

SAN DIEGO COMMUNITY NEWSPAPER GROUP

Thursday, October 2, 2008

WWW.SDNEWS.com ■ Volume 22, Number 40



Hook, line and sinker

Young anglers flocked to the Ocean Beach Pier on Saturday for the OB Fishing Derby sponsored by the Kiwanis Club of Ocean Beach. Above, Peter Hashagen, center, helps Shane Niner release a mackerel back into the ocean, Left, Will Tawagrin of Point Loma looks at his mackerel as event organizers measure Tawagrin's catch. Below, Ian Graham of Ocean Beach and his father, Scott, spend some quality time during the derby. The Kiwanis club of Ocean Beach has been holding the event for about 40 KIRBY YAU | THE BEACON



We wanted to give

some type of closure

and say goodbye

to her ...

WANDA AGOSTO FRIEND OF ROSA LISOWSKI

Gov. pulls plug on water monitoring

Budget cuts to cost San Diego \$302,000

By SEBASTIAN RUIZ | THE BEACON

San Diego beaches recently brought home good grades on their water quality report card. But keeping them healthy took a lot of work — and now all that progress could go down the drain because of budget cuts to a statewide program that monitors beach contam-

San Diego County Department of Environmental Health officials have stopped checking a majority of beach areas for bacteria because of state budget cuts that wiped away the funding of beach monitoring and a public awareness program that county officials say originated in San Diego several years ago.

San Diego County alone stands to lose about \$302,000 — the program's entire budget — which paid for weekly beach water sampling during the dry months of April through October, said Mark McPherson, chief of the Land and Water Quality Division for the San Diego County Department of Environmental Health.

Water monitoring will stop at about 55 sites, from San Onofre to the southern border, including cessation of state-funded monitoring at La Jolla Shores, Mission and Pacific beaches and Ocean Beach, he said. Some county monitoring already under way will continue, he said, but new monitoring will

Ĉity water agencies will also continue to monitor beaches at 41 sites as they comply with wastewater regulations, but the county



City biologist Andre Sonksen takes water quality samples at Mission Bay along Cudahy Creek.

COURTESY PHOTO | THE BEACON

will no longer be able to analyze those data because of the budget cuts, he said.

The samples let health officials know if the beaches were contaminated according to standards of pollutant measurement. The program also paid for signs about water contamination so people can decide where they want to enter the water, he said.

"Having that kind of data is important because you can make real-time decisions because of that history. It's always preferable to

SEE TESTING, Page 7

Point Loma mother, presumed murdered, eulogized

By SEBASTIAN RUIZ | THE BEACON Lisowski is now 66 and just talk

Friends and family of a missing Point Loma woman gathered Saturday to honor her memory. The service for Rosa Lisowski, 48, was held at the Stonewood Garden apartments in Point Loma where she lived.

About 25 people attended the service, according to family friend Wanda Agosto.

Lisowski, a mother of four, disappeared Monday, March 24. She was last seen walking her youngest son to Barnard Elementary School.

presumed dead.

Organized by members of the Christian Life Mission of San Diego, Saturservice day's served as a memorial to Lisowski, said Agosto. Friends believe she may never be found

and they continue to mourn her loss.

'We wanted to give some type Police detectives have said of closure and say goodbye to her, about what she meant to us," Agosto said.

Agosto organized the service along with her husband, Edgar, who is a pastor for the church, she said.

Agosto Lisowski had met and become

bible study partners in the months before Lisowski's disap-

SEE MEMORIAL, Page 7



Friends and Family of Rosa Lisowski shed tears during her memorial service Saturday. Rosa's husband, Henry, is being held on suspicion of murder.

Surf Report

SATURDAY Hi: 1:25 a.m. 11:42 p.m. Low: 4:51 a.m. 7:51 p.m.

Size: 2-5 ft.

Wind: 7-12 mph

SUNDAY Hi: 12:25 a.m. Low: 9:26 a.m. Size: 2-6 ft. Wind: 4-10 mph

Taking over the bays

The Australian sea squirt has joined the invasive aquatic species taking up residence near Shelter Island and Mission Bay. 4

Savoring the flavor

'Chef Celebration' prepares to offer up the best from host restaurants, including Thee Bungalow in Ocean Beach. 9

NAIA Hall of Fame honor

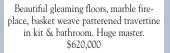
Point Loma Nazarene University head golf coach Ben Foster will be inducted into the NAIA Hall of Fame on May 18 in Davenport, Iowa. 11

Prudential California Realty

Whether You're Buying or Selling...We Can Help!



THE GHIO GROUP Joseph G. Ghio Louann Ghio Sal DeMaria 619-225-5546 www.TheGhioGroup.com





619-846-4327 jherrin@prusd.com

pointloma.com

Wonderful 3br/2ba Spanish home. Upgraded and remodeled. Open floor plan with character and charm. Fully landscaped grounds. \$879,000



619-995-3663 619-358-3458 paulinelim@prusd.com www.PaulineAndBjorn.com Honoring the Golden Rule







619-988-2455 Georgia@prusd.com www.georgiaellis.com

Spectacular bay, bridge, golf course & downtown views from this high floor, highly desirable location in Coronado Shores. Remodeled kit, 1br/1ba, furnished. \$849,000



Susan Moore Diamond Caroline Glasner 619-222-7650 susanmoorediamond@

cglasner@prusd.com

www.SoldbyCarolineandSusan.com

SERENE RETREAT 2720 Granada, SD 92104 · Great Value \$695,000 Highly desired street AND 4BR/4BA. Bonus is guest quarters wih separate entrance. Virtual tour www.2720Granada.com





619-607-0878 peggybonner.net peggyb@prusd.com

3574 Wawona Dr.
Come buy this charming 3br/2ba home with refinished hrdwd flrs, remodeled kit, great bkyrd. \$543,000.
This one is Special.





619-223-WING (619-223-9464)

Under \$300K at the beach with a garage! Quit looking for beach parking, live there.





Fred & Kathleen Studer 619-225-5542 StuderTeam@cox.net www.StuderTeam.com

Ocean Beach Affordable Resort style studio w/Murphy bed Why not live at the beach? \$199,000





Paul Hartley 619-222-7443 paulhartley@prusd.com www.HeyPruMan.com A rich tradition of service in San Diego

Enjoy Living City VIEWS for Life! From this single level La Playa estate on a secluded 18,000 sq ft lot. Reduced and ready to sell! \$1,995,000 to \$2499,000.





Rosamaria Acuña 619-890-2828

Windows to the Blue Pacific! You'll enjoy the sights and sound of the ocean from this newer home on an oversized corner lot in desirable Sunset Cliffs just blocks to the surf. \$1,695,000





Ray Allen 619-980-WING(9464) Ray.CindyWing@cox.net www.CindyWing.com

South Ocean Beach duplex only half a block to the ocean with 6 parking spaces! Two, 2Br/1Ba with over 700 sq.ft. each. Offered at \$799,000.





Michael Whitlock 619-225-5509 whitlock@prusd.com

This 3br/2.5ba home was remodeled & features a truly dual master bathroom (with his & her closets), view deck. \$1,295,000





619-22-DIANE (619-223-4263) dianesullivan@cox.net www.dianesullivan.net

Sunset Cliffs · REDUCED PRICE! 3 bedrooms, an office, 2 baths, Newly Remodeled Open Floor Plan, Fabulous Master Suite with 2 View Decks \$1,195,000





Marc Rose 619-224-ROSE (619-224-7673) www.marcroserealtor.com

Duplex: Two 2 bedroom 2 bath condo size units with 1 car garages near USD college Each unit has been remodeled within the last 2 years, and offer great floorplans. Call for more details! Offered at \$775,000.





619-838-9400 mariehuff@aol.com View the MLS from www.MarieHuff.com

Immaculate 3+BR/3.5BA home with fabulous upgrades & sparkling interior. Gourmet kitchen & baths, plus private patio & cherry floors in master plus spacious walk-in closet, Jacuzzi tub, double ovens, built-in library & media center. \$998,000





619-248-3883 arlette@prusd.com www.arletteSanDiego.com

Sensational Riviera Shores \$665,000-\$735,876 Right across the street from beautiful Riviera Shores Beach on Mission Bay — 3BR/3BA, 3 Decks, Water View and 3 side-by-side direct-access private garage spaces





Joseph G. Ghio Louann Ghio Sal DeMaria 619-225-5546 jg@prusd.com www.TheGhioGroup.com

Great location, 1740 sq. ft. townhome. Tennis/pool/spa. 2 master bedrooms. two-car arrached garage with direct access, 2br/2ba, \$340,000.



Stop by Today for a FREE MAP of the Area and Available Listings!









Celebrating San Diego's historic roots



The 45th annual Cabrillo Festival in Point Loma was again a crowd pleaser over the weekend with the re-enactment of Juan Rodriguez Cabrillo's landing in present day San Diego on Sept. 28, 1542, right. Above, three young dancers wait for their stage performance. Left, Portuguese-American Dancers of San Diego perform native folk dances of Portugal.. Below, Shannon Moniz ties the headscarf of her daughter, Lailah, 6. PAUL HANSEN | THE BEACON







oming Soon! October 10th through 19th

Bringing more buyers and sellers together! Take advantage of this opportunity to save thousands on the purchase of your new home during the National 10-Day Sales Event*



Ocean Beach 6-Plex! Vintage OB cottages just blocks to the sand. 4 charming detached houses with hardwood floors, walk-in closets, newer roofs & great layouts. Nice garden setting with plenty of outdoor space. Six I br, I ba. 4 garages.



INCOME PROPERTY! Upgradec courtyard apartments just one block to ocean & beach. Oversized 14,000 appx sf lot with a great mix of units. Six | br, | ba; two 2 br, | ba; one 3 br, ba; one 4 br, 1 ba. 8 garages. GSI: \$172,860



CATRINA RUSSELL Your OB REAL ESTATE CONNECTION (619) 226-BUYS (2897) WWW.CATRINARUSSELL.COM



INCOME PROPERTY! Six 2 br, I ba units just one block to Tourmaline Beach & La Jolla. Double lot w/lrg units. Plenty of parking & storage. Lrg back vard w/room to add Balconies to each unit. Surrounded by attractive condos & houses. GSI: \$129,720



Rare find! 7 units, five 2 br, 1 ba units & two 1 br,1 ba units. Surrounded by Spanish revival homes & tons of character & just blocks to the Kensington village area. Owner is willing to carry 1st TD up to 75%! Save on closing costs & get into a great bldg in a fantastic location.



Unbelievable location! Less than two blocks to the ocean! Plenty of street parking in front of the property. Property is a fixer. The value is in the land and commercial zoning. Currently there is a Tattoo Parlor. Previously the owner ran a hair salon in the front and lived in the back house.



Panoramic ocean & bay views from most every room in the house! 3 br+, 3.5 ba on a cul-de-sac. Upgraded & move in ready. Vaulted wood beamed ceiling beautiful floors. Eat in kitchen. Ample decking on two levels. Each bedroom is a separate suite. Master suite is 600 appx sf.



TAMI FULLER #I Agent in Pt. Loma Office (619) 226-TAMI www.tamifuller.com



STUNNING CITY, BAY & VISTA VIEWS! 3 br, 3.75 ba, 4381 appx sf. VIEWSI 3 br. 3.75 ba, 4381 appx sf. Spacious & open floor plan. Vaulted ceilings, warm fireplace, two levels with loads of storage 7500 appx sf usable lot with fruit trees. Two-car attached garage, separate office. Quiet cul-de-sac in a great neighborhood.



Charming Cape Cod meets spacious remodeled entertainer's dream! Newer gourmet kitchen just remod-eled in the last 2 years. Slab Granite Counters. Some dual pane windows. Hardwood floors, open media room with fireplace and french doors open to huge newer trex deck.



VIEWS.VIEWS & more Views! Very clean 2 br, 2 ba, one level with a gas fireplace. Upper corner unit. Smaller complex with pool, spa & laundry. 2 parking spaces. Quiet Location!



MICHELE KITCHIN (619) 518-7707



Single level, 3-bedroom, 2-bath house. 1,126 appx sf plus detached room, 192 appx sf. Detached 2-car garage off alley. 4,000 appx sf lot. Hardwood floors. Some ocean views.

Dare to Dream Big

Become an agent with Coldwell Banker Ocean beach or Point Loma.

Open Houses Available.

To review the advantages Coldwell Banker offers, confidentially call:

Richard Nesbitt 619-703-3333

2727 SHELTER ISLAND DRIVE • 619-224-5111 • 1851 CABLE STREET • 619-225-0800





Surf classic raises money for research



Area surfers took on the competition Saturday during the 15th annual Tony Mezzadri Surf Classic at the Ocean Beach Pier. The surf contest, designed to raise money for spinal cord injury research being done at the **Center for Neural Repair and Spinal Cord Regeneration** program at the University of California, San Diego, has grown in popularity over the years. The event takes its name from Tony Mezzadri, who was injured during a surfing accident near the Ocean Beach Pier in 1994. Additional funds are raised through a community spaghetti dinner the evening before the surf classic. KIRBY YAU | THE BEACON

Invasive aquatic species take up residence in bays

By NICOLE SOURS LARSON | THE BEACON

Add the Australian sea squirt, scientific name botrylid tunicate, to the ranks of non-native aquatic species that have invaded and fouled our San Diego and California waters. The sea squirt, first found in San Diego attached to a Shelter Island fishing pier in 2007, was recently spotted for the first time in Mission Bay. The environmental damage from a new invasive species appears only gradually and can include extinctions of native species.

As recently as last year, San Diego Bay had the dubious honor of hosting the only two identified Australian sea squirt infestations along the length of the West Coast.

According to Sarah Cohen, a San Francisco State University marine biologist researching the aquatic plant under a grant from California Sea Grant, no one has yet determined whether the new discovery indicates that the soggy lichenappearing organism is spreading rapidly or whether researchers are sampling waterways more intensively.

What is clear is that this new invasive species has the potential to damage waterways, water distribution systems and aquaculture by gradually blocking water intake and outflow pipes and valves. The consequent environmental damage is not immediately obvious, but becomes apparent as the species develops sufficiently large breeding colonies.

The rapidly reproducing sea squirts, or tunicates, invaded Prince Edward Island off the east coast of Canada. There they caused the most harm to shellfish producers because they attach themselves to bivalves and shellfish nets, explained researcher Gregory Ruiz of the Smithsonian Environmental Research Center in Edgewater, Md., in an article on the California Sea Grant College website. How the tunicate invasion will affect San Diego is not yet known, but invasive species create problems to ecosystems because of their lack of natural predators.

"An invasive species is any creature taken from its home and its enemies and put in a new environment with no natural enemies to control them," explained Leigh Taylor Johnson, a marine advisor with the University of California Cooperative Extension Sea Grant Extension Program. "They are able to grow almost unchecked. That gives them a big competitive edge over native species and upsets the balance of nature," she added.

Johnson said that researchers

Johnson said that researchers speculate that sea squirts arrived in the U.S. in oceangoing ships' sea chests — openings in a vessel's hull encasing engine cooling intake pipes – and then are spread, like other invasive species that adhere to hulls, by small recreational boats that are trailered between lakes and rivers.

Previous invasions of foreign aquatic species such as the freshwater Quagga and Zebra mussels have caused extensive damage to American waterways and water and irrigation systems. Both were

SEE **INVASIVE**, Page 5

POINT LOMA NAZARENE UNIVERSITY

FALLFESTIVAL

Saturday, October 18, 2008 10 a.m. to 2:30 p.m.

Join us at the PLNU Fall Festival on our beautiful oceanfront campus. Free fall-themed fun for all ages!

FOOD

- Free food samples "Taste of Bartell Hotels"
- Free ice cream President's Ice Cream Social, 2 p.m. (Sponsored by Stump's Family Marketplace)
- \$1.50 Hot Dogs and \$3 Hamburgers

WELLNESS

- Chair massages
- Karate demonstration
- Pilates demonstration
- · Health and wellness booths

FUN FOR EVERYONE

- Hayrides
- Pumpkin patch
- Climbing wall
- Exhibitor booths
- Historical campus tour, 11 a.m.
- Prize drawings enter to win a new scooter! (Must be present at 2 p.m. to win.)
- PLNU women's and men's soccer games, 11:30 a.m. and 2 p.m.

ARTS & CULTURE

- Live musical performances
- Plein Aire watercolor painters

GOING GREEN

- Electronics recycling drive for old computers, cell phones, batteries, TVs, and more!
- Solar panels at PLNU tour and info session, 1 p.m.

KIDS ZONE

- Pony & llama rides
- Petting zoo
- Bounce houses
- Arts & crafts
- Face painting
- Puppet shows



















Sheraton La Jolla 배





Supported by the San Diego County Board of Supervisors
At the recommendation of
Greg Cox

Bank of America



For a detailed schedule and to reserve your spot at the President's Ice Cream Social, visit www.pointloma.edu/fallfestival or call (619) 849-2388.

Schedule subject to change. Event takes place rain or shine

INVASIVE

CONTINUED FROM Page 4

introduced into the United States. probably through discharge of ships' ballast water, in the late 1980s and have now spread throughout the West, adversely affecting reservoirs, dams, lakes and recreational boating and fishing.

The Zebra mussels, through the build-up of their concrete-like excretions, blocked municipal water and power plant cooling water intake systems that drew their supply from infected lakes and rivers, particularly from the Great Lakes, where the Zebra mussels were first introduced into the U.S.

Clearing the blockages cost system operators millions of dollars.

The tiny Quaggas are a particular concern, she explained, because their shells are dangerously sharp and they attach themselves in dense clusters and clog water pipes of all

"Quaggas cause fouling issues and are voracious feeders. They're eating up all the food and native species can't get enough to eat, causing a problem for fishermen," Johnson said.

They also cause problems for farmers and ranchers, too, she said, since they invaded agricultural drip watering systems in Imperial County and may threaten the salmon spawning areas in the Northwest. Once Quagga larvae invade the water supply system it can cost millions of dollars to eradicate the invaders.

While no currently known saltwater invasive species is quite as damaging as the Quagga or Zebra mussel, she explained, some saltwater invasives are actually carriers of harmful diseases.

A key tool in the effort to halt the spread of invasive aquatic species

involves an aggressive campaign to educate and require owners of trailerable boats to clean their boats. trailers, vehicles, fishing and recreational equipment — and even clothing, footwear and pets that have been in contact with freshwater lakes or rivers — after each use and before transporting the boats to a new waterway which may not be infected.

Since state and federal law have now made transportation of Quagga and Zebra mussels illegal, the California Department of Fish and Game (DFG) has developed a set of recommendations for boat owners for cleaning boats to prevent the spread of invasive species.

The guide to boat cleaning, titled "Don't Move a Mussel," is available on online.

If a boat is found to be contaminated, DFG can quarantine the boat and fine the owner.

Owners of larger vessels kept in

marinas are advised to use appropriate anti-fouling paints on their hull bottoms and follow recommended hull maintenance procedures, which include cleaning every three to four weeks.

NEWS

Scott MacLaggan, marina manager of Sunroad Marina on Harbor Island, who follows environmental management issues closely, agreed that the larger vessels are not the culprit in spreading invasive species but rather the trailerable boats that travel from lake to lake.

"The boats we have here don't travel between (lakes). The boatvards clean them thoroughly," he said, and most owners have their hulls scrubbed by divers every few

"If you're just sitting in place, you're not adding anything new, but you don't want to pass (invasive species) along or bring it back," Johnson said.

For more information about inva-



The Australian sea squirt has joined the ranks of non-native aquatic species that have invaded and fouled the waters around Shelter Island and Mission Bay.

sive species and their impact on the www.dfg.ca.gov/invasives. environment, visit California Sea cleaning Grant's website at wwwcsgc.ucsd.edu (click on special topand DFG's website

guidelines, visit www.dfg.ca.gov/invasives/quaggam ussel.

What Really Matters in Life?

Dear Friend,

Just a quick note to let you know how I can help you or anyone you might refer to me.

Shawn and Tracy were high school sweethearts and moved to San Diego right after their wedding twelve years ago. Since then, their family has grown to include a three-year-old son and a nine-month-old daughter. Although they loved San Diego, their priorities had changed. They wanted to return to the Midwest to be close to their whole family. Tracy had a sense of urgency because her favorite grandmother was 99 years old and was not in the best of health and she wanted to return so her grandmother could spend quality time with her and her children.

Shawn and Tracy interviewed several realtors and chose Sandy Collins & Associates to list their home. Sandy explained to them the importance of pricing it right from the beginning and having it open every Sunday until it sold. Their house sold for full price in less than three weeks. Shawn and Tracy spend their days with family and Tracy's grandmother is enjoying her great grandchildren with a new sense of life!

> Sandy Collins & Associates, Your Real Estate Consultants For Life Willis Allen Real Estate (619) 224-0044

P. S. My priority is leading with a giving hand. Who is the next person you know that could benefit from this kind of service? Please give me a call and I'll contact them. Thank you!



Join Us Saturday, October 25 Balboa Park - Presidents Way



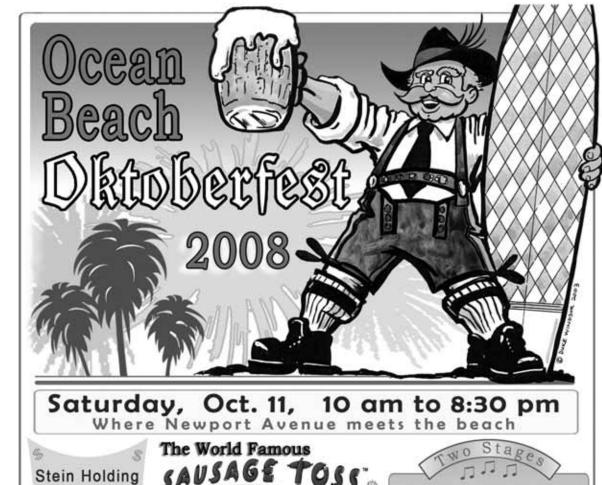
Sign up at SANALZ.org or 858,492,4400

7am Registration - 8am Walk Begins

Locally presented by

800.500.6328 www.missionfcu.org







Registration

See Details Online

Over \$10,000

in Cash & Prizes!

A 5K race, on the beach, in costume, with issues!

In partnership with the Hash House Harriers.

9 am OB Brot Trot

Free Shuttle Buses every 30 min.

PB to OB & back. Noon - 8:30 pm

Pickup at 710 Beach Club, 710 Garnet Avenue

Bratwurst

Eating

competitions

Impress your friends

influence people



The Bavarian Beer Garden Band

11:00 - 12:30 - 2:00 - 4:30

Cash'd Out 12:30

Vegitation 6:30

40 oz to Freedom 11:00

Knights of Monte Carlo 2:30

Danielle Lo Presti and the Masses 3:30

Bateke Beat 5:00 Sweet Tooth 6:30

* Emcee Jose Sinatra presides *

GUEST COMMENTARY

Relocation of Harbor Drive is not needed

By TOM DELAHANTY

The proposed relocation and narrowing of Harbor Drive is very disturbing to the majority of residents who have become aware of what the Port Authority is propos-

It appears the entire project is directed primarily at providing more parking places for the sportfishing industry and that everything else is relatively unimportant.

In the following eight points I would like to point out my analysis of the proposed plan and what changes should be made.

1. The sportfishing industry has 464 "paid parking" places. They claim they need 910 spaces for 3 months of the peak fishing season (July – Sept.). From July 4 through Aug. 28, there were an average of 72 empty spaces per day, and they were never full. Why do they need 910 spaces when they can't fill 464 spaces?

2. There is a plan to build a parking structure on the present Westy's parking lot on Harbor Drive. That will add 237 more spaces for the sportfishing industry. That will more than satisfy the needs for the area, including any further commercial expansion.

3. If the Port Authority feels more parking places are needed for peak periods, they presently have a 293-space parking site at the corner of Shelter Island Drive and Anchorage Lane (near the Rondolet). It is only a 4minute walk to the sport fishing wharfs. During the past two weekends, they averaged 230 empty spaces per day. On weekdays they averaged 180 empty spaces.

It is easier to manage the use of these empty spaces for the sportfishing industry than to dig up and relocate Harbor Drive.

4. The Port's plan to add 188 new parking spaces on Harbor Drive will all be paid parking. And the present 112 free parking places on Harbor Drive will be turned into paid parking.

That will force workers in the area to go and park in front of residents' homes. This is a very sore point among local residents. These

new spaces are not needed and should not be built on Harbor Drive.

5. The curved lane from Scott Street to Harbor Drive is very important to local residents and to workers who use it daily to go to and from work. The relocation of Harbor Drive will eliminate the curved lane and force drivers to go up to a traffic light, stop and make a sharp right turn. This will slow and backup traffic along Scott Street and is completely unnecessary.

6. The Port has stated that the safety of pedestrians is very important. We all agree with that. A pedestrian light can be placed at the Scott Street curve so that they can stop traffic whenever they wish to cross. This will not be a major disruption to traffic. On one day that I counted the traffic, from 3:30 to 5 p.m., there were 767 vehicles that used the curve, and only nine pedestrians crossed.

7. The Port Authority plans to cut down and remove over 100 trees on Harbor Drive. That is another very disturbing part of this plan. Many of those trees are the large ones in front of the Navy base at the corner of Harbor Drive and Nimitz Boulevard.

If those trees are removed to create pay parking places, the visual entrance to Point Loma will be the large, unattractive gray Navy buildings. We cannot allow that to happen.

8. One point we all agree on is that the area should be beautified and made more attractive. Harbor Drive should be repaved and potholes repaired. If only a part of the \$4 million in the Port Authority Plan were used to beautify the entrance to Point Loma, it would be highly beneficial to everyone.

There are residents of Point Loma who have analyzed this in great detail. We would be happy to work with the Port Authority and the city to work out a solution which is beneficial to both businesses and residents of

– Tom Delahanty is a resident of Point Loma.



Point Loma town hall meeting 'manipulative'

There is much for Point Loma people to resent and resist about people/developers from "Mars," so to speak, targeting and now infiltrating Point Loma for their money-making endeavors, changing Point Loma forever for their selfish purposes when Point Lomans don't want it

This "manipulation" meeting, with no input from the audience allowed, as well talking about other areas of San Diego, caused people to leave because of the change of subject away from Point Loma.

Yet, since the meeting was held, these "Mars" people can say, "We discussed it with the neighborhood," when it was really a manipulative format.

Congratulations, "Mars" people. "The heart of man is deceitful and desperately wicked." So, I guess you are "men" after all.

> **Marian Augustine** Harbor View Drive

Fair compromise needed on RV overnight parking

I am writing in response to your article on the upcoming RV regulation changes and would like to voice my opinion in this issue, as I am disabled and will be unable to attend the City Council meeting [Oct. 28].

While I understand property

Letters to the Editor

owners being concerned, we fellow citizen RV owners also have rights here to access to public property. Property owner rents don't change daily while we RV owners are paying daily rate changes in gas prices and related expenses far more than they are. People damaging our vehicles is dangerous to us and our insurances often don't cover these expenses.

We are tired of being homeless, sleeping on streets unable to get to jobs wherever they may be and need our governement's support this way to do so, especially in transitional jobs such as construction, farming et cetera, to be good taxpaying citizens.

Would it not be possible to open, say, part of Dog Beach, South Shores, Mission Bay and the Glider Port areas to no hookup overnight parking, say, for \$5 to \$10 a night for non-Medicare people and \$1 a night for Medicare people to compensate for the lack of available housing (8th Amendment cases pending)? I speak for quite a few friends who think this a fair solution to this issue

Also, a sleeping park for the homeless would help here for people in transition to avoid further issues and would increase public safety.

Also, better low-income mechanical services would help both keep these vehicles up to public safety codes and provide employment and job training.

A temporary labor agency or

Conservation Corps-style area would provide suitable employment to meet these needs and prevent the spread of pandemic (drugs, disease, homelessness)

issues as well.

These areas are notoriously underdone in the areas of available employment, which leads more and more to social prob-

I hope this helps provide a better understanding of RVers' needs too and addresses the fact that we try to be good to propertv owners in spite of their treatment of us. We are all citizens here and deserve equal respect of our situations and needs.

> Rev. Dr. Jenifer L. Jordan Progressive Universal Life Church Ocean Beach

Appreciates pavement work along Chatsworth

Thank you to the team that put new pavement down on Chatsworth Boulevard.

I'm so happy to see our streets improving, especially Chatsworth, and noticeably more street lights working prop-

Improvements like this to our community are important and I would like to thank our city crews, Mayor Jerry Sanders and District 2 Councilman Kevin Faulconer for making it happen.

> T. C. Sherer Point Loma

CIRCULATION The Peninsula



Mannis Communications 4645 Cass St. Box 9550 San Diego, CA 92169 Fax: (858) 270-9325 Ad Fax: (858) 713-0095

beacon@sdnews.com (858) 270-3103



sdnews.com

PUBLISHERS

Mannis Communications David Mannis (858) 270-3103 x105 dmannis@sdnews.com Julie Mannis Hoisington (858) 270-3103 x106 jmannis@sdnews.com

EDITOR IN CHIEF

Anne Terhune x133 mail@sdnews.com

EDITOR

Kevin McKay x131 beacon@sdnews.com REPORTER

Sebastian Ruiz x135 sebastian@sdnews.com

ACCOUNTING Heather Glynn x103 Patty Angley x120 Accounts Receivable

OPERATIONS MGR.

Julie Mannis Hoisington x106 julie@sdnews.com

AD CONSULTANTS

Mike Fahey x117 Jason Gregory x116 Marjorie Kirby x122 Michael Long x112 Laura North x136 Michael Padden x146 Heather Snyder x115 Innesa Zavulunova x 147

CLASSIFIEDS MGR.

Heather Snyder x115 heather@sdnews.com CLASSIFIEDS

Kristin Silvestri x144 kristin@sdnews.com

Kim Donaldson x118 kim@sdnews.com

PRODUCTION MGR.

Casey Dean x107 casey@sdnews.com

PRODUCTION

Dee Kahler, David Ramsey, Chris Baker

PHOTOGRAPHERS

Mercy Arcolas, Don Balch, Maria Epsten, Paul Gallegos, Ronan Gray, Rob Hammer, Paul Hansen, Paul Parks, Barry Schwartz, Tom Walko, Kirby Yau

CONTRIBUTORS

Stephanie A. Alderette, Keith Antigiovanni, Don Balch, Charlene Baldridge, Trish Clenney Brown, Corrinne Gray-Staples, Nicole Larson, Bart Mendoza, Katrin Merkel, Theresa Miracle, Loralee Olejnik, Neal Putman, Barry Schwartz, Kate Searcy, Stephanie Shenkman, Laurie Smith, Dave Thomas, Heather Tyler, Michelle Valenti, Martin Jones Westlin

OPINIONS Signed letters to the editor are encouraged. All letters must include a phone number for verification. The editor may edit letters for clarity and accuracy. Letters should be 350 words or less. Views expressed are not necessarily the views of this newspaper or staff.

SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The editor reserves the right to edit for clarity.

DEADLINES All content must be received by 5 p.m. on the Thursday prior to publication.

DISTRIBUTION The Peninsula Beacon is available free every Thursday.

COPYRIGHT © 2008. All rights are reserved. Printed in the United States of America

PRINTED with soy inks and recycled paper. Please recycle..



Grab samples are taken using a bottle at the end of a pole so that a sample can be taken away from the shoreline and hopefully in the flow of the water itself. This method is also used, along with the gloves, so samples are not contaminated. The city's biologists also monitor current conditions when grabbing samples at each location, to include weather, presence of people and/or animals, tidal flow, and other factors. COURTESY PHOTO | THE BEACON

"really good assessment" of the health of the region's waterways.

funded. So to see that last bit of

funding being cut is really disap-

Coastkeeper volunteers contin-

ue to monitor the San Diego

watershed. Water from rivers and

other inland sources eventually

reaches the coast, so volunteers

focus on the inland region, Coast-

groups such as the San Diego

Chapter of the Surfrider Founda-

tion and San Diego Coastkeeper

join forces every month to train

new volunteers for the monitoring

task. New volunteers can sign up

by contacting San Diego Coast-

through

officials

www.sdcoastkeeper.org.

Volunteers from environmental

pointing," Reznik said.

keeper officials said.

keeper

"As it stood, they (monitoring programs) were already under-

CONTINUED FROM Page 1

have a continuous data set. So you don't want to stop [monitoring]," McPherson said.

Though McPherson said that the health of San Diego beaches is good overall, health officials continue to warn people to stay away from "high-risk areas," including flowing storm drains to the beach, creek outlets and open lagoons. County officials also remind people to stay out of the water up to 72 hours after a rainstorm.

A Heal The Bay beach report card released recently gave mostly "A" grades to the city's beaches, with a few beaches near San Diego River outflows receiving poorer grades. The full interactive report can be found at www.healthebay.org.

"But far as beach water quality data ... during the dry season, if we're not sampling, we don't know what's there and the public doesn't know what's either," McPherson said.

The impending cuts in county resources put a strain on local environmental groups, whose volunteers venture inland and along the coast to monitor the bacteria of the region's waterways, said Bruce Reznik, executive director of San Diego Coastkeeper.

Data gathered by the county and city agencies let the volunteers know of potential health risks at the beach areas and associated waterways.

And while Reznik said the city and county officials continue to do a good job monitoring beaches and waterways with the resources they have, he added that San Diegans still don't have a



MEMORIAL

CONTINUED FROM Page 1

pearance. They became friends while Lisowski struggled through a bitter divorce and custody bat-

NEWS

Agosto said she wanted to have the memorial service for her friend after the arraignment of Lisowski's estranged husband, Henry, 67.

Police arrested Henry Lisowski on Sept. 5. He currently faces homicide charges in connection with the disappearance, according to police.

Court testimony by investigators during an arraignment Sept. 9 revealed that police discovered the blood of both Rosa and Henry in the cargo area of Henry's Lexus and additionally in his kitchen.

Investigators have served multiple search warrants on Henry's separate residence as well as his

Friends and community members have supported Rosa and her family since her disappearance. Rosa is being remembered as a good friend to many, said friend Heather Peterson. Peterson lived in the same apartment complex as Rosa.

In recent months, Peterson worked to keep the case in the public eye.

Following Rosa's disappearance, Peterson organized candle vigils and held a "Walk for Rosa," where several friends and community members walked along West Point Loma Boulevard to the home of Henry Lisowski.

Peterson said she plans to host another memorial for Rosa after the conclusion of the murder trial. Henry Lisowski's preliminary hearing has tentatively been set



Veronica Ramos, right, a niece of missing Point Loma resident Rosa Lisowski, offers a eulogy during a memorial service Saturday. Rosa, missing since March 24, is now presumed dead, according to police. PHOTOS BY KIRBY YAU | THE BEACON



Pastor Edgar Agosto, right, speaks to mourners during the memorial ceremony.

What's New (s)

Business | Growth | Innovation | News – The Peninsula

Point Loma Community Bank's **Newest Development Officer**



New addition, Nicole Sargent, brings a wealth of business banking experience with her to Point Loma Community Bank. As Commercial Development Officer, her knowledge and professionalism allow her to confidently meet the financial needs of companies and professionals in the San Diego area.

"Since coming here, Nicole's sparkling personality and hands on experience in commercial

lending policies, procedures, practices and documentation have already proven her to be a valuable member of the Point Loma Community Bank family," said Tony Calabrese, President of Point Loma Community Bank.

"I am very excited to be a part of Point Loma Community Bank," said Sargent. "An organization so closely tied to the community allows you to develop relationships that truly let you make a difference."

Point Loma Community Bank opened August 2, 2004 at 1350 Rosecrans Street. The bank focuses on serving small to medium-sized businesses in Point Loma and the surrounding communities. The bank also specializes in relationship banking and offers businesses and individuals a full range of deposit and loan products including commercial real estate, construction and investor properties. In addition to these traditional bank services, Point Loma Community Bank offers Internet banking, bill pay and cash management services. An on-site ATM, safe deposit boxes and a night depository are also offered. Point Loma Community Bank was named the Best Bank in our Community in 2007 by readers of the Peninsula Beacon.

Bank Organizes 5k Walk/Run for Lymphoma Patient

Bankers from Point Loma Community Bank (PLCB) joined together in the Walk for Life 2008, raising over \$2,500 to benefit the Brandy Terwilliger Lymphoma & Cancer Patient Fund on Thursday, September 11, 2008. PLCB coordinated the charity event to help off-set rising medical expenses for recent first-time mother and fellow employee, Brandy Terwilliger, who was diagnosed with the disease in April

Terwilliger is a corporate tax accountant for PLCB's parent company. She and her husband, Brandin, learned she had lymphoma just three months before the birth of their daughter, Payton.

"When we heard what the Terwilliger's were going through, our hearts went out to them," said Millie McCibbin, senior vice-president and manager of PLCB. "We wanted to help alleviate some of their financial hardship, and we knew our customers and other caring members of this community would feel the same way."

PLCB will continue to accept donations until October 31st. For information, contact Jill Faucher at (619) 243-7902.





ww.TheWarehouseSale.com

For more info & to RSVP, please visits

Blue Angels pinnacle of Miramar Air Show

By ANTHONY GENTILE | THE BEACON

The return of the Blue Angels highlights a host of unique acts at this year's Miramar Air Show. The 53rd annual air show will be held Friday though Sunday, Oct. 3 to 5, at MCAS Miramar.

"We're definitely excited about the return of Blue Angels. Everyone is excited about that, given that we are a Navy town," said Irma Malabanan, the air show's director of marketing.

The Blue Angels return to the Miramar Air Show after being absent last year. The Navy stunt pilots will top the day show each of the three days.

"We're definitely happy to see them come back. They give a lot to the community when they come out for these events. They bring a really strong part of the field to the air show," said Capt. Staci Reidinger, public affairs officer at MCAS Miramar.

Over the three-day span, more than 30 military and civilian acts will perform at MCAS Miramar. Highlights of military acts include the AV-8B harrier, a vertical takeoff and landing aircraft; the F/A 22 Raptor, the Air Force's newest fighter aircraft; and the U.S.

Army Golden Knights parachute

"We've never had that before. It has a lot more maneuverability than the F-18," Malabanan said of the Raptor.

Civilian performers include

award-winning aerobatic pilot Sean Tucker in his plane Oracle Challenger, the Silver Wings wingwalking team and Shockley's Shockwave jet truck, which races planes and can achieve speeds of up to 300 miles per hour. Each of those performers will perform during the day shows, and

Tucker and the jet truck will also perform Saturday night.

The day show will take place Friday through Sunday from 9 a.m. to 4 p.m. During the show, there will be exhibits, vendors and sponsors set up behind the grandstand.

"We have a whole row of

squadrons selling their T-shirts and dog tags and goodies that you can't find anywhere else," Malabanan said.

A unique aspect of the day shows is the Marine Air-Ground Task Force demonstration.

Crowds on each of the three days will get to see a sample of the task force as it year where we open the would respond to a call, combining air support, armor, flight line to the public artillery and infantry forces.

"We basically show the tactical elements of the Marine Corps," Malabanan said.

Following the day show on

Saturday, from 5:30 to 9:30 p.m. will be the twilight show. In addition to a number of various performers, Taps will be played at sunset and the show will conclude with both fireworks and the Great Wall of Fire, a large pyrotechnic display.

"It's something special that a



The aerial acrobatics of the Navy's famed Blue Angels will be the highlight of the three-day Miramar Air Show from Oct 3 through Oct. 5. COURTESY PHOTO | THE BEACON

lot of other air shows don't offer," Reidinger said.

Reidinger said the base expects more than 700,000 people to come to the air show over the three-day span. In addition to the air show, guests will also have a chance to check out the base itself.

"It's the only time of the year where we open the whole base and the flight line to the public because it is our open house," Malabanan said.

Admission, parking and blanket seating on either side of the grandstand are free to the public. For those looking to get a better view, preferred seating ticket packages are available for both the Friday and Sunday matinee shows, the Saturday allday show and the Saturday twilight show.

For ticket information, directions to MCAS Miramar or general information about the show, visit www.miramarairshow.com.

"Have You Been Told That You'll Just Have To... Live With That Back Or Neck Pain?"

Dear friend,

For way too many Americans, neck pain (and back pain) seems to come with job stress, family stress, and other daily stresses.

In most cases, there is always something natural that you can do to get yourself better and to live a better life. Here are four easy home remedies that you can use to help yourself get better.

#1) Use Ice Instead Of Heat

In my many years of practice, I have rarely seen anyone get better by applying heating pads, or soaking in a hot tub. Many times applying heat only causes the area of pain to swell and become more inflamed. Applying ice to the area that is sore for 20 minutes on, and 20 minutes off (for 2 hours at a time) will usually help and inflammation and soreness. I tell my patients "When In Doubt ... Use Ice!"

#2) Drink Plenty Of Water

Recent research shows many headaches and several other problems can be the result of mild dehydration. The majority of these health problems can be relieved (or even eliminated_ by drinking one-half gallon to one-gallon of water daily. This means water. Not juice, beer, soda, tea, or collee. Just water!

#3) You Can Use a Rolled Bath Towel

It's amazing how something as simple as a rolled-up bath towel placed under your neck can relieve pain and headaches. A rolled towel can also be used while driving to reduce back pain. So before you invest in an expensive support pillow or cushion, try this easy home remedy... It really works!

#4) Swing a Gallon Jug

A simple one-gallon milk jug (or water jug) works great for many arm and shoulder problems. All you have to do is fill your jug with a couple of inches of water, and swing the jog in a circle 10 times forwards, and 10 times backwards. Make sure you do this with both arms. It may be difficult at first, but the results are worth it!

Why Dr. Wong is Offering a Fall New Patient Special Offer!

Sometimes your very favorite home remedies don't work. Then it's time to call my office for help.

* UNSOLICITED TESTIMONIAL *

It's the only time of

whole base and the

because it is our open

house.

IRMA MALABANAN

MARKETING DIRECTOR FOR AIRSHOW

"I was having so much back pain, neck pain and terrible headaches that affected my job. misdiagnosed so many times but now, I live pain free since I've been seeing Dr. Wong. My husband and kids used to call me 'grumpy' but not anymore! Thank you Dr. Wong!"

Ligaya A, RN, San Diego, CA.



For a limited time, I'm offering a special new patient package to anyone who has never been to my office (or to anyone who has not been in to see me for a long time)

When you call my office today at (619) 222-8885, you will receive up to \$300 worth of my professional services for only...\$47 for a limited time. (This offer expires on 10-31-08)

Here's Why Dr. Wong Is Giving Away Up To \$300 Worth Of His Services For Only \$47.

Basically, it's time for you to try chiropractic care at my office. Let's face it, paying only \$47 for a \$300 office visit like this is completely nuts. However, suffering from pain...when you have an 80% chance of getting relief...is also crazy. Listen, I can't promise you results. But, I can promise you great service...and a friendly

What This Special Offer Includes...

- * A Private Health Consultation
- * A Comprehensive Exam
- * Computerized Testing * Any Necessary X-Rays
- * A Report Of Your Findings To See If I Can Help You

Now Offered For The First Time Ever - An "Iron-Clad" Satisfaction Guarantee!

Oh, I almost forgot to mention that I now have an Iron-Clad Guarantee! I want you to instantly realize how much your life can be easily improved with care at his office. Therefore, your first office is...GUARANTEED.

At the conclusion of your first visit, if you honestly think I've wasted your time, or you sincerely believe that you will not benefit from my care in any way...all you have to do is say no ... and you will NOT be charged for your visit!

OK, now imagine how life will be a few weeks or months down the road...if you handle your aching body right now. Will you do better at work? Will you now be a fun person to be around? OK, you get the drift here...It's time to call my office today.

Call Now For An Appointment

It's easy to make an appointment at our friendly office. All you have to do is call (619) 222-8885 today and ask for the "\$47 Fall Special."

My staff will do everything possible to get if they have to work you in during a busy time.

We pride ourselves in being San Diego's premiere "no waiting" office - we cater to everyone from busy professionals to the "soccer mom" with 3 kids. Our office is conveniently located next to 24 Hour Fitness and Sport Chalet on Midway Drive next to the Sports Arena.

Phone: (619) 222-8885

Greater Life Family Chiropractic Dr. Henry C. Wong, DC Ph: (619) 222-8885 * Fax: (619) 222-8889 3689 Midway Drive, Suite G San Diego, CA 92110

P.S. When accompanied by the first, we're also offering a second family member this same examination for only \$27 - What a

P.P.S. Don't forget, this offer ends on 10-31-08 so call right now!

NewsBriefs

Stabbing of agent in OB said to be gang-related

An off-duty U.S. Border Patrol agent was stabbed multiple times in an apparent gang-motivated attack near the Ocean Beach Pier early Saturday morning, according to investigators with the San Diego Police Department (SDPD).

The 29-year-old agent, whose name has not been released, was with his wife shortly before 12:30 a.m. when a group of six people approached them in the 5000 block of Newport Avenue, according to Lt. Andrew Mills of the SDPD gang unit.

"The suspects hit them up, which is a gang challenge, asking, 'Where are you from?', a typical gang behavior," said Mills. "These are known gang members from San Diego."

The couple, walking on Newport Avenue, became involved in an argument with the suspects, prompting one of the alleged gang members — an 18-year-old woman — to stab the agent several times in the lower back, according to Mills.

The alleged stabber was identified as Carolina Resendez.

The agent's wounds are not considered to be life-threatening, said

A bystander flagged down officers from the state Department of Fish and Game, who arrested the alleged gang members — four adults and two juveniles.

Resendez will be charged with assault with a deadly weapon, as will Jorge Guevera, Yahiro Villapondo and Miguel Deleon, said

The agent was taken to University of California, San Diego for treatment.

Police seek identity of Midway store robber

The San Diego Police Department is seeking information about the identity of a suspect who robbed a business in the Midway

'Chef Celebration' to dish up favorites

By LORALEE OLEJNIK | THE BEACON

Eat for a good cause as the 13th annual "Chef Celebration" returns in October, including a culinary event in Ocean Beach.

Each Tuesday evening through the month, a team of San Diego's star chefs collaborates to host a special dinner at a designated restaurant, with proceeds benefiting a scholarship fund for San Diego's aspiring culinary professionals.

"It's like dining in five restaurants in one night," said Jeff Rossman, chef at Terra Restaurant and president of the Chef Celebration Board. "Most of us (cook) something that we've never done before. People have high expectations and we have to one-up ourselves every year."

Teams of about five chefs work together to create a menu for each Chef Celebration dinner hosted at one of their restaurants. Each chef cooks a course and periodically mingle with guests throughout the evening.

This year's hosting restaurants are Bernard'O on Tuesday, Oct. 7, Pamplemousse in Solana Beach on Tuesday, Oct. 14 and Thee for scholarships.

Bungalow in Ocean Beach on Tuesday, Oct. 28. The special kickoff dinner was held Oct. 1 at Terra in Hillcrest.

Participating chefs throughout the month include Victor Jimenez of Cowboy Star, Chris Walsh of Bite, Brian Malarkey of Oceanaire Seafood Room and Juan Flores of 3rd Corner.

Rossman said the event raises about \$15,000 to \$20,000 for scholarships for San Diego culinary students to attend weeklong continuing education classes at the Culinary Institute of America-Greystone in Napa. They return energized and with new skills to put to use in their home restaurants.

"It allows them to go further in their education and bring something back to San Diego," said Rossman.

Rossman said Chef Celebration was started by Ed Moore, then owner of Thee Bungalow, as a way to bring chefs together and makes special appearances to create a fun event to attract patrons during the slower months. It has since grown into an annual production "run by chefs and for chefs," with a 501(c) 3 nonprofit status to raise money

Scholarship applications are still being accepted and are available by visiting www.chefcelebration.org. Applicants must have at least two years of kitchen experience in the last four years at the level of sous chef or below.

Chef Celebration dinners require a \$65 donation per person. To make reservations, contact host restaurants directly. For information, visit www.chefcelebration.org.

Chef Celebration:

• Tuesday, Oct. 7 – Bernard'O (858) 487-7171 12457 Rancho Bernardo Rd. Chef Patrick Ponsaty www.bernardorestaurant.com

• Tuesday, Oct. 14 - Pamplemousse Grille (858) 792-9090 514 Via de la Valle, Solana Beach Chef Jeff Strauss www.pgrille.com

• Tuesday, Oct. 28 – Thee Bungalow (619) 224.2884 4996 West Pt. Loma Blvd. Chef Paul Niles www.theebungalow.com



"Chef Celebration" returns for a monthlong run each Tuesday through the month, including a hosting event at Thee Bungalow on West Point Loma Boulevard in Ocean Beach on Oct. 28. COURTESY PHOTO | THE BEACON

Ask The Lawyer

Question:

What is the difference between a Will and a Trust?

Answer:

A Will can be a short and simple document that is

handwritten which indicates how you want your property to pass. It does not accomplish any estate tax planning, reduction in taxes or privacy of the individual writing the document. It is important that you have a Trust if you own property or have significant assets, over \$100,000.



When you have a living trust, you also have a will, referred to as a pourover will, and it pours over assets to the living trust. A living trust accomplishes the following:

Avoids probate (Probate is the court process by which assets are titled in the name of the heirs or beneficiaries). Probate costs approximately 2-9% of the gross value of the estate. This total is not reduced by any mortgages or debts of the estate. The probate process takes from 10 months to several years to complete, depending on its complexity.

A trust is a private document which is not available to the public inspection, as is a Will.

A Trust can save hundreds of thousands of dollars in federal estate taxes. Federal estate taxes are taxes collected by the IRS at the death of an individual who owns assets at the time of death, valued at over a certain amount that changes over the next few years.

Virginia L. Weber, Inc.

"An Attorney Your Grandpá & Grandma Would Love!"

A Law Corporation 619-222-5500

Probate **Trusts** Wills

www.virginiaweber.com • E-mail: vweber01@yahoo.com 4817 Santa Monica Ave. Ste D, San Diego, CA 92107

Thank you for choosing us

as your local news source!

66 Over 90 percent of

residents read our papers

on a regular basis. 🤊 🤊

CONTINUED FROM Page 8

On Sept. 14, 2008, a Hispanic male went into the Barnett Adult Superstore in the 3600 block of Barnett Ave. and pulled a black semiautomatic handgun from his pocket at about 4:30 a.m., accord-

ing to detectives. The suspect pointed the gun at the clerk and demanded cash from the registers.

The suspect is described as a Hispanic male, 25-30 years old, 5'8", with a heavy build. He was wearing a dark beanie cap and black jacket.

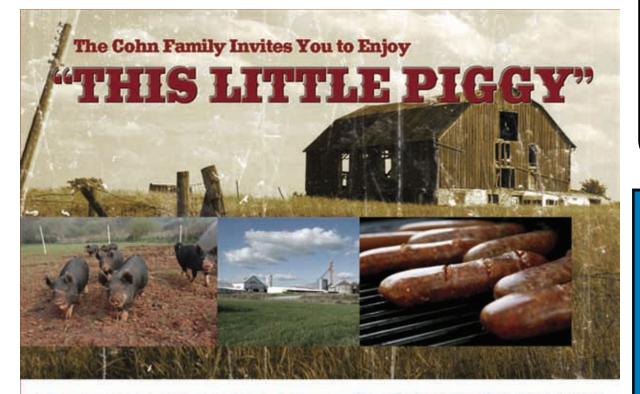
He reportedly fled the store on foot.

Anyone with information is bery.

urged to call the SDPD robbery unit at (619) 531-2299 or San Diego County Crime Stoppers at (888) 580-TIPS.

Even anonymous tips may earn a reward of up to \$1,000, according to investigators. Residents may also submit tips by visiting www.sdcrimestoppers.com.

No one was injured in the rob-



The Cohn Family Invites You to Enjoy "THIS LITTLE PIGGY"

Join us as we celebrate the beginning of the Fall season with a tribute to one of the world's most popular meats. Explore the time-honored traditions of the family farm, as we taste and enjoy every facet of pork in this true culinary adventure!

October 4th- both locations: FARMHOUSE SAUSAGE
Watch the entire sausage making process as we take our new "Farmhouse Sage" sausage from mixer to stuffer to grill to palate!

October 11th & 12th- Sat. at Iowa Farms, Sun. at Siesel's: "WELCOME TO EDEN!"

All the way from lowa! Meet the actual producers of Eden Farms Certified America Berkshire Pork. Explore and celebrate the difference as we offer a comparison tasting of Berkshire and regular "pulled pork."

October 18th-both locations: "GETTING STUFFED"

Join us as we sample of our new, "uptasted" dressings. Each will be skillfully stuffed into a boneless pork loin roast, creating a festive, elegant, and oven-ready dish.

October 25th- both locations: "SAUCE AND SMOKE" Learn to create that perfect, "pork appropriate" sauce using professional quality glaces and demi-glaces. Then, end our celebration by sampling pork from its ultimate destination: "The Smokehouse"!





COMMUNITY

NEWSPAPER

GROUP

SAN DIEGO COMMUNITY NEWSPAPER GROUP 4645 CASS St., 2ND FLOOR, SAN DIEGO, CA 92109

PHONE 858.270.3103 • FAX 858.713.0095

www.sdnews.com • sales@sdnews.com



BRAN BRACH PARMIER'S M



Ocean Beach Where the sun sets on San Diego"

EVERY WEDNESDAY, 4 — 8PM Voted "Best Farmer's Market in San Diego" www.OceanBeachSanDiego.com













Hammered **Titanium**

Gary Gilmore **GOLDSMITH**

4857 Newport Ave · Ocean Beach · 619-225-1137 www.gggoldsmith.com



Sapporo's

Tiny's Tavern

Tony's

For more info: OB MainStreet Association 619-224-4906

South Beach (closed caption)

Sunshine Co Saloon

Bravo's Mexican Bistro

The Harp (closed caption)

Cheswick's

Newport Pizza

Lucy's





By BARRY SCHWARTZ | THE BEACON

The Point Loma High School (PLHS) varsity football team hosted a strong Mira Mesa team in a nonleague game on Friday afternoon, falling to the visiting Marauders 55-14.

"I'm proud of my kids, I can tell you that," said PLHS head coach Mike Hastings. "In the first half we played with a lot of emotion and intensity. They are a big, strong team and we are a good team too. We just need more growth on our young roster."

Point Loma drew first blood when junior Leslie Roger caught a 47-yard pass for a touchdown early, but Mira Mesa answered with two of their own in the first quarter.

The second quarter went much the same with senior Marquell Specks running the ball up the left sideline six yards to even the score before Mira Mesa struck back with two more TDs, ending the first half with a 28-14 lead over the Pointers.

The second half was a much different story in terms of keeping the game close.

When the Pointers left the field

it could turn around if the home team were able to make adjustments as Hastings and his staff have done so many times.

Unfortunately, the Marauders were just too strong for the relatively young Pointer squad, who had only a handful of returning starters to depend on when facing a tough, physical opponent.

"Here's the reality of what we do. We play a tough schedule to get ready for the Western League, to make a run and win the league championship," said Hastings. "Playing teams like Mira Mesa is good for us. We will be better prepared and we will be back."

The PLHS defense was able to hold Mira Mesa to only one score in the third quarter, but the Marauders manhandled their way to 20 additional points in the final period to cement the win.

Mira Mesa has only one loss this season, and that was to the No. 1-ranked Oceanside squad on the road. The senior-laden squad has the experience and size to beat up on younger teams.

"We played a good team," said senior linebacker Michael Todter. "We didn't play our best game,

at halftime, the game looked like defensively or offensively, but we can take a lot away from this game. We just need to get back to the basics, blocking and coverage, and staying in our gaps to get where we need to be. I feel good about this season."

> A point of contention came near the end of the game when the outcome of the game was not even remotely in question. Point Loma had third-string players getting experience on the field.

> This is common in lopsided games, but Mira Mesa head coach Gary Blevins — perhaps in anticipation of celebrating his 100th career win — decided to reinsert his starters.

> "It's high school football," said Hastings. "There is no excuse for bringing your first-string defense back out on the field like he did. We're not in the BCS (Bowl Championship Series in college) trying to score as many points as possible to get ahead in the rankings.'

> The Pointers are now 2-2 and will host another nonleague matchup on Saturday, Oct. 4 against Granite Bay High School, Sacramento area.

Kickoff will be at 1 p.m.



which will pay a visit from the Junior wide receiver Davis Callejon puts some yards on the Pointer side of the ledger against Mira Mesa on Friday.

PLNU's Foster becomes newest NAIA Hall of Fame inductee amid flourishing career

By KEITH ANTIGIOVANNI | THE BEACON

Point Loma Nazarene University's (PLNU) longtime golf coach National Athletic Interscholastic Association (NAIA) 2008-09 Hall of Fame class on Sept. 19.

"I wasn't aware that I would be

honored to be recognized," Foster

The Hall of Fame honor is the Ben Foster was voted in to the highest bestowed by the NAIA. Individuals inducted into the NAIA Hall of Fame must be persons of outstanding quality, high moral character and fine leadership and

their colleagues, former coaches and former athletes.

Men's Golf National Championships in Davenport, Iowa on May 18.

Foster has been connected with and made an NAIA National Tour-

named, but I am very pleased and must be held in high esteem by the PLNU sports program since 1964, when he played basketball at the former Pasadena College as Foster will be inducted into the a freshman. His accomplishments Hall of Fame at the 2009 NAIA as a player were outstanding, leading his team to an overall record of 82-49. Foster scored 1,786 points and 1,324 rebounds

nament appearance in 1967.

Foster was also named MVP three times and was a three-time all-district player and had two honorable mention All-American selections. In 1967, he was drafted by the American Basketball

SEE FOSTER, Page 13

Reverse the Patterns of Postural Change

Walk Tall: A Comprehensive Osteoporosis Management & Postural Correction Program



Sara Meeks, PT,MS, GCS

Every Tuesday 11:00a.m.-12:00 p.m. La Jolla YMCA, 8355 Cliffridge Ave.

Every Thursday 9:30 a.m. - 10:30 a.m St. Bridgid Parish Hall, 4735 Cass St.

Presented by:

Tassanari Physical Therapy and St. Brigid Health Ministry

For information on this class, the Walk Tall Program, or a FREE consultation at Tassinari Physical Therapy



Call (858) 581-6900 or website: www.tasspt.com





SAINT FRANCIS Celebration and Art Show HONOR THE POOR and BLESS the ANIMALS

BRING YOUR PETS TO BE BLESSED OR MEMENTOS FOR MEMORIAL BLESSING.

Learn more about animal rescue and care. Meet those who help the poor or disadvantaged. Tour the art-for-sale focusing on animals. Live parrots, refreshments, pet treats, ballons and storytelling!

> Saturday, October 4th, 1pm - 3pm All Souls' Episcopal Church Corner of Catalina and Chatsworth Blvds. Call 619-223-6394 for information





Build Better Bones A Comprehensive Osteoporosis Management & Postural Correction Program

Presented by Marcia Tassinari, M.P.T. of Tassinari Physical Therapy Inc.

MYTH FACT LEARN

Osteoporosis only affects people over 60

Osteoporosis affects people of all ages How to build stronger bones

- Learn how to Reverse the Patterns of Postural Changeo
- Learn how to improve your back problems and pain

Everyone receives a FREE Consultation at Tassinari Physical Therapy

Date: Thursday, October 23rd at 6pm-8pm Time: Sacred Heart Church Parish Hall, 2024 Sunset Cliff Ave., Point Loma Call (858) 581-6900 or (619) 224-9114 to RSVP. For more info go to tasspt.com

Sponsored by St. Brigid Health Ministry and Tassinari Physical Therapy Light refreshments will be served



HORIZON ROMAN SHADES



Bringing you beautiful windows since 1981

Call for a FREE in-home consultation (858) 272-7810

www.sandiegoblindandshade.com Visit our Showroom Today (Mon-Fri 9-5) 4250-D Morena Blvd (near Costco)

Live

Work

Bank



"PLCB is committed to supporting the families and organizations which make Point Loma a special place to live and work."

- Tony D. Calabrese, President & CEO

Live, work and bank in Point Loma - the BEST place on earth! You'll love having your money safe and secure in your own backyard. As recently noted, community banks are the place to put your money, so why not move to Point Loma Community Bank today?

Our personalized service is second to none. In fact, we were recently named the best bank in our community. We care about you, that's why when you move your banking relationship to us, you'll receive:

3.25% on a 2-year CD when you ope a FREE Checking Account on a 2-year CD when you open with us today!*

Plus, we'll give you your first order of checks and an endorsement stamp FREE**.

Point Loma Community Bank is proudly rated "5 Star Superior"

in safety and soundness by Bauer Financial! To check your bank's rating, go to www.bauerfinancial.com.



You're more than a number. We're more than a bank. 1350 Rosecrans Street, San Diego, CA 92106 www.pointlomabank.com • 619.243.7900

Stop by and meet us today!

Tony Calabrese, President & CEO (619) 243-7901

Jill Faucher, Vice President (619) 243-7902

Dinisa Valadao, Assistant Vice President (619) 243-7903

> Voted the Best Bank in our Voted the Best Bank in our community by the readers of the Peninsula Beacon!

APY=Annual Percentage Yield. A minimum monthly balance of \$2,500 must be maintained in a PLCB checking account to receive 3.25% APY on a 2-year CD. Otherwise, the 2-year CD rate is 3.00% APY. Promotion ends 10-31-08. Checking account free of monthly service charge only; other fees may apply.

One box standard PLCB style checks.



SPORTS



Point Loma Nazarene University (PLNU) head golf coach Ben Foster, center, is the seventh Pasadena College/PLNU coach inducted into the NAIA Hall of Fame. His COURTESY PHOTO | THE BEACON induction will take place May 18 in Davenport, Iowa.

FOSTER

Association's (ABA) Los Angeles Stars but decided to return to his alma mater.

Foster was also the men's basketball coach at Pasadena College and holds the school record in winning percentage for that sport at 310-232.

present site in Point Loma to become PLNU, and Foster moved with it. Two years later, in 1974, he assumed the position of head coach for the PLNU golf program. Since 1974,

Foster has brought PLNU to the NAIA National Championships 18 times, finished with a top-10 ranking 10 times, won seven NAIA District III titles, four region II titles and coached 17 All-American

golfers.

He has also served as president of the NAIA Golf Coaches Association, as rater of the NAIA Region II and golf sports chairman of Region

Besides his accomplishments as a coach, many of his former players have gone on to become professional golf instructors.

"You don't get an honor like this unless you had very good players In 1972, the college moved to its and good teams," Foster said.

Foster's entire playing and coaching has been at Pasadena College/PLNU, but he said he has no regrets.

"It has made it even more special because I have been able to teach and coach something that I

love and have had a chance to do that at my alma mater," he said.

Foster becomes the seventh Pasadena College/PLNU NAIA Hall of Fame inductee behind Jim Bond, Jim Crakes, Lloyd Higgins, Bob Hopkins, Carroll Land and Barbara Wnek.

When asked if he had any plans to step down in the near future, Foster said, "I was just asked that the other day by a recruit and I told I have no intentions of leaving {soon}. We are all day-to-day anyways. I'm enjoying the journey right now and take one week at a time. I'm a competitive person and enjoy working with the players. I really don't have any plans to

Food and Drink

HAPPY HOUR SPECIALS Everyday at 4pm!



GLASS OF WINE 2960 Truxtun Road, San Diego, CA 92106 619-222-GOLF (4653)

APTAIN'S QUARTERS **Cocktails • 19 Exotic Beers**

FRIDAY \$100 CHEESEBURGERS 4-7PM \$200 WELL DRINKS \$200 DOMESTIC DRAFTS FREE POOL SUNDAYS 3pm-6pm 7 DAYS A WEEK MONDAY \$600 STEAKS **TUES & SAT** NIGHTS KARAOK BLOODY MARY'S \$2 DAILY 6AM-12PM





For advertising in... Call Mike Long (858) 270-3103 x112





Full Menu 'Till 1am Nightly

CONCERT FOR A COCKTAIL!

Best Traditional Breakfast at the Beach Saturday & Sunday 9am-2pm

Now Featuring Daily Lunch Specials from 11:00am to 3:00pm Monday Thru Friday

FOOTBALL IS BACK - WATCH THE GAMES ON HIGH DEFINITION TV'S, ENIOY OUR BREAKFAST MENU AND DRINK SPECIALS. OPEN AT 9AM SATURDAY AND SUNDAY FOR **COLLEGE & PRO GAMES!** Free Parking! www.NicksatthePier.com

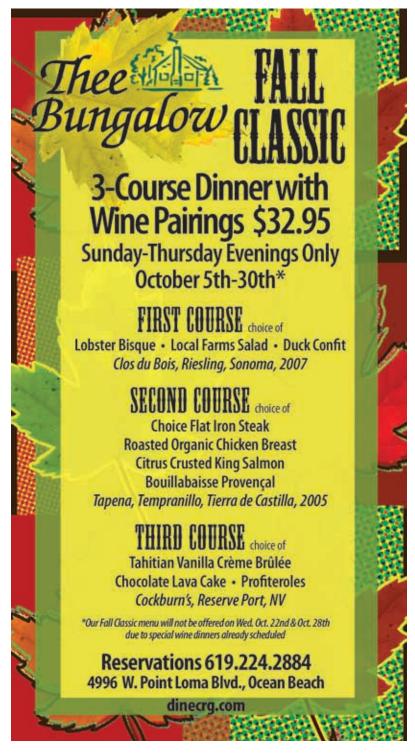






5083 Santa Monica Ave • Ocean Beach • (619) 222-PIER

We still Welcome Home PLHS Class of '77 & '78 Looking forward to seeing you all this weekend! www.plhsreunion.net Carole Otterstad 619.222.9283



October

COMMUNITY/CIVIC

Today, Oct. 2, 6:30 p.m., St. Peter's by the Sea Lutheran Church holds its annual Blessing of the Animals Service, 1371 Sunset Cliffs Blvd. For more information, call (619) 224-2894, or visit www.stpetersbythesea.org/index.php.

Friday, Oct. 3 and Saturday, Oct. 4, the Point Loma High School class of 1963 hosts its 45th reunion. A meet-and-greet takes place at 6 p.m. Oct. 3 at the Mission Bay Yacht Club, with the formal reunion slated to take place at 6 p.m. at the Bali Hai restaurant on Shelter Island. The cost is \$63 per person, and yearbooks are available for \$5. For more information, visit www.plhsclassof63.com.

Saturday, Oct. 4, 8 a.m. to noon, voter registration drive and mailed ballot application session at Jave Beach Café, 4723 Point Loma Ave. The deadline for registration is Oct. 20, and the deadline to apply for a mailed ballot is Oct. 28. For more information or to obtain a voter registration form or application for a mailed ballot, call (619) 758-

Wednesday, Oct. 8, 10 a.m., the Point Loma Garden Club hosts its monthly meeting. Featured is Robin Pokorski, president of the California Garden Clubs, Inc. Pokorski's topic will be "Garden Club: A Good Place to Grow." The event takes place at the Portuguese Hall, 2818 Avenida de Portugal. For more information, call (858) 483-2693, or visit www.plgc.org.

Thursday, Oct. 9, 10 to 11 a.m., baby-signing storytime with children's author Monta Briant at the Ocean Beach Library, 4801 Santa Monica Ave. For more information, call (619) 531-1532.

Saturday, Oct. 11, 9 to 11:30 a.m., the San Diego-based Jenna Druck Foundation hosts a Young Women's Leadership Forum featuring female artist Candace Custodio-Tan, AKA DJ Kuttin Kandi. The award-winning competition turntablist has been featured in Rolling Stone magazine, Vibe, Source and other publications. The Library hosts its 80th anniversary event takes place at Liberty Station in Point Loma. To register online, visit www.jdfleadership.org.

Saturday, Oct. 11, 4 to 8 p.m., 1967 reunion upstairs at The Pen- Barrow between noon and 1 p.m. nant in South Mission Beach, 2893 The event takes place at the Ocean Mission Blvd. For more information, call (619) 223-3322, or e-mail penguino@webtv.net.

Saturday, Oct. 11, 9 a.m. to noon, San Diego Audubon Society hosts a restoration work party at Mariner's Point at Mission Bay. Volunteers will clear the nesting site of California least terns of invasive plants. Participants are asked to wear work clothes and sunscreen, work gloves and weeding tools, if possible. Snacks and water will be provided. For more information, call (619) 224-4591 or (858) 581-7602.

Tuesday, Oct. 14, 5 p.m., another in a series of monthly forums, "Behind the Scenes at NTC Promenade." The forums are designed to provide information to and obtain input from interested community groups and individuals regarding NTC Promenade, the civic arts and cultural center at Liberty Station in Point Loma. The event takes place at the San Diego Watercolor Society, 2825 Dewey **RSVP** info@ntcfoundation.org. For more

information, call (619) 573-9300.

Other forums include:

- Wednesday, Nov. 12, 5 p.m., Weisz Green Room at Dance Place San Diego, 2650 Truxtun Road;
- Tuesday, Dec. 9, 5 p.m., NTC Command Center, 2640 Historic Decatur Road.

Friday, Oct. 17, the San Diego Housing Federation hosts its 17th annual conference, titled "Challenges, Changes & Opportunities," at Point Loma Nazarene University, 3900 Lomaland Drive. For more information, call (619) 239-6693, or visit www.housingsandiego.org/events_conference.php.

Saturday, Oct. 18, 10 a.m. to 2:30 p.m., Point Loma Nazarene University hosts its annual fall festival with women's and men's soccer games, ice cream social, hayrides, pumpkin patch, historical tours, electronics recycling drive, community booths and more. The event takes place on campus at 3900 Lomaland Drive. For more information, call (619) 849-2388,

www.pointloma.edu/fallfestival.

Saturday, Oct. 18, Ocean Beach celebration. An outdoor acoustic jazz concert performed by Zzymzzy Quartet at 11 a.m., a ceremonial tree planting and an appearance by new San Diego Point Loma High School class of Public Library director Deborah Beach Library, 4801 Santa Monica Ave. For more information, call (619) 531-1532.

Saturday, Oct. 18, 1 p.m., family magic performance by Abbit the Average at the Ocean Beach Library, 4801 Santa Monica Ave. For more information, call (619) 531-1532.

Wednesday, Nov. 12, 10 a.m., Point Loma Garden Club hosts its monthly meeting. The program will feature Kurk Peacock, who will present "Waterwise Trees, Plants and Flowers." For more information, call (858) 483-2693, e-mail kathyhargroveor@san.rr.com.

Thursdays, 9:30 a.m. to noon, classes held in the exploration of world literature, both themes and writing styles, in a friendly and supportive atmosphere. The free classes are held at Westminster Presbyterian Church, 3598 Talbot St. For more information, call (858) 274-9739, or e-mail katescanyon@hotmail.com.

Tuesdays, 10 to 10:45 a.m., preschool story time at the Ocean Beach Library, 4801 Santa Monica Ave. For more information, call (619) 531-1532.

Mondays, 3 to 3:45 p.m., babysigning story time for infants and caregivers, Ocean Beach Library, 4801 Santa Monica Ave. For more information, call (619) 531-1532.

SCHOOLS

DANA

- Today, Oct. 2, bake sale.
- Friday, Oct. 3, Spirit Day.

LOMA PORTAL

- Friday, Oct. 3, Mexican fiesta lunch for families and students.
- Friday, Oct. 3, forms due for direct donations.
- Wednesday, Oct. 8, original art-
- work due back. • Friday, Oct. 10, school pictures.
- Monday, Oct. 13 through Friday, Oct. 17, Scholastic Book Fair in auditorium.
- Wednesday, Oct. 15, 5:30 to 6:30 p.m., PTA meeting in library.
- Through October, volunteers needed for "Everyone-A-Reader' program. Call (619) 223-4810, or e-mail christinagilmoremckay-@netzero.com.

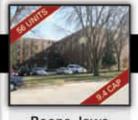
OCEAN BEACH ELEMENTARY

- Today, Oct. 2, 5 to 8 p.m., Back to School Night.
- Monday, Oct. 6, 6 p.m., Point Loma Cluster meeting.
- Tuesday, Oct. 7, picture day.
- Wednesday, Oct. 8, Walk to School Day.
- Thursday, Oct. 9, Bank Day.

SACRED HEART

• Today, Oct. 2, 2 p.m., Blessing of the Animals follows procession

SEE CALENDAR, Page 15



Boone, Iowa \$1.4 mil



Marshaltown, Iowa \$1.9 mil



Newton, Iowa \$1.3 mil



Knoxville, Iowa \$1.4 mil

"A study suggests, eight out of 10 most expensive housing markets in the U.S. are in California, while eight Midwestern cities are among the 10 most affordable markets."



Grimes, Iowa \$1.9 mil



Grinnell, Iowa Pending

USA Today 09/10/2008 Al



Mexico \$2.3 mil

New Ocean Front broker-owned Villa with over \$200K in annual income.

Visit: villa-paradise.com/sale



ph: 858.750.9872



www.jacknooren.com

COMMUNITY CALENDAR

CALENDAR

CONTINUED FROM Page 14

to Sacred Heart Church.

- Today, Oct. 2 and Friday, Oct. 3, 5th-grade overnight to the Wild Animal Park.
- Friday, Oct. 3, noon dismissal for faculty inservice.
- Tuesday, Oct. 7, 8:30 a.m., Parent Association Board meeting in the art lab.
- Wednesday, Oct. 8, 8th-grade girls to Academy of Our Lady of Peace; 8th-grade boys to St. Augustine High School.
- Friday, Oct. 10, 8th-grade class to Cathedral Catholic High
- Oct. 13-24, ITBS testing for grades 2 through 8.
- Thursday, Oct. 23, 8 a.m., allschool Mass at Sacred Heart
- Thursday, Oct. 30, 4th-graders to San Diego Natural History

SUNSET VIEW

- Today, Oct. 2, 9 a.m., PTA www.pointloma.edu/ljml/carolyne meeting.
- Today, Oct. 2, 6 p.m., Proposition S parent information session, auditorium.
- Monday, Oct. 6 through Friday, Oct. 10, 4th-graders to Old
- Wednesday, Oct. 8, Walk to School Day.
- Wednesday, Oct. 8, 9:15 a.m., 9:15 a.m., principal's coffee.

WARREN-WALKER

- Friday, Oct. 3, 1:30 p.m., 4thgrade production of "The Trial of the Big Bad Wolf."
- Wednesday, Oct. 15, 7:45 a.m., coffee with the heads for 6th- and the Point, featuring guitarist Peter

8th-grade students.

• Wednesday, Nov. 5, 4 to 5:30 p.m., fall open house.

SPORTS

Friday, Oct. 3, 2 p.m., the Point Loma Association hosts the third annual Pitch 'n' Putt for the Point Golf Tournament at the Sail Ho Golf Course at Liberty Station in Point Loma. Proceeds from the event benefit the Point Loma Association. Entry fees are \$100 per player and include green fees, a shirt and banquet ticket. To register, call (619) 243-7900.

ARTS & ENTERTAINMENT

Thursday, Oct. 2, 7:30 p.m., award-winning author and poet Carolyne Wright will read from her work, including her latest collection "A Change of Maps." Admission is free. The event takes place at the Crill Auditorium of Point Loma Nazarene University, 3900 Lomaland Drive. For more information, call (619) 849-2298,

wright.htm.

Saturday, Oct. 4, 7:30 p.m., Point Loma Nazarene University hosts a cultural event featuring Spanish Brass, which strives for originality and innovation in its musical choices and performances. The event takes place in the Crill Performance Center of the university at 3900 Lomaland Drive. Tickets are \$15 for adults, \$12 for students, seniors and military. For more information or

Tuesday, Oct. 7, Point Loma Nazarene University hosts Jazz at

tickets, call (619) 849-2325.

the Crill Performance Center of the university at 3900 Lomaland Drive. Tickets are \$15 for adults, \$12 for students, seniors and military. For more information or tickets, call (619) 849-2325, or visit www.petersprague.com.

Oct. 10-18, Point Loma High School presents "Coffee House" during a weeklong run at the high school's performing arts center. Performances are at 7 p.m. on Oct. 10, Oct. 11, Oct. 16, Oct. 17 and Oct. 18. Tickets are \$6.

Saturday, Oct. 11, 1:30 p.m., grand opening of the Gotta Sing Gotta Dance Hall of Fame, featuring photo boards with more than 3,000 alumni of Point Loma High School's Zeiger Show, with a multimedia slide show of all 31 years of productions with music. The event takes place at the high school media/library facility, 2335 Chatsworth Blvd. The event will be followed by a reception at Tender Greens, 2400 Historic Decatur Road at Liberty Station. Tickets for the reception are \$15 and RSVPs must be received no later than Oct. 3 by e-mailing lzeiger@aol.com. Tickets are \$15, \$5 of which will go to the Musical Theater Scholarships.

Tuesday, Oct. 21, 7:30 p.m., Point Loma Nazarene University hosts its concert band in a fall concert, directed by Dan Nelson. The event is free and takes place in the Crill Performance Center of the university at 3900 Lomaland Drive. For more information, call (619) 849-2399.

Through Sunday, Nov. 2, The New Americans Museum hosts an ries with Digital Storybooking." exhibit of rare photographs by

Sprague. The event takes place in Filipino-American photographer Ricardo Orceto Alvarado. The exhibit, "Through My Father's Eyes: The Filipino-American Photographs of Ricardo Orceto Alvarado (1914-1976)," is a collection of 50 photos offering a rare insight into the emergence of the Filipino-American community in postwar America. The museum is located at 2825 Dewey Road, Suite 102 in the NTC Promenade of Liberty Station in Point Loma. There is no admission charge. The museum is open Wednesdays through Sundays from 11 a.m. to 5 p.m. For more information, call (619) 255-8908, visit

www.newamericansmuseum.org.

Ongoing: The Peninsula Singers enter a new season, meeting weekly for rehearsals on Mondays from 5:30 to 7:30 p.m. through June at the Hervey/Point Loma Branch Library, 3701 Voltaire St. The community-based chorus is currently welcoming new members. For more information, call (619) 904-6079, (619) 222-0429, or visit www.peninsulasingerssandiego.org.

Wednesdays, 7 p.m., experienced singers invited to join the Cabrillo Singers, a semi-professional chorale that presents concerts in the greater San Diego community. The chorale meets at the Point Loma Community Presbyterian Church, 2128 Chatsworth Blvd. For an interview, call (619) 952-2719.

Wednesdays, 6 to 8 p.m., Andrea Garcia of Heritage Makers presents five-session workshop course, "Preserving Your Memo-Classes will be held Oct. 1 and Oct.

8. The cost of the workshop is \$42.50. To pre-register, call (619) 230-2895. For regular registration, call (760) 458-6913.

Humphrey's by the Bay, 2241 Shelter Island Drive, (619) 224-

- Friday, Oct. 3, 7:30 p.m., America performs. Tickets are
- Sunday, Oct. 5, 7:30 p.m., Cecilio & Kapono perform. Tickets
- Oct. 10-11, 8 p.m., Russell Peters performs. Tickets are \$45.
- Sunday, Oct. 19, 7:30 p.m., Gordon Lightfoot performs. Tickets

San Diego Sports Arena, 3500 Sports Arena Blvd., (618) 225-

• Thursday, Oct. 9 through Sunday, Oct. 12, various times, Disney On Ice presents "100 Years of Magic." Show times for the skating spectacular: Oct. 9, 7:30 p.m.; all other dates, showtimes are 11 a.m., 3:30 p.m. and 7:30 p.m. Tickets for the Oct. 9 show are \$12, while ticket prices range from \$16.50 to \$52.50 for other days. For more information, call (619) 308-4311 or (610) 220-6600, or visit www.disneyonice.com.

Soma, 3550 Sports Arena Blvd., (619) 726-7662

- Wednesday, Oct. 15, The Showdown performs.
- Saturday, Oct. 25, Bleeding Through performs.

Winston's Beach Club, 1921 Bacon St., (619) 222-6822

 Wednesday, Oct. 8, 9 p.m., Ten Mile Tide performs during a CD release party. For more information, visit www.winstonsob.com.

Help make the decisions that shape your community!

North Bay Project Area Committee Election The City of San Diego invites eligible voters and candidates to participate.

When: October 7, 2008, 4:30 pm to 7:00 pm Candidate Forum: 4:30 pm to 5:00 pm

Where: Peninsula Community Service Center 3740 Sports Arena Boulevard, Suite 2

To get involved in the North Bay PAC Election or to learn more about the PAC, contact the City of San Diego's Redevelopment Agency at (619) 236-6700 or visit the agency's Web page at www.sandiego.gov/redevelopment-agency/northbay.shtml.



THE CITY OF SAN DIEGO

Redevelopment Agency City Redevelopment Division

CITY PLANNING AND

Community Investment

DEPARTMENT

1200 Third Ave., Suite 1400 San Diego, CA 92101 (619) 236-6700 www.sandiego.gov

16

classified BEACON

The #1 Local Place to go for Autos, Homes, Services and More!

Visit us online: www.sdnews.com

Call 858-270-3103 ● Place or view ads on-line at sdnews.com

ANNOUNCEMENTS 100

ALTERNATIVE CLEANING SERVICES an eco-friendly company, wants to give youan early holiday gift. Month of October only, 1 HOUR FREE HOME CLEANING! (Minimum of 6 hours) CALL NOW! To take advantage of our reliable services 619-550-1991

HELP WANTED 250

AMATEUR FEMALE MODELS Amateur Female Models Wanted: \$700 and more per day. All expenses paid. Easy money. (619)

General Help Wanted

ABLE TO TRAVEL. National Company Hiring 6 people. No experience necessary. Paid Training and Trasportation. OVER 18. Start ASAP. 1-888-921-1999

OCEAN CORP Houston, TX. Train for NEW Career, *Underwater Welder, Commercial Diver. *NDT/ Weld Inspector. Job placement and financial aid for those who qualify. 800-321-0298.

POST OFFICE Now Hiring, Average \$20/ hour, \$57k annually including Federal Benefits, Overtime, Paid Training, Vacations Part-time/ full-time. 1-866-483-6562 USWA

SWIM INSTRUCTORS WANTED \$12-\$19/ hr. Call (858) 273-7946

TEAMS EARN TOP DOLLAR plus great benefits. Solo drivers also needed for Western Regional. Werner Enterprises 800-346-2818

BOOTHS AVAILABLE in beautiful, new, full-service, eco-friendly salon in Point Excellent location, Excellent opportunity. Move-in incentive. Looking for experienced Hair Stylist w/ clientele. Please call Mindy at 619-723-9046.

ITEMS FOR SALE 300

FAST FOOD DISCOUNT CARDS Fast Food Discount Cards that never expires. 24 Restaurants including Arbys, Wendys, Pizza Hut, Krispy Kreme and more. Cost \$20. R. T. 3115 WhiteHorse Road PMB 177, Greenville SC 29611. (864) 295-5551

ITEMS FOR SALE 300

Garage/Yard Sales

MOVING/GARAGE SALE. Diving equipment, incl.tanks, wet and dry suits, lots of new tools, Furniture Add New Computer software, TV and Video player and 100s of videos. Skis, underwater scooter, and exercise equipment. See at 3538A Ashford S

Misc. For Sale

BIG BEAR - FAMILY GET-AWAY Rent by day or week! Sleeps 4-14. Spa and Gameroom. Photos @ www.bluemoo nridgelodge.com or (619) 226-6671

MANGOSTEEN THE QUEEN OF FRUITS Feel better now and try risk free today: www. MyMangosteen.net

MEMORIAL POEM FOR PET custom poem for lost loved one.sample available.email: montereywordweaver@gmail.com \$40-\$60

NEW complete screen-printing equipment package. press, conveyor, flash, exposure, tools-supplies \$5990.00 CALL NOW 800-311-8962

RESALE & NEW women's clothes, accessories, shoes, jewelry, \$5 - 35, Designer BARGAINS, Tierrasanta. (619) 985-6700

SPA/HOT TUB \$1950! Never Used! Neck Jets, Therapy Seat. Many Jets. Warranty. Can Deliver. Worth \$5950. Sell \$1950. (858) 530-0980

Misc. For Trade

ATT READERS! FREE BOOKS! Trade your books for free at www.PaperBack

HEALTH SERVICES 375

Health Care

BUY VIAGRA, CIALIS, LEVITRA, Propecia and other medications below wholesale Call: 1-888-300-3941.www GlobalDrugsOnline.com Over 70% savings

PETS & PET SERVICES 400

CAT ADOPTION SERVICE

An All Volunteer Non Profit Corporation



Lucky was rescued off the streets of SE San Diego abandoned by a roadside. Lucky and many other Rescued Cats and Kittens are looking for loving permanent homes. Come visit them at the La Jolla

Petsmart located in La Jo<u>l</u>la Village Square.

For more information please visit our website at www.catadoptionservice.org

MISC. SERV. OFFERED 450

AC PLUS HEATING & AIR HEATING AND AIR CONDITIONING INSTALL/SERVICE FREE EST LIC 737166 (858) 254-7374

Ask the

Contractor's Board

Hiring a contractor, whether a simple repair or major remodel, can be daunting. Armed with some basic information, California homeowners can avoid many common pitfalls of home improvement. If you



have questions or need information go to our website at www.cslb.ca.gov.

Services Offered

AUTOMATIC E-MAIL information on any homes listed for sale in the San Diego area. sdhomebuyersonline.com Prudential Dunn, Realtors (619) 275-3866

Cleaning

CLEANING SERVICE Cecilia Sanchez (619)

MISC. SERV. OFFERED 450

MARIBEL'S CLEANING 13 years experience, Free Estimates, References Available, Move in/Move out Special! (619) 862-9148 Ask for Mary

Computer Repair/Support

A NEW COMPUTER NOW Brand name, Bad or NO Credit No Problem Brand name Smallest weekly payments avail. Call NOW 1-800-804-6016

DJ / Karaoke

WEDDING DJ Available to DJ ALL types of weddings and unity ceramonies. Make your next event the best ever with So Cal Sings Karaoke and DJ Pros. Your complete musical entertainment source. Providing quality entertainment for San Diego County since 1980. DJ Music, videos and karaoke for all ages and tastes. Rentals also available and everything includes free set up and delivery Call today for information or a free quote (858) 232-5639

Electrical

JACOB'S ELECTRIC Clean - Quality Work! Residential/Commercial Lic #903497 Call Today! (619) 843-9291

NEED AN ELECTRICIAN? Big or Small Old or New from Pole to Plug G. Prewett Electric, Service for the people. George @619-203-4111 Lic# 900483

Financial

CREDIT REPAIR We legally remove Negative history from credit reports. Raise Credit Scores. 1-888-687-1300, 1-888-687-1400. Members of Better Business Bureau.

Gardening - Landscaping

R & V RUPERTO VASQUEZ Tree trimming, Gardening, Hauling, Fertilizing, Sod Lawn, Landscaping, Clean Up Trash, Sprinkler Installation, Concrete and Wood Fencing. Call

MISC. SERV. OFFERED 450

Handyman - Construction

HANDI-HANDYMAN - Decks, Windows. Doors, Baths, Kitchens, Tiling, Painting, Gates, Fencing and Crown Molding. You name it! Call 858-483-8106.

CUSTOM HOME IMPROVEMENT Services Carpentry- Interior & Exterior, Fencing, wood or vinyl, termite & drywall repair, tile, doors, windows, painting, roofing. 20 Yrs Experience Local references. Hourly rates. 619-241-1231

BUSINESS OPTS. 550

RECESSION — HOW TO SURVIVE IT Network Marketing is recession proof, you can't get fired! Come join the fastest growing home-based business opportunity today marketing the original mangosteen juice, Xango! www. TeamworkNotCompetition.com

Income Opportunities

100% TRUE HOME BUSINESS \$3.000 to in product 800-343-4857 www.yourbreaktofreedom.com/ proven

INTERNATIONAL PERSONAL DEVELOP-MENT Company. Earn Executive Level income from home in the Personal Development Industry using the laws of attraction. Serious Entrepreneurs only! (888) 879-4424 www.toliveadream.com

WWW. SPORTSGIRLJEWELRY.COM FUND RAIS-ERS FOR YOUTH SPORTS- VERY PROFITABLE



REAL ESTATE 800

Homes for Sale

FIND OUT WHAT HOMES ARE SELLING FOR IN YOUR NEIGHBORHOOD... No hassle, no obligation, you don't even have to talk to an agent. www.sdhome sellersonline.com Prudential Dunn, Realtors (619) 275-3866

LA JOLLA HOME FOR SALE! 2837 Via Posada 3/3 + Opt. 4th Bed. Lg/ Open design, Btfl upgrades! Exc. Location! \$1,199,000 \$1,299,000. Agent: Ellice Zappardino (858) 750-5000

LA JOLLA HOUSE FOR SALE! 8906 Cliffridge Ave 3/2 Lovely Home & Yard, Pool, Priced to Sell! \$899,000 - Agent Ellice Zappardino (858) 750-5000

SPECTACULAR OCEANVIEW IN BAJA Custom built residence by renowned local Architect just a short stroll to beaches, restaurants & shops. This Baja home features a master retreat suite, a roof top barbecue deck & two additional decks with great views of the Mountains and the Sea of Cortez ideal for entertainment and aggressively priced. For additional information call today. Alfredo Cristo (608)-320-0799 or Jorge Cristo (619)254-5577. www.bajasurlegal.com

Investment Properties

AMAZING CASH FLOW! 4BR/2BA \$12,500 Rents \$550.00 Mgr. in place 877-890-5988

It's the NUMBER ONE cancer killer.

NO MORE EXCUSES. NO MORE LUNG CANCER.

lungcanceralliance.org

International Council of Air Shows (ICAS)

RLD'S BEST MILITARY A

MCAS Miramar A Salute to

Daytime Shows

Friday, Saturday, Sunday

9:00am - 4:00pm · Gates open at 8:00am daily

Twilight Show

Saturday • October 4, 2008 5:30pm - 8:30pm

FREE Admission, Parking and Blanket Seating!

Marine Corps Community Services Air Show Spons





For more information visit miramarairshow.com

GAVIN





Sikorsky













Hamilton Sundstrand









A United Technologies Company







Service Directory

Place your ad here! Call Kristin (858) 270-3103 ext. 144

SOCAL PAINT & TEXTURE ACCOSTIC REMOVAL / RESPRAYS DRYWALL / PLASTER REPAIR 858.414.1447 lic. 898692

CHIMNEY SWEEP

When was your chimney last checked?



Every year structural problems and flammable deposits risk the homes and safety of 1,000s of families

At Chimney Sweeps we don't just clean chimneys, we maintain them!

> Be prepared for Winter. Call Now!

(619) 593-4020

CLEANING SERVICE

Cleaning Service

by Cecilia Sanchez Family owned & operated 15 years experience.

> Office, residential & vacancy cleanings #1 vacation

> > rental experts

Free estimates & excellent references

> (619)248-5238

Manibel's Cleaning

13 Years Experience FREE Estimates References Available Move in / Move out Special 619.862.9148 ask for Mary

> ELSIE'S Cleaning Co.

Serving all of San Diego Housecleaning, Move-out cleaning, Construction cleaning, Business and Janitorial Services 619.262.9414

Over 15 Years Experience

CONCRETE/MASONRY

CONCRETE MASONRY STRUCTURAL & DECORATIVE

BRICK • BLOCK STONE • TILE **CONCRETE** DRAINAGE

> 30 years experience References & Portfolio

All Masonry Construction

WILLIAM CARSON Licensed & Insured Lic #638122

(858) 459-0959

JR. JONES & SONS CONCRETE

Specializing in: • Foundations • Retaining Walls Driveways • Decorative Concrete Any room additions.

BOBCAT SERVICE ALSO! (619) 572-5684

License #900350 Bonded &





All Phases of Concrete Driveways · Patios · Sidewalks Insured · BBB Member

CALL FOR FREE ESTIMATE 619-253-8775 III Lic. #786215

CONSTRUCTION



DRYWALL

NEW CONSTRUCTION OR REMODELS

- Acoustic Removal
- Re-texturing
- Serving SD for over 18yrs.
- Profesional & Best Prices

Better Business Bureau Member Lic#810245 • Bonded • Insured



619-527-2227

CONSTRUCTION & DESIGN

Turning Dreams into Reality

- T Residential Remodels
- * Unique Decks T 2nd Story Additions
- Skilled Carpentry
- T Custom Stairs
- T Conceptual Design T 3-D Sketches
- T Electrical Tile & Formica

Quality Service & Affordable Rates **Donovan Mahoney Company** (858) 414-4175

CARPETING / FLOORS



- REFINISHING
- REPAIR
- INSTALLATION

SPECIALIZING IN **HARDWOOD FLOORS** Over 20 years experience in San Diego JOHN WEIGHTMAN

(619) 218-8828

DRAFTING



ELECTRICAL

(619) 997-6611



ELECTRICAL

JACOR'S ELECTRIC Clean, Quality Work Bonded & Insured • Lic (619) 843-9291

FIXTURES

Appliance Installlation & Repair

Certified Technician Specialist

- Miele
- Thermador
- Bosch

and others.

Fixtures KITCHEN & BATH

(760)-690-5801

FLOORS

DIAMOND POLISHED CONCRETE FLOORS

The ultimate flooring concept for Residential, Commercial, Industrial & Public Works. www.pcf4u.com • 858-272-9292

FOOT CARE



For Health & Well Being 1010 Pearl Street 2nd Floor, Ste. 9 La Jolla, CA (858) 454-8888

GARDENING-LANDSCAPING



- FENCES
 TREE TRIMMING
- SPRINKLER SYSTEMS & REPAIRS
- & REPAIRS
 DESIGN &
 CONSTRUCTION
 CLEANUP & HAULING
 LOWEST PRICES
 GUARANTEED



EARTHWORM LANDSCAPING 619.301.LAWN (5296) AMUST SE

Organic Gardens & Edible Landscapes Native & Drought Tolerant Gardens Landscape Maintenance Lawn Care & Installation Pruning & Tree Trimming **GO GREEN**

Ask about our zero emisions ECO-PACKAGES FREE ESTIMATES (619) 301-LAWN (5296)

Teco's Gardening

Tree Trimming New Plants & Design Whole Tree Removal Sprinkler Installation/Repair General Clean-Ups Stump Grinder Service Clean Palms & Trees We Also Do: Fencing Floors Stucco Benairs

crete, Demolition, Brick & Block Walls Drywall Painting Roofing ing, Drains Installed/Repaired General Hauling

Low Prices Free Estimates (858) 503-5976 (858) 220-6184 j_teco@yahoo.com

GARDENING-LANDSCAPING

Natural Aspect Gardenscape

- Yard Transformation
- Hardscape
- Softscape
- Irrigation Cal Poly Trained
- 40 Years Experience Call Bob (619) 668-1263

FREE ESTIMATES REFERENCES



Tree Trimming \cdot Hauling Sod Lawn · Clean Up Trash Concrete · Gardening Fertilized · Landscaping Sprinkler Installation · Wood Fencing

Ph: (858) 573-6950 Cell: (858) 602-1797

P.O. Box 710398 San Diego, CA 92171

We Pay Attention to Detail

Walls · Concrete Islands · Acid stain Pavers and Irrigation
HOME THEATER/AUDIO
TV · CAMERAS
PARTS AND/OR WIRING
AND MUCH MORE

CALIFORNIA LANDSCAPE CONSTRUCTION

lic. #847291 hablamos español 858-605-0623

BAMBOID FOR SALE

EACH SUNDAY FROM NOON TO 5 PM OR BY APPOINTMENT

Timber Bamboo (Old Hami) Black Bamboo Golden Goddess, Alfonscar and other Tropical Plants (5- & 15-gallon)

5061/2 Palomar Ave., LJ 858.459.YOGA

Landscaping Available

Jose's Gardening Clean-up Hedges hauling · Reasonable Rates Free Estimates · References 619-847-1535

HANDYMAN

LEONARDO'S HANDYMAN

• Carpentry • Drywall • Custom BBQ Repair • Palapas/Tiki Huts Specializing in Concrete/Concrete Repair **EXCELLENT REFERENCES - QUALITY WORK** (858) 336-1580

RJ BOWEN & SONS

Decks, Wood or Composite Patio Covers • All Styles (619) 757-8189

rjbowenandsons.com

INTERIOR & EXTERIOR FREE ESTIMATES

PROMPT & PROFESSIONAL 619.869.2270 Lic# 908620 Licensed, Bonded & Insured

Stellar **Top Handyman** Coastal Area! Competative Prices • Fast Response

Plumbing • Electrical • Drywall **General Home Repair** 858.382.1140

HANDYMAN

Ocean Home Services **High Quality Home Improvement**

Only \$35/hr. Master Carpenter w/ 25 years experience. Interior /exterior woodworking (ex-termite inspector)

Quality design fence work wood /vinyl

Professionally Installed windows & doors

Drywall Install/Repair and finish work. Detail Quality Painting Light Electrial & Plumbing

Call Scott (619) 241-1231

RENT-A-HUSBAND

Handyman with 20 years experience. Many Skills . Hourly or Bid Prompt & Professional Insured

> **Ask for Bob** 858-454-5922

Retired Carpenter for Hire

Small Jobs. Reasonable. Can work weekends, evenings.

Call Chuck 858-699-8165

Remodel/Repairs

Free Estimates. References - Perfectionist All size jobs, Interior & Exterior, All Trades 24 years experience Al 858-414-8722 unlic.

Trinity Home Maintenancé Serving San Diego since 1999

ONE HOUR FREE!" *3 hour min. & 1st time clients only TOTAL HOME CARE:

Repair, Maintenance & Upgrades for Home, Office & Rental Properties Electrical • Custom Paint Custom Tile • Design & Install all Phases of Landscapes • Power Washing 619.674.8967

Turn Your Home Into Your Dream Home

Proper-T Improvements

Design and Build Custom Additions and Remodels



<u>United Home</u> Remodeling Prompt & Reliable Service

10% OFF when menuous this ad. when mentioning

All Home Repair/Remodeling Kitchen/Bathrooms/Custom Work All Electrical/Recessed Lighting Windows/Doors • Tile/Flooring

Plumbing • Carpentry Senior Discounts. Will beat any written estimate Call Today Lic#874554 insured & bonder 619-723-3935

I LUV JUNK HAULING You Call-We Haul! No Job Too Small!

Evictions, cleanouts, construction debris, tree trimming, etc.

We are eco friendly 619-933-4346

10% Senior Discount



HAULING

MORTGAGE SERVICES

NOT STOKED ON YOUR MORTGAGE? **BUYING A NEW HOME?**

Purchase - Refinance WE CAN HELP! **Call BEN & ROCHELLE ENGELBY** License # 01796932

> (619) 255-5366 SDCoastProperties.com



PAINTING



858-571-7323

www.ocshousepainting.com

Power Washing • Dry Wall • Lighting Electrical • Window Replacement Plumbing • Acoustic Ceiling Removal

FREE ESTIMATE! Interior/Exterior Painting, Repairs Power Washing, Caulking & Sealing, Stucco and Much More!

lic # 703976 MELLE'S PAINTING Interior & Exterior Free Estimates 619.818.6766

858.576.2200

Drywall, Wood and Stuco Repair Interiors/Exteriors Commercial and Residential.

35 years in San Diego

BBB & Fully Insured Office: (619) 284-2918 Contact Ace: (619) 540-1286





 Discount Pricing · Beautiful Results

7 step Prep

 Custom Interiors **Drywall Repair Texture** Fabulous Exteriors Wood & Stucco Repair

· Over 18 years experience 1-800-926-4001

Painting USA Lic # 361425







Painting & Handyman Service

Custom Work • Apartment Rental Prep Roofing • Honey Do List Call Don 858-273-4239





servicedirectory

PAINTING



Custom Painting

Great Work-Great Price! Residential & Commercial Interiors/Exteriors

858.366.2240 License #911234

San Diego Business for over 12 years

- · Interior/Exterior
- Power Washing
- · Stucco Repair
- Residential/Commercial



AFFORDABLE HOUSE PAINTING

3rd Generation Painter.

Ranked one of the best in town.

Interior/Exteriors.

We also do repairs and specialty coatings.

> Free Estimates. Call Now!

858-504-1001

Lic. # 833455

PLANS & PERMITS

CALIFORNIA SUPERIOR DESIGN

1 OR 2 STORY 3D **COMPUTER GENERATED PLANS & PERMITS** 30 YEARS EXPERIENCE

(619) 239-8363 FREE DESIGN

CONSULTATION

CA STATE LIC 296484

PLASTERING

LATH & PLASTER Interior Plastering & Repair

All Work Guaranteed 20+ Yrs Exp Lic#694956

REPAIRS Lath & Plaster . Re-Stucco Custom Work • Room Additions

Clean • Reliable • Reasonable D'arlex 619-265-9294 Pgr 619-418-5693

PLUMBING

ZEVEN ENTERPRISES PLUMBING PHONE# 619-567-4327 LICENSE# 913342

RESIDENTIAL & COMMERCIAL SMALL & LARGE JOBS WELCOME REMODELS & NEW CONSTRUCTIONS **GAS, WATER & WASTE LINES REPAIRS RE-PIPES** REPLACEMENTS NEW INSTALLATIONS

PRESSURE REGULATORS SHOWERS SINKS FAUCETS TOILETS DISHWASHERS WATER HEATERS

TANKLESS WATER HEATERS GARBAGE DISPOSALS

PLEASE CALL FOR ALL QUESTIONS AND A FREE ESTIMATE

-BILL HARPER PLUMBING & HEATING-

Senior Discounts · Self-Employed BBB Member · Repairs, Repipes Drain Cleaning, Fixture Installations. Water Heaters & all Plumbing Lic #504044

CALL BILL 619-224-0586

PLUMBING

WHY PAY MORE? PLUMBER \$45/HR.

FREE ESTIMATES/ FAST SERVICE

- Remodel (bathroom) • Repair (Toilets, faucets, valves, water heaters, repipes) **SEWER REPAIR/ SLAB LEAKS** WE DO IT ALL! HIRE A PRO! **ROUGH-IN SPECIALIST!**
- www.American PlumbingCompany.com 28 Years Experience

Plumbing Contractor #708829
IMMEDIATE RESPONSE

619.723.1114

POOL CARE

SWIMCARE



The Pool Service & Repair people you keep. 30 yrs in the neighborhood

(858) 277-7096

Cont. Lic# 445392 TOM RIVES

REMODELING

Lloyd Homes Inc.

Quality English Craftsmanship 2 Story Additions Luxury Bathrooms & Kitchens Tel: (619) 275-5125 Lic #918144

∃Builders **Express**

Remodeling Specialists

- 27 Years Lic# 490616 • Additions • Painting • Roofing • Baths • Kitchens • Concrete
- ☆GUARANTEED☆ We do it all and right

(619) 297-2280

10% Off

with mention of this ad.

Kitchen & Bathroom Plus Quality people and products Honest & affordable service

Free estimates lic. # 84151

619.252.3415

DOD HOME INTERIORS, INC.

Kitchen Remodeling **Granite** • Flooring (858) 695-0800

lic. #915821

www.dodca.com

вğв NKBA

Free Design Consultations and **Estimates. Top Quality Service** and Products

ROOFING

SEQUOIA ROOFING, INC.

"We cover your most important assets'

Re-roofs, New Construction & Repairs Insured & Bonded LICENSE #897098

866.739.7664 www.sequoiaroofing.com

ROOFING

GUARANTEED! A Plus Roofing Company will **not** be <u>undersold.</u>

- Over the phone quotes
- Extended warranties
- Financing Available Senior Discounts
- Better Business Bureau Member Lic#810245 • Bonded • Insured

A+ Construction Inc. ROOFING <u>BBB</u> GUTTERS

619-527-2227 SMITH ROOFING CO.

cott Smith, has been serving the 858-272-ROOF (7663) 619-224-ROOF (7663)

D.K. TILE

Repairs, re-grouts & installations of all ceramic tile & stone. All work done by owner.

Free Estimates Lic # 428658 858.566.7454 858.382.2472

TREE SERVICES



CROWN POINT CLIPPERS, INC. FREE ESTIMATES! • FINE PRUNING & THINNING

 ARTISTIC TREE LACING TREE & STUMP REMOVAL (858) 270-1742 Fully licensed and insured. Lic# 723867

WINDOW CLEANING



Inside/Outside Screens & Track Cleaning **Residential Specialist Commercial** Licensed & Insured Get your FREE estimate today! Senior and Military Discounts (619) 384-7615

JB's Window Cleaning & Service

- Mini Blinds
- Screens
- Mirrors





Call (619)248-2778



services offered: •Interior & Exterior Window Cleaning •Construction Clean •Residential Small Commercial •Store Fronts

619.981.0169

WINDOW TREATMENT

WINDOW TREATMENT

Excellent prices, shutters, cornice boxes, velvet panel, designer fabrics, silks & chenile. Call between 9-11am & receive 20% off (first order

800.207.7888

ELDERLY CARE

BELLA'S HOME CARE SERVICE Elderly Care Giver

Affordable • Dependable 25 Years Experience Licensed, Bonded, BBB 619-962-9777 or 619-477-1409

LIFE COUNSELING

Are You Interested in a New Career? Greater Personal Growth? More Money?

If you're serious about it but not quite sure how to go about it. Call me! I have helped scores of people achieve their goal.

FIRST SESSION IS FREE!



ET LUX LUCET. LLC 5325 Toscana Way, SD, CA 92122

DRIVER



619-252-5244 www.LimoDriven.com TCP 23799P

Personal Care Directory PERSONAL ASSISTANT

Alternate Office Solutions LLC Is your office a mess? Are you overwhelmed by a disorganized or a non - existent

Do you need help getting your business on track?

set of books?



.EARNING IS A LIFELONG PROCESS Help your

their goals.

students to achieve

Leadership training Part-time service in your communit \$20,000

I-800-GO-GUARD

MASSAGE



619 • 519 • 5335 www.DeepTissueMassage.biz

JULIANA **ROCKS**

1237 Prospect St. Unit V 858-952-2199 *Foot Spa & Body Massage \$65!

FUNDRAISER Antique Paintings & Calligraphy for Sale! www.kayvantemple.net

43

ACROSS

- ROSS
 Seat
 Wine city in Italy
 Dressed
 God of thunder
 Calcify
 Brutal gangster
 Etna's output
 French composer
 Baltimore player
 Soon
 Go out
 Grommet
 On an even —
 Tory's opponent
 Serv. branch
 Look
 Explorer's ship of

- Look
 Explorer's ship of 1492
 Letters
 Bedazzle
 Living thing
 Condemn
 Male swan
 Amorphous mass
 Event at Carnegie Hall
 Hit
 Magical drink
 Burden
 Unhearing
 Crankcase part (2 wds.)
 Item for an archer
 Madison's successor
 Pitcher
 Scandinavian
 Erewed beverages
 Injured with the horns
 Crazy
 Free electron
 Abominable Snowman
 Calling and credit
 Movie set VIP (abbr.)
 Event scandinavian
 Green Mountain State
 Specter
 City in Germany
 Calling and credit
 Movie set VIP (abbr.)
 Event scanf
 Excavated
 Uncanny
 Green Mountain State
 Specter
 City in Germany
 Event Specter
 Heart Specter
 City in Germany
 Spectroy
 Form this time
 Invitees
 Invitees
 Soap opera installment
 Invitees
 Lintended
 Sea monster
 Action Sea monster
 Acti

- 110 Narrate
 112 Incorporeal being
 114 Country residence
 115 Homecoming
 117 Club charge
 119 Give the eye to
 120 Military trainees
 121 Bearing
 123 Entrance
 125 Copenhagen native
 126 Term in golf
 129 Fashion name
 131 Stopwatch
 132 Adore
 133 Throw in a high curve
 136 Elderly
 138 Look-alike sibling
 140 Animal hair

- 140 Animal hair
 141 Really, really big
 142 Possess
 143 Extravagant
 145 Make a mistake
 147 Creature of myth
 149 Tropical tree
 151 Song-and-dance show
 152 Healthy
 153 Western campus (abbr.)
 154 Ability
 155 Lascivious look
 156 Therefore
 157 Nonsense poet
 158 Exodus leader
 DOWN
 1 Strangle
 2 Seraglio
 3 Sign of the Zodiac
 4 Graven image
 5 Kinsman (abbr.)
 6 Once more
 7 Ballad
 8 Also
 9 Derogatory
 insinuation
 10 Washed
 11 Not strict
 12 Rara—
 13 Old-fashioned
 14 Quavering vocal effect
 15 Animal food
 16 Chamber for baking
 17 Holdover
 19 Sir Isaac—
 23 Late night TV host
 28 Bar bill
 31 Major airport
 33 passim
 35 Dawn goddess
 38 Poky
 39 Plank
 40 Cupidity
 42 Large water pipe
 44 Life stories, for short
 45 Solid figures
 46 Playing marble
 48 Stratagem

- de foie gras

 City near Moscow
 Advantage in business (2 wds.)
 Nobleman
 Mettlesome
 Easily foretold
 Shrewd
 Whinny
 Additional
 Arab ruler
 Legendary bird
 Declare to be false
 Fleet of war vessels
 Get fast
 Greek island
 More compact
 Emmet
 Tire surface
 Letter for plurals

- 76 Irle Surface
 79 Letter for plurals
 80 Clock numerals
 81 Mineral
 83 Arbor
 84 A continent
 85 Smelled a lot
 86 and downs
 89 — broke
 91 Elevator name
 92 Pole on a ship
 95 Cistern
 97 Brawny
 98 A Great Lake
 100 Fan or conveyer
 101 Word of woe
 103 Large container
 105 Anti-slip device
 106 Stogie
 107 Military assistant
 109 Like a desert
 111 Cup handle
 113 Mighty
 114 Weathercock
 116 fish nor fowl
 118 Become rigid
 120 Warning
 122 The present time
 124 Big bird
 125 Loyal pet
 126 Chum
 127 Culture medium
 128 Make merry
 130 Correct
 132 Of the moon
 133 Shoestrings
 134 Pertaining to sheep
 135 Pummels
 137 Disreputable place
 139 Ark builder
 141 Expressive dance
 142 Nimbus
 148 Expert
 150 Rotating machine part

North Pacific Beach home with Granny Flat (and Ocean Views!) 1264 Opal St. Open Sun 1-4pm

Fantastic Location in North P.B. This 4 bd/2 ba house has an open floor plan, vaulted ceiling, hardwood floors, fireplace and decks. Granny flat with 1 bd/1ba plus den over 2 car garage and car port, has sun-deck and

ocean views. 2 additional parking spaces. Offered at: \$950,000



It Begins with You.

3837 Mission Blvd. San Diego, CA 92109 858-488-1218

We are currently looking for happy, self-starting, experienced sales agents to join our core team of Real Estate Professionals.

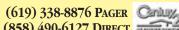




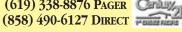
WWW.BERNIESOSNA.COM

Work with a Beach Specialist











858.488.SEL



Open Sat & Sun 1-4 3 Brand New, stunning single family residences. Ocean real close! 2050 sf with ocean view roofdeck & penthouse room.

From \$1.049.000

ISELLBEACH.COM



1203 Agate Street

Pacific

Beautiful single level home located in N. Pacific Beach with partial ocean view. Large remodeled kitchen, gorgeous granite counters, Alder Cabinets, large island, prep sink with lots of storage, high grade stainless appliances with additional beverage refrigerator. Upgrades include high quality 8' Adler double front entry door as well as interior Alder Doors, vaulted beamed ceilings, ceiling fans, skylights, engineered oak floors, slate hearth on fireplace and more! Seller will entertain offers between \$980,000 - \$1,005,000. FIRST CHOICE PROPERTIES

Contact Marie Menno (619) 602-3349

7540 Drapei





Call 858-270-3103

Fletcher Team • 858-273-2121

John Pinjuv • 775-772-1933

Judy Smilor • 858-539-9557 Robert Knight • 858-273-2121

Yvonne Sorour • 858-967-0816

Lynn Walton • 858-405-3931

Kathy Evans • 858-488-SELL Kathy Evans • 858-488-SELL

Team Fuller • 619-226-8264

Tom Wilson • 858-729-8671

David Schroedl • 858-459-0202 Nate Levy • 858-735-3851 Susana Corrigan • 858-229-8120 Yvonne Sorour • 858-967-0816

Lynn Walton • 858-405-3931 Team Chodorow • 858-456-6850

Karen Ekroos • 858-735-9299

The Reed Team • 858-456-1240 The Reed Team • 858-456-1240

Greg Noonan • 858-551-3302

Gil Kahele • 619-318-4651

Kathy Evans • 858-488-SELL Kathy Evans • 858-488-SELL

Maxine & Marti Gellens • 858-551-6630

Ozstar De Jourday • 619-248-7827

Joann Mockbee, CRS • 619-200-8194

Lawrence Tollenaere • 858-740-1011

Tim Nelson • 858-527-9949

Robert Antoniadis • 619-852-8827

Brad Brinkman • 858-273-2121

Erika Spears

Pacific Beach

Mission Beach bayside, like new home... Nantucket Island style! \$1,195,000

Colossal New Homes on 1100 block of Oliver, Open Sat & Sun 1-4. 4BR + rec. rm, bay view roofdecks, 2150 sf. From \$1,069,000







Need Help Selling Your Home?



All areas of the Real Estate Directory:

- Rentals
- Forclosures
- Open Houses
- Realtors/Lenders/Brokers

For as low as:

\$75/wk for an ad with picture \$25/wk for a 3 line classified ad

For a listing, call us today at: 858.270.3103



Wake up and at your leisure ski to Eagle Express chairlift. Conveniently located in the ski in/out Juniper Springs neighborhood. This is
THE ULTIMATE MAMMOTH MOUNTAIN property.

818-236-4838



FRIDAY OCT 3 · 1pm-4pm \$1,049,000 Chri
SATURDAY OCT 4 • LA JOLLA • 11am-4pm 802 Coronado Ct 2BR/2.5BA Chris Love Coastal Properties • 858-581-5683 7520-7530 Draper \$1,050,000-\$1,175,000 \$829,000-\$939,000 3BR/3.5BA 7540 Draper 3BR/3.5BA \$1,800,000-\$2,000,000 7967 Paseo Del Ocaso 4BR/3BA The Daniels Group • 858-361-5561 **1pm-4pm** \$13,250,000-\$13,800,000 5BR/5BA 5730 Dolphin Pl 3BR/3BA 2BR/2.5BA 3330 Cam Eastbluff #148 \$575,000 \$699,000 928 Agate St. 7555 Eads Ave. #4 7811 Eads Ave #502 2BR/2BA \$1,295,000 2BR/2BA \$1,199,000 PACIFIC BEACH / MISSION BEACH · 12pm-3pm \$1,895,000 Chris 3BR/2.5BA 2663 Ocean Front Walk Chris Love Coastal Properties • 858-581-5683 2663 Ocean Front Walk Unit 24BR/3.5BA \$2,795,000 Chris Love Coastal Properties • 858-581-5683 1pm-4pm

769 Sapphire St 1161 Oliver Ave. 4RR/2 5RA \$1,069,000 4BR/4BA \$1,069,000 OCEAN BEACH / POINT LOMA · 11am-4pm 859 Bangor St. 2BR/2BA \$1,375,000-\$1,575,000 NORTH PARK • 1pm-4pm 3575 Texas St 3BR/3BA \$699,000

SUNDAY OCT 5 · LA JOLLA · 10am-4pm \$1,050,000-\$1,175,000 7520-7530 Draper 3BR/3.5BA Fletcher Team • 858-273-2121 3BR/3.5BA \$829,000-\$939,000 Staci Malloy & Saeed Danishvari • 858-273-2121 12pm-3pm 2143 Via Don Benito 5BR/3.5BA \$3,690,000 Jim Shultz • 858-354-0000 1pm-4pm

1919 Spindrift Dr. 3BR/3BA \$4,375,000 Team Chodorow • 858-456-6850 • La Jolla Shores \$1,799,876-\$,899,876 4+BR/4.5BA 5468 Pacifica Dr. 438 Retaheim Way 3BR/2BA \$1,400,876-\$1,595,876 \$879,000 1688 Caminito Asterisco 3BR/2BA 5183 Chelsea St 845 La Jolla Rancho \$1,495,000 \$2,777,000 3BR/2BA 6BR/4BA 7811 Eads Ave #502 7825 Bellakaren Place 2BR/2BA \$1,199,000 3BR/3BA \$1,299,000 7475 Hillside Dr. 5554 Avenida Fiesta 6BR 4BR/3BA \$3,750,000 \$1,710,000 3BR/4BA 2BR/4BA \$3,600,000-\$3,900,000 \$2,600,000-\$2,900,000 945 Coast Blvd. 947 Coast Blvd. 605 Arenas St. 1712 Valdes Drive Bob Andrews • 619-517-4404 Maxine & Marti Gellens • 858-551-6630 2BR/1BA \$795,000-\$895,000

7530 Mar Avenue 5360 Chelsea Dr. 4BR/3BA \$2,100,000-\$2,450,876 4BR/2.5BA \$1,695,000 **1pm-5pm** \$6,500,000-\$7,500,000 7666 Hillside Dr. 4BR/4BA

6BR/5BA

4BR/2.5BA

3200 6th Ave. #2C 3BR/3BA 5162 Edgeworth 4BR/3BA 4BR/2.5BA 1161 Oliver Ave. 4BR/4BA 1973 Fortuna Ave. #2

988 Agate St. 3BR/2BA 3BR/2BA 4BR/4.5BA 4304 Hill Street 1330 Willow St. 1271 Willow Street 2BR/1BA

3BR/3BA 3636 Kingsley St. 3758 James St. 3BR/2BA 7440 Hillside Dr. 2RR/2 5RA

7337 Olivetas Avenue 4BR/4BA 1132 Avenida Amantea 4BR/4BA 4BR/4BA

1591 Loring Street

1441 Froude Street

PACIFIC BEACH / MISSION BEACH • 12pm-3pm \$965,000-\$1,000,000 **1pm-4pm** \$1,079,126 \$1,069,000 \$1,069,000 \$549,000

\$5,950,000

2pm-4pm \$699,000 \$1,099,000-\$1,145,000 \$1,795,000

Marie Tolstad • 858-705-1444 POINT LOMA / OCEAN BEACH • 1pm-4pm Cindy Wing • 619-223-9464 • Sunset Cliffs Team Fuller • 619-226-8264 \$750,000-\$999,000 Cindy Wing • 619-223-9464

Cindy Wing • 619-223-9464 \$1,075,000 **1pm-3:45pm** \$769,000 Todd Devin • 619-222-4775 \$649,000 Todd Devin • 619-222-4775 SATURDAY & SUNDAY · LA JOLLA · 1pm-4pm

\$2,195,000 \$3,000,000 Leslie Rosenquist • 858-692-3880 Maxine & Marti Gellens • 858-551-6630 \$1,750,000 Maxine & Marti Gellens • 858-551-6630 PACIFIC BEACH · 1pm-4pm \$2,100,000-\$2,450,876 Maxine & Marti Gellens • 858-551-6630

Open House Directory listings are due on Tuesdays at noon.

The House Doctor Rx All Trades. All Problems. Fixed.

#1 in customer Service, Very Reasonable



CD RATES TOO LOW? LET'S TALK.



Chris S Blentzas Financial Advisor

1850 Garnet Ave

Pacific Beach, CA 92109 858-270-5784

(Pacific Plaza II)

www.edwardiones.com Member SIPC



BARONS The Marketplace



Tuscan Melons have a Tuscious flowery aroma & sweet orange flesh. Enjoy as is or add a scoop of ice cream or fruit salad on top Delicious!

Tuscan Melon Mandota

Strawberries Watsonville

Eurofresh Cluster Roma Tomatoes

Green Champagne Grapes Salinas

Red & Green eppers Coachella Valley

Granny Smith Washington

Papa Cantella's Fresh Sausages Delicious on the BBO

Comiles

Contilo

NEW ZICO **Pure Coconut Water** No Sugar Added Refreshing Way to Hydrate

Flash Tilapia Frozen **Fillets** Sweet & Mild Makes Great Fish Tacos

Empire Whole Chicken Fryer

KOSHER

Hotcha Salsa

Blackened Hot Medium

Rising Sun Farms Organic Pesto

Toss with Pasta

for a Quick Meal!

Van's Organic Waffles

Blueberry

Dairy & Egg-Free

Pork **Shoulder Roast**



RyVita Crispbread



Honest Convenient Kid Friendly Plastic Bottles Great Taste Ready-to-Drink Low Calorie High in Antioxidant

Brianna's lad Dressings "Award Winning"

70

Maranatha No Stir **Peanut Butter**

PEANUT

Perfect for Santa Cruz Lunch Boxes Organic

pple Sauce Cups Smooth & Lively Flavors

ORGANIC

WINE DEPARTMENT

Doña Sol Chardonnay 06 \$2.98 Frey "Organic" Natural White \$7.98 750 ml Rosenblum Zinfandel Cuvee XXX \$8.99 750 ml Dom. St. Antoine Rosé 07 \$10.98 750 ml Dancing Bull Merlot 04...... \$7.98 750 ml Fallbrook Reserve Cabernet Sauvignon 06... \$13.98 750 ml

Bob's Red Mill Gluten Free Chocolate Cake Mix



Deep, intense dark Great moist texture

Rancho Bernardo 11828 Rancho Bernardo Road In the Mercado • (858) 485-8686

Temecula 31939 Rancho California Road Corner of Meadows Pkwy. • (951) 693-1111

Point Loma 4001 W. Point Loma Blvd. 1 Blk. W. of Midway Dr. • (619) 223-4397

Hours: Everyday 8 AM to 9 PM (except holidays) Limited Quantity on Some Items. Not Responsible for Misprints • Prices good through 10/07/08