

THE BIG PICTURE



THE MEANS TO THE END Out of question, our region's sunsets are legendarily beautiful, painting the skies at will as a matter of routine. This recent Eric Rubens photo inspires thoughts about winter sunsets in particular and why they seem especially brilliant this time of year. The answer lies in the weather - we explain on page 21.

Scripps research on biofuels hits close to home

By JUDITH GARFIELD

Editor's note: This is the first in a two-part series by science writer Judith Garfield detailing her recent work on the effects of biofuel emissions on the environment and on our health. The cruise around California's Channel Islands, about 180 miles northwest of San Diego, was conducted by La Jolla's Scripps Institution of Oceanography.

There is no gift shop, no Lido deck, no musical theater entertainment. Just my kind of cruise!

I recently joined Chief Scientist Lynn Russell, PhD, an atmospheric scientist at La Jolla's Scripps Institu-

tion of Oceanography (SIO), as a guest scientist along with her four-person research team aboard the R/V Robert Gordon Sproul. During the five-day mission off California's Channel Islands, we collected data on biofuel emissions. Results from data gathered on this cruise, supported by the U.S. Department of Transportation Maritime Administration, will take us closer to understanding the effects of biofuel aerosols on the environment and how they compare with what we know about fossil fuel emissions. This includes learning more about the effects of biofuels on human health.

Ship's Log Day 1: Departure

After arriving dockside, I surveyed the ship and noted I am shar-



A "snorkel" perched atop a trailer faces the four smokestacks of research vessel Robert Gordon Sproul, with the outlined biofuel emissions captured by the snorkel connected to a portable laboratory. The Sproul, built in 1981 and owned by UCSD, has a permanent crew of five and can hold up to 12 scientists.

SEE **BIOFUELS** >> PG. 19

A political football

Film, emails show LJHS officials knew details of player's injury despite denials to media Contribution by MARIO KORAN, Voice of San Diego

Video of La Jolla High School's junior varsity football game against Point Loma High in October shows a 17-year-old knocking helmets with linemen, play after play.

The La Jolla player, who we're

calling Blake for privacy reasons, plays nearly every down of the game - offense, defense and special teams.

SEE **FOOTBALL** >> PG. 22



Voice of San Diego obtained a screenshot of last October's La Jolla-Point Loma High School junior varsity football game through a Public Records Act request.

La Jolla kindergarten vaccination rates low, countywide study says

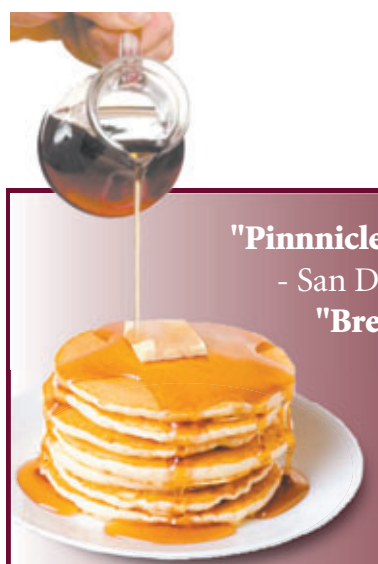
According to a recent study published by inewsource.org on vaccination rates in San Diego County kindergarten classes, only two La Jolla programs - those at La Jolla and Torrey Pines elementary schools - surpass the county average, with 94 percent of their students caught up on their vaccinations.

The rates of lateness at La Jolla's other seven kindergarten programs range from 8 percent at The Children's School to 59 percent at San Diego French-American School. Vaccinations against dis-

eases such as measles and mumps are recommended for children from anywhere between 12 and 15 months to 4 and 6 years of age.

The data indicate the number of students fully up to date and those with exemptions, including those that center on permanent medical and personal belief. The data were collected from the California Department of Public Health and California Department of Education.

SEE **VACCINES** >> PG. 4



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Santa Fe Omelette

Planning group OKs home remodel, new Cove restroom facilities

La Jolla Community Planning Association in February approved conceptual plans for new restroom and shower facilities at the Cove and endorsed a scaled-back proposal for a single-family home remodel/addition in the Shores.

Several people — Ed Comartin, Dede Donovan, Janie Emerson, Jim Fitzgerald, Sary Frymann, Steve Haskins, David Little, Michael Morton and Glen Rasmussen —

have tossed their hats into the ring vying for open seats in the advisory group's annual trustee election to fill seven open positions on Thursday, March 5.

In his president's report, Joe LaCava also noted an appeal hearing at the city Planning Commission on the controversial Whale Watch Way mansion project, which the association denied because of its large size, will likely be postponed until April.

Taal Safdie, of Safdie Rabines Architects, clued the association in on preliminary design plans for the La Jolla Cove Pavilion, a long-term project to replace outdated and deteriorating restroom-shower facilities with an attractive sustainable pavilion honoring the beauty of the Cove and Scripps Park.

To date, \$30,000 has been contributed by La Jolla's Cove Swim, Kiwanis, Bridge, Rotary and Sunrise Rotary clubs for pavilion design, which, according to the pavilion's Facebook page, the city of San Diego has agreed to fund in 2016.

"The project was given to us, and we came up with a (design) scheme and also a general development plan, and what we really want is for Scripps Park to have a nice view corridor as much as possible to the Cove," said Safdie noting the pavilion plan is "quite linear."

Safdie said revised Pavilion plans include a combination of sex-specific, unisex and family bathrooms with sinks, showers and storage areas on the outside of the building.

From the audience, diver and La Jolla Parks and Beaches, Inc. member Bill Robbins lauded the contributions of generous service clubs and individuals, noting, "Local

donations allowed us to get this far without (using) any city money."

Association trustee Phil Merten said he thought the number of suggested toilets was too high, suggesting that cutting a little could allow the pavilion to be redesigned further to "open up views from the park to the Cove."

Merten's suggestion was incorporated into a motion to give conceptual approval to preliminary pavilion design.

That motion was eventually passed by a 12-1-1 group vote.

Architects for the Fentisova residence at 8374 Paseo del Ocaso in La Jolla Shores presented a significantly downscaled plan to remodel and add a second-story addition to the existing one-story, single-family residence.

The project had previously been voted down in subcommittee on a 4-1-1 vote due to the project's bulk and scale, which planners felt was too great and out of character with the surrounding neighborhood.

But LJCPA planners were impressed by new design changes from the architects and voted overwhelmingly in favor of their revamped design.

Two LJ RadioShack franchises among eight in county to close

Eight of the 34 RadioShack stores in San Diego County, including two franchises in La Jolla, will be closed as part of the fallout from the struggling electronics retailer's bankruptcy filing, according to a list released Feb. 9.

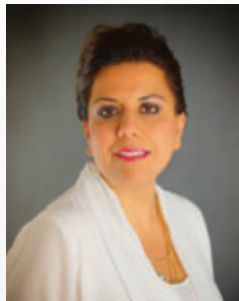
Nearly 1,800 outlets will be shut down nationwide, while the rest of RadioShack's stores -- roughly 2,200 -- will be sold to wire-

less carrier Sprint and a hedge fund that was the company's biggest investor.

The La Jolla stores are at 8849 Villa La Jolla and 915 Pearl St. Others are in Carmel Mountain Ranch, Chula Vista, La Mesa, Murphy Canyon Rancho Bernardo and Santee.

RadioShack has suffered financial losses in 11 of its past 12 quarters.

Welcome, Sima Alefi, new financial advisor for Wells Fargo



Sima Alefi

With 20 years of experience in the financial industry, I recently transitioned my practice to Wells Fargo Advisors in April of 2014. My previous practice with Edward Jones was located in the Danville, bay area of northern California.

As a Financial Advisor I help manage assets for individuals, trusts, retirement plans, and businesses. I especially enjoy working with women who have been divorced, widowed or recently came into an inheritance. I feel women are often underserved due to Financial Advisors' lack of understanding of their needs—simply by not listening or not being able to relate. As a woman Financial Advisor, I understand the importance of having specific plans for various life events.

As a mother of two adult boys, married for 24 years, I understand the juggling role that women have—mom, daughter, caregiver, wife, career. I enjoy educating and empowering clients to take control of their financial future by providing a plan and investment advice. I enjoy helping couples obtain their financial dreams.

My extensive experience—through out major shifts in the markets—enables me to help my clients' structure balanced portfolios to address their specific financial goals. I have earned a degree in Business Management and in addition to several applicable securities registrations, I hold an Accredited Asset Management Specialist, AAMS professional designation.

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Business dispute cited in shooting of Ch. 8 sports director Kyle Kraska; condition critical but stable

Officials say a business dispute may have led to the shooting of Ch. 8 sports anchor and director Kyle Kraska, who was shot outside his Scripps Ranch home on Feb. 10.

San Diego police spokesman Scott Wahl said the dispute involved work that painter Mike Montana had done to Kraska's home, but he did not offer specifics. Montana was arrested in the attack after a standoff with police at a residence in El Cajon.

KFMB-TV, Ch. 8, had said Kraska, 48, was shot in the leg and the left side of his stomach. It later reported that Kraska had undergone surgery and his prospects were good. Radio reports the

morning of Feb. 12 said Kraska had been shot as many as 10 times and that he was hospitalized in critical but stable condition.

The CBS affiliate had reported that shots were initially fired into the rear window of Kraska's Mercedes. His car then appeared to pull out of his driveway, and the confrontation spilled into the street in front of Kraska's home before another round of gunshots were heard.

The car could be seen parked on the edge of a driveway in a cul-de-sac with its back window shot out.



KYLE KRASKA

Police said Montana drove away from the scene in a white minivan with the logo "Superior Painting" on its side. Rob Pedley, who owns Superior Painting in San Diego, said the van did not belong to his company and he didn't know Montana.

Kraska appears on KFMB's evening newscasts and hosts its San Diego Chargers postgame show. He has worked at the station since 1999 and has been its sports anchor since 2003. He previously worked for TV stations in New York, Florida, Texas and Los Angeles.

Man claims role in call that shut down Country Day

A man came forward Feb. 9 to claim responsibility for a phone call that prompted the closure of a La Jolla school last week and spurred a law enforcement investigation.

William Cooper told San Diego's Ch. 10 he was the one who made the call, but he said he never made an actual threat and seems to think it was a misunderstanding.

He said he called because he just wanted to know how his 5-year-old daughter was doing. He lives in England and cannot talk to her or see her. He said he had a court order to get the information, so he was frustrated when school staff would not tell him.

"I said, 'What do you want me to say, I have a friend who's going to go down there to put a bomb in the school to get your attention?'" Cooper said in a

phone interview.

An FBI official said there were specifics in the threat, but Cooper said that is not true. "The FBI agent ... I'd like him to come to England and face me and question me over that," Cooper said. "That is ludicrous. That's stupid."

La Jolla Country Day School was closed on Feb. 4 after the FBI said the school received a telephone message the day before from "a known individual" who threatened to place a bomb on the campus.

In a letter to parents immediately following the threat, Interim Head of School Judy Fox had said the person was not affiliated with the school. FBI officials had said the person was not a student or a school staff member.

The threat prompted authorities to search the campus, but nothing suspi-

cious was found. Extra security was at the school when classes resumed on Feb. 5.

Reporters at Ch. 10 tracked down Cooper's ex, Cara, the girl's mom. She said she does not think he would bomb a school but thinks he is unpredictable.

"I would just ask him why ... why do this to your own child," Cara said.

"I am devastated that it has come to this, and I am of course deeply saddened that it affected this many people."

The little girl will not be returning to La Jolla Country Day.

La Jolla Country Day School is a private college-preparatory school with about 1,200 students. It has students as young as 3 and serves pupils through the 12th grade.

—KGTV

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VACCINES >>

CONT. FROM PG. 1

Public health officials say measles vaccinations are now under particular scrutiny, as the state is wrestling with a significant outbreak. California's disease rate is at 123 as of press time, with 13 of those in San Diego County.

All states require children to be up-to-date with immunizations before

entering public kindergarten but allow children to opt out of vaccinations for medical reasons. Aside from those rules, states' laws vary: In Mississippi and West Virginia, the only exemptions allowed are those with medical problems, whereas the remaining 48 states allow some exemptions based on religious beliefs. About 20 states allow parents to opt out of vaccinating their schoolchildren for philosophical reasons, including moral, personal or other

beliefs, according to the National Council of State Legislators.

In the United States, susceptible people include those unvaccinated for personal or religious reasons, babies too young to be vaccinated and those who did not develop a proper immune response to the measles vaccine. It also includes people who are immunocompromised, who cannot safely be vaccinated, such as those with leukemia, or who are undergoing chemotherapy.

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Merchants discuss parking limits, hear SD Padres' business pitch

By DAVE SCHWAB

In February, the La Jolla Village Merchants Association board discussed creating uniform parking time limits throughout the Village and received a pitch from the San Diego Padres about the ball club wanting to become more community involved.

"We should review changing all parking in the Village to one set time," said association executive director Sheila Fortune, who noted existing time limits are a hodge-podge.

"It needs to be uniform," she said. "If the magic number is 90 minutes, then we should make that a blanket limit across the Village."

"It's a big mess," agreed group president CA Marengo, who noted a "one-size-fits-all" time limit in the Village would "help traffic."

Board member Nancy Warwick pointed out it's important to survey Village merchants as to what they think the most appropriate time limit should be.

"Ninety minutes is a compromise that would make sure there's good (customer) turnover," Warwick added.

The group agreed that it will recommend to the La Jolla Traffic and Transportation Board, an association subcommittee that makes land-use recommendations to the city, that it review establishing a uniform parking limit Village-wide.

Padres president/CEO Mike Dee dropped in to discuss this year's baseball team, which begins spring training soon.

"This is a baseball-rich community, and we want to become more ingrained with your organizations and your businesses," said Dee, who strongly invited La Jollans to have "a more active role at Petco Park."

Acknowledging the Padres want to promote their brand in La Jolla, Dee noted the relationship will be a "two-way street" moving forward.

Dee added major improvements upgrading the team's scoreboard and roster are exciting new developments indicating the club's commitment to quickly building a competitive team.

"We're also bringing the baseball All-Star Game here to Petco in July 2016," Dee said.

Fortune noted that the game of Sunday, June 14, against the Dodgers has been chosen as the date for the second annual La Jolla Day at the Padres.



REMAINS OF THE DAY An empty storefront and "For Lease" sign is all that's left of Schroeder Piano Company & Piano Rentals, Inc., at 5680 La Jolla Blvd. in Bird Rock. The merchant has vacated the premises following the recent filing of 14 criminal charges against owner Peter Schroeder, ranging from financial elder abuse to embezzlement and grand theft. Several former customers of the establishment have stepped forward during a months-long investigation to allege that they were swindled in their dealings with the Schroeders.

Ex-nurses face jail in elder abuse case

Two former registered nurses, caught on camera having sex in front of their patient, a 98-year-old grandmother in her La Jolla home, pleaded guilty Monday to committing felony elder abuse. They face up to one year in jail when they are sentenced March 30 before San Diego Superior Court Judge Timothy Walsh. Both remain free on \$200,000 bond.

The licenses of both men, Russell Olvena Torralba, 42, of Bonita, and Alfredo Villagarcia Ruiz, 43, of San Diego, were revoked in July of 2013 by the state. The men are no longer caring for patients.

Court records show the District Attorney's office will not seek more than one year in jail for both men. The maximum sentence is four years in state prison.

The family of the grandmother had hidden security cameras installed in 2011, following which they discovered the nurses were engaging in sexual

acts in front of the grandmother.

The videos somehow got leaked onto the Internet.

Both men had a 5½-day preliminary hearing last August and were ordered to stand trial on multiple elder abuse counts, some including neglect of patients in a facility Torralba ran in Mira Mesa. The judge tossed out allegations they had molested the grandmother.

The grandmother could not speak following a stroke, and she could only move her left arm in what her daughter testified was distress.

In his guilty plea, Torralba signed a statement saying he "inflicted unjustifiable mental suffering upon an elder." He also pleaded guilty to elder abuse as a misdemeanor involving care of another patient in 2010 in his Mira Mesa facility, which he no longer owns.

— Neal Putnam

Disabled vet pleads guilty in vehicular death

A disabled Air Force veteran pleaded guilty Monday, Feb. 2 to gross vehicular manslaughter while under the influence of prescription drugs in the death of a Pacific Beach man in a crash on La Jolla Village Drive.

The motorist, Soranon Booppanon, 40, admitted to responsibility in the Oct. 23, 2013 crash that killed George Matteson, 77, and seriously injured his wife, Betty Matteson, 74.

Booppanon could be sentenced to up to seven years in state prison, according to the plea agreement signed by the attorneys and San Diego Superior Court Judge Timothy Walsh. Sentencing was set for April 27.

Booppanon was driving to the Veterans Hospital when she ran a red light and struck two cars and a truck at the intersection of La Jolla Village Drive and Genesee Avenue. She was taking a strong painkiller, a tranquilizer and other medications.

Booppanon, who requires a walker, no longer drives and remains at home under house arrest. Due to her disability, a sentence of probation is possible.

The police officer at the scene of the crash testified Booppanon repeatedly wanted to call her pastor and pray with him.

"I did kill George Matteson while driving....," she wrote with her attorney's help, "and the death was the proximate result of an unlawful act with gross negligence, and I personally inflicted great bodily injury upon Betty Matteson."

Booppanon's attorney, G. Cole Casey, said Booppanon served in the Air Force for 14 years and that her disability was directly related to her military service. Casey added Booppanon was "beyond remorseful."

Alcohol was determined not to be a factor in the crash.

— Neal Putnam

'Revenge porn' site operator found guilty, faces 20 years

Following 14 hours of deliberations over three days, a jury convicted a Pacific Beach man Feb. 2 of six extortion charges and 21 identity thefts in connection with his operation of a "revenge porn" website, which displayed photos of nude women and required fees ranging from \$299 to \$350 for their deletion.

The eight-woman, four-man jury deadlocked on a conspiracy charge and another identity theft count against Kevin Bollaert, 28, but he faces 20 years in prison at his April 3 sentencing for the 27 guilty verdicts he received.

Testimony began Jan. 16.

San Diego Superior Court Judge David Gill initially said he had leaned toward letting Bollaert remain free on \$50,000 bond until Deputy Attorney General Tawnya Austin asked that he be remanded to jail because of "potential harm to the community, (as) he is a master to using the Internet."

"His specialty is harm on the Internet," said Austin. "This is an individual who has no moral compass."

Twenty-six women and two men testified they learned their nude photos somehow got on the website and were told they had to pay \$299 to \$350 to get them taken down. Most of the victims said they did not know how or who got their pictures.

Austin told Gill that Bollaert was convicted in federal court of giving a wrong address on applications to buy 20 firearms, seized by authorities. Bollaert is currently on federal probation and served 15 days in federal prison in 2014, his attorney

ney, Emily Rose-Weber, confirmed to Gill.

Bollaert reportedly intended to sell the guns over the Internet. Gill wondered if the probation restrictions limited Bollaert from being on the Internet, to which Rose-Weber replied no.

"I don't think he's a danger to anyone," said Rose-Weber, adding that Bollaert now lives with his parents in another state and that the parents paid the \$50,000 bond.

The judge ordered Bollaert's bail increased to \$500,000.

One juror's note to the judge revealed the jury's impasse on the conspiracy count, inquiring if any of the posters to the website could be called co-conspirators. The jury foreperson said the last vote on the conspiracy count was 8-4 and 7-5 on the other.

In her closing argument Jan. 29, Rose-Weber had argued for acquittal on all counts, saying Bollaert created "a blank canvas" for others to post nude photos and comments on the website YouGotPosted.com. She said Bollaert didn't take any of the photos and did not know any of the people whose photos were posted.

"He is not legally responsible for actions of thousands of people," Rose-Weber said in closing arguments. "He didn't think he did anything wrong. He didn't invent revenge porn."

Austin described Bollaert as "a puppet master," adding that "The very best criminals have others do their dirty work for them. He's a vindictive person who takes pleasure in harming someone."

— Neal Putnam

Faulconer and police reach agreement on contract extension to beef up city's efforts in recruitment, retention

Mayor Kevin Faulconer and the San Diego Police Officers Association Feb. 9 announced that they have reached a tentative agreement on a contract extension designed to strengthen recruiting and retention of San Diego police officers.

The tentative agreement establishes a pay increase of approximately 6.6 percent over five years and complies with Proposition B's freeze on pensionable pay. The package is structured to focus on incentive-based increases and is geared toward officers who

reached specific experience requirements.

The total cost of the contract extension is approximately \$92 million over five years, with new costs of \$62 million, largely driven by a restoration of holiday pay and an increase in healthcare, equipment and uniform allowance, with specific incentives for experienced officers and an equipment allowance for new recruits. From 2009 to 2014, San Diego's police force dropped from 2,100 to under 1,900, its lowest level in a decade.

There's strength in numbers, Fortune says of La Jolla's business improvement district By DAVE SCHWAB

Education is the goal of La Jolla Village Merchants Association this year. And the first lesson to be learned is that merchants can accomplish more collectively than individually through a business improvement district.

Business improvement districts are city-designated, geographic-based areas where business owners are assessed annually to fund activities and improvements promoting the business district.

San Diego's district program dates to 1970. Today, there are 18 active, self-assessment San Diego business improvement districts representing more than 11,000 small businesses. Those jointly raise upwards of \$1.3 million annually.

La Jolla's district encompasses 30 blocks in the downtown Village and represents more than 1,350 businesses. The Bird Rock and La Jolla Shores neighborhoods are not within the merchants association's district boundaries.

Merchants association executive director Sheila Fortune noted there's "a lot going on now," adding that "It's going to get even crazier."

Fortune explained how the business improvement district process works. She noted all businesses within a district's designated boundaries, even businesses maintained in residences by the self-employed, are required to get an annual business license.

"Once the city of San Diego determines you are within our three-zone business district," Fortune said, "they send out an invoice with the (district's) fees, which are based on a formula for each different zone." Fortune added that "you have to pay that assessment to be in business" or face penalties for non-payment, which can accumulate and ultimately end up in collections.

"It's really not a choice; it's a tax if you're doing business in La Jolla," noted Fortune, adding that the merchants association gets reimbursed monthly from district assessments collected by the city.

District maintenance fees range from \$45 to \$350 annually depending on the size and type of business.

"We try to make that money last as far as we can," said Fortune, noting such assessments are "not a lot of money to run a (district) our size and do the things we've done the last couple years."

The merchants association is the second largest of the city's 18 districts, behind Pacific Beach's Discover PB.

"We are the two biggest (business improvement districts) by far representing the most merchants," said Fortune, adding, "If we were to collect all the (district) fees for all the businesses, La Jolla would be much bigger than PB."

In only its third year of existence,

the merchants association is still in the process of laying its financial foundation. Fortune noted many of the other longer-lived districts city-wide have funding mechanisms already in place — mutual assessment districts, property-based improvement districts — to help pay for their promotional activities.

"A lot of people think that everything we do is all done with (district) fees," said Fortune. "It's not happening like that. They (other districts) have multiple sources of revenue generation."

Fortune said the merchants group is headlong already this year into planning special events.

"I've got a ton of ideas," she said, adding that the district "wants to make sure we don't take away from some of the events that are already happening here."

Some special events, like the La Jolla International Fashion Film Festival, are seeking the merchants association out for further involvement.

"They have been here the last six years," Fortune said, "and now they've come to us for partnership. We want to figure out ways we can grow that because it's become known all around the world."

There also will be the potential to host other film festivals in town once Boffo Cinemas, now under construction, opens this year on Fay Avenue.

The merchants association is also

hard at work lobbying local government to aid in helping to quench the stench at La Jolla Cove. It's a periodic problem, with foul smells caused from build-up of animal waste.

"We've been working on it for more than a year and a half when the first treatments were started," said Fortune, noting that the city and Mayor Kevin Faulconer have been swayed to back "monthly treatments" to alleviate the odor problem.

The merchants' plate is also full operating the La Jolla Village Information Center, open seven days a week at 1162 Prospect St. The center is a gateway to La Jolla, introducing the visitor to all the community has to offer in dining, recreation and shopping.

The association is also in the throes of "adopting" the annual Cove Fourth of July fireworks display, plagued of late with fundraising problems.

"We're hoping to partner (with organizers) and try to take that over," Fortune said. "We want it to be a positive rollout this year."

Fortune and La Jolla's district have also introduced the La Jolla Village Marketing Collective, which counsels small businesses on how to better market themselves.

"We have so many small mom-and-pop shops," Fortune said, "that don't have the opportunity to do (much) marketing or social media.



Merchants Association executive director Sheila Fortune has "a ton" of ideas for business improvement district special events.

So I've created this marketing collaborative group which meets monthly at a brown-bag luncheon at the library to create synergy and where they can come and learn Marketing 101."

The Sparkle & Shine promotional banner campaign, in which La Jolla businesses pay to advertise on banners strung at prominent places communitywide, has been another successful district project. The fundraiser, designed to generate revenue through steam-cleaning Village sidewalks and do other beautification and improvements in La Jolla Village, has already borne fruit.

"In three months, we've raised \$60,000," noted Fortune.

Robber to stand trial in La Jolla kidnappings

A robber accused of forcing two women in La Jolla to withdraw money from their bank ATMs was ordered Jan. 30 to stand trial on charges of kidnapping to commit robbery and kidnapping during a carjacking.

The attorney for Keith Russell Luckett, 24, of Moreno Valley, argued unsuccessfully to dismiss the two counts of kidnapping during a carjacking, saying the purpose was to steal money from the women and not to take their rental car, which he left behind.

Defense attorney Dawnella Gilzean told San Diego Superior Court Judge Peter Deddeh that her client never tried to get the car keys and declared there was no carjacking in the May 4, 2014 incident.

The women, who live in Orange County and New York, were in La Jolla to attend a wedding when a man threatened them at gunpoint at 12:40 a.m. near the La Jolla Woman's Club, at 7791 Draper St. They were ordered to drive to their banks' ATMs and withdraw cash they gave the robber, who then fled.

San Diego police officer Carey Ochab testified the women said the gunman threatened to kill them unless they withdrew the cash.

Deputy District Attorney Jessica Coto said Luckett controlled the vehicle for 15 minutes. Deddeh said Luckett was in control of the car and that he deprived the women of the car. He ordered Luckett to stand trial on all counts.

The charges each carry a life term in prison. Luckett has pleaded not guilty and will get a trial date set on Feb. 19.

Luckett was linked to the crime through DNA evidence. The women said he wiped away mist from the car's rear window with his hands, and a criminalist testified the samples matched Luckett's DNA profile from a prior arrest.

Luckett's attorney earlier said he suspected his client was not mentally competent to stand trial, but another judge ruled on Jan. 14 that he was. Luckett remains in jail on \$1 million bail.

--Neal Putnam

10 West, tree dilemma, police rep go before Bird Rock council By DAVE SCHWAB

In February, Bird Rock residents heard from Councilwoman Sherri Lightner, received a progress report on a new mixed-use development, debated the fate of some problematic trees along La Jolla Boulevard and were introduced to the community's new San Diego Police Department representative.

Rita Mahoney, of ColRich Communities, clued in Bird Rock Community Council during its monthly meeting on the two-story, ground-floor retail and upstairs condominium project, named 10 West at Bird Rock.

Construction is under way on the project site, located between La Jolla Boulevard and Bird Rock Avenue. Formerly called Bird Rock Station, the project drew strident opposition when originally proposed as three stories. The project has since been significantly reconfigured and was passed in 2013 by a unanimous vote of the Planning Commission without public opposition.

Mahoney said 10 West was purchased by ColRich "already entitled" from previous owner Michael Krambs, who retains an investment interest in the retail portion of the site.

"We will have 10 residential condominiums with 5,000 square feet of total retail space, but no restaurants," said Mahoney, adding, "A deli serving sandwiches only, but with no kitchen, is possible."

Condos in 10 West will range from 700 to 1,300 square feet, and the development will include a single elevator, said Mahoney, adding the project is "fully parked" for residential and retail on surface parking behind the new building.

The project will include roof decks, but Mahoney assured that "nothing will exceed 30 feet in height."

The developer's spokeswoman said framing is expected to begin by the end of February.

"We're on target to have move-ins in fall of this year," Mahoney said.

Lt. Adam Sharki was introduced as the new community liaison between Bird Rock and San Diego Police Department's Northern Division.

"You live in a very nice neighborhood, with a lot of nice stuff," he said, noting that that "draws people coming from other parts of town to do break-ins, burglaries, et cetera."

The most important message Sharki had to deliver was that it's important for people not to hesitate to call the police via the 911 emergency number if they suspect criminal activity, including door-to-door solicitors who might be "casing" the neighborhood.

"Don't be shy about calling," Sharki said, adding, "Somebody casing the neighborhood goes to the top of the list for calls for service."

The way police dispatch works is that

calls that come in get prioritized according to significance and timeliness, and officers will respond to those calls in descending order of importance.

District 1 rep and Council president Sherri Lightner briefed residents on what's going on at City Hall, discussing her priorities for the coming year.

"My top priority is the fiscal year 2016 budget," Lightner said, adding her recommendations for projects to be undertaken have been forwarded to Mayor Faulconer.

"Public safety and infrastructure are also priorities," Lightner said, noting those suggestions include retention of police officers as well as more street resurfacing. Lightner said she's also working on planning ways to help San Diegans find "good-paying jobs in growing sectors of the economy."

Near the end of the meeting, a couple of neighbors complained about plans to remove a number of sycamore trees planted on medians along La Jolla Boulevard.

Group chair Jacqueline Bell said there are a number of valid reasons those trees are being replaced.

"Those trees have created some big problems with blocking lines of sight, roots lifting the pavement and have been plagued with diseases that we've tried to treat unsuccessfully," Bell said, adding, "It's also a liability issue being dangerous to pedestrians."

THE BIZ >>

Qualcomm pays \$975 million in Chinese antitrust fines

San Diego-based Qualcomm, one of the world's largest manufacturers of computer chips, said Feb. 9 it will pay a \$975 million fine as part of a long-awaited settlement with Chinese antitrust authorities. The penalty also includes several changes to Qualcomm's practices in licensing patents for mobile phones sold in China.

Qualcomm, which sells more smartphone chips than any other manufacturer, makes most of its profit from patent royalties paid by handset makers that use its chips. China recently accounted for roughly half the company's revenue, which totaled \$26.5 billion in the fiscal year that ended in September.

China's National Development and Reform Commission, which has been investigating the company since November of 2013, found that Qualcomm violated the country's anti-monopoly law, the company said. Qualcomm officials said they are disappointed in that finding, which has not yet been released in detail, but agreed not to contest it in further legal proceedings.

The changes Qualcomm agreed to were much less severe than some analysts expected. In fact, Qualcomm boosted its estimates for revenue and profit excluding the fine in the current fiscal year as a result of the settlement.

Open house set amid R/V Melville retirement

The community is invited to an open house and tours at Broadway Pier Saturday, Feb. 21, aboard the Scripps Institution of Oceanography research vessel Melville. This is the research ship's farewell, as it is being retired from the national oceangoing fleet after 46 years of service to generations of ocean scientists.

Scripps research ships are rarely accessible to the public due to the scope of ocean research, safety concerns and intricate instruments onboard. The open house opportunity provides a glimpse into the rig-

ors of research work at sea and the excitement of oceangoing exploration.

The open house will be held from 9 a.m. to noon. Closed-toed shoes (no heels) are required for boarding ship. Photo ID is required for all adults for ship access. The location is Broadway Pier, cruise ship terminal, North Harbor Drive at Broadway.

Tourism group launches \$9 million ad campaign

The San Diego Tourism Authority on Feb. 5 unveiled a \$9 million multi-platform, scenic-intensive advertising campaign that will include television spots in key U.S. markets as well as print, digital and billboard advertising beginning on Feb. 9 and running through June.

The campaign features city and neighborhood signs "playfully modified to portray the feel-good attitude of San Diego, along with iconic local scenes and upbeat music," the agency said.

Most of the \$9 million will be spent on television advertising throughout the West in San Francisco, Sacramento, Las Vegas, Salt Lake City, Seattle, Portland, Los Angeles and Phoenix.

With more Americans choosing to watch television on their computers and handheld devices, the spot will also run on television websites such as ABC, FOX and Hulu. In addition, the campaign includes several banner ads on a variety of websites. The campaign also includes advertising on travel websites such as Expedia, Travelocity and Orbitz as well as search engine marketing.

"This new campaign exemplifies what San Diego is all about -- fun and friendly," said Mayor Kevin Faulconer, who joined tourism officials in making the announcement.

The tourism authority said the new campaign is the result of its global research project conducted last year to evaluate travelers' perceptions of San Diego. Focus groups were held in four U.S. cities, and opinions were gathered from 5,000 people in seven countries through surveys and face-to-face meetings.

Such is life at iconic Harry's

Re your Jan. 16 story on Harry's Coffee Shop: We all die and mostly are forgotten. Mark Twain, Harry Rudolph and my father Frank Gene Renn, the actual founder of Harry's Coffee Shop, have all passed. Since all of Gene's sons are in their 70s, perhaps this is my last attempt to recall his memory.

Any old-time La Jolla of the '50s that has kept his mind will remember Gene's Waffle Shop in the Arcade building, 7906 Girard Ave.,

and then in 1960 Gene's Waffle Shop number two at 7545 Girard, formerly a Western Auto store.

My father was a genius with restaurants. He inexplicably sold the second waffle shop to Harry Rudolph, who kept the restaurant unchanged for years.

As my grandmother often said, "Such is life."

James Renn
La Jolla



A vintage Corvair sits in front of the institution that is Harry's Coffee Shop.

Africa and Beyond: Inspiration is the key to commerce By KAI OLIVER-KURTIN

Amid the high-end retail shops and waterfront eateries in La Jolla Cove lies art gallery Africa and Beyond, now in its 25th year of operation. Specializing in traditional artifacts and contemporary pieces, Africa and Beyond offers a cross-section of rare ceremonial and everyday utilitarian objects — all hand-selected by owners Ian and Julie Allen.

Born in Zimbabwe and raised in South Africa, Ian eventually found his way to La Jolla, where he opened Africa and Beyond at 1250 Prospect St. Ian met his wife Julie while she was a customer at the gallery. Each year, they travel to Africa to hand-pick new merchandise for the gallery and later share their travel and acquisition stories with patrons.

"I buy what I like and hope everyone else agrees," said Ian. "I'm not a salesman, so I have to love what I carry in order to sell it. I have to feel passionate about it."

Each item in their shop is accompanied by background information on its history and function so the artwork is fully appreciated, much like visiting a museum.

"Everything has a story behind it, and we tell our customers about it," said Ian. "You can look at the objects from an aesthetic standpoint, but when you learn about the culture and what it was used for, it brings another dimension to the object."

The Allens procure most of their merchandise through museum



Julie and Ian Allen run their Prospect Street shop like a museum.

COURTESY PHOTO

deaccessions and fair-trade projects in Africa. They often hold special events such as book signings, lectures and hat or jewelry shows to raise money for charitable organizations. Much of their work now is focused on supporting fair-trade projects, which they say is gratifying for everyone involved.

"We buy directly from the source," said Ian, "and we know where to go. Most of our repeat customers have been to Africa but never saw anything like this during their trip, or they paid a lot more for it because they didn't know the best place to get it."

Africa and Beyond sells masks, jewelry, beadwork, furniture, textiles, ceramics, sculpture, books, music, dolls, collector's items and more.

"To me," Ian said, "this is what makes Africa rich—the art, culture

and heritage — it's all very rich. Unfortunately, a lot of this artwork dies out with the culture, so now it's a lot of imitations that are made to look like the originals."

The Allens are scheduling a trip to Africa this summer, after which they plan to hold a divination exhibition at the gallery sometime in the fall. They've been collecting artifacts for years that tell the stories of traditional healers and the objects they used to conjure up spirits.

"Africa and Beyond is more than just a shop; it's an adventure," said Ian. "People are transported into another world, and we want everyone to leave with a deeper appreciation and understanding of Africa."

Africa and Beyond is open daily from 10:30 a.m. to 6 p.m. For more information, visit africaandbeyond.com.

27 easy tips to get thousands more for your home

SAN DIEGO. Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life.

And once you have made that decision, you'll want to sell your home for the highest price in the shortest time possible without compromising your sanity. Before you place your home on the market, here is a way to help you to be prepared as possible.

To assist home sellers, a new industry report has just been released called "27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar." It tackles the important issues you need to know to make your home competitive in today's

tough, aggressive marketplace.

In this report you'll discover how to avoid financial disaster when selling your home. Using a common-sense approach you will get straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1023. You can call any time, 24 hours a day, 7 days a week. Get your free special report NOW.

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Residents are full of ideas for UC civic improvements

By SANDY LIPPE

"More than a neighborhood" is a theme of University City Community Association. It is written on street banners and publicized in the community newsletter. Its meaning is simple: Living in UC, you are part of a caring community.

"More than a neighborhood" is a nice description of UC, but as a community that's been around since the 1960s, University City needs a facelift.

Members of the community were excited to attend a productive meeting was planned for Feb. 11 at Standley Middle School. The catchy moniker, Imagine UC 2020, drew residents who contributed ideas for special projects, including an expansion of Swanson Pool, a pavilion in Standley Park for concerts and other events and a walking path around the perimeter of that park.

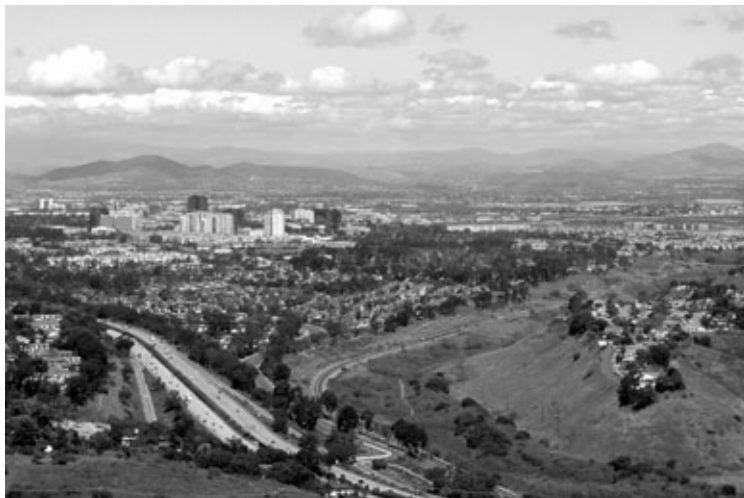
University City Community Association co-hosted the meeting with guidance from President Barry Bernstein, John Lee Evans, San Diego Unified Trustee from District A, and Greg Zinser, head of ImproveUC, a group dedicated to building a pavilion. Bernstein welcomed the crowd while Evans shared hope on how the school district resources can enhance the community with the joint use of an improved aquatics center that would allow water polo and swim teams from University City High School to use the facility the way La Jolla High uses Coggan Family Aquatic Complex. Add another idea — swimming instruction for Standley and Spreckels.

Currently, Swanson Pool has been closed for three months in the winter to save the city money. In truth, closing the pool defeats the purpose of building a strong clientele of swimmers. Jan. 12 saw Swanson close, and it will reopen on March 8.

Evans invited people to imagine a jogging/walking path around the perimeter of Standley Park, something that could be used by PE classes, running clubs and residents.

Zinser was another leader whose board members are developing a plan for a permanent stage/pavilion in Standley Park for community and outdoor school performances. This part of the facelift has been popular with locals who love to attend Standley summer concerts and could envision the pavilion serving the students for outdoor shows.

The attendees at Imagine 2020 came up with a host of creative ideas that take time and money. Time never seems to be a prob-



Upgrades such as an improved aquatics center and a permanent outdoor stage were among the ideas floated at a University City Community Association meeting Feb. 11. COURTESY PHOTO

lem. Suggestions included sprucing unattractive medians, updating the façade of the rec center and the pool building and installing outdoor art. Fixing up the entrances into the community at Regents Road and Genesee Avenue, calming traffic the entire length of Governor Drive and addressing pedestrian and bike safety also made the list. Some of the youth wanted a skate and bike park. Not to be left out, the dog lovers asked for a fenced, off-leash dog park.

Critical to the whole group was the need to replace brickwork on the blacktop at the intersection of Governor Drive and Genesee Avenue. Presently, cars and trucks race through this intersection and never get the sense of a community that is "more than a neighborhood." It was City Council President Sherri Lightner who originally thought this would help drivers get a feel that something is different here. Beyond the corners with four gas stations, real people live in a real neighborhood, and they should feel safe crossing the street.

UC residents not in attendance at the Feb. 11 meeting should feel free to email ideas to info@improveuc.org.

Imagine UC 2020 will be scheduling follow-up meetings and welcome Mayor Kevin Faulconer and future candidates for City Council District I when it's time for Lightner to step down. Faulconer and the candidates can listen to the heartbeat of this neighborhood and help big dreams turned into reality.

Besides picking the neighbors' brains about what UC should look like in 2020, a recent conundrum was cleared up by Chabad Center of University City.

Two aluminum poles were placed on each side of Regents

Road just below Pennant Way. Strung across them was a wire with small squares of shiny aluminum. What could it be? Lightner's office said it's an eruv, a line marking an area in which Orthodox Jews may carry on certain activities normally forbidden on the Sabbath, like wheeling a baby stroller or carrying keys. Three other areas of UC will see eruvs going up. University City Planning Group approved this project in 2013. Chabad paid city fees to implement it. Chabad has been a good neighbor in University City and appreciates the understanding and support in the same way that it understands and supports public schools choosing Christian

holidays to have time off to celebrate.

Finally, the past several months have seen trouble between police and residents from Ferguson, Mo. to Manhattan.

Meanwhile, the University City neighborhood has a strong relationship with the police, especially Captain Jerry Hara and

community police officer Larry Hesselgesser.

Both men go the extra mile for their citizens, and Northern Division gets rock-star status from local residents.

In turn, Hesselgesser recently surprised a dynamic volunteer, Barbara Gellman, and nominated her volunteer of the year.

She has headed Neighborhood Watch and formed more than 80 groups in the past two years.

She was honored at the 11th annual City of San Diego Law Enforcement Volunteer of the Year Appreciation Luncheon, sponsored by the Exchange Club of San Diego.

Congratulations go to Barbara Gellman for the huge impact she has made on UC.



BARBARA GELLMAN

Jason Day survives four-man playoff to win Farmers Insurance Open at Torrey Pines

Jason Day saved par on the 18th hole, got into a four-man playoff and won the Farmers Insurance Open on Feb. 8 with a par on the second extra hole at Torrey Pines Golf Course.

Native Australian Day, now the No. 4 golfer in the world at age 27, made two big birdies and a par save from a plugged lie in the bunker during a tough stretch on the back nine, closing with a 2-under 70. Harris English, who birdied the 18th hole for a 72, and defending champion Scott Stallings (69), also were in the playoff. They were eliminated on the

first extra hole.

Tiger Woods withdrew from the competition on opening day, Feb. 5, citing a back injury. San Diegan Phil Mickelson failed to make the cut Feb. 6, shooting a 2-over 74 on the Torrey Pines North Course..

This was Day's second win at Torrey Pines. He also won the Junior World Championship in 2004.

The tournament honored Billy Casper, who grew up in San Diego and died Feb. 7 at age 83, with flowers and a picture of him on the first tee.

QuickHITS >>

Trolley funds: Something's better than nothing

There is something for San Diego transit in President Obama's new budget — \$150 million for the proposed Mid-Coast Trolley Line, which will connect the Old Town transit station to UCSD and the Westfield UTC mall.

While the line item may seem like a lot, it is only a fraction of the \$1.7 billion needed for the new 12-mile line. Federal funds are expected to cover half of the cost, with the rest provided by local revenue generated by the TransNet sales tax.

Gary Gallegos, executive director of the San Diego Association of Governments, said having the trolley money in the proposed federal budget is a very good sign.

"I think being included in the president's budget is a strong signal that the federal government has looked at our project," Gallegos said. "They think it's a good project."

The next step is to negotiate a "full funding agreement" with federal officials. Gallegos said if such an agreement is in place by the end of the year, that would allow construction of the midcoast line to begin in 2016.

"These big projects are never easy to get going on, and this is a very important first step," he said.

Animal behaviorist plan scuttled at LJ Cove

In a reversal of an odor-abatement plan it was considering, the City of San Diego will not hire a marine mammal behaviorist to coax sea lions from a La Jolla Cove bluff. A grass-roots group called Citizens for Odor Nuisance Abatement had asked the city to hire a private company as part of a plan to get the animals to relocate.

The plan would have become part of the city's efforts to abate the ongoing foul smell from animal waste at the Cove. That part of the efforts will reportedly be turned over to a marine scientist as the city conducts foam spraying that dispels bird waste. More details are expected once the city signs the contract with the scientist, as yet unnamed.

Avenida water shut-off adds insult to injury

La Jolla Shores residents, already deeply affected by five months of utility work along Avenida de la Playa and Camino Del Sol, were further chagrined amid a recent unplanned water shut-off for which they received no notice.

The water utilities department reportedly cut a water line during the current excavation amid the department's failure to identify the line. Residents say they've heard nothing from the city on the damage or its repair.

Extensive infrastructure repair has significantly affected business in the area since last September. Construction is expected to continue until May.

La Jolla Recreation Center to replace fallen tree

A 100-year-old Italian stone pine tree that fell onto La Jolla Rec Center last fall will be replaced in advance of the center's July 25 centennial celebration.

Mark Moncey, city Park and Recreation area manager, said the city is ordering a 12- to 15-foot Italian stone pine from Village Nurseries or another vendor following problems with transport of a Canary pine.

In between, city workers must use a stone grinder to remove below-ground roots.

Melton to run for State Assembly

Community advocate and local politician Kevin Melton has announced his candidacy in the upcoming election for California's 78th District State Assembly seat in 2016. Melton was a member of the "Kevin Faulconer for Mayor" campaign finance committee.

Melton said he is "willing to do what is right, not what is easy." Melton added that he supports fiscal responsibility with tax dollars, the assurance of adequate care for all citizens and the preservation of the safety and beauty of the community.



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Best wishes for the New Year.**

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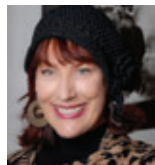
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¹ Loans subject to credit and collateral approval. Financing available for collateral located in CA, OR, or WA. Restrictions may apply. Terms and conditions subject to change.



Iris Auxiliary fashion show: Room with a view



Fashion Files

Diana Cavagnaro

Everyone was able to shop for fine jewelry with Mark Himmel of SaLing Jewelry. Sandra Mass, from KUSI-TV, was emcee. The fashion show featured the collection of Lizz Russell, known as San Diego's Diva of Haute Couture.

The tearoom modeling began with day dresses. One of my favorite segments was a line with black and white designs of different sizes, which were a big hit with the audience. Russell showed sizzling-hot eveningwear for her last collection, which brought a huge response. One of the models was Kim Covert, named Miss Philippine Earth/2014.

Russell is not only a talented designer but also the author of the book, *Smiling on the Inside*, which chronicles her years-long battle with Guillain-Barre syndrome,

wherein the immune system attacks the nerves. Most recently, it became available on amazon.com.

The show also included designer Michi Walden, of Michi Knitwear. The knitwear brought comfort and sophistication to each design. A New York native, Walden most recently was seen at Fashion Week San Diego.

Proceeds from the event went to San Diego Center for Children, which the Iris Auxiliary has supported for more than 35 years. This event gives back 100 percent of the profit, providing a plethora of services to children, adolescents and families, such as mental health, education, and social services. For more information, visit centerforchildren.org.

UPCOMING EVENTS

FRIDAY MARCH 6: AMERICA THE BEAUTIFUL, Hats Off to San Diego (Gold Diggers) will present a luncheon and hat parade at the Hilton La Jolla Torrey Pines from 10:30 a.m. to 2 p.m. For reservations, call (619) 670-3643.

SUNDAY MARCH 15: THE US GRANT LUXURY WEDDING SHOW AND LUNCHEON will feature celebrated bridal and evening couture designer Ines Di Santo, presented by M Bride. The show will launch Di Santo's new eveningwear collection. The event is from 11 a.m. to 2 p.m. at the US Grant Hotel. For tickets, see usgrant.net.

WEDNESDAY MARCH 18: HONEY-BEE FASHION BUZZZZZ FASHION SHOW AND LUNCHEON will be at the Hilton La Jolla Torrey Pines beginning at 10:30 a.m. Proceeds for the event go to Epilepsy Foundation of San Diego County. For tickets, see fashionbenefit.org.

— Diana Cavagnaro, a nationally recognized hat designer and milliner, has been operating a fashion business for 30 years, the last 20 years in downtown San Diego's Gaslamp Quarter. She has also been teaching in the fashion department at San Diego Mesa College for 20 years.



A model brightens up the runway in Lizz Russell attire, while Russell (left) and KUSI-TV's Sandra Maas sport the designer's fare. PHOTOS BY DIANA CAVAGNARO



Cirque du Soleil's Varekai set to take over Valley View on Feb. 25



The art of bodyskating is featured in Varekai, the latest Cirque du Soleil touring show to visit San Diego, which begins Feb. 25 at Valley View Casino. COURTESY PHOTO

Varekai, Cirque du Soleil's latest touring show to visit San Diego, will debut at Point Loma's Valley View Casino Center (the former Sports Arena), 3500 Sports Arena Blvd., for seven performances beginning Wednesday, Feb. 25 and running through Sunday, March 1.

If you haven't yet seen a Cirque du Soleil production, whether in an arena or theater or under a big top, you'll be in for a delightful surprise. But don't let the "circus" in Cirque du Soleil's name deceive you. Cirque du Soleil's shows contain none of the traditional circus or trained animal acts. Instead, they offer high-energy, choreographed artistic acrobatic entertainment, designed to dazzle and amaze. And the only "animals" in the show are elaborately costumed creatures populating Varekai's mythical world.

While many Cirque shows are loosely connected acts performed by highly trained acrobats and street performers, Varekai, which means "wherever" in the gypsies' Romany language, is different because of its story, explained Cirque publicist Vanessa Napoli.

"This one has a narrative," Napoli said. "It will be very different from any other Cirque du Soleil you've seen. Varekai has many layers to it. You can watch it just to be entertained and transported to another time. If you're looking for a deeper meaning, the acrobats are telling the story for those looking to find it," she said.

The storyline, she explained, picks up after and rewrites the

Lamb's' 'Joseph': There's more to life than the Super Bowl

By CHARLENE BALDRIDGE

Meanwhile, there's Joe

While the rest of the world watched the Super Bowl on TV, the theater critic took the opportunity to see Lamb's Players Theatre's new production of Tim Rice and Andrew Lloyd Webber's 1968 musical, "Joseph & the Amazing Technicolor Dreamcoat," or as actor Kürt Norby (the Biblical patriarch, Jacob) called it in a bit of theatrical foreplay, "Joseph & the Amazing Technical Difficulties." The "difficulties" were remedied just as soon as flashlights got the show past purportedly corrupted computer light cues and into the smooth scheme that transports the audience to Canaan in the days of Jacob, who in this case runs an enterprise called "Jacob and Sons." That is, if we are to believe the neon sign hanging between scenic designer Mike Buckley's metal palm trees festooned with plastic fronds.

With an assist from the Narrator (marvelous singer/actor Joy Yandell), the musical's book takes a wry look at the story of Biblical favorite son Joseph (David S. Humphrey), one of many sons (here represented by Edred Utomi, Jordan Miller and Brandon Sherman), wed to three wives (Catie Grady, Jessica Couto and Charlene Koepf).

When Jacob gives him a coat of many colors (brilliantly wrought by



Joseph (David S. Humphrey, center) trots out his stuff as the Narrator (Joy Yandell, right) looks on in Lamb's Players' 'Joseph and the Amazing Technicolor Dreamcoat.' PHOTO BY KEN JACQUES

costume designer Jeanne Reith with Michelle Hunt), Joseph sings "I am a walking work of art," becoming even further envied. His jealous brothers sell him to a passing caravan of Israelites, who have the cutest camel in captivity. From thence, Joseph is sold into slavery in the court of Potiphar (Norby), where his dream interpretations save Egypt from a seven-year drought. Many tunes and musical genres later, Joseph saves his brothers and is reunited with Jacob, who gives him a new coat.

This is musically and vocally as fine a production of the spritely "Joseph" as any seen in one's long experience of the show, which ranges from junior theater to professional. Lamb's artistic director Robert Smyth gathers

a supremely gifted company of nine, six of them members of Actors Equity. The onstage band, comprising David Rumley, Andy Ingersoll, Rik Ogden and Oliver Shirley, are tops. Meanwhile, back to the audience, which was filled with parents who, instead of being glued to the TV, took their kids to the theater — a gift equal in value to a coat of many colors. The kids were joyous, and so was the theater critic.

Be Not Afraid: Tricky Dick in Beijing

San Diego audiences have a reputation as being terrified of "new music." "New" would be anything written after the turn of the 20th century.

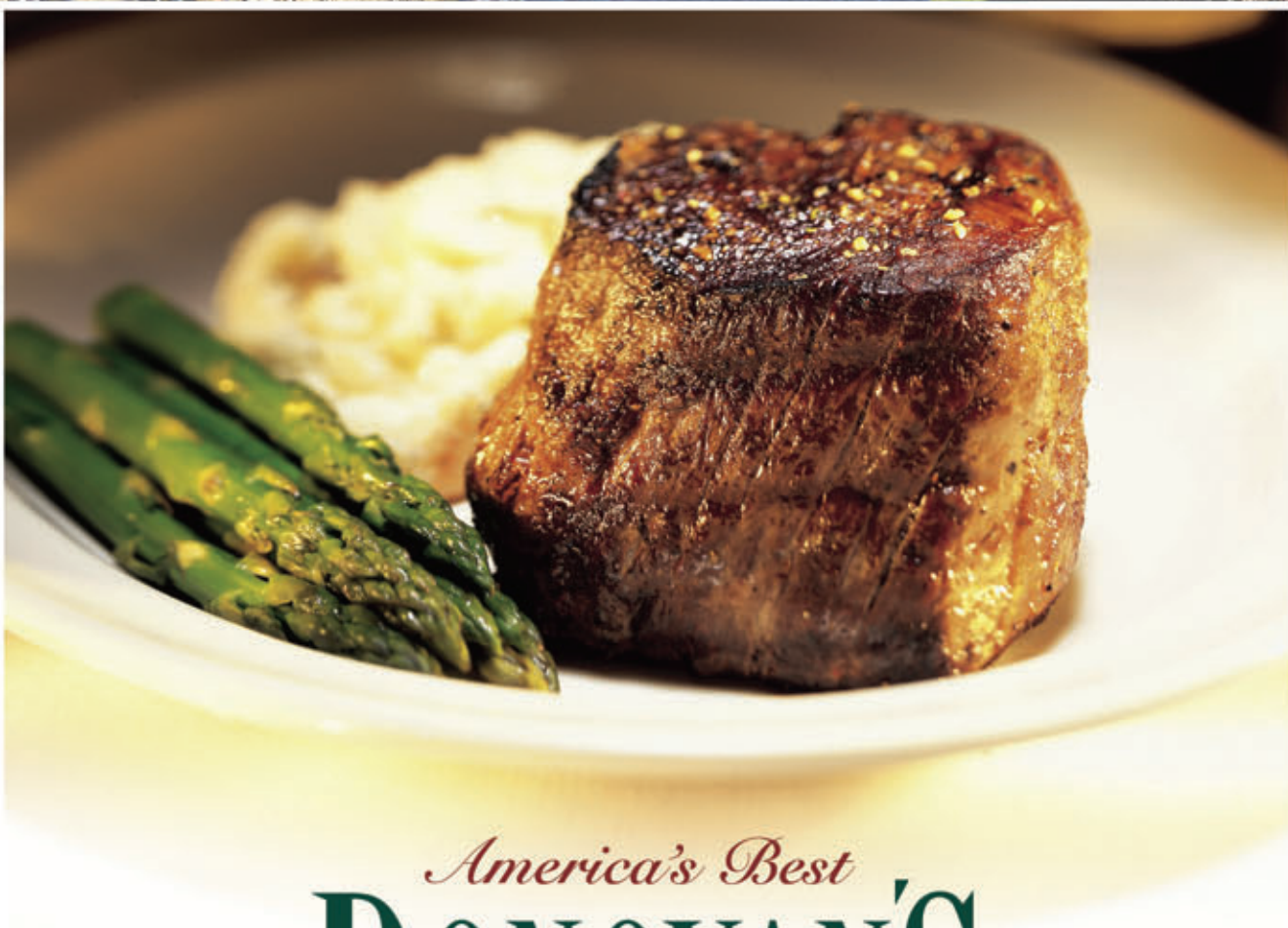
In mid-March, San Diego Opera (SDO) will present John Adams' 1987 opera "Nixon in China," and to better prepare audiences, SDO presented a free Community Conversation with Education and Community Engagement Director Nicholas Revelles at the Civic Theatre's Sills Salon Feb. 2. Though I'm already a fan Adams' first opera (he composed the wondrous "Gospel According to the Other Mary," presented by the Los Angeles Philharmonic in two recent seasons), I was curious to see how many turned out for the Community Conversation to hear more about "the meaning and the music" of

"Nixon in China." It's been reported in the press that tickets are not exactly flying out the door. To their credit, around 115 eager operagoers filled the Sills Salon to prepare themselves for the experience.

The first words out of Dr. Nic's mouth were, "Don't be afraid of 'Nixon in China.'" Though the road has been tough, recent critical opinion deems the work a masterpiece. Dr. Nic discussed and demonstrated the musical styles Adams employs (he's a marvelous raconteur and pianist) and stressed the fact that the opera, though based on historical events, is not a telling of what actually happened when Nixon, his wife Pat and Henry Kissinger went to China in 1972 and met Premier Chou En-lai, Chairman Mao Tse-tung and Mme. Mao, who in the opera is a brilliant coloratura soprano.

Soprano Patricia McAfee and baritone Michael Blinco sang arias and a duet from "Nixon in China." Those who did not attend will find portions of the opera on YouTube. Announcement of a date for the UCSD-TV airing of the Community Conversation will be posted soon at sdopera.com. The fearful should allay their fears by becoming acquainted with the opera prior to attendance. Of course you intend to attend. There is really nothing to fear.

Donovan's UTC has moved to a new location with an ocean view.



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Don't forget the key ingredient in your holiday recipe!

By MARTIN JONES WESTLIN

You devil, you. Admit it. You've been pining like a schoolkid since last Feb. 15 in hopes of netting that unspoken payoff (wink!), and now the moment of truth is at hand. Flowers, candy, cards and champagne are nice, you think, but they're a dime a dozen against the prospect of your wildest dreams come alive. So you fork over a record \$19 billion (the National Retail Federation's estimate of Valentine's Day spending this year) as you craft a night to tell your friends about. And amid the post-holiday lie-fest at the water cooler, it'll be clear they've done the same.

There are better ways to go about this, y'know. And they're probably a lot less stressful on the heart. They're part of something called romance, which your significant other also knows by the phrase "a change of pace." The Village, after all, is more than a playground for the insanely rich – it's also a tapestry of unusual architecture, friendly like-minded couples and markedly lavish ocean vistas to fuel the lovey-dovey in the most casehardened skeptic.

Neighborhood restaurants will overflow pretty much all day Saturday, but as you choose your spot, con-

sider that the food is only one element in your holiday recipe. The vistas, vibes and senses take their share of center stage on this occasion, for sure – and if you play your cards right, your inner schoolkid might just snag a passing grade (don't pretend you don't know what we mean).

George's at the Cove. We mentioned George's last issue, noting its vaunted place in the public mind around here – but seriously: The venue's upstairs Ocean Terrace sports a classic vista, with the Pacific commanding the day's tenor as far as the

eye can see. On the clearest days, it's hard to see the horizon as water and sky vie for identical shades of azure; evenings yield some of the most brilliant sunsets we've seen in a while, owing to the haze that rises over the ocean at twilight. You know George's. Now come appreciate the panoramas that frame it. 1250 Prospect St. (858) 454-4244, georgesatthecove.com.

La Jolla Wine & Food Walking Tour. This lasts three hours and is worth every minute. \$84 per person gets you a VIP tasting of premium wines, gourmet food pairings (featur-

ing pasta, seafood and chocolate!), stops at restaurants, a one-mile walk around scenic La Jolla and games and prizes galore. Meet up at 2:30 p.m. at La Jolla's Empress Hotel. The tours are romantic every day of the year, but there's something about Feb. 14 that makes them extra-special. Start at the Empress, 7766 Fay Ave. (858) 551-5115, lajollawinetours.com.

Donovan's. You know by now that this venerable steak house has

SEE RECIPE >> PG. 14

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Library to offer finance programs

The San Diego Public Library has announced that access to financial and investor information and educational programs will be available again in San Diego with the continuation of Smartinvesting@yourLibrary.

The additional funding for Start Here: Your Road to Smart and Savvy Personal Finance will expand current financial education resources and services for military families, older adults who are struggling financially and youth, especially those coping with challenging financial circumstances. Services will be offered at 19 branch library locations; however, family-oriented financial education resources will be available at all 36 libraries.

The San Diego Public Library was one of 14 public libraries nationwide chosen for a grant from the American Library Association in partnership with the Financial Industry Regulatory Authority Investor Education Foundation as part of Smartinvesting@yourlibrary. This grant is

designed to build the library's capacity to provide financial and investor education to the community. This is the library's second such award.

The investor education foundation supports innovative research and

educational projects that give underserved Americans the knowledge necessary for financial success.

More information on the library can be obtained at sandiegolibrary.gov.



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Saturday, February 14, 2015 - 5:00 p.m. to 10:00 p.m.
\$59.⁹⁵ per person, plus tax & gratuity

Includes (1) bottle of champagne per couple or 2 glasses per person.

STARTERS ~ CHOICE OF ONE:
 Spice Rubbed Seared Ahi Tuna
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 Buttermilk Battered Calamari
 with garlic mayo & marinara sauce
 Thai Chicken Satay
 with a spicy peanut sauce

SOUP OR SALAD ~ CHOICE OF ONE:
 Shrimp Bisque or New England Clam Chowder
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ENTREES ~ CHOICE OF ONE:
 All entrees served with sautéed baby carrots & zucchini & your choice of
 red roasted potatoes, garlic mashed potatoes or saffron rice
 Center Cut Filet of Beef Medallions
 with a cabernet reduction sauce & sautéed mushrooms
 Herb Encrusted Rack of Lamb
 served with mint jelly
 Fresh Grilled Cajun Swordfish
 with a wasabi mayonnaise
 Grilled Chicken Breast & Artichoke
 with a braised creamy artichoke sauce and sautéed mushrooms

DESSERT
 Red Velvet Cake
 A red hued chocolate layer cake, filled and iced with a smooth cream cheese frosting,
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Gnocchi with mushroom gorgonzola in a saffron sauce
Dessert*

*Glass of champagne and glass
of house red of white wine
regular menu, is available all evening
the pizza will be served in heartshaped*

RECIPE >>

CONT. FROM PG. 12

switched venues, moving from its Westfield UTC locale to the busy little strip on Prospect Street, between Prospect Place and Ivanhoe Avenue, after having acquired The Steakhouse at Azul. In the abstract, this area is one of the Village's most pleasant attractions – from Africa and Beyond (offering the best in Africana) to Côte Sud's fine French linens and bath products to the ancient glass and coral at Gili Anna jewelry boutique, the bustle can't help but inspire your inner window shopper. Then the two of you relax over that big meal at the reborn Donovan's and decide where you want to spend your change on your love nest. 1250 Prospect St. (858) 450-6666, donovanssteakhouse.com.

Aroma La Jolla. They say our sense of smell is pretty lame compared with that of other animals – but it's still pretty good, especially in the context of memory. One whiff at just the right time can bring back strains of a favorite song, visual experience or happier time you're intent on sharing with your partner. Enter this bakery/café, which offers up cuisines from California to the Middle East – and then there are the cakes, breads, desserts and coffees, whose global reach is bound to inspire a memory or two. Hopefully, your



The Donovan's sign, a familiar sight around here, calls Prospect its new home. PHOTO BY DAVE SCHWAB

thoughts will drift to the time and/or place that brought you two lovebirds together. 909 Prospect St. (858) 454-4447, aromalajolla.com.

The Marine Room. George's has its panoramas. Aroma La Jolla has its odors. At The Marine Room, it's the surf. For 70 years, it's been beating against the windows at this San Diego tradition, inspiring the most coveted memories in La Jollans young and old. The Marine Room has seen its share of changes over seven decades, but the sea is steeped

in timelessness – a concept both of you might wish to consider on this very special day. 2000 Spindrift Drive. (855) 923-8057, marine-room.com.



ENJOY THE BEAUTY OF OLD TOWN

OLD TOWN GIFT CO. TO HOST SERIES OF BOOK SIGNINGS IN 2015

Old Town Gift Co., one of 19 shops in the Fiesta de Reyes courtyard in Old Town, will host a series of book-signing events this year, featuring author and native San Diegan Raquel Perez. The first event will be held Saturday, Feb. 21, from 4 to 6 pm and Perez will be signing her historical profile of San Diego called "Legends of the Californios; Nana's Stories of our Family Roots."

A descendent of the original settlers of the pueblo in San Diego, Perez was inspired by

the history of her birthplace to write a fictional collection of stories that capture the culture of her ancestors. In Legends of the Californios, Perez takes one on a journey through time. The three legends, set in different time periods throughout California history, are filled with vengeance, lust, betrayal, love, heartache and grief. Perez's stories weave through twists and turns with mysteriously scary happenings and outcomes that are not expected.

The event will be held in the front of the Old Town Gift Co. store, 2754 Calhoun Street in San Diego. Perez will be discussing what inspired her characters, settings and stories. Books will be available for purchase at the event.

Raquel Perez is an American of Mexican descent and has identified with Hispanic literature since childhood. She is a member of the San Diego History Center and The Writer's Center. She has combined her love of Hispanic lit-

erature and California history in her first compilation of stories. She lives in San Diego with her husband and three children.

Admission to the event is free. For more information, call (619) 252-8282.



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This is the latest technique in eyebrow tattooing when very tiny micro eyebrow strokes are placed delicately into the skin. This creates the most natural beautiful eyebrow, the end results are beautiful hair strokes which are finer and more defined than ever before. These crisp, fine hair strokes mimic one's own eyebrow hairs exactly and fill in thin brows, brows with bald spots and are used for total brow

reconstruction in the case of Alopecia, Trichotillomania or any other condition causing hair loss.

It is ideal for anyone wanting to enhance the look of their eyebrows regardless of the amount of hair present. The pigments used in this method have been formulated to match one's original eyebrow color and blend perfectly into one's own eyebrow hairs to create a natural, flawless, fuller looking brow. The entire process takes about two or three hours, and then the client returns in about 3 weeks for a follow up to lock in color. The duration of permanent cosmetics is dependent on several factors, including client's skin type and after care. The eyebrows will appear darker and bolder due to natural scabbing and healing for the first 10 days. It is very difficult to predict how well the skin will retain the pigment (two touchup appointments

are offered at no extra cost at The Artist's Touch). All tattoos are subject to fading over time. While there is some discomfort most people would not classify the procedure as very painful. Topical anesthetics are used that numb the area locally. Recommendations on shape, design and color according to the client's individual needs are made. There are many different shades of pigment which can be mixed to create a large variety of colors. As a painter and sculptor Jenifer has spent years working with colors and perfecting faces. Although working on a different surface - the human skin, she still relies on her years of training in and knowledge of color theory and the anatomy of the face. Every face is different and great care is taken to ensure the color is just right for her clients and designs are chosen to maximize the beauty of the face. Subtle changers can be made in the

placement and shaping of the brow and can make an enormous difference. This is the most time consuming part of the procedure as well as the most important. Once the design and the shape and color have been agreed upon, the tattoo process usually takes about 45 minutes to an hour.

Although cosmetic tattooing is considered to be permanent, the procedure does allow flexibility for color or shape change to some extent. Jenifer allows her clients to have as much control over the procedure as possible, so there's very little room for error.

Sola Salons is located at 5726 La Jolla Blvd, Suite 120. For more information call 858-945-7297 or email jen-broomberg@gmail.com.

Hiring a Private or Non-Professional Caregiver

Piecing together care for your older parent can sometimes be a puzzle. Hiring a private caregiver from your own search or asking friends and family to help are short-term solutions for a long-term issue. It can have adverse effects for everyone involved. Hiring a caregiver privately is probably going to be cheaper. Do you want to tell your Mom you hired the cheapest caregiver you could find to care for her in her "golden" years? And the cheapest could end up being costlier in the long run. Consider these possibilities:

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Is there a professional Geriatric Care Manager to supervise and mentor?

Are you providing workers' compensation insurance in case your caregiver falls or strains her back? This is extremely expensive but a required expense.

Are you paying her payroll taxes and submitting the proper documents required by the government?

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Doing it Better

By Natasha Josefowitz, Ph.D.

We often are told that we should count our blessings every day. I never bothered until I read the study by Dr. Robert A. Emmons, professor of psychology at the University of California, Davis. In researching gratitude, Dr. Emmons found that study participants who kept a list of a few things they were grateful for each day tended to have not only more energy and enthusiasm but also exercised more, slept better and were more tolerant of pain. People who feel grateful are more likely to help others and thus have more friends, and close relationships promote well being as well as having a positive effect on blood pressure and cholesterol. Gratitude is correlated with increased happiness.

You can concentrate on being grateful by recognizing what is going well — it can be your health, your home, your family, your work; any experience has the potential of producing gratitude.

Right now, I am grateful that I am writing this column and able to express my thoughts. I am also grateful for the cup of coffee and scone I took from

The Benefits of Gratitude

breakfast, the fact that the shirt I am wearing did not shrink in the wash. I am looking forward to lunch with my poetry group and a phone call from my daughter, who is traveling. It can be everything and anything. What it takes is awareness. We need to pay attention, stop to savor the moment, feel lucky to see a sunset or a flower or a grandchild's smile or just focus on the sensation of being alive.

It is easy to be grateful when things are going well, but it is even more important to count your blessings when facing challenges. It is under times of stress that gratitude exerts its most powerful influence. It keeps life in perspective.

You cannot be grateful and angry or resentful or anxious at the same time. One thing that may interfere with people being grateful is comparing yourself with others who have more than you do, more money, better education, better job, more friends, better social skills, better looking, more athletic... the list can be endless. Yet we do not look at people who have less of these things. In being so one-sided, we have the tendency to see ourselves as less than, in other words, inadequate.

Thinking poorly of ourselves as compared with others is a

painful feeling, so we respond with either depression or anger at the person who makes us feel this way. We often badmouth high achievers and are happy to see celebrities fail or caught off-guard with their mouths full. It is comforting to feel that they, too, are flawed. Taking people we admire and are well thought of down a few pegs equalizes the playing field.

For some reason, looking at people who are further down that hypothetical hierarchical success ladder does not make us feel more secure. We only look up the rungs of that ladder, not down. It is when we realize how much we have been given, how much more than so many others, that we become filled with gratitude.

So here is some homework for all my readers: Stop right now, look around you and notice the view outside your window, the painting on your wall. Be grateful for the fact that you can read and think, that you have a good friend, that you can breathe, that you can love. Stop for a minute, pay attention and be grateful.

— *Natasha Josefowitz taught the first course in the U.S. on women in management and is the author of 20 books. She lives at the White Sands in La Jolla.*

CIRQUE >> CONT. FROM PG. 10

ending of the Greek myth of Icarus, whose waxen wings melt as he flies too close to the sun and falls into the sea.

"Varekai," Napoli said, "tells the story of how to pick yourself up after a fall. Icarus finds himself in a strange world. He knows no one and struggles with it. He slowly sees the creatures are there to help him, to interpret. This can relate to real life, when we go through struggles in life and find ourselves in strange environments. Our friends and family help us pick ourselves back up."

The world Icarus tumbles into includes colorful sets featuring a magical forest and a long-dormant volcano, populated with fantastical creatures. His adventures and voyage of discovery through Varekai's world unfold through music and vividly choreographed drama, dance and acrobatics showcasing a highly trained cast of 50 performers and musicians from 18 countries.

Composer Violaine Corradi drew on international inspirations to create the musical score for Varekai, which is performed by a seven-piece band and two singers. Corradi's inspirations include music from Hawaiian rituals, 11th-century southern French troubadours, traditional Armenian melodies and gospels.

Written and directed by Dominic Champagne, Varekai debuted in Montréal in 2002 and has toured internationally ever since, yet it continues to evolve and change. Napoli explained that its creator regularly tweaks the choreography, which also

varies according to the skills and experience of individual performers. In addition to acrobatics, the current Icarus' background performers feature more dance experience than that of his predecessors.

"It's a great show if you've never seen Cirque before," Napoli said. "It has all the elements. It stays true to its core. Yet if you have seen (Varekai) before, it will still seem different. You'll pick up different things a second or third time."

Cirque du Soleil -- or circus of the sun -- originated in a small town in the French Canadian province of Québec, near Québec City, in the early 1980s. Gilles Ste.-Croix founded a street theatre group, Les Échassiers de Baie-Saint-Paul (the Baie-Saint-Paul Stiltwalkers), a troupe of colorful young street performers who entertained residents with music, dancing, juggling, fire-breathing and stiltwalking.

Guy Laliberté, founder of Cirque du Soleil, was impressed with the group and collaborated with Ste.-Croix in creating a show in 1984 for Québec City to celebrate the 450th anniversary of Jacques Cartier's discovery of Canada.

Since 1984, when Cirque employed only 73 artists and support staff, the company has exploded. The Montréal-based entertainment company now employs more than 4,000 people throughout the world and presents about 19 different live shows, including touring and resident companies, with eight distinctive shows in Las Vegas.

For show and ticket sales information, visit cirquedusoleil.com/varekai or call (888) 929-7849. Tickets run from \$35 to \$115.

HEALTH cont'd >>

vicing seniors who can no longer live alone. The hallways have been widened for wheelchair access, a roll-in shower and a walk-in bathtub are featured in the main bath, high quality foam mattresses with adjustable beds exists for most beds, many different common areas are established to relax and play in, and nutritious, delicious and well-balanced meals are served. The care is warm and friendly.

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Judy uses Great Lengths all-natural hair extensions and prefers these extensions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein the same molecular structure as your hair. This application process does not harm your own hair. While others use techniques such as welding, waxing, gluing or knotting, which strain your hair to a high degree Judy uses a much more gentle principle called modulating. An extreme-

ly high-tech method of bonding the hair strand to your own hair. Extensions can be used for volumising, lengthening, colouring or simply adding texture; Judy will offer a free consultation guiding you through your new style. Whether creating a new look, following fashion or with a special occasion on the horizon. Judy's hair extensions have over 55 colours to choose from and blend with your own hair for perfect colour matches. Most importantly your own hair will not be damaged and the extensions can be easily removed by an expert.

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their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hairstyling is very similar to how you style your hair without extensions. Contact Judy in LA JOLLA VILLAGE for answers to any more of your hair extensions questions. hairextensionsoflajolla.com.

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SUPERIOR COURT OF CALIFORNIA CENTRAL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2015-00000176-CU-PT-CTL PETITIONER OR ATTORNEY, HOLLY LEANN DRAYTON 4465 ORANGE AVE. SAN DIEGO, CA. 92115 714-267-4901 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM HOLLY LEANN DRAYTON TO HOLLY RHIANN HART THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JAN 20, 2015 TIME: 9:30 AM DEPT C-46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES(s): JAN 22, 29 FEB 05 AND 12, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-000232 Fictitious Business Names(s): DEQUOR PAINTING located at: 1052 OAKLAWN AVE. CHULA VISTA, CA. 91911 is registered by the following: BRYAN S. PADILLA This business is conducted by: A CORPORATION CHRIS ROBINSONHEALTH & FITNESS INC. 7770 REGENTS RD. SUITE 113 #240 The first day of business was: 09/30/2013 Registrant Name: BRYAN S. PADILLA Title: OWNERThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 05, 2015 ISSUE DATES: JAN 22, 29 FEB 05 AND 12, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-000275 Fictitious Business Names(s): THE WOODWORKING NINJA located at: 3552 BROOKSHIRE ST. SAN DIEGO, CA. 92111 is registered by the following: MITCHELL PRIEST This business is conducted by: AN INDIVIDUAL The first day of business was: 01/06/2015 Registrant Name: MITCHELL PRIEST Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 06, 2015 ISSUE DATES: JAN 22, 29 FEB 05 AND 12, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-000207 Fictitious Business Names(s): BARE BRUSH TAN located at: 4680 MISSION BLVD. SAN DIEGO, CA. 92109 is registered by the following: MONICA STONE This business is conducted by: AN INDIVIDUAL The first day of business was: 01/01/2015 Registrant Name: MONICA STONE Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 05, 2015 ISSUE DATES: JAN 22, 29 FEB 05 AND 12, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-001151 Fictitious Business Names(s): REJUVFUL, LA' JUNIDERM located at: 44324 GRACE RD. BONITA, CA. 91902 is registered by the following: FORWARD FOCUS, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY FORWARD FOCUS, LLC. 4324 GRACE RD. BONITA, CA. 91902 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: SHAN-

NON REIDENBAUGH Title: MEMBER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 14, 2015 ISSUE DATES: JAN 22, 29 FEB 05 AND 12, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-001490 Fictitious Business Names(s): ARGENT SKY BUSINESS CONSULTING located at: 1778 BACON ST. SAN DIEGO, CA. 92107 is registered by the following: LTOZ, INC. This business is conducted by: A CORPORATION LTOZ, INC 1778 BACON ST. SAN DIEGO, CA. 92107 SOUTH DAKOTA The first day of business was: NOT APPLICABLE Registrant Name: KENNETH LEBLANC Title: CEOThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 16, 2015 ISSUE DATES: JAN 29 FEB 05, 12 AND 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-001662 Fictitious Business Names(s): OAK TREE PROPERTIES located at: 3246 GOLDSMITH ST. SAN DIEGO, CA. 92106 is registered by the following: ELIZABETH E. REED, MARK W. HOLST This business is conducted by: A MARRIED COUPLE The first day of business was: NOT APPLICABLE Registrant Name: MARK HOLST Title: CO-OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 20, 2015 ISSUE DATES: JAN 29 FEB 05, 12 AND 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-001669 Fictitious Business Names(s): SOFT TOUCH DENTAL GROUP located at: 3735 CLAIREMONT MESA BLVD. SAN DIEGO, CA. 92117 is registered by the following: ALI FAKHIMI, D. M. D., INC. This business is conducted by: A CORPORATION ALI FAKHIMI, D. M. D., INC. 3735 CLAIREMONT MESA BLVD. SAN DIEGO, CA. 92117 CALIFORNIA The first day of business was: 03/11/05 Registrant Name: ALI FAKHIMI Title: PRESIDENTThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 20, 2015 ISSUE DATES: JAN 29 FEB 05, 12 & 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-001428 Fictitious Business Names(s): SD CREATIVE MEDIA, SDCM located at: 722 GRAND AVE. SAN DIEGO, CA. 92109 is registered by the following: KEX MANAGEMENT GROUPThis business is conducted by: A CORPORATION KEX MANAGEMENT GROUP 722 GRAND AVE. SAN DIEGO, CA. 92109 CALIFORNIA The first day of business was: 01/08/2015 Registrant Name: TYLER CHARMAN Title: PRESIDENTThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 15, 2015 ISSUE DATES: JAN 29 FEB 05, 12 AND 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-001977 Fictitious Business Names(s): OB LANDSCAPE ARCHITECTURE located at: 48801/2 ORCHARD AVE. SAN DIEGO, CA. 92107 is registered by the following: SUSAN MARIE VACHERTThis business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: TYLER CHARMAN Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 22, 2015 ISSUE DATES: JAN 29 FEB 05, 12 AND 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-001852 Fictitious Business Names(s): THE ART OF Acai located at: 5160 BRIGHTON AVE, APT C SAN DIEGO, CA. 92107 is registered by the following: ROBERT ALLEN DOMCZYKThis business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ROBERT ALLEN DOMCZYK Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 21, 2015 ISSUE DATES: JAN 29 FEB 05, 12 AND 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-033389 Fictitious Business Names(s): REFINED TRANSITIONS, TRANSITIONS REFINED located at: 4445 EASTGATE MALL RD 200 SAN DIEGO, CA. 92121 is registered by the following: WILLIAM FELTY This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: WILLIAM FELTY Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 29, 2014 ISSUE DATES: JAN 22, 29 FEB 05 AND 12, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-002029 Fictitious Business Names(s): ALEXA MARIE SKINCARE located at: 3405 KENYON ST. SUITE211 SAN DIEGO, CA. 92110 is registered by the following: ALEXA MARIE DELAO This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ALEXA MARIE Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 23, 2015 ISSUE DATES: JAN 29 FEB 05, 12 AND 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-000561 Fictitious Business Names(s): PREMIER PARLOR located at: 3802

ROSECRANS STREET #5 SAN DIEGO, CA. 92110 is registered by the following: ZACK MOSS This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: ZACK MOSS Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 08, 2015 ISSUE DATES: JAN 29 FEB 05, 12 & 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-001837 Fictitious Business Names(s): 1ST SERVICES, INC. INNOVATIVE SEWER TECHNOLOGIES located at: 11211 SORRENTO VALLEY RD, SUITEY SAN DIEGO, CA. 92121 is registered by the following: 1ST SERVICES, INC., INNOVATIVE SEWER TECHNOLOGIES This business is conducted by: A CORPORATION 1ST SERVICES, INC. 11211 SORRENTO VALLEY ROAD SUITE Y SAN DIEGO, CA. 92121 CALIFORNIA The first day of business was: 01/01/2015 Registrant Name: JOERG KRUSE Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 21, 2015 ISSUE DATES: JAN 29 FEB 05, 12 AND 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-000824 Fictitious Business Names(s): MANN CONTRACTING located at: 4127 INGRAHAM ST. SAN DIEGO, CA. 92109 is registered by the following: MARILYN MARIE MANN This business is conducted by: AN INDIVIDUAL The first day of business was: 04/01/2010 Registrant Name: MARILYN MARIE MANN Title: OWNERThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 12, 2015 ISSUE DATES: JAN 29 FEB 05, 12 AND 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-000203 Fictitious Business Names(s): PACIFIC MOBILIZATION, PACIFIC SCIENCE, PACSCI located at: 4349 SANTA CRUZ AVE. SAN DIEGO, CA. 92107 is registered by the following: RYAN GRISWOLD This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MARILYN MARIE MANN Title: OWNERThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 05, 2015 ISSUE DATES: JAN 29 FEB 05, 12 & 19, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-002864 Fictitious Business Names(s): HIGH PLAINS PUBLICATIONS located at: 8875 COSTA VERDE BLVD #1511 SAN DIEGO, CA. 92122 is registered by the following: SIDNEY C. WALKER, 111 This business is conducted by: AN INDIVIDUAL The first day of business was: 03/01/1988 Registrant Name: SIDNEY C. WALKER Title: OWNERThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 30, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-031616 Fictitious Business Names(s): THE REDWOODS MUSIC located at: 4677 SARATOGA SAN DIEGO, CA. 92107 is registered by the following: MATTHEW BLAINE MOLARILUS, ALFRED OMAR HOWARD, JOSHUA DAVID RICE This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: Registrant Name: MATTHEW MOLARILUS Title: GENERAL PARTNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 04, 2014 ISSUE DATES: DEC 23 JAN 08, 15 AND 22, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-002596 Fictitious Business Names(s): KEY PACIFIC, KEY PACIFIC A INSTALLATION CO. located at: 705 SALEM CT. APT 4 SAN DIEGO, CA. 92109 is registered by the following: JASON ROBERT HICKEY This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JASON ROBERT HICKEY Title: OWNERThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 28, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

FICTITIOUS BUSINESS NAME STATEMENT-FILE NO. 2015-002587 Fictitious Business Names(s): SOCAL MOBILE CAFE located at: 2727 DE ANZA RD. SPC R5 SAN DIEGO, CA. 92109 is registered by the following: THEODORE EUGENE MABBATT, BILLI JO MADISON This business is conducted by: A GENERAL PARTNERSHIP The first day of business was: NOT APPLICABLE Registrant Name: THEODORE E. MADDATT Title: PARTNERThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 28, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-003163 Fictitious Business Names(s): HOME AND LOAN FINDERS.COM located at: 6310 GREENWICH STE 150 SAN DIEGO, CA. 92122 is registered by the following: FINLEY PROPERTIES CORPORATION This business is conducted by: A CORPORATION FINLEY PROPERTIES CORPORATION 6310 GREENWICH DR. STE 150 SAN DIEGO, CA. 92122 CALIFORNIA The first day of business was: 11/01/2007 Registrant Name: JON FIN-

LEY Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 03, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-002452 Fictitious Business Names(s): UNFOLDED CREATIONS located at: 4061 KENOSHA AVE. SAN DIEGO, CA. 92117 is registered by the following: DAVID SCHRADER This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: DAVID SCHRADER Title: SOLE PROPRIETORThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 27, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-001547 Fictitious Business Names(s): BINGS SPORTFISHING located at: 3322 MT. TAMI LANE SAN DIEGO, CA. 92111 is registered by the following: JAMES H. BINGHAM This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JAMES H. BINGHAM Title: OWNERThe statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on: JAN 20, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-002596 Fictitious Business Names(s): KEY PACIFIC, KEY PACIFIC A INSTALLATION CO. located at: 705 SALEM CT. APT 4 SAN DIEGO, CA. 92109 is registered by the following: JASON ROBERT HICKEY This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JASON ROBERT HICKEY Title: OWNERThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 28, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-002872 Fictitious Business Names(s): PROFESSIONAL FLOORING SERVICES located at: 4375 TEMECULA ST. SAN DIEGO, CA. 92107 is registered by the following: MICHAEL DEAN SOULES This business is conducted by: AN INDIVIDUAL The first day of business was: 01/30/2015 Registrant Name: MICHAEL DEAN SOULES Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 30, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-003250 Fictitious Business Names(s): MB MESSAGE AND BODYWORK located at: 10611 ROSELLE ST. STE 100 SAN DIEGO, CA. 92121 is registered by the following: MARICEL BALANZA This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: MARICEL BALANZA Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 03, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2015-003088 Fictitious Business Names(s): THE PENNANT located at: 2893 MISSION BLVD. SAN DIEGO, CA. 92109 is registered by the following: RICHARD A. KOVALCHECK This business is conducted by: AN INDIVIDUAL The first day of business was: 07/15/1979 Registrant Name: RICHARD KOVALCHECK Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 02, 2015 ISSUE DATES: FEB 05, 12, 19 AND 26, 2015

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 2015-001146 (1): FICTITIOUS BUSINESS NAME(S) TO BE ABANONED A. EMEOSH LOCATED AT: 601 KIRKWOOD PLACE LA JOLLA, CA. 92037 (2) THE FICTITIOUS BUSINESS NAME REFERRED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 01/14/ 2013, and assigned File No. 2013-001267 (3) FICTIOUS BUSINESS NAME BEING ABANONED BY: MARK HOSTETLER, SUSAN HOSTETLER (4): THIS BUSINESS WAS CONDUCTED BY: A MARRIED COUPLE REGISTRANTS NAME SUSANA HOSTETLER TITLE OWNER The statement was filed by Ernest J. Dronenburg, Jr. San Diego County Clerk / Recorder on: JAN 14, 2015 ISSUE DATE(S): JAN 22, 29 FEB 05 AND 12, 2015

SUPERIOR COURT OF CALIFORNIA CENTRAL DIVISION 330 W. BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2015-00003657-CU-PT-CTL PETITIONER OR ATTORNEY, NNNENNA LILLIAN AKANDU 759 8TH. AVE. SAN DIEGO, CA. 92101 619-642-6618 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM NNNENNA LILLIAN AKANDU TO CATHERINE CHLOMA GODFREY THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection

that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 20, 2015 TIME: 9:30 AM DEPT C-46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): FEB 12, 19, 26 AND MAR 05, 2015

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BIOFUELS >>

CONT. FROM PG. 1

ing a stateroom with the chief scientist and grad student Michelle. Since only three of us are housed in a six-bunk stateroom, we are taking advantage of the extra bunks' blankets, necessary for surviving the arctic conditions put in place to prevent the kitchen directly below us from overheating.

We've now been underway for five hours and are collecting data. At the Sproul's slow cruising speed (to run an engine emissions check), we've only covered 30 miles, but I'm not complaining. It's a fine day to be at sea, with flat conditions under sunny skies. Yet seasickness has afflicted some of the scientific party right out the harbor, though they continue to carry on with their designated tasks. I'm lucky to be born with sea legs, so even by noon, when the sea has become wind whipped and white capped, I remain ship-shape and can enjoy the pod of a dozen dolphins arriving to race our bow.

Though we know we need to reduce our addiction to fossil fuels and their subsequent climate-altering emissions, few studies have been done to determine if biofuels are one way to power our vehicles and other machinery while doing less harm than commercial gasoline and diesel to our atmosphere. When any fuel is burned, most particles emitted are so tiny they remain suspended as aerosols. Aerosols influence cloud formation in that each particle can act as a nucleus onto which water vapor clings and ice crystals form — thus a direct link to climate.

Said Professor Russell, "We will measure gas and particle emissions in both clean and polluted air, heading north and west from San Diego to the Channel Islands for clean conditions and towards Long Beach for polluted conditions."

Biofuels are fuels made from animal fats, vegetable oils, algae or a combination thereof. On this cruise, the biofuel was equivalent to what restaurants dispose of — a mix of both animal fats and vegetable oils.

"We will sample the ship's exhaust [fed with biofuel, commercial diesel or a mix of both] and measure background air for the control. After returning to

port, our installed sensors will remain onboard, operating autonomously and continuously over the course of a year while the Sproul is underway conducting scientific operations for other researchers," said Professor Russell.

In other words, since emissions are collected only when the ship is under way, we may as well leave the anchor and my swimsuit at the dock, because we won't be stopping. In fact, the crew and scientists will be working day and night.

Ship's Log Day 2

The seas kicked up as much as 24 feet overnight. Traveling northwest with no islands beside us to buffet the wind, we have taken a pounding. The ship creaked and groaned from the hull, repeatedly striking the rolling sea surface with a force that felt as though the ship would splinter. It's now 5 a.m., and I'm looking over the bow as a pod of dolphins leap and dive, their splashes lighting up the darkness in green-blue bioluminescence.

We had been motoring crosswind to pick up the ambient air as a control but now are back to running with the wind, trying to maintain a heading that keeps the vessel sitting in its exhaust plume. This would be a cakewalk with steady winds, but we are saddled with light and variable winds. Just as the compass course is set, 20 seconds later the wind has shifted, and we lose the plume. Kevin mans the trailer, watching the computer screen to track the plume into the snorkel. He stays in perpetual contact with the helmsman, reading wind speed and direction via walkie-talkie to help the captain set (and reset) the necessary course.

Emissions are collected in a deceptively simple way. As the ship motors across the ocean, a plume is released from the ship's smokestacks. The captain must angle the Sproul such that the bow is heading straight into the prevailing wind so the plume blows straight back into the snorkel. The captured aerosols funnel down the snorkel to be recorded by the banks of electronic equipment within the trailer. It sounds straightforward unless the winds are shift, and these have plagued us most of the journey.

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BBB

Great News keeps on cooking into its 38th year By DAVE SCHWAB

Great News in Pacific Beach is a tool store for a cook.

That's how founder Ron Eisenberg described the cookware and cooking school at 1788 Garnet Ave.

"We're in our 38th year," said Eisenberg about his strip-mall establishment, which has been in business since 1977.

Eisenberg said Great News started out as more of a "housewares, functional giftware store with a greeting card department," and

has morphed over the years to include a full-on cooking school in a retail store selling "high-quality cookware and gadgets, kitchen tools for the home chef."

What's really unique about Great News is the approximately 135 classes taught each quarter, nine a week and both days on the weekend, said Eisenberg. He noted that class subject matter includes everything from "how to stock your pantry to a skills class taught by a sophisticated restaurant chef

to everything in between."

Cooking classes are 2 ½ hours long with an intermission and cost \$49 to \$65. Great News is also the only cooking school of its type with a legal permit to serve wine with meal preparation.

Cookware and cooking classes at Great News mirror trends happening outside in the field. Right now, what's really popular is the farm-to-table trend.

"We teach a farm-to-table class where we bring a farmer's bag in of specialty produce and then show people how to cook from it," said Eisenberg. "They walk out with recipes for the unique items they got that day in their basket. Instead of having to guess what to do with it — we show them how to do it."

Eisenberg enthused about his staff, both on the cooking and cookware sides. "We have an educated staff that know what they're selling: That makes us different," he said.

Tammy Ford is one of the store employees who helps handle customer queries.

"A lot of people love to come to this store because we're pretty knowledgeable about the items," Ford said.

"Sometimes they come in because they know we have every-

thing new," said Eisenberg. "Other times they come in for a cooking class to learn something."

"We get phone calls and people walking in who want to know how to use a particular item," said Ford. "We help them with that."

"We're above average at trying to help people select the right item for their cooking style," said Eisenberg about his business philosophy. "We try and communicate with them."

Cookware in Great News is compartmentalized. Entire sections are devoted to cooking oils and herbs, coffee and tea, cutlery, condiments, Asian cookware, roasting pans, barbecue-related items and bakeware. Nearly an entire aisle alone is devoted to cookie cutters. Even specialty items, like comfortable, customized high-end kitchen mats that cushion a cook's feet, are available. There's even a blender costing more than \$1,000 that Eisenberg refers to as a "Rolls Royce."

In honor of its 38th year in busi-

GREAT NEWS

■ There is 5,200 square feet of retail space packed with cookware, bakeware, gadgets, cutlery, electrics, scales, linens and gourmet food items.

■ Classes: 135 cooking classes taught each quarter, nine a week

■ Where: 1788 Garnet Ave.

■ Info: www.great-news.com



ness, Great News has a promotion going offering discounted items, gift certificates and shopping sprees to customers ending on Feb. 16 with a prize drawing.

"There are 38 prizes in all and you don't have to be present to win," said Eisenberg.

"We're a destination store," concluded Eisenberg about Great News' widespread appeal.

Eisenberg said the industry is exciting because, with technology, it's constantly changing.

"That's what makes this business interesting, all the new items that keep coming out, new thermometers, everything," he said.

For more information, visit <http://www.great-news.com>.



Great News founder Ron Eisenberg in his store located in Pacific Beach.

PHOTO BY DAVE SCHWAB

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Cymbidium orchids are made for our coastal climate



A hearty cymbidium stands watch with a number of other orchid varieties.

PHOTO BY LINDA MARRONE

BY LINDA MARONE

Cymbidiums are one of the easiest orchids to grow. They love to be outdoors in our temperate climate, and our coastal region is considered the perfect growing environment for them. They come in many colors and color variations, many more than other orchid species. Some varieties even have scents. Their blooming season is from November through early spring, so now is the time to enjoy their beautiful sprays of flowers.

My cymbidiums love an area on the side of the house shaded by an old olive tree. This area has good light, and the tree's canopy shades the plants from the afternoon sun. Along the coast, they can take a lot more sun, as long as it is not baking them for hours—figure about 20 to 25 percent shade for the day. Cymbidiums can tolerate colder weather better than most orchids, and you will actually have more flowers if the winter weather is a little on the cold side.

Water your plants about once a week during warm weather. When we have hot Santa Ana conditions, they will need more water. Do not overwater the plants, or they could get root rot, and do not let them dry out completely. During the summer, keep them moist. During the winter, you can let them get a little drier in between watering.

If you keep your pots on the ground, you may want to bait for snails and slugs around your pots. Aphids can gather on the flower spikes, and you can use a solution of water and a mild detergent and gently wipe them away. Use the same solution to keep the leaves wiped clean and free of other pests.

I use Grow-More orchid food. There are two different types; one is used to produce new growth (30-10-10), and you use it from spring to late summer. The other is used to encourage flowers (6-30-30) and is used in

August and September. Suggested application is every two weeks. Mine usually get fed about every three weeks or once a month during these months. Do not feed them when they are dry or when they are in bloom.

In the spring, you will begin to notice new growth. The new flower spikes will only form from the new growth. Cymbidium flower spikes begin to peek out around October. As the spikes grow, use stakes to keep them growing upright. When the flowers are beginning to open, I bring my pots in the house and enjoy the blooms for about three months or longer. While inside, they will not require a lot of water, and I only give them a drink when they just begin to dry out.

Repot your plants about every

three to four years when they get crowded. If they are very crowded and large, you can divide your plants and put them in new pots. Repot your plants right after they bloom so you will not disturb new growth. Use a cymbidium potting mix that can be found at most nurseries. Cymbidiums actually prefer plastic pots. Clay or ceramic pots let the roots dry out too quickly. Since the plastic pots are not attractive, plan to have baskets and attractive pots to put your cymbidiums in after they bloom. Top the pots with some moss, and you will have an attractive arrangement to enjoy for months.

— Linda is a local Realtor with Coldwell Banker. Take a tour of her garden at LindaMarrone.com.

Why are San Diego sunsets better in the winter? By THOMAS MELVILLE



Photo by Evgeny Yorobe

As the sea swallows the sun, the golden hour begins to paint its splendid tapestry of colors across the sky, spinning reds and bouncing blues off clouds to create a saturation of hues that radiate in one's soul. Or at least in one's iPhone.

Instagram feeds and Facebook walls have been brightened by San Diego sunsets for the past six weeks as nature's color palette has been magnificent during the early evenings of winter. But why? What makes this season a stunning sunset kaleidoscope as opposed to summer?

The simple answer? It's the clouds.

"It seems January and February have the best sunsets," said Courtney Davis, a local photographer who likes to shoot around La Jolla and North County and whose Instagram (@seamerias) feed is loaded with sunsets. "It's the cloud patterns in the winter that bring out more colors. It's a great show before 'May Gray' and 'June Gloom' set in."

The difference in seasons brings a difference in clouds.

"During the winter, we get more storms that move to the north; they don't bring rain, but they do leave behind these high clouds," said Ivory Small, science and operations officer at the National Weather Service station in San Diego.

All the colors of the spectrum are in the atmosphere, and it's during sunrise and sunset that those colors are at a sharp angle and the clouds act as a prism separating them—especially the reds, pinks, and oranges. "High clouds are the canvas for the light in the red spectrum," Small said.

Another factor that gives winter sunsets that extra visual value is low tide coinciding with the early sunsets, which creates a reflection of the crimson sky, and takes photos to another level of wonder.

SEE SUNSETS >> PG. 23



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FOOTBALL >>

CONT. FROM PG. 1

Late in the second quarter, Blake fires off the line of scrimmage, crashing his helmeted head into the helmet of a defender. The crack reverberates. You can hear it on the video. Behind him, the quarterback lofts a pass, connecting with his receiver for a 60-yard touchdown.

In the excitement, it may have been easy to overlook Blake's injury, even if he told a coach he was hurt — as the boy's father and La Jolla coach Jason Carter say happened immediately after that play.

San Diego Unified School District says the video, which Voice of San Diego obtained through a Public Records Act request, is now part of the investigation into whether coaches and staff acted swiftly enough the day Blake suffered a concussion.

The game film will neither prove nor put to rest all of the allegations about that day, including whether the player was vomiting on the sidelines before he took himself out of

the game. The video, shot and edited by a local production company, doesn't show what happened between plays or on the sidelines. Time between plays has been cut out.

Nor does the video show whether Blake's injuries were the result of one collision or many compounded.

As the game progressed into the third quarter, Blake began missing blocks and tackles. His steps were slower. He wobbled a bit after plays. But to coaches at the time, he could have simply looked tired.

But this much is certain: By the time he took himself out of the game, Blake's head injury was very serious. He has missed more than three months of school. A neurologist has treated him for chronic migraines.

His playing days are likely over. He is struggling with basic life skills, and his parents are mostly focused on just making sure he can graduate.

San Diego Unified hasn't offered any findings from its investigation.

Last month, district spokesperson Ursula Kroemer said this: "When it became apparent there was something not right, the staff

took the right steps."

Of course, if it's true that Blake asked a coach to come out of the game but was denied, Kroemer's statement doesn't hold up.

If a player complains or shows any sign of head injury, protocol calls for coaches to remove that player from the game until he's assessed by a licensed medical practitioner.

One telling piece of the La Jolla game film contrasts starkly with a statement Carter made when I first contacted him in December. At the time, he denied any incident like Blake's injury ever happened at La Jolla High School.

Referring to a parent who described the incident to Voice of San Diego, Carter said, "He must have been talking about a different program. He wasn't talking about my kids, because nothing like that ever happened. My coaches know what to do if they suspect a concussion. If I ever heard that a coach put a kid back in the game, I'd fire him on the spot."

A day later, when I contacted him with more details, he acknowledged Blake's injury did happen.

He'd been confused by my question a day earlier, he told me, and didn't know which team I'd been referring to (Carter is the head varsity coach, and the injury happened on the junior varsity team).

He was present at the junior varsity game on the day of the injury, he said, but wasn't on the sideline coaching and wasn't immediately aware anyone had been injured.

But footage of the football game puts him closer to the injury, and the player, than he let on. In fact, he was present when the player was assessed.

On top of the film, several emails, obtained through a Public Records Act request, show school officials were aware of the incident since the day it happened.

When I first inquired, school officials referred me to different people, and ultimately, La Jolla High Principal Chuck Podhorsky wouldn't confirm whether the incident took place. The district said my inquiry was the first it had heard of the details of the incident.

A related Oct. 16 email from La Jolla Vice Principal Anne McCarty to other principals and another email from Foundation of La Jolla High School President Beth Penny to school officials are included within the electronic version of this story, available at sdnews.com (click on La Jolla Village News).

Penny, who is not employed by the school or the district, was at the game but told me Dec. 19 she was unaware of the details of the incident and school nurse Kerri Goldstein:

It's reasonable for La Jolla High officials to use discretion when speaking with media. Officials at an individual school aren't obligated to speak to the press.

The problem is that individual schools aren't required to notify the public information office when an injury happens, Kroemer said.

That means that health and safety information that could potentially benefit parents and administrators may never publicly surface.

An incident-related forum, moderated by Voice of San Diego's Scott Lewis, will be held at 6 p.m. Thursday, Feb. 19, at Francis Parker School.

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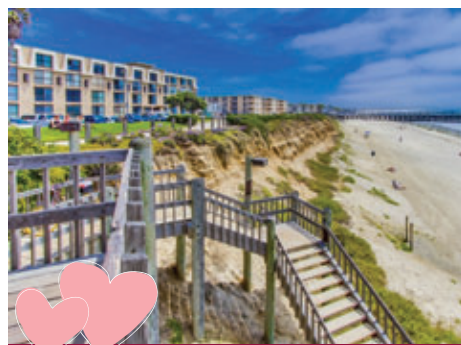
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SUNSETS >>
CONT. FROM PG. 21

"I love low tides and clouds," said local photographer Evgeny Yorobe (on Instagram @evgenyyorobephotography), who uses a tide app on his phone to make sure he doesn't miss an opportunity to shoot something spectacular.

"Being out in nature and being able to capture that perfect moment is something that I love," said Yorobe, who has photos hanging in three area galleries, including Turquoise Cellars in Pacific Beach. "I love seeing the reactions my photos receive."

While most people can pull out their phone and take pretty good sunset photos, there is one aspect that amateur photographers often ignore, and it can transform an ordinary photograph into an extraordinary piece of art.

"Interesting foregrounds and different perspectives," said Eric Rubens, a Pacific Beach native who has more than 49,500 followers on

Instagram (@erubes1). "I like to find different angles, use tide pools for reflections, or use caves to frame a shot."

Rubens started out using the area's most recognizable spots – the piers, Sunset Cliffs, Children's Pool – as his foregrounds, but he now seeks out less trafficked and more interesting locations. "I look for beaches with more character and try to do something different," he said. "That's how I started growing as a photographer."

All three photographers agreed that aspiring shutterbugs should "chase the light" and "just keep shooting and learning" to be able to improve their photos and maybe impress their friends on social media.

"Make it a challenge to do something original," Rubens said.

"Just get out there, because you never know, it could always be an amazing sunset," Davis said.

"And remember that the sky is the star," Yorobe added.

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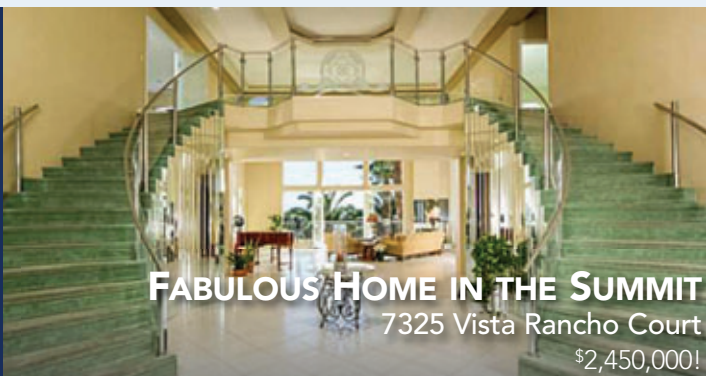
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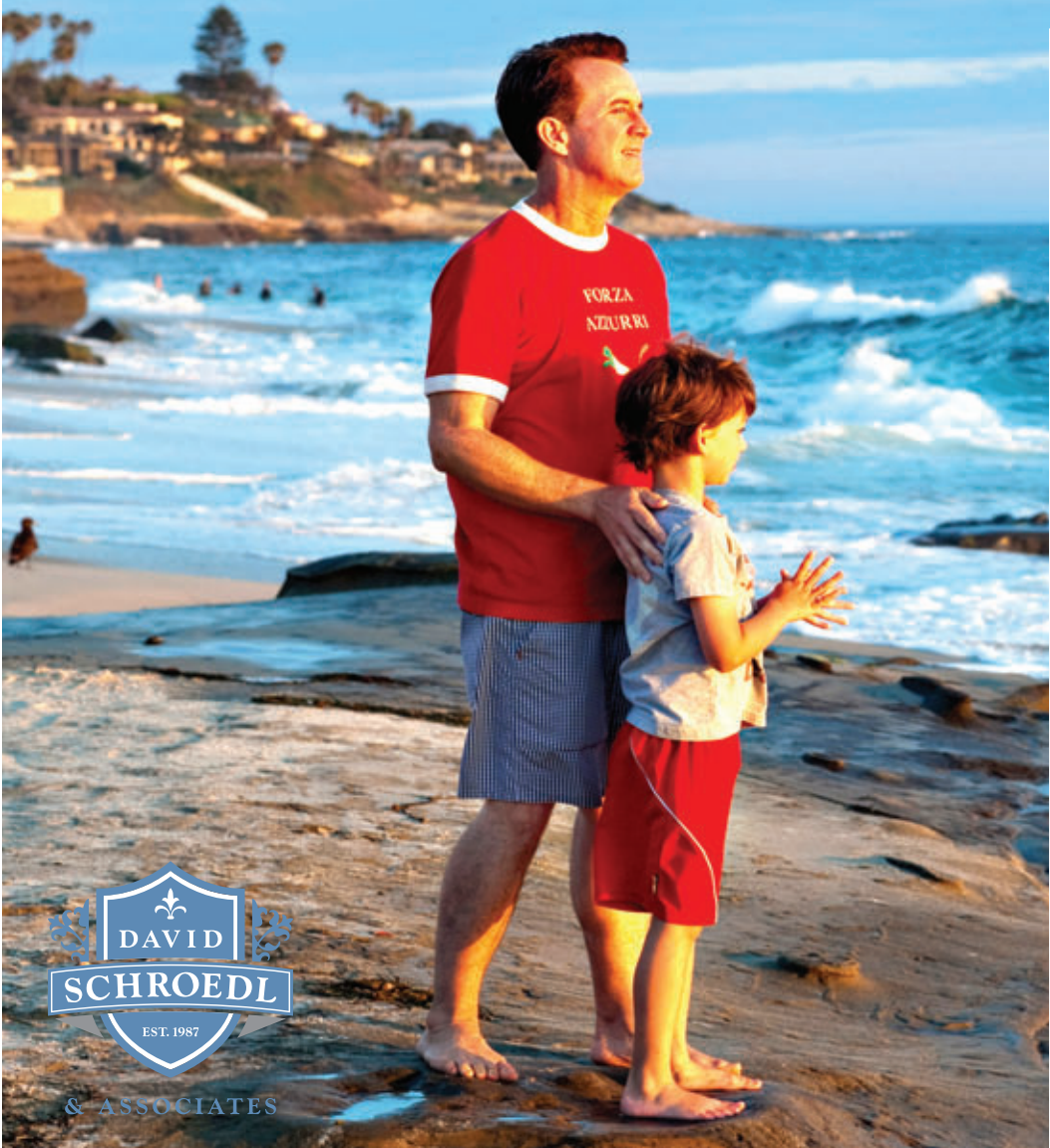
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