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## Into the wild blue

**RIDING HIGH** Surfers and paddleboarders have enjoyed some of the biggest waves of the season recently, and clear conditions have made for stunningly beautiful days along the coast. Above, see-through waters at Black's Beach gave surfers a surreal ride on Jan. 20, while the scenery demonstrated why we choose to live here.

Photos by DON BALCH



**HOME SWEET HOME** The entire cost of the University House Rehabilitation Project, estimated at \$10.5 million, was covered by gift funds, including major gifts from Audrey Geisel and the Rik and Flo Henrikson Endowment Fund. COURTESY PHOTO

## 10 years later, Chancellor's house finally becomes a home

By DAVE SCHWAB

The rechristened Audrey Geisel University House is completely rehabbed and serving the purpose for which it was intended as the abode of UC San Diego's chancellor outfitted to accommodate guests.

"It is an honor to live in Geisel House, which is much more than the Chancellor's home," said UC San Diego Chancellor Pradeep K. Khosla. "It's the university's house. I look forward to carrying on the tradition of hosting special events at the house for campus and community members, and creating new memories in the home with my family, friends and colleagues."

The entire cost of the University House Rehabilitation Project, estimated at \$10.5 million, was covered by gift funds, including major gifts from Audrey Geisel (\$3 million) and the Rik and Flo Henrikson Endowment Fund (\$5 million). Additionally, the UC Office of the President gifted \$1.5 million from the Searles Fund, an endowment used to fund general purposes of the university, which cannot be covered by state funds.

Located on 7 acres in La Jolla Farms, Geisel House had been closed since 2004 when it was deemed uninhabitable due to seismic and system deficiencies, including plumbing and electrical problems and the need for canyon edge slope stabilization.

Ione Stiegler, the La Jolla architect who designed Geisel House's retrofit,

previously described the undertaking as "a special task for an extraordinary structure in an exquisite location."

Stiegler said "re-creating" the dwelling was challenging.

"Chancellor [Robert] Dynes vacated the house 10 years ago and the La Jolla Historical Society was very active in getting the house nationally designated [as historical]," said Stiegler, noting the project changed originally from "demolishing the house and building an entirely new structure," to "a restoration, rehabilitation of the existing home."

Stiegler said the restoration project involved seismically retrofitting an unreinforced masonry building made with 2-foot-thick adobe walls.

"The ceiling and roof were not physically tied to the walls," Stiegler said. "Our project rectified that."

Restoring the Geisel House structure involved blending historic adobe with its thick, massive walls with modern-era architecture, Stiegler said.

"The building needed to absorb seismic waves, so part of our project was to create beams and sheer walls, then tie them to a roof diaphragm that could absorb energy cross-shocks that come from the ground in an earthquake," she said.

Don Schmidt, vice chairman of the

SEE HOUSE >> PG. 2

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## Post office task force celebrates 2 years of rallying



The Save Our La Jolla Post Office Task Force is organizing a pop-up rally on Saturday, Jan. 25 at 9:30 a.m. in front of the Wall Street post office.

The 30-minute rally will mark the second anniversary of the community's efforts to stop Congress and the USPS from relocating postal services and selling the building.

Task force members are asking

the public to join in an anniversary cake cutting, where stamps, paper and envelopes will be provided for guests to write Congressman Darrell Issa urging him to keep the post office at its current location. The task force is also asking participants to wear red, white and blue. For more information on the efforts to save the post office, visit [savelajolla-postoffice.org](http://savelajolla-postoffice.org).

HOUSE »  
CONT. FROM PG. 1

La Jolla Historical Society's Preservation Committee, said the society worked on a committee in partnership with the university in devising a game plan for Geisel House's restoration. Crediting Pat Dahlberg with being the driving force initially in convincing authorities to preserve the chancellor's home, Schmidt said most everyone is happy with the end result.

"It's really spectacular," he said. "It's just an amazing example of pueblo revival architecture. Everyone's pleased. It's so beautiful. There's nothing else like it in Southern California."

Audrey Geisel, widow of author Theodor "Dr. Seuss" Geisel, has had a longstanding relationship with UC San Diego, donating more than 8,000 of her late husband's original drawings, sketches, books and other memorabilia to the university libraries. In 1995, the university's library was renamed Geisel

Library in honor of Theodor Geisel, following a \$20 million gift from Audrey Geisel. Mrs. Geisel, who was recently awarded the prestigious UC San Diego Chancellor's Medal, has had a lasting impact on nearly every area of the campus — from the UC San Diego Libraries, Scripps Institution of Oceanography and Health Sciences, to student scholarship and fellowship support and the renovations of the Faculty Club.

The historic home was built by noted Santa Fe-based architect William Lumpkins for prominent early La Jolla developer William Black, for whom Black's Beach is named.

The 130-acre site at 9360 La Jolla Farms Road was bought by the UC system in 1967 for \$2.7 million to fulfill a UC policy requir-



**COZY ABODE** The University House, now renamed the Geisel House, was originally slated for demolition until it was designated a historical structure. The focus then turned to restoration of the structure. COURTESY PHOTOS

ing that university leaders live on or within four miles of the campus.

In July 2004, a university committee studying alternatives for University House recommended it be demolished and rebuilt. But the resultant public outcry by historians, preservationists and Native Americans who have a sanctified Kumeyaay cemetery on the Geisel House site, caused the university to rethink its position.



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## NEWSBRIEFS &gt;&gt;

**MAN ADMITS TO BURGLARIZING JONES' HOME**

— An Inglewood man who previously denied burglarizing the La Jolla home of cookbook author Jeanne Jones abruptly pleaded guilty Jan. 15 and will be sentenced Feb. 25.

A maximum 6-year prison term awaits Leon Powell, Jr., 27, said Deputy District Attorney Jayln Wang. Powell pleaded guilty to residential burglary and admitted he broke into the home while it was inhabited.

Jones, 77, was home alone on Oct. 5 when two burglars broke into her bedroom and stole more than \$100,000 worth of jewels. Jones identified Powell as one of the burglars on Dec. 12 in the preliminary hearing in San Diego Superior Court.

The guilty plea came as somewhat of a surprise after Powell's attorney called defense witnesses at the preliminary hearing — a somewhat unusual move. One witness testified Powell was without a car during that time because it was in a repair shop.

Powell's DNA was found on the disconnected wires to Jones' video security system, but his lawyer suggested Powell had handled security cables in warehouses at least 17 times because he was employed in that industry.

Wang said her office recently forwarded evidence to the defense that Powell's cell phone signal was used to ping off cell towers in La Jolla the night of the burglary.

Most of the jewelry taken that night has still not been recovered, except for gems that were dropped by the burglars as they left. This is the third time Jones has been burglarized by jewel thieves. The first case involved the boyfriend of a former caretaker. In 2011, long sentences were handed down to four men involved in a home-invasion robbery.

Jones said she has put up her house for sale. Powell remains free on \$250,000 bond.

— Neal Putnam

**TORREY BANK ROBBER TO HAVE JAN. 22 HEARING** — A man suspected of holding up a bank in the Torrey Highlands area faces a Jan. 22 preliminary hearing.

Victor Lamar Moore, 32, was charged with the Jan. 4 robbery of a U.S. Bank that was inside an Albertsons grocery store at 7895 Highland Village Place. He presented a demand note to the

## Peterson ordered to stand trial in La Jolla shooting spree

By NEAL PUTNAM

Ron Fletcher and Steven Dowdy identified Hans Antone Petersen in court Jan. 13 as the man who shot them both in their own homes in La Jolla in the early morning hours of Sept. 18.

Petersen, 49, of University City, was ordered to stand trial for three counts of attempted murder, which also includes shots fired through a window that missed Lisa Dowdy. Petersen was also ordered to trial for burglary and shooting at an inhabited structure on Waverly Avenue.

A new charge of brandishing a firearm in a threatening manner was added because of testimony from Dr. Mike Nielsen who said he was driving home from work at 5 a.m. and saw a man on Ravenswood Road in La Jolla lurking behind trees. Nielsen said he turned around and shined his headlights on the figure.

The man stepped out and pointed a gun at Nielsen, which prompt-

ed Nielsen to hit the gas and quickly leave. Nielsen said he later called 911 and told police what he saw.

San Diego Superior Court Judge Leo Valentine, Jr. said there was sufficient evidence shown to add the firearm-threat charge to the other charges and ordered a trial for Petersen. The defendant, a former biotech executive, pleaded not guilty to all charges at the end of the preliminary hearing.

A trial date was set for Sept. 15 and Petersen waived his right to have a speedy trial. Petersen remains in jail on \$5 million bail.

Petersen had two vodka drinks and two glasses of wine from 10 p.m. to midnight before the shooting, according to Jeanne Henry, a clinical psychologist in La Jolla, with whom Petersen was living at the time. She said he was intoxicated.

Dowdy, a cancer researcher and biologist, had done business with Petersen, but it reportedly ended

badly. Dowdy was shot first around 3 a.m. through his bedroom window. Four bullets were lodged in a dresser, and Dowdy was wounded in his lower back.

"When the bullets stopped firing and I was concerned that he was

trying to reload, that's when I opened the curtains to look and see a little bit," said Dowdy. "I realized then this is not merely a robbery

SEE PETERSON >> PG. 6

## La Jolla Wellness Studio

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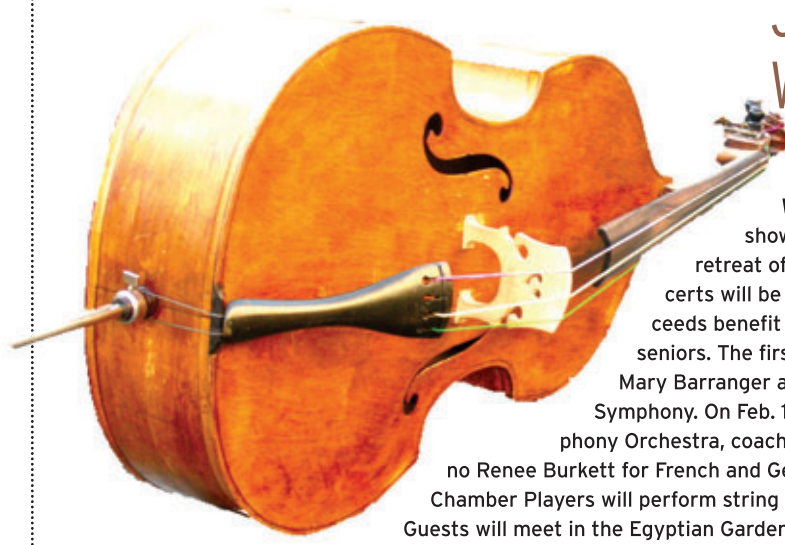
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SEE BRIEFS >> PG. 6



## JAN. 29: TRAVEL SERIES

**WHERE:** La Jolla Community Center, 6811 La Jolla Blvd., 6 p.m.  
**HOW MUCH:** \$10  
**WHAT:** The La Jolla Community Center is hosting a series of travel presentations every Wednesday in January and February. Complimentary wine will be served during presentations by Mark Anderson, owner of Adventure Vacations. Featured destinations are:  
 Jan. 29 – Tuscany  
 Feb. 5 – An evening in Paris  
 Feb. 12 – Best of Italy  
 For reservations and information, call (858) 459-1065.



refreshments and conversation. For tickets, call (858) 454-7625.

## JAN. 26: DARLINGTON HOUSE WINTER CLASSICAL MUSICALES

**WHERE:** Darlington House, 7441 Olivetas St., 2 p.m.  
**HOW MUCH:** \$40 per concert, \$100 for the entire series  
**WHAT:** A unique group of chamber music ensembles will be showcased at the historic Darlington House, once the La Jolla retreat of Sybil Darlington. Continuing her musical tradition, the concerts will be held in the living room with a reception in the garden. Proceeds benefit the Social Service League's affordable housing program for seniors. The first concert on Jan. 26 will feature a piano/violin duo, pianist Mary Barranger and violinist Edmund Stein, both members of the San Diego Symphony. On Feb. 16, pianist Leo Marcus, former member of the Jerusalem Symphony Orchestra, coach and composer, will perform solo on the piano and join soprano Renee Burkett for French and German songs and show tunes. On March 9, the Torrey Pines Chamber Players will perform string sextets featuring those rarely heard by Brahms and Dvorak. Guests will meet in the Egyptian Garden at 2 p.m. for a champagne/wine reception and then enjoy an hour of classical music. There will be an opportunity after the concert to meet with the artists for more



## FEB. 1: E-WASTE COLLECTION EVENT

**WHERE:** La Jolla High School, donations accepted at the end of Westbourne Street off Draper Avenue  
**HOW MUCH:** Free  
**WHAT:** Acceptable donations include computers, monitors, laptops, cameras, scanners, televisions/DVDs, cell phones and small household items like toasters, vacuums, microwaves. Appliances and batteries are excluded. Each pound of electronics will be sold to benefit the PTA. Everything collected will be shredded to avoid the landfills and help benefit the earth. To volunteer, call Jane Wheeler at (619) 822-1120 or email dwheeler@san.rr.com.

## FEB. 8: POETRY READING

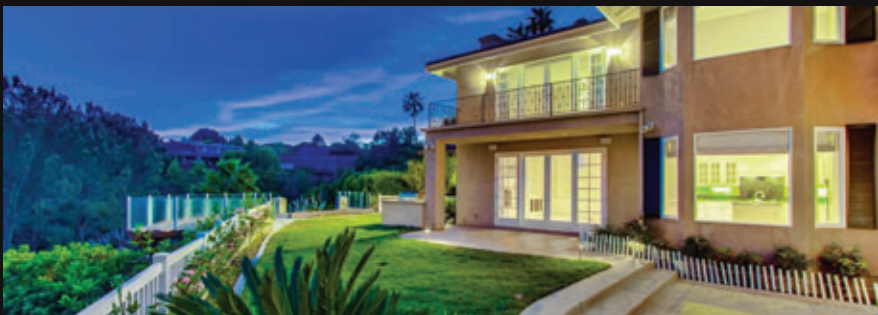
**WHERE:** D.G. Wills Books, 7461 Girard Ave., 7 p.m.  
**HOW MUCH:** Free  
**WHAT:** Poet Kate Gale will read from her new book, "The Goldilocks Zone" and poet Lisa C. Krueger will read from her new book, "Talisman." Gale is the managing editor of Red Hen Press and teaches in the master of fine arts program at the University of Nebraska. She is author and editor of several books, including "Mating Season" and "Fishers of Men," and her work has been published in a variety of literary journals. Krueger is a poet and clinical psychologist in Pasadena. (858) 456-1800, www.dgwillsbooks.com



## FEB. 8: BLOOD DRIVE

**WHERE:** The Gillispie School, 7380 Girard Ave., 11 a.m. to 4:30 p.m.  
**HOW MUCH:** Free  
**WHAT:** The Gillispie School's fifth annual blood drive supports the needs of the San Diego Blood Bank. Appointments can be made online at mysdbb.org/appointment and entering sponsor code TGPS. Walk-ins are also welcome.

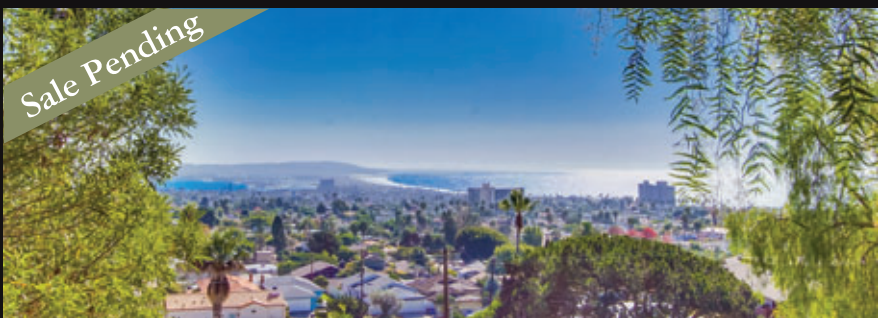
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## Macedonian officials present economic visions in La Jolla

Macedonia's ambassador to the United States and other dignitaries pitched La Jollans on that nation's business investment potential at an Ambassadorial Roundtable Jan. 20 at a La Valencia Hotel luncheon.

Ambassador Zoran Jolevski, joined by Deputy Prime Minister and Minister of Finance Zoran Stavrevski and Minister of Foreign Investments Bill Pavleski, discussed the south-eastern European nation's economic possibilities.

"We are in San Diego presenting Macedonia as a good investment opportunity for businessmen who want to expand their business, or move part of their business to Macedonia," said Stavrevski following the roundtable.

Noting Macedonia is stable both politically and economically and has "negotiated trade agreements with other European countries," Stavrevski said, "Our message is



**FOREIGN CONNECTIONS** Macedonia's Ambassador to the United States Zoran Jolevski attended a presentation that discussed his country's investment opportunities at the La Valencia on Jan. 20. **DAVE SCHWAB**

that it's a global world where investors need to take a look at their possibilities — and Macedonia is someplace that offers a very attractive package with our low costs."

Asked what types of businesses his country was looking to draw, Stavrevski said, "High technology and manufacturing are our pref-

erence. Business outsourcing is another possibility, as we have a lot of young people who speak English."

Macedonia is one of several nations once part of Yugoslavia that became independent a couple of years after the Berlin Wall fell in 1989. It's bordered on the south by Greece, on the west by Albania, on the east by Bulgaria and on the north by Serbia and Kosovo.

The World Diplomatic Forum and Ambassadorial Roundtable bring together the diplomatic community, the private sector, academia and financial capital in order to achieve critical, sustainable development goals sought by the international community. For more information, visit [ambassadorial-roundtable.org](http://ambassadorial-roundtable.org).

— Dave Schwab

## CIVICREPORT >> La Jolla Town Council, Jan. 9

By DAVE SCHWAB

The La Jolla Town Council (LJTC) heard about youth gangs and heard a report from a local Realtor about the Jewel's static real-estate market at its January meeting.

Joyce Abrams, commissioner of the San Diego Gang Prevention and Intervention Commission, gave the council and audience members a short survey quizzing them on their knowledge of youth gang issues preceding a brief presentation.

A District 1 City Council appointee, Abrams works collaboratively with city staffers who "deal directly with gangs and indirectly with neighbors to get rid of them."

"We invite you to share your opinions on this neighborhood survey," said Abrams, adding it will be used to "develop strategies in a collaborative effort between various agencies working with

gang-related issues to help us recommend an initiative to the City Council to combat the impact of gang violence in our city."

At the end of the meeting, Charles Schevker of Berkshire Hathaway HomeServices spoke about a recent slowdown in La Jolla home sales.

"In August of 2013, 83 homes were sold and that has progressively gone down month to month to 41 in December, a reduction of 16.6 percent," Schevker said. "Since demand has gone down, it is a good thing that the supply has gone down as well."

Schevker produced graphs showing a 15.8 percent price increase in La Jolla homes between January and August 2013.

"Since then, prices have flattened out, only going up 1 or 2 percent, which indicates the

market has slowed down," Schevker said, adding he foresees some price reductions in the next couple of months.

"This isn't gloom and doom," Schevker said. "The real-estate market is dynamic and we hope it will achieve a center of gravity as it levels off and then we'll see opportunities in the second and third quarters for the market to strengthen itself and begin moving forward again."

In other action:

- A Bird Rock resident complained there have been two recent shootings in or near the La Jolla Biltmore Motel.

"It's a problem and it makes me afraid," she said. LJTC chairwoman Cindy Greatrex suggested she contact the Bird Rock Community Council (BRCC) and appear at that group's next meeting in February to discuss the situation.

## CIVICREPORT >> La Jolla Community Planning Association, Jan. 8

By DAVE SCHWAB

Expected to be a free-for-all over a controversial Jewish community center, the Jan. 8 La Jolla Community Planning Association (LJCPA) meeting turned into a debate over what constitutes a basement and held a discussion of sea lion proliferation at La Jolla Cove.

The advisory group's Jan. 8 headline item, discussion of the draft environmental impact report for Hillel Center for Jewish Life proposed across from UCSD, was trailed until February. A representative for Hillel, the largest Jewish campus organization in the world, complained the group had only learned that day its EIR was on the agenda, noting it was unprepared to comment, adding there was "nothing new to report." Public review on the project's environmental document has been extended until Feb. 11.

This is the second go-round for the proposed Jewish student center, originally proposed in 2000 on a triangular-shaped remnant of land (Site 659) that neighbors insist should be kept as an open-space buffer separating the university and the adjoining single-family subdivision.

Hillel's revamped plans have cut the size of its proposed building in half, breaking up its bulk into three separate buildings and adding an open-space park for community benefit.

Hillel is asking for a street vacation, a site development permit and a use permit for its administrative office at 8976 Cliffridge Ave.

Though the project has been downscaled, some strong public opposition remains, with neighbors contending the center doesn't belong in their neighborhood.

Also on Jan. 8, LJCPA voted 13-3-1 against recommending a proposed mixed-use, commercial retail-residential development at 7610 Girard Ave.

Developers are seeking permitting to build eight condo units and one 5,125-square-foot commercial condo unit on a currently vacant 0.27-acre site near the Vons shopping center.

The proposed development is in a zone where the La Jolla Planned District Ordinance (PDO) does not allow three stories. Developers contend their plans constitute two stories of development above a basement with subterranean parking.

Architect Paul Benton, who heads an LJCPA subcommittee that reviewed the mixed-use project, gave a slideshow presentation detailing why some people believe the project constitutes three stories rather than two.

From the audience, La Jollan Sally Miller questioned the project's viability.

"Why are you constructing a subterranean place when they've proven to be a failure?" she asked.

"Whether you call it a basement, a ground floor or a catacomb, it doesn't make a difference," said LJCPA trustee Jim Fitzgerald. "It's a

SEE **LJCPA** >> PG. 19

## CIVICREPORT >> La Jolla Village Merchants Association, Jan. 8

By DAVE SCHWAB

Repositioning itself financially and strategically for 2014, the La Jolla Village Merchants Association (LJVMA) in January supported efforts to resolve the sea lion stench problem at La Jolla Cove and vowed redoubled efforts to collect delinquent business-license taxes, while reconsidering its list of merchant-sponsored events.

"We owe a duty to merchants of La Jolla to promote them, make their chances for success better by removing foreign obstacles to their success," said Mark Krasner of the law firm of Blanchard, Krasner & French during discussion of the group's possible support for an ongoing lawsuit by local merchants to spur the city to act in cleaning up the Cove sea lion mess.

Noting there were alternatives the merchant group could take with the suit, including not getting involved and lending financial sup-

port, Krasner suggested the group join the suit as a nonprofit for a nominal \$1 cost. The group voted overwhelmingly in favor of that suggestion.

"This (sea lion) mess is man-made," said LJVMA chair Claude-Anthony Marengo. "This is an imbalance of nature caused by man plugging holes in the sea wall and sand filling up the swimming area."

Trustee Claudette Berwin called the issue "very serious."

"Our mission statement is to encourage a friendly environment," she said.

Berwin pointed out time is running out to do something about foul Cove odors ahead of upcoming community events — the Farmers Insurance Open at the end

SEE **LJVMA** >> PG. 18



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## 27 Tips to Drive up the Sale Price of your Home

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Enya

## PETERSON »

CONT. FROM PG. 3

but this is someone trying to assassinate me."

Fletcher is a Mission Beach real-estate agent and Petersen's brother-in-law, although his sister is in the process of divorcing Petersen after 12 years of marriage.

Fletcher said he was taking a shower around 6:30 a.m. and heard a crash and knocking on the bathroom door. His two daughters were home, and Fletcher said he was puzzled. He was stunned to see Petersen with a gun when he opened the door.

Fletcher said he closed and locked the door, and he heard Petersen say, "I'm going to (expletive) kill you!" Fletcher said Petersen shot through the bathroom door, narrowly missing him and Petersen demanded he open his safe.

"I was not going to reason with him. He looked so angry," said Fletcher. "I reopened the door and grabbed the gun with my left hand."

"When I grabbed the gun, he fired and he shot me in the stomach. I was in shock. I was fighting for my life," said Fletcher, who said he was able to wrestle the gun out of Petersen's hand. "I had the gun and I pointed it and him and tried to shoot him."

Fletcher said the gun jammed at that point, and he grabbed a cell phone and called 911. He said he yelled for his daughters to also call 911. Petersen grabbed the phone and tried to smash it, Fletcher said.

Deputy District Attorney Amy Maund played footage of Fletcher's home security camera system, which showed a man identified as Petersen breaking a glass door with an object at 6:38 a.m. and walking through the door of the Cottontail Lane home.

"He was screaming things at me. It was gibberish. I don't know what he was talking about. He was cursing at me," said Fletcher. "I was in extreme pain."

On the video, Petersen was seen ranting and pointing his index finger at Fletcher as he sat on his couch with the jammed gun. The video then showed two San Diego police officers ordering Petersen to put his hands in the air, and Fletcher threw the gun on the floor.

Fletcher told the judge Petersen had visited him at his Mission Beach office and Petersen was angry. He said both he and his sister felt threatened.

Henry testified she met Petersen at a party and he has lived with her for the past 8 ½ months. She testified she did not hear Petersen make any threats, but said he was depressed.

Henry said Petersen was up late that night answering emails on his

computer and appeared agitated. Henry said she went to bed and noticed at 3:55 a.m. that he left and that his blue BMW was gone. She said she has since visited him in jail.

Timothy Ellis of La Jolla testified he heard a gunshot and "angry yelling" outside his window that woke him up. He looked outside and identified Petersen with what he said looked like either a gun or a drill in his hand. Ellis said Petersen asked for Fletcher, but Ellis told him Fletcher didn't live there.

Petersen has no prior record and previously served as CEO of several firms in the past. If he is convicted of all charges, he faces three life terms in prison.

## BRIEFS »

CONT. FROM PG. 3

teller at 1:40 p.m. and fled.

A San Diego police officer spotted a vehicle that fit the description of the getaway car and pulled it over on Interstate 5. Inside the car with Moore was money obtained from the bank, said a prosecutor.

Moore pleaded not guilty Jan. 8 before San Diego Superior Court Judge David Szumowski, who set bail at \$50,000. The prosecutor said police are investigating another bank robbery that may have been committed by Moore. He remains in custody.

— Neal Putnam

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**ENTRY RULES:** You choose your favorite! Tell us who the best of the best is and you'll be entered into our free drawing. Vote for restaurants in La Jolla and UTC. (92037, 92121, 92122). Maximum of 4 categories per restaurant. Mail or hand deliver your ballot to: La Jolla Today, Readers Choice Awards: 1621 Grand Ave., Ste. C., San Diego, CA 92109; or vote online at: sdnews.com or lajollavillagenews.com. Please complete at least 50% of the ballot. One ballot per person. Ballots must be postmarked, submitted online, or hand-delivered by 3/14/2014

Overall Restaurant \_\_\_\_\_  
Overall restaurant service \_\_\_\_\_  
New restaurant \_\_\_\_\_  
Best Chef \_\_\_\_\_  
Breakfast \_\_\_\_\_  
Lunch \_\_\_\_\_  
Dinner \_\_\_\_\_  
Take-out \_\_\_\_\_  
Sunday brunch \_\_\_\_\_  
Family restaurant \_\_\_\_\_  
Best Atmosphere \_\_\_\_\_  
Restaurant Service \_\_\_\_\_  
Restaurant w/ Wine List \_\_\_\_\_  
Wine Shop \_\_\_\_\_  
Wine Bar \_\_\_\_\_  
Local Winery \_\_\_\_\_  
Beer Selection \_\_\_\_\_  
Sports Bar \_\_\_\_\_  
Martini \_\_\_\_\_  
Place to People Watch \_\_\_\_\_  
Pet Friendly Restaurant \_\_\_\_\_  
Live music \_\_\_\_\_  
Place to Dance \_\_\_\_\_  
Happy hour \_\_\_\_\_  
Best Comfort Food \_\_\_\_\_

Late Night Eatery \_\_\_\_\_  
Place to go on a budget \_\_\_\_\_  
Place for a birthday party \_\_\_\_\_  
Most romantic \_\_\_\_\_  
Best ocean view \_\_\_\_\_  
Appetizer \_\_\_\_\_  
Bagel \_\_\_\_\_  
Burrito \_\_\_\_\_  
Burger \_\_\_\_\_  
Fish Taco \_\_\_\_\_  
Fish & Chips \_\_\_\_\_  
Desserts \_\_\_\_\_  
Margarita \_\_\_\_\_  
Omelette \_\_\_\_\_  
Pastry \_\_\_\_\_  
Pizza \_\_\_\_\_  
Pita \_\_\_\_\_  
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Sandwich \_\_\_\_\_  
Senior Special \_\_\_\_\_  
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Korean \_\_\_\_\_  
Mediterranean \_\_\_\_\_  
Mexican \_\_\_\_\_  
Mexican (fast food) \_\_\_\_\_  
Bakery \_\_\_\_\_  
Bar \_\_\_\_\_  
Cafe \_\_\_\_\_  
Catering \_\_\_\_\_  
Coffee shop \_\_\_\_\_  
Deli \_\_\_\_\_  
Gellato \_\_\_\_\_  
Ice cream / frozen yogurt \_\_\_\_\_  
Vegetarian \_\_\_\_\_  
Patio dining \_\_\_\_\_  
Senior special \_\_\_\_\_  
Wings \_\_\_\_\_



## ATHENAEUM LECTURE SERIES &gt;&gt;

**WHAT:** The Athenaeum will present two lecture series in the coming months.

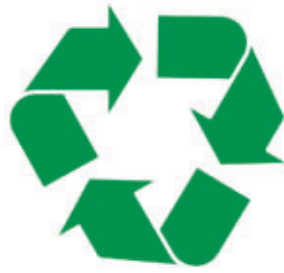
The library welcomes back art history lecturer James Grebl, Ph.D., in February for his new series, "The Great Cathedrals of Europe." On Feb. 3, Grebl will present a lecture titled "Early Medieval," exploring a variety of cathedrals ranging from the paleo-Christian through the Byzantine and Romanesque. On Feb. 10, his lecture, "Gothic," will detail elegant arches, delicate spires, ornate tracery and glowing windows. On Feb. 17, he will present "Renaissance to Rococo." The last presentation, "Neoclassical to Modern," on Feb. 24, will include the Madeleine in Paris, the Sagrada Familia in Barcelona and more.

The lectures take place on Mondays at 7:30 p.m. Tickets are \$50 for members and \$70 for nonmembers for the entire series, or \$14 for members and \$19 for nonmembers for individual presentations.

The Athenaeum will also present three programs in cooperation with artist and environmental sculptor Joyce Cutler-Shaw. All lectures are free and will take place at 7:30 p.m.

On Thursday, Jan. 30, Phil King, professor and associate department head of New Mexico State University's Dept. of Civil Engineering, will discuss water resources. On Thursday, March 13, environmental artist and activist Ann Rosenthal will present "Redefining Beauty within the Context of Sustainability." On Thursday, April 10, Robert Ferry and Elizabeth Monoian, co-founders of Land Art Generator Initiative, will discuss renewable energy.

For reservations or information, call (858) 454-5872 or visit [lajathenaeum.org](http://lajathenaeum.org).



## KIWANIS GOES GREEN &gt;&gt;

**WHAT:** On Jan. 17, the Kiwanis Club of La Jolla granted Noah Homes \$2,500 for energy saving appliances. Noah Homes is a non-profit in Spring Valley that provides free housing and care to 70 adults with intellectual and developmental disabilities. Noah Homes' efforts include solar panels that are already in the works and other environmentally friendly cost-saving measures.

"Kiwanis is all about giving back to those making a difference," said member Wally Matranga. "In addition to Noah Homes' role as an extended family member of our community, the organization shows tremendous financial stewardship, environmental consciousness and an exciting vision for the future. We are happy to show our support."

## KARL STRAUSS BEER SCHOLARSHIPS &gt;&gt;

**WHAT:** Karl Strauss Brewing Co. is celebrating 25 years of crafting the San Diego beer scene by offering two scholarships to UC San Diego Extension's brewing certificate program in 2014.

"When we started the industry here in San Diego 25 years ago, we had no idea the craft beer culture would expand into what it's become today," said president Matt Rattner. "We are looking forward to helping a new crop of San Diego brewers get their start with this amazing program at UC San Diego Extension."

Karl Strauss will fund two full scholarships in 2014, with a single annual scholarship beginning in 2015. The scholarships will be funded through the nonprofit Karl Strauss Brewers Education Fund. UC San Diego Extension's Professional Certificate in Brewing is a part-time, evening and weekend program that offers academic and practical training for entry-level brewing professionals and can be completed in 18-24 months. Applications are now being accepted for the spring term, which starts in April. To apply, visit [extension.ucsd.edu/brewing](http://extension.ucsd.edu/brewing)



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# San Diego remembers a legend

San Diegans headed to Petco Park on Jan. 18 to pay tribute to Jerry Coleman, longtime announcer for the Padres and beloved community member. In addition to the legions of fans who attended, the memorial also drew Padres broadcaster Dick Enberg, MLB executive vice president Joe Torre and Coleman's partner in the broadcasting booth, Ted Leitner. Numerous friends and family members spoke, and the service included an F-18 flyover, a 21-gun salute and World War II-era Corsair fighter-bombers. Coleman, 89, died Jan. 5 from pneumonia and complications from a fall. Photos by DON BALCH



**FAMILY MAN** Below, Lt. Gen. John Toolan, commanding general, 1 Marine Expeditionary Force, escorts Coleman's wife, Maggie. Daughter Chelsea, who spoke at the event, follows.



**IN REMEMBRANCE** La Jolla resident and Padres broadcaster Dick Enberg, below left, introduces MLB vice president Joe Torre.



**MAN'S BEST FRIEND** Coleman's beloved dog Gus, left, whom he frequently mentioned during Padres baseball radio broadcasts, was at the event.

# Adrenaline highs



Doing  
it  
Better

By Natasha Josefowitz, Ph.D.

I have my own theory about why some people retire happily and others get depressed or ill upon retirement, about why some people drive fast and like roller-coaster rides and horror movies, and others — like me — absolutely refuse to see anything violent and frightening and have always avoided scary rides in amusement parks.

It has to do with an addiction to "highs." People with generally low levels of adrenaline need a boost to feel alive, while people whose levels are usually high quickly become anxious when over-stimulated.

I'm of the latter category. Even a scary book makes my heart beat faster, and I get so uncomfortable in suspenseful movies that I want to leave. The feeling of being frightened is deeply unpleasant — I do all I can to avoid being in such situations.

My granddaughter, on the other hand, loves to be scared. She thinks it's fun. A large number of people must agree, considering how many movies are made just to raise adrenaline levels. Steven Spielberg said in an interview that during a preview of "Jaws," he saw someone leave as the shark was swallowing a man and thought: "It's a flop." Then he saw the person throw up and return, and he thought: "It's a blockbuster."

Addictions to emotional highs are not very different from addictions to alcohol or drugs. Without the stimulation, one feels low key, empty or depressed.

Some people can only work under pressure — deadlines are motivators. I'm always several columns ahead, and I handed in reports early in college. Deadlines make me anxious. I can work under pressure if I have to, but I hate the feeling it generates.

Why do people continue working at a hard and fast pace when they could retire and don't need the money? A newly retired friend of mine recently said to me, "I miss the challenge. I miss risk taking, I miss having the control."

SEE ADRENALINE >> PG. 18

## Keeping the Women We Love Healthy

The Doris A. Howell Foundation for Women's Health Research Presents

**"The meal you miss could save your life: How intermittent fasting may extend your health-span" with guest speaker Roberta Gottlieb, M.D.**

Research on animals has shown that calories restriction can prolong life. Dr. Roberta Gottlieb, Director of Molecular Cardiobiology at Cedar-Sinai Medical Center will explain how this translates to the human condition.

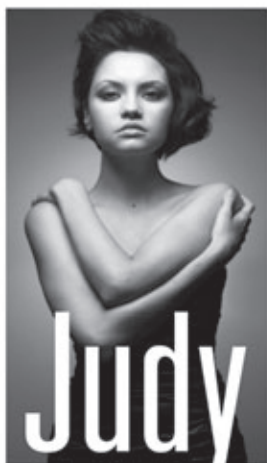


Date: February, 7 | Time: 11:15 a.m. Registration | 12:00 p.m. Luncheon | Cost: \$50.00

Pre-paid reservations are required. You can register at [www.howellfoundation.org](http://www.howellfoundation.org) or call 858-454-7797.

Please register by Feb. 3, 2014. We will not be able to accommodate walk-ins.

Follow us on Facebook: [www.facebook.com/HowellFoundation](http://www.facebook.com/HowellFoundation)



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# Yoga offers a workout for the mind and body

By DAVE SCHWAB

Yoga lovers have lots of studios in La Jolla from which to choose, including La Jolla Yoga Center.

"We just passed our four-year anniversary and have more than 60 classes with lots of different teachers with different backgrounds and styles," said Helen Cloots, yoga center manager/teacher.

"It's our variety," answered Cloots, when asked what separates La Jolla Yoga Center from the rest. "Most other studios do more specialized styles. We're generalists, though we do have experts in certain individual styles. We do have a little bit of something for everyone."

Cloots said the clientele at La Jolla Yoga Center is as varied as the instruction.

"Everyone comes for something different, for what works for them," she said.

Cloots said older patrons come for some of the more gentle, relaxed, meditative classes, while younger patrons who "want to get a good workout" are drawn by the more physically challenging classes.

"The nice thing is, depending on the day, you can come in and do both — or just one," said Cloots, noting the studio caters to lots of locals but has an extensive mailing list of some 5,000 clients from all over, many of whom she said "come in for special workshops and teachers that they like."

Amanda Bowman, a member and volunteer, talked about what she felt makes La Jolla Yoga Center special.

"It's a great community, almost like a support group," Bowman said. "It's kind of a self-



selecting group, people looking to enhance their lives, make themselves feel better."

Bowman said going to the studio is a great stress reducer.

"The breathing exercises are especially beneficial," she said. "You feel this new energy. You can deal with whatever problems come your way."

Stress reduction is among the many practical benefits of practicing yoga.

"It's about relieving stress, building strength and flexibility, not only physically but mentally," said Cloots. "People are here just as much or more for the mental benefits as they are for the physical."

Yoga is also good for those recuperating from surgery or injury.

"We've had people come in here and say, 'I just had my hip replaced and the doctor said yoga would be good for me,'" said Bowman.



"We're also open to beginners. We have some options they can jump into and start to learn."

On a recent weekday afternoon, studio member Jule Ruggles, just exiting from a yoga session, explained why he was drawn to the discipline.

"My whole thing is to develop my core because of back issues," Ruggles said, adding La Jolla Yoga Center is his place to do that because "it's a great studio with great instructors and the price is right."

Reenacting a typical hour-long yoga session, Cloots said, "You're going to start together on mats seated or lying down, and first there will be a moment of centering where

the teacher is going to bring everyone's awareness to the same place in their body and breadth, kind of tune in. Then there will be movements to start some stretching and hold the breadth. Then you move into poses, starting slowing building up to the more challenging poses. Then you arc back down to the more relaxing poses. The last 10 minutes is with your eyes closed where you just let yourself be what we refer to as 'rest and digest.'"

Another advantage of La Jolla Yoga Center is the depth — and unpredictability — of its instructors.

"With our teachers it's different every time," Cloots said. "You don't know that this pose is going to come next. So it kind of keeps you more present."

For more information about La Jolla Yoga Center, call (858) 456-2412 or visit [lajollayogacenter.com](http://lajollayogacenter.com).

#### YOGA OPTIONS IN LA JOLLA:

- **Prana Yoga:** 1041 Silverado St., (858) 456-2806, [prana-yoga.com](http://prana-yoga.com)
- **Sol Yoga Studios:** 8657 Villa La Jolla Drive, (858) 452-9642, [solyogastudios.com](http://solyogastudios.com)
- **Bikram's Yoga:** 565 Pearl St., (858) 8642, [bikramyogalajolla.com](http://bikramyogalajolla.com)
- **Akasha Yoga:** 3211 Holiday Court, (858) 622-9642, [akashayoga.com](http://akashayoga.com)
- **Shakti Yoga:** 920 Kline St., (858) 229-5080
- **Corepower Yoga:** 702 Pearl St., (619) 455-9642, [corepoweryoga.com](http://corepoweryoga.com)
- **La Jolla Yoga Center:** 7741 Fay Ave., (858) 456-2412, [lajollayogacenter.com](http://lajollayogacenter.com)

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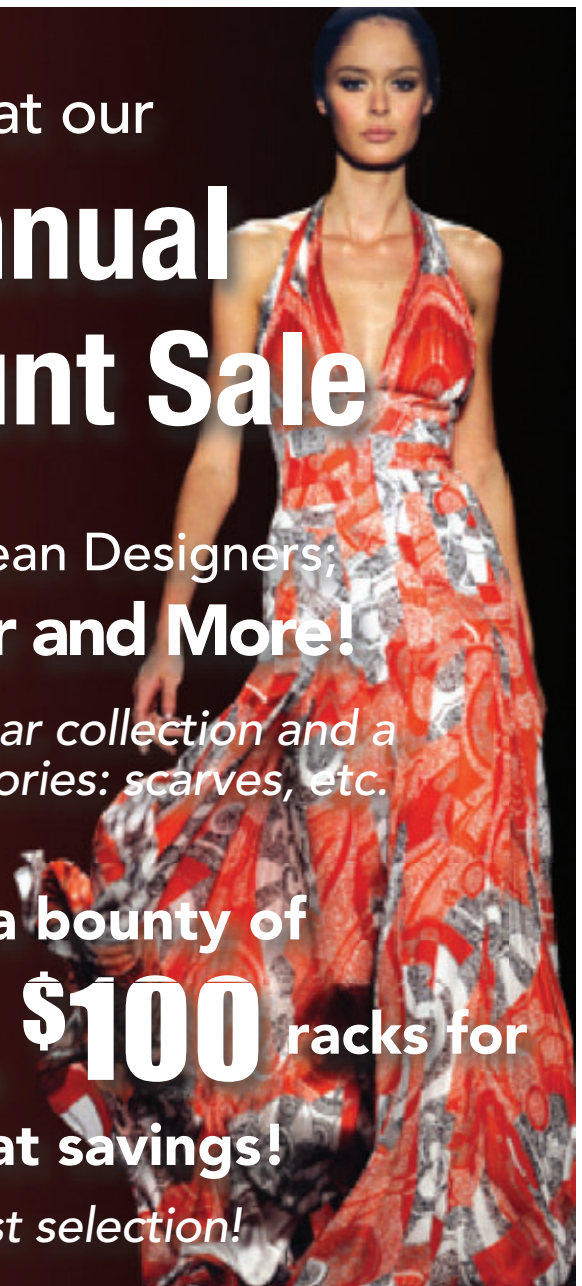
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## Bird Rock puts its homes on parade once again

By DAVE SCHWAB

Those looking for interior design inspiration need look no further. Tour beautifully appointed dwellings at the eighth annual Bird Rock Home Tour fundraiser benefiting Bird Rock Elementary School on Saturday, Jan. 25 from 11 a.m. to 3 p.m.

Ticket price is \$20 for a self-guided tour of some of the finest residences in Bird Rock's elegant single-family neighborhoods.

Sponsored by the Bird Rock Community Council (BRCC), the event's lead sponsor for the fifth consecutive year is Tim Golba of Golba Architecture, along with Realtor Linda Daniels, Bird Rock Coffee Roasters, Girard Avenue Collection, Hydrangea Cove, State Farm agent Bobby Sukhanil, Home Care La Jolla and Andrew Ward of Edward Jones.

"You pick up the program the day of the event at Bird Rock Coffee Roasters (5627 La Jolla Blvd.) and all of the homes are in Bird Rock neighborhoods," said Noel Ehlers, who chairs the event along with Katie Dillon.

Each home has its own distinct style and charm reflecting the uniqueness of the Bird Rock neighborhood.

Ehlers said the home tour is a homegrown event.

"The grass-roots effort gets a lot of support from the community, the neighborhood and the school," she said. "There is a lot of local pride. Our sponsors, many of whom have kids at the elementary school, have invested in their neighborhoods."

One of the homes featured on this year's tour is that of BRCC member Anne Telford and her family. Telford hinted those viewing her home should expect a departure from past



**RUSTIC CHIC** A home featured on last year's Bird Rock Home Tour offered guests a unique glimpse at décor from around the world. DON BALCH

years.

"Our home is different from the majority of homes that have been on previous tours," Telford said, noting that's partly because of her family's long history, now into its fourth generation, as residents there.

"It's a Spanish-revival house that was built in 1934 and my grandpa bought it in the 1940s," she said. "I grew up here, went to Bird Rock Elementary, then moved away and came back."

Telford said she has lots of photos and illustrations in her home of people noted in the arts who've been featured in national and international design publications.

"My home doesn't have a beach

theme, though I'm five blocks from the beach," Telford said. "My house is probably a lot more full of art and color than most of the homes that have been shown on the tour."

Photography is not allowed on the tour.

The event showcases the pride in homeownership. Discover an abundance of creative ideas for your home while supporting a good cause, as all proceeds benefit Bird Rock Elementary School.

For more information, visit [www.birdrockcc.org](http://www.birdrockcc.org), [www.facebook.com/BirdRockCC](http://www.facebook.com/BirdRockCC) and [info@birdrockcc.org](mailto:info@birdrockcc.org).

The six homes on this year's tour will only be revealed on the day of the event.

## JAN. 25: MOONGLOW ART RECEPTION

**WHERE:** Moonglow Design, 5763 La Jolla Blvd., 5 to 9 p.m.

**HOW MUCH:** free

**WHAT:** Moonglow Design La Jolla Art Gallery will show Lorenzo Foncerrada's latest artistic endeavor, "Big Loie," a tribute to the American dancer Loie Fuller, a pioneer of modern dance

who took 1890s Paris by storm. Special pricing will be offered on all art work, and guests can enjoy wine, chesse, candy and music on the gallery's outdoor deck. Sponsored by Erling Rohde Plumbing, serving La Jolla since 1910. (858) 454-4258



**DANCING BEAUTY** Left, Lorenzo Foncerrada with his tribute to dancer Loie Fuller. COURTESY PHOTO



## Fashion Files

Diana Cavagnaro

ARTessence presented CAPTIVATE: Cirque de l'Artisan on Jan. 11 at Somewhere Loud. Combining fashion, art, music and dance in one spectacular night, the gala featured both international and local designers.

Victoria Roberts, designer of Wish Now who was voted the Most Innovative Designer at Fashion Week San Diego 2013, started the fashion show with her designs.

The program continued with the contemporary designs of Zavval, the vintage collection of De Marcus, and the elegant lines of Lum and O'Blanc. Los Angeles designer Adolfo Sanchez also brought his breathtaking collection to the runway.

Headpieces by Flair Design Events were a favorite on the runway, while the finale featured the high-fashion gowns of Hollywood designer Shekhar Rahate.

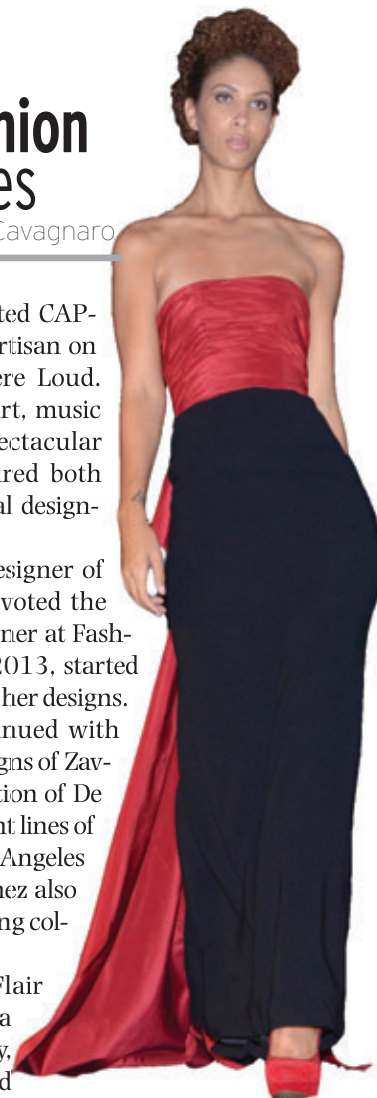
Interspersed between the collections were dance performances reminiscent of Cirque du Soleil with acrobatics, aerial dancers and vivid costumes, beginning with dancers from San Diego Club Kids. Garret Allen performed an incredible chair-balancing act, and a standout routine was a dubstep performance by James Wyatt as the Ring Master.

Guests enjoyed the surrealistic art of Jimmy Ovadia and multidimensional art from Zach Young. For upcoming events, visit [www.artessence.org](http://www.artessence.org).

### UPCOMING EVENTS

- Sunday, Jan. 26 – Winter Bridal Bazaar with fashion shows presented by Gretchen Productions at the San Diego Convention Center. (760) 334-5500
- Thursday, Feb. 13 – Second annual Hearts, Hats & Heels Luncheon & Fashion Show at the Rancho Santa Fe Country Club from 11 a.m. to 3 p.m. (619) 306-3498
- Friday, Feb. 14 – Go Red For Women Luncheon & Fashion Show featuring the designs of Zandra Rhodes at the Hilton La Jolla Torrey Pines from 10 a.m. to 2 p.m. (858) 410-3834
- Feb. 24 through March 9 – San Diego History Center presents the exhibit Fashion Redux! 2014 featuring four designers from San Diego Mesa College and their contemporary garments inspired by the 1930s. (619) 232-6203

— Diana Cavagnaro is a nationally recognized hat designer and milliner. She has been operating a fashion business for 30 years.



**FASHION FORWARD** Above, a model shows off a De Marcus design. Below, a model wears a gown from Indian-American designer Shekhar Rahate.





# Little miracles

## Starry, starry nights



with Vincent Andrunas

Dr. Sean Daneshmand is a perinatologist (a high-risk obstetrician), and has devoted his medical career to dealing with difficult pregnancies. He saw families' lives turned upside down by the challenge of caring for premature or sick newborns requiring long stays in the Neonatal Intensive Care Unit (NICU) before becoming healthy enough to be taken home. Parents had to deal with the uncertainties of worrisome prognoses during problematic pregnancies, accompanied in many cases by severe financial hardships. All this inspired Dr. Daneshmand to form Miracle Babies in 2009.

His organization provides support and financial assistance to families with newborns in the NICU, and works to enhance the well being of women, children and entire families through education, prevention and specialized medical care. Miracle Babies considers every child born a miracle, but knows that some require extra help as they begin their lives.

Leonard Simpson and his Fashion Forward company annually produce the Ten Best Dressed Awards, wherein 10 area women (and 10 men) are honored — ostensibly for their style sense, but much more so for their selfless philanthropic efforts and community involvement. The event's sixth iter-



**ABOVE:** Ramin Pourteymour (Lifetime Achievement Award winner), Tara Tarrant, Dr. Sean Daneshmand (event co-chairman, MB founder) and Marjan Daneshmand (event chairwoman, MB co-founder and honoree), Ladan Mortazazi, Kevin Robertson (MB executive director)



**ABOVE:** Peggy Matthews (Lifetime Achievement Award winner), Leonard Simpson (producer), John and Sally Thornton (she's event founder), Ofelia and Dr. John Alksne



**ABOVE:** Jacqueline Foster, Jeanne Larson, Doreen Schonbrun, Yolanda S. Walther-Meade, Maggie Watkins, Kristi Pieper (all are honorees)

SEE SOCIETY >> PG. 14

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## Bistro Pazzo

The whole idea of a bistro, says Seto Marselian, owner of Bistro Pazzo, is to offer a neighborhood place where everyone knows you - where great friends and great food meet. Bistro Pazzo is going on its 5th year, located just slightly off the beaten path, just off Prospect Street at 7930 Ivanhoe Ave - and the "hidden gem" nature of the eatery makes it just that much more of a neighborhood treasure. Within walking distance to shopping, hotels, the financial district and the famous beaches of La Jolla. Open for Lunch and Dinner, Bistro Pazzo is definitely the "hidden gem" of La Jolla. Come enjoy this small neighborhood Italian bistro seven days a week. Moderate prices, great food, good portions and a vast wine list with crazy service. You can be crazy too, no one will mind. Really! 858-456-4005 [www.bistropazzo.com](http://www.bistropazzo.com)

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## Live music calendar &gt;&gt;

By BART MENDOZA

## Friday, Jan. 24

- Tomcat Courtney, blues legend, 6 p.m., Café-Bar Europa
- Campbell, 6 p.m., Prospect Bar
- Chris Cerna, 6 p.m., La Valencia
- Ray Briz Trio, 7 p.m., Eddie V's
- Silver Snakes, indie rock, 7 p.m., Che Café, UCSD

- ZB Savoy, pop and country, 7 p.m., Amaya
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- FUNdamental Fridays, DJ night, 8 p.m., Barfly
- AfroJazziacs, Latin & Afro Cuban Jazz, 9 p.m., Café-Bar Europa
- Stratos, covers, 9 p.m., Beaumont's

## MUSTHEAR &gt;&gt;

Jazz aficionados will be thrilled to hear that, beginning on Jan. 24, the Fourth Fridays jazz series will return for a six-month run at the La Jolla Community Center. The concerts will be helmed by acclaimed flautist Lori Bell, with opening night set for a special "Women in Jazz" concert. Bell will be joined by vocalist Allison Adams-Tucker, pianist Melonie Grinnell, bassist Evona Wascinski and special guests. Future events in the series will feature varied themes and players, including "A Tribute to James Taylor" (Feb. 28) and "From Bach to Bebop" (April 25).

**LORI BELL AND ALLISON ADAMS TUCKER:** Jan. 24 at the **LA JOLLA COMMUNITY CENTER**, 6811 La Jolla Blvd. All ages. 8 p.m., \$15-\$25. [www.ljcommunitycenter.org/wp](http://www.ljcommunitycenter.org/wp)



— Bart Mendoza

UC San Diego alumnus Nathan East is one of the world's best bass guitarists, a Grammy nominee who has played with Michael Jackson, Eric Clapton, Paul McCartney, Beyoncé and more. On Saturday, Feb. 1, East will return to his alma mater for a one-time performance in the Conrad Prebys Concert Hall. All proceeds will go to scholarships for current students attending



UCSD's Thurgood Marshall College who graduated from The Preuss School UCSD.

**NATHAN EAST:** Feb. 1 at **CONRAD PREBYS CONCERT HALL, UCSD**. \$20-\$75, [rels.ucsd.edu](http://rels.ucsd.edu) or (858) 534-1507.

## Saturday, Jan. 25

- Robin Henkel, acoustic blues, 10 a.m. Bird Rock Coffee Roasters
- Ryan Hiller, noon, Prospect Bar
- Jimmy Lewis, 3:15 p.m., Prospect
- Zak Lipton Trio, traditional jazz, 4 p.m., Café-Bar Europa
- Tomcat Courtney, blues legend, 7 p.m., Café-Bar Europa

- Pat Dowling, 6 p.m., La Valencia
- Aquile, 6:30 p.m., Prospect Bar
- Freddie A Trio, 7 p.m., Eddie V's
- Chicken Bone Slim, 7 p.m., Amaya
- Actuary, 7 p.m., Che Café, UCSD
- Tad Sisler, 8 p.m., Manhattan
- Santana pa Ti, tribute to legendary guitarist, 7 p.m., Café-Bar Europa
- Gonzolgy, classic covers, 9 p.m., Beaumont's

## Sunday, Jan. 26

- Malmana, 10 a.m. La Valencia
- Joe Cardillo, 11:30 a.m., Beaumont's
- Brent Curtis & Mike Myrdal, noon, Prospect Bar & Grill
- Lakshmi Basile, flamenco, 2 p.m., Café-Bar Europa

See the full calendar at [ljtoday.com](http://ljtoday.com)



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**ABOVE:** A.G. Spanos (honoree), Kamri Collins, Keith and Megan Jones, Susie Spanos, John Spanos

**RIGHT:** Nazy Daneshmand-Moshrefi, Maryam Samourzadh, Valerie Robbins, Dr. Mona Hacker, Greta Pate



**ABOVE:** Dr. Eliot and Joani Alpert, Sam and Rena Horowitz, Sean Caddell (honoree), Laura Martella

## SOCIETY >>

CONT. FROM PG. 11

ation took place at the Hilton La Jolla Torrey Pines, brightening a rainy night near 2013's end. A benefit for Miracle Babies, it drew about 500 guests.

A reception and large silent auction started things off, after which Amanda Baker of TV's "General Hospital" fame (coincidentally, five months pregnant) welcomed guests to the dinner program. Interim Mayor Todd Gloria's office presented a proclamation declaring the date Miracle Babies Day in San Diego.

Performance artist Stephen Fishwick emerged onstage in a paint-spattered smock to begin the evening's entertainment. Proceeding to paint—in his uniquely flamboyant manner—a 10-minute masterpiece, he rotated the canvas periodically as he developed his creation, keeping the audience guessing which way was "up" and what the final image might depict. It turned out to be the Eiffel Tower,

and was promptly sold as the first live auction item.

A nicely prepared salmon entrée was the dinner's main course. At its conclusion, Lucy Loomis brought her 5-month-old son onstage and told how Miracle Babies had helped them. Due to intrauterine growth restraint, the baby was born weighing only one pound—but he survived and became big and strong, thanks to Dr. Daneshmand. Their story encouraged guests' generosity in the paddle raise and subsequent eight-item live auction.

Leonard Simpson's Broadway-style runway fashion show, themed "Royals and Romanticism of Style," was the evening's highlight. The 50-minute show featured professional models showcasing varied apparel designs—some quite practical; others only useful as impressive exhibitions of their designers' talent and imagination.

The evening's conclusion was an introduction of each honoree and presentation of awards. The "Best Dressed" women were Anahi Arata, Marjan Daneshmand, Jacqueline Foster, Rosanne Inder-

mill, Jeanne Larson, Yolanda Walther-Meade, Kristi Pieper, Doreen Schonbrun, Maggie Watkins and May Zawaideh. The men were Kambiz Agahnia, Sean Caddell, Steven Cox, Michael Farah, Ray Grimm Jr., Tom Karlo, Dr. Manoj Motwani, Scott Muske, David Patrone and A.G. Spanos. Honors for lifetime achievement in philanthropy were conferred upon Peggy Matthews, Patricia O'Connor, Police Chief William Lansdowne, Charles Laura, Ramin Pourteymour and the late Joan Kroc (accepted by her granddaughter, Holly Hartsough).

The event raised about \$30,000 overall to help the work of Miracle Babies.

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**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034738 PVM, INC., PVM** located at: 2495 TRUXTON ROAD SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): PAT V. MACK, INC. This business is being conducted by: A CORPORATION PAT V. MACK 2495 TRUXTON ROAD SAN DIEGO, CA. 92106 CALIFORNIA The transaction of business began on: 10/01/2010 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 16, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034569 LOF REALTY** located at: 2055 THIRD AVE. STE 200 SAN DIEGO, CA. 92101 is hereby registered by the following owner(s): BRANDON MICHAEL LOFTUS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: AN INDIVIDUAL The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 13, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2013

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034944 QUALITY HOME REMODELING** located at: 841 BILLOW DR. SAN DIEGO, CA. 92114 is hereby registered by the following owner(s): CLAYTON MILLER This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 18, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034964 ARTIFEX WEST** located at: 3439 IBIS ST. SAN DIEGO, CA. 92103 is hereby registered by the following owner(s): ARTIFEXWEST, INC. This business is being conducted by: A CORPORATION ARTIFEX WEST, INC. 3439 IBIS ST. SAN DIEGO, CA. 92103 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 18, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034954 PHOTO 1** Located at: 6633 SAN MIGUEL AVE. LEMON GROVE, CA. 91945 is hereby registered by the following owner(s): NAWAR ABDULRASOUL This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 18, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034369 LELANIS ATTIC** located at: 5105 CASS ST. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): TYSON CAMARAO This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 11, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034708 THE PITCREW POLISHER, SERVICES OF STASIS, THE PITSTOP POLISHER** located at: 1579 MORENA BLVD. SAN DIEGO, CA. 92110 is hereby registered by the following owner(s): STACY L JAMES This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 16, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-035305 YELLOW TIE LIMO, RED TIE LIMO** located at: 3882 JEWEL ST. G-103 SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): MOHAMED A.I. ELBAYOUMI This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 23, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

**SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO. 37-2013-00081082-CU-PT-CTL PETITIONER OR ATTORNEY, BARBARA LAIKIN FUNKENSTEIN 8515 COSTA VERDE BLVD., UNIT 1657 SAN DIEGO, CA. 92122 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM BARBARA LAIKIN FUNKENSTEIN TO BARBARA GEORGE THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 14, 2014 TIME: 8:30 AM DEPT C-46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 03, 09, 16 AND 23, 2014**

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-035285 THUNDER MOBILE** located at: 7655 PALMILLA DR. APT 4203 SAN DIEGO, CA. 92122 is hereby registered by the following owner(s): NING YANG This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 16, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-032982 BRYAN'S CUSTOM PAINTING** located at: 551 IONA DR. SAN DIEGO, CA. 92114 is hereby registered by the following owner(s): BRYAN PADILLATHIS business is being conducted by: AN INDIVIDUAL The transaction of business began on: 09/30/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 25, 2013 ISSUE DATES: DEC 19 JAN 03, 09, 16 AND 23, 2014

**SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO) DAWN REARON, and DOES 1 through 20. YOU ARE BEING SUED BY PLAIN- AND CYNDI STEWART. NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a non-profit legal services program. You can locate these non-profit groups at the California Legal Services Web site ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California ([www.courtinfo.ca.gov/selfhelp/espanol/](http://www.courtinfo.ca.gov/selfhelp/espanol/)), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de prestación pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos sin grupos sin fines de lucro en el sitio web de California Legal Services ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), en el Centro de Ayuda de las Cortes de California ([www.courtinfo.ca.gov/selfhelp/espanol/](http://www.courtinfo.ca.gov/selfhelp/espanol/)), o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o mas de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que corte pueda desear el caso. The name and address of the court is: (El nombre y dirección de la corte es): SAN DIEGO SUPERIOR COURT, 330. W BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00067831-CU-PA-CTL The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Kane Handel, 3525 Del Mar Heights Rd., Ste. 231, San Diego, CA. 92130 Tel: 858-756-5195 DATE: SEPT 20, 2013 Clerk, by R. Babers, Deputy, ISSUE DATES: JAN 03, 09, 16 and 23, 2014

**DANT: (AVISO AL DEMANDADO) DAWN REARON, and DOES 1 through 20. YOU ARE BEING SUED BY PLAIN- AND CYNDI STEWART. NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a non-profit legal services program. You can locate these non-profit groups at the California Legal Services Web site ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California ([www.courtinfo.ca.gov/selfhelp/espanol/](http://www.courtinfo.ca.gov/selfhelp/espanol/)), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de prestación pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos sin grupos sin fines de lucro en el sitio web de California Legal Services ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), en el Centro de Ayuda de las Cortes de California ([www.courtinfo.ca.gov/selfhelp/espanol/](http://www.courtinfo.ca.gov/selfhelp/espanol/)), o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o mas de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que corte pueda desear el caso. The name and address of the court is: (El nombre y dirección de la corte es): SAN DIEGO SUPERIOR COURT, 330. W BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00067831-CU-PA-CTL The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Kane Handel, 3525 Del Mar Heights Rd., Ste. 231, San Diego, CA. 92130 Tel: 858-756-5195 DATE: SEPT 20, 2013 Clerk, by R. Babers, Deputy, ISSUE DATES: JAN 03, 09, 16 and 23, 2014

**DIES** located at: 1264 REED AVENUE APT 4 SAN DIEGO, CA. 92109 is registered by the following: PB 1904 INTERNATIONAL LLC This business is conducted by: A LIMITED LIABILITY COMPANY PB 1904 INTERNATIONAL-AL LLC 1264 REED AVENUE APT 4 CALIFORNIA The first day of business was: 01/06/2014 Registrant Name: MALTE NIEBELSCHETZ Title: CEO The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 06, 2014 ISSUE DATES: JAN 09, 16, 23 AND 30, 2014

**NOTICE TO POTENTIAL BIRTHFATHER PURSUANT TO A.R.S. § 8-106(g)**

Notice is hereby given to MICHAEL OTENEROU or JOHN DOE that you have been identified by ANGELA BAILEY, the natural mother, residing at 20 Brewery Ave, Unit 203, Bisbee, Arizona 85603, as a potential father of a child to be born on or around December 15, 2013, in Pima, County, Arizona. You are hereby informed of the following: 1. ANGELA BAILEY, the natural mother, plans to place the child for adoption. 2. Under sections 8-106 and 8-107, Arizona Revised Statutes, you have the right to consent or withhold consent to the adoption. 3. Your written consent to the adoption is irrevocable once you give it. 4. If you withhold consent to the adoption, you must initiate paternity proceedings under title 25, chapter 6, article 1, Arizona Revised Statutes, and serve the mother within thirty days after completion of service of this notice. Service will also be accepted by Building Arizona Families, 18355 West Ivy Lane, Surprise, Arizona 85388, (623) 936-4729. 5. You have the obligation to proceed to judgment in the paternity action. 6. You have the right to seek custody. 7. If you are established as the child's father, you must begin to provide financial support for the child. 8. If you do not file a paternity action under title 25, chapter 6, article 1, Arizona Revised Statutes, and do not serve the mother within thirty days after completion of the service of this notice and pursue the action to judgment, you cannot bring or maintain any action to assert any interest in the child. 9. The Indian Child Welfare Act may supersede the Arizona Revised Statutes regarding adoption and paternity. 10. You may wish to consult with an attorney to assist you in responding to this notice. DATED this 6th day of January, 2014. ISSUE DATE(S): JAN 09, 16, 23 AND 30, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-000127 Fictitious Business Names: ALL-WAYS SILK SCREENING & PRINTING, ALL-WAYS RECYCLING** located at: 4114 NARRAGANSETT AVE. SAN DIEGO, CA. 92107 is registered by the following: JEFF S. NAPIER This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: JEFF S. NAPIER Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 03, 2014 ISSUE DATES: JAN 09, 16, 23 AND 30, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-035545 RIDEZ** located at: 5080 SHOREHAM PL. SAN DIEGO, CA. 92122 is hereby registered by the following owner(s): SAMMY NOUR This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 12/26/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 26, 2013 ISSUE DATES: JAN 09, 16, 23 AND 30, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-000486 Fictitious Business Names: CALL ME BEAUTIFUL, MEANT TO BE BEAUTY** located at: 4174 CALLE MAR DE BALLENAS SAN DIEGO, CA. 92130 is registered by the following: LAUREN HILLER LLC. This business is conducted by: A LIMITED LIABILITY COMPANY LAUREN HILLER LLC. 4174 CALLE MAR DE BALLENAS SAN DIEGO, CA. 92130 CALIFORNIA The first day of business was: 01/12/2014 Registrant Name: JEFF S. NAPIER Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 07, 2014 ISSUE DATES: JAN 16, 23, 30 AND FEB 06, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-000356 Fictitious Business Names: LEE COOLEY DA RESTORATION RESOURCES** located at: 850 ALBION ST. SAN DIEGO, CA. 92106 is registered by the following: LEE COOLEY This business is conducted by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: LEE COOLEY Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 06, 2014 ISSUE DATES: JAN 16, 23, 30 AND FEB 06, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-000547 Fictitious Business Names: ENDURANCE HOUSE** located at: 401 N COAST HWY, SUITE 103 OCEANSIDE, CA. 92054 is registered by the following: PLENA VITA, LLC. This business is conducted by: A LIMITED LIABILITY COMPANY PLENA VITA, LLC. 1147 CALISTOGA WAY SAN MARCOS, CA. 92078 CALIFORNIA The first day of business was: 11/08/2013 Registrant Name: GRACE M. BERNARDO Title: VICE PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 08, 2014 ISSUE DATES: JAN 16, 23, 30 AND FEB 06, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-000199 Fictitious Business Names: AMERICAN BUSINESS LEADERS** located at: 1620 5TH AVE. #675 SAN DIEGO, CA. 92101 is registered by the following: DF INTERACTIVE, A - FLORIDA CORPORATION This business is conducted by: A CORPORATION DF INTERACTIVE, A - FLORIDA CORPORATION 4200 N. OCEAN DR. #1-905 SINGER ISLAND, FL. 33404 FLORIDA The first day of business was: 11/08/2013 Registrant Name: DANIEL M. FARNSWORTH Title: PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 03, 2014 ISSUE DATES: JAN 16, 23, 30 AND FEB 06, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-000659 Fictitious Business Names: EATING WHOLE AGAIN, EATING WHOLE, SHARE JOURNEYS** located at: 5605 FIARROS RD. #321 SAN DIEGO, CA. 92110 is registered by the following: TRINA Y WILLIAMS This business is conducted by: AN INDIVIDUAL The first day of business was: 11/08/2013 Registrant Name: TRINA Y. WILLIAMS Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 09, 2014 ISSUE DATES: JAN 16, 23, 30 AND FEB 06, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-000663 Fictitious Business Names: SHERIKAM** located at: 8040 LA JOLLA SHORES DR. APT B LA JOLLA, CA. 92037 is registered by the following: KAM-YAR MOHAMMAD ZADEH This business is conducted

by: AN INDIVIDUAL The first day of business was: NOT APPLICABLE Registrant Name: KAMYAR MOHAMMAD ZADEH Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 09, 2014 ISSUE DATES: JAN 16, 23, 30 AND FEB 06, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-000589 Fictitious Business Names: ARTISTIC GLASS GALLERY** located at: 912 FESLER ST. EL CAJON, CA. 92020 is registered by the following: MISSION PB & CA LLC This business is conducted by: A LIMITED LIABILITY COMPANY MISSION PB & CA. LLC 1804 GARNET AVE. SUITE 147 SAN DIEGO, CA. 92109 CALIFORNIA The first day of business was: NOT APPLICABLE Registrant Name: DAVID JOHN NORRIE Title: MANAGER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 08, 2014 ISSUE DATES: JAN 16, 23, 30 AND FEB 06, 2014



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# Real Estate TODAY

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## What happens when we disrespect the curb appeal of our homes – and community



### Inside REAL ESTATE

Charles Schevker & Natasha Alexander

What are we allowing to happen to our Village?

Metaphorically, if we were to think of the entire Village of La Jolla as our family home, how would we and how would visitors rate our curb appeal? I think that, as we live in a specific place for any length of time, we may not notice the small decrements in its appearance. Take a look at your own homes and decide for yourself whether conditions have declined somewhat.

How much value is lost by a declining curb appeal? This is not something that can easily be quantified, but for anyone owning a home or business in the area, this should be an increasing concern.

I guess I had not really given this much thought, simply because my mindset is that La Jolla is the most fantastic place to live. Beginning about two years ago and since, as we walk to and from points in the Village, the number of overheard conversations regarding the now-infamous odors and the dirty condition of our streets and sidewalks has been increasing dramatically. This is very disturbing, especially when we speak with visitors who claim they have no future plans to return because of declining conditions. There is a saying that goes something like this: "A happy customer will only tell three people, but an unhappy customer will complain to 10." So, imagine the wide impact that negative criticism could have on La Jolla.

No, we are not representing the tourism bureau. However, since our business is selling houses, we are keenly aware of outsiders' views and opinions that may ultimately affect values and pricing.

Not long ago, one of our clients who had purchased a high-value coastal property in the Village commented about how he would like to organize a campaign to clean up our image.

At first I thought his idea was ridiculous and that a campaign to clean up would likely meet with resistance in the form of activists

wanting to protect the civil rights of cigarette butts, liability waivers, rules, restrictions and other "cannot do's," as do many such endeavors. Now, I curse him because every time I go anywhere in the Village my eyes are

drawn downward and all I seem to notice is the sidewalks dotted with black marks of spit-out chewing gum, streets cluttered with cigarette butts and loose debris, and overflowing trash cans. Not to mention the misaligned and cracked sidewalks and the patchwork of mismatched sidewalk patterns. Disagree with me? Try it yourselves — just look down during a 5-minute walk on Prospect or Girard.

I can't help but wonder why many business owners seem not to take the initiative to clean up in front of their establishments. After all, going back to the housing metaphor, if the Village was your home, would you not keep it maintained and clean? If you were to consider selling your home, would you not expect better results by having clean curb appeal? If a restaurant, for example, had as much noticeable griminess on the inside as on the outside, would people still eat there?

So, let's not walk away from the

question without some serious consideration. How much resale value might be forfeited because of our declining curb appeal, how much in business revenues might be forfeited due to fewer visitors or those who can't stomach eating a meal while smelling foul odors? If we want to people to come inside our home for a longer look, shouldn't we make the outside more inviting?

Because curb appeal is so subjective, statistics are not readily available and if they were, they might not be reliable. A recent real-estate article appearing in a trade publication suggested that 63 percent of people who drive by a for-sale house elect not to go inside because of the negative curb appeal. If this statistic is reasonable, then how many people might be driving by our metaphoric Village of La Jolla home and not stopping in for a closer look?

*If you have any questions about real estate in San Diego, send your inquiries to Charles Schevker, or Natasha Alexander at [Cschevker@san.rr.com](mailto:Cschevker@san.rr.com). They will respond directly to you, and those questions that have a broader public appeal will be published along with our next column in La Jolla Today.*



## REAL ESTATE BRIEFS >>

With the vision of creating a strong solar community in La Jolla, Sullivan Solar Power launched the La Jolla Solar Program Jan. 15.

Property owners that participate are able to receive significant cash incentives, in addition to the federal tax credit. The program allows residents to go solar for no upfront cost and receive substantial cash-back awards for their involvement.

"San Diego is the solar capital of the nation, and La Jolla is the ideal community to be a statewide leader in the adoption of renewable energy," said Daniel Sullivan, founder and president of Sullivan Solar Power. "Members of this community are dedicated to declaring energy independence from foreign fossil fuels and preserving natural resources for the next generation."

The La Jolla Solar Program is available to property owners in the communities of La Jolla, Bird

Rock and University City. The program offers residents 20 cents per watt, up to \$1,500 and is limited to 100 participants, or 500,000 watts, whichever occurs first. The incentive program will expire April 15.

"Solar is a wise financial investment, especially in today's market," said Sullivan. "And with the cash reward that we are offering to the community through this program, you can get paid for going solar, making it a no-brainer."

An informational solar luncheon will be taking place for property owners on Saturday, Feb. 1 from 11 a.m. to noon in the La Jolla Community Center, located at 6811 La Jolla Blvd. The presentation will inform residents about solar technology, rebates and incentives, and details of the La Jolla Solar Program.

For more information about the program, call 1 (800) SULLIVAN or visit [www.LaJollaSolarProgram.org](http://www.LaJollaSolarProgram.org).



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**LJVMA »**  
CONT. FROM PG. 5

of January and the Concours D'Elegance car show in spring — to ensure they are not adversely affected.

Outgoing president Phil Collier was lauded at the meeting for his commitment to launching the business group and getting it off on the right foot. Collier remarked that lots of La Jolla business operators “don’t pay their business license taxes,” a situation he said needs to be rectified.

Collier also called upon merchants to change the downtown Village’s image.

“There is a very big misperception by people who do not live in La Jolla that La Jolla has no parking, traffic is horrendous and there’s better shopping elsewhere,” Collier said. “We have to

make plans to engage that market, make sure they understand there are special things La Jolla offers [like] an upbeat shopping experience with its art and eclectic merchants that are here.”

Collier also called upon more merchants to become active in the LJVMA, noting the organization is only as strong as the commitment of its individual members.

At a later special meeting continuing its strategy discussion, the LJVMA debated scaling back or discontinuing Haute La Jolla Nights, an event with live music and merchant discounts to promote the downtown Village that has met with limited success.

The LJVMA opted to postpone discussion of its 2014-15 fiscal year budget beginning mid-year to give members more time to receive and digest financial information.

**ADRENALINE »**  
CONT. FROM PG. 8

Another friend, a recently retired CEO, said, “Who am I if I’m not a manager, if I’m not in charge, if I don’t have the opportunity to make important decisions?”

What these persons miss, besides their job identities and the daily adventure that work provides, is being looked up to by colleagues and staff, being someone who matters, feeling responsible and being challenged.

Interestingly enough, stress addiction can be harmful to some, leading to heart attacks — but not to all. For some, the release of adrenaline in the blood stream might increase resistance to disease through the production of lymphocytes.

In other words, stress may be bad for some individuals but good

for others. They thrive living in the fast lane, getting high on violent video games and extreme sports. People addicted to adrenaline seek ways to get these surges and when deprived of them become irritable or depressed.

I get a “high” when I see a good performance in a theater or have a particularly stimulating conversation, and that’s enough for me.

Seeing a destructive storm on television, hearing someone else’s bad news or a dramatic story also provide a small kick, which explain people’s preoccupation with sensational trials and sex scandals.

After all, what is “having a good time” but a “high”?

Stress is negative when people have little control over their work. Low-level employees with heavy job demands are at the highest risk of heart disease. The workers with least control over their jobs were five times as likely to develop coro-

nary heart disease as were those with the most control.

Job control involves two factors: the ability to make one’s own decisions and the capacity to use a range of skills.

If psychological strain cannot be translated into action, then the cardiovascular system is adversely affected. Even talking to someone about one’s stress is an action that can be helpful.

Being in control and being needed are highs. So how to get that high in other ways is what must be found.

What gives you a high? How much of it do you need and with what intensity? Being aware of one’s needs for adrenaline highs is already half the battle in seeking what one must have to feel alive. This will give you control over your behaviors and not let you fall prey to unconscious motivations and needs.



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**LJCPA»**  
**CONT. FROM PG. 5**

three-story building in an area that does not permit three stories.”

In other action, community activist Mike Costello, a skin diver, gave a slideshow presentation discussing the life cycle of sea lions showing how the pinniped population has mushroomed over the past 40 or 50 years in and around La Jolla Cove.

Costello's photos showed once-brown rocks now heavily white-washed with pinniped and bird waste. He suggested a letter be sent

to the city by the advisory group advocating that a comprehensive study be done of La Jolla's beaches and rocky shores.

LJCPA trustee Ray Weiss, a Scripps Institution professor, warned such a study would “have holes in it and not be scientific.”

LJCPA vice chairman Joe LaCava said he didn't see much to be gained by writing another letter to the city.

“Let's not get bogged down in the seal wars,” LaCava said. “We need to find a permanent solution to the stench at La Jolla Cove that does not result in any other La Jolla beaches being compromised.”

**Legals cont'd from page 15**

THE KNOLLS SAN DIEGO, CA. 92127 is hereby registered by the following owner(s): NANCY CIRILLO. CONSTANCE KOCHERGA This business is being conducted by: A GENERAL PARTNERSHIP The transaction of business began on: 12/19/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 19, 2013 ISSUE DATES: JAN 09, 16, 23 AND 30 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-035591 LIVE SIMPLY LIVE HEALTHY, BALANCE BOTTLE** located at: 1711 HORNBLAND ST. UNIT C SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): MICHELLE WILLIS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 27, 2013 ISSUE DATES: JAN 23, 30 FEB 06 AND 13, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2014-001376 Fictitious Business Name(s): C.L. REMODELING** located at: 7151 EAST HYATT ST. SAN DIEGO, CA. 92111 is registered by the following: CHAU LAI This business is conducted by: AN INDIVIDUAL The first day of business was: 01/08/2014 Registrant Name: CHAU LAI Title: OWNER The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 16, 2014 ISSUE DATES: JAN 23, 30 FEB 06 AND 13, 2014

**SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00083344-CU-PT-CTL** PETITIONER OR ATTORNEY, KRANTI PONNAM & SINDHORA THUMMALASETTY

13558 CHAMISE VISTA LANE. SAN DIEGO, CA. 92130 847-513-2999 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME ON FROM KRANTI PONNAM & SINDHORA THUMMALASETTY ON BEHALF OF KANISH SAI PONNAM FROM KANISH SAI PONNAM TO KANISH PONNAM THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 28, 2014 TIME: 9:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 23, 30 FEB 06, 13, 2014

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-035305 YELLOW TIE LIMO, RED TIE LIMO** located at: 3882 JEWEL ST. G-103 SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): MOHAMED A.I. ELBAY-OUMI This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 23, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO: 2014-000388 (1) FICTITIOUS BUSINESS NAME(S): a. GOLDEN EQUITY TEAM** (2) LOCATED AT: 7670 OPPORTUNITY ROAD SUITE 165 SAN DIEGO, CA. 92111 (3) THE FICTITIOUS BUSINESS NAME REFERRED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 08/27/2012, and assigned File No. 2012-02281 (4) IS (ARE) ABANDONED BY THE FOLLOWING REGISTRANT(S): FIRST CALIFORNIA MORTGAGE COMPANY 1435 NO. MCDOWELL BLVD., SUITE 300 PETALUMA, CA. 94954 CORPORATION-CALIFORNIA Registrant/Corp/LLC Name : CATHERINE L. BAUER Title: ASSISTANT SECRETARY The statement was filed with Ernest J. Dronenburg, Jr., County Clerk of San Diego County on: JAN 07, 2014 Issue date(s): JAN 23, 30 FEB 06 AND 13, 2014

trant/Corp/LLC Name : CATHERINE L. BAUER Title: ASSISTANT SECRETARY The statement was filed with Ernest J. Dronenburg, Jr., County Clerk of San Diego County on: JAN 07, 2014 Issue date(s): JAN 23, 30 FEB 06 AND 13, 2014

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO: 2014-000389 (1) FICTITIOUS BUSINESS NAME(S): a. GOLDEN EQUITY TEAM** (2) LOCATED AT: 7670 OPPORTUNITY ROAD SUITE 165 SAN DIEGO, CA. 92111 (3) THE FICTITIOUS BUSINESS NAME REFERRED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 07/15/2012, and assigned File No. 2012-018246 (4) IS (ARE) ABANDONED BY THE FOLLOWING REGISTRANT(S): FIRST CALIFORNIA MORTGAGE COMPANY 1435 NO. MCDOWELL BLVD., SUITE 300 PETALUMA, CA. 94954 CORPORATION-CALIFORNIA Registrant/Corp/LLC Name : CATHERINE L. BAUER Title: ASSISTANT SECRETARY The statement was filed with Ernest J. Dronenburg, Jr., County Clerk of San Diego County on: JAN 07, 2014 Issue date(s): JAN 23, 30 FEB 06 AND 13, 2014

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO: 2014-000391 (1) FICTITIOUS BUSINESS NAME(S): a. THE ROSENBAUM GROUP** (2) LOCATED AT: 406 NINTH AVENUE SUITE 308-309 SAN DIEGO, CA. 92012 (3) THE FICTITIOUS BUSINESS NAME REFERRED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 10/17/2013, and assigned File No. 2013-029660 (4) IS (ARE) ABANDONED BY THE FOLLOWING REGISTRANT(S): FIRST CALIFORNIA MORTGAGE COMPANY 1435 NO. MCDOWELL BLVD., SUITE 300 PETALUMA, CA. 94954 CORPORATION-CALIFORNIA Registrant/Corp/LLC Name : CATHERINE L. BAUER Title: ASSISTANT SECRETARY The statement was filed with Ernest J. Dronenburg, Jr., County Clerk of San Diego County on: JAN 07, 2014 Issue date(s): JAN 23, 30 FEB 06 AND 13, 2014

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Sun 1-4pm . . . . .	.8148 Avenida Navidad #42564 . . . . .	3BR/2BA Penthouse . . . . .	\$564,900 . . . . .	Mariana Adan & Ana Rodriguez
				619-733-7771
Sun 1-4pm . . . . .	.5366 La Jolla Blvd #307-C . . . . .	2BR/2BA . . . . .	\$690,000-\$725,000 . . . . .	Moira Tapia • 858-337-7269
Sun 1-4pm . . . . .	.2252 Caminito Preciosa Sur . . . . .	3BR/3BA . . . . .	\$719,000 . . . . .	Irene Chandler & Jim Shultz
				858-775-6782
Sun 1-4pm . . . . .	.5538 Caminito Consuelo . . . . .	3BR/3BA . . . . .	\$779,000 . . . . .	David Schroedl • 858-459-0202
Sun 12-2pm . . . . .	.7354 Eads Ave . . . . .	2BR/2BA . . . . .	\$879,000 . . . . .	Michelle Serafini • 858-829-6210
Sun 1-4pm . . . . .	.1374 Caminito Arriata . . . . .	4BR/3BA . . . . .	\$1,275,000 . . . . .	Patrick Belhorn • 619-866-7550
Sun 1-4pm . . . . .	.545 Sea Lane . . . . .	4BR/3BA . . . . .	\$1,695,000 . . . . .	Susana Corrigan & Patty Cohen
				858-229-8120
Sun 1-4pm . . . . .	.1466 Vista Claridad . . . . .	5BR/4BA . . . . .	\$1,750,000 . . . . .	Elena Wilcox • 858-454-9800
Sun 1-4pm . . . . .	.7932 Prospect Place . . . . .	2BR/2.5BA . . . . .	\$2,925,000 . . . . .	Monica Leschick • 858-752-7854
Sun 1-4pm . . . . .	.2716 St. Laurent Pl. . . . .	5BR/3Full 3 1/2 BA . . . . .	\$3,200,000 . . . . .	Eugenia Garcia • 619-987-4851
Sun 1-4pm . . . . .	.329 Vista De La Playa . . . . .	5BR/5BA . . . . .	\$3,395,000 . . . . .	Tim Nelson • 858-527-9949

**PACIFIC BEACH / MISSION BEACH / CROWN POINT**

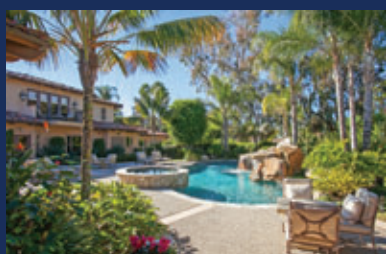
Sat & Sun 1-4pm . . . . .	.3940 Gresham #142 . . . . .	2BR/2BA . . . . .	\$799,000-\$849,000 . . . . .	Philip Carrillo • 858-243-5884
Sat 1-4pm . . . . .	.1706 Malden St. . . . .	4BR/4BA . . . . .	\$1,995,000 . . . . .	Yvonne Oberle • 619-316-3188
Sun 1-4pm . . . . .	.3639 Buena Vista St. . . . .	3BR/2BA . . . . .	\$949,000 . . . . .	Drew Nelson • 858-442-8549

**POINT LOMA / OCEAN BEACH**

Sat & Sun 11-4pm . . . . .	.776 Rosecrans St. . . . .	3BR/2BA . . . . .	\$2,275,000 . . . . .	Robert Realty • 619-852-8827
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**BANKERS HILL**

Sun 1-4pm . . . . .	.3170 Harbor Ridge Lane . . . . .	3BR2BA . . . . .	\$695,000 . . . . .	Linda Dunfee • 858-361-9089
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**Deborah Greenspan**

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**(619) 972-5060**

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