

Bay to bay journey:
Traveling from Mission Bay to
Coronado is no small feat when
you're paddling all the way... 15

Weekend Surf Report				
SATURDAY				
Hi: 2:4 a.m.	Low: 9:18 a.m.	Surf: 1-2 ft.	Wind: 8-10 mph	
4:22 p.m.	10:05 p.m.			
SUNDAY				
Hi: 3:32 a.m.	Low: 10:14 a.m.	Waves: 1-2 ft.	Wind: 10-12 mph	
5:11 p.m.	11:33 p.m.			

Thursday, May 28, 2009



www.beachandbaypress.com



KIRBY YAU | BEACH & BAY PRESS

Marathon set to rock and roll past Mission Bay

By ANTHONY GENTILE | BEACH & BAY PRESS

Runners and musicians alike will take over the streets of San Diego this Sunday – 20,000 runners to be precise – when the Rock ‘n’ Roll Marathon comes to town. The 12th-annual marathon set to rock music concludes three days of health and fitness events.

“It’s essentially a 26.2 mile block party,” said event manager Kari Logan.

A new element of this year’s race is the Rock ‘n’ Roll Relay. In the relay, 400 teams of four will complete the course for awards in five different categories.

“We wanted to add a little spark to the event. It’s a good opportunity to give the non-marathon runner a chance to partici-

SEE MARATHON, Page 16

Police teach bartenders to avert sexual assault

BY SEBASTIAN RUIZ | BEACH & BAY PRESS

Five cases of rape were reported in Pacific Beach during the first two months of 2009, according to San Diego Police Department reports. Sexual assaults, date rape and acquaintance rape rank high as some of the most underreported crimes, according to Northern Division Police Capt. Shelley Zimmerman.

Allegations of rape could not be proven in one case and three of the cases ended in a “refusal to prosecute,” according to San Diego Police Det. Gary Hassen. The fifth incident involved two consenting 17 year-olds and is not illegal, he said. Medical staff reported the incident involving the teens, he said.

Police have now collaborated with the San Diego City Attorney’s Office and the Center for Community Solutions, a sexual assault prevention group, to train Pacific Beach bartenders and staff to recognize and possibly stop potential sexual assaults and rape in a bar or nightclub.

“We’re showing them ways to where – if you’re observing inappropriate behavior – how you can appropriately intervene,” said

Angela Geisler, deputy city attorney for the criminal division.

Called the No Bystanders program, bartenders and servers are taught to recognize intoxicated people who may be putting themselves at risk of being sexually assaulted by leaving the bar or club with a person they don’t know.

The training includes situational role-playing where representatives from the Center for Community Solutions train bartenders and staff to separate potentially intoxicated people and ask them if they know the person with whom they’re leaving.

Center for Community Solutions loosely defines sexual assault as any unwanted sexual contact, said spokesperson Kat Wager. That includes touching under clothes, lewd or obscene behavior, unwanted oral copulation or rape.

Wager said the message to staff and bartenders is simple.

“It happens a lot in a nightclub,” said Estefania Vila, a server at Johnny V nightclub on Garnet Avenue. “Girls get a little tipsy and don’t always make the best decisions.”

Police encouraged servers to pro-

SEE NO BYSTANDER, Page 3

Coastal restaurants open for taste

BY ADRIANE TILLMAN | BEACH & BAY PRESS

Twenty-seven restaurants along the coast of Pacific Beach will serve up a sample of their cuisine in a walking feast – also called the Coastal Restaurant Walk – on June 2 from 5 to 9 p.m.

Mad Dogs Café is one new eatery that will take advantage of the coastal walk to demonstrate its fare. Mad Dogs Café

opened in mid-May to serve European-style sausages smothered with homemade sauces, nestled in a freshly baked baguette and served with a side of potato chips – sliced and fried on site.

Run by a former Londoner with a definitive accent who moved across the Atlantic in the ’80s, Mad Dogs Café serves an interesting mix of sausages for lunch and dinner and home-

made crumpets, egg sandwiches and Blue Bridge Coffee, roasted in Coronado, in the morning. The red-walled café, half a block from the beach on Emerald Street, also slips in some summer treats: outdoor seating under umbrellas, fresh-squeezed orange juice and lemonade and a full case of Italian gelato.

SEE CAFE, Page 3



Boyscout Brett Cox, 7, searches for the grave of his great-grandfather, a WWII veteran who is buried in Fort Rosecrans National Cemetery. Hundreds of Boy Scouts, Girl Scouts and their parents fanned out across the cemetery on May 22 to plant flags at each grave site to mark Memorial Day.

RONAN GRAY | BEACH & BAY PRESS



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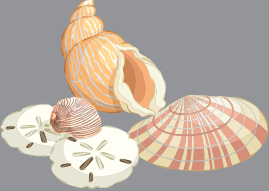


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Brenda Hollis and her nephew Rory Hollis serve up gourmet sausages at Mad Dogs Cafe.
ADRIANE TILLMAN | BEACH & BAY PRESS



Lauren Wood of Scripps Ranch and Michael Wilson of Florida share some café fried potato chips.

CAFE

CONTINUED FROM Page 1

Neither a pet store (listing agencies have misunderstood the business name) nor a hot dog stand, co-owner Brenda Hollis said the café aims to cater to the simple and more adventurous tastes. Habanera and Tequila sausages or lamb and apple sausages are among the frankfurter, bratwurst and weisswurst on the menu. The owners hope to rebrand Mad Dog as their café signature (sausage smothered with sauce in a baguette). Noel Coward coined the phrase when he sung about Mad Dogs and Englishmen going outside in the midday sun in the 1920's, which was a critic on the imperialistic ignorance of Englishmen living

overseas in their colonies. Hollis formerly ran a fine dining restaurant in Pennsylvania and in San Marcos, as well as a few bakeries. She opened the café after a year of planning with her brother, Graham, an attorney in Hillcrest. Her son, nephew and niece have so far pitched in to help serve the food. Business was slow the first week but customers are returning, Hollis said. Hollis eventually plans to apply for a beer license. "The food really lends itself to drinking beer," she said. "The last thing we want is raucous drunk people. We just want to sell our sausages." The coastal walk will feature other eateries stretching from Diamond Street to the Catamaran Hotel and as far East

as Sinbad's Café on Garnet Avenue. The Bahia Belle will ferry guests from the Bahia Hotel across the bay and serve dessert to cement the evening. Other participating restaurants include the Firehouse, Pacific Beach Shore Club, Pacific Beach Alehouse, Yogurtland, 710 Beach Club and Grill and Zanzibar. Proceeds from the evening will benefit Discover PB's cleanup projects as well as the Beach Area Community Court. Tickets cost \$20 and are available online at govavi.com, at Gringo's, 4474 Mission Blvd., and at Discover PB, 1503 Garnet Ave. Tickets can be purchased the day of the event at Gringo's. For more information call (858) 273-3303.

NO BYSTANDER

CONTINUED FROM Page 1

tect intoxicated males as well. But while the local government and agencies attempt to prevent sexual assault, Johnny V manager Emily Chambers has a different piece of advice for patrons. "Take care and responsibility for yourself and don't drink too much because ultimately it's your own responsibility," she said. The two Johnny V workers joined about 25 other staff, servers and bartenders from other local bars and nightclubs for the training on May 20 at PB Bar and Grill. Community leaders decided to start the program because of the high rate of sexual assaults and rape in the Pacific Beach area, Geisler said. One particularly horrifying sexual assault occurred in October 2006, when three men robbed a home on San Fernando Place with semi-automatic weapons and sexually assaulted two female University of San Diego students. The three men were sentenced to life in prison, according to the Union-Tribune. The incident sparked the San Diego City Attorney's Office to develop the No Bystanders program. Since April of 2008, representatives of the Center for Community Solutions and City Attorney's Office have educated college students on the issue. The No Bystander training aims to prevent similar crime as well as acquaintance rape, date rape and other sex crimes. Zimmerman said it's important to report these crimes. "Anytime you have heightened awareness you have to increase reporting," she said. "And it's important to report these crimes not only to catch the suspect but to get the victim the help and to offer them the resources they will need." The next No Bystanders training takes place June 23 at the Catamaran Hotel, 3999 Mission Blvd. The Center For Community Solutions offers a victim's hotline: 4508 Mission Bay Dr., (858) 272-5777.

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Memorial Day wrap-up

Bullets strike car at Belmont Park

BY SEBASTIAN RUIZ | BEACH & BAY PRESS

Aside from a possible gang-related shooting at the Belmont Park parking lot Sunday, where a car was struck several times, police officials reported the Memorial Day weekend passed without a significant incident.

No one was injured in the May 24 shooting. Police are continuing to investigate and search for witnesses, said Lt. Jorge Duran, a gang unit investigator with the San Diego Police Department.

"We are hoping somebody in the community may have seen or heard something," Duran said. "Tying to find folks to cooperate with the gang unit is a challenge."

Beach-area patrols arrested 13 suspected drunken drivers during a DUI checkpoint along Garnet Avenue on Friday, May 22. Other drivers were arrested for driving without licenses and other offenses.

Funding for DUI checkpoints comes from an estimated \$1 million grant from the California Office of Traffic Safety, McCullough said, and pays for overtime.

Police handed out about 122 misdemeanor alcohol citations in Mission, Ocean and Pacific beaches, according to Northern Division Capt. Shelley Zimmerman.

An increase in arrests means police are doing their job, said Police Officer Mark McCullough.

"It's not that there are more drunk drivers, we just have more enforcement," McCullough said. "If we're not seeing an increase in alcohol-related vehicle collisions then we know that we're holding the line."

He said no major collisions were reported.

The second Memorial Day weekend since the start of a beach alcohol ban - a temporary

ban last summer and now a permanent ban approved by voters late last year - lured about 750,000 sandal-clad tourists and families over the three-day weekend.

"Did the alcohol ban play a role? ...Yes, without question that the atmosphere is very relaxing, very welcoming, even though we had 500,000 more people compared to last year," Zimmerman said.

Lifeguards also had their hands full over the holiday weekend. San Diego Lifeguard Lt. Andy Lerum said strong currents and throngs of people made for a lot of rescue activity.

Lifeguards reported 219 water rescues and 229 calls for medical attention over the three-day weekend.

"Overall, it was pretty busy but nothing spectacular," Lerum said. "There were no major incidents to report."

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Residents face water restrictions

BY ADRIANE TILLMAN | BEACH & BAY PRESS

On June 1, the City of San Diego will restrict outdoor water use for residents in response to a 10 percent reduction in water supplies. The city has declared a Level 2 drought alert.

Pacific Beach residents will be restricted to watering their lawns three days a week on certain days for no more than 10 minutes per watering station. Watering will only be permitted from 6 p.m. to 10 a.m.

Public utility representatives

held a meeting in Pacific Beach on May 26 to discuss the restrictions and answer questions from the 40 people who showed up.

Residents posed the following questions:

Why is the city continuing to issue building permits when we are facing a drought? Will the Mission Bay Yacht Club be able to rinse the saltwater off its boats on the weekend when the club is most active? Will drip irrigation systems be subject to the 10-minute watering restrictions? Why does the county not allow residents to use gray water for irrigation? Can I continue to run my ornamental fountain? Will golf courses be forced to comply? If I water on the wrong days, how much will I get fined?

Visit Beach & Bay online to read the answers to these questions and learn more about the water restrictions.

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Beach Area Court marks third year



Pacific Beach resident Patrick Finucane praises the benefits of the community-court to the neighborhood. Finucane has volunteered for the community court for two years.

BY ADRIANE TILLMAN | BEACH & BAY PRESS

The Beach Area Community Court (BACC) has entered its third year of reprimanding small-time offenders who disrupt the peace in Pacific Beach. To commemorate the anniversary, the City Attorney’s Office, along with Pacific Beach representatives, traveled to Crystal Pier on May 19 to speak about the success of the program.

Pacific Beach is the only community in San Diego to host a community court. Deputy City Attorney Angela Geisler said the program would not be possible without the leadership of Discover Pacific Beach, the community Business Improvement District.

“You need a strong community partner like Discover Pacific Beach to really take charge of the program,” Geisler said. “Discover PB gets the volunteers and stays in touch with the residents and the businesses.”

Capt. Shelly Zimmerman for the Northern Division called it “neighborhood policing at its best.”

Patrick Finucane lives in Pacific Beach with his fiancée, dog and cat and has served as a volunteer for the community court for two years. He said he was skeptical at first but believes offenders understand the impact of their actions when they consider it in the larger context.

“The crime may not seem that offensive until you multiply it by the millions of visitors that come to the beach,” Finucane said. “It affects the community experience.”

First-time offenders ticketed for misdemeanors like drinking or smoking on the beach can choose to pay \$40 to go through the community court and the offense will not appear on their record. The community court is an informal process where offenders speak about their offenses and volunteer community members explain the importance of respecting the neighborhood. The offenders then spend an afternoon volunteering in the community. Once volunteers are trained, they can train as much or as little as they wish.

BACC will host its community court tonight, May 28, from 6-8 p.m. at the at the Pacific Beach Recreation Center, 1405 Diamond St. Call (858) 273-3303.

School board approves union agreement

BY SEBASTIAN RUIZ | BEACH & BAY PRESS

Union workers celebrated with a pizza party outside the Eugene Brucker Education Center after San Diego Unified School District’s board of trustees voted to approve the union Project Labor Agreement.

The agreement lays out guidelines for worker benefits and compensation during projects stemming from the \$2.1 billion Proposition S school facilities construction bond approved by voters in November of 2008.

The agreement establishes union apprenticeship programs, encourages local hiring, requires contractors to provide healthcare benefits equal to those provided by unions and requires workers to go through a union hiring process to work on projects.

The agreement also requires employees to pay dues to the San Diego Education Foundation or other established pre-apprenticeship program,

according to the agreement.

Part of the agreement requires placement of union apprentices on projects over nonunion apprentices.

Opponents of the agreement say the requirements will force some employees and apprentices to join unions to compete for job placement, said Eric Christen, director for the Coalition for Fair Employment in Construction.

“That means our nonunion guys are pretty much discriminated against,” he said.

Other groups opposed to the agreement include: the San Diego divisions of the Associated General Contractors, the Associated Builders and Contractors and Western Electrical Contractors Association.

Board trustee John de Beck voted against the agreement because he said it’s not fair to nonunion apprentices.

“It basically means that [non-union] apprentices are at the end of the line,” de Beck said.

But supporters of the agree-

ment said the agreement creates a pathway to a career and job security for many workers.

“Without a PLA you’re just temporary workers,” said 15-year union construction worker William Stedham.

Tom Lemmon, a business manager and a principal advocate for the agreement, said the board’s decision is a huge step forward for San Diego.

“It changes the playing field and shows that workers have a voice,” he said. “It created a pathway to healthcare for all workers under Prop S –and their families.”

The board voted 3-2 to approve the agreement. Board members Katherine Nakamura and de Beck voted against it. Board president Shelia Jackson, John Lee Evans and Richard Barrera voted in favor of the agreement.

The board next meets Tuesday, June 9, at 5 p.m. at the Eugene Brucker Education Center Auditorium, 4100 Normal St.

“San Diego Doctor ‘Spills the Beans’ and Reveals How to... Live Life Without Neck Pain, Back Pain, or Headaches”

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But since these medications weren’t helping any, I decided to give the chiropractor a try. After the first adjustment, I didn’t know whether to thank my friend for recommending me to the chiropractor, or scolding him for not telling me sooner!

I was worried that the chiropractic adjustment would hurt, or that it wouldn’t work. Well, I was *wrong* on both counts. Not only did the adjustment not hurt, it actually made me feel a lot better. And as for my fear that the chiropractic adjustment wouldn’t be effective, well it worked so well that I decided to become a chiropractor myself!

This was then, now I help people live life free from back and neck pain, just like I was helped. I also help people who suffer from headaches, carpal tunnel, numbness in the shoulders and legs, and people who have been involved in sports injuries and car accidents.

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Signed,

Ligaya A. RN, San Diego, CA.



Dr. Wong (right) takes some time from his busy schedule to talk with Registered Nurse and former migraine headache sufferer, Ligaya A. She is one of many patients who’s life has changed since she has been seeing Dr. Wong.

(STAFF PHOTO)

And just like I helped those people described, I also want to help you. So if you suffer from neck or back pain, headaches, carpal tunnel, numbness, or have been involved in a sports injury or car accident, give our office a call at (619) 222-8885.

* UNSOLICITED TESTIMONIAL *



When I first came to Dr. Wong, I was in constant pain and could barely walk up the steps to his office. Now, after being under his care, exercise to strengthen my back and body, I can honestly say that I am pain free! I am no longer taking any pain medication. My bowling game is better and I am now walking about 3 miles a day. I am back to enjoying life as I did before my back problems.

Signed,

Larry D, San Diego, CA

In fact, if you call our office by June 15th 2009, I will provide you with a full exam for only \$47. And when I say complete, I mean complete! I’ll see what’s wrong with you, take any x-rays that might be needed, go through your exam with you, and provide you with a detailed report on what is the cause of the problem, and what is the solution. Other chiropractors charge as much as \$270 for the same exact exam that I am offering you for only \$47.

And don’t worry, you won’t be obligated for any further care. The only thing that I’ll do is find out what is causing your problem, and what you can do about it. If you decide to stick with me with further care, I’ll let you know about how long it will take to correct the problem, and how much it will end up costing.

Also, I accept most insurance plans. But even if you don’t have insurance, that’s okay. I keep my fees low enough that it won’t be a financial hardship. I’m not just trying to lure you in with a \$47 initial visit, and then hit you up with ridiculous fees – I want to be able to help you with your health problem.

When you call, I will have my staff will do everything possible to get you in the same day even if they have to work you in during a busy time.

We pride ourselves in being San Diego’s premiere “no waiting” office – Our office caters to everyone from busy professionals to the “soccer mom” with 3 kids. Our office is conveniently located next to 24 Hour Fitness and Sport Chalet on Midway Drive next to the Sports Arena.


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Your Friend,

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P.S. When accompanied by the first, we’re also offering the second family member this same examination for only \$27 – What a great offer!

P.P.S. Don’t forget, this offer ends at noon on 06-15-2009 so call right now!



Small
World

Eve Anderson

Life Story/Short Version...When I heard my old high school class was going to have its first reunion, I got excited and saved the date: Saturday, April 18.

Since we go back to Philadelphia in the spring anyway to see my now 98-year-old mother, Germantown High's reunion would be the high point of our visit.

Then I read the fine print: "Please tell us about your life, career, family, accomplishments, hobbies...and limit your paragraph to about 100 words." Um, 50 years in 100 words—thanks! It took me a full month to figure that one out.

What took so long...So why 50 years to get together again? Well, it was an unusual school with no major leaders. We had the typical jocks and student government types, cheerleaders, the drama kids, yearbook group and art students. The school was about one-third black and evenly divided between religions and ethnic backgrounds.

Interestingly, few of us were rich or poor, just basic middle with working-class parents. And amazingly, for 1959, we had no racial problems. We really DID all get along.

What affected Germantown the most, however, was nearby Central High for boys, which drew the brightest guys city-wide. Consequently, advanced (honors) classes had more girls; many became our class leaders. We were fortunate to have top notch teachers encouraging them.

Many of those girls later moved away, leaving no apparent reunion-minded graduates. In fact, the main organizers of our event lived in Vermont, Virginia, Florida and New Jersey.

Party Time! ...We arrived in Philly in nasty, cold, pouring-down rain. Thursday was warmer, and by Saturday we arrived at Whitemarsh Country Club in brilliant 83 degree sunshine.

We had our photos taken near the double curving stairway straight out of "Gone with the Wind." No dress code meant we wore everything from dressy business attire to fancier duds. And, unlike stories I've heard of early reunions, no one dressed to impress with eye-popping cleavage or over-the-top jewelry.

At 67, we were just glad to see each other. One friend became a lawyer, another ran an adoption agency for orphans of war-torn countries and another designs stained glass. We were, overall, a good-looking, vigorous group.

The buffet was terrific. Afterward, our table had fun remembering Philly's doo-wop singing groups and radio's "Georgie Woods, the guy with the goods." Later we danced—some couples, but lots of us just got up and all danced together.

It was wonderful. Here's to our 60th!

LETTERS TO THE EDITOR

Just the facts, ma'am:
Chapter two

This letter is my response to Mrs. Zimmermann's letter to my letter. Your letter to my letter asked some questions that I wish to answer.

Question: "Could it be that he is gearing up as part of a well-known, organized pro-gun lobby to urge the school board to make permanent its waffle on guns and just leave JROTC riflery at school sites after all?" Answer: No.

Mrs. Zimmerman also feels that I'm "touting" firearms marksmanship as an Olympic sport, less dangerous than football and with a safe school record. It is true firearms marksmanship is an Olympic sport. And due to its safe school record, the fact that it is less dangerous than football IS THE REASON I'M TOUTING IT! The answer is yes.

Mrs. Zimmerman also infers an ulterior motive because my letter appeared within one week of the ten-year anniversary of the Columbine High School tragedy.

Mrs. Zimmerman feels "guns of any kind and for any purpose do not belong on high school campuses."

I disagree. A school is a place of learning and discipline. It is supervised and conducted by professionals. "Drug education" is not taught at the pharmacy counter of Longs. It is conducted by experts that have pledged their lives to teaching. There is no better place to learn whether the subject at hand is learning to factor algebra equations, modern European history or the demands of firearms marksmanship.

Editor's note: Mrs. Zimmerman's letter appeared in the April 30 issue of the La Jolla Village News.

Edward Rosemann
Pacific Beach

WHAT WOULD MAKE THE PRESIDENT RETHINK CLOSING GUANTANAMO?



Market forces should drive water rationing

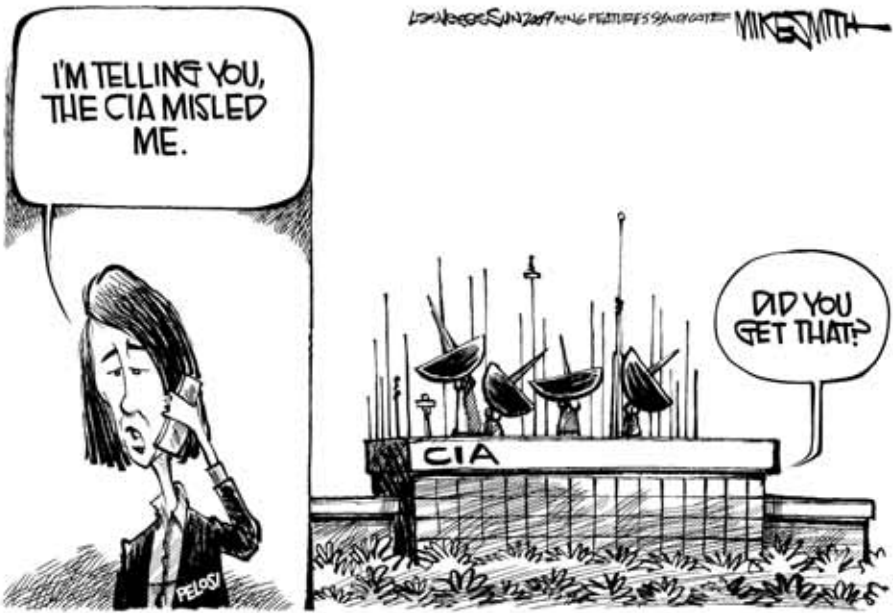
So the city water reduction plan will feature prescribed watering days, penalties, fines and other micromanagement measures and require hiring ten new code compliance people, soon to be dubbed the "water police," no doubt. They will follow up on alleged violations and respond to complaints by neighbors snitching on each other. If you wonder why government at every level seems to grow inexorably, it's stuff like this that drives it.

Recently, a UCSD economics professor described in the Union-Tribune a sensible water usage reduction plan, relying on market forces. It featured steeply incremental cost increases for each additional unit, say, each 200 cubic feet of water used, and proposed sharp reductions in the fixed portion of the water bill, which currently averages about two thirds of total costs. Thus, the user could see clearly how each additional unit used raised

his costs and he or she would be highly motivated to cut usage. Unless you don't think price affects behavior, this is guaranteed to reduce usage substantially.

When I mentioned it to my local council member's office, it was explained to me that it's not that simple. There are apparently state laws restricting how much extra you can charge for added increments of usage, and the city claims to be stuck with the proposed plan, devised, of course, by the Water Department bureaucracy, until they can work out something simpler. By the time they figure that out, we'll have ten new employees full of entitlements making it difficult, if not impossible, to get rid of them. Still, it's good to know that at least someone is hiring during this recession! Ready for additional cuts in library hours?

Bill Bradshaw
Pacific Beach



poll

NEW QUESTION:
Do you support the city's water restrictions?

Go online to read more about the city's water restrictions. Pacific Beach residents air their questions to a city spokesperson with plenty of answers.

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OPINIONS Signed letters to the editor are encouraged. All letters must include a phone number for verification. The editor may edit letters for clarity and accuracy. Letters should be 350 words or less. Views expressed are not necessarily the views of this newspaper or staff.

SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The editor reserves the right to edit for clarity.

DEADLINES All content must be received by 5 p.m. on the Thursday prior to publication.

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Drug deal led to Ingraham carjacking

BY NEAL PUTNAM | BEACH & BAY PRESS

Five men will go to trial for kidnapping and carjacking a couple in a BMW on Feb. 2 on Ingraham Street that court testimony shows was related to the disappearance of \$80,000 worth of marijuana.

Following a preliminary hearing that lasted almost three days, the couple testified that they were about to enter a restaurant on Ingraham Street when three men ordered them back into their car at gunpoint.

Owner of the BMW, Joshua Castrillon, 35, admitted to San Diego Superior Court Judge Stephanie Sontag that he was “the middle-man” in the smuggling of 600 pounds of marijuana from Mexico. The marijuana disappeared from a storage site in Mexico and the men in the carjacking wanted their money.

His girlfriend Silvia Arellano, 29, testified she knew nothing about the marijuana smuggling and that Castrillon no longer lives with her in Chula Vista.

Arellano and Castrillon had lived together for five years, but Arellano said she did not know that he was involved with drugs.

On cross-examination, Arellano said she is not related to Felix Arellano, an infamous man associated with drug smuggling and murder in Mexico.

Castrillon testified he saw three

guys coming out of a Lincoln Navigator dressed in black, hooded sweatshirts and wearing gloves. Castrillon said he had never seen the men before and initially did not think it was related to the missing marijuana.

According to Castrillon, one of the carjackers said to him: “You know what this is about. You stole. We know where your kids go to school. We just want to know where the stuff is.”

The couple was ordered back into the car, and suspect Gustavo Martinez, Jr., 21, drove the BMW away. Martinez committed traffic violations and a San Diego police car and helicopter began to chase the BMW. Two guns were thrown out the window during the chase. The BMW finally pulled over on a center shoulder median near Hotel Circle Drive, and the men ran out and hid in the bushes. Police arrested Martinez, Arturo Galarza, 39, and Raymundo Quezada, 24, all from Los Angeles. Police later arrested two other men. Castrillon testified Daniel Jasso, 32, was “mad and disappointed” about the missing marijuana. Rafael Ortiz, 23, was also named as a participant.

Castrillon testified he did not tell police about the drug debt but admitted to it once police learned about it.

“I thought I could fix the problem and the police didn’t need to know,” he said. Castrillon said he

“tried to sell a couple of houses in Mexico” to come up with the money for the missing marijuana.

Castrillon said the marijuana disappeared about two weeks before the carjacking. He said he never told his girlfriend about the drugs and never stored them in

their house.

Deputy District Attorney Mark Amador said all five suspects face life sentences in prison if convicted of kidnapping during a carjacking. They are also accused of assaulting Arellano with a stun gun. The gun failed, however, and she was not injured.

Martinez and Quezada are charged with personal possession of a gun during the kidnapping

which carries an extra 10-year term. They are also charged with evading police with reckless driving. Quezada is charged with possession of a firearm by a felon and carrying a concealed firearm in a vehicle.

The suspects pleaded not guilty. They are being held in separate county jails on \$500,000 bail each.

County may issue marijuana IDs

BY SEBASTIAN RUIZ | BEACH & BAY PRESS

On the heels of the U.S. Supreme Court’s refusal to hear San Diego County’s challenge to California’s medical marijuana laws, the County of San Diego should eventually start handing out medical marijuana identification cards.

“The county Department of Health and Human Services agency is going to recommend that the board issue the cards,” said Tom Bunton, a senior deputy counsel for the county.

The County Board of Supervisors could hear the issue in June or sooner, Bunton said. The state law allows for a cost recovery fee on the cards, but the county “can’t make a profit,” he said.

Santa Barbara County’s Public Health Department charges between \$80 and \$161 per card.

District 1 County Supervisor Greg Cox issued a statement through his communications office via email:

“It is such a confusing situation for patients and for law enforcement and I would have preferred to have a ruling one way or the other by the supreme court, but the county will certainly abide by the decision of the courts that have ruled. I personally supported issuing cards for medical marijuana patients in the first place, but the votes on the board were not there,” Cox stated.

The Supreme Court decision was announced a week after a medical marijuana dispensary opened May 11 at 929 Turquoise St. in north Pacific Beach.

The store is protected under the state’s Compassionate Use Act of 1996. The act legalized medical marijuana for seriously ill persons with a recommendation from their doctor.

In 2004, Senate 420, the Medical Marijuana Program Act, set up a voluntary registration and card identification system.

Two years later, San Diego Coun-

ty and local authorities shut down approximately eight beach-area dispensaries under federal law prohibiting the possession of marijuana. The county filed a suit against the state asking whether state or federal law prevails on the issue.

The case was appealed and challenge all the way up to the US Supreme Court when the court refused to hear the case.

Meanwhile, a movement to legalize and tax the substance is underway.

Assembly member Tom Ammiano (D- San Francisco) introduced Assembly Bill 390 in February. The proposal would regulate and tax the plant similar to beer and liquor. The legislation would generate about \$1.3 billion in revenue, according to Ammiano’s website.

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New restaurant _____

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Sunday Brunch _____

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Restaurant with Wine selection _____

Beer Selection _____

Sports Bar _____

Place to People Watch _____

Pet Friendly Restaurant _____

Best Place to Dance _____

Live music _____

Happy Hour _____

Best Comfort Food _____

Late Night Eatery _____

Place to go on a Budget _____

Place for a Birthday Party _____

Most Romantic _____

Best Ocean View _____

Appetizer _____

Burrito _____

Burger _____

Fish Taco _____

Desserts _____

Margarita _____

Martini _____

Specialty/Trademark Drink _____

Pizza _____

Salad bar _____

Sandwich _____

Steak _____

Sushi _____

Seafood _____

American _____

BBQ _____

Vietnamese _____

Thai _____

Chinese Restaurant _____

French _____

Greek _____

Irish _____

Italian _____

Mexican Restaurant _____

Bakery _____

Bar _____

Cafe _____

Catering _____

Coffee shop _____

Juice Bar _____

Donut Shop _____

Bagel Shop _____

Deli _____

Ice cream / frozen yogurt _____

Vegetarian/Vegan _____

Patio dinning _____

Early Bird Special _____

Bartender _____

RETAIL

Antiques _____

Art gallery _____

Bookstore _____

Chiropractor _____

Furniture store _____

Place with unusual gifts _____

Auto repair _____

Bank _____

Hotel _____

Children’s apparel _____

Men’s apparel _____

Women’s apparel _____

Best place to buy jeans _____

Eye wear _____

Swimsuits _____

Jewelry store _____

Shoe store _____

Dry cleaners _____

Florist _____

Grocery store _____

Travel agency _____

Pet hospital /Vet _____

Hair salon _____

Day spa _____

Health club _____

Yoga facility _____

Senior living facility _____

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Nails _____

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 4656 Mission Blvd. P.B. 858-274-2473	Nightly Specials: 1/2 Price Wings \$1.50 House Sliders!	HAPPY HOUR ALL DAY!	1/2 OFF HUMP DAY: 1/2 price Wings and Apps!	5:30-Close \$8 Bud Light & Bud Light Pitchers!	Nightly Specials: \$4 Han Vodka & Red Bull 6pm - Close!	College Football \$3 So Ju Margarita's ALL DAY!	Nightly Specials: 5:30- Close 1/2 price wings \$8 Bud/Bud Light pitchers
 722 Grand Avenue 858-274-3100	Nightly Specials: Mandatory Mondays + open Wii play \$3 beers & 1/2 off specialty drinks 9 - CL	Nightly Specials: 50 cent ribs. beer & a shot \$6	Nightly Specials: Top Chef/Project Runway in high def. 1/2 off bottles of wine ALL NIGHT	Nightly Specials: \$3 Thursdays\$3 wells, drafts and bottled beers	Nightly Specials: \$3 Firehouse drafts ALL NIGHT	Every Saturday DJs all night	Every Sunday Daytime DJs
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 5019 Cass Street P.B. 858-273-0501	\$5 Lunch Specials, Mon-Fri 11am-3pm Mon-Fri Beer Clock Starts 11am @ \$1.75 until 3pm @ \$2.75, also Happy Hour 3–6pm. * \$5.99 Recession specials dine-in only.						
	Daily Specials: \$5.99 Recession Special 4-10pm* Homemade Meatloaf, Mashed Potatoes, Green Beans	Daily Special: \$5.99 Special 4-10pm* 2 Fish Tacos with Salsa & Chips	Daily Specials: \$5.99 Recession Special 4-10pm* Italian Night & Garlic Bread BYO Wine, No corkage fee	Daily Specials: \$5.99 Recession Special 4-10pm* Chicken Kabobs on bed of rice	Daily Specials: Mon-Fri 11am-3pm \$5 lunches, PBR Pitchers \$6.50 50 cent Pool 7-days-a-week	Serving Breakfast 9am-1pm 8 Flat Screens. Mimosas Lunch & Dinner & Beer Specials Grill Open Until 10pm	Serving Breakfast 9am-1pm 8 Flat Screens. Mimosas Lunch+Dinner+Beer Specials Grill Open Until 10pm
 809 Thomas 858-270-1730	Nightly Specials: Happy Hour 4pm –Close	Nightly Specials: \$2 Tacos and \$5 Tequila Happy Hour 4pm –7pm	Nightly Specials: \$5 Whiskey Drinks Happy Hour 4pm –7pm	Nightly Specials: \$6 Burger and a Beer Happy Hour 4pm –7pm	Nightly Specials: 25% off bottles of wine	Every Saturday \$9 Coors Light Pitchers and \$2 Mimosas Happy Hour 4pm –7pm	Every Sunday \$9 Coors Light Pitchers and \$2 MimosasHappy Hour 4pm –7pm
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Flaming acrobats ignite boardwalk

BY SEBASTIAN RUIZ | BEACH & BAY PRESS

A hot show has erupted on the cool shores of Pacific Beach. The Fire Lane is a team of acrobatic, fire-breathing beach performers that light up the beach most Thursdays through Sundays after sunset before a captivated audience outside World Famous restaurant at the foot of Pacific Beach Drive.

During the show, Jonathan Nowaczyk somersaults over a torch held by a volunteer in the audience. Fire breather Keane Carlson wields flaming tethered balls of fire called poi.

Poi is the traditional Maori practice of twirling a ball at the end of a cord. Carlson lights the balls on fire and twirls them around both his partners and their bodies. He calls it an amazing “visual visceral” effect. Guys like Carlson are known as “burners,” he said.

Their guerilla acrobat and fire show will soon be moving to SeaPort Village and Mission Beach, Nawaczyk said.

“We’re not really supposed to be there but we still get support from everybody, even police,” he said.

The two performers, both 22, have teamed up over the last few months to wow crowds in Pacific Beach with daring acts of fire and less-refined acts of humor.

And their stunts truly are dangerous.



Keane Carlson breathes fire over Jonathan Nowaczyk as he balances a torch on his face. The duo perform most Thursdays through Sundays after sunset outside World Famous restaurant. ROMAN GRAY | BEACH & BAY PRESS

One of Carlson’s fire-breathing stunts backfired into his face and nearly burned his beard.

The two own separate private companies.

When not performing, Nowaczyk teaches his acrobatic skills through his company, Planet Jemini, in cooperation with the Sophia Isadora Academy of Circus Arts.

The fire-wielding Carlson works at his family’s business in industrial refrigeration.

The irony of a burner working in refrigeration is not lost on him.

“In a way I’ve always been rebelling against the family busi-

ness,” Carlson said. Carlson is a certified hypnotist and also works to make a living teaching stunts through his one-man performance company called Spyre.

The performers are part of a larger circus and performing arts community that has sprang up in San Diego over the last several years.

The Sophia Isadora Academy of Circus Arts in North Park is one of a handful of circus schools in San Diego, said co-owner Cheryl Lindley. Lindley, 50, named the school

SEE FIRE, Page 11

PB man acquitted after fatal fight

BY NEAL PUTNAM | BEACH & BAY PRESS

A former Pacific Beach man was acquitted May 20 of involuntary manslaughter and assault in the death of a man who was punched in the head and died five days later.

This was the second acquittal for Sam Bonsu, 36, who was found not guilty last October of murder and voluntary manslaughter in the 2008 death of Nathaniel Ward, 25, who also lived in Pacific Beach. The October jury deadlocked on involuntary manslaughter and assault charges.

According to testimony, Ward and others had been drinking at several

Pacific Beach bars and took a taxi to the apartment of Colin Costanzo on May 24, 2008.

Costanzo lived on Bond Street in Pacific Beach, as did Bonsu.

Bonsu testified he was driving around 2 a.m. and the taxi nearly struck his vehicle. Bonsu claimed several people in the taxi yelled at him and someone made a lewd gesture.

Bonsu followed the taxi and parked across the street as the men got out of the cab. Costanzo and others testified Bonsu punched him and Ward and then quickly left. Ward was hit in the temple and collapsed. The taxi driver drove away, and police and investigators were never able to find him or determine the company he worked for.

Ward was taken to a hospital, examined and released. Ward later fell unconscious and went into a coma. He died May 29, 2008 from severe brain injuries that were not diagnosed when he was first hospitalized.

Ward’s parents were stunned by the second acquittal. Ward’s mother and friends openly wept upon hearing the verdict. After Bonsu walked out of the courtroom, Carrie Ward called Bonsu the murderer of her son.

“We’re devastated,” Ward said. “It’s a complete nightmare.” Ward described the jury as “gullible and ignorant.” She said that justice had not been done and that Bonsu remains a danger to society.

“He has to answer to God for this. God will do a better job than (a jury),” said Bran Ward, the victim’s father. “Ultimately, he’s going to reap what he sows.”

In both trials, defense attorney Gary Gibson argued that Bonsu acted in self-defense after he encountered Ward and three of his friends.

“Mr. Bonsu...felt he had to defend himself against four drunk guys at two in the morning,” Gibson said.

Deputy District Attorney Corrine Miesfeld said there was no need for Bonsu to claim self-defense. Miesfeld said Bonsu approached the group because he felt “disrespected.”

SEE FIGHT, Page 11



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Prayer garden invites neighbors to rest

BY ADRIANE TILLMAN | BEACH & BAY PRESS

For the past year, Willie Calabrese has spent countless week-ends across the street from his house on Loring Street transform- ing a dirt lot at the Pacific Beach Christian Church into a communi- ty prayer garden.

A junior at La Jolla High School, Calabrese set out to complete his Eagle Scout project that grew into a memorial garden for the entire neighborhood.

“Most people’s Eagle Scout projects are nothing like this,” Calabrese said. “It was like four Eagle Scout projects... I never intended for it to grow into this. It was more than an Eagle Scout project; it was a community project.”

Calabrese said he enjoys looking through his window across the street to the garden and seeing people stopping to sit and rest.

At the dedication service over Memorial Day weekend, Opal Street resident Nathan Lorey, who does not attend the church regu- larly, stood to read a poem inspired by his visits to the garden. He described the garden as a place to meet God and a space that wel- comes characters.

“People have to take that extra step to come into the doors [of the church] but they can come here and meet God on their own terms,” said the church pastor Brian Daly.

The idea for the prayer garden

first began when Pacific Beach Christian Church remodeled and scrapped a small building that left behind a dirt lot. Church member Marjorie Swailes, who has attend- ed the church since the day it opened in 1949, had donated \$10,000 to build a church chapel in honor of her late husband Clif- ford and his parents. When Calabrese approached her about the project, Swailes said she wanted the church to build a prayer gar- den. Her parents-in-law Edgar and Golda Swailes were avid gardeners, she said.

“I felt an obligation to fulfill their expectations,” Calabrese said. “It was beyond my wildest expecta- tions.”

Professionals stepped in to help Calabrese. John Stojic, owner of Classic Craft Construction, volun- teered to teach Calabrese how to use a Bobcat to level the earth. Sto- jic is also an assistant Scoutmaster at Calabrese’s Troop 506, based at the La Jolla Methodist Church. On project day, fellow Boy Scouts helped Calabrese move several palm trees that weighed nearly 1,000 pounds and build a pergola for shade. Calabrese worked with Green Gardens on Cass Street to select drought-tolerant plants and to install drip irrigation. He planted a border of olive trees, rosemary bushes and decorative Forest Pan- sies with crimson, heart-shaped leaves. Focus Lighting sold Cal-

abrese low-voltage lights for nearly half the price to illuminate the gar- den at night. Two trellises mark the entranceway to the garden adorned with stone benches, a bubbling fountain and a watchful cherub. Hummingbirds zip around the garden.

The garden has also become a space for remembrance. A rock river snakes between native gaura plants where the public is invited to inscribe a rock in memory of a loved one (the pen sits in a bucket under the pergola). At the end of the river stands a large acacia tree that Calabrese’s mother, Janice, ordered specially to honor church member George Podhorsky whose late daughter, Hannah, was fatally shot this past February.

Building a garden was far more complex than Calabrese imagined, and he admits he enjoyed driving the Bobcat far more than wading through the planning process.

Calabrese spent approximately \$1,000 securing a city permit since the garden was located in a commercial district in the coastal zone. He recalls humorously when six people from different agencies showed up to inspect his work one day when he was laying the con- crete. His expenses grew beyond his budget and he had to reach out to more donors. Calabrese man- aged to secure an ecological grant from a family that had set up an account at the La Jolla Methodist



ADRIANE TILLMAN | BEACH & BAY PRESS
Eagle Scout Willie Calabrese built a prayer garden for the community. Hannah Podhorsky is remembered on a memorial rock.

Church for conservation projects in honor of their late son. Includ- ing Swailes’ donation, Calabrese had to raise \$22,000 for the pro- ject.

Calabrese wasn’t charging ahead on this project alone, how- ever; his father is a Scoutmaster who helped steer his son through the process, Janice said.

Completing his Eagle Scout pro- ject is just one activity in Calabrese’s busy teenage life, however. He competes on the swim and water polo teams at La Jolla High School. He serves as a deacon and lay leader at his church. He blows glass at Balboa Park in his spare time. While his church dedicated the prayer garden with hymns, thanksgiving and a prayer on the Memorial Day Sunday, Calabrese was elsewhere training to be a life- guard for next summer when he turns 18.



At the dedication, church mem- bers lined up to collect rocks from the river. Small children carefully chose their favorite shaped rocks on which to write the names of their deceased grandparents. Andrea Sanders snapped photos of her rock that she dedicated to her father Bill Newsome, who passed away last year. Newsome and his wife, Marylou, were the first couple to get married in the church, and their daughter, Andrea, was the second baby born into the church family.

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NEWSbriefs

Faulconer's staff agrees to pay cut

District 2 Council Member Kevin Faulconer's staff has agreed to take a six percent pay cut to help close the city's estimated \$60 million budget shortfall for fiscal year 2010. City Council had voted unanimously to slash the salaries of employees belonging to the city's five unions by six percent on April 14.

Faulconer will not take the six percent pay reduction himself because he has already opted out of the city's pension plan, and does not take a car allowance nor mileage reimbursements, according to Faulconer's spokesperson Tony Manolatos.

The city saves \$19,477 yearly by not paying into Faulconer's pension. City council members under 55 must serve four years before they are eligible for a pension and must wait until age 55 to begin collecting their pension.

City Council members that do pay into a pension must contribute eight percent of their \$75,386 salary annually.

The mayor, city council members and the city attorney are the only city employees who are allowed to opt out of the pension plan; the pension is mandatory for the rest of the city employees.

Faulconer stopped accepting the city's \$9,600 annual car allowance in April 2008. Faulconer also does not take mileage reimbursements that would amount to approximately \$150 monthly.

New City Sinfonia performs on bay

The 40-member community chamber orchestra New City Sinfonia will perform its season finale on Sunday, June 7 at 2:00 p.m. at the Church of Mary Magdalene, which overlooks Mission Bay at 1945 Illion St. The First Unitarian Church Choir will also perform. The concert is free.

The concert will feature

Antonin Dvořák's lyrical Symphony No. 8, Johannes Brahms' dramatic "Schicksalslied" (Song of Destiny) and Mozart's Overture to "The Magic Flute," as well as selections for the film score to "Lord of the Rings."

Symphony seeks budding musicians

If you're between the ages of 7 and 25 and are one of the most talented classical musicians in the universe, you just may have a chance to prove a thing or two this summer. But first, you have to make the team – and you're invited to give it a try on June 11, 13 and 14, when the San Diego Youth Symphony (SDYS) is holding auditions for orchestral, wind and small ensemble players.

SDYS programs feature three full symphony orchestras and a chamber orchestra at the advanced level and four large ensembles for students at the

FIGHT

CONTINUED FROM Page 9

Miesfeld noted that Ward was 5'5" tall and weighed 140 pounds whereas Bonsu weighed 220 pounds and was 6 feet tall.

The 10-woman and two-man jury deliberated for three hours before reaching a verdict. The jury

also acquitted Bonsu of assaulting Costanzo. The first jury deliberated for several days and reheard testimony before finding Bonsu not guilty of second-degree murder and voluntary manslaughter.

Bonsu had been free on \$50,000 bond.

Bonsu declined comment afterwards.



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FIRE

CONTINUED FROM Page 9

after her daughter, who died in a car accident while coming home after teaching circus. They carry on the circus performing tradition in her name, she said.

Through teachers like Pietro "Pops" and Joyce Canestrilli, a circus art performing family, the

school offers training in trapeze, acrobatics, juggling and Mongolian contortionism.

"Circus as an art form is marvelous because it's unlike any others," Lindley said. "There's something for every body type and personality."

The school offers a free juggling community event every Friday night. The academy also offers a

summer camp for children.

Nowaczyk is a teacher at the school and a high-level student himself, Lindley said.

While training performance groups throughout the city, Carlson and Nowaczyk say they'll continue entertaining the masses.

They've already ignited the beach communities with their fire-breathing, acrobatic stunts.

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BRIEFS

CONTINUED FROM Page 11

intermediate and introductory levels. Registration packets, which are due June 1, are available at sdys.org; rehearsals will be held every Saturday at 2 p.m. at the SDYS conservatory in Balboa Park.

Founded in 1945, SDYS is the sixth oldest continuously operating youth orchestra in the United States.

The San Diego Youth Symphony and Conservatory is located at 1650 El Prado. For more information, visit sdys.org or call (619) 233-3232, ext. 111.

MB foundation honored for helping brain trauma victims

In 1984, 23-year old Renee Willenberg hung upside down, her car suspended by a guardrail, after a driver ran a stop sign and hit her car near the Coronado bridge. Renee suffered brain damage and doctors told her she would not be able to function. Renee didn't have insurance and her family was faced with a \$25,000 cost to continue her rehabilitation. Friends rallied around her brother, Ray Willenberg, who has lived in South Mission Beach since 1980, and they began playing golf to raise money for Renee's treatment. Renee entered the Sharp Brain Injury Re-Entry Program that helped her regain some of her

function.

Willenberg realized that many other victims of brain trauma faced the same situation: insurance fizzles and the families are unable to pay for further rehabilitation. Willenberg ran with his golfing idea and started the Survivors Rehabilitation Foundation to raise money for those injured like his sister. Along with his daughter-in-law, Willenberg runs the foundation out of a former house in Mission Beach.

Since 1985, the foundation has awarded 130 scholarships and donated more than \$1 million to survivors of traumatic brain injury.

Sharp Healthcare Foundation will honor the Survivors Rehabilitation Foundation at its 2009 Victories of Spirit event that celebrates the power of the human spirit on June 5 at the Hilton San Diego Bayfront.

On June 8, the foundation will hold a golf tournament at the Loma Santa Fe Country Club to raise money for the foundation. The entry fee is \$300 per person, which includes lunch and dinner. For information call (858) 229 2198 or visit www.sdsrf.com.

PB chorus plans cheery concert at USD

The Pacificaires chorus aims to lift spirits during these difficult economic times through American ballads, folk songs, show tunes, spirituals, and patriotic



PB chorus Pacificaires sings in the good times.

rousers that reflect the joys and laments of American life. A staple of Pacific Beach for 17 years, The Pacificaires will leave their beach home base for the first time to perform June 14 at 2 p.m. at The Shiley Theatre at the University of San Diego. The two-hour concert includes classical numbers by Mendelssohn and Brahms. The concert is free and open to the public. The 100-member chorus ranges in age from below 40 years old to over 90 years old and will continue to practice Christ Evangelical Lutheran Church in Pacific Beach on Thursday mornings. For more information email Eunice at eunicemusic@aol.com, or visit <http://sites.google.com/site/achorushlife>.

Board of supervisors seeks new sheriff

The County board of supervisors is seeking candidates interested in replacing Sheriff William Kolender, who plans to retire on July 2 after 14 years of service. The board will appoint an interim county sheriff to carry out the rest of Kolender's term through January of 2011.

Candidates must submit an application from May 13 through June 10 at 5 p.m. in person at the office of the Clerk of the Board, located at the County Administration Building, 1600 Pacific Highway, Room 402.

The County Board of Supervisors is expected to review the qualifications for all applicants at a hearing on June 16 and will select no more than five finalists. On June 23, the board will review and select an interim sheriff. The sheriff oversees 4,000 employees.

Candidates must fulfill specific requirements, including a certain level of experience and education, listed at sdcoun-ty.ca.gov/cob/sheriffvacancy.

Wave House hosts FlowRider classes

The Wave House at Belmont Park will host classes to teach students how to ride the FlowRider – a mechanical wave that combines elements of surfing, snowboarding, wakeboarding and skateboarding. Class will be held every

Friday from 4 p.m. to 5 p.m. at the Wave House, 3146 Mission Blvd. Class costs \$40. For more information visit www.wavehousesandiego.com/flo-w-school

Friends of Rose Creek launches grant challenge

Friends of Rose Creek needs to raise \$10,000 each year for the next three years in order to meet a grant challenge offered by Aaron Contorer and the Contorer Family Foundation to match the fundraising. Friends of Rose Creek are asking individuals to pledge \$10 or \$25 per year for the next three years. Friends of Rose Creek hopes to hire another staff person to further its cleanup efforts along the creek.

Email Eric at savewetlands@cox.net to make the three-year pledge. Visit saverose-creek.org for more information.

PBTC seeks goods and services for benefit

Pacific Beach Town Council (PBTC) is seeking donations of goods and services for its eighth annual Wine Tasting and Silent Auction that benefits the community and youth. The event will be held June 14, from 5 to 7:30 p.m. at Lotsa Pasta Restaurant, 1762 Garnet Ave. For more information call PBTC at (858) 483-6666 or email pbtowncouncil@sbcglobal.net.



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Community
Calendar

May 28

Pacific Beach Town Council holds its Safe & Beautiful Committee meeting, 6:30 p.m., Knox Chapel behind Pacific Beach Presbyterian Church, 1675 Garnet Ave., 483-6666, www.pbtowncouncil.org.

May 30

Yoga 4 The Cure hosts a yoga workshop, proceeds go to San Diego Affiliate of Susan G. Komen for the Cure, 8:30 – 10:30 a.m., Visitor's Center, 2688 East Mission Bay Drive, suggested donation \$20, contact Sara Holiday, info@fitbysara.com or 354-5963.

June 1

Christ Lutheran Church at 4761 Cass St. will hold a spaghetti dinner, 6-7 p.m., and swing dance, 7-9 p.m., with live music by the Rev Vinole Band. The dinner will benefit the Rwandan Orphans Project and To Mexico With Love. \$20 per person. RSVP: 483-2300 ext. 305, clcsd@sbcglobal.net with ROP in subject line.

June 2

Coast of Pacific Beach Restaurant Walk, 5-9 p.m.

June 5

San Diego's Bloodmobile hosts a blood drive, 8:30 a.m. – 2 p.m., Renew Integrative Health Center, 4535 Fanuel St., verify schedule at (800) 479-3902 ext. 0.

June 6

Pacific Beach Woman's Club will host a meet-and-greet potluck at

11:30 am. at Mission Beach Women's Club, 840 Santa Clara Place. For more information, call (619) 838-9299.

June 10

Pacific Beach Town Council holds its monthly Sundowner, 6 p.m., Pacific Terrace Hotel, 610 Diamond St., 483-6666.

June 13

Community Congregational Church of Pacific Beach will hold a yard sale from 7:30 a.m. to 3 p.m. at 2088 Beryl St. Proceeds go to the church.

June 20

Pacific Beach Woman's Club will host a sew-in to make comfort pillows for women with breast cancer, 10 a.m.-2 p.m. at Mission Beach Women's Club, 840 Santa Clara Place. Sewing skills are not required. For more information, call (619) 838-9299.

Community meetings:

Discover Pacific Beach board of directors meets at noon on the first Tuesday of the month, 1503 Garnet Ave. Discover PB committee meetings, 1503 Garnet Ave.: Design and Improvement, second Tuesday of the month, 4 p.m.; Hospitality Task Force, third Wednesday of the month, 1 p.m.; Promotions, second Wednesday of the month, 3 p.m.; PB Special Events Committee, third Tuesday, 6 p.m.

June 10

Mission Beach Town Council, 7 p.m., Belmont Park community room, www.missionbeachtc.org



Howard Schwartz, 76, pedals his canoe home after paddling six hours from the Catamaran Hotel out to the ocean and back. Six days a week, Schwartz wakes up before dawn, dives into his pool to get his blood flowing and bicycles from his home in North Pacific Beach to the Catamaran for his six-hour bay-to-ocean journey. A retired

house painter of 24 years, Schwarz has lived in Pacific Beach for 25 years. Six years ago, Schwartz sold his truck and began transporting his canoe via bicycle. "The gas prices were getting too high," he said.

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The San Diego Association of Governments (SANDAG) is seeking volunteers to serve on the Mid-Coast Corridor Transit Project Working Group. The Mid-Coast Corridor Transit Project is the proposed extension of transit service from the Old Town Transit Center to University City, UTC and UCSD, and downtown San Diego. The Working Group will coordinate with SANDAG during the supplemental environmental review phase of the project with the possibility of continuing through future project development phases. It will serve as a forum for a diverse group of stakeholders to learn about the project and provide input to SANDAG as this important expansion of San Diego's regional transit system is developed.

To apply, please visit the project Web site at www.sandag.org/Midcoast or call Anne Steinberger, SANDAG Marketing Manager, at (619) 699-1937 to obtain an application. Applications will be accepted until June 22, 2009.



MUSICcalendar

By **BART MENDOZA** | BEACH&BAY PRESS

Though not the first lead singer of UK punk legends, The Stranglers, Paul Roberts stayed with the band from 1990 to 2006, yielded six albums and extended their string of Top 40 hits through 2004's "Big Thing Coming."

Known as a manic performer with a commanding stage presence, Roberts is currently in the middle of a low-key acoustic tour. Presenting an aural overview of his career, which also includes time fronting the group Soulsec, this concert is an excellent opportunity to get up close and personal with one of British punk rock's most riveting frontmen.

Paul Roberts: Thursday, May 28, 8:30 p.m., Brick By Brick, 1130 Buenos Avenue; 21 and up, \$8 cover, www.brickbybrick.com

Way Cool Jr. is a tribute to '80's metal that replicates a band that may have been found along Los Angeles' Sunset Strip 25 years ago, including wigs to get the full effect. What sets them apart is their playlist. While including the obvi-

ous Guns & Roses, Bon Jovi and Poison anthems, they also manage to include lesser known but worthy material from the likes of Iron Maiden, Dokken and Firehouse. If you are a fan of hard rock, Way Cool Jr. is the ultimate live jukebox.

Way Cool Jr.: Saturday May 30, 9 p.m., 710 Beach Club, 710 Garnet Ave.; 21 and up, cover TBD, www.waycooljr.net

Sven-Erik Seaholm is a gifted engineer, arranger and tunesmith whose mark can be heard on albums by a diverse group of artists, including Veronica May, The Beat Farmers and Via Satellite. However, it's as a songwriter that he truly shines, penning dozens of classic songs from horn-drenched rockers ("It's Coming Back") to introspective balladry ("Seven"). Though he often performs with his band, the Wild Truth, the best way to experience Seaholm's music is at a solo acoustic gig such as this, where his songs are stripped down to the essence of melody and rhythm.

Sven-Erik Seaholm: Thursday June 4, 9 p.m., Hennessey's, 4605 Mission Blvd.; 21 and up, no cover, www.myspace.com/svenseaholm

A mainstay around Southern


California, jazz guitarist Vic Moraga has begun to make major inroads into San Diego. Moraga's virtuoso playing has won him accolades from his peers. However, it's his versatile songwriting that has made the biggest waves. The winner of a 2008 ASCAP Publishing Award in the jazz category, he also took home a 2006 award for Best Children's song. Moraga also has two albums and several compilation album appearances to his credit. With a voice that recalls a big band crooner and an arsenal of "hook" filled jazz tunes, Moraga's music is the perfect way to enhance your dining experience.

Vic Moraga: Thursday June 4, 6:30 p.m., Turquoise Café Bar Europa, 873 Turquoise St.; 21 and up, www.vicmoraga.com

Although the band Stranger is classified as a reggae combo, their sound is more expansive than that. Infused with hip-hop, jazz and even electronica, Stranger's sound is both exhilarating and a dance floor filler. The Chula Vista-based, seven-piece band will celebrate the release of its new, self-titled EP with a performance at Cane's. The setting for the show is an excellent match of venue and music. With doors that open right onto the waves of Mission Beach and Stranger's refreshing take on island sounds, this concert at Cane's may be just about the perfect way to spend a summer night.

Stranger, Friday, June 5, 9 p.m., Cane's Bar & Grill, 3105 Ocean Front Walk; 21 and up, \$12 cover, www.myspace.com/strangerband

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Campland dog park opens

BY ADRIANE TILLMAN | BEACH&BAY PRESS

Dogs will now have a place to run free at Campland on the Bay since the campsite gated a wooded area and turned it into an official dog park complete with doggie bags. The public can have access to the dog park, along with all the other campsite amenities, for a \$10 per person fee. On July 9, Campland on the Bay will also open a small skateboard park.

"This is an opportunity for them to have their own little place," said Sally Romoser, spokesperson for the campsite. "We have a lot of campers who bring their pets."

between 10 a.m. and 12 p.m.

"You can walk down the Coronado boardwalk and view the last mile of the race to the finish line at Tidelands Park," Erickson said.

Activities and a barbeque will follow the race at Tidelands Park. An awards presentation, silent auction, raffle prizes, vendors and Hawaiian dancers and drummers will finish the event.

Registration for the event is \$45 until June 1 and \$60 from June 2-6. Forms can be found on the YMCA's website, www.peninsula.ymca.org. For more information on the regatta, call the YMCA at (619) 226-8888.

Dogs will now have a place to run at Campland on the Bay. Visitors are welcomed but must pay the \$10 day use fee.

Answers on Page 19



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MARATHON

CONTINUED FROM Page 1

pate in the event,” Logan said. “It will hopefully open the door to making them want to run a marathon one day.”

But the Rock ‘n’ Roll Marathon is not all about the running. A total of 42 bands will set up at stages along each mile of the course for runners and spectators to enjoy. Forty high school cheer squads will also urge on the runners, competing with each other in the “Spirit of the Course” contest.

“Pacific Beach and Mission Bay are the best spectator spots because the neighborhood has taken ownership over the past few years,” Logan said. “The residents come out and have their own block party.”

Traffic will also snarl across town and participants should plan an extra one to two hours for travel and expect delays similar to Super Bowl Sunday.

The race takes off at 6:30 a.m. at Sixth Avenue and Palm Street in Balboa Park and finishes at the Marine Corps Recruit Depot in Point Loma. The 15 to 20 elite runners will roll in within two hours, followed by the front of the pack an hour later. A concert will end the celebration at 1:15 p.m. at the Marine Depot. Bedford Grove will open the concert followed by ‘80s fusion band English Beat. The show is free and open to the public.

“Hopefully we can keep the adrenaline going and celebrate



More than 150 Elvi will run the Rock ‘n’ Roll Marathon on May 31.

their success,” Logan said.

Those in attendance on race day need not pinch themselves if they see the king of rock and roll jog by – it is just one of the 150 Running Elvi that will take to the course on Sunday. Last year, 157 Elvis-clad runners participated in the marathon.

Diego Villamizar of La Jolla began running four years ago to lose weight. He’s finished two Rock ‘n’ Roll marathons and two half-ironmans (a 1.2-mile swim, a 56-mile bike ride and a 13.1-mile). He’s also lost 24 pounds. Villamizar was selected to compete in the Foot Locker Challenge that pairs 13 runners who clock a 8.30 minutes mile to run together for

the first 13 miles and then break away to compete for a Tiffany trophy and a two-night stay at a local hotel.

Runners have also raised approximately \$8.2 million this year for the Leukemia & Lymphoma Society’s Team In Training program. In the past 12 years, the race has garnered approximately \$142.8 million for cancer research.

The weekend’s festivities start with the health and fitness expo on Friday from 11 a.m. to 7 p.m. and Saturday from 9 a.m. to 5 p.m. at the San Diego Convention Center. The expo features more than 100 exhibits, discounts on fitness apparel and accessories, the marathon’s official merchandise store, and keynote speakers Ryan Hall and Gabrielle Reece.

Those interested in being a part the race without having to break out their running shoes can register to be a volunteer on the marathon’s website at www.rnrmarathon.com. Individual volunteers can help out at the expo and the start and finish lines, and groups of 10 or more can sign up to hand out water at various water stations along the course.

“If people want to get involved without running, they can volunteer, or simply get out on the street and give high fives and make their own signs and cheer on the runners,” Logan said.

The marathon route will close multiple roads throughout the area. Highway 163 is the only major highway that will be closed on race day. The Southbound 163

will be closed between Interstate 805 and downtown from 2 a.m. to 12 p.m. Sunday.

Interstate 5 between Sea World Drive and downtown and Interstate 8 between Friars Road and Interstate 5 will also be impacted by the marathon. Residents are encouraged to plan ahead and avoid these areas during the race

in order to avoid delays. For a list of all affected roads and other road and freeway ramp closures due to the marathon, visit www.rnrmarathon.com/course_info/road_closures.html.

Band hotspots around Mission Bay

Spectators can enjoy live entertainment from 7:40 a.m. to 12:30 p.m. at the following locations: stage 17, Mission Bay Park Visitors Center; stage 18, Mission Bay High School; stage 19, Vacation Road and Ingraham Street; and stage 20, Perez Cove at Mission Bay. Bands performing at these sites include J. Dean, True Rhythm & Soul, Moxy Bullets, Goodbye Gadget, Neverwonder, Plane Without a Pilot, Strive Roots and Zen Robbi.

Street closures

N. Mission Bay Drive from Clairemont Drive to Grand Avenue Northbound from 5:30 a.m. 12:15 p.m.; peak race flow: 9:30 a.m. - 11:15 a.m.

Quincy Street from Grand Avenue to Thomas Street from 5:30 a.m. to 12:30 p.m.; peak flow: 9:45 a.m. – noon.

Thomas Street from Quincy Street to Ladd Street from 5:30 a.m. to 12:30 p.m.; peak flow: 9:45 a.m. – noon.

Ladd Street from Thomas Street to Oliver Street from 5:30 a.m. to 12:30 p.m.; peak flow: 9:45 a.m. – noon

Oliver Street from Ladd Street to Olney Street from 5:30 a.m. to 12:30 p.m.; peak flow: 9:45 a.m. - noon.

Olney Street from Oliver Street to Pacific Beach Drive from 5:30 a.m. to 12:30 p.m.; peak flow: 10 a.m. - 12:15 p.m.

Pacific Beach Drive from Olney Street to Crown Point Drive from 5:30 a.m. to 12:30 p.m.; peak flow: 10 a.m. - 12:15 p.m.

Crown Point Drive from Ingraham Street to Pacific Beach Drive Northbound from 5:30 a.m. to 12:45 p.m.; peak flow: 10:15 a.m. - 12:30 p.m.

Frontage Road from Ingraham Street to Friars Road from 5:30 a.m. to 2 p.m.; peak flow: 11 a.m. - 1:15 p.m.

Pacific Highway from SeaWorld Drive to Taylor Street from 5:30 a.m. to 2:45 p.m.; peak flow: 11:30 a.m. - 1:45 p.m.



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Sat 1-4pm	100 Coast Blvd. #305	2BR/2BA	\$1,050,000	The Reed Team • 858-456-1240
Sat 1-4pm	292 Bonair St.	3BR/2.5BA	\$1,200,000-\$1,350,000	Jim Mc Inerney • 858-459-4080
Sat 1-4pm	7451 & 7453 Girard Ave.	2BR/2BA	\$1,295,000	Ben Kashefi • 858-353-2636
Sat 1-4pm	1327 Torrey Pines Rd.	3+BR/2.5BA	\$1,345,000	Jim Mc Inerney • 858-459-4080
Sat 1-4pm	7337 Olivetas Ave.	4BR/3BA	\$2,695,000	Maxine & Marti Gellens • 858-551-6630
Sat 1-4pm	331 Playa del Norte	5BR/5BA	\$2,950,000	Maxine & Marti Gellens • 858-551-6630
Sat 1-4pm	7248 Encelia Dr.	4BR/4.5BA	\$3,800,000	Dana Horne • 858-945-3004
Sat 1-4pm	1919 Spindrift	3BR/2.5BA	\$3,995,000	Brant Westfall • 858-922-8610
Sat 1-5pm	7666 Hillside	6BR/5BA	\$4,490,000	Meg Lebastchi • 858-336-0936
Sat 1-4pm	6015 Camino de la Costa	5BR/6BA	\$4,600,000	Eric Eaton • 858-349-7566
Sat 1-5pm	2610 Inyaha	5BR/6BA	\$5,350,000	Meg Lebastchi • 858-336-0936
Sat 1-4pm	6505 Muirlands Dr.	5BR/5.5BA	\$5,495,000	Greg Noonan • 858-551-3302
Sat 1-5pm	1590 Coast Walk	6BR/8BA	\$8,500,000	Meg Lebastchi • 858-336-0936
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Sun 11am-4pm	639 Silvergate Ave.	4BR/2BA	\$1,375,000	Robert Realty • 619-852-8827
Sun 1-4pm	530 San Fernando	4BR/4.5BA	\$1,595,000	Cher Conner • 858-361-8714
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