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Time and the elements have temporarily claimed Windansea Beach's central icon (shown here as a Christmas eve wave nearly washed it away), but a volunteer group is totally on the case. PHOTO BY JIM GRANT

El Nino: The second of a one-two punch hits La Jolla

Windansea Beach's iconic Shack is on track to make a comeback

By MARTIN JONES WESTLIN
AND DAVE SCHWAB

Per last week's ferocious storms, El Niño has welcomed itself to the area in no uncertain terms. La Jolla was one of several communities placed under a tornado warning on Jan. 6 – and though a twister didn't materialize, the forecast rains certainly made up for it. Accord-

ing to the NOAA regional climate center, La Jolla rain totals reached anywhere between 3.5 and 5 inches in the period Jan. 1 to Jan. 9, versus the 2.28-inch average the neighborhood usually sees throughout the entire month.

The current forecast calls for 10 to 20 percent chances of rain in San Diego through at least Wednesday, Jan. 20,

and that's pretty cool – in any event, the damage to La Jolla is already done on two fronts, and one weather-related incident didn't even wait for the new year.

In the wake of a Christmas eve monster wave that quite literally took the legs out from under it, The Shack, Windansea Beach's iconic, thatch-covered landmark, is on track to a comeback,

thanks to the efforts of volunteers.

According to at least one account, “a mother of a wave” during an early-morning high tide Dec. 24, with 4- to 6-foot surf, crashed down on the historically designated beach icon, hobbling one of the four upright pillars supporting it.

SEE WEATHER>> PG. 4

Town council may be on a roll amid latest Cove sea lions plan

By DAVE SCHWAB

In a rare moment of unity, La Jollans packing a room to hear a low-tech, relatively inexpensive proposal for deterring problematic rock-climbing sea lions at La Jolla Cove agreed the latest solution could be the right one.

Residents and merchants turned out for a special meeting at La Jolla Community Center called by a La Jolla Town Council subcommittee Jan. 12 to address the problem. The subcommittee has determined that spinning “roller-barriers,” erected between embedded posts in an area strategically located along pathways used by the sea lions, could at least be a partial answer. Similar barriers



This un-sexy device may spell success in fighting the sea lions that encroach on La Jolla Cove. PHOTO CONTRIBUTED

ers have been used to deter coyotes and cats.

“We've been looking for a solution that is going to protect the sea lions, not harm them, and also protect people so everything can live together in harmony while protect-

SEE COVE>> PG. 5

Clearer residential regulations, Village secession urged as La Jolla greets 2016

By DAVE SCHWAB

Two La Jolla activists have weighed in on Village prospects for 2016, one urging Village independence from the city while the other encourages clarity of existing regulations for homeowners and developers.

Longtime La Jolla resident Melinda Merryweather, a member of La Jolla Parks and Beaches, Inc., sees a recent beach casualty as a priority, adding that La Jolla would save considerable money if it were its own city.


“The project ahead for

'Independent La Jolla is going to do a fundraising drive to do a new feasibility study.'

MELINDA MERRYWEATHER,
LA JOLLA RESIDENT

Friends of Windansea,” Merryweather said, “is to get the Shack back up at the beach (see related story at left). That looks to be the end of March

SEE 2016>> PG. 4



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Fashion Film Festival may take up at The Conrad in 2018

By MARTIN JONES WESTLIN

The La Jolla International Fashion Film Festival is gearing up for its seventh year, to run at the Museum of Contemporary Art in La Jolla for two days, July 29 and 30. Our notice may be a little ahead of schedule, but there's a bigger news picture here – namely that the museum will be closing for reconstruction. This means that ideally, the festival will relocate into The Conrad Prebys Performing Arts Center (“The Conrad,” in the vernacular), with La Jolla Music Society as anchor tenant. Opening date is expected in January of 2018.

Fred Sweet, festival producer, said that this turns out to be perfect timing for the event.

The 44,000-square-foot facility, to be located at 7600 Fay Ave., was designed by Epstein Josln Architects, of Cambridge, Mass. Yasuhisa Toyota, president of Nagata Acoustics America, will develop the sound system. Both these elements mean that the facility's acoustic excellence will be recognized internationally. This world-class home is perfect for the prestigious festival participants who fly into La Jolla from around the world.

Construction on the Conrad started the week of Dec. 14. And that's only part of the news.

“They (the Conrad staff) want us



Construction was recently begun at the Fay Avenue site of the Conrad Prebys Performing Arts Center, set to open in January of 2018.

ARTIST'S RENDERING

(as tenants), and we want them,” Sweet said. “It's a marriage made in heaven. My group is like a luxury international group, and there's just such a serendipity about an arrangement like that. It just fits in with all our events.”

The Fashion Film Festival has grown around the idea that fashion is an increasingly branded compo-

nent in film, such that modern design commands a place among the tools in actors' and directors' arsenals. It lures an array of distinguished producers, directors, artists, celebrities and those whose lives revolve around filmmaking.

A new performing arts center would complement such branding brilliantly, Sweet said, adding that

The Lot – the high-end restaurant and film house across the street -- will be the site of next year's festival after-parties.

Sweet said that The Lot, with its seven postmodern screens and its lofty amenities, is something the festival can anticipate as well in a search for future venues. “Huge screens, beautiful layout – how real-

ly, really cool,” he said. “At this stage,” he added, “we've never been this far ahead” in planning the event.

The seventh festival promises to be an exciting one, filled with awesome screenings, Red Carpet awards, press receptions and industry networking. For more, see ljiff.com.

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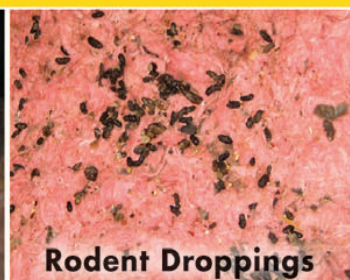
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WEATHER»

CONT. FROM PG. 1

Melinda Merryweather, a longtime spokesperson for Friends of Windansea, a local nonprofit group of volunteers who maintain The Shack, said the next big project ahead is “to get the shack back up at the beach. That looks to be the end of March or the beginning of April. We want to wait until after the (winter) storms.

“I was there, watched it go; three of the legs were broken,” said Merryweather, adding that others tied a rope to tether the landmark to an agave cactus so it wouldn’t fall.

“It was a high tide, a full moon and big surf all at once,” said Merryweather.

Meanwhile, a sinkhole that formed during the storms is creating a big mess for the south end of La Jolla Shores, near La Jolla Beach and Tennis Club.

The main business street through the shores, Avenida La Playa, meets the ocean in the form of a boat launch ramp. Now, it’s all surging water and broken concrete.

San Diego City Stormwater and Transportation Spokesperson Bill Harris is giving the city high overall grades for anticipating most of the areas that would become an issue when the full force of El Nino was unleashed at the first of the year. But you can’t anticipate something like this when a surging ocean meets a storm drain system full of rushing water going the other way.

The result: erosion of sand underneath and a sinkhole. It is going to be some time before the area is repaired.

Inland flooding, such as in Point Loma’s Midway District, is experiencing the same thing — surging water coming in meeting surging water going out.

Back at The Shack, Merryweather added that another group cut the fronds off the structure’s roof before trimming its legs and dropping it to the ground.

“Guys held the back of it, and the group moved it up the hill,” Merryweather said, adding the Shack is now ready for repairs.

Merryweather said the Friends



A stop sign in the distance sends its message amid constant rains last week, which caused this sinkhole near the La Jolla Beach & Tennis Club.

PHOTO BY CBS NEWS

group was started by her, Hans Newman and landscape architect Jim Neri.

“Seventeen years ago,” she explained, “Friends asked the city permission to take care of and maintain the Shack.” She noted the Shack was created in the 1940s by fishermen who put a hammock in there. “One of those guys is Don Okey,” she said, “who is still alive.”

Merryweather said new legs for the Shack are being fashioned from eucalyptus trees which “need to be cured. We’re going to put them in a kiln to dry them out.”

Merryweather said the Shack “is super-sturdy. But this time, unfortu-

nately, water got in where the legs were.” She added that that process has gradually undermined the structure’s support over the years.

Windansea Beach was named after the 1909 oceanfront Strand Hotel, renamed Windansea Hotel in 1919 after owner Arthur Snell ran a “naming contest.”

The distinguishing landmark at the beach is the palm-covered shack originally constructed in 1946 by Woody Ekstrom, Fred Kenyon and Okey. The Surf Shack at Windansea Beach was designated a historical landmark by the San Diego Historical Resources Board on May 27, 1998.

Windansea also enjoys a storied reputation as a surfbreak and has served as home break to many notable surfers. Steve Pezman, former publisher of Surfer magazine and current publisher of The Surfer’s Journal, called Windansea locals in the early 1960s “the heaviest surf crew ever.”

The Windansea Surf Club, founded by Chuck Hasley in 1962, has included members such as “The Endless Summer” star Mike Hynson. Windansea is also literarily noteworthy. The title article in “The Pump House Gang,” Tom Wolfe’s book of essays, is about a group of surfers from Windansea Beach.

2016»

CONT. FROM PG. 1

[or] the beginning of April. We are also completing the next phase of our [traffic] plan and doing the S-curve on Neptune. That should be in April as well.”

The Shack, an iconic surf break erected at La Jolla Shores in the 1940s, took a hit from a Christmas eve wave that hobbled its legs and exacerbated years of damage from the surf.

“Independent La Jolla,” she continued, “is going to do a fundraising drive for the funds that are needed to do a new feasibility study, which is \$45,000, and a metes and bounds study, which will define the boundaries of La Jolla, which is our zip code 92037. That should [cost] around \$35,000. So for \$85,000, we can prove we can be our own city and do away with any doubt. It is possible, I believe,.... with nothing to lose but the City of San Diego.

“When you are your own city,” she said, “you can contract all your services, which would mean we could save hundred of thousands of dollars on a regular basis. Look at Del Mar and Solana Beach, which are their own cities: No potholes, no cracked sidewalks. We need to save La Jolla.”

Merryweather added she is attempting “to find a safer way for all of us to drive in and out of Coast Walk and to get some funding from the city to keep the views of the ocean open on Torrey Pines Road. I will [also] continue to fight to protect beach access. We finally won a 30-year battle for returned beach access at Princess Street.

“I [hope everyone] will take some time to do any small thing to help improve our community. The rewards will be great.”

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For La Jolla Country Day's Max Guinn, a little environmental ed goes a long way

By ED PIPER

Max Guinn, just a freshman, makes a lot of little contributions in many areas for the La Jolla Country Day School basketball team: In the Torrey's first three games, the 6'4" swingman had three three-pointers, 18 rebounds, 10 assists, seven steals and two blocks, with four turnovers. Breaking it down, that works out to averages of 10 points, six rebounds, 3.3 assists, 2.3 steals and 0.7 blocks per game for Coach Ryan Meier's team.

On the other hand, the precocious 15-year-old makes a big contribution off the court in one specific area: He started the nonprofit organization "Kids Eco Club," designed to provide children with hands-on exposure to wild animals and firsthand knowledge of ways to care for the environment. "Our generation needs to do something," Guinn says.

The nonprofit partners with teachers and likeminded organizations to bring in resources and raise children's awareness of the environment and sustainability. He began it when he was 10 years old.

Animals brought on to the more than 100 campus "Eco Clubs" in San Diego, working through the San Diego City Schools, include ones native to the area, like a great horned owl, tortoises and reptiles.

Another fascinating element of the ninth-grader's life is his being invited to participate with 19 other panelists at the "Compassion and Peace" summit at UC, Irvine this past summer to celebrate the visiting Dalai Lama's 80th birthday. "The weird thing," Guinn says, smiling, "was a couple of months before, I didn't even know who he was." He Googled the famed Tibetan Buddhist's name and watched videos to get up to speed.

When Guinn met the Dalai Lama, "He was super-nice and personable." The honor connected with part of the young man's background: His grandmother Setsuko is Japanese, so he



Max Guinn started a nonprofit for wild animals and the environment when he was 10 years old.
PHOTO BY ED PIPER

claims one-quarter Asian ancestry. "She is Buddhist," he shares.

The heady road to his own nonprofit and meeting a renowned world figure began with a challenge from his mother Susan. In his brashness a handful of years ago, "I wanted to watch R-rated movies and play M-rated video games." His mother countered with "What are you going to do to make a difference" in the world.

That led to the formation of Kids Eco Club. Along the way, Guinn became eco-aware due to a confluence of factors. "I watched the movie 'The Cove,' set in Japan," he relates. "They slaughter all the dolphins."

He also viewed the movie "Food, Inc." "It's about how people treat animals and get them on the dinner table," he reports. "A lot of it has to do with the amount of space the animals have to live in."

Finally, the family has a home in Breckinridge, Colo., and that setting gave him enjoyment and exposure to the beauty of the outdoors.

While Susan has "the most to do with Eco Club," he says, his other mom, Denise, "helps out" and plays a support role, like "when somebody needs a ride."

Both bring a pedigree of sports

excellence to Max and his younger brother, Gavin, 10, who also started his own nonprofit. Denise played catcher on Division I Nebraska's softball team, which won the College World Series. Susan, a 6-footer, played Division I volleyball for the University of New Mexico.

Guinn's nonprofit is also linked with 39 "Kindness" clubs in the Democratic Republic of the Congo, also oriented toward educating children about the environment.

Country Day's basketball team has started off well in the early season, sweeping its first four games. Guinn is listed as a guard, but he plays the post as well as handles the ball. "I played up age group" in club basketball, he says, "so I was smaller than everyone else." This gave him experience against boys older than he. But, being taller than boys his own age, he also has experience inside.

A multi-sport athlete, he played volleyball on a club team, but that team plays during the same season as school basketball. He plans to go out for the Torrey track and field team next spring, with his eye on running sprints and hurdles,

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COVE»

CONT. FROM PG. 1

ing the environment," said Steve Haskins, council president.

Haskins and others, including Dan Allen of La Jolla Parks and Beaches, Inc., have been working with the National Oceanic and Atmospheric Administration to come up with reliable and safe options for deterring sea lions.

The aggressive marine mammals have been growing in numbers for years at La Jolla Cove. They now pose a potential threat to swimmers, divers and onlookers, and they contribute to odor problems that disturb nearby

restaurant patrons.

Haskins delivered a slideshow presentation as he discussed several methods that have been tried with varying degrees of success elsewhere along the West Coast to deter sea lions. The options include nonlethal electrical shocking, use of noise, power hoses and misting, "crowding boards" to muscle out pinnipeds — even use of faux lifelike orcas, a natural seal predator.

"Some of these solutions are a little crazy and inhumane and are not things we would want to try here," noted Haskins. He added that periodic spraying of enzymes attempting to diffuse foul smells at the Cove from marine mammal and bird waste

buildup are expensive and have only been partially effective.

Noting that ongoing enzyme applications cost about \$7,200, Haskins estimated that the start-up cost of acquiring roller barriers would be equivalent to the cost of two spraying applications.

The spinning barriers are soft, with no sharp edges, and are harmless, said Haskins. He added that such barriers probably wouldn't be tall enough to impair public ocean views.

The barriers, which have yet to be approved, permitted or even trial tested, may not be the "perfect" solution, Haskins said.

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Planners hear proposal for district to fund improvements to Village

By DAVE SCHWAB

In its first meeting of the year, La Jolla Community Planning Association heard a pitch from La Jolla Community Foundation about proposed creation of a Maintenance Assessment District (MAD) to pay for public improvements.

"We need to polish the Jewel that we all love, which is why we're proposing a MAD to enhance, beautify and improve our village," Julie Bronstein, executive director of the nonprofit foundation, told trustees.

An assessment district is a legal mechanism by which property owners can vote to tax themselves to receive enhanced maintenance, landscaping and lighting services or other civic improvements.

Bronstein said creating such a district would serve as a tool for ongoing maintenance on public improvements, such as landscaping and periodic watering of hanging plants, which the community has struggled to pay for over the years.

"MAD is also an investment process," noted Bronstein, adding that creation of a maintenance assessment district would "mean we would be able to fundraise, adding private dollars to do capital improvement projects within the Village and see them to completion."

Bronstein gave a slideshow presentation showing a map of the boundaries for the proposed district, which does not include all of La Jolla's 92037 ZIP code but much of the Village of La Jolla, a roughly 30-block area including about 1,300 businesses in the neighborhood's heart.

It is represented by La Jolla Village Merchants Association, one of 18 self-taxing city business improvement districts representing mostly small businesses.

La Jolla, noted Bronstein, is an "older community" with aging infrastructure that has lacked funding for ongoing maintenance, which she said has translated into "overflowing trash, dirty sidewalks and broken and untended landscaping.

"This unfortunately has led to the degradation of the Village. We are seeing more vacant storefronts, impacts to property values and less vibrant public space."

Bronstein said the bottom line is that "the city does not have the resources needed to provide the level of maintenance that we need to keep our Village beautiful."

Bronstein added fees would be charged to residences and businesses which would have to vote, by a simple majority, to tax themselves to fund the assessment district.

"Our goal is to get the MAD approved by July 31 of this year," Bronstein said.

Bronstein added that City Council ultimately would also have to sign off on creation of the new district should it be approved by voters.

Planning association trustee Joe LaCava, a resident of Bird Rock, which created an assessment district to pay for ongoing maintenance of that neighborhood's roundabout traffic circles a few years ago, pointed out that that assessment district has accomplished its purpose at a reasonable cost to residents and businesses.

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Parkinson's cure may be in sight, Scripps doctors say at fundraiser

By DAVE SCHWAB

A live music fundraiser to bring awareness and understanding of Parkinson's disease and to support Parkinson's-related research at the Scripps Clinic and Scripps Research Institute was held recently at La Jolla Country Club.

The special weekend event, hosted by Ed Ward & Associates of La Jolla, benefited Summit4StemCell (S4SC), a grass-roots, volunteer fundraising organization supporting patient-specific stem cell-to-neuron research. The organization has inspired a partnership between The Scripps Clinic and the Scripps Research Institute in efforts to battle Parkinson's through promising ongoing research. Another goal of S4SC is to inspire victims to move beyond their physical limitations.

The fundraiser featured dinner and a concert of John Denver music performed by Jim Curry.

Asked if they were encouraged by their research into the cause of, and potential cures for, Parkinson's, scientists at the fundraiser were extremely optimistic.

"We're hoping what we're working on is an effective cure," said Melissa Houser, M.D., a board-certified neurologist and director of the Parkinson's Disease and Movement Disorder Center at Scrips Clinic in La Jolla. "What we're doing is using nonembryonic, patient-specific stem cells for the specific purpose of replanting them back into a Parkinson's-diseased brain."

Finding a cure for Parkinson's remains challenging, said Andres Bratt-Leal, Ph.D., a senior research scientist at Parkinson's Association

Flu activity increasing in San Diego, says Health Department

The fever, chills and body aches caused by the flu are increasing across the nation, and San Diego is no exception.

The number of influenza cases reported in San Diego County this season increased to 303 as of the week ending Jan. 2, up from 238 the week before that, a 27 percent increase.

"Influenza activity tends to increase in January and typically continues through February," said Wilma Wooten, M.D., M.P.H., county public health officer.

For the week ending Jan. 2, the Health and Human Services Agency Influenza Watch report shows the following:

- Emergency department visits for influenza-like illness: 4 percent of all visits (unchanged from the previous week)
- Lab-confirmed influenza cases for the week: 65 (up from 41 the previous week)
- Total influenza deaths to date: 3 (compared with 0 last season)
- Total lab-confirmed influenza cases to date: 303 (compared

with 590 last season).

Even though the number of flu cases reported this season is 49 percent lower compared to this same time last year, health officials continue to urge residents to get vaccinated as flu activity is likely to increase.

Furthermore, three influenza deaths have been reported this season. None had been reported at this time last year.

"While the overall number of flu cases in the region is lower compared to this time last season, people should not become complacent. Influenza is very unpredictable and people should get vaccinated," Wooten added.

The Centers for Disease Control and Prevention recommends that everyone 6 months and older get a flu vaccine every year.

The vaccine is safe and effective. It takes about two weeks for immunity to develop.

Vaccination is especially important for people who are at high risk of developing serious complications from influenza. They include:

- People with chronic medical conditions like asthma, diabetes and lung disease, even if your symptoms are under control
- Pregnant women
- People 65 years and older
- People who live with or care for others who are at higher risk.

In addition to getting vaccinated, people should also do the following to avoid getting sick:

- Wash hands thoroughly and often
- Use hand sanitizers
- Stay away from sick people
- Avoid touching your eyes, nose, and mouth
- Clean commonly touched surfaces
- If you are sick, stay home and avoid contact with others

The flu vaccine is available at doctors' offices and retail pharmacies. If you don't have medical insurance, you can go to a Community Health Center or County public health center to get vaccinated.

For a list of locations, visit www.sdiz.org or call 2-1-1.

"We haven't had a new blockbuster drug for Parkinson's in more than 50 years. We can make really good dopamine neurons from stem cells now."

ANDRES BRATT-LEAL,
SENIOR RESEARCH SCIENTIST AT
PARKINSON'S ASSOCIATION OF SAN DIEGO

million people in the United States are living with Parkinson's. The cause is unknown, and although there is presently no cure, there are treatment options such as medication and surgery to manage its symptoms.

Jeanne Loring, Ph.D., an internationally recognized authority in the emerging field of stem cell research, said at the fundraiser that she was once "hopeful" a cure for the disease would happen in our lifetimes. She admitted, though, that "I wasn't sure."

"Now, when I talk to the patients," Loring said, "I say, 'There will be some revolutionary process treatment, whether it be gene therapy or biological implantation, which is what we're working on now, in our lifetime' — and I really mean it. Hopefully, it will be in the next five years."

Asked what advice they'd give disease victims, Houser said, "Keep your spirits up, be spiritual, exercise."

"Keep a good attitude," agreed Bratt-Leal. "There will be a treatment in the near future."

of San Diego.

"We haven't had a new blockbuster drug for Parkinson's in more than 50 years," said Bratt-Leal, who noted that loss of dopamine, a neurotransmitter chemical released by nerve cells that sends signals to other nerve cells, is what causes muscular tremors and other side affects commonly associated with the disease.

"We can make really good dopamine neurons from stem cells now," Bratt-Leal said. "What's different about our project is we're actually using the patient's own stem cells to make dopamine neurons. It's really amazing technology where you can make stem cells from somebody's skin. We can make the dopamine neurons that are lost in Parkinson's and put them back into

our patients' brains."

Parkinson's is a progressive disease of the nervous system marked by tremor, muscular rigidity and slow, imprecise movement, chiefly affecting middle-aged and elderly people. It is associated with degeneration of part of the brain and a deficiency of dopamine.

Parkinson's symptoms continue and worsen over time. Nearly one

Opinion

Little-known vaccine court says a lot about the flu shot

By MARTIN JONES WESTLIN

I'm probably beginning to sound like a broken record from 1934, but at least I play it only once a year. I actually prefer it that way, because this is the time of the season it means the most, especially to the friends and families puzzling over a crisis that sometimes evolves out of the best of intentions. New Year's brings with it a subset of raw emotions — and stories like this one are designed to propel those emotions to a higher level of awareness, the touchy nature of the topic notwithstanding.

Brianna Browning, a 9-year-old Houston girl, reportedly hasn't been able to see or move much of her body after receiving a flu shot on Oct. 15. The fourth-grader was hospitalized two days after vaccination and suffered vomiting spells and

what appeared to be a seizure, according to her parents. Doctors allegedly don't yet know what happened or why, but Brianna's parents say their daughter's illness was caused by the vaccine.

That's an understandable judgment on the part of a loving and responsible mother and father — but truth be told, it's also embraced many times a year amid illness and death following administration of the vaccine. The number and strength of flu subtypes, the body's introduction to foreign substances through the vaccines, the criteria that determine the vaccine's potential harm, the gyrating statistics on the shot's relative effectiveness, flu activity in a given year (which right now is reportedly somewhat lighter than usual in the U.S.): The variables crazily abound, even as the

Centers for Disease Control recommends flu shots for almost everyone over six months of age.

Lightly coloring the mix is legislation signed last June by California's Gov. Jerry Brown, dictating that the state's children are no longer allowed to skip the shots required to attend school because of their parents' religious or personal objections.

Enter a little-known federal body with a big fat name. It's called the Office of Special Masters of the U.S. Court of Federal Claims, and it's known popularly as the Vaccine Court. It's charged with administering a no-fault system for sorting out vaccine injury claims, called the National Vaccine Injury Compensation Program, funded through a tax on vaccines.

SEE **VACCINES** >> PG. 14

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Question: What is the Right to Die law?

Answer:

In California, the End of Life Option Act says that an adult with a terminal disease may request to receive a prescription for an aid-in-dying drug from their primary attending physician. To receive a prescription, the adult with a terminal disease must: (1) submit two oral requests to their physician that are at least 15 days apart, (2) submit a signed form to their physician, and (3) receive determination from their physician that they have the capacity to make medical decisions. It is important to emphasize that the person requesting the aid-in-dying drug must have the ability to understand the consequence of the decision they are making and be able to administer the drug themselves. They must also be able to make and communicate an informed decision to their health care provider. The request for the aid-in-dying drug must be made solely by the adult diagnosed with the terminal disease. It may not be made through a power of attorney, an advance health care directive, a conservator, health care agent, surrogate, or any other legally recognized health care decision maker.

Please call me to make an appointment to answer your questions.



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University Community library chief Melissa Martin drives a new Buick

By SANDY LIPPE

Are you familiar with the Buick TV commercial where the millennial gal whispers "My grandpa used to have a Buick"? Her friend looks at the young hunk getting out of the car and says, "That's not your grandpa." Well, let's look at today's library in the same light. Today's library is not your grandpa's library, and today's library branch manager wears many hats.

In the libraries of 50 or 60 years ago, lots of female librarians of a certain age shushed the noisy patrons, especially teens giggling their way through assignments. Libraries served the reading community. Today's libraries are community centers too – but technology and new itineraries have enormously changed their faces, not least at University City's University Community Library, at 4155 Governor Drive.

The branch was recently searching for a permanent manager after going through several interim staff. Sharon Thomerson, former manager, took an early retirement, leaving big shoes to fill. Come early November, in walks a Russian literature graduate from UCSD's Revelle College, a gal who grew up in East County, graduated Valhalla High and met her future husband at UCSD.



Melissa Martin

Melissa Martin has a hearty laugh and a great brain. "I always like to try new things," she says with a smile. "You never know 'til you try."

Martin says today's librarian is always busy with collections, staff, the public and showing patrons how to use online catalogs and computers, providing a community center for all ages. No shushing is going on.

How did Martin go from Russian lit to head librarian?

"My husband," she says, "was stationed in the Coast Guard in Louisiana, and I got a job at a library. I loved it." When they returned to San Diego, she enrolled in the San

Jose State University distance program at the Fullerton campus, where she spent two years commuting from San Diego and got her MLIS (Master's of Library and Information Science), all before her twelve-year old son was born.

She worked at the Naval Anti-Submarine Warfare library in Point Loma and did an internship at UCSD's Geisel Library, where she worked with wonderful people. From there, she went to the Central Library in downtown San Diego and stayed around 15 years. She worked in the science section for four and a half years and then joined the I CAN! Center, which provides services, programs, resources and professional assistance in a safe, comfortable environment for persons with disabilities. She oversaw library catalogs and had great praise for "an amazing staff."

She was then promoted to supervisor of the science section, wherein there was always a team effort. "Our jobs," she says, "were to know whom to talk to in order to find out answers." She felt she was always learning and helped prepare for the new library transition in 2013.

Her first stint as a branch manager was at the Valencia Park/Malcolm X Branch Library, at 5148 Market St. southeast of downtown, which celebrated its 20th anniversary on

Jan. 9.

"There were many joys and challenges," she says. "This complex community is very active and loves its library. The Valencia Park/Malcolm X Branch Library had a busy home help center and computers available for adults looking for jobs."

Now, Martin calls the University Community branch library her home away from home. She is busy preparing the library collection for transition to Radio Frequency Identification (RFID), the latest technology for tracking library materials. RFID technology goes beyond security and tracking. It makes it easier and faster to charge and discharge books and other items.

Other latest developments at the branch include a new adult volunteer who will be working two days a week, from 2:30 p.m. to 4:30 p.m., to help students from Kindergarten through 12. The Friends of Univer-

sity Community Branch Library provides funding for programs like concerts on the first Wednesday of each month. The computers are busy all day long with students and adults at the helm.

Martin is happy to share the news that library operating hours have increased and that all San Diego public libraries will have extended Saturday hours. On Saturdays, the library is open from 9:30 a.m. until 6 p.m.

This busy librarian is truly wearing many hats, and she welcomes volunteers to help with shelving and anything to support the library (people normally volunteer an hour a week).

The University City branch has hired an outstanding manager. She is driving the new Buick, not your grandpa's. Stop by and see for yourself.



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Life's outcomes depend on our choices



Doing
it
Better

By Natasha Josefowitz, Ph.D.

As I think back on my life, it is not only the things I have done and accomplished — the people I have loved, the trips I have taken, the books I have read. It is also all the things I have not done but should have — the love not reciprocated, the voyage cancelled and not rescheduled, the hand not given when needed. Sometimes it was lack of courage; more often it was inattention, not realizing the need. Too often it was a matter of priorities. One only has so much time and energy, and good intentions get lost by the wayside.

I feel remorse for all the times I wish I had not done the wrong thing or said the wrong thing at the wrong time to the wrong person. Remorse is what you wish you had not done or said. Remorse deals with what cannot be taken back.

Then there are regrets. Regret is what you wish you had done or said but didn't. Regret is often a lost opportunity that may never return, although sometimes a second chance presents itself.

I am referring to the famous poem by Robert Frost, "The Road Not Taken." It is the what-ifs of life. One can choose the road less traveled, the one with the least predictability, the riskier one, the one that may promise new adventures and opportunities but also unknown pitfalls.

There are popular sayings such as "live in the moment," "look to the future" and "don't dwell on the past." I do not agree. There are lessons to be learned from our past choices. To quote George Santayana, "Those who cannot remember the past are condemned to repeat it."

It is strange to think back on the moments our lives changed direction. We all have a story of when and how we met our mates, usually by circumstance that could just as easily not have occurred.

I live in La Jolla today because a woman in Switzerland woke up one morning 40 years ago with a sore throat. I was working as a therapist, part of a psychiatric team in a Swiss child-guidance clinic. There was a speaker visiting from the United States whose translator had a sore throat, and he asked if anyone could do a simultaneous translation of his lecture. I had no previous experience, but I volunteered. He asked me to join him as his translator during his lecture tour. We became friends.

He suggested I meet a consultant at a local hospital looking for a colleague — a professor sent by Harvard to start a satellite business school in Lausanne. We met and worked together for a year. We fell in love. I followed him to the University of New Hampshire, where I became a professor of business, teaching the first course on women in management in the United States. After seven years at UNH, we spent a winter in California on a sabbatical leave and never went back.

Today, after so many roads taken

and/or not taken, I have no regrets. Luck — being at the right place at the right time — played a large part in the opportunities that opened up to me. On the other hand, I also consciously scanned for different opportunities and am always ready to jump at a possible chance for expanding my horizons.

This approach to life keeps me open — checking what might be worthwhile, attending a lecture on an unfamiliar topic, meeting people outside my circle of friends, reading on a topic not immediately relevant to my interests, always thinking outside the box. New adventures begin outside our comfort zones. It is the unintended, the unplanned, the unexpected that can offer a chance for new growth. I have always believed that it is better to have remorse for what you should not have done but did rather than regret for the things you wished you had done but didn't.

Life can encourage or discourage us depending on the endless situations we encounter and the choices we make on a daily basis. I am happy for most of the choices I have made so far and sorry for the hurt I may have caused. Yet, I remain forever curious about all the roads that still stretch in front of me, wondering which ones will beckon the loudest.

Natasha Josefowitz is the author of more than 20 books and taught the first course on business management for women in the United States. She lives at The White Sands in La Jolla.

Save your heirs the embarrassment!



Ask the
Retirement
Concierge

Sharonann
Hamilton

Dear SharonAnn,

My family came for Christmas, and I am happy about that, but I am struggling with the idea of sharing information I've always kept private, namely: When I go, they will all be fairly wealthy people. My three children, ten grandchildren and three great-grandchildren will inherit about \$5M each. For my 90 years, I have lived a simple life (in my same small house for 60 years) and never spent much. However, my husband and I loved to invest in the stock market and have done quite well over the years. I still do. Do you think I should tell them or let them be surprised when my final will is read? (It would be fun to see their faces!)

Signed: Family \$ Ahead

I am happy you asked this question. Let me tell you about Larry, a modest guy who worked his entire life as an electrician and managed on about \$80,000 a year. He is married and has two adult children and recently has retired. His parents passed away, and he was called for the reading of the will. They left him \$365 million! Yes! He had no idea, no preparation, no training or financial education. This "gift" took his nice, simple life and blew it away. Now, he deals with attorneys, CPAs and financial advisors and has little time for his dream retirement, fish-

ing on a lake. He has to catch up on a lifetime of money management lessons in a short time if he wants to keep the fortune he inherited.

One of the biggest estate-planning goofs is failing to communicate your intentions to your family or heirs. Surprises are not always good, especially the ones that have echoing implications. Does anyone know immediately how to handle \$5 million? No. So if it is to be kept, then involvement of professionals for guidance is a must. Time to learn is what you give your family when you communicate your information to them in advance. When there is time to process and understand and accept, then better decisions can result.

You can give your family members a wonderful gift by spending time with each one individually and sharing your money wisdom, helping set them on the path of learning and teaching them to be good stewards. Imagine a letter under the tree for each of your family offering to come visit over the next few months. This way, you can see their faces -- and certainly, it will be fun to watch their jaws drop!

The Retirement Concierge offers trust verification services as well as home organization assistance as a team member alongside attorneys, trustees, and fiduciaries. We do not offer legal, financial or tax advice. We also wrote A 10-Step Action Plan for Defining Your Mission, helping boomers on the verge of retirement to plan, make and manage life transitions. TheRetirement-Concierge.com. (619) 818-8575.

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What type of extensions do you use?

Judy uses Great Lengths all-natural hair extensions and prefers these extensions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein the same

molecular structure as your hair. This application process does not harm your own hair. While others use techniques such as welding, waxing, gluing or knotting, which strain your hair to a high degree Judy uses a much more gentle principle called modulating. An extremely high-tech method of bonding the hair strand to your own hair. Extensions can be used for volumizing, lengthening, coloring or simply adding texture; Judy will offer a free consultation guiding you through your new style. Whether creating a new look, following fashion or with a special occasion on the horizon. Judy's hair extensions have over 55 colors to choose from and blend with your

own hair. Most importantly your own hair will not be damaged and the extensions can be easily removed by an expert.

Can hair extensions damage my hair?

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clients to professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hairstyling is very similar to how you style your hair without extensions. Contact Judy in LA JOLLA VILLAGE for answers to any more of your hair extensions questions. hairextensionsoflajolla.com.

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All of us might want to learn to cook a little better than we do -- thing is, it kind of scares us away amid all the lofty concepts that characterize it (not to mention all that math behind the coolest recipes). Terry Newlee has the solution in *Eaties*, wherein she's not out to turn anybody into a gourmet chef so much as a hobbyist who never knew cooking could be so much fun. See our story on page 10.

Latest Fashion Week San Diego show trumpets 'shop local' mantra



Fashion Files

Diana Cavagnaro

The internationally acclaimed La Valencia Hotel presented a holiday trunk show, featuring the latest Fashion Week San Diego fare, on Dec. 17. The La Valencia is an intimate and charming hotel, perfect for an event that promoted shopping local. Guests enjoyed a delightful lunch, and designers set up booths decorated for the holidays. The best part was that the event was free to attend.

Guests could shop with Alber Rezko, who presented a selection of timeless jewelry designs. Territa Torres, who took third place for her ENVY collection, was showing her designs of greens and natural hues. The Timmithea Collection featured



Timmithea Leeds (left) spearheaded her California collection, while Annaiah Jones showed her Dynamite Doll designs at the Dec. 17 La Valencia trunk show. .

PHOTOS BY DIANA CAVAGNARO

a chic southern California look with stripes and prints. Designer Annaiah Jones had a booth showing off her shimmering Dynamite



Doll designs. This year, Ta Sanni was voted second place winner with its vibrant African prints.

Pashn By Survi had beautiful

handcrafted Pashmina scarves, shawls and unique semiprecious jewelry from Nepal and India. Laraine Poveromo, from CA Botana, was on hand to give out spa and wellness products to everyone. James Wyno, store manager from Rangoni, on Girard Avenue, showed off the venue's beautiful shoes and handbags.

This was a great way to shop local this holiday season.

Fashion Week San Diego is not only a week of runway shows but also an entire year of events. The Dec. 17 entry was the last event of the year, bringing to a close a successful year celebrating fashion and beauty. For a list of upcoming events for Fashion Week San Diego 2016, stay tuned at fashion-weeksd.com.

UPCOMING EVENTS

THROUGH JAN. 31: "TALKING THROUGH HER HAT," an exhibit of

hats and the women who wore them at the Women's Museum of California located at 2730 Historic Decatur Road, Barracks 16. Nationally established couture milliner Diana Cavagnaro, known around San Diego and Del Mar, will feature her hats. Museum hours are Wednesdays through Sundays from noon to 4 p.m., and the admission is \$5.

SUNDAY, JAN. 10: The Wedding Divas Bridal Show presents "Let it Snow, a Winter's Wedding Dream" at The Dana on Mission Bay from 11 a.m. to 3 p.m. The fashion show will include Bridal and Tux Galleria, D'Angelo Couture Bridal and Somsu Couture. For tickets, visit eventbrite.com and browse.

Diana Cavagnaro is an internationally renowned couture milliner based in the Gaslamp Quarter. Learn more about this hat designer, teacher and blogger at DianaCavagnaro.com.

La Jolla's Hershey Felder and the world of connectedness

By CHARLENE BALDRIDGE

Ready or not, here comes a new year in the arts. With the recent announcement of the San Diego Theatre Critics Circle awards, named in honor of the late Craig Noel, 2016 feels like it's really begun. The awards are handed out Monday, Feb. 8.

Among the nominees are some of my favorites and, I'm sure, yours. Hershey Felder's just-completed, acclaimed engagement of "Hershey Felder as Irving Berlin" at La Jolla Playhouse, was among those recognized by the critics, including me -- and due to a wondrous confluence of artists, intentions and ideas in theaterland, I talked with Felder just as his mind was beginning to clear and before he was off to the next show.

Among my cultural travels this year was an October trip to Dallas to see the world premiere of Jake Heggie's new opera, "Great Scott," a co-production with San Diego Opera, where it plays in May. What, you might ask, does this have to do with Felder? Plenty, I reply.

The romantic lead in "Great Scott" (book by Terrence McNally) is Sid Taylor (baritone Nathan Gunn), the plot's hometown boy now grown to manhood that the diva named Scott once loved but left behind when she took off to

conquer the bel canto world. Been there, done that -- and now Sid appears when she is ripe for romance. What better lure than a hunky baritone with his head screwed on right?

Long story short: Felder and Gunn have been developing a show about "two lunatic characters" with a similar approach to the music of Franz Schubert. The piece, titled "The Recital," explores Schubert's women and also the men's self-doubts about their own worthiness to present great art.

Felder recently designed and produced another show, in Chicago, titled "The Baritones," with Gunn, Broadway's Marc Kurdisch (remember him from the Playhouse's "Thoroughly Modern Millie"?) and opera baritone Mark Delavan.

Felder's 2016 holds more than baritones, however: He returns to Berlin and Bernstein -- and the rest he can't talk about yet. Be assured that you will see Hershey hereabouts this year, especially since he lives in La Jolla.

There's a piano somewhere in your future, that is if San Diego Symphony has anything to do with it. As part of its January Upright and Grand Festival, the group offers "Play Me: Pianos in



Hershey Felder, seen here in La Jolla Playhouse's recent 'Hershey Felder As Irving Berlin,' barely has time to clear his head these days. PHOTO BY EIGHTY EIGHT ENTERTAINMENT

Public Spaces." Ten upright pianos, gaily painted by San Diego artists, have been placed at public locations throughout the city and from Escondido to Coronado, where you may go and play to your heart's delight through Feb. 8. See a map at sdsymphony.org.

Moreover, the symphony offers a free Upright and Grand family day from noon to 5 p.m. Saturday, Jan. 16, at the Jacobs Music Center, 7th and B streets downtown,

where you may attend a two-piano performance of Camille Saint-Saens' "The Carnival of the Animals," a piano master class with Jacobs Masterworks guest pianist Jessie Chang and a Q&A with master pianist Jeremy Denk and symphony concert commentator Nuvi Mehta.

For the grand finale, witness a "monster piano" performance featuring six pianos with multiple performers playing Bizet, Joplin

and more. And that's just the schedule in the Copley Symphony Hall itself. There's much, much more, and it's all free. But please make a reservation.

Another piano in your future is that of Australian virtuoso Lisa Moore. There are two opportunities to hear her soon. The first is presented by Bonnie Wright's Fresh Sound at 7:30 p.m. Feb. 4 at Bread and Salt, 1955 Julian Ave. Moore will play music from three of her new CDs: "Mad Rush" by Philip Glass; "Prayers Remain Forever" by Martin Bresnick; and "The Stone People" by John Luther Adams, Missy Mazzoli and Julia Wolfe. Freshsoundmusic.com.

The other chance to hear Moore is Feb. 6 and 7, when music director Steven Schick conducts her La Jolla Symphony performances of Glass' Piano Concerto No. 2 ("Lewis and Clark"). Also programmed are Ligeti's "Atmospheres," Erik Griswold's "Jeux a la fin du monde" and Claude Debussy's "La Mer." For more, see lajollasympphony.org.

"Bright Star," the Steve Martin work that had its world premiere at The Old Globe Theatre in 2014, previews on Broadway beginning Feb. 29.



The mai tai at Duke's.

Duke's unveils menus feting Hawaii, California fare

Duke's La Jolla has unveiled its lunch and Pau Hana menus, which celebrate the melting pot of cultures and cooking techniques of Hawaii and California.

Available daily between 11:30 a.m. and 3 p.m., the lunch menu offers an array of locally sourced food choices amid respect for traditions and a serious focus on all-natural ingredients and seasonal products. Shareworthy plates include the Korean Sticky Ribs and Poke Tacos with shoyu, Maui onions and avocado and wasabi crème fraiche. For those looking for something light and refreshing, Duke's offers salads such as the Grilled Gem Lettuce Caesar, featuring shaved parmesan, grilled baguette and lemon-anchovy dressing, or the Wedge, made with baby iceberg, smoked blue cheese, balsamic tomatoes, chicharrones and Duroc bacon. Signature dishes include the Roasted Firecracker Fish and Kalbi Short Rib Tacos served with a side of SPAM fried rice.

From 3 to 5 p.m. daily, everyone is welcome to enjoy Pau Hana, the post-work time in Hawaii, when friends and family gather together to relax and tell stories. Specials include Fried Bourbon Pickles with red curry ranch, Lomi Salmon Tacos with wasabi crème fraiche and Daily Crudo. Draft beers are available for \$5; barrel-to-glass wine and the Duke's Mai Tai are \$7.

Duke's La Jolla, which opened in November, is located at 1216 Prospect St. and will serve dinner daily from 5 p.m. to 9:30 p.m. For details, visit dukeslajolla.com or connect on Facebook or Instagram. To make reservations, call (858) 454-5888 or visit dukeslajolla.com.

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In-home cooking classes for the *mise en place* challenged

By DAVE SCHWAB

For La Jolla resident Teri Newlee, cooking was something she grew up with, was responsible for as a mom and now does for the sheer joy of it.

"I bring the food and the fun," said Newlee of her homegrown cooking-lesson business, which she operates out of her Mount Soledad home and in clients' homes throughout La Jolla and Pacific Beach. "I'm certified in pastry, but I like cooking everything."

"My goal is not to turn anyone into a gourmet chef," Newlee said, "but to just show them cooking can be very fun and not as intimidating as we all seem to think."

Newlee cooks mostly for small groups, four people in her home, more elsewhere depending on the circumstances.

"I'll do a hands-on class, and usually it will be a three-course meal," she said, adding she grew up as one of eight children in a small Oklahoma town in which her family owned the only market.

Newlee said cooking was an acquired taste she got from her mother, whom she noted is now 93 years old and "still cooks full meals, inviting 20 or more people over."

Her business, named Eatsies, has a website, eatsieslajolla.com, where potential clients can find out about her and register for her cooking classes.

Cooking as a profession was something Newlee started after being encouraged to do so by a friend.



Teri Newlee turned an avocation into a slice of community education.
PHOTO BY DAVE SCHWAB

"I was throwing parties and cooking for people, and my friends would call me to get recipes and advice," she said. "I ran into a girlfriend, and she said, 'You have got to start teaching; this is ridiculous.' I went home, emailed about 20 of my friends, and it kind of blossomed from there."

Newlee's cooked for weddings and birthdays and done things for the Girl Scouts, national charity leagues, mom's nights et cetera, she said, adding, "I'll come to peo-

ple's homes and do a cooking party."

She doesn't do catering, though. "I like being with and interacting with people," Newlee said.

Recently, Newlee did a cooking class for someone's 65th birthday, during which she taught them how to make homemade pizza from scratch, including making the dough. She once even taught cooking to a group of avid Mission Bay High School boys water polo players, whom she still hears from.

"I got the cutest email from one of them now in college two days before Thanksgiving," Newlee said.

"He wanted to make a whole Thanksgiving dinner, and he'd never done it before, so I wrote up all the recipes and sent them to him."

Newlee charges \$35 per person for students in her three-hour home classes noting, "Everything you make is yours to eat here or take home."

Newlee's taught more than 1,000 people how to cook over the years.

The cook offered a few tips.

"My biggest tip is don't stress," she said. "No one expects your food to be absolutely perfect."

Newlee added it's also important to "start out with less; you can always add more."

And she also noted, "Keep tasting it. Don't wait until the end."

Newlee also sells gift certificates for her classes.

"For \$140, they get a class in my home for up to four people, including all food, recipes and instruction," she said. "For \$160, they can have the class in their own home or elsewhere. I customize the menu just for them. The biggest selling points of my classes are they're reasonably priced, people have a great time and they always leave with a sense of accomplishment."

"I guess I'm just very lucky to have found my passion," Newlee concluded.

For more information, call (619) 246-5423.

Hammond's Gourmet Ice Cream opens new spot in Pacific Beach

Sure, it's been cold and wet in San Diego recently, but people love ice cream all year round. Even in winter.

Pacific Beach is now the place to indulge that year-round craving for the cold stuff — rich, creamy "super-premium" ice cream and sorbet with 18 percent butterfat — with the opening of the second Hammond's Gourmet Ice Cream shop. Owners Ryan and Trang Hammond and Daniel Szpak opened the flagship

Hammond's in North Park during the summer of 2014, and the shop was an instant success, with mini-ice cream cone flights and unique flavors.

You see, Hammond's is no run-of-the-mill ice cream joint. The shop offers more than 100 flavors of Tropical Dreams super-premium ice cream and sorbet, handmade in Hawaii, with a rich, creamy texture. You'll recognize some of the usual chocolate, vanilla and mint offerings

at the counter, but the Hammond's specialty is the variety of island-inspired flavors the Tropical Dreams brand has perfected, including Chocolate Coconut Macadamia Nut, Kona Coffee with Caramel, Mango Cream, Poha Berry, Banana Storm and many others.

The Pacific Beach shop will also feature new flavors of ice cream and sorbet, including Vanilla Rose, Vietnamese Coffee and Chocolate Mint Sorbet.

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San Diego winter boat show returns to Sunroad Marina Jan. 21-24

By NICOLE SOURS LARSON

Despite this year's El Niño rains, with the imminent debut of the San Diego Sunroad Boat Show on Harbor Island, it's time for boaters to start thinking and dreaming about the upcoming spring and summer boating season.

The 26-year-old winter boat show, with larger-than-ever in-the-water displays and now in its seventh year at Sunroad, kicks off on Thursday, Jan. 21 and runs through Sunday, Jan. 25 at Sunroad Resort Marina, located at 955 Harbor Island Drive, at Harbor Island's east end. Show hours are noon to 6 p.m. Thursday and Friday and 10 a.m. to 6 p.m. Saturday and Sunday.

The show offers guests the chance to experience more than 150 sail and powerboats in every price range, style and size, from trailerable boats and inflatables to yachts over 90 feet, explained show director Jim Behun, who doubles as the marina's general manager. The show is about equally split between sail and power models, with "first looks" available for many newly introduced boats. Self-propelled vessels, such as kayaks and SUPs, will also be exhibited.

"Because it's the first boat show of the new year, dealers are eager to introduce their latest models at the show," Behun explained.

Among the dealers showing new



The 26-year-old winter boat show, with larger-than-ever in-the-water displays and now in its seventh year at Sunroad, kicks off on Thursday, Jan. 21 and runs through Sunday, Jan. 25 at Sunroad Resort Marina.

PHOTO BY NICOLE SOURS LARSON

powerboat models are South Coast Yachts, showing the Bénétiau Gran Turismo 40; Sun Country Marine, introducing Searay's high-speed L650 Fly and 400 Fly; and Art Brooks Sea Company, exhibiting the Johnson 65. West Coast Multihulls is introducing the Fountaine Pajot

Helia 44 sailing catamaran.

Another trend Behun has noticed is that financing is now readily available. Many people are buying new boats, he said, another indication that the Great Recession is mostly behind us.

Boating education will again play

a significant role. On Saturday and Sunday, the pavilion will host seminars on subjects, including high-speed Internet for boats, green boating and nonskid surfaces.

Representatives from 12 Mexican marinas and boatyards will be on hand explaining their available facil-

ities and amenities and will present seminars on Mexican boating, as will Capt. Pat Rains, author of "Mexico Boating Guide."

Along the docks, Seaforth Boat Rentals will provide sailboat and electric boat rides for the entire family.

Unlike many boat shows, the Sunroad show offers new and brokerage boats in the water. The show's exhibits under a festive tent include more than 100 vendors offering wide-ranging marine services, electronics, products, supplies and accessories.

Show tickets are \$12, with children 12 and under admitted free. Active-duty military, police, EMTs and fire personnel with ID are admitted free Thursday and Friday.

Because of crowded docks, show staff ask guests to leave pets and strollers at home, with service animals always welcome.

Paid parking is available next to the Sheraton Hotel, with shuttle service provided. Sunroad's Island Deli and food trucks will offer varied menus, all to the accompaniment of steel drums. The adjacent Island Prime/C Level Lounge and Coastera Restaurant will provide alternate dining options.

For latest details on seminars and exhibitors, visit bigbayboatshow.com or call (619) 497-5254.



ENJOY THE BEAUTY OF OLD TOWN

OLD TOWN SAN DIEGO STATE HISTORIC PARK HOSTS THE 7TH ANNUAL BLESSING OF THE ANIMALS

Old Town San Diego State Historic Park will host the 7th annual Blessing of the Animals on Sunday, Jan. 17, from 1 p.m. to 3 p.m. The main attraction will be a pet blessing by Father Richard Perozich of the Immaculate Conception Church between 1:00 p.m. and 1:30 p.m. Admission is free.

A Blessing of the Animals event has been happening in Old Town for more than 300 years. In San Diego's past, the annual Benediction of the Beasts cele-

brated St. Anthony of the Desert, the Patron Saint of Animals.

The event in the central plaza of Old Town San Diego State Historic Park will include adoption opportunities from various rescue groups and educational information on rescuing, rehabilitation and supporting the animals in your area. A pet costume contest will take place at 2:30 p.m. featuring prizes for several categories including best dressed and best pet-owner look alike.

Participating exhibitors, lined up by press time, were Chihuahua Rescue of San Diego, Dogs on the Run, Emergency Animal Rescue, Helen Woodward Animal Center, Parrot Education and Adoption Center, Rancho Coastal Humane Society.

Sponsored by Fiesta de Reyes, the Blessing of the Animals event invites people and animals of all faiths and convictions to participate. For more information, call 619-297-3100.



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How much protein do we really need? What fats are best, and how much? Let’s discuss the latest weight loss and health schemes and anything else you are interested in.

Join Yvonne at the La Jolla Wellness Center Saturday, January 30 at 10 AM for a lively, good natured, ‘food fight’. Please RSVP by January 29th.

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Bare-root roses: Spring must be just around the corner



How can something so ungodly ugly yield such a classically beautiful harvest? Treat bare-root roses with care, and they'll come back for more year after year.

PHOTOS BY LINDA MARRONE

By LINDA MARRONE

January is the month to prune back your rosebushes. It is also the perfect time to plant bare-root roses in your garden. Bare-root roses are dormant, "sleeping" roses sold without soil, and they are less expensive than purchasing established roses growing in containers. With a few basic steps, you can plant bare-root-roses in January and enjoy roses in the spring.

Step 1: Make sure you plant your bare-root rose shortly after purchasing it. Remove it from the package and soak the roots for 24 hours in a bucket filled with water. Choose a sunny place in the garden that will receive at least 6 hours' sunshine, preferably beginning in the morn-

As the days grow longer and warmer, your new rosebush will wake up from its winter slumber and begin to leaf out. When the canes are in full leaf, it is time to start feeding.

LINDA MARRONE

ing hours.

Step 2: Dig a large hole about 2 feet wide and 18 inches deep that slopes outward from the top. Create a 6- to 8-inch, cone-shaped mound of dirt in the center of the hole; this

will keep the rosebush from settling down too low in the hole and will provide the roots with space to spread out.

Step 3: Trim any damaged roots or canes from the rose; place the roots on the dirt cone and spread them out. At this point, you can fill in the hole with the dirt you dug from it, or you can use a prepared planting mix for roses mixed in with the dirt, such as Dr. Earth's Rose and Flower Planting Mix, which will provide mild organic supplements to help your plant thrive.

Step 4: When filling in your hole around the plant, make sure to keep the soil level below the graft knot, or the bulge just below the plant's canes and above the root structure. Pack down the soil around the plant

and create a well around it about 10 inches in diameter, with the sides a few inches high.

Now it is time to give your newly planted rose a good drink of water. Once planted, it will not need a lot of water until it begins to leaf out.

As the days grow longer and warmer, your new rosebush will wake up from its winter slumber and begin to leaf out. When the canes are in full leaf, it is time to start feeding.

Make sure you water your new plant before fertilizing it, and use a balanced fertilizer (preferably organic) recommended for roses.

Since their roots are young and tender, care must be taken not to burn your newly planted rose, so it is best to feed it with half the recom-

mended amount of fertilizer for the first year. It usually takes 8 to 12 weeks for roses to appear from the time the bush is planted.

When you cut your new roses to enjoy in the house or when dead-heading spent blossoms, do not cut long stems, and leave as much foliage on the bush as possible. Lightly cutting the canes back for the first year will help them grow strong, so you can enjoy beautiful flowers for years to come.

Linda is a Realtor with Coldwell Banker in La Jolla. Pictures of her garden have been published in local and national magazines. Take a tour of her garden at LindaMarrone.com.

VACCINES»

CONT. FROM PG. 6

A June 2015 Department of Justice report covering a three-month period that year seems to reflect that the flu vaccine is proportionally far from safe. Some 78 cases overall were awarded Vaccine Court settlements then, with 55 of the settlements granted for effects from the flu shot, including one death. Most of the settlements for injuries due to the flu shot were for Guillain-Barré Syndrome, a muscle disorder caused by damage to the nervous system. Other flu vaccine injuries included shingles, arthritis and Bell's palsy, a

neural condition that causes one side of the face to droop.

Are the flu shot-related injuries exceedingly rare? Yeah, probably. But as with everything else, there's strength in numbers—numbers the CDC itself can't even site on the other side of the ledger. Its own information says it's not aware of the number of yearly flu deaths, because states are not required to report individual seasonal flu cases or deaths of people older than 18 to the centers. Also, seasonal influenza is infrequently listed on death certificates of people who die from flu-related complications. One unrelated website says that the number of flu-related deaths each year can

range anywhere from 3,000 to 49,000—an unfathomable range amid the CDC's insistence that flu vaccines are safe.

I'll be 66 in February (I feel, act and look like I'm about 12 and a half), and that puts me in the "65-and-older" group the CDC especially urges to get the shot. Every year I ask my doctor if I should take the vaccine, and every year she emphatically says no. That's fortunate, because I've never gotten it, and, out of an abundance of caution, I never intend to. I've contracted an influenza strain a whopping one time in four decades (New Year's weekend of 1996, when I thought I was gonna die and wished I had at the

time)—so it's clear I've dodged the flu through a God-given immune system rather than through a medication that fuels a roily annual controversy on the other side of the mainstream press.

Not everybody has my excellent health, but then again, not everybody requires it in order to stave the flu. And if worse comes to worst, the effects from influenza typically last one to two weeks—a potentially small price to pay against the uncertainty that surrounds the arguments that favor the shot. Mercury, for example, can poison the heart, brain and kidneys and is a preservative component of the vaccine; and providers insist that the vaccine is

virtually mercury free today. So I guess we're supposed to ignore the fact that the levels were higher in the 40 years the vaccine's been around? Makes perfect sense to me, hey-tell.

What makes no sense is that Brianna Browning is very, very ill and that doctors either don't know or aren't stating the cause. There's certainly every chance that her shot isn't the cause of her sickness—but my money's on the figures from the Vaccine Court. Not only are they laughably more precise than those from the CDC; they're devoid of the inexorable big-pharma stigma, one that Brianna might never have a chance to survive.

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HAMILTON

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031284 Fictitious Business Name(s): GRAM'S SEWING located at: 4186 SORRENTO VALLEY BLVD. UNIT M SAN DIEGO, CA. 92121 is registered by the following: DIANE MARINA PORTER This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: DIANE PORTER Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 07, 2015 ISSUE DATES: DEC 17, 23 JAN 07 AND 14, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031123 Fictitious Business Name(s): FTT APPAREL located at: 2765 WORDEN ST. SAN DIEGO, CA. 92110 is registered by the following: FERNANDA E K COSTA This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: FERNANDA ERBANO KRUEGER COSTA Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 03, 2015 ISSUE DATES: DEC 17, 23 JAN 07 AND 14, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031525 Fictitious Business Name(s): THREE GUYS PROPERTIES located at: 4578 MIJA AVE. SAN DIEGO, CA. 92107 is registered by the following: CELSO CARIDAD FERNANDEZ This business is conducted by: AN INDIVIDUAL The first day of business was: 05/01/2012 Registrant Name: CELSO CARIDAD FERNANDEZ Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 09, 2015 ISSUE DATES: DEC 17, 23 JAN 07 AND 14, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-030839 Fictitious Business Name(s): TREELINE LABS located at: 3725 MISSION BLVD. SAN DIEGO, CA. 92109 is registered by the following: TREELINE LABS This business is conducted by: A LIMITED LIABILITY COMPANY TREELINE INTERACTIVE LABS, LLC 3725 MISSION BLVD. SAN DIEGO, CA. 92109 CALIFORNIA The first day of business was: 09/28/2012 Registrant Name: JACOB FIELDS Title: CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 01, 2015 ISSUE DATES: DEC 17, 23 JAN 07 AND 14, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031767 Fictitious Business Name(s): HOSPICE PHARMACY SAN DIEGO located at: 4190 BONITA RD. STE 101 BONITA, CA. 91902 is registered by the following: BONITA DRIVE THRU PHARMACY, INC. This business is conducted by: A CORPORATION BONITA DRIVE THRU PHARMACY, INC. 4190 BONITA RD. STE101 BONITA, CA. 91902 CALIFORNIA The first day of business was: 11/13/2015 Registrant Name: DANIEL LEE Title: CFO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 11, 2015 ISSUE DATES: DEC 17, 23 JAN 07 AND 14, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031461 Fictitious Business Name(s): UNITED HOME INSPECTORS located at: 1779 LAW ST. SAN DIEGO, CA. 92108 is registered by the following: RYAN BOOTH This business is conducted by: AN INDIVIDUAL The first day of business was: 12/08/2015 Registrant Name: RYAN BOOTH Title: OWNER The statement was filed with Ernest

J.Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 08, 2015 ISSUE DATES: DEC 17, 23 JAN 07 AND 14, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031664 Fictitious Business Name(s): SWELL DIGITAL CONSULTING located at: 1855 FIRST AVE #102 SAN DIEGO, CA. 92101 is registered by the following: GREG ROUX This business is conducted by: AN INDIVIDUAL The first day of business was: 09/15/2015 Registrant Name: GREG ROUX Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 10, 2015 ISSUE DATES: DEC 17, 23 JAN 07 AND 14, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-029968 Fictitious Business Name(s): A-LINE LEAD GENERATION PRO located at: 7255 CHARMANT DRIVE. #712 SAN DIEGO, CA. 92122 is registered by the following: O' CONNER, KELLY This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: KELLY O'CONNOR Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 18, 2015 ISSUE DATES: DEC 17, 23 JAN 07 AND 14, 2016

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2015-00040098-CU-PT-CITL PETITIONER OR ATTORNEY, KIMBERLY ANN SMITH-MOJADDIDI 1836 ROBINSON AVENUE SAN DIEGO, CA. 92103 916-524-6699 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM KIMBERLY ANN SMITH-MOJADDIDI TO KIMBERLY SMITH MOJADDIDI THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 19, 2015 TIME: 9:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): DEC 17, 22 JAN 07 AND 14, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-030522 Fictitious Business Name(s): LIMO FLY located at: 7577 WINTERWOOD LANE SAN DIEGO, CA. 92126 is registered by the following: FAHM ENTERPRISES, INC. This business is conducted by: A CORPORATION FAHM ENTERPRISES, INC. 10303 CAMINITO ALVAREZ SAN DIEGO, CA. 92126 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: MOHAMMAD NAZIR ZULAI Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 24, 2015 ISSUE DATES: DEC 17, 23 JAN 07 AND 14, 2016

STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER FICTITIOUS BUSINESS NAME FILE NO. 2015-030484 (1) Fictitious business name(s) : a. BONE SQUELLE b. BONE SQUELLE INDUSTRIES (2) THE ORIGINAL STATEMENT OF THIS FICTITIOUS BUSINESS WAS FILED IN SAN DIEGO COUNTY ON: 08/18/2015, and assigned File no. 2015-021589-01 (3) Located at: 8361

CALLE MORELOS (4) The following partner has withdrawn: NICHOLAS JACOB MINTERET 2321 CULVER WAY SAN DIEGO, CA. 92109 PARTNER NAME: NICHOLAS MINTERT TITLE: PARTNER This statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 24, 2015 ISSUE DATES: DEC 17, 22 JAN 07 AND 14, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032213 Fictitious Business Name(s): TRANSFORMATION HAVEN, COGNITIVE-BEHAVIORAL CENTER FOR RELATIONSHIP WELLNESS located at: 427 SOUTH CEDROS STE 203 SOLANA BEACH, CA. 92075 is registered by the following: NINA MERCE This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: NINA MERCE Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 17, 2015 ISSUE DATES: DEC 23 JAN 07, 14 AND 21, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-030608 Fictitious Business Name(s): LATRINES FOR LIFE located at: 887 SANDCASTLE DR. CARDIFF, CA. 92007 is registered by the following: CLASS-ARTS, CHILDREN & TECHNOLOGY, INC. This business is conducted by: A CORPORATION CLASS-ARTS, CHILDREN & TECHNOLOGY, INC 887 SANDCASTLE DR. CARDIFF, CA. 92007 CALIFORNIA The first day of business was: 11/23/2015 Registrant Name: NIEL S LUND Title: EXECUTIVE DIRECTOR / CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 25, 2015 ISSUE DATES: DEC 23 JAN 07, 14 AND 21, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031848 Fictitious Business Name(s): CALI LIFE COMPANY, CALIFUE CO. located at: 2075 EMERALD ST. SAN DIEGO, CA. 92109 is registered by the following: RAFAEL SANCIO PEPINO FIGUEROA This business is conducted by: AN INDIVIDUAL The first day of business was: 12/14/2015 Registrant Name: RAFAEL FIGUEROA Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 14, 2015 ISSUE DATES: DEC 23 JAN 07, 14 AND 21, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031581 Fictitious Business Name(s): DHR DENTISTRY located at: 3939 GOVERNOR DR. SUITE A SAN DIEGO, CA. 92122 is registered by the following: SANJAY DAIR, DDS., INC. This business is conducted by: A CORPORATION SAN JAY DHR, DDS., INC. 3939 GOVERNOR DR. SUITE A. SAN DIEGO, CA. 92122 CALIFORNIA The first day of business was: 06/04/2015 Registrant Name: SAN JAY DHR Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 09, 2015 ISSUE DATES: DEC 23 JAN 07, 14 AND 21, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031469 Fictitious Business Name(s): UMAI SUSHI located at: 730 NORDAHL ROAD, SUITE 109 SAN MARCOS, CA. 92069 is registered by the following: UMAUS CORP. This business is conducted by: A CORPORATION UMAUS CORP. 730 NORDAHL ROAD SUITE109 SAN MARCOS, CA. 92069 CALIFORNIA The first day of business was: 08/24/2015 Registrant Name: SEUNG

WOON CHONG Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 08, 2015 ISSUE DATES: DEC 23 JAN 07, 14 AND 21, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-029446 Fictitious Business Name(s): 619 PHOTOGRAPHY, K-WALL PHOTOGRAPHY located at: 3624 MISSION MESA WAY SAN DIEGO, CA. 92120 is registered by the following: NICHOLAS KOWALSKI This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: NICHOLAS KOWALSKI Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 13, 2015 ISSUE DATES: DEC 10, 17, 23 AND JAN 07, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032145 Fictitious Business Name(s): VANTASTIC SOUND located at: 5047 NARRAGANSETT AVE. SAN DIEGO, CA. 92107 is registered by the following: MICHAEL VANGEROV This business is conducted by: AN INDIVIDUAL The first day of business was: 01/01/2006 Registrant Name: MICHAEL VANGEROV Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 16, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032143 Fictitious Business Name(s): LIQUID BLUE, LIQUID BLUE BAND, AQUA BLUE, SHADES OF BLUE, ACOUSTIC BLUE, THE BLUEGRS, DEEPER BLUE PUBLISHING, DEEPBLUE RECORDS, BLUEBRASS located at: 5047 NARRAGANSETT AVE. SAN DIEGO, CA. 92107 is registered by the following: LIQUID BLUE, INC. This business is conducted by: A CORPORATION LIQUID BLUE, INC. 5047 NARRAGANSETT AVE. SAN DIEGO, CA. 92107 CALIFORNIA The first day of business was: 09/23/1994 Registrant Name: SCOTT STEPHENS Title: PRESIDENT & CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 16, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032154 Fictitious Business Name(s): THE SIGN FACTORY located at: 5676 LA JOLLA BLVD. LA JOLLA, CA. 92037 is registered by the following: JAMES MC CALMONT This business is conducted by: AN INDIVIDUAL The first day of business was: 01/01/2006 Registrant Name: JAMES MC CALMONT Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 17, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032806 Fictitious Business Name(s): ROCKIN ROBIN RACING 2 located at: 633 MONTEITO WAY RAMONA, CA. 92065 is registered by the following: ROBIN HOFFOS, STEVE BLASCO, STEVE LEHMAN, GAURAV SHAH This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: 12/08/2015 Registrant Name: ROBIN HOFFOS Title: GENERAL PARTNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 24, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031797 Fictitious Business Name(s): PRO MOVERS

GROUP located at: 4219 WILSON AVE. #5 SAN DIEGO, CA. 92104 is registered by the following: PROFESSIONAL MOVERS GROUP This business is conducted by: A CORPORATION PROFESSIONAL MOVERS GROUP4219 WILSON AVE. #5 SAN DIEGO, CA. 92104 The first day of business was: 08/17/2015 Registrant Name: VIKTOR LYASHER Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 11, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032270 Fictitious Business Name(s): WABA GRILL-SAN DIEGO UNIVERSITY located at: 4415 UNIVERSITY AVE. SAN DIEGO, CA. 92105 is registered by the following: WABA GRILL FRANCHISE CORPORATION This business is conducted by: A CORPORATION WABA GRILL FRANCHISE CORPORATION 13181 CROSSROADS PKWY N #510 CITY OF INDUSTRY, CA. 91746 CALIFORNIA The first day of business was: 12/15/2015 Registrant Name: ERIC S. LEE Title: CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 17, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032080 Fictitious Business Name(s): HOUSE OF SALES AND SHADES located at: 1201 FIRST STREET #103 CORONADO, CA. 92118 is registered by the following: EQUIPSE EYEWEAR, INC. This business is conducted by: A CORPORATION EQUIPSE EYEWEAR, INC. 2000 ERIO SALADO PKWY #1030 TEMPE, AZ 85281 ARIZONA The first day of business was: 12/01/2015 Registrant Name: DAVID STEWART Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 16, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032913 Fictitious Business Name(s): REWS DRY FOOD MARKET located at: 5285 EL CAJON BLVD. SAN DIEGO, CA. 92115 is registered by the following: EQUIPSE EYEWEAR, INC. This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: REW CHUOI Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 28, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-033020 Fictitious Business Name(s): CULTURE ANIMAL, AUGUST HIGHLAND, HANA MALKAH, CRIMES AGAINST HUMANTIES, MINDWOMB, LITOB, HOF, PORNALESS, MUSE APPRENTICE GUILD located at: 3680 MOULTRE AVENUE SAN DIEGO, CA. 92117 is registered by the following: HANA OBATA FINEMAN This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: HANA OBATA FINEMAN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 29, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-030977 Fictitious Business Name(s): MILLIONAIRE MOMS CLUB located at: 5450 BURFORD ST. SAN DIEGO, CA. 92111 is registered by the following: CHANTE SANDOVAL This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: CHANTE SANDOVAL Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 02, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-030977 Fictitious Business Name(s): MILLIONAIRE MOMS CLUB located at: 5450 BURFORD ST. SAN DIEGO, CA. 92111 is registered by the following: CHANTE SANDOVAL This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: CHANTE SANDOVAL Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 02, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032410 Fictitious Business Name(s): BERNARDO HEIGHTS COUNTRY CLUB located at: 16066 BERNARDO HEIGHTS PARKWAY SAN DIEGO, CA. 92128 is registered by the following: BERNARDO HEIGHTS CC, LLC This business is conducted by: A LIMITED LIABILITY COMPANY BERNARDO HEIGHTS CC, LLC. 3030 LBJ FREEWAY, SUITE 600 DALLAS, TX. 75234 NEVADA The first day of business was: NOT APPLICABLE Registrant Name: INGRID J. KEISER Title: SECRETARY The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 18, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-031786 Fictitious Business Name(s): TAKE FLIGHT YOGA located at: 1705 HORNBLIND ST. APT B SAN DIEGO, CA. 92109 is registered by the following: MELISSA GUFFY-GRIFFIN, SARA SNOW This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: NOT APPLICABLE Registrant Name: MELISSA GUFFY-GRIFFIN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 11, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-033148 Fictitious Business Name(s): DEVON VICTORIA COMMUNICATIONS located at: 853 THOMAS AVENUE #13 SAN DIEGO, CA. 92109 is registered by the following: DEVON V. GARDNER This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: DEVON V. GARDNER Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 30, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032213 Fictitious Business Name(s): TRANSFORMATION HAVEN, COGNITIVE-BEHAVIORAL CENTER FOR RELATIONSHIP WELLNESS, EXTRAORDINARY LIFE & LOVE CONSULTING located at: 427 SOUTH CEDROS STE 203 SOLANA BEACH, CA. 92075 is registered by the following: NINA MERCE This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: NINA MERCE Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 17, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2015-0004178-CU-PT-CITL PETITIONER OR ATTORNEY, DILLON SCOTT FAHNEY 10081 RIO SAN DIEGO DRIVE, UNIT #327 SAN DIEGO, CA. 92108 619-816-8122 HAS

FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM DILLON SCOTT FAHNEY TO DILLON FAHNEY SANIDGETHE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 05, 2016 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 07, 14, 21 AND 28, 2016

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2015-00033291-CU-PT-CITL PETITIONER OR ATTORNEY, ANGEL LUIS PEREZ JR. SAN DIEGO, CA. 92101 619-823-7862 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM ANGEL LUIS PEREZ JR. TO LOUIS PEREZ THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JAN 22, 2016 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032213 Fictitious Business Name(s): TRANSFORMATION HAVEN, COGNITIVE-BEHAVIORAL CENTER FOR RELATIONSHIP WELLNESS, EXTRAORDINARY LIFE & LOVE CONSULTING located at: 427 SOUTH CEDROS STE 203 SOLANA BEACH, CA. 92075 is registered by the following: NINA MERCE This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: NINA MERCE Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 17, 2015 ISSUE DATES: JAN 07, 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-000082 Fictitious Business Name(s): THERAPEUTIC KNEADS SAN DIEGO, TIFFANY STANSFIELD MASSAGE THERAPY located at: 2121 REED AVE. APT C SAN DIEGO, CA. 92109 is registered by the following: TIFFANY STANSFIELD This business is conducted by: AN INDIVIDUAL The first day of business was: 01/01/2016 Registrant Name: TIFFANY STANSFIELD Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 04, 2016 ISSUE DATES: JAN 14, 21, 28 AND FEB 04, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-000186 Fictitious Business Name(s): CREATE-HEALTHYFAMILIES.COM located at: 1467 BERYL ST. SAN DIEGO, CA. 92109 is registered by the following: STEPHANIE ANTIN This business is conducted by: AN INDIVIDUAL The first day of business was: 01/04/2016 Registrant Name: STEPHANIE ANTIN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 05, 2016 ISSUE DATES: JAN 14, 21, 28 AND FEB 04, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032775 Fictitious Business Name(s): E AUTO-MOTO SALES located at: 4009 PARK BLVD. SUITE 1 SAN DIEGO, CA. 92103 is registered by the following: ENERLIS ILANO This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ENERLIS T. ILANO Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 23, 2015 ISSUE DATES: JAN 14, 21, 28 AND FEB 04, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032960 Fictitious Business Name(s): ENTERPRISE ZING located at: 10440 MAYA LINDA RD. SAN DIEGO, CA. 92126 is registered by the following: MYLO DELK-HENDERSON This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MYLO DELK Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 29, 2015 ISSUE DATES: JAN 14, 21, 28 AND FEB 04, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-000461 Fictitious Business Name(s): CARE OF LIFE, CARE OF LIFE CHIROPRACTIC located at: 4535 FANUEL ST. SAN DIEGO, CA. 92109 is registered by the following: STEPHANIE LBS This business is conducted by: AN INDIVIDUAL The first day of business was: 04/01/2015 Registrant Name: STEPHANIE LBS Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 07, 2016 ISSUE DATES: JAN 14, 21, 28 AND FEB 04, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-033094 Fictitious Business Name(s): BARE BRUSH TAN, LLC. located at: 3843 MISSION BLVD. SAN DIEGO, CA. 92109 is registered by the following: BARE BRUSH TAN, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY BARE BRUSH TAN, LLC. 3843 MISSION BLVD. SAN DIEGO, CA. 92109 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: PERRIN COOK Title: FOUNDER / MANAGING MEMBER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 30, 2015 ISSUE DATES: JAN 14, 21, 28 AND FEB 04, 2016

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2015-00042968-CU-PT-CITL PETITIONER OR ATTORNEY, ELLEN ZIEGLER WARD 2227 DENVER ST. SAN DIEGO, CA. 92110-3335 619-787-9162 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM ELLEN ZIEGLER WARD TO ELLEN LOUISE ZIEGLER THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 19, 2016 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 14, 21, 28 AND FEB 04, 2016

SUPERIOR COURT OF CALIFORNIA CIVIL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2016-00000334-CU-PT-CITL PETITIONER OR ATTORNEY, MAN DIEP 10149 LEAVESLY TRL Santee, CA. 92071 858-436-5252 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM MAN DIEP ON BEHALF OF MINOR CHILDREN QUIN N DIEP TO JULIE DIEP FROM THU LE OYEN DIEP TO SAMMIE DIEP THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 26, 2016 Time: 8:30 AM Dept: C Room: 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 14, 21, 28 AND FEB 04, 2016

NOTICE OF PETITION TO ADMINISTER ESTATE OF: NOELLE GERTRUDE KENYON CASE NUMBER 37-2016-00000444-FR-LA-CITL 1. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of NOELLE G. KENYON 2. A Petition for Probate has been filed by RICHHELLE A. HURST, RICHARD A. KENYON, WELLS FARGO in the Superior Court of California, County of SAN DIEGO 3.The Petition for Probate requests that RICHHELLE A. HURST be appointed as personal representative to administer the estate of the decedent. 4. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. 5.The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. 6. A hearing on the petition will be held in this court as follows: a. Date: FEB 11, 2016 Time: 1:30 A.M. Dept: PC-2 b. Address of court: SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO 1409 Fourth Ave. San Diego, CA. 92101 Madge Bradley Courthouse 7. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. 8. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. 9. You may examine the file kept by the court, if you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. 10. Petitioner: RICHHELLE A. HURST 5297 SETTING SUN WAY, SAN DIEGO, CA. 92121 858-354-2205 ISSUE DATE(S): JAN 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-032536 Fictitious Business Name(s): SMILE NAIL'S & SPA located at: 1759 OCEANSIDE BLVD #B, OCEANSIDE, CA. 92054 is registered by the following: PHONG NGUYEN This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: PHONG NGUYEN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 21, 2015 ISSUE DATES: JAN 14, 21, 28 AND FEB 04, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-000720 Fictitious Business Name(s): AMUR PROPERTY MANAGEMENT located at: 5645 LORF CECIL ST. SAN DIEGO, CA. 92122 is registered by the following: PHONG NGUYEN This business is conducted by: A MARRIED COUPLE The first day of business was: 11/15/2015 Registrant Name: ALVARO MUNEVAR JR., JEANNINE LANE Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 11, 2016 ISSUE DATES: JAN 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-033231 Fictitious Business Name(s): HARLAND PROPERTY MANAGEMENT, HARLAND MANAGEMENT, HARLAND REALTY, HARLAND ESTATES located at: 920 KLINE ST. #202 LA JOLLA, CA. 92037 is registered by the following: KAYNOR & ASSOCIATES INC. This business is conducted by: A CORPORATION KAYNOR & ASSOCIATES INC. 920 KLINE ST. LA JOLLA, CA. 92037 CALIFORNIA The first day of business was: 11/08/2003 Registrant Name: KAYVAN HOMAYOUNI Title: CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 31, 2015 ISSUE DATES: JAN 14, 21 AND 28, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2016-000779 Fictitious Business Name(s): VOLARE A POLE ART & AERIAL YOGA STUDIO located at: 5026 CASS ST. B.SAN DIEGO, CA. 92109 is registered by the following: VOLARE: A POLE ART & AERIAL STUDIO, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY VOLARE: A POLE ART & AERIAL YOGA STUDIO

I just arrived in the nicest city in the U.S.!

By HANNA LAUKKANEN

Last May, I decided that I want to see and experience something other than my home country of Finland and my home office at a local newspaper. I decided that I want to travel someplace warm, and I was eager to improve my English, so I decided to travel to San Diego from my hometown of Nurmes, about 310 miles east of Helsinki – a Finnish friend said it is the nicest city in the U.S. so why not give it a try.

With help from the German-American Chamber of Commerce, I started to plan my trip and my internship – and after six months and an 11-hour flight on Jan. 6, here I am, at San Diego Community Newspaper Group, starting my four-month internship. I'm excited, and I hope I can learn a lot about journalism and the United States.

I graduated from the University of Tampere (second biggest university in Finland) last March and wanted to improve my knowledge of what journalism is like abroad. The U.S. is a great place for comparison, because freedom of speech here is quite equal to that in Finland.

I've been a working and student journalist for 10 years, and I truly think I have found a career that I really enjoy. The best part of the job is meeting people with different backgrounds and trying to under-

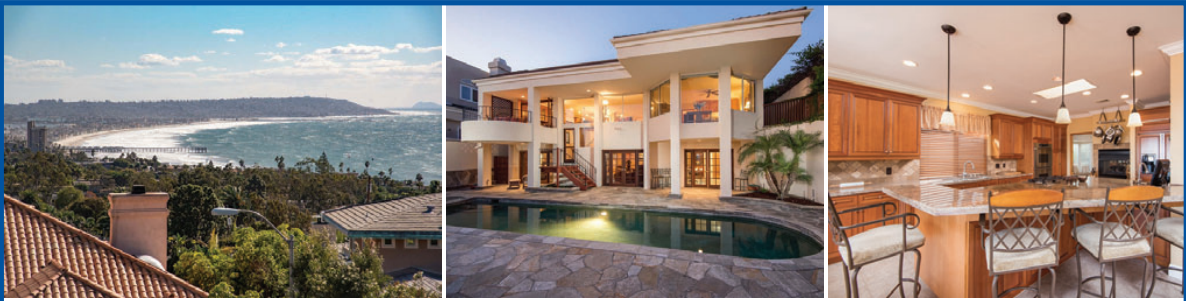
stand why they see world as they do. I also love writing and want to develop my style so that in the future people would also like to read my novel(s).

Journalism in Finland is in the same kind of adolescent phase as in the U.S. and all over the world. If I knew how to get people under 30 to read news and pay for it, I would have millions of dollars. Somehow, we journalists have to burst the bubble of not-so-modern and inflexible journalism and make something so amazing and super-fun that people simply can't live without it. I personally love news that includes video, because videos give so much more information about the subject.

You, dear reader, can help us. Tell us: What do you want to read about in your community newspaper? What excites you and makes your blood flow faster? Whose interview would you like to read? Tweet, post an Instagram photo, email or send us a card or call. We want to know.

I will continue having a nice time in San Diego and hope to meet you in my adventure! Tavataan pian ("see you soon" in Finnish)!

(Editor's note: Hanna Laukkanen is a winter-spring intern at San Diego Community Newspaper Group. Her electronic mail address is toimittajalaukkanen@gmail.com.)



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ENTRY RULES: You choose your favorite! Tell us who the best of the best is and you'll be entered into our free drawing. Vote for restaurants in La Jolla and UTC. (92037, 92121, 92122). Maximum of 4 categories per restaurant. Mail or hand deliver your ballot to: La Jolla Today, Readers Choice Awards: 1621 Grand Ave., Ste. C., San Diego, CA 92109; or vote online at: sdnews.com or lajollavillagenews.com. Please complete at least 50% of the ballot. One ballot per person. Ballots must be postmarked, submitted online, or hand-delivered by 3/16/2016

Overall Restaurant _____
Overall restaurant service _____
New restaurant _____
Best Chef _____
Breakfast _____
Lunch _____
Dinner _____
Take-out _____
Sunday brunch _____
Family restaurant _____
Best Atmosphere _____
Restaurant Service _____
Restaurant w/ Wine List _____
Wine Shop _____
Wine Bar _____
Local Winery _____
Beer Selection _____
Sports Bar _____
Martini _____
Place to People Watch _____
Pet Friendly Restaurant _____
Live music _____
Place to Dance _____
Happy hour _____
Best Comfort Food _____

Late Night Eatery _____
Place to go on a budget _____
Place for a birthday party _____
Most romantic _____
Best ocean view _____
Appetizer _____
Bagel _____
Burrito _____
Burger _____
Fish Taco _____
Fish & Chips _____
Desserts _____
Margarita _____
Omelette _____
Pastry _____
Pizza _____
Pita _____
Salad bar _____
Sandwich _____
Senior Special _____
Steak _____
Sushi _____
Seafood _____
American _____
BBQ _____

Asian fusion _____
Thai _____
Chinese _____
Pho _____
Greek _____
French _____
Indian _____
Italian _____
Korean _____
Mediterranean _____
Mexican _____
Mexican (fast food) _____
Bakery _____
Bar _____
Cafe _____
Catering _____
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Deli _____
Gellato _____
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Vegetarian _____
Patio dining _____
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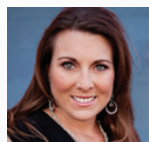

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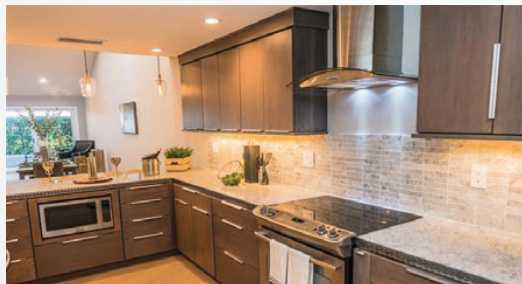
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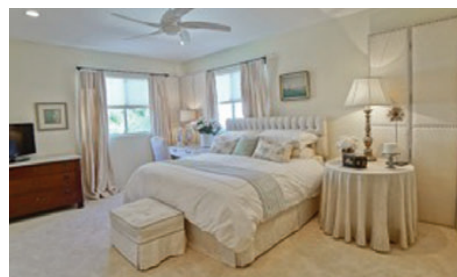
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SPECTACULAR SHORT TERM RENTALS



Seaside Retreat on Sail Bay

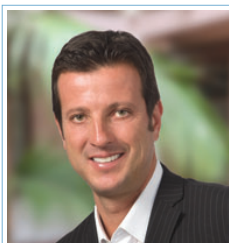
Located on the most coveted stretch of Sail Bay, this spectacular 3BR/2BA, 1704 sq ft waterfront unit boasts stunning views of sea, sand and sunsets!! Located in a boutique-style building just east of the Catamaran, allows for easy access in and out year-round. This quintessential beach home is light, bright and airy, with decorator touches throughout. It features a two-story floor plan with a first floor Master, on suite bath, and two guest bedrooms on the second floor. Privately-gated with access tucked off the busy roads.

177 PB Drive Unit C - For Rent \$9,000 - \$11,000/month Rates subject to change

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