



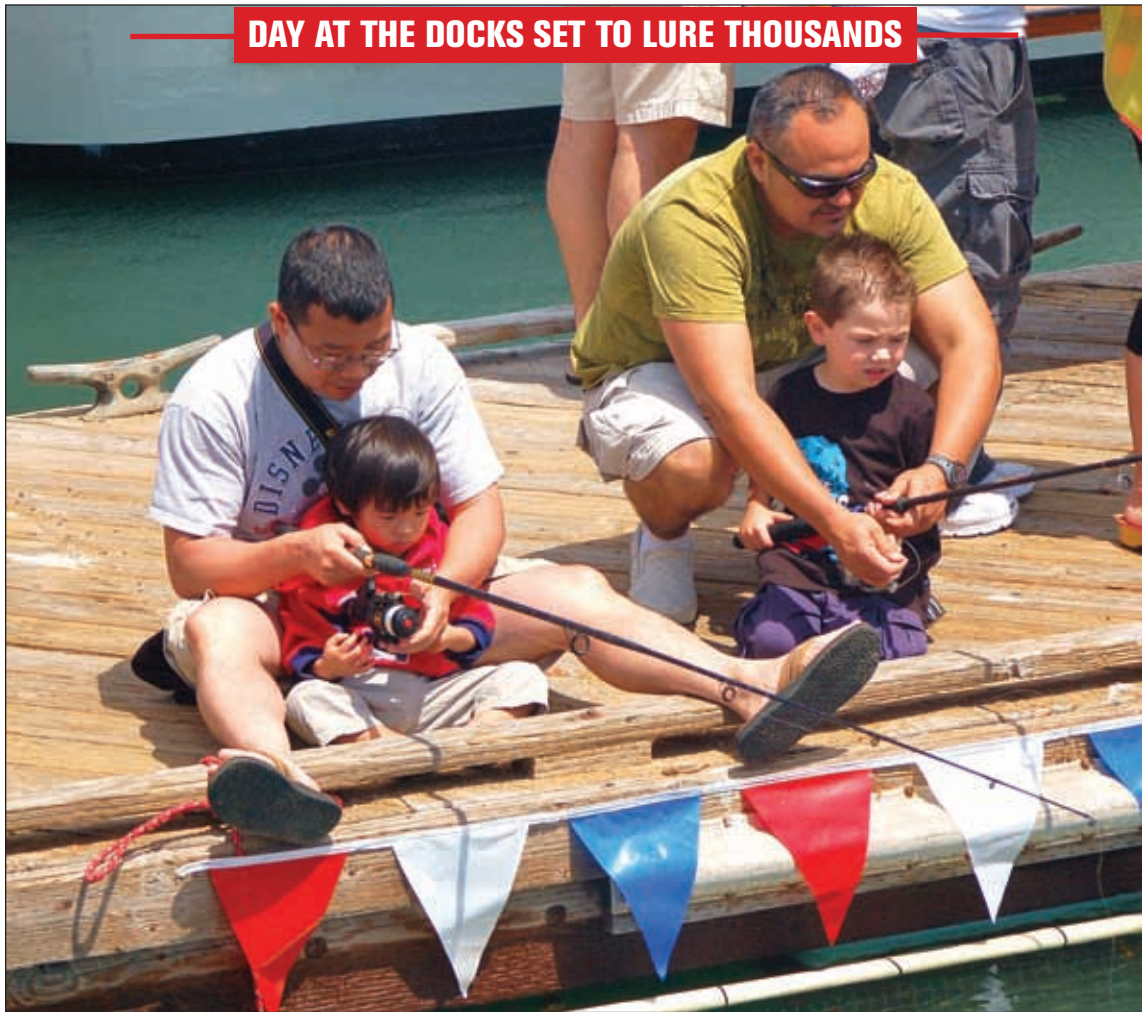
THE PENINSULA BEACON

SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY, APRIL 5, 2012

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DAY AT THE DOCKS SET TO LURE THOUSANDS



Children – some of whom will get their first fishing experience ever – will swarm the sportfishing landings in Point Loma on April 15 during the free 33rd annual Day at the Docks event.

Photo by Jim Grant | The Beacon

Family fun on the fly set to cast in Point Loma

By DJANI SCHAFER | THE BEACON

More than 20,000 people are expected to walk the docks and trade in their land legs for sea legs during this year's Unified Port of San Diego's highly popular Day at the Docks event.

The free 33rd annual event is scheduled for Sunday, April 15 at the sportfishing landings in Point Loma.

"It's the oldest and largest sportfishing show on the West Coast," said event coordinator Vic Gamboa, "which means the all-day affair will have plenty to offer for families of all ages and sizes."

Bright and early at 9 a.m., guests will be welcomed on the main stage with some classic rock 'n' roll music to get the day started. Throughout the day, the main stage will be home to two local bands, a handful of seminars and three raffle drawings to win the newest and coolest fishing gear, with proceeds benefiting the San Diego Burn Institute.

Aside from cool fishing gear, the other obvious component to becoming a world-class sportfisher is a cool fishing boat. If guests so choose to strengthen their sea legs,

SEE DOCKS, Page 5

Taste of Shelter Island ready to wow revelers

By DJANI SCHAFER | THE BEACON

Point Loma food lovers will get a delicious treat on Tuesday, April 17 when the annual Taste of Shelter Island returns for its 23rd year. The event is sponsored by the Peninsula Chamber of Commerce.

The ever-popular walking samplefest boasts an impressive list of 18 participants along and around Shelter Island Drive. Proceeds from Taste of Shelter Island will benefit the Peninsula Chamber, as well as its various community programs and scholarships.

SEE TASTE, Page 5



Participants in a previous Taste of Shelter Island enjoy good company and a relaxing glass of wine.

Photo by Jim Grant | The Beacon

OB Farmers Market kicks it up a notch

Image remolded in time for community's 125th birthday

By BIANCA KOCH | THE BEACON

The certified farmers market in Ocean Beach has slowly transformed into one of the trendiest farmers markets in San Diego.

A cleaner appearance, new vendors and new music lineups draws impressive crowds on Wednesdays between 4 and 8 p.m. during non-winter months.

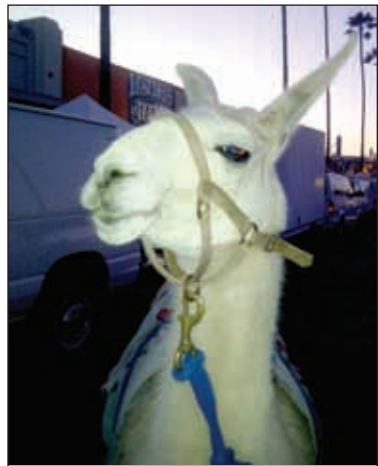
Located on Newport Avenue between Cable and Bacon streets, about 150 vendors offer a plethora of goods like flowers, local arts and crafts, jewelry and clothing. Food vendors display a variety of food and taste samples. About 10 organic-produce vendors sell locally-grown fruits and vegetables.

The improved look also includes llama rides and a big bounce house for children.

A recent survey by the Ocean Beach MainStreet Association — the results of which are posted on its website — revealed that nearly 60 percent of the markets' visitors do not live in Ocean Beach. The survey also showed that about 95 percent of those surveyed also patronize a local bar or restaurant during their trip to the farmers market.

Keeping up with area trends, several

SEE MARKET, Page 7



Boosting the OB Farmers Market's appeal are two llamas that are available for children's rides. The llama boardings depart from the corner of Newport Avenue and Cable Street during the every-Wednesday market.

Photo by Bianca Koch | The Beacon

vendors at the farmers market also offer vegan dishes, something that makes local Drew Coussins happy. He used to skateboard to the market on Wednesdays by himself. That changed with the growing vegan menu.

Spike in marine-mammal rescues said typical for this time of season

By MARIKO LAMB | THE BEACON

In recent weeks, beachgoers in coastal communities ranging from Sunset Cliffs to Black's Beach have reported a high number of sick sea lions and seals in need of rescue. The recent spike of distressed pinnipeds may concern local animal lovers, but animal-care specialists at SeaWorld San Diego said the upswing is actually nothing out of the ordinary.

"This is our rescue season. This is the height of it," said SeaWorld spokeswoman Kelly Terry. "We're on track to have an average season, which is about 200 rescues a year."

Year after year, SeaWorld's animal-care specialists rescue hundreds of sea lions, seals and birds in Southern California, with the occasional whale or dolphin rescue added to the mix. California sea lions are the most commonly rescued marine mammals, followed by elephant seal pups and harbor seals, according to officials with SeaWorld's Animal Rescue and Rehabilitation Program,



"Valentine" was rescued by SeaWorld staff in February after she was found malnourished, dehydrated and injured by a bullet in her flipper. She is being nursed back to health and is expected to be released soon.

Photo courtesy of Mike Aguilera, SeaWorld San Diego

Last year, SeaWorld experienced a light season with only 60 pinniped rescues in San Diego, said Terry. Busy

SEE RESCUES, Page 6



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ON VACATION WITH THE PENINSULA BEACON

It's vacation time! *Peninsula Beacon* readers are heading out of town and taking their favorite hometown paper with them! Don't pass up your chance to have your name and face published in *The Beacon*. Take us with you to whatever corner of the world you may be visiting and share your trip with other readers. Tell us your name and/or the names of your family members in the photo and give us a brief description of where the shot was taken. Email the photo and the information to beacon@sdnews.com. It's that easy!



Above, the Pate family of Point Loma holds up their *Beacon* on a trip to Floyd's Knobs, Ind. In the shot, from left, are Sonia, Abbie, Olyvia and Paul Pate. Paul also owns Blue Ocean Window Cleaning.

Left, Point Loma resident Mike Ryan brings his *Beacon* to the Auto Club's "March Meet" drag races in Bakersfield in March.



SWYC Benefit on the Bay charity event again ready to hoist sails

By DJANI SCHAFER | THE BEACON

The Southwestern Yacht Club (SWYC) in Point Loma will host its grand, annual Benefit on the Bay fundraising event beginning Saturday, April 14. To date, the SWYC and its sponsors have raised more than \$500,000 through the event to support San Diego Hospice and The Institute for Palliative Medicine. The event gives supporters three sets of events in which to participate.

"Southwestern Yacht Club members look forward to this event each year and we invite the community to come out to participate in the on-the-water activities and the evening gala," said SWYC Commodore Geoff Longenecker. "San Diego Hospice and The Institute for Palliative Medicine have been caring for San Diegans with life-threatening illnesses since 1977, and this is our opportunity to give back."

Both groups work to ensure that all patients facing life-threatening illnesses are "provided with the highest quality of care, regardless of their ability to pay."

The benefit event starts Saturday, April 14 at 5:30 p.m. with the Sunset

Soiree gala. The club's signature event includes hors d'oeuvres, hosted wine, a formal dinner, a silent and live auction, and live entertainment. Guests can place bids on various gifts, trips and adventures like a seven-day Star Clippers cruise in the Carribean or a week-long stay at a condo in Mammoth. Tickets for this part of the Benefit on the Bay are \$75.

The event continues Sunday, April 15 with the annual Charity Bay Race and Regatta. Now in its 25th year, the SWYC's event is one of the largest charity regattas in the nation, according to organizers. Crews will compete in a 10-mile course around San Diego Bay. The race begins at noon and can be watched nearly anywhere along the bay. For those who would rather participate than watch, participation is open both to public and to club members.

Following the race, there will be an after-party at 3 p.m. The party includes a barbecue, music, raffle and awards ceremony at the club, located at 2702 Qualtrough St. at San Antonio Ave. Tickets for the post-race party only are \$15 each. The entry fee for the race is

SEE YACHT CLUB, Page 7



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Atkins assesses issues in community klatch ahead of June redistricting

By **MARIKO LAMB** | THE BEACON

Local residents joined state Assemblywoman Toni Atkins for a community coffee chat at Bird Rock Elementary School on March 22 to discuss issues like education, healthcare, the state budget and keeping business in California.

Atkins represents California's 76th Assembly District, which currently spans from Point Loma to Bird Rock. After redistricting, which will take effect in June, the 76th District will shift north, spanning from Solana Beach to San Onofre State Beach. Much of the former 76th District will be represented by the 78th District, which will span from Imperial Beach to Solana Beach.

Here were some of the topics discussed.

Education

"The best way to invest in our economy is to invest in education," said Atkins, exemplifying strides in innovation, technology, science and medicine at UCSD.

"We're trying not to do more cuts to education."

Atkins urged community members who are concerned about education cuts and the recent onslaught of pink slips handed out to teachers to interact with their respective school board representative, unions and civic leaders about their concerns.

"We're all a piece of this discussion. It has to be local solutions. It all starts here," she said. "We're getting further and further away from dialogue and that's unfortunate because it affects all of us."

Healthcare

"California is one of the first states to implement the Affordable Health Care Act," said Atkins. "We're going to see an

increase in three million people statewide that will be covered."

Although there is much work to be done to educate the new recipients about their coverage, she said the act is promising for job growth in the medical industry, promoting a healthier community

and long-term monetary savings.

"The healthier we get as a community, the more we save in the long run," she said of preventative health care measures. "We're going to create more jobs because we're going to need more doctors, nurses and IT."

Business

"The problem is not that we have many businesses leaving, but what they aren't doing is expanding," she said. "California has more regulations than

SEE **ATKINS**, Page 4

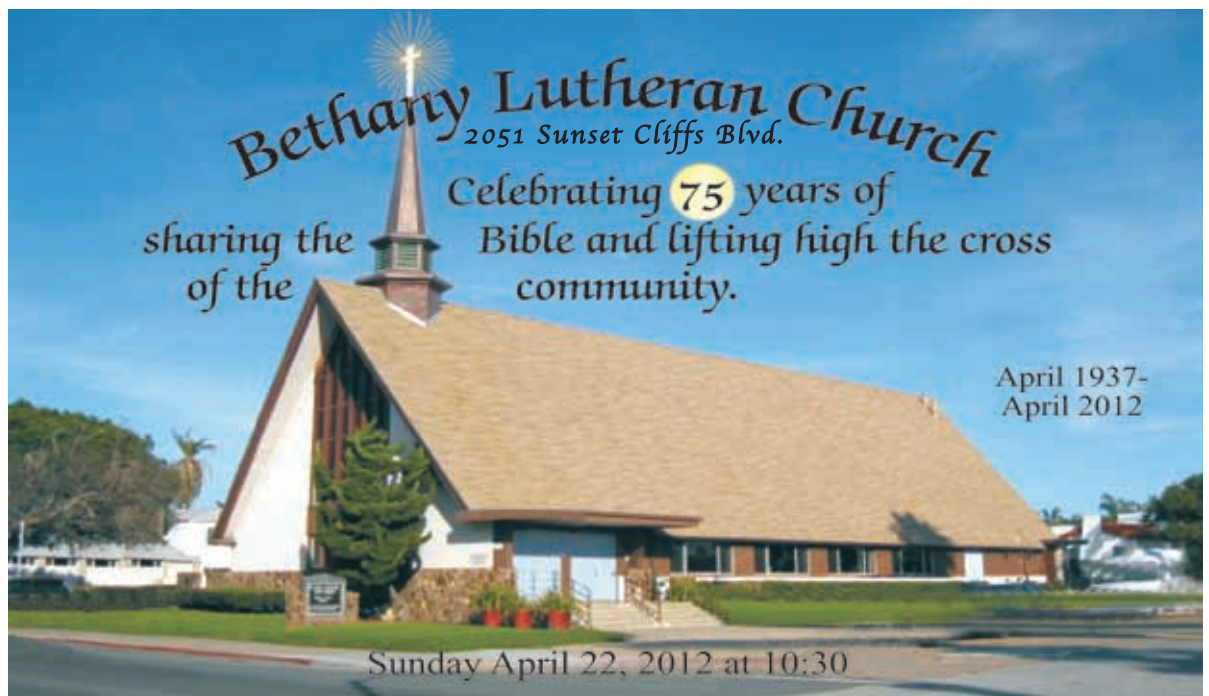


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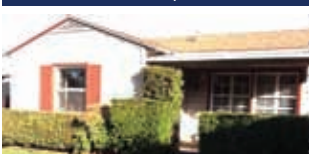
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Point Loma | \$315,000



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Point Loma | \$525,000



This 2 br, 1 ba home has a newer roof, full size laundry room, very large walk-in closets in both br's, original but refinished hwd floors thru out, remodeled eat-in kitchen. Lush grassy backyard w/gas-line hot tub! 2-car garage with alley access.

Point Loma | \$550,000



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Point Loma | \$399,000



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Bay Park | \$750,000



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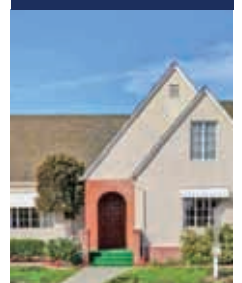
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Custom Tudor style home in tight knit Crown Point pocket with 4+brs, 2.5 baths, formal dining room, HW flrs (under carpet), 9' ceilings, vintage tile, cedar lined closets. 2nd story w/partial bay & night light views. Detached 2-car garage & nice backyard.

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Point Loma | \$1,895,000

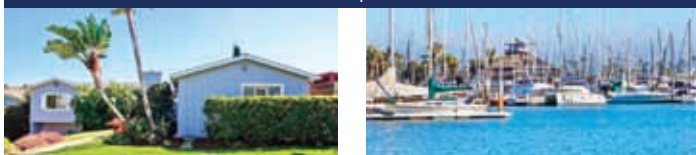


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NewsInBrief

Woman faces charges in fatal hit-and-run case

An 18-year-old woman remains free on \$50,000 bond after being charged with a hit-and-run case that resulted in the death of a man walking on the shoulder of Interstate 8 near the Nimitz Boulevard onramp on March 11.

Sho Funai, 23, of San Diego, was killed around 4:30 a.m., but Nikolette Kristina Gallo told police she thought she might have struck a sofa. Many hours passed before her arrest, but she has not been charged with drunken driving.

Gallo saw a news report about the fatality after the fact and called an attorney who then talked to police. Her attorney, King Aminpour, agreed in court for his client to wear a device that would show if she consumes alcohol in the future.

Her lawyer said she agreed to wear the device "to show to the court, to the public, that she is not a safety risk."

Gallo pleaded not guilty March 20 to the lone hit-and-run charge before San Diego Superior Court Judge David Szumowski. A preliminary hearing was set for May 16.

Funai was an engineer and it wasn't

disclosed why he was walking on the freeway shoulder prior to being killed.

"She's not a person dependent on alcohol or drugs of any kind," said Aminpour during a television news interview.

"She's really numb right now," said Aminpour. "That's the word I could use to describe her. She's numb, she's upset, she's saddened for the loss of the gentleman who was on the freeway that night."

— Neal Putnam



The rutted and pitted parking lot near the lifeguard station at Saratoga Park has been given a much-needed resurfacing, just in time for spring break. Photo by Bianca Koch | The Beacon

Pitted parking lot near tower finally gets facelift

Just in time for the spring break crush, city officials finished the long-awaited resurfacing of the Saratoga Park parking lot by the Ocean Beach lifeguard station.

The project was not only completed in time for prime tourist season, but much earlier in the year and in less time than expected.

Although city street maintenance workers originally thought they would need to close the lot for two days this month, only one day was needed to give the parking lot a new face and welcome "spring breakers" and the vehicles they drive.

Visitors and locals have both been complimentary.

— Bianca Koch

Two men arrested in 'FBI agents' scam

The FBI arrested two San Diego men on charges of impersonating FBI agents as part of a scheme to defraud. One of the men was arrested in Ocean Beach, according to authorities.

Nenad Videnovic, 22 and Brian John Murphy, 33, were arrested last week.

Videnovic was arrested in Ocean Beach by FBI agents March 27 at about 9:15 a.m. Murphy was arrested in the Mission Bay area later that same day at about 8:20 p.m.

Videnovic and Murphy were allegedly impersonating FBI agents in an attempt to defraud a San Diego woman out of more than \$200,000.



District 2 City Councilman Kevin Faulconer, left, works side by side with city crews along Oleander Drive in Point Loma on March 28 during what he dubbed a districtwide "Pothole Day" to create awareness of the pothole-reporting process. Courtesy photo

Faulconer, city crews host districtwide Pothole Day

District 2 City Councilman Kevin Faulconer joined six city crews from the Streets Division on March 28 to assess the impact recent rains have had on district streets and to increase awareness of pothole reporting. Dubbed "Pothole Day," the crews dedicated the entire day to filling potholes throughout the district to improve street conditions, including areas in Point Loma and Ocean Beach.

"Keeping our streets in good condition is a priority for me because improved

SEE BRIEFS, Page 6

ATKINS

CONTINUED FROM Page 3

most states."

Atkins said that while California competes with Texas and Florida for new business growth, California is unique in that state legislation emphasizes more stringent environmental standards than those two states, which makes owning a business in California more expensive.

The challenge, she said, is in finding the right balance to support in-state busi-

ness growth and ownership, as well as maintain good environmental practices.

Defense

The most recent round of the Department of Defense Base Closure and Realignment Commission (BRAC) was established in 2005 to "ensure the integrity of the base closure and realignment process," according to BRAC's website.

Atkins, alongside other state representatives, recently offered amendments to an assembly bill, which Atkins intro-

duced herself, that would protect California's military interests during BRAC's ongoing deliberations.

"We're trying to have a coordinated approach in California to hopefully not have to close down these bases," she said.

Atkins said California suffered from more base closures than any other state in previous BRAC rounds, with the potential of losing nearly 30 bases. With the new amendments, the bill will help "ensure that California has a clear strategy moving forward to support and retain our vital military installations."

State budget

With California facing a \$9 billion budget deficit this year, more cuts will have to be made, said Atkins.

The state gets its tax revenue from three primary sources — sales, income and property — she explained.

"There's no consistent source when the economy goes down. We're not in the most solid position because those are our three sources of revenue," Atkins said.

The elimination of redevelopment

agencies, as proposed by Gov. Jerry Brown last year, may be a long-term solution for money to trickle back into K-12 schools and other local services.

"We are already in the process of unwinding redevelopment agencies," she said. "Some of the money will come back as early as May, but it will take time for the money to go back to K-12 education and community colleges."

A seven-board committee will oversee the elimination process and determine where to direct funds, she said.

POINT LOMA SUMMER CONCERTS

Let there be music!

Call for auditions!

Point Loma Summer Concerts is holding auditions for anyone interested in:

- Singing a patriotic song to kick off the concert
- Playing on the Junior Stage (high school age and under)
- Junior Stage MC (high school age and under)

Auditions will be held on **April 28th, 10AM - 4PM**, at the **Pt. Loma Assembly Hall** (across the street from Cabrillo Elementary on Talbot St.). The only requirement is that participants work or live in Pt. Loma. For those in a band, there will be a backline provided.

To schedule an audition time, contact Junior Stage Manager, Ellen Scott, at erumpunch@gmail.com or 619.269.1309.

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TASTE

CONTINUED FROM Page 1

Last year, more than 600 people took part in the event. As always, guests can live out their Food Network dreams by sampling the offerings of numerous San Diego restaurants — from signature dishes to newly inspired offerings — all within the span of a single evening. Tasters will have the chance to fill their bellies and drink in the sights of San Diego's beautiful bay, while at the same time enjoying the camaraderie of fellow restaurant walk participants.

The event will run from 6 to 9 p.m., and tickets are \$20 per person, with a \$5 discount given to cyclists and Point Loma Nazarene University students.

The foodie festival gives restaurants the opportunity to gain exposure to potential new diners while also providing residents with the means to connect with and support local businesses.

The night kicks off with check-in at The Brigantine Seafood Restaurant, where guests may begin or explore the many other options — all at their leisure. Shuttles will be provided the entire evening to move participants from one location to the next if guests choose.

Tickets can be purchased in advance at www.peninsulachamber.com, or in



Guests get their fill during a previous Taste of Shelter Island event. The restaurant walk gives participants the chance to mingle and discover new restaurants while businesses get the chance to showcase some of their finest offerings.

Photo by Jim Grant / The Beacon

the parking lot of The Brigantine on the day of the event.

The Peninsula Chamber of Commerce was founded in 1960 and com-

prises Peninsula businesses who have come together help promote commerce in Point Loma, Ocean Beach and neighboring communities.

PARTICIPANTS IN THIS YEAR'S TASTE OF SHELTER ISLAND RESTAURANT WALK

- **The Brigantine**, 2725 Shelter Island Drive, (619) 223-9767
- **Red's Espresso Gallery**, 1017 Rosecrans St., (619) 523-5540
- **The Bay Club Bar and Grill**, 2131 Shelter Island Drive, (800) 672-0800
- **Miguel's Cocina**, 2912 Shelter Island Drive, (619) 224-2401
- **The Wine Pub**, 2907 Shelter Island Drive, (619) 758-9325
- **Pizza Nova**, 5050 N. Harbor Drive, (619) 226-0268
- **Red Sails Inn**, 2614 Shelter Island Drive, (619) 223-3030
- **Living Room Cafe**, 1018 Rosecrans St., (619) 222-6852
- **Harbor Town Pub**, 1125 Rosecrans St., (619) 224-1321
- **Old Venice**, 2910 Canon St., (619) 222-5888
- **Bali Hai**, 2230 Shelter Island Drive, (619) 222-1181
- **The Pearl Hotel**, 1410 Rosecrans St., (619) 226-6100
- **The Point Break Cafe**, 2742 Shelter Island Drive, (619) 758-9870
- **Blue Wave Bar & Grill**, 2051 Shelter Island Drive, (619) 223-2572
- **Supannee House of Thai**, 2907 Shelter Island Drive, No. 110, (619) 795-8424
- **Elegant Truffle**, 1111 Scott St., (619) 222-1889
- **Tailored Sweets**, 2919 Canon St., (619) 405-4427
- **Gabardines**, 1005 Rosecrans St., (619) 398-9810

DOCKS

CONTINUED FROM Page 1

they can take a guided tour of the world's largest state-of-the-art sport-fishing fleet, that just so happens to call Cup Harbor at San Diego Bay its home port.

Not only will there be an opportunity for families to explore boats, but to cruise San Diego Bay itself — on the cheap. Trips around the bay will run continuously throughout the day from all three Point Loma landings for just \$2.

Guests should be prepared to bring an appetite. The festival will not only offer plenty of food options but also classes on how to prepare the day's catch. Local chefs will be on hand with tips, ideas and techniques to improve the enjoyment of a fresh seafood catch.

Presentation topics will range from proper handling and storage to preparation of fresh fish. There will also be recipes and samples available at the seminars.

To become a seasoned fish-filleter, event organizers said one must become an expert fish-catcher — and there are seminars for that, too. Captains, crews and experts will give presentations to help improve hook-up and catch rates for both beginners and experienced anglers.

Gamboa said people are already getting excited for this year's new seminars and seminar presenters like Ronnie Kovach, who hosts Fishing Ventures Television on Fox Sports West. The first seminars start at 10 a.m., and topics range from sport-boat fishing techniques to choosing the right rod.

Other seminars, like "Bringing the Family into the Sport," offer something for everyone because Day at the Docks provides all-day activities for children.



Day at the Docks is expected to draw about 20,000 visitors with fishing competitions, San Diego Bay tours, seafood cooking and preparation classes, sportfishing boat tours, food, musical entertainment and other free fun for the entire family.

Photo by Jim Grant / The Beacon

There will be fishing areas set up on each landing for kids to get the chance to catch their own mackerel.

"For a lot of them, it's the first fish they've ever caught," Gamboa said.

Children ages 4-12 will be provided rods, reels and assistance by members of the San Diego Rod & Reel Club and the San Diego Anglers. Besides the hands-on fishing adventure, there will also be games and drawing contests for children.

And for the kids-at-heart or the super-competitive guests, there will be knot-tying and casting competitions throughout the day. Winners of the contests will be awarded fishing trips and tackle packages.

While Day at the Docks gives families the opportunity to win prizes, it also marks the official beginning of the spring sportfishing season — which means the memories will last longer than a day.

Point Loma has long been a hot spot for sportfishing and touts a variety of options that are available to fishing enthusiasts.

The event runs from 9 a.m. to 5 p.m. For more information, visit www.sportfishing.org.

Feeling like you paid too much in taxes this year?

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3. Tax-advantaged college savings accounts. Contribute or gift to a college savings plan for your children or grandchildren.

*May be subject to state and local taxes and the alternative minimum tax (AMT).

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Ask The Lawyer

SM

Question: -My parent (or spouse) died, do I need to see an attorney?

Answer: The answer is always yes, unless there are no assets to be transferred. If there is only a vehicle then you can use the DMV form called Affidavit for Transfer Without Probate. If there are no assets and there is a Will, the will should be deposited with the Court. When a real property owner dies, there is paperwork that needs to be completed within a certain time frame. Before the home can be sold or transferred to the heirs, the person's name that died must be removed. How this is accomplished depends on many factors, including whether there was a trust or if there was a surviving co-owner. This year, if the real estate or other personal property is valued at under \$150,000, you can do a short form probate that does not cost as much as a full probate. You can use this for bank and brokerage accounts also.

Another concern when transferring real estate are the real estate taxes. If the proper paperwork is completed timely in appropriate situations, the property taxes will stay the same. This is so important when tax bills can go up from \$500 per year to \$5,000 per year (or more.) This amount will pay for the attorney's fees quickly.



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LETTERS TO THE EDITOR

Story a disservice to responsible dog owners

Writer Martin Jones Westlin (“Canine pollutants marring Dog Beach’s illustrious exterior,” *Peninsula Beacon*, Feb. 9, Page 1) does a great disservice to the thousands of volunteers who help clean Dog Beach on a regular basis.

According to I Love A Clean San Diego, 80 percent of ocean pollution comes from inland areas. Sewer spills from Mission Valley and points east — and pollution from storm-drain runoff all along the 52-mile San Diego River — end up at Dog Beach. Recent DNA studies have shown that bird fecal contamination at Dog Beach is more than two and a half times that of dogs. Dog Beach must deal with sewer spills and all the pollution from upriver washed onto our beach via storm sewers.

The city Park & Recreation Department’s beach maintenance crews do a great job of emptying trash and occasionally screening the sand at Dog Beach. In 2001, Supervisor Greg Cox and the County Board of Supervisors, with the Ocean Beach Community Development Corporation, bought seven poop pickup dispensers for Dog Beach. Since then, Dog Beach Dog Wash has donated five more, and continues to supply more than 600,000 poop pickup bags at Dog Beach each year without help from other agencies.

Thousands of volunteers with Surfrider Foundation, I Love A Clean San Diego, San Diego Coastkeeper, Sacred Heart Academy, San Diego River Park Foundation, Dog Beach Dog Wash and Friends of Dog Beach conduct more than 16 cleanups a year at Dog Beach to remove what is less than 1 percent of the waste left behind by the irresponsible owners of the 10,000 dogs that visit Dog Beach each week. The few scofflaws who don’t pick up after their pets are usually people who visit after dark without a flashlight, or are too distracted by multiple

dogs/children/beach paraphernalia to notice what their pets are doing. We rely on volunteers to help clean the beach, and if the police and lifeguards want to enforce the law and ticket offenders, we support their efforts.

Dogs at Dog Beach are not the problem as Westlin, and the city spokesperson Harris, would have you believe. They and all others who care about ending beach and water pollution are welcome to join Friends of Dog Beach at regular Dog Beach cleanups every second Saturday from 9 to 11 a.m., and at the annual Creek to Bay event on April 28, the San Diego River Days event on May 12 and California Coastal Cleanup event on Sept. 15.

Dog Beach well deserves its “A” rating from Heal the Bay, and we hope it continues for generations of fun-loving dogs and devoted volunteers.

Jane Donley & Mindy Pellissier
Co-owners, Dog Beach Dog Wash
Ocean Beach

Reader agrees about OB entryway’s lighting

A recent letter to the editor in the Beacon caught my attention. It concerned the entranceway to Ocean Beach, and the lighting problem associated with it. I concur with the reader’s complaint. The lights are extremely bright and very distracting to drivers approaching the corner.

The eye is drawn to the entry lighting, instead of the traffic signal, creating the potential for a dangerous situation.

A simple solution may be to switch the existing lenses from clear glass to frosted glass, or something that would diffuse the glare.

As a long-time resident, I do appreciate your efforts to beautify Ocean Beach. Keep up the good work!

Walter Bradfield
Ocean Beach

Arts and Crafts Department, OBWC, circa 1931



Photo courtesy of Ruth Held’s “Beach Tower”

In April of 1927 the club leased the Flatiron building and remained there until October 1941 when high tides swept the club out to Sea. Destructive waves destroyed the 200 foot long Flatiron building.



Photo courtesy of Ruth Held’s “Beach Tower” Text courtesy of OBWC from OBMA website

The Ocean Beach Historical Society has preserved Ocean Beach History with their collection of photos and other memorabilia. Photos and stories will be shared both on the Ocean Beach Main Street Association (OBMA) website (www.Ocean-BeachSanDiego.com) and through the SD News / Peninsula Beacon. People are encouraged to share their memories and photos and become a part of the celebration. Please email them to info@OceanBeachSanDiego.com. Check the Event Calendar on the OBMA website for details on all annual events and be sure to check with OBMA’s online store for merchandise!



Dusty Rhodes and Robb Field full of fun ToThePoint

By JOHNNY McDONALD | THE BEACON

It’s a huge grassy area, maybe minus all the frills of its next-door neighbor. But Dusty Rhodes Park was a haven for preteen rugby players this winter.

Most of the year, the area located between Nimitz and Sunset Cliffs boulevards is filled with families who’ve come to party and play.

But from December through March, youngsters are mustered for 24 minutes of nonstop action, tackling, running and passing off a strange-looking ball.

Part of the problem for parents and friends is just getting to one of the two and a half playing fields. Parking a car in the narrow and limited lot is an assignment in itself.

One exhausted 11-year old was asked about his team’s huge, 60-0 triumph.

“It was great, but I’m really ready for Little League (season),” he said with a rather tired expression.

That next-door neighbor, of course, is Robb Field with all the bells and whistles to satisfy any sport enthusiast. And

there is plenty.

Along the San Diego River, this athletic field is complete with multiple baseball diamonds, areas for football and soccer, tennis courts, handball courts, a workout gym, basketball courts and a 409-square-foot concrete skate park.

And, there’s a department head for every sport category. Robb Field park hours are 4 to 8:45 p.m. Mondays through Thursdays, 4 to 7:45 p.m. on Fridays, and from 8 a.m. to 3:45 p.m. on Saturdays and Sundays.

Didn’t want Mussel — Maybe you knew this, but when folks started settling down, they were searching for a name to call Ocean Beach; anything that would identify with the area.

They came up with Mussel (not Muscle), Medanos (Spanish for dunes), Palmer’s Place and Palmiro’s.

Well, they eyed the expansive waters of the Pacific and admired the sandy shore and decided to keep it simple: Ocean Beach.

Careless Boaters – Damaged San Diego bay warning markers continue to be a navigating concern for the

U.S. Coast Guard.

The Coast Guard responded to three separate vessel collisions involving the navigational aids near the west end of Shelter Island in the past year, two of which were unreported.

“The responsible party in this case did not report the collision or damage to the Coast Guard when it happened, as is required by law,” said Petty Officer 1st Class Michael Tapp, officer in charge. “Unfortunately, they also left a dangerous hazard in the area that could have easily damaged or injured another mariner using that aid for navigation in the dark or in foggy conditions.

“A broken ladder was left perpendicular and protruding near the water line right at a level where it could have easily been struck again,” he said. “We are very fortunate that a mariner on a smaller vessel did not hit the dangerous protrusion from the pole and injure themselves or others.”

— *Johnny McDonald is a longtime writer and columnist for the San Diego Community Newspaper Group. He can be reached at Johnny23@cox.net.*

RESCUES

CONTINUED FROM Page 1

years, like ones bringing El Niño weather conditions, can send rescue numbers soaring to more than 400 rescues in a single year.

The seasonal spike is primarily the result of pups’ lessons on tough love and growing up.

“A lot of the younger animals are just getting weaned from mom and they’re not always prepared to catch fish on their own,” said Terry. “Once they can’t catch fish — that’s how they get their hydration — they get dehydrated.”

So far this year, SeaWorld has rescued 24 marine mammals, including 20 sea lions, two elephant seals and two harbor seals from areas all along San Diego’s coastline.

“Most of the ones we’ve seen in the last week have been dehydrated, malnourished and underweight,” Terry said. “One of the first things we do is give them a veterinary examination to see if there are any other issues or infections. Typically, it’s just getting them rehydrated and getting them fattened

up. They stay in our care from six to eight weeks if they’re not showing any signs of infections.”

In most cases, dehydrated pups learn their hard-knock life lessons and are back on their fins in no time. Occasionally, however, the pinnipeds are victims of circumstance.

On March 9, one sea lion was rescued after becoming entangled in fishing gear at the base of Devil’s Slide near La Jolla Cove. Rescuers had to rappel down a cliff for the dramatic rescue, cut the fishing gear off — including removing a hook in the sea lion’s mouth — and release the sea lion back into the open water.

In another instance in February, SeaWorld rescuers found an injured sea lion — which was named “Valentine” by SeaWorld staff — with an infected bullet wound to her left flipper. Although Valentine is still under the park staff’s care, she is doing well and will be released in a couple weeks, said Terry.

Most recently, SeaWorld rescuers and San Diego lifeguards rescued a 12-month-old pup in South Mission Beach, an elephant seal in Sunset Cliffs and two fully-grown male sea lions at La Jolla Cove — including one that weighed 300

pounds. The pup and elephant seal suffered from dehydration, and examinations are still ongoing for the two grown male sea lions.

At the time of publication, the number of sea lions and seals in SeaWorld’s care totaled 18.

For beachgoers who encounter a marine mammal that appears to be in distress, Terry recommends notifying a lifeguard on duty first to check whether or not the animal is, in fact, ill or in danger.

“If you observe an animal and you have doubts about the animal’s well-being, contact a lifeguard or other authority,” said Terry, explaining that sometimes the mammal is simply asleep or the mother has only left her pup for a short time.

“It’s strongly advised not to touch the animal. It is dangerous because they can bite or have an infection. It is also a violation of the Marine Mammal Protection Act. Leave it to the experts. Contact a lifeguard or call our seal hotline.”

If the animal is determined to be in distress, Terry urged beachgoers to call SeaWorld’s animal rescue hotline at (800) 541-SEAL (7325).

BRIEFS

CONTINUED FROM Page 4

roads enhance the quality of life in our neighborhoods. I urge all San Diego residents to call the city’s pothole hotline at (619) 527-7500 to report potholes.”

Faulconer said the city plans to invest about \$30,000 to repave city streets in fiscal year 2013 and about \$500,000 over the next five years in deferred capital maintenance for streets, improving

storm drains and fixing older city facilities.

Meeting set to gather bike-friendly feedback

The Pedestrian/Bicycle Advisory Committee for City Council District 2 will host a meeting on Tuesday, April 10 to gather input from residents and enthusiasts who want to make the area more bicycle friendly and safer.

District 2 includes downtown, Little

Italy, Bankers Hill, Mission Hills, Old Town, Point Loma, Ocean Beach, Mission Beach, Pacific Beach, Mt. Soledad and the Bay Park Area.

The meeting takes place at 6:30 p.m. at the Ocean Beach Recreation Center, located at 4726 Santa Monica Ave. Advisory committee members also welcome high school advocates who want to get involved.

For more information, email Nicole Burgess at nicole23@cox.net.



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LA JOLLA VILLAGE NEWS
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PRODUCTION
ADVERTISING SALES

LEGAL / CLASSIFIEDS
ACCOUNTING

JULIE HOISINGTON
KEVIN MCKAY (x131)
bbp@sdnews.com
beacon@sdnews.com

KENDRA HARTMANN (x133)
ljvn@sdnews.com
MARIKO LAMB (x132)
reporter@sdnews.com

CHRIS BAKER
MIKE FAHEY (x117)
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ALICE TONG (x103)
ROSE CECE (x105)
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KIM DONALDSON (x140)
HEATHER GLYNN
PATTY ANGLE (x120)

PHOTOGRAPHERS

DON BALCH, JIM GRANT,
PAUL HANSEN, MIKE MCCARTHY

CONTRIBUTORS

BART MENDOZA, BIANCA KOCH,
CAROL OLTON, DIANA CAVAGNARO,
JOHN FRY, JOHNNY McDONALD,
JUDITH GARFIELD, KAI OLIVER-KURTIN,
LORALEE OLEJNIK, MEAGHAN CLARK,
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NICOLE SOARES LARSON, ROB STONE,
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PATRICIA WALSH, VINCENT ANDRUNAS,
JOHNNY McDONALD

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OPINIONS

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MARKET

CONTINUED FROM Page 1

"My girlfriend eats vegan," said Coussins. "She was never able to find food she could eat. Lately, more vendors offer vegan-approved food. It's healthier. People dig that. One of *my* favorites is the barbeque guy. I believe he smokes the meats prior to the market."

Coussins said he had ordered the pulled-pork sandwich.

"It's prime," he said. "A great addition to the market."

The barbeque guy Coussins referred to is Tony Coronado, owner of Ranchwood Catering & Deli.

Tony has been at the Ocean Beach Farmers Market for more than a year.

Since he opened Ranchwood Deli six years ago, his experimenting resulted in a one-of-a-kind flavor.

"I got pulled pork, beef brisket and tri-tip — plain, or on a sandwich," Coronado said. "Our newest additions are different types of side salads like our vegetarian couscous salad or our awesome pasta salad."

Visitors interviewed during last week's market said they have noticed recent improvement in the markets' overall appearance.

Several people observed there seems to be fewer groups of intoxicated people throughout the market and surrounding streets.

Coussins agreed.

"It [the market] also looks so much

"My girlfriend eats vegan. She was never able to find food [at the OB Farmers Market] she could eat. Lately, more vendors offer vegan-approved food. It's healthier. People dig that."

DREW COUSSINS

Obecian, farmers market visitor

cleaner recently," he said. "That makes a huge difference. I like it much better."

Cat Williams said she tries to come every week from National City. She likes good bread with a crunchy crust.

"The very first time I came to this market years ago, I had trouble finding things," said Williams. "Luckily, I stumbled upon the lady who oversees the market's information booth. She helpfully pointed out the two or three baked-goods vendors to me."

"I ended up at Peggy's Pasta," she said. "They got a great selection — with crunchy crusts. Right next to Peggy's is the pesto guy. I buy my fresh hummus and fresh pesto from them. They also have an endless display of sample sauces."

Peggy and Richard Harben, owners of Peggy's Pasta, said they love to work the Ocean Beach Farmers Market personally.

"For eight years, we've been enjoying this market so much," Peggy said. "Our customers make every minute of the hard work worth it."

Along with artisan breads, baguettes and rolls, Peggy's Pasta carries freshly

made pasta, pasta sauce and avocado oils.

The pesto guy next to them, Costa Lisko, is the owner of Lisko Artisan Deli and Fish Market.

He said he, too, prefers to personally work the Ocean Beach Farmers Market. He said he normally needs a couple of helpers because he always has a crowd at his booth. His specialties for the market are the freshly prepared pesto and hummus, a selection of gourmet cheeses, a selection of olives and fine European pastries.

New on Liskos' menu is the vegan garlic spread made of plain garlic, garlic curry and garlic-basil.

For information about the Ocean Beach Farmers Market, contact manager David Kleman at (619) 279-0032. For music information and schedules, contact Michael Head at (619) 316-5539. For other general information, visit www.oceanbeachsandiego.com.



Visitors to the Ocean Beach Farmers Market stop to check out the pesto offerings at Lisko Artisan Deli & Fish Market, owned by Costa Lisko in background. Photo by Bianca Koch | The Beacon

YACHT CLUB

CONTINUED FROM Page 1

\$70 and will also include the admission to the barbecue.

The benefit and its festivities begin again the next month with the 42nd annual Anglers' Bottom Fishing Tournament on Saturday, May 5. The tour-

nament begins with a complimentary breakfast for anglers to kick off the day of fishing. The day ends with a weigh-in and fish fry. The entry fee to participate is \$75.

For more information about the events or to purchase tickets, call (619) 222-0438 or visit www.southwesternyachtclub.com.

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Free Living History Activities in Old Town State Park

Old Town San Diego State Historic Park has more than 10 free museums open to the public year-round. These museums have ongoing living history activities every Wednesday and Saturday from 10 a.m. to 4 p.m. to educate the public about what life was like in San Diego in the 1800s. The park also hosts free tours daily at 11 a.m. and 2 p.m. that begin at the Robinson-Rose Visitor Center.

Every Saturday of the month, the park offers a different taste of historic trades and craft guilds for visitors. The first Saturday of every month, the park hosts the Print Guild and Tintype Guild. Visitors can have a first-hand experience of how printed word and photography was executed in the early days of California.

On the second Saturday of each month,

the park hosts Californio Day. Between 1821 and 1848, people who lived in Southern California were called Californios. The unique cultural heritage and activities of the Californios will be shared and celebrated with visitors.

The third Saturday boasts presentations from the Quilt Guild, Fiber Arts Guild and the Mormon Battalion. Guest of the park will learn about the traditional methods of quilting, spinning, weaving and other fiber arts techniques. Visitors will also learn about the famous military unit, the Mormon Battalion, and how the impact of their service changed the history of San Diego and California.

On the fourth Saturday, the park hosts the Mountain Men and the Soap Makers Guild. Park visitors will learn about the

historic mountain men and the discoveries they found as well as learn the art of soap making.

In conjunction with the different events every Saturday, the park also showcases the Blacksmith Guild's presentation every Wednesday and Saturday morning and the Quilt Guild every Wednesday afternoon. For more information about the guild schedules of the day and their location in the park, visit the board outside the Robinson-Rose Visitor Center.

The Visitor Center and museums are open daily from 10 a.m. to 4 p.m. October through April and 10 a.m. to 5 p.m. May through September. To confirm hours of operation or for more information call 619-220-5422 or visit <http://www.parks.ca.gov/>

Barra Barra Unveils New Menu For 2012

Kids Now Eat Free Everyday

Old Town's Barra Barra Saloon is unveiling a new menu inspired by border town barbecue and Mexican comfort food. "This new menu adds more high quality selections of meats and fish such as Ahi tuna and flat iron steak," said Chef Jose Pulido. "While we have kept many of our customer's favorites and added a new twist on existing dishes, we wanted to use the excuse of the new year to launch items featuring a new style and flavor not commonly seen on this side of the border."

Barra Barra is also adding a special kids-eat-free menu for those under 10. It's available everyday during lunch and dinner with each paying adult.

Among the new menu options are two new salads — a Mexican Caesar with flat iron steak and a spiced, seared Ahi tuna with white balsamic dressing. These special dishes are not typically offered in Mexican restaurants on this side of the border.

The entrees anticipated to be the biggest hits on the menu include grilled Achiote salmon, sautéed fresh sea bass, prawns sautéed in a light butter garlic sauce and Barra Barra's seafood paella. The chefs are also adding a "meat lover's" fajita plate, which will include carnitas, chorizo, chicken and beef all in one serving. Black mussels a la diablo served in a thick spicy tomato diablo sauce, promises to bring a little heat to the taste buds.

The restaurant is also including a hickory smokehouse carne section to the menu, which will offer a variety of slow-roasted meats with hickory wood. Some of the entrees will be hickory-

smoked chicken, guajillo barbecue brisket and flat iron steak.

Barra Barra Saloon is a part of the Fiesta de Reyes plaza, which is located in the northeast corner of Old Town San Diego State Historic Park, at the intersection of Wallace and Calhoun streets. In addition to Barra Barra Saloon, the plaza boasts the Casa de Reyes restaurant and 18 specialty stores. For information call (619) 297-3100 or visit www.FiestaDeReyes.com.

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\$30 per person, \$45 with wine pairings.

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EASTER BRUNCH BUFFET

Sunday, April 8, from 10 a.m. to 2:30 p.m.
\$46 per person, \$23 children 12 to 6 years,
\$4 per year children 5 and under.

Savor a delicious brunch with relaxing ocean views this Easter Sunday. This buffet includes Passion Fruit Marinated Mahi Mahi Ceviche, Oven Roasted Prime Top Sirloin, Lavender Honey Glazed Bone-In Iowa Ham, a Children's Station, plus decadent desserts like Chef Amy's Chocolate Peanut Butter Truffles.

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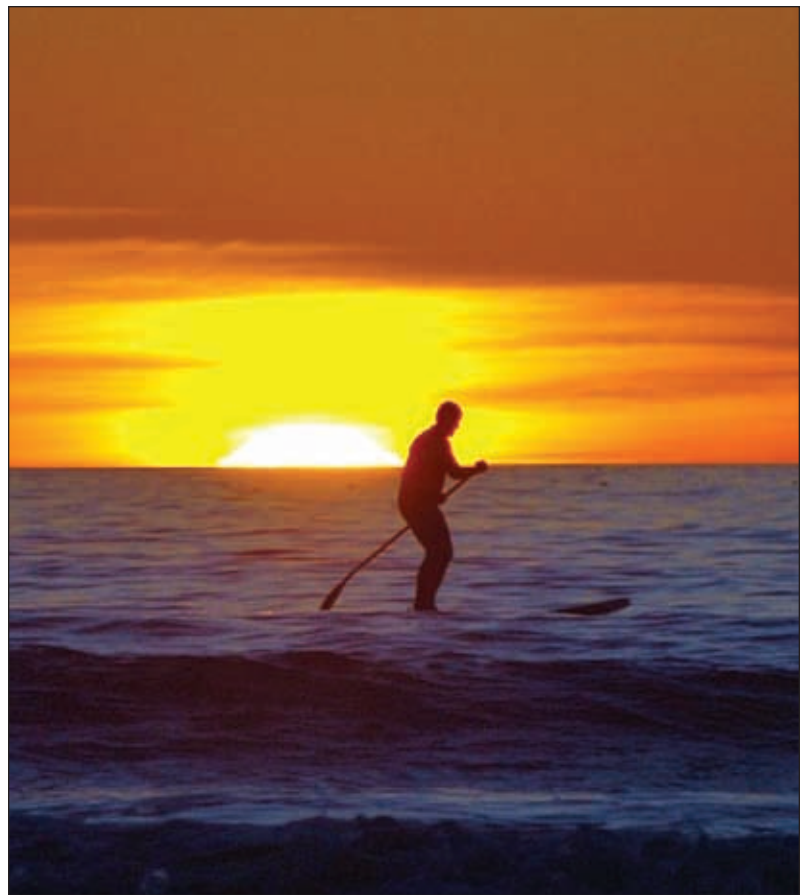
Take advantage of the time change, and wind down your day with our Six for \$6 Happy Hour! Choose from six appetizers and six drink specials—each only \$6. Menu highlights include Steamed Black Mussels, Baja Fish Tacos and a Zesty Blood Orange Martini.

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A lone paddleboarder takes advantage of some calm water as he spends some time reflecting amid the setting sun in Ocean Beach.

Photo by Jim Grant | The Beacon

PLHS: SportsInBrief

Former Pointer baseball star Andy Martin has been named Pitcher of the Week in the Landmark League. Martin plays for the U.S. Merchant Marine Academy Mariners. Courtesy photo

Martin scores collegiate baseball honors

A Point Loma High School baseball alum has earned honors playing at the collegiate level.

Andy Martin, class of 2008, was named Pitcher of the Week in the NCAA Division III Landmark League.

Pitching for the U.S. Merchant Marine Academy Mariners, Martin did not allow a run in 10 innings of work over two games last month. In his team's league-opener, Martin, a 5-foot 10-inch, 180-pound senior, tossed a complete-game shutout, scattering seven hits and striking out two.

Earlier in the week, Martin came on in relief and struck out two others during a three-inning appearance.

The Mariners are currently in second place in the Landmark League standings with a 5-1 record. Overall, the team is currently 10-6.

Martin's younger brother, Jake (class of 2009), is also on the Mariners team. Jake Martin, at 6-foot 1-inch, 220 pounds, shares time on the mound with his brother.

The Martin's parents, Jim and Mary, were mainstays of the Pointer baseball Booster group while their sons attended PLHS.

The U.S. Merchant Marine Academy prepares students for service in the merchant marine, military or transportation industries. A total of 910 students are enrolled at the King's Point, N.Y. campus.

— Scott Hopkins



Point Loma's Kevin Desta was named Eastern League Wrestler of the Year last week along with seven teammates named to the all-league team.

Photo by Scott Hopkins | The Beacon

PLHS grappler earns 'Wrestler of the Year'

A four-year veteran wrestler at Point Loma High School has wrapped up his prep career by earning the title of Eastern League "Wrestler of the Year."

Kevin Desta, a senior who wrestles in the heavyweight division, was named the top wrestler and leads an impressive group of teammates named to All-League teams last week.

Joining Desta on the first team are senior Alex Blea and juniors Keegan Bell, Baily Dugdale and Jovanny Sanchez.

Named to the second team were sophomore Daniel Harris, brother Michael Harris and Anthony Melfi, both juniors.

"I would have never gotten this award without my (teammates)," said Desta. "It is their award as much as it is mine."

Desta also praised Pointer coaches Phil Moore and Miles Doughty, calling them "the best coaches there are."

The All-League selections validate the hard work put in by Pointer wrestlers and coaches Moore and Doughty in recent years. This year's Pointer team lost only one dual meet, that coming at the hands of league champion Mira Mesa.

With the Pointers returning six All-League wrestlers next year, Moore, Doughty and their squad will be looking to hang a league championship banner in the Lee Trepanier Gym.

— Scott Hopkins

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Concert event to kick off fundraising series for PLHS class of 2014

Event intended to help soften escalating costs

By BART MENDOZA | THE BEACON

While the cost of an education can be expensive, this is oftentimes more true where extracurricular activities are concerned. Getting a head start to help the graduating class of 2014 at Point Loma High School, the school's Boosters have decided to host a series of fundraisers, with the first event scheduled for Saturday, April 14 at Humphrey's Backstage Lounge.

"Kind of forecasting ahead, our children are graduating in the class of 2014," said Caroline Costa, spokesperson for the Boosters for the class of 2014.

"Every year, graduation time comes up and there are things, such as Grad Night at Disneyland and The Senior Breakfast, which are really expensive for the children to participate in.

"So we thought that we would start fundraising now and holding a few benefits to gather some money together to help hold down the cost of the tickets for the parents and students who attend some of these events," she said.

Prices will more than likely increase by the time the class leaves school, but for now it's estimated the class of 590 students will need between \$12,000 and \$15,000 to help partially cover activities. As an example, each ticket to Grad Night now costs \$125. With other costs like testing guides and prom, fees add up quickly.

The April 14 fundraiser will feature live music from blues and rock quartet The Blonde Brothers, comprised of students from the school. Headlining the gig will be Temple of the Dad, a local rock band that donates its time and concert proceeds to help area schools.

Everyone involved is pitching in. The bands will donate their time and the show will be staffed by volunteers, while Humphrey's has donated the venue. This way, every penny of the funds coming in will go directly to the students.

Plans are for three such events to

take place each year with a different talent lineup, including some sort of student combo each time. According to Costa, the intent was to stay away from traditional high-ticket dinner-and-dancing-type fundraisers, sticking with a less expensive and shorter option.

"I've noticed that a lot of parents of a certain age prefer this more casual format," Costa said. "They might not want to stay out all night and an early show like this is perfect. Basically though, we wanted to put the 'fun' back in 'fundraiser. We wanted to give the adults a chance to go out and do some-

thing that was fun, quick and inexpensive, as well as contributing to a good cause."

The inspiration for getting involved comes from close to home.

"One of my friends, Lucy Devito, had her son just graduate last year," Costa said. "She became aware when his grade came around, 'Oh my gosh, we should have been fundraising for this two years ago.' It's

quite a bit to come up with, but in a few years we're going to have to do so. That's why we're thinking if we start now, we can do it."

Costa has fundraising experience, but said she is particularly happy to be involved with this effort.

"It's just wonderful to see so many people involved, helping from the heart," she said.

She's said she's hopeful the mix of music, Humphrey's harborside scenery and the good cause involved will be enough of a draw to help the class.

"It's a nice way to try to give children an opportunity to go to these special events when so much money is already being spent on them as they prepare to graduate," Costa said.

• **Point Loma Class of 2014 Fundraiser** takes place from 5 to 8 p.m. on Saturday, April 14 at **Humphrey's Backstage Lounge**, 2241 Shelter Island Drive. \$10.

For more information, visit www.humphreysbackstagelive.com.



Peninsula-based band The Blonde Brothers will perform in a fundraising concert event for Point Loma High's class of 2014 on Saturday, April 14 at Humphrey's Backstage Lounge. Courtesy photo

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www.stpetersbythesea.org

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Good Friday Service
April 6th at 12:00 pm

Easter Sunday Service
April 8th at 9:30 am
*followed by
complimentary brunch

"He is not here; for He is risen, as He said. Come, see the place where the Lord lay." Matthew 28:6



JUST DOGGONE MELLOW

With warmer temperatures likely on the way soon, Obi Wan Kenobi practices his lounging in advance of the dog days of summer. OB1, as he is referred to for short, is owned by a gentleman named Johnathan, who lives in Ocean Beach. Johnathan said OB1 loves wearing the sunglasses and is the mellowist of dogs.

Photo by Jim Grant | The Beacon

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Located in the coastal community of Point Loma, Gabardine is a haven for serious seafood enthusiasts and adventurous eaters seeking an exciting and distinct culinary experience. Gabardine plays host to an exceptional happy hour daily from 4-6pm featuring \$1 oysters, \$2 fries, \$5 beers and \$6 house wines. Gabardine's Sunday brunch is a fun take on breakfast favorites coupled with playful aperitif-based cocktails, mimosas and an extensive selection of local craft brews. In addition to creative brunch dishes, guests can indulge in Gabardine's cold bar delights such as razor clams and live spot prawns.



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The city's second jail, built in Old Town in the mid- to late 1800s, was a cage-like facility that was more of a holding cell for prisoners awaiting transport to a Los Angeles facility. It was later preserved and moved to Ramona, where it is on display today. *Courtesy photo*

Origins of city's jails steeped in many oddities

By JOHNNY McDONALD | THE BEACON

It has been well-documented historically that San Diego's city government got its infant start in Old Town — lock, stock and a jail to match — in the 1850s.

Joshua H. Bean was appointed as the first mayor, and among his initial duties was to select a sheriff. Of all people, it went to a Hungarian count by the name of Agoston Haraszthy de Mokcsa.

Unruly town inhabitants made life miserable, however, so the next major move in 1851 was to find a jail to corral them. This monument to law and order still stands next to the Sheriff's Museum in Old Town.

As the jail-building process began, the novice City Council sought bids for the construction of a suitable facility for the undesirables. Although a pair of brothers offered \$3,000 to build the first city jail, they lost out to Haraszthy's higher bid of \$5,000.

The fact the bidder's father was the council's president and that Haraszthy himself was sheriff and town marshal were, of course, major factors.

Haraszthy hired D.B. Kurtz to build the jail, a room that measured 20 feet by 50 feet, constructed of cobblestone that was set in common mortar — not cement — and covered by a wooden roof.

If a man was arrested for any crime, including murder, he would be visited in the jail three times a day by the sheriff. Then, prisoners would be escorted to a hotel where, along with the sheriff, the inmates would take a few belts of booze at the bar.

They might play a friendly game of poker for the drinks and consume a substantial meal at the county's expense.

There was also a question about the justice of the peace, a fellow named Patrick Reed, who apparently couldn't read or write. His signature came in the form of a big X.

Unhappy with what Haraszthy deemed as poor workmanship on the part of the construction company, he refused to pay D.B. Kurtz.

Several years later, a strange cage-like cell was bought for a jail, although it was actually more of a holding cell for prisoners set to be transported to a Los Angeles facility. It was escape-proof, but then, the prisoners were also in plain sight of everyone. Often, small boys would throw stones at the inmates.

This second jail facility became outdated and was preserved and later transported to Ramona where it can now be seen at the Guy H. Woodward Museum on Main Street.

Haraszthy was only in office for two years. He moved to Sonoma and purchased a parcel of 16 acres called Vineyard Farm which had been planted in 1834 by Salvadore Vallejo.

He was noted for the introduction of the internationally famous Zinfandel.

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Point Loma Seafoods reopens with lighthouse icon

By MIKE MCCARTHY | THE BEACON

Point Loma Seafoods, next to Shelter Island, has long been a popular landmark for locals and visitors to America's Finest City.

March 19 marked the beginning of a new era for Point Loma Seafoods, with the opening of a newly remodeled building, which includes an attached lighthouse. A lighthouse art dedication ceremony is slated for April 5 at 10 a.m., hosted by the San Diego Unified Port District.

Since 1963, Kelly Christianson, along with sons, Jack and John, has developed what was once a small fish store into a thriving market and restaurant business.

For the last 10 months, Point Loma Seafoods has been operating out of a temporary facility, awaiting the completion of the restaurant's remodeled site at 2805 Emerson St.

The floor plan basically remains the same from its original incarnation, with the addition of a second-story dining area, complete with a beautiful bay view of downtown San Diego.

The high beam ceiling and overall architecture gives the building a flavor of Monterrey's famous Cannery Row.

The main attraction is the attached, 30-foot lighthouse that has a working lantern to light up the boardwalk. Christianson's wife, Beverly, was a co-designer for the lighthouse art project.



The popular Point Loma Seafoods market and restaurant on Emerson Street sports a new remodel, complete with a cool new lighthouse art project outside. Photo by Mike McCarthy | The Beacon

The Port District requires that all improvements to property bordering the bay include some form of art appropriate to the coastal community.

Point Loma Seafoods complied by commissioning Jon Koehler, a Point Loma artist, to design and build a lighthouse that would be included in the new construction.

Koehler is well known, having designed several stainless-steel sculptures in and around San Diego.

The lighthouse art project is modeled after the old Cabrillo, located at the Cabrillo National Monument at the end of Point Loma.

Point Loma Seafoods has long been a part of the fishing community in San Diego. Over the years, the business has grown into one of the most visited seafood restaurants in town.

The family business continues to serve the freshest fish, shrimp and crab meat, along with homemade sourdough bread, tarter sauce and clam chowder.

The business also continues to process, fillet and custom-smoke fish for local sport fisherman.

Kelly Christianson said that with the new building, Point Loma Seafoods' mission remains the same as it has for almost 50 years — to serve and sell "The freshest thing in town."

For more information, call (619) 223-1109, or visit www.pointlomaseafoods.com.

Putting 'new generation of massage' at your fingertips with sanctuate!

By MARSHA KAY SEFF | THE BEACON

A new spa off Midway Drive is offering the ultimate no-excuse shiatsu massage.

It takes as little as 15 minutes. The cost starts at \$15 with no need to tip. Nobody touches you or attempts to chitchat. You get to keep your clothes on. Hair and makeup remain untouched. And there's no sticky mess from lotions.

A massage at sanctuate! — yes, that's the spelling and no, you won't find it in the dictionary — is being touted as the "new generation of massage." It combines techniques from the traditional shiatsu discipline based on reflexology, with "intelligent massage technology" to help men and women recharge and rebalance themselves. The spa in the Point Loma Plaza shopping center is the brainstorm of founder and CEO Karima Zaki.

The former vice president of development at the Hilton San Diego Bayfront who has more than two decades of experience in the hospitality industry, Zaki conceived the idea for her spa at a trade show, where her painful sciatica had been acting up.

Another exhibitor offered her a massage in a robotic chair that fully reclines and hugs the client as it kneads, vibrates, rolls, undulates and squeezes. And, in the midst of all the commotion and traffic of the trade show, an idea was born. By the time the massage was finished, the entrepreneur and single mother had the seed of a business plan in her relaxed and uncluttered brain.

At the end of January, she opened her first spa, built around the Inada Sogno DreamWave recliner-bed, and aimed at stressed-out individuals who don't oth-



Karima Zaki, founder and CEO of sanctuate! massage therapy off Midway Drive in the Point Loma Plaza shopping center. Photo by Marsha Kay Seff | The Beacon

erwise take the time to pamper and rebalance themselves when needed.

"I decided to open sanctuate! in response to a call for a way to find peace of mind, body and soul in a world where stress levels are high, time is in short supply and the number of demands placed on individuals at work and in the home are increasing rapidly," Zaki said.

She believes sanctuate! will redefine the traditional massage studio with the use of the cushy, leather Inada recliner-bed. Actually, she has four of them in the 1,000-square-foot space once occupied by Help-U-Sell.

Zaki gutted the place and rebuilt it with three private therapy rooms with domed ceilings to enhance the feeling of being "enveloped in someone's arms." Decorated in pale turquoise, gray and white, the spa is inviting for men as well as women of all ages, she said. She's

SEE MASSAGE, Page 19



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Beauty by Judy

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According to the Women's Institute for Fine and Thinning hair, there are 30 million women who are currently experiencing hair loss. It can begin as early as puberty, although it usually occurs between 35 and 55 years of age. In the past several years effective treatments have become available for fine, thinning hair. Professional hair loss treatments are most effective when used at the first signs of thinning or hair loss. After analysis of hair type and problem a personal treatment program should consist of the following:

- Prepare – massage with essential oils
- Shampoo – treatment shampoo for your hair type
- Condition – for dry or damaged hair
- Treat – apply products for hair loss.

Hair Color

Q: Should you color your hair if your hair is prematurely gray, or could gray help your business? A: Gray can be a matter of self-esteem. You may not be presenting your most professional, attractive self. By the way, the old adage gray men are distinguished, women are old doesn't hold true. Gray is a grooming issue, not a gender issue. A good rule of thumb, is to go one shade lighter than the natural color so it does not look harsh and goes with the skin tone. Low-lighting colors gray hair and leaves some natural hair showing, which makes gray hair less apparent. All white hair can make

some women look washed out. Warm, tan, or golden tones can add color to the hair and skin tones.

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Volume and length can be added with extensions. A unique patented process using real human hair attached with a protein bond does not damage your hair. The bonds are so discreet you can style your hair any way you choose. Most women who want this service suffer from thin, weak, and damaged hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook! Extensions come in 40 different shades.

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Why Would You Need a Geriatric Care Manager?

Jim's elderly father lived several hours from him and Jim was concerned. He knew his dad needed more help but wasn't ready for assisted living and wanted to continue living in his home. Jim went to The National Association of Professional Geriatric Care Managers and did a search for a care manager in his father's area. He found Innovative Healthcare Consultants listed, interviewed and hired one of our RN geriatric care managers to assist in coordinating his needs.

Since Jim didn't have experience or live in the area, the care manager was able to get Jim's father into a daily meal

program, through the VA, she got dad hearing aides and also got him a lifeline bracelet for emergencies. She takes Jim's dad to doctor's appointments, advocates for him, coordinates his medications and makes home visits to check on his well being. She reports back to Jim, with his father's permission.

Is it expensive? Not really when you consider the care manager is on call 24/7 for any crisis situation. The first few weeks coordinating the care and concerns hours may be increased. Then once the person is headed in the right direction, hours decrease and your peace of mind is restored. Medical needs increase as you age, so hiring a nurse geriatric care manager who specialize in helping to achieve the best health outcomes may be desired. You want someone who has been in the field for awhile and has experience in dealing with elder ailments. All the RN Care Managers at Innovative Healthcare Consultants are listed on the national website.

Expect the care manager to be your eyes and ears to your parent or spouse. Jim's father eventually needed more care and the care manager was able to arrange the move close to Jim, which was the most economical option. Jim says "The care manager allowed me to stop worrying and enjoy my dad's final years." See our website at www.innovativehc.com or call us at (877) 731-1442.

Earth Day at OB People's Food

This month in honor of Earth Day Ocean Beach People's Organic Food Market offers the following suggestions on surviving global climate change.

First and foremost, we need to end coal production. Coal puts more CO2 in the atmosphere than all other causes combined! Secondly, replace all petroleum-based plastic with hemp oil plastic. Hemp is the wonder plant. It grows to maturity in one season, is virtually pest resistant and grows in almost every micro climate. Hemp can be used for food and fiber as well as oil. Next on the list is a return to the family table. We are what we eat, and now it turns out, we are how we eat as well. We would do well to grow kitchen gardens and enjoy sit-down dinners. Last on this list: Establish peace and win-win solutions as the defining principles for conflict resolution. Sure we can. Really, we have to insist on it. Peace is inevitable. Whether humans are around to enjoy it is up to us.

Stop by People's Market this month on Saturday, April 21 and celebrate Earth Day by entering the Green Ride raffle to win a Schwinn bicycle. At People's – San Diego's only customer owned grocery store – we're open daily from 8 a.m. – 9 p.m. at 4765 Voltaire Street. Please call (619) 224-1387 for more information or visit us at www.obpeoplesfood.coop

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Spring & Summer Camps



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The afternoon theater program is designed for drama-loving kids ages 7- 15 and will be performing **Peter Pan**, directed by the talented Billy Stevens. This program is limited to 30 children. Each program is 3 weeks long running from **July 9-27** and includes all supplies, daily snacks, and an original tee shirt. The fee for each program is \$400. Space is limited. Pre-registration is required. For more info call **691-804-6648** or visit our website: **PLARTS.ORG**, and register today!!!

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Register now by calling 858.454.8273 or by logging on to www.surfdiva.com.

Vacation Bible School

Christ Lutheran Church in Pacific Beach, 4761 Cass Street, is hosting Son-Quest Rainforest Vacation Bible School July 23-27, 9:00 a.m. to 12:00 noon for children age 3 to grade 4. The program will feature music, Bible stories, craft time, snack time and more fun! The week will end with a closing program at noon and a picnic for the whole family on Friday, July 27th at 5:00 p.m. For information and registration forms, please go to www.christpb.org or call the office at 858-483-2300 and speak with Taffin.

Sign up for La Jolla YMCA Summer Camp

The La Jolla YMCA offers day camps all summer long, beginning June 13th - August 31st. Day camps range from a variety of choices and for all ages. There are more than 100 camps to choose from, including ice-skating, gymnastics, swim lessons, field trips to amusement parks and much more. Kids will learn, grow and thrive making lasting friendships and memories. Camps fill up fast so please sign up as soon as possible. To ensure that every child and teen has the chance to go to camp, the Y offers financial assistance to those in need. Also, it’s not too late to sign up for our spring camps, April 2-6. To register for either spring or summer camps, please visit lajolla.ymca.org or call (858) 453-3483 for more information.

Join Junior Theatre this summer to experience the wonderful world of Performing Arts

Campers will take classes in acting, dance, & singing. Traditional, Performance & Advanced camps are available in Balboa Park. Junior Theatre also provides K-3rd camps in La Jolla. Camps run June 13-Aug 31. For a list of camp dates, descriptions & pricing visit Junior Theatre.com. Register early as our camps fill quickly. San Diego Junior Theatre JuniorTheatre.com 619-239-1311

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instructors are CPR, First-Aid, and life-guard certified. In addition to our ever-popular Surf Camp, we also offer an Ocean Adventure Camp, in which campers explore the La Jolla Ecological reserve through kayaking, snorkeling, tidepooling, and of course, surfing.

Surf Camps are offered at three locations: La Jolla Shores, Del Mar, and Mission Beach. Basic and intermediate level camps available. Half- and Full-Day programs offered.

Group discounts and special pricing available! Best of all...we hold a free surfboard giveaway every week of camp!! Don't miss out – register now at www.menehunesurf.com or call 858-663-7299. See you at the beach!

Peninsula YMCA Camps

The Peninsula Family YMCA offers day camps all summer long beginning June 13 through August 31. Day camps range from a variety of choices and for all ages. There are more than several camps to choose from, including ice-skating, gymnastics, swim lessons, field trips to amusement parks and much more. Kids will grow, discover and explore while making lasting friendships and memories. Camps fill up fast so please sign up as soon as possible. To ensure that every child and teen has the chance to go to camp, the Y offers financial assistance to those in need.

To register to either spring or summer camps, please visit peninsula.ymca.org or call (619) 226-8888 for more information.

Camp Boogie Rocks

For over 10 years, Camp Boogie has provided a safe, affordable, and fun day camp program for children ages 6 to 12. Located at Robb Field in Ocean Beach, we have an outstanding reputation within the local community. Our summer program includes trips to the beach, a variety of

arts and crafts, group activities and games, and a weekly field trip. Field trips include such places as Knott's Berry Farm, Soak City, and the SD County Fair. All of these activities are included with enrollment! Campers have an opportunity to create new friendships, play outdoors, and have fun in a closely supervised environment.

For more information visit our website campboogie.com, or contact Brian Lozoskie, Camp Boogie's director and a California credentialed teacher, at 619-990-6192.

Westminster Presbyterian Preschool

Westminster is a preschool that started simply – just a mother (ex Kindergarten teacher) looking to educate her two-year-old – has matured into a local institution of sorts. “It brings joy to my heart,” said Judy Stephens, founder of the school. “I love what I'm doing and I'm very enthusiastic about education for children.” The school offers part and full time programs for ages 18 months to 6 years of age.

Since Westminster opened, its approach has been to create a hands-on, fun experience that prepares children for kindergarten with science, language arts and math curriculums. For example, a recent lesson plan took students on an imaginary trip to Italy, complete with a plane, luggage, and even a mini-Pompeii created in the school's sandbox.

The summer Programs feature bimonthly themes such as Kid Olympics or Underground Adventures. Also available is “Success in Kindergarten,” a class designed for children starting Kindergarten in the Fall.

“We give the kids an ‘I Can Do’ attitude,” said Stephens. “They're excited about school and the learning process.” This is the mindset that I want our kids to have.

For more information, call (619) 224-7403, or visit www.sdpreschool.com.

MESSAGE

CONTINUED FROM Page 16

already played hostess to a 22-year-old and an 86-year-old and everyone in between. Zaki said half of her clients are men, many of whom “are not the massage type of dude.”

The \$9,000 Inada recliner-beds, she points out, are a huge step up from the \$3,000 massage recliners sold at the mall.

“Think Volkswagen ... and then Ferrari,” Zaki said, trying to put it in perspective.

The Inada recliner-bed sports 30 motors, eight rollers and 101 airbags that envelop and pamper from head to foot and from back to hands. The massage starts with an infrared scan that finds an individual's pressure points to customize every massage.

Although anyone can buy the recliner-bed for the home, “There are so many distractions at home,” Zaki said. At the spa, clients get a private room — there's also one with two recliner-beds for couples — “for alone time we all crave.”

Zaki said she is optimistic about her massage-spa concept as interest has been increasing with word-of-mouth recommendations. She figures there are 315,000 people living within five miles of the place “and I need less than 5 percent of them to make this a booming business.”

Zaki indulges herself in a robotic massage about every other day. Not only is the therapy relaxing but it's helped her chronic sciatica, she said.

She recommends short, frequent massages, rather than infrequent, longer ones.

“A 15-minute massage once a week is good,” she said. “The sweet spot is 30 minutes once a week.”

Caring for your body with regular massages, she said, isn't much different from going to the gym.

“You can't go once a month and stay fit and healthy.”

The massage recliner-bed offers eight programs, which can be combined. Among the choices: a 15-minute full body; a full-body air, which Zaki said is great for pregnant women; a DreamWave, the signature massage for relaxation; an eight-minute Stretch, with special attention to the back and torso; the Morning, to kick-start the day, and Night, to wind down.

A sanctuate! massage just “feels expensive,” Zaki said.

A 15-minute session is \$15; 30 minutes for \$20 and 45 minutes for \$30. The addition of Stretch is \$5. A combination of two treatments plus Stretch, for example, is \$25. A \$75 monthly membership with no contract necessary consists of five, 30-minute sessions. There also are weekly specials, including a two-fer, Tuesdays through Fridays from 9 to 11 a.m.

“Our massages are time-efficient,” Zaki said, explaining that 38 minutes at sanctuate! is equivalent to 90 minutes of traditional massage. “A masseuse can't be so many places at once.”

A massage at the spa is “full immersion,” targeting all the senses to fully relax patrons and quiet the chatter in their heads, according to Zaki. In addition to the feel-good massage, there's the “unisex” scent of white tea fig, relaxing music on headphones, restful images on a flat-screen TV and, for taste, a gourmet chocolate at the end of the experience.

The spa welcomes walk-ins and groups, including bridal parties.

Zaki said she hopes to sell franchises nationally and internationally.

Someday, she believes, the quick, no-excuse, no-hands Shiatsu massage spas will be in every neighborhood, perhaps “the Starbucks of massage.”

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Westminster Presbyterian Preschool

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Part and full time schedules are available. The Summer programs feature bimonthly themes such as Medieval Times, Underground Adventures, and Kid Olympics. Also available: “Success in Kindergarten,” a class designed for children starting Kindergarten in the Fall. Fall programs include original monthly themes, cooking projects, Creative Kids Art Program, literature and alphabet activities, math and science themes for each age level, gardening, Kid Fitness Program and even a make believe trip to Italy in May.

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Schools InBrief

PLHS dance team takes first-place honor

A dance team formed at Point Loma High School claimed a first-place award at a recent performance.

The team, which goes by the name of Universal Motion Dance Company (UMDC), took top honors in its division at the Thuderstruck Dance Competition last month in Coronado.

UMDC is the first Pointer group to dance competitively in a decade, and their victory came against 19 other teams. UMDC alumni Marissa Eriksen choreographed the challenging routine, which originally overwhelmed

some current dancers. But the group was determined to master it.

"We've been working for months to get there, and to actually get there and hold the trophy ... it's great," said team member Brittini Hammett, a PLHS junior.

The first-place award has motivated the team to continue working and exploring other dance styles to showcase at future contests.

PLHS librarian Sarah Sine is the dance team's advisor. She said the group was constantly evaluating its progress and working to improve.

— Scott Hopkins

Loma Portal asks auction items, sponsorships

Every year, the Loma Portal Foundation holds a fundraising auction to support such capital improvements as the

computer lab, the amphitheater, academic and athletic programs, equipment, improvement to programs and enhancement of the physical structures.

This year's event is an auction and dinner, themed "Set Sail about SS Loma Portal" on April 20.

The school is appealing to community members and businesses for auction items. For more information or to help with donations, call Katherine Faulconer at (619) 726-2977 or Stephanie Dathe at (619) 846-0087, or email katherine@restaurantevents.com or stephanie@encompas.net.

PLHS slates production of 'Grease' in April

"Grease" is the hottest word around the Point Loma High School campus these days.

The school's drama department is presenting the Broadway hit musical on April 12, 13, 14, 20 and 21 in the school's Larry Zeiger Performing Arts Center. Curtain time is 6:30 p.m. each night.

Tickets are \$9 for adults and \$7 for students and can be purchased in advance at the PLHS Financial Office. They can also be purchased for \$10 each online at www.pointlomahigh.com.

The show is intended for mature audiences and is rated PG-13.

— Scott Hopkins



Silver Gate Elementary School third-grade teacher Kathryn Averkamp dresses up in a 1950s theme to help promote the school's "Hot Rods and Hogs" fundraiser to help raise proceeds for student programs and activities.

Courtesy photo

Silver Gate slates major fundraising gala

It's time to break out those leather or poodle skirts for the Silver Gate Elementary School's 17th annual "Hot Rods and Hogs" fundraiser. The hot rod and motorcycle-themed silent auction, dinner and dance takes place Friday, April 20 at 5:30 p.m. at the Liberty Station Conference Center, 2600 Laning Ave.

The event is the school's biggest fundraiser of the year and all proceeds go

toward The Friends of Silver Gate Foundation (FSG), a nonprofit organization devoted to financially supporting Silver Gate Elementary School's enrichment programs.

Music provided by the local 1970s cover band The Weener Pigs, while the upscale dinner menu will feed hungry guests in a biker-bar setting. The event will also feature original classroom artwork with wheel themes.

The event will feature a display of tricked-out motorcycles and classic cars and a photo booth.

Dancing follows the dinner and auctions and childcare will be available.

Tickets are \$69 per person, which includes a hosted cocktail hour and preview event, dinner and auction, or \$49 per person for dinner and auction only. Tables for 10 may be purchased for \$660 or for 12 people at \$795. Tickets for an opportunity drawing are \$10.

Organizers are also looking for individual sponsors to donate from between \$100 to \$7,500 and for businesses to donate goods and services to be auctioned off. Businesses can also promote their company in the silent auction's bid book. Advertising costs range from \$50 to \$200.

For tickets, sponsorship and advertising, call (619) 701-9649, or email Jamie Ritchey at jammieritchey@yahoo.com.

For more information on the event or the school, visit www.silvergate-school.com.

PLNU students join conference with Bernanke, congressmen

Nine Point Loma Nazarene University (PLNU) MBA students and five PLNU business professors and representatives from PLNU's Fermanian Business & Economic Institute (FBEI) embarked on an East Coast tour last week to attend the National Association for Business Economics (NABE) annual Economic Policy Conference in Arlington, Va. and meet with congressmen in Washington, D.C.

NABE's Economic Policy Conference is considered the premier national event addressing the nexus of economics, business and policy. The conference, themed "From Crisis Management to Long-Term Renewal," will examine timely policy changes to address the slow economy.

Ben Bernanke, chairman of the Federal Reserve, was the highlighted speaker. Lynn Reaser, PLNU's chief economist and former president of NABE, intro-

duced Bernanke to attendees. PLNU was also one of the gold sponsors for the event.

"PLNU's participation at this conference will represent another step in enhancing our recognition both nationally and globally," said Reaser. "Our meetings with various policy leaders will also be another way that our program offers a truly unique experience for our students."

In addition to the conference, the group met with Rep. Mick Mulvaney (R-S.C.) for dinner and with Rep. Duncan D. Hunter (R-Calif.).

One PLNU student in the group, Amy Serrano, was recognized at one of the conference's Monday lunch events, receiving a \$5,000 NABE Scholarship for the Arts last fall.

— Staff and contribution

Annual Easter Sunrise Service set at Cabrillo Monument

The Kiwanis Club of Point Loma will again present an ecumenical Easter Sunrise Service at the Cabrillo National Monument on Sunday, April 8. The services will be held in the lower parking lot, giving those who attend a great early morning panoramic view of San Diego Harbor and the city behind it.

This year's services will mark the 63rd consecutive year that the Kiwanis Club of Point Loma has provided this popular community service for the people of San Diego.

The gates will open at 6 a.m., with

the non-denominational service beginning at 6:30 a.m. There is seating for approximately 550 attendees and the public is encouraged to arrive early.

This year's speakers are Capt. Scott Adams, commanding officer of Naval Base Point Loma and Doug Beckham, Lt. Gov. of Kiwanis Division 21.

Chaplain Jerome Hinson, fleet chaplain for the Third Fleet, will conduct the service.

The soloist will be Kelley Mustain, accompanied by Brent Johnson. A musical interlude of patriotic music before

the service will be provided by the Navy Band Southwest and the Naval Base Point Loma Color Guard will open the ceremony.

The visitor and parking fees imposed by the National Park Service to visit the Cabrillo National Monument are not in effect for the Easter Sunrise Services. A fellowship time with coffee, tea and pastries follows the services.

For more information, call Barry Kistler at (619) 519-3812, or visit www.pointlomakiwanis.org.

— Staff and contribution

Surfrider schedules 'lawn patrol walk' at Sunset Cliffs on April 15

The San Diego County chapter of the Surfrider Foundation will hold a "lawn patrol neighborhood walk" on Sunday, April 15 from the corner of Sunset Cliffs Boulevard and Hill Street in Point Loma.

Led by landscape designer Morgan Vondrak, the lawn patrol will run from 9 to 11 a.m. Surfrider members, volunteers, advocates and those interested in improved water management policies are invited to enjoy an informative walk around an area of San Diego suffering from significant erosion issues, result-

ing in damage to nearby Sunset Cliffs Natural Park.

The proximity of the lawn patrol route to the park and bluffs will highlight how the choices residents make in gardening and water use directly impact the environment.

Participants will walk the neighborhood, utilizing Ocean Friendly Garden criteria to determine which properties have the best conservation elements. Flyers and information will be left with properties close to being in

Ocean Friendly Garden compliance, with an invitation for Surfrider chapter help and assistance in achieving full Ocean Friendly Garden certification.

Interested participants are urged to RSVP as soon as possible to info@surfridersd.org, and include "Lawn Patrol" in the subject heading. Ocean Friendly Garden criteria are available at oceanfriendlygardens.org.

For more information, visit www.surfridersd.org.

— Staff and contribution



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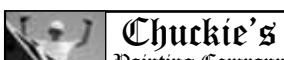
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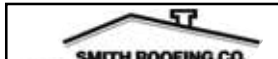
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San Diego International Airport

**Wednesday, April 18, 2012
4:00-5:30 p.m.**

Commuter Terminal
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Future Meeting Date

July 18, 2012



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City honors
Portuguese Immigrant
Week

District 2 City Councilman Kevin Faulconer, left, declared the week of March 13 as Portuguese Immigrant Week in San Diego during a special presentation at City Hall. The presentation, made ahead of the 102nd annual Portuguese Festa in Point Loma on May 27, honored nearly 20 past and present Festa queens – including some from the 1930s – along with a half-dozen past and current Festa presidents. *Courtesy photo*

Looking
» ahead

Peninsula-area events, April 11-28
WEDNESDAY, April 11

• **The Point Loma/Hervey Branch Library hosts a free presentation, “A Girl, A Guy and a Piano: Broadway’s Golden Age”** at 7 p.m. The library is located at 3701 Voltaire St. For more information, call head librarian Christine Gonzalez at

(619) 531-1539.

• **Cupcakes Squared is celebrating its four-year anniversary with four days of fun and giveaways.** The store is located at 3772 Voltaire St. For more information, call (619) 226-3485.

• **The Point Loma United Methodist Church offers a free program, “Gluten-Free and Whole Grains.”** The presentation addresses how to easily prepare and replace the gluten in your diet with scrumptious whole grains that provide a wealth of nutrients and fiber. The pre-

sentation takes place from noon to 12:45 p.m. at the church, located at 1984 Sunset Cliffs Blvd. For more information or to register, call (619) 788-4838, or email info@धारayoga.com.

April 13-14

Mozana Beads & Stones shop sponsors a two-night camping and mining experience at the Opal Hill Mine south of Indio. Camping at the mine is free and there are two Bureau of Land Management campgrounds close by. Participants will mine for fire agate, opal, chalcedony and many other native Southern California minerals. The charge at the mine is \$25 per person, per day. For more information, visit Mozana Beads & Stones at 4918 Voltaire St., or call Janiece at (619) 757-6547.

MONDAY, April 16

The Point Loma United Methodist Church hosts a free program, “Intro to Chair Yoga.” Experience how chair yoga can offer flexibility and inner harmony for special conditions. The program takes place from 11:15 a.m. to 12:15 p.m. at the church, located at 1984 Sunset Cliffs Blvd. For more information or to register, call (619) 788-4838, or email info@धारayoga.com.

WEDNESDAY, April 18

• **The Point Loma/Hervey Branch Library hosts Bruno Leone, presenting “Legends of Broadway and Other Tales.”** The free event takes place at 6 p.m. at the library, 3701 Voltaire St. For more information, call head librarian Christine Gonzalez at (619) 531-1539.

• **The Point Loma Peninsula Republican Women’s Club holds its monthly meeting** at 10 a.m. at the Point Loma Café, 4865 Harbor Drive. The program follows at 11 a.m. with featured speaker Mano Bakh of Iran, who will speak on the topic of “Shariah Law and Women in America.” A no-host lunch follows and visitors are welcome. For more information, call Marilyn at (619) 222-9532.

THURSDAY, April 19

The Ocean Beach Historical Society presents speaker Richard Dhu, program manager for the San Diego River Park Foundation. Dhu’s topic will be “A Tour of the Historic San Diego River.” The presentation takes place at 7 p.m. at the Point Loma United Methodist Church, 1984 Sunset Cliffs Blvd. For more information, visit www.obhistory.wordpress.com.

SATURDAY, April 21

Father Joe’s Villages Fiesta de Flores 29th annual Children’s Charity Dinner to benefit homeless children and teens of St. Vincent de Paul Village and Tousaint Academy. The event takes place at the Kona Kai Resort, 1551 Shelter Island Drive. Dockside cocktail hour and a silent auction beginning at 5:30 p.m. with dinner at 7 p.m., followed by and the music of Society Beat at 8 p.m. Attire is black tie or fiesta finery. Individual tickets range from \$300 to \$1,000; tables for 10 range from \$3,000 to \$10,000. Village Ladies Guild members and one guest are admitted for \$250; young professionals are admitted for \$200. For information or to register, call (619) 446-2108, or visit www.my-neighbor.org/fiestadeflores.

SATURDAY, April 28

The Dana Unit of Rady Children’s Hospital Auxiliary presents the 11th annual Point Loma Garden Walk to benefit the hospital’s Craniofacial Services Department. The walk, which takes place in the elegant La Playa neighborhood of Point Loma, will run from 10 a.m. to 4 p.m. The event also showcases local artisans and features a special plant sale. Tickets are \$25 and can be purchased online or at various merchant outlets. For tickets or information, call (619) 518-8663, email info@pointlomagardenwalk.com or visit www.pointlomagardenwalk.com.

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