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SAN DIEGO COMMUNITY NEWSPAPER GROUP

FRIDAY, FEBRUARY 24, 2017

Shack Sunsets Never Cease to Please



Following the recent downpours in the area, throngs of onlookers, photographers, and simply locals looking to enjoy some sunshine, or sunset for that matter, gathered near the 'shack' at Windansea for a Feb. 21 sunset. PHOTO BY BLAKE BUNCH

Airplane noise issues don't seem to dissipate for some residents

BY DAVE SCHWAB

More and more La Jollans from neighborhoods all over the community are claiming they're hearing loud airplane noises more than ever before.

Karen Marshall in Hidden Valley can even pinpoint the exact day she first began hearing loud planes overhead.

"It was Nov. 20, 2016," said Marshall, a former flight attendant, who added, "I'm devastated. The way they're doing it now (flight paths) is bizarre — it just doesn't make sense."

More than a year ago, flight path changes in The SoCal Metroplex Study were proposed throughout Southern California by the FAA. Those changes were intended to cut fuel costs and improve efficiency at San Diego International and other regional airports.

Marshall added she'd like to see the FAA do a full-blown environmental report analyzing airport noise on people and also on wildlife in La Jolla, which includes the San Diego-La Jolla Underwater Park, as well as several other Marine Protected Areas.

Realtor Cameron Volker, a lifelong La Jolla Shores resident who lives on Vallecitos Court, speaking on behalf of her neighborhood said, "We all have similar concerns. We've all lived here for 30 years — and there's never been airplane noise."

But just before November 2016, Volker said that all changed.

Scripps research vessel, 'Sproul,' realizes biofuel milestone

BY JUDITH GARFIELD

What comes of a scientific cruise once researchers return to port? In my first article "Scripps

Oceanography's R/V Sproul as I Islands, the ship's engine burned diesel is a fossil fuel derived from the lining of lung tissue raised helped carry out research on bio- a new source of renewable biofufuel emissions with chief scientist el. Biofuels are derived from living research on biofuels hits close to Lynn Russell, Ph.D, and her sources, such as vegetable oils and not all questions answered. A side home Part 1,"readers traveled research group. As we motored animal waste fats discarded by project to evaluate the effects of

with me on Scripps Institution of around California's Channel restaurants, while commercial biofuel exhaust particulates on

The aims were ambitious, with

new questions about the atmosphere's effects on the exhaust.

SEE SCRIPPS >> PG.2

UCSD volleyball swept by BYU

The University of California San Diego was swept by third-ranked Brigham Young University in Mountain Pacific Sports Federation (MPSF) men's volleyball action Friday night at Smith Fieldhouse. Set scores were 25-21, 26-24 and

With a third consecutive defeat, all in straight sets, on the heels of five wins in a row, UC San Diego drops to 5-8 overall and 2-7 in the MPSF. The Tritons are indeed receiving votes just outside of the national top-15 poll this week for the first time since January of 2014. BYU moves to 11-2 overall and 6-1 in league play.

The Tritons led as late as 13-12 in the opening set and 22-21 in game two, but the home side prevailed in both. They

third with three straight, but the Cougars managed to convert their first match

Opposite and team tri-captain Tanner Syftestad led UCSD with 13 kills, hitting .333 (13-4-27). Fellow junior Milosh Stojcic finished with 29 assists, four digs and

Jake Langlois had a match-high 17 kills for BYU at a .353 (17-5-34) attack rate.

UC San Diego remains in Utah for a second matchup with the Cougars, this one of the non-conference variety, on Saturday, Feb. 18. First serve inside Smith Fieldhouse is set for 5 p.m. PT (6 p.m. MT), with the contest airing live to a national television audience on BYUtv.

Village Veterinary Hospital now offers Patient Pick Up, **Drop Off and House Calls**

The Village Veterinary Hospital, located at 7527 Draper Ave in La Jolla, is now offering special services for animal's and owners with special needs. You can arrange to have your pet picked up for transport to the hospital and returned home when the pet's needs have been met and it has been treated later that same day, or the next day if needed or requested. They also offer pick up & drop off service to Senior Living facilities in the La **Iolla area.** Under certain circumstances. house calls can be arranged. Village Vet is a full-service facility offering professional grooming, bathing, boarding, medical and surgical services. They can be reached at (858) 412-4776 between the



hours of 9 am to 6 pm Monday through Friday and 9 am to 2 pm on Saturday. With advanced notice, early drop off can be easily arraigned by phone.

Village Veterinary Hospital 7527 Draper Ave., La Jolla (858) 412-4776 villagevetlj.com



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The Robert Gordon Sproul vessel runs completely on biofuel, which is a rare state of affairs. **PHOTO CONTRIBUTED**

CONT. FROM PG. 1

However, the central goal, to determine whether the biofuel burned cleaner emissions than commercial diesel reaped interesting results.

Recipe for a biofuel experiment

Pollutants were measured at four different engine speeds (700, 1,000, 1,300, 1,600 rpm) and included greenhouse gases (CO2, carbon monoxide, and nitrogen oxides) and black carbon aerosols (small particles like smoke and larger particles like soot). Ultimately, the Sproul traversed more than 14,000 miles and burned through 52,000 gallons of biofuel. That's a lot of data to make sense of.

The Sproul study was unique in using a hydrogenated biofuel, a new process that is supposed to increase shelf life and allow the engine to run cooler than that of other tested biofuels processed differently. This study was also the first to measure emissions collected across an extended number of miles because when our day cruise was over, the equipment stayed aboard to independently collect data over a year of the Sproul's travels.

Does biofuel burn cleaner?

Back in the lab, Russell and her team crunched the numbers and determined the following: At lower speeds, the biofuel burned significantly cleaner in terms of greenhouse gas pollution (particularly CO2) but produced about the same amount of smoke and more soot than diesel. At higher speeds, the biofuel and diesel were comparable for greenhouse gas emissions, but the biofuel burned more smoke and soot overall than diesel. Both the biofuel and diesel affected lung tissue lining similarly, but these results were inconclusive because of the limited number of samples and the variability of atmospheric conditions. Finally, as advertised, the Sproul's engine ran cooler and more efficiently with hydrogenated biofuel. What do we make of all this?

Before crowning the environmental winner, it is essential to consider not just emissions but the energy required to source and process each fuel type. Biofuel comes from living matter (easily grown and located above the ground), while diesel comes from petroleum, which must be extracted from deep in

the earth via complicated, invasive practices (drilling, fracking). Because biofuels are easier and cheaper to access, process, and refine, they are more energy efficient from the get-go. And while not fully carbon neutral, the Sproul's biofuel was 50 percent renewable, whereas diesel is considered zero percent renewable since it takes millions of years to form, and known viable reserves are being depleted much faster than new ones are forming.

Consequently, even though the biofuel did not emit fewer emissions than diesel in every instance, it is still the ecological winner, especially for CO2.

Time for a smog check

Biofuel emissions from land vehicles have been investigated and improved on for more than 20 years, but only recently have biofuel's effects on ocean-going vessels begun to be studied. And unlike for our vehicles, emission restrictions on ships have not included carbon emissions. When you consider that the biggest ships (the cargo kind) burn through 100,000 gallons of fuel daily, that's a Yeti-sized carbon footprint.

Looking into the future, international trade over the high seas is expected to increase, which translates to a larger chunk of total human-produced air pollution belching from the global shipping fleet. As cars become ever more energy efficient, ships could overtake them as the biggest polluters in some places. True, the proverbial ship has sailed in regards to climate change, but there is no reason to jump over-

Ship owners will be more agreeable to cleaner, renewable fuels if we support the science that innovates ways to make biofuels more cost-effective, particularly as fossil fuels get more expensive. And our planet wins as we pursue ways to increase the renewable fraction of biofuels and reduce greenhouse gas and particle emissions.

To reach these next milestones, we need more sampling to understand biofuel's effects on human health. In the pursuit of cleaner fuels for ships, Russell said, "We should look at differences [in biofuel and diesel] between the Sproul and other ships, specifically different kinds and sizes of engines, particularly for the largest ships, which burn the most fuel of the worldwide fleet."



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PLANES_{>>} CONT. FROM PG. 1

"Before November there was one flight that came over once a night at 10 p.m.," she said. "All of a sudden, after November, it's been one flight after another. This has been going on non-stop, all times of the day and night. And they come right over our houses in La Jolla Shores."

But La Jolla Shores isn't the only neighborhood in La Jolla adversely affected. Beatriz Pardo of Bird Rock, who lives in the 5600 block of plane noise Oct. 21 of last year.

"I know that because I had outof-town guests," Pardo said. "We were sitting at the dinner table and all of a sudden we heard this, 'vrrrrooom, Oh my God what in the world was that?'

Another La Jollan, Len Gross, has been documenting and analyzing the current status of La Jolla airplane noise. In a recent report, Gross claims new heretofore unheard of airplane noises are coming from three sources: commercial airlines from SAN, arrivals and departures; small private planes mostly from Montgomery Linda Rosa Avenue, first heard air- Field; and police, military and pri-

vate helicopters.

"Over a period of 24 hours, the airliners are generally the largest noise source simply because there are a lot of them, they are big, and when close-by they are quite noisy," said Gross' report. "There are approximately 500 commercial flights in/out of SAN every day ... more than 100 departures and 100 arrivals pass near/over La Jolla every day. That is a lot of traffic."

Noting the FAA's contention that "there were no formal changes during November 2016 to flight procedures that would have noticeably affected La Jolla," Gross agreed, noting historical data from Web-Trak monitoring commercial airline flight paths indicates "paths taken by aircraft near /over La Jolla have not significantly changed recently."

However, Gross concluded, "Some members of the community

found that there have been changes line noise)." over a longer time period."

"In the near-term we must continue to make all elected officials, enough for her family to consider the Airport Authority, and the FAA aware that the current aircraft traffic is having a significant negative impact on the quality of life in La Jolla," concluded Gross' report. "Additionally, it is very important that many separate individuals report noise issues using the Airports WebTrak application or other means."

"The solution to the current noise is likely to be a complex negotiation/tradeoff that involves different levels of government; it is not likely that there is a 'silver bullet' solution to the problem," Gross said. "A positive step in that direction is the acknowledgement that La Jolla should get a seat on the ANAC subcommittee that address-

have done a limited review that es community concerns (about air-

Pardo said the newly minted commercial airline is annoying moving.

"I really will sell if we can't get the FAA to make some changes," said Pardo, who added she's logged 1,500 noise complaints with the FAA over the past two months. She's also started a community petition drive to get the FAA to address La Jollan's complaints about new airport noise.

What changes would Pardo and Marshall like to see the FAA make?

"I want the environmental (study)," said Marshall.

"All I really want them to do is to undue everything they've done since 2014," said Pardo. "In 2014 they had 200 complaints the entire year. Last year, they had 31,000."



Right Choice Senior Living

Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care Homes and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desireable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see us today beforemaking your final choice. Make the Right Choice Today. Formore information call (619) 246-2003 or go to the website at www.rightchoiceseniorliving

San Diego's largest thrift, estate and garage sale

The 90th annual Thursday Club Rummage Sale – San Diego's largest thrift, estate and garage sale - will be held Saturday, March 11, from 9 a.m. to 4 p.m., and Sunday, March 12, from 10 a.m. to 2 p.m. in the large Balboa Park Activity Center. All proceeds will benefit 22 Balboa Park and local community charities and organizations from children to the elderly, health, homeless, veterans, arts, life skills, animals, nature and edu-

The Thursday Club, started in 1921, is a non-profit, volunteer organization of more than 300 women. Our goal is to promote educational, cultural, social, moral and civic activities. The Rummage Sale is our biggest annual fundraiser with proceeds of more than \$130,000 each www.thethursdayclub.org

year helping San Diego organizations fulfill financial needs.

All of our items (from basement bargains to the unique) and hundreds of hours are donated by our members. There will be thousands of items and bargains galore. We have furniture, tables, chairs, rugs, couches, lamps, sporting goods, toys, bikes, linen, bedding, holiday items, men's, women's and children's clothes, art, frames, jewelry, hats, purses, household and kitchen items, electronics, appliances, antiques, books and more new and gently used merchandise.

Free admission and lots of parking. Please bring cash.

For more information or to make a donation call (619) 224-5264; or

La Jolla Merchants Association discuss Girard Avenue crosswalk enhancement

BY DAVE SCHWAB

In February La Jolla Village Merchants Association heard from a local architect about a public improvement project, as well discussing hosting events associated with horse racing's Breeder's Cup coming to Del Mar.

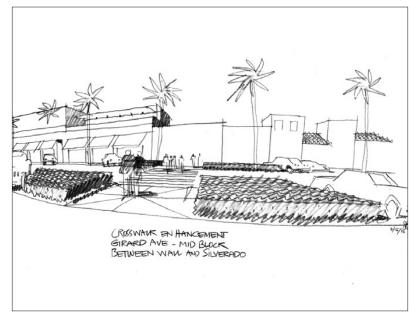
La Jolla architect Paul Benton presented a proposal to enhance the existing pedestrian crossing on Girard Avenue, in front of Ralph Lauren Store, by improving landscaping and adding a crossing signal.

"Girard is an extremely wide street," Benton said noting that presents an opportunity "for beautification of that part of the street, a little triangle where people park that we could fill with landscaping." He added the goal would be to "not lose any parking spots."

Benton recommended installaat the crossing with yellow flashing lights to make it safer and more user-friendly.

LJVMA board member Laurnie Durisoe asked who would be this year on Nov. 3-4. responsible for tending the new Maintenance Assessment District would fund the project once the MAD gets going in 2018.

Following year-end strategic planning sessions, LJVMA president James Niebling in January noted priorities determined by nishing the merchant group's over into La Jolla. image, updating its website, opti-



An artist's rendering of the Girard Avenue crosswalk enhancement. PHOTO CONTRIBUTED

event.

It was announced at the Feb. 8 LJVMA meeting that one of tion of a push-button stoplight Thoroughbred racing's most prestigious international events, the Breeders' Cup World Championships, is coming to Del Mar Race Track for the first time ever

landscaping. She was told the Murphy pointed out the Breed- Cevasco as a member on the LJVMA BID would be responsi- er's Cup coming to town presents board. ble for the improvement project, a rare opportunity for merchants and that the voter-approved to capitalize on via joining in on the board to support him in his viewing parties, sponsorship or efforts to chastise the National promotional activities associated Oceanic and Atmospheric with the event.

Board member Ike Fazzio, a Village electric bike shop owner, posted on Facebook by a seal noted "there is going to be overflow" from the Breeders Cup in the local sea lion population. board members included bur- Del Mar, with racegoers spilling Leek was told by Fortune that his

"They'll need stuff to do aftermizing social-media outreach ward outside of Del Mar," Fazzio has to give 30-days public notice and developing a signature said. "La Jolla could be a big for an action item.

benefactor from that."

"We just had a preliminary meeting on it," said LJVMA's executive director Sheila Fortune about the group's possible participation in the Breeders Cup.

In other action:

- LJVMA approved and swore in Rani Chatha from Eddie V's LJVMA board member Brett restaurant to replace Christophe
 - Diver John Leek appealed to Administration for accepting, without due diligence, a video activist alleging harassment of request needed to be postponed for a month because the group

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La Jolla man accused of embezzlement

BY NEAL PUTNAM

A La Jolla man who was the accounts payable supervisor for a Sorrento Valley company has pleaded guilty to embezzling \$1.9 million from the firm for vacations, sporting event trips, and renting private jets.

Edward K. Abellana, 40, faces up to 23 years in federal prison when he is sentenced on April 7 before U.S. District Court Judge Janis Sammartino.

Abellana pleaded guilty to wire fraud and making a false tax return by not disclosing the embezzled funds as income. The tax returns in the charges are funds to pay for vacations to from 2012 to 2015.

Abellana, who worked for the Argen Corporation in accounts Abellana used \$70,000 in compayable from Dec. 2011 until pany funds to charter a private to prosecutors.

October of 2015, remains free jet to take him and his family and on \$30,000 bond.

The Argen Corporation has been in business since 1983 and is one of the largest dental gold manufacturing firms in the world, according to its website. They also make metal for dental and medical supplies.

He is expected to be ordered to Corporation and \$661,453 to the Internal Revenue Service. Both Argen and the IRS are listed in court records as victims.

The U.S. Attorney's office said Abellana used the company's Hawaii, Las Vegas, Disneyland and a trip to the Super Bowl.

friends to Hawaii, according to prosecutors.

Abellana would use the company's credit cards to make personal purchases and he intercepted the credit statements. He used computer software to alter the statements and falsified the company's repay \$1.95 million to the Argen books and records by falsely characterizing his personal purchases as legitimate business expenses, according to the U.S. Attorney's office.

> He also used his position to issue unauthorized checks against the company's checking account to pay for personal expenses. He issued \$162,000 in fraudulent checks, according

Details on the 34th annual Breeder's Cup

Mar Thoroughbred Club executives will announce exclusive details about what to expect at the 34th annual Breeders' Cup World Championships, taking place for the first time at Del Mar Racetrack on Nov. 3 and 4. Ticketing and operational details will be announced, including information on total venue capacity, new luxury seating structures, parking, transportation and a week-long fan festival run by the local Breeders' Cup Host Committee.

Notable attendees available for interviews will include: Joe Harper (director, president and CEO of Del Mar Thoroughbred Club), Craig Fravel (president and CEO of Breeders' Cup), Mayor Kevin Faulconer, Mayor Kevin Sinnott (Del Mar), Joe Terzi (president & CEO of San Diego Tourism Authority), and Hall of Fame and 4.

Breeders' Cup Limited and Del jockeys Mike Smith and Gary Stevens.

> When: 10:30 a.m. PST, Tuesday, Feb. 28.

Where: Del Mar Plaza, 1555 Camino Del Mar #308B, Del Mar, Meet on the deck on the Plaza Level. Adjacent to Il Fornaio. If there is rain, meet on the covered patio of Il Fornaio.

Complimentary validated parking will be available in the Del Mar Plaza parking garage.

Combining the sport's best racing, horses and jockeys with world-class dining and entertainment, the Breeders' Cup is one of the world's most prestigious international Thoroughbred racing events of the year. The 34th running of the Breeders' Cup will make history as it debuts at the historic Del Mar racetrack, the place "Where the Turf Meets the Surf" on Nov. 3

Chef George Geary's 'LA's Legendary Restaurants'

BY LUCIA VITI

Renowned culinary superstar, George Geary, will present his latest

"LA's Legendary Restaurants" at Warwick's on Thursday, Feb. 23 at 7:30 p.m. The illustrated coffee table treasure trove features dozens of famous restaurants – several still in existence – located throughout the City of Angels. Photographs of movie icons feasting at their favorite eateries are accompanied by interesting narratives, vintage snapshots, original menus and more than 100 recipes from these landmark restau-

Easy-to-follow instructions for appetizers, entrées, soups, salads, breads, biscuits, dressings, sauces, frostings, cakes, pies, sundry desserts and drinks transform these historic pages into an exciting cookbook. Recipes were "happily" given to Geary by restaurant owners and collected from the Los Angeles Times food section - with archives dating back to the 1920s - old books, magazines, and television programs.

Geary sprinkles tinsel town trivia, cinematic facts, good ole' gossip and trends of the times on top of exclusive restaurants, popular hot spots, drive-ins, drugstores, nightclubs and bars. Fun facts include Charlie Chaplin challenging Douglas Fairbanks to a horse race down Hollywood Boulevard, of which the winner was treated to lunch at the Frank & Musso Grill, (Chaplin wins). Also, Elizabeth Taylor ordering Chasen's chilidelivered to Rome-while filming Cleopatra, or President Reagan proposing to a then Nancy Davis at Chasen's, with "his" booth now displayed at the Ronald Reagan Presidential Library in Simi Valley, California. Regarding another celebrity marriage proposal, there's Robert Wagner proposing to Natalie Wood over pasta at La Scala.

have lost a connection to.

"We're a throwaway society," explained Geary. "I had to capture these glamorous locations built by amazing architects for our children and grandchildren who will never know these historical restaurants. The eateries weren't just a place to have a meal, they were palaces to socialize, to see and to be seen. 'LA's Legendary Restaurants' is my way of taking you back to these iconic treasures for one last meal."

The award-winner tour guide travels through dozens of LA's restaurants, dating from 1920 to today, including C.C. Brown's, the historical dessert eatery where father and son owners spent 10 years perfecting a hot fudge sauce that didn't harden when exposed to air. The soft fudge topping debuted in 1938, and quickly garnered a star-studded following listing Marilyn Monroe, Marlon Brando, Clark Gable, Mary Pickford, Joan Crawford, Art Linkletter, Bob Hope, Elvis Presley, and Ronald

Geary quotes, "After Hinckley's attempted assassination of President Reagan, C. C. Brown's shipped a case of their famous hot fudge sauce to the White House as a tribute. Mr. Reagan's gracious thank-you note was displayed in the case by the cash straight to the restaurant and freshregister."

The book depicts Errol Flynn and his wife Nora, Desi Arnaz and his wife Lucille Ball, Jimmy Durante and Hedda Hopper grace the pages of the Brown Derby while Joe DiMaggio, Marilyn Monroe and Bob Hope dine at Perino's.

Other notable landmarks highlighted include Van de Kamp's Holland Dutch Bakery; Schwab's Pharmacy's Soda Fountain; Clifton's Brookdale Cafeteria (still open today); Romanoff's; the Hollywood

Geary wrote the book to memori- Palladium; Don the Beachcomer, alize what future generations will Trader Vic's at the Beverly Hilton, Miceli's Pizza House (still open today); and Lawry's where "it all started with seasoned salt."

The Musso & Frank Grill, crowned one of the top ten "World's Greatest Dining Institutions" by the New York Times, continues to host celebrities. Geary quotes, "Raymond Burr always sat at table 38, never at the bar. Elizabeth Taylor sat at table 34. Nancy Reagan preferred table 36, while Merv Griffin enjoyed table 37 with a glass of wine or a vodka tonic. Al Pacino used to sit in the corner at table 28 so he could see everyone who walked in."

Keith Richards and Johnny Depp are also tagged as Musso & Frank Grill regulars who enter through the kitchen entrance to catch a glimpse of the daily special.

"L.A.'s Legendary Restaurants" cruises through Chasen's, the barbecue pit that hosted 1936 child stars Mickey Rooney and Judy Garland. Chasen's had six tables, a sixstool bar and an eight-stool counter. Spare ribs cost 35 cents and a bowl of chili cost 25 cents. Within a year, it became a starlet hot spot. Geary writes, "At one time, the building even included a barbershop, steam room and shower area so stars traveling from the East Coast could go en up before their meal."

Lasting almost 50 years, Chasen's hosted Clark Gable, Carol Lombard and Alfred Hitchcock. Geary writes, "Hitchcock had a standing dinner reservation in booth number 2 on Thursday nights for more than forty years."

La Scala stands as a personal favorite, touting the story of Ceferino

SEE **GEARY** >> PG. 6

Sell your home for above asking price

SAN DIEGO. Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life. And once you have made that decision, you'll want to sell your home for the highest price in the shortest time possible without compromising your sanity.

To assist home sellers, a new industry report has just been released called "27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar." It tackles the important issues you need to know to make your home competitive in today's tough, aggressive marketplace.

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Question:

My child is having their 18th birthday soon, is there anything that I need to know?

Answer:

At the age of eighteen your child is no longer a minor in this state. You can no longer get health

information from their doctors or deal with their school and the paperwork. Your child needs to make their own decisions in their Advance Healthcare Directive regarding whether or not they want their life artificially prolonged and whether they want to donate organs. They also need to name an agent to make healthcare decisions for them in the event that they cannot do so for themselves. It is also a good idea for them to name an agent on a Power of Attorney to perform financial transactions for them and access their bank



& Shannon T. O'Neill

In order to fix this, I had my son sign an Advance Healthcare Directive and Power of Attorney on his 18th birth-

While at age eighteen your child may not be ready to create a Trust, having an Advance Healthcare Directive and Power of Attorney in place can save their family a lot of trouble in the event that something does happen. Have them come in and create these documents before they go away to college!

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Probate Trusts Wills

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GEARY» CONT. FROM PG. 5

Carrion, a 19-year old stowaway from Spain. Carrion bussed tables in New York City before heading west and serving in the Korean War to legalize his immigration status. Carrion returned to Hollywood, changed his name to Jean Leon and worked at the exclusive Villa Capri rubbing elbows with James Dean. The two collaborated to open La Scala, a high-end Italian restaurant.

Following Dean's death, Leon took out a loan and opened La Scala in Beverly Hills on April 1, 1956. The stars flocked – Fred Astaire, Marlon Brando, Humphrey Bogart and Marilyn Monroe who ordered "in." Presidents John F. Kennedy, Richard Nixon, Gerald Ford and Ronald Reagan were also "regulars."

favorite," Geary said. "Infamous for its celebrity clientele and as the location of Robert F. Kennedy's assassinasprawling 24-acre complex lined with palm trees and pools was the epitome of the California lifestyle.

"Stars often lived at the property while working in you'll tip better afterwards." Hollywood. F. Scott Fitzgerald and his wife, Zelda, reportedly trashed their bungalow while Farid Simiak, an Egyptian Olympic swimmer used the Ambassador Swimming Club to practice. The property also hosted countless fundraisers and events, including the Academy Awards."

Geary comes from a family of foodies. The book is dedicated to his Mom, a former "carhop" at Marty's Drive-In Santa Monica at age 13 (picture included), noting that it was "the second hardest job besides being a mother." The dedication continues, "Also, to my grandmother, Grammie and Aunt Bea, who both worked at Van de Kamp's, and my grandfather, Coley, who in 1946 was just a spot in the Nevada desert."

Geary ends his dedication for "L.A.'s Legendary



PHOTO CONTRIBUTED

tion, the hotel offers an incredible amount of history. The Restaurants" to "Every person who has worked as a waiter, chef or any other job in the food industry. Everyone should, at one time or another; it humbles you, and

The Certified Culinary Professional touts more than 30 years of culinary experience that includes serving as a pastry chef for the Walt Disney Company and a judge/consultant for culinary contests, food manufacturers and TV and cable food shows including ABC's "The Taste" with Anthony Bourdain, "The American Baking Competition" with Jeff Foxworthy; "Hell's Kitchen," and "Supermarket Superstar." In 2012, the educator and tour guide for schools and food festivals was chosen as the Culinary Tour Operator of the Year and Educator of the Year in 2014 by the International Association of Culinary Professionals. In 2012, he was one of the best executive chefs in Las Vegas when it was named the winner of the Frommer's Domestic and International Tour Guide.

LJSA honors renowned oceanographer, Walter Munk

BY DAVE SCHWAB

Highlights of La Jolla Shores Association's February meeting included notice of dedication of the Shores boardwalk in honor of an iconic scientist, a presentation by a UCSD official and discussion of community opposition to DecoBike expanding into La Jolla.

LJSA board member Terry Kraszewski had a special announcement to make.

"I remember asking Walter Munk a few months ago when La Jolla Shores Boardwalk was built and he told me 1939," Kraszewski said adding, "This year is our world-renowned oceanographer's 100th birthday."

Walter Heinrich Munk, referred to by some as the "Einstein of the oceans," was born on Oct. 19, 1917. He is a physical oceanographer and professor of geophysics emeritus at Scripps Institution of Oceanography in La Jolla.

One of the world's foremost authorities on winds, waves and other projects, Munk has a distinguished list of accomplishments. Those include: being the first person to show why one side of the moon always faces the Earth; pioneering research on the relationship between winds and ocean circulation; investigating irregularities in the Earth's rotation and their impacts on the planet; description of ocean wave behavior while investigating ocean tides; and furthering study of global warming via the relation between changes in ocean temperature, sea level, and the transfer of mass between continental ice and the ocean.

Noting Munk's studies of waves and swell prediction has changed the world forever (in a positive way) for surfers, Kraszewski added Munk also "discovered the canyons" off the coast of La Jolla Shores which she added "have become a mecca for local

SEE MUNK >> PG. 18



La Jolla Village News 2016 **Best Holistic Medicine**

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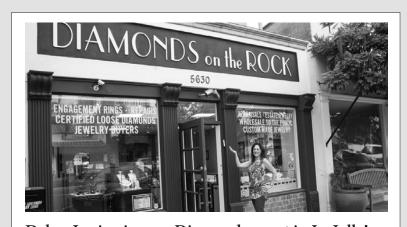
Amorah is a state and nationally licensed Acupuncturist and Herbologist. She studied acupuncture and Chinese Medicine in Santa Monica at Emperor's College of Oriental Medicine and in San Diego at the Pacific College of Oriental Medicine, where she graduated with honors. She has a Master of Science degree in Traditional Oriental Medicine, and is also an Ordained Spiritualist Minister.

Amorah is passionate and devoted to helping people improve the quality of their life by balancing body, mind, and spirit. She is a gifted intuitive, empathic healer with 30 years experience.

Wonderworks Healing Arts 7742 Herschel Ave., Suite Q (858) 775-1515 ww.wonderworkshealingarts.com

MEET YOUR PROFESSIONALS AND LA JOLLA BUSINESS

YOUR GUIDE TO PROFESSIONALS AND COMMUNITY BUSINESSES



Debra Levine is your Diamond expert in La Jolla!

Debra's grandfather established their family's first Jewelry store 95 years ago in Endicott, New York. "I developed a passion for gemology watching my Father and Uncles' enthusaid Dehra. In 1986 Dehra n wed to California to attend the G cal Institute of America (G.I.A) , at the time in Los Angeles, where she obtained her Graduate Gemologist diploma G.G.. Upon her graduation she was selected to work at the G.I.A. as a diamond grader in their lab providing Diamond Certificates and Reports!. Debra's desire to work more closely with people led her to transfer to the education division where she continued her career as a Diamond Grading Educator.

In 1990 she moved to San Diego where she became a partner in a diamond wholesale Company. Missing the personal connection with her clients she opened a small jewelry store near UTC and then moved to Mission Valley in 1998. She chose to open a store in Bird Rock with her son David because it has the intimate feeling of a small community, and is reminiscent of her hometown. Stop by and say hello! For that personal touch in selecting the perfect engagement ring, designing custom jewelry, or expert repairs, they will take care of you!

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MEET YOUR PROFESSIONALS AND LA JOLLA BUSINESS

New Spring Merchandise at The Faded Awning

The Faded Awning opened its doors in May 2010. The shop had a very coastal and nautical theme which has evolved into a lot of new areas such as jewelry, spa and lounge wear and other accessories. The shop has the largest selection in the county of readers and sunglasses by eye•bobs. Recently, the shop introduced a 100% organic coconut line of skin care called Skinny. The shop features paintings by Alyce Quackenbush, a local artist, a large selection of vintage paintings and toys. Stop by the shop for a preview of all the new spring merchandise.

The Faded Awning

7464 Girard Ave, La Jolla, CA 92037 858 456 7464 Hours: Mon-Sat 10-6pm Sun 10-4pm





Copy Cove: Serving La Jolla for 37 years!

Copy Cove of La Jolla should be on your speed dial for all things printed.

This 3rd generation print shop is under the care of son, Sal Usman who has been at the print house for over 27 years since his sophomore year at La Jolla High School.

The shop was opened by Usman's Grandfather, Mother and Father, Mohammed and Munira back in 1980 and has been a La Jolla Establishment for 37 years this April. Copy Cove is now the last of the independent printers in La Jolla. It's the kind of place where everyone knows your name and all treated like locals. Copy Cove has been printing for the community so long that they've printed for La Jolla businesses, schools and families through their own generations.

Their professional, courteous and knowledgeable staff strives to assist their customers with all of their print needs from printing documents directly from their iPhones to creating unique business cards and stationery to event invitations and programs to brilliant color copies, flyers, brochures, postcards, directories, manuals, custom greeting cards and color posters and canvas gliché prints as well as helping self publishers print their paperback books. Copy Cove of La Jolla is the only printer for miles to offer in-house Perfect Binding. They also offer the new 'triple-thick' business card printing.

To contact, visit their website at www.copycove.com or simply send an email to info@copycove.com.

COPY COVE

Sal Usman – Copy Cove of La Jolla 858.456.2444 858.456.2978 FAX 701 Pearl Street La Jolla, California 92037 8:30-5:30 M-F Closed weekends.

Come See What's Cookin' at LUPI

Lupi Italian restaurant and wine bar has always been a La Jolla favorite for those who appreciate fine Italian wine and mouthwatering authentic cuisine and now there is a new reason to visit. Partner Andriano Gasparo has teamed up with long time partner Luigi Tornatore to add a new twist to the menu while keeping all your favorites. Chef Luigi noted "we kept all our customer's favorites, but have introduced some new dishes we feel will soon become favorites. We always like to keep adding new creations" Add to that a full bar and an amazing bar menu and you are all set.

There is also live music featured by Sergio every Wednesday, Friday and Saturday.

Adriano also wanted to remind everyone, "We can accommodate banquets for groups up to 100 people. We do lots of wedding rehearsals, anniversaries and birthdays, plus Holiday parties.

We can handle just about any special occasion you can think of. We



Partner Adriano Gasparo (left) with Luigi Tornatore

do a lot of business and corporate meetings and events as well." Lupi can also handle all your catering needs.

You can also enjoy dining on the the sunny outdoor patio (or heated if there's a chill in the air). And your your pet will always receive some special hos "pet" ality. So stop by and see what's new at Lupi.

5518 La Jolla Blvd., La Jolla 858-454-6421 lupivinocucina.com



You'll find it all in The Living Room!

The Living Room has truly lived up to its name in La Jolla. The café has drawn young and old alike to sip tea, coffee and deluxe smoothies in a homey ambiance furnished with antique, ornate couches and wooden tables. Patrons find the communal atmosphere inspiring and relaxing; you'll find groups of friends smoking the hookah on the upstaris patio and others poring over books in the back.

You must try out the quiche lorraine, spinach & cheese stuffed croissant or a super healthy acai bowl with fresh fruits for breakfast. The sandwiches, wraps, paninis, soups and amazing Salads for Lunch. And for dinner we highly recommend the turkey lasagna, chicken dijon or beef kabob. You will be impressed by a visit to our wine cellar while your are dining with us, featuring an excellent selection with great prices.

Top off your meal with one of the many scrumptious desserts. Enjoy the views from the second floor ocean view room and don't miss happy hour every day from 12-6 p.m. offering specials on bottled beer, wine, mimosas, draft beer and well drinks Monday— happy hour all day!

Your One-Stop-Shop!
The UPS Store (Bird Rock) has been pro-

viding the community with personal and

small business needs for many years. In

fact, 2017 marks over 35 years of operation at the 5580 La Jolla Boulevard store-

front. Originally opening under the Mail

Boxes, Etc. franchise, the location was the

third to be opened in what would become a global retail chain, offering retail shipping,

postal, printing and other business servic-

es. Through the years, the few committed

owners have grown and expanded the loca-

tion to meet the needs of the community

and in 2000, after having been acquired

Today, the business is owned and oper-

ated by Nimisha & Jay Amin, who have

been running the location for 17 years, and

counting! They have built strong bonds

with the surrounding neighborhood, and

gotten to know their customers on a name-

by-name basis. Nimisha has developed a

strong interest in providing the best service

possible to the community, and is looking

forward to another busy year. If you need a

mailbox or are looking to take care of your

packing, shipping, printing, faxing, com-

puter access/internet, passport photos and

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by UPS, was rebranded as The UPS Store.

Living Room Coffeehouse 1010 Prospect St. (858) 459-1187



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Contentious opposing views: How to co-exist peacefully in tough times



Better

By Natasha Josefowitz, Ph.D.

We all have our opinions, our positions, our views and our understanding, whether they are about political, economic, religious, or ethical issues or how to rear children. They spring from the way we were raised, what our parents believed, or the exact opposite of parental admonitions. It is what we learned in school, what we read, what we heard and what our friends said or didn't say.

We also all have our prejudices, conscious and unconscious, our knee-jerk reactions. Some things we are willing to fight for and others we couldn't care less about. Our belief systems, the way we view the world, is both rational and emotional. It can be predictable or surprising, sometimes even to ourselves. This is all especially important to understand today in our fractious, polarized world. We are either strongly for or strongly against, and our voices become louder as we press our

What is different today from past exchanges or opinions is the combative tone some of us take, the feeling of outrage at the opposite opinion and the need to talk the other into believing that our position is the only right one. We have become missionaries not just for our religions, but for our political stances. I have caught myself trying to persuade a friend about the obvious wrongness of her ideas, and much to my dismay, instead of an intelligent discussion, it turned into a disagreeable exchange of not exactly name-calling, but dismissing the other as incomprehensibly and irremediably off.

So what to do? Is there a way to get through to another person who seems unable or unwilling to even consider our opposing point of view? If it is truly important to be heard, to be considered, then I would like to suggest the

First ask yourself why it is important for you to have the person understand you and possibly agree with you. What is at stake? There might be an emotional component of which you are only vaguely aware, but that needs to be addressed. The stronger you react to an issue, the more you need to question your motive. Are there elements in the other

person's arguments that might have some me when you don't pay attention to me." validity? Can you put yourself in the other person's shoes to try to understand their position? I like the Indian saying about walking a mile in the other person's moccasins to really understand their perspective.

Then observe the other person for signs that he or she may be unreachable: the person avoids eye contact or has a vacant stare, the person seems involved with their cell phone or other activity, fidgeting, looking at their watch, yawning, not responding, or responding with "yes, but..." These are all signals that you might as well stop putting effort into a hopeless situation.

So know when to let go; not everyone is educable. Find solace in those who understand you and agree with your basic assumptions. Keep fighting for a better world, but refuel with compatible people.

However, sometimes it is truly important for someone to understand your position in order for an action to be taken. Here are several ways of getting through to a seemingly unreachable person:

1. The direct approach, which requires you to confront the issue, for example, "I do not feel you hear me, and I don't know what else to do." Express a feeling, try saying, "It upsets

- 2. The preventive approach, which takes this format: "I know you have had trouble listening to me in the past, but would you try to hear a different point of view?"
- 3. The therapeutic approach, which requires you to say something like this: "You seem to have difficulty focusing on the discussion and often retreat behind a wall. This makes you unreachable. What can we do about that?"
- 4. The punitive approach, which means posing an ultimatum: "If you can't discuss the issue without interruptions (or without changing topics or whatever the person is doing), I will have to decide or to act without your input."
- 5. The indirect approach, which can take these routes: sending an email. Some people communicate better through the written word than through face-to-face exchange, or using a third party to negotiate.

Sometimes it is hard not to feel like you are an irresistible force contending with an immovable object.

Natasha Josefowitz is the author of more than 20 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2017. Natasha Josefowitz. All rights reserved.

Conrad and Zach Tempel, Bishop's School basketball brothers

BY ED PIPER, JR.

ing, don't be a crybaby" became standard when Conrad and Zach Tempel, two basketball players at The Bishops School, were playing an indoor game of Nerf ball. The elder Tempel, Conrad, threw the ball at his younger brother, Zach, which resulted in the boy fracturing his fin-

"It hurt a little," remembers Zach, a sophomore in The Bishop's School basketball program. "He said it shouldn't hurt, so I kept playing.

"I played in a recreation league all-star game the next day without having the finger checked," said the younger Tempel.

Finally, their father, "Big Perry," nicknamed for his imposing 6-foot-5-inch height and post play during his basketball days, noticed the swelling and said, "Maybe we ought to have it checked," which resulted in the X-rays showing a break.

It wasn't about a false machismo on the part of the brothers. They're under coach Nick Levine, "I thought he was being a wuss (in saying it hurt a little). We just kept playing."

So, the moral of the story is go get your hurting finger checked out, which the Tempels did. Another is that as a coach, in Levine's position, you want as many grinders with hard-working attitudes like the Tempel brothers in your program as you can. You can depend on them for hard-nosed contributions.

"The few and the proud" comes The brotherly ethic of "keep play- to mind when Conrad, 17, and Zach, 15, the latter who is a "swingman" like several of his teammates between the junior varsity and varsity to fill in as needed on a small varsity squad with only two seniors, describe their roles in the basketball

> Conrad, who likes science but who is a "math guy" over social sciences by his own admission, plays alongside seniors Justin Woodley, a triedand-true athlete on both the basketball and football squads, and Isaiah Anderson. In baseball as well as basketball, the older Tempel brother fills whatever role is needed, a kind of utility man, which in baseball he lit-

> He plays point guard, bringing the ball up court sometimes, shooting guard, and small forward on the varsity squad, which has played hard this season in his junior year, but which has also entailed its growing

Zach is a guard primarily on Bishboth just into sports, thrive on com- op's junior varsity team, who says petition, and they live by the "keep" he can create his own shot, but who playing" attitude. Says Conrad. a also focuses on finding teammates good 2.33 ERA in five appearances. junior on the Knights' varsity team when they're in position to shoot and who welcomes their feedback if he fails to spot them. "I don't want to be average," the dusty-haired sophomore says. One way he can improve is when teammates tell him "I was open," yet he didn't find them, so that he can widen his vision and court awareness.

Both seem to be modest, team-oriented young men, and Levine wants to have all the tools he can in the program's arsenal for it to succeed.

"When they go at each other in practice, it's pretty intense," says Bishop's head coach. "They push each other. But then they'll be the first to pick each other up, too.'

A moment in the season when practice for the varsity became more than Levine drilling the players came in preparation for the Knights' opening game in the Coastal League against Francis Parker. The tightknit unit pushed one another for a matchup that, Conrad says, "we definitely wanted to win."

"When we were preparing for Parker, it was tough physically and mentally," the redhead recounts. "Then we played well and won. We pushed one another." Bishop's won the rivalry game by a big margin, 51-31, at home. It was a satisfying

Outside the basketball season, Conrad plays for Ron Witmeyer's baseball team. As a sophomore, appearing in 14 of the Knights' 31 games last spring, Tempel played every infield position except shortstop, caught and pitched, garnering a 2-0 record on the mound with a field."

Says Witmeyer, "I have a son pels also have a younger sister,



Conrad (left) and Zach Tempel.

PHOTO BY ED PIPER, JR.

(Clay) who's also a junior, so I know Conrad pretty well. It's a pleasure to coach him. He will do whatever the team needs. He practiced being a backup catcher, even though he knew there wasn't going to be a lot of opportunity.

"This season we're planning on Conrad pitching a lot of innings for us. He doesn't really have a position on the field. He's a utility player. He probably could even fill in in the out-

Margo, who is a fifth-grader at La Jolla Elementary—follows in their mother Kim's competitive footsteps in playing tennis. Kim played Division III tennis for Pomona College. Also as a result, both brothers are interested in the Claremont-Scripps schools for college.

"She (Kim) is always really positive," says Zach. "She is probably the other person (besides me) who doesn't want me to be average."



FRIDAY, FEBRUARY 24, 2017 LAJOLLAVILLAGENEWS.COM

The 41st annual Wedding Party Expo highlights



Fashion Files

Diana Cavagnaro

The 41st San Diego Wedding Party Expo was presented at the US Grant Hotel on Feb. 19. This Luxury Collection Hotel is newly restyled and is listed on the National Register of Historic Places. There were three floors in this historic building where this upscale event took place. Prospective couples were able to see products and services for their upcoming wedding such as photographers, videographers, caterers, honeymoon destinations and florists. Pamela Ann Noxon is the founder of this event and has been helping brides out since 1996.

There were 100 wedding experts on hand to discuss that special day. Booths were set up with tasty hors d'oeuvres, appetizers and delicious desserts. A contest was going on to vote for your favorite cakes in the Ultimate Cake Taste Test Challenge. Why not have a signature cocktail for your event? Bella Beverage Catering sponsored a cocktail lounge to sample said libations. Everyone could enjoy wine tasting, and the US Grant Hotel in the Chairman's Court gave such a grand tasting. A gentlemen's lounge was set up with craft beers and mead tasting, which also included grooming and fashion. A Gentlemen's Fashion Show was also head in the Bivouac Ballroom of the historic hotel.

Designer Michelle Hebert presented an exclusive tea-style fashion show in the lobby. Hebert's style is very romantic, and heavily influenced by nature. One of her standoutcreations for the crowd was distressed couture, which was shown in her finale. Attendees could meet Hebert in the wedding gown "designer row." Jana Ann Couture was there to discuss her designs that she creates to bring out the inner princess in you. One of her specialties is puppy couture. She creates matching gowns for your dog on your special day using the same fabric as your gown. Adolfo Sanchez was also on hand to discuss his high-end creations with a touch of edge. Sanchez creates sophisticated must-

The afternoon culminated with the much-anticipated Fashion Show by La Jolla's M Bride. The owner of this upscale bou-



M Bride Models prepare for the runway at the 41st annual Wedding Party Expo.

PHOTO BY DIANA CAVAGNARO

tique, Michelle Martin, is known for her couture gowns. Martin menu, great atmosphere, and view the awards ceremony at the has been a mainstream on Pearl Street in La Jolla for the past 13 years. The runway sizzled with designs by Ines di Santo, Reem Acra, Monique Lhuillier, Sachin and Babi, and Elli Saab. The creations were breathtaking. Check out M Bride's upcoming trunk shows. The next one will feature Sachin and Babi on Feb. 24 and

Upcoming Events

Sunday, Feb. 26 at 4 p.m. The 2017 Oscars Party at The Lot, La Jolla, will take place.

Fashionistas walk the red carpet in formal attire, enjoy special Designer, Teacher & Blogger at www.DianaCavagnaro.com

Lots big screen. Reservations required. Purchase tickets online at www.thelotent.com.

Saturday, March 11,

Luncheon and fashion show fundraiser to benefit Soroptimist International of San Diego. Gretchen Productions at the Sheraton Harbor Island East Tower will present this event, "Women Stronger Together." Call 858-569-6260 for information.

Diana Cavagnaro is an internationally renowned Couture Milliner based in the Historic Gaslamp Quarter. Learn more about our Hat

University City updates: Art works, sip and bid, Little League kicks off

BY JEMMA SAMALA

University City High School ranks in

Congratulations to UCHS for being ranked in the Top 100 high schools in California by Niche, which ranks public high schools based on statistics and feedback from students and parents. UCHS was also the top-ranked high school in the San Diego Unified School District, and was particularly noted for its STEM curriculum, quality of teachers and diversity of student population.

When asked about the honor, principal Jeff Olivero said: "Being recognized as the top high school (over La Jolla, Scripps Ranch, and Patrick Henry) in our district says a lot about growth the school has made over the last series of years. The school has strived to expand the rigor and access to AP and community college courses for students.

"This is in addition to expanding its career pathway programs. Extracurricular interest from students is at an all-time high. UCHS has

always been a quality school. But what I think has even gotten better is the overall positive school culture. Students, staff, and parents at UCHS have grown to have a deep appreciation for their school. All are contributing and recognizing the efforts being made to make UCHS the best possible place to learn, work, and have fun." Well done, UCHS!

Sip & bid with Spreckels

The Spreckels Elementary Sip & Bid fundraiser will be held on Saturday, March 4, 6 to 10 p.m. at the Bay City Brewing Company, located at 3760 Hancock St. There will be a silent auction, raffles prizes (including a UTC birthday party package, Nordstrom and Apple Store gift cards), teacher auction, and food trucks.

Advance tickets are \$25 for one admissionand two refreshment drinks, or \$50 for a fun pack for two, which includes admission for two, two refreshment drinks and two raffle tickets. You may also sponsor a teacher or staff member for \$25. The celebration is meant to



Andrew Sanchez stands with his utility box PHOTO BY JEMMA SAMALA

honor the Spreckels parents and volunteers, past and present. For information and to order ods, reducing carbon emissions by promoting

www.spreckelscommunityuc.com.

Standley Middle School leads energy troopers program

Standley Middle School PTSA won \$500

and received recognition for being the leading school in promoting the Energy Troopers energy saving program at the Family Climate Action Summit on Feb. 9. The summit was hosted by San Diego Unified School District, San Diego Unified Council of PTAs and the

Standley PTSA president, Claire Shaughnessy, attended on behalf of the PTSA to receive the big check from Energy Troopers. All local families are encouraged to participate in this energy conservation program. Every person who enrolls gives the school more money to run programs like the career fair, prep day, teacher and club grants, the legacy tile project, and much more.

Energy Troopers encourages people to cut back on energy use during certain peak perienergy efficiency. With Energy Troopers, Stan-

SEE UPDATES>> PG. 10

UPDATES_{>>}

CONT. FROM PG. 9

dley competes against other schools to see who can have the most enrollments and maximum energy savings. The program is open to everyone in the community. For more information, visit www.energytroopers.org.

Neighborhood art works

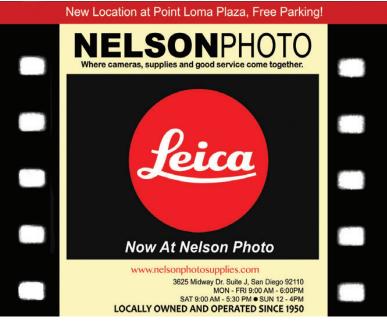
University City continues to add to the colorful ambiance of the neighborhood with another completed transformer art project. The newest addition was created by Andrew Sanchez of AlphaGraphics on Governor Drive, who used the neighborhood banner designs as inspiration. The wraparound design adds to the sense of community pride and an appreciation for public art. The project was funded by the County of San Diego through a Community Enhancement Program grant, and coordinated by the University City Community Association Beautification Committee.

Little leaguers play ball

It's officially baseball season! Join University City Little League's kick off with opening day on Saturday, March 4 at Standley Park, starting at 9 a.m. Opening day ceremonies start with the team/player parade led by the Standley Middle Marching Band, and continues with the first pitch, announcements of the 2016 all stars, and the exciting Tball Otter Pop Run. The snack bar will be open all day. Games start at 11 a.m. and it is free and fun for all. Special guests this year will be the Padres Pad Squad.

Good Deeds

UCLL opening day also is the annual baseball equipment exchange. Please bring any used gloves, bats, baseballs or other baseball equipment to exchange or donate. Any equipment left over will be distributed locally and abroad through Kids Gear for Baseball (www.kidsgearforbaseball.org). Tables and donation bins will be located near the snack bar (near the pool). For more information, visit www.ucll.org.





Artist's pop art event benefits local, national charities

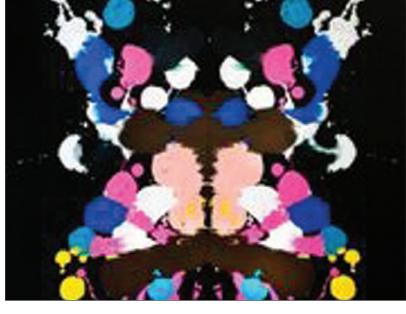
BY BLAKE BUNCH

Brisbane-born artist Shane Bowden is a ball of energy. Arriving at his massive studio space off Prospect Avenue, a host of entrepreneurs and PR representatives occupy his attention. His pieces, seemingly all of which possess vibrant, nearly Day-Glo neon paints – reflect the Aussie's high-speed mannerisms and colorful personality. Once he gains some space, he sets out two clear plastic stacking chairs. Bowden has a terrific sense of humor, which is also prevalent in most of his work.

"This whole area is going to be a retail space soon," said Bowden of the entry way to his gallery. "My studio is out on Morena Boulevard, and is damn near the same size, if not bigger."

He currently lives in Point Loma, and has operated from his current gallery space for one year (his previous location was on Herschel Avenue).

While pop art often denotes mass-production of ironic, yet highly-recognizable staples of our society, Bowden's work is quite personal and unique. One of the first pieces to catch one's eye is a psychedelic interpretation of the Rorschach test. Other pieces depict the infamous Muhammad



Artist Shane Bowden's pop interpretation of the Rorschach test.

PHOTO CONTRIBUTED

which is a pink neon interpreta-

While the Bowden Gallery on tion." 7655 Girard Avenue is set up as a retail space for the artist himself, he has partnered with millennialbased Millionaire San Diego and hose a fundraiser on Friday, Feb.

"The folks from Make-A-Wish

Ali pose, standing tall above the reached out to me, and I found it invisible Sonny Liston (while don- to be a tremendous pairing," said ning Mickey Mouse gloves), or Bowden. "For the event, I've creperhaps Bowden's best seller, ated an exclusive line of 10 pieces, of which all proceeds go tion of a Chanel fragrance bottle. to the Make-A-Wish Founda-

Millionaire San Diego was founded by 24-year-old entrepreneur Ethan Lu, and is a "millennial-Based" The Make-A-Wish Foundation to lifestyle brand with a focus on philanthropy. Lu saw a need that, despite the popular view of millennials as narcissistic and lackadaisical, most consider themselves social activists.

"Millionaire bridges the gap for well-connected millennials who have an interest in luxury living and social good," said Lu. "A lot of millennials want to give back but haven't found the right outlet to do so. With our mission in hosting social charity events and giving back, Millionaire San Diego connects both of those interests."

Art is typically expensive, with an argument that the piece purchased, albeit at a hefty cost, is seen as an "investment." Although Bowden celebrates international acclaim, with galleries in Japan and China, he is selling each piece at the event for a cool \$300 to \$400.

Bowden's view on pricing for the event, and in general, is quite

"My aim is to produce unique, cool and affordable pieces," he says. "We had another show planned rather close to this one, but decided that this would best serve the community."

After hosting this party, Bowden will be transitioning the entryway of his space into a retail area – for he has enough room to do so. Here, he will have a vast array of memorabilia with some of his best-known works. For more information, visit www.shanebowden.com, or call 858-729-9880.

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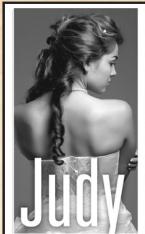
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Deja Vu Audio West is bringing analog back

BY BLAKE BUNCH

In this world of instant gratification, where everything can be accessed from the palm of one's hand, it is relieving to find a semblance of counterbalance. Luckily, for most San Diegans, La Jollans especially, the city does possess a thriving arts, music and culinary "scene" (term used reluctantly). Of course, it is nice, nay necessary, to "unplug" on a regular basis, to focus on the things that are truly important in life. Josh Turney, owner and co-founder of Deja Vu Audio West, lives by this ethos.

Turney and his fiancé and cofounder of Deja Vu, Victoria or "Vickie," opened the doors to the spacious, inviting audiophile oasis on Herschel Avenue in January, and have since settled in quite nicely. Originally from Alexandria, VA, Turney was living in the Williamsburg area of New York until this past September. His initial plan was to have a similar high-end audio space and jazz club in that area, which would have provided an ideal market for the entrepreneurs, but – wanting to be closer to his three young children – decided that La Jolla was the perfect destination.

"I was traveling back-andforth to see the kids so frequently, so one night Vickie posed the question 'Why don't we just move to San Diego?' Without hesitation, I agreed, which is highly unlike me."

Beginning his record collection at age 12, having inherited his love of jazz, Motown, and soul from his parents, Turney would continue this passion throughout his life. After working in finance for the better shade of two decades, Turney saw an opportunity to pursue a lifelong passion.

"My father really instilled the bug in me," said Turney. "Once I began the collection, I was hooked. After that, all I wanted to do was get the perfect setup and sounds to listen to said records."

The storefront, though not initially part of his concept, is extremely inviting to both audiophiles and simply those who catch a glimpse of the symmetrical, precise layout. Everything in its proper place. While the future Turneys will eventually sell vinyl, currently, they are specializing in four large open spaces with his record collection and several high-end audio setups per the acoustics of each room.

A middle-aged couple seems particularly interested in two massive vintage speakers.



Josh, and (the future) Vickie Turney.

PHOTO CONTRIBUTED

"Can we hear one song before we leave," asks the wife.

"Sure," Turney responds excitedly. "What are you guys into? Do you like Sinatra?"

"No!" both say in unison. Turney laughs, a bit bewildered, but probes the question further.

"I'm a jazz guy – do you like any funk or soul?" he asks.

"Not particularly," the customers continued. "I like old rock," says the husband.

"Okay. How about Zeppelin?"
Turney jumps up to grab a copy
of "IV" and lets the needle drop
gently. The opening bars of
"Good Times, Bad Times" fill the
entirety of the room, bringing a
smirk to the husband's face.

Turney, 38, maintains a wealth of knowledge across all genres and media, as seen in his extensive collection. Jazz does seem to be his initial love, however, from the big band classics to jazz with more obscure time signatures and content.

The couple, who live in Del Mar, are truly working at their dream jobs everyday. Initially hesitant to include a "store-front," Turney says that they have been seeing a great deal of traffic at their location off Herschel Avenue.

"The majority of people I speak with every day either got rid of all their vinyl, or stored them in boxes in their garage," said Turney. "What I think is a true shame, is that, people in my line of work truly dropped the ball in keeping people interested, and that is what we're looking to do at Deja Vu. It's such a tight-knit little world, but it is part of my job to make sure that collectors have access to the proper equipment and trends."

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Deja Vu possesses some rare turntables, speakers and other equipment, but when prompted as to his favorite piece in the store, Turney quickly runs through a few of his favorites, finally settling on one in particu-

"We have this monolithic vintage electric mono speaker that has been restored by Deja Vu Audio West," said Turney. "I truly like to put my money where my mouth is, so eventually we will be hosting live music, art, etc. at our location. As of right now, it's a great place to relax and talk about music."

The space at Deja Vu is inviting, even to those who may not consider themselves fanatics. It's nice to sit and experience nostalgia in a physical form, and this is how the young couple presents their space.

"I feel like, with vinyl, there's this unbelievable relationship," said Turney. "It replays these vivid images from your life, and is why I feel we'll always be attached to our records. That's our ultimate goal here — to get people reacquainted with their record collection."

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From my garden: Camellias are winter 'roses' for the garden

BY LINDA MARRONE

When most of my garden is sleeping in January and February, my camellia bushes wake up and burst into bloom and the profusion of elegant pink, white and red blossoms breathes a breath of springtime into the winter landscape. Their arrival is a much-anticipated event for both me and people who pass by my garden and ask what I do to get them to bloom so beautifully.

Our climate near the coast is perfect for growing camellias and mine seem to love the semi-shaded environment that receives mostly morning sun and the shelter my walled garden provides, so just like in real estate – location, location, location matters. I fertilize my camellias after they finish blooming, around Memorial Day, the Fourth of July, and Labor Day, which makes it easy to remember. An organic fertilizer for acidloving plants, such as Dr. Earth's Camellia Mix, will work wonders and will promote beautiful flowers. Remember that camellias should never be fed when they are in bloom, which is actually their dormant season and feeding them at this time might kill them.

When selecting camellias for your garden, there are six basic forms of flowers

to choose from: Single petal, semi-double, anemone, peony, rose double and formal double. Now is a good time to go to your local nurseries when they are in bloom and choose the shrub with the flowers and colors you prefer. Camellias also come in a variety of sizes and some of my older camellias are more than 12 feet tall. They can bloom at different times during the year and by selecting several different varieties, you can enjoy these graceful flowering shrubs in your garden from early fall, through the winter and into spring.

Never let your camellia plants dry out during the warm summer months, otherwise they will not bloom and their buds will simply fall off. A layer of organic mulch near the base of the plant will help retain moisture during the summer. My established camellias only needed a deep watering twice a week, but newly planted bushes should be watered more frequently when it warm. Camellias prefer slightly acidic soil that is rich in organic matter, which you can purchase and add to your soil before planting them. They also need good drainage and hate "wet feet." Keeping these tips in mind, you can also plant them in containers.



Camellias in Linda's garden display different forms of flowers.

PHOTO BY LINDA MARRONE

es to allow air circulation through the bush and remove old branches. Pruning should be done when the bush is in bloom and before its new growth sets in. In the spring, begin the fertilizing and hopefully, your plant will respond. I pruned a 60-plus year old camellia bush them! If you have an older camellia that is at another property I own that was not

not blooming, try lacing out the branch- blooming and it responded to the care and was covered with flowers the following year.

Today in my garden, we are not the only ones enjoying the camellias - the bees are flocking to the flowers to enjoy a winter feast and I am happy to host

SD theatre review: Awards, openings and all that jazz

BY CHARLENE BALDRIDGE

Playhouse News

Premiered at La Jolla Playhouse in August 2016, Ayad Akhtar's "Junk, the Golden Age of Debt," received the 2016 San Diego Critics Circle Craig Noel Award for Outstanding New Play on Feb. 6 the Jacobs Center for Neighborhood Innovation. The awards event was attended by 500 theater artists, administrators and fans. Inspired by real-life stories surrounding Wall Street traders Michael Milken and Ivan Boesky, the play concerns guile, greed and the unrelenting drive to succeed.

The riveting work opens Oct. 12 on Broadway at the Vivian Beaumont Theatre at Lincoln Center. Casting has yet to be announced, according to The New York Times of Feb.6. Akhtar's previous play, the Pulitzer Prize-winning "Disgraced" (seen at San Diego Rep in October), is this season's most-produced play nationwide.

The Playhouse recently announced a second (and final) extension, into its seventh week, for their current hit musical, Disney's "Freaky Friday," through March 19. Visit www.lajollaplayhouse.org or call 858-550-1010.

Sondheim to receive award

Composer/lyricist Stephen Sondheim, whose musical (with James Lapine) "Into the Woods" received its world premiere at the Old Globe Theatre in 1986, has received the annual PEN/Allen Foundation Literary Service



Joshua White, of the Josh White Trio. The ensemble will play at The Lot in Liberty Station PHOTO CONTRIBUTED

whose body of work helps us to understand and interpret the human condition." Actor Meryl Streep, who starred in and received an Oscar nomination for her role in the 2014 film adaptation of "Into the Woods," will present the prize April 25 at the American Museum of Natural History in New York City.

A Grammy for Yo-Yo

Yo-Yo Ma and Silk Road Ensemble received

Award, given "to a critically acclaimed writer a 2017 Grammy Award for "Yo-Yo Ma and the Silk Road Ensemble." Available now, their sixth album, "Sing Me Home," is winner in the category Best World Music Album. During the early years of his career, even prior to Silk Road Ensemble, Yo-Yo Ma made numerous appearances in the San Diego area, with L.A. Chamber Orchestra and San Diego Symphony at East County Performing Arts Center and at Civic Theatre and Sherwood Auditorium in La Jolla.

Greif-directed musical to open on Broadway

Patti Lupone (Helena) and Christine Ebersole (Elizabeth) are due to take "War Paint" to Broadway's Nederlander Theatre beginning in previews March 7. If you recall, the piece concerns the rivalry between Helena Rubinstein and Elizabeth Arden, "who gave birth to the industry that defined the 20th century standard of beauty." The book is by Doug Wright (recipient of the Pulitzer Prize for "I Am My Own Wife," which was seen early in its development and later, too, at La Jolla Playhouse) with Jefferson Mays. Mays is a UCSD graduate and multi-award winner, recently for "A Gentleman's Guide to Love and Murder." Scott Frankel wrote the music for "War Paint" with lyrics by Michael Korie. Staging the musical is former Playhouse artistic director (1994-1999) Michael Greif, who staged the original production of "Rent."

All that jazz

At 5 p.m. on Sunday, Feb. 26, White Box Live Arts concludes its jazz series with The Joshua White Trio, Joshua White on piano, Dean Hulett on bass and Dan Schnelle on drums. VIP seating for \$30, which includes table seating and food service from The LOT, located at 2590 Truxtun Road, Liberty Station, General admission is \$20 and student tickets cost \$10. Visit www.sandiegodancetheater.org, or call 619-225-1803.

From Bali to Guatemala: The Pantai Inn celebrates ancient cultures

BY BLAKE BUNCH

There is a great deal of mystery, myth and falsehood surrounding Mayan Civilization. A highly-intelligent society, and one of the six major "cradles of civilization," the Maya were some of the earliest humans to develop societal structures, ingenious methods of farming, complex language, a calendar system and astounding architectural advancements (just to name a few). Just as quickly as this society progressed, however, it quickly dissipated a fact that has astounded archaeologists for over a century.

Arguably one of the most memorable scenes in cinematic history involves Harrison Ford, as adventurer/archaeologist, Indiana Jones, witnessing the extraction of a human heart of a poor soul before him. While he eventually escapes, the scene is no less terrifying

Most will know that film was directed by Stephen Spielberg, but what they may not know is that he hired a historical consultant for that film, "Indiana Jones: The Temple of Doom." This consultant was Dr. Richard D. Hansen, one of the foremost archaeologists and scholars of Mayan Civilization.



Though the Pantai Inn is Balinese-themed, Bella Guatemala Travel held a recent private, well-attended event celebrating the ancient civilization of the Maya. PHOTO CONTRIBUTED

Hansen recently spoke at-length at a private event, Pantai Inn's "Welcome to the Land of the Maya" celebration on Feb. 16. The celebration, in conjunction with Bella Guatemala Travel, featured Guatemalan weavers, with their ancient and beautiful looms, specialty rum and coffee, and chocolate, of course.

Pantai Inn owner, Laurnie Durisoe, could not have been more excited to host the event. It doesn't hurt that the Pantai was recently named as the No.1

hotel/accommodation in San Diego by TripAdvisor. Durisoe, a native San Diegan, has been working in the hotel industry since she was 13.

"We are so thrilled to have had Hansen speak at the event," said Durisoe. "His knowledge in this area is beyond extensive - he was awarded the National Order of the Cultural Patrimony of Guatemala by Guatemalan President Oscar Berger. Also, Bella Guatemala hosted a ticket raffle for their 'Lost Kingdom of the Maya' tour, which will occur from May 3 to 14 and June 24 to July 5."

While the Pantai Inn is adorned in traditional Indonesian décor, and over the years they have been providing a taste of home for Balinese dignitaries and families alike, the event celebrated the best of two ancient, culturally-rich worlds. One from the East, the other from the West.

Both cultures maintain a reverence and extensive knowledge of the land in which they inhabit, so to celebrating Guatemalan and Mayan culture at a pristine collection of cottages and bungalows facing the Pacific Ocean coincided quite naturally.

The fire is back where it belongs as Sammy's reopens first pizza shop

BY MARTIN J. WESTLIN

If you're in a perpetual search for the best, most flavorful pizza in the history of the universe, and you probably are, you might consider the purchase of a pizza oven. The woodfired kind is coolest, because the fire is lit directly on the oven floor as the walls absorb the heat and lock

The drawback, of course, is the price tag. The best residential oven will run you nearly \$7,000.

Or you could just go to La Jolla's reopened Sammy's Woodfired Pizza & Grill and kill several birds with half a stone. Not only will your search probably end on the spot; you'll be supporting the venue's place in recent local history and the philanthropic spirit of the guy behind the

La Jolla resident Sami Ladeki introduced the Village to his flagship venue in 1989, touting his woodfired baking method as ideal for dairy-based items like pizza (which, oddly, is a national dish in foodbonkers France). Things went swimmingly until Sept. 5, 2015, when the building, at 702 Pearl St., sustained \$200,000 in smoke damage as a fire started in a flue that emptied to the roof.

About 50 firefighters knocked down the blaze in 30 minutes. No injuries were reported.

The Ladeki Restaurant Group painstakingly rebuilt, unveiling the recast venue on Jan. 30 with a ribbon-cutting and free kid-size desserts. Everything's picked up where it left off, including the iconic woodfired product that's fueled 20 Sammy's venues in Southern California and Neva-

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"Pizza" is actually a misnomer at Sammy's; the brand's growth has heralded motley entrees like lobster bisque, angel hair pasta and duck tacos. Meanwhile, chances are good that you're there for the dish that made Sammy's Sammy', and while you're familiar with names like New York, goat cheese and Sicilian, you'll be amazed at how woodfired preparation enhances their taste. A constant 650degree airflow ensures even cooking of the crusts and toppings, and the moisture in the dough is sealed off.

By definition, "soggy pizza" is a nonsequitur at Sammy's. Even the heavy truffle oil on my brie cheese entree stayed where it belongs.

"I've always operated with the premise that food is like fashion," Ladeki said in an interview with Food & Beverage; "you



It's all in the oven at Sammy's, where woodfiring is both science and art. PHOTO BY LIVETHEDESERTLIFE.COM

shouldn't sit still or you might find yourself out of style. Our restaurant concepts tory. Schools, small nonprofits and the have constantly evolved ... and we've been able to build strong clientele by keeping the favorites while adding new dishes. Now, I hear all the time about people who have grown up with Sammy's. I smile every time someone tells me that, because our restaurants have grown with our guests."

Lebanon-born Ladeki has opened more than 30 restaurants around the world and in 2014 was named Restaurateur of the Year by the California Restaurant Association. The group's choice was a no-brainer amid Ladeki's robust philanthropic his-Make-A-Wish Foundation are high on his list, and the San Diego Press Club recognized as much in 2012, when it conferred its Headliner Award on Ladeki.

Indeed, Ladeki's generosity is evident in his signature dish. Bumper helpings and a commitment to freshness mark his La Jolla venue, and while recent history might note "woodfired" as a bit of a pun, Sammy's is having the last laugh.

HBO premieres 'Big Little Lies' at San Diego International Film Festival

BY TERRI STANLEY

The San Diego International Film Festival partnered with HBO for the San Diego premiere of "Big Little Lies," the cable giant's limited series based on Liane Moriarty's 2014 best-selling novel of the same name, which drew a packed house at The Lot in La Jolla on Wednesday night.

"We couldn't be more pleased to partner with San Diego's independent film festival and HBO to showcase this amazing venue," said Lot general manager Robert Smythe. "We have beautiful theaters, ample parking and a fantastic restaurant to support what Hollywood and networks like HBO need to do. It's a perfect marriage."

Under a fine evening mist that blanketed the sky, the crowd of 300 film supporters and friends walked into the sophisticated and hip venue that combines entertainment with al fresco dining to preview the first two episodes of "Big Little Lies," which stars Reese Witherspoon and was created by seven—time Emmy Awardwinner David E. Kelley.

Guests were treated to a lively red carpet followed by an after-party at the theater's restaurant with actor James Tupper, who plays Nathan Carlson in the comedydrama, and who, with his partner Anne Heche, enjoyed mingling with San Diego's film lovers and cultural cosmopolites before and after the film.

The opening night excitement was immediately replaced by a hush as festival director Tonya Mantooth took to the stage to introduce Tupper, who talked about the extraordinary experience shooting with director Jean Marc Vallee.

"The director was the part of the puzzle that really was phenomenal for me" said Tupper. "He kind of created a whole new way of film making, where he hangs out with a camera and we shoot in one place for six hours, he just moves the hand-held camera around and gets all these little nuances, little details, no lighting packages, no hair and makeup people around, just us."

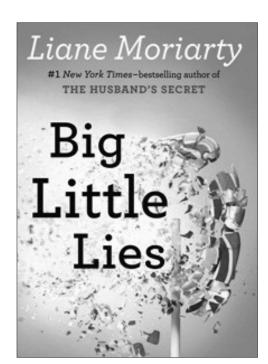
Based on the New York Times best-seller, "Big Little Lies" is a seven-episode "who done it" that deals with domestic violence

and friendship in the seaside town of Monterey. Witherspoon and Nicole Kidman, who bought the rights to the book and are two of the executive producers, lead a stellar cast that includes Tupper, Laura Dern, Shailene Woodley, Zoe Kravitz, and Alexander Skarsgård.

Described by HBO as a tale told through the eyes of three mothers, Madeline (Witherspoon), Celeste (Kidman), and Jane (Woodley), they befriend each other in a town fueled by rumors and divided into the "haves" and "have nots." Conflicts, secrets and betrayals compromise relationships between husbands and wives, parents and children, friends and neighbors

On the red carpet, Tupper was effusive in his praise for HBO but was most impressed with his accommodations during the shoot. "Working with HBO was amazing, and everyone on that set felt the same way but I really knew I made it when I walked into my trailer. I had a big flat screen and I brought my kids over and said 'Come on, you gotta see what Dad is doing!'"

The "Big Little Lies" screening kicks off



'Big Little Lies' is sure to be a hit series for HBO. PHOTO CONTRIBUTED

the SDIFF's Insider Series and is the first in a sequence of six private screenings that will be held once a month from February through July in La Jolla. The series is available to the public, and can be purchased for a limited period of time, at the reasonable price of \$150. Created by Tonya Mantooth, the executive and artistic director of the SDIFF, the package includes private screenings, a cocktail party, and a "Q and A" session with special guests and a post champagne reception with dessert.

"The Insider Series gives people a chance to come out and see exclusive premieres, meet the actors or filmmakers and socialize with fellow film-lovers," says Mantooth. "It is exactly the experience I want to create for our members. In a time when things are so divisive, film reminds us that our bond is through human connection. San Diego International Film Festival is a place where people can come together, experience cinema, create dialog and maybe take in a new perspective."

The 2017 festival, which begins on Oct. 4 and will run through Oct. 8, comes on the heels of the most successful year the festival has ever seen in terms of attendees and star power. A few of the Oscar-nominated independent films screened at the 2016 San Diego festival include: the Weinstein Company's "Lion," nominated for six Academy Awards including Best Picture, and "Hell or High Water," which garnered four Academy Award nominations including Best Actor for Jeff Bridges.

According to Mantooth, the goal of the festival this year is to grow the awareness and audiences that attend the October festival and to increase the audience of film lovers in the San Diego and north county communities that want to engage in independent film all year long.

For more information on the Insider Series, visit www.sandiegofilmfest.com.



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LEGAL ADS 900

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001922 Fictitious Business Name(s) ORGANIC PACIFIC LANDSCAPING located at 1442 YOST DR. SAN DIEGO, CA. 92109 is registered by the following: ROBERT ZANCHETTA

continued on page 17



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Overall restaurant service_ New restaurant **Best Chef** Breakfast Lunch Dinner Take-out Sunday brunch Family restaurant Best Atmosphere Restaurant Service Restaurant w/ Wine List Wine Shop Wine Bar Beer Selection_ Sports Bar_ Martini Place to People Watch Pet Friendly Restaurant_ Live music Place to Dance Happy hour _ Best Comfort Food Late Night Eatery

Place to go on a budget Place for a birthday party Most romantic Best ocean view Appetizer Burger Fish Taco Fish & Chips Margarita Omelette Pastry Pizza Pita Salad Sandwich Steak Sushi Seafood BBO Asian fusion Thai_

Greek French Indian Italian Mediterranean Mexican Mexican (fast food) Bakery Bar Catering Coffee shop Deli_ Gellato Ice cream Vegetarian Patio dinning Wings _ Frozen yogurt Juice Bar

LEGAL ADS 900

This business is conducted by: AN INDIVIDUAL The first day of business was: 06/01/2016 Registrant Name: ROBERT ZANCHETTA Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 23, 2017 ISSUE DATES: FEB 02, 09, 16 AND 23, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001870 Fictitious Business Name(s) WEIGHT LOSS MD CHULA VISTA located at: 105 BROADWAY STE 201 CHULA VISTA, CA 91911 is registered by the following: CHULA VISTA MEDICAL WEIGHT LOSS, INC. This business is conducted by: A CORPORATION CHULA VISTA MEDICAL WEIGHT LOSS, INC. 1105 BROADWAY STF 201 CHULA VISTA, CA. 91911 CALIFORNIA The first day of business was: 12/28/2016 Registrant Name: RITA STARRITT Title of Officer, if Limited Liability Company / Corporation PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 20, 2017 ISSUE DATES: FEB 02, 09,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000349 Fictitious Business Name(s) BROCKETT DENTAL CORPORATION, DAVID E BROCKETT D.D.S. located at: 7776 IVANHOE AVE. SUITE 100, LA JOLLA, CA. 92037 is registered by the following: BROCKETT DENTAL CORPORATION This business is conducted by: A CORPORATION BROCKETT DENTAL COR-PORATION LA JOLLA, CA. 92037 CALIFORNIA The first day of business was: 01/01/2015 Registrant Name: JEFFERY E. BROCKETT D.D.S. Title of Officer, if Limited Liability Company / Corporation PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 05, 2017 ISSUE DATES: FEB 02, 09, 16 AND 23, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000197 Fictitious Business Name(s) ARTALE AND SONS BOAT REPAIR located at: 2608 SHELTER ISLAND DR. SAN DIEGO, CA. 92106 is registered by the following: ANTHONY ARTALE, CHRISTOPHER ARTALE This business is conducted by: A GENERAL PARTNER-SHIP The first day of business was: NOT APPLICABLE Registrant Name: ANTHONY ARTALE Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 04, 2017 ISSUE DATES: FEB 02, 09, 16 AND 23, 2017.

SUPERIOR COURT OF CAUTEORNIA CIVIL DIVI-SION, COUNTY OF SAN DIEGO 330 W. BROAD-WAY SAN DIEGO, CA, 92101 CASE NO: 37-2016-35390 PETITIONER OR ATTORNEY, Ryan James Christopher Soggs 833 21st St. San Diego, Ca. 92106 (949)540-3102 AMENDED Petition of Soggs HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETI-TIONER'S NAME FROM RYAN JAMES CHRISTOPHER SOGGS TO RYAN JAMES CHRISTOPHER SHAFER THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 10, 2017 TIME: 8:30 AM DEPT 46 SUPERIOR COURT OF CALIFORNIA Civil Division 220 W. Broadway San Diego, Ca. 92101 ISSUE DATES: FEB 02, 09, 16 AND

SUPERIOR COURT OF CALIFORNIA CIVIL DIVI SION, COUNTY OF SAN DIEGO 330 W. BROAD-WAY SAN DIEGO, CA. 92101 CASE NO: 37-2017-00003000-CU-PT-CTL PETITIONER OR ATTORNEY, Cherie Lynn Winnie 329 Daisy Ave. Imperial Beach, Ca. 91932 (619)632-2231 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM CHERIE LYNN WINNIE TO CHERIE LYNN GONZALES SHAFER THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing, NOTICE OF HEARING TO BE HELD ON MAR 10, 2017 TIME: 8:30 AM DEPT 46 SUPERIOR COURT OF CALIFORNIA Civil Division 220 W. Broadway San Diego, Ca. 92101 ISSUE DATES: FEB 02, 09, 16 AND 23, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001803 Fictifious Business Name(s) QUICKSELL.ORG, RENT2OWNSDHOMES located at: 8605 SANTA MONICA BLVD. 339152 LOS ANGELES, CA. 90069 is registered by the following: ALKALINE PROPERTIES, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY ALKALINE PROPERTIES, LLC. 8605 SANTA MONICA BLVD. #39152 LOS ANGELES, CA. 90069 The first day of business was: NOT APPLICABLE Registrant Name: CAR-

LOS PARAS Title of Officer, if Limited Liability Company / Corporation MANAGER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 20, 2017 ISSUE DATES: FEB 02, 09, 16 AND 23, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-002337 Fictitious Business Name(s) K. M. AUTO located at: 9310 TOWNE CENTER #73 SAN DIEGO, CA. 92121 is registered by the following: KISSY CATALINA MARTINEZ This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: KISSY CATALINA MARTINEZ Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 25, 2017 ISSUE DATES: FEB 02. 09. 16 AND 23. 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-002829 Fictitious Business Name(s) DOC ELLIOTT GROOMING located at: 5:463 VIA CARANCHO SAN DIEGO, CA. 92111 is registered by the following: TRACEY MARTINSON This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: TRACEY MARTINSON Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 31, 2017 SEUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

SUPERIOR COURT OF CALIFORNIA CIVIL DIVI-SION, COUNTY OF SAN DIEGO 330 W. BROAD-WAY SAN DIFGO, CA. 92101 CASE NO: 37 2017-00003609-CU-PT-NC PETITIONER OR ATTORNEY, Deena Lynn Ellisor 2216 Garfield Road San Diego, Ca. 92110 (858)210-2887 HAS FILED A PETITION WITH THIS COLIRT FOR A DECREE CHANGING PETITIONER'S NAME FROM DEENA LYNN ELLISOR TO DEENA FLUSOR FLYNN THE COURT ORDERS that all before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 21, 2017 TIME: 8:30 AM DEPT 26 SUPERIOR COURT OF CALIFORNIA North County Division 325 South Melrose Dr Vista, Ca. 92081-6627 ISSUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001919 Fictitious Business Name(s) SIMPLER GIFTS PRESS located at: 1050 ROSE-CRANS ST., SUITE D SAN DIEGO, CA. 92106 is registered by the following: ALBERT L. HALFF This business is conducted by: AN INDIMDUAL The first day of business was: 10/01/1983 Registrant Name: ALBERT L. HALFF Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Cierk of San Diego County on: JAN 23, 2017 ISSUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-002570 Fictitious Business Name(s) PIGTAILS & CREWCUTS located at: 2865 SIMS RD. STE 100 SAN DIEGO, CA. 92106 is registered by the following: CALI CREWCUTS LLC This business is conducted by: A LIMITED LIA-BILITY COMPANY PIGTAILS & CREWCUTS 2865 SIMS RD, STF 100 SAN DIFGO, CA. 92106 CALIFORNIA The first day of business was: 12/28/2010 Registrant Name: KENDRA C. KEATING Title of Officer, if Limited Liability Company / Corporation MANAGER / OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of Sal Diego County on: JAN 27, 2017 ISSUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001592 Fictitious Business Name(s) OFFSET ARCHITECTURE located at: 1190 ENCINITAS BLVD. 245K ENCINITAS, CA. 92024 is registered by the following: FLAVIA VALERIO GOMES, RENATA MENDES CARVALHO ROCHA This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: NOT APPLICABLE Registrant Name: RENATA MENDES CARVAHLO ROCHA Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 19, 2017 ISSUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-003031 Fictitious Business Name(s) LUTZ SERVICES located at: 4573 ADAIR ST. SAN DIEGO, CA. 92107 is registered by the following: TANYA LUTZ This business is conducted by: AN INDIVIDUAL The first day of business was: 02/01/2017 Registrant Name: TANYA LUTZ Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 01, 2017 ISSUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION, COUNTY OF SAN DIEGO 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2017-00004052-CU-PT-CTL PETITIONER OR ATTORNEY, Karen Sue Ostrand HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM KAREN SUE OSTRAND TO KARIN SUE OSTRAND THE COURT ORDERS that all persons interested in

this matter shall appear before this court at the hearing indicated below to show cause. if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 24 2017 TIME: 9:30 AM DEPT 46 SLIPE: RIOR COURT OF CALIFORNIA Central Division 220 West Broadway San Diego, Ca. 92101 ISSUE DATES: FEB 09, 16, 23 AND MAR 02,

SUPERIOR COURT OF CALIFORNIA CIVIL DIVI-SION, COUNTY OF SAN DIEGO 330 W. BROAD-WAY SAN DIEGO, CA. 92101 CASE NO: 37 2017-00003978-CU-PT-CTI_PETITIONER OR ATTORNEY, Jennifer Ruth Candy 632 Missouri Street Unit 5 San Diego, Ca. 92109 (763)244-COURT FOR A DECREE CHANGING PETITION-ER'S NAME FROM JENNIFER RUTH CANDY TO JENNIFER RUTH KALIA-OVERLIF THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 17, 2017 TIME: 8:00 AM DEPT 64 SUPERIOR COURT OF CALIFORNIA Central Division 220 West Broadway San Diego, Ca. 92101 ISSUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-003122 Fictitious Business Name(s). VORTIZ HOUSE REPAIR MAINTENANCE located at: 4557 MANITOU WAY SAN DIEGO, CA. 92117 is registered by the following: OLIVER VARGAS This business is conducted by: AN INDIVIDUAL The first day of business was: 01/30/2017 Registrant Name: TANYA LUTZ Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 02, 2017 ISSUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

NO. 2017-001936 Fictitious Business Name(s) JIM'S HOME REPAIRS located at: 3021 QUIM-BY ST. SAN DIEGO, CA. 92106 is registered by the following: JAMES GOUGH This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JAMES GOUGH Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 23, 2017 ISSUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-003390 Fictifious Business Name(s) NINSTABANGER PRODUCTIONS located at: 3738 PROMOTORY ST. SAN DIEGO, CA. 92106 is registered by the following: JACOB MC MAHON This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JACOB MC MAHON Tile of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Ori: FEB 06, 2017 ISSUE DATES: FEB 09, 16, 23 AND MAR 02, 2017

SUMMONS NOTICE TO DEFENDANT: SARAH JUNE CHILDRESS, an individual; and DOES 1-10, inclusive YOU ARE BEING SUED BY PLAIN-TIFF: FREELANCE VPS, LLC., a California lim-BUSINESS ON MARKET ST NOTICE! YOU HAVE BEEN SUED. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more informa tion at the California Courts online Self-Heln Center (www.courtinfo.ca.gov/selfhelp), your county law library or the courthouse nearest you. If you cannot pay the filing fee, ask the file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal require ments. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca. gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the

case. The name and address of the court is:

SUPERIOR COURT of CALIFORNIA 330 W Broadway San Diego, Ca. 92101 CASE NO: 37-2016-00019894-CU-CL-CTL The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: JAMES JAY STOFFEL (SBN 83947) JAMES JAY STOFFEL, A.P.LCC. 7676 HAZARD CENTER DRIVE, SUITE 500 SAN DIEGO, CA. 92108 619-297-4800 Date: DEC 16, 2016, Clerk, by S. Goodrich, Deputy, Issue Dates: FEB 09, 16, 23 AND MAR 02, 2017

SUPERIOR COURT OF CALIFORNIA, SAN DIEGO

COUNTY CENTRAL DIVISION Case No. 37 2016-00044234-CU-FR-CTI_STATEMENT_OF DAMAGES FREELANCE VPS, LLC., a California limited liability company, doing business as BUSINESS ON MARKET STREET Plaintiff v. SARAH JUNE CHILDRESS, an individual; and DOES 1-10, inclusive, Defendants, TO: Defendant SARAH JUNE CHILDRESS, an individual Plaintiff, FREELANCE VPS, LLC., a California limited liability company doing business as BUSINESS ON MARKET STREET, seeks damages in the above-entitled action, as follows Damages Pursuant to California Civil Code §3336 California Civil Code §3336 provides that the detriment caused by the wrongful conversation of personal property is presumed to be: First-The value of the property at the time of the conversation, with the interest from that time, or, an amount sufficient to indemnify the party injured for the loss which is the natural reasonable and proximate result of the wrongful act complained of and which a proper degree of prudence on his part would not have averted: and Second-A fair compensation for the time and money properly expended in pur suit of the property. Damages. First Cause of Action \$306,010.10 Value of the property converted Second Cause of Action \$6,123.45 Value of the property converted First and Sec ond Causes of Action \$14,241.70 Damages for time and money properly expended in pursuit of the converted including reasonable legal fees in the amount of \$13,506.70, based on the in Diego Superior Court's Local Rule, Rule 2.5.10 and filing fee of \$435 and estimated cost for service of documents and service by nublication if necessary for \$300. Third Cause of Action \$312,123.05 Monetary loss suffered by defendant SARAH JUNE CHILDRESS' fradulent concealment All Causes of Action \$100,000,00 Punitive and Exemplary Damages All Causes of Action Interest at the legal rate of (10%) from date of conversation and concealment to date of judgment Dated: December 21, 2016 BEBERMAN, STOFFEL & BEBERMAN JAMES JAY STOFFEL Attorney for FREELANCE VPS, LLC., a California limited liability company doing business as BUSINESS ON MARKET STREET Issue Date(s): Feb 09, 16 23 and Mar 02 2017

SUPERIOR COURT OF CALIFORNIA CIVIL DIVI-SION, COUNTY OF SAN DIEGO 330 W. BROAD WAY SAN DIEGO CA 92101 CASE NO: 37 2017-00003749-CU-PT-CTL PETITIONER OR ATTORNEY, Monique Campbell & Charlton Campbell 4022 Chamoune Ave Apt 7 San Diego, Ca. 92105 619-930-2848 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME ON BEHALF OF MINOR JAYCE BLUE FROM JAYCE TYRUS SEAN BLUE TO JAYCE SEAN CAMPBELL THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is sched uled to be heard and must appear at the hearing to show cause why the petition should not granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 24, 2017 TIME: 8:30 AM DEPT 46 SUPE RIOR COURT OF CALIFORNIA Central Division 330 West Broadway San Diego, CA, 92101 ISSUE DATES: FEB 09, 16, 23 AND MAR 02

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-003544 Fictitious Business Name(s) AK POOL & SPA DETAILING located at: 4870 BRIGHTON AVE. SAN DIEGO, CA. 92107 is registered by the following: ANDREW KAP-PENMAN This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JACOB MC MAHON Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 07, 2017 ISSUE DATES: FEB 16, 23 MAR 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001277 Fictitious Business Name(s) LA JOLLA LOUVFE located at: 7629 GIRARD AVE SUITE C-2 LA JOLLA, CA. 92037 is registered by the following: MYLES F. TWEEDY, SHANNA TWEEDY This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MYLES F. TWEEDY Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 17, 2017 ISSUE DATES: FEB 16, 23 MAR 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-003661 Fictitious Business Name(s) VAGRANT MEDIA GROUP located at: 1501 FRONT ST. UNIT 388 SAN DIEGO, CA. 92101 is registered by the following: PETER CHEN This business is conducted by: AN INDIVIDUAL The day of business was: 10/01/2016 Regis-

trant Name: PETER CHEN Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 08, 2017 ISSUE DATES: FEB 16, 23 MAR 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-003725 Fictitious Business Name(s) WOO FOR PLAY located at: 5414 OBERLIN DRIVE SUITE 140 MIRA MESA, CA. 92121 is registered by the following: WOO ENTERPRISES, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY WOO ESSENTIALS, LLC. 5414 OBERLIN DRIVE SUITE 140 SAN DIEGO, CA. 92121 The day of business was: 05/25/2016 Registrant Name: WESTIN MITCHELL Title of Officer, if Limited Liability Company / Corporation MANAGER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 08, 2017 ISSUE DATES: FEB 16, 23 MAR 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001908 Fictitious Business Name(s) JOCKO STORE, JOCKO PODCAST located at: 3666 MIDWAY DR SAN DIEGO, CA. 92110 is registered by the following: JOCKO COMMAND, LLC. This business is conducted by: A LIMIT-ED LIABILITY COMPANY JOCKO COMMAND, LLC. 3666 MIDWAY DR. SAN DIEGO, CA. 92110 The day of business was: 11/28/2016 Registrant Name: JOHN G. WILLINK Title of Officer, if Limited Liability Company / Corporation MANAGER The statement was filed with Emest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 23, 2017 ISSUE DATES: FEB 16, 23 MAR 02 AND 09, 2117

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-003873 Fictitious Business Name(s) THE PADDLE DOJO located at: 10730 PENERA ST. SAN DIEGO, CA. 92126 is registered by the following: REDENTOR PEDRICK This business is conducted by: AN INDIVIDUAL The day of business was: NOT APPLICABLE Registrant Name: REDENTOR PEDRICK Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 09, 2017 ISSUE DATES: FEB 16, 23 MAR 02 AND 09, 2017

SUPERIOR COURT OF CALIFORNIA CIVIL DIVI SION, COUNTY OF SAN DIFGO 330 W. BROAD-WAY SAN DIEGO, CA. 92101 CASE NO: 37-2017-00003745-CU-PT-CTL PETITIONER OR ATTORNEY, Paul Andrew Cavallero Laddis La Jolla. Ca. 92037 858-216-6913 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM PAUL ANDREW CAVALLERO LADDIS TO ANDREW CAVALLERO that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing, NOTICE OF HEARING TO BE HELD ON RIOR COURT OF CALIFORNIA Central Division 330 West Broadway San Diego, CA. 92101 ISSUE DATES: FEB 16, 23 MAR 02 AND 09,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-001671 Fictitious Business Name(s) NUT FUSION located at: 1359 S. CREEKSIDE DR. CHULA VISTA, CA. 91915 is registered by the following: NUTFUSION, LLC. This business

is conducted by: A LIMITED LIABILITY COM-PANY NUTFUSION, LLC. 1359 S. CREEKSIDE DR. CHULA VISTA, CA. 91915 CALIFORNIA. The day of business was: 06/14/2016 Registrant Name: TAHNOHN HAYES Title of Officer, if Limited Liability Company / Corporation MAN-AGER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 19, 2017 ISSUE DATES: FEB 16, 23 MAR 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-003094 Fictitious Business Name(s) VESSEL, HERLIG located at: 2068 ANACONDA LANE ENCINITAS, CA. 92024 is registered by the following: LAURA BOWMAN This business is conducted by: AN INDIVIDUAL The day of business was: NOT APPLICABLE Registrant Name: LAURA BOWMAN Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 02, 2017 ISSUE DATES: FEB 23 MAR 02, 09 AND 16, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-000604 Fictitious Business Name(s) FAMILY FIRST REAL ESTATE located at: 2820 CAMINO DEL RIO SOUTH, #314 SAN DIEGO, CA. 92108 is registered by the following: KELLI WILLIAMSON This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: KELLI WILLIAMSON Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 09, 2017 ISSUE DATES: JAN 19, 26 FEB 02 AND 09, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-004401 Fictitious Business Name(s). NAMASTE KID YOGA located at: 4422 NEW-PORT AVE. SAN DIEGO, CA. 92107 is registered by the following: MELANIE RICHARDSON This business is conducted by: AN INDIVIDUAL The day of business was: 10/22/2016 Registant Name: MELANIE RICHARDSON Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 15, 2017 ISSUE DATES: FEB 23 MAR 02, 09 AND 16, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-004180 Fictitious Business Name(s) PIGTAILS & CREWCUTS located at: 157 N. TWIN OAKS VALLEY ROAD, STE, 132 SAN MARCOS, CA. 92069 is registered by the following: CALI CREWCUTS, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY CALI CREWCUTS, LLC. 2865 SIMS ROAD, STE. 100, SAN DIEGO, CA. 92106 CALIFORNIA The day of business was: 04/28/2014 Registrant Name: KENDRA C. KEATING Title of Officer. it Limited Liability Company / Corporation MAN-AGER / OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 13, 2017 ISSUE DATES: FEB 23 MAR 02, 09 AND 16, 2017

NO. 2017-004181 Fictitious Business Name(s) PIGTAILS & CREWCUTS located at: 2650 VIA DE LA VALLE, STE C-150 DEL MAR, CA. 92014 is registered by the following: CALI CREWCUTS, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY CALI CREWCUTS, LLC. 2865 SIMS ROAD, STE. 100, SAN DIEGO, CA. 92106 CALIFORNIA The day of business was: 05/25/2012 Registrant Name: KENDRA C. KEATING Title of Officer, if Limited Liability Company / Corporation MANAGET / OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 13, 2017 ISSUE DATES: FEB 23 MAR 02, 09 AND 16, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-004391 Fictitious Business Name(s) GREG CARLWOOD, THE HIGHERSIDE CHATS located at: 2609 WORDEN ST. SAN DIEGO, CA. 92110 is registered by the following: GREG CARLSON This business is conducted by: AN INDIVIDUAL The day of business was: 11/15/2016 Registrant Name: GREG CARLSON Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 15, 2017 ISSUE DATES: FEB 23 MAR 02, 09 AND 16, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-004556 Fictitious Business Name(s) LAURA PEJSA MOBILE MASSAGE located at: 8319 SHASTA ST. SAN DIEGO, CA. 92109 is registered by the following: LAURA PEJSA This business is conducted by: AN INDIVIDUAL. The day of business was: 0.1/15/2008 Registrant Name: LAURA PEJSA Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 16, 2017 ISSUE DATES: FEB 23 MAR 02, 09 AND 16, 2017

SUPERIOR COURT OF CALIFORNIA CIVIL DIVI SION, COUNTY OF SAN DIEGO 330 W. BROAD WAY SAN DIFGO, CA. 92101 CASE NO: 37 2017-00005988-CU-PT-CTL PETITIONER OR ATTORNEY, Karl J. Richstatter and Mariah A Van Zerr 2220 Palermo Drive #11 San Diego CA 92106 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITION ER'S NAME FROM KARL JAMES RICHSTATTER to Karl James Vanzerr from Mariah ann van Zerr to Mariah ann vanzeer that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the peti tion should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing, NOTICE OF HEARING TO BE HELD ON APR 14, 2017 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO. AND 16, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-004533 Fictitious Business Name(s) 1303 BUILDERS located at: 2775 KURTZ ST STE 12 SAN DIEGO, CA. 92110 is registered by the following: 13 ZERO 3 INC. This business is conducted by: A CORPORATION 13 ZERO 3 INC. 2775 KURTZ ST STE 12 SAN DIEGO, CA. 92110 CALIFORNIA The day of business was: 02/16/2017 Registrant Name: GAETANO GIACALONE Title of Officer, if Limited Liability Company / Corporation PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 16, 2017 ISSUE DATES: FEB 23 MAR 02, 09 AND 16, 2017

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2017-004571 Fictitious Business Name(s) SUN PHOTOGRAPHER located at: 4155 WEST POINT LOMA BLVD. APT 309 SAN DIEGO, CA. 92110 is registered by the following: KATERY-NA FEDOROVA This business is conducted by: AN INDIVIDUAL The day of business was: 02/01/2017 Registrant Name: KATERYNA FEDOROVA Title of Officer, if Limited Liability Company / Corporation The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 16, 2017 ISSUE DATES: FEB 23 MAR 02, 09 AND 16, 2017

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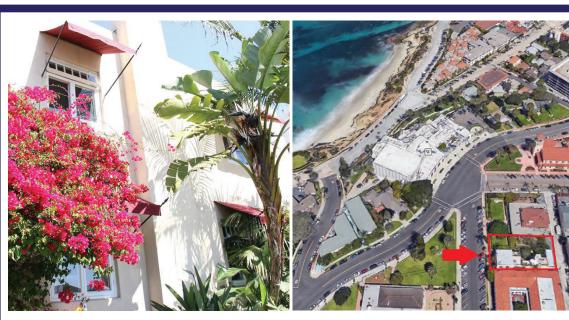
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CONT. FROM PG. 6

divers and divers from all over the world."

"During his illustrious career, Walter has consulted with and advised presidents, kings, prime ministers, Pope Francis and the Dali Lama," said Kraszewski. "Considering an appropriate way to thank and honor such a remarkable and humble person, we propose the sidewalk on La Jolla Shores boardwalk be renamed 'Walter Munk Way.'"

Of Munk, Steve Gallagher, assistant vice chancellor from

UC San Diego's Scripps Institution of Oceanography commented, "Walter Munk is a living legend who's research has made Scripps a world-class institution."

Gallagher then gave a presentation on the proposed Marine Conservation Facility, a project involving a small addition to and repurposing of the former NOAA buildings on Scripps campus.

"We're beginning a renewal program for our facilities at Scripps, including project renovation and expansion of existing facilities," Gallagher said citing the former NOAA South-

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west Fisheries Science Center as one example. "We want to make it a world-class facility pumping in seawater from the end of Scripps Pier to be used in laboratories there," he said.

Gallagher pointed out the creation of new wet labs in the former NOAA building will "allow hands-on teaching for students, and create a new 100-person classroom where we can conduct research seminars and hold events."

Noting Safdie Rabines Architects is doing design work on the NOAA conversion project, Gallagher added, "Actual construction drawings will be finished in June, and our plan is to award the contract in September and begin construction in October for the facility to be occupied in fall 2018."

LJSA reiterated its staunch opposition, along with other La Jolla civic groups, to the expansion of DecoBike's bikeshare program north from Pacific Beach into La Jolla.

"We do not want them to come into La Jolla Shores," noted board member Angie Preisendorfer adding "Not one person was pro-Decobike," at several other similar discussions she's attended at local civic groups.

"This company is taking away from our businesses," concurred Kraszewski. "We don't want an outside group that doesn't benefit our community at all."

LJSA meets every 2nd Wednesday from 6:30 to 8:30 p.m. at Scripps Institution of Oceanography Building T-29. For more information visit www.ljsa.org or email ljsa.org@gmail.com.

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