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Another year down

The last day of 2013 provided some dramatic scenes along La Jolla beaches with monstrous waves and serene coastal views alike greeting beachgoers. Above, a surfer faces down a giant wave at Marine Street Beach. Right, the tide races out to a -1.7 low tide where, just hours earlier, a 7.5 morning high tide had pounded the seawall next to the Marine Room restaurant.

Photos by DON BALCH

For a look back at the year's prominent stories, turn to Page 10.



ODOR DESTROYER? The city installed a gate in the fence at La Jolla Cove on Dec. 31 with the hope that, as more visitors are encouraged to venture out onto the rocks, the groups of sea lions and birds that have gathered — and defecated — on the cliffs will begin to retreat, taking with them the stench that has plagued the area for years.

JIM GRANT

With gate inviting visitors onto bluffs, Cove residents and business owners wonder if infamous odor will be quelled

By DAVE SCHWAB

Numerous other methods could — and maybe should — be tried to dissuade sea lions from hauling out at La Jolla Cove now that the city's installed a gate in the fence on the bluffs allowing public access there.

According to a marine mammal expert, those methods might include non-lethal "tools" like a sprinkler system, use of sound (above and below water), perhaps even utilizing "air dancers" — inflatable, giant puppets often used to advertise products.

Monica DeAngelis, a marine mammal biologist with the National Oceanic and Atmospheric Administration (NOAA), a federal agency studying ocean and atmospheric conditions, said California municipalities experiencing problems with pinnipeds have experimented successfully with numerous ways of

SEE COVE >> PG. 3

New year's laws: from teen texting to electronic license plates, 2014 ushers in change

By DAVE SCHWAB

With the new year comes a raft of new laws — more than 800 of them in California — that will impact motorists and bicyclists, employers and employees, retailers and consumers throughout San Diego.

The following are some of the highlights of new laws that took effect on Jan. 1, unless otherwise noted.

TRANSPORTATION

• **Bicycle-passing distance (AB 1371)** — Known as the Three Feet for Safety Act, a vehicle driver passing a



bicycle that is traveling in the same direction must maintain a distance of no less than three feet between any part of the vehicle and any part of the bicycle or rider. When three feet is not possible, the motor vehicles are required to slow to a "reasonable and prudent speed" and

pass only if there's no danger to the bicyclist. Failing to do so can incur a fine, regardless of whether a collision results. This law will take effect Sept. 16.

• **Clean-air vehicle decals/HOV stickers (AB 266, SB 286)** — These laws extend sunset dates to Jan. 1, 2019 for single-occupant, low-emission and zero-emission vehicles to operate in high-occupancy vehicle lanes (HOV).

• **DMV vehicle registration pilot program (SB 806)** — This law authorizes

the DMV to establish a pilot program to evaluate the use of alternatives to the current stickers, tabs, license plates and registration cards, but will be subject to certain requirements. It will also enable the DMV to experiment with electronic



license plates, as well as facilitate the department's ability to explore cost-effective alternatives to California's traditional metal license plate, plastic-coated registration stickers and paper registration cards.

• **Registration and vehicle transfers between family members (AB 443)** — This law prohibits the transfer of vehicle ownership to a relative or a revocable living trust until the

SEE LAWS >> PG. 6

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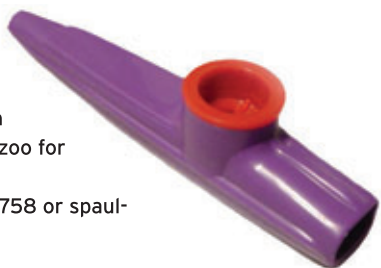
JAN. 28: NATIONAL KAZOO DAY

WHERE: Seuss Room, Geisel Library, UC San Diego, noon

HOW MUCH: Free (includes free kazoo!)

WHAT: The kazoo may be best known as an annoying party favor, but research tools at the UC San Diego Library reveal some historical surprises and current uses. Speech therapists have had success using the kazoo as a rehabilitation tool for adults and as an ice-breaker for young children who are perhaps too shy to engage in prescribed vocal exercise. Anthropologists and sociologists have found ancient kazoos thought to be used in solemn ceremonies in Africa and Mexico. Classical composers and pop musicians alike have snuck kazoos into their compositions and recordings. Come to National Kazoo Day at UCSD to discover fascinating kazoo literature (scholarly articles and musical scores) and listen to some new chamber music for kazoo composed by alumni of UC San Diego. Encore songs from The Cat in the Hat Songbook will be performed, if the audience insists. A collection of kazoos from many decades and many countries will be on view and, while supplies last, a free kazoo for guests.

Contact Scott Paulson at (858) 822-5758 or spaulson@ucsd.edu for more information.



JAN. 24: FILM BUFFS' BOOK DISCUSSION

WHERE: D.G. Wills Books, 7461 Girard Ave., 7 p.m.

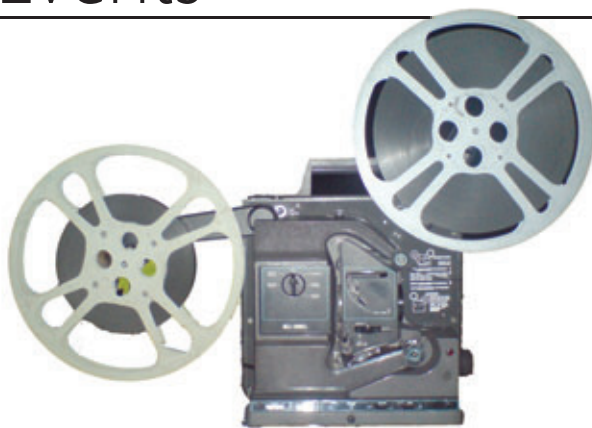
HOW MUCH: Free

WHAT: Noted film historian professor Noah Isenberg will discuss his new book, "Edgar G. Ulmer: A Filmmaker at the Margins." Ulmer is perhaps best known today for "Detour," considered by many to be the epitome of a certain noir style that transcends its B-list origins. In this fascinating and well-researched account of a career spent on the margins of Hollywood, Noah Isenberg provides the little-known details of Ulmer's personal life and a thorough analysis of his wide-ranging, eclectic films.

Ulmer's daughter, Arianne Ulmer Cipes, will participate in the event.

(858) 456-1800,

www.dgwillsbooks.com.



JAN. 16: FOOVIE: "DIEGO STAR"

WHERE: The Loft, UCSD, 7 p.m. food, 8 p.m. movie

HOW MUCH: \$34 food and movie, \$10 movie only

WHAT: ArtPower! Presents "Diego Star" in its Foovie (food+movie) series. The movie follows the story of a cargo ship stuck on the Canadian Saint Lawrence River for repairs. Traoré, an Ivory Coast mechanic is unjustly accused of causing the damage. Far away from home and family, Traoré tries to offer friendship to Fanny, a 20-something single mother who takes him in, while he struggles to fight for justice. Menu for the evening: cold frisée salad with roasted fennel, toasted garlic croutons and poached egg with lemon-pepper beurre blanc; whole salted freshwater fish seared and roasted with asparagus tips, herb new potatoes and French hollandaise; strawberry sorbet with mint honey sauce and a dark chocolate strawberry. Vegetarian options available upon request. Drinks sold separately. Tickets: (858) 534-8497 or www.artpower.ucsd.edu.



CONGRATULATIONS TO LA JOLLAN ELLEN JACOBS, who won *La Jolla Today's* Club Lemeno contest. Jacobs won \$100 simply by signing up to receive news alerts and local deals by text in Club Lemeno's cash contest that ended Dec. 20. Though the contest ended Dec. 20, readers can still sign up to receive news alerts and deals from local businesses by texting LJT to (858) 736-9922.

Jacobs said she plans to donate her winnings to an AIDS organization. She is pictured above with Dave Ish, founder of Club Lemeno.

JAN. 21: LA JOLLA GARDEN CLUB MONTHLY MEETING

WHERE: La Jolla Lutheran Church, 7117 La Jolla Blvd., 1 p.m.

HOW MUCH: Free

WHAT: Lynlee Austel-Slayter will demonstrate how easy it is to create a sustainable garden that will preserve habitat and save the gardener time and money. Austel-Slayter is a University of California Cooperative Extension Master Gardener Sustainable Landscape trainer. Her life vision is to support the environment and share her joy of nature through her work as a sustainable landscaper. Following the speaker there will be a reception with refreshments. Guests are welcome. For reservations, contact Ginger Taylor at (858) 459-0828 or mtaylor2@san.rr.com.



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1833 Tustin St	\$760,000	3747 29th St	\$569,000
8620 Dallas St	\$330,000	4070 Riviera Dr #10	\$589,000
1017 Sapphire St	\$685,000	2843 Grandview St	\$495,000
801 W. Hawthorn #105	\$393,000	1162 Beryl St	\$675,000
3001 Orleans East	\$425,000	1344 Law St	\$900,000
3528 Niblick Dr	\$339,000	726 Kingston Ct	\$1,100,000
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COVE >>

CONT. FROM PG. 1

detering them.

DeAngelis said there's a provision in the Marine Mammal Protection Act (MMPA) safeguarding marine mammals, which allows municipalities to use largely harmless methods to deter them when they become problematic, as many residents and business owners say they have in La Jolla where their waste on rocks is contributing to a pungent odor.

"With the MMPA, we've seen an increase in certain species like the California sea lion, which have done extremely well with the protections offered," said DeAngelis.

The federal marine biologist said "no one tool, no one non-lethal deterrent works 100 percent of the time" in discouraging pinnipeds from hauling out or engaging in other problematic activities. But she added, "We've found in our research that it's best to have a random tool box of methods."

Noting sea lions are "very smart animals" that "figure things out very quickly," DeAngelis said several ways of discouraging them have been tried with some degree of success along the California coast.

"Water sprinklers can sometimes work. They (sea lions) find them disruptive as they come out on the rocks to rest and thermal

No one tool, no one non-lethal deterrent works 100 percent of the time. We've found in our research that it's best to have a random tool box of methods.

MONICA DEANGELIS
NOAA

regulate (cool off)," DeAngelis said. "We've done tests on sounds in the water that keep them away from fishing vessels. Another thing we've tried with success is air dancers. They're relatively cheap and marine mammals don't like the random movements of them."

DeAngelis said such non-lethal methods of deterring pinnipeds do not require approval by any government agency. She said a section of the MMPA allows municipalities wanting to discourage pinnipeds with non-lethal methods to do so with justifiable cause.

"But we (NOAA) recommend municipalities call us first and allow us to help them with a plan," she said.

Bowing to public pressure, the city installed a gate in the fence Dec. 31 on the Cove bluffs, which

for years has deterred people from frequenting the rocks above where sea lions in ever-larger numbers are hauling out.

Responding to recent developments at La Jolla Cove, District 1 City Councilwoman Sherri Lightner said it's been "legal for people to walk on the bluffs," despite the fact that the fence has been up for more than a decade.

"As a long-time advocate for the protection of public views and physical access to our beaches and coastline, I have supported installing a gate in the fence at La Jolla Cove," said Lightner.

Nonetheless, Lightner urged residents and visitors alike to "be cautious when accessing the area because the bluffs can be unstable and slippery, and to be careful not to harass or disturb the marine mammals and winged wildlife."

Long term, Lightner said she supports developing a citywide coastal management plan to deal with the proliferation of seals, sea lions and migratory birds along San Diego's 26-mile coastline.

Lightner said she will push for city funds to be included in the upcoming budget cycle to develop a plan that could incorporate best practices from other California municipalities like Pacific Grove, Carpinteria and San Francisco that deal with similar challenges of balancing the needs of people and marine animals.

NEWSBRIEF >>

TESFA TO BE ALLOWED TO ACT AS OWN ATTORNEY – A suspected rapist accused of attacking a La Jolla woman behind a closed restaurant near Rosecrans Street has won his bid to become his own attorney in the Jan. 24 trial.

Michael Tesfa, 22, was initially denied his request to be his own lawyer last month when he appeared before San Diego Superior Court Judge Eugenia Eyherabide. Tesfa complained about his court-appointed attorney.

Eyherabide asked Tesfa if he

knew the burden of proof a prosecutor must show to win a conviction. Tesfa replied he didn't know. She asked him about his background, and he said he is a former security guard with a high school diploma.

However, Tesfa insisted on seeking a closed-door hearing with another judge about replacing his attorney, and he appeared before Judge Frederick Maguire in an hour-long hearing Dec. 18. Maguire granted his request, citing current case law. Defense attorney Euketa Oliver was taken off the case.

SEE BRIEFS >> PG. 8



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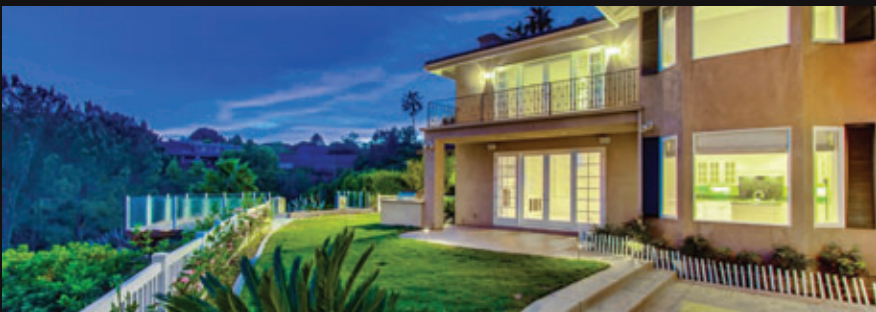
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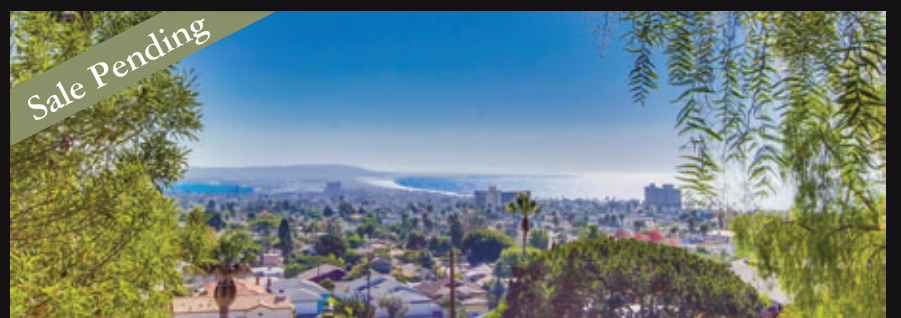
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City mourns passing of an icon who endeared listeners with integrity, 'Colemanisms' By SCOTT HOPKINS

On a day when the San Diego Chargers thrilled local fans with a playoff victory, it was the death of a local broadcasting icon that turned cheers to tears on Jan. 5.

San Diegans and people across the country learned that Jerry Coleman, a decorated baseball player, war hero and broadcaster, had passed away at Scripps Memorial Hospital.

Coleman, considered a local treasure by a heavily military town, was born Sept. 14, 1924 in San Jose and died at the age of 89. He suffered from head injuries in a December fall at his La Jolla home in addition to pneumonia. His wife, Maggie, notified the Padres of his passing.

Local baseball fans knew Coleman as the voice of the San Diego Padres since 1972, interrupted for only one season when he became the on-field manager of the team in 1980. His occasional verbal malaprops, which became known as "Colemanisms" further endeared him to regular listeners.

A favorite of fans was when Coleman made the call as former Padre Dave Winfield chased a long fly ball to center field.

"Winfield hit his head against the wall, and it's rolling toward the infield!"

Coleman, ever humble about his many accomplishments, endeared himself to countless people across the United States for his service as a U.S. Marine Corps pilot. He delayed his debut as a professional baseball player to serve in World War II and then left the New York Yankees to serve in the Korean War, flying 120 total career missions, receiving two Distinguished Flying Crosses and 13 Air Medals and three Navy Citations.

A member of the U.S. Marine Corps Sports Hall of Fame, Coleman is the only major league baseball player in history to see combat in two wars.

A vintage F4U Corsair fighter-bomber in the markings of Coleman's plane during the Korean con-



END OF AN ERA
Jerry Coleman, who passed away Jan. 5, served as the voice of the Padres for more than 40 years. He was the only Major League player to see combat in two wars. COURTESY PHOTOS

flict and an SBD Dauntless dive bomber like the one he flew in World War II are on display at the San Diego Air & Space Museum, where he was named to the Hall of Fame in 2011.

His military service earned him the nickname "The Colonel," after he achieved the rank of lieutenant colonel in the U.S. Marine Corps Reserve.

In interviews, Coleman fondly recalled his military service as the greatest time of his life.

"Your country is bigger than baseball," he said.

Coleman's major league playing career with the Yankees began as a second baseman in 1949 when he hit .275 and was named Associated Press Rookie of the Year. He made the American League All-Star team in 1950 before being named Most Valuable Player in that season's World Series on a team that included Joe DiMaggio, Yogi Berra, Phil Rizzuto and Johnny Mize.

In his final season in 1957, Coleman batted .364 in the World Series against the Milwaukee Braves. He appeared in six World Series, earning four championship rings.

A meeting with legendary sportscaster Howard Cosell convinced Coleman to enter broadcasting and he began in 1960 with CBS television. Eventually, after two seasons with the California Angels, Coleman was named lead radio announcer for the Padres.

His signature phrases were "Oh, Doctor!" following an amazing on-field event and "You can hang a star on that, baby!" when an assistant would swing a large gold star hang-



ing from a stick out the window of the stadium's broadcast booth to the cheers of fans.

Coleman was given the Ford C. Frick Award of the National Baseball Hall of Fame in 2005 and entered the National Radio Hall of Fame in 2007.

He co-authored an autobiography, "An American Journey: My Life on the Field, In the Air and On the Air" in 2008 with New York Times writer Richard Goldstein.

As Coleman made his mark on sports broadcasting, he also left indelible impressions on the communities in San Diego, especially La Jolla. He and his family had a long and enduring relationship with The Bishop's School, where the health and fitness room is named The Coleman Family Health and Fitness Center and where annually, the Jerry Coleman Athletic Leadership Award is given to a captain of a Bishop's upper school athletic team, often presented to the student by Coleman himself. Daughter Chelsea Coleman was a 2003 graduate of Bishop's, while wife Maggie served as president of The Bishop's School Board of Trustees from 2003-2005.

"Jerry Coleman's effervescent presence and his heroism were — and will continue to be — an inspiration to all of us, particularly to the current students with whom he

spoke last year when we honored him at our Veteran's Day observance," said Bishop's head of school Aimee Claire Roche. "Jerry's constant, lifelong appreciation for the work of his teammates and his fellow servicemen spoke to his humility and his care for all that makes America a great nation. Jerry Coleman will be sorely missed by the Bishop's community."

Coleman also had ties to the Mount Soledad Memorial Association, where a plaque commemorates his military service. Coleman was initially not eager to be honored with a plaque at the site, said memorial association trustee Bob Phillips, because "he felt you should be deceased before being on the wall." Phillips urged Maggie Coleman to encourage her husband to allow the association to honor him with the plaque, as Phillips felt Coleman's war record was too significant to put on hold. In the end, Phillips said, Coleman did permit the plaque, even agreeing to allow the association to invite his lifelong friend, Bobby Brown, who he had played semi-pro baseball with in San Francisco.

"The event set all records for attendance with over 1,000 individuals there to honor Jerry," said Phillips. "... To this day, it is one of the frequently visited plaques at the memorial."

Phillips said those interested in the location of the plaque can call the association office at (858) 459-2314 or check with a docent at the site.

On Sept. 15, 2012 the San Diego Padres unveiled a statue of Coleman wearing a flight suit at Petco Park where fans have been leaving flowers and mementos since his passing.

A free service will be held Jan. 18 at 10:30 a.m. at Petco Park. Fans may enter through the East Village gate on 10th Avenue or the Park Boulevard gate. For those who would like to make a donation in Coleman's memory, his family suggests the Semper Fi Fund (www.semperfund.org).

Dave Schwab contributed reporting.

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NEW YEAR, NEW YOU



La Plaza shopping center aiming for summer debut

By DAVE SCHWAB

The transformation of the former Jack’s nightclub at the corner of Girard Avenue and Wall Street into La Plaza high-end boutique shopping center is on track for a summer 2014 opening.

“We started the first of August. We had a little bit of delay with getting our building permits,” said Paul Prellwitz, senior project manager for Dempsey Construction, which is remodeling the old Jack’s site. “We’re trudging along right now looking for a May 1 completion.”

Prellwitz said the three-story, 33,626-square-foot space at 7863 Girard Ave. is being reconfigured around a central courtyard. The building is being fully improved to the lot line boundaries, with no off-street parking.

“We’re removing all the existing finishes, taking it down to concrete, then putting in the new skin,” said Prellwitz, noting Dempsey just finished structural demolition on the project and is in the early stages of interior concrete work.

Prellwitz said once that’s done, the individual retail spaces will each be customized for their new tenants.

To allay fears about redevelopment being disruptive, the building has been wrapped in a protective plastic barrier, with a 6-foot-

wide plywood tunnel erected along the Girard and Wall Street sidewalks to shield pedestrians. In addition, a canvas canopy sits atop the building’s center courtyard to reduce noise.

Prellwitz said project improvements include a complete exterior renovation featuring the installation of plaster and pre-cast concrete features, a new glass window system throughout the building, decorative rustic guardrails, new pavers and tiles, and hand-painted accent tiles installed throughout. A key architectural feature will be an elevator/clock tower constructed on the Girard Street side of the building.

“We saw this as an opportunity to redevelop and revitalize, arguably, the premier corner in La Jolla with a new energy, while bringing back the elegance that existed in La Jolla in years past,” said Jon Williams, CEO of San Diego-based Davlyn Investments, the project owner who acquired the property at auction in November 2012. “Since we purchased the building, we have been working diligently with architects, brokers and designers to create a boutique retail center that satisfies even the most discerning shoppers’ desire for quality products in an intimate environment. With most

suites surrounding a center courtyard, the synergy that will be created for our tenants, and the convenience for their customers, will be unmatched in the area.”

Thus far, the only tenant, Lissilaa Boutique, has announced it will be moving into the new shopping center.

“Hopefully, stores will start opening at the beginning of the third quarter,” said Marcelle McAfee, regional manager for Davlyn.

“We’re still in the process of negotiating leases,” said McAfee.

McAfee estimated the ultimate number of retail spaces in the center will likely vary between 17 and 22. She said the first three or four tenants in the mix will likely be announced sometime this spring, with other tenant announcements following in “drips and drabs” after that.

“We’re just excited to get moving on the project and we’re really looking forward to having the building up and running in the area,” McAfee said.

The retail space has had a long and troubled history. Bill Berkley, who previously owned Jack’s, went out of business July 31, 2009. It was later disclosed that one of his employees had allegedly embezzled funds from Berkley, a case that is still pending in court.

Following Berkley, Mike Viscuso, a nightclub mogul who owns properties in downtown San Diego and Hollywood, purchased the property and began remodeling it with grand plans to redevelop it as a nightclub with seven bars and three restaurants. He later abandoned those plans when the economy faltered.

Redeveloping the site “has been a challenge for whomever owned it,” noted Berkley, adding the multi-level, stepped-back design of



HIGH-END SHOPPING A rendering shows La Plaza shopping center as developers envision it when it opens, tentatively set for this summer.

the building makes it, “very difficult to get something to go in the back.”

For more information, visit www.laplazalajolla.com.

How to save thousands when selling your home

LA JOLLA, When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range.

Your asking price is often your home’s “first impression,” and if you want to realize the most money you can for your home, it’s imperative that you make a good first impression.

This is not as easy as it sounds, and pricing strategy should not be taken lightly. Pricing too high can be as costly to a homeseller as pricing too low. A

recent study, which compiles 10 years of industry research, has resulted in a new special report entitled “Home-sellers: How to Get the Price You Want (and Need).” This report will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell at the price you want.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how to price your home to your maximum financial advantage.

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Overall Restaurant _____
Overall restaurant service _____
New restaurant _____
Best Chef _____
Breakfast _____
Lunch _____
Dinner _____
Take-out _____
Sunday brunch _____
Family restaurant _____
Best Atmosphere _____
Restaurant Service _____
Restaurant w/ Wine List _____
Wine Shop _____
Wine Bar _____
Local Winery _____
Beer Selection _____
Sports Bar _____
Martini _____
Place to People Watch _____
Pet Friendly Restaurant _____
Live music _____
Place to Dance _____
Happy hour _____
Best Comfort Food _____

Late Night Eatery _____
Place to go on a budget _____
Place for a birthday party _____
Most romantic _____
Best ocean view _____
Appetizer _____
Bagel _____
Burrito _____
Burger _____
Fish Taco _____
Fish & Chips _____
Desserts _____
Margarita _____
Omelette _____
Pastry _____
Pizza _____
Pita _____
Salad bar _____
Sandwich _____
Senior Special _____
Steak _____
Sushi _____
Seafood _____
American _____
BBQ _____

Asian fusion _____
Thai _____
Chinese _____
Pho _____
Greek _____
French _____
Indian _____
Italian _____
Korean _____
Mediterranean _____
Mexican _____
Mexican (fast food) _____
Bakery _____
Bar _____
Cafe _____
Catering _____
Coffee shop _____
Deli _____
Gelato _____
Ice cream / frozen yogurt _____
Vegetarian _____
Patio dining _____
Senior special _____
Wings _____

LAWS >>

CONT. FROM PG. 1

transferee pays all parking or toll-violation fines and penalties reported to the DMV.



• **Search warrants: statute of limitations teen drivers (SB 194)** – This law will prohibit anyone under 18 years of age from reading or sending texts while driving, even if the electronic device used is hands-free.

• **AMBER Alert expansion (AB 535)** – This law requires law enforcement to request activation of the AMBER Alerts after receiving a report that a child has been abducted by anyone, including a custodial parent or guardian, who may cause serious bodily injury or death to the child.

• **Hit and run: statute of limitations (AB 184)** – This law extends the statute of limitations for hit-and-run collisions from which death or permanent, serious injury resulted. A criminal complaint may be filed within three years of the offense, or one year after the person was initially identified by law enforcement

as a suspect in the commission of the offense, which ever comes later, but in no case more than six years after the offense.

• **Search warrants: chemical tests (SB 717)** – This amendment to current law authorizes the issuance of a search warrant to draw blood from a person in a reasonable, medically approved manner, to show that the person violated misdemeanor DUI laws when that person has refused an officer's request to submit to, or has failed to complete, a blood test. This law has been in effect since Sept. 20.

• **Immigrant licenses (AB 60, effective Jan. 1, 2015)** – Requires the DMV to issue a driver's license to an applicant who is unable to submit proof he or she is legally present in the U.S. The department will draft new regulations and prepare field offices to process these new applications. Applicants will be required to meet all other driver's license qualifications.

WORKPLACE

• **Minimum wage (AB 10 and AB 442)** – The minimum wage in California has not risen from its \$8-an-hour benchmark since 2008. That will change on July 1, when the minimum wage goes to \$9 an hour. Another increment occurs on Jan. 1, 2016, when the minimum wage rises to \$10 an hour.

• **Leave of absence for reserve peace officers/emergency rescue personnel (AB 11)** – If you have employees who are also reserve peace officers or emergency rescue personnel, this new law mandates that employers with more than 50 employees must give temporary leaves of absence not only to volunteer firefighters for training but now to reserve peace officers and emergency rescue personnel. A leave of absence can be up to 14 days.



• **Paid family leave of absence (SB 770)** – Until now, employees have been allowed to receive up to six weeks of state disability insurance to care for an ill child, spouse, parent or domestic partner or build a relationship with an adopted or foster child. The latest version of the law now allows employees to take time off to care for a seriously ill grandparent, grandchildren, sibling or in-law. This law takes effect July 1.

• **Leave of absence for crime victims (SB 400 and SB 288)** – Current law prohibits adverse employment action against an employee who is the victim of domestic violence or

sexual assault and needs to take time off to seek relief. A new law (SB 400) expands that protection to victims of stalking and also provides that those employees be provided any requested safety while at work. Another new law (SB 288) prohibits employers from retaliating against an employee who is a victim of a crime for taking time off from work to appear in court to testify at related proceedings. This applies only to specific crimes that include solicitation for murder and vehicular manslaughter while intoxicated.

• **Whistleblower protections (SB 496)** – Expands whistleblower protections to include reports alleging a violation of a local rule or regulation. It also protects employees who disclose or who might disclose information regarding alleged violations "to a person with authority over the employee or another employee who has authority to investigate, discover or correct the violation. SB 496 also prohibits retaliation against an employee because the employer "believes the employee disclosed or may disclose information."

• **Immigration status (AB 263 and SB 666)** – Two new bills protect undocumented workers from retaliation or adverse actions when they file employment-related claims or complain about wage theft. Employers cannot threaten to contact immigration authorities about a

worker's legal status in the country because of the complaints. A penalty of up to \$10,000 per employee can be issued to the employer per violation. In addition, state authorities can pull an employer's business license for reporting or threatening to report a worker's immigration status in response to an employee's wage complaints.

• **Attorney fees (SB 462)** – A new law states that employers who win wage-claim lawsuits may recover attorneys' fees and costs from the employee only if a trial court finds that the employee filed the lawsuit in bad faith.

• **Recovery-rest periods (SB 435)** – California law currently requires employers to give employees who work outside in weather exceeding 85 degrees several five-minute cool-down periods, or recovery periods, in a shaded area to protect from overheating. Under this expanded law, employers are prohibited from requiring employees from working during a recovery period and they must pay them one extra hour of pay for each workday a required recovery period is not provided.

• **Anti-discrimination (SB 530 and AB 566)** – Currently, state law restricts employers from considering certain criminal records in making hiring choices. Under SB 530, employers are prohibited from asking a prospective new hire to disclose information about a conviction that has been dismissed or ordered sealed unless certain limited exceptions apply.



• **Domestic-work employees (AB 241)** – The Domestic Worker Bill of Rights provides for specific overtime pay for certain in-home employees or a "domestic work employee who is a personal attendant." Those with in-home help will need to carefully determine whether the new law applies to them because AB 241 contains many specific definitions and exclusions.

• **Sexual-harassment definition (SB 292)** – Amends the definition of harassment to clarify that sexually harassing conduct does not need to be motivated by sexual desire. The law clarifies that hostile treatment can amount to unlawful sexual harassment, regardless of whether treatment was motivated by any sexual desire.

— For a complete list of new laws and descriptions, visit www.leginfo.ca.gov.



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View
from 52
SANDY LIPPE

La Jollan Tom Johnson is a lot of things to a lot of people. He is husband to Christine, a Navy pediatrician at Naval Medical Center San Diego; dad to three daughters, Katie (5), Maggie (9) and Emily (11); extraordinary athlete with 25 marathons under his belt, including Boston when he was 10, Ironman triathlon at sixteen and current cross-training competitor. Johnson can add another title: survivor of sudden cardiac arrest that occurred the day after Thanksgiving.

He was hospitalized for 11 days, seven of them in intensive care, three of them in a medically induced coma with a lowered body temperature.

When his mother called a friend to tell her Johnson had suffered sudden cardiac arrest, "impossible" was the friend's first response. He was 45 minutes into a cross-training compe-

La Jollan learns the importance of being prepared in event of cardiac arrest

tition when he collapsed forward and no pulse could be found. His pediatrician wife began CPR with the help of a pharmacist.

"I was lucky to get high-quality CPR for 8-10 minutes," Johnson said.

Statistically, every minute you go without CPR, your chance of living drops 10 percent. The American Heart Association reports that out-of-hospital sudden cardiac arrest accounted for 359,000 deaths in the U.S. in 2013 with a survivor rate of 9.5 percent. The sudden cardiac arrest website says that the condition is the leading cause of death for adults over 40 and is equivalent to the number who die from Alzheimer's, firearm assaults, breast cancer, cervical cancer, colorectal cancer, diabetes, HIV, house fires, motor vehicle accidents, prostate cancer and suicides combined.

Paramedics arrived and whisked Johnson to Scripps Hospital (he sang the praises of Fire Station 21 in Pacific Beach). First para-med on the scene was Ron Crase. The Johnson family paid a visit to Capt. Greg Lloyd and Crase on Christmas Day.

"They were thankful we came back to see them," Johnson said. "Most of the time, paramedics don't get a follow-up phone call, let alone a personal visit."

According to Johnson's mother, "We not only believe but know there are miracles that happen every day. We are so grateful that this was Tom's miracle and an answer to prayer."

For those seven days, Johnson, a

retired Navy captain currently employed by SPAWAR Systems, lay in bed in Scripps intensive care. His wife kept vigil at his side. His sister, Lynn Kidder, a radiologist in Palo Alto, stayed with him too, while his mom, Joanne, and stepdad Roger

shared childcare duties with other family members. The last four days were divided between Scripps and the Naval Medical Center, where his

SEE JOHNSON >> PG. 8



THANKFUL FOR LIFE Tom Johnson, above at right, was lucky enough to be able to go back and thank the paramedics who saved his life. On Christmas Day, he and his family paid a visit to Fire Station 21 to thank Capt. Greg Lloyd, above second from right, and first medic on the scene when Johnson suffered a heart attack, Ron Crase, right. COURTESY PHOTOS



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OBITUARY

Marie Holbrooke, avid traveler and music lover

Marie Jean Hlavacek Holbrooke passed from this earth suddenly from natural causes on Tuesday, Nov. 12 at her home in La Jolla. She was 86.

Marie was born to Frank and Ella Hlavacek in Chicago on July 7, 1927 and was raised in La Grange Park, Ill. She had two brothers, John M. Hlavacek of Omaha, Neb. and Frank A. Hlavacek, deceased. She attended Oak School and Lyons Township High School, graduating in 1945.

Following her tenure at Lyons Township Junior College, Marie graduated from Indiana University in 1948, majoring in mathematics and where she was also a member of the Alpha Omicron Pi sorority. Following graduation, Marie went to Bombay, India to visit her brother John, a correspondent with United Press International. Upon arrival, Oct. 6, 1948 she met her future husband, Marshall D. Holbrooke, who was stationed in India as a field representative for Pratt & Whitney Aircraft. The couple was married on Nov. 19, 1949 at the La Grange Congregational Church.



MARIE HOLBROOKE, 1927-2013

Following a year in Ft. Worth, Texas, they settled in La Jolla in 1951 where they raised their four children: Marsha (Ron) Winters, John (Winnie) Holbrooke, Helen (Patrick) Keohane and Carol Holbrooke (Dale Duffala). Marie treasured adopted son Albert Thomas and his wife, Beverly, and their five children. She had five grandchildren: Alexandra and Andrew Winters; Hilary and PFC Steven Holbrooke, USMC; and 2nd Lt. Christopher Keohane USMC. Marshall predeceased Marie on Dec. 7, 1994.

To say Marie enjoyed travel would be an understatement. She had friends and family across the globe and enjoyed visiting, explor-

ing and collecting new friends along the way. As well as hosting AFS International students, the Holbrooke home was a gathering point for extended family and friends. At home she was active in the Social Service League of La Jolla, continued her involvement with the AOPi sorority and American Association of University Women, San Diego Branch. She was the first woman president of La Jolla Lutheran Church where she sang in the choir. Marie was a loyal patron of the San Diego Symphony where she was recognized on her 85th birthday for her continuous subscription for more than 50 years. She also attended La Jolla Playhouse and the Old Globe Theatre regularly and would post her enthusiasm for productions on her Facebook page.

A memorial service will be held at La Jolla Lutheran Church, 7111 La Jolla Blvd., at 2 p.m. on Saturday, Jan. 18. In lieu of flowers, honor her with donations to La Jolla Lutheran Church, or Social Service League of La Jolla, 7441 Olivetas Ave.

LETTER TO THE EDITOR

Re Mr. Whitney's letter (Dec. 20, Page 4):

The casual reader might infer that I am part of an organized opposition. I am not. My position was voiced at the La Jolla Community Plannint Association's public

meeting on Dec. 5. Community review, discretionary permit processing, and responding to opposition is always a matter of conversation and compromise.

JOE LACAVAL
La Jolla

TESFA »

CONT. FROM PG. 3

Deputy District Attorney Betsy McClutchey said she regretted the ruling, but said her office cannot object as to whether someone should act as their own lawyer.

The ruling means Tesfa will get to personally question the 30-year-old victim at the trial before a jury, although a sheriff's deputy will be very close by. The victim was overcome with emotion for a while when she testified at the preliminary hearing on Oct. 17.

She said she took the wrong bus and ended up at the Old Town Trolley Station on March 18. She said she walked around to Perry's Café, which was closed, and sat on a bench around 7:30 p.m. She said Tesfa approached her and she declined an invitation to go to a motel.

She testified he punched her in the face, and dragged her behind the restaurant. He stripped her of most of her clothing and raped her, she said.

The woman said Tesfa left with her phone, most of her clothing and belong-

ings. She put on clothing discarded near the restaurant and ran toward a liquor store where she called police and was taken to a hospital.

An officer later found and arrested Tesfa in a canyon, recovering some of the victim's belongings. The prosecutor recently filed a charge of kidnapping to commit rape, which carries a life sentence, if convicted. Tesfa has pleaded not guilty and remains in jail without bail.

— Neal Putnam

JOHNSON »

CONT. FROM PG. 7

cardiologist placed a cardio implant in his chest.

Johnson, a 1982 graduate of La Jolla High, ran track and cross country there. His hometown La Jolla friends, especially members of the Torrey Pines Christian Church, jumped at the chance to help and pray for him in his time of need. Bird Rock Elementary School families sent meals. Cards, flowers, and prayers came from across the country.

How could an excellent athlete and disciplined diner like Tom Johnson be a victim of cardiac arrest?

Johnson's mother pointed to an underlying cardiac abnormality as a culprit, while attributing his remarkable recovery to his excellent physical condition and the quick action taken by his wife administering CPR.

Johnson has always kept a workout log and he now can do a moderate 30-40 minutes on a stationary bicycle. He has missed only three days of workout since returning home Dec. 9.

"I am optimistic about going forward," Johnson said.

When asked about this second chance in life, he said he was blessed to have his wife and the pharmacist perform CPR.

"The planets were lined up. God was looking down. Now my mission is to make sure an AED, automated external defibrillator, is in every public building and that people get quality CPR training," Johnson said. "In my case, this wasn't a heart attack caused by a blockage; my heart looks the same as it did before, but I was clinically dead. I hope readers will come on board and help me get the word out about the importance of AEDs and CPR, as well as checking out their gene pool for any underlying abnormality involving the heart. This has been an extra special Christmas and a second chance at life in this new year, 2014."

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Looking for that new-year bod? Pilates offers a lifestyle, not just a workout

By DAVE SCHWAB

Pilates is an increasingly popular — and effective — fitness option these days, and in La Jolla there are numerous places from which to choose.

“Our gym has the reputation of being pretty intense, no-nonsense,” said Armone Sullivan, founder and president of Armone’s Core Connection at 7438 Girard Ave. A ballet dancer, competitive cyclist and Realtor, Sullivan’s former home Pilates studio ultimately morphed into a full-time career with a little help from her friends. “We have something for beginners, someone who hasn’t worked out in years, professional athletes, elderly clients — everybody.”

Pilates is a physical fitness system developed by Joseph Pilates in the early 20th century. He began rehabilitating German soldiers, then brought the workout system to New York City and refined it treating injured dancers.

Featuring a body-conditioning routine designed to help build flexibility, muscle strength and endurance in the legs, stomach, arms, hips and back, Pilates emphasizes spinal and pelvic alignment.

Though they start with the central tenets of the workout, all

Pilates studios are not necessarily made equal.

“We have more than 45 classes a week specializing in ride-and-glide, 25 minutes of indoor cycling and 25 minutes of Pilates — the only studio here that does that,” said Jessica T. Shehab, owner of Pilates Plus La Jolla at 7712 Fay Ave. “Our focus is on core flexibility and strength training using less time, higher intensity.”

The common thread among studios, however, is the target area of the body. The workout develops breathing, promoting a strong core, or center, and improving coordination and balance.

“In Pilates the focus is the core,” stressed Sullivan. “It’s a series of exercises using your body weight along with spring resistance always stretching, as well as contracting the muscles. You get a full body workout. But everything starts from the core.”

Pilates practitioners Sullivan and Shehab agreed the fitness system is much more than just a workout.

“We want people to start and maintain a healthy lifestyle,” said Shehab, noting Pilates is often best combined with other disciplines like yoga and spinning.



CORE CLOUT Pilates focuses on strengthening the core of the body, building flexibility and muscle strength.

“The benefits are amazing,” she said. “You’ll stand taller. You’ll feel muscles you never thought you had.”

Sullivan agreed the system promotes a lifestyle, not merely a workout routine.

“It’s not just fitness. It’s a way of life. It enhances anything else — surfing, running, etc. — you’re doing. You learn to breathe properly, how to stand properly. Your posture improves. Your balance

improves. There’s nothing like Pilates.”

For both fitness trainers, Pilates was life-transforming, both personally and in their careers.

“It changed my life completely,” said Sullivan. “The beauty of Pilates is you can do it forever.”

Sullivan mentored under a Pilates instructor who practiced the discipline well into her 1990s.

“And there are more than 1,000 exercises that can be done using different pieces of equipment,” Sullivan said.

Shehab was introduced to Pilates by a girlfriend who took her to a class.

“I fell in love with it,” said Shehab, who was in the real-estate industry during the economic downturn several years ago.

“I was laid off, I had an opening to get in (the Pilates business) and took the risk and it worked out,” she said, noting Pilates Plus expanded a year and a half ago into a larger 2,500-square-foot space.

“I have 150, maybe 200 clients,” Shehab said. “About 400 people go through the doors each week.”

The Pilates experience, Sullivan said, is “customizable.”

“We’re not a big gym,” Sullivan said of Armone’s Core Connection. “We’re not about big-group classes, about numbers, getting 20 or 30 people in at a time. We’re about the individual and making sure that person gets exactly what they need.”

PILATES OPTIONS IN LA JOLLA:

- **Kore Pilates:** 7843 Girard Ave., (858) 551-1104, korepilates.com
- **White Light Pilates:** 5689 La Jolla Blvd., (858) 459-9992, white-lightpilates.com
- **Gotham Pilates:** 7760 Fay Ave., (858) 454-5711, gothampilateslajolla.com
- **Windansea Pilates:** 504 Nautilus St., (858) 454-0900, windanseapilates.com
- **Pilates of La Jolla:** 7556 Fay Ave., (858) 459-4002, pilatesoflajolla.com
- **Vida Pilates:** 702 Pearl St., (619) 991-8432, vidapilatesstudios.com
- **Pilates Plus:** 7712 Fay Ave., (858) 456-1516, www.pilatespluslajolla.com
- **Armone’s Core Connection:** 7438 Girard Ave., (858) 255-8609, armonescoreconnection.com.

(A number of gyms and fitness studios also offer Pilates classes.)

Start off small when setting New Year’s resolutions

The new year is a time for new beginnings and to set goals that strengthen one’s spirit, mind and body. While it’s tempting to make big goals, it’s essential to start small. Set goals that are attainable, easy to sustain and lead to big benefits over time. As a community-serving organization here in La Jolla, we see how things like getting involved in with the community and making lifestyle changes can change someone’s life for the better. Here are five New Year’s resolutions the La Jolla YMCA recommends for 2014:

EAT HEALTHY: Make water your drink of choice (supplemented by age-appropriate portions of 100 percent fruit juices and low-fat



milk) and eat more fruits and vegetables. Keep it interesting and create some variety by mixing and matching fresh, frozen and canned fruits and vegetables.

COMMIT TO COMMUNITY SERVICE: Giving back and supporting neighbors can benefit everyone involved. Not only is it a personally

rewarding experience to help others in need, it’s also a way to meet new people or discover an interest. Find an opportunity in your community, such as cleaning the neighborhood park or distributing food at a local food bank.

UNPLUG FROM TECHNOLOGY: Limit screen time (television, video games, computer, etc.) and instead set aside an hour or two for activities. If weather permits, go for a walk, bike ride, trip to the park, or have a game night at home with family or friends.

BE PHYSICALLY ACTIVE: It’s important for children to get at least 60 minutes of physical activity each day (30 minutes for adults).

Incorporate physical activity into your daily routines and spend more time walking to places instead of driving to improve your health and well being.



PUT EXTRAS TO GOOD USE: Do you have extra canned goods or clothes that could benefit others in need? Clean out your pantry, closet or attic and donate extra items to homeless shelters or community

outreach programs.

“At the Y, we are committed to strengthening communities and believe this begins with strengthening the people within the community,” said Sue Ball, executive vice president of the La Jolla YMCA. “Setting a goal to achieve any one of the Y’s recommended five New Year’s resolutions can help improve one’s health and well being.”

For additional tips or to learn more about how to get involved with the YMCA, contact your local YMCA at (858) 453-3483 or visit www.lajolla.ymca.org.

— Contributed by the YMCA La Jolla



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LA JOLLA TODAY

FRIDAY, JANUARY 10, 2014

LJTODAY.COM | VOLUME 18, NUMBER 33

2013: THE YEAR IN REVIEW

As we look forward to a new year, *La Jolla Today* looks back at the stories that shaped 2013. Take a walk along memory lane with us as we recall the good, the bad and the ugly of the last 12 months. We've also asked a few residents to reflect on their 2013 in La Jolla and to give us their hopes for the coming year.



Looking ahead >>

Some very brave souls started 2014 off with a brisk dip in the Pacific during the Polar Bear Plunge at La Jolla Shores on New Year's Day. Here's hoping the next year brings health and happiness to all our readers!



DON BALCH



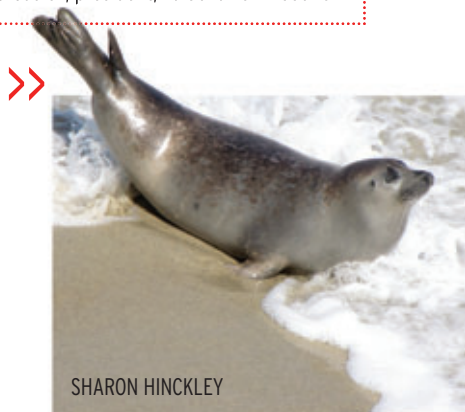
DON BALCH

The San Diego Community Newspaper Group started off 2013 with a bang as the *La Jolla Village News* became *La Jolla Today*.

"I am happy that Phyllis Minick and Melinda Merryweather have raised \$200,000 for the beautification of the Children's Walk. In 2014, we should see great progress there. I am looking forward to working with Partners in Grime to help beautify La Jolla. I'm also looking forward to seeing new faces at community groups and continued success in the membership drives of LJTC and LJCPA."

— Cindy Greatrex, president, La Jolla Town Council

Near the end of January, a live webcam appeared at Children's Pool. Sponsored by the WAN Conservancy and sanctioned by then-Mayor Bob Filner, the camera gave the world a glimpse into the goings on at the controversial site. Further fanning the flames, Filner ordered the beach closed at night starting in March and lasting through mid-May during the seals' pupping season.



SHARON HINCKLEY

Prominent happenings in 2013: "Sidewalk cafes, valet parking, funding of long-term delayed projects – Torrey Pines Road (TPR) share of maintenance and improvement budgets."

— Dan Courtney, La Jolla Community Planning Association trustee



Also in March, the United States Postal Service announced its formal plans to sell the La Jolla Post Office. Despite more than a year of united community resistance, the USPS made a decision to relocate the post office's services and operation to a yet-to-be-determined location nearby. As yet, the new location has not been determined.

"2014 offers the opportunity to build on the successes and lessons learned of 2013. While some of La Jolla's debates will continue to linger, perhaps for years, there is always the hope for a meeting of the minds on permanent solutions. I hope we continue to build community consensus using the city's neighborhood input for infrastructure process and prioritize needed public improvements. I hope we can follow the lead of other communities in updating our roadways to complete streets that are safe for cars, bicyclists, and pedestrians. Pacific Beach's good work in forming an EcoDistrict is another idea that La Jolla should emulate. La Jolla's organizations have stabilized and are doing a good job serving their constituencies; in 2014, I hope we can bring those organizations together in a unified coalition to create a single vision and implementation plan to move La Jolla forward. On the lighter side, let's resurrect an old idea – La Jolla entry monuments – by hosting a design competition. 2014 will be a good year for La Jolla. Working together, we can make it even better."

— Joe LaCava, vice president La Jolla Community Planning Association



DAVID ALVAREZ



KEVIN FAULCONER

In November, voters headed to the polls to find a new mayor for the city. The election resulted in a runoff between Kevin Faulconer and David Alvarez.

The fall brought about some big events in La Jolla, especially the La Jolla Town Council's inaugural Dancing with the La Jolla Stars.



DON BALCH

The year finished off with another successful La Jolla Christmas Parade.

In August, the city was consumed by the melee surrounding former Mayor Bob Filner, who resigned Aug. 23.



"I would love to get rid of the thousands of cars that come every day to see seals, as we never created parking for them, so we as a Village are thousands of parking spaces short every day as the city of San Diego wants to force us to have a free SeaWorld on what once was a quiet sweet-smelling, clean shore line.

I would love to see the Mount Soledad Cross add some arms and have every symbol of whatever anyone believes in to honor all those that have served our country. My choice to add would be the peace sign and a heart.

I would love to see La Jolla become its own city so we can save what is left. It is so sad to see the destroyed streets and sidewalks. When I look at the streets and sidewalks in Del Mar and Coronado, they are perfect because they are their own cities. All it will take is \$2 million from someone

who wants to be the founder of the city of La Jolla to set us free.

I am so sorry to lose the Whaling Bar. It was the most classic bar in La Jolla and office to many. La Jolla's best found a home there – it was our capital, town hall and dance hall. I hope to restore and improve more beach access, as that is what you do when you are fortunate enough to live on the shore of America and it is an honor for me to do it.

I would love to see many more people who love the Village stand up and just do one thing to make it better. Talk is easy. Please take this year to do something to improve our Village. It is our home. We must care for it.

I wish the whole planet an amazing new year. We can only get better with love."

— Longtime La Jollan Melinda Merryweather

The summer continued to bring art and culture, even putting La Jolla on the map with the world-renowned La Jolla Fashion Film Festival.



<<

Spring also brought world music and dance to La Jolla with the Center for World Music's 50th anniversary celebration.

Pinniped drama continued in the spring, as droves of sick sea lion pups hauled out into the community, some taking refuge on residents' and business' lawn furniture.

>>



DON BALCH

UCSD student poses triple threat with academics, athletics and music

By BART MENDOZA

It's hard enough to make it as a musician, with long hours of rehearsal and gig time, but for a combo athlete/musician, things can get pretty tough. Such is the case with singer/songwriter Nash Howe. The UCSD Triton is both All-American and CCAA champion.

A San Diego resident for the past three years, it was "athletics and family that brought me here to La Jolla," said Howe. "Javelin brought me to San Diego and music is what made me fall in love with it."

Howe hails from Aptos, Calif., "a small town just south of Santa Cruz — a mecca for Americana, folk music and creative media in general."

He said that while sports brought him to the area, it was the "weather, people and the UC that has made it an incredibly beautiful and accessible place to call home for the past three years."

"Balancing time between sports and music and school is so difficult," said Howe. "Especially when the sleep and eating requirements of an athlete clash with the time-consuming nature of studio recording. I'm still trying to figure out how to do it better but honestly, my friends help me the most."

That said, Howe is a realist about his chances for success in both fields.

"My grandfather always said 'Nashy, be a Christian-scholar-athlete — good grades are like money in the bank.' So really, academics come first. But luckily, a lot of my study at UCSD falls within the confine of music — its creative process, its movement through space and the physics of sound itself. I've learned that music is not only an imaginative palette, but music also a science; not one or the other."



MIXING TALENT, PASSION AND PERSEVERANCE UCSD javelin thrower Nash Howe has found his passion in the music scene in San Diego. In both athletics and music, Howe said he has been influenced by members of his family, some of whom are highly accomplished in both. COURTESY PHOTO

He cites his family as his biggest athletic and musical influences.

"My grandmother Marjorie, father Ralph, and sister Allsun are my major role models in both sport and my passion for music," he said. "Marjorie was a gold medalist in the senior Olympics and studied art and voice in college, eventually getting a degree in education. She was a teacher,

SEE **HOWE** >> PG. 13

MUSTHEAR >>

While classical music doesn't get much coverage in San Diego, the area in fact has a thriving community, perhaps topped by the symphony, but also including a plethora of options big and small. One of the brightest spots on this year's calendar is the La Jolla Music Society's Discovery Series, which next takes place at the auditorium at The Scripps Research Institute on Jan. 12 at 3 p.m. Featuring a performance from violinist and Uzbekistan native Nadir Khashimov, the event will please classical aficionados, showing there is still life in this centuries-old music. Khashimov will perform works by Mozart, Saint-Saëns and Bach. At barely 22 years of age, Khashimov is one of the modern era's most feted young talents and a must-see for anyone who appreciates rising talent.

— Bart Mendoza

NADIR KHASHIMOV: Sunday, Jan. 12 at **THE AUDITORIUM AT TSRI**, 10640 John Jay Hopkins Drive. 3 p.m. All ages. www.ljms.org

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Apollonia has been the destination of choice for La Jollans with an appetite for Greek delicacies. The restaurant has a handsome outdoor patio where shaded alfresco dining is delightful. Venture inside and you will find a charming ambiance in every dining room and in the beautiful lounge. The menu includes age-old favorites such as Dolmathakia and Moussaka, alongside some absolute surprises guaranteed to tantalize your adventurous curiosity. The menu offers many heart-healthy items prevalent in Greek cuisine. Apollonia's service is very friendly and as pleasant as the food. Open daily from 11:00 AM to 9:00 PM (Sun-Thur) and to 10:00 PM (Fri & Sat).

Bistro Pazzo

The whole idea of a bistro, says Seto Marselian, owner of Bistro Pazzo, is to offer a neighborhood place where everyone knows you - where great friends and great food meet. Bistro Pazzo is going on its 5th year, located just slightly off the beaten path, just off Prospect Street at 7930 Ivanhoe Ave - and the "hidden gem" nature of the eatery makes it just that much more of a neighborhood treasure. Within walking distance to shopping, hotels, the financial district and the famous beaches of La Jolla. Open for Lunch and Dinner, Bistro Pazzo is definitely the "hidden gem" of La Jolla. Come enjoy this small neighborhood Italian bistro seven days a week. Moderate prices, great food, good portions and a vast wine list with crazy service. You can be crazy too, no one will mind. Really! 858-456-4005 www.bistropazzo.com

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HOWE >>
CONT. FROM PG. 11

but an artist at heart.”

Meanwhile “Grandpa Bob” was a football player in college but health problems cut his career short.

“So he picked up shot put,” Nash said. “He introduced my grandma to the idea and two weeks later she threw over 40 feet and took gold. She is an athletic, bold, beautifully talented musician with the work ethic of a gold medalist, and I would be lucky to be like her.”

Howe grew up listening to his

grandmother play piano, but said his sister was a bigger influence on him when it came to music.

“Allsun doesn’t know this, but she’s the one who inspired me to start writing my own music,” he said. “When I was about 10 years old on one Thanksgiving Day, I heard her playing my grandma’s Steinway, and asked her to teach me what she was playing. She said it was something she had written for a class and I couldn’t believe it — my sister wrote a song — and it had words and it was beautiful and I fell in love with the idea of writing music sitting next to her listening to the melodies of my older sister.”

Howe released his debut album, “Lake Water Still,” in early 2013, with the album winning quick acclaim.

“The album has opened an incredibly promising door to two producers from Fort Lauderdale, Daniel Nogura (Fool’s Heart) and Christian Gomez,” he said.

Nogura is a student at UCSD, who alongside Howe has formed a Producers Club at the university to help aspiring producers hone their production skills and expand their techniques by experimenting with music of all types.

“Daniel is one of the best producers I’ve worked with and in conjunction with Gomez and

myself, we are currently in production of a new album,” Howe said.

A portion of the album’s proceeds go to the charity, Love Hope Strength.

“They put on concerts to raise money to help fight and bring awareness to breast cancer,” he said. “My sister recently beat breast cancer and luckily, now she’s fine and beautiful as ever. But this organization does great work through a medium that I love to help fight breast cancer. I hate the idea of losing anyone I love so any chance I have to help someone else, I jump on it.”

Plans for 2014 include more

recording and touring, all fit around his busy athletic schedule. Eventually one or the other activities may pull him in completely, but Howe is more than happy to continue on the path he is on, with a foot in both worlds.

“I love making music and receiving feedback from people that say they dig my music is one of the most rewarding feelings,” he said. “To know that I’ve filled the air around someone I can’t see, with music that touches their hearts and inspires them is just so, so incredible.”

For more information on Nash Howe and his music, visit www.reverbnation.com/nashhowe.


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OPERA: right: Don Breitenberg and Jeanne Jones, Ann Spira Campbell, Ian Campbell (SDO general and artistic director and CEO)



ATHENAEUM: right: Claire Reiss, Daniel-la Cinque, Lee Lendzian, Penelope West, Sammy Tritt (played piano), Carol Gartner



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Starry, starry nights



with Vincent Andrunas

The Athenaeum Music and Arts Library, with its long, proud history of library services in the La Jolla area, is a well-known and well-loved local institution. It's certainly

no surprise that La Jollans are deeply enamored of this historic facility, and the Athenaeum, in turn, recognized its loyal supporters last month with a beautifully festive holiday party.

Members and donors (numbering about 500) were invited to enjoy the fete. On arrival, they entered the Athenaeum to find Sammy Tritt at the piano (as he's been for so many of these annual events), playing Christmas songs as guests crowded around to sing along. Sue Palmer's jazz group played (and sang) in another large

room down the hall.

François and Diana Goedhuys, proprietors of the beloved Girard Gourmet, are a perennial part of this celebration. As has long been customary, they provided hundreds

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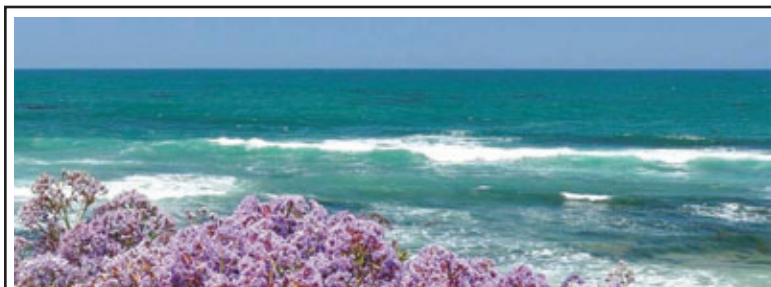
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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-033800 DREAM HOMES MORTGAGE UNLIMITED located at: 4645 RUFFNER ST. #5 SAN DIEGO, CA. 92111 is hereby registered by the following owner(s): BROOKSTONE MORTGAGE CORPORATION This business is being conducted by: A CORPORATION BROOKSTONE MORTGAGE CORPORATION 4645 RUFFNER ST #5SAN DIEGO, CA. 92111 CALIFORNIA The transaction of business began on: 12/04/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 04, 2013 ISSUE DATES: DEC 12, 19 JAN 02 AND 09, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034082 RAMIREZ CUSTOM TAILORING located at: 969 GRAND AVE. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): TOMAS RAMIREZ ZALMORAN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 06/05/1991 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 09, 2013 ISSUE DATES: DEC 12, 19 JAN 02 AND 09, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034128 CONTRACTS ADVISORY SERVICES located at: 3333 HILL ST. SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): JAMES SOUTHERLAND This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 12/09/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 09, 2013 ISSUE DATES: DEC 12, 19 JAN 02 AND 09, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-033006 TRISLERS WINE BAR located at: 8555 STATION VILLAGE LANE, SUITE C SAN DIEGO, CA. 92108 is hereby registered by the following owner(s): BEPPO LLC This business is being conducted by: A LIMITED LIABILITY COMPANY BEPPO LLC 8555 STATION VILLAGE LANE, SUITE C SAN DIEGO, CA. 92108 CALIFORNIA The transaction of business began on: 10/01/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 25, 2013 ISSUE DATES: DEC 12, 19 JAN 03 AND 09, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-033981 CARS UNLIMITED EXPO TRADING CO. Located at: 4844 MT HARRIS DR. SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): SYLVESTER CALDER This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 12/04/2001 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 04, 2013 ISSUE DATES: DEC 12, 19 JAN 03 AND 09, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00079063-CU-PT-CTL PETITIONER OR ATTORNEY, RUTH LAIRD KRYNSKI 5835 LOND CECIL ST. SAN DIEGO, CA. 92122 619-508-0221 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM RUTH LAIRD KRYNSKI TO RUTH EMERY LAIRD THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JAN 24, 2014 TIME: 8:30 AM DEPT C-46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): DEC12, 19, JAN 03 AND 09, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-032746 CURA COFFEE CO located at: 3503 ETHAN ALLEN AVENUE SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): THOMAS ANDREW FITZPATRICK This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 11/20/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 21, 2013 ISSUE DATES: DEC 19 JAN 02, 09 AND 16, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-032746 CURA COFFEE CO located at: 3503 ETHAN ALLEN AVENUE SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): THOMAS ANDREW FITZPATRICK This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 11/20/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 21, 2013 ISSUE DATES: DEC 19 JAN 02, 09 AND 16, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00078618-CU-PT-CTL PETITIONER OR ATTORNEY, SEBASTIAN ADAMS 3268 GOVERNOR DR. #267 SAN DIEGO, CA. 92122 619-634-9815 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM SEBASTIAN STEWART ADAMS TO SEBASTIAN STEWART ADAMS HOPKINS THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name

changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JAN 31, 2014 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): DEC 19, JAN 03, 09 AND 16, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-033625 SIMPLY SO PHOTOGRAPHY located at: 268 LA VETA AVE. ENCINITAS, CA. 92024 is hereby registered by the following owner(s): SEAN O'LEARY This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 11/01/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 03, 2013 ISSUE DATES: DEC 19 JAN 02, 09 AND 16, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034424 INDULGE SALON located at: 3959 30TH ST. #103 / J SAN DIEGO, CA. 92104 is hereby registered by the following owner(s): LATASHA S. TITUS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 01/02/1996 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 02, 2013 ISSUE DATES: DEC 19 JAN 02, 09 AND 16, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034738 PVM, INC., PVM located at: 2495 TRUXTON ROAD SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): PAT V. MACK, INC. This business is being conducted by: A CORPORATION PAT V. MACK 2495 TRUXTON ROAD SAN DIEGO, CA. 92106 CALIFORNIA The transaction of business began on: 10/01/2010 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 11, 2013 ISSUE DATES: DEC 19 JAN 03, 09 AND 16, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034569 LOF REALTY located at: 2055 THIRD AVE. STE 200 SAN DIEGO, CA. 92101 is hereby registered by the following owner(s): BRANDON MICHAEL LOFTUS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 13, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034944 QUALITY HOME REMODELING located at: 841 BILLOW DR. SAN DIEGO, CA. 92114 is hereby registered by the following owner(s): CLAYTON MILLER This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 18, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034964 ARTIFEX WEST located at: 3439 IBIS ST. SAN DIEGO, CA. 92103 is hereby registered by the following owner(s): ARTIFEXWEST, INC. This business is being conducted by: A CORPORATION ARTIFEX WEST, INC. 3439 IBIS ST. SAN DIEGO, CA. 92103 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 18, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034964 PHOTO 1 Located at: 6633 SAN MIGUEL AVE. LEMON GROVE, CA. 91945 is hereby registered by the following owner(s): NAWAR ABDULRASOUL This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 18, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034964 PHOTO 1 Located at: 6633 SAN MIGUEL AVE. LEMON GROVE, CA. 91945 is hereby registered by the following owner(s): NAWAR ABDULRASOUL This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 18, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-034708 THE PITCREW POLISHER, SERVICES OF STASIS, THE PITSTOP POLISHER located at: 1579 MORENA BLVD. SAN DIEGO, CA. 92110 is hereby registered by the following owner(s): STACY L JAMES This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 16, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00081062-CU-PT-CTL PETITIONER OR ATTORNEY, BARBARA LAIKIN FUNKENSTEIN 8515 COSTA VERDE BLVD., UNIT 1657 SAN DIEGO, CA. 92122 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM BARBARA LAIKIN FUNKENSTEIN TO BARBARA GEORGE THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 14, 2014 TIME: 8:30 AM DEPT C-46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 03, 09, 16 AND 23, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00081062-CU-PT-CTL PETITIONER OR ATTORNEY, BARBARA LAIKIN FUNKENSTEIN 8515 COSTA VERDE BLVD., UNIT 1657 SAN DIEGO, CA. 92122 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM BARBARA LAIKIN FUNKENSTEIN TO BARBARA GEORGE THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 14, 2014 TIME: 8:30 AM DEPT C-46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 03, 09, 16 AND 23, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00073081-CU-PT-CTL PETITIONER OR ATTORNEY, ANGIE PADILLA & BRIAN RICHARDS 4807 MISSION BLVD. SAN DIEGO, CA. 92109 858-733-0318 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME ANGIE PADILLA & BRIAN RICHARDS ON BEHALF OF MINOR BENTLY CRISTIANO PADILLA FROM BENTLY CRISTIANO PADILLA TO BENTLY NATHAN RICHARDS THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 14, 2014 TIME: 8:30 AM DEPT C-46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 03, 09, 16 AND 23, 2014

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00073081-CU-PT-CTL PETITIONER OR ATTORNEY, ANGIE PADILLA & BRIAN RICHARDS 4807 MISSION BLVD. SAN DIEGO, CA. 92109 858-733-0318 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME ANGIE PADILLA & BRIAN RICHARDS ON BEHALF OF MINOR BENTLY CRISTIANO PADILLA FROM BENTLY CRISTIANO PADILLA TO BENTLY NATHAN RICHARDS THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON DEC 13, 2013 TIME: 8:30 AM DEPT C-46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): NOV 07, 14, 21 AND 28 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-035265 THUNDER MOBILE located at: 7655 PALMILLA DR. APT 4203 SAN DIEGO, CA. 92122 is hereby registered by the following owner(s): NING YANG This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 26, 2013 ISSUE DATES: JAN 03, 09, 16 AND 23, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-032982 BRYAN'S CUSTOM PAINTING located at: 551 IONA DR. SAN DIEGO, CA. 92114 is hereby registered by the following owner(s): BRYAN PADILLA This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 09/30/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: NOV 25, 2013 ISSUE DATES: DEC 19 JAN 03, 09, AND 16, 2014

SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO) DAWN REARDON, and DOES 1 through 20 YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE) YAIR ABED and CYNDI STEWART NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos sin grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California,

(www.courtinfo.ca.gov/selfhelp/espanol/), o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos extras por imponer un gravamen sobrecualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene quo pagar el gravamen de la corte antes de que corte pueda desear el caso. The name and address of the court is: (El nombre y dirección de la corte es): SAN DIEGO SUPERIOR COURT, 330. W BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00067831-CU-PA-CTL The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Kane Handel, 3525 Del Mar Heights Rd., Ste. 231, San Diego, CA. 92130 Tel: 858-756-5195 DATE: SEPT 20, 2013 Clerk , by R. Babers, Deputy, ISSUE DATES: JAN 03, 09, 16 and 23, 2014

NOTICE OF APPLICATION FOR CHANGE IN OWNERSHIP OF ALCOHOLIC BEVERAGE LICENSE DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL 1350 Front St., Room 5056, San Diego, CA. 92101 (619) 525-4064, Filing Date: December 10, 2013 To Whom It May Concern: The Name(s) of the Applicant(s) is/are: SYRISA LEE METZGER The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverage at: 4140 MORENA BLVD. STE A. SAN DIEGO, CA. 92117 Type of license(s) applied for: 41-ON-SALE BEER AND WINE- EATING PLACE Issue Date(s): JAN 03, 2014

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-035519 BALANCED GARDEN, BALANCED GARDEN ACUPUNCTURE, A BALANCED GARDEN, A BALANCED GARDEN ACUPUNCTURE, THE BALANCED GARDEN, THE BALANCED GARDEN ACUPUNCTURE located at: 6629 CONVOY COURT SAN DIEGO, CA. 92111 is hereby registered by the following owner(s): MATTHEW TRUHAN This business is being conducted by: AN

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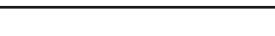
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Call 6



Give your home a fresh look in the new year

Many New Year's resolutions revolve around changes in lifestyle, improved health or kicking old habits and developing new ones. There are, however, simple changes that can be made to your home that will make you feel brand new without the grueling trips to the gym.

Jill Winninger, senior interior designer at Seaside Home at 1055 Wall St. gave *La Jolla Today* some tips for freshening up your home in the new year.

Q: What are some easy ways to freshen up the interior of your home?

A: Freshening up your entire home can feel overwhelming. I recommend concentrating on one room at a time. Start with the rooms where you spend most of your time. That will allow you to see your progress and enjoy it daily. Some easy ideas that will give you a lot of bang for your



JILL WINNINGER

buck are moving accessories from one room to another, updating your framed family photos by inserting a new picture, adding colorful pillows, rearranging the furniture, keeping fresh flowers in a prominent place, adding a pop of color to your everyday dishes with new salad plates or soup bowls and filling unusual bowls with collections of shells, glass orbs or fresh fruit. You'll be surprised what a difference some small changes will make!

Q: What are some ways to make an outdoor space more liveable?

A: Outdoor spaces are becoming rooms in and of themselves and add to our options as places to relax and to entertain. Think about how you want to use the space. Do you want dining space for regular meals, a place to relax and watch the sunset or a vibrant setting for entertaining?

Narrow your decorating focus to the way you want the space to function and your results will be successful. Adding pots of colorful flowers, cushions in outdoor fab-

rics and candles are easy updates. Consider an investment in beautiful dinnerware and glassware to complete the look. Then, enjoy the space often!

Q: What are some new trends in interior design that are easy to incorporate?

A: We continue to see a major focus on color. Copper and golds are returning as featured finishes. Look for them in lighting, accessories and surface finishes. They'll work well with the variety of blues we'll see emerging, including turquoise, navy and cobalt. These are easy colors to work and live with. Look for them in fabrics, wall coverings and painted furniture. With the revolution of outdoor fabrics, our gardens and patios continue to be a major focus. Indoor/outdoor spaces and ways to achieve them will be an ongoing design trend.

— Jill Winninger is a member of the American Society of Interior Designers and a certified interior designer in California. She specializes in high-end residential design.

Selling your home? Your pricing strategy could work against you



Charles Schevker & Natasha Alexander

Many people who are considering selling their homes think the best pricing strategy is to list high so they allow themselves room to negotiate down to the price they really want. Sounds like a good strategy. And hey, who knows, so they think — there might just be someone out there willing to pay their high asking price.

Recent data for La Jolla home sales indicate that homes placed in escrow that have been on the market under 30 days sold for 96 percent of their list price, while homes on the market for nearly 180 days sold for about 89 percent of their list price. So here's a question to think about: Does the length of time that a home sits unsold on the market influence its selling price, or is it the reverse — does the list

price influence the amount of time a home will remain on the market?

Here is another question to consider: What is market value? Is it the seller's list price? Is it the buyer's offer

price? The simplest definition we can provide is that market value is the price, terms and conditions of sale agreed upon between the buyer and seller at a specific time. Whether a house sells for 96 percent or 89 percent of its asking price is really irrelevant because list price is not necessarily the market value.

Confused? Don't be, it is rather simple. The market, so-to-speak, will tell you whether it agrees with your list price. Many offers early in the game likely indicate that you listed too low, while no offers indicate that you listed too high.

Also, don't overlook the power of motivation. If you are a highly motivated seller, then most likely you want to sell as soon as possible rather than wait with uncertainty. After all, you want to move onward to other plans and goals. So if setting a high list price as your strategy only results in delaying the selling time, you have set into motion a plan that works against you. By turning buyers away with a higher price, you may not get a second chance at giving them a good first impression.

The point here is not whether we can give you the secret formula for calculating market value for your home. No one can do that. We hope, rather, to inspire you to work with your real-estate agent in developing a pricing strategy to meet your goals. As an additional hint, challenge your real-estate agent so you are confident

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SOCIETY »

CONT. FROM PG. 14

and institution in La Jolla were represented (François has made cook-

ie molds for them all), including, of course the Athenaeum itself. In front of that building was a figure in a black dress — Athenaeum executive director Erika Torri — and beside her, another represent-

ing special events coordinator Penny Buckingham. Rounding out the Village scene were porpoises, palm and evergreen trees, those seals that everybody loves, and snow everywhere (unusual for La Jolla!).

Signs said "Don't Touch," but experienced guests know they would be removed at a certain hour, when most of the cookies would become available for guests to enjoy as they wished. The Village scene, however, would remain protected — as a significant piece of art, the Athenaeum would keep it on display for about two weeks.

Wine and non-alcoholic punch were served, as were roast-beef sandwiches, cheeses and lots of tempting baked goods. The party closed with guests singing "The Twelve Days of Christmas" at the piano.

Karen Cohn, chairwoman and

(for the second consecutive term) president of the San Diego Opera (SDO) board, hosted an exceptionally elegant party at the lovely La Jolla home she shares with husband Don. The event recognized and thanked major supporters ("angel gala patrons") of SDO's upcoming (Jan. 25) season-opening celebration. Karen will team with Iris Strauss and Debbie Turner for the gala, which will have an Italian clown circus theme befitting the season's first opera, "Pagliacci."

Jeff Strauss and his Pamplemousse Grille staff catered the affair. The cuisine was Italian, starting with little artisan pizzas; then penne with meatballs, lobster ravioli, Tuscan-style leg of lamb, rosemary- and thyme-crusted filet mignon and a ratatouille salad. Later, an ice cream dessert bar offered chocolate and caramel sauces and other goodies to make the most decadent sundae imaginable.

Triple-crown-wearer Ian Campbell (general director, artistic director and CEO) spoke briefly about the opera company's upcoming (2015) 50th anniversary year and thanked the Diamond Circle Producers for exceptionally generous donations to ensure SDO's continued artistic excellence. Three prominent couples have each contributed \$500,000, and an equal amount came from the "Dow Divas" (a group of very involved women who are both investors and cultural activists).

Campbell introduced Nicholas Reveles and Priti Gandhi. Longtime associates of the company, both have deep roots as serious performers. Ably accompanied by Reveles on piano, Gandhi delivered a stunning recital of a Puccini aria, followed later by a powerful rendition of "Somewhere Over the Rainbow" (from an opera set in a land called Oz).

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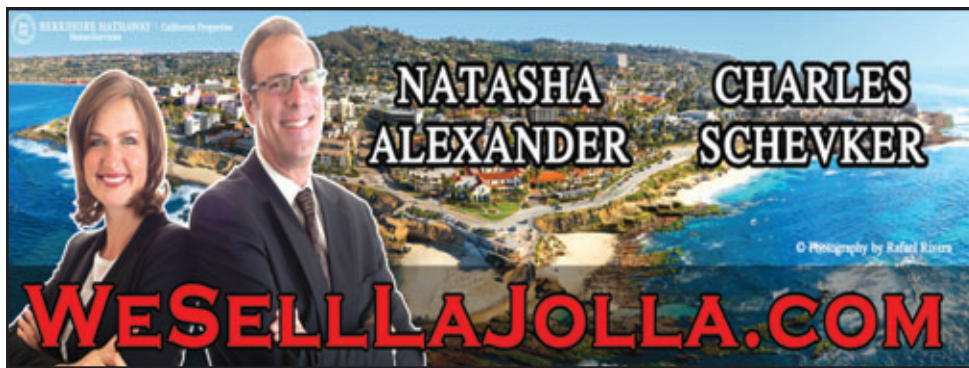
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SELLING » CONT. FROM PG. 17

that they have an aggressive marketing plan to get your home sold.

Here are a few things to consider when contemplating the list price:

(1) Home buyers today are more informed and knowledgeable about home pricing, so they are less likely to be fooled.

(2) When a home is listed for sale, it is "new" only one time, and then only for about the first 30 days. If a house is removed from the market and then returned a few months later, it is not "new and improved."

(3) The longer a house remains on

the market the more a buyer will perceive it as having problems.

(4) The more problems a buyer perceives, the more points they'll deduct and the lower the price they'll offer.

(5) The longer a house remains on the market, the more likely you are to lose out on your next goals, or the more it will cost you to achieve them.

So back to the question: Does time influence price, or does price influence time? In a twisted way, both are correct. But let's face it — if you are selling your home, you want to set your listing price to sell your home within the first 30 days, get the cash as soon as possible, then move on with your life.

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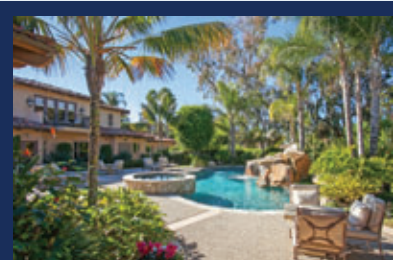
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