

A horizontal banner with a background of palm fronds. On the left, the SDRC logo features a stylized sun and plant icon above the text "SDRC" and "SAN DIEGO RECREATIONAL CANNABIS". To the right of the logo, the text "CANNABIS 21+" is displayed in large white letters, followed by the address "1299 CAMINO DEL RIO SOUTH" and the phone number "619.906.5546". Further right, a large "10% OFF" is shown, with "ENTIRE PURCHASE" below it. At the bottom right, a small line of text reads "COUPON MUST BE PRESENT. CANNOT BE COMBINED. EXCLUDES DISCOUNTED ITEMS." and the license number "LIC. #: A10-18-0000125-TEMP" is at the bottom right.

La Jollans want stricter rules for scooters, bikes

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

Reacting to the City Council's recent unanimous decision favoring new regulations for electric scooters and other shared-mobility devices, most La Jollans surveyed feel the new rules don't go far enough.

"They need to be banned from 'all' sidewalks and no one under 18 ever, and helmets required at all times," argued La Jolla Shores Association president Janie Emerson, speaking for herself. "They can only be left in designated parking areas, otherwise they should be ticketed or impounded within six hours."

"You cannot put the genie back into the lamp, or the ship back into the bottle," lamented community parks planner Sally Miller about scooters adding, "I have been helping La Jolla to fight clutter and vendors on our streets, on our sidewalks and in our parks for more than 30 years. Each one of these bikes and scooters 'is' clutter and 'are' vendors."

Regulations the City Council approved April 23 decrease the allowable speed of dockless scooters from 15 to 8 mph in high-traffic areas with geofencing technology, while banning them from parking near hospitals, schools, boardwalks and Petco Park.



Scooters parked on the coastal path in PB. THOMAS MELVILLE / VILLAGE NEWS

Greg Block of the mayor's office testified scooters and similar devices are to be regulated in six ways: by being permitted, limiting their speeds, paying fees, parking in designated "corrals," indemnifying the City against liability and sharing data.

Emerson added license fees for scooter companies "should be equal to or more than Requests For Proposals (RFPs) for bike and kayak companies."

Miller decried the continuing proliferation of scooters.

"All these new companies could care less ... all they want is the money in 'their' pockets. ... there is 'not' one new regulation that can or will be enforced ... the bikes, scooters and Segways are now ille-

gally on the Fay Avenue extension [bike path]. ... the only way to protect the PB boardwalk is a total ban. ... Do we have to wait for more deaths to wake up?"

"Good start," was the reaction of Dave Abrams, chair of La Jolla Traffic and Transportation Board speaking for himself on new scooter regulations. Noting it was his understanding that scooters are still allowed on PB/Mission Beach Boardwalk, Abrams said, "That's a mistake. They also should require helmets. Bizarre that the state passed legislation saying it was okay to go without (helmets)."

"They (regulations) are extensive and, perhaps, overly ambitious," contended La Jollan

Nancy Linck. "Can they be enforced? We have too many laws that are not enforced. ... Another concern I have is cost. What will SD taxpayers have to pay to enforce the regs, if anything? Will the \$150/year/scooter fee pay for them? Will the fee force the operators out of business before they make sufficient money to finance their businesses and pay such fees?"

In excerpts from a statement she released following the April 23 scooter regulation vote, District 1 Councilmember and President Pro Tem Barbara Bry said: "Since public safety is the number one responsibility of local government, our community expects us to pass responsible regulations. ... I share the frustrations of residents. It should not have taken us a year to pass an ordinance that still needs work. ... I had supported an emergency ban of electric scooters on our local boardwalks. ... Since then, the situation has gotten even more chaotic and unsafe. ... I remain committed to a ban. ... In the meantime, we asked that boardwalks be included on the 3 mph geofencing list. ... This was an overdue step in the right direction. ... It was, however, only the first step."

READ MORE ONLINE AT sdnews.com

KEY COMPONENTS OF NEW SCOOTER RULES

•**Speed limits:** In specific geofenced areas, operators will slow scooters to 8 mph. Three of the those areas are pedestrian-only and operators will slow scooters to 3 mph with a push message notifying riders to leave that area.

•**Geofencing** will be in effect for beach-area boardwalks, Balboa Park, NTC Park, Mission Bay Park, Petco Park and the pedestrian-only locations, including North/South Embarcadero, MLK Jr. Promenade, and La Piazza della Famiglia.

•**Staging:** Operators will no longer be able to stage scooters and e-bikes on sidewalks in downtown. The City has identified – and is currently installing – 330 on-street dockless parking corrals throughout downtown where staging is allowed.

•**In the beach areas,** operators are only permitted to stage in groups of up to four, with 40 feet in between each group. The City will identify corral locations in the beach areas and, once installed, will require their use. The City also will conduct an evaluation of locations throughout San Diego where designated parking corrals would be beneficial and, working with the City Council and communities, install more.

•**Rider parking:** Operators will prohibit riders from ending a ride in specific geofenced areas, including beach area boardwalks.

•**Education:** Consistent messages about local and state laws in smartphone applications will be required. As will on-device labeling about age requirements and how riding on the sidewalk is illegal.

•**Per device fee:** A per device fee of \$150 annually will be assessed.



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Judge denies mental health diversion for La Jolla teacher accused of having sex with student

By NEAL PUTNAM | LA JOLLA VILLAGE NEWS

A judge has denied a mental health diversion for a former teacher at La Jolla Country Day School, who is accused of having sex with a 17-year-old student.

Attorney Eugene Iredale presented testimony of several doctors familiar with the 2015 bicycle accident that Jonathan Sammartino had in which he suffered head injuries a year before he allegedly had sex with a female student.

Sammartino, 35, a teacher now on leave from a private school in San Jose, suffered head injuries in three places while he was on his bicycle on March 21, 2015, and fell after he struck a pothole on Torrey Pines Road, according to court records. Sammartino filed a lawsuit against the City of San Diego, and the San Diego Reader published a story about it.

Several neurologists performed MRI and other brain scans of

Sammartino, and told San Diego Superior Court Judge Charles Rogers about the brain injuries, tests, and diagnosis. More than 20 people wrote letters to Rogers saying the accident changed Sammartino, who taught at La Jolla Country Day School from 2012 to 2016.

Gov. Jerry Brown signed a state Senate bill in 2018 that allowed some defendants to claim a mental health diversion in which their case would end without a conviction instead of facing a trial. However, the law precluded some offenses, such as murder and rape, from mental health diversion.

Deputy District Attorneys Martin Doyle and David Greenberg argued against Sammartino benefiting from mental health diversion, saying a crime that could cause one to become a registered sex offender is precluded.

The prosecutors also argued there was no such law on the books when Sammartino allegedly had sex with the high

school student in 2016.

Testimony started on April 5 and Sammartino's mother, U.S. District Court Judge Janis Sammartino, was among the witnesses. The hearing ended on April 22 when Rogers denied the motion.

Rogers ruled he did not have the jurisdiction to grant mental health diversion as the charged offenses preclude such a finding.

Instead, Rogers set a preliminary hearing for June 13. Sammartino is charged with unlawful intercourse with a minor, oral copulation and digital penetration of a minor. It is estimated the hearing will take two days.

An arrest warrant declaration says the girl, a senior, had sex with Sammartino in his car. Sammartino was 33 years old and was married at the time. He has a doctorate in experimental psychology.

The girl reported the allegations to campus police on July 17, 2018, and San Diego Police investigated it. Sammartino was arrested Sept. 11, 2018.

DRIVER ACCUSED IN DEATH OF UC SAN DIEGO STUDENT WILL FACE SECOND TRIAL

The driver accused of hit-and-run in the death of a UC San Diego student rejected a plea deal, saying he would rather face a second trial. A May 29 retrial was set for Corundolus Toussaint,

39, who is accused of killing Andres Perkins, 21, on I-5, on Feb. 24, 2018 at 2:45 a.m. His attorney, Manuel Avitia III, told San Diego Superior Court Judge Paula Rosenstein his client was aware

of the offer in which the judge said she would consider imposing a limit of three years in prison if he pleaded guilty. The maximum sentence for hit-and-run in a traffic fatality is six years.

La Jolla Parks and Beaches discuss seals rope, park space

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

In April, La Jolla Parks and Beaches, Inc. tangled with extending the seals rope barrier at Children's Pool, as well finding new park space, perhaps in Pottery Canyon.

Diver and LJPB board member John Leek asked the board to endorse a letter drafted by La Jolla Community Planning Association (LJCPA), opposing renewing the rope barrier at Children's Pool separating humans from pinnipeds during the marine mammals Dec. 15 to May 15 pupping season.

Leek however said he talked to City officials who told him National Oceanic and Atmospheric Administration (NOAA) "will likely renew the barrier for 10 more years," as well as telling him that disputed federal pool signage claiming seal infanticide "works fine."

"We thought it would be a good idea to endorse the sentiment expressed by LJCPA in opposition to renewing these (seal) permits," said beach-access advocate and LJPB board member Ken Hunrichs.

"This is just a consistent position we've had, and this position has been on record since at least 2015," added board colleague Tom Brady.

Board member Dr. Jane Relden

spoke against opposing the rope barrier's extension.

"During the past five years, police calls to the pool have gone down by 80 percent," she said. "Seals are protected during their pupping season, and the City has every right to apply for a 10-year permit for the guideline rope."

Longtime LJPB parks planner Melinda Merryweather continued to press for creation of new La Jolla park space.

"I found some park space that needs to be cleaned up in Pottery Canyon," noted Merryweather.

The City has confirmed that La Jolla is under parked in terms of applying the citywide standard, which is that communities should provide 2.8 acres of usable parkland per 1,000 residents. In 2106, La Jolla was determined to be 30.51 acres in deficit of useable parkland, and projections are the community will be 37.66 acres short in 2035.

The San Diego La Jolla Underwater Park is counted toward the City's overall park acreage, but not towards La Jolla's population-based park needs. The underwater park is considered more as a regional park, because it attracts people from all over, not primarily La Jolla.

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Changing of the guard at San Diego Lifeguard Union

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

There's been a change at the top in San Diego Lifeguard Union Teamsters 911 with Chris Vanos replacing Ed Harris as head steward.

"After 10 years I have passed the torch in preparation for my retirement in 14 months," said Harris. "Chris Vanos is a talented Lifeguard II who will serve the lifeguards well."

Last year, the lifeguard's union voted 76 in favor, 18 opposed, to leave the San Diego Fire Rescue Department. A turf battle has ensued over how duties are being apportioned among lifeguards and firefighters, with some lifeguards claiming that rerouting communication calls through fire has slowed emergency response.

Vanos noted there's subsequently been fallout from the proposed separation of the two departments. "It was seen that if you supported the lifeguard union you were on a 'black list' for promotional opportunities," he said.

Vanos said personnel shortages are among guard's most pressing needs, which he said includes filling positions for the BSU/Mission Bay harbor patrol, and at Children's Pool and La Jolla Shores.

"Boating safety positions are needed for winter and summer due to the impact of tourism and recre-



Chris Vanos

ational boaters on Mission Bay," Vanos said. "The Children's Pool positions are based on the needs for officer safety during rescue calls, enforcement issues both on the rocks and at La Jolla Shores, to better protect the public."

Concerning health coverage, Vanos said lifeguards are seeking "to have the same coverage as both SD Fire and SDPD do for heart and cancer. We all perform duties that fall under law enforcement and fire suppression, yet lifeguards do not receive coverage for cancer- and heart- related health issues."

What are the issues in improving the lifeguard department?

"One of the largest issues is that our lifeguard chief answers to both the fire chief and his assistant," said Vanos. "He/she is not in a role to advocate for lifeguard

needs directly to City Council or the mayor. If the LGC was able to advocate for lifeguard needs, we would be able to fix a lot of issues that have come up. We have made the case, both to lifeguard and fire chiefs, for why lifeguards should be dispatching river- and water-rescue calls.

"Though we understand the SDFD has its roles and responsibilities the question is, when you have one of the best swift water rescue teams in the nation, why send a firefighter instead of a water specialist?"

What are the challenges confronting today's lifeguards?

"The current challenges we have are similar to the issues of SDPD and SDFD," replied Vanos. "The city is in a wave of retirement. The institutional knowledge is being lost as some of our most senior guards are walking out the door. The front-line lifeguards and firefighter's who work hand-in-hand on calls have no issues. The issues arise in upper management because the lifeguard chief answers to the fire chief, which creates road blocks."

Discussing his tenure as union steward, Harris noted: "We successfully got state law changed to cover permanent guards for work-related injury and diseases."

READ MORE ONLINE AT sdnews.com

SDPD increases recruiting efforts by training with UC San Diego athletes

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

The San Diego Police Department recently tried a new approach to find candidates to join the force: challenge them to a workout.

Six police officers from various SDPD fields teamed up with six students from UC San Diego Athletics for a two-day "Next Level" training challenge. On April 10, the students visited the NTC Police and Fire Training Facility to participate in behind-the-scenes training scenarios like a physical agility test, driving a police car and SWAT target-shooting. Then on April 17, the police officers went to the UC San Diego Spanos Performance Center to compete with the students in a Cross-Fit-style workout complete with rope pulls, slack-line squats, and backward bear crawls up the stadium's steps.

"This is who we want to target to try to come on the San Diego Police Department. We want student-athletes," said Lt. Shawn Takeuchi. "So we wanted to kind of give them an eye opener, and in turn, UC San Diego wanted to show off their nice training facility because they're going to become a Division 1 school in 2020."

According to Takeuchi, the number of SDPD applicants has gone

down over the past couple of years, due to various factors like low unemployment rates and negative perceptions of police officers. A 2018 report from the Bureau of Justice Statistics found that there were 23,000 fewer officers in the U.S. than there were in 2013.

"The San Diego PD along with all the other agencies have the same hurdles to jump over as far as recruiting efforts. So we're just trying to think of what else we can do to branch out about getting the word out that this is a great job. We're always trying to think of ways to let people know that we are hiring at the San Diego Police Department."

And it looks like it worked for at least one of the students. Kiefer Cooksey, a senior and player for the men's soccer team, plans to look into police recruitment after he graduates.

"Everything they do, it takes a toll on you," he said. "We take them for granted when they're out there risking their lives for us every day. And it's better than working an office job because you get to get out there and do new stuff every day."

Anyone interested in finding more information about recruiting with the San Diego Police Department can visit sandiego.gov/join-san-diego-police-department.

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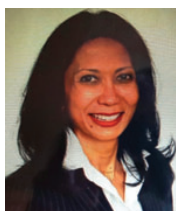
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UC San Diego students host clean car show to promote use of zero-emission vehicles

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

University of California, San Diego had an unusual sight on its typically pedestrian-graced Warren Mall. Three environmentally friendly cars were parked outside of the Geisel Library for students to learn about and take photos with to advocate for clean energy.

One Tesla and two BMWs were parked on campus on April 26 by the California Student Public Interest Research Group (CALPIRG Students) to advocate for two clean transportation bills that are currently in the California Legislature. Bill AB40, proposed by Assemblymember Phil Ting (D-San Francisco) in December 2018, would require the California Air Resources Board to develop a strategy to reach complete electrification of the transportation sector by the year 2040.

The other bill proposed by Assembly Member David Chiu (D-San Francisco), AB1418, would set a framework for California school districts to build fleets of zero-emission school buses to eliminate the use of diesel school buses.

Lofty goals, but ones that



CALPIRG Students Chapter chair Sophie Haddad (in the sun costume) poses with a UC San Diego student at the organization's Clean Car Show on April 26.
EMILY BLACKWOOD / VILLAGE NEWS

CALPIRG Students Chapter Chair Sophie Haddad believes are worth fighting for.

"We know, especially as students, that climate change is one of the most pressing issues affecting our generation," said Haddad, who also serves on the CALPIRG Students statewide board. "We want to stop the dependence on fossil fuels and transition to a 100 percent clean energy future."

In order to work towards that clean energy future, CALPIRG

Students hosted a clean car show to demonstrate how electric cars could help turn that vision into a reality. With the cars lined up on Warren Mall, students stopped by to learn how to take action against the impacts of climate change and how to support the two current clean energy bills. Representatives from Tesla and BMW were also there to answer any questions about the cars and other sustainability practices.

READ MORE ONLINE AT sdnews.com

Local students participate in STEAM Leadership Series

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

When deciding on their future career paths, high school students without natural affinities for science or data might not be drawn to the job title "researcher" — and that's something The San Diego Foundation and the J. Craig Venter Institute hope to change. The two entities recently teamed up to host a STEAM Leadership Series to educate students on different science-based jobs that tend to float under the radar.

"Here we obviously have a lot of research positions, but it's not just sitting and doing the same thing over and over again," said marketing and development manager for the institute, Jessica Mcavinue. "We just want to open their eyes to all the different experiences they can have and maybe spark an interest in what they see."

In April, 75 high school students from around San Diego spent the morning at the J. Craig Venter Institute in La Jolla listening to a keynote speech from Dr. J. Craig Venter himself about his contributions to genomic research as well as how he got his start at community college before earning the Presidential

Medal of Science. They also heard from Dr. Karen E. Nelson, president of the institute and a 2018 inductee to the National Academy of Sciences, about how she began her career in Jamaica.

After the speeches, students broke off into the small groups to take part in different interactive lab environments on ocean sampling, microbiome research, infomatic sequencing, and synthetic biology. In these labs, students were taught things like how to differentiate what organisms are in the ocean through state-of-the-art microscopes and how to use DNA to modify cell bacteria.

The purpose of the day was to show students that not only are there a variety of science career options available for them to pursue, but that they don't all require being huddled inside a lab for weeks on end. For instance, one of their researchers recently spent a year living on a boat, going around the globe and sampling ocean water.

"One of our initiatives to give back as a nonprofit is to educate the local students about potential careers in STEAM areas, specifically science and research for us, and expose them to real-life science that they might not get in a classroom," Mcavinue said.

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La Jolla businesses offer fun ideas for a ‘daycation’

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

Ever heard of a staycation? In La Jolla they have one better. It's being referred to as a “daycation.”

And it's something available from merchants offering tours, like San Diego Fly Rides, La Jolla Golf Carts and Pedego Electric Bikes.

Max Shenk, operations manager of San Diego Fly Rides at 7444 Girard Ave., said locals and tourists alike take advantage of bicycling tours they offer daily from 10 a.m. to 5 p.m.

“When we first started out it was mostly tourist-driven,” said Shenk of Fly Rides. “But now we have a lot of locals who go themselves, or who have guests in town who want to do the tour.”

Fly Rides started out small in an art studio space on Prospect, before spreading its wings and moving to Girard Avenue across from the Pan-nikin. The new space is filled to the rafters with pedal-assisted e-bikes of every imaginable type, both rentals and for sale.

Fly Rides accommodates everyone from serious cyclists, to families to people just looking for a leisure day of exercise.

A handful of 2 1/2-hour tours at Fly Rides highlight the beauty – and history – of La Jolla. Torrey Pines Bike & Hike escorts guests through UC San Diego. Two of the most popular tours, costing \$99 and \$79, respectively, are SoCal Riviera and Cali Dreaming. SoCal Riviera is a loop of coastal La Jolla with a climb up Mount Soledad. Cali Dreaming is a downscaled version omitting the climb.



A group enjoys exploring La Jolla on a cart from La Jolla Golf Carts.

COURTESY PHOTO

On a recent weekend tour, native La Jollan Peter Hulburt of Fly Rides escorted Lyn Mettler, a visiting travel writer from Indiana, on the SoCal Riviera.

Starting at La Jolla Cove, Hurlbert and guest took in the scenery, seals, sea lions and exquisite ocean views. The group stopped periodically for Hulburt to narrate a history of each area and its famous residents, like Ellen Browning Scripps.

At the Cove, the bike guide pointed out gnarled, leaning trees there that inspired famed children's author Theodore “Dr. Seuss” Geisel's work and art. Then it was

south through Scripps Park to Windansea Beach, with Hulburt pointing out the high-profile surf breaks along the way.

The SoCal Riviera Tour takes its name from the multimillion-dollar homes along the way in the downtown Village, at Windansea and on Mount Soledad. The tour wound through the popular La Jolla bike path between Bird Rock and La Jolla High School, with a stop to admire a huge cactus plant of the agave family from which tequila is made.

Returning to Girard, it was hard to believe 2 1/2 hours had elapsed.

A similar, yet different, “dayca-

tion” experience is to be had at La Jolla Golf Carts at 7512 La Jolla Blvd. near the corner of Pearl Street.

Owned by Robert Mackey and Kai Koehnke, La Jolla Golf Carts started out as a promotion of their sister company, La Jolla Social, to help folks get around town. But it was such a good and workable idea, that the golf carts quickly became a hit on their own.

“It started out with, ‘You need a ride here?’,” said Mackey. “Then it became, ‘It would be cool to drive it yourself.’ We basically turned it into a rental car company.”

SAN DIEGO FLY RIDES

Where: 7444 Girard Ave.

Info: sandiegoflyrides.com, 888-821-682.

LA JOLLA GOLF TOURS

Where: 7512 La Jolla Blvd.

Info: lajollagolfcarts.com, 858-401-6307.

PEDEGO ELECTRIC BIKES LA JOLLA

Where: 5702 La Jolla Blvd., Ste. 101a.

Info: pedegoelectricbikes.com, 858-291-8845.

“We call it a self-guided tour,” said Mackey of La Jolla Golf Carts, which rents vehicles by the day, week or month.

“It's a great way to cruise around and enjoy beautiful La Jolla,” said Mackey. “We ended up helping a lot of people solve a transportation problem around the Village.”

Mackey noted golf carts are especially handy for the aged, infirm or injured.

“Our carts are street legal and have upgraded safety features,” pointed out Mackey noting carts have a 20 mph speed limit.

La Jolla Golf Carts is open seven days a week, 365 days a year from 8 a.m. to 6 p.m.

Go a bit south to Bird Rock, where Pedego Electric Bikes La Jolla has made a name for itself indulging biker's need to proceed.

“Most of our tours are custom and range from friends and family tours to corporate ‘team-building’ tours,” said Pedego spokesperson Tracy Sheffer.

READ MORE ONLINE AT sdnews.com

La Jolla wildlife drone photographer captures breaching humpback whale

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

While Domenic Biagini is used to being in the company of whales, a lone humpback he photographed on April 25 was one of the greatest things he's ever captured on film.

Biagini, a La Jolla resident and marine wildlife drone photographer for San Diego Whale Watch, filmed a young humpback whale breaching off of La Jolla Shores. What was unusual about this whale's display was not only that he was alone, but that he continued to jump and frolic throughout the entire day.

“We had a report of a whale near La Jolla Shores and we found this little humpback just breaching its heart out,” Biagini told FTV Outdoors. “It had to have breached at least 100 times. From 11:30 to noon it breached 20 times. When we got back out [on our second trip] at about 2 it was still breaching – and in between I was getting reports from lifeguards that it was still breaching.”

Since early 2017, Biagini has been using his drone to take pho-

tos that otherwise wouldn't be possible. Images of gray whales gliding alongside rainbow reflections and videos of orca pods breaching next to a boat of whale-watchers are just a few of the marine life snippets that he shares on his Instagram account @dol-phindronedom.

While some critics have accused him of harassing the whales with his remote-controlled camera, Biagini said that couldn't be further from the truth.

“I would say 85 percent of media coverage of hobby drones is negative, so people are naturally wary of them,” he said. “But the great thing about the drone is I don't have to get that close. I can pull up half a mile short and fly my drone over to [the whales] and observe whatever behavior is going on.”

“So as any negative impact, there just isn't any. It's really the most non-invasive way to get this kind of photography.”

And the positive impacts, Biagini hopes, will be greater than the sum of his almost 12,000 Instagram followers. In addition to all the gray whales, killer whales,

RESPECT THE WHALES

With gray whale spotting season in full swing through early May, wildlife photographer Domenic Biagini wanted to warn boaters to keep a few things in mind when it comes to whales.

“While many people handle themselves fine around them, all it takes is someone rushing over to [the whales] at top speed, thinking they'd get a selfie and that ruins it for everybody,” he said. “Enjoy the animals, and whale watch responsibly. Follow the Marine Mammal Protection Act and stay 100 yards away.”

pilot whales, fin whales, humpback whales, blue whales, Brutus whales, and dolphins he sees out on his excursions, Biagini also finds a lot of trash. Plastic, fishing gear, and Mylar balloons are the three most common offenders.

“It's pretty disheartening,” he said. “On any given trip out there we'll see 10 to 15 Mylar balloons floating around. And the reason that's so bad is because Mylar does not biodegrade, so when the paint on the balloons chips away, what's left looks like jellyfish to animals that eat jellyfish.”

While Biagini credits places like SeaWorld for initially making



Whales swimming off the coast of La Jolla. DOMENIC BIAGINI / VILLAGE NEWS

whales more accessible to the public, he believes drone photography and social media could be the next push to get people to care about the environments that inhabit their favorite underwater mammals.

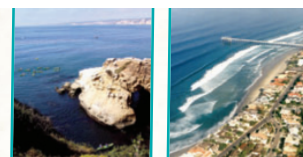
By sharing photos and videos of

these sea creatures, he hopes that more people think twice about releasing a balloon into the air or leaving a plastic bottle of soda on the beach.

For more information, visit sdwhalewatch.com to book a whale watching tour.

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Mother's Day is a celebration of women who devote so much of their effort and energy to their families

Here are a few tips for finding mom the perfect gift from local businesses she'll treasure!

Crisp linens, fabulous finds for a fresh look

Fades Awning carries a fresh assortment of clothing, jewelry, scarves, purses and home accessories that have been carefully selected for today's woman. The friendly staff can help you select the perfect gift.

For the book worm

Surveys have found that women read more than men. Visit the wonderful local bookstores to find Mom's favorite books that she might not find elsewhere. I can think of a couple great book stores in La Jolla well worth the visit.

Chocolate—Simple indulgence

Who doesn't love chocolate! Let's face it, 90 percent of the population are chocoholics. Teuscher Chocolates of Switzerland has a wonderful assortment of Mother's Day gift packages to make shopping a no-brainer.

Pampered and delicious

Some mothers may want to simply unwind with a relaxing morning at the spa on Mother's Day. A manicure and pedicure at Nancy's Nails will let mom know she's special. This is a nice way to begin the day before a brunch or dinner at Donovan's of La Jolla!

For the crafty

You'll find the perfect jewelry for mom at Beads of La Jolla. Beautiful pieces ready to wrap and go! They also offer certificates for moms who love to spend time being creative and would love to choose from the amazing selections of beads and finds.

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Jeanne Jones co-chairs annual Stars and Stripes Gala in memory of late husband

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

The United Service Organization is close to Jeanne Jones' heart, for more reasons than one.

A long-time La Jolla resident, philanthropist, and author, Jones first got involved with USO San Diego five years ago with her late husband Don Breitenberg. They co-chaired the annual Stars and Stripes gala for three years together—the kind of charitable role they were known for playing in the community.

This will be Jones' fourth year co-chairing the event, and her first year doing it without Breitenberg by her side. He died of cardiac arrest on Nov. 24, 2018, at the age of 93. His name will still be listed next to Jones' as a co-chair on the event's brochure.

"He had a real feeling for veterans coming back," she said. "I don't think many people understand the work the USO does. They're unbelievable for the families that are left behind."

Breitenberg served as a paratrooper in the Army during World War II. During his time in the service, he received two purple hearts, the World War II Victory Medal, and the European-African-Middle Eastern Campaign Medal with two Bronze Battle Stars, according to his obituary in The San

STARS AND STRIPES GALA: STAND UP FOR LIBERTY

When: 5:30 to 6:30 p.m. on May 18.

Where: San Diego Marriott Marquis and Marina, 333 W Harbor Drive.

What: During the event, philanthropist and entrepreneur Ernest Rady will receive the America Eagle Award and actor Gary Sinise (best known for his role as Lt. Dan Taylor in the movie "Forrest Gump") will receive the Patriot Award.

Info: For more information and to purchase tickets, visit sosandiego.org/gala-2019.

Diego Union-Tribune. In 2015, he was also one of 14 San Diego World War II veterans who were given the Legion of Honor medal.

He was only 17 years old when he decided to enlist. "His mother had to sign for him to join. But at that time in our history, all the young men at that age group wanted to go to war," she said.

Even though active-duty soldiers are always on her mind, Jones said that she and Breitenberg supported the USO for so many years because of "all of the things they would do to keep a family going" while their loved one was away on active duty.

"Those are the people I worry about," she said. "To be home and worried about what's going on all the time is a very stressful position to be in."

Gary Rectenwald: executive director of the Catholic Community Foundation of San Diego

By DAKOTA CAMPAGNA | LA JOLLA VILLAGE NEWS

Gary Rectenwald has been the executive director of the Catholic Community Foundation of San Diego since February 2016.

Prior to that, Rectenwald worked in executive management for IBM for 20 years. After starting some high-tech companies of his own, and then selling them, he decided to retire. He wasn't in retirement for long, however, as he was asked to sit on



Gary Rectenwald

the board at his parish, All Hallows Catholic Church in La Jolla, because he was active within the church.

"I just thought this would be great to learn about something that would be brand new, in serving the Catholic community in San Diego," said Rectenwald. "The more I got involved with it, the more interested I got in it."

He was asked to put his name in the hat for the executive director position opening, which he was then awarded. "I was happy to do it," said Rectenwald. "This is the only position that I would have come out of retirement to do, frankly."

The Catholic Community Foundation supports various Catholic schools and parishes around San Diego, and also helps more than 150 charities. They are also one of 28 Catholic Community Foundations in the United States, according to the Catholic Community Foundation of San Diego website. The Foundation is separate from the Diocese of

San Diego.

As executive director, Rectenwald has brought about a culture where the focus of their mission is "the need to give rather than giving to a need."

"Catholic stewards truly have a need to give, and to give back to God in ways that are very spiritual," said Rectenwald. "Essentially, we are an organization which helps facilitate their need to give." Within Rectenwald's first two years of being executive director, the foundation was able to raise \$50 million, where 99 percent of it was sent off to various charities that they support.

Something that Rectenwald does frequently throughout the week as executive director is meet with various donors. From individuals, to families, to other organizations, he talks to the people who put on outreach programs and are looking for other foundations to support them. If he's not busy doing that, he's sitting in on financial meetings, making sure the foundations' finances are being used properly and that they support Catholic values.

The Catholic Community Foundation also partners with other parishes to put on Catholic Estate and Planned Giving seminars, where they work with large organizations of partitioners.

"We remind them of what it's like to be Catholic and we instruct them about their estate plans, whether they be wills, trusts, financial power of attorney's," said Rectenwald. "We teach them about those things, and then we let them know about all these wonderful Catholic ministries that we have here in San Diego. We hope that they would consider adding something Catholic to their estate plan as a part of their legacy."

For more about the Catholic Community Foundation of San Diego, visit ccfsd.org.

SCHOOLS »

CONT. FROM PG. 1

often can't fall asleep until 11 p.m., and thus have a harder time waking up early for school. This reduction in sleep often leads to a lot of issues with behavior, paying attention and depression.

"We find that a lot of kids will achieve better," Taras said. "They will drive safer if they're learning to drive. And they will be safer in the sports they participate in."

San Diego Unified plans to implement these new start times district-wide by the fall of 2020, but La Jolla High and Muirlands Middle, along with the School of Creative and Performing Arts, are starting a year earlier. According to La Jolla High principal Dr.

Chuck Podhorsky, next year, school days will begin at 8:35 a.m. and end at 3:16 p.m.

During the press conference, concerns were raised regarding transportation, sports practices, and school schedules.

"There are no school days that syncs with the parents' work schedule," Evans said. "Right now some parents are really comfortable dropping off their kids at 7:30 a.m. and some are inconvenienced, and the opposite is going to happen when we change it. There will be some inconvenience to adults, but we're focusing on the well-being of the students."

Podhorsky said that while nothing has been decided, students have in the past worked with the Parent Teacher Association to start a school-wide carpool for

environmental reasons.

"I think any shift is always something new for people, so you have to figure out what that means for your family. But for the most part, we have a really good foundation of support. As long as we keep our students at the forefront of the work we do, then all of the details and logistics we'll figure out."

But the students don't seem too concerned about how they'll get to school.

"It's going to be very helpful to wake up an hour later and get an hour extra of sleep," said La Jolla High 10th-grader Austin Kingston during the press conference. "We're aware of the immense benefits, and we're aware there's going to be some issues with transportation, but that's not for us to figure

Rotarians, La Jolla High students beautify planters in the Village

On Saturday, April 27, 28 Rotarians, firefighters, and La Jolla High School students marshalled forces to refresh dead, dying and weed-filled hanging planters around the Village. The beautification effort was this year's "Rotarians at Work Day" project sponsored by La Jolla Rotary. Advance work by Rotarians Bill Burch (event chair) and Cindy Goodman identified and marked 35 hanging planters that were most in need of "TLC."

Then, bright and early on Saturday morning, local firefighters

removed the planters and loaded them onto a trailer to be dropped off at a staging area behind the Post Office. Awaiting Rotarians and students, with garden trowels at the ready, set to work. Twelve bags of potting soil and 114 geraniums later, the refreshed planters are back gracing La Jolla streets.

"We received many appreciative comments from tourists and locals," said Burch. "It was a lot of work, but a very fulfilling day."

Rotary Club of La Jolla meets at noon each Tuesday at the La Valencia Hotel in La Jolla.



NIKE TENNIS CAMPS at University of San Diego

Come join the fun and get better this summer at the Nike Tennis Camps at University of San Diego. Veteran director Bill Scott, joined by USD Head Women's Tennis Coach, and Head Men's Tennis Coach Ryan Keckley have another amazing summer lined up with fun both on and off the court! With six weeks of junior overnight and day camps for

boys & girls ages 9-18 of all ability levels, and a special High School program during the last week, there is a camp option for everyone! Highlights include: 5-6 hours of daily on-court instruction, a Nike Tennis Camp T-shirt, and fun evening activities for overnight campers. Camps run throughout June and July, registration is currently open. See you on the courts this summer! Nike Tennis Camps at University of San Diego 1-800-645-3226. www.USSportsCamps.com/tennis

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Jewish Federation honors Holocaust Remembrance Day with Righteous Among the Nations award at LFJCC

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

This year, the San Diego Jewish Federation commemorated Holocaust Remembrance Day, or Yom HaShoah, on April 28 at the Lawrence Family Jewish Community Center in La Jolla with a once in a lifetime opportunity: to witness the reception of the annual Righteous Among the Nations award.

Given to non-Jews who risked their lives to save Jews during the Holocaust, this award has historically only been presented in Israel at Yad Vashem, or the World Holocaust Remembrance Center. But because its honorary recipient was unable to travel, a special exception

was made. Darren Schwartz, chief program officer of the Jewish Federation of San Diego County, said the award has never been presented in San Diego, and it will likely never be presented here again.

This year, the Righteous Among the Nations award was given to the late Wilhelmina and Cornelis de Ru. It was accepted by their last remaining and youngest child, Herman de Ru, who is 80 years old and lives in Fallbrook. His granddaughter, Elena de Ru, traveled overseas from Holland to attend the award ceremony and help fill in the pieces of her family's history that her grandfather (who has a mild cognitive impairment) could not provide.

"I did all the research myself, but

if it wasn't for him, I couldn't do it," she said. "It's the highest honor one could get. And they got it because they, especially my grandmother, were always thinking about someone else."

That generosity turned into heroism when Wilhelmina and Cornelis de Ru risked their lives to hide a Jewish teenager named Maurits Kopuit in their southern Holland home. Neither he – nor his mother or father who were also hidden on a farm close by – were ever discovered by the Nazi soldiers, though they came close. But luckily, Wilhelmina de Ru had taught the Jews she was harboring (there were many more than just Kopuit) how to hide themselves in under two minutes.

"The neighbors always said that [the de Rus] were hiding Jews, so one night [Nazi soldiers] came and they were so mad they couldn't find anybody that they took my grandfather," Elena de Ru said. "They took him to the headquarters and told him that they were going to kill him."

The Nazi soldiers kept him for two days, and Cornelis de Ru continued to deny he had been hiding Jews.

"You know what my grandfather said? He said 'I'm ready to die and meet the Lord, are you?'" She said. "[The soldiers] walked away but deep down they knew they were doing something wrong, and the next day they let him go."

Because of Wilhelmina and Cor-

nelis de Ru, many Jewish lives were spared, including that of Kopuit who went on to become a famous journalist in Holland. He died when he was 62, and his son was able to verify to the Yad Vashem that his father was in fact saved by the de Ru family.

"I heard a story about an 11-year-old kid that was killed in Sri Lanka. American kid who was out there, and he was going to be a neuroscientist. This is the flip side of that. This is somebody that was saved who then made tremendous contributions because they were saved."

For more information about the award and Yom Hashoah, visit jewishinsandiego.org/yomhashoah.



Have the Best Summer Ever at YMCA Summer Camp

The YMCA is again hosting a summer filled with fun day camps for kids ages 5-17 starting June 12. Whether your child loves sports, the arts, animals, science or even Legos – the Y has a camp that will help them build confidence, meet new friends and make memories that will last a lifetime! We have camps all across San Diego County and available in convenient nearby locations like Point Loma, La Jolla, Pacific Beach and University City. To ensure that everyone has the chance to go to camp, the YMCA offers camp scholarships to those who qualify. Learn more at ymca.org/daycamp.

Menehune Surf Camp

Opt outside! Menehune Surf Camp, celebrating 19 years in business, invites you to come surf with us at La Jolla Shores and Del Mar. We help kids unplug and unglue from their devices, and generate authentic smiles and confidence with every wave and awesome wipeout. Surf Camp is led by highly experienced instructors, most are school teachers and coaches. Our surfers receive personalized attention, feel comfortable in the water while learning valuable ocean skills. Menehune offers full and ½ day camp options for spring break and all summer long during the week for kids ages 5 to 17. The camp focuses on surfing and learning about the ocean currents, history of surfing, surfboard design and making new friends. On weekends we offer private lessons in surf and standup paddleboarding. Ocean Adventure camp offers a taste of surfing, paddleboarding, kayaking, snorkeling, bodyboarding and hand-plane body surfing. Menehune also offers adult clinics daily with the Aloha Party Wave Class, and private lessons for adults and families who want to learn to surf together. Drop in on us at www.menehunesurf.com for more info. See you in the surf!

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Update your home décor quickly dramatically with window treatments

Most homeowners are looking for ways to upgrade their home décor quickly and dramatically. One of the most overlooked pieces of home décor are the window treatments, which can alter your interior design more than you may realize. Take a look at these tips to see how you can update your home without compromising your style.

A Stylish Upgrade

Drapery is an easy way for any homeowner to layer onto existing window treatments bringing new life to an old look. It can also stand on its

own and adds visual warmth and texture to any room. Drapery brings a variety of visual aspects to the space.

Energy Efficiency

Homeowners are always on the lookout for ways to save money, and the monthly gas/electric bill can be a sore spot. Start saving with window treatments that keep your home well insulated.

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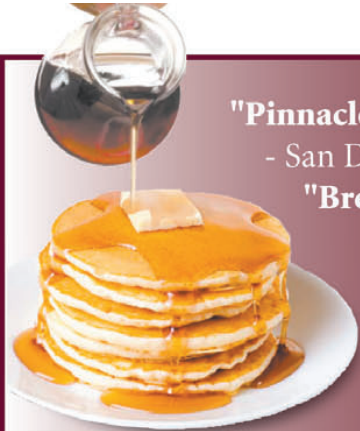


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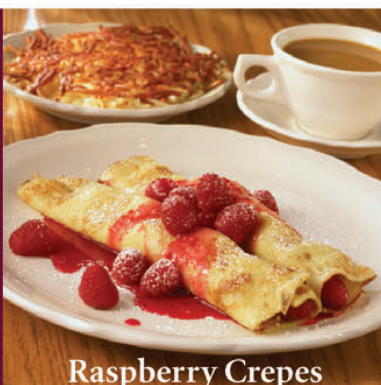


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Hats Off to our Heroes fashion show



Fashion Files
Diana Cavagnaro

G.O.L.D. Diggers (Gifts of Loving Donors) presented the 26th annual Hats Off to San Diego 2019 on April 11 at the Admiral Kidd Club. The event began with a champagne social and silent auction. The honorary chairs were Priscilla and Keith Webb. Russ T. Nails (Russell Stolnack) was the master of ceremonies. Julie Ann Kelso was awarded the Gold Digger of the Year Award and Isabelle Piccini was given the Founders Award.

Each year, different charity organizations participate in this event by creating a hat in the current year's theme, which was "Hats Off to our Heroes!" The hats are first judged for the best theme by a panel of judges and then The Betty Mabee Parade of Hats begins. There were 13 organizations coming down the runway showing off their creations.

The audience then votes for their favorite hat. The first place 18-Karat Gold Award of \$2,500 went to the Social Service League of Jolla. This hat celebrated women around the world and those living in the community. B.A.B.E.S. (Beating Alzheimer's By Embracing Science) came in a close second for \$1,500. Their hat was under the Star-Spangled Eagle with Red Poppies symbolizing remembrance and respect of the real heroes. Angels of Aseltine received the third place of the 49th Award of \$1,000. The hat was a replica of their school and the flag at the top represents "Our Heroes" who are the teachers and the staff.

B.A.B.E.S. and a New PATH tied for the Best theme for \$750 each. A New PATH constructed 65 percent of their hat from recycled boxes used to house doses of the life-saving drug Naloxone that reverses an opioid overdose. Every year a Wild Card is drawn and the Autism Tree Project was picked for \$750. Autism Tree Project creat-



Above, Klabada Roberson models A New PATH (tied for Best Theme). Right, Jeanne Irwin models B.A.B.E.S. (second place).
ANNA TYCHINSKAYA / VILLAGE NEWS

ed a hat with Winne the Pooh who was supporting all the volunteer heroes that were represented by glittering hearts. All the other organizations received \$500 for participating. There was a drawing for a \$500 Money Hat and the winner was Margaret Cook.

This year the beneficiaries were Honor Flight San Diego and the enlisted program (STEP). HFSD escorts veterans to Washington, D.C. to visit memorials there.

STEP ensures every military and veteran family has their basic needs taken care of and that they become financially self-sufficient. Each one of these groups received \$5,000 for their contribution to the community.

The Gold Diggers (Gifts Of Loving Donors) gives to community members with special needs such as children, the elderly, crime victims and others. They support programs that render services in these areas by assisting them with funding, services and donations. For more information about this non-profit organization, visit golddiggersandiego.org. Here is to another 26 years of GOLD!

Upcoming events

■ Saturday, May 11 – Mother's Day brunch and fashion show with Bad Mudge & Co. and featuring Jennafer Grace from 10 a.m. to noon. This event includes



Kristy Pieper models League of Social Services of La Jolla (first place). ANNA TYCHINSKAYA / VILLAGE NEWS

mimosas and tea room modeling at the Ivy Street Coworking, located at 2986 Ivy St. For tickets, call 619-203-4944.

■ Friday, May 24 – Cocktails & Couture featuring a fashion show with Lizz Russell designs at the Westgate Hotel beginning at 6:30 p.m. Proceeds go to GBS/CIDP San Diego Chapter Awareness Fundraiser. For more information, visit westgatehotel.com.

Diana Cavagnaro is an internationally renowned Couture Milliner based in the Historic Gaslamp Quarter. Learn more about our Hat Designer, Teacher & Blogger at www.DianaCavagnaro.com

Mama's Day raises money for nonprofit meal delivery service

By DAKOTA CAMPAGNA | LA JOLLA VILLAGE NEWS

With more than 50 restaurants, wine tasting, lawn games and an award-winning chef in attendance, Mama's Kitchen's annual Mama's Day is known as the original San Diego tasting event for a good reason.

Held from 5:30 to 9:30 p.m. on May 10 at the Hyatt Regency La Jolla at Aventine, 3777 La Jolla Village Drive, the event includes executive chefs from restaurants including Nason's Beer Hall, Fort Oak, Wrench and Rodent Seabastropub, Nobu San Diego and more.

Those 21 and over can sample wine and beer from local companies like Rough Draft Brewing Co. and Vester Vineyards, while all attendees can look forward to live music, entertainment, poolside lawn games like ping pong and corn hole, and a silent auction. All while raising funds to help Mama's Kitchen's core mission.

The money raised helps Mama's Kitchen deliver medically-tailored nutritional meals free of charge to local women, men and children in San Diego who are vulnerable to hunger due to issues like HIV, cancer, heart failure, and diabetes. The goal for this year's Mama's Day is to raise

MAMA'S DAY

When: 5:30 to 9:30 p.m. on May 10.
Where: Hyatt Regency La Jolla at Aventine, 3777 La Jolla Village Drive.
Info: Tickets are \$150 for general admission and \$250 for VIP guests. For more information and to buy tickets, visit mamaskitchen.org.

\$220,000 – which will provide exactly 75,342 meals – after being able to raise \$209,000 last year.

"We're going to be raising funds for our new cooler, which will be really important," said Silvia Dominguez, the marketing and events coordinator for Mama's Kitchen. "It's [proceeds are] generally for operating needs for Mama's Kitchen to help continue offering our services to all of our clients here in San Diego as we expand."

And if you still need a reason to attend, special guest Sam "The Cooking Guy" Zien will be putting on a special cooking presentation for VIP guests. He has won 15 Emmy Awards for his television show, "Sam The Cooking Guy." VIP guests will also have access to the Pavilion, where they will get a first look at featured restaurants, as well as seeing a special presentation put on by a Mama's Kitchen client.



A sample of some of the food from last year's Mama's Kitchen's annual Mama's Day.
COURTESY PHOTO

Globe-circling tandem bikers stop in La Jolla

By KENDRA SITTON | LA JOLLA VILLAGE NEWS

A tandem bike might be a rare sight on San Diego's busiest streets on any given day, but a tandem bike loaded with a year's worth of supplies and carrying the dirt of roads from Australia, Morocco and Miami would be extraordinary.

On April 7-8, that is exactly what happened.

British doctors Lloyd Collier and Louis Snellgrove could be spotted in downtown on their shared bicycle as they headed north to UC San Diego. Their pitstop here happened as they attempt to break the world record for circumnavigating the globe on a tandem bicycle after setting off from Adelaide, Australia in August 2018.

They are riding through 23 countries and covering 18,000 miles in their efforts to break the record and in the hopes of raising \$50,000 for the charities Spinal Research and the Brain Foundation.

Their efforts to fund research are what brought them to the spinal cord injury labs at UC San Diego, where they met with professors Mark Tuszynski and Binhai Zheng, who have previously been supported by Spinal Research.

Collier and Snellgrove worked in emergency rooms for years, where they saw the devastation a spinal cord or brain injury can cause.

"If it wasn't for these [UC San Diego researchers], then we can't provide any treatments. Spinal cord injuries and brain injuries are so limited at the moment.

"There's lots of high-tech treatment for cancers and all sorts of heart problems, but traumatic brain and spine injuries, once you've got them, there's very limited amount that you can do so you really need more money, more research into these conditions to help find cures in the future," Snellgrove said.

"[Tuszynski and Zheng] are really passionate about what they do. It reinforces and justifies our decision to give up so much of our time to try and raise money for them too," Collier said.

The two men took a year-long break from their careers and have self-funded the trip. All money raised goes directly into the two charities.

"We are extremely grateful to Lloyd and Louis for undertaking this



Lloyd Snellgrove (left) and Louis Collier pose inside UC San Diego's spinal cord injury labs with their tandem bike. KENDRA SITTON / VILLAGE NEWS

monumental challenge in aid of Spinal Research. The awareness they will raise, and the much-needed funds will go a long way to changing the future of spinal cord injury," said Dr. Mark Bacon, executive and scientific director of Spinal Research.

For Collier, this trip has been a long-time dream as a way to support his Uncle Alan, who was confined to a wheelchair after a spinal injury at work when he was 29 years old – the same age Collier is now. His esteemed male role model died in March 2018, and his death was one of the main catalysts for leaving.

"I've always wanted to do it; I just never had the balls to do it. I always wanted to do it for him, for spinal research because I loved him so much," Collier said.

While love for his uncle was Collier's inspiration, Snellgrove has always been inspired by early explorers and seeing patients' lives cut short made him realize life is too short not to make the most of opportunities. When Collier asked friends and fellow doctors to join him on the journey, Snellgrove jumped on the possibility.

"My inspirations growing up were the olden-day explorers who would go off to Antarctica, the North Pole, or sail the seven seas and discover worlds people didn't really know about. These days everything's really been discovered," he said. "You can't really have adventures like they used to do, but to bike around the world is the next best thing."

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University City updates and community news

By JEMMA SAMALA | LA JOLLA VILLAGE NEWS

Trees 1000 Foundation gives away trees to children. Easter Sunday brought children more than just colored eggs and baskets of treats. Trees 1000 Foundation board member Martha Emerald was on hand to help provide kids and their families a new tree for their home. The nonprofit Trees 1000 was founded last year to replace the estimated 1,000 trees that have been removed to make room for major construction projects in the UTC and University City neighborhoods.

So far, the foundation has distributed 211 trees, including 74 that were given away on Easter. The pop-up tree lot attracted shoppers outside the Ralph's supermarket at La Jolla Village Square. It was staffed by volunteers and a troop of Brownies from University City. The Brownies potted up kid-sized cypress trees and helped families pick a favorite tree from a wide selection: Japanese Maple, Fern Pine, Bottle Brush, and the ever-popular Money Tree, among others.

Special thanks to Ponto Wholesale Nursery in Vista and the Davey Resource Group for their generous donations and expertise that made this event possible. If you missed out on this Easter event, you still have an opportunity to receive a new tree and become a member of the Trees 1000 Foundation during the



Music for Winds Ensemble will play at University City United Church on Sunday, May 12 at 7 p.m.
COURTESY PHOTO

annual UC Celebration on July 4, at Standley Park. Find more information at Trees1000.org.

UC High Robotics Club

University City High School's two robotics teams were selected to compete in the San Diego Regional First Technical Challenge (FTC) Championship. Before going to the Regionals, both teams competed in league competitions, where they qualified to move on to the Regional Championship.

This is the first year in which both UCHS teams have qualified for this stage, at which a total of 35 teams from San Diego County competed for trophies and scholarships. UCHS teams ranked 18th and 27th, a very respectable outing for these two relatively new teams as they move up the rank-

ings. The UCHS Robotics Club fosters a STEM learning experience, where members are introduced to skills such as building and programming a robot, networking, communication, and leadership.

UC Del Sol Tournament Softball All Star season has begun and UC Del Sol's "Tournament Del Sol" will take place May 10 and 11 at both of Standley Middle School's fields, and at Hickman Fields in Kearny Mesa. Join them as teams from around San Diego compete for top honors in this tournament. Games will take place on all fields all day long.

The UC Del Sol spring season ended in April with Closing Day, and now teams in the 8U, 10U and 12U divisions will embark on the All-Star season. Five weekend



Centurion Robotics team members: (back row) Zachary Schremmer, Michael Smith, Pritam Mukhopadhyaya, Ian Cosgrove, Max Scott. Front row: Alex Banham, Mikaela Norum, Naama Mazor, Aleksa Radomirovic. Not pictured: Peter Eckmann.
COURTESY PHOTO

tournaments will take place until they reach the District playoffs in Santee the weekend of June 14-16. If the UC Del Sol teams are successful in Districts, they will head to the State Tournament in Lancaster June 28-30. Come out to watch the Tournament Del Sol and support girls' softball. Info: ucdelsol.com.

Music for Winds at University City United Church. The public is invited to University City United Church on Sunday, May 12 at 7 p.m. for a performance in their sanctuary of music by Beethoven and Mozart, written for an ensemble

of eight wind players. Proceeds from a free-will offering at this program will benefit the church. The musical selections will include Beethoven's "Octet" and Mozart's "Serenade in C-minor."

The Beethoven "Octet" was written in 1792, when Beethoven was 22 years old, and only 10 years after the Mozart "Serenade in C-minor." Beethoven's piece was strongly influenced by the Mozart Serenades; however, his writing, especially for the French horns, is significantly more challenging. University City United Church is at 2877 Governor Drive.

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Can hair extensions damage my hair?

No, they will not. Actually, even very fine and damaged hair can become healthier if you're wearing hair extensions because they will protect your hair from things that could damage it like curling

irons, blow dryers, styling heat and environmental damage. Because of the unique application bonding system, the extensions can be easily removed.

How do I maintain my extensions?

Judy is fully trained on how to educate her clients to professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hairstyling is very similar to how you style your hair without extensions.

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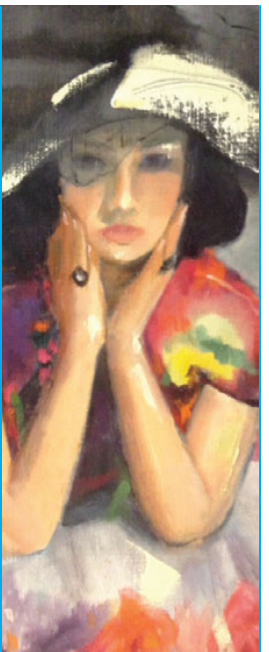
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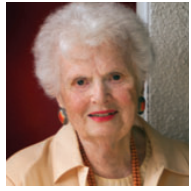
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Doing it Better

By Natasha Josefowitz, Ph.D.

You who are still reasonably young, how do you picture yourself in old age, like in your 80s, 90s, or even at 100? Do you see yourself as a tottering old person, disabled and dependent on others, or do you picture yourself as dispensing sought-after wisdom, adventurous, full of stories, creative, exploring new ideas, curious about the world? Warning: What you believe will tend to happen, because you will make it so.

Life expectancy is rising worldwide. Currently over 11 percent of the world's population are people 60 and older. The United Nations Population Fund estimates that by 2050 that number will rise to 20 percent. Every day in America 10,000 people turn 65 and join Medicare. In addition, the 85+ population is growing the fastest.

It feels counter-intuitive, but the more economically advanced the country, the less favorable the attitude towards the elderly due to industrialization lowering the status of older folks. Here in America, we are more youth obsessed than in

other countries. But many societies honor the experience associated with old age. According to Wikipedia, "mzee" in Swahili, spoken in eastern Africa, is a term used by younger speakers to communicate a high level of respect for elders. "In Hawaiian, the word 'Kūpuna' means not only elders, but also knowledge, experience, and expertise." "In Japanese, the suffix 'san' reveals the deep veneration for the old." Not so in America...here we deal with ageism on a daily basis. The old are discriminated against, dismissed, made fun of, and portrayed in the media as either fools or irrelevant.

This attitude makes it more difficult for older people to maintain a positive self-perception; this is important because the way older people view themselves correlates with health and longevity. A positive self-perception is associated with both well-being and lower mortality no matter what the reality. We need to change our culture's view of our aging population.

There is a fear of growing old. We manage this fear by avoiding looking old—as if we could delay the inevitable—hence facelifts, Botox injections, hair dyes, obsessive workouts, and buying all the anti-aging products advertised on TV. Part of this is due to the American culture having a negative perception of aging while glorifying youth. Say-

ing "she is old" is viewed as derogatory instead of "Wow, she must be very wise and have seen and lived through a lot in her lifetime."

Our culture defines successful aging as acting young. But truly successful aging is adapting well to one's age, being resilient, living on a learning curve, embracing what life remains with honesty and courage, contributing, and making the most of relationships with adult children and grandchildren. I admit to being guilty of propagating the idea that young is better than old by showing off going down stairs without holding the banister and racing my grandchildren down the hall. I am trying to act young, shouting with glee, "I am twenty. Nothing hurts." After a recent bout with a fractured sacrum, I have changed my tune to honor cautiousness, a slower step, and holding on to the banister. When people compliment me for acting young, I respond with "This is what 92 looks like."

Yes, hearing and sight are diminished, but can be aided with glasses and hearing aids. "Reaction time may slow with age, while knowledge of world events and wisdom may expand." (Wikipedia) We see the big picture better than our younger friends. Our bodies may be weaker and our memories fading, but we have increased self-confidence, say what we think, and speak the truth with the voice of authority. We have

learned to cope with adversity, accept uncertainty, see contradictions and both sides of an argument.

So instead of stereotyping us and making us invisible, probe our wisdom and our emotional intelligence. We have learned to let go, we have learned patience and acceptance, we are your role models. Our legacy is our wisdom, so listen to us.

Here is an excerpt of a poem I wrote over 10 years ago that applies just as much today as it did back then (Been There, Done That, Doing It Better! Blue Mountain Arts, 2009):

*We are living in a culture of youth worship
dominated by speed, immediacy, newness,
control, competitiveness, profit, exaggerations,
media blitz, variety, constant entertainment,
always wanting more, believing that we need more,
we are living in a culture of wrong messages.*

Let us change our culture to encourage valuing old age for its wisdom, profundity, and introspection. We still have a lot to offer.

Natasha Josefowitz is the author of more than 20 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2019. Natasha Josefowitz. All rights reserved.

LA JOLLA STUDENT RECEIVES JCF AWARD

A La Jolla High School senior is one of four San Diego students who received the Jewish Community Foundation's Peter Chortek Leadership Award for demonstrating excellence in community service.

Aurora de Tagyos – along with Ilan Matkovski, Max Matkovski, and Talia Schauder – was awarded for practicing tikkun olam, repairing the world. Tagyos' project was creating Backyard Bounty, a program that redirects surplus home-grown produce to feed the food insecure.

PCLA recipients receive a \$5,400 stipend, \$540 to establish a Donor Advised Fund at the JCF, and a professional video made about their project. Applications for the 2020 Peter Chortek Leadership Award will be available in September 2019 and will be due in January 2020. For more information, visit jcf-sandiego.org/pcla.

TEEN PIANO SENSATION ANNE LIU TO PERFORM

Steven Schick conducts Young Artists Winner and piano sensation 17-year-old Anne Liu in Camille Saint-Saens' witty "Piano Concerto No. 2" May 4 at 7:30 p.m. and May 5 at 2 p.m. at the Mandeville Auditorium, UC San Diego. The program begins with Pulitzer Prize-winning composer Julia Wolfe's Fuel, accompanied by a Bill Morrison film, and concludes with Jean Sibelius' mighty Symphony No. 5. A pre-concert lecture is given by Steven Schick one hour prior to each performance. For more information or tickets call 858-534-4637 or visit lajollasympphony.com.

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SAN DIEGO NAMED AMERICA'S LAZIEST DATING CITY

It's official. San Diego is terrible at dating. "The Great Love Debate," a nationally-touring series of live Town Hall-style theatrical events, recently dubbed San Diego as "America's Laziest Dating City" for 2019. The winner of this coveted tittle was determined using a formula that considered the opinions and demographic data from over 92,000 singles who have attended the tour's shows over the last five years, and the millions who have listened to the top-rated "Great Love Debate with Brian Howie Podcast."

According to those findings, San Diego singles "earned low marks across the board for their lack of communication, chronic inaction, and stubbornness in their search for love."

Ouch. Host Brian Howie explains that San Diego is just one of those cities where single people like to make things harder for themselves when it comes to love.

"The men and women in San Diego will drive 12 miles for a deal on a desk at IKEA, yet won't go from Mission Valley to Carlsbad to meet someone new," he said in a press release. "The abundance of sunshine has created a lack of urgency, a sense of malaise, and a dearth of dates throughout San Diego County." For more information, visit greatlovedebate.com.

ARTPOWER PRESENTS ETM: DOUBLE DOWN

ArtPower's dance series will present an ETM (electronic tap music) show at 8 p.m. on May 15 at the Mandell Weiss Theatre at UC San Diego. "ETM: Double Down" showcases traditional tap dance with a modern twist by using electronic trigger boards that turn the entire stage into an instrument. Tickets start at \$30 and can be purchased online at ucsdboxoffice.com.

LJ COMMUNITY CENTER HOSTS HEALTH FAIR

The La Jolla Community Center will host an art exhibit for the Allied Artists Association of San Diego from 5 to 7 p.m. on May 11. The center will also host a health fair from 10 a.m. to 2 p.m. on May 31. The fair will include over 20 conventional and natural medicine health experts and free class demos for Zumba, jazz dance, yoga and more. Both events will be held at the center, 6811 La Jolla Blvd. For more information, visit ljcommunity-center.org.

AMERICAN CETACEAN SOCIETY PRESENTS TALK ON LEOPARD SEALS

The San Diego Chapter of the American Cetacean Society will present a talk on leopard seals at 7 p.m. on May 8 at the Sumner Auditorium, 8595 La Jolla Shores Dr. The presentation, given by Douglas Krause, Ph.D., a research biologist with NOAA, will highlight on understanding how Antarctic fur and ice seal populations are responding to a rapidly warming climate in the Antarctic Peninsula. For more information, visit acssandiego.org.

KAABOO DEL MAR ADDS BRYAN ADAMS

Bryan Adams will join headliners Kings of Leon, Dave Matthews Band, Mumford & Sons, and Duran Duran at the fifth annual KAABOO Del Mar festival, happening Sept. 13-15. The announcement comes on the heels of the Grammy-winning rock icon's stand-out set at the inau-

gural KAABOO Cayman festival held this past February. Adams will also join hit-makers One Republic, Black Eyed Peas, Sheryl Crow, and Maren Morris, as well as a special Snoop Dogg + WuTang Clan collaboration, and crowd favorites The Revivalists.

LA JOLLA NATIVE AND WILDLIFE BIOLOGIST WILL DISCUSS BOOK

After decades of working with communities to conserve mountain lions and other large carnivores, wildlife biologist and La Jolla native Jim Williams explores how wildlife thrives where conservation, community and culture overlap at Warwick's on Monday, May 13 and 7:30 p.m.

In "Path of the Puma: The Remarkable Resilience of the Mountain Lion," Williams celebrates wildlife research and conservation of ghost cats

from Canada's southern Yukon Territory to Tierra del Fuego in Argentina and Chile, exploring what makes this cat, the fourth carnivore in the food chain – just ahead of humans – so resilient and resourceful. He shares stories of magical landscapes, remarkable wildlife habitats, and the people who work to protect them.

SOUND HEALER DONATELLA MOLTISANTI COMES TO LA JOLLA

Sound healer Donatella Moltisanti will present a scientific discussion on healing chronic illness through music at 10 a.m. on May 14 at Trilogy Sanctuary, 7650 Girard Ave. Moltisanti will talk about the healing powers of music and how she discovered that her debilitating physical pain disappeared when she began studying opera. For more information, visit donatellamoltisanti.com.



ARTPOWER DANCE SERIES

Founded in 2011 by artistic director Michelle Dorrance, Dorrance Dance is an award-winning tap dance company that will perform Mandell Weiss Theatre at UC San Diego on May 15. COURTESY PHOTO



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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008263. Fictitious Business Name(s) a. AERO SECURITY b. AERO LOCKSMITH c. AERO LOCKSMITH & SECURITY SERVICE d. AEROCURRYCOM e. AERO MOBILE LOCKSMITH f. LA JOLLA LAS MOBILE LOCKSMITH SERVICE g. AERO LOCK. Located at: 1903 MORENA BLVD #101, SAN DIEGO, CA 92110. Is registered by the following: DAVID H. PEARSON. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/15/03. Registrant Name: DAVID H. PEARSON. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 29, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008535. Fictitious Business Name(s) JONES STREET DESIGN CO. Located at: 2756 TOKALON STREET, SAN DIEGO, CA 92110. Is registered by the following: REBECCA JANE JONES. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: REBECCA JANE JONES. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 03, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008588. Fictitious Business Name(s) RISE MORTGAGE & REAL ESTATE. Located at: 3705 PACIFIC HIGHWAY, STE. 100, SAN DIEGO, CA 92110. Is registered by the following: RISE MRE INC. This business is conducted by: A CORPORATION. The first day of business was: 12/15/17. Registrant Name: RISE MRE INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 03, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008186. Fictitious Business Name(s) TT'S PLUMBING. Located at: 4314 QUAPAW AVE, SAN DIEGO, CA 92117. Is registered by the following: TREVOR NATHAN THOMAS. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: TREVOR NATHAN THOMAS. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 29, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008777. Fictitious Business Name(s) PEEKY INVESTIGATIONS. Located at: 8841 PRODUCTION AVE, SAN DIEGO, CA 92121. Is registered by the following: BRITTANY DREY. This business is conducted by: AN INDIVIDUAL. The first day of business was: 11/20/18. Registrant Name: BRITTANY DREY. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 04, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008925. Fictitious Business Name(s) THE EVERYTHING NETWORK. Located at: 24731 BJOIN RD, RAMONA, CA 92065. Is registered by the following: MICHAEL PATRICK RAHER. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/01/19. Registrant Name: MICHAEL PATRICK RAHER. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 08, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008905. Fictitious Business Name(s) OCEAN BEACH MEAT COMPANY. Located at: 4474 CAPE MAY AVE, SAN DIEGO, CA 92107. Is registered by the following: ROBERT VENANTILUS KOKINDA JR. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: ROBERT VENANTILUS KOKINDA JR. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 05, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008919. Fictitious Business Name(s) DAUGHTERS OF SELENE. Located at: 6648 BARNHURST DR., SAN DIEGO, CA 92117. Is registered by the following: JENNY PHAM LUU. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: JENNY PHAM LUU. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 08, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008922. Fictitious Business Name(s) THE FIT FOUNDATION. Located at: 4967 1/2 CORONADO AVE, SAN DIEGO, CA 92107. Is registered by the following: LAUREN NICOLE KALLEN. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/08/19. Registrant Name: APRIL GOODJOHN. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 02, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008940. Fictitious Business Name(s) SQUARE ONE FINE ARTS. Located at: 6140 BEAUMONT AVE, LA JOLLA, CA 92037. Is registered by the following: APRIL GOODJOHN. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/08/19. Registrant Name: APRIL GOODJOHN. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 08, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008504. Fictitious Business Name(s) AH SUSHI & GRILL. Located at: 3949 GOVERNOR DR., SAN DIEGO, CA 92122. Is registered by the following: ATO SUSHI CO. This business is conducted by: A CORPORATION. The first day of business was: 04/02/19. Registrant Name: ATO SUSHI CO. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 03, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008905. Fictitious Business Name(s) a. GYPSY THREDS b. GYPSY THREDS c. TASTY GODDESS d. JUICE AND GRIND e. ORGANIC GODDESS f. RISE AND GRIND g. GYPSY TREE. Located at: 6032 HORTON DRIVE, LA MESA, CA 91942. Is registered by the following: SHELLY ANN LAFERTY. This business is conducted by: AN INDIVIDUAL. The first day of business was: 01/01/19. Registrant Name: SHELLY ANN LAFERTY. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 09, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007137. Fictitious Business Name(s) XOM GLOBAL SD LLC. Located at: 3355 ADMIRAL BOLAND WAY #R190, SAN DIEGO, CA 92101. Is registered by the following: GREEN MOTION SAN LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: 12/14/18. Registrant Name: GREEN MOTION SAN LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 11, 2019. ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007138. Fictitious Business Name(s) a. ECONOMY RAC and b. ACE RAC. Located at: 3355 ADMIRAL BOLAND WAY #R190, SAN DIEGO, CA 92101. Is registered by the following: XOM GLOBAL SD LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: 12/14/18. Registrant Name: XOM GLOBAL SD LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 19, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008211. Fictitious Business Name(s) GREEN MOTION SAN LLC. Located at: 3355 ADMIRAL BOLAND WAY #R190, SAN DIEGO, CA 92101. Is registered by the following: XOM GLOBAL SD LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: 12/14/18. Registrant Name: XOM GLOBAL SD LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 29, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-900155. Fictitious Business Name(s) a. GREEN MOTION and b. ECONOMY. Located at: 3355 ADMIRAL BOLAND WAY #R190, SAN DIEGO, CA 92101. Is registered by the following: XOM GLOBAL SD LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: 12/14/18. Registrant Name: XOM GLOBAL SD LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 09, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007139. Fictitious Business Name(s) MOTION AUTO. Located at: 1025 W LAUREL STREET #107, SAN DIEGO, CA 92101. Is registered by the following: XOM GLOBAL SD LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: 12/14/18. Registrant Name: XOM GLOBAL SD LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 19, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007463. Fictitious Business Name(s) L & A CONCRETE PUMPING. Located at: 29651 ROBLE VERDE RD, VALLEY CENTER, CA 92082. Is registered by the following: MARIA DE LOS ANGELES MARTINEZ. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: MARIA DE LOS ANGELES MARTINEZ. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 21, 2019. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

SUPERIOR COURT OF CALIFORNIA, SAN DIEGO CASE NO: 37-2019-0001829-CU-PT-CTL. FILE DATE: APRIL 08, 2019. PETITIONER OR ATTORNEY: STEVEN TRAN HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM: a. STEVEN TRAN TO STEVEN LAURENTIUS ROSHOLT b. HUE THI THANH TRAN TO TRINH TRAN ROSHOLT c. RIKSEAN QUOC TRAN TO RIKSEAN TOLFO ROSHOLT d. EILENE THANH TRAN TO EILENE ALICIA ROSHOLT. The Court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JUNE 27, 2019, TIME: 9:00 AM, DEPARTMENT 903, AT 1100 UNION STREET, SAN DIEGO, CA 92101 A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Peninsula Beacon & La Jolla Village News. ISSUE DATES: APRIL 11, 19, 26 & MAY 3.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009421. Fictitious Business Name(s) SOUTHWEST PACIFIC LOGISTICS. Located at: 10140 MARCONI DR. STE. B, SAN DIEGO, CA 92154. Is registered by the following: EDUARDO MEDRANO AGUNDEZ. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/03/19. Registrant Name: EDUARDO MEDRANO AGUNDEZ. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 11, 2019. ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009421. Fictitious Business Name(s) SOUTHWEST PACIFIC LOGISTICS. Located at: 10140 MARCONI DR. STE. B, SAN DIEGO, CA 92154. Is registered by the following: EDUARDO MEDRANO AGUNDEZ. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/03/19. Registrant Name: EDUARDO MEDRANO AGUNDEZ. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 11, 2019. ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

SUMMONS (Family Law) [PETITION] CITACION (Derecho familiar) CASE # (NUMERO DE CASO) KD093249 NOTICE TO RESPONDENT AVISO AL DEMANDADO: ESTHER RIVERA. You are being sued. Read the information below and on the next page. Lo han demandando. Lea la informacion a continuacion y en la pagina siguiente. Petitioner's Name is: Nombre del demandante: RICHARD RIVERA. You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association. Tiene 30 dias de calendario despues de haber recibido la entrega legal de esta Citacion y Petition para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefonica o una audiencia de la corte no basta para protegerlo. Si no presenta su Respuesta a tiempo, la corte puede dar ordenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte tambien le puede ordenar que pague manutencion, y honorarios y costos legales. Para asesoramiento legal, pongase en contacto de inmediato con un abogado. Puede obtener informacion para encontrar un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en el sitio web de lost Servicios Legales de California (www.lawhelpca.org) o por contactando your local county bar association.

ifornia Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association. Tiene 30 dias de calendario despues de haber recibido la entrega legal de esta Citacion y Petition para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefonica o una audiencia de la corte no basta para protegerlo. Si no presenta su Respuesta a tiempo, la corte puede dar ordenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte tambien le puede ordenar que pague manutencion, y honorarios y costos legales. Para asesoramiento legal, pongase en contacto de inmediato con un abogado. Puede obtener informacion para encontrar un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en el sitio web de lost Servicios Legales de California (www.lawhelpca.org) o poniendose en contacto con el colegio de abogados de su condado. NOTICE-RESTRRAINING ORDERS ARE: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or sent a copy of them. AVISO-LAS ORDENES DE RESTRICCIÓN: Las ordenes de restricción estan en vigencia en cuanto a ambos conyuges o miembros de la pareja de hecho hasta que se despidia la petition, se emita un fallo o la corte de otras ordenes. Cualquier acuerdo del orden publico que haya recibido o visto una copia de estas ordenes puede hacerlas acatar en cualquier lugar de California. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. EXENCION DE CUOTAS: Si no puede pagar la cuota de presentacion, pida al secretario un formulario de exencion de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a petition de usted o de la otra parte. The name and address of the court are: (El nombre y direccion de la corte son): SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, 1100 UNION STREET, SAN DIEGO, CA 92101. The name, address, and telephone number of petitioner's attorney, or petitioner without an attorney, are: (El nombre, direccion y numero de telefono del abogado del demandante, o del demandante si no tiene abogado, son): GUSTAVO DELGADILLO 5544 BALBOA ARMS DRIVE, SAN DIEGO, CA 92101 CELL: (619)964-6911 Date (Fecha): APRIL 02, 2019 Clerk, by (Secretario, por), Deputy (Asistente) ISSUE DATES: APRIL 19, 26, MAY 03 & 10, 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007463. Fictitious Business Name(s) L & A CONCRETE PUMPING. Located at: 29651 ROBLE VERDE RD, VALLEY CENTER, CA 92082. Is registered by the following: MARIA DE LOS ANGELES MARTINEZ. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: MARIA DE LOS ANGELES MARTINEZ. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 21, 2019. ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009339. Fictitious Business Name(s) ESPINOZA QUALITY PAINTING. Located at: 2474 COMMERCIAL ST., SAN DIEGO, CA 92113. Is registered by the following: ITXEL DIANA BAUTISTA. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/09/19. Registrant Name: ITXEL DIANA BAUTISTA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 10, 2019. ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009303. Fictitious Business Name(s) PLHS CLASS OF 1989. Located at: 4369 SANTA CRUZ AVE., SAN DIEGO, CA 92107. Is registered by the following: KENNETH DAREN SCHNEIDER. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: KENNETH DAREN SCHNEIDER. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 10, 2019. ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

SUMMONS (Family Law) [PETITION] CITACION (Derecho familiar) CASE # (NUMERO DE CASO) KD093249 NOTICE TO RESPONDENT AVISO AL DEMANDADO: ESTHER RIVERA. You are being sued. Read the information below and on the next page. Lo han demandando. Lea la informacion a continuacion y en la pagina siguiente. Petitioner's Name is: Nombre del demandante: RICHARD RIVERA. You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association. Tiene 30 dias de calendario despues de haber recibido la entrega legal de esta Citacion y Petition para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefonica o una audiencia de la corte no basta para protegerlo. Si no presenta su Respuesta a tiempo, la corte puede dar ordenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte tambien le puede ordenar que pague manutencion, y honorarios y costos legales. Para asesoramiento legal, pongase en contacto de inmediato con un abogado. Puede obtener informacion para encontrar un abogado en el Centro de

News

PLUNGE POOL, FITNESS CENTER AT BELMONT PARK TO REOPEN IN JUNE

By DAVE SCHIWAB | BEACH & BAY PRESS

In a ceremony on Jan. 30, 2017, officials, stakeholders and Mission Beach residents watched as Belmont Park’s historic landmark Plunge swimming pool came tumbling down.

Its replacement, new from the ground up and now housing Fit Mission Beach at 3115 Ocean Front Walk, will finally reopen in early June.

“The building is all complete,” said Aldo Avila-Loaiza, account manager with Fit Athletic Club, which has three San Diego locations and a fourth coming to Little Italy. “What’s left is installation of all the equipment.”

Avila-Loaiza said the pool will be on the ground level, with state-of-the-art functional fitness equipment and free weights above on the second floor and roof deck.

“It’s going to be a full fitness club,” said Avila-Loaiza, who had a table in



front of the restored pool’s building front advertising club membership. He said plans are for Fit to begin giving tours of the brand-new facility starting in May with pre-enrolled members given priority.

“This is going to be private membership, though there are going to be drop-in days where we’re welcoming

everyone,” said Avila-Loaiza. “For a small fee, people can use the pool, or just drop in for a day, or a couple of days.”

The Fit rep said the new club will have only month-to-month memberships and no long-term contracts. He added the core market for the new Fit club are the beaches and environs

The new building features a glass retractable-roof system promoting natural air circulation.

within a 20-mile radius.

The 2017 groundbreaking event for the Plunge’s restoration included a plaque unveiling dedicated to Mission Beach educator Maruta Gardner, who was tragically killed in 2016 by an intoxicated driver while painting out graffiti near the Mission Beach jetty.

Belmont Park and its iconic Plunge pool’s history date back to the 1920s and wealthy sugar magnate John D. Spreckels, who was pioneering San Diego’s early development.

To stimulate real estate sales and promote his electric railway, Spreckels built the Mission Beach Amusement Center, now Belmont Park, in 1925.

In 1940, the salt water of the Plunge began to damage its filtration system and fresh water was brought in. The Plunge then became “the

largest indoor heated pool in Southern California,” at 12,000 square feet.

After acquiring the lease to Belmont Park in 2012, Pacifica Enterprises and the City of San Diego negotiated a new lease in 2015 and entered into a partnership.

Boasting a predominantly glass façade, the new Plunge has integrated exterior light with interior coastal textures.

The new building features a glass retractable-roof system promoting natural air circulation and preventing some of the deterioration issues that previously plagued the old building from moisture and saltwater.

“We are confident the revitalized swimming pool, coupled with the new athletic center as the re-imagined and reconstructed Fit Plunge, will serve as a source of great pride for the Mission Beach community for generations to come,” noted Dario De Luca, president/COO of Pacifica Enterprises, at the 2017 groundbreaking for the Plunge’s restoration.

LEGALS ADS 900

poniendose en contacto con el colegio de abogados de su condado. NOTICE-RESTRAINING ORDERS ARE: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. AVISO-LAS ORDENES DE RESTRICCION: Las ordenes de restricción estan en vigencia en cuanto a ambos conyuges o miembros de la pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte de otras ordenes. Cualquier agencia del orden publico que haya recibido o visto una copia de estas ordenes puede hacerlas acatar en cualquier lugar de California. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. EXENCION DE CUOTAS: Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a petición de usted o de la otra parte. The name and address of the court are (El nombre y dirección de la corte son): POMONA COURTHOUSE SOUTH, 400 CIVIC CENTER PLAZA, POMONA, CA 91766 The name, address, and telephone number of petitioner’s attorney, or petitioner without an attorney, are: (El nombre, dirección y número de telefono del abogado del demandante, o del demandante si no tiene abogado, son): RICHARD RIVERA, 4327 LANDIS AVE, BALDWIN PARK, CA 91706 Date (Fecha): SEPTMBER 03, 2015 Clerk, by (Secretario, por), E. RODRIGUEZ, Deputy (Asistente) SHERRI R CARTER. ISSUE DATES: APRIL 19, 26 & MAY 03 & 10, 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009071. Fictitious Business Name(s) NATIVE EROS. Located at: 1130 WALL STREET #519, LA JOLLA, CA 92037. Is registered by the following: NATIVE EROS LLC. This business is conducted by: A LIMITED LIABILITY CORPORATION. The first day of business was: 02/06/19. Registrant Name: NATIVE EROS LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor CEO. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 08, 2019 ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009800. Fictitious Business Name(s) MIKO GIFT USA. Located at: 7130 MIRAMAR RD., SAN DIEGO, CA 92121. Is registered by the following: GREEN RHINO INC. This business is conducted by: A CORPORATION. The first day of business was: 05/20/13. Registrant Name: GREEN RHINO INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor MEMBER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 15, 2019. ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009874. Fictitious Business Name(s) a. BETTER GRIP and b. BETTER GRIP INC. Located at: 1333 THOMAS AVE., APT. 7, SAN DIEGO, CA 92109. Is registered by the following: BETTER GRIP SPORTS PRODUCTS INC. This business is conducted by: A CORPORATION. The first day of business was: N/A. Registrant Name: BETTER GRIP SPORTS PRODUCTS INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PRESIDENT, CEO. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 16, 2019. ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009889. Fictitious Business Name(s) DEEPBLUE CONSULTANTS. Located at: 7701 EADS AVENUE, LA JOLLA, CA 92037. Is registered by the following: DR. JAMES R. RIVET. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/15/19. Registrant Name: DR. JAMES R. RIVET. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 16, 2019. ISSUE DATES: APRIL 19, 26, MAY 3 & 10.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009697. Fictitious Business Name(s) a. CORDOVA BAR and b. THE CORDOVA BAR. Located at: 1319 MORENA BLVD, SAN DIEGO, CA 92110. Is registered by the following: 1319 MORENA BLVD LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: 11/14/18. Registrant Name: 1319 MORENA BLVD LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor MEMBER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 12, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009698. Fictitious Business Name(s) a. COVE HOUSE and b. THE COVE HOUSE. Located at: 8030 GIRARD AVE, LA JOLLA, CA 92037. Is registered by the following: 8030 GIRARD LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of busi-

ness was: 03/20/19. Registrant Name: 8030 GIRARD LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor MEMBER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 12, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009911. Fictitious Business Name(s) GORILLA WERKS. Located at: 892 DELGADO PL, ESCONDIDO, CA 92025. Is registered by the following: SJMJ ENTERPRISES INC. This business is conducted by: A CORPORATION. The first day of business was: N/A. Registrant Name: SJMJ ENTERPRISES INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor CEO. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 16, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009687. Fictitious Business Name(s) a. AZAL BEAUTY and b. TOPNOTCH CLASSIC. Located at: 9388 TWIN TRAILS DRIVE #101, SAN DIEGO, CA 92129. Is registered by the following: a. ALYAH PORTER and b. KIAPPA PORTER. This business is conducted by: A GENERAL PARTNERSHIP. The first day of business was: N/A. Registrant Name: ALYAH PORTER. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 12, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009913. Fictitious Business Name(s) ON TRACK WELLNESS. Located at: 3481 KURTZ ST., SAN DIEGO, CA 92110. Is registered by the following: a. NATHANIEL CHURCH and b. ERIC ROMO. This business is conducted by: A GENERAL PARTNERSHIP. The first day of business was: 04/16/19. Registrant Name: NATHANIEL CHURCH. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 16, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008868. Fictitious Business Name(s) a. BRANDEL TERRACE and b. MOUNT MIGUEL COVENANT VILLAGE CARE CENTER. Located at: 325 KEMPTON STREET, SPRING VALLEY, CA 91977. Is registered by the following: COVENANT LIVING WEST. This business is conducted by: A CORPORATION. The first day of business was: 02/11/1984. Registrant Name: COVENANT LIVING WEST. Title of Officer, if Limited Liability Company/Corporation, Title of Signor ASSISTANT SECRETARY. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 05, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008871. Fictitious Business Name(s) ELITE DIAMOND RETIREMENT COMMUNITIES WEST. Located at: 325 KEMPTON STREET, SPRING VALLEY, CA 91977. Is registered by the following: COVENANT LIVING WEST. This business is conducted by: A CORPORATION. The first day of business was: 12/23/1975. Registrant Name: COVENANT LIVING WEST. Title of Officer, if Limited Liability Company/Corporation, Title of Signor ASSISTANT SECRETARY. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 05, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009363. Fictitious Business Name(s) HELLO HEADPHONES. Located at: 6336 CAMINITO FLECHA, SAN DIEGO, CA 92111. Is registered by the following: JORDAN SILVER. This business is conducted by: AN INDIVIDUAL. The first day of business was: 12/15/18. Registrant Name: JORDAN SILVER. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 10, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9010008. Fictitious Business Name(s) ELITE DIAMOND FITNESS. Located at: 8525 ROLAND ACRES DR., SANTEE, CA 92071. Is registered by the following: ALFONSO MIGUEL GREGG. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/14/19. Registrant Name: ALFONSO MIGUEL GREGG. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 17, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9010078. Fictitious Business Name(s) MAGDA’S CLEANING SERVICES. Located at: 2810 UNION ST. #12, SAN DIEGO, CA 92103. Is registered by the following: MAGDALENA ARZAGA. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/17/19. Registrant Name: MAGDALENA ARZAGA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 17, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9010229. Fictitious Business Name(s) a. WAVES FOREVER and b. WAVES-FOREVER.COM. Located at: 1804 GARNET AVE. NO. 374, SAN DIEGO, CA 92109. Is registered by the following: YUICHI IMAI. This business is conducted by: AN INDIVIDUAL. The first day of business was: 09/04/09. Registrant Name: YUICHI IMAI. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 18, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9009242. Fictitious Business Name(s) a. RELIANT CAPITOL and b. BATH PLANET. Located at: 4838 RONSON COURT, STE A, SAN DIEGO, CA 92111. Is registered by the following: OPTUM HOME SOLUTIONS, INC. This business is conducted by: A CORPORATION. The first day of business was: N/A. Registrant Name: OPTUM HOME SOLUTIONS, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PRESIDENT. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 10, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9006117. Fictitious Business Name(s) REEFVENTURE. Located at: 1253 MANZANA WAY, SAN DIEGO, CA 92139. Is registered by the following: KRISTONE PAUL NICOLAS. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: KRISTONE NICOLAS. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 08, 2019. ISSUE DATES: APRIL 05, 26, May 03 & 10.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008303. Fictitious Business Name(s) EASY ASSET RECOVERY. Located at: 2888 LOKER AVE EAST, CARLSBAD, CA 92010. Is registered by the following: MCSV ENTERPRISES LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: N/A. Registrant Name: MCSV ENTERPRISES LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor MANAGER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 02, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007997. Fictitious Business Name(s) a. SENIORCARE IT and b. SENIORCAREIT.COM. Located at: 888 PROSPECT STREET SUITE 200, LA JOLLA, CA 92037. Is registered by the following: ENDLESS TECHNOLOGY SOLUTIONS, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: N/A. Registrant Name: ENDLESS TECHNOLOGY SOLUTIONS, LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor MANAGING MEMBER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 27, 2019. ISSUE DATES: APRIL 26, MAY 3, 10 & 17.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9010534. Fictitious Business Name(s) HERMANOS MEDRANO AUTOSALE. Located at: 10140 MARCONI DRIVE STE. B, SAN DIEGO, CA 92154. Is registered by the following: YADIRA MEDRANO. This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/23/19. Registrant Name: YADIRA MEDRANO. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 23, 2019. ISSUE DATES: MAY 3, 10, 17 & 24.

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2019-9010729 Fictitious Business Name to be Abandoned: CARALINDA DESIGN. Located at: 3219 GARRISON ST., SAN DIEGO, CA, 92106. The Fictitious Business name referred to above was filed in San Diego County on: 10/21/2016 and assigned File No. 2016-027413. Fictitious Business name is being abandoned by: MARCIA SALES FERRO, 3219 GARRISON ST., SAN DIEGO, CA, 92106. This business is conducted by: AN INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) Registrant name: MARCIA SALES FERRO. Title of officer, if limited liability company/corporation. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 25, 2019. Issue Dates: MAY 3, 10, 17 & 24.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9010819. Fictitious Business Name(s) a. CLEARSTEM SKINCARE b. CLEARSTEM SKINCARE c. CLEARTRUTH SKINCARE d. CLEARTRUTH SKIN CARE e. CLEAR TRUTH SKINCARE f. CLEAR TRUTH SKIN CARE. Located at: 7440 GIRARD AVE. #10, LA JOLLA, CA 92037. Is registered by the following: KD SKINCARE LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: 01/01/17. Registrant Name: KD SKINCARE LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor DANIELLE GRONICH CEO. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on:

APRIL 26, 2019. ISSUE DATES: MAY 3, 10, 17 & 24.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9010820. Fictitious Business Name(s) a. SAN DIEGO ACNE CLINIC b. SAN DIEGO ACNE SOLUTIONS c. SD ACNE SOLUTIONS d. LA JOLLA ACNE CLINIC e. SO CAL ACNE CLINIC f. SAN DIEGO ACNE CARE g. ACNE CARE OF SAN DIEGO h. ACNE CLINIC OF SAN DIEGO i. SO CAL ACNE SPECIALISTS j. SAN DIEGO ACNE SPECIALISTS k. SD ACNE CLINIC l. SD ACNE SPECIALISTS. Located at: 7440 GIRARD AVE. #9, LA JOLLA, CA 92037. Is registered by the following: SAN DIEGO ACNE SOLUTIONS INC. This business is conducted by: A CORPORATION. The first day of business was: 01/01/18. Registrant Name: SAN DIEGO ACNE SOLUTIONS INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PRESIDENT/OWNER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 26, 2019. ISSUE DATES: MAY 3, 10, 17 & 24.

SUPERIOR COURT OF CALIFORNIA, SAN DIEGO CASE NO: 37-2019-00021701-CJ-PT-CTL. FILE DATE: APRIL 26, 2019. PETITIONER OR ATTORNEY: DINNA LORRAINE KRAEMER HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER’S NAME FROM: a. DINNA LORRAINE KRAEMER TO DINNA LORRAINE CENTENO-MALVIDO. The Court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JULY 11, 2019, TIME: 9:00 AM, DEPARTMENT 903, AT 1100 UNION STREET, SAN DIEGO, CA 92101 A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Beach & Bay Press, The Peninsula Beacon & La Jolla Village News. ISSUE DATES: MAY 3, 10, 17 & 24.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9011005. Fictitious Business Name(s) THE GREAT WAVE. Located at: 861 HORNBLEND ST., SAN DIEGO, CA 92109. Is registered by the following: a. CHARLIE JIMENEZ CUNG and b. TIM MCEVOY. This business is conducted by: A GENERAL PARTNERSHIP. The first day of business was: N/A. Registrant Name: CHARLIE JIMENEZ CUNG. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 29, 2019. ISSUE DATES: MAY 3, 10, 17 & 24.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9010979. Fictitious Business Name(s) SAN DIEGO SURF SC – POINT LOMA. Located at: 2335 CUSHING RD., SAN DIEGO, CA 92106. Is registered by the following: POINT LOMA SOCCER ASSOCIATION. This business is conducted by: A CORPORATION. The first day of business was: 01/01/19. Registrant Name: POINT LOMA SOCCER ASSOCIATION. Title of Officer, if Limited Liability Company/Corporation, Title of Signor PRESIDENT. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 29, 2019. ISSUE DATES: MAY 3, 10, 17 & 24.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9011007. Fictitious Business Name(s) KEYRENTER SAN DIEGO PROPERTY MANAGEMENT. Located at: 1455 FRAZEE ROAD STE. 500, SAN DIEGO, CA 92018. Is registered by the following: OAKLAND REALTY AND INVESTMENTS CO. This business is conducted by: A CORPORATION. The first day of business was: N/A. Registrant Name: OAKLAND REALTY AND INVESTMENTS CO. Title of Officer, if Limited Liability Company/Corporation, Title of Signor CHIEF EXECUTIVE OFFICER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 29, 2019. ISSUE DATES: MAY 3, 10, 17 & 24.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9010712. Fictitious Business Name(s) a. COVENANT LIVING AT MOUNT MIGUEL and b. MOUNT MIGUEL COVENANT VILLAGE. Located at: 325 KEMPTON STREET, SPRING VALLEY, CA 91977. Is registered by the following: COVENANT LIVING WEST. This business is conducted by: A CORPORATION. The first day of business was: 04/01/19. Registrant Name: COVENANT LIVING WEST. Title of Officer, if Limited Liability Company/Corporation, Title of Signor ASSISTANT SECRETARY. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 25, 2019. ISSUE DATES: MAY 3, 10, 17 & 24.

SUMMONS (Family Law) CITACION (Derecho familiar) CASE # (NUMERO DE CASO) 19FL000649C NOTICE TO RESPONDENT AVISO AL DEMANDADO: TEDARYL RAY CHAPMAN. You are being sued. Read the information below and on the next page. Lo han demandado. Lea la informacion a continuación y en la pagina siguiente. Petitioner’s Name is: Nombre del demandante: MARY THERESA BROWN CHAPMAN. You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petition-


er. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association. Tiene 30 días de calendario despues de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefonica o una audiencia de la corte no basta para protegerlo. Si no presenta su Respuesta a tiempo, la corte puede dar ordenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte tambien le puede ordenar que pague manutencion, y honorarios y costos legales. Para asesoramiento legal, pongase en contacto de inmediato con un abogado. Puede obtener informacion para encontrar un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en el sitio web de lost Servicios Legales de California (www.lawhelpca.org) o poniendose en contacto con el colegio de abogados de su condado. NOTICE-RESTRAINING ORDERS ARE: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. AVISO-LAS ORDENES DE RESTRICCION: Las ordenes de restricción estan en vigencia en cuanto a ambos conyuges o miembros de la pareja de hecho hasta que se despidia la petición, se emita un fallo o la corte de otras ordenes. Cualquier agencia del orden publico que haya recibido o visto una copia de estas ordenes puede hacerlas acatar en cualquier lugar de California. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. EXENCION DE CUOTAS: Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a petición de usted o de la otra parte. The name and address of the court are (El nombre y dirección de la corte son): SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL DIVISION, CENTRAL COURTHOUSE, 1100 UNION STREET, SAN DIEGO, CA 92101. The name, address, and telephone number of petitioner’s attorney, or petitioner without an attorney, are: (El nombre, dirección y número de telefono del abogado del demandante, o del demandante si no tiene abogado, son): MARY THERESA BROWN CHAPMAN, 8148 GENESEE AVENUE #31, SAN DIEGO, CA 92122 Date (Fecha): JANUARY 17, 2019 Clerk, by (Secretario, por), N. REYES, Deputy (Asistente) ISSUE DATES: MAY 03, 10, 17 & 24, 2019.

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2019-9011139 Fictitious Business Name to be Abandoned: QTICLES NAILS & SPA. Located at: 1463 GARNET AVE., SAN DIEGO, CA, 92109. The Fictitious Business name referred to above was filed in San Diego County on: 03/30/2016 and assigned File No. 2016-009005. Fictitious Business name is being abandoned by: HELEN HA DINH, 2720 PRATO LN., SAN DIEGO, CA 92108. This business is conducted by: AN INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) Registrant name: HELEN HA DINH. Title of officer, if limited liability company/corporation. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: APRIL 30, 2019. Issue Dates: MAY 3, 10, 17 & 24.

SUPERIOR COURT OF CALIFORNIA, SAN DIEGO CASE NO: 37-2019-0002180-CJ-PT-NC. FILE DATE: APRIL 18, 2019. PETITIONER OR ATTORNEY: FLORENCIA GUADALUPE VENEGAS HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER’S NAME FROM: a. FLORENCIA GUADALUPE VENEGAS TO FLOR CAMILA MALDONADO. The Court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JUNE 18, 2019, TIME: 8:30 AM, DEPARTMENT 23, AT 325 S. MELROSE DR., VISTA, CA 92081 A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Beach & Bay Press, The Peninsula Beacon & La Jolla Village News. ISSUE DATES: MAY 3, 10, 17 & 24.



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FROM MY GARDEN – Spice up summer with herbs and mint juleps

By LINDA MARRONE | LA JOLLA VILLAGE NEWS

May is the perfect month to start a summer herb garden with basil, oregano, cilantro, chives, mint dill and tarragon. Choose a sunny location and water your plants when the soil dries out. You can plant herbs in the garden or they do very well in containers, even on a sunny kitchen windowsill. As you snip your herbs the plants will reward you with new flavorful growth.

Basil – Use sweet basil to compliment summer tomato dishes or add it to fresh corn sautéed with just a touch of butter. Tear the leaves of lemon basil and mix with olive oil, garlic, capers, sea salt and freshly ground pepper for a simple marinade or sauce to use with grilled fish or chicken. Tearing basil instead of using a knife to cut it will prevent the bright green leaves from darkening.

Oregano – There are two main varieties of oregano, and Mexican. Mediterranean oregano is in the mint family and it goes well with Mediterranean dishes, just like basil. Mexican oregano is in the lemon verbena family and it has a citrus-like flavor that compliments the flavor of chilies and the spice cumin.

Cilantro – Cilantro is used in many Mexican and Asian dishes.



Plant a variety of herbs that pair with summers bounty of vegetables.

LINDA MARRONE / VILLAGE NEWS

Stir fresh chopped cilantro into mashed avocado with chopped Roma tomatoes, onions, fresh jalapeno, a squeeze of lime juice and a few pinches of sea salt and pepper for a delicious guacamole and have a Happy Cinco de Mayo!

Chives – With a mild onion flavor, add chives to lemon vinaigrette

and toss with cooked baby potatoes that have been cut in half. Add chopped celery and dill for a light version of potato salad. Snipping chives with scissors is the best way to cut them into pieces. The plants pink blossoms make a beautiful garnish.

Mint – Muddle mint leaves to make a Mojito or Mint Juleps. Mint

will take over your garden, so plant it in a container by itself where you can control its growth. Chop mint leaves and scallions and add them to Greek yogurt with some garlic, salt and pepper. Serve the yogurt sauce with grilled lamb.

Dill – Marinate salmon filets for about a hour before grilling in a wet

rub made from lots of chopped dill, garlic, lemon zest, sea salt and extra virgin olive oil. I've found that dill needs a lot of sun and does better planted in large containers or in the garden.

Tarragon – Tarragon has a mild licorice flavor that goes very well with chicken, fish, or eggs. Chop French tarragon leaves and add them to deviled eggs or make the classic French butter sauce, beurre blanc and add some chopped tarragon. Serve the beurre blanc with grilled halibut, sea bass or artichokes.

Iced Tea Mint Juleps

Lighter than a traditional julep, serve this refreshing drink on warm summer days or put on a hat and enjoy one this Saturday while watching the Kentucky Derby

- 8 fresh mint leaves
- 1/4 cup superfine sugar, more or less to taste
- 1 cup good quality bourbon
- 3 cups iced tea (I use Tea Java)
- 1 lemon, sliced
- A few mint sprigs
- Ice cubes, mint sprigs and lemon slices for serving

Place 8 mint leaves and sugar in a pitcher and muddle them with the back of a wooden spoon. Add the bourbon, tea, lemon slices and mint spring. Chill until ready to serve. Serve the drinks in glasses over ice, garnished with mint sprigs and lemon slices.

Junior League's Food and Wine Festival in La Jolla set for May 11

Event raises money to support foster youth

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

For 90 years, the Junior League of San Diego has been able to advocate and help its community through big fundraising events like its 19th annual Food and Wine Festival. One of only two events that are held at Ellen Browning Scripps Park, the festival is the JLSJ's largest fundraising event of the year. With more than 60 different local restaurants, wineries and breweries in attendance, JLSJ refers to it as "the ultimate foodie experience."

But JLSJ president Joni Flaherty said this "fun day in the sun" is about much more than just enjoying the warm weather and taking in the views of La Jolla Cove.

"It's a celebration of not only the great work of the Junior League but the great work of philanthropy in San Diego as well," she said. "It's our primary money maker for ensuring that our community partners and our own projects get funded so that we can continue to do the great



The Food and Wine Festival is held every year at Ellen Browning Scripps Park.

COURTESY PHOTO

work that we do in San Diego." Every 10 years, the JLSJ does a "deep dive" investigation of what the needs are in the city and then selects the organization's primary focus for the next decade. That great work Flaherty is referring to is currently funding programs that support foster youth as they transition out of foster care and into independent living. The organization is in its fifth

year of tackling this issue. "We put a lot of our capital, a lot of our resources and a lot of our volunteer hours into supporting these young men and women as they transition into independent living," Flaherty said. "Unfortunately, they don't have the support that a lot of us take for granted, whether it's from parents, the court or even just being able to sleep on a couch some-

where. Most of the time, these men and women are out to fend for themselves." And there's a lot of them. According to the JLSJ's website, about 300 youth, ranging in age from 16-24, foster out of the system every year. Within two to four years of aging out, half of them are unemployed and homeless, and 25 percent of them are incarcerated.

FOOD AND WINE FESTIVAL

When: 2-5 p.m. on May 11.

Where: Ellen Browning Scripps Park with an afterparty held at La Valencia from 4 to 8 p.m.

Info: Tickets and VIP tickets can be purchased at jlsd.org/food-and-wine.

Flaherty said that even though transition age youth (or TAY) have some help through public assistance, they don't have all the resources they need in one place. So the JLSJ put together a number of direct services – like the TAY Mentorship Program and the Brand of Brothers resource fair – to empower foster youth and provide them with the skills they need to live independently. That's why Flaherty encourages people to attend events like the Food and Wine Festival. The JLSJ hopes to raise \$120,000 this year so they can continue supporting TAY and the community – like it's done for the past 90 years. "We are very lucky to have a wonderful history in San Diego," she said. "We are well supported by our community and by our community partners, and we're excited to showcase the great work we're doing in our 90th year."

University City baseball sensation has potential for 2019 MLB draft

By DAKOTA CAMPAGNA | LA JOLLA VILLAGE NEWS

If you haven't heard the name Zay Pena, it's time to get familiar.

The University City High School senior is batting .484, with 31 hits and 23 RBIs as a star shortstop and third baseman for the school's baseball team, according to MaxPreps. And Pena's hard work isn't going unnoticed.

The 18-year-old is being recruited by various collegiate teams, including national champion Oregon State, as well as a top Division II school, Colorado Mesa.

He is also being scouted by the pros – and could potentially be an MLB draft pick this year.

The road to developing his talent, however, wasn't the easiest for Pena. As a freshman, he started at Cathedral Catholic High School,

known for its great baseball program that has produced players like 2014 first overall MLB draft pick Brady Aiken. But things didn't work out, and he was cut from the team.

Then, thanks to a relationship with head coach Chad Starkey, he transferred to Mission Bay High School. In 2017, there was a coaching change, and Dennis Pugh took over.

They worked well together (and even still talks to this day), but in his junior year, Pena struggled to find his place within the student environment on campus and decided to transfer to University City. There, he finally seems to have found his groove – and his favorite number.

On the back of his jersey, Pena wears number 19 as a reminder to stay inspired.



Zay Pena

"I wear number 19 for Tony Gwynn because I would love to play at San Diego State," said Pena. "I went to one of his camps at Padres Park when I was little, and he's just always inspired me."

He is also graduating from UC in 2019 – another great reason to be wearing number 19 – and will have tougher decisions to make than just which collegiate team he

wants to play for. Not only is he a star baseball player, but he also dominates on the football field, as he has an offer to play for San Diego State.

Still, his focus on baseball hasn't wavered. Pena has a personal trainer, Larry Parker, who helps him work on various skills like speed, agility, and lifting weights.

"I usually hit off the tee at my house for 30 minutes a day, as most as I can," said Pena. "As soon as I get home, I'll come and hit, or I'll hit up my travel ball coach, and he'll usually get my swing right."

He also works with a few other baseball coaches, who give him pieces of advice to help his game. His dad also helps him with grounding on the weekends, so that he becomes strong defensively in the field.

"I feel like when I go and hit

with other coaches, I'll pick up one different thing from that coach," said Pena. "They'll help me develop into raw talent, and use whatever they've given me so that I can turn it into my own thing."

While playing college baseball is important to Pena, it's more than just about the sport for him.

"You obviously want to get your education," he said. "I wouldn't want to miss out on my education, my mom is big on [me getting my] education."

Some high-round picks decide to go pro because they want to reach success as quickly as possible, even though they may not be ready, which is why college baseball could be beneficial.

"If you wait [to go pro], you can develop your skills, prove yourself, and show out at the next level," he said.

UCHS softball: A diverse bunch

By ED PIPER | LA JOLLA VILLAGE NEWS

Members of the University City softball team are as diverse as the varied feathers of a peacock:

■ Senior center fielder Erin Gillum recently was accepted by UCLA and hopes to be a physician's assistant some day. Soccer is really her main sport, though she won't play for the Bruins – more likely, club or intramurals among hundreds of talented classmates.

■ Infielder Vicky Jacobo just transferred to UCHS this year and was mentored by an umpire, of all people, who saw her potential, encouraging her to play travel ball. Instead of being a sidelight, softball is everything to the 16-year-old junior.

■ And corner infielder/outfielder Jayla Briggs wishes she had an older brother to look out for her

in the realities of daily life on this planet.

"Literally, that (softball) is my life," says Jacobo, reclining on the dugout bench along the third base line in the Centurions' beautiful two-year-old facility. "That's all I talk about, think about."

The utility infielder transferred from Sweetwater last fall, and confides, "I won't say I didn't try in softball there, but I didn't have the motivation." But Mark, an umpire who called one of her team's games and took an interest in her future, challenged her to "reach for the stars and don't be afraid to fall." Life looks totally different now.

Gillum, meanwhile, is busy serving an internship at Scripps Mercy Hospital through the Biomed "pathway" at UCHS in her interest in serving in the medical field. "I talk to the nurses there," says the center fielder – "I'm the only lefty on the team, but I kick right-foot-



ed. One of the nurses in ICU was dealing with a lot of brain-dead people. I asked her how this goes down. She said it's depressing. You have to leave it at work.

"So you have to be a little disconnected" to protect your mental and emotional health and to continue to be effective as a nurse,

is her take-away at this point.

The senior, presenting as extra responsible as the eldest of three children, is one of coach Mike Roberts' captains (all seniors). "I think we're getting better," Erin says of the Centurions, 6-12 overall, 0-3 in the Western League at this writing, newly moved up to

From left, senior captain Erin Gillum, and juniors Vicky Jacobo and Jayla Briggs.

ED PIPER / VILLAGE NEWS

the tougher Division I. "We're composed. We're scoring in innings we have to win." Roberts has been at the helm since 2005.

Briggs, who enjoys reading all types of literature, from mysteries to nonfiction to comedies, talks of the bonding activities team members take part in: "The school has multicultural fairs, and our seniors are really good at organizing us to participate and raise money for the softball program."

The junior utility player's motto: "Put God first and work hard now, so it will be routine later." Asked to break that down, she says, "I come from a Christian family. My uncle is a pastor. I have a special relationship with God."

That enables her to be sensitive to team dynamics, when teammates begin "tensing up, thinking for themselves, not for the team."

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- 2) Wind - Speed, Duration, and Fetch/Distance: Main factors of creation.
- 3) Results Vary: Different swell heights, wavelengths and speeds.
- 4) How a Wave Breaks: They "trip" on the bottom, since waves extend below.
- 5) San Diego Waves: Are often formed by storms in another hemisphere.

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UCHS track: Athletes throw their weight around

By ED PIPER | LA JOLLA VILLAGE NEWS

Speaking of his top four throwers, Andrew Bayot, Angel Srioudom, Angel Leyva, and Angelica Smith – the “Angel Corps” – University City throwing coach David Brewer says, “It’s all about accountability. It’s about putting in the work, and safety.”

You don’t hear too many coaches in any sport talk about safety. “With throws, you’re only as safe in the ring as you make yourself,” elaborates the fifth-year assistant of the Centurions weight athletes, who coached 11 years at Valhalla previously. “You’re responsible for your own safety. You have to take care of yourself in the sector. No one is going to babysit you.”

On their progress and prowess, the walk-on coach, who is a private business owner, starts with Bayot, a senior. All four athletes throw both the shot put and the discus, except Leyva, who concentrates on the discus. “Andrew just PR’ed (set a personal record) in the discus at 124 feet, 3 inches,” said Bayot as the first UCHS Track Classic was underway. “He goes 125 feet in the discus, 42 in

the shot. He is a four-year track person. Since his freshman year, he has put about 60 feet on his discus, 20 feet on his shot.”

Bayot’s intangibles include “his work ethic and athleticism. He also plays football. He shows up and puts the work in, no matter how hard I am on him.”

Srioudom (pronounced SHREE-uh-dum) “goes about 40 feet in the shot and 115 in the discus. A senior, she has medaled every year in CIF. That means she’s good.”

“Angel has a very competitive and aggressive mentality,” her coach says, “She always wants to throw farther.”

Regarding Leyva, a senior who throws 40 feet and 115 feet in the shot and discus, respectively: “He is probably one of the hardest working kids I have. He has only done this sport for two years. Before that, his only competitive sport was boxing.”

Smith “is a two-year varsity athlete. As a keynote for her, she has brains to go with her athleticism. The same work ethic she puts in in the class, she does that out here.”

READ MORE ONLINE AT sdnews.com

Abdul Buzeriba: The student who would be an FBI agent

By ED PIPER | LA JOLLA VILLAGE NEWS

Abdul Buzeriba, a fun-loving senior who is a leader on the University City High boys tennis team, is popular among his teammates.

But beneath the surface, behind the smiling visage, lies a serious-minded individual who wants to be an FBI agent so that he can lock up the bad guys.

“I feel like every time I (would) put away one of those people (criminals), I’m saving someone who could be murdered,” says the 18-year-old doubles player, who has been greatly impacted by study in criminology under teacher Lisa Perry.

Buzeriba, whose father Salem owns a Greek restaurant serving up tasty shawarma and gyros – “We’re Libyan, but it’s similar food” – wants to drill in further on behavior analysis and forensic psychology at a university like UC Irvine, the third-best school in the nation in criminology, according to Abdul.

“When you’re looking for someone (suspected), you’re looking in their room (at everything) to create a profile. You’re looking to see if they’re OCD,” in line with the psychology class he took from Ms. Perry as a junior.

“If you talk to their friends, do they hurt animals? (a common trait among domestic violence perpetrators, as well). Setting stuff on



Abdul Buzeriba, UCHS boys tennis captain.

ED PIPER / VILLAGE NEWS

fire. ‘Natural’ forest fires – that look like natural forest fires but aren’t. They mask everything they do,” says the easy-going Buzeriba, who is the fourth of five siblings. His mother’s name is Fatma.

Meanwhile, fifth-year coach Joey Briesse comes by. “Oh, I thought it was a probation officer,” Briesse jokes upon learning a local sports reporter is interviewing his captain, giving Abdul some of his own medicine. “I call him my captain, because he announces our players at the start of matches. He and I have a great relationship. He has a good sense of humor. These guys make a year-round commit-

ment on the team. We have U.S. Junior Tennis Association tennis in the fall, World Team Tennis in the winter, besides the school season in the spring. So it’s quite a commitment, and Abdul makes that like the others.”

“Abdul is my first senior graduating after being on the team for four years, so this is my highlight, to watch him develop over the years,” says Briesse. “I have video of him as a freshman. I brought it out last year. He was this little guy who could hardly hit. We had a good time with that.”

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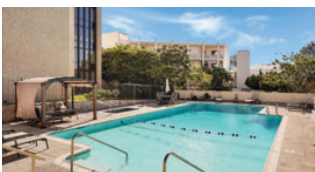
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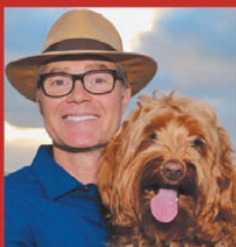
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