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## SUMMER HITS FULL TILT

### Busy holiday weekend keeps emergency services hopping as heat, humidity jump

Police officers, lifeguards and paramedics got their first true test of the summer months with a huge influx of visitors to local beaches during the long Fourth of July holiday weekend. An estimated 1.12 million people flocked to the beaches and Mission Bay to enjoy the higher weekend temperatures and seek some relief from humid monsoonal conditions. Lifeguard officials reported 738 water rescues over the three-day holiday – more than three times the number of rescues made in 2009 and 2010. Medical aids also increased by more than twice the 2010 numbers for the same period. The busiest of the local beaches was Mission Beach, with about 160,000 people. One diver died off Mission Beach on Saturday during an apparent diving accident and law enforcement officials reported a jump in the number of drunken-driving arrests and fatalities over figures for last year at this time. Officials said the large crowds were well-behaved for the most part, **lower right**, as beachgoers packed Pacific Beach, Mission Beach and Mission Bay (photo by Paul Hansen). **Above**, two rollerbladers have some fun cruising down the boardwalk in their patriotic Fourth of July swimwear. Parking during the warm holiday weekend also led to the usual parking dilemma and frustration for beach visitors (photo by Jim Grant). **Lower left**, Chris Ryan from San Diego, seized the opportunity to sell parking places for \$40 a day along Mission Boulevard (photo by Jim Grant).



## Keeping beach, bay trash in its place is goal of broad coalition

By LEE CORNELL | BEACH & BAY PRESS

While crowds estimated to be in the hundreds of thousands were expected to swell the shores of the local bays and beaches over the past Fourth of July weekend, local community groups were actively planning a counterattack on the inevitable waste the swarms of tourists would bring.

"We are so lucky to live in one of the most beautiful, environmentally important areas in the entire state of California and we want to make sure we keep it that way," said District 2 City Councilman Kevin Faulconer during a press conference June 30.



The San Diego Clean Beach Coalition, spearheaded by cleanpb.org seven years ago, has evolved into a local meeting of the minds that brings several environmental-ly friendly groups together for one coordinated plan to keep the beloved shoreline clean and safe.

District 2 City Councilman Kevin Faulconer lauds the San Diego Clean Beach Coalition during a press conference on June 30.

Photo by Lee Cornell | Beach & Bay Press

"It's one coordinated effort," Faulconer said.

Aside from the nonprofit organizations involved in the holiday cleanup, many local businesses also pitched in to help raise the \$15,000 needed for the project. Pacific Beach Shoreclub was this

SEE TRASH, Page 4



Extra large recycling boxes and other trash receptacles were set out from Ocean Beach to Pacific Beach to La Jolla to encourage the holiday weekend beachgoers to help keep the beaches and bays clean.

Photo by Lee Cornell | Beach & Bay Press

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# News updates



A San Diego Fire-Rescue Department helicopter makes a water drop on a grass fire that blackened about a half-acre of vegetation around Kate O. Sessions Memorial Park in Pacific Beach on June 29.

Photo by Paul Hansen

## Cause of Kate Sessions Park grass fire unknown

Fire investigators have not yet determined the source of a grass fire that blackened about a half-acre of brush around the perimeter of Kate O. Sessions Memorial Park on June 29.

The cause of the flare up remains under investigation, according to Maurice Luque, a spokesman for the San Diego Fire-Rescue Department.

Flames broke out about 2:15 p.m. Wednesday near the back of the park. Firefighters used a helicopter to make

at least two water drops to help extinguish the blaze.

Although firefighters took a precautionary stand near Edgeworth and Crosshill roads near neighboring homes, the structures were not threatened, according to fire officials.

The grass fire was extinguished in about 45 minutes and no injuries were reported, said officials.



A hiker observes a pine tree badly singed an hour after a small brush fire was extinguished in the undeveloped area of Kate O. Sessions Memorial Park on June 29.

Photo by Don Balch | Beach & Bay Press

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## Girl slightly hurt after being run over by lifeguard

A toddler reportedly suffered only bruises after she was accidentally run over by a lifeguard vehicle June 30 at the foot of Law Street in north Pacific Beach shortly after 7 p.m., said fire officials.

The driver of the lifeguard vehicle reportedly did not see the 3-year-old because she was under a towel at the beach, according to Maurice Luque, a spokesman for the San Diego Fire-Rescue Department.

The child was taken to Rady Children's Hospital and was found to have bruising but no other apparent trauma or signs of internal injuries.

The San Diego Police Department is investigating the case, said Luque.

## M.E. probes death of diver who died off MB

The body of a 56-year-old man who died during a possible diving accident off Mission Beach during the Fourth of July weekend will be autopsied soon to determine exactly how he died, said the county Medical Examiner's Office.

The victim was identified by coroner's officials as 56-year-old James Daniel Kinane.

Lifeguard officials said Kinane was participating in a diving venture July 2 down to the nearby Yukon wreck. Kinane reportedly jumped into the water and apparently had trouble with his gear. Other divers reportedly tried to come to Kinane's rescue, but the victim lost consciousness, according to officials.

It is not yet clear whether the fatal dive resulted from faulty gear equipment or a possible medical problem. He was pronounced dead at the dock.

## Killer in 2008 PB case sent to mental hospital

A Pacific Beach man who was convicted of second-degree murder in the 2008 slaying of his roommate has been committed to a state mental hospital

after a judge determined he wasn't mentally competent to be sentenced.

San Diego Superior Court Judge Fred Maguire agreed with court-appointed psychologists that Ian Alex Suazo, 24, didn't understand the court proceedings and ordered Suazo to Patton State Hospital.

Although Maguire issued the order on May 13, Suazo remains in the central jail awaiting transfer to the facility in San Bernardino. Patton is currently filled to capacity, which has space for 1,287 patients.

Suazo's attorney, Richard Gates, said he's not surprised that Suazo is still awaiting transfer, even though it has been six weeks the judge's order. He said that Patton waits until there is a vacancy before accepting another person who is committed there by a judge.

Gates said his client needs treatment now, but added that many people languish in local jails awaiting transfer until there is a vacancy.

A jury found Suazo guilty in March 2010 and found that he was sane when he stabbed 39-year-old Ocie Raines to death in their Agate Street apartment on Sept. 24, 2008. Suazo went outside and walked into the street deliberately and was hit by a car on Mission Boulevard.

Doctors at Patton will treat Suazo, and if he regains his mental competency, he will be sent back to San Diego for

SEE UPDATES, Page 5

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# NEWS & EVENTS

## LIVEMUSIC

### Power rock, rhythm-heavy tunes and some Sensations

**By BART MENDOZA | BEACH & BAY PRESS**

San Diego has always had a thriving hard-rock scene. National breakouts have ranged from Ratt to As I Lay Dying. Two of the most popular current chart contenders — Cage and Benedictum — join forces on July 8 at Brick by Brick. In addition to both groups having a fervent local following, they are both much more popular in Europe, where they routinely play large festivals. Cage is one of the longest-running bands in the area after forming in 1992. It will perform in support of its new DVD, “Rise to Power,” showing it hasn’t lost any of its fire in the ensuing years. Meanwhile, Benedictum is performing in support of its new album, “Dominion,” before heading to Europe this fall. If you like music loud and heavy, this ones for you. Earplugs advised.

**Cage/Benedictum** perform at 8 p.m. on Friday, July 8 at Brick by Brick, 1130 Buena Vista Ave. 21 and up. \$10.  
[www.cageheavymetal.com](http://www.cageheavymetal.com)

Sene Africa performs West African music from Senegal. Comprised of guitarist and vocalist Ibrahima Ba and Kora player Amadou Fall, Sene Africa appears at Café Bar Europa on Sunday, July 10 with a guest percussionist to enhance its songs. While its sound certainly falls into the world music category, this isn’t music just for those who like exotic instrumentation. Anyone who enjoys up-tempo, rhythm-heavy tunes will enjoy this duo.

**Sene Africa** performs at 7 p.m. on Sunday, July 10 at Café-Bar Europa, 873 Turquoise St. All ages. No cover.  
[www.theturquoise.com/wordpress](http://www.theturquoise.com/wordpress)

Guitar aficionados will want to visit Costa Brava — and not just for the great tapas. On Tuesdays, Wednesdays



Few local groups are quite as versatile as The Sensations, who appear at Tio Leo's on July 16 with danceable rock and roll, classical guitar, violin pairing and more. *Courtesy photo*

and Thursdays, the Spanish restaurant also hosts world-class flamenco guitarists at 7 p.m. Holding down the Wednesday night residency is Edward Fishwick, perhaps best known for his work with the Albaicin Trio. A virtuoso performer, Fishwick’s dedication to his craft is evident from the first notes he plays. Letting the strings of the guitar take the melody, it’s easy to overlook the instrumental nature of this music. With the mix of Spain’s native foods and sounds, this is just about the perfect match of venue and artists.

**Edward Fishwick** performs at 7 p.m. on Wednesday, July 13 and Wednesday, July 20 at Costa Brava, 1653 Garnet Ave. No cover. [www.costabravasd.com](http://www.costabravasd.com).

There are few local groups quite as versatile as The Sensations, who appear at Tio Leo’s on July 16. The night’s set will focus on danceable rock and soul. However, the five-piece combo can provide everything from a classical guitar and violin pairing to a set of Beatles hits, a jazz rendition of “Autumn Leaves” and Lynyrd Skynyrd’s “Call Me The Breeze.” This

is truly a band that offers something for just about everybody.

**The Sensations** perform at 9 p.m. on Saturday, July 16 at Tio Leo’s, 5302 Napa St. 21 and up. Cover TBD.  
[www.sensationsband.com](http://www.sensationsband.com)

Lots of reggae-inspired bands call San Diego home, but not many are as prolific as Stone Senses, which performs at the Typhoon Saloon on July 20. The six-piece band first hit local stages in 2004, racking up three albums, two EPs and more than 500 shows since. All the hard work adds up to a strong performing style and one of the deeper repertoires of a local reggae group. The band lists ‘rock’ in its influences, but it’s the soul-inflected numbers like “No More Babylon” that set Stone Senses apart, landing its music somewhere between Jimmy Cliff’s late-period commercial sounds and The English Beat’s world music blend.

**Stone Senses** performs at 10 p.m. on Wednesday, July 20 at the Typhoon Saloon, 1165 Garnet Ave. 21 and up. No cover.  
[www.typhoonsaloon.com](http://www.typhoonsaloon.com)

## TRASH

CONTINUED FROM Page 1

year’s lead sponsor, kicking in \$5,000. “We’re very happy to donate to a cause like this,” said PB Shoreclub owner Billy Ramirez. “We’re on the beach. We look out our windows and that’s our view: the ocean, the beach, people having a good time. Keeping that clean not only in front of us but around Pacific Beach is important.”

A big part of the setup for the weekend was strategically assembling and placing 110 super-size trash boxes and

90 extra large recycling boxes from Ocean Beach to La Jolla. Each box, which is made of cardboard, also had the rules of the beach printed on two sides, reminding visitors of the do’s and don’ts.

The Park and Recreation Department stepped up its efforts by adding several 55-gallon blue trash bins and 90 portable restrooms along Mission Bay and the beach. The Park and Recreation Department also had several staff members actively patrolling for waste issues throughout the weekend in addition to staging a trash area on Fiesta Island to make sure recyclable items didn’t end

up in the landfill.

In addition to the prevention efforts, the coalition also organized a “morning-after mess cleanup” on the water’s edge July 5 to help pick up after those who may not have been environmentally responsible. That group was largely made up of volunteers from the community.

The clean-beach coalition will be back in action for Labor Day weekend in August, concluding the group’s summer efforts to keep the sands and seas beautiful.

For more information, visit [www.cleanbeachcoalition.org](http://www.cleanbeachcoalition.org).

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By LEE CORNELL

ON THE STREET

(Asked along the boardwalk on July 5

“How did you spend your Fourth of July this year?”



“In the evening I hung out at the beach with the Campus Crusade for Christ group and just hung out with other Christians in the surrounding area. We had a barbeque, played some yard games, some ladder ball and some football and then watched the fireworks show.”

Trent Friesen  
Nebraska  
Student



“I actually worked for six hours, which was a bummer, but I had breakfast with my friends in the morning down by the bay and we had a barbeque in the evening. We went and stood in the middle of the bay when the fireworks went off, it was really beautiful.”

Abbey Cook  
Pennsylvania  
Student



“I helped out with a barbeque we put on for the policemen in the area and served them meals all day. Afterwards I had another barbeque with some friends, played ultimate frisbee and watched the fireworks.”

Elisabeth Hammer  
Texas  
Student



“We went to La Jolla for a lovely brunch and then we went back to our hotel and watched the fireworks from the roof of Porto Visto. They were having a little party there and it was very pleasant.”

Sarah Verno  
Denver  
Project management



“I went over to a block party and played some bean-bag toss, some corn hole. I drank a couple beers and played some beer pong. It was pretty fun.”

Andrew Knight  
East County  
Student

MUSTHEAR

Tribute bands are the hottest musical trend going at the moment. However, it may come as a surprise that, in addition to the usual subjects like top-tier emulation acts like Elvis, The Beatles and Led Zepelin, the trend is now encompassing lesser-known but equally-worthy performers. Such is the case with Badd Co., a tribute to seventies rockers Bad Company. The band performs at Tio Leo's on July 8. Their namesake band's heyday was roughly 1974-79, with a handful of chart hits like “Can't Get Enough of Your Love” and “Feel Like Makin' Love,” but Badd Co. also fills its set list with FM radio staples like “Good Lovin' Gone Bad” and “Burning Sky,” making the band a firm fan favorite. Badd Co. strives for accuracy in its renditions, but still leaves things loose enough to have a little fun, capturing both the spirit and the sound of their heroes.



Badd Co performs at 9 p.m. on Friday, July 8 at Tio Leo's, 5302 Napa St. 21 and up. Cover TBD. [www.baddcotribute.com](http://www.baddcotribute.com)

— Bart Mendoza

UPDATES

CONTINUED FROM Page 3

sentencing. He faces 16 years to life in prison.

— Neal Putnam

MB Sports Center wins new lease

The Mission Bay Sports Center got a new 20-year lease with the city that increases its rent from \$45,000 to \$70,000 annually, reportedly the current market level. The center is open to the public at 1010 Santa Clara Place in Mission Bay Park. The center teaches beginning-through-intermediate levels in sailing, surfing, body boarding, water skiing, kayaking, rowing/paddling, wake boarding and windsurfing. The owners have pledged nearly \$800,000 in improvements, including a new dock, new landscaping and irriga-

tion, new restrooms, and building upgrades. Solar energy panels will be used. The San Diego City Council approved the new lease on June 21 in a 7-0 vote in a motion by District 6 Councilwoman Lorie Zapf. Councilmember Kevin Faulconer was absent. The owners made improvements to the city-owned building that included new fencing, re-staining the building and modification of the storage yard, according to a city report. The previous lease expired in October 2005, and the center was currently on a month-to-month tenancy. The \$70,000 annual rent will be adjusted every five years, and a market-level adjustment would come after 10 years.

— Neal Putnam

Charger pleads not guilty in PB DUI case

San Diego Chargers linebacker

Antwan Applewhite pleaded not guilty June 14 to two misdemeanor drunken-driving charges in Pacific Beach and has a court hearing set for July 26. Applewhite, 25, didn't have to appear in San Diego Superior Court because the charges are misdemeanors. His attorney entered the not guilty plea on his behalf. Applewhite was arrested May 6 about 2:25 a.m. on Grand Avenue near Gresham Street after allegedly failing a sobriety test. The judge set a readiness conference for July 26 and a trial date will be set later if the case is not resolved. Applewhite has retained high-profile attorney Kerry Steigerwalt. If Applewhite is convicted of misdemeanor drunken driving, he faces a maximum sentence of six months in jail and/or a \$1,000 fine. A jail sentence is unlikely without property damage or a collision. Applewhite remains free on bond.

— Neal Putnam

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Huge blue water San Diego Bay views enhance this 4Br/2Ba beautiful remodel with over 2000 sq.ft and all new kitchen & baths. Enjoy morning coffee in the view family room with a mosaic tile fireplace, or read your favorite book by the glass tile fireplace in the living room. Pull into your garage & carry your groceries into your home without getting wet in the rain. Wake to morning sunrises over the city in the master w/big bay views. Watch the sunset over the city on the deck w/ gas fireplace. Buy this great San Diego neighborhood

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This 4 bedroom, 3 bath, with "location, location, location", has over 2000 square feet of huge potential and unlimited ocean views. Watch pelicans fly over the ocean. The vaulted ceiling living room has beautiful blue water and north shore views. Enjoy the red brick fireplace, skylights and a view to the yard. The bedrooms are spacious and have vaulted ceilings. Upstairs, the master has a sitting area and great views. Morning sun floods the rear yard and spa. The 2 car garage is from the alley.



BOARDWALKBEAT



Photo by Lee Cornell | Beach & Bay Press

This year's Fourth of July was worth waiting for

By LEE CORNELL | BEACH & BAY PRESS

This year's Fourth of July weekend will be remembered for years to come. Coming off a miserable Independence Day in 2010, those who kept faith in San Diego were rewarded in folds.

Mother Nature stepped up big time. June's cloudy skies cleared up days before Lady Liberty rang in her 235th birthday. The sun blazed almost the entire time and temperatures hovered in the 70s and 80s. Even the water temperature shot up, prompting most surfers to ride in bathing suits. Swimmers enjoyed the waves while cooling off. I met more than one visitor from Phoenix who marveled at our ideal climate. I hear it's a little hot and dry in Phoenix this time of year.

While the beaches might not have been quite as slammed as the pre-booze-ban days, there were enough tourists to fill up multiple football fields. What really impressed me was the effective work volunteers did to keep trash from spilling all over the beach and into the oceans. From what I hear, a clean beach was not the norm after big holiday weekends years ago. Thanks to all who pitched in.

There were some downsides to having so many

people flock to the area at the same time. For instance, parking was practically impossible. In fact, I saw many frustrated motorists accepting their fate by giving in and receiving costly tickets to park illegally. I also saw budding entrepreneurs selling parking spots for up to \$100 — not much more than what a ticket will cost you these days.

It was also frustrating having to deal with long lines to eat and drink at my favorite restaurants and bars. But that's how business owners make money, which is good for the community. Besides, we get the place for the rest of the year.

What struck me most about this Fourth was the general warmth and happiness exuded by the people. I hadn't seen that many smiles going around in a long time. Even if it was just for a day or a weekend, it felt as though our proud seaside towns of Mission Beach and Pacific Beach were once again a central destination.

This community and country has been through a lot the past couple of years. This summer's Independence Day reminded us how bright our future can be as a city and a nation.

Happy Birthday America!

Author talks about publishing her first manuscript, set in PB

By KAI OLIVER-KURTIN | BEACH & BAY PRESS

"Gwendolyn: A Love Story" is a fictional novel about a woman struggling with mental-health problems, and whose life takes an unlucky turn — landing her homeless in the streets of Pacific Beach. University City resident Pattie Leo Krohn self-published the 366-page book, a labor of love she began years ago but never had the time to finish. The out-of-work math and science teacher finished the project over the last year and said she has been delighted to share it with friends. Krohn hopes to change people's views and assumptions about homeless people through the trials and tribulations of the protagonist in "Gwendolyn: A Love Story."

BBP: What was the publishing process like and how was it to see your work in print?

Pattie Leo Krohn: It is very difficult to publish fiction these days. Agents and publishers will not even look at unsolicited manuscripts. I decided to be very brave and just publish this myself because I always have friends who want to read my work ... and I end up photocopying too much! Indie publishing is great. I wrote, edited, copyedited and published this book without anyone else reading it ... and then I just waited. Self-publishing is very easy and

can cost absolutely nothing.

BBP: Was this book based on true events in your life?

PLK: All of the characters are completely invented and not based on anyone. Over the years I have talked to homeless people a lot just because I find them interesting, and in particular, the question of why this has happened to them and not to me. The characters are completely fictional but to me they became very real. The story takes place in Pacific Beach because it's the kind of place where homeless people are more accepted, and as a community it exhibits values of compassion that I wanted for this book. I wanted Gwendolyn to be able to really live there, and when I'm in Pacific Beach I really expect to see her ... living behind the library. I incorporated Coronado because it's a well-known place famous for its luxurious accommodations and beaches. It's a place easy to imagine.

BBP: How did you come up with the twisting plot?

PLK: I spent about 15 years working in psychiatry research at the University of California,



PATTIE LEO KROHN

San Diego. I have worked with some very ill people. I also have a bachelor's degree in psychology and have studied math and physics for a teaching credential. I think this is a story that could actually happen. People are born with genes that predispose them to illnesses like schizophrenia and often, after suffering through a very traumatic event, they will have that first break from reality. There is no cure. So it makes sense that [the protagonist] would never recover and, in fact, does not wish to recover because that world is safe to her.

BBP: How would you describe the book to someone who has never read it?

PLK: This book is a story that tells why a woman who could have lived a normal life became destitute and homeless. I want people to reserve their judgment when they see people living on the streets. We don't know what happened to them or why they are there. So often it's an accident or an injury, or simply some very bad luck that has made it impossible for them to live normally.

BBP: Do you have any other writing projects in the works?

PLK: Right now I'm editing another book that takes place in Los Angeles from 1960 to 1970. It's the story of a man who goes from being a narcissistic, shallow, privileged person to a compassionate, full and loving human being.



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Catt White is the market developer and manager for the new Tuesday farmers market in Pacific Beach. She said the latest addition gives residents and neighbors another option to find fresh foods and entertainment in a social setting. Photo by Paul Hansen | Beach & Bay Press

## New PB Farmers Market to fill needs every Tuesday

By LEE CORNELL | BEACH & BAY PRESS

Pacific Beach is now home to a second weekly farmers market.

"You'll be able to come out and see lots of farmers, other food vendors and some live music," said Catt White, market developer and manager for the Pacific Beach Tuesday Farmers' Market. "We also have bread, coffee beans, cheese, jams, granola, fish, meat and much more."

The market, launched July 5, will run every Tuesday from 2 to 6:30 p.m. along Bayard Street, between Garnet Avenue and Hornblend Street. Home Bank, which is a founding sponsor of the Tuesday market, will also be donating part of its parking lot to the event.

Pacific Beach has been home to a farmers market on Saturday mornings for years, but White said the Tuesday market will fill some different needs.

"There are a lot of people in PB who are not necessarily nine-to-fivers, so I think some of them are floating around on the weekdays looking for a place to get their groceries and meet their neighbors," White said.

Besides providing essentials like fresh food, the market adds another reason for people to get out, socialize and hopefully spend some money. More than 20 local businesses will be represented at the market and a total of



Joseph DiFrancisco, left, tastes and buys strawberries from Mishella, of JR Organics, during the debut Pacific Beach Tuesday Farmers Market on July 5. Photo by Paul Hansen | Beach & Bay Press

45-55 vendors will set up shop every week, bringing a new buzz to the area. White said she expects somewhere around 2,000 people on a regular basis.

"Originally, the idea was we would just do it in the summer, but judging by the level of excitement we've gotten, we think it justifies being a year-round market," White said.

The Pacific Beach Tuesday Farmers Market also serves as an opportunity for local artists to put their work on display.

There are estimated to be more than 50 farmers markets in San Diego and White already has plenty of experience

coordinating them. She manages the North Park and Little Italy farmers markets. She said each market has its own unique feel and she expects the same for her latest project.

White said that while the Tuesday market won't have quite the same intoxicating and bustling feel as the well-known farmers market in Ocean Beach on Wednesdays, it also won't be as low-key and laid back as the Saturday morning market at the promenade. White thinks the newest farmers market to hit San Diego will have a very family-oriented vibe.

For more information, visit [www.pacificbeachmarket.com](http://www.pacificbeachmarket.com).



## REMEMBERWHEN?

By JOHN FRY

I WONDER how many beach residents assume that Tokyo House has ALWAYS been on the northwest corner of Cass Street and Garnet Avenue. Not the case. Sam Dunaway came over from the Imperial Valley (why, yes, he DOES have a freeway exit named after him out in the desert) in the early 1920s and built a drugstore on the southwest corner of the intersection. It soon proved too small and Sam built a two-story brick building across the street in 1926. Dunaway Drugstore served the community until shortly after I took this photo in February 1990. That's pharmacist and former Honorary Mayor Wally Vine on the left.

— John Fry may be reached at 272-6655 or [mail@johnfry.com](mailto:mail@johnfry.com)

## MUSTREAD

Book recommendation from the Pacific Beach/Taylor Branch Library

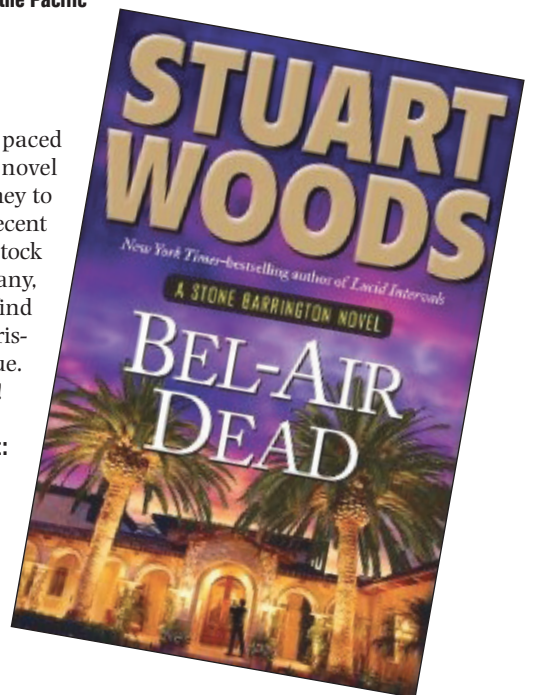
**TITLE:** Bel-Air Dead

**AUTHOR:** Stuart Woods

**SYNOPSIS:** Woods' fast paced 20th Stone Barrington novel takes the New York Attorney to Los Angeles to represent recent widow Arrington Calder. Stock in a major movie company, murder and mayhem find Stone dragged into a surprisingly deadly web of intrigue. A great read for the beach!

**Reserve this book at:**

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## All Aboard for Old Town – Next Stop Stagecoach Days

It's been over a century since the last stage line operated in San Diego. Beginning in 1857, stage lines passed through rural San Diego moving passengers,

freight, and mail. These new services helped bring the outside world a little closer to this emerging frontier community that we know today as San Diego.

For four Saturdays in July and August, come join us as we celebrate travel and transportation in the era of real horsepower – before the train and automobile. Imagine yourself traveling down dusty dirt roads either by horse, wagon, or stagecoach making your way to San Diego in the 1860s. Enjoy an afternoon filled with activities that reflect life in early San Diego and celebrate the West on the move. Through vignettes, demonstrations, living history activities, stories, and songs, visitors will gain an appreciation for early modes of transportation and daily life.

**Stagecoach Days:**  
**Celebrating The West On The Move**  
Old Town San Diego State Historic Park.  
12:00 p.m. – 4:30 p.m. FREE

**July 9th – "California Day"**  
Between 1821 through 1848, the people who lived in Southern California were

called Californios rather than Mexicans. Those unique "Californion" cultural elements will be presented.

**July 16th – "Women of the West"**  
Women played an important part in the development of the West. Some of the daily activities of these women will be demonstrated.

**July 23rd – "Innocent Amusement"**  
In the 1800s, games and amusement were commonly associated with either large celebrations or after school play days incorporating most of the local townspeople. This day will pay tribute to traditional games of the time.

**July 30th - Trades that Shaped Westward Expansion"**  
As towns developed in the West so did the need for specialized trades and artisans. Old Town San Diego will present pivotal 19th century trades that shaped the community of San Diego.

For more information, go to [www.parks.ca.gov/oldtownsandiego](http://www.parks.ca.gov/oldtownsandiego)

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# Striving to keep dialogue open with residents in Council Dist. 2



COUNCIL CORNER  
By KEVIN FAULCONER

One of the things we strive to do well in City Council District 2 is meet your needs, answer your questions and resolve your problems.

Whether it's a pothole, graffiti or a storm drain, we're here every day helping you reach positive solutions at your home, on your street and in your neighborhood.

That's why we take great care in selecting community representatives who serve District 2. I believe I have the best staff among the City Council offices, and I am extremely proud of our newest community representatives.

I would like to introduce you Katherine Miles and Ian Clappett, both of whom you may have already met at community meetings.

Katherine and Ian are smart, talented and very helpful. Please don't hesitate to lean on either when you have an issue with the City.

Michael Patton, who joined the team several months ago after working as an intern in the office, is your contact if you live or work in Point Loma, Ocean Beach and the Midway/North Bay communities.

Katherine is the community representative for Pacific Beach, Mission Beach and La Jolla/Mount Soledad.

Katherine has been a resident of the San Diego area since 2004 when she started as a freshman at the University of California, San Diego.

At UCSD, Katherine was a political science major with a minor in economics. Katherine earned her master's degree in education from UCLA and taught seventh-grade English and ninth-grade special education. Katherine enjoys reading and golfing in her spare time.

Ian is the community representative for Bankers Hill/Park West, Mission Hills and Old Town.

A native San Diegan, Ian earned a bachelor's degree in political science from the University of California, San Diego. Prior to joining the District 2 team, Ian volunteered in numerous State Assembly offices and worked in government affairs for Bridgepoint Education. He enjoys surfing, snowboarding and playing music.

You can email Katherine at [KMiles@sandiego.gov](mailto:KMiles@sandiego.gov), Ian at [IClappett@sandiego.gov](mailto:IClappett@sandiego.gov), and Michael at [mpatton@san-diego.gov](mailto:mpatton@san-diego.gov). You also can call the office to reach them: (619) 236-6622.

## The Plunge

Several of you have contacted my office to ask me about the [now closed] Plunge at Belmont Park.

I am committed to finding a swift, responsible and positive solution. The Plunge and Belmont Park are San Diego icons that attract tens of thousands of people every summer.

We're talking about seven very important waterfront acres in Mission Beach. It's clean, safe and family-friendly. I want it to stay that way.

I want the Plunge open. I also want to make sure San Diego taxpayers are getting a fair deal.

## Dividing Pt. Loma is nonsense

In related District 2 news, I want to assure you that I am strongly opposed to a proposed redistricting plan that would split Point Loma into two City Council districts. That proposal, along with all the others, is preliminary, but I want you to know I do not see an ounce of wisdom in dividing Point Loma into two separate districts.

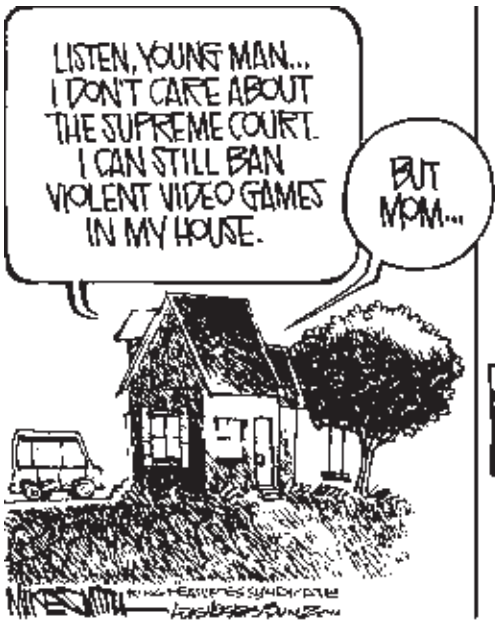
The San Diego city charter requires that the city be redistricted at least once every 10 years. The charter calls for the creation of a seven-member Redistricting Commission, which has the sole and exclusive authority to adopt the city's redistricting plan that sets the boundaries of City Council districts.

This year, in response to a vote of the people, the Redistricting Commission will add a new council district and divide the city into nine council districts.

The commission is expected to file a preliminary redistricting plan soon. It will then conduct several post-map public hearings and finalize the plan this September. That plan is subject to referendum.

I encourage you to get involved. Meetings are typically held on the first and third Thursdays of each month at 4 p.m. on the 12th floor of City Hall. If you have questions or concerns, you can call or email the commission at (619) 533-3060 or [redistricting\\_2010@sandiego.gov](mailto:redistricting_2010@sandiego.gov).

— Kevin Faulconer is San Diego City Council President Pro Tem and represents District 2, which includes Point Loma, Ocean Beach, Mission Beach and Pacific Beach.



## GUEST VIEW

### MB trash-collection cutbacks causing mounting problem

By CYNTHIA FRANCISCO

An open letter to the Hon. City Councilman Kevin Faulconer, the Environmental Services Department of San Diego and the Mission Beach Town Council:

My name is Cynthia Francisco and I am a long-time resident of Mission Beach. I am hoping to bring attention and awareness to Councilman Faulconer and to the city's Environmental Services Department about various issues concerning reduced summer trash collection in Mission Beach.

To get right down to the point about the trash-collection schedule set for this summer, reduced scheduling of trash collection is becoming an apparent problem for both the regular trash and the recycling pick-up schedules.

As you are aware, we have been very blessed to have had in the past two regular trash pickups in Mission Beach to solve the overflow trash issues created in the summer because of transient vacationers. This was created out of need for the copious amounts of trash generated by the summer influx of tourists, which is one of our main sources of income for our city in the summer. Nothing has changed in the numbers of visitors in the summer as far as trash collection is concerned.

As for the new pilot program ... standard trash collections were cut back from the twice-weekly summer pick-ups for regular trash services due to hopes that the recycling program would take care of the extra trash generated in the summer months.

As the summer is progressing, it is becoming very apparent that there are already overflow trash issues surfacing with regular trash overflowing out of the black trashcans and spilling out on the alleyways. This is a result of the black trash cans filling up quickly because of the rentals now going from perhaps four people to eight to 12 people using one three-bedroom unit, and then multiply this by three (as there are usually three units per one building). It is becoming obvious that Mission Beach is going to need that extra trash pickup again this summer in order to avoid

unsightly alleyways, maintain our community's reputation and address sanitation issues.

There are two primary issues at hand. First, during the off-season from October to May, we have about a 70 percent vacancy rate in Mission Beach for vacation rentals, but in the summer peak season, that gap closes to nearly total occupancy in the beach areas — and more with the large groups occupying the larger rentals. Second, we cannot afford to discourage this tourism with unsightly, odiferous, uncollected trash lying in the alleyways, thereby creating the appearance that our city standards of sanitation have lowered. Not to mention there is the summer fly/maggot cycle brought about from the heat generated in the black trashcans located in the summer sun.

As for the blue recycling, it has really been a success. In fact, it has been such a success that in less than one week they are full, but are only collected twice monthly. This is coupled with the fact that not all buildings have a blue trash can due to space storage issues for them, and the ones that are around are filling very quickly. Once full, the visitors and residents alike are using the black cans to put their recycling waste in, which somewhat defeats the purpose.

I do understand that money is an issue for trash pickup and the budget is tight, but there is a long-term solution: change the city charter and implement a trash collection fee like most cities.

I do propose we put it before a vote of the people. But, we must let them know that we will be charging in the range of \$144 to \$240 per year, which is very reasonable considering that Environmental Services Department is paying in the ballpark of \$35 million yearly for collection services.

But, for the short term, we will need to find an emergency fund to allocate for an extra trash collection for this summer in the Mission Beach area.

I look forward to hearing back from you about this issue.

Cynthia Francisco  
Mission Beach



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Mr. Frostie Tastee Freeze, located in the 1400 block of Garnet Avenue, has been a delicious staple in Pacific Beach for 63 years. Photo courtesy of Kevin Di Cicco

## Mr. Frostie: 63 years and still counting



## What's in the Air, Bud?

By KEVIN DI CICCO

We have so many wonderful restaurants right here in Pacific Beach. There are restaurants of

every kind, reflecting the diverse cultures and people who live here. We have everything from high-end seafood restaurants like Tower 23 to Pacific Beach Bar and Grill to the many Mexican and international-themed restaurants.

I know the restaurant industry well. I spent 17 years in the trade, starting as a busboy at Gulliver's Restaurant in the Bay Area when I turned 16. I opened up the Boathouse Restaurant (where Joe's Crab Shack sits today) back in February 1986. It was run by famed San Diego restaurateur Mark Oliver, who went on to run George's at the Cove for 18 years and who now is the owner of Randy Jones All-American Grill in Fashion Valley.

The Boathouse was an immediate hit and remained so until it was turned into the Rusty Pelican four years later. Mark groomed all his staff to give superior tableside service. I took pride in my job and the customers I waited on.

One of my favorite restaurants right here in our backyard is Mr.

Frostie Tastee Freeze, located in the 1400 block of Garnet Avenue. It's quite the busy little destination, and has been for 63 years and counting.

The present owners, John and Debbie Conca, who purchased the long-time restaurant back in 1978, are excellent examples of some of the great restaurateurs right here in PB.

The Tastee Freeze is a throwback to the days when Pacific Beach was in its infancy.

The diverse menu is primarily known for ice cream treats. But it is also complimented by tasty sandwiches, chili dogs and the like. Their friendly and courteous service is so refreshing. I would recommend anyone to visit their establishment.

It is truly amazing when you think about it. Few restaurants in the world can claim 63 years of operation. You know they must be doing something right. I'm sure they will be around for another 63 years right here in our beautiful seaside town, our beloved Pacific Beach.



## LETTERS TO THE EDITOR

### Pacific Beach Day at the county fair a success

Well, all I can say is, that we all had a great time during Pacific Beach Day at the San Diego County Fair on June 19, and the fair crowd loved visiting with the local businesses and getting free schwag.

Thanks to Dayna and Lauren for their acoustical sounds, Sasha, Olivia, Pancho and my other volunteers who helped make the day special for fairgoers.

Thanks to the following businesses for participating in or sponsoring this event: Pacific Nissan, Elephant Music, Pacific Coast Bicycles, Freaky Boutique, artist Barbara Marker, 92109 Codewear Clothing, Hot Rod Surf, artist "Mark," SeaWorld, Tangled Hair Salon, Big O Tires, Aztec Graphics, Teaser's Hair Salon, Zico coconut drink, Broken Yolk, Dziner Eyez, Subway, Lotsa Pasta, Mossy Ford/Toyota, Sabra, Surf Club Surf Shop, Think Blue San Diego, RT's Longboard Grill, Shore Club, Brewley's Pint, Fish Shop, Nicks at the Beach, Bub's, Woodstock Pizza, Staples, Von's, Tavern at the Beach, Pacific Beach Surf Shop, Sandbar, PB Business Improvement District, Ciro's Pizza and to all in our town for being who you are and seeing the

best in where we live.  
Thanks.

Karl Jaedtke  
Pacific Beach

### Appreciates coverage of seawall's deterioration

I wanted to say thanks to reporter Lee Cornell and the *Beach & Bay Press*, on behalf of all the concerned people, for taking an interest ("Seawall collapse raises concern," June 23 BBP, Page 1) in helping us put the spotlight on the city, which hopefully will be a (first) step toward getting the city to pay more attention and keep the wall and boardwalk in better shape.

Stay tuned for additional steps that will be taken, including, but not limited to "volunteers" making repairs to the wall that the city won't or can't do for some unknown reason. We would want the media to be a part of our efforts.

It's apathy, incompetence and [lack of] funding that results in this situation.

We all would like the boardwalk to be nicer and understand that it needs maintenance.

Robert Craig  
Pacific Beach

The Beach & Bay Press welcomes letters to the editor, along with story ideas and guest submissions. Contact us at [bbp@sdnews.com](mailto:bbp@sdnews.com)!

## CHEAP & EASY to Get...HOOKED

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1984, RJR report



"Young adults are the key group for tobacco industry profits to continue..."  
1974 RJR Marketing Plan

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Help stop tobacco industry marketing tactics targeting young adults in bars.

Contact 619-683-7520 or [oalvarado@alac.org](mailto:oalvarado@alac.org).

Funded by the California Department of Public Health under contract # CTCP-10-37.

## Ask The Lawyer

**Question:** What is the difference between a funded and an unfunded trust?

**Answer:** Once you have drafted your Living Trust, there are two important steps to take. The first is to execute your Trust by signing all of the necessary documents in front of witnesses and a Notary Public, where indicated. You must then fund your Trust by transferring your assets into the Trust. It is really quite simple. For example, with a Quitclaim Deed, you can transfer real property from your current ownership to your Trust (some states require different procedures for transferring real property). Such a transfer is not considered to be a sale, therefore no reassessment of your property will take place and no tax consequences will result. Similarly, you need to contact your bank or other financial institutions and request that they change the name on your accounts to the name of your Living Trust. Often the institution will give you a Certification of Trust form. If you need to transfer your stock certificates into your Trust, you should notify your broker and/or the company in which you own shares for specific instructions. When these steps are completed, your Trust is fully funded.



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Virginia will be happy to answer your questions about your Living Trust. Her goal is to assure you and your family that your Living Trust will meet the needs which you specified in establishing your Living Trust. She is here to help in any way she can.

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An estimated 1,300 three-person teams will match skills during the two weekends of the Old Mission Beach Athletic Club's annual Over the Line Tournament on Fiesta Island.  
*Photo by Don Balch | Beach & Bay Press*

## OTL returns with all its off-color fun and flair

By **JOHNNY McDONALD** | BEACH & BAY PRESS

For a 58th summer, men and women of all ages will relive their youth during a pair of weekends, smacking softballs in the traditional marathon Over the Line (OTL) competition.

The sport is a three-person, ball-and-bat contest matching the skills of 3,900 athletes from 7 a.m. to dusk on July 9-10 and again on July 16-17 on the sands of Fiesta Island. Again sponsored by the Old Mission Beach Athletic Club, the festive event with colorful team names is expected to attract about 55,000 sun-baked spectators.

OMBAC's membership transforms Fiesta Island on those weekends, focusing on the 50 OTL courts assembled in the sand.

National interest has attracted entries from Canada, South Florida, San Antonio and Hawaii for 10 age divisions, which lure those even beyond 70 years of age.

But don't be mistaken about the frolicking atmosphere. It takes skill to reach the finals.

"Those who have won in many (age) divisions before continue to come back," said Ed Martin, public relations director for the tournament. "They may not always play on the same team every year."

Martin said several have entered who are consistent trophy winners. There's Tom Whalen and Merle Cummings, who have won 14 times, and Camille Magina, a 12-time victor in the women's divisions.

Others who have won several OTL tournaments and are entered this year

The annual Over the Line Tournament boasts 10 age divisions in a double-elimination competition.  
*Photo by Don Balch | Beach & Bay Press*

are Bob Mendoza, Scott Bello, Lisa McGowan, Linda Detrow and Stefanie Olow.

OTL is a modified form of beach baseball/softball. Games last three or four innings and the primary objective is to hit the ball "over the line" about 55 feet in front of the batter. This year's double-elimination tournament features more than 1,300 three-person teams competing for trophies.

"Typically, if they're a seeded team, they are going to end up playing five or six games," said Martin. "If they're in the loser's bracket, they need to beat the team in the winner's bracket twice."

Although OTL is noted for fiercely competitive contests, as much interest is paid to the surrounding debauchery and off-color team names.

"Team names are traditionally cre-

ative and good-natured, but can sometimes be quite colorful, often pertaining to current events," said Martin.

That may be why the event has not often drawn national television coverage.

Reserved parking is still available for both weekends, although supply is limited. The "OMLot" is located within a short walking distance of the playing courts.

OMBAC also provides complimentary bus transportation (dubbed the "OmShuttle") to and from Fiesta Island during the first three days of OTL.

OMBAC is a 501(c) 4 nonprofit organization that focuses on amateur sports, youth athletics and local charities. OTL is the club's main fundraising event.

For more information, visit [ombac.org/over\\_the\\_line](http://ombac.org/over_the_line).

## HOTDOGGIN' IT

Every year on June 21, skateboarders around the globe celebrate the pure exhilaration, creativity and spirit of one of the most influential activities in the world by blowing off all other obligations during "Go Skateboarding Day." Here, skateboarders take their boards around Mission Bay by Fanuel Park. Skate shop Sector Nine handed out hundreds of yellow T-shirts, drawing several hundred skateboarders to this year's local event. For more information about "Go Skateboarding Day," visit [www.goskateboarding-day.org](http://www.goskateboarding-day.org).

*Photo by Paul Hansen | Beach & Bay Press*





Enjoying a hearty breakfast at The Menu are, from left, Ken Freer, Sara Stern, Aimee Plante and Jeremy Hutman.

Photo by Rachel Hutman

## The Menu: a tried-and-true PB breakfast must

### I'm 30 and love PB!

By RACHEL HUTMAN | BEACH & BAY PRESS

I am big on breakfast. A stack of hot pancakes in the morning is the closest thing I've found to heaven on earth. I have fond memories of biking to The Menu at noon to meet friends for breakfast. We'd laugh as we'd debrief the evening before. I'd eat breakfast all day if I could. I can't say I've been to every breakfast spot in Pacific Beach, but I've been to many of them — and The Menu is, by far, my favorite.

The inside of the restaurant looks like what I can only describe as an airplane hangar. The worn red booths and friendly staff give off a homey vibe that

many restaurants work hard to have, but few accomplish. The walls are decorated with old pictures of Pacific Beach and eclectic artwork for sale. Your coffee cup will never be dry here. Customers linger, and frequent visitors are a norm. There is a feel here of small town Americana that you would expect to find in the Midwest. Yet it is smack in the center of PB.

My personal favorite is the pancakes. I order one chocolate chip, one blueberry and one banana. Call me crazy, but it's amazing. I eat one flavor at a time, being careful not to mix. Other popular items include burritos, omelets and daily special combos, so you can have a bit of everything. The Menu also boasts a full bar, so you can partake in a breakfast morning must — mimosas and bloody Marys. I highly recommend their bloodies and I like to consider myself

somewhat of a bloody Mary connoisseur. I like when my bloody is like a meal in itself, chock full of vegetables — and The Menu delivers.

Sara Stern was visiting from Los Angeles. She always tries to fit in a visit to The Menu when she's in town.

"It's just such a fun place for breakfast. I love their mimosas and they always accommodate my vegan diet restrictions."

The Menu also offers WiFi, and coffee and food to go. The Menu is easy to find but all you need to know is it's next to Rocky's.

#### The Menu

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Looking ahead

Plenty of fun in the sun is on tap during the **58th annual Old Mission Beach Athletic Club's (OMBAC) Over the Line competition** on the sands of Fiesta Island. The sport is a three-person, ball-and-bat contest matching the skills of 3,900 athletes. It will take place from 7 a.m. to dusk on two weekends: **July 9-10** and again on **July 16-17**. The festive event with colorful team names is expected to attract about 55,000 sun-baked spectators. For more information, visit ombac.org/over\_the\_line.

The **ninth annual Pacific Beach Concerts on the Green series**, presented by the Pacific Beach Town Council and the Pacific Beach Community Foundation, is about to get under way. The four-week concert series takes place on Sundays from 4 to 6:30 p.m. at

Kate O. Sessions Park. The 2011 concert series lineup includes:

- **July 24** — Blue Breeze Band: Motown, R&B, soul, funk and jazz
- **July 31** — Stoney B Blues Band: Blues
- **Aug. 7** — Candy Kane with Sue Palmer: Boogie Woogie and blues
- **Aug. 14** (sponsored by Cymer) — Three Chord Justice: premiere country band, winner of the 2010 KSON Country Showdown

For more information, visit



The four-week Pacific Beach Concerts on the Green series will run Sundays from July 24 through Aug. 14.

www.pbconcerts.org.

**SeaWorld San Diego has opened its “One Ocean” attraction** spotlighting SeaWorld’s majestic killer whales as ambassadors of the sea, and the ocean as the center of the natural world. The show features spectacular whale behaviors, including thrilling high-energy leaps and multiple whales performing simultaneously. The whales interact in new ways with trainers, the audience, each other, and even the set itself. In one segment, the whales play amid giant fountains. “One Ocean” replaced the popular “Believe,” a show that enjoyed a five-year run in all three SeaWorld parks. The new show premiered at SeaWorld Orlando on April 22 and SeaWorld San Antonio on June 10. For information, visit [www.seaworldparks.com/one-ocean](http://www.seaworldparks.com/one-ocean).

Surfers will paddle into the lineup at Mission Beach and catch waves for charity on Saturday, Sept. 24 at 7 a.m.. **More than 100 board riders will sup-**

**port the Boys to Men Mentoring Network** by attempting to catch 100 waves in just 12 hours. Participants will receive Nixon watches, T-shirts, breakfast from Souplantation, massages and more. Surfers are tasked with raising \$1,000 in pledges to enter the event. The event takes place on the sand at San Fernando Court. Parking is available in south lot of Belmont Park. San Fernando Court is the first street south of Belmont Park. For more information, visit [www.boystomen.org](http://www.boystomen.org) and [www.100wave.org](http://www.100wave.org).

Nature lovers can do their part for the environment around them with a **work party at neighboring Famosa Slough** on Saturday, July 9. The event gives participants a chance to take care of California native plants and remove invasive plants. The event runs from 9 a.m. to noon. Participants are asked to meet at the southeast corner of West Point Loma Boulevard and Famosa Boulevard. For more information, call (619) 224-4591, or visit [www.famosaslough.org](http://www.famosaslough.org).

People in the news



All in the family

Five of the seven Pacific Beach-based Saldaña family children have been learning high work ethics as employees of the In-N-Out Burger near W. Mission Bay Drive over the years. Shown are, from left, Conor, 20 (who retired after two years); Caitlin, 24 (who worked at In-N-Out then returned after college; she is now being sent to Texas to open new stores); and Clare, 18 (now with the restaurant for 2 1/2 years). Not pictured are Declan, 16, (who has been there three months), and Mara, 22, who retired in 2004.

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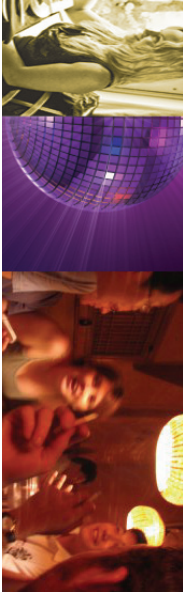
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 <b>4343 Ocean Blvd.</b> <b>858-272-SURF</b>	<b>Nightly Specials:</b> Beer Pong@9pm-close/ Restaurant and bar Industry 50% off cocktails and beers/\$3.50 pacifico, bud , and negra modello drafts all day	<b>Nightly Specials:</b> 1-2 apps 6pm to kitchen close/ \$3.50 Pacifico, Bud, and Negra Modello drafts ALL DAY/ DJ MCLOVIN 8pm-12	<b>Nightly Specials:</b> \$3 SVEDKA vodka 9pm-cl / GOLDFISH RACES@10pm/ DJ mike Czech/\$3.50 Pacifico, bud , and negra modello drafts all day	<b>Nightly Specials:</b> 2-4-1 burgers and chicken sandwiches 5pm-to kitchen close/ \$3-u-call-its 8pm-close with DJ DEVVOY /\$3.50 pacifico, bud , and negra modello drafts all day	<b>Nightly Specials:</b> Live DJ 8pm-12/ \$3.50 pacifico, bud, and negra modello drafts ALL DAY/ 2-4-1 fish and chips or shrimp and chips 5pm-close	<b>Nightly Specials:</b> college football tv packages / navy football / live dj 8pm-12/ \$3.50 pacifico, bud , and negra modello drafts all day	<b>Nightly Specials:</b> NFL ticket/ \$3.50 pacifico, bud , and negra modello drafts all day / karaoke with DJ franqueray@9pm
 <b>809 Thomas</b> <b>858-270-1730</b>	<b>Nightly Specials:</b> Happy Hour Food 4 to Close & Drinks 4 to 7	<b>Nightly Specials:</b> \$2.00 Tacos and \$5.00 Select Tequilas	<b>Nightly Specials:</b> \$3.00 Wing Basket & \$5.00 Selected Whiskeys	<b>Nightly Specials:</b> Burger, Fries & 16 Ounce Domestic Draft \$7.00	<b>Nightly Specials:</b> Happy Hour 4 to 7	<b>Every Saturday</b> \$2.50 Mimosas & College Gamday!	<b>Every Sunday</b> \$2.50 Mimosas, \$9.00 Bud Light Pitchers, And All The NFL Games! Chance to win a flat screen TV.
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## Summer Is Berry, Berry Good

Summer is when we take the time to enjoy two of life's greatest pleasures: good friends and good food. At Ocean Beach People's Organic Food Market, the produce department is the place to get your summer refreshment on these long warm days. Stop on by and let white and yellow peaches tantalize your taste buds. Grab some blueberries, strawberries, raspberries, and blackberries to top off your summer ice cream sundae. And those late season cherries? They're bursting with flavor and they won't be around much longer, so pick 'em while you can. And don't forget to grab a thirst-quenching watermelon on your way to the beach—not only do watermelons taste oh-so-good, they're good for you, too. Pick up a copy of People's newsletter while you're at the checkout stand and read up on watermelons and vascular health!

This month we're hosting our second art show of the year on Saturday, July 30 from 4 – 5:30 p.m. with an artists' reception chock full of great art, a spread of the organic fare from the market's Deli, and fabulous live jazz from the Chuck Walker Trio. The event is free of charge so please, don't be shy, stop on by!

Located at 4765 Voltaire Street and open daily, from 8 a.m. to 9 p.m., Ocean Beach People's Organic Food Market, is San Diego's only customer-owned grocery where "everyone can shop and anyone can join." Please call (619) 224-1387 or visit us online at [www.obpeoplesfood.coop](http://www.obpeoplesfood.coop) for more information.

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Sat & Sun 1-4pm • 1880 Caminito Marzella • 3BR/2.5BA • \$1,229,000 • David Schroedl • 858-459-0202

Sat & Sun 1-4pm • 909 Coast Blvd. #27 • 2BR/2BA • \$1,299,000 • Dana Horne • 858-945-3004

Sat & Sun 1-4pm • 8031 La Jolla Scenic North • 5BR/6.5BA • \$2,095,000 • Tony Francoeur • 858-688-1177

Sat & Sun 1-4pm • 1626 Clemson Cir • 5BR/5BA • \$2,999,995-\$3,599,995 • Phillip Carrillo • 858-243-5884

Sat 1-4pm • 553 Bonair • 3BR/2.5BA • \$1,295,000 • Alex De Rosa • 858-752-3803

Sat 11-3pm • 7344 Brodiaea Way • 2BR/2.5BA • \$1,795,000 • Eugenia Garcia • 619-269-4979

Sun 1-4pm • 1332 Caminito Balada • 4BR/4.5BA • \$1,000,000-\$1,150,876 • David Schroedl • 858-459-0202

Sun 1-4pm • 100 Coast #402 • 2BR/2BA • \$1,295,000 • Claudette Berwin • 858-361-7448

Sun 1-5pm • 7159 Country Club Dr. • 4BR/4.5BA • \$2,795,000 • Charles Schevker • 858-449-8250

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Sat & Sun 1-4pm • 1921-1929 Felspar St. • 3BR/3BA • \$489,000-\$515,000 • Kathy Evans • 858-488-7355

Sat & Sun 1-4pm • 1051 Beryl St. #D • 3BR/2.5BA • \$525,000-\$575,876 • David Schroedl • 858-459-0202

Sat & Sun 1-4pm • 1024 Wilbur #4 • 3BR/3BA • \$549,995-\$599,995 • Pete Middleton • 858-456-7355

Sat & Sun 1-4pm • 3862 Riviera Dr. • 2BR/2BA • \$749,000-\$799,000 • Maggie DeRosa • 858-877-3830

Sat & Sun 1-4pm • 1263 Opal St. • 4BR/2BA • \$795,000 • Phillip Carrillo • 858-243-5884

Sat 12-4 Sun 12-3pm • 3947 Sequoia St. • 3BR/4BA • \$869,000-\$899,000 • Kathy Evans • 858-488-7355

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Sat & Sun 11-4pm • 3220 Kellogg St. • 4BR/5BA • \$2,275,000 • Robert Realty • 619-852-8827

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## SAIL BAY BEAUTY



RIVIERA DR • \$1,249,000

■ Fabulous bay front condo on the shores of Sail Bay, this 3 bedroom 2 bath home is approx. 1679 sq.ft. An end unit, the views of the bay and sunsets are spectacular from the balcony, living area, kitchen and master bedroom. One of Mission Bay's premier waterfront complexes. You can enjoy the common entertainment area with a pool, spa, and room for party games. Call now for a private showing.

## GREAT WATER VIEWS



PARKER PLACE • \$899,000

■ Gorgeous 2 Br 2 Ba 1358 esf condo overlooking with wonderful views of Sail Bay & beach. Recent total remodel w/granite counters, cherry wood cabinetry, stainless steel appliances, new fixtures/paint/flooring. Complex has a pool area & spa. Direct access to beach. Wood burning fireplace in the living area. Includes two car tandem parking with storage, private storage cabinet on balcony & bright, light open floorplan.

## OCEAN VIEWS & RENTAL INCOME



OCEAN FRONT WALK • \$1,150,000

■ 3 Br 2 Ba 958 esf ocean front walk unit with ocean views from K, LR, 3rd Br and great vacation rental income, newer kitchen upgrades, low maintenance tile flooring, storage, 1 car garage, common area patio and all located in a central North Mission Beach location.

## PANORAMIC SAIL BAY VIEWS



LA PALMA • \$850,000

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## PENTHOUSE ON SAIL BAY



PARKER PLACE • \$995,000

■ Fabulous views of Sail Bay from this bayfront penthouse condo. Completely remodeled with granite counters, new cabinetry, newly painted and carpeted. Just move in! Complex has pool and spa and direct access to the sand. Close to Fanuel Street Park. Kitchen has S/S appliances and water views!. Unit is light/bright, Vacant/easy to show, cozy fplce, covered balcony and 2 secure parking spaces.

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