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Thursday August 14, 2014

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Residents mount growing campaign against Point's high-density development

By DAVE SCHWAB | THE BEACON

Roseville residents attempting to stave off high-density development claim it now threatens their community's character and could add to existing traffic overload.

Bounded by San Diego Bay and Rosecrans Street on the east, Cañon Street on the south, Catalina Boulevard on the west and Chatsworth and Nimitz boulevards to the north, Roseville is the oldest

settled part of Point Loma. The neighborhood is named for pioneering developer Louis Rose who bought it in 1866, laid out streets and built a wharf and hotel.

Longtime Roseville neighbors, some of whom have become increasingly visible and vocal at Peninsula Community Planning Group (PCPB) meetings, maintain their community plan is obso-

SEE DENSITY, Page 8



The city is now asking residents to voluntarily participate in water conservation measures, including not watering lawns more than three days a week. Courtesy photo

As drought drags on, city pushes for tougher, voluntary water restrictions

By DAVE SCHWAB | THE BEACON

After three successive years of drought, the city has issued a Level 1 alert calling for citizens to voluntarily participate in water-conservation measures, including not watering lawns more than three days a week and watering lawns or washing vehicles only before 10 a.m. or after 6 p.m. during summer months.

California is mired in a long-term drought, and San Diego is no exception. Noting San Diego's annual rainfall average recorded at the official measurement station at Lindbergh Field is 10.34 inches, National Weather Service forecaster Jimmy Taeger said

the rainfall amount for 2013-14, which ended June 30, was 5.06 inches. Taeger said rainfall levels the previous year in 2012-13 were 6.51 inches and 8.03 inches the year before that in 2011-12.

The forecaster said you have to go back to 2010-11 to find the last year when rainfall was at or above normal, with 12.62 inches that year.

Recent changes to the city's emergency water regulations have established new restrictions on water use, as well as stepping up enforcement and penalties.

All water waste is prohibited in the

SEE DROUGHT, Page 10



Ocean Beach/Point Loma lifeguards with the San Diego Lifeguard Services' Southern Division celebrate their first crown in the annual Ron Trenton Memorial Lifeguard Relays since 1997. Photo by Don Balch

OB/PL lifeguards win first relays crown in 14 years

By KEVIN MCKAY | THE BEACON

Ocean Beach/Point Loma-area lifeguards proved their mettle in a friendly but physically taxing competition with colleagues from up and down the San Diego coastline July 29, putting skills to the test and showcasing the vital lifesaving techniques beachgoers count on in their times of need.

Ocean Beach/Point Loma lifeguards representing San Diego Lifeguard Services' Southern Division, finally dethroned the reigning champions from Central Division who represent the beach areas from Pacific Beach to South Mission Beach, during the 61st annual Ron Trenton Memorial Lifeguard Relays.

The event is designed as a tribute to a fallen San Diego lifeguard, as a fundraiser for several local nonprofits and as a fun, physical competition between the various divisions of San Diego Lifeguard Services.

As the most central location for the lifeguards stretching up and down the coast, Central District has played home site to the friendly competition



Ocean Beach-area lifeguards, from left, Mason Drieux and Justin McBride, celebrate as they finish the last relay, knowing they have secured their team's victory during the relay competition. Photo by Don Balch

at Mission Beach, taking on colleagues from Southern Division, Northern District (La Jolla-area beaches) and the Boating Safety Unit/Mission Bay.

Pacific Beach/Mission Beach lifeguards have seized on the "home-field

advantage" in past years, claiming the relays crown annually since 1998. That streak was finally broken this year by lifeguards from the Southern District, who had not claimed the title

SEE RELAYS, Page 10

Do you know the 5 Critical Questions to Ask when making a major financial decision?
See Ask The Realtor on page 22.

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Airport Authority lands distinguished awards for 'The Green Build'

The San Diego County Regional Airport Authority has received five major awards over the last couple of months for the ambitious "Green Build" terminal-expansion project that has transformed the look and appeal to travelers in and out of Lindbergh Field.

Awards include:

• **2014 Environmental Achievement Award for Environmental Management** from the Airports Council International—North America; this award recognizes the work and coordination, as well as leadership, which made such

an environmentally sustainable undertaking as The Green Build possible. The panel of judges noted, "It is an impressive example of a green expansion project that will serve as an example for other airports to follow."

• **2014 Economic Development and Planning Award** from the American Planning Association, San Diego Section: the award serves to highlight forward-thinking, innovative and impactful planning projects making a difference in the San Diego region.

• **2014 Project of the Year Award**

from the American Society of Civil Engineers, San Diego Section: the award recognizes The Green Build, which is the largest construction project in the history of Lindbergh Field, adding 10 new gates, a dual-level roadway, new shopping/dining options and more.

• **2014 Public Works Project of the Year** from the American Public Works Association, San Diego/Imperial Chapter: the award promotes excellence in the management and administration of public works projects by recognizing

the alliance between the managing agency, the consultant/architect/-engineer and the contractor.

• **2014 Gold Bulldog Award** from the Bulldog Reporter: this award recognizes the Airport Authority and its partner public-relations agency, Porter Novelli, in the Best Online Newsroom Business/Consumer category for "The Green Build's Newsroom Takes Off." Bulldog Award recipients are assessed on the basis of their ability to achieve extraordinary visibility and influence opinion, as well as on their creativity,

command of media and technology and tenacity.

"The success of The Green Build relied heavily on the expertise of everyone involved, from environmental services to civil engineering to finance professionals to operations experts," said Thella F. Bowens, president/CEO of the Airport Authority.

"It's an incredible honor for The Green Build to be recognized by such a diverse array of awards," she said.

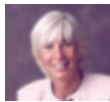
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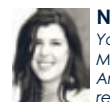
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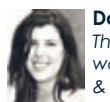
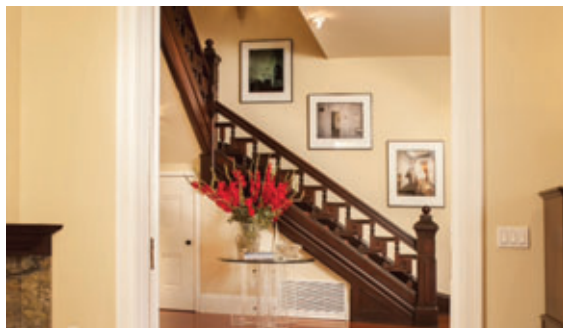
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Point Loman, a former Jack's La Jolla bookkeeper, convicted of embezzlement

By NEAL PUTNAM | THE BEACON

After 3½ days' deliberations, a jury convicted a Point Loma woman Aug. 4 of embezzling millions from the former owner of the now closed Jack's La Jolla Restaurant, where she served as the firm's bookkeeper.

Tara Virginia Moore, 42, had been free on \$400,000 bond but was remanded to jail immediately after the jury convicted her of six felony counts, including three counts of grand theft and fraudulent appropriation by a bookkeeper.

Moore did not testify in the seven-week trial before the eight-woman, four-man jury.

Moore's attorney, Paul Pfingst, argued Moore should remain free on bond, but the judge ordered her jailed immediately. Pfingst, a former district attorney, argued Moore had loaned Jack's La Jolla money and was paying herself back for the loans.

Sentencing is set for Sept. 2. She faces a sentence ranging from 10 to 20 years, said Deputy District Attorney William Mitchell. He said he was relieved by the verdict because he has been working on the case since Moore's arrest in September 2011.

Mitchell praised the jury, saying the

panel was "a very intelligent jury that was able to understand complex evidence and exhibits and come to the right decision."

"She will be ordered to pay restitution. But good luck on that," said Mitchell, adding that Moore had declared bankruptcy, but that that it is not final either.

Mitchell repeatedly told jurors in a closing argument to "follow the money [trail]." After Pfingst told jurors the prosecution's analysis and methodology was too flawed to reach any guilty verdict, Mitchell told jurors in his rebuttal argument to "follow the money and it will tell you the truth of the charges."

Moore was also found guilty of theft from an elder, Dragica Markovich, who was Moore's former mother-in-law, in 2005 in what Pfingst described as a

loan. Markovich testified via a videotaped deposition made in 2012. The loss was listed as \$1.3 million in verdict forms.

She was found guilty of defrauding \$1.3 million from William Berkley, the former owner of Jack's La Jolla, which went out of business in 2009, leaving 120 people out of work. It opened in 2003. Many former employees testified.

Moore was also found guilty of grand theft from another ex-employer, Richard Anderson, whose loss was listed as \$200,000. She was also convicted of theft from the U.S. Department of Veterans Affairs involving \$65,000 in benefits she collected from a deceased former husband after she remarried.

The jury also convicted Moore of

SEE **BOOKKEEPER**, Page 8

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Harris marks 100 days in office with outreach, tangible changes

By DAVE SCHWAB | THE BEACON

During his first 100 days in office, District 2 City Councilman Ed Harris has attended 39 community meetings and events, organized three Town Hall forums and overseen numerous street and other infrastructure improvements, as well as engaging residents face-to-face to facilitate better outreach with city government.

Reflecting back, lifeguard-turned-Councilman Harris noted he's come a long way — with a ways to go — until he relinquishes his seat in December to Councilwoman-elect Lorie Zapf.

"I am driven by the opportunity to improve our quality of life and preserve our San Diegan lifestyle," said Harris, noting he's hobnobbed with neighbors about public safety, infrastructure and the environment.

"We've discussed density, homeless issues, the need for increased pedestrian safeguards, road improvement for

cyclists, the need for additional police officers, the enforcement of existing laws and more," Harris said. "We've also talked about how to make San Diego more sustainable so future generations can enjoy the District 2 neighborhoods we call home."

As a councilman, Harris said he's learned the importance of community engagement and participation.

"During this time, I have convened three Town Hall meetings to discuss density, traffic calming and homelessness," he said. "I am a strong proponent of community engagement because my decisions are best informed by knowing what my community needs."

Harris said some of the highlights from his council term's first 100 days



ED HARRIS

are:

- encouraging constituents to remain actively engaged in providing input throughout the community planning process;
- approving and helping implement the rollout of the long-awaited oversize-vehicle ordinance to eliminate overnight parking of motor homes and trailers on residential streets;
- initiating public accountability of city efforts to prosecute illegal marijuana dispensaries, as well as enforcing existing violations, particularly in Pacific Beach;
- restoring library hours;
- securing funding for an urban forester in this year's budget to coordinate and implement the pending city-wide Urban Forestry Plan being developed, as well as coordinating citywide tree maintenance;
- beefing up the police department, including increasing police academy class sizes, adding 17 police civilian positions, providing \$3 million for the police

retention program and allocating \$1 million for police cameras;

- improving infrastructure in Pacific Beach/Mission Beach, including: \$2.2 million repair/restoration of damaged and eroded historic boardwalk seawall/walkway, San Fernando Place to Ventura Street (Belmont Park) scheduled for completion in 2015; \$4.6 million replacement/upgrade of observation/rescue tower at South Mission Beach lifeguard station; \$500,000 rebuild of the public restroom/shower facility at the foot of Law Street; and installation of a colorful mural on the crosswalk at PB Middle School in partnership with Beautiful Pacific Beach and the Pacific Beach eco-district.

Looking ahead to the next four months, Harris said he's "committed to this continued engagement to ensure the needs of District 2 residents are met and to ensure the city's spending of taxpayer dollars is fiscally responsible."

The councilman said he has two more

Town Hall meetings planned in Linda Vista and Point Loma before the end of his term.

Harris talked about other items coming up.

"As part of the city's effort to be a national leader in sustainability and protect our quality of life for future generations, the city is in the process of adopting a climate action plan that will reduce our carbon footprint, build a clean energy economy and prepare our city for the impacts of global warming," he said.

Noting San Diego is one of two cities vying to host the 35th America's Cup in summer 2017, Harris said the city is "actively advocating with the San Diego Unified Port, the Mayor's Office and the Economic Development Corporation to ensure San Diego wins the bid."

"I look forward to the [remainder of my term] and appreciate the opportunity to represent the residents of District 2," concluded Harris.

DeMaio touts reform vision in run against Peters for Congressional Dist. 52

By DAVE SCHWAB | THE BEACON

Former San Diego City Councilman and ex-mayoral candidate Carl DeMaio, a Republican who is running against

Democratic Congressional Dist. 52 incumbent Scott Peters, promised locals during an open forum Aug. 11 he will transfer his reform-mindedness from San Diego to Washington, D.C. if elect-

ed in November.

"I want to take our reform agenda from San Diego and bring it to Washington, balance the budget, create jobs, support workers and small business and start changing the culture of Congress," DeMaio told Mission Bay Rotarians during a campaign pitch.



CARL DeMAIO

"Both parties are broken and the dysfunction is outrageous, which is why nothing seems to get done. We've got to clean up the mess and dysfunction," he said.

DeMaio's was the first of two back-to-back meetings that will be hosted by Rotarians, next featuring Peters on Aug. 18 at 12:30 p.m. at the same venue, the Catamaran Resort Hotel.

Touting his legacy as a pension-reforming City Councilman, DeMaio pointed out opinion polls currently show only a 7 percent approval rating for U.S. legislators.

"I want to take our reform agenda from San Diego and bring it to Washington [D.C.], balance the budget, create jobs, support workers and small business and start changing the culture of Congress. Both parties are broken and the dysfunction is outrageous, which is why nothing seems to get done. We've got to clean up the mess and dysfunction.."

CARL DeMAIO
GOP candidate for
the 52nd Congressional District

"Congress needs to wake up. They're out of touch with the American people," he said, noting he'd institute a number of reforms to streamline federal government.

DeMaio proposed making the federal government more transparent by posting legislation like amendments online prior to votes, eliminating special-interest lobbyist and corporate funds for Congressional members' travel and removing members' political perks.

"I want to make Congress members more transparent and accountable by stripping them of special subsidies for their healthcare and pensions," DeMaio said. "I don't believe members should be given benefits that are better than the constituents they serve."

DeMaio said if Congress members are removed from the pension system and have to rely on Social Security, they'll "make sure those two systems remain solvent and secure."

Asked why voters should choose him rather than Peters, DeMaio replied, "Peters was on the City Council for eight years and he [helped create] the city's pension crisis and put San Diego on the road to bankruptcy while slashing public services. I was on the City Council for four years and was able to dig the city out of that hole and make the changes necessary to save our city from bankruptcy."

DeMaio fielded questions from audience members especially interested in his stand on immigration.

"You have to force Washington to do its job and secure the border," he answered.

"We have to secure the border as a

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QUICKHITS >>

COUNCIL VOTES TO BAN E-CIGS WHERE SMOKING ALREADY PROHIBITED

San Diego joined several other local cities on July 28 in banning the use of electronic cigarettes in all places where conventional smoking is already prohibited. The ordinance is scheduled to become effective this fall.

Adopted unanimously by the City Council, it regulates how the increasingly popular electronic cigarettes can be sold, requiring special permits for businesses that sell them and prohibiting sales from vending machines.

The makers of e-cigs, which are battery-powered and emit vapor instead of smoke, allegedly target young people with colorful packaging and by featuring flavors like bubble gum. In addition, councilmembers said young people frequently use the devices to smoke marijuana and tobacco.

A representative from the industry brought a petition to the council containing more than 900 signatures in opposition to the legislation regulating the use of e-cigarettes, which is also called “vaping.”

The city joins the county government and the cities of Carlsbad, Oceanside, Vista, El Cajon and La Mesa in regulating e-cigs. New York, Chicago, Seattle, Los Angeles and Long Beach have also regulated the devices.

OB TOWN COUNCIL READIES FOR NEW BOARD ELECTIONS

The 2014 Ocean Beach Town Council (OBTC) Board of Directors election is approaching, and candidates’ letters of intent are now being accepted. If you would like to take your community involvement to the next level, here’s a great opportunity.

By being an OBTC director, you can be an elected voice in communicating the views and needs of the community to the appropriate agencies, be at the forefront of community discussions, take appropriate action on community issues and be a leader in promoting the general betterment of Ocean Beach.

There are 15 seats on the OBTC board of directors, and OBTC members elect directors for two-year terms. Half of the board stands for election every year. This year, seven seats are up for election. If you would like to be considered for candidacy, submit your letter of intent to info@obtowncouncil.org by Tuesday, Aug. 26.

Eligible candidates must be over 18 years of age, already be a paid-in-full OBTC member and either live, work, own property or operate a business in Ocean Beach.

Voting will take place from Friday, Aug. 29 to Monday, Sept. 8.

The Ocean Beach Town Council is a community-based nonprofit organization dedicated to expressing the will of Ocean Beach residents and representing the welfare of the community.

For more information, email info@obtowncouncil.org, or visit www.obtowncouncil.org.

SECOND ANNUAL DINE OUT FOR THE CURE SET FOR AUG. 14

The second annual Dine Out for the Cure will make for one delicious day as local restaurants and patrons across San Diego will be dining out to support the fight against breast cancer. On Aug. 14, participating restaurants — including the Broken Yolk restaurant at 3577 Midway Drive — will donate 25 to 50 percent of the day’s proceeds to Susan G. Komen San Diego to support education, outreach, free mammograms, financial and food assistance, trans-

portation and more.

“By enjoying a meal at some of San Diego’s most notable restaurants, you will be making a difference in the lives of local women and their families affected by breast cancer,” said Laura Farmer Sherman, executive director of Susan G. Komen San Diego. “Imagine if you were too weak to even be able to make dinner for your family. That is a reality in the lives of some of the women that we serve, and with the money raised from this event, we will be able to take that burden off their shoulders.”

Participating restaurants include Nothing Bundt Cakes, Yanni’s Bistro, Aqui es Texcoco, Croce’s, Redfield’s Sports Bar and more. Making dining plans at a participating restaurant will support San Diego breast cancer patients and help them become breast cancer survivors.

With \$1 million at work in San Diego, Komen San Diego is the largest funder of free breast cancer diagnostics, treatments, services and support of any organization in San Diego County. For more information, visit www.komensandiego.org/DineOut.

POLL SHOWS BROAD SUPPORT FOR MINIMUM-WAGE HIKE

A new poll commissioned by the Raise Up San Diego coalition and released Aug. 7 found that 63 percent of registered San Diego voters support the minimum-wage increase approved by the City Council last month.

The ordinance calls for the local minimum wage to increase to \$9.75 on Jan. 1, to \$10.50 on Jan. 1, 2016, and \$11.50 on Jan. 1, 2017. After that, it would be indexed to inflation.

Mayor Kevin Faulconer vetoed the ordinance, although the council could still vote to override his veto. The poll was conducted between July 31 and Aug. 4 by Greenburg Quinlan Rosner Research.

Researchers found:

- 63 percent of likely San Diego voters support the council-approved ordinance.
- 59 percent reported that they would vote against repealing the ordinance.
- 41 percent said they would be less likely to support Faulconer if he proceeds with a veto of the ordinance.

The poll surveyed 500 registered voters and has a margin of error of 4.4 percentage points.

— *San Diego Metro*

SD REALTORS ASSOCIATION REPORTS COUNTY HOME SALES DIPPED IN JULY

Home sales fell in July, while the median sale price of single-family homes in San Diego County continued to stabilize above \$500,000, according to new housing statistics from the Greater San Diego Association of Realtors.

Single-family resale homes sold in July decreased by about 13 percent compared to June, while sales of previously owned condominiums/townhomes fell about 2 percent.

The median price of single-family homes sold in July was \$517,000, down slightly from June, but still 7 percent higher than July 2013. Condos and townhomes sold at a median price of \$325,000, down by about 3 percent from June, and about the same as a year ago.

Meanwhile, the number of active listings in San Diego County is approaching 8,500 on the Multiple Listing Service (MLS). That is the highest it’s been in 2 1/2 years, yet it represents only about three months of inventory. Six months of housing stock is generally considered a healthy inventory level, a point the San Diego market hasn’t seen since 2011.

On average, homes continue to stay on the market less than 40 days and are selling 19 percent faster than a year ago and nearly 50 percent faster than 2012.

“Our real-estate market has been seeking a sustainable equilibrium for some months now,” said Leslie Kilpatrick, SDAR president. “Our local economy remains in a fragile healing stage, yet properly priced homes continue to sell quickly and inventory levels are still relatively low. Long-term, the San Diego region will need to see quality job growth and more first-time homebuyers to fuel greater sales volume and further price gains.”

In July, the ZIP codes in San Diego County with the most single-family home sales were: 92028 (Fallbrook) with 49; 92071 (Santee) with 46; 92115 (College Grove) with 44; 92009 (Carlsbad) with 43; and 92128 (Rancho Bernardo), also with 43.

The most expensive listing sold last month in the county: a seven-bedroom, eight-bath, 8,700-square-foot home in La Jolla that sold for \$8.25 million.

— *San Diego Metro*

CITY COUNCIL TAKES LITTLE ACTION BEFORE AUGUST RECESS

Before the San Diego City Council adjourned for its August recess, members sat down for what was shaping up to be a busy special meeting, but it seems like they went on vacation early.

The council took no action on a proposed settlement with an unidentified woman who sued over the sexual-assault actions of ex-police officer Anthony Arevalos.

He was convicted in 2011 for sexually assaulting women while on duty.

The council also did not decide whether to appeal this month’s court ruling that the city’s plan to fund the San Diego Convention Center expansion

was illegal. Members also postponed voting on an item that would urge Mayor Kevin Faulconer to finalize the proposed Climate Action Plan.

Although the nine-member City Council was down two members — Mark Kersey and Marti Emerald were absent — the council did ratify labor agreements for the “San Diego Works” program. That’s the mayor’s plan to award public employees who bring forth money-saving ideas.

The council also passed a resolution to support hosting the 2017 America’s Cup in San Diego and gave final approval on a tax incentive for Illumina, a medical-device company. In exchange for the rebate, the company agreed to stay in the city for the next decade.

The council reconvenes Monday, Sept. 8.

— *KPBS*

‘HO HUM BANDIT’ EARNS SENTENCE OF 56 MONTHS

The man known as the “Ho Hum Bandit” who held up three tellers at two La Jolla Banks and another bank on Rosecrans St. in 2010 was sentenced Aug. 4 to 56 months in federal prison.

Adam Lynch, 36, the bandit who was portrayed as nonchalant and unassuming appeared Monday before U.S. District Court Judge Roger Benitez in jail clothing with a chain around his feet.

Benitez determined the 56-month term will run consecutive to a 64-month term that Lynch is already serving for bank robberies in Denver and Cheyenne, Wyo. Benitez ordered a 70-month term with 56 months to run consecutive and the other 14 months to run concurrent.

Benitez ordered Lynch to pay nearly \$26,000 to the banks, which include the Citibank branch at 7900 Hershel Ave. which he robbed twice, and the Wells Fargo Bank at 7714 Girard Ave.,

both in La Jolla.

He also ordered Lynch to repay a U.S. Bank branch at 1075 Rosecrans that was held up on Feb. 27, 2010, as well as other banks in Hillcrest and downtown San Diego. He also ordered him to pay \$700 in penalty-assessment fees.

Lynch gave general apologies to tellers and police officers. He said he was living legally in the U.S. with a green card. Lynch differed with his attorney about the role of depression in the bank robberies

Lynch pleaded guilty Jan. 28 to all seven San Diego hold-ups. He presented a demand note that said he was armed, but no weapon was ever displayed. He left San Diego in 2010 and moved on to commit bank robberies elsewhere.

— *Neal Putnam*

PL WOMAN APPOINTED TO BIKE GROUP ADVISORY BOARD

A Point Loma woman is among six advisors on the city’s first Bicycle Advisory Committee, charged with providing guidance on making the city more bicycle-accessible.

Nicole Burgess, of Point Loma will serve a term ending July 1, 2016. She will serve under Andy Hanshaw, a Point Loma resident and executive director of the San Diego Bicycle Coalition, and Kyle Heiskala, of Hillcrest.

Others on the advisory board include Petr Krysl, of University City, Kathleen Keehan, of Rancho Bernardo; Michael Brennan, of Hillcrest; Randy Van Vleck, of Golden Hill; and Samantha Ollinger, of City Heights.

In March, City Council unanimously approved its first Bicycle Advisory Committee to lead the City in several bike-intensive implementations, including those within the Bicycle Master Plan Update.

SEE QUICK HITS, Page 8

Add an Important Item to Your Back-to-school List.

For parents, back-to-school season means it’s time to stock up on school supplies. But it can also be a good time to think about how to save for your child’s future education.

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Planners hear update on Point Loma Village revamp, planned international language school

The Peninsula Community Planning Board (PCPB) gave a unanimous thumbs-up recently to Point Loma Village, a revamped mixed-use condo project at the corner of Rosecrans and Byron streets.

The advisory group also heard plans to turn the former Cabrillo Hospital into an international language school.

The PCPB makes land-use recommendations to the city community planning area that encompasses seven highly urbanized square miles. The area includes the neighborhoods of Ocean Beach Highlands, Point Loma Highlands, Loma Alta, Loma Palisades, Loma Portal, Fleetridge, Roseville, Sunset Cliffs, La Playa and NTC Liberty Station.

Architect Toni Cutri of Martinez + Cutri Corp. informed planners and residents on the Point Loma Village project. He said the project plan, which calls for demolishing three existing rundown buildings and replacing them with a three-story, mixed-use development, now would entail 16 condominium units — one less than originally planned.

"We had questions last month about how parking was calculated, so the item was continued to this meeting," said PCPB chairwoman Julia Quinn, noting the project was returned to the group's Project Review Committee for further scrutiny and dialogue with developers.

Noting they "went back to the drawing board," developers said they've

made significant changes to the project by "reducing the square footage" of the proposed commercial space, as well as adding parking.

Developers said their project, as designed, is now less dense and also has sustainable features like bike racks and an electric-car recharging station.

Cutri said it was uncertain what business would go in the project's commercial space but said it could be a restaurant. But if it were a restaurant, Cutri said, "It would be light-duty food. We don't have accommodations for a [full-service] restaurant."

Asked whether a restaurant would have a sidewalk café, Cutri said, "It does-

SEE **PLANNERS**, Page 20

SeaWorld, animal activists take their war public at airport

The animal-rights activist group People for the Ethical Treatment of Animals (PETA) revealed it had placed another anti-SeaWorld message at San Diego's airport.

The 20-foot-long banner is intended to discourage attendees arriving for the recent Comic-Con International convention from visiting SeaWorld San Diego while they were in town.

PETA has been demonstrating against the theme park for years, claiming that the animal theme park's killer whales are mistreated.

SeaWorld has launched an aggressive pushback campaign, detailing the benefits of public education and scientific research that would not ordinarily be available in the wild.

PETA's \$24,000 banner, placed near the baggage claim of Terminal 2 at Lindbergh Field, depicts an Orca holding the foot of a man with its teeth. The man, wearing a suit and a "CEO" label, is supposed to represent the company's chief executive.

The banner, created by Bluewater Productions — a Vancouver, Wash., producer of comic books and graphic novels — includes the text: "He will let you go if you let him go. PETA."

"Comic-Con fans love blood and guts when they're fake, but at SeaWorld, it's all too real for comfort," Bluewater founder Darren Davis said.

"The Orcas are desperate to be free. That's why trainers have been

killed and that's what we're depicting in this campaign with PETA," he said.

David Koontz of SeaWorld San Diego said the theme park has its own advertising at the airport, including wall murals and on baggage claim monitors in both terminals.

"Even by PETA's standards, this ad is as offensive as it is tasteless," Koontz said. "PETA isn't concerned with actually helping animals. They are a radical organization that continues to spend its money on publicity stunts like the profane Jason Biggs video and advertising campaigns like this for the sole purpose of promoting their agenda."

Koontz said the park's killer whales are "healthy and happy and thrive in our care. The real animal welfare organization is SeaWorld, not PETA, and our trainers, aviculturists, animal-care staff and veterinarians are the true advocates for animals."

The public can get SeaWorld's point of view at www.seaworld.com/truth and www.seaworld-cares.com, he said.

In May, PETA placed a wall poster in Terminal 2 in which actress and San Diego native Kathy Najimy urged visitors to avoid SeaWorld San Diego.

The poster was placed at the airport after the animal-rights organization successfully sued the airport.

— Staff and City News Service



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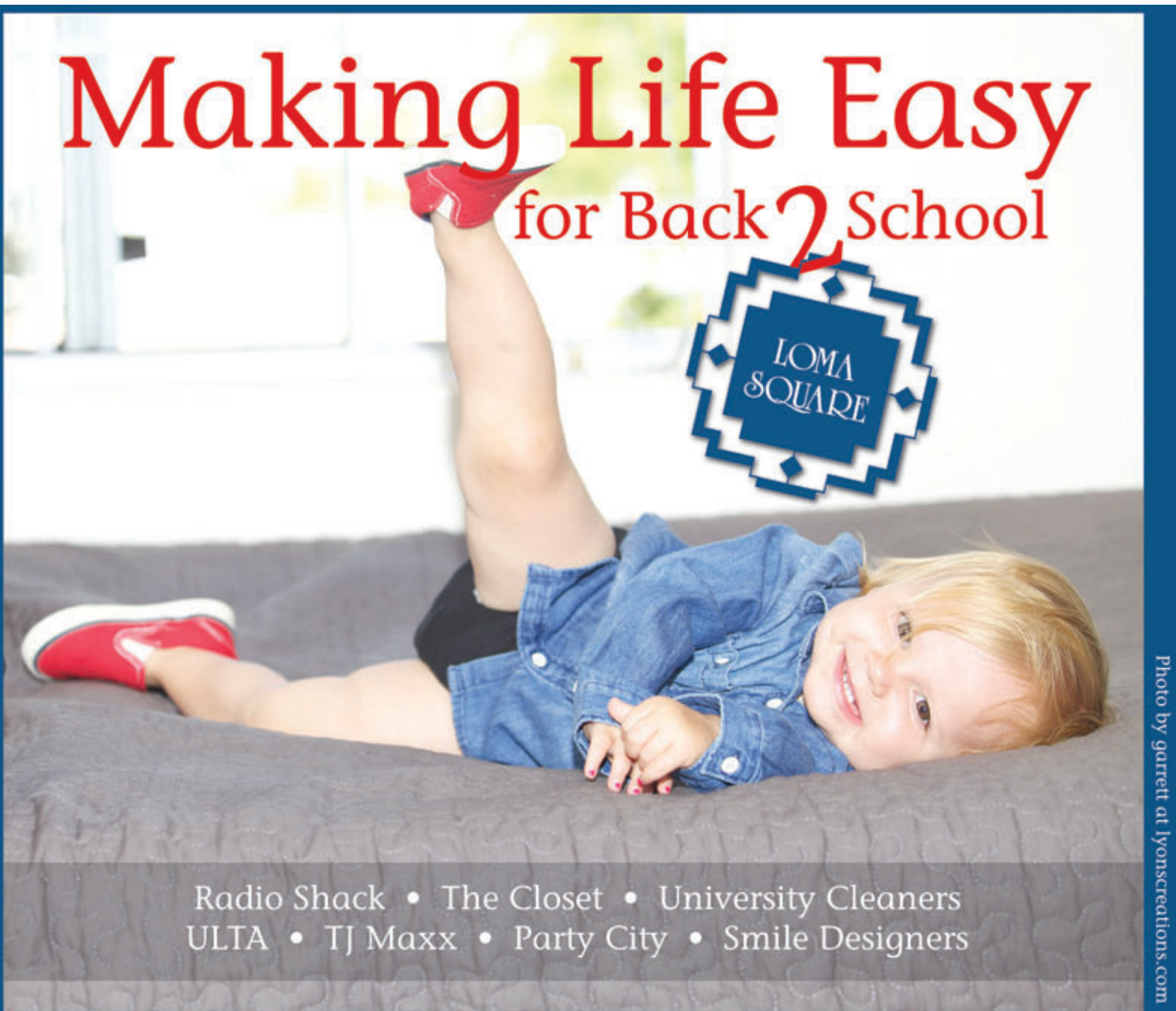
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Point Loma High campus improvements continue to light up readers

GUEST VIEW

PLHS stadium-lighting plan bodes poorly for those nearby

I'm writing in response to your article in the *Beacon* regarding the athletic fields in Point Loma. I will refer you to our Pro Point Loma website for information regarding Point Loma High's field and the reasons "some of the neighbors" are against the plan for lights and a public-address system.

I am really disappointed to see the lack of balanced coverage regarding this issue. So far, all I've seen is articles obviously in favor. A little in-depth reporting would lead you to see how the school district does not fully inform communities and sometimes outright lies to us re this issue. We were promised as recently as 2011 that no lights would be installed (a letter from the district can be found on our website).

As of now, there is no "green light" for lights and a public-address system at PLHS. Our group is determined to stop this and save our neighborhood from the lasting effects of this. All anyone has to do is come here and look at the campus and its proximity to homes to realize how terrible this plan is.

Also note the one parking lot, which is a few blocks away from the new improved entrance to the stadium. My daughter just graduated in June. We were sent an email from the school directing everybody to come early as there was no parking on campus and we would all have to park on the neighborhood streets. Every graduation day, the streets are lined with cars for blocks around. This also happens on Homecoming Day. The streets are narrow. Nobody directs traffic, especially at the intersection of Clove and Voltaire streets, where people are crossing on foot and cars are crossing as well. Imagine having large events there once stadium seating is installed, lights and a PA system. We would go from having this problem twice a year to possibly weekly events both day and night — all year long.

School district Trustee Scott Barnett is not seeking re-election. He makes promises that cannot be kept, and who knows who will follow on the district after he leaves. He has not promised us that the stadium will not be used for outside groups. In fact, the school already rents the stadium out. It is my understanding the school district made about \$2 million last year renting out the field. Why else would the district spend so much money on lights when funds are

so limited?

That school campus is a mess. Poor air conditioning, little green space, buildings that have no bathroom facilities — those are just some of the problems. Not to mention that the campus is just plain ugly. Why isn't the district addressing these issues first? And why aren't you and your publication writing about that?

Our group has interviewed neighbors from Clairemont who are really upset about what has happened at Clairemont High School. They report weekly, sometimes 4 or 5 days a week; events take place at the school day and night. The PA system is really loud, even with windows closed. The sound of people stomping on the new aluminum bleachers is deafening and the light shines way beyond the campus.

The stadium there is used for events that sometimes last all day and into the night. These neighbors have tried to get [District 2 City Councilman-elect] Lori Zapf to help them, but so far no luck. One prominent San Diegan, Walter Andersen of Andersen's nursery, is actually selling his house because of this.

I have lived in this neighborhood all of my life. I live in my parents' house, which they built in 1950. I had planned to stay here for the rest of my life and hopefully leave it to our daughters. This stadium plan will have a terrible effect on the quality of life here and our property values. I am very-pro PLHS. I'm an alumni and I belong to the alumni association. My class donated money to the school this year in the form of a scholarship. My mother graduated from Point Loma High in 1942, as did my aunt and two uncles.

I am one of seven children, all of whom attended PLHS, and our own daughters both did.

I resent being made to look like a NIMBY [Not in My Backyard] neighbor who does not care about the school or the students who go there. But this situation will be intolerable, and I think so unnecessary, especially since the district is planning a large sports complex at Correia.

I challenge you and your publication to do your job and research this issue. I am looking forward to seeing a fair, balanced report.

Angela Holmes Shaw
Point Loma

LETTERS TO THE EDITOR

PLHS LIGHTING, IMPROVEMENTS DETRIMENTAL TO NEIGHBORHOOD

A lie told a thousand times is still a lie on the thousandth time it is told, and that is how I felt when I read your *Beacon* article on the planned improvements to Point Loma High School.

It is, indeed, too bad that there are no investigative news reporters willing to ask even the obvious questions:

1.) Why does Point Loma High School need permanent lights when temporary lights have been used for years?

2.) Where is the original environmental report that was to be released last year? Could it be that this document will never see the light of day because it talks about the real problems and it is NOT traffic and noise? Is it about residents having to babysit sick, drunk or aggressive students? Is it about riots and near-riots from adults/children watching the games? Is it about residents and/or one or two police officers left alone to deal with a situations of the school's making?

3.) Point Loma High School is not going to be commercialized when the new lights are installed? Really? Come on, Point Loma High School is commercialized now without any lights being installed. The people using the facilities on Saturdays and Sundays are not there for school-related functions, nor are they residents of the area. The site is locked down. Only someone with a key can get in.

4.) Is not Point Loma High School on the flight path for the San Diego Airport? Don't you think the glare from 90-foot lights might cause an airplane

crash?

5.) Why is the school board proceeding with the light installation without FAA approval? What is the rush?

6.) Please describe how the San Diego School Board and Point Loma High School is a good neighbor. And please, no more lies (or staged photographs); the school does not even pick up trash on its property that is not fenced off. It is left to the residents to clean up the school property adjacent to their homes.

7.) Are the school board members getting bonuses for renting out the city schools? If they are not, then we should find out what the incentive really is for the school board. Why would a normal person/organization proceed with the installation of lights knowing that their actions will cause someone to get hurt or more than likely die?

Think about it, something is not right. Why is the San Diego Unified School District Board above the law? Why are they so adamant that lights must be installed at all costs at Point Loma High School?

Heidi Smith
Point Loma

CLAIREMONT NEIGHBOR WEIGHS IN BASED ON OWN EXPERIENCES

I was very interested to see the various reader responses that appeared in the Jan. 16 edition of *The Beacon* regarding the school district's pursuit of a larger commercialized stadium at Point Loma High School, complete with 90-foot light towers and a new public-address system.

All I can say to my Point Loma friends is, "Wake up! You have no idea what's coming!" As a Clairemont homeowner and neighbor of Clairemont High School, I know what I'm talking about. I have endured more than two years of what you're about to get. With scant notice, the school district installed stadium light towers and a public-address system and the lives of my neighbors and I have been irrevocably changed. Yours will be, too.

The sounds of songbirds will be replaced by ear-splitting music during team practices. Prepare to shut all doors and windows during practices and events, but to no avail, since you'll still hear the coaches screaming and the blaring PA system. You'll be a prisoner in your own home on warm days and nights. Buses will barrel down your quiet residential streets rather than use less-intrusive routes. Lights will remain on into the night for days on end, no matter what they promise.

Being regularly subjected to this level of light glare, activity and extreme noise may turn out to be the worst experience you've had as a homeowner, for you're no longer entitled to the comfort and enjoyment of your own property. The determination of our school district to steamroll more and more of San Diego's residential neighborhoods with these unwanted "improvements" and the resulting clamorous atmosphere is shocking and should be stopped before more communities are destroyed in the process.

Tom Ford
Clairemont



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LETTER TO THE EDITOR

Is anyone paying attention to the potential for high-density growth?

I attended the “Meet the Mayor” event with Mayor Kevin Faulconer in Pacific Beach recently, and I had the opportunity to ask:

What do you plan on doing about traffic and parking as a result of the high-density development on the Peninsula? I mentioned the proposed Midway area and possible 5,000 residential units, Water Point 40 units, PL

Village 17 units and those at Voltaire Street Catalina Boulevard. How can we get some teeth into the Peninsula Community Planning Board? And how do we enforce the 30-foot height limit?

I stated that the PCPB did NOT approve the over-height-limit Avenida de Portugal project and that the city sold us out and approved it anyway. Someone from Bay Park also asked

about high density and height limits, too.

Faulconer said he was aware of the Morena Boulevard 60-foot height proposal, as well as these other projects.

Faulconer’s answer was to work on the outdated individual community master plans so the communities have a say before it becomes many amendments.

Although Faulconer aide Ian Clamptt put our item on the “list” for review with the Mayor’s Office, we need help now. What is the process and how long will it take to update that master plan? District 2 City Councilwoman-elect Lori Zapf also attended this meeting, and I hope she is listening to the residents of the Peninsula and will work as hard as current Dis-

trict 2 Councilman Ed Harris does for this district.

If all our communities, including Pacific Beach, Ocean Beach, Loma Portal, Point Loma Village, Midway, Morena and Bay Park are up in arms, maybe someone will listen and help us.

Korla Eaquinta
Point Loma

DENSITY

CONTINUED FROM Page 1

lete. They insist recent projects in the pipeline in their area which conform to existing design standards are too dense, too tall, too dependent on limited available mass transit and too impactful to traffic, particularly during peak commute hours.

Recent projects some local residents have objected to include Waterpoint condominiums, 1255 Scott St., a mixed-use complex with 40 condo units now under construction; Point Loma Village, a proposed mixed-use with 16 condo units on the upper floor with retail below at the corner of Rosecrans and Byron streets; a three-story condo project on Avenida de Portugal, already built and operating, that neighbors say is 38.5 feet high — exceeding the 30-foot height limit; and a housing project on Carleton Street now under construction, which neighbors insist is also well above the 30-foot height limit.

“San Diego is all about getting more

density rather than spreading it out,” said Don Costello, a Point Loma Village resident.

Other agreed.

“They (outsiders) don’t have to live here and drive around,” said neighbor Korla Eaquinta, who warned, “We don’t want to turn [Point Loma] into a Miami with sky rises. We want to keep that village feel, bay views and open air and sunshine.”

Height limitations must be adhered to, said others.

“The main thing is abuse of the 30-foot height limit,” contended Marian D’Angelo, who said there are several housing projects in the area that have used design loopholes to build higher than what’s allowed. “[Developers are] throwing this little area under the bus.”

Others were concerned with parking. “The biggest thing is the limited parking that’s available,” said Jody Costello. “It’s important that we’re not going to be a concrete jungle. This is a small, beautiful village, and you’re not going to be able to see the waterfront if you’ve got these tall buildings lined up.”

Costello said Roseville will likely have to use some kind of resident parking-permit system to allow residents to park in their own neighborhood, which is now taken up largely by retail employee parking.

Responding to concerns raised by Point Lomans, Bill Fulton, the city’s outgoing planning director said, “I think we’ve followed the rules in these cases, and are confident that the (30-foot) height measurements are correct as measured from the highest adjoining finished grades (required in city’s municipal code).”

Noting his department is involved with development projects early on in the planning process often before amendments are made, Fulton said he appreciates that Point Lomans “have concerns about the existing rules that affect the community’s character.”

“We’re not proposing increased densities or land-use changes in the Peninsula,” said Fulton.

Regarding available mass transit, Fulton said, “There is bus service there now.”

Fulton said the issue may be one of how existing rules are interpreted, rather than whether the rules still apply, or need to be updated.

Resident Christy Schisler, who unsuccessfully fought the Waterpoint development under construction at Point Loma’s bayfront on Scott Street between Carleton and Dickens streets, said developers get preferential treatment downtown.

“I was shocked to find that the city’s Development Services Department are advocates for developers,” Schisler said. “It’s not an objective approach. They’re promoting projects without regard to the possible impacts.”

Noting Waterpoint is being constructed on property once zoned as marine industrial, Schisler said infill development in the neighborhood “multiplies by 10 times” traffic and other problems.

“It’s not good community planning,” she said. “There’s no more room. That, to me, is the bottom line.”

Eaquinta said one of the many problems with zoning is that developers have found ways to circumvent the commu-

nity planning-review process. She said projects are “sneaking” in under the planning radar, being initially designated as apartments, then subsequently changing the plans to condominiums, thus circumventing the community planning-review process.

Some Roseville residents insist projects being approved as “transit oriented” in their neighborhood, which they say have extremely limited bus-service, is a mockery. Neighbors said there used to be four bus routes serving the Peninsula. That has since been whittled down to two, with the potential of going down to just one route soon because of falling ridership.

What needs to be done to preserve Point Loma Village in Roseville?

“We need to close all the loopholes and that’s that,” said D’Angelo, adding the 30-foot height limit must be enforced.

The fight, it appears, is still far from over.

“We’re not going to stop (protesting),” vowed Jody Costello. “We’re going to get much more involved.”

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BOOKKEEPER

CONTINUED FROM Page 3

forgery but deadlocked on a second forgery charge. The jury acquitted Moore of a second grand-theft count involving Veterans Affairs.

Pfingst argued Moore had written

receipts from the restaurant owner indicating she was loaning the restaurant money because it developed a cash-flow problem. Mitchell told jurors that restoring money taken in a theft is not a defense.

Pfingst said Jack’s La Jolla closed because it was not making a profit and that profit-loss statements were contin-

ually prepared for the owner during its operations.

He told jurors not to consider the closure of the restaurant as relevant to the case.

The jury heard two days of closing arguments and began their discussions on July 30.

DeMAIO

CONTINUED FROM Page 4

prerequisite to any additional changes we do to make to our immigration system work,” he said.

DeMaio said he felt there’s room for compromise on the immigration issue, saying, “The American people agree on 65 to 70 percent of reform.”

He said it’s the extreme elements at both ends of the political spectrum

that are complicating attempts at reform.

Asked his views about the Arab-Israeli conflict, DeMaio said, “I’m 100 percent in support of the Israeli position, particularly seeing the consistent refusal of Hamas to participate in peace accord after peace accord.”

DeMaio also gave his take on health-care reform.

“I don’t know why health-care exchanges are government-managed,” he said. “I would keep the exchanges,

but allow them to be privatized. I would pass a bill that would allow you to take any health-care policy from any employer and convert it in an open exchange to a cash equivalent and buy any policy you like.”

DeMaio said he’s heard from too many working people who’ve lost their doctors because of Obamacare. “Why should people have to give up their doctors with health-insurance changes?” he asked. “You should be able to keep your own doctor.”

QUICK HITS

CONTINUED FROM Page 5

“The city has a lot of great bicycling initiatives coming to fruition and copious opportunities to become one of the most bike-friendly cities in the nation,” Hanshaw said. “I look forward to working with the committee members and elevating San Diego to be a premiere city for bicycling.”

The bike coalition is a nonprofit organization that advocates the rights of bicycle riders, promoting bicycling as a mainstream form of transportation. For more, see sdcbc.org.

COAST GUARD OKs HIKE IN VESSEL DOCUMENTATION RENEWAL FEES

The U.S. Coast Guard’s final rule on vessel documentation renewal fees was published in the Federal Register on Aug. 12.

The Coast Guard is amending its regulations to separately list an annual fee for renewals of endorsements upon the certificate of documentation. The Coast Guard is required to establish user fees for services related to the documentation of vessels.

This final rule separately lists a fee of \$26 to cover the costs of the vessel documentation services provided by the Coast Guard. It will increase the annual certificate of documentation fee col-

lections so that they more accurately reflect the actual costs to the Coast Guard of providing the documentation services.

The Coast Guard sets fees at an amount calculated to achieve recovery of the costs of providing the service. The Omnibus Budget Reconciliation Act of 1990 requires the Coast Guard to charge a fee for services but limits charges to no more than the overall cost of the program.

The fees will become effective 90 days after the rule is published.

Visit www.federalregister.gov/articles/2014/08/12/2104-18999/vessel-documentation-renewal-fees.



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Ocean Beach-area lifeguard Tod Robinson, left, hands off a paddleboard to Bryan Rigby during the annual Ron Trenton Memorial Lifeguard Relays held on Mission Beach on July 29.

Photo by Don Balch

RELAYS

CONTINUED FROM Page 1

since 1997.

La Jolla lifeguards grabbed second in the competition, followed by Central District in third and the Boating Safety Unit in fourth.

The 12-leg relays test speed, strength, agility and teamwork among members and puts rescue techniques on public display.

The relays raised about \$10,500 for various causes. This year, City Councilmembers co-captained and partnered with the respective divisions toward the following end:

- Councilwoman Marti Emerald and Councilman Mark Kersey co-captained the Southern District, working with lifeguards to raise \$2,500 to

support the Ocean Beach Community Development Corporation's Veterans' Plaza Memorial Project;

- Councilman David Alvarez and Councilwoman Myrtle Cole co-captained the Central Division, working with lifeguards to raise \$2,500 for the Jackie Robinson YMCA;

- City Council President Todd Gloria and Council President Pro Tem Sherri Lightner co-captained the Northern Division, working with lifeguards to raise \$3,000 for the Marine Corps Law Enforcement Foundation;

- Councilwoman Lorie Zapf and Councilman Scott Sherman co-captained the Boating Safety Unit/Mission Bay, working with lifeguards to raise \$2,500 for Rady Children's Hospital.

District 2 City Councilman Ed Har-

ris, a longtime veteran lifeguard and resident of Point Loma whose district encompasses all of San Diego's beach communities, was front and center for the event.

He praised the efforts of supporters.

"I appreciate my council colleagues participating in this year's relays and fundraising for local charities, and for Capt. Scott Adams for firing the starting gun. It was a rigorous competition for the lifeguards and a fun event for those who came out to watch," said Harris.

The annual lifeguard relays are named for veteran lifeguard and longtime Northern District team captain Ronald Trenton, who was lost at sea while piloting his private plane from Catalina Island to San Diego in 1997.

DROUGHT

CONTINUED FROM Page 1

San Diego Municipal Code. Wasting water is illegal at all times, even when no drought-response levels are in effect. Any violations of the water-use restrictions associated with drought-response levels are also treated as water waste.

The city may penalize those who continue to waste water with an escalating series of penalties up to and including shutting off water service. When customers continue to waste water after being contacted by the Public Utilities Department's conservation staff, the city's Code Enforcement Department can step in.

Should a customer refuse to stop

overwatering, fail to repair a leak or continue other water waste, a code-enforcement officer or water-waste investigator will fashion an appropriate response.

Code-enforcement officers have a variety of remedies to help ensure compliance, including issuing a warning letter, administrative citations ranging from \$100 to \$1,000, civil penalties up to \$2,500 per day for violations, referral to the City Attorney's Office for civil or criminal prosecution and shutoff of water service.

On July 15, California's Water Resources Control Board voted to impose mandatory water-use restrictions statewide in response to California's ongoing drought.

For San Diego, however, permanent

mandatory water-use restrictions in place since 2009 already meet elements of the requirements mandated by the state.

As a result, the state's regulation does not require the city to make changes to its emergency water regulations but should serve as a reminder to all San Diegans that using water efficiently, and in compliance with the city's current water use restrictions, are important to help conserve water during this severe drought condition.

"I want to thank San Diegans, who for years have done a tremendous job of stepping up to the plate to incorporate water conservation into their way of life," said Mayor Kevin Faulconer.

"This summer, as we see temperatures climb, we must continue to be

HOW YOU CAN PITCH IN

The city recommends a few methods for water conservation:

- Check faucets, pipes and toilets for leaks;
- Plant drought-resistant lawns, shrubs and plants;
- Put a layer of mulch around trees and plants;
- Water during early parts of the day;
- Don't run the hose while washing your car; and
- Use a broom, not a hose, to clean driveways and sidewalks.

mindful of the current drought situation by adhering daily to the city's permanent water use restrictions," he said.

The city will continue to review the state's decision and monitor the drought conditions throughout the state to determine if any changes to its

drought response level are necessary.

The city's focus for now will be to reduce water waste by educating residents on how to comply with the restrictions through education rather than an enhanced enforcement system focused on fines.



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People of all ages will be delighted at TwainFest on Saturday, Aug. 16, in Old Town San Diego State Historic Park. As a part of Old Town's Stagecoach Days, TwainFest will celebrate its fifth anniversary with even more activities than in year's past. This family-friendly festival celebrating Mark Twain and his contemporaries like Walt Whitman, Emily Dickinson, Paul Laurence Dunbar, Edgar Allan Poe, Robert Lewis Stevenson and others. The event starts 11 a.m. until 5 p.m.

Professional actors and musicians will perform throughout the day, as well as puppets, inventive games and interactive educational activities. All this will be offered on the state park's grassy plaza as well as in its historic structures.

New activities include: 19th-century

Literary Costume Contest, Your Day in Jail with Henry David Thoreau, The Bells of Dona Josefa, Whaling with the Captain, and an additional stage with Irish and American music.

Returning activities include:

The Arcade – The arcade will feature many imaginative games and activities including Fishing for Words, and Color Me Twain for the very young, to the Spelling Bee, featuring words from the 1850s, the Never-Ending Story where everyone adds their own chapter to an ongoing story.

Book Emporium – Participants who engage in five activities may select a free book at the Book Emporium, where books of all kinds for all ages are available.

An Unusual Day in the Mason Street School – A teacher in the Schoolhouse

will provide creative 19th-century lessons featuring writers of the period as special guests. On the schoolhouse grounds, attendees can play croquet with the Red Queen from Alice in Wonderland.

Garden Party – Enjoy poetry and stories performed in the Casa de Estudillo with complimentary cookies and tea

Frog Launch – TwainFest tips its hat to Twain's first widely read story, The celebrated Jumping Frog of Calaveras County, with a Frog Launch catapult that propels bean-bag frogs into the air.

Liars Contest – Tell your story (as long as it's a tall one) and compete for the TwainFest Liar's crown on the TwainFest main stage.

Twain for Kids – Professional actors read stories by and about Mark Twain –

one of them even written by his daughter Suzy – in the historic Seeley Stable.

Wheel of Fiction – Modeled after the popular game show "Wheel of Fortune," contestants will compete against each other to answer literary questions and win prizes.

TwainFest is produced by Write Out Loud, Fiesta de Reyes and Old Town San Diego State Historic Park with additional partners: Cygnet Theatre, Lamb's Players Theatre, Maritime Museum of San Diego, Mormon Battalion Historic Site, Playwrights Project, San Diego Public Library, San Diego Writers INK and Save Our Heritage Organisation

For more information, call 619-297-8953 or visit writeoutloudsd.com/schedule/twainfest/.



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New single called "Summer Days" now available on I-Tunes and CD Baby. Has performed at OB Street Fair several times including main stage. Also Winston's and 710 Beach Club, and all the way to the east county at Eastbound B&G and BNS Brewery.

New video for "Summer Days" (youtube.com/watch?v=ahCbqEclytk) features many SD landmarks including OB farmers market, Belmont Park and Crystal Pier. It also features the amazing pedal steel and fiddle of band member Ted Stern.

The band performs every Friday at Spike Africa's, 4th and Broadway, 8:30-11:30pm
Country Rockin' Rebels -recently performed at the OB Street Fair and OB Farmers Market

upcoming shows:

Aug 23rd - BNS Brewery, Lakeside 6:30-9:30 all ages

Sept 20 - Coastal Community Block Party, 5-7pm

countryrockinrebels.com

cdbaby.com/cd/countryrockinrebels

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Car's Jars: taking salad freshness to a whole new level

By DAVE SCHWAB | THE BEACON

Native Obecian Carly McHenry has found a new career direction after having turned the corner on salads.

McHenry has become a superstar with the Mason jar on the local culinary scene.

She's marketing her handmade, healthy, convenient and affordable layered salads through her 10-month-old business named Car's Jars. Not only that, she delivers.

A graduate of Chico State with a degree in exercise physiology, McHenry was working locally with autistic children. The homemade salads she'd bring for herself and others at work were just so good that friends convinced her to take it to the next level.

And she did, with a lot of patience, effort and more than just a little fine-tuning.

First, McHenry needed to find the proper container.

"I started out with Tupperware, but it wasn't lasting long, so I moved to Mason jars," she said.

Then she had to find a kitchen to operate out of, since her home didn't qualify under the guidelines for operating a cottage industry.

"I have a twin sister whose roommate worked with a catering company," McHenry said. "I went out there and walked into his huge kitchen and just couldn't believe my eyes. They offered to rent it out to me, and it wasn't a bad price."

Product development came next and had to be grappled with — and mastered.

"That was the longest phase, test marketing, which took about five or six months," McHenry said. "I was experimenting with recipes, the best way to



"My parents believed in my idea and supported me. If it was any other kind of business, they would have said, 'I don't know about this.' I was willing to take the risk. And I was in a position to do so."

CARLY MCHENRY
OB native, entrepreneur

layer and season the food, et cetera."

Now she was hooked. McHenry just had to make it happen as a business. But there was a question about investors for her startup.

"My parents believed in my idea and supported me," she said. "If it was any other kind of business, they would have said, 'I don't know about this.' I was willing to take the risk. And I was in a position to do so."

Though her career may have deviated from the path she'd originally intended, McHenry said she is happy to be promoting healthy lifestyles by providing a nutritious diet.

"We're encouraging people to plan ahead for healthy meals so they're not in a situation where they're eating fast food or grab-and-goes," she said. "My salads stay fresh in the fridge for five days. They're convenient, affordable, healthy and delicious."

Car's Jars uses seasonal, fresh local-sourced produce and homemade vinaigrettes. The homemade salads can be eaten as is or prepared completely differently by warming them up as stir fry or wrapping them up.

McHenry makes all of her deliveries for Car's Jars on Mondays to a 20-mile

area that includes Mira Mesa and San Diego's beach communities.

"I bought an SUV and I do it by myself," said McHenry, adding customers don't have to even be there when their food arrives.

"I tell them to leave out a cooler, and I bring along ice," she said. She added she

delivers to commercial and office buildings and residences.

Her salads cost \$8 a pint or \$10 for a pint and a half. And she rewards customers willing to return her Mason jars to her.

For more information, visit www.carsjars.com.

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Entrepreneur Carly McHenry, a native of Ocean Beach, has gotten creative in her development of Mason jars to preserve the freshness of the delicious salads she creates with her fledgling company, Car's Jars.

Staff photo

Cohn Restaurant Group complements OB character in a big way

By DAVE SCHWAB | THE BEACON

You can now go “casual global” with OB Warehouse, the latest addition to the Ocean Beach restaurant scene.

After months of anticipation, David and Lesley Cohn of the Cohn Restaurant Group opened the OB Warehouse on Aug. 7.

“This project has been a long time in the making, and we’re incredibly pleased to bring this fun, world-cuisine dining option to the area,” said David Cohn. “Ocean Beach is a vibrant community known for its character and originality, and we’ve created a menu and design that complements the neighborhood.”

Starting with one small diner in 1982, the Cohn Restaurant Group now owns and operates 21-plus restaurants within the San Diego area and two locations on Maui. While each restaurant varies wildly in terms of cuisine, ambiance and design aesthetic, they all share the same philosophy being “obsessed with hospitality.”

Located at 4839 Newport Ave. in the former Portugalia building, the new second-floor, 6,000-square-foot eatery and bar exudes a modern, industrial atmosphere. OB Warehouse’s creative interiors boast communal seating, an expansive central bar and a chic outdoor patio.

The innovative menu by chef Amiko Gubbins uses fresh California ingredients and flavor influences from around the globe in dishes like the savory Moroccan-spiced rub flatiron and Hoisin chicken potstickers.

The OB Warehouse mingles Asian influences with those from the Mediterranean, Morocco and the Middle East. The eatery serves up a wide range of inventive starters, salads, flatbreads, entrees and desserts, like the coconut tapioca and bittersweet chocolate cake.

The bar menu features a range of hand-crafted, warehouse-themed cocktails like The Welder, an easy-drinking blend of Kolsch beer, Pavan liqueur, grapefruit juice and lemon juice; and the Forklift, made with Kappa Pisco, St. Germain, orange juice and a dash of lychee syrup.

The beverage menu also offers an extensive list of 50-plus unusual wines from around the world, including varietals from Lebanon, Slovenia, and Greece, as well as 20-plus draft beer options focusing on unique craft beers with a heavy regional emphasis.

The vision for this curated and eclectic space comes from Philippe Beltran, the Cohn Restaurant Group’s go-to designer. His repertoire includes 100 Wines Hillcrest, BO-beau kitchen + gar-



The former Portugalia restaurant in Ocean Beach has been born again with the incarnation of the OB Warehouse, the newest addition to the Cohn Restaurant Group. Photo by Dave Schwab

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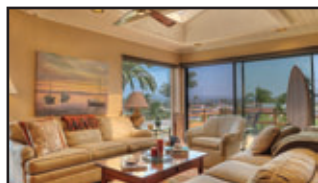
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den, BO-beau kitchen + bar and the newly revamped Indigo Grill. Known for his soulful “old-meets-new” aesthetic, Beltran added warmth to the industrial space with procured treasures found on his international travels.

Gubbins’ culinary career began by watching her traditional Japanese moth-

er in the kitchen. But her formal training first took life in La Jolla under Ulf Anders and William Gustaf, whom she credits for cultivating her immense appreciation for food and quality ingredients.

After spending time in the kitchens of Cilantros and Pacifica Del Mar, Gubbins served as executive chef of Cafe Japengo,

where she took home the award for Best Asian Food for eight years. Soon after, she branched out on her own as chef and owner of the critically acclaimed Parallel 33 in San Diego’s Mission Hills neighborhood.

For more information, call (619) 222-1700, or visit www.obware-house.com.

PLNU’S Kris McCoy blazes new music trail in San Diego

By BART MENDOZA | THE BEACON

San Diego is fortunate to draw musical talent from all over the world, drawn by the great weather and vibrant arts community, so it’s easy to overlook one of the other big reasons for the talent influx — education.

With a host of options like UC San Diego, San Diego State University, University of San Diego and Point Loma Nazarene University (PLNU), many musicians find their way here, performing after their studies. Such is the case with singer-songwriter Kris McCoy.

Originally based in Arizona, McCoy relocated here in 2011 to pursue a bachelor’s degree at PLNU. On Saturday, Aug. 23, McCoy will host a special afternoon CD-release show for his new CD, “Toes in the Sand,” at Raglan Public House from 2 to 5 p.m. The event will feature live acoustic music, drink specials and food, with part of the proceeds going to the San Diego Junior Lifeguard Foundation.

A veteran of the Arizona music scene, McCoy has previously released three albums with two different bands, Shallow Water’s 2002 debut album, “Two Dollar Sailboat,” and its 2006 follow-up album, “What’s Her Name?,” as well as The Half Smile’s 2010 album, “Similar Distant View.” He has also landed prime opening spots there, including gigs with such acts as Bare Naked Ladies, Sugar Ray, Smash Mouth, Live and The Flys.

“We’d vacationed here for years,” McCoy said. “I ended up staying when I went for my second bachelor’s degree in music ministry up at PNLU.”



KRIS MCCOY

Courtesy photo

While McCoy didn’t perform during his first few years here, he was accumulating new material.

“I really enjoy the creative process, being able to take a thought or idea and turn it into a song,” he said. His delay in releasing new music since his arrival is down to timing. “Part of it was finishing school, but I have been writing music over that time. I finally got to the point that I had a couple of tracks I wanted to take the time to get in the studio with. Getting those back from duplication, it’s time now.”

With the exception of the drums, McCoy plays everything on the album. “I’m very proud to be in a position to be a multi-instrumentalist,” he said.

For McCoy music has been a lifelong obsession.

“I’ve been playing one instrument or another for as long as I can remember,” he said. “I remember being a little kid and I got my first ukulele. Not that I really knew how to play it, but I ran around with that,” McCoy laughed. “From there

I started playing trumpet in third grade, transitioning to guitar in junior high.”

While today he cites Jack Johnson and Jason Mraz as prime inspiration, in his younger days, McCoy’s inspiration was much more basic. “I loved listening to the radio, all genres, all types of music. I had such a passionate love for music, if it was on I would sing and listen to it.”

McCoy has found the local community welcoming, but does note one big difference between San Diego and Arizona.

“One of the big things is that Arizona is so spread out,” he said. “You can’t really focus on one community because there might only be one place to play there. San Diego is much closer together, especially Ocean Beach, which is a wonderful, tight-knit community. It just has a small-town feel, without necessarily being a small town.”

Though still new to the San Diego music scene, McCoy is a seasoned veteran with more than a decade of hard work behind him as he starts his next phase in his new hometown. Does he still like music as much as when first started out?

“I get more joy now,” he said. “With my experience in music theory, I’m at a level now that I can actually really understand the ins and outs of music in a way that I didn’t even know was possible 15 or 20 years ago. It’s made music that much more enjoyable for me. I wouldn’t change a thing.”

• **KRIS MCCOY:** Saturday, Aug. 23, **RAGLAN PUBLIC HOUSE**, 1851 Bacon St. 2 p.m. www.reverbnation.com/kris-mccoy.

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page 2 are effective against both spouses or domestic
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13, 2013 Clerk, by O. CORONADO, Deputy ISSUE DATES:
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2014-018967 Fictitious Business Names(s): LOLA'S
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tered by the following: ROSEMARIE B. GENEROSO This
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MARIE B. GENEROSO Title: OWNER / PROPRIETREST The
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Recorder / County Clerk of San Diego County on: JUL 15,
2014 ISSUE DATES: JULY 24, 31 AUG 07 AND 14, 2014

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2014-019334 Fictitious Business Names(s): SAN DIEGO
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SAN DIEGO, CA 92124 is registered by the following:
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business is conducted by: A GENERAL PARTNERSHIP The
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Name: RYAN J. RUTHERFORD Title: OWNER The statement
was filed with Ernest J. Dronenburg, Jr., Recorder /
County Clerk of San Diego County on: JULY 17, 2014
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FICTITIOUS BUSINESS NAME STATEMENT FILE NO.
2014-019300 Fictitious Business Names(s): FLORENCIA
PIZZA Located at: 2410 FLETCHER PKWY EL CAJON, CA
92020 is registered by the following: MATI LORJA This
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LORJA Title: OWNER The statement was filed with Ernest
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2014-019686 Fictitious Business Names(s): GRANDER
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PRESIDENT / CEO The statement was filed with Ernest J.
Dronenburg, Jr., Recorder / County Clerk of San Diego
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FICTITIOUS BUSINESS NAME STATEMENT FILE NO.
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was: NOT APPLICABLE Registrant Name: KARIN KOMAN
Title: MANAGING MEMBER The statement was filed with
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Diego County on: JULY 23, 2014 ISSUE DATES: JULY 31
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**STATEMENT OF WITHDRAWAL FROM PARTNERSHIP
OPERATING UNDER FICTITIOUS BUSINESS NAME FILE
NO. 2014-018071 (1) FICTITIOUS BUSINESS NAME(S)
OF PARTNERSHIP: a. ASIANAS (2) LOCATED AT: 4885
NEWPORT AVE. SAN DIEGO, CA. 92107 (3) THE FICTI-
TIOUS BUSINESS NAME REFERRED TO ABOVE WAS
FILED IN SAN DIEGO COUNTY ON: 06/29/ 2014, and
assigned File No. 2014-002597 (4) THE FOLLOWING
GENERAL PARTNER HAS WITHDRAWN: LOIDA JUMARI-
TO-PALMER 5026 WEST POINT LOMA BLVD. SAN
DIEGO, CA. 92107(5) The statement was filed by Ernest
J. Dronenburg, Jr. San Diego County Clerk/Recorder on:
JUL 03, 2014 ISSUE DATE(S): JULY 31 AUG 07, 14 & 21,
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Sometimes drugs can interfere with each other because of their side effects. One drug can magnify the other or one drug can magnify a side effect of the other. If you take one medication that says a side effect can raise blood pressure and then you take a second medication with the same side effect, the two together could cause your blood pressure to

get dangerously high. So ask your pharmacist and doctor about side effects, read the written printouts and review and compare them.

The RN Care Manager at Innovative Healthcare Consultants is experienced and knowledgeable about reviewing all medications to insure against drug interactions and errors. Her job is to make sure these errors don't happen for the client. If you're concerned about a loved one and the possibility of a medication mistake, call us at 760.731.1334 or view our website at innovativehc.com for more information.

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Rotator cuff tears in the young adult and adolescent usually occur from sports related trauma, such as sailing, tennis, swimming, volleyball and/or repetitive stress. Tears in an older population are typically a result of poor shoulder girdle/upper back posture and are degenerative in nature.

The rotator cuff consist of four muscles the supraspinatus, infraspinatus, teres minor and subscapularis that stabilize and depress the humerus within the shoulder socket. Other muscles that are important when discussing the rotator cuff are the serratus anterior and lower trapezius which act as a force couple allowing the scapula (shoulder blade) to rotate correctly with overhead activities.

Rotator cuff injury treatment: We focus on decreasing swelling to inflamed or fibrotic tendons, improving range of motion and increasing functional strength of shoulder. Cross friction massage, icing and electric stimulation all work to decrease inflammation to tendons. Manual therapy, such as myofascial release (massage) and joint mobilization will be performed to improve range

of motion. Rotator cuff/Scapula progressive resistance exercises will assist in depressing the scapula, thus improving "cuff space" in the subacromial region. It is imperative that one keeps the mobility of the shoulder intact for often lack of use in the shoulder following a mild tendonitis or rotator cuff strain can lead to subsequent 'Frozen Shoulder'.

Rotator cuff strengthening exercises: to be prescribed by a licensed physical therapist. Rotator cuff exercises include internal/external rotation with tubing or dumbbells and 'scaption' exercises.

Seek out a licensed physical therapist if you are experiencing musculoskeletal pain, neurologic symptoms, balance issues and even pelvic floor dysfunctions. We are the experts in treating the above dysfunctions and basically act as your bodies 'Specialized Mechanic'. If you have more injury questions please contact: Greg Sterner, Orthopedic Clinical Specialist in Physical Therapy, CSCS and Owner of San Diego Sports Physical Therapy, 619.756.7500. Located at 2750 Dewey Rd. Ste 101. San Diego, CA 92106

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PLNU gears up for 2014, releases fall athletics lineup



PLNU ATHLETICS COMMUNICATIONS DEPT.

Point Loma Nazarene University Athletics released its schedules for its four fall sports early in August.

This will be the first year the Sea Lions will be eligible for National Collegiate Athletic Association (NCAA) postseason play after becoming a full, active member this summer.

The men's soccer team will play an 18-game schedule, while the women will play 17 games. Both teams will play exhibitions at home on Monday, Sept. 1 before opening their seasons on Thursday, Sept. 4 at home against Cal State Dominguez Hills. The men's match will start at 1 p.m., the women's at 3 p.m. The men will play a total of eight home matches during the 2014 season, while the women will play nine.

The PLNU volleyball team, which is the defending NCCAA national champions, will begin the season by hosting its annual Seaside Invitational. The Sea Lions will welcome



six other teams to Point Loma's Golden Gymnasium for the two-day tournament starting on Friday, Sept. 5 at 9 a.m.

The PLNU women's volleyball team will play 26 games during the regular season, including 20 against Pacific West Conference opponents.

The cross-country team has six events scheduled this season, includ-

ing the PacWest and NCAA Regionals. The Sea Lions will run in five meets before starting postseason play.

They will open at the Aztec Invitational in Balboa Park on Saturday, Sept. 20.

For more information on these games and all PLNU Athletic events, visit www.plnusealions.com.

Sea Lions shortstop snagged by Orioles

Point Loma Nazarene University shortstop Clinton Harwick has been signed to a free-agent deal by the Baltimore Orioles.

Harwick reported to the Orioles team in the Gulf Coast League earlier this month. He was the Pacific West Conference first team selection at shortstop and is expected to remain at that position with the Orioles.

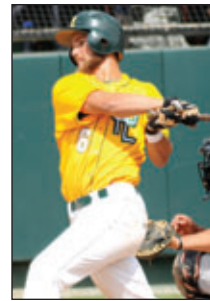
Last season, Harwick's hits tied for the team lead with a .356 batting

average, while leading the Sea Lions in runs scored (37), hits (68) and stolen bases (16). He ranked seventh in the Pacific West Conference with the .356 batting average, while also ranking fourth in stolen bases and seventh in hits. He also put together a team-best 24-game hitting streak.

"When the phone rang, it really was one of those moments of shock," said Harwick. "All of a sudden, you hear those words and it is one of those heart-dropping moments you asked for as a kid."

"It was just so great to call my family and tell them (the news)," he said. "It was one of the best experiences of my life."

— Point Loma Nazarene University Athletics Communications Dept.



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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-019987 Fictitious Business Names(s): MAS REALTY located at: 8969 LIBRA DR. SAN DIEGO, CA 92126 is registered by the following: MARK SCICCHITANO This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MARK SCICCHITANO Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JULY 24, 2014 ISSUE DATES: JULY 31 AUG 07, 14 AND 21, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-018530 Fictitious Business Names(s): AMALFI BY RANGONI, RANGONI FRENZE SHOES, AMALFI located at: 3199 CORNERSTONE COURT E #106 SAN DIEGO, CA 92121 is registered by the following: RANGONI AMERICA CORP. This business is conducted by: A CORPORATION RANGONI AMERICA CORP. 6199 CORNERSTONE CT E #106 SAN DIEGO, CA. 92121 ALABAMA The first day of business was: 06/02/2008 Registrant Name: RANDY PADDOCK Title: VICE PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JULY09, 2014 ISSUE DATES: JULY 31 AUG 07, 14 AND 21, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-020848 Fictitious Business Names(s): SAVE THE WORLD located at: 6344 LA PINTURA DR. LA JOLLA, CA 92037 is registered by the following: OK PRICE LLC This

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PLANNERS

CONTINUED FROM Page 6

n't make any sense to speculate."

Planner David Dick complimented the plans for Point Loma Village, saying, "It's really an attractive project." He pointed out the community "is going to become denser," adding planners need to devise ways to accommodate higher density.

"That should be placed big on our agenda," he said.

Colleague Jarvis Ross warned about water availability for higher-density projects.

"More people are moving here. Are they going to bring their own water?" Ross asked.

Shawna Sullivan gave an informational presentation on plans by EF Education First, a Swedish-based international-language school which has an existing facility in northern San Diego. EF is seeking to relocate

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to the long-vacant Cabrillo Hospital site in Point Loma.

"We've been in conversations for 3½ years to redevelop Cabrillo Hospital as an international language school," said Sullivan, noting EF has 500 offices worldwide with schools offering 52 academic degrees.

Sullivan said EF students from abroad typically come to places like San Diego for "two weeks to a year to learn English and to immerse themselves in U.S. culture."

Noting EF is a "blend of learning and a multi-disciplinary language experience," Sullivan said, "We're excited about final negotiations with the seller and we've got our fingers crossed that there will be an agreement soon."

Sullivan said the project would have little or no impact on traffic in the area, pointing out "90 percent of our students, walk, ride bikes or take public transportation."

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Some students would be housed in dormitories at the Cabrillo language school and others would be find accommodations with host families in the area.

IN OTHER ACTION

• The PCPB board noted that an appeal of the Planning Commission's decision to approve permitting for the Peeling project, the proposed subdividing of a one-acre site of three existing parcels and two existing homes into five new lots with construction of three new single-family homes at 3340 and 3328 Harbor View Drive, was upheld by an 8-1 City Council vote July 14, leading to denial of the project. Neighbors had protested that the site lacks proper access and is located on an eroding steep slope presenting a danger to properties down below.

business is conducted by: A LIMITED LIABILITY COMPANY OK PRICE LLC 6344 LA PINTURA DR. LA JOLLA, CA. 92037 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: KEMBERLY TABOADA Title: CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUG 04, 2014 ISSUE DATES: AUG 07, 14, 21 AND 28, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-020808 Fictitious Business Names(s): LANCOURT PROPERTIES located at: 3775 BOYD AVE. UNIT 86 SAN DIEGO, CA 92111 is registered by the following: RONALD EUGENE SIDERS This business is conducted by: AN INDIVIDUAL The first day of business was: 07/29/2014 Registrant Name: RONALD E. SIDERS Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder/County Clerk of San Diego County on: AUG 04, 2014 ISSUE DATES: AUG 07, 14, 21 AND 28, 2014

SUPERIOR COURT OF CALIFORNIA CENTRAL DIVISION 220 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2014-00025643-CU-PT-CTL PETITIONER OR ATTORNEY, JORDAN STEVEN GUTIERREZ TODD 8840 VIA LAJOLLA DRIVE, #108 LA JOLLA, CA. 92037 559-210-2570 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS FROM JORDAN STEVEN GUTIERREZ TODD TO JORDAN STEVEN TODD THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON SEPT 19, 2014 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): AUG 07, 14, 21 AND 28, 2014

SUPERIOR COURT OF CALIFORNIA CENTRAL DIVISION 220 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2014-00025638-CU-PT-CTL PETITIONER OR ATTORNEY, JANINE J. HUMMEL 2149 HISTORIC DECATUR RD. SAN DIEGO, CA. 92106 619-222-36-45 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS FROM BRANDON ALEXANDER HALES TO BRANDON ALEXANDER HUMMEL A MINOR ON BEHALF OF JANINE J. HUMMEL HIS MOTHER THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not

be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON SEPT 19, 2014 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): AUG 07, 14, 21 AND 28, 2014

STATE OF VERMONT SUPERIOR COURT CHITTENDEN UNIT CIVIL DIVISION Docket NO. 349-3-14 Cncv SYLVIA SCOTT, Plaintiff v. CASSIE TREGLIA Defendant SUMMONS AND ORDER OF PUBLICATION THIS SUMMONS IS DIRECTED TO: CASSIE TREGLIA. 1. YOU ARE BEING SUED. The plaintiff has started a lawsuit against you. A copy of the Plaintiff's Complaint against you is on file and may be obtained at the office of the clerk of this court, Vermont Superior Ct., Chittenden Unit, Civil Division, 175 Main Street, Burlington, VT, 05401. Do not throw this paper away. It is an official paper that affects your rights. 2. PLAINTIFF'S CLAIM. Plaintiff's claim is for personal injuries and damages resulting from a snow-boarder to skier collision occurring at Mt. Snow ski resort on March 29, 2013 3. YOU MUST REPLY WITHIN 41 DAYS TO PROTECT YOUR RIGHTS. You must give or mail the Plaintiff a written response called an answer within 41 days after the date on which this Summons was first published, which is August 7, 2014. You must send a copy of your answer to the Plaintiff's attorney, at the following address: Law office of Todd D. Schlossberg, P.O. Box 984, Burlington, VT, 05402. You must also give or mail your answer to the Court located at: Vermont Superior Ct., Chittenden Unit, Civil Division, 175 Main Street, Burlington, VT, 05401. 4. YOU MUST RESPOND TO EACH CLAIM. The Answer is your written response to the Plaintiff's Complaint. In your Answer you must state whether you agree or disagree with each paragraph of the Complaint. If you believe the Plaintiff should not be given everything asked for in the Complaint, you must say so in your Answer. 5. YOU WILL LOSE YOUR CASE IF YOU DO NOT GIVE YOUR WRITTEN ANSWER TO THE COURT. If you do not send the Plaintiff your answer within 41 days after the date on which this Summons was first published and file it with the Court, you will lose this case. You will not get to tell your side of the story, and the Court may decide against you and award the Plaintiff everything asked for in the Complaint. 6. YOU MUST MAKE ANY CLAIMS AGAINST THE PLAINTIFF IN YOUR REPLY. Your Answer must state any related legal claims you have against the Plaintiff. Your claims against the Plaintiff are called Counterclaims. If you do not make your Counterclaims in writing in your Answer, you may not be able to bring them up at all. Even if you have insurance and the insurance company will defend you, you must still file any Counterclaims you may have. 7. LEGAL ASSISTANCE. You may wish to get legal help from a lawyer. If you cannot afford a lawyer, you should ask the court clerk for information about places where you can get free legal help. Even if you cannot get legal help, you must still give the court a written Answer to protect your rights or you may lose the case. ISSUE DATE(S): AUG 07 AND 14, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-020954 Fictitious Business Names(s): BEE, JUST BEE, BEE KING, BEEKING located at: 625 SECOND STREET CORONADO, CA 92118 is registered by the following: ISLAND POCKET MAP This business is conducted by: A CORPORATION ISLAND POCKET MAP 625 SECOND STREET CORONADO, CA. 92118 CALIFORNIA The first day of business was: 05/10/2005 Registrant Name: KAREN DUGGER Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUG 05, 2014 ISSUE DATES: AUG 07, 14, 21 AND 28, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-018651 Fictitious Business Names(s): VANCIO HAIR & NAIL SALON located at: 9225 MIRA MESA BLVD. #108 SAN DIEGO, CA 92126 is registered by the following: NGUYEN HUNG QUOC This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: HUNG QUOC NGUYEN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JUL 10, 2014 ISSUE DATES: AUG 07, 14, 21 AND 28, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-020962 Fictitious Business Names(s): SD ONLINE PARTS located at: 1842 VIA LAS PALMAS #39 NATIONAL CITY, CA 91950 is registered by the following: ADRIAN CHAVOYA This business is conducted by: AN INDIVIDUAL The first day of business was: 01/01/10 Registrant Name: ADRIAN CHAVOYA Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUG 05, 2014 ISSUE DATES: AUG 14, 21, 28 AND SEPT 04, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-020955 Fictitious Business Names(s): SHREDLIGHTS located at: 2088 ABBOTT ST. SAN DIEGO, CA. 92107 is registered by the following: ANDREW T. PAGE This business is conducted by: AN INDIVIDUAL The

first day of business was: 03/05/14 Registrant Name: ANDREW T. PAGE Title: FOUNDER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUG 05, 2014 ISSUE DATES: AUG 14, 21, 28 AND SEPT 04, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-021370 Fictitious Business Names(s): MUIRLAND FINE ART located at: 4655 CASS ST. STE 407 SAN DIEGO, CA. 92109 is registered by the following: MIKE J. LEONARD This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MIKE J. LEONARD Title: FOUNDER The statement was filed with Ernest J. Dronenburg, Jr., Recorder/County Clerk of San Diego County on: AUG 08, 2014 ISSUE DATES: AUG 14, 21, 28 AND SEPT 04, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-021371 Fictitious Business Names(s): THE PINK LINE located at: 6050 MISSION GORGE ROAD SAN DIEGO, CA. 92120 is registered by the following: HAZEL EYEZ, LLC This business is conducted by: A LIMITED LIABILITY COMPANY HAZEL EYEZ, LLC 6050 MISSION GORGE ROAD SAN DIEGO, CA. 92120 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: MICHEL SPROLES Title: MANAGING MEMBER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: AUG 08, 2014 ISSUE DATES: AUG 14, 21, 28 AND SEPT 04, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-015221 Fictitious Business Names(s): ARTEMISIA RX located at: 12483 CARMEL POINTE SAN DIEGO, CA. 92130 is registered by the following: ORLY SHAKKED This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ORLY SHAKKED Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JUNE 03, 2014 ISSUE DATES: JUNE 12, 19, 26 AND JULY 03, 2014

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ON VACATION WITH THE *PENINSULA BEACON*

It's vacation time! *Peninsula Beacon* readers are heading out of town and taking their favorite hometown paper with them! Take us with you to whatever corner of the world you may be visiting and share your trip with other readers. Tell us your name and/or the names of your family members in the photo and give us a brief description of where the shot was taken. Email the photo and the information to beacon@sdnews.com. It's that easy! Photos are published based on space constraints and in the order in which they are submitted.



Future Point Loma High Pointers Isaac and Noah Chrisman take their favorite hometown newspaper to their beach house in Kitty Hawk, North Carolina.



Devon and Jake Donlon take their *Beacon* along for a beautiful view overlooking Honolua Bay in Maui, Hawaii.



John and JoLynn Collins have fun traveling all over Japan with the *Beacon*, feeding monkeys, climbing and sleeping on Mount Fuji, being at the grand opening of Harry Potter at Universal Studios and relaxing on the beaches.



At right of photo, from left, Karen Anderson, Casey Anderson, Tommy Foley and Peace Corps volunteer Nick Eggers (a 2003 Point Loma High graduate) pose for a quick roadside picture outside Antsirabe, Madagascar, with a zebu cart driver and a copy of the *Beacon*. A zebu is a Madagascan cow with a humpback used for food and labor. These carts are the main form of commercial transportation in Madagascar because of the extremely pothole-ridden roads. They have a saying, "When the Mercedes breaks down, the zebu cart keeps rolling." Nick just finished his two-year service and is currently traveling around Southeast Asia.



Richard and Louise Motta, Barbara Vargas and Gerald and Barbara Hosaka, members of Cabrillo Civic Club No. 16, take their *Beacon* along as they traveled through the Panama Canal. The shot was taken in Puntarenas, Costa Rica after the group disembarked from their cruise ship for an excursion of the town.

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The Peninsula Beacon, Readers Choice Awards: 1621 Grand Ave., 2nd floor, San Diego, CA 92109; or vote online at: www.sdnews.com or peninsulabeacon.com.

Please complete at least 50% of the ballot. One ballot per person. Ballots must be postmarked, submitted online, or hand-delivered by **Monday, September 29, 2014**

RETAIL / SHOPPING

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Apparel (Men's)
Apparel (Women's)
Art Gallery
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Automotive Parts/Supplies
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Best Place to Buy Jeans
Bicycle Shop
Book Store
Cellular Phone
Convenience Store
Discount Store
Dive Shop
Eyewear
Fashion accessories
Floor Covering
Furniture Store
Gift Shop
Grocery Store
Grocery Store
Grocery Store (Specialty)
Hardware/Building Supplies
Health Food/Nutritional
Hotel/Lodging
Jewelry Store

Nursery / Garden Shop

Pet Store
Pharmacy
Place for Crafts
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Scooter/Motorcycle
Shoe Store
Smoke Shop
Skate Shop
Sporting Goods
Surf Shop
Swimsuits
SERVICES
Accounting
Air Conditioning / Heating
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Architect
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Auto Body Repair
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Bank
Car Wash
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Cleaning (House)
Computer Repair
Contractor/Construction

Dog Grooming

Dog Wash
Dry Cleaners
Electrician
Financial Planner
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Local Israelis, Palestinians renew dialogue amid conflicts in war-torn Middle East

By DAVE SCHWAB | THE BEACON

Renewed hostilities between Israelis and Palestinians have rekindled local dialogue between supporters of both sides and those advocating peace.

With the conflict in Gaza escalating and bloodshed on the rise, Students for Justice in Palestine held a protest July 25 at the

Federal Building in downtown San Diego. Hundreds of people also gathered recently at Doyle Park in University City to show solidarity and pray for peace.

Lenna Odeh, an Arab-Israeli and a UCSD Ph.D. candidate, has been literally raised in the Palestinian resistance movement. Her name in Arabic means “for us to return.” Her hometown, Nazareth,

presently is under Israeli military occupation. Odeh is active in numerous pro-Palestinian groups, including Boycott, Divestment and Sanctions (BDS), a global movement seeking Israel’s adherence to what BDS deems as international law supporting Palestinian rights.

Baruch Shalom Ezagui is rabbi of Chabad of La Jolla, at 909 Prospect St. Founded in Russia in 1775, Chabad, a branch of Orthodox Judaism, means “wisdom, understanding and knowledge.” Chabad has more than 3,600 institutions in more than 1,000 cities in 70 countries. Chabad Hasidic philosophy focuses on classical Judaic writings and Jewish mysticism, especially the Zohar and the Kabbalah.

Odeh and Ezagui have numerous relatives in Israel and the surrounding territories under dispute.

Describing Jewish treatment toward Palestinians as a “military occupation” and “apartheid,” Odeh said Palestinians worldwide are calling for an end to the land, air and sea blockade on the Gaza Strip by Egypt and Israel, in effect since 2007.

“It’s being choked, strangled economically, socially, legally and politically,” said Odeh of her homeland, which she painted as a “ghetto,” breeding an “intense hopelessness” among Arab-Israelis in Gaza and the West Bank. She described Palestinians as “refugees shoved into a much smaller space or exiled on the borders who are never allowed to become (Israeli) citizens.”

Characterizing Israel during its existence as “a diamond in a very rough neighborhood,” Ezagui said the country is “a great illustration of what is possible.”

Noting Israel has literally “risen from the ashes” in carving a homeland out of a barren waste, Ezagui said it’s easy to get lost in the “desert” of politics, which obscures the real “human” issues of the ongoing Arab-Israeli conflict.

“There will never be peace in the Middle East until the Palestinians learn to love their children more than they hate ours,” said Ezagui, quoting former Israeli prime minister Golda Meir.

Ezagui said that instead of getting wrapped up in the endless intrigues of “realpolitik” in the Middle East, the world’s gaze instead should be redirected inward toward self-review and contemplation of the age-old conflict between good and evil.

“Both sides have the same focus: to make life better for everyone,” Ezagui said, adding the focus has diverged into “those wanting to better the world and those wanting to drag the world backward.”

“There will be no peace in this world until we learn to love more than hate,” he said, adding everyone needs to “look in the mirror and ask: ‘What am I doing to make my corner of the world a better and more peaceful place?’”

Concerning what needs to happen first to promote peace between Israelis and Palestinians, Odeh said “the blockade must be lifted because people have the right to control their own land, water and air space.”

The native Palestinian noted the Israeli blockade contributes to Palestinian social stagnation, which promotes “people becoming fanatics who have to fight.”

Asked whether the Palestinian goal is statehood, Odeh replied: “The whole (political) structure has to be made anew.



Chabad of La Jolla rabbi Baruch Shalom Ezagui says the world needs a heavy dose of self-inventory. For personal-safety reasons, a photo of Arab-Israeli Lenna Odeh was not taken. Courtesy photo

Israel can’t exist. Palestine can’t exist. It has to be a new creation, a bi-national state. Otherwise, we’ll end up in the same spot where we began, and it will only get worse.”

Ezagui agreed that the ultimate goal ought to be unity — not division between the two peoples of Palestine as well as people the world over.

“The focus should be on uniting in a common cause to be citizens of the world,” he said, noting, “We all have the same aspirations.”

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Bird's surf scoop

Photo by Goulding/jagmediaproductions.com



Quite often, I get requests to appraise a surfboard, either from a historical standpoint or a monetary one. Although just about all surfboards are different in a wide variety of ways, the same basic point needs to be touched on. Below is my response to the latest inquiry. I hope you find it of some interest.

Howzit Bill?

There are generally three types of people who like old boards. One is the investor/collector. These types of folks generally seek out boards in the 8-10 scale of condition. Some are very knowledgeable, but most are not. These people will spend serious dollars on the right board.

Another group of buyers is the decor/buyer. They generally know little if anything about boards, using them as props or more of a decorative item. They can spend dollars, but it’s hard to get it out of them.

The last group of people is the I want: the “to ride it” group. Condition is of little importance since it’s all about the ride and not the glitz or glamour. As you would expect, this crew operates on a strict budget.

Your board falls into a very limited appeal group, and this is reflected in its value. Finding a badly weathered board and bringing it back to a respectable level is not a hard thing to do. To completely cover an entire board with a hot-coat pigment rather than polishing it to a high luster is a bit time consuming and is generally not a recommended way to go. Yes, you can hide ALL previous damage and sunburned areas. BUT the board loses 90 percent of its soul.

No wooden stringer to view or possible markings on that stringer. Money buyers realize this instantly and shy away from it. A decor buyer might step up. Preserving a board by leaving all of its damaged areas exposed is the preferred way to go. The board’s overall condition tells a story and captivates all who look at it as they think about where the board has been and all of the waves that it’s been ridden on. A nice seal job with a lightly sanded finish is very cost-effective, thus making the board more affordable and interesting than one that has been covered up. In this scenario, less is best.

Five to six years ago, your board could have sold in the \$1,200 range if presented to the right group of buyers. These

days, you’d be looking at a price range of between \$600 to \$800 — again, if presented to the right group of folks.

At the present time, I have a professionally sealed and polished early 1960s Hobie that has a great logo and no less than six stringers. It is priced at \$595 and has been here for two months. The board market may recover in time, but I wouldn’t hold my breath waiting.

For another gauge of its value and a possible sale, list it on eBay and see who bites and what type of offers are coming in. As is often the case, your local shop or group of beach buddies will tell you I’m nuts and the board is worth big bucks. Every one has an opinion, and they are usually giving it to you for free. Getting the money that people say it’s worth is a whole other ballgame.

In closing, I’ll leave you with this: Skip [Frye] does fine work and is a credit to the profession. The board you have is unique in its own way, complete with the stories you have about it. I’d say enjoy all that it has to offer and be proud of what you have helped bring back to life.

With respect,
Bird



Photo by Don Balch

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Sat & Sun 1-4pm	.4402 Mentone St. #301	2BR/2BA	\$349,000	Vanessa Webster • 619-339-6821
Sat & Sun 11-4pm	.3735 Pio Pico St.	3BR/2BA	\$895,000	Robert Realty • 619-852-8827
Sat & Sun 1-4pm	.4361 Narragansett Ave.	4BR/3BA	\$899,000	Cindy Wing • 619-223-9464
Sat & Sun 11-4pm	.3321 Fenelon St.	4BR/3BA	\$995,000	Robert Realty • 619-852-8827
Sat & Sun 1-4pm	.1055 Alexandria Dr.	4BR/3BA	\$1,195,000-\$1,300,000	Wilfredo Soria • 619-977-3615
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Sat 12-4pm	.2282 Caminito Pajarito #154	2BR/2.5BA	\$445,000	Lee Caudill • 619-985-7253
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Sun 1-4pm	.546 Savoy St.	3BR/2BA	\$849,000-\$895,000	Nicole Van Dobben • 619-206-1159
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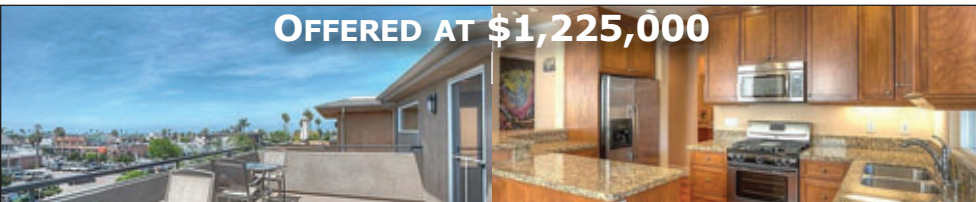
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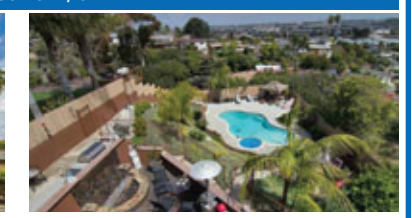
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WHAT'S AHEAD?

Peninsula-area events, Aug. 16 to Oct. 1
SATURDAY, Aug. 16

Neighbors are invited to join the wildly popular Pizarro Brothers for an evening of fun, original compositions and music of many genres at the Point Loma Assembly, located at 3035 Talbot St., at 7 p.m. Tickets are \$10 and include refreshments and raffles, including the

Pizarro Brothers themselves. The Pizarro Brothers have composed new music and are looking forward to sharing it with a crowd of music lovers. The event is sponsored by Barons Market, Sweetaly Bakery, Nothing Bundt Cakes, Ray's Mexican Food, Point Loma Credit Union and Van's. For more information, call (619) 319-7969, or visit bit.ly/1pBYjc7. Tickets can be purchased at the door. Doors open at 6:30 p.m.

THURSDAY, Aug. 21

• The Sharp Senior Resources Center is offering help for those experiencing intermittent or chronic low-back pain or stiffness because of osteoarthritis or other reasons. Sharp rehabilitation outpatient orthopedics therapists will discuss self-treatment strategies that may help ease or prevent low-back pain. The discussion will include instruction on proper posture and body mechanics,

therapeutic exercises and use of heat or ice. The session takes place from 10 to 11:30 a.m. at the Point Loma/Hervey Branch Library, located at 3701 Voltaire St. Registration required. Call (800) 827-4277 or register online at www.sharp.com.

• The Ocean Beach Historical Society will host a free presentation spotlighting a new book, "Ocean Beach," created by the society and Arcadia Publishing.

The book premiere at the event and present the history of Ocean Beach, cover new information and show off never-before-seen historical photos. A book signing and reception will follow the 7 p.m. program, and the book will be made available for purchase. The program takes place at the Point Loma United Methodist Church, 1984 Sunset Cliffs Blvd. For more information, visit www.obhistory.wordpress.com.

**TUESDAY, Sept. 2**

The Sharp Senior Resource Center will host a free blood-pressure screening by registered nurses at the Peninsula Family YMCA, 4390 Valeta St., from 9:30 to 11 a.m. No appointment is necessary and the public is welcome. For more information, visit www.sharp.com.

WEDNESDAY, Sept. 10

• The Sharp Senior Resource Center will host a free program titled "Medicare and You." Learn about the basics of Medicare, including Parts A, B, C and D. Also learn about Medicare Advantage, HMOs, PPOs, and more. The program is presented by Pablo Corona of the Health Insurance Counseling and Advocacy Program from noon to 1 p.m. at the Point Loma Community Presbyterian Church, 2128 Chatsworth Blvd. Registration required. Call (800) 827-4277, or register online at www.sharp.com.

• The Point Loma/Hervey Branch Library will host author Helen Kaufmann, who will share her memoir book, "White Gloves and Collards." The memoir details Kaufmann's life growing up privileged in a small North Carolina town during the 1950s and '60s. The program takes place at 6:30 p.m. at the library, 3701 Voltaire St. For more information, call Christine Gonzalez at (619) 531-1539.

TUESDAY, Sept. 16

The Sharp Senior Resource Center will host a free blood-pressure screening by registered nurses at the Point Loma Presbyterian Church, 2128 Chatsworth Blvd., from 9:30 to 11 a.m. No appointment is necessary and the public is welcome. For more information, visit www.sharp.com.

SATURDAY, Sept. 20

The Point Loma/Hervey Branch Library will host "Art Alive" and an open house, featuring members of the Point Loma Artists Association and the Point Loma Garden Club, who have paired a display of paintings and floral exhibits. Fun and treats will be provided for the open house. Displays open at 9:30 a.m., followed by the open house from 11 a.m. to 1 p.m. at the library, 3701 Voltaire St. For more information, call Christine Gonzalez and library staff at (619) 531-1539.

WEDNESDAY, Oct. 1

The Sharp Senior Resource Center will host a Senior Health & Wellness Fair, featuring flu shots for adults age 60 and over and adults with chronic illness. The event also features health screenings, health and community information and other offerings. The event runs from 9 to 11 a.m. at the Point Loma Community Presbyterian Church, 2128 Chatsworth Blvd. No appointments are necessary. For more information, visit www.sharp.com.

CARAMELIZED ONION DOGS EVERY SATURDAY 11:00AM-6:30PM

Barons market

SIMPLY GOOD FOOD. SIMPLY GOOD PRICES.

AUGUSTS #1 PLEASANT SURPRISE GALBANI FRESH MOZZARELLA

\$3⁹⁹ - 8 oz

<p>ORGANIC HEIRLOOM TOMATOES Coke Farms \$2⁹⁷ lb</p>	<p>Dulcinea TUSCAN WATERMELON Mandota 69¢ lb.</p>	<p>STRAWBERRIES Watsonville 3 for \$5 16 oz. Containers</p>																																				
<p>RED & GREEN BELL PEPPERS Coachella Valley 2 for \$1</p>	<p>NECTARINES Reedley 88¢ lb.</p>	<p>SEEDLESS WATERMELON Perry & sons 39¢ lb.</p>																																				
<p>BROCCOLI CROWNS Santa Maria 88¢ lb.</p>	<p>ORGANIC VALENCIA ORANGES Valley Center 59¢ lb.</p>	<p>SEASONED BEEF CARNE ASADA \$6⁹⁹ lb</p>																																				
<p>TRI-TIP ROAST \$8⁹⁹ lb.</p>	<p>PLUOT PLUMS Sonoma 97¢ lb.</p>	<p>Litehouse RANCH DIP \$3⁶⁹ 15.5 oz.</p>																																				
<p>Clear Springs RUBY RED TROUT \$9⁹⁹ lb</p>	<p>Bilinski's CHICKEN SAUSAGE \$5⁹⁹-\$7⁹⁹ 12 oz</p>	<p>TOFURKY BEER BRATS Vegan \$4⁶⁹ 14 oz.</p>																																				
<p>SUJA ORGANIC ESSENTIAL JUICES \$3⁴⁹ 12 oz +crv</p>	<p>Pacific Foods VEGETABLE BROTH \$3⁷⁹ 4 pk</p>	<p>Silver Hills Bakery ORGANIC BREAD \$3⁴⁹ 15-22 oz.</p>																																				
<p>Miltos MULTIGRAIN BITE SIZE CRACKERS \$2⁹⁹ 9 oz.</p>	<p>Prices Effective 8/13/14 - 8/19/14</p>																																					
<p>DON'T FORGET...</p> <table border="0"> <tbody> <tr> <td>Roland Truffle Mac & Cheese.....</td> <td>\$3.49</td> <td>6.5 oz.</td> </tr> <tr> <td>Yogurt Yogurt Dips.....</td> <td>\$3.99</td> <td>11 oz.</td> </tr> <tr> <td>Fluegge XL Eggs.....</td> <td>\$1.89</td> <td>dozen</td> </tr> <tr> <td>Simply Grapetruit Juice.....</td> <td>\$4.99</td> <td>1.75 liter</td> </tr> <tr> <td>President Brie Cheese.....</td> <td>\$6.99</td> <td>8 oz.</td> </tr> <tr> <td>Applegate Chicken & Maple Sausage Patty.....</td> <td>\$5.49</td> <td>7 oz.</td> </tr> </tbody> </table>	Roland Truffle Mac & Cheese.....	\$3.49	6.5 oz.	Yogurt Yogurt Dips.....	\$3.99	11 oz.	Fluegge XL Eggs.....	\$1.89	dozen	Simply Grapetruit Juice.....	\$4.99	1.75 liter	President Brie Cheese.....	\$6.99	8 oz.	Applegate Chicken & Maple Sausage Patty.....	\$5.49	7 oz.	<p>BEER CORNER</p> <table border="0"> <tbody> <tr> <td>Sierra Nevada Harvest Single Hop IPA.....</td> <td>\$5.29</td> <td>24 oz.</td> </tr> <tr> <td>Port Brewing Shark Attack.....</td> <td>\$6.49</td> <td>22 oz.</td> </tr> <tr> <td>Lagunitas Little Sumpin' Extra Ale.....</td> <td>\$10.99</td> <td>6 pk bot.</td> </tr> <tr> <td>Stone IPA.....</td> <td>\$9.99</td> <td>6 pk bot.</td> </tr> <tr> <td>Bison Organic Honey Basil Beer.....</td> <td>\$8.99</td> <td>4 pk bot.</td> </tr> <tr> <td>New Belgium Tour de Fall.....</td> <td>\$8.79</td> <td>6 pk bot. +crv</td> </tr> </tbody> </table>	Sierra Nevada Harvest Single Hop IPA.....	\$5.29	24 oz.	Port Brewing Shark Attack.....	\$6.49	22 oz.	Lagunitas Little Sumpin' Extra Ale.....	\$10.99	6 pk bot.	Stone IPA.....	\$9.99	6 pk bot.	Bison Organic Honey Basil Beer.....	\$8.99	4 pk bot.	New Belgium Tour de Fall.....	\$8.79	6 pk bot. +crv	<p>Lundberg RICE CHIPS \$2⁸⁹ 6 oz.</p>
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<p>Point Loma 4001 W. Point Loma Blvd. 1 Blk. W. of Midway Dr. (619) 223-4397</p>	<p>Rancho Bernardo 11828 Rancho Bernardo Road In the Mercado (858) 485-8686</p>	<p>Temecula 31939 Rancho California Road Corner of Meadows Pkwy. (951) 693-1111</p>																																				
<p>Wildomar/Murrieta 32310 Clinton Keith Rd. 1 Blk. W. of I-15 (951) 609-9200</p>																																						

Hours: Everyday 8 AM to 9 PM (except holidays) Limited Quantity on Some Items. Not Responsible for Misprints

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