled marijuana in the dorm. Kiffin said the suspension was for an accumulation of things that occurred since Baxter arrived at USC in January 2010.

Baxter later told the news media he learned a valuable lesson.

Saying he needed to “stop acting like a knucklehead,” Baxter went on to say, “I’ve got to be smart with the things I do and realize that I’m under a microscope

and (I’ve) just got to be a leader (and) do the right things.”

Later that season, Baxter accepted a golf-cart ride offer from another student who was, oddly, a listed National Football League (NFL) agent. Baxter was suspended again for this NCAA rule violation.

Baxter played a limited role with the Trojans in the early part of his sophomore season last year after being described in USC preseason notes as a “back with limited starts to (his) name.”

Baxter did not travel with the Trojans to South Bend, Ind. where USC defeated Notre Dame on Oct. 22.

After 12 total offensive touches in the first four Trojan games last season, Baxter’s name disappeared from the stat sheets and, on Oct. 25, Kiffin announced Baxter would not be part of the football program so that Baxter could focus on academic issues.

The next day, The *Los Angeles Times* reported Baxter “is no longer part of

BAXTER’S 2009 MBHS STATS

Baxter completed 102-of-166 passes (61.4 percent) for 1,968 yards with 26 TDs and just seven interceptions and ran for a San Diego record 2,984 yards on 261 carries (11.4 avg.) with 50 TDs (he also caught a TD pass) while accounting for a state record 79 touchdowns on offense, had two interceptions and scored twice on defense and returned nine punts for 117 yards (13.0 avg.) and 11 kickoffs for 179 yards (16.3 avg.).

USC’s team, likely ending the Trojan’s career of an elite recruit after less than two seasons.” Kiffin refused to answer questions, calling the situation a “distraction” to his team and its 6-1 record at the time.

Baxter was released from his USC scholarship and planned to complete his semester there before transferring to SDSU.

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In a report, titled “Reducing Environmental Cancer Risk: What We Can Do Now,” the U.S. President’s Cancer Panel says that exposure to environmental chemicals that increase consumer’s risk of cancer is minimal when choosing USDA certified organic foods. The report concluded that, “Many known or suspected carcinogens first identified through studies of industrial and agricultural occupational exposures have since found their way into soil, air, water and numerous consumer products... Some of these chemicals have been found in maternal blood, placental tissue, and breast milk samples from pregnant women and mothers who recently gave birth. Thus, chemical contaminants are being passed on to the next generation, both prenatally and during breastfeeding.”

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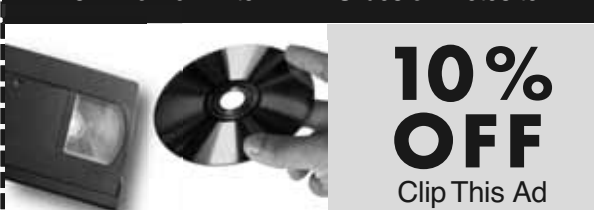
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EDUCATION NOTEBOOK

PACIFIC BEACH MIDDLE SCHOOL

- **Carren Lindsay-Dial**, a Pacific Beach Middle School alum and now an IB teacher, **has been named International Baccalaureate Educator of the Year for California by the California Association of IB World Schools.** She was recognized for her collaborative work on PB Middle's outstanding sixth-grade IB unit "Invisible Children." She will receive her award at an IB conference in February.
- Hats off to **Hannah Bloom**, an eighth-grade student at Pacific Beach Middle, who **has been named California's Outstanding IB Student of the Year.** She was selected for her unrivaled dedication to the IB learner profile as evidenced by her commitment to taking principled action in the community. Starting her IB journey at Kate Sessions Elementary School and continuing at PB Middle's IB Middle Years Programme. Bloom has volunteered hundreds of hours to participate in ASB, Builders Service Club, organizing school garden, Leukemia fundraisers and other service initiatives. Outside of school, Bloom can be found maintaining local softball fields, participating at beach cleanups and spending summers volunteering at a local senior home.
- Pacific Beach Middle School will host a **school tour beginning in the media center/library on Thursday, Feb. 2** from 8 to 10 a.m. If you want to learn more about the international baccalaureate program at PBMS and all the opportunities for your incoming middle-schooler, join the tour themed "A



Ten educators from Houston, Texas came to learn from Pacific Beach Middle School's award-winning International Baccalaureate Middle Years Programme teachers recently. "They were highly impressed with our project-based service learning, student questioning strategies, units that illicit higher-order thinking skills and strong emphasis on globally relevant themes. They realized that test scores in their Houston school will improve only when students are engaged and taking action to solve real-world problems inside and outside their classrooms," said PB Middle School principal Julie Martel. Pacific Beach Middle continues to be a national example of international baccalaureate teaching excellence for grades 6-8. *Courtesy photo*

day in the life" of a PBMS student. You will meet administrators, learn about IB, meet teachers and see students in action in class. Your student is also welcome to attend this informative tour.

MISSION BAY HIGH
Mission Bay High School's **inaugural talent show/air-band competition will be held on Thursday, March 1** from 6:30 to 8 p.m. in the MBHS auditorium. There will be cash prizes and celebrity judges: Joe Wilding, president of the Pacific Beach Town Council; Brad Wills, Channel 5 weatherman; and Maruta Gardner, president of the Mission Beach Woman's Club. The judges will cast their votes for the most original, polished professional act. Come and see the talented students of Mission Bay High School while supporting the class of 2014! Tickets are \$5 each and can be purchased in advance in the school office or the night of the event.

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• The employees of **our local UPS, in partnership with the United Way, have cho-**

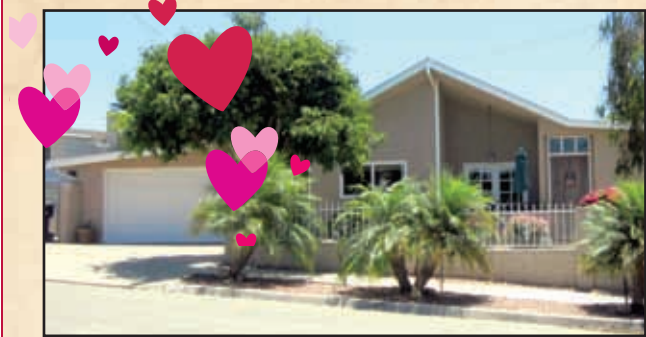
sen to support education and Friends of Pacific Beach Elementary School (FOPBE) with their monetary donations. On Jan. 13, Jack Fitzpatrick (a first-grader at PBE) and his mom, Erin Fitzpatrick, president of FOPBE, went to UPS at 5 a.m. on break time and presented the top seven givers (\$100 or more) with PBE T-shirts. Ivy Brown, the San Diego division manager for UPS, provided treats and beverages for all. Jack got to "drive" the big brown truck. Thank you UPS for supporting the students at PBE.

- PB Elementary will host the **all-school American Heart Association (AHA) "Jump Rope for Heart" event** on Thursday, Feb. 16, with all pledges benefiting AHA. The children will jump rope for as long as they can and collect pledges for the number of jumps they complete. This is another great example of Pacific Beach students giving back.

KATE SESSIONS ELEMENTARY
Kate Sessions Elementary will have a **used-book drive and sale.** Drop off your used books through Feb. 2, and then come back between Feb. 6-10 to shop. All books will be sold for \$1. This is a great way to update your collection. For more information, email katesessionselementary@gmail.com. All proceeds benefit the students of Kate Sessions Elementary.

- Kate Sessions Elementary's **second annual schoolwide Valentine's Dance** will be held on Feb. 10 from 5:30 to 8:30 p.m.

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Forever Views



Relax On Your Private Upper Deck & Enjoy Panoramic View of San Diego Bay, North Island, South Coronado Island, Pt. Loma, Mission Bay and Mt. Soledad with magnificent sunsets and Sea World fireworks. This home also overlooks a canyon with No Powerlines, Power Polls To Overlook. This is the True Meaning Behind this Home's Value. Well Appointed Kitchen. Cherry Wood Flooring! Spacious Master Suite w/Walk In Closet. Loft Office/Custom Built-Ins. This Home Offers Surround Throughout! Sunroom w/Stationary Swim Spa! 4 Bedroom 3 Bath! **3381 Ecochee Ave.**
REDUCED TO \$849,000 from \$879,000!!

Unobstructed Ocean Views!



Unobstructed Panoramic Ocean & Bay Views Encourage Year Round Indoor and Outdoor Living! Lush Private Garden with Gazebo and Spa, Open Beam Ceilings, Skylights, Fireplace, Large Master Suite with Walk In Closet! Freshly Painted and Move in Ready! And So Much More!! **4018 Kenosha**

Panoramic Views of Ciy, Bay & Ocean!



3 Bedroom, 3 Bath, 1,732 Sq. Ft. 1/3 Acre with Panoramic Views of City, Bay & Ocean . \$250K Remodel. New Light and Bright Kitchen
2425 Poinsettia Dr.

Perfect Home For Extended Family.



4502 Melisa Way
Desirable Bay Ho Community with Spectacular views of Mt.

We still have Buyers looking for 3 BR+! Can be a fixer. Any home on canyon or view Lot



Vicki Dutch-Jones Vicki Sells San Diego, Vicki Sells Bay Ho!
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