SEE INSIDE:

- Curbside recycling comes to Mission Beach. Page 3
- New: See what's Up & Out in the beach area. Page 4
- Planning group holds meeting about alcohol licenses. Page 6

Thursday, June 24, 2010





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Demonstration slated to protest offshore drilling

By ANTHONY GENTILE | BEACH & BAY PRESS

With global thoughts on the recent BP oil spill in the Gulf of Mexico, local residents are being asked to join hands on the beach this Saturday morning as a statement against offshore drilling. The demonstration event, dubbed Hands Across the Sand, will be held at Crystal Pier in Pacific Beach on June 26 at 11:30 a.m.

'We want to send the message that we are against offshore drilling and nearshore drilling and we are for clean energy alternatives," said Donna Wolf, executive committee member with Surfrider San Diego.

Surfrider San Diego is hosting the Crystal Pier demonstration site and the day will include a beach cleanup from 9 to 11 a.m. There is also a site at tower 13 on Mission Beach. For more information, visit www.handsacrossthesand.org.

"It's a community event. It's not political or affiliated with anything," Wolf said. "It's simply about being a member of your community, being a member of nature and getting out with your fellow man and making a stand."

Hands Across the Sand was started in October by a Florida resident and beachside restaurant owner in order to send the message to the state to keep a ban in place on offshore drilling. On Saturday, people in 46 states and 16 countries will participate in the now-global event.

The event comes less than two months after the BP oilrig explosion in the Gulf of Mexico that has resulted in one of the largest oil spills in history. In addition to holding hands, event participants will draw physical and metaphorical lines in the sand as an anti-drilling demon-

"We're drawing a line in the sand and saying no more. We've been opposed to offshore drilling and the dangers of it for years and this is exactly the reason why," Wolf said. "What's happening in the Gulf is going to take years for the ecosystem and the economy and the lifestyles of the people who are affected to recover from."

Locally, Wolf said there are oil reserves off the coast of San Diego that were once pursued by energy companies. She said even if a major leak or spill didn't occur at these sites, the offshore drilling would present daily harm to the local environment.

"There are usually minor spills that happen throughout the rig's life that are extremely detrimental to not only the coastal community, but the marine life that's out there as well," Wolf said. "All that ultimately affects the coast and the people living here."



Emergency services are planning for enormous crowds in Pacific Beach, Mission Beach and Mission Bay again for the Fourth of July weekend. Lifeguards performed 284 water rescues during last year's holiday weekend and made 5,890 preventative acts. Lifeguard staff will be increased by more than 60 percent on July 4.

Police, lifeguards prepare for busiest weekend of year

By ANTHONY GENTILE | BEACH & BAY PRESS

While most folks will rest and relax during the Fourth of July holiday weekend, that is not the case for local police and lifeguards. With nearly a million people expected to hit city beaches - including Mission Beach and Pacific Beach — police and lifeguards are making preparations for the holiday.

"Undoubtedly, the Fourth of July weekend is our busiest event of the year," said Lifeguard Lt. Andy Lerum. "We work closely with SDFD (San Diego Fire Department) and SDPD (San Diego Police Department) and attend meetings months in advance to prepare for the increased activity at city beaches."

Police

San Diego Police Department Northern Division Capt. Chris Ball said there will be the same amount of police presence in Mission Beach and Pacific Beach during the weekend as there was in 2009.

"The challenge is with the numbers," Ball said.

The SDPD is still coordinating its critical incident management, traffic and gang units to get a final count of officers in the area. Last year, more misdemeanor alcohol citations were made but the number of arrests from the previous year decreased.

"There are some challenges along Garnet Avenue with large numbers of people in the evening, but in

SEE **FOURTH**, Page 5

July 4, 2010 fireworks

- Mission Bay Yacht Club: fireworks visible from Mission Bay, Mission Beach, Pacific Beach and Mount Soledad, 9 p.m.
- SeaWorld: fireworks visible from Mission Bay and Crown Point. "Shamu's SkySplash USA," July 4, 9:50 p.m., "Into the Blue" July 3, 5, 9:30 p.m.
- Ocean Beach Pier: 9 p.m.
- La Jolla Cove: 9 p.m.
- La Jolla Country Club: approximately 8:20 p.m.
- San Diego Bay: "Big Bay Boom 2010," 9 p.m.
- San Diego Symphony (Embarcadero): 9 p.m.

Debate over Kate Sessions heats up

Community members disagree whether 24-hr. alcohol ban is necessary

By HILLARY SCHULER-JONES | BEACH & BAY PRESS

When Capt. Chris Ball of the San Diego Police Department's Northern Friends of Kate Sessions Park to the Santa Division patrols Kate Sessions Park, he sees people enjoying the beautiful surroundings and having fun with friends and family members.

When Michelle Youngers, a founding member of Friends of Kate Sessions Park, visits the same area, which is adjacent to her house, she witnesses a different scene: "boozed-up rowdies" who urinate in public and disrupt area families.

The discrepancy between these two perspectives is at the heart of a debate over whether to extend the park's current 12hour alcohol ban, which is in place from 8 p.m. to 8 a.m. every day, to a 24-hour ban that would eliminate all alcohol consumption within the 79-acre facility.

The ban, which was first proposed by Clara/Pacific Beach Recreation Council in January, has sparked passionate pleas on both sides and prompted an investigation by city staff into the broader impact that a ban could have on other city parks.

Opponents say a 24-hour ban is too extreme for a public property that everyone has the right to enjoy.

"As a neighbor, I can see both sides of the story," said resident Chris Winkle. "I'm impacted by the increased noise that is caused by increased usage at the park, and I'm impacted by the increased traffic and by the generally larger number of people that are around here on the weekends. On the other hand, I recognize that it's a public park, it's not anyone's private property. So while I can see people wanting to cause restrictions to control what goes on there, I don't think its fair just to try to impose a 24-hour ban as a solution to the problems. I think it's an overreac-

Youngers favors the ban because of the rude behavior she and her neighbors have

SEE **DEBATE**, Page 6

MORE INFO:

The city of San Diego is the only entity authorized to institute a 24hour alcohol ban at Kate Sessions Park, but six community groups have voted to support the ban:

- The Pacific Beach Planning Group (11-2)
- · Santa Clara/Pacific Beach Recreation
- The Parks and Beaches Committee of the La Jolla Town Council (7-0)
- The La Jolla Town Council (13-0)
- La Jolla Parks and Recreation Inc. (10-0)
- The Community Parks I Division Area Committee (10-0)
- According to the city's Park and Recreation Department

In 2009, officers fielded 84 calls for service about the park, which resulted in eight citations, including violations regarding loose animals and glass containers, and four arrests (none of which were alcohol related), police Capt. Chris Ball said. Year-to-date, there have been no arrests and two citations. Ball said that compared to other areas of the city that receive dozens of calls per day, Kate Sessions is not a major source of concern for police.

TO LEARN MORE:

A Facebook fan page called "Save Kate Sessions Park, Pacific Beach from ANOTHER unnecessary BOOZE BAN!" had more than 2.100 fans when this issue went to print.

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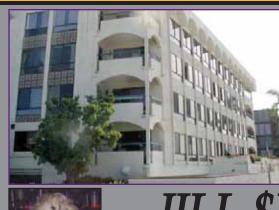


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Curbside recycling comes to Mission Beach

By ANTHONY GENTILE | BEACH & BAY PRESS

The streets and alleyways in Mission Beach will be black and blue this fall with trash and recycle bins. In October, the city's Environmental Services Department (ESD) will expand its curbside recycling program to include Mission Beach, the last San Diego community without a curbside program.

"We've had a lot of requests for recycling in Mission Beach," said Stephen Grealy, deputy director for the city's Waste Reduction and Disposal Division. "Various people we've spoken with said they want curbside recycling."

When ESD started its curbside recycling program citywide a decade ago. Mission Beach residents balked at the idea of having the big, blue recycling for a bin," Grealy said, "and the

aly said since then, continuous requests for the bins rolled in, and four years ago a large portion of the community decided it wanted the program.

"We understand that it is a difficult community and that's why there has been a delay in getting the service," Grealy said. "So we've done the opposite approach to what we had when we rolled out curbside recycling citywide."

Instead of notifying locals as they did in other San Diego communities, Mission Beach residents received a postcard from ESD and were asked to reply only if they wanted the blue cans at their residence.

"It's a way of making sure that people are actually putting their hand up

containers in the community. But Greassumption is they're not going to have the space issues or the issues that led to us not rolling it out the first time around."

> Of the 3,200 postcards ESD originally sent out, Grealy said the department received 400 responses. The deadline to respond to the postcards to receive cans at no cost was June 18, but ESD has extended that timeline to the end of June. Those who don't respond with a request at that time will get hit with a \$25 delivery fee.

> Mission Beach residents who did not receive cards or who want to put in a request for curbside recycling bins can call ESD's customer service line at (858) 694-7000. Residents who don't send

> > SEE **CURBSIDE**, Page 6

Dog owners fear losing cherished space

By DEBBIE HATCH | BEACH & BAY PRESS

The Fiesta Island Park general development plans are expected to come to a head during the Mission Bay Park Committee's (MBPC) planned monthly meeting on Tuesday, July 6.

The meeting is scheduled to take Recreation Center, 1008 Santa Clara Place.

In the fall of 2006, the San Diego Park and Recreation Department held a public meeting explaining plans to develop Fiesta Island.

Shortly after, a group of dog owners banded together to express disapproval of the development plans, fearing they would lose the off-leash dog area at Fiesta Island. The majority of concerns were safety, loss of contiguous space, loss of shoreline access and September. the cost to tax pavers.

The group formed the Fiesta Island Dog Owners (FIDO), a nonprofit corporation whose members support its efforts to maintain ample off-leash space at the park.

"It should have been a one- to twoplace at 6 p.m. at the Santa Clara year project at most," said Mike Singleton, project manager and president of KTU+A, a planning and landscape architecture firm.

No action will be taken at the informational meeting, according to MBPC officials. It will only be an opportunity for the MBPC to view the updated plans, Singleton said.

There will still be time to debate the plans, he said. Singleton also said he does not anticipate MBPC granting its approval or rejection until at least

At that point, the plans would need to be approved by the City Council because of the unique nature of dog use at the park, Singleton said.

Jean Spengel, a veterinarian and former owner of the La Jolla Veterinary Hospital and active board member of FIDO, said the group has conceded prior demands and is mainly focused on keeping a 90-acre section of land on the southwest portion of the island for unleashed dogs.

One of the group's main concerns is the construction of a road leading to parking lots that will bisect the off-leash area, she said, which FIDO members consider unsafe.

Bocce ball courts and a children's play

SEE FIDO, Page 5

HATS OFF TO GRADUATES



Graduating seniors at Mission Bay High School are all smiles as they throw their hats in the air to celebrate graduation following commencement ceremonies at the school's athletic field Monday, June 21.

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Wine tasting tickets still available

The Pacific Beach Town Council's (PBTC) ninth annual wine tasting and silent auction will be held this Sunday from 5 to 7:30 p.m. at Lotsa Pasta, 1762 Garnet Ave.

The event will include wines from San Pasqual Winery, Rock Canyon Vineyards and Eagles Nest Winery. Heavy hors d'oeuvres will also be served.

The silent auction and raffle items include Chargers tickets, stays at the Pacific Terrace Hotel and restaurant gift certificates.

The tasting will be the council's largest fundraiser of the year. Last year, the money raised helped support the new logo murals now visible from Grand Avenue on the north side of Mission Bay High School.

Tickets can be purchased at the PBTC office at 1706 Garnet Ave. The cost is \$30 and must be paid with cash or check. For more information visit www.pbtowncouncil.org.

MUST READ

Book recommendation from the Pacific Beach-Taylor Library

TITLE: "The Girl Who Kicked the Hornet's Nest" AUTHOR: Stieg Larsson (1954-2004)



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Up and out by DEBBIE HATCH

Summer is here and it's time to get up and out. This week's listings include what's new with area businesses and tidbits of news about locals.

The Broken Yolk Café was featured on the Travel Channel's "Man v. Food" on June 16. Host Adam Richman travels the United States exploring popular and unique restaurants, partaking in challenging eating contests. He was able to put down the entire Broken Yolk Café Special (for the iron man or woman). The breakfast consists of a dozen-egg omelet filled with mushrooms, onions, American cheese and smothered in chili and more cheese, served on a 15-inch pizza pan alongside a generous helping of home fries and two biscuits. Winners' names are placed on the hall of fame plaque. Broken Yolk is located at 1851 Garnet Ave. (858) 270-9655.

Long Hard Ride, an action-sports apparel brand, is re-opening after moving into a new location at 1036 Garnet Ave. Formerly eight blocks farther east on Garnet, the company features the same great customer service inside a larger, updated space. Long Hard Ride sells clothing from top brands like Truth, Alpine Stars and Element. It also sells surf and skateboards as well as motocross gear. Bicycle and surfboard rentals will be offered. Saturday, July 3 is the grand opening from 2 to 6 p.m. The store will have free food and beverages. Patrons will be able check out the unique Power Balance gear, which helps athletes with balance, strength and flexibility. Regular business hours will begin July 4. The store will be

open from 10 a.m. to 8 p.m., seven days per week. www.longhardride.net.

Mission Bay High School completed a **new logo project** in May bringing back the famed logo featuring a buccaneer biting a knife. Alumni and students alike are excited about the comeback. The same logo had appeared years earlier, but was removed to support the zero tolerance for violence policy adhered to by the school district. However, alumni spoke up in favor of bringing back the controversial image. The mural was updated as part of a beautification project at the school. Alumni, Friends of Pacific Beach Secondary Schools and the Pacific Beach Town Council helped fund the project. Frazee Paint in Pacific Beach donated some of the paint. The new logo will appear on clothing as well.

Mission Beach resident Cynthia Hedgecock, wife of talk show host Roger Hedgecock, was named the Epson International Pano Awards Amateur Photographer of the Year for her panoramic photograph "Storm Wave at Sunset." She captured the image near the northwest cliffs of Kauai. The image is of a 40-foot wave bouncing off the cliffs and against the oncoming wave. "It was an international affirmation that I'm doing what I really want to do," Cynthia said. To see her work visit www.cynthiahedgecockphotography.com.

PB Library announces summer reading program

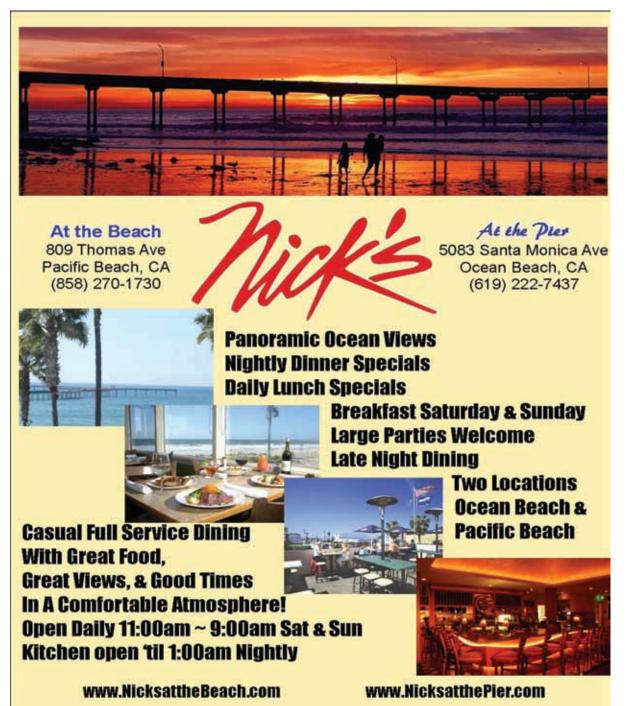
ticipate in Pacific Beach/Taylor Library's or completed 10 hours of reading. annual Summer Reading Program, which kicked-off June 15 and will run through Aug. 14.

In accordance with the program's theme, "Water," children ages 3 to 11 are invited to "Make a Splash," while teens from 12 to 18 are encouraged to "Make Waves at Your Library." All junior readers will earn prizes and raffle entries

Readers of all ages are invited to par- once they have finished 10 library books Adults can earn prizes by reviewing five library books.

> Participants can pick up a reading log at the library, 4275 Cass St.

There will also be free events for children at the library on Wednesdays at 2 p.m. throughout the summer. For a full listing, visit www.pblibraryfriends.org.



terms of enforcement, there's no real significant issues that we don't encounter at any other time of the year," Rall said

According to Ball, the biggest challenge for police during the weekend won't be enforcement. It will be handling the traffic coming in and out of Mission Beach and PB.

"One of the reasons for that is that the traffic coming into the beach is spread out but everyone leaves at the same time," Ball said. "The biggest issue we deal with is crowd and traffic con-

This year, there will be a police presence at Kate Sessions Park, which drew large crowds during last year's holiday weekend. Ball said the police presence at the park is more about resources than policing.

"For the most part, people don't go to that park to engage in criminal activity. People go in there to enjoy the weekend," Ball said. "Will some people have too much to drink? Most certainly."

Ball said he is unaware of any sobriety checkpoints to be set up during the weekend. In 2009, police had a checkpoint at 2700 Garnet Ave. on July 3.

Lifeguards

While police control the streets and the sand, lifeguards will watch the water during the holiday weekend. According to Lerum, lifeguard staff will be increased by more than 60 percent on July 4 and 35 percent on the accompanying weekend days.

"It is the only weekend that we do not let any lifeguards take off," Lerum said, 'and we usually have to work guards on mandatory overtime just to have enough lifeguards to keep the huge crowds of people safe."

Lerum said the additional guards dur-

ing the holiday will strengthen Lifeguard Services' drowning prevention and boating safety efforts at city beaches and on Mission Bay. There are also positions added especially for the Fourth of July holiday, including a "strike team" of 10 lifeguards on a boat able to respond to beaches that need help with water res-

"The biggest challenge for Lifeguard Services will be to maintain control of rescue activity without running short of resources," Lerum said. "Water emergencies happen very quickly and lifeguards often need to access victims within seconds or serious consequences could occur.'

Lifeguards performed 284 water rescues during last year's holiday weekend and made 5,890 preventative acts. There were no drownings reported.

"If the weather is sunny and the water is inviting like last year," Lerum said, "we expect similar large crowds and rescue activity."

TRUE COLORS



Marie Tolstad, a longtime Realtor for the Coldwell Banker Real Estate Pacific Beach/Mission Beach office, places flags in yards along Bayard Street on Flag Day, June 14, as she has for the past 22 years. Tolstad said she places about 600 flags in the PB Drive and north PB areas to honor what she believes is a forgotten holiday. PAUL HANSEN | Beach & Bay Press

CONTINUED FROM Page 3

area will also be contained in the unleashed dog area. FIDO members are concerned that placing a children's play area inside the off-leash area for dogs could lead to future problems, Spengel said.

"We have compromised and given up a great portion of the island," Spengel said.

For FIDO members, it isn't just about San Diego residents. The area draws in a healthy share of tourists, too.

"It's really the only area in Southern California where you can let your dogs loose and go," Spengel said.

an off-leash area for dogs set up by a city ordinance, Spengel added.

FIDO members would like to aid the preservation of the area by acquiring www.fidosd.org or www.sandiego.gov.

corporate sponsorships to assist in the financial upkeep of the land.

"We would like to become stewards of the area," Spengel said.

The people who use Fiesta Island enjoy something a little more primitive that takes them away from the city, she said, and FIDO considers itself the largest group of users in the area spread across 365 days a year.

"We really hope that we and the city can come to a compromise," Spengel said.

Scott Reese, assistant director of the San Diego Park and Recreation Department, said there are many groups like cyclists, paddlers and skiers who also use the island and need to be considered in the adaption of plans as well. Since 1972, Fiesta Island has been Reese said he is optimistic that the updated plans will reflect a good design and offer solutions for all users.

For more information, visit





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PBPG asks community to lobby for moratorium on alcohol licenses

By DEBBIE HATCH | BEACH & BAY PRESS

The Pacific Beach Planning Group (PBPG) is asking the community to lobby City Council representatives for a moratorium on alcohol licenses to businesses locally.

The appeal was made during a community forum June 14. The meeting was conducted by the Alcohol License Review Committee (ALRC), a subcommittee of the PBPG. Committee members asked residents to push for a moratorium until such time as the City

Council can be convinced to enact an ordinance allowing the city to utilize conditional-use permits (CUP) to curb alcohol-related crime in Pacific Beach.

"We appreciate the police in our community," said Scott Chipman, who serves on the PBPG and ALRC.

He urged residents to do more.

Alcohol licenses become personal property, giving recipients the opportunity to change the original intent of the license, Chipman said.

ALRC members said many restaurants are using alcohol licenses that were originally purchased for restaurants typically open until 10 p.m. But subcommittee members contend that over the years, the original restaurant intent "morphed" into bars, which are open until 2 a.m.

It is state policy to have one alcohol license for every 2,000 people, according to ALRC members. However, Pacific Beach has one license per every 312 people, Chipman said.

Pacific Beach has the same number of alcohol licenses as 30 years ago.

"We aren't blaming these establishments," Chipman said. "They're just taking advantage of the policy.

Marcy Becket, another ALRC member, said license abuses do not happen across the board.

"We have lots of restaurants that are very good and don't create problems,"

However, under the current policy, committee members contend, the community has little or no control.

Other communities have dealt with similar issues by using conditional-use permits, bypassing involvement by the California Alcohol Beverage Control Department (ABC).

During the community forum, Ventura police officer Derek Donswyk detailed that city's active CUP program and its inner workings. Ventura is a beach community of 120,000 residents.

Donswyk, who is the alcohol enforce-ALRC members acknowledged that ment officer for Ventura, said the campaign is called the Responsible Retailer Program. Ventura's City Council approved the ordinance in 2007. Under the program, retailers agree to inspections in order to verify compliance with its type of alcohol license. Businesses also agree to receive education for its employees.

> All new or modified businesses must comply with this policy. Establishments already in business participate on a voluntary basis.

> "I know what they can do and can't do and they [businesses] know

this," Donswyk said.

His job is solely to enforce alcohol rules for businesses with alcohol licenses.

The Ventura CUP allows the city to have control over an ABC issue by placing restrictions and mandates on the bars and restaurants such as compliance, entertainment permits, education and inspections, he said.

For example, if a retailer has drawn too many complaints, Donswyk has the authority to take away business hours from the establishment, forcing it to close early.

The school district there pays for the education aspect of the program, Donswyk said.

During the last fiscal year, the city of Ventura brought in nearly \$173,300 from fees associated with the program.

Reported crimes against a person in Ventura totaled 7,172 in 2005, but in 2008 dropped to 4,164, he said.

"Nothing will happen if we don't make it happen," Beckett said, trying to rally the audience to action.

CURBSIDE

CONTINUED FROM Page 3

back their card or call in with a request will not receive a bin.

Curbside recycling in Mission Beach is not mandatory, and those who wish to recycle without a blue bin are still free

to do so. But once the curbside program starts in October, the city's recycling ordinance will be in effect in Mission Beach.

"If you opt out, you have to use the community recycling containers or some other method of recycling," Grealy said.

The ordinance, which has been in effect throughout the city since 2008. penalizes residents who recycle improperly or throw trash away improperly

with fines of up to \$1,000.

Blue recycling bins will be delivered to Mission Beach the last week of September. Curbside recycling in Mission Beach will start the first week in October, with pickup scheduled for the same day as trash day.

For more information, visit www.sandiego.gov/environmental-services/recycling.

DEBATE

CONTINUED FROM Page 1

experienced that make it difficult for everyone to enjoy the park, she said.

"It is not a few people who are coming as a group and sitting on the hillside and enjoying a beer," she said. "We all would enjoy doing that. But this is binge drinking, and it really leads to lewd behavior, loud behavior, cussing. I have neighbors who have talked to me and said that they've had to actually leave the park with their children because they didn't want them exposed to this."

Ball frequently patrols the area and said that, in his experience, the vast majority of people at the park behave themselves, even when they are drinking.

"What you will see on the weekends, especially in the summer months when it gets warm, you see more of the collegeage kids using the park ... But I've got to say this, my experience with them, under-

standing that I am a cop in a uniform, is that most of them are bright, intelligent, respectful folks that are just up for having a good time. They do not go up there with the intention of offending anyone. They do not go up there with the intention of breaking the law."

Ball said problems like noise and public urination could be mitigated through lessstringent means, including prohibiting kegs, installing more public restrooms and banning alcohol on holidays when the park becomes a popular destination for large groups. But Youngers contends that similar solutions presented so far will not solve the real problem.

"From the opponents, we have not received any input on a reasonable compromise," Youngers said. "There is nothing that is being suggested that would really eliminate the problem. Eliminate the alcohol, you eliminate the problem."

To date, Youngers and other members of Friends of Kate Sessions Park have helped drum up support from six com-

munity groups that have voted to support the 24-hour ban.

However, their appeal lost momentum at the May 20 Park and Recreation Department meeting, when board members decided not to recommend a ban. Instead, they asked city staff to work with community members on both sides to mediate the issue, according to draft minutes of the meeting.

The results of that meeting have sparked a broader discussion by city staff, who want to be sure that implementing a 24-hour ban at the park won't yield unintended consequences in other areas of the city, much like the beach booze ban in 2008 resulted in the current overflow at Kate Sessions, said Clay Bingham, deputy director of the Community Parks I Division.

The Park and Recreation Department is still open to forming a community group to explore compromises, he said, but not until city staffers have had a chance to evaluate the issue more closely.







GOOD NEIGHBORS



Marie Englehardt, a server from Hennessey's Tavern, picks up trash June 14 on Hornblend Street during the Hospitality Cares event, a neighborhood cleanup event in the business district organized by the Pacific Beach Hospitality Task Force, a committee of Discover PB. The effort drew 175 volunteers from the hospitality industry, who helped clean 46 blocks in the business district along Garnet Avenue, Mission Boulevard, Felspar Street and PAUL HANSEN | Beach & Bay Press Hornblend Street



THURSDAY, JUNE 24

PBTC Safe and Beautiful Committee meeting, 6:30 p.m., Pacific Beach Presbyterian Church, 1675 Garnet Ave., (858) 483-6666

SUNDAY, JUNE 27

PBTC 9th annual Wine Tasting and Silent Auction, 5 p.m., Lotsa Pasta, 1762 Garnet Ave., (858) 483-6666, pbtowncouncil@sbcglobal.net, \$30

Council tries to draw families back to PB Rec Center

By ANTHONY GENTILE | BEACH & BAY PRESS

This summer, Bill Kiernan has big plans for area park and recreation programs. The chairman of the Santa Clara/Pacific Beach Park and Recreation Council plans to draw families back to the local facilities.

"We want to bring the families of Pacific Beach and Mission Beach back to the Park and Rec Center and utilize our resources here — Park and Rec, the beach and the bay," Kiernan said.

A volunteer on the council for 15 years and president for the past couple years, Kiernan had been lamenting with fellow parents about the PB Recreation Center being closed on Sundays when he decided to do something about it. The Pacific Beach facility is now open from 10 a.m. to 2 p.m. on

ment and a slide.

"Surprisingly, not being open on Sundays was an accepted attitude, and rather than just accept that attitude, I asked the Park and Rec Council to give me a little leeway and a little budget and let me try to bring Sundays back to a family day," Kiernan said.

In April, the council started the TODDLERS program on Sundays at the PB Recreation Center. TODDLERS is an acronym for Together Opportunities to Discover and Develop Literacy, Enrichment and Recreation Skills, and is a free parent and toddler activity group.

"The idea is to give (toddlers) a place to socialize and intermix before they are in school," Kiernan said. "A lot of parents don't have them in any kind of school or program at that point, and

Sundays, and has gymnastics equip- they want to give them some skills for getting along with each other."

While the program for toddlers is the main element of Sundays at PB Recreation Center, Kiernan said he hopes to keep the facility open until 5 p.m. those days to include.

Kiernan said the council needs volunteers and will take donations of time, money or equipment. For the July 4 holiday weekend, Kiernan hopes the city will keep PB Recreation Center open on July 4 itself for a family festival.

"When you look inside and you see the kids playing, it's the smiles on the kids' faces and the smiles on the parents' faces that keeps me active and wanting to do more," he said.

To volunteer or for more information, call (619) 920-1032.

SATURDAY, IULY 3

Clean PB Day, 9 a.m. to noon, Ocean

TUESDAY, JULY 6

Mission Bay Park Committee meeting,

Discover PB board meeting, noon, Discover PB office, 1503 Garnet Ave.,

WEDNESDAY, JULY 7

Friends of Rose Creek meeting, 6 p.m.,

TUESDAY, JUNE 29

PBTC Monthly Dineout, 6 p.m., Nick's at the Beach, 809 Thomas Ave., meet fellow residents and community leaders to discuss local happenings and issues, (858) 483-6666.

Boulevard at Grand Ave., www.cleanpb.com

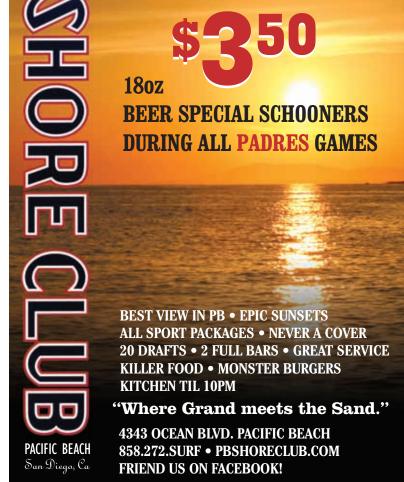
6 p.m., Santa Clara Recreation Center

(858) 273-3303

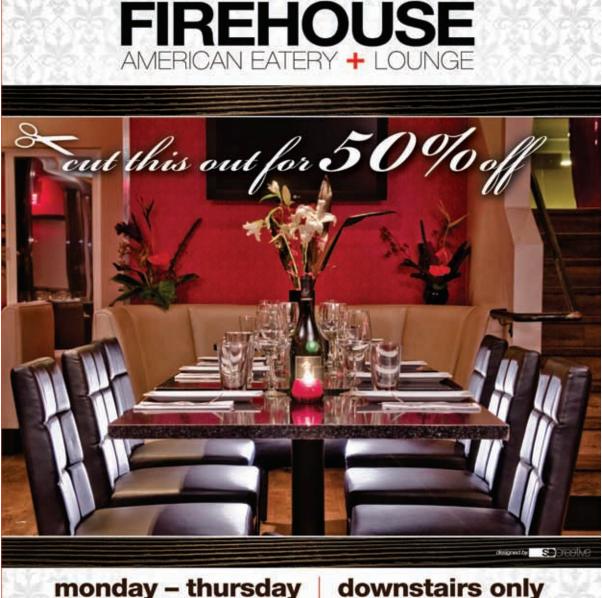
Pacific Beach Recreation Center, 1405 Diamond St., www.saverosecreek.org

THURSDAY, JULY 8

VFW Post # 5985 meeting, 7 p.m., 853 Turquoise St., (858) 488-3631



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John Fry

STARBUCKS REGULAR CATALINA **MORALES** was disappointed that I couldn't attend her graduation last week at the Stella Maris Academy in La Jolla. I told her I really needed more than three hours notice. I made it up to her by inviting her and her mom, Sterling, to boys' night out for Tuesday Night Tacos at Good Time Charlie's. Jeff Dalrymple went up to G-Whiz in Bird Rock and got an appropriate card and a helium balloon. Charlie's signature brownie sundae was a big hit after we finished our tacos. Catalina passed around her class yearbook and proudly showed us where her friends had signed. At that point the boys played "Pomp and Circumstances" on kazoos. I'm not sure I'll have enough energy to do it again next year when Catalina graduates from first grade.

I'VE SEEN THE LICENSE PLATE often around town, but last week was the first time I was able to pull alongside and ask the driver if "JU 6 44" meant what I assumed that he'd been at Normandy on D-Day, June 6, 1944. "Yup," the driver said, "I went ashore on Omaha Beach."

"How about you?" he asked. "I was nine months old," I replied, "but I haven't aged

It got me thinking about heroes. My friend John Finn, who was the oldest Medal of Honor recipient when he died on May 27 at age 100, didn't think he was a hero. He raced to his duty station at Kaneohe Bay and took a bunch of shrapnel trying to shoot down the attacking Japanese airplanes. I suspect there are a whole lot (well, actually a dwindling number) of Pearl Harbor survivors who are being feted as heroes — and God bless them — even if they were washing dishes when the attack occurred.

Wading ashore at Omaha Beach has got my hero vote. Those guys knew what they were in for and had months to think about it.

WELL, I'VE GOT A NEW CAR AND A NEW IMAC COMPUTER. I took the Corolla over to Mossy Toyota last week for its first oil change. I think I was standing about where I bought my first Apple II. It was in a little shop next to Chicago Brothers' Pizza. I shelled out \$5,500 for that computer, half of it for Peachtree accounting software that I never could get to work. I'm thinking this was about 30 years ago and there were no on-site computer experts. That being the case, a crowd often gathered at the computer store around three in the afternoon to ask for help from a student from Mission Bay High named John Gregory. That's the earliest he could get from school on his bike.

Hey, I wonder if it's the same John Gregory that's editor of this paper?

ANYONE INTERESTED in a free 8-year old eMac computer — give me a call.

- John Fry may be reached at 272-6655 or mail@johnfry.com



LETTER TO THE EDITOR

Mud-slinging spectacles keep the 'new blood' away from civic groups

The following views are mine and are not face-lift. They want to do exactly what their

I have been active in the PB community for several years now. I am a business owner here and I am in my 30s.

Over the years of attending meetings of various groups here in PB, I have noticed that the representation of PB's residents is grossly slanted in favor a certain crowd.

Years ago, several friends and I were vigorously courted to join the Town Council and to attend meetings of the many organizations here. It seemed everyone wanted "young blood" and a "fresh perspective." And after years of involvement, I've found this to be painfully untrue. These organizations of elders have absolutely no desire to hear from the younger population that makes up a very large part of this community.

At the past several PB Town Council general session meetings, the bitter dialog and slanted representation has all but encouraged firsttimers to flee the scene. Why aren't younger people getting involved, one may ask? It seems that the rantings of wealthy homeowners, reformed alcoholics and elderly residents is absurd and uncomfortable to most of us. And with today's young adult holding down multiple jobs, going to school and ENJOYING the community, I can't blame them for discrediting these organizations as local mud-slinging spectacles! What young adult in their right mind would want to hear fanatics recapitulate the same statistics and arguments over and over again every time the mere word "alcohol" is mentioned?

For three months now, The Shore Club deck expansion has cannibalized the time of the Town Council meeting. And I was thrilled to see so many young people actually stay at the last PB Town Council meeting. And yet each and every new face was accused of being a "bought vote" by several elders of the organization.

Who were these new faces? These are young residents and hospitality employees who make their living here in Pacific Beach. These are young, working adults who were finally outraged by the old regime of PB and moved to action. And how were they met? How were they received by these long-standing members of our community? They were immediately insulted and discredited. No wonder every PB meeting looks like Bingo night at Shady Palms.

The Shore Club should have every right to for the rest of us. expand their deck. They have taken a once rundown building in a hospitality-driven, commercial district (NOT residential) and are giving it a

the public opinion of any formal organization. neighboring restaurants have done; build an ocean-view patio to attract customers and grow their business. In these economic times, successful, community-conscious and responsible businesses should be supported by this community and applauded for creating jobs in our neighborhood. Instead, these local business owners have been singled out and put on trial for everything "wrong" with Pacific Beach by a group that represents a mere part of our diverse local culture.

These are issues of the county and city that are being heaped on the shoulders of The Shore Club. They are trying to grow their business, they are doing everything they can to work with the community but they are being slapped in the face by a group of residents overwhelmed with pious judgment and hatred. If a group is not happy with the problems of our community, talk to the governmental bodies put in place who can make a change!

The Shore Club has expressed a desire to work with any organization but has been met with nothing less than hostile objection by those who oppose them.

This proposed deck expansion will not draw more people into Pacific Beach. People from all over the United States and the world come here to enjoy themselves and will continue to do so whether The Shore Club enhances their building or not. These consumers are already coming to support our only industry in PB: hospitality. The fact that a narrow-minded group wishes to single out and exclude an admirable business from prospering in our local economy is unfair and, as we have already seen, destructive to our community.

The motion made last week to send out an expensive mail-in ballot to the entire Town Council general membership is a cheap trick worthy of the lowest of zealots. We are all fully aware that the general membership in no way represents the demographics of our entire community, for the unfortunate reasons mentioned above. As they go door to door, rolling in wheelchair after wheelchair and minivan after minivan of illinformed residents to these meetings, please remember the false accusations of vote-stacking.

We are willing and want to work together, but we need these fanatics to understand how horrible they make community involvement

> **Chris Decker** PB resident and business owner

GUEST COMMENTARY

Kate Sessions: Neighborhood park or drinking destination?

By Richard Kiser and Michelle Youngers

Summer means fun for most San Diegans. But area users of Kate Sessions Neighborhood Park, overlooking Pacific Beach, are cringing at the idea of another sunny, summer weekend.

That's because the park has become a destination for drinkers from all over Southern California. Since city beaches went alcohol-free, large crowds of drinkers appear in the park on any sunny day, and the problems explode every weekend. The problems that used to be spread out over 27 miles of beachfront are now concentrated into this 17acre park. Over 600 surrounding residents have signed a petition calling for an alcohol-free policy as the problems increase and resources for existing law enforcement are harder to come by.

The problems aren't confined to holidays, or even to weekends. Businesses operate recreational leagues in the park mid-week, charging for participation in drinking games. On weekends, private parties rope off large sections of the park without getting the required permits from the city, or misrepresent the nature or size of the event on their permit application, such as omitting the intent to use amplified music. No thought is given to disturbing other park users or surrounding neighbors.

The tot lot is used for drinking games. Tarps have been put over the playground equipment to create shade for keg party-goers. The surrounding brushy areas are used as trash cans and open restrooms, all in plain sight of children. Broken glass bottles, foul language and ensuing vulgar behavior have created an unsafe environment for family-oriented activities. Irresponsible drinking is the common thread in all of these problems. As the legal drinking ends at 8 p.m., intoxicated drivers are leaving the area for the drive home to communities all over the county and beyond.

Is it "just a few bad apples?" After last year's Fourth of July, SDPD Assistant Chief Shelley Zimmerman described the unruly crowd on the park's south slope as "1,500 people in different stages of intoxication." Since the beach ban in 2008, police responses to disruptive incidents at this park have increased three-fold.

One remedy is to shift public resources from other city areas to strictly enforce all park rules. That's the intent for the upcoming Fourth of July weekend. The real solution, however, is to prevent the problems by regulating alcohol consumption in the park.

The park's problems are not unique. Alcohol-related crimes happen throughout San Diego resulting in 88 percent of the 173 neighborhood and community parks having a 24hour alcohol ban.

According to the Pacific Beach Community Plan, Kate Sessions Neighborhood Park "shall serve a population of 3,500 to 5,000 persons within a one-half mile radius." When unruly drunks chase out intended park users, it's time for a change. Support for the proposal is unanimous among the area recreation councils, parks and beach committees and the Pacific Beach Planning Group.

The next step is for the Public Safety and Neighborhood Services Committee of the City Council to consider the proposal. Let's put the "neighborhood" back into Kate Sessions Neighborhood Park.

— Kiser and Youngers are founding members of the Friends of Kate Sessions Park, a committee of City Beautiful of San Diego, Inc. This group was formed more than 10 years ago, dedicated to a safe and accessible environment for all park users.

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Tribute bands, reggae and a slower version of hard rock

MUSICcalendar

By BART MENDOZA | BEACH & BAY PRESS

lim Crowbar & The IOUs, which performs at the Tiki House on Friday, June 25 is a new band. Yet this is a trio with a serious pedigree. Comprised of guitarist Joey "Mudbone" Harris (The Beat Farmers, The Mentals), drummer Tom "Slim Crowbar" Essa (Mississippi Mudsharks) and bassist Scottie "Mad Dog" Blinn, the three don't stray too far from the sound of their previous musical projects. But by joining forces, they deliver an even stronger package. Whether you are a fan of blues, Americana, country or even a bit of '50s rock 'n' roll, this is just about the ultimate bar band in the best sense of the

Slim Crowbar & the IOUs: 9 p.m. on Friday, June 25 at The Tiki House, 1152 Garnet Avenue. Cover TBD. 21 and up. http://www.myspace.com/slimcrowbar

The biggest growth in music has come in the tribute-band scene. Clubs that once booked solely original music now fill their schedules with fake versions of real groups. While this development speaks volumes on the state of modern music in general, for music fans it's a boon — the only chance to see or hear a favorite combo facsimile in an intimate setting. Such is the case with

next best thing to the real deal. Best of all, they go Bastard Sons are heavy into their chosen genre's the extra mile, nailing the look, sound and attitude of G&R.

710 Beach Club, 710 Garnet Ave. 21 and up. Cover TBD. http://www.dustnbones.com

There are two sides to every band, but in the case of hard rockers Mower, this is more literal than usual. Two bands in one, in addition to hard-edged rock 'n' roll, the band also performs as Slower, playing jazzy versions of their songs. Indeed, Slower has built its own fanbase. The five-piece group, which appears at the Wavehouse on Friday, July 2, trades in its leather and aggression for suits and down-tempo beats, but this is no gimmick. While lacking the visceral excitement of their other band, Slower's strong songs and a heartfelt, in-your-face performing style will please music fans of all persuasions.

Slower: 8 p.m., Friday, July 2, at the Wavehouse, 3125 Oceanfront Walk. No Cover. 21 and up. http://www.reverbnation.com/slower

Mark Stuart and the Bastard Sons, who appear at Tio Leo's on Saturday, July 3, has simplified its name, dropping the "of Johnny Cash" and promot-

Guns & Roses re-creators Dust & Bones, who ing Mark Stuart to frontman status. Longtime fans appear at the 710 Beach Club on Saturday, June can rest easy however, since that's really the only 26. With their namesake band renowned for late change to the band. Indeed, you'll still find classic starts and no shows, Dust & Bones truly is the country stylings and early rock 'n' roll energy. The roots, but this isn't a retro outfit by any means. Just a solid combo with a strong foundation. If you like Dust & Bones: 9 p.m., Saturday, June 26 at the your country tunes gritty, heartfelt and roadhouse tested, this is the band for you.

Mark Stuart & The Bastard Sons: 9 p.m., Saturday, July 3 at Tio Leo's, 5302 Napa St. 21 and up. Cover TBD. www.markstuartmusic.com

A staple of the local reggae scene since his arrival to San Diego in 1994, Ishmael Sealy and his band the Peacemakers, who perform at the PB Bar & Grill on Sunday, July 4 continue to produce excellent island rhythm sounds, mixing in elements of soul and rock. A legend in his native Barbados, Sealy was originally part of The Draytons Two, a high school group who scored several hits in his homeland. He's had several groups since landing stateside, including The Killer Bees and Black Sheep, but it's with the Peacemakers that he's hit his stride. There are many reggae groups in town, but few have the commanding presence of Sealy, or the songwriting skills to back it up.

Ishmael & The Peacemakers: 6 p.m., Sunday, July 4 at PB Bar & Grill, 860 Garnet Ave. 21 and up. No Cover. www.myspace.com/peacemakerreggae



Ishmael Sealy and his band the Peacemakers will perform at PB Bar & Grill, 860 Garnet Ave., on Sunday, July 4.



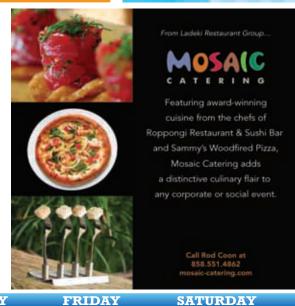
















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Nightly Specials:

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Industry gets 50% off bill

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Nightly Specials:

1/2 price sliders

6pm- cl \$3 16oz drafts and

Nightly Specials: Hip hop night Happy Hour until 8pm, \$3 Wells, \$8, \$10 & \$12 pitchers

Nightly Specials: Reggae night with live bands & DJ Carlos culture, \$3 Redstripes Happy Hour until 8pm, \$3

Nightly Specials:

8pm-cl \$2 keystone light cans

BURGERS MADNESS:

Friends Chili with Free pool.

board games, 6 wii play games

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Jason Otts accoustic showcase Wells, \$8, \$10 & \$12 pitchers

6-9pm, Hip Hop, Bands + DJs. Happy Hour until 8pm. \$3 Wells, \$8, \$10 & \$12 pitchers

Nightly Specials:

FISH & CHIPS FRIDAYS:

\$8 Dom. Pitchers, \$4 Jack and

Jager, Fernet & Tuaca Shots

Nightly Specials:

\$9.99 all you can eat fish & chips

Cokes, \$4 Vodka Rockstar. \$3.50

Party Night \$3.00 U call its 9:30 to close \$8 Dom. Pitchers. \$5 Bloody Mary's, \$4 Mimosas. \$12 Bionic Beavers, \$2.50 Kazis NFL, NCAA & NBA packages

champagne, \$4 bloody marys

SATURDAY SLIDIDERDAYS

Nightly Specials:

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SUNDAY

champagne, \$4 bloody marys

Nightly Specials:

SUNDAY FUNDAY

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Nightly Specials:

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Nightly Specials: \$3 U Call it 8pm to close DJ Tony A NO Cover

9nm - close

Thursday Special \$3 U-Call-Its from

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Nightly Specials: \$3 Drafts, \$3 Tacos

Friday Special

\$3 U-Call-Its from

Own Bloody Marys and Tropical Mimosa

(9am - 1pm) with Build Your

& Beers

Breakfast

Nightly Specials: DJ Tony A \$3 Drafts, \$3 Tacos NO Cover

(9am - 1pm) with Build Your Own Bloody Marvs and Tropical Mimosas

Nightly Specials:

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Happy Hour: Monday - Friday 4 - 6pm \$2 off Bud Light or Hefeweisen Pitchers \$3 off 14 oz Bud Light or Hefeweisen \$3 off well drinks or well wines\$3 off all appetizers \$6.99 basket of 12 wings \$6.99 basket of 4 ribs Fridays Join us for Live Music

Daily Special: Happy Hour 11-4

Daily Special: Happy Hour 11-4

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31ST ANNUAL OCEAN BEACH STREET FAIR & CHILI COOK-OFF FESTIVAL SATURDAY, JUNE 26, 2010 * 10AM - 8PM * OBSTREETFAIR.COM * OCEANBEACHSANDIEGO.COM

OB Street Fair to lure 70,000 to Newport Avenue

Chili cook-off, music power annual event

By ANTHONY GENTILE | THE BEACON

Even with summer heat on the horizon, the forecast next weekend in Ocean Beach calls for chili weather.

The 31st annual Ocean Beach Street. Fair and Chili Cook-Off Festival - predicted to draw as many as 70,000 funseekers throughout the day — takes wing Saturday, June 26 from 10 a.m. to 8 p.m.

primarily along the 4800-5000 blocks of Newport Avenue, the OB Pier and Abbott

"Our fair is free and parking is free and the shuttles are free," said Ocean Beach MainStreet Association Executive Director Denny Knox. "You can bring the whole family, and you only spend what you are going to spend on vendor booths and in local stores."

Things get started with the event's tastiest tradition — the chili cook-off. Three teams have been added to the competition for a total of 28, and all competing recipes can be tasted with \$10 tickets that go on sale at 10 a.m. Individual tasting tickets will also be available for \$1.

"That has always been a big concern —

TASTE THE TRADITION

- · When: Saturday, June 26, 10 a.m. to 8 p.m.
- Where: Primarily along Newport Avenue, Abbott Street and the OB Pier
- Crowd: An estimated attendance of 70,000 annually
- Highlights: Five music stages, a beer garden and Liquorland, Wonderland children's area, Artists' Alley, chili cook-off in the grass area near the sea wall.

people racing here to get the chili," Knox

Street fairgoers who miss out on the chili competition itself can satisfy their hunger with a \$2 bowl of "committee chili" prepared by Shades Oceanfront Bistro. Those looking for different fare should have their pick. New food items include shrimp Creole, red beans and rice, pork tacos, ribs and healthy and vegan options.

Also new this year is a relaxation area in the parking lot behind Winston's Beach Club, taking the place of last year's teenage fun area. Knox said this area will give people a chance to take a minute away from the bustle of Newport Avenue.

"We're going to have a climbing wall, tables and chairs for people to sit at," Knox said. "If you want to take a load off, that's the place to go."

In a move that will please the art lovers out there, the street fair's Artists' Alley has expanded. Knox said the area that is filled with unique creations and demonstrations is about one-third larger than it has ever been.

"Along Cable Street - from Santa Monica Avenue all the way to Niagra Avenue — that's all going to be artists," Knox said. "That should be really, really fun to see a



The annual chili cook-off is a huge draw during the OB Street Fair, giving funseekers an opportunity to sample individual recipes or multiple tastings.

lot of new artists in here. We always have a chance to quench thirsts at the Beachto turn down so many of them that we decided to expand the area."

As usual, unique vendors will fill Newport Avenue with all variety of gifts and goods. Knox said there are a handful of new vendors this year.

"It never ceases to amaze me how many vendors have these little businesses," Knox said.

Other highlights of the fair are five stages of music, including a 92107 stage dedicated to OB musicians, a skateboard demonstration from Ocean Beach Skate and Surf Shop, a Wonderland children's area, a community mural project and a raffle to help pay for the Fourth of July community fireworks show off the Ocean Beach Pier. The 21-and-up crowd will get

side Beer Garden and at Liquorland near the main stage.

To accommodate the crowds along Newport Avenue during the street fair, a fourth trolley has been added this year.

"If you're from outside Ocean Beach or live in north Ocean Beach, definitely take the trolley," Knox said. "Save your feet so you can walk the whole fair."

Four trolleys will run continuously from 10 a.m. to 9 p.m., picking up every half hour at two locations: the Sunrunner Lot on the corner of Pacific Highway and SeaWorld Drive, and at the entrance to Robb Field on the corner of West Point Loma Boulevard and Bacon Street. The trolleys will stop at Santa Monica Avenue and Cable Street.





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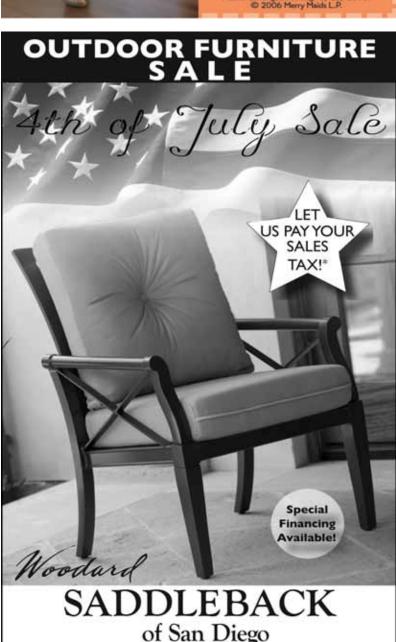


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Yorkshire Pines allows customers an opportunity to choose from an assortment of comfortable lines of pine – ideal for any San Diego home.

MEAGHAN CLARK | Beach & Bay Press

Yorkshire Pine

Local company has a magnificent obsession with English pine

By MEAGHAN CLARK | BEACH & BAY PRESS

Pacific Beach's English pine importer Yorkshire Pines helps customers re-imagine the uses of pine furnishings. Most often associated with farm tables or television armoires, the comfortable lines of pine are constructed from pure wood and are ideal for any San Diego home.

"San Diego has a comfortable lifestyle [that fits within] English pines' interesting and traditional lines," said Shirley Zylstra, Yorkshire Pines' sales manager.

The large showroom on Santa Fe Street mixes traditional English pine with modern pieces. Opened in the '90s, Yorkshire Pines' spacious interior offers customers the option to pick and choose English pine or the furniture that complements it. All of the pieces are comfortable and will accessorize any 21st century home, though traditional English pine furniture is anything but modern.

"All [pine] designs are comfortable and simple, and the perfect definition of recycled furniture," Zylstra said.

English pine is best when 100 years old or older, said Zylstra, though pieces still "fit into a lifestyle of the 21st century as they had in the 18th century."

Historical pieces are situated in the showroom alongside modern designs like Lee Industries upholstery, Somerset Bay's painted furniture and Modern History's wood.

Owner Kara Busch imports about one container a year (a reduction from four following the economic downturn), bringing in items she'd want in her own home. The warehouse often caters to local interior designers, as Busch is one herself, hosting American Society of Interior Design (ASID) events in the large warehouse that reflects timeless English country.

"English pine is a unique product in comparison to American pines," Zylstra said. "People are very attracted to the clean look as it blends in with almost any decorating style."

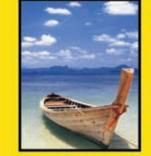
Busch purchased her first piece of English pine, a desk,



while in college. After switching her major to interior design, she apprenticed under a designer and took her own concept to San Diego in 1991. She now travels abroad several times a year, seeking out retailers in small countryside towns and villages. A lot has changed in the business in 18 years, especially thanks to the Internet, Zylstra said. At first, the search would be a scavenger hunt of sorts, Zylstra said. Today, Yorkshire Pines has constant communication with retailers in England and their imported pine is furnishing homes around the county.

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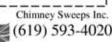
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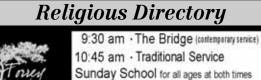
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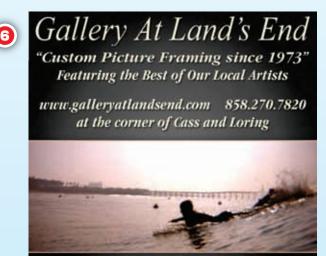


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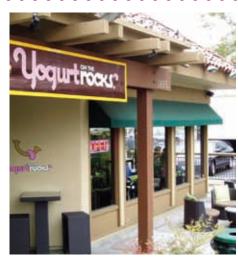
Husband-and-wife team Elena and Jeff Wormington opened Yogurt on the Rocks at 1886 Garnet Ave. last July 31st. Choosing tall tables and bar stools for the interior and wicker lounge furniture for the outside seating to create a yogurt shop that is a cross between a pub and a Starbucks

Being huge fans of yogurt ourselves, we wanted to open a new unique twist on self-serve yogurt shops. We are looking to provide a modern, yet lounge like atmosphere where you can relax and enjoy a healthy cup of yogurt. We provide a comfortable area to sit around and chat with your friends or to enjoy our free wi-fi, with a variety of indoor seating.

Elena believes the trend has turned toward self-service yogurt shops that offer a healthier alternative to ice cream. Located in the Pacific Plaza, at the corner of Garnet and Lamont, behind Bruegger's bagels.

Yogurt on the Rocks offers 14 flavors of yogurt ranging from raspberry pomegranate tart or strawberry and banana to peanut butter chocolate and non-dairy alternatives, plus 40 different toppings and syrups. With a gym across the plaza, the couple will also consider blending smoothies and offering nutritional bars. "Everyone wants something healthy and light these days," Elena said. "You can make it your own, self-service gives you the freedom to be creative.

Yogurt on the Rocks is sponsoring special summer events in the Plaza with live music, free give-aways and prizes. Mark your calendar for Yogurt Rocks Friday, July 23rd. 1886 Garnet, (Behind Bruegger's Bagles), 858-274-3590



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