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THIS WEEK



La Jolla Playhouse announces full cast for 'Diana'

SEE PAGE 11



Isabella Rossellini brings her 'Link Link Circus' to La Jolla

SEE PAGE 10



Saffron Thai opens new location in La Jolla

SEE PAGE 2



La Jolla's JoJo Roper shreds a wave at the surf break Jaws at Pe'ahi on the North Shore of Maui.

La Jolla's big wave surfer gets big time recognition

By VICTORIA DAVIS | LA JOLLA VILLAGE NEWS

JoJo Roper – famous in San Diego by both his skills as a big wave surfer and by his father Joe's legacy – says the feeling of riding a 40-foot wave is somewhat akin to the heart-in-the-throat

reaction typically caused by an airplane dropping as it begins its descent.

"If your surfboard is connected to the wave and it's a super steep take-off and you're in the most critical position on that wave that you can be... it's that weight-

less, not knowing what's going to happen feeling," said Roper, who lives in La Jolla and works at his father's surfboard repair shop in Kearny Mesa.

Last month, Roper was nominated for Surfer Magazine's Heavy Water Award

and serves as a top competitor in World Surf League's Big Wave Tour 2018. This has earned him recognition as one of last year's Boldest and Bravest Big Wave Surfers.

SEE SURFER PG. 15

MAD money for La Jolla in the courts

Due to lawsuit, plan stays in legal limbo

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

It ain't over till it's over.

That famous Yogi Berra quote applies to the situation with the La Jolla maintenance assessment district, which has been tied up from being implemented for more than a year by an ongoing court lawsuit.

The initial judicial verdict sided with the plaintiffs, a landlord group known as the La Jolla Benefits Association. LJBA argued the MAD was unlawful because it essentially constitutes a second tax on services the city is already obligated by its charter to provide.

In a Nov. 30, 2017 judgment, San Diego Judge Randa Trapp ruled the La Jolla MAD was unconstitutional. "The general public should not be required to pay for special benefits for the few, and the few specially benefited should not be subsidized by the general public," Trapp stated.

SEE MAD PG. 4



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Saffron Thai opens new location in La Jolla

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

After 33 years in Mission Hills, Saffron Thai now has a second La Jolla location.

Inhabiting a retail space that formerly was a Chipotle at 1055 Torrey Pines Road, this latest eatery by company founder and now-consultant Su-Mei Yu, features more than 2,000 square feet of indoor-outdoor dining space.

Guests can enjoy all of their favorite Saffron dishes including Su-Mei's famous salad rolls, Thai grilled chicken, stir fries, noodle soups and flavorful curries, plus several new selections like beach-friendly curry wraps.

The menu continues to emphasize Su-Mei's philosophy of "food for the mind, body and soul," with a wide range of healthy choices, most of which are available gluten free and/or vegetarian, all under \$13.50.

"We opened in October of last year," noted Saffron publicist Lorena Whiteside, adding the new restaurant is "more the casual affordable type."

La Jolla Saffron Thai is breaking fresh ground.

"Our curries are available every day instead of just on certain days," said Whiteside, adding Saffron's latest menu entree, the curry wrap, "comes wrapped inside a tortilla with rice and chutney, which is kind of fun."

The La Jolla expansion comes nearly two years after Yu joined forces with San Diego hospitality firm Karina's Group, which manages popular dining establishments



Some of the Saffron Thai menu items available are Thai grilled chicken, to stir fries, salad rolls and curry wraps.

like Karina's Mexican Seafood, Savoie Italian Eatery and Karina's Ceviches & More.

Karina's Group contributed their design and operational expertise, along with the capital needed, to create the new Saffron revamping its look.

The La Jolla space underwent a significant facelift under the guidance of Karina's Group's David Contreras Curiel. The result is a welcoming and bright eatery where guests can enjoy a casual meal or conveniently order/pickup food-to-go.

"Saffron has been such an ongoing success story that we wanted to share it with other parts of San Diego, and La Jolla was a natural choice," Curiel says. "The new space is large enough to accommodate a good number of guests, but small

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enough that we can maintain the high quality of food, service and environment customers expect."

Su-Mei Yu, a long-time La Jollan, is thrilled with the opening of the new location. "I'm so excited to finally be able to expand Saffron with the help of Karina's Group," she said. "The new restaurant beautifully encompasses the essence of my original creation while offering the same high quality, healthy and flavorful fare our customers have enjoyed for more than 33 years on India Street."

La Jolla Rotary clubs gather for annual meeting

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

All five rotary clubs in La Jolla – La Jolla Golden Triangle, La Jolla Rotary, La Jolla Sunrise, Rotary Club of Torrey Pines, and Rotary Club of San Diego Coastal – gathered Friday, Jan. 11 to listen to Rotary Club International president Barry Rassin speak about the organizations' trials and triumphs of the past year.

While Rotary International has been around for 114 years, the group began its fight against polio in 1979. Forty years later, Rassin says the group is still fighting battles, but the war is almost won.

"Every Thursday, I get the national polio report, and every Thursday I hate opening my email," he said to the crowd of dozens of local Rotary members at the Braille Institute. "I know a lot of us are frustrated. There were 29 reported cases last year, up from the 22 reported the year before. But yesterday the polio report reported no new cases, and that's two weeks in a row."

"I believe we'll see our last case of



At the meeting were Mel Gallegos (District 5340 Governor), La Jolla Golden Triangle President Rick Binder, Rotary International President Barry Rassin, La Jolla Rotary President Kevin Quinn, Torrey Pines President Dr. Henri Migala, San Diego Coastal President Jessica Long, La Jolla Sunrise President Kilma Lattin.

polio in 2019."

While eradicating the disease that impacted hundreds of thousands of people in the 1980s was Rotary International's main priority, Rassin was not one to forget all the other kinds of good its members do in the world. For instance, they train about 100 people a year in peace conflict

and rebuilding 40 schools in Haiti after the 2010 earthquake.

"We stay for the long term," Rassin said. "We stick to what we're doing, we make sure it gets done, and we make sure it gets done well."

For more information on joining a Rotary organization near you, visit rotary.org.



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Billionaires Row
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La Jolla architect submits plans to transform Marine Street Beach

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

If you were looking for Harry Martinez and Erik Holtsmark back in the 1950s, there was pretty much only one place you'd find them: Marine Street Beach, sitting on their surfboards, laughing and chanting to Neptune for some killer waves.

That was six decades ago, and even back then – when Holtsmark said they were lucky if they could find six people on the beach to play volleyball – the two friends talked about how the dead-end of Marine Street could be put to better use. Not only was it essentially just a place for beachgoers to illegally park, but access to the water was borderline dangerous.

Since the years have gone by and Marine Beach is “like Coney Island” in the summertime, safe access has become even more important, according to Holtsmark. He's experienced the issues of the old single staircase to the beach firsthand.

“It's a terrible little stairway down,” he said. “One time, a guy got a speargun to his side, and I had to help try to carry him up those stairs to the ambulance above.”

Holtsmark, who was 16 when

‘I would love to see something created out of this space that's bothered me for so long. Turn an ugly dead-end, dangerous street into something nice, useful and attractive.’

ERIK HOLTSMARK
LA JOLLA ARCHITECT

that happened, believes it's time for a spot, as well-frequented as Marine Beach, to get some upgrades. Being in the construction and building business since he was 12, he decided to draw up some plans of what his ideal use of the land would be.

The project is called Marine Memorial Mall, and it includes three loading spots for cars, a parking spot for emergency vehicles, two fountain pools in the shapes of a heart and a stomach, statues of Neptune, seals, pelicans and other sea life, one waterfall, a large chess and checker board, a wading pool, elevated benches for prime ocean viewing, a handicap elevator ramp, public restrooms, an area for vending machines, an upgraded lifeguard stand and, of course, a safe staircase to the beach.

While he acknowledges that it's a lot for one park, Holtsmark esti-

mates that it could all be done for \$4.5 million. That price tag excludes all the benches, chairs, statues, plaques and murals, which would be covered by people looking to purchase dedications. Which is, coincidentally, how this all got started.

In an attempt to help a friend fund a bench along the La Jolla coastline to dedicate in memory of her husband, Holtsmark said he was denied three times by the San Diego Department of Parks & Recreation.

That's when he realized that his friend's memorial bench and his decades-old idea for Marine Street could be combined. Plans were drawn up, and he submitted the proposal for Marine Memorial Mall to both the San Diego Department of Parks & Recreation and the La Jolla Parks & Beaches. He was invited to present his idea in front of the board at their next meeting, which is at 4



Erik Holtsmark at the beach he's been visiting since he was a teenager.
EMILY BLACKWOOD / VILLAGE NEWS

p.m. on Jan. 28 at the La Jolla Recreation Center, 615 Prospect St.

“I would love to see something created out of this space that's bothered me for so long,” Holtsmark said. “Turn an ugly dead-end, dangerous street into something nice, useful and attractive.”

Sadly, Harry Martinez won't be able to see the space that he and Holtsmark used to talk about transforming when they were kids. After graduating from San Diego State

University, he went into the military and became a captain in the United States Air Force. He flew more than 60 missions in Vietnam before he died in a crash while flying a fighter jet. He was 29.

But even though Martinez isn't around, Holtsmark said he probably would like his idea.

“We always talked about how something should be done.”

And after six decades, something might be.

Village Merchant Association holds meetings on strategic planning

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

In December, La Jolla Village Merchant Association vetted how best to bring business to La Jolla Village.

In January, the merchant group approved a “game plan” for accomplishing that.

On Dec. 12, La Jolla's business improvement district broke into interactive small groups to brainstorm ideas in several strategic areas: organization, economic vitality and merchant development, design and ambience, and promotion, marketing and publicity.

“We need to create a better experience for our customers when they come to the Village,” pointed out LJVMA executive director Jodi Rudick. “It's about heads in beds,

and feet on the street.”

Rudick noted everything LJVMA does in strategic planning has to favorably answer the question, “Does this idea bring business to the Village?”

“If we focus on that – we'll be successful,” Rudick said.

On Jan. 9, LJVMA president Brett Murphy unveiled the final 2019 Strategic Plan Initiatives list which included:

- Creating a shop local discount program;
- Developing a media kit/rate card;
- Recruit student interns/volunteers;
- Develop an associate member category;
- Develop a parking plan with creative solutions;

- Host education workshops;
- Increase and promote merchant resources on the website;
- Upgrade design amenities (benches, flowers, trash cans, etc.);
- Improve lighting;
- Improve storefronts;
- Promote monthly events;
- Host partnership with third parties;
- Collaborate with other civic groups;
- Write up a marketing plan;
- Correct negative misconceptions about La Jolla.

Current LJVMA president Brett Murphy noted consistency is a prime concern.

“We need to consider feedback we got from the tourism authority in planning great events people will

want to come out to,” he said. “We need to be consistent. If we have an event every Friday night, it can't be pie in the sky. It needs to be consistent, so everybody knows what's happening.”

Grant Wright of (W)right on Communications noted branding was a key component of promotion.

“Branding is what people say about you when you leave the room,” Wright quipped adding, “If you try to be everything for everybody – you end up being nothing for nobody.”

Wright, who's PR firm handles destination marketing for places like Yosemite, pointed out it's important to be selective about what segment of the market is being targeted. He also cautioned that, “A slogan is not

a brand.”

“There really is no brand for La Jolla anymore,” Wright contended, adding, “La Jolla needs to refine, define and polish its brand.”

LJVMA vice president Don Parks said there is a need for “removing negative connotations about parking.”

LJVMA board member and hotelier Lurnie Durisoe suggested existing valet parking could be built upon to help people realize parking exists throughout the Village in both above- and below-ground lots.

“It's a true Village now because the merchants are helping themselves and getting to know their neighbors,” Durisoe noted.

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MAD »

CONT. FROM PG. 1

However, a turnabout occurred months later on June 27, when Judge Trapp revisited her previous ruling on the MAD's unconstitutionality. The second time around, Trapp determined the benefits association “had no standing in the case.”

In law, standing is the term for the ability of a party to demonstrate to court sufficient connection to, and harm from, the law or action challenged to support that party's participation in the case.

Defendants in the case are Enhance La Jolla, a group formed to manage the MAD should it survive legal challenge, and the City of San Diego.

In recent La Jolla public meetings, MAD proponents have been suggesting the battle is drawing to a close, and that tax monies might possibly be collected from residents and businesses within the special district in the near future.

“The news appears to be good, but I'd prefer to hold my public remarks until the city provides me in writing what the MAD needs to move forward,” said Ed Witt, Enhance La Jolla treasurer. “I'll be able to give (more) accurate information in about a week.”

Asked whether the MAD case is nearly over, La Jolla landlord Lincoln Foster replied, “Not true. We are filing an appeal, which will take several months to be heard.”

Added Foster: “The judge erred in her determination, which reversed her earlier ruling in our favor. There is a case precedent in Golden Hills from the appellate court, which sustains our position.”

Maria Severson of the law firm Aguirre & Severson, LLP, which is

representing LJBA, said an appeal of the MAD lawsuit was filed Jan. 4.

Severson doubts the city will allow funding for the MAD to be collected any time soon.

“After the judge initially found it unlawful, the city stopped collecting (MAD assessments),” Severson said. “They said they were not going to do that. They then returned the funds that had been collected.”

“I would be surprised if the funds would be collected until the appeal is over. To collect the funds, while the case is on appeal, would be like a yo-yo.”

Severson added the appeal could

take up to 18 months to complete.

“We're hoping it will be heard within the year — but it could be longer,” she added. “It probably will be heard in 2020, more likely.”

Enhance La Jolla has said the new MAD would privately fund and construct projects in public spaces, ensure ongoing maintenance services and enhance the Village's beauty and quality of life. Enhancement projects could include sidewalk power washing, replacement of city-owned trash cans, weed abatement, landscaping improvements, graffiti removal and gutter sweeping.

Spiny lobster season breeds poachers off La Jolla

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

We're in the middle of lobster season, from October through the first Wednesday after March 15, which means poaching of the crustacean, and of protected marine species in general, is on the uptick.

Having a seasonal "take" is designed to protect the California spiny lobster, which can live 50 years and grow up to 25 pounds, from being overfished during their summer reproductive cycle.

But there's incentive to take advantage of the rules for catching lobsters — or avoid those rules all together. At a market value of \$20 a pound, even the typical two- or three-pound specimen is worth catching.

Unlike its East Coast counterpart, however, the spiny lobster doesn't have claws. But it's still tricky snaring one, especially given divers are only allowed to use their bare (gloved) hands.

Zach Plopper, director of Wildcoast Conservation, an international team that conserves coastal and marine ecosystems and wildlife, noted lobsters are to be found amongst the 11 Marine Protected Areas (MPAs) in San Diego County, including four offshore in La Jolla.

California has 124 MPAs up and down the coast that are home to thousands of birds, mammals and fish. The MPAs have been set aside to provide safe havens for ocean life to

RULES FOR LOBSTER CATCHING

• **Catch lobsters by hand. No nets, spears or other tools allowed.**

• **Lobsters must be a certain length, giving babies the chance to grow into adults and spawn. Spiny lobsters must be at least 3.25 inches from eye socket to the rear end of the shell to catch them legally. No measuring on shore is allowed.**

• **You can only catch lobster you plan on eating. The lobster must be kept in a whole, measurable condition until being prepared for immediate consumption. That means you must have a cooler or other storage facility waiting on shore to transport them into.**

• **You're only allowed to catch seven spiny lobsters in one outing while diving in San Diego. You must document this on a spiny lobster report card that you get through the California Department of Fish and Wildlife. Keep this report card with your fishing license in case you are asked to show it by officials after diving.**

• **Residents and visitors alike (16 years and older) are required to have a valid California Sportfishing License.**

replenish itself from overfishing and pollution.

Plopper pointed out there are law-abiding commercial lobster fishing businesses plying their trade from boats, laying down traps then retrieving them. And then there are the do-it-yourselfers going after the crustacean by hand on a much smaller scale.

"It's not lobster poaching that's so much of a concern as it is poach-

ing of any species within a Marine Protected Area," said Plopper, who noted that includes day-tripper boats escorting paying clients on fishing trips that sometimes stray illegally into MPAs.

"That's a problem," noted the Wildcoast spokesman, who warned penalties for illegal poaching of lobsters, or anything else, in an MPA are stiff.

"Fines can go from \$100 to \$1,000," Plopper said, while pointing out those fines are relatively small considering day-tripper boats can make \$10,000 to \$20,000 on a good excursion.

The wildlife conservationist noted there have been some very high-profile cases of successful prosecution of lobster poaching.

"We had one instance where somebody took 250 spiny lobsters out of the South La Jolla MPA and was prosecuted by the City Attorney and thrown in jail," Plopper said. "That's poaching on a commercial scale, and lobsters like that end up on the black market, and in someone's restaurant, probably."

Poaching is most prevalent in San Diego during summer months, said Plopper.

Plopper noted it is important to preserve the integrity of MPAs because, "These are proven replenishment zones where the fish populations are coming back."

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New laws for California that took effect on Jan. 1

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

The new year brings many changes, including new laws addressing everything from surfing to gender identification, drunk drivers, cutbacks on plastic straws and the types of animals that can be sold in pet stores.

Here are some new laws:

• Dogs, cats and rabbits sold in pet stores are now required to be obtained only from animal shelters or rescue groups.

• People applying for a license or identity card can select their own gender, female, male or non-binary. Those choosing "Not binary" will receive a card with an "X" gender category.

• Surfing has been designated as California's official state sport.

• Kids meals in most restaurants must now have a milk- or water-based beverage as the default choice and a parent must request a soda for the child.

• A defendant under the age of 16 can no longer be tried as an adult sending them to prison instead of a juvenile detention facility.

• People over age 18 will no longer need to use a helmet to use a motorized scooter.

• New rules will dictate how divorcing couples determine custody of the family pet.

• State parks must now make clear on their websites if dogs are allowed.

• Repeat offenders for DUI, or those who receive a first DUI offense and have caused injuries, must install a breathalyzer on their engine ignition for 12 to 48 months.

• Twelve years is now the minimum age for prosecution in juvenile court, unless a minor younger than 12 has committed murder or rape.

• Authorized California car dealers must place a paper plate with a number and expiration date on every vehicle they sell, whether new or used.

• Images of body cameras on police officers, and any other audio recording acquired by a police agency, are required to be disclosed to the public within 45 days after a police shooting or excessive force causes death or injury to a person.

• Courts will no longer be able to suspend, restrict or delay issuing a minor's driver's license for one year for truancy or for being under the guardianship of the state.

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ing hair extensions because they will protect your hair from things that could damage it like curling irons, blow dryers, styling heat and environmental damage. Because of the unique application bonding system, the extensions can be easily removed. This is different than many hair extension methods that bond too tightly to your hair. Most people don't even notice a difference between the hair extensions and their own natural hair. Those old methods can lead to hair breakage when being removed. Judy's La Jolla hair extensions are joined to your natural hair by using a safe, all-natural, keratin protein bond application system.

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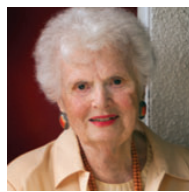
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On a small or large scale: Today's climate change impacts all countries



Doing it Better

By Natasha Josefowitz, Ph.D.

We often hear about the effects of climate change in the U.S.—floods, fires, droughts, shrinking coast lines, and sinking islands, but we don't hear much about how it affects other countries.

I have dual citizenship (U.S and Switzerland), therefore, I get the Swiss local news which is not usually found in American papers. The following is from "Revue Suisse" (November 2018): In Switzerland this year, it has been not only the hottest since 1864, but also the driest. The water reservoirs in the Alps where cattle graze are depleted. A cow needs to drink 40-80 liters a day. Army helicopters bearing water

made over 500 drops to isolated farms. Some farmers resorted to taking their livestock down to the valley, but there, too, the grass has wilted. With no available pasture for them to feed on, animals which could not be maintained were killed, which made beef prices plummet. Fruits have also had to be picked prematurely, resulting in smaller and less flavorful fruit. Many rivers and lakes heated up to 86 degrees making them inhospitable to the species that live there, while others just dried out, killing most of the trout, a favorite fish in Switzerland. The lack of snow accumulation has accelerated the melting of glaciers. It is predicted that 80 percent of them will disappear by the end of this century.

Switzerland is an archetype of the European countries that have similar issues. Switzerland is bordered by France at the west, Germany to the north, Italy to the south, Austria and Liechtenstein to the east. For me, it's a critical reminder that other countries have challenges both different and similar to our own.

Switzerland has its share of problems which are prevalent throughout the world. With a total population of 8,211,700 in a country just under 16,000 square miles, Switzerland has refugee problems. Twenty-three thousand Eritreans are now living in Switzerland (Eritrea borders Ethiopia). Ninety-five hundred

have been admitted temporarily and 3,000 more are waiting to be registered. There is a backlash from Swiss citizens who want to see these groups deported. Their integration is made more difficult because of substantial language barriers which create a need for re-education. With the rapid increase of immigrants everywhere, this has become a global problem that so far has not found a viable solution.

Switzerland is also grappling with issues related to the transition from traditional to 21st-century culture. Twenty percent of the Swiss population is now Muslim, and one quarter is without any religious affiliation. This creates a problem with what to do with all the churches. In the past 30 years the number of protestants went from 84,000 to 52,000, yet every village has its churches, which are costly to maintain. Some churches have been sold, others demolished; 200 now stand slowly disintegrating into ruins.

The scale of climate change affects the residents of small or large countries similarly. While glaciers are melting in Alaska, they are also melting in the Alps; individuals are being affected everywhere. Host countries are struggling to integrate people displaced by wars, ethnic purges, and economic instability. All societies are facing cultural evolution which challenges long-stand-

ing values and customs. Whether we live in a small village or a large city, today's global issues will touch everyone.

I learned to ski in Switzerland. Now many of the winter resorts have closed or have a shorter season due to lack of snow. The house in Lausanne where my children grew up was sold last year after my first husband's death. I still have my Swiss costume for the next masquerade party and a cow bell is hanging on a wall. I even used to know how to yodel! I just threw out my French teaching notes I used for my classes at the University of Lausanne...so little by little the distance is increasing between the years.

Reading about the drought in a country as lush as Switzerland, brought back fond memories from almost half a century ago of the rivulets gurgling in the meadows everywhere from which we drank, fashioning daisy chains for our hair, and blowing dandelions in the wind. "You can't go home again!" A last bit of advice: bring a warm cardigan to drape over "the gown".

Natasha Josefowitz is the author of more than 20 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2019. Natasha Josefowitz. All rights reserved.

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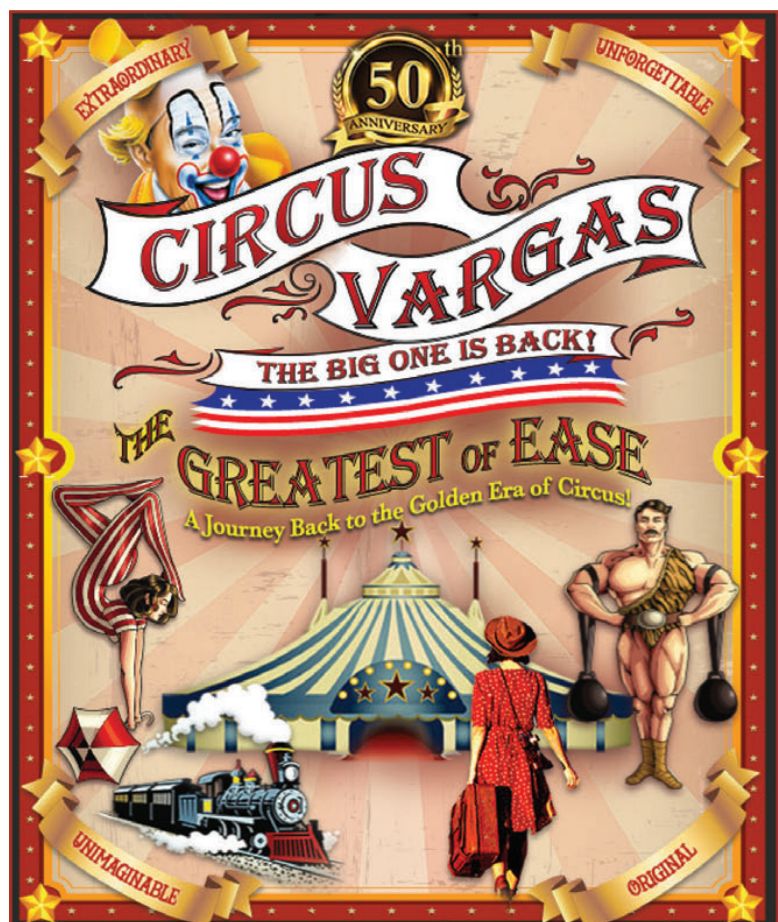
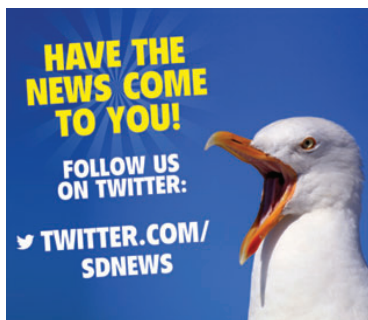
La Jolla Shores Association is seeking residents, property owners, or business owners, 18 years of age or more, in the La Jolla Shores area to become active members of the LJSA board. Interested candidates can make their intentions known by the Feb. 13 board meeting, by emailing the association's election committee at the LJSA.org@gmail.com, or go to lajollashoresassociation.org. Elections will be held at the March meeting.

JCC ASSISTANCE FOR GOVT. EMPLOYEES

The Lawrence Family Jewish Community Center and the San Diego Center for Jewish Culture is offering furloughed government employees free general admission passes to any Arts & Ideas and JCompany performances to provide an enjoyable diversion from the stress of the shutdown.

Participants must show government ID at guest services to redeem tickets. Each government employee can claim up to four free general admission passes with a valid government ID. This promotion will run until the furlough/shutdown is over. Upcoming events include Disney's "Newsies Jr.," and "Isabella Rossellini Live: Link Link Circus."

JFS is also providing supplemental groceries including, non-perishables and produce, during special food assistance hours every Tuesday until the shutdown ends. Please bring identification in the form of Federal ID, CAC card, or Contractor ID.



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La Jolla doctor donates late father's tissue to help Lyme disease research

By VICTORIA DAVIS | LA JOLLA VILLAGE NEWS

Before today, La Jolla biochemist Dr. Sharon Wampler never spoke publicly about the controversy that plagued her father's battle with Lyme disease. Sharon's father, Whitfield (W.E.) Wampler, was age 92 when he passed away August of 2016. While it's unknown exactly how long W.E. lived with Lyme, his more severe symptoms – including joint failure and loss of hearing and eyesight – spanned more than 10 years.

"I remember him looking at me while in the hospital and saying, 'I don't understand. Why can't the doctors help me?'" said Sharon, who has worked many years in the biotechnology industry and who also lives with Lyme. "I had to explain to him that there's not a drug that they can just say, 'Here, take this and you're fixed.' There's so much more to it."

The controversy, which has shadowed W.E. and other patients, like Sharon, with Lyme disease rests largely in the fact that the Lyme diagnostic tests are, according to Bay Area Lyme Foundation's executive director Linda Giampa, "only 50 percent accurate."

As stated by BAL, located in Portola Valley, Lyme disease is one of the "most common vector-borne infectious diseases" in the world and is found in 49 of the 50 United States (Hawaii being the exception). There are more than 329,000 new cases of Lyme occurring in the country each year.

LYME RESEARCH FUNDRAISER

The Bay Area Lyme will be holding a fundraiser in La Jolla with SoulCycle on March 3. The fundraiser "Ride Out California" is open to the public and is a race held to raised funds for Lyme disease research. Visit bayarealyme.org for more information.

"Lyme is very difficult to diagnose," said Giampa. "The disease is only running around in the blood for a short period of time, and then it goes and hides in the organs and joints."

"It's 'The Great Imitator'" she added. "ALS, MS and fibromyalgia are the most common misdiagnosis for people who actually have Lyme."

Currently, the only test available for Lyme disease is a blood diagnostic, which does not register the Lyme bacteria (*Borrelia burgdorferi*) that has already made it into the body's tissue. Giampa and Sharon say this is why many people develop chronic Lyme disease and are sent home with "insufficient medication" and no knowledge of their true condition.

However, Giampa believes BAL will have a more accurate, tissue-based diagnostic test on the market in five years. In collaboration with National Disease Research Interchange (NDRI) and Columbia University, BAL launched the first Lyme disease tissue bank in the U.S. this past November.

Sharon's father was the bank's pilot donor, submitting tissue from his brain, spinal cord, heart, sciatic nerve,



Dr. Sharon Wampler with her late father Whitfield (W.E.) Wampler.

skeletal muscle, synovial membrane and eyes.

"I know people who have killed themselves from the physical pain that comes from living with Lyme," said Sharon. "I've had friends call me who are bed-ridden from this asking for help and there's a lot of emotions that come with that. But that's why these tissue samples are so important. I really think this research could be the thing that saves them."

In 2008 Sharon (age 41 at the time) contracted Lyme after being bitten by a tick during a trip in Heidelberg, Germany. She never contracted the infamous "bullseye rash" so Sharon tossed the tick and forgot about it. A month later, Sharon started getting headaches and sporadic joint pains. Doctors in

San Diego tested her for lupus and arthritis, but the results showed no indication that there was anything wrong. Over the next six months, Sharon's condition worsened as she was passed from doctor to doctor.

"My whole body hurt and my heart rate would go up," said Sharon. "I just couldn't figure out what was wrong. I was in the best shape of my life."

Sharon was eventually tested for Lyme disease, and while the test came back positive, doctors said her results were "inconclusive."

The test to see if the bacteria-fighting antibodies (Immunoglobulin G and Immunoglobulin M) were active came back both positive and negative. Her doctors dismissed the test and Sharon continued to get worse.

"Doctors generally don't understand diagnostic tests," said Sharon. "They just know positive or negative, so they didn't believe my test results and the doctor told me it was a false positive," said Sharon. "He told me, 'You don't have Lyme disease.'"

"I was appalled as a scientist and as a patient how we were disregarded by these hospitals," said Sharon. "I've definitely had to get over a lot of anger."

BAL was the first research facility to donate all their resources to researching Lyme disease. Now their new tissue bank has been working hard to bring both physical and emotional healing to patients like Sharon and her father.

BAL has raised more than \$50 million to fund Lyme research and Giampa says much credit is owed to Sharon, her father and the other 35 individuals who have donated their tissue samples.

"These things are heartbreaking, and we do get emotionally tied to the family and their story," said Giampa, who is also working to develop a novel therapeutic for those already diagnosed with chronic Lyme. "These families want to help. They want to know the death was not in vain."

Giampa says the biobank has been "tremendously successful" in that researchers who had never invested their time in studying Lyme before now have the samples and the motivation they need.

READ MORE ONLINE AT sdnews.com

Seany Foundation hosts wellness retreat fundraiser at the Soledad Club

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

Like so many kids, Kristen Gascon and Tiana Lacerva met during summer camp, but unlike many kids, they were both battling cancer.

"Honestly, it was one of the best things that could have ever happened," Gascon said, reflecting on her time at Camp Reach for the Sky. "It's hard to have a normal childhood. Other kids don't know what you're going through, you're in and out of school, and you don't have a sense of normalcy."

CR4TS is a free summer camp based in Southern California that gives kids who are fighting cancer and going through chemotherapy a chance to connect, share similar experiences and have fun together. Gascon said it was a much-needed

break from her battle with leukemia, which she was diagnosed with when she was 8 years old.

"At camp, it was okay to be bald and normal to go through chemo and be tired or not feel right," she said. "It gave me back my childhood for a week because all we did was have fun."

Some of her favorite memories include climbing the rock wall, attending the dance, playing in the pool and building a raft to kayak across the river. But the most important thing made during CR4TS was lifelong friendships.

Lacerva, who was diagnosed with lymphoma when she was 8 years old, remembers Gascon even though they weren't particularly close during camp because they weren't together for a lot of the activities.

GET WELL SOON WELLNESS RETREAT

When: Jan. 26 at 11 a.m.

Where: Soledad Club, 5050 Soledad Road.

Info: theseanyfoundation.org.

But when they both started working at the Kettner Exchange in Little Italy four years ago, they instantly reconnected over the cancers they battled as children that were now in remission.

"She came up to me and was like 'Do you remember me? I'm Kristen from camp,'" Lacerva said. "Now we're closer as adults than we ever were as kids."

Much like their childhood, Gascon and Lacerva have supported each other through the tough times

– like when Lacerva faced and beat thyroid cancer in 2016 – and encouraged each other to give back to the community that gave them so much. Lacerva is the director of events for The Seany Foundation, a local nonprofit that's raised more than \$3.8 million in the fight against childhood cancer and took over CR4TS from the American Cancer Society six years ago.

In addition to volunteering as a camp counselor, Gascon is also lending a hand in Seany's upcoming Get Well Soon Wellness Retreat. Held Jan. 26 at 11 a.m. at the Soledad Club, 5050 Soledad Road, the event includes a journaling exercise, gentle yoga, light meditation, and self-care techniques. While it's open to everyone, Lacerva said it was created with the parents of children with

cancer in mind.

"Cancer impacts the entire family," she said. "A lot of parents of campers are fatigued and in need of an environment for healing. It's hard to let go of the grief and feelings of helplessness."

Gascon will be leading the journaling and yoga portion of the day, which she said is a chance for adults to not only give back to themselves but to an amazing foundation; one that's she experienced the positive impacts of firsthand.

"The bonds you make in camp are like nothing else in life," she said. "There's a deeper understanding and support. I didn't run into Tiana for a solid 10 years, but we instantly felt that connection and bond of camp."

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Isabella Rossellini brings environmental monologue 'Link Link Circus' to La Jolla

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

Isabella Rossellini was born with a love and curiosity of animals that always seemed to lead to one question: What are they thinking about?

While she's wanted to explore animal behavior since she was a young girl, there weren't many opportunities to do so. And she soon found herself busy modeling for Lancôme and starring in films like "Blue Velvet" and "Death Becomes Her."

"I always asked myself if animals could feel and think, but was always told they behave on instinct," she said. "It stayed a hobby of mine. I took trips to national parks and went to lectures about it."

It was during one of those lectures where Rossellini finally got the chance to study what goes on inside the heads of the critters we share this earth with. In 2007, she started earning her master's degree in animal behavior at Hunter College in New York.

"A few years ago I was attending a lecture there, and I learned they had just opened up a new branch of psychology on animal behavior," she recalled. "I signed up that same evening."



Isabella Rossellini with Pan.

Around that same time, Sundance Channel commissioned her to write and star in a web series about animals titled "Green Porno," which at its core is about animal reproduction, seduction, courtship, and maternal instinct. While more than 4 million people tuned into the series, Rossellini wanted to take her newfound studies to the streets.

Thus, "Link Link Circus" was born.

"We had millions of people seeing [Green Porno], but it's hard to

LINK LINK CIRCUS

What: The show focuses on the 'waist up,' questioning to what degree animals can feel and think. The show will be held for one performance only.

When: Jan. 29 at 8 p.m.

Where: David & Dorothea Theatre, 4126 Executive Drive.

Info: Tickets start at \$65. Visit my.lfjcc.org for more information and to purchase.

monetize on the internet," she said. "So I went back to the origin of theatre."

While "Green Porno" was more of a "waist down" exploration of animals, Rossellini says "Link Link Circus" focuses on the "waist up," questioning to what degree animals can feel and think. She – along with the company of Pan, a rescue dog, and animal handler Schuyler Beman – has taken the show to 20 cities using puppets, animated videos and a sense of humor to turn what Rossellini calls a "boring scientific paper" into something entertaining.

"I see myself as an environmental artist," she said. "Everything I do is comical, but with the correct scientific information."



Shari Belafonte's many magazine covers during her career.

La Jolla filmmaker to debut Shari Belafonte documentary at San Diego Black Film Festival

By EMILY BLACKWOOD | LA JOLLA VILLAGE NEWS

For anyone who has ever been curious about what it's like to work in Hollywood, Stacey Blanchet is pulling back the curtain.

In her new documentary "In the Know with Shari Belafonte," Blanchet sits down with the actress, model, writer and singer – and of course, daughter of the famous entertainer Harry Belafonte – and asks her about her life in the spotlight, the obstacles she had to overcome working in show business as a young black woman, and what it was like to grow up with the "King of Calypso" as your father.

Known for her role as Julie Gillette in the 1980s TV series "Hotel," as a Slim-Fast spokesperson in the 1990s, and for the more than 300 magazine covers she graced, Shari Belafonte is nothing short of an icon. Coming from a fashion design background, Blanchet knew Belafonte best from Vogue; where she is currently tied with Rihanna for being the black model with the most covers. They both have made appearances on the front of the magazine five times.

"I think she's had the most interesting life," said Blanchet, a La Jolla resident and CEO of the PR firm Your Own Girl Friday. "I was curious about what it was like to work in Hollywood, and Shari was really candid about it. She's an open book; you see it in the film."

In the 28-minute long documentary, Belafonte opens up about some pivotal moments in her life like leaving home at the age of 14, posing for Playboy magazine at the age of 40 and taking a 15-year hiatus from the industry. Blanchet said that the most common reaction she received from people who saw the film – which has been shown at the IndieFEST Film Awards, The Capital City International Black Film Festival, and the International Black Film Festival – was how surprised people were.

"She said a lot of things about her life that no one ever knew,"

WANT TO WATCH?

'In the Know with Shari Belafonte' will be shown at the San Diego Black Film Festival on Feb. 2 at 3 p.m. Visit sdbff.com for tickets and information.

Blanchet said. "That was the comment I kept getting. And when you're a filmmaker and trying to get a story, you've got to find an interesting life."

Even Belafonte was surprised. "I never thought my story would be interesting enough to garner that much 'airtime,'" Belafonte said. "But, the delightful thing for me was watching it and realizing just how much 'living' I've actually done."

"Not that it's anywhere near 'done,'" she added.

One of the takeaways from the film for Blanchet was how Belafonte shows that having a well-known name in life isn't always a guarantee. Belafonte agrees and said that because she refused to "put out" to climb the ladder in Hollywood, her career suffered.

"I watch the 'Me Too' campaigners and know how many of those stories coincide with mine," she said. "But, my integrity has stayed intact and I believe good karma follows good intentions. While my 'pocket' may have suffered major blows along the way, from losing jobs that could've – should've – been mine, I know that my conscience is clean for having taken that stand of not to fall prey to the male-dominated society that we live in."

"And, hopefully, folks will come to realize that I wasn't just a pretty face and didn't get as far as I did today based on having one."

While the film did touch on a lot of different aspects of her life, there is always more to be said.

"My only regret is that we didn't go into more detail about my Native American roots and my mother's life and the importance she played in mine."

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La Jolla Playhouse announces cast for 'Diana'

La Jolla Playhouse recently announced the complete cast and creative team for its upcoming world-premiere musical "Diana," from the Tony Award-winning Memphis creative team of Joe DiPietro (librettist/lyricist), David Bryan (composer/lyricist) and Playhouse artistic director Christopher Ashley (director), along with Tony Award nominee Kelly Devine (choreographer) and Ian Eisendrath (music supervisor).

The production will run Feb. 19-April 7 in the Playhouse's Mandell Weiss Theatre.

As previously announced, Jeanna de Waal (Broadway's "Kinky Boots," "American Idiot") will portray the role of "Diana." Joining her will be Erin Davie (Playhouse/Broadway's "Side Show") as "Camilla Parker Bowles," Roe Hartrampf (Off-Broadway's "Bad Guys") as "Prince Charles" and Tony Award winner Judy Kaye (Broadway's "The Phantom of the Opera") as "Queen Elizabeth."

Also announced are ensemble members Holly Ann Butler, Taylor Coleman, Eric Coles, Bruce Dow, Evan Duff, Madison Noelle Hall, Shaye Hopkins, Nicole Javier, Justin Keats, Gareth Keegan, Nathan Lucrezio, Tomas Matos, Allyn



Jeanna de Waal will portray the role of Diana.

Moriyon, Lauren Livia Muehl, Jamen Nanthakumar, Enrico Nassi, Katheryne Penny, Lindsay Roberts, Tara Shoemaker and Bethany Ann Tesark.

The creative team features Tony Award winner David Zinn (Broadway's "SpongeBob SquarePants," Playhouse's "A Dram of Drummhicit," "Peer Gynt"), scenic designer; Tony Award winner William Ivey Long (Broadway's "Cinderella," "Grey Gardens"; Playhouse's "Her-

ringbone"), costume designer; Tony Award winner Natasha Katz (Broadway's "An American in Paris," "Frozen"), lighting designer; Tony Award nominee Gareth Owen (Playhouse/Broadway's "Come From Away"), sound designer; John Clancy, orchestrations; Telsey + Company - Rachel Hoffman, CSA, casting; Gabriel Greene, dramaturg; and Martha Donaldson, stage manager.

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Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

OPINIONS

The opinions expressed on the Opinion Page do not necessarily reflect those of this paper or the San Diego Community Newspaper Group. To submit a signed letter or guest column, please e-mail the respective publication's editor (at right) or send to 1621 Grand Ave., San Diego, CA, 92109. We reserve the right to edit for clarity, accuracy, brevity and liability.

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Overall Restaurant _____
Overall restaurant service _____
New restaurant _____
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Breakfast _____
Latte _____
Lunch _____
Dinner _____
Take-out _____
Sunday brunch _____
Family restaurant _____
Best Atmosphere _____
Restaurant Service _____
Restaurant w/ Wine List _____
Wine Shop _____
Wine Bar _____
Local Winery _____
Beer Selection _____
Sports Bar _____
Martini _____
Place to People Watch _____
Pet Friendly Restaurant _____
Live music _____
Lobster _____
Place to Dance _____
Happy hour _____
Best Comfort Food _____
Late Night Eatery _____
Place to go on a budget _____

Place for a birthday party _____
Most romantic _____
Best ocean view _____
Appetizer _____
Bagel _____
Burrito _____
Burger _____
Fish Taco _____
Fish & Chips _____
Desserts _____
Margarita _____
Omelette _____
Pancakes _____
Pastry _____
Pizza _____
Pita _____
Prime Rib _____
Salad bar _____
Sandwich _____
Steak _____
Sushi _____
Seafood _____
American _____
BBQ _____
Asian fusion _____
Thai _____
Chinese _____
Pho _____
Greek _____
French _____

Indian _____
Italian _____
Korean _____
Mediterranean _____
Mexican _____
Mexican (fast food) _____
Bakery _____
Bar _____
Cafe _____
Catering _____
Coffee shop _____
Deli _____
Gellato _____
Ice cream / frozen yogurt _____
Vegetarian _____
Patio dinning _____
Grilled Cheese Sandwich _____
Tea _____
Wings _____
Oysters _____
Chocolate _____
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Brewery with Restaurant _____
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LEGALS 900

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9030954 Fictitious Business Name(s) a. ROMANTIC ROCK. Located at: 3820 HAINES ST., #7, SAN DIEGO, CA 92109. c. Is registered by the following: a. EMILY TREASURE NIELSEN. This business is conducted by: a. INDIVIDUAL. The first day of business was: 1/1/2016. Registrant Name: EMILY TREASURE NIELSEN. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 19, 2018 ISSUE DATES: JANUARY 3, 11, 17, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-903031176 Fictitious Business Name(s) a. COUNTER INTELLIGENCE. Located at: 2900 FOURTH AVE #100, SAN DIEGO, CA 92103. c. Is registered by the following: a. CALIFORNIA GREENFIELD PRODUCTS, INC. This business is conducted by: a. CORPORATION. The first day of business was: 11/01/2018. Registrant Name: CALIFORNIA GREENFIELD PRODUCTS, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 20, 2018 ISSUE DATES: JANUARY 3, 11, 17, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9030891 Fictitious Business Name(s) a. SHORELINE AUTOBODY & PAINT. Located at: 7633 CARROLL RD., SAN DIEGO, CA 92121. c. Is registered by the following: a. PEYTONS GARAGE INC. This business is conducted by: f. CORPORATION. The first day of business was: N/A. Registrant Name: PEYTON'S GARAGE INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor; SECRETARY, AMANDA HOOPER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 19, 2018 ISSUE DATES: JANUARY 3, 11, 17, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9029787 Fictitious Business Name(s) a. SOCALYOGAWALLS. Located at: 4859 CORK PLACE, SAN DIEGO, CA 92117. c. Is registered by the following: a. JASON CYRIL CULL. This business is conducted by: a. INDIVIDUAL. The first day of business was: 12/15/13. Registrant Name: JASON CYRIL CULL. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 04, 2018 ISSUE DATES: JANUARY 3, 11, 17, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9031294 Fictitious Business Name(s) a. MISSION BEACH MARKETING b. PACIFIC BEACH MARKETING. Located at: 1001 GARNET AVE SUITE 200, SAN, DIEGO, CA 92109. c. Is registered by the following: a. JONATHAN ALBERT ADKINS. This business is conducted by: a. INDIVIDUAL. The first day of business was: N/A. Registrant Name: JONATHAN ALBERT ADKINS. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 21, 2018 ISSUE DATES: JANUARY 3, 11, 17, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9031173 Fictitious Business Name(s) a. VIVANT MANAGEMENT b. SRC HOSPITALITY. Located at: 2900 FOURTH AVE #100, SAN DIEGO, CA 92103. c. Is registered by the following: a. LOKE LLC. This business is conducted by: I. LIMITED LIABILITY COMPANY. The first day of business was: 08/05/2010. Registrant Name: LOKE LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor; MANAGING MEMBER, LOUISE KELLY. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 20, 2018 ISSUE DATES: JANUARY 3, 11, 17, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9031775 Fictitious Business Name(s) a. HOT REDHEAD MEDIA. Located at: 5855 CHANDLER DR. SAN DIEGO CA 92117. c. Is registered by the following: a. HEATHER FOWLER ZION. This business is conducted by: a. INDIVIDUAL. The first day of business was: N/A. Registrant Name: HEATHER FOWLER ZION. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 28, 2018 ISSUE DATES: JANUARY 3, 11, 17, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9030367 Fictitious Business Name(s) a. ENVI MARKETING. Located at: 4010 SORRENTO VALLEY BLVD #400, SAN DIEGO, CA 92121. c. Is registered by the following: a. ASHLEY EVANS. This business is conducted by: a. INDIVIDUAL. The first day of business was: 6/15/2017. Registrant Name: ASHLEY EVANS. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 12, 2018 ISSUE DATES: JANUARY 11, 17, 25, 31, 2019

CENTRAL DIVISION CASE NO: 37-2018-00063904-CU-PT-NC. FILE DATE: DECEMBER 19, 2018. PETITIONER OR ATTORNEY: HEIKE HUDSON HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM: a. KEIKE HUDSON TO HEIKE HUDSON-LINDENHOVEN. The Court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEBRUARY 19, 2019, TIME: 8:30 AM, DEPARTMENT 26, SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, 325 S. MELROSE DRIVE, VISTA CA 92081, NORTH COUNTY DIVISION. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Peninsula Beacon & La Jolla Village News. ISSUE DATES: JANUARY 11, 17, 25, 31, 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000398 Fictitious Business Name(s) a. ABUELITA AT TUTOR VILLAGE. Located at: 9815 CARROLL CANYON RD. #101, SAN DIEGO, CA 92131. c. Is registered by the following: a. JANICE I. DANIELL. This business is conducted by: a. INDIVIDUAL. The first day of business was: 2/11/2014. Registrant Name: JANICE I. DANIELL. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 3, 11, 17, 25, 2019

UARY 07, 2019 ISSUE DATES: JANUARY 11, 17, 25, 31, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9031792 Fictitious Business Name(s) a. SAU VOI SANDWICH. Located at: 7330 CLAIREMONT MESA BLVD. STE #A109, SAN DIEGO, CA 92111. c. Is registered by the following: a. YEN N. NGO. This business is conducted by: a. INDIVIDUAL. The first day of business was: 2/21/2015. Registrant Name: YEN N. NGO. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 31, 2018 ISSUE DATES: JANUARY 11, 17, 25, 31, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9031689 Fictitious Business Name(s) a. SCOOTER REMOVAL. Located at: 4150 MISSION BLVD, #141, SAN DIEGO, CA 92109. c. Is registered by the following: a. SCOOTER REMOVAL LLC. This business is conducted by: I. LIMITED LIABILITY COMPANY. The first day of business was: N/A. Registrant Name: SCOOTER REMOVAL LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor; JOHN FRANK HEINKEL, MEMBER. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 28, 2018 ISSUE DATES: JANUARY 11, 17, 25, 31, 2019

CENTRAL DIVISION CASE NO: 37-2019-00000389-CU-PT-CTL. FILE DATE: JANUARY 4, 2019. PETITIONER OR ATTORNEY: JENIFER RENE HAWK HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM: a. JENIFER RENE HAWK TO JENIFER PEARL YATES. The Court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEBRUARY 28, 2019, TIME: 9:00 AM, DEPARTMENT 903, SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, 1100 UNION STREET, SAN DIEGO, CA 92101. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Peninsula Beacon & La Jolla Village News. ISSUE DATES: JANUARY 11, 17, 25, 31, 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000497 Fictitious Business Name(s) a. CUTE AND CREATIVE. Located at: 3030 1/2 MACALLAN ST., SAN DIEGO, CA 92106. c. Is registered by the following: a. ERICKA ANN BARRETO. This business is conducted by: a. INDIVIDUAL. The first day of business was: 4/1/2018. Registrant Name: ERICKA BARRETO. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 7, 2019 ISSUE DATES: JANUARY 11, 17, 25, 31, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000694 Fictitious Business Name(s) a. IDALYA'S MEXIDLO. Located at: 4211 CAMINO DE LA PLAZA, SAN YSIDRO, CA 92173. c. Is registered by the following: a. HDMI FOOD SALES INC. This business is conducted by: a. CORPORATION. The first day of business was: 02/01/17. Registrant Name: HERIBERTO DAVID TORAL. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 8, 2019 ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2019-9000874 Fictitious Business Name to be Abandoned: 37 DAYS MOMMYS HELPER. Located at: 15842 BABCOCK ST., SAN DIEGO, CA 92127. The Fictitious Business Name referred to above was filed in San Diego County on: 02/10/2016 and assigned File No. 2016-003881. Fictitious Business name is being abandoned by: SOO-MI BAEK 15842 BABCOCK ST., SAN DIEGO, CA 92127. This business is conducted by: I. INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) Registrant name: SOO-MI BAEK. Title of officer, if limited liability company/corporation CEO. The statement was filed with Ernest J. Dronenburg, Jr., Recorder/County Clerk of San Diego County on: JANUARY 10, 2019. Issue Dates: JANUARY 17, 25, 31 FEBRUARY 8 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000336 Fictitious Business Name(s) a. JIBARITOS DE LA ISLA. Located at: 1804 GARNET AVE #642, SAN DIEGO, CA 92109. c. Is registered by the following: a. ANA GRACIELA RIVERA. This business is conducted by: a. INDIVIDUAL. The first day of business was: N/A. Registrant Name: ANA GRACIELA RIVERA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 4, 2019 ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000292 Fictitious Business Name(s) a. CLIMAX CONSTRUCTION. Located at: 14155 W. POINT LOMA BLVD, SAN DIEGO, CA 92110. c. Is registered by the following: a. ABDULHAKIM ALKHALIL. This business is conducted by: a. INDIVIDUAL. The first day of business was: 11/07/2018. Registrant Name: ABDULHAKIM ALKHALIL. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 4, 2019 ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000827 Fictitious Business Name(s) a. BLUE MOON REAL ESTATE. Located at: 3112 CAGLE ST, NATIONAL CITY, CA 91950. c. Is registered by the following: a. ARTURO M. MENDOZA & JESUS MENDOZA. This business is conducted by: a. JOINT VENTURE. The first day of business was: N/A. Registrant Name: ARTURO M. MENDOZA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 10, 2019 ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000251. Fictitious Business Name(s) a. LITTLE DOLCINI. Located at: 33107 POINTE PKWY, SAN DIEGO, CA 91977. c. Is registered by the following: a. ITALIA J. BATTAGLIA. This business is conducted by: a. INDIVIDUAL. The first day of business was: N/A. Registrant Name: ITALIA J. BATTAGLIA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 25, 31, FEBRUARY 8 2019.

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION, COUNTY OF SAN DIEGO 330 W. BROADWAY, SAN DIEGO, CA 92101, HALL OF JUSTICE COURTHOUSE CASE NO: 37-2018-00059522-CU-PT-CTL. FILE DATE: JANUARY 9, 2019 2:48 P.m. PETITIONER OR ATTORNEY, Kenneth Huy Ngo-Le. HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM: Kenneth Huy Ngo-Le to Kenneth Huy Ngo. The Court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEBRUARY 21, 2019 TIME: 09:00 AM, DEPT- 903 AT 1100 UNION STREET, SAN DIEGO, CA 92101. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Peninsula Beacon. ISSUE DATES: JANUARY 17, 25, 31 & FEBRUARY 8, 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000533. Fictitious Business Name(s) a. LA JOLLA VILLAGE NEWS. Located at: 1620 GRAND AVENUE SUITE C, SAN DIEGO, CA 92109. c. Is registered by the following: a. MANNIS COMMUNICATIONS/JULIE MAIN. This business is conducted by: a. CORPORATION. The first day of business was: 1/1/1995. Registrant Name: ANNIS COMMUNICATIONS/JULIE MAIN. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 8, 2019 ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000496. Fictitious Business Name(s) a. TOTAL GREEN LANDSCAPING. Located at: 1804 MENDOTA ST., SAN DIEGO, CA 92106. c. Is registered by the following: a. MOISES RODRIGUEZ-SANCHEZ. This business is conducted by: a. INDIVIDUAL. The first day of business was: 10/01/2000. Registrant Name: MOISES RODRIGUEZ-SANCHEZ. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 25, 31, FEBRUARY 8 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000970. Fictitious Business Name(s) a. LECHAMPAGNE PROJECTS. Located at: 4391 MENTONE ST., SAN DIEGO, CA 92107. c. Is registered by the following: a. KELLY ANNE DICKINSON. This business is conducted by: a. INDIVIDUAL. The first day of business was: 01/07/2019. Registrant Name: KELLY ANNE DICKINSON. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 11, 2019 ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000756. Fictitious Business Name(s) a. ULTIMATE NAME LOCATED at: 1475 IMPERIAL ST #358, SAN DIEGO, CA 92101. c. Is registered by the following: a. WILLIAM R. MELICH. This business is conducted by: a. INDIVIDUAL. The first day of business was: 01/09/2019. Registrant Name: WILLIAM R. MELICH. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 9, 2019 ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019.

WILLIE KEETON, JR. The State of Tennessee, Department of Children's Services, has filed a petition against you regarding your child, Willie Keeton. It appears that ordinary process of law cannot be served upon you because your whereabouts are unknown. You are hereby ORDERED to appear for preliminary, adjudicatory and dispositional hearings regarding the child on June 3, 2019, at 9 a.m., in the Lawrence County, Tennessee Juvenile Court. If you fail to do so, a default judgement will be taken against you for the relief demanded in the Petition and you will be deemed to have waived your participation in these hearings and objections to the Court's decisions and disposition. You may view and obtain copies of the documents filed in this case at the Lawrence County Juvenile Court's Office in Lawrenceburg, Tennessee. ENTERED THIS 17th DAY OF DECEMBER, 2018. HONORABLE ASHLEY DUNKIN. JUVENILE COURT MAGISTRATE. ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9030849. Fictitious Business Name(s) a. MOON ENERGY HEALING. Located at: 5550 GENESSE CT. APT. 256, SAN DIEGO, CA 92111. c. Is registered by the following: a. DOROTHY DEANNA DAVIS. This business is conducted by: a. INDIVIDUAL. The first day of business was: N/A. Registrant Name: DOROTHY DEANNA DAVIS. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: DECEMBER 18, 2018 ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9001168. Fictitious Business Name(s) a. OPEN TO THE SKY OUTDOOR PHOTOGRAPHY. Located at: 4275 KENDALL ST. #L, SAN DIEGO, CA 92109. c. Is registered by the following: a. MARK ALLAN STEPHENS. This business is conducted by: a. INDIVIDUAL. The first day of business was: N/A. Registrant Name: MARK ALLAN STEPHENS. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 14, 2019. ISSUE DATES: JANUARY 17, 25, 31, FEBRUARY 8 2019.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9001227. Fictitious Business Name(s) a. THE PARADISE LABEL. Located at: 6549 JAFFE COURT APT. 7, SAN DIEGO, CA 92119. c. Is registered by the following: a. SHELBE ALEXA HAMILTON. This business is conducted by: a. INDIVIDUAL. The first day of business was: N/A. Registrant Name: SHELBE ALEXA HAMILTON. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 15, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9001387. Fictitious Business Name(s) a. CERTAPPO PAINTERS OF LA JOLLA AND CENTRAL SAN DIEGO. Located at: 11414 ELMSTONE COURT, SAN DIEGO, CA 92131. c. Is registered by the following: a. C AND S RAEI INC.. This business is conducted by: a. CORPORATION. The first day of business was: N/A. Registrant Name: C AND S RAEI INC.. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 16, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9001554. Fictitious Business Name(s) a. FINCHUM ART COMPANY. Located at: 3706 NIMITZ BLVD, SAN DIEGO, CA 92107. c. Is registered by the following: a. ROBYN EARL FINCHUM. This business is conducted by: a. INDIVIDUAL. The first day of business was: 01/01/2019. Registrant Name: ROBYN EARL FINCHUM. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 17, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9001406. Fictitious Business Name(s) a. CLC OF SAN ANTONIO. Located at: 4386 DEL MONTE AVE., SAN DIEGO, CA 92107. c. Is registered by the following: a. MICHAEL VIRGLI GORDON. This business is conducted by: a. INDIVIDUAL. The first day of business was: N/A. Registrant Name: MICHAEL VIRGLI GORDON. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 16, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000150. Fictitious Business Name(s) a. AT ACCENT. Located at: 3744 INDIA STREET, SAN DIEGO, CA 92103. c. Is registered by the following: a. TANIA FOJA. This business is conducted by: a. INDIVIDUAL. The first day of business was: N/A. Registrant Name: TANIA FOJA. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 03, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9001062. Fictitious Business Name(s) a. REMEDY RECIFE. Located at: 5222 BALBOA AVE, SAN DIEGO, CA 92117. c. Is registered by the following: a. KRISTIN ELIZABETH DAVIS, RN. This business is conducted by: a. INDIVIDUAL. The first day of business was: 06/01/18. Registrant Name: KRISTIN ELIZABETH DAVIS, RN. Title of Officer, if Limited Liability

Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 11, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9001708. Fictitious Business Name(s) a. CONCRETE CORING GROUP OF NORTH AMERICA, INC.. Located at: 1220 ROSECRANS ST. #903, SAN DIEGO, CA 92106. c. Is registered by the following: a. CONCRETE CORING COMPANY OF NORTH AMERICA, INC. This business is conducted by: a. CORPORATION. The first day of business was: N/A. Registrant Name: CONCRETE CORING COMPANY OF NORTH AMERICA, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 18, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9001705. Fictitious Business Name(s) a. 4 MANKIND FITNESS LLC. Located at: 6933 SUN ST., SAN DIEGO, CA 92111. c. Is registered by the following: a. 4 MANKIND FITNESS LLC. This business is conducted by: a. LIMITED LIABILITY COMPANY. The first day of business was: 01/18/19. Registrant Name: 4 MANKIND FITNESS LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 18, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000367. Fictitious Business Name(s) a. WILS SAN DIEGO. Located at: 781 CATHERINE AVE, SAN MARCOS, CA 92069. c. Is registered by the following: a. ARM VENTURES GROUP, INC. This business is conducted by: a. CORPORATION. The first day of business was: 01/01/19. Registrant Name: ARM VENTURES GROUP, INC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 04, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9001691. Fictitious Business Name(s) a. CORONADO BEAUTY LOUNGE. Located at: 874 ORANGE AVE, CORONADO, CA 92118. c. Is registered by the following: a. CORONADO BEAUTY LOUNGE INC.. This business is conducted by: a. CORPORATION. The first day of business was: 01/18/19. Registrant Name: CORONADO BEAUTY LOUNGE INC.. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 18, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000851. Fictitious Business Name(s) a. COASTAL HOME IMPROVEMENT b. SAN DIEGO HOME IMPROVEMENT. Located at: 3850 INGRAM ST #1-301, SAN DIEGO, CA 92109. c. Is registered by the following: a. COASTAL HOME IMPROVEMENT b. SAN DIEGO HOME IMPROVEMENT. This business is conducted by: a. INDIVIDUAL. The first day of business was: 01/10/19. Registrant Name: RONALD ALAN FORD. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 10, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-9000383. Fictitious Business Name(s) a. BALANCED FITNESS AND HEALTH. Located at: 11307TH AVENUE, SAN DIEGO, CA 92101. c. Is registered by the following: a. FITNESS, LLC. This business is conducted by: a. LIMITED LIABILITY COMPANY. The first day of business was: 10/01/2018. Registrant Name: FITNESS, LLC. Title of Officer, if Limited Liability Company/Corporation, Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 04, 2019 ISSUE DATES: JANUARY 25, 31, FEBRUARY 8 & 14.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-9031599. Fictitious Business Name(s) a. NIGHT AND DAY DOULA b. MODERN MIDWIFE SAN DIEGO. Located at: 44

‘Divine Nine’ freshmen Bishop’s girls water polo are future ‘superstars’

By ED PIPER | LA JOLLA VILLAGE NEWS

Bishop’s coach Doug Peabody was making quesadillas for members of his girls water polo team on his new induction stove, up on the deck overlooking the pool at the La Jolla campus.

“I already had the guacamole made, but my other hot plate took 10 minutes to make one quesadilla,” said the coach, in relaxed, community-building mode, in contrast to his usual game-time fire. “I knew that wouldn’t work with the girls being hungry.”

One of the young women coming up to the patio outside the team room was Alex Bonaguidi (“good guides” in Italian), a 6-foot-tall player, who is one of nine Knight freshmen Andy Koczon, assistant athletic director at Bishop’s, says “will be superstars in the future – they’re the story.”

The Knights recently played Orange Lutheran, a powerhouse up north, in the Villa Park Classic. “I thought we did pretty well (despite a loss),” said “Bona,” 15, who plays center on offense. “I saw a lot of growth (in our team).”

Observed teammate Maggie Johnson, “‘OLu was definitely a lot quicker than we were. They were more physical. They knew what we were doing to do before we did.”



From left: Lucy Scoma, Maddie Keck, Emmy Peabody, So Park. Back row: Alex Bonaguidi, Sancia Milton, Deming Wyer, Alex Scafidi, Maggie Johnson.

But Johnson said there were lessons to take away from the defeat: “We realized we have to get back sooner on defense, and not ‘give them as much of our body’ (allowing the opponent to press into one’s space), instead keep our hips up.”

Maddie Keck, a lefty who plays on

the 4-5 side (the right side of the goal) so she can wing the ball into the cage from that angle, said there isn’t that much drop-off in ability when the freshmen replace the upper-class women: “We (freshmen) have played together a lot. It makes our team very deep, so we know if

one of the older players goes down, we can sub in and be able to play at nearly the same level.”

Keck, who turns 15 in January, has a trademark: Nutella and Eggos waffles. “I make chocolate chip waffles and put Nutella on them,” she shared.

‘We (freshmen) have played together a lot. It makes our team very deep.’

MADDIE KECK
BISHOP’S FRESHMAN

A scrimmage against Carlsbad at the Draz Classic before the season was an earlier learning moment. “We didn’t have our coaches, Doug and Ian (Davidson). They were with the boys team for the CIF finals. We got scared. We weren’t playing as a unit, but as individuals.”

According to Maddie, the light bulb went on among team members.

Emmy Peabody and Alex Scafidi, freshmen who both play utility, agreed that a factor in the ninth-graders’ contributions is their familiarity with one another in the intimate school setting at Bishop’s. Also, “We always keep it positive for one another,” says the head coach’s daughter, 14, who plays on the 1-2 (left) or 4-5 sides.

Bonaguidi, the 6-foot tall center, has set as her goal the Youth team in the Olympic Development Program, having played at age 13 for the Development team and at age 14 with the Cadet team.

Justin Pirigyi – soccer goalie at La Jolla Country Day School

By ED PIPER | LA JOLLA VILLAGE NEWS

Justin Pirigyi’s extraordinary reach and quickness in getting to the ball in goal for La Jolla Country Day School led to four shutouts by the Torreys in a span of five games early in the season.

“(Justin) has grown incredibly from a freshman, when he was clumsy and kind of uncoordinated, to where he is now,” says LJCDs assistant coach Jocsan Leyva, who has worked intensely with the senior over the last four years. “His reach is incredible,” Leyva says, repeating his favorite adjective for Pirigyi, “especially in the upper corners (of the net, hard to get to).”

“The clean sheets (shutouts) speak for themselves,” asserts the seven-year assistant.

The 17-year-old keeper is, by nature, a quiet person, according to his head coach, Jerry Fleischhacker. So for Justin to extend himself by becoming vocal in goal to coordinate with the defenders in front of him has been quite a process of growth.

“You want the goalie to be a leader on the field and off it,” says Fleischhacker. “Being a quiet guy is unusual for a goalie.”

Another area in which Pirigyi excels, according to Leyva, is his ability to defend against a low shot. “He’s so tall (6-feet 3-inches), but he

can get down so quick,” says the coach. “I’m tall, but there’s no way I can move that fast.”

The wiry (168-pound) goalie is quick to center the conversation on the Torreys as a whole and his teammates, “the best team here since I’ve been in high school,” he says. Jesus Labra, a midfielder, Blake Khaleghi, at left back, and Rodrigo Duran, the stopper, are partners in crime on the LJCDs defense. “We went as far as we did, to the first round of the playoffs, last year largely on our defense,” Pirigyi says.

“We graduated four or five seniors last year, and there has been a big freshman class this season,” the keeper says. “Andrew Mitchell, our

striker, is filling some of our need for more goals. He has a super good shot, he’s pretty big, and he’s good in the air. He’s a big presence, which is really good for us.”

Another freshman, Alex Glynn, holds down the sweeper spot, between Duran at stopper and the goalie. “He brings a lot of effort, a lot of heart. He’ll put his body in front of any ball. And he’s a good listener: he’ll listen to teammates. He doesn’t fly off and do unpredictable things.”

The 10 seniors, including captains Grant Miller, Labra, Duran, Khaleghi, and Pirigyi, provide leadership and strength.

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Justin Pirigyi



Coleman Greer, sophomore, demonstrates what a run with the ball looks like in rugby.

ED PIPER / VILLAGE NEWS

La Jolla High boys rugby team in rebuilding phase

By ED PIPER | LA JOLLA VILLAGE NEWS

The ruggers repeatedly kept practicing – without total success – an odd-looking play that looks like a cross between a dress rehearsal for a ballet and a carnival game someone’s not very good at. The hooker, or team member who kicks the ball backwards in a scrum, tried to throw the swollen rugby ball up into the air so that a teammate, hoisted

into the air by two other teammates (this is the ballet-looking part), can catch the ball.

Isaac Ramirez, a hefty 240-pounder who also plays football for La Jolla High, explained that this inbounds play is called a line-out, one of many foreign elements in a sport that’s growing more and more popular among high school athletes, both boys and girls, these days.

The challenges in the line-out

include the inbounder’s skill in accurately spinning the awkward-looking ball (originally made out of pigs’ bladders) for a good throw, and the hoisted player’s ability to grab the ball at the height of his jump. It’s easy for the latter to topple over as he is lifted up. With either a bad throw or the flyer not peaking at the right moment, the play goes awry. That happened over and over at the Viking practice.

A basic challenge in the sport is just learning to throw the ball, which resembles a mini Goodyear blimp, about 11 inches long. It is spun with both hands gripping it near the middle, kind of like on an underhanded lateral in football.

“Backs are quicker, forwards are bigger,” Dirk Germon, a Viking sophomore, simplified for a novice.

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SURFER >>
CONT. FROM PG. 1

“The most exhilarating is when you’re launching through the air on a drop with a big wave. It’s probably the most scary and unknowing-like feeling that there is, and when you make it out, and ride that wave back into the channel, it’s the biggest adrenaline rush you’re ever going to feel.”

That feeling is what Roper says first got him hooked on big wave surfing, and it’s that same thrill that keeps him in the game even when it seems risky and dangerous. Now 29 years old, Roper has been surfing for over two decades, chasing swells all over the South Pacific from Hawaii and Tahiti to Portugal and Mexico.

“But I am probably one of the few younger people on the big wave tour,” said Roper. “I think there’s five of us in our 20s. The rest are in their 30s or older. Big wave surfing involves so much experience that you’ll see people surfing their best big waves even into their 40s. As long as you’re not taking constant wipe outs and your body stays in one piece, you just keep on doing it.”

But what this particular surfing career offers in longevity, it matches with high risk and there’s a reason experience is part of the big-wave-surfing package. While Roper says he “fell in love” at 17, riding Puerto Escondido’s more punishing breaks



in Oaxaca, Mexico for the first time, the young surfer admits he didn’t truly come to terms with the real danger of big wave surfing until four years later when he witnessed friend Sion Milosky die at age 35 while surfing the less forgiving swells off Mavericks in 2011.

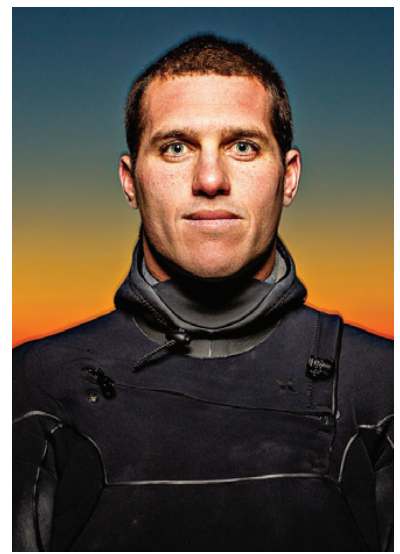
“I thought I had it all figured out and this guy was the invincible, best big-wave surfer at the time,” said

Roper of Milosky, an accomplished surfer from Kauai. “We all idolized him. But it was an extremely humbling experience to watch somebody, who you thought was invincible, die surfing these big waves he was famous for.”

Roper was actually on the beach when the paramedics were conducting CPR on Milosky and even elected not to go back to Mavericks

for a few years, taking a break from the “chasing big waves lifestyle.” Though he eventually made his way back, still seeking out that adrenaline rush, Roper this time went in with a level head on his shoulders.

“There’s a lot of risk and a lot of reward... It’s part of the game and dying is something we all know is a possibility,” said Roper. “But surfing



JoJo Roper (above) rides a massive swell at Mavericks, at Half Moon Bay, while competing on the Big Wave World Tour (left).

still just always excites me. I can’t get enough of it.

“You’ll deprive yourself of sleep for surfing or, in my case, drive eight hours to Mavericks to follow the swells. You put it ahead of everything in life. Surfers are very selfish that way but it’s truly that addicting.”

Roper added that, though not many surfers will admit it, “We all want to catch that 60-foot wave. We all want to paddle into the biggest wave ever ridden.”

Roper is set to compete next at Mavericks on the Big Wave World Tour. The competition will take place sometime between now and March.

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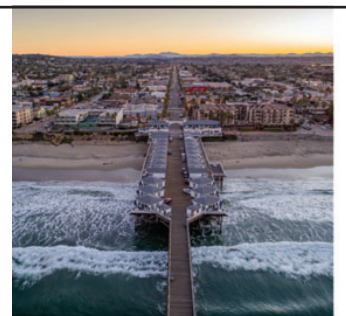
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