

Listen to us!

Parking for the new condo complex on Mission Boulevard is not okay, says PB planning group. 5

Weekend Surf Report

SATURDAY			
Hi: 12:17 a.m.	Low: 5:02 a.m.	Surf: 5-6 ft.	Wind: 6-9 mph
noon	6:52 p.m.		
SUNDAY			
Hi: 1:15 a.m.	Low: 5:12 a.m.	Waves: 5-6 ft.	Wind: 4-7 mph
noon	7:55 p.m.		

Thursday, March 19, 2009



Roosting around Mission Bay

Birders capture the lilac-crowned parrot on lens. see photo 5



www.beachandbaypress.com



Shamrock shenanigans

Three Pacific Beach locals celebrate beer, the color green and Ireland at Hennessey’s Tavern on Mission Boulevard on St. Patrick’s Day. Nearly 1,000 people crowded into the Irish-themed tavern. Ireland’s patron saint, St. Patrick, is celebrated for the era’s most sweeping conversion of pagans to Christianity. He drove “the snakes” out of Ireland. Historians

say St. Patrick, whose real name was Maewyn Succat, was likely born in Wales or Scotland. St. Patrick’s Day follows on the heels of Ostara, the pagan feast that ushers in the spring equinox. Around green beer, under green wigs and with loose tongues, there was probably little talk about the acclaimed saint on his most famous day.

Gun lobbyists carry liberties down boardwalk

BY ADRIANE TILLMAN | BEACH & BAY PRESS

Nathan W. and 40 other gun-rights demonstrators secured unloaded, semi-automatic guns to their hips and headed to Pacific Beach boardwalk to demonstrate their constitutional right to bear arms.

They were an informal group of men and women who organized the demonstration, the third in San Diego, through Internet forums including Nathan W.’s Open Carry blog, caopencarry.blogspot.com, and Calguns.net. Nathan W., who said he did not want his full name printed to protect himself from police retaliation, said the group chose the area because his brother had previously been arrested for carrying an unloaded gun and then released.

The sight of people strolling down the boardwalk with handguns hanging on their waists intimidated and shocked hundreds of beachgoers, who expressed their dismay to Police Capt. Shelley Zimmerman.

“People were angry and upset,” Zimmerman said. “There was a lot of people asking [me] ‘What’s going on? There are kids around. This is a family environment. Why are you not arresting anyone?’”

Zimmerman said approximately 300 people approached her personally to express concern. They pointed to city signs that prohibit dogs, alcohol and cigarettes on the beach and couldn’t understand why guns would be allowed, Zimmerman said. Some people made eye contact with the police captain and then pointed to the people carrying handguns.

Zimmerman said police officers were present the entire day from 8 a.m. until 6 p.m. while the armed demonstra-

SEE OPEN CARRY, Page 4

Coastal water testing fizzles out

BY ADRIANE TILLMAN | BEACH & BAY PRESS

Surfers and swimmers will now enter the water at their own risk since the state cut funding to the county’s decade-old water monitoring program to test bacteria levels in coastal waters.

State officials say the state can’t sell bonds in this economic climate for the coastal water monitoring, and County Supervisor Pam Slater-Price said the county is not about to pick up the slack.

Slater-Price said the county cannot withdraw money from its general fund - which is \$3.58 billion for fiscal year 2009-10 - to pay for the water monitoring. Moreover, she said the board doesn’t want to set a precedent of paying for the program that might encourage the state to permanently drop the program in the county’s lap.

“It’s an abberation of duty on the part of the state to let the program

go,” Slater-Price said. “It’s so inexpensive and yet it does so good. The state let it lapse because they can’t get their act together.”

Slater-Price said the Board of Supervisors is meeting with other counties, as well as environmental groups, to discuss the dilemma.

Supervisor Greg Cox said the Board of Supervisors is “continuing to search for a short term, and permanent, long-term funding source for beach water testing in San Diego.”

Cox traveled to Sacramento in mid-March to urge the State Water Resources Control Board to provide interim funding for the program.

Last September, Governor Arnold Schwarzenegger cut \$984,000 from the statewide beach water monitoring program, and San Diego County lost \$302,000.

A month later, the State’s Water Resources Control Board offered to bond \$1.97 million to monitor

coastal water through 2010 but the state has not been able to sell the bonds. In 2000, voters had approved selling \$1.97 million in bonds for clean water purposes

“Unfortunately the credit crunch hit at a point that we need \$2 million,” said Bill Rukeyser, spokesperson for the State Water Resources Control Board.

Under the coastal water monitoring program, the county tested bacteria levels at 55 beach and bay sites, including 16 sites around Mission Bay. In the summer months, between April 1st and October 31st, beach water was tested weekly. When counts of total coliform, fecal coliform and enterococci exceeded state standards, the county’s Department of Environmental Health posted advisory signs to beachgoers not to swim in the ocean

SEE CLEAN WATER, Page 4



Gun-rights demonstrators hoist unloaded, semi-automatics to their waists and walk down Pacific Beach boardwalk to demonstrate their constitutional rights. Courtesy of Sean Newton



FINE HOMES & ESTATES



(858) 273-2121 • 845 GARNET AVE.



Bernie SOSna
"I'll Come To Your Rescue"



619.977.4334 Cell
858.490.6127 Direct
www.BernieSosna.com

March Madness is Here in La Jolla Village!
Buy A Sustainable Condo & Receive a Sustainable Car*
Add Potential Tax Credits for Qualified Buyers of Up to
\$21,750 and You Have a GREAT DEAL!

This offer valid until 06/30/2009



*New Energy Efficient 2009 Toyota Prius!

OPEN SUNDAY 1-4



BEAUTIFUL LA JOLLA VILLAGE!

New 3BR/2.5BA and 3BR/3.5BA, townhomes with elegance throughout. Stainless appliances, slab granite counters, travertine floors, elevators, washer/dryers, ample storage, 2- and 3-car garages, lush landscaping and much more.

LOW HOA FEES TOO!



BERNIE SOSNA
858/490-6127
BernieSosna.com



MOUNT SOLEDAD BEAUTY!

Lovely, contemporary, 3-bedroom, 3-bath totally redone with high end finishes. European-style kitchen with black granite counters and stainless steel sink. Fireplace, beautiful landscaping and more! Forever views and near everything.

\$998,000-\$1,048,000

CENTURY211ST.COM
858/273-2121



WE GET NEW ONES EVERY WEEK!

**Currently
9 Available
& 10 Pending**

CHRIS BYRUM
619/788-2361

www.diegoINVESTMENTS.com



BEAUTIFUL CROWN POINT!

Stunning 2BR, 2.5BA, townhome steps to beach, bay, shopping and much more. Completely tiled up stairs and tons of perks. Fireplace, 3 car garage with built-in office, lush courtyard views & tons of storage.

**LOW HOA &
RECENTLY REDUCED!**
\$573,000

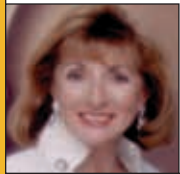
CENTURY211ST.COM
858/273-2121



ONLY 1 LEFT

THREE PB PLAZA CONDOS!

Large, upgraded 1BR ground floor unit \$235K. Upgraded west-facing, second floor 2BR \$349K. Third floor 1BR with hi ceilings & skylights \$238K. Enjoy resort-style living at it's best! 4 pools & spas, 5 tennis courts, billiards rm, library, community rm, gym, 24-hr. security and near everything, too!



CEAL MUZZY
619/507-4388
Ceal.muzz@century21.com



FOUR BRAND NEW TOWNHOMES!

Gorgeous 2BR/2.5BA & 3BR/3.5BA. Three stories, patios, balconies, stainless appliances, granite counters, breakfast bars, A/C, living & dining rooms, laundry rooms, alarms, 2-car garages + spaces and very low HOA's. You must see!

STARTING AT \$589,000



BERNIE SOSNA
858/490-6127
BernieSosna.com



PB INVESTMENT OP!

Major value in the land. Detached house on lot zoned for up to 3 units in great location just 3.5 blocks to the beach. Build your dream home or rental investment.

**JUST REDUCED AGAIN
\$599,000
MAKE YOUR OFFER QUICK!**

CENTURY211ST.COM
858/273-2121



REDUCED

PERFECT FOR FIRST TIME BUYERS

Nicely upgraded 1BR in Pacific Beach. Low HOA's, 2 parking spaces, storage, close to parks, trails, bay, schools, shopping, freeway and much more. Enjoy the pool or BBQ on your private patio in this quaint & convenient complex.

REDUCED AGAIN! \$189,000



ROB MERTEN
858/449-4560
robmpb@yahoo.com



RECENTLY REDUCED

FURNISHED INVESTMENT PROPERTY!

4 unit building with 2 residential 1BR's, a residential 2BR and a vacant commercial unit. Rent 2 of them, live in 1 and have your business all-in-one! 3 garages + a large storage unit. Walk to beach, bay, shops, banks, grocery store and restaurants.

DON'T PASS THIS ONE UP!

CHRIS BYRUM
619/788-2361

www.diegoINVESTMENTS.com



MISSION BEACH BOATHOUSE!

Unique 2-bedroom boathouse style 2-story home with private roof-top spa to enjoy sunsets and bright stars Sit at the breakfast bar in the Galley kitchen or enjoy the built-in TV with the Bose surround sound system.

WALK TO EVERYTHING TOO!



BERNIE SOSNA
858/490-6127
BernieSosna.com

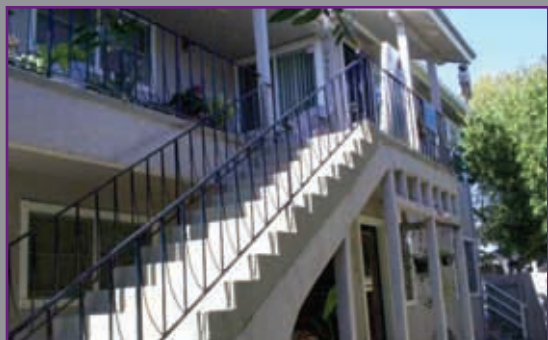


GORGEOUS CARLSBAD HOME!

Peaceful & private 5BR, 3BA home on quiet cul-de-sac with chestnut HW floors, slate tile in kitchen/dining rm, stainless steel appliances, under counter wine cellar, huge master BR, office views from deck, gorgeous landscaping and so much more.

\$1,099,000

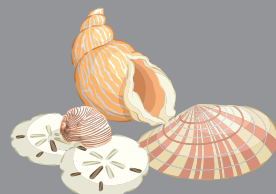
CENTURY211ST.COM
858/273-2121



WOW!
JUST LISTED!
FOUR 2BR UNITS
ONLY
\$799,000!



JILL SELLERS
(619) 804-8304



SWEET NPB HOME!

3BR, 1BA home on a large lot on a very desirable street. Cozy fireplace, hardwood floors, modern appliances and lots of large windows to make it light and bright. Separate laundry room and huge backyard with a covered patio great for entertaining.

\$899,000

CENTURY211ST.COM
858/273-2121

CENTURY211ST.COM

PBPG candidates state priorities

BY ADRIANE TILLMAN | BEACH & BAY PRESS

Pacific Beach residents will have the chance to elect neighbors and local business owners to represent them before City Council regarding planning matters. Elections for the Pacific Beach Planning Group will take place on March 25 from 5:30 p.m. to 6:30 p.m. at the Taylor Library, 4275 Cass St. Eight positions are open on the planning board: four residential and four commercial.

The Planning Group is a voluntary board that makes recommendations to City Council regarding land use matters. The board helps ensure city codes are followed for development and discuss pressing matters like parking and illegal residences.

Paul Thackrey, 46; running for residential seat. Sold real estate for 16 years. PB resident since 1980.



Top priorities: 1) Retain character of housing in Pacific Beach. Thackrey says he's not in favor of developers building up to 30 feet, development that overcrowds the streets with parking. 2) Develop Pacific Beach for single-family residential homes. Thackrey says he'd rather be part of the solution than complain about the problem. He's glad drink-

ing on the beach was banned and said he's still concerned about parking and safety issues.

Personal: Volunteer on Beach Area Community Court; member of Pacific Beach Town Council; member of Mission Beach real estate association. Three children enrolled at All Hallows Academy.

Robert Citrano, 53; incumbent/running for residential seat. Land Use Planning Manager for county's Department of Planning and Land Use. PB resident since 1988.



Top priority: Focus on urban design for the community and improve Garnet Avenue. Citrano believes his knowledge of architecture and planning can help guide development in Pacific Beach. He wants the board to address parking issues. Nearly a decade ago, Citrano served on the planning board for four years. Citrano serves on the American Institute of Certified Planners and Citizens.

James Krokee, Incumbent/running for residential seat Retired architect. Resident since 1984



Krokee said he wants to ensure illegal construction isn't turning garages and apartments into dorms, and that he's worked with the city attorney's office in the past on the issue. 2) Control the mix of commercial and residential use in the mixed-use zones.

Krokee believes his architectural knowledge will contribute to the planning board. Krokee has served on the Pacific Beach Planning Group for approximately one year and six months.

Community involvement: Active with issues concerning Rose Creek, bike paths, community plan updates and minidorms.

Jim Morrison, 52; incumbent/running for residential seat. Self-employed property manager. Resident since 1973.



Top priorities: 1) Find parking solutions and examine the placement of stop signs. 2) Address the parking shortage.

Morrison said he calls City Hall on behalf of neighbors with issues and complaints. He said he has also helped homeowners and renters to address their parking problems.

Community involvement: Chair of planning board's traffic subcommittee; member of Pacific Beach Parking Committee. Active in: Pacific Beach Town Council, Pacific Beach Parking Committee, Pacific Beach Christmas Parade

and Pacific Beach Beach Fest.

Chris French, 29; newcomer/running for residential seat. Owner of plumbing company, formerly in construction. Resident since 2005



Top priorities: 1) Maintain the residential pockets that currently exist and keep the commercial side from infringing on them to retain peace and quiet in the neighborhoods.

2) Assess and maintain infrastructure around town and along the bay.

French said he wants to represent the young working professionals who work in Pacific Beach and believes there should be "young blood" in all aspects of town decisions. French believes he can bring common sense to the board and "not allow all the complexities to fog up the real issues."

Patrick O'Neill, 26; appointed incumbent/running for commercial seat. Works in commercial real estate finance. Three-year business owner and Pacific Beach resident.



Top Priorities: 1) O'Neill said he wants to foster business development along Mission Boulevard, Grand Avenue and Garnet Avenue to attract new shops, restaurants and businesses that add to the atmosphere and aes-

thetic of Pacific Beach. 2) Address the problems with vagrants, underage drinking and excessive drinking spilling into the residential communities.

O'Neill filled a vacant planning group position one year ago and is currently running for a commercial seat on the board. He is active with the Mission Bay Park Association and Pacific Beach Town Council.

Kevin Szepe, 31; incumbent/running for residential seat. Multiple-property owner in Pacific Beach. PB resident since 2004.

Top two priorities: 1) Ensure Pacific Beach's population growth is sustainable and benefits the community, and encourages family influx. 2) Attain solution to the beach's parking issues.

Szepe has served on the PB Planning Group board for one year. He is a member of the traffic and parking subcommittees. He is an advocate for parking law enforcement, and strongly opposes the parking meter proposal. Szepe opposes the development of multi-family condominium developments that are encroaching on single-family neighborhoods, causing traffic, crowding and parking issues. If elected, Szepe would seek to preserve Coastal Overlay Zone regulations, and maintain public access and visual corridors to parks and beaches.

SEE CANDIDATES, Page 7

COLDWELL BANKER

Californiamoves.com

La Jolla | \$369,000

3BR/2BA condo near UCSD
MLS# 090013804

La Jolla | \$719,900

A block to Wind 'n Sea beach & surf.
MLS# 090008925

Pacific Beach | \$829,000

OPEN SUN 1-4 (MARCH 22 & 29)

1626 Law St.
Enjoy indoor and outdoor beach living in this comfortable 3 bedroom, 2 bath home with terrific views & front yard deck. The rear yard has a covered brick patio with fireplace, spa & play areas on the tropically landscaped 6,300 sq ft lot.

DAN RYAN
858.454.7344
danryan@coldwellbanker.com

Sorrento Valley | \$595,000

OPEN SUN 1-4 (MARCH 22)

6551 Windward Ridge Way
Exceptional Value! Beautiful 4 br, 3 ba home in Pacific Ridge off Sorrento Valley Rd. Light & Bright, Family room w/fireplace, vaulted ceilings & ceramic tile floors, 3-car garage, covered patio, 2000 appx sf. Great Buy!

DARLENE ALLEN
858.539.4412
darlene@darleneallen.com

Pacific Beach | \$825,000

OPEN SUN 1-3 (MARCH 22 & 29)

2387 Wilbur Ave.
\$160K Price Reduction! Pacifica Hilltop View 4 br, 3 ba Custom Home on quiet cul-de-sac! Gorgeous Bay, City Lights & Downtown Views from almost all rooms and spacious 2nd floor deck. Open floor plan with 2,210 appx sf. Large Kitchen/Family room with fireplace, Living room opens up to grassy backyard & patio. Bring offer!

MARIE TOLSTAD
858.705.1444
www.mtolstad.com

Pacific Beach | \$890,000

REDUCED! 3 br, 2 ba View home
MLS# 080055923

Pacific Beach | \$539,000

3 BR/3BA end-unit
MLS# 090009548

CONGRATULATIONS TO OUR TOP PRODUCERS FOR FEBRUARY!

<p>Sue Driscoll Closed Production Top Listings Taken</p>	<p>Darlene Allen Top Listings Sold</p>	<p>Mason Ballard Top Dollar Top Selling Units</p>
---	---	--

Mission Beach | \$965,000

OPEN 1-4 (MARCH 28 & 29)

714 Kingston Ct.
Just Reduced!
Fabulous Mission Beach penthouse steps to the sand!! This 3 bedroom, 2 bath has ocean/bay views, upgraded kitchen, roof-top deck, tandem garage + 1 space. Currently an excellent vacation rental, offered fully furnished.

FILLY GAINES
858.699.6556
www.fillygaines.com

Coronado | \$4,000,000

OPEN SUN 1-4 (MARCH 22)

34 The Point
Just listed in the Coronado Cays!
Spectacular Tuscan 4 br, 5 ba home truly has it all! Gourmet kitchen, wine cellar, theater, and elevator servicing all 4 floors. Fabulous 360 views from the 500 sf roof top deck complete with hot tub & fire pit. Don't forget your own private boat dock which will accommodate a 45' boat and a second 27' boat. Exquisite Luxury on the Water!

Call For A Showing!

Mission Beach | \$1,228,000

OPEN Sun 1-4 (MARCH 22)

730 Santa Rita Place
Beautifully remodeled 2 bedroom, 2 bath home close to ocean, restaurants, shopping. Granite kitchen with pantry, newer cabinets & stainless appliances. Living room, kitchen & master bedroom have balconies. Extra room could be office/3rd br. Lots of storage. 4 off street parking spaces, a bonus at the beach!

Office Top Producer 2008
SUE DRISCOLL
760.485.6439

	<p>Pacific Beach Office 4090 Mission Blvd. 858.488.4090</p>	
--	---	--

RESIDENTIAL BROKERAGE

3,800 Offices | 120,000 | 40 Countries | 102 Years Experience

Owned & Operated by NRT, Inc. Equal Housing Opportunity. Buyer to verify accuracy of all information pertaining to property.

RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX

www.92109.biz

YOUR BEACH AREA SPECIALIST

2009

RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX RE/MAX

Photo courtesy of Jennifer Kearns

"An armed society is a peaceful society, and that's generally true," Nathan W. said. "Crime happens and it's always where people are disarmed. We'd rather not be victims."

70% OFF FURNITURE

High-End Furniture from Venetian Hotel, LV
 3000+ pieces Quality Furniture
SLASHED 70% OFF this Fri, Sat, Sun, Mon 10-6 only!!

Sofa Sleeper	Just \$79
Drexel Venetian Desk	Just \$59
Drexel Bed Bench	Just \$39
Drexel T.V. Center	Just \$49
Queen Anne Coffee Table	Just \$29
Living Room Chair (2 colors)	Just \$49
Drexel Round Dining Table	Just \$69
Cal King Mattress Set - Firm	Just \$68

Pictures, Mirrors, Lamps, Hair Dryers & much more! **ALL 70% OFF**
 Visit www.urbanhomeusa.com for actual pictures of sale items

FREE FURNITURE (with no purchase necessary)
 \$600 Drexel Armoire Chest**FREE**
 \$400 Hall Console**FREE**
 \$99 Round Vanity Mirror**FREE**
 \$99 Wood Luggage Rack**FREE**
 \$200 Pair of Curtains**FREE**
 \$50 Hair Dryer**FREE**

Limit 4 free items per family. Just say sales tax on each item you select.

WE PAY TOP \$55 FOR USED FURNITURE!
CALL 760-736-9982
IMMEDIATE CASH PAYMENT FOR ALL YOUR FURNITURE & HOUSEHOLD ITEMS! CALL NOW!


HOTEL FURNITURE LIQUIDATORS

1040 Los Vallecitos Blvd. #109
San Marcos • 760.736.9982
 Ethan Allen Center/Next to Emser Tile Look for Yellow Banner

DEALERS WELCOME
 Extra discounts for volume purchases.

Don't Miss This Huge Event!!

PT LOMA VIEW MASTERPIECE



**PAUL THORYK DESIGN IN LA PLAYA
OVERLOOKING SAN DIEGO BAY
(SEE PICTURES ON WEBSITE)**

5BR + 2 Offices + 6.5 BA
6,500± sq. ft. + Wine Cellar
9 Cars in Garage + 4 in Drive
Huge Pool Area • 17,000 sq. ft. Lot
Home is 3 yrs. New, Has Everything!
\$5,900,000

OCEANFRONT MISSION BEACH



**BRAND NEW RECONSTRUCTION
Condos on the Beach • 2BR/2BA**
2 SUV Parking • Garage
No Tandems!
Deck • Boardwalk Patio • Granite
Travertine • Stainless Appliances
Priced from
\$1,325,000 to \$1,695,000

**“The Heartbeat
of San Diego”™**

**Terry L.
Sheldon**

www.terrysheldon.com

858.454-4500

T.L. Sheldon & Associates, Inc.

**WHEN YOU'RE LOOKING
FOR MORE THAN
JUST AN AGENT**

Condo project pits planning group against city

BY SEBASTIAN RUIZ | BEACH & BAY PRESS

A condominium complex under construction at the corner of Pacific Beach Drive and Mission Boulevard has irked some members of the Pacific Beach Planning Group (PBPG), who believe the parking spaces violate city code.

The city approved the 18-unit condo complex in 2006 but directed the developers to fix some traffic and parking issues. The planning group, however, maintains that more than half of the 48 parking spaces are between 6 inches and a foot too narrow, which is out of compliance with the city land use and development code. City code calls for 9-foot-wide spaces.

The group sent a letter to the city last year to protest the city's approval. But as an advisory board, the PBPG may have to simply live with the city council's decision since its concerns were overridden by a city engineer, said planning group member Chris Olsen.

"[The developer] doesn't have to stop building anything," Olsen said. "It was the city that screwed up, not the developer."

A city engineer approved modifications to the parking requirements, according to a letter from the city's Development Services Department (DSD) to the planning group. The letter states that the parking spaces are in "substantial conformance." The city engineer can grant modifications on a case-by-case basis "where there are practical difficulties in carrying out the...provisions of the Municipal Code." The 48 parking spaces sit between pillars that hold up the rest of the building.

Calls to DSD were not returned by press time.

Some planning group members were dismayed that the city allowed the development to continue despite seemingly apparent municipal code violations. The groups' concerns sparked a letter from District 6 Councilwoman Donna Frye's Office questioning the project's compliance with parking code requirements. Frye refused to comment further on the issue.

Olsen said the city's development process should be examined.

"Why did they let this project get away with not meeting parking requirements when they don't let anybody else get away with it?" he said.

Project developer Michael Turk, owner of KD Development Inc., said he followed the law and that some community planning group members simply don't like the project.

"The city okay'd it," Turk said. "I could have put more [space]. That's their call."

He added that the condominium complex is better looking than the liquor store and empty gas station "eyesore" that was there several years ago. He said his project will benefit the city through approximately \$150,000 a year in property taxes.

The commercial and residential units are tentatively set to go on sale in May.

The Pacific Beach Planning Group meets every fourth Wednesday of the month from 6:30 p.m. to 8:30 p.m. at the Pacific Beach/Taylor Branch library at 4275 Cass St. The group advises the city on land use and city planning issues.



Look! Over there! Birders seek to spot the 25 to 30 bird species that live at the mouth of the San Diego River through spotting scopes and binoculars. More than 430 birders traveled to San Diego for the Audobon's 13th annual Bird Festival.
Photo courtesy of San Diego Audubon Society



Courtesy photo

Buzzzzz
Bravely, these guys shave their heads at Bub's Dive Bar to raise money for the St. Baldrick's Foundation that gives grants for children's cancer research. Thirty "shavees" raised \$7,500 for the foundation on March 14. Hairdressers at Robert Cromeans Salon in Pacific Beach shaved heads while 250 supporters gathered around the hairless participants.

It pays to Discover more places every daySM

On menus all over town.

Treat yourself by dining out—and earn **Double Cashback BonusSM** just by paying with your Discover[®] Card at restaurants all over the San Diego area. That's Double Cashback Bonus in your pocket on up to \$1,000 in restaurant purchases during March. See why it pays to Discover more places every day at restaurants like these:

Candelas Restaurant
416 3rd Ave., San Diego

George's on Fifth
835 5th Ave., San Diego

Nobu Restaurant
207 5th Ave., San Diego

The Barbecue Pit
920 E. Plaza Blvd., National City

Deco's
731 5th Ave., San Diego

Mimmo's
1743 India St., San Diego

Red Sails Inn
2614 Shelter Island Dr., San Diego

Sushi Diner
7530 Mesa College Dr., San Diego

Soju Town
4681 Convey St., San Diego

Fuji Steakhouse
911 Camino Del Rio, San Diego

Boomerangs Gourmet Burger Joint
4577 Clairemont Dr., San Diego

Sixth Avenue Bistro
1165 6th Ave., San Diego

Daphne's Greek Café
Participating San Diego Metro Area Locations

The Brigantine
Participating San Diego Metro Area Locations

Miguel's Cocina
Participating San Diego Metro Area Locations

Zocalo
Participating San Diego Metro Area Locations

Miguelito's
Participating San Diego Metro Area Locations

The Steakhouse at Azul La Jolla
1250 Prospect St., La Jolla

The French Gourmet
960 Turquoise St., San Diego

Margo's Mexican Grill
2015 Garnet Ave., San Diego

Bareback Grill
4640 Mission Blvd., San Diego

Olde City Grill
967 Garnet Ave., San Diego

La Dolce Vita Ristorante
1237 Prospect St., La Jolla

Marrakesh
634 Pearl St., La Jolla

Brick & Bell Café
928 Silverado Ave., La Jolla

The Menu
3784 Ingraham St., San Diego

Use your Discover Card to receive Double Cashback Bonus.*

To apply for a Discover Card, visit Discover.com or call 1-800-DISCOVER (1-800-347-2683).

*Earn 2% Cashback Bonus on purchases made at restaurants in the San Diego, Calif. area, from 3/1/09 to 3/31/09, subject to a cap of \$1,000 in purchases. These purchases must post to your account by 3/31/09. Restaurant purchases are those made at merchants we classify as full-service restaurants, cafes, cafeterias and fast food locations. Allow up to 5 weeks for this reward to be added to your Cashback Bonus account. See your Cashback Bonus Program Terms and Conditions for further details. If you have a Miles by Discover[®] Card or an EscapeSM by Discover Card, you will earn Double Miles on these purchases.
©2009 Discover Bank, Member FDIC
RCPWK3-S-CNN



Brighter.

GUEST COMMENTARY



Now & Then
John Fry

IT WAS A GORGEOUS DAY at Kono's Cafe a couple of weeks ago, and I thought I heard someone call my name. I looked toward the door and a woman said, "Is John Fry in here?" I tentatively raised my hand, hoping it wasn't another attractive blonde with a paternity suit. Turned out to be Joan Hogarth Strickland, a 1960 Crawford High graduate. She's on the email list I keep for my alma mater and had spent the night at Crystal Pier. Apparently she was admiring the historical photos in the office when Randy Williams told her that they were done by John Fry, whose red Mustang was at that very moment parked in front of Kono's. Joan took it upon herself to say hello. Her claim to fame in Crawford circles, by the way, is that she worked behind the candy counter at the old State Theater on Euclid and El Cajon.

A COUPLE OF DAYS later the Mustang was in its usual spot at Starbucks when the coffee gang spotted a tennis ball underneath its door. "That fall off your walker?" quipped Jeff Dalrymple, my "friend" of 40 years.

PAM KROPP took her nephew to his first T-ball game recently down at Bob McEvoy Field and got to wondering who Bob McEvoy was. I assured her she'd come to the right place, that Bob McEvoy had been a friend of mine and – then I drew a blank. I guess the field is named after him because it was his baby. He was always watering and mowing and putting up the flag and I'm now wondering if it was simply a labor of love. If the name Kropp sounds familiar, by the way, Pam's dad Pat had an antique store on Garnet where Ichiban is today.

SAM YAMAGUCHI, a Pacific Beach native passed away March 8. Born on Aug. 1, 1923, he attended Pacific Beach School (where Pacific Beach Middle School is today), Pacific Beach Junior High (where Pacific Beach Elementary School is today) and La Jolla High (because there was no Mission Bay High School). The Yamaguchi family and Yamashita families both came to the beach in the years after World War I and established successful vegetable farms. All of them were "relocated" in the early months of World War II. Robert Gross, who recently moved to Ventura, and Allan McAllister, who still lives on Archer Street, were kindergarten classmates of Sam's and remained friends all their lives.

John Fry may be reached at 272-6655 or mail@johnfry.com

LETTERS TO THE EDITOR

Student attendance = income

Here's a little known fact: Every day a student attends school it produces income for that school. It's that simple. In the SDUSD budget proposal there are very few options to increase income for the district schools. One of those items is to increase student attendance by .5% for next year equaling an income of \$3 million! Every stakeholder in this budget process must make changes – so, instead of pulling your student out of class on Friday for that three day weekend in Mammoth, or making that doctor appointment in the morning instead of the afternoon you could be part of the income solution to the district's budget woes. Each student must be in their chair at the start of the day. If you absolutely have to take your student out of school for an appointment, make it after noon. If we all pull together and get the word out on how important this income is to the school sites then we as informed parents/guardians can earn the SDUSD their .5% - let's go for 1% and earn \$6 million to save important programs like music and the arts, sports and JROTC. Let's do our part and expect the other stakeholders to do theirs.

Pat Hom
Parent MBHS
FOPBSS President
MBHS Band Booster Treasurer
MBHS SSC Member

In reply to Francis Zimmerman's letter, "No Guns in Schools; Train elsewhere"

It is interesting to me that a former SDUSD board trustee for 8 years was quoted as saying "The fact that air-riflery are part of JROTC training came as news to me..." Marksmanship programs have been in eight of the SDUSD high schools for years, some for over 40 years, yet this fact was unknown to Ms. Zimmerman, and was apparently not a problem. It's interesting that marksmanship could go on successfully, without incident, until now – and still without incident. This successful program is at the mercy of another group's political agenda. What a shame.

Pat Hom
Parent, MBHS
FOPBSS President
MBHS Band Booster Treasurer
MBHS SSC Member

"Just the facts, Ma'am."

I read with interest Ms. Zimmerman's "No guns in schools; train elsewhere" letter. I respect her views. However I'd like to know where she got the information from which she made her decision.

Perhaps Ms. Zimmerman is unaware that firearms marksmanship is an Olympic sport and ranks second only to track and field events. She apparently



does not know that no accidents have occurred in the schools while engaged in this sport/training. Compare this statistic with say football (this is a no-brainer), baseball, basketball, tennis, water sports...the list can go on.

Some schools have cooking classes; knives are used. Blood is not flowing in the halls. Sewing is also taught; needles are used. This does not create drug users. The mental and physical conditioning required for rifle marksmanship can be compared to golf. Rifle shooting is similar to golf in that it is very strenuous on the mind and the physical condition. Once you've squeezed that trigger, that's it. If you do wrong, you can't make up for it by being super careful on the next one. That's it. You must have an alert mind and be in excellent physical condition.

Ms. Zimmerman, please base your statements on facts. According to the law, if you base your decision on false data, your decision is false.

As Sgt. Joe Friday would say, "Just the facts Ma'am."

Ed Rosemann
Pacific Beach

CORRECTIONS

LeRoy Shumway began working as a fireman at Station 21 in Pacific Beach in 1955 until 1976, not starting in 1995 as misreported in his obituary on page 9 in the March 5 issue. The Beach & Bay Press regrets the error.

Kerry Upp helped to organize the North Pacific Beach restaurant walk. Her name was misspelled as Kathy Upp in the article "North PB ready for tasting" in the Feb. 5 issue on page 4. The Beach & Bay Press regrets the error.

Mike Stevens is the treasurer for the Pacific Beach Town Council, not Mike Smith, as misreported in the article "PB Town Council names 2009 board, honors community volunteers" in the Jan. 22 issue on page 1. The Beach & Bay Press regrets the error.

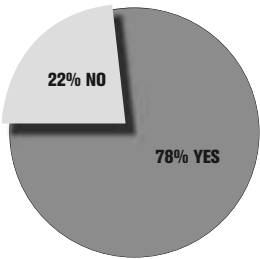


Pacific Beach resident Dominique Guillochon photographed the image of Lisa Solberg painting the Captain Jack Sparrow mural

that ran on the front cover of the Feb. 19 issue. Check out videos of Solberg painting the mural in two hours, as captured by Guillochon, at: <http://flickr.com/photos/deegoo>

POLL

Do you agree with SDUSD's decision to end the JROTC marksmanship training at Mission Bay High School?



NEW QUESTION: Do you support people's rights to openly carry unloaded guns in San Diego?

VOTE ONLINE AT
BEACHANDBAYPRESS.COM

BEACH & BAY PRESS



Mannis Communications
4645 Cass St. Box 9550
San Diego, CA 92169
Fax: (858) 270-9325
Ad Fax: (858) 713-0095
bbp@sdnews.com
(858) 270-3103

sdnews.com

PUBLISHER

Julie Mannis Hoisington
(858) 270-3103 x106
jmannis@sdnews.com

EDITOR IN CHIEF

Anne Terhune x133
mail@sdnews.com

EDITOR

Adriane Tillman x132
bbp@sdnews.com

REPORTER

Sebastian Ruiz x135
sebastian@sdnews.com

ACCOUNTING

Heather Glynn x103
Patty Angley x120
Accounts Receivable

AD CONSULTANTS

Tom Chambers x121
Mike Fahey x117
Jason Gregory x116
Marjorie Kirby x122
Michael Long x112
Ashlee Manzo x123
Heather Snyder x115
Innesa Zavulunova x147
Louis Viorato x136

CLASSIFIEDS MGR.

Heather Snyder x115
heather@sdnews.com

CLASSIFIEDS

Kim Donaldson x140
kim@sdnews.com

PRODUCTION MGR.

Casey Dean x107
casey@sdnews.com

PRODUCTION

Dee Kahler, David Ramsey,
Nicola Rushford, Chris Baker

PHOTOGRAPHERS

Mercy Arcolas, Don Balch,
Paul Gallegos, Ronan Gray,
Ron Gallegos, Paul Hansen,
Stan Liu, Paul Parks,
Barry Schwartz, Kirby Yau

CONTRIBUTORS

Eve Anderson, Charlene
Baldridge, Paul Douglas,
John Fry, Anthony Gentile,
Dave Kensler, Nicole Larson,
Bart Mendoza, Theresa
Miracle, Shannon Mulhall,
Loralee Olejnik, Neal Putnam,
Barry Schwartz, Dave
Thomas, Martin Jones
Westlin

OPINIONS Signed letters to the editor are encouraged. All letters must include a phone number for verification. The editor may edit letters for clarity and accuracy. Letters should be 350 words or less. Views expressed are not necessarily the views of this newspaper or staff.

SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The editor reserves the right to edit for clarity.

DEADLINES All content must be received by 5 p.m. on the Thursday prior to publication.

DISTRIBUTION Beach & Bay Press is available free every other Thursday.

COPYRIGHT © 2009. All rights are reserved. Printed in the United States of America

PRINTED with soy inks and recycled paper. Please recycle.

Mission Beach

City still plans to break bottleneck

BY SEBASTIAN RUIZ | BEACH & BAY PRESS

For more than two years now, the Mission Beach community has been trying to get the city to add a third lane and move a center median along the southbound Mission Boulevard to help traffic flow. The street bottlenecks at West Mission Bay Drive. With thousands of visitors flooding Mission Beach every summer, the intersection becomes a driver's nightmare.

Compounded by a lack of parking, cars back up for blocks along the two-lane southbound Mission Boulevard, according to Mission Beach Precise Planning Committee Chair Richard Miller. He said a third lane would be a tremendous benefit.

"We've been pushing for it," Miller said. "It's a high priority for people living here but it's not for the city."

Miller added that removing or narrowing the center median would also help relieve some congestion.



Plans continue to remove the median and add a third lane on Mission Boulevard at W. Mission Bay Drive. Courtesy Photo

The planning committee approved the initial project in 2006 and forwarded their recommendations to the City Council. In June 2007, the City Council voted to set aside \$150,000 to install a traffic signal at the intersection to help alleviate the problem.

But the community is still waiting. And with summer right

around the corner, Miller and others in the community want to know what's taking so long.

Senior Traffic Engineer for the City, Gary Pence, said the project has expanded to include changing the traffic signal timing to help alleviate the congestion, accounting for some of the delay.

Projected costs total approximately \$250,000, according to James Nagelvoort, a deputy director of the project implementation and technical services division of the Department of Engineering and Capital Projects.

Nagelvoort said the project is still in design.

"The money is going to be there," he said. "We're working on moving the final construction dollars."

Those must be some heavy dollars because the project isn't expected to be completed until Memorial Day 2010, according to staff.

Until then, the community will have to deal with another summer of Mission Boulevard bottlenecks.



PB Elementary fourth grader Pauline Hales-Brown sings a Beatles song at the school's 20th annual variety show on March 6. Students danced, sung and played instruments to show off their talents and raise money for Friends of Pacific Beach Elementary School. Photos courtesy of Rob Thuleen

CANIDATES

CONTINUED FROM Page 3

Marcie Beckett; incumbent/running for residential seat. Lifelong Pacific Beach resident. Former research physiologist; current stay-at-home mom.

Top priorities: 1). Maximize the community benefit and minimize the negative impacts from new development.

2). Ensure the community has adequate infrastructure (roads, parking, water, parks, etc.) to maintain a great quality of life for present and future residents.

Beckett said she is raising her family in Pacific Beach and has the community's best interests at heart. She is concerned about anything that degrades the quality of life, including too much traffic in neighborhoods, speeding cars, few safe bicycle routes and garages converted into storage and residential units.

Community involvement: Served on PBPG since 2006. Chair of Community Plan Amendments subcommittee; member of PB Special Events Committee. Serves on PB Town Council Board of Directors. Founding member of SavePB.org.

[We'll help chart your course.]

Our team of advertising consultants can assist you with creative advertising ideas. We'll help chart out a marketing plan unique to your business and budget to stay on course.

SAN DIEGO COMMUNITY NEWSPAPER GROUP
4645 CASS ST., SAN DIEGO, CA 92109
PH 858.270.3103 • FX 858.713.0095
www.sdnews.com • sales@sdnews.com

"Have You Been Told That You'll Just Have To... Live With That Back Or Neck Pain?"

Dear friend,

For way too many Americans, neck pain (and back pain) seems to come with job stress, family stress, and other daily stresses.

In most cases, there is always something natural that you can do to get yourself better and to live a better life. Here are four easy home remedies that you can use to help yourself get better.

#1) Use Ice Instead Of Heat
In my many years of practice, I have rarely seen anyone get better by applying heating pads, or soaking in a hot tub. Many times applying heat only causes the area of pain to swell and become more inflamed. Applying ice to the area that is sore for 20 minutes on, and 20 minutes off (for 2 hours at a time) will usually help and inflammation and soreness. I tell my patients "When In Doubt...Use Ice!"

#2) Drink Plenty Of Water
Recent research shows that many headaches and several other health problems can be the result of mild dehydration. The majority of these health problems can be relieved (or even eliminated) by drinking one-half gallon to one-gallon of water daily. This means water. Not juice, beer, soda, tea, or coffee. Just water!

#3) You Can Use a Rolled Bath Towel
It's amazing how something as simple as a rolled-up bath towel placed under your neck can relieve pain and headaches. A rolled towel can also be used while driving to reduce back pain. So before you invest in an expensive support pillow or cushion, try this easy home remedy...It really works!

#4) Swing a Gallon Jug
A simple one-gallon milk jug (or water jug) works great for many arm and shoulder problems. All you have to do is fill your jug with a couple of inches of water, and swing the jug in a circle 10 times forwards, and 10 times backwards. Make sure you do this with both arms. It may be difficult at first, but the results are worth it!

Why Dr. Wong is Offering a New Patient Special Offer!

Sometimes your very favorite home remedies don't work. Then it's time to call my office for help.

*** UNSOLICITED TESTIMONIAL ***

"I was having so much back pain, neck pain and terrible headaches that affected my job. I was misdiagnosed so many times but now, I live pain free since I've been seeing Dr. Wong. My husband and kids used to call me 'grumpy' but not anymore! Thank you Dr. Wong!"

Signed,
Ligaya A. RN, San Diego, CA.

Now Offered For The First Time Ever - An "Iron-Clad" Satisfaction Guarantee!

Oh, I almost forgot to mention that I now have an *Iron-Clad Guarantee!* I want you to instantly realize how much your life can be easily improved with care at his office. Therefore, your first office visit is...**GUARANTEED.**

At the conclusion of your first visit, if you honestly think I've wasted your time, or you sincerely believe that you will not benefit from my care in any way...all you have to do is say no...and you will NOT be charged for your visit!

OK, now imagine how life will be a few weeks or months down the road...if you handle your aching body right now. Will you do better at work? Will you now be a fun person to be around? OK, you get the drift here...It's time to call my office today.

Call Now For An Appointment

It's easy to make an appointment at our friendly office. All you have to do is call (619) 222-8885 today and ask for the "\$47 New Patient Special."

My staff will do everything possible to get you in the same day even if they have to work you in during a busy time.

We pride ourselves in being San Diego's premiere "no waiting" office - we cater to everyone from busy professionals to the "soccer mom" with 3 kids. Our office is conveniently located next to 24 Hour Fitness and Sport Chalet on Midway Drive next to the Sports Arena.

Phone: (619) 222-8885

Greater Life Family Chiropractic
Dr. Henry C. Wong, DC
Ph: (619) 222-8885 * Fax: (619) 222-8889
3689 Midway Drive, Suite G
San Diego, CA 92110

P.S. When accompanied by the first, we're also offering a second family member this same examination for only \$27 - What a great offer!

P.P.S. Don't forget, this offer ends on 04-15-09 so call right now!

Here's Why Dr. Wong Is Giving Away Up To \$300 Worth Of His Services For Only \$47.

Basically, it's time for you to try chiropractic care at my office. Let's face it, paying only \$47 for a \$300 office visit like this is completely nuts. However, suffering from pain...when you have an 80% chance of getting relief...is also crazy. Listen, I can't promise you results. But, I can promise you great service...and a friendly staff!

What This Special Offer Includes...

- * A Private Health Consultation
- * A Comprehensive Exam
- * Computerized Testing
- * Any Necessary X-Rays
- * A Report Of Your Findings To See If I Can Help You

Kate Sessions eyes drop-off lane, new parking lot

BY SEBASTIAN RUIZ | BEACH & BAY PRESS

Kate Sessions Elementary administrators want to make it safer for parents to drop children off to school and are considering installing a drop-off lane that would force them to relocate parking next to the baseball field.

But some neighbors say the drop-off lane will increase traffic along Beryl Street and not make it any safer for students.

Community members and administrators will meet for a “walk-through” of proposed plans in front of the school on Thursday, March 26, from 2:30 to 3:30 p.m.

Principal Susan DeVicariis said installing a drop-off zone that enters and exits the school along Beryl Street would make it safer for children crossing Noyes Street and other parts of the neighborhood as they walk to school. Parents often illegally park or drop off children in the surrounding neighborhood. DeVicariis said it’s dangerous for children crossing the street.

Although no accidents have been reported near the school, DeVicariis said the topography reduces drivers’ visibility as they near the school. The school sits atop a small hill along the 2100 block of Beryl Street. The street has grown into a main thoroughfare for cars in recent years.

Senior Traffic Engineer Gary Pence shares neighbors’ fears that the drop-off lane may increase traffic along Beryl Street.

“There was concern about the amount of storage area for vehicles waiting to turn from [Beryl] street [into the school],” Pence said.

To make room for the drop-off lane, the school plans to build an estimated 50-car parking lot and lighting in the rear of the school. The school is home to a baseball diamond used by Bishop’s School, 7607 La Jolla Blvd, in La Jolla.

According to a 1996 agreement between the San Diego Unified School District and Bishop’s School, Bishop’s School students and parents can use the diamond and the faculty parking lots for evening games and practice. Bishop’s School parents now park in the faculty lot and at the Pacific Beach Community Church parking lot on Beryl Street.

Deborah Hubbard, assistant to the athletic directors, said the school pays for the field’s maintenance.

“We pay the water bill and we go mow the lawn...there’s a huge monthly bill,” she said.

The original contract called for setting aside an initial \$7,500 to pay for water and electricity to use the field. It is unclear how much Bishop’s School currently pays for maintenance.

Neighbor Larry Recht said current plans for additional “school subsidized” parking hasn’t been well thought out.

A parking lot in the rear of the school, complete with lighting, high school students and loud car alarms during baseball games, concerns

some neighbors, he said. He added that a drop-off zone would increase the number of cars in the area, making it more prone to accidents.

“I’m in favor of a smart drop-off/pick-up site for children but what’s [planned] now would be extremely dangerous,” he said.

While safety of the children is the top priority for all, neighbors await a traffic study of the area to outline specific problems and potential solutions. School district officials said the study isn’t finished, according to Cynthia Reed-Porter, spokesperson for the school district’s Facilities Management Department.

“We’re a little bit in a holding pattern,” she said. “At this point the exact improvements haven’t been determined as yet.”

Neighbor Peter Rubens has been working with the community and

school administrators since November to keep the neighbors informed.

“The school district has indicated with the adjacent community members, and we’re taking them on their word, that they’re going to make it a win-win for everybody. We’re going to hold them to [it],” Rubens said.

He said other designs for a drop-off zone should be considered by the school district.

But while some neighbors may not like the current plans they may have few options. The project sits on a list of identified and approved capital improvements attached to Proposition S. San Diego voters approved the school district’s facilities improvement bond in November 2008. The list of projects slated for Kate Sessions Elementary includes restroom renovation, wireless network installation and other building repairs.

NEWSbriefs

PB’s Concerts on the Green sings out for help

Pacific Beach’s Concerts on the Green is making an early plea for donations to support its five concerts planned for July and August.

As usual the nonprofit has applied for county and city grants and has reached out to corporate sponsors but is more worried than usual that its typical benefactors won’t materialize.

“We’re keeping our fingers crossed,” said Georgina Smith,

who chairs the Concerts on the Green Committee. “We’re just a little concerned with the state of the economy.”

Each concert costs approximately \$4,000 to run, and the committee hopes to put on five concerts this year, one more than in past years. In the past, the county has typically awarded a \$3,000 grant to the event, and the city has provided an average \$1,000 through its Commission for Arts and Culture. Smith does not expect to find out how much grant money it will receive until

SEE BRIEFS, Page 10

[fun, funky & often useful facts]

Scenario's Fabulous Four

Opened Mardi Gras day the new boutique is all about great quality, right now styles and super selections. Uniquely owned and operated by four sisters, Summer manages behind the scenes, Cindy & Donna are fashion directors/buyers and Devon is fondly referred to as the mastermind. Visit the sisters for head to toe styling 11am to 9pm daily, Scenario, 1135 Garnet, 858-274-4411

Synergy's 1st Birthday

What an incredible first year it’s been! Join owner Adam Monks to celebrate all day Sunday March 22nd, 11am-8pm to hear what he has planned for his 2nd year. Specials, many items will be sold at cost to make room for new summer season products. Join Jeff for the informal discussion on increasing energy and beauty at 1pm followed by Yolanda with skin care advice. Synergy Raw Bakery & Vegan Supplies, 1419 Garnet, 858-490-2144

Renew Integrative Health Center

Mark your calendars, Renew is truly unique and inviting the community to its Grand Opening Open House on Thursday, March 26th, 2009 from 11am-3pm (more info, pg. 16 What’s News) Renew, 2206 Balboa Ave (at Olney), 858-866-6688.

Ivory Thai Cuisine Delivers!

Enjoy their spectacular traditional Thai selections from the comfort of your home. So delicious so easy, so convenient, order by phone or online for fast delivery seven day a week! Ivory Thai Cuisine, 2015 Garnet, 858-272-0930 or 858-274-2368, ivorythaicuisine.com

Coffee Time Happy Hour

San Diego Coffee Tea & Spice, Inc. now featuring 1/2 off any drink 3pm to close Tuesday through Saturday. Perfect for unwinding select from their proprietary roasted coffees, 30+ organic teas, your choice hot or cold. Also enjoy breads, pastries and sandwiches. It’s a fact! They have spices from Hawaii and all around the world, the really difficult to find spices that chefs utilize. Another fact, they are the premier local bean roaster supplying many of our local restaurants and shipping nationally. San Diego Coffee Tea & Spice Company, 5026 Cass, 858-581-1933

PB Woman's Club

Club Events All Welcome!
Mar 25—BUNKO, 7pm at Hornblend Hall.
Mar 29—5pm, Ladies Dine Out, Good Time Charlies, 910 Grand.
Meet this fun group intent on helping the community. Hornblend Hall Clubhouse 1721 Hornblend, Jody Ross Pres., 619-838-9299.

Gorilla, Home Again

The huge inflatable Fitness Mart mascot gorilla has finally found his way home and is busy greeting commuters along I-5 (near Costco).....the banana trail must have worked! See for yourself, Fitness Mart, 5555 Santa Fe, 858-581-3398

North Central Public Health Center

Formerly located across the street from Mission Bay High School has moved and combined with the Family Resource Center, 5055 Ruffin Road (between Balboa and Clairemont Mesa Blvd). Good news, they are planning to set up a monthly immunization clinic here or their faithful beach clientele. We’ll keep you posted! Questions call Cecilia Taborga, 858-573-7300.

New! Paradise Restaurant

This newly opened Vietnamese Seafood & Grill restaurant features healthy food served to your taste, their ultimate goal is your complete satisfaction. Specialties include stir fry with less oil/fat and your choice of meat or seafood, also Crispy Duck with five different sauces and Rice noodle soup with sprouts and herbs. Visit Paradise Restaurant, in the Plaza, 1820 Garnet, 858-273-1664

Please share your beach area fun, funky and interesting facts, email kirby@sdnews.com



Awaken Your Culinary Senses This Spring at The Shores Restaurant

Tantalizing wines and delicious cuisine await your discovery this month. Experience delightful new menus and special offerings while enjoying oceanfront views.

Chef's Table:
March 25, 2009. 7 p.m.
Three-course menu. \$25 per person food only.
\$40 per person with wine pairings.
Chef Augie will be presenting a surprise menu of items created just for this night.
Limited seating available.

Dinner at Dusk Menu:
Sunday to Thursday. 5 to 10 p.m.
Three-course menu. \$25 per person.
Savor Butternut Squash Risotto, Braised Kobe Beef Short Ribs, and Nutella Marshmallow Bread Pudding.

Brandt Beef Wine Pairing Menu:
Fridays and Saturdays in March. 5 to 10 p.m.
Three-course menu. \$25 per person food only.
\$35 per person with wine pairings.
Prime New York Carpaccio and Charbroiled New York Steak are a couple of the tempting items perfectly paired with delicious wines.

Easter Buffet:
Sunday, April 12, 2009. 11 a.m. to 3 p.m.
\$42 per person. Special children's pricing available.
The entire family will love the buffet which includes Bone-In Ham and Oreo Cookie Cheesecake.

The SHORES

R E S T A U R A N T

(858) 456-0600

TheShoresRestaurant.com

Located next to Kellogg Park
at the La Jolla Shores Hotel
8110 Camino del Oro

Pay to play, rules community court

BY ADRIANE TILLMAN | BEACH & BAY PRESS

At the Pacific Beach Recreation Center on Thursday evening, five offenders take turns explaining their misdemeanors to soft spoken Marcella Teran, who has lived in Pacific Beach for more than 20 years.

Two men explained they had drunk alcohol on the beach. Another man said he had smoked a cigarette on Fiesta Island. A middle-aged woman walked her dog off-hours at Crown Point. The final offender to speak, a young man studying to be a doctor, had urinated in public.

"I guess mine is the most embarrassing," he said, as the offenders sat in a circle discussing their misdemeanors with Teran.

Instead of answering to a judge, the offenders had opted to take their misdemeanor citations to the Beach Area Community Court, which is held every month at the Pacific Beach Recreation Center.

By choosing to go to community court, the participants' misde-

meanors will not appear on their records. So far, they have also not had to pay to attend, although that will soon change. Grant money is dwindling for the court and the county had to rescue the community court with an \$8,000 grant last October.

Community court organizers have finally decided to charge offenders for their service. The court, Discover PB and the city attorney's office, which helps run the project, are still discussing the fee but expect it will not exceed \$40.

Keeping minor offenders out of the county court system has apparently saved the county \$50,000, according to Discover PB President Mike McNeil. Discover PB helps to oversee the community court.

Beyond attending the intimate court session, the offenders are also required to volunteer for four hours in the community. Only first-time offenders are permitted to go through the community court.

During the court session, a volunteer group of panelists are trained to

sit with six or more offenders and discuss their wrongdoings. The panelists have the opportunity to explain their points of view as stakeholders in the community.

Teran decided to become a panelist and speak to people that degrade her neighborhood because she wants delinquents "to put a face behind issues that affect people."

In a quiet but confident voice, she looks at each perpetrator in the circle as she speaks.

"I told my husband: 'Sometimes I can't stand to live here,' Teran told the circle. "People pee in my yard. I wake up to people screaming in the middle of the night, who are yelling profanities. Everything we do affects someone else in life."

Only one of the six participants lives in Pacific Beach. Most of them knew they were breaking the law.

Teran asks them what they hope to gain from the community court,

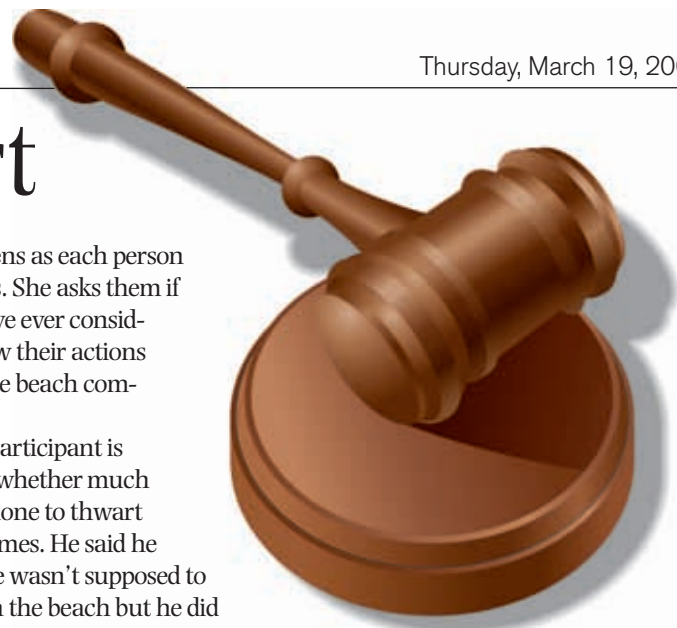
and listens as each person answers. She asks them if they have ever considered how their actions affect the beach community.

One participant is unsure whether much can be done to thwart such crimes. He said he knew he wasn't supposed to drink on the beach but he did anyway. More than 75 percent of the offenses are alcohol-related.

Most of the people who cycle through the community court won't come back, according to project manager Sara Burns, who said that of the 580 cases in 2008, only one person reoffended. Since 2006, more than 1,400 offenders have volunteered approximately 8,000 hours of service in Pacific Beach.

The Beach Area Community Court started in 2005 as a pilot project and, a year later, was one of ten sites to receive a \$200,000 federal grant from the Bureau of Justice Assistance.

The community court is looking for volunteers of all backgrounds to lead a discussion group or a weekend clean-up. Volunteers are required to attend a two-hour training session. For more information visit www.beachcommunitycourt.com or call (858) 273-3050.



La petite école
Scientific evidences point to children having everything to gain by learning a second language.

ENGLISH-FRENCH LEARNING ACADEMY

ENROLLING NOW FOR SCHOOL YEAR 2009-2010

PreK thru 5th grade
Small classes
Art Music P.E.
Strong Bilingual Academic curriculum

Contact & information • (858) 274 2890 • www.petite-ecole.com • lapetiteecole@gmail.com

JOIN US FOR A
BALBOA PARK

Family Day

Saturday March 21

- More than 20 participating cultural attractions
- Hands-on activities
- Free concerts
- Live entertainment
- Puppet and kite-making
- Park and museum tours
- Loads of family fun!

Complete schedule available at balboapark.org
Information 619 239 0512
Most events 11am-3pm
Family activities free with regular museum admissions

BALBOA PARK
family day

Paying too much for Framing?

Compare our prices

24x36 black metal frame includes mount, glass, and labor

Aztec Graphics	\$ 59.95
Michael's	\$125.00
Aaron Brothers	\$150.00

Custom Framing
Ready Made Frames
4,000 Posters in Stock
Tropical, Surf, Local Art

AZTEC GRAPHICS
Art for Everyone
www.posteramerica.com

1439 Garnet Avenue, Pacific Beach **858 272 7760**

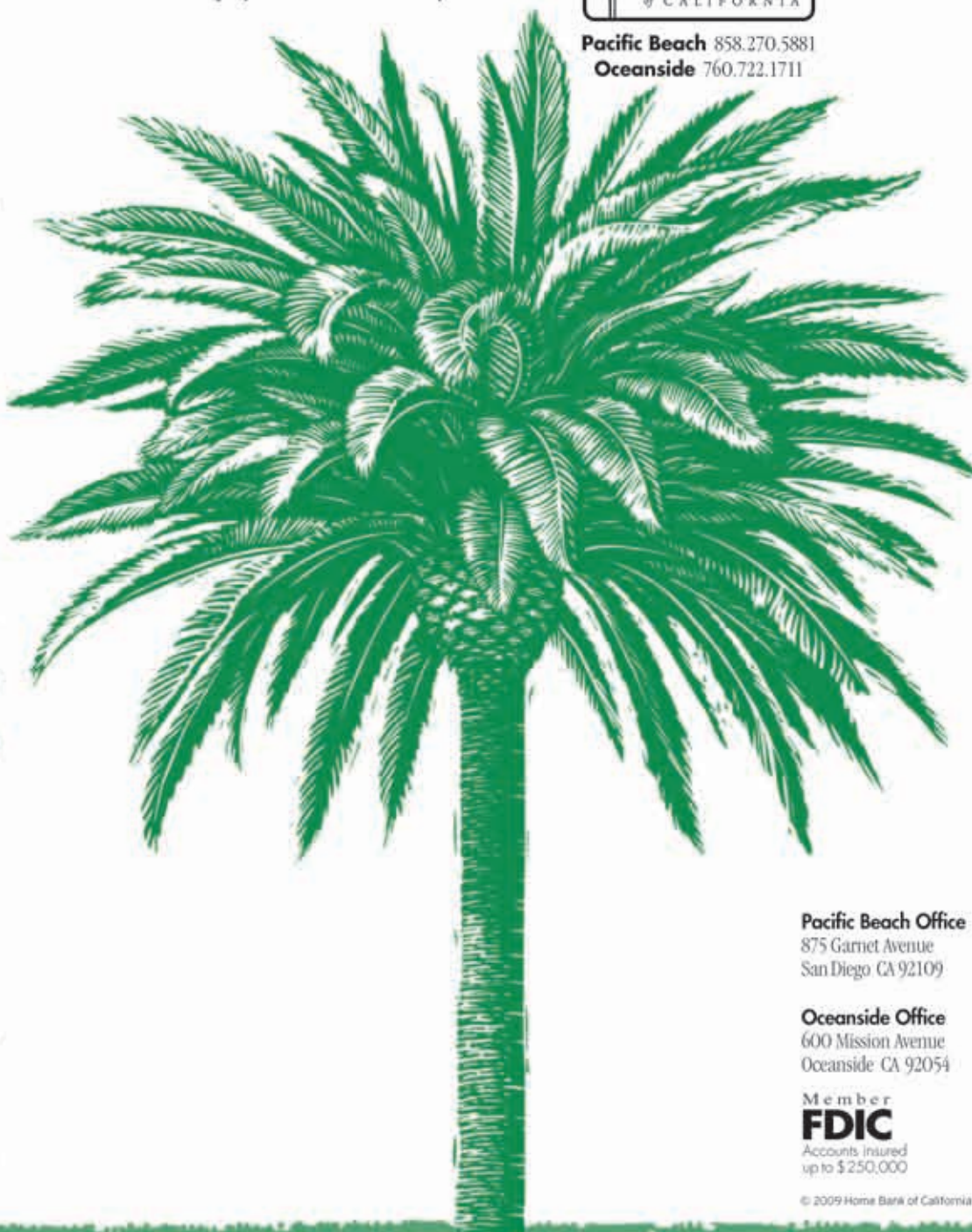
Come bank by the beach!

There's a great little bank near the beach that could be a perfect fit for you. Like most banks, we offer checking and savings accounts, debit cards and ATMs. But at our bank, you'll also find some of the highest FDIC-insured interest rates on CDs and investment accounts available. Plus the kind of personal service you won't find at the big "take a number" banks.

Check us out and see what a solid, local 27-year old bank can do for you. Visit us at homebankofcalifornia.com, or stop by one of our beach city branches.



Pacific Beach 858.270.5881
Oceanside 760.722.1711



Pacific Beach Office
875 Garnet Avenue
San Diego, CA 92109

Oceanside Office
600 Mission Avenue
Oceanside, CA 92054

Member
FDIC
Accounts insured
up to \$250,000

© 2009 Home Bank of California

BRIEFS

CONTINUED FROM Page 8

later in the year.
Philanthropists interested in contributing to Pacific Beach's Concerts on the Green can visit www.pbconcerts.org or mail a donation to:
Concerts on the Green/PBCF
PB Box 99925
Pacific Beach, CA 92169

PB students raise money to visit East Coast

Eighth graders at Pacific Beach Middle School will raise money at Rubio's Mexican Grill for a trip to the East Coast to visit Washington D.C., Virginia, Pennsylvania, New

York and Boston. On March 25, the students will fundraise all day at Rubio's on 910 Grand Ave. They invite the public to stop by and mention the 8th graders when ordering food.

Calling all student artists...

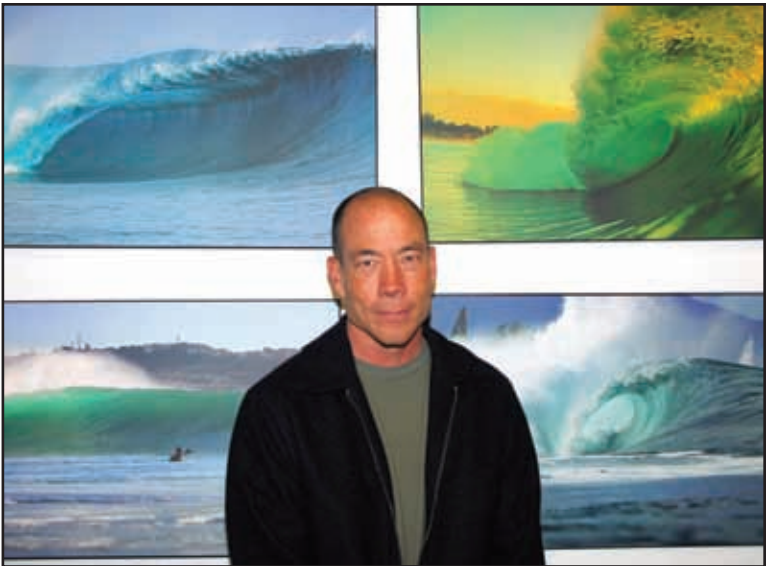
Students across San Diego are invited to sharpen their crayons to create a poster about "living in a drought" for the Ninth Annual Water Conservation Poster Contest, administered through the city's Water Department. Posters are due March 25.

Posters will be displayed in the City Administration Building, at the San Diego Watercolor Society

Gallery and at the San Diego County Fair Kids Best Art Exhibit. Eighteen winners will be selected and recognized at a City Council meeting plus receive four tickets to the Reuben H. Fleet Science Center. The top winner will receive a US Savings Bond for \$100; the second-place winner will get \$75 and the third-place winner will receive \$50.

Posters should be sent to 600 B St., Suite 1210, San Diego, 92101

For more information, visit www.sandiego.gov/water/consevation or call (619) 515-3500.



Legendary photographer Aaron Chang visited Aztec Graphics on Garnet Avenue to sign posters that garnered \$300 for Friends of Scott Foundation that raises money for children with cancer.

DON BALCH | BEACH & BAY PRESS

SEE BRIEFS, Page 11

Health + Beauty

Supplements, Essential Oils & Herbs

• Organic Grocery, Bulk & Produce •

Ocean Beach

PEOPLE'S

Organic Foods Market

A CALIFORNIA COOPERATIVE

4765 Voltaire St. San Diego, (619) 224-1387

Open Daily
8 am - 9 pm

Kids Need Protection

Children's internal organs are still developing and their immune systems may provide less natural protection than those of an adult. Chose Organic!

www.obpeoplesfood.coop

• Full Service Organic Vegetarian Deli

Cruelty-free Bodycare, Books & Gifts

Spring Cleaning

Spring is in the air! It's that time of year when we all want to throw open the windows and welcome the fresh air into our homes. This is a time when cleaning your home is as fulfilling as living in it has been. But sometimes that "clean" smell is really not so clean after all. Fragrances added to many cleaners, most notably laundry detergents and fabric softeners, may cause acute effects such as respiratory irritation, headache, sneezing, and watery eyes in sensitive individuals or allergy and asthma sufferers. Typical household cleaning products can be highly toxic and hazardous, and the National Institute of Occupational Safety and Health has found that one-third of the substances used in the fragrance industry are toxic. But because the chemical formulas of fragrances are considered trade secrets, companies aren't required to list their ingredients but merely label them as containing "fragrance." Ocean Beach People's Organic Food Co-op has an extensive selection of non-toxic and biodegradable cleansers, including: all purpose, kitchen, bathroom and tile sprays and scrubs; glass and mirror cleaners, free of perfumes and dyes; natural enzyme drain openers, non-chlorine bleach and more — all geared to help you obtain the sparkly-clean results that you want, while keeping your home and your environment toxin-free. This year, let a clean earth begin with your home.

Open daily from 8 a.m. to 9 p.m., you'll find Ocean Beach People's Organic Food Co-op at 4765 Voltaire Street, where anyone can

shop and everyone can join! Visit us online at www.obpeoplesfood.coop and check out our blog at obpeoplesfood.blogspot.com.

■ ■ ■

Dr. Sunstein moves his La Jolla office

During my 13 years of college I received my Bachelor of Science in Biology at SDSU, then I received my Doctor of Dental Surgery from UCLA, and Advanced Degree's in General and Esthetic dentistry. I did my residency in New York City at Columbia University for Orthodontics and Dentofacial Orthopedics. I came back to join my family and live my dream practicing Orthodontics in La Jolla after my residency.

I have been practicing Orthodontics and Dentofacial Orthopedics here in La Jolla in my second decade of making smiles. We just recently moved from our Herschel address to 7575 Eads Ave., where our new state of the art facility has been built in the Montrachet building one block north of Pearl. There is easy access and plenty of parking.

I love making beautiful smiles every day, I truly enjoy what I do! If you would like to come by and see for yourself or for a free consultation you can meet my wonderful staff and myself. Some of whom have been with me since I started here in the "Jewel by the Sea." We are one big happy family. We look forward to making many more beautiful smiles in the years to come!

■ ■ ■

We are committed to offering our patients the best possible treatment.

Robert A. Sunstein, D.D.S.

Specialist in Orthodontics and Dentofacial Orthopedics

Diplomate of the American Board of Orthodontics

The Sunny Smile Specialist

Ask about

invisalign™

Member

American Association of Orthodontists

7575 Eads Ave Ste 101, La Jolla, CA 92037

(858) 459-3353

www.lajollaorthodontist.com

Reverse the Patterns of Postural Change.

Walk Tall: A Comprehensive Osteoporosis Management & Postural Correction Program

Sara Meeks, PT,MS, GCS

Every Tuesday
11:00a.m.-12:00 p.m.

Every Thursday
9:30 a.m. - 10:30 a.m.

La Jolla YMCA, 8355 Cliffridge Ave.

St. Bridgid Parish Hall, 4735 Cass St.

Presented by:
Tassanari Physical Therapy and St. Brigid Health Ministry

For information on this class, the Walk Tall Program, or a FREE consultation at Tassinari Physical Therapy

Tassinari Physical Therapy

Call (858) 581-6900
or website: www.tasspt.com

IT'S FOR EVERYBODY

It's not just for the young, it's for everyone.

Helping You Help Yourself™

Physical Activity and Arthritis
You can Do It!

Presented by Sandra Hayhurst, M.A.
Director of Health Promotion, Arthritis Foundation San Diego Chapter

MYTH

You cannot be physically active if you have arthritis

FACT

There is safe physical activity for those with arthritis

LEARN

More about arthritis and the activities that you can do

• Learn some myths and risk factors about arthritis

• Learn recommended physical activity

• Learn tips for safe physical activity

Everyone receives a FREE Consultation at Tassinari Physical Therapy

Date: Thursday, March 26th at 4:00 – 6:00pm *NEW TIME*

St. Brigid Parish Hall, 4735 Cass Street, P.B.

FREE Seminar R.S.V.P. (858) 581-6900

Sponsored by St. Brigid Health Ministry and Tassinari Physical Therapy

94% market saturation.

We deliver door-to-door to all homes and businesses in the communities we cover. Will you be onboard?

SAN DIEGO COMMUNITY NEWSPAPER GROUP

4645 CASS ST., SAN DIEGO, CA 92109

PH 858.270.3103 • FX 858.713.0095

www.sdnnews.com • sales@sdnews.com

BRIEFS

CONTINUED FROM Page 10

Clean PB Day

Pacific Beach Town Council holds a “Clean Pacific Beach Day” the first Saturday of every month from 9 a.m. to noon. Volunteers meet at the PB library on 4275 Cass St. Tools, gloves and trash bags will be provided. Youth under the age of 18 must be accompanied by an adult. For more information, call (858) 483-6666 or email pbtowncouncil@sbcglobal.net

MB Woman’s Club celebrates renovation

The Mission Beach Woman’s Club invites the public to an open

house to celebrate renovations to the 80-year old clubhouse on March 28 from 2 to 4 p.m. at 840 Santa Clara Place. Refreshment and entertainment will be offered. The clubhouse is a meeting place for the woman’s club as well as rented to private parties to help support the woman’s club.

Over the years, the woman’s club has raised thousands of dollars. In 2005, the club purchased a dog for the San Diego Police Department canine unit. In 2006, the club purchased a thermal imager for the fire department’s Station 21 and a portable lifeguard tower for North Mission Beach at Santa Clara Place. In 2007, the club purchased addi-

SEE BRIEFS, Page 13



La Jolla Auto Body
“Since 1968”
Scotty - Paulette - Kenny – Jose
Specials: **\$25.00 Off** your next auto “Detail”,
10% discount on your total “labor” costs on any estimate.
4620 Mission Bay Dr.
858.270-6821

COMPLETE AUTO DETAILING
RECESSION SPECIAL
\$2500 OFF
ANY DETAIL SERVICE
• Hand Washing & Waxing
• Oxidation & Fall out Removal
• Complet Interior Work
• Engine Cleaning
Your Green Alternative Since 1981
Pacific Beach AUTO DETAILING
4645 Cass Street • 858-581-0211
Beach & Bay Press Building- entrance on Emerald Street across from the Post Office

Mobile Bumper Repair Experts
FREE ESTIMATE! - Call 619.237.3773
COSTS LESS than Body Shops.
GUARANTEED as Long as You Own Your Car.
WE COME TO YOU!
Takes Approx. 2 Hours
\$30 OFF Bumper Repair
We Do: Bumpers • Fenders • Doors • Hoods
Spoilers • Quarter Panels • Mouldings
Body Kits & More!
Dent, Scratch & Ding Removal Tool!
bumper rescue
www.BumperRescue.com
FREE MOBILE SERVICE to your home or office or come to our Reconditioning Facility at 2920 Damon Ave. – Pacific Beach (Near Garnet at Mission Bay Dr.)

Pacific Beach Cycles
Buy Now or Lay Away for the Holidays!
Area’s best Motorcycle & Scooter Repair

Adult 3-Wheelers
Largest Variety in the County!
FREE HELMET with purchase of scooter or motorcycle
2280 Garnet Ave. • (858)272-3717

Cool Beans
Best Price in PB! Premium Coffee From \$1.25
Espresso • Tea Breakfast Pastries
Corner of Grand & Lamont

California 5DWN303
NO MORE DMV!
DON'T WASTE HALF A DAY AT THE DMV!
LET US DO IT FOR YOU!
Finest City Registration
5010 Cass St., 858.270.1471 (2nd Floor, Cass & Loring)
REGISTRATION TITLE • PLATES



Submit this ballot for a chance to Win!

Dinner for Two (\$100 value) at one of Mission Beach or Pacific Beach’s fine restaurants.

ENTRY RULES: You choose your favorite! Tell us who the best of the best is and you’ll be entered into our free drawing. **MAIL YOUR BALLOT TO:** The Peninsula Beacon, Readers’ Choice Awards, P.O. Box 9550, San Diego, CA 92169. **YOU MAY ALSO HAND DELIVER BALLOTS TO:** 4645 Cass St., 2nd floor; or vote online at: www.sdnews.com or beachandbaypress.com. • Please complete at least 50% of the ballot. • One ballot per person. • Limited to 92106, 92107 & 92110 • Ballots must be postmarked, submitted online, or hand-delivered, by **4/30/09**



CONTACT INFO (must be filled out for your votes to be counted):
Name: _____
Address: _____ City / Zip: _____
Daytime phone: (_____) _____
E-mail: _____

Vote online at BeachandBayPress.com

Vote for your favorite pick in Mission Beach / Pacific Beach

DINING & RESTAURANTS

Overall Restaurant _____
Overall restaurant service _____
New restaurant _____
Breakfast _____
Lunch _____
Dinner _____
Take-out _____
Sunday Brunch _____
Family restaurant _____
Restaurant with Wine selection _____
Beer Selection _____
Sports Bar _____
Place to People Watch _____
Pet Friendly Restaurant _____
Best Place to Dance _____
Live music _____
Happy Hour _____
Best Comfort Food _____
Late Night Eatery _____
Place to go on a Budget _____
Place for a Birthday Party _____
Most Romantic _____
Best Ocean View _____
Appetizer _____
Burrito _____
Burger _____
Fish Taco _____
Desserts _____
Margarita _____
Martini _____
Specialty/Trademark Drink _____
Pizza _____
Salad bar _____
Sandwich _____
Steak _____
Sushi _____
Seafood _____
American _____
BBQ _____
Vietnamese _____
Thai _____
Chinese Restaurant _____
French _____
Greek _____
Irish _____
Italian _____
Mexican Restaurant _____
Bakery _____
Bar _____
Cafe _____
Catering _____
Coffee shop _____
Juice Bar _____
Donut Shop _____

Bagel Shop _____
Deli _____
Ice cream / frozen yogurt _____
Vegetarian/Vegan _____
Patio dinning _____
Early Bird Special _____
Bartender _____
RETAIL
Antiques _____
Art gallery _____
Bookstore _____
Chiropractor _____
Furniture store _____
Place with unusual gifts _____
Auto repair _____
Bank _____
Hotel _____
Children’s apparel _____
Men’s apparel _____
Women’s apparel _____
Best place to buy jeans _____
Eye wear _____
Swimsuits _____
Jewelry store _____
Shoe store _____
Dry cleaners _____
Florist _____
Grocery store _____
Travel agency _____
Pet hospital /Vet _____
Hair salon _____
Day spa _____
Health club _____
Yoga facility _____
Senior living facility _____
Tanning salon _____
Printer _____
Nails _____
Shipping/Packaging _____
Dentist _____
Pharmacy _____
Stylist _____
Plumber _____
Electrician _____
Contractor / Construction _____
Optometrist / Ophthalmologist _____
Bicycle shop _____
Scooter / Motorcycle _____
Smog check _____
Fast oil change _____
Pet store _____
Resale shop _____
Surf shop _____
Skate shop _____
Tattoo / Piercing _____
Fitness / Gym _____
Gardening / Nursery _____

Mail your ballot to: The Beach & Bay Press, Readers’ Choice Awards, P.O. Box 9550, San Diego, CA 92169



MARCH MADNESS • ALL BASKETBALL GAMES HERE!
BEST VIEW IN PB • EPIC SUNSETS
CLASSIC ROCK N'ROLL • 20 DRAFTS
2 FULL BARS • KILLER FOOD
MONSTER BURGERS • KITCHEN OPEN LATE ALL SPORTS PACKAGES
FREE PPV - UFC FIGHTS EVERY NIGHT

for information: 858.272.SURF
PBSHORECLUB.COM MYSPACE.COM/PBSHORECLUB
ON THE BOARDWALK WHERE GRAND MEETS THE SAND
4343 OCEAN BOULEVARD • PACIFIC BEACH, CA



Call 858-272-0930 858-274-2368

Fast & Free Delivery! Pacific & Mission Beaches, La Jolla, Clairemont
Delivery charges may apply outside these locations

Open 7 Days a Week 11:30am - 9:30pm

Tuesday Special
Buy Over \$20 of Delicious Ivory Thai & Get 1 Order of Cream Cheese Wonton **FREE!**

Please present coupon when ordering. Not valid with any other offer. Expires 03-31-09

Order online at: ivorythaicuisine.com
2015 Garnet Ave. #103 San Diego, CA 92109



HOOTERS 2008 FOOTBALL SEASON

FREE ENTRÉE!
With the purchase of an entrée of equal or greater value.
Valid @ Pacific Beach Location Only. Cannot be combined with any other offers. No cash value. Offer expires 03/31/09

Your NFL & college football headquarters for food, fun & fans!



HOOTERS OF PACIFIC BEACH • 4190 MISSION BLVD • (858) 273-HOOT



RIBS • SEAFOOD • STEAKS

LUNCH OR DINNER

\$5 off \$20 purchase
OR
\$10 off \$40 purchase
(dine in only)

20% off all take out orders

Join us for dinner and live music on Fridays

(858) 272-7427
4110 Mission Blvd.
San Diego, CA

Free 3 hr. parking. Not valid w/ any other offer



EAT DRINK & CHILL

GREAT FOOD
UNIQUE BURGERS
WINGS
& BREAKFAST

M-F 3PM-6PM HAPPY HOUR
1/2 PRICE PITCHERS / 1/2 OFF ALL WINGS
TUESDAYS ARE ALL DAY HAPPY HOUR!
SUNDAYS \$2 MIMOSAS / \$10 BOTTLES OF CHAMPAGNE

FREE BURGER! Buy 1 burger and 2 beverages at reg. price and get 1 burger FREE.
Not Valid with any other offers. Expires 04/30/09

4656 MISSION BLVD. PACIFIC BEACH
858.274.2473 • DIRTYBIRDSPB.COM




Voted Best Steak
By Beach & Bay Press Reader's Poll


Your Hosts The Sacka Family

Skybar Happy Hour 3 to 6 pm

858-488-7311
3768 Mission Boulevard • Mission Beach



Breakfast or Lunch at the Beach



4150 Mission Blvd. Pacific Beach • 274-3122
Open 7 Days a Week 7 am–2 pm



Clubs, Bars & Music Scene





Breakfast & Lunch
Open Daily 6:00am - 3:00pm

\$2.00 OFF Any Breakfast or Lunch Entree
\$8.00 minimum entree purchase plus beverage, per person. Limit 4 per coupon. 1 coupon per table. No separate checks. Not valid on weekends, holidays or with any other coupons, specials, offers or with private groups.



www.thebrokenyolkcafe.com

Pacific Beach 1831 Garnet Ave. (858) 270-YOLK(9633)
Eastlake (7am-3pm) 884 Eastlake Pkwy. (619) 216-1144
La Costa 7670 El Camino Real (760) 943-8182
Gaslamp 355 6th Ave. (619) 338-YOLK(9633)

Coming Early 2009

MISSION BEACH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>710 BEACH CLUB 710 Garnet Avenue 858-483-7844</p>	<p>Happy Hour Open to close - any beer plus any shot = \$7.10 /</p>	<p>Happy Hour 1pm to 7:10pm / Game Night \$7.10 Coors Light Pitcher 8pm to close</p>	<p>Happy Hour 1pm to 7:10pm / Live music 9pm to close (710bc.com for show info)</p>	<p>Happy Hour 1pm to 7:10pm / Live music 9pm to close (710bc.com for show info)</p>	<p>Happy Hour Noon to 7:10pm / Live music 9pm to close (710bc.com for show info)</p>	<p>OU Sooner football headquarters Live music 9pm to close (710bc.com for show info)</p>	<p>Late Nite Happy Hour 9PM to close. Any Beer + Any Shot = \$7.10</p>
 <p>4656 Mission Blvd. P.B. 858-274-2473</p>	<p>Nightly Specials: 1/2 Price Wings \$1.50 House Sliders!</p>	<p>HAPPY HOUR ALL DAY!</p>	<p>1/2 OFF HUMP DAY: 1/2 price Wings and Apps!</p>	<p>5:30-Close \$8 Bud Light & Bud Light Pitchers!</p>	<p>Nightly Specials: \$4 Han Vodka & Red Bull 6pm - Close!</p>	<p>College Football \$3 So Ju Margarita's ALL DAY!</p>	<p>Nightly Specials: 5:30- Close 1/2 price wings \$8 Bud/Bud Light pitchers</p>
 <p>FIREHOUSE 722 Grand Avenue 858-274-3100</p>	<p>Nightly Specials: Mandatory Mondays + open Wii play \$3 beers & 1/2 off specialty drinks 9 - CL</p>	<p>Nightly Specials: 50 cent ribs. beer & a shot \$6</p>	<p>Nightly Specials: Top Chef/Project Runway in high def. 1/2 off bottles of wine ALL NIGHT</p>	<p>Nightly Specials: \$3 Thursdays\$3 wells, drafts and bottled beers</p>	<p>Nightly Specials: \$3 Firehouse drafts ALL NIGHT</p>	<p>Every Saturday DJs all night</p>	<p>Every Sunday Daytime DJs</p>
 <p>4190 Mission Blvd 858-273-4668</p>	<p>Mon-Fri Happy Hour (3-6pm) drink specials all day, every day – food specials</p>						
	<p>Military Monday: 20% off + \$9.99 Crab legs</p>	<p>Nightly Specials: Trivia with Candace & JoAnn – All you can eat wings for \$12.99</p>	<p>Wings Day: 10 boneless wings & fries for \$5.99</p>	<p>Nightly Specials: Happy Hour – All Day</p>	<p>Fiesta Friday's: \$3 Corona, Corona Lite + Pacifico – 1/2 price nachos. Patio Only.</p>	<p>Nightly Specials: Come and visit your favorite Hooters Girl</p>	<p>Nightly Specials: Kids Eat Free</p>
 <p>LATITUDE 32° PUB & GRILL 5019 Cass Street P.B. 858-273-0501</p>	<p>Mon–Fri Beer Clock Starts 11am @ \$1.75 until 3pm @ \$2.75, also Happy Hour 3–6pm.*Recession specials dine-in only.</p>						
	<p>Daily Specials: \$5 Recession Special 4-10pm* Homemade Meatloaf, Mashed Potatoes, Green Beans</p>	<p>Daily Specials: \$5 Recession Special 4-10pm* Homemade Shepherd's Pie</p>	<p>Daily Specials: \$5 Recession Special 4-10pm* Italian Night & Garlic Bread BYO Wine, No corkage fee</p>	<p>Daily Specials: \$5 Recession Special 4-10pm* Mongolian Chicken + Rice</p>	<p>Daily Specials: Mon-Fri 11am-3pm \$5 lunches, PBR Pitchers \$6.50 50 cent Pool 7-days-a-week</p>	<p>Daily Specials: Serving Breakfast 9am-1pm 8 Flat Screens. Mimosas Lunch & Dinner & Beer Specials Grill Open Until 10pm</p>	<p>Daily Specials: Serving Breakfast 9am-1pm 8 Flat Screens. Mimosas Lunch+Dinner+Beer Specials Grill Open Until 10pm</p>
 <p>Nick's 809 Thomas 858-270-1730</p>	<p>Nightly Specials: Happy Hour 4pm –Close</p>	<p>Nightly Specials: \$2 Tacos and \$5 Tequila Happy Hour 4pm –7pm</p>	<p>Nightly Specials: \$5 Whiskey Drinks Happy Hour 4pm –7pm</p>	<p>Nightly Specials: \$6 Burger and a Beer Happy Hour 4pm –7pm</p>	<p>Nightly Specials: 25% off bottles of wine</p>	<p>Every Saturday \$9 Coors Light Pitchers and \$2 Mimosas Happy Hour 4pm –7pm</p>	<p>Every Sunday \$9 Coors Light Pitchers and \$2 Mimosas Happy Hour 4pm –7pm</p>
 <p>PACIFIC BEACH ALE HOUSE 721 Grand Ave. 858-581-BEER</p>	<p>Open Wii play</p>	<p>All-You-Can-Eat Crab With hushuppies and salad + crab races at 10pm.</p>	<p>Uncorked 1/2 price bottles of wine 5-10pm + \$5 Martini Madness at 10pm.</p>	<p>Thursday Special \$3 U-Call-Its from 9pm – close.</p>	<p>Friday Special \$3 U-Call-Its from 9pm – close.</p>	<p>Breakfast (9am – 1pm) with Build Your Own Bloody Marys and Tropical Mimosas.</p>	<p>Breakfast (9am – 1pm) with Build Your Own Bloody Marys and Tropical Mimosas.</p>
 <p>4343 Ocean Blvd. 858-272-SURF</p>	<p>Nightly Specials: Beer Pong 9Pm to Close .25 Wings and Industry gets 50% off bill</p>	<p>Nightly Specials: 1/2 off Appetizers 6pm to close</p>	<p>Nightly Specials: Goldfish Racing 9pm to close</p>	<p>Nightly Specials: \$3 U Call it 8pm to close DJ Tony A NO Cover</p>	<p>Nightly Specials: \$3 Drafts, \$3 Tacos NO Cover</p>	<p>Nightly Specials: Badgers Football DJ Tony A \$3 Drafts, \$3 Tacos NO Cover</p>	<p>Nightly Specials: Karaoke with DJ Franqueray Reverse Happy Hour 10pm to Close – \$3 U Cal it</p>
 <p>TONY ROMA'S RIBS • SEAFOOD • STEAKS 4110 Mission Blvd. 858-272-7427</p>	<p>Happy Hour: Monday – Friday 4 – 6pm \$2 off Bud Light or Hefeweisen Pitchers \$3 off 14 oz Bud Light or Hefeweisen \$3 off well drinks or well wines\$3 off all appetizers \$6.99 basket of 12 wings \$6.99 basket of 4 ribs Fridays Join us for Live Music</p>						
	<p>Daily Special: Happy Hour 11-4</p>						<p>Daily Special: Happy Hour 11-4</p>

The PB life for a 90-year old woman

BY ADRIANE TILLMAN | BEACH & BAY PRESS

Edna Everett exercises at Curves gym. She golfs twice a week and scored her first hole-in-one last April. She is learning to ballroom dance. In her spare time, Everett volunteers for the San Diego Chamber Orchestra and La Jolla Playhouse. Everett also turned 90 years old on Dec. 5. She was born in 1918. After a lifetime of moving around the world with her husband, an Air Force school administrator, she retired as a librarian and moved to San Diego in 1986 to join her daughter and son.

"I always wanted to come to San Diego to live," Everett said. "That was sort of a destination." Everett moved into an apartment in Pacific Beach and quickly grew busy volunteering at the Pacific Beach Middle School's library for 10 years; eventually the district added her to the payroll. Everett loves being able to walk to the grocery store or the bus stop. She even grew accustomed to the development of Pacific Beach that turned the one-story duplex next door into an apartment complex that blocked her view of the setting sun. Twice a week, Everett plays golf with the ladies at the Balboa Park Golf Course. She's been playing golf for 20 years.

"I've been playing with the same women the whole time," Everett said. "We don't get any worse but we don't get any better."

When Everett has a quiet day, she pays a visit to her favorite place in San Diego: Balboa Park. She frequents the Old Globe often and is a member of the Museum of Art.

Everett celebrated her 90th birthday at a cocktail party at Jean Issacs' house which Everett had bid on at a fundraiser. Her litany of friends from Curves to the golf course, plus many relatives from the Midwest who had never visited California before, celebrated with her. Jean Issacs operates a modern dance company that performs the Trolley Dances each year, where dancers perform at various stops along the trolley line.

Everett's face lights up when she speaks of Issacs' work, and she was delighted to celebrate her birthday at the artist's house.

Everett grew up on a typical 100-acre farm in North Minnesota (here, Everett emphasized the northern part) where her family raised cows, pigs and chickens. Everett's grandparents had emigrated from Norway, and she follows a heritage of long lives. Her grandmother lived to be 97 years old, and her aunts lived into their mid '90's.

After high school, Everett left for Kansas City to live with her aunt and study shorthand and typing. "I had to get away," Everett said. "Otherwise I would have been a farmer's wife. I had to do something."

Everett passed the Civil Service exam in 1938 and took a job as a

secretary for the government in Washington, D.C. Living with two other women on the East Coast, it was an exciting time for Everett who explored the city on subway or by foot and whose neighbor took the women on weekend trips in her convertible. Soon World War II broke out, which, at first, was also very exciting.

"Patriotism was the thing that was very strong," Everett said. "There was no doubt about what we were doing. Everyone was wanted in the effort. We all felt we had contributed."

Everett said no one complained about the rationing of food or resources and that everyone was united in the war effort.

A highlight in Everett's life was attending the inaugural ball for President Franklin D. Roosevelt in 1940. Everett described it as a "party."

"There was no security," Everett said. "They encouraged government workers to just show up."

As Everett and her husband traveled from Air Force base to Air Force base (including stints in Germany and Libya), she continued taking classes until eventually she earned her master's degree in library science at the University of Southern California.

Everett worked as a librarian in Minot, ND and then in the San Joaquin Valley before moving to San Diego after her husband died.

Everett attributes her good health



Ninety-year old Edna Everette works out at Curves gym in La Jolla where she's just another one of the girls. PAUL HANSEN | BEACH & BAY PRESS

to her healthy diet and active lifestyle.

"Be born Norwegian and eat lots of yoghurt," she said.

Everett said she keeps a fresh mind by resolving to let go of her

worries for the evening and enjoy a good night's sleep. After 90 years of living, Everett advises people to keep a good attitude.

"Just keep moving and love it," she said.

BRIEFS

CONTINUED FROM Page 11

tional lighting for Carmel Point. Last year, the woman's club raised \$15,500 for musical instruments for the Mission Bay High music program. Each year, the club also sets aside \$10,000 for the Giving Committee to distribute.

What's up with the Pacific Beach Town Council?

The town council met on Wednesday, March 18. To see full story visit www.sdnews.com and click on the Beach & Bay Press tab.

Beach Cruiser SALE

FREE BASKET

WITH LADIES BIKE

BIKES STARTING @ \$129.99

Top quality beach cruiser with alloy parts & stainless steel spokes

Member of the ITEX Cashless Marketplace

800-213-5496
www.itex.com

Kruiser King

3830 Mission Blvd., Mission Beach
858/488-6341

1808 Garnet Ave.
Pacific Plaza II
OPEN

Mon	CLOSED
Tues	CLOSED
Wed	10:30am-6pm
Thurs & Fri	6am-6pm
Sat & Sun	6am-5pm

858-272-3521

Real Sourdough • Crusty French • Sourdough Walnut • Spinach Feta
Nine Whole Grains • Hallah Egg Bread • Banana Chocolate Chip
Apple Cinnamon Walnut • Black Forest Chocolate Cherry
Pumpkin • Fruit n' Nutz • Maple Walnut • Cheddar Jalapeno
Fat Free Muffins • Exceptional Biscotti • Cream Cheese Scones

Awesome Tasting • All Natural • Scratch Baked • Organic Flours

Free Giant Cinnamon Roll or Muffin or Cookie or Scone with Purchase of a Loaf!

One Coupon Per Person Per Day. \$5.00 Minimum Purchase. Expires 04/09/09

Get SUPER CHARGED!

WITH TIME WARNER CABLE
YOU GET MORE FOR LESS

SAVE OVER \$1000/YEAR!*

Plus EXCLUSIVE Coverage of Over 100 Padres Baseball Games

SUPER CHARGED TRIPLE PLAY includes:

- Watch Padres Baseball – exclusively on Cable!
- Over 300 Channels*
- 2 DVRs*
- Showtime & The Movie Channel*
- Blazing-fast (10 Mbps!) Road Runner
- Home Phone with UNLIMITED NATIONWIDE Long Distance Calling
- FREE Voicemail and More**!

Call Now!
866-963-2316
or visit www.TimeWarnerCable.com

THE POWER OF YOU™

Some restrictions apply. Not all services, channels and fees available in all areas. Installation fees and taxes apply. **Over \$1,000/year savings claim based on retail rates and applies only to our Super Charged triple play customers with a 2-year agreement required. Other restrictions may apply. *Applies only to our Super Charged bundle with a 2-year agreement required. Home Phone does not include back-up power and, as in the case with an electric-powered home cordless phone, should there be a power outage, Home Phone, including the ability to access 9-1-1 services, may not be available. Home Phone price excludes international calls, Operator Services, Directory Assistance, and taxes and fees. Additional charges apply for taxes, fees, Directory Assistance, Operator Services and calls to international locations. Offer valid for residential customers in Home Phone serviceable areas. \$20 telephone number transfer charge to return your existing local telephone number when you switch from another telephone service provider to Time Warner Cable Home Phone. 17% discount included only with Value Plus and Super Charged triple play bundles. Retail rate applies to double play and single product customers. Please call for details or visit TimeWarnerCable.com. ©2009 Time Warner Cable, Inc. All Rights Reserved.

Entrepreneurs imagine: Ride a bike not a car

BY ADRIANE TILLMAN | BEACH&BAY PRESS

Two bicycle enthusiasts, who run a bicycle company out of Pacific Beach, hope to convert a few more of the San Diegans who would sooner jump in their cars to drive a few blocks than hop on a bicycle.

Erik Camp, 26, and Jonathan Sobin, 27, are in the process of launching a bicycle sharing system they call EcoTrip, where pedestrians swipe a card to retrieve a bike locked to a rack of bikes, ride it around – or to a destination – and then return it to one of dozens of bike racks located across the community. If the person never returns the bike or trashes it, the damage is charged to the person’s credit card.

The entrepreneurs believe a gap exists in the transportation system within the one to four-mile radius that’s too far for people to walk. Most people just drive. The self-service bike system intends to give people the option to ride a bicycle for a short trip.

“We want to bring non-traditional bikers into a group of commuters,” Sobin said.

The business partners, who run The Collegiate Bicycle Company from an office on Cass Street, plan to start small with 50 to 80 bicycles. Each rack will accommodate eight to 12 bikes. The company primarily sells bikes to universities and is in process of launching its first bike-sharing program at University of California, Irvine.

The automated bike system is popular in Europe. In Paris, the city installed 750 bike racks across the city with 20,000 bicycles to encourage bicycle commuting, a project they called Velib. In Pacific Beach, the entrepreneurs imagine locals jumping on the bikes to take a trip to the grocery store or summer tourists cruising down to the beach.

Washington, D.C. also has a bike sharing program, called Smart Bike, that the city and sponsor Clear Channel have poured money into establishing. In San Diego, Sobin and Camp are just hoping to set up the infrastructure without too much expense and red tape from the city.

“If we have to pay for permits that cost \$1,000 to \$1,500, it just doesn’t make sense,” Sobin said, noting the bike racks are

not return calls seeking comment.

The business partners say the bike racks must be convenient and visible in order to attract riders. Sobin and Camp have not pinpointed exact locations but imagine setting up bike racks across parking spaces or at locations near Belmont Park or on a grassy area near the South Mission Beach jetty.

“Bike enthusiasts” are supporting the project financially, and Sobin hopes the city and

stand. Baskets will hang on bikes for convenience. Riders will sit upright as on a beach cruiser with more controllable handlebars. The bikes will be custom-made for the program by a manufacturer within the United States. Sobin and Camp are considering locking down the bikes at some point in the evening to deter drunk riding.

The cost of a membership for unlimited rides throughout the year will be cheaper than purchasing a bike, said the entrepreneurs. Non-members will pay to ride. Short trips will be free. The business partners would not disclose their price range, yet.

Sobin said the idea is not to undercut local businesses, although there will be some competition. In the long run, Sobin believes the program will convert more people into bike commuters and boost the sale of bikes that will help local shops.

In Paris, subscribers can pay one euro for the day, five euros for seven days or 29 euros for the year. One-time users pay more the longer they use the bike: the first half-an-hour is free; the second half-hour costs one euro; the third half-hour costs three euros, and so on.

Sobin and Camp graduated from Providence College in Rhode Island and grew up in Connecticut and Vermont, respectively. Camp said the warm weather and his love for the outdoors enticed him to move across the country. The men usually bike to work from their apartment in Pacific Beach.

“[Bike-share] is the solution to a lot of problems, like congestion and pollution,” Camp said.



Bicycle entrepreneurs in Pacific Beach are planning a self-service, bike sharing business where patrons swipe their credit cards, take a bike and return it to another bicycle rack along their way.

COURTESY PHOTO

temporary structures and easily removable.

Sobin and Camp are negotiating with the city’s Department of Development Services (DSD) to get the project rolling. Sobin said the city has never encountered such a request and is unsure how to process the project. The Pacific Beach Town Council gave its support with a unanimous show of hands at the Feb. 19 meeting. The DSD did

project will receive state and federal grants to boost bicycling in San Diego.

“It’s a rising tide for all bikes,” Sobin quipped.

As far as bicycle logistics, the bikes will have adjustable seats, puncture-resistant tires and protected parts that delinquents can’t strip. Helmets may or may not be provided. Tire pumps will be located at each



easter brunch | sunday april 12th | 9am – 2pm
call for more info & to make a reservation

FIREHOUSE
AMERICAN EATERY + LOUNGE
2 LEVELS, ROOF TOP PATIO WITH OCEAN VIEW

Complimentary Valet

722 Grand Ave. San Diego Ca. 92109
WWW.FIREHOUSEPB.COM P 858.274.3100 ((WIRELESS INTERNET))

State of the Art Teaching Facilities
Indoors in Winter, Outdoors in Summer
Founded by United States Swim School Hall of Fame member, Murray Callan.

- ONE-ON-ONE ROTATION INSTRUCTION
- ALL LEVELS BEGINNING THRU ADVANCED
- AGES 3 MONTHS-ADULT
- MEDICALLY APPROVED INFANT PROGRAM
- SOFT, PATIENT TECHNIQUES

Owned and Operated by The Callan Family

1012 Law Street • San Diego, CA 92109 • 858-273-SWIM (7946)
355 S. Rancho Santa Fe Rd. • San Marcos, CA • 760-744-7946
www.murraycallanswimschools.com

BURGER BLISS

\$5 BURGERS
\$3 HOUSE BEERS

EVERY MONDAY
6-10PM

PACIFIC BEACH AleHouse

Pacific Beach AleHouse • 721 Grand Ave. • San Diego, CA 92109
Phone: 858.581.BEER (2337) • www.pbalehouse.com

Karl Strauss tops off in PB

BY LORALEE OLEJNIK | BEACH & BAY PRESS

Karl Strauss Brewing Company, the pioneer of craft beer in San Diego, now brews and bottles its beer in San Diego since it opened a new bottling operation on Santa Fe Street in Pacific Beach. The local brewing giant also celebrates 20 years of business this year.

"San Diego's such a beer Mecca," said Melody Daversa, spokesperson for Karl Strauss, "We're happy to have sparked a beer renaissance in San Diego."

After an extensive remodel completed in January, the Santa Fe Street Brewery now fills 72,000 brown bottles of beer a week. The beer was formerly bottled at Stevens Point Brewery in Wisconsin and shipped West, where it can be found at more than 2,500 locations throughout Southern California, from Santa Barbara to San Diego County.

The brewing company first started in Mission Beach and moved to the Santa Fe location in 1996 into a converted greenhouse. Wanting to expand operations without moving from the facility, the company reconfigured the building to include a two-story bottling production line, five new 240-barrel fermenting tanks and two new 120-barrel bright tanks, increasing brewing capacity from 31,000 to 60,000 barrels annually. A new computer system enables brewers to monitor each step of the fermentation process.

"When we outgrew our original location we knew that we wanted to stay near the beach where we felt connected to our community and close to where it all began," said president and co-founder Matt Rattner. "We found just the right spot for our brewery in Pacific Beach and we plan on being here for years to come."

The new bottling line can produce both 12 and 22-ounce bottles, allowing for the production of more seasonal and specialty beers, and the equipment can fill up to 350 bottles per minute. Karl Strauss Brewing Company has hired an additional brewer and brewer's assistant to help oversee the expansion.

Improvements have also been made to improve the quality of the beer. Cold sterile filtering will replace the heat pasteurization process to help bottled beer taste more like draft.

To match the newer, fresher taste, Karl Strauss has also freshened up its look, with an updated packaging and design scheme in celebration of its 20th anniversary. Its iconic Red Trolley Ale logo will not go away, however.

College graduates Chris Cramer and Matt Rattner started the Karl Strauss Brewing Company in the late '80's with the help of Cramer's uncle, master brewer Karl Strauss, who worked at the helm of Pabst beer for decades. Seeing microbrews as the wave of the future, the entrepreneurs opened their first brewery downtown on Columbia Street in 1989.

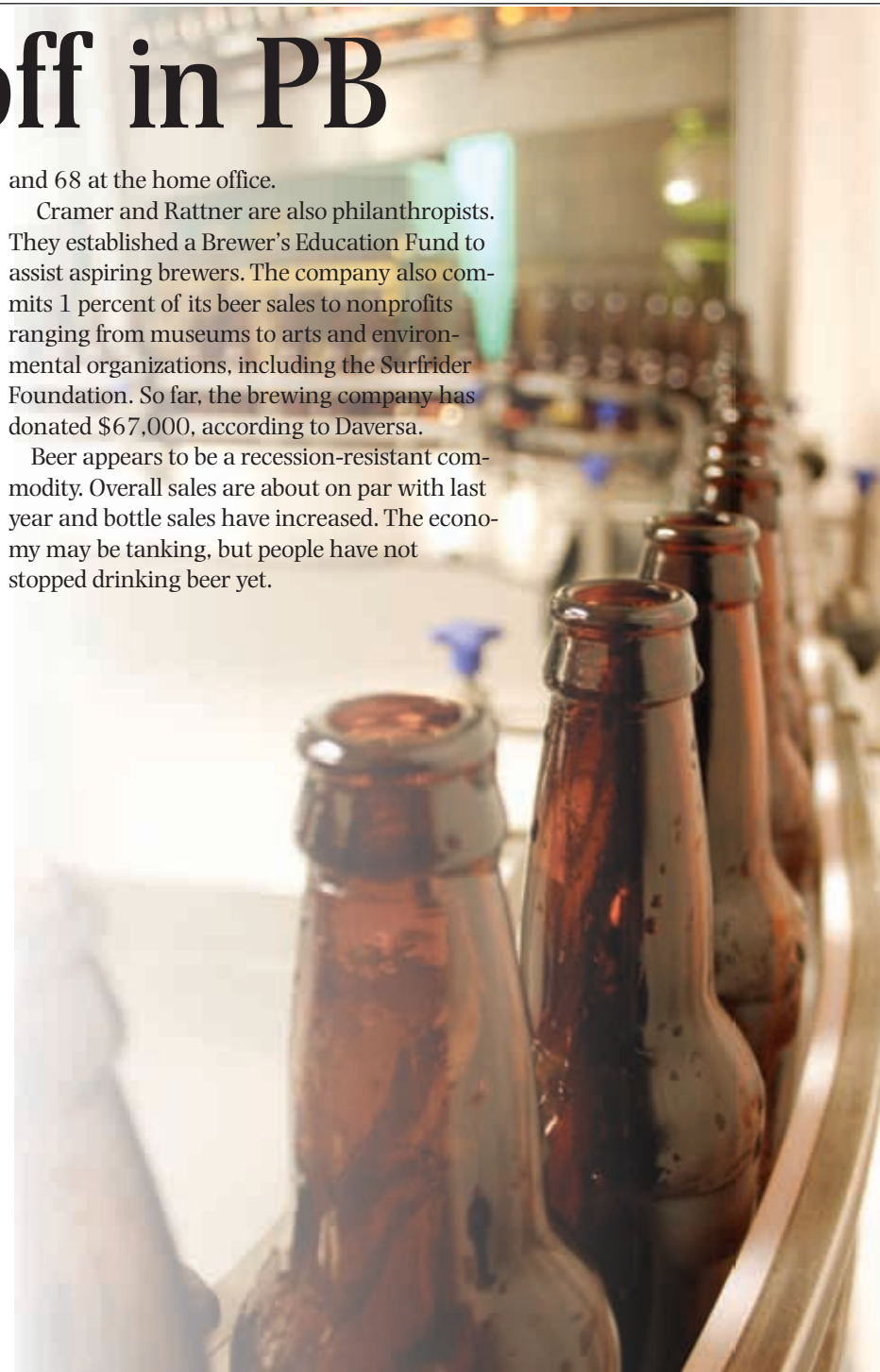
By 1990, Cramer and Rattner were distributing beers to other bars and restaurants. A year later they had built their first distributing brewery in San Diego County. The first bottled beer, Amber Lager, was first sold by Costco in 1995. They opened a brewery restaurant in La Jolla in 1996. Three years later, the company began distributing in Orange County and Los Angeles. In December 2006, Karl Strauss died at the age of 94, leaving a legacy of brewing that spanned generations.

Now, there are six Karl Strauss brewery restaurant locations in San Diego, Los Angeles, and Orange County. The brewery employs a total of 440 employees: 372 at the restaurants

and 68 at the home office.

Cramer and Rattner are also philanthropists. They established a Brewer's Education Fund to assist aspiring brewers. The company also commits 1 percent of its beer sales to nonprofits ranging from museums to arts and environmental organizations, including the Surfrider Foundation. So far, the brewing company has donated \$67,000, according to Daversa.

Beer appears to be a recession-resistant commodity. Overall sales are about on par with last year and bottle sales have increased. The economy may be tanking, but people have not stopped drinking beer yet.



Sunday April 12

easter

THE PRADO
AT BALBOA PARK

champagne
brunch buffet
10am-2:30pm

\$54.95 adults \$15.95 ages 6-12
plus tax & gratuity under 6 complimentary

1549 El Prado 619.557.9441 ext.1

chef deborah scott's
3 course menu
11am-7pm

\$49.95 adults \$12.95 12 & under
plus tax & gratuity

880 Harbor Island Dr 619.298.6802

ISLAND PRIME

Thee Bungalow

chef paul niles'
3 course menu
noon - 6pm

4996 W Pt Loma Blvd 619.224.2884 \$39.95 adults \$12.95 12 & under
plus tax & gratuity

chef randy miller's
3 course menu
11am-7pm

\$49.95 adults \$12.95 12 & under
plus tax & gratuity

333 N Pacific St 760.433.3333 across from Oceanside Pier

333 STEAK-SEA PACIFIC

dinecrg.com

Nick's At the Beach

www.NicksattheBeach.com
Best Traditional Breakfast at the Beach
Saturdays & Sundays 9am-2pm

Daily Lunch Specials
From 11:00am to 3:00pm
Monday thru Friday

March Madness is Here!
Nick's Has Every Game!
Doors Open 9:00AM On Thursday & Friday So You Can See Every Game!

Three Course Friday Only \$20.00
March 20, 2009
Starter (Choice of One)
Cup of Soup~Blackened Ahi Caesar Salad~Buffalo Wings~Tombo Salad
Entrees (Choice of One)
Shrimp Scampi
Jumbo Shrimp Sautéed with Garlic Served With rice Pilaf and Vegetables
Hot Honey Mustard Salmon
With White Rice and Vegetables
Flat Iron Steak
Topped With Blue Cheese and Sesame Ginger Sauce
Desserts (Choice of One)
Ice Cream~Bread Pudding~Mud Pie
Available After 4:00PM
Tax & Gratuity Not Included

Daily Bar Specials
Monday- Happy Hour 4 to Close
Tuesdays- \$2 Tacos & \$5 Margaritas
Wednesday- \$5 Whiskey Drinks
Thursday- \$6 Burger Fries & Draft Beer
Friday- 25% Off Bottles of Wine
Saturday & Sunday- \$9 Coors Light Pitchers

Must Be 21 To Enter Bar

809 Thomas Ave * Pacific Beach * CA * 92109 * (858) 270-1730

Proven success.

We have a 20 year history of helping businesses of all sizes draw in more customers. Community newspapers provide local coverage not available through other news sources.

SAN DIEGO COMMUNITY NEWSPAPER GROUP
4645 CASS ST., SAN DIEGO, CA 92109
PH 858.270.3103 • FX 858.713.0095
www.sdnews.com • sales@sdnews.com
La Jolla Village News • Beach & Bay Press
Peninsula Beacon • Downtown News

MUSICcalendar

By BART MENDOZA | BEACH & BAY PRESS

Royal Bliss rocks the hard knocks

Royal Bliss is one Utah-based rock band that has exploded because of its talent with plenty of bad luck to hold them back. Royal Bliss plays at Cane’s on March 28.

While no drummers have exploded yet, (think the film “Spinal Tap.”) the band has survived its string of bad luck. Formed in 1997, Royal Bliss recorded four albums before things began to go awry. In 2004, lead singer Neal Middleton was paralyzed after a fall

from a balcony. The band, featuring guitarists Taylor Richards and Chris Harding, bassist Tommy Gunn and drummer Jake Smith, decided to continue once Middleton sufficiently recovered, diving straight into the recording of their fifth album, “After the Chaos.” Unfortunately their career took another hit when, midway through the sessions, Smith rolled his car five times. Almost concurrently, Harding suffered a major facial injury while skiing.

These obstacles had to be overcome, as Middleton couldn’t imagine his life without making music.

“Ever since I was a little kid, I’ve loved singing. I’d sing in the car; I’d sing in the shower,” he laughed. He made his first public performance as a preteen singing “Zippi-

ty Doo Dah.” As much as Middleton enjoyed vocalizing, the catalyst for his career was learning to play the guitar.

“When I wrote my first song and got some things off my chest, that was the best feeling ever,” he said. “It made me think, I’m going to do this for the rest of my life.”

While most groups are ready to do anything, including moving their home base to one of the coasts, Middleton maintains Royal Bliss has always wanted to do things on their own terms.

“Our goal was never to sign a major deal,” he said. “We didn’t want to be a band that approached the majors or moved to L.A. or New York to get signed,” he said.

Instead Royal Bliss opted to build a fan base by touring and releasing

six independent albums. Upon the release of “After The Chaos,” the band upped the ante and hired radio promotion. The move worked, and the CD’s first single, “Devils and Angels,” charted the radio throughout the Midwest. It generated major label interest. Before long labels were flying to the band’s home base in Salt Lake City in a bidding war. Royal Bliss eventually signed with Capitol Records, resulting in their latest album “Life In Between.”

Currently on tour supporting Candlebox, Middleton admits that in his darkest hour he briefly considered giving up music.

“There were a few moments,” he said. “I asked myself, ‘Is it time to quit?’” He’s still proud that the band rose to the challenge. “Those events just pulled us together,” he continued. “I knew I had to get back on that stage. That’s the only thing we have. We don’t have a college background or anything else to fall back on. So I knew, I’ve got to get out of that wheelchair.”

Having been through so much together, he acknowledges the quintet now has a special bond.

“Anyone that is successful has hard times in their lives,” Middleton pointed out. “I looked at it like that and thought ‘let’s use this to bring us together,’ and it really did.”

Royal Bliss perform at Cane’s, 3105 Ocean Front Walk, on Saturday, March 28 at 8 p.m. For more information visit www.canesarandgrill.com.



Royal Bliss kicks back.

COURTESY PHOTO

An Innovative Solution to Do-it-Yourself Motorcycle Maintenance

The newest concept in motorcycle maintenance has arrived. Privateer’s Garage, located in San Diego, is the first business of its kind in Southern California to offer shared garage space with all the professional tools and equipment needed to maintain or repair your motorcycle, including fully stocked Matco toolboxes. Whether you own a sportbike, cruiser, ATV or an off-road motorcycle, Privateer’s Garage is the answer for those frustrated with lack of space and tools. Equipped with a tire changer, lifts, individual stalls with stands, factory maintenance manuals and a full selection of parts and equipment, motorcycle owners can use this garage space for

leading names. Tires, fluids, motorcycle accessories and parts are available at the garage location and online at privateersgarage.com.

Kyle Indermuehle, President, explains the concept behind Privateer’s Garage, “Being a motorcycle enthusiast myself, every time I worked on my bike doing oil changes, installing new tires, or prepping for a big trip, I was frustrated by not having enough space or a proper garage area to do the work. Inevitably, I wouldn’t have the right tool or part and would have to make one or several trips to a store to buy it. Another frustration was disposing of used oil and tires. This concept grew out of the thought that other people might like to have a proper garage facility to work on their bikes, too.”

Privateer’s Garage gets its name from motorcyclists that, unlike the factory riders with big sponsors, pristine garage facilities and unlimited parts, work out of their garages on their own bikes. Now privateers can enjoy a factory garage-like setting that is affordable and fun.

“As someone who has attempted motorcycle maintenance in an apartment parking lot, I’ve longed

for a professional garage,” says Technology and Operations Chief, Josh Davis. “The facilities and equipment at Privateer’s Garage will make working on your motorcycle easy and fun.”



Privateer’s Garage is the answer to high priced and lengthy motorcycle repair and maintenance in a great atmosphere with professional equipment at reasonable rates.

Privateer’s Garage
5828 Autoport Mall
San Diego, CA 92121
Phone: (858) 414 1895
Fax: (858) 876 1613
info@privateersgarage.com
privateersgarage.com

ADVERTORIAL

What’s New(s)

Business | Growth | Innovation | News

— Mission Beach / Pacific Beach —

New Health Center, Grand Opening March 26th

Renew Integrative Health Center opened its doors in early February of this year to offer Pacific Beach and the local San Diego area a full service health-care center. The center offers a variety of expert professionals including medical doctors, chiropractors, acupuncturists, osteopathic physicians, physical therapists, marriage and family therapists, and massage therapists, all in one convenient center. Renew is unlike any other center in San Diego because of its innovative philosophy, highly trained specialists, and its TEAM approach. The practitioners not only collaborate on treatment plans but they also form partnerships with their patients to determine the best treatment program to optimize total health. Patients will find a more comprehensive and faster recovery with the combined expertise the center provides. In addition, Renew has a state of the art physical therapy center, ISIS Physical Therapy, where a Doctor of Physical Therapy works to give each patient one-on-one time of top quality care and attention. Within our physical therapy center is Fit at the Tee, offering golf fitness and performance programs. Whether you are interested in lengthening your drive, lowering your handicap, playing more pain-free golf, or simply impressing friends and colleagues, Fit at the Tee Golf Fitness and Performance programs can help improve your game while improving your health. Renew guarantees patients will reach their highest healing potential and total wellness with 100% professional knowledge and expertise.

Renew is inviting the community to its Grand Opening Open House on Thursday, March 26th, 2009 from 11:00am-3:00pm. Come meet your neighborhood healthcare professionals and learn why Renew is truly unique. The public is invited to the center to take a tour and experience an integrative facility. Not only will you learn about our center but don’t miss out on our community raffle where you will get the chance to walk away with fun prizes donated by the local businesses in Pacific Beach. All of the practitioners at Renew are excited to meet you and open their doors so that you can see exactly what Renew Integrative Health Center can offer.

SECTION



classified marketplace

BEACH & BAY PRESS

The #1 Local Place to go for Autos, Homes, Services and More! • Call 858-270-3103

Place or view ads at www.sdnews.com

HELP WANTED 250

AMATEUR FEMALE MODELS Amateur Female Models Wanted: \$700 and more per day. All expenses paid. Easy money. (619) 702-7911

General Help Wanted

1000 ENVELOPES = \$10,000 guaranteed! Receive \$10 for every envelope stuffed with our sales material. Free 24 hour recorded information. 1-800-431-2875

MANICURIST/APPRENTICE Symmetry Nail Designs is seeking a Manicurist/ Apprentice to take over and existing clientele. Experience preferred but not required, will train. Current California manicuring license is required. For details contact Kate (619) 523-6245

MYSTERY SHOPPERS!! Earn up \$150 per day. Undercover Shoppers Needed to judge quality & customer service. Experience not required. 1-877-787-6596

SWIM INSTRUCTORS WANTED \$12-\$19/hr. Call (858) 273-7946

Work Wanted

ITALIAN NANNY available 39 yo, 10+ yrs exper., CPR, excellent refer., full/ part-time. (619) 392-2532

ITEMS FOR SALE 300

FAST FOOD DISCOUNT CARDS Fast Food Discount Cards that never expires. 24 Restaurants including Arbys, Wendys, Pizza Hut, Krispy Kreme and more. Cost \$20. R. T. 3115 WhiteHorse Road PMB 177, Greenville, SC 29611. (864) 295-5551

HP LAPTOP NEW 14 inch 4GB RAM Dual Core Never Opened. \$650 (619) 964-0736

SAMSUNG COLOR LASER printer CLP-315 Never opened. \$120 (619) 964-0736

Free Stuff

FREE SHEER COVER MAKEUP KIT You only pay 5.99 shipping email me napspr01@yahoo.com

Misc. For Sale

BIG BEAR - FAMILY GET-AWAY Rent by day or week! Sleeps 4-14. Spa and Gameroom. Photos @ www.bluemoonridge.com or (619) 226-6671

MANGOSTEEN THE QUEEN OF FRUITS Feel better now and try risk free today: www.MyMangosteen.net

OUTLET CENTER DOORS WINDOWS We have warehouse full of Doors, Windows, Flooring reduced Prices (858) 268-0679

RESALE & NEW women's clothes, accessories, shoes, jewelry, \$5 - 35, Designer BARGAINS, Tierrasanta. (619) 985-6700

Misc. For Trade

ATT READERS! FREE BOOKS! Trade your books for free at www.PaperBackSwap.com!

PETS & PET SERVICES 400

ENGLISH BULLDOG PUPPIES We have a perfect companion for your home, visit our website and see our new litter of Englishbulldog puppies. www.gloriousbullies.com (513) 277-0436

FOCAS

FRIENDS OF COUNTY ANIMAL SHELTERS

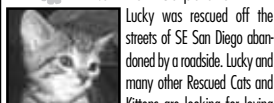


Sweet, shy Briar Rose loves to hang out and stay close to her person. This 4-year-old German Shepherd mix weighs 65 pounds. She is calm and will make a wonderfully loyal companion. Briar Rose enjoys long walks and is great on leash. Her \$69 adoption fee includes her license, up-to-date vaccinations, microchip, and spaying. You can meet her at the County Animal Shelter, 2481 Palomar Airport Road, Carlsbad. Hours are 9:30-5:30 Tuesdays through Saturdays. Call 858-205-9974.

www.focas-sandiego.org or call 619.685.3536

CAT ADOPTION SERVICE

An All Volunteer Non Profit Corporation



Lucky was rescued off the streets of SE San Diego abandoned by a roadside. Lucky and many other Rescued Cats and Kittens are looking for loving permanent homes. Come visit them at the **La Jolla Petsmart** located in La Jolla Village Square.

For more information please visit our website at www.catadoptionsservice.org

PETS & PET SERVICES 400

PLEASE SPAY OR NEUTER YOUR PETS!

SNAP
525-3057



SPOTTIE

Spottie is a 15-year-old Schnauzer mix but he thinks he's only 7. His vet records check out A-OK and he's just had a dental so he's all ready to go. Spottie gets along great with other dogs of all sizes and ages. Mello with kids! Spottie knows "sit" and takes treats nicely. How can you resist this cute face? He is fixed, chipped and vaccinated.

Please call SNAP foster at 760/815-0945

MISC. SERV. OFFERED 450

Ask the Contractor's Board

Hiring a contractor, whether a simple repair or major remodel, can be daunting. Armed with some basic information, California homeowners can avoid many common pitfalls of home improvement. If you have questions or need information go to our website at www.csib.ca.gov.



Services Offered

HELP ME AND I WILL HELP YOU Honest, hardworking guy who lost his job. Will run errands, odd jobs, fix stuff, while looking for full time work. Have tools and truck. Live in PB. Please call Bob (602) 430-0196

Cleaning

CLEAN HOUSE. Call Elena Sundays ok! at (619) 674-1582

Computer Repair/Support

A NEW COMPUTER NOW !! Brand Name laptops & desktops Bad or NO Credit - No Problem. Smallest weekly payments avail. Its yours NOW- Call 800-840-5439

Electrical

JACOB'S ELECTRIC Clean - Quality Work! Residential/ Commercial Lic #903497 Call Today! (619) 843-9291

Financial

Wipe Your Debt Away!
Affordable Loans for every Situation and Budget
Call now
Get an answer in 24 to 48 hrs!

Call: 888-964-7111

Gardening - Landscaping

R & V RUPERTO VASQUEZ Tree trimming, Gardening, Hauling, Fertilizing, Sod Lawn, Landscaping, Clean Up Trash, Sprinkler Installation, Concrete and Wood Fencing. Call (858) 518-0981

Handyman

CUSTOM HOME IMPROVEMENT Services Carpentry- Interior & Exterior, Fencing, wood or vinyl, termite & drywall repair, tile, doors, windows, painting, roofing. 20 Yrs Experience Local references. Hourly rates. 619-241-1231

MISC. SERV. OFFERED 450

ED'S HANDYMAN SERVICE
No job too small!

- Carpentry
- Plumbing repairs
- Windows & Doors Installation

CALL FOR PROMPT FREE ESTIMATE
References Available
858/361-5166
(Not a contractor)

Roofing

NEW ROOF UP TO 2000 SQ. FT House Only \$3000., 20 Year Roof, Call for details. Secure Home Improvement - Dave Massey - 760-546-0243. Visit us online www.securehomeimprovement.com. Lic #590834

BUSINESS OPTS. 550

OPEN POSITION Available for P/ T Book-Keepers / Sales Rep Competitive pay & benefits, 1yr experience required submit resume via email to: applyhere01@gmail.com

OPEN POSITION Available for P/T and F/T Book-Keepers / Sales Rep Competitive pay & benefits, 1yr Experience Required Submit resume via email to: applyhere01@gmail.com



REDBRICK PIZZA Get in on "The Hottest Fast Casual Concept" in franchising today! NOW available in San Diego County, RedBrick Pizza franchise opportunities. Single-unit and Multi-unit franchises available. Call or e-mail Paul Wartman (949) 370-4255 paul.wartman@redbrickpizza.com

ADVERTISE IN THE

Real Estate Directory

Call 858-270-3103

BUSINESS OPTS. 550

Income Opportunities

INCOME OPPORTUNITIES I am looking for serious, motivated, open-minded individuals who are looking for change and empowerment in their lives while developing an unlimited income potential simply by helping others achieve the same in a business opportunity. Go to www.greatcareerplan.com/?sylvyaga4 If you are interested please call Sylvia, an Independent Associate of Prepaid Legal Services, Inc., for an appt. (619) 985-4378

WWW.SPORTSGIRLJEWELRY.COM FUND RAISERS FOR YOUTH SPORTS- VERY PROFITABLE

RENTALS 750

Condos for Rent

AVAILABLE NOW! Downtown 1BR unfurnished Condo, secured parking 2 blocks to Horton Plaza, Pets Ok \$1,500 a mo. + pet deposit 619-255-5851

CONDO FOR RENT La Jolla Village 2/2 Nr Bch/Shps, grt loc. agt: \$2,495/mo call: 619-366-4886

REAL ESTATE 800

Homes for Sale

FORECLOSED HOME AUCTION SOUTHERN CALIFORNIA, 1000+ Homes Must Be Sold! REDC/Free Brochure 800-677-9563 USHomeAuction.com

Investment Properties

SERVING S.D. SINCE 1967

INVESTMENT PROPERTY SPECIALISTS, SALES & EXCHANGES
APARTMENTS • OFFICE BUILDINGS
COMMERCIAL • LEASING • FEE COUNSELING
• RESORT PROPERTIES ANYWHERE
• REAL ESTATE PROBLEM SOLVING

GEORGE JONILONIS
"The Estate Builder"
858-278-4040

3200 Adams Ave. #206
in Normal Heights.
gjonilonis@att.net
Fax 760-431-4744

For Sale or Exchange

17,000 ACRES BAJA LAND with 3.7 miles ocean front. Ten unit condo project, plus retail near USD, Del Mar, water view home. Buy, or lease option 21,000 ft Kearny Mesa office building. Las Vegas 1BR Condo.. Try your sale, exchange ideas? Geo. Jonilonis, Rltr. 619 454 4151

Thanks for Keeping our Beaches Beautiful!

VIDEO to DVD

Film 8mm & 16mm to DVD | Slides & Photos to DVD



10% OFF

When you mention this ad

Video Tapes Deteriorate Don't Lose Your Memories
Record to DVD • Play on Computer or TV

5201 Linda Vista Rd. • 619.220.8500

CREDIT REPAIR

WE LEGALLY REMOVE BAD CREDIT OFF REPORTS! RAISE CREDIT SCORES! GUARANTEED RESULTS!

1-888-687-1300

MEMBER BETTER BUSINESS BUREAU

CABO SAN LUCAS REAL ESTATE

AIRFARE MAY BE REIMBURSED THESE PROPERTIES ARE BANKRUPTCY PROOF!



RE/MAX
Real Estate Service S de RL de CV
CABO SAN LUCAS

Jim Kelly
Sales Agent

Cell: 011-521 (624) 121-3183
Office: 011-52 (624) 144-4169

Fax: 011-52 (624) 144-3365

U.S. Ph: 1-858-926-5891

RemaxCaboSanLucas.com



jimkelly@remax.net

Religious Directory

DISCIPLES OF CHRIST

TORREY PINES CHRISTIAN CHURCH

8320 La Jolla Scenic Dr. North • 858-453-3550
9:30 a.m. – Bridge / Contemporary Worship & Sunday School
10:45 a.m. – Traditional Worship & Sunday School
Childcare Available • www.torreypineschurch.org

NON-DENOMINATIONAL

SAN DIEGO BAHAI COMMUNITY

6545 Alcala Knolls Dr. (off Linda Vista Rd.)
SUNDAY 9:00 - 10:00 Interfaith Devotions; 10:30 - 12:30 Introductory Talk & Discussion
Please Call 858-274-0178 for Directions or for more information
General Baha'i Info - www.bahai.org
www.sandiegobahai.org

We've Moved Come Grow With Us!

Join us for Biblical Teaching & Inspiring Worship
Steve Murray, Senior Pastor • Dan Sharp, Worship Pastor
Nursery, Preschool & Sunday School (K-12th) provided



la jolla
Community Church

Together We Make A Difference

www.ljcommunitychurch.org

Sundays, 9:15 & 11 a.m.
4377 Eastgate Mall
Our new 3.6-acre site in UTC-La Jolla



La Jolla Presbyterian Church Invites You To Worship With Us!
Great Classes for Kids of All Ages

8:45 & 11 AM - Traditional, Sanctuary
10 AM - Contemporary, Life Center
SunHouse Kids (K-5th) 8:45: Jr. & Sr. High SunHouse 11 AM
Pre-School Ages, Nursery
Nurturing Equipping Going Celebrating
LJPC is located two blocks from the Pacific Ocean
7715 Draper • 858-454-0713 • www.ljpc.org



www.sjbts.com

Sunday Worship
7:30 am - Rite I
10 am - Rite II
Choral Eucharist
Sunday School
& Youth Program

Holy Eucharist
Wed & Friday
12 noon

743 Prospect St.
La Jolla, CA 92037
858-459-3421

CONCRETE/MASONRY**GILBERT'S CONCRETE**

All Phases of Concrete
Driveways · Patios · Sidewalks
Insured · BBB Member

CALL FOR FREE ESTIMATE 619-253-8775
Lic. #786215

CONCRETE MASONRY

STRUCTURAL & DECORATIVE

BRICK • BLOCK
STONE • TILE
CONCRETE
DRAINAGE

30 years experience

References & Portfolio

**All Masonry
Construction**

WILLIAM CARSON

Licensed & Insured Lic #638122

(858) 459-0959

CONSTRUCTION**McKNIGHT
CONSTRUCTION**

PROFESSIONAL CRAFTSMANSHIP

- Remodel
- Home Improvement
- Room Additions
- Kitchen + Bath
- Decks
- New Construction
- 100% Financing Available

Call Mike license # 925756
619-246-6929

**NEW CONSTRUCTION
OR REMODELS**

- Acoustic Removal
- Re-texturing
- Serving SD for over 18yrs.
- Profesional & Best Prices

Better Business Bureau Member
Lic#810245 • Bonded • Insured
A+ Construction Inc.

**ROOFING
GUTTERS**
619-527-2227

CONSTRUCTION & DESIGN

"Turning Dreams into Reality"

- Residential Remodels
- Unique Decks
- Skilled Carpentry



Quality Service & Affordable Rates
Donovan Mahoney Company
(858) 414-4175
certification No:721632

**Trinity Home
Maintenance**

Licensed General Contractor #928187

ONE HOUR FREE!*
Half day minimum / new clients only.

TOTAL HOME CARE:
Repair, Maintenance & Upgrades for
Home, Office & Rental Properties
24-Hour Emergency Service
Serving San Diego since 1999

619.674.8967
CA Lic #2007028551

ELECTRICAL**JACOB'S
ELECTRIC**

Clean, Quality Work!

- Residential / Commercial
- Service / Repair - Panels
- Custom Lighting / Spas
- Bonded & Insured • License #903497

(619) 843-9291

GARDENING-LANDSCAPING**COASTAL
LANDSCAPING**

- COMPLETE WEEKLY MAINTENANCE
- FENCES
- TREE TRIMMING
- SPRINKLER SYSTEMS & REPAIRS
- DESIGN & CONSTRUCTION
- CLEANUP & HAULING
- LOWEST PRICES GUARANTEED



LET US KNOW WHAT WE CAN DO FOR YOU.
858-692-6160

Teco's Gardening

- Tree Trimming
- Lawn Renovation
- New Plants & Design
- Whole Tree Removal
- Sprinkler Installation/Repair
- General Clean-Ups
- Stump Grinder Service
- Clean Palms & Trees

We Also Do:
Fencing, Floors, Stucco Repairs
Concrete, Demolition, Brick & Block Walls
Drywall, Painting, Roofing
Plumbing, Drains Installed/Repaired
General Hauling

Low Prices Free Estimates
(858) 503-5976
(858) 220-6184
t_teco@yahoo.com

POINT LOMA LANDSCAPE

SAVE MONEY & WATER NOW!

(619) 523-4900

- Lawn Substitutes
- Same Day Sprinkler Repair
- Outdoor Living Areas
- Natives & Water wise Plants
- New Homes or Remodels
- Flagstone • Pavers • Brick
- Irrigation & Drip Systems
- Rock, Mulch, Bark Delivery
- We Install & Repair it All

Every Job is a Reference
POINTLOMALANDSCAPE.COM Lic# 783646

**Jose's
Gardening Clean-up**

Hedges hauling • Reasonable Rates
Free Estimates • References

619-847-1535

**FREE ESTIMATES
REFERENCES****R&V
Ruperto
Vazques**

- Tree Trimming • Hauling
- Sod Lawn • Clean Up Trash
- Concrete • Gardening
- Fertilized • Landscaping
- Sprinkler Installation • Wood Fencing

Ph: (858) 573-6950

Cell: (858) 602-1797

P.O. Box 710398
San Diego, CA 92171

HARDWOOD FLOORING**Traditional
Hardwood
Flooring**

- REFINISHING
- REPAIR
- INSTALLATION

**SPECIALIZING IN
HARDWOOD FLOORS**

Over 20 years experience in San Diego

JOHN WEIGHTMAN

(619) 218-8828

HANDYMAN**RENT-A-HUSBAND**

Handyman with 20 years experience.
Many Skills • Hourly or Bid
Prompt & Professional
Insured

Ask for Bob
858-454-5922

HANDYMAN**Ocean Home Services**

High Quality Home Improvement

Only \$35/hr. Master Carpenter
w/ 25 years experience.
Interior / exterior woodworking
(ex-termite inspector)

Quality design fence work
wood / vinyl

Professionally Installed
windows & doors

Drywall Install/Repair
and finish work

Detail Quality Painting
Light Electrical & Plumbing

Call Scott
(619) 241-1231
not licensed

HAULING**I LUV JUNK
HAULING**

You Call-We Haul!
No Job Too Small!

Evictions, cleanouts,
construction debris,
tree trimming, etc.

We are
eco friendly

619-933-4346
www.iluvjunk.com

10% Senior Discount

A VETERAN HAULING

Insured • Reliable
Best Prices & Free Estimates
10% Discount - Senior & Veteran

Call A Veteran
619-225-8362

PAINTING**Chuckie's
Painting Company**

(619) 795-9429
www.chuckiespainting.com
chuckgjr@cox.net

Bonded & Insured • CA Lic. #925325

**MASTER
COATINGS**

#1 Painting Contractor
COMMERCIAL • RESIDENTIAL
INDUSTRIAL • HOA'S

Guaranteed Work • Power Washing
25 Years Exp. • References Available

MARC CASSON
858-627-0639

MasterCoatings@gmail.com
1863 Coolidge St., San Diego, CA 92111

**colormasters
painting**

Licensed & Insured
Serving San Diego
Over 30 Years
619-223-2370
FREE ESTIMATES

**KELLEY
PAINTING**

San Diego Business for over 14 years
• Full Service • Interior/Exterior
• Power Washing • Stucco Repair
• Residential/Commercial

10% SENIOR DISCOUNT

Call for a
FREE ESTIMATE
(619) 234-7067
skelley.office@cox.net
KelleyPainting-sd.com

HOUSE PAINTING

**Interior & Exterior
Residential Specialist**
www.ocshousepainting.com
858-571-7323

PAINTING**DC
Custom Painting**

Affordable Excellence
Prompt Reliable Service
Call Dan for a Free Estimate
858.366.2240 License #911234

PET CARE**Maggie's Dog
Designs**

1-866-961-1722
Darling
Affordable
Outfits
www.maggiesdogdesigns.com

PLASTERING**Expert Plastering & Stucco**

Re-stucco Specialist
• Re-stucco
• New Construction
• Apartment Complexes

Increase your
real estate value!
Attention to detail, honest
All size jobs References available
35 years experience
Competitive rates
Available 24/7
Call us first for a
FAST FREE ESTIMATE
Lic #926100 **619-522-7915**

PLUMBING**TANKLESS
WATER HEATERS**

from **\$999** plus installation

ANDY BELLO PLUMBING

15721 Bernardo Heights Pkwy
San Diego CA 92128

(858) 864-2567 (760) 803-8920
(619) 240-8920 tanklessplumber.com

**-BILL HARPER PLUMBING & HEATING-**

Senior Discounts • Self-Employed
BBB Member • Repairs, Repipes
Drain Cleaning, Fixture Installations,
Water Heaters & all Plumbing
Lic #504044
CALL BILL 619-224-0586

POOL CARE**SWIMCARE**

The Pool Service & Repair
people you keep.
30 yrs in the neighborhood

(858) 277-7096
TOM RIVES Cont. Lic# 445392

REMODELING**WEST COAST DESIGN STUDIO**

RESIDENTIAL
DESIGN SERVICES
• Custom Design Plans
• Construction Plans
• Permit Processing

Single &
Multi-family Projects
New Homes & Remodels

Coastal Specialist!
Bring out the best in your property...
invest with great design!

westcoast-designstudio.com
(619) 851-7354

ROOFING

SMITH ROOFING CO.
224-ROOF, INC.
Lic. # 634857
Scott Smith, has been serving the
beach communities since 1979.
858-272-ROOF (7663)
619-224-ROOF (7663)

STUCCO**Advanced Drywall
& Plaster**

✓ Any type of stucco work
available.

✓ Repair, Retouch, or Recolor.

✓ Change your wood exterior
home to a stucco exterior.

✓ New construction
or remodeling.

Call For a Free Estimate!

cell (858) 525-3390

Office (858) 576-7480

Lic. # 478027
BBB MEMBER

TAXES**Cal Coast Finance**

-Tax Services-
• E-file, fast refund
• Pay the least tax possible
• Personal & business taxes
(858) 220-3515
www.calcoastfinance.com
Licensed & Bonded CA Lic.#A167047

TILE**D.K. TILE**

Repairs, re-grouts & installations
of all ceramic tile & stone.
All work done by owner.

Free Estimates Lic # 428658
858.566.7454 858.382.2472

TREE SERVICES

Jonathan Nash
Certified Arborist
20 Years Experience

FREE ESTIMATES

- Hazardous Removals
- Specialty Trimming
- Stumpgrinds

(619) 887-1887
Lic. # 923214 • Insured

PRO TREES

Theron Winsby
Certified Arborist

- Tree Health
- Tree Removal
- Organic Maintenance
- Pest Control
- Landscape
- Maintenance

(760) 753-4800
lic# 894013

**CROWN POINT
CLIPPERS, INC.**

TREE SERVICE
FREE ESTIMATES!
• FINE PRUNING & THINNING
• ARTISTIC TREE LACING
• TREE & STUMP REMOVAL
(858) 270-1742
Fully licensed and insured. Lic# 723867

WINDOW CLEANING

Taylor Made
WINDOW
CLEANING
services offered:
• Interior & Exterior
Window Cleaning
• Construction Clean-up
• Residential
• Small Commercial
• Store Fronts
619.981.0169
licensed & insured

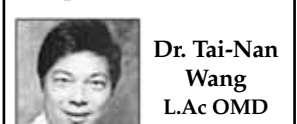
WINDOW CLEANING**JB's Window
Cleaning & Service**

- Mini Blinds
- Screens
- Mirrors

Pressure Washing
Experienced



Call
(619)
248-2778

**PROFESSIONAL
DIRECTORY****ACCUPUNCTURE****Acupuncture and Herbs**

Dr. Tai-Nan
Wang
L.Ac OMD

- Stress / Anxiety
- Female Disorders
- Headaches
- Arthritis
- Myalgia
- Asthma
- Sports Injuries
- Neck & Back Pain

(619) 684-1848

wang.acu@gmail.com
lifestrong.com

WATER DAMAGE

- 24- Hour Emergency Water & Sewage Extraction
- Mold Remediation
- Direct Insurance Billing
- Free Consultation

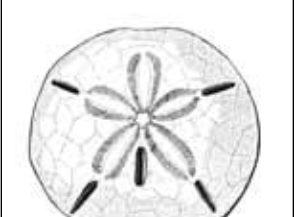
Rafael Santiago
Certified Remediation Specialist

619-596-0242 • 877-TRUE-DRY
Fax 619-596-0276

www.sandiegowaterdamage.com
sdwaterdamage@sbcglobal.net

Not licensed by CSLB

[Affordable
rates.]



Competitive rates, size and zone
flexibility allow you to regulate
your advertising budget week
by week. No wasted dollars,
no wasted circulation.
Just results.

SAN DIEGO COMMUNITY
NEWSPAPER GROUP
4645 CASS ST., SAN DIEGO, CA 92109
PH 858.270.3103 • FX 858.713.0095
www.sdnews.com • sales@sdnews.com
La Jolla Village News • Beach & Bay Press
Peninsula Beacon • Downtown News

Bernie SOSna

"I'll COME TO YOUR RESCUE"
WWW.BERNIESOSNA.COM

Work with a Beach Specialist
La Jolla

- New Construction
- 3BR/2.5BA
- Solar Electric
- Air Conditioning
- 2-car Garage
- Draper Ave in "the Village"


(619) 977-4334 CELL
(858) 490-6127 DIRECT


Kathy Evans

858.488.SELL


Celebrate 2009!
Make a resolution to enjoy every day...
Right Here!
In this stunning Mission Beach Bayside Court, Cape Cod, Bayview Home
isellbeach.com

Erika Spears

Working with Kathy Evans

858.490.4119

Pacific Beach

Bay views from all 3 levels of this like-new Mission Beach bayside court home, \$1,149,000

Wrap up this Colossal Year with a 1 left, 1100 blk of Oliver, Open every day Sun 1-4. From \$999,000.

Enjoy a memorable Christmas dinner on this ocean view skydeck, 2100 sf home. **SOLD**
~~\$1,250,000~~ **SOLD** Holiday Price \$999,000!

1200 blk. 2BR, 2BA, a steal at **SOLD**
~~\$1,100,000~~ **SOLD**

Start Your New Year with 3BR, 1354 sf single family home, 1st lot, 2-car gar. \$679K **SOLD**

OPEN SUN 1-4! STUNNING PATIO HOME IN EL DORADO!


1824 CAMINITO ASCUA Offered at \$974,900
Beautiful designer remodel boasts 3BR/2BA, over 1700 esf. Courtyard entry, dramatic living & dining room with soaring ceilings, fireplace & walls of glass extends the living space outdoors! New kitchen & baths with Irish Crème Cabinetry, elegant slab granite & natural stone. La Jolla Alta Amenities! Virtual Tour @ www.L-Sproperties.com

Also Available: 3BR/3.5BA Single-Level View Home in Crystal Bay—\$1,995-\$2.1M

TUGG R. SNOWBARGER & PATRICK J. LYNN (619) 325-3131 www.L-Sproperties.com


Pacific paradise
NEW LISTING IN PACIFIC BEACH: 4935 PACIFICA DR. OPEN SUN 1-4
VIEWS, VIEWS AND MORE VIEWS


The 3 bedroom, 2 bath house sits on almost a ¼ acre lot. On a clear day you could see all the way to Mexico while sitting in the spa or pool. Single story, 1706 sf house, with an open floor plan and vaulted ceilings.
Offered at \$879,000. This is not a short sale or bank owned property.


Karen & Mike DODGE
Find Your Place in Paradise
Karen: 619-379-1194 • Mike: 619-384-8538
E-mail: Karen-Mike@San.tr.com
Web: www.Karen-Mike.com


OPEN SUN 1-4! PANORAMIC VIEW HOME IN GATED CRYSTAL BAY!


1443 CAMINITO DIADEMA Offered at \$1,695,000
Fabulous single-level boasts 3BR/3.5BA including detached casita, approx 2300esf. Stunning sit-down views of the Ocean, Bay, Mountains & Evening Lights! Soaring ceilings, wet bar, huge master suite and spa. Perfect secondary or primary home with very low maintenance outdoor areas. Virtual Tour @ www.L-Sproperties.com

Also Available: 3BR/2.5 Townhome with Views in Windermere—\$775,000

TUGG R. SNOWBARGER & PATRICK J. LYNN (619) 325-3131 www.L-Sproperties.com


Go To...
WWW.92109.biz


1-800-338-6868
CA License #906068

NEW ROOF
UP TO 2,000 SQ. FT.

ONLY \$3,000
20 YEAR ROOF - CALL FOR DETAILS

CALL DAVE TODAY
760-546-0254

STAY, SEE & DREAM SAN DIEGO
Staci Malloy



Just Listed!
Four fabulous 2- and 3-bedroom NEW construction condos in the heart of Pacific Beach! All units are move-in ready with private garages, outdoor living and many upgrades! A Must See!
858.490.6129
www.stacimalloy.com


OPEN HOUSE

LA JOLLA

Fri 1-4pm	6120 Avenida Chamnez	5BR/6BA	\$4,495,000
Fri, Sat, Sun 1-5pm	6015 Camino de la Costa	5BR/6BA	\$4,480,000-\$5,150,876
Sat, Sun 10am-7pm	2674 Costebelle Dr.	5BR/2.5BA	\$1,800,000
Sat 1-5pm	1236 Cave St.	2BR/2BA	\$1,295,000
Sat 1-4pm	7337 Olivetas Ave.	4BR/3BA	\$2,385,000
Sat 1-4pm	7916 Paseo del Ocaso	3BR/3BA	\$2,385,000
Sat 1-4pm	1591 Loring St.	4BR/4BA	\$1,795,000
Sat 1-4pm	5730 Dolphin Pl.	5BR/5BA	\$8,500,000
Sat 1-4pm	331 Playa del Norte	5BR/4BA	\$2,995,000
Sat 1-4pm	515 Bonair St.	3BR/2BA	\$1,595,000
Sat 1-4pm	2610 Inyaha Lane	6BR/8BA	\$5,750,000
Sat 1-4pm	1919 Spindrift Dr.	3BR/2.5BA	\$3,995,000
Sat 1-4pm	7666 Hillside Dr.	4BR/5.5BA	\$4,750,000
Sat 1-4pm	1590 Coast Walk	5BR/8BA	\$9,500,000
Sat 1-3pm	7560 Eads Ave. #3	3BR/2BA	\$709,000
Sat 1-4pm	9660 Blackgold Rd.	4BR/6BA	\$6,995,000-\$7,995,000
Sat 1-4pm	6120 Avenida Chamnez	5BR/6BA	\$4,495,000
Sun 1-4pm	6570 Avenida Mirola	3BR/2BA	\$1,545,000
Sun 1:30-4:30pm	9740 Keeneland Row	4BR/2.5BA	\$985,000
Sun 1-4pm	6120 Avenida Chamnez	5BR/6BA	\$4,495,000
Sun 1-4pm	5435 Parkview Dr.	4BR/5BA	\$1,700,000
Sun 1-4pm	7271 Carrizo	5BR/6BA	\$4,750,000
Sun 12-3pm	7421 Via Capri	4BR/4BA	\$2,148,000
Sun 1-4pm	7129 Fay Ave.	3BR/3.5BA	\$1,695,000-\$1,795,000
Sun 1-4pm	5730 Dolphin Pl	5BR/4BA	\$8,500,000
Sun 1-4pm	7916 Paseo del Ocaso	3BR/3BA	\$2,385,000
Sun 1-4pm	515 Bonair St	3BR/2BA	\$1,595,000
Sun 1-4pm	1228 Cave St.	3BR/3.5BA	\$1,195,000
Sun 1-4pm	6514 Muirlands Dr.	5BR/5.5BA	\$7,500,000
Sun 1-4pm	1859 Caminito Brisa	4BR/4BA	\$1,295,000
Sun 1-4pm	7248 Encelia	4BR/4.5BA	\$5,000,000
Sun 1-4pm	5362 Renaissance Ave.	3BR/2.5BA	\$995,000
Sun 1-4pm	1859 Caminito Brisa	4BR/2.5BA	\$1,295,000
Sun 1-4pm	1919 Spindrift Dr.	3BR/2.5BA	\$3,995,000
Sun 1-4pm	6623 Avenida Manana	4BR/2.5BA	\$1,395,000
Sun 1-4pm	1338 Muirlands Vista Way	4BR/3.5BA	\$2,450,000-\$2,795,876
Sun 1-4pm	2610 Inyaha Lane	6BR/8BA	\$5,750,000
Sun 1-4pm	9660 Blackgold Rd.	4BR/6BA	\$6,995,000-\$7,995,000
Sun 1-4pm	7635 Eads Ave. #307	2BR/2BA	\$699,000
Sun 1-4pm	1443 Caminito Diadema	3BR/3.5BA	\$1,695,000

LA JOLLA

Ozstar De Jourday • 619-248-7827	Eric Eaton • 858-349-7566
Bob Nourani • 858-490-0000	Ben Kashefi • 858-353-2636
Maxine & Marti Gellens • 858-551-6630	Maxine & Marti Gellens • 858-551-6630
Maxine & Marti Gellens • 858-551-6630	Maxine & Marti Gellens • 858-551-6630
Maxine & Marti Gellens • 858-551-6630	Maxine & Marti Gellens • 858-551-6630
Maxine & Marti Gellens • 858-551-6630	Greg Noonan • 858-551-3302
Penny Shipley • 619-852-8139	Brant Westfall • 858-922-8610
Andre Domby • 619-665-0014	Michelle Serafini • 858-829-6210
Linda Daniels / Willis Allen • 858-361-5561	Judy Smilor • 858-539-9557
Ozstar De Jourday • 619-248-7827	David Schroedl • 858-459-0202
Kristi Olson • 619-200-5383	Ozstar De Jourday • 619-248-7827
Arlene Sacks / Willis Allen • 858-922-3900	Moria Tapia / Willis Allen • 858-337-7269
Jim Mc Inerney • 858-551-7233	Peggy Weinbrecht • 858-243-2304
Maxine & Marti Gellens • 858-551-6630	Maxine & Marti Gellens • 858-551-6630
Greg Noonan • 858-551-3302	Greg Noonan • 858-551-3302
Greg Noonan • 858-551-3302	Elena Wilcox • 858-454-9800
Dana Home • 858-566-3262	Claire Melbo • 858-551-3349
Elena Wilcox • 858-454-9800	Brant Westfall • 858-922-8610
Erica Derby • 858-361-4903	Anthony Halstead • 619-813-8626
Penny Shipley • 619-852-8139	Meg Lebastchi • 858-336-0936
Mary Mc Gonigle • 858-361-2556	Patrick Lynn • 619-253-2512

LA JOLLA

Sun 1-4pm	1824 Caminito Ascu	3BR/2BA	\$990,000
Sun 1-4pm	1591 Loring St	4BR/4BA	\$1,795,000
Sun 1-4pm	331 Playa del Norte	5BR/4BA	\$2,995,000
Sun 1-4pm	1260 Inspiration Dr	5BR/6.5BA	\$6,795,000
Sun 1-4pm	1590 Coast Walk	5BR/8BA	\$9,500,000
Sun 1-4pm	1040 West Muirlands	2BR/2BA	\$1,749,000
Sun 1-4pm	1309 Kaimalino Lane	3BR/3BA	\$1,250,000-\$1,400,876
Sun 1-4pm	7337 Olivetas Ave.	4BR/3BA	\$2,695,000
Sun 1-4pm	1327 Torrey Pines Rd.	3+BR/3BA	\$1,300,000-\$1,500,876
Sun 1-4pm	1127 Virginia Way	3 br/3 ba	\$1,895,000-\$2,050,000

PACIFIC BEACH / MISSION BEACH

Sat, Sun 10am-6pm	1714 Pacific Beach Dr. #2 2BR+Office/2.5BA	\$530,000	
Sat 1-4pm	1411 Oliver Ave.	House 3 Units	\$1,115,000
Sun 1-4pm	1411 Oliver Ave.	House 3 Units	\$1,115,000
Sun 1-4pm	4935 Pacifica Dr.	3BR/2BA	\$879,000
Sun 1-4pm	1626 Law St	3BR/2BA	\$829,000
Sun 1-4pm	2387 Wilbur Ave.	4BR/3BA	\$848,000
Sun 1-4pm	730 Santa Rita Place	3BR/2BA	\$1,228,000

POINT LOMA / OCEAN BEACH

Sat 1-4pm	2665 Narcissus Dr.	4BR/4BA	\$999,000
Sat 11am-4pm	639 Silvergate Ave.	4BR/2BA	\$999,500
Sat 11am-4pm	1150 Akron St.	4BR/3.5BA	\$850,000-\$899,000
Sun 11am-4pm	639 Silvergate Ave.	4BR/2BA	\$999,500
Sun 11am-4pm	1150 Akron St.	4BR/3.5BA	\$850,000-\$899,000
Sun 11am-4pm	3345 Lucinda St.	3BR/3BA	\$1,875,000
Sun 1-4pm	517 Tarento Dr.	4BR/2BA	\$979,000
Sun 1-4pm	2665 Narcissus Dr.	4BR/4BA	\$999,000
Sun 1-4pm	1689 Froude St.	3BR/2BA	\$875,000
Sun 1-4pm	3108 OrleansEast	2BR/2BA	\$495,000

UNIVERSITY CITY

Sun 1-4pm	4403 Governor Dr.	3BR/2BA	\$535,000
-----------	-------------------	---------	-----------

ENCINITAS

Sat 1-4pm	418 Sylvia St	3BR/2.5BA	walk to surf
-----------	---------------	-----------	--------------

CORONADO

Sun 1-4pm	34 The Point	4BR/6BA	\$4,000,000
-----------	--------------	---------	-------------

MISSION VALLEY

Sat & Sun 1-4pm	7265 Calabria #23	2 br/2 ba	\$479,000
-----------------	-------------------	-----------	-----------

Tugg Snowbarger • 619-253-2512	Maxine & Marti Gellens • 858-551-6630	Maxine & Marti Gellens • 858-551-6630	Sandie Ross • 858-775-7677
Michelle Serafini • 858-829-6210	Brenda Wyatt • 858-775-7333	Maxine & Marti Gellens • 858-551-6630	Maxine & Marti Gellens • 858-551-6630
Jim Mc Inerney • 858-551-7233	Gregg Whitney • 858-204-6161	Bob Nourani • 858-490-0000	Susan Ronis • 858-274-9548
Susan Ronis • 858-274-9548	Karen & Mike Dodge • 619-384-8538	Dan Ryan • 858-454-7344	Marie Tolstad • 858-705-1444
Kathleen Murphy • 858-449-7014	Cindy Wing • 619-9464	Robert Realty • 619-852-8827	Robert Realty • 619-852-8827
Robert Realty • 619-852-8827	Robert Realty • 619-852-8827	Robert Realty • 619-852-8827	Dawn Leahy • 619-992-4413
Cindy Wing • 619-223-9464	Cindy Wing • 619-223-9464	The Reed Team / Willis Allen • 858-456-1240	Cathy Nakanote / Keystone Real Estate • 858-361-4041
Alexandra / Iberia Homes • 619-518-2755	Filly Gaines • 858-699-6556	Lauren Lombardi 619-757-4339	

FOR ADDITIONAL INFORMATION ON THESE PROPERTIES LOOK FOR THEIR ADS IN THIS ISSUE. DEADLINE FOR THE OPEN HOUSE DIRECTORY IS NOON ON TUESDAYS.

1

HOME BANK OF CALIFORNIA

Please call HOME or visit us for investment opportunities, financial services and your credit needs

875 Garnet Avenue,
858.270.5881



2

Cafe Athena

"The closest thing to Santorini is here in San Diego..."
Zagat Survey. Cafe Athena specializes in the art of Greek and Eastern Mediterranean food with excellent service.

1846 Garnet Ave. (Pacific Plaza II), 858.274.1140



3

Filippi's Pizza Grotto

Open for lunch and dinner.
Quality Italian food in Pacific Beach for over 40 years!

962 Garnet Ave. (corner of Cass & Garnet), 858.483.6222

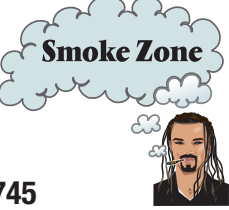


4

Smoke Zone

The best cigar and cigarette prices in PB.
Our "Walk in humidor" preserves all our premium tobaccos. Buy one get one FREE pipe or bubbler!
Marlboros \$3.49 + Tax Camels 3.69 + Tax

2015 Garnet Ave. #104, 858.483.3745



5



PB Foreign & Domestic Car Repair

Serving PB since 1981. All work guaranteed, 6 months or 6,000 miles, all makes and models. Check our coupon at pbforeign.com, visit **George & Arron at 1727 Garnet Ave., 858.270.1142**

6

710 Beach Club

710bc.com

AWESOME FOOD - FULL BAR - SPORTS
All packages including UFC
LIVE ENTERTAINMENT • PRIVATE PARTIES • PUB CRAW • FOOD & BEER TO-GO

710 Garnet Ave., Pacific Beach • 858.483.7844



7

PB Ale House

PB Ale House is a great new restaurant and bar in Pacific Beach. Located at the end of Grand Avenue, close to the boardwalk. The restaurant is stylish and comfortable and includes a rooftop deck with ocean views.

721 Grand Ave., 858.581.BEER (2337) www.pbalehouse.com



8

IPSB College/Massage Therapy Center

Located in the heart of Pacific Beach! We personalize each session. A safe, relaxing, and welcoming environment.
Student Massage \$45. Licensed Professional Massage \$60.

1414 Garnet Ave., 858.490.1154



9

Bike Shop Chris

10% OFF accessories with purchase of a bike or 20% OFF a tune up!
Large selection to choose from.

1484 Garnet Ave., 858. 270.0082,
www.BikeShopChris.com

10

Eye Glasses Galore

Come to Eyeglasses Galore for Eyeglass repairs, sunglass replacements, contact lenses and unique sunglass accessories! We have prescription and designer sunglasses for all ages!

1772 Garnet Ave., 858.459.2020






11

United Cerebral Palsy Thift Store

Clear out your old items you no longer need!
Bring them down to the United Cerebral Palsy Thrift Store in Pacific Beach!

1454 Garnet Ave., 858.490.6400



12

CROSSFIT ELITE

-Forging Elite Fitness-
PB's ONLY CrossFit Training Center!
Located inside American Boxing MMA & Fitness @ 2710 Garnet Ave.
inside PB Gateway Center across from Weinerschnitzel near the I-5 Freeway
www.crossfitpacificbeach.com 858-581-2694



13

Plum Crazy Saloon

Home of the infamous "Border Bastard" Join us for Happy Hour from 4-7 7 days a week. All New England Patriots, & Boston Red Sox Games
NFL Sunday Ticket & Free pool all day sunday. Brand new food menu served from open to close!

2263 Garnet Ave., 858.273.9181



14

Plum Crazy Saloon

68 Beers on Tap! • Pool • Foosball • Sports TV
Come join us for a slice of Pacific Beach.

1060 Garnet Ave., 858.270.1212



15

The UPS Store

Pacific Beach

FREE FAX

Fax 1 Page Get 1 FREE

50% OFF

Any Style Cardboard Box

1804 Garnet Ave., 858.273.6661



16

La Jolla Auto Body

"Since 1968" Scotty - Paulette - Kenny - Jose
Specials: \$25.00 Off your next auto "Detail",
10% Discount on your total "labor" costs on any estimate.

4620 Mission Bay Dr., 858.270-6821



17

The Freak Factory

In old North Mission Beach (San Diego). Mugs, masks, tikis, idols, Hawaiian shirts, fancy pipes, cigars, funny t-shirts and really nice people behind the counter. There even have OnaTiki lamps hanging from the ceiling.

3742 Mission Blvd, San Diego, CA, 92109, (858) 488-4924

18

Weight Watchers

45 Minutes A Week Can Change Your Life!
Pacific Beach Weight Watchers is now open.
Join now and to receive FREE REGISTRATION. Meetings Friday 9 am

1675 Garnet Ave. San Diego CA 92109 1.800.379.5757



19

S.D. Storage

Convenient, secure storage right here in PB!
Open 6am-6pm Mon-Sun. Variety of sizes to suit your needs.
See our website for specials and information.

sdstorage.com- 4595 Mission Bay Drive, 858-273-1717




20

Dirty Birds

Where locals will want to hang out! Join us for happy hour Mon. - Fri. 3 PM - 6 PM featuring half price pitchers \$1 off bottles, mugs and wine. We are also open for breakfast every day until 3 and catch all football games with NFL Sunday Ticket, ESPN Game Plan and The Big 10 Network on large Hi definition TV's

4656 Mission Blvd, San Diego, CA, 92109, (858) 274-2473





TURQUOISE & CASS STREET

PATINA

ANNUAL SPRING SALE

20% OFF ALL MERCHANDISE

SAT. MARCH 21ST THRU SAT. MARCH 28TH

Bath & Body • China & Glass • Cards
• Napkins • Jewelry • Candles • Baby Gifts

957 Turquoise Street
(across from the French Gourmet,
parking around back)

858.488.4488
Hours: 10am - 5:30pm Tues-Sat.

GALLERY AT LANDS END

Now in it's 35th year at the corner of Cass & Loring in P.B. We are passionate about and specialize in all your custom framing needs. We carry over 3000 different moulding and 500 different mat choices from USA and Europe, simple to elaborate. We are known for Conservation/ Museum grade framing, a mix of science and craftsmanship, to help preserve your most valuable works. After extensive remodeling this year, the Gallery is a new hot spot for locally made photography and original works. New owner and featured photographer Thayne Yungman, and original owners Vicki and Jay Ford are committed to those who create much of the art we frame and are happy to offer a 10% framing discount to those artists. We are ready to serve your gift giving needs or let us turn your keepsake into a custom framed heirloom. Come by and check out our two new local artists 10am-5pm, Tues-Sat, 4984 Cass Street, 858-270-7820, galleryatlandsend.com

PATINA, GIFT & ACCENTS, HOME AND GARDEN

Everything about Patina makes you feel good about yourself and the gifts you select. Assortments are vast, including Jay Strongwater frames and jewelry, Michael Aram handmade metal pieces, Vera Bradley bags and accessories. You'll also find Thymes, wonderful hand and body essences, Mariposa handmade aluminum serveware and Archipelago, Vance Kitira and more candle lines. The Patience Brewster greeting cards are humorous and endearing as are the bookmark cards allowing you to personalize with a saying or poem. Come and see the beautiful new holiday assortments. Located across from the French Gourmet, with parking behind store. Patina, open Tues.- Sat. 10am-5:30pm, 957 Turquoise Street, 858-488-4488.

Gallery At Land's End

"Custom Picture Framing since 1973"

Featuring The Best
of Our Local Artists

www.galleryatlandsend.com 858 270 7820
at the corner of Cass and Loring

