



SAN DIEGO COMMUNITY NEWSPAPER GROUP

Thursday, June 11, 2015

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Stephanie Mansolina of Del Mar speaks with artist Kevin Eastman after having her Teenage Mutant Ninja Turtles print signed at the opening reception of the San Diego Comic Art Gallery on Thursday, June 4. (Below) Ted Adams, CEO of IDW Publishing, officially opens the gallery. PHOTOS BY THOMAS MELVILLE

Turtle power fuels opening of San Diego Comic Art Gallery

IDW showcases Ninja Turtles creator Kevin Eastman's artwork

By THOMAS MELVILLE | THE BEACON

The line stretched from one side of the gallery to the other as fans waited for their turn to talk, have a print signed and take a photo with acclaimed artist Kevin Eastman the evening of June 4 in Liberty Station. As the Stone IPAs flowed and the couscous was consumed, guests at the grand opening of the San Diego Comic Art Gallery at IDW Publishing were ultimately fueled by turtle power as in Teenage Mutant Ninja Turtle power.

in 1983 as a bit of a goof. Since countless toys.



then there have been five feature Eastman, a San Diego resident films, with another (co-written by and comic book legend, co-created Eastman) on the way for June of art with an emphasis on the Ninja TMNT fans to get a firsthand look the Ninja Turtles with Peter Laird 2016, cartoons, comics and Turtles as its inaugural exhibit.

The San Diego Comic Art Gallery is showcasing Eastman's beers from Stone Brewery, for From early sketches on notepads

COMICS & COCKTAILS

What: The Friends of NTC is holding its Comics and Cocktails event. When: From 6 to 8 p.m. on Thurs-

Where: San Diego Comic Art Gallery at IDW Publishing in Liberty Station,

2765 Truxtun Road.

Info: For tickets, visit www.ntclibertystation.com

and napkins to colorful panels and photo cells, all the different takes of the popular comic book characters are displayed.

On Thursday, June 11, the gallery will host Comics and Cocktails (see box), a special event with drinks from Soda & Swine and

SEE **GALLERY**, Page 15

Eroded space in Sunset Cliffs being used by homeless

'Genuine cause for concern about safety'

By DAVE SCHWAB | THE BEACON

A "cave" in Sunset Cliffs in Ocean Beach being used by the homeless as a makeshift shelter could be a disaster waiting to happen for nearby condo owners, said a San Diego State University geologist who recently inspected the site.

A hole found in the cliff face being referred to by some as a cave is actually an eroded "void space" in the manmade concrete armoring used to support the cliff face, said SDSU geology professor emeritus Pat Abbott, the author of a standard textbook on natural disasters.

"What I can tell you is there's been erosion of a pretty heavy concrete mix that was sprayed several inches thick with a hose to armor the cliffs, which has collapsed," said Abbott. "When you spray this heavy concrete armor on a sea cliff base, that slows down the erosion: It doesn't stop it."

The geologist said the primary problem with the earth and other materials there is that

New homeless initiative saves lives, and money

The recent transition of 36 area homeless people into permanent housing resulted in a 67 percent reduction in public resource costs, equaling \$3.5 million of taxpayer and other social service dollars saved over the course of a 24-month period.

These are the final outcomes for Project 25, United Way's initiative to permanently house at least 25 of San Diego County's chronically homeless, high-frequency users of public resources.

SEE **HOMELESS**, Page 16

they are geologically young and therefore not compacted. "It's weak material that is not well-bound or cemented together," he said. "When vou rub it with your bare hands it

SEE **SPACE**, Page 16

Annual OB Street Fair & Chili Cook-Off Festival on June 27

Thousands of visitors are expected in Ocean Beach to enjoy food, drinks, chili, live music, art and great peoplewatching at the Ocean Beach Street Fair and Chili Cook-Off Festival on Saturday, June 27.

The 36th annual festival will include an oceanfront chili cook-off, vendor and food booths, Artists Alley, a beachside beer garden, live music and entertainment, family- hood," said Denny Knox, friendly activities, carnival executive director of Ocean rides and games, art, and the community mural project.

OB STREET FAIR & CHILL COOK-OFF FESTIVAL

Where: Newport Avenue, the waterfront and pier lot

"As always, the Street Fair will celebrate the eclectic personality of the neighbor-

SEE FAIR, Page 20

SPORTS

High Tech High makes history with first CIF title

Page 11



BUSINESS

Nati's Mexican Restaurant in OB celebrates 55 years



SCHOOLS

PLHS valedictorian and salutatorian named

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COMMUNITY

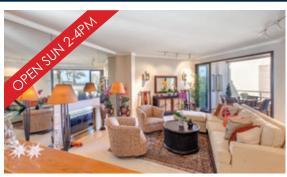
Beacon abroad

(Right) The New York Beacon. (From left to right) Paula K., Richard G., and Annette K.G. are in the Big Apple for Annette's graduation from Columbia University's School of International and Public Affairs.

(Far right) On a visit to Ocean City, N.J., Fawn Ruiz reads The Peninsula Beacon to her daughter Alma. 'Until we return to San Diego,' Fawn says, 'we enjoy having Uncle Greg (Staneruck) and Aunt Becky from Ocean Beach mail us The Beacon.'

PHOTOS CONTRIBUTED







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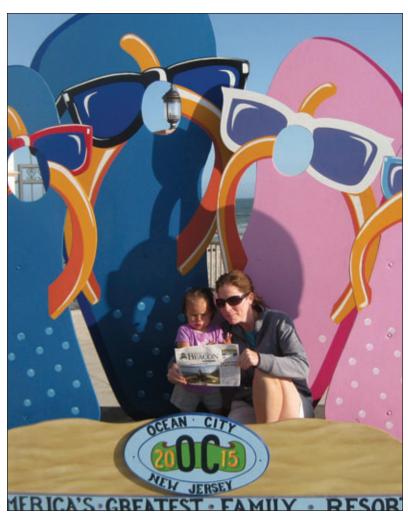
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Session 1 - Dates: June 22nd to 26th Time: 5:00 PM - 7:00 PM Location: Point Loma High School (2335 Chatsworth Blvd, 92106)

Cost: \$30 per session or \$125 for all 5 days

Register by emailing your information to: james@saka



oint Loma Volleyball Club 2015 Summer Beach Volleyball Clinics

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Source: REAL Trends 500

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Roll into the Bike Fiesta in Ocean Beach this Saturday

ized travel sponsored by Point Loma Cluster Schools will be Saturday, June 13 from 9:30 a.m. to noon starting at Ocean Beach Elementary School, 4741 Santa Monica Ave.

A Bike Fiesta celebrating non-motor- enjoy the simple pleasures of riding a beach gear and make it a day by enjoybike, especially in great places like OB," said Nicole Burgess, a member of the city's San Diego Bicycle Advisory Committee from Council District 2 representing the Peninsula. "There will be a little "This will be a fun community event something for everyone, so come join that encourages people of all ages to friends and neighbors by bike. Bring

ing lunch locally and rolling down to the beach to start the summer of fun."

Join families from all over the Point Loma Cluster at OB Elementary for bike education, obstacle courses, bike maintenance, a community ride and more.

'We endorse any event that encourages people, especially young people, to ride bikes or use other non-motorized means of travel," said Andy Hanshaw, executive director of the San Diego County Bicycle Coalition, the region's largest bicycle advocacy group.

Bicycles, skateboards, scooters and E-Bikes are all welcome and encouraged to participate in the June 13 event.

The day begins at the elementary school with short and long community rides lasting about 45 minutes. At 11:30 region's transportation planning agency.

'This will be a fun community event that encourages people of all ages to enjoy the simple pleasures of riding a bike.'

NICOLE BURGESS SD BICYCLE ADVISORY COMMITTEE

a.m. there will be an unveiling of kids bike art banners, to be followed at 11:45 with an opportunity drawing.

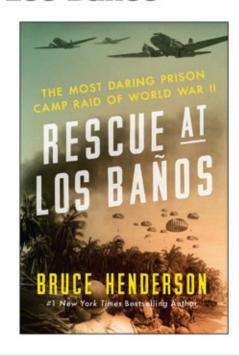
The Bike Fiesta event is facilitated by a grant from iCommute and the San Diego Association of Governments, the San Diego

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Stricter rules on the way for **short-term vacation rentals**

Tighter enforcement of current regs called for

By DAVE SCHWAB | THE BEACON

The City Council's Smart Growth and Land Use (SGLU) Committee directed staff to return with a new draft ordinance on short-term vacation rentals (STVRs), better defining and more strictly controlling them while also seeking funding in current city budget deliberations for better enforcement of existing rules governing their operation.

That was the end result of deliberations May 29 among SGLU's four committee members - Lorie Zapf, David Alvarez, Scott Sherman and Todd Gloria – following hours of public testimony both for and against the vexing STVR

Coastal residents have increasingly come forward complaining that noise, partying, traffic and other problems caused by some troublesome STVRs have become an intolerable disruption that is eroding neighborhood character. Many residents are calling for stricter rules, tighter enforcement and greater accountability over rentals, with some advocating entirely barring STVRs from single-family neighborhoods.

STVR reps and proponents have countered that a few bad operators are giving the entire rental industry a bad name. They insist the answer is to better enforce existing regulations rather than make wholesale changes with them.

SGLU chair and District 2 Councilwoman Lorie Zapf, who represents Ocean, Mission and Pacific beaches, called the committee's action an "important first step," adding "this is going to be a long process."

Alvarez, on behalf of the city, assumed blame for the STVR situation getting out of hand.

"We need to apologize to everybody because the city has not been doing our job, we have been failing by not enforcing some of our laws that exist today," Alvarez said.

Responding to the SGLU Committee's deliberation on STVRs, Julie Anderson of Point Loma said, "Although this does not appear to be as large a problem in our area as it is in Pacific Beach, it is still an

Trash cans available for coastal residents

Councilmember Lorie Zapf has partnered with the Environmental Services Department to make a limited number of trash cans available for District 2 residents. The deadline to request a replacement trash can is Friday, June 12. First come, first served.

If your black trash can is broken, cracked or taped up to keep it from falling apart, contact Zapf's office to see about getting a free replacement. If you are in need of a replacement, take a picture of your broken trash can; take a picture of the serial number on the trash can; record the names of residents, address and phone number (email if possible); write a brief description of the issue with that trash can; and email this information to LorieZapf@sandiego.gov / Subject: Broken Trash Can.

intrusion on the property rights of peoexpectation of living next door to a neighbor – an intrusion even if there is only one STVR within a few-block

"Noise has been the biggest issue, but underlying this is the far more significant problem - the removal of neighbors from neighborhoods. Neighbors create the character and cohesiveness of a neighborhood – something that is diminished each time a whole-house STVR replaces a long-term neighbor. Anderson believes the City Council needs to come up with a solution that considers the property rights of both

"Taxation, limiting numbers through permits, creating and enforcing regulations, and revoking permits of offending STVRs are a start," she said. "But the council must also consider the negative effect of the loss of neighbors in residential neighborhoods as they are replaced by these businesses. I am afraid, from what I heard at the May 29 meeting, that this most important factor is being overlooked in the rush to get some relief via regulation and enforcement."

Roseville resident Korla Eaquinta had a similar take on the situation.

"Unfortunately, vacation rentals can bring large groups of people into residential neighborhoods causing congestion, parking, noise, garbage and securitv issues.

"... These short-term rentals in residential neighborhoods go against the intent of residential zones. The real danger of short-term rentals seems to be harming neighborhoods by displacing long-time tenants in search of fast, seemingly easy money. The results can be fewer places on the rental market, increased evictions and rising rents."

Eaquinta proposed one possible solu-

"Maybe there's a way to limit the conple who bought their home with the centration of short-term rentals within certain areas," she said. "I believe Roseville, which is already overburdened with high-density development, would be in high demand for vacation rentals while other areas of the Peninsula would not be affected as much.

> "Maybe these problems can be curbed by finding a balance between regulation, legislation and reasonable taxation. I understand the city would like a slice of the vacation rental revenue pie, but please do not let that be your entire motivation. Please protect our neighborhoods by limiting and regulating shortterm vacation rentals.'

> At the May 29 committee hearing, Gloria acknowledged concern about the need for greater code enforcement of STVRs while noting money needs to be included in the current city budget to accomplish that.

> Council colleague Scott Sherman said "we need to have clear-cut rules" when it comes to STVRs and their enforce-

> All four council and committee members agreed that any changes to STVR policy in a new city ordinance needs to be vetted with the public via the community planning group process, before ultimately coming back to the SGLU Committee for review and then be sent along to the full City Council for final action.

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Commuter Terminal traffic moved to Terminals 1 & 2

San Diego International Airport has announced that, since June 4, airlines previously operating out of the Commuter Terminal have been relocated to gates in Terminals 1 and 2.

There will also be discussion of airline-related issues at the next meeting of the Midway Community Planning Group (MCPG) 4 p.m. on Wednesday, June 17 at San Diego Community College West City Campus, 3249 Fordham St., Room 208.

"We will have a presentation from the airport about the new rental car center currently under construction on Pacific Highway," said MCPG chair Melanie Nickel. "The presentation will be specifically about the external appearance of the building, as seen from the Pacific Highway / I-5 / Bankers Hill side. It's what the airport describes as the 'public art' on that side. Many of us have wondered what the facility will look like from our communities."

Relocation of service from the Com-

muter Terminal to the main airport terminals was necessitated, in part, by airlines that fly to Los Angeles from the Commuter Terminal replacing smaller aircraft with larger, more efficient planes. To better accommodate these larger aircraft and streamline the passenger experience, airlines have relocated to the following locations:

• United flights to Los Angeles operated by United Express now provide service to Terminal 2 West, using the airlines' existing facilities in Terminal 2.

• American Airlines flights to Los Angeles operated by American Eagle have relocated to Terminal 2 East, also using the airlines' existing facilities.

 Seaport Airlines has moved its air service to the west end of Terminal 1.

Passengers on flights that previously used the Commuter Terminal will now have the opportunity to experience the new dining and shopping options and other amenities offered at Terminals 1 and 2.

How to save thousands when selling your home

When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range.

Your asking price is often your home's "first impression," and if you want to realize the most money you can for your home, it's imperative that you make a good first impression.

This is not as easy as it sounds, and pricing strategy should not be taken lightly. Pricing too high can be as costly to a homeseller as pricing too low. A recent study, which compiles 10 years of industry research, has resulted in a new special report entitled "Homesellers: How to Get the Price You Want (and Need)." This report will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell at the price you want.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how to price your home to your maximum financial advantage.

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Tom Chapman



PLHS students teach San Diegans to Waste No Water

Their video 'Water Cops' wins city's film festival

BY DAVE SCHWAB | THE BEACON

Point Loma High School freshmen Austin Correia and Trevor Sykes will not only be going "to" movies this summer. Their own 30-second film, "Water Cops," which won the grand prize in the seventh annual San Diegans Waste No Water Film Contest, will be playing "in" theaters.

The Point Loma pair outcompeted some 100 other 30-second film spots about saving water made by college students. Point Loma was the only high school to enter the city-sponsored con-

The boys' film, which they wrote, shot with a Canon video camera, acted in and directed, will play in AMC Mission Valley, AMC Bonita and Edwards Mira Mesa Cinema all summer long before each

freshman Tyler Pasela, who came in third place for his film "Cat Possible."

The City of San Diego's 2015 Waste No Water Student Film Contest challenges eligible high school and college students to create 30-second public service announcements that emphasize the importance of responsible water use.

The youths' cinematic success was a big surprise — especially to them.

"I didn't know if I wanted to enter or not: I didn't think it (film) was good enough," confided Correia, adding, "In the end we said, 'We worked on it. Let's just enter it.' Two weeks later we found out we were in the top 10. Two weeks after that, we found out that we'd won."

The cinematic freshman students'

PLHS cinematic arts advisor, Anthony Palmiotto, enthused about their underdog achievement.

"PLHS' Cinematic Arts program kicked 'Common Core butt' as two student projects won first and third place, and Point Loma was the 'only' high school from San Diego represented in the contest," Palmiotto said. "It was so awesome to see my young guys beat teams of 22-year-olds."

The PLHS instructor thanked the City of San Diego for staging the water-conservation film contest noting, "It is so awesome to be able to incorporate practical, real-world topics like the importance of water conservation with my curriculum. Things like the annual San Diegans Waste No Water Film Festival make learning fun and make San Diego a great place to live, learn and teach."

The budding film directors discussed Honorable mention also goes to PLHS
their water-conservation film and what

> "I had the idea of doing something with cops arresting somebody for wasting water," said Correia, adding he had a little brother and cousin who were recruited to play police officers in the film. They pull up in their mini-police cruiser and cite a water waster.

> "Trevor (Sykes) was in a lawn chair sleeping with a hose running wasting water," said Corriea. "Then these two little kids pull up in a cop car and go over and write him a ticket. As they walk toward him they step on the hose and the water stops.'

Then in the film, Sykes reads the citation, which says, "Waste No Water."

"Then the cop steps off the hose and



Austin Correia, Zachary Correia and Trevor Sykes on the red carpet.

it sprays the person wasting water straight in the face," Correia said.

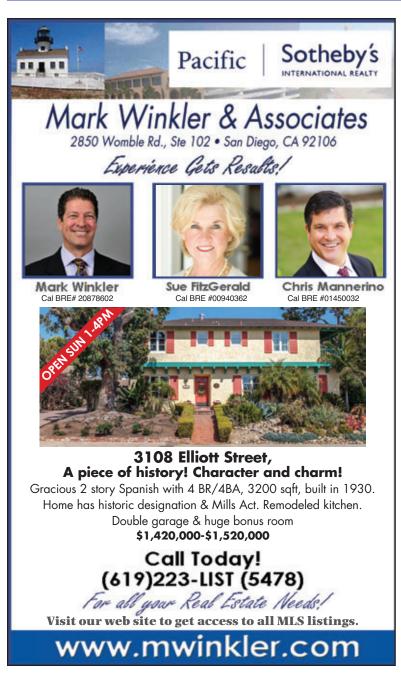
The film's concept, Correia noted, was to "show people you can get in trouble for wasting water. Nowadays, you can be fined for wasting water."

Correia pointed out that, for he and Sykes, it was an almost daunting task to pack an entire message into such a short span of time, 10 seconds of which was reserved for the title and credits.

"It was a real challenge to put a whole story into 20 seconds," said Sykes.

"We took a good three or four hours of video," said Correia. "It took us three days to edit it down, pick and choose which clips we liked. At the end, we had to have the footage cut down into 20 seconds."

All 10 student finalist water-conservation films can be viewed from the San Diegans Waste No Water Facebook page and on YouTube.





Point Loma valedictorian and salutatorian have ambitious plans

High school's commencement ceremony is Monday, June 15

By SCOTT HOPKINS | THE BEACON

The standard grading system used in five letters A, B, C, D and F.

However. the valedictorian and salutatorian of Point Loma High School's class of 2015 have never seen the last four on a report card. Not in required courses, not in honors, advanced placement or college credit courses.

From their entry as freshmen at PLHS in 2011, both valedictorian Jaclyn Estrin and salutatorian Kayla Meyer have earned As in every course undertaken. Their academic records are virtually

Estrin compiled a 4.85 grade point average when certain advanced placement and honors courses used a scale awarding five points for an A.

identical.

And Meyer was right behind at 4.82, the only difference being a calculus math class she took at Mesa College for extra credit that did not go on her transcript.

Estrin is the daughter of Doreen and Marvin Estrin. Meyer's parents are Kari and Scott Mever.

Both honorees have ambitious plans. Estrin will enter UC Berkeley, where she plans to major in sustainable environmental design.

"I think our generation has an opportunity to make a difference in the world," Estrin said, "and I think through this major I can add to making that difference with a career in corporate sustainability or environmental law."

Meyer is headed to Northeastern University, in Boston, where she will major in biology with tentative plans to enter medical school afterward.

"I really want to experience seasons area secondary schools consists of the and see snow while in a big city on the East Coast," Meyer said.

> Both singled out veteran advanced placement English instructor Jon Posternack as a teacher who influenced their

> "He taught the class as if was a college class," Estrin recalls, "and introduced us to what a freshman seminar would look like."

> Meyer also fondly recalls her junioryear calculus teacher, Dr. Hughes, who is no longer on the Pointer staff.

> "She was amazing," Meyer said. "In class, she offered great support and helped me through the college application process. I had a great connection with her."

> Competing against other schools as part of the PLHS Academic League stood out in Estrin's memory because "We took first in our division and region, and it was televised."

> "I loved Spirit Week!" Meyer said. "I dressed up every day, including Harry Potter Day, when I was 'The Snitch.' I also loved the sports events. I'm a huge Point Loma fan, and I have so many awesome memories of being on the field hockey team."

Both offered encouraging words for future Pointers.

"The staff is really supportive; the students are great. We all educate each other; we all work together," Estrin observed.

READ MORE ONLINE AT sdnews.com



Valedictorian Jaclyn Estrin, left, and salutatorian Kayla Meyer flexed their academic muscles often in becoming the top two students in Point Loma High School's Class of 2015, receiving grades of 'A' in every class taken.

PHOTO BY SCOTT HOPKINS



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Virginia Weber Laskowitz Estate Attorney

desires. However, professional Trustees can be very costly and normally persons with Living Trusts will act as their own Trustees.

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Announcing the 22nd Annual Peninsula Beacon AMATEUR Photo Contest

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Deadline for entries is Tues. June 23, 2015

Photos taken over the past year (June '14-June '15) may be entered!

Enter your best photo portraying the Peninsula area taken in the past year. Photos will be displayed at the Beacon booth during the June Ocean Beach Street Fair. The public will vote for their favorite pictures. Prizes will be awarded for the top 3 photos & winning photos will be published in the Beacon.

Entries may be dropped off at: The Beacon Offices 1621 Grand Ave. 2nd Floor., Pacific Beach (Above Wendy's Restaurant) or Mailed to: The Beacon ATTN: Photo Contest, 1621 Grand Ave., Ste C San Diego, CA 92109

Earlier start times for some Point Loma cluster schools causes controversy

BY DAVE SCHWAB | THE BEACON

A recent decision by Point Loma Cluster School parents who voted in favor of an earlier start time for Dana Middle and Sunset View and Loma Portal Elementary schools for the 2015-16 year has some parents crying foul.

The Point Loma cluster of schools includes Point Loma High and its feeder schools — Correia and Dana middle schools as well as Silver Gate, Cabrillo, Dewey, Loma Portal, Ocean Beach and Sunset View elementary schools.

Dana Middle's hours will be changed from 9:05 a.m.-3:45 p.m. to 7:35 a.m.-2:15 p.m. Hours for Loma Portal Elementary will be changed from 9 a.m.-3:20 p.m. to 8:20 a.m.-2:40 p.m. Sunset View Elementary's hours will change from 9:05 a.m.-3:35 p.m. to 7:40 a.m.-

Those proposed new start times, approved by the San Diego Unified School District Transportation Department, will allow all Point Loma cluster schools to be 100 percent aligned while meeting the district's requirement to be fiscally conservative regarding bus routes.

The vote supporting changing bell times at Dana Middle was 327 votes (64.9 percent) in favor versus 177 votes (35.1 percent) against. At Loma Portal, the vote was 102 votes in favor (50.25 percent), with 101 votes (49.75 percent) opposed.

As a result, the decision has been made to change the bell times for Loma Portal Elementary and Dana Middle for the 2015-16 school year.

"The principals in the Point Loma cluster schools support the proposal to align the start times within the nine schools in the cluster," said Dana Middle School principal Scott Irwin.

'The principals in the Point Loma cluster schools support the proposal to align the start times within the nine schools in the cluster.'

SCOTT IRWIN DANA MIDDLE SCHOOL PRINCIPAL

"Our goal is to use vertical and horizontal alignment to sustain and support best practices in education that empower each child with knowledge, skills and values necessary to become confident, self-sufficient adults and global citizens. This will not only meet the needs of the Point Loma families but will also optimize the educational alignment training and teaching practices between all nine Point Loma cluster schools."

Irwin noted the new starting-time alignment provides parents, staff and students the opportunity to be better informed about previous and future expectations.

"The principals in the cluster are committed to providing professional development opportunities for staff members on Thursday afternoons," he said. "The alignment of start times will provide staff members from different schools with a common time after school to meet, collaboratively plan lessons and units and develop common goals and expectations both vertically and horizontally across the cluster."

Loma cluster schools are committed to "preparing students for success through the school transitions, from elementary to high school. Vertical alignment in the area of academic, social/emotional needs and executive functioning skills is critical to ensure seamless transitions and optional growth for our students."

The district outlined several reasons for the school start-time change, includ-

- · Increased vertical and horizontal alignment strengthens the instructional program.
- Families with students at multiple schools have expressed frustration with start times that vary by up to $1\frac{1}{2}$ hours.
- An earlier start time provides greater access by students to after-school activities like soccer, ballet and baseball.
- The change enhances safety by supporting working parents who begin their days before 9 a.m. by reducing the number of nonsupervised students on campus before school.
- The time change will reduce the cost of providing late busses for after-school activities.

But not all parents in the three affected schools, like George Rutt, who has a child at Dana Middle, are sold on the rationale for making the school start-time change.

"I'm concerned the recent voting procedure used to change the start time for Dana fifth-to-sixth grade school was flawed and may result in a dangerous situation," said Rutt. "There was no traffic study done prior to the parent voting for the time change, and any arguments for and against the time change were limited and not distributed to the parents prior to voting."

Irwin added the principals in Point READ MORE ONLINE AT sdnews.com

San Diego PTA announces climate change resolution

The San Diego Parent-Teacher Associ- Climate Action Campaign. ation held a press conference on May 26 announce its passage of a climate change resolution.

The resolution, called "Climate Change is a Children's Issue," has subsequently been passed by the state association and will go to the national association late in the year.

The resolution was a joint effort between the San Diego association and the local climate watchdog organization town Library, is reportedly already work-

"The resolution," said Derby Patat the Downtown Central Library to tengill, a representative with the San Diego Unified Council of PTAs, "says that California State PTA and its members should educate parents on the impact of climate change on children's health and welfare.

> "We also ask schools to support climate safe programs and strategies in our school districts."

E3 Civic High, located at the Down-

ing toward safe changes. Ana Little-Sña, a 10th grader at E3 Civic High, said, "We are working on implementing acrossthe-board changes. Projects that help our school through very positive and inexpensive ways like recycling, urban gardening and composting."

Representatives of Climate Action reportedly hope that programs like those at E3 High continue to pop up in schools across the state.

- Tricia Warrens

7 Things You Must Know Before Putting Your Home Up for Sale

A new report has just been released which re- As the report uncovers, most home sellers make 7 make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling a home have become increasingly less and less effective in today's market. The fact of the matter is that 75% of home sellers don't get what they want for their homes and become disillusioned and - worse financially disadvantaged when they put their homes on the market.

veals 7 costly mistakes that most homeowners deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In response to this issue, industry insiders have prepared a free report entitled "The 9 Step System to Get Your Home Sold Fast and for Top Dollar".

> To hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-800-691-9384 and then enter ID# 2000. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to find out how you can get the most money for your home.

Student foodies plate top dishes

Tacos and avocados win school district's Kid's Create Recipe Contest

By DAVE SCHWAB | THE BEACON

Two Point Loma cluster students have won a San Diego Unified School District recipe contest, and their concoctions will be on next year's menu.

Ocean Beach Elementary School fourth-grader Zarai Rosenzweig-Bullard took first place in the K-5 age group and won an amazon Kindle for her "Terrific Turkey Tacos."

Correia Middle School eighth-grader Ava Marie Bunn also claimed first place in the grades 6-12 category for her "AVAcado salad."

"This is the second year we had the recipe contest in school district's Food and Nutrition Services Department," said Joanne Tucker, the department's marketing coordinator, noting that the school district had previously always had students "testing new recipes and products" but never before actually creating their own dishes. The district decided to take things to the next level — and it really paid off.

"You can tell there are really some budding chefs out there," said Tucker. "We loved the creativity of the kids who really stepped up to the plate and drew pictures, took pictures; even some of the older kids sent in videos (of their recipes). We wanted recipes that kids would like, that were different and that we could put on our menu. That's what we got."

The winning AVAcado salad recipe includes tortilla strips and red peppers as well as garbanzo and pinto beans. Rosenzweig-Bullard's culinary delight



Joanne Tucker, SDUSD Food Services coordinator, Robin Rosenzweig (mom), Zarai Rosenzweig-Bullard and Ocean Beach Elementary principal Marco Drapeau

PHOTO CONTRIBUTED

Monterrey Jack and cheddar cheeses along with avocado, sour cream, lettuce and tomato.

The second annual Kid's Create Recipe Contest was open to individuals and small groups of up to three students. The younger kindergarten to fifth-grade students were charged with creating a personal recipe for the district's new Taco Tuesdays menu, coming next fall. featured not only ground turkey but Students were asked to list ingredients

'We wanted recipes that kids would like, that were different and that we could put on our menu.'

JOANNE TUCKER SDUSD FOOD SERVICES

and provide step-by-step instructions.

The task for culinary aspirants in grades six to 12 was to create an entrée salad containing greens, fruit and whole grain pasta or whole grain rice.

Tucker added all student contest recipes submitted had to meet the school district's new nutritional guidelines.

"They had to contain some kind of whole grain and some protein source giving options and other ingredients," she said. "They had to be fresh, healthy ingredients."

The first-year contest recipe winner had its creator's name immortalized on the district's menu for this year as "Jacob's Veggie Rice."

"We use the student's name in some fashion," said Tucker.

Noting the district is "always looking for simple, fresh, healthy recipes to add to student menus," Tucker added the kid's recipe contest has proven to be a great way for the district to share its message with both students and the community that "it serves fresh and wholesome food daily at every school throughout the school district."





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Powder Puff

The annual Powder Puff flag football game at Point Loma High School took place last week, matching the senior girls against the junior girls. A new twist this year was scheduling the game after senior prom so the Class of 2015 girls didn't have to hold anything

Coached by members of the school's varsity football team and with energetic cheerleading provided by the boys, the senior girls romped to a decisive 34-0 victory, prompting a raucous post-game celebration. (Top) The senior boys show off their cheerleading skills. (Left) A junior ball carrier tries to outrun the seniors' defense.

PHOTOS BY SCOTT HOPKINS



High Tech High softball makes history with its first CIF title

By TRICIA WARRENS | THE BEACON

The sun had disappeared beyond the RIMAC Annex building on the campus of UCSD. The lights were flickering to life in preparation for a night game, and 15 girls dressed in powder blue jerseys stood ready to play.

"Live for this moment," said High Tech High coach Vince Ichihara. "It's not every day you get to play in a championship game.'

For the Storm, that statement could not be truer. After 10 years of having a softball program, the team had reached, and then won, its first CIF championship

The opponent was offensive powerhouse Oceanside. Just the day before, they had handed us a landslide defeat 19-6.

That loss might just have been a gift in disguise. We went into the championship game as the underdog; we weren't "supposed" to win. Oceanside thought it had the game in the bag, but it hadn't seen the "real" Storm the day before.

We came out and played with heart and enjoy the moment.

"We were all having so much fun," said junior infielder Taylor McClintic. "We were cheering and dancing before and during the game, and I don't think that our team has ever been closer."

It was the team bond we displayed and played with that led to our 8-3 victory.

Jamie Wilkinson, a junior left fielder, led the team on offense with two RBIs from two singles. But it was the performance turned in by freshman pitcher Abigail Sebert that led the team to victory. Sebert, the likely Frontier League Pitcher of the Year, induced many popups and ground balls and allowed Oceanside just three runs from five hits.

Though Sebert looked relaxed and unfazed by the stage she was pitching on, she was quick to acknowledge that wasn't necessarily the case.

'It was very nerve-wracking," she said in a post-game interview. Sebert fittingly recorded the last out of the game on a ground ball come-backer and toss to first base. "Midway through my throw, I realized we had won, and it made me happy."

Ecstatic might be a more appropriate and intensity but made sure to have fun term to describe the emotion we all felt as we came together in celebration following



Top row, left to right: Whitney Wilkinson, Vince Ichihara, Destiny Richardson, Chloe Remley, Victoria Hatch, Audrey Ramirez, Taylor McClintic, Ariana Gambala, Janina Remley, Abigail Sebert, Tricia Warrens and John Warrens. Bottom row: Eliana Garcia-Gutierrez, Aijah Jones, Carmina Nicolas, Jamie Wilkinson, Bella Casares, Carly Mitchell and Eric Remely.

the final out.

The victory was the first CIF title for the High Tech High softball program, but more important, it was the first CIF title for High Tech High athletics. A very exciting feat indeed.

None of our players was more excited than our sole senior, Carly Mitchell, playing her last game in a High Tech High softball jersey.

"I've loved seeing our team progress over four years, going from barely winning league to taking over our division," Mitchell said. "We made history!"

Tricia Warrens is a junior at High Tech High, a center fielder for the Storm and a spring intern with The Peninsula Beacon.

Pointers baseball playoff run ends at San Ysidro

BY SCOTT HOPKINS | THE BEACON

The Point Loma Pointers' first playoff appearance in the last four years came to an end last week when they were eliminated from CIF Div. II play by San Ysidro's Cougars on the South Bay school's diamond.

The victory sent the Cougars to the section championship game where they defeated La Jolla last Saturday. If the Pointers had prevailed in the doubleelimination tournament, the two teams would have met once more to determine who advanced.

The Pointers (18-14 overall, 7-5 for third place in Western League) took leads of 1-0 and 2-1 but were unable to contain the Cougars (30-3 overall, 6-0 and Metro South Bay League champions) in a 4-2 loss that saw all runs scored in the first two innings.

Cole Lemmel led off the game for the Pointers with a high fly ball to right field that was lost in the sun by the Cougar fielder, with Lemmel racing all the way to third base for a triple. A sacrifice fly by Seth Urbon scored Lemmel.

In the second inning, it was Lawrence Perez lofting another fly to right field where, again, the Cougar defender lost the ball in the sun. Perez was credited with a double, and Frank Rogozienski laid down a sacrifice bunt to move Perez to third base. Starting pitcher Clay Palmer then drilled a clean double to plate Perez for what proved to be a shortlived 2-1 margin.

While the Pointers totaled seven hits and weren't overpowered by senior Cougar ace Jose Torres, they were unable to get key hits with runners in scoring position. Torres pitched his first complete game of the year, improving his record to 8-1 with a 1.17 earned run average.

The Pointers struck the ball well, but often at Cougar infielders, who played

In contrast, many of the eight Cougar hits off starter Palmer and reliever

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· Chili Cook-Off Competition (11am - 2pm) · Beachside Beer Garden

Bloody Mary Competition (11am - 2pm)
 Hodad's Burger Eating Contest

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COUNTRY

ROCKIN REBELS

1:20 - 2:00pm

NEIGHBORS

TO THE NORTH

2:00

Chili Cook-Off Awards

Hodad's Burger

Eating Contest

2:45 - 3:30pm

ATLANTIS

RIZING

4:00 - 5:00pm

GROOVESESSION

5:30 - 6:30pm

BROTHERS GOW

7:00 - 8:00pm

BIG MOUNTAIN

Blues, R&B, World

10:00 - 10:40am TRAVIS OLIVER

11:00 - 11:40am THE HOMESICK HITCHERS

12:00 - 1:00pm RHYTHM & the METHOD

1:30 - 2:30pm **BI-POLAR EXPRESS**

3:00 - 4:00pm **ASS POCKET** WHISKEY FELLAS

> 4:30 - 5:30pm **QUEL BORDEL**

6:00 - 7:00pm THE SHIFTY EYED DOGS





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WONDERLAND CHILDREN'S AREA

Named after the first amusement park in OB! Tons of fun for the little ones next to US Bank. Lots of new rides, games and slides. Don't miss the fun!

THE CHILI COOK-OFF (they have their own hours: 11am-2pm) at the foot of Newport Ave. Amateur cooks with original recipes compete compete for prizes. OB Town Council helps us man this signature event. Shades Oceanfront Bistro hosts the "Committee Chili"!signature event.

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Stage for all those thirsty adults! Check them out in the morning for the Bloody Mary Contest with local bars & restaurants participating and a Hodad's Burger-eating Contest and the afternoon!

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located in the center of the event (in front of Wings) and learn to play an instrument and sing in less than 10 minutes.

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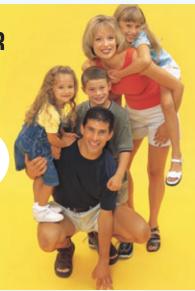
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Don't Miss the Farmer's Market



MAKE DAD'S DAY! Father's Day is June 21st (and don't forget the grads)

a brew at a sports bar, or go all out and toast the town with him at any one of a number of great Peninsula eateries. Whether your dad's tastes are simple or more cultivated, you can find just the right place to take him to celebrate his special day in OB. Here are a few options:

THE VENETIAN

3663 Voltaire St., Point Loma, (619) 223-8197,

venetian1965.com

Treat Dad to The Venetian's award-winning Italian cuisine (including what critics call some of San Diego's best pizza), in a relaxed setting and casual atmosphere. Highlights of the menu include bruschetta, seafood pastas, chicken and veal piccata, and thick or thin-crust pizzas with either traditional or trendy toppings. A full bar and extensive wine list are also available. Whatever Dad chooses, he's in for a delicious Father's Day. Having a Grad party? Reserve our Banquet room for parties up to 16.

WONDERLAND OCEAN PUB

5083 Santa Monica Ave., 619-255-3358, wonderlandob.com If dad would like a great view dining out on June 21, Wonderland overlooking Ocean Beach is hard to beat. The eatery is an American restaurant and sports bar whose menu features burgers, seafood, craft beers and margaritas, with beach and ocean views

WOW CAFE

On the pier at the end of Newport, (619) 226-3474

Make it a special Father's Day-treat Dad to Breakfast, lunch or dinner at WOW Cafe. He'll love the Mango Pancakes for breakfast or the Fish & Chips or Lobster tacos for lunch or dinner. You'll also find many of his other favorites. You can even take him fishing off the pier when you're done (no license required). We guarantee when he leaves he'll be saying "WOW"!

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2253 Sunset Cliffs Blvd., 619-224-0606,

kaserhofrestaurant.com

If your ohm papa is partial to German cuisine, look no further than this OB eatery which has been voted the best German restaurant in all of San Diego for more than 30 years. Chef/owner Peter Bolter said Father's Day is big at Kaiserhof, which is proud to serve the best selection and the widest variety of excellent veal, pork and beef. "We'll do a soup and salad bar with our special Sun-

On this Father's Day Sunday, June 21, treat your dad to a brat and day brunch on Father's Day which includes a glass of champagne from 11 a.m. to 3 p.m.," said Bolter who added there will be specials on steaks and venison on the holiday. And don't forget Kaiserhof's biergarten which features liquor and cocktails, 14 draft beers - 12 imported and two domestic - as well as more than 30 fine wines.

BO-BEAU KITCHEN BAR

4996 W. Point Loma Blvd., 619-224-2884,

cohnrestaurants.com/bobeaukitchenbar

Treat dad to a taste of the delectable cuisine offered at this charming French-inspired bistro. BO-beau will be serving its regular menu from 4:30 to 9 p.m. Dad can try favorites such as BO-beau's Famous Crispy Brussel Sprouts or the Brown Butter Seared Scal-

OB WAREHOUSE

4839 Newport Ave., 619-222-1700,

cohnrestaurants.com/obwarehouse

Celebrate Father's Day at OB Warehouse, Sunday, June 21st treating him to Chef Elias' scrumptious Sunday brunch classics like the Breakfast Sat/Sun 9am-1pm Linguica Frittata and the Croque Monsieur.

NEWPORT PIZZA & ALE HOUSE

5050 Newport Ave., 619-224-4540

If dad likes pizza he'll find plenty of choices here. Try the "Hasselhoff" white pie with tomatoes, basil and ricotta cheese. You won't be disappointed. And if he likes beer, there are 24 craft brews to choose from and 100 bottled beers!

PIZZA PORT

1956 Bacon St., 619-224-4700

The Pizza Port family's reputation for great foods and craft beer continues to grow. Bring dad here on Father's Day and discover why this establishment has become the talk of the town.

THE 3RD CORNER WINE SHOP AND BISTRO

2265 Bacon St., 619-223-2700, the3rdcorner.com

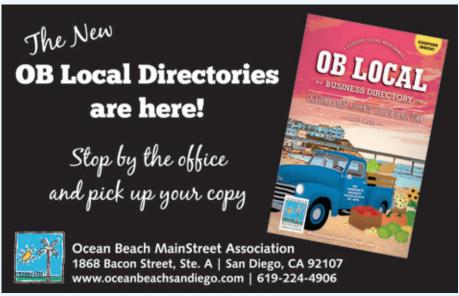
This sophisticated neighborhood restaurant has a unique and affordable concept combining a retail wine shop with a true California Bistro menu. Guests can choose from more than 800 international wines and champagnes with a \$5 corkage fee. The restaurant offers Saturday and Sunday brunch from 10 a.m. to 3 p.m. now with bottomless champagne mimosas. On Father's Day 3rd Corner will be serving its usual Sunday brunch and pre-fix menu.























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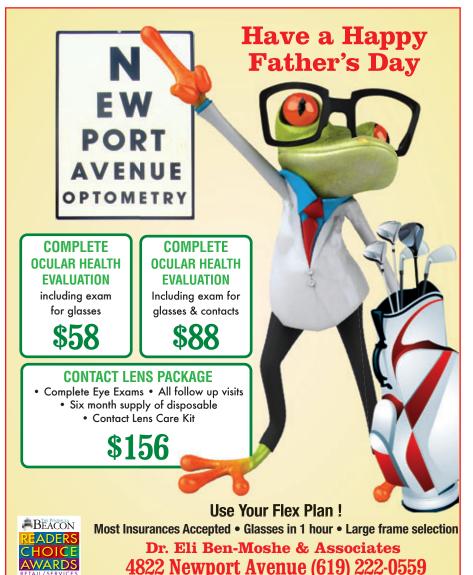
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Summer boat show returns to Harbor Island June 18-21

BY NICOLE SOURS LARSON | THE BEACON

Mexican boating seminars, multiple sportfishing exhibits and superyachts galore, plus free sailing lessons aboard the Sailing Simulator, highlight the annual summer in-the-water international boat show.

The Progressive Insurance San Diego International Boat Show splashes into the Sheraton Harbor Island and Spanish Landing Park on Thursday, June 18, continuing through Sunday, June 21.

Show hours are noon to 7 p.m. Thursday and Friday, 10 a.m. to 7 p.m. Saturday and $10\ a.m.$ to $6\ p.m.$ Sunday. Tickets are \$12 for adults, with children 15 and under free and active military, police and fire personnel free with ID. Advance tickets purchased online are \$10.

This year's bigger show boasts about 140 boats, over 100 vendors, more than 30 educational seminars and about 15 superyacht exhibits ranging from 70 to 125 feet.

"We're seeing a resurgence in the recreational boating market. People are getting back into boating in a bigger way. There's a boat for every budget at the show," said Dave Geoffroy, vice president of sponsoring organization National Marine Manufacturing Association.

"Boats are becoming greener, more efficient. You can take a boat out now and run it all day, whereas 10 years ago you'd have to refill its tanks two or three times. " he added.

NMMA's boat shows emphasize interactivity, Geoffroy explained, including kids' activities. People can take powerboating or sailing lessons or learn about fishing, SCUBA, kayaking or stand-up paddleboarding.

Expect to see vessels ranging from personal watercraft, paddleboards, kayaks, dinghies, inflatables and trailerable boats to midsize sail and powerboats through luxury supervachts.

South Coast Yachts will be doubling its exhibit space, showing eight new Bénéteau yachts, both sail and power, ranging from 35 to 55 feet, explained Barrett Canfield, South Coast's president. Four new boat models will debut at the

SAN DIEGO INTERNATIONAL B<u>oat</u>

WHERE: Sheraton Harbor Island and Spanish Landing Park

WHEN: Thursday, June 18, continuing through Sunday, June 21.

HOURS: Noon to 7 p.m. Thursday and Friday, 10 a.m. to 7 p.m. Saturday and 10 a.m. to 6

TICKETS: \$12 for adults, with children 15 and under free and active military, police and fire personnel free with ID. Advance tickets purchased online are \$10.

delivery.

"We're very excited having this show to start off the summer. It brings out more people encouraged by the warm weather who know they can use their newly purchased boats right away," Canfield said.

This year, over 100 vendors will exhibit under tents in Spanish Landing Park, offering an array of boating accessories such as electronics, canvas, anchors and other marine gear as well as boating services.

Attendees can choose from dozens of educational seminars and skill-building clinics, on the water and on land, focusing on boating in Mexico, sportfishing and both sail and power boating subjects, including boat-handling and seamanship, docking and maintenance and

The show website lists both free seminars and Discover Boating's hands-on skills training, for which advance registration is recommended and extra charges apply. Fees for each Discover Boating clinic include same-day boat show admission.

The family-friendly boat show offers food for sale from the floating Fiddler's Green Tiki Bar, the Rotary Club's BBQ and gourmet food trucks. Paid parking is available at the lot adjacent to the hotel.

The show is located near the Sheraton Harbor Island Hotel & Marina, 1380 Harbor Island Drive.

show, and all are available for immediate READ MORE ONLINE AT sdnews.com

CONTINUED FROM Page 1

into the creation of a pop culture sensa-

"It's such a pleasure for us to have our first exhibit around Kevin Eastman." said IDW CEO and publisher Ted Adams at the grand opening ceremonies on June 4. "Kevin is not just an extraordinary artist, he's an extraordinary guy.

"He's just unbelievably sweet and kind and he's the kind of friend who is always there for you. I can't tell you what it means to me personally, I get a little teary eyed thinking about it, but he's such a great guy," said Adams, whose company secured the rights in 2011 to publish a new series of Teenage Mutant Ninja Turtles and reprint the older comics.

During the past 15 years, IDW has grown by leaps and bounds and in April relocated their headquarters, due to business expansion, from Pacific Beach to the historic NTC in Liberty Station. As part of this move, IDW made plans to create the San Diego Comic Art Gallery and include it as part of its offices. The space is San Diego's only gallery completely dedicated — tles to hang out," said Ziter.

to sequential comic book art, which makes it a perfect extension to the city's annual Comic-Con International event.

"For IDW to be a part of NTC Arts & Culture District is just going to absolutely transform our company in significant ways," said Adams, whose grandfather went through NTC while training for duty in World War II. "It's just only been a couple of weeks here and it has completely changed the attitude and made us more creative, and I think it's a better company already."

Alan Ziter, NTC Foundation executive director, noted that from 1923 to 1997 nearly two million men and eventually women did their basic training here for military service. "It's a place that helps shape young lives and set them on a path for life," Ziter said. "It's a place where heroes come from."

And also, apparently, where a group of stealthy terrapins would feel at home. It seems that running beneath the pathways between Barracks 2 and Barracks 3. where IDW is located, are all the old steam pipes for the pump station that used to provide heat to the buildings.

"It's a perfect place for the Ninja Tur-

Beacon's amateur photo contest is back

The Peninsula Beacon's annual 2015. Possible locations include Ocean is allowed. your best photo portraying the Peninsula area taken since June 2014 and let our readers decide its fate.

Photos will be displayed at the Peninsula Beacon booth during the Ocean Beach Street Fair and Chili Cook-Off Festival on Saturday, June 27. The public will vote for its favorite pictures. Prizes will be awarded for the top three photos, which will be published in the Beacon. Deadline to receive entries is Tuesday, June 23.

Contest rules:

• Photos must be taken by an amateur photographer and must have been shot in the 92106 or 92107 ZIP codes between June of 2014 and June of

Amateur Photo Contest is back. Enter Beach, Point Loma, Shelter Island, Loma Portal or the Sports Arena/Midway District. The subjects of eligible photos may include anything in the area suitable for public viewing.

• Do not email photos. Instead, drop them off or mail them to: The Peninsula Beacon, Attn: Photo Contest, 1621 Grand Ave., Suite C, San Diego, CA

- Retouched, Photoshopped or computer-enhanced photos will not be accepted.
- Color or black-and-white prints are eligible. Slides are not allowed. Entries should be no larger than 8 by 10 inches and no smaller than 3 by 5 inches. Please don't send a framed photo.
 - Only one entry per photographer

- · Amateur photographers only, please. A professional category may be on display but is not a part of the judg-
- · Include photographer's name, address, phone number, date the photo was taken and a brief description of the
- The safe return of entries is not guaranteed. Remember, these photos will be mounted for public display expect some wear and tear.

Photos may be picked up at the Beacon office beginning Wednesday, July 1.

As long as you're visiting the Ocean Beach Street Fair and Chili Cook-Off Festival, be sure to come by and check out the Peninsula Beacon's booth and



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NEWS

SPACE

CONTINUED FROM Page 1

just crumbles. It's built on very weak, easily erodible sandstone."

Abbott pointed out rainwater soaks into the ground and gradually works its way down behind the cliff face eventually undermining the soil, as well as the manmade concrete, that has been used to support the cliff.

Abbott added that an inspection of the site revealed "large chunks of broken concrete" that have collapsed, and in collapsing they have "broken water drainage pipes" in the cliff that are leaking water, which is accelerating the erosion.

"A lack of due diligence on the property is accelerating the problem with the collapse of these large chunks of concrete leaving void spaces big enough for people to go inside," Abbott said.

James Gartland, a marine safety lieutenant for San Diego Lifeguards, said authorities were first alerted to the presence of the so-called cave by nearby condo owners who were concerned that the depression may have been created by someone deliberately digging out the cliff face. He said that's unlikely.

"They (homeless) may have flattened it out, but there's no way they dug it out," Gartland said. "It looks pretty clearly eroded."

Abbott concurred that homeless people probably didn't dig out the site, but rather 'scooped out the sand and stuff that was inside.'

Gartland noted habitation of that site is illegal under any circumstances.

"It is illegal to sleep on the beach overnight," he said. "It's illegal to litter there. And it's illegal to deface a cliff by carving into it."

Gartland noted no one to date has been cited in connection with the cave because

no one has been actually witnessed using the site. He noted it's obvious from litter left there that it has been used as a habitation. He added it would also be difficult to bar anyone from going to the site unless you actually posted someone there to keep people out.

He added if offenders are witnessed by authorities using the cave they will be cited.

Abbott said the erosion of that cliff face is probably not a big problem short-term. But he pointed out there is genuinely cause for concern about the future safety of that bluff.

"The homeowners association, or whomever, better get busy and get the permits necessary to come in and repair the erosion damage that has occurred," Abbott said, adding, "If we get some heavy rains or big storms, that's likely to accelerate the erosion."

READ MORE ONLINE AT sdnews.com



The void space in Sunset Cliffs, which was caused by erosion and has been dug out and used by the homeless.

HOMELESS

CONTINUED FROM Page 1

"The results are impressive," said Lynn Reaser, chief economist for the Fermanian Business and Economic Institute at Point Loma Nazarene University. The institute produced an independent report on the outcomes of Project 25, which uses the "Housing First" model to house participants in permanent homes and provide supportive services to keep them housed.

"We started this pilot project in 2011 to determine whether permanent supportive housing works in San Diego - and now we know the answer is a resounding 'yes,'" said Kevin Crawford, president and CEO, United Way of San Diego County. "Using a 'Collective Impact' approach to bring all the neces-

have found that it costs more to do nothing - both in quality of life and taxpayer dollars.

"Providing chronically homeless and frequent users of public resources with stable and secure housing, combined with a comprehensive set of health and social services. can yield a dramatic reduction in the use and expense of various public services," Reaser

Conceived and funded by United Way with \$1.5 million over three years, Project 25 is a historic public-private partnership between the County of San Diego, City of San Diego/San Diego Housing Commission and United Way. Father Joe's Villages, San Diego's largest homeless service provider, managed the pilot and will continue to oversee the program.

sary agencies and resources together, we $\,$ READ MORE ONLINE AT sdnews.com

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ENJOY THE BEAUTY OF OLD TOWN

Stagecoach Days: Celebrating the Wild West in San Diego

Free Event Every Saturday in July and August in Old Town

Old Town San Diego State Historic Park is celebrating travel and transportation in the era of real horsepower during "Stagecoach Days," kicking off on July 11. Come join in the old-fashioned fun from the mid-1800s from noon to 4 p.m. on seven Saturdays in July and August.

Sponsored by Fiesta de Reves and Boosters of Old Town, the free event features a different theme each Saturday such as Days of the Vaqueros, Women of the West, Soldiers and Citizens, Twain-Fest and Taste of the Past.

Attendees will enjoy afternoons filled with activities that reflect life in

activities and demonstrations, stories and songs, visitors will gain an appreciation for early modes of transportation and daily life. All activities are geared toward children and adults of all ages.

"This year's Stagecoach Days will be the best in our park's history," stated Event Coordinator Gregg Giacopuzzi. We have added many more familyfriendly activities to the event this year so visitors will get a true taste of what Old Town was like in the 1800s."

The Stagecoach Days schedule is as

July 11 - "Taste of the Past" - What we eat, how we acquire it, who prepares it, how it is prepared are part of our culfor people in early San Diego. While you learn about the foods of the past you will be able to sample modern tastes that evoke that time provided by the food purveyors in the park. There is a small fee to partake in the food tastings throughout the park this day.

July 18 - "Women of the West" Women played an important part in the development of the West. Some of their daily activities will be demonstrated on this Saturday. One of the highlights of the day will be a quilt walk that features quilts celebrating the 150th anniversary of California State Parks

July 25 - "Days of the Vaquero" -Vaqueros were the first cowboys in Cal-

on the move. Through living history what was part of the dining experiences cattle herders, they were an integral part of the early cattle trade in California. The day will celebrate their natural horsemanship techniques and other aspects of Californio culture.

Old Town San Diego State Historic Park, with the support of Boosters of Old Town and Fiesta de Reyes, is proud to offer these free activities for adults and children of all ages. The park is located on San Diego Avenue and Twiggs Street in San Diego, and is conveniently located next to the Old Town Transit Center, with Coaster, Trolley, and MTS bus service. Free parking is available at the Cal-Trans headquarters, just two blocks from the park at 4050 Taylor St.

For more information, go to





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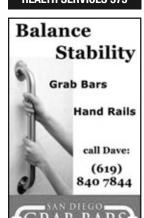
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located at: 1129 TURQUOISE ST. SAN DIEG CA. 92109 is registered by the following: KEVIN KUNZ, JARED QUINTANII I A This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: NOT APPLICABLE Registrant Name: KEVIN KUNTZ Title: CO-OWNER The state ment was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on APR 23, 2015 ISSUE DATES: MAY 21, 28 JUNE 04. AND 11. 2015

STATEMENT OF ABANDONMENT OF USE OF FIC-

TITIOUS BUSINESS NAME FILE NO. 2015-013092 (1): FICTITIOUS BUSINESS NAME(S) TO BE ABAN-DONED a. MORRISON ST. PROPERTIES AT: 302 SAN ANTONIO AVE. SAN DIEGO, CA. 92106 (2) THE FICTITIOUS BUSINESS NAME REFERRED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 04/29/2011 and assigned File No. 2011-012772 (3) FICTITIOUS BUSINESS NAME BEING ABANONED BY: LORI ROTH, SAUL HAIMOWITZ, KAREN BATES, RAMONA HAIMOWITZ, RUTH HAIMOWITZ (4): THIS BUSINESS WAS CONDUCT ED BY: CO-PARTNERS NAME LORI ROTH TITLE PARTNER The statement was filed by Ernest J. Dronenburg, Jr. San Diego County Clerk / Recorder on: MAY15, 2015 ISSUE DATE(S): MAY

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-010546 Fictitious Business Names(s): VENTURE ACTIVE Located at: 1742 MISSOURI ST. SAN DIEGO, CA. 92109 is registered by the

28 JUNE 04, 11, 18, 2015

following: CIARA GUEDESSE This business is conducted by: AN INDIVIDUAL The first day of busiss was: APRIL 20, 2015 Registrant Name CIARA GUEDESSE Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: APR 21, 2015 ISSUE DATES: MAY 07, 14, 21 & 28, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-010170 Fictitious Business Names(s): PUEBLO located at: 877 HORNBLEND ST. SAN

DIEGO, CA 92109 is registered by the following AMERICAN HOSPITALITY, LLC. This business is conducted by: A GENERAL PARTNERSHIP AMER-ICAN HOSPITALITY PARTNERS LLC 5815 CAMINITO DEL ESTIO, LA JOLLA, CA. 92037 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: MARK L. OLIVER Title: MANAGING MEMBER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 16, 2015 ISSUE DATES: APRIL 23, 30 MAY 07 AND

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-009936 Fictitious Business Names(s): JUSTBEE, JUSTBEE, COOL located at: 625 2ND STREET CORONADO, CA. 92118 is registered by the following: ISLAND POCKET MAP This business is conducted by: A CORPORATION ISLAND POCK-ET MAP 625 2ND STREET CORONADO, CA. 92118 CALIFORNIA The first day of business was 06/06/2010 Registrant Name: KAREN DUGGER Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk

of San Diego County on: APR 14, 2015 ISSUE

DATES: APRIL 23, 30 MAY 07 AND 14, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-010747 Fictitious Business Nam SAMBA BRAZILIAN CUISINE, SAMBA BRAZILIAN RESTAURANT & CATERING Located at: 816 C STREET SAN DIEGO, CA. 92101 is regis the following: JULIANO CANDIDO COLASANTA, GUILHERME A. DE ALAMEIDA This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: NOT APPLICABLE Registrant Name: GUILHERME A. DE ALMEIDATitle OWNER The statement was filed with Ernest J Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 22, 2015 ISSUE DATES: MAY 14. 21. 28 AND JUNE 04. 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-013656 Fictitious Business Names(s): MANNA HEAVEN located at: 4428 CONVOY ST.

STE 210 SAN DIEGO, CA, 92111 is registered by the following: MANNA Y&K ONE, INC. This bus ness is conducted by: A CORPORATION MANNA Y&K ONE INC 4428 CONVOY ST. STE 210 SAN DIEGO, CA. 92111 CALIFORNIA The first day of business was: 02/10/2010 Registrant Name SEAN YEETitle: VICE PRESIDENT The statement s filed with Ernest J. Dronenhurg Jr. Recorder/ County Clerk of San Diego County on: MAY 21, 2015 ISSUE DATES: JUNE 04, 11, 18 & 25, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-013660 Fictitious Business Names(s): MANNA HEAVEN located at: 740 NORDAHI RD SAN MARCOS, CA. 92069 is registered by the following: MANNA Y&K SAN MARCOS, INC. This business is conducted by: A CORPORATION MANNA Y&K SAN MARCOS INC. 740 NORDAHL RD. SAN MARCOS, CA. 92069 CALIFORNIA The first day of business was: 12/07/2012 Registrant

Name: SEAN YEETitle: VICE PRESIDENT The state: ment was filed with Ernest J. Dronenburg, Jr. Recorder / County Clerk of San Diego County on: MAY 21, 2015 ISSUE DATES: JUNE 04, 11, 18 AND 25, 2015

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following: YULIAN NAVARRO CORDERO This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: YULIAN NAVARRO CODERO Title: OWNER
The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAY 21, 2015 ISSUE DATES: JUNE 04, 11, 18 AND 25, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2015-013521 Fictitious Business Names(s): SAN JOSE EQUESTRIAN CENTER, LLC located at: 8070 ARJONS DRIVE SAN DIEGO, CA, 92126 is registered by the following: SAN JOSE EQUESTRI-AN CENTER, LLC. This business is conducted by A LIMITED LIABILITY COMPANY SAN JOSE EQUESTRIAN CENTER, LLC 8070 ARJONS DRIVE SAN DIEGO, CA, CALIFORNIA The first day of ousiness was: 04/01/15 Registrant Name: Title CO-OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAY 19, 2015 ISSUE DATES: JUNE 04, 11, 18 AND 25, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-014178 Fictitious Business Names(s): THE ART AQUATIC located at: 1335 FELSPAR ST SAN DIEGO, CA, 92109 is registered by the following: ANTHONY RUFFIN This business is conducted by: AN INDIVIDUAL The first day of business was: 05/28/15 Registrant Name: ANTHONY RUFFIN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAY 28, 2015 ISSUE DATES: JUNE 04, 11, 18 AND 25, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-013658 Fictitious Business Names(s): MANNA HEAVEN located at: 8189 MIRA MESA BLVD, SAN DIEGO, CA, 92126 is registered by the following: MANNA Y&K MIRA MESA, INC. This business is conducted by: A CORPORATION MANNA Y&K MIRA MESA INC. 8188 MIRA MESA BLVD. SAN DIEGO, CA. 92126 CALIFORNIA The first day of business was: 11/22/2014 Registrant Name: SEAN YEE Title: VICE PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Becorder / County Clerk of San Diego County on: MAY 21, 2015 ISSUE DATES: JUNE 04, 11, 18 AND 25, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-013337 Fictitious Business Names(s): FAST-FIX CELLPHONE REPAIR located at: 7710 BALBOA AVE, SUITE 229 SAN DIEGO, CA, 92111 is registered by the following: MURAD HNAIHEN, SAMER AL-KHALDI This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: NOT APPLICABLE Registrant Name: MURAD HNAIHEN Title: CO-OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAY 19, 2015 ISSUE DATES: JUNE 04, 11, 18

FICTITIOUS BUSINESS NAME STATEMENTFILE NO. 2015-012754 Fictitious Business Names(s): BRIGHT CONNECTION TUTORING located at: 1756 CABLE ST. SAN DIEGO, CA. 92107 is registered by the following: CHRISTIN TERRELL This business is conducted by: AN INDIVIDUAL The first day of business was: 05/01/2015 Registrant Name: CHRISTIN TERRELL Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: MAY 12, 2015 ISSUE DATES: JUNE 04, 11, 18 & 25, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE 0. 2015-013227 Fictitious Business Na WIENERSCHNITZEL #032 located at: 1852 ROSE CRANS ST. SAN DIEGO, CA. 92106 is registered by the following: SEOK WOO SONG This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: SEOK WOO SONG Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAY 18, 2015 ISSUE DATES: JUNE 04, 11, 18

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2015-00016298-CU-PT-CTL PETI-TIONER OR ATTORNEY, JITESHWAR LEIS-HANGTHEM 6450 REFLECTION DRIVE, APART-MENT 1403 SAN DIEGO, CA 92124 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM JITESH-WAR LEISHANGTHEM TO TOMBA LEISHANGTH-

EM THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the netition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEAR-ING TO BE HELD ON JULY 10, 2015 TIME: 9:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO CA. 92101 ISSUE DATE(S): MAY 21 28 JUNE 04 AND 11, 2015

NO. 2015-014572 Fictitious Business Names(s): MARCELA CLEANING SERVICES Located at: 3230 CLAIREMONT MESA BLVD. SAN DIEGO, CA. 92117 is registered by the following: VASQUEZ FUENTES MARCELA This business is conducted by: AN INDIVIDUAL The first day of business was: 04/18/2014 Registrant Name: MARCELA VASQUEZ Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JUN 02, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE

ISSUE DATES: JUNE 11, 18, 25 & JULY 02, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-014570 Fictitious Business Names(s) ERICK LANDSCAPING located at: 3230 CLAIRE MONT MESA BLVD. SAN DIEGO, CA. 92117 is registered by the following: ERICK FUENTES This business is conducted by: AN INDIVIDUAL The first day of business was: 01/02/2013 Registrant Name: ERICK FUENTES Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr. Recorder / County Clerk of San Diego County on: JUN 02, 2015 ISSUE DATES: JUNE 11, 18, 25 AND JULY 02, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-013999 Fictitious Business Names(s): A.D.W. MAINTENANCE located at: 2334 LLICERNE DR. SAN DIEGO, CA. 92106 is registered by the following: ARNOLD WOODS This business is conducted by: AN INDIVIDUAL The first day of business was: 03/16/2015 Registrant Name: ARNOLD D. WOODS Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAY 27, 2015 ISSUE DATES: JUNE 11, 18, 25 & JULY 02, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE IPANEMA WATCH & JWLY located at: 902 W UNIVERSITY AVE. 200 SAN DIEGO, CA. 92103 is registered by the following: VILIS VOLPATO This business is conducted by: AN INDIVIDUAL The first day of business was: 01/02/1992 Registrant Name: VILIS VOLPATO Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr. Recorder / County Clerk of San Diego County on: JUNE 02, 2015 ISSUE DATES: JUNE 11, 18, 25 AND JULY 02, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-014703 Fictitious Business Nam MODERN REALTY, MODERN REALTY SERVICES. MODERN REALTY AND MANAGEMENT, MODERN

REAL ESTATE Located at: 4551 CORONADO AVE SAN DIEGO, CA. 92107 is registered by the following: FIRST WAVE PROPERTIES INC. This business is conducted by: A CORPORATION FIRST WAVE PROPERTIES, INC. 4551 CORONADO AVE. SAN DIEGO, CA. 92107 CALIFORNIA The first day of husiness was: 06/09/2006 Registrant Name DAVID B. GEORGE Title: PRESIDENT The statement was filed with Frnest J. Dronenburg Jr. Recorder / County Clerk of San Diego County on: JUNE 03, 2015 ISSUE DATES: JUNE11, 18, 25 AND JULY 02, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-014536 Fictitious Business Names(s): IN A WORD EDITING SERVICES located at: 4155 EXECUTIVE DR.#E 205 LA JOLLA, CA. 92037 is registered by the following: XENIA GRUSHETSKY This business is conducted by: AN INDIVIDUAL The first day of business was: 05/26/2015 Registrant Name: XENIA GRUSHETSKY Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JUNE 02, 2015 ISSUE DATES: JUNE 11, 18, 25 & JULY 02, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-015178 Fictitious Business Names(s): PESCE INDUSTRIES located at: 6515 LA JOLLA BLVD. LA JOLLA, CA. 92037 is registered by the following: KEVIN BURNS This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: KEVIN BURNS Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JUNE 08, 2015 ISSUE DATES: JUNE11, 18, 25 & JULY 02, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE

NO. 2015-015199 Fictitious Business Names(s): SD MULTIFAMILY PARTNERS, A CALIFORNIA GENERAL PARTNERSHIP, SD MULTIFAMILY INVESTORS, A CALIFORNIA GENERAL PARTNER-SHIP Located at: 5663 BALBOA AVE. #495 SAN DIEGO, CA. 92111 is registered by the following: NEIL DUTTA, DAVID CAMERON This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: 06/03/2015 Registrant Name: NEIL DUTTA Title: MANAGER The state ment was filed with Ernest J. Dronenburg, Jr. Recorder / County Clerk of San Diego County on: JUNE 08, 2015 ISSUE DATES: JUNE 11, 18, 25 AND JULY 02, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-014416 Fictitious Business Names(s): WANDER SURE, COSMIC SUP, YOGA STRONG located at: 1488 REED AVE. APT 4 SAN DIEGO, CA. 92109 is registered by the following: JASON

GONZALES This business is conducted by: A GEN-ERAL PARTNERSHIP The first day of was: NOT APPLICABLE Registrant Name: JASON GONZALES Title: MANAGER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JUNE 01 2015 ISSUE DATES: JUNE 11, 18, 25 AND JULY

FICTITIOUS BUSINESS NAME STATEMENT FILE

MANNA HEAVEN located at: 724 OTAY LAKES RD CHUI A VISTA. CA. 91910 is registered by the following: MANNA Y&K CHULA VISTA, INC. This business is conducted by: A CORPORATION MANNA Y&K CHULA VISTA, 724 OTAY LAKES RD. CHULA VISTA, CA. 91910 CALIFORNIA The first day of husiness was: 02/08/2014 Registrant Name: SEAN YEETitle: VICE PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAY 21, 2015 ISSUE DATES: JUNE 04, 11, 18 AND 25, 2015

sdnews.com

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THOMAS MELVILLE (x131)

MARTIN JONES WESTLIN (x133) DAVE SCHWAB (x132) reporter@sdnews.com

CHRIS BAKER WILL FULLER (x105) MIKE FAHEY (x117) MICHAEL LONG (x112) **HEATHER LONG (x115)** RICK SANTOS (x116)

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PHOTOGRAPHERS

DON BALCH, JIM GRANT, PAUL HANSEN, MIKE MCCARTHY

CONTRIBUTORS BART MENDOZA,

DIANA CAVAGNARO, JOHN FRY. JUDITH GARFIELD, KAI OLIVER-KURTIN, LORALEE OLEJNIK, NEAL PUTNAM, NATASHA JOSEFOWITZ, SANDY LIPPE, NICOLE SOURS LARSON. SCOTT HOPKINS, MARSHA KAY SEFF, KEITH ANTIGIOVANNI, MORGAN CARMODY, PATRICIA WALSH, LINDA MARONE, FRANK SABATINI JR., SHARON ANN HAMII TON

SUBMISSIONS

Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid con-

OPINIONS

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-012025 Fictitious Business Names(s): DR. YULES located at: 8580 AVE DE LA FUENTE STE C SAN DIEGO, CA. 92159 is registered by the

Craft beer and bacon cookies for dad at The Cravory in Point Loma

The Cravory in Point Loma has found a way to give your pops a pint (sort of), along with bacon and pancakes this Father's Day. Throughout June the bakery has been creating speciality flavors with dad in mind, which includes the IPA, a cookie made with Ballast Point's Dorado Double IPA, a bit of orange zest and caramel.

A sweet "Dad's Dozen" includes: two IPA cookies, two Chocolate Chip Peanut Butter Cup, two German Chocolate Cake, two Almond Joyous, two Cookies and Cream Milkshake, one Pancakes and Bacon, and one Ultimate Chocolate Chip for \$24.



The 'Dad's Dozen' is a popular choice. PHOTO CONTRIBUTED

The cookie shop is located at 3960 W. Point Loma Blvd. For more information, call (619) 795-9077 or visit thecravory.com.



Dads & Grads on The Bay Open daily for Breakfast, Lunch, Dinner, Full Bar, Great Patio LET US DO THE COOKING FOR FATHER'S DAY **Call for reservations! Happy Hour** Mon-Fri 2pm-6pm \$3 Domestic Beer \$3.50 Imports & Micros \$3 Well • \$4 Calls \$2 OFF BAR APPETIZERS in Bar or Lounge **Red Sails Inn** 2614 Shelter Island Dr. San Diego CA 619-223-3030 • www.theredsails.com

Iconic Nati's Mexican Restaurant has been serving Ocean Beach for 55 years

By FRANK SABATINI JR. | THE BEACON

Anchored two blocks away from the Ocean Beach Municipal Pier is one of the neighborhood's oldest restaurants, where the recipes for chili rellenos, cheese enchiladas and beef tacos haven't changed in 55 years.

Like a museum to its time, Nati's Mexican Restaurant shows off its longevity on a memorabilia wall containing vintage photographs of staff and customers at a time when Ocean Beach was much sleepier. Interspersed within the arrangement are original menus, media accolades and a photo from the early 1970s of teen heartthrob Shaun Cassidy donning a Nati's T-shirt.

But despite the restaurant's loyal patronage spanning four generations, a critical piece of its past remains a mys-

Longtime co-owner and general manager Marilyn Thomas says little is known about the restaurant's original founder, Nati, including her surname and back-

"She's been deceased for many years, and we have no idea prior to 1960 exactly when she opened the restaurant," savs Thomas.

Nati sold the business in 1960 to Vern Lontz, who had operated a gift shop on the property for several years. He, too, is deceased.

"After selling to Vern, she may have moved to Arizona, but we're not really sure," adds Thomas.

Lontz ran the restaurant until 1973, at which point employee Dennis Kerr and a friend of his took over. When Kerr's partner eventually left, Thomas stepped in as manager before becoming a stakeholder.

"Dennis and I had originally started working at Nati's at a young age," Thomas says, "while each attending Point Loma High School and then going through college. We've been the owners

Kerr, who became an attorney along the way, is now retired. He lives half the vear in Idaho. Thomas, a registered dietitian, earned her degree in food and nutrition from San Diego State University and oversees Nati's year-round.

In addition to upholding the primary recipes that were established long ago by Nati, the duo has adhered to the operational policies implemented originally by Lontz, who had also added a second dining room, expanded the patio and created a spacious parking lot behind the building during his tenure.

"We still bonus our employees and



give them paid vacations, which is especially rare in small restaurants," notes Thomas, adding that a handful of staff have been working at the restaurant for 45 years.

Numerous menu draws have remained firmly intact as well. Nati's is among the few Mexican restaurants in San Diego that uses ground beef in its tacos and burritos, although the kitchen obliges customers requesting the shredded version.

The hand-battered chili rellenos are still made with fresh Anaheim peppers, as opposed to the canned varieties used lately in many other places. And to those who might scoff at the inclusion of lard in refried beans, Nati's makes no apologies for using it as a traditional flavor

Combination plates remain the biggest sellers. They feature two or three items such as tostadas, tamales, burritos and machaca as well as rice and beans. For vegetarians, the No. 7 appeases with a guacamole tostada, a lard-free black bean taco and a cheese enchilada spiked with raw onions.

Carnitas are missing from the menu 'because we prefer keeping it streamlined with customer favorites," says READ MORE ONLINE AT sdnews.com

NATI'S MEXICAN RESTAURANT

WHERE: 1852 Bacon St. (Ocean Beach)

HOURS: 11 a.m. to 8 p.m. Sundays through Thursdays, until 9 p.m. Fridays and Satur-

INFO: (619) 224-3369; natisrestaurant.com

Thomas in referring to the restaurant's spotlight on Angus carne asada marinated in a secret blend of dry-rub spices. The flavorful steak appears prolifically in plates, burritos, tacos and enchiladas.

Right down to the four varieties of salsas and the white sauce draping tilapia fish tacos, everything is made in-house, with the exception of tortillas, sourced daily from two different local vendors.

A variety of margaritas and boozy coffee drinks are also in the offing, along with beer and wine. Ranking as the most popular libation is the kicky and traditional Puerto Vallarta margarita, constructed with a shot and a half of Cuervo Gold tequila. The drink list extends also to "Kahlua Coladas" and "Tequila

Point Loma's The Hole will raise its last glass July 5

Owners looking to relocate due to terminated lease have met at The Hole, some more than

forced to leave its current location at 2820 Lytton Ave. in Point Loma due to a lease termination. The popular bar's last drink will be poured on Sunday, July 5. Meanwhile, the owners are looking for another space to call home.

"We are very upset that we are being forced out and deeply saddened over the loss of this location, where he have been for 17 years," said Steve Rock, who owns the bar with his wife, Debi Williams. "We have made some great friendships over the years that we sincerely hope to con-

The Hole has announced it is being tinue in the future," Rock added.

Rock said the recent lease termination notice was a shock to his customers. "Our regulars are as devastated as we are over our closing," Rock commented.

Rock said The Hole has been a melting pot for different and diverse groups within the LGBT community.

"The Levi Leather, The Bears, The Drag Queens, The GSGRA Rodeo Group and Friends Unlimited, to name a few, have held countless events here to raise money for charities over the years," Rock said. "There are numerous couples who

30 years ago, which predates when we bought the business. We sympathize with how the closing of this bar will impact the community."

While Rock and Williams are planning a huge "closing our doors party," they are also busy looking for the right place to relocate.

"We want our next location to be special and not a watered-down version of The Hole," Rock said. "We are open to suggestions and can be contacted on our Facebook page and through our website, thehole.com."

HEALTHY LIFESTYLES

Celebrate Men's Health

On June 21, we will all celebrate our fathers, uncles, grandfathers and brothers by giving gifts and showing our love and appreciation for all they do. Why not honor them by celebrating men's health all month long? Whether you're looking for herbs to enhance mental clarity, natural hair loss treatments, saw palmetto for a healthy prostate, hawthorn for a healthy heart or simply knowledgeable staff to help you along

the path to optimum wellness, Ocean Beach People's Organic Food Market has it all. Join us on Saturday, June 20, between 12 and 2 p.m. and make a Father's Day card for free! Ocean Beach People's Organic Foods Market is a California food cooperative and San Diego's only customer-owned grocer! We are located at 4765 Voltaire Street and are open daily 8 a.m. – 9 p.m. Call us at (619) 224-1387 and visit us online www.obpeoplesfood.coop and facebook.com/oceanbeachpeoples

People's Creamy Curried Zucchini Soup

Dad will love this creamy soup when you serve it alongside some whole grain crackers and a tangy green salad. The recipe calls for brown mustard seed, coriander seed, cumin seed, cumin powder, and curry powder. If you don't already have these spices, you can pick up just the amount you need from People's Bulk Herbs and Spices dept.

- 2 cups onion, chopped
- 8 cups zucchini, quartered
- 1/4 cup ginger, chopped
- 3 tablespoons garlic, minced

- 2 jalapenos, diced
- 4 cups potatoes, diced
- 1 bunch cilantro, chopped
- 1/4 cup sunflower oil
- 1 Tbs. each brown mustard seed, coriander seed, cumin seed, cumin powder
- 2 tablespoons curry powder

Sea salt

In a large pot, cover potatoes with water and boil until very mushy. Do not drain. Sauté all other ingredients, except the cilantro, in oil until soft. Add sauté and cilantro to the potatoes and stir to mix. Puree with an immersion blender until smooth. Dig in.

How Healthy are your Teeth?

Headlines across the country declare how unhealthy Americans are, and this information is not just limited to nutrition or weight. The National Institute of Health indicates that our dental health also leaves something to be desired. According to a recent study, 92% of adults ages 20 to 64 have had dental caries (cavities or tooth decay) in their permanent teeth. Even worse, approximately 5% of adults age 20 to 64 have no teeth at all. In addition, studies indicate that families with higher incomes and those with higher levels of education actually had a higher incidence of tooth decay than those of other socioeconomic groups.

So how healthy are your teeth? This quiz can give you some insight

Answer the questions below and score yourself accordingly.

1.Do you smoke or use chewing tobacco?

Write down 1 point for "yes" and 0 points for "no."

Write down 1 point for "yes" and 0 points for "no." 3.Do you drink several sodas during the day (diet

and / or regular)?

Write down 1 point for "yes" and 0 points for "no." 4.Do you have sensitive teeth?

Write down 1 point for "yes" and 0 points for "no." 5.Do your gums bleed?

Write down 1 point for "yes" and 0 points for "no." 6. Have you had a regular dental checkup within the

Write down 0 points for "yes" and 1 point for "no."

0 points: This is one time when a zero is good news. This means you probably have a good grasp on what it means to have healthy teeth. Still, continue your regular checkups with your dentist.

1 to 3 points: You have an understanding of what is needed to have a healthy mouth, but there are still areas for improvement.

4 to 6 points: You have several possible risk factors for developing cavities or gum disease. Schedule an appointment with your dentist.

If you didn't do as well as you'd hoped, here are a few quick facts for you to consider:

Chewing tobacco and smoking cigarettes can lead to gum disease which, in turn, can lead to tooth loss. It also places the user at a higher risk for mouth can-

Chewing ice can damage the enamel and weaken

Sodas, as well as citrus drinks and citrus fruits, are acidic, and can weaken the enamel, leaving your teeth vulnerable to tooth decay.

While there are several things that can cause bleeding gums, it is never normal for your gums to bleed. It could mean gingivitis or it could simply mean that you are brushing or flossing too hard. Make an appointment to speak to your dentist.

Sensitive teeth may be a sign that a cavity is devel-

Finally, it is difficult to ascertain your dental health if you haven't had a regular dental checkup. Be sure to contact Dental Express at 619-701-6622 to schedule an appointment today or visit our website at thedentalexpress.com.

Local Company Employs Seniors Wanting to Give Back

Many seniors retire from one career and immediately jump back into the workforce. Seniors often continue to work for financial reasons, to supplement their retirement income and make it last longer, but others are rejoining the workforce to give back and feel productive. A recent Gallup survey found that 63 percent of workers planned to work part-time when they reached retirement age, the majority saying they would do it because they wanted to.

Seniors returning to work are very focused on work/life issues, pursuing employment that is personally satisfying and allows them time to pursue travel, enrichment and family activities.

A local company, Seniors Helping Seniors, offers a unique opportunity for retirees to remain active in the workforce, supplement retirement income and help other seniors. The company matches active seniors with seniors who need some assistance to remain indepen-

Visit www.homecareforseniors.com or call 800-481-2488 to learn more about the program.

Wine, Walking & Gardening?

When was the last time you did any gardening, had an alcoholic drink or took a walk somewhere? If you have to even think about it then I suggest you read on as these three activities are believed to have merit for reducing the incidence of Dementia in over 60s.

Firstly, my passion is gardening which I firmly believe helps me now in my 50s and will continue to help me into my old age. I do however expect my garden to get smaller as the years go on and for that matter I'll probably end up dead heading a geranium in my last days, no pun intended.

The point is, no matter how large my garden is, I have an active, mental and physical interaction with whatever I'm growing. Whether it's ornamental trees and shrubs, a vegetable patch or just a window box, studies have shown gardening reduces the risk of Dementia.

For example, the 'Dubbo Study" which took place from 1988-2004 in Australia, credits gardening with a 36% reduction in the incidence of Dementia in over 60s. In these studies, they struggle to explain why something like gardening helps reduce Dementia but I think you would be silly to ignore their findings!

And finally, that glass of wine and walking... How about a 38% reduction in Dementia for daily walking (men only) and a 34% reduction for daily moderate alcohol intake (men & women).

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CONTINUED FROM Page 1

Beach MainStreet Association. "Visitors and resident Obecians are invited to spend the day with us - enjoying activities geared to all ages and interests."

This year's theme will be "It's All About the Beach," with a focus on music and entertainment.

As part of the street fair theme, Rock and Roll San Diego will be offering a free interactive music experience in the middle of the 4900 block of Newport Avenue. In less than 10 minutes, people will have the opportunity to learn a few bars from some of their favorite songs. They will choose from a variety of instruments, from the guitar, drums, bass, tambourine and even their own voice.

The chili competition will feature more than 20 tastings from amateur entrants competing for the titles of Hottest Chili, Judges' Award and the grand prize winner, People's Choice Award. Tastings will begin at 11 a.m. and will end when contestants run out of samples. Tastings can be purchased for \$2 per chili entry, or attendees can buy a Master Ticket to try every recipe for \$20. Proceeds from the chili cookoff will benefit the annual Fourth of Iuly fireworks show off the OB Pier.

Back by popular demand, the Hodad's Burger-Eating Competition will offer contestants a chance to be featured on the Hodad's Wall of Fame at the Ocean Beach location. Contestants will qualify to enter the contest through social media to eat as many burgers as they can within a certain amount of time.

The Bloody Mary competition will make a return, with more than 10 Ocean Beach restaurants and bars competing for the title of Best Bloody

Mary in Ocean Beach. Tickets can be purchased for \$20, which allows you to sample each entry and vote for your favorite.

Children and adults of all ages are welcome to purchase a \$10 square to contribute to this year's mural project. The Ocean Beach Community Mural Project was recently awarded the 2015 Coastal Living Magazine Design Award for exceptional seaside style in the year ahead. An Artists' Alley will feature accomplished artists and their handcrafted items.

There will be five stages of nonstop music throughout the day. Music genres include acoustic, rock, blues, alternative, Americana and more.

Family-friendly attractions include the Wonderland Children's area - located in the parking lot adjacent to US Bank near Sunset Cliffs Boulevard and Newport Avenue - with a magician, face painting, cliffhanger slide, bounce house, kids' mechanical shark and more. There will also be a various inflatable obstacle courses.

The street fair will take place from 10 a.m. to 8 p.m. in the 4800-5000 blocks of Newport Avenue, along the waterfront and in the pier parking lot and along the cross-streets of Newport Avenue at Bacon Street and Cable Street.

Free trolley services will run from the Knights of Columbus parking lot on Bacon Street between West Point Loma Boulevard and Voltaire Street (every 30 minutes) and the parking lot at the intersection of SeaWorld Drive and Pacific Coast Highway (every hour) from 9:30 a.m. to 9 p.m.

There will also be a free bike valet at the intersection of Bacon Street and Newport Avenue, courtesy of the San Diego County Bicycle Coalition.

Admission to the event is free. For more information, visit oceanbeachsandiego.com.

POINTERS

CONTINUED FROM Page 11

Urbon were "bleeders," poorly struck balls that became infield hits, a fact not lost upon first-year Pointer head coach David Wells.

"We didn't get beat today, we got bled to death," said Wells, as players dispersed after an emotional post-game session that included hugs, heartfelt praise from each Pointer coach and more than a few tears from players.

"As a pitcher, you dread those bleeders," Wells noted, "but the commitment (our players) put in the last two weeks was beautiful. It was awesome to see their change in demeanor and approach. The guys on the bench were loud and helpful, and that's why we got this far."

The five-game playoff run by the Pointers is the longest in records dating to 2004. It began with a "play-in" game Wells admitted "scared the hell out of me," but his team prevailed over Mission Hills 3-1 after a lengthy bus ride to the San Marcos school.

Philip Huber and Urbon each had two of the team's five hits, with Huber and Perez credited with RBI's.

On the mound, Cole van den Helder went the distance, allowing six hits and no earned runs while walking none and striking out 12.

In the first playoff game, the Pointers traveled to Lakeside to face El Capitan. The Vaqueros hung the first playoff loss on them in a 4-1 win that saw Rogozienski drive in the only Pointer run.

Facing elimination from this point on, the Pointers next hung a 5-2 loss on visiting Francis Parker highlighted by a

two-run Lemmel homer over the left field fence at David Wells Field.

Jayson Pappas and Rogozienski drove in the other runs as Urbon threw a 106-pitch complete game, scattering six hits, walking three and striking out

This set up a return to Lakeside for another shot at the Vaqueros, Philip Huber blasted a 360-foot, two run homer that cleared the left centerfield fence and struck the scoreboard in a 5-3 Pointer victory.

Sean Robinson was one out away from a 5-0 shutout win when a grounder that should have ended the game was overthrown by a Pointer infielder, leading to all three Vaquero runs before Lemmel, in relief, induced the final out.

Urbon had three hits, scored twice and drove in a run as he and Perez each had an RBI.

Playing their final games as Pointers were seniors Perez, Robinson, Pappas, Palmer, Lemmel, Chevne VanArsdale, Tristan Jenkins, Ryan Arnold, Mason Wilson, Matt Innis and Mason Verhees.

"We had our backs to the wall and ame up big," Wells said of his team that eliminated Mission Hills, Francis Parker and El Capitan. "I told our guys, 'Don't hang your

heads - you came a long way.' We've got some kids heading off to college, and I wish them luck."

Wells is optimistic about his team's future.

"We've got some speed, and I like our pitching. We have some sophomores who are already playing and some juniors moving up," Wells said.

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Ocean Beach drummer Bill Ray to instruct at Guitar Workshop Plus

By BART MENDOZA | THE BEACON

Ocean Beach is fortunate to have many great musicians, but few have had the adventures of drummer Bill Ray. As drummer for legendary R&B pioneer Ike Turner between 2001 and Turner's

death in 2007, he toured the world and played on the Grammy Award-winning album "Risin' with the Blues." But that's just a small part of a background that has seen him play as a sessions man for studio and live recordings with countless local artists and teach several generations of players.

From Sunday to Friday, June 21 to 26, Ray will be an instructor at the first Guitar Workshop Plus in the United States, at Cal State, San Marcos. Based in Canada, the music camp features learning opportunities from world-class musicians across genres. This year's teachers include rock guitarist Paul Gilbert,

bass legends Stu Hamm and Rhonda Smith, blues hero Duke Robillard, jazz legend Mike Stern and local guitar hero Wavne Riker.

"I've taught quite a bit and still continue to teach," Ray said. "But, I'm truly excited (about this) on a lot of levels; it's a chance for me to do one of the things I've been wanting to do for a long time, be involved with a curriculum and organization, to inspire others in the field of music."

For Ray, teaching at this level is the culmination of a life that's been immersed in music since as far back as he can recall.

"I remember hearing the drums when I was about a vear old." he said. "My father was a working drummer, and I would seek out his kit. It became a game of sorts, to find the loud things. I think the first drummer I ever heard was James Gadson. It was the 2-and-4 beat of the snare drum that grabbed me.

'When I was 4, I watched the local drum guru play a drum solo when he was getting his photo done at my parents' photography studio, and from that moment, I was pretty much relegated to the fact that music was something that I would do for a very long time. And here we are, 40-something years later."

Ray did give other instruments a try, but to no avail. "The drums chose me," he says; "I'm thoroughly convinced. I dabbled with guitar and bugle and even took some guitar lessons. However, the guitar lessons turned into me playing the drum set for my guitar teacher, and we would talk about phrasing and tempo and all the things a guitarist would want to teach a drummer."

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CALENDAR

Thursday, June 11

■ Black Kat's Bill of Rights at Desi's Bar & Grill, 2734 Lytton St. 7 p.m. Original sketch comedy show.

Friday June, 12

■ Ingrid Michaelson and Greg Holden perform at Humphreys by the Bay, 2241 Shelter Island Drive. 7:30 p.m.

Saturday, June 13

- LT5K at Liberty Station / NTC Park. 8:15 a.m. Registration required. All proceeds benefit the Tomlinson's Touching Lives Foundation.
- Body Rock Dance Competition at the Rock Church, 2277 Rosecrans St. 5 to 8 p.m. International hip-hop dance competition, featuring dance crews from around the world.

Sunday, June 14

- Pet Adoption event at SHADES Oceanfront Bistro, 5083 Santa Monica Ave. 10 a.m. to 2 p.m. Dogs, puppies, and kittens
- Point Loma Farmers Market at Cañon a.m. to noon.

Tuesday, June 16

Film Forum and the Point Loma Library, 3701 Voltaire St. 6 to 8 p.m. "White on Rice," in English and Japanese with English subti-

Wednesday, June 17

- OB Farmers Market, 4900 block of Newport Avenue 4 to 8 p.m. Fresh local produce and live music.
- The Expanders perform at Winstons Beach Club, 1921 Bacon St. 8 p.m. Vintage





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