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THURSDAY, JANUARY 19, 2017

The march is an inclusive and diverse event, open to all who believe that women's rights are fundamental human rights. For more information, visit sdwomensmarch.com.

Dogs rescued from meat festival available at SD Humane Society

Over the past two years, San Diego Humane Society has assisted in rescuing 400 chinchillas, 136 hoarded rabbits and 78 dogs, 75 Korean dogs and most recently, 26 dogs from the Yulin Dog Meat Festival in China. A Special Response Team comprised of specially trained San Diego Humane Society staff, Animal Rescue Reserve volunteers and humane law officers makes it possible to quickly respond to rescuing animals from inhumane conditions in San Diego County and across the country.

Since late November, San Diego Humane Society has transported 26 dogs to San Diego from Los Angeles after they arrived by international flights from China. More dogs are due to arrive during the weeks ahead. The 17 dogs rescued from the annual meat festival are available for adoption at San Diego Humane Society's San Diego Campus, 5500 Gaines St. The dogs have been treated for any medical issues, vaccinated, microchipped and spayed and neutered and all adoption fees are waived.

"Ending cruelty has no borders when it comes to protecting animals from the horrors of torture, slaughter and abuse," said Gary Weitzman, president and CEO, San Diego

Humane Society. "This is truly a terrible situation for thousands of dogs every year who are stolen from their homes and sold for food. If we can shine a light here in California on this centuries-old practice, maybe we can inspire others to be a part of the overall solution to end it for good."

The Special Response Team for San Diego Humane Society is working with U.S. volunteers in China to transport the dogs to safety. These private citizens have traveled to China to recover and save the dogs that were destined for the Yulin Dog Meat Festival. Most of the dogs have been stolen from their families and transported far from their homes in small wire cages without food, water or care. Upon arriving at San Diego Humane Society, the dogs received medical treatment, vaccinations and behavior modification when necessary.

The dogs are small to medium in size and a variety of mixed breeds, including some terrier mixes, Tibetan Spaniel mixes, and Shiba Inu mixes, ranging from 1 to 2 years old. The dogs are healthy, friendly, fairly socialized, however, a few bear scars from being bound and the abuse they endured in China.

"This isn't about judging another culture's customs even though we in the U.S. can't fathom such a practice," Weitzman said. "Rather this is about the humane treatment of animals, the lack of which doesn't begin to describe the atrocity of the Yulin festival."

The rescue of 60 dogs from the deplorable cruelty of the Korean Meat Trade entered the safety of San Diego Humane Society's care last year.

Increasing calls for assistance of animals in need during natural disasters such as fires and floods, as well as human disasters such as hoarding cases, puppy mill rescues and now, the Asian dog meat trade, spurred the creation of the Humane Society's Special Response Team, designated to quickly respond and rescue animals in need. This team responds to animals locally, nationally and internationally because all animals deserve a second chance.

The 17 dogs that are awaiting adoption can be found at sdhumane.org. These dogs are only available for adoption at San Diego Humane Society, 5500 Gaines St. Adoption hours are 10 a.m. to 6 p.m., seven days a week. Adoptions are on a first-come, first-served basis.

Paw It Forward event set for Jan. 25

The County Animal Services' "Paw It Forward" campaign helps support the pets of homeless people. Every year, Animal Services takes part in Project Homeless Connect, an event that offers a wide array of services to the local homeless population.

Dozens of dogs, and even cats, show up with their homeless owners at the event.

The Project Homeless Connect event takes place Wednesday, Jan. 25 at Golden Hall. For more information, contact Animal Services at 619-767-2675.

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Animal traps to be set in Mission Bay to protect endangered birds

By DAVE SCHWAB | THE BEACON

Endangered birds in Mission Bay have a friend looking out to protect them: the U.S. Department of Agriculture (USDA).

Charged with, among other things, protecting natural resources, the USDA has announced its intention to trap predators – skunks, raccoons, opossums, rats and cats – of endangered bird species frequenting Mission Bay starting perhaps as soon as February.

“This program is to protect endangered California least terns and their nests from predation throughout Mission Bay and to protect a breeding population of light-footed Ridgeway’s rails at the Northern Wildlife Preserve,” said Pam Manns, public affairs specialist, Animal and Plant Health Inspection Service, USDA. “Our predator management activities are meant to boost the survival rate of these endangered birds and increase their population numbers.”

Word is that some, but not all, trapped predators would be exterminated offsite.

“If we were brought feral cats (as we are often), we would work with the feral cat folks,” said Michael Workman, director of the County Communications Office. “We spay or neuter them and place them. They make very good ‘barn cats’ or ‘stable cats.’”

Manns noted that California state fish and wildlife laws “do not allow for relocation because doing so could upset the balance of nature in new areas.”

Manns said the federal agency is working in collaboration with City Parks and Recreation personnel, the California Department of Fish and



A least tern with a chick. PHOTO BY JOHN ENNIS

Wildlife, the U.S. Fish & Wildlife Service, and UCSD Reserve System to carry out its mission.

“We are doing this to protect these endangered species for future generations,” Manns said. “When conducting lethal management activities, Wildlife Services evaluates all potential tools for humaneness, effectiveness, ability to target specific individual animals and/or species, and potential impact on human safety. We comply with all applicable state and federal laws and are committed to wildlife damage management efforts that are safe, effective and environmentally responsible.”

“The predator mitigation program has been used for more than two decades in San Diego, and has helped to protect federally designated endangered species including terns and clapper rails,” said city spokesperson Tim Graham. “The City is mandated by federal law to comply with efforts to protect endangered species, and will continue to cooperate in protecting sensitive animal species that live in the area.”

Rebecca Schwartz Lesberg, director of conservation for San Diego Audubon, said the predator control effort is nothing new.

“To the best of my knowledge, nothing has changed about the USDA’s predator control efforts in Mission Bay, and there is no plan to ramp-up efforts,” Schwartz Lesberg said. “The most important thing is for residents to be responsible with their pets, and be careful about not leaving pet food and trash out that attracts wildlife into urban environments. That way pets and wildlife will not be at risk, and we could reduce threats to the sensitive wildlife that depend on our few remaining natural areas.”

Schwartz Lesberg noted that non-lethal predator control measures such as fences, hazing and trapping/relocating predators is best whenever possible.

“When that fails, some predators are taken lethally, and there are strict guidelines to make sure animals do not suffer,” she said. “It’s done only when the survival of endangered species depends on this.”

The wildlife conservationist pointed out that “the real problem sprouts from humans overdeveloping and depleting precious habitats causing species to become endangered.”

The mission of USDA APHIS Wildlife Services (WS) is to provide federal leadership and expertise to resolve wildlife conflicts to allow people and wildlife to coexist.

WS conducts program delivery, research, and other activities through its Regional and State Offices, the National Wildlife Research Center (NWRC) and its Field Stations, as well as through its National Programs. Funding for the WS Program is a combination of federal appropriations and cooperator-provided funds.

Ask The Trust & Estate Attorneys

Question:

What items are on your list to do in the beginning of this year?

Answer:

Taxes— First, let’s get our taxes prepared by a Certified Public Accountant. Improve upon your system to keep track of your tax matters for this coming year.

Estate Planning— Next, make sure your estate planning documents are up to date and all of your assets are in the name of your trust(s). Also, double check who your beneficiaries are on your retirement accounts and life insurance policies. If you have not prepared for your disability or death with estate planning documents, then it is time to do so. It will be more of a problem for your heirs if you do not do any planning. If you have not reviewed your documents in a long time (3-4 years), it is time to do so. Are your alternate Trustees and Executors appropriate? Are your children no longer minors and would it be appropriate to name them as successor Trustees and Executors?

Preservation of Assets— This may mean repairing the roof to your or your parents home or selling assets in your retirement plan to provide you with sufficient cash for your first year’s withdrawal. You can inventory and keep track of your assets by simply making a list of them. Call an experienced financial planner for advice.

Communicate— Write a letter or send a note to your family or friends. Phone a friend you have not spoken to in a long time.

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Love Your Wetlands Day set for Feb. 4 at Mission Bay Park

The 11th annual Love Your Wetlands Day will take place 9 a.m. to 4 p.m. Feb. 4 at 2055 Pacific Beach Drive. The Kendall-Frost/Northern Wildlife Reserve in the northeast corner of Mission Bay Park is the

only remaining saltwater wetland in Mission Bay and is normally closed to the public due to its fragile nature.

This annual event is one of the few opportunities for the public to actually visit the wetland. You can

learn about the marsh and its inhabitants, enjoy the environment, see some restoration in process, participate in interactive booths, see animal presentations, and learn about possible wetland expansions.

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Peninsula Community Planning Board looking for members

For those who want to make a difference in the community, the Peninsula Community Planning Board is holding elections in March to fill five vacancies.

Board terms are three years, with the exception of unexpired terms that are filled.

The PCPB is an elected advisory body that makes recommendations to the City on important land-use matters.

Requirements for those interested in becoming a board member:

- Candidates must be 18 years of age.

- Candidates must reside, own property, or operate a business within the PCPB boundaries (boundaries map is generally the Peninsula with the exception of Ocean Beach north of Adair and west of Froude).

- Candidates must have attended one regular PCPB meeting within the previous 12-month term. Attending the candidates forum qualifies for this requirement.

The election will be held Thursday, March 16 from 4 to 8 p.m. at the Point Loma/Hervey Branch Library at 3701 Voltaire St.

Proof of residence, business oper-

ation, or property ownership within the PCPB boundaries must be provided for an individual to vote. The candidates' forum will be held on Thursday, March 2 from 5:30 to 7 p.m., also at the Point Loma/Hervey Branch Library.

Applications can be downloaded at www.pcpb.net under the "Elections" tab. Email completed applications to: pcpbsd@gmail.com and robert.goldyn@gmail.com.

For additional information, contact Robert Goldyn at robert.goldyn@gmail.com or 419-215-4287.

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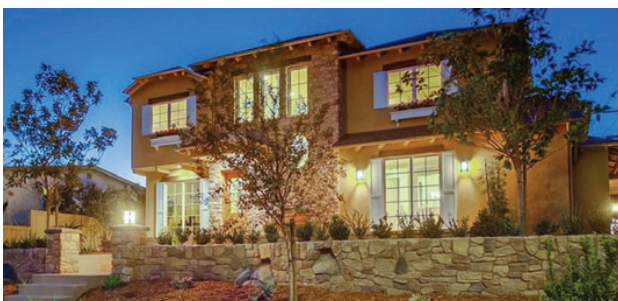
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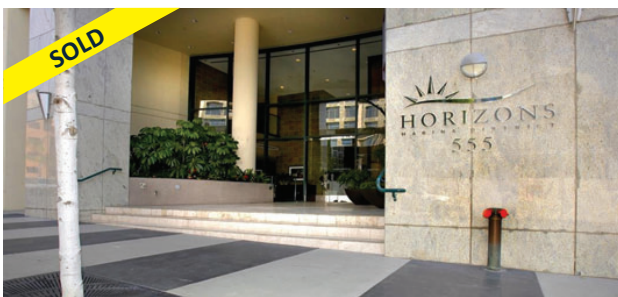
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Markus Feldmann (619) 572-7879 markus@PacificRealEstateSD.com



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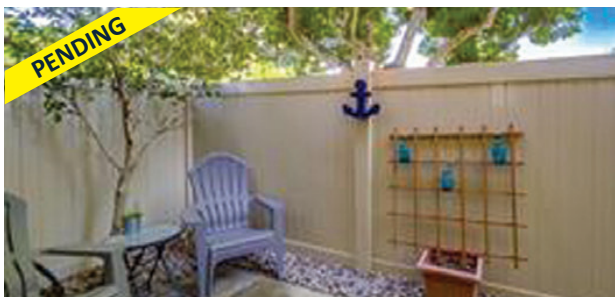
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Caleb Paine named Rolex Yachtsman of the Year

Olympic bronze medalist Caleb Paine and IKA Formula Kite world champion Daniela Moroz were recently selected as U.S. Sailing's 2016 Rolex Yachtsman and Yachtswoman of the Year.

Paine learned how to sail at Southwestern Yacht Club in Point Loma. He won the USA's first Olympic medal in sailing since 2008 in Rio de Janeiro last summer, in the men's solo Finn category.

This selection follows the announcement in December of the eight men and six women shortlisted for the award and recognized as sailing's top performers of the year by U.S. Sailing. A slate of nominees, determined by the membership of U.S. Sailing, was presented to a panel of accomplished sailing journalists, who together discussed the merits of each nominee and individually voted to determine the ultimate winners.

Paine and Moroz will be honored on Thursday, March 2, during a luncheon at the New York Yacht Club in Manhattan, when they will be presented with specially-engraved Rolex timepieces.

Under immense pressure to return Team USA to the Olympic podium in sailing, Paine prevailed in an epic medal race to earn a bronze medal in the Finn class, the Men's Heavyweight Dinghy at the Rio 2016 Olympic Games. In his first career Olympic Games, Paine led the medal race at every mark.

"It was a tough battle for me, and



Caleb Paine, who learned how to sail at Southwestern Yacht Club in Point Loma, won the USA's first Olympic medal in sailing since 2008.

I feel fortunate to come up with a medal in the end," said Paine. "I didn't get off to the best start, but I kept my eyes open and saw an opportunity to make a gain on the right side, and it was go all the way or nothing at all, so I had to fully commit and fortunately it paid off."

On the day before the medal race, Paine had a chance to reflect on his Olympic journey. "On the reserve day, my parents and I went up Sugarloaf and I spent some quality time with my family. I went through all the scenarios of how I got there, the friends I made and the experiences I had. I knew everything would be okay regardless of the outcome. This gave me the ability to just go out and perform and do what I needed to do."

In early March, the Rio 2016 Selection Series in the Finn class came to a memorable conclusion at the Finn European Championship

in Barcelona. Paine came from behind to win his first career U.S. Olympic Sailing Team berth over Beijing 2008 silver medalist Zach Railey who came out of retirement in late 2015.

"Without Zach, I don't think I would have medaled at the Games because I gained so much from the pressure and intensity of the Olympic Trials. In some ways the Olympic Trials were far more difficult than what I had to do at the Olympics."

Paine, 25, grew up in San Diego, and inherited his father's love of sailing at an early age. Together with his younger brother, Olin, Paine sailed anything he could get his hands on in San Diego as a kid, and devoted himself to mastering the one-person Sabot.

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Gulls games coming to TV

The San Diego Gulls have announced that the American Hockey League club has partnered with Fox 5 San Diego to televise Gulls hockey to the San Diego region beginning Sunday, Feb. 12.

The inaugural broadcast will see the Gulls host the Bakersfield Condors at Valley View Casino Center (5 p.m.), the first television broadcast since the Gulls began play in San Diego last season. The telecast will feature a special Fox 5 Sports Final at 4:30 p.m. prior to the game with a postgame show immediately following the game and concluding at 8 p.m.

"We're excited to enter a groundbreaking partnership with Fox 5 San Diego to extend our reach to Gulls fans and hockey fans throughout San Diego," said Matt Savant, Gulls president of business operations.

Craig Elsten, play-by-play voice of the Gulls, and color analyst B.J. MacPherson will call all Gulls broadcasts on Fox 5 San Diego. Elsten, in his second season as the Gulls' voice, has called all home and road games this season in addition to all 68 regular-season and nine postseason contests in 2015-16 during the club's inaugural AHL season in San Diego.

MacPherson, who has called all home games this season and all 34 home contests last season with Elsten, played 774 games of professional hockey in the AHL, WCHL and International Hockey League from 1994-2001 and was a member of the West Coast Hockey League San Diego Gulls from 1996-2001.

"We are thrilled to be partners with the San Diego Gulls and to showcase local hockey the Sunday after the Super Bowl on Fox 5 is very exciting," said Scott Heath, Fox 5 president and general manager.

Padres sign Myers through 2022 season

The San Diego Padres announced Jan. 17 they have signed infielder Wil Myers to a contract through the 2022 season with a club option for the 2023 season.

"I want to thank the Padres organization for giving me this opportunity, and Padres fans for their support," said Myers. "I've loved my time in San Diego and I'm excited to be a part of what we're building for the future."

Myers, 26, set career highs in nearly every offensive category in 2016, hitting .259 (155-for-599) with 29 doubles, four triples, 28 home runs, 94 RBI and 99 runs scored to go along with 68 walks and 28 stolen bases.



Unity Game participants celebrate a basket (above left) during last year's inaugural event at Point Loma High School. Point Loma cheerleaders enjoy the enthusiasm of two special needs fellow students during last year's event. The event gave students, who would otherwise not be able to compete, the chance to take on active roles for the day. COURTESY PHOTOS BY VICKI MOATS

Unity Game brings Point Loma High students together

By SCOTT HOPKINS | THE BEACON

A student with disabilities, wearing a Point Loma Pointer basketball uniform trots awkwardly down the shiny floor in the school's main gym, bouncing a basketball as hundreds of teen and adult voices cheer him on. He, or she, is shadowed by members of the school's boys and girls varsity teams, who urge them to shoot as several opponents draw closer.

The ball is propelled towards the hoop with an uneasy thrust that achieves sufficient altitude before it bounces once, twice, three times on the rim as time seems to stand still for players, coaches and spectators who all hold their breath.

Then, as if willed by the minds of all present, the ball drops quickly through the white net as the grinning shooter jumps up and down while teammates offer high-fives, shrieks of joy erupting from spectators.

Among the crowd, tears – the happy type – trickle down the faces of parents and teachers. And yes, even a few students are seen wiping away the evidence.

It's known as the Unity Game at PLHS, an event providing unusual benefits for both a contingent of special needs students and the regular student population, staff and community as they witness the joy, skills and accomplishments of these special needs players and cheerleaders.

These are the types of lessons not seen enough in our society – the ones that leave lasting impressions.

"Students that were cheering in the stands feel connected to students with different abilities," said PLHS Principal Hans Becker. "In my experience with teenagers, they are typically somewhat self-centered. That's not the case at PLHS, and is certainly not evident at the Unity Game."

Nobody in the gym was happier than Alex Van Heuven, PLHS athlet-

ic director, as she watched the first-ever Unity Game unfold last year. A basketball game featuring special needs students as players and cheerleaders, the game gives these students an opportunity to play, compete and shine in front of a large audience.

Van Heuven is eagerly awaiting the second annual PLHS Unity Game to be held Feb. 2 at 5:15 p.m. in the main gym on campus. Admission for all is free, and Van Heuven encourages community members to attend and witness a positive example of their youth.

This year, she expects to have three special needs cheerleaders leading spectators with 6-7 others on the playing rosters. The students have moderate to severe disabilities and are taught on a daily basis by Laurie Schusterman.

There will be a number of VIP's in the stands as well. Van Heuven says word of last year's game traveled far and wide throughout the region and Scott Giusti, director of physical education, health and interscholastic athletics for the San Diego Unified School District will be on hand, along with the every member of the district's board of education. San Diego CIF commissioner Jerry Schniepp is also among those expected.

Van Heuven was inspired by a video of such events shown at a CIF

symposium two years ago and introduced the idea at PLHS in the fall of 2015. School groups quickly embraced the event and the first Unity Game was played last January.

But the Unity Game is not a one-day event.

"The special needs students have been attending the regular basketball practices of our boys and girls teams every Thursday, doing all the drills the players are doing," Van Heuven said. "Then, after observing the interaction skills of the regular players, our coaches and administrators choose

some of the regular players to play in the Unity Game and the others show up as coaches in suits with clipboards."

Boys and girls varsity basketball coaches Josh Aros and Candia Sierra serve as game referees for the game, which is played in two 12-minute halves.

The fun begins with cheerleaders forming a tunnel for each special player as they run onto the court to their own chosen "walk-out song" playing over the PA system while their names are called out.

Although there are regular boys and girls team players on the court at all times, their job is to rebound the ball, pass it to the special needs players and assist them on the court.

The game is played in a "Maroon vs. Gold" format with all players in

one of the two color uniforms. In this way, spectators and players are all on the "home team." Each team includes members of the boys and girls varsity teams along with several special needs players.

Since last year's game, Van Heuven has spoken at a CIF symposium about its success and she has been fielding inquiries from numerous Southern California schools eager to duplicate the Pointers' success.

For Becker, who began his career as a special education teacher, the game gave each student a special gift.

"I am so proud of Alex and this idea she created and presented to me," Becker said. "I loved seeing the players and cheerleaders feeling proud of their accomplishments. For a brief time, these young men and women were superstars. They really had the opportunity to feel genuine appreciation from our student body. It really cemented the idea that at PLHS, we are all Pointers."

A measure of just how much the Unity Game meant to special needs students also came from the parents of players, who told Becker their students would not take off game jerseys for days following the event, even insisting on sleeping in them.

"If our role as educators is to prepare today's youth for leading the world, then giving opportunities for empathy is always important," concluded Becker.

UNITY GAME

When: Thursday, Feb. 2, 5:15 p.m.

Where: PLHS Main Gym.

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Ocean Beach Pier Surf Classic set for Feb. 4

Hodads's Burgers and AWOL Productions present the second annual Ocean Beach Pier Surf Classic starting at 7 a.m. Saturday, Feb. 4.

AWOL is a local brand inspired by surf, skate and moto. Established in 2002, AWOL stands for A Way of

Life. A lifestyle dedicated to bring the community of Ocean Beach together. The local surf competition is for all ages young and old in the community. There will longboard, shortboard and family divisions along with trophies, prizes and a raffle. A portion of the proceeds will benefit Ocean Beach Community Foundation. Advance registration is

required at obsurclassic.com.

Historical Society program

The Ocean Beach Historical Society program will take place 7 p.m. Thursday, Jan. 19, at P.L. United Methodist Church, 1984 Sunset Cliffs Blvd. Maggie Espinosa, traveler, journalist and author, embarked

on an 800-mile walk to visit California's 21 missions from San Diego to Sonoma along the El Camino Real. What ensued was the journey of a lifetime to become the 11th person to complete this sojourn.

Espinosa is a member of the Society of American Travel Writers and NATJA Silver and Bronze Award winner. She was also the San Diego

Press Club president during 2013 and 2014. Espinosa is author of "Author of On a Mission" and "The Privileged Pooch." Find out more about Espinosa at travelwithmaggie.com.

Woofers Wednesdays

The Wine Pub, at 2907 Shelter Island Drive, invites pampered pooches and their humans to party in style as it kicks off its Woofers Wednesday – a weekly special donating 10 percent of every person's check to a local, animal-loving organization.

Tails will wag as last year's beneficiary, Canine Companions for Independence, will pass the torch and welcome Animal Rescuers Without Borders as the restaurant's 2017 beneficiary. Animal Rescuers Without Borders rescues, rehabilitates and rehomes cats and dogs in San Diego, Baja and Mexico.

The Wine Pub, a dog-friendly restaurant in the heart of Point Loma, began Woofers Wednesday seven years ago as a way to support local pup-loving organizations. Employees of the restaurant feel an especially strong connection with Animals Rescuers Without Borders, as many of them have volunteered and adopted four-legged loved ones from the organization.

Contas meeting

The annual meeting of the United Portuguese S.E.S. Inc. known as the Contas will take place 7 p.m. Sunday, Jan. 29 at 2818 Avenida de Portugal. All members and potential members are invited to attend.

Public meetings on SD Airport plan's EIR

Regional Airport Authority has completed a notice of preparation for the Airport Development Plan Draft environmental impact report. The Airport Authority will host two public scoping meetings – 3 to 7 p.m. Tuesday, Jan. 31, and 3 to 7 p.m. Wednesday, Feb. 1 – in which the public will have an opportunity to ask questions and provide input on the scope and content of the EIR.

Daniels joins San Diego Coastkeeper board

San Diego Coastkeeper announces the addition of Marie Tahan Daniels to its board of directors. Daniels has been very involved in the San Diego community and has served as chair, committee member or board member for local organizations such as Kids Korps USA, The New Children's Museum, San Diego Natural History Museum and United Cerebral Palsy's Beach & Country Guild.

In addition to her experience with local organizations, Daniels is president of Caelum Marketing, an agency specializing in public relations, digital marketing and events. She also runs an online media outlet Cur8eur.com.

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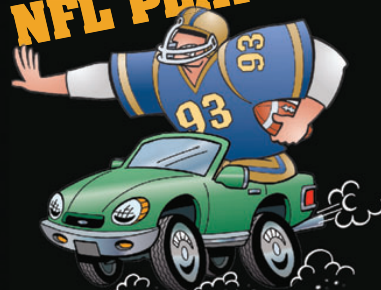


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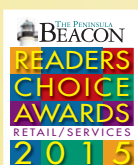
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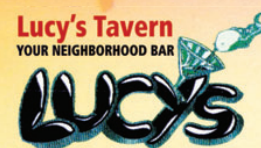


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Global street cuisine at West Side Tap House

By DAVE SCHWAB | THE BEACON

In what's becoming a full-blown revitalization in Roseville's downtown business district along Rosecrans, West Side Tap House is going strong since it opened last August.

Husband-and-wife team Mick and Manisha Moore are proving they have the right stuff to run a thriving gastropub serving the Peninsula community at 1110 Rosecrans St.

"We're a full-service, sit-down, dinner-table place with specials," Manisha said noting, "It's a restaurant and we have 40 local, national and international beers on tap."

Originally from Laos, Manisha, who's been cooking since she was young, is the establishment's executive chef. Mick handles the pub's marketing, promotions, social media

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and daily operations.

Mick is also well-known to the local yachting and sailing communities, having run Pacifica Sailing Charters, which has been operating on San Diego Bay for years.

West Side joins the couple's other businesses, and is somewhat of a departure from what they've both done previously.

"My husband's an entrepreneur and we have several business entities," Manisha said.

"We've had an Internet, web design and graphics company, Killer

Graffix, since 2001," she added.

Manisha, herself, has been involved in several culinary enterprises.

"In 2005, I started a private food company, Misha's Cuisine Personal Chef and Catering Services, offering private chef services for special events or catering," she said. "I've gone to clients' homes and cooked meals for them."

Misha also owned a juice bar in Old Town for a time.

"It was awesome and expanded my food repertoire, to go from being a food chef to doing raw food – that was a really great experience," she said.

The Moores took over the retail spot formerly inhabited by Sweetaly bakery. They spent about eight months renovating the indoor-out-



The West Side Tap House burger on toasted brioche bun with chili cheese fries.

door space. The couple describe the fare they now serve as "global street cuisine."

Misha noted West Side is "upscale food with a pub atmosphere." She said the concept involved having lots of local craft brews, like Sculpin/Ballast Point, and coupling that with high-profile international brews like Guinness, as well as "other brands from Japan and all over the world."

"It's really a place to come to enjoy craft beer with great food," Misha said.

Seating capacity inside West Side is 82, with several sit-down tables including an indoor bar and benches. There is also outside patio seating.

"We have six, large-screen TVs," said Manisha.

Of the gastropub's cuisine, Misha said, "It's a hodgepodge of every flavor

of the world," everything from tacos to noodle dishes to teriyaki bowls. "It's a little bit of everything," Misha said. "It's very modern, very clean. We try not to pigeonhole ourselves. Our menu is always evolving. The food and drink items will change, and hopefully keep evolving."

Misha extended an open invitation to the community.

"We want to get the word out that we want people to come and check us out," she said.

The Moores are happy to be part of the Roseville renaissance.

"Together, we're going to drive more people here and help everybody out," Misha said. "We're hoping this will become more of a nice destination, that the variety will bring more of the San Diego community out to the island here."

BARBARA YAMASHIRO 1947-2016

Barbara Ann Field Yamashiro, long time resident of Point Loma, passed away on the evening of December 19, 2016 at the age of 69. She now rests in peace in the heavens above with her mother Harriett, and father Walter (Bud).

Barbara was born October 8, 1947 in Marion, Indiana and was the 2nd of four children. Shortly after her birth, the family moved to Temple City, CA where Barbara graduated high school as well as from Girl Scouts of America, earning the highest honors.

After high school, Barbara attended San Diego State University. It was there that she met the love of her life, Carl. On October 21, 1967 their love story began. Just over a year later on December 21, 1968 Barbara the quiet school girl and Carl the rowdy surfer TKE were engaged. On June 21, 1969 the two were married and celebrated 47 years together this past year. 21 is clearly their special number.



Just as 21 is their number, the letters ABC mean a lot as well. December 1, 1975 Barbara and Carl welcomed the birth of their son, Andrew. March 1, 1978, they braced themselves for the birth of their triplet daughters - Alicia, Brenna, and Cathy. The family crest is an artful rendition of the letters ABC, representing the first initials of not only the triplets, but Andrew, Barbara, and Carl too.

With the birth of 4 children in 2 years, Barbara dedicated herself as a mother and wife. She was known as the car-pool mom, and was blessed with the time and energy to volunteer, serving her community and kid's schools. She served as PTA President as well as Director of the Annual Year-end show for MADCAPS. While the children were still young, she loved to play tennis and cofounded the "Just for Fun" Tennis League in Point Loma.

In the early 1990's, she was diagnosed with a very rare terminal pulmonary disease called lymphangi-oleiomyomatosis, also known as LAM. She fought relentlessly through years of pain and struggling to breathe, finally making it to the top of the transplant list. In 2003, Barbara and her family were privileged with the donation of a single lung, making it possible for her to attend all 4 of her children's weddings and to witness the birth of her 5 beautiful granddaughters - Kate, Lily, Avery, Bailey, and Madison. She lived for her family and held on just as long as she could, representing the strength and perseverance that lives on in each of them.

Barbara's favorite animal was the pelican. She and Carl loved the beach and ocean. Her remains were scattered from Sunset Cliffs near the home they shared together for over 40 years. Perhaps her family and friends will see her flying as a pelican overhead or feel her aura in the rhythm of the waves as they celebrate the blessed life they shared.

In lieu of flowers, please donate in Barbara's name at <http://www.thelamfoundation.org>. The LAM Foundation is the global leader in the fight against LAM. Please also consider if the gift of organ donation is right for you and your family. Barbara's life was miraculously prolonged for over a decade thanks to the generous gift of organ donation. You can find out more at <http://donatelifecalifornia.org>.

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Girls Scout cookies on the menu during Restaurant Week

By DAVE SCHWAB | THE BEACON

It's the centennial of Girl Scouts selling their iconic goodies, and to launch cookie season this year, the organization's "pairing" with San Diego Restaurant Week Jan. 15-22.

Chefs at various coastal restaurants will incorporate Girl Scout Cookies in some of their Restaurant Week fare.

Chefs from participating eateries were at Girl Scout headquarters campus for a Restaurant Week launch event Jan. 10. They teamed with Girl Scouts to prepare their own Girl Scout Cookie creations.

Culinary Week guests at participating venues will be able to enjoy dishes featuring Girl Scout cookie standouts. This list includes Thin Mints, Do-si-dos, Trefoils, Samoas, Tagalongs, and Savannah Smiles. Participating chefs will be taking Girl Scout cookies to the next level with dishes like Samoas Crusted Fried Shrimp, Do-si-dos Peanut Thai Chicken and salads featuring toasted Trefoil croutons.

"This is the first time since 2009 that we've been involved with restaurant week," said Girl Scouts spokeswoman Mary Doyle. "We're doing it again to bring more attention to Girl Scout cookies."

The annual fundraising Girl Scout Cookie Program empowers girls to



Katie Reyno, Deborah Scott, and Chelsea Mahelona at Island Prime restaurant on Harbor Island.

fulfill their dreams, change their communities and the world. Recent examples include Girl Scout Cookies delivered to United States military personnel around the globe, and care packages sent to victims of the devastating earthquake in Haiti in 2010, and victims of Superstorm Sandy in 2012.

Giving back to local communities

has been a hallmark of the Girl Scout Cookie Program since the first-known sale of cookies by Girl Scouts in 1917. The sale of Girl Scout Cookies has also made an indelible impact on the millions of Girl Scout alumnae who have sold them. In fact, 57 percent of Girl Scout alumnae in business say the program was key in the develop-

ment of their skills today.

OB resident Isabella Logan-Parker of Cadette Troop 4091, age 11, a Dana Middle School 6th-grader, said of the program, "I love the challenge of selling cookies brings because I know it makes me more confident."

Point Loma resident Ashley Clair of Brownie Troop 4254, age 8, a Loma Portal Elementary 3rd-grader

AREA RESTAURANTS INVOLVED

Bali Hai Restaurant: Samoas Bar (Trefoils, banana caramel mousse, coconut, chocolate crunch, toasted orange zest meringue)

BO-Beau Kitchen + Bar: Chocolate Peanut Butter Parfait (with Samoa crumbles, whipped cream and brandied cherries)

Solare Ristorante: Cent'Anni (featuring Savannah Smiles and local Malahat rum)

Tom Ham's Lighthouse: Troop Leader (Tagalong-inspired layer cake with Tagalong crumbles, toasted coconut and strawberry sorbet)

OB Warehouse will be serving Caramel Delight Cheesecake (Trefoils, toasted coconut, caramel sauce and shaved chocolate).

said, "I love being a Girl Scout and selling cookies. It is fun to win prizes and earn summer camp for all our hard work. I also like pulling the wagon and doing the booth with a friend."

OB resident Grace Lepore of Cadette Troop 3837, age 12, a Dana Middle School seventh-grader, added, "The best thing about selling cookies is setting goals for myself and working hard to reach them. Last year I earned a trip to summer camp. I can't wait to do again!"

Doyle talked about goal setting noting, "It is one of the major skills girls learn through the cookie program."

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THE PENINSULA BEACON



OB Warehouse provided food and donated the use of their restaurant to the event.

PHOTO BY TROY OREM

Local businesspeople network at OBMA Marketing Breakfast

The Ocean Beach MainStreet Association held its annual Marketing Breakfast on Tuesday, Jan. 10, at OB Warehouse, 4839 Newport Ave.

This annual event, part of the association's Business Development Series, allows OBMA members the opportunity to take part in an informative seminar presented by OBMA staff and Shannon Brown, of Brown Marketing Strategies, while enjoying networking and breakfast.

OB Warehouse provided a wonderful array of food and donated the use of their beautiful space to the event.

"We had a wonderful turnout for the Marketing Breakfast this year with over 90 members attending," said Denny Knox, executive director of the OBMA. "This is a great way for our merchants to get inspired and learn valuable information to enhance their business."

Upcoming OBMA Business Development Series events include seminars on Health and Wealth and on Social Media.

Business Development Series events are open to OBMA members; to learn more about joining the association, visit www.OceanBeach-SanDiego.com.

New Orleans trumpet legend to give workshops at Correia Middle

Glen Fisher's First Friday Music Club, the organization that has brought forth The Brubeck Brothers, trombone great Bill Watrous, Grammy Award winner Bryan Lynch, local trumpet virtuoso Derek Cannon, as well as trombone giant Delfeayo Marsalis into the San Diego schools, is now bringing New Orleans trumpet legend Wendell Brunious to San Diego.

Brunious will visit for four days of workshops with the Correia Middle

School Jazz Band and Mission Bay High School's Preservationists and Mambo Orchestra Jan. 31 through Feb. 3. The visit will culminate with a concert on Friday, Feb. 3 at Dizzy's in San Diego.

During his time at Correia Middle and Mission Bay High, Brunious will give a master class for brass and woodwinds. He will also work with the jazz students on concepts of jazz improvisation, feel, history, and advanced Jazz articulations.

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K-Dub's, a beach gear rental delivery service, opens

K-Dub's Beach Rentals, a beach gear rental delivery service, has opened to supply the Ocean Beach, Mission Beach and Pacific Beach areas.

K-Dub's delivers all your beach gear needs directly to your doorstep or to your favorite beach spot. Customers can order by calling, texting, emailing, or online at www.kdubs-beachrentals.com.

Their inventory includes stand-up paddle boards, surfboards of various sizes and shapes, men's and women's wetsuits, bicycles, volleyball nets, canopies, coolers and more. The delivery service is open

every day from 8 a.m. to sunset. Reserve your beach gear days ahead of time or contact them the same day, and K-Dub's can typically be there in matter of minutes.

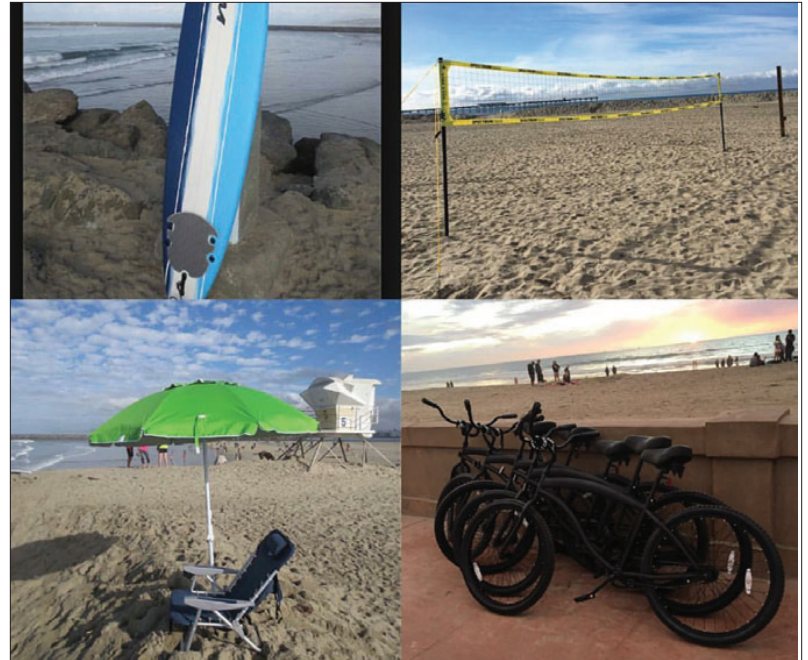
K-Dub's Beach Rentals has competitive pricing (typically cheaper than the store fronts) and includes the convenience of delivery directly to the customer. Their user-friendly website makes ordering online easy with pricing available for half days, full days, and extra days, up to one week.

The business concept was created by owners Nancy and Eric Jayson when they were complaining about

having to carry all the beach gear to enjoy a day at the beach. "We said to Nancy's brother, Kevin White (K-Dub) 'Wouldn't it be great if there was a service who would carry all our gear and come back to pick it up when we are done?'"

K-Dub replied that he doesn't mind the work for a day at the beach, and wished he could do it as his job. That interaction led to the creation of what they believe is the most convenient way to enjoy yourself at the beach.

K-Dub's Beach Rentals is family owned and operated.



Some of the beach gear available for rent from K-Dub's.

Chinese tapas restaurant to open in Point Loma

By DAVE SCHWAB | THE BEACON

Westy's Bar & Grill in Point Loma has been sold and the new owner is revamping the retail space to transform it into a Chinese tapas place.

James West, previous owner of Westy's, which started out as an antique store but was converted, over time, into a restaurant-bar, sold his establishment at 1029 Rosecrans St. recently to Nancy Qu.

Qu is a first-time restaurateur who has plans to morph the space into Shanghai Bun, a new Asian-style eatery joining Vietnamese bistro Seaside Pho & Grill down the street.

SHANGHAI BUN

What: Formerly Westy's Bar & Grill.

Where: 1029 Rosecrans St.

Cuisine: Chinese small-plate tapas.

Hours: 10 a.m. to midnight daily.

Debut: February opening planned.

wanted to bring good Chinese food here so people wouldn't have to drive so far."

When Westy's came on the market, Qu saw that as her opportunity to start a local Chinese eatery.

"I thought it would be a good addition to the neighborhood," she said, adding it also fulfilled "my dream of owning a business."

West said he had personal issues he was dealing with, noting it was time to sell.

"It was a great experience for my second business," he said of Westy's,

SEE SHANGHAI, Page 14

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Bands: A sound system and drum set will be provided at the audition; **all applicants:** the cut-off date for applying is **March 4, 2017.**

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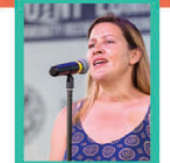
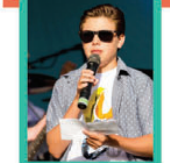
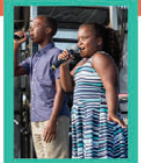
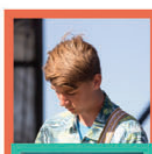
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SURCHARGE

CONTINUED FROM Page 1

describe as a 'mandated' minimum-wage surcharge to customers' bills, as much as 3.5 percent above and beyond what the prices on the menu indicate.

"Many of these diners did not learn of this so-called surcharge – which is not mandated by any governmental entity – until they received their check," Elliott said at the conference. "This practice may violate California law, and specifically, its provisions against false advertising."

"Citizens are entitled to know upfront the cost of their meals and the basis for each charge included in their bill. Those restaurants who do not adequately inform their customers may be receiving letters from our office indicating that we are investigating them for potential violations of the law," Elliott said.

David Cohn, president of Cohn Restaurant Group, said, "Every restaurant I know of that's doing surcharges is properly noticing and labeling the surcharge." Cohn said notice of 3 percent surcharges are present in both the reception areas and every Cohn restaurant menu.

Cohn said, with any patron coming forward complaining they weren't aware of the surcharge, that "we take it off the guest's check. We can't force anyone to pay if they didn't see it."

Cohn said that in San Francisco, where minimum wages were already increased, "80 percent of restaurants now have surcharges."

"We have no problem with a minimum-wage increase, and are glad our employees are benefiting," Cohn said. "These are unprecedented additional costs."

Cohn added that, over the last 2 1/2 years, "Wages have gone up 44 percent. If every business paid that increase to its employees – a lot of them would have a hard time staying in business. We just want to be transparent with people, let them know that, at some point, we need to pass that along (costs)."

On its website, the Brigantine restaurant chain noted that, as of Jan. 1, 2017, a 3 percent surcharge was being added to all guest checks at The Brigantine and Miguel's.

'This practice may violate California law, and specifically, its provisions against false advertising.'

MARA ELLIOTT
SAN DIEGO CITY ATTORNEY

"In restaurants, where employees earn tips, the increased minimum wage goes directly to the highest earners in the house," said the posting on Brigantine's website. "At the same time, the restaurant employees who would benefit most from an increase won't see their pay go up much, if at all. The reason: California is one of the only states in the country that do not allow tips to count toward an employee's income."

"Rather than just raise prices and, in turn, raise the pay of the highest earners (tipped employees), we decided to add a surcharge so we can better compensate all our employees," the Brigantine website continued. "Any restaurant operator will tell you how much they value their back-of-the-house staff (the dishwashers, preps and cooks), who are doing some of the most demanding, labor-intensive work. ... the addition of the surcharge is by no means a political statement. Rather, it is our company trying to be more transparent with our guests in lieu of just raising prices."

Noting San Diego's minimum wage increase was approved by voters six months ago, Elliott said, "There has been ample time for every business owner to think through the law's ramifications on their operations, and to make whatever lawful changes they deem appropriate to their prices. It's unfortunate some restaurants chose another course. Based on the evidence, we may need to take them to court."

San Diego consumers who believe they have been improperly charged a surcharge may contact a consumer hotline at 619-533-5600 from 9 a.m. to 5 p.m. Monday through Friday. Or they can file a complaint at sandiego.gov/cityattorney. All complaints will be reviewed to determine whether there are violations of law.

an involved process with Alcohol Beverage Control that involves background checks," Sharp said. "That liquor license, by itself alone, is probably worth about \$75,000."

Qu said she's spent the past couple months remodeling Westy's. She expects to open "sometime this spring, possibly early February."

Her business concept is to sell Chinese tapas, small plates, which is most commonly associated with Spanish dishes, which Qu said she became familiar with during a Mediterranean cruise.

"I wanted to explore the idea of having Chinese- or Asian-style tapas, like dim sum," she said noting that, with tapas, "you don't have gigantic proportions, but you get to have different varieties."

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Going all out for the ‘Orange Effect’ at Point Loma fitness studio

By LUCIA VITI | THE BEACON

The workout. The heart-rate monitor. The coaches. The color. The lobby. The culture. The cool.

Welcome to Orangetheory Fitness, a boutique, franchise fitness studio exploding on a national and international scale. Open to every fitness level over 16 years of age, this interval-based, small-group training class synergizes endurance, strength and power.

Coaches guide students through cardiovascular and strength training segments utilizing treadmills, rowing machines, striders, bikes, TRX suspension training, and free-weights, as well as Bosu and medicine balls. Heart-rate monitors – specific to Orangetheory Fitness and donned across one’s torso or wrist – display color-coded progress in real time on flat screen TVs lining the studio walls. Clients purchase their own monitors or rent one for the day. Pulsating music works in tandem with coaching demos, corrections, modifications and kudos.

The brainchild of exercise physiologist, Ellen Latham, the fitness center touts its ability to generate the body’s “metabolic” effect. Noted as the “Orange Effect,” this after-burn, or excess post-exercise oxygen consumption (EPOC), burns calories for 24 to 36 hours post workout.

Participants work within three phases: Base, Push and All Out Effort! Each phase builds upon output and active recovery. The green, Base Phase; progresses from a warm-up to using 71 to 83 percent of one’s maximum heart rate for 25 to 35 minutes. The orange, Push Phase, described as the most important and uncomfortable segment, follows suit. This “Orange Effect” uses 84 to 91 percent of one’s maximum heart rate



Coaches guide students through cardiovascular and strength training segments utilizing treadmills, rowing machines, striders, bikes, TRX suspension training, and free-weights, as well as Bosu and medicine balls.

for a minimum of 12 minutes and a maximum of 20 to achieve EPOC and optimize caloric burn. The red, All Out Effort! requires 92 to 100 percent of one’s maximum heart rate. Slated to “empty the tank,” this phase should not be held longer than 30 seconds, one minute at a time.

Sporting a bachelor’s degree in physical education and a master’s degree in exercise science from University at Buffalo, Latham, a veteran group exercise and Pilates instructor, designed Orangetheory Fitness as a metabolic training template to transform the deconditioned, while challenging the elite athlete.

“People flood into OT studios because the class achieves results while keeping people engaged,” she says. “Metabolic training workouts – designed by a fitness lab – change daily. OT’s interval blocks keep the

body in a constant state of confusion and change while our secret formula emphasizes endurance, strength and power. Clients walk into Orangetheory Fitness and say, ‘Here’s my body, just tell me what to do with it.’”

Latham described Orangetheory Fitness as the multi-vitamin workout. “Spinning is vitamin A, Pilates vitamin C, and crossfit vitamin D,” she says. “They’re great specific workouts but they don’t keep your body in constant metabolic change like OT. We advise members to attend other classes as long as they get their OT multi-vitamin at least twice a week.”

Latham stressed the importance of OT’s scientific backing. “Nothing is left to a trainer holding a weekend certification now dubbed fitness professional,” she continued. “OT clients receive a master’s of science educational level workout.”

Orangetheory Fitness instructor training is without question, comprehensive. Dubbed, “coaches,” maintain current CPR, and nationally recognized personal training certifications. Coaches learn the specifics of heart-rate monitors and heart-rate zones; OT’s unique cueing vernacular; how to coordinate groups working together yet separately – side-by-side; and the nuances of correcting form and posture. Headquartered in Fort Lauderdale, Fla., corporate runs quarterly, CEC-accredited “360 Degree” workshops that review scientific elements and the art of presentation and empowerment. Corporate delivers workouts to each studio two weeks prior to scheduled classes. Workouts are reviewed by franchise trainers and coaches and edited according to regional demographics.

“Coaches are encouraged to find

ORANGETHEORY FITNESS

Where: 3980 W. Point Loma Blvd.

Hours: 5 a.m. to 8:30 p.m.

Info: point-loma.orangetheoryfitness.com.

better versions of themselves,” says San Diego’s regional coach, Allen Blunt, a popular coaching instructor at Orangetheory Fitness at the Point Loma location. “Beyond the resumes, OT coaches are approachable, likeable and real. The success of OT isn’t measured by the blood, sweat and tears of crawling out of a grueling workout. OT coaches deliver a fun, motivating platform for clients to experience success little-by-little every day.

“Coaches create an environment where everyone helps each other,” continues Blunt. “Patterns occur in blocks of time. Members use each other as reference while coaches leverage the flow. Accomplishments are tracked. Coaches connect with students. Success is celebrated and students are encouraged to have a good time. Everyone leaves understanding their achievements along with a blueprint for future success. OT is a great workout modeled successfully by corporate that’s here to stay.”

Blunt stressed the importance of the OT’s “lobby” culture. “The OT community begins in the lobby,” he explains. “Relationships are built around people who share a common interest in the pursuit of health, fitness and life. Orangetheory Fitness hosts social gatherings and encourages member participation in community events.

“We celebrate fitness, we celebrate life and we do so successfully. OT isn’t just a workout, it’s a community that impacts people’s lives,” Blunt says.

READ MORE ONLINE AT sdnews.com

YOGA

CONTINUED FROM Page 1

said Shawna Schenk, the co-founder, along with Melanie Williams, of the four-day festival. “I think it’s long overdue.”

Schenk, a self-employed yoga and reiki certification instructor, was in a meditation class at another festival in Northern California last February when the idea came to her. “It was like an hour of drumming meditation and it took me to a new space where I saw a vision of a huge yoga festival in San Diego,” she said. “When I was driving home I starting thinking about it and knew I had to do it.”

That seed of an idea has grown into an international event that will include 120 classes, 80 yoga teachers, support from 11 yoga studios, 25 sponsors and more than 40 partners to help put on the festival.

“The support has been beautiful. I’m so grateful,” Schenk said.

At first, Schenk started planning the event at a large hotel with a con-

ference center, but that didn’t feel right. “My business partner owns a yoga studio in Ocean Beach and OB is so eclectic and so open minded – it’s got Sunset Cliffs and the longest pier on the West Coast. We could have classes indoors and outdoors – which is what San Diego is all about. It felt like the perfect place for it,” she said. “We’re a grassroots business – so if we make any money from this let’s give it back to the community instead of a big hotel chain. It felt more natural and organic to support other businesses in our community,” she added.

Ocean Beach also has a variety of businesses that agreed to be involved. There will be classes at art studios, beer tasting and wine tasting rooms, along with surf and skateboard lessons. The festival even received permits to hold classes on the pier, Dog Beach (yoga with your dog) and Robb Field Skate Park (yoga on skateboards).

“We started asking businesses if they were interested and if we could use their space and it started work-

ing out,” Schenk said. “Ocean Beach is so supportive. The Town Council is one of our sponsors. People are excited to get this healthy vibe out on the streets.”

The opening ceremonies are on Friday evening on the beach with a drumming meditation. On Saturday and Sunday there will be electric classes throughout the day and into the evening and the closing ceremonies will be on the pier Sunday afternoon.

Classes Friday through Sunday are more like yoga college. You can sample everything,” Schenk said. “I want people to experience all different styles and find something that works for them.”

On Monday there will be all-day classes taught by five master teachers. “They are going to teach a very specific style of yoga or class. It’s a little more intensive.”

Tickets are \$44 for a one-class pass, \$88 for a three-class pass, \$222 for a one-day pass, and \$333 for a three-day pass. “A three-day ticket gives them access to as many



San Diego Yoga Festival co-founder Shawna Schenk leads a class at a festival last year.

classes as they want,” Schenk said. “Also, we will have an area with vendors that will have free classes open to the public throughout the day.”

Attendees are expected from not only San Diego, but nationally and internationally. The International Yoga Festival in India is a sponsor, and helped market the event. There will even be a 92-year-old yoga

teacher from India.

“We want to encourage everyone – from the businesspeople to the hippies – to come out. We want to expose people to healthy ways of living,” she said.

“We want more than 1,000 people in the streets doing yoga. We want to make it a movement and get the energy high.”

Mother's Saloon to hold weekly acoustic music series

By BART MENDOZA | THE BEACON

Ocean Beach's live music scene continues to expand, with a new weekly acoustic music series at Mother's Saloon being the latest addition to the calendar. Each Wednesday night will now feature three solo or duo acts booked by local music promoters, Gale Force Productions, sharing the stage at Mother's. It's the latest feather in the cap for the Ocean Beach-based company, helmed by Gale Hopping, who in addition to promoting events, recently became social media director for the San Diego Music Awards.

"What inspired the showcase was the need to do something new and different," Hopping said. "After working the past four years with Lynnea Bourgeois of Mother's Saloon, building a successful music program, we realized that we needed to shake it up a bit."

According to Hopping, the venue tried karaoke for about three months, however, "that wasn't what we hoped it would be, so then I took a look back at everything we had accomplished and asked myself how could I do better and what was I missing?" He soon realized that one of the largest resources he had was pretty much untapped.

"That was the many solo and acoustic artists asking me to put them in the mix, but I really had nowhere to truly showcase them.

ACOUSTIC SHOWCASE

When: 8 p.m. Wednesdays.

Where: Mother's Saloon, 2228 Bacon St., 21 and up.

Info: www.usegaleforce.com.

With the help of the new GM of Mother's, Chris Livesay, together we came up with the idea."

Although Hopping has a rich pool of local talent to choose from, he is actively seeking out new performers for the series. "I have three slots to fill each week, each with a 45-minute set," he said. "I use my own resources and I am also utilizing a new app called Gigtown to help me book at least one of those spots each week."

While the performers must play with acoustic instruments, Hopping is open to all genres. "Honestly I'm looking for it all," he said. "I want to know what inspires the crowd each week, as well as each artist and with the people they bring each week. I'm a firm believer in that, if you make a place for the music, the music will find its own way."

He notes there is no preference to whether or not a performer chooses covers or originals to play. "I leave that up to the artist and let them showcase what they think is best about their act." Upcoming performers include Kyle Merrill of Brothers Gow (Jan. 25), Amy Day (Feb. 1) and Jimmy Lewis of Supe-

runloader (Feb. 15).

Though Hopping has experience booking performers, he's particularly happy to be booking this acoustic showcase. "A couple of things come to mind," he mused. "First of all, there is the intimacy of the venue. It gives closer connection to the artists and allows them to be in a space to sell themselves and their music. Secondly, it expands my knowledge and understanding as well as reach, as the SD music scene evolves. I'm a real hands-on kind of guy," he said good naturedly.

For his part, Hopping is also thrilled with the renewed spotlight on music in Ocean Beach. "Personally I've known that OB was a hot spot for musicians since I moved here from Nebraska 13 years ago," he remarked. "That fact has now turned into a reputation that is known across the country. It's one of the last iconic Southern California beach towns, and I am thrilled to be a driving force in the ongoing evolution of not just the local scene in OB, but in San Diego and beyond," he said.

High tea fundraiser set before dance theater performance on Jan. 22

The founders of the nonprofit Jean Isaacs San Diego Dance Theater in Liberty Station will be honored at a fundraiser high tea reception Jan. 22 before that Sunday's performance of "Janus," the winter repertory concert.

Both will take place at the Saville Theater at City College, 1313 Park Blvd. in downtown San Diego.

SDDT founders George Willis, Lolita Donoso-Carter, and Johanna Weikel will be honored. At 1 p.m., the guests will have high tea on the Saville Theater stage before the "Janus" performance.

It's the 45th anniversary celebration of SDDT, which has made its home in Point Loma for years.

SDDT volunteer Leslie Carter said it's all for a good cause.

"The fundraiser is to help cover the cost of a grant they lost covering the children's and seniors' programs," Carter said, noting SDDT hosts numerous dance classes for youth and older adults, including an aging creative program that accounts for her involvement.

"There are six or seven dance classes that are really excellent for people older than 55 years old," Carter said adding, "I came to take the senior dance classes – and they put me to work helping with the publicity."

Event proceeds will benefit education and outreach for children's and seniors' programs.

"Janus and Other Dances of Beginnings, Transitions, and Endings" will be the 19th edition of Jean



Gale Hopping, of Gale Force Productions, puts up fliers promoting music shows.

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-031828 Fictitious Business Name(s) LUCE BAR & KITCHEN, BACI RISTORANTE located at: 1955 MORENA BLVD. SAN DIEGO, CA. 92110 is registered by the following: TGD CORP This business is conducted by: A CORPORATION TGD CORP 1955 MORENA BLVD. SAN DIEGO, CA. 92110 CALIFORNIA The first day of business was: 11/14/1979 Registrant Name: TONY D'AMATO Title of Officer, if Limited Liability Company / Corporation PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 15, 2016 ISSUE DATES: JAN 05, 12, 19 AND 26, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-031208 Fictitious Business Name(s) UPPER MEADOW LODGE located at: 33350 UPPER MEADOW ROAD PALOMAR, CA. 92060 is registered by the following: TGD CORP This business is conducted by: A LIMITED LIABILITY COMPANY SEAMOUNT, LLC. 831 SAPPHIRE STREET SAN DIEGO, CA. 92109 CALIFORNIA The first day of business was: 01/01/2016 Registrant Name: MELISSA SEAMAN Title of Officer, if Limited Liability Company / Corporation MANAGING MEMBER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 07, 2016 ISSUE DATES: JAN 05, 12, 19 AND 26, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-032746 Fictitious Business Name(s) SLAGHOLE ENTERPRISES, TOM FOX ART AND DESIGN located at: 5151 SANTA FE ST. SAN DIEGO, CA. 92109 is registered by the following: THOMAS FOX, TAMARA FOX This business is conducted by: A MARRIED COUPLE The first day of business was: 05/01/2013 Registrant Name: THOMAS FOX Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 28, 2016 ISSUE DATES: JAN 05, 12, 19 AND 26, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-032466 Fictitious Business Name(s) MISSION BEACH REALTY located at: 8865 BALBOA AVE., STE F SAN DIEGO, CA. 92109 is registered by the following: GNP REALTY INC This business is conducted by: A CORPORATION GNP REALTY INC.

8865 BALBOA AVE., STE F SAN DIEGO, CA. 92109 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: DANIEL COTA Title of Officer, if Limited Liability Company / Corporation PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 22, 2016 ISSUE DATES: JAN 05, 12, 19 AND 26, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-032241 Fictitious Business Name(s) BEADS AND MORE located at: 4150 MISSION BLVD., STE 111 SAN DIEGO, CA. 92109 is registered by the following: JULIA CANDILLO This business is conducted by: AN INDIVIDUAL The first day of business was: 03/01/1998 Registrant Name: JULIA CANDILLO Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 21, 2016 ISSUE DATES: JAN 05, 12, 19 AND 26, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-032817 Fictitious Business Name(s) INTERACTIONS FOR PEACE located at: 5356 SWARTHMORE ST. LA MESA, CA. 91942 is registered by the following: INTERACTIONS FOR PEACE This business is conducted by: A CORPORATION INTERACTIONS FOR PEACE 5356 SWARTHMORE ST. LA MESA, CA. 91942 CALIFORNIA The first day of business was: 01/01/2001 Registrant Name: AMANDA ROUSSELL Title of Officer, if Limited Liability Company / Corporation EXECUTIVE DIRECTOR The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 28, 2016 ISSUE DATES: JAN 05, 12, 19 AND 26, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-030392 Fictitious Business Name(s) BARE RINSE LLC located at: 2002 MISSOURI ST. UNIT #9 SAN DIEGO, CA. 92109 is registered by the following: BARE RINSE LLC This business is conducted by: A LIMITED LIABILITY COMPANY BARE RINSE LLC 2002 MISSOURI ST. UNIT #9 SAN DIEGO, CA. 92109 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: JOSEPH EID Title of Officer, if Limited Liability Company / Corporation CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 28, 2016 ISSUE DATES: DEC 22, 29 JAN 05 AND 12, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000209 Fictitious Business Name(s) SAXY WINDOW COVERINGS located at: 3946 HAINES ST. #B SAN DIEGO, CA. 92109 is registered by the following: JEFF SACKS This business is conducted by: AN INDIVIDUAL The first day of business was: 12/01/2016 Registrant Name: JEFF SACKS Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 04, 2017 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000172 Fictitious Business Name(s) GIANT APPAREL located at: 4230 SANTA CRUZ AVE. SAN DIEGO, CA. 92107 is registered by the following: DOUGLAS CERRI This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: DOUGLAS CERRI Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 04, 2017 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000299 Fictitious Business Name(s) EUROPUPP located at: 2443 LORING ST. SAN DIEGO, CA. 92109 is registered by the following: VADIM PODOLEANU This business is conducted by: AN INDIVIDUAL The first day of business was: 10/20/2015 Registrant Name: VADIM PODOLEANU Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 05, 2017 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000086 Fictitious Business Name(s) LES INGENUS located at: 2055 FELSPAR ST. APT #5 SAN DIEGO, CA. 92109 is registered by the following: LUCIE LEDENTV This business is conducted by: AN INDIVIDUAL The first day of business was: 01/03/2017 Registrant Name: LUCIE LEDENTV Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 03, 2017 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-033102 Fictitious Business Name(s) LEARN ARMOR located at: 11199 SORRENTO VALLEY RD. #203 SAN DIEGO, CA. 92121 is registered by the following: PSYCHARMOR, INC. This business is conducted by: A CORPORATION PSYCHARMOR, INC. 11199 SORRENTO VALLEY RD. #203

SAN DIEGO, CA. 92121 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: MARJORIE MORRISON Title of Officer, if Limited Liability Company / Corporation CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 30, 2016 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000390 Fictitious Business Name(s) A+ CARPENTRY, A+ CARPENTRY & HANDYMAN SERVICE, SO CAL CARPENTRY, SOUTHERN CALIFORNIA CARPENTRY located at: 2150 PACIFIC BEACH DR. #131 SAN DIEGO, CA. 92109 is registered by the following: BARRY CANTRELL INDUSTRIES, INC. This business is conducted by: A CORPORATION BARRY CANTRELL INDUSTRIES, INC. 2150 PACIFIC BEACH DR. #131 SAN DIEGO, CA. 92109 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: BARRY CANTRELL Title of Officer, if Limited Liability Company / Corporation MANAGING MEMBER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 05, 2017 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000080 Fictitious Business Name(s) HILTON LA JOLLA TORREY PINES located at: 10950 N. TORREY PINES ROAD LA JOLLA, CA. 92037 is registered by the following: CHH TORREY PINES TENANT CORP. This business is conducted by: A CORPORATION CHH TORREY PINES TENANT CORP. 14185 DALLAS PARKWAY, SUITE 1100 DALLAS, TX. 75254 DELAWARE The first day of business was: 01/03/2017 Registrant Name: ERIC EUBANKS Title of Officer, if Limited Liability Company / Corporation PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 03, 2017 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-032685 Fictitious Business Name(s) GOLDFINCH APARTMENTS located at: 4077 GOLDFINCH ST. SAN DIEGO, CA. 92103 is registered by the following: LOUIS OTTO EMME This business is conducted by: AN INDIVIDUAL The first day of business was: 12/27/2016 Registrant Name: LOUIS OTTO EMME Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 27, 2016 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000501 Fictitious Business Name(s) FARMERS TABLE located at: 8141 LA MESA BLVD., LA MESA, CA. 91942 is registered by the following: ALBERTO MORALE This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ALBERTO MORREALE Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 06, 2017 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000515 Fictitious Business Name(s) BAKER PLUMBING & MECHANICAL located at: 3752 CRETE ST. SAN DIEGO, CA. 92117 is registered by the following: FRANKLIN BAKER, SUSAN BAKER This business is conducted by: A MARRIED COUPLE The first day of business was: 01/09/2017 Registrant Name: FRANKLIN BAKER Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 09, 2017 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017



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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000138 Fictitious Business Name(s) KINGDOM PRESENTERS located at: 3020 CAMINITO ARENOSO SAN DIEGO, CA. 92117 is registered by the following: MARYANN MARIANI, DONALD MARIANI This business is conducted by: A MARRIED COUPLE The first day of business was: 01/03/2008 Registrant Name: MARY ANN MARIANA Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 03, 2017 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-032440 Fictitious Business Name(s) MODERN DAY PRO located at: 4070 HUEFANO STREET, UNIT #126 SAN DIEGO, CA. 92117 is registered by the following: ELIZABETH LENAHA This business is conducted by: AN INDIVIDUAL The first day of business was: 08/01/2016 Registrant Name: ELIZABETH LENAHA Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 22, 2016 ISSUE DATES: JAN 12, 19, 26 AND FEB 02, 2017

SUMMONS (Family Law) NOTICE TO RESPONDENT (Name): LUPE NYE You have been sued. Read the information below and on the next page. Petitioner's name is: MICHAEL D. NYE CASE NUMBER FAMVS1600012 You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association. NOTICE-RESTRaining ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or sen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. 1. The name and address of the court are VICTORVILLE SUPERIOR COURT 14455 CIVIC DRIVE, SUITE 100 VICTORVILLE, CA. 92392, CA. 92392 2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney are: SHARON J. BRUNNER, ESQ., CSBN: 229931 14393 PARK AVENUE, SUITE 100 VICTORVILLE, CA. 92392 Date Jan 05, 2016 Clerk, by ELVIRA VIERNES, Deputy ISSUE DATE(S): JAN 12, 19, 26 AND FEB 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-022360 Fictitious Business Name(s) CHOMP A CHUMP, MORSE ENTERPRISES, SECOND CHANCE COLLECTIVE, GYPSEA BLUE, MFUTMC, HFF HOLDINGS, MORSE COMPANIES located at: 1889 BACON ST. #7A SAN DIEGO, CA. 92107 is registered by the following: JOSHUA TRAVIS MORSE This business is conducted by: AN INDIVIDUAL The first day of business was: 06/01/2016 Registrant Name: JOSHUA TRAVIS MORSE Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego

County on: AUG 24, 2016 ISSUE DATES: SEP 15, 22, 29 AND OCT 06, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-025124 Fictitious Business Name(s) INCEPTION K9 ACADEMY, LLC. located at: 3915 NOBEL DR. #6 SAN DIEGO, CA. 92122 is registered by the following: INCEPTION ACADEMY, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY INCEPTION ACADEMY, LLC. 3915 NOBEL DR. #6 SAN DIEGO, CA. 92122 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: BRANDON LIEBERT Title of Officer, if Limited Liability Company / Corporation PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUG 24, 2016 ISSUE DATES: OCT 06, 13, 20 AND 27, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-029284 Fictitious Business Name(s) MIRA MESA GROCERY OUTLET located at: 8145 MIRA MESA BLVD. SAN DIEGO, CA. 92126 is registered by the following: JEDKO, INC. This business is conducted by: A CORPORATION JEDKO, INC. 2288 PEREZ ST. #387 SALINAS, CA. 93906 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: TREAUA KOTTMAN Title of Officer, if Limited Liability Company / Corporation VICE PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 10, 2016 ISSUE DATES: DEC 08, 15, 22 AND JAN 05, 2017

STATEMENT OF ABANDONMENT OF USE OF A FICTITIOUS BUSINESS NAME FILE NO. 2016-023221 (1) Fictitious Business Name(s) to be abandoned: PB POST PLUS located at: 1765 GARNET AVE. SAN DIEGO, CA. 92109 (2) The Fictitious Business Name referred to above was filed in San Diego County on 12/28/2006 and assigned File No. 2006-044489 (3) Fictitious Business is being abandoned by JIM O'CONNELL 12505 HEATHERTON COURT, #88 SAN DIEGO, CA. 92128 (4) This Business is conducted by: AN INDIVIDUAL Registrant Name: JIM O'CONNELL The Statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on SEP 01, 2016 ISSUE DATES: SEP 15, 22, 29 AND OCT 06, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000817 Fictitious Business Name(s) COLLEGE IS MY LIFE, VIRALIZED located at: 750 B ST. SUITE 1230 SAN DIEGO, CA. 92101 is registered by the following: HOLONIS, INC. This business is conducted by: A CORPORATION HOLONIS, INC. 750 B ST. SUITE 1230 SAN DIEGO, CA. 92101 DELAWARE The first day of business was: 06/10/2016 Registrant Name: ZACHARY COHEN Title of Officer, if Limited Liability Company / Corporation CHIEF OPERATING OFFICER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 11, 2017 ISSUE DATES: JAN 19, 26 FEB 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000950 Fictitious Business Name(s) SAN DIEGO SURF RENTAL located at: 5810 LAURETTA ST. SAN DIEGO, CA. 92110 is registered by the following: TRAVIS AGBAYANI This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: TRAVIS AGBAYANI Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 11, 2017 ISSUE DATES: JAN 19, 26 FEB 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000409 Fictitious Business Name(s) WESTERN SKY PRESS located at: 870 SAN ANTONIO PLACE SAN DIEGO, CA. 92106 is registered by the following:

AUGUST FELANDO This business is conducted by: AN INDIVIDUAL The first day of business was: 07/16/2010 Registrant Name: AUGUST FELANDO Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 06, 2017 ISSUE DATES: JAN 19, 26 FEB 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001115 Fictitious Business Name(s) RAMOS LANDSCAPING located at: 3483 ½ DEL REY ST. SAN DIEGO, CA. 92109 is registered by the following: IVAN RAMOS GIRON This business is conducted by: AN INDIVIDUAL The first day of business was: 09/01/2016 Registrant Name: IVAN RAMOS GIRON Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 13, 2017 ISSUE DATES: JAN 19, 26 FEB 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000331 Fictitious Business Name(s) CALIFORNIA MARKET TRADERS located at: 11268 APPR #204 VISTA SORRENTO PARKWAY SAN DIEGO, CA. 92130 is registered by the following: JOAO JUSTINO DA SILVA NUNES GIRON This business is conducted by: AN INDIVIDUAL The first day of business was: 09/01/2016 Registrant Name: JOAO JUSTINO DA SILVA NUNES Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 05, 2017 ISSUE DATES: JAN 19, 26 FEB 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000745 Fictitious Business Name(s) MORJAN COUTURE located at: 3810 WABASH AVE. APT 20 SAN DIEGO, CA. 92104 is registered by the following: MOHAMMED SAIF This business is conducted by: AN INDIVIDUAL The first day of business was: 01/01/2017 Registrant Name: MOHAMMED SAIF Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 10, 2017 ISSUE DATES: JAN 19, 26 FEB 02 AND 09, 2017

STATEMENT OF ABANDONMENT OF USE OF A FICTITIOUS BUSINESS NAME FILE NO. 2016-031572 (1) Fictitious Business Name(s) to be abandoned: THE ELECTRIC CHAIR located at: 4944 NEWPORT AVE #A SAN DIEGO, CA. 92107 (2) The Fictitious Business Name referred to above was filed in San Diego County on 12/03/2014 and assigned File No. 2014-031425 (3) Fictitious Business is being abandoned by STANLEY PAUL BOLTON 827 TENTH AVE. SAN DIEGO, CA. 92101 (4) This Business is conducted by: AN INDIVIDUAL Registrant Name: STANLEY PAUL BOLTON Title: OWNER The Statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on DEC 13, 2016 ISSUE DATES: JAN 05, 12, 19, AND 26, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000396 Fictitious Business Name(s) EFFICIENT POWER CONSULTING located at: 3858 CAMINITO DE TATAN SAN DIEGO, CA. 92111 is registered by the following: RICARDO SANCHEZ This business is conducted by: AN INDIVIDUAL The first day of business was: 01/03/2017 Registrant Name:

DANCE

CONTINUED FROM Page 16

Isaacs' San Diego Dance Company's January repertory concert.

The concert will be presented over three days: Jan. 20, 22 and 23 at the Saville Theater. Hours are Friday at 8 p.m., Saturday at 7 p.m. and Sunday at 2:30 p.m.

The new work "Janus" calls to mind the Roman god of January whose legendary perspective is equally forward and backward. The premier production features

dancers Minaqua McPherson and Desiree Cuizon-Ferjeran bound together back-to-back. One's perspective is to the future and the other to the past.

The characters in the dance must choose whether to struggle with their relationship (war) or to work together striving toward the mutual goal of peace.

Ticket prices are \$35, general admission, \$25 senior/military and \$15 for students with ID.

For more information or tickets, visit www.sandiegodancetheater.org.

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San Diego's annual 'boaters' boat show returns to Sunroad Marina

By NICOLE SOURS LARSON | THE BEACON

Rain or shine, the San Diego Sunroad Boat Show returns to Harbor Island, Jan. 26-29, bringing with it aspirations for the upcoming recreational boating season.

The 27-year-old ever-larger winter boat show, now in its eighth year at Sunroad, begins on Thursday, Jan. 26 and runs through Sunday, Jan. 29 at Sunroad Resort Marina, located at 955 Harbor Island Drive, at Harbor Island's east end. Show hours are noon to 6 p.m. Thursday and Friday and 10 a.m. to 6 p.m. Saturday and Sunday.

"The show offers guests the chance to tour both new and used sail and powerboats in every price range, style and size from trailerable boats and inflatables to yachts over 80 feet," explained show director Jim Behun, who doubles as the marina's general manager.

The show is equally split between power and sail boats, with "first looks" available for many newly-introduced models. Self-propelled vessels, such as kayaks and standup paddleboards, are exhibited on land.

"This is a show organized by boaters for boaters of all kinds. Exhibits and vendors are all boating-related," Behun said, explaining that the show had grown to a larger tent and more docks.

With the addition of more floating docks for larger yachts, this year's show will display more than 160 vessels in the water, including 100 new boats.

Among the dealers showing new models are: South Coast Yachts, exhibiting the Bénétéau Oceanis 60 and Monte Carlo 5; Orange Coast Yachts' Ocean Alexander 80 and Alexander Marine's Ocean Alexander 70; Bay Yachts 70 by 30 Sun Reef Power Cat; and Hampton Yachts' Hampton 65. Numerous sailing catamarans are also featured.

Boating education will again play a significant role at the boat show. On Saturday and Sunday, the pavilion will host seminars on subjects including applications of Wi-Fi and video for boats, yacht controller use, trimming headsails and off-shore sail repair.

Representatives from 12 Mexican marinas and boat-

yards will be on hand explaining their available facilities and amenities, and will present seminars on Mexican boating, as will Capt. Pat Rains, author of Mexico Boating Guide.

Along the docks, Seaforth Boat Rentals will provide free boat rides for the entire family.

Unlike many boat shows, the Sunroad show offers both new and brokerage boats in the water. The show's exhibits, under an expansive tent include more than 100 vendors offering widely ranging marine services and equipment, electronics, nautical products, boating supplies and accessories.

Show tickets are \$13, with children 12 and under free. Active-duty military, police, EMTs and fire personnel with ID are admitted free Thursday and Friday. Because of crowded docks, show staff ask guests to leave pets and strollers at home, with service animals always welcome.

Paid parking is available adjacent to the marina at the corner of Harbor Drive and Harbor Island Drive.

For details on the show, visit www.bigbayboatshow.com.

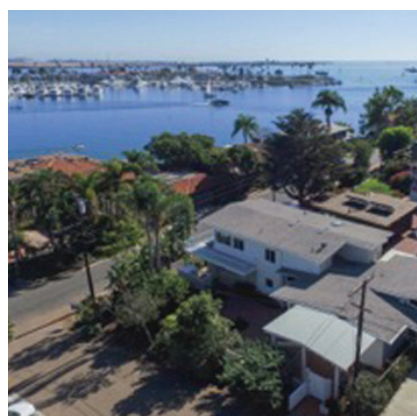


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Michelle Silverman
& ASSOCIATES

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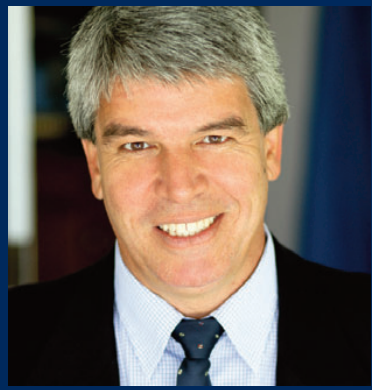
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Sat and Sun 1-4pm	440 San Antonio #9	2BR/2BA	\$939,000	Mike Panissidi • 619-247-2114
Sat & Sun 1-4pm	2955 McCall #301	2BR/2BA	\$739,995	Maureen McGrath
Sat 10-12pm	4461 Brighton Ave	4BR/3.5BA	\$1,397,000 - \$1,447,000	Tami Fuller • 619-226-8264
Sat 11-3pm	990 Tarento	3BR/3BA	\$965,000	Lynn M. Guidi • 619-890-9514
Sun 10-2pm	3902 La Cresta Drive,	3BR/2BA	\$1,099,000	Deborah Ehlers • 360-721-1087
Sun 1-4pm	916 El Mac Place	4BR/2BA	\$2,700,000	Tami Fuller • 619-226-8264

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LA JOLLA

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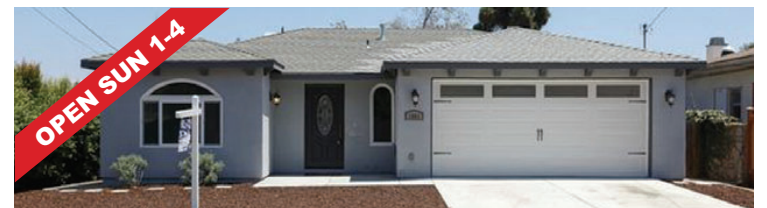
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