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SAN DIEGO COMMUNITY NEWSPAPER GROUP

FRIDAY, JANUARY 10, 2020

sdnews.com

THIS WEEK



Valley Farm Market opens on La Jolla Boulevard SEE PAGE 5



Hudreds brave chilly tempatures at annual Polar Bear Plunge SEE PAGE 10



Laura Gambucci Boutique features jewelry from the well-traveled SEE PAGE 11



A spectacular sunset ended a beautiful start to the new decade at La Jolla Shores on Jan. 1.

What's in store for La Jolla in 2020?

By Dave Schwab | LA JOLLA VILLAGE NEWS

La Jollans have a lot to look forward to — and much to be concerned about — as we've turned the corner on a new year.

There is certainly no shortage of hot-button issues to be dealt with, everything from regulating shortterm vacation rentals (STVRs) to regulating electric scooters.

By year's end there will be a new mayor, and a couple of new council members, including District 1, where City Council President Pro Tem Barbara Bry is vacating her seat to make a mayoral bid.

La Jolla Village News asked civic leaders in the Jewel to gaze ahead in 2020 and give us their take and what can and should be done to improve the quality of life for all San Diegans.

"I see a continuation of the improvements in the Maintenance Assessment District," said Ed Witt, board president for the La Jolla MAD, which became active in October 2019. "We have a lot of work to do as a board with adding new members and establishing committees, plus all the continued 'enhancing La Jolla.' We'll continue to listen to the community and to refine our processes with our vendors to improve efficiencies and the final product [keeping LJ clean]."

Added Witt, "As the year unfolds, we'll learn from our successes and where we need to improve. We thank the citizens in the district for the trust they've put in us and we look forward to a full year of Enhancing La Jolla."

Ann Dynes, president of La Jolla Parks and Beaches, Inc., also had community beautification high on her advisory group's to-do list for

"The role of the MAD will be a significant development for residents of the Village and patrons of the business district of La Jolla, nothing prescient about that,"

SEE **2020** PG. 4

Mistrial declared on restauranteur's remaining charges

By NEAL PUTNAM | LA JOLLA VILLAGE NEWS

A mistrial on the remaining charges against La Jolla restaurateur Daniel Dorado was declared Monday, Dec. 30 after jurors deadlocked on six remaining counts involving two women.

Dorado, 61, was convicted Dec. 20 of 20 sexual assault counts involving four women whom he met at Voce Del Mare at 5721 La Jolla Blvd., before it closed after his arrest on March 28, 2018. He was acquitted of three counts.

Deputy District Attorney Jessica Coto said Dorado faces a 22-year maximum sentence in prison. A sentencing date will be set on Jan. 24 when prosecutors will likely announce if Dorado will face a second trial.

Dorado, wearing jail clothing because he was remanded to jail Dec. 20, sat at the defense table and said nothing. He testified Dec. 11 that all sexual acts with eight women aged 22-57 were consensual. He also denied putting anything into their alcoholic drinks that caused seven of them to blackout.

The mistrial was declared at 5:08 p.m. after jurors simply ran out of time and jurors. Only 11 jurors were available after Dec. 30, and 12 jurors are needed to reach a verdict. Three of the four alternates became jurors with the fourth alternate having to leave mid-trial.

The trial, which was estimated to last two weeks, began Dec. 2, but it took three

SEE CHARGES PG. 4



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FRIDAY, JANUARY 10, 2020
LA JOLLA VILLAGE NEWS

Community remembers former La Jolla Historical Society president

By Dave Schwab | LA JOLLA VILLAGE NEWS

Community activist, journalist and historical preservationist Patricia Harriet Ravage Dahlberg, 90, died Dec. 20, 2019.

Heath Fox, executive director of La Jolla Historical Society, praised the contributions of Dahlberg to the historical society and La Jolla community during her long life.

"Pat Dahlberg served, at various times and over a number of years, as a board member, director, and on the Preservation Committee of the La Jolla Historical Society, and at a pivotal time in the organization's history," said Fox. "Her work was instrumental to the bequest of Wisteria Cottage by the Revelle family, the designation of UCSD's Audrey Geisel University House (the chancellor's residence) on the National Register of Historic Places, and in recognizing Pottery Canyon and its importance

to the history of La Jolla. Pat's many contributions were important and formative to the growth of the society and its mission of service to the community."

Longtime La Jollan and community park planner Melinda Merryweather said Dahlberg was her role model.

"She was like a sister, a friend and a teacher," said Merryweather. "She is the person who taught me everything about historic preservation ... and also taught me how to get things done."

Added Merryweather, "Pat wrote a beautiful book on the history of La Jolla. She is responsible for the history room at the La Jolla Library. She was a wonderful lady and I was very grateful for any time she spent with me."

Born in New York City on April 9, 1929, to David and Margaret Kelly Ravage, Dahlberg was the second of four children. A child of the



Patricia Harriet Ravage Dahlberg served as the president and executive director of La Jolla Historical Society from 1990s through the early 2000s. COURTESY PHOTO

Great Depression, Pat and her sisters helped support their family by modeling clothes for the Girl Scouts of America.

Her family moved to Oak Ridge, Tennessee in 1942, where her father worked on the Manhattan Project at Union Carbide Corp. Graduating from the University of Tennessee in 1950 with a history degree, Pat worked at the Oak Ridge National Laboratory.

Pat's husband, Dick Dahlberg, was a nuclear physicist. In 1956, the couple moved to Schenectady, New York, where Dick worked at the General Electric Co. Their family relocated to La Jolla in 1964 when Dick accepted a position at General Atomics.

In the early '70s, Dahlberg was a reporter at the La Jolla Light, which she left to start her own publication, the La Jolla Report, later La Jolla Magazine.

Pat Dahlberg was president/executive director of La Jolla Historical Society in the 1990s through the early 2000s.

In 2014, Save Our Heritage Organization, the oldest countywide historic preservation organization in California, recognized Pat's accomplishments presenting her with a Lifetime Achievement Award. Sur-

vivors include Pat's husband Dick, three daughters and sons-in-law and five grandchildren.

Donations in Pat's honor may be made to the San Diego Girl Scouts at thinmint.sdgirlscouts.org/tribute. php or to the La Jolla Historical Society, at lajollahistory.org.

PROMINENT LA JOLLA IMMUNOLOGIST DIES

Dr. Howard Grey, former president and scientific director of the La Jolla Institute for Immunology, recently died in Denver. He was 87 years old.

Grey, a highly respected biochemist and a pioneering immunologist with a reputation for offering unadorned insight, defined how T cells recognize their targets. He took over as the third president of LJI in 1996 until his retirement as CEO in 2003.

New state laws begin, Brees settles dispute with jeweler

By Dave Schwab | LA JOLLA VILLAGE NEWS

New laws signed by Gov. Gavin Newsom that took effect Jan. 1 address everything from the minimum wage to hairstyles to taxes on diapers and gun violence.

Following are some of the new laws and what they do:

- Under AB 1482, communities without rent control will now be covered by statewide rent control protections. Rent increases will be limited to 5% per year plus inflation and never more than 10% total. The state law won't apply to housing built within the last 15 years.
- The hourly minimum wage increased from \$12 to \$13 for employees in the city of San Diego who work at least two hours per week.
- Diapers are now tax-free.
- California became the first state to offer Medicaid coverage for low-income adults 19 to 25 years old regardless of immigration status under SB 104.
- Anyone prohibited from buying a firearm in another state will not be allowed to purchase a firearm in California.
- Anyone who owns a firearm that is taken out of the home by a child or "prohibited person" can be charged with a crime and be banned from owning a gun for 10 years under SB 172.
- AB 5 requires independent or contract workers to be considered employees and not independent workers if the employer controls the work, if the work is part of the company's core business, or if the employer directs the worker in their job.
- With SB 188, California becomes the first state to ban workplace and school discrimination based on a person's natural hairstyle or texture, including braids, twists, and locks.
- Adoption fees for military veterans will be waived under SB 245. Under

the law, shelters will confirm a veteran's eligibility using California's current veteran driver's license designation.

- SB 1249 bans the sale of cosmetic products with ingredients tested on animals after Jan. 1, 2020, but does not apply to products sold globally where animal testing is required by law.
- AB 9 allows employees up to three years to file complaints of discrimination, harassment or retaliation with the Department of Fair Employment and Housing. Previously, employees had only had one year to file a complaint.
- SB 142 requires employers to provide clean and safe lactation rooms for breastfeeding mothers including access to a sink and refrigerator in close proximity to the employee's workspace. It also requires the room to be free of intrusion and that employers offer mothers breaks specifically for nursing.

SB 1343 requires workplaces with

five or more employees to provide at least two hours of sexual harassment training within six months of being hired.

SB 83 increases paid leave from six to eight weeks for people taking care of a seriously ill family member or to bond with a new child.

ACTOR PROPOSES IN LA JOLLA

Actor Wilmer Valderrama wasted no time ringing in the new decade. The former "That '70s Show" actor proposed to his girlfriend Amanda Pacheco on Jan. 1, at a scenic spot in La Jolla.

"It's just us now," the actor captioned his Instagram photo of the proposal, followed by the date: "01-01-2020."

According to eonline.com, Valderrama and Pacheco spent New Year's Eve celebrating in Mexico before they traveled to San Diego. Jeweler James Schultz of James Allen told the entertainment news outlet that the pear diamond ring is 4 carats and is worth around \$100,000.

BREES SETTLES DISPUTE

NFL quarterback Drew Brees and wife Brittany have reached a confidential settlement with La Jolla jewelry store owner Vahid Moradi, ending a lengthy dispute over the value of diamonds Moradi sold them.

"Drew and Brittany Brees and CJ Charles and Vahid Moradi have reached an amicable resolution of their disputes," said a statement released by attorneys for both sides. "The parties wish each other well."

Brees alleged jeweler Moradi had misrepresented the value of diamonds he'd purchased from him, defrauding him out of \$6.7 million. Moradi was accused by Brees of breach of oral contract, fraud by intentional misrepresentation, breach of fiduciary duty and fraud by concealment.

Previously, a jury in a civil lawsuit filed by Brees and his wife in San Diego Superior Court, ruled in Brees' favor, deciding to award him more than \$6.1 million in damages.

Brees and Moradi met through

a teammate Brees had in college. The pair had entered into 10 transactions since they first started discussing diamonds as investments in 2010.

Moradi's attorneys argued the diamonds were fairly priced and that Brees was aware of their arrangement.

Blood Bank's Type O supply critically low

San Diego Blood Bank is urging those with Type O blood to donate blood immediately as supplies of O-positive and O-negative blood are at critically low levels.

Type O-positive is the most common blood type, and therefore needed by many hospital patients, while Type O-negative is the universal blood type and can be given to any patient, and is often used in emergency rooms when there is no time to determine the blood type of the patient.

Make an appointment immediately at sandiegobloodbank.org or by calling 1-800-4MY-SDBB. Walk-ins are also welcome.



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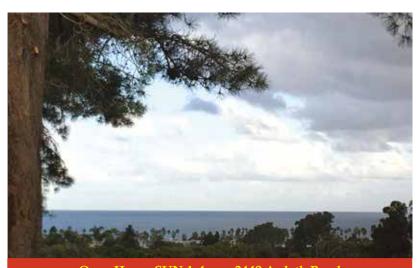
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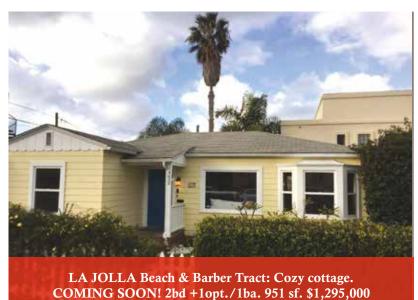
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FRIDAY, JANUARY 10, 2020 News LA JOLLA VILLAGE NEWS

La Jolla's West Health finds major issues in health care affordability

KENDRA SITTON | LA JOLLA VILLAGE NEWS

La Jolla-based advocacy group West Health continues to reveal shocking data about the state of U.S. health care. Their latest finding, conducted in partnership with Gallup Poll, was that 34 million Americans know someone who has died in the last five years from not being able to afford medical treatment. That translates to 1 in 5 Americans knowing someone personally who died because health care is too expensive.

The study made national headlines when it was released in November after Gallup polled 1,099 adults across all 50 states. West Health's goal with these studies is to spur change to lower health care costs so seniors can age in place. West Health is part of a family of nonprofit and nonpartisan organizations all funded by Gary and Mary West. The couple who made their fortune in telecommunications are lesser-known stalwarts of San Diego philanthropy. They funded a wellness center operated

by Serving Seniors as well as a dental center for seniors located in the area. Their advocacy also stretches nationwide, with a policy center in Washington, D.C.

Through West Health's partnership with Gallup Poll, they also found Americans borrowed an estimated \$88 billion to pay for health care in the past year, and that 77% of Americans are concerned rising costs will significantly damage the U.S. economy. They have also tracked a rise in medication insecurity, the phenomena of being unable to pay for prescribed drugs at least once in the last 12 months. That number rose four percentage points from 18.9% to 22.9% between early 2019 and November 2019. Another analysis they conducted found large drugmakers could lose \$1 trillion in sales and they would still be the most profitable industry.

"I think we all know that health care is so expensive. But I think it is surprising when you actually engage with the populace, with individuals, with families too, to see just how many are making tradeoffs that they shouldn't have to make," said Tim Lash in a phone interview, chief strategy officer for West Health. "So, 34 million people saying they know someone who's passed away after not being able to afford treatment or 58 million Americans saying that they can't pay for [their prescription] drugs or \$88 billion being borrowed — we're literally financing health care on credit cards at 18% interest. When you just look at the sheer magnitude of those numbers, it's startling."

Lash is hopeful that something may finally be done about lowering the cost of prescription drugs. While skyrocketing prices have been an issue for years, he feels things are finally getting to a boiling point where all political parties are willing to enact new policies. To assist in that effort, West Health has formed a research partnership with the Committee for a Responsible Federal Budget to find policy solutions to lower health care costs. Meanwhile, they will continue working with Gallup to track public sentiment and see where public pain points are.

"We think it's really important to [partner with Gallup], to inform which policies should be prioritized, to shape them, to focus them, to help advance them," Lash said. "But it's also important to ensure that those stakeholders that are in decision-making positions realize that they're going to be held accountable and that there's real pain that's on the backs of Americans and something needs to be done."

Currently, West Health is focusing on three policy areas: drugs, value-based care and greater transparency. For Lash, greater transparency is important because it will help Medicaid and businesses purchasing employer-sponsored insurance negotiate for better prices.

"We've seen consolidation happen across one geography for another. You have hospitals that are consolidating and leveraging their power to push higher and higher prices onto large self-insured employers. When somebody is bankrupting businesses, it's crippling industry and it's at the expense of American wage

If we had greater transparency around what health systems are charging and some of these asymmetries in terms of price, we believe that is a necessary condition for us moving towards a functioning market."

Steps forward on that issue include legislation around surprise billing and giving employers access to claims databases so they are informed in their negotiations with health systems, according to Lash.

While West Health is lobbying current senators to act so less people will die because they cannot afford health care, the affordability crisis will likely play a role in the 2020 elections, as people demand action from D.C.

"I think that it's finally now coming to a tipping point and people are paying attention," Lash said.

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2020 »

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said Dynes. "In the new decade, La Jollans will need to be proactive in dealing with populist pressures such as sidewalk vendors, personal mobility devices, increased density, higher buildings, overtourism, ST-VRs and overhead noise, if we want to maintain any semblance of the 'coastal village' which most of us appreciate."

Dynes pointed out such populist pressures "are antithetical to our current way of living, and we need to pay attention to them if we want to at least try to manage their impact."

Dynes added it is also important for La Jollans in the new year to "vote for political representatives who have a proven record of advocating for La Jolla residents, which would be a good start in 2020."

District 1 City Council member Barbara Bry sees maintaining local control of planning, and reigning in scooters, as two challenges lying ahead in 2020.

"I will continue to oppose the corporatization of our neighborhoods, which is evident with both the scooter and short-term vacation rental industry as well as proposed state legislation that would take away local control of land-use planning," said Bry. "State legislation already took away our ability to require adult scooter riders to wear helmets, and tragically we are seeing an increase in traumatic head injuries, and the city is being named in lawsuits. In contrast, New York Governor Andrew Cuomo vetoed scooter legislation because it did not require riders to wear helmets."

Janie Emerson, chair of La Jolla Shores Association, believes the city needs to be more neighborhood-focused in community planning.

"My biggest concern is that the city is going Big Brother on us," Emerson said. "They just want to have one policy because that makes it easy. What's happening is that the neighborhoods are being destroyed by this one-size-fits-all attitude. The

beauty of the city is that we are so diverse and our neighborhoods have such wonderful texture, culture and depth."

Emerson believes that "runaway density" and economic sustainability are two other issues the city move forward on in 2020.

"We don't have the infrastructure to support more density," she said. "We also need to become as 'green' as possible."

Coastal landscape architect Jim Neri gave his wish list for 2020.

"I'd like to see the bike path rightof-way [between La Jolla High and Bird Rock dedicated linear parkland," said Neri. "This is important public open space that connects our community and it needs to be protected. It's time to give identity to those public coastal access easements that run between residences to the shore, using simple signs customized to each neighborhood Recognition of these unique access ways by name will improve neighborhood identity and deter encroachment."

CHARGES »

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weeks including four days of deliberations. Monday marked the start of the fourth week of trial.

The five women and seven men on the jury had to elect a new foreman Monday because the jury foreman became ill and had to be replaced on Dec. 20 after partial verdicts were read. There was a procedural delay Monday, causing them to not start deliberating until 11 a.m. and they discussed the case until 5 p.m.

The jury foreman told Rogers "a large number favor guilty" verdicts involving the six remaining counts. The foreman said they deadlocked 10-2 and 7-5 on the remaining counts. Jurors earlier deadlocked on six counts involving two other women.

"I am impressed beyond words," said Rogers to the panel about their jury service.

Attorneys afterward expressed frustration at not being able to talk to departing jurors. The building was essentially closed when jurors left and they didn't stick around.

"Some jurors believed us and some didn't," said attorney Kim Santini, who represents Dorado.

Read more online at sdnews.com.

Valley Farm Market brings specialty meats, organic produce and craft beers to La Jolla

BY VICTORIA DAVIS | LA JOLLA VILLAGE NEWS

While Costco, Target and Walmart dominate the business of mainstream groceries, Valley Farm Market is trying to stay ahead of the commodity competition by not only offering USDA Prime Choice meats and organic produce, but also specialty brand sauces, snacks and even craft beer.

Based in Spring Valley, the single unit grocery store has been family-owned for 64 years, carrying local and unique out-of-stand brands for cheese, mustard, candy, drinks, chips, spice blends, and nearly 1,000 different beers of which roughly 70% are local San Diego brands.

"If it's distributed in San Diego, we have it," said Derek Marso, the third-generation owner for his grandfather's market.

But Valley Farm Market is no longer a party of one, having just expanded to La Jolla at 6902 La Jolla Blvd.

"Valley Farm wouldn't last as a commodity store," said Marso. "The buying power of places like Costco are so massive. What we needed to do was offer people something they couldn't find at any other store."

Marso's grandfather Felix, also known as "Curly," was a butcher in Chicago before he and his wife Eleanor moved their family from the windy city to the Golden State, spe-



Derek Marso, owner of Valley Farm Market.

Valley Farm as a family-run, community-focused grocery store in 1956. In the 70s, the business was then passed down to Marso's father and aunt as Marso perused professional football with a full-ride scholarship to Kansas State and a launch pad kickstarting Marso's career as a

cifically San Diego. Felix opened up

"I had to figure out who I was apart from the sport," said Marso, who bought the store from his par-

defensive end in the NFL. But, even-

tually, Marso too found a home in

his family's grocery store.

ents in 2008. "It's been great ever since, creating a culture that's your own and getting employees excited to come to work."

Just before Marso took the reins, Valley Farm Market was in bad shape, Marso saying his family was "doing all they could to keep the doors open." That's when Marso came up with the idea to have the store sell only specialty products such as Yai's Thai Red Thai Coconut Curry, Vegan Rob's Dragon Puffs, Dudley's Apple Walnut and Cinnamon Fruit Bars and Fruits Of

the Nile Nectar's Gourmet Mango Orange drinks. Being an avid fan of BBQ, Marso also opened up Valley Farm Market BBQ Shack inside the market. Customers could come to a small window on the side of the market and order Barbeque brisket, pulled pork, tri-tip and additional BBQ sides by the pound.

Last year, Valley Farm's BBQ was named "San Diego's Best BBQ" by iHeartRadio. The market's meat is free of antibiotics and hormones, with the animals raised on a vegetarian diet.

"We're not a transactional business," said Marso. "We're here to be a part of the San Diego neighborhoods. People come into this store and they understand what we do, how we do it and why we do it. It's not just about staying afloat; we want to support farmers and companies who are doing food right."

Off North Lane, across from Rigoberto's Taco Shop, Valley Farm's seaside La Jolla location features a full-service kitchen — Valley Farm Market Kitchen — with tuna poke nachos with wonton chips, veggie sandwiches fish tacos and a dozen more sandwich and entre choices. In a couple weeks, the new branch will also begin selling craft beers, wine and other alcoholic beverages.

"All we have to do is listen to our community and hear what they want," said Marso, whose team annually hosts Del Mar's Turf & Surf BBQ Championships as well as Spring Valley Tailgate and BBQ Festival, where all proceeds are donated to underprivileged children. "Having my own business affords me the luxury of being able to pivot faster than other, bigger stores and invest in our customers. I don't have to go through meetings or CEOs to get a requested product into the store, or to replace items on our menus. We're extremely excited about our expansion to La Jolla and the chance to build our family."

For more information, visit valleyfarmmarkets.com/lajolla.



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RAIN, WIND, AND FIRE...

COURTESY PHOTO

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Update your home décor quickly dramatically with window treatments

looking for ways to upgrade their home décor quickly and dramatically. One of the most overlooked pieces of home décor are the window treatments, which can alter your interior design more than you may realize. Take a look at these tips to see how you can update your home without compromising your style.

A Stylish Upgrade

Drapery is an easy way for any homeowner to layer onto existing window treatments bringing

can also stand on its own and adds visual warmth and texture to any room. Drapery brings a variety of visual aspects to the space.

Energy Efficiency

Homeowners are always on the lookout for ways to save money, and the monthly gas/electric bill can be a sore spot. Start saving with window treatments that keep your home well insulated.

Drapery is great at controlling the amount of light that enters a room.

Most homeowners are new life to an old look. It entering a home will heat you look out your window the interior and cause the energy costs to rise. Closing drapes during the day can reduce those costs because drapery acts as an additional layer of insulation. Drapery also acts as a barrier from the outside temperature during the cold winter months. No matter the season, drapery is the perfect way to help keep you comfortable inside, regardless of what the weather is doing outside.

Privacy

Sometimes, privacy can During the summer, light be an afterthought until

and see someone else looking back in at you. Having control of who is seeing into your home is something that you need to account for. Before you say your windows are private enough, think about them at night. Once the sun goes down, and it starts to get dark, any light on in your home makes it easier to see in. With light filtering options you can determine the level of light entering or leaving your windows, allowing you to be able to see out without unwanted eyes peering in. Because of

the variety of fabrics available, drapery is a stylish way to keep your home to your eyes only.

3 Day Blinds has hundreds of drapery options to choose from. 3 Day Blinds also offers a wide variety of blinds, shades and shutters and all of the window treatments are 100% custom so you get the look and feel you want. If you or someone you know is looking for the home upgrades new window treatments can give you, call (858)875-5969 or visit www.3dayoffer262. com to schedule your free inhome design consultation.



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La Jolla gold coin investment advisor celebrates over 50 years of service

By Dave Schwab | LA JOLLA VILLAGE NEWS

For half a century, H.S. Perlin Co., Inc. of La Jolla has been the gold standard for investment advisors dealing in that rare and precious metal.

"This is our 46th year on this corner, 51 years in La Jolla," said Joel D. Perlin of his Gold Endures office at 1110 Silverado St. "I'm a precious metals dealer and a finance advisor using tangible assets."

And tangible is exactly what Perlin's business name implies: Gold was \$35 an ounce 50 years ago, \$600 an ounce in 2007-08, and today is worth over \$1,500 an ounce.

Perlin noted that money, until the 20th century, was always based on something of value. "And that value historically, going back thousands of years, was precious metals," he said.

The first gold coins were produced in Lydia in western Turkey in the sixth century B.C. Those coins were made from electrum, a natural alloy

of gold and silver found in the region's rivers. The introduction of these coins to the masses is said to have been by the Lydian King Croesus (561-547 BC).

Noting he specializes in numismatics (study or collection of coins, paper currency and metals) of all sorts, Perlin said, "I have ancient coins, Spanish, European and American coins."

Perlin noted precious metals never lose their value. "One constant, for centuries, is the value of gold," he said. "Gold is still treated as money internationally today, particularly by central banks throughout the world."

Perlin produces a gold coin dating back to Alexander the Great in 300 B.C. that is part of his exquisite col-

"What I do is assist people in diversifying their portfolios," noted



Joel D. Perlin of H.S. Perlin Co., Inc. of La Jolla. DAVE SCHWAB / VILLAGE NEW nore challenging today to build

Perlin, a San Diego State University grad whose family was in the collectibles business, both coins and

After 50 years, Perlin says he's "still enthusiastic" about the precious metals trade in general, and gold in particular. Part of that is the reaction he gets from customers.

"When I physically hand them the coins ... they always smile, are always happy," he said. "This is a business where people are always happy with their ownership of this asset."

Has the precious metals trade changed much over time?

"It is more limited today because it's not as fast as the internet ... when they [clients] build a collection, it still takes time. It's somewhat

those special collections."

Gold Endures clients are "people who, for the most part, seek diversification or are avid collectors or collect estate jewelry which I have on our website as well as our eBay store, which is open 24/7 and we have coins and estate jewelry," said Perlin.

The gold trader said his clientele is multi-generational. "One of the nicest parts of having a personal-service business is relationships," Perlin said. "Our service is tailored to the client. In some cases, I'm dealing with the third generation now."

Perlin talked about the allure of

"When you have a coin from Gettysburg, there is a story that comes with that," he said citing an example. "If you have an American \$20 gold piece, Teddy Roosevelt had an artist design that gold coin for America."

Concluded Perlin, "Coins are fun and pleasurable and over time, they are assets that appreciate."

Asked if there is an heir apparent to take over his trade when the time comes, Perlin said it's unlikely it will be any of his three sons, one of whom, Micah, is running for the state Assembly 78th District seat.

Gold Endures conducts business by appointment only. For more information, visit goldendures.com.

Donovan's closes La Jolla location, Peloton opens showroom

House at 1250 Prospect St. abruptly shuttered at the end of 2019 after four years in business.

"It is with great disappointment that we announce Donovan's La Jolla has closed effective Dec. 27," said the restaurant in a statement. "Donovan's Steak and Chop House was proud to have served the residents, guests and visitors of La Jolla, initially in the UTC area and subsequently in the Village of La Jolla, for over two decades. We are grateful for our customers' loyal patronage and equally appreciative of our outstanding team of employees who gave our customers unmatched service."

"Donovan's business model has always been driven by the dining experience we provide to our guests," Donovan's statement continued. "Providing that level of experience has become unsustainable as the high cost of doing business in California continues to rise. It's an unfortunate reality, and the decision to close this location was not made lightly. It was our honor to be a part of the La Jolla restaurant community since 1999."

Donovan's Steak and Chop House on K Street in downtown San Diego remains open.

Donovan's was in Westfield UTC for 15 years before relocating to 1250 Prospect St. in 2015, taking over the ocean-view space previously occupied for 15 years by The Steakhouse at Azul La Jolla.

The closure is the second one in more than a year for the Donovan's brand. Previously, the Donovan's in Phoenix closed after 14 years of op-

GROUNDBREAKING OF 'THE BOARDWALK'

CBRE recently announced the groundbreaking of The Boardwalk,

Donovan's Steak and Chop a Class A lab and office campus in Torrey Pines, San Diego. Located at 10265, 10275 and 10285 Science Center Drive, The Boardwalk will feature three buildings that total more than 195,000 square feet. Amenities will include a gourmet café, conference center, 5,000-square-foot fitness center and a 1-acre park with outdoor meeting and collaboration spaces. The property is located just west of Interstate 5 and is within walking distance of University of California, San Diego.

> CBRE's Jed Stirnkorb, Rich Danesi and Andrew Huggett are the leasing agents for the project. The landlord, Irvine, California-based REIT Healthpeak Properties, owns more than 25 million square feet of R&D and office buildings throughout the U.S.

> "The Boardwalk is in the heart of great universities and many innovative companies that create a highly educated talent pool and opportunities for unique collaborations," said Danesi. "Torrey Pines is the ideal location for such a state-

> > WHILE SUPPLIES LAST!

of-the-art lab and office campus and the CBRE team is extremely excited for the opportunity to lease such an incredible asset."

Healthpeak will commence construction on the \$164 million life science development in January of 2020 and is expected to accommodate occupancy as early as the second quarter of 2021. The campus will combine three adjacent Healthpeak holdings, activating two land sites through 110,000 square feet of ground-up development that will flank both sides of an existing 85,000-square-foot property that will also be redevel-

For more information, visit cbre.com.

PELOTON TO OPEN

Exercise bike giant Peloton will open a showroom in Westfield UTC in early January.

According to the San Diego Union Tribune, the 2,800-squarefoot shop at 4545 La Jolla Village Drive will be open to the public on Jan. 9, from 10 a.m. to 9 p.m. It will serve as a place for potential customers to test out the equipment.

Test classes will also be available during the grand-opening event and can be reserved for free by visiting booking.onepeloton.com.

SMASHBURGER CLOSES

Smashburger in La Jolla closed about a month ago. Supposedly their lease was around \$18,000 a month, and after their overhead expenses, they just weren't making any money.





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Planting trees in University City and other news

By Jemma Samala | La jolla village news

"Trees 1,000 Foundation! We love our new tree. UC beautification" was the comment by Cami Eiskamp, after her family received a newly planted jacaranda tree. In early November, the Trees 1,000 Foundation planted over two dozen trees on University City homes. The concept for Trees 1,000 is to give away free trees on private property. The property owners agree to water and maintain the trees, which are planted by Davey Urban Foresters. Trees are planted in November and Ianuary.

The nonprofit foundation was created by Janay Kruger two years ago. Kruger was leaving her post as the University City Planning Group president, and during her tenure witnessed the destruction of trees due to construction of public projects. In the past five years, the University City community lost over 1,000 trees. The goal is to replace the same number of trees. So far Trees 1,000 has planted almost 300 trees. The hope is that the concept will catch on and Trees 1,000 can help other communities plant trees. Trees 1,000 was recently honored with the "Best Urban Forestry Project" award presented by the California Urban Forests Council. To help support the cause, go to Trees1000.org.

AVIATION OVERVIEW

Wednesday, Jan. 29, is the date of an Aviation Overview 2020 information session at the University Community Library, located at 4155 Governor Drive. Proposed topics include the FAA's NextGen redesign of airspace, the expansion of San Diego International Airport, the advocacy of Quiet Skies La Jolla and Citizens Advocating Safe Aviation, the pending release of an updat-

ed MCAS Miramar air installation compatible use zone (AICUZ), and the home-basing of the single-engine F-35 aircraft at MCAS Miramar. Organizers will provide references and resources for each of the topics presented. If you have a topic of interest to suggest, please contact Diane Ahern by email at aherndiane@gmail.com.

'MAMMA MIA!'

Coming in mid-January, JCompany Youth Theatre presents "Mamma Mia!" "Mamma Mia!" tells the delightful story of Donna, an independent hotelier in the Greek islands, preparing for her daughter's wedding with the help of her two closest, longtime friends. Meanwhile, daughter Sophie, the spirited bride, has a plan. She secretly invites three men from her mother's past in the hopes of meeting her real father and having him escort her down the aisle on her big day.

Directed by Joey Landwehr at the David and Dorothea Garfield Theatre at the JCC in La Jolla, many actors are local youths between the ages of 12 and 18. The comfortable, 500-seat theater is conveniently located at The Lawrence Family Jewish Community Center, 4126 Executive Drive. "Mamma Mia!" runs Jan. 10-26, with showtimes Saturday nights at 8 p.m. and Sundays at noon and 3:30 p.m. Tickets are available at the box office or online at jcompanysd.org. Promo code "TAKEACHANCE2020" can be used for \$3 off regularly priced tickets. School shows are available for class field trips on Jan. 10 and 17 with advanced reservations. Don't miss "Mamma Mia!" brimming with all the ABBA hits you know and love: "Take A Chance On Me," "Dancing Queen," "Super Trooper," "The Winner Takes It All," and many, many more. This show will have you dancing in the aisles!



Janay Kruger created the nonprofit Trees 1,000 Foundation.

JEMMA SAMALA / VILLAGE NEWS

FIRE SAFE

The Fire Safe Council of University City South has submitted papers to become an official Fire Safe Council under the umbrella of the Fire Safe Council of San Diego County. The volunteer organization will work on educating the community about fire prevention, safety, and evacuation procedures, as well as organizing projects surrounding those issues. The FSCUCS is now working on priorities for the first year. If you would like to get involved, contact jemmasamala@

gmail.com. More info and resources can be found at: firesafesdcounty.org and readysandiego.org. The next general meeting will be on Jan. 28, 6 p.m. at the UC Library, 4155 Governor Drive.

SING-A-LONG

The Friends of the UC Library presents a Sing-a-Long Night to the music from the '50s to the '70s, on Wednesday, Jan. 22, starting at 6 p.m. Lyrics will be on the screen and everyone will be one big chorus with no solos. Come

join the fun. The UC library is located at 4155 Governor Drive.

BLOOD DRIVE

The next regularly scheduled UCUC Blood Drive is Saturday, Jan. 11, from 8:30 a.m. to 1:30 p.m, at the Sprouts Marketplace parking lot, at the corner of Governor Drive and Regents Road. To register in advance, go to mysdbb.org. The additional blood drives for 2020 are scheduled for Saturdays: March 7, May 2, July 11, Sept. 12, and Nov. 14



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The importance of continuing to create new friendships in old age



Doing it **Better**

By Natasha Josefowitz, Ph.D.

Besides food, water, sleep, and shelter, there is another crucial ingredient for survival —the need for friendship, for a connection with other humans. This need starts early in life and lasts throughout it.

There are at least four stages in our lives with different friendship needs. School years, parenting, empty nesters and old age. Some friends can last a lifetime, however they need to grow with us over the years as our life circumstances change. My best friend from high school still calls me; she is the only one who remembers my parents.

SCHOOL YEARS

Children in kindergarten have best friends and throughout elementary school friendships are established, some lasting a lifetime. This goes on in high school where we see the importance emerge of belonging to a group; this continues on in college where the parade of girl/boy friends takes up much of the conversation. The special bonds created by all-night bull sessions in dorm rooms can last beyond school.

PARENTING YEARS

Then something totally different happens with young adulthood. Couples with children become friends with other couples who have children around the same age. This is a time of fun outings and shared pleasure in seeing each other's children grow up. The single person without a partner and/or children may feel left out. Grandparents are often included in these activities; they may be welcomed additions in sharing the family responsibilities.

EMPTY NESTERS

As children mature and make their own friends, empty-nest parents find friends with mutual interests. This is a time when couples can pursue activities that were postponed during the child-rearing years; they may also recommit to work or volunteer activities. Adult children, and possibly their friends, can be included in adult pursuits.

OLD AGE

As the years pass and death takes its toll, some people become single again. As people age, there is not only loss of normal activities and loss of identity as a contributing member of society, but, more importantly, loss of relationships. We no longer have the opportunity to have colleagues at work to socialize with nor old friends as many of them are gone or live too far away.

This is a time when the newly single people look for companionship. We need people to do things with — go for a walk, to a restaurant, or a movie. Even watching a sunset is more pleasurable when shared. An evening of good conversation, whether it is the political situation, the latest book we read, or bragging about a grandchild's accomplishment, is a time that is cherished. We give each other advice and complain about our aches and pains; we always look forward to time spent together. We create a new family of friends.

This is what many single people living alone miss most: the sharing of one's daily life. Some single women form groups to go together to concerts and plays, travel or play bridge on a regular basis, and stay involved in each other's lives.

With time, companionship can become true friendship, the kind of friends who are there to listen to our woes, share our successes. and have fun with. There is mutual acceptance and support. When we are with real friends, we don't have to be on guard, watch what we say, or worry about offending. We are there for each other in good times

It means being willing to be vulnerable with another person. Vulnerability means becoming known, including all of the embarrassing thoughts, fantasies, guilt of past mishaps, pride of accomplishments, disappointments, hopes and fears the totality of what makes a human being whole. Being accepted, warts and all, and not judged, given honest feedback, and valued are all ingredients of true friendship. One has to be willing to become known as well as to know and accept the other; the issue then is to find a person with whom this can be achieved.

It requires time, effort, and skill to find like-minded people with shared interests. These can be discovered in a variety of communities or groups of people working together. Such encounters are possible in professional gatherings, volunteer groups, and various clubs that cater to special interests.

Living in a retirement community makes it possible to see people on a regular basis, share meals together, and participate in activities of mutual interest. Frequency and consistency are the key to real friendships; these can easily be attained in a community setting. It is reassuring that even in old age, new friendships can be formed that are as meaningful as old friendships from our past. We can create a new family - a family of friends.

Natasha Josefowitz is the author of more than 20 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright 2020. Natasha Josefowitz. All rights reserved.

Hundreds brave chilly waters for annual Polar Bear Plunge



Brad Michels and daughter Sawyer, 5, clearly enjoyed the Polar Bear Plunge romp, going back in more than couple times. DON BALCH / VILLAGE NEWS

Around 400 people attended the La Jolla Cove Swim Club's annual Polar Bear Plunge on Jan. 1. The water Kellogg Park at La Jolla Shores was 57 degrees according to swim club president Don Simonelli.

"It's a really great way to kick of the year," said Simonelli of the event that was created over 30 years ago. "Some people dip their toes in for fun, others go out and wade for awhile and some regular members even do a half-mile swim."

For more information on the club, visit lajollacoveswimclub.com.

UPCOMING COMMUNITY EVENTS

FESTIVAL OF MODERN MUSIC

Thresholds, the 13th annual soundON Festival of Modern Music will be held Jan. 9, at 7:30 p.m.; Jan. 11, at 7:30 p.m.; and Jan. 12, at 2 p.m., at 1008 Wall St. in La Jolla. Presented by San Diego New Music and The Athenaeum Music & Arts Library, this festival is curated by guitarist and conductor Colin McAllister, who guides the audience on a musical journey through the distension of the mind that occurs in simultaneous awareness, what musicians experience as "performative time." For more information, visit ljathenaeum.org.

CHRISTINE OATMAN

The Athenaeum Music & Arts Library will host Christine Oatman's "Stories of Innocence and Experience: Altered Mid-20th Century Children's Books In Pedagogic Tableaux" in the Joseph Clayes III Gallery from Jan. 11 to March 7, at 1008 Wall St. An opening reception will be held from 6:30-8:30 p.m., Jan. 10. The event is free and open to the public. For more information, call 858-454-5872 or visit www. ljathenaeum.org.

CLASSICAL MEETS JAZZ

The Athenaeum Music & Arts Library will present "Fusion: Classical Meets Jazz" in partnership with Camarada at 7:30

p.m., Jan. 17, in the Joan & Irwin Jacobs Music Room at 1008 Wall St. This series of three concerts is based on a collaboration between Beth Ross Buckley, from Camarada, and Holly Hofmann, a prominent classical and jazz flutist in San Diego. Tickets cost \$30 for members and \$35 for nonmembers. For more information and the purchase, visit www.ljathenaeum.org/fusion.

SENATOR BYRON L. DOR-

Senator Byron L. Dorgan will discuss his new book, "The Girl in the Photograph: The True Story of a Native American Child, Lost and Found in America," at 2 p.m., Jan. 18, at D.G. Wills Books, 7461 Girard Ave. Through the story of Tamara, an abused Native American child, North Dakota Senator Byron Dorgan describes the plight of many children living on reservations and offers hope for the future. He served as a U.S. congressman and senator for North Dakota for 30 years before retiring in January 2011. For more information, visit dgwillsbooks.com.

PUPPING SEASON TALK

Join the Sierra Club Seal Society for an illustrated talk about harbor seal and sea lion life patterns at 2 p.m., Jan. 18, at Mangelsen's Images of Nature Gallery, 7916 Girard Ave. After the talk, take a short walk to Casa Beach to possibly see a birth and or a nursing pup. Talks are bi-monthly through April 11. Free. Call 858-551-9553 for more information.

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Royal Nomad Jewelry hosts trunk show at La Jolla boutique



Fashion Files

Diana Cavagnaro

Laura Gambucci Boutique presented a trunk show with Royal Nomad Jewelry on Dec. 6-7

in the La Jolla store on Girard Avenue for customers to come in to shop and meet the designer.

The timing was perfect for holiday shopping to buy something for yourself or someone special. Khris Golanka is the designer of

this fabulous jewelry made for the well-traveled woman. She started this business in 2013 with her husband, Taylor Golanka, who is a music producer and entrepreneur. They both share a love for traveling and that is where they find their inspiration for each piece of jewelry.

The jewelry is color-based, incorporating vibrant colors. Royal Nomad recommends mixing the unexpected by blending cultures with multiple strands. This bold layering of mixed styles creates fabulous textures and shapes. More is more and creates a one-of-a-kind look for the wearer. Many of the piec-



A sampling of Royal Nomad Jewelry.

DIANA CAVAGNARO / VILLAGE NEWS

es are made with precious stones and diamonds. All the material are ethically sourced from around the world. They also have some pieces with enamel and one of the customer's favorite was a key and a star with precious stones.

Many celebrities are fans of Royal Nomad. Celebrities that have worn designs by Khris are both men and women including Kate Beckinsale, Hilary Duff, Debra Messing, Chris Brown, Snoop Dogg, and Jamie Foxx. Golanka's favorite model is her daughter Simone Remington, who was on hand to show off the luxury jewelry to the clients that came in. While I was there, customer Karen Fox came in and Khris worked her magic of layering multiple styles for her. By the time Fox left the boutique, she was ready for her event at the Athenaeum that night.

Laura Gambucci is a luxury boutique filled with European designers such as Barbara Bui and Jean Paul Gaultier. The interior is a collaboration with Jennifer Luce, from Luce Et Studio. Besides being a boutique owner, Gambucci is an amazing stylist. For more information about

international news in 2018 for the



Simone Remington, Khris Golanka, Laura Gambuccic and the store's ca-DIANA CAVAGNARO / VILLAGE NEWS nine mascot, Isabella.

Royal Nomad, visit royalnomadjewelry.com, or stop by the Laura Gambucci Boutique to have Gambucci work with you or to say hello to the store mascot, Isabella.

UPCOMING EVENTS

Sunday, Jan. 12, 2020—Bridal Bazaar at the San Diego Convention Center with two fashion shows at noon and 2:30 p.m. For information, call 760-334-5500.

Diana Cavagnaro is an internationally renowned couture milliner based in the historic Gaslamp Quarter. Learn more about the hat designer, teacher and blogger at DianaCavagnaro.com.

'Turtleversary' at Birch Aquarium

By Dave Schawb | LA JOLLA VILLAGE NEWS

is celebrating the fifth anniversary of their rescued loggerhead sea turtle's arrival with the first-ever "Turtleversary" on Jan. 11-12, from 11 a.m. to 3 p.m., at 2300 Expedition Way in La Jolla.

The family-friendly "shell-ebration" will be a fun-filled weekend of sea turtle-themed activities, crafts and marine reptile science.

Guests are encouraged to get hands-on with sea turtle biofacts, learn about local sea turtle research, and get an insider's look at how the aquarium's sea turtle is trained and cared for.

The loggerhead's story of perseverance, and the technological advances made to ensure her continued survival, have inspired people worldwide.

"Our collaborations with our col-Birch Aquarium at Scripps Institu- leagues have inspired students and tion of Oceanography at UC San Diego researchers alike," said Jennifer Nero Moffatt, the aquarium's senior director of animal care, science and conservation. "Sea turtles hold a special place in our hearts and need our protection; all seven species are in danger from numerous environmental impacts. Our guests are able to get close to our loggerhead sea turtle and feel a sense of wonder for our ocean planet."

Birch Aquarium's female loggerhead sea turtle was found injured and sick in a power plant outflow canal in New Jersey. After rescue, she was nursed back to health at South Carolina Aquarium and was deemed non-releasable as the medical teams believed she would not survive on her own.



The Birch Aquarium will hold its first-ever 'Turtleversary.'

Birch Aquarium took in the sea turabnormal shell growth. All Turtleversary activities are tle in November 2014, and she was revealed to the public in January 2015. included in admission, which is Since then she has grown signifi-\$19.50 for adults, \$15 for children cantly and now weighs 215 pounds. ages 3 to 17. Children 2 and under Birch Aquarium's turtle made are free. Annual memberships are also available.

3D-printed prosthetic that fits like Perched on a bluff overlooking the a puzzle piece into her shell. This ocean, Birch Aquarium is home to groundbreaking brace was the first nearly 6,000 animals and features of its kind for a sea turtle shell and the groundbreaking work of Scripps has now successfully mitigated the scientists, as well as conservation

breeding programs and interactive exhibits. Birch Aquarium's mission is to connect understanding to protecting our ocean planet, which the aquarium achieves by providing engaging, hands-on learning opportunities for nearly 500,000 guests as well as more than 50,000 pre-K-12 students each year.

For more information or to purchase tickets, visit aquarium.ucsd. edu or call 858-534-FISH.

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FICTITIOLIS BUSINESS NAME STATEMENT FILE NO. 2019-9027690 Fictitious Business Name(s) PRIMPED UP BOUTIQUE, Located at: 4183 DATCHO DR., SAN DIEGO, CA 92117. Is registered by the following: a. ASHLEY RO-SARIO and b. STACY HAYNES. This business is conducted by: A GENERAL PARTNERSHIP. The first day of business was: 11/16/19. Registrant Name: ASH-LEY ROSARIO. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/Count Clerk of San Diego County on: NOVEMBER 16, 2019. ISSUE DATES: DECEMBER 13, 20, 2019, JANUARY 03, &, 10, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9028523 Fictitious Business Name(s) JOE MAHON MOBILE PHYSICAL THERAPY. Located at: 5580 LA JOLLA BOULEVARD #486, LA JOLLA, CA 92037. Is registered by the following: MK PHYSICAL THERAPY, INC. This business is conducted by: A CORPORA-TION. The first day of business was: 9/13/19. Registrant Name: MK PHYSICAL THERAPY, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PRESIDENT. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 27, 2019. ISSUE DATES: DECEMBER 13, 20, 2019, JANUARY 03, &, 10, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9028514 Fictitious Business Name(s) SILVAS HANDYMAN SERVICES. Located at: 3225 DLEWILD WAY, SAN DIEGO, CA 92117. Is registered by the following: LUIS PAULO DA SIL-VA This business is conducted by: AN INDMIDITAL. The first day of business was 9/21/2012. Registrant Name: LUIS PAULO DA SILVA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 27, 2019. SSUE DATES: DECEMBER 13, 20, 2019, JANUARY 03, 8, 10, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9027611 Fictitious Business Name(s) GREENHOUSE PRODUCTIONS, Located at: 2377 ETIWANDA ST., SAN DIEGO, CA 92107. Is registered by the following: CARLOS A. MAIA. This business is conducted by: AN INDMDUAL. The first day of business was 11/15/19. Registrant Name: CARLOS A. MAIA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 15, 2019. ISSUE DATES: DECEMBER 13, 20, 2019, JANUARY 03, &, 10, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9028877 Fictitious Business Name(s) WEIRDENOMICS, Located at: 6401 MOUNT ADA RD, UNIT 161, SAN DIEGO, CA 92111. Is registered by the following: LAWAN, KENTON, BROWN. This business is conducted by: AN INDMIDUAL. The first day of business was: N/A. Registrant Name: LAWAN KENTON BROWN. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 04, 2019. ISSUE DATES: DECEMBER 13, 20, 2019, JANUARY 03, &, 10, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9028691 Fictitious ness Name(s) FANG BOOKKEEPING SERVICES. Located at: 8240 STATION VILLAGE LN., SUITE 2110, SAN DIEGO, CA 92108. Is registered by the following: DENNIS ADITYA PUDJARMINTA. This business is conducted by: AN INDMDUAL. The first day of business was: 12/01/19. Registrant Name: DENNIS ADITYA PUD-JARMINTA, Title of Officer, if Limited Liability Company/Corporation, Title of Signor, The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 03, 2019. ISSUE DATES: DECEMBER 13, 20, 2019, JANUARY 03, &, 10, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9029186 Fictitious Business Name(s) WEST COAST AUTO BODY AND PAINT. Located at: 3036 UPAS ST., SAN DIEGO, CA 92104. Is registered by the following: PLACEH3 CORP. This business is conducted by: A CORPORATION. The first day of business was N/A. Registrant Name: YULIANA AYALA - PLACEH3 CORP. Title of Officer, if Limited Liability Company/Corporation, Title of Signor CEO. The statement was filed DECEMBER 09, 2019. ISSUE DATES: DECEMBER 13, 20, 2019, JANUARY 03,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9029148 Fictitious Business Name(s) OLGA AND COMPANY. Located at: 8975 CAMINITO VERANO, LA JOLLA, CA 92037, Is registered by the following: OLGA LOMAKIN, This business is conducted by: AN INDIVIDUAL. The first day of business was: 11/11/19. Registrant Name: OLGA LOMAKIN. Title of Officer, if Limited Liability Company/ Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 09, 2019. ISSUE DATES: DECEMBER 13, 20, 2019, JANUARY 03, &, 10, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9029105 Fictitious Business Name(s) CHELSEA ROSE SALON. Located at: 1281 9TH AVE. SUITE 106, SAN DIEGO, CA 92101. Is registered by the following: CHELSEA ROSE ESCAMILLA. This business is conducted by: AN INDMIDUAL. The first day of business was: 12/08/19. Registrant Name: CHELSEA ESCAMILLA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 09, 2019. ISSUE DATES: DECEMBER 13, 20, 2019, JANUARY 03,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9029405 Fictitious Business Name(s) WILDHECKBERRY. Located at: 707 OLIVER PLACE, SAN DI-EGO, CA 92109. Is registered by the following: BRANDON SCHROTH. This business is conducted by: AN INDIVIDUAL. The first day of business was: 12/11/19.
Registrant Name: BRANDON SCHROTH. Title of Officer, if Limited Liability Company/Comoration Title of Signor The statement was filed with Ernest J. Dronenburg Jr. Recorder/County Clerk of San Diego County on: DECEMBER 11, 2019. ISSU DATES: DECEMBER 20, 2019, JANUARY 03, 10, &, 17, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9029202 Fictitious Business Name(s) GOOD JUJU EVENTS. Located at: 4239 WHITTIER STREET, SAN DIEGO, CA 92107. Is registered by the following: LYNDSEY ROBERT RAE HANSEN. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: LYNDSEY ROBERT RAE HANSEN. Title of Officer, if Limited Liability Company/Corporation,

Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/ County Clerk of San Diego County on: DECEMBER 09, 2019. ISSUE DATES DECEMBER 20, 2019, JANUARY 03, 10, &, 17, 2020.

FICTITIOUS BUSINESS NAME STATE

MENT FILE NO. 2019-9029534 Fictitious Business Name(s) SMART CONCEPT. Located at: 3622 KEMPER CT. #38, SAN DIEGO, CA 92110. Is registered by the following: ARTHUR PIRES ZIVKOVIC. This business is conducted by: AN INDIVIDUAL. The first day of business was: 12/13/19. Registrant Name: ARTHUR PIRES ZIVKOVIC. Title of Officer if Limited Liability Company Corporation, Title of Signor. The state ment was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 13, 2019. ISSUE DATES: DECEMBER 20. 2019, JANUARY 03, 10, &, 17, 2020.

S1100D0201900558 Name of Person Filing: GILBERT GUTIERREZ JR. Street Address: 131 W. HARDING AVE. City, State, Zip Code: COOLIDGE, AZ 85128 Telephone Number: 480-577-5668 Email Address: gilbertog21469@gmail. com Representing Self (No Attorney) Name of Petitioner GILBERT GUTIERREZ JR. Name of Respondent REYNA ISABEL MOLINA CUEVAS HONORABLE: KAREN F. PALMER WARNING: This is an official document from the court that affects your rights. Read this carefully. If you do not understand it, contact a lawyer for help. FROM THE STATE OF ARIZONA TO Name of Respondent REYNA ISABEL MOLINA CUEVAS 1. A lawsuit has been filed against you. A copy of the lawsuit and other court papers are served on you with this "Summons." 2. If you do not want a judgment or order taken against you without your input, you must file an "Answer" or a "Response" in writing with the court, and pay the filing fee. If you do not file an "Answer" or "Response" the other party may be given the relief requested in his/her Petition or Complaint. To file your "Answer" or "Response" take, or send, the "Answer" or "Response" to the Office of the Clerk of the Superior Court, 971 Jason Lopez Circle Bldg A , Florence, Arizona 85132 or PO Box 2730, Florence, Arizona 85132-2730; or any satellite office. Mail a copy of our "Response" or "Answer" to the other party at the address listed on the top of this Summons. 3. If this "Summons" and the other court papers were served on you by a registered process server or the Sheriff. within the State of Arizona. your "Response" or "Answer" must be filed within TWENTY (20) CALENDAR DAYS from the date you were served, not counting the day you were served. If this "Summons" and the other papers were served on you by a registered process server or the Sheriff outside the State of Arizona, your Response must be filed within THIRTY (30) CALENDAR DAYS from the date you were served, not counting the day you were served. Service by a registered process server or the Sheriff is complete when made. Service by Publication is complete thirty (30) days after the date of the first publication. 4. You can get a copy of the court papers filed in this case from the Petitioner at the address at the top of this paper, or from the Clerk of the Superior Court at the address listed in Paragraph 2 above. 5. If this is an action for dissolution (divorce), legal separation or annulment, either or both spouses may file a Petition for Conciliation for the purpose of determining whether there is any mutual interest in preserving the marriage or for Mediation to attempt to settle disputes concerning Legal Decision-Making and parenting time issues regarding minor children, 6. Requests for reasonable accommodation for persons with dis abilities must be made to the office of the judge or commissioner assigned to the case, at least five (5) days before your scheduled court date, GIVEN UNDER MY HAND AND SEAL OF THE COURT Date APRIL 02, 2019 Amanda Stanford, Clerk of the Superior Court. By S/AMANDA STANFORD Deputy Clerk. ISSUE DATES: DECEMBER 20, 2019, JANUARY 03, 10, & 17, 2020

SUMMONS, SUPERIOR COURT OF ARIZONA, PINAL COUNTY, CASE NUMBER:

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9029256 Fictitious Business Name(s) a. BLUE WAVE DENTAL CARE and b. BLUE WAVE DENTAL CARE DENTAL PRACTICE OF DR. MICHAEL FLEMING DENTAL CORPORATION. Located at: 1857 CABLE ST., SAN DIEGO, CA 92107. Is registered by the following: DR. MICHAEL FLEMING DENTAL CORPORATION. This business is conducted by: A CORPORATION. The first day of business was: N/A. Registrant Name: DR. MICHAEL FLEMING DENTAL CORPORATION. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PRESIDENT. The statement was filed with Frnest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEM-BER 10, 2019. ISSUE DATES: JANUARY 03, 10, 17, &, 24, 2020

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030170 Fictitious Business Name(s) THE ORAL SURGERY & DENTAL IMPLANT SPECIALISTS OF SAN DIEGO. Located at: 3737 MORAGA AVE. #8216, SAN DIEGO, CA 92117. Is registered by the following: KOSHGERIAN SURGICAL DENTAL GROUP, INC. This business is conducted by: A CORPORATION. The first day of business was 01/01/18. Registrant Name: KOSHGERIAN SURGICAL DENTAL GROUP, INC. Ti tle of Officer, if Limited Liability Company/Comoration, Title of Signor CEO, The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 20, 2019. ISSUE DATES: JANUARY 03, 10, 17,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030221 Fictitious Business Name(s) MISSION BEACH CHRISTIAN FELLOWSHIP. Located at: 1008 SANTA CLARA PL., SAN DIEGO, CA 92109. Is registered by the following: MOST EXCELLENT WAY-MEXICO INC. This business is conducted by: A CORPORATION. The first day of business was: 12/01/19. Registrant Name: MOST EXCELLENT WAY-MEXICO INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor CEO. The statement was filed with Ernest J. Dronenburg, Jr. Record County Clerk of San Diego County on: DECEMBER 23, 2019. ISSUE DATES: JAN-UARY 03, 10, 17, &, 24, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9029846 Fictitious Business Name(s) CAIRNSCRAFT DESIGN & REMODEL. Located at: 4660 VOL TAIRE ST., SAN DIEGO, CA 92107. Is registered by the following: TRU-VALUE ENTERPRISES INC. This business is conducted by: A CORPORATION. The first day of business was: 02/10/05. Registrant Name: TRU-VALUE ENTERPRISES INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PRESIDENT, The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 18, 2019. ISSUE DATES: JANUARY 03, 10,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030286 Fictitious Business Name(s) SOUTH COAST ANESTHESIA. Located at: 2327 JOURNEY ST., CHULA VISTA, CA 91915, Is registered by the following: JR ANESTHESIA, INC. This business is conducted by: A CORPORATION. The first day of business was: N/A. Registrant Name: JR ANESTHESIA, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PRESIDENT. The statement was filed with Ernest J Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 23, 2019. ISSUE DATES: JANUARY 03, 10, 17, &, 24, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030362 Fictitious Business Name(s) TMVB ENTERPRISES. Located at: 837 AVALON CT., SAN DIEGO, CA 92109. Is registered by the following: TOD BENTON MATTOX. This business is conducted by: AN INDMDUAL. The first day of business was: N/A. Registrant Name: TOD BENTON MATTOX. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 26, 2019. ISSUE DATES: JANUARY 03, 10, 17, &, 24, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030358 Fictitious Business Name(s) a. TRAIN4SURF b. SEA MONKEYS ECUADOR and c. SEA MON-KEYS SAN DIEGO. Located at: 6620 AVENIDA DE LAS PESCAS, LA JOLLA, CA 92037. Is registered by the following: ANNA MAE PARMA. This business is conducted by: AN INDMDUAL. The first day of business was: N/A. Registrant Name: ANNA MAE PARMA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg. Jr. Recorder/County Clerk of San Diego County on: DECEMBER 24, 2019. ISSUE DATES: JANUARY 03, 10, 17, &, 24, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030551 Fictitious Business Name(s) MAIN STREET GARAGE INC. Located at: 2317 MAIN STREET. RAMONA, CA 92065. Is registered by the following: MAIN STREET GARAGE INC. This business is conducted by: A CORPORATION. The first day of business was: N/A. Registrant Name: MAIN STREET GARAGE INC. Title of Officer. if Limited Liability Company/Corporation, Title of Signor PRESIDENT. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County or DECEMBER 30, 2019. ISSUE DATES: JANUARY 03, 10, 17, &, 24, 2020

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030549 Ficti tious Business Name(s) a. NATIONAL RECOVERY RESOLUTIONS, LLC and b NRR CORP. Located at: 3200 FOURTH AVE. #101, SAN DIEGO, CA 92103. Is registered by the following: LAKA-FCM INC. This business is conducted by: A CORPORATION. The first day of business was: 01/01/2015. Registrant Name LAKA-FCM INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor MANAGER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 30, 2019. ISSUE DATES: JANUARÝ 03, 10, 17, &, 24, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030104 Fictitious Business Name(s) RENOWN SUITES. Located at: 8702 TOMMY DR., SAN DIEGO CA 92119. Is registered by the following: ROLLING MEADOWS CARE HOMES, INC. This business is conducted by: A CORPORATION. The first day of business was: 7/01/2018 Registrant Name: ROLLING MEADOWS CARE HOMES INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor VICE PRESI-DENT. The statement was filed with Ernest J. Dronenburg. Jr. Recorder/County Clerk of San Diego County on: DECEMBER 20, 2019. ISSUE DATES: JANUARY 03, 10, 17, &, 24, 2020.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO 37-2020-00000047-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 WEST BROADWAY, CITY AND ZIP CODE SAN DIEGO, CA 92101; BRANCH NAME: CENTRAL. TO ALL INTERESTED PER-SONS: 1. Petitioner (name): JACOB ROBERT KOWNACK filed a petition with this court for a decree changing names as follows: Present name: a. JACOB ROBERT KOWNACK to Proposed name: JACOB ROBERTS 2, THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date 02/18/2020 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): THE PENINSULA BEACON. Date: JANUARY 02, 2020. JUDGE OF THE SUPERIOR COURT LORNA ALKSNE. ISSUE DATES JANUARY 10, 17, 24, 8, 31, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030609 Fictitious Business Name(s) SD MOBILE BAR. Located at: 8919 LADDIE LN., SAN DIEGO, CA 92123. Is registered by the following: MARKO PAVLINOVIC. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: MARKO PAVI INOVIC. Title of Officer if Limited Liability Company/Cor poration, Title of Signor. The statement was filed with Ernest J. Dronenburg, Recorder/County Clerk of San Diego County on: DECEMBER 30, 2019. ISSUE DATES: JANUARY 10, 17, 24, &, 31, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030747 Fictitious Business Name(s) HOMEBREW 4 LIFE. Located at: 665 MAGNOLIA AVE., CARLSBAD, CA 92008. Is registered by the following: CASEY HARDY. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: CASEY HARDY. Title of Officer, if Limited Liability Company. Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg Jr. Recorder/County Clerk of San Diego County on: DECEMBER 31, 2019. ISSUE DATES: JANUARY 10, 17, 24, &, 31, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030184 Fictitious Business Name(s) UPNORTH. Located at: 1745 E. VISTA WAY SUITE #10, VISTA, CA 92084. Is registered by the following: SCZZ COLLECTIVE, INC. This business is conducted by: A CORPORATION. The first day of business was: N/A, Registrant Name: SCZZ COLLECTIVE, INC. Title of Officer, if Limited Liability Company Corporation, Title of Signor PRESIDENT. The statement was filed with Ernest J Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 20, 2019. ISSUE DATES: JANUARY 10, 17, 24, &, 31, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-9000189 Fictitious Business Name(s) EAGLES POINT SECURITY, Located at: 8057 RAYTHEON RD SUITE 1, SAN DIEGO, CA 92111. Is registered by the following: ATEF IBRAHIM This business is conducted by: AN INDIVIDUAL. The first day of business was 01/11/2011. Registrant Name: ATEF IBRAHIM. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 03 2020. ISSUE DATES: JANUARY 10, 17, 24, &, 31, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-9000154 Fictitious Business Name(s) FERA & DELA. Located at: 9820 MIRA LEE WAY, APT. 18305, SAN DIEGO, CA 92126. Is registered by the following: FARANAK MAJD. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: FARANAK MAJD. Title of Officer, if Limited Liability Company, Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 03, 2020. ISSUE DATES: JANUARY 10, 17, 24, &, 31, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-9000300 Fictitious Business Name(s) a. SANDGROPER LLC and b. COASTAL DRAIN. Located at 831 LORING ST., SAN DIEGO, CA 92109. Is registered by the following: SAND-GROPER LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: 01/01/2020. Registrant Name: SANDGROPER LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PRESIDENT. The statement was filed with Ernest J. Dronenburg, Jr. Recorde County Clerk of San Diego County on: JANUARY 06, 2020. ISSUE DATES: JAN UARY 10, 17, 24, &, 31, 2020.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-9000217 Fictitious Business Name(s) PACIFIC COAST ADVOCATES. Located at: 3439 TENNYSON STREET, SAN DIEGO, CA 92106. Is registered by the following: QUADEFFECT INC. This business is conducted by: A CORPORATION. The first day of business was: N/A. Registrant Name: QUADEFFECT, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor CEO/PRESIDENT. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on JANUARY 03, 2020. ISSUE DATES: JANUARY 10, 17, 24, &, 31, 2020

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9030767 Fictitious Business Name(s) CANON STREET PROPERTIES. Located at: 2812 CANON STREET, SAN DIEGO, CA 92106. Is registered by the following: a. JERELYN W. RIEHL IN DEANN W REYNOLDS & MARILYN M. ONGLEY & JOHN L'ESTRANGE HUGHES FAMILYTRUST and f. CONNIE PLUNKETT REVOCABLE TRUST. This business is conducted by: A GENERAL PARTNERSHIP. The first day of business was 08/01/1979. Registrant Name: JERELYN W. BIEHL. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PARTNER-GENERAL. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 31, 2019. ISSUE DATES: JANUARY 10, 17, 24, &, 31, 2020

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LJCDS boys basketball: Leadership honed in state title drive

By ED PIPER | LA JOLLA VILLAGE NEWS

In an early-season tournament game, Country Day scored the first 10 points and built an insurmountable 36-12 halftime lead over La Jolla that showed the team's potential for 2019-20.

Carmy Cesaire, the Torreys' assistant coach, says of team leaders James Hapgood and Sam Coleman, "They're guys who were a big part of our [Division 3] state championship team last year. They have played a lot of basketball and have some good experience."

With All-CIF star Ryan Langborg graduated to the greener pastures of Princeton, Cesaire and Country Day are looking to Hapgood, a talented 6-foot-2-inch guard, and Coleman, a 6-foot-4-inch returner, to help season a young squad who won their first three games out of the chute.

Ryan Meier, in his 14th year as Torrey head coach, appreciates the value of Hapgood. "He does everything," the coach says. "The deflections. The steals. He sets everyone up for a basket.

"You don't see everything he does from what you see in the media coverage. The kid is a winner. If I could find the words, I'd use them."

Coleman, who plays in the middle back of Country Day's 2-3 zone, started part-time last year as a junior. But this year expectations are much higher. "Coincidentally, you ask about him. We looked at film today," said Meier. "In our first possession [of our previous game] on both offense and defense, he did everything we ask players to do. He's a coach's player."

Asked to elaborate, the head coach said, "We want to see a lot of off-ball action [on offense]. Defensively, we want to see the same. He does that.

"As the defender in the middle, we want Sam to communicate. He's in the back, so he sees everything. He does that. He's a great communicator."

The rest of Torreys' young rotation, with the head coach's comments:

Tate Smith, a 6-foot-1-inch sophomore: "Tate is our second-leading scorer, a perimeter shooter, a skilled offensive player. It's his first year on varsity. He's going to put points on the board for us."

Marc Begin, a 6-foot sophomore: "He's going to be one of the more talented basketball athletes. He handles the ball at point guard, plays good defense. Mentally, Marc's young. He's a sophomore. He has played at a competitive level in the offseason. I think when he plays more this season, his confidence will grow."



Sam Coleman, one of the players for La Jolia Country Day School's boys basketball team. ED PIPER / VILLAGE NEWS

Jake Altman, a 5-foot-9-inch freshman: "A tough-nosed point guard. Physical at his position, strong, yet he's going to be thrown into the lion's den early. He's going to make freshman mistakes. I think by the end of the year, he's going to

play a major part on our team."

Gavin Bass-Sulpizio, a 6-foot-1-inch junior: "He's a guy with experience, his high basketball IQ, a good lefty perimeter shooter."

Sean Reed, a 6-foot-4-inch senior: "A good perimeter shooter. His de-

fense is improving. He has a strong work ethic."

Anthony Aruffo, a 5-foot-11-inch freshman: "Anthony is one of our physical, tougher guards. A lockdown defender. He rebounds really well at guard."

LJCDS girls basketball: 'We're really special this year'



Jazzy Anousinh, and Te-Hina Paopao of the LJCDS girls basketball team.

ED PIPER / VILLAGE NEWS

By Ed Piper | La jolla village news

To hear Te-Hina Paopao and Jazzy Anousinh tell it, they just added a 6-foot-3-inch post player to last year's mix, stirred, and poured — and voila, out came an undefeated La Jolla Country Day team ranked No. 1 in the country that rolled to victories in its first 16 games.

"Breya [pronounced bray-a] has really good hands," rave both

Paopao (a combo guard) and Anousinh (a point guard) of Breya Cunningham, this year's new addition. "She is conditioned to play the whole game, so she doesn't come out." "I was the tallest member of the team last year," says Te-Hina, at 5-foot-10-inches, "so we had to rebound and shoot" basically out of position against taller teams. Not anymore.

Paopao, who is healthy, too, after ACL tears on each knee, simply describes the flow of coach Terry Bamford's squad this year: "We're really special. That's all I'll say."

With Cunningham, a freshman averaging 11.9 rebounds and 2.8 blocks a game, Te-Hina can focus on her abilities as she supplies 24.3 points per game to the offense

Anousinh, for her part, leads the undefeated team with 4.9 assists a game. "We push the ball from the time we inbound the ball," says Bamford, in her 23rd year as head coach at LJCDS.

"The best shot is a shot with rebounders." The pacing, though rapid, has to be under control.

A lot of sushi exchanges hands, it seems, as Paopao, Anousinh, and company further bond and play out the magic that has been forged in travel ball. "Summers are really fun," enthuses Jazzy.

"Last summer we faced FBC, an AAU team with a 6-foot-7-inch girl [Kamilla Cardosa]. It was on the main court in the Indiana Pacers' arena. They blew up every team before us. We lost by two, but

a lot of teams were cheering for us against them. It felt like the whole gym was watching us."

This season, the Torreys have travelled all over the country to win the Mark Keppel Invitational, the Sweet 16 Invitational, and the Nike Tournament of Champions (where they edged Sierra Canyon 44-43 to win the tourney title).

A healthy Paopao, who says she has a "complete game" she is taking to Oregon next year, dances her way to relaxation in practice. "I'm definitely the funny one," she asserts. "The class clown. I put people in a better mood."

One of those this works on is her close friend, Anousinh, who the pair agree "gets down on herself." "I'm very hard on myself," Jazzy says. But Te-Hina, right now wearing a bright blue Dodgers cap that fits her color scheme for the day, helps bring her around. "She tells me, 'You got this. Keep shooting,'" says Anousinh. "We've been playing the longest together of our teammates."

Bobi Mack, senior sixth man, with 6.1 points a game, is fifth in scoring behind Paopao, Cunningham (17.5), Jazzy (6.5) and Paris Atchley (6.4). The others are Puya Tufaga (3.9), Sumayah Sugapong (3.6), Alana Fesili (2.1), and Destiny Villareal (1.1 points, 1.2 rebounds).



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From my garden: Camellias are my winter's 'roses'

By LINDA MARRONE | LA JOLLA VILLAGE NEWS

When most of my garden is sleeping during the winter months, my camellia bushes wake up and burst into bloom! I look forward to their blossoms every year and the profusion of elegant pink, white and red flowers breath a breath of springtime into the winter landscape.

Our coastal climate is perfect for growing camellias and mine seem to love our garden's semi-shaded environment, which receives mostly morning sun and the shelter our garden wall provides — so just as they say in real estate — location, location, location, is essential.

I fertilize my camellias after they finish blooming, around Memorial Day, the 4th of July, and Labor Day, which makes it easy to remember. An organic fertilizer for acid-loving plants, such as Dr. Earth's Camellia Mix, will work wonders and promotes beautiful flowers. In the summer, I supplement the fertilizing routine with some organic chelated iron, which keeps the leaves green and healthy. When camellias are in bloom, it is their dormant period and they should never be fed during this time. Feeding a camellia that has bloomed could potentially kill it.

Now is the perfect time to select the type of camellia you want to grow, since they are in bloom and you can see the flowers and their color on the plant without depending on



Blooming in December, I use these camellias and holly to make flower arrangements.

LINDA MARRONE / VILLAGE NEWS ing soil at most nurseries and garden centers and amend your soil before planting. They also need to be planted in an area where they receive good drainage, since they hate "wet feet."

Keeping these tips in mind, you can

also plant them in containers. If you have an older camellia that is not blooming, try lacing out the branches to allow air circulation through the bush. Pruning should be done when the bush is in bloom (the dormant period) and before its new growth sets in. In the spring, begin fertilizing and your plant should respond.

During these colder winter days, we are not the only ones enjoying the camellia flowers — the bees and



My favorite camellia flower has to be this peony-type. LINDA MARRONE / VILLAGE NEWS



This single-petal variety is one of the first camellias to bloom. LINDA MARRONE / VILLAGE NEWS

quently, especially when it is warm. the nursery tag. There are six basic Camellias prefer slightly acidic soil hummingbirds are flocking to the forms of flowers to choose from: sinthat is rich in organic matter. You flowers to enjoy a winter feast and gle petal, semi-double, anemone, pecan purchase "acid-loving" plant-I am happy to host them!

Corey House: Former home to La Jolla's first female physician still standing



Dr. Martha Dunn Corey. **COURTESY PHOTO**

By JILL DIAMOND | LA JOLLA VILLAGE NEWS

ony, rose double and formal double.

Camellias come in a variety of sizes

and some of my older plants are over

12 feet tall. Early-blooming camellias

can bloom as early as November and

Never let camellia plants dry out

during the warm summer months, or

during Santa Ana conditions, which

can cause the plant to drop its buds

and weaken the plant. A layer of

organic mulch near the base of the

plant will help retain moisture dur-

ing our dryer periods. Established ca-

mellias may only need a deep water-

ing twice a week, but newly planted

bushes should be watered more fre-

as late as early June.

La Jolla's Corey House, like many landmarks in the city, has a long history and an interesting one.

Built in 1909, the property is amed after its original owner and the first female physician of La Jolla Dr. Martha Dunn Corey, who used it for an office/home.

According to La Jolla Historical Society Historian Carol Olten, Corey House has been moved a few times from its original location on Gerard to preserve it.

"The Corey House is part of a group of old houses that make up Heritage Place at 7210-12 La Jolla Blvd.," Olten said. "Heritage Place has been up and on the market for quite some time."

According to the real estate website Redfin, the property comprised of three historic homes/landmarks was sold for \$3.75 million in September 2019.

The enclave includes:

The Craftsman bungalow-style Rhoads House (Historic Site No. 128) was built in 1917 and moved from the Wall Street business district years ago.

toric Site No.133 — 484 Arenas St.), an 1895 Victorian vernacular also known as the "Yellow Cottage," built in 1895 and relocated to Heritage Place in 1979.

The Corey House (Historic Site No. 375 — 494 Arenas St.), "Built in 1909, the home's interiors have been redesigned with an open airy floor plan that includes living, dining and kitchen areas. High ceilings with beams, board, and batten walls and wood floors also adorn the interiors. The bathroom has a clawfoot tub and upstairs there is a loft-style bedroom," according to the listing by Linda Marrone with Coldwell Banker.

It was moved to Heritage Place in I counted them and the list was 349. 2003, Olten said.

HERITAGE PLACE

Olten said Heritage Place came to fruition in the 1970s thanks to one-The Galusha Grow Cottage (Historitime director of the La Jolla Historitime director) cal Society Patricia Schaelchlin, who with her husband Bob was "interested in keeping the cottages once located in the commercial areas preserved rather than destroying them."

"The three homes were all owned by various people throughout the years, and then developers came by their various locations and said, 'This is valuable land and we want to develop it," Olten said.

The allure of old cottages remains strong in La Jolla, Olten added: "We have so few of these small cottages that are in livable shape in La Jolla; so many have been destroyed over the years. I think in the post-war years, a book published in 1948 listed the cottages.

Now what has happened? They all got torn down, and it's lucky we do have these little Heritage Place sites so that we can preserve a piece of the past."

For years, the three homes have sat in a cluster and served as private residences or rentals, she said.

"There is some nice landscaping between them and it's attractive but noisy even though they are a little set back from La Jolla Boulevard; you don't hear too much when inside them," Olten said.

Olten said Corey House was moved firstly to Draper from 7816 Gerard and there was "occupied as a rental and in rundown condition."

"It was owned by the Bishop School that wanted to expand the campus in the 1980s and build a science building where the Corey House was," she said.

Read more online at sdnews.com.

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Must Hear: The Haden Triplets and other can't-miss concerts

By BART MENDOZA | LA JOLLA VILLAGE NEWS

Touring in advance of a new album, The Haden Triplets stop in at UCSD's Price Center East Ballroom on Jan. 23. For fans of folk, traditional Americana and close harmony singing, it doesn't get much better than listening to the wonderful voice of Petra, Tanya, and Rachel Haden.

Individually each is an acclaimed performer; Tanya is known for her solo works, while Rachel has performed with The Rentals and That Dog and Petra is a member of both Bill Frisell and Mary Mullally's bands also recently releasing an album of acapella Who covers, Petra Haden Sings: The Who Sell Out. However as often happens with siblings, the magic is in when they join together in voice. The Haden Triplets music is both uplifting and inspiring, a modern take on classic Americana sounds that will appeal to fans of across genres..

The Haden Triplets, Price Center East, UCSD. 9500 Gilman Drive. For more information, visit artpower. ucsd.edu/event/the-haden-triplets.

FRIDAY, JAN. 10

Jemille Vialet, singer-songwriter. 11:30 a.m. Alexandria

Jeff Brinkman, singer songwriter. Noon. The Pointe, UTC

Caitlin and Sean, singer songwriter. Noon. Palm Plaza, UTC

Jarred Matthews, singer songwriter. 4 p.m. Duke's

Marcela Mendez, singer-songwriter. 5 p.m. Herringbone

Dave Booda, singer-songwriter. 5 p.m. Alexandria

Freefall, jazz. 5:30 p.m. Bella Vista Social Club

Rick Ross, standards. 6 p.m. La Valencia

Dave Booda, singer-songwriter. 6 p.m. Drift

Sergio Azocar, acoustic love songs. 7 p.m. Lupi

Harbor Patrol, indie rock. 7 p.m. Che Café, UCSD

AJ DeGrasse Trio, piano jazz, 7

p.m. Eddie V's Josia's dos Santos, Brazilian jazz.

7:30 p.m. The Turquoise Fiona Digney, percussion & cello. 7:30 p.m. The Athenaeum

Tad Sisler, vocals, piano, keyboards. 8 p.m. – 11 p.m. In the

lounge, The Manhattan Chris Cerna Qu Hair of the Dog, classic rock. 9 6 p.m. Eddie V's p.m. Beaumont's Iosia's dos San

SATURDAY, JAN. 11

Robin Henkel, blues. Birdrock Coffee Roasters. 10 a.m.

Kevin Begin, singer-songwriter. Noon. UTC The Pointe

The Heart, singer songwriter. Noon. Palm Plaza, UTC

David Rosales, singer-songwriter. Noon. Herringbone

David Rosales, jazz and pop. 6 p.m. La Valencia

J Alexander, singer-songwriter. 7 p.m. Thumbprint Gallery

Craig Dawson Trio, piano jazz. 7 p.m. Eddie V's

p.m. Eddie V s Buck Meek, indie rock. 7 p.m. Che Café, UCSD



The Haden Triplets will perform at UCSD.

Sergio Azocar, acoustic love songs. 7 p.m. Lupi

Josia's dos Santos, Brazilian jazz, 7:30 p.m. The Turquoise

Tad Sisler, piano standards. 8 p.m. In the Lounge, The Manhattan

Lus For Life, classic rock. 9 p.m. Beaumont's

Jeff Dalyrmple, jazz. 9:30 p.m. The Turquoise

SUNDAY, JAN. 12

K Emeline, singer-songwriter. Noon. Herringbone

Burt Brion Trio, piano jazz. 6 p.m. Eddie V's

Adam Wolffe Perspective, jazz. 6 p.m. The Turquoise

Means of Contol, punk. 7 p.m. Che Café, UCSD

Josia's dos Santos, Brazilian jazz, 7:30 p.m. The Turquoise

MONDAY, JAN. 13

Brian Verhoye, pianist. Noon. Athenaeum

One fish two fish, percussion ensemble, holiday classics. 5 p.m. Conrad Prebys Performing Arts Experimental Theatre, UCSD

Chris Cerna Quartet, piano jazz. 6 p.m. Eddie V's

Josia's dos Santos, Brazilian jazz, 7:30 p.m. The Turquoise

Camera Lucida, Mozart, Beethoven and Rachmaninov classics. 7:30 p.m. Conrad Prebys Concert Hall, UCSD

TUESDAY, JAN. 14

David Yuter, singer-songwriter. 11:30 a.m. Alexandria

Mikan Zlatkovich Trio, piano jazz. 6 p.m. Eddie V's

Josia's Dos Santos, standards. 7

p.m. The Turquoise San Diego Symphony, Beethoven early works. 7:30 p.m. Baker Baum Hall, The Conrad Prebys Performing Arts Center

WEDNESDAY, JAN. 15

Jemille Vialet, jazz. 11:30 a.m. Alexandria

Lele Rose Trio, piano jazz. 6 p.m.

Jessie Ray Smith, singer-songwriter. 6 p.m. La Valencia

Red Death, indie rock. 6:30 p.m. Che Café, UCSD

Sergio Azocar, acoustic love songs. 7 p.m. Lupi

Josia's Dos Santos, standards. 7:30 p.m. The Turquoise

THURSDAY, JAN. 16

LaNeve, indie rock. 9 a.m. Che Café, UCSD

Sam & Lauren, acoustic music. Noon. UTC The Pointe

Ben Benavente, singer songwriter. Noon. Palm Plaza, UTC

Ryan Hiller, singer-songwriter. 4 p.m. Alexandria

Kevin Ryan, singer-songwriter. 5 p.m. Herringbone

Buena Vista Socal Club, jazz. 5:30 p.m. Bella Vista Social Club Keni Yarbro, singer-songwriter. 6 p.m. La Valencia

Chris Cerna Quartet, piano jazz. 6 p.m. Eddie V's

Mari Kawamura, piano recital. 7 p.m. Conrad Prebys Concert Hall, UCSD

Fred Hardy, jazz. 7:30 p.m. The Turquoise

Zac Barnhorst, classic covers. 7:30 p.m. Beaumont's

Roman Palacios with Tommy Gannon, standards. 8 p.m. In the lounge, The Manhattan

FRIDAY, JAN. 17

Whitney Shay, blues & jazz. Noon. UTC Palm Plaza

Mike McGill, singer songwriter. Noon. The Pointe, UTC

Justin Froese, acoustic standards. 4 p.m. Duke's

Mike Myrdal, standards. 5 p.m. Alexandria Joanna Gerolaga, singer-songwriter. 5 p.m. Herringbone

Baywolf, jazz. 5:30 p.m. Bella Vista Social Club

Cedrice, covers. 6 p.m. La Va-

lencia
Jemille Vialet, covers. 6 p.m.

Drift
AJ Degrasse Trio, piano jazz. 7

p.m. Eddie V's
Sergio Azocar, acoustic love

songs. 7 p.m. Lupi Josia's dos Santos, Brazilian jazz,

7:30 p.m. The Turquoise Tad Sisler, vocals, piano, keyboards. 8 p.m. – 11 p.m. In the

lounge, The Manhattan Ariel Quartet, Beethoven Cycle Part 2. 7 p.m. Conrad Prebys Con-

cert Hall, UCSD The Nineteen 90s, classic covers. 9 p.m. Beaumont's

Incendiary, rock. 9 p.m. Che Café, UCSD

SATURDAY, JAN. 18

Jeff Brinkman, singer- songwriter, Noon. The Pointe, UTC

Marcela Mendez, singer-songwriter. Noon. Palm Plaza, UTC

Christian Taylor, singer-songwriter. Noon. Herringbone

Sarah Rogo, singer-songwriter. Noon. Herringbone

Ignant Benches, indie rock. 6 p.m. Che Café, UCSD

Roman Palacios, singer-songwriter. 6 p.m. La Valencia

Craig Dawson Trio, piano jazz. 7 p.m. Eddie V's

er. 7 p.m. Thumbprint Gallery Sergio Azocar, acoustic love

James Howard, singer-songwrit-

songs. 7 p.m. Lupi The Paranoyds, indie rock. 7

p.m. Che Café, UCSD Josia's dos Santos, Brazilian jazz, 7:30 p.m. The Turquoise

Tad Sisler, piano standards. 8 p.m. In the lounge, The Manhat-

Bonneville 7, classic covers. 9 p.m. Beaumont's

SUNDAY, JAN. 19

COURTESY PHOTO

David Shyde, singer-songwriter. Noon. Herringbone

Burt Brion Trio, piano jazz. 6 p.m. Eddie V's

Sounds Like Four, jazz. 6 p.m. Turquoise

Josia's dos Santos, Brazilian jazz, 7:30 p.m. The Turquoise

MONDAY, JAN. 20

Chris Cerna Quartet, piano jazz. 6 p.m. Eddie V's

Josia's Dos Santos, Latin jazz. 7:30 p.m. The Turquoise

TUESDAY, JAN. 21

Lucia Mense, recorder performer. 7 p.m. Conrad Prebys Recital Hall, UCSD Mikan Zlatkovich Trio, piano jazz. 6 p.m. Eddie V's

Josia's Dos Santos, Latin jazz. 7:30 p.m. The Turquoise

Maxwell String Quartet, classical. 7:30 p.m. Athenaeum

WEDNESDAY, JAN. 22

K Emeline, standards. 6 p.m. La Valencia

Lele Rose Trio, piano jazz. 6 p.m. Eddie V's

THURSDAY, JAN. 23

The Heart, singer-songwriter. Noon. Palm Plaza, UTC

Joe Cardillo, singer-songwriter. Noon. The Pointe, UTC

David Rosales, singer-songwriter. 5 p.m. Alexandria Israel Maldonado, singer-songwrit-

er. 5 p.m. Herringbone Keni Yarbro, acoustic covers. 6 p.m.

La Valencia
Chris Cerna Quartet, piano jazz. 6

p.m. Eddie V's Blaise Guld, classic covers. 7:30

p.m. Beaumont'sTad Sisler, vocals, piano, keyboards.8 p.m. The Manhattan

The Haden Triplets, American country and traditional songs. 8 p.m., Price Center East Ballroom, UCSD