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SAN DIEGO COMMUNITY NEWSPAPER GROUP

FRIDAY, APRIL 21, 2017

## **UP IN THE SKIES OVER SAN DIEGO**



On April 22-23, the World War II Boeing B-17 Flying Fortress, Madras Maiden, will take to the skies over San Diego. Public flights will begin in the morning with ground tours in the afternoon. Hours for available public flights will be from 10 a.m. to 5 p.m. PHOTOS BY PATRICK ACCOMANDO

The Liberty Foundation's B-17 Madras Maiden is one of only 12 B-17's still in flight today. The B-17 dubbed the "Flying Fortress" as a result of its defensive fire power, saw action in every theater of operation during World War II.

The majority of all WWII B-17s were operated by the 8th Airforce in Europe, and participated in countless missions from bases in England deep into enemy territory. There were 12,732 B-17s produced between 1935 and 1945, of these, 4,735 were lost in combat.

Following WWII, the B-17 saw combat in three more wars, B-17s saw service in Korea. Israel used them in the war of 1948, and they were even used during Vietnam.



45 minutes with approximately half hour in flight. B-17 flights are \$410 for Liberty Foundation members and \$450 for non-members. Passengers can become a Liberty Foundation member for \$40 and receive the member discount for family and friends.

sounds expensive, it must be put aircraft flights at no charge. into perspective when compared to

the B-17's operating cost. A Flying Fortress expense is more than \$5,000 per flight hour. The Liberty Foundation spends more than \$1.5 million annually to keep the B-17 airworthy and on tour.

The Liberty Foundation's B-17 provides visitors the opportunity to take a step back in time and gain respect for the men and women who gave so much to protect freedom. At each stop, flight "missions" are available in the Madras Maiden which allow people to take flights in this historic aircraft.

During flight operations, there will be a designated, secure area for While the cost to take a flight those who would like to watch the

## Funds allegedly missing from La Jolla Rec. Council

## Nonprofit group's president asked to resign

BY DAVE SCHWAB

An allegation has surfaced of mismanagement of a playground fund with nonprofit La Jolla Recreation Council, which recently asked its president Cindy Greatrex materials over to the City Attorto step down.

An inside source requesting anonymity told La Jolla Village News that an amount of money originally estimated at \$40,000 which has since nearly doubled has been reported missing by a recreation council board member.

Mary Munk, acting recreation council president, replied "no com-

ment" when asked about the alleged missing playground funds.

Munk also did not confirm that the park advisory board has turned financial records and other ney's office for investigation.

Contacted by La Jolla Village News the morning of April 20, Greatrex, when informed that some playground funds had been reported missing, commented, "There are no missing funds."

SEE FUNDS>> PG. 16

## SeaWorld San Diego to end nightly firework display

## Theme park set to debut new shows, rides

BY DAVE SCHWAB

SeaWorld San Diego is transforming its decades-old business model.

Recently scrapping its heretofore trademark Shamu shows, the marine mammal theme park is also silencing, for now, its nightly summer fireworks displays.

the park into an underwater world of colorful vibrancy immersing our guests in a glowing sea of bioluminescent-like lighting, music and pathway entertainment, and a dance club."

Koontz noted Electric Ocean "will be a nighttime version of our major step forward. Cirque de la Mer show (a summer daytime show the last 12 years),

which will take place in our Cirque Electrique Stadium on Mission Bay. Complementing Cirque Electrique will be another new nighttime show featuring overhead laser lights and an interactive RFID (radio frequency identification) experience, acrobats and live musicians and an illuminated parade."

Koontz added Seaworld's "This summer we are debuting "Putting our fireworks on hiatus, our new summer nighttime extrav- other than on the summertime aganza called Electric Ocean," said three-day holiday weekends, and SeaWorld spokesman David for a handful of other special Koontz. "At dusk, we will transform events. This new nighttime spectacular will have no impact on general aviation in that area, nor will it impact air traffic departing and arriving at Lindbergh Field."

> The cessation of SeaWorld's summertime pyrotechnics was hailed by long-time opponents as a

> > SEE FIREWORKS >> PG. 2

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Martha Sullivan, spokesperson for SeaWorld fireworks opponents, who launched a successful online 11,000 signatures against summertime displays, labelled Sea-World's announcement shelving them as a victory.

said. "They're using new technologies and adjusting their business model to the current conditions of their customer base.'

"realizing they need to be good neighbors."

with it."

SeaWorld fireworks detractors harm to humans and other animals. Effects of noise pollution to humans include (damage to the) physiological and psychological health of human beings: hypertension, annoyance, high stress levels, aggression, hearing loss, tinnitus, include development of the Electric sleep disturbance, etc."

Meanwhile, SeaWorld is transito a more educational presentation inspired attraction.

## 'They're realizing that they need to be good neighbors.'

**MARTHA SULLIVAN** SEAWORLD FIREWORK OPPONENT

petition drive garnering more than reflecting natural behaviors of the whales. The final "One Ocean Shamu" show was on Jan. 8.

The first of these live documentary-style presentations, called Orca "It's an evolution that we've been Encounter, will debut at SeaWorld encouraging them to do," Sullivan San Diego this summer with temporary seating around the orca underwater viewing area pool.

Patrons will learn how killer whales behave in the wild, how they Sullivan added the marine park is move, hunt and navigate, what they eat and even how they communicate. Orca Encounter will also look Asked why fireworks became an at broader themes such as research, issue, Sullivan replied, "I think it rescue, conservation, habitats and was just people being really fed up distribution, husbandry and care, and social structures.

"This will inspire as well as educlaim research shows "noise pollu- cate guests about the majesty of tion from nightly fireworks causes these complex animals and reinforce the company's commitment to provide educational experiences with the park's resident orcas," Koontz said.

Other game-changing developments at SeaWorld San Diego Eel, a 150-foot-high ride roller coaster debuting summer 2018, tioning from theatrical orca shows and Submarine Quest, a submarine-



Seaworld is well-known for their nightly firework shows during the summertime. **FILE PHOTO** 

Both attractions are coming to SeaWorld as part of the park's new Ocean Explorer area. Participants will experience digital technology and can interact with the ride to "save" ocean creatures.

Through Ocean Explorer, debuting later this year, guests, through an interactive mini-sub, can get up close to some of the ocean's most fascinating creatures, then take a spin on three new family friendly rides.

With three new attractions, this is SeaWorld's biggest roll-out in 53



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## Scientists, wildlife groups and fishermen discuss local Marine Protected Areas

BY DAVE SCHWAB

Stakeholders heard what's going on with baseline studies of existing fish and other marine species in Marine Protected Areas along the Southern San Diego coast including La Jolla and Pacific Beach on March 20.

The public meeting at Marina Village Conference Center was held by California Department of Fish and Wildlife, Ocean Protection Council and Ocean Science Trust. It drew scientists, fishermen and other consumptive ocean users, as well as grad students eager to hear about progress being made with MPAs.

Required by the 1999 Marine Life Protection Act and in effect since Jan. 1, 2012, MPAs were created to help repopulate dwindling fish and other marine species. Known as "underwater state parks," MPAs set aside sensitive ecosystems via creation of no-fishing zones to allow marine life and habitats an opportunity to recover and thrive.

Some fishermen and other consumptive ocean users have been critical of the MPA concept. They questioned its viability, arguing it crowded their commercial interests while threatening the local marine-oriented econo-

MPA supporters countered that they are absolutely essential to allow fish and marine species adequate time to recover from commercial fishing, as well to help restore degraded marine ecosystems.

"We're here to provide you the key findings of the baseline monitoring work being done on our South Coast MPA region," said Becky



A surfer is about to paddle out at Tourmaline Surfing Park in Pacific Beach, which is considered part of the South La Jolla State Marine Conservation Area. PHOTO BY THOMAS MELVILLE

Ota of California Department of Fish and Wildlife. "We're here to provide this information as a spring board into what needs to happen for further monitoring of MPAs as a whole."

Marine ecosystems change over time, and baseline monitoring to determine existing conditions of ocean species is a critical first step in documenting the status quo of San Diego ocean conditions.

Scientific data gathered during South Coast MPA baseline monitoring will guide future ocean management practices regionally. Baseline monitoring analysis will also improve

understanding of fish, lobster and other key marine species, while tracking their numbers, size and movements.

La Jolla has two adjoining MPAs at the South La Jolla State Marine Conservation Area and South La Jolla State Reserve, which together cover 7.51 square miles, stretching from Palomar Avenue to Missouri Street in Pacific Beach. They are two of 36 new Marine Protected Areas adopted by the California Department of Fish and Game Commission as part of the Marine Life Protection Act. Additionally, the historic Marine Protected Areas at La Jolla Shores, stretching to the

Scripps Pier, was also retained.

Scripps Institution of Oceanography marine ecologist Ed Parnell and diver Danielle Muller of Southern California Coastal Ocean Observing System, gave slide presentations.

The goal of MPA monitoring, noted Muller, is for biologists to know "how many plants and animals there are, and where they're at." She added ocean conditions - winds, waves and currents - as well as topographical features on ocean bottoms, help guide researchers' studies. She added the location and movements of many ocean species are "driven by the temperature and salinity of the

In his talk, Parnell detailed his studies on the local spiny lobster, a species important to the local commercial fishing industry, located in and around La Jolla MPAs.

"We wanted to study the lobster populations, comparing their numbers in protected MPA areas versus unprotected areas outside MPAs," said Parnell noting lobsters were caught, tagged, released and recaptured in metal commercial traps. Parnell said studies thus far have shown that lobsters tend to be larger, and grow faster, as you head north up the coast from San Diego.

Parnell suggested the north-south size differential of lobsters might be attributed to fishing outside MPAs, which depletes the number of larger-sized lobsters allowed to be legally taken by commercial anglers.

To learn more about South Coast MPA baseline monitoring, and to access data, visit oceanspaces.org/scsotr.

## Del Mar Racetrack undergoing modifications prior to opening day, Breeders' Cup

Under the direction of its new director of track maintenance, Dennis Moore, Del Mar has begun a process designed to modify its main track with an end result of having it replicate the banking and grading of its sister track to the north, Santa Anita Park.

Crews began their work on the track on Wednesday, March 29, and the stripping and grading activity is expected to take several weeks. The plan is to adjust the seaside oval's main track banking to 5 percent (from 4 percent) on the turns and 2.5 percent (from 2 percent) in the straightaways, as is the case currently with Santa Anita – well in advance of the opening of Del Mar's 78th summer season on Wednesday, July 19.

"Our priority, of course, is safety," said Joe Harper, Del Mar Thoroughbred Club's president and CEO. "One of the key elements in safety is consistency and this adjustment will give our horses and horsemen that consistency when it comes to the two main racing surfaces on our circuit. Once again we salute the folks at Santa Anita for working with us on this."

presently the track superintendent at Santa search for more and more safety. Additional-Anita, took on his additional role at Del Mar earlier this year.

"We've got the same El Segundo sand from the same batch at both Santa Anita and Del Mar," Moore noted. "That's a good step on the road to consistency. Then we're adding another by bringing the banking at Del Mar right in line with what already exists at Santa Anita, therefore giving our horses the same experience on both tracks, which has to prop up their confidence and make for an easier transition between the two. This change isn't a

drastic one, but it's the little things that can make for big differences."

Del Mar has put in place a series of adjustments for its 2017 meetings that are aimed at increasing safety for horses and riders at the popular shore track. Among the changes for the summer session is a return to a sevenweek season (instead of eight) with a later start, thus allowing horses and horsemen more time to get acclimated to new sur-

The revised calendar also allows for incremental days to prepare the track in advance of racing and training. Additionally, there will be fewer horses (by approximately 10 percent) allowed to stable on the grounds, therefore reducing the traffic issues during morning workout times. Further, adjustments of the track flow during the morning work period were experimented with last year and found to be very effective. That rule will be employed throughout 2017.

Del Mar continues to work with the California Horse Racing Board and, in particular, Moore, who is considered one of the top its executive director, Rick Baedeker, as it rack surface experts in the world and is ensures that all avenues are explored in its ly, it employs and calls upon one of the industry's premier track experts, Dr. Mick Peterson, for advice and counsel in its various projects.

> "I am pleased to see that there is a coordinated effort with Del Mar and other industry stakeholders to create consistent track surfaces in Southern California on a year-round basis," said Peterson. "I look forward to continuing to collect and analyze all pertinent data with the goal of creating the safest possible environment for horses and riders."

"When the horses shift between races after



The Del Mar Racetrack's upgrades will be completed before opening day. PHOTO CONTRIBUTED

Los Angeles, some then race at Los Alamitos in Orange County, but some shift directly to Del Mar," said Mac Macbride, director of media for the Del Mar Thoroughbred Club. "Consistency is a big deal for these animals."

Following the track's 36-day summer meet, it will hold its fourth fall meeting, a 16-day run between Nov. 1 and Nov. 26. Highlighting that gathering will be the presentation of the 34th edition of the Breeders' Cup on Friday, Nov. 3 and Saturday, Nov. 4 – the first time the sport's championship events have come to the iconic racing grounds alongside the blue Pacific.

"Although this process is ongoing, we are making major headway," said Macbride. "Initially, we were talking about a six-week process. Currently, we are estimated to finish in early May."

### More updates

The Breeders' Cup also announced its Challenge series schedule on April 12. This series will consist of 81 automatic qualifying stakes races into corresponding races of the Breeders' Cup World Championships. This year's series, which includes 62 Grade/Group 1 events, will have 49 Challenge races held in the U.S. and Canada, and 32 races to be run outside of North America.

Horses from around the globe will be qualifying for the 34th Breeders' Cup World Championships, which will be held, for the first time, at the Del Mar race track, on Nov. 3 and 4, and televised live by NBC Sports.

For more information, visit www.dmtc.com.

## Getting to know your many evolving selves throughout your life



**Better** 

By Natasha Josefowitz, Ph.D.

We are all composed of a variety of selves. For instance, we can be a parent self, a child self, a spouse self, a worker self, a friend self, etc. In each of these selves, there can be angry ones, compassionate ones, competitive, frightened, self-assured, and shy ones. We are different selves with each of our children. Some core selves seem to permeate all the other selves. Some people are uniformly compassionate, while others always carry a chip on their shoulder.

I started thinking about all my own selves when I decided to move into a retirement community because I knew I would have to invent some new selves while losing several older ones. For instance, I lost the collector self by giving away the many objects I had gathered over a lifetime, with the hopes of gaining a minimalist self with fewer possessions (which did not happen).

I lost my housekeeper self, the one in charge of menus, grocery shopping, and meal preparations, but gained a self free of those kinds of decisions. I lost a night-driving self to a bustaking-to-evening-events self.

The boss at work self is different than the self at the dinner table at home. One is decisive and commanding, but would be inappropriate with a spouse; if we did not leave that self at work, there would be problems in the marriage.

I used to teach situational leadership, first proposed by Ken Blanchard. A boss can be a hard task master in one situation and a caring hand-holding coach in another. The same person can have a shy self in one situation and an assertive self in another.

The important thing to remember is that there is an inner observer in all of us who decides which self will be right for each situation. It is a little like a director who gives out roles to the actors in the scenes of life. Freud called it the ego. Robert Assogioli, who first described the notion of various sub-personalities in 1920, called that director the transper-

I am aware of some of my more prominent selves: the teacher, the helper, the writer. An interesting exercise is to name each of your most prominent selves and list some of the desirable and undesirable characteristics of each of them.

For example, my academic self can be useful in a situation when knowledge of a subject is relevant, but can be detrimental in another when I might sound like a "know-it-all." Or the joker part of me can be a lot of fun, but someone. Some of our selves are star players; others are bit players that can cause problems.

How often we have said or done something we later regret and wonder how we could have said that or acted that way. It was one of our selves who acted impulsively without prior approval of our observer/director. Part of our upbringing, as well as part of being civilized, is learning to control that self who can be not only destructive to others, but destructive to our life. Freud had a name for that impulsive self who acts on emotions and not on reason; he called it the Id.

Eric Berne had a different nomenclature for the selves. He categorized people into parent, child, and adult. Carl Jung wrote about "animus," the man inside every woman and "anima," the woman inside every man. Erving Polster wrote a book, "A Population of Selves: A Therapeutic Exploration of Personal Diversity," which explores our various selves with an emphasis on identification and acceptance of the various aspects of personhood that inhabit us. Some of the selves within us we like, are proud of; others we may be embarrassed by. Some may even surprise us when they pop up unexpectedly, such as getting overly upset about someone's inconsequential remark.

I like the multiple selves idea as this does not limit us to a few categories, but to an infi-

can also poke fun inappropriately and hurt nite number of players who change throughout our lifetime.

> I like to think of aging as growing or changing on a continuum, sometimes even hourly, often on a daily basis, and certainly yearlyshedding no-longer-useful selves and acquiring new, more appropriate selves, not only appropriate to one's age, but to the environment in which one lives.

> In other words, we grow by letting go of some younger selves and acquiring new, more mature ones. I just shed my feeling-invulnerable self (when I fell recently) and replaced it with a more cautious self. I'm not yet wellacquainted with that more-aware-of-mymovements self; I don't particularly like it because it is also a slower self, but it is a necessary new self that I need to allow in.

> Some selves, of course, remain constant (for instance, a curious self), but what I find exciting is the possibility of shedding the unwanted selves and adding new ones, and thus reinventing ourselves, forever growing wiser, forever becoming more conscious, forever encouraging our inner observer/director to take better charge.

> Natasha Josefowitz is the author of more than 20 books. She resides at the White Sands Retirement Community in La Jolla. Copyright © 2016. Natasha Josefowitz. All rights reserved.

## Wetlands could buffer sea level rise

BY DAVE SCHWAB

Climate change and sea level rise are going to bring changes to the coastline and San Diegans are going to have to deal with that in the

To show what coastal sea level rise will do to San Diego's coastline over time, San Diego Audubon Society recently showcased the role wetlands play as a natural buffer for coastal communities threatened by rising sea level.

That was done during a recent Mission Bay tour to view "king tides" (also known as perigean spring tides), higher-than-normal, high-tide events during a spring tide full moon.

As high tides swept San Diego's shores, media were invited to join San Diego Audubon's walking tour of Mission Bay to understand the crucial role wetlands play in protecting coastal communities from sea level rise.

King tides show what the new normal of San Diego's shorelines will look like 20 to 50 years from now due to sea level rise, said Rebecca Schwartz Lesberg, San Diego Audubon director of conservation.

"Climate change is already happening, we're eeing its affects, including in Mission Bay," Schwarz Lesberg said noting coastal wetlands century. By 2050, models predict sea level protect against sea level rise by "acting like a sponge at high tide serving as a buffer to take in sediment and protect surrounding areas from flooding and erosion."

The Audubon spokes person added, "It's our responsibility to protect and restore wetlands, so that they can protect our communities from the impacts that we know are coming."

San Diego Audubon leads ReWild Mission Bay. In partnership with the CA State Coastal Conservancy and U.S. Fish and Wildlife Service Coastal Program, ReWild aims to enhance

and restore up to 170 acres of wetlands in the northeast corner of Mission Bay.

Noting the ReWild project restoration site is on a 50-year lease, Schwartz Lesberg said, "This is our first chance in half a century to make a better decision on how to use land use in Mission Bay - and also our last chance to do so before we start experiencing the most devastating impacts of climate change."

Currently, California has lost 90 percent of its wetlands to development. Now that the City of San Diego is in the planning phase of restoring the northeast corner of Mission Bay, San Diego Audubon urges a commitment to the restoration of wetlands to protect against sea level rise, erosion and habitat loss, while meeting the requirements of the City's Mission Bay Park Master Plan.

San Diego County has roughly 70 miles of coastal shoreline, according to San Diego Coastkeeper, a nonprofit whose mission is to protect and restore fishable, swimmable and drinkable waters. Sea level rise resulting from global climate change has the potential to alter the form and function of these coastline habi-

Gauges along the California coast have ecorded an increase during most of the 20th increases of 12 to 18 inches in San Diego. The combination of higher sea level, waves, tides and weather conditions may put coastal habitat in San Diego County at risk for habitat loss.

As sea levels continue to rise, new challenges for planning, managing and protecting natural resources and communities will face decision makers.

Learn more from this time lapse video by Coastkeeper on 2015 king tides at www.sdcoastkeeper.org.

## The Scripps Institute realizes **HIV treatment breakthrough**

Scientists at The Scripps Research Institute have successfully found a way to make cells HIV resistant.

This new approach genetically modifies human cells, giving them instructions to create their own antibodies, which block the HIV virus from interacting with the

The current general practice of treating people stricken with HIV is to prescribe daily injections or oral drugs of antibodies. The injections and drugs flood the body with antibodies, which latch onto cells through chance. Moreover, when cells asexually reproduce, those new cells will not have antibodies already latched onto them. Thus, the necessity for patients to constantly intake more antibodies.

The method The Scripps Research Institute utilized changes the DNA in the modified cells, so when they multiply, the new cells will retain the instructions to create

A crucial difference between this method and the current practice is the need to introduce new antibodies on a daily basis. Ultimately, the biggest benefit of this discovery is that patients would only need to be treated once to gain resis-

Unfortunately, this method cannot modify 100 percent of cells. Jia Xie, senior staff scientist at TSRI and one of the authors of the study published in the journal, Proceedings of the National Academy of Sciences, outlines the strategy to reach full resistance.

"There will be two populations of cells, one with antibodies on the surface that is encoded in their gene, the other are regular cells. With the virus present in the body, the non-transformed/unprotected cells will eventually die off and the antibodyprotected cells will take over the whole population, thus the patient will be resistant to HIV infection."

The new HIV treatment is theoretically safe for humans but rigorous animal tests and evaluations need to occur before any green lighting of human clinical trials. In this endeavor, the researchers are partnering with City of Hope's Center for Gene Therapy.

"City of Hope currently has active clinical trials of gene therapy for AIDS using blood stem cell transplantation, and this experience will be applied to the task of bringing this discovery to the clinic," said Dr. John A. Zaia, director of the Center for Gene Therapy in the Hematological Malignancy and Stem Cell Transplantation Institute at City of Hope.

Dr. Joseph Alvarnas, director of Value-Based Analytics at City of Hope, said The Scripps Research Institute's technique could help patients who take treatments but are still afflicted with higher rates of

"HIV is treatable but not curable—this remains a disease that causes a lot of suffering. That makes the case for why these technologies are so important," he said.

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## Anneke Stender Anneke.Stender@teamtag.net www.TeamTAG.net



### iSWEAT LODGE Brings Infrared Heat Body Wraps & Whole Body Vibration to La Jolla

Infrared Heat Body Wraps and Whole Body Vibration are not brand new – these techniques have been around for decades – but, they are new to La Jolla, specifically the neighborhood of Bird Rock.

iSWEAT LODGE recommends using infrared heat body wraps and whole body vibration as an enhancement to a healthy life. When you book a session, you receive 10-minutes on the whole body vibration machine and 50-minutes in the infrared heat body wrap.

The best news is that Infrared heat therapy and whole body vibration is for everyone, even those who aren't in the best shape to begin with or have been struggling to get healthy. In addition to burning up to 1,600 calories per session, there are numerous health benefits:

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- Strengthens bone tissue
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- Improves lymph drainage and blood circulation



"There are so many benefits to a sweat session, that I probably give my new clients information over-load," said Kat Pytka, Owner of iSWEAT LODGE. "It's not just a quick fix, but a process that helps you become your healthiest self by detoxing, reducing stress, and promoting overall wellness."

Pricing for the sessions are cost-effective, to allow people the affordability to come more frequently and enhance their overall well-being. New clients receive buy one, get one free session. Go to www.iSWEATLODGE.com to book.

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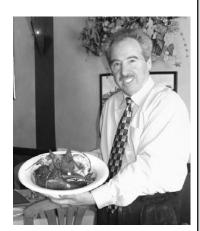
Erling Rohde Plumbing started in 1910. It is the longest run, family-owned business in La Jolla and San Diego. The company now in Bird Rock has been operated for the last 35 years by the grandson of the founder, Michael Glancy. Mike returned from Vietnam in the 70's and decided to seize the opportunity to work in a "good trade." He is also a surfer and wanted to stay close to the ocean. Mike says his company offers two valuable traits: honesty and knowledge. Rohde Plumbing's specialties include water heater replacement, toilet, faucet, backflow protection, underground leaks including water, sewer, and gas pipes, and Ray-Pac boiler repair and/or replacement. They have earned their stellar reputation for providing genuine, caring customer service.

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## Cafe Milano-a taste of Northern Italy in La Jolla

Owner/chef Pasquale Cianni brought northern Italian cuisine to La Jolla 16 years ago and has been successfully pleasing both local residents and out-of-towners - even out-of-thecountry guests — with his homemade pappardelle pasta, veal ossobuco, lobster ravioli, chicken marsala, veal scaloppini and many other authentic Italian dishes. This is just a small sampling of their extensive menu. The kitchen at Cafe Milano uses only fresh, local and seasonal ingredients in its dishes and the full bar has a large range of Italian and Californian wines to choose from. The bread and balsamic dipping sauce is so good you need to be sure to save room for the delicious entrees to come. And to finish off your dining experience, the tiramisu is simply scrumptious - one of a large variety of dessert selections. Add to this service that is fast, friendly, and attentive and it's no wonder they are a consistent award winner for Best Italian Restaurant. Café Milano is an exciting and



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## See's 'The Tea Girl of Hummingbird Lane'

BY LUCIA VITI

The No. 1 New York Times bestselling author Lisa See presented her latest novel "The Tea Girl of Hummingbird Lane" at Warwick's on Wednesday, April 19 at 7:30 p.m. Rich with Chinese history and tradition, "The Tea Girl of Hummingbird Lane" mixes tea farming, harvesting and fermentation with culture, superstition and passion. See shares how harvesting tea leaves is not just a science, it's an art seeping in custom and ritual.

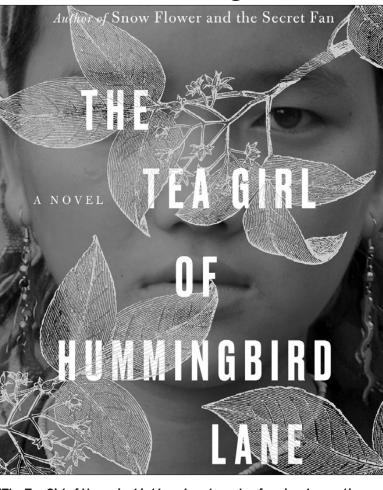
In this rich narrative, See showcases the Akha people, a Chinese ethnic minority and its main female character Li-yan, one of the story's many strong female characters. The intelligent and determined daughter of the village's medicine woman, the young mother falls in love with San-pa who sadly becomes addicted to opium. Forced to give her newborn daughter up for adoption – to save the child's life – Li-yan embarks upon a path to set things right.

Regret steers Li-yan through a life simultaneously breaking and respecting traditions in cities far beyond her birth mountain village. Education, perseverance, hardwork and a little-bit of luck grants Li-yan once-in-a-life time opportunities in business and romance. Li-yan never forgets her heritage and never stops searching for her daughter, not even after discovering that she had been adopted by an American couple.

And vice versa. Haley, Li-yan's daughter, grown to be a California-bred scientist, never stops wondering about her cultural heritage. Fate determines the outcome of these formidable female characters.

This captivating story about a family, spliced by circumstance, culture, and continents, also exposes a world tucked in by mountains, distant from everything modern. Readers learn more than one would ever expect to know about tea, including how cultures view its medicinal and spiritual aspects. One character, Tea Master Sun, teaches Li-yan the practical and spiritual elements of tea. According to Tea Master Sun, Confucius taught his followers that tea helped with "understanding." Buddhists bestowed tea with spiritual qualities ranking it among "four ways to concentrate the mind." And Taoists viewed tea as a "way to regulate internal alchemy, be in harmony with the natural world, and serve as an ingredient in the elixir or mortality."

See writes about unique tea flavors, their medicinal and metaphysical qualities along with teas' financial values. Pure teas, aged teas, and properly fermented teas are described as worth their



'The Tea Girl of Hummingbird Lane' explores tea farming, harvesting and PHOTO CONTRIBUTED fermenting with culture, superstition and passion.

erties and flavors, is a fascinating

Lisa See is no stranger to success in celebrating her ethnicity. See's Chinese great-grandfather migrated to Los Angeles to build the transcontinental railroad. Noted as the godfather and patriarch of Los Angeles Chinatown, See was raised in a "very large Chinese-American family, although I don't look Chinese." The bi-cultural author is quoted as saying, "I straddle two cultures." Opening doors for the non-Chinese into the Chinese culture, See writes about life, love, regret, greed, jealousy and success. "The Tea of Hummingbird Lane" includes all of these elements and

See's accolades run the gamut. In June 2000, she authored the libretto for the opera "On Gold Mountain," based on her bestseller

weight in gold. Tea, in all of its prop- of the same name. She also curated "On Gold Mountain: A Chinese American Experience" at the Autry Museum and designed the companion guidebook for Angels Walk L.A. for the opening of the Mass Transit Authority's Chinatown Station. As a trustee on the University of California Press Foundation, See endowed a Lisa See Endowment Fund in Southern California in History and Culture.

> In 2001, See was honored as the National Woman of the Year by the Chinese American Women Organization. In 2003, she received the Chinese American Museum's History Makers Award. See has several New York Times bestselling accolades including "Snow Flower and the Secret Fan," "Peony in Love," "Shanghai Girls," "China Dolls,"and "Dreams of Joy."

## Near Extinct Cult Wine Emerges in Ocean Beach **OB Winery Celebrates Release of Charbono**

While on a trip sourcing grapes in El Dorado County, Ocean Beach wine maker Keith Rolle met a farmer who had two tons of Charbono for sale. "I couldn't believe my luck in stumbling across this gem. I signed a contract immediately," exclaimed Kolle. When the grapes were ripe Rolle brought them to his winery on Newport Avenue and turned them into some truly outstanding wine.

Once a darling of the Napa Valley, Charbono was the go-to wine at the venerable Inglenook from the 1940s through the 1960s. Inglenook produced Charbono from the late 1800s until the estate was sold in 1998 to Francis Ford Coppola. Today, only 17wineries, all in California, do small productions of Charbono. Gianni Buonomo Vintners in Ocean Beach is one of them.

Due to its scarcity, you'll be hard pressed to find it wine shops. Being such an excellent, food-friendly wine, restauranteurs have no problem getting adventurous diners to give it a try. "We're excited to showcase Gianni Buonomo Charbono at our annual Heart of Spring Dinner. It's a perfect complement to so many of our dishes," says Randy Smerik of the award-winning Solare Ristorante Italiano in San Diego.

Gianni Buonomo Vintners will release their 2014 Charbono and Barbera at a Gala Event on Saturday, April 29 from 6:00 PM to 9:00 at their winery at 4836 Newport Ave. The wines will be paired with locally made Italian delicacies. Tickets are for sale at the Tasting Room and online at www.GBVintners.com.

## LJVMA hails Concours success

LA JOLLA VILLAGE NEWS

BY DAVE SCHAB

In April, La Jolla Village Merchants Association was pitched on business consulting services provided by San Diego State University students and the San Diego Tourism Authority, as well as receiving a glowing report in the aftermath of the April 7-9 Concours d'Elegance.

LJVMA president James Niebling noted the Sunday, April 9 Concours D'Elegance classic-car event at Scripps Park had "record-setting attendance."

"We had live music from 2 to 6 p.m. on Saturday and had some restaurant trays passed to heighten the energy, creating a more celebratory environment in the Village for the weekend," Niebling said, adding, "The Village was crowded, which sets the tone for the kinds of things we should be doing for our signature events — really getting behind them as much as possible and creating a lot of noise."

Talena Handley from SDSU filled merchants in on the university's Aztec Consulting Program.

"Aztec Consulting pairs business students with small-businesses to make a difference for those smallbusinesses, and for free," said Handley. "It provides students with an educational component, and businesses with a consulting component, our website and social media."



A Ferrari at the 13th annual Concours d'Elegance.

The SDSU program can help businesses to expand, or with their financial planning, Handley said.

"We provide almost 100 hours of undergraduate and graduate assistance team time," she said. "What happens is we increase marketing research to come up with an actionable plan for businesses."

Sarah Weinberg-Scalo, public relations coordinator at San Diego Tourism Authority, gave a slideshow presentation detailing services provided by the private, nonprofit, mutual benefit corporation composed of about 1,000 member organizations, businesses, local governments and individuals seeking improvement through the visitor

SEE LJVMA >> PG. 15

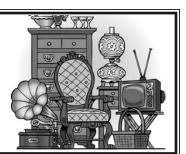
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documents that they may have.

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ney and have them drafted right away. If the person has the capacity to understand what they own and who will take care of them, and can understand the benefits, risks and effects of signing such documents, then they have the capacity to create and sign a trust and power of attorney documents

Shannon T. O'Neill

An estate planning attorney can evaluate whether they have the capacity to sign such documents. It is bes to get these documents done as soon as possible, before their condition worse

If they do not have the capacity to sign such documents, then the court will need to be involved. A conservatorship can be done for developmentally disabled adults and other adults that can no longer take care of themselves. Getting a conservatorship over someone can be a long, complicated and expensive process. The court wants to ensure that a conservatorship is really necessary because the conservatee (the person who needs assistance caring for themselves) will lose some of their rights to the conservator (the person who is appointed by the court to manage the conservatees estate or personal affairs).

Having estate planning documents such as a trust, financial power of attorney and advance healthcare directive in place can help avoid having to get a conservatorship and can keep you out of court.

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## Sports

## LJHS track team is 'feeling the Byrne' with the 'burn sisters'

BY ED PIPER, JR.

Petra Eaton, one of La Jolla High's returning 4-by-4 record-setting relay runners, avows as how "it was really hard" to get the record, a sizzling 3:53.03 that set the CIF San Diego Section standard.

"It's easier to run faster when you're running against faster people," the 5-foot-4-inch tall sprinter says. "Early in the season (last year) we didn't have the four permanent runners in place." And, competition didn't rise until partway through the spring track season, at the Arcadia Invitational and the Mt. SAC Relays.

Meanwhile, one of Eaton's returning stablemates, the affable Sierra Roberson, a year in school younger than Petra as a sophomore, talks about the fine-tuned psyche one must have to pursue speed on the track.

"Well, the thing is, I don't think when I run because it would mess me up. I'd be thinking about the pace. I've been running since I was young, so I have the technique. I don't want to be thinking about that. When I run, I don't think about my issues. You have to focus on the fact you're racing, but you don't want to overthink it. Otherwise, your whole technique is going to be off."

Roberson, 15, is one member of the "burn sisters," with her older sister Sakura, a senior, also taking the baton. Along with Satori, who graduated from La Jolla High last year, the three made up 75 percent of the record-setting relay, with Eaton carrying the other part.

to Grossmont College this year, where she is pursuing her dream in playing basketball. Sakura's name means "cherry blossom," according to Sierra.

Hannah Kinsey moves up from alternate to fill the spot vacated by Satori's graduation.

"She traveled with us to state last year," says head coach Paul Byrne. "She can run as fast as the fourth person did last year. We are expecting only to improve upon last year's time."

"Petra and Hannah are both back again in the hurdles and looking good," reports their coach. "Petra held the freshman record in the 300-meter hurdles until Hannah, now a sophomore, broke it last year." Petra hurdled in 50.00 seconds as a freshman. Hannah broke her record with a 48.82 last year.

Eaton ran a 48.78, her personal record to this point, in the 300 hurdles at the Dick Wilkings Soph-Frosh Invitational last year.

Her sister's name is Portia. The name comes from a character in the Shakespeare play "The Merchant of Venice."

"My grandma knew somebody who worked on the play," explained the older sister.

Regarding team culture and ethos, Byrne, in his third year as head coach, eighth total on the staff, which includes mentoring his pole vaulters, points a spotlight on Caitlin Wischmeyer, who has grown up in the program.

"Caitlin is a senior captain this

reach of enlightenment," moved on ability," says Byrne, who came on as head coach three years ago to steady the ship after multiple head coaching changes. "This year as a senior Caitlin has taken over as a leader. She's organizing the students on her own. As you know, it's really great when you have student leaders like this."

> Byrne tries to foster a positive atmosphere of connection and team-building. "I think so," he says in response to a reporter's observation of the all-for-one kind of team culture that appears evident. "They're coming out and having a good experience. Of course, there are star athletes among team mem-

"I teach the new athletes. I also teach the seniors. There is no preference. It's a team atmosphere," he says. "There's camaraderie. It's supporting one another, being there to congratulate them. Growing up. Maturity."

He acknowledges his pole vaulters bear up to the reputation vaulters have in general as independent spirits who are into taking risks. "They're crazy guys," he laughs. "You have the strength and the speed and the coordination. It's gymnastics in the air." Anyone has to be a little deranged to hurtle their bodies down a runway, balancing a giant stick, then at full speed jam the stick into the ground and give flight to an attempt to sail over a crossbar 10 or more feet in the air. That is the definition of insanity.

Jackson Scherrer, now a sopho-



Sierra (L) and Sakura (R) Roberson of La Jolla High run two legs of the county's top 4 x 400 relay team. PHOTO BY ED PIPER, JR.

He vaulted 11 feet in 2016. Already this year he went 12-feet-six-inches at the Mt. Carmel Invitational March 4.

Andrew Mitchell enthuses over his switch in the shot put from a spin technique to a glide. You won't see him whirling around in the new Edwards Field circle. Rather, he'll start from a position facing the back of the throw area, now located at the far northwestern corner of the new facilities, then, with a simple 180-degree turn, he'll slide his foot, the "glide," as he catapults the shot. He threw 39 feet in 2016.

"I P.R.'ed in the discus by 34 feet last year," says Mitchell, a senior with a big frame who also starred on the Viking football team last fall on both defense and offense. His P.R., more, ranked as the No. 2 freshman or personal record, is 134 feet. The Satori, whose name means "the year. She has always had leadership in the county last year in the event. La Jolla High School record that he's

going to shoot for this spring is 168

He went to the CIF finals in the event last year.

"Both Jackson and Andrew are trying long jump this year as well," says Byrne, "and are currently looking very good in that event, too."

Maddie Fike returns in the sprints, the 100 and 200. She went to the CIF finals last year.

What blows Byrne away is the explosion in how many athletes are on his team this spring. "Lots of numbers. The seniors have doubled in size from last year, pretty much because of sixth period P.E." The season started with about 130 student athletes. "Lots of young athletes: lots of freshmen, lots of sophomores."

## Birch Aquarium's Springfest 'Immersion,' has never been heard quite like this

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musicians.

Each year, Birch Aquarium at Scripps and graduate students at UCSD's Department of Music team up for Springfest, which encourages composers, performers, and sound producers to launch daring projects.

Sprinfgest kicks off April 9 with the fifth annual "Immersion" event, where guests are invited to explore ences in new ways and inspiring an the aquarium's galleries to enjoy musical experiences inspired by the tect, our ocean planet." sea and our rapidly changing earth.

evening of experimental sound fea- ence, art, and technology," said turing UCSD graduate student Harry Helling, the aquarium's executive director.

> "With several exciting projects on the horizon, the 'Immersion' music event with UCSD's Department of Music, opening of the new 'Infinity Cube: Language of Light installation, and Video Triptych' in the 'Expeditions at Sea: R/V Sally Ride Gallery,' we are engaging audiappreciation of, and desire to pro-

Performances feature diverse gen-"Birch Aquarium at Scripps' new res of music and experimental direction includes exploring the sound and will be spaced through-

Springfest kicks off with an exciting intersection between sci- out the aquarium. Guests will experience Birch Aquarium in new and engaging ways and are invited to wander from site to site, curating their own musical experiences while also enjoying exhibits, animals, and panoramic views.

> Immersion performances will include:

> - Voices of Our City Choir, which gained recognition for giving a voice to San Diego's homeless, will perform in the Galleria;

> - Jacob Sundstrom will perform ambient electronic music and video

> > SEE IMMERSION >> PG. 9



## Red O restaurant to open in UTC

BY BLAKE BUNCH

University City will be able to claim some new high-end, fresh and franchise-proven cuisine at Red O's new location starting May 5. The popular Southern California Mexican restaurant, with sister locations in Newport, Santa Monica, Melrose and now San Diego, will be bringing their take on regional dishes to the

Corportate chef Marc Johnson has been splitting his time between all Red O locations, but is eager to get the doors opened for the UTC location.

"We are shooting for May 5, because, in reality, when would be a better date to open than that close to Cinco de Mayo?" Johnson said.

While all Red O restaurants do maintain the same food and drink items, some locations, such as the Melrose Red O, do not serve lunch. Not only will Red O La Jolla serve lunch and their already extremely popular menu, but Johnson says they are looking forward to hosting five-course prix fixe wine dinners.

"In reality, I know how important the craft beer scene is down here," added Johnson. "It would be great to get a craft beer dinner into the works in the future."

Part of the reason Red O has been so successful in Southern California is that they don't stray too far from what obviously works very well for them, but that does not mean they aim to remain static.

"We try to interject items from all regions of Mexico," Johnson said. "Since we are Baja-coastal-heavy, we do focus heavily on fish, which is always seasonal. Currently, our will be included as well, and an



The tablita (pictured above) is one of the staple items at all Red O restaurant locations. Red O will open on May 5. PHOTO CONTRIBUTED

changes every few months.

"All of our seafood is sourced from nership with O'Gara Coach La Jolla. Santa Monica Seafood. I've worked with them for many years, and we have a great relationship. Although I definitely encourage our chefs to do features, I rarely walk into a restaurant without knowing what's on the menu. If a chef has a feature they wish to run, we have discussed it and taken appropriate quality control measures beforehand."

The May 3 invite-only opening will be held from 6 to 10 p.m., during which guests will be able to sample complimentary house beers, wines and signature margaritas. They will also try executive chef Seth Vider and Johnson's passed bites to mark the occasion.

An interactive tequila experience

seafood focus is on halibut, but that added touch of glitz and glam with a luxury vehicle activation in part-

> To make the evening even sweeter, Red O will be partnering with a local non-profit, Voices for Children, which advocates for the rights and well-being of children that pass through foster care in San Diego and Riverside counties, to donate proceeds from the night's non-hosted beverage sales to the organiza-

#### **RED O RESTAURANT**

When: Wednesday, May 3 (invite-only event); Friday, May 5 (grand opening).

Where: 4340 La Jolla Village Drive.

Info and tickets: www.redorestaurant.com, 858-291-8360.

## MMERSION » CONT. FROM PG. 8

sunset on Tidepool Plaza;

that changes in harmony with the

- Lyndsay Bloom's triptych film, "AXALAPAZCOS," features 16 mm footage of rapidly evaporating volcanic crater lakes in Central Mexico in the Expedition at Sea: R/V Sally Ride Gallery;
- Barbara Byers will lead a choir of Ukranian folk songs in the Galleria;
- Double bassist and singer-songwriter Jordon Morton will sing folksy, resonant songs with her bass at the Giant Kelp Tank;
- Daniel Fishkin and guest instrument-builder Pete Blasser will lead a choir of handheld tocante "touchsynthesizers;"
- Madison Greenstone, Sean Dowgray, and James Beauton will play the ethereal music of Morton Feldman, Jürg Frey, and Martin

Rane Bauck creating a transcendent and meditative experience in front of a forest of swaying kelp at the Giant Kelp Tank;

- Cellist Jen Bewerse will perform with a special curved bow in "Tide" by James Weeks;
- Bassist Kyle Motl will improvise with jellies and wolf eels in the Hall of Fishes;
- Michael Matsuno and Matt Kline host the "sea symphony" instrument building workshop and performance specifically for chil-

Springfest: Immersion is \$12 for the public and \$9 for Birch Aquarium members and UCSD students and faculty (with ID). Splash Café by The French Gourmet will be open and snacks or a light dinner will be available for purchase. More information, and Springfest: Immersion tickets are available online at www.aguarium.ucsd.edu. Pre-purchase is recommended for this event.

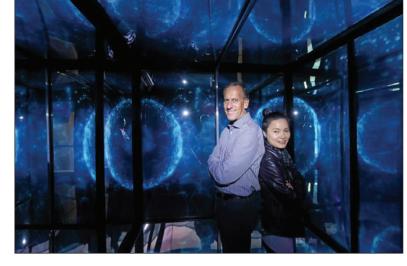
## Infinity Cube sheds light on microscopic marine life

The Birch Aquarium at Scripps has opened the Infinity Cube, an exhibit that combines glowing organisms, technology, and sound.

Artist Iyvone Khoo and Scripps Institution of Oceanography scientist Michael Latz collaborated for three months to learn more about bioluminescent organisms, which emit their own light. This included more than six hours of footage of single-celled organisms reacting to a variety of stimulants.

The Infinity Cube, generously funded by Rick and Patty Elkus, takes that footage, enlarges it, and projects it around the interior of the eight-foot cube with musical accompaniment. Additional support was provided by the National Science Foundation. Visitors have the opportunity to learn about bioluminescence and how marine life uses it for camouflage, protection, and communication.

"Through this project, I hope to raise public awareness of how we as a species relate and communicate with our natural world," said Khoo. "There are energy, vibration, and



Scientist Michael Latz (left) and artist lyvone Khoo. PHOTO CONTRIBUTED

songs in everything, one just has to find them, even at a microscopic

"I am pleased that my successful collaboration with artist Ivonne Khoo has led to this art installation, using art to communicate my science in an aesthetically pleasing way without the jargon and technical details," said Latz.

The Infinity Cube is a temporary

exhibit included in Birch Aquarium admission, which is \$18.50 for adults and \$14 for children ages three to 17.

For more information or to purtickets. aquarium.ucsd.edu. Proceeds support exhibits and educational programming at Birch Aquarium at

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Kelli Denton R.N., is the director and

has more than 35 years of nursing experience that includes oncology, infusion therapy, home health and home care. Denton explains that all caregivers are live-scanned fingerprinted, have extensive background checks through the Ca. DOJ (Dept. of Justice) and FBI on a national level. All employees are also bonded and covered with worker's comp. Effective 6.1.16, all home care agencies were required to be licensed with Ca.'s Dept. of Social Services, Community Care Licensing Division and are subject to un-announced state surveys, which Denton welcomes. "Licensure keeps us on top of our game and will weed out those agencies that are not compliant with regulations".

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## South African-born La Jolla artist, Ruth Sorokin, stirs emotions at Mission Art Walk

BY LUCIA VITI

Ask Ruth Sorokin about her art and she'll pose a series of questions that unlock every imaginative and emotional artistic door you didn't even know you possessed.

"Do I stir feelings?" she'll ask. "Do I elicit anger? Embrace you? Annoy you? Induce happiness? Make you sad? Stimulate laughter? Evoke tears? Capture wonder? Kindle joy? Don't like me? I love you!"

"No need to talk about me," she'll say. "You can see me in my art."

The La Jolla resident will be among 350 artists featured at Mission Federal's ArtWalk on Saturday, April 29 and Sunday, April 30. Art-Walk's 2017 Vivid Expression will traverse through 17 blocks of Little Italy and downtown San Diego, treating artists and visitors to art, gourmet food, drinks and entertainment. The largest fine arts festival in Southern California celebrating a 33-year history will showcase local, national and international painting, sculpture, glass work, photography, woodworking, metal work, and fine jewelry. Live music and dance performances, interactive art activities and "kids walk" family-friendly craft projects will also be included.

"Mission Federal ArtWalk is for everyone—from serious collectors to first-time art buyers," said Sandi Cottrell, director of Mission Federal ArtWalk. "We include interactive art activities and kid-friendly projects to ensure that all attendees feel like they can be a part of the art. We encourage attendees to express themselves to find their inner artist, which exists in all of us."

Touting an impressive collection of colorful abstracts, sketches, drawings, paintings and doodles, Sorokin described her foray into life as an artist as a "default that began in 1990 by virtue of a piece of remake

Sorokin repaired a pair of Levi jeans "full of cuts and tears" by decorating them with swatches of colors and fabrics. A designer friend noticed the vogue apparel and suggested that she replicate samples as one-of-a-kind items to sell at a local LA outdoor market. The remakes became an instant success. Within two weeks Sorokin received a call from New York's Bergdorf Goodman soliciting to sell her jeans. "I had never heard of Bergdorf Goodman," said the South African native. "I was in America for barely two years and now they wanted to sell my clothing. So, my life as an artist began by remaking jeans."

As chic remake jean sales soared, Sorokin decided that she needed better drawing skills to sketch designs for pattern makers. "I wasn't happy with what I was putting on paper," she said, "so I went to an art teacher to become more proficient at sketching clothing designs. While sketching, she also encouraged me to start painting oil pastels. I started with doodles because I had never painted anything before."

Sorokin's doodles became the cornerstone of her art. She continued to study with "amazing" teachers who elevated her artistry while stroking her new-found passion. Inspired by "so many things nature, people, travels, stories, even gardening," Sorokin painted daily, testing a variety of artistic mediums without duplicating a single image.

"To this day, I've never used image to replicate a painting," she said. "I don't believe anything should be replicated. I look at things to paint but I never paint what I see. I simply paint or draw whatever comes to mind; the way I see it."

The self-described dreamer is never without a reason to remain artistic. "I'm a dreamer who doesn't like to do the same thing twice," she continued. "I like to diversify. I like to be un-identifiable. I draw, sketch or paint whatever I'm drawn to at that moment. I turn my daydreams into art."

Sorokin attributes her warm and loving spirit - exemplified in all of her work – to her pastoral South African childhood. "I grew up on a remote farm in the deepest, darkest part of South Africa," she said. "We - my two older sisters and younger brother - had to use our imaginations because we never had TV. We used coal stoves - electricity came later - and dealt with the cruelty of what happens in such a rustic countryside. Real life happens in ways that one wouldn't normally experience in this country. Although I don't miss the lifestyle, I have wonderful memories and visit often."

The artist spoke lovingly about her mother, "a unique woman who believed in love and kindness," who also serves as an artistic influence. "Who I am is attributed to what she passed on to me," she explained. "And everything that goes on canvas is an extension of all of it."



'Pansy' by Ruth Sorokin will be displayed at the Mission Federal Art Walk. 'No need to talk about me. You can see me in my art.'

exhibits that's a great way to see if people like or don't like my work." Chosen as a first-time participant, she welcomes feedback. "I love to go out to the world and test my art," she said. "Although I was chosen because of my art, art is subjective. Every artist has insecurities and quite honestly mine are just the same as every other artist.'

Sorokin's future aspirations include painting stories on canvas. Distressed that society isn't learning from historical mistakes, she's collecting pictures of Native Americans and victims of slavery, the Holocaust and Aleppo, to paint a series of current and past events. Art shows knock on her door – much to her surprise.

"I don't care about showing my Sorokin described ArtWalk as a work as much as I care about doing huge fine art show with "lots of it," she concluded. "Shows come to

me more than I go to them. Success is being able to tell my story by painting pieces of what's inside of me."

Mission Federal ArtWalk attracts more than 100,000 art collectors and visitors from all over the country to peruse and purchase art from established and emerging artists. Located between Ash and Grape streets, Mission Federal ArtWalk will run from 11 a.m. to 6 p.m. on both

"We work closely with our sponsors, vendors, featured artists, entertainment, community and local non-profit organizations to bring an extraordinary art experience to San Diego," concluded Cottrell.

"Ruth's vibrant use of color in abstract styles is wonderful. We welcome her to her first ArtWalk event."

## Former triathlete ventures into liquor business with Dos Almas tequila

BY DAVE SCHWAB

Former professional triathlete and La Jolla entrepreneur Emilio De Soto knows active sports. He also knows

Which is why he's launched two distinct products on the opposite ends of the tequila spectrum.

His limited-run offering named Dos Almas 55 Plata translates as "two souls" in Spanish. Dos Almas 55 Plata is a super-premium, 110proof brand made of 100 percent organic Blue Weber Agave.

The other brand is Dos Almas Cinoffering made of a young reposado ors or flavorings. infused with organic Indonesian Ceylon cinnamon sticks and organic pure agave nectar.

De Soto is on a mission to offer San Diegans his unique varieties of homegrown tequila.

The owner of a nearly 30-yearold triathlon sportswear and wetsuit company, De Soto Sport - The Triathlon Gear Company at 7584 Trade St., De Soto describes the business as "everything you would need to wear, train or race in a triathlon."

He's equally passionate about his latest business venture.

Asked the connection between triathlons and tequila, De Soto answered, "At the end of triathlons or marathons, others would be drinking beer — but I would be drinking tequila.

"I started making it in the kitchen," confided De Soto of his homespun tequilas.

First and foremost a healthy lifestyle advocate, De Soto's proud that his tequila products are 100 percent natural and gluten free, namon Tequila Liqueur, a 70-proof with no preservatives, artificial col-

"I would not make something if I did not believe it was great, innovative, unique, and that others would enjoy as well," he said. "Dos Almas products are made entirely of certified organic ingredients. We have created some very unique tastes by altering the typical process of tequila production. It is very high quality, we are meticulous about the process we use, and are particular about the ingredients we choose. We are doing things in a way that coincides with



the soulful lifestyle we live here at the beach in San Diego."

Before making his own tequilas, De Soto traveled repeatedly to Jalisco, Mexico to learn the intricacies of tequila making and the complexities of the amazing agave plant used in producing it. He returned with what he'd learned south of the border to do his own home brew.

He discussed the process.

"You're actually baking the agave

plants pulled out of the ground during the harvest," De Soto said noting the plant is actually not a cactus but in the lily family. "The core of the plant, like an artichoke heart, is quartered then baked in brick-andstone ovens smelling sweet like sugar cane. The juices are then fermented and distilled with a filtration process. There's no waste in this at all."

Producing samples of his new

## **DOS ALMAS TEQUILA**

What: Home-brewed teguila, Dos Almas 55 Plata and Dos Almas Cinnamon Tequila Liqueur.

Creator: Active sportswear entrepreneur Emilio De Soto

Website: www.dosalmastequila.com.

tequila line with his trademark twofaced labels, one half conquistador, the other Aztec warrior, De Soto pours some into a brandy snifter for a smell and taste test. The subtly scented (cinammon) rolls onto the palate bringing a welcoming response.

"We only made 1,300 of them," De Soto said about his limited-run product. "There's only 1,300 of these in the world."

His new home-brewed tequila lines are De Soto's answer to people asking him, "Why don't you make a 'real' tequila?"

"What I've created is basically

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## LJ Crafted Wines is changing the San Diego wine scene, one growler at a time

BY BLAKE BUNCH

Four-and-a-half years ago, Lowell Jooste uprooted his family from their home in Capetown, South Africa, for the quiet coastal community of Bird Rock. He opened the now-neighborhood staple LJ Crafted Wines in 2012, utilizing a lifetime's supply of knowledge and connections.

Growing up a fourth-generation South African in the wine industry, Jooste first visited California as a visiting scholar at the Viticulture and Enology department at UC Davis in 1986. This would ultimately cement a position working at the Robert Mondavi Winery in Napa the following year. After returning to work on his family's vineyard and winery in South Africa for quite some time, Lowell relocated to Bird Rock in respect, Jooste borrowed an idea August of 2012.

Although the sheer size of LI Crafted Wines would lead one to believe that their could not be enough room to store large wine barrels, Jooste and his team utilize the space to the utmost degree. Perhaps one of the key features of the tasting counter is his innovative, patent-pending wine-serving apparatus named the "Wine Steward." This adaption allows wine to be served from the barrel it is aging in, also maintaining its integrity.

The key to their business, like

#### LJ CRAFTED WINES

Where: 5621 La Jolla Blvd. Hours: 3to 9 p.m. Sundays to Thurs-

days; noon to 10 p.m. Fridays and Saturdays.

Info: www.ljcraftedwines.com, or 858-551-8890.

basic division of wines by region, is where they purchase their grapes.

"We buy our grapes in the Sonoma or Napa valleys," said Jooste. "It's all about the main ingredient, which is the grape. Also, we're only going to be working with top-quality wine. All of our production occurs in Northern California, and then is shipped to us in barrels."

Another large facet of their business is the "to go wine club," which now boasts 550 members. In this from the already-robust craft beer

"I noticed that over the years, so much goes into the production of making these glass bottles, which in turn are thrown away or recycled," he said. "We noticed that no one else was really utilizing growlers for craft wine, so decided to create a wine growler program for club members. Typically, we have about 10 to 12 wines on tap at all times. Hygiene is also very important to us, so when someone brings in a growler to be refilled, we provide them with an



LJ Crafted Wines receives all of their wine in barrels. PHOTO CONTRIBUTED

entirely sanitized one."

Since their inception, LJ Crafted Wines have sold more than 12,000 growlers of wine. This breaks down to roughly 40 barrels total, as there are 300 bottles of wine per barrel. Jooste feels that this reduces their carbon footprint tremendously, simply in eliminating the processes to make all of these bottles, as well recycling the used glass itself. Another facet of the way they serve wine is that typically, during the last stage of wine production the wine is filtered, pumped and preservatives are added.

While this can expedite the time between production and consumption, Jooste believes that this cuts back on the quality of the overall finished product.

Wines at LJ Crafted Wines alternate every month. Jooste says that times Jooste and Bacciocco. Regardthis month, they will see a total of "eight new barrels enter their tasting room. Next month, it might be two or three."

It should be known that not only does LJ Crafted Wines carry a vast assortment of their own domestic of charcuterie boards (highly rec-

ommended) as well as other small plates, that pair tremendously with a wine recommendation from sommelier, Derek Bacciocco. Bacciocco is extremely knowledgeable in his field, and is a self-assessed "wine dork."

"I am truly passionate about wine," said Bacciocco. "Initially, during a tasting people are reserved, a bit intimidated. Towards the end, however, they are asking pointed questions and begin to pick up on the subtleties of each wine. It is important to mention that we do not serve blends here."

An ever-important key to their success, as mentioned previously, is their to-go wine club. Entry to this club allots members 20 percent off any growler refill, with stipulation that they purchase at least one bottle a month. Sometimes customers come in, turn in their growler, exchange niceties, then return home. Other times, they may wind the day down with a friend, often less, there is no incorrect way to stock up on one's favorite vino.

The recent recipients of a double gold award for their 2013 Patient Terrier Vineyard Pinot Noir. LJ Crafted Wines were presented with this honor at the Finger Lakes Internawines, but also offers a small menu tional Wine Competition, that took place March 24-26 in Rochester.



#### **MEETING ANNOUNCEMENT**

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Wednesday, April 26, 2017

4:00 p.m.

**United Portuguese SES Inc.** 2818 Avenida de Portugal, San Diego, CA 92106

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## 'The Geeze and Me' a 'helper' musical produced by LJ boomer couple

BY CHARLENE BALDRIDGE

"The Geeze and Me," the splendidly titled, talent-rife, La Jolla Spring musical, creates a new genre: the helper musical. Without flinching, it seeks to persuade us that none of us are going to get out of life alive, so we might as well spend what's left joyously, despite our physical infirmities, and in the company of contemporaries, some of them decidedly cantankerous.

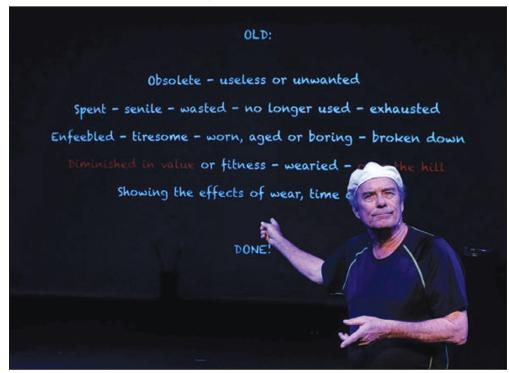
The "Geeze" creators are a La Jolla married couple, Hedges Capers (music and lyrics) and Nancy Locke Capers (book and staging). The sold-out opening night, March 31, was wellreceived. The audience was understandably filled with fans, friends and associates of the Capers, who in seeking to create something helpful without preaching or condescending, have enlisted the advice of experts in the field of gerontology.

Filled with newly-minted axioms like "Reach for the sweetener but don't bury the sorrow" and "Happy hour for geezers is naptime," the 26-song musical is too long by a third, but rife with talent, and short on plot. It is performed by 14 enormously talented actor/singers, some old-timers and some (including Hedges Capers) new to this reviewer. Despite its length and its tendency to be a musical revue instead of a book musical, the piece amazes with the breadth of its

Most of the characters are residents of Pleasant Pastures, a retirement home wealthy enough to have amenities that include exercise, entertainment, and a group therapy session, during which much of the wisdom is dispensed. This is where we become acquainted with various residents as they tell stories both common and unusual among those who live long enough and are asked.

These residents include Bob (longtime San Diego performer and playwright Kent Brisby), who plays guitar, dispenses wisdom with a Gaelic twist, enjoys a wild and wooly funeral, then returns all clad in white to lend his guitar to remaining scenes; Kay (the fabulous vocalist Devlin, whose recent credits include ion theatre's award-winning "Sunday in the Park With George"); David (longtime professional entertainer Hedges Capers); Sherry (Gabriella Nelson, who dances a bit); Jessie (ardent singer/actor Jesse MacKinnon); Helen (wondrous singer Lorraine Devon Wilke, whose "Myself" is one of the show's most effective numbers); and Howard (wellknown San Diego theater personality Byron LaDue).

Susan Bennington scores as Miranda, the pro that leads the group therapy, and Lolly Boroff scores as the clueless stranger who delivers someone else's eulogy at Bob's casket. Others in the show are Erin Vanderhyde, Kiera Mersky, Lauren Preski, Scotty Billion



Hedges Capers in 'The Geeze and Me.' Hedges and his wife, Nancy Locke Capers, have been producing the 'helper' musical since March 31, and runs through April 29. PHOTO CONTRIBUTED

and Susie Singer Carter.

The music is mostly soft rock, doo-wop and country, with sound by Joe Huppert, who is also responsible for the projections. There are some zinger lyrics. Songs are accompanied by recorded music of a smoothly coordinated eight-member band.

Obviously, the target audience comprises the aging among us. The piece is well intentioned, honest without being grim, and wise. It tells it like it is with honesty and affection and a great dollop of humor. One hopes the creators keep defining and refining.

## University City updates: Chalk art, trolley construction and Little League

BY JEMMA SAMALA

#### **Chalk Art**

University City High School art students participated in a Chalk Art project during the week of April 10.

Gimi McCarthy said that the art teachers were asked by principal Jeff Olivero "to give our students different opportunities and memories that will create for them a lasting memory as part of their high school experience, and to give them the chance to experience the powerful effect that art can bring out in each student."

The students created a piece of art that they didn't think was possible to achieve, and they were of the Italian "Madonnari," the excited to share the result with the student body and staff.

The chalk artists were participants from Delia Martin's drawing and painting classes, Georgia Fouseki's Art 1-2 class, and Gimi McCarthy's Arts Tech sophomore

Each student or group of students chose their own subject and used chalk in the traditional style



Arille Powell and Thomas Reasoner perform a duet at the UCHS Sights and Sounds Showcase. The third annual event was well-attended.

street painters that were named after the most common subject of their chalk paintings, the Madon-

The third annual UCHS Sights and Sounds showcase was a huge success. Held at the Lawrence Family Jewish Community Center, the

showcase, presented by the Centurion Foundation/Music Boosters, featured extraordinary musicians from the University City High School music community, including the Philip Marcus Trio (Stand-**Sights and Sounds Showcase** ley Middle School music director), talented students, alumni and teachers, and Rumba y Soul with

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-008153 Fictitious Business Name(s OPTIMO SOCCER SKILLS located at: 4597 CON the following: JOSE S. LOPEZ, RUTH MIRIAN FLIFNTES This business is conducted by: A MAR RIED COUPLE the first day of business was: NO APPLICABLE Registrant Name: JOSE S. LOPEZ Title of Officer, if Limited Liability Company / Cor poration The statement was filed with Ernest J Dronenburg, Jr., Recorder / County Clerk of Sar Diego County on: MAR 23, 2017 ISSUE DATES MAR 30 APRIL 06, 13 AND 20, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-007927 Fictitious Business Name(s BLVD. SAN DIEGO, CA. 92101 is registered by the following: CHARLENE ANN THOMPSON This business is conducted by: AN INDIVIDUAL the firs day of business was: NOT APPLICABLE Registrant Name: CHARLENE ANN THOMPSON Title of Off cer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronen-burg, Jr., Recorder / County Clerk of San Diego County on: MAR 22, 2017 ISSUE DATES: MAR 30 APRIL 06, 13 & 20, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-007924 Fictitious Business Name(s COSMIC COSMETIC TATTOO STUDIO located at 2308 KETTNER BLVD. SAN DIEGO, CA. 92101 registered by the following: EILEEN TATU, CHAR-LENE THOMPSON. This business is conducted by: A JOINT VENTURE the first day of business was: NOT APPLICABLE Registrant Name: EILEEN TATU Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 22, 2017 ISSUE DATES: MAR 30 APRIL 06 13 AND 20 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-007031 Fictitious Business Name(s 9834 GENESEE AVE., SUITE 210 LA JOLLA, CA 32037 is registered by the following: SCOTT R MILLER, M.D., F.A.C.S. APC This business is con ducted by: AN INDIVIDUAL the first day of business was: 01/08/2003 Registrant Name: SCOTT R MILLER M.D. Title of Officer, if Limited Liability Company / Corporation PRESIDENT The state ment was filed with Ernest J. Dronenburg, Jr. Recorder / County Clerk of San Diego County of MAR 15, 2017 ISSUE DATES: MAR 30 APRIL 06, 13 AND 20, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE PACIFIC DIRECT PLACEMENT located at: 5105 FONTAINE ST. SAN DIEGO, CA. 92120 is regis tered by the following: YVETTE MARTY This business is conducted by: AN INDIVIDUAL the first day of business was: NOT APPLICABLE Registrant Name: YVETE MARTY Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 10, 2017 ISSUE DATES: MAR 30 APRIL 06, 13 AND

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-004557 Fictitious Business Name(s) CREDIAUTO FINANCIAL, CREDIAUTO located at: 2150 PALOMAR AIRPORT RD. STE 209 CARLS

continued on page 17

#### **NEWS BRIEFS**

#### Car, pedestrian accident in Fern Glen

A 16-year-old male was driving a 2002 BMW eastbound in the 300 block of Fern Glen. A 16year-old female was retrieving her backpack from a parked vehicle.

The male driver of the BMW made an unsafe movement to the right because his vision was blocked by the sun, and struck the 16-year-old female. The female pedestrian suffered a fractured eye orbital. She was transported to the hospital for treatment. Traffic Division is handling the investi-

#### SDG&E seeks more storage to harness clean energy

On April 19, SDG&E announced that it has signed contracts for five new local battery storage facilities for a total of 83.5 megawatts (MW). These four-hour energy storage facilities would be like having batteries from more than 5,500 all-electric, long-range vehicles at the ready. In addition, the company signed a contract to add a 4.5 MW demand response program. SDG&E has submitted all six contracts to the California Public Utilities Commission for approval.

If approved, two of the five lithium-ion battery energy storage facilities will be owned and operated by SDG&E to enhance regional energy reliability while maximizing renewable energy use.

AES Energy Storage will construct a 40-MW storage facility, building on its successful 37.5 MWs of deployments in Escondido and El Cajon. A 30-MW facility will be built in Miramar by Renewable Energy Systems Americas, Inc. The other storage projects totaling 13.5 MW will be owned by third parties including Powin Energy, Enel through its U.S. subsidiary Enel Green Power North America, and Advanced Microgrid Solutions and constructed in Escondido, Poway and San Juan Capistrano.

"These projects will add more flexibility to the system and help us to ensure reliability while providing greater levels of clean energy to all of our local communities," said Emily Shults, SDG&E's vice president of energy procurement. "By building these projects, SDG&E will remain at the forefront of helping the state achieve its bold clean-energy and carbon-emission targets."

#### "Text2Give" Rock tour supports Immunotherapy at UCSD health

Rock star drummer Rikki Rockett feels very lucky to be on tour with his band, Poison, this spring. A year ago, he didn't know if he would survive tongue cancer. But after participating in an immunotherapy clinical trial at Moores Cancer Center at UCSD Health, he was declared cancer-free in July 2016.

To give back, Rockett is now asking concert-goers to join him in supporting immunotherapy at Moores Cancer Center. At U.S. stops on the Poison tour now through June, attendees will hear his story, watch a video about Moores Cancer Center and be given the opportunity to donate \$10 by texting "RIKKI" to 50555. (Anyone else at home can also participate at any time.)

"Without the doctors and staff at Moores Cancer Center, I can honestly say I don't think I'd be here today, to say nothing about playing drums and going on tour again," Rockett said. "I am incredibly grateful that I've got my life back and I'll get to see my two children grow up."

These "text2give" donations will directly support cancer immunotherapy at Moores Cancer Center, including research, clinical trials, and patient care. Rather than directly targeting tumors as in traditional cancer therapies, immunotherapy boosts the body's immune system, better enabling it to attack cancer cells itself. This type of treatment is only available at a few specific medical centers around the country.

## SeaWorld mourns the loss of Szenja the polar bear

SeaWorld San Diego is saddened by the passing on April 18 of Szenja, a 21-year-old female polar bear. Szenja (pronounced SINjah) had been part of the SeaWorld family for nearly 20 years. Born at the Wuppertal Zoo in Germany in October 1995, Szenja came to SeaWorld when the park opened the Wild Arctic exhibit in 1997.

A necropsy will be performed on Szenja to help determine the cause of death. It will be several weeks before all the results of the necropsy are received. Over the last week, Szenja's caregivers and veterinary staff noticed a loss of appetite and energy, and had been monitoring her condition, however, her passing was unexpected.

"Szenja was a beloved member of our animal family, so this is a very difficult day for all of us," said Al Garver, SeaWorld San Diego's vice president of zoological operations. "Szenja not only touched the hearts of those who have cared for her over the last two decades, but also the millions of guests who had the chance to see her in person. We're proud to have been a part of her life and to know that she inspired people from around the world to



SeaWorld is awaiting the results of Szenja's necropsy. It could be a few weeks before information is released. PHOTO CONTRIBUTED

want to protect polar bears in the wild."

As an ambassador for arctic animals, Szenja not only enhanced the awareness of polar bears for the nearly 50 million guests that

have visited Wild Arctic, she also provided great knowledge and insight through her participation in various research studies related to polar bear hearing sensitivity, social habits, reproductive hormones and seasonal behavior

Many of these studies provided critical baseline data that has significantly helped scientists with field studies of polar bears in the wild. Szenja will be greatly missed not only by the zoological staff at Wild Arctic, but by all SeaWorld team members.

According to Polar Bears International, polar bears live between 15-18 years in the wild. Some can live 20 to 30 years, but only a small percentage lives past 15 to 18 years. Conservation groups and scientists see many threats to the wild population of polar bears, including climate change, poaching, pollution and a rapid loss of sea ice.

In January, the SeaWorld & Busch Gardens Conservation Fund awarded \$15,000 to Polar Bears International to support research to collect baseline information for long-term polar bear population monitoring.

industry.

"We look to freshen your brand or website, making them more dynamic," she said adding, "We partner with you to get that synergy and connection."

Weinberg-Scalo noted the tourism authority rolls out marketing and promotions for San Diego's subregions, like La Jolla.

"What we're doing is coming up with a new creative branding program," said LJVMA executive director Sheila Fortune.

Once LJVMA's current website model is done, Niebling said the merchant's group will link up with the tourism authority to "get ideas from you and share your thoughts."

#### In other action:

 LJVMA selected Sunday, July 30 against Pittsburgh as the date for the fourth annual La Jolla Day at Petco Park.

## **UC UPDATES** »

Brandon Corenman.

Guests also enjoyed the catered reception with more than 60 silent auction packages and the dessert intermission. Thanks goes to UCCA, Regency Centers, and the community for coming out to support the fabulous UCHS music program.

#### **Craft Beer & Wine Festival**

The community is invited to attend Rotary's fourth annual Quintessential Craft Beer & Wine Festival on Saturday, April 22 from 1 to 5 p.m. at the Nobel Athletic Fields on 8810 Judicial Drive near the 805 freeway.

The dog-friendly event features access and unlimited samples from 18 craft brewers, five regional wineries plus eight Southern California distilleries. Tickets are \$30 in advance, \$40 at the door and \$15 for active duty military. One hundred percent of proceeds benefit 45 local and international humanitarian projects stewarded by nearly 100 members of the La Jolla Golden Triangle Rotary Club. For more information, visit www.lajollagtrotary.org.

Craft brewers will include Maui Brewing Company, Ballast Point, Coronado Brewing Co., Karl Strauss, Thorn Brewery and Kilowatt. Three wineries from the Guadalupe Valley of Baja will be on hand, as well as two Ramona winemakers. Southern California distillers will be sampling rum, gin, whiskey and vodka, as well as sake.

The Quintessential Festival will offer cold coffee sampling and several food vendors including organic sausages, cheese balls, chocolate, and cupcakes.

Among the many beneficiaries of funds raised by La Jolla Golden Triangle and the Quintessential Festival are The Preuss School UCSD, the VA Hospital, Ronald McDonald House and projects benefitting local active military and their families.

International efforts include the Rotary Jalalabad School in Afghanistan, and humanitarian projects in India, Africa and most recently, the provision of blankets for refugees arriving under emergency conditions in Macedonia. For more information, contact Jan Percival at 858-414-4715.

#### **University City Little League Community Day**

Join UCLL for their community day and hit-a-thon on Sunday, April 23 from 12:30 to 5:30 p.m. at Standley Park on Governor Drive, near the pool.

There will be a big family BBQ, hit-a-thon fundraiser, and recognition of UCLL past presidents. All are invited to this family friendly day at Standley Park. For more information, visit www.ucll.org.

#### **Shredfest**

Coldwell Banker University City is sponsoring their annual "Shredfest" on April 29 from 9 to 11 a.m. in the Standley Rec Center parking lot, 3585 Governor Drive. There will be a professional document shredding truck, so bring your unwanted documents to shred for free. There is usually a big demand for this event so please limit yourself to three

#### **Trolley Construction Update**

Construction activities for the Mid-Coast trolley extension continue in the University City area, along Genesee Avenue and at UCSD. Crews have recently demolished and permanently removed the pedestrian bridge at Executive Square and Genesee Avenue and installed a new temporary pedestrian crossing at the street level.

Eventually, this will be replaced by the new Executive Drive Station, which will also serve as a pedestrian crossing. Advanced work continues this spring related to preparing the roadway for construction of the viaduct, a bridge structure that will carry the trolley down the middle of Genesee Avenue. Later in April, there will be work to widen southbound Genesee Avenue to accommodate utility relocation work.

Further north, viaduct construction will commence on the UCSD campus. Structures work will continue for the Gilman Drive bridge and there will be ongoing, intermittent closures of on- and off- ramps and lanes at the La Jolla Village Drive exit on I-5. For more information, visit www.KeepSanDiegoMoving.com/MidCoast.

#### Right Choice Senior Living

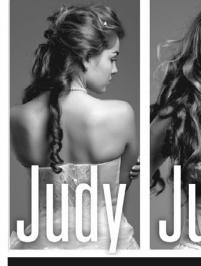
Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care Homes and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in



highly desireable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see us today beforemaking your final choice. Make the Right Choice Today. Formore information call (619) 246-2003 or go to the website at www. rightchoiceseniorliving.org.



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**Events** FRIDAY · APRIL 21, 2017 LA JOLLA VILLAGE NEWS

## Red Bull Air Race returns to SD after eight-year hiatus, wows spectators

One upset followed another at the second stop of the 2017 Red Bull Air Race World Championship in San Diego on Sunday. Yoshihide (Yoshi) Muroya of Japan was the only pilot with the consistency to reach the top of the podium, dazzling a crowd of more than 40,000 fans lining Embarcadero Marina Park South across the race weekend, with a time of 58.529.

Peter Podlunšek from Slovenia stunned the field in capturing second place in his first-ever Final 4, two seconds behind Muroya at 1:00.454. Reigning world champion Matthias Dolderer was third after a pylon hit, and American Kirby Chambliss finished fourth.

Earning 15 World Championship points with the victory, Muroya jumped up 10 places in the overall standings, to third behind Martin Šonka of the Czech Republic (21 points) and Dolderer (16). The result was especially meaningful because the next stop of the season is in Muroya's home skies of Chiba, Japan - where he earned his first Red Bull Air Race

been working really hard for months," said first run on Sunday. Muroya, who had an over-G penalty at the 2017 kickoff.

In the day's earlier action, 2016 Challenger Cup winner Florian Bergér (Germany) earned



"I'm quite happy. We had a very hard time Kirby Chambliss (USA) flies through the course on Sunday. Chambliss finished fourth. Reignat the season opener in Abu Dhabi, and we've ing world champion Matthias Dolderer (below) finished third after clipping a pylon during his PHOTO BY THOMAS MELVILLE

his first Challenger Class win of the season.

For full results and more information, visit www.redbullairrace.com.

"The next race in Japan is going to be a big one, and it's an important step forward to win here as I head to my home country. It's a huge

crowd and pressure for me, but I will have fun there."

In the day's earlier action, 2016 Challenger Cup winner Florian Bergér of Germany earned his first Challenger Class win of the

For more information on tickets and all the latest, visit www.redbullairrace.com.

#### **Results Master Class San Diego:**

1. Yoshihide Muroya (JPN), 2. Peter Podlunšek (SLO), 3. Matthias Dolderer (GER), 4. Kirby Chambliss (USA), 5. Martin Šonka (CZE), 6. Petr Kopfstein (CZE), 7. Nicolas Ivanoff (FRA), 8. Michael Goulian (USA), 9. Matt Hall (AUS), 10. Pete McLeod (CAN), 11. Juan Velarde (ESP), 12. François Le Vot (FRA), 13. Mikaël Brageot (FRA), 14. Cristian Bolton (CHI).

World Championship standings after two races: 1. Martin Šonka (CZE) 21 points, 2. Matthias Dolderer (GER) 16 pts, 3. Yoshihide Muroya (JPN) 15 pts, 4. Juan Velarde (ESP) 12 pts, 5. Peter Podlunšek (SLO) 12 pts, 6. Pete McLeod (CAN) 10 pts, 7. Nicolas Ivanoff (FRA) 10 pts, 8. Michael Goulian (USA) 8 pts, 9. Kirby Chambliss (USA) 7 pts, 10. Petr Kopfstein (CZE) 5 pts, 11. Cristian Bolton (CHI) 4 pts, 12. François Le Vot (FRA) 3 pts, 13. Matt Hall (AUS) 3 pts, 14. Mikaël Brageot (FRA) 2

## Man dies after falling at Black's

the cliffs at Black's Beach.

crew and police were sent to an area below the Torrey Pines Gliderport on Torrey Pines Scenic Drive after the fall was reported around 11:45 p.m. Wednesday, according to fire officials.

Firefighters located the man and a female companion by tracking the location off the cellphone she had used to

The woman was rescued from an local hospital. area about 50 to 75 feet below the top

On Wednesday, April 19, a 23-year- of the cliff, but the victim, who had fallold male died as a result of falling from en 50 to 60 feet, died at the scene, according San Diego Fire-Rescue Lifeguards, firefighters, a helicopter Department battalion chief David Con-

Both were believed to be UCSD stu-

This tragic death follows the April 15 rescue of a woman. The medical aid call was dispatched at 2:20 p.m. to the Box Canyon area, where a woman in her 20s was injured and stuck on a cliff.

The stranded hiker was airlifted to a



The 23-year-old man has been identified, but that information is yet to be released. His death followed an April 15 rescue of a woman in her 20s. She hadfallen from the ciff at Black's Beach as well. PHOTO CONTRIBUTED

#### FUNDS » CONT. FROM PG. 1

Previously, in a Feb. 19 email to three recreation council board members obtained by La Jolla Village News, Greatrex said, "... I realize that I must do the only thing and repay the coffers. My intentions were good in my desire to get us a new playground ... But I must remedy what I did. ... It will take me some time, as none of this happened over night. It was a long process of work, and will take me time to remedy in full. But obviously, I am good for it."

In a follow-up email on April 20, concerning the recreation center playground fund, Greatrex commented, "There was money spent on finding grants as we needed help on getting grants won successfully. There is a lot of competition out there — literally thousands of grants for recreation centers available on a local, county, state, federal and foundation level and high-hundreds (that) we have applied to, but it is difficult to win

La Jolla's status as an affluent community complicates its chances for getting grants for needed projects, Greatrex said.

"We (La Jolla Rec. Center) are in a highincome village with a known name (implying wealth) and while we do offer classes at low rates to students around the county ... it is still hard to win grants when we are known as a wealthy town," she said. "Grantors are more likely to give to areas when there are lower-income levels per capita."

Regarding playground funds, Greatrex added those monies "are from a local donor. That money has not been received yet at all, although no one was expecting it yet. The grantor had said 'summer' as the onset."

In her Feb. 19 email to rec council board members, Greatrex noted, "I live here and work here and am not going anywhere ... I would have much to lose by stating this, and then failing to

perform. We can set up a formal promissory note if you wish. In this repayment manner, as donor money comes in, it will, at day's end, be clear and unencumbered by costs associated in receiving it."

In the Feb. 19 email, Greatrex added, "I completely understand if you wish for me to resign, that action will obviously have no bearing on repayment whatsoever."

On April 13, a letter was dispatched from La Jolla Recreation Council signed by Munk and two other board members stating, "The executive board accepts your offer to resign your membership on the Recreation Council, including your role as president. As we informed you on March 6, 2017, your role as president was suspended on March 9, 2017."

The park board's letter asked Greatrex to confirm receipt of that letter, and to give the board her formal resignation by April 19 at 5 p.m.

"If we do not hear from you by that date, your resignation will be effective April 20, 2017 at 8 a.m.," the rec council letter said.

A native of New York State, Greatrex is a highprofile civic activist in La Jolla. She has been involved with grassroots efforts aimed at La Jolla's breaking away from the city of San Diego and becoming its own municipality. She has been a member of most civic groups in the community including the La Jolla Community Planning Association, which makes land-use recommendations to the city, the La Jolla Town Council and various community boards and sub-

La Jolla Village News reached out to city officials for further comment, but as of press time, had not received any replies.

Since there is an ongoing investigation into the allocation of these playground funds, visit www.sdnews.com for continued updates.

## Pricing in San Diego Senior Living Communities

If you think "the talk" refers to a chat with your children about puberty, think again. More and more children are having "the talk" with their parents – but this time about where the parents will live in their retirement and older years.

This talk isn't easy for either side but for many families it's inevitable. Learning about admissions requirements and wait lists, having additional conversations with siblings, spouses, other loved ones – or your accountant – are necessary steps in the process. If you've spent any time visiting senior living communities for yourself or your parents, you already know the sticker shock adds an additional layer of complexity to what is often already a difficult sitnation.

Zillow.com reports that the median home price in San Diego County is currently over half a million dollars. The year started off with rents holding steady (one bedrooms around \$1,700 and 2-bedrooms just over \$2,100). Retirement home pricing reflects similar demand.

While it's relatively easy to compare price per square foot in the real estate market, apples-to-apples comparison shopping isn't obvious in senior communities. The main fees will be the monthly rent (based on the type of community selected), any entrance fee commonly referred to as "Community Fee", and additional costs depending on individual level of care. But all three of these often cover different services or amenities, and come with different conditions.

Out of the dozens of San Diego communities we've visited, only a handful have no fee or have a fee of \$1,000 or less. More often, this onetime, usually non-refundable fee starts around two or three thousand dollars and can range to double that.

When comparing monthly rents, be sure to keep care level separate. Independent Living rents are almost always less than rents for Assisted Living. We've seen Independent Living monthly rents as low as \$1,700, though most start closer to \$2,000. Assisted Living usually starts a couple thousand above that, though this varies tremendously depending on the additional individual needs for ADL's (activities of daily living) which can tack on hundreds of extra dollars a month.

San Diego offers a full range of retirement options. From luxurystyle communities to cozier communities that don't look like resort, there is an array of choices. So how do you pick the right one?

Care type, location and budget make the obvious first cut. The California Department of Social Services provides information about senior communities on their website, including citations, reports and complaints (secure.dss.ca.gov/CareFacilitySearch/). Free reviews sites (like Yelp or AssistedLivingReviews.org) allow shoppers to get a more personal understanding of specific communities.

The best piece of advice though is often the one least heeded. Don't wait until a health crisis to talk about your or your parents' wishes and finances. The emotional turmoil of a health problem is like wearing warped lenses, you can't always trust what you see.

## Three things to know about San Diego, Real Estate, and Your Future:

- 1) Millennials (23-37 yrs old) are the engine of our economy. Most have yet to buy a home.
- 2) We currently build less than 50% of the housing required to keep up with demand, and virtually no detached single-family homes.
- 3) Low interest rates, increasing demand, and limited supply means real estate remains a great investment.
- John Shannon, Broker of Solace Realty.

#### **LEGALS ADS 900**

BAD, CA. 92011 is registered by the following: CREDITAUTOUSA FINANCIAL COMPANY, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY CREDIAUTOUSA FINANCIAL COMPANY, LLC 2150 PALOMAR RD. STE 209 CARLSBAD, CA. 92011 CALIFORNIA the first day of business was: 10/16/2012 Registrant Name: MANUEL FERNANDEZ Title of Officer, if Limited Liability Company / Corporation CHIEF FINANCIAL OFFICER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 16, 2017 ISSUE DATES: MARCH 09, 16, 23 AND 30, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-008075 Fictitious Business Name(s). CHALCEDONY II located at: 1727 CHALCEDONY ST. #7 SAN DIEGO, CA. 92109 is registered by the following: OTTO EMME TRUSTEE, CAROLYN M. CAIETTI TRUSTEE, ROBERT CAIETTI TRUSTEE This business is conducted by: A TRUST the first day of business was: 12/15/1987 Registrant Name: OTTO EMME TRUSTEE Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 23, 2017 (SSUE DATES: APRIL 06, 13, 20

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-007632 Fictitious Business Name(s). STREET BLOOMS, STREET BLOOMS, SAN DIEGO located at: 1765 SUTTER ST. SAN DIEGO, CA. 92103 is registered by the following: SARAH WAYTE This business is conducted by: AN INDI-VIDUAL the first day of business was: NOT APPLICABLE Registrant Name: SARAH WAYTE Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 20, 2017 ISSUE DATES: APRIL 06. 13. 20 AND 27. 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-005970 Fictitious Business Name(s) ENVIOUS DESIGN located at: 9655 GRANITE RIDGE DR. SUITE 200 SAN DIEGO, CA. 92123 is registered by the following: DAE' JIYANNA MC CLENDON This business is conducted by: AN INDIVIDUAL the first day of business was: 12/12/2016 Registrant Name: DAE' JIYANNA MC CLENDON Title of Officer, if Limited Liability Company / Corporation The statement was filed with Emest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 03, 2017 ISSUE DATES: MAR 30 APRIL 06, 13 AND 20, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-007634 Fictitious Business Name(s) IN HOUSE DESIGNS LLC. located at: 4240 FELTON ST. APT 24 SAN DIEGO, CA. 92104 is registered by the following: IN HOUSE DESIGNS LLC. This business is conducted by: A LIMITED LIABILITY COMPANY IN HOUSE DESIGNS LLC. 4240 FELTON STREET APT 24 SAN DIEGO, CA. 92104 the first day of business was: NOT APPLICABLE Registrant Name: CORNELIA YAO Title of Officer, if Limited Liability Company / Corporation OwNERP PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 20, 2017 ISSUE DATES: APRIL 06, 13, 20 AND 27, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-008311 Fictifious Business Name(s) LA JOLLA PLUMBING located at: 4983 NEW HAVEN RD. SAN DIEGO, CA. 92117 is registered by the following: MARK FREDIN This business is conducted by: AN INDMIDIAL the first day of business was: 04/27/2006 Registrant Name: MARK FREDIN Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 27, 2017 ISSUE DATES: APRIL 13. 20. 27 AND MAY 05. 2017

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION, COUNTY OF SAN DIEGO 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2017-00010727-CU-PT-CTL PETITIONER OR ATTORNEY, Uzma Maheen Siddiqui 1071 Akron St. San Diego, Ca. 92106 619-717-0696. HAS FILED A PETITION WITH THIS COURT FOR A

DECREE CHANGING PETITIONER'S NAME FROM: UZMA MAHEEN SIDDIQUI TO MAHEEN UZMA COOK that all persons interested in this matter shall annear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition with out a hearing. NOTICE OF HEARING TO BE HELD ON MAY 12, 2017 TIME: 9:30 AM DEPT C-46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: APR 13, 20, 27 & MAY 04, 2017

STATEMENT OF ABANDONMENT OF USE OF A FICTITIOUS BUSINESS NAME FILE NO. 2017-008160 (1) Fictitious Business Name(s) to be abandoned: HEMPY'S located at: 123 JASPER ST. #17 ENCINITAS, CA. 92024 (2) The Fictitious Business Name referred to above was filed in San Diego County on 04/30/2015 and assigned File No. 2015-011712 (3) Fictitious Business is being abandoned by KENNETH N. SMITH DEVELOP-MENT CORP. 3214 GRAND AVE. GLENWOOD SPRINGS, CO. 81601 NEVADA (4) This Business is conducted by: A CORPORATION Registrant Name: KENNETH N. SMITH Title: PRESIDENT The Statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on MAR 23, 2017 ISSUE DATES: APRIL 13, 20, 27 AND MAY 04, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-009200 Fictitious Business Name(s). KINETIC PERFORMANCE located at: 4141 JUT-LAND DRIVE SUITE 140 SAN DIEGO, CA. 92117 is registered by the following: SAMULE ROE This business is conducted by: AN INDIVIDUAL the first day of business was: 04/01/2017 Registrant Name: SAMULE ROE Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 05, 2017 ISSUE DATES: APRIL 13, 20, 27 AND MAY 04, 2017

SION, COUNTY OF SAN DIEGO 330 W. BROAD-WAY SAN DIEGO, CA. 92101 CASE NO: 37 2017-00012375-CU-PT-CTL PETITIONER OR ATTORNEY, Livia Gail Norman 3581 Mt. Abbey Ave. San Diego, Ca. 92117 858-278-8333. HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM: LIVIA GAIL NORMAN TO LIVIA GAIL that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the netition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAY 19, 2017 TIME 8:30 AM DEPT 46 220 WEST BROADWAY SAN AND MAY 04, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-008810 Flictitious Business Name(s) 7 SECOND MAN located at: 3557 JEMEZ DR. SAN DIEGO, CA. 92117 is registered by the following: ROBERT HURST, STEVEN BRUNI This business is conducted by: A GENERAL PARTINERSHIP the first day of business was: NOT APPLICABLE Registrant Name: ROBERT HURST Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 30, 2017 ISSUE DATES: APRIL 13, 20, 27 AND MAY 04, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-008909 Fictitious Business Name(s) LEO & NEL HANDYMAN HOUSE KEEPING located at: 4675 FIRESTONE ST. SAN DIEGO, CA. 92117 is registered by the following: MANUEL JIMENEZ, LEONILA VALENCIA CEBALLOS This business is

conducted by: A MARRIED COUPLE the first day of business was: 04/03/17 Registrant Name: MANUEL JIMINEZ Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 03, 2017 ISSUE DATES: APRIL 13, 20, 27 & MAY 04, 2017

STATEMENT OF ABANDONMENT OF USE OF A FICTITIOUS BUSINESS NAME FILE NO. 2017-008491 (1) Fictitious Business Name(s) to be abandoned: SAN DIEGO LAW CENTER located at: 402 WEST BROADWAY, SUITE 400, SAN DIEGO, CA 92101 (2) The Fictitious Business Name referred to above was filed in San Diego County on 07/08/2015 and assigned File No. 2015-017789 (3) Fictitious Business is being abandoned by ELZABETH A. BUMER 2927 MCCALL ST, SAN DIEGO, CA 92106 (4) This Business is conducted by: A INDIVIDUAL Registrant Name: ELIZABETH A. BUMER TItle: PRESIDENT The Statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on MAR 28, 2017 ISSUE DATES: APRIL 13, 20, 27 AND MAY 04, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-007624 Fictitious Business Name(s). XPEREAL located at: 864 GRAND AVE. #439, SAN DIEGO, CA 92109 is registered by the following: PETER CAMPBELL This business is conducted by: AN INDIVIDAL the first day of business was: 03/01/2017 Registrant Name: PETER CAMPBELL Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 03, 2017 ISSUE DATES: APRIL 13, 20, 27 AND MAY 04, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-009933 Fictitious Business Name(s) LERUIS MARS located at: 921 CHALCEDONY ST. SAN DIEGO, CA 92109 is registered by the following: ROBERT SHAW AND DOUG DARROCH This business is conducted by: A GENERAL PART-NERSHIP the first day of business was: NOT APPLICABLE Registrant Name: ROBERT SHAW Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 12, 2017 ISSUE DAYES. APPILL 13. 20. 27 & MAY 04. 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-009228 Fictitious Business Namel, THE-JIM WILLCOXSON FAMILY FIND located at 4827 OCEAN BLVD. #403 SAN DIEGO, CA 92:109 is registered by the following: JOHN WILLCOXSON This business is conducted by: AN INDIVIDUAL the first day of business was: 04/05/17 Registrant Name: JOHN WILLCOXSON Title of Officer, if Limited Liability Company / Corporation The statement was filed with Emest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 05, 2017 ISSUE DATES: APRIL 20, 27, MAY 4 AND 13-2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-009681 Fictitious Business Name(s) TLDRTECH located at: 1938 PARK VALLEY LANE, SAN DIEGO, CA 92114 is registered by the following: CHARLES BRAWNER This business is conducted by: AN INDN/DIAL the first day of business was: 03/15/16 Registrant Name: CHARLES H. BRAWNER Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Cirk of San Diego County on: APR 10, 2017 ISSUE DATES: APRIL 20, 27, MAY 4 AND 11 2017

NOTICE OF PETITION TO ADMINISTER ESTATE OF: JIM SHELTON CASE NUMBER: 37-2017-00011968-pr-pw-CTL 1. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of JIM SHELTON aka JIM D. SHELTON, deceased 2. A Petition for Probate has been filed by DANIEL R. SHELTON in the Superior Court of California, County of SAN DIEGO 3. The Petition for Probate requests that DANIEL SHELTON be appointed as personal representative(s) to administer the estate of the decedent. 4. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. 5. The petition requests authority to administration.

ister the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. 6. A hearing on the petition will be held in this court as follows: a. Date: MAY 09, 2017 Time:11:00 A.M. Dept; PC-1 b. Address of court: SUPERIOR COURT OF CALI-FORNIA, COUNTY OF SAN DIEGO 1409 Fourth Ave. San Diego, CA. 92101 Central 7. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. 8. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a conv to the nersonal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. 9 You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. 10. Attorney for Petitioner: DANIEL R. SHEL-TON 5905 Missy Lane Fort Worth, TX. 76131 817-915-0258 ISSUE DATES: APRIL 20, 27 AND

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-009681 FIctitious Business Name(s) VIRIDITAS PARTINERS located at: 17311 CAMIMI-TO CANASTO, SAN DIEGO, CA 92127 is registered by the following: JOSEPH EARLE This business is conducted by: AN INDIVIDUAL the first day of business was: 04/01/17 Registrant Name: JOSEPH EARLE Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 13, 2017 ISSUE DATES: APRIL 20, 27, MAY 4 & 11 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-008258 Fictitious Business Name(s) CLEARWATER POOLS WEST located at: 3950 LELAND ST. APT C20, SAN DIEGO, CA 92106 is registered by the following: MICHAFL J. DARRIN This business is conducted by: AN INDIVIDUAL the first day of business was: 01/01/17 Registrant Name: MICHAEL J. DARRIN Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MARCH 24, 2017 ISSUE DATES: APRIL 20, 27, MAY 4 AND 11 2017 SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION, COUNTY OF SAN DIEGO 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2017-00013070-CU-PT-CTLPETITIONER OR ATTORNEY, NICHOLAS ANDREW REDFORD-ROB-LES HAS FILED A PETITION WITH THIS COLIRT FOR A DECREE CHANGING PETITIONER'S NAM FROM: NICHOLAS ANDREW REDFORD-ROBLES aka NICHOLAS ANDREW ROBLES TO NICHOLAS ANDREW REDFORD that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JUNE 02, 2017 TIME 9:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: APR 20, 27 MAY 04, & 11 2017 SUPERIOR COURT OF CALIFORNIA CIVIL DIVI-

SION, COUNTY OF SAN DIEGO 330 W. BROAD-WAY SAN DIEGO, CA. 92101 CASE NO: 37-2017-00011000-CU-PT-CTL PETITIONER OF ATTORNEY, EBONY N. LIANOS MADDOX HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM: CLOVER MARIE MCFARLAND TO CLOVER MARIE LLANOS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAY 26, 2017 TIME 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: APR 20, 27 MAY 04, AND 11 2017

ICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-010305 Fictitious Business Name(s) ENRIQUE NAVARRO SD located at: 4600 LAMONT ST. UNIT 4-203, SAN DIEGO, CA 92109 is registered by the following: ENRIQUE NAVARRO This business is conducted by: AN INDIVIDUAL. The

first day of business was: NOT APPLICABLE Registrant Name: ENRIQUE NAVARRO Title of Officer, if Limitted Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APRIL 14, 2017 ISSUE DATES: APRIL 20, 27, MAY 4 AND 11 2017 FICTITIOUS BUSINESS NAME STATEMENT FILE

NO. 2017-010057 Fictitious Business Name(s)
UPSTAIRS SALON UPSTAIRS HAIR STUDIO located at: 12751 POWAY ROAD SUITE #201, POWAY
CA 92064 is registered by the following: WALTER
HAYWARD This business is conducted by: AN
INDIVIDUAL. The first day of business was: APRIL
01, 2017 Registrant Name: WALTER HAYWARD
Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J.
Dronenburg, Jr., Recorder / County Clerk of San
Diego County on: APRIL 13, 2017 ISSUE DATES:
APRIL 20, 27, MAY 4 AND 11 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001671 Fictitious Business Name(s) NUTFRUSION located at: 1359 S. CREEKSIDE DR. CHULA VISTA, CA. 91915 is registered by the following: NUTFRUSION, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY NUTFRUSION, LLC. 1359 S. CREEKSIDE DR. CHULA VISTA, CA. 91915 CALIFORNIA The first day of business was: 06/14/2016 Registrant Name: TAHNOHN HAYES Title of Officer, it Limited Liability Company / Corporation MANAGER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 19, 2017 ISSUE DATES: FEB 23 MAR 02, 09 AND 16, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-010367 Fictitious Business Name(s) CREATEA located at: 1001 GARNET AVE. UNIT 105 SAN DIEGO, CA 92109 is registered by the following: BASHAR ATIYAT This business is conducted by: AN INDIVIDUAL. The first day of business was: 04/13/2017 Registrant Name: BASHAR ATIYAT Title of Officer, if Limited Liability Company / Corporation. The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APRIL 17, 2017 ISSUE DATES: APRIL 20, 27, MAY 4 AND 11 2017

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## Large sewage spill at Windansea beach leads to closure

On Thursday, April 20, authorities closed a stretch of Windansea Beach in La Jolla due to a 1,000-gallon sewage spill.

The closure was issued at 1 p.m. from contact in the area. Marine Street to Nautilus Street.

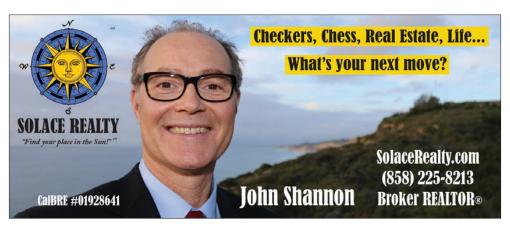
If you see any fur

The spill was near Vista de la Playa at the Fern Glen Pump Station.

Sewage contamination signs have been posted and samples were being collected to determine water quality impacts.

Beachgoers are advised to avoid water contact in the area.

If you see any further water contamination issues, contact the city public health department at 858-694-3900.





Following the April 20, 1,000-gallon sewage spill at Windansea Beach, area health officials encourage beachgoers to avoid contact with the water.

PHOTO BY BLAKE BUNCH

## ALMAS »

pure, raw and artisinal-type of tequila, the type the conquistadors and Aztecs made," he said.

Dos Almas is presently available locally in Pacific Beach at Crest Liquor at 3787 Ingraham St., and in La Jolla at Dick's Liquor at 737 Pearl St. #101.

Noting tequila has been the fastest-growing hard liquor in the marketplace the past five years, De Soto added, "Southern California is the largest tequila market in the world. It even exceeds all of Mexico."

A successful entrepreneur, De Soto said his tequila line taking off would just be topping off.

"If the company fails, I'll have tequila to drink for the rest of my life," he quipped. "If it succeeds, I'll have very expensive tequila to sell to collectors."



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David Schroedl

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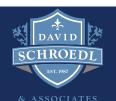


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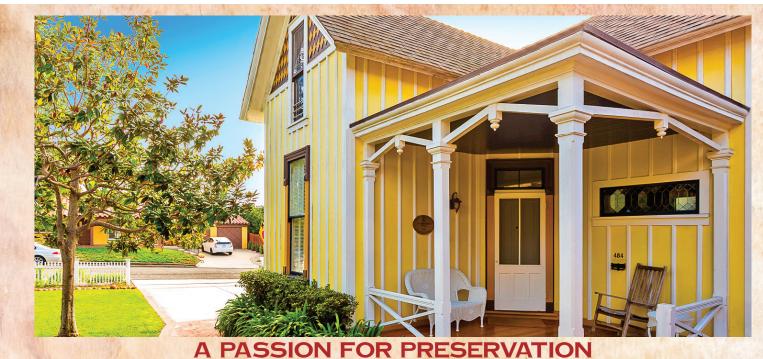
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