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LA JOLLA'S LOCALLY OWNED & OPERATED COMMUNITY NEWSPAPER

SAN DIEGO COMMUNITY NEWSPAPER GROUP

FRIDAY, APRIL 26, 2013

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FIGHTING TO SURVIVE Young sea lions recently stranded at La Jolla Cove were in a location inaccessible by SeaWorld's animal rescuers. Vast numbers of the pups have been hauling onto land in search of food since Jan-DON BALCH

Barbara. Since January, more than 1,100 sea lion pups have been stranded statewide, and the UME will allow the NMFS to determine the cause, or rather the cause behind the cause.

"We know what's going on — the pups' food source is not available — but what they'll try to determine is why," Koontz said.

Sea lions feed mostly on baitfish like anchovies and sardines. The NMFS' task force, made up of veterinarians, marine biologists and other experts, is attempting to determine what has happened to that food source to make the sea lions strand themselves in such great numbers. The causes could range from a depleted stock of baitfish to oceanographic issues (changing water temperatures or currents that could cause the food source to relocate) to disease components and a variety of other causes.

Adding to the problem is that sea lions get their hydration from the food they eat, not from drinking sea water. So, in addition to going hungry the stranded pups are often severely dehydrated. Fortunately, Koontz said, the animals, unlike those limited to the water like dolphins or

SEE SEA LIONS >> PG. 8

as crisis heats up

s more and more sea lion pups turn up in unexpected places on roadways, in gardens,

scourge

Rescuers respond

even lounging poolside on residential and hotel patios - animal rescuers and marine biologists are fervently search-

ing for a clue to the deluge of malnourished pups that are stranding themselves in alarming numbers along the Southern California coast.

By KENDRA HARTMANN

The pups, said Dave Koontz, SeaWorld's director of communications, venture inland in search of food when they can't find adequate sustenance in the ocean. Weak and exhausted, they lack the strength to get back to their natural habitat and have been found resting in most unusual places, including on a patio lounge chair at La Jolla's Pantai Inn. Though it's typical to see young sea lions stranding themselves after weaning — the pups turning up in recent months were likely born last summer — the number of ill and dying pups this year is astronomical, Koontz said.

"As a point of reference, we rescued 131 marine mammals (including sea lions and other marine mammals) in 2012, which is an average year," he said. "This year alone, we've rescued more than 350, and of that, about 330 have been sea lions. It's been an extremely unusual year."

In March, NOAA's National Marine Fisheries Service (NMFS) declared an unusual mortality event, or UME, spanning the coast from the Mexican border up to Santa

Check out the

SEE PAGE 4

reports from several

Read up on the latest news coming University City schools. **SEE** PAGE 7

The arts are flourishing in La Jolla. Check out upcoming events in the art scene. **SEE** PAGES 12 & 13

What's up with the economy?

Find out the latest with our economic tips and tidbits.

SEE PAGE 18



The La Jolla Half Marathon will run through La Jolla on April 28.

Photo by DON BALCH

Local seeks funding to take rescue gear to FDNY By ETHAN ORENSTEIN

In a small garage workshop in North Pacific Beach, Kenney Pierce, owner of Life 1 Rescue, develops rescue gear designed to quickly and efficiently save lives. His products are used by lifeguards in San Diego, Coronado, Imperial Beach, Encinitas, the Border Patrol Search and the San Diego County Sherriff's Department.

On April 18 at Turquoise Coffee, Pierce kicked off a crowdfunding campaign to help get his newest piece of equipment, the Quick Collar, to the New York Fire Department. Pierce is trying to raise \$28,000 to cover production costs, travel expenses and Quick Collar donations.

The Quick Collar, designed for swift-water rescue, is already used by the sherriff's department's aerial-support units. Pierce hopes to get the Quick Collar on "every fire truck in the world." Getting a foot in the door at the FDNY is a good way to do that, as it's one of the few



ONE LIFE AT A TIME Kenney Pierce shows off the Quick Collar, a rescue device that can save potential drowning victims. Pierce's other rescue gear is used by San Diego lifequards. ETHAN ORENSTEIN

departments with a research and development unit and has a major influence on gear used around the country.

Packed in a compact, yellow throw-bag with a durable rope that can be tossed to a victim, the Quick Collar consists of a cinching, auto-inflating floatation tube that secures and protects the victim as he or she is pulled to safety. It can be thrown from riverbanks, helicopters and boats and can mean the difference between life

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News

Tax preparer gets 23 years in murder for hire

By NEAL PUTNAM

Steven Martinez, a Sorrento Valley tax preparer, was sentenced April 12 to 23 years and 10 months in federal prison for fraud and witness tampering that involved an unsuccessful murderfor-hire plot of a La Jolla woman and three others.

U.S. District Court Judge William Hayes ordered Martinez, 51, to pay about \$11 million to his former clients, whom he defrauded by preparing bogus tax returns and taking checks that were meant for the Internal Revenue Service. The prosecutor said Martinez used the funds to pay for things like a "well-designed" \$700,000 pool and hot tubs at his house.

Hayes also ordered Martinez, a

former IRS agent, to pay several million dollars to the IRS and the state Franchise Tax Board.

Martinez has been in jail since his February 2012 arrest, after the FBI investigated the murder-forhire plot. No one was harmed as the FBI arrested Martinez and his limo driver before anything could be carried out.

Assistant U.S. Attorney Joseph Orabona asked for a 29-year sentence while Martinez's attorney, David Demergian, asked for a 10year term.

"The victim in La Jolla — she's terrified every day," said Orabona, who added the vicitm was too afraid to attend the sentencing.

The financial charges Martinez

pleaded guilty to in August 2012 were mail and Social Security fraud, aggravated identity theft, money laundering and making false tax returns. He also pleaded guilty to using a telephone in a murder-for-hire plot, four counts of witness tampering and soliciting a crime of violence.

Orabona said Martinez knew the routines of the four former clients and gave a hit man their photos and pictures of their residences.

The would-be hit man contacted authorities and the FBI videotaped their meeting.

Hayes agreed with the prosecutor the hiring of the hit man "was not an impulsive situation," calling it "pretty cold blooded."

"The fraud case went on for a number of years," said Hayes, adding the fraud was "aggravated" because "he had trust of his clients."

Demergian told the judge Martinez paid \$100,000 in medical costs in 2004 after his young son was diagnosed with autism. Martinez needed more money to pay for ongoing care and the fraud began, he said.

Years later, Martinez "tried to make it right and sat down with the victims to tell them what he had done," he said.

Demergian said the murder-forhire plot was never taken seriously and Martinez knew the guy would not go through with it. Martinez didn't have the \$100,000 needed to pay the hit man, despite his statements, he said.

Martinez apologized to his victims and said he would repay

"I am very appalled for what I've done. I'm truly sorry. Please forgive me," he said.

He apologized to his limo driver, Russell Thellmann, 65, whom he gave money to give to the hit man. Federal agents found more than \$42,000 in cash in a cereal box in Thellmann's kitchen. Thellmann pleaded guilty to conspiracy to commit money laundering and was sentenced in 2012 to 34 days in jail, which was time he already served before he posted bond.

NEWSBRIEFS >>

GATHER FOR SOUP AND A
GOOD CAUSE – The Empty Bowls
event, in which participants choose
a unique bowl handcrafted by a
local potter to

have filled with soup from a local chef, will be held May 11 from 11 a.m. to 1 p.m. at the La Jolla United Methodist Church, 6063 La Jolla Blvd. All proceeds are donated to TACO, the Third Avenue Charitable Organization, to fight hunger. Guests pay a suggested donation of \$20 and

choose their bowl - which they

can take
home
after the
event –
and have it
filled with soup.

Taco has been feeding the hungry, homeless and elderly in San Diego for more than 36 years. For more information, visit www.tacosd.org.

CHILDREN'S POOL DISPUTE SETTLED IN FAVOR OF CITY -

The most recent case involving the seals at the Children's Pool has been resolved in favor of the city. Volker Hoehne, the plaintiff in Hoehne v. City of San Diego, dropped his case earlier this week.

Hoehne had claimed the city's refusal to remove the seals from the Children's Pool violated his constitutional right to fish.

Judge Joel M. Pressman rejected that argument, saying, "[T]he Children's Pool as a seal habitat is consistent with the public trust."

In 2009 Sen. Christine Kehoe and Assemblyman Nathan Fletcher co-authored SB 428 to amend the tidelands grant to provide the city with discretion to create a marine mammal park at Children's Pool. The legislation was adopted with bipartisan support. In the Hoehne case, Pressman put to rest arguments that the city could not rely upon SB 428 to create a marine mammal park.

"Senate Bill 428 amended the terms of the trust to give the [City] Council the discretion to create a marine mammal park at the Children's Pool for the enjoyment and benefit of children," he wrote.





Master John Gehosky
Instructor/Owner





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Celebrating 5 Years in La Jolla



La Jolla resident, Kyle Harrington is a dedicated and spirited father to 5 yr old triplets, (Alexandre, Hunter and Vienna) and co-founded Harrington Capital with his wife Catherine Harrington.

He is not just the Founder and Managing Partner of Harrington Capital Management, but also a Television Contributor to: Fox News (America's News HQ, Cavuto, Studio B with Shepard Smith), Fox Business, Bloomberg, CNBC, Russian Television, Glenn Beck TV, KUSI San Diego TV, Fox 5 San Diego TV analyzing the economic and political

landscape. Harrington has expertise on what is happening in today's volatile global economic climate and how it directly affects the San Diego market.

Kyle earned his Bachelor from Princeton University and his Master in Business Administration from the Wharton School at the University of Pennsylvania. He was a member of the Varsity Basketball team at Princeton University.

As a founder & managing partner of Harrington Capital Management, Kyle comes to the firm with over 20 years of experience and offices in La Jolla and New York City. He has a distinguished career from some of the world's largest investment banking firms. He began in the Corporate Finance Division at Merrill Lynch in New York in 1992 and then in the Sales and Trading division of Goldman Sachs in 1996. He subsequently served individual investors in the Private Wealth Management Division as Senior Vice-President at Wachovia Securities and later a Managing Director at Deutsche Bank in California. As a Trusted Financial Advisor, Kyle's primary function was to design innovative strategies that best fit an individual or company's financial goals.

Kyle takes a holistic approach to financial planning by focusing on clients' lives as well as their finances. He says that it is a daunting task to deal with the financial ramifications of life-altering events when you are consumed with emotional response to such changes. These life-altering events, makes it imperative for you to choose a company that have the resources to address the whole issue and still care about YOU.

You might at first think of a financial holistic approach as something out of place coming from a financial services firm. Financial advisors are often solely hired to provide financial planning - not be life coaches. Yet Harrington takes a different approach by working with clients to build a strong foundation, while helping with decisions that will have far-reaching consequences in their lives.

When Kyle is not busy conceiving cutting-edge strategies for your financial portfolio, you will find him at Master John Gehosky's - Pacific Karate Studio on Pearl St., in La Jolla, learning the art of Karate with his triplets.





"It is our personal goal, here at Harrington Capital Management, to offer our clients individual attention and expertise that is dedicated to achieving financial goals, building connections, and fostering valuable relationships".

Kyle Harrington

Founder & Managing Partner
Investment Advisor Representative with Harrington Capital
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UPCOMING TELEVISION APPEARANCES

Thursday, May 2, 2013 at 3:50 PM ET.

Kyle Harrington on CNBC, "Closing Bell" with host Maria Bartiromo

Friday, May 3, 2013 at 5 PM ET.

Kyle Harrington on Fox Business Network, "Money" with host Melissa Francis

Tuesday, May 7, 2013 at 7 PM ET.

Kyle Harrington on Glenn Beck TV (soon to be known TheBlaze), "Wilkow" with host Andrew Wilkow Monday, May 6, 2013 at 7:30 PM ET.

Kyle Harrington on CNBC, "The Kuldlow Report" with host Lawrence Kudlow

CIVICNEWS>>

Tempers flare over officer election at LJSA

things in the bylaws

and improving. I

NEWLY ELECTED CHAIRMAN, LA JOLLA

the process.

TIM LUCAS

SHORES ASSOCIATION

By DAVE SCHWAB

A controversy erupted following La Jolla Shores Association's (LJSA) April officers' election with one candidate resigning and crying foul, claiming another board member actively lobbied against

Todd Lesser, a longtime LJSA board member on hiatus from the

advisory group while chairing the La Jolla Traf- There are a lot of fic & Transportation Board, was unsuccessful in that need changing opposing Tim Lucas for the group chairman- think there were ship, losing to some gray areas in Lucas by a wide margin.

After the April 10 meeting of the advisory group, Lesser submitted his resignation.

He chastised board member Janie Emerson, alleging she campaigned against his candidacy and for a candidate "slate." Slates in advisory group elections are not allowed under City Council policy.

Emerson replied she only did what she was supposed to do as one of three nominating committee members. She characterized Lesser's charges as a "misinterpretation," noting the so-called slate was merely a list of recommended candidates. The chairmanship was the election's only contested post.

Lesser said he was encouraged by others to run for LJSA president, adding, "If I had known Tim was interested in being chair, I wouldn't even have run."

Lesser said he was upset because "Janie was calling people and telling them if I was elected chair, that four people (board members) would resign.

"For her to do something like this purposely corrupts the democratic process," he continued. "She blatantly violated our bylaws, Robert's Rules of Order, and embarrassed LISA and destroyed the board's credibility. I'm going to ask for her to resign."

Emerson said encouraging

Lucas to run for president "was not my idea," adding it was suggested by one of the two other nominating committee members.

Emerson said the nominating committee, whose meetings are not open to the public, felt Lucas was a viable candidate because of his long experience on the group

and because "he came to almost every (group) meeting after he was termed off the board.'

Noting the officer election unfortunately turned "personal," Lucas said, "There was some miscommunication," adding "we'll go over the bylaws again."

Lucas said he wanted to ensure

a similar situation doesn't arise with future group elections.

"There's a lot of things in the bylaws that need changing and improving," he said. "I think there were some gray areas in the process."

Though "frustrated" by the election controversy, Lucas said he hopes it won't mar the important community service work of the group.

"Something we really want to focus on is building our membership and getting the community more involved with the group," he said. "We are the recognized group for making recommendations for parks and beaches for La Jolla Shores. I'm really excited to run this committee. There are a lot of things we've been missing — landuse issues, bylaw changes — that we need to catch up on."

Mary Coakley Munk was elected LJSA vice chairwoman. Dolores "Dede" Donovan was re-elected as secretary. Pamela Boynton is the new treasurer.

The group's next meeting will be Wednesday, May 8 at 7 p.m. in Building T-29 at Scripps Institution of Oceanograpy.

CLARIFICATION: On March 29, La Jolla Today reported on the most recent events at the Children's Pool, including the seal cam video of two women harassing seals at the beach. The article ("The drama continues...," Page 1) stated that the women were sitting on the seals. Upon closer inspection of the video, it appears they only attempted to sit on the seals, without making contact with their full weight.

Village Merchants consider group marketing options By DAVE SCHWAB

La Jolla Village Merchants Association (LJVMA) heard pitches about partnering on Internet ticket sales and text-message marketing, as well as about Goodwill Industries coming to town with a new resale shop at the business improvement district's April meeting in its new visitor's center.

Alan Suchodolski of aRes Travel (Advanced Reservation Systems, Inc.), a San Diego-based travel planning service featuring Internet-based reservations and ticket technology, gave a presentation to the group. He addressed the marketing advantages offered by his company's hotel booking and business-networking web-

"La Jolla merchants have opened this visitor's center and we want to provide visitors to their destination offering them the ability and convenience of selling various attractions throughout Southern California via a web-based program," said Suchodolski, who has 18 years'

experience promoting San Diego tourism and travel. The LJVMA, partnering with aRes, could, for example, sell a visitor a San Diego Zoo ticket and share in the revenue from that sale, he said.

LJVMA's board indicated it was favorably disposed toward the proposal with one board member saying they needed more time to study it.

La Jollan Dave Ish also spoke briefly to the BID board about Club Lemeno, a text messagemarketing program.

"What I'm promoting is a way for small- and medium-size businesses, which can't afford a fullon marketing campaign, to reach out to their clientele using coded text messaging," said Ish. "This could be a special deal promotion, like 10 percent off, to drive traffic into your store. Once you've developed some databases, you can start sending out text messages on a regular basis enticing customers to come in."

Club Lemeno's discounted textmessaging service would be \$20

a month for 250 messages for LJVMA members. The LJVMA will vote on his proposal at its May 8 meeting.

Addressing both promotional pitches, LJVMA president Phil Coller said marketing is essential to the group's financial health.

"We are spending more money every year than we are receiving as income every year from the BID," he said. "The only people who pay into the BID account are those people paying the La Jolla business tax."

Board member Egon Kafka pointed out LJVMA is being shortchanged by "businesses who do not register as La Jolla businesses," suggesting something ought to be done to hold them accountable.

"I'm invoicing everybody for everything I can think of," said executive director Sheila Fortune. "If you owe any business taxes — I'm coming after you."

SEE LJVMA >> PG. 8

Town Council briefs >>

- In LJTC's officer elections, Cindy Greatrex was named president, Nancy Gardner as first vice president, Steve Haskins as second vice president, Charles Hartford as secretary and Yolanda de Riquer as
- The Town Council's upcoming Dancing with La Jolla Stars will take place on Oct. 5 from 6 to 10 p.m. at the Torrey Pines Hilton. Celebrity dance judge Mary Murphy will emcee the event. The next Dancing with La Jolla Stars Committee meeting will take place at Hennessey's on May 6 at 5 p.m.
- · Construction of the La Jolla Shores lifeguard tower is in its final

stretch, and lifeguards are expected to move in by May, announced District 1 City Councilwoman Sherri Lightner representative Erin Demor-

• Wildcoast conservation director Ben McCue introduced his organization to the La Jolla Town Council on April 11, highlighting the work the organization does in protecting California and Mexico's network of marine protected areas (MPAs) along the Pacific coastline.

Since its launch in 2000, Wildcoast has been dedicated to protecting ecologically significant coastal wildlands, islands and marine areas in California and Baja California.

"San Diego County has 10 marine protected areas, and half of those are in La Jolla," said McCue. "It has been shown that marine protected areas can be a huge asset for local communities."

In addition to restoring marine abundance, McCue said when the population thrives, it naturally spills over into open fishing areas, giving communities a bigger return on investment.

"The most effective marine protected areas are those supported by their local communities," he said, urging La Jollans to take part in Wildcoast's implementation collaborative to offer their input on how their MPAs are protected.

For more information, visit www.wildcoast.net.

- Mariko Lamb



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News FRIDAY · APRIL 26, 2013 LA JOLLA TODAY

RESCUE » CONT. FROM PG. 1

and death in emergencies, Pierce said.

Unlike similar water-rescue gear, the Quick Collar is light, compact and comfortable for the victim. Plus, it allows rescuers to stay out of the water, making it much safer for them.

As a testament to the design's durability, one of the first Quick Collars hangs on the wall of Pierce's workshop. It remains in pristine condition and working order after lifting a 3,000-pound block of concrete during a test

Pierce's inspiration for the device came after 10 children drowned during the Guadalupe River flood in Comfort, Texas in 1987. He watched news reports of the incident in horror as children were swept down the river. He believed they could have been saved if the rescuers had access to better equipment.

Convinced he could create a piece of equipment that could save more lives, Pierce started working on designs, but struggled at first.

"I sat there and physically looked at this thing for months trying to figure out what was wrong with it," Pierce said.

It finally clicked when he saw children's pool floats being manufactured. He realized by combining a floatation device and a securable strap, drowning victims could be kept above water while efforts are made to safely pull them out.

Pierce got a patent for the Quick Collar in 2005 and began marketing it to a number of fire departments. He started working with the FDNY research and development unit, but when the economic recession hit, there was no money in department budgets to test new gear, and trips to New York were too expensive. All progress stopped.

Broke and out of options, Pierce took a job managing an apartment complex in Crown Point and worked as a cook.

The idea for a crowd-funding campaign came to him after his sister paid for him to go to New York to start working with the FDNY again.

Through the crowd-funding campaign, Pierce not only hopes to provide his Quick Collar to the FDNY and eventually rescue teams around the world, but also to educate the public on the need

for water-rescue gear. He wants to raise awareness that more lives can be saved with the right equip-

After a stint as a pool lifeguard, Pierce started designing water-rescue gear. He developed a lifeguard rescue belt and a jet-ski towing device. The devices, which are used by lifeguards all around San Diego, including during rescues at La Jolla Cove, allow guards to work safely and quickly.

His lifeguard belts incorporate a quick-release, which was developed after lifeguards wanted something that would allow them to easily detach themselves from boats that sink as they try to swim them to safety.

"My job is to listen, go talk to them (lifeguards) and listen," Pierce said.

A video, contribution link, donation incentives, description of the Quick Collar and the campaign's budget can be found at the Quick Collar crowd-funding page at www.indiegogo.com/projects-

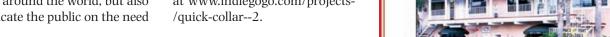
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La Jolla Welcomes Two Young Entrepreneurs!

6860 La Jolla Blvd. San Diego, CA 92037 (858) 249.9274

Scott Leshner (24 yrs. old), a business major, moved to San Diego from New Jersey last year, to take advantage of the beautiful weather and the gnarly waves. An avid surfer, he just can't imagine living elsewhere, but had to find something to do to support himself.

Steven Massey (26 yrs. old), a San Diego native, has been running a successful mobile detailing business for the past 15 years. His uncle owned and operated one of the very first mobile detailing businesses in San Diego and taught Steven everything he knew on how to run a lucrative detailing business.

Scott called Steven's mobile detailing company one day to have his car detailed and he was extremely happy with the job Steven did. Scott later talked to Steven about the possibility of exploring the car wash business together - thus - La Jolla Custom Detailing was born!

You can expect only the best when you take your car to La Jolla Custom Detailing. They will greet you with their warm smiles as soon as you pull up, wash and wax your car 100% by hand, and will go the extra mile to make sure you are happy and satisfied. According to Scott and Steven, machine car wash systems tend to miss spots - but they don't! They take pride in what they do and will treat your car like it was their own.

La Jolla Custom Detailing, specializing in high end luxury cars, will wash and detail any car at affordable prices with a 100% guaranteed hand wash.



EVENTS >>

FRIDAY, April 26

- A Lifetime of Healthy Living: Health Fair 2013, 10 a.m to 3 p.m., La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, free
- Reader's Theatre, 7:30 p.m, La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, \$5-10 donation suggested
- · Lena Evans, John Meeks, Lisa Olson, 7:30 p.m., Athenaeum, 1008 Wall St., (858) 454-5872. www.ljathenaeum.org, \$30 member, \$45 nonmember
- Diamonds in the Sky Wine Dinner, 5:30 p.m. to 9:30 p.m., Sky Room Dinner Series, 1132 Prospect St.. (858) 551-3765, reservations required, \$155 per person

SATURDAY, April 27

- Maker's Fest, noon to 4 p.m., Bird Rock Art Gallery, 5785 La Jolla Blvd., www.birdrockarts.com
- Torrey Pines State Preserve Walk, 9 a.m., meet at the corner of Torrey Pines Rd. and Callan Rd... www.walksandiego.org, members free, \$5 suggested for nonmembers
- Ikebana class, 8:50 a.m. to 12:30 p.m., La Jolla Library, 7555 Draper Ave., learn how to create flower arrange-

ments, (858) 552-1657, www.lajollalibrary.org, \$19

- Parents Night Out, 6 p.m. to 9 p.m., drop the kids at Cups and enjoy dinner at Roppongi Restaurant and Sushi Bar, 7857 Girard, www.cupslj.com, \$120 with one child, \$20 each additional child
- Weekend with the Locals: Mike Monahan, noon, book discussion with author of "College Boy," Warwick's, 7812 Girard Ave., (858) 454-0347 www.warwicks.com, free
- Dustin Donahue recital, 8 p.m., CPMC Concert Hall at UCSD. 9500 Gilman Drive. (858) 534-3448, free

SUNDAY, April 28

- Bringuier and Thibaudet: Walt Disney Concert Hall, 9 a.m to 6 p.m., La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, \$100 members, \$125 nonmembers
- La Jolla Open Aire Market, 9 a.m. to 1 p.m., La Jolla Elementary School, 1111 Marine St., (858) 454-1699. www.lajollamarket.com, free
- Weekend with the Locals: Richard Platt, noon, book discussion with author of "As One Devil to Another," Warwick's, 7812 Girard Ave., (858) 454-0347, www.warwicks.com, free

MONDAY, April 29

• Concert Lecture: "Musical

Milestones: An Anniversary Series," 7:30 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, www.ljathenaeum.org, \$20 member, \$25 nonmember

• Mary Barranger Mini Concert, noon, Lyceum Theatre, 79 Horton Plaza, (858) 454-5872. www.ljathenaeum.org, free

TUESDAY, April 30

- Music Lecture: "From Brahms to Broadway." 7:30 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, www.ljathenaeum.org, \$14 member, \$19 nonmember
- A day at the Famous City Walk and Beverly Hills, 8:30 a.m to 6 p.m., La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, \$40 members, \$60 nonmembers
- Hatha chair yoga class, 12:30 p.m., La Jolla Library, 7555 Draper Ave., (858) 552-1657. www.lajollalibrary.org, free

WEDNESDAY, May 1

- Children's storytime, 3 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, www.ljathenaeum.org, free
- Opera Singing Chef soup class, 10 a.m, La Jolla Community Center, 6811 La Jolla Blvd., (858) 459-0831, \$10 members, \$15 nonmembers

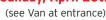
See the full calendar at ljtoday.com

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Harcourts Prestige Properties is proud to announce the newest Harcourts Realtor in the La Jolla office!

Betty Hall's real estate business knowledge come from three generations of family entrepreneurs in the real estate business. She has studied many aspects of the business through the years including new home sales & getting to know the building process first hand by building her own home.

She has earned certificates from the Institute of Residential Marketing and American School of Mortgage Banking. She has been honored throughout her career including the award for Excellence from Fieldstone Homes, Hand in Hand award for teamwork & trust, Honor Society at Prudential California Realty.



 $Giving\ back\ is\ a\ priority\ for\ Betty.\ She\ supports\ various\ causes\ including\ Compassion\ International,\ Autism$ Awareness, Muscular Dystrophy and Cystic Fibrosis Foundation. She was awarded recognition for "a servant's heart" and is currently serving as a board member for W.R.O.T.E ministries. Betty has a passion for helping others, staying active, fashion, dining with friends and family, and exploring new things. She is currently learning to surf with her daughter while adding a new language to her repertoire, French!

Betty Hall lives in La Jolla with her two children and know the area very well.

For more information about Harcourts International founded in New Zealand in 1888, headquartered in Australia, please contact:



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Muirlands is ready to rock for students

Muirlands Middle School is tuning up for "Muirlands Rocks!" a school fundraising event befitting of a rock star on May 5 from 4 to 7 p.m.

The fun-filled afternoon will be complete with carnival games, barbequed eats courtesy of the Dimich family, and live music from "Lightning Starts Fire."

"Muirlands Rocks is a fun event where students and their families can be involved in helping to raise funds for the local middle school," said Laurie Pearl, Muirlands Rocks co-chair. "There is something for everyone — games, food, music and tarp surfing. It should be an exciting afternoon for all."

Hundreds of La Jollans joined in the festivities last year, and with residual budgetary constraints making fundraising more crucial than ever before, this year's event is slated to be bigger and better than ever.

"The need for such a serious fundraiser is as urgent as ever," said Pearl. "The foundation has



pledged the funds to keep our staffing and class size at current levels."

Business sponsors making this year's event possible include Geppetto's Toys, La Jolla Volleyball, La Jolla Pop Warner Football, Wells Academic Solutions, Stacey'Z Hair Salon, C & H Photo, La Jolla Karate and La Jolla LearningWorks.

Tickets to the event are \$15, which includes a dinner and two carnival booth tickets. Sponsorship opportunities are also available at www.give2schools.org. For more information about the event, visit www.muirlandms.org or call (858) 459-7925.

— Mariko Lamb

DREAMING BIG La Jolla High varsity baseball players had the thrill of seeing their name on the scoreboard at Petco Park on April 19.

La Jolla squares off at Petco Park By SCOTT HOPKINS

It was an unfortunate time for their bats to go silent April 19, but the experience of playing in Petco Park will remain a lifetime memory for the La Jolla Vikings baseball team.

On a warm afternoon, the Vikings managed only two hits during their Western League match with Point Loma. A sizable contingent of fans traveled downtown, witnessing their team drop a 1-0 decision to the Pointers. The loss drops La Jolla to 12-8 overall and 2-2 (third place) in the league.

Going into the contest, head coach Gary Frank's Vikings were averaging 4.9 runs per outing. Point Loma managed only four hits.

The Pointer run came in the second inning when the Vikings walked a Pointer hitter who came around to score later on a single.

The game was a battle of pitchers

for both teams, with batters grounding out or flying out to outfielders who gloved every ball, despite the glaring sun. Several Viking blasts momentarily appeared headed for outfield gaps.

Senior Patrick Dayton started on the **CLOSE PLAY** La Jolla shortstop Brett Volger tags

before turning the game over to senior Tyson Youngs for the final three. Dayton walked three and struck out two in facing 13 hitters. Youngs issued one walk while facing 12 batters. Each yielded two hits.

Offensively, Youngs and junior Brett Volger each had singles, with Youngs' steal of second base the closest the Vikings came to scoring.

The Vikings and Pointers played a rematch April 25 in La Jolla. Remaining LJHS Western League games include:

- May 2: At Madison
- May 6: Madison at LJHS
- May 7: University City at LJHS
- May 9: At University City

The first pitch is at 3:30 p.m. On May 14, the "Battle of La Jolla" takes place when LJ Country Day visits Muirlands Field for a 4 p.m. close to the regular season.



mound for La Jolla, out Joe Da Luz of Point Loma. Second baseman going three innings Tyson Youngs backs up the play. SCOTT HOPKINS

SCHOOLBRIEFS >>

Girl Scouts offer range of camp experiences

From June through August, Girl Scouts San Diego will host 144 overnight sessions at the Camp Winacka and Camp Whispering Oaks properties near Julian and 32-day camps countywide.

La Jolla Girl Scout Mia Salatka of Junior Troop 3426 earned a free trip to camp by selling 525 boxes of Girl Scout cookies this year. She will attend a session called Night Owls, where she and other campers will stay up late to hike, swim and stargaze. This is the third year in a row that Salatka, 11, has earned her way to camp. Last summer, she cultivated outdoor skills, learned about nature and cooked over a fire at the Wilderness Adventure camp.

Each camp offers a mix of traditional camp activities with themed experiences, from marine biology, animal care and engineering to astronomy, nature studies and computer tech. At Camps Winacka and Whispering Oaks, four- to six-day



ROUGHING IT Mia Salatka will attend camp for free this summer as a reward for selling 525 boxes of Girl Scout cookies.

sleepaway camps run from June 24 to Aug. 16. Day camps, offered in four-day sessions, take place June 17 through Aug. 9 at various locations, including Carlsbad, Coronado, Escondido, Lakeside and Poway.

Any girl can attend Girl Scout camp. Non-members add \$12 dues to the camp fee and enjoy Girl Scout membership through the rest of the year. Camp fees begin at \$169 and financial assistance is available. Girl Scout camp also provides opportunities for teens to serve as aides and adults to volunteer. For details, visit www.sdgirlscouts.org or call (800) 643-4798.



FIELD OF DREAMS Gillispie students celebrate their new field.

Gillispie breaks ground

The Gillispie School, located at 7380 Girard Ave. hosted a groundbreaking event April 9 for its new "Field of Dreams," a 7,500-squarefoot parcel at 7411 Fay Ave. to be used as the school's new sports field. The school has already raised \$1.6 million of its total fundraising goal of \$1.75 million. The school's current outdoor space consists of a sports court and play structure, but no outdoor field. The new field. which is expected to be complete later this spring, will nearly double the size of its current outdoor space, and will include a turf playing field for children and seating area for instruction.

LJHS grad inducted into honor society

Kailey Lynn Fudge, a 2012 graduate of La Jolla High School, was accepted into the National Society of Collegiate Scholars, an interdisciplinary honor society for first- and second-year college students. Membership is extended by invitation only and based on grade-point average and class standing.

Drawing on experience for education

The Association of Educational Therapists

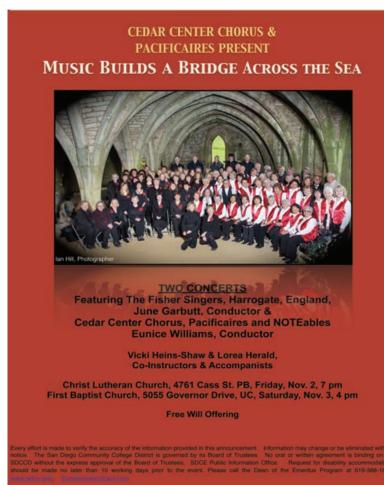
recently endorsed University City resident Debra G. Cohen as an Educational Therapist /Pro-



interventions for children and adults with learning disabilities like dyslexia, ADHD, performance anxiety and others. Having battled dyslexia since early childhood, Cohen spent eight years working within the public school sector as both a resource specialist and a special day classroom teacher. She currently works as a director of the learning center at the San Diego Jewish Academy and has owned her practice, Educational Therapy of San Diego, since 2003. Cohen has served on the board of the San Diego Branch of the International Dyslexia Association (IDA) since 2011. On May 18, Cohen will share her story with at "Dyslexia: Enhancing Knowledge and Practice," a conference presented by the San Diego Branch of the IDA at the University of San Diego. The conference is designed to provide parents, teachers, school administrators and professionals information and programs to help individuals with dyslexia and other learning disabilities. Tickets can be purchased at www.dyslexiasd.org-/events.

UCSD names **Associates Scholars**

SEE **SCHOOLS** >> PG. 9



La Jolla Today

SEA LIONS »

CONT. FROM PG. 1

whales, can haul themselves onto land, making rescue by organizations like SeaWorld much more feasible. And once they're in the hands of rescuers, the sea lions have a pretty fair chance at survival. Pups taken to SeaWorld, Koontz said, generally have about a 65-70 percent chance of being returned to the wild, while others that are determined too ill to forage on their own find a new home at the park or in another facility that can provide long-term care.

Problems arise, however, when a pup has managed to strand itself in a particularly precarious location. When approaching a rescue, Koontz said, the first consideration is the safety of the rescuers and the animal. Because rescues by boat are impossible due to the difficulty of maneuvering a wild animal onto a small vessel, rescues must be done by land, and many of San Diego's coastal cliffs and rocky geography don't allow for safe access.

IF YOU COME ACROSS A SEA LION IN DISTRESS, the most important thing, Koontz said, is to not touch the animal.

"Again, these animals don't know someone is trying to help them," he said. "As we often say, anything with a mouth can bite, and the last thing we want is a member of the public getting injured because they're trying to approach or touch one of these animals." Instead, Koontz said, call Sea-World's rescue hotline at (800) 541-7325 or the NMFS' Southwest Fisheries Science Center, located in La Jolla, at (858) 546-7162. Another option, Koontz said, is to alert a law enforcement official or lifeguard to the animal in distress.

"Animals are not able to conceptualize the fact that a human is there to help them," Koontz said. "They experience fear and a fightor-flight response. When we approach them, their first response is going to be to try to get away, which is good. But it means we can only approach them by land."

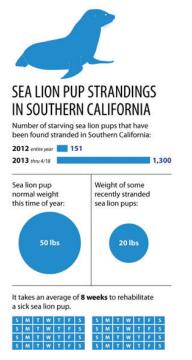
The crisis has become so widespread that other organizations are stepping in, as well. In addition to SeaWorld's efforts, the National Marine Mammal Foundation has offered care to stranded pups, while the La Jolla-based Waitt Foundation, together with the San Diego Foundation, has launched a

donation-matching campaign with the goal of raising \$50,000 toward the emergency response to the UME. Every dollar contributed by the public will be matched by the Waitt Foundation up to \$25,000, with the funds going to the treatment and medical care of rescued pups. Donations to the San Diego Foundation can be made at donate.sdfoundation.org/sdf or to

While not every pup can be rescued, Koontz said, success stories are common. On April 19, five pups were returned to the wild. When rescuers release the animals back into the ocean they choose a location with an abundant food source so rehabilitated pups will continue

NMMF at nmmf.org/give.

"Every animal is treated like an individual patient. There's no cookie-cutter approach," Koontz said. "It feels so great to be able to give these animals a second chance at life."



50 Number of marine mammal experts and National Marine Mammal Foundation 1,350 Number of hours worked by NMMF staff and volunteers to help save sea lions at the Marine Mammal Care Center



BY THE NUMBERS A graphic, courtesy of the National Marine Mammal Foundation, shows sea lion pup strandings in Southern California since the start of the year. There were a total of 151 sea lion strandings in all of 2012. This year has seen nearly 1,300 in only four months.

LJVMA »

The April 10 meeting was held in the conference room of the La Jolla Visitor Information Center at 1162 Prospect St. next to We Olive. The brand new facility remains a work in progress said Fortune, who noted, "We still don't have some doors and windows." Fortune said foot traffic into the facility is improving along with promotion aided by the La Jolla Historical Society. She said the center also benefited from raffle-ticket proceeds at the recent Concours d'Elegance.

IN OTHER ACTION:

- Board member Claudette Berwin, who headed up this year's Concours d'Elegance classic car show proclaimed the event to be extraordinarily successful.
- La Jolla Town Council trustee Mary Soriano said Goodwill Industries is going through La Jolla PDO Committee to acquire the necessary permitting to convert a retail space at 7631 Girard Ave., formerly La Maisonette, into a resale shop. A couple of LJVMA board members questioned the appropriateness of a resale shop relocating into a boutique area, citing the possibility of property values being adversely affected.

LJVMA will next meet Wednesday, May 8. For more information, visit www.lajollabythesea.com.

Custom Designed Jewelry by Owner Deborah Sable

Owner Deborah Sable has created a fun and exciting shop that will allow you to enjoy up to date and fashioned forward designs.

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Plus many more styles!

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> Bellezza Boutique 7910 Ivanhoe Ave. La Jolla, CA 92037 858-456-4010









SCHOOLS »

CONT. FROM PG. 7

More than 30 high school students and their families joined UCSD chancellor Pradeep K. Khosla at a special event on April 17 to celebrate the launch of an undergraduate scholarship program at UCSD, the Chancellor's Associates Scholars. The scholarships, which are for students who are accepted to UCSD and meet the criteria for the University of California's Blue + Gold Opportunity Plan, will provide \$10,000 a year for four years to eligible graduates of Gompers Preparatory Academy, Lincoln High School and The Preuss School UCSD beginning in the fall.

Calling improv enthusiasts

National Comedy Theatre's High School League is holding an improv comedy tournament for all high school participants on May 4 and 5. The winner of the competition will play against NCT's main stage cast on Friday, May

Each school is assigned a coach

from the professional NCT team and teams receive monthly training. Every NCT High School League performance acts as a fundraiser for the school's theater department. High schools involved in the 2013 NCT High School League include The Bishop's School, Point Loma High School and La Jolla High School. Tickets for the tournament are \$5 each and are available at the door. Performances take place from 1 to 5 p.m. on Saturday and 11 a.m. to 5 p.m. on Sunday. For more information, call (619) 295-4999. National Comedy Theatre is located at

Local students perform in "A Little Princess"

3717 India St.

University City's Samantha Wang and Olivia Dangelo and La Jolla's Nicole Sollazzo are among the students performing in "A Little Princess"

San Diego Junior Theatre April 25 through May 12 at Balboa Park's Casa del Prado Theater on Fridays at 7 p.m. and weekends at 2 p.m. Tickets range from \$10 to \$15 and are available

online at juniortheatre.com or by calling (619) 239-8355. The May 11 performance is being presented along with American Sign Language inter-

Preuss ranked high in county, state and nation

The Preuss School UCSD has been ranked the best high school in San Diego by U.S. News & World Report. The school is also ranked the fourthbest high school in California, the seventh-best charter school in the nation and 30th overall in the nation.

U.S. News & World Report evaluated more than 21,000 public high schools in 49 states and the District of Columbia on overall student performance on state-mandated assessments, as well as how effectively they educated their black, Hispanic and economically disadvantaged students. Performance on advanced placement and international baccalaureate exams was then used to determine the degree to which schools prepare students for college-level work.

SCIENCEBRIEFS >>

Salk gets gift of history

On the eve of the 60th anniversary of the first polio vaccine, the Salk Institute was honored with a generous gift from Michael Crick, the son of the late Nobel laureate and Salk faculty member, Francis Crick. Michael Crick will donate to the institute half of the proceeds from the sale of a 1953 letter in which Francis Crick described to his young son his recent discovery of the double-helical structure of DNA. The letter sold April 10 at Christie's auction house to an anonymous bidder for a record price of close to \$6 million. The previous record holder was an Abraham Lincoln letter that sold for \$3.4 million in 2008.

Former director of SIO dies

Edward A. Frieman, Ph.D., former director of Scripps Institution of Oceanography and a prominent national advisor to the government on issues of vital importance



to defense, energy and science policy, died of a respiratory illness at UC San Diego's Thornton Hospital on

April 11. He was 87.

Frieman was appointed eighth director of SIO, vice chancellor of marine sciences and dean of the graduate school of marine sciences in July 1986. He became director emeritus upon his retirement from his administrative post in 1996. He was a member of the National Academy of Sciences and served as assistant secretary of the U.S. Department of Energy

A plasma physicist, Frieman had extensive research interests that extended into other physical science fields, including hydromagnetics, hydrodynamics and astrophysics. He was a professor at Princeton University for more than 25 years, after which he was employed by the federal government, academia and the private sector.

Prior to joining Scripps in 1986, Frieman was executive vice president for Science Applications International Corporation, a hightechnology company based in La Jolla, beginning in 1981. While at UCSD, he was also a research professor of physics at the Cecil H. and Ida M. Green Institute for Geophysics and Planetary Physics at Scripps and an adjunct professor of physics.

Frieman is survived by his wife, Joy; sons Michael (Judy) of Denver, Josh of Chicago and Jonathan (Moira) of San Rafael; daughters Wendy Frieman (Dave Johnson) of Washington, D.C., and Linda Holiner (Tim) of the Boston area; and six grandchildren and a greatgranddaughter.

Colleagues wishing to express condolences are invited to submit messages for web posting to scrippsnews@ucsd.edu.

Private funeral services will be held by his immediate family. A celebration of his life will be held at Scripps at a later date. In lieu of flowers, the family asks that donations be made to La Jolla Music Society or Scripps Institution of Oceanography. Mail Scripps donations to Scripps Institution of Oceanography, In Honor of Edward A. Frieman, 9500 Gilman Drive, 0210, La Jolla, 92093-0210.

Ship named for Sally Ride

U.S. Secretary of the Navy Ray Mabus announced the nation's newest research vessel will be named R/V Sally Ride, in honor of the former UC San Diego faculty member who was the first American female astronaut and the youngest person to fly in space. The ship is owned by the U.S. Navy, will be operated by Scripps Institution of Oceanography and will have its home port at the Scripps Nimitz Marine Facility in Point Loma on San Diego Bay.

Venter Institute closer to **LEED** certification

McCarthy Building Companies, Inc. has topped out concrete construction for the new 45,000square-foot J. Craig Venter Institute on the UCSD campus. Designed to be the most environmentally friendly and only netzero energy biological laboratory in the world, the \$39 million facilitv will support approximately 125 scientists and other staff in their mission to advance genomic research and policy. The concrete work utilizes a record-high 30 percent fly ash, contributing points toward the project team's goal of obtaining LEED platinum certification, while lending to the beauty of the exposed architectural walls and columns that use Type III cement, much like the Salk Insti-

NEWSBRIEFS >>

Charlie Brown voice pleads guilty to stalking doctor

A former child star who gave a voice to Charlie Brown in animated "Peanuts" television specials has pleaded guilty to stalking a La Jolla plastic surgeon and making a criminal threat to his former girlfriend.

Peter Robbins, 56, will be sentenced May 8 by San Diego Superior Court Judge Dwayne Moring and he could face a sentence of three years and four months in prison, though court records show he is more likely to be placed on probation. He remains in jail on \$550,000 bail. He has agreed to abide by a 10year restraining order forbidding contact with Dr. Lori Saltz.

According to his arrest warrant declaration, Robbins paid for breast-enhancement surgery for his girlfriend from Saltz and later demanded his money back. He made threats against her and demanded she deliver money to a hotel in Oceanside where he was

Robbins later broke up with his girlfriend and harassed her, leaving as many as 45 messages on her cell phone, in some of which he talked about getting a gun.

He was first arrested Jan. 13 after refusing to pay for a meal at a La Jolla restaurant. He posted bond and was arrested days later after a

warrant was filed in court regarding the stalking and death threats.

As a child, his voice was used in the classic television specials, "A Charlie Brown Christmas" and "It's the Great Pumpkin Charlie Brown," among others.

- Neal Putnam

Torrey Pines woman gets misdemeanor manslaughter

A Torrey Pines woman has been charged with misdemeanor vehicular manslaughter in the Feb. 1 death of a nanny who was struck by a car in a crosswalk in Torrey Highlands.

Through her attorney, Christine Michelle Padilla, 35, pleaded not guilty to the charges relating to the incident in which she ran a red light, striking and killing Montserrat Mendez, 41.

Mendez was pushing a stroller through the marked crosswalk north on Camino del Sur at Via Verrazzano around 11:45 a.m. when she was hit and dragged a distance. The baby boy in the stroller was seriously injured, but was strapped inside the stroller and did not fall

Padilla is also charged with failure to stop at a red light and failure to yield to a pedestrian in a crosswalk, both of which are misdemeanors. If she is convicted, she could face up to a year in jail.

A trial date will be set on April 26 in San Diego Superior Court.

- Neal Putnam

Stories We Love To Tell

at **Le Chauvinist** - Consignment store for men



On the wall there is a selection of genuine Panama hats, handmade in Ecuador; hanging on racks there are shirts, sport jackets and vests in patterns you haven't seen and fabrics you know your body will thank you for wearing them; and against the back wall stand Salvador J. Viesca and his son, Salvador.

Since 2001, with an eye for taste, Salvador has provided people from all over the world with his collection of consigner designer goods brands like Brioni, Canali, Kiton Zegna and items like cufflinks, pocket squares, silk ties, cowboy boots and that shirt you had long ago that you always wished you could find again. His loyal customers, who travel from near and far, punctuate what he does best about business: provide unique clothing with a history, measured not so much by its wear, but by the future that you and your unique piece of clothing will create. It is a story passed on to future generations, and Salvador's son grows his father's legacy by providing a fun setting to embrace a mix of different people and different styles. Any clothes they are unable to sell are

donated to a downtown thrift store, "City Digz" (St. Vincent DePaul)

"If they come in here and aren't looking for anything in particular, I guarantee they'll find something," said Salvador. Their lovely associate, Inna, chimed in, "It's treasure

One day, one of Salvador's consigners stopped in to talk and flipped through the newest collection of clothing featured in the store. He grabbed a pair of pants and said, "Wow, these are really something special." He tried them on and asked Salvador about them. Salvador took a look at the tag and realized the pants were the same ones the customer/consigner had consigned earlier to him. "You're trying to buy the same pants you consigned to me!" This same thing happened with this same person three previous times with clothing he didn't realize was his own.

"80 percent of men wear 20 percent of their clothes 80 percent of the time," said Salvador. Come meet these guys who love clothes, love people and love finding something special for you. Keep updated with the newest items in the store to add to your wardrobe by going to their website: www.LeChauvinist.com or visit them at 7709 Fav Ave.

HEALTHBRIEFS>>

NuAge Facelift procedure gets rave reviews

The NuAge Facelift procedure is a minimal-incision approach for facial rejuvenation of the lower face and neck. Compared to the traditional facelift, the NuAge Facelift is less invasive and has a quicker recov-

At our facility the Grossmont Oral & Facial Surgical Center, we take pride in the vast scope of services we offer our patients. With three main focuses of practice - oral surgery, maxillofacial surgery and facial cosmetic surgery — we are able to customize a treatment plan for each of our patients.

For more information about a free consultation, contact the office of Grossmont Oral & Facial Surgical Center, Call (619) 463-4486 or go to our website to learn more about this revolutionay procedure at vchoms.com

Spring Special At Harlow Hairsalon

In celebration of the Spring season we are offering an up-do/style and make up application for the affordable price of \$50!

Introducing Courtnay, the newest member of our

team to the exquisite community of La Jolla. Courtnay specializes in make up/hair styling and is eager to meet you! Take advantage of this beauty bargain for all of your upcoming spring events! Come visit us in the charming village of downtown La

Jolla, stop by or give us a call to schedule an appointment. Harlow Harisalon is located at 1122 Silverado St. in La Jolla. (858) 459-0642.

Are your elderly parents resistant to suggestions?

Has this happened to you before? You are pretty sure that your Mom and Dad aren't eating right, aren't getting out for shopping or doctor's appointments and just seem to be having more problems than usual. You want to help but they always say, "I'll think about it" or "maybe later."

Sometimes approaching them in a different manner makes all the difference. Success may happen when you suggest change by taking into account their value system or needs.

1) They worry about the cost. Pay for the caregiver as a gift to them. Ask all the siblings to chip in a little

2) Negotiate with them and avoid putting them down or being sarcastic.

3) Ask them why they don't want help and answer their fears with factual answers.

4) Tell them how worried you are. Say you'll be helping my peace of mind not "You should."

5) If they need a caregiver in the home, start small, address their concerns about losing control and let them choose the days and hours to come.

Hiring a geriatric care manager to assess your parent's will help recognize whether their resistance is coming from a cognitive deficit, she can talk things

over with their doctor. You love and respect your parents and trying to help them keep a good quality of life can be frustrating with guidance and support. Call the RN Geriatric Care Managers at (877) 731-1442 or view us online at www.innovativehc.com

Women With Hair Loss Can Have Thick and Healthy Hair

Volume is the most requested service of all clients. Thick, healthy hair is never out of style! Even with all the excellent professional volumizing products available, nothing compares with the real thing: thick, healthy human hair!

The unique patented process used at Judy's salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair

Most women who want this service suffer from thin, weak and damaged natural hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook!

Hair Extensions FAQ How Do You Match Extensions?

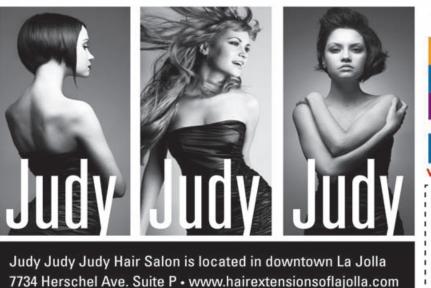
If you are blending colors choose extensions that are the same level of color as the clients own hair . If you are changing the level of the client's hair choose a shade that works well with the skin tone. A coloring process can be done to the natural hair 48 hours prior to application and extensions can be matched to that. **How Do You Customize Extensions for a Client**

With Thinning Hair? Use an extension with a smaller attachment bond and a single strand application process so the hair is not damaged and can hold the weight of the extension. This will give natural looking volume and length to thinning hair.

How Do You Match Hair Extensions for Clients With Curly Hair?

If a client with curly hair wants to wear their hair straight then nothing needs to be done to the exten-













Grossmont Oral & Facial Plastic Surgery Center

Suite #129, Building #1 La Mesa, CA 91942

www.vchoms.com www.NuageFaceLift.com 619-463-4486

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HEALTHBRIEFS cont'd

sions. If the hair is worn curly most of the time the extensions can be permed prior to attacment to the natural hair.

What type of hair extensions do you use?

Judy uses Great Lengths all-natural hair extensions and prefers these extensions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein the same molecular structure as your hair. This application process does not harm your own hair. While others use techniques such as welding, waxing, gluing or knotting, which strain your hair to a high degree Judy uses a much more gentle principle called modulating. An extremely high-tech method of bonding the hair strand to your own hair. Extensions can be used for volumising, lengthening, colouring or simply adding texture; Judy will offer a free consultation guiding you through your new style. Whether creating a new look, following fashion or with a special occasion on the horizon. Judy's hair extensions have over 55 colours to choose from and blend with your own hair for perfect colour matches. Most importantly your own hair will not be damaged and the extensions can be easily removed by an expert.

Can hair extensions damage my hair?

No, they will not. Actually, even very fine and damaged hair can become healthier if you're wearing hair extensions because they will protect your hair from things that could damage it like curling irons, blow dryers, styling heat and environmental damage. Because of the unique application bonding system, the extensions can be easily removed. This is different than many hair extension methods that bond too tightly to your hair. Those old methods can lead to hair breakage when being removed. Judy's La Jolla hair extensions are joined to your natural hair by using a safe, all-natural, keratin protein bond application system. We can match your existing color too!

Are hair extensions uncomfortable?

Judy's La Jolla Hair Extensions are applied to your hair with a very small bond of natural keritin protein. Most people don't even notice a difference between the hair extensions and their own natural hair.

How do I maintain my extensions at home and between visits to the salon?

Judy is fully trained on how to educate her clients to professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hairstyling is very similar to how you style your hair without extensions. Contact Judy in La Jolla today for answers to any more of your hair extensions questions. http://hairextensionsoflajolla.com/

Call today and receive \$200 off on your first full head of hair replacements! 858-456-2344. Judy Judy Judy, 7734 Herschel Suite #P La Jolla.

Always Professional Senior Care Present New Programs

What is Real News in Senior Care? Every company offering In-Home Senior Care works hard to assure the best possible care for their clients. Established companies offer in-house training centered on the latest Evidence Based research and they bond their employees and provide liability insurance, and workers compensation. Those issues are standards at Always Professional Senior Care, but their exciting new Senior Enrichment Program adds in keeping seniors connected to familiar interests, and prompts curiosity in new creative pursuits.

The new program offers:

- * At home Computer instruction to teach email, eetter, video phone, Skype and more
- * A Musician visits who will play favorite tunes or help in relearning music put aside
- * Nutrition enrichment that includes assistance from an expert in meal preparation
- * Holistic touch to include Message, Hand and Foot Reflexology, Reiki Energy work
- * Art Creativity provides time spent with a local artist who will share input and perspective
- * An accompanied Out for Lunch, a Movie or a Concert day

These projects are just a start. Always Professional Senior Care will develop other interests or projects suggested by Seniors. Call our La Jolla staff at 858-454-9400 with your ideas.

Doing Better

By Natasha Josefowitz, Ph.D.

r. Elizabeth Kubler Ross wrote of the five stages of grief — denial, anger, bargaining, depression, and accep-

She attributed these to people dealing with their own imminent deaths. The popular media seized on these stages and attributed them to people grieving the death of a loved one. This is not what she had intended.

Eventually, the stages were debunked as not necessarily uniformly, nor sequentially, felt by most people. After my husband's son died, we went to one of her workshops when she lived in Escondido.

Dealing with the states of grief

It was helpful in as much as we were surrounded by others who were equally grieving the loss of a loved one. These were children having lost a parent, parents having lost a child, spouses mourning the loss of a mate and even someone bereft after the loss of a dog who had been a constant companion. Neither my husband nor I went through these so-called stages, although some people felt helped by being able to put a name to their feelings.

Three years ago, I lost my husband and again went from unbearable pain to eventual peace without the interim stages, and now another death propels me to rethink whether there are, indeed, stages to go through. I just lost my son after a long illness and in trying to understand the processes I am going through, I came up with the following. This may or may not help others, I did no research to find out

whether these are also familiar to other mourners.

Since these are not necessarily sequential, I call them "emotional states," rather that "stages."

The first I call the "zombie" state. It was days of numbness, of feeling nothing, of living in some kind of fog, going through the motions like an automaton. Nothing seemed real. From there, I went on to "freefloating anxiety," a kind of pervasive feeling that something awful was about to happen (when in fact it had already happened), an anxiousness not related to anything in particular, just this unpleasant feeling in the pit of my stomach.

Next was "the meltdown," when tears were hovering just below the eyelids, ready to spill at any trigger or at nothing in particular. Crying made me feel drained. It did not help. Where I am now is "get out of your own head by doing something for someone else." I had to give a speech I had committed to some months ago, and even though I considered canceling, I went. It was not

SEE GRIEF >> PG. 20

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La Jolla Wellness Studio A different kind of fitness Center

What makes the La Jolla Wellness Studio stand apart from other fitness centers, is the technological approach it employs, utilizing vibration technology and focusing on the equal importance of preparation and recovery time. First time visitors have their body scanned to produce a 15-point comprehensive analysis that



personalizes the exact areas and measurements to focus on. Then comes the workout, if you can even call it that. Unlike a sweaty and exhausting trip to the gym, here you can come in as you are at any point of the day. The process consists of three intervals; you begin by standing on a vibrating platform that prepares your muscles for action, then four minutes on the range of motion device, and followed by six minutes laying on a horizontal vibrating platform that facilitates muscle recovery and prevents aches and pains. Come give us a try. 7660 Fay Ave. La Jolla. 858-444-0340.

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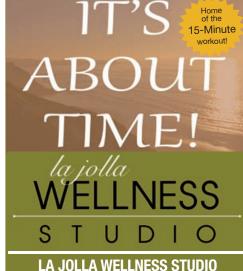
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LAJOLLATODAY

FRIDAY, APRIL 26, 2013



Models wear clothing by designers to be featured in this year's Fashion Week San Diego. DIANA CAVAGNARO

Designers gear up for fashion week and fashion goes new age

Lineup announced for FWSD – La Jolla's Roppongi Restaurant & Sushi Bar hosted an April 15 event to announce the designer lineup for this year's Fashion Week San Diego, a five-day event that helps emerging designers launch their careers. Taking place from Sept. 30 to Oct. 6 at the Broadway Pier, the event will showcase the art and beauty behind fashion on day one, followed by three nights of runway shows. The trunk show — a huge success last year — will be brought back again on the last day, when guests will have the opportunity to meet the designers and buy their designs. For information or tickets visit: www.fashionweeksd.com.

FWSD designers:

- A'Doreus
- Dos Caras
 Swimwear
- nOia by Evelyne
- SYC Collection
- Ashley Raymond
- C Venti
- CG by Cynthia • Danh Ta
- Diestra
- Greenpatcha
- Isabel Vianey
- Johnathan Joesef Garment
- Company
- Collections of
- Kathryn Elizabeth
- Keisha Audrey
- Laced with B'Love, Charles'
- Mahogony Blues
- Maegan Stracy
- of Makeshift

Apparel

- Maralonzo
 DUCDE ATION
- RHCREATION
 Second Star
- Designs
- VICTROLA
- VICTROLA
 Wishnow
- WM Couture Designs

Cyber Couture – The 22nd annual Vista Hill Fashion Show, presented by the Vista Hill Foundation and Virginia Napierskie, took place on April 18. Held at the Marriott Marquis & Marina, the event featured Carol LeBeau,

former news anchor of KGTV Channel 10, as mistress of ceremonies. LeBeau talked about her personal experience with mental health and her incredible story offers hope for others in similar situations.

The fashion show, coordinated by Gretchen Bergman of Gretchen Productions, was themed "Cyber Couture" and featured new-age hair and makeup by Bellus Academy. The runway offered futuristic styles, black-light sets, cellophane designs and plenty of sequins and rhinestones.

Proceeds from the event benefit Vista Hill Foundation, providing help for mental health and social services. For more information, visit www.vistahill.org.



Upcoming events -

- May 2 Leap into Fashion, W Hotel, 7-10 p.m., two fashion shows by Fashion Forward, boutique shopping, www.leapintofashionsd.org
- May 10 Golden Scissors fashion show, Sheraton Hotel & Marina, 5:30 p.m. reception and silent auction, 7:30 p.m. fashion show and awards, (619) 388-2205
- May 16 Hats Off to San Diego: "Light Up the World Through Giving," Del Mar Country Club, 10:30 a.m. reception and silent auction, 12:30 p.m. Betty Mabee hat parade, (858) 750-2104
- May 21 Neiman Marcus/Globe Guilders Celebrating Couture Fashion Show, luncheon and fashion show featuring designer Naeem Khan, Hilton San Diego Bayfront, proceeds benefit The Old Globe Theatre, globeguilders.ejoinme.org/?tabid=438790
- May 24 Lizz Russell Cocktails & Couture Collection, The Westgate Hotel Versailles Ballroom, 6:30 p.m., proceeds benefit The GBS/CIDP International Foundation, westgatehotel.tix.com
- May 30 Fifth annual "IT" Fashion Show, designs from students at The Art Institute of California, San Diego, USS Midway, 6:30-9 p.m., theitfashionshow.com

ArtWalk to hit the streets by MARIKO LAMB

More than 350 artists, six entertainment venues and hundreds of art-loving guests will gather on the streets of Little Italy April 27-28 for the Mission Federal ArtWalk, San Diego's largest outdoor fine-art festival featuring artwork, dance and musical performances and an interactive KidsWalk area with art activities for all ages.

Several local artists will display their talents at the event:

ART AND DESIGN ONE-STOP-**SHOP** - La Jolla resident and interior designer Stephanie Malcolm will team up with ArtWalk to create an interactive experience helping art buyers with their purchase decisions. Malcolm, of Room by Room Inc., is creating a virtual home at the event complete with furnishings, lighting fixtures, textiles and more where guests can bring artwork to see if the piece might suit their home. PAINTINGS FOR A LAUGH - For more than 25 years, La Jolla resident David Wiemers has written and produced some of Hollywood's top comedies, including "Coach," "Major Dad," and "Jim Henson's Muppet Babies." Now retired from the industry, Wiemers brings his comedic vision to viewers through his vibrant and eccentric pop culture oil paintings.

NATURE-INSPIRED ART - Lifelong artist Irene Wetsman will display her talents ranging from pen-and-ink drawings to sterling-silver jewelry studded with high-quality, semi-precious and precious stones. All of Wetsman's handmade creations emphasize natural elements or designs related to wildlife, nature and traditional culture.

JEWELS WITH A LA JOLLA TOUCH - Jeweler Laurel Nation's tent will feature semi-precious stones of all kinds, pieced together with embellished accessories. Nation incorporates freshwater pearls, glass, Swarovski crystals and the like to create classic, elegant jewelry.

For more information about ArtWalk, visit www.artwalksandiego.org.

Art a la Carte brings ArtWalk to La Jolla

In conjunction with San Diego's biggest art event of the year, The Aventine, 3777 La Jolla Village Drive, will help bring the festival closer to La Jollans and UC residents throughout the summer with "Art a la Carte," a monthly pop-up food and art series produced in partnership with ArtWalk San Diego. On the first Sunday of each month through September, artists and food lovers will come together to dine on delicious fare along "restaurant row" and stroll amid the work of many of the area's most noteworthy artists, performers and musicians at the street festival-inspired event.

"We're excited to add this element of entertainment to The Aventine," said Travis Gorzeman, manager of The Aventine. "And we are proud to partner with ArtWalk to present this creative Sunday evening experience."

The next Art a la Carte will take place on May 5 from 5 to 8 p.m. For more information, visit www.aventine.com.

EVENTS >>

WRITE OUT LOUD AND HYDRANGEA COVE are teaming up to offer San Diegans a unique Mother's Day shopping experience on Thursday, May 2. From 6 to 7:30 p.m., the gift boutique, which features beach cottage and garden décor, will serve as a backdrop for dramatic readings of literary tributes to mothers, penned by authors such as Ray Bradbury, Anne Morrow Lindbergh and Christina Rossetti. In addition to great literature read by professional

actors, guests are invited to peruse
Hydrangea Cove's inspired coastal
décor, vintage pieces, books,
cards and jewelry in search of
a perfect gift for mom.
Hydrangea Cove, located at 929
Turquoise St., will donate 30 percent of shopping proceeds from the celebration to Write Out Loud.

SELF DEFENSE FOR SENIORS is the subject of a special class being offered by the La Jolla Community

Center, starting on May 8.

For four weeks, the class will be taught by Terry Sanchez, owner of Twin Dragons school of Martial Arts, serving the La Jolla community since 1969. Classes are every Wednesday from 3 to 4 p.m. No particular level of fitness is required, as focus will be on street awareness and learning techniques for self defense especially designed for seniors. Cost of the four-week course is \$60 for members and \$75 for non-members.

For reservations and more information, call the La Jolla Community Center at (858) 459-0831. For more specific information about the course, contact Twin Dragons at (858) 454-5413, or Mark Anderson, who will be assisting, at (858) 459-1065.

The La Jolla Community Center is located at 6811 La Jolla Blvd.

THE LA JOLLA SYMPHONY & CHORUS presents its fifth concert of the season on the weekend of May 4-5 with a program themed "Old Worlds/New World," featuring three works that present vivid images of Asia, Europe and America. Music director Steven Schick leads the orchestra in Chou Wen-chung's "Landscapes," Richard Strauss' "Horn Concerto No. 2" and Edgard Varèse's "Amériques" – a work that influenced Frank Zappa and a generation of rock artists. The performances take place in the Mandeville Auditorium at UCSD at 7:30 p.m. on Saturday and 2 p.m. on Sunday. Tickets range from \$15 to \$29, with group discounts available. A preconcert lecture is offered one hour prior to concert times. Call (858) 534-4637 or visit www.lajollasymphony.com for tickets or more information.



ARTSBRIEFS >>

'ACCOMPLICE' EXTENDED YET

AGAIN - Due to popular demand,

La Jolla Plavhouse announced

another extension for its acc-

laimed, sold-out Without Walls

(WoW) production of "Accomplice:

San Diego." The extension dates

are May 2 through June 2, with

performances starting every 30

minutes on Thursdays and Fridays

from 4:30 to 7 p.m. and on Satur-

days and Sundays from noon to 4

p.m. Tickets are \$49 and are avail-

able by calling (858) 550-1010 or

THEATER DISTRICT GETS AN **UPGRADE** - Award-winning Spurlock Poirier Landscape Architects has been tapped to handle a

\$1.5 million redevelopment of the

UC San Diego Theatre District,

which houses the La Jolla Play-

house and the UC San Diego The-

atre and Dance Department. The

project is slated for completion in

August and includes significant

upgrades and enhancements to

about 1.8 acres on the UCSD cam-

pus, adjacent to the Mandell Weiss

Forum, Mandell Weiss Theatre.

Sheila and Hughes Potiker The-

atre, and Molli and Arthur Wagner

Dance Facility.

by visiting lajollaplayhouse.org.

Arts

Murals grace La Jolla's walls



national artists are going up around La Jolla. British artist Julian Opie's "Walking in the City 1 and 2" was installed on La Jolla Boulevard on April 20, while "Expecting to Fly (For the Zeros), by Brooklyn-based Fred Tomaselli went up on Girard Avenue on April 22. They join eight other murals already installed throughout La Jolla as part of the Murals

THREE NEW MURALS by inter-

Photos by DON BALCH





rirst Friday is coming up! Residents are invited to stroll the streets and browse the galleries for the upcoming First Friday Art Walk on May 3 from 6 to 9 p.m. Every first Friday of the month offers art, bites and wine at the Village's many art galleries, which stay open later for the monthly event.

Felix Mas comes to La Jolla - Martin Lawrence Gallery will feature an exclusive first look at new work by Spanish artist Felix Mas on Saturday, May 4 from 6 to 9 p.m. Mas, who con-

siders himself a traditionalist, focuses his work on form, color and the beauty of the female form. Born in Barcelona, he trained at both the Artes y Oficios and the Escuela Superior de San Jorge, then furthered his education with extensive travels throughout Europe and

the United States. eventually returning to his native Barcelona to work. Martin Lawrence Gallery is located at 1111 Prospect St. To RSVP to the event with Mas or for more information, call (858) 551-1122.





Nature becomes art - The

fourth annual Art in the Pines will be held May 4 from 10 a.m. to 5 p.m. and May 5 from 10 a.m. to 4 p.m. at Torrey Artist Jeffrey Fields paints at the Pines State Natural Reserve just south Photo by Kathy Chin of Torrey Pines Lodge. The free, twoday event features a judged plein-air

contest; artists' booths; food; live music: children's activities: a raffle and silent auction; guided nature walks: tours of the historic lodge; and expert demonstrations in painting and basket weaving. Guests are encouraged to hike the reserve in the days leading up to the festival to observe artists at work. For more information, call (858) 755-2063, email AITP@torreypine.org or visit artinthepines.org.



Over 90 artists will offer artwork for sale. Photo by Herb Knufken

Colombian culture on canvas - Contemporary Fine Arts will present a one-man show, "Los Andes: Festival Of Las Flores," with artist Orlando Agudelo-Botero on May 11 from 6 to 9 p.m. Agudelo-Botero's latest work features his Colombian heritage and the culture and traditions of his homeland. Contemporary Fine Arts is located at 7946 Ivanhoe Ave. Call (858) 551-2010 or visit www.contemporaryfineartsgallery.com for more infor-

Light-inspired art - The La Jolla Art Association will feature the talent of plein-air artists in the San Diego area with it next show, "Capture the Light," from May 7 to June 2. The juried show includes a \$200 prize. A gala opening will be held Saturday, May 18 from 5 to



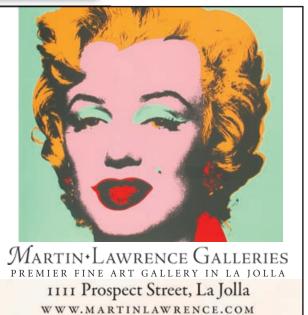




ART FOR THE SEALS - Mangelsen Images of Nature Gallery hosted an event to help fund the seal cam at Children's Pool on April 25. Former county Supervisor Pam Slater-Price presented an award to Mayor Bob Filner for his support of the seals, while county Supervisor Dave Roberts and chairman of the Western Alliance for Nature Lawrence Wan were in attendance. Wan, a wildlife photographer, presented a slide show on marine



Death-defying theater – San Diego audiences will have a chance to experience the theatricality and movement of LA-based Diavolo Dance Theater on May 18 and May 19. Presented by the San Diego Center for Jewish Culture, Diavolo will showcase its acrobatic, dramatic movement performed by dancers, gymnasts, actors and athletes at the Lawrence Family JCC, Jacobs Family Campus, 4126 Executive Drive. Tickets, running from \$28-\$75, can be purchased by calling (858) 362 1348 or at www.sdcjc.org.

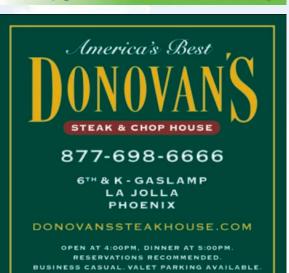




series of 14 new original paintings and one 5 foot bronze sculpture. He focuses on the flower growers of Medellin in the Andes Mountains of his native Colombia, and through his paintings he honors their integrity, dignity, culture and traditions. As always, ultimately his work highlights and illuminates the beauty of the human spirit. Please join us for this very special evening. 7946 Ivanhoe Ave. La Jolla • 858-551-2010

COASTAL DINING IN & AROUND LA JOLLA





Froglanders

Froglander's has been satisfying yogurt lovers' cravings for over 26 years. In addition to the best yogurt in town, they also serve acai bowls, banana splits and yogurt pie. You'll find eight flavors everyday. Plus they offer over 50 different yogurt toppings including fresh fruit. La Jolla students receive a 20% DISCOUNT. Open late. Friday - Saturday 11 AM - 10:30 PM and Sunday--Thursday 11AM-9:30 PM.

Donovan's Steak House

They may look good enough to eat, but the paintings and sculptures at Donovan's of La Jolla are strictly off limits – so you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan's, fresh seasonal vegetables and your choice of potato are always includ-

The Broken Yolk Café

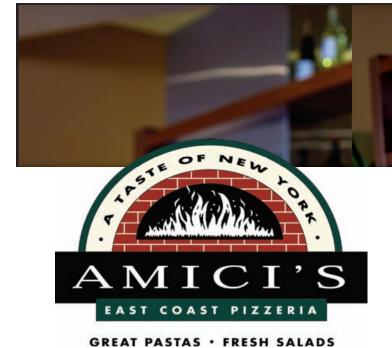
The Broken Yolk Café offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are over 20 different omelets to choose from as well as a wide variety of other breakfast favorites which include pancakes, waffles and French toast. Feel more like lunch? Try one of our juicy ½ pound burgers or one of our large sandwiches.

Bistro Pazzo

The whole idea of a bistro, says Seto Marselian, owner of Bistro Pazzo, is to offer a neighborhood place where everyone knows you - where great friends and great food meet. Bistro Pazzo is going on its 5th year, located just slightly off the beaten path, just off Prospect Street at 7930 Ivanhoe Ave - and the "hidden gem" nature of the eatery makes it just that much more of a neighborhood treasure. Within walking distance to shopping, hotels, the financial district, and the famous beaches of La Jolla. Open for Lunch and Dinner, Bistro Pazzo is definitely the "hidden gem" of La Jolla. Come enjoy this small neighborhood Italian bistro seven days a week. Moderate prices, great food, good portions, and a vast wine list with crazy service. You can be crazy too, no one will mind, Really! 858-456-4005 www.bistropazzo.com







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Live music calendar >>

Friday, April 26

- Malamana, standards, 5 p.m., La Valencia
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- Jeff Bristol, originals and classics, 6 p.m., Finch's
- Lisa Campbell, covers, 6 p.m., Prospect Bar & Grill
- AJ DeGrasse Trio, piano jazz, 7 p.m., Eddie V's
- Debora Galan, 7 p.m., The Marine Room
- Susanna Phillips, Schubert to Tosti, 7:30 p.m., TSRI
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- FUNdamental Fridays, DJ night, 8 p.m., Barfly • AfroJazziacs, 9 p.m., Café-Bar Europa

Saturday, April 27

- Ryan Hiller, covers, noon, Prospect Bar & Grill
- Jimmy Lewis, covers, 3:15 p.m., Prospect Bar & Grill
- Pat Dowling, 5 p.m., La Valencia
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- · Gregory Michael, jazz and pop, 6 p.m., Finch's
- Aquile, covers, 6:30 p.m., Prospect Bar
- Freddie A Dream Trio, piano jazz, 7 p.m., Eddie V's
- Breather, indie rock, 7 p.m., Che Café, UCSD
- Mercedes Moore, blues, jazz, 7 p.m., The Marine Room
- Susanna Phillips, Gounod to Mascheroni, 7:30 p.m., TSRI
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Dustin Donahue, 8 p.m., CPMC Hall, UCSD
- Superstar Saturdays, 8 p.m., Barfly
- DJ night, 9 p.m., Prospect Bar & Grill
- Peligroso Caramelo, 9 p.m., Café-Bar Europa

Sunday, April 28

- Brent Curtis & Mike Myrdal, noon, Prospect Bar & Grill
- Sounds Like Four, jazz, 4 p.m., Café-Bar Europa
- Jimmy Lewis, 4 p.m., Prospect Bar & Grill
- John Cain, piano jazz, 5 p.m., Eddie V's
- Chris Cerna, jazz and pop, 5 p.m., La Valencia
- Middle Earth, belly dance, 8 p.m., Café-Bar Europa
- Andre Nickatina, hip-hop, 8 p.m., Porter's Pub

Monday, April 29

- John Cain, piano jazz, 5 p.m., Eddie V's
- Chris Cerna, jazz and pop, 5 p.m., La Valencia
- Pan Am, jazz, 6 p.m., Café-Bar Europa

Tuesday, April 30

- Mikan Zlalkovich Trio, piano jazz, 5 p.m., Eddie V's
- Chris Cerna, jazz and pop, 5 p.m., La Valencia
- AfroJazziacs, 7:30 p.m., Café-Bar Europa
- Jacqui Silver, Brahms to Broadway, 7:30 p.m., Athenaeum

Wednesday, May 1

- Aquile, 6 p.m., Prospect Bar & Grill
- Tomcat Courtney, 6:30 p.m., Café-Bar Europa
- Latin Jazz Crew, jazz and standards, 7:30 p.m., Café-Bar Europa

By BART MENDOZA

Thursday, May 2

- Rob Bondurant, 6 p.m., Prospect Bar & Grill
- Tad Sisler, 7 p.m., Manhattan of La Jolla
- Red Pony Clock, 7 p.m., Athenaeum • Pan Am, 6 p.m., Café-Bar Europa
- Lotus, DJ night, 8 p.m., Barfly

Friday, May 3

- Lisa Campbell, 6 p.m., Prospect Bar & Grill
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Fly Fridays, DJ night, 8 p.m., Barfly
- AfroJazziacs, 9 p.m., Café-Bar Europa

Saturday, May 4

- Ryan Hiller, noon, Prospect Bar & Grill
- Jimmy Lewis, 3:15 p.m., Prospect Bar & Grill
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- Aquile, 6:30 p.m., Prospect Bar & Grill
- La Jolla Symphony & Chorus, Varese to Strauss, 7:30 p.m., Mandeville Auditorium, UCSD
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Superstar Saturdays, DJ night, 8 p.m., Barfly
- Pan Am, Latin jazz, 9 p.m., Café-Bar Europa

Sunday, May 5

- Brent Curtis and Mike Myrdal, noon, Prospect Bar &
- La Jolla Symphony & Chorus, Varese to Strauss, 2 p.m., Mandeville Auditorium, UCSD
- Sounds Like Four, jazz, 4 p.m., Café-Bar Europa
- Jimmy Lewis, covers, 4 p.m., Prospect Bar & Grill
- Um Cantinho do Samba, 7 p.m., Café-Bar Europa • Tough Stuff, indie rock, 7 p.m., Che Café, UCSD

Monday, May 6

- Jaeryoung Lee, jazz piano covers of Steve Wonder and Elvis, noon, Athenaeum
- First Monday Concert, noon, CPMC Concert Hall, UCSD
- Pan Am, jazz, 6 p.m., Café-Bar Europa
- Victoria Martino, baroque, 7:30 p.m., Athenaeum • Burnt, ska, punk, hip-hop, 8 p.m., Porter's Pub

Tuesday, May 7

- AfroJazziacs, 7:30 p.m., Café-Bar Europa
- Olga Kern, Schumann, 7:30 p.m., TSRI

Wednesday, May 8

- Patrick Dowling, covers, 4 p.m., Café-Bar Europa
- Aquile, covers, 6 p.m., Prospect Bar & Grill
- Tomcat Courtney, 6:30 p.m., Café-Bar Europa
- Jason Moran and the Bandwagon, 8 p.m., TSRI

Thursday, May 9

- Rob Bondurant, 6 p.m., Prospect Bar & Grill
- Tad Sisler, 7 p.m., Manhattan of La Jolla
- Pan Am, Latin jazz, 6 p.m., Café-Bar Europa
- Julie Ann Smith and Sarah Skuster, 7:30 p.m., Athenaeum • Red fish blue fish, percussion ensemble, 8 p.m., CPMC Concert Hall, UCSD
- Lotus, DJ night, 8 p.m., Barfly
- Dizzy Wright, hip-hop, 8 p.m., Porter's Pub, UCSD

DININGBRIEF >>

FOR A SEAMLESS FUSION OF FASHION AND FOOD, Finch's

Bistro and Wine Bar will host its inaugural "Spring Fling" event on



April 28, featuring a fresh new collection of menu offerings, as well as the season's hottest trends from local women's retailers. From noon to 2 p.m., guests are invited to lunch on a light, flavor-forward cuisine by executive chef Mario Medina, who will feature platefuls of the season's finest produce like avocados, beets, chard and cauliflower accompanied by boutique wine selections to pair perfectly with the season. Following the two-course luncheon, which includes coffee, tea and optional wine offerings, a beyv of models will strut their stuff down the runway, showcasing the latest spring wear from La Jolla boutiques Mimi &

Red and Pink Lagoon. Guests are encouraged to bring donations of lightly used teenage girls' and women's clothing to the event to benefit the local mother-daughter nonprofit that collects bou-

tique-style clothing for disadvantaged girls, My Girlfriend's Closet, to which a portion of the proceeds from tickets to the event will also be donated. The luncheon and fashion show is \$35. 7644 Girard Ave. www.finchslajolla.com (858) 456-5056





MUSTHEAR >>

SAVVY LOCAL MUSIC FANS know the La Jolla Athenaeum's free, noon mini-concerts series is a great way to catch a varied range of the area's top performers. The acclaimed venue is perhaps best known for classical and jazz, but on May 6 it will add a touch of soul and rock 'n' roll with an appearance by Jaeryoung Lee. Lee will perform piano versions of Stevie Wonder and Elvis Presley classics. Whether you're a fan of either artist or just enjoy terrific piano playing, this performance promises to be a lot of

JAERYOUNG LEE: May 6 at THE ATHENAEUM MUSIC & ARTS LIBRARY, 1008 Wall St., noon, all ages, free, www.ljathenaeum.org



- Bart Mendoza



Library advocates celebrate 40th anniversary of University City site

When Mayor Jerry Sanders was looking for a way to save money during the recent recession, he suggested closing several small libraries across San Diego. University City's library was on both his closure list and the City Council's future expansion list. Just don't mess with the readers in U.C. because a huge backlash of rage washed over Sanders' office high in the city administration building away from the little people in the neighborhood.

U.C's community came together. Both Regents Road Bridge advocates and opponents joined others marching up and down in front of the Governor Drive library. Drivers gave a thumbs-up and honked their horns in support. District 1 City Councilwoman Sherri Lightner joined the march. People trudged downtown to attend City Council meetings to speak out against the proposed closure. Locals carried signs in protest, and City Hall got the message "loud and clear." No closure would occur, but hours were slashed.

Turn the calendar a few years later.

On April 20, a new mayor with a new agenda joined Lightner to deliver a proclamation from the city honoring the 40th anniversary of the University Community Library. Mayor Bob Filner cut the first piece of cake and schmoozed with the members of the crowd, who applauded the event. He pointed out the new com-



HEART OF THE COMMUNITY Head librarian Sharon Thomerson. SANDY LIPPE

puters that were installed, with more to come.

Everyone knows that a head librarian makes a big difference. Sharon Thomerson runs this library and has turned it into a successful community center with people waiting in line to get inside almost every day. She has developed a series of lectures and musicals in the community room that draw a large crowd. This vibrant lady has activities for all ages. Hopefully, City Hall will continue to add more hours and revis-

it expansion for the families who love to take their children to the library.

What is a community without a library? How could anyone close a library? A closed library would attract new homeowners, that's for sure. Helen Liebowitz, president of Friends of the Library in U.C., was mistress of ceremonies for the event. The Friends of the Library have raised funds for new furniture and new computers. Helen introduced Lightner, who spoke about the history of this library that was born in a storefront in the Marketplace Shopping Centere at the other end of Governor Drive. This tiny library served the community from 1973 to 1978 until the new library was built. This writer remembers reading to toddlers in the tiny storefront next to the then-popular University City pharmacy. The opening of a real library was a joyful event in 1978.

UC residents have a library expansion on their wish list, if the city can nudge Carl's Jr. off the corner next to the library. Food for the mind has no junk food calories, and a larger library would provide more of the good stuff for future families. In the meantime, it was all smiles as library advocates of all ages enjoyed this special 40th anniversary celebration.

— Sandy Lippe is a 40-year resident of University City and the former president of the UC Community Association.

UCBRIEFS >>

GET A PEEK - San Francisco-based
Peek...Aren't You Curious announced plans to
open a store at Westfield UTC on Friday, April
26 on the Sears' Wing, two doors down from
Apple and next to Gap. A grand-opening
event will take place April 26 and April 27.
Peek...Aren't You Curious is a premium children's apparel brand that makes contemporary clothes. For more information, visit

peekkids.com.

CLEANTECH GETS A SAY IN CHINESE ECONOMIC DEVELOPMENT - In an attempt to attract billions of dollars of investment to California, Governor Jerry Brown led a delegation to China organized by the Bay Area Council. The delegation included about 90 business, economic development, investment and policy leaders from throughout California, including the president and COO of University City-based CleanTECH San Diego, Holly Smithson. The delegation met with Chinese government and business leaders to highlight bilateral trade and investment opportunities between the two regions and open a new trade and investment office. Find out more at www.facebook.com/cleanTECH-

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UC/LJEVENTS >>

GOOD FOOD FOR A GOOD
CAUSE - Tickets are now on sale
for the 22nd annual Mama's Day
fundraiser on Friday, May 10 at the
Hyatt Regency La Jolla at Aventine. Guests will enjoy culinary
delights from San Diego's top chefs
at the poolside affair to benefit
Mama's Kitchen, a local nonprofit
organization that cooks and delivers hot, nutrition-specific meals
free of charge to men, women and
children affected by AIDS or cancer throughout San Diego County.

Sam "the Cooking Guy" Zien returns as the event's culinary host, with AJ Machado from "AJ in the Mornings" on Energy 103.7 as emcee. The event takes place from 5:30 to 9:30 p.m. and tickets are \$125 per person, \$150 at the door. Purchase tickets at www.mamaskitchen.org or call (619) 233-6262.

CAREER FAIR DRAWS EMPLOY-ERS TO LA JOLLA - HireLive will present a professional career fair event on Tuesday, April 30 from 9 a.m. to 12:30 p.m. at the Embassy Suites at 4550 La Jolla Village Drive. Companies registered for the event include Fortune 500 companies, as well as newer businesses looking to expand. Job seekers are encouraged to come dressed professionally, prepared with resumes and ready to interview with hiring managers on site. For more information about the free event, call (949) 599-1870 or visit www.HireLive.com.

AND HEALTHY - On Saturday, April 27, the La Jolla YMCA is celebrating YMCA's Healthy Kids Day® with a free community event that encourages kids and their families to get moving and learning for a healthier lifestyle. The national initiative to improve families' health and well-being takes place at 1,900 Ys and kickstarts healthier behaviors now and throughout the summer, a critical out-of-school time for children's health.

The La Jolla YMCA Healthy Kids Day takes place at 8355 Cliffridge Ave. from 10 a.m. to 1 p.m. and features educational activities like family yoga, jump house, edible art, sports games, gymnastic activities and more.

For more information, contact Sue Cubillas at (858) 453-3483, ext. 117 or visit www.lajolla.ym-

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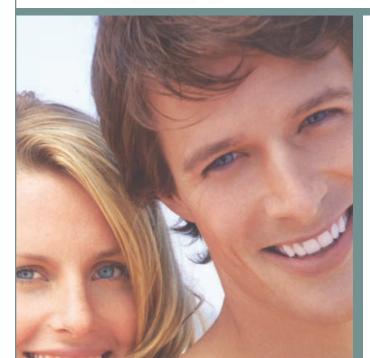
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Real Estate TODAY

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Economic report card: what the future holds



Charles Schevker & Natasha Alexander

Most people will laugh at this, but believe it: bidding wars are returning, plain and simple. Those who choose to ignore this warning may lose the opportunity to purchase a house.

In the first quarter of 2012, bidding wars were occurring regularly on houses at the price range of from \$150,000 to \$350,000. Now that many of those houses have been purchased and overall inventory of available housing is declining to the lowest levels in years, bidding wars are moving up in the pricing scale to \$400,000 to \$650,000 and sometimes higher.

This is an emerging trend and one that needs to go out as an alert

Bidding wars? That's right - they're back

to everyone who is considering a near-term home purchase.

Real-estate agents in Southern California are ting a rise in the cases of frusbuyers who have lost out in

reporting a rise in the cases of frustrated buyers who have lost out in their bidding attempts, even when making all-cash, full-price offers.

Inventory levels have fallen dramatically — by as much as 60 percent or more from three years ago. With lower inventory, there are fewer selections available. Buyer demand is on the rise, as evidenced by increased monthly sales volume. So, we are playing a game of musical chairs — with expensive housing.

First, understand there is a lot of pent-up demand. Many people are waiting anxiously for signs of economic recovery — the problem is whether they will know how to rec-

ognize those signs. Many key metrics already indicate a recovering real-estate market.

If you have ever experienced or witnessed thousands of people standing in line at a Wal-Mart just prior to Christmas, positioning themselves to be among the lucky few to buy a limited supply of a new product, you are somewhat acquainted with the psychology and effects of the herd mentality. Many potential homebuyers who not long ago were convinced the economy would see a double-dip recession are stunned to learn that prices are on the rise.

What about all the short sales and foreclosures that haven't hit the market yet? Won't that drive supply up and prices down? UNLIKE-LY! The inventory of distressed home sales is shrinking and banks will likely drip the remaining dis-

tressed properties onto the market so they, too, will benefit from a bidding war game.

Okay, so say you are a buyer and you have experienced the disappointment of losing out to the bidding wars. What do you want to do? You could continue to search on your own, but the problem with that is you are doing all of the work in a misguided fashion, and likely relying on do-it-yourself techniques that cause you to lose time, money and opportunities. You could rely on chance or fate to guide your decisions. The problem there is that, unless you are already highly successful, that strategy probably hasn't served you well.

Real estate is a service industry, so seek a qualified professional. Whatever you do, try to stay clear of those Internet real-estate database sites, which may be misleading. The information is often outdated by weeks, and pricing estimates are usually less reliable for areas like La Jolla. Hire a competent real-estate agent who will work for you and help map out a plan. An aggressive agent will find the right homes, get you to quickly view the property and make an attractive offer ahead of your competition. It's your choice — buy now and possibly purchase at a lower point in the market, or defy the experts and find yourself praying for the next recession.

Do you have a question about real estate in San Diego? Send your inquiries to Cschevker@san.rr.com. We will respond directly to you, and those questions that have a broader public appeal will be published along with our next column in La Jolla TODAY.

ECONOMYBRIEFS >>

Navy Federal Credit Union unveils tips to secure an affordable car loan

If you have been thinking of buying a vehicle, now is the time to do it, said Dave Ledwell, vice president of consumer lending at Navy Federal Credit Union. With interest rates at record lows, those who are in a good financial position to buy can get an affordable loan and be driving away in a new or used car in no time.

Ledwell revealed a few tips to get the best car for your money with a payment you can afford.

First, know what you can afford by reviewing monthly income and expenses. Adding a car payment to your monthly expenses shouldn't leave you without money for the basic necessities or unexpected expenses.

Second, take stock of your credit inventory. If you are not in good standing on prior loan com-

mitments and credit cards, it may be difficult to obtain financing at a low interest rate.

Third, check your credit report and score. Having your credit score in advance when applying for a loan gives you a chance to clear up any discrepancies when applying.

Fourth, shop around for the best rate. Before walking into a dealership, check interest rates at different lenders and read the fine print and uncover any hidden fees.

Finally, get pre-approved. By getting a preapproved loan, you increase your buying power. A salesperson will be more willing to bargain if your loan has already been determined.

Quick tips to increase your credit score

With a few tweaks, you can avoid excessive fees imposed if you have a low credit score by making minor adjustments to give your credit score a boost.

For starters, get a free copy of your credit

report from one of the three main credit bureaus – Equifax, Experian and TransUnion, which are required by law to provide you with a free credit report once a year.

To help improve your score, try keeping your credit card balances below 30 percent of your credit limit on each card, and don't close accounts that you pay off completely without checking with your mortgage professional first.

Also, know your limits. Make sure your credit-card issuers are reporting the correct limits on your accounts to the major credit bureaus. If you are in good standing, ask your creditor for a lower rate or a higher credit limit to increase the gap in debt you owe versus the credit available.

Finally, make sure the information on your credit report is accurate and complete. To dispute any inaccuracies that may be weighing your credit score down, visit the credit bureau's website to file a complaint online.

Opus Bank committed to restoring communities' economic vibrancy

Opus Bank, which opened last year in La Jolla, is one of the fastest-growing community banks in the Western region. Opus Bank's mission is to rebuild strong, vibrant communities from the ground up. The bank's mission to help restore economic vibrancy in each of its communities starts with its commitment to provide \$2.3 billion in capital funding to get working capital flowing again and into the hands of those with visions of driving job growth, promoting business expansion and restoring the economic health of the region. In addition, \$4.3 million has been committed to the Opus Community Foundation to provide grants to improve quality of life for individuals and communities. The mission at Opus Bank is not to be big; rather, to have communities thrive.

Opus Bank in La Jolla is located at 7979 Ivanhoe Ave.



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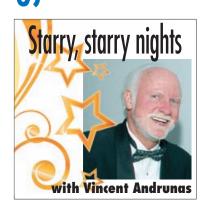
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RE//VIEX





1. Jerry and Sharon Stein (she's event chair), David Ellenstein (NCRT artistic director) and wife Denise Young, Lee and Frank Goldberg (honorary chairs). 2. Jonathan and Terry McMurtry, Lainie Kazan, Marsha and Dr. Mickey Shahon. 3. Jean and David Laing, Julie Sarno, Chris Mabee, Jay Sarno. 4. Ira and Noddy Epstein, Lou and Marcia Milone, Hermeen Scharaga. 5. Lee and Marge Sarokin, Holly Smith Jones, Dr. Allen Moffson (NCRT board president) and Judy Moffson, Marion Dodson. 6. Rafael Pastor, Judy and Jack White, Joyce and Jere Oren, Sheila and Jeff Lipinsky. 7. Leslie and Justin Tipp, Sarah B. Marsh-Rebelo and John Rebelo, Bill Kerlin (NCRT managing director)



Just a few minutes' drive up Route 5 in nearby Solana Beach lies The Little Theatre That Could—not only could, but can and does. Hidden away in an upscale shopping center off Lomas Santa Fe Drive, the North Coast Repertory Theatre (NCRT) may have a small seating capacity (only 194 in its current configuration), but that's not the reason that so many of its performances sell out. The fact is, this playhouse has built a stellar reputation over its 32 years of operation

and audiences clearly appreciate NCRT's dedication to quality, excellence and professionalism. Its mission is to create a platform where artist and audience thrive through the intimacy of live theater, recognizing its power to challenge complacency, revitalize the imagination, nurture the unexpected and embrace the variety and diversity in our lives.

More than 200 supporters gathered Sunday evening at the Del Mar Country Club (which, as everyone knows, is actually in Rancho Santa Fe) for NCRT's 2013 "Spotlight" gala. Sharon Stein chaired the affair, with Lee and Frank Goldberg as honorary chairs. It all started with a champagne reception and silent auction in the stunning and storied venue. Later, when all were seated for dinner, Bill Kerlin (NCRT managing director) and David Ellenstein (NCRT artistic director) welcomed them appreciatively. A fresh salad preceded an entrée of beef tenderloin and large prawns,

served with crisp vegetables; this in turn was followed by a deliciously decadent dessert.

Ellenstein then returned and spoke a bit about NCRT's continued success. Both of the world premieres NCRT commissioned this season are already scheduled to go on to production at other theaters. "From our little tiny home in Solana Beach, we are influencing the world

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SOCIETY »

of theater throughout the nation," he rightly observed. It's happening, he said, because NCRT's track record and reputation for quality attracts top artists from across the

country. Two more world premieres

and a number of other San Diego premieres will be presented next season. The future is bright, and the long-term goal of a new (and larger) venue is swirling into their conversation. (This revelation brought hearty applause.)

Theatre School director Siobhan Sullivan spoke of NCRT's educational programs. There's even a

brand-new "Broadway Babies" program for 4- to 8-year-olds that gets kids excited at a young age and involves their parents, too.

Board president Dr. Allen Moffson announced that board vice president Hannah Step and her husband, Gene, had recently gifted the theater with \$150,000. Mrs. Step encouraged others present to

give generously to ensure the theater's continued excellence. The ensuing paddle-raise and five-item live auction brought in another \$165,000 for NCRT's Artists' Advocacy program (including \$36,000 from an anonymous donor).

The evening concluded with entertainment by Lainie Kazan, star of film, television and stage. The award-winning chanteuse belted out a number of popular show tunes before pausing to invite questions from the audience, of which there were many. Born in Brooklyn, her mother liked the nickname, "Lanie," of a neighbor girl whose real first name was Melanie. Years later, the star altered her first name, adding an "i" to avoid having the name mispronounced as "Lanny," and also took her mother's maiden name, Kazan. Continuing her performance, she closed with an upbeat comedy song, "I'm Living Alone, and I Like It."



OPENHOUSES

LA JOLLA

Sat & Sun 1-4pm6355 Via Cabrera	3BR/3BA	\$749,000-\$789,000	Natasha Alexander • Charles Schevker
			858-336-9051
Sat & Sun 1-4pm7033 Via Estrada	6BR/4BA	\$2,995,000-\$3,295,000	Joe Graham • 858-735-4141
Sat 1-4pm1363 Caminito Diadema	5BR/4BA	\$2,150,000	Kimber Becker • 858-699-3092
Sat 1-4pm6209 Beaumont Ave	4BR/4BA	\$2,195,000	Tim Hines • 619-316-2604
Sun 1-4pm2113 Caminito San Martin.	3BR/3BA	\$825,000	Karen Hickman • 858-229-7773
Sun 1-4pm373 Coast Blvd. S #3	2BR/2BA	\$1,475,000	Moira Tapia • 858-337-7269
Sun 1-4pm5632 Rutgers Road	4BR/4BA	\$1,595,000	Carol Hernstad • 858-775-4473
Sun 1-4pm2339 Calle De La Garza	5BR/3.5BA	\$4,169,000	Deborah Greenspan • 619-972-5060
Sun 2-4pm6209 Beaumont Ave	4BR/4BA	\$2,195,000	Monica Leschick • 858-752-7854
Sun 1-4pm7795 Starlight Dr	4BR/4.5BA	\$3,800,000-\$4,200,000	Taylor / Schroedl • 619-852-1983
Sun 2-4pm7569 Pepita Way	5BR/5.5BA	\$4,295,000	Virginia Luscomb • 619-981-2323
Sun 1-4pm1944 Little St	5BR/5BA	\$4,478,000	Sarah Flynn Tudor • 619-813-6609
Sun 2-4pm9648 Black Gold Road	4BR/4.5BA	\$4,999,000	Edward Mracek • 858-382-6006

PACIFIC BEACH / MISSION REACH / CROWN POINT

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Sat & Sun 1-4pm1830 Thomas Ave. #2B2BR	R/2BA\$429,000	Olivia Moore • 858-357-4675						
		Natalie Harris • 858-926-9343						
Sat 1-4pm3275 Ocean Front Walk #4Stud	dio/1BA\$385,000	Phil Carrillo • 858-243-5884						
Sat 12-2pm4594 Point Loma Ave3BR	R/3BA\$1,350,000	lberia Enterprises • 619-518-2755						
POINT LOMA / OCEAN BEACH								
Sat & Sun 11-4pm2917 Nipoma St3BR	R/2BA\$595,000	Robert Realty • 619-852-8827						
Sat & Sun 11-4pm867 Harbor View Place4BR	R/4.5BA\$2,495,000	Robert Realty • 619-852-8827						

UNIVERSITY CITY

Sat 1-4pm	5382 Renaissance Ave	5BR/4BA	\$1,100,000	Deborah Moceri • 858-735-8890
Sun 1-4pm	7125 B Calabria Ct	2BR/2BA	\$500,000-\$550,876	Janet Murphy • 858-964-8784
Sun 1-4pm	5382 Renaissance Ave	5BR/4BA	\$1,100,000	Nathan Jones • 619-339-0170

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GRIEF »

therapeutic.

one of my best addresses, but I got through it, and it turned out to be

One should expect the recurrences of the fluctuating emotional states in bits and pieces. So, today, I am a bit of a zombie while still functioning more-or-less normally. Tomorrow, I may feel anxious when I wake up or shed a tear during breakfast, but whatever happens, naming the states somehow makes me feel like I have, if not some control, at least some understanding and I will not get caught off-guard by the reaction.

"Oh," I will say to myself as a sob starts somewhere in my throat, "I am in my meltdown state, and it too will pass."

I really don't know whether this is helpful to anyone else. Everyone grieves differently. There are no rules, no better or worse ways of dealing with death. We all experience losses, some more damaging than others. Loss of a job can be devastating. The loss of a pet, loss of a home, even the loss of a beloved object can trigger sadness. But, of course, loss of a person who was part of one's life is the hardest to come to terms with. The literature speaks of "complicated grieving." This term refers to obsessive grieving beyond one year, at which point it is suggested that one should seek help.

One grieves differently if a loved one dies suddenly or after a long illness. One grieves differently depending on the relationship. One grieves differently for a parent, spouse, child or best friend. Everyone grieves differently with some of these emotional states lasting weeks, others lasting hours, some never felt and others I can't imagine. We need to have compassion and tolerance toward ourselves as we go through unpredictable emotional states. Healing begins when the loved person is less constantly in your head and starts resting more peacefully in your heart.

I like the Buddhist saying: When someone you love dies, the main difference is that he is no longer outside of you,

he is inside

— Natasha Josefowitz taught the first course in the U.S. on women in management and is the author of 19 books. She lives at White Sands La Jolla.



Valerie recently joined the San Diego Community Newspaper Group as a liaison between the real estate and mortgage industries and our local community newspaper advertising. Originally from Colorado, she has lived in San Diego for the last 25 years and has been a licensed Realtor since 2003. Valerie has a background in real estate sales, appraisal, investments and flipping properties, so she understands the needs of Realtors who want to advertise current listings or get more business by getting the agent's name out into the local communities. We have special rates just for Realtors, so give her a call or email her for all of your local advertising needs or questions that you may have. We can customize the size,

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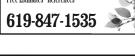


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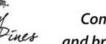
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STATEMENT OF WITHDRAWAL FROM PARTNER-IIP OPERATING UNDER FICTITIOUS BUSINESS NAME FILE NO. 2013-008979 (1) Fictitious business name(s) of nartnershin: a STEPHANIE'S RAKERY (2) Located at: 4879 VOLTAIRE ST. SAN DIEGO, CA. 92107 (3) The Fictitious Business name referred to above was filed in San Diego County on:03/14/2013, and assigned File No. 2013-007725 (4) The following general partner has withdrawn: MARIA BRAR 1208 CONCORD ST. SAN DIEGO, CA. 92106 The statement was filed with Ernest J. Dronenburg, Jr. 2013 ISSUE DATE(S): APR 04, 11, 18 AND 25, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2013-007646 ROTTLE RREACHER located at 2882 HORNET WAY SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): ELIJAH CRANE This business is being conducted by: AN INDIVIDITAL The trans action of business began on: 02/15/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 14, 2013 ISSUE DATE(S): APR 04,11,18 AND 25, 2013

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009215 AMADEUS CAPITAL INVEST-MENTS LLC, DBA WEST COAST MUTUAL located at 5036 SAN JOAQUIN DR. SAN DIEGO, CA. 92109 is here by registered by the following owner(s): AMADEUS CAP-ITAL INVESTMENTS LLC This business is being conducted by: A LIMITED LIABILITY COMPANY AMADEUS CAPITAL INVESTMENTS LLC 5036 SAN JOAQUIN DR SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / Coun Clerk of San Diego County on: MAR 28, 2013 ISSUE DATE(S): APR 04,11,18 AND 25, 2013

SUPERIOR COURT OF CALIFORNIA HALL OF JUS-TICE 330 WEST BROADWAY SAN DIEGO, CA, 92101 CASE NO: 37-2013-00041498-CU-PT-CTL PETITIONER OR ATTORNEY, STEPHANIE AMPARO SANCHEZ 155 CORTE MARIA AVENUE CHULA, VISTA, CA, 91910 619-701-8022 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM STEPHANIE AMPARO SANCHEZ TO STEPHANIE AMPARO LEON THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAY 17, 2013 TIME: 9:30 AM DEPT 52 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): APR 04, 11, 18 AND 25, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009377 EASY SPEED SWIMMING located at: 3060 6TH AVE #26 SAN DIEGO, CA, 92103 is hereby registered by the following owner(s): BENJAMIN LUKE WENIGER, MARGARET K WENIGER This business is being conducted by: A MARRIED COUPLE The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 29, 2013 ISSUE DATE(S): APR 04,11,18 AND 25, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009048 CALI WEAR located at: 728 VENTU-RA PL. #B SAN DIEGO, CA, 92109 is hereby registered by the following owner(s): PACIFIC MISSION STORES, INC This business is being conducted by: A CORPORATION PACIFIC MISSION STORES INC. 734 VENTURA PL SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 27, 2013 ISSUE DATE(S): APR 04.11,18 AND 25, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-008400 EAST WEST TOWN CAR SER-VICES located at: 4080 HUERFANO AVE #272 SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): AVTAR SINGH This business is being conduct-ed by: AN INDIVIDUAL The transaction of business began on: 03/21/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on MAR 21, 2013 ISSUE DATE(S): APR 04,11,18, 25, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009118 692 located at: 1804 GARNET AVE #414 SAN DIEGO, CA, 92109 is hereby registered by the following owner(s): JEFF SMITH, DENNIS GRAY This bus ness is being conducted by: AN UNINCORPORATED ASSOCIATION-OTHER THAN A PARTNERSHIP The trans action of business began on: NOT YET STARTEDThe state ment was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 27, 2013 ISSUE DATE(S): APR 04,11,18 AND 25, 2013

STATEMENT OF ARANDONMENT OF USE OF FICTI-TIOUS BUSINESS NAME FILE NO: 2013-009114 (1) FICTITIOUS BUSINESS NAME(S): a, 692 (2) LOCATED AT 12060 TIVOLI PARK ROW #6 SAN DIEGO, CA. 92128 (3) THE FICTITIOUS BUSINESS NAME REFERED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 03/05/2009, and ed File No. 2009-006856 (4) IS (ARE) ABANDONED BY THE FOLLOWING REGISTRANT(S): JEFF SMITH The statement was filed with Ernest J. Dronenburn Jr. County Clerk of San Diego County on: MAR 27, 2013 Issue date(s) APRIL 04, 11, 18 AND 25, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009056 DAVIS DESTINATIONS located at: 1380 GARNET AVE. STE E PMB 409 SAN DIEGO, CA 92109 is hereby registered by the following owner(s) SALLY DAVIS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 11/10/12 The statement was filed with Ernest J. Dronenburg. Jr. Recorder / County Clerk of San Diego County on: MAR 27, 2013 ISSUE DATE(S): APR 04,11,18 AND 25, 2013

FICTITIOUS RUSINESS NAME STATEMENT FILE

NO. 2013-009321 GIFTGUIDERS, GIFT GUIDERS, GIFTGUIDERS.COM located at: 7952 LA JOLLA SCENIC DRIVE NORTH LA JOLLA, CA. 92037 is hereby registered by the following owner(s): NWO ENTERPRISES, INC. This business is being conducted by: A CORPORATION NWO ENTERPRISES, INC. 7952 LA JOLLA SCENIC DRIVE NORTH LA JOLLA, CA. 92037 CALIFORNIA The transaction of husiness began on:10/01/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 29, 2013 ISSUE DATE(S): APR 04 11 18 AND 25 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-008608 MUMBY'S COMICS AND COL-LECTABLES located at: 10246 WATERIDGE CIRCLE #200

SAN DIEGO, CA. 92121 is hereby registered by the following owner(s): SCINDE MUMBAUER This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 01/01/13 The statement was filed with Ernest J Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 22, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009611 J. MORGAN APPAREL located at: 1771 JUDITH PLACE ESCONDIDO, CA. 92026 is her registered by the following owner(s): JANICE MARTIN This business is being conducted by: AN INDIVIDUAL The trans-action of business began on: 04/01/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 02, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-008640 THE PROMISCUOUS FORK located at: 69841 A JOLLA BLVD. LA JOLLA, CA. 92037 is here by registered by the following owner(s): PROMISCUOUS FORK, INC. This business is being conducted by: A COR-PORATION THE PROMISCUOUS FORK, INC. 6984 LA JOLLA BLVD. LA JOLLA, CA. 92037 CALIFORNIA The transaction of business began on: 04/01/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 23, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02, 2013

SUPERIOR COURT OF CALIFORNIA HALL OF JUS-TICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00042571-CU-PT-CTL PETITIONER OR ATTORNEY, MARKUS ANTHONY DEARING 4155 MOLINT ALIFAN PLACE LINIT HISAN DIEGO, CA. 92111 858-384-7641 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM MARKUS ANTHONY DEARING TO MICHAEL JOHN ANTHONY ON THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAY 17, 2013 TIME: 9:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): APR 11, 18 , 25 AND MAY 02, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009781 INTELLIGENT CLICKS LEGAL CON-SULTING SERVICES, INTELLIGENTCLICKS LEGAL SAN DIEGO, CA. 92106 is hereby registered by the followng owner(s): KETHYA TEUK, DENNIS R. RAMIREZ This ousiness is being conducted by: CO-PARTNERS The transaction of business began on: 02/19/08 The statement was action of dustriess began on, 62, 19,65 m. Galactic filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 03, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-010198 DIANE EXTENDED SERVICES

located at: 100 HARBOR DRIVF #3206 SAN DIFGO, CA. ROSE FENN, GARY GERARD FENN This business is being conducted by: A MARRIED COUPLE The transaction of business began on: 03/01/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 05, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02, 2013

SUPERIOR COURT OF CALIFORNIA HALL OF JUS-TICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00034279-CU-PT-CTL PETITIONER OR ATTORNEY, PRYSILLA KAY HERNANDEZ 1468 MIS SOURI ST. APT 2 SAN DIEGO, CA. 92109 619-623-5456 HAS FILED A PETITION WITH THIS COLIRT FOR A DECREE CHANGING PETITIONERS NAME FROM PRYSIL-LA KAY HERNANDEZ TO PRYSCILLA KAY ACOSTA THE COURT ORDERS THAT all persons interested in this mat-ter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the ed. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAY 03, 2013 TIME: 8:30 AM DEPT 52 SAME AS NOTED ABOVE ISSUE DATE(S): APR 11, 18, 25 AND MAY 02, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE O. 2013-007881 PENCIL, PAPER, PAINT located at 3419 KEATS ST. SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): SHANTI CURTO This busibeing conducted by: AN INDIVIDUAL The transaction of business began on: 02/26/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 18, 2013 ISSUE DATE(S): APR 11.18. 25 AND MAY 02. 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2013-009918 THEHAIRROWNIVA Incated at: 3029 tered by the following owner(s): ROBBIE LYNN ALESI This business is being conducted by: AN INDIVIDUAL The transfiled with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 04, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02, 2013

SUMMONS (CITACION JUDICIAL) NOTICE TO

DEFENDANT: (AVISO AL DEMANDADO) DANNY BAUTISTA, SAN DIEGO AUTO SCRUBBER, INC., and

YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE) MAJED ALKASMI NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and h a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts online Self-Help Center (www.courtinfo.ca.gov selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney. you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services
Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca. gov/selfhelp), or by contacting your local court or county bar association NOTE: The court has a statuatory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the ourt will dismiss the case Tiene 30 DIAS DE CALEN-DARIO después de que le entrequen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. nuede encontrar estos formularios de la corte y más informacion en el Centro de Ayunda de las Cortes de California

espanol/), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presntacieón pida al secretario de la corte que le déo un frmulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a aabogados. Si no puede a un abogado, es posi-ble que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos sin grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/), o poniéndose en contacto con la corte o el colegío de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuo-tas y los costos exentos por imponer un gravamen sobrecualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene quo pagar el gravamen de la corte antes de que corte pueda desechar el caso. The name and address of the court is: (El nombre y dirección de la corte es): SAN DIEGO SUPERIOR COURT, 330. W BROADWAY SAN DIEGO, CA.92101 CASE NO: 37-2012-00087802-CU-PA-CTL The name, address, and telephone number of intiffs attorney, or plaintiff without an attorney, is: (El nom bre, la direccieón y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Kane Handel 3525 Del Mar Heights Rd., Ste. 231, San Diego, CA. 92130 (858) 756-5195 DATE: DEC 18, 2012 Clerk , by C Wright-Whitten, Deputy, ISSUE DATES: APR 11, 18, 25 AND MAY 02, 2013

(www.courtinfo.ca.gov/selfhelp/

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-010301 PERFECT PIANO STUDIO located at 3511 MT, ACLARE AVE, SAN DIEGO, CA, 92111 is here. This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 01/01/2013 The statement was filled with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 08, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009649 CORREIA GROUP, THE CORREIA Incated at: 2850 WOMBLERD, SAN DIEGO, CA, 92106 iis

eby registered by the following owner(s): LAWRENCE L CORREIA This business is being conducted by: AN INDI-VIDLIAL The transaction of business began on: 04/03/2013 The statement was filed with Ernest J. Dronenburg, Jr Recorder / County Clerk of San Diego County on: APR 03, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-010201 CHIPS LIQUOR located at: 1926 GARNET AVE SAN DIEGO CA 92109 ils hereby red by the following owner(s): MONA HERMIZ, MANUEL HER-MIZ This business is being conducted by: A MARRIED COUPLE The transaction of business began on: 08/19/1998 The statement was filed with Ernest J. Dronenburg, J Recorder / County Clerk of San Diego County on: APR 05, 2013 ISSUE DATE(S): APR 11,18, 25;MAY 02, 2013

FICTITIOUS RUSINESS NAME STATEMENT FILE NO. 2013-009780 23 LB MONSTER PRODUCTIONS located at: 3946 TEXAS ST. #2 SAN DIEGO, CA. 92104 is hereby registered by the following owner(s): JAMES LOUIS CHIANESE This business is being conducted by: AN INDI-VIDUAL The transaction of business began on: 08/19/1998 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 03, 2013 ISSUE DATE(S): APR18, 25 MAY 02 AND 09, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-007915 LUNA EXPOSURES, LMJ PRO-DUCTIONS Located at: 1309 MARIA AVE. SPRING VAL-LEY, CA, 91977 is hereby registered by the following owner(s): JULIANNE MATTESON This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 08/19/1998 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego nty on: MAR 18, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009389 ASPIRE SAN DIEGO located at: 1309 MARIA AVE. SPRING VALLEY, CA. 91977 is hereby registered by the following owner(s): JC&D CORPORATE COMMUNITY LLC This business is being conducted by:
A LIMITED LIABILITY COMPANY JC&D CORPORATE COMMUNITY LLC 1309 MARIA AVE. SPRING VALLEY. CA. 91977 CALIFORNIA The transaction of business began on: NOT YET STARTEDThe statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego nty on: MAR 29, 2013 ISSUE DATE(S): APR 11,18, 25 AND MAY 02, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-010331 DIRT AND MORTAR COMPO-NENTS, ISLAND POCKET MAP, CORONADO ISLAND POCKET MAP, SAN DIEGO POCKET MAP, GASLAMP POCKET MAP. OLD TOWN POCKET MAP. LA JOLLA POCKET MAP, DEL MAR POCKET MAP, DIRT AND MORTAR LOCKSMITH, ALL THE TIME LOCKSMITH, MISSION BEACH POCKET MAP, CORONADO POCK-

ET MAP Located at: 625 SECOND ST. SAN DIEGO, CA 92118 is hereby registered by the following owner(s) ISLAND POCKET MAP This business is being conducted r: A CORPORATION ISLAND POCKET MAP 625 SEC-OND STREET CORONADO, CA. 92118 CALIFORNIA The transaction of business began on: 04/24/2007 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / Coun ty Clerk of San Diego County on: APR 08, 2013 ISSUE DATE(S): APR 18, 25 MAY 02 AND 09, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-010633 LA JOLLA COVE SALON & SPA

LLC Located at: 8008 GIRARD AVE, #145 LA JOLLA, CA. 92037 is hereby registered by the following owner(s): LA JOLLA COVE SALON & SPA LLC This business is being conducted by: A LIMITED LIABILITY COMPANY LA JOLLA COVE SALON & SPA LLC LA JOLLA, CA. 92037 CALI FORNIA The transaction of business began on: 02/11/2008 The statement was filed with Frnest J. Dronenhurg Jr. corder / County Clerk of San Diego County on: APR 10, 2013 ISSUE DATE(S): APR 18, 25 MAY 02 AND 09, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-010715 INTEGRITY IMAGING located at: 9011 MIRA MESA BLVD. #218 SAN DIEGO, CA. 92126 is hereby registered by the following owner(s): ROBERT W. STICKNEY This business is being conducted by: AN INDI-VIDUAL The transaction of business began on: 07/03/2006 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 10 2013 ISSUE DATE(S): APR 18, 25 MAY 02 AND 09, 2013

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES DEPARTMENT OF ALCOHOLIC BEV-ERAGE CONTROL 1350 Front St., Room 5056, San Diego. CA. 92101 (619) 525-4064, Filing Date: April 3, 2013 To Whom It May Concern: The Name(s) of the Applicant(s) is/are:BJS RESTAURANTS INC The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverage at: 1370 FRAZEE RD. SAN DIEGO, CA. 92108-4538 Type of license(s) applied for: 47-ON-SALE GENERAL EATING PLACE Issue Date(s):

APR 18, 25 AND MAY 02, 2013

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES DEPARTMENT OF ALCOHOLIC BEV-ERAGE CONTROL 1350 Front St., Room 5056, San Diego, CA. 92101 (619) 525-4064, Filing Date: April 9, 2013 To Whom It May Concern: The Name(s) of the Applicant(s) is/are:,CLUB 756 The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverage at: 744 VENTURA PL SAN DIEGO, CA. of license(s) applied for: 47-ON-SALE GENER AL EATING PLACE Issue Date(s): APR 18, 25, MAY 02, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-010438 LA JOLLA NATUROPATHIC locat-

ed at: 7820 IVANHOE LA JOLLA, CA. 92037 is hereby registered by the following owner(s): NATUROPATHIC SOLU-TIONS, INC. This business is being conducted by: A CORPORATION NATUROPATHIC SOLUTIONS, INC. 7820 IVANHOE AVE. LA JOLLA, CA. 92037 CALIFORNIA The transaction of business began on: 01/01/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 09, 2013 ISSUE DATE(S): APR 18, 25 MAY 02 AND 09, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009554 JR TRANSPORTATION SERVICE located at: 1720 MELROSE AVE. #24 CHULA VISTA, CA. 91911 is hereby registered by the following own JOSEPHINE S. SCOTT This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 06/03/2007 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 02, 2013 ISSUE DATE(S): APR 18, 25 MAY 02 AND

FICTITIOUS BUSINESS NAME STATEMENT FILE

NO. 2013-010686 IPM, THE ALCHEMIST, LUCKY CRONUS, DIONYSUS, HECATE, HERACLES located at: 625 SECOND ST. SAN DIEGO, CA. 92118 is hereby registered by the following owner(s): ISLAND POCKET MAP ness is being conducted by: A CORPORATION ISLAND POCKET MAP 625 SECOND STREET CORONA-DO, CA, 92118 CALIFORNIA The transaction of business began on: 05/10/2005 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 10, 2013, ISSUE DATE(S): APR 18, 25 MAY 02 AND 09, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-008859 ASCENT LENDING GROUP located at: 7661 GIRARD AVE. SUITE 230 LA JOLLA. CA. 92037 s hereby registered by the following owner(s): CALIBER FUNDING LLC This business is being conducted by: A LIM-ITED LIABILITY COMPANY CALIBER FUNDING LLC 6031 CONNECTION DRIVE SUITE 200 IRVING. TX. 75039 DELAWARE The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego Coun ly on: MAR 26, 2013 ISSUE DATE(S): APR 18, 25 MAY 02

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-009698 LETICIA RIBEIRO BJJ. GRACIE SOUTH BAY, GRACIE SOUTH BAY JIU-JITSU located at: 340 W 26TH ST SUITES G/H NATIONAL CITY, CA 91950 is hereby registered by the following owner(s): LETI-CIA RIBEIRO NEVES DOS SANTOS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed vith Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 03, 2013 ISSUE DATE(S): APR 18, 25 MAY 02 AND 09, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-011389 FREEDOM FROM CLEANING localed at: 841 1/2 DIAMOND ST SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): ALESSAN DRA SILVA This business is being conducted by: AN INDI-VIDUAL The transaction of business began on: 04/01/2013 The statement was filed with Ernest J. Dronenburg, Jr. order / County Clerk of San Diego County on: APR 16, 2013 ISSUE DATE(S): APR 25 MAY 02, 09, 16, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-010753 DIRECT BUY AUTOMOTIVE GROUP located at: 6904 MIRAMAR RD #106 SAN DIEGO CA. 92121 is hereby registered by the following owner(s) RAMIN RASTEGARI This business is being conducted by AN INDIVIDUAL The transaction of business began on 11/15/2007 The statement was filed with Ernest J. Dronen burg, Jr., Recorder / County Clerk of San Dieno County or APR 10, 2013 ISSUE DATE(S): APR 25 MAY 02, 09, 16,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-010532 WAVE GOODBYE TO MS located at 4526 KENSINGTON DRIVE SAN DIEGO, CA. 92116 is hereby registered by the following owner(s): HAROLD STEPHEN BETTIS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego Cour APR 09, 2013 ISSUE DATE(S): APR 25 MAY 02, 09 AND 16, 2013

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEV-**ERAGES DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL** 1350 Front St., Room 5056, San Diego, CA. 92101 (619) 525-4064, Filing Date: April 17, 2013 To Whom It May Concern: The Name(s) of the Applicant(s) is/are: SODA & SWINE INC The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverage at: 2943 ADAMS AVESAN DIEGO, CA. 92116 Type of license(s) applied for: 41-ON-SALE BEER AND WINE- EATING PLACE Issue Date(s): APR 25 MAY 02 AND 09, 2013

STATEMENT OF ABANDONMENT OF USE OF FICTI-TIOUS BUSINESS NAME FILE NO: 2013-011771 (1) FICTITIOUS BUSINESS NAME(S): a. CAS LADYBUG (2) LOCATED AT: 4862 VOLTAIRE ST. SAN DIFGO. CA. TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON 03/29/2009, and assigned File No. 2009-009225 (4) IS (ARE) ABANDONED BY THE FOLLOWING REGISTRANT(S): CASSIA REGINA RODRIGUES The statement was filed with Ernest J. Dronenburg, Jr., County Clerk of San Diego County on: APR 19, 2013 Issue date(s): APRIL 25 MAY 02, 09, 16, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-011467 OUT OF MEXICO located at: 852 5TH AVE. SAN DIEGO, CA. 92101 is hereby registered by the following owner(s): SANTA FE SPICES, INC. This business is being conducted by: A CORPORATION SANTA FE SPICES, INC. 852 5TH AVE. SAN DIEGO, CA. 92101 CAL-IFORNIA The transaction of business began on: 01/01/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: APR 17, 2013 ISSUE DATE(S): APR 25 MAY 02, 09 AND 16, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-007186 PROJECT PIE located at: 3888 4TH the following owner(s): PROJECT PIE, LLC This business is being conducted by: A LIMITED LIABILITY COMPANY PROJECT PIE, LLC 5375 AVENIDA ENCINAS STE. I CARLSBAD, CA. 92008 CALIFORNIA The transaction of business began on: 02/22/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 11, 2013 ISSUE DATE(S): APR 11, 18, 25 MAY 02, 2013

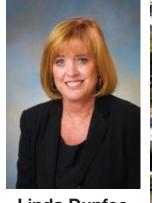
NOTICE OF PETITION TO ADMINISTER ESTATE OF:

PEGGY JEAN HYDE, deceased CASE NUMBER: 37-2013-00045000-PR-PW-CTL 1. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of PEGGY JEAN HYDE, deceased 2. A Petition for Probate has been filed by GARY HYDE in the Superior Court of California, County of SAN DIEGO 3. The Petition for Probate requests that GARY HYDE be appointed as personal repre sentative to administer the estate of the decedent. 4. The netition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. 5.The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and authority. 6. A hearing on the petition will be held in this court as follows: a. Date: MAY 28, 2013 Time: 11:00 A.M. Dept: PC-1 b. Address of court: SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO MADGE BRADLEY BUILDING 1409 Fourth Ave. San Diego, CA. 92101 Central Probate 7. If you object to the granting of the petition you should appear at the hearing and state your objections or file written objections with the court before the hearing our appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent you must file your claim with the court and mail a copy to he personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims noticed above. 9. You may examine the file kept by the court If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. 10. Attorney for Petitioner: GARY HYDE 4444 FASTGATE MAI I. #3 SAN DIFGO, CA. 92121 858 455-0797 ISSUE DATE(S): APR 25 MAY 02, 09 AND 16



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Linda Dunfee 858-361-9089

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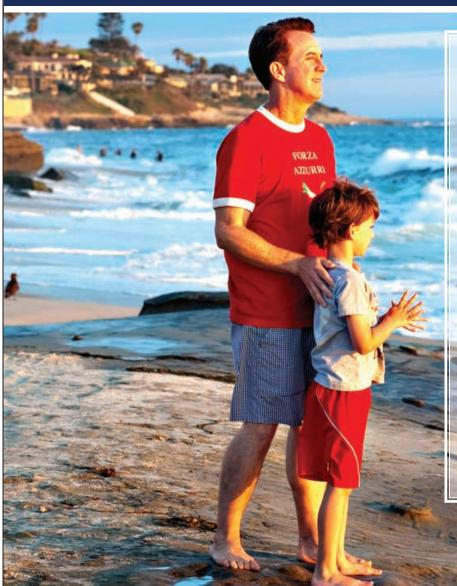
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