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SAN DIEGO COMMUNITY NEWSPAPER GROUP

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A Southwest Airlines plane flies over the city and begins its descent into San Diego International Airport.

PHOTO BY THOMAS MELVILLE

Going green to grow bigger?

Condo plan in OB sparks debate

By **TONY De GARATE**
THE BEACON

A city program designed to reward developers who build environmentally friendly structures is suddenly shaping up as the next battleground in the eternal debate over what constitutes bulky, out-of-scale housing in Ocean Beach.

On the books since 2003, the Sustainable Building Expedite Program is neither new nor little-known. Among other things, it offers speedy permit approval and

significant wiggle room in complying with the letter of the land development code if the building meets certain green requirements, such as attaining the LEED silver standard of the U.S. Green Building Council.

But a proposal to build a two-story, four-unit condo that seeks permission to build significantly larger than permitted by code has caused members of the Ocean Beach Planning Board to stand up and take notice. Chairman

SEE **GREEN**, Page 4

Town Council hears about Veterans Plaza and vacation rentals

By **TONY De GARATE**
THE BEACON

From the beginning, the current Veterans Plaza at the foot of Newport Avenue seemingly had everything going against it.

Day after day, year after year, salt air, sand and foot traffic wore away the sidewalk medallions designed to render honor and respect to the men and women who have defended the country. Today, less than two decades after the plaza's installation, most of the 84 inscriptions nestled between the plaza's two flagpoles are severely damaged, if not unreadable.

But the elements weren't the only problem. Attempts at repairs were largely thwarted — due to lack of funds.

Members of the Ocean

Beach Community Development Corporation (OBCDC), the entity spearheading the development of a new plaza on the grassy area south of the community's lifeguard tower, say they've learned from past mistakes. An annuity will be established, with its funds strictly earmarked for maintenance, through voluntary \$250 donations from people who want to honor a vet at the new plaza, organizers said Aug. 26 at the monthly public meeting of the Ocean Beach Town Council.

Dave Martin of the OBCDC said he was cool to the idea at first. "I was the one who put my foot down and said I'm not going to charge anyone to put their name on that wall," Martin said.

SEE **OBTC**, Page 5

Point Lomans unhappy about FAA's proposed flight paths

By **DAVE SCHWAB** | THE BEACON

The SoCal Metroplex Study intended to improve efficiency at San Diego International and other regional airports has surfaced on Point Lomans' radar screens, causing them to question the impact of proposed flight changes.

The Federal Aviation Administration (FAA) has said the 500-plus daily departures and arrivals at Lindbergh Field, 97 percent of which leave to the west and arrive from the east, "won't cause much of a noise impact," adding noise levels won't exceed an average daily increase in excess of 5 (more) decibels.

Noise is measured in decibels

Though confined to the waterfront, San Diego's airport is running smoothly

By **ASHLY McGLONE**
VOICE OF SAN DIEGO

Nearly 15 years after local politicians carved Lindbergh Field out of the Port of San Diego and created the Airport Authority, take-offs and landings are down almost 22 percent from their peak, but the air-

port's budget has nearly tripled. Even with fewer planes coming and going, passengers going through the airport have risen 45 percent, from 12.9 million in 1995 to nearly 18.76 million last year, airport data show.

In short, planes are getting

SEE **AIRPORT**, Page 17

are 10 decibels, a whisper is 20 and listening to music on headphones at maximum is 100.

But some Peninsulans aren't convinced that proposed changes

'We have been dealing with airplane traffic for decades, but it is about to get worse.'

SANDY VALONE
POINT LOMA RESIDENT

won't affect their lifestyle and are beginning to make noise about the proposed changes on email pathways.

"This is a very urgent situation, with not much time to react, and it affects all Point Loma residents," emailed Sandy Valone.

SEE **FAA**, Page 17



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Bodies recovered off Point Loma and in Mission Bay

The body of a missing 77-year-old Clairemont woman was found Sept. 13 in the waters off Point Loma, authorities said.

The decomposed body of Marie Donson was found by a scuba diving charter boat, according to the San Diego Medical Examiner's office.

Donson was last seen the morning of Sept. 8, and a missing persons report was filed with the San Diego police. She

was reported as high risk because she suffered from dementia, authorities said.

The body was found about 9 a.m., according to Lt. Andy Lerum. It was recovered and taken to the lifeguard's headquarters, at Quivira Basin on Mission Bay.

Lifeguards had also patrolled the ocean in search of Wesley Hilaire, a 4-year-old boy reported to have been

abducted Sept. 12 in Mission Bay Park. The boy was found drowned in Mission Bay Sept. 14.

Lifeguards also looked overnight for a 21-year-old woman reported missing during a swim at 1 a.m. Sept. 14 at Crystal Pier in Pacific Beach. She was found safe at home by police.

— CITY NEWS SERVICE

Kevin McKay, former managing editor of Peninsula Beacon, dies after long illness

Kevin McKay, managing editor of San Diego Community Newspaper Group for seven years, died Thursday, Sept. 10, after a lengthy illness following a medical leave of absence. He was 51.

McKay was a San Diego State University graduate and a 25-year veteran of radio, television and print news during a distinguished career. He previously worked for the Freeport Journal-Standard and the San Gabriel Valley Newspaper Group. In recent times, McKay was perhaps best known as editor of the newsgroup's biweekly Peninsula Beacon, covering Point Loma and Ocean Beach.

"Kevin was a very talented editor and journalist," said newsgroup publisher Julie Main. "He was easy to work with, did his job quietly and efficiently. Kevin had a great sense of humor and a great laugh! He always managed to keep things light and fun in the office. Losing him is like losing a family member. He will be missed by many."

"Kevin was always a pleasure to work with," said Ocean Beach MainStreet Association Executive Director Denny Knox. "When we celebrated the 125th birthday of Ocean Beach (in 2012), he worked to make sure the Beacon had the best feature story on our community. We use the information in that insert all the time even today. We were so sorry to hear of his passing. Kevin McKay was a very memorable person, and we will miss working with him."

Facebook and other tributes echoed the sentiment of Byron Wear, former San Diego deputy mayor and District 2 councilmember.

"Kevin was a great journalist," Wear said, "and was passionate about the public's interest. He lived San Diego and our community."

"Kevin was perhaps the most polite person I've ever met," newsgroup anchor reporter Dave Schwab added. "He had a lifetime of knowledge, experience and insight. He left us much too soon. He was a warm, personable and upbeat person. That, I'm sure, is how he will be remembered by others fortunate enough to have shared this journey we call life."



Kevin McKay
Dec. 30, 1963 - Sept. 10, 2015

Schwab recalled how McKay, a big Chargers fan, once lost a bet with a co-worker, a converted vegetarian from Denver, over which team would win a playoff game. "The bet," Schwab said, "was that the loser would have to eat either meat or tofu. The look on Kevin's face nibbling away at the 'tofurkey' — however reluctantly — was unforgettable."

Griffith Davies worked with McKay in 1987, when the latter was fresh out of college, at a small government access channel in Rancho Cucamonga.

One day, Davies said, "It snowed. Kevin had never seen snow falling before. He was running around with a big smile, scooping up the freshly fallen snow and throwing it at us. He was incredibly happy."

"For my 18th birthday," Davies continued, "he gave me a CD of The Beatles Sergeant Pepper's album. I still have that very same disc, all these years later. Sad to hear of his passing. He was truly a good guy."

McKay had been married twice previously and is survived by his mother Jean, 92, of University City, for whom he had been caring in recent years.



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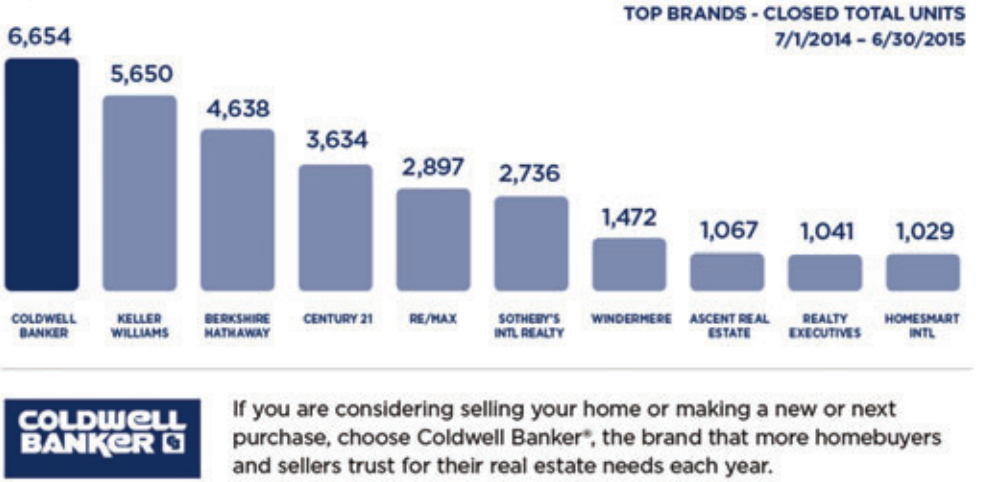
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Cabrillo Festival and re-enactment at Ballast Point set for Sept. 27

Forget all that controversy about whether Juan Rodriguez Cabrillo was actually Spanish or Portuguese — he sailed into San Diego Bay either way — and celebrate both cultures at Cabrillo Festival on Sunday, Sept. 27.

The festival, from 11 a.m. to 4 p.m. at Ballast Point, Naval Base Point Loma (south end of Rosecrans Street) includes music, dancing, children's activities and foods of Native Americans, Mexico, Portugal and Spain. There will be Kumeyaay basket-making, knot-tying and a 16th-century Spanish soldiers living history encampment.

The highlight of the Cabrillo Festival is the re-enactment of the explorer's landing on the shores of San Diego Bay at Ballast Point on Sept. 28, 1542. "Cabrillo," his soldiers and a priest sail into the bay on the San Salvador (actually The Californian, as the San Salvador replica is not Coast Guard certified as of yet) and once again claim the land for Spain as the first European to land on the West Coast of what is now Point Loma. The re-enactment begins at 3:10 p.m.

The Cabrillo Festival is an event for the entire family, with educational

activities, cultural demonstrations and exciting folkloric performances. Brightly colored clothing and dramatic music and dancing bring to life the traditions of the Native American, Mexican, Portuguese and Spanish cultures that are part of the Age of Exploration.

Other events leading up to the Cabrillo Festival:

- Thursday, Sept. 17, 10 a.m. — Cabrillo Festival in Ensenada, Baja California, commemorating Cabrillo's arrival in Todos Santos Bay, 1542.

- Saturday, Sept. 26, 3:30 p.m. — Commemorative ceremony and wreath-laying honoring Cabrillo at the Cabrillo National Monument. The keynote address speaker will be a dignitary from the United States.

- Saturday, Sept. 26, 6:30 p.m. — Cabrillo Discovery Celebration Dinner-Dance, S.E.S. Hall, 2818 Avenida de Portugal, Point Loma. No-host cocktails at 6 p.m.; dinner at 6:30 p.m., followed by dancing. The cost is \$50 per person. The event is sponsored by Cabrillo Civic Club No. 16 of San Diego and Portuguese-American Social and Civic Club.

To purchase tickets, call (619) 426-0769 or (619) 221-8084.



Should a developer get to build extra-large in exchange for making it environmentally friendly? This proposed condo at the vacant-for-decades corner of Muir Avenue and Abbott Street is believed to be the first proposal in Ocean Beach that makes that request.

GREEN

CONTINUED FROM Page 1

John Ambert had taken the unusual step of scheduling a special midmonth meeting to address the matter on Sept. 16 (after press time) at the Ocean Beach Recreation Center.

Board members say they want to develop a set of green standards they would require in order to support a larger-than-normally-allowed building. It's a course that could be historic and precedent-setting in a community that values small-scale, beach-friendly development, they said on Sept. 2 at their regular monthly meeting.

The proposal prompting the discussion sits on a long-vacant, 7,500-square-foot lot at the corner of Muir Avenue and Abbott Street. The developer has asked for a deviation to a restriction that applies in residential areas in Ocean Beach and Point Loma and nowhere else in the city. It's known as the .7 FAR rule, which stands for floor area ratio.

The code restricts the square footage of most residential buildings to seven-tenths of a property's lot size, or floor area. Of the total square footage, only 75 percent may be allocated to livable space; the rest must be dedicated to enclosed parking.

Throughout the rest of the city, housing may be built to 100 percent, or 120 percent of FAR.

'You're asking for a deviation to the most sacred thing we hold dear by offering something that meets the bare minimum.'

JOHN AMBERT
OB PLANNING BOARD CHAIRMAN

Historically, community leaders have steadfastly supported .7 FAR. Last month, dozens of citizens representing eight Ocean Beach groups testified before the California Coastal Commission in support of the new, nearly approved Ocean Beach Community Plan, specifically citing its language in support of .7 FAR.

Proponents have asserted the rule is the community's biggest protection against tacky, McMansion-style development that, in their view, has degraded other beach communities. Occasional requests to the board from city officials and developers to support relaxing the standard and conform to the rest of the city have been sternly rebuffed.

The proposed condos represent the first time a developer has used the Sustainable Building Expedite Program to exceed .7 FAR and go for a larger building, board members said.

Philip Quatrino, owner of PQ Design

Studio Inc., told the board that the building would achieve LEED silver status and qualify for the extra square footage with features like rooftop photovoltaics, on-site electric car recharging stations and xeriscaping.

Property owner Phil Coventry said the square footage couldn't be reduced to .7 FAR without creating a "bad flow" to the building.

But several board members said the condo wasn't worth giving up the .7 FAR restriction for.

"You're asking for a deviation to the most sacred thing we hold dear by offering something that meets the bare minimum," Ambert said. "If you truly want our support, we have to see more."

Board member Craig Klein agreed, saying he would likely hold out for a requirement to achieve LEED gold or platinum, the U.S. Green Building Council's highest level.

"We've fought so long and hard for .7 FAR that we can't deviate from it unless we have a well-documented reason," Klein said.

The OBPB's role is city planning is advisory only, and developers can legally build without its approval. But the prospect of a less-prohibitive policy may have drawn a "Who's Who" of developers to the Sept. 16 meeting, board members said.

"I would expect the developer community would want to come here and weigh in," Klein said. "This city policy is out there and people are going to want to use it."

Point Loma Association sets fundraiser cocktail party at Coasterra on Harbor Island

For the first time in its more than 50-year history, Point Loma Association is changing up the format for its annual fundraiser, to be held Thursday, Oct. 1 at Coasterra on Harbor Island, transforming it from a dinner into a cocktail party.

Ticket cost for Visions of Point Loma is \$100 per person. To purchase tickets for the Visions fundraiser, go to pointlomasociation.com. Those with questions may call (619) 226-4896. All proceeds benefit the association.

The event is to be held at the new \$15 million bayfront Mexican restaurant at 880 Harbor Island Drive. It will feature delicious food, stunning views and fun activities. Coasterra, a restaurant and event center on Harbor Island, is the latest endeavor by David and Lesley Cohn and chef Deborah Scott.

"Eat. Drink. Chat. Give" is a great description of what we want Visions of Point Loma to be," said event co-chair Kerri De Rosier. "We want people to min-

gle and have fun. Guests will be greeted by the Point Loma High School Jazz Ensemble and Sea Scouts and then stroll the beautiful venue, where they can shop at our 'PLA store,' stocked with items the PLA needs, prove their knowledge of Point Loma history, bid on fun live auction items and visit with neighbors."

Fundraising proceeds go toward the association's many projects.

"The PLA is getting pretty good at replacing ugly, weed-filled blacktop medians with stunning, drought-tolerant landscaping and hardscaping," said De Rosier. "With proceeds from Visions of Point Loma, we hope to continue beautifying our community."

The fundraiser will feature a live auction offering five nights at a Park City, Utah condo (10 people, no date restrictions), a weekend away at a Julian condo, a two-hour project from the Mean Green Team, a Woodfired Pizza Party for eight on the bay, a Pinot Party

for eight and a Zoo Safari for four.

The association is partnering with Ace Hardware to provide items for the association store, such as Mean Green Team vests, pruners, paint, fertilizer, power tools, mulch and rose food. Ace Hardware Point Loma is generously offering a 20 percent discount on all purchases except power tools. And they're offering a 10 percent discount on those.

The event will also honor six Beautification Award winners for their contributions to the Peninsula community: Coasterra, San Diego County Waterfront Park, Culture Brewing Company in Ocean Beach, the San Salvador, PLNU Science Complex and the VEER Apartments and Condos on Saratoga Street.

Parking at the venue is all valet at \$8 per car. The association is offering shuttle service from the overflow lot by the Sheraton at the corner of Harbor Drive and Harbor Island Drive, sponsored by the Point Loma Summer Concerts.



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Citizens group says short-term rentals violates city plan

City must comply with CEQA if allowing vacation rentals

The City of San Diego has been put on notice by citizens group Save San Diego Neighborhoods that if the mayor and City Council intend to change the city's municipal code to allow short-term vacation rentals in residential neighborhoods, they must comply with the California Environmental Quality Act (CEQA).

On Tuesday, Sept. 8, Save San Diego Neighborhoods' attorneys delivered a letter with the notice and request for a formal reply from Robert Vacchi, director of the San Diego Development Services Department.

The letter advises city officials that changing the city's municipal code to allow short-term vacation rentals to operate in San Diego's residential zones represents a "fundamental change" to the municipal code. Save San Diego Neighborhoods also asserts that to allow rentals into residential zones violates the city's general plan and adversely effects all 10 elements of the plan, in particular noise, housing and services and safety.

"The eventual adoption of an ordinance expressly allowing STVR's in single-family residential zones will have multiple, foreseeable, direct and indirect physical impacts upon the environment and constitutes a nonexempt 'project' under CEQA," the letter states.

Save San Diego Neighborhoods fur-

'We are the neighbors, and we're telling you there is a problem.'

SAVE SAN DIEGO NEIGHBORHOODS MESSAGE TO CITY COUNCIL

ther contends that complying with CEQA and working through the environmental impact report process will inform the discussion regarding the appropriateness of allowing rentals to operate in San Diego residential neighborhoods.

Save San Diego Neighborhoods believes that the results of an environmental impact report will not support the imposition of a new ordinance permitting rentals in residential zones in San Diego. On the contrary, the report will identify significant impacts that the city will be unable to mitigate, including depleting housing stock, noise pollution, air pollution, traffic congestion and additional and unmanageable stress on city services, in particular first responders – fire and law enforcement, water, trash, and parks and recreation personnel and facilities.

The Save San Diego Neighborhoods' CEQA letter was served this week because the city is moving forward on a

draft ordinance that would make short-term vacation rentals in residential zones lawful. Although the proposed draft ordinance may be modified in the coming weeks, the existing draft permits absentee-owned, commercial mini-hotels to operate in San Diego residential neighborhoods.

Residents of San Diego and members of the San Diego community planning groups have voiced strong opposition to the rentals, demanding the city enforce the municipal code and remove these mini-hotels from neighborhoods.

Earlier this year, the Pacific Beach Planning Group unanimously passed and sent to City Council a resolution asking City Council to enforce the municipal code and reiterate that rental mini-hotels are unlawful in single-family zones.

The problem of rentals in residential zones continues unabated. Airbnb, one of dozens of online vacation rental companies, has more than 3,500 vacation rentals in the city. Of those, 65 percent –



Signs like this one are sprouting up throughout San Diego neighborhoods.

PHOTO BY THOMAS MELVILLE

2,283 rentals – are whole-house, absentee-owner mini-hotels located throughout San Diego's residential neighborhoods.

Hundreds of San Diego residents packed two City Council meetings this spring to complain about the proliferation of vacation rentals and the negative impacts they create, saying, "We are the neighbors, and we're telling you there is a problem."

Save San Diego Neighborhoods was

formed in the wake of the rental controversy. Hundreds of citizens have joined the group via savesandiegoneighborhoods.org. Save San Diego Neighborhoods is now conducting an online petition whose early results show citizens unanimously support enforcing the city's current municipal code to ban rental mini-hotels and taking legal action against the city if needed.

More information is available at savesandiegoneighborhoods.org.

OBTC

CONTINUED FROM Page 1

"These veterans have made enough sacrifices, but to maintain the integrity of the project, it seems fair to me."

The plaza design, dubbed "Life's Journey," will consist of a representation of Sunset Cliffs with four 15-foot-wide granite walls attached that contain the names of honored veterans. An adjacent walkway with a tide pattern and inlay of stars representing those lost in battle would run from Abbott Street to the sand.

At first, the plan called for a height of seven feet. It's now likely the wall will vary in height from four to six feet, said Steve Grosch of the OBCDC.

Martin, who owns the nearby Shade's restaurant, said patrons and others have expressed concerns about obstructed views. He said the OBCDC is looking into placing poles and ribbons to provide a visual guide and demonstrate the wall will run perpendicular – not parallel – to the ocean.

"We realize people are concerned about the height. We want to make sure the community understands. Rest assured: We're not going to allow this to be a huge monstrosity," Martin said.

Applications for wall inscriptions are now available for download at obcdc.org or in hard-copy form at Shades, 5083 Santa Monica Ave. Submissions from 92107 or 92106 have priority until the end of the year, but the honorees – living or dead – don't have to reside in those zip codes, Grosch said.

He advised anyone interested to apply soon. "We imagine it will fill up quickly," Grosch said.

With space for at least 2,000 inscriptions, the initial deposit in the annuity could top \$500,000 for maintenance funds. The application fee is voluntary, but those who donate will receive priority, according to obcdc.org.

Vacation rentals

Ocean Beach is ready for a rip-roaring, free-flowing public debate on short-term and vacation rentals that have rapidly spiked with the advent of online tools like Airbnb. The point became obvious when four residents spoke out – two in favor, two against – on the issue.

Lori Hegerle – an opponent of the recent trend whereby vacationers obtain lodging in neighborhood homes – called on OBceans to get involved in upcoming hearings such as the city's Community Planners Committee, which meets Sept.

22 in Kearny Mesa. That committee will examine a draft city ordinance to allow the practice with restrictions.

"This is a quality of life issue. This is a neighborhood issue. This is an issue OB should have a say in. We should have a voice to protect our interests," Hegerle said, prompting solid applause from the audience of a few dozen.

But two citizens countered they couldn't afford to live in OB without the income generated by the practice.

"In a lot of ways, it's been a blessing for us," said a man who identified himself as Justin. "I understand the fear around something new – just understand before you judge it," he said, adding that he's avoided bad tenants through diligent screening.

"We did it this summer and had no problems at all," said a man who described himself as a homeowner on Narragansett Avenue. "It's the only way we've been able to keep our house."

Crossing guards needed

Summer vacation is over for the youngsters at Ocean Beach Elementary, and the students – especially the new kindergartners – count on adult supervision when navigating busy intersections around Santa Monica and Newport avenues and

Sunset Cliff Boulevard. Parent Joseph Piña, better known as "Moondoggie the Crossing Guard," has asked for more adult volunteers to give 30 minutes of their time before or after school.

Morning shifts begin at 7:15, after-school shifts at 2:10. Volunteers meet at the midstreet crosswalk in the 4800 block of Santa Monica Avenue.

It isn't hard to become a volunteer. "Just show up," said Piña, who revived the program several years ago after the school stopped allowing students to be guards.

Piña also launched his latest crusade: restriping the crosswalks from the outdated, two-yellow-lines format to a modern ladder-style design and calling on the Town Council for support.

Book sale

Your unwanted books, CDs and DVDs could be someone else's treasure. The Ocean Beach library, 4801 Santa Monica Ave., counts on donations for fundraising and is accepting contributions for its next

book sale to be held Sept. 26, from 9:30 a.m. to 12:30 p.m., Laura Dennison of Friends of the Ocean Beach Library announced.

OBFD 100th

This year marks the 100th anniversary of the Ocean Beach Fire Department, and a long-awaited commemoration T-shirt is ready for unveiling, announced Battalion Chief Ty Shimoguchi. He said he'll return to the September meeting to model the shirt and provide purchasing details.

Elections

Balloting for eight of the 15 members of the Town Council's board of directors ended earlier this month. Winners for the two-year terms will be announced at the next public meeting Sept. 23.

The Ocean Beach Town Council board of directors meets publicly the fourth Wednesday of each month. The next meeting takes place Sept. 23 at 7 p.m. at the Point Loma Masonic Lodge 620, 1711 Sunset Cliffs Blvd.

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Seller's market for apartments in Ocean Beach area

The results are in, and apartments in 92107 appear to be one of the most sought-after investments.

In the first half of 2015, there has been a high volume of 15 completed apartment sales in Ocean Beach, amounting to \$36,779,000 in transactions. In 2014, there were only seven completed apartment transactions.

Amongst these sales, the average purchase price per transaction is \$2.5 mil-

lion – an increase of 66 percent compared to 2014's \$1.5 million purchase price.

The average 2015 cap rate is low at 3.84 percent, whereas in 2014, the average cap rate was 4.09 percent.

During the first half of 2015, apartments on average sat on the market for approximately 75 days, and in 2014 the average market time was 128 days.

What's going to happen in the second

half of 2015? The statistics indicate that the Ocean Beach area is currently in a seller's market.

There is a low supply and a high demand for apartments in Ocean Beach, thus prices are skyrocketing. For the remainder of the year, it can be expected that apartments for 92107 will continue to be in a seller's market.

— TONY FRANCO

Courtesy of Dennis DeSouza Remax Lic. 01220680

Fantasy on Ice skating rink moving to Liberty Station this November

Groundbreaking is expected in September in Liberty Station on the Fantasy on Ice skating rink, which will now be located in the plaza adjacent to the Dick Laub NTC Command Center, at 2640 Historic Decatur Road. The ice rink was previously at Horton Square in downtown San Diego for 18 years.

"Sycuan Presents Fantasy on Ice moved to Liberty Station to take advantage of the location that will allow for easier annual installation/construction, free parking and new opportunities," said Sara Moten, director of auxiliary

development at Rady Children's Hospital Foundation.

"We were at Horton Square for 18 years and greatly appreciate our downtown partnerships. We are also delighted that most of those partners are continuing to support Rady Children's Hospital-San Diego and our community in other ways," she added.

The new rink, which will be open from Nov. 19 until Jan. 3, will be closed Thanksgiving and Christmas. Admission, which includes the rental of skates, is \$14 for adults and \$12 for children

under 12. Season tickets with unlimited access are also available for \$40. Rink hours will be 10 a.m. to 10 p.m. seven days a week through the holiday season.

Unlike the previous downtown San Diego location, the Liberty Station rink will have state-of-the-art permanent infrastructure embedded in the ground for easy set-up each year.

"We're looking forward to welcoming Fantasy on Ice and providing an opportunity for the community to add holiday skating to their reasons for visiting the NTC Arts & Culture District at Liber-

ty Station," said Alan Ziter, executive director of the NTC Foundation.

"The outdoor setting is not only one of the most historic and beautiful locations in San Diego; it also provides the opportunity to showcase all the growing cultural, shopping and dining opportunities at Liberty Station while helping support Rady Children's," a major area pediatric health center and hospital.

Ziter also plans to work with the NTC artists and cultural groups to program holiday-related activities, performances and "Holiday Gifts with a Creative Twist"

promotions. Last year, Fantasy on Ice helped raise more than \$130,000 for the Peckham Center for Cancer and Blood Disorders at Rady.

Sponsors for this year's Fantasy on Ice include Sycuan band of the Kumeyaay Nation, Rady Children's Hospital Auxiliary, SENTRE Partners, SPIRE Construction, NTC at Liberty Station, NBC 7 San Diego, 102.1 FM KPRI and 104.5 FM Radio Latina.

For additional information about Fantasy on Ice, visit fantasyonicesd.com or ntclibertystation.com.



Strong surf keeps lifeguards, police busy over Labor Day weekend

A strong swell and warm water combined with good weather and large crowds made for an active Labor Day weekend, according to San Diego Lifeguard Lt. Andy Lerum. Statistics from the San Diego Lifeguards for the three-day holiday weekend were: beach attendance 450,500, water rescues 675, medical aids 192, and preventive acts 8,026. Above, huge waves on last Monday at Sunset Cliffs swept a man off a rock and onto a beach, where he was rescued by SDPD. He was not injured.

PHOTO BY MIKE MCCARTHY

New policies for free and reduced lunches at SD Unified Schools

The San Diego Unified School District recently announced its policy for providing free and reduced-price meals for children served under the National School Lunch Program and School Breakfast Program. The Food and Nutrition Services central office has a copy of the policy, which may be reviewed by the public.

Household size and income criteria will be used to determine eligibility for free, reduced-price or full-price meal benefits. Currently, there is no charge for reduced-price meals at San Diego Unified schools, and full-price meal rates are \$1 for breakfast, \$2 for elementary lunch and \$2.50 for secondary lunch.

Children from households whose gross income is at or below the appropriate levels are eligible for free or reduced-price meals. Households who receive CalFresh (also known as SNAP or Food Stamps), California Work Opportunity and Responsibility to Kids (CalWORKs), Kinship Guardianship Assistance Payments (Kin-GAP), or Food Distribution Program on Indian Reservations (FDPIR) benefits are automatically eligible for free meals regardless of the income of the household in which they reside.

Application forms will be distributed to households with a letter informing them of the availability of free and reduced-price meals for enrolled children. Applications are also available in the school office. To apply for free or reduced-price meal benefits, households must complete an application and return it to the school office or mail it to the central Food and Nutrition Services office for processing. Households may also apply online by going to www.sandi.net/food and then clicking on the Meal Applications & Payment Options tab on the left-hand side.

Applications may be submitted at any time during the school year. The information households provide on the application will be used to determine meal eligibility and may be verified at any time during the school year by school or program officials.

Requirements for school officials to determine eligibility for free and reduced-price benefits are:

- For households receiving CalFresh, CalWORKs, Kin-GAP, or FDPIR benefits applications only need to include the enrolled child's name, CalFresh, CalWORKs, Kin-GAP or FDPIR case number, name of the household member receiving benefits and the signature of an adult household member.

READ MORE ONLINE AT sdnews.com

Three new leaders named to San Diego Women's Foundation

The San Diego Women's Foundation has announced the names of three new board members who will help guide the work of the organization in the upcoming fiscal year. Kate Fries, Mary-Rose Mueller and Suzanne Varco officially have joined the foundation's 18-member board.

"We are thrilled that Kate, Mary-Rose and Suzanne have joined our board as we begin another exciting year of pooling our time, talent and treasure to enhance San Diego through investing in impactful nonprofit programs," said Suzanne LaTour, the foundation's board president.

"The impressive set of skills and experience each of these women brings will undoubtedly help create our best year yet, proving again the theme in which we all believe: Women can do more than woman."

- Fries, a Point Loma resident, has been a member of the foundation since 2013 and has served in all areas and groups of the foundation's grants committee. As a certified financial planner at The Family Firm, Fries has been assisting families in making fiscal choices for their lives for more than a decade. She has served as chair for the local National Association of Personal Financial Advisors study group and as a volunteer for the Professional Alliance for Children and the Loma Portal Ecological Schoolyard project.

A graduate of the University of Texas and the University of Alabama, Kate has degrees in communication and financial planning and is currently working on a program of study in behavioral finance. She lives with her partner Jeff and her 8-year-old son Wyatt.

- Mueller has been a member of the foundation since 2005, wherein she has served on the discovery team for four granting topics, on an ad hoc group on multi-year grants and with two impact-related initiatives. Mueller's professional career included clinical nursing, social science research and teaching graduate-level courses in health policy and research methods.

Her current community involvement includes a shared appointment as vice president for communications on the Friends of the Mission Hills/Hillcrest Library Foundation board of directors and in a volunteer post with the San Diego County Board of Education's literacy program, Everyone A Reader. She holds bachelor's and master's degrees in nursing from the University of San Diego and a PhD in sociology from UCSD.

- Varco joined the foundation in 2011 and has been involved in the membership and grants committees. She is the managing partner of Oppen & Varco LLP in San Diego, and her practice emphasizes representing private interests and public entities in various brownfield redevelopment matters. She works extensively with local, state and federal regulatory agencies.

Founded in 2000, the San Diego Women's Foundation has grown to an organization of more than 210 members dedicated to pooling resources and enhancing the community through grant making. As of June 1, the foundation has awarded more than \$2.9 million to 75 nonprofit programs for efforts to initiate or improve existing programs. Each grant, \$25,000 or greater, targets an area of focus for the community.

OBTC to hold annual Ocean Beach Pier Pancake Breakfast fundraiser

The Ocean Beach Pier Pancake Breakfast annual fundraiser, sponsored by Ocean Beach Town Council and benefiting the council's year-end Holiday Food and Toy Drive, will be Saturday, Sept. 19 from 7:30 a.m. to noon at The Pier Café. Guests can line up outside Ocean Pier Café to get their food and are seated at 38 tables set up on the pier.

The breakfast raises \$6,000 to \$8,000 annually for the toy and food drive, which helps more than 80 local families and seniors in need each holiday season.

"The OB Pancake Breakfast is a fun-filled time that couldn't take place without the support of dozens of awesome volunteers like the Kiwanis," said event organizer Anthony Palmiotto, a Point Loma High School instructor. "We love Ocean Beach, and this event shows that. So come out and enjoy the beautiful ocean views and some tasty breakfast and support the OB community at this lovely family event."

"This is the only event of its kind for

the entire year and goes a long way toward supporting our local community," said Gretchen Newsom of the town council. "It's a longstanding tradition. There's no other event you can go to and have this kind of experience on the pier."

Admission tickets are \$10 for adults and \$5 for children age 12 and under. Tickets can be purchased the day of the event at the Pier or at Dog Beach Dog Wash, South Coast Surf Shop or the Ocean Beach MainStreet Association.

The event is hosted by the town council, with the aid of more than 50 enthusiastic volunteers, who will literally be running the restaurant at the end of the Pier. Local musician Nina Francis, who blends an original style of jazz, blues and folk music, will provide entertainment.

The Ocean Beach Pier is the longest concrete pier on the West Coast.

The town council meets the fourth Wednesdays of the month from 7 to 9 p.m. at Masonic Center, 1711 Sunset Cliffs Blvd. For more information, contact Palmiotto at (703) 732-2056.

Annual United Cerebral Palsy Celebrity Waiters Luncheon set for Sept. 25

You won't want to miss this crowd pleasing event where celebrity waiters and volunteers from the San Diego Fire Department compete for tips. The event takes place at the Coronado Island Marriott Resort and Spa.

"The event is covered and the view is spectacular," said publisher Julie Main. "It's loads of fun for adults to have a bit of afternoon fun. I don't know of any other event quite like it. You might have to buy back your place setting from the waitress or be the recipient of a foot massage that another guest has paid for – all in good fun to support a very worthwhile charity. There is all kinds of antics going on plus a silent and live auction."

Tickets start at \$75 per person. Reservations can be made by calling the UCP office at (858) 571-5365, ext. 112, or by

visiting the UCP website at ucpsd.org.

One of the celebrity guests this year is Tony Dow, legendary big brother Wally in the iconic "Leave It to Beaver" TV series, turned 70 this year. No big deal in and of itself, except that you'll be able to wish him a happy birthday.

The event is set for 11:30 a.m. Friday, Sept. 25 at the Coronado Island Marriott Resort and Spa, 2000 Second St. in Coronado.

The luncheon features a host of local and Hollywood celebrities to wait on some 400 participants. Last year, it raised \$60,000 for United Cerebral Palsy. Funds support the services that the group provides to cerebral palsy patients, including parent/sibling support groups and training and counseling programs.



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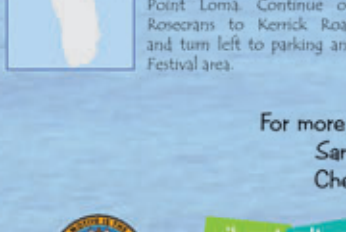
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All at this beach front park setting



♦ Watch Juan Rodriguez Cabrillo, and his crew, sail ashore in the re-enactment of the discovery of San Diego Bay

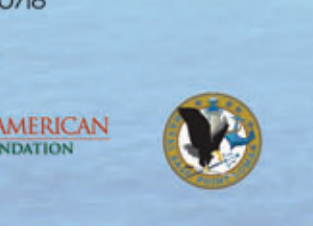
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Eight new tenants added to Liberty Public Market

Liberty Public Market, a 22,000-square-foot culinary bazaar, has added eight new vendors to its growing list of 30.

The new marketplace, now under construction in Building 1 at 2816 Historic Decatur Road, is scheduled to open in late October.

New entrées on the public market's menu include Le Parfait Paris, French pastry and bakery; FishBone Kitchen, fresh and local seafood retail; Dessert Smoke, barbecue sauces; Parana Empanadas, Argentinian cuisine; Pasta Design, homemade Italian food; Stuffed, grass-fed burgers and gourmet cheese; Point Loma Tea, international tea and accessories; and Local Greens, seasonal fare and local produce.

The goal of the new marketplace, announced more than a year ago, is to open with 34 vendors of local origin. Vendors are to include a butcher, fishmonger, baker, cheese specialist, juicer, tortilla maker and more. Two separate areas have also been reserved for wine and beer merchants.

Alongside the planned 30 purveyors, Liberty Public Market will also feature a shop called Liberty Public Market Pantry.

The Pantry will be an oversize space



Liberty Public Market, a 22,000-square-foot culinary bazaar, has added eight new vendors to its growing list of 30.

within the marketplace, operated by Blue Bridge Hospitality. It will showcase a variety of local products from many San Diego artisans, including local makers of jams, sauces, spices, oils and the like. Weekly demonstrations and classes will further activate the space, giving

local merchants a chance to engage directly with the public and a chance for local marketgoers to meet the artisans behind these goods.

The venture was inspired by local restaurateur David Spatafore's visits to Redding Terminal Market in Philadel-

phia and Granville Island Public Market in Vancouver, British Columbia, Canada. Spatafore was impressed by the "rawness" of Building 1 at 2816 Historic Decatur Road, originally built as the Naval Training Center's commissary in 1921. His vision for turning the vacant

space into a public co-op of artisan food vendors won approval from the property's management firm, Corky McMillin Cos.

Spatafore promises that Liberty Public Market will deliver something much different than a shopping mall. His partnership with McMillin is designed to bring about \$3 million worth of infrastructure revisions to the space as well as an outdoor patio area, though implemented without using modern design elements that would alter the historic integrity of the structure.

The principles at Blue Bridge Hospitality have spent nearly \$3 million into the mixed-use retail and commercial market — a public arena for locals and tourists alike to embrace the city's finest handcrafted food and signature specialty items.

Earlier this summer, Blue Bridge presented the public market's first 10 vendors.

They include Venissimo Cheese; The WestBean Coffee Roasters; Fully Loaded Juice; MooTime Creamery, 'a 50s-inspired ice cream parlor; Liberty Meat Shop; Mastiff Sausage Company; Pho Realz Southeast Asian food; Wicked Maine Lobster; Can Patch Pies and Cecilia's Taqueria.

Find flexibility and spirituality at Yoga Arts

By DAVE SCHWAB | THE BEACON

In Point Loma, yoga instructor Amy Pachowicz is putting a modern spin on an ancient art form.

Pachowicz, owner/operator of Yoga Arts, at 3017 Canon St., said that though it may not be for everyone, yoga is a discipline of potential benefit to most.

"It's an individual experience," said Pachowicz, who has taught yoga for nearly 30 years, 10 in the Peninsula. She is also in the process of training to receive her certification soon in Iyengar yoga, based on the method created by BKS Iyengar.

Yoga is a mind-body art that's evolved in nature and purpose over time, said Pachowicz.

"A long time ago, when life was hard(er) and people were working the land, they were looking for something that would be more restorative, more resting, which is what their bodies and psyches really needed," she said. "But now we're a sedentary society. We need more activity. So it (yoga) was a little different in the past."

Yoga, a discipline that originated in India, means "union" and is said to be a discipline for uniting the mind, body and spirit. One way that is accomplished is through meditation. Other ways involve using body postures and exercises, which build strength and flexibility. Besides practicing poses, yoga may also involve instruction on breathing, call-and-response chanting, meditation or an inspirational reading by the instructor.

Pachowicz said people can customize the practice to meet their own needs and goals.

"Personally, I use yoga to soothe my mind and keep my emotions in balance,"



Point Loma yoga instructor Amy Pachowicz at Yoga Arts.

PHOTO CONTRIBUTED

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she said. "But I have a lot of men here doing yoga for the fitness aspect. We have pregnant women doing yoga. I also have people in here doing it for medical (post-surgery) issues. For others, it's a spiritual quest."

Also an artist, Pachowicz has some of her own work exhibited at the venue as well as paintings and other multimedia offerings, including jewelry and gifts, from other local artisans.

Yoga Arts charges by the class or by the month, offering group and individual instruction. "There are a lot of different packages," said Pachowicz, noting cost is \$15 per class or less per class if purchased in a package.

Though instruction is given in her studio, Pachowicz said she "likes to help students figure out how to do a little bit at home for themselves. If someone's a little heavier, they can use a chair. That's

also really helpful for those who've had hip surgery, or who can't put weight on their legs. Or with pregnant women, they can stretch out on an apparatus that's called a horse."

Whatever form or variation of yoga is involved, self-improvement — and discovery — is what the art form is all about.

"Yoga is used for a variety of reasons by people old and young who want to improve their flexibility, for (addressing) medical issues, or who just want to work out," said Pachowicz. "Yoga soothes the nerves and quiets the mind, kind of as a byproduct. That's what brings them back."

Point Loma families led big local banks to prominence

By DAVE SCHWAB | THE BEACON

Banker and Point Loma resident Richard Bregman is as active in the community in which he lives as he is in the industry in which he works.

Bregman is a commercial banking market executive with Bank of America, overseeing the bank's specialized industry teams for the Western United States. He leads a team of financial professionals responsible for delivering comprehensive debt, treasury management and capital-raising solutions for health care, higher education and major not-for-profit clients. He is dually employed by Merrill Lynch, Pierce, Fenner & Smith as a licensed investment professional and principal.

Bregman is also involved as a community volunteer, currently serving on the board of directors and finance committee of the San Diego Regional Chamber of Commerce, CONNECT and the Zoological Society of San Diego (Foundation). He is also a member of the San Diego Chairman's Competitiveness Council, an organization focused on maximizing the competitiveness of San Diego as an economic region. He has previously served on the boards of the YMCA of San Diego County and United Way of San Diego.

Bregman grew up in Point Loma attending Sunset View Elementary and Point Loma High schools. He said his first job was as a lifeguard at Ocean and Mission beaches.

Proud of his 24-year banking career, Bregman noted that "the roots of banking in San Diego lead to Point Loma."

He pointed out that a lot of the big commercial banks — San Diego Federal, Home Federal and San Diego Bank & Trust — were led during their formative years by Point Loma families including those of the Seftons, Gordon Luce and Kim Fletcher.

"I grew up in Point Loma seeing how those banks were integral to the community," said Bregman, noting that inspired

'The roots of banking in San Diego lead to Point Loma.'

RICHARD BREGMAN
POINT LOMA BANKER

him to "go down the path to become a banker."

One of the most important things he's done in banking is to help guide "reinvestment in our community," Bregman said, adding, "We'll continue to try to do that."

In Bregman's view, San Diego is not only America's finest city but also its "most innovative city."

"And Point Loma and OB are the crown jewels of San Diego because of their diversity," added Bregman.

Bregman noted Point Loma leads the way for San Diego in several other important respects.

"The roots between the San Diego Zoo, where I am on the foundation, and Point Loma also go way back, as many of the zoo's founders on their centennial guest list are still in Point Loma," he said, adding, "And Liberty Station is a place deeply committed to the military, which still has a huge presence in Point Loma in terms of the Marine Corps Recruit Depot, with many military families still living here."

Noting he and his family are "big water people," Bregman said his ideal time-off day remains spending time in the sun and surf at Ocean Beach and at Sunset Cliffs, then having brunch somewhere along Newport Avenue.

"That's as ideal as it gets for us," Bregman said, adding, "We live in an amazing place. It's all been good, just an amazing 50 years in San Diego. And the last 25 years with banking — that's just been a blessing."



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Ocean Beach's Brian Reilly is a kinetic performer

By **BART MENDOZA** | THE BEACON

It's no secret that Ocean Beach is a hotbed of musical activity. The focus tends to be on reggae and singer-songwriters, but plenty of topflight rock 'n' rollers also call OB home, including guitarist Brian Reilly, of the New Kinetics, who perform at the Adams Avenue Street Fair on Saturday, Sept. 26, at 4 p.m.

Like his manic stage persona, Reilly's musical career is in constant motion — while the New Kinetics might be considered his main group, he's also played with Hotel St. George as well as The Little Richards, currently drums for the Diddley Daddys and has a side project dubbed the Hiroshima Mockingbirds.

An Ocean Beach resident for two and a half years, Reilly considers the area to be unique. "There is still a small-town feel and a sense of community [here]. It doesn't seem like it's changed much in the last 50 years. It's got that wonderful long shopping district street that terminates in a really sweet surf break."

The New Kinetics formed in 2010 with a blistering mix of punk, blues and '60s influences — if you enjoy a cross-section of artists such as late-period Yardbirds, The MC5 and Bobby "Blue" Bland backed by a high-energy performance, you'll want to hear this quartet.

Releasing their first EP, "Rock 'n' Roll Has Got to Go," in 2010,



Brian Reilly, of the New Kinetics, perform at the Adams Avenue Street Fair on Saturday, Sept. 26, at 4 p.m.
PHOTO BY BART MENDOZA

the group quickly found favor with the local garage and indie rock scene.

Like many, Reilly cites Jimi Hendrix as an influence, but he goes much deeper when it comes to exploring music, also citing the likes of Jefferson Airplane guitarist Jorma Kauken in his playing.

"I listen to a lot of different artists. It might not seem to make its way directly into my

playing, but it's all intertwined in my music," he said.

Reilly is joined in the New Kinetics by his wife, Birdy Bardot, who has a solo career going, performing at the Adams Avenue Street Fair on Sunday, Sept. 27 and scoring a 2015 San Diego Music Awards nomination for Best New Artist. She also plays keyboards in garage rockers The Rosalyns. With so much going on, is it hard for the two

musicians to coordinate activities?

"Yeah, there is a lot going on," he laughed. "It always works out, but I have to double-check sometimes, because there is a lot to coordinate. But it's definitely better than when there isn't enough to do," he joked.

Reilly plans on releasing a third New Kinetics album in 2016. "Our previous disc, 'In Stereo' (2012), was recorded in San Francisco with John Vanderslice, and it was a really good experience. But we did a couple of other tracks later with Mike Kamoo at Earthling Studios (in El Cajon), and those ended up being our favorites, so the next album is being recorded there."

While some consider the music business to be losing a little steam, Reilly, now a veteran of national and international touring, notes the opposite, albeit on a smaller level than in past decades.

"Maybe 10 years ago," Reilly remarked, "there wasn't as much interest in a lot of older music beyond the bigger acts like the Animals or the Velvet Underground and so on. Now, you have bands influenced by and listening to a lot of earlier artists, but it's more than that. Camaraderie is also important. There really is a nice scene happening. There has been so much cross-pollination and support among the groups; it's great to see musicians hanging out at each other's shows."

San Diego Film Festival announces lineup of films

The San Diego Film Festival (SDFF), produced by the non-profit San Diego Film Foundation, announced earlier this month its Gala, Competition, Spotlight and Short Film sections. Now in its 14th year, the five-day cinematic event will run from Sept. 30 through Oct. 4 in San Diego.

"We are excited to debut this year's diverse selection of films to our enthusiastic film-loving community," said Tonya Mantooth, executive vice president and director of programming for the San Diego Film Festival.

"Our 2015 film slate has it all, from Hollywood's most buzzed-about award-season contenders to first-time filmmakers looking to make their mark on the festival scene — this year's lineup has something to offer for everyone."

Leading the program are gala presentation screenings, which include Daniel Alfredson's "Go With Me" starring Anthony Hopkins, Julia Stiles and Ray Liotta; Paolo Sorrentino's "Youth" starring Michael Caine, Harvey Keitel, Rachel Weisz, Paul Dano and Jane Fonda; Reed Morano's "Meadowland" starring Olivia Wilde, Luke Wilson and Juno Temple; Tony McNamara's "Ashby" starring Mickey Rourke, Nat Wolf, Emma Roberts and Sarah Silverman;

Also Lawrence Roeck's "Dia-



'Meadowland,' featuring Olivia Wilde and Luke Wilson, will have its West Coast premiere at the 14th annual San Diego Film Festival.
PHOTO CONTRIBUTED

blo" starring Scott Eastwood, Camilla Belle and Danny Glover; Adam Salky's "I Smile Back" starring Sarah Silverman and John Charles, and Oscar winner Davis Guggenheim's documentary "He Named Me Malala."

In addition, SDFF is proud to screen narrative, documentary and short films, both in and out of competition, vying for top award honors. The lineup below includes 88 films total: seven Gala films, 15 Narrative Competition films, seven Narrative Spotlight films, nine Documentary Competition films four Documentary Spotlight films and 46 Short films.

Screenings will be held at the Reading Theater in San Diego's Gaslamp Quarter and ArcLight Cinemas in La Jolla. The complete list of 2015 San Diego Film Festival titles is available at sdfilmfest.com.



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The San Diego Watercolor Society Presents 35th International Exhibition October 1 – October 31, 2015

Attracting award-winning artists from 22 countries around the world, the 35th International Exhibition showcases the very best of watermedia art and provides inspiration to all art enthusiasts from students to serious collectors. Donna Zagotta, the juror for this show and herself an award-winning artist, author, instructor and Signature member of the American and National Watercolor Societies, did an amazing job of choosing 95 paintings from over 650 submissions. Gallery visitors will enjoy a variety of art from abstract to representational, all exemplifying the artists' experiences and passions for creating works that will last through the centuries.

Who: The San Diego Watercolor Society, What: 35th International Exhibition, Where: 2825 Dewey Road, Studio 105, San Diego, CA 92106 (At Liberty Station)

Exhibition Programs and Events at the Gallery, Premier Gala, Saturday, September 26, 2015, 5:30-7:30 p.m. @ SDWS Gallery (\$20 on-line @ SDWS.org, \$30 at the door)

Opening Reception, Friday, October 2, 2015, SDWS Gallery 5-8 p.m. (Free), Docent-led tours upon request About The San Diego Watercolor Society

The San Diego Watercolor Society, a non-profit art organization, celebrates 50 years of being a promoter for the appreciation of and involvement in watermedia painting. With a dedicated, all volunteer staff, SDWS operates a major Gallery and Education Center at the Galleries at NTC in Liberty Station and provides a wide array of services and activities that benefit the over 700 members and the public. These include monthly member art exhibits, an extensive art library, a full program of workshops, classes and artist demonstrations (open to members and non-members) and artist-led plein air painting opportunities.

The Gallery will be open every day during the month of October from 10 a.m. to 4 p.m. The Exhibition is free to the public. Tickets for the Gala Premier on September 26th are \$20 and can be purchased online at www.sdws.org, by mail or at the Gallery. The Opening Reception on October 2, 2015, with live music, food and

wine, is free to the public.

For further information, contact: Susan Wormsley, Communications Director, -858-750-6477, Gallery Phone: 1-619-876-4550, Email: communications@sdws.org, Website: www.sdws.org



2015 Best in Show: "Love My Flowers" by Shahla Dorafshan (26x40 acrylic on paper)

Local Health Club to Host Free Community Workout to Support Families in Need of Water

Point Loma Sports Club presents "Workout for Charity", taking place at Point Loma Sports Club in Liberty Station on Wednesday, September 30th, 5-6PM.

Point Loma Sports Club has partnered with Sweat Angels, an online organization which specializes in connecting local fitness facilities with their surrounding communities to support different causes or charities each month using the power of social media. Together, Point Loma Sports Club and Sweat Angels are proud to bring "Workout for Charity" to Liberty Station for the very first time. "Workout for Charity" will benefit H2OpenDoors, a project of the Peninsula Sunrise Rotary Foundation (a 501(c)(3) charitable foundation) that raises funds to install water purification units in third world country villages. "Workout for Charity" participants will have the opportunity to directly impact the global water crisis by simply using Facebook to "check in" at Point Loma Sports Club. For every Facebook "check in", 150 gallons of purified water will be donated to families in need.

"Workout for Charity" is a free event open to the San Diego community (mem-

bership at Point Loma Sports Club is not required). "Workout for Charity" will include a combination of indoor cycling and functional circuit training, followed by a cool-down with gentle yoga. Participants can register online at Facebook.com/PLSportsClub on the "Workout for Charity" page.

"[H2OpenDoors] impacts close to 10,000 hill tribe people who live on less than \$1 each day," states the H2OpenDoors project team in their online documentary. "These people have to work for 3 hours on average in order to afford the bottled water they need to survive. As a result, many become sick and many die...H2OpenDoors endeavors to find villages and schools that are suffering

from contaminated water sources, and provide a solution for the next ten years."

Point Loma Sports Club is a premier fitness facility that strives to create an experience so positive for its members, guests, and staff, that a life of abundance is a natural result. Founded in 2012, Point Loma Sports Club is fully equipped with a state-of-the-art weight room, cross training facility, cycling studio, yoga studio, and personal training department. For Additional information Contact: Aly Brown Point Loma Sports Club, 2751 Roosevelt Rd. Suite #100, San Diego, CA, (619) 582-2582, aly@plsportsclub.com



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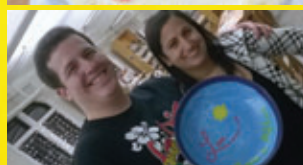


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New members elected to PLHS Alumni Hall of Fame

By SCOTT HOPKINS | THE BEACON

With Point Loma High School's 90th Anniversary celebration rapidly approaching, a dozen new members have been elected to the school's Alumni Hall of Fame, including an honorary member.

The new inductees include 11 prominent alumni, each highly accomplished in his field. Also, a teacher who produced many popular student music and dance shows was made an honorary member.

They join nine original Hall of Fame members, named 15 years ago, after which the process was allowed to lan-



From left to right are Jeffrey Bennett, Bob Magnusson, Carlos LeGerrette, La'Roi Glover, and Carleton Bingham.

guish until this year.

Alumni Director Kim Jessop Moore headed a nomination and selection process covering three months, culminating when a committee met late last month to tackle the difficult task of sift-

ing through a highly qualified field of 17 nominees.

Moore and co-chair Scott Hopkins oversaw a group that included alumni from several decades and a current PLHS administrator who were charged

with extremely difficult decisions after examining passionately written nomination forms and letters of support.

These new Alumni Hall of Fame members will be inducted at the 90th Anniversary Gala, set for Oct. 24 at the San Diego Hilton, 1775 E. Mission Bay Drive.

New members, with graduation year and category, include:

- James Wiesler (1945) profession-

al (business);

- Dan Larsen (1945) professional (community service);

- Carleton Bingham, Ph.D (1946) professional (science/medicine);

- Albert Frowiss (1957) science (medicine/philanthropy);

- Carlos LeGerrette (1961) philanthropy (community service);

- Bob Magnusson (1964) arts (music);

- Dr. Stephen Waterman (1969) science (medicine);

- Dr. Asa Dan Morton (1975) sci-

SEE HALL, Page 13



Brooke Young, 14, is an up-and-coming surfing star who was selected Surfer of the Week by the National Scholastic Surfing Association.

PHOTO CONTRIBUTED

Young and talented surfer earns national recognition

By SCOTT HOPKINS | THE BEACON

When the new freshman Class of 2019 at Point Loma High School stepped onto campus last week for the beginning of classes, neither staff nor other students may have realized one of those Pointer newbies achieved national recognition over the summer.

Brooke Young, 14, is an up-and-coming surfing star who was selected Surfer of the Week by the National Scholastic Surfing Association (NSSA).

She is also a third-generation Pointer who should have the school's surf team coaches totally stoked.

Young drew attention in a recent Southwest Explorer doubleheader surf meet in Pacific Beach with an appearance in the finals of all four divisions.

But that attention exploded when she followed this performance by sweeping all four divisions, including both Girls and Women's categories, of the NSSA Gold Coast season-opening event at C Street Pipe in Ventura. She

posted the highest wave and total score on the final day with a nine-point ride, earning a 16.5 point total in the final.

Young rides a local board, a 5-foot, 3-inch model from South Coast Surfboards in Ocean Beach.

Her sponsors are many, including Volcom, South Coast, Matuse, DaKine, Electric, Headhunter, Sticky Bumps, DFS, Wax Trax, Julie Designs and The Young and Brave Foundation.

Young's favorite local surf spot is Sunset Cliffs. She hopes to win a

national championship.

NSSA is a nonprofit organization whose mission is to encourage and assist its members in their interest to learn and develop the fundamentals and skills of surfing competition while competing in structured and quality events.

It is one of the few national youth sports organizations that requires its participants to maintain academic standards. For information about NSSA, go to www.nssa.org.

Gulls new head coach focused on winning

By SCOTT HOPKINS | THE BEACON

New San Diego Gulls head coach Dallas Eakins is a man with a plan.

The Gulls, who will play as the Anaheim Mighty Ducks' top affiliate in the American Hockey League, the final steppingstone for players to the National Hockey League, introduced Eakins last week to the local media.

Eakins, with an intense and focused look, outlined his goals of winning games while helping each player develop his potential in a team environment, which he said begins with discipline.

"Discipline means doing the right thing the right way the first time and all the time," he said.

He stressed a sense of urgency he will instill in his players.

"We don't want any wasted days in development, and we don't want to waste days by not winning," he added. "Discipline and commitment are critical."

And, when their time on the ice ends, Eakins emphasized the Ducks and Gulls organization places a priority on their players being active members of the city.

"We want to be embedded in the community 365 days a year," Eakins said, and getting out in the community will be mandatory. "whether it is partnerships with the military, schools or hospitals."

SEE GULLS, Page 14

Pointers quiet the Hornets in 21-0 win; hold on to beat Ramona

By SCOTT HOPKINS | THE BEACON

Anyone jostling a hornet's nest would expect an immediate and aggressive attack by the ornery insects.

But Lincoln's Hornets weren't able to muster such an attack on the Point Loma Pointers, whose defense did a lot more than jostle the visiting Hive in a 21-0 victory on a scorching Benjie Edens Field last Saturday.

The win left each team with a 2-1 record in nonleague games. Pointer coaches had reason to be concerned, as top running back Jaylen Griffin, injured the previous week at Ramona, sat out this game on the

sidelines. But the play of others on offense and their teammates on defense befuddled the Hornets from the opening kickoff.

After thwarting the Hive's first drive, the Pointers marched downfield on a 55-yard drive that featured two big pass completions from senior quarterback Brenden Torrence to a pair of 6' 2" receivers.

The first, to senior wideout Caleb Johnson, covered 27 yards, and several plays later, junior tight end Patrick Rutledge gathered in a pass on the left side, turning it into a 32-yard touchdown with just over four minutes elapsed in the game.

After losing a fumble on their next

possession, a bad snap on a Hornet punt attempt gave the Pointers a short-field gift, starting on the Hive's 41-yard line.

Early in the second quarter, the Pointers doubled their lead when Tshombre Carter, a durable 5' 4" junior who weighs in at 150 pounds, scored on a three-yard run to end a 78-yard drive. Carter, filling in for Griffin, averaged nearly five yards on 14 carries during the game and also contributed some key hits from his cornerback position on defense.

The Pointers opened the second half with another long drive that consumed 6:45 of the 12-minute third quarter. Junior Colin Cretain packed

the pigskin the final six yards for the 21-0 lead that ended scoring.

Senior Niko Vega also contributed to an effective Pointer ground game.

The Hornet offense, which seemed in disarray after last week's 20-16 win over Carlsbad, was largely kept off the field by the Pointer drives. One of the Hive's deepest penetrations followed an interception of a Torrence pass that was run back to the Pointer 32-yard line in the fourth quarter.

Cretain, Johnson, Rutledge, Julius Agho, Matthew Fa'alele, Cameron Callicutt, Dan Berry, Avery Pranger, Brian Kerl and Arthur Daniels,



Pointer running back Colin Cretain (4) outruns a Lincoln defender during last week's 21-0 victory over the Hornets.

PHOTO BY SCOTT HOPKINS

SEE POINTERS, Page 14

Summer racing season ends as American Pharoah says goodbye to Del Mar

Del Mar Thoroughbred Club finished its 76th summer season on Labor Day, completing a 40-day stand that saw total handle figures rise by nearly 10 percent, field size hold firm despite more racing and its new dirt track receive positive feedback from local horsemen.

The track had two exceptional racing highlights during its season. The first saw the track's premier race – the \$1 million TVG Pacific Classic – won in smashing fashion by the champion mare Beholder, the first time a female had beaten males in the 25-year history of the mile and one quarter.

In addition, Del Mar basked in the return of Triple Crown winner American Pharoah, who set up shop for training at the seaside course for the summer following his run to glory this past spring. The handsome colt, winner of the Del Mar Futurity in 2014, highlighted his summer activities with a special parade for the racing fans on Sunday, Sept. 6, when nearly 33,000 fans turned out to see racing's newest hero.

Beholder and American Pharoah could give Del Mar fans one extra thrill this fall: It now appears quite possible that the two could meet at Keeneland, Ky., in the \$5 million Breeders' Cup Classic, a possible showdown that would have the racing world beside itself in sweet anticipation of a battle royale.

Del Mar stretched its summer season out to eight weeks for the first time – running between July 16 and Sept. 7 – and added four more racing days to its agenda beyond the 2014 schedule. In the process, the track increased its cumulative handle from \$443 million in 2014 to \$486 million this year, a jump of 9.8 percent.



Triple Crown winner American Pharoah paraded on Sunday in front of a large crowd at Del Mar Racetrack.

PHOTO BY THOMAS MELVILLE

Field size stayed at a California high of 8.8 horses per race for the third year in a row, even in light of the track running 354 races in 2015 as opposed to 326 the summer before.

The new dirt main track, installed over the winter at a cost of approximately \$5 million, performed well throughout the session, even overcoming freakish rainstorms in the first weekend of the meet by utilizing its freshly installed drainage system to good advantage.

"Both tracks performed very well," said Del Mar Thoroughbred Club president and CEO Joe Harper.

"We had a strong racing product and generated momentum going into the fall season. There is a new normal, not just at Del Mar, but with California racing in general.

"More racing here means more opportunities, but also less immediacy for our fans. We will continue to adapt as Del Mar plays a larger role in the industry," he said.

try," he said.

Del Mar's second fall session, which will consist of five weeks instead of four this year, will run between Oct. 29 and Nov. 29. It will feature the two-day Breeders' Cup meet on Oct. 30 and 31 being held at Keeneland.

The track's new dirt course drew mainly positive reviews. Hall of Fame trainer Richard Mandella was one of its fans. "I think it's a very good track," he said. "One of the best dirt tracks

'We had a strong racing product and generated momentum going into the fall season.'

JOE HARPER
DEL MAR THOROUGHBRED CLUB
PRESIDENT AND CEO

we've seen."

Another Hall of Famer, jockey Mike Smith, joined with Mandella in his track evaluation.

"It's a good track, a safe track," Smith said. "I've heard they're going to add a bit more sand to it after the meet is done and I think that will be a good thing. They'll make a good thing even better."

Del Mar's purses, the best in California and among the very best in the country – especially in light of the track not having any additional casino or outside supplements – totaled an estimated \$26.2 million for the full session, putting the amount at \$655,600 per afternoon.

On-track attendance for 2015 was off by 12 percent, averaging 14,558 for the 40 days as opposed to 16,535 for last year's 36. Total attendance for 2015 was 582,324. Total handle increased \$43.4 million, or 9.8 percent. California off-track wagering handle increased 17.2 percent. Out-of-state wagering was up 9.7 percent. However, total on-track handle decreased 5.1 percent.

Daily average handle at Del Mar finished off at \$12.1 million for the 40 days. Last year's 36-day stand saw the daily average at \$12.2 million.

HALL

CONTINUED FROM Page 12

ence (medicine/philanthropy);

■ Jeffrey Bennett, PhD (1976) science (medicine/academics);

■ David Wells (1982) athletics (philanthropy); and

■ LaRoi Glover (1992) athletics (philanthropy).

Larry Zeiger, a former PLHS teacher who conceived and produced a series of 31 creative annual music and dance productions during his tenure from 1974-2007 was named an Honorary member of the Hall of Fame.

"The committee's decisions were

made after much discussion and careful consideration," Moore noted. "There were many more candidates than we could induct this year. It was a very strong group of nominees, and all were deserving."

Nominees not elected this year will automatically be entered into next year's Hall of Fame selection process.

82% Reduction in Dementia?

With all the talk these days about Dementia you could be forgiven for thinking it's an infectious disease. Don't laugh... I actually had a client ask me if it was! The thing is, in years past everyone knew some older person who was a bit 'senile' but now it seems hardly a day goes by without hearing of a friend, family member or some famous person with Dementia.

Much of the research points to the simple fact that people are simply living longer, which is great, but who wants to be around and have the most important part of your body failing miserably? Naturally this begs the question of "What can I do to minimize my chances of getting the disease?"

In a recent 10 year study by the Institute of Public Health at Cambridge University they have established that regular exercise can reduce your risk of Dementia by up to 82%. So what do they mean by 'regular exercise'? Here's what they recommend:

3 x a week of vigorous exercise for 20 minutes with examples including jogging and swimming.

5 x a week of moderate activity for 30 minutes and the best example of this is walking.

Can it really be that simple? Yes, 'but'

other key contributors are smoking and being obese, so it really is a combination of lifestyle factors but clearly the most important consideration is getting some exercise!

cise!

Your thoughts? Let me know at ssmith@comforcare.com



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San Diego Bayfair powerboat racing this weekend

Described as a “dramatic 200 mph duel in the sun” during three full days of diversified, high-powered thunderboat racing, San Diego Bayfair’s World Series of Powerboat Racing will be held Friday to Sunday, Sept. 18 to 20.

Guests on East Vacation Island, Crown Point and Fiesta Island will see the H1 Unlimited hydroplane series, Grand Prix West, in addition to numerous smaller boat-racing classes.

Ticket are required for adults to see the races. Children under age 12 are admitted free.

Tickets for San Diego Bayfair are now available for purchase online. In addition to online ticket purchasing, guests can buy tickets at the race site. Ticket booths are available on Fiesta Island, Crown Point and across the street from East Vacation Island.

Recent invites to more than 23 individual racing classes and more than 150 high-competition teams highlight this year’s exciting speed classic on the waters of Mission Bay Park.

The boats, some racing at speeds topping 225 mph, come every year to San Diego because of the outstanding race course conditions and summer weather.

But it’s the family festival, live entertainment, vendors, great food and beer gardens, fireworks, kids fun zone and other family activities that set the event apart from others in San Diego’s jewel, Mission Bay Park.

Bayfair, San Diego’s largest annual family festival and sports competition, attracts race fans from all over the world, with more than 150,000 spectators attending during the event’s three days.

Bayfair is renowned for its family fes-



The different classes of boats will race on the famed Bill Muncey Memorial Race Course, in honor of the sport’s greatest unlimited driver, with 62 unlimited wins.

PHOTO BY JIM GRANT

tival atmosphere (1,000-plus motorhomers), interactive exhibits, vendors and specialty foods, nightly live entertainment and Saturday night’s fireworks extravaganza.

San Diego Bayfair attracts more powerboat racing classes than any other site in the world and is known as the hallmark event of this kind in the nation.

The different classes of boats will race on the famed Bill Muncey Memorial

Race Course, in honor of the sport’s greatest unlimited driver, with 62 unlimited wins. The Bill Muncey race course is the fastest race course in the world.

Parking with shuttle service starting at \$10 a day is available at Crown Point and Fiesta Island. Shuttle hours are 6 a.m. to 6 p.m. Friday, Saturday and Sunday. Shuttles run every 15 minutes in a continuous circle. For more information, visit www.sandiegobayfair.org.

GULLS

CONTINUED FROM Page 12

People have given to us on our way up, and now it’s our time to give back.”

Eakins has been head coach of the NHL’s Edmonton Oilers and also spent eight years in the Toronto Maple Leafs system, where he was head coach of the Leafs’ AHL entry. He led the team to the AHL’s Calder Cup finals and was named a head coach for the AHL All-Star game.

As a player, Eakins, a left-handed defenseman, was a member of championship teams that won the Calder Cup and International Hockey League’s Turner Cup.

Bob Murray, a vice president and general manager with the Ducks and Gulls president of hockey operations, praised Eakins, noting, “He brings experience in hockey at all levels, including both as a player and head coach. We feel fortunate to be able to bring him on board.”

And the Ducks think they’ve assembled a top group of skaters who will fill the Gulls roster.

“We believe we will have a number of players in San Diego who could start for other NHL teams,” Murray said.

Gulls schedule announced

The AHL recently released the league’s schedule.

The Gulls will play 34 home dates at the Valley View Casino Center, including 13 Fridays, 12 Saturdays, seven Wednesdays and single games on Tuesdays and Sundays. See the full schedule and check ticket information at sandiegogulls.com.

The team will train at a still-under-construction rink in Poway while team offices remain in Hazard Center.

Training camp

The Gulls will begin populating their roster in a training camp that began last week in Anaheim. Drafted players, entry-level prospects and free agents are attempting to impress Ducks and Gulls coaches this week.

The best of this bunch will join the Ducks NHL training camp on Thursday, Sept. 17, beginning a process in which those who don’t earn a spot on the Ducks team will be assigned to San Diego. They will join five players already signed to play here.

The Ducks also have a team (Salt Lake) in the lower East Coast Hockey League.

The Gulls have already sold more than 2,500 season tickets at the Valley View Casino Center, where fans will see new boards, new curved NHL-quality glass and a new scoreboard. Behind the scenes will be renovated locker rooms and a new compressor system to produce a better ice surface.

POINTERS

CONTINUED FROM Page 12

among others, led a stingy Pointer defense that made tackles for a loss on 20 percent of Hornet plays.

Pointers 20, Ramona 18

The Pointers picked up their first win of the season and avenged one of their only losses last season when they edged the Bulldogs two weeks ago on Ramona’s field.

Again, the Dogs scored on their first possession, Carter scoring from the three.

With only 13 seconds left before halftime, Griffin scored on a sweep play, the drive featuring a 25-yard Griffin run and a long Torrence-Johnson pass for a 14-6 lead.

After a Bulldog score and failed two-point conversion, the Pointers struck late in the third period on a 22-yard Torrence pass to 6-5 junior Kenzavier Watson that followed a 20-yard Griffin run.

The PAT attempt was failed, leaving the Pointers on top 20-12.

A failed fourth-down attempt by the Dogs gave Ramona a short 37-yard field and they scored with nearly seven minutes of play remaining. But again their PAT attempt failed and the Pointers held until game’s end.

Extra points:

Pointer head coach Mike Hastings was elected as Week 3 San Diego high school Coach of the Week by the San Diego Chargers. The award comes with a \$1,500 check for the football program.

The Dogs travel to Serra this week for a game with the winless Conquistadors, who lost to Lincoln 60-0 and have been outscored 155-6 in three games. The Pointers return home on Sept. 25 for a 3 p.m. game against Olympian (2-1).

The Pointers scored a sweep on all three levels last week, winning the JV game 20-0 and a freshman game against Cathedral, who sent a team to fill in for the Hornets, who are unable to field a freshman team.



Fullback Julius Agho lowers a shoulder before impact with a Lincoln defender during last week’s 21-0 Pointer victory.

PHOTO BY SCOTT HOPKINS



ENJOY THE BEAUTY OF OLD TOWN

Fall Activities Kick Off with Annual Fall Festival in Old Town

al Fall Festival. The museums and merchants in the state park will host family friendly games, activities and entertainment reminiscent of an old-fashioned harvest celebration.

A master pumpkin-carving demonstration with nationally renowned food artist and chef Guido Michael will be a highlight of the day. Eight of the chef’s creations will be given away at the end of the day along with 10 instructional videos on fruit carving produced by Guido Michael.

Prizes will be awarded for games

in the central plaza such as pumpkin toss, pumpkin races and more. Wells Fargo Museum will be hosting crafts and a pony-toss game as well.

Free craft activities will include pumpkin painting, corn shucking, pinecone bird feeders and corn husk flowers in a specially decorated Harvest Home. Participating merchants in the state park will also have craft activities inside their stores.

Suzie’s Farm will provide educational activities about organic farming in San Diego. There will

also be a Gothic literature exhibit in the Robinson-Rose Visitor Center.

“Fall Festival is a great tradition that celebrates the turning of the seasons and the bounty of the harvest,” said Antionette Fischer of Rust General Store and Bistro who is heading up the event this year. “We want people to come experience an old-fashioned, family-oriented fall celebration in the fantastic historic setting of the state park.”

The activities start at noon and go until 4 p.m. Free parking is

available throughout Old Town with extra parking available across Taylor Street in the CalTrans parking lot.

Fall Festival in Old Town San Diego State Historic Park is sponsored by Fiesta de Reyes, Geppetto’s, Racine and Laramie, Artisan Imports, Cousin’s Candy, Toler’s Leather Depot, The Johnson House, and Rust General Store and Bistro. For information call: (619) 297-3100 or visit www.parks.ca.gov/oldtown-sandiego.

DELIGHT IN THE UNEXPECTED.

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Terrace Dining

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Espresso Braised Kobe Short Ribs
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Artisan Flatbread Pizzas
Kids Eat FREE - EVERY DAY!



Parmesan-Crusted Shrimp Scampi
Fried Chicken & Churros

LEGAL ADS 900

grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON OCT 09, 2015 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: AUG 27 SEPT 03, 10 AND 17, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-021766 Fictitious Business Name(s): HOME IMPROVEMENT FINANCIAL SOLUTIONS located at: 15073 AVENUE OF SCIENCE, SUITE 200 SAN DIEGO, CA. 92128 is registered by the following: PERSONAL ENERGY FINANCE, INC. This business is conducted by: A CORPORATION PERSONAL ENERGY FINANCE, INC. 15073 AVENUE OF SCIENCE, SUITE 200 SAN DIEGO, CA. 92128 DELAWARE The first day of business was: NOT APPLICABLE Registrant Name: SCOTT D. MCKINLAY Title: PRESIDENT AND CHIEF OPERATING OFFICER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUGUST 20, 2015 ISSUE DATES: AUG 27 SEPT 03, 10 AND 17, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-021579 Fictitious Business Name(s): CURA HOME HEALTH INC located at: 2922 PANORAMA CREST ESCONIDIO, CA. 92029 is registered by the following: CURA HOME HEALTH INC. This business is conducted by: A CORPORATION CURA HOME HEALTH INC 2922 PANORAMA CREST ESCONIDIO, CA. 92029 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: BRENDIA ORNELLAS Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUGUST 18, 2015 ISSUE DATES: AUG 27 SEPT 03, 10 & 17, 2015

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO. 37-2015-00028750-CU-PT-CTL PETITIONER OR ATTORNEY, JENNA ANN OVERMYER 3848 GARDEN LANE SAN DIEGO, CA. 92106 743-330-7676 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM JENNA ANN OVERMYER TO JENNA POLLEY MITCHELSON THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON OCT 09, 2015 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-022292 Fictitious Business Name(s): CHICK-FLA SPORTS ARENA located at: 3570 SPORTS ARENA BLVD. SAN DIEGO, CA. 92110 is registered by the following: ABOVE & BEYOND SERVICES, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY ABOVE & BEYOND SERVICES, LLC. 3940 HANCOCK STREET SUITE 114 SAN DIEGO, CA. 92110 CALIFORNIA The first day of business was: 11/02/2006 Registrant Name: MATTHEW HUGHES Title: MEMBER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUGUST 25, 2015 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-021411 Fictitious Business Name(s): HEINZ HAND-CRAFT located at: 3764 JAMES ST. SAN DIEGO, CA. 92106 is registered by the following: JOSIAH HEINZ This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: Title: The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUGUST 17, 2015 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-020827 Fictitious Business Name(s): CREATIVE CROSS-ROADS located at: 502 UNIVERSITY AVE. SAN DIEGO, CA. 92103 is registered by the following: AIMEE BACA, JERRY BACA This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: NOT APPLICABLE Registrant Name: AIMEE BACA Title: PARTNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUGUST 10, 2015 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-021735 Fictitious Business Name(s): WEST STAR PUBLISHING located at: 2180 GARNET AVE., STE 1-4 SAN DIEGO, CA. 92109 is registered by the following: ALAN SHEIN This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ALAN SHEIN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUGUST 19, 2015 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-022061 Fictitious Business Name(s): WATERS EDGE CONSTRUCTION located at: 4707 ORTEN ST. SAN DIEGO, CA. 92110 is registered by the following: ERIC LACEY This business is conducted by: AN INDIVIDUAL The first day of business was: 05/27/2005 Registrant Name: ALAN SHEIN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUGUST 24, 2015 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO. 37-2015-00028745-CU-PT-CTL PETITIONER OR ATTORNEY, SHAWN RICHARD KAVKA 7015 FLOREY ST. SAN DIEGO, CA. 92122 858-967-4237 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM SHAWN RICHARD KAVKA TO SHAWN RICHARD IRVING THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON OCT 09, 2015 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO. 37-2015-00026536-CU-PT-CTL PETITIONER OR ATTORNEY, JUSTIN WILLIAM OCKEY 2120 CABLE ST. SAN DIEGO, CA. 92107 951-775-0329 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM JUSTIN WILLIAM OCKEY TO JUSTIN WILLIAM THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must

appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON OCT 02, 2015 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-020352 Fictitious Business Name(s): CAU RESIDENTIAL located at: 2683 VILLA DE LA VALLE ST. DEL MAR, CA. 92014 is registered by the following: STANLEY ERVIN FAIRCHILD JR. This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: STANLEY ERVIN FAIRCHILD JR. Title: OWNER / OPERATOR The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUG 05, 2015 ISSUE DATES: AUG 13, 20, 27 AND SEPT 03, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-021923 Fictitious Business Name(s): WITTY APPS, MR. MANIFEST located at: 1767 N. MARSHALL AVE. EL CAJON, CA. 92020 is registered by the following: TODD DAVIS This business is conducted by: AN INDIVIDUAL The first day of business was: 05/01/2012 Registrant Name: TODD DAVIS Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUGUST 20, 2015 ISSUE DATES: SEPT 10, 17, 24 AND OCT 01, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-022862 Fictitious Business Name(s): CRYSTAL COVE, CRYSTAL COVE RETREAT, CRYSTAL COVE RECOVERY, CRYSTAL COVE REHABILITATION HOUSE, CRYSTAL COVE ADDICTION REHABILITATION HOME located at: 279 C AVENUE CORONADO, CA. 92118 is registered by the following: RICHARD DUGGER, KAREN DUGGER This business is conducted by: A MARRIED COUPLE The first day of business was: NOT APPLICABLE Registrant Name: RICHARD DUGGER Title: CEO / CRYSTAL COVE The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 01, 2015 ISSUE DATES: SEPT 10, 17, 24 AND OCT 01, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-022688 Fictitious Business Name(s): THE SILVAS REALTY located at: 3266 1/2 ROSECRANS ST. SAN DIEGO, CA. 92110 is registered by the following: MAXIMUN PEAK PROPERTY MANAGEMENT This business is conducted by: A CORPORATION MAXIMUN PEAK PROPERTY MANAGEMENT 2020 CAMINO DE LA REINA #105 SAN DIEGO, CA. 92110 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: GREG TYLER SILVA Title: CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 01, 2015 ISSUE DATES: SEPT 10, 17, 24 & OCT 01, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-022870 Fictitious Business Name(s): MANHATTAN STREET CAPITAL, INC., MANHATTAN STREET, INC. located at: 5694 MISSION CENTER RD. STE 602-468 SAN DIEGO, CA. 92108 is registered by the following: FUND ATHENA, INC. This business is conducted by: A CORPORATION FUND ATHENA, INC. 5694 MISSION CENTER RD. STE 602-468 SAN DIEGO, CA. 92108 DELAWARE The first day of business was: 09/01/2015 Registrant Name: KIM T. FOLSON Title: PRESIDENT AND CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 02, 2015 ISSUE DATES: SEPT 10, 17, 24 AND OCT 01, 2015

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO. 37-2015-00028745-CU-PT-CTL PETITIONER OR ATTORNEY, SHAWN RICHARD KAVKA 7015 FLOREY ST. SAN DIEGO, CA. 92122 858-967-4237 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM SHAWN RICHARD KAVKA TO SHAWN RICHARD IRVING THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON OCT 09, 2015 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-017635 Fictitious Business Name(s): MEDICINE MAN BONE BROTH, CENTER FOR DANCE INJURIES located at: 4366 MENLO AVE. #2 SAN DIEGO, CA. 92115 is registered by the following: JUSTIN FLORES This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JUSTIN FLORES Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JULY 07, 2015 ISSUE DATES: JULY 30 AUG 06, 13 AND 20, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-017147 Fictitious Business Name(s): DRIFT FLORAL TRUCK, DRIFT FLORAL DESIGN located at: 4245 ASHER ST. SAN DIEGO, CA. 92110 is registered by the following: SARAH WAYTE This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MIRYAN HANA Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 02, 2015 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-022971 Fictitious Business Name(s): MISSION BURGER located at: 711 OLIVER AVE #B DIEGO, CA. 92109 is registered by the following: MIRYAN HANA This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MIRYAN HANA Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 02, 2015 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-023406 Fictitious Business Name(s): REVELATION CAB located at: 2663 WORDEN ST. DIEGO, CA. 92110 is registered by the following: STEVEN KAUFMANN This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: STEVEN KAUFMANN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 08, 2015 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-023333 Fictitious Business Name(s): SAHI PROPERTIES located at: 1835 GARDEN PLACE DIEGO, CA. 92110 is registered by the following: YOGESH S. BHAKTA This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: YOGESH S. BHAKTA Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 04, 2015 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-023007 Fictitious Business Name(s): RJB BUDDY BLISS located at: 4811 CORONADO AVE. #1 DIEGO, CA. 92107 is registered by the following: REBECCA STANERLICK This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: PETER LLOYD Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 14, 2015 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

NOTICE OF PETITION TO ADMINISTER ESTATE OF: STANLEY TANNENBAUM CASE NUMBER: 37-2015-00029686-PR-PW-CTL 1. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of STANLEY TANNENBAUM 2. A Petition for Probate has been filed by WILLIAM STUART TANNENBAUM, PETITIONER in the Superior Court of California, County of San Diego 3. The Petition for Probate requests that WILLIAM STUART TANNENBAUM be appointed as personal representative to administer the estate of the decedent, 4. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. 5. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. 6. A hearing on the petition will be held in this court as follows: a. Date: OCT 13, 2015 TIME: 11:00 A.M. Dept: PC-2 b. Address of court: SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO 1409 Fourth Ave. San Diego, CA. 92101 Madge Bradley Courthouse 7. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. 8. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. 9. You may examine the file kept by the court. If you are a person interested in the estate, you may file a court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. 10. Attorney for Petitioner: Daniel B. Newbold Donahue Fitzgerald, LLP 1999 Harrison Street Oakland, CA. 94612 510-451-3300 ISSUE DATES: SEPT 17, 24 OCT 01 & 08, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-020727 Fictitious Business Name(s): B & B CREATIVE EVENTS located at: 12465 SAN BRUNO CIRCLE SAN DIEGO, CA. 92130 is registered by the following: SUSAN M. BUCHER This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: SUSAN M. BUCHER Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUG 10, 2015 ISSUE DATES: SEPT 03, 10, 17 AND 24, 2015

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO. 37-2015-00029659-CU-PT-CTL PETITIONER OR ATTORNEY, FABIOLA LOPEZ 931 BOLLENBACHER ST. SAN DIEGO, CA. 92114 619-962-7055 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM FABIOLA LOPEZ ON BEHALF OF A MINOR RYSE SEINA RUBY MAGANA LOPEZ TO YESSINIA RUBY SANCHEZ LOPEZ THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON OCT 23, 2015 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-023388 Fictitious Business Name(s): CP MANITICS located at: 4150 CLEVELAND AVE #9 DIEGO, CA. 92103 is registered by the following: STAO BEN KOUSSA This business is conducted by: AN INDIVIDUAL The first day of business was: 07/01/2015 Registrant Name: STAO BEN KOUSSA Title: EXECUTIVE DIRECTOR The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 08, 2015 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-023791 Fictitious Business Name(s): APOTHECARY 11 located at: 4254 WHITTIER STREET DIEGO, CA. 92107 is registered by the following: NICOLE MENG This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: NICOLE MENG Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 11, 2015 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO. 37-2015-00030836-CU-PT-CTL PETITIONER OR ATTORNEY, RIDHI VKRAM AERON 11332 TREBURN WAY SAN DIEGO, CA. 92131 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM RIDHI VKRAM TO RIDHI VSHALL AERON B THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON OCT 30, 2015 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-023944 Fictitious Business Name(s): SOCAL PAINT PROS located at: 5011 WEST POINT LOMA BLVD. DIEGO, CA. 92107 is registered by the following: PETER LLOYD This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: PETER LLOYD Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 14, 2015 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

located at: 5011 WEST POINT LOMA BLVD. DIEGO, CA. 92107 is registered by the following: PETER LLOYD This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: PETER LLOYD Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 14, 2015 ISSUE DATES: SEPT 17, 24 OCT 01 AND 08, 2015

SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO) JOSEPH CHRISTIAN, AND DOES 1 through 100, YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE) JEANA TOYE NOTICE You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form you can use for your response. You can find these court forms and more information at the California Courts online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing

fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegerá. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta, puede encontrar estos formularios de la corte y más información en el Centro de

NOTICE OF TRUSTEE SALE

YOU ARE IN DEFAULT UNDER THE SAN DIEGO COUNTRY ESTATES TIMESHARE OWNERS ASSOCIATION DECLARATION OF COVENANTS, CONDITIONS AND RESTRICTIONS FOR TIMESHARE OWNERSHIP WITHIN SAN VICENTE COUNTRY VILLAS IV (THE "TIMESHARING DECLARATION") RECORDED SEPTEMBER 13, 1977, AS INSTRUMENT NO. 77-374173 IN THE OFFICIAL RECORDS OF SAN DIEGO COUNTY, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS HEREBY GIVEN THAT all those certain interests in pieces or parcels of land located at 25385 Pappas Rd., Ramona, CA 92065, unit number, week, season and type as described in Exhibit "A," attached hereto and incorporated herein by this reference, will be sold at public auction at the San Diego Country Estates Timeshare Owners Association located at 25385 Pappas Rd., Ramona, CA 92065 on October 2, 2015 at 11:00 a.m., to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn on a state or federal savings and loan association, savings association, or savings bank specified in Financial Code section 5102 and authorized to do business in California. The sale will be made without covenant or warranty regarding title, possession, or encumbrances, to satisfy the obligation secured by the Declaration Of Covenants, Conditions and Restrictions for Timeshare Ownership within San Vicente Country Villas iv (the "Timesharing Declaration") recorded September 13, 1977 as Instrument No. 77-374173, for SAN DIEGO COUNTRY ESTATES TIMESHARE OWNERS ASSOCIATION, Official Records of San Diego County, California, in the amount described on Exhibit "A," which includes the total amount of unpaid balance of assessments and reasonably estimated costs, expenses, and advances at the time of initial publication of this notice. WHEREAS, San Diego Country Estates Timeshare Owners Association is granted under the Declaration Covenants, Conditions and Restrictions for Timeshare Ownership within San Vicente Country Villas iv (the "Timesharing Declaration") recorded September 13, 1977 as Instrument No. 77-374173, Official Records, San Diego County, California, a lien in its favor with the power of sale, to secure payment to San Diego Country Estates Timeshare Owners Association of any and all assessments owed pursuant to said Declaration; and WHEREAS, San Diego Country Estates Timeshare Owners Association caused to be recorded on January 25, 2013 as Instrument No. 2013-0054186, August 9, 2013 as Instrument No. 2013-0501985 and September 12, 2014 as Instrument No 2014-0393826 in the Office of the County Recorder of San Diego County, California, Official Records, a Notice of Delinquent Assessments and Claim of Lien for delinquent assessments, encumbring portions of that certain real property situated in the County of San Diego, State of California, more particularly described in said Notice of Delinquent Assessments; and WHEREAS, default has been made in the payment of assessments for which said Notice of Delinquent Assessment and Claim of Lien was given, and San Diego Country Estates Timeshare Owners Association caused to be recorded on October 29, 2014 as Instrument No 2014-0469454, in the office of the County Recorder of San Diego County, California, Official Records, a Notice of Default and Election to Sell certain interests in real property situated in San Diego County, State of California, more particularly described in the Notice of Delinquent Assessments and the Notice of Default and Election to Sell. WHEREAS, San Diego Country Estates Timeshare Owners Association has made demand upon the undersigned, as trustee, that said trustee proceed to sell the land and premises hereinafter described. TOGETHER WITH improvements thereon and all and singular the tenements, hereditaments and appurtenances thereunto belonging or appertaining and the reversion and reversions, remainder and remainders, rents, issues and profits thereof. DATED this 8th day of September 2015. SAN DIEGO COUNTRY ESTATES TIMESHARE OWNERS ASSOC., a California non-profit corporation, By: Thomas Jay , Managing Agent at the direction and on behalf of the Board of Directors, 25385 Pappas Rd., Ramona, CA 92065 Street Address, (714)-777-3700 Telephone Number SAN DIEGO COUNTRY ESTATES-LEGAL DESCRIPTION

SAN DIEGO COUNTRY ESTATES-LEGAL DESCRIPTION

The land referred to herein is situated in the State of California, County of San Diego and is described as follows: PARCEL A: An undivided 1/25th interest as tenant in common in and to the following Condominium as defined in the California Civil Code hereinafter described. A - 1: An undivided 1/64th interest in and to Lot 4 of San Vicente Country Villas IV, in the County of San Diego, State of California, according to map thereof No. 8538, (Map 8538) filed in the Office of the County Recorder of San Diego County on April 13, 1977, as File/Page No. 77-135526. EXCEPTING THEREFROM an undivided half interest covering all coal, oil, shale, gas, phosphate, sodium and other mineral deposits in said land, as reserved by C. Melvin Mc Cuen and Augusta Droge Mc Cuen, husband and wife in deed recorded May 23, 1955, in book 5651, page 525 of Official Records, San Diego County, as to that portion of the herein described land lying within that portion of the Rancho Canada De San Vicente y Mesa Del Padre Barona, lying within the southeast quarter of Section 33, all lying within all of Section 28, the northeast quarter of Section 33 and lying within all of Section 34 all in Township 13 south, range 2 east, San Bernardino Meridian, in the County of San Diego, State of California, according to Official Plat thereof of said Rancho No. 858, filed in the Office of County Recorder of San Diego County April 29, 1899, without the rights of surface entry above a depth of 500 feet as quitclaimed by Deed recorded January 31, 1974, as File/Page No. 74-026590. ALSO EXCEPTING all oil, gas, other hydrocarbon substances and minerals, including rights incidental to such ownership, now or at any time hereafter situated in and under the hereinafter described land and lying below a depth of 500 feet measured from the surface of said land, but without any right to enter upon the surface for extraction or removal of such oil, gas, other hydrocarbon substances or minerals, and without any right to penetrate or to pass through the 500 foot space immediately below said surface for purposes of such extraction or removal as conveyed to Magnolia Land Company, a California corporation, by deeds recorded July 26, 1971 as File/Page Nos. 162681,162682, 162683, all of Official Records. ALSO EXCEPTING THEREFROM the following: All living units as shown on the Condominium Plan for Lot 4 of San Vicente Country Villas IV recorded May 12, 1977 as file/page no. 77-181219 of Official Records of said county, ("the Condominium Plan"). A - 2: Living unit as shown on the attached Exhibit "A" and as shown upon the Condominium Plan. EXCEPTING FROM said Parcels A-1, and A-2, and reserving upon grantor its successors and assigns, (including all other "owners" (as defined in that certain Declaration of Covenants, Conditions and Restrictions for time sharing ownership within San Vicente Country Villas IV) the "Time Sharing Declaration") recorded September 13, 1977 file/page no. 77-374173) of Official Records of San Diego County. An exclusive right to use and occupy said Parcels A-1 and A-2 during all "use periods" and "service periods" (as defined in the Time Sharing Declaration) and such excess time ("excess time") as is used pursuant to the provisions of Section 6 of Article II of the Time Sharing Declaration other than the "use period" hereby conveyed to the grantee herein pursuant to the provision of Parcels D and E hereafter described and any excess time used by grantee. ALSO EXCEPTING FROM said Parcel A-1 and reserving unto grantor, its successors and assigns, all those certain easements referred to in Sections 1,2,3,4,6 and 7 of Article VII of the Declaration of Covenants, Conditions, and Restrictions, San Diego Country Estates recorded October 12, 1972 as file/page no. 72-274576, Official Records of said county, as amended by an instrument recorded June 7, 1977 as file/page no. 77-222680, Official Records of said county (the "Master Declaration") and all those certain easements referred to in Sections 1,2,3,4,6 and 7 of Article VII of the Declaration of Covenants, Conditions and Restrictions, San Diego Country Estates recorded October 12, 1972 as file/page no. 72-274576, Official Records of said county, as amended by an instrument recorded June 7, 1977 file/page no. 77-227680 Official Records of said county (the "Master Declaration") and all those certain easements referred to in Sections 1,2,3,4,5 and 6 of Article VII of the Declaration Establishing Covenants, Conditions, and Restrictions for Condominium Ownership of San Vicente Country Villas IV recorded April 26, 1977 file/page no. 77-155121 Official Records of said county, as amended by an instrument recorded June 6, 1977 as file/page no. 77-220411 of Official Records of said county and as further amended by an instrument recorded June 7, 1977 as file/page no. 77-222681 of Official records, of San Diego County (the "Villas IV Declaration") together with the right to grant said easement to others. PARCEL B: A non-exclusive easement, during the season as shown on the attached Exhibit "A" and the "use period" hereby conveyed to the grantee and such excess time as is used by grantee pursuant to the provisions of Section 6 of Article II of the Timesharing Declaration appurtenant to Parcels A-1 and A-2, to use the recreational facilities presently or hereafter located on lots 2 and 3 of San Vicente Country Villas IV, filed in the office of the County Recorder of said County on April 13, 1977 as file/page No. 77-135526, together with the right of ingress thereto and egress therefrom. PARCEL C: A non-exclusive easement for the purposes specified and over the land described in Sections 1,2,3, and 5 of Article VII of the Villas IV Declaration as amended during the "use period" (as defined in the "Time Sharing Declaration") hereby conveyed to the grantee and during such excess time as is used by grantee pursuant to the provision of Section 6 Article II of the Time Sharing Declaration. PARCEL D: An exclusive right and easement to use and occupy one of the living units containing number of bedroom(s) as shown on the attached Exhibit "A" and as shown on said "Condominium Plan" and any additional condominiums as defined in the Time Sharing Declaration containing number of bedroom(s) as shown on the attached Exhibit "A" which may be annexed as a Time Sharing Condominium in accordance with the provisions of Section I of Article II of said Time Sharing Declaration during the use period hereby conveyed to the grantee and during such excess time as is used by grantee pursuant to the provisions of Section 6 of Article of said "Time Sharing Declaration" Reserving unto grantor, its successors and assigns, exclusive right to use and occupy living units 1 to 4, inclusive, for sale and administration purposes pursuant to the provisions of Subparagraph (c) of Section 7 of Article III of the Time Sharing Declaration, and no rights or easement to use and occupy living units 1 to 4 inclusive, whereupon grantors rights to use and occupy that particular living unit for sales and administration purposes shall cease and grantee's right to use and occupy said living unit to the extent granted by Parcel D hereof shall henceforth be vested in grantee. PARCEL E: A non-exclusive easement to use and occupy Lot 4 of San Vicente Country Villas IV, in the County of San Diego, State of California. According to map thereof No. 8538. Filed in the Office of the County Recorder of San Diego County April 13, 1977 as file/page no. 77-135526, during the use period (as defined in the Time Sharing Declaration) and during this excess time as is used by grantee pursuant to the provisions of Section 6 of Article II of the Time Sharing Declaration. EXCEPTING FROM said Parcel E the following: All living units as shown on the Condominium Plan for Lot 4 of San Vicente Country Villas IV, in the County of San Diego, State of California, recorded May 12, 1977 as File/Page No. 77-181129 of Official Records, of said county. APN:# as shown on Exhibit "A"

EXHIBIT A

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021535 Fictitious Business Name(s): 1-888-CASH-OFFER

REALTY located at: 3435 OCEAN PARK BLVD #107-408
SANTA MONICA, CA. 90405 is registered by the follow-
ing: 1-888-CASH-OFFER This business is conducted by:
A CORPORATION 1-888-CASH-OFFER 3435 OCEAN
PARK BLVD #107-408 SANTA MONICA, CA. 90405 CAL-
IFORNIA The first day of business was: NOT APPLICABLE
Registrant Name: RYAN KIRK Title: PRESIDENT The state-
ment was filed with Ernest J. Dronenburg, Jr., Recorder /
County Clerk of San Diego County on: AUG 18, 2015
ISSUE DATES: AUG 27 SEPT 03, 10 & 17, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-
019695 Fictitious Business Name(s): YOGURT FARM
located at: 4882 NEWPORT AVE. SAN DIEGO, CA. 92107
is registered by the following: SHAMOUN INVESTMENT
INC. This business is conducted by: A CORPORATION
SHAMOUN INVESTMENT INC. 4882 NEWPORT AVE SAN
DIEGO, CA. 92107 CALIFORNIA The first day of business
was: 07/15/2010 Registrant Name: DALIA SHAMOUN
Title: SECRETARY The statement was filed with Ernest J.
Dronenburg, Jr., Recorder / County Clerk of San Diego
County on: JULY 29, 2015 ISSUE DATES: AUG 27 SEPT
03, 10 AND 17, 2015

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There may be a court form that you can use for your
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or the courthouse nearest you. If you cannot pay the filing fee,
ask the court clerk for a fee waiver form. If you do not file
your response on time, you may lose the case by default,
and your wages, money, and property may be taken
without further warning from the court. There are other
legal requirements. You may want to call an attorney right
away. If you do not know an attorney, you may want to call
an attorney referral service. If you cannot afford an attor-
ney, you may be eligible for free legal services from a non-
profit legal services program. You can locate these non-
profit groups at the California Legal Services Web site
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Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by
contacting your local court or county bar association.
NOTE: The court has a statutory lien for waived fees and
costs on any settlement or arbitration award of \$10,000
or more in a civil case. The court's lien must be paid
before the court will dismiss the case. Tien 30 DIAS DE
CALENDARIO después de que le entreguen esta citación
en esta corte y hacer que se entregue una copia al deman-
dante. Una carta o una llamada telefónica no lo protegen.
Su respuesta por escrito tiene que estar en formato legal
correcto si desea que procesen su caso en la corte. Es
posible que haya un formulario que usted pueda usar
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y bienes sin más advertencia. Hay otros requisitos legales.
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SUPERIOR COURT - NORTH DIVISION 325 SOUTH MEL-
ROSEDR. VISTA, CA. 92081 CASE NO.: 37-2015-
00015755-CU-PA-NC The name, address, and telephone
number of plaintiff's attorney, or plaintiff without an attor-
ney, is: (El nombre, la dirección y el número de teléfono
del abogado del demandante, o del demandante que no
tiene abogado, es): Oliver H. Pelly, 12520 High Bluff Drive,
Suite 220 San Diego, CA. 92130 (858) 794-1700 DATE:
MAY 12, 2015 Clerk, by T. POROTESANO, Deputy, ISSUE
DATES: AUG 27 SEPT 03, 10 AND 17, 2015

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W.
BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2015-
00027420-CU-PT-CIT PETITIONER OR ATTORNEY, IMAN
A. FARAHANI 8544 VIA MALLARCA UNIT G.LA JOLLA, CA.
92037 858-997-7742 HAS FILED A PETITION WITH THIS
COURT FOR A DECREE CHANGING PETITIONERS NAME
FROM IMAN ALI FARAHANI TO IMAN FARAHANITHE
COURT ORDERS that all persons interested in this matter
shall appear before this court at the hearing indicated
below to show cause, if any, why the petition should not
be granted. Any person objecting to the name changes
described above must file a written objection that indicates
the reasons for the objection at least two court days before
the matter is scheduled to be heard and must appear at
the hearing to show cause why the petition should not be
granted. If no written objection is timely filed, the court may

continued on page 16

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AIRPORT

CONTINUED FROM Page 1

bigger, the airport is getting nicer and critics who panned projections of congestion feel vindicated nine years after voters decisively rejected the Airport Authority's recommendation that it move the airport to the land occupied now by the Miramar Marine Corps Air Station.

Fifteen years ago, officials warned that San Diego International Airport on North Harbor Drive was far too constrained. There's no way it would handle San Diego's projected population and travel growth. We needed a new larger location with two 12,000-foot runways. Yes, two!

Then Mayor Dick Murphy proposed the airport be removed from the Port of San Diego, whose jurisdiction extends only to property near San Diego Bay. Murphy convinced then-state Sen. Steve Peace to co-write legislation in 2001 that would peel the airport away from the port and create a new agency: the San Diego County Regional Airport Authority.

It passed, and a stressful and awkward year of transition followed as assets and employees were divvied up. Peace then wrote another state law in 2002 that required the airport to put an alternate airport site before voters no later than 2006.

Once independent in January of 2003, the airport counted the entire county as its oyster. That lasted until November of 2006, when 62 percent of voters rejected

a proposal to move the airport to Miramar.

Despite the concerns of years past, things seem to be running pretty smoothly. The sky isn't falling, and it's not too packed, either. And that fledgling standalone airport agency has grown into quite a force.

The airport employs about 360 people today, not including contractors. That's up from 135 airport employees at the Port in 2001-02, budget documents show. Meanwhile, the airport's operating expenses today top \$136.8 million, up from \$47.3 million.

Airport CEO Thella Bowens said port budgets don't accurately reflect all the airport's allocated costs and staff support. About 200 port employees became Airport Authority employees when the split occurred, but the Airport Authority quickly hired another 100 needed positions, she said.

"We didn't have a facilities maintenance department. We didn't have a planning department. We didn't have a finance department. We didn't have an HR department. We didn't have IT. We had nothing," said Bowens, who joined the port as senior director of the former aviation division in January of 1996 and continues to lead the Airport Authority today.

"This is a much larger, more complex operation than it was the day we left the port," said Bowens. "The legislation required a public vote, which we did, and the public said no. So now our job is really just to focus on how to make this



It's rare, but sometimes planes fly over OB to the land from the west - it depends on the wind.

PHOTO BY THOMAS MELVILLE

airport work as long as it possibly can."

With relocation off the table and more passengers on fewer flights, focus has turned to pricey infrastructure projects aimed at making the airport's existing location at Lindbergh Field more roomy and comfortable for passengers.

Terminal 2 was recently rebuilt, with 10 new gates and energy efficiency in mind, becoming the world's first commercial airport terminal to achieve platinum-level LEED certification from the U.S. Green Building Council. A dual-level roadway was also built, separating drop-offs and pickups, and concession areas were expanded. Those projects cost \$1 billion. In January, rental cars will relocate from Harbor Drive to a new \$316 million facility on Pacific Highway complete with a shuttle that will take a new \$16.3 million airport road, easing traffic on surface streets. A new three-story 3,000-car parking garage is also under construction next to Terminal 2.

Next up is deciding how to rebuild the aging Terminal 1. Board members will be asked to choose between five plans priced between \$2.1 billion and \$2.6 billion this fall.

Until recently, though, attention was focused not on improving Lindbergh - the busiest single-runway commercial airport in the country - but on ditching

it and finding a new location where an improved airport with two runways could be built.

"Early on, when we did the forecast that drove the site selection that talked about this airport reaching its capacity, the big push at that time in the industry were small regional jets" with 50 to 75 seats, said Bowens. But airlines have turned to larger fleets of Boeing 737s and Airbus A320s instead that can seat 150 or more.

"A lot has happened since that vote," Bowens said. "There was a huge recession that no one ever counted on ... What happens to airports during the recession is people don't fly because that becomes a luxury and not something that's a necessity. Because of the recession and other changes in the industry since 9/11, airlines did shift to larger aircraft."

That shift was predictable, said UCSD economics Prof. Richard Carson, long a critic of the airport's "numbers that were implausibly high for passenger demand." The airport even hired a consultant to rebut Carson's arguments in 2006 for \$30,000.

"The chance San Diego needed to launch two 747s simultaneously at multiple times of the day, it was an event that just wouldn't happen," Carson said. "There was no plausible rationale by any sane person that said they needed two runways."

READ MORE ONLINE AT sdnews.com

FAA

CONTINUED FROM Page 1

"We have been dealing with airplane traffic for decades, but it is about to get way worse.

"The FAA is quietly trying to move the airline pattern that will allow planes to take a hard left and fly directly over many Point Loma houses (no longer having to fly to the end of the point before turning left)... This will affect all houses in Sunset Cliffs, south Sunset Cliffs and the Wooded Area... It is crucial that the word gets out and everyone writes letters to the FAA to try to get this stopped."

Matthew Naiman, who lives on Charles Street in the Wooded Area of Point Loma, said he's not worried about direct noise impacts to his neighborhood. "But I am concerned about how the new proposed plan will impact the Cabrillo National Monument in redirecting much of the outbound Lindbergh air traffic directly over the monument," he said.

"It may be possible for the bean counters at the FAA to put a value on jet fuel savings. But I'd also like to know what the cost would be to all of us if the serenity of a large coastal park, nature preserve, education center and major regional tourist attraction is spoiled by what can at times be almost constant overhead jet noise," he added.

"We moved to a home near Point Loma Nazarene University 29 years ago because we knew that this area in Point Loma is not under the flight path and we would not be affected by airplane noise as those north of Point Loma Avenue are," said Linda Gregg. "Now we hear the FAA is going to change the route so that planes turn over the ocean further north and much closer to us, disturbing our peaceful neighborhood with their noise. I've written an email to the FAA protesting this and hope they hear my voice and the voices of others who live here."

"The Airport Authority has had no involvement in the development of the FAA's SoCal Metroplex project," said Airport Authority spokesperson Rebecca Bloomfield. "We learned of the project's proposed flight procedures a few months ago along with the general public. We submitted our comments to the FAA on Sept. 4.

"We will be monitoring the implementation of SoCal Metroplex to determine if there are any changes in noise impacts to the surrounding community. But because the project is still being developed by the FAA, the Airport Authority cannot at this time speak to what potential impacts it may or may not have."

"As the national aviation infrastructure expands to meet the NextGen goals, the FAA has a difficult and critical task of balancing the needs of all those affected," wrote the San Diego County Regional Airport Authority in its letter to the FAA on SoCal Metroplex... "Airports are on the 'front line' with the community and we directly and regularly interact with people that are most impacted by FAA projects such as Metroplex. ... We would suggest the FAA consider retaining the LOWMA waypoint to ensure the airport's noise abatement procedures can be maintained to limit aircraft flying over Point Loma... Our concern is that the new path is shifted away from the historical flight path that has been used for flights arriving from the northwest, which may result in shifting of noise patterns."

The SoCal project would improve the efficiency of airspace in Southern California by optimizing aircraft arrival and departure procedures at more than 20 regional airports, including San Diego's. The project may involve changes in aircraft flight paths and altitudes in certain areas but would not result in any ground disturbance or increase the number of aircraft operations within the Southern California airspace.

The Draft EA for the SoCal Metroplex project was released June 10. The public comment period on it has been extended, and written comments will be accepted by the FAA until Thursday, Oct. 8. The full text of the Airport Authority's FAA letter can be viewed at www.san.org/metroplex.



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Flooding in Ocean Beach

Heavy rain on Tuesday, brought on by Cyclone Linda, caused flooding in some areas of San Diego. Above, the parking lot of a condo on Abbott Street in Ocean Beach had serious flooding issues with vehicles immersed in grungy run-off water up to 40 inches deep.

PHOTO BY JIM GRANT

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Latest report reinforces need for more affordable housing in San Diego

The San Diego Housing Federation says the report released this summer, *Linking Innovation with Inclusion: Demography, Equity, and the Future of San Diego*, shows "linking people and place" through affordable housing policies moves San Diego forward equitably and sustainably.

Conducted by University of Southern California Program for Environmental and Regional Equity, the report highlights how a lack of diverse, equitable communities impacts the region's long-term economic, environmental and social well-being, and it identifies challenges lower-income San Diegans face — particularly the communities of color, immigrants and youth.

"These data show that, without a college degree, San Diegans are making less than the regional housing wage and, even with a college degree, black and Latino workers still make less than the regional housing wage," says Bruce Reznik, executive director of the San Diego Housing Federation, the region's leading voice for affordable housing.

The regional housing wage is the average income that a person needs to make to spend no more than 30 percent of his/her take-home pay on rent or mortgage, nearly \$27 an hour in San Diego. "San Diego's economy relies on

these hardworking individuals, so we need more affordable and transit-friendly housing to lift all of San Diego," Reznik said.

In addition to identifying these types of issues that affect the region as a whole, the report provides solutions to the long-term threats, many of which directly relate to affordable housing. This isn't surprising, says the Housing Federation, as the nonprofit knows that affordable housing is underutilized in San Diego in solving many of the current and projected problems that this report highlights.

The report's recommendations for a more equitable, sustainable San Diego include:

- Establishing stable funding sources for affordable housing: Policies such as linkage fees that create resources for affordable housing units to help keep the cost of living balanced throughout the city, ensuring the region's growth and the future middle class.

- Protecting current residents from displacement: More affluent populations are moving to the urban core, driving lower-income communities to our suburbs that often lack transit and other infrastructure to serve these communities.

- Forcing these lower-income communities away from job centers and into cars results in more congestion, pollution and lost productivity. Policies that are responsive to the needs of existing residents and that protect these residents from displacement pressures are vital in combating this trend.

- Focusing on more mixed-income communities: By utilizing policies such as inclusionary housing, where housing developers dedicate a certain amount of housing units for low-income residents, ensures more balanced communities.

- Increasing civic engagement among emerging populations: By providing programs at affordable housing communities and involving these residents in the policy decisions that impact their communities, we can help develop leadership and break cycles of poverty.

- Addressing social and economic inequality: The report also has many other recommendations aimed at promoting greater equality, such as investing in education to serve our growing high-tech sector, which are bolstered by having safe, stable and affordable housing.

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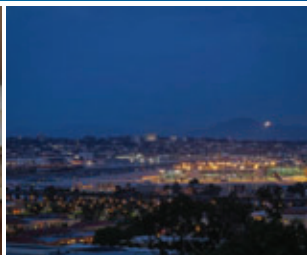
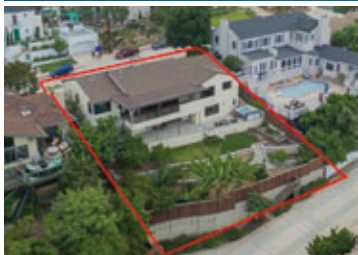
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Pet adoption

The next San Diego Humane Society pet adoption at Shades Oceanfront Bistro will take place 10 a.m. to 2 p.m. Sunday, Sept. 20. San Diego Spaniel Rescue, Animal Rescuers Without Borders, Dogs Fur Days Rescue and St Paco's Second Chance Dog Rescue will also be there with great dogs looking for forever homes. Upcoming adoption events: Dec. 6, and in 2016 March 20, June 12, Sept.

18, Dec. 11.

Labrador Rescuers are holding their 11th annual Lab Amore Gala at the Hyatt Regency La Jolla on Saturday, Sept. 19. For more information, visit LabRescuers.org.

Pagan Pride Day

The San Diego Pagan Pride Day will take place 9 a.m. to 5 p.m. Saturday, Sept. 19, at Liberty Station NTC Park.

Pagan Pride is nondenominational and strives to treat each pagan or neo-pagan tradition with equal measures of respect. By "pagan," they include Wiccans, Ásatrúar, Druids, Heathens, Shamans, eclectics, witches, and various other traditions. They create a welcoming environment to all who come in peace.

This is a family-friendly festival celebrating the autumnal equinox that is

open to everyone – not just pagans. The events of the day will include: Rituals performed by Coast Oak Grove, Griffin Ced, and Ravenhawk with Lady Brenda McCoy.

Workshops by Tamanave Eden-mcLintock, Mara Clear Spring Cook, Tony Mierzwiki, Ravenhawk and Lady Brenda, La Curandera Coaxoch, John Hyatt, and Mark Miner.

Entertainment by Nomad Culture,

The Red Velvet Gypsies, Melaminah, with a special entertainment workshop by Devra Gregory. Many vendors will be offering their wares.

A special story telling by Ginny, a children's area with story telling by Nicole and arts/crafts activities, The Black Hat Society will host the Pagan Passport activity for children.

There will be a raffle and a silent auction featuring items donated by local vendors. They will be accepting nonperishable food items for Mama's Kitchen and/or a donation for Project Wildlife. For more information, visit www.sdpaganpride.org.

Sweet fundraiser

The Cravory cookie company in Point Loma has partnered with Boys and Girls Club to help raise money for the clubs as the first few weeks of school get rolling and kids are back spending time at the clubs.

For three days, Sept. 25, 26, and 27, 10 percent of all sales of half-dozen Boys and Girls Club special mix boxes, which includes three birthday cake cookies and three chocolate chip cookies, both online and at the cookie shop, will be donated directly to the Boys and Girls Club.

The special Boys and Girls Club mix is based on two of The Cravory's most beloved flavors in the hope that cookie lovers all over will want to support the amazing work provided at the Boys and Girls Club.

Fashion trends event

Fashion Valley Mall's fall fashion event Make A Date With Style at LOOKBOOK Live, will take place on 1 to 5 p.m. Saturday, Sept. 19 in Center Court in collaboration with Glamour and GQ magazines. LOOKBOOK Live translates fall's hottest fashion trends from the runway into real lifestyles and shares where to shop for the looks you love – in the place where you love to shop.

The LOOKBOOK Live Event Series will bring the best of fall fashion to Fashion Valley, providing shoppers with one-on-one interactions and consultations with style experts, along with:

Stage Events: Style experts from Glamour and GQ will showcase and discuss fashions worn by models.

Friday Night Liberty

Friday Night Liberty at the Arts District at Liberty Station will take place 5 to 9 p.m. Oct. 2, at 2640 Historic Decatur Road. Friday Night Liberty is packed with live performances and unique exhibitions.

■ San Diego Dance Theatre previews their iconic Trolley Dances then shows off work by Yolande Snaith; happening at the White Box Live Arts. 5:30 and 6:30 p.m.

■ Don't miss So Say We All doing a special al fresco edition of their monthly sold-out live literary show VAMP at 7 p.m. at Barracks 17 Plaza.


■ ARTS: A Reason to Survive shows off their handmade industrial furniture all night with pieces available for purchase.

■ Celebrate the Art in Archaeology at California State Parks in Barracks 26; see works by the California Book Arts members at the Women's Museum.

Visit www.ntclibertystation.com to see an entire program with details and times for performances.




















Garden Club meeting

The Point Loma Garden Club monthly meeting will take place 11 a.m. Wednesday, Oct. 14, with The Flower. Bette Childs and Joanie Espy specialize in creating unusual planted pots and floral arrangements. Plant sale follows. Free at Portuguese Hall, 2818 Avenida de Portugal.



Barons market
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GORGEOUS FRESH FLOWER BOUQUETS
\$4.99 - \$7.99

 <p>STRAWBERRIES 2 for \$4 16 oz. Containers</p>	 <p>HONEYCRISP APPLES \$1.29 lb.</p>	 <p>YELLOW PEACHES 77¢ lb.</p>																		
 <p>MINI PERSIAN CUCUMBERS 97¢ lb.</p>	 <p>Organic CELERY 97¢ each</p>	 <p>Organic BROCCOLI 2 lbs. for \$3</p>																		
 <p>DOLE BANANAS 59¢ lb.</p>	 <p>MIXED SWEET PEPPERS \$2.97 2 lb. Bag</p>	 <p>Frankly Fresh KRAB & SHRIMP LOUIE SALAD \$5.99 14 oz.</p>																		
 <p>Boar's Head BEEF KNOCKWURST \$6.99 16 oz.</p>	 <p>FRESH COCONUTS 2 for \$3</p>	 <p>OLIVE & ANTIPASTO BAR \$7.99 lb.</p>																		
 <p>Del Real CHEESE TAMALES \$8.99 6 pk.</p>	 <p>KETTLE CHIPS \$2.69 5 oz.</p>	 <p>Rosie's ORGANIC CHICKEN DRUMSTICKS \$2.49 lb.</p>																		
 <p>Barons market FRESHLY MADE SANDWICHES \$4.49 - \$4.99 each</p>	 <p>Lorina SPARKLING WATER \$2.99 750 ml. +CRV</p>	 <p>Organic Valley ORGANIC XL BROWN EGGS \$2.99 1/2 Dozen</p>																		
 <p>Barons market COD FILLETS \$6.99 lb.</p>	<p>DON'T FORGET...</p> <table border="0"> <tbody> <tr> <td>Alexia Seasoned Potato Puffs.....</td> <td>\$3.69</td> <td>19 oz.</td> </tr> <tr> <td>Roland Arborio Rice.....</td> <td>\$2.99</td> <td>16 oz.</td> </tr> <tr> <td>Napa Valley Olive Oil.....</td> <td>\$11.99</td> <td>25.4 oz.</td> </tr> <tr> <td>Bombay Brand Garlic Paste.....</td> <td>\$4.99</td> <td>8 oz.</td> </tr> <tr> <td>Achva Organic Tahini.....</td> <td>\$5.99</td> <td>17.6 oz.</td> </tr> <tr> <td>Against The Grain GF Pizza Crust.....</td> <td>\$6.99</td> <td>12 oz.</td> </tr> </tbody> </table>		Alexia Seasoned Potato Puffs.....	\$3.69	19 oz.	Roland Arborio Rice.....	\$2.99	16 oz.	Napa Valley Olive Oil.....	\$11.99	25.4 oz.	Bombay Brand Garlic Paste.....	\$4.99	8 oz.	Achva Organic Tahini.....	\$5.99	17.6 oz.	Against The Grain GF Pizza Crust.....	\$6.99	12 oz.
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 <p>South of France LIQUID SOAP \$3.49 8 oz.</p>																				

Point Loma
4001 W. Point Loma Blvd.
1 Blk. W. of Midway Dr. (619) 223-4397

Rancho Bernardo
11828 Rancho Bernardo Road
In the Mercado (858) 485-8686

Temecula
31939 Rancho California Road
Corner of Meadows Pkwy. (951) 693-1111

Wildomar
32310 Clinton Keith Rd.
1 Blk. W. of I-15 (951) 609-9200

Alpine
1347 Tavern Road
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