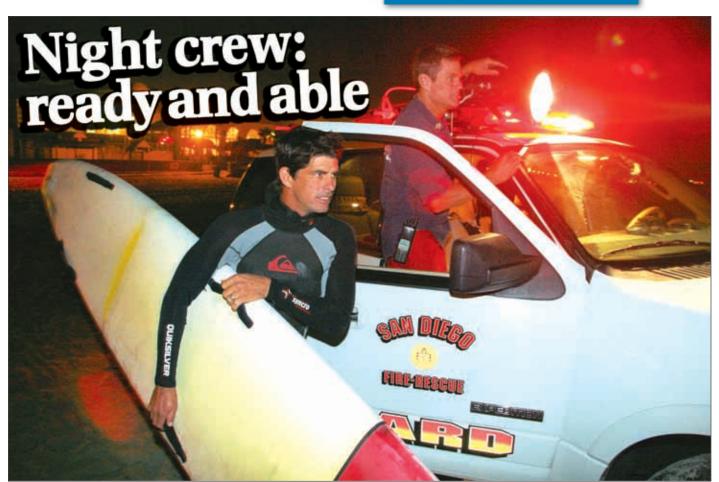




SATURDAY, OCTOBER

Pages 9-11

Thursday, September 30, 2010



Lifeguard Marc Brown, with rescue paddle board (left) and Sgt. Casey Owens with spotlight demonstrate a response to a nighttime swimmer in distress

Under darkness, lifeguards save lives, respond to suspicious watercraft

By DEBBIE HATCH | BEACH & BAY PRESS

As nighttime falls, businesses close up shop and residents prepare for bed, San Diego Fire-Rescue Department lifeguards prepare for a night of duty that could pull them to any location from three miles off the coast to Sunset Cliffs to Windansea.

A team of five lifeguards monitors San Diego beaches and shorelines between La Jolla and the tip of Point Loma and three miles out to sea during the nighttime hours, every night of the year. One serves as the dispatcher, receiving 911 calls and monitoring radio frequencies, while the other four are sent out on calls — or catch some sleep, prepared to be called to duty at a moment's notice.

Two are positioned in La Jolla and two are positioned with the dispatcher at headquarters on the south side of Mission Bay.

"If there's an area farther than that, we have to get approval, but we will still go," said Sgt. Bill Bender, a night crew lifeguard who has been with the service since 1981.

"The San Diego Lifeguard Services is viewed as one of the most professional lifeguard agencies in the U.S. due to the breadth of responsibilities they perform and the quality of their work," said Chris Brewster, president of the United States Lifesaving Association and former San Diego lifeguard chief.

San Diego lifeguards are part of the San Diego Fire-Rescue Department's Lifeguard Services. They are trained firefighters and sworn



Lifeguards Marc Brown (left) and Sgt. Bill Bender stand in front of their cliff rescue vehicle. DEBBIE HATCH | Beach & Bay Press

peace officers, able to make arrests and write citations, in addition to their lifeguarding responsibilities. Those responsibilities encompass swift river rescues, offshore search and rescue work requiring scuba certification, cliff rescues and the more commonly-seen ocean rescues and medical aids.

Calls can come at any hour and require quick responses using various skill sets. In the summer of 1983, two lifeguards were kept on duty overnight to respond to increasing emergency

SEE LIFEGUARDS, Page 4

January-August 2010 **Preventative actions: 3,115** Water rescues: 58

Other calls for service: 111(includes boat rescues, boat tows, boat pump-outs, enforcement calls and medical aids)

City Lifeguard Services statistics

January-August 2010

Beach attendance: 18,636,864 Preventative actions: 187,337 Water rescues: 3,841 (down from previous years due to weather)

BeachFest is back

Festival organizers get creative to fund event

By DEBBIE HATCH | BEACH & BAY PRESS

Sponsorship for the Oct. 9 Pacific BeachFest is down, but that has not slowed the organizers of the annual festival that celebrates autumn life at the

Discover PB, the organization behind the festival, has acquired new sponsors to ensure the event takes place, and has added new highlights.

Among the attention grabbers at BeachFest this year will be a beer garden, situated between the Pacific Beach Shore Club and Joe's Crab Shack on Ocean

"It was more of a financial decision [to include the beer garden]," said Sara Berns, program manager with Discover PB. "Beer garden - or no Beach-

Pacific Beach Ale House and Karl Strauss will sponsor the tent and offer \$6 craft beers from their respective selections.

"We are the only brewery at the beach, so it will be nice to let everyone know," said Artie Walsh, general manager of Pacific Beach Ale House.

Inside the beer garden, Pacific Beach Shore Club and Joe's Crab Shack will be also sell food items from

"The beer garden will have singer-songwriter, guitar player Jackson Price," Berns said.

Price is a San Diego musician who recently played during the Pacific Beach Restaurant Walk.

The beer garden will be open from 1 to 5 p.m. and will serve those ages 21 and up.

All of the proceeds from the beer garden will go toward paying for the annual community event and any remaining funds will go to Discover PB. Discover PB supports various improvements and cleanup efforts within the Pacific Beach Business Improvement District. It also sponsors events such as last year's holiday tree lighting on Crystal Pier, as well as organizing the Holiday Parade, which did not take place in 2009 due to lack of funds.

"We have a lot of new sponsors coming in," Berns

Firehouse American Eatery and Lounge is one of the new sponsors, acting as the main sponsor of the volleyball tournament. The tournament is major part of the daylong event, drawing crowds to watch the two-on-two competition in the sand.

Matt Spencer, owner of Firehouse, wanted to sponsor for two reasons.

"The number one reason I did it is because I personally have volleyball background," Spencer said.

He knows players in the tournament and felt kinship toward them. He didn't want to see another event cancelled in Pacific Beach, as the Holiday Parade was last year.

"I'm trying to do my part for Pacific Beach," Spencer said.

SEE **BEACHFEST**, Page 16

See the special PB BeachFest section, pages 9 to 11

POLISH FEST:

Annual Polish Festival provides plenty of culture, food and good times.

SPORTS:

The Mission Bay Triathlon will draw nearly 2,000 athletes.

KOBEY'S:

Kobey's Swap Meet celebrates 30 years of wheeling and dealing under the sun.

LOOK FOR BBP ONLINE

- Daily online updates at beachandbaypress.com
- Follow us on Twitter at Twitter.com/beachbaypress
- Find us on Facebook



FINE HOMES & ESTATES

(858) 273-2121 • 845 GARNET AVE.



Bernie SOSna "I'll Come To Your Rescue"



619.977.4334 Cell 858.490.6127 Direct

www.BernieSosna.com Lic. 01104934

BE THE FIRST TO SE

JUST PLACED ON MARKET!!

2 CHARMING HOMES 3 Bedrooms 3.5 Baths DINING AREA WITH WET BAR FIREPLACE IN LIVING ROOM SUNROOM & PENTHOUSE ROOM Large 14 x 14 Rooftop Deck SOLAR ELECTRIC

2 CAR GARAGE-PORT





LOVELY CARMEL MOUNTAIN HOME!

This 3 bedroom, 2.5 bath is on the tee of the 8th hole at Carmel Ranch Golf Course. Very open with high ceilings, mirrored wet bar, eat-in kitchen and family room combo, 2 fireplaces, beautiful hardwood flooring in the kitchen and a newer roof.

JUST REDUCED!



\$585,000 **CEAL MUZZY** 619/507-4388

> Ceal.muzzy@ century21.com



BEAUTIFUL SOLANA BEACH!

This 2BR, 2BA ground level end unit has the best location in Las Brisas with ocean surf views. Totally remodeled bathrooms, new kitchen appliances, 2 fireplaces, 2 patios, gated complex, underground parking and tons of amenities. Close to all too!

NOW \$719,000

CENTURY211ST.COM 858/273-2121



GORGEOUS OLIVENHAIN HOME!

Fall in love with this extensively remodeled 4 Br, 3.5 Ba with French doors throughout, sunroom, built-in-BBQ, sparkling pool/spa, outdoor fireplace and surround sound inside and out The master bedroom has fireplace and a 19x17 retreat.

YOU HAVE TO SEE THIS ONE!

CENTURY211ST.COM 858/273-2121



NORTH CLAIREMONT SF HOME!

Not a Shortsale! Motivated sellers live in this 3 bedroom, 1 bath across from a park and recreational center. Large back yard has great potential for a pool and is located near schools, shopping and freeways.

MAKE YOUR OFFER NOW! \$405,000

CENTURY211ST.COM 858/273-2121



18 BRAND NEW PB CONDOS!

Walk to all shopping, restaurants, beach, bay, parks and more. Kitchens have stainless appliances and granite counters. These 3 bedroom, 3 bath condos have 1BR on the 1st floor and 2 up, an office and laundry. They are light, bright and very open too!

> **12 MORE TO GO!** \$599K-\$899K





RESORT STYLE LIFE IN PB

Choose from 5 condos in the Plaza! 4 are 1Br's and a 2Br all in great locations with many upgrades, soothing patios with courtyard and pool views. Secured parking, 4 pools and spas, 5 tennis courts, exercise room, bar-b-q areas and lagoon



STARTING AT \$214,000 **CEAL MUZZY** 519/507-4388

Ceal.muzzy@ century21 com



2 NEW CROWN POINT BEAUTIES!

These Craftsman / Cape Cod style, 3BR, 3.5BA, single family homes feature white fences, red brick trim, sunroom entry, beautiful kitchens with granite counters, stainless appliances, wrap-around breakfast bars and wet bars. Cozy fireplaces in spacious living rooms too!

YOU HAVE TO SEE!! \$899.000 **CENTURY211ST.COM** 858/273-2121



PB HOME 4 BLOCKS TO BEACH!

Equity Sale! Well maintained 3 bedroom, 2 bath located on a beautiful pride of ownership street. Potential galore with hardwood floors under carpet in main area, side driveway with 2 car garage and much more parking for your toys. You have to see!



\$750,000 - \$774,000

619/302-8082 **MIMIREALTY** @YAHOO.COM



LA JOLLA WESTERN RANCH HOME!

Come spread out in this spacious 4Br, 3Ba home with soothing garden views. Great yard to play in with swing/slide set and room to run. Front yard is lush and sits up high. Beautiful wood floors, high ceilings, stone walls and so much more!

YOU'LL FALL IN LOVE!

CENTURY211ST.COM 858/273-2121



MOUNT SOLEDAD BEAUTY!

Lovely, contemporary, 3-bedroom, 3-bath, totally redone with high-end finishes. European-style kitchen with black granite counters and stainless steel sink. Fireplace, beautiful landscaping and more! Forever views and near everything.

REDUCED AGAIN! \$888,888

CENTURY211ST.COM 858/273-2121



LIVE THE DOWNTOWN LIFESTYLE!

Luxurious 2 bedroom, 2 bath on the 18th floor with mesmerizing panoramic views and has many upgrades. This Cortez Hill high-rise offers a 10th floor lap pool, an exercise room and 24 hour concierge. Minutes to entertainment and shopping.

PRICED RIGHT TOO! \$610.000

CENTURY211ST.COM 858/273-2121



GORGEOUS BAY HOME! • 2BR / 2BA

- HARDWOOD FLOORS
- GRANITE COUNTERS
- UNDERGROUND PARKING + ROOM FOR LOTS OF TOYS



JILL SELLERS

(619) 804-8304 (858) 490-6143 TOP 1% IN NATION



PACIFIC BEACH NEO STYLE HOME!

This 2002, 2Br, 2Ba with an optional room was built for a 2nd story for an ocean view. Marble walk and porch, maple hard wood floors, coffered ceilings, security system, cedar closets, spa tub, tiled gas Bar-B-Q, 2 garages and 1 has plumbing for guest house.

ONLY 1 MILE TO OCEAN! \$649.000

CENTURY211ST.COM 858/273-2121

Rotary set to host pancake breakfast at the Wavehouse

By LEE CORNELL | BEACH & BAY PRESS

The Rotary Club of Mission Bay is hosting a pancake breakfast at the Wavehouse on Oct. 9 to help raise money in Rotary's worldwide effort to combat polio and also to provide dictionaries for local third graders.

"This is one of our big fundraisers during the year, so we appreciate a turnout by the community," club President Susan Thorning said.

Attendees will enjoy an early breakfast prepared by the Wavehouse head chef. They will also be entertained as Flow Jam, a Flowriding competition, will be warming up on the wave machine.

"People coming to breakfast will be able to watch the competitors working out on the wave," Thorning said. "It makes it exciting for those people who haven't come down to the Wavehouse to see people riding on the wave."

The event is from 7 to 10:30 a.m. and tickets are available for \$8 a person, or folks can get a discount at \$15 for two people.

Rotary Club of Mission Bay continues to thrive

The Rotary Club is a service club that was started in 1905. Over the years, the Rotary Club has grown around the United States and in cities all over the world, and currently boasts 1.2 million members. The local club meets every week and offers an opportunity for charitable souls to give back to the local com-

After helping to complete renovations at the Crown Point Pavilion, a project that took five years, the club's members thought it was a good time to get involved with an international situation. Although polio has been eradicated in the United States, it still poses a threat around the globe. Afghanistan, India, Pakistan and Nigeria are nations whose populations still feel the effects of the devastating illness.

"We are so close to eliminating polio in the world," Thorning said.

The Rotary Club's international ties make it unique among the multitude of non-profit organizations out

"A lot of the activities center around a club in one country working with a club in another country," Thorning said. "They come together for the good of both places."

Although new members are always welcome, the club does not take every person who wants to join on a whim. Rotary wants people who are committed and genuinely care about what the Rotary Club stands for. Prospective members need to be referred by a current member and must show they can fit in with the rest of the team.

"You are working side by side on projects, so you want people you can count who are like-minded in the community," Thorning said. "You want to enjoy each other's company."

For more information about the pancake breakfast or to find out what it takes to join this organization, call (858) 336-6474 or visit www.rotaryclubmissionbay.org



Polish Festival to put plenty of beer and culture on tap

By ANTHONY GENTILE | BEACH & BAY PRESS

Pacific Beach will get a taste of Warsaw next weekend. The 15th annual Polish Festival will be held at the Saint Maximilian Kolbe Polish Catholic Mission from Friday, Oct. 8 through Sunday, Oct.

"The whole festival is put together by Poles living in San Diego," said Ania Chrostowska, an organizer of the event. "There is a pretty large community of people of Polish origin. Some of them were born in Poland, some of them are second generation."

The three-day festival will be held at

the Polish Catholic mission, located at 1375 Grand Ave. Chrostowska said she expects Poles from around San Diego and even Orange County and Los Angeles to participate in the event.

"The purpose of the festival is to pre-

sent our culture to the local community and to be a venue for people of Polish origin to meet and celebrate," Chrostowska said.

The festivities start for the 21-andolder crowd Oct. 8 from 6 to 10 p.m. The fare will be traditional Polish dishes, including pierogi (filled dumplings),





The three-day 15th annual Polish Festival in Pacific Beach Oct. 8-10 will put live music, Polish food and traditional dance on display along PHOTOS BY PAUL HANSEN I Beach & Bay Press

Californiamoves.com

Mission Beach | \$899,000

Fantastic 2 br, 2 ba Penthouse single level condo

kitchen & bathrooms, new slate floors & new

COLDWELL BANKER



Gary Wilson Closed Production



Marianne Kendall Top Dollar



Mel Burgess Top Selling Units

Beautiful upgraded 1 bedroom unit MLS #100042187

Pacific Beach | \$349,000

I br unit w/private patio. Near bay! MLS #100041536



CONGRATULATIONS TO OUR TOP PRODUCERS FOR AUGUST!

Sue Driscoll Top Listings Sold



Darlene Allen Top Listings Taken



Pacific Beach | \$859,000

Fabulous "Pacifica" Home 2 blocks to La Jolla 5 bedroom, 3 bath, two story house on large corner lot, 2740 esf. with area views. Newer upgrades throughout, designer kitchen, gorgeous hardwood floors. Huge 22x16 bonus room with balcony, 20x17 master suite with huge balcony overlooking yard and swimming pool. RV parking and 3 car garage.



MARIE TOLSTAD 28 years in Real Estate 858.705.1444 mtolstad@aol.com www.mtolstad.com



2 Beautiful detached 3 br, 2.5 ba homes MLS #100043069

Mission Beach | \$795,000 n Sat I-6 (Oct 2), Sun I-4 (Oct 3)

822 Nantasket Ct PRICEDTO SELL!This Cape Cod Charmer feels like a home. 2br, 2ba + optional 3rd br (office/bonus room). The upscale 2nd floor chef's kitchen & living area has rich rosewood floors. Peek bay views, private patio & 2 balconies on the best court in N. Mission Beach. Attached 2-car garage!



DARLENE ALLEN 858.539.4412 darlene@ darleneallen.com







MLS# 100056410



Charming Clairemont single-family home. Extremely quiet neighborhood. 3 br, 1.5 ba with 1,024 appx sf, plus permitted California room. 2-car garage. Clean, move-in ready!



LAWRENCE TOLLENAERE 858.740.1011 Lawrence.tollenaere @camoves.com



Pacific Beach Office 4090 Mission Blvd. 858.488.4090



RESIDENTIAL BROKERAGE

3,300 Offices

97,000 Agents

49 Countries

104 Years Experience

Thursday, September 30, 2010 **Coastal Properties** 4444 Mission Blvd., SD, CA 92109 Nobody sells more real estate. SCORE A GREAT DEAL HERE! Prices slashed \$619K to \$579K 3 Sold 1 Left @ Gresham/Grand. Watch your FAV team on THIS roofdeck RUSH RIGHT OVER TO THIS! 3BR/3BA Townhome w/ Renovated 1yr NEW Kitchen. Live less than 1 full block to the Bayfront! \$469K **KATHY EVANS** 92109's Top Producer (858) 488-SELL ISellBeach.com **Top Producing** ReMax Agent Steve **Cairncross** RE/MAX

858.735.1045 BeachSeller.com

610 Emerald 25 Room Ocean Front Motel

Buying? Selling?

Brian J. Lewis 619-300-5032 DRE #01440201

REMINE REMINE REMINE REMINE

REMUNIX

LIFEGUARDS

CONTINUED FROM Page 1

calls. The program, proving valuable, became implemented 365 days per year in 1984.

"We are the initial responders," Bender said.

The lifeguards on duty on a recent night at the Mission Bay location were Bender; Marc Brown, Lifeguard II; and Daryl McDonald, Lifeguard III; with a combined total of more than 65 years of lifeguarding experience between them.

Boating emergencies are a majority of the calls that can come in on any given night.

Emergency calls for boats sinking, disabled, on fire — or boaters calling for medical aid for those aboard — are all sent to the dispatch lifeguard.

> "What you get is what you get, and it's not what you expect."

> > Marc Brown

Lifeguard on the night crew

"Mission Bay is one of the major outlets as far as smuggling is concerned because San Diego Bay is so inundated with Homeland Security and San Diego Harbor Police, so now they [smugglers] are starting to work their way up,' Brown said. "Mission Bay, Ocean Beach and all of Torrey Pines has been recently an avenue as far as dumping off illegals or running boats with drugs in them, so we will get calls to that."

When they are notified about suspicious boats, the number one priority remains safety. Their reaction echoes that priority, announcing, "We are here to rescue you," they said. Once they take the suspicious boat or boaters to safety, lifeguards alert the necessary authorities to investigate further.

"We are in direct contact with other state agencies," McDonald said.

The lifeguards work with the San Diego Police Department, state Fish and Game Department, Border Patrol and Coast Guard on any given night.

Firefighting boats, patrol boats, buoys with attached lights, fire hoses, handcuffs, first aid supplies are all available for the lifeguards on their way to a call

"Variety is the best part of the job," Bender said.

He can go from responding to a beach rescue involving jumping off the Ocean Beach Pier at 2 a.m. into 56degree water in the middle of winter, to going out on a scuba dive rescue in a

Lifequard Marc Brown opens up a trauma pack used for rescue emergencies. The kit contains hot and cold packs, oxygen therapy, splints, major trauma dressings, blood pressure wraps, a vacuum for clearing lungs and more. DON BALCH | Beach & Bay Press

Lifeguard Daryl McDonald answers calls in the dispatch tower on Mission Bay.

matter of minutes.

"What you get is what you get, and it's not what you expect," Brown said.

Lobster season begins Saturday, Oct. 2, and the guards anticipate a higher incidence of calls from kayakers and boaters who will be in the water along the coast at all hours of the evening and early mornings.

Other conditions that may lead to a higher call volume are winter storms, high surf and heavy fog. Those who use the beaches and ocean waters around San Diego during off-peak hours include surfers, kayakers and fishermen, to name a few — and the night crew is ready and able to respond to any of them should they need help.

DEBBIE HATCH | Beach & Bay Press

golabki (cabbage rolls), bigos (stew) and kiszka (blood sausage), along with Polish pastries.

"It's basically just going to be a party. We'll have live music, food and dancing under the stars," Chrostowska said. "We offer Polish music and folk dances done by Polish groups from California

and other states."

Beer connoisseurs are in for a treat each day during the festival, with the chance to try imported Polish beers. Polish brews Okocim and Zywiec will be among those served.

"We have Polish beer imported straight from Poland," Chrostowska said. "This is not something that you can normally get in the United States and that's usually the big attraction."

The festival continues Oct. 9 from noon to 10 p.m. and Oct. 10 from 12:30 to 6 p.m. with more of a family emphasis. Vendors will sell Polish souvenirs and jewelry and there will be games for kids.

"It's going to be fun," Chrostowska said. In addition to celebrating Polish culture, the festival serves as the main fundraiser for the Pacific Beach mission. Chrostowska said the \$2 admission for adults helps keep the mission running and the church maintained.

"That's pretty important to us. Without that, it would be really tough," Chrostowska said. "We couldn't do any remodeling, and even maintenance would probably be difficult.'

For more information, visit www.polishmission.org/festival.



Deck expansion saga continues

By DEBBIE HATCH | BEACH & BAY PRESS

Pacific Beach Town Council (PBTC) President Rose Galliher announced Sept. 15 at the council's general membership meeting that — per a vote of its members — the PBTC will not lend formal support in the form of a letter to the 1,850-square-foot deck expansion project at the Pacific Beach Shore Club.

Of the 222 mail-in ballots collected, there were 133 votes opposed and 89 votes in support of the project. The total membership as of June 21 was 597.

The vote is the result of a motion made at the June 16 PBTC meeting by Scott Chipman, a general member of the PBTC who is also a board member of the Pacific Beach Planning Group (PBPG).

Chipman has maintained at prior PBTC meetings that he is acting as a general member of the PBTC and not a member of the PBPG. The PBPG approved the deck expansion prior to the PB Shore Club seeking the approval of the PBTC.

SEE **PBTC**, Page 16

EVENTS CALENDAR Looking ahead

THURSDAY, SEPT. 30

Pacific Beach Kiwanis Club, 7:30 a.m., Broken Yolk, 1851 Garnet Ave. For more information, call Phyllis (858) 750-2554

Preschool Storytime, 10:30 to 11 a.m., Pacific Beach/Taylor Library, 4275 Cass St., ages 2-4; (858) 581-9934, free

SATURDAY, OCT. 2

Safe and Beautiful Clean PB Day. 9 a.m. to noon, Ocean Boulevard at Grand Avenue, www.cleanpb.com

Wagging Tales, 10:30 to 11:30 a.m., Pacific Beach/Taylor Library, 4275 Cass St., (858) 581-9934, free

SUNDAY, OCT. 3

T.O.D.D.L.E.R.S. (Together Opportunities to Discover and Develop Literacy, Enrichment and Recreation Skills), 10 a.m. to 1 p.m., Pacific Beach Recreation Center, 1405 Diamond St., parent and toddler fun. For information, call Bill (619) 920-1032, free

MONDAY, OCT. 4

Mission Bay Rotary Club, noon, Catamaran Hotel, 3999 Mission Blvd., lunch, www.rotaryclubmissionbay.org

TUESDAY, OCT. 5

Pajama Storytime and Crafts, 6:30 to 7:30 p.m., Pacific Beach/Taylor Library, 4275 Cass St., ages 2-6, (858) 581-9934, free

Pacific Beach Toastmasters, 6:30 to 8 p.m., Pacific Beach Recreation Center, 1405 Diamond St. For information, e-mail info@pbtm.freetoasthost.net

Discover PB Board meeting, noon, Discover PB office, 1503 Garnet Ave., (858) 273-3303

Mission Bay Park Committee meeting, 6 p.m., Santa Clara Recreation Center

WEDNESDAY. OCT. 6

Friends of Rose Creek meeting,

6 p.m., Pacific Beach Recreation Center, 1405 Diamond St., www.saverosecreek.org

Book Discussion Group, 6:30 to 7:45 p.m., Pacific Beach/Taylor Library, 4275 Cass St., "The Shadow of the Wind" to be discussed. (858) 581-9934, free

THURSDAY, OCT. 7

Pacific Beach Kiwanis Club, 7:30 a.m., Broken Yolk, 1851 Garnet Ave., for more information, call Phyllis (858) 750-2554

Preschool Storytime, 10:30 to 11 a.m., Pacific Beach/Taylor Library, 4275 Cass St., ages 2-4; (858) 581-9934, free

Toddler Yoga, 11:15 a.m. to noon, Pacific Beach/Taylor Library, 4275 Cass St., ages 2-4; (858) 581-9934, free

FRIDAY, OCT. 8

Polish Festival, 6 to 10 p.m., Saint Maximilian Kolbe Polish Catholic Mission, 1735 Grand Ave., adults only, dancing, music, food and beer; www.polishmission.org/festival, \$2 adults

SATURDAY, OCT. 9

Mission Bay Rotary Club, 7 to 10:30 a.m., Wavehouse in Belmont Park, 3125 Mission

Blvd. For more information, call (858) 531-5754, \$8 per ticket or two for \$15, advanced ticket purchase available at HomeBank, 875 Garnet Ave

Pacific BeachFest, 11 a.m. to 7:30 p.m., on the boardwalk from Thomas Street to Diamond St., art, crafts, food and fireworks, www.pacificbeachfest.org

Polish Festival, noon until 10 p.m., Saint Maximilian Kolbe Polish Catholic Mission, 1735 Grand Ave., dancing, music, children's games, food and beer, www.polishmission.org/festival, \$2 adults, children free

SUNDAY, OCT. 10

Polish Festival, 12:30 to 6 p.m., Saint Maximilian Kolbe Polish Catholic Mission, 1735 Grand Ave., dancing, music, children's games, food and beer, www.polishmission.org/festival, \$2 adults, children free

T.O.D.D.L.E.R.S. (Together opportunities to discover and develop literacy, enrichment and recreation skills), 10 a.m. to 1 p.m., Pacific Beach Recreation Center, 1405 Diamond St., parent and toddler fun. For more information, . call Bill (619) 920-1032, free

MONDAY, OCT. 11

Mission Bay Rotary Club. noon. Catamaran Hotel, 3999 Mission Blvd., lunch, www.rotaryclubmissionbay.org

Discover PB Design and Improvements Committee meeting, 5 p.m., Discover PB office, 1503 Garnet Ave., (858) 273-3303

TUESDAY, OCT. 12

Pajama Storytime and Crafts, 6:30 to 7:30 p.m., Pacific Beach/Taylor Library, 4275 Cass St., ages 2-6; (858) 581-9934, free

Happy Hallo-Wine, 5:30 to 8 p.m., Dana Hotel on Mission Bay, 1710 West Mission Bay Drive, gourmet hors d'oeuvres and wine event raising awareness of issues relating to domestic violence, benefiting Home Start, reservations are \$50 prior to Oct. 6 or \$60 after by visiting www.home-start.org

Pacific Beach Toastmasters, 6:30 to 8 p.m., Pacific Beach Recreation Center, 1405 Diamond St. For information, e-mail info@pbtm.freetoasthost.net

WEDNESDAY, OCT. 13

Discover PB Promotions Committee meeting, 3 p.m., Discover PB office, 1503 Garnet Ave., (858) 273-3303

Art Lesson, 3 p.m., Pacific Beach/Taylor Library, 4275 Cass St., learn to draw creepy cartoons, ages 6-12, advanced sign-up required by calling (858) 581-9934, free

PBTC Sundowner, 5:30 p.m., Union Bank, 1706 Garnet Ave., (858) 483-6666

Mission Beach Town Council meeting, 7 p.m., Community Room, Belmont Park, www.missionbeachtc.org

Lori Bell Jazz Trio, 7 to 8 p.m., Pacific Beach/Taylor Library, 4275 Cass St. (858) 581-9934, free

THURSDAY, OCT. 14

Pacific Beach Kiwanis Club, 7:30 a.m., Broken Yolk, 1851 Garnet Ave. For more information, call Phyllis (858) 750-2554

Preschool Storytime, 10:30 to 11 a.m., Pacific Beach/Taylor Library, 4275 Cass St., ages 2-4; (858) 581-9934, free

VFW Post 5985 Meeting, 7 p.m., 853 Turquoise St., (858) 488-3631, http://vfw5985.com

ASTE OF SATURDAY, OCTOBER 2ND 11am to 4pm

day of event











tastenorthpark.com ng featuring San Diego Craft Brewers Pigment Point of Departure Architecture

San Diego Art Department Taylor Studio/D'Agostino Fine Art

SVEDKA

PURCHASE TICKETS ONLINE AT: TasteNorthPark.com / 619.294.2501



OldTownArtFestival.com (619) 233-5008

The Old Town San Diego Art Festival is partially supported by funding from the City of San Diego Economic Development and Tourism Support Program and the County of San Diego Community Enhancement Program.

Punk, harmony and jazz set to hit the mark

MUSICcalendar

By BART MENDOZA | BEACH & BAY PRESS

Though Fishbone has never scored a hit in it's 31 years as a band, it remains one of the most important combos to emerge from California's early eighties ska/mod and punk scenes. In continuous existence since its heyday, the band, which performs at the 710 Beach Club on Oct. 2, has nearly two dozen DVDs and CDs to its credit, with a documentary about the band, "Everyday Sunshine," released this year. There are many wild and manic bands out there. but none come close to Fishbone's intense party rhythms, immortalized in such hits as "Party at Ground Zero."

Fishbone: 9 p.m. on Saturday, Oct. 2 at the 710 Beach Club, 710 Garnet Ave. 21 and up. Cover TBD.

www.myspace.com/fishboneisredhot

Progressive punk band London Falling, which appears at Soundwave on Oct. 7, has a schizophrenic sound. There is definitely punk sound and attitude, as $\bar{\mbox{}}$ well as a political angle to some of its songs, with titles like "Bombs in Baskets" and "Good Enough For Government Work." But you'll also find the occasional touch of thrash, ska and even classic powerpop. More than mere four-chord bashing, the band injects plenty of quirky melody into tracks such as "Shade of Grey" with a great use of harmonies throughout.

London Falling: 8 p.m. on Thursday, Oct. 7 at Soundwave, 3125 Oceanfront Walk. \$5. 21 and up. www.myspace.com/londonsfalling

Seaholm Mackintosh, which appears at O'Connell's on Oct. 9 is an acoustic duo, consisting of singer-songwriters Brooke Mackintosh and Sven-Erik Sea-



Fishbone, which has generated nearly two dozen DVDs and CDs since the early 1980s and was the subject of a documentary this year, performs at the 710 Beach Club on Oct. 2.

holm. If the latter sounds familiar, he is also one of San Diego's best known music producers, working with dozens of artists ranging from indie favorites Via Satelite to roots rockers The Farmers. Seaholm MacKintosh harmonize beautifully with wonderful vocal interplay. With this duo, Seaholm expands on his love of acoustic guitar and harmony and adds yet another terrific musical project to his long distinguished resume.

Seaholm Mackintosh: 8 p.m. on Saturday, October 9. O'Connell's, 1310 Morena Blvd. 21 and up. Cover TBD. www.myspace.com/seaholmmackintosh

Brick by Brick hosts musical roundrobin Acoustic Alliance on Oct. 10. Organizer Cathryn Beeks does an excellent job of mixing a dozen up-and-coming performers with seasoned veterans. This time out, favorites like Terry Matsuoka and Carlos Olmeda will take the stage alongside newer names such as Airika and Erin McLaughlin. The latter is a country and traditional folk singer who has been making waves of late, recently teaming with Sean Watkins of Nickle Creek for a series of shows. With each artist performing their best four songs, this quarterly event continues to be one of the area's top values and best ways to take in a large amount of talent in one sitting.

Acoustic Alliance: 6 p.m. on Friday, Oct. 10 at Brick by Brick. 1130 Buenos Ave. 21 and up. \$8. http://listenlocalsd.com/AA.html

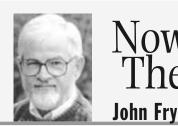
thanks to cultural references like the "American Pie" movies and Ian Anderson of Jethro Tull, the cool sounds of the Lori Bell Jazz Trio may be the perfect antidote to that situation. Appearing at the Pacific Beach Library on Oct. 13, Bell is a virtuoso performer, adept at anything from classical to pop, but it's her iazz that has seen her receive an amazing six Grammy nominations in her three decades of recording. Whether you are a fan of jazz or instrumental music, this show is an excellent chance to take in a set from one of San Diego's top musical treasures. Lori Bell Jazz Trio: 6 p.m. on Wednesday, Oct. 13 at Pacific Beach Library,

Though the flute has gotten a bad rap

4275 Cass St. All ages. No cover. www.loribellflute.com



Fans of jazz or instrumental music won't want to miss the Lori Bell Jazz Trio on Oct. 13 at the Pacific Beach Library.



STEPHANIE WHEELER FINALLY HAS HER LEARNER'S PERMIT.

That means she can drive as long as she has an adult passenger. Who better to fill that role than her grandmother, Starbucks regular Ande McCarren? This past week, Ande's had her share of horror stories. Stephanie's apparently a quick study, however, because Ande allowed that Stephanie had finally "turned the corner." Jeff Dalrymple couldn't resist — "So she's up to speed? On the right track?"

IT'S SUCH A TREAT to be known and loved throughout Pacific Beach. A while back I was dining at China Inn when North Shores Printery owners Jay and Annette Brewer came in with daughter Addie. Jay went back outside to put a parking validation in the machine and I heard Annette say in a loud whisper, "It's John Fry. It's not too late to go somewhere else." She was joking. I think.

I FEEL LIKE BOB WOODWARD in "All The President's Men." I keep getting cryptic phone calls. Remember the mystery girl who wasn't sure whether life was still worth living after learning that Los Panchos bit the dust and she was no longer going to be able to enjoy their hot carrots? Not long afterward, another girl called and told me the site was being remodeled and would soon open as a fish store. Took me back to That Fish Store in Pacific Plaza. Actually, I think that one was a pet store. This one may have fish that you eat.

I'VE BEEN VISITING THE PEOPLE'S REPUBLIC OF OCEAN BEACH lately because of the very thing I've always teased about — being stuck in the '60s. The good news is that, unlike Pacific Beach, there are places on Newport Avenue where you can still sit at the counter and enjoy breakfast. That got me to thinking about the places on this side of the flood control channel where I used to enjoy the most important meal of the day: Copper Skillet (now China Inn), Spyro's (Papa John's Pizza), Gail's Coffee Shop (the pharmacy at CVS Pacific Plaza), Sheldon's (McDonald's on East Mission Bay Drive), Victor's (Mission Bay Golf Course) and JR's, at the foot of Clairemont Drive. Oh, well. Time marches on.

SPEAKING OF THE GOOD OLD DAYS, "Doc" Wilding called after receiving the September issue of the Pacific Beach Historical Society newsletter that talked about the conversion of Ocean Boulevard's auto lanes into today's promenade. He loaned me some additional items, including a copy of Eve Smull's "Calendar" magazine from August 1987, which I've shared in the October newsletter. I especially enjoyed the advertisements. They included T. D. Hays, (PB Shore Club), the Barbecue Pit (Bub's Dive Bar), the Canteen Club (Kono's), Ricci's Ristorante Italiano (PB Sushi), and the "Old" cafes – Ocean Beach (Your Mama's Mug), Mission Beach (The Mission), Pacific Beach (Rip Curl) and Del Mar (Chevy's in Flower Hill Mall). Oh, well. Time marches on. Am I repeating myself?

— John Fry may be reached at (858) 272-6655 or by e-mail at mail@johnfry.com.



You could use a banker dedicated to your financial needs.

A nearby Priority Banking office is now open.

A new, exclusive business and personal banking service is now available in your area. It's called Priority Banking: You'll enjoy the perfect combination of recognition, preferred service and banking expertise — all directed by a skilled banker dedicated to you. Your combined business and personal balances may qualify you for the Priority Banking program. Your banker is waiting.

Call today to set up an appointment with your personal banker.

Pacific Beach: Jason Mittman, 1706 Garnet Ave., 858-581-5104



Visit unionbank.com/priority



(1) Priority Banking is available to individuals and businesses with combined deposits at Union Bank or assets invested with its subsidiaries and/or affiliates totaling \$100,000 or more. Terms and conditions subject to change. See our All About Personal, or All About Business, Accounts & Services Disclosure and Agreement for details.

©2010 Union Bank, N.A.



FDIC

NEWS ESPORTS I ENTERTAINMENT LOPINONS ETHE ARTS I Call **858.270.3103**

Triathlon roots traced back to Mission Bay event

BY AMBERLY DRESSLER | BEACH & BAY PRESS

Credited as the birthplace of the triathlon, Mission Bay will host nearly 2,000 athletes and as many spectators for the Mission Bay Triathlon on Sunday, Oct. 3. According to organizers, the San Diego Track Club held the first-ever run, bike and swim event in 1974, named the Centennial Triathlon to celebrate the 100th anniversary of Pacific Beach, Ocean Beach and La Jolla.

The event's name was changed the following year to the Mission Bay Triathlon, but the race's design stuck.

"Basically, that idea of triathlon spread to other parts of the country and people started developing triathlons," said race director Rick Kozlowski. "In fact, the guy, Commander Collins, who started Ironman Hawaii, got the idea from the triathlons in San Diego."

Starting with about 50 to 60 people, the event has grown tremendously. The popular-

"I think part of it is that people in the mid- to late-90s were looking for something different than doing marathons, but they wanted to do something that gave them a feeling of accomplishment," Kozlowski said. "Marathons take a lot of work and it really

Mission Bay Triathlon. Oct. 3

takes a toll on the body.

"So, instead of going to the office and talking to their friends saying, 'I did a marathon this last weekend,' they were going in and saying, 'I did a triathlon' and not have to worry about all that training," he said.

Trends in fitness have also helped the sport.

"Plus, in the last 10 years, the big word in fitness has been cross-training, so people who do triathlons do a little swimming during the week, a little bit of weight training, a little bit of cycling, a little bit of running," Kozlowski said. "It gives a person an opportunity to do a different sport every day and not have to do the same sport."

This year's race starts and finishes at Ski Beach on Mission Bay. There is a 500-meter, point-to-point swim, a 15-kilometer bike ride and a 5-kilometer run.

"It's kind of a neat little venue and we are sold out," Kozlowski said. "It's basically the biggest triathlon in San Diego."

Residents can still get involved in the race in other

"Come out and watch or volunteer on race day,"

Kozlowski said. "If they want to volunteer, they can give us a call here at the office or just come out and watch the racing."

Racers start showing up at Ski Beach as early as 5:15 a.m

"We bring in almost 2,000 athletes and another 2,000 spectators, and by 11 a.m., you'd almost never know we were there," Kozlowski said. "It's really kind of funny. By noon, everything is in our trunks and we are gone. It's like the circus comes to town and you'd never know it was there if you woke up after noon."

Meanwhile, the effect on traffic is expected to be minimal, Kozlowski said.

"The only thing that will be happening is not so much a traffic delay, but from 6:30 in the morning to 9:30, there will be no westbound traffic on Sea World Drive from east Mission Bay Drive to the main exit of Sea World," Kozlowski said. "There will be a detour that lets people go through, takes them down to Rosecrans Street and up Sports Arena Boulevard to bring them back around. But that's the only major road closure outside of Fiesta Island being closed from 7 until 9 (a.m.)."

For more information, call (858) 268-1250, or visit www.kozenterprises.com.



A pair of runners crosses the finish line at last year's Mission Bay Triathlon. This year's event is scheduled for Oct. 3 on Fiesta Island.

A competitor in the Old Mission Beach Athletic Club's 17th annual Classic Longboard Surfing Contest maintains his balance as his board rides near the crest of a wave Sept. 18 north of Crystal Pier. PAUL HANSEN | Beach & Bay Press



Avalin Johnson demonstrates her skill, carving up a wave at the Keith Noel Memorial Jetty Kid Surf Kontest in South Mission Beach on Sept. 25. Kids competed free of charge in PAUL HANSEN | Beach & Bay Press the 16th annual event.

New Mission Bay AD has big shoes to fill

BY AMBERLY DRESSLER | BEACH & BAY PRESS

Last spring, Mission Bay High School (MBHS) named Christa Allen as its new athletic director — a role her predecessor filled for decades. Allen, whose affiliation with MBHS athletics dates back to 1997, has hit the ground running this fall.

"When Dennis [Pugh] retired, it was, to me, really good to see Christa step up and want the job and get the job," said MBHS head football coach Willie Matson. "She wants to maintain the same high level in sports and she came in very eager. She really, really wants to do a good job. It's important to her, and you can tell because she is communicating with all the coaches.

"She's worked here as a coach before and as a P.E. instructor, but being an athletic director is a different level of communication and relationships with coaches. She's taken the time to get to know the coaches and the way their programs work, and their needs and wants, which I respect her for."

The respect extends from the basketball court.as well

"She will be a tireless and strong work-

er for the athletic department at Mission taught me and guided me in my teaching Bay," said head basketball coach Dennis

Allen, whose own playing background is in volleyball and swimming, reciprocates the admiration. "What has impressed me so far about

MBHS is the quality of the staff and how many of our academic and athletic programs have achieved success," Allen The program's successes in the last

year are notable. MBHS sent its baseball team, football team, boys' and girls' basketball teams, boys' and girls' soccer teams and others to the CIF playoffs.

Mission Bay's former athletic director's contributions are still held in high esteem.

"I would like to say what a great job Dennis Pugh did as athletic director," Matson said. "He really raised this athletic department to high standards in every sport, and he was really a fixture at this school for many years. So, I wanted to make sure I gave him recognition because he was unbelievable."

Allen agrees.

"The man who is my predecessor has is carrying that along."

and coaching for the last 14 years, and I have gained a tremendous amount of knowledge from him," Allen said. "I thank him for that. I plan to continue to support our athletic programs and coaches, to continue to have success within their programs and help teach our athletes to become well-rounded, educated young men and women.

"My specific goals for this year are to maintain the quality and success that is already in place and better our programs that have room for growth," Allen said.

Allen's said her long-term goals are similar. She'd like to maintain the quality within the athletic programs and continue to instill the value of education and academics.

The balancing act between athletic success and academic achievement is one Mission Bay staff and administrators do not take lightly.

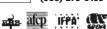
"We've been fortunate for the most part to have very good student athletes, but you want to bring along everybody, and I know that's the focus of the administration," Matson said. "I think Christa

BEACH & BAY PRESS



Mannis Communications 4645 Cass St. Box 9550 San Diego, CA 92169 Ad Fax: (858) 713-0095

bbp@sdnews.com (858) 270-3103



OPINIONS Signed letters to the editor are encouraged. All letters must include a phone number for verification. The editor may edit letters for clarity and accuracy. Letters should be 350 words or less. Views expressed are not necessarily the views of this newspaper or staff.

SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The editor reserves the right to edit for clarity. **DEADLINES** All content must be received by on the Thursday prior to publication **DISTRIBUTION Beach & Bay Press** is

COPYRIGHT © **2010.** All rights are reserved. Printed in the United States of America

PRINTED with soy inks and recycled paper. Please recycle.

PUBLISHER Julie Mannis Hoisington

(858) 270-3103 x106 imannis@sdnews.com **EXECUTIVE EDITOR**

John Gregory x130 bbp@sdnews.com

NEWS EDITOR Kevin McKay x131 beacon@sdnews.com

SPORTS EDITOR Anthony Gentile x135

anthony@sdnews.com

REPORTERS Anthony Gentile x135 anthony@sdnews.com

Debbie Hatch x142 hatch@sdnews.com

ACCOUNTING Heather Glynn x103 Patty Angley x120

SALES DIRECTOR Markey Daniels x111

AD CONSULTANTS Mike Fahey x117 Michael Long x112 Ashlee Manzo x123 Heather Snyder x115 Deborah Vazquez x118 Maricris Angeles x147

CLASSIFIEDS MGR. Heather Snyder x115

heather@sdnews.com

CLASSIFIEDS Kim Donaldson x140 kim@sdnews.com

Sonya Godette x136 sonya@sdnews.com

PRODUCTION MGR. Casey Dean x107

casey@sdnews.com

PRODUCTION Chris Baker,

Anna Magulac

PHOTOGRAPHERS

Don Balch, Paul Hansen

CONTRIBUTORS John Fry, Anthony Gentile,

Bart Mendoza, Neal Putnam, Sebastian Ruiz, Meaghan Clark, Amber Dressler, Lee Cornell, Mariko Lamb

sdnews.com



Keep cool and save. Every day.



WELCOME TO PB BEACHFEST 2010

Festival offers so many ways to celebrate life at the beach

By DEBBIE HATCH | BEACH & BAY PRESS

In addition to the many local merchants who will be selling their goods in booths at this year's PB BeachFest, there will be plenty of local artisans displaying handcrafted items such as artwork, clothing and jewelry. From commemorative Tshirts to entertainment, BeachFest will have something for everyone. However, BeachFest is also about activities celebrating life at the beach. Here are a few more attention-grabbers for spectators and participants alike.

Sand sculpture

Representatives from DreamWorks will be on hand to build a large sandcastle in order to promote its new movie "Megamind," an animated film with Will Ferrell, Jonah Hill, Brad Pitt and Tina Fey doing the voice-overs for the main

The sand sculpture will be about 20-feet-by-8-feet and will be located just south of the lifeguard tower at the end of Grand Avenue. Attendees can watch the sculpture come to life over the course of the day.

8K Run/Walk

BeachFest would not be indicative of the local culture without a little beach competition and workouts in the sunshine. The BeachFest 8K, an all-sand run/walk, will begin at 8 a.m. just south of Crystal Pier. Participants can pick up race bibs and register, if the race is not full, beginning at 6:45 a.m. The race costs \$30 prior to Oct. 1 and \$35 after. All participants receive a T-shirt. To pre-register for the event visit www.kathyloperevents.com/beachfest.

Action Alley

Action Alley will feature professional skaters demonstrating their mad skills. Beach area surf and skate shops will be on hand selling clothing and merchandise. The event, sponsored by Vans, Pacific Drive and The Skateboard Mag, will take place near Thomas Avenue. The pro-mini ramp contest will feature a \$5,000-purse of winnings.

Fireworks

The annual fireworks display will take place at 7 p.m. and will be fired off from the end of Crystal Pier by Fireworks America. Fireworks America has produced shows for Sea-World, Super Bowl XXXVII, the San Diego Padres and the Fox television program "American Idol."

Best of the Beach Fish Taco Challenge

The Pacific Beach Shore Club will defend its title as making the best beach fish taco. The public will decide by tasting and the casting a vote for which restaurant deserves the cherished title. Tickets to sample the tacos are \$5 each and will give participants a taste from each vendor. This year's competition will be among R.T.'s Longboard Grill, Sandbar, Pacific Beach Ale House and the defending champions. The challenge will take place between 11 a.m. and 2 p.m. at Hornblend Street and Ocean Boulevard.

Surf contest

New to the BeachFest, Billabong and South Coast Surf Shops will be presenting a kids surf contest.

"It's catered toward younger surfers, not professional or sponsored kids," said Bird Huffman, long time surfer and operating manager of South Coast Windansea in Pacific

The contest is free and open to kids ages 16 and younger. There will even be a "push division" for young children whose parents feel comfortable pushing them on the board. Typically these participants are the youngest of surfers.

Prizes and food will be supplied by Billabong. The contest will run from 8 a.m. to 4 p.m. and will be held on the north side of Crystal Pier

"It's a low-pressure kind of a contest," Huffman said. "It's more about having fun." Each child must have a parent or guardian present

to sign a waiver. "Bring your smile, don't bring an attitude," Huff-

man said. For more information visit South Coast Windansea, 740 Felspar St., Suite A.

Volleyball tournament

The Pacific Beach Volleyball Championship Tournament begins at 9 a.m. Check-in begins at 8 a.m.

"There's room for 12 men's and 12 women's teams," said Sara Berns, program manager with Discover PB. "It's about half full.'

The volleyball tournament tends to fill up early. The twoon-two tournament offers \$1,000 in prize money. It will take place on the sand south of the pier. The entry fee is \$75 per team. Teams can register by downloading the volleyball application from www.pacificbeachfest.org





Sophie

Culligan



PAUL HANSEN | Beach & Bay Press



Liberty



Pacific BeachFes music, food, art, family fun

Felspar Street

Garnet Ave.

Arts & Crafts Village

SATURDAY, OCTOBER 9, 2010 Event Line-Up





Crystal Pier

9 8K Beachrun

Kick-Off 4

Beach Volleyball

Beach Sand Tennis

Discover PB

COMMUNITY

STAGE

Month Mission Blvd 858.490.1551

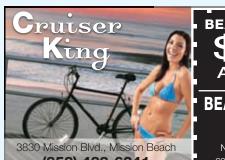
SHOCK FITNESS GRAND OPENING SPECIAL No Enrollment \$19.99 a month!* Tanning \$9.99 a month!*

\$3.00 OFF **LIVE SCAN**

Make Your Appointment On-Line At: www.pacificbeachlivescan.com And Receive \$3.00 Off The Regular Rolling Fee of \$21.00.

Bring In This Coupon For a \$1.00 Discount Off The \$21.00 Rolling Fee. OK to copy coupon. Expires 12/31/2010.

765 Garnet Avenue, Pacific Beach CA 92109 Phone: 858-274-7773



BEACH CRUISER RENTAL \$40 A DAY A WEEK BEACH CRUISER SPECIAL **\$149**.95

Bakery Cafe **Our Famous Gigantic** 735 Santa Clara PI San Diego 92109 **CINNAMON ROLLS! Buy 1 Get 1 Free**

4978 Cass St (Cass & Loring) In the Heart of North PB, Free Wifi)

Buy one of our "Specialty Sandwiches" and get one free





1ST ANNUAL

BILLABONG/SOUTH COAST WINDANSEA KIDS SURF CONTEST at Crystal Pier | 8:00 am

SAN DIEGO COUNTY CREDIT UNION 8K SAND BEACH RUN | 8:00 am

FIREHOUSE

OPEN BEACH VOLLEYBALL TOURNAMENT | 8:00 am

BEACH TENNIS CLINIC & TOURNAMENT | 9:30 am

ACTION ALLEY (THOMAS AVENUE) | 10:00 am PACIFIC DRIVE/VAN'S/SKATEBOARD MAG PRO SKATEBOARD MINI RAMP CONTEST

2ND ANNUAL PACIFIC BEACHFEST

FISH TACO CHALLENGE

\$5 samples and PB People's Choice Award \mid 11 am - 2 pm. Featuring:RT Longboards, PB Shore Club, Sandbar, Pacific Beach AleHouse Other food court vendors include: Bareback Grill, Café Bella Italia, Joe's Crab Shack, Han's Boardwok, Woodstock's Pizza, Olde City Grill, Bub's Dive Bar

PB CRAFT BEER GARDEN | 1:00 pm FEATURING KARL STRAUSS AND PACIFIC BEACH ALEHOUSE

CHICKEN WING CHALLENGE

PRESENTED BY BUB'S DIVE BAR | 3:15 P.M.

PRESENTED BY SUPERPAWN

OUTDOOR ARTS AND CRAFTS FESTIVAL

MEGA SAND SCULPTURE & KIDS AREA PRESENTED BY MEGAMIND

CLOSING FIREWORKS OFF CRYSTAL PIER | 7:00 pm | Mission Bay High School Dixie Jazz Band

Beachfest Main Stage

11:00

Opening Ceremonies

11:00

High Tide

12:30

Y3K 2:00

The Ambassador and the Chosen Few

3:15

Bub's Wing Contest

4:00

Surf Kings

5:45

Boomsnap

Community Stage

11:00

Emersen

12:00

Skate This!

12:30

San Diego Civic Dance Arts

1:30

Josh Damigo

2:45

PB Kids Rock

3:35

Big Daddy Blues Band

4:45













































Pacific Beach & Mission Beach Real Estate





Home Loans

Don Brown Senior Mortgage Loan Officer President's Club

> Tel: 619.908.3407 Cell: 858.245.1250 Fax: 866.794.6970

don.brown@bankofamerica.com

CAO-919-01-01 9095 Rio San Diego Drive Ste 100, San Diego, Ca 92108 **a** Equal Housing Lender

LA JOLLA Termite & Pest Control High Standards, not High Prices WWW.LAJOLLATERMITE.COM Organic Available Call our Office for a FREE Inspection We are your Local Termite and Pest Control Company

CALL NOW (858) 454-4315

DOGS NEED HOUSES TOO!

We are dog owners & pet lovers and know one of the most important criteria in finding a new home for clients is how the property will accommodate their pets!

Looking to relocate your family and your St. Bernard or Poodle? The Coastal neighborhoods in Mission and Pacific Beach have miles of

boardwalk along the ocean and the bay! Great for walking dogs (before 9 a.m. & after 6 pm)! We are both San Diego natives and work mostly by referral with 34 combined years of experience in the San Diego real estate market!

THINKING OF BUYING OR SELLING PLEASE CALL US!

Darlene Allen 858-488-4090

Marianne Kendall 619-708-3523

Coldwell Banker Residential Real Estate www.paradiseispacificbeach.com



Mission Bay Real Estate Association

10th Annual

Links for Learning Golf Tournament

Benefiting PB Elementary Schools

Wednesday October 13th at 1 p.m. To participate as a golfer/sponsor email

joel@joelhawk.com

www.mbrea.net

The optimum time to determine the best form of property ownership is before the property is purchased. All too often married or domestic partnership couples merely default to Joint Tenancy or Community Property with Right to Survivorship forms of property ownership without consideration of possible adverse consequences to their true intentions for the property ownership.

Both Joint Tenancy and Community Property with Right to Survivorship have a "right to survivorship" benefit which vests a deceased's interest in the property to survivors automatically without probate or other proceedings. Many couples create these forms of property ownership as an adequate form of their estate plan. However, the actions of one person may create situations which terminate the joint tenancy or community property with right to survivorship and extinguish the automatic vesting of a deceased's interest and eliminate the very advantage for which they were created.

It is important to understand that the "right to survivorship" is not irrevocably fixed, meaning that nothing can prevent one property owner from breaking the requirements and terminating the right. Each owner has the right to sell or encumber the property without informing or acquiring consent of the other owners. If one owner sells or encumbers their share of the property, even if done involuntarily, the Joint Tenancy or Community Property With Right To Survivorship will be terminated as well as the desired right to survivorship.

Often people merely default to the old Joint Tenancy or Community Property with Right to Survivorship without obtaining information on all the available options that would prove more beneficial. For more information, contact Todd Pearsall at PEARSALL LAW (619) 847-7034 or tpearsall@ pearsall-law.com. The information provided is for general discussion only and is not a legal opinion for a specific purpose.

Helping you find a Home



Put yourself in control with this FREE online, password-protected home finding service!

Call TODAY for more information!

- Pictures Prices Addresses
- Directions English/Spanish

Email us at info@jpotts.com. Just send us your name, zip codes(s) and price range you are interested in. You will have FREE access to search the MLS from the comfort of your home. NO SPAM!

Helping you find a Loan





Jim Potts & Anne Sinclair-Larson

(619) 206-6057 (800) 794-7177 **Toll Free** NMLS # 227144 283135

WJB Bradley Mortgage Capitol Corp. www.JPotts.com

www.iluvjunk.com

You Call-We Haul! No Job Too Small!



Evictions, cleanouts, construction debris, appliance removal tree trimming, ect.

We recycle everything we can!

619-933-4346 10% Senior Discount

PROPERTY SPECIALISTS





TREVOR PIKE 619.823.7503 Trevor@clcoastal properties.com

24 Hr Market Value ANALYSIS OF YOUR PROPERTY Call, text, email for instant property value



BRIEN METCALF 619.708.2239 jbrien@clcoastal properties.com

CLIENT 1ST MARKETING PLAN B&B ads, websites, Open Houses, e-blasts



PROPERTY SEARCH

www.ChrisLove.com www.PikeCoastalProperties.com

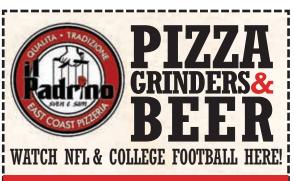






4656 MISSION BLVD. PACIFIC BEACH

858.274.2473 • DIRTYBIRDSPB.COM



FREE SMALL CHEESE PIZZA with any \$20 order. w/ coupon. Not valid w/ any other offers. Exp. 10/31/10

859 Hornblend St. Pacific Beach **ILPADRINOPIZZA.COM** (858) 2-PIZZAS (274-9927) • WE DELIVER!



THURSDAY SUNDAY **MISSION BEACH** MONDAY **TUESDAY** WEDNESDAY FRIDAY SATURDAY



GUAVA BEACH

3714 Mission

721 Grand Ave.

SHORE CLUB

4343 Ocean Blvd. 858-272-SURF

\$59.95 per

person in advance

Ticket price includes tax

\$69.95 at the door

Ticket price is subject to an online processing fee

For more info call

619-557-9441 x203

858-488-668

Nightly Specials: 6pm -close All you can eat wings \$13.99 - Bucket of Key- 1/2 price domestic pitchers stone Light \$10.00

HAPPY MONDAYS: Happy Hour 4pm to Close 1/2 off Beers and call shots **Happy Hour** Happy Hour All Day 1/2 price wings

TACO TUESDAY'S: Tacos starting @ \$2 \$3.50 Dos Equis Pints

Wii & full Rockband competitions

Bombs, Happy Hour 3-8 w/ \$3

Wells, \$8, \$10 & \$12 pitchers

\$4 Vodka Redbull, \$4 Yager

\$3 U Call It Night: \$3 u-call-its 9:30pm to close Happy Hour from 4-7pm

Happy Hour until 8pm, \$3

Wells, \$8, \$10 & \$12 pitchers

Nightly Specials:

Turkey Burger and

Domestic Beer \$8.99

6pm -close

Hip hop night

8pm -close \$2.00 Keystone Light can

Nightly Specials:

BURGERS MADNESS: \$5.99 1/2lb Burger & Fries \$1.00 off Draft Beer!

\$4 FRIDAYS: \$4 shots of Jager, Tuaca, Fernat \$4 Vodka Rockstars

Nightly Specials:

\$3.00 16oz PBR draft

8pm -close

\$8 Miller Lite or Bud Lite Pitch-

Jason Otts accoustic showcase

6-9pm, Hip Hop, Bands + DJs.

Wells, \$8, \$10 & \$12 pitchers

Happy Hour until 8pm, \$3

Weekend Brunch 9pm – 1pm \$4 u-call-its 9:30pm to close \$8 Miller Lite or Bud Lite Pitchers \$3 Krazis - \$5 Mimosas \$12 Bionic Beaver

Live Music, DJ Chelu

& Beers

\$3 Mimosas, Bloody Marys

\$4 Bloody Mary's and \$2 Mimosas

Nightly Specials:

\$10 bottle of champagne

\$15 bucket of Coors or Miller

Weekend Brunch 9pm - 1pm \$5 Shawn's "El Fuego" Bloody Mary's \$8 Miller Lite or Bud Lite Pitchers \$5 Mimosas \$12 Bionic Beaver

Nightly Specials:

\$10 Corona Buckets

\$5 Jager Bombs

\$2 Buds

\$4 Bloody Mary's and \$2 Mimosas

Nightly Specials:

\$10 bottle of champagne

\$15 bucket of Coors or Miller

25% off appetizers \$1 off Grande Margaritas 25% off appetizers ers all day All day, every day: \$3 Newcastle Ale & \$3 Landshark pints Nightly Specials: **Nightly Specials: Nightly Specials:** Nightly Specials: **Nightly Specials:**

Open Mic w/ Jody Wood \$4 Vodka Redbull, \$4 Yager 5046 Newport Ave. 619-222-5300 Bombs, Happy Hour 3-8 w/ \$3 Wells, \$8, \$10 & \$12

> **Burger Bliss** \$5.00 Burger - 6-10pm

Nightly Specials: Beer Pong@9pm-close/ Restaurant and bar Industry 50% off cocktails and beers/\$3.50 pacifico, bud , and negra modello drafts all day

Crab Night \$24.95 - 6-10pm

Nightly Specials: 1/2 apps 6pm to kitchen close/ \$3.50 Pacifico, Bud, and Negra Modello drafts ALL DAY/ DJ MCLOVIN 8pm-12

Nightly Specials: Nightly Specials: \$2.00 Tacos and \$5.00 Happy Hour Food 4 to Close &

All-You-Can-Eat Uncorked & Unplugged 1/2 off all bottles of Wine & Premium Corked Beers 6-10pm Live Music - 9pm to Close

> Nightly Specials: \$3 SVEDKA vodka 9pm-cl / GOLDFISH RACES@10pm/ DJ mike Czech/\$3.50 Pacifico, bud and negra modello drafts all day

Nightly Specials: \$3.00 Wing Basket & \$5.00 Selected Whiskeys **Nightly Specials:** Reggae night with live bands &

DJ Carlos culture, \$3 Redstripes Happy Hour until 8pm, \$3 Wells, \$8, \$10 & \$12 pitchers

\$3 U Call Its

Nightly Specials:

Burger, Fries & 16 Ounce

Thursday Special **Good Times Friday** \$3 22 oz Mugs of House Beer \$3 Sushi Rolls, \$3 Good Times DJ Music - 10pm to Close

Nightly Specials: 2-4-1 burgers and chicken sand-wiches 5pm-to kitchen close/ \$3-u-call-its 8pm-close with DJ DEVOY /\$3.50 pacifico, bud, and negra modello drafts all day Nightly Specials: Live DJ 8pm-12/ \$3.50 pacifico. bud, and negra modello drafts ALL DAY/ 2-4-1 fish and chips or shrimp

Nightly Specials:

Gold 3pm to Close

DJ Music - 10pm to Close.

and chins 5nm-close

Pacific Sunset Sunday

\$3 fish tacos, \$3 IPA - 5pm-9pm Industry Night: 1/2 off bar tabs, DJ Music - 10pm to Close

Nightly Specials: college football tv packages / **Nightly Specials:** NFL ticket/ \$3.50 pacifico, bud, navy football / live dj 8pm-12/ and negra modello drafts all day /

Chance to win a flat screen TV.

\$3.50 pacifico, bud, and negra karaoke with DJ franqueray@9pm modello drafts all day **Every Saturday Every Sunday** \$2.50 Mimosas & \$2.50 Mimosas, \$9.00 Bud Light College Gamday! Pitchers, And All The NFL Games!

Domestic Draft \$7.00 Happy Hour 4 to 7 Every Night in the Bar Areas! Coming Soon DJ's and Bands Thurs – Sat!





- Sip wines from around the globe
- Cuisine created by Prado's Executive Chef Jonathan Ha
- Vote for your favorite dish in our Second Annual Chef Grill-Off
 - Neat, straight up or on the rocks – sample in our Spirits Lounge

Taste some of

- San Diego's best local brews
- Indulge in decadent Prado desserts

Purchase tickets online at pradoharvestfestival.com



At the Beach 809 Thomas Ave Pacific Beach, CA (858) 270-1730

Catch all the NFL & NCAA games here



Panoramic Ocean Views **Nightly Dinner Specials** Daily Lunch Specials

At the Pier 5083 Santa Monica Ave Ocean Beach, CA (619) 222-7437

> Join us for Restaurant Week Sept. 19 - Oct. 7

Breakfast Saturday & Sunday **Large Parties Welcome Late Night Dining**

> **Two Locations** Ocean Beach & **Pacific Beach**

Casual Full Service Dining With Great Food. **Great Views, & Good Times** In A Comfortable Atmosphere! Open Daily 11:00am ~ 9:00am Sat & Sun Kitchen open 'til 1:00am Nightly

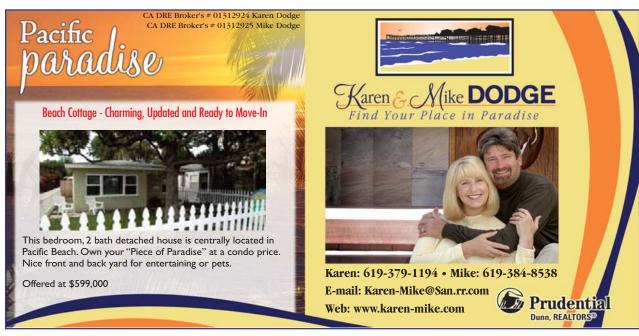
www.NicksattheBeach.com



BAR SPECIALS

MONDAY: Happy Hour Food 4 p.m.-Close TUESDAY: \$2.00 Tacos WEDNESDAY: \$3.00 Wing Baskets THURSDAY: Burger & Beer \$7.00

SATURDAY & SUNDAY: \$2.00 Mimosas





Rush to these desirable 3 br townhome, 1 block from miles of sandy beaches. 1 year new kitchen, bay windows in living & MBR. Priced to move you.

FABULOUS outdoor living Start living your Grand Life today. New construction at Gresham and Grand!! 2BR+Den or 3BR. View roofdecks from \$619k now 579k. 1 Left, 3 Sold. Open Sat & Sun 1-4pm

Score a Crown Point area Extra Large 1BR with office area, within a bayfront building. \$299k-\$329k



Larry Tavares General Contracting

Licensed & Insured

RESIDENTIAL & COMMERCIAL REMODEL & REPAIRS

30 Years Construction Experience SERVING BEACH COMMUNITIES SINCE 1988

LICENSE # 749496

619-222-7676

CROWN POINT HOMES AWAIT YOU! (4028 & 4032 Honeycutt) • 3 BEDROOMS, 3.5 BATHS CHARMING SUNROOM PENTHOUSE RM (OPTIONAL BR) SPACIOUS LIVING AREA ROOF-TOP DECK 2 CAR SIDE X SIDE GARAGE PORT • ENERGY EFFICIENT W/SOLAR **ELECTRICITY & TANKLESS** WATER HEATER PRIVATE FRONT YARD **BERNIE SOSNA** "I'LL COME TO YOUR RESCUE" **DIRECT: 858.490.6127** CELL: 619.977.4334

WWW.BERNIESOSNA.COM

2222 Soto St. San Diego CA 92107

- . Granny Flat at Rear of Home
- Panoramic Ocean Views
- Large Deck
- 2 Bedroom



disturb current tenant.

\$2.00 SQ. FT.

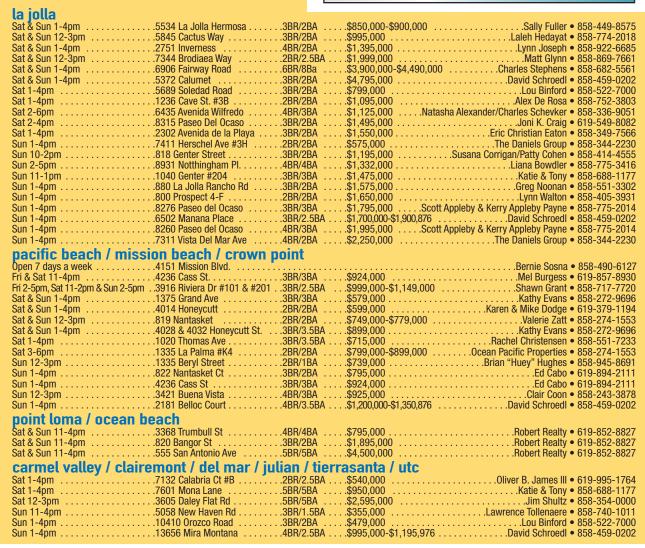
Direct (858)375-4452 www.ExitSteppingStoneRealty.com

LA JOLLA Prime 4,160 sq. ft. retail / office corner property. Seventeen parking spaces, former bank building. Building located in newly, redeveloped Bird Rock district with lush landscaping and ocean views. Space available as one unit, or could be divided. Available 11/1/2010. Please do not



Carol Tierney 949.422.2413 rrtierney@earthlink.net

open house directory

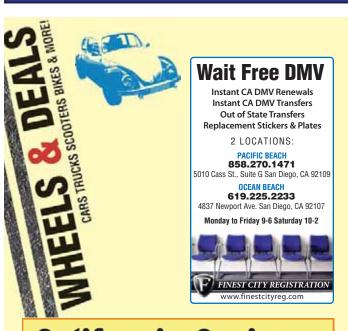


Buying? Selling?

THINKBRIAN.BIZ

Brian J. Lewis 619-300-5032 DRE #01440201









858.488.0885 • 5165 Cass St, Pacific Beach



www.SanDiegoCarz.com

Cars starting at \$2,990

MARK or JASON 3196 MIDWAY DR. (619)224-0500



Parts

Accessories

Fax 619 222 3877 info@obmotorcycle.com www.obmotorcycle.com Behind Ocean Beach Tire Center On Newpo

We'll keep you rollin... Street, Dirt, Choppers, Scooters & ATVs too!

CLEANING San Diego's Premier House Cleaning and Carpet Cleaning Service Competitive Pricing. Weekend and same day service

A Perfect Shine **Cleaning Service**

> APerfectShine.com 619.269.1745

Cleaning Service by Cecilia Sanchez Family owned & operated 15 years experience.

Office, residential & vacancy cleanings

> #1 vacation rental experts

Free estimates & excellent references

> (619)248-5238



We Do The Cleaning. We Make It Easy" **Eco-Friendly Products Available**

- 14 Years Experience
 - Residential Commercial
 - · Move In or Out
- Weekly, Bi-Weekly or Monthly

FREE ESTIMATES!

(858)740.9238 (619)366.9402 letitshinehousecleaning@yahoo.com

CONCRETE/MASONRY

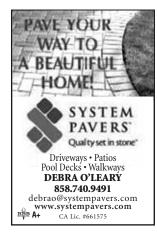
CONCRETE MASONRY

STRUCTURAL & DECORATIVE **BRICK • BLOCK** STONE • TILE **CONCRETE** DRAINAGE WATERPROOFING

30 years experience

References & Portfolio carsonmasonrysandiego.com WILLIAM CARSON

(858) 459-0959 cell: (858) 405-7484



CONSTRUCTION

Trinity Pacific Construction

Specializing in all phases of remodels & new construction

Tenant Improvements Maintenance **Insurance Claims Upgrades**

RESIDENTIAL & COMMERCIAL

www.trinitypacific.net Office #619.640.2986 **24hr Emergency #619.674.8967** Ca. G.C.Lic#'s: 928187 & 945528

CONSTRUCTION

Re-Stucco Specialists nterior Plaster/Drywall Repairs

el Work aranteed

Repairs • Lath & Plaster Re-Stucco • Custom Work

D'arlex **619-846-2734** Cell 619-265-9294

Email: darlex0907@hotmail.com COMPUTER REPAIR

WE FIX YOUR COMPUTER!

We come to you or you come to us for the lowest rates! **CALL ROBERT AT**

858-449-1749

ELECTRICAL



Service - Repair - Troubleshooting Call for an estimate for any upcoming projects Ph: 619-223-3635 Cell: 619-994-3100



Richard Osborn

(619) 269-9930

New Work Old Work Upgrades



license #923896 OzElectricSD.com

GARDENING-LANDSCAPING

THE RESIDENTIAL EXPERTS SPRINKLER REPAIR 7 DAYS A WEEK WE REPAIR AND INSTALL IT ALL

LAWN REPLACEMENT & REPLANT **DROUGHT TOLERANT PLANTINGS** IRRIGATION & DRIP SYSTEMS ROCK ,FLAGSTONE ,PAVERS BRICK, BLOCKWALLS,

POINTLOMALANDSCAPE.COM BBB ACCREDITED BUSINESS

FREE ESTIMATES & DESIGN Point Loma Landscape

Lic#783646 (619) 523-4900 "Every job is a reference"

FIREWOOD



WELL SEASONED PREMIUM OAK FIREWOOD

WE SELL: Full, Half and Quarter Cords

Heatwave Early Bird Special Discounted Prices

> 858.688.1058 760.415.1099

FREE ESTIMATES REFERENCES



R&V Ruperto Vazques

Tree Trimming · Hauling Sod Lawn · Clean Up Trash Concrete · Gardening Fertilized · Landscaping Sprinkler Installation · Wood Fencing

Ph: (858) 573-6950 Cell: (858) 602-1797 P.O. Box 710398

San Diego, CA 92171

Tree Trimming Lawn Renovation New Plants & Design Whole Tree Removal

GARDENING-LANDSCAPING

Teco's Gardening

Sprinkler Installation/Repair General Clean-Ups Stump Grinder Service Clean Palms & Trees

We Also Do: Fencing, Floors, Stucco Repair encing, Floors, Stucco Repairs te, Demolition, Brick & Block Walls Drywall, Painting, Roofing mbing, Drains Installed/Repaired **General Hauling** Low Prices Free Estimates es rree Estimates (858) 503-5976 (858) 220-6184 j_teco@yahoo.com

COASTAL **LANDSCAPING**



- COMPLETE WEEKLY
- FENCES
 TREE TRIMMING
 SPRINKLER SYSTEMS
 & REPAIRS
- & REPAIRS

 DESIGN &
 CONSTRUCTION

 CLEANUP &
 HAULING

 LOWEST PRICES
- GUARANTEED



LOW COST GARDENING 100% Guarantee • Irrigation Maintenance • Clean-ups New Grass . Seeding Landscaping . Any Repairs

HANDYMAN

Kris 619.754.0801

RENT-A-HUSBAND

Handyman with 20 years experience. Many Skills • Hourly or Bid

Prompt & Professional

> **Ask for Bob** 858-454-5922

HANDYMAN DOES IT ALL!! GMD COMPANY (619) 244-9380 (619) 244-9380 DRYWALL,ELECTRICAL,PLUMBING,TILE,

WINDOWS, DOORS, PAINTING, CEMENT, FRAMING BATH & KITCHEN REMODELING LIC# 420564 LIABILITY INSURANCE AND BONDED

WWW.GMDCOMPANY.COM

"The Problem Solver'

Quality Handyman Services Licensed General Contractor B-1

"A" Rating Angie's List & MerchantGrde.com Always Low Reasonable Prices, 15% Senior Discount 619.276.5439 ww.aproblemsolver.com Lic. 456951

HANDYMAN

Ocean Home Services **High Quality Home Improvement**

Master Carpenter w/ 25 years experience. Interior /exterior woodworking (ex-termite inspector)

Quality design fence work wood /vinyl

Professionally Installed windows & doors Drywall Install/Repair

and finish work. Detail Quality Painting Light Electrial & Plumbing

Call Scott (619) 241-1231

HAIR SALON

Vision Beauty Salon Full Service Salon

Haircut & Shampoo \$16 (reg \$18) Senior Haircut & Shampoo \$14 (reg \$16)

Manicures \$10 (reg \$12) Pedicures \$20 (reg \$25)

Exp. 6-30-10 858.270.2735

4645 Cass St.,Ste #103 (corner of Emerald & Cass)

Hours: Mon - Sat 9:00 a.m. to 6:00 p.m. HAULING

HAULING, **DEMOLITION 8 TREE SERVICE**

CALL FOR A FREE OUOTE JOE @ 619.227.8512 LIC. #934706



HAULING

A VETERAN HAULING

Insured · Reliable Best Prices & Free Estimates 10% Discount - Senior & Veteran

Call A Veteran 619-225-8362

I LUV JUNK HAULING

You Call-We Haul! No Job Too Small! Evictions, cleanouts,

construction debris, tree trimming, etc.

619-933-4346

10% Senior Discount HOME REPAIR

United Home Remodeling



All Remodels & Repairs

- Kitchen & Bathroom
- Flectrical Plumbing Handyman Service • Carpentry
- Doors Roofing Drywall

(619) 723-3935 Insured & Bonded Lic #874554

MOVING

COLEMAN MOVING SYSTEMS INC.

Office/Residential | Free Wardrobes 7 DAYS A WEEK | FREE ESTIMATES **FAMILY OWNED SINCE 1979**

619.223.2255 W (0) E, 44 BBB MEMBER | INSURED LIC #CAL T-189466



PAINTING - ALL PHASES Residential • Commercial

Free Estimates • Senior Discounts % 619.674.6373

30 years experience Lic# 620471 alan@lajollapainting.biz www.Lajollapainting.biz

CLEAN - COURTEOUS - PROFESSIONAL

- Interior / Exterior
- Cabinet Finishing
- Residential & Commercial Wallpaper Removal
- Install Crown & Base Molding • "Popcorn" Ceiling Removal
- Insured, Quality Workmanship **FREE ESTIMATES**

619-219-1923 **BRETTCUSTOMS@COX.NET** LIC #936550

FREE ESTIMATES Baylor's Brush Painting

➤ Personal Service ➤ Excellent on Detail! Bonded, St. Lic. #538443 ED BOEHLER (619) 224-9713



(619) 795-9429 www.chuckiespainting.com chuckgjr@cox.net

CA Lic. #925325



Affordable Excellence Prompt Reliable Service Call Dan for a Free Estimate

858.366.2240 Licens

PLUMBING

-BILL HARPER PLUMBING & HEATING-

Low Cost Plumbing & Handyman Service 25 years exp – BBP member Senior Discounts, All plumbing and drain cleaning

No extra charge on Saturdays, Licensed and bonded 25 yrs. exp – BBP member Lic # 504044 Phone Estimate BBB Member since 1986 Self-Employed Lic #504044 CALL BILL 619-224-0586

POOL CARE

SWIMCARE



The Pool Service & Repair people you keep. 30 yrs in the neighborhood

(858) 232-7898 TOM RIVES Cont. Lic# 445392

ROOFING



SENIOR SERVICES

RCFE#374601285 Casa Rosa **Assisted Living**

- Point Loma 24/7 Personal Assistants
- · Healthy Meals
- Outings & Activities www.casarosarcfe.com

Medication Management

(619) 223-1451



RESTORATIONS TRADES SALES **WE CAN REPAIR**EPOXY, Polyurethane, Tuff Lite

Pickup / Delivery Available Also handle commercial accounts SHOP: 619.224.2010 CELL: 619.253.6390

5 Screens for \$129 Installed

Oversize and enamel finish available at a slightly increased price

SCREENS

SCREEN SALE

(858)598-7340 Beach Cities Screens

TILE

D.K. TILE

Repairs, re-grouts & installations of all ceramic tile & stone. All work done by owner. Free Estimates Lic # 428658

TREE SERVICES

858.566.7454 858.382.2472

PAYLESS TREE SERVICE

35% OFF FREE

Stump Grin Crown Point

- CLIPPERS, INC. Tree Service FREE ESTIMATES!
- FINE PRUNING & THINNING ARTISTIC TREE LACING • TREE & STUMP REMOVAL WWW.CROWNPOINTCLIPPERS.COM (858) 270-1742

Fully licensed and insured. Lic# 723867



Inside/Outside Screens & Track Cleaning Residential Specialist Commercial Licensed & Insured.

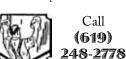
Get your FREE estimate today! I Summer Specials

(619) 384-7615 JB's Window

- Cleaning & Service Mini Blinds
 - Screens Mirrors



Call



Religious Directory



9:30 am • The Bridge (contemporary service) 10:45 am · Traditional Service

Sunday School for all ages at both times with amazing children's and youth programs Rev. Dr. Michael J. Spitters, Lead Pastor

8320 La JOLLA SCENIC DRIVE NORTH, LA JOLLA, CA Next GENERATION 858.453.3550 www.torreypineschurch.org NON-DENOMINATIONAL

6545 Alcala Knolls Dr. (off Linda Vista Rd.) SUNDAY 9:00 - 10:00 Interfaith Devotions; 10:30 - 12:30 Introductory Talk & Discussion Please Call 858-274-0178 for Directions or for more information General Baha'i Info - www.bahai.org www.sandiegobahai.org

SAN DIEGO BAHA'I COMMUNITY

VIDEO to DVD

Film 8mm & 16mm to DVD I Slides & Photos to DVD



When you mention this ad

Video Tapes Deteriorate Don't Lose Your Memories Record to DVD • Play on Computer or TV

5201 Linda Vista Rd.• 619.220.8500

marketplace

HELP WANTED 250

▼ general help wanted

AMATEUR FEMALE MODELS Wanted: \$700 and more per day. All expenses. paid. Easy money. (619) 702-7911

BARBER/STYLIST WANTED PARADISE BARBER SALON is now hiring licensed barber/ stylist.. comission/ boothrent available... if you are interes please contact Saida@ 619)756-7778 or (619) 929-7310

OCEAN CORP Houston, TX. Train for NEW Career. *Underwater Welder. Commercial Diver. *NDT/ Weld Inspector, Job placement and financial aid for those who qualify. 800-321-0298.

PREGNANT? CONSIDER ADOPTION. Loving. devoted couples ready to welcome a newborn into happy, secure home. Expenses paid. Call 1-800-972-9225. AdoptionConnection.org

SD CHRISTIAN FILM FESTIVAL The San Diego Christian fim festival is calling all emerging filmmakers, potential sponsors, and enthusiastic volunteers! We want vou! To learn more, please visit www.sd christianfilmfesti val.com or call (877) 457-7732

VIRTUAL INVESTMENTS is looking for part time workers for the post of an payment representative sales, and bookkeeper. requirements for this position require that you are computer literate, have two to three hours of access to the internet weekly, If you are interested or just need more information please Michael Mertins by mertins1970@gmail.com

ITEMS FOR SALE 300

y garage/yard sales y ga

ANNUAL RUMMAGE SALE Plaza Condos, over 500 units, 1801 Diamond Street, household goods, furniture, clothes and more, Saturday, October 9, 8-Noon

AVON/MARK IND SLS REP. EUROPA www.vour avon.com/europa (928) 759-0467

FAST FOOD DISCOUNT CARDS Fast Food Discount Cards that never expires. 24 Restaurants including Arbys, Wendys, Pizza Hut, Krispy Kreme and more. Cost \$20. R. T. 3115 WhiteHorse Road PMB 177, Greenville, SC 29611, (864) 295-5551

MANGOSTEEN THE QUEEN OF FRUITS Feel better now and try risk free today: wwwMy Mangosteen.net

MAKAYLA-ANNDESIGNS.COM Handmade & handcrafted jewelry. Unique and at low prices! www. Makayla-AnnDesigns.com

OUTLET CENTER DOORS WINDOWS We have warehouse full of Doors, Windows, Flooring reduced Prices (858) 268-0679

OVER WEIGHT AND UNHAPPY? Need A Physical And Mental Makeover? Visit www.thesecretofsuccessfulweightloss.com

RESALE & NEW women's clothes, accessories, shoes, jewelry, \$5 - 35, Designer BARGAINS, Tierrasanta. (619) 985-6700

WEIGHTLOSS Fast results! Dr. recommended! amazing energy! \$100 months supply www.30lbsthirtydays.com (866) 285-7045

ATT READERS! FREE BOOKS! Trade your books for free at www. PaperBackSwap.com!

ITEMS WANTED 325



AUTOS FOR SALE 350

▼ autos wanted



Call or Text 619.578.4335

HEALTH SERVICES 375

▼ health care

BUY VIAGRA, CIALIS, LEVITRA, Propecia and other medications below wholesale prices. Call: 1-866-506-8676. Over 70% savings. www.fastmed online.com

HERNIA REPAIR? DID YOU RECEIVE A COMPOSIX KUGEL MESH PATCH BETWEEN 1999-2007? If patch was removed due to complications of bowel perforation, abdominal wall tears, puncture of abdominal organs or intestinal fistulae, you may be entitled to compensation. Attorney Charles Johnson

IF YOU USED TYPE 2 DIABETES DRUG AVANDIA between 1999- present and suffered a stroke, heart attack or congestive heart failure you may be entitled to compensation. Attorney Charles Johnson 1-800-535-5727

PETS & PET SERVICES 400

y pet adoption/sale

CAT ADOPTION SERVICE An all volunteer non profit corporation. Lucky was rescued off the streets of SE San Diego abandoned by a roadside. Lucky and many other Rescued Cats and Kittens are looking for loving permanent homes. Come visit them at the La Jolla Petsmart located in La Jolla Village Square. For more information please visit www.catadoptionservice.org

CAT ADOPTION SERVICE

An All Volunteer Non Profit Corporation



Lucky was rescued off the streets of SE San Diego abandoned by a roadside. Lucky and many other Rescued Cats and Kittens are looking for loving

ent homes. Come visit them at the La Jolla Petsmart located in La Jolla Village Square.

For more information please visit our website at www.catadoptionservice.org

RIENDS OF COUNTY ANIMAL SHELTE



Meet Fluffy Pants! A handsome 3-month-old, 3-pound kitten, this Domestic Long Hair Orange Tabby loves climbing, playing with feather toys, looking out the window & chasing balls. Fluffy Pants is great with other cats, has an outgoing personality and loves to cuddle, making him a wonderful companion. To meet him, please call 760-960-7293 or visit the Encinitas Petsmart at 1034 N. El Camino Real, Encinitas, CA 92024. Adoption hours are Mon-Fri 5-8pm, Sat 12-3pm & 6-8pm, and Sun 1-6pm. His \$150 adoption fee includes neuter, microchip, vaccinations, and he has tested negative for FELV.

www.focas-sandiego.org or call 858.205.9974



Chi-Weenie. A 3-month cutie, you will love this little guy. He loves to play, play, play with his sibling (Lucy). He is only about 5 vaccinated. He is in a SNAP private foster home. If you are interested in meeting Dezi (and/or Lucy):

Call SNAP Foster: 760-815-0945 Or Email: volunteer@snap-sandiego.org

pet services

K9 PHYSICAL THERAPY/REHAB CUTTING EDGE K9 REHAB www.cuttingedgek9.com We have Been Featured On Local And National News, Radio And A Number Of Local Papers And Magazine Articles. Swimming is one of our strongest recommendations for most K9's. It is an ideal form of exercise for a number of reasons. We offer assisted swimming in a warm water environment. The benefits are: . Non-weight-bearing (reducing stress on joints) • Facilitates full use of the front and hind legs vs. partial use as seen with underwater treadmills . Dogs are often able to actively swim although unable to move their legs on land (due to stroke/spinal injury) · Allows manual techniques by therapist/ manual resistance to an affected limb . Swimming in a controlled environment is the safest way for clients to exercise. • Speeds recovery following injury/ surgery . Improves function and quality of life . Works reciprocal muscle groups throughout the session (helps correct muscle imbalances) . Reduces pain

decreasing the risk of other health-related problems Increases strength, range of motion and cardiovascular conditioning • Prevents overheating through proper water temp . Increases tolerance for extended cardiovascular training • Decreases recovery time • Reduces post-exercise soreness • Provides good cross training for the competitive, athletic dog (619) 227-7802

SAI MON PAWS-PREMIUM PET TREATS Buy online 100% pure Alaskan wild salmon treats for dogs and cats www.salmonpaws.com. All natural and human grade. We sell 5 products that have no fillers or perservatives. Our products range in price from \$5-\$12. They are hand made and baked in Bellingham, Wa. Family owned and operated. Check us out online at www.salmon paws.com for stores that carry Salmon Paws products or call in your order

MISC. SVCS. OFFERED 450

services offered

REMODEL & ADDITION SPECIALISTS FREE ESTI-MATES. No job too small. Call to see our portfolio or Email us at RichardNileConstruction@yahoo.com (619) 684-0336

PAYLESS TREE SERVICE - Pruning • Removal Trimming • Stump Grinding • 35% OFF ALL Tree Services. FREE Stump Grinding with any tree reenced Crew. BBB Member, VISA/ MC 619-938-1559

LOCATORS! Finders of Pets, Spouses, Children, Rel atives. Merchandise. We will find it! Surveillance/ Video. Not sure? Call and ask. (619) 723-0323

CUSTOM MADE WINDOW SCREENS & DOORS. Glass Replacement. Discount Prices. Beach Cities Screens 858-598-7340 www.beachcities

y handyman-construction

OCEAN HOME SERVICES Services Carpentry-Interior & Exterior, Fencing, wood or vinyl, termite & drywall repair, tile, doors, windows, painting, roofing. 20 Yrs Experience Local references. Hourly rates, 619-241-1231



No job too small!

- Carpentry
- Plumbing repairs • Windows & Doors
- Installation

CALL FOR PROMPT FREE ESTIMATE References Available 858/361-5166

(Not a contractor)

Y hauling

HAULING, DEMOLITION, & TREE SERVICE. 15% OFF WITH THIS AD. Call for a FREE Quote Joe 619-227-8512 Fully Licensed & Insured Lic #934706

y movers

COLEMAN MOVING SYSTEMS INC. - OPEN 7 DAYS

AIR SUPERIORITY

and inflammation • Reduces canine obesity thus AWEEK. OFFICE/ RESIDENTIAL. FREE WARDROBES FREE ESTIMATES, FAMILY OWNED SINCE 1979, BBB

MEMBER. INSURED LIC # CAL T-189466 ALL MAJOR CREDIT CARDS ACCEPTED 619-223-2255

▼ psychic readings

TRUSTED PSYCHIC READINGS Many Advisors provide solutions for uncertainty in Love, Relationships, Finances www.AbsolutelyPsychic .com, 1-800-498-877

BUSINESS OPTS. 550

▼ income opportunities

WWW.SPORTSGIRLJEWELRY.COM FUND RAISERS

REAL ESTATE 800

y houses wanted

Executive Relocating Immediately! Needs Luxury Home to Buy Call Pat at (858) 429-4024

▼ investment properties

SERVING S.D. SINCE 1967

INVESTMENT PROPERTY SPECIALISTS,

SALES & EXCHANGES APARTMENTS • OFFICE BUILDINGS COMMERCIAL • LEASING • FEE COUNSELING

• RESORT PROPERTIES ANYWHERE REAL ESTATE PROBLEM SOLVING

GEORGE JONILONIS The Estate Builder' 858-278-4040

3536 Ashford St., San Diego, CA 92111 in Clairemont. gionilonis@att.net Fax 760-431-4744

▼ for sale or exchange

Water view home. Buy, or lease option, \$1625,000, 21,800 ft Kearny Mesa office building \$3,950,000, 18 miles Baja oceanfront, need nartner Idaho Resort F&C \$625,000, \$7,500,000 Pacific Beach Motel F&C. Try your sale, exchange ideas? Geo. Jonilonis, Rltr. 619 454 4151

LARRY TAVARES GENERAL CONTRACTING - Licensed & Insured. Residential & Commercial. Remodel & Repairs. 30 YEARS CONSTRUCTION EXPERIENCE. SERVING BEACH COMMUNITIES SINCE 1988. LICENSE #749496 (619) 222-7676



CLEAN - COURTEOUS - PROFESSIONAL

- Interior / Exterior
- Cabinet Finishing
- Residential & Commercial Wallpaper Removal
- Install Crown & Base Molding • "Popcorn" Ceiling Removal
- Insured, Quality Workmanship

FREE ESTIMATES 619-219-1923 **BRETTCUSTOMS@COX.NET**

LIC #936550

760.445.2023

Rats or gophers destroying your yard?





Golfers ready to tee-off for schools

The Mission Bay Real Estate Association (MBREA) will hold its 10th annual Links for Learning Gold Tournament next month. The outing serves as a fundraiser for local elementary schools in Pacific Beach.

In the previous nine tournaments, the MBREA raised more than \$112,000. Funds were then donated to Kate Sessions Elementary, Crown Point Elementary, Bay View Terrace Elementary and Pacific Beach Elementary schools.

The event is set for Wednesday, Oct. 13

The cost is \$150 per person and includes golf, cart rental, range balls, a goody bag and lunch. Players can choose to pay an additional \$30 for dinner and a chance to win raffle prizes.

Sponsorship of tees is still available for a rate of \$500 per tee box. For information on sponsorship, to donate raffle prizes or to sign up for the tournament, call (619) 908-3407.

CONTINUED FROM Page 5

The rift developed in April when Galliher wrote a letter of support for the project to the San Diego Police Department on behalf of the PBTC board. Some from the general membership, however, challenged the board's decision to send the letter without the input of the general membership, setting up an onslaught of debate and chaos at subsequent Town Council general membership meetings.

The language of the motion, however, did not address rescinding the prior support of the project, Galliher

The motion, which was published in the PBTC August Seahorse newsletter and mailed to all general members, reads: "Shall the Town Council provide a letter of support for a premise expansion of the PB Shore Club to allow alcohol consumption to 2 a.m. on a proposed 1,895-square-foot deck and which would increase the maximum occupancy from 186 to 312 persons."

Galliher said she gave Chipman the opportunity to change his motion over the phone in June.

At the July meeting, after the two sides presented their respective cases, Galliher addressed the language of the motion to attendees, further clarifving the motion.

"What you are really voting on is that we resend the letter, not that we don't send the letter — so there is a difference," Galliher said at the July meeting.

With the majority opposed, the vote determined that a letter of support would not be sent. However, the letter of support from the Town Council board was already sent in

April, and the motion did not preclude the support previously contained in that letter.

"At our next board meeting, we will discuss what to do as a result of the ballots as a no vote," said Jennifer Dreyfus, PBTC board secretary.

The board meeting took place last night, Sept. 29 — the results of which were too late for this issue.

Following the Sept. 22 monthly meeting of the PBPG, planning group Chair John Shannon and board member Chris Olson recalled the Pacific Beach Shore Club presenting its expansion plans to the

"The Shore Club did come here, they asked for an extension on their deck," Shannon said.

"It had nothing to do with alcohol," Olson said. "It was just approval of the deck extension."

the impression that when the alcohol license topic came up, that the PBPG was going to revisit the issue again. "I remember that everyone that was in the audience was all for it,"

Olson added that he was under

Olson said. "So, there wasn't really an opposition to the deck." Olson said he remembered neighboring business owners saying that it was a great idea,

which surprised him. Shannon did say that he recalled concern about increasing the size of the restaurant.

"We looked at everything aside from the alcohol issue," Olson said. "They met everything for parking and zoning and space and all that kind of stuff."

Many restaurant and bar establishments in close proximity to the Shore Club currently offer outdoor seating to patrons.

BEACHFEST

CONTINUED FROM Page 1

He serves on Mayor Jerry Sander's Small Business Advisory Board which is made up of 11 members who are appointed by the mayor and confirmed by the City Council. Serving on this board has made him more civically-aware, accounting for his second reason for wanting to take an active sponsorship role, he said.

"I think the BeachFest is a pretty cool thing and I don't want to see that go away," Spencer said. "It celebrates one of the most

important things about our area, which is the beach," said Spencer, a Pacific Beach resident. The festival takes place between Thomas Avenue and Diamond Street, west of Mission Boulevard,

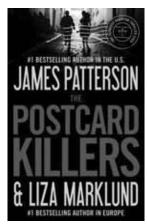
from 11 a.m. to 7:30 p.m. on Satur-

day, Oct. 9. For more information

visit www.pacificbeachfest.org. See the special PB BeachFest section, pages 9-11.

MUST READ

Book recommendation from the Pacific Beach-Taylor Library



TITLE: "The Postcard Killers" AUTHOR: James Patterson, Liza Marklund

SYNOPSIS: Jack Kanon is consumed with one thought: avenging his daughter's murder and bringing her killer to justice. To this end, Kanon follows a bloody trail across Europe. In each city a young couple, like his daughter and her boyfriend, have been killed, and just before the bodies are found, a taunting postcard arrives at a newspaper in the city. Gabby Larsen, a Swedish reporter, joins Kanon in his furious pursuit. Jet-setting and action-packed, a very exciting read.

Reserve this book at: www.sandiegolibrary.org

Pacific Beach/Taylor Library 4275 Cass St. • (858) 581-9934

Kobey's: wheeling and dealing under the sun for 30 years



By JOSEPH GREENBERG | BEACH & BAY PRESS

obey's Swap Meet, the hustling, bustling outdoor market where customers can snare a caged canary, snap up hard-to-find church pews or Vietnam War artifacts and drool over countless knick-knacks and collectibles, continues to flex its collective muscles at the San Diego Sports Arena after 30 years of bargain-basement deals.

The sprawling swap meet has been a family-run affair since its inception, and offers up a feeding frenzy of consumerism where bargain-seekers stalk, treasure hunters pan and vendors earn livings while performing feats of salesmanship on an asphalt stage seen by tens of thousands.

The late Monte Kobey originally launched the swap meet in 1976 in the parking lot of what was then the Midway Drive-In movie theater with perhaps 30 sellers. Four years later — in 1980 — the drive-in theater closed, prompting Kobey to relocate about 1,600 feet to the east to the parking lot of the San Diego Sports Arena, 3500 Sports Arena Blvd.

swap meet grew from its initial threedozen sellers to today's slate of 600 to 1,000 vendors, who lure an average of 10,000 to 15,000 shoppers Fridays through Sundays every week, according to Kimberly Kobey-Pretto, president and CEO of Kobey's Swap Meet.

Kobey-Pretto is the daughter of

"Over time, the size of the market shrinks and expands along with the economy," Kobey-Pretto said. "When the economy was fat a few years back,



An aerial view of Kobey's Swap Meet, the huge outdoor market that is celebrating 30 years of bargain-hunting in the parking lot of the San Diego Sports Arena. From a humble beginning with about 30 vendors three decades ago, the swap meet today averages between 600 and 1,000 vendors who cater to an average of 10,000 to 15,000 shoppers Fridays through Sundays every week.

people still came out in droves to shop. Now, it's a little different, with people shopping with the bargain in mind. You need to come one time and you will get

Kobey-Pretto took over as president From those humble beginnings, the in 1988, the year before her father passed away. She said she was a manager-in-the-making since the age of 12, working with Monte all the time and learning from how he ran the event.

"My son, Anthony, who is 21 years old, is here working all the time also, learning the ins and outs," Kobey-Pretto said. "I see a lot of my dad in him and I'm happy to see that he has taken such an interest in the event."

One Kobey's Swap Meet vendor is William Gregory, who first met Monte at the "Hula Bowl" — an outdoor market in Honolulu, Hawaii — in 1984. Gregory was on a layover to Australia at the time.

"I overheard someone talking about a big swap meet in San Diego," Gregory said. "As I was a San Diego native now and at the time, I walked over to Monte, introduced myself, and he told me all about his market in an exuberant and excited way.'

Gregory said he left his career as a photo muralist when the digital photo revolution came about in the 1990s.

Since 1995, Gregory has been selling "anything and everything of value," going by the mantra "quality is always in demand" — a phrase echoed on his business card. Gregory claims to drive 100 miles a day searching thrift stores and garage sales with a sharpened sense

of finding something for everyone, with items ranging from nautical equipment from old ships to carved wooden art from the Ivory Coast to movie props.

"I am out here at 6 a.m. every Sunday to sell," Gregory said during an interview at a recent Kobey's Swap Meet. "Today has been an average day so far. I've made around \$500 to \$800. On good days, I can make as much as \$2,500, but those days are all-star days.

"Kobey's Swap Meet is a money-making enterprise and a wonderful institution," he said. "It has been a godsend. So many people make their living out here. They pay their rent and put their kids through school, all due to the opportunity that Kobey's Swap Meet provides."

Some of the swap meet's vendors have even deeper roots with the ongoing, 30year-old event. Rose and Susel — who wished not give their last names but who have been married for 60 years — are reportedly the oldest vendors at the swap

Rose, who speaks with traces of a Polish accent, said the couple came to San

Diego from New York, and that Susel, 96, had been selling at Kobey's Swap Meet on and off for 25 years.

"The buying and selling of all these things has been an obsession of his," Rose said. "We usually wake up around 3 a.m., get all of our stuff organized, pack lunches so that we can get here around 4:30 a.m. to beat the crowd and get a good spot in the lot."

Rose and Susel specialize in a wide variety of fishing gear, like rods, spools of line and an assortment of colorful hooks, bobs and bait. Susel also has hundreds of different types of wooden pipes, which Rose said are both functional and decorative.

"The motorcycle guys like our thick, silver jewelry and heavy, authentic belt buckles, as well," Rose said, gesturing toward the shiny metal objects in a glass display case.

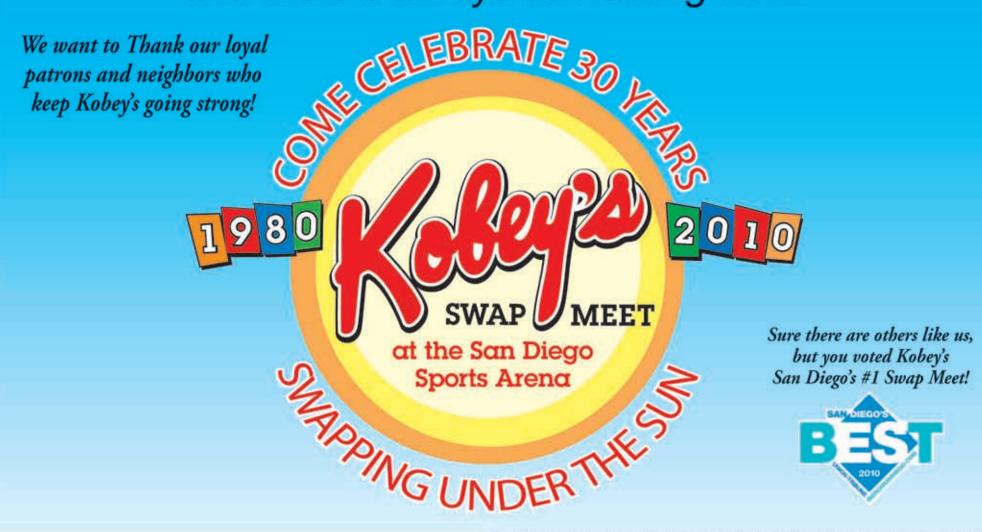
Kobey's Swap Meet runs every Friday, Saturday and Sunday from 7 a.m. to 3 p.m. in the sports arena parking lot.

For more information, visit www.kobeyswap.com.



Kobey's Swap Meet has been tantalizing shoppers with deals for 30 years outside the San Diego Sports Arena, drawing long lines of bargain hunters like these, seen in a historic pho-

Where Everything Old Is New Again and there's always something new!



Open Every Fri. Sat. Sun. • 7 - 3 • www.kobeyswap.com (619) 226-0650 • 3500 Sports Arena Blvd. Kids 11 & Under and Parking Always FREE!

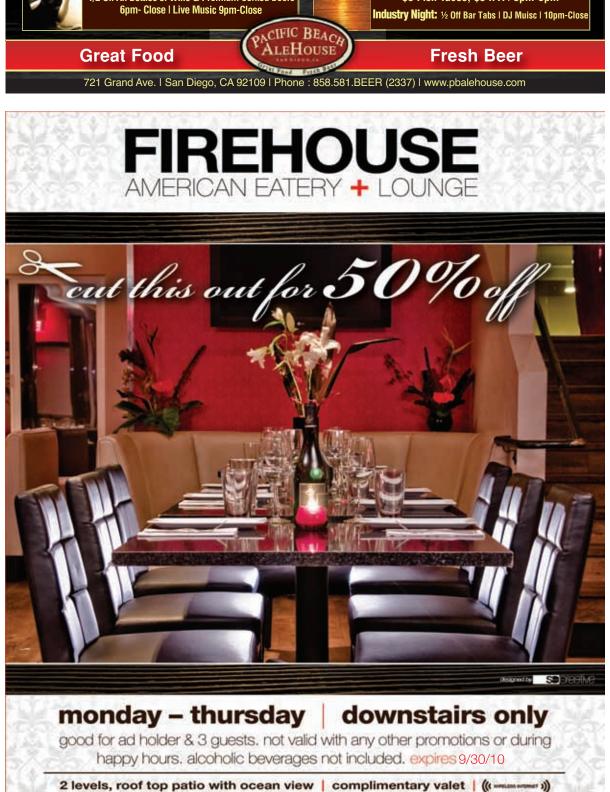
See What's New! 2 FOR 1 GOOD ANY DAY

Offer good Fri. or Sat. or Sun. only. Good only for ticket received and used the same day. Good only for regular adult admission. Not good with senior or any other discount. Not for resale.

One coupon per customer per day. No reproductions accepted. Expires OCTOBER 3, 2010

Chargers running back Mike Tolbert has gained 181 yards and scored two TDs so far this season. Filling in for the injured Ryan Mathews, Tolbert rushed for 73 yards in 17 carries for a 5.2-yard average in the 20-27 loss to the Seattle Seahawks.





722 Grand Ave. San Diego, Ca 92109 | www.firehousepb.com | 858:274.3100

Slow starts becoming constant for Chargers

By ANTHONY GENTILE | BEACH & BAY PRESS

For the last three seasons, the Chargers have finished fast to claim the AFC West crown. Their starts, however, have been anything but speedy.

Since Norv Turner began coaching the Bolts in 2007, they have lost at least two of their first four games of each season. A 27-20 loss at Seattle on Sept. 26 continued that negative trend, putting the Chargers' record at 1-2 for the fledgling 2010 season.

Last season, San Diego started 2-2 and had a 2-3 record before ripping off 11 straight wins to finish the regular season. In 2008, the Chargers started 2-2 after losing their first two games of the season. And, in Turner's first season, the Bolts went 1-3 in their first four games.

Certainly, this season the reasons for a potential slow start are there. Holdouts by receiver Vincent Jackson and recently signed lineman Marcus McNeill —

along with an early ankle injury to rookie back Ryan Mathews — have hurt the offense. On defense, replacing Jamal Williams has been a challenge, and linebacker Shawne Merriman hasn't been much of a factor to this point.

But this season appears different because of mental miscues in the team's two losses. The Chargers committed 11 penalties against the Seahawks and have allowed three kick returns for touchdowns in their first two defeats to a pair of teams that each finished last in their division in 2009.

San Diego still has not lost at Qualcomm Stadium, where it returns Sunday to face Arizona. With road games at Oakland (Oct. 10) and St. Louis (Oct. 17) coming up, the Chargers' schedule is still soft enough for them to turn things around, but losses to either of those teams might indicate more problems than simply another early-season swan dive

CHARGERS GAME PREVIEWS

Arizona at Chargers

Sunday, Oct. 3, 1:15 p.m. Qualcomm Stadium

TV: FOX (subject to blackout)

All-time series: Chargers lead 8-3

Last meeting: Chargers won 27-20 at San

Diego Dec. 31, 2006

Key matchup: Chargers secondary against Arizona QB Derek Anderson – Anderson hasn't exactly been sharp this season and Bolts DBs can capitalize on his errant passes.

Players to watch: Chargers RB Ryan Mathews and Cardinals RB Beanie Wells – both have been hampered with early injuries and will

bolster their teams' rushing attacks upon return. **Fun Fact:** The Chargers' win over Arizona in 2006 locked up home-field advantage for the playoffs.

Prediction: Chargers 28, Arizona 17

Chargers at Oakland

Sunday, Oct. 10, 1:15 p.m. Oakland-Alameda County Coliseum

TV: CBS

All-time series: Oakland leads 55-44-2 **Last meeting:** Chargers won 24-16 at San

Diego Nov. 1, 2009

Prediction: Chargers 31, Oakland 17

\$12.95 You Pick Your Meal

Mix and Match to make your Perfect Dinner 7 days a week from 4 til closing







Choose Your Entrée

Fillet of Sole Salmon Chicken Breast Sea Bass Mahi Mahi 10oz. Pork Chop 2.

Your Preparation

Macadamia Crusted Blackened Lemon Caper Butter Teriyaki Glaze Pesto Cream Sauce Grilled **О.** Choose

Your Sides

Baked Potato
Garlic Mashed Potatos
Rice Pilaf
French Fries
Cottage Cheese
Steamed Vegetables

All Entrees come with choice of soup or salad

Excluding Holidays



www.theredsails.com

Red Sails Inn

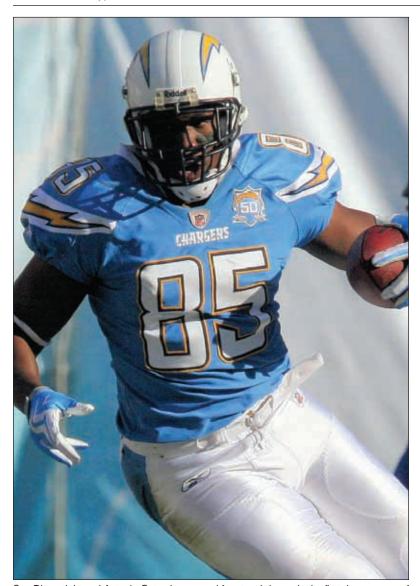
2614 Shelter Isltand Dr. San Diego CA 619-223-3030

GUAVA BEACH

Where The Summer

Never Ends

3714 Mission Blvd guava-beach.com 858.488.6688



San Diego tight end Antonio Gates has scored four touchdowns in the first three games of the 2010 season. Gates caught seven passes for 109 yards and one touchdown in the recent loss to Seattle.

DON BALCH | Breach & Bay Press

NFL GAMES OF THE WEEK

Week 4

Baltimore (2-1) at Pittsburgh (3-0) Sunday, Oct. 3, 10 a.m.

Heinz Field

TV: CBS

As long as Pittsburgh has Troy Polamalu in the defensive secondary, it doesn't really matter who their starting quarterback is. The Steelers have won their first three games by a combined 39 points – the most in the league – as they await the return of suspended QB Ben Roethlisberger. Surely, none of that will impress LB Ray Lewis and the Baltimore defense that comes in first in passing yards allowed.

Prediction: Ravens 13, Steelers 10

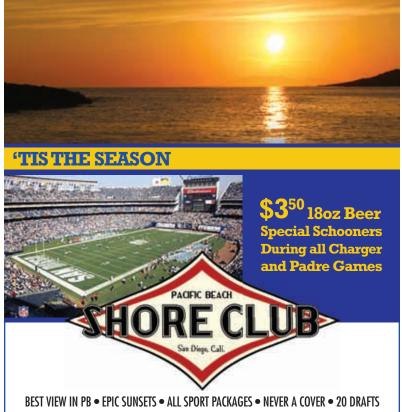
Week 5

Kansas City at Indianapolis Sunday, Oct. 10, 10 a.m. Lucas Oil Stadium

TV: CBS

With a bye in Week 4, Kansas City will remain improbably undefeated headed into Indianapolis. The Chiefs are the most unlikely unbeaten team this season, paced by a solid defense and the two-headed rushing attack of Jamaal Charles and Thomas Jones. Peyton Manning and the Colts provide a huge hurdle in a game that could put the Chiefs on the contender radar.

Prediction: Colts 24, Chiefs 13



2 FULL BARS • GREAT SERVICE • BREAKFAST ON WEEEKENDS • GREAT FOOD • TAKE OUT

858.272.SURF PBSHORECLUB.COM

Text "ShoreClub" to 74700 for events and specials

4343 OCEAN BOULEVARD • PACIFIC BEACH 92109
"Where Grand meets the sand"

COME WATCH ALL THE GAMES AT GUAVA REACH!

We have all the NFL & NCAA action in HD, with 11 PLASMA TV's and a 10' HD PROJECTION SCREEN in SURROUND SOUND.

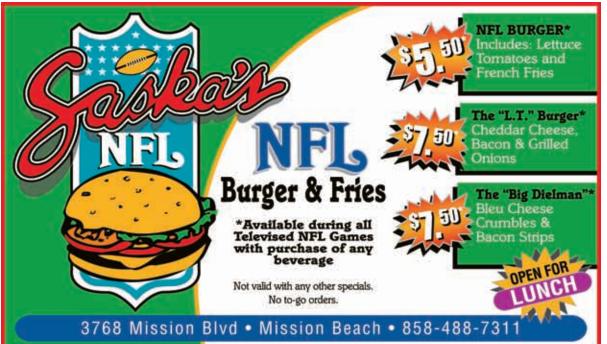
Come early to enjoy Chef Shelly's amazing breakfast served Saturday & Sunday from 9am-1pm. Try one of Shawn's **EL FUEGO BLOODY**MARY'S! Food and drink specials during all games.

Monday Night Football couldn't get any better than
1/2 PRICED HAPPY HOUR FROM 4 TO CLOSE!
YOUR #1 MISSION BEACH FOOTBALL HEADQUARTERS.















\$3 Beer Garden donation benefits the Ocean Beach Mainstreet Association

Jägermeister

Since 1981



875 Garnet Ave., Pacific Beach • homebankofcalifornia.com