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U.S. Navy Sea Cadets plant American flags around Fort Rosecrans National Cemetery and give a solemn salute in honor of the fallen. Several tributes and events are planned for Veterans Day on Nov. 11, including those in Ocean Beach and La Jolla.

OBCDC launches Veterans Plaza revamp with fundraiser

By DAVE SCHWAB | THE BEACON

Veterans Day Nov. 11 will be observed on the Peninsula with the first fundraising event to be held for the new Ocean Beach Veterans Plaza from 2 to 4 p.m. on the lawn just south of the main life-guard station at Abbott Street and Santa Monica Avenue.

Members of the Ocean Beach Community Development Corporation (OBCDC) will welcome the community and all those that have served in the armed forces to attend.

The OBCDC will be unveiling three-dimensional artwork of the final design for the plaza during the event, and there will be several guest speakers, including political representatives, community leaders and veterans.

The fundraising kickoff for this community project seeks to give veterans a proper space of honor and respect.

Ocean Beach Veterans Plaza, located at the corner of Newport Avenue and Abbott Street where Newport meets the beach, was constructed in 1997 as a memorial to honor those who have served and are still serving in the armed forces.

Over time, the plaza has become worn down because of the corrosive nature of salt air and a high amount of foot traffic. The memorial is currently in disrepair, with many of the inscriptions, including that of a Medal of Honor recipient, being so worn down

SEE VETERANS, Page 7

New base CO shares vision for mission, neighborhood goodwill

By DAVE SCHWAB | THE BEACON

A changing of the guard has taken place at Naval Base Point Loma now that Capt. Howard Warner assumed the helm from Capt. Scott Adams on Aug. 1.

It's a homecoming of sorts for Warner, who grew up in San Diego. His three-year stint as base commander will conclude in December 2017.

Warner moved with his family to San Diego in 1978 after spending 11 years in Hawaii. He attended school in Santee in East San Diego County, graduating from Santana High School.

Asked if he'd always wanted to be a naval officer, Warner replied that he hadn't.

"I wanted to be in the Air Force and become an astronaut," he said.

He changed his mind, however, after visiting Balboa Park's Air and Space Museum and discovering some astronauts had naval backgrounds.



CAPT. HOWARD WARNER

"So I became an aquanaut," Warner said.

A career submariner, Warner has served on five different subs.

"I'm most proud of my command of the USS Bremerton out of Pearl Harbor for more than 2½ years," he said. "The tour was an experience of a lifetime, taking a nuclear-powered warship with 130 sailors around the world on vital missions to safeguard our national security demonstrating good relations with nations like Australia, Singapore and Japan," he said.

SEE WARNER, Page 7

DeMaio holds razor-thin edge over Peters in 52nd

By DAVE SCHWAB | THE BEACON

With some 180,000 provisional and mail-in ballots yet to be counted, Republican challenger Carl DeMaio held a razor-thin edge of 752 votes over Democratic incumbent Scott Peters in the volatile and highly contested 52nd Congressional District race.

The San Diego County Registrar of Voters Office said no more vote tallies from the 52nd Congressional District race would be available before Nov. 6.

The high-profile race, with more than \$10 million spent by both political camps, drew national attention and plenty of support — especially campaign dollars — from outside political interests.



In a "restrained" acceptance speech election night, DeMaio told supporters, "I feel very confident that, in the end, we will prevail."

Peters was equally upbeat on election night, as DeMaio jumped out to an early nearly 2 percent lead in the vote

SEE ELECTION, Page 4



The highly visible volunteer Claudia Jack of the Ocean Beach MainStreet Association, right, shown here with longtime childhood friend Tina Silva, was honored by the Ocean Beach Town Council with the Lifetime Achievement Award. Courtesy photo

OB'S Claudia Jack honored with Lifetime Achievement Award for tireless dedication

By DAVE SCHWAB | THE BEACON

Claudia Jack, honored recently with a Lifetime Achievement Award from OB Town Council for her volunteerism, said it's a family tradition.

"I did it all my life," she said. "My parents were volunteers; three of my boys are volunteers. It's all about giving back. My motto is, if more people volunteered, the world would be a better place."

Jack said her first recollection of volunteering dates back to age 8.

"My dad volunteered me to model clothing, but I had to ride a horse, and I'm petrified of horses," she said.

SEE HONOR, Page 6



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City, Roseville neighbors open talks on residential permit parking district

By DAVE SCHWAB | THE BEACON

City Council District 2 officials held a neighborhood meeting Oct. 22 at the United S.E.S. Portuguese Hall in Point Loma to discuss the creation of a residential permit parking district or alternative solutions to alleviate parking demands in the area.

Rollin Bush, a staffer for City Councilman Ed Harris, gave a slideshow presentation, discussing what a residential permit parking district is and what the process is to establish one.

Participants were told the special meeting was called in response to

numerous calls and correspondence received by the District 2 City Council office regarding limited parking in the Roseville-Fleetridge community.

Roseville-Fleetridge is a neighborhood of Point Loma and the oldest settled part of the community to be named. It was named for its founding developer, San Diego pioneer Louis Rose. Rose bought the area in 1855, laid out streets and built a wharf and hotel.

Roseville is bounded by San Diego Bay and Rosecrans Street on the east, Cañon Street on the south, Catalina Boulevard on the west and Chatsworth and Nimitz boulevards on the north.

Many Portuguese fisherman and fishing boat owners originally settled in the area. It remains the focus of San Diego's large Portuguese community.

Point Loma residents were told there is a multi-step process involved in creating a resident permit parking district.

Step one involves signature gathering, with the city requiring "a verified petition by residents of at least 50 percent of the living units in the area proposed for designation."

The city's staff recommends that signatures be collected from at least 75 percent of residents in a process that can take several months.

Once that's done, the city then would conduct surveys to determine whether a residential area is eligible for residential permit parking.

Eligible areas must be impacted by commuter vehicles and surveys must be completed within 90 days of receiving a valid petition.

The next step in the process involves notices of public hearings on the proposed district to discuss, among other things, district boundaries and time limitations.

Within 60 days after completion of public meetings, the city staff would recommend whether or not to designate a residential parking area. The City Council then has the final say.

A residential parking permit costs

\$14 per year. Households can obtain up to two vehicle decals and two visitor permits.

A vehicle decal is a permit issued to a specific vehicle and is affixed to that vehicle's rear bumper or outside rear window.

Another available option is a placard displayed on the dashboard of a guest's vehicle. There is a limit of one per qualifying address, and the placard is not available to commercial properties or nonresident property owners or agents.

Permit holders may also obtain two-week temporary permits throughout the year for such events as construction or out-of-town guests. Each permit is issued to a specific vehicle or to the qualifying address at a \$12 cost.

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A bottlenose dolphin calf bonds with its mother after being birthed at SeaWorld San Diego on Oct. 12. The calf will be named once its gender has been determined.

Photo courtesy of SeaWorld San Diego

SeaWorld celebrates the birth of 79th dolphin behind the scenes

SeaWorld marine-mammal caregivers were swimming with joy Oct. 12 after the birth of a bottlenose dolphin calf. After a 12-month gestation period, the calf was born to a Pacific bottlenose dolphin named Kolohe (pronounced ka-lo-hay) in a behind-the-scenes pool at the marine park.

Trainers and veterinarians at SeaWorld report that the mother and baby are in good health and are swimming together and bonding.

Kolohe is a 30-year-old Pacific bottlenose dolphin and has given birth to one other calf. The recent event marks the 79th successful dolphin birth at SeaWorld San Diego.

As with any birth at SeaWorld, animal-care specialists monitor the mother and baby around the clock, documenting respirations and nursing

frequency. The calf was estimated to weigh about 40 pounds at birth. The gender will be determined in the coming weeks.

SeaWorld is world renowned for its breeding program, with successful births of several species of dolphins, in addition to killer whales, sea lions, walrus and other marine animals. While this latest birth was the result of natural breeding, SeaWorld officials brand their facility as a world leader in research and application of artificial insemination. In 2001, the world's first marine mammal conceived as a result of artificial insemination was welcomed into SeaWorld's family.

In 2005, SeaWorld took that expertise a step further with the birth of the world's first sex-selected zoological species, an Atlantic bottlenose dolphin.

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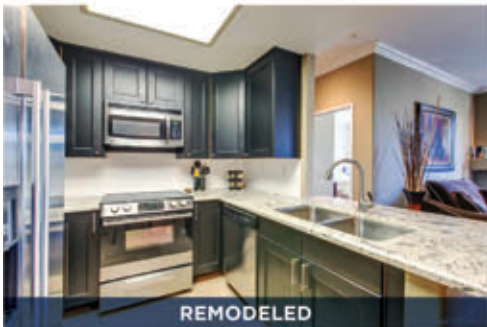


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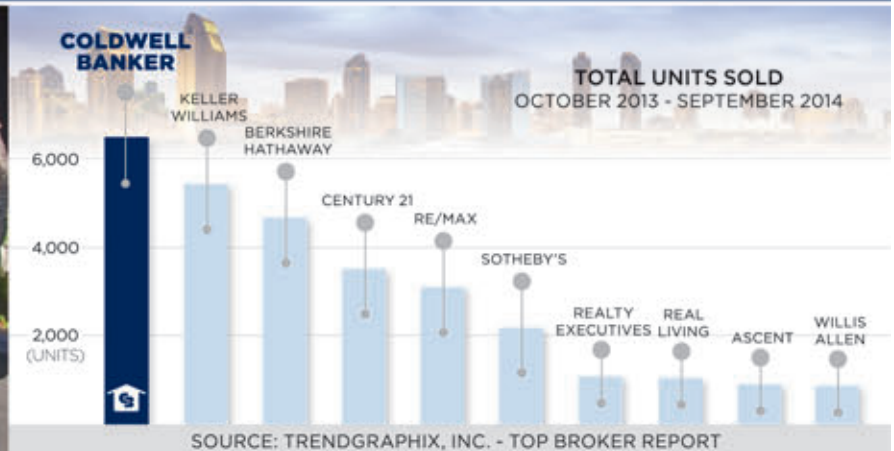
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SD Community Newspaper Group writers claim top journalism honors

Once again, the San Diego Community Newspaper Group was represented at the San Diego Press Club 41st annual Excellence in Journalism Awards.

Scott Hopkins and Mike McCarthy have been excellent contributors to the newspaper group and continue to be a source of pride for our publications in terms of prose and pictures.

The event was held at the Jacobs Center at Market Creek on Oct. 28.

Several restaurants, wineries and breweries provided tasty samples to the festive event.

The San Diego Press Club is one of the largest media groups in the United States, with more than 400 members. Representatives from city and county newspapers, magazines, radio, television, college journalism, trade publica-

tions and news websites attended the awards ceremony.

Hopkins received a first-place award in the Breaking News category for his article, "Peninsula Beacon Exclusive: MLB All-Star David Wells to helm PLHS baseball."

He also claimed a third-place award for his "Night PLHS Homecoming game shelved amid lighting controversy" submission.

Additionally, Hopkins earned two second-place awards in the Criminal Justice and Photography News categories for his article "Suspect nabbed after low-speed chase through OB."

Another second-place award was also earned in the Sports News category for the article "National Champions! Pointers edge St. George's for sailing crown."

Hopkins rounded out his awards by earning third place in Education News for "Peninsula schools breathing new life into choral music program."

McCarthy, meanwhile, earned a second-place award in News Photography category for an article in the *Beacon* titled "Local Living History: Point Loma's La Playa Yacht Club."

He was also earned a third-place award in the Breaking News Photography category for an article entitled "Federal Shutdown Shatters Cabrillo," which also ran in the *Beacon*.

To round out the honors, McCarthy received another third-place journalism award for Non-Daily Newspapers on the same article as the second-place photography award, entitled "Local Living History: Point Loma's La Playa Yacht Club."



SDCNG writers Scott Hopkins and Mike McCarthy.

Drought Tolerant Gardening Gets a Dramatic Makeover from CT Scapes

As California enters its fourth year of drought, more homeowners are ditching thirsty lawns in favor of installing low-water gardens.

One local landscape contractor is making waves with his unique approach to water-wise gardens. Charles Tracht, owner of CT Scapes, has designed and installed custom gardens in San Diego since 1995. A Point Loma native, Tracht is known best for his diverse use of plants and dramatic stonework.

A formally trained artist and

disciple of renowned German horticulturist Sinjen, Tracht first plans meticulously, then works right alongside his dedicated crew, mindfully placing each plant and stone until his vision is fulfilled.

When asked what inspired the swirling stonework, Tracht says "Balinese garden paths. I really liked how the stones mimicked the natural flow of water."

A recent client raves: "When people stop and ask how much [the garden] cost, I say, 'It's priceless.'"

For more garden makeovers, visit www.ctscapes.com

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ELECTION

CONTINUED FROM Page 1

tally, which crept slowly back in Peters' favor as the night progressed.

"With the way registration is and early voting goes, we're really happy to be where we are," Peters told his supporters

late in the evening before the final unofficial vote count was in. "We are very, very optimistic."

Peters first claimed the newly created 52nd Congressional District seat in 2012, unseating Republican Brian Bilbray in an election that took several days of counting to decide.

Noting "San Diegans are sick of division and dysfunction in Washington," DeMaio said constituents "want less fighting and more fixing."

It was a divisive campaign from the start, with Peters painting himself as an independent bipartisan "problem solver," while attempting to depict his challenger as a "Tea Party extremist."

DeMaio went after Peters' attacking his eight-year record as a San Diego City Councilman, blaming him as "part of the fiscal problem" necessitating pension reform and branding him as a "business-as-usual" Washington politician.

During the race, DeMaio had to ward off allegations of sexual misconduct by two former staffers — the second of whom went public only a few days before the Nov. 4 election. His campaign office was also vandalized earlier this year.

District Attorney Bonnie Dumanis declined to file charges regarding the first instance of alleged sexual harassment or the vandalism. She cited insufficient evidence in each case.

"It's been an honor to serve, and I hope that they honor me with two more years, and if they do, I will work every day to bring the Congress that America deserves and we can be proud of again," Peters said in statements to broadcast news on election night.

In other congressional races, Rep. Darrell Issa, R-Vista, Rep. Duncan Hunter, R-El Cajon, Rep. Juan Vargas, D-San Diego, and Rep. Susan Davis, D-San Diego, all won easily in their reelection bids.

In voting on statewide propositions, San Diego voters supported Prop. 1 authorizing \$7.545 billion in water bonds, and Prop. 2, a legislative constitutional amendment calling for budget stabilization accounting.

Prop. 45, calling for healthcare insurance rate changes, and Prop. 46, calling for, among other things, an increase in damages for medical malpractice lawsuits, were both soundly defeated by San Diego voters.

Prop. 47, which sought to reduce many criminal sentences from felonies to misdemeanors, passed by 54.83 percent to 45.1 percent. The proposition's passing prompted San Diego City Attorney Jan Goldsmith to comment that the change could bring as many as 3,000 new cases to be prosecuted by his office, which he noted will be extremely challenging to handle given present staffing.

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CITY COUNCIL DELAYS HEARING ON POINT LOMA SUMMIT

The San Diego City Council hearing on the Point Loma Summit project has been delayed from Nov. 17 to Monday, Feb. 9 at 2 p.m. in the City Council Chambers, 202 C St. in downtown San Diego.

A four-lot subdivision is being proposed for the old Jessop Estate at 414 La Crescentia Drive in Point Loma.

A grass-roots community group, Preserve Point Loma, has emerged to oppose Point Loma Summit, with detractors contending the project, as proposed, deviates from municipal codes, is in violation of the adopted Peninsula community plan and is in a bad spot located on a steep and sensitive hillside.

For more information, visit www.preservepointloma.org.

OB RESTAURANT WALK SET TO ENTICE HUNGRY GUESTS NOV. 11

The Ocean Beach Restaurant Walk will be Tuesday, Nov. 11 from 5 to 9 p.m.

Billed as "the foodie event of the year," more than 40 restaurants and businesses participate in the annual Ocean Beach Town Council holiday event that

is co-sponsored by the Ocean Beach MainStreet Association, the community's Business Improvement District (BID).

The walk is a great way to discover unfamiliar places in OB or to revisit places already known and loved.

Tickets cost \$20 and are available at Dog Beach Dog Wash, 4933 Voltaire St., 523-1700; Indulgence Hair Salon, 4956 Newport Ave., 225-8854; Lucy's Tavern, 4906 Voltaire St., 224-0834; Sunshine Company, 5028 Newport Ave., 222-0722; Bone Appetit, 1785 Sunset Cliffs Blvd., 226-6250; OB MainStreet Association, 1868 Bacon St., 224-4906; or at OB Farmers Market, 4-7 p.m., Wednesdays, 4900 block of Newport Avenue.

Event proceeds support the OB Food and Toy Drive.

For more information about the restaurant walk, call (619) 224-4906.

USS MIDWAY MUSEUM TO HOST BLOOD BANK NOV. 11

The San Diego Blood Bank will accept blood donations at the USS Midway Museum on Tuesday, Nov. 11 from 9:30 a.m. to 3 p.m.

The drive will be held at 910 N. Harbor Drive in the USS Midway Museum parking lot.

Anyone 17 and older, who weighs at least 114 pounds and is in good health,

may qualify to give blood.

A good meal and plenty of fluids are recommended prior to donation. All donors must show picture identification.

Donors are encouraged to schedule an appointment when they donate.

To schedule an appointment, call (800) 469-7322 or visit www.sandiegobloodbank.org.

COURT HEARINGS FOR SUSPECT IN MASS BICYCLIST CRASH HALTED

Criminal proceedings were suspended Oct. 31 for a motorist accused of hitting six bicyclists on Fiesta Island after her attorney told a judge he doubted the defendant was mentally competent to stand trial.

The preliminary hearing for Theresa Lynn Owens, 49, of San Diego, was set for Oct. 31, but the defense attorney told the prosecutor it would not be going forward, so witnesses were not at the court-house.

San Diego Superior Court Judge Kathleen Lewis appointed psychologists to evaluate Owens in jail and submit a psychiatric evaluation to another judge before a Dec. 22 hearing.

If a judge finds Owens is incompetent, she will be sent to a state mental hospital for treatment. She will be given medication and doctors would make a recommendation as to her mental competency. If she is deemed competent, new court dates will be set on Dec. 22.

People at the scene of the Aug. 12 incident said Owens appeared dazed, perhaps drugged, and when she appeared at court dates later, she did seemed confused.

Owens is accused of driving the wrong way on Fiesta Island while under the influence of drugs and with possession of methamphetamine. She's also charged with driving under the influence of drugs on July 20.

Owens is accused of causing great bodily injury to Juan Carlos Vinolo, 43, who is paralyzed from the waist down due to a spinal cord injury.

Mayor Kevin Faulconer, Police Chief Shelley Zimmerman and hundreds of others rode bicycles in a fundraiser to help Vinolo on Aug. 19.

Vinolo also suffered some rib fractures and lost a kidney in the accident. Another rider suffered a broken arm, and Logan Bass, 26, of Pacific Beach, was hospitalized two days after getting a car mirror pushed into his ribcage.

Owens remains in custody on \$300,000 bail.

STAR OF INDIA SET TO MARK 151ST BIRTHDAY

The world's oldest active ship, the Star of India, is celebrating her 151st birthday on Nov. 16.

In honor of this special occasion, complimentary birthday cake and punch will be served to all museum guests from 11 a.m. to 1 p.m.

The Maritime Museum of San Diego is located on North Embarcadero at 1492 North Harbor Drive. Admission for adults is \$16; seniors (over 62), juniors (13-17) and active military \$13; children (3-12) \$8; admission for children 2 and under is free.

The museum is open from 9 a.m. to 8 p.m. every day.

For more information, call (619) 234-9153, ext. 101 or visit the museum's website at www.sdmartime.org.

The Star of India is the world's oldest active ship. She was built at Ramsey shipyard on the Isle of Man and launched as the Euterpe in 1863.

She began her working life as a cargo ship in the India trade and was nearly lost on her first two voyages, surviving a mutiny, collision, a cyclone and the death of her captain.

In 1871, she embarked on a quarter century of hauling emigrants to New Zealand.

She circumnavigated the globe 21 times during this service. She was sold to American owners in 1898 and renamed the Star of India in 1906.

By 1923, steam power had replaced sails on merchant ships, and the Star of India was laid up in Oakland. A group of San Diegans purchased the ship and had her towed to San Diego in 1927.

Depression and war delayed the beginning of her restoration until the late 1950s. In 1976, with her restoration complete, she sailed on San Diego Bay for the first time in 50 years. The Star of India is now the pride of the maritime museum of San Diego's fleet of historic ships. She is maintained by a dedicated group of volunteers and skilled craftsmen and sailed at least once a year.

PENINSULA YMCA SELECTS NEW MEMBERSHIP DIRECTOR

The Peninsula Family YMCA has announced that Kaysi Howington has been selected as its new membership director. The Peninsula Family YMCA has been strengthening the community since 1970 by making sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

Kaysi is originally from Brawley and moved to San Diego to attend the University of California, San Diego where she earned her bachelor's in human biology. Kaysi has lived all over San Diego County, including Point Loma.

The Peninsula Family YMCA is nestled in between Point Loma and Ocean Beach at 4390 Valeta St., adjacent to Correia Middle School and just above Bill Cleater Park.

For more information, call (619) 226-8888.

Home Owners Lose Thousands When Selling Their Home

SAN DIEGO, A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home. And a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and worse – financially disadvantaged when they put their homes on the market.

As this report uncovers, most home-sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. I answer to this issue, industry insiders have prepared for a free special report entitled "The 9 step System to Get Your Home Sold Fast and For Top Dollar."

To order a FREE special report, call toll-free 1-800-276-0763 and enter 1000. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW to find out how you can get the most money for your home.

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GUEST VIEW — COUNCIL CORNER

Councilman Harris reflects on progress, work to be done as term comes to a close

By CITY COUNCILMAN ED HARRIS

Being the City Councilmember for District 2 has been a unique and deeply rewarding experience for me, and one that I'll never forget. As I wrap up my council term next month, there are a number of people I would like to thank who have made these last seven months remarkable for me.

I would like to thank Mayor Kevin L. Faulconer, the city's leadership team and the city's 10,000 employees, who strive every day to make San Diego America's Finest City; my City Council colleagues for their guidance and collaboration; and my staff, who worked weekends and long hours to address quality-of-life issues for

our neighborhoods by quickly and thoroughly responding to constituent concerns and requests.

The community leaders and volunteers who sit on boards for planning groups, town councils, committees and associations are deserving of my thanks. Their work is often challenging and always time consuming. I respect and appreciate these individuals for their engagement, their willingness to serve and their dedication to improve our neighborhoods. They are



ED HARRIS

true community leaders.

I am thankful for the constituents who acted as my eyes and ears in the District 2 communities. They took time to contact my office with problems and concerns because they care about San Diego.

This January, I'll go back to the boating unit on Mission Bay to resume my responsibilities as a sergeant with the city of San Diego lifeguards, adding to my 25 years of lifeguard service. I look forward to returning to the shore to ensure that everyone who comes to the beach or bay for the day leaves safely at the end of each day. It will be strange not putting on a coat and tie to go to the office, but perhaps one day I'll find use for those again.

City Councilwoman Lorie Zapf will be

sworn in as the new City Councilmember for District 2 on Dec. 10. I know that Lorie and her experienced staff look forward to serving their new constituents. For any assistance with District 2-related matters, I encourage you to call or email her office at (619) 236-6622 and LorieZapf@sandiego.gov.

One thing I've learned in this job is that problem solving begins in our communities and happens when we work together. If you need to borrow a ladder, you ask your neighbor. There's a pothole on your street, you call the council office to get it repaired. You have an idea to improve your community, you get involved in a planning group, town council or neighborhood association. I was able to accom-

plish a great deal in just a few months as a councilmember, but you don't have to be in office to bring positive change to your community.

I would ask that you continue to be engaged and participate in being part of the solution to solve problems small and large to make your neighborhood the best it can be.

As I gather around the Thanksgiving table with family and friends at the end of November, I'll be reflecting on this experience and giving thanks for this chance-of-a-lifetime opportunity to serve.

I wish you all a happy Thanksgiving.
—Ed Harris represents Ocean Beach and Point Loma and other beach communities as the District 2 City Councilman.

OBITUARY

Cristos (Chris) Stavros, 90, a local icon, passes

A native San Diegan, Chris Stavros blessed his friends and family for 90 years.

Born on July 7, 1924, Chris passed away peacefully at his home in Point Loma on Oct. 18 after nine decades of vitality.

The son of Greek immigrants, Chris worked to achieve and live the American Dream. He was a World War II veteran and pioneer in the food and beverage industry that spanned more than 65 years.

Chris started in business back in 1949, when he bought the Korner Malt Shop in Ocean Beach. It was located on the corner of Newport Avenue and Cable Street, where The Joint resides today.

It was your typical 1950s-style malt shop that featured homemade ice cream, hamburgers, french fries and, yes, a soda fountain. It was the hottest place in town, where all the kids from Point Loma High School would socialize and ultimately plan their dates.

It was also where he met the love of his life and future wife, Jeannette.

A few years later, Chris spotted a location on the corner of Sunset Cliffs Boulevard and West Point Loma Boulevard, where a tiny little bookkeeping office sat, owned by a Mrs. Mathews.

He approached her about opening a liquor store there and, before

you knew it, Chris' Liquor was open for business in October 1956. It was no more than 20 feet square in the beginning.

Chris continued to expand further down the block and finally opened up the very first delicatessen within a liquor store in San Diego County. It was an idea that came about when he and Jeannette visited San Francisco, one of his favorite cities.

Chris opened and closed the store seven days a week and Jeannette would make fresh potato and pasta salads, as well as prepare the pastрами for the delicious sandwiches they sold for a whopping 69 cents.

Today, their son, Gregg, continues their legacy and remains the owner of Chris' Liquor.

Chris and Jeannette went on to purchase several other businesses throughout San Diego, including Victory Liquor on Sunset Cliffs Boulevard in 1970. It was there that Chris taught his sons and daughter about business and where



CHRIS STAVROS

he provided jobs for so many locals.

Both mother and father had a huge influence and mentored their son, Chris Jr., to open up the Olive Tree Marketplace 28 years ago on the corner of Sunset Cliffs Boulevard and Narragansett, where it still stands.

Chris' final vision was creating the Primavera Ristorante, an upscale Italian restaurant on Coronado Island, which also remains a family business, operated by his daughter, Denise Stavros, and grandson Joey Rodrigues.

Chris was an avid golfer, passionate car enthusiast, a loyal fan of the San Diego Chargers and a 53-year member of Shriners International.

He will be remembered for his generosity, kindness and zest for life. His legacy will live on through his family, his proudest achievement of all.

He is survived by his loving wife of 59 years, Jeannette; sons Mark (Cathy), Chris (Adriana), Gregg; daughter Denise; and 10 grandchildren, Joey, Gregory, Christopher, Austin, Amber, Ashley, Hayden, Dylan, Simone and Eleni.

He is also survived by his sister, Becky Vallin.

"Pappou," a devoted husband, father, grandfather and friend, will remain an inspiration to all of us. He will be deeply missed.

HONOR

CONTINUED FROM Page 1

But she did it and the rest is history.

An office assistant at Ocean Beach MainStreet (BID) the last 14 years, Jack's role encompasses the usual — answering phones, greeting guests — as well as the unusual and exemplary — taking charge of the annual OB community Christmas tree decoration and the holiday arts and crafts fair.

She'll be doing both this year.

"I do all the holiday stuff," said Jack, adding that this year she's responsible for bringing the community Christmas tree to town at the base of Newport Avenue and having community children decorate it.

"That's happening Monday, Dec. 1," Jack said. She will also be the chairwoman this year of the holiday craft fair.

"That's a lot of fun and brings a lot of people to OB and is really a great way to meet new people," she said.

Many fellow Obeceans say Jack was more than deserving of a lifetime achievement award.

"She is a tireless supporter and volunteer on so many events that I can't remember NOT seeing her everywhere," said Mercy Baron, historian of the Ocean Beach Woman's Club.

The award was a natural for those who devote endless hours of time and effort to make Ocean Beach the special beach community it is.

"The OB Town Council was honored to honor Claudia with the first-ever Lifetime Achievement Award," said Ocean Beach Town Council president Gretchen Kinney-Newsom.

"For over 20 years, she's been a staple in our community and has inspired others to join the bandwagon of vol-

unteerism and to give back to the community," she said.

Kinney-Newsom cited Jack's continuing involvement with the Ocean Beach Christmas tree projects and other Yuletide happenings in OB as just the most obvious reason for singling her out for such a special commendation.

"You name it, she's done it," said Kinney-Newsom. "We'd like to see more of that in our community. Honoring her for others says, 'Hey, what can I do for Ocean Beach?'"

OBTC vice president Giovanni Ingolia concurred.

"Claudia Jack was well deserving of the OB Town Council Lifetime Achievement Award," he said. "She has been a volunteer for 20-plus years on all events for both OB Town Council and OB MainStreet Associations. If there is one person in OB who worked the hardest on our events from the Craft Fair, OB Holiday Parade and the Food and Toy Drive, it's Claudia Jack."

Ingolia said Jack wears her motivation for volunteerism on her sleeve.

"She does it because she deeply cares about Ocean Beach and will remind you the reason the OB Town Council does the Food & Toy Drive is to ensure OB families have a holiday tree, dinner and toys for the children over the holiday season. This is why she was chosen for the lifetime achievement award."

Claudia's boss at OBMA, executive director Denny Knox, was as glowing in her praise.

"She's got a heart of gold and volunteers for so much," Knox said. "She totally loves the holiday stuff and the community. Certainly, she's carried the torch for a long time. She's a great asset to the community."

Meet the Y's Newest Team Member

Point Loma/Ocean Beach [October 20, 2014]: The Peninsula Family YMCA has announced that Kaysi Howington has been selected as their new Membership Director. The Peninsula Family YMCA has been strengthening the community since 1970 by making sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

Kaysi is originally from Brawley, California and moved to San Diego to attend the University of California, San Diego where she earned her bachelor's in human biology. Kaysi has lived all over San Diego County, including Point Loma and is excited to be back in a community she loves. She joins the Peninsula Family YMCA leadership team with over 7 years of

past Y experience, most recently as the Membership Coordinator of the La Jolla YMCA. She brings with her a passion for the Y and serving its members.

"It's our members who make the Y a special place. Their goals, their accomplishments, the kindness and support they show one another. That's what makes people feel comfortable, valued, and at home at the Y. That makes people say, 'This is My Y' and I want all those in our community to be able to say that."

The Peninsula Family YMCA is nestled in between Point Loma and Ocean Beach at 4390 Valeta Street 92107, adjacent to Correia Middle School and just above Bill Cleater Park.



KAYSI HOWINGTON

The Ocean Beach Community Development Corporation (OBCDC)

is seeking a professional landscape architectural or architectural design firm to work with the OBCDC to develop a construction document package for the redevelopment of Ocean Beach Saratoga Park.

Please review the Request for Proposal at www.obcdc.org and submit the RFP to the following address:

Ocean Beach Community Development Corporation
PO Box 7787
San Diego, CA 92167

Proposals for this project are due no later than
5:30 pm PST on December 9th, 2014.

Please direct inquiries and questions to: parisob7@yahoo.com

We look forward to selecting a firm that works well with community based organizations to create a construction document package that will be used to bring this important community project to fruition.

WARNER

CONTINUED FROM Page 1

Warner said he had no agenda coming into his new post. He said he is fully committed, though, to building on the existing solid foundation between the naval base and the surrounding community.

"We do have some room for improvement moving forward," he said, adding he'd like the base to evolve.

"We have an opportunity now to look at expanding significantly our recreational amenities, our food and beverage service, offering more for our sailors, doubling our capacity on the Point," Warner said, noting 77 beds will also be added soon to the base's housing inventory.

"I want Naval Station Point Loma

to become a destination, a place where people can come for the weekend and paddleboard, kayak or Jet Ski on our little protected beach where [explorer Juan] Cabrillo landed," Warner said.

Warner said he is fully aware he represents a long historical tradition on the Naval base dating back to 1795, when the Spanish began building a fort at the base of Point Gujarras, opposite the tip of North Island on land known today as Ballast Point.

"Point Loma is historically significant in this part of our country from the days of Cabrillo to the westward expansion in the early 1800s through the former Fort Rosecrans," Warner said. "The cultural and environmental history are very rich, and I am the steward of our natural resources."

After the Spanish-American war,

President Millard Fillmore set aside the southern portion of Point Loma, about 1,400 acres, for military purposes. It was assigned to the U.S. Army and named Fort Rosecrans, after Gen. William Rosecrans, an 1842 graduate of the U.S. Military Academy.

In 1898, the Army built a coast artillery installation on the site, which remained active until 1945. Submarine Group San Diego was established in 1946, and Submarine Flotilla 1 was activated in 1949. In 1959, Fort Rosecrans was turned over to the Navy. In November 1974, the base was redesignated a shore command, serving assigned submarines.

Starting in April 1995, several commands were decommissioned or their homeports were changed to meet the downsizing requirements of

the Navy. Commands throughout San Diego were regionalized in an effort to provide equal or better base services while managing a reduced budget. The six naval installations on Point Loma were consolidated as Naval Base Point Loma in 1998.

Plans are in the works to relocate a section of the 17.3-mile fuel pipeline between Naval Base Point Loma and Marine Corps Air Station Miramar. To address erosion issues along the La Playa waterfront from McCall Street to Talbot Street, the Navy proposes to have the pipeline relocated within the Rosecrans Street right-of-way.

The original pipeline, built in 1954 with a 30-year designed life, provides fuel for Navy ships and aircraft. In 2012, about 100 million gallons of fuel were transferred through the pipeline, portions of which are now

significantly eroded.

The current proposal is to run the fuel pipeline up an easement from the naval base to Lytton Street, then up Rosecrans Street. Warner talked about the pipeline's status.

"We're working our way through our draft environmental assessment which will be released Nov. 7, and we will have a Dec. 3 forum open to the public from 5 to 7 p.m. at Portuguese Hall," he said. "We're maintaining all due diligence to make sure we get this right."

If all goes well with required approvals, Warner said the plan is to get City Council endorsement for pipeline relocation in 2015 with construction to begin in early 2016.

Warner pledged that Naval Base Point Loma will continue to be "good shepherds" and work with the community to "solve mutual problems."

VETERANS

CONTINUED FROM Page 1

that they have become illegible.

OBCDC was awarded a grant from the county, in large part because of the support of Supervisor Ron Roberts' office, to start on a design to redevelop Veterans Plaza. The plaza's redevelopment is a collaborative project between OBCDC, the Ocean Beach MainStreet Association, the Ocean Beach Planning Board, the OB Historical Society and the Ocean Beach Community Foundation.

The Peninsula community will also commemorate Veterans Day with its own flair.

For more than 50 years, a patriotic display of American flags has lined Rosecrans Street along a two-mile stretch

from Lytton to Talbot streets, thanks to the Optimist Club of Point Loma. More than 160 flags are erected at 7 a.m. every Sunday and on federal holidays, and methodically removed by nightfall, said Optimist spokesman Ron Lauderbach.

"The reason we do this is to honor the flag and the military," Lauderbach said.

The nearby Cabrillo National Monument will also be open from 9 to 5 p.m. on Veterans Day. The \$5 park admittance fee will be waived and all guests will be admitted free on the military holiday, said monument PIO spokeswoman Eileen Martinez. She noted Nov. 11 will also be significant because, due to Daylight Saving Time, monument visitors will be able to "see the sunset at 4:50 p.m. just before the monument closes at 5 p.m."

OTHER OBSERVANCES

Prior to Veterans Day on Saturday, Nov. 8, the Mt. Soledad Memorial Veterans Association will host its annual Veterans Week Ceremony with a POW/MIA Special Commemoration and Recognition from noon to 1 p.m. at the mountain memorial at 6905 La Jolla Scenic Drive South.

The hourlong ceremony will feature a special plaque presentation honoring prisoners of war, those missing in action and their families ranging from World War II, the Korean War and Vietnam. POWs will be in attendance.

The prisoner of war commemoration will be conducted by Capt. Ernest Moore USN (Ret.), a Vietnam POW. The MIA commemoration will be conducted by Barbara Birchim, the wife of a Vietnam MIA and author of "Is Anybody Listen-

ing?: A True Story About POW/MIAs in the Vietnam War."

The keynote speaker for the Veterans Day ceremony will be Capt. Dan'l Steward USN (Ret.) former Navy SEAL and Special Operations Subject Matter Expert to the Office of Naval Research.

Also participating in the memorial event will be the Marine Corps Recruit Depot (MCRD) Brass Quintet and the MCRD Color Guard. There will also be a fly-over by the San Diego T-34 Performance Aircraft Team.

Guests are encouraged to arrive by 11:30 a.m. and take shuttles provided from the French-American School and Mt. Soledad Presbyterian Church near the Soledad Monument.

For more information visit www.soledadmemorial.com.

Speaking of the significance of the Veterans Day observance, Mt. Soledad Memorial Association member Ed Ward said, "As a veteran I am proud to have served my country as a young lieutenant in Vietnam. But I am more proud of those who have given their life, or suffered through being a prisoner of war, in all of our previous conflicts. They are the most significant."

Veterans Day is an official U.S. holiday observed on Nov. 11 to honor people

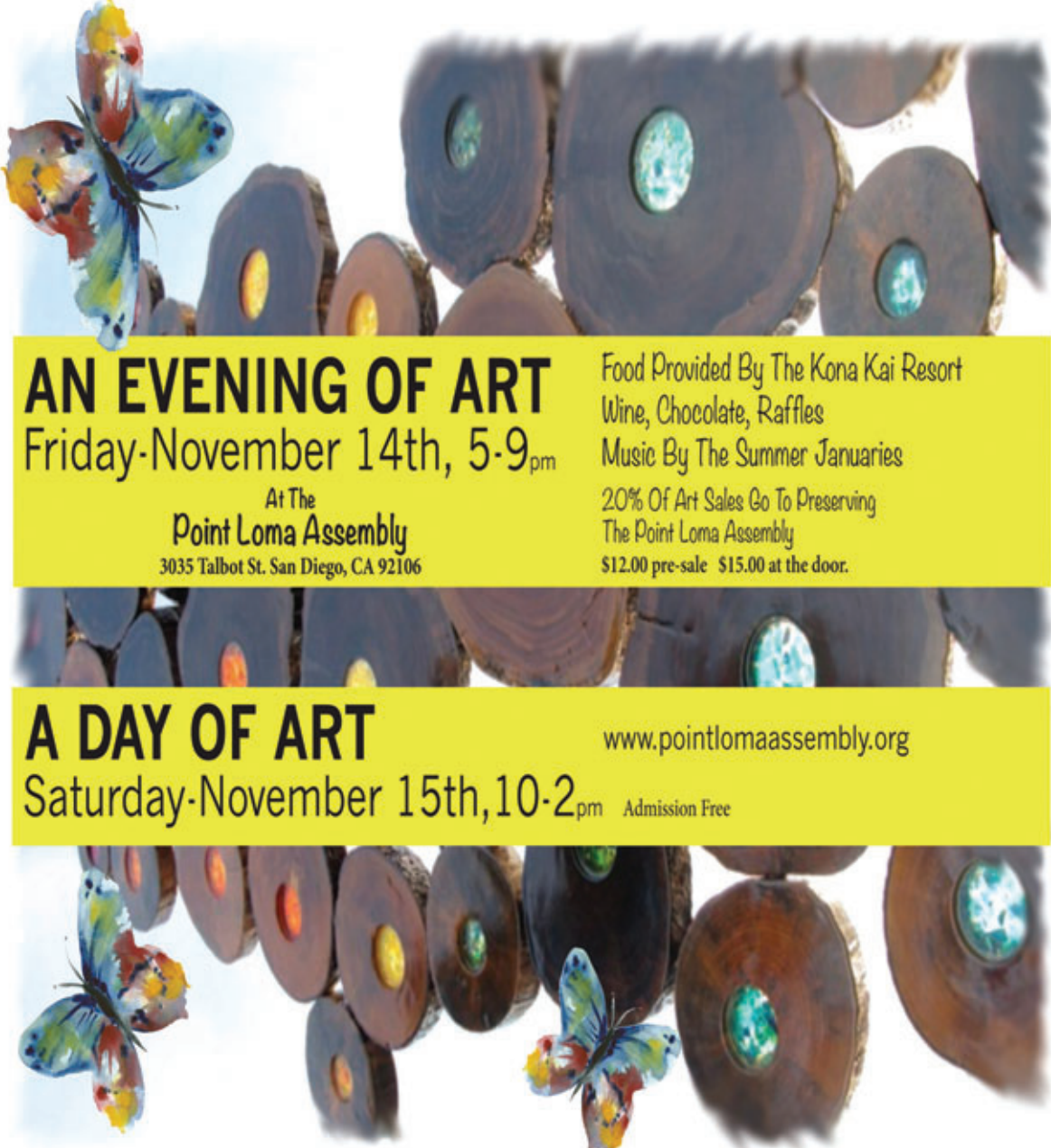
who have served in all branches of the U.S. military. The date of the event is rooted in the armistice signed with Germany, which ended World War I at the "11th hour of the 11th day of the 11th month of 1918."

Veterans Day celebrates the services of all U.S. military veterans, as distinguished from Memorial Day in May, which remembers all men and women who've died while serving.

President Woodrow Wilson first proclaimed Armistice Day for Nov. 11, 1919. The U.S. Congress passed a concurrent resolution seven years later on June 4, 1926, requesting that President Calvin Coolidge issue another proclamation to observe Nov. 11 with appropriate ceremonies, making that date in each year a legal holiday.

In 1945, World War II veteran Raymond Weeks from Birmingham, Ala., "the Father of Veterans Day," had the idea to expand Armistice Day to celebrate all veterans, not just those who died in World War I.

Weeks led a delegation to Gen. Dwight Eisenhower, who supported the idea. Weeks then led the first national celebration in 1947 in Alabama and annually until his death in 1985.



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Pointer sophomore Tshombre Carter (No. 2) breaks free on a 15-yard touchdown run against Mission Bay on Oct. 31. Teammate Brenden Torrence (No. 3) signals the touchdown as Kimo Katashima (No. 72) and Luke Legerton (No. 53) watch.

Photo by Scott Hopkins

Pointers pound Mission Bay in Halloween rout to scare up impressive 8-1 record

By SCOTT HOPKINS | THE BEACON

Point Loma's Pointers offered all tricks and no treats, scoring early and often as they pinned a bewitching 42-19 Halloween loss on league rival Mission Bay.

Scoring on their first five possessions for the second straight game, the Dogs snatched the candy bags from the road-weary Bucs, who are playing all games this year away from their campus, where a new stadium is under construction.

With the win, the Pointers improve to 8-1 on the season (3-0 in Western League), while Mission Bay drops to 3-6 (1-3).

A Western League championship ban-

ner will be at stake on Friday, Nov. 7 when the Pointers and Madison collide in a 6:30 p.m. kickoff at the Warhawks' stadium.

The Pointers will try to defeat Madison for the first time since the Warhawks entered the Western League in 2010. The Dogs came closest in a memorable 13-13 tie in a 2011 game that resulted in a co-league title for both schools.

This year, the Warhawks, who won a state championship in 2012, are sitting at 6-3, with losses to county powerhouses Eastlake, El Capitan and St. Augustine.

On Nov. 7, after the Bucs' first drive stalled, they pinned the Pointers on their own three-yard line, but that didn't faze the hosts, who drove 97 yards for the game's first score with 6:24 left to play in the first quarter, quarterback Gavin Grady sneaking the final yard for the 7-0 lead.

Jaylen Griffin's 32-yard run was the drive's highlight, as he gained 168 yards on nine carries in the game (an 18.6-yard average) and scored twice to again lead his team and surpass the 1,000-yard mark for the season.

The Bucs' second possession ended at midfield after a fake punt attempt on fourth down lost yardage, and the Pointers doubled their lead to 14-0. Tshombre Carter showed ability to pick up yards after contact, scoring from 15 yards out with one minute left in the opening period.

Griffin broke a 66-yard run for the Dogs' third score when he took a reverse handoff from Romeo Epperley and sprinted 66 yards untouched around the left side for a 21-0 lead just more than two minutes into the second quarter.

Two minutes later, linebacker Julius Agho picked off a Buc pass attempt at midfield and returned it to the 10-yard line and, on the next play, Grady faked a handoff before rolling to his right to cover the distance and up the lead to 28-0.

After the Bucs scored, Epperley's 95-yard kickoff return for a score was negated by a blocking penalty away from

the play.

Unfazed, Grady connected on a pass to tight end Tim O'Brien for a 63-yard gain, which saw the 6-foot, 7-inch receiver straightarm a Buc defender before finally being brought down.

Griffin's second touchdown, from 15 yards out, ended the first-half scoring, with the Dogs sitting on a comfortable 35-7 lead.

Jacob Ehm's fourth-quarter touchdown ended Pointer scoring, while the Bucs tacked on two scores — one on a rarely used flea-flicker play — for a 42-19 final.

The Pointers racked up 457 yards in total offense, including 378 on the ground and 79 through the air.

Individual running totals included Grady, who carried six times for a season-high 93 yards, Epperley (eight for 64) and Carter (four for 39).

Grady threw four times, completing two to O'Brien.

Defensively, Caleb Johnson recorded a game-high nine tackles, four assists and two tackles for loss. Jake Virissimo also had two tackles for loss, with Ehm, Joel Braccamontes, Cameron Callicutt and Jason Shoemaker each adding one.

Cole Kidd recorded a quarterback sack, and Jaime Medina was accurate on all six of his point-after-touchdown kicks.

EXTRA POINTS

- Pointer linebacker and senior field general Dan O'Beirne's arm is in a sling after being injured early in his team's Homecoming win over La Jolla. That didn't stop him from his role in leading the team onto the field for the Mission Bay game, holding an American flag high as players sprinted from a stadium tunnel.

- The Pointer junior varsity and freshman teams can wrap up league championships with wins over Madison this week. The junior varsity (8-1 overall, 3-0 in league) defeated the Bucs 33-0 last week, while the freshman team (7-1-1, 3-0) manhandled Cathedral 43-0. The Dons replaced Mission Bay, which was unable to field a freshman team.

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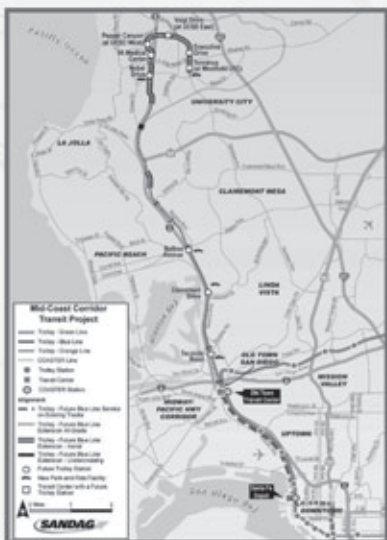
The Mid-Coast Corridor Transit Project will extend Trolley service (light rail) from the Santa Fe Depot in Downtown San Diego north to the University City community, serving major activity centers such as Old Town, UC San Diego, and Westfield UTC.

The San Diego Association of Governments (SANDAG) and the Federal Transit Administration (FTA) have released the final environmental document analyzing potential impacts of the project. Called the *Mid-Coast Corridor Transit Project Final Supplemental Environmental Impact Statement/Subsequent Environmental Impact Report (SEIS/SEIR)*, this document contains all comment letters and responses to comments received on the Draft SEIS/SEIR (dated April 2013) and the SEIS/Supplement to the SEIR (dated July 2014).

Please visit sandag.org/midcoast to view the Final SEIS/SEIR and see a list of locations where printed copies are available. The document also is available free of charge on compact disc, upon request.

The FTA issued a Record of Decision for the Mid-Coast Corridor Transit Project on October 15, 2014, and the SANDAG Board of Directors is scheduled to take action on the project at its regularly scheduled meeting on November 21, 2014.

For more information, please visit sandag.org/midcoast, email midcoast@sandag.org, or call (619) 595-5620.



Pointers poised to seize league crown, high CIF playoffs seeding

As Point Loma High's Pointers prepare for their showdown with Madison on Friday, Nov. 7 for the Western League crown, two things are known: the Pointers are a vastly improved team this year and they will make the playoffs. Plus, it is virtually certain they will not be playing in the first round on Nov. 14.

Playoff seeds in recent years have been based on enrollment and performance history. The California Interscholastic Federation (CIF) San Diego section placed teams in divisions based on their record over the previous five years. The range went from the 24 larger, top teams (Div. I) to smaller schools with the poorest records (Div. V).

In 2013, the CIF debuted a new playoff Open Division, designed to showcase the section's eight premier teams in an "elite" group.

However, when the top eight teams were selected based on 2012 Div. I members, several teams had poor 2013 seasons, like Steele Canyon, which had fallen to a 3-7 record.

CIF officials decided the Open Division selection system needed an adjustment.

So, this year, the CIF is using a new process for Open Division selection. A point system ranks teams solely on its current-year record. Taken into account are each team's record, plus the division placement, win-loss record and quality of opponents. For Div. I teams, the eight schools with the highest point total will form the 2014 Open Division.

The Pointers have been a Div. I team based on their record over the last five years.

This year, their 8-1 record and quality of opponents has placed them among the "elite eight" teams destined for Open Division playoffs. In fact, after their Oct. 31 42-19 victory over league rival Mission Bay, the Pointers are tied for the final No. 8 spot with Mission Hills and Ramona. The Bulldogs are the only team to defeat the Pointers (by a 7-6 score in Week 2).

A last ranking adjustment will be calculated after the Nov. 7 final regular season games.

If the Pointers are named to the Open



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The Ocean Hospitality Group was created by local business owners under the umbrella of OBMA to promote and support local businesses in the Ocean Beach area that provide food, lodging and entertainment. Our mission is to work collectively, as a group, to provide the community with the best we can offer to locals and visitors.
oceanbeachsandiego.com or call (619) 224-4906

Culture Brewing Co - Ocean Beach

Culture Brewing Co's second, satellite tasting room, will open on Saturday, November 8, 2014 on Newport Avenue in Ocean Beach CA. Culture OB will be open daily from 12 noon until 11pm, and like the SB location will be open to all ages. This establishment will feature up to 18 beers on tap, with a selection of rotating styles, some available on nitro. The tasting room will mimic the look & feel of the existing flagship location in Solana Beach, with a rustic open-air feel, raw steel bar, local artwork displayed from community talent, a new version of the popular craft beer graphic wall, and eventually brite serving tanks displayed from the glass cold room. Flight tastings & full pours will be available on-site, as well as growler fills to go.



It's no mistake that this location is debuting just as BEER WEEK 2014 in San Diego takes off. Culture has lined up ample new beer releases, cask offerings and specialty styles that will tap that week in both locations. The same approachable, educating experience will apply to this location, where it's Culture's ultimate mission to inform craft beer drinkers about what's in their glass, the journey it takes to get there, and the many passionate hours that go into each brew. Sharing an east facing wall with the most recent addition to the Cohen Bros restaurants, OB Warehouse, it's their hope to be able to collaborate in bringing culture and a unique craft experience to what Ocean Beach already has to offer. The community of Ocean Beach is one of the most neighborly focused groups of people you'll meet in San Diego, one of the reasons this city was chosen as the brewery's second location. It's Culture's hope to join them in their community presence by providing local support, neighborly involvement and hopefully give them something reflective of their community that they can be a part of.

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www.culturebrewingco.com beer@culturebrewingco.com

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Sunshine Company Saloon is Celebrating it's 40th Anniversary in November

The Sunshine company Saloon is celebrating 40 years of Sunshine in Ocean Beach the entire month of November. There will be giveaways, prizes & drink specials almost every day featuring your favorite labels including Jameson, Jack Daniels, Cazadores, Bacardi, Heineken, Budwieser and more! Check out their face book page for updated specials & promo details. Plus Free pool noon- 6PM every day. The anniversary celebration's Grand Finale will be a 1970's theme party on November 29th featuring even more prizes, giveaways & drink specials. Dress in your 70's outfit and enjoy live music & lots of fun. Don't miss this chance to celebrate the anniversary of a true Ocean Beach Landmark!

Ocean Beach Restaurant Walk Is Here

Tickets are still on sale for the upcoming OB Restaurant Walk on November 11, 2014 from 5pm to 9pm. This is an event put on by the OB Town Council. The OBMA's role has been to do the leg work signing up the participating restaurants as well producing the tickets and information for the event. We are happy to donate our time to raise the funds for the OB Town Council's Holiday Food & Toy distribution to families and those in need.

Tickets are \$20 and there are over 40 participants so everyone will have plenty to eat and drink during the event. As always, our local restaurants and bars are very generous to offer tastings to around 850 ticket purchasers.

Tickets sell out very quickly so be sure to buy your tickets right away.

Tickets are being sold at Bone Appetit Pet Store, Dog Beach Dog Wash, Indulgence Salon, Lucy's, Sunshine Co. Saloon, OBMA Office and during the OB Farmers Market! Have fun!



SAN DIEGO BEER WEEK

NOV. 8TH

Knee Deep Tap Takeover
Kern River Collaboration & other Specialty IPA's

NOV. 9TH

Mother Earth Brewery

NOV. 10TH

Groundswell Brewery

NOV. 11TH

Firestone Walker Brewery
Featuring Parabola, Sucaba, and more

NOV. 12TH

Bells Brewery with a Cherry Stout,
Java Stout, and Expedition Stout

NOV. 13TH

Stone Brewery Tap Takeover

NOV. 14TH

Deschutes Brewery
featuring 2010 Abyss, and more

NOV. 15TH

The Annual Sour Event:
Russian River's Consecration, Supplication,
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NOV. 16TH

Benchmark Tap Takeover



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COLLEGE ROUNDUP

PLNU to host CBU in primetime basketball showdown

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TO HOST CBU ON FSN

Their first year in the NCAA is setting up to be one of the most exciting showdowns in a long time for the Point Loma men's basketball team.

Sea Lions fourth-year head coach Bill Carr has stacked his schedule with Division II opponents from beginning to end, including a game on Fox Sports Network (FSN) against California Baptist University (CBU), as Point Loma prepares for its first tour as an active NCAA member.

This primetime game on Jan. 24 at 7 p.m. will be shown on Fox Sports San Diego and FSN Prime Ticket in Los Angeles and could be picked up by other Fox affiliates throughout the country. This will be the start of a two-year TV agreement in which PLNU will host CBU for a TV game this season, and the Sea Lions will return the favor next season.

"We are very excited that athletic director Ethan Hamilton was able to secure a TV game for us against Cal Baptist," said Carr. "We are thrilled to have the chance for our team to host a national TV game and to get all the students and fans out here to pack Golden Gym on Jan. 24."

STEINHAUS, MATHEWS EARN
CoSIDA ACADEMIC HONORS

Matt Steinhaus and Claire Math-



ews of the Point Loma men's and women's soccer teams accomplished a rare feat recently. Both were named to the prestigious CoSIDA Academic All-District team for the second year in a row. There are only 11 spots on the men's and women's squads for the award that honors standout student-athletes for their work in the classroom and on the field.

To be eligible for the award, the nominee must be a starter or important reserve. They must maintain a 3.30 grade-point average throughout their undergrad and graduate work. They also must have reached sophomore status and must have completed at least one calendar year at the institution.

Mathews, a senior from Santa Barbara, has been a stalwart as the central defender on a Point Loma team that is allowing 0.37 goals per match. Mathews has helped PLNU shut out its opponents in 10 of 13 matches this season, including the last seven straight. She had the game-winning goal this season against Academy of Art. Mathews is a majoring in engineering physics

and has a cumulative grade-point average of 3.98.

Steinhaus has been one of the anchors on the backline for the PLNU men's soccer team. After a short removal from the starting lineup, Steinhaus was reinserted as a central defender, and the Sea Lions took off. They have recorded three straight shutouts and allowed just two goals in their last seven matches. Steinhaus is a bio-chem major from Huntington Beach and has a cumulative GPA of 3.97.

Mathews was the only woman in the entire PacWest Conference to earn the honor. Steinhaus was one of three student-athletes to earn the award from the PacWest on the men's side.

DWYER NABS PacWest
DEFENDER OF THE WEEK HONORS

Point Loma volleyball student-athlete Alyssa Dwyer has been named the Pacific West Conference Defender of the Week for the week of Oct. 20-26.

Dwyer, a senior middle blocker from Gilbert, Ariz., had a stellar all-around match in Point Loma's sweep of Azusa Pacific University (APU). She led the Sea Lions with five blocks, along with 14 kills and no errors for a .609 hitting percentage.

She posted a match-best 18 points and also added two assists and three digs. PLNU now owns a three-match winning streak against APU dating back to last season.



Tight end Tim O'Brien (No. 80) runs over a Mission Bay defender after catching a pass from quarterback Gavin Grady. The completion covered 16 yards.
Photo by Scott Hopkins

PLAYOFFS

CONTINUED FROM Page 8

Division playoffs, they will earn a week off before commencing quarterfinal play Nov. 21.

If the Pointers fall below the No. 8 spot after their battle with Madison (currently (No. 17)), they will enter Div. I playoffs comprising teams ranked 9-20. As a likely top-four seed in this division, the Pointers would also earn a bye during a first week, comprising two Nov. 14 "play-in" games, reducing the field to eight for quarterfinal play on Nov. 21.

All playoff games, except for the CIF championship games, are played at the

home of the higher-seeded team.

Should the Pointers earn a playoff home game, they would not be allowed to host it because the CIF requires such games be played on Friday nights, eliminating the unlit Pete Ross Stadium.

This year's semifinal games in both Open Division and Div. I will be played Nov. 28.

The CIF section finals are set for 7:05 p.m. kickoffs either Dec. 5 (Div. I) or Dec. 6 (Open Division) at Southwestern College's new facility in Chula Vista that seats 10,000.

Qualcomm Stadium, which normally hosts the finals, is unavailable due to the Chargers' schedule.



ENJOY THE BEAUTY OF OLD TOWN

Popular Shop and Dine Promotion to be held at Fiesta De Reyes again this Holiday Season

For the third year in a row, Fiesta de Reyes is offering San Diegans a special treat this holiday season. When you do your holiday shopping at Fiesta de Reyes, you will be rewarded with a discounted lunch or dinner.

The ever-popular Shop and Dine promotion will kick off on Thursday, Nov. 20. For every \$20 spent at one of the 19 boutique shops in Fiesta de Reyes

between November 20 and January 4, guests will receive \$5 off their meal at Barra Barra Saloon, Casa de Reyes or The Cosmopolitan Restaurant in Old Town. Guests may use one \$5 coupon per person, per visit.

The \$20.00 expenditure can be a combination of purchases throughout Fiesta de Reyes shops. From children's gifts, garden

decor, ethnic-inspired clothing, and accents for any home, you're bound to find something for everyone on your holiday list at Fiesta de Reyes.

In addition, gift baskets will be on display throughout the Fiesta de Reyes plaza this holiday season and guests can enter to win each one at no cost. The winners will be drawn from all entries on January 5.



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8:00pm

NOVEMBER 9 (SUN)

Sunday Brunch Live with
The Booth Boys
11:00am

NOVEMBER 9 (SUN)

Vessel Live Singer
Songwriter Showcase
4:00pm - 7:00pm

NOVEMBER 13 (THU)

Vessel Live with
Whitney Shay
7:00pm

NOVEMBER 14 (FRI)

Vessel Live with
Arnie & Friends
8:00pm

NOVEMBER 15 (SAT)

Sunday Brunch Live with
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Sunday Brunch Live with
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San Diego Guitar Society strikes a chord in local music biz

By BART MENDOZA | THE BEACON

The most popular instrument in the world is the guitar, so it's no surprise that San Diego has numerous world-class players in its midst, as well as a multitude of non-musician enthusiasts.

All of this ensures that the new San Diego Guitar Society (SDGS) will soon become a major player in San Diego's cultural arts.

The society was founded in 2013 by Mark Langford, owner of music school Rock 'n' Roll San Diego, with Lito Romero of the acclaimed musical family.

Romero is artistic director. For now, the society is based at the school.

"We are a nonprofit organization dedicated to elevating the guitar in San Diego through concerts, workshops and meetings," he said.

One of the key elements of the society will be its live performances, introducing great classic masters and contemporary composers/performers of the guitar.

The society will be open to all ages and all types of music.

"We invite anyone to be part of the soci-

ety," said Romero. "It will be a melting pot of different genres, so any lover of the guitar will find something of interest."

A board of directors and supporting members will be announced soon. In the meantime, Langford plays a major role in the operation.

"My job with the society is to help plan and coordinate the meetings, workshops and events we present and also to help inspire others to be involved," Langford said.

For concerts, he also handles the logistics of each event and oversees the sales and marketing teams and makes sure the talent is taken care of in the way of transportation, meals, hotels and so on.

On Nov. 9, the SDGS will stage its first concert, featuring Italian classical guitarist Flavio Cucchi with Scot Taber of Paper Moon Music.

Part of what is hoped to be an open-ended music series, Cucchi will be performing works written for him by the great composer/pianist Chick Corea. Making the concert extra special is the setting: the Junipero Serra Museum. The historic site and incredible view in Presidio park

will only enhance the music.

"I had presented concert events at the Junipero Serra in the past," Langford said. "It is perfect for soloists, duos and trios. It has terra cotta floors and tall, whitewashed walls, dark, thick beams up above, so it's just beautiful both visually and acoustically."

He said there will also be a special bonus to the concert.

"This is a chance for folks to see San Diego's roots. It's a historic place," he said.

Langford points out that modern technology makes it easier for events like this take place.

"Nowadays, concerts do not need the massive power that they did for the sound and lighting," he said. "We just have to



FLAVIO CUCCHI

give the museum the respect it deserves and treat it like our own home."

The inspiration for the series itself came from Langford's own experiences as a musician.

"I have been very fortunate to meet and become friends with some of the best guitarists in the world," Langford said.

Indeed, most performers in the upcoming program will be international.

"So, they trust in me to come to San Diego and have a great experience," Langford said. "Meanwhile, the area's residents can experience their art and get to meet these highly talented artists."

Cucchi's performance was arranged by happenstance, but the ball got rolling on the whole idea of a concert program.

"He contacted me and said that he would be touring the U.S. in November," said Langford. "It seemed a great way to

start the series."

Langford said he is hopeful the San Diego Guitar Society will help promote the instrument, in particular, and music in general.

"We know San Diegans love guitar, and we want to give them the opportunity to experience artists they might otherwise never get to see and hear," he said. "Hopefully, these concerts will help inspire others to create music and become world-class artists themselves."

• **THE SAN DIEGO GUITAR SOCIETY HOSTS FLAVIO CUCCHI** at the **JUNIPERO SERRA MUSEUM**, 2727 Presidio Drive on Sunday, Nov. 9, 4 to 5:30 p.m. Tickets are \$15 in advance, \$20 at the door; \$15 for students and seniors.



Guests at this year's Ocean Beach Main-Street Association Awards Celebration and Annual Meeting celebrate all things OB at the Masonic Center on Oct. 25. Standout merchants and volunteers were lauded for their talent and creativity in improving the community.

Troy Orem Photography

OBMA fetes standout merchants, volunteers

By DAVE SCHWAB | THE BEACON

The annual Ocean Beach MainStreet Association (OBMA) Awards Celebration and Annual Meeting held Oct. 23 at the Ocean Beach Masonic Center honored the business community's most talented and creative merchants.

Speaking of the awards event, state Speaker of the House Toni Atkins wrote, "What a fun, wonderful, upbeat event."

And fun-loving too. Red-nose-clad guests pledged allegiance to Ocean Beach and posed for photos.

Awards were given out based on nominations from all of OBMA's standing committees — design, organization, economic restructuring and promotion.

OBMA president Barbara Iacometti presented multiple awards.

Customer Service Business of the Year These awards went to the businesses that exemplified the spirit of Ocean Beach and reflect a positive awareness and activity within the community through their exceptional customer service. Special online customer-service awards were:

• **CATRINA RUSSELL REAL ESTATE 2014** — Customer Service Business of the Year award, first place.

• **MYPOINTLOMA.COM/ALLIANCE GROUP REAL ESTATE 2014** — Customer Service Business of the Year Award, second place

• **BLUE DOT REFILL 2014** — Customer Ser-

vice Business of the Year Award, third place

Union Bank was the event's main sponsor with Glasz Productions, Sevy and Ryan as production sponsors and Troy Orem Photography handling the picture taking.

Denny Knox, the OBMA's executive director, said the business improvement district's membership now tops 500.

Award guests were treated to an exquisite repast, a buffet dinner provided by 25 local restaurants that donated their favorite dishes.

Five huge baskets, each worth \$500 in gift cards and other items, were raffled off.

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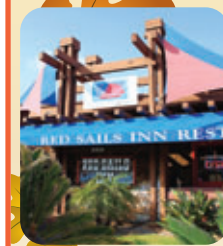
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Pizza Port fundraiser aids injured woman bicyclist

By DAVE SCHWAB | THE BEACON

At least \$10,000 was raised Nov. 1 at a daylong fundraiser held at Pizza Port in Ocean Beach to support a young bicyclist severely injured with head trauma by a hit-and-run driver in OB recently.

On Oct. 12, 23-year-old Katie Conner was riding her bicycle home after 1 a.m. when she was struck by a truck near the intersection of West Point Loma and Sunset Cliffs boulevards.

The truck driver fled the scene and

remains at large. He or she is being sought by police.

Conner worked at Pizza Port before her accident. A total of 20 percent of the pizza place's sales, as well as proceeds from a silent auction, are being donated to help defray Conner's medical expenses.

An online fundraiser supporting Conner's rehabilitation has also raised about \$30,000 to date.

Conner was hospitalized and has had multiple surgeries to relieve pressure on her brain at UC San Diego Medical Center. She has shown some signs of recovery

after two surgeries and a tracheotomy.

"The real goal is to get her better so she can try and make it back in time for an AIDS awareness ride she was planning to go on next year," Conner's father, Mark, said at his daughter's weekend fundraiser.

Conner's friends have set up a Facebook page titled Praying for You, Katie Leigh.

Police are hoping someone with information about the truck involved in the hit-and-run case will come forward.

For more information, or to donate, visit www.giveforward.com.

ON VACATION WITH THE *PENINSULA BEACON*



Kay Rippee and daughter Lynn Rippee Silva spent Kay's 93rd birthday at Ashford Castle in the west of Ireland. The ladies are seen here with the *Beacon* in hand in the town of Cong, where the "Quiet Man" movie with John Wayne and Maureen O'Hara was filmed. Kay's son-in-law, Frank Silva, took picture.



other readers. Tell us your name and/or the names of your family members in the photo and give us a brief description of where the shot was taken. Email the photo and the information to beacon@sdnews.com. It's that easy! Photos are published based on space constraints and in the order in which they are submitted.



Shannon Greenlee of Loma Portal checks out the latest news in the *Peninsula Beacon* while on her honeymoon with husband Jeff in Yosemite.



Dianne Grafton and Pam Kelly, from Point Loma, shared their favorite newspaper with the town greeter in Bratislava, Slovakia. "He said it was well worth a tip of the hat!"

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-026488 Fictitious Business Names(s): J & A AUTO BODY AND PAINT located at: 3814 ACACIA ST. SAN DIEGO, CA. 92113 is registered by the following: ARTHUR MIROLYAN, CLARA CRYSTAL MILLAN-RAMIREZ This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: 07/14/2014 Registrant Name: ARTHUR MIROLYAN Title: GENERAL PARTNERSHIP The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 03, 2014 ISSUE DATES: OCT 16, 23, 30 AND NOV 06, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2014-00034153-CU-PT-CTL PETITIONER OR ATTORNEY, MARIA GUADALUPE SALVADOR VALDOVINOS, MARTIN TRUJILLO

GRANADOS HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM DAVID - TRUJILLO TO DAVID TRUJILLO SALVADOR A MINOR ON BEHALF OF HIS PARENTS MARIA GUADALUPE SALVADOR VALDOVINOS AND MARTIN TRUJILLO SALVADOR THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON NOV 21, 2014 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): OCT 16, 23, 30 AND NOV 06, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-026791 Fictitious Business Names(s): GEMSTONE PARTNERS located at: 4550 KEARNY VILLA RD. SAN DIEGO, CA. 92123 is registered by the following: JOSEPH BUNTON This business is conducted by: AN INDIVIDUAL The first day of business was: 09/01/2014 Registrant Name: JOSEPH BUNTON Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 08, 2014 ISSUE DATES: OCT 16, 23, 30 AND NOV 06, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-024786 Fictitious Business Names(s): BARS SOCIETY located at: 31747 MESA VIEW DR. RIVERSIDE, CA. 92584 is registered by the following: ALLAN C. DAVIS This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ALLAN C. DAVIS Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 08, 2014 ISSUE DATES: OCT 09, 16, 23 AND 30, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-025739 Fictitious Business Names(s): LIEN ON ME ACUPUNCTURE located at: 1775 E. MISSION BAY DRIVE SAN DIEGO, CA. 92109 is registered by the following: JARED LIEN This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JARED LIEN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEPT 25, 2014 ISSUE DATES: OCT 16, 23, 30 AND NOV 06, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-026350 Fictitious Business Names(s): GREEN GUYS 420, WWW.GREENGUYS420.COM located at: 9740 CAMPO ROAD #194 SPRING VALLEY, CA. 91977 is registered by the following: GREEN GUYS SENSIMILLA, INC. This business is conducted by: A CORPORATION GREEN GUYS SENSIMILLA, INC. 9740 CAMPO ROAD PMB #194 SPRING VALLEY, CA. 91977 CALIFORNIA The first day of business was: 09/26/2014 Registrant Name: LERAY MONTIZE GRIFFIN Title: PRESIDENT / CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 02, 2014 ISSUE DATES: OCT 16, 23, 30 AND NOV 06, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-026598 Fictitious Business Names(s): BRILLO DE SOL CLOTHING located at: 3845 MISSION BLVD. SAN DIEGO, CA. 92109 is registered by the following: MARY ANGELA POSTON This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MARY ANGELA POSTON Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 06, 2014 ISSUE DATES: OCT 16, 23, 30 AND NOV 06, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-025393 Fictitious Business Names(s): OCEAN BEACH CONSTRUCTION located at: 2114 ABBOTT ST. APT 3 SAN DIEGO, CA. 92107 is registered by the following: ZACHARY LEE RYAN, JAMES RYAN This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: NOT APPLICABLE Registrant Name: JAMES RYAN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEP 23, 2014 ISSUE DATES: OCT 16, 23, 30 AND NOV 06, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2014-00034488-CU-PT-CTL PETITIONER OR ATTORNEY, KAROL ADENA STEFKO 5271 TRIANA ST. SAN DIEGO, CA. 92117 FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM KAROL ADENA STEFKO TO ADENA STEFKO THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON DEC 05, 2014 TIME: 9:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): OCT 16, 23, 30 AND NOV 06, 2014

SUMMONS (Family Law) NOTICE TO RESPONDENT: WALTER GREGORY Petitioner's name is: TRICIA MOYES CASE NUMBER: D546373 CZD You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee, ask the clerk for a fee waiver form. If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the legal services



Adopt-a-Plot(Friends of Balboa Park)

Lily Pond Annual Flower Garden, Balboa Park



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Please help us adopt a garden in Balboa Park

Volunteer Opportunity to collaborate with other gardeners!
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The project will enhance the area while including community. People of all ages can work toward a common goal while learning about botany and gaining gardening skills. Gardening is an art form that can be easily accessible to all.

We will be planting and transforming the garden every Saturday at 9:00am

Botany for Kids will meet to work and learn at the garden on Saturday mornings. John Noble and Coastal Sage Gardening will lead work with garden professionals. Local organizations, Boy Scouts, Girl Scouts and student community service are all welcome.

Donations and Sponsorship needed...
In kind donations appreciated for plant material, seeds and mulch. Checks can be made out to "Friends of Balboa Park/Botany for Kids"

The beautification of the Lily Pond Garden will inspire the imagination. Your efforts will inspire others! The garden will explore ways to bring social benefits to the community.

Botany for Kids and Coastal Sage Gardening

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Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association. NOTICE: The restraining orders on page 2 are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. NOTE: If a judgment or support order is entered, the court may order you to pay all or part of the fees and costs that the court waived for yourself or for the other party. If this happens, the party ordered to pay fees shall be given notice and an opportunity to request a hearing to set aside the order to pay waived court fees. 1. The name and address of the court are Superior Court of California San Diego, 1409 Fourth Avenue San Diego, CA 92101 Madge Bradley Building 2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are: Tricia Moyes 8222 Station Village Lane #1611 San Diego, CA. 92108 619-957-1166 Date: DEC 09, 2013 Clerk: by S Thompson, Deputy ISSUE DATES: OCT 16, 23, 30 AND NOV 06, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-026403 Fictitious Business Names(s): SOUTH COAST TOOL REPAIR located at: 9660 CHESAPEAKE DR. SAN DIEGO, CA. 92123 is registered by the following: MIKE FOERSTER This business is conducted by: AN INDIVIDUAL The first day of business was: 01/01/2007 Registrant Name: MICHAEL FOERSTER Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 02, 2014 ISSUE DATES: OCT 16, 23, 30 AND NOV 06, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-026626 Fictitious Business Names(s): MACARONAGE located at: 4230 MONTALVO ST. UNIT 16 SAN DIEGO, CA. 92107 is registered by the following: JENNIFER SWARTZ This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JENNIFER SWARTZ Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 06, 2014 ISSUE DATES: OCT 16, 23, 30 AND NOV 06, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-026717 Fictitious Business Names(s): RUNALIVE SAN DIEGO located at: 2227 FELSPAR STREET SAN DIEGO, CA. 92109 is registered by the following: LAUREN PADULA This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: LAUREN PADULA Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 07, 2014 ISSUE DATES: OCT 23, 30 NOV 06 AND 13, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027226 Fictitious Business Names(s): HADIPHOTOS located at: 1162 PACIFIC BEACH DRIVE SAN DIEGO, CA. 92109 is registered by the following: RAMEEN HADIZADEH This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: RAMEEN HADIZADEH Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 14, 2014 ISSUE DATES: OCT 23, 30 NOV 06 AND 13, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027166 Fictitious Business Names(s): KALI BLISS located at: 1140 GRAND AVE. #2 SAN DIEGO,

CA. 92109 is registered by the following: KALI BILLS This business is conducted by: AN INDIVIDUAL The first day of business was: 02/06/2014 Registrant Name: Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 13, 2014 ISSUE DATES: OCT 23, 30 NOV 06 AND 13, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027465 Fictitious Business Names(s): HAWK EDUCATIONAL SOLUTIONS located at: 1231 25TH ST. #13 SAN DIEGO, CA. 92102 is registered by the following: JULIET CAMILLE HAWK This business is conducted by: AN INDIVIDUAL The first day of business was: 10/16/2014 Registrant Name: JULIET CAMILLE HAWK Title: OWNER, EXECUTIVE DIRECTOR The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 16, 2014 ISSUE DATES: OCT 23, 30 NOV 06 AND 13, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-026505 Fictitious Business Names(s): ALL-NATURO located at: 10290 EMPRESS AVE. SAN DIEGO, CA. 92126 is registered by the following: HUAN DAO This business is conducted by: AN INDIVIDUAL The first day of business was: 10/03/2014 Registrant Name: HUAN DAO Title: OWNER, EXECUTIVE DIRECTOR The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 16, 2014 ISSUE DATES: OCT 23, 30 NOV 06 AND 13, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027481 Fictitious Business Names(s): DELTA RHO HOUSING CORPORATION located at: 904 TURQUOISE ST. UNIT 2 SAN DIEGO, CA. 92109 is registered by the following: PI KAPPA PHI OF UNIVERSITY OF SOUTHERN CALIFORNIA HOUSING CORPORATION This business is conducted by: A CORPORATION PI KAPPA PHI OF UNIVERSITY OF SOUTHERN CALIFORNIA HOUSING CORPORATION 1601 BEDFORD LANE APT 6 NEWPORT BEACH, CA. 92660 CALIFORNIA The first day of business was: 08/21/1974 Registrant Name: ZACHARY GRAYNERT Title: SECRETARY/ TREASURER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 16, 2014 ISSUE DATES: OCT 23, 30 NOV 06 AND 13, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027906 Fictitious Business Names(s): CALIFORNIA MUSIC WORKS located at: 1811 DENVER ST. SAN DIEGO, CA. 92110 is registered by the following: KYLE BLASE, DENISE BLASE This business is conducted by: A MARRIED COUPLE The first day of business was: NOT APPLICABLE Registrant Name: KYLE JOHN BLASE Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 22, 2014 ISSUE DATES: OCT 30 NOV 06, 13 AND 20, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-028048 Fictitious Business Names(s): INNER CIRCLE FINANCIAL & INSURANCE SERVICES located at: 5095 MURPHY CANYON RD. SUITE 200 SAN DIEGO, CA. 92123 is registered by the following: F M O WEALTH MANAGEMENT, INC. This business is conducted by: A CORPORATION F M O WEALTH MANAGEMENT, INC. 5095 MURPHY CANYON RD. SUITE 200 SAN DIEGO, CA. 92123 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: MICHAEL P. FUSCO Title: PRESIDENT The statement was filed with Ernest J. Dronenburg,

Jr., Recorder / County Clerk of San Diego County on: OCT 23, 2014 ISSUE DATES: OCT 30 NOV 06, 13 AND 20, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-025878 Fictitious Business Names(s): WORLD FINANCIAL GROUP SAN MARCOS located at: 13949 PAUMA VISTA DR. VALLEY CENTER, CA. 92082 is registered by the following: FRANCISCO OROZCO This business is conducted by: AN INDIVIDUAL The first day of business was: 05/27/2008 Registrant Name: FRANCISCO OROZCO Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: SEP 26, 2014 ISSUE DATES: OCT 23, 30 NOV 06 AND 13, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2014-00035546-CU-PT-CTL PETITIONER OR ATTORNEY, MONIQUE PERKINS 3665 ARGONNE ST. SAN DIEGO, CA. 92117 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM BODHI DANIEL QUINTAL TO BODHI DANIEL DIAZ A MINOR ON BEHALF OF HIS PARENT MONIQUE PERKINS THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON DEC 12, 2014 TIME: 9:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): OCT 30 NOV 06, 13 AND 20, 2014

NOTICE OF PETITION TO ADMINISTER ESTATE OF: USHIO TAKAHASHI CASE NUMBER: 37-2014-00035774-PR-LA-CTL. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of USHIO TAKAHASHI A Petition for Probate has been filed by JUNJI SUZUKI in the Superior Court of California, County of San Diego. The Petition for Probate requests that JUNJI SUZUKI be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: Date: DEC 04, 2014 Time: 1:30 AM. Dept: PC-2 Address of court: SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO MADGE BRADLEY BUILDING 1409 Fourth Ave. San Diego, CA. 92101 Central Probate. If you object to the granting of the petition, you should appear at the hearing and state your objections or file

written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the is available from the court clerk. Attorney for Petitioner: Edward S. Miyauchi, Marshall Suzuki Law Group, LLP150 Spear Street, Suite 725 San Francisco, CA. 94105 415-618-0090 ISSUE DATE(S): OCT 30 NOV 06, 13 AND 20, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027809 Fictitious Business Names(s): BARE ELEGANCE WAXING, BARE ELEGANCE located at: 6711 FOLLETTE ST. CARLSBAD, CA. 92011 is registered by the following: BARE ELEGANCE, INC. This business is conducted by: A CORPORATION BARE ELEGANCE, INC. 6711 FOLLETTE ST. CARLSBAD, CA. 92011 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: NICOLETTE MCNARY Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 21, 2014 ISSUE DATES: OCT 30 NOV 06, 13 AND 20, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-027733 Fictitious Business Names(s): LA MEDINA located at: 4973 VIA CINTA SAN DIEGO, CA. 92122 is registered by the following: KHALED MISSAQI This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: KHALED MISSAQI Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 20, 2014 ISSUE DATES: OCT 30 NOV 06, 13 AND 20, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-025002 Fictitious Business Names(s): 1776 COMPANY located at: 707 OLIVER PL. SAN DIEGO, CA. 92109 is registered by the following: MAKER'S LABEL INC. This business is conducted by: A CORPORATION MAKER'S LABEL INC. 707 OLIVER PL. SAN DIEGO, CA. 92109 DELAWARE The first day of business was: NOT APPLICABLE Registrant Name: ISAAH JAMES Title: OWNER / PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder/County Clerk of San Diego County on: SEP 18, 2014 ISSUE DATES: SEPT 25 OCT 02, 09 AND 16, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-028072 Fictitious Business Names(s): HUE SALON located at: 4028 WABASKA DR. SAN DIEGO, CA. 92107 is registered by the following: ANGELA MACPHERSON This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ANGELA MACPHERSON Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder/County Clerk of San Diego County on: OCT 23, 2014 ISSUE DATES: NOV 06, 13, 20 AND 27, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-028811 Fictitious Business Names(s): PACIFIC COAST SOLAR AND ELECTRIC located at: 1116 WILBUR AVE. SAN DIEGO, CA. 92109 is registered by the following: CASEY FRANEY This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: CASEY FRANEY Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: OCT 31, 2014 ISSUE DATES: NOV 06, 13, 20 AND 27, 2014

Surfrider volunteers launch cigarette-butt fight with ashcans

The Surfrider Foundation San Diego County launched an ambitious Ashcan Revitalization Project on Oct. 26 to reduce cigarette-butt litter in Ocean Beach.

Teams of volunteers from the Surfrider Foundation's Hold On To Your Butt (HOTYB) Committee were deployed in Ocean Beach's Voltaire and Newport business areas with specific duties to combat cigarette-butt litter.

Surfrider sandals-on-the-ground teams cleaned up cigarette-butt litter throughout the area, refurbished 50 existing ashcans with new stickers, and installed 30 brand-new ashcans along Voltaire and Newport and adjoining streets.

The new ashcan "Butts In Here" stickers will include the logos of partners, the Ocean Beach MainStreet Association and the Ocean Beach Town Council's "Respect OB" slogan.

A press conference at Te Mana Café on Voltaire Street kicked off the event. Surfrider will recognize the support of key partners and local government officials, who have been invited to attend.

The San Diego County Board of Supervisors and the Ocean Beach Town Council awarded Surfrider grants in 2014 to support the expansion of the organization's Strategic Ashcans.

To date, the organization has installed about 200 ashcans at busy locations from Barrio Logan to Oceanside. The grants funded the purchase of about 30 U.S.-made ashcans.

"Cigarette butts and other tobacco product waste are the items that are most commonly picked up during urban and beach cleanups worldwide," according to San Diego State University public health professor Thomas Novotny and researcher Elli Slaughter in a recent article published in the scientific journal *Current Environmental Health Reports*.

"An estimated 4.5 trillion of the annual 6 trillion cigarettes sold worldwide do not end up in a dustbin or ashtray but are simply flicked away along a roadside or on a pavement," the article says.

This type of litter is not just found on streets and in urban settings; the number of cigarette butts found on beaches and nearby areas is overwhelming, accounting for about 40 percent of the items collected during Surfrider Foundation's public beach cleanups.

Cigarette waste discarded miles inland compounds the problem as it can end up in drains that flow to streams, rivers, bays, lagoons and ultimately the ocean.

More information about the Surfrider Foundation San Diego County Chapter and the Hold On To Your Butt program can be found at sandiego.surfrider.org/-campaigns/hold-on-to-your-butt. For more information about the OB Ashcan Revitalization Project, visit HOTYB@surfridersd.org.

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Are you having more difficulty opening and shutting the door or turning on faucets? Replacing doorknobs and faucets with a lever handle helps as you are using your whole hand to turn inside of possibly stiff fingers.

Are you afraid of falling in the shower or bathtub? A curbless shower or a walk-in bathtub is a major change but a simpler idea could

be a shower chair so you can sit while showering. Add a hand-held showerhead and cleaning yourself becomes a breeze.

Are you having a harder time getting up and down from the toilet? A new higher toilet will help but another idea might be to purchase a raised toilet seat. Remember to have some grab bars installed next to the toilet or shower to also help. As we get older, our extensor muscles that allow us to straighten our knees get weaker so getting up and down is harder.

Are you having more difficulty reaching for your plates and glassware? Stop reaching up into the cabinets. Move the things you use every day to a lower cabinet or drawer.

The RN Geriatric Care Managers at Innovative Healthcare Consultants are knowledgeable in helping make your home comfortable and safe for years to come. They can give you an in-home assessment with ideas and improvements to help you continue your comfortable

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People's Fall Arts & Crafts Fair takes place Nov. 22nd

A natural, organic diet can make a world of difference when it comes to keeping yourself and your planet healthy, and Ocean Beach People's Organic Food Market is the perfect place to explore all the elements of a healthy lifestyle. We are all "food activists" on every shopping trip we make. Consciousness about where and how we spend money is a way in which we promote our personal values and vision; we can all work together to support a healthier community, environment, and planet of people living in harmony with nature.

Established in 1972, Ocean Beach People's is a member-owned California food cooperative that specializes in organic produce, grocery and perishable vegetarian foods, vitamins, herbs, aromatherapy products and cruelty-free body care items. Our friendly and educated staff can provide you with all the support and information that you need on your path to total wellness.

Start your holiday shopping early at People's Fall Arts & Crafts Fair at the Co-op! The Fair will take place on Saturday, November 22nd from 11 a.m. to 4 p.m. and will feature a unique selection of gift items hand made by Co-op owners. Check out People's Market from 8 a.m. to 9 p.m. at 4765 Voltaire Street, where "Everyone Can Shop and Anyone Can Join." Please call (619) 224-1387 or visit us online at www.obpeoplesfood.coop for more information. Like us on Facebook at www.facebook.com/oceanbeachpeoples



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Myths Regarding What Physical Therapy Is All About

With the high demand for quality physical therapy services there still remains many questions and myths to when physical therapy is warranted and how it is delivered to a sometimes misinformed public. A recent survey conducted by the American Physical Therapy Association (APTA) revealed common misnomers adults have regarding physical therapy:

- Physical Therapy is painful
 - Physical Therapy is only for injuries or accidents
 - A Physician referral or prescription is required to see a Physical Therapist
 - Physical Therapy is not covered by health insurance
 - Any healthcare professional can perform physical therapy
 - Physical Therapy can be done entirely by the patient (with or without surgical intervention)
 - Surgery is the only option
- Other findings of the survey include:
- 71% of people who have never visited a Physical Therapist think physical therapy is painful. That percentage significantly decreased among patients who had visited a physical therapist within the past year.
 - 19% of consumers think physical therapy is only for rehabilitation, despite 81% recognizing physical therapist diverse skills
 - Although the survey found 42% of consumers are aware physical therapy can be performed only by a licensed Physical Therapist, 37% still believe other healthcare professionals can provide physical therapy. The remaining 21% were unsure. (This is scary as some

other healthcare professional and even personal trainers tout themselves as performing rehabilitation and restorative therapy).

79% of people who recently have seen a Physical Therapist believe physical therapy can be a viable alternative to surgery.

For information on what quality Physical Therapy is please contact:

Greg Sterner, Board Certified Orthopedic Clinical Specialist in Physical Therapy, Owner
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Choosing the right buying agent is key to your real estate investment

Housing markets are once again looking up. As the new year arrives, many people may find now is the time find their next homes. Understanding the process and getting guidance from real estate professionals makes the process of buying and selling a home that much easier.

There is a lot of research prior to stepping into a home. This research lasts an average of six to eight weeks, according to the National Association of Realtors. Homework includes investigating neighborhoods and school systems, comparing the going rates of homes in the area, as well as figuring out which features are desired in a home.

It is important to hire a buyer's agent. Such professionals send buyers listings that fit their home-search parameters, which saves buyers a lot of time and effort. Some agents preview homes for their buyers, even going so far as to identify overpriced listings that can be avoided or finding sellers who are willing to negotiate. A buyer's agent works for the buyer, meaning there will be no conflict of interest. Agents assist buyers in the negotiating process, using their knowledge of the real estate market to help buyers make realistic offers that are likely to be accepted while providing a wealth of information about housing trends, area services and home improvement vendors.

When sellers accept buyers' offers, buyers must then arrange home inspections. An inspection is oftentimes included as a contract contingency, and buyers

have a right to cancel contracts if inspections find that a home is unsatisfactory structurally.

Choosing a the right buying agent is important. Make sure you are comfortable with them and you can easily convey what is most important to you. Try to choose an agent who has history in the area. This knowledge is key to helping you find the perfect location, price and investment.

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WHAT'S AHEAD?

Peninsula-area events, Nov. 7 to Dec. 20

FRIDAY, Nov. 7

The Ocean Beach Woman's Club will host its 90th anniversary fundraiser, themed "Roaring '20s," from 6 to 10 p.m. at the club, located at 2160 Bacon St. With many dignitaries expected to attend, the event will feature food and beverages, prize drawings, enter-

tainment and a silent auction for the price of \$10.

SATURDAY, Nov. 8

The Ocean Beach Town Council will host a craft fair to raise proceeds for the Town Council Community Tree Committee's holiday Food and Toy Drive. The craft fair takes place from 9 a.m. to 4 p.m. at the Veterans' Plaza and lawn area at the foot of Newport Avenue. For more infor-

mation, call (619) 515-4400, email info@obtowncouncil.org or visit obtowncouncil.org.

TUESDAY, Nov. 11

The Ocean Beach Town Council will host its annual OB Restaurant Walk. Tickets are \$20. Details to be announced. For more information, call (619) 515-4400, email info@obtowncouncil.org or visit obtowncouncil.org.

WEDNESDAY, Nov. 12

• November is National Diabetes Month. Learn about diabetes and how the proper nutrition can make a difference from Ursula Ridens, a registered dietitian from Sharp HealthCare, from 10 to 11:30 a.m. at All Souls Episcopal Church, located at 1475 Catalina Blvd. Registration is required. Call (800) 827-4277 or register at www.sharp.com.
• The Point Loma/Hervey Branch

Library will host a free program featuring poet, retired Navy SEAL and artist Moki Martin, who will speak on the topic of "From Frogmen to SEALs." The presentation takes place at 6:30 p.m. at the library, located at 3701 Voltaire St. For more information, call (619) 531-1539.

• Hearing loss affects communication with others. Learn how to strengthen your hearing and understanding by using your brain, along with new hearing technology from audiologists Linda Oliver and Christoffer Berntsen. The presentation takes place from noon to 1 p.m. at the Point Loma Community Presbyterian Church, located at 2128 Chatsworth Blvd. Registration is required. Call (800) 827-4277 or register online at www.sharp.com.

TUESDAY, Nov. 18

The health of your brain plays a critical role in almost everything you do. Learn to identify brain-healthy foods, understand how physical exercise can improve brain health and learn mentally challenging activities and how they strengthen brain cells. This free program is offered by Kelly Rein of the Alzheimer's Association from 1 to 2 p.m. at the Peninsula Family YMCA, located at 4390 Valleta St. Registration is required. Call (800) 827-4277 or register online at www.sharp.com.

THURSDAY, Nov. 20

The Ocean Beach Historical Society will host a free presentation titled "Ahoy! The Boat People: Former Free-Anchorage Live-Aboards!," featuring Gillian Lancaster, who will explain the names of boats like the "Love Shack," "Rapture," "Gillian's Box," their history anchoring off Shelter Island at Free Anchorage and why many of these people ended up living or hanging out in Ocean Beach. The presentation takes place at the Point Loma United Methodist Church, 1984 Sunset Cliffs Blvd. For more information, call Lancaster at (858) 456-4196.

SATURDAY, Nov. 29

The Ocean Beach Town Council will host a craft fair to raise proceeds for the Town Council Community Tree Committee's holiday Food and Toy Drive. The craft fair takes place from 9 a.m. to 4 p.m. at the Veterans' Plaza and lawn area at the foot of Newport Avenue. For more information, call (619) 515-4400, email info@obtowncouncil.org or visit obtowncouncil.org.

TUESDAY, Dec. 2

The Ocean Beach community Christmas tree arrives at the foot of Newport Avenue by 11 a.m. The tree will be decorated Dec. 3 by organizers, then by local schoolchildren Dec. 4, when they bring their handmade ornaments between 9 and 11 a.m. and visit with Santa. For more information, call (619) 515-4400, email info@obtowncouncil.org or visit obtowncouncil.org.

THURSDAY, Dec. 4

The OB Town Council Community Tree Committee hosts the OB Tree Auction at the Sunshine Company from 6:30 to 9:30 p.m. with fun, excitement and your chance to start your holiday shopping. For more information, call (619) 515-4400, email info@obtowncouncil.org or visit obtowncouncil.org.

SATURDAY, Dec. 6

• The Point Loma Artists Association will host a Holiday Show and Sale from 10 a.m. to 3 p.m. at 3636 Curtis St. Enjoy the latest works from the group's artists, including paintings, photography, jewelry, woodworking, fabric and glass art, sculpture and more. For more information, visit www.pointlomaartists.com or call (619) 222-9825.

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\$3.69 6.5 oz

<p>CAMPARI TOMATOES ON-THE-VINE 4 for \$5 17.6 oz containers</p>	<p>ORGANIC FUJI APPLES 97¢ lb.</p>	<p>LARGE POMEGRANATES 97¢ each</p>												
<p>CUCUMBERS 2 for \$1</p>	<p>RASPBERRIES 10 for \$10 6 oz containers</p>	<p>RED SEEDLESS GRAPES 97¢ lb.</p>												
<p>ORGANIC RED, GREEN & LACINTO KALE 2 for \$4</p>	<p>STRAWBERRIES 2 for \$4</p>	<p>PREMIUM CUT BACON WRAPPED PORK TENDERLOIN \$6.99 lb</p>												
<p>Hamiltons BEEF PATTIES \$4.99 3 pk</p>	<p>PERSIMMONS 97¢ lb.</p>	<p>Organic Prairie GRASS FED UNCURED HOT DOGS \$8.99 12 oz</p>												
<p>Calle Sabor TAQUERIA STYLE DICED PORK \$4.99 lb</p>	<p>Coastal Range ORGANIC CHICKEN THIGHS \$2.99 lb</p>	<p>Barons market BAY SCALLOPS \$8.99 lb</p>												
<p>Orca Bay TILAPIA \$4.99 10 oz</p>	<p>Horizon ORGANIC WHOLE MILK \$4.49 64 oz</p>	<p>Good Food Made Simple WRAPS 2 for \$4 6 oz</p>												
<p>Lundberg RISOTTO \$2.69 5.5 oz</p>	<p>DON'T FORGET...</p> <table border="0"> <tbody> <tr> <td>Coleman Sausages.....</td> <td>\$5.49 12 oz</td> </tr> <tr> <td>Sir Kensington's Classic Ketchup.....</td> <td>\$4.29 14 oz</td> </tr> <tr> <td>Tinkyada Gluten Free Brown Rice Pasta.....</td> <td>\$3.99 16 oz</td> </tr> <tr> <td>Follow Your Heart Lowfat Balsamic Vinaigrette.....</td> <td>\$4.29 12 oz</td> </tr> <tr> <td>Colby Jack Cheese.....</td> <td>\$3.99 lb</td> </tr> <tr> <td>Stoneridge Ranch Pulled Pork in BBQ Sauce.....</td> <td>\$8.99 17 oz</td> </tr> </tbody> </table>		Coleman Sausages.....	\$5.49 12 oz	Sir Kensington's Classic Ketchup.....	\$4.29 14 oz	Tinkyada Gluten Free Brown Rice Pasta.....	\$3.99 16 oz	Follow Your Heart Lowfat Balsamic Vinaigrette.....	\$4.29 12 oz	Colby Jack Cheese.....	\$3.99 lb	Stoneridge Ranch Pulled Pork in BBQ Sauce.....	\$8.99 17 oz
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<p>Roland Balsamic Glaze \$4.99-\$5.99 5.1-7.3 oz</p>														

Point Loma
4001 W. Point Loma Blvd.
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Rancho Bernardo
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