



THE PENINSULA BEACON

SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY, JUNE 3, 2010

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Remembrance and respect

Local Boy Scouts and Cub Scouts fanned out across Cross Rosecrans National Cemetery on May 29 in advance of Memorial Day to place an estimated 65,000 American flags at every headstone and grave marker of U.S. veterans and their families. Above, Alex Monell, 9, finishes placing the last of an armful of flags. The Scouts planted each flag and saluted them, left.

PHOTOS BY JIM GRANT | THE BEACON

Dist. 2 City Council hopefuls ready for June 8 showdown

By SEBASTIAN RUIZ | THE BEACON

Three candidates have emerged to tackle a slew of issues facing San Diego City Council District 2, representing Ocean Beach, Point Loma, several other beach communities and the downtown area.

In the race are property manager and Pacific Beach resident Jim Morrison; Patrick Finucane of Pacific Beach; and current Councilman Kevin Faulconer of Point Loma.

With important issues such as rebuilding city finances, infrastructure repairs, water resources and redevelopment, candidates sound off on what is most important to them and what they would fight for if elected. Primary elections take place June 8.

City finances

City budget cuts in recent years have taken a toll on city services, including a paring of fire station crews and police department employees, along with cuts to other city services to save the city nearly \$180 million.

KEVIN FAULCONER

As the city's Audit Committee chair, Faulconer points to areas where city government departments can further streamline business practices to save on wastewater and Water Department costs, the office of the treasurer and printing costs.

"We're streamlining government to provide for quality neighborhood ser-

SEE **COUNCIL**, Page 9



PROPOSITION D

Voters to mull a permanent strong mayor

By ANTHONY GENTILE | THE BEACON

Although electing a new governor will steal much of the attention in the upcoming June 8 primary election, San Diego's Proposition D will have a profound impact on local government. The ballot measure gives voters the task of choosing between two distinct forms of government.

If Proposition D is passed, the strong mayor (mayor-council) form of government that has been in place temporarily since voters approved it in 2006 will become permanent, and a ninth council

SEE **PROP D**, Page 6

City to take PL power lines underground

By ANTHONY GENTILE | THE BEACON

In the coming months, a residential pocket of Point Loma will watch an electric eyesore go away. Construction started last month on Utilities Undergrounding Project 2J, which will move about 10,000 feet of overhead utility lines underground in areas that include Roseville, La Playa and Shelter Island within the next two years.

"It's important from a safety issue. You want wires underground," said District 2 City Councilman Kevin Faulconer. "From a quality-of-life standpoint and aesthetics, it greatly enhances the neighborhood."

Faulconer and Mayor Jerry Sanders

were among those on hand in Point Loma last month during National Public Works Week to celebrate the groundbreaking on the \$4.8 million project. Construction of underground utilities and removal of existing lines is a five-step process expected to take between 18 and 24 months.

"This is the first large-scale residential undergrounding project in Point Loma," Faulconer said.

The area covered by Project 2J is bordered by the corner of Clove and Hugo streets to the north, just north of Cañon Street to the south, and includes Shelter Island. In addition to the undergrounding of the lines, the project will entail the installation of 45 new streetlights and 32 trees.

Funding for the multimillion-dollar project comes from the city's Underground Utilities Program, through which city staff works with San Diego Gas & Electric (SDG&E), phone and cable companies to relocate about 30-35 miles of overhead utility lines annually. Project 2J in Point Loma is currently one of 24 similar projects under construction in various parts of the city.

"This is an issue that I am working on with SDG&E, Cox Cable and others to expedite this program so we can add many more neighborhoods as soon as possible," Faulconer said.

For more information, call (619) 533-3841, or visit www.sandiego.gov/undergrounding.



District 2 City Councilman Kevin Faulconer, left, chats with local residents following a groundbreaking ceremony last month for the city's utilities undergrounding project around the Peninsula area. Project 2J will move an estimated 10,000 feet of utility lines underground over the next two years.

COURTESY PHOTO



Announcing the 16th Annual Peninsula Beacon AMATEUR Photo Contest

Who Has The Best Photo of the Peninsula Area?

Enter your best photo portraying the Peninsula area taken in the past year. Photos will be displayed at the Beacon booth during the June Ocean Beach Street Fair. The public will vote for their favorite pictures. Prizes will be awarded for the top 3 photos & winning photos will be published in the Beacon.

HURRY! Deadline for entries is Tuesday, June 18th, 2010
Photos taken over the past year (June '09-June '10 may be entered!)

Entries may be dropped off at: The Beacon Offices 4645 Cass St., Pacific Beach (Across from the Post Office) or Mailed to: The Beacon ATTN: Photo Contest, PO BOX 9550, San Diego, CA 92169

Watchdogs release beach-health report card, press county for funds

By **SEBASTIAN RUIZ** | THE BEACON

Water-quality watchdog groups Heal the Bay and San Diego Coastkeeper handed down a mixed report card for local beaches this month. Mission, Pacific and Ocean beaches received good overall grades during

dry weather months, but each received poor grades during wet weather months when inland runoff mucks up the waterways. Vacation Isle of Mission Bay made the “beach bummer” list for some of the poorest water-quality test results in dry months — a time when runoff typical-

ly is not an issue.

The nonprofit environmental groups urge more waterways testing for bacteria — a step that would also require more funding. Gov. Arnold Schwarzenegger in 2008 cut about \$1 million for water-quality monitoring. “It’s challenging,” said Kirsten

James, water quality director for Heal the Bay. San Diego and other counties “[have] seen a decrease in funding for water-quality testing in recent years, so we’re looking for state and local [governments] to give us a sustainable funding source to continue water-quality testing.”

The statewide beach-monitoring program remains “essentially unfunded” starting in 2011, according to the environmental groups’ report.

Clay Clifton, San Diego Coastkeeper’s watershed monitoring program

SEE REPORT, Page 4



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After election woes, PCPB to fill new vacancy June 17

By **ANTHONY GENTILE** | THE BEACON

Fresh off of one regular and three runoff elections, the Peninsula Community Planning Board (PCPB) now has to fill a vacant seat. The planning board is accepting applications for the vacancy, which will be filled at the next regular meeting on Thursday, June 17.

The resignation of current board member Matthew Sanicki was announced at the May 20 PCPB meeting. Sanicki’s term expires in 2012.

“My office hours have increased on Tuesday and Thursday evenings and I am not able to attend monthly meetings. I feel that without attending the meetings I cannot voice my opinions or that of my fellow community members,” Sanicki wrote in a letter to PCPB Chair Charles Mellor on May 11.

Following an extended debate at last month’s meeting between PCPB members and community members about how to handle filling the vacancy — including numerous interpretations of the board’s bylaws — the board voted 6-4 to fill the vacancy by appointment rather than with another special election.

In accordance with its bylaws, the PCPB must fill a vacancy within 120 days from the time it is acknowledged. As a result, the board voted May 20 to fill the position during the June 17 meeting.

Applications are now being accepted to fill the vacancy. Applicants must be at least 18 years old and a Peninsula property owner, resident or have a local business address. They must also have attended one PCPB meeting.

Applications are available at www.pcpb.net or by calling (619) 222-2400. They must be presented to Mellor or PCPB Secretary John Gott by noon on Wednesday, June 16. Each of the candidates will be given five minutes to speak at the June meeting and more information can be found on the PCPB’s website.

In a related matter, the PCPB elected chairs for each of its subcommittees at the May meeting and created a new Form-Based Code Committee, which will be chaired by Jay Shumaker. New board members elected as subcommittee chairs included Patricia Clark (Parks and Recreation, P3), Robert MacCulloch (Airport) and Gott (Environment).

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Cultural pride, heritage on parade

At top, Centennial Festa Queen Karinna Evelina Feliciano, third from left; Prince Consort Daniel Silva and the queen's court march with pride in San Diego's 100th Festa do Divino Espirito Santo Parade through Point Loma on May 23. Top right, Portuguese dancers maintained the mood and flavor of the parade with entertaining spirit. Bottom right, past Festa presidents and queens rode floats to help tie together the longstanding tradition of the Portuguese Festa — San Diego's oldest ethnic tradition. Bottom left, the colorful and majestic event provided parade-goers with plenty of Kodak moments.

PHOTOS BY PATRICIA M. WALSH | THE BEACON

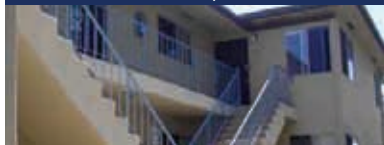


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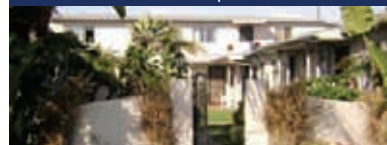


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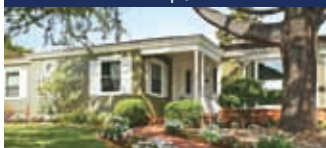
Point Loma | \$935,000



BUYER BONUS AVAILABLE Ocean & area views from this upgraded 4 br, 3 ba w/large family rm, hardwood floors & remodeled kitchen. A true back yard oasis complete with an outdoor fireplace, BBQ & hot tub surrounded by mature fruit trees & palms.



Point Loma | \$899k-950k



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Ocean Beach | \$595k-\$650k



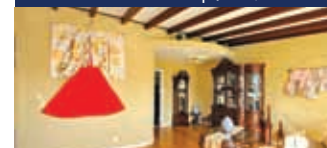
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Ocean Beach | \$575,000



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Point Loma | \$1,350,000



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OVERCOMING THE ODDS Ex-Point Loman to receive victories of spirit award

By ANTHONY GENTILE | THE BEACON

Rather than using a life-altering spinal cord injury 19 years ago as an excuse, Ryan Baker has used it as a tool to help others. Sharp HealthCare is recognizing the former Point Loma resident with one of its 2010 Victories of Spirit Eagle Awards on June 4 at the Hilton Bayfront downtown.

"I'm pretty flattered that I got nominated," Baker said. "It's an awesome honor and privilege to get this award."

In 1991, Baker was riding in a full-size van with his friends the day after his high school graduation. He was asleep between the two front seats when the driver of the van hit the car in front of them.

"The driver fell asleep behind the wheel and we rear-ended somebody," Baker said. "When we hit them I slipped forward and my head hit the engine cover in the van and compressed my spine at thoracic six."

As a result, Baker was left paralyzed below the thoracic six (T6) vertebrae. The location of the injury allowed him to still have use of his arms and hands, but he was completely without feeling just below his rib cage — a condition that placed him permanently in a wheelchair.

"I still experience frustration and I still miss a lot of the things I used to do," Baker said. "Even though I can still do a lot of these things, I'm having to figure out how to do it differently."

During his recovery process, Baker said interacting with others who had suffered spinal cord injuries was incred-

ibly helpful. Baker now lends a hand to others through the Sharp Rehabilitation Men's Spinal Cord Injury support group that he is a founding member of, along with serving through HeadNorth Foundation and Sharp Rehabilitation as a peer mentor for those newly-injured.

"In the 19 years of my injury, I've never learned more than I have from other guys in chairs that are dealing with it," Baker said. "Having that support group and being surrounded by guys that are dealing with the same thing is just a really beneficial outlet in order to exchange that information."

Physically active prior to his injury, Baker hasn't slowed down after it. Active in the world of adaptive sports, Baker recently started a new adaptive sport — wheelchair lacrosse. He first got the idea for the sport 16 years ago while playing tennis as a part of his rehab.

"I never had any exposure to lacrosse and never played growing up, but I'd always had the thought in the back of my mind, 'If I can push with a tennis racket in my hand, why can't I push with a lacrosse stick in my hand?' It seemed like a really natural transition," Baker said.

After mulling on wheelchair lacrosse for years, Baker shared the concept with his friend, Bill Lundstrom, on a ski trip last year. Committed to the new sport from that moment, the two began to experiment with equipment and rules, and continued on until they started the first wheelchair lacrosse team in the nation in San Diego.

"We went and got some used equipment and went out onto the tennis court



Former Point Loma resident Ryan Baker, seen here playing wheelchair lacrosse, will receive a Sharp HealthCare Victories of Spirit Award on Friday, June 4. Baker invented the sport of wheelchair lacrosse last year.

COURTESY PHOTO

and just played catch, to find out and see how viable it would be from a wheelchair," Baker said. "We learned that it was definitely possible."

Baker said the next step will be to take wheelchair lacrosse to the masses via the sport's website (www.wheelchair-lacrosse.com) and traveling demonstrations, and to publish an official rulebook. His hope is to have six teams around the country in two to three years — mainly so the local outfit has someone to play against.

"Our hope is just to keep it growing to a national level," Baker said. "Right now

there is no one else in the country that is doing this as an adaptive, competitive sport."

Baker lived in Point Loma from 2002 to 2005 and currently lives in Mission Valley. He and his father, Bob, are both members of Southwestern Yacht Club.

"We do a lot of fishing and sometimes we'll take other guys in wheelchairs out — either just take them for a bay cruise or get them out fishing," Baker said.

For more information about the 2010 Victories of Spirit Celebration, visit www.sharp.com/rehab. Tickets are still on sale for the June 4 event.

REPORT

CONTINUED FROM Page 2

manager and former county environmental health specialist, said that while report cards like these give beachgoers safety information regarding yearly water quality, he recommends checking the county's website and Heal the Bay's weekly reports for safety warnings.

While Coastkeeper supports the report card analysis, testing may not accurately reflect bacteria levels, Clifton said.

If the county tests on the third day of a three-day general advisory after rain or runoff, then it does not record information about bacteria levels on day one or day two, which may be different, Clifton said.

More data helps inform residents about health risks, he said.


The four southernmost beaches of San Diego were closed for a total of 115 days between April 2009 and March 2010, mainly because of raw sewage from the Tijuana River, according to Heal the Bay's report.

Another sewage spill closed Dog Beach in Ocean Beach for two days when about 15,000 gallons of sewage found its way into the waterway.

"We think it's important when you have millions of people — locals and tourists generating millions [of dollars] — that makes our beaches important enough to have a local funding source [for bacteria testing] and we should not have a state funding source that is uncertain and unreliable," Clifton said.

San Diego Coastkeeper continues to urge the San Diego County Board of Supervisors for more funding, he said.

The complete report card on beach water quality can be found by visiting www.healthebay.org.



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- Kevin helped broker a deal to save the city's firepits.
- Kevin fought to have the benches replaced along Sunset Cliffs Natural Park.
- Kevin worked to replace the La Playa storm drain, eliminating safety hazards and beautifying the waterfront.
- Kevin brought curbside recycling to Mission Beach.

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Monthly showcase at Liberty Station is a hands-on affair, hands down

By MARTIN JONES WESTLIN | THE BEACON

For all the colossal renovation that's taken place — and for all the rebuilding to come — a big part of the public mind can't quite wrap itself around Point Loma's Liberty Station as an art and culture destination.

The few buildings visible from the street look very much the same, and after all, the venue was home to one of the largest Navy training centers in the universe, with tens of thousands of cadets doing what they do best there for 74 years before the base was decommissioned in 1997.

To be sure, a place that old and storied harbors its share of hidden lore. That's why Alan Ziter, NTC Foundation's executive director, is so fond of the word "demystify" when he talks about the campus.

Everybody's hard at work lifting the veil, he said, through the advocacy of the local cultural experience. One exemplary program, he said, is vital to that end — never mind that it doesn't cost a penny to get in.

Since Friday Night Liberty began in October, as many as 8,000 patrons have sampled Liberty Station's wares, with everything from quiltwork to

dance rehearsals to a traditional and contemporary art exhibits. Nothing particularly sexy about all that on the surface — but last month, at least one reporter was intrigued by the scenes behind the scenes.

"That's our brand," Ziter said, "innovative experiences. As one of our board members said many years ago, we want to create a destination where you don't walk around with your hands in your pockets. It's not like some other destinations, where you see the finished production stage or you see the finished artwork on the wall. This is an opportunity where you can see the rehearsal process under way and demystify it. In retrospect, rehearsal is 95 percent of the process."

A look inside the Recreational Music Center yielded a performance by a Brazilian dance troupe eager to teach patrons the rules of the game. A block away, the San Diego Watercolor Society lined up its fare next to the artists themselves, happy to talk about their inspirations and the tools from which those inspirations materialized.

Dance Place San Diego was the site of an extremely informal ballet recital, one of many enterprises conceived



Art ranging from large-format canvas to drawings mounted on wood and miniature cut-outs on paper is among the featured fare Friday, June 4 at Liberty Station's Friday Night Liberty. COURTESY PHOTO

with the casual shopper in mind.

"We designed our buildings such that as you walk through the buildings you can look into the venues and see the rehearsals under way," Ziter said.

"You can see the artists painting. In retrospect, rehearsal is 95 percent of the process. People want to have the NTC experience demystified, so that's what we try to do at Friday Night Liberty."

The renovation phase of the Liberty

Station project is expected to take eight more years (only seven of the project's target 26 buildings are rebuilt).

The estimated cost of the entire project, begun in earnest in 2004, is \$100 million. Those figures seem more suited to fix-ups at Balboa Park, which invites comparisons with Liberty Station amid the former's large concentration of museums and sprawling acreage.

Ziter said, however, that such parallels yield only part of the story.

"Balboa Park has big buildings," Ziter said. "That makes this campus ideal for a lot of the mid-size and smaller organizations that right now can't find a home in Balboa Park. There's no dedicated building for dance, for example, in Balboa Park."

And still, there's all that accessibility that marks Friday Night Liberty. "Look at sports coverage today," Ziter said. "Look at how the reporters get to go into the locker room. When's the last time a reporter got to go into a rehearsal hall?"

This month's showcases begin at 5 p.m. on Friday, June 4. They'll include Bravo School of Art demonstrations and a summer camp sign-up; a rock band video game at the Recreational Music Center guaranteed to make one's child a star; and ballet demonstrations at dance Place San Diego.

There's no admission cost. For further information, call (619) 573-9260, or visit www.ntcpromenade.com and click "What's Happening."

SAN DIEGO TRUST BANK SET TO LAUNCH NEW POINT LOMA OFFICE By: Raymond Simas

San Diego Trust is excited to be opening a full service office in Pt. Loma Village this coming summer. The new Banking Center will be located at 1110 Rosecrans Street, Suite #101 (on the corner of Rosecrans and Avenida de Portugal) with reserved parking, an ATM and night depository.

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combined with its unparalleled financial performance provides a great deal of comfort to their clients in these uncertain times.

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(via Peninsula Bank) make it a natural extension of our operation," he added. "We are grateful to the many Pt. Loma residents and businesses that have already established their banking relationship with San Diego Trust and look forward to opening our newest office soon," Perry concluded.

Raymond Simas is SVP/Manager of San Diego Trust. Mr. Simas can be reached at 619-823-7505.

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Challenged America regatta to set sail

By AMBERLY DRESSLER | THE BEACON

The second annual West Marine/Challenged America Regatta is preparing to set sail along San Diego Bay from Bali Hai restaurant on June 11 and 12 to benefit Challenged America, a volunteer-based organization that provides learn-to-sail and advanced sailing programs for children and adults living with disabilities.

The event sets the compass on compassion, as more than 50 yachts are expected to navigate the bay Saturday, June 12. On land, a capacity crowd is expected to join the dinner and auction at the Bali Hai on Friday, June 11 with keynote speaker, race participant, TV personality and author Dr. Laura Schlessinger.

Several local organizations are at the helm of the event. San Diego-based Cortez Racing Association (CRA) and West Marine were first on board. The two collaborated and handpicked Challenged America as the event's beneficiary.

"We feel like they are doing a great job for handicapped people as far as sailing and yacht racing is concerned," said CRA Junior Staff Commodore Joe Saad.

The event tied down \$12,000 in its first-year effort. Saad hopes sponsorships — along with donated goods and ser-



Sailors will compete for the above trophies in the second annual West Marine/Challenged America Regatta on June 11-12. The regatta benefits Challenged America, an organization that provides learn-to-sail classes for those with disabilities. COURTESY PHOTO BY JOE SAAD

vices — will swell Challenged America's coffers on the event's sophomore try. Last year's buzz could have a ripple effect.

"Everybody who had anything to do with the event had nothing but excellent things to say about it, and they are looking forward to the second event this year," Saad said.

"We have been very much encouraged by everybody, and the reception and participation was extraordinary."

While race participation isn't for novices, Saad said land-lovers can join the dinner, enjoy the live band, participate in the silent auction and hear Dr. Laura.

"It's very festive," Saad said. "Last year was wonderful. We had great attendance and there were lots of beautiful prizes."

The activities launch June 11 at 4 p.m. when the local yacht club commodores race for the "Commodores' Challenge" trophy. The dinner at Bali Hai begins at 6 p.m. Saturday's regatta begins at noon.

For more information, visit www.WMCaregatta.com or e-mail joe@joesaad.com. To reach Challenged America, call (619) 523-9318, or e-mail Ahoy@ChallengedAmerica.org.

PROP D

CONTINUED FROM Page 1

district will be added within the city. If it does not pass, the city will return to the council-city manager form of government that it ran under from 1931 to 2006 and the number of members on City Council will stay the same.

In the strong mayor form of government, the mayor is removed from City Council and runs the daily operations of the city while the council sets the legislative agenda for the city. In the council-manager form, the mayor is a member of City Council and an appointed city manager runs the daily operations of the city.

Rather than a City Council vote, the strong mayor government gives the mayor a veto.

District 2 City Councilman Kevin Faulconer, a supporter of Proposition D, said the mayoral veto — which the City Council can override with a two-thirds vote — creates a system of checks and balances.

"The measure provides for increased authority for the council and the mayor, and it allows for healthy back and forth between the two branches of government," Faulconer said.

If Proposition D is passed, the new ninth council district would be created once the census redistricting process is completed this summer and the new seat will be filled in the 2012 election. District 5 City Councilman Carl DeMaio, a Proposition D supporter, said the ninth district prevents a tie vote and allows for a clear two-thirds veto override.

The additional council district would cost nearly \$1 million annually for staff salaries and supplies starting in 2012, according to the City Attorney's analysis.

Faulconer and DeMaio said they will propose that that figure be taken out of

existing council district budgets, but the cost of the effort itself is one reason District 6 Councilwoman Donna Frye is against Proposition D.

"It costs too much money at a time when the city cannot afford it," Frye said. "We're going to be paying more for a bigger government while we're not able to fund our police and our fire trucks and our library."

In terms of governance, Faulconer and DeMaio point to accountability as the reason to vote "yes" on Proposition D. They both agree that having an elected official be responsible for running the city is better than an appointed employee.

"Back in the city manager era, whenever there was good news, politicians fell all over themselves to try and take credit for it, and whenever there was bad news you couldn't find the politicians anywhere," DeMaio said. "It is about establishing clear roles and responsibilities at City Hall so that we can ultimately have accountability."

Frye, who has served on the City Council under both forms, is against the proposition and prefers the council-manager form of government because she believes the former system of government offers the public greater access to elected officials, specifically the mayor, who would act as part of the council instead of being apart from it. Frye said the public is better off with a qualified professional — a city manager — running the city's operations than an elected official.


"The mayor is now essentially the City Manager. They're the executive branch and they do what the city manager used to do," Frye said.

"Because of that, you do not have the ability to talk to that elected official, to watch that official vote and make decisions, to look them right in the eye and see them, week in and week out, having to make the tough decisions in public," she said.

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MAKING SENSE OF INVESTING

NEWS**briefs** Attendance up, rescues down for holiday weekend

Attendance at citywide beaches over Memorial Day weekend was up nearly 50,000 from last year, according to the city’s Lifeguard Services. Total attendance at beaches from Ocean Beach to La Jolla for the three-day weekend was 786,200, according to lifeguard figures. Despite the growth in the number of beachgoers, lifeguards made only 144 water rescues, 75 less than last year. During the weekend, lifeguards also recorded 190 medical aids and 4,811 “preventative acts.”

Funds for Navy fuel plume cleanup in sight

Congresswoman Susan A. Davis (D-San Diego) reported progress in securing \$20 million to replace a fuel storage tank at Naval Base Point Loma (NBPL). The tank replacement is part of the ongoing effort to clean up a fuel plume beneath the hills of Point Loma and to modernize operations at NBPL, the largest defense fuel terminal on the West Coast.

“Having lived in Point Loma, I know how important it is to the neighbors and the community that the Navy clean up the fuel plume and replace the faulty tanks,” said Davis. “This funding keeps that process on track so residents of Point Loma can have the peace of mind they deserve.”

Since the discovery of the fuel plume in 2006, Davis said she has led an effort in Congress to secure federal funding to clean up the fuel plume and modernize NBPL to protect the neighborhood from future contamination. Davis has secured \$195 million in total for the project.

The funding was approved by the House Armed Services Committee as part of the annual bill authorizing defense spending. The bill heads to the full House for consideration.

OBTC accepting grant requests

The Ocean Beach Town Council (OBTC) is seeking grant requests from community groups and organizations. The grant money, made available as a result of money raised by the OBTC Tree Committee, totaled about \$15,000 last year, according to officials.

To qualify, groups and organizations are asked to submit a one-page letter describing what is to be done with the grant money and the amount being requested. The deadline for requests is Tuesday, June 15. Grant requests should be sent to the OBTC, P.O. Box 7225, Ocean Beach, 92107, or may be made online at grants@obtowncouncil.org.

OBTC officials said the grants are open to all, but OBTC membership is strongly encouraged.

Recipients will be asked to provide a quarterly update that will be posted on the OBTC website. Successful recipients will receive a one-year membership to OBTC, renewable annually.

Past recipients of the OBTC grants include Loaves and Fishes, the Ocean Beach Historical Society, Sunset Cliffs Surfing Association, OB Community Foundation, Point Loma High School Boosters, Peninsula Girls’ Softball, Ocean Beach Planning Board and Friends of Famosa Slough.

PLA honors residents and business ‘foodies’

The Point Loma Association (PLA), which manages the Peninsula’s banner district and participates with the San Diego County Fair each year to

recognize residents and businesses for their accomplishments, announced the honorees to be featured on the 2010 street banner portraits.

The banners, which also include the Fair theme “Taste the Fun,” highlights local accomplishments in the culinary field.

The winners were nominated by PLA members and announced during a May 24 reception at Silvergate Yacht Club.

Photos of the winners will be hung on existing banner poles to advertise the Fair through early July.

This year’s winners are:

- The Arizona Café – Pam Komo
- Bali Ha’i – Larry Baumann
- Baron’s Marketplace – Rachel Shemirani
- Beach Sweets – Laura Smith
- Bravo’s Mexican Bistro & Cantina – Carlos Grijalva
- Brigantine Family of Restaurants – Mike & Erica Morton
- Brigantine Point Loma – Blake McElroy
- Ciao Bella – Luigi Tomatore
- Elegant Truffle – Jennifer Muratore
- European Cake Gallery – Linda Andrade
- Fairouz Café – Al Nashashibi
- Fiddler’s Green – Steve Rock
- Fresh & Easy – Nick Paulerio
- Girl Scouts of Point Loma
- Hodad’s – Mike Hardin
- Karl Strauss Brewery – Chris Cramer
- Marvelous Muffins – Sopheyay Ton
- Miguel’s Cocina – Benji Sanchez
- Old Townhouse Coffee Shop – Ted Caplaneris
- Old Venice Restaurant – Karl and Kathy Walters
- Pete’s Grill – Pete Caplaneris
- Point Break Café – Dawn Mantyla
- Pomodoro – Fabio Speziali
- Portugalia Restaurant – Jason Nascimento
- Roseville – George Riffle
- San Diego Food Bank – J. Scofield Hage
- Shades Bistro – Dave Martin
- Solare Ristorante – Roberta Ruffini & Maria Shepard
- Stump’s Family Marketplace – Dirk Stump
- Tender Greens – Pete Balistreri & Rian Brandenburg
- The Cookie Bookie – Michelle & Glenn Abrams
- The Ivy – Nathan Coulon
- The Pearl – Greg Strangman, Spencer Johnson and Kat Maner
- The Point Coffee Shop – Cindi Huang & Sharon Williams
- The Red Sails Inn – Stefan Jacob
- Third Corner – Marla Moore
- To The Point – Kristin Keltner
- The Venetian – Joe and Frank Giacalone
- The Wine Pub – Sandy Hanshaw



Rock Church pastor Miles McPherson, lower left, makes remarks during the opening of the new Rock Thrift Store on Sports Arena Boulevard on May 22. COURTESY PHOTO

Rock Church debuts its new thrift store

Rock Church pastor Miles McPherson was joined May 22 by District 2 City Councilman Kevin Faulconer, community leaders and dozens of special guests to celebrate the grand opening of the Rock Thrift Store, located at 3191-B Sports Arena Blvd.

The grand opening festivities included food, music, in-store specials, giveaways, a treasure hunt and a “fashion show” featuring church volunteers who modeled outfits put together from the new store.

The store is open for business daily from 9 a.m. to 6 p.m., and offers cloth-

ing, shoes, small household items, toys, and books donated by church members. It will be staffed mostly by church volunteers.

“I’ve seen the effects the economic crisis has had on San Diegans, and I know the role churches and volunteerism can play to help relieve some of this burden,” McPherson said.

“That’s why proceeds from the Rock

Thrift Store will help fund our church’s Do Something World outreach efforts such as local food and toy drives, our San Diego community cleanups and the city service projects we organize in partnership with the Mayor’s Office,” he said.

McPherson, a former San Diego Charger, is the senior pastor and founder of the Rock Church. He is also

the author of “Do Something: Make Your Life Count,” and founder of the Miles Ahead, which partners with businesses, churches and organizations around the world to harness the power of volunteerism and help people transform their communities.

For more information, visit www.therocksandiego.org.

ABDUCTIONS AND PARENTAL APATHY

By Mark J. Colangelo

A look at the news just over the past months includes and reveals: two abductions that resulted in sexual assault and murder; attempted abductions in National City, as well as all around San Diego County; OB/PB rapist sentenced; and, more criminals/sexual offenders being released into our supposedly “safe” communities. Given these undisputed and well-publicized facts, you would think that parents, PTO’s and school administrators would be promoting, providing and signing up for child-safety and/or abduction defense classes. Unfortunately, in regards to this life-and-death subject matter parental, PTO and/or school administration apathy is the norm.

Case-in-Point (Loma and Ocean Beach)

As a professional martial arts/self-defense instructor that has served the Point Loma/Ocean Beach community for 16+ years and who is the only certified “Field Agent” for the National Security Alliance – Kid-Safe-Network, I have noticed a seriously apathetic response from parents, PTO’s and school administrators in regards to child safety/abduction defense. Specifically I recently provided most (if not all) Point Loma/Ocean Beach elementary schools, middle schools and high school with over 6,000 abduction defense and self-defense program flyers. Additionally, I provided letters to each school principal and PTO president that: included a brief and unmatched biography; requested their cooperation in ensuring that the flyers actually are passed out to the students; as well as offering to speak at school assemblies and/or PTO meetings on the vitally important subject matter.

The response was surprisingly underwhelming! Specifically the responses were as follows: 2 teen-agers (high school level); 2 youths (middle school level); 2 children (elementary school level); 0 school principals; and, 0 PTO presidents. This is a pathetic and obviously apathetic response of .001 especially in view of the tragically important subject matter. *Since the flyers did recommend abduction-defense/self-defense specific classes 2 times per week for up to 6 months (because experts agree that a one-time seminar or even up to a half dozen classes do not work), this may have been a contributing factor in the pathetically low response.

Parents freely spend money on their children for: play-stations; x-boxes; cell phones; I-pods; video games; surf and skate boards; wardrobes; competitive sports; birthday parties; proms; summer camps; vacations and other extra-curricular activities, which are all great, but do nothing to address this obvious and growing problem in our communities. Most parents, school administrators and PTO’s say they will do anything to ensure the safety of their children. Sadly it appears that this is not the case if it actually requires a commitment of both time and money. However, nothing is more valuable than a child’s safety!

Real Skills

Real abduction-defense/self-defense skills require weekly consistency and months of repetitious training from experts in the field that combine: a more specific definition of who “strangers” are; awareness of the 16 most common lures used by predators; awareness of the most common “danger areas” when and where predators attack; and age-appropriate skills to get away to safety in the event of an attack. These skills are just like those for sports, music and good grades in that they require commitment and practice, practice and more practice.



Experience Matters

If you are going to shop around for an abduction-defense/self-defense program for your child, please do your homework and do not just sign them up for a martial arts program. I include the same brief biography I provided to the school principals and PTO presidents.

Mark J. Colangelo – Setting Sun Martial Arts

- 33+ years experience in martial arts and self-defense;
- The only certified Field Agent of the N.S.A., Inc. Kid-Safe Network in San Diego;
- President & Director of Law Enforcement & Military Survival Tactics, LLC;
- So. Cal. Regional Director for Police Tactics Instructors of America;
- Certified Defense Tactics Instructor;
- Certified Advanced Executive Protection Agent;
- Author of three martial arts/self-defense manuals and near completion of a Close-Quarter-Combat Survival Tactics manual for the U.S. Army Special Forces;
- Owner & Chief Instructor of Setting Sun Martial Arts serving PL/OB for 16+ years and Voted #1 in martial arts schools in The Beacon’s “Reader’s Choice Awards”;
- A Bachelor of Arts degree in Speech and Juris Doctor degree in Law;
- High level black belts in, not one, but three martial arts (karate, judo, jujitsu); and,
- Internationally recognized Founder & Grandmaster of the martial art (Go Jiu Bujitsu).

Where and When

Abduction-defense/self-defense program classes are available at:

Setting Sun Martial Arts (4993 Niagara Ave. #109) 619-223-8827

all summer long and throughout the school year at the following times:
5 year olds
Fridays 4:15-5:00 & 5:15-6:00pm;
6-7 year olds
Mondays & Wednesdays 5:15-6:00pm;
8-12 year olds
Tuesdays & Thursdays 4:15-5:00pm or 5:15-6pm;
13-adult
Tuesdays & Thursdays 6:00-7:00pm.

Please do not be apathetic or in denial concerning the now and more than ever, necessary abduction-defense/self-defense training for your child.

Your child’s safety is not only your #1 concern, but mine as well.

GUEST COMMENTARY

Keep the PCPB's election, appointment rules consistent

By SUHAIL KHALIL

After four arduous elections drawing 2,231 voters to the polls to seat five members to the Peninsula Community Planning Board (PCPB), the dust has finally settled. Or has it? The PCPB has just accepted one member's resignation on May 20.

Prior to the 2007 election between Darrold Davis and Cynthia Conger, the PCPB historically elected members by a plurality vote. Conger objected to the 2007 election results when she lost to Davis, so she and her appointed member, Geoff Page, [I believe] decided to ignore PCPB precedence.

Conger and Page engaged then-City Attorney Michael Aguirre to enforce the PCPB bylaws written in 1989 that mandated members to be elected by a majority in all general and runoff elections. The majority rule remained in force in 2008 when Page, as the PCPB's chair, forced another runoff after his chosen candidate lost. Dee Wylie, as the PCPB chair, worked hard in 2007 to change bylaws, only to have efforts fail when Page [I believe] delayed the submission of revisions to the city.

PCPB must end its "Ground Hog's Day"-style of electing board members. Constructive opposition or productive civil disobedience can be good for the PCPB, but opposition that turns into berating and misrepresentation of facts is toxic.

At the May 20 PCPB meeting, I witnessed 15 people claiming to represent our community of 60,000 demanding another election to fill the latest vacancy. Newly-elected member Page supported this demand and based his support on Aguirre's 2008 opinion letter. The PCPB rejected Aguirre's opinion letter in 2008 and thankfully did so again May 20. The PCPB has always filled vacancies by a board vote — per bylaws — and ironically, Page was appointed by that same rule in 2006. Why burden our community each time the PCPB has an unexpected vacancy? Why should a gang of 15 treat the PCPB with impunity when it abides by its rules? Congratulations to sitting PCPB for its integrity.

Interestingly, Page sought to appoint himself as co-chair of the PCPB's Airport Subcommittee on May 20. Page's company is a registered contractor with the San Diego County International Airport Authority and has received more than six separate opportunities to bid on San Diego International Airport expansion projects

since 2008. The PCPB wisely turned down Page's offer and selected [I believe] a more qualified member to chair this important subcommittee.

Page led a campaign to impugn my reputation, so let's set the record straight: 1.) I do not represent any special interests around Marine Corps Air Station Miramar; 2.) I have a strong voting record opposing airport expansions, self-certified environmental impact reports with memorandums of understanding and negative declarations that bypass the California Environmental Quality Act; 3.) I disclosed my business relationships to the PCPB and I recused myself when any actions had actual or perceived conflicts of interest; 4.) I worked tirelessly to ensure transparency and accountability of the Airport Authority; 5.) I established the PCPB's first airport mission, goals and objectives, held monthly committee meetings, annual community forums and created online resources and; 6.) I fulfilled my duty at all Airport Authority meetings, meeting regularly with federal, state and city officials on all land-use issues concerning our community.

Land-use planning is a complex process requiring all neighbors to cooperate for the greater good of our community. Combative, cynical and deceptive approaches of a few merely shut our community out of this process. Since 2008, the PCPB's efforts have stopped incompatible projects impacting our community. It is no longer acceptable for the Airport Authority to agree to disagree with the PCPB because of a vocal minority misrepresenting facts. Land-use planning requires a balanced approach between environmental and economic components and compatible plans must conform to our community's characteristics.

The PCPB is elected by our community, a self-governing body recognized by the City Council to advise staff and the council on land-use projects impacting the community. Thank you to all the good people serving on the PCPB, City Council President Pro-Tem Kevin Faulconer for the special commendation certificate and [Faulconer staffer] Matt Awbrey for his endless support. I am always willing and able to serve my community to protect the next generation's quality of life, we are so fortunate to enjoy today.

— *Suhail Khalil is a former PCPB board member who chaired the board's Airport Subcommittee.*

OPINION

PROPOSITION D: PRO & CON

Permanent strong mayor a change for better

By Councilman KEVIN FAULCONER

On June 8, San Diego voters will be asked to make permanent the strong mayor/City Council reform they originally approved on a trial basis in 2004. This reform has been a vast improvement over the previous council-manager system because of the safeguards, accountability, and checks and balances it imposed.

We no longer have City Council members trying to run the city through an unelected city manager. Before 2004, the unelected city manager had a vested interest in sweeping problems under the rug. Hiding problems from the public allowed past City Councils to avoid making tough decisions, and it allowed the city manager to keep his job.

Our city can't afford to go back to the same outdated system that created many of the problems we are now working to solve — but that's exactly what will happen if Proposition D is not approved. The former city manager system is how the city ended up with more than \$2 billion in unfunded employee pension obligations and hundreds of millions in deferred maintenance for streets, parks, libraries and recreation centers.

The strong mayor/City Council reform created executive and legislative branch-

es of city government. The mayor became the chief executive, accountable to voters for city administration. The City Council became the legislative branch, responsible for reviewing and approving the mayor's budget.

The strong mayor/City Council reform also created an independent budget analyst to analyze and question financial information. Problems that were previously swept under the rug are now subjected to vigorous and open public debate.

As a result of this reform, when something goes wrong with city management, the buck stops with the mayor — no more finger-pointing without anyone taking responsibility. In addition, major financial reforms have been enacted that have restored our city's credit rating.

This is good for taxpayers. The checks, balances and accountability found in our strong mayor/City Council government are not a new concept. They are tried, tested and work. They are the same ones established by our founding fathers in the U.S. Constitution that have served our country for over 220 years: separation of authority between the executive and legislative branches, clearly defined checks and balances with direct accountability to voters for performance.

More recently, voters approved Propo-

sition B in 2008 which required a vote this June on whether or not to make the strong Mayor/City Council reform permanent.

If approved June 8, the reform also would bring some changes to the strong mayor/City Council form of government. Proposition D would add a ninth City Council seat in 2012 to eliminate ties.

Proposition D also would strengthen the now-symbolic mayoral veto by requiring a two-thirds City Council vote to override a veto, similar to the provisions at the state and federal levels. Currently, the same five council votes needed to approve an action are all it takes to override the mayor's veto.

I am joined by Mayor Jerry Sanders, councilmen Tony Young and Carl DeMaio, the San Diego County Taxpayers Association and others who support this initiative.

Let's not go back to the outdated system that created our city's financial problems. Vote yes on Proposition D to make accountability and checks and balances permanent at City Hall.

— *Kevin Faulconer represents District 2 of the San Diego City Council, a district which includes Point Loma and Ocean Beach.*

League opposes Prop D as bad for San Diego

Election Day is just around the corner. On June 8, voters will be deciding the fate of Proposition D — making permanent the strong mayor form of government. Prop D is the controversial ballot measure that increases the size and cost of city government and turns our temporary strong-mayor system into a permanent form of governance for San Diego. The League of Women Voters recommends a NO vote on Prop D.

Why? Proposition D would make the strong mayor the permanent form of governance in San Diego. Unfortunately, it goes much further than that. Prop D would also increase the size and cost of city government by requiring the creation of an additional council district and all that goes with it: additional

office space, staff, salaries, pensions, benefits and a ninth City Council member.

We're asking you to ask yourself: does it make sense to expand San Diego city government when the city is flat broke — when road repairs, street maintenance, libraries, parks, lifeguards, police, firefighters and too many other neighborhood services are on the chopping block? Is this the time to create bigger and more expensive government?

To help you make an informed choice, we encourage you to go to the League website at www.lwvsandiego.org. You'll find an eye-opening report on the underside of our five-year experience with a strong mayor form of government, as well as background information on Proposition D.

You'll also get a startling look at the "who's who" of financial supporters of Prop D. After reading it, I think you'll agree with the LWV that our city can't afford Prop D — not financially, and not if you value the standards of good government espoused by the LWV.

The LWV doesn't have access to the hundreds of thousands of dollars accumulated by the special-interest supporters of Prop D to get the word out. Instead, we're counting on neighbors telling neighbors, friends e-mailing friends and everyone else willing to stand up for good government in San Diego to vote NO on Prop D.

Norma Damashek
Co-president, San Diego
League of Women Voters

LETTER TO THE EDITOR

those commitments by foisting them off on others.

This is exemplified by the parkland rehabilitation, the cost of which was pushed off on the Liberty Station residents by creating a Mello Roos District. Then the cost of bringing up to city code the Navy buildings in the historic district was pushed off to a foundation created by McMillin with only a token donation.

Thus far [I believe] McMillin has also ducked out of building the sorely-needed parking garage that was in the precise plan. The list goes on and on.

The McMillin company in consortium with some Realtors and other special interests, including a former City Councilmember who [I believe] contrived to

oust the non-business members of the public on the board because they were objecting to McMillin not abiding by the agreements in the development and disposition agreement, the precise plan and the advisory committee recommendations relative to their getting all that public land for next to nothing.

On June 17 there will be another attempt by the PCPB majority at placing yet another McMillin crony, Suhail Khalil, on the board, despite his rejection by the public majority in the last four public elections.

Jarvis Ross
Former PCPB member
Point Loma

PCPB's plan to appoint disenfranchises voters

Back in 2000, the Peninsula Community Planning Board was largely comprised of architects, developers, realtors and investors. I have always said they should be represented on the board but not control it. In the ensuing years, gradually there was equal representation by members of the public, who only had the community's best interests at heart.

When the former Naval Training Center was given to the Corky McMillin Co. for a pittance — in return for a number of things they were to do to benefit the public — a conflict ensued. McMillin [I believe] succeeded in ducking out of all of

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COUNCIL

CONTINUED FROM Page 1

vices. I'm proud of my record as chairman of the city's Audit Committee where we've made numerous structural changes to eliminate waste and to get the city's credit rating restored and back in the infrastructure bond market."

JIM MORRISON

A 2001 District 2 City Council candidate, Morrison said making the city business friendly to manufacturers can help dig the city out of a looming budget crisis.

"Those jobs with small businesses generate taxes and fees that go back into city coffers. Another program I would like to start is to utilize community storefronts, staffed by retirees that would help with job-skill training for small businesses [to apply] for grants or federal funds. I think that's an obligation of any generation is to teach the next generation all these things."

He also said that the city should not be borrowing money to fix streets.

PATRICK FINUCANE

Finucane said current talks of increasing city tax revenue to the Centre City Development Corporation over the next several decades is the wrong direction for the city when police and fire services should be extended or restored.

"70 to 80 percent of roads need repair, but at the same time we're talking about building and redevelopment. This is the kind of stuff that got us to where we are right now. We're talking about these projects that sound great, but don't provide services to the average resident. I'm running because I think we need to provide services."

Unfunded pension liabilities**MORRISON**

"We need to sit down at the table with the city's employees and ask them for some concessions ... the pie has really grown smaller and we really need to have them meet the city halfway or part of the way to resolve some of the city's financial shortfalls. It not only affects the safety of the public but it also affects their safety ... We can't [declare] bankruptcy or we'd have to sell Balboa Park and the other jewels we have in this city and nobody would like to see that happen."

FAULCONER

"The city has also moved to a two-tiered pension system, frozen retiree healthcare costs and voters passed Prop B [which states] any increase in pension benefits must be approved by the voters. The biggest challenge that I look forward to tackling in the coming year is a new retiree healthcare system, because the city has an enormous unfunded liability that is unsustainable without significant changes."

FINUCANE

"What the city needs to do is go back and ask voters to raise taxes to pay for [pension liabilities], and if they're not willing to do that then we have to look at the two-tiered [pension] system."

Water

The city — and the state as a whole — faces potential water shortages because of ongoing drought conditions and shortages from the Sacramento Delta. Experts say San Diego imports up to 90 percent of its water supplies.

FINUCANE

Finucane said he would support an indirect potable reuse water plan that would divert part of the flow of wastewater away from the Point Loma wastewater treatment plant. He said this would allow the city to upgrade the wastewater treatment processes and help keep the beach waters a little bit cleaner and more attractive to tourists.

"The city should also come up with a reasonable plan to increase services for residents. Or to reset our priorities and

restore the basic services for our city [including] police, fire, clean roads ... and clean water."

FAULCONER

"I think it's a mix [of solutions]. It begins with conservation, and residents in District 2 have done a phenomenal job. The city has cut its use by 13 percent. That [conservation] has to remain our focus because we're at the end of the pipe from the Colorado supplies. I'm a big proponent of purple pipe system [that recycles water for irrigation uses] and ... I also think that desalinization will play an increasingly important role in the future."

MORRISON

San Diego and California should con-

tinue to import its water from other states and possibly from Canada, Morrison said. He said he would use his position as councilmember to lobby state legislators to move in that direction.

"Shortages keep growing and an effort should be put into that [Northern California] canal. We import coal and other [resources] I don't see why we can't import water."

Important issues**MORRISON**

"I went to [downtown] and talked to them. They want a park. They don't necessarily want to go to Balboa Park and they want a park down by the

water ... I want to go to work on that issue."

Morrison added that airport noise issues for the Point Loma communities should be addressed, as well as vacation rentals and the rash of Floatopia parties which could pose a danger to bay revelers. He said addressing those issues would take a lot of time.

FINUCANE

"This race is about the priorities and about city government and I think it should be about services and not catering to special interests, like downtown [special interests]. I'm running because I'm hoping to force the city to prioritize our neighborhoods and not special interests [like] downtown developers and

hoteliers. Right now the city prioritizes the wrong things ..."

FAULCONER

"The city of San Diego has to live within its means and that is something that I'm a firm believer in, and we put priorities in neighborhood services and not growing the city's bureaucracy. I'm fighting for managed competition. That's the ability of the private sector to come and compete for city services. That will save taxpayers millions of dollars. The voters approved this process two years ago. Some have tried to stop its implementation and I'm fighting for it to be implemented."

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S'mores is one of the most popular desserts enjoyed around the campfire and at cookouts. Now you can enjoy the flavor of this delectable dessert without the fuss of toasting marshmallows over an open flame.

S'mores history dates back to the early 20th century. While the actual recipe origin is unknown — considering most camping recipes were passed down from generation to generation — the first printed recipe for s'mores appeared in 1927 in the Girl Scout Handbook. S'mores were popular campside treats because of the portability of ingredients. It was easy to pack a bag of marshmallows, a box of graham crackers and a few bars of chocolate.

The combination of sticky marshmallow, smooth, rich chocolate and crunchy graham crackers provides a perfect melding of flavors. However, s'mores weren't the first pairing of these ingredients. Mallomar cookies and Moonpies also featured these ideal components.

To make a delicious dessert that builds upon the s'mores flavors and theme at your next summertime event, try this recipe for Frozen S'mores Cake.

Frozen S'mores Cake

- 1 quart vanilla ice cream
- 1 quart chocolate ice cream
- 10 or 12 graham cracker squares



Instead of s'mores made over a campfire, try this dessert that captures their flavor.

- 1/4 cup melted butter
- 1/2 tablespoon sugar
- 1 jar of hot fudge
- 1 bag mini-marshmallows
- 2 tablespoons water
- Vegetable shortening

Crush graham crackers in a zipper-lock bag or pulse in a food processor until made into crumbs. Add sugar and melted butter to the crumbs, mix and press into the bottom of a spring-form pan. Bake at 350 F for 10 minutes, or until the crust browns a bit.

Soften ice cream by letting it sit out

of the freezer for a few minutes. Use a spatula or spoon to spread the chocolate ice cream over the cooled graham cracker crust. Spread desired amount of fudge topping over the chocolate ice cream. Then spread the softened vanilla ice cream over the fudge layer.

Coat a microwave-safe bowl with a thin layer of shortening. Add most of the marshmallows, reserving a few for garnish, and the water to the bowl. Microwave for about a minute to a minute and a half until the marshmallows are melted. Top the vanilla ice cream with the melted marshmallows.

Place the cake in the freezer overnight to harden.

When ready to serve, place the garnish marshmallows on top and drizzle with a little melted hot fudge. You can use a kitchen torch or a barbecue lighter to add a little browning to the garnish marshmallows to make them look like they were toasted over a fire.

Slice and enjoy quickly before it melts. This cake also makes a great alternative to a store-bought ice cream birthday cake.

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Tango maestra goes the extra step, pairs passion with precision



Tango instructor Colette Hebert demonstrates her dance flair with one of her advanced students, Gerardo Sahagun.
COURTESY PHOTO BY LEV TSIMRING

By HILLARY SCHULER-JONES | THE BEACON

Colette Hebert sweeps through her studio at The Dance Place on Truxtun Road with a grace that reveals decades of dance experience. She is lithe and lively as she points out the floor-to-ceiling mirrors on one side of the space and the bank of windows on the other side overlooking Liberty Station.

Her enthusiasm for teaching is evident, but it is when she begins talking about her tango career that her passion truly bubbles over.

Originally from Canada, Hebert started out as a painter and created a following that lead her all over Europe and Latin America. It was through her travels that she was introduced to her Spanish husband and, subsequently, to the dance of Argentinian folklore.

She made her living by painting during the day, but at night she turned to tango — her favorite hobby.

As she became more immersed in the dance, she sought out the world's top maestros to help her improve, counting legendary tango maestro Juan Carlos Copeze, as well as renowned dancers Mingo Pugliese, Oswaldo Soto and his brother, Miguel Angel Soto, among her early mentors.

Then she met Richard Council, a young dancer from the United States, and with him came the opportunity to turn her hobby into a career. Together, they won the 2003 IDO USA Tango Championship and, afterward, they received requests from around the world to teach workshops, put on performances and compete against other top dancers.

"Now tango became really my life," she said of winning the championship. "[My painting career], forget about it. But it was OK because tango is art —

for me it is [like] having a white, blank canvas and I'm composing, I'm creating."

Although Hebert and Council parted ways a few years ago, both are still teaching dance, and Hebert moved to San Diego in January 2009 with a new mission: to make America's Finest City the top destination for tango in the United States — a title she said is currently held by San Francisco.

"San Diego is a big city, but the community of tango is small compared to the huge population. I said to myself, 'If I'm here, that will be my contribution in trying to really enlarge the community and have new members that take advantage of this incredible and very, very healthy sport,'" Hebert said.

Since she started teaching just over a year ago, she has had 400 students take her classes. She said many of her students come to her with a passion for the dance, and she helps guide them toward the proper form.

"Let's say tango has two legs," Hebert explained. "One leg of tango would be to have the passion of tango ... you cannot go to Vons and buy one pound of passion. You have it or you don't have it. But, the other leg of tango is the technical aspect of it. Even if you have the passion, you have to learn it. It's the art of precision. I have this ability to deconstruct or break down everything ... for me it is easy, the technical aspect, and this is what I am teaching all of my students."

Hebert teaches classes six nights a week and spends her days leading private sessions. She said that for many of her students, the attraction to tango is about having a new outlet for expressing their emotions.

"All of the emotion of a human being that we don't put into words,



Since she began teaching tango just over a year ago, Colette Hebert has already had 400 students take her dance classes. Her ultimate goal is to make San Diego the top destination for tango — eclipsing the current favorite of San Francisco.
COURTESY PHOTO BY LEV TSIMRING

you have [with tango]," she said. "It's a dialogue between two human beings, and you know how life is today: we work, work, work and work, work, work and eat and work ... The human quality aspect? People really find it in tango."

Hebert offers a free class for new students on Mondays and Wednesdays at 7 p.m. For more information or to view a class schedule, visit www.tangowithcolette.com.

Edward Jones Named #1

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By SmartMoney Magazine

Receives high marks for client satisfaction, client statement and stock-picking

The financial services firm Edward Jones was named the No. 1 full-service brokerage firm in the June edition of SmartMoney magazine, according to the three local Edward Jones financial advisors.

"We are honored to once again receive this recognition," said Edward Jones Managing Partner James D. Weddle. "We are particularly proud of our client satisfaction scores. Our success hinges on our ability to provide personal service from convenient branch locations. The foundation of that personal service is face-to-face interaction with our clients so that we may understand their long-term financial needs and tailor investment solutions to meet those needs."

"Across-the-board strength vaults Edward Jones into first place," according to the magazine. "The St. Louis-based firm ranks first in three survey categories this year: stock picking, brokerage statement and customer satisfaction."

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The firm has consistently been ranked highly in the SmartMoney survey as No. 2 in 2009 and 2008 and No. 1 in 2007 and 2005.

Edward Jones, which ranked No. 2 on FORTUNE magazine's "100 Best Companies to Work For" in 2010, is headquartered in St. Louis. The Edward Jones website is located at www.edwardjones.com, and its recruiting Web site is www.careers.edwardjones.com. Member SIPC.

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ROCK BOTTOM

PLHS senior Callejon a triple threat in athletics, academics, community

PLHS senior Davis Callejon confronts a Serra defender while picking up yardage during the Pointers' 31-7 victory last season. Callejon, a three-sport Pointer, received a National Football Foundation award as the team's top scholar-athlete. PHOTO BY SCOTT HOPKINS | THE BEACON



By SCOTT HOPKINS | THE BEACON

Whether it's opposing football carriers, school textbooks or community work, Point Loma High School (PLHS) senior Davis Callejon is a hard-hitter.

Callejon was recently honored by the San Diego Chapter of the National Football Foundation and College Hall of Fame as the top scholar-athlete at PLHS.

In the classroom, Callejon carries a 3.7 cumulative grade-point average, reaching 4.0 last semester. He was named to the *San Diego Union-Tribune* All-Academic football first team and has been a member of California Scholastic Federation for all four years of his high school career. His academic roots reach back to Ocean Beach Elementary, and Dana and Correia middle schools prior to PLHS.

A star on the gridiron, hardwood and diamond, Callejon named football his favorite sport, saying he relished the "mood before a game, the crazy atmosphere — just getting pumped up" before kickoff.

While playing wide receiver, defensive back and serving as the Pointers' primary punt and kickoff returner, Callejon earned First Team All-Western League honors, along with the respect of his coaches and teammates. Already a senior team captain, teammates voted Callejon Most Valuable Offensive Player following a 9-4 season that culminated in Qualcomm Stadium playing for the CIF Championship.

"My favorite football memory is catching a 65-yard touchdown pass from (quarterback) Keegan Fitzgerald on the first play of our (CIF playoff) game

against Mount Miguel," said Callejon.

During the season, he caught 23 passes for 595 yards, averaging 25.9 yards per reception.

"I started playing sports when I was five years old," Callejon said. "Mostly baseball, basketball and soccer."

But football didn't enter the picture until he reached PLHS.

"My parents didn't want me playing football because of (the chance of) injuries, but when I got to ninth grade they said it was my choice," Callejon said.

A member of the freshman team as a ninth grader, by his sophomore year, Callejon said his body had grown and he became a two-way starter on the junior varsity team, followed by two years on varsity.

Callejon has also left his mark off campus as well. He has worked at Loma Portal Elementary as a reading tutor and jog-a-thon assistant, and helped organize and run a PLHS summer youth basketball camp last year.

Since 2007, he has been a member of the Christian Athletes Club and has participated in beach cleanups with I Love A Clean San Diego. Following the devastating 2007 wildfires, Callejon volunteered as part of the disaster relief effort of the Rock Church in Point Loma.

As he prepares to graduate June 18, Callejon singled out Pointer coaches Mike Estanol, Dave Aros, Bob Hammas Mike Hastings, and teacher Lisa Graham as influential in his education.

Following graduation, Callejon will attend Santa Barbara Community College with a small group of Pointer teammates, all of whom are hoping to continue their football careers.

"I have the grades to go other places, but I want to play football," Callejon said.

No matter how his career turns out at the next level, Callejon has set the bar high for Pointer athletes in future classes.

SPORTSbriefs

How they fared: CIF playoffs roundup

After beating West Hills and Scripps Ranch their first two games in the Division II baseball playoffs, Point Loma fell 8-4 to top-seed Grossmont and 4-1 to Westview on May 28 and 29 to bring their season to an end.

The Pointers finished the season 18-13. High Tech High (15-8) was eliminated by University City 16-3 in the play-in round of the Division III baseball playoffs on May 25.

In the section softball playoffs, both Point Loma and High Tech High were knocked out in the play-in round May 22. The Pointers (11-15) lost 6-1 to No. 5 seed Scripps Ranch in Division II and the Bruins (10-5-1) fell 10-0 in five innings at No. 5 seed San Dieguito Academy in Division III.

Regatta to send racers through PL, Shelter Island

All variety of manually-powered watercraft will take to local waters on Saturday, June 12 for the Peninsula YMCA's 27th annual Bay 2 Bay Rowing and Paddling Regatta. Proceeds from the event benefit the local YMCA chapter.

Bay 2 Bay features a 20-mile and a 5-mile course. The 5-mile race starts at Shelter Island and the 20-mile course goes around Point Loma. Both finish at Tidelands Park in Coronado.

The entry fee through June 6 is \$45. After June 6 the fee is \$60, which includes a T-shirt and lunch.

For more information about the event, visit tinyurl.com/bay2bay.

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Emerging Challenger Little League offers special-needs kids at-bats

By SCOTT HOPKINS | THE BEACON

On a recent Saturday morning, Donnie Bryant gripped an aluminum baseball bat, focusing on the baseball perched atop a batting tee at home plate. Summoning all his strength, he swung, sending the ball bounding across the dirt infield.

With a wide grin on his face, the Silver Gate Elementary School student grabbed the rubber handgrips on the silver rails of his walker, his legs pushing the four-wheeled device with all his might toward first base 60 feet away. With his parents and teammates cheering him on, Bryant arrived at first base, where Point Loma High School varsity baseball player Campbell Wear greeted him with an enthusiastic high-five and words of encouragement.

Suddenly, the phrase "Field of Dreams" took on a special meaning.

Until this spring, Bryant, who has cerebral palsy, could only imagine stepping onto a baseball diamond to play the national pastime. But thanks to a new program at Peninsula Little League (PLL), Bryant and others — known as the Peninsula Padres — are now batting, fielding and throwing a baseball on Saturday mornings, natively dressed in their navy-blue uniforms.

"Donnie loves the program," said his mother, Rhonda.

She and Bryant's father, Raul, watched from the stands as Donnie took the field for warm-ups with his Pointer buddies.

"He just wants to be like a regular boy. He cannot wait every Saturday to just get out there and play," Rhonda

Bryant said.

Challenger Division is the brainchild of Little League Baseball, conceived to enrich the lives of children with physical and/or mental challenges that have previously kept them on the sidelines. Teams have formed across the nation, and PLL president Kevin Otsuka thought the time had come to start a team in his league.

When he first proposed the team last year, however, his idea was met with apprehension by parents of the special-needs players.

"There was reluctance at first," Otsuka said, "so we invited two existing Challenger teams to play at our field. After that, the parents couldn't wait to start a team."

Home games are played Saturday mornings at 9 a.m. at PLL's well-maintained complex in Bill Cleator Park on Famosa Street. Games last three innings, with every player batting. When all have batted, the inning ends. Outs and runs are not recorded because the emphasis is on having fun.

"Next year, we'd like to have a second Challenger team," Otsuka said, "so there would be no need to travel. Our players can come from anywhere since only a few leagues have a Challenger program."

The league is considering extending the season, which recently ended after 12 games. This would be much easier with more players to create an opposing team.

The three levels of Challenger League play include tee ball, pitching by coaches or pitching by players. All

"I had a lot of fun with the Challenger kids. I took a step back and noticed that kids love baseball, and everyone wants to play, but some don't have the opportunity we do because of setbacks in their lives ...

CONNOR BAITS
PITCHER, POINT LOMA HIGH

levels allow players to use a "buddy." That's where PLHS players come in.

Pointer head coach Jon Posternack brought his varsity players to the Peninsula fields on a recent Saturday. The teens, wearing their game uniforms, took the field serving as Peninsula Padres buddies while the home team hosted the Mira Mesa Angels.

"I had a lot of fun with the Challenger kids," said Connor Baits, a 6-foot-5-inch sophomore who leads the Pointer pitching staff with a 9-2 record. "I took a step back and noticed that kids love baseball, and everyone wants to play, but some don't have the opportunity we do because of setbacks in their lives. But they all want to have fun just like we do."

Junior pitcher/second baseman Kellen Urbon said, "It made us feel more blessed to have our abilities and (showed) how baseball is a universal game and it can please anybody."

Next up for Challenger players is an area tournament on Sunday, June 6, hosted by Clairemont Hilltoppers Little League.

For further information, call (858) 229-7619, or visit www.eteamz.com/PeninsulaLL/.



Point Loma High School baseball player Campbell Irvine, left, watches as Challenger Division player Donnie Bryant catches a baseball. Pointer players recently served as "buddies" to special-needs players during a recent Saturday game.

SCOTT HOPKINS |
THE BEACON

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Palmer headlines cancer survivor event

By BART MENDOZA | THE BEACON

Music is often thought of as simply entertainment, a way to pass away some time with a little fun. However, music can also have a healing effect, lifting the spirit in time of crisis.

This is true for the listener, but especially so for musicians.

Such is the case with pianist Sue Palmer, who performs Sunday, June 13 at the 19th annual Scripps Green Hospital's Cancer Survival Day Celebration.

Located at the Valerie Timmken Amphitheatre, the free event features presentations on the latest treatment innovations, talks on everything from nutrition to post cancer care and, of course, the concert by Palmer, who attended Point Loma High School.

Perhaps best known for her five-year stint with performer Candye Kane, Palmer has released five albums to date, including her most recent release "After Hours," winning numerous trophies, including the 2003 San Diego Music Awards for Best Blues Album for "Live at Dizzy's," and the 2008 International Blues Challenge Award for Best Self Produced CD, "Sophisticated Ladies."

Palmer is also one of the top session and live pianists in the country, having performed or recorded with a long list of music icons including Dave Alvin, Cesar Rosas and Rosie Flores. Palmer, a cancer survivor herself, said music has been one of the most important parts of her recovery.

"I feel like I'm lucky that I have something in my life like piano playing," she said.

Diagnosed with breast cancer in 2002, she is now cancer free. But she admits that in addition to her worries about the disease, she was concerned

about her musical career.

"Not only was my life in danger, but I didn't know how my piano playing would be ultimately affected since cancer affects different parts of your body, and your arms sometimes don't work like they used to," Palmer said. "That was so important to me, as I love playing. It makes me feel real good."

Palmer said being a musician helped her treatment.

"I'm very fortunate that I had something that I could enjoy during that time," she said. "When your health is compromised and you only have so much energy, it's important to have an outlet. Piano playing was very important in getting me through everything."

Palmer did continue to perform during her treatment.

"I was so determined to play that it didn't slow me down all that much, but it was really wonderful that clubs like Croce's (downtown) were happy to work around my schedule and were really supportive."

Palmer's set will be highlighted by the song, "Killer Tiki Boogie," a song from her 2005 album "In The Green Room."

"I wrote that when I was undergoing chemo treatment, so it was a very strange time for me," Palmer said. "I don't normally write vocals, but in this case it just flowed."

Now just about back up to full speed, Palmer is busier than ever. She has more recording ahead, a short tour of the Pacific Northwest alongside Candye Kane and a spot at this year's KSDS Jazz 88 Festival in Ocean Beach on Sept. 11.

After decades in music, she's just as enthused as ever about playing.

"I just really like to play," Palmer said. "I'm not insecure, so I'm not one



Cancer survivor and pianist Sue Palmer will perform at the 19th annual Scripps's Green Hospital's Cancer Survival Day Celebration on Sunday, June 13, and again at the KSDS Jazz 88 Festival in Ocean Beach on Sept. 11. COURTESY PHOTO

of those people that needs to hear applause to perform, though it is nice. But I love what it feels like when the band is really swingin.' It's an infectious feeling."

She hopes her performance at this year's cancer survivors' celebration will be inspirational to attendees. "It's important for people to make the most of life while they can," Palmer said. "You never know what'll happen next."

Scripps Green Hospital's Cancer Survival Day Celebration takes place from 11 a.m. to 1 p.m. on June 13 at the Valerie Timmken Amphitheatre, 10666 N. Torrey Pines Road.

To register, call (858) 554-8533 by June 7.

26.2 miles of Rock 'n' Roll hits San Diego this weekend

By MEAGHAN CLARK | THE BEACON

More than 29,000 runners are expected to take over San Diego's highways, parks, bike paths and streets for the 12th annual Rock 'n' Roll San Diego Marathon on June 6.

Running through the city bright and early on Sunday starting at 6:15 a.m., competitors will have seven hours to run the course, which hits city landmarks like Petco Park, Balboa Park and runs along a section of state Route 163.

Southbound state Route 163 will be closed on race day between I-805 and I-5 between 2 a.m. and noon. Traffic will detour to southbound I-805. All other freeways will remain open but the race will force some temporary ramp closures.

A characteristic that makes the Rock 'n' Roll Marathon unique — and the reason it was named one of the best races and post-race events in the country by *Competitor Magazine* — is the music, of course. Every mile is layered with music — more than 45 acts to be exact — from Tim Cash & The Bayou Brothers to DJ GarGar, Radiostar and Graceland, as runners pound the pavement to the beat.

Big Bad Voodoo Daddy and Flock of '80s will conclude the weekend festivities at the annual post-concert wrap up. Runners can catch the show at the Finish Line Festival from 8:30 a.m. through 2:30 p.m.

Beginning at Sixth Avenue on Palm Street, the race will wind through Balboa Park (near the El Prado, Plaza de Panama and San Diego Air & Space Museum, then to Petco Park (K Street

through Park at the Park), past the San Diego Airport (Harbor Drive) and then along state Route 163, up through Friars Road past Fashion Valley. Runners will make their way toward Clairemont Drive, up to Mission Bay Drive through the Interstate 5 south onramp before hitting Fiesta Island and the Hilton San Diego Resort. For the first time in the history of the race, runners will finish their 26.2 miles at SeaWorld. Another first, a half-marathon will be held this year as well.

Even during the grueling 26.2 miles, Rock 'n' Roll Marathon enthusiasm is infectious. Standing out from the crowd are bedazzled men and women who take part on the Running Elvi team — jogging through the course with black wigs, glasses and sparkling bell-bottoms. The impersonators entertain the crowd while finishing their own route.

Fans can support their fellow San Diegans with screams alongside local cheer squads who line up the course. What's even more rewarding are the Team in Training runners who have helped the Leukemia & Lymphoma Society raise more than \$219 million during the Rock 'n' Roll Marathon's history.

The Rock 'n' Roll Marathon isn't just about race day, the entire weekend is filled with events for athletes. The annual Health & Fitness Expo at the San Diego Convention Center offers public access to sports retail vendors, information on nutrition and free gear. The expo runs both Friday and Saturday and the site is also the location where runners pick up their racing packets.

For more information see sandiego.competitor.com.

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 4993 Niagara Ave suite 103 619-222-1722	Happy Hour ALL DAY MONDAY & Tues-Fri 2-6pm \$2 PBR's, \$3 house Margaritas/Micros, \$2.50 Tacos \$5.25 wings, sliders or nachos Happy Hour ALL DAY 11am-close	Crab Races: 6:30-9pm \$50 cash prize, \$7 Burger and any Beer-ALL DAY	Pitcher Night: 4-close \$10 pitchers drafts/house margaritas	Thirsty Thursdays: 6pm-close \$3 U Call It (all beers, call liquors) \$2 Tacos	Normal Happy Hour: 2-6pm	Brunch 10am-3pm \$2.50 Mimosas, \$5 Man-mosa, \$3 Strawberry Mimosas, \$4 Screwdriver/ Tequila Sunrise	Brunch 10am-3pm Brunch 10am-3pm Normal Brunch specials. 4pm-close \$1 PBR drafts, \$10 Pitchers drafts/ margaritas
 2562 LANING ROAD 619-876-5000	Happy Hour: 3 - 6pm Daily Oggi's Stix Night \$3.95 (additional toppings extra)	Spaghetti Tuesdays All you can eat Spaghetti	Wing Night Wednesday Killer or Honey BBQ Wings \$.75 each Kids eat Free + balloon artist!	\$3 Thursdays Select Personal Appetizers	Freaky Friday Select Drink Specials Balloon Artist!	Saturdays 9-1 Early Bird Breakfast MVP Platter Night: Sample Platter with dipping sauce \$10	Family Fun Day 9-1 Early Bird Breakfast Large 2 Topping Pizza or Pasta w/ marinara. Family House or Ceaser Salad w/ 4 Breadsticks & Pitcher of Soda \$30

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Who is Dena
Riso, Au.D.?

Dena is a native of San Diego who recently opened Peninsula Hearing Center in Point Loma. She earned a Bachelor's Degree in Communicative Disorders from San Diego State University and her Doctorate in Audiology from AT Still University in Mesa, Arizona. She is a licensed (dispensing) Audiologist in the state of California, as well as a Fellow with the American Academy of Audiology and California Academy of Audiology.

Having devoted the last 10 years to helping those with hearing and balance disorders, she has experience with both pediatric and adult patients and believes in educating her patients about the effects of hearing loss. Through testing and counseling she works with her patients to help them develop a successful and healthy hearing plan to improve their quality of life.

She is happy to talk to you or a loved one about any issues you are having with your hearing or hearing aids.



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Questions to Ask When
Looking for a Professional
Geriatric Care Manager

Professional geriatric care managers have diverse experience, education, and backgrounds. All of the professional geriatric care managers at Innovative Healthcare Consultants are RN's.

Geriatric Care Managers who work with older adults bring more to the practice than just an expertise in geriatrics. They bring a wealth of knowledge and experience in aging issues that allow them to overcome the myths relating to aging and are able to focus on the problems at hand. They also have great knowledge in working with resources in the community. They are more aware of real life problems, health and otherwise, that emerge as persons age and the tools that are available to address those issues.

It is important for the smart consumer to ask lots of questions when looking for a geriatric care manager. Some of these might be:

- 1.What are your professional credentials?
- 2.Are you licensed in your profession?
- 3.Are you a member of the National Association of Professional Geriatric Care Managers?
- 4.How long have you been providing care management services?
- 5.Are you available for emergencies?
- 6.Does your company also provide home care services?
- 7.How do you communicate information to me?
- 8.What are your fees? (These should be provided to the consumer/responsible party in writing prior to services beginning).
- 9.Can you provide me with references?

For answers to these and any other questions you might have, contact the RN's at Innovative Healthcare Consultants at (877) 731-1442 or see our website at www.innovativehc.com.

Celebrate Men's Health Month
with Ocean Beach People's
Organic Food Market

On June 20, we will all celebrate our fathers, uncles, grandfathers and brothers by giving gifts and showing our love and appreciation for all they do. Why not honor them by celebrating men's health all month long? Whether you're looking for herbs to enhance mental clarity, natural hair loss treatments, saw palmetto for a healthy prostate, hawthorn for a healthy heart or simply knowledgeable staff to help you along the path to optimum wellness, People's Organic Food Market has it all. Join us on Saturday, June 19, between 12 and 2 p.m. and make a Father's Day card for free!

Ocean Beach People's Organic Foods Market—a California cooperative, is located at 4765 Voltaire Street, where everyone can shop and anyone can join is open daily from 8 a.m. – 9 p.m. (619) 224-1387. Please visit us online at www.obpeoplesfood.coop



Ask Dr. Green Leaf
from People's Organic
Food Market

Q: Dear Dr. Leaf, I read that oranges lower stress. Is that true?
Wes Consin

A: Dear Mr. Consin, Actually, yes! Researchers at the University of Vienna found that both oranges and lavender contain a chemical called linalool, which seems to lower stress when released as a scent. So, next time you reach for an orange on a stressful day, make sure you enjoy the smell as you peel it.

Who benefits from
Permanent Makeup?

Imagine getting up in the morning without having to worry about fussing about your makeup. Do you want well-defined eyebrows that improve, enhance and add depth to your expression?

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won't wash off, or sensual, full lips that look luscious all day and night?

Permanent makeup, also called Micro-pigmentation, not only saves valuable time and money, but it does wonders for your self-image, giving you a more youthful, rejuvenated appearance that lasts.

Throughout her career, Mindy Nguyen has been a devoted practi-

tioner of Micro-pigmentation. She's proud to offer her clients the finest in artistic and technical skills.

Her approach is simple: Less is more.

With an application process that is truly artistic, Mindy will study your features and suggest the best application. For her, it's all about discovering

Continued on 19

CONGRATULATIONS!

Point Loma's very own San Diego Gymnastics team took 3rd Place at the "Blast from the Past" meet hosted by Palomar YMCA on May 23rd. San Diego Gymnastics competed against girls from all over San Diego and Orange County. This was a big accomplishment with the gym only being open for a little over 2 years.

"I am so amazed at how well our girls performed," said Christina Grady, Owner of San Diego Gymnastics. "We have

such great kids that come to our gym and most importantly, the best coaches in San Diego!"

San Diego Gymnastics opened in Liberty Station in March of 2008 and has grown by leaps and bounds since. They have over 400 students ranging in age from 18 months to 18 years. They have recreational gymnastics classes for boys and girls, tumbling classes, fitness and sports training and competitive teams, including Point Loma High School's gymnastics team.



SAN DIEGO GYMNASTICS
LEVEL 4 TEAM
3RD PLACE MAY 23, 2010

From Left to Right: Hannah Molloy, Sophia Inzunza, Marin Thompson, Gabriella Grady, Hailey Abrams, Ava Bunn, Brooke Young

EVENTS CALENDAR

Don't Miss It!

ARTS & ENTERTAINMENT

Friday, June 4, 7 p.m., the Peninsula Singers host a concert, "Evening of American Music," with a special salute to American servicemen and service-women. The concert will also be dedicated to the memory of choir member Ray Haine, who recently passed away. The event takes place at the Historic North Chapel of Liberty Station, 2881 Roosevelt Road. Tickets for the event are \$5 and may be purchased at the door. For more information, call (619) 886-6860.

Saturdays and Sundays, 10 a.m. to 3 p.m., Shelter Island Art Show featuring quality art in a variety of mediums. The event takes place at 2301 1/2 Shelter Island Drive on the lawn near the traffic circle. For more information, call (619) 265-8515

COMMUNITY/CIVIC

Saturday, June 12, 6 p.m., Bay 2 Bay Rowing and paddling Regatta heads through Point Loma and Shelter Island with a 20-mile and a 5-mile course ending at Tidelands Park in Coronado. Proceeds benefit the Peninsula YMCA. For more information, visit www.tinyurl.com/bay2bay.

Saturday, June 19, OB Friends of the Library host a book sale featuring gently used books and audio/visual materials. The event takes place at the library, 4801 Santa Monica Ave. Donations may be made prior to the sale. For more information, call (619) 531-1532.

Saturday, July 10, 8 a.m. to 11 a.m., the

Sunset Cliffs Surfing Association (SCSA) co-sponsors a Sunset Cliffs Natural Park cleanup drive. The event is also sponsored by I Love a Clean San Diego. Gloves and bags will be provided. Look for the SCSA banner at the parking lot atop Ladera Street. For more information, call (619) 222-3264 or (619) 246-9018.

VENUES

Humphrey's Concerts by the Bay,
2241 Shelter Island Drive, (619) 224-1556

- Wednesday, June 2, 7:30 p.m., Boz Scaggs, \$65
- Thursday, June 3, 7:30 p.m., Jonny Lang/The Robert Cray Band, \$67
- Tuesday, June 8, 8 p.m., The Rescue Me Comedy Tour featuring Denis Leary, \$66
- Thursday, June 10, 8 p.m., Basia, \$45
- Friday, June 11, 8 p.m., Diana Ross, \$115
- Sunday, June 13, 7:30 p.m., Los Van Van, \$45
- Friday, June 18, 7:30 p.m., Comedians of Chelsea Lately, \$42
- Saturday, June 26, 8 p.m., Jesse Cook, \$40
- Tuesday, July 6, 7:30 p.m., Colbie Caillat, \$40
- Friday, July 9, 8 p.m., Chris Botti, \$56
- Wednesday, July 11, 7:30 p.m., Ottmar Liebert & Luna Negra, \$45
- Wednesday, July 14, 8 p.m., Gipsy Kings featuring Nicolas Reyes & Tonnino Baliardo, \$98
- Friday, July 16, 6:30 and 9 p.m., Jim Gaffigan, \$45
- Sunday, July 18, 7:30 p.m., Jamie Cullum, \$50
- Wednesday, July 21, 7:30 p.m., Jackson Browne with David Lindley, \$91
- Thursday, July 22, 8 p.m., Jeffrey Ross, \$35
- Friday, July 23, 6:30 and 9 p.m., Joel McHale, \$57
- Saturday, July 24, 7:30 p.m., Barenaked Ladies with special guest Angel Taylor, \$63
- Sunday, July 25, 7:30 p.m., Lyle Lovett and his Large Band, \$60



Silver Gate Elementary event raises unprecedented amount

Silver Gate Elementary recently hosted one of its most successful fundraising activities ever – Soiree Gone Green, the school's 15th annual dinner dance with silent and live auctions at the Bayview MCRD. With more than 250 guests, an unprecedented number, the evening resulted in earnings of more than \$48,000, topping last year's funds. All proceeds went toward The Friends of Silver Gate Foundation (FSG), a non-profit organization devoted to financially supporting Silver Gate Elementary School's enrichment programs. Shown at the event, from left, are Jammie Ritchey, Linda Bunn, Debby Ybarra, Caroline Kelleher and Viola Kiyohara. For more information go to www.silvergateschool.com.

Pizza Port combines best of the beach world with new Bacon St. shop

By SEBASTIAN RUIZ | THE BEACON

Pizza and beer, staples of Ocean Beach, have made a new home together in the area with the opening of a Pizza Port restaurant and brew house at 1956 Bacon St.

In mid-May, Pizza Port Brewing Company opened its latest establishment at the "perfect spot" in OB, said Gina Marsaglia, Pizza Port Brewing Co. president and CEO.

"We've been looking in OB for over a decade and we checked out a lot of buildings but it just never worked out," Marsaglia said. "All of a sudden this was available and ... We've always loved it down there."

With other locations in Solana Beach, Carlsbad and San Clemente, the brewing company has made Ocean Beach their fourth home, complete with an in-house brewer.

In-house brewers allow for each loca-



Pizza and beer lovers now get the best of both worlds at Pizza Port in Ocean Beach. PHOTO BY JIM GRANT | THE BEACON

tion to develop its own specialty beers alongside their signature golden, honey, red and amber ales, said Yiga Miyashiro, a five-year Ocean Beach resident and Pizza Port brewer.

Miyashiro said working with the

resources of a full brewery allows some wiggle room for creative innovations in beer.

"We [Pizza Port Brewers] all have our own creative difference, so it will always be a little different even though it's the same basic recipe," Miyashiro said. "It's awesome because it let's you create the beer you want to drink."

In addition to the four ales of the brewing company, Pizza Port also offers more than 40 brews on tap and makes its pizza dough with the specialty beer. Miyashiro is currently working on a specialty coffee beer made from an imperial porter and a special blend of coffee.

"We have beers unique to each location," he said. "Each place picks up the personality of the surrounding community."

With pizza, specialty ales and a coffee-beer, the Ocean Beach Pizza Port should make residents and visitors feel right at home.



Customers await the inaugural opening of the Pizza Port restaurant and brew house on Bacon Street in mid-May. PHOTO BY JIM GRANT | THE BEACON



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Continued from 18

her client's preferences and personal "comfort zone" in the way they apply their own makeup. Mindy sees permanent makeup as a means to restore color in aging skin or simply to enhance your natural beauty.

Mindy Nguyen has been enhancing the natural beauty of women through Permanent Makeup for over 13 years. As San Diego's leading Permanent Makeup artist, Mindy specializes in natural hair-stroke eyebrows, custom eyeliner, full lip color and blended lip liners and related cosmetic treatments.

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NOTICE OF ACTION MEMORANDUM AND
PUBLIC COMMENT PERIOD
FOR A NON-TIME CRITICAL REMOVAL ACTION

Non-Time Critical Removal Action at Installation Restoration Sites 9 and 23,
Space and Naval Warfare Systems Center Pacific, Naval Base Point Loma

The U.S. Navy, in coordination with state environmental regulatory agencies, encourages the public to comment on the Engineering Evaluation and Cost Analysis and the Action Memorandum for a Non-Time Critical Removal Action at Sites 9 and 23. The action is being conducted to minimize the potential for direct human exposure to contaminants in near surface soils at the sites that have potential to cause adverse human health effects.

Sites 9 and 23 are located in the northwest portion of the Space and Naval Warfare Systems Center Pacific facility that is within Naval Base Point Loma. Site 9 was used for disposal of plating and painting waste from 1949 to 1970. Site 23 was used for disposal of sandblast grit, sandblast media, and storage of drummed hazardous waste. Analytical results from shallow soil samples collected in 1993 and 2001 indicate that near surface soils at the sites contain concentrations of metals, polychlorinated biphenyls, and polycyclic aromatic hydrocarbons exceeding regulatory criteria and/or site-specific background concentrations for metals. An investigation and human health and ecological risk assessments were conducted in 2007 that identified lead as a chemical of concern at Site 9, and lead and arsenic as chemicals of concern at Site 23. Groundwater was not encountered in 80 feet deep borings at these sites and is therefore, not considered present and not addressed by this action. Based on data collected and analyzed for the sites, the Navy is conducting this non-time critical removal action that will include excavation and off-site disposal to address potential long-term risks to human health and the environment from contaminants in near surface soils. The action is compatible with the future long-term remedy for Sites 9 and 23. The Action Memorandum provides a summary of investigations and evaluations performed at the site.

PUBLIC COMMENT PERIOD

The Navy invites interested members of the public to review and comment on the Action Memorandum during the 30-day public comment period, which is from June 7 through July 7, 2010. Public comments must be submitted in writing and postmarked or e-mailed no later than July 7, 2010, or provided during the public meeting on June 15, 2010. Please send all comments to: Mr. Alan Vancil, Naval Facilities Engineering Command Southwest Remedial Project Manager, 2730 McKean St, Bldg. 291, San Diego, California 92136, alan.vancil@navy.mil, fax (619) 553-8538

PUBLIC MEETING

The Navy will host a public meeting to discuss the Action Memorandum, answer questions, and accept public comments.
Date: Tuesday June 15, 2010
Time: 6:00 p.m. to 7:30 p.m.
Location: Point Loma Library, Hervey Branch, 3701 Voltaire Street, Point Loma, California 92107

FOR MORE INFORMATION

Copies of the Action Memorandum and other site documents are available for review at:

Point Loma Library
3701 Voltaire Street
San Diego, California 92107.
(619) 531-1539



NOTICE OF ACTION MEMORANDUM AND
PUBLIC COMMENT PERIOD
FOR A NON-TIME CRITICAL REMOVAL ACTION

Non-Time Critical Removal Action at Installation Restoration Site 5,
Space and Naval Warfare Systems Center Pacific, Naval Base Point Loma

The U.S. Navy, in coordination with state environmental regulatory agencies, encourages the public to comment on the Engineering Evaluation and Cost Analysis and the Action Memorandum for a Non-Time Critical Removal Action at Site 5. The action is being conducted to improve the existing soil cover at Site 5 to prevent migration of material with potential for adverse human health effects and to minimize the potential for direct human exposure to contaminants that may be present at the site.

Site 5 is located in the northwest portion of the Space and Naval Warfare Systems Center Pacific facility within Naval Base Point Loma. Site 5 is an unregulated municipal solid waste landfill that was used for disposal of rubble, demolition/construction debris, and treated sewage sludge from the 1930s until approximately 1982. Disposal ceased in 1982 and 2 to 5 feet of clean fill material was used as the final cover to establish the existing grade at the site. Based on data collected and analyzed for Site 5, there is no immediate threat to human health or the environment. The Navy is conducting this non-time critical removal action to address potential long-term risks to human health and the environment and this removal action is compatible with the future remedy of the landfill at Site 5. The integrity of the cover may be compromised in a limited area as evidenced by the presence of low concentrations of polychlorinated biphenyls (PCBs) within the first 2 feet of the soil cover. Groundwater was not encountered in 80 feet deep borings at this site and is therefore, not considered present, and is not addressed by this action. The Action Memorandum provides a summary of investigations and evaluations performed at the site.

PUBLIC COMMENT PERIOD

The Navy invites interested members of the public to review and comment on the Action Memorandum during the 30-day public comment period, which is from June 7 through July 7, 2010. Public comments must be submitted in writing and postmarked or e-mailed no later than July 7, 2010, or provided during the public meeting on June 15, 2010. Please send all comments to: Ms. Allison Basche, Naval Facilities Engineering Command Southwest Remedial Project Manager, 2730 McKean St, Bldg. 291, San Diego, California 92136, allison.basche@navy.mil, fax (619) 556-0195.

PUBLIC MEETING

The Navy will host a public meeting to discuss the Action Memorandum, answer questions, and accept public comments.
Date: Tuesday June 15, 2010
Time: 6:00 p.m. to 7:30 p.m.
Location: Point Loma Library, Hervey Branch, 3701 Voltaire Street, Point Loma, California 92107

FOR MORE INFORMATION

Copies of the Action Memorandum and supporting documents are available for review at:

Point Loma Library, Hervey Branch
3701 Voltaire Street
San Diego, California 92107
(619) 531-1539

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ANNOUNCEMENTS 100

calendar/events

AAUW SAN DIEGO invites you to attend its annual Scholarship Awards Luncheon, June 12, 2010. If you believe in educational and economic advancement for women/ girls, and enjoy involved, engaging company, then the American Association of University Women (AAUW) San Diego Branch is for you. Contact Eunis Christensen, 619-299-0778. www.aauwsandiego.org.

OBSESSIVE COMPULSIVE ANONYMOUS Every Monday from 6pm - 7pm. 3851 Rosecrans St in the Harbor Room located in the Dept of Health Services complex. Free 12 Step Meeting for people with OCD. Meeting is open to anyone. Questions - ocasandiego@hotmail.com

THE PACIFIC BEACH BUSINESS Group meets each Tuesday morning, 7:00am, at the Broken Yoke. This is a business group who's aim is to generate business among it's members by referrals. Contact Karen and Mike Dodge for more details at (619) 384-8538.

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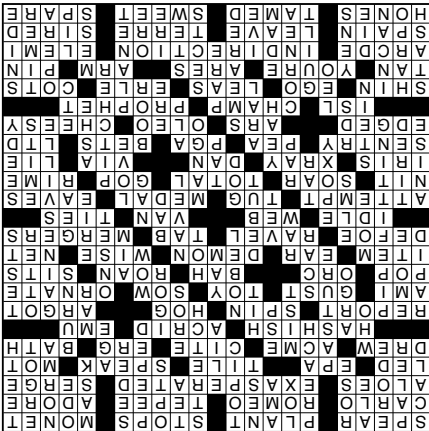
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crossword
puzzle

ANSWER:



ACROSS

- 1 Asparagus piece
- 6 Factory
- 11 The buck — here
- 16 French painter
- 21 Monte —
- 22 Tragic lover in literature
- 23 Tent dwelling
- 24 Worship as divine
- 25 Bitter drug
- 26 Out of patience
- 28 Strong cloth
- 29 Conducted
- 30 Anti-pollution org.
- 32 Roofing piece
- 33 Say
- 35 Bon — (witticism)
- 36 Sketched
- 38 Pinnacle
- 41 Refer to
- 43 Work unit
- 44 Tub washing
- 45 Illegal drug
- 48 Bitter
- 50 Large bird of Australia
- 52 News account
- 55 Whirl
- 57 Farm animal
- 58 Jargon
- 62 "What kind of fool — —?"
- 63 Blast of wind
- 65 Plaything
- 67 Do a farm job
- 69 Highly decorated
- 70 Explosive sound
- 71 Middle-earth monster
- 72 Humbug!
- 74 Horse's color
- 76 Takes a chair

- 77 Particular
- 79 Cup handle
- 81 Evil spirit
- 83 Sage
- 85 Court divider
- 86 "Robinson Crusoe" writer
- 88 French composer
- 90 Keyboard key
- 92 Big-business events
- 94 Lazy
- 96 Trap of a kind
- 97 Vincent — Gogh
- 99 Gifts for dads
- 100 Try
- 103 Harbor boat
- 105 Military decoration
- 107 Roof part
- 110 Insect egg
- 111 Skyrocket
- 113 Complete
- 115 Pol. acronym
- 117 Hoarfrost
- 118 Part of the eye
- 120 Diagnostic aid
- 122 Rather or Duryea
- 123 By way of
- 125 Recline
- 126 Guard at an entrance
- 128 Legume
- 130 Sports org.
- 132 Wagers
- 133 Brit. bus. abbr.
- 134 Moved inch by inch
- 135 — poetica
- 137 Margarine
- 139 Of poor quality
- 141 Seagirt region (abbr.)
- 143 Titleholder

- 145 Oracle
- 147 Leg part
- 150 The "I"
- 152 Meadows
- 154 — Stanley Gardner
- 155 Portable beds
- 159 Light brown
- 160 — welcome!
- 162 War god
- 164 Branch
- 166 Bowler's target
- 167 — — Triomphe
- 169 Roundabout means
- 173 Tropical resin
- 175 EU nation
- 176 Exit
- 177 — Haute
- 178 Begat
- 179 Sharpens
- 180 Made more tractable
- 181 Sugary
- 182 Extra

DOWN

- 1 Burn with steam
- 2 More wan
- 3 Wear away
- 4 Cakes and —
- 5 Perennial flower
- 6 Deliver a sermon
- 7 Salmon, smoked
- 8 Prof. org.
- 9 Aerie
- 10 Subject
- 11 Unbroken distance
- 12 Pekoe or oolong
- 13 Chooses
- 14 Looked furtively
- 15 Passover meal
- 16 Conceal

- 17 Work in verse
- 18 Opera by Bellini
- 19 Rye fungus
- 20 Gear projections
- 27 Essays of —
- 31 Grassland
- 34 Grow older
- 37 A pronoun
- 39 Thin fog
- 40 Psychic ability (abbr.)
- 42 God of love
- 44 Ruins a roast
- 46 Jason's ship
- 47 Strike
- 49 Stravinsky or Sikorsky
- 51 Spoil
- 52 Fleet
- 53 Act like a ham
- 54 Connector for plumbing systems
- 56 Dynamite inventor
- 59 Florida city
- 60 Badger cousin
- 61 Exams
- 64 Wound's aftermath
- 66 Edible tuber
- 68 Holy cow!
- 69 Start
- 73 Fiery
- 75 Point a weapon
- 78 Fashion
- 80 Cold and wet
- 81 First appearance
- 82 Kind of orange
- 84 A Great Lake
- 87 Shade givers
- 89 Experienced one, for short
- 91 Ill-behaved
- 93 Equipment
- 95 Adhesive ingredient
- 98 Pester
- 100 Flavoring for cordials
- 101 All in
- 102 Seaman
- 104 "In — We Trust"
- 105 Tropical fruit
- 106 Tough or puppy
- 108 Gives off
- 109 Squalid
- 112 Criminal charge
- 114 Spigot
- 116 Ewer
- 119 Beer-filled mug
- 121 Slangy affirmative
- 124 Tennis great
- 127 Arthur Sts.
- 129 Salt lake in Asia
- 131 High mountain
- 132 Vulgarian
- 136 Defamed
- 138 "Able was I — I saw Elba"
- 140 Common abbr.
- 142 Tolstoy the writer
- 143 Eye part
- 144 Trim off
- 146 World
- 147 Hidden supply
- 148 A Marx brother
- 149 Of a Peruvian people
- 151 Culpability
- 153 Denominations
- 156 Musical drama
- 157 Kitchen gadget
- 158 Contemptuous
- 160 Hankerings
- 161 Variety of cheese
- 163 Ragout
- 165 Soldier's meal
- 168 Expire
- 170 "— Got a Secret"
- 171 Wrath
- 172 Mineral
- 174 Sassy reply

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Sat & Sun 1-4pm	1263 Virginia Way	4BR/3BA	\$1,398,000	Greg Noonan • 858-551-3302
Sun 1-4pm	5554 Avenida Fiesta	4BR/3BA	\$1,230,000	Timothy Nelson • 858-527-9949
Sun 1-4pm	6584 Avenida Manana	3BR/2.5BA	\$1,400,000-\$1,595,876	Claire Melbo • 858-229-8383
Sun 1-4pm	358 Belvedere	4BR/4.5BA	\$2,295,000	David Schroedl • 858-459-0202
Sun 1-4pm	6022 La Jolla Mesa Dr.	3BR/2.5BA	\$2,895,000	John Tolerico • 619-889-4672
Sun 1-4pm	2610 Inyaha Lane	6BR/6.5BA	\$4,550,000-\$4,950,876	Claire Melbo • 858-229-8383
Sun 1-4pm	6906 Fairway Road	6BR/9BA	\$4,750,000	Charles Stephens • 858-682-5561
Sun 1-4	7964 Calle de la Plata	3BR/2BA	\$2,395,000	Michelle Serafini • 858-829-6210

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Sun 1-4pm	5313 Renaissance Ave	3BR/2.5BA	\$665,000-\$735,876	Claire Melbo • 858-229-8383
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pacific beach / mission beach / crown point

Fri & Sun 1-5pm	3916 Riviera Dr.	3BR/2.5BA	\$1,249,000	Shawn Grant • 858-717-7720
Sat & Sun 12-4pm	1373 Grand Ave.	2BR/2.5BA	\$599,000	Kathy Evans • 858-488-7355
Sat & Sun 1-4pm	819 Nantasket Ct.	2BR/2.5BA	\$799,000	Valerie Zatt • 858-274-1553
Sat & Sun 12-5pm	731 San Luis Rey Pl.	3BR/2.5BA	\$1,695,000	Donna Finney • 949-697-2564
Sat 12-3pm	1335 La Palma #K4	2BR/2BA	\$899,000	Shawn Grant • 858-717-7720
Sun 1-4pm	3953 Riviera Dr.	3BR/2.5BA	\$599,000	Kathy Evans • 858-488-7355
Sun 1-4pm	756 Jamaca Ct.	5BR/5.5BA	\$1,495,000	Meg Lebastchi • 858-336-0936

point loma / ocean beach

Sun 12-2pm	1150 Anchorage Lane #512	1BR/1BA	\$549,000	Martin Redford • 619-742-0265
Sun 1-4pm	4522 Long Branch Ave	2BR/2BA	\$685,000-\$739,000	Cindy Wing • 619-223-9464
Sun 1-4pm	1591 Guizot St.	3BR/2BA	\$989,000	Cindy Wing • 619-223-9464
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