



# THE PENINSULA BEACON

■ Adventurers will be treated to two special home and garden tours on Saturday, May 19, featuring some of the most interesting and spectacular showcases on the Peninsula. **Pages 3 and 4**



SAN DIEGO COMMUNITY NEWSPAPER GROUP

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## REMEMBERING JUNIOR SEAU



A tribute to former Chargers linebacker Junior Seau stands with a giant portrait and his No. 55 during a celebration of life at Qualcomm Stadium on May 11. Seau committed suicide in his Oceanside home on May 2. His memory is etched in the hearts of fans. Photo by Jim Grant | The Beacon



Pastor Miles McPherson of the Rock Church in Point Loma, left, joins Mayor Jerry Sanders, center, and former Chargers running back LaDainian Tomlinson during the May 11 tribute to Seau. McPherson is also a former Charger. Photo by Jim Grant | The Beacon

## McPherson, other ex-Chargers deliver heartfelt tributes during celebration of life at Qualcomm

By DAVE SCHWAB | THE BEACON

Fifty-five. The number was in huge block letters on the field, on jerseys and indelibly etched in the hearts and minds of a few thousand fans who turned out to pay tribute to fallen Chargers hometown hero Tiaina “Junior” Seau during a celebration of life memorializing him May 11 at Qualcomm Stadium. At the end of the evening, the No. 55 was retired in honor of the standout linebacker and University of Southern California alum who played 13 seasons in San Diego and whose foundation has raised \$4 million for charity, never to be worn again by another Charger player. Though the occasion was somber, the dialogue among ex-Chargers players and community leaders euol-

ogizing Seau — including Hall of Fame quarterback Dan Fouts, star running back “LT” LaDainian Tomlinson, linebacker Billy Ray Smith, ex-coach Bobby “Boss” Ross and San Diego Mayor Jerry Sanders was uplifting. It was a remembrance of the player and man whose presence, which ended prematurely with suicide this month, ironically embodied life and the passion to live. Event Master of Ceremonies Miles McPherson, a former Chargers safety and senior pastor of The Rock Church in Point Loma, asked fans to reflect on Seau’s impact on their lives. “Identify one way his life is going to change your life,” McPherson implored. Pointing out the name Seau is

SEE TRIBUTE, Page 7

## PLHS coach recounts playing side by side with legend when both were young prep All-Stars

By SCOTT HOPKINS | THE BEACON

From the time they first met in 1987, Mike Hastings immediately knew Junior Seau was a special person. It was 25 years ago when, as recent high school graduates, the pair lived and trained together for two weeks at the Marine Corps Recruit Depot while practicing to play on a San Diego All-Star football team against the best from Los Angeles. Today, a quarter-century later, sports fans around the world are still stunned after Seau took his own life May 2, leaving many to speculate whether his nearly 20-year pro football career may have resulted in brain injuries leading to depression. Hastings, who has been Point Loma High School’s head football coach since 1998, said “I was very saddened to hear of his passing. He was a fine guy who I learned a lot from.” Asked to recall his memories of their first meeting, Hastings said, “He made us all better

SEE HASTINGS, Page 6

## ALL-STAR TEAMMATES



JUNIOR SEAU



MIKE HASTINGS

In 1987, San Diego’s beloved future Charger Junior Seau (then of Oceanside High) and Mike Hastings (then of University High) were selected to play in the All-Star football game between San Diego and Los Angeles cities. Courtesy photos

## Peninsula merchants eye business improvement district to maximize lure

May 23 forum set to discuss pros and cons

By PATRICIA WALSH | THE BEACON

The Peninsula Chamber of Commerce is inviting businesses in the Point Loma Village and Shelter Island community to participate in a discussion about the possibility of forming a business improvement district (BID) for the area. The chamber is asking area business owners to share their input and ideas about the viability of a BID through a survey it mailed last week and again during the forum to be held at 6 p.m. on Wednesday, May 23 at the Bali Hai restaurant, 2230 Shelter Island Drive. “We want to help Shelter Island become more of a destination,” said Matt Kalla, president of the Peninsula Chamber and owner of Matt Kalla Insurance Agency.

“The idea is to promote commerce to get more people to come to Shelter Island and spend money. It’s clean, it’s got a lot of attractions from the fishing fleet to great restaurants, and crime is low.” To facilitate the research and discussion of a BID, the Peninsula Chamber has retained Mike McLaughlin of TurpinMcLaughlin Communications, who has experience in creating BIDs in Mission Hills and Old Town. “This is in the very beginning stages,” McLaughlin said. “The important thing for businesses to realize is there has been some discussion, but no decision about a BID. We are in the talking stages and the forum on May 23rd is designed to continue the conversation.”

SEE BID Page 7



Yiga Miyashiro, head brewer of Pizza Port Ocean Beach, left, and Mayor Jerry Sanders share a laugh during the 125th Ocean Beach anniversary kickoff event recently, featuring Pizza Port’s special, limited brew now being sold in local restaurants and bars. Photo by Jim Grant | The Beacon

## OBMA, Pizza Port brew up kickoff event to fete OB’s 125th birthday

STAFF AND CONTRIBUTION

This year marks Ocean Beach’s 125th anniversary, and Pizza Port Ocean Beach recently helped the Ocean Beach MainStreet Association (OBMA) celebrate the community milestone recently. The brewpub crafted a special, limited edition brew now being distributed to various restaurants and bars in the Ocean Beach and Point Loma communities. The idea to collaborate with Pizza Port originated with Tevia Schriebman of the OBMA board of directors, who wanted to find a unique way to celebrate the eclectic, beachside community. “This is a big year for OB and we wanted to find something that was uniquely OB to celebrate,” Schrieb-

man said. “We’ve been so lucky to have Pizza Port as a part of our community and I knew they would create a stellar product for us.” The Ocean Beach 125th Anniversary American Pale Ale is light in body and big in flavor, according to the Pizza Port beer profile. The APA brew is generously dry hopped and contains Amarillo, Centennial, Cascade and Columbus hops. A portion of the proceeds from the beer sales will be donated to the OBMA Anniversary Fundraising Campaign, which is currently raising funds to beautify the Ocean Beach community. “We are consistently looking at the ways we can improve our

SEE BREW, Page 7





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Point Loma resident Don Zalay traveled to Boston to see his son, Jono Zalay (Point Loma High class of 2000), graduate with a Ph.D. before Jono headed to the West Coast to kick off a standup comedy tour.

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An osprey sits atop a nest specially built for their kind on Shelter Island. Photo by Jim Grant | The Beacon

## Rebounding osprey populations get a nesting nudge at Shelter Island

By MARIKO LAMB | THE BEACON

Ospreys are commonly seen soaring along California's coastlines. From beneath, the large migratory raptor boasts an impressive wingspan extending more than five feet wide and rounded talons with a reversible outer toe that allows the seabird to grasp slippery prey.

Ospreys can often be seen skimming San Diego's waterways, hovering at heights up to 100 feet above the surface. Then, suddenly, in a swift motion, the osprey will plunge feet-first into the water, deftly taking hold of a fish several feet beneath the surface.

Despite the abundance of the species today, the osprey population took a sharp dive in the 1950s and 1960s because of the excessive use of pesticides, which poisoned the birds and thinned their eggshells.

In the 1970s, osprey populations began to rebound, in large part due to the 1972 U.S. DDT ban, according to the Cornell Lab of Ornithology, making the osprey a conservation success story.

In San Diego's tidelands, natural osprey nesting sites are few and far between because of shoreline development and a limited number of trees. To aid in the osprey's continued recovery, the Unified Port of San Diego constructed five special nesting platforms around the San Diego Bay in April 2007, including one on Shelter Island near the Yokohama Friendship Bell.



Recently, adult ospreys have been spotted atop the platform, making for quite a site for area visitors. Although the birds have never nested there before, expert Eileen Maher from the Port's Environment and Land Use Planning Department said the ospreys may be pre-nesting for the fall.

"The osprey could potentially build a nest in the fall," she said. "Fledglings would then be flying by March or April 2013."

In addition to the platforms, information signs have been placed near each nesting site to educate passersby about the species, which is protected under the federal Migratory Bird Treaty Act of 1918.

Over the last five years, 14 fledglings have been born from the platforms' nesting sites, ensuring that San Diego is doing its part to protect the species that, like many others, can call this city home.

For more information about the osprey nesting sites, visit [www.portof-sandiego.org/environment](http://www.portof-sandiego.org/environment).

## Loma Portal's hidden gems to be featured in Home & Garden Tour

By STAFF AND CONTRIBUTION

The Loma Portal PTA is poised to showcase some of the most spectacular residences and flora in the Peninsula area during the sixth annual Home & Garden Tour on May 19.

The event, which will run from 10 a.m. to 2 p.m. is designed to support Loma Portal Elementary School's music program, music teacher and other classroom programs and supplies.

Guests will do a walking tour of eight

to 10 homes and gardens in the quaint Loma Portal neighborhood. Participating homes will showcase a variety of unique attributes, including historical restoration, grand outdoor entertainment areas, home renovations, modern living, xeriscaping designs and clever uses of space.

Among the showcased homes is an "Urban Dome Home," recognized by the U.S. Green Building Council as the "greenest" home in Southern California.

The residence is a semi-loft interior architecture, with 100 percent edible landscaping. Some of the features incorporated in the home are radiant-floor heating, photovoltaic electricity generation, solar hot water for space heating and domestic use, greywater irrigation system, building materials with recycled components and ultra-low energy use appliances and lighting.

SEE LOMA PORTAL, Page 4



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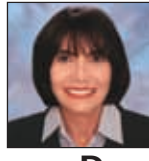


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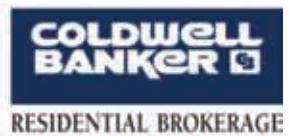
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# Rosecroft to be revisited in annual historic tour of Point Loma gardens



The annual Point Loma Historic Gardens Tour returns this year to celebrate the centenary of the gorgeous Rosecroft mansion built in 1912.

Courtesy photo

The San Diego Floral Association will host its annual garden tour of Point Loma on Saturday May 19 — this time with a historic twist.

The event features gardens with historic roots, including those surrounding older homes, gardens of noted San Diegans, those of famous designers and gardens with majestic trees in full maturity.

Funds from the tour go to ongoing community projects and scholarships.

This year, the San Diego Floral Association returns to Point Loma to celebrate the centenary of Rosecroft, with its Italianate mansion designed by noted architect Emmor Brooke Weaver for the Alfred D. Robinson family in 1912.

Robinson was a begonia breeder, a founder of the San Diego Floral Association and the long-time editor of the

### HISTORIC GARDEN TOUR TICKETS

Tickets and maps will be available at Westminster Presbyterian Church, 3595 Talbot St. in Point Loma. However, tickets may also be purchased at the following locations:

- **Green Gardens Nursery** (Pacific Beach)
- **Kniffing Discount Nurseries** (El Cajon)
- **Mission Hills Nursery**
- **Walter Andersen Nursery** (San Diego and Poway)
- **Weidner's Gardens** (Encinitas)

Call (619) 232-5762, or visit [www.sdfloral.org](http://www.sdfloral.org)

association's magazine, *California Garden*. Robinson was a civic activist and the inspiration for the Botanical Building that graces Balboa Park today.

In addition to the gardens, the Rosecroft Estate will open some of its public rooms for viewing on the day of the tour. Five other Point Loma gardens will be showcased on the tour, including exquisite examples of California Japanese-style gardens.

Garden shopping will top off the day, along with creative arts and crafts in the boutique marketplace. Guests can

also find their own garden treasures at a well-stocked plant sale sponsored by the Point Loma Garden Club.

The tour takes place from 10 a.m. to 4 p.m. Tickets are \$20 in advance, \$25 on the day of the event.

For ticket sales and information before the event, call (619) 232-5762, or visit [www.sdfloral.org](http://www.sdfloral.org).

On the day of the event, tickets and maps will be available at the parking lot of **Westminster Presbyterian Church, 3595 Talbot St.**

— Staff and contribution

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**La Jolla | \$975,000-\$1,025,000**

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**Point Loma | \$1,288,000**

Top of the world views. Custom 3 br, 3 ba home. Built to entertain. Panoramic views from La Jolla to Coronado. Hill-top retreat. Large deck off great room with vaulted ceilings with inlaid wood, brick fireplace and glass dining area.

**Point Loma | \$1,395,000**

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## LOMA PORTAL

CONTINUED FROM Page 3

In addition to the homes, the event will feature a craft fair and raffle of wine baskets, spa getaways, home store and restaurant certificates.

Comfortable walking shoes are highly recommended by organizers.

The tour begins at Loma Portal Elementary School, located at 3341 Browning St.

Tickets can be purchased online at [www.lomaportalelementary.com](http://www.lomaportalelementary.com) or at Loma Portal Elementary, either in advance or on the day of the tour. Admission is \$20.

The unusual "Dome Home" in Loma Portal will be among the featured stops on the Loma Portal PTA's sixth annual Home and Garden Tour on May 19.

Courtesy photo

For more information, visit the school website or call (619) 223-1683.

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## QUICKHits

### PLHS again ranked among nation's best

Point Loma High School has once again been named on a list of "America's Best High Schools."

The list was released May 8 by *US News and World Report* magazine, in conjunction with the American Institutes for Research.

In order to be included, schools must have been named among the top 1,800 of 22,000 campuses in the United States.

Factors examined included performance on state tests and levels of college readiness.

PLHS was ranked No. 137 in California and No. 744 nationwide, earning a "Silver" designation. This covers roughly the top 5 percent of schools (those ranked between 501st and 1,000th

nationwide) in the rankings.

Several other local schools were also listed. Those in the top 500 nationwide — or roughly 2.5 percent — were given "Gold" status. The state/national rankings include:

**Gold:** Preuss Charter School (8/44), La Jolla High (34/167) and University City High (66/371)

For complete details, including ratings of colleges, graduate schools and more, visit [www.usnews.com/rankings](http://www.usnews.com/rankings).

### OBMA seeks volunteers, cook-off entries

Ocean Beach MainStreet Association organizers are putting out the call to fill the final spots for entrants in the wildly popular chili cookoff section of the 33rd annual Ocean Beach Street Fair on June 23.

Organizers said there are still roughly 10 spots left for entrants to put their chili-recipe prowess to the test.

Entries are \$30, and participants must cook up 10 gallons to compete in the event. Applications are available at [www.OceanBeachSanDiego.com](http://www.OceanBeachSanDiego.com), at the OBMA office: 1868 Bacon St.

Setup and check-in begins at 7 a.m. on the grassy area just south of the main lifeguard tower and tasting begins at 11 a.m. For more information, call (619) 224-4906.

The OBMA is also seeking helping hands to volunteer in various capacities

during the OB Street Fair and Chili Cook-Off Festival.

Volunteers may sign up for 3- or 4-hour shifts and receive a free event T-shirt. A variety of jobs are available, including setting up chairs and tables at the eating areas, helping sell T-shirts and miscellaneous OBMA products, selling tickets to the chili cook-off, assisting with the community mural, break down and other tasks.

To volunteer, call (619) 222 1231, or email [obstreetfairvolunteers@gmail.com](mailto:obstreetfairvolunteers@gmail.com) to leave a street or email address. Applications will be sent.

### Robber whose plates got him nabbed faces trial

The alleged robber of a Point Loma bank who tried to escape in a vehicle with personalized plates on Jan. 14 will soon learn his trial date.

Robert Nathan Alm, 27, is accused of robbing the Chase Bank at 3609 Midway Drive and trying to flee when someone wrote down the license plate: ALM-DUDE.

Police arrested him two days later.

Alm is being detained without bail as a "serious flight risk," according to court records. He has pleaded not guilty and will next appear in federal court on July 9 to set a trial date.

The bank lost nearly \$3,000 in the holdup. Alm is also charged with carrying a 9mm caliber Glock handgun.

## Saldaña, Peters' staffers spar over issues ahead of congressional race

By TONY DE GARATE | THE BEACON

■ To read this story in its entirety and for more news about local planners, visit *The Beacon* at [www.sdnews.com](http://www.sdnews.com).

In case there was any doubt, members of the Ocean Beach Planning Board (OBPB) now have confirmation that political campaigns in the age of social media are no longer just about shaking hands and kissing babies.

Board meetings are often low-key affairs, but this time it was lights, camera and action when Lori Saldaña, one of the two prominent Democrats running in the 52nd Congressional District, pitched her candidacy May 2 at the board's monthly meeting.

With the June 5 California primary election just weeks away, board members and a handful of audience members got an idea of just how high campaign stakes have become when, at one point, four video-recording devices — including two from the campaign of rival Democrat Scott Peters — were trained at Saldaña in the small meeting room at the Ocean Beach Recreation Center.

The OBPB, like all community planning boards, is made up of elected officeholders and operates under the Brown Act, or California's open meetings law, which specifically allows anyone to video-record a meeting.

Saldaña apparently recognized the pair from the Peters campaign and acknowledged them at the beginning of her remarks. Later in her talk, she addressed the Peters team directly, and had a brief exchange with one staffer who disagreed with the way Saldaña portrayed Peters' vote against the living wage ordinance in 2005 when Peters was a member of the San Diego City Council.

In addition to staffers from the Peters campaign, there were two others with video-recording devices in the audience: a man with a tripod and camcorder who

said he was a student at UCSD, and a Saldaña staffer, who said he needed the footage in case he had to refute something from the Peters campaign.

Despite the high-tech trappings of the environment, Saldaña described her campaign in retail and grassroots terms. She said she would draw on her experiences as a college educator and three-term member of the California Assembly to fight in Congress for the middle and lower classes.

"I've been doing my best to get out and walk and talk in the community," Saldaña said. "It's real important to look someone in the eye and say, 'Here's what I've done and here's what I want to continue to do for you.'"

She listed her authorship of AB 1103, which mandates energy benchmarking and energy disclosure for nonresidential buildings; and co-authorship of AB 32, the Global Warming Solutions Act, as two of her biggest legislative achievements.

"We now have more clean tech jobs in California as a result," she said.

Saldaña also cited her committee assignments in the Assembly, serving on the Veteran's Affairs Committee and chairing the Housing and Community Development Committee as she drew a contrast to Brian Bilbray, the Republican incumbent in the 50th District who now resides in the 52nd District because of redistricting.

"I have a very good sense of what it takes to be in a leadership position," she said. "Even in 14 years, Brian Bilbray has never had a leadership position or chaired a committee."

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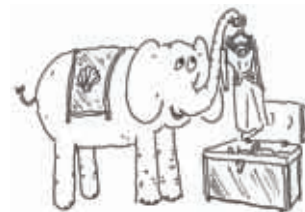
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# School district's pink-slip proclivity a slap in the face to dedicated, local music teachers

By Kerri De Rosier and Lynne Shinohara

## GUEST COMMENTARY

Collaboration, talent and amazing instructors have made the instrumental music programs at Point Loma public schools (called the Point Loma Cluster) a model to emulate across the school district. A generation of young musicians has been encouraged to be a part of something bigger than themselves. Not that this matters to the people who make hiring decisions.

In mid-March, all three instrumental music teachers at the cluster's middle schools and high school — Dana Middle School's Ruben Flores, Correia Middle School's Marc Dwyer and Point Loma High School's James Sepulvado — received pink slips from the San Diego Unified School District.

Mr. Flores protested his pinking at hearings last month because of his 13 years of service, and the pink slip was rescinded. Mr. Sepulvado and Mr. Dwyer, like too many teachers in our district, remain in limbo while going above and beyond their expected duties at their respective schools.

Proving the point: Mr. Dwyer recently earned the Outstanding Jazz Educa-

tor Award at the California Music Educator's Association Fortissimo Award Banquet. And Correia's jazz band recently won the Best Jazz Band award at the San Elijo Jazz Festival on April 25. When he's not receiving awards, Mr. Dwyer conducts orchestra, beginning, intermediate and advanced bands, two before-school jazz bands; and guitar classes in a growing program.

At Dana, Mr. Flores holds after-school rehearsals and summer camps for incoming fourth-graders who will be attending Dana. His work has paid off, as nearly one-third of the Dana population is enrolled in the instrumental music program. Mr. Flores is also leading the jazz band at Point Loma High School in addition to the numerous ensembles he directs at Dana.

At Point Loma High School, the instrumental music program is growing under the direction of Mr. Sepulvado, who has been with the program for three years after a succession of directors. That program features orchestra, two wind ensembles, marching band and color guard. PLHS is opening a new

Music Center this summer — with classrooms, practice rooms, a choir room, offices and a music production and recording studio.

Mr. Sepulvado has spent countless hours ensuring the space will be filled with the proper equipment and features to provide the most benefit to the students. The students are now vigorously preparing for their most technical concert ever for their annual fundraiser, Rhapsody on the Point on May 18.

The PLHS Cluster music program has been built on the backs of these hard-working men who unquestionably give of their own personal time to support the needs of the students and the programs — time that includes before- and after-school rehearsals, weekend festivals and tournaments, band camps, endless fundraisers, booster meetings and year-round community performances. Taking one or two of these teachers out of the equation will inevitably add a discordant tone to the harmony, slowing the momentum of a world-class program.



Marc Dwyer, with plaque, was recently named Outstanding Jazz Educator of the Year at Correia Middle School. Dwyer and Point Loma High School's James Sepulvado are among the district's music teachers who have received pink slips.

Mr. Dwyer and Mr. Sepulvado have pink slips not because they aren't performing — but because their ability to keep their jobs is based on time served. Will their replacements be able to write and choreograph musical scores for marching band? Compose musical arrangements? Teach advanced guitar? Direct before- and after-school jazz bands? Provide opportunities for our students to meet and work with high-caliber, professional musicians? Attend all-day tournaments and competitions on the weekends? Run band camps? Write grants? Fundraise? Interface

with parent booster groups? Handle a huge inventory of equipment? Manage a budget? Rebuild the relationships that have fostered this successful clusterwide program?

What we have is working: we don't want a clean slate. We call on the School Board and the Teacher's Union to look at the impact of their decisions on successful programs like the Point Loma Music Cluster and the students who benefit in so many ways.

Let the trumpets sound! Write to Scott Barnett, our area school board representative, at: sbarnett@sandi.net.

## PLNU's business institute lands SDMAC economic impact study

The San Diego Military Advisory Council (SDMAC) announced that Point Loma Nazarene University's Fermanian Business & Economic Institute (FBEI) was awarded the contract for the 2012 San Diego Military Economic Impact Study, for which the FBEI will update the current economic data and include projections on the impact of the current and projected Department of Defense budget data.

Completion of the project is expected in June and will be presented to SDMAC in June.

The study is widely recognized as the authoritative and comprehensive source on the military's impact on the San Diego region.

"The study receives wide dissemination among the senior military leadership of the Navy and Marine Corps, as well as elected and appointed government officials both locally and in

the Washington area," according to SDMAC officials. "SDMAC also considers it to be an invaluable tool for private sector corporate leadership, especially in light of the ongoing discussions concerning the defense budget."

The FBEI's first study for SDMAC, a report on military construction spending in San Diego, was completed in May 2010. SDMAC also commissioned the FBEI to quantify the economic impact of the proposed Navy Broadway Complex Redevelopment in downtown on the San Diego area in October.

SDMAC's quarterly newsletter to its members affirmed, "Prior reports completed by the FBEI under the leadership of Dr. Lynn Reaser, PLNU chief economist, have proven to be comprehensive, understandable and of the highest quality."

— Staff and contribution

## HASTINGS

CONTINUED FROM Page 1

[players]. (Seau) showed me, a guy who had pretty good skills but could get a lot better, how to play the game at its highest level. Junior Seau's energy and enthusiasm for the game were contagious. He sure helped me become a better player."

Looking back at those early days of their friendship, Hastings also gives Seau credit for their All-Star team's performance in 1987, as the San Diegans took a 19-0 lead before winning 26-19 at the former Aztec Bowl on the San Diego State University campus before an estimated 7,200 fans.

Hastings, who wore jersey No. 73, was a 6-foot-4-inch, 220-pound defensive lineman planning to continue his playing career at Cal Poly after graduating from what was then University High School as a second team All-CIF player.

Seau, in jersey No. 11, was already well on his way to becoming a legend in local sports history. At 6 feet 3 inches, 230 pounds, Seau had led Oceanside High School to the county 2A football championship, playing quarterback, tight end and linebacker, as needed. *Parade Magazine* selected Seau to its All-American team.

He was also the CIF Player of the Year in basketball and Avocado League champion in the shot put.

In addition, he was on his way to play in one of the nation's top football programs at the University of Southern California.

But it wasn't Seau's emerging status and fame that struck Hastings when the All-Star team first assembled.

"Our coach, Herb Meyer, got us all together and told us to leave our press clippings at the door, that we were all the same now," Hastings recalled, "and Junior treated us all that way, even though he was head and shoulders above all of us."

Seau quickly emerged as a team leader.

"We had a lot of good players on that team," Hastings said.

The roster included big names like Tommy Booker (Vista High), Ray Rowe (Mira Mesa High) and Tommy Vardell (Granite Hills), the latter of whom went on to an eight-year NFL career as a running back after starring at Stanford University.

"But Junior led us," Hastings said. "He didn't just give us lip service, but he actually showed us how to do things correctly."

Seau was, as Hastings notes, a person who led by example, outworking others and encouraging them to be better. And he remembers that Seau didn't tolerate any horseplay by their peers.

"At night, when they said, 'Lights out,' he didn't mess around. If somebody said a word, Junior got up and told them straight up, 'You'd better shut up or you're going to get some business from me.' And they did. Nobody ever tested Junior Seau."

When game night came, "Junior played tight end, outside linebacker, quarterback and even fullback when he was needed," Hastings said. "He helped

us win that game with a tenacious effort, and we all played at Junior's level. He challenged us to, and with a lot of love and passion he made us all better."

Hastings was credited with a first-quarter fumble recovery he believes Seau caused with a hard hit.

Since that game, Hastings said Seau always remembered him, stopping to exchange greetings and share conversations.

"I was always proud of what Junior did," said Hastings. "May God rest his soul."

### MORE IN MEMORIUM

• Perhaps some insight into Seau's motivation can be gained from an interview with *Sports Illustrated* many years ago. He revealed: "There's a lot of jealousy among Samoans, not wanting others to get ahead in life." After scoring a 690 on the SAT exam (10 points below USC's minimum for recruits), Seau sat out his freshman year. "I was labeled a dumb jock. I found out who my true friends were," he said during the interview. "Nobody stuck up for me, not our relatives, best friends or neighbors." As a result, Seau apologized to his teachers, coaches and the principal at Oceanside High.

• Seau played only his sophomore and junior years at USC, being named a unanimous All-American before being drafted fifth overall by the Chargers.

• Some of Seau's greatest honors were his election to 12 consecutive Pro Bowls, the NFL's 1990s All-Decade Team and the Chargers' 50th Anniversary Team.

## Lucy's & The Arizona circa 1969



Courtesy Photos



The Ocean Beach Historical Society has preserved Ocean Beach History with their collection of photos and other memorabilia. Photos and stories will be shared both on the Ocean Beach Main Street Association (OBMA) website ([www.OceanBeachSanDiego.com](http://www.OceanBeachSanDiego.com)) and through the SD News / Peninsula Beacon. People are encouraged to share their memories and photos and become a part of the celebration. Please email them to [info@OceanBeachSanDiego.com](mailto:info@OceanBeachSanDiego.com). Check the Event Calendar on the OBMA website for details on all annual events and be sure to check with OBMA's online store for merchandise!



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Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

### OPINIONS

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## TRIBUTE

CONTINUED FROM Page 1

“royalty in this town,” McPherson acknowledged the ceremony was to celebrate his “life and legacy.”

“Your spirit and your passion will always be with us on Earth, No. 55,” said McPherson.

McPherson said San Diegans should all take something away from Seau’s tragic death.

“Look somebody in the eyes,” he said. “Let them know you love them.”

Characterizing Seau as a “standout human being,” McPherson said Seau was an inspiration not only for his playing skills but for his “love for people.”

Among those there to honor Seau was Laurette Schwab of San Carlos.

“I just loved watching him at all the games and we’re just here for the celebration of life,” said Schwab. “He was a very special young man.”

A face in the crowd painted with Chargers’ gold and blue and with the No. 55 displayed prominently was Robert Romas of Chula Vista.

“He’s the epitome of a special person,” Romas said. “He’s a part of us. It’s all about Junior.”

In discussing some of San Diego’s greatest former sports stars present for the Seau celebration of life — Fouts, NBA legend Bill Walton, Padres superslugger Tony Gwynn, Tomlinson and Smith — Sanders said Seau will always be central to the conversation.

“Junior was the most charismatic,”

said Sanders. “We’ll always remember the enormous force of his personality.”

Having once asked Seau how to properly pronounce the last name, Fouts said Seau told him, “Se-au, because when I hit them, they ‘Say ow.’”

But Fouts said Seau was “more than just the numbers.”

“He was the ultimate leader, the ultimate teammate,” he said.

Billy Ray Smith agreed.

“He was a great friend and a great teammate,” said the former Chargers linebacker and now radio-TV personality. “I will miss you forever.”

The praise kept coming, including the assessment by ex-Chargers coach Bobby Ross.

“I’m proud to be a Charger too,” said Ross, who added that Seau was a “special player” and a “special person” who never took a game off. “He was always positive, upbeat. We’ll never forget that smile.”

Via video feed, ESPN analyst Chris Berman noted, though he was a long way from Seau on the East Coast, that “you picked up where you left off” in conversations with him, adding it was rare for fans to have such fondness for a defensive player.

“I couldn’t wait to see Junior Seau play,” Berman said. Pointing to heaven, LaDainian Tomlinson lauded Seau as a “good and loyal friend.”

“He told me the true meaning of giving, which I’m still doing today because of him,” Tomlinson said adding, “He is still in everybody he touched. Junior lives through us.”

Riding home on the trolley, John Silva

of Point Loma said the ceremony was “great,” and that it was satisfying to see ex-Chargers and former coach Bobbie Ross from the 1990s again.

Asked whether he thought the tragic way Seau died detracted from the observance, Silva replied, “It was more a celebration of his life when he was alive then a memorial, which was more for the family. It was more a happier situation then a sad one, a time to look forward.”



“He’s the epitome of a special person. He’s a part of us. It’s all about Junior,” said Robert Romas of Chula Vista during the celebration of life for Junior Seau on May 11 at Qualcomm Stadium.

Photo by Dave Schwab | The Beacon

## BREW

CONTINUED FROM Page 1

neighborhoods and are excited to put the funds to good use,” said Barbara Iacometti, president of the OBMA’s board of directors. “Money raised through the sales of anniversary merchandise will go toward enhancing the community, with a major focus on the waterfront.”

OBMA is also selling 125th anniversary apparel and merchandise to contribute to the fund, including commemorative pint glasses. People can purchase the pint glasses on the OBMA website, or participate in one of several Pint Nights that will be hosted by restaurants and bars carrying the anniversary beer. On Pint Night, when people purchase a pint of the anniversary beer, they can keep the commemorative glass at a discounted price.

Pizza Port Ocean Beach hosted the first Pint Night on May 7.

This limited edition beer will be exclusively available at these locations:

- **Bo-Beau**, 4996 West Point Loma Blvd.
- **Kecho’s Café**, 1774 Sunset Cliffs Blvd.
- **Newport Pizza and Ale House**, 5050 Newport Ave.

- **Olive Tree Tasting Room**, 4805 Naragansett Ave.
- **Phil’s BBQ**, 3750 Sports Arena Blvd.
- **Pizza Port Ocean Beach**, 1956 Bacon St.
- **Raglan Public House**, 1851 Bacon St.
- **Sessions Public**, 4204 Voltaire St.
- **Shades**, 5083 Santa Monica Ave.
- **The Harp**, 4935 Newport Ave.
- **The Joint**, 4902 Newport Ave.
- **The Pearl Hotel**, 1410 Rosecrans St.

The release of the Ocean Beach 125th Anniversary APA is just one of several community events OBMA is hosting. Next month, the second annual OB Beach Ball event helps kick-off summertime with a huge Ferris wheel, live music, action sports and a beach-side beer garden.

On June 23rd, the 33rd annual Street Fair and Chili Cook-Off Festival is expected to draw tens of thousands to Ocean Beach where there will be five stages of continuous live music, a variety of street vendors, the community art mural project, famed chili cook-off and, new to the event this year, laser tag.

For information on all Ocean Beach community activities, or to check out the 125th anniversary apparel available for purchase, visit [www.oceanbeach-sandiego.com](http://www.oceanbeach-sandiego.com).

## BID

CONTINUED FROM Page 1

The forum is expected to run about 90 minutes. Business owners will have the opportunity to discuss issues of importance and to turn in their surveys.

BIDs are a collaboration between the city and the small business community. The businesses assess themselves an annual fee, which the city collects and returns to the BID through a nonprofit organization. Currently, there are two successful BIDs in the Peninsula: one in Ocean Beach run by the Ocean Beach MainStreet Association (OBMA) and one in the Midway District, managed by the North Bay Redevelopment Project Area Committee.

Throughout San Diego, there are 17 local BID programs that organize festivals, provide newsletters, websites and

business directories, generate special marketing campaigns, manage public improvement and beautification projects, and sponsor various neighborhood activities like farmers markets and restaurant walks.

“Our motto is forward together, meaning businesses working together,” said Kalla, who is also a board member of the OBMA. “There’s some political gain we can get out of a BID. We will have a say as a business community. It will also give businesses a chance to work together and make decisions best suited to community.”

For more information on the proposed BID for Shelter Island/Point Loma Village, call the Peninsula Chamber of Commerce business forum hotline at (619) 295-5171.

For more information on the city’s Business Improvement District Council, visit [www.bidcouncil.org](http://www.bidcouncil.org).

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Nightly Specials: Happy Hour Food 4 to Close & Drinks 4 to 7

Happy Hour 4 to 7 Every Night in the Bar Areas! Watch all the Major League Baseball Games here!

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# Experiencing 'Rhapsody on the Point'

By BART MENDOZA | THE BEACON

It's no secret that art programs in schools are suffering in the current economy. Luckily, organizations have sprung up for some area schools to help with funding. Such is the case with the Point Loma High School Instrumental Boosters, which works year-round to ensure that music remains a vital part of its school's curriculum.

On Friday, May 18, Humphrey's Concerts by the Bay will be the site of "Rhapsody on the Point," a fundraiser for the Point Loma High School (PLHS) Instrumental Music program and a celebration of the opening of the new Music Center at PLHS. The evening begins at 6 p.m. with hors d'oeuvres, cocktails and a silent auction, with music starting at 7 p.m. The event continues a tradition of performing Gershwin's "Rhapsody in Blue" every year.

For 2012, San Diego pianist Diane Snodgrass will do the honors, backed by students, and also perform a solo piece. Several of the school's student groups — including the wind ensemble, concert band and string orchestra — will also take part. Meanwhile, county Supervisor Greg Cox will narrate Aaron Copland's "Lincoln Portrait," an orchestral work featuring words spoken by President Lincoln. This event helps the next generation of musicians while taking in a little culture.

"Rhapsody on the Point" is a labor of love. Toiling behind the scenes, among others, is an eight-person event committee and 15 more volunteers. Money raised goes to everything from instruments to student transportation for tournaments.

"The district only funds the salary of music director James Sepulvado," said Point Loma High School Instrumental Boosters President Kerri De Rosier.

Ironically, Sepulvado recently received a pink slip from the district in the widespread effort to offset budget woes. "All of this effort is against a backdrop of him possibly losing his job," said De Rosier. "But that hasn't stopped him from putting his heart and soul into this event."

She said it's ironic that Sepulvado may be let go at the same time that the school's new music center is opening.

"[He might] be replaced, but especially with marching band director, he's someone who does everything from finding the students their places on the field, to writing the music," De Rosier said. "It's a really specialized position, and we're concerned that he might be replaced by someone who isn't qualified."

De Rosier said she is also concerned about the lack of continuity between area schools if current teachers are dismissed.

"You have Mark Dwyer at Correia Middle School and Ruben Flores at Dana Middle School," she said. "These guys have all learned how to work together, so there is a nice continuity between the programs."

De Rosier said Dwyer also received a pink slip.

"The school district is really threatening the success that we've had," she said. "We've been growing since Mr. Sepulvado got here."

While the fundraising aspect of the concert is important, De Rosier notes other benefits.

"We're really trying hard to bring the community together," De Rosier said. "What I like about ['Rhapsody at the Point'] the most is that it's a real concert and it's a chance for the community to see the kids in action, to see what they are capable of doing. School is so much more than math and science and English. It can also be an opportunity for students to express themselves."

"They're doing significant pieces," she said. "If you look at kids who are involved, these are kids who are — in addition to being wonderful musicians — for the most part, the best students at the school."



A snapshot of the magic from last year's Rhapsody on the Point, a benefit concert for schools and programs on the Peninsula. Courtesy photo by John Lyons

• **Rhapsody on the Point:** 6 p.m. on Friday, May 18 at Humphrey's Concerts on the Bay, 2241 Shelter Island Drive. Visit [www.Rhapsodyonthepoint.com](http://www.Rhapsodyonthepoint.com).

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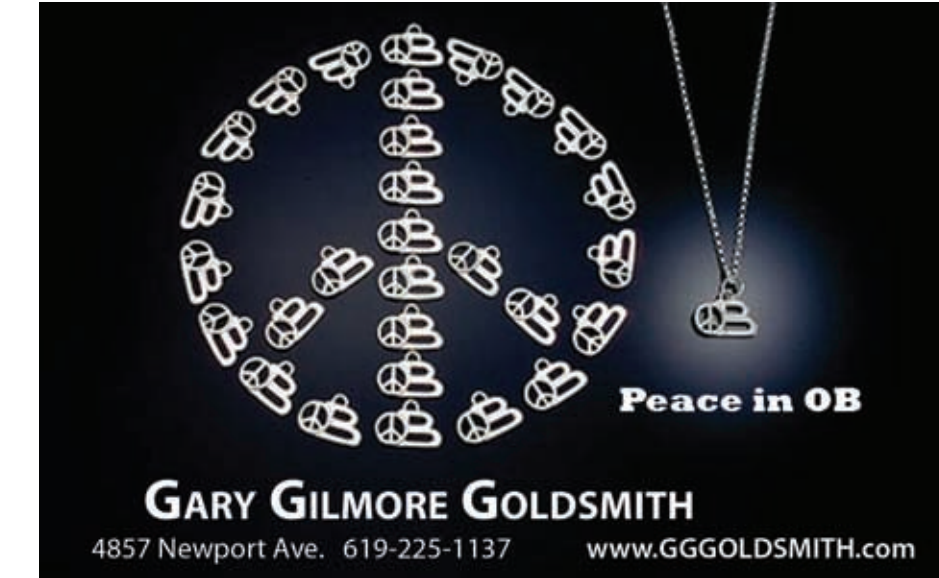
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## Second Annual OB Beach Ball Party set for May 19

The Ocean Beach MainStreet Association (OBMA) is poised to host the 2012 installment of the OB Beach Ball, an event celebrating Southern California lifestyle and action sports.

The Saturday, May 19 event runs from 10 a.m. to 9 p.m. in the Ocean Beach Pier parking lot at the corner of Newport Avenue and Abbott Street, as well as in the main beach parking lot at the foot of Santa Monica Avenue and at Saratoga Park next to the main beach parking lot.

One of the main attractions — as it was last year — will be a 70-foot-tall Ferris Wheel, which will offer riders a bird's-eye view for \$5 from now through Sunday, May 20 at Saratoga Park.

The OBMA is inviting residents and neighbors to celebrate summer with live music provided by six bands, action sports, a 135-foot waterslide and a microbrew beer festival.

General admission tickets for the beer garden are \$3.

Visitors can watch skateboard demonstrations, volleyball games, tug-of-war competitions and human strength and endurance contests. Take photos from atop the Ferris Wheel, try your luck on a mechanical bull or take part in the beach endurance competitions.

Free shuttles will be available to take festivalgoers between the 710 Beach Club in Pacific Beach and the main pier parking lot in Ocean Beach every 30 minutes all day on May 19.

For more information, visit <http://obbeachball.com>.

**OB Beach Ball 2012**  
**Wed., May 16th - Sun., May 20th - Schedule of Events**

**Wednesday May 16** 20th Birthday - OB Farmers Market 4pm - 8pm - 4900 block of Newport Ave  
**Wednesday May 16** 75ft Ferris Wheel in Saratoga Park - opens 4pm - 9pm  
**Thursday May 17** 150ft Water Slide - opens noon to 9pm

**Friday May 18** 75ft Ferris Wheel in Saratoga Park - open noon - 10pm  
150ft Water Slide - open noon - 10pm  
Mechanical Bull - open noon - 10pm  
91X broadcasting from the Ferris Wheel Friday 2pm - 6pm  
Saratoga Park Beer Garden open noon - 9pm  
Shuttle from 710 Beach Club in PB noon - 9:30pm

**Saturday, May 19** Beach Clean up & Volleyball on the beach starts at 9am - 9pm  
Human Haulin' and Mechanical Bull on the beach 10am - 9pm  
Vendors and food on Veterans Plaza 10am - 8pm  
Shuttle from 710 Club in PB 10:30am to 10:30pm  
Beer Garden and bands starting at 11am & Microbrew Festival 11:30pm - 2:30pm in Pier Parking L  
Hodad's Burger Eating Contest at 11:30am - 12:30pm  
Dr. Bonner's Foam Truck also in Saratoga Park 10am - 10pm  
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**Sunday, May 20** 75 ft Ferris Wheel in Saratoga Park 10am - 5pm



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# OB surf shop rides new wave of women’s-only surf-and-beach boutiques

By MARSHA KAY SEFF | The Beacon

Heather Shields was a wahine before surfing became a big-time sport for women.

She’s been riding the waves off Ocean Beach and as far away as Australia for the last decade. And for twice that time, she has worked her way up from “floor employee” to buyer and partner at South Coast Surf Shops, a local specialty retailer for more than 30 years.

So, it’s no surprise that Shields is excited about last month’s opening of South Coast Wahines Ocean Beach, the company’s second women’s-only surf-and-beach boutique. The original women’s shop, South Coast Wahines Pacific Beach, has been at the foot of Crystal Pier since 1999. Wahine is Hawaiian for a woman surfer.

The new store on Newport Avenue moved to the 1,070-square-foot space that used to house South Coast Longboards. Before that, women’s wear had been relegated to 450 square feet of the South Coast Surf Shop a few doors up the street.

“We outgrew that space,” said Shields, who spearheaded the complete redesign for the new shop. “It only made sense to consolidate our Ocean Beach inventory by gender, giving our customers more of what they want in each location.”

Besides the three South Coast Surf Shops in OB, including an outlet, the company has its women’s-only and its largest store in PB.

Though there have always been women surfers, Shields said movies like the 2002 “Blue Crush” and 2011 “Soul Surfer” brought out female surfers “in droves.”

A leading market research company cites that female participation in the board sport has jumped from 19 percent between 2001 and 2005 to 33 percent since.

There finally was a need to focus on wetsuits with curves and other surf wear for women, with a penchant for shopping, according to Shields.

“Even female jocks can be extremely feminine and fashionable,” said Shields, who met her husband of five years while surfing in Ocean Beach. The couple has a 2-year-old son who has already been boogie boarding in Waikiki.

“Surfing as a culture has grown so fast that the department stores started carrying the brands and made us more competitive, dropping prices and advertising to the locals,” Shields said.

Today, she said, some 30 surfwear manufacturers include designs for women.

“They’ve come a long way from board shorts and T-shirts,” she said.

South Coast Wahines Ocean Beach is an “extremely girly” boutique, decked out in hardwood floors and shag carpeting, chaises and a crystal chandelier. Changing rooms are bigger than at the old store and the new glass garage door makes the shop inviting and accessible.

“This is where the boutique meets the beach,” said Shields, who started working with the company when she was 16 years old. That was 23 years ago.

Owner Rob Ard “didn’t rein me in at all (on the design),” Shields said, adding, “Well, we disagreed loudly a few times. Pinks aren’t his thing.”

The store showcases iconic brands in women’s surf and beachwear, like Roxy, Billabong, Reef and Rip Curl, and introduces newcomers like TOMS, Quiksilver Girls and Oakley Ladies. Displays showcase everything from lace blouses and crocheted shorts to \$80 rhinestone sandals. The longboards moved to the other store on Newport Avenue, along with women’s wetsuits.

As for opening a business in the midst of the slow economy, Shields said she’s not worried.

“The weather is more important to



Left, South Coast Wahines Ocean Beach employee Katie O'Neill helps Taylor Wagner pick out a cool top. The surf-and-beach boutique caters solely to women. Photo by Jim Grant | The Beacon

this business than the economy, and the weather has been good this year,” she said.

The women’s store did better on its first weekend than the flagship store.

“The new store is comfortable for women,” said Shields. “We can see your body type and be able to size you up and

pick out the items that will fit you the best.”

The all-female staff includes high-school and college students. Some are kids of former South Coast employees. Customers range in age from 13 years old to 70, she said.

“Surfing is really fun and the water makes you feel younger,” said Shields. “There’s no impact, and when you fall, you fall into the water... [But] the sport is more athletic than many people realize. It takes a lot of technique and skill. And it’s great exercise, especially for the abs.”

She is an advocate for the sport and said she can get somebody up on a long-board within a half-hour.

Surfers can do as much or as little as they want when they hit the beach. While some of the “old guys” come out and just paddle around “like a coffee klatch, waiting for the big one, the perfect wave,” Shields said women don’t usually hang out in the water. “I’ll take 10 smaller waves to a perfect one.”

But in the water or out, Shields said, most women want to look their best. And that’s where South Coast Wahines Ocean Beach comes in.

• **South Coast Surf Shops**, 5037 Newport Ave., (619) 223-8808, [www.south-coast.com](http://www.south-coast.com)



Debbie Ostrow of Calsbad – a self-described “shoe freak,” checks out the store’s selection. Photo by Jim Grant | The Beacon

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# Alum set to return home to turn another page

Author of 'Sh\*t My Dad Says' launches May 19  
PLHS book signing for his latest, 'I Suck at Girls'

By **SCOTT HOPKINS** | THE BEACON

Perhaps the title of Justin Halpern's new book is what most male adolescents have thought at times during the awkward, uncomfortable, mistake-prone and acne-dominated eternity that mercifully becomes adulthood: "I Suck at Girls."

This is Halpern's second book, following the immensely popular "Sh\*t My Dad Says" (2010) that spent 50 weeks on the *New York Times* bestseller list, including 11 weeks at No. 1. Total sales: 1.2 million copies.

That book was a collection of the profane-filled quips and advice Halpern collected growing up in his Point Loma home.

This time, Halpern's dad is involved while Halpern shares a multitude of embarrassing moments and events from his life while attempting to win the favor of the fairer sex. Some of these involve PLHS school dances.

"I wasn't very self-confident, so I ended up getting myself into situations that were pretty embarrassing," Halpern said.

He is confident, though, about coming home this weekend for a book signing on the Pointer campus, part of a three-week, 13-city grind, which also involves TV and radio appearances.

Halpern will be in the PLHS gym, located on Chatsworth Blvd., at 6:30 p.m. Saturday, May 19. The event is

sponsored by Warwick's Books of La Jolla, who will provide a substantial supply of copies for purchase.

Early reviews of the book have been enthusiastic, with *Publishers Weekly* calling it "a terrifically entertaining memoir that begs for a turn on the screen." Indeed, Halpern has already sold the rights.

For the first time in years, Halpern returned to the Pointer campus recently to speak with local media members. He said he was thrilled when presented with a 1998 annual.

Clearly, he doesn't take himself too seriously.

"I was not a really engaged student," Halpern said with a chuckle, "so I don't think I took advantage of all the school had to offer. I was a wallflower."

Sports — the baseball mound in particular — is where Halpern found his identity at PLHS.

His favorite memory was "when we beat Eastlake (High School from Chula Vista) in a CIF playoff game," Halpern recalled. "They had Adrian Gonzalez and all these great players. It was a really amazing game, and I came in to close it out."

Another highlight for Halpern came when, as a senior, he pitched a no-hitter against San Diego High.

"I got CIF Player of the Week," laughed Halpern.

Baseball, he said, was the extent of



Author and Point Loma High School graduate Justin Halpern returns to his alma mater Saturday, May 19 to sign copies of his latest book, "I Suck at Girls," as part of a nationwide tour. He was the author behind the immensely popular "Sh\*t My Dad Says" (2010) that spent 50 weeks on the *New York Times* bestseller list, including 11 weeks at No. 1.  
Photo by Scott Hopkins | The Beacon

Halpern's school experience.

He remembers "big class sizes and a campus where it was easy to get lost or fall through the cracks," describing how he and friends sometimes enjoyed lunch periods as long as three hours when an "open-campus" policy was in effect.

Not surprisingly, Halpern had no difficulty recalling a favorite prank.

"They were trying to promote this soft

drink on campus called Surge, and they handed out keychains to all the kids with a button (making a voice) yell 'Surge!'" he recalled. "So, of course, we took them to our Spanish class and put them under the chair legs all over the room. When the teacher walked in, there were like 20 voices yelling 'Surge!' and it drove her absolutely insane! She couldn't even teach the class while she was running

around the room looking for the key-chains and screaming at us."

Prom was a disaster for Halpern, he said.

"I went with my friend's ex-girlfriend, and ended up drunk and alone sitting in front of the Bali Hai," although the event was at a downtown hotel.

His life apparently improved, however. Halpern is now married.

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# PLHS seniors, grads creating sensations

By **SCOTT HOPKINS** | THE BEACON

One current Point Loma High School athlete will be playing at Dartmouth University next year while two graduates are making big contributions at their universities.

## McEachern gets nod at Dartmouth

Current senior Katie McEachern has been introduced by Dartmouth University as a member of its class of 2016 softball recruit signings.

The talented student has distinguished herself both in the classroom and from her position as a shortstop on the league-leading Pointer varsity squad.

Rachel Hanson, head coach of the Dartmouth Big Green program, named only five players from across the United States invited to enroll at the Ivy League campus in New Hampshire.

"Katie's a player that always finds a way to get it done," Hanson said. "Every time our coaching staff saw her play, she got a hit or made a big defensive stop, (often) in high-pressure situations. We're looking forward to watching her take on the Ivy League."

Indeed, McEachern's prep career was filled with honors, including Western League Player of the Year last year as a junior. She played on a travel team that won the 2011 Adidas Futures National Championship. Academically, she earned the PLHS Advanced Placement Scholar Award.

## Freshman Urbon leads Cornell to title

Freshman pitcher Kellen Urbon (PLHS class of 2011) was named Col-



Pointer shortstop Katie McEachern prepares to throw out another runner at first base during a victory over Cathedral. The multi-talented senior will be playing for Dartmouth University next year. Photo by Scott Hopkins | The Beacon

lege Baseball 360 Primetime Pitcher of the Week after his impressive 6.1-inning relief appearance brought victory to his Cornell team, defeating Ivy League favorite Princeton in the 12-inning finale of a four-game series.

Urbon's win earned the Ithaca, N.Y. university first place in the league's Gehrig Division, sending them against Rolfe Division champion Dartmouth, whom they defeated at home May 6 for the league championship. Urbon pitched the final five innings of the 11-inning finale, picking up the victory as he scattered two hits before teammate Chris Cruz's walk-off home run ended matters.

Working as a closer this season,

Urbon averaged 1.2 innings per appearance, but far exceeded that in the title game, allowing only one unearned run, striking out five, while allowing three hits and a pair of walks in the pressure-filled contest.

For the season, Urbon recorded a 0.51 earned run average, nine saves and held opposing batters to a .163 batting average, all team-leading marks.

## Cox, Menlo College win NAIA tourney

After losing his starting shortstop position in mid-season, Pointer alum Coleman Cox (2009) worked his way back into the lineup before leading Menlo College to its first-ever NAIA West Regional Tournament title May 5 in Portland, Ore.

Not only did Cox, a junior, bat .429 (9-for-21) in the tourney, but he threw out a runner from top-seeded College of Idaho at the plate for the final out in a dramatic 5-4 10th-inning victory to secure the title for his third-seeded Oaks.

Earlier in the same final game, Cox's two-run double in the sixth inning erased a one-run COI lead. But after COI tied the game to force extra innings, Menlo scored in the top of the 10th, setting up Cox's game-ending throw.

Cox and his teammates advanced to the NAIA Baseball National Championship opening round that took place earlier this week. Nine different sites in the U.S. hosted a five-team, double-elimination tourney leading to the 56th annual Avista-NAIA World Series in Lewiston, Ind. from May 25-June 1.

# SCHOOL SPOTLIGHT

## Correia jazz director earns top county honor

Mark Dwyer, director of Correia Middle School's oft-honored jazz band, has been named "Outstanding Jazz Educator" for all county public and private schools.

The award was announced at the annual California Music Education Association awards banquet April 30.

Dwyer's band has caught the attention of skilled listeners in recent years and put Correia on the regional music map.

Also, Dwyer led his young musicians to the title of "Best Jazz Band" at the recent San Elijo Jazz Festival.

Dwyer and his talented group will be playing at the May 18 "Rhapsody on the Point" fundraising event for Point Loma High School at Humphrey's to help raise funds for Point Loma High School's music program. The band will appear at this summer's Point Loma Summer Concert Series.

— Scott Hopkins



Youngsters from Dana Middle School's musical theater class will present "G2K OKLAHOMA!" on Friday, May 18. Courtesy photo

## Dana readies 'G2K OKLAHOMA!' production

Dana Middle School's musical theater class will present "G2K OKLAHOMA!" in the school's Jackson Theater at 7 p.m. on Friday, May 18. The cast of 47 fifth- and sixth-graders have been rehearsing the show since auditions were held last January. The show features Caterina Brown as Laurey, Nick LaFontaine as Curly, Colin Vassall as Will, and Maya Nielsen as Ado Annie. Theater teacher W. William Cobb is directing his 25th musical.

The story revolves around the budding romance between Curly and Laurey. The score features Broadway standards like "Oh, What a Beautiful Morning," "Surrey with the Fringe on Top" and "People Will Say We're in Love."

"G2K OKLAHOMA!" is a version of the groundbreaking Rogers and Hammerstein musical. "G2K" is short for "getting to know." The show has been edited for length and content to make it suitable for presentations by middle-school students.

All seats are \$7. There is also a dinner package for \$10 that includes the show ticket, a hot dog from Barons Marketplace, a cupcake from Cupcakes Squared and a soft drink.

Advance tickets are available at [www.danamiddle.com](http://www.danamiddle.com). Click on the link to the Jackson Theater Box Office.

## PLHS student claims first in state science fair

Point Loma High School junior Corlin L. Palmer earned first-place honors

SEE **SCHOOLS**, Page 18

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number of these people also have difficulty performing basic and more advanced activities of daily living, which often complicates matters. If a doctor gives this person a prescription, it is unknown if the prescription will be filled, taken correctly if at all, which does not do any good for their disease process. The goals of someone who are functioning well in their 80-90's are most likely going to be different from the persons who are wheelchair bound or dependent on others for their care. Addressing these concerns realistically is the responsibility of a healthcare advocate. A comprehensive history which includes an assessment of medical and cognitive status, determining depression, anxiety and physical abilities, along with fall risks and a gait/balance evaluation and home safety needs help to determine the quality of life/well being of each individual. Achieving their goals can be difficult without knowing the reality of their situations at home. Many acute situations present differently in the elderly. For instance, an older person with an infection may not have a fever or an elevated white blood cell account. A patient who is cognitively impaired might seem lethargic when they may be experiencing a stroke or a heart attack.

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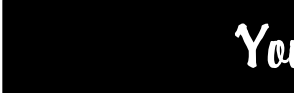


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## SCHOOLS

CONTINUED FROM Page 15

in environmental science and received a special award at the state science fair earlier this month.

Palmer was awarded the UC Irvine Earth System Science Award and received a \$250 check.

His project, which examined the potential of making charcoal from palm waste, was honored as the project best demonstrating achievement in earth system science. Palmer concluded his charcoal-making process could greatly reduce deforestation.

Last month, Palmer earned a first-place award and several professional awards at the annual Greater San Diego Science and Engineering Fair.

Besides his first-place finish in the Senior Division, Palmer's project was selected for the prestigious San Diego Zoo Global Award and professional awards

from the American Society of Materials International, General Atomics Sciences Education Foundation, the Regional American Society of Materials International and the Regional ASM Materials Education Foundation.

PLHS teacher Edwin Hedges is Palmer's advisor.

— Scott Hopkins

### Loma Portal principal earns musical honor

A Peninsula school administrator received an award from the local chapter of the California Music Educators Association.

Glenda Gerde, principal of Loma Portal Elementary School, accepted the Elementary Administrator Award at the group's annual Fortissimo Awards of Excellence in Music Education.

The group works in conjunction with the county Office of Education to

honor excellence in school music programs throughout San Diego and Imperial counties.

### Sunset View again top fundraiser in program

Sunset View Elementary led all California schools in fundraising during the Fresh & Easy Neighborhood Market's fourth annual "Shop for Schools" program, earning itself more than \$11,200. As one of 72 San Diego schools that earned nearly \$74,000 in total from the program, Sunset View will be awarded a \$5,000 bonus.

School officials said they plan to use their share of the money raised to support various curriculums that can no longer be funded by the state, including music and performing arts programs. For more information, visit [www.freshandeasy.com/shopfor-schools](http://www.freshandeasy.com/shopfor-schools).

SPORTS  
Shorts

### PLHS team sets sail for national championship

Point Loma High School's acclaimed sailing team is heading across the continent soon to capture yet another national championship.

This year's battle for the Baker Cup, under the auspices of the Inter-scholastic Sailing Association, will be sailed on the Charles River in Cambridge, Mass., on May 26-27.

Last month, Pointer sailors swept to the overall championship of the Pacific Coast Interscholastic Sailing Association (PCISA) team competition, held at the San Diego Yacht Club. The victory gave the PLHS group its berth in the Baker Cup event.

Earlier this month the team secured first place in the 2011-12 PCISA standings, defeating all state schools for the Roy E. Disney trophy, which is determined by the cumulative results of nine separate regattas during the school year.

Meanwhile, two sailing team captains will be honored next month by the San Diego Hall of Champions. Olin Paine and Jake Reynolds were selected as high school Stars of the Month by the museum and will be honored at the Prep Athletes Awards Gala on June 9.

— Scott Hopkins

### Junior sailing program scores high marks

The San Diego Yacht Club (SDYC) Junior Sailboat Racing Program has earned the prestigious Garret Horder Trophy for Excellence by the Pacific Coast Yachting Association. The news comes on the heels of a recent national study concerning junior sailboat racing, where the research and survey of more than 60 programs revealed the SDYC junior program was the "most successful" in the nation.

Dennis Conneally, management advisor of the San Francisco Yacht Club, conducted the 98-page study to "identify successful junior sailing practices from around the United States."

San Diego has always been a hotbed

for world-class sailors and SDYC has invested heavily in its youth programs over the years.

The award and study confirmed something special is happening at the Point Loma-based Yacht Club. The program gains its notoriety from the success of its young sailors, who perform extremely well at national events, boasting 17 high school national championships and 28 U.S. sailing championships.

SDYC has also produced more than 70 college All Americans, six college Sailors of the Year, and nine Olympic Medals. The summer program fosters high performance, but focuses mainly on a large number of very young beginners. Each summer, about 200 new sailors are taught the basics of sailing in La Playa Cove.

For more information, contact SDYC junior sailing director John Fretwell at (619) 758-6320, or email [juniors@sdyc.org](mailto:juniors@sdyc.org).

### Long-jumper wins league championship

His nickname is "The Flying Squirrel," and the reason is now clear.

Point Loma High junior Sydney Rush won the boys' Eastern League long-jump championship with a leap of 22 feet, 6.5 inches, becoming one of a number of teammates qualifying for CIF preliminaries.

Other first place honors went to junior Jamal Agnew, who covered 100 meters in 11.09 seconds, while junior Ricky Sweet won the 3200-meter event in 9:59.12.

A second place went to Taylor Boswell in the 800 meter.

Third places went to Austin Green in the 300-meter hurdles, Angel Saucedo in the 800-meter run, Sweet in the 1600-meter run, Roy Conrad in the discus, DeAndre Benson in the high jump and the 4X400 Pointer relay team.

No events were won by Pointers girls.

The top Pointers' girl finisher was Jordan Whitlock, who took second in the triple jump, finishing only 5.5 inches behind the winner.

Overall, Pointers boys took fourth place and girls took fifth, both behind league champion Scripps Ranch. The meet was held at Serra High School.

— Scott Hopkins

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Daring, Delightful and Determined Women of Old Town

The 9th annual Ladies Day in Old Town San Diego State Historic Park will celebrate the everyday life skills, creative past times, and daily work chores of women that lived in early San Diego from 1821 to 1872. This year's event takes place on Saturday, June 2, from noon to 5 p.m. Don your favorite chapeau – historic, modern, or fanciful for the event. If you wear head wear that represents 1821-1872 you may participate in the historic hat contest for a small entry fee. "Ladies Day in Old Town will showcase activities that are fun and educational for both children and adults," said Deanna Turton, volunteer chair of the event. "It is our hope that people will walk away knowing what it was like to live in San Diego in the mid-1800s and appreciate how the founding families mastered the life skills needed to survive and make a home for their families."

California State Park staff, volunteers, and spe-

cially invited volunteers will demonstrate the labors and leisure activities of Old Town's founding families -- 19th century games, crafts, hair styling, and dancing and much more.

This year, the park will be "unveiling" new exhibits in the patio area of the Casa de Estudillo. They are part of a larger project to refurbish the exhibits throughout the adobe. The goal of these exhibits is to help visitors better understand the adobe and the reasons it was preserved. What visitors see today is a building that was restored by Hazel Waterman in the early 20th century.

- Scheduled activities include:
- 11-1:30 A Children's Make and Take Hat Making Booth. Hats will be judged at 2pm
  - 1:00 Presentation by Dydia DeLyser, author of Ramona Memories. Book signing to follow in Casa de Estudillo

- 2:00 Judging of the Historic Hat Contest. Entry forms available at the Visitor Information Center
  - 1-4:00 Garden Tea in Casa de Estudillo. Cost \$10.00
  - Featured through out the day:
    - tours of the native plant garden given by members of the Native Plant Society
    - plant sale
    - historic photography exhibit
    - traditional soap making and period cooking
- BOOSTERS OF OLD TOWN (BOOT) supports the event and other educational programs in the park. Free parking is available in the CALTRANS parking lot off Taylor Street, one block from the park. For more information call the Visitor Information Center at 619-220-5422 or visit the park website at [www.parks.ca.gov/oldtownsandiego](http://www.parks.ca.gov/oldtownsandiego).



Free Living History Activities in Old Town State Park

Old Town San Diego State Historic Park has more than 10 free museums open to the public year-round. These museums have ongoing living history activities every Wednesday and Saturday from 10 a.m. to 4 p.m. to educate the public about what life was like in San Diego in the 1800s. The park also hosts free tours daily at 11 a.m. and 2 p.m. that begin at the Robinson-Rose Visitor Center.

Every Saturday of the month, the park offers a different taste of historic trades and craft guilds for visitors. The first Saturday of every month, the park hosts the Print Guild and Tintype Guild. Visitors can have a first-hand experience of how printed word and photography was executed in the early days of California.

On the second Saturday of each month, the park hosts California Day. Between 1821 and 1848, people who lived in Southern California were called Californios. The unique cultural heritage and activities of the Californios will be shared and celebrated with visitors.

The third Saturday boasts presentations from the Quilt Guild, Fiber Arts Guild and the Mormon Battalion. Guest of the park will

learn about the traditional methods of quilting, spinning, weaving and other fiber arts techniques. Visitors will also learn about the famous military unit, the Mormon Battalion, and how the impact of their service changed the history of San Diego and California.

On the fourth Saturday, the park hosts the Mountain Men and the Soap Makers Guild. Park visitors will learn about the historic mountain men and the discoveries they found as well as learn the art of soap making.

In conjunction with the different events every Saturday, the park also showcases the Blacksmith Guild's presentation every Wednesday and Saturday morning and the Quilt Guild every Wednesday afternoon. For more information about the guild schedules of the day and their location in the park, visit the board outside the Robinson-Rose Visitor Center.

The Visitor Center and museums are open daily from 10 a.m. to 4 p.m. October through April and 10 a.m. to 5 p.m. May through September. To confirm hours of operation or for more information call 619-220-5422 or visit [www.parks.ca.gov/oldtownsandiego](http://www.parks.ca.gov/oldtownsandiego).

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Looking  
» ahead

Peninsula-area events, May 19-23

**SATURDAY, May 19**

• **The Point Loma Garden Club hosts its annual plant sale** from 9 a.m. to 2 p.m. Admission is free. The event takes place at Westminster Presbyterian Church, 3598 Talbot St. Heirloom tomatoes, vegetables and herbs, stunning, exot-

ic plants, succulent container plants, and many drought-tolerant landscape plants will be for sale at reasonable prices. A Garden Boutique will be filled with specialty and one-of-a-kind items, including mini-succulent containers and fairy gardens. Master Gardeners will provide information on planting, pest control and answer questions. Club Cafe will serve coffee and sell home-baked goods. The plant sale will be held in conjunction the San Diego Floral Association's Historic Garden Tour. For information on the plant sale, visit

www.plgc.org. For garden tour information and tickets, visit www.sdflloral.org.

• **Justin Halpern, a 1998 graduate of Point Loma High School, will be discussing and signing copies of his latest book, "I Suck at Girls."** His appearance in the school's gymnasium at 6:30 p.m. is presented by Warwick's Books of La Jolla, the PLHS Pointer Association and PLHS alumni. Reserved seating is available by visiting www.warwicks.com. Halpern reached #1 on the *New York Times* best-seller list in 2010 with his first book, "Sh\*t

My Dad Says," which spawned a television sitcom series starring William Shatner.

• **The Point Loma Kiwanis Club hosts a Pancake & Egg Breakfast** from 8 a.m. to noon at the Ocean Beach Recreation Center, 4726 Santa Monica Ave. All the pancakes you can eat, plus ham and juice or milk. Adults \$6; children \$4. For more information, call (619) 519-3812, or visit www.pointlomakiwanis.org

**WEDNESDAY, May 23**

**The Point Loma United Methodist Church will host a free session, "Meditation for Stress, Illness and Pain."** The class helps participants find their natural ability to relax and breathe easily and discover inner resources for being flexible and generous with life's challenging circumstances. The class runs from noon to 12:45 p.m. at the church, 1984 Sunset Cliffs Blvd. For information or to register, call (619) 788-4838, or email info@-dharayoga.com.

**TUESDAYS and SATURDAYS**

**Relax the body, mind and spirit with Praise Moves, a Christian alternative to yoga.** These are free weekly stretching/strengthening classes at **Rock Church**, located at 2277 Rosecrans St. Classes include a Tuesday evening co-ed session and a Saturday morning session for women only. For more information, email spiritualwellness@sdrock.com or visit www.sdrock.com and check under sports ministries for other classes.

I Love Poke Festival will  
return to Bali Hai with  
impressive new lineup

The third annual I Love Poke Festival will again tempt guests with the popular Hawaiian seafood dish on Wednesday, May 30 — and feature an impressive lineup of competing chefs and tastings from 30 restaurants and food purveyors.

The large-scale Hawaiian food and cultural festival takes place from 6 to 9 p.m. at the Bali Hai Restaurant on Shelter Island. The event's main focus will be a competition between 14 top San Diego chefs to create the best poke dish in the city. The event benefits the Kona-California Scholarship.

Competing chefs include Justin Shea of Hapa J's; Kari Rich of Food Farm Truck; Kurt Metzger of Kitchen 4140; Antonio Friscia of Gaijin; Simon Dolinky of Saltbox; Syd Marshall of Sushi Foods Catering; Johnny Duran of Top Of The Market; Paul Murphy of Humphrey's Restaurant and Marc Brislin of Blue Wave Bar and Grill.

With the price of admission, guests can taste each competing chef's poke creations in both the "Traditional" category (use of tuna required) and the "Any Kine" category (anything goes). Poke is a Hawaiian delicacy traditionally made with raw ahi tuna, cut into cubes and lightly seasoned.

A bevy of San Diego's best restaurants and food brands will provide partygoers with complimentary tastes of Hawaiian, Asian and South Pacific Island-inspired cuisine in an assortment of savory and sweet food and drink. Restaurants will be divided into savory and sweet categories, which the festival has named "Food Land" and "Sweet Land."






















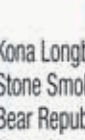


Participating restaurants and food vendors of the savory ("Food Land") variety include Gabardine, Isabel's Cantina, Da Kine's Catering, Bad Ass Coffee Company, Cups Culinary, Quality Time Catering, King's Hawaiian Bread, Casanova Fish Tacos, Chris Onolicious Grinds, Pop Chips and Honest Tea. Dishes will include Kalua pig and cabbage, musubi, coffee from Kona, brazil bowls with carnitas, fish tacos, chicken wings, macaroni salad and seafood. King's Hawaiian Bread will also serve hot dogs in the company's newest item debuting at the I Love Poke Festival: hot dog buns.

Sweet-oriented restaurants and food vendors include Kam Shave Ice, Chuao Chocolate, Specialty Produce, Sweet Layers, Wahine Kai Shave Ice, Ho'onani Cakes, Kona Kakes, CUPS and more. The Bali Hai is located at 2230 Shelter Island Drive. Single tickets are \$50 and are available at <http://ilovemusubi.com>. Connect with the festival at [www.facebook.com/ilovemusubifb](http://www.facebook.com/ilovemusubifb) or <https://twitter.com/ilovemusubi>.

—Staff and contribution

OUR FAMOUS GRILLED  
ONION DOGS ARE BACK  
ON FRIDAY, MAY 18<sup>TH</sup>!!!

Barons  
market  
SIMPLY GOOD FOOD. SIMPLY GOOD PRICES.

<div><div>SUGAR SNAP PEAS</div><div>Valley Center</div><div>\$1<sup>99</sup> lb</div></div>	<div><div>BLACKBERRIES</div><div>10 for \$10</div><div>6 oz containers</div></div>	<div><div>Zucchini &amp; Yellow SQUASH</div><div>Locally Grown Temecula</div><div>88¢ lb</div></div>	
<div><div>Mini SEEDLESS WATERMELON</div><div>2 for \$4</div></div>	<div><div>STRAWBERRIES</div><div>3 for \$5</div><div>1 lb containers</div></div>	<div><div>Pink Lady APPLES</div><div>77¢ lb</div></div>	<div><div>Eurofresh CAMPARI TOMATOES</div><div>2 for \$4</div><div>14 oz containers</div></div>
<div><div>Organic VALENCIA ORANGES</div><div>Valley Center</div><div>2 lbs \$1</div></div>	<div><div>Fluegge Extra Large GRADE AA EGGS</div><div>\$1<sup>89</sup> dozen</div></div>	<div><div>Barons market Assorted FRESH BREADS</div><div>\$2<sup>99</sup> 16-24 oz</div></div>	<div><div>Red Leaf, Green Leaf, Romaine LETTUCE</div><div>69¢ each</div></div>
<div><div>Boar's Head PEPPERONI SLICES</div><div>\$2<sup>99</sup> 6 oz</div></div>	<div><div>Empire Kosher WHOLE BROILER CHICKEN</div><div>\$2<sup>99</sup> lb</div></div>	<div><div>Sonoma Seafoods STUFFED SALMON</div><div>IN OUR FREEZER DEPT</div><div>\$5<sup>49</sup> 6 oz</div></div>	<div><div>Mrs. Meyer's Lavender DISH SOAP</div><div>\$3<sup>99</sup> 16 oz</div></div>
<div><div>StoneRidge Ranch PULLED PORK IN BBQ SAUCE</div><div>\$6<sup>99</sup> 17 oz</div></div>	<div><div>Organic Valley RAW CHEESE</div><div>\$5<sup>49</sup> 8 oz</div></div>	<div><div>Kind BARS</div><div>\$1<sup>49</sup> 1.49 oz</div></div>	<div><div>Bob's Red Mill Gluten Free BROWNIE MIX</div><div>\$5<sup>99</sup> 21 oz</div></div>
<div><div>Crystal Geyser SPRING WATER</div><div>\$3<sup>99</sup></div><div>24 pk/.5 liter/+crv</div></div>	<div><div>BEER CORNER</div><div><div></div><div></div><div></div><div></div><div></div><div></div></div><div><div>Kona Longboard Lager</div><div>Stone Smoked Porter</div><div>Bear Republic Racer 5 IPA</div><div>Sierra Nevada Torpedo Extra IPA</div><div>Maui Brewing Co. Big Swell IPA</div><div>Redhook ESB</div></div><div><div>\$6.99</div><div>\$3.99</div><div>\$9.69</div><div>\$3.99</div><div>\$11.99</div><div>\$6.99</div></div><div><div>6 pk bot</div><div>22 oz bot</div><div>6 pk bot</div><div>24 oz bot</div><div>6 pk can</div><div>6 pk bot</div></div><div><div>+ crv</div></div></div>		

 DON'T FORGET...    Bulk Flax Seed  Roland Garden Vegetable Quinoa  Delaney's "Robust" Oil & Vinegar Dressing  Rudi's Gluten Free Hamburger Buns  DeBoles Organic Artichoke Pasta  Honeydrop Lemon Tea & Honey  \$99¢ lb  \$2.99  \$2.99  \$3.99  \$2.69  \$1.79  5.46 oz  12 oz  10.4 oz  8 oz  14 oz  + crv |

Hours: Everyday 8 AM to 9PM (except holidays) Limited Quantity on Some Items. Not Responsible for Misprints

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PRICES EFFECTIVE 5-16-12/5-22-12