



THE PENINSULA BEACON

SAN DIEGO COMMUNITY NEWSPAPER GROUP

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Mayor: Budget woes will mean sacrifices

By LORALEE OLEJNIK | THE BEACON

With three speeches down and three more ahead, San Diego Mayor Jerry Sanders delivered his mid-tenure State of the City address Jan. 14 at the recently restored Balboa Theater downtown.

Less fervent than last year's impassioned election-year plea asking residents to join him in finishing the job of restoring stability to a city fraught with budget woes and crumbling infrastructure, Sanders' theme this year took the pragmatic stance that even more sacrifice will be necessary to get through tough times ahead.

Sanders warned of further reductions to city services that will impact quality of life of San Diegans and the need for a change of

the public mindset that expects the city to maintain the same level of service in today's economic reality.

"It's not enough to say we can't repeat the mistakes of the past," said Sanders. "But we can confront the culture that made those mistakes possible. They said it was OK not to care about the city as the whole but only to care about your little piece of it."

A strong theme of Sanders' speech was community involvement and volunteerism. He called on community members and groups to turn to each other rather than by default going to the city to solve their problems.

"We cannot be a city of strangers," said Sanders.

He cited the work done by the

SEE SANDERS, Page 6



It's no fluke – or actually, that's exactly what it is, as a gray whale flips its tail during a dive. The grays cruise the San Diego coast during their annual migration.

PHOTO COURTESY SIO

Howdy pod-ners: gray whales begin their annual migration

By JOSEPH GREENBERG | THE BEACON

Majestic gray whales have already begun their annual 10,000-mile round-trip journey, traveling from their feeding grounds in the Bering Sea to the tropical lagoons of Baja, Mexico, to play, rest, breed and give birth.

The natural phenomenon signals the start of the popular whale-watching season around San Diego's coastline.

These gentle giants, which can reach lengths of 45 feet, pass in close proximity to the coast of San Diego every year on the longest mammal migration in the world.

"We usually see them on their way down to Baja around mid- to late December," said Staci Shaut, the whale-watching lead at Scripps Institution of Oceanography's Birch Aquarium. "Then we see them passing on their way back north in mid- to late March."

"They are numbering around 20,000 animals and that is a safe estimate," said Wayne Perryman, a biologist at the National Oceanographic and Atmospheric Administration.

The primarily Arctic whales spend from June to October feeding

SEE WHALES, Page 7



Joggers pass by one of a growing number of signs warning of bluff instability along Sunset Cliffs Boulevard. The city has added about 20 smaller warning signs over the last year and a half.

PHOTOS BY PAUL HANSEN | THE BEACON

Cliff erosion, safety take center stage

By SEBASTIAN RUIZ | THE BEACON

The ongoing changes to Sunset Cliffs Natural Park has at least one local critic saying that the continuing erosion of the bluffs and the removal of sections of guardrail along Sunset Cliffs Boulevard makes the cliffs more dangerous than ever.

The city has added about 20 warning signs along Sunset Cliffs Natural Park over the last year and half, according to city officials. Access points along the bluffs and to walking trails where joggers and hikers walk frequently were added.

Although warning signs read "danger" and "stay back," Ocean Beach resident and California gubernatorial hopeful Richard Aguirre said some signs have been reduced in size and lowered, decreasing their visibility. The most recently added signs were done with the help of the California Conservation Corps — a state youth job-training agency, according to city officials.

"The more you lower the signage the more you're going against the (safety of the) community," Aguirre said.

SEE CLIFFS, Page 4



The erosion of Sunset Cliffs continues to pose a very real danger to walkers and joggers who traverse them.

Councilmembers seek solutions to city's trash dilemma

By ALYSSA RAMOS | THE BEACON

The city of San Diego's economic woes have apparently begun to trickle down, affecting its entire population.

The problem is forcing a cooperative new effort between District 2 Councilman Kevin Faulconer and Councilwoman Sherri Lightner, who represents the La Jolla community.

"It's the small stuff that affects people. And I think that's where we're going to start seeing these

small issues coming up," said Alex Varon, spokesman for Lightner.

Recently residents complained citywide that trashcans have begun to disappear and crews have stopped picking up rubbish. So Varon took up one of his first missions, stopping at meetings to ask citizens to report garbage pileups in an effort to solve the trash problem.

"I spoke with one person at Parks and Rec. They said that due to budget cuts, they can no

longer fund the crews," Varon said.

Although city crews left trashcans inside city parks and at the beaches, Varon said rubbish has piled up along San Diego's coastline viewpoints and walkways as city crews removed trash containers. City officials said they cannot leave trashcans in place if there are no staff members available to remove contents, Varon said.

SEE TRASH, Page 8

Surf Report

SATURDAY

Hi: 7:31 a.m.
9:14 p.m.
Low: 1:20 a.m.
2:45 p.m.
Size: 2-4 ft.
Wind: 12-14 mph

SUNDAY

Hi: 8:02 a.m.
9:36 p.m.
Low: 1:52 a.m.
3:11 p.m.
Size: 2-4 ft.
Wind: 12-16 mph

Having a ball so far

The Point Loma High girls soccer squad goes undefeated in its last 7 games to move to a 6-3-2 record. **11**

It's musclepower only

The annual Hanohano Ocean Challenge will once again draw hundreds of contestants in a test of racing stamina. **12**



No more free suds

SeaWorld will soon discontinue its practice of giving customers free beer samples as teasers. **3**

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Free beer samples soon to dry up at SeaWorld

By **SEBASTIAN RUIZ** | THE BEACON

The Busch Entertainment Corporation has announced "last call" on free samples of beer at all 10 Anheuser-Busch theme parks, including SeaWorld. The move includes the shuttering of the Anheuser-Busch Brewmaster's Club located in the hospitality center at SeaWorld.

Starting Feb. 1, SeaWorld will begin charging per 12-ounce draft and will stop serving free beer from bottles. The Brewmaster's Club next to the hospitality center will be closed and replaced with something with a "broader appeal," according to SeaWorld spokesman David Koontz.

"This has been something discussed for some time now," Koontz said. "The sampling was really something only enjoyed by a small percentage of our visitors. People can come to SeaWorld and still do that. You just have to buy it. And, of course, customers must be of legal drinking age."

Signs around the center have been posted notifying patrons of the discontinuation of the free beer samples.

Ray Young, from Ontario, Calif.,

was visiting the park with his family when he heard about the end of the free-beer era for the Anheuser-Busch parks.

"I think it's sad. It must be the new owners," Young said.

While Young refers to the merger of Anheuser-Busch and Belgium brewing company InBev that was announced last year, SeaWorld San Diego representatives deny the merger has anything to do with the coming change.

Others may also be in denial of the fact that the free beer they've been enjoying for years is going away.

San Diego resident Cindy Gray, 54, and friend Bruce Walker, 55, from Washington state, toasted to the last days of free beer at the

park. Like the many trying to hold on to the last vestiges of a staple service that satiated thirsty folks across America, they're trying to make the good memories last.

After learning of the decision, Walker said he wants to take advantage of every chance.

"We'll be here for the next 15 days, then," Walker said.

Parks where the free beer flows no more include SeaWorlds



SeaWorld San Diego, along with several other Anheuser-Busch theme parks across the country, will halt the practice of giving out free beer samples to customers beginning Feb. 1. The Brewmaster's Club next to the hospitality center will be closed and replaced with something that has a "broader appeal," according to SeaWorld officials.

PHOTOS BY SEBASTIAN RUIZ | THE BEACON

in Florida, Texas and California. The corporation also runs Busch Gardens Europe, Water Country

USA and Adventure Island in Tampa, Fla. Anheuser-Busch InBev distributes about 200 dif-

ferent brands of beer, including the flagship Budweiser, Stella Artois and Beck's.

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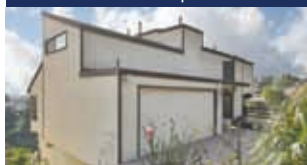
Charming Cape Cod meets spacious remodeled entertainer's dream! Newer gourmet kitchen just remodeled. Slab Granite Counters. Some dual pane windows. Hardwood floors, open media room with fireplace and French doors open to huge newer trex deck.

Ocean Beach | \$699,000



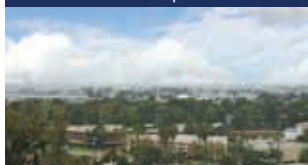
Unbelievable location! Less than two blocks to the ocean! Plenty of street parking in front of the property. Property is a fixer. The value is in the land and commercial zoning. Previously the owner ran a hair salon in the front and lived in the back house.

Pacific Beach | \$925,000



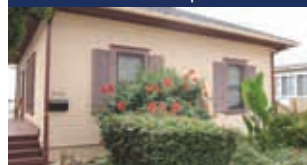
Panoramic ocean & bay views from most every room in the house! 3 br+, 3.5 ba on a cul-de-sac. Upgraded & move in ready. Vaulted wood beamed ceiling beautiful floors. Eat in kitchen. Ample decking on two levels. Each bedroom is a separate suite. Master suite is 600 appx sf.

Point Loma | \$325,000



Views, Views & more Views! Very clean 2 br, 2 ba, one level with a gas fireplace. Upper corner unit. Smaller complex with pool, spa & laundry. 2 parking spaces. Quiet location!

S. Mission Hills | \$599,000



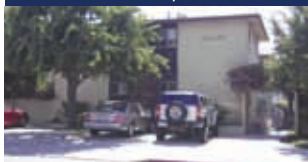
Charming Victorian home currently used as duplex. Live in one, rent the other. Huge backyard! Upper unit has 2 bedrooms, hardwood floors, high ceilings, wrap around deck w/bay & airport views. Large shared yard. Each unit has off-street parking. Shared laundry and storage room.



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Pacific Beach | \$1,995,000



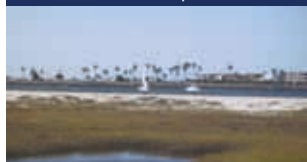
Income Property in North PB! Six 2 br, 1 ba units just one block to Tourmaline Beach & La Jolla. Double lot w/lrg units. Plenty of parking & storage. Lrg back yard w/room to add Balconies to each unit. GSI: \$129,720

Kensington | \$1,185,000



Just Reduced! Rare find! Five 2 br, 1 ba units & two 1 br, 1 ba units. Freshly painted hw floors, retro kitchens. One 2BR unit has a small yard and a garage. Surrounded by Spanish revival homes & just blocks to the Kensington village.

Ocean Beach | \$549,000



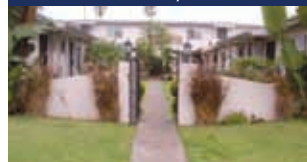
Reduced! Rarely available, these 2 units back up to Rob Field, the bike path & are just seconds from Dog Beach. 1BR/1BA is spacious, bright & in good condition w/an off-street space. 2BR/2BA has updated kitchen & baths, backyard w/view deck.

Ocean Beach | \$1,294,500



Ocean Beach 6-Plex! Vintage OB cottages just blocks to the sand. Charming detached houses + duplex. All with hardwood floors, walk-in closets, newer roofs & great layouts. Garden setting with plenty of space. Six 1 br, 1 ba. 4 garages.

Ocean Beach | \$2,749,000



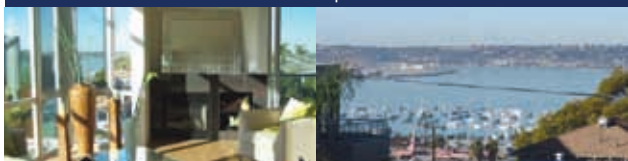
OB 10-Plex! Courtyard apartments 1 1/2 blocks to beach. Oversized 14,000 appx sf lot with great mix. Six 1 br, 1 ba, two 2 br, 1 ba, one 3 br, 1 ba, one 4 br, 1 ba. Eight garages. GSI: \$172,860.



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CLIFFS

CONTINUED FROM Page 1

Ongoing erosion from the ocean and sporadic rains also add to the dangers posed by the cliffs, he said. Diverting urban runoff, he said, would at least slow down one of Mother Nature's most powerful and destructive forces.

Aguirre said a storm drain along Sunset Cliffs Boulevard to prevent runoff would also help hedge against cliff erosion and possible safety problems.

"If we don't stop the erosion, there is no (natural) park. We are polluting the crud out of it," Aguirre said. "We need a drain to save the cliffs."

The city is currently working on a Sunset Cliffs Natural Park drainage study that would help pinpoint areas needing the most attention, according to Ann Swanson, chair of the Sunset Cliffs Natural Park Recreation Council. Under the current Sunset Cliffs Natural Park master plan, a system of trails would increase access throughout the park. Part of the plan is to plant more native plants as well.

But while safety is paramount in the minds of most, balancing safety and maintaining a natural look of the park can be a challenge for park organizers.

"Signage is certainly an important aspect. It's really very important and we've been trying to bring in more signs. We're trying also not to have sign pollution with too many signs," Swanson said.

The California Coastal Commission approved the Sunset Cliffs Natural Park master plan in 2005. It has been under piecemeal implementation as funding



A view of the dangerous and rocky shoreline below Sunset Cliffs, taken from street level.
PAUL HANSEN | THE BEACON

becomes available, Swanson said.

The drainage study is important because it would look at runoff and erosion. Before the city can implement the rest of the plan, officials need the information from the study, Swanson said.

"We're not sure what the study would call for because it isn't completed yet," she said.

Swanson said the Sunset Cliffs Natural Park Recreation Council will hold a community meeting when the drainage study is complete.

A date has not been set for the meeting.

Calls to the city's Park and Recreation Department for an

update on the study were not immediately returned.

As for safety concerns, Michael Ruiz of the Park and Recreation Department said there's enough warning to keep people informed about the danger posed by potentially unstable cliffs.

"A person could squeeze by or go underneath the chains, but the goal is to warn and let reasonable people know about the dangers," Ruiz said. "You have to ask yourself, 'As I'm walking, does this provide enough information to keep me informed?'"

The Sunset Cliffs Natural Park and Recreation Council next meets on Monday, Feb. 2 at the Cabrillo Recreation Center, 3051 Cañon St. at 6 p.m.

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GUEST EDITORIAL

Mentoring is a movement with a role for everyone

By PAUL PALMER

January is Mentoring Month, spearheaded by the Harvard Mentoring Project of the Harvard School of Public Health, MENTOR/National Mentoring Partnership and the Corporation for National and Community Service. Big Brothers Big Sisters is a national partner. The 2009 theme is "Expand Your Universe: Mentor a Child." The purpose is to encourage mentoring in America. Mentoring for Big Brothers Big Sisters means using a trusted, tested process of matching children in a safe and positive way that demonstrates proven outcomes. The children in our program are more likely to succeed in school, solve problems without violent behavior, and avoid drugs and other illegal activities. Big Brothers Big Sisters helps children change their perspective on what choices to make.

With growing economic pressures on families and communities across San Diego, the need for all citizens to join the movement is urgent. Children are facing risks that lead to soaring dropout rates, violence and crime; what we achieve — how we improve the odds that children will succeed — is extremely relevant.

With that in mind, Big Brothers Big Sisters, in recognition of National Mentoring Month, is introducing a way to recognize citizens who support the movement to help our children grow up in America, despite whether their role is mentoring or helping children beat the odds and break negative cycles in some other way.

Big Brothers Big Sisters mentors, the "Bigs," as we call them, are making a remarkable difference in our community. The Bigs in our network are young college students, middle-aged blue-collar workers, corporate managers and executives, retirees, athletes, artists — a diverse group of individuals who care about how our children are growing up in our community and throughout America. But this Mentoring Month, we want the nation to know that the movement works not only because of the Bigs but also because of communities such as ours that support them. You may not be able to be a mentor today but you may know someone who is a shining example of what it means to be a good mentor.

We are asking Americans to nominate one or more outstanding individuals for Big Brothers Big Sisters' first Big Citizen of the Year Award. This honor recognizes that helping children make good choices takes family members, teachers, religious leaders, coaches, neighbors and so many others who want to help our children grow up in America.

The Big Citizen of the Year Award is a way to illustrate that many people are making a positive difference in the lives of children.

Nominating your favorite mentor is easy: Go to BigBrothersBigSisters.org and give a local unsung hero an opportunity to be recognized nationally. Invite your

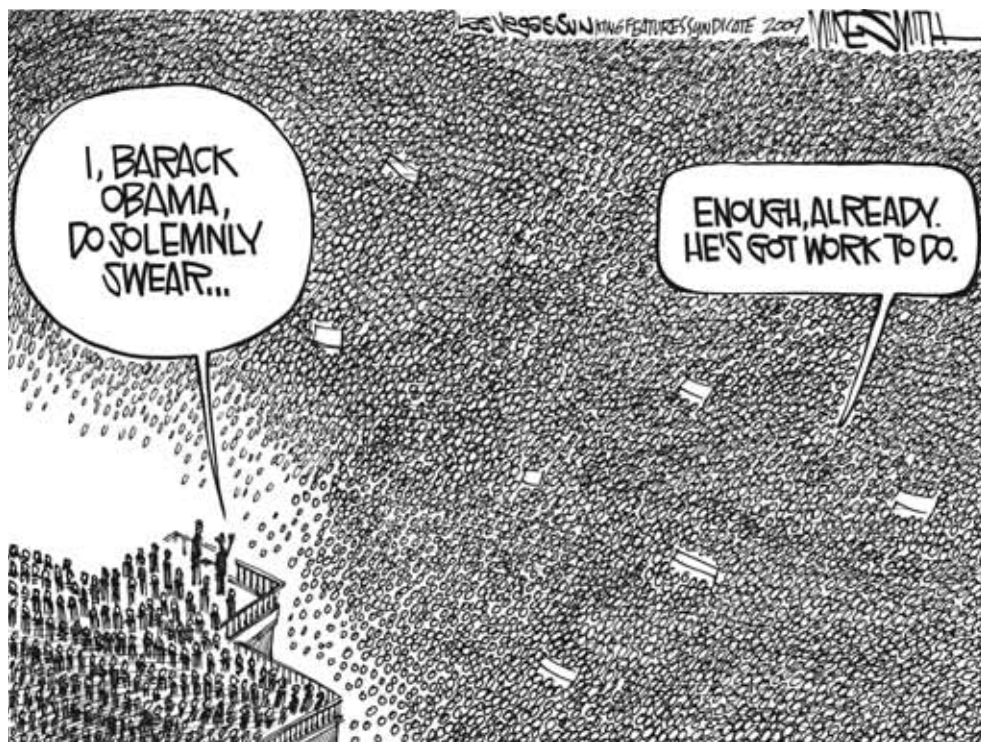
friends, family members and those on your e-mail lists to vote for him/her. The winner will receive recognition at Big Brothers Big Sisters' National Conference in Miami and celebrate the honor at a private "Big Celebrity" dinner with professional athletes and actors, philanthropists and business executives who are also members of our movement.

This month, we also extend a personal invitation for you to join the movement. There are other ways that you, your family and friends can also become part of the mentoring movement if you are one of the people who think, "I've always thought about being a Big Brother or Big Sister, but I'm way too busy." You may be a person who can share a talent that helps Big Brothers Big Sisters recruit, screen and match hundreds of mentors needed each year for children who wait months for a special friend. You may be someone who was a Little Brother or Little Sister who now can donate money or help with a Big Brothers Big Sisters project. You may work at a company that believes a focus on community involvement is as important as its profitability. If you are passionate about children you know, consider spreading that passion to thousands of San Diego's children.

A wonderful example of this is a recent donation made by Harry Singh, a local philanthropist, who gave \$50,000 to support Big Brothers Big Sisters Operation Bigs — a program that matches military volunteers with children of deployed parents at four elementary schools on base at Camp Pendleton. One story that demonstrates the value of Harry's gift is a conversation I had with a mom whose daughter is in the Operation Bigs program. She told me her daughter was acting out and wouldn't open up to her anymore. Her husband was deployed and they had just relocated to San Diego. Her daughter was feeling uprooted and afraid for her father. The Operation Bigs' Match Support Specialist matched her up with a high-ranking female Marine. Several weeks later, that same mother called to thank me for the work we do. She told me her relationship between her daughter and her Big Sister helped her daughter make a great turnaround in her behavior and her willingness to open up about her feelings. That mother, daughter and Big Sister's lives were changed because Harry Singh believed in the power of one-to-one mentoring and wanted to make sure all the children of our deployed troops had the same opportunity as this little girl and her family.

Mentoring is a movement toward a solution for all the things we wish for our community's children: to be confident, safe, healthy and looking toward a wonderful future.

— Paul Palmer is the CEO and president of Big Brothers Big Sisters of San Diego County; PaulP@SDBigs.org; office: (858) 536-4900 x203; www.SDBigs.org.



LETTER TO THE EDITOR

Another conclusion would be irrational—NVRF

Having just returned from Israel and visiting the south, I know firsthand what it feels like to be in a rocket attack. I was visiting a home in Ashdod, when my host said, "Come, come." I wasn't sure if he was addressing me or his family so continued sitting and watching. In more urgent tones he urged me to get up and follow him. I then heard the sirens and realized that we were under attack and joined my host family in the shelter.

How is it not clear that Hamas victimizes civilians on both sides of the fence? Whereas all schools in southern Israel are closed, sirens warn of incoming rockets

and shelters have been built to protect civilians, Hamas seems to be doing the opposite to their civilians. Why are schools, U.N. buildings, et cetera, used as locations to store arms or from which to launch attacks?

There is only one logical conclusion to the continued victimization of Israel and the Jewish people at the U.N., et cetera. Hamas and its allies do not want the Jewish people living in their homeland, Israel ... no matter how much Israel is willing to compromise for peace.

Any other conclusion would be irrational.

Deborah Seidle
La Jolla



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SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The editor reserves the right to edit for clarity.

DEADLINES All content must be received by 5 p.m. on the Thursday prior to publication.

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Cravens attorney seeks new trial in case of murdered surfer

By NEAL PUTNAM | THE BEACON

Seth Cravens should get a new murder trial in the death of a slain La Jolla surfer because his attorney claims the judge committed an error by sending the jury back into deliberations after the foreman said the jury was deadlocked in an 11-1 vote.

Mary Ellen Attridge filed a 40-page motion for a new trial with San Diego Superior Court Judge John Einhorn, who set sentencing

for Feb. 2. Cravens, 23, of La Jolla, was convicted Nov. 18 of second-degree murder in the death of Emery Kauanui, Jr., 24, who died on May 28, 2007, outside his mother's home in La Jolla.

After five days of deliberations, the jury foreman told Einhorn the panel was deadlocked in an 11-1 vote on the charge involving Kauanui. When the judge asked each juror if further deliberations could help in reaching a verdict, three jurors said yes. With that information, Einhorn sent them back into more discussions, and they reached a verdict involving Kauanui's death the next day.

Attridge wrote in her motion that she feared "the verdict was the result of acquiescence and not individual deliberations." She didn't cite any juror misconduct or comments from jurors, but said Einhorn committed a "prejudicial error" by ordering the jury to continue deliberations.

Jurors also convicted Cravens of three felony assaults, two counts of making a criminal threat and misdemeanor battery in other incidents with other people in La Jolla.

Deputy District Attorney Sophia Roach won additional time to study the defense motion, noting Attridge

filed the motion two days before sentencing. The motion also contained exhibits and trial transcripts that contained up to 100 pages. Einhorn delayed the Jan. 12 sentencing to Feb. 2. Roach couldn't be reached for comment on the motion.

The prosecutor also filed documents that showed she is seeking a prison term for Cravens of 26 years to life and two months. The murder sentence would be imposed as 15 years to life, and Roach wanted 11 years and two months tacked consecutively onto it for the other offenses Cravens was convicted of committing.

Attridge also alleged that Roach committed misconduct during her closing argument by misstating the law. She said Roach argued that it was "common knowledge" that blows to the head are dangerous, and there was insufficient evidence to show that Cravens knew that a punch to the victim's head could have killed him. Kauanui's skull was cracked in multiple places after his head hit the street.

She said Cravens did not act with conscious disregard for life, an element jurors must find to convict someone of second-degree murder. "Death was not a probably con-

sequence of being struck once," wrote Attridge.

Attridge said there was no planning involved in the surfer's death and Cravens was under the influence of alcohol at the time. Cravens and three others were not arrested until days later, and no tests for blood/alcohol levels were taken.

Attridge also asked the judge to lower the verdict to a lesser offense such as voluntary or involuntary manslaughter.

Three others, Eric House, 21, Orlando Osuna, 23, and Matthew Yanke, 22, pleaded guilty to involuntary manslaughter on June 27, and Henri "Hank" Hendricks, 22, pleaded guilty to acting as an accessory after the fact.

Of the other four, only Osuna remains in jail and is expected to be released on Feb. 22 after Einhorn sentenced him to 349 days in jail, according to court records. House and Yanke were sentenced 210 days and Hendricks received a 90-day term.

All were placed on three years' probation, fined and ordered to abstain from alcohol for the next three years.

Cravens and Osuna now reside in the Vista Detention Facility, records say.

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SANDERS

CONTINUED FROM **Page 1**

San Diego Police Department's Retired Senior Volunteer Patrol (RSVP) corps and efforts to expand their duties to include the monitoring of foreclosed and abandoned homes and enforcement of select code-compliance issues. Sanders said the city would be eliciting the "public's help in our pursuit of the public good."

Some of the highlights of Sanders' speech:

Sanders said San Diego was able to conduct its first public bond offering in five years on Jan. 13, attracting \$157 million from Wall Street Investors — a significant step forward for a city once dubbed "Enron by the Sea."

Sanders said San Diego will continue to support efforts to make the area a leader in renewable energy by further supporting the CleanTECH San Diego campaign and the San Diego Clean Generation Program, an initiative to provide property owners affordable conversion to solar energy with financing spread over 20 years of property tax payments.

Through its Business Process Reengineering (BPR) effort and managed competition Sanders

Mayor Jerry Sanders is preparing residents for the likelihood of additional sacrifices in services and programs as the city's budget picture worsens. Sanders is touting community involvement and volunteerism.

RONAN GRAY | THE BEACON

said the city is continuing to evaluate the core services that it provides and evaluate whether these are delivered as economically as private entities could.

The proposed downtown library project, which was at risk of being scrapped because of inadequate funding, may have been given a second chance, Sanders said.

The city is currently investigating a joint-use proposal with the

San Diego Unified School District under which two floors of the building would be occupied by a downtown public high school.

"I liked (Sanders') focus on the need to make tough decisions and the need for everyone to pull together," said District 2 Councilmember Kevin Faulconer.

Faulconer also said he sees the beach communities as great potential leaders in the solar energy program.

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Mission Bay Park Committee OKs bait barge plan

By SHANNON MULLHALL | THE BEACON

The Mission Bay Park Committee (MBPC) approved the proposed Everingham Bait Barge at its regularly scheduled monthly meeting Tuesday, Jan. 6, at the Santa Clara Recreation Center, 1008 Santa Clara Place. The barge is located near the eastern entrance to the Dana Point harbor and south of the launch ramp.

Looking forward to other business, MBPC chairperson Rick Busell said after the meeting that he would like to see progress on Fiesta Island. A proposed redevelopment for the area, first presented to

the public in August 2006, has met with strong resistance from dog owners, who say the island is one of the few places in San Diego where their pets can run and exercise.

Project planners have since created several revised proposals to accommodate dogs. Members of Fiesta Island Dog Owners (FIDO) feel that further changes are necessary to prevent potential conflicts between dogs and paddlers.

The MBPC is also waiting for the city attorney's office to complete its review of Proposition C, which voters approved in November. Under the 30-year charter amendment, starting in July, Mission Bay Park

will receive an estimated \$5 million to \$12 million annually in lease revenues that formerly went to the city's general fund.

An additional 25 percent of funds, or \$2 million to \$4 million, each year is also slated to go to regional parks.

Once the rules, regulations, policies and procedures have been determined, "we can start the ball rolling," Bussell said. "The whole idea is that we have to see exactly what our role is."

The MBPC will hold its next meeting at 6 p.m. Tuesday, Feb. 3, at the Santa Clara Recreation Center.

WHALES

CONTINUED FROM Page 1

in and around the Bering Sea in preparation for the trip.

"The whales are able to consume around 2,400 pounds of food a day in the nutrient-rich waters of the Arctic," Shaut said.

The huge caloric intake is converted into fat or blubber stores. Most whales are estimated to put on 6 to 12 inches of blubber, which they rely on during their migratory journey, Shaut said.

Gray whales belong to the baleen family, yet their feeding habits are a little different. Their main feeding routine involves "digging through the mud with their massive jaws and straining out the clouds of arthropods with their baleen, a process called benthic feeding," Shaut said.

In October, the pregnant females are the first to embark on the trip, needing to reach the warm lagoon waters to have their young. The 60- to 70-degree lagoon water in Baja is beneficial to the animals because they do not have to rely on their depleted blubber stores to heat themselves.

"Upon their arrival in Baja, they are considerably skinnier as a result of making their journey," Perryman said.

Another reason the lagoon waters of Baja are sought out by the whales is its high saline content.

"This results in the water being very buoyant and helps to keep calves afloat while they learn to swim," Shaut said.

One area of contention among gray whale experts is whether all of the whales make the journey south or if some linger behind.

"Whales are counted going south past central California and we have to assume that everybody migrates," Perryman said.

If this is incorrect, it would obviously yield biased data, he added.

"We are starting to suspect that they don't all necessarily migrate every year," Perryman said.

Shaut confirms the latter suspicion, saying she believes that not all whales make the migration.

"Some whales stay up north. We will even see juveniles hanging out around San Diego, and when they encounter adults heading back north, they will turn around with them," Shaut said.

It was most likely a juvenile like this that became confused and stranded in the general area a decade ago. SeaWorld animal rescue officials were in a position to help out.

"In January of 1997, J.J. [the juvenile whale] was found on the beach near Marina Del Rey. The animal was dehydrated and malnourished, so we took her in," SeaWorld communications director Dave Koontz said.

The animal care staff at Sea-

World was able to create a baby whale milk formula from scratch to feed J.J.

"Nobody had done it before, but J.J. responded fairly quickly here at the park," Koontz said. "J.J. was tube-fed in the initial stages and shortly after she was actually nursing from a device we created. She was slowly weaned off formula and put onto solid food, and thereafter quickly demonstrated an ability to forage and find food as a normal grey whale would in the ocean."

After 14 months of a successful rehabilitation — during which time J.J. grew from 14 feet to 30 feet in size — SeaWorld was able to reintroduce her to the wild.

"She was transferred to a Coast Guard vessel and taken off the coast a few miles and released," Koontz said.

Koontz said J.J.'s release was timed with the northward migration of gray whales in the hope she would be taken in.

"Her GPS tracking device unfortunately fell off after three days, but it is our hope that J.J. is still out there swimming today," Koontz said.

Gray whale populations are slowly growing. Because of worldwide protection efforts, their numbers rose so steadily that, in 1994, they were taken off of the endangered species list. However, some natural threats still remain because orcas (killer whales) are their main predators.

"We see orca attacks more on the northbound migration and the mothers have to watch their calves," Shaut said. "Around Monterey Bay is where we hear a lot about attacks happening, where there are many more orcas."

Along with natural threats, impacts from human beings still exist.

"They [the whales] encounter a lot of pollution, noise and boat traffic, so there are definitely obstacles along the way," Shaut said.

Gray whales are protected by the Marine Mammal Protection Act (MMPA), and there are certain limits which define how close whale-watching boats can get to marine life. Not coming within 100 yards is a widely accepted distance not to breach.

"You cannot be within a certain distance of the whales. If they happen to swim up to the boat to get a look at us, that is OK," Shaut said. "However, we cannot cut off their path or block their way at all."

Shaut makes a special point of this when educating her team of naturalist whale-watching tour guides.

Several whale-watching tours are offering their services to bring animal lovers up close and personal with the aquatic creatures.

Just remember to keep respect and conservation in mind when coming to watch the journey of the gray whale.

Area whale-watching tours:

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• La Jolla Kayak guided tours. For information, call (858) 459-1114 or visit www.lajollakayak.com.

• Baja California Tours, Inc. For information, call (858) 454-7166 or visit www.bajaspecials.com.

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Mail your ballot to: The Peninsula Beacon, Readers' Choice Awards,
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New young Americans

The New Americans Museum at Liberty Station partnered with the U.S. Citizenship and Immigration Services (USCIS) to provide a special treat for 101 area children who received their certificates of citizenship Tuesday, Jan. 20. This ceremony is the first ever to take place at Liberty Station, a former naval training center and home to the New Americans Museum. COURTESY PHOTO BY CAROL SONSTEIN

TRASH

CONTINUED FROM Page 1

“The problem was that if you put a trash can there, people will throw garbage in with the expectation that it will be emptied,” Varon said.
Currently, Lightner’s office has asked the public to send photos of areas where garbage cans were removed and trash continues to mount.
Varon said he received two photos and about ten phone calls regarding the mess — mostly at beach access points.
Regarding solving the city’s trash mess, Varon said Lightner is currently working on a solution. In one area, a resident bought a trash can and neighbors collectively emptied it, he said.
“We’re trying to explore our options. It’s not just in La Jolla, it’s elsewhere,” Varon said.
Lightner has teamed up with District 2 Councilman Kevin Faulconer, according to Varon.
“We’ll see what we can do. I don’t know [what it would take],” Varon

said. “A community group pitches in to pay for trash pick-up, or a volunteer group might come and pick it up or it might fall to residents in the area to pick up the trash.”
Regardless, Varon said Lightner continues to call on residents to alert her to areas where rubbish has piled up.
“It’s something we’re very concerned about,” Varon said.
The trash cuts stem from a Jan. 1 budget cut, according to Park and Recreation director Stacey LoMedico. LoMedico said she planned on touring sites affected by the cuts Wed., including all viewpoints and lookout points, she said. And LoMedico says city officials are working on a fix.
Residents interested in volunteering can contact LoMedico at the parks and recreation department, she said. Officials are working on a plan to develop a right-of-way for residents who want to replace missing garbage cans, and then empty the trash, LoMedico said.
Citizens interested in volunteering are being encouraged to call LoMedico at (619) 236-6643.

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OBITUARY

Dwight Young, 84, longtime resident

Dwight J. Young, 84, went peacefully home to the Lord, his Maker, on Jan. 13, 2009.

He loved his family deeply and was the proud father of his son Brian Young and daughters Heather Allan and Jennifer Young and loving grandfather to Rachel and Sarah Allan.

Dwight was born on June 29, 1924 in San Francisco and moved to San Diego with his parents later in his childhood. He settled into a Spanish-style house on Coronado Avenue and graduated from Point Loma High School.

He was an outdoorsman and enjoyed roaming the barren hills of Point Loma with his dog. Dwight also loved the ocean and, as a young man, spent time as a lifeguard on San Diego's beaches.

Dwight regularly went diving with his friends and would catch abalone that were three deep on the ledges of Sunset Cliffs. The lobster and scallops were also plentiful.

His love of nature continued throughout his life, and he enjoyed traveling, hiking, camping, skiing and bird watching and was passionate about meteorology. With his children he deposited his love for football, reading, opera, ballet and puns.

He valued people and was a thoughtful, caring friend who loved to have deep conversations and find humor in life.

Dwight would take walks on the Ocean Beach Pier with close friends and attempt to solve life's challenges or reminisce with his longtime breakfast buddies at the Little Chef or Village Kitchen in Ocean Beach.

He was blessed with a gifted mind and a thirst for knowledge, which he used for 30 years as a



DWIGHT J. YOUNG

teacher.

Initially, he taught social studies and science in junior and senior high and later was a philosophy professor at San Diego City College and Mesa College, where he was greatly respected by staff and students as a friendly, energetic scholar.

During that time, he received his doctorate in philosophy from the University of Southern California, which was one of his proudest achievements after becoming a parent.

He loved traveling to the Pacific Northwest to experience the stormier weather and beautiful landscape. Later in life he moved to Warrenton and then Astoria, Oregon, where he briefly taught at Clatsop Community College.

Dwight returned to San Diego three years ago to be closer to his family.

His family rejoices that he has been redeemed from death and is in the presence of his loving Creator.

Graveside services will be at Mt. Hope Cemetery in San Diego today, Jan. 22, at 2 p.m.

NewsBriefs

OB planners preparing for election in March

The Ocean Beach Planning Board is getting the word out early about its upcoming elections on Tuesday, March 10 at the Ocean Beach Recreation Center, 4726 Santa Monica Ave.

Each year, seven of 14 seats become available for an Ocean Beach community member to help plan the future of the community.

"Serving on the Ocean Beach Planning Board is an excellent way to give back to the community while providing advice to the city of San Diego on land use and land development issues in the Ocean Beach area," said Ocean Beach Planning Board chair Landry Watson in a written statement.

To qualify for the volunteer position, applicants must be at least 18 years old and have attended at least one Ocean Beach Planning Board meeting prior to Wednesday, March 4.

In addition, candidates must either own property, have a business license or lived in the Ocean Beach planning district they wish to represent for at least 30 days. The planning area is divided into seven districts, which can be found on www.obpb.net/.

To get on the ballot, an application and 35 valid voter signatures must be submitted to the Ocean Beach Planning Board before Sunday, Feb. 8 at 6 p.m.

Watson said he encourages everyone eligible to participate in the elections.

The planning board acts as an advisory group to the city on community planning and land-use issues. The board meets the first and third Wednesdays of each month at the Ocean Beach Recreation Center.

"We are all excited to help shape and plan the way forward for Ocean Beach in 2009 and beyond," Watson said.

For more information, contact the Election Committee chair Seth Connolly at (949) 533-2346.

Tribute set for OB man killed in accident

Portugalia restaurant will be the site of a special memorial for Ocean Beach resident Donald Truesdail, 34, who was killed in a traffic accident on the morning of Jan. 13.

The event will take place Thursday, Jan. 22 at the restaurant, 4839 Newport Ave., beginning at 6 p.m.

Truesdail, who is survived by his wife, Nancy, was also a music teacher for Mar Vista High School. Well respected in the local music community, Truesdail could be found frequenting local open-mic nights and was in the midst of recording material for what would have been his debut album.

"He was a big part of what made my regular Thursday night Portugalia events so special," said close friend Jefferson Jay, who will host the public remembrance. "It seemed fitting to hand over this week's show to his memory."

Animal communications seminar event slated

Animal lovers will soon have an opportunity to get a little closer to their pets.

Sindi Somers of Wild and Tame Wellness and Communications at the Point Loma Pet Pantry will host "Wild and Tame Talk 101 — The Basics of Animal Communication" on Thursday, Jan. 29.

The free hourlong seminar event will take place at the Pet Pantry, 3704 Voltaire St. at 7 p.m., followed by a question-and-answer session.

According to Somers, pet owners already have the ability to

communicate telepathically with their pets, but they may not realize it.

Space is limited and preregistration is required by Jan. 27 by calling (619) 222-1986 or by e-mailing plpetpantry@att.net.

A legal guardian must accompany those under 18 years of age.

Dog Beach Dog Wash to celebrate 16 years

Dog Beach Dog Wash, Ocean Beach's first do-it-yourself dog wash, is preparing to celebrate 16 years in business with a special anniversary event from Feb. 1-16.

A drawing will be held for a free dog wash every day for 16 days, along with discounts from 16 percent to 50 percent during the celebration.

Dog Beach Dog Wash and its volunteer Friends of Dog Beach sponsor cleanups at Dog Beach on the second Saturday of every month from 9 to 11 a.m. and provides more than a half-million poop pickup bags a year at Dog Beach, Ocean Beach Park and Dusty Rhodes Dog Park.

The business is located at 4933-C Voltaire St. and is open from 7 a.m. to 9 p.m. seven days a week. For more information, call ((619) 523-1700.

Junior kindergarten program has openings

The Rock Academy, which offers Point Loma's only junior kindergarten, is currently accepting new students.

The program takes place at the Rock, 2277 Rosecrans St., from 8:30 a.m. to noon Mondays through Fridays.

The small class size allows for academic activities, art and music and promotes reading, phonetics, math and foreign languages.

The Rock Academy was established in 2002.

For more information, visit www.therockacademy.org.

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Meet the Waferatto
A treat you should invite to your next tea party

(Syndicated News) The history of the Landrin brand is as rich as Landrin's chocolate. Established in 1848, they were once the official sweets hookup for the Russian Imperial Court and a favorite of Emperor Alexander III. As the world changed, so did Landrin, who now source their ingredients from top-shelf Western European suppliers. But that's beside the point. This is a chocolate review, so let's eat and discuss.

Landrin calls their delicious dessert "Waferattos." As of now,

there are two Waferatto varieties, Classic and Gold, and each brings something new to the world of coffee-table treats. (More flavors will be rolled out soon.) The delicate Classic is comprised of a thin, near-spherical wafer filled with just-sweet-enough cream. It's coated in coconut flakes, which gives the Waferatto its character. A California almond core weighs the whole thing down. The best way to eat the Classic, I've found, is to bite it in half and tongue at its gooey center. Next, carefully nib-

ble the wafer in order to appreciate its subtle sweetness without the overpowering cream. Then finish off the almond, and unwrap another one.



The Gold Waferatto will be more familiar to Americans, as it plays with the time-tested chocolate-nut combo. The bold treat is coated in crushed hazelnuts and filled with a generous glob of chocolate-y, nutty cream. (Yes, "chocolate-y" is an

official food critics' term.) It's a shame I sampled these at noon, as I imagine the Gold would pair wonderfully with Scotch or bourbon. Feel free to dip it in your tumbler when no one's looking. I had to settle for milk, which did the trick.

Before you enjoy a Waferatto, you'll likely be struck by its fashion-conscious packaging. The boxes feature a vibrant flower pattern, which is nice, but not the cool part. Rather, it's the box's physical design: once you take off

the lid, the sides spread apart, and the box becomes a large bowl. It has wings, of sorts, that give hands easy access to the delicious nuggets within. Each box retails for about \$5 — a pretty good deal considering the taste and the fact that these treats come equipped to serve themselves. Because Landrin sent me a dozen sample boxes for this review, my living room will be cluttered with these stylish bowls for weeks. And I couldn't be happier about it.



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PLHS girls soccer squad is on a serious roll early

By KEITH ANTIGIOVANNI | THE BEACON

The Point Loma High School (PLHS) girls soccer team kept its winning streak intact on Monday with a 3-1 victory over Our Lady of Peace Academy (OLP) to boost its overall record to 6-3-2 after a 0-3-1 start.

“We started off the season missing some our players after they participated in a club tournament before our season began. Some of our girls were beat up after that, so I thought a week off would help them rest and recover,” said PLHS girls head soccer coach John Murphy.

The win over OLP could be costly. Murphy said some of the lady Pointers suffered injuries that have not been assessed yet.

The lady Pointers are undefeated in the last 7 games (6-0-1) and undefeated in Eastern League play through four games (3-0-1).

PLHS began the 2008-09 season with a scoreless tie against Bonita Vista, then followed up with three straight losses in the Butch Lee

Memorial Tournament against University City (3-1), Bishop’s (4-0) and Santa Margarita (1-0).

Point Loma turned its season around during a 5-0 win against Madison High in the first of four consecutive shutout victories, which included wins over Kearny (8-0), Mira Mesa (1-0) and Morse (5-0).

Junior midfielder/forward Shelby Murphy has helped lead the way for the lady Pointers with 10 goals and 7 assists through 10 games. Freshman left-midfielder Veronica Perez is second on the team in scoring with 5 goals.

Her sister, Bianca, a senior, has also contributed to the lady Pointers’ offensive attack with 4 goals. Junior midfielder/forward Brianna Tumbiolo added 3 goals and 2 assists of her own.

“John (coach Murphy) likes to use Brianna as a utility player,” said parent Lisa Tumbiolo, who is also a PLHS women’s soccer boosters member. “She could be at mid-field or defense. She doesn’t have

“We are entering a tough stretch of the schedule. Both Patrick Henry and Scripps Ranch are solid, but we will have 6 of our next 10 games at home.”

JOHN MURPHY
PLHS GIRLS SOCCER COACH



The Point Loma High School girls soccer team is undefeated in its last 7 games and is now 6-3-2 overall. COURTESY PHOTO

a set position. John likes to take players and put them at different positions depending on where they are best suited for each game.”

PLHS will need to have all hands on deck for the remainder of the week when the girls face Eastern League rivals Patrick Henry and

Scripps Ranch.

The Patrick Henry game was slated for Wednesday at home, while the Scripps Ranch game will take place Friday on the road.

“We are entering a tough stretch of the schedule. Both Patrick Henry and Scripps Ranch are

solid, but we will have 6 of our next 10 games at home,” Murphy said.

The remainder of the regular season schedule includes Eastern League rivals Mira Mesa, Morse, San Diego, Serra, Scripps Ranch and non-league rival Mission Bay.

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Hanohano Ocean Challenge is one big ‘oar-deal’ for paddlers

By **ADRIANE TILLMAN** | THE BEACON

On the last morning in January, wake up early to cheer on paddlers young and old, novice and Olympian, who will race all types of muscle-powered watercraft out of Bonita Cove and across the ocean waters. Top athletes will race skinny, precarious ocean kayaks called surf-skis that can blaze across the water reaching top speeds of 20 to 25 miles an hour if they catch a wave. Other athletes will push themselves

along on stand-up paddleboards, and teams of two will stroke kayaks to the finish.

It's the 13th annual Hanohano Ocean Challenge that takes off from Bonita Cove, across from Belmont Park, on Saturday, Jan. 31. Paddlers will either push off from the cove at 9 a.m. to race the 4.75-mile course around the bay, or at 10:30 a.m. to race the 9-mile course out to Crystal Pier and back.

"A lot of people don't know about paddle-boarding," said organizer Dan Van Dyck of the Hanohano Outrigger Canoe Club, who has paddled since 1986. "If I can give kids and handicapped athletes a chance to paddle, it's good for me."

Van Dyck said he loves paddling out on a peaceful ocean, away from the hubbub of life. It's also the best place to spot a migrating whale, playful dolphin or sea lion.

Nine-year-olds to 85-year-olds and athletes with disabilities will compete in the event that will bring 300 contestants from around Southern California to Mission Bay. Serious competitors with their eyes on the Olympics will also show up for the nine-mile ocean course.

"It's not just a little, local kayak race," Van Dyck said.

Seventeen-year olds Ryan Stock and Nick Hanoian are training to compete for a spot on the junior national kayaking team that will travel to the world championship regatta in Moscow. Hanoian is a student at La Jolla High School.

"You're out there head to head," Van Dyck said. "You get to see how



Kayaks, paddleboards, surfskis and other human-powered watercraft will take to the water Saturday, Jan. 31, paddling 9 miles from Mission Bay to Crystal Pier and back, or 4.75 miles around the bay.

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Cards head to Super Bowl after surprise upset over Eagles

By **BOB HURST** | THE BEACON

After years of losing, the Arizona Cardinals can finally be called winners.

One of the NFL's lowliest franchises will be playing in the Super Bowl on Sunday, Feb. 1 after upsetting the Philadelphia Eagles 32-25 on Sunday in the NFC Conference Championship game. And that came after upset victories over Atlanta and Carolina in the play-offs.

Thanks to the dangerous combination of quarterback Kurt Warner and wide receiver Larry Fitzgerald, the Cardinals were able to stick it to the Eagles, who stuck it to them on Thanksgiving night in a 48-20 Philadelphia rout.

Warner found Fitzgerald nine times for 152 yards and three touchdowns, including a 62-yarder that started with a pitch to J.J. Arrington, who lateraled it back to Warner.

After blowing a 24-6 halftime lead, the Cardinals stayed poised enough to launch a 14-play, 72-yard drive for the game-winning touchdown late in the fourth quarter. Rookie running back Tim Hightower kept the drive alive on 4th-and-1 from the Eagles 49, scampering around right end for a gain of six yards.

Eight plays later, Warner hit Hightower with an eight-yard touchdown pass, and the two-point conversion pass made it 32-25 with 2 minutes and 53 seconds to play. Arizona held on, earning its first Super Bowl appearance, after playing in the franchise's first championship game since 1948.

With just two winning regular seasons since 1985, it was hard to believe that the Cardinals would be playing for the NFL's most-prized trophy.

"I want to say thanks to all of you guys," Warner told the home crowd in Glendale, Ariz. "When nobody

else believed in us, when nobody else believed in me, you guys did, and we're going to the Super Bowl."

Steelers defense keys return to Super Bowl: The Pittsburgh Steelers have won with defense all season, and it was a big defensive play at the end of Sunday's AFC Conference Championship game that will send the Steelers to their second Super Bowl in four years.

Leading 16-14, Steelers safety Troy Polamalu intercepted rookie Baltimore quarterback Joe Flacco, returning it 40 yards for a touchdown with 4:24 left to play, giving Pittsburgh a 9-point lead and what would turn out to be the final 23-14 score.

"They say defense wins championships. Well, we have the No. 1 defense. And they're the reason why we're really going to the Super Bowl," said Steelers receiver Hines Ward of the defense that held the Ravens to just 198 total offensive yards.



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Irradio ready to toot its 'Horn' with mix of punk, soul

Show moved from
Che Cafe to Midway

By BART MENDOZA | THE BEACON

Soul music takes many forms, from dance rhythms to groove-tinged funk, but at its core is passion, a trait it shares with punk rock. While the mix of the two might seem unlikely at first, one San Diego group, Irradio, will leave a listener wondering why the combination hasn't been used more often. With the new album "I Am The Horn" imminent and touring on the horizon, the quintet's explosive sound is poised to take the band from the national to the international stage. Irradio has released three discs previously, but the latest finds the band hitting a peak with material that's edgy and at times danceable but always with a surplus of melody.

Irradio was scheduled to pre-view material from the album Jan. 24 at the Che Café located on the UCSD campus. Unfortunately, the show was cancelled along with all other pending concerts at the venue while insurance issues are worked out. Instead, Irradio will perform a concert the same night at Music Trader, 3112 Midway Drive. The music starts at 7

p.m.

Lead guitarist Dan Dasher takes such problems in stride. "After almost nine years of ups and downs and ups again with this band, something like this is relatively minor — after all, the show must go on," he said.

His casual demeanor belies the intense nature of his music. That intensity has been evident ever since Dasher decided to become a musician while a teenager. Citing a combination of "trying to harness the ability to move minds with subtle action of sound" and a copy of the album "On the Kill Taker" by Fugazi, he decided he needed to make music.

"During the summer of '93, when I was 16, I wanted to control the sound of my thoughts, so I taught myself the guitar," he said.

A year and a half later, still in high school, he made his live debut with Righteous Youth, playing and selling out the Soma Sidestage.

"We played well, despite going out of tune the last half of the set. I was so nervous," Dasher laughed.

The band split in 1999, paving the way for Irradio the following year.

Irradio has had three lineups in its nine-year existence, with the current edition featuring, in addition to Dasher, bassist Rick Blare,



After a gig at Che Cafe was cancelled at the UCSD campus, Irradio landed another concert at the Music Trader on Midway Drive on Saturday, Jan. 24. Showtime is 7 p.m. and the performance is open to all ages. COURTESY PHOTO

woodwind player Steven Welker, drummer Greg Sudor, guitarist Jim Hughs and keyboardist Edgar Almarin.

The band has already scored notable successes, including licensing songs to the Discovery Channel and has worked with famed producers Les Camacho (Pink Floyd, Fleetwood Mac) and most recently Mitch Wilson of acclaimed indie rockers No Knife. While hopes are high for the

upcoming album and tour, Dasher considers that for better or worse, he'll be happy to always be a musician.

"I'm a lifer," he said. "I love that you can make people feel things with your songs and that your idea can be set to a beat and melody."

For him, music holds just as much promise as it did the first time he picked up a guitar as a youngster.

"I love music and the purpose it serves in the world," Dasher remarked. "Music plays a huge role in everyone's life today. Musicians are the ones who have always brought hope, movement, life and freedom."

Irradio performs at Music Trader, 3112 Midway Drive, Saturday, Jan. 24 at 7 p.m. The show is open to all ages. For more information, visit www.myspace.com/irradio.

SD film critics pick the top 2008 flicks

FROM STAFF REPORTS | THE BEACON

The San Diego Film Critics Society has selected "Slumdog Millionaire" as Best Film of 2008. Also honored was its director, Danny Boyle, as Best Director.

"'Slumdog' is an inspiring film of hope," said James Colt Harrison, one of the founding members of the critics society. "Boyle captures the hopes and dreams of a young Indian boy who manages to use his knowledge to make his way out of the slums of Mumbai."

The Best Actress was Kate Winslett for her role as a German prison guard who has an affair with a young man (David Kross) in "The Reader." Making the comeback of the decade is Mickey Rourke. He was selected for Best Actor in "The Wrestler."

One-time Oscar winner Marisa Tomei (My Cousin Vinny) was selected once again as Best Supporting Actress for her role as a stripper who befriends Rourke in "The Wrestler." As was expected, the late Heath Ledger was picked as Best Supporting Actor for his startling portrayal of The Joker in "The Dark Knight."

Best Original Screenplay went to Tom McCarthy for "The Visitor" and Simon Beaufoy was honored for Best Adapted Screenplay for "Slumdog Millionaire."

The art of cinematography was easily won by Anthony Dod Mantle for his work at capturing India in "Slumdog Millionaire." Graham Burt was selected for Best Production Design on Brad Pitt's "The Curious Case of Benjamin Button."

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Jan./Feb. A Look Ahead

COMMUNITY/CIVIC

Saturday, Jan. 25, 4 p.m., Point Loma Democratic Club hears a presentation on "Water and California" by featured speaker Dr. David W. Pierce of the Scripps Institution of Oceanography. The event, which takes place at 1314 Trieste Drive, is open to the public. For more information, call (619) 222-9344.

Sunday, Jan. 25, 7 p.m., annual meeting of the United Portuguese S.E.S., Inc. known as the "Contas." The meeting takes place at the United Portuguese Hall, 2818 Avenida de Portugal. For more information, call (619) 223-5880, or visit www.upses.com.

Wednesday, Feb. 11, 10 a.m., monthly meeting of the Point Loma Garden Club with master gardener and Point Loma Association member Jodi Bruhn. The event takes place at the Portuguese Hall, 2818 Avenida de Portugal. For more information, visit www.plgc.org.

Sunday, March 1, 9 a.m. to 4 p.m., inaugural Doggie Street Festival to promote pet adoption, featuring pet demonstrations, contests, vendors and services, live music and food. The free event takes place at NTC Park on Cushing Road at Liberty Station. For more information, visit www.doggie-streetfestival.org.

Mondays, 3 to 3:45 p.m., baby

signing storytime for infants and caregivers at the Ocean Beach Library, 4801 Santa Monica Ave. For more information, call (619) 531-1532.

Tuesdays, 10 to 10:45 a.m., Preschool Storytime at the Ocean Beach Library, 4801 Santa Monica Ave. For more information, call (619) 531-1532.

SCHOOLS CORREIA

• Today, Jan. 22, 2 to 4 p.m., campus cleanup campaign.

LOMA PORTAL

• Today, Jan. 22 and Thursday, Jan. 29, 1:15 to 1:30 p.m., pizza and bake sales after school.

• Tuesday, Jan. 27, 3:35 to 4 p.m., popcorn sales after school.

• Thursday, Jan. 29, 9:30 to 11 a.m., kindergarten tours beginning in auditorium. Tours may be scheduled by calling (619) 223-1683.

• January through Feb. 14, turn in boxtops for a drawing and chance to win a Webkinz Pet. For more information, call (619) 223-1683.

• Through January, yearbooks available for \$16.

OB ELEMENTARY

• Today, Jan. 22, Bank Day; 12:30 p.m., after-school dance class and Spanish class.



MADCAPS and community outreach

Girls from the Mothers and Daughters Club Assisting Philanthropies (MADCAPS) in Point Loma got together at Head Start for a Winter Celebration holiday party with the Head Start children recently. The MADCAPS girls assisted in making crafts with the children as well as cookie decorating, face painting and a sing-along. Shown are, from left, some of the members of the MADCAPS girls class of 2013: Justine Hall, Nicole May, Natalie Tonnesen, Eliza Sweet, Ella Verhees and Breanna Gabriel. Beth Malachowski was the holiday party leader.

COURTESY PHOTO

• Tuesday, Jan. 27, 2:30 p.m., Chess Club meets.
• Thursday, Jan. 29, Bank Day; ArtSpace, Dance, Spanish and yoga after-school clubs.

PLHS

• Today, Jan. 22, 6 p.m., informational meeting for prospective

parents and students in gymnasium. For more information, call (619) 223-3121, ext. 1130. The event is open to the public.

SACRED HEART ACADEMY

• Today, Jan. 22, 8 a.m., all-school Mass at Sacred Heart Church.

• Sunday, Jan. 25, 10:30 a.m. to 1 p.m., Catholic Schools Week Open House.

• Tuesday, Jan. 27, report cards sent home.

• Thursday, Jan. 29, grade 2 to San Diego Zoo.

• Friday, Jan. 30, Family Picnic

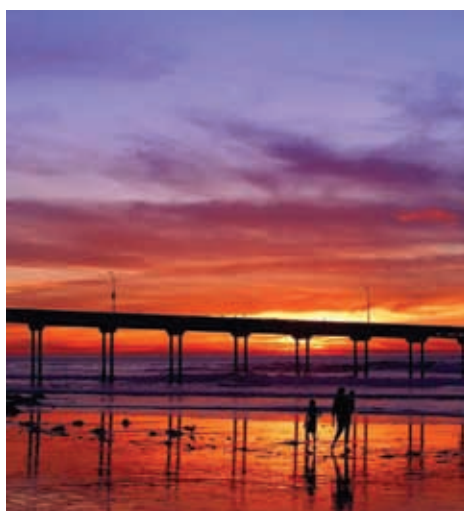
SEE CALENDAR, Page 15



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CALENDAR

CONTINUED FROM Page 14

Day.

- Saturday, Jan. 31, bookfair at Bookstar.
- Tuesday, Feb. 3, 8:30 a.m., PA board meeting in art lab.
- Wednesday, Feb. 4, 3rd-graders to Scripps Institution of Oceanography.
- Thursday, Feb. 5, flower friends presentation to 2nd-graders.
- Friday, Feb. 6, noon dismissal.
- Monday, Feb. 16, Presidents' Day, no classes.
- Tuesday, Feb. 17, progress reports online for grades 4-8.
- Tuesday, Feb. 24, 1:30 p.m., Mardi Gras parade down Newport Avenue followed by Mardi Gras party at school.
- Wednesday Feb. 25, 10 a.m., Ash Wednesday Mass at Sacred Heart Church.

SDCCD

- Thursdays, 10 a.m. to noon, San Diego Community College's Continuing Education Department offers free Qigong class, an ancient Chinese path to health. Classes take place at 3250 Fordham St., "A" building conference center. Walk-ins welcomed. For more information, call (619) 221-6973.

SILVER GATE

- Wednesday, Jan. 28, 8:30 a.m., new student parental tour.

- Thursday, Jan. 29, jog-a-thon; 12:30 p.m., Student Council family lunch.
- Friday, Jan. 30, 7:45 a.m., principal's chat with parents of students in grades kindergarten through 1.

ST. CHARLES BORROMEO

- Today, Jan. 22, 1:15 p.m., spelling bee finals at the Parish Event Center.
- Jan. 25-30, Catholic Schools Week.
- Monday, Jan. 26, Surf Club registration due.
- Tuesday, Jan. 27, end of second quarter.
- Friday, Jan. 30, Grandparents Day, no after-school daycare.
- Thursday, Feb. 5, report cards distributed, WASC/WEC visiting team pre-visit.
- Thursday, Feb. 5, report cards distributedk, WASC/WEC visiting team pre-visit.
- Feb. 5-8, science fair in Parish Event Center.

SUNSET VIEW

- Friday, Jan. 23, Western barbecue at student lunch.
- Monday, Jan. 26, 4th-grade NAEP testing.
- Monday, Jan. 26, 7 p.m., Foundation meeting.
- Thursday, Jan. 29, 1:45 p.m., SSC meeting.
- Friday, Jan. 30, student awards.

HEALTH

Monday, Jan. 19, 2 to 7 p.m.,

Gold's Gym hosts the San Diego Blood Bank bloodmobile at 3156 Sports Arena Blvd. in the courtyard area. For more information, call (800) 4MY-SDBB or visit www.sandiegobloodbank.org.

SENIORS

Monday, Jan. 26, 9:30 to 11 a.m., Sharp Cabrillo Senior Resource Center hosts "Early Memory Loss: Tools for Successful Living," covering memory loss, medications, community resources and stress management exercises. The free event takes place at the Sharp Cabrillo Medical Staff Conference Room, 3475 Kenyon St. Registration is required by calling (800) 827-4277.

Tuesday, Jan. 27, 9:30 to 11 a.m., Sharp Cabrillo Resource Center hosts "Wills and Trusts," covering valuable information on trusts, inheritance taxes and legal issues. The free event takes place at the Sharp Cabrillo Medical Staff Conference Room, 3475 Kenyon St. Registration is required by calling (800) 827-4277.

ARTS & ENTERTAINMENT

Jan. 22-24, 6:30 p.m., the Point Loma High School (PLHS) Thespian Society presents the comedy classic "Arsenic and Old Lace" at the PLHS Performing Arts Center, 2335 Chatsworth Blvd. Tickets are \$16 at the door and are also available through will-call by calling (619) 223-3121, ext. 4509.

Today, Jan. 22, 7:30 p.m., Holy Trinity Concert Series featuring Scottish folk singer Jim Malcolm. The event takes place at the Holy Trinity Parish, 2083 Sunset Cliffs Blvd. Tickets are \$15. For more information, call (619) 222-0365 or visit www.holytrinity-ob.com.

Wednesday, Jan. 28, 1 to 3 p.m., arts-inspired OASIS program featuring "High Sierra" with Humphrey Bogart at the Hervey/Point Loma Branch Library, 3701 Voltaire St. Film critic David Elliott introduces the film and discusses the tough but human drama. Popcorn provided. For more information, call (619) 531-1539.

Monday, Feb. 2 through Friday, Feb. 6, Point Loma Nazarene University hosts the 14th annual Writer's Symposium by the Sea themed "Writing Beyond Boundaries." Various times and speakers are scheduled and prices vary depending on topic and speaker. Most all of the symposium takes place at Crill Hall, 3900 Lomaland Drive. For information on speakers, schedules and prices, call (619) 849-2297 or visit www.pointloma.edu/writers.

VENUES

Cane's Bar & Grill, 3105 Ocean Front Walk, (858) 488-4458

- Today, Jan. 22, 8 p.m., Kemistry performs with Chance & The Choir, Bobby Fantasy and Monday's Alibi. Tickets are \$6.
- Friday, Jan. 23, 9 p.m.,

Cash'd Out (Johnny Cash tribute band) performs. Tickets are \$15.

- Saturday, Jan. 24, Tainted Love ('80s tribute band) performs. Tickets are \$15.
- Wednesday, Jan. 28, 8 p.m., TBA. Tickets are \$5.
- Thursday, Jan. 29, 8 p.m., KCR/SDSU kickoff party with The Tiger Sharks and Groove Theory. Tickets are \$8.
- Friday, Jan. 30, 9 p.m., B-Real and DJ Muggs (of Cypress Hill) perform with Psycho Realm. Tickets prices unavailable.
- Saturday, Jan. 31, 8 p.m., Hed(pe) performs with Kutt Calhoun, Dirtball, Potluck DGOF and Deaf Zero. Tickets are \$16.

Club Riley's, 2901 Nimitz Blvd., (619) 255-8635

- Mondays, 9 p.m., CTK Comics That Kill comedy show. The cover charge is \$5 and includes free pool.

San Diego Sports Arena, 3500 Sports Arena Blvd., (619) 225-0176

- Saturday, Feb. 7, Smucker's Stars on Ice returns for 23rd season with "On the Edge," featuring a cast of Olympic, world and international champions, including Olympic silver medalist Sasha Cohen. For ticket prices and information, visit www.sandiegosportsarena.com.

Winston's Beach Club, 1821 Bacon St., (619) 222-6822

- Friday, Jan. 23, 7 p.m., John Wessling, a semi-finalist on Last Comic Standing 2, performs. Tickets are \$5.



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Happy Hour 5-6pm 1/2 Price Pitchers \$2 off All Pichers all night MONDAY NIGHT FOOTBALL	Happy Hour 5-6pm 1/2 Price Pitchers \$11 Micro Pitcher after 6pm	Happy Hour 5-6pm 1/2 Price Pitchers \$2.75 Sunshine Lemonade all night!	Happy Hour 5-6pm 1/2 Price Pitchers Super Pint Night	Happy Hour 5-6pm 1/2 Price Pitchers	Happy Hour 5-6pm 1/2 Price Pitchers ESPN GAME PLAN	Happy Hour 5-6pm 1/2 Price Pitchers \$2.75 Bloody Marys \$3.75 Margs, \$2 PBR's \$8 Bud Pitchers
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\$1 off U-call it 8pm-1am	Super Pint Night	\$2 off anything on our menu all night!	\$3 off pitchers after 7pm	PBR & Miller High Life bottles \$2.50 Shot of the Week \$3	PBR & Miller High Life bottles \$2 Shot of the Week \$3 ESPN GAME PLAN	\$2.75 bloody mary's all day Drink Specials during the games NFL SUNDAY TICKET
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- ACROSS
- DOWN
- 1 Personnel

6 — toast

11 Maxim

16 Glasgow residents

21 Something unusual

22 Bay window

23 Female fox

24 Behind the — ball

25 Rage

26 Machine part to reduce friction (2 wds.)

28 More uncommon

29 Zodiac sign

30 Fine spray

31 Extension

32 Rigid

34 Bird of Australia

35 Punta del —

37 Pub order

38 Knight's protection

40 Marquee notice

41 Congeal

42 Solitary

44 Chanted

46 Extinct bird

49 Make downhearted

52 Musical passage

53 Cover

55 Peril

59 Daisylike flower

60 Tax on imports

61 Stage whispers

64 Duplicitous

65 Raise

66 Olympian goddess

67 Mil. gp. on campus

68 Swamp

70 Cut

71 Work unit

72 Yacht

73 Expressive dance

74 Start of a palindrome

76 Had a bite

77 Go off the — —

79 Showy actor

80 Country in Asia

82 Hampton or Barrymore

84 Tiny speck

85 Surrealist Spanish painter

86 Broad

87 Touch down

88 Doubting —

90 School in England

91 Summer drink

92 Second game

95 Squealer

96 Hidden supply

98 Measure of farmland

100 Mata —

101 Mine's output

102 Pale

104 High-pitched bark

105 Let it stand!

106 Wacky

107 — White

108 Kind of engine

110 Very bad

112 Yearn

113 Potato state

114 Greek messenger god

116 Rocky hill

117 Discovery

118 Chopped finely

119 Dross

121 Pertaining to touch

124 Price

125 Sheep's cry

128 Liquor

130 Hypocritical one

131 Triumphed

132 Name in Genesis

136 Assn.

137 Courage

139 Wrath

140 Kind of bean

141 Neighbor of Mex.

142 Verona's river

144 Developing gradually

147 With full force

149 Shoe parts

150 Bar, in law

151 Frugal one

152 Porch

153 Stoke-on- —

154 Acts

155 Put forth effort

156 Hippodrome

1 Weighing device

2 Adjusts, in a way

3 Lingo

4 Disapproving cry

5 Pro

6 Suspended sculpture

7 Rub out

8 Speak rhythmically

9 — canto

10 Province in Canada

11 Island in Arthurian legend

12 Manager (abbr.)

13 Line of rotation

14 Fellows

15 Encircle

16 One in servitude

17 Govt. agcy.

18 Monsters

19 Motif

20 Walk proudly

27 Sailors' saint

30 Numerous

33 Victorials

36 Rice or Gantry

38 Friend of Amos

39 Object from antiquity

43 Paddle

44 Jot

45 Performed

47 Mr. Hammarskjöld

48 Burden

49 Was brave enough

50 River in France

51 Child actor's parent (2 wds.)

52 Short

54 Lower in value

56 Mixed drink (3 wds.)

57 The cream

58 Repulse

60 Numb

61 Internet giant

62 Steadfast

63 Turf

66 — is the best policy

67 Think at length

69 Art exhibition location

72 Greek letters

73 Nimbus

74 Fashion

75 City in Florida

78 Small dog, for short

79 "Thirty days — September..."

81 Assistant

83 Go out — — limb

85 Tyrant

88 Garbage

89 Speed

92 Sounded a bell

93 Hag

94 Cut down with an axe

97 Melody

99 100 years (abbr.)

100 Cards dealt

103 Sweet potatoes

105 Sandal part

106 Region

107 — Clara

109 Brooks or Torme

111 Little one

112 Showy flower

113 Badly (prefix)

115 Poet — Teasdale

117 Adroit maneuvering

118 — Lisa

120 Swallowed

122 Bird sounds

123 Ripped

124 Hidden

125 Brag

126 Warmth of feeling

127 Like a gymnast

129 Code name

131 Fluctuate

133 Allman or Eddy

134 Chinese or Japanese, e.g.

135 Craze

137 Sleeveless garment

138 Memory alone

140 Playing card

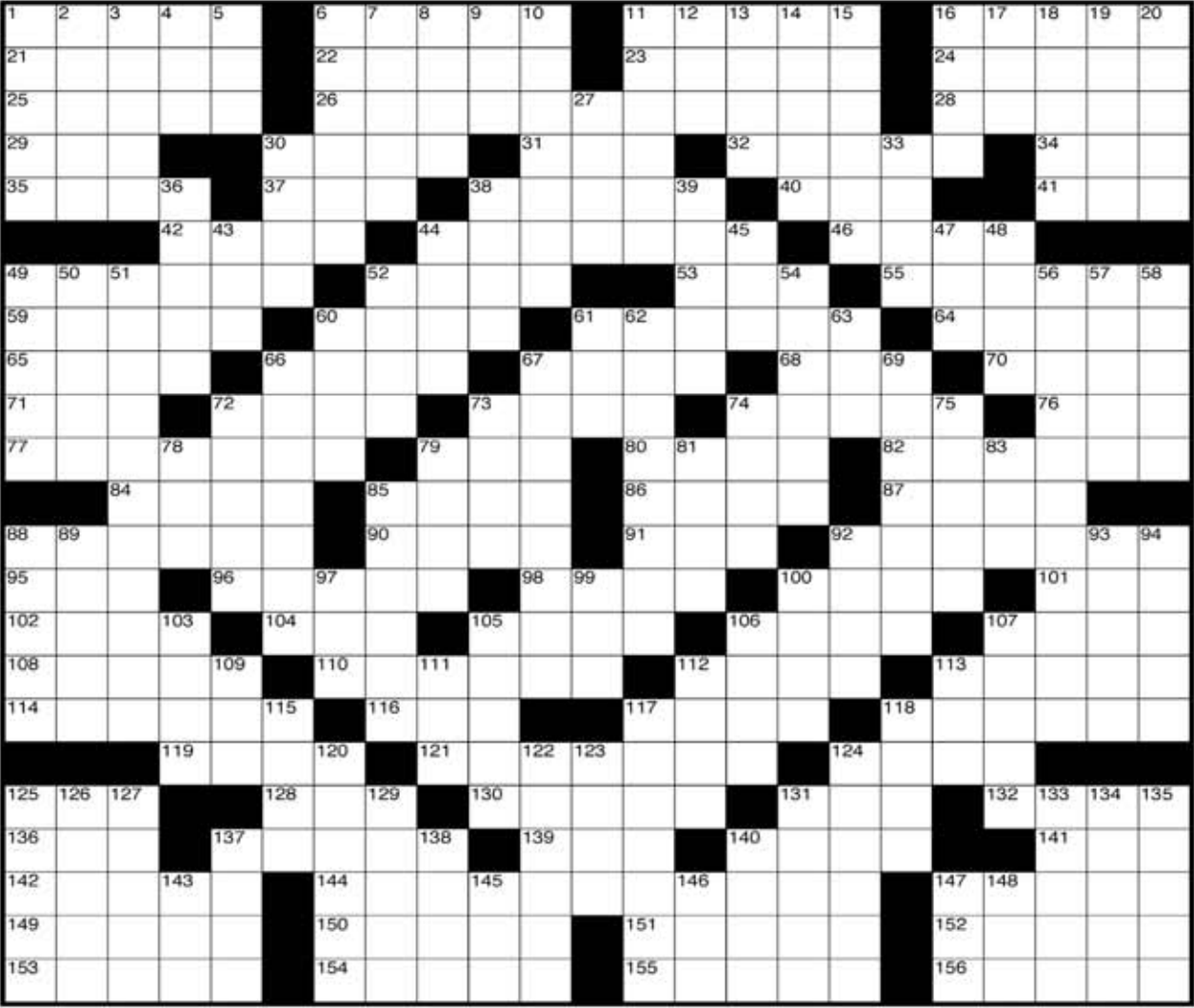
143 Mil. rank

145 Deity

146 Woodwind instrument

147 Wing

148 Impair



HOROSCOPE

- ARIES - Mar 21/Apr 20

Aries, it's not in your best interest to lash out right now. So calm any feelings of aggression and take on a laid-back demeanor. Things will work out for the best.
- TAURUS - Apr 21/May 21

Taurus, this week you'll be saying "no" for all the right reasons. This is thanks in large part to a long-needed change in perspective that works out for the best.
- GEMINI - May 22/Jun 21

Gemini, sometimes you can learn more by simply watching than taking part. Whether you're with a group of friends or at work, hold your tongue and observe the action.
- CANCER - Jun 22/Jul 22

This week is far from mundane and you may find your head reeling from all of the excitement, Cancer. Put off laborious tasks like paperwork until another time.
- LEO - Jul 23/Aug 23

Leo, it's alright if you need to zone out and focus on your problems this week. When you get everything in order, then you can get back to normal once again.
- VIRGO - Aug 24/Sept 22

No matter what you have going on this week, Virgo, jump in with both feet. You may be surprised at how much you enjoy the activity, and others will find it hard to resist.
- LIBRA - Sept 23/Oct 23

Libra, this week you're in the right frame of mind for doing a little shopping. As long as you have your ducks in a row, go out and indulge a little bit.
- SCORPIO - Oct 24/Nov 22

Scorpio, the thing about you is that even on your off days you're able to deliver the goods. That's what makes you a good person to have around, whether at work or as a friend.
- SAGITTARIUS - Nov 23/Dec 21

Things are going well, Sagittarius, but this week you need to just shut out the world for some time and make sense of it all. Find a quiet place, slip on some headphones and reflect.
- CAPRICORN - Dec 22/Jan 20

You're facing a big decision, Capricorn. Although you still have plenty of time, you want to be sure you've made the right choice. Leo offers sage advice.
- AQUARIUS - Jan 21/Feb 18

Aquarius, you need a place you can call your own for some privacy, and this week you're having trouble finding it. Carve out your little nook no matter what.
- PISCES - Feb 19/Mar 20

You reach an epiphany this week, Pisces. Although it may not be the most comfortable of feelings, at least you know what to do.

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8264 Poe St.	3BR/3BA	POINT LOMA / OCEAN BEACH • 12pm-4pm \$749,000-\$799,000	Team Fuller • 619-226-8264
3032 Hugo Street	2BR/2BA	12pm-3pm \$639,000-\$675,000	CindyWing.Com • 619-223-9464
2076 McDonough Lane 4304 Hill Street 1271 Willow Street	4BR/2.5BA 3BR/2BA 2BR/1BA	1pm-4pm \$1,075,000 \$1,069,000 \$750,000-\$999,000	CindyWing.Com • 619-223-9464 CindyWing.Com • 619-223-9464 CindyWing.Com • 619-223-9464
11393 Carmel Creek Road	2BR/3BA	CARMEL VALLEY • 1pm-4pm \$670,000	Craig Henderson • 858-922-0367
1919 Spindrift 245 Prospect #3	3BR/2.5BA 2BR/2BA	SATURDAY & SUNDAY JAN 24 & 25 • LA JOLLA • 1pm-4pm \$3,995,000 \$1,700,000	Brant Westfall • 858-922-8610 Leslie Rosenquist • 858-692-3880

Open House Directory listings are due on Tuesdays at noon.

BARONS *The Marketplace*



Fuji Apples
Washington
2 lbs \$1

Organic Strawberries
Locally Grown
Be Wise Ranch
Rancho Bernardo
2 for \$5

Blueberries
3 for \$5
6 oz containers

Cara Cara Navel Oranges
Riverside
2 lbs \$1

Organic Tangelos
Borrego Springs
98¢ lb

Red Potatoes
Washington
2 lbs \$1

Del Monte Gold Pineapple
2 for \$5

Brown Onions
Lancaster
3 lbs \$1

Yams & Sweet Potatoes
Livingston
2 lbs \$1

Extra Large Cherries
\$2.77 lb

Radishes & Green Onions
Santa Maria
4 for \$1

Papa Cantella's Fresh Sausages
Real Italian Style
\$4.49-\$4.69
14-16 oz

Redwood Hill Goat Milk Yogurt
Plain
Vanilla
Blueberry
\$1.99
6 oz

Kermanig Foccacia Bread
Quick & Delicious
Garlic Cheese
Spinach Cheese, Veggie
\$4.99
8-10 oz

Metro Mint Mint Water
Pure & Simple
Crisp Clean Taste
All Natural
\$1.39
500 ml

Near East Rice Pilaf
An easy, tasty side
\$1.99
6.09-6.75 oz

King Arthur All Purpose Organic Flour
\$2.99
2 lb

Honest Tea
Fresh Brewed
Refreshing
Unsweetened or Barely Sweetened
\$3.49
64 oz

Milton's Whole Wheat Crackers
Great with mild cheddar cheeses
\$2.69
10 oz

Mr. Krisper's Baked Rice Crisps
Light & Crispy
Healthy Snack
\$1.99
4.2-5 oz

WINE DEPARTMENT
Foxhollow Wines (Cabernet, Chardonnay, Merlot) . \$2.48 750 ml
Santa Alicia Reserve Merlot 05 \$6.98 750 ml
B&G Bistro Chardonnay 06 \$8.98 750 ml
Montecillo Rioja White 07 \$8.98 750 ml
Mont Pellier Viognier 06 \$4.98 750 ml
Concannon Syrah 06 \$8.98 750 ml

Hyland's Cough Syrup
with 100% Natural Honey
4 Kids
Gentle
All Natural
Safe
\$7.39
4 oz

Rancho Bernardo
11828 Rancho Bernardo Road
In the Mercado • (858) 485-8686

Temecula
31939 Rancho California Road
Corner of Meadows Pkwy. • (951) 693-1111

Point Loma
4001 W. Point Loma Blvd.
1 Blk. W. of Midway Dr. • (619) 223-4397

Hours: Everyday 8 AM to 9 PM (except holidays)
Limited Quantity on Some Items. Not Responsible for Misprints • Prices good through 1/27/09