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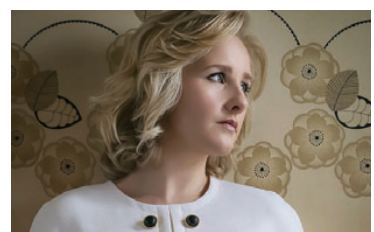
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THIS WEEK



Bishop's senior pens children's book to help prevent addiction
SEE **PAGE 12**



La Jolla Playhouse's musical, 'Diana,' a crown jewel
SEE **PAGE 14**



Cirque du Soleil opens VOLTA at Del Mar Fairgrounds
SEE **PAGE 4**



Torrey Pines State Natural Reserve hiking trails are blooming with deep greens, yellows and purples this spring.

THOMAS MELVILLE / VILLAGE NEWS

La Jolla landlord pleads guilty to health and safety code violations

By **NEAL PUTNAM** | LA JOLLA VILLAGE NEWS

A La Jolla woman pleaded guilty on March 18 to five misdemeanor counts of the health and safety code involving improper maintenance, mold, and exposed electrical wiring in

2017 at the apartment complex she owns. Mahin Nobel, 71, was fined \$5,000 and agreed to repair and correct code violations at the complex, located at 5344 Rex Ave. in City Heights, according to the San Diego City Attorney's office.

San Diego Superior Court Judge

Carlos Varela suspended a 100-day jail sentence and set a May 17 hearing for her to show proof of compliance of repairs on terms of three years probation. She remains free on her own recognizance.

She and her late husband, John Iradj Nobel, 79, were charged in

December 2017 with 10 counts involving maintenance of a sub-standard building. John Nobel suffered a stroke on May 31, 2018, and died last month, according to court records. The charges against John

SEE **NOBEL** PG. 16

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La Jolla preps one-of-a-kind Cadillac for Concours d'Elegance

By EMILY BLACKMAN | LA JOLLA VILLAGE NEWS

While every classic car featured at the annual La Jolla Concours d'Elegance is sure to have a colorful history, the story behind Dr. Richard Greenfield's 1937 Cadillac 85 V-12 Limousine Coupe is truly unique.

"It's the only one ever made," he said. "In 1936, the wealthiest woman in Wisconsin went to her Cadillac dealership and said 'We're in a depression, and I'm embarrassed to drive around with a chauffeur with my friends in the back of a limousine when people are starving. So will you make a limousine where my friends can sit in the back, and I can drive?'"

The dealership agreed and made the one-of-a-kind car for the wealthy woman. According to Greenfield, she drove that car until 1939 — until World War II began in Europe. She again felt embarrassed driving a vehicle that was a gas guzzler while gas was being rationed. So she bought a Chevrolet and put the Cadillac on blocks where it sat until her death in 1951.

"It was a part of her estate, and I believe Tom Barrett bought it and sold it to someone in Los Angeles who did a little work on it and drove it," he said. "And then he sold it to the Stevens Collection in San Fran-



Dr. Richard Greenfield plans to show his 1937 Cadillac 85 V-12 Limousine Coupe at the Concours d'Elegance.

cisco, and they had it the last 14 years. So there are only 20,000 miles on the car."

Greenfield — who has shown his 1927 Packard Roadster and his 1966 Lincoln Continental Convertible with suicide doors at past Concours events — bought the Cadillac from the Stevens Collection to show at the 15th annual La Jolla Concours d'Elegance. Only there's one problem, it's not quite ready.

"As beautiful as the car looked, there were a lot of things that had-

n't been done," he said. "It hadn't been driven in 14 years by Stevens, and it probably hadn't been driven another 15 years before that. So we essentially took the car apart."

And while parts of the car may still be in progress in Greenfield's garage, he's hopeful he and his mechanics will have it ready by the time the Concours starts on April 12. After coming to the events, showing cars and winning ribbons the past two years, the La Jolla resident is looking forward to participating again.

"You meet a lot of interesting people, and it's certainly a lot different than being a doctor," he said. "I have a high-pressure job, and cars are a stress reliever. They're fun, and when you're done, you're very proud."

The 15th annual La Jolla Concours d'Elegance runs from April 12 to April 15 with 150 of the most exquisite automobiles on display at the La Jolla Cove on April 14 from 9 a.m. to 4 p.m. For more information, visit lajollaconcours.com.

LA JOLLA ART & WINE FEST CALLS FOR ARTISTS

The 11th annual La Jolla Art & Wine Festival, set for Oct. 12-13, is now accepting applications. Whether you are an oil painter, watercolorist, sculptor, mixed media artist, ceramic artist, glass artist, or jeweler, the La Jolla Art and Wine Festival has something special for you.

The festival is using Zapplication.org (ZAPP) for artist exhibitor management. To be considered for the 2019 festival, you must have a profile account on Zapp, which is free and easy to obtain. Application fee is \$35 and is non-refundable. For more information on how to apply, visit ljawf.com.

ANNUAL SPRINGFEST TO PLAY AT UC SAN DIEGO

Springfest is an annual festival of experimental music presented by the graduate students from the UC San Diego Department of Music.

From April 7 to 14, artists from the music composition, performance, computer music and integrative studies programs will present diverse and adventurous programming in collaboration with artists from throughout the region. Events will take place on the UC San Diego campus, at Balboa Park and in San Diego's East Village.

All events are free and open to the public. For the full schedule of events, visit springfestmusic.org. Springfest includes 20 events over the course of seven days. The festival will begin with BlueRail, a relay performance event staged throughout the Conrad Prebys Music Center.

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Billionaires Row
 LA JOLLA

Cirque du Soleil opens VOLTA show at Del Mar Fairgrounds

By EMILY BLACKMAN | LA JOLLA VILLAGE NEWS

Cirque de Soleil has put up their big top tent at Del Mar Fairgrounds and are ready to perform street sport-inspired acts like BMX, double dutch and acrobatics in their latest show VOLTA.

Started in 2017, VOLTA is a modern take on past Cirque shows that tells the story of freedom through self-acceptance. With seven acts, 29 performers and 25 different countries represented, the show features everything from aerial artists swinging in the sky to shape divers diving through hoops to multiple BMX riders flying down ramps.

Ahmahd Thomas – who performs shape diving and Swiss rings – has been with VOLTA since it first began, and said the modern elements and overall message are what make it unique.

“What makes this show different from other shows I’ve seen is that it has new elements like extreme sports,” said Thomas, who has been doing gymnastics since he was 6 years old. “We’ve got the high energy sports, and we’ve got the different style of music. This one is electronic music, which is more modern compared to the normal theatrical sounds of a circus.”

“And this one has also got a really



Performers ride a unicycle during one segment of the Cirque du Soleil show VOLTA, which runs through May 5. MATT BEARD / CIRQUE DU SOLEIL

CIRQUE DU SOLEIL'S VOLTA

The show opened this week under the big top at the Del Mar Fairgrounds and runs until May 5. Tickets may be purchased at cirquedusoleil.com/volta.

strong story. So I really like the fact that we're able not only to just do some good stuff to watch, but that there's a story to follow as well.”

The story of VOLTA follows Waz, a game show contestant who is disconnected from his true self because he doesn't like how different he looks. As he tries to find self-acceptance through gaining fame and validation from others, he finds that notoriety isn't the answer. The show has a message that Thomas says not only can speak to almost anyone who watches, but to the performers themselves.

“This show is about acceptance and not worrying about people pressuring you,” he said. “Our cast is a very open cast. We're supposed to portray free-spirited people, and that's what we are.”

AJ Anaya, one of the BMX riders, said that it's more than just a show to the performers; it's a lifestyle.

“This is probably the best combination BMX can have with a show like Cirque du Soleil because we're free spirits and we're free spirits by nature,” he said.

LA JOLLA PLAYHOUSE WOW FESTIVAL MOVES

The La Jolla Playhouse recently announced the dates and location for its fourth biennial Without Walls (WOW) Festival of immersive and site-based work. The WOW Festival will take place Oct. 17-20 at Arts District Liberty Station, in partnership with the NTC Foundation.

Like previous WOW Festivals, the 2019 event will showcase multiple performances by acclaimed local, national and international artists, as well as a selection of family-friendly offerings, occurring simultaneously throughout the weekend. A complete roster of artists and projects will be announced in the coming weeks. For tickets and information, visit lajollaplayhouse.org.

NEW MURAL INSTALLED BY MURALS OF LA JOLLA

A mural by Roman de Salvo's is now located above a BMW repair shop on La Jolla Boulevard in Bird Rock. The mural, titled “McCairn,” is a juxtaposition of antiquity and modernity perched above the building on a two-sided site that is reminiscent of a billboard surface. “McCairn” playfully recalls the original commercial purpose of such a sign with the iconic double arches of the McDonald's logo re-imagined through carefully stacked stones.

Murals of La Jolla, a project of the Athenaeum, demonstrates that commissioning artists to create works for public spaces brings energy and vitality to a community. For more information about the murals, visit lathenaeum.org.

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San Diego Police finally solve La Jolla murder that occurred in 1979

On March 21, 1979, two young children returned home from school and discovered their mother's bloody body in the living room of their La Jolla home. The children ran to a neighbor's house and the police were called. When the officers arrived on scene, they found Barbara Becker had been murdered.

Barbara Becker was a 37-year-old wife and mother of two boys, ages 7 and 9. Barbara Becker sustained numerous sharp force injuries and, based on the evidence at the scene, she put up a tremendous fight for her life. The evidence also indicated the suspect was injured in the attack, as

there was a blood trail left behind.

Homicide investigators worked diligently to solve the vicious murder, but eventually all of the investigative leads were exhausted and the case went cold. As with all cold case homicides, evidence is routinely compared to emerging forensic technology. At the time of Becker's murder, only blood typing was available. When DNA became an accepted forensic technology, the suspect profile developed from the crime scene was uploaded into the Combined DNA Index System (CODIS), but no matches were found.

In October of 2018, the San Diego Police Cold Case Unit and the San

Diego County District Attorney's Office Cold Case Unit reached out to the FBI's Investigative Genealogy Team for assistance. The group worked together and were eventually able to identify a potential suspect using public access genealogical databases. The investigation also identified direct family members of the potential suspect. Those relatives were contacted and provided voluntary DNA samples, which were compared to the DNA profile developed from the evidence at the scene.

Paul Jean Chartrand was identified as the source of the blood from the crime scene. Family members confirmed Chartrand lived in the

San Diego area at the time of Becker's murder. During the investigation, it was learned that Chartrand died in Arizona in 1995. Chartrand had a previous arrest the year prior in Los Angeles, which would have made him subject to DNA testing and his DNA profile legally suitable for upload into CODIS however, he died prior to the full implementation of the database.

The entire investigative team is grateful the case has been solved however, it is tempered by the fact it took 40 years to give Becker's family the answers they deserved and that Chartrand was able to avoid justice for 16 years after Becker's mur-

der. Becker's family has been notified of the developments and requests their privacy be respected at this time and ask not to be contacted by the media. The Chartrand family has expressed their condolences, and requests their privacy be respected as well.

San Diego Police Department would like to thank all of the partners who assisted in this investigation including: The FBI Investigative Genealogy Team, The San Diego District Attorney's Office and the San Diego Police Department's Cold Case Unit.

Anyone with information regarding this incident is asked to call the Homicide Unit at 619-531-2293.



La Jolla deacon Jim Vargas the president and CEO of Father Joe's Villages.

CONTRIBUTED PHOTO

La Jolla deacon working to solve homeless issues

By EMILY BLACKMAN | LA JOLLA VILLAGE NEWS

Jim Vargas is not your average deacon. As a kid growing up in the South Bronx, N.Y., Vargas always felt a call to serve. In fact, he considered entering the Catholic priesthood until he met his wife. But after working for more than 30 years as an executive for companies like The Copley Press Inc., and Citibank, he realized it was time to serve again.

In 2006, he became ordained as a deacon at Mary, Star of the Sea in La Jolla, where he worked full-time for four years until he was called to serve again, in a different way.

"God never lets go of you really," he said. "And at the heart of what a deacon is, is being of service; especially in taking care of the poor."

In 2015, Vargas was named the president and CEO of Father Joe's Villages, the largest homeless services provider in Southern California. And while the organization may assist 2,000 individuals on any given night, Vargas' mission is

much smaller: getting one person off the streets at a time.

"Individuals who are on the street don't have a voice of their own," he said. "They need someone to walk the journey with them."

Father Joe's Villages provides a number of different kinds of support for the homeless, from serving meals to restorative dentistry to culinary arts programs. While those alone are helping to lower the amount of men, women, and children living on the streets in San Diego (Vargas says there are currently at 8,600), he's most excited to tackle the issue of affordable housing by creating 2,000 affordable housing units through their Turn-Key Initiative.

That plan starts when Father Joe's Villages breaks ground this year on a 14-story, 407-unit affordable housing building in downtown's East Village on 14th and Commercial streets. And it continues with the organization's plan to acquire motels, "breathe life back into them," and turn them into perma-

nent housing. Vargas hopes to close on an 83-unit model in the South Bay area soon to have it up and running by the end of 2019.

"We're blessed enough to help anyone who is living on the streets with anything they need," he said. "Anything to get them off the streets and become self-sustaining. Our work is in breaking the homeless cycle one life at a time."

In managing all the projects under his responsibility as his role as CEO, Vargas still serves at Mary, Star of the Sea and on dozens of boards throughout the city. It may seem like a hefty workload to some, but he'll tell you, he's "blessed, not busy." And it's safe to say that he's got his priorities straight.

"It's not that I'm the president of Father Joe's Villages who happens to be a deacon," he said. "I'm a deacon and my ministry is Father Joe's Villages."

For more information about Father Joe's Villages, visit my.neighbor.org.

La Jolla Parks and Beaches discusses maintaining trees

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

In March at La Jolla Parks and Beaches, Inc. the topic of the day was trees. More specifically, who's responsible for maintaining them,

The community parks planning group also vetted a proposal to rehabilitate dying trees, along with upgrading Scripps Park picnic area.

City arborist Brian Widener explained the City is tasked with "managing all the trees on public property and along streets including trimming palms."

The arborist noted the city has planted approximately 1,800 trees along public streets and an additional 400 to 500 trees in parks.

"I oversee the urban forestry program," Widener said, adding tree management citywide is handled through two different departments, Transportation and Stormwater and Parks.

"Stormwater trimmed 30,000-plus trees last year, and parks did a smaller number, about 800," Widener said offering this caveat, "We have a lot of paper streets and we get a lot of requests to trim trees that are not directly on the street (in City's jurisdiction)."

In that case, the arborist noted a

determination must be made as to whether the trees in question are in stormwater's or park's purview. He added the responsibility for trimming trees on private property technically falls to their property owners.

Added Widener, "Trees in unimproved areas of the city, we're (City's) not required to maintain those trees unless they're an imminent threat, or they present some kind of hazardous situation."

Widener advised that the best way to request a tree trimming in the City's jurisdiction is to do so on the City's Get It Done App.

Scripps Park

Eric Holtmark gave a slideshow presentation proposing rehabilitating Scripps Park's picnic area. Of special interest are a handful of picnic benches in the area, none of which have memorial plaques on them, a program LJPB is interested in reviving.

LJPB president Ann Dynes noted the parks group has formed its own foundation adding, "I think the park foundation could create an endowment to provide some good plaques for the picnic tables. The City won't do plaques because it has no system of maintaining or replacing them."

Joe LaCava to run for District 1 seat

On March 24 about 100 supporters, family and friends gathered at a historic Bird Rock home to kick-off Joe LaCava's bid for a seat on the San Diego City Council.

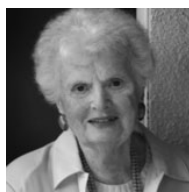
"I have been a devoted community member for decades and now I'm ready, with the full support of my family, to get things done for my neighbors at City Hall," said LaCava. "I am ready to be the next Council member for District 1."

Running on the slogan "Real expe-

rience, real results," La Cava said his grassroots campaign would focus on "improving services people really expect from the city and cutting through the bureaucracy, helping them get the answers they need."

"We can be smarter, and more candid about how we go about dealing with them and really show some leadership," said LaCava about handling citywide issues like homelessness and housing affordability.

Our expectations influence the way we view the world we live in



Doing
it
Better

By Natasha Josefowitz, Ph.D.

Every morning at breakfast I meet with a group of friends, and we talk about the news, ourselves, or visiting family members. I also meet friends for lunches and dinners, some who live in my retirement community, others who live in town, and some who visit from other parts of the country. This gives me an opportunity to hear stories and reactions to a host of different occurrences in their lives.

We all live in part in the real world, but also to a great extent in one of our own making. I live in a friendly world where most people I know are kind and want to be helpful. Although we live in the same community, some people experience a hostile environment where bad things happen to them and people are mostly uncaring or, at best, indifferent.

My steak at lunch was delicious, but the same steak eaten by my companion was tough—not only that, it is never cooked right, the quality of the meat is always poor, and the service is always too slow. While I enjoyed a lovely meal with good service, she had a bad experience...nothing was right. When

Becoming aware of our negative or positive propensities toward how we view our past expectations will help to mitigate unhelpful responses.

expectations are thwarted, the world is perceived as not meeting one's needs which leads to feelings of disappointment and frustration. This is due to feelings of entitlement; in other words, one is owed better food and better service.

I have seen people who suffered strokes with resulting diminished capacities who spoke with some pride of how well they were managing in spite of being handicapped, appreciating the kind help and support they received. Others with similar disabilities had given up and could only complain about their circumstances, blaming their misfortune on a series of unfortunate events. Given that different perceptions and reactions to the same event are so prevalent, I wondered whether it has to do with one's basic expectations.

While many people recount earlier accomplishments as something to be proud of, others focus on past errors. All of these recollections color not only how people view the events of their lives, but how they view the world they live in as either supportive or contributing to their bad luck, i.e., blaming outside circumstances.

An important caveat: The reality for a large part of the world's population today is that they do indeed live in dangerous circumstances or

where basic needs are not being met, such as food, water, and shelter; none of what I am saying is applicable to people who live under these dire conditions. But for those of us who have been more fortunate, taking a look at both our realistic and unrealistic expectations and what we feel entitled to will impact the perception of the world we live in as either supportive or not.

Our various personality traits can directly affect how comfortably or uncomfortably we function in our environment. The way we dealt with our past experiences will affect how we react to similar events. Some need predictability and might not be able to handle uncertainty, because it makes them anxious. Others who prefer variety become restless with a lack of challenge and seek stimulation. Change is resisted by some and welcomed by others.

Becoming aware of our negative or positive propensities toward how we view our past expectations will help to mitigate unhelpful responses. Self-reflection is an important attribute which helps us to know ourselves better. Some people are angry when their expectations of what they feel they are entitled to are not met; they can only see unfairness at how they are being mistreated. They see the world from a victim's perspective. I wonder

whether as a child your needs were not met and you are still trying to compensate for it; this can become a bottomless pit. On the other hand, if as a child you were overindulged with every whim granted, you may be unprepared for anything less than an immediate, favorable response. Feelings of entitlement, whether thwarted or fulfilled, directly impact perceptions of one's environment. If you feel you are not getting your due, you cannot be grateful for what you have. Gratefulness is an important component of a positive outlook.

So how do you perceive your environment? Is it mostly warm, friendly and responsive, or do you encounter innumerable glitches which prevent you from being at peace and content? In order to experience a more positive world, maintaining realistic expectations will influence the way others respond to you. In other words, your expectations not only influence the way you perceive the world, but will also influence the way the world responds to you. What you project is reflected back to you.

Natasha Josefowitz is the author of more than 20 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2019. Natasha Josefowitz. All rights reserved.

OUTREACH SYNAGOGUE TO CELEBRATE SHABBAT

San Diego Outreach Synagogue, a new independent Jewish congregation led by Cantor Cheri Weiss and the Outreach Band, will hold its upcoming Shabbat celebration on Friday, April 5 from 5:45 to 8 p.m. at a north University City location. They will hold a musical Shabbat service, followed by a light vegetarian dinner at no cost. RSVP required for dinner. For details, call 858-280-6331 or email cantor@sdo-synagogue.org.

NOVELIST ENGLANDER TO VISIT LA JOLLA JCC

Novelist Nathan Englander will be making a book tour stop at the Garfield Theatre in the Jewish Community Center in La Jolla Friday, April 5 at 6:30 p.m. to promote "Kaddish.com: A Novel" and host a discussion alongside the artistic director of The Old Globe, Barry Edelstein.

Join the Pulitzer finalist for Shabbat dinner and conversation about his new book. The brilliant, streamlined comic novel is about a son's failure to say Kaddish for his father and his subsequent hiring of a stranger through a website called kaddish.com to recite the daily prayer and shepherd his father's soul safely to rest.

Tickets are \$62 and include Shabbat dinner and one signed copy of Englander's book. Visit my.lfjcc.org for tickets.

LA JOLLA BLOOD DRIVE

La Jolla Chapter of National League of Young Men, 7335 Girard Ave., is hosting a blood drive in partnership with the San Diego Blood Bank Sunday, April 14, from 8:30 a.m. to 2 p.m. Anyone 17 and older, who weighs at least 114 pounds and is in good health may be eligible to donate blood.

LA JOLLA COMMUNITY CENTER ANNOUNCES EVENTS

The La Jolla Community Center recently announced its upcoming events for April, including two new classes. First, an "Intro to Singing Workshop" will be held on Thursday, April 18 from 6:30 to 8:30 p.m. Cost is \$25 members and \$35 for non-members. The second is a five-week "Dream Tending Workshop" where participants can discover the healing power of their dreams through a dream tending approach. Cost is \$10 for members and \$15 for non-members. On Wednesday April 24, the center will host a day trip to the Huntington Library

and Gardens near Pasadena. The estate features galleries, a library and 150 acres of botanical gardens. The cost is \$75 for members and \$95 for nonmembers. The bus departs at 8 a.m. and returns at 7 p.m.

For the Fourth Friday Jazz Series on Friday, April 26, the center is featuring Joshua White. Along with his trio, he'll play selections from the more than 500 musicals composed by Rogers and Hart. Cost is \$18 for members, \$23 for non-members and \$25 at the door. There will be a reception at 7 p.m.

Women with hair loss can have thick and healthy hair !

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La Jolla interior designer talks spring trends and her holistic approach

By EMILY BLACKMAN | LA JOLLA VILLAGE NEWS

Spring is here, and there's no better way to celebrate the start of a new season than by updating your home decor. The La Jolla Village News recently chatted with resident and interior designer Tracy Lynn – owner of Tracy Lynn Studio – about new spring trends and how to refresh your home for the season.

In keeping with the longstanding tradition of spring cleaning, Lynn said minimalism is the way to go. Use the “magical art of tidying up” to put away items that made you happy during winter, but serve little

purpose this season.

"Say goodbye to fuzzy blankets and say hello to the outdoors and sunshine," she said.

Bring the outdoors inside with floral fabrics and wallpapers in trendy colors like "hunter greens, pinks, and earthy mushroom hues," along with natural textures that, according to Lynn, "make you feel more connected to nature." Options include jute, cotton, and wool.

Traditional dark wood floors are also out, with more and more people requesting light wood floors to bring a freshness to their home design.

"Light wood floors reflect the brightness of spring and make the

days feel even longer," she said.

In contrast, Lynn said darker kitchen cabinet colors, like black, are a big trend this season because they give rooms a “sleeker and more sophisticated look.”

"Design is an evolving process and every few years the pendulum shifts directions," she said. "People are starting to think outside the box of the classic white kitchen and are moving in the opposite direction with darker statement pieces that add a bit of drama."

"Believe it or not black is a neutral color that can be layered into any space creating a blended balance. It is versatile in its look from seaside or

French cottage to a clean modern simple space."

Lynn, who has been an interior designer for over 17 years, takes a holistic approach to create a home that “takes the grander scheme of things into consideration.” In addition to improving the look of a room, Lynn's designers make sure it's functional and that everything has a place.

"We ask our clients to take us through a typical day in the life of their home, to see how every family member uses each space. This insight allows us to create a home that is, above all else, functional in addition to being beautiful."



Tracy Lynn

While updating your home for spring might not be at the tippy-top of your to-do list, Lynn said it helps to add a personal touch when welcoming any new season.

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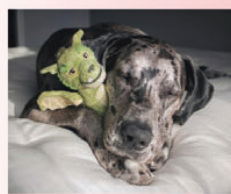
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New yoga studio promotes empowerment over poses

By EMILY BLACKMAN | LA JOLLA VILLAGE NEWS

There's a lot to be said about the healing benefits of a consistent yoga practice. A 2012 National Health Survey found that 86 percent of people who practiced yoga found that it reduced stress levels, while 59 percent said it improved their sleep, and 39 percent claimed it made it easier for them to cope with specific health problems.

But if less stress, better sleep, and improved wellness aren't enough reasons for you to break out your yoga mat, then C Yoga owner Colin Wolpert has one more: empowerment.

Wolpert—a former high-tech business entrepreneur turned master yoga teacher with more than 10,000 hours under his belt—said that his special technique focuses less on perfecting poses and more on helping students find their inner power. It was something he had to learn himself when he was diagnosed with a spinal nerve tumor that left him with almost no feeling in his legs and only a constant pain in his back. His only option was to undergo a massive spinal surgery, and even with that, total relief was not guaranteed.

After being active in other sports (including yoga) for many years, Wolpert knew he had to try some-

C Yoga owner Colin Wolpert.
EMILY BLACKWOOD / VILLAGE NEWS

thing. So despite all the pain he was feeling, he committed to getting on his mat and continuing his daily yoga practice.

Miraculously, the tumor began to shrink, until one day it was gone.

"Day after day I meditated and did the work," reads an excerpt from his book, "Your Feet Face Forward." "A few days before I was scheduled for surgery I went for another MRI scan, this time to establish a baseline from which the neurosurgeon could work. Imagine my surprise in discovering that the tumor was a smidgen smaller since the prior scan a few weeks before."

The inner strength he found through yoga and meditation—and the incredible impact it had on his

C YOGA

Where: 3232 Governor Drive, Suite B, Marketplace Shopping Center, University City.

Info: cyogastudio.com, 844-222-9999.

own life—led him to plant some roots and start a yoga studio in the La Jolla community. C Yoga opened up in January 2018 with the goal to help people empower themselves as well as to cultivate teachers. Wolpert said many students have turned into teachers through their workshops, and at least five returned to teach at C Yoga.

"To find their inner strength, they have to move into spaces on their mat, which equates to spaces in their life, without fear," he said. And when people do that, he claims the results are transformative.

"I've watched people who needed to have a hip replaced not have to need that surgery anymore. And on an emotional and spiritual level, I've watched people who were shy and scared turn into yoga teachers who stand at the front of the room and command space."

That's exactly what he hopes will continue to happen at C Yoga's upcoming yoga teacher training on May 4.

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Keona Lee

Bishop's School senior can shred guitar, and ukulele

By EMILY BLACKMAN | LA JOLLA VILLAGE NEWS

For Keona Lee, it's always been about metal. Growing up listening to the likes of Mötley Crüe and Poison, she always knew she wanted to learn how to play guitar. And on her 11th birthday, her dad bought her a 325 short scale guitar and made her dreams come true.

Little did he know what he had started.

Now 17, and a senior at The Bishop's School in La Jolla, Lee has formed a metal band, owns 16 guitars, was the first female to win a shredding contest, and made her debut performance as a young artist at Winter NAMM, a.k.a. the National Association of Music Merchants. Oh, and she learned how to play some of her favorite metal songs on the ukulele.

But none of those things compare to what she calls the best day of her life.

"I got pulled up on stage with Metallica for my 16th birthday," she said. "I got to count off 'Seek and Destroy.' That'll be a day I never forget."

That and when Squiggy – the gear editor for Loudwire – found her at NAMM and let her pick any guitar on the convention center floor to play for an Instagram takeover; a takeover that recently got Lee featured in Guitar Girl Magazine.

"I picked Nia Strauss' JIVA10 Signature, and didn't realize it was hers at first," she said. For those of you who aren't familiar with the heavy metal greats, Strauss is a guitarist best known for being in the all-female Iron Maiden tribute band, the Iron Maidens.

"I was fangirling," Lee said.

That takeover also led to the teen being asked back to NAMM to do a signing. It was last year's convention where she started getting buzz for her skills shredding on the ukulele.

"My friend gave me a prototype ukulele to try out, and I wanted to learn some of my favorite songs on it," she said, which included a little bit of Marilyn Manson and of course, Iron Maiden. "And because it's an electric ukulele, I realized I could plug it into my rig."

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High school senior writes children's book to help promote substance-free lifestyle

By EMILY BLACKMAN | LA JOLLA VILLAGE NEWS

Lianna Treitler is on a mission to get kids to embrace a substance-free lifestyle and prevent addiction before it even begins.

Growing up, her father Marc Treitler was an alcoholic who was able to hide his addiction behind the curtain of a successful career and beautiful family. But when he took 9-year-old Lianna to a David Archuleta concert and she noticed how much he had been drinking (and subsequently told her mother, Rowena Treitler, about it), he decided to enter rehab. Lianna, who is now 17 and about to graduate from The Bishop's School in La Jolla, said her father has been able to maintain his sobriety ever since.

While he was going through rehab, Marc and Rowena looked for ways to help Lianna and her younger brother, Bennett Treitler, cope with their father's addiction. So as a "family project," they created a book titled "My Dad is an Alcoholic, What About Me?" Marc and Lianna wrote it while Rowena and Bennett provided the illustrations.

"We didn't realize that there was such a need for a book on that subject matter," Lianna said. So in 2016, the



Lianna Treitler is a senior at The Bishop's School. PHOTO CONTRIBUTED

family decided to publish it. Now, the family team has written another book, "Alcohol, Drugs & You: A Young Person's Guide to Avoiding Addiction," that aims to create an open dialogue about substance abuse with children ages 9-13.

"I think the misconception is that, 'it's okay if I try it once,'" Lianna said. "But even trying a drug or having a drink just once can risk getting you addicted. It changes your brain chemistry just trying it once."

Lianna said experimenting is especially risky for kids who are predisposed

to alcoholism or have the "alcoholic gene." According to American Addiction Centers, genetics and family history are the "most correlated risk" for developing alcohol use disorder, or AUD. And with as many as 26.8 million children being exposed to some form of alcoholism in their lifetime, Lianna said prevention is more crucial now than ever; which is why she abstains from all alcohol and drugs.

"Since I learned it was in my genes, I decided it's best for me not to try anything at all," she said. "If I don't try anything, there's no way for me to become an alcoholic."

The La Jolla teen hopes by sharing her family's story and writing more books, children with alcoholic parents will realize that they don't have to follow in their parents' footsteps. Through the Red Rosebud Foundation, the Treitler family has been able to provide over 500 books free of charge to the juvenile detention center, the YMCA and Promises to Kids. Lianna Treitler will be speaking at the 2019 East Region Grandparents Raising Grandchildren Symposium on April 6 in El Cajon.

For more information about the Treitler family or to buy one of their books, visit potatoallergy.com.



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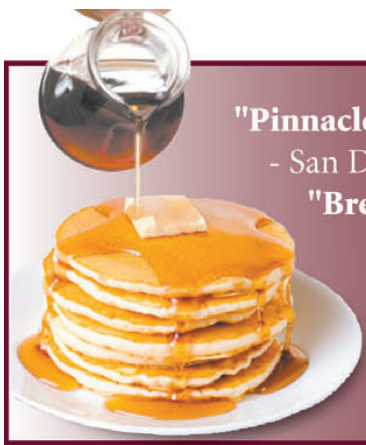
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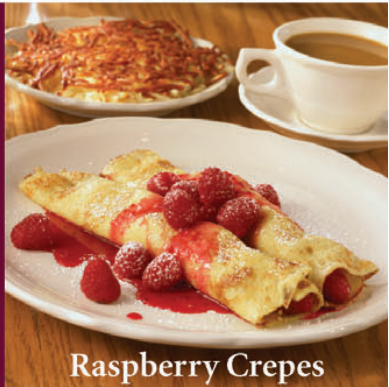


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Celebrating Couture fashion in La Jolla



Fashion Files

Diana Cavagnaro

The Globe Guilders and Neiman Marcus presented Celebrating Couture 2019 on March 22 at the Hyatt Regency La Jolla at Aventine. This stylish event began with a Champagne reception in the glass-enclosed Vicino Ballroom. Attendees were able to mix and mingle while looking over a silent auction with amazing items. Mannequins displayed a sampling of Marchesa gowns for the guests to view.

Celebrating Couture was dedicated to Audrey S. Geisel who was a Guilder and longtime member of the Old Globe Board. She will be remembered for her kindness, good works and philanthropy to the Globe and the city of San Diego. Geisel spent time helping her late husband; Ted Geisel's annual production Dr. Seuss's "How the Grinch Stole Christmas!" This production will forever be enjoyed by thousands every year at Christmas time.

The co-chairs this year were Liz Helming and Jo Ann Kilty. The honorary chair was Vicki Zeiger. The guest designer for this year's fashion show was Marchesa. The pre-fall collection was shown after its first showing following New York Fashion Week.

This fall collection was inspired by Scandinavian folk art, done with traditional ornate scroll and floral threadwork.

British-born fashion designer Georgina Chapman and the English-Swiss fashion designer, Keren Craig met at Chelsea College of Art and Design in London. They began a collaboration in 2004 and named their fashion house after the Italian Muse, Marchesa Luisa Casati. She was an art patroness



Models in the fall collection of 'Marchesa.'



DIANA CAVAGNARO / VILLAGE NEWS

and socialite of the 19th century. Currently, Marchesa is based in New York and is known for their super feminine gowns with special attention to details. This special attention includes embellishments such as beading, embroideries, and sequins.

After the show Neiman Marcus set up a boutique in the foyer. Guests were able to come and view the Marchesa gowns up close and do a little shopping. They were given the opportunity to pre-order from this elegant collection.

The Globe Guilders was established in 1955 to give support to the Old Globe's artistic and art engagement programs. The proceeds from Celebrating Couture benefit The Old Globe's Artistic and Arts Engagement programs. For more information about his wonderful nonprofit, visit globeguilders.org.

Upcoming events

Sunday, April 28 – Ninth annual Bags & Baubles. Includes a silent auction, food and drink, premium drawing for a chance to win prizes. All proceeds go to FACE Foundation to benefit pets in need of critical and life-saving veterinary care. For



information, visit face4pets.org or to purchase tickets, visit conta.cc/2SjCwJt

Friday, May 24 – Cocktails & Couture featuring a fashion show with Lizz Russell designs at the Westgate Hotel beginning at 6:30 p.m. Proceeds go to GBS/CIDP San Diego Chapter Awareness Fundraiser. For more information, visit westgatehotel.com.

Diana Cavagnaro is an internationally renowned Couture Milliner based in the Historic Gaslamp Quarter. Learn more about our Hat Designer, Teacher & Blogger at www.DianaCavagnaro.com.

La Jolla artist featured at this year's ArtWalk

By DAKOTA CAMPAGNA | LA JOLLA VILLAGE NEWS

For the 35th year, San Diego is hosting the Mission Federal ArtWalk April 27-28. The event will cover 16 blocks in the Little Italy neighborhood, where thousands of people are welcome to come and view and purchase artwork, listen to music, watch dance performances, and participate in interactive art experiences.

One of the artists involved in this event is Krista Schumacher, a talented artist who creates her artwork at Ligne Roset in La Jolla. She was also named "Top 21 Artists under the Age of 31" by Southwest Art Magazine. The medium she uses is oil, and her works "are a reflection of a creative-driven spirit, which seeks to experiment and explore the relationship of color, form, and texture," according to Schumacher.

She found inspiration from her mom's work as an artist, and grew to love painting from the time she was 16, when she began oil painting. She's evolved her style of artwork from the time she was a teen, as she now strictly uses a pallet knife for her oil paintings.

"At first, I was very much interested in realism, and following the proper method of oil painting," said Schumacher. "As I became more confident in my painting, I started branching out and breaking the rules. The pallet knife allows me to be more loose with the paint, and it's more spontaneous."

Where does she gain a lot of inspiration for her current artwork? San Diego. "The landscapes that are just so unique to the West Coast are very inspirational," said Schumacher. "I've definitely been inspired by the coastline, and even the desert."

Art has various ways to express its meaning to those who view it,



Krista Schumacher

and a lot of it is based on perspective. "The main thing with my work is that I just want to show people the beauty that surrounds us," said Schumacher. "I think artwork in a lot of ways kind of creates this moment of mindfulness, where you actually stop and pause and you really have this emotional connection with the art."

This will be her second time at the Mission Federal ArtWalk event, as she was one of the artists showcased last year. For this year's event, she's planning on opening up more of her artwork to the people in attendance.

"This year, as my style continues to evolve, I've really been experimenting with very impressionistic landscapes," said Schumacher. "So compared to last year, where I only showed abstract work, this year I'm also going to be incorporating some of these impressionistic landscapes."

For more information on the Mission Federal ArtWalk, visit artwalksandiego.org.

La Jolla Playhouse's world premiere musical, 'Diana,' a crown jewel

By LUCIA VITI | LA JOLLA VILLAGE NEWS

Electrifying. Remarkable. Exciting. Entertaining. Wow! The La Jolla Playhouse world premiere of "Diana," the musical, delivers in leaps and bounds. Artistic director Christopher Ashley along with an incredible backdrop of superb talent, knocks the Broadway-bound endeavor out of the ballpark.

"Diana" touches upon the world's fascination with the royal family by glimpsing into the austerity of her majesty's kingdom from behind the castle walls. Sequencing events of the "People's Princess" from the bells of London's St. Paul's Cathedral to the black Mercedes sedan crashing into a pillar of the Pont d'Alma tunnel in Paris, "Diana" captivates with "epic" and "sweeping" musical forays.

Composer David Bryan, writer-lyricist Joe DiPietro, choreographer Kelly Devine and musical director, arranger and conductor-keyboardist Ian Eisendrath — along with his nine-piece orchestra — lead four main characters in front of a talented ensemble.

Costume designer William Ivey Long exposes Diana as the ultimate fashion icon by showcasing her eye for style. Set designer David Zinn, lighting-designer Natasha Katz, and sound engineer Gareth Owen complete the nuts and bolts of staging and sound.

"Diana's" star, British actress Jean-



Jeanna de Waal as Lady Diana, Princess of Wales, and Roe Hartrampf as Prince Charles during a scene of La Jolla Playhouse's musical 'Diana.' The musical runs through April 14.

na de Waal, leads counterparts Roe Hartrampf, as Prince Charles, Erin Davie as Camilla Parker-Bowles and Judy Kaye as Queen Elizabeth.

De Waal, the first to test for the coveted role, left the powers that be a clear-cut message upon completion of her audition, "This is my role, don't even think of anyone else."

"Diana" juxtaposes honesty with talent. Despite the makings of a fairytale, even she, the "Shy Di" who met with presidents, dignitaries, diplomats, religious leaders, rock stars and movie legends, was human. And ever

so vulnerable.

Dead at 36, the assistant kindergarten teacher who became the world's most photographed woman, had 16 years earlier married Prince Charles, the most world's most eligible bachelor destined to become the King of England. An estimated 750 million people watched the global television pageant while 600,000 spectators lined the streets of London.

Thirteen years her senior, Prince Charles was, however, in love with another woman — Camille Parker-Bowles. The married, ever-present

Mrs. Parker-Bowles helped Charles — along with the Queen mother — to choose the young virgin from aristocratic blood. But unlike Diana, who devoted herself to being in love, Charles had a different agenda. When asked about loving the then 19-year old he famously quipped, "whatever that means."

From the onset, Parker-Bowles never relinquished her role as mistress. The marriage, as Diana would famously quote years later, "became a bit crowded."

While the musical scores celebrate

Diana's life, there are no noted villains, just the perpetual angst that comes with any love triangle. The play lyrically depicts Diana's once-promised fairy tale as an existence punctuated with bouts of depression, attempted suicides, eating disorders and her own extra-marital affairs. Even her beloved sons William and Harry could not save the marriage, which ultimately ended in divorce.

"Everyone, at some point during their childhood, is exposed to fairy tales — fantastical stories of dashing princes and plucky princesses overcoming curses and creatures to live happily ever after," said Ashley. "Almost everyone, however grows to learn the difference between fiction and reality."

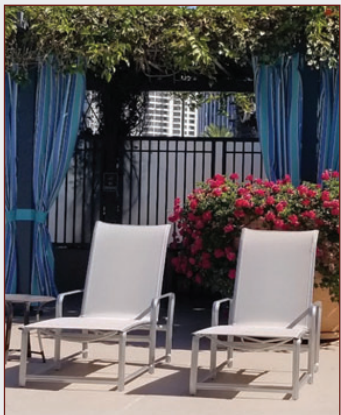
"Diana" elegantly segues into the Princess's final chapter. No longer suffocating behind the castle walls, Diana reached out to those in need. Plastering her heart on her sleeve, the compassionate soul cuddled infants infected with HIV/AIDS, caressed lepers and journeyed through landmines with amputee victims in Bosnia and Angola. Lady Diana, Princess of Wales, devoted herself to highlighting HIV/AIDS early in its crises when most shunned themselves away from a disease no one understood.

Diana's troubled marriage gave birth to a woman of accomplishment.

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NO. 2019-9005263. Fictitious Business Name(s)
a. BAY PARK BOOKKEEPING. Located at: 1612
MOORLAND DR., SAN DIEGO, CA 92109. c. Is
registered by the following: a. SHANNAN JON
RENNA-DITMER. This business is conducted by:
an INDIVIDUAL. The first day of business was:
01/01/13. Registrant Name: SHANNAN JON
RENNA-DITMER, Title of Officer, if Limited Liabil-
ity Company/Corporation, Title of Signor. The state-
ment was filed with Ernest J. Dronenburg, Jr.
Recorder/County Clerk of San Diego County on:
FEBRUARY 28, 2019 ISSUE DATES: MARCH 14,
22, 28 & APRIL 5.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9005655. Fictitious Business Name(s)
a. CAFE HUE. Located at: 3860 CONVOY ST #106,
SAN DIEGO, CA 92111. c. Is registered by the fol-
lowing: a. LELES CAFE LLC. This business is con-
ducted by: a. LIMITED LIABILITY COMPANY. The
first day of business was: 02/07/19. Registrant
Name: LELES CAFE LLC, Title of Officer, if Limited
Liability Company/Corporation, Title of Signor.
The statement was filed with Ernest J. Dronenburg,
Jr. Recorder/County Clerk of San Diego County on:
MARCH 5, 2019 ISSUE DATES: MARCH 14,
22, 28 & APRIL 5.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9005459. Fictitious Business Name(s)
a. GG'S HEATING AND AIR b. GG'S AIR CONDI-
TIONING AND HEATING. Located at: 3127 EL POR-
VENIR WAY, SAN YSIDRO, CA 92173. c. Is regis-
tered by the following: a. GEORGE SMITH
GUEVARA. This business is conducted by: a. INDI-
VIDUAL. The first day of business was: N/A. Reg-
istrant Name: GEORGE SMITH GUEVARA, Title of
Officer, if Limited Liability Company/Corporation,
Title of Signor. The statement was filed with Ernest
J. Dronenburg, Jr. Recorder/County Clerk of San
Diego County on: MARCH 1, 2019 ISSUE DATES:
MARCH 14, 22, 28 & APRIL 5.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9005931. Fictitious Business Name(s)
a. BAND OVERBOARD. Located at: 3033 5TH
AVENUE, SUITE 420, SAN DIEGO, CA 92103. c. Is
registered by the following: a. BUNN COMPANIES,
INC. This business is conducted by: a. CORPORA-
TION. The first day of business was: 01/01/2019.
Registrant Name: BUNN COMPANIES, INC. Title of
Officer, if Limited Liability Company/Corporation,
Title of Signor. The statement was filed with Ernest
J. Dronenburg, Jr. Recorder/County Clerk of SanDiego County on: MARCH 7, 2019 ISSUE DATES:
MARCH 14, 22, 28 & APRIL 5.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006128. Fictitious Business Name(s)
THE CULTURE CONNECTION. Located at: 726
HORNBLAND ST., SAN DIEGO, CA 92109. Is reg-
istered by the following: THE CULTURE CONNEC-
TION. This business is conducted by: AN INDIVID-
UAL. The first day of business was: 03/01/2019.
Registrant Name: SHANOV MUDALIAR Title of Of-
ficer, if Limited Liability Company/Corporation, Title
of Signor. The statement was filed with Ernest J.
Dronenburg, Jr. Recorder/County Clerk of San Diego
County on: MARCH 8, 2019 ISSUE DATES:
MARCH 14, 22, 28 & APRIL 5.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006127. Fictitious Business Name(s)
BALLOONS AND CARTOONS. Located at: 715 S.
TWIN OAKS VALLEY RD. #533, SAN MARCOS,
CA 92078. Is registered by the following: BAL-
LOONS AND CARTOONS. This business is con-
ducted by: AN INDIVIDUAL. The first day of busi-
ness was: 03/08/2019. Registrant Name:
ANDREW F. ASTENGO Title of Officer, if Limited
Liability Company/Corporation, Title of Signor. The
statement was filed with Ernest J. Dronenburg,
Jr. Recorder/County Clerk of San Diego County on:
MARCH 8, 2019 ISSUE DATES: MARCH 14,
22, 28 & APRIL 5.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9005620. Fictitious Business Name(s)
a. KOTOBEAUTY, b. SAMBOHO. Located at: 1740
ROBINSON AVE, SUITE 110, SAN DIEGO, CA
92103. Is registered by the following: ANTONIN
GAILLOU. This business is conducted by: AN INDI-
VIDUAL. The first day of business was:
02/01/2019. Registrant Name: ANTONIN GAIL-
LOU Title of Officer, if Limited Liability Comp-
any/Corporation, Title of Signor. The statement was
filed with Ernest J. Dronenburg, Jr. Recorder/County
Clerk of San Diego County on: MARCH 4, 2019
ISSUE DATES: MARCH 14, 22, 28 & APRIL 5.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006037. Fictitious Business Name(s)
M.C.&G. COSTUM CABINETS. Located at: 3192
COMMERCIAL ST., SAN DIEGO, CA 92113. Is reg-
istered by the following: JOSE CARLOS BALANZAR.
This business is conducted by: AN INDIVIDUAL.
The first day of business was: N/A. Registrant
Name: JOSE CARLOS BALANZAR Title of Officer,
if Limited Liability Company/Corporation, Title of
Signor. The statement was filed with Ernest J.
Dronenburg, Jr. Recorder/County Clerk of San
Diego County on: MARCH 7, 2019 ISSUE DATES:
MARCH 14, 22, 28 & APRIL 5.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006298. Fictitious Business Name(s)
GENESIS HOME IMPROVEMENTS. Located at:
4373 VIEWRIDGE AVE. #A, SAN DIEGO, CA
92123. Is registered by the following: GENESIS
HOME IMPROVEMENTS. This business is con-
ducted by: A CORPORATION. The first day of
business was: 12/02/09. Registrant Name: GEN-
ESIS HOME IMPROVEMENTS Title of Officer, if
Limited Liability Company/Corporation, Title of Sig-
nor WILLIAM REDFIELD PRESIDENT. The state-
ment was filed with Ernest J. Dronenburg, Jr.
Recorder/County Clerk of San Diego County on:
MARCH 11, 2019 ISSUE DATES: MARCH 14, 22,
28 & APRIL 5.STATEMENT OF ABANDONMENT OF USE OF FIC-
TITIOUS BUSINESS NAME FILE NO. 2019-
9006160 Fictitious Business Name to be Aban-
doned: CHARLES F. LANDERS, M.D., EXPERT
WITNESS CONSULTING. Located at: 1659 TORREY
PINES ROAD, LA JOLLA, CA, 92037. The Fictitious
Business name referred to above was filed in San
Diego County on: 11/15/2007 and assigned File
No. 2007-039227. Fictitious Business name is
being abandoned by: CHARLES F. LANDERS 1659
TORREY PINES ROAD, LA JOLLA, CA, 92037. Thisbusiness is conducted by: I. MARRIED COUPLE. I
declare that all information in this statement is
true and correct. (A registrant who declares as
true any material matter pursuant to section 17913
of the Business and Professions code that the reg-
istrant knows to be false is guilty of a misde-
meanor punishable by a fine not to exceed one
thousand dollars (\$1,000).) Registrant name:
CHARLES F. LANDERS. Title of officer, if limited li-
ability company/corporation CEO. The statement
was filed with Ernest J. Dronenburg, Jr., Recorder/
County Clerk of San Diego County on: MARCH 08,
2019. Issue Dates: MARCH 14, 22, 28 & APRIL 5,
2019.STATEMENT OF ABANDONMENT OF USE OF FIC-
TITIOUS BUSINESS NAME FILE NO. 2019-
9006161 Fictitious Business Name to be Aban-
doned: CHARLES F. LANDERS, M.D., EXPERT
WITNESS CONSULTING. Located at: 1659 TORREY
PINES ROAD, LA JOLLA, CA, 92037. The Fictitious
Business name referred to above was filed in San
Diego County on: 06/12/2012 and assigned File
No. 2012-016166. Fictitious Business name is
being abandoned by: CHARLES F. LANDERS 1659
TORREY PINES ROAD, LA JOLLA, CA, 92037. Thisbusiness is conducted by: I. MARRIED COUPLE. I
declare that all information in this statement is
true and correct. (A registrant who declares as
true any material matter pursuant to section 17913
of the Business and Professions code that the reg-
istrant knows to be false is guilty of a misde-
meanor punishable by a fine not to exceed one
thousand dollars (\$1,000).) Registrant name:
CHARLES F. LANDERS. Title of officer, if limited li-
ability company/corporation CEO. The statement
was filed with Ernest J. Dronenburg, Jr., Recorder/
County Clerk of San Diego County on: MARCH 08,
2019. Issue Dates: MARCH 14, 22, 28 & APRIL 5,
2019.NOTICE OF PETITION TO ADMINISTER ESTATE
OF GERALD T. ROBERTS, deceased CASE NO.
37-2019-00005139-PR-LA-CTL. To all heirs,
beneficiaries, creditors, contingent creditors, and
persons who may otherwise be interested in the
will or estate, or both, of: GERALD T. ROBERTS,
AKA GERALD T. ROBERTS OR GERALD ROBERTS
deceased A PETITION FOR PROBATE has been
filed by MICHAEL PRAZMARK in the Superior Court
of California, County of SAN DIEGO. THE PETITION
FOR PROBATE requests that MICHAEL PRAZMARK
be appointed as personal representative to admin-
ister the estate of the decedent. THE PETITION
requests authority to administer the estate under
the Independent Administration of Estates Act with
full authority. (This authority will allow the person-
al representative to take many actions without
obtaining court approval. Before taking certain very
important actions, however, the personal repre-
sentative will be required to give notice to inter-
ested persons unless they have waived notice or
consented to the proposed action.) The independ-
ent administration authority will be granted unless
an interested person files an objection to the peti-
tion and shows good cause why the court should
not grant the authority. A HEARING on the petition
will be held on 05/14/19 at 11:00AM in Dept.
504 Room No: 504 located at 1100 UNION ST.
SAN DIEGO CA 92101 PROBATE DIVISION. IF YOU
OBJECT to the granting of the petition, you should
appear at the hearing and state your objections or
file written objections with the court before the
hearing. Your appearance may be in person or by
your attorney. IF YOU ARE A CREDITOR or a con-
tingent creditor of the decedent, you must file your
claim with the court and mail a copy to the personal
representative appointed by the court within the
later of either (1) four months from the date of first
issuance of letters to a general personal repre-
sentative, as defined in section 58(b) of the Cal-
ifornia Probate Code, or (2) 60 days from the date
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under section 9052 of the California Probate Code.
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affect your rights as a creditor. You may want to
consult with an attorney knowledgeable in Califor-
nia law. YOU MAY EXAMINE the file kept by the
court. If you are a person interested in the estate,
you may file with the court a formal Request for
Special Notice (DE154) of the filing of an invento-
ry and appraisal of estate assets or of any petition
or account as provided in Probate Code section
1250. A Request for Special Notice form is avail-
able from the court clerk. Attorney for Petitioner:
GENNA C. PALECEK 514 VIA DEL VALLE, STE.
208, SOLANA BEACH, CA 92075. 858-771-0776.
ISSUE DATES: MARCH 14, 22, 28 & APRIL 5.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006735. Fictitious Business Name(s)
a. SUIT WELLNESS COLLECTIVE. Located at: 911
HORNBLAND ST., SAN DIEGO, CA 92109. Is reg-
istered by the following: a. MICHELLE LEE KAVIEFF,
and b. KARINA ZULINO. This business is con-
ducted by: CO-PARTNERS. The first day of business
was: 01/26/19. Registrant Name: MICHELLE LEE
KAVIEFF. Title of Officer, if Limited Liability Com-
pany/Corporation, Title of Signor. The statement
was filed with Ernest J. Dronenburg, Jr. Recorder/County
Clerk of San Diego County on: FEBRUARY 27,
2019 ISSUE DATES: MARCH 22, 28 & APRIL 5,
11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006735. Fictitious Business Name(s)
a. SUIT WELLNESS COLLECTIVE. Located at: 911
HORNBLAND ST., SAN DIEGO, CA 92109. Is reg-
istered by the following: a. MICHELLE LEE KAVIEFF,
and b. KARINA ZULINO. This business is con-
ducted by: CO-PARTNERS. The first day of business
was: 01/26/19. Registrant Name: MICHELLE LEE
KAVIEFF. Title of Officer, if Limited Liability Com-
pany/Corporation, Title of Signor. The statement
was filed with Ernest J. Dronenburg, Jr. Recorder/County
Clerk of San Diego County on: FEBRUARY 27,
2019 ISSUE DATES: MARCH 22, 28 & APRIL 5,
11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9004643. Fictitious Business Name(s)
a. PARTIDA MAINTENANCE. Located at: 324 G
AVE., NATIONAL CITY, CA 91950. Is registered by
the following: VICTORINO PARTIDA. This business
is conducted by: AN INDIVIDUAL. The first day of
business was: 01/01/18. Registrant Name: VIC-
TORINO PARTIDA. Title of Officer, if Limited Liability
Company/Corporation, Title of Signor. The state-
ment was filed with Ernest J. Dronenburg, Jr.
Recorder/County Clerk of San Diego County on:
FEBRUARY 21, 2019 ISSUE DATES: MARCH 22,
28 & APRIL 5, 11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006752. Fictitious Business Name(s)
a. CHATSWORTH SUMMIT. Located at: 2228-
2236 CHATSWORTH BLVD., SAN DIEGO, CA
92106. Is registered by the following: AKF
CHATSWORTH LLC. This business is conducted by:
A LIMITED LIABILITY CORPORATION. The first day
of business was: 01/03/06. Registrant Name:
AKF CHATSWORTH LLC. Title of Officer, if Limited
Liability Company/Corporation, Title of Signor,
ANNE FOTHERINGHAM, MANAGING MEMBER. The
statement was filed with Ernest J. Dronenburg,
Jr. Recorder/County Clerk of San Diego County on:
MARCH 14, 2019 ISSUE DATES: MARCH 22,
28 & APRIL 5, 11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006060. Fictitious Business Name(s)
318 EAST SAN YSIDRO, G.P. Located at: 4575
CAMINO DE LA PLAZA, SAN YSIDRO, CA 92173.
Is registered by the following: a. BAJA-MEX INSUR-
ANCE SERVICES, INC. and b. 318 EAST SAN
YSIDRO, LLC. This business is conducted by: GEN-
ERAL PARTNERSHIP. The first day of business
was: 01/01/18. Registrant Name: BAJA-MEX
INSURANCE SERVICES, INC. Title of Officer, if Lim-
ited Liability Company/Corporation, Title of Sig-
nor. The statement was filed with Ernest J. Dro-
nenburg, Jr. Recorder/County Clerk of San Diego
County on: MARCH 08, 2019 ISSUE DATES:
MARCH 22, 28 & APRIL 5, 11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9004423. Fictitious Business Name(s)
COUNSELING WITH COLLEEN. Located at: 685
ELDER AVE., CHULA VISTA, CA 91910. Is regis-
tered by the following: COLLEEN HENNESSY. This
business is conducted by: AN INDIVIDUAL. The
first day of business was: N/A. Registrant Name:
COLLEEN HENNESSY Title of Officer, if Limited
Liability Company/Corporation, Title of Signor. The
statement was filed with Ernest J. Dronenburg,Jr. Recorder/County Clerk of San Diego County
on: FEBRUARY 20, 2019 ISSUE DATES: MARCH
14, 22, 28 & APRIL 5.SUPERIOR COURT OF CALIFORNIA, SAN DIEGO
CASE NO: 37-2019-00013417-CU-PT-CTL. FILE
DATE: MARCH 13, 2019. PETITIONER OR ATTOR-
NEY: OLAMIDE OGONDE HAS FILED A PETITION
WITH THIS COURT FOR A DECREE CHANGING
PETITIONER'S NAME FROM: a. OLAMIDE OGONDE
to LAMI BEACH. The Court orders that all persons
interested in this matter shall appear before this
court at the hearing indicated below to show cause,
if any, why the petition should not be granted. Any
person objecting to the name changes described
above must file a written objection that indicates
the reasons for the objection at least two court days
before the matter is scheduled to be heard and
must appear at the hearing to show cause why the
petition should not be granted. If no written objec-
tion is timely filed, the court may grant the petition
without a hearing. NOTICE OF HEARING TO BE
HELD ON MAY 02, 2019, TIME: 9:00 AM,
DEPARTMENT 903, AT 1100 UNION STREET, SAN
DIEGO, CA 92101 A copy of this Order to show
cause shall be published at least once each week
for four consecutive weeks prior to the date set for
hearing on the petition in the following newspaper
of general circulation, printed in this county: The
Peninsula Beacon & La Jolla Village News. ISSUE
DATES: MARCH 22, 28 & APRIL 5, 11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9005202. Fictitious Business Name(s)
a. H2O FOR LIFE and b. H2O 4 LIFE. Located at:
12625 HIGH BLUFF DR. #208, SAN DIEGO, CA
92130. Is registered by the following: SYNERGY
WORLD, INC. This business is conducted by: A
CORPORATION. The first day of business was:
N/A. Registrant Name: SYNERGY WORLD, INC.
Title of Officer, if Limited Liability Company/Cor-
poration, Title of Signor. The statement was filed
with Ernest J. Dronenburg, Jr. Recorder/County
Clerk of San Diego County on: FEBRUARY 27,
2019 ISSUE DATES: MARCH 22, 28 & APRIL 5,
11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006735. Fictitious Business Name(s)
a. SUIT WELLNESS COLLECTIVE. Located at: 911
HORNBLAND ST., SAN DIEGO, CA 92109. Is reg-
istered by the following: a. MICHELLE LEE KAVIEFF,
and b. KARINA ZULINO. This business is con-
ducted by: CO-PARTNERS. The first day of business
was: 01/26/19. Registrant Name: MICHELLE LEE
KAVIEFF. Title of Officer, if Limited Liability Com-
pany/Corporation, Title of Signor. The statement
was filed with Ernest J. Dronenburg, Jr. Recorder/County
Clerk of San Diego County on: FEBRUARY 27,
2019 ISSUE DATES: MARCH 22, 28 & APRIL 5,
11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9004643. Fictitious Business Name(s)
a. PARTIDA MAINTENANCE. Located at: 324 G
AVE., NATIONAL CITY, CA 91950. Is registered by
the following: VICTORINO PARTIDA. This business
is conducted by: AN INDIVIDUAL. The first day of
business was: 01/01/18. Registrant Name: VIC-
TORINO PARTIDA. Title of Officer, if Limited Liability
Company/Corporation, Title of Signor. The state-
ment was filed with Ernest J. Dronenburg, Jr.
Recorder/County Clerk of San Diego County on:
FEBRUARY 21, 2019 ISSUE DATES: MARCH 22,
28 & APRIL 5, 11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006752. Fictitious Business Name(s)
a. CHATSWORTH SUMMIT. Located at: 2228-
2236 CHATSWORTH BLVD., SAN DIEGO, CA
92106. Is registered by the following: AKF
CHATSWORTH LLC. This business is conducted by:
A LIMITED LIABILITY CORPORATION. The first day
of business was: 01/03/06. Registrant Name:
AKF CHATSWORTH LLC. Title of Officer, if Limited
Liability Company/Corporation, Title of Signor,
ANNE FOTHERINGHAM, MANAGING MEMBER. The
statement was filed with Ernest J. Dronenburg,
Jr. Recorder/County Clerk of San Diego County on:
MARCH 14, 2019 ISSUE DATES: MARCH 22,
28 & APRIL 5, 11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9006060. Fictitious Business Name(s)
318 EAST SAN YSIDRO, G.P. Located at: 4575
CAMINO DE LA PLAZA, SAN YSIDRO, CA 92173.
Is registered by the following: a. BAJA-MEX INSUR-
ANCE SERVICES, INC. and b. 318 EAST SAN
YSIDRO, LLC. This business is conducted by: GEN-
ERAL PARTNERSHIP. The first day of business
was: 01/01/18. Registrant Name: BAJA-MEX
INSURANCE SERVICES, INC. Title of Officer, if Lim-
ited Liability Company/Corporation, Title of Sig-
nor. The statement was filed with Ernest J. Dro-
nenburg, Jr. Recorder/County Clerk of San Diego
County on: MARCH 08, 2019 ISSUE DATES:
MARCH 22, 28 & APRIL 5, 11.FICTITIOUS BUSINESS NAME STATEMENT FILE
NO. 2019-9004403. Fictitious Business Name(s)
ANTIDOTE SKIN CLINIC. Located at: 3007 CLAIRE-
MONT DR. S14, SAN DIEGO, CA 92117. Is regis-
tered by the following: SAVANNAH D. WHITE. This

continued on page 16

SWEET ANGELS SENIOR CARE

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JEMMA SAMALA, KATHY MILLER GRAY,
VICTORIA DAVIS

Five Things To Do For Spring.

(Yep, it is already here.)

- 1) Have a Picnic in the Park! What a great way to say "hello" to Spring.
- 2) Go Camping! Like a longer picnic - with the ability to see constellations.
- 3) Go Whale Watching! You can see them from shore, and even better by boat.
- 4) Plant a Garden! Even a small plant can yield a bumper crop of tomatoes.
- 5) Clean, Clear, Organize! There are few better investments than efficiency.

Spring is a time for change, growth, and new possibilities.

If your change or growth involves buying are selling real estate...

You need a knowledgeable real estate professional - who understands and protects your interests.

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NOBEL >> CONT. FROM PG. 1

Nobel were formally dismissed March 18 in light of his death, according to Hilary Nemchik, a spokesperson for City Attorney Mara Elliott. Criminal charges, even when a person dies, must be formally dismissed in court.

All charges were also dismissed against the property manager, Devdatt Niranjambhai Patel, 35, of Pacific Beach, as part of the settlement of the case, said Nemchik.

Mahin Nobel also pleaded guilty to unlawfully allowing graffiti to remain at the apartment complex in which the graffiti was visible from the street. She also admitted violating a land development code of not having a proper permit.

Other charges of improper maintenance, inadequate heating, infestation of insects and rodents, and general dilapidation were dismissed after Mahin Nobel pleaded guilty to five counts. Her attorney could not be reached for comment.

A Dec. 20, 2017, press release from the city attorney

said seven refugee families from the Republic of Congo moved into the complex with a Swahili interpreter and assistance from Catholic Charities in June through Sept., 2016. The families had complained about bathroom leaks, old equipment, broken doors, and other issues.

In a separate proceeding, an administrative law judge ordered the couple to pay \$34,279 in relocation costs to the seven families plus a \$10,000 civil penalty. The seven families were relocated by the city.

A city code inspector cited the property for exposed electrical wiring, mold, expired fire extinguishers, and other problems. The property was developed into a 12-unit complex in 1980. The Nobels purchased it in 2004 under the name of Casa De Las Palmas, LLC.

Some of the exit and fire violations occurred when the apartments were illegally converted from two-bedroom units into three or four-bedroom units, according to the city attorney's office.

Legals

Celebrate National Burrito Day in La Jolla

By DAKOTA CAMPAGNA | LA JOLLA VILLAGE NEWS

San Diego is known as one of the best places for beaches, breweries, and burritos. And La Jolla restaurants excel in burritos.

Whether it's for a hearty breakfast or a nap-inducing lunch on the beach, the local shops deliver the burrito classics – California with fries, or carne asada with guac, or machaca with salsa verde – that keep gringos coming back for more.

Don Carlos Taco Shop has a wide range of burritos that can be served “wet” or dry. Their La Jolla burrito includes pollo asada, fries, salsa, sour cream, and cheese. The Scripps burrito includes soyrizo, fries, salsa, sour cream, cheese and El Niño burrito has carne asada, peppers, onions, jalapeño cheese, and salsa. Their Clairemont burrito includes carnitas, fries, salsa, sour cream, and cheese.

Don Carlos Taco Shop
737 Pearl St. Suite 113
858-456-0462
eataburrito.com

Su Casa Restaurant is a great sit-down place where you can go with a group of friends and family. They open at 4 p.m. for dinner. One of their stand-out burritos is the carne asada, which includes diced choice cut steak wrapped in a huge flour tortilla that's served with a cheese enchilada rice and beans.

Su Casa Restaurant
6045, 6738 La Jolla Blvd.
858-454-0369
sucasarestaurant.com

Jose's Courtroom is the place to grab some burritos and take in an ocean view. Some of their popular burritos are their veggie, which includes roasted corn, cactus, zucchini, sweet potatoes, mushrooms, kale, bell pepper, black beans, rice, salsa fresca, cream oaxacena, cotija, and machengo cheeses. The Baja burrito bowl includes black beans, Spanish rice, shredded lettuce, salsa fresca, avocado, and their homemade cilantro lime dressing.

Jose's Courtroom
1037 Prospect St.
858-454-7655
joses.com

Rigoberto's Taco Shop has two locations in La Jolla. A few of the burritos to choose from include their carne asada, California, and breakfast options. Pick up a couple breakfast burritos at the drive-thru on the way to the cove.

Rigoberto's Taco Shop
6690 La Jolla Blvd.
7345 La Jolla Blvd.
858-551-1817, 858-454-4631
rigobertostacoshop.net

Don Bravo's Authentic Mexican Cuisine in Bird Rock offers the classic carne asada, California and breakfast burritos. But maybe try something different with a lobster burrito or the surf and turf to go and walk down to the end of Midway Street to enjoy lunch with an ocean view.

Don Bravo's Authentic Mexican Cuisine
5504 La Jolla Blvd.
858-454-8940

At **Verdes El Rancho**, a few of their popular specials include a carnitas burrito, and a chile Colorado burrito.

Verdes El Rancho
7404 La Jolla Blvd.
858-459-5877

LEGALS ADS 900

business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: SAVANNAH D. WHITE. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 19, 2019 ISSUE DATES: MARCH 22, 28 & APRIL 5, 11.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9005904. Fictitious Business Name(s) a. DREAMSTYLE REMODELING FEATURING PELLA and b. DREAMSTYLE REMODELING FEATURING WINDOWS AND DOORS BY PELLA. Located at: 9260 TRADE PLACE, STE 100, SAN DIEGO, CA 92126. Is registered by the following: DREAMSTYLE REMODELING OF CALIFORNIA, INC. This business is conducted by: A CORPORATION. The first day of business was: 02/01/19. Registrant Name: DREAMSTYLE REMODELING OF CALIFORNIA, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 07, 2019 ISSUE DATES: MARCH 22, 28 & APRIL 5, 11.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9006007. Fictitious Business Name(s) P&R TILE AND STONE. Located at: 276 5TH AVE. #A, CHULA VISTA, CA 91910. Is registered by the following: MELIA GROUP, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: N/A. Registrant Name: MELIA GROUP, LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 07, 2019 ISSUE DATES: MARCH 22, 28 & APRIL 5, 11.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9006725. Fictitious Business Name(s) BAYSIDE LANDING. Located at: 3780 INGRAHAM ST, SAN DIEGO, CA 92109. Is registered by the following: PKF, INC. This business is conducted by: A CORPORATION. The first day of business was: 10/01/14. Registrant Name: PKF, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 14, 2019 ISSUE DATES: MARCH 22, 28 & APRIL 5, 11.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007125. Fictitious Business Name(s) SAN DIEGO SCUBA GUIDE. Located at: 4036 MOUNT ACADIA BLVD., SAN DIEGO, CA 92111. Is registered by the following: DAVOR POTOCNZAK. This business is conducted by: AN INDIVIDUAL. The first day of business was: 05/17/11. Registrant Name: DAVOR POTOCNZAK. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 19, 2019 ISSUE DATES: MARCH 22, 28 & APRIL 5, 11.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007221. Fictitious Business Name(s) DOVER CONSTRUCTION. Located at: 3495 WISTERIA DR., SAN DIEGO, CA 92106. Is registered by the following: LA PLAYA PLUMBING & HEATING, INC. This business is conducted by: A CORPORATION. The first day of business was: 03/20/19. Registrant Name: LA PLAYA PLUMBING & HEATING, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 20, 2019 ISSUE DATES: MARCH 22, 28 & APRIL 5, 11.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9005135. Fictitious Business Name(s) THE WILD RUE. Located at: 10920 NEW SALEM CIRCLE, SAN DIEGO, CA 92126. Is registered by the following: RHONDA MICHELLE WHEELER. This business is conducted by: AN INDIVIDUAL. The first day of business was: 02/27/19. Registrant Name: RHONDA MICHELLE WHEELER. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of

San Diego County on: FEBRUARY 27, 2019 ISSUE DATES: MARCH 22, 28 & APRIL 5, 11.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9004783. Fictitious Business Name(s) IGLESIA DE CRISTO – MINISTERIOS ELM VISTA. Located at: 1221 RIDGE RD., VISTA, CA 92081. Is registered by the following: a. REYNA EPIFANIA OLEA and b. MANUEL OLEA. This business is conducted by: A MARRIED COUPLE. The first day of business was: N/A. Registrant Name: REYNA EPIFANIA OLEA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 22, 2019 ISSUE DATES: MARCH 22, 28 & APRIL 5, 11.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9006943. Fictitious Business Name(s) a. SNORKEL SAN DIEGO SCUBA, b. SCUBA DIVER GIRLS, c. SCUBA LA JOLLA, d. SAN DIEGO SCUBA DIVING, e. SAN DIEGO ACTION TOURS. Located at: 3939 MISSION BOULEVARD, APT. H, SAN DIEGO, CA 92109. Is registered by the following: MARCH V ADVENTURES. This business is conducted by: A CORPORATION. The first day of business was: 06/17/08. Registrant Name: MARCH V ADVENTURES. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 16, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007194. Fictitious Business Name(s) PARADISE PADDOLE YOGA. Located at: 530 B HARKLE ROAD STE. 100, SANTA FE, NM 87505. Is registered by the following: PADDOLE FITNESS, LLC. This business is conducted by: A LIMITED LIABILITY CORPORATION. The first day of business was: 03/04/19. Registrant Name: PADDOLE FITNESS, LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 19, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007110. Fictitious Business Name(s) GARTNER & GALSTIAN VISION CARE. Located at: 7770 REGENTS ROAD SUITE 104, SAN DIEGO, CA 92122. Is registered by the following: a. JOHN E GARTNER and b. LISA M GALSTIAN. This business is conducted by: A MARRIED COUPLE. The first day of business was: 01/05/15. Registrant Name: JOHN E GARTNER. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 19, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007400. Fictitious Business Name(s) BENAVIDES Y ASOCIADOS. Located at: 1343 E 5TH ST., NATIONAL CITY, CA 91950. Is registered by the following: JAVIER VARGAS BENAVIDES. This business is conducted by: AN INDIVIDUAL. The first day of business was: 03/21/19. Registrant Name: JAVIER VARGAS BENAVIDES. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 21, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007412. Fictitious Business Name(s) BAYHILL TAVERN. Located at: 3010 CLAIRMONT DRIVE, SAN DIEGO, CA 92117. Is registered by the following: 3010 HOSPITALITY LLC. This business is conducted by: A LIMITED LIABILITY CORPORATION. The first day of business was: N/A. Registrant Name: 3010 HOSPITALITY LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 21, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007372. Fictitious Business Name(s) a. THE MITCHELL GROUP and b. THE

MITCHELL GROUP COMPANIES. Located at: 127 LOMAS SANTA FE DR. SOLANA BEACH, CA 92075. Is registered by the following: GLENN M. MITCHELL II. This business is conducted by: AN INDIVIDUAL. The first day of business was: 01/01/13. Registrant Name: GLENN M. MITCHELL II. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 21, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9006309. Fictitious Business Name(s) a. RYS & ASSOCIATES PROPERTIES. Located at: 4640 JEWELL ST. # 232W, SAN DIEGO, CA 92109. Is registered by the following: FRANK RYS. This business is conducted by: AN INDIVIDUAL. The first day of business was: 03/08/19. Registrant Name: FRANK RYS. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 11, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007079. Fictitious Business Name(s) 1 LIFE CONNECTED CONSULTING. Located at: 1551 UNION STREET #205, SAN DIEGO, CA 92101. Is registered by the following: 1 LIFE CONNECTED. This business is conducted by: A CORPORATION. The first day of business was: 10/01/15. Registrant Name: 1 LIFE CONNECTED. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 18, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007186. Fictitious Business Name(s) a. BAYSIDE CATERERS and b. BAYSIDE CATERING. Located at: 1199 PACIFIC HWY UNIT 1401, SAN DIEGO, CA 92101. Is registered by the following: SUSANA S. CANASTRA. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: SUSANA S. CANASTRA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 19, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007758. Fictitious Business Name(s) SKINNER PLUMBING & HEATING. Located at: 1578 DIAMOND ST., SAN DIEGO, CA 92109. Is registered by the following: TEDDY DOG INC. This business is conducted by: A CORPORATION. The first day of business was: 02/26/19. Registrant Name: TEDDY DOG INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 26, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9006535. Fictitious Business Name(s) A-Z DELIVERY SERVICE. Located at: 530 SEA VALE CT. APT. A, CHULA VISTA, CA 91910. Is registered by the following: VICTOR J. IBARRA JR. This business is conducted by: AN INDIVIDUAL. The first day of business was: 03/01/19. Registrant Name: VICTOR J. IBARRA JR. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 12, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007821. Fictitious Business Name(s) FATHOM MARTIAL ARTS. Located at: 5050 SOLEDAD RD., SAN DIEGO, CA 92109. Is registered by the following: PAUL DAVID NORIEGA. This business is conducted by: AN INDIVIDUAL. The first day of business was: 03/26/19. Registrant Name: PAUL DAVID NORIEGA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 26, 2019 ISSUE DATES: MARCH 28 & APRIL 5, 11 & 19.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007544. Fictitious Business Name(s) INFINITE LOVE DESIGNS. Located at: 4644 NEWPORT AVE., SAN DIEGO, CA 92107. Is registered by the following: KRISTI DELAVAN (KIKI LOVE). This business is conducted by: AN INDIVIDUAL. The first day of business was: 12/31/17. Registrant Name: KRISTI DELAVAN. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 22, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007906. Fictitious Business Name(s) HAIR BY AMY. Located at: 3921 ARIZONA STREET, SAN DIEGO, CA 92104. Is registered by the following: AMY ELIZABETH MORRIS. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: AMY ELIZABETH MORRIS. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 27, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007929. Fictitious Business Name(s) BLOSSOM NAILS. Located at: 955 GARNET AVE., SAN DIEGO, CA 92109. Is registered by the following: a. NGOC-TRAM NGUYEN LE and b. TUAN THUONG TRAN. This business is conducted by: A MARRIED COUPLE. The first day of business was: 03/27/19. Registrant Name: NGOC-TRAM NGUYEN LE. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 27, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007909. Fictitious Business Name(s) SUNANDFUNJETSKI. Located at: 1412 WEAVERVILLE ST., CHULA VISTA, CA 91913. Is registered by the following: JANELLE DESIREE BELL. This business is conducted by: AN INDIVIDUAL. The first day of business was: 03/27/19. Registrant Name: JANELLE DESIREE BELL. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 27, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007352. Fictitious Business Name(s) ECO CHILD OUTDOOR WITH NATURE. Located at: 3605 CLAIREMONT DRIVE, SAN DIEGO, CA 92117. Is registered by the following: ECO CHILD OUTDOOR WITH NATURE. This business is conducted by: A CORPORATION. The first day of business was: 01/01/19. Registrant Name: ECO CHILD OUTDOOR WITH NATURE. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 20, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007741. Fictitious Business Name(s) BODY BEAUTIFUL SPA. Located at: 4295 GESNER STREET 2B, SAN DIEGO, CA 92117. Is registered by the following: ALFREDO SAMANIEGO. This business is conducted by: A LIMITED LIABILITY COMPANY. The first day of business was: N/A. Registrant Name: ALFREDO SAMANIEGO. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 25, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9008195. Fictitious Business Name(s) CRUISIN FOR A BREWSIN MOBILE. Located at: 8919 LADDIE LANE, SAN DIEGO, CA 92123. Is registered by the following: MARKO PAVLINOVIC. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: MARKO PAVLINOVIC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 29, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9007485. Fictitious Business Name(s) GALAXY TABLES. Located at: 10560

KENNEY STREET, SANTEE, CA 92071. Is registered by the following: SHADI KHOURLI. This business is conducted by: AN INDIVIDUAL. The first day of business was: 03/21/19. Registrant Name: SHADI KHOURLI. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 21, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9006793. Fictitious Business Name(s) a. NEKIT FIT and b. NEKIT FITNESS. Located at: 9805 JAKE LANE APT 14107, SAN DIEGO, CA 92126. Is registered by the following: DARIELLE MIA FREEMAN. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: DARIELLE MIA FREEMAN. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 14, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9004955. Fictitious Business Name(s) CHICHA CULTURE. Located at: 12518 CAMINITO DE LA GALLARDA, SAN DIEGO, CA 92128. Is registered by the following: EKEKO, INC. This business is conducted by: A CORPORATION. The first day of business was: 01/01/19. Registrant Name: CITRINE SPA AND YOGA ARTS INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 06, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9005818. Fictitious Business Name(s) a. YOGA ARTS and b. CITRINE. Located at: 3017 CANON ST., SAN DIEGO, CA 92106. Is registered by the following: CITRINE SPA AND YOGA ARTS INC. This business is conducted by: A CORPORATION. The first day of business was: 01/01/19. Registrant Name: CITRINE SPA AND YOGA ARTS INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 06, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CENTRAL DIVISION CASE NO: 37-2019-00003372-CU-PT-CI. FILE DATE: MARCH 07, 2019. PETITIONER OR ATTORNEY: PAUL JANUARY RAINS-MILLER HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM: PAUL JANUARY RAINS-MILLER TO KEMET NASIR BAMSJAI RAKENTE. The Court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAY 09, 2019, TIME: 9:00 AM, DEPARTMENT 903, AT 1100 UNION STREET, SAN DIEGO, CA 92101 A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Peninsula Beacon & La Jolla Village News. ISSUE DATES: APRIL 5, 11, 19 & 25.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9006117. Fictitious Business Name(s) REEFVENTURE. Located at: 1253 MANNANA WAY, SAN DIEGO, CA 92139. Is registered by the following: KRISTONE PAUL NICOLAS. This business is conducted by: AN INDIVIDUAL. The first day of business was: N/A. Registrant Name: KRISTONE NICOLAS. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: MARCH 08, 2019 ISSUE DATES: APRIL 5, 11, 19 & 25.

University City community news and notes

By JEMMA SAMALA | LA JOLLA VILLAGE NEWS

UC Talks podcasts

The University City Community Association's podcast program, UC Talks, is now available and can be found on the universitycitynews.org website or go to SoundCloud.com and search "UC Talks," where you can subscribe for free and be alerted when new podcasts are posted. Recent podcasts include conversations with Barry Bernstein, UCCA president; Melissa Martin, UC Library branch manager; and Ruth DeSantis, University City Community Foundation president. Each monthly newsletter will also be recorded and is a service provided to those who cannot read the newsletter, and for those who do not get a physical copy of the newsletter. If you have a suggestion for a future podcast topic, contact uccaeditor@gmail.com.

Sights & Sounds Showcase

The University City High School Music Boosters is having its fifth annual Sights and Sounds Showcase on April 19, 6 to 9 p.m. at the Lawrence Family Jewish Community Center, Jacobs Family Campus, 4126 Executive Drive. The talent show and fundraiser helps support the school's music program. This

wonderful community event gives local youth, and some high school staff members, the opportunity to show their talent while raising money to support the music program. There will be music, dance, singing and a concert by salsa band Rumba Y Sol, whose bandmembers includes UCHS's very own music director Brandon Corenman. Besides the talented entertainment, there will be food, a dessert buffet, and a silent auction. Tickets are \$45 for adults, \$15 for students (ages 5-20) and available from the JCC or a UCHS music student. Also, if you are a local business or community member that would like to support the Music Boosters and this event, contact Christine Mailloux at uchsshowcase@gmail.com.

Spring Egg Hunt

Standley Park's annual Spring Egg Hunt will be held on Saturday, April 13 from 10 a.m. to noon, at the great lawn by the Standley Park Recreation Center, 3585 Governor Drive. The Egg Hunt will start promptly at 10 a.m. for all ages. Bring your own basket to collect eggs for decorating or placing on a Seder plate. The Rec Center will offer face painting, egg dyeing, arts and crafts, jumper and more.

Good-bye Jesse

And speaking of Recreation Centers... University City would like to offer a bittersweet goodbye, and a big congratulations to Jesse DeLille, who has been a helpful and familiar face at the Standley Park Rec Center for years. He has been promoted to the La Jolla Recreation Center director, 615 Prospect St. UC wishes him well in his new position.

Rose Canyon bird walks

Friends of Rose Canyon invites the public to free spring bird walks during April and May. Spring is the best time of year to see and hear a great variety of birds in Rose Canyon, including migrants from the tropics, winter residents getting ready to migrate north, and year-round residents. Many birds are in breeding plumage, showing spectacular colors. Some birds are singing to establish territories and attract mates. Other species are building nests, gleaning insects off the trees, feeding their young. Birds of prey are on the wing, courting, hunting, and carrying prey to their nests.

Rose Canyon becomes a different world during spring bird migration. Join one of the walks to experience this dramatic annual display of nature in our midst. After all the rains, Rose Canyon is green and



This handsome little Wilson's Warbler stopped over to feed on some insects in Rose Canyon during its long migration from as far south as Central America to as far north as Alaska to breed. The population of Wilson's Warblers is in steep decline, so we love to catch sight of them during our bird walks in Rose Canyon.

PHOTO BY BILL MITTENDORF

beautiful. Walks are hosted by Friends of Rose Canyon and led by skilled birders. Beginners and experienced birders are all welcomed, and best for those ages 9 and up. Binoculars are provided if needed. Walks are easy, and participants may leave at any time during the walk. Reminder that there are no bathrooms or water in Rose Canyon Open Space Park. Meet at the trailhead at the intersection of Regents Road and Lahitte Court. Walks start at 8 a.m. and run until 10 a.m. Please arrive 10 minutes early to park and borrow binoculars. Dates are: Saturdays – April 13, 20, and May 11; Sundays – April 28 and

May 5. If you have any questions, contact Debby Knight, rose-canyon@san.rr.com, 858-597-0220, or go to rosecanyon.org.

Good deeds - volunteer month

April is National Volunteer Month, and volunteers make a big difference in University City. Volunteers make up the University City Community Association, its foundation, deliver monthly newsletters, join Neighborhood Watch groups, participate in People for a Clean UC monthly cleanups, support Friends of the UC Library, and serve on various local boards and event planning groups.

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MEETING ANNOUNCEMENT

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Wednesday, April 17, 2019
4:00 p.m.

Holiday Inn San Diego Bayside
4875 N. Harbor Dr., San Diego, CA 92106

Next Meeting Date
June 19, 2019



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FROM MY GARDEN – The essence of spring is scented geraniums

By LINDA MARRONE | LA JOLLA VILLAGE NEWS

Native to regions of South Africa, scented-leaf geraniums may share the same name with true geraniums, but they are actually from the genus pelargonium. True geraniums (*Geranium maculatum*) are mostly native to the Northern Hemisphere where they tolerate colder climates. Pelargoniums grow in tropical warmer climates and cannot survive if there is frost and cold weather. As their name implies, scented-leaf geraniums, unlike the true geraniums, have heavily scented foliage that comes in a range of aromas that include; rose, mint, lemon, strawberry, peach, apple, apricot and cinnamon, just to name a few. In the spring through early summer, these attractive herbaceous perennials

produce sprays of small flowers in shades of pink, lavender, or white.

Besides their fragrance, each variety of scented geraniums has its own growing habit. Some grow upright and others are perfect for hanging baskets, since they have long wispy branches that will spill over their container. I have a rose-scented geranium on the edge of a flowerbed that grows almost like a ground cover and its small pink blossoms are getting ready to bloom. I also have pots filled with peppermint-scented geraniums outside my kitchen door that have sprays of tiny white flowers for most of the year. Their thin vine-like stems allow them to cascade down over their containers.

Plant all varieties of these easy-to-grow evergreen plants in full or partial shade and in an area where you will



Essential oils from rose-scented geranium leaves are used in aromatherapy, perfumes and beauty products, as well as flavoring for foods, such as jams, syrups and teas.

LINDA MARRONE / VILLAGE NEWS

brush against them as you walk past, which allows the plant to release the essential oils that creates their scent. They prefer soil that drains very well, and only water them when the soil becomes completely dry. While these hearty plants are virtually pest free, springtime can bring

aphids that are easily removed with a spray of water from a garden hose. They do not require a lot of fertilizer and I only give mine a diluted amount of a balanced organic fertilizer in late February, just before the spring growing cycle begins. As the flowers fade, clip them off to encour-

age more flower buds and remove any yellowing or dead leaves from the plants, as well as from the soil around them.

In late fall when the weather cools, scented-leaf geraniums will need to be pruned back, which will encourage new growth and allows you to shape the plant. Pruning is important because, over time, older growth can become woody and leggy, which means less leaves and flowers. This past fall, I cut my peppermint geraniums back and left only 6 inches of the plant sticking up above the soil. Today, these indestructible plants are overflowing their containers and I just planted two more in pots (from Green Gardens Nursery) outside my garden gate.

My favorite way to use rose-scented geranium leaves is in strawberry jam. Only use leaves from organically grown plants.

Easy strawberry rose jam

This simple recipe doesn't use pectin and makes a small batch, but you can double the recipe. For best flavor, harvest the leaves as the plant begins to bloom.

4 cups strawberries, hulled and chopped;

2 to 3 cups sugar, depending on the sweetness of the berries;

1/4 cup fresh lemon juice (Meyer lemon is nice);

4 rose scented geranium leaves, bruised;

Place all the ingredients in a saucepan and bring to a simmer. Cook on medium low heat about 20 to 25 minutes, stirring occasionally. Let the mixture cool and remove the geranium leaves. Store in sterilized sealed jar(s) in the refrigerator.

You can also take leaves from scented geraniums to make flavored sugar. Layer several leaves (lemon is lovely) in between adding the sugar to a jar with a tight fitting lid. Store for several weeks and your sugar will be filled with the leaves' essence.



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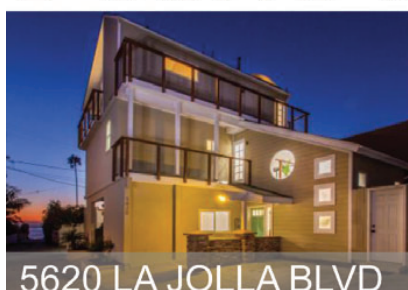
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David is simply one of the best, hardest working realtors I have ever worked with. He did an amazing job for us on our purchase & I would use him again in a second. He is always available and works incredibly hard. We have looked at lots of deals together since then and now I will buy/sell my next house with his help. I have referred many friends to him.

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David has helped me sell two homes in La Jolla and purchase one over the past 4 years. He was consistently responsive, available and clearly very knowledgeable of the local real estate market. Because I live out of the area, I really needed an agent I could trust to help coordinate all the details. David came through with flying colors! I am very pleased with the outcomes of all three transactions and would definitely ask David to be my agent again in the future.



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