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City Council District 2 Councilman Ed Harris, left, shakes the hand of a World War II veteran during a fundraiser Nov. 11 to raise money for a planned overhaul of Veterans Plaza in Ocean Beach. Photo by Tony de Garate

Fundraiser launches campaign to give Veterans Plaza a facelift

By TONY DE GARATE | THE BEACON

Veterans Day comes only once a year, but many OBeceans and community groups say it's high time to recognize members of the military for their sacrifice with a lasting tribute. They chose the Nov. 11 holiday to launch a fundraising effort for a \$1 million

monument on Abbott Park north of the pier.

The goal is to replace the 19-year-old plaza at the foot of Newport Avenue, where circular medallions etched into the concrete sidewalk honoring local vets have been rendered unreadable due to salt air, sand and foot traffic.

The proposed monument, dubbed "Life's Journey" by the architect KTU+A, would consist of a seven-foot-high representation of Sunset Cliffs with four 15-foot-wide granite walls that contain the names of the 82 veterans at the current plaza and have

SEE **VETERANS**, Page 6

Former NTC command center renamed for donor



The iconic former NTC Command Center building was renamed the Dick Laub NTC Command Center in memory of longtime Point Loman Richard "Dick" Laub, whose wife, Dorothea, gave \$1.5 million to the NTC Foundation.

By DAVE SCHWAB | THE BEACON

The board of directors of the NTC Foundation has announced a one-time, \$1.5 million naming gift to support the continued development and enhancement of the NTC Arts & Culture District at Liberty Station.

The iconic NTC Command Center building will be renamed the Dick Laub NTC Command Center in memory of long-time Point Loman Richard "Dick"

Laub. The gift is from his wife Dorothea.

"We are extremely grateful to Dottie Laub and the Laub family for their continued and generous support of this community project," said NTC Foundation executive director Alan Ziter. "A gift of this size provides an opportunity for us to continue our mission to transform 26 historic buildings into a thriving arts and culture district, while pre-

SEE **LAUB**, Page 6

Council District 2 readies for changing of the guard

Harris enters final stretch, reflects on city's progress

Zapf prepares to take over district's reins on Dec. 10

Describing his eight-month District 2 City Council stint as a sprint, Ed Harris said he'll be singularly focused on the district's issues during the remainder of his term.

Harris and his staff are busily preparing to pass the baton to his successor, Lorie Zapf, on Dec. 10.

On April 7, Harris — a veteran San Diego lifeguard — was chosen from among 18 candidates to temporarily fill the Dis-



ED HARRIS

SEE **HARRIS**, Page 5

Lorie Zapf will be exchanging City Council District 6 for District 2 when she assumes stewardship of the beach areas between Point Loma and La Jolla Dec. 10.

For her, it won't be too difficult a move. After successfully running for the District 2 Council seat vacated by now-Mayor Kevin Faulconer in June, she and her staff have been transitioning ever since.



LORIE ZAPF

SEE **ZAPF**, Page 5



This is one of the many gorgeous properties to be on view during this year's All Souls' Saint Nicholas Home Tour set for Dec. 6. Courtesy photo

All Souls' annual home tour again set to dazzle visitors in spectacle of beauty

By DAVE SCHWAB | THE BEACON

A Point Loma holiday tradition, the 63rd annual All Souls' Saint Nicholas Home Tour is Saturday, Dec. 6 from 10 a.m. to 4 p.m.

In a rare circumstance, the tour this year actually takes place on Saint

Nicholas Day, a festival for children held in many European countries. The legendary Saint Nicholas was reputed to be a bringer of gifts and is a figure the American Santa Claus is derived from.

Titled "From Past to Present," each

SEE **TOUR**, Page 7



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OB businessman sentenced in sex ploy with underage girl

The owner of a real-estate business in Ocean Beach was sentenced Nov. 17 to 10 years in federal prison for using a cell phone to arrange to have sex with a 13-year-old girl he paid on several occasions.

Michael Lustig, 71, arrested in University City in 2013, pleaded guilty to using cell phones in coded messages that involved interstate travel in aid of racketeering enterprises.

Although Assistant U.S. Attorney Alessandra Serano asked for a 108-

month term, U.S. District Court Judge Roger Benitez imposed 120 months, although the probation department recommended a 10-year sentence. Lustig will receive credit for serving 17 months in prison.

Lustig is the owner of Real Estate License Services, which he founded in Ocean Beach in 1978. His attorney, Timothy Scott, said the business thrived for 30 years.

Scott asked for a three-year term, saying Lustig has been diagnosed with a

brain tumor and has skin cancer, according to court documents.

In a statement Nov. 17, U.S. Attorney Laura Duffy said "Michael Lustig victimized the most vulnerable population in our community — children — and today, he was brought to justice. We will do everything in our power to protect children from predators."

"The FBI remains dedicated to protecting our children from sexual predators," said Eric Birnbaum, FBI special agent in charge.

Lustig entered a rare "conditional guilty plea" to the charges July 31, in which his appeal of a judge's ruling that allowed search of his cell phones will remain active. If Lustig wins the appeal, he can withdraw his guilty pleas and face a trial without the cell phone evidence.

Lustig was arrested on the current charges following a traffic stop on Governor Drive, but his first arrest was at an Encinitas motel in 2012. His cell phones were seized.

The U.S. Attorney's Office said the evidence showed he was texting coded mes-

sages to two girls, aged 11 and 13, to arrange for sexual activities for money. Court records say Lustig used the words "library" and "books" as code words for sex.

One text read, "Hey, is the bookstore open? I'm in desperate need of books rite [sic] now." Benitez ruled that the text messages and other information found on Lustig's cell phones could be admitted into evidence. His appeal to a higher court on the cell phone issue remains alive.

— Neal Putnam

Pedestrian crossing zone considered for Ocean Beach

By TONY DE GARATE | THE BEACON

If you were asked to name the busiest corner in Ocean Beach, you'd probably pick the western foot of Newport Avenue, where it edges right up to the beach, turns north and becomes Abbott Street.

It's ground zero for the community's iconic beach vibe. Take a 360-degree turn and take it all in.

There's the Ocean Beach Pier. Cars trying to snatch the last spot in the pier parking lot. The characters on the sea wall. Surfers. Swimmers. Skateboarders. Veterans Plaza. Abbott Park. The life-guard tower. A hotel, bars, eateries and specialty stores.

With all that traffic, ever feel just a tad nervous crossing the street?

You're not the only one. Early brainstorming is under way to create a designated pedestrian crossing zone that could include one or even two crosswalks, 3-D painting, lighting, signage and a giant, community mural painted on the asphalt.

The city has advised that funds are available for at least one crosswalk, said chairman Peter Ruscitti Nov. 5 at the monthly meeting of the Ocean Beach Planning Board.

Representatives from the board and the office of District 2 San Diego City Councilmember Ed Harris recently scoped out the site with a city traffic engineer to discuss possibilities, Ruscitti said.

John Ambert, who chairs the board's Project Review Committee, presented a slide show with four options. He said a pedestrian crosswalk mural at the corner of Diamond and Haines streets in Pacific Beach completed in September for \$60,000 could serve as a model in Ocean Beach.

The issue will to the board's agenda Dec. 3 at 6 p.m. at the Ocean Beach Recreation Center, 4726 Santa Monica Ave.

IN OTHER ACTION

The board voted 12-0 in support of a bike corral on Bacon Street, a corridor envisioned as a "bike boulevard" in city planning documents. Corrals, which allow bicycle racks in spaces normally reserved for cars, have been installed in Hillcrest and North Park, but have yet to appear in the Peninsula. The motion was

Ocean Beach planners are brainstorming the possible creation of a designated pedestrian crossing zone that could include one or even two crosswalks, 3-D painting, lighting, signage and a giant community mural painted on the asphalt.

requested by the owners of Pizza Port, where an employee was hospitalized last month after colliding with a car while riding her bike home after work, Ambert said. Bicycle advocates say the corrals raise awareness and improve safety.

A roundabout at the corner of Bacon Street and West Point Loma Boulevard is an idea worth exploring, the board decided by a 12-0 vote. The motion called for the city to do a feasibility study at the intersection, currently controlled by a stop sign and yield sign.

The city regards the intersection as a good candidate for such an upgrade, as it could allow traffic to pass through without coming to a complete stop, Ambert said.

Harris must step down from the San Diego City Council when his term ends Dec. 10, but he won't go out without a final word, aide Chet Barfield said. He'll deliver a State of the District address Dec. 1 at 6 p.m. at Dana Middle school, 1775 Chatsworth Blvd. Harris was appointed last April to fill out the remaining term of the District 2 seat of Kevin Faulconer, who became mayor in a special election.

Two vacancies now exist with resignation announcements from Seth Connolly, who is moving to the Yosemite area; and Raeanon Hartigan, who is awaiting the birth of a child. There was no word on whether the board would appoint successors or wait for annual elections next March to fill the spots.

By a 7-5 vote, the board approved a coastal development permit to demolish a single-story house and garage with a two-story, 3,130-square-foot residence in the 4700 block of Del Mar Avenue. Supporters said they were happy with changes the applicant made in response to concerns about excessive bulk and scale.

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Park Service eyes plan to hike fee for vehicle entry into Cabrillo

By DAVE SCHWAB | THE BEACON

The National Park Service (NPS) is making its case for tripling vehicle fees for entry into Cabrillo National Monument in Point Loma, insisting the hike is essential to pay for park maintenance and improvements.

The NPS proposal would increase the cost for vehicles from \$5 to \$15, as well as doubling the cost for bicycles and pedestrians from \$3 to \$7.

Under the proposal, the fee charged motorcycles would be hiked from \$5 to \$10. Annual park passes, which currently sell for \$15, would be doubled to \$30.

If the fee increases go through, they would all begin in summer 2015.

"Fees haven't been raised in 27 years," said Eileen Martinez, head of interpretation for Cabrillo, which is San Diego's only national park. "We were given national direction to consider increasing entrance fees. We're doing this because we (NPS) have millions and millions of dollars of

backlogged maintenance."

Martinez said 131 of the nation's 401 national parks are seeking similar entrance-fee hikes. She said all of the money collected from entrance fees goes toward visitor's services. Those services include restrooms, trail and road maintenance and improving park visitor centers.

"One of the things we're doing with park entrance fees is we're making a new film about Cabrillo — our old one is outdated — and to do other enhancements for the visitor's experience," Martinez said. She added future plans at Cabrillo include updating the monument's military history exhibit "to truly reflect the dignity of that story. We need to make it relevant and modern in telling that."

A public meeting to apprise residents of the proposed fee increase at Cabrillo was held Nov. 12.

Martinez said it's not a foregone conclusion that the monument's entrance fees will be increased.

"We are looking at all the options,

all the alternatives, including phasing in increases over time," she said. "What we're doing is asking visitors to give us ideas. And they've give us some really great ideas."

Comparing entrance fees at other popular San Diego park destinations, Martinez noted it costs \$20 to board the U.S. Midway and \$84 to get into SeaWorld San Diego. She added the \$15 fee for cars is a seven-day pass.

Martinez said the NPS is trying to get word out about all there is to do and see at Cabrillo National Monument.

"A lot of people don't even know we're here," the park interpreter said. "People are just visually blown away when they realize just how much more there is to do and see here, including making it up to the lighthouse, going to the tidepools, watching movies, visiting the bookstore of walking the bayside trail.

"We do have a National Park Service experience here, and we're working to improve it all the time," Martinez said adding, "People really love

this park."

There are several days — MLK holiday, President's Day, National Park Week, Aug. 25, Sept. 26 and Veterans Day Nov. 11 — when guests are admitted to the monument free. Those free days will continue.

Located at the southern tip of Point Loma peninsula, the Cabrillo National Monument commemorates the landing of Juan Rodriguez Cabrillo at San Diego Bay in 1542. It was the first time a European expedition set foot on the West Coast of the United States.

The site was designated a California Historical Landmark in 1932 and was listed on the National Register of Historic Places in 1966.

The park offers a view of San Diego's harbor and skyline, as well as Coronado and Naval Air Station North Island. A visitor center screens a film about Cabrillo's voyage and has exhibits about the expedition.

The Old Point Loma Lighthouse is the highest point in the park and has been a San Diego icon since 1855.

The lighthouse was closed in 1891, and a new one opened at a lower elevation. The old lighthouse is now a museum, and visitors may enter it and view some of the living areas there.

The area encompassed by the national monument includes various former military installations, such as coastal artillery batteries, built to protect the harbor of San Diego from enemy warships. Many of these installations can be seen while walking around. A former army building hosts an exhibit that tells the story of military history at Point Loma.

The monument is open from 9 a.m. to 5 p.m. every day of the year except Christmas Day, Dec. 25.

The public comment period on the proposed Cabrillo National Monument fee increases is open until Nov. 25. Comments can be submitted online at <http://parkplanning.nps.gov/cabr> or can be submitted in writing to: Park Superintendent, 1800 Cabrillo Memorial Drive.

NAMING

CONTINUED FROM Page 1

serving the legacy of the Naval Training Center. Dick was a Navy veteran, a champion fisherman and neighbor. I hope that Dick would be proud of our accomplishments."

This is the second building naming gift received by the NTC Foundation since it took over operation of the 26 buildings in the NTC Historic District.

The Corky McMillin Companies Event Center, in what was the former Navy Library, was named following receipt of a similar \$1.5 million gift from the McMillin Family in 2004.

Richard "Dick" Laub, a 36-year Point Loma resident, died in May 2013 at 91. He was a Realtor, but his true love was sport fishing. "The Laubster" held tuna and marlin records around the globe.

While Laub did not go to boot camp at NTC, his Navy service provided an opportunity to further his education

through the GI Bill, for which he was always grateful.

"As Point Loma neighbors, we have been watching and supporting this project since the beginning," said Dottie Laub. "I'm happy to help set an example of the kind of support that can be provided to a project of this magnitude and value."

"Donors make a difference in the success of this civic cultural project, the size and scope of which has not been undertaken since the opening of the Balboa Park exhibition 100 years ago," said Ziter. "There are still nine more buildings to go in Phase 3 of our renovation, and Legacy Naming Gifts are available on any one of them."

More than 50 Friends of NTC, NTC Foundation Board Members, McMillin Company representatives and Laub family and friends were present for the dedication. Councilmember Lorie Zapf and former base Commander Richard "Dick" Ensich, were also on hand to represent the city of San Diego and the US Navy.

The former Commanding Officer's Headquarters, at 10,000 sq. feet., is the best-known landmark building at NTC. The historic 1941 building is situated between two outdoor plazas, and its grounds feature the Sybil Stockdale Rose Garden, with over 100 rose bushes planted to honor Navy families. It was

reopened to the public in 2006.

Leading Point Loma families helped to raise funds for the renovation of the building, including The Hervey Family, The Peckham Family and Malin & Roberta Burnham.

NTC Command Center's new mission is to serve as the gateway for guests coming to the NTC Arts & Culture District at Liberty Station, as well as serving as a community conference center.

Inside the command center, visitors are oriented to their destination at NTC, enjoy historic exhibitions and relax on the outdoor Point Loma Nazarene University Friendship Terrace.

Dick Laub NTC Command Center Historic Exhibits include:

- Point Loma Legacy Exhibit An exhibit telling the story of Point Loma and its role as the Gateway to San Diego.
- Vice Admiral James Stockdale and Sybil Stockdale Tribute Exhibit about the POW experience in Vietnam and the story about two of America's greatest heroes of the period.

Reuben H. Fleet and Consolidated Air (Opening in February 2015) An exhibit about a remarkable business man, aeronautical pioneer, and local hero who founded Consolidated Air in San Diego, which at its height in 1943 had 45,000 workers and a profound effect

on every aspect of San Diego life and times.

The NTC Foundation was established in 2000 by the City of San Diego as a 501(c)3 nonprofit foundation to enrich the lives of San Diegans by renovating 26 historic buildings at the former Naval Training.

Center to create, facilitate and operate a broad-based complex focused on experiencing the arts, culture, and creativity that are the hallmark of the San Diego region.

NTC at Liberty Station is San Diego's largest Arts & Cultural District located in historic buildings at the former Naval Training Center in the new Liberty Station neighborhood, near Downtown on San Diego Bay.

With 28 park-like acres and 16 of its 26 buildings complete, NTC is home to nearly 80 museums and galleries, artist studios, dance companies, educational groups, multidisciplinary arts, creative retail and other organizations that showcase San Diego's creative community and provide innovative experiences for the public. The campus also features venues for indoor or outdoor events, festivals, seminars, retreats and meetings. NTC is under the stewardship of the not-for-profit NTC Foundation.

TOUR

CONTINUED FROM Page 1

home on this year's tour as designed by noted San Diego architects and have undergone renovations.

"This year is especially exciting as we showcase the rich history of Point Loma and Ocean Beach and the local architects who have shared their visions," said Lisa Faulk, co-chair with Rosemary Barnes of All Souls' Saint Nicholas Home Tour. "It is also a personal pleasure for us to highlight our Missions and Ministries as a new part of the Tour. We hope everyone enjoys the Tour Homes and events at the church campus this year as they have the opportunity to see how All Souls' supports our community."

Featured this year are homes designed by noteworthy architects

Homer Delawie, Don Edson, Gustav A. Hanssen, Richard Requa and Richard George Wheeler.

Tour guests will be treated to presentations reflected the transformation of homes while enjoying traditional Christmas music.

One of the showcase properties exhibited will be a classic boxcar-style home, the house built for the principal of Point Loma High School in 1926. Also on display will be a mid-century family home now an elegant entertainment venue, a residence designated as a historical site and what was once a cottage that now offers 360-degree views of San Diego.

As part of the tour, guests are welcome to stop by All Souls' Episcopal Church to shop for hand-crafted treasures and homemade delicacies at the Saint Nicholas Marketplace from 1 to 4 p.m. Lunch is being offered at the Saint Nicholas Café from 11:30 a.m. to 2 p.m.

Tour the church campus to see the All Souls' historic collection of art and artifacts and enjoy an organ concert on the Paul Fritts & Ralph Richards OpusV 1986 organ. Then, relax in the Saint Nicholas Tea Room for a Crème Tea with a cup of tea, scones and cookies while listening to Christmas music by Choral Club of San Diego. Guests can also participate in an opportunity drawing.

Funds raised will benefit local community assistance programs including the Peninsular Shepherd Senior Center, Episcopal Church Center, Maseno Hospital in Kenya and the Loaves and Fishes food pantry.

The tour cost is \$30 apiece or two for \$50. Tickets are available online at www.all-souls.com or at All Souls' Episcopal Church at 1475 Catalina Blvd., Walter Andersen Nursery, To the Pointe Café, Mission Hills Nursery and Ace Hardware.

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ZAPF

CONTINUED FROM Page 1

“My home landed in District 2 and I wasn’t going to move,” she said after the most recent redistricting. “I knew if I was going to run again it would be in District 2.”

Zapf has lived in Bay Ho for 17 years with her husband, Eric, and her two daughters.

A broadcast journalist early on, Zapf was inspired by her grandmother’s successful Los Angeles Mexican restaurant to go into business herself. The Zapfs sold an all-natural energy bar, the Boulder Bar, to health food and grocery stores nationwide and in Canada.

As a successful businesswoman, Zapf decided to run initially for City Council in 2010 to help right the city’s finances. She became the first Latina ever elected to the San Diego City Council.

Zapf noted the coastal communities of District 2 are all one of a kind.

“PB is nothing like OB, which is nothing like MB and the Midway District, which is nothing like Point Loma,” Zapf said.

“The communities all have a very distinct character. It’s like children in the same family who all have very different personalities,” she said.

Of the primary difference between Council Districts 6 and 2 Zapf said, “There are so many more — and very active — community groups.”

The City Council member said she intends to hit the ground running in her new district, as she talked about each community, their issues, and what she’d like to see accomplished.

Zapf was supportive of OB’s community plan update, which was recently passed by the City Council. It’s her task to help the community implement that plan.

“My job is to make sure any devel-

opers in the community adhere to that plan,” she said. “They know the rules of the road. My job is to make sure we hold them to that (plan), make them accountable to that.”

Where Point Loma is concerned, Zapf pointed out Peninsula residents have strong ties to their community sometimes “going back generations.”

“People have a very strong bond to Point Loma, are very active volunteers and care very deeply about their community,” she said. “My role is to support the community and help make things happen.”

Zapf favors moves throughout the Peninsula to create Business Improvement Districts to further economic growth and development.

On broader issues, Zapf noted a salary study on San Diego’s police department confirmed it’s “near the bottom” in terms of salary compensation, an issue that needs to be immediately addressed.

“We’ve all seen the impacts,” said Zapf of declining police presence as officers have retired or moved to other, higher-paying positions.

“Where there’s a police presence they’re more proactive, patrolling rather than responding with less resources.”

Regarding the homeless, Zapf noted it’s an ongoing, troublesome issue with no easy solution.

“You need to be compassionate and help people,” she said. “But a lot of these people are refusing services.”

Zapf said she’s backing the “housing first” model being tried successfully to combat homelessness.

“These people need to get a roof over their head first, get some stability back in their life, then you can come back with (other social) services,” she said.

In Pacific Beach, Zapf said she intends to adopt a more positive negotiating stance toward the proposed lease extension in Belmont Park.

“Pacifica (developers) bought it out of bankruptcy and have invested millions of dollars into it,” she noted adding her approach is to “have conversations with people about where they have heartburn and what they would like to see done differently, and then work it out. That’s the way I like to move forward and deal with things.”

She added most people are happy with the strides Pacifica has made noting crime has gone “way down” under Pacifica’s management.

Zapf would also like to work with PB residents to achieve the EcoDistrict the community has planned.

“I’ll be here as an advocate to help them get their plan in place,” she said. “They want more parklets and green space and walkability and bikability. Those will all happen in phases.”

Zapf said she’s not changing offices in City Hall, just phone numbers. One thing that won’t change in District 2 under her administration, she said, is her open-door policy.

“We hold meetings out in the community at libraries or in people’s homes,” Zapf said. “If someone would like to host a coffee at their home or business, just let us know.”

Zapf said she “wants to be there on the grass-roots level” for her communities.

“I see myself as backing up the communities on the neighborhood-level stuff,” she said.

Zapf has released a list of staff members and which communities they’ll be representing: Conrad Wear: Point Loma, Ocean Beach; Liezl Mangonon: Pacific Beach, Mission Bay; Shirley Owen: Bay Ho, Bay Park, Clairemont; and Ernie Navarro: Mission Beach, Midway.

For more information, visit www.sandiego.gov/citycouncil/cd6/staff/zapf.shtml.

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HARRIS

CONTINUED FROM Page 1

trict 2 City Council seat vacated by Kevin Faulconer, who was elected mayor.

It took two rounds of voting by the City Council to select Harris, a Point Loma resident. He was chosen from a diverse field of 18 candidates that included a TV producer, a retired judge, a disabled-persons advocate, an attorney and an architect.

“The odds were better for being hit by lightning than being chosen for an eight-month council seat,” said Harris, who had previously gained political punch as the lifeguard’s labor representative to the city. “I was honored to be chosen.”

It’s been a busy eight months for the lifeguard-turned-legislator.

“To date, we’ve attended 67 community meetings and hosted six others, as well as hosting five morning coffees,” said Harris, an ex-Marine who will return to work as a San Diego lifeguard sergeant and member of the lifeguard dive team after a holiday break with his family.

Harris said he and his staff have been there for District 2 constituents, representing their interests.

“Our goal was to get out to the neighborhoods as much as we could,” Harris said, noting he’s received compliments on how transparent and accessible his office has been.

“We made sure that we got back to people within 24 hours,” Harris said.

Harris said his lifeguard training

came in handy as a politician.

“I observed, listened and paid attention,” he said, noting his function as a councilmember was to “help people navigate through the government system to get stuff done.”

Preserving quality of life has been, and will continue to be, a top priority for Harris, he said.

“Protecting the beach areas is something I’m very passionate about,” he said. “I want to ensure we don’t overdevelop the coast. My feeling is that’s everybody’s backyard. We won’t have access to it if we overdevelop.”

The outgoing councilman said the way to prevent overdevelopment is by updating community plans, like the one recently approved in Ocean Beach.

“Updating the Point Loma community plan, which has been needed for a really long time, is the most important issue in the district for Point Loma,” said Harris, who urged Point Lomans and others in the beaches to “lobby the next City Council person to fund that in next year’s budget.”

Concerning Belmont Park’s proposed controversial lease extension, Harris pointed out that an extension, not a “new” lease is what’s being negotiated.

“They are in a lease for another 26 years and they want to add another 23 years,” he said, adding he wants to hold leaseholder Pacifica’s feet to the fire by ensuring they are responsible for “maintaining and fixing the Plunge pool and the building.”

Harris said the city should only negotiate a “good” deal for extending Belmont Park’s lease.

“What do we get out of it?” asked Harris, noting he’s happy with the improvements leaseholder Pacifica has made at Belmont Park but just wants to ensure the city gets fair market value and its rightful share of proceeds from Belmont’s redevelopment over time.

On environmental issues, Harris said he’s proud of having backed the state-passed elimination starting next year of single-use plastic bags to protect the ocean, as well as pushing for mandatory water restrictions that are now law.

Asked what he liked most about politics, Harris replied, “You get to do good things, weigh in.”

Harris said there are a number of community projects, like the community garden in Pacific Beach, that he’s passing along that he hopes will ultimately come to fruition.

Harris said he learned a lot about City Council District 2 — and about life — during his brief term representing San Diego coastal areas.

“Sometimes you’ve got to stand on your own and make hard decisions and defend your position,” Harris said. “And that’s not always a comfortable place to be.”

In the final analysis, Harris said being District 2’s councilman was a real learning experience.

“I’m glad to have had the opportunity,” he said. “If everyone had the chance (to serve in local government) they’d understand the city a lot more.”

Harris will deliver a State of the District address Monday, Dec. 1 at 6 p.m. at Dana Middle School, 1775 Chatsworth Blvd.



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The Real Word



VOICES FOR CHILDREN’S SPEAKERS PANEL OF CURRENT AND FORMER FOSTER YOUTH

TUESDAY, DECEMBER 2
6:30–8:00pm

POINT LOMA ASSEMBLY—3035 TALBOT STREET



The Real Word, a group of courageous young adults ages 16–22, will inspire, humble, uplift and move you to action with stories of real-life experience in San Diego County foster care. Hear their personal stories of tragedy and triumph, learn how volunteer Court Appointed Special Advocates (CASAs) have made a positive impact on their lives. This event is not appropriate for children.

REGISTER FOR THIS FREE EVENT AT SPEAKUPNOW.ORG

For more information about the event or becoming a CASA volunteer, visit www.speakupnow.org

This event was organized by Makua, Friends of Voices for Children. Founded in Pt. Loma, Makua is a women’s volunteer group dedicated to helping foster children in San Diego County. For information about joining Makua, visit www.makua.org

Peninsula libraries set to get boost from added hours

By DAVE SCHWAB | THE BEACON

Peninsula branch libraries in Ocean Beach and Point Loma will benefit from the fulfillment of Mayor Kevin Faulconer's pledge to expand library hours.

The mayor's "One San Diego" budget that went into effect Nov. 8 will fund an additional 203 hours of library service hours per week citywide.

The funding, released in April as a part of the fiscal year 2015 budget, also restores core branch library hours to 48 hours per week for the first time since 2003 and expands library services on weekends.

Every San Diego branch library has added four service hours Monday through Saturday. Additionally, 12 select branches will extend hours on Saturday and Sunday.

The San Diego Central Library at Joan

Irwin Jacobs Common will add five hours per week.

"Today, we're closing the book on the service cuts our library system has faced over the years," said Faulconer. "We're starting a new chapter of opportunity for our city. We're restoring library hours — and putting our vision of One San Diego into action."

News of more hours was received warmly at Ocean Beach and Point Loma branches.

"The new hours have been a real boon to our customers, especially the extended morning hours on Tuesday and Wednesday," said Ocean Beach branch head librarian Matt Beatty. "We used to have a crush of people on our late days when we opened at 12:30. Now that we open at 11:30 on Tuesday and Wednesday, customers filter in at a more relaxed pace."

Beatty said the Friends of the Ocean

Beach Branch Library are still at work creating interest in a new or expanded branch.

"We have a petition available at the OB Library for members of the public who wish to show their support," Beatty said.

Christine Gonzalez at the Point Loma-Hervey Branch Library agreed that the public is better served with longer hours.

"Additional hours added on Saturday have really helped with the demand for the use of our community room," Gonzalez said. "Also the library used to close at 2:30 (Saturdays) and is now open to 6 p.m., which gives families, especially those with children in sports, more time to come in, as well as offering college students in the community more time to study."

Gonzalez said the new starting time of 11:30 a.m. is better than the previous 12:30 p.m. which was "right in the middle of lunch."

"Now we're able to have more (school) class visits, and people can have lunch out in the park areas," Gonzalez said.

Gonzalez said that with longer hours, that the Point Loma branch "serves the public better being such a large facility," by furnishing things like Internet wifi access.

"People have been very happy with the additional hours, it gives them more time to come in before close at 6 p.m. on Mondays, Thursdays and Fridays," Gonzalez said.

"Having the extended hours is allowing us through the entire library system to be able to provide more of the programs and services that we've always wanted to provide," said Marion Moss Hubbard, senior PIO for city libraries. "It also makes the library more available to people of all different means and types of interest, who want to come into the libraries at more of the times that serve them."

Said public library deputy director Bruce Johnson, "We are excited to implement the mayor's new hours. The revised schedule restores the hours that were reduced during earlier budget challenges. We are pleased that we now have the most hours the San Diego Public Library has had in 10 years."

Supporters said they were similarly pleased.

"We support the San Diego Public Library and the new hours," said Joan Curry, president of San Diego Friends of the Library. "We know how important these hours are to students for homework assignments, young families who come into the libraries during the day, working adults who need to come after work or on the weekends, and seniors who go to their local branches for recreation and lifelong learning."

QUICK HITS >>

BAIL SET FOR WOMAN ACCUSED OF STEALING CHP CAR

Bail was set at \$250,000 on Nov. 10

for a handcuffed woman who allegedly stole a California Highway Patrol vehicle at Mission Bay and drove it at high speeds before crashing into two vehicles, all of which prompted huge law enforcement response on Nov. 6.

Casaundra Rose Lane, 27, pleaded not guilty to theft of an emergency vehicle, felony evasion of police, hit and run, and auto theft. Because the CHP car contained a rifle, she was also charged with being a felon in possession of a firearm

and ammunition.

The incident started after Lane was spotted in the ocean not far from where a CHP officer found a stolen vehicle that had collided with street signs at Mission Bay, said Deputy District Attorney

Michael Runyon. Lane came out of the water and was arrested around 1:30 p.m. for auto theft.

Lane was placed in the back seat of a CHP patrol vehicle, but the vehicle did

SEE BRIEFS, Page 15

How to save thousands when selling your home

When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range.

Your asking price is often your home's "first impression," and if you want to realize the most money you can for your home, it's imperative that you make a good first impression.

This is not as easy as it sounds, and pricing strategy should not be taken lightly. Pricing too high can be as costly to a homeseller as pricing too low. A

recent study, which compiles 10 years of industry research, has resulted in a new special report entitled "Home-sellers: How to Get the Price You Want (and Need)." This report will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell at the price you want.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how to price your home to your maximum financial advantage.

Courtesy of Dennis DeSouza Remax Lic. 01220680

VETERANS

CONTINUED FROM Page 1

space for roughly 1100 more. An adjacent walkway would run west from Abbott Street to the beach. A pattern of the tides and stars representing those lost in battle would inlay the decorative path.

But supporters say the monument will be much more than simply a replacement for the current Veteran's Plaza. Steve Grosch of the Ocean Beach Community Development Corporation (OBCDC), the group leading the effort, said the new plaza will achieve nationwide renown as a space of remembrance and respect.

"This project's main goal is to right a wrong. Designed with Pacific Ocean as

backdrop, it will create one of the nation's most extraordinary memorial spaces," said Grosch.

So far, roughly \$100,000 has been raised for the effort, said Dave Martin, OBCDC treasurer.

"It's about time we started saying thank you in a big way that makes a difference. In a way that people in the future will understand," said Martin, a former Marine who served in Vietnam and was named 2013 Veteran of the Year in the 39th state senate district.

"I was one of the many guys who were hated and spit upon when we got off the airplanes from Vietnam. That should never happen again to a veteran in the United States. I'm so grateful I have the chance to say thank you to every veteran that ever comes to look at this monument," he said.



This is a three-dimensional image of what the revamped Veterans Plaza in Ocean Beach is expected to look like. Photo by Tony de Garate

Other speakers included Myke Shelby, owner of San Diego Harley Davidson and former mayoral candidate and talk-radio host better known as "New York Myke;" Lt. Cmdr. Christina Pickett, Navy ROTC instructor at Point Loma High school and member of the first wave of women to serve on the aircraft carrier USS Carl Vinson; City Councilmember and former Marine Ed Harris; and OBCDC President Tom Perotti.

The event began with a ride-in led by Shelby, and Air Force Vietnam vet, in which dozens of Harleys roared down Newport Avenue and parked at along Abbott Street on a block reserved for the two-wheelers, many of which were adorned with MIA-POW flags and other veteran messages.

If fundraising efforts are successful, supporters say the monument can be a reality in two years.

"Kicking off this is one of the most important things I've gotten to do," said Harris, whose term representing Ocean Beach and the rest of District 2 ends Dec. 10.

The OBCDC selected the "Life's Journey," design, with its emphasis on a beach feel and the significance of coastline, after two public workshops last year. Feedback showed "Life Journey" to be overwhelmingly preferred over the other design option, "Defenders of the World," which featured an amphitheater with two-level seating overlooking a globe design paved on the ground, facing a curved wall of polished granite.

More information is available at obcdc.org.

Ask The Trust & Estate Attorney

Question:

What is financial elder abuse?

Answer:

Financial abuse occurs when someone obtains, takes, or hides money or property and/or makes threats to

take the property and/or anyone who assists someone in doing this.

Undue influence is a term that describes the pushy conduct of a perpetrator that prevents the victim from acting freely. Elder financial abuse includes threats to leave the person if money is not forthcoming. There are some adults who assume that their parents should support them forever and those that feel entitled to their parents' or friends' assets. They could be the baby of the family or the favorite grandchild. Tactics can include withholding affection, visits, sleep, and medication and/or initiating changes in asset ownership or the estate plan.

Here are some things that have happened. Friends suggest a person get a loan on their home to purchase investments and annuities that may be inappropriate for an elderly person. In one such example, a person kept refinancing their home to pay off a child's gambling debts and the client eventually lost their home. In another example, someone put their name on the title of the parent's home.

If you suspect that this is happening, talk about it to the elderly person, to their family (other than the perpetrator) or call Adult Protective Service (1-800-510-2020, 24/7) or call your attorney. Take some action as this is a Billion Dollar problem! The San Diego District attorney handles 9,000 cases a year in San Diego County alone.



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Environmental Assessment for the Miramar Pipeline Repair and Relocation

The U.S. Navy has prepared a Draft Environmental Assessment (EA) to evaluate the potential environmental impacts associated with the proposed repair and relocation of approximately 5 miles of the Navy's Miramar fuel pipeline in the Point Loma area. The Draft EA is now available for public review and comment.

The Navy welcomes your input!

Attend the open house public meeting to learn about the project and speak to Navy team members. Comments will be accepted at the meeting, online, or by mail to the address below.

The Draft EA is available for public review online, and at the San Diego Central, Ocean Beach and Point Loma/Hervey libraries.

Submit Comments To:

NBPL Miramar Pipeline EA Project Manager
Naval Facilities Engineering Command Southwest
Attention: (RUE20.TB)
2730 McKean St., Building 291
San Diego, CA 92136-5198

Online at: www.navyregionsouthwest.com/go/doc/4275/1996890

All comments must be postmarked or received online by Dec. 6, 2014, to be included in the official record.

OPEN HOUSE PUBLIC MEETING

Wednesday, Dec. 3, 2014
5 to 8 p.m.

Portuguese Hall
2818 Avenida De Portugal
San Diego, CA 92106

For project information or to review the Draft EA, visit the project website.

Navy representatives will be available to provide information and answer questions.

Proposed Action: Repair and relocate portions of the Miramar fuel pipeline to maintain its safe, consistent, and continuous use to fuel Navy ships and to maintain readiness.

www.navyregionsouthwest.com/go/doc/4275/1996890

Pointers to face off with Madison in playoff showdown

By SCOTT HOPKINS | VILLAGE NEWS

After a bizarre drop in the San Diego CIF's new football power-ranking playoff system, Point Loma's Pointers will be heading to the same school and stadium Nov. 21 to face the team that defeated them for the Western League title just 14 days ago.

Going into their Nov. 7 showdown at Madison, the Pointers were tied for the eighth and final spot in the elite Open Division tournament. Madison was ranked 17th and was just hoping to make the Div. I postseason that would include teams ranked 9-20 on the CIF list.

But the Warhawks scored on six straight possessions en route to a 36-14 win over the Pointers that gave them a seven-game winning streak and ended an identical one by the injury-depleted Dogs.

When data from Nov. 7 games was entered, the Pointers seemed stunned to see they had plummeted all the way to 13th place, while the Warhawks jumped to 12th.

After the Open Division pairings were set, the Warhawks received the No. 4 seed in Div. I and the Pointers were slotted at No. 5.

That placed two new hurdles in the Pointers' path.

First, they would not receive an opening-round bye that goes to the top four seeds and would have greatly helped their banged-up team.

Second, the pre-arranged bracket showed the winner of the game between the No. 5 Dogs (8-2) and No. 12 Mt. Miguel (3-8) traveling to face the rested Warhawks in the quarterfinals.

Pointers head football coach Mike Hastings said he knows it will take a much greater performance to eliminate the Warhawks and advance to the

Nov. 28 semifinals against the winner between No. 1 La Costa Canyon and No. 8 Grossmont.

"We're going to have to really look at the film from last week [against Madison] and get better," he said. "We couldn't get off the field defensively and that really hurt us. We got them in some third-down and longs or fourth-down down and short, and we have to be able to get off the field in those situations," he said.

"If we do that, I think we've got a good chance," Hastings predicted.

The Pointers will also have to find a way to stop the opponents' passing attack, as Madison senior Kareem Coles, who has committed to Utah State University, connected on five touchdown passes while completing 13 of 20 throws for 205 yards.

Then, in the Nov. 14 opening playoff round, Mt. Miguel's Jacob Castillo connected on 16 of 28 attempts for 356 yards and another five touchdowns for a team that was 0-5 in the Grossmont-Hills League, although the Dogs played their reserves in the fourth quarter while yielding 21 points.

Castillo's work was overshadowed by the high-scoring Pointer offense, which scored on five of its first six possessions in building a 33-14 halftime lead to eliminate the Matadors 47-35.

The Point Loma home game was played before an unusually sparse Pointer crowd at historic Balboa Stadium on the San Diego High School campus, home of the San Diego Chargers from 1961-66. CIF policy requires playoff games (except the final round) be played on Friday nights, eliminating the unlit Pete Ross Stadium.

The Pointers mounted their best passing game of the year against the Matadors as Gavin Grady hit eight of his 11 throws for 213 yards and three touchdowns of his

own.

Those went to Tim O'Brien (41 yards), Jaylen Griffin (42 yards) and Caleb Johnson (29 yards).

After each team scored twice in the first period (Griffin on a 10-yard run and Romeo Epperley on a four-yarder), the Pointers pulled away with 19 unanswered points in the second quarter.

Epperley then took a third-quarter handoff and swept to the right before pulling up and passing 27 yards to Sergio Gallegos for the only score of the third period before the Pointers cleared the bench.

Johnson also accounted for both Pointer interceptions, picking off Castillo's desperate throw with just 9.6 seconds to play in the first half. Grady quickly made the Matadors pay for the mistake, throwing a scoring pass to Griffin on the next play to put the Pointers up 33-14 just 2.5 seconds before intermission.

Then, with Castillo scrambling on the game's final play, Johnson again snagged his pass, running the ball back 30 yards before being brought down to end the game.

"When the game really mattered, I thought we came out offensively and established some dominance," Hastings said. "I thought Gavin [Grady] and some of our plays where we throw with our sweepers were effective tonight."

The Pointer defense put pressure on Castillo and sacked him several times besides limiting the Matadors' running game.

The Pointers improved to 9-2 on the season with the win.

"I'm just really proud of our kids," Hastings added. "They've won nine games this year, and that's a heck of an accomplishment. We'd like to get to ten. I think these kids have it in them."



Pointer defensive lineman Cole Kidd (No. 10) leaps to block a pass attempt by Madison quarterback Kareem Coles in their battle Nov. 7. The Warhawks claimed the Western League crown with a 36-14 win.

Photo by Scott Hopkins

EXTRA POINTS

The Pointers brought a good-luck charm to the Matador game — an 18-inch section of the wooden goal post from Balboa Stadium that was torn down by Pointer fans in December 1966, when Bennie Edens and his team defeated Helix High 18-14 on a late touchdown pass to win the county championship.

On that night, this writer covered the game from the press box high above the field as sports editor for the school newspaper, *The Pointer*. Edens later told him it was "the best story I've ever seen written in a

high school paper."

Senior team captain Dan O'Beirne, injured early in the Pointers' Homecoming win over La Jolla, is expected to return this week.

Madison scored a rare sweep of all three games with the Pointers, winning the freshman game 54-21 and the JV contest 21-12.

Hastings suited up many of the Pointer junior varsity players so they could experience the playoff game atmosphere, and many of them received some playing time late in the game.

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Lady Pointer Yuliya Ushakova, left, strikes one of her 13 kills in an opening-round CIF playoff victory over Carlsbad as Faith Smith (No. 2) assists. The Pointers defeated Santa Fe Christian to reach the Div. I semifinals this week.

Photo by Scott Hopkins

PLHS girls' volleyball team advances in playoffs

By **SCOTT HOPKINS** | THE BEACON

The girls' Pointer volleyball team survived a scare in its CIF Div. I quarterfinal-playoff round with a tense five-set victory over Santa Fe Christian to advance to the semifinal round played earlier this week. Their opponent was the No. 11

seed Rancho Buena Vista, who upset No. 3 seed Cathedral Catholic by a 3-2 set score in another quarterfinal match.

The Lady Longhorns entered the match as the third-place team in the Avocado West with a 6-4 record (20-17 overall).

The Pointers, meanwhile, finished

third in a strong Western League with an 8-4 record (23-8 overall). Both first place Scripps Ranch and second-place La Jolla's records vaulted them into the elite Open Division, comprising the top eight teams in the section.

SEE **VOLLEYBALL**, Page 9



NOVEMBER 23 (SUN)
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DECEMBER 14 (SUN)
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DECEMBER 21 (SUN)
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VOLLEYBALL

CONTINUED FROM Page 8

The Pointer ladies earned a No. 2 Div. I seed. In volleyball, no teams receive first-round byes, but the Pointers will enjoy home-gym advantage, where they are 9-0 this year against all teams except No. 1 seed La Costa Canyon, which won the Avocado West League title.

Carlsbad, the Pointers' first-round opponent, finished fourth in the Avocado West League with a 4-6 record (13-20 overall).

In the Veterans Day match against the visiting Lady Lancers, the Pointers scored a 3-1 victory with set 25-11, 25-11 and 25-20 to go with a marathon set that ended in a 31-33 loss.

Madilyn Yeomans registered 15 kills to lead all players. Yuliya Ushakova had 13 and Courtney Justus had 12.

In their quarterfinal battle Nov. 14 against Santa Fe Christian (third place in the Coastal League with a 3-4 record, 12-15 overall) the Lady Eagles took the Lady Pointers to the limit with set scores in order of 17-25, 25-17, 23-25, 25-18 and 15-11.

Yeoman again led with 21 kills, followed by Justus (14) and Ushakova (12).

Davis Ransom is Lady Pointer head coach. He is assisted by Mike Stara and Kim Smith.

Team members include seniors Isabella Polese, Faith Smith, Justus, Kate O'Brien and Morgan Maclean. Juniors are Allison Inzunza, Yeomans, Lauren Martes, Ushakova and Sarah Szostak. Allison Mathews is the only sophomore, while freshmen include Hailey Brockett, Sophia Altobelli, Charlie Eckstrom and Rebecca Nunez.

SPORTS SHORTS >>

Two Point Loma High seniors signed national collegiate letters of intent at a signing ceremony held Nov. 14 at the Hall of Champions sports museum in Balboa Park.

Ryan Arnold, a pitcher and infielder for the Pointer baseball team, inked a commitment to play at Metro State University. The public liberal arts school that serves more than 24,000 students is located on a 127-acre campus in downtown Denver, Colo. The NCAA D-II Roadrunners compete in the Rocky Mountain Athletic Conference.

Volleyball player Faith Smith will continue her career at Gonzaga University in Spokane, Wash. The NCAA Div. I school competes in the West

Coast Conference.

The Bulldogs, also known as the Zags, are the Roman Catholic school serving about 7,500 total graduate and undergraduate students on 131 acres near downtown Spokane.

— Scott Hopkins



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ENJOY THE BEAUTY OF OLD TOWN

Holiday Traditions Return to Old Town San Diego State Historic Park

Old Town San Diego State Historic Park celebrates Holiday in the Park this year on Saturday, December 13 and 14, with entertainment, living history activities, and the 64th annual Las Posadas procession.

Just minutes from downtown San Diego and an alternative to the busy malls, stores in the State Historic Park offer unique gifts at reasonable prices in a quaint historic setting. Shoppers are offered a glimpse into yesteryear, where life moves more slowly in this part of town, and where the holiday hustle and bustle is balanced with history and fiestas. There are a variety of activities that offer visitors the opportunity to experi-

ence the history of early San Diego.

Holiday in the Park begins on Saturday, December 13, at noon and continues until 9 p.m. that day with the Historic Merchants Open House, and continues on Sunday, December 14, with the 64th consecutive year of Las Posadas, which starts at 5 p.m. A piñata party follows the procession in the plaza at 6 p.m.

Throughout the weekend, the State Historic Park will be adorned with holiday decorations including a Christmas tree in the Seeley Stables, lantern-lit museums, horse-drawn wagon rides for a small fee, festive music, children's crafts, performance tours and caroling around a bonfire. Enjoy free s'mores and hot

chocolate by the bonfire in the plaza starting at dusk. Handcrafted gingerbread houses will be displayed by various merchants in the park, who compete each year for the most original gingerbread house display.

There are more than 40 specialty shops with Old Town San Diego State Historic Park, offering gifts such as candles, decorative tin, jewelry, gemstones, clothing, tobacco products, coffee and teas, home décor and kitchen supplies, pottery, Native American hand crafts, books and much more.

"A Christmas Carol" will be on stage at the Cygnet Theatre and a one-time behind-the-scenes tour will be provided

at 12:15 p.m. on December 13. In addition, performance reenactment dubbed "Mrs. Robinson's Fruitcake" will be performed in the Historic State Park Plaza at 1 p.m. and 3 p.m.

Bonfire Nights will continue the week between Christmas and New Year's with free s'mores and hot chocolate in the middle of the Historic State Park Plaza at dusk until 9 p.m.

Old Town San Diego State Historic Park is conveniently located next to the Old Town Transit Center with Coaster, Amtrak, Trolley, and MTS bus service. For a list of stores, events, or additional information, phone 619-220-5422 or go to www.parks.ca.gov/oldtownsandiego.

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2014 Ocean Beach Holiday Events

Nov. 19, 26	*Farmers Market 4-7pm
Nov. 29	*Craft Fair at Beach 9am-4pm
Dec. 1	*OB Christmas Tree Arrives 11am
Dec. 2	*Decorate OB Christmas Tree 9am
Dec. 3, 10, 17	*Farmers Market 4-7pm (NO Farmers Market Dec. 24 or 31)
Dec. 4	*Santa & Children Decorate Tree 9am - noon
	*OB Holiday Auction Sunshine Company Saloon 6:30 - 9pm
Dec. 5-15	*OB Storefront Decoration Contest (facebook.com/OBMA92107)
Dec. 6	*35th Annual OB Holiday Parade 5:05pm, Newport Avenue
Dec. 6, 13, 20	*Craft Fair at Beach 9am-4pm
Dec. 15	*Holiday Homes Decoration Contest Call 619-316-3403 for more info.
Dec. 16-19	*Food & Toy Drive - Masonic Center, 5:00pm - Volunteer & Bring Donation
Dec. 20	*Food & Toy Drive Distribution 9am

Happy
OB
Holidays

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Ocean Beach Celebrates Small Business Saturday Local Ocean Beach businesses will participate in Shop Small Saturday on Nov. 29

OCEAN BEACH, Calif. – Ocean Beach merchants will offer discounts and deals on Nov. 29 as part of Small Business Saturday, a nationwide event hosted by American Express.

Small Business Saturday, founded in 2010, encourages people to shop small on the Saturday after Thanksgiving. The event promotes holiday shopping at small, local businesses, which helps these businesses recruit returning customers.

Several Ocean Beach small businesses are participating this year by offering specials on Nov. 29. These businesses include: Blue Dot Refill, Teeter, Bone Appetit, Shades Oceanfront Bistro, Salt Water Surf Supply, South Coast Surf Shop, Details SalonSpa, Gilmore Family Jewelers and Temptress Fashion.

Shades Oceanfront Bistro will offering a \$10 gift card with every \$50 gift card purchase, Details SalonSpa will be hosting

Aveda double points day, and Teeter will have refreshments and discounts for shoppers.

Ocean Beach MainStreet Association has been involved in American Express Small Business Saturday since its inception in 2010. The event helps local Ocean Beach businesses and merchants receive recognition and support from the local community.



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COLLEGE ROUNDUP

PLNU women's soccer team snares host of PacWest honors

PLNU ATHLETIC
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Sea Lions' historic season ends
in NCAA West Regional

Just like a highly anticipated pitcher's duel the first round of the NCAA West Regional matched up two of the best defensive teams in the region, and of course the match became a slugfest in which the No. 6 seed Point Loma women's soccer team found itself on the short end of a 3-2 loss to No. 3 seed Cal Poly Pomona on Thursday, Nov. 13.

Both teams traded goals in the first half and early in the second half, but it was the final goal with just 20 seconds left on the clock that will leave a bitter

taste in the Sea Lions' mouths during the offseason. It started with two minutes left in the second half when CPP had a great look at the goal but the shot went wide and the Sea Lions exhaled in relief as extra time looked imminent.

However, the Broncos were not satisfied to go to overtime and kept the attack on.

PLNU goalie Ariel Oriarte made a great sliding save on a shot with just over a minute to go to keep the match tied but CPP stayed on the attack. After PLNU cleared the ball back into the midfield Cal Poly Pomona put the ball back into the box and the Sea Lions were unable to clear it as Ali Sauve got behind the defense for the game-winner and her second goal of the match.

"You have to credit Pomona," said PLNU head women's soccer coach Tim Hall. "They outworked us the last 20-25 minutes of the match. Our girls sold it all out but today, Pomona had a little more than we did in the last 20-25 minutes and it showed."

PLNU women's soccer loads up
on PacWest awards

The perks of a dominant, undefeated Pacific West Conference season extended beyond an automatic berth to the NCAA West Regional for the Point Loma women's soccer team, as seven Sea Lions earned all-conference honors, and PLNU took four of the six special honors.

Claire Mathews was named PacWest Defender of the Year, Ariel Oriarte

earned conference Goalkeeper of the Year, Sami Swanson took home Freshman of the Year and Tim Hall was voted Coach of the Year.

Mathews was the central defender and anchor on a PLNU defense that put together a season for the ages.

The Sea Lions allowed just two goals in their 12-match conference schedule to set the record for least goals ever allowed in conference play. PLNU shutout 10 of its 12 PacWest opponents, including nine in a row to end the season.

Oriarte was the last line of defense for the Sea Lions on their historic run. She was a three-time PacWest Defender of the Week and allowed just three goals all season (two in PacWest play) for a .213 goals against average. She notched shutouts in nine of her 13 starts and ranked second in the PacWest with a .927 save percentage.

Swanson was a starter from Day One in the midfield for the Sea Lions. She tied for second on PLNU with seven points. She had three goals and an assist on the season, and two of her goals were game-winners. The Sea Lions also went 3-0 in games in which Swanson scored.

Hall was recognized as the top coach in the conference after leading Point Loma to an 11-0-1 PacWest record and a 12-3-1 record overall. PLNU won 11 straight contests during the season, and this is its fourth straight season with at least 12 wins.

PLNU is now 27-7-4 (.711 percent) all-time in PacWest play under Hall.

Mathews and Oriarte were both

First Team All-PacWest selections. They were joined on the First Team by Dottie Rhoten, who earned the honor as a defender. Rhoten tied for second on PLNU with seven points.

Shelby Murphy and Swanson were both Second Team All-conference picks, while Morgan Pearce was placed on the Third Team and Tara Kracy picked up an honorable mention selection.

The only special honors the Sea Lions missed were Player of the Year. That honor went to Lindsay Vesling of California Baptist and Newcomer of the Year, Justene Kesterson, also from CBU. California Baptist led the PacWest with 11 All-Conference selections. PLNU was second with its seven selections.

Four Sea Lions earn
All-PacWest honors

For the second straight season, both Daniel ten Bosch and Tyler Allen of the Point Loma men's soccer team were named to the All-Pacific West Conference team, while Matt Rose and Avrin Yakou earned the honor for the first time this year.

Ten Bosch was a Second Team selection once again. He started all 18 games in the midfield for PLNU and finished second on the team with eight points. The junior from Irvine, Calif. (Woodbridge HS) had two goals and four assists on the season.

Allen moved up to the Second Team after earning Third Team honors as a freshman. Allen anchored the backline for the Sea Lions once again. He moved

from outside defender to central defender during the season and helped PLNU put together a seven-match undefeated streak in which the Sea Lions had five shutouts. He finished the season with an assist and the game-winning goal against Dominican.

Rose picked up Third Team honors as a midfielder after leading PLNU with five goals and 13 points. He had the game-winning goal in the final minute of play against Dixie State when he scored on a breakaway. He scored a goal in four straight matches during the Sea Lions' seven-match unbeaten streak.

Yakou earned Third Team honors as a goalkeeper. He ranked third in the PacWest in both goals against average (1.20) and save percentage (.765). His five shutouts also paced the conference and he was a two-time PacWest Defender of the Week. He had 62 saves on the season and 4.13 saves per game.

Jaime Phillips of Holy Names was named the PacWest Player of the Year after leading the league with 21 goals and 44 points. Chris Brusenback of Azusa Pacific was named the PacWest Defender of the Year and Dave Blomquist of APU was named the coach of the year.

BYU-Hawaii also earned two special honors as Jace Green and Chris Pineda were named Newcomer and Goalie of the Year, respectively. Aidan Apodaca of Cal Baptist was the Freshman of the Year.

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First Thanksgiving

In the fall of 1621, at Plymouth Plantation, in Plymouth, Massachusetts, Europeans, joined by a group of Wampanoag Indians, gathered together to thank God for the blessings of the first harvest in the New World. The Puritans who celebrated the first Thanksgiving were about

half of those who arrived at Plymouth on the ship Mayflower, since the other half had died due to sicknesses and dangers in the New World. The exact dates of the first Thanksgiving celebration, which lasted 3 days, is unknown. Plymouth Governor William Bradford declared a thanksgiving celebration, in

1621, sometime after the harvest. The days could have been between the end of September to the beginning of November.

Thanksgiving dates

Thanksgiving is an American and a Canadian holiday. Both countries cele-

brate Thanksgiving at the end of harvest: in Canada, it is the second Monday in October; in America, it is the fourth Thursday in November.

The first national Thanksgiving Day was issued by George Washington in 1789. However, in 1863, President Abraham Lincoln was the first Presi-

dent to set Thanksgiving Day to be the last Thursday of November. Before 1863, Thanksgiving Day varied from year to year. But it wasn't until 1941 when Congress declared fourth Thursday of November to be a legal holiday.

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Falls in Senior Population: Can We Prevent Them?



30% of people over the age of 65 years fall 1 or more times in a year. Falls are the leading cause of death from injury in elderly adults. In 2003, 13,700 people died from falls. A fall is defined as an event that results in a person coming to rest unintentionally on the ground or on a lower level but not caused by an internal trauma (e.g. stroke). Intrinsic risk factors include: Medical Condition, Cognition, Psychosocial, Sensory, Central Processing, and Musculoskeletal.

Medical risk factors include: Co-morbidities (Pulmonary Disease, MS, Prolonged bed rest, Stroke, Diabetes) and Polypharmacy (overmedicated). It has been documented that 4 or more prescribed medications significantly increases risk for falls. Meds used to treat hypertension, heart disease, and depression may cause dizziness. Cognition which includes safety awareness, attention, and judgment combined with Psychosocial (depression, anxiety) attributes can also greatly affect fall risk. Central Processing concerns area of: limits of stability, reaction time, anticipatory reactions, and postural Stability. Senso-

ry Loss is quite evident in a majority of falls and will encompass losses in one or all of the following: Vision, Vestibular, and Somatosensory (impaired position sense). Musculoskeletal deficits include: Losses in Strength, flexibility, endurance, and postural alignment; Gait (decreased step length, increased step frequency, decreased speed, and increased lateral sway); and Coordination (ability to change directions).

Extrinsic factors include: Environment, Social, History of Falls, and Activity level. History of falls is especially relevant if history of: 1 or more falls in a year, falling indoors, or an inability to get up after fall.

Exercises to Prevent Falls include: Tai Chi, Individualized multidimensional exercise program and Exercise in physical therapy sessions with appropriate home exercises will decrease risk for falls and improve Mobility Assessment scores.

Loss of balance and falls could be prevented with seniors if adults take measures to protect themselves, much as they do against health conditions such as heart dis-

ease. An assessment and treatment by a Licensed Physical Therapist is the obvious choice in obtaining this protection. Loss of balance and limitations in mobility can be effectively prevented, reversed, or delayed by physical therapy treatments. A comprehensive balance assessment performed by a physical therapist can determine the factors as above that are contributing to an individual's fall risk. A physical therapist plan of care will include exercises to improve strength, aerobic capacity, flexibility, proper gait, and the function of the vestibular system. Balance training and fear management will also be addressed.

For more information on the physical therapist's role in preventing falls contact: Greg Sterner, Board Certified Orthopedic Clinical Specialist in Physical Therapy, Owner

San Diego Sports Physical Therapy
2750 Dewey Rd. Ste 101
San Diego, CA 92106



First Thanksgiving Questioned

A Floridian Robyn Gioia has claimed that the first Thanksgiving was not the traditionally known 1621 Thanksgiving at Plymouth Plantation. Gioia, a 5th grade teacher, in her children's book America's REAL First Thanksgiving, asserted that the first Thanksgiving occurred on September 8, 1565, in St. Augustine, Florida, when a Spanish explorer and Timucua Indians celebrated together the first Thanksgiving meal—bean soup. (USA Today, 2007)

The Day After Thanksgiving

Friday after Thanksgiving is known as Black Friday because retailers hope that with plenty of sales, their sales numbers will no longer be in the red, but in the black.

Myth: many believe that Black Friday is the busiest shopping day of the year. Actually weekend days before Christmas are busier shopping days. Black Friday is the busiest travel day in the United States.

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Farmers Market, OB Food/Toy Drive to aid those less fortunate this holiday



The Country Rockin' Rebels will be among this year's cast of musical performers who will help raise money for the less fortunate during the annual Holiday Food and Toy Drive at the Ocean Beach Farmers Market.

By BART MENDOZA | THE BEACON

One of Ocean Beach's most beloved institutions, the annual Holiday Food and Toy Drive at the Farmers Market returns this year with weekly events until Christmas.

Located at the corner of Newport Avenue and Bacon Street, the event will once again be helmed by producer and musician Michael Head of Head Trap Music, with guests being asked to bring donations of canned food and unwrapped toys for those less fortunate, which can be left at locations throughout the Farmers Market, as well as at the side of the stage area.

On Dec. 3, the event will feature hip-hop artist Destructo Bunny, Dec. 10 will host the Santana Brothers, while Dec. 17 will be a night

spotlighting artists from local label, Cabeza Records, including Head's own band, The Country Rockin' Rebels and The Stolen Hubcaps.

"I really like to mix things up a little," said Head. "So we have some different things on offer this year, like Destructo Bunny. I normally wouldn't do a lot of hip-hop, but he gets a good crowd and he always brings a bunch of guest M.C.s and rappers and has a very positive message that appeals to a younger crowd and older OB residents as well."

"He has an amazing crossover appeal across the age groups. It's the kind of music that you might think wouldn't go over that well in OB, but it does."

For more traditional fare, Head recommends the show on the 10th.

"That will be an evening of holiday music with the Santana Brothers, a bunch of local kids that have built up a solid following. You'll hear all the Christmas favorites, as well as some classic rock in there to spice things up a little," he said.

Now in his fourth year running the music at the Farmers Market, Head said he is happy to contribute to the local community.

"I've always helped out where I could in OB, for me it's a full circle thing. I spent a lot of time outside the San Diego music scene and it's so much better here, I feel like I have to do what I can to help support things," Head said.

"I feel it's everybody's duty to give back where they can. Really, it's easy for me to give back through music, it's not work for me and being able to help others is something that I enjoy very much," he said.

He notes that every little bit helps.

"It's not always about money or material objects at this time of year," Head pointed out. "It's all about what your strengths are and what you can give. It's not always about the biggest or the most [contributions], it's also things like community spirit, offering what you can, so musicians sing and play as well."

"We collect a fair amount of stuff, of course. It could always be a little more, but people always come through, whether it's a behind-the-scenes check being donated or a few toys," he said. "It all makes a big difference in people's lives. It definitely makes an impact."

Head said his favorite thing about the annual Holiday Food and Toy Drive and other holiday events in OB comes from his youth spent on the East Coast.

"I love bringing a wintry vibe to the West Coast," he said. "With the great weather here, we don't always have that same feeling. So I like it when we get everyone gathered around in good spirits and warmth for a wonderful cause like this. It's the best feeling of the year, a great heart-warming vibe."

• OB HOLIDAY FOOD AND TOY DRIVE: Wednesdays in December at the **OCEAN BEACH FARMERS MARKET**, Newport Avenue and Bacon Street. 4 to 7 p.m. All ages. www.oceanbeachsandiego.com/events/farmers-market-wednesdays

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LEGAL ADS 900

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027906 Fictitious Business Name(s): CALIFORNIA MUSIC WORKS located at: 1811 DENVER ST. SAN DIEGO, CA. 92110 is registered by the following: KYLE BLASE, DENISE BLASE This business is conducted by: A MARRIED COUPLE The first day of business was: NOT APPLICABLE Registrant Name: KYLE JOHN BLASE Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 22, 2014 ISSUE DATES: OCT 30 NOV 06, 13 AND 20, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-028048 Fictitious Business Name(s): INNER CIRCLE FINANCIAL & INSURANCE SERVICES located at: 5095 MURPHY CANYON RD. SUITE 200 SAN DIEGO, CA. 92123 is registered by the following: F M O WEALTH MANAGEMENT, INC. This business is conducted by: A CORPORATION F M O WEALTH MANAGEMENT, INC. 5095 MURPHY CANYON RD. SUITE 200 SAN DIEGO, CA. 92123 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: MICHAEL P. FUSCO Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: OCT 23, 2014 ISSUE DATES: OCT 30 NOV 06, 13 AND 20, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2014-00035646-CU-PT-CTL PETITIONER OR ATTORNEY, MONIQUE PERKINS 3665 ARGONNE ST. SAN DIEGO, CA. 92117 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM BODHI DANIEL QUINTAL TO BODHI DANIEL DIAZ A MINOR ON BEHALF OF HIS PARENT MONIQUE PERKINS THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON DEC 12, 2014 TIME: 9:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): OCT 30 NOV 06, 13 AND 20, 2014

NOTICE OF PETITION TO ADMINISTER ESTATE OF: USHIO TAKAHASHI CASE NUMBER: 37-2014-00035774-PR-LA-CTL. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of USHIO TAKAHASHI A Petition for Probate has been filed by JUNJI SUZUKI in the Superior Court of California, County of SAN DIEGO. The Petition for Probate requests that JUNJI SUZUKI be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and

codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: Date: DEC 04, 2014 Time:1:30 A.M. Dept: PC-2 Address of court: SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO MADGE BRADLEY BUILDING 1409 Fourth Ave. San Diego, CA. 92101 Central Probate. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the is available from the court clerk. Attorney for Petitioner: Edward S. Miyachi, Marshall Suzuki Law Group, LLP150 Spear Street, Suite 725 San Francisco, CA. 94105 415-618-0090 ISSUE DATE(S): OCT 30 NOV 06, 13 AND 20, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027809 Fictitious Business Name(s): BARE ELEGANCE WAXING, BARE ELEGANCE located at: 6711 FOLLETTE ST. CARLSBAD, CA. 92011 is registered by the following: BARE ELEGANCE, INC. This business is conducted by: A CORPORATION BARE ELEGANCE, INC. 6711 FOLLETTE ST. CARLSBAD, CA. 92011 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: NICOLETTE MCNARY Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 21, 2014 ISSUE DATES: OCT 30 NOV 06, 13 AND 20, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027733 Fictitious Business Name(s): LA MEDINA located at: 4973 VIA CINTA SAN DIEGO, CA. 92122 is registered by the following: KHALED MISSAOUI This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: KHALED MISSAOUI Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 20, 2014 ISSUE DATES: OCT 30 NOV 06, 13 AND 20, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-028072 Fictitious Business Name(s): HUE SALON located at: 4028 WABASKA DR. SAN DIEGO, CA. 92107 is registered by the following: ANGELA MACPHERSON This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ANGELA MACPHERSON Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 23, 2014 ISSUE DATES: NOV 06, 13, 20 AND 27, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-028811 Fictitious Business Name(s): PACIFIC COAST SOLAR AND ELECTRIC Located at: 1116 WILBUR AVE. SAN DIEGO, CA. 92109 is registered by the following: CASEY FRANEY This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: CASEY FRANEY Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 31, 2014 ISSUE DATES: NOV 06, 13, 20 AND 27, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-029195 Fictitious Business Name(s): THE LEAN MACHINE located at: 5663 BALBOA AVE #389 SAN DIEGO, CA. 92111 is registered by the following: LEROICO, LLC This business is conducted by: A LIMITED LIABILITY COMPANY LEROICO, LLC 5663 BALBOA AVE. #389 SAN DIEGO, CA. 92111 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: ANTHONY LERO Title: CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: OCT 31, 2014 ISSUE DATES: NOV 13, 20, 27 AND DEC 04, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-029397 Fictitious Business Name(s): TROT RIDE, TROT located at: 3882 JEWELL ST. #G103 SAN DIEGO, CA. 92109 is registered by the following: MAGGIE RICHMAN This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MAGGIE RICHMAN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 06, 2014 ISSUE DATES: NOV 13, 20, 27 AND DEC 04, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-029391 Fictitious Business Name(s): GRACE- FULLY POLISHED, REFINED GRACE located at: 4747 67TH ST. UNIT B SAN DIEGO, CA. 92115 is registered by the following: ELAINE TAYLOR This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ELAINE TAYLOR Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 06, 2014 ISSUE DATES: NOV 13, 20, 27 AND DEC 04, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-029423 Fictitious Business Name(s): MIGHTY DOGS located at: 4002 PARK BLVD. #A SAN DIEGO, CA. 92103 is registered by the following: STEVEN D CRAWFORD II, SHARON MATSUOKA This business is conducted by: A JOINT VENTURE The first day of business was: 11/06/2014 Registrant Name: STEVEN CRAWFORD Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 06, 2014 ISSUE DATES: NOV 13, 20, 27 AND DEC 04, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY, RM 225 SAN DIEGO, CA. 92101 CASE NO: 37-2014-0003768-CU-PT-CTL PETITIONER OR ATTORNEY, AMIR MAHMOUD KHORRAM PANAH, ELAHEH ALVI 8689 WARMWELL DR. SAN DIEGO, CA. 92119 619-761-4533 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM AMIR PARSA KHORRAM PANAH TO PERSA PANAH FROM SINA KHORRAM PANAH TO SINA PANAH FROM AMIR MAHMOUD KHORRAM PANAH TO AMIR PANAH ALL MINORS ON BEHALF OF THEIR PARENTS AMIR MAHMOUD KHORRAM PANAH, ELAHEH ALAVI THE

BRIEFS

CONTINUED FROM Page 1

not have bars between the front and back seat, said Runyon. A tow-truck operator alerted the CHP officer that Lane was moving around in the patrol vehicle.

“She made her way to the front (seat) of the vehicle,” said Runyon to San Diego Superior Court Judge Louis Hanoian.

Although Lane was handcuffed from the back, she somehow slipped her handcuffed hands in front of her and drove off in the vehicle. The CHP officer fired shots as she drove off.

Runyon said she drove more than 70 mph while still handcuffed on Interstate 5 to state Route 163 and to Interstate 8 until she struck two vehicles on a Friars Road ramp to Qualcomm Way in Mission Valley. The car was disabled and she was arrested.

“She represents a great danger to the citizens of San Diego,” said Runyon, who asked for \$500,000 bail.

“She’s obviously a flight risk, as she was fleeing officers,” said Hanoian, who set bail at \$250,000.

A preliminary hearing was set for Nov. 21, but it could be delayed. She has a prior felony drug conviction, said Runyon. Her attorney asked for \$75,000 bail.

— Neal Putnam

ALLEGED SUICIDAL GUNMAN AT MISSION BAY POSTS BOND

A suicidal man who was shot by police after he pointed a gun at officers in Mission Bay Park has posted \$150,000 bond and is awaiting a Nov. 13 preliminary hearing.

Lance Marshall Tamyo, 45, has pleaded not guilty to two counts of exhibiting a weapon in the presence of police officers during the Aug. 6 incident. He was arraigned in a hospital bed several weeks later after starting to recover from his gunshot wounds.

Tamyo spent several months in jail after he was released from Scripps Memorial Hospital in La Jolla and posted bond recently.

On Aug. 6, Tamyo called 911 from his car, saying he was suicidal. He had a gun and said he wanted to commit “suicide by cop.” Police kept him talking on his cell phone for a while, but Tamyo got out of his car and walked around a grassy area holding a gun.

He allegedly pointed a gun at several offi-

cers and also at an overhead police helicopter. Tamyo continued pointing his weapon and was shot about 12:15 p.m. near De Anza Cove. Tamyo dropped his gun on the grass, but his hand was inches away from it.

Officers, using shields, advanced with patrol cars, driving on the grass until an officer retrieved the gun from Tamyo, who was rushed to a hospital. A prosecutor said Tamyo faces a maximum sentence of three years and eight months in prison, if convicted.

— Neal Putnam

CITY AWARDED STATE DUI PROSECUTION GRANT

Motorists arrested in San Diego for driving while impaired by drugs and alcohol will soon face prosecutors with special expertise in combating this growing problem.

The \$263,000 grant from the California Office of Traffic Safety to the City Attorney’s Office will fund an Alcohol and Drug Impaired Driving (ADID) prosecution team that will work DUI cases from arrest through sentencing.

“Too often, we’re seeing drivers impaired by drugs, combinations of drugs or alcohol and drugs,” City Attorney Jan Goldsmith said. “This grant will help our prosecution teams recognize signs of drugged driving, anticipate defense tactics and deploy the latest advances in drug toxicology to keep dangerous motorists off the streets.

“By dedicating an experienced prosecutor and investigator to our most challenging cases, we expect to achieve stronger cases and stiffer sentences,” Goldsmith said.

The City Attorney’s Office receives all misdemeanor DUI arrest reports occurring within the city, excepting its South Bay communities, as well as Poway and 4-S Ranch. In 2012, it issued 5,752 cases involving charges of driving under the influence of alcohol and/or drugs.

Funding from this DUI prosecution grant will aid the City Attorney’s Office in handling cases throughout each step of the criminal process, prosecuting both alcohol- and drug-impaired driving cases.

Prosecution team members will work with the state’s Traffic Safety Resource Prosecutor Program to expand knowledge and resources.

COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON DEC 19, 2014 TIME: 9:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): NOV13, 20, 27 AND DEC 04, 2014

day of business was: NOT APPLICABLE Registrant Name: SIMON HAROSH Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 04, 2014 ISSUE DATES: NOV 13, 20, 27 AND DEC 04, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027179 Fictitious Business Name(s): ECO-CLEAN FREAKS located at: 3980 FAIRCROSS PLACE #7 SAN DIEGO, CA. 92115 is registered by the following: CAROLINA DORING RODRIGUEZ, PAULA OLIVER ROGERS This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: NOT APPLICABLE Registrant Name: CAROLINE DORING ROGERS Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 13, 2014 ISSUE DATES: NOV 13, 20, 27 AND DEC 04, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2014-00038358-CU-PT-CTL PETITIONER OR ATTORNEY, YING JIANG, YUNONG MA 4924 PEARLMAN WAY SAN DIEGO, CA. 92130 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM CODY PEILIN JIANG A MINOR ON BEHALF OF HIS PARENTS YING JIANG, YUONG MA TO CODY PEILIN MA THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JAN 09, 2015 TIME: 8:30 AM DEPT 46 3RD FLOOR 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): NOV 20, 27 DEC 04 AND 11, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-030015 Fictitious Business Name(s): KABOB LOUNGE located at: 11375 EL CAMINO REAL, SUITE 170 SAN DIEGO, CA. 92109 is registered by the following: KL INVESTMENT GROUP LLC This business is conducted by: A LIMITED LIABILITY COMPANY KL INVESTMENT GROUP LLC 11375 EL CAMINO REAL, SUITE 170 SAN DIEGO, CA. 92130 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: SAEED JALALI Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 13, 2014 ISSUE DATES: NOV 20, 27 DEC 04 AND 11, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-029859 Fictitious Business Name(s): BUDDHI BOX INC located at: 5022 CAPEHART ST. SAN DIEGO, CA. 92117 is registered by the following: BUDDI BOX INC This business is conducted by: A CORPORATION BUDDI BOX INC. 5022 CAPEHART ST SAN DIEGO, CA. 92117 DELAWARE The first day of business was: 09/17/2014 Registrant Name: MAXINE CHAPMAN Title: FOUNDER & CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 12, 2014 ISSUE DATES: NOV 20, 27 DEC 04 AND 11, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO.

2014-029915 Fictitious Business Name(s): AFTRANS located at: 1110 TORREY PINES RD. STE M LA JOLLA, CA. 92037 is registered by the following: AFTRADE INTERNATIONAL This business is conducted by: A CORPORATION AFTRADE INTERNATIONAL 1110 TORREY PINES RD. STE M LA JOLLA, CA. 92037 CALIFORNIA The first day of business was: 09/15/2001 Registrant Name: MUSA EL-JOF Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: NOV 12, 2014 ISSUE DATES: NOV 20, 27 DEC 04 AND 11, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-029992 Fictitious Business Name(s): TRATORIA AMICI MIEL, LU PIZZETTA located at: 4508 CASS ST. SUITE B SAN DIEGO, CA. 92109 is registered by the following: LOO TOP, LLC This business is conducted by: A LIMITED LIABILITY COMPANY LOO TOP, LLC 4508 CASS ST SUITE B SAN DIEGO, CA. 92109 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: LUCA GIORGANTONIO Title: TREASURER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 13, 2014 ISSUE DATES: NOV 20, 27 DEC 04 AND 11, 2014

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Now is the perfect time to tackle home improvement projects

Home improvement projects can add value to a home and do-it-yourselfers know the sweat-equity that goes into such projects. But no two home improvement projects are the same, and homeowners should know that certain projects are best left to the professionals.

Here are a handful of fall-friendly home improvement projects for homeowners looking to improve their homes should consider:

Roof repair

Whether you're repairing or replacing the roof, fall is a great time to get some work done on your roof for a variety of reasons. First and foremost, you won't have worry about the summer heat bearing down. The fewer hours workers are fixing your roof, the less you will be paying in labor costs.

In addition, fixing up the roof in the fall ensures those winter storms won't find their way into your home via leaks. Addressing leaks in the fall can prevent damage to your home's interior.

Window work

Poorly insulated windows can allow cold air into the home. That often has a trickle-down effect on finances, forcing you to turn up the thermostat in an attempt to offset the cold air pouring into the home. Whether you need your windows replaced or simply need to patch

up any leaks, a proactive approach to leaky or older windows in the fall can save you from unnecessarily high heating bills come the winter. Fixing the floors

Wood flooring is a hot commodity for many homeowners. But not all flooring can be added to a home at any time of year. That's because certain types of flooring employ adhesives that need temperatures inside the home to be within a certain range, and that range is often within 70o to 80o F, which makes fall a great time to install such floors. What's more, many people entertain friends and family come late fall and into the holiday season, and it can be difficult to do so if you are busy installing new flooring.

Painting projects

Painting is another home improvement project that seems tailor-made for fall. A fresh coat of paint or a new color scheme around the house can give a home an entirely new look and feel. But paint can be pungent and the aromas may last if it's applied at a time of year when it can't dry while the windows are wide open. Paint fumes inside a home can make the home uninhabitable, but painting at a time of year like the fall, when you can keep the windows open during and after the project, can help air the home out.

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ON VACATION WITH THE *PENINSULA BEACON*



It's vacation time! *Peninsula Beacon* readers are heading out of town and taking their favorite hometown paper with them! Take us with you to whatever corner of the world you may be visiting and share your trip with other readers. Tell us your name and/or the names of your family members in the photo and give us a brief description of where the shot was taken. Email the photo and the information to beacon@sdnews.com. It's that easy! Photos are published based on space constraints and in the order in which they are submitted.

Lee Durand and Diana Dressler of Point Loma brought the *Beacon* along on their 500-mile pilgrimage across Northern Spain in October. The women hiked the Camino de Frances from St. John-Pied-de-Port, France, to Santiago de Compostella in 34 days. Lee celebrated her 76th birthday along the way.



Tor Ueland, a longtime Ocean Beach resident, and his friend, Victor Molina, took Ueland's favorite hometown newspaper on a bicycle journey that started in at Dog Beach in OB and ended at the Atlantic Ocean here in Yorktown, Va. on a three-month cross-country bike ride.



Ocean Beach residents Paula and Chris Jacks are shown with OB residents Carole Fish and Brad Lewis. The shot was taken at Ahwahnee in Yosemite Valley while the group attended the Vintner's Holiday series.

Health BRIEFS >>

Senior Friendly Home Adjustments

As we age, we may begin to notice that our homes are not as accommodating as they once were. The toilet may seem too low, the cabinets seem too high and steps and throw rugs pose a real risk. Sometimes major overhauls to make your home safe are necessary but other times there are easy and inexpensive fixes to new problems.

Are you having more difficulty opening and shutting the door or turning on faucets? Replacing doorknobs and faucets with a lever handle helps as you are using your whole hand to turn inside of possibly stiff fingers.

Are you afraid of falling in the shower or bathtub? A curbless shower or a walk-in bathtub is a major change but a simpler idea could be a shower chair so you can sit while showering. Add a

hand-held showerhead and cleaning yourself becomes a breeze.

Are you having a harder time getting up and down from the toilet? A new higher toilet will help but another idea might be to purchase a raised toilet seat. Remember to have some grab bars installed next to the toilet or shower to also help. As we get older, our extensor muscles that allow us to straighten our knees get weaker so getting up and down is harder.

Are you having more difficulty reaching for your plates and glassware? Stop reaching up into the cabinets. Move the things you use every day to a lower cabinet or drawer.

The RN Geriatric Care Managers at Innovative Healthcare Consultants are knowledgeable in helping make your home comfortable and safe for years to come. They can give you an in-home assessment with ideas and improvements to help you continue your comfortable lifestyle.

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A lesson in community building: OB PTA member, realtor, paving way

By **TERRIE LEIGH RELF** | THE BEACON

Few people who would argue that a well-rounded education isn't important. There are also very few people who would argue that art and other so-called electives aren't an integral part of this. Add in science nights, productive gardens, field trips and community events, and you have a good idea of what constitutes a meaningful education.

One dedicated, community-oriented Ocean Beach Elementary School parent C.C. Summerfield has a solution.

For about four years, she has been an active parent and a Parent-Teacher Association member. Since this is her last year at OB Elementary because her younger son will be advancing to Dana Middle School, she is dedicating her time

— and a portion of her real-estate sales commissions — to raising much-needed funds for the PTA.

"I'm very excited and motivated to do the fundraiser and grateful to the contributors that make it possible," Summerfield said. "I'm also grateful to be working for a company like Big Block Realty that supports me in doing this."

Summerfield's goal is to help raise \$10,000 to assist the PTA with necessary extras that students know and enjoy.

To date, she has already donated 10 percent of her sales commission on four houses, for a total of more than \$4,700.

"Every drop in the bucket helps," she said. "I feel really good about giving back to a good cause. There's always a need



OB Elementary School PTA volunteer C.C. Summerfield and co-vice president Celeste Abbott keep things rolling forward to meet school needs. *Courtesy photo by Bill Kurzeja*

Drought Tolerant Gardening Gets a Dramatic Makeover

As California enters its fourth year of drought, more and more homeowners are ditching thirsty lawns in favor of installing low-water gardens.

One local landscape contractor is making waves with his unique approach to water-wise gardens. Charles Tracht, owner of CT Scapes, has designed and installed one-of-a-kind gardens in San Diego since 1995. A Point Loma native, Tracht is known best for his diverse knowledge and use of plants, as well as his dramatic stonework.

When it comes to landscape makeovers, Tracht spends most of his time planning. He says, "I've been doing this for so long, it's become a balance between art and science / form versus function. Before you do any digging or planting, the most important thing to do is plan."

A formally trained artist and disciple of renowned German horticulturist Sinjen, Tracht then gets down to earth (literally) and works right alongside his dedicated crew members, placing each plant and stone by hand until his vision is fulfilled.

When asked where he got the idea to do swirling stonework, Tracht says he was inspired by Balinese garden paths. "I really liked how the stones mimicked the way water flows naturally down a riverbed. If you stare at it for a long time, they really appear to move!"

A recent client is just as pleased: "The garden is thrilling each time I walk in and out of the house. When people stop and ask how much it cost, I say, 'It's priceless.'" For more photos of CT Scapes' garden makeovers, visit www.ctscapes.com or call 619 222-0979 for a free consultation today

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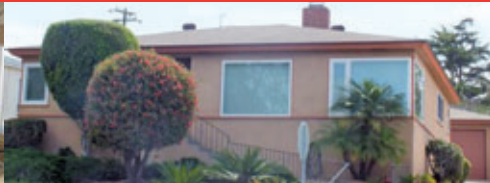
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WHAT'S AHEAD?

Peninsula-area events, Nov. 20 to Dec. 20

THURSDAY, NOV. 20

The Ocean Beach Historical Society will host a free presentation titled "The Boat People: Former Free-Anchorage Live-Aboards," featuring Gillian Lancaster and company. The presentation will address how many

people came to live and hang out in Ocean Beach because of their free anchorage near Shelter Island. It will also explore the names behind such boats as "Love Shack," "Rapture," and "Gillian's Box." The presentation takes place at 7 p.m. at the Point Loma United Methodist Church, 1984 Sunset Cliffs Blvd. For more information or contribute your own story, call Lancaster at (858) 456-4196

SATURDAY, Nov. 29

The Ocean Beach Town Council will host a craft fair to raise proceeds for the Town Council Community Tree Committee's holiday Food and Toy Drive. The craft fair takes place from 9 a.m. to 4 p.m. at the Veterans Plaza and lawn area at the foot of Newport Avenue. For more information, call (619) 515-4400, email info@obtowncouncil.org, or visit

obtowncouncil.org.

TUESDAY, Dec. 2

The Ocean Beach community Christmas tree arrives at the foot of Newport Avenue by 11 a.m. The tree will be decorated Dec. 3 by organizers, then by local schoolchildren Dec. 4, when they bring their handmade ornaments between 9 and 11 a.m. and visit with Santa. For more informa-

tion, call (619) 515-4400, email info@obtowncouncil.org or visit obtowncouncil.org.

THURSDAY, Dec. 4

The OB Town Council Community Tree Committee hosts the OB Tree Auction at the Sunshine Company from 6:30 to 9:30 p.m. with fun, excitement and your chance to start your holiday shopping. For more information, call (619) 515-4400, email info@obtowncouncil.org or visit obtowncouncil.org.

SATURDAY, Dec. 6

• The Point Loma Artists Association will host a Holiday Show and Sale from 10 a.m. to 3 p.m. at 3636 Curtis St. Enjoy the latest works from the group's artists, including paintings, photography, jewelry, woodworking, fabric and glass art, sculpture and more. For more information, visit www.pointlomaartists.com or call (619) 222-9825.

• The Ocean Beach Town Council will host a craft fair to raise proceeds for the Town Council Community Tree Committee's holiday Food and Toy Drive. The craft fair takes place from 9 a.m. to 2 p.m. at the Veterans' Plaza and lawn area at the foot of Newport Avenue. For more information, call (619) 515-4400, email info@obtowncouncil.org, or visit obtowncouncil.org.

• The annual Ocean Beach Town Council OB Holiday Parade begins at 5:05 p.m. and runs from Sunset Cliffs Boulevard to Abbott Street at the beach. For more information, call (619) 515-4400, email info@obtowncouncil.org, or visit obtowncouncil.org.

• A Point Loma holiday tradition, the 63rd annual All Souls' Saint Nicholas Home Tour is set to take place from 10 a.m. to 4 p.m. In a rare circumstance, the tour this year actually takes place on Saint Nicholas Day, a festival for children held in many European countries. The legendary Saint Nicholas was reputed to be a bringer of gifts and is a figure the American Santa Claus is derived from. The tour cost is \$30 apiece or two for \$50. Tickets are available online at www.all-souls.com or in person at All Souls' Episcopal Church at 1475 Catalina Blvd., as well as Walter Andersen Nursery, To the Pointe Café, Mission Hills Nursery and Ace Hardware

SATURDAY, Dec. 13

The Ocean Beach Town Council will host a craft fair to raise proceeds for the Town Council Community Tree Committee's holiday Food and Toy Drive. The craft fair takes place from 9 a.m. to 4 p.m. at the Veterans Plaza and lawn area at the foot of Newport Avenue. For more information, call (619) 515-4400, email info@obtowncouncil.org, or visit obtowncouncil.org.

SATURDAY, Dec. 20

The Ocean Beach Town Council will host a craft fair to raise proceeds for the Town Council Community Tree Committee's holiday Food and Toy Drive. The craft fair takes place from 9 a.m. to 4 p.m. at the Veterans' Plaza and lawn area at the foot of Newport Avenue. For more information, call (619) 515-4400, email info@obtowncouncil.org, or visit obtowncouncil.org.

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BLUE LAKE GREEN BEANS Santa Maria 97¢ lb	YAMS & SWEET POTATOES Livingston 2 lbs \$1	Ocean Spray CRANBERRIES 2 for \$4 12oz Bags
RUSSET POTATOES Idaho 97¢ 5 lb bags	ASPARAGUS \$1.97 lb	Del Monte Gold PINEAPPLES 2 for \$5
CELERY Santa Maria 69¢ each	GRANNY SMITH APPLES Washington 79¢ lb	FRESH BUTTERBALL TURKEYS Mary's Free Range Turkeys \$1.09 lb Coastal Range Fresh Organic Turkeys \$2.49 lb \$2.79 lb
ORGANIC CARROTS Be Wise Ranch \$4 2 bunches	GORGEOUS ORCHIDS \$13.99 each	Talenti PUMPKIN GELATO \$4.99 16 oz
Alpine Valley "PULL APART" DINNER ROLLS \$2.99 16 oz	Arrowhead Mills HERB STUFFING MIX \$3.79 10 oz	Australis BARRAMUNDI SEA BASS \$8.99 12 oz
Julian PIES \$12.99 each	La Terra Fina GREEK YOGURT DIPS \$3.99 10 oz	Roland TRUFFLE MAC & CHEESE \$3.69 3.5 oz
DON'T FORGET... Fluegge XL Eggs..... \$1.89 dozen Farmers Market Butternut Squash..... \$2.99 15 oz can Alta Dena Egg Nog..... \$2.99 or Hilary's Eat Well Veggie Burgers..... \$3.59 6.4 oz Just Mayo Chipotle Mayo..... \$3.39 8 oz Bulk Filberts In Shell..... \$3.99 lb	WINE CORNER (Available 11-20-14) Georges Dubouef Beaujolais Nouveau '14..... \$10.98 750 ml Seaglass "Santa Barbara" Pinot Noir '12-'13'..... \$11.98 750 ml Napa Cellars Cabernet Sauvignon '12..... \$19.98 750 ml Oyster Bay Sauvignon Blanc '13-'14..... \$11.99 750 ml Twisted Pinot Grigio '13..... \$6.99 750 ml Fetzer Gewurztraminer '12..... \$8.99 750 ml	Simply 7 HUMMUS CHIPS \$2.69 5 oz

Point Loma
4001 W. Point Loma Blvd.
1 Blk. W. of Midway Dr. (619) 223-4397

Rancho Bernardo
11828 Rancho Bernardo Road
In the Mercado (858) 485-8686

Temecula
31939 Rancho California Road
Corner of Meadows Pkwy. (951) 693-1111

Wildomar
32310 Clinton Keith Road
1 Blk. W. of I-15 (951) 609-9200

Alpine
1347 Tavern Road
In the Alpine Creek Town Center
(619) 445-5600

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Prices Effective 11/19/14 - 11/25/14