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# Taking flight all over the city

By ETHAN ORENSTEIN

Noisy – but beautiful – wild parrots call San Diego home

**T**he flocks of large, green-and-red birds around San Diego may seem unusual, but they're a part of the beach culture now. They're wild parrots.

Though the parrots are not native to San Diego, or California as a whole, they've been here for a while and are likely here to stay. According to The California Parrot Project, the birds survive on seeds, fruit and nectar from tropical trees and shrubs planted in urban and residential areas in such communities as Ocean Beach, Point Loma, Pacific Beach and La Jolla.

Karen Straus, coordinator of the San Diego Bird Festival, hosted by the San Diego Audubon Society, said the birds do not migrate, but stay in San Diego year-round. They have established communal roosts around the county that they return to each night. During the day, the birds will fly out to a variety of food sources, depending on the time of year.



**SPREADING THEIR WINGS** Wild parrots take flight. They are being spotted again this year in Pacific Beach, Point Loma, Ocean Beach, La Jolla and other beach locations. Courtesy photo by Karen Straus, Audubon Society

"I see them often out at Lakeside because there are trees in the Lindo Lake Park area that are a good food source for them," Straus said. "So, at certain times of the year, they'll be out at Lindo Lake, but they're probably roosting back here [in the beach communities]."

She said the parrots have already made an appearance flying overhead at this year's bird festival, and they've caused some excitement at festivals in the past. "At the bird festival three years

ago, they landed in the trees," Straus said. "All our guests were running out of the workshops and running down to see the parrots right here at the festival."

While there is no single explanation as to how the birds got here, Straus said there are two main theories, both of which may be true.

One is that the parrots came to California as pets.

"People like to have birds, especially parrots, as pets," Straus said. "But sometimes, maybe

there's a behavior problem with the bird or maybe [the owners] are moving and they can't take the bird with them, so the birds are simply released into the wild or the birds may escape into the wild."

According to The California Parrot Project, hundreds of released and escaped parrots throughout the state over time have led to the wild, breeding

SEE PARROTS >> PG. 19



**A LEGEND RETURNS** Above, a still shot from Andy Warhol's "San Diego Surf," 1968/1996. ©2012 The Andy Warhol Museum

Warhol's long-lost La Jolla-based film resurfaces at MCASD

By MARIKO LAMB

While Andy Warhol may best be known for leading the charge in the pop-art movement of the 1960s from his New York City studio, it was on the quiet shores of La Jolla in May 1968 where Warhol, film director Paul Morrissey and crew set the scene for "San Diego Surf," one of the last films in which Warhol was directly involved before his death in 1987.

"San Diego Surf," which was only partially edited, was completed and released in January this year at the Museum of Modern Art (MoMA) in New York — more than 40 years after it was originally filmed.

The 90-minute color film showcases many of Warhol's infamous superstars and features a loose narrative about an unhappily married couple and their pregnant daughter, all of whom are chasing after the attention of San Diego surfers.

On March 16, the spirit of Warhol's work will return to La Jolla's shores at the Museum of Contemporary Art for the West Coast premiere of the film, which was completed by original film director Paul Morrissey based on the existing notes and rough cut.

Guests are invited to come early

SEE WARHOL >> PG. 20

See more upcoming events at MCASD at [www.ljtoday.com](http://www.ljtoday.com).

**Catch up on the latest** in the high school sports scene.  
SEE PAGE 5

**Read up on La Jolla's** most lively St. Patrick's Day celebration.  
SEE PAGE 9

**Find out the latest news** with local businesses.  
SEE PAGE 10

**See what's happening in La Jolla's** thriving art scene.  
SEE PAGE 11

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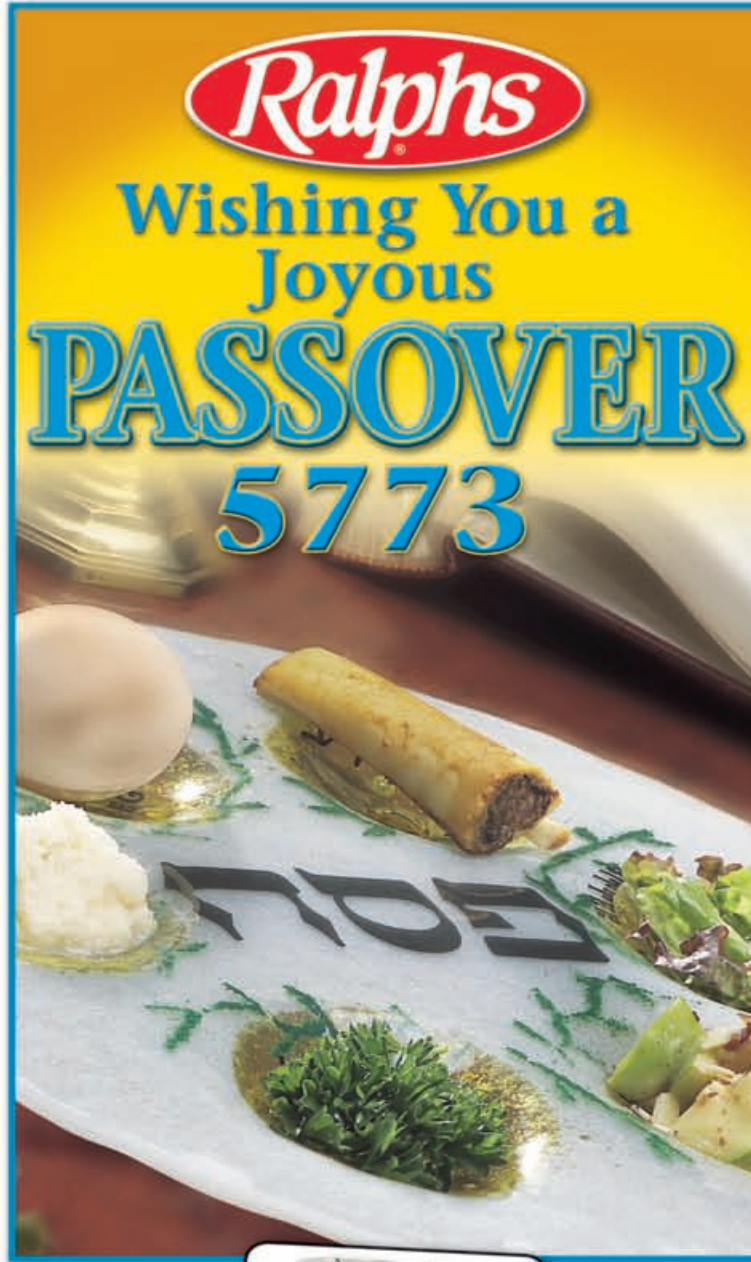
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ETHN001



## CIVICREPORTS &gt;&gt;

For the full report of meetings, visit [ljtoday.com](http://ljtoday.com).

## LA JOLLA COMMUNITY PLANNING ASSOCIATION, MARCH 7

• The LJCPA voted to approve a motion by an ad hoc committee tasked to review the Hillel project's draft environmental impact report. The motion states the report is deficient and contains errors and omissions regarding the project's immediate and cumulative impacts on the surrounding neighborhood and the project's precedent-setting non-compliance with the La Jolla Shores PDO, the San Diego Municipal Code and the La Jolla Community Plan.

• The LJCPA's proposed bylaw amendments were presented to and adopted by the association's members. Some of the changes dealt with clarification of language, while others made more substantial changes to the group's procedures.

Not all members supported the recommended changes. Bob Whitney

voiced concern about the appeal procedures, which empowers the group's president to file an appeal if the appeal period ends prior to the next regularly scheduled LJCPA meeting, which would then be brought back to the trustees at the next meeting for ratification. An alternative option, he said, would be for the president to call a special meeting for trustees to vote whether or not to appeal a decision by the city or have the president recommend an extension from the project manager before the appeal period ends.

Vice president Joe LaCava countered that the bulk of the procedural changes were adopted last year, and this year's changes were more for rewrites and clarifications suggested by the city.

— Mariko Lamb

## BIRD ROCK COMMUNITY COUNCIL, MARCH 5

• Board member Barbara Dunbar reported that defective lights in the median strip on La Jolla Boulevard were replaced, a metal bench in front of Lupi Restaurant would be temporarily removed but will be brought back after it's fixed, and urged residents witnessing problems with defective sprinklers to report them online at [info@bird-rock.org](mailto:info@bird-rock.org).

• Erin Demorest of District 1 City Councilwoman Sherri Lightner's office discussed an upcoming traffic-calming and pedestrian-safety project on La

Jolla Boulevard at Colima and Midway. The project will involve both day and nighttime work.

• Bird Rock Elementary School teacher Lorene LaCava brought school news, notably that spring break week is March 29 through April 5 and that the school's fundraising gala is April 27 from 6 to 10 p.m. For more information, visit [www.birdrockfoundation.org](http://www.birdrockfoundation.org).

• One resident reported several boulters of varying sizes are missing at Calumet Park.

— Dave Schwab

## LETTER TO THE EDITOR &gt;&gt;

## Watch where you draw lines

In the March 1 issue, columnist Sandy Lippe (View from 52: "What's in a name? For UC residents, plenty," Page 9) is wrong to say, "West of Interstate 5 is La Jolla; east of Interstate 5 is University City." The boundary of La Jolla has historically been old Highway US-101, which is now Gilman Drive south of the UCSD campus and North Torrey Pines Road north of the campus. Gilman Drive is the eastern limit of the city of San Diego's La Jolla Community Plan and the edge

of the jurisdiction of the La Jolla Community Planning Association.

I find it interesting when someone says Interstate 5 is the "natural" boundary of La Jolla. For several years in the early 1960s, huge yellow earth-movers ran back and forth from Rose Canyon up and past Del Mar, creating the cut where the freeway is now and depositing the dirt in the arroyos and lagoons along the way, building up the road. There is nothing natural about it.

Dan Allen  
La Jolla

## TODAY IN BRIEF

**Man shot by ranger goes to mental hospital** — A transient who was shot by a park ranger at Torrey Pines State Natural Reserve and charged with two felony assault counts was committed to a state mental hospital after a judge determined he was mentally incompetent to stand trial.

San Diego Superior Court Judge Joseph Brannigan found that Charles Dustin Collins, 29, requires treatment and needs to take psychiatric medications at Patton State Hospital.

The charges are suspended and if Collins regains his ability to understand court proceedings, he would be returned to San Diego to face the charges again.

A state park ranger heard a report about a naked man running around the area on Dec. 13. Collins confronted the ranger with a knife and the ranger shot him in the torso.

— Neal Putnam

**Sentencing delayed for Berki killers** — A judge delayed sentencing March 8 for three men who were convicted of murdering Garrett Berki, 18, a 2010 graduate of La Jolla High School.

Defense attorneys persuaded Judge Kerry Wells to delay the sentencing until May 31, based on recent changes in state law over the sentences of minors who are tried as adults.

The gunman, Rashon Abernathy, 19, is expected to get 50 years in prison.

"I want to give my client every opportunity ... to get a parole decision in his natural life," said his attorney, Kathleen Coyne.

Attorneys for Shaquille Jordan and Seandell Lee Jones, both 19, said their clients face terms of 25 years to life, which they considered too long.

A jury convicted them all of first-degree murder and robbery of Berki last November. Berki had met the trio in Paradise Hills on May 11, 2011 in response to an ad on Craigslist when they robbed him. He pursued the trio by car and was shot.

— Neal Putnam

## How to get more than top dollar for your home

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## Ask The Lawyer

**Question:** What are Guardianships and Conservatorships?

**Answer:** A Conservatorship is for adults over 18 that can no longer take care of themselves or their finances. They can be established for older adults and for developmentally disabled adults. A doctor has to declare them incompetent, which means that they are unable to make their own decisions or are unable to resist undue influence.

A Guardianship is established when the parents are unable to care for a minor child or in the event they inherit funds or have a personal injury settlement, for example.

Both are court procedures that require a lot of time and paperwork to name another to take care of that person's estate and health care decisions. You want to avoid these if possible because they are time consuming and expensive. A judge ultimately will make decisions for the family. There is a conservatorship clinic in the San Diego Courts which helps those who want to attempt to do the paperwork for themselves.

I can guarantee you that the process will be long and frustrating, however if you use an attorney, it will be easier for you. Give me a call for a free 15 minute consultation about you and your family's needs.



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San Diego, CA 92109  
(858) 270-3103 Fax: (858) 713-0095

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Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

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## PHOTOGRAPHERS

DON BALCH, JIM GRANT,  
PAUL HANSEN, MIKE MCCARTHY

## CONTRIBUTORS

BART MENDOZA, BIANCA KOCH,  
CAROL OLTON, DIANA CAVAGNARO,  
JOHN FRY, JOHNNY McDONALD,  
JUDITH GARFIELD, KAI OLIVER-KURTIN,  
LORELEE OLEJNIK, MEAGHAN CLARK,  
NATASHA JOSEFOWITZ, NEAL PUTNAM,  
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MARSHA KAY SEFF, WILL BOWEN,  
KEITH ANTIGIOVANNI, MORGAN  
CARMODY, MARTIN JONES WESTLIN,  
PATRICIA WALSH, VINCENT ANDRUNAS,  
JOHNNY McDONALD

## PUBLISHER

MANAGING EDITOR  
BEACH & BAY PRESS  
PENINSULA BEACON

## EDITOR

LA JOLLA VILLAGE NEWS

## REPORTER

## PRODUCTION

## ADVERTISING SALES

LEGAL / CLASSIFIEDS  
ACCOUNTING

JULIE HOISINGTON

KEVIN MCKAY (x131)  
[bbp@sdnews.com](mailto:bbp@sdnews.com)  
[beacon@sdnews.com](mailto:beacon@sdnews.com)

KENDRA HARTMANN (x133)

[ljvn@sdnews.com](mailto:ljvn@sdnews.com)

MARIKO LAMB (x132)

[reporter@sdnews.com](mailto:reporter@sdnews.com)

CHRIS BAKER

BARBARA ROGEL

MIKE FAHEY (x117)

MICHAEL LONG (x112)

HEATHER LONG (x115)

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KIM DONALDSON (x140)

HEATHER HUMBLE (x120)



## SCHOOLBRIEFS &gt;&gt;

**LJ STUDENT A GEOGRAPHY WIZ –**

Liam J. Fay, a La Jolla resident and seventh-grader at Francis Parker School, qualified to compete as a semifinalist in the 2013 California National Geographic Bee in Sacramento on April 5. Fay is one of 109 students chosen out of

2,000 fourth- through eighth-graders who will compete for the state title, the winner of which will represent California in the national finals, moderated by Alex Trebek, at National Geographic's Washington, D.C., headquarters in May. The first-place national winner will receive a \$25,000 college scholarship.

**GILLISPIE EXPANDS STEM –**

The Gillispie School is embracing science, technology, engineering and mathematics (STEM) education with high standards for the disciplines at the primary level. The school has implemented several STEM initiatives in recent years, such as REMS, the Rendezvous for Engineering, Mathematics and Science competitions and the development of the



**LIFE IN 3-D** Chip Edwards shows a computer-imaged tree design that has been constructed into a 3-D tree figure by the school's printer. Courtesy photo

school's first LEGO robotics teams.

Science director Chip Edwards has assured students have access to the latest innovations, including a 3-D printer purchased with the help of a grant from The Scripps Family Foundation. The machine works by extruding melted plastic layer by layer to create 3-D objects from computer-imaged designs. Gillispie staff and faculty recently applied to become one of the first recipients of the new GoogleGlass, an augmented reality head-mounted display still in the production phase.

For information on STEM-related summer programs, visit [www.gillispie.org](http://www.gillispie.org) or call (858) 459-3773.

**PUBLIC HEALTH HEADS TO UCSD –**

UC San Diego announced it will add pub-

lic health to its undergraduate curriculum this fall. The program places UCSD at the forefront of the growing public health field, and the university is poised to combine renowned research faculty making contributions on major public health problems with a top-ranking undergraduate program.

Public health focuses on the behaviors and environmental conditions that affect health and includes an emphasis on prevention, early detection and minimization of risk for infectious and chronic diseases.

**ART ON OIL –** The Bishop's School 10th-grade student Chas Pulido created an award-winning label titled "Imagine" for Pulido-Walker Olive Oil, a brand produced by his family in Napa. His design earned him Best of Show in the student category of international advertising competition Mobius Awards. The design will be used on the second release of the olive oil, which will be released in mid-2013, and Pulido said he has created a new piece of art for the 2014 label.



# 33<sup>rd</sup> Annual SAN DIEGO

## St. Pat's Parade and Irish Festival

**Parade – 10:30 a.m.**  
(6th & Laurel)

Celebrating the Gaelic Athletic Association Gaelic football is played by men, women and children in San Diego. The St Peter's Hurling Club was started in 1980 in San Diego. Hurling is believe to be the oldest sport in the world.

**150+ Parade  
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**Irish Festival – 9 a.m. – 6 p.m.**

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**Saturday, March 16th 10:30 a.m.**  
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Ticket for prizes to be announced throughout the day.



[www.stpatsparade.org](http://www.stpatsparade.org)



**AN ARTISTS' LIFE ON STAGE** On March 6, San Diego French-American School and Hands United for Children hosted the play "Vincent." Actor Jean-Michel Richaud portrayed both Van Gogh brothers – Vincent the artist and Theo the art dealer – throughout a 70-minute dialogue based on letters between the brothers. Courtesy photo by Mim Britton

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## Country Day boys' tennis starts with a strong serve

The boys' La Jolla Country Day School tennis team wasted no time plowing into their season, which began on Feb. 27 and is already seeing success with the varsity and JV team boasting a combined total of seven matches and two tournaments under their belt.

The Torreys are being led by mature and experienced upper-classmen that consist of Amir Ferry, Alex Khorsandian, Jack Murphy, Gabriel Pamich, David Shaw and Ethan Krant. In addition, returning sophomores include Andrew Schiffman, Max Mereles, Julian Fricks, Cael Dadian, Rohil Parikh and Brian Mak. The team has also welcomed an impressive bunch of freshmen players, and is looking to have a successful year and — hopefully — a championship title this year.

The Torreys have a tough season ahead of them, as their schedule is packed with top San Diego and Los Angeles schools. The tough schedule is meant to prepare them for the CIF championships and their goal to make regionals at the end of the year, where they will compete against the top schools in Southern Cali-



Senior Jack Murphy connects with the ball. Courtesy ADemskiPhotography

fornia.

Just a week and a half into the season, the varsity team has completed four matches and competed in the La Jolla Country Day Invitational. The tournament was held on March 1-2 and hosted San Diego and Los Angeles' top tennis teams, including University High, Corona del Mar, Harvard-Westlake, Palos Verdes, Torrey Pines, La Jolla High, Cathedral Catholic and Country Day. The tournament was won by Corona del Mar, and the Torreys finished in sixth place.

At press time, the varsity team

## Country Day Lady Torreys trounce Fullerton's Troy HS

Behind the performances of 5-foot-9 senior Kelsey Plum and 6-foot freshman Mai-loni Henson, the La Jolla Country Day (LJCD) girls' basketball team came up with a huge 51-31 win over the Fullerton Troy Warriors (25-5) in a CIF Open Division Regional Quarterfinal playoff game played at Country Day on March 8.

"I think that playing a nationally ranked schedule has really helped us out," said Plum. "We can't complain about it."

For LJCD, only Plum (nine points), Henson (seven points), 5-

foot-5 senior Brianne Yasukochi (five points) and 5-foot-9 sophomore Isabel Aguirre (one point) lit up the scoreboard in the opening half, but it was still enough to jump out to an early 22-7 lead as the two battling ballclubs headed to the locker rooms at halftime.

After the intermission, it was more of the same as Country Day continued to pour it on and had extended its advantage to 35-19 by the end of the third period.

The Lady Torreys were once again led by the play of Plum, who tossed in nine points in the quar-

ter, while Henson and 5-foot-10 sophomore Cydney Collins added two points apiece in the period.

In the final stanza, Plum, Henson and Yasukochi paced LJCD with nine, five and two points, respectively, as Country Day closed out the victory down the stretch in the fourth quarter.

Backed by Henson's 14 points, Plum would finish with a game-high 27 points and 13 rebounds of her own.

With the win, LJCD saw its record improve to 18-11.

— Rob Stone

had an overall record of 6-4, and had already won all of its in-season matches against Westview, Point Loma High, Cathedral Catholic and St. Augustine High.

The JV team has also started off the season on the right foot with an overall record of 6-2. The team won two out of three of in-season matches and came in third place at the First Serve Tournament at the Barnes Tennis Center.

Asked how he felt about the team two weeks into the season, senior varsity player Jack Murphy said, "We are going to win CIF and as a senior, that's all I want to do!"

— Cindy Sureephong

### Torreys take Knights in CIF Div. IV finals



The Bishop's School's Imani Littleton (No. 35) stuffs a scoring attempt by La Jolla Country Day's Mai-Loni Henson during the Torreys' 49-39 victory over the Knights in the CIF Girls Division IV Basketball Final played at Viejas Arena on March 1. Littleton led her team with 18 points and 10 rebounds.

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Добро Пожаловать В Наш Дом (Welcome To Our House)

When Aleksandr met Tatiana 10 years ago, he was mesmerized by her beauty and captivated by the scrumptious meals she served him. He described the food as "simply heavenly, a combination of my mother and grandmother's recipes." He had no doubt in his mind that she would one day be his wife and promised Tatiana that when they got married, he would open a restaurant for her. Both Tatiana and Aleksandr were determined to open their restaurant and can't wait to share Tatiana's talent, passion, love for cooking and the joy of seeing everyone finish every drop of food on their plate. Thus, The Village House of Kalina was born in May 2011.



Kalina is the Ukrainian name for the highbush snowball berry, a plant that grows naturally across the region. Kalyna berries make flavorful jelly, sauces, juice and syrup, and were a popular source of food for early pioneers and wildlife. One of the national symbols of Ukraine, it is also believed that the berry cures many different ailments and serves as a main ingredient for many traditional Ukrainian recipes.

Village houses serve as common homes in a village where guests are always welcome and fragrant aromas constantly come from the kitchen. As you walk into The Village House of Kalina, you will immediately feel the warmth of the people working there, much as guests might feel in a traditional village house. You can't escape that relaxing feeling of sitting in your mother's very own dining room. Not one dining table is similar in style or color at Kalina. Aleksandr and Tatiana wanted to give their guests the relaxing feeling of having a meal in their very own dining room.

Tatiana has always been passionate and proud of what comes out of her kitchen. Each dish comes from recipes that have been handed down from generations, with her signature twists that make her dishes delectable and cooked to perfection — not to mention made with all natural and healthy ingredients.

The borscht is a "must have" at Kalina. It is comfort food at its finest, while the pierogi — Ukrainian-style dumplings filled with onions and cheese or mushrooms and mashed potato — is a staple in the traditional cuisine. There's an array of main dishes to choose from, but a favorite is the stuffed cabbage. Tatiana says that in her village of Ternopil, there are a thousand women with a thousand Golubtzi (stuffed cabbage) recipes, each unique and distinct from another woman's recipe. Tatiana says she took all their secrets, added her mother's and grandmother's secret ingredients with her very own signature twist, and created the most mouthwatering stuffed cabbage dish ever. Aleksandr's hefty portions of shish kebabs, lamb, chicken or pork, marinated in special Ukrainian herbs and spices, is not something to overlook, either — the meat melts in your mouth. For dessert, the delectable and mouthwatering layered walnut cake must be ordered. People from all over Southern California travel to La Mesa for a taste of the walnut cake at The Village House of Kalina. Even the couple's 10-year-old son, Aleksandr Jr., describes the walnut cake as, "It's on fire!" Kalina also offers an array of Russian sodas like the green Tarkhun soda and a variety of specialty teas, like the exotic Cleopatra tea or the green tea flower bud that blooms into a flower in front of your eyes after a few minutes in the teakettle.

It is more than worth the short drive to La Mesa to visit The Village House of Kalina. Reservations are recommended if you plan to visit them on a Friday or Saturday.



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## La Jolla bookstore continues St. Patrick's Day tradition

By ETHAN ORENSTEIN

For anyone looking to celebrate St. Patrick's Day in true Irish fashion, look no further than D.G. Wills Books. After all, the bookstore's annual Open Reading of Irish Poetry and Prose offers an authentic taste of the Emerald Isles, including whiskey, beer and a certain Irish literary giant's racy musings.

Owner Dennis Wills said the event is always a good time, with 100 to 200 people attending each year. This year, the 34th anniversary of the event, should be no different.

"The event does not have to be quiet and polite," Wills said. "There are people wandering around. If the weather is right, we've got the doors open, people are outside drinking and laughing and carousing. The audience does not have to sit here like it's a church service."

While guests don't have to keep

The event does not have to be quiet and polite. There are people wandering around ... drinking and laughing and carousing. The audience does not have to sit here like it's a church service.

**DENNIS WILLS**  
OWNER, D.G. WILLS BOOKS



The late professor Denis Callahan, Notre Dame Ph.D. and authority on Irish literature who taught at Southwestern College, reads during a previous St. Patrick's Day reading at D.G. Wills Books. Courtesy photo

quiet or sit still, the event does have one rule.

"The thing about the event — and I warn people who've never been to it before — it's not an open reading of their own sometimes boring and longwinded stuff," Wills said. "It has to be a selection from one of the great Irish writers."

The tradition began on St. Patrick's Day in 1980 at the suggestion of local poet Joan Lindgren, less than one year after the bookstore had opened on La Jolla Boulevard.

"We were younger then and it was a smaller place, but it went on and it got wilder," Wills said. "We cooked food, people would bring Irish beer and whiskey, and

you never knew who was going to show up."

In the past, guests have included an opera singer, literature professors, newspaper editors and a harpist with an "angelic voice."

"Whether they were Irish or not, they had some interest in some aspect of Irish literature," Wills said. "There was one guy who had a great interest in Edmund Burke, and he would recite Burke from memory for about seven or eight minutes. It was a little longwinded, but it was something to see."

The event proceeds in three one-hour segments, for which guests can sign up to read. In the third segment, Wills said anyone brave enough can read from a collection of letters from James Joyce to his wife.

"There was a buddy of mine in the Marine Corps who read from that in segment No. 1 last year and it offended some people. They got up and walked out," Wills said. "That was our mistake for reading those in segment No. 1, so we warn the audience if they want to hear those they have to stay until around 10 o'clock at night when anyone who might be offended is gone."

While he has often wondered how long the tradition would continue as he got older, Wills said it's important to a lot of people in the community and he plans to keep the St. Patrick's Day reading going for as long as he can.

The celebration will begin at 7 p.m. on March 17. D.G. Wills Books is located at 7461 Girard Ave.



## Fashion Files

Diana Cavagnaro



A Zandra Rhodes design at the event raising awareness for heart disease on Feb. 8. Diana Cavagnaro

## AN AFFAIR OF THE HEART

Go Red For Women hosted an event to raise awareness of heart disease, the No. 1 killer of women, at the Hilton La Jolla Torrey Pines on Feb. 8. "An Affair of the Heart" featured the designs of internationally renowned designer Zandra Rhodes.

One of the most touching segments featured local cardiovascular disease survivors, who walked the runway holding bunches of red balloons, delighting the audience. Dressed in Rhodes designs complemented by Designer Millinery hats, the models threw red-heart confetti into the audience during the finale.

The American Heart Association recognized Marye Anne Fox, Betty Beyster, Joan Jacobs, Jeanne Jones and Darlene Shiley for their

philanthropic leadership in San Diego. For more information or coming events, visit [GoRedForWomen.org](http://GoRedForWomen.org).

## HEARTS, HATS AND HEELS

Hearts, Hats and Heels, held on Feb. 6 at the Rancho Santa Fe Country Club and hosted by FINE magazine, raised funds to benefit KidsKorps USA, an organization designed to encourage young people ages 5 to 25 to participate in community service through volunteerism.

Participants arrived to find local vendors had set up booths for some exclusive shopping, with an array of items, including hats, heels, jewelry and more.

Some of the stand-out fashions were Satori Designs, located at Aja Home & Accessories, Melero Boutique in Little Italy, Deja Chic Boutique in Encinitas and TRE in Del Mar. Featured hats came from Del Mar Hats and Designer Millinery, and the fashion show included men's clothes from Mister B. For more information about KidsKorps USA, visit [www.kidskorps.org](http://www.kidskorps.org).



Satori Design at Hearts, Hats and Heels on Feb. 6. Diana Cavagnaro

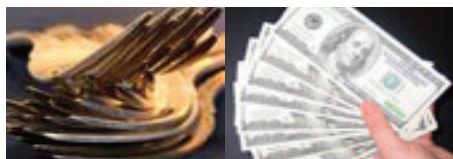
## UPCOMING EVENTS

**March 19** — "Cherry Blossoms in Springtime" Hands of HOPE fashion show to support the Epilepsy Foundation of San Diego, 10:30 a.m., US Grant Hotel, [www.epilepsysandiego.org](http://www.epilepsysandiego.org).

**April 6** — Fashion with a Passion, 11 a.m. to 3 p.m., Fashion Institute of Design & Merchandising, vendor shops and swap, [www.fashionwithapassion.org](http://www.fashionwithapassion.org).

— Diana Cavagnaro is a nationally recognized hat designer and milliner with a fashion business in downtown San Diego. She has been teaching in the fashion department at San Diego Mesa College for 20 years.

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# La Jolla florist stays ahead of the curve for over 75 years

By ETHAN ORENSTEIN

Proving change is inevitable — and necessary — Adelaide's, a La Jolla institution that has thrived for more than 75 years, is heading full force into the future with an ambitious makeover.

Adelaide's began a major reinvention two years ago and has more in store in the future. As one of the few florists left in La Jolla, the changes are necessary, owners said, to keep Adelaide's competitive against discount and bulk florists.

Chief operating officer and general manager Jerry Parent said Adelaide's traditional style has always been venerated in San Diego, but a major overhaul — changing everything from the store fixtures and paint to merchandise and pricing — was necessary to keep up with current trends and appeal to a broader audience.

"We're not trying to veer to too far away from what Adelaide's was, but also were trying to make sure we're encompassing the next generation," Parent said.

The store has been redesigned with more open space and bright, colorful paint. It added a new plant and potting department, where customers can create their own fixtures and displays. Succulents, a newer trend, are available to plant with rocks, moss and vases. European giftware and accessories, that Parent said can't be found anywhere else in the U.S., are also available to accompany floral displays.

"People are looking for things that they're seeing in New York or Europe," Parent said. "That's where we keep our eyes, on those trends that are happening there, and trying to bring them here so we're



fresh, we're new and ahead of the curve."

Adelaide's has also added a Friday Flower Market, where customers can purchase flowers at

wholesale prices. Each Friday, designers arrange different displays to provide examples of what can be created with the available flowers.

"That's what's new, that's what people are discovering with us," Parent said. "We're constantly evolving now. We really are offering something that's new and fresh and different as an independent florist."

Adelaide's has also been experimenting with its price structure. Parent said owners have been researching the market constantly to provide customers with the lowest prices they can.

Flower shops have changed tremendously over the 76 years Adelaide's has been in business. Traditional florists often have a hard time staying in business trying to compete with the low-prices offered by online and phone-in flower

shops.

"The 800 number-type flowers are popular because it's easy, fast and inexpensive, and I can pick up the phone and order those types of flowers," Parent said. "The stuff that we do is unique, stylized and customized."

The store's website has undergone some major changes, as well. Parent said he wanted to provide customers with plenty of pictures and prices, giving them a good idea of what's available.

"Hopefully they can get a really customized arrangement at the same price they'd get for something that's being put together in the thousands by an 800-line number," Parent said.

Adelaide's is located at 7766 Girard Ave. For more information, visit [www.adelaides.com](http://www.adelaides.com).

## BUSINESSTODAY

**A NEW STATEMENT** – Statements of La Jolla, which specializes in stationery, custom invitations and gifts, has moved to Suite F in the Crosby Center at 7734 Herschel Ave. Panache Productions, an event-planning firm that coordinates everything from luncheons to weddings and works closely with Statements of La Jolla, joined

in the move. Hours are Mondays through Saturdays 11 a.m. to 5:30 p.m. and Sundays by appointment.

**NATUROPATHY MOVES IN** – The La Jolla Naturopathic Clinic, 7820 Ivanhoe Ave., celebrated its grand opening on Feb. 28. Owner and primary care naturopathic doctor Karen Paquette offers naturopathic consultations, vitamin injections, detoxification and ther-

apeutic bodywork and massage. Appointments are available Mondays, Tuesdays, Thursdays and Fridays. To book an appointment call (858) 779-9120 or visit [www.lajolla-naturopathic.com](http://www.lajolla-naturopathic.com)

**NEW SHILEY CENTER** – Darlene V. Shiley has committed \$5 million to a new musculoskeletal and orthopedic care facility at the Scripps Clinic. The

Donald P. and Darlene V. Shiley Musculoskeletal Center, which will advance research and centralize services for more than 100,000 patients annually, will be located on the first floor of the Scripps Clinic Torrey Pines Anderson Outpatient Pavilion and will offer orthopedic surgery, neurosurgery, sports medicine, podiatry and rheumatology. The project is scheduled to begin in June, with completion sched-

uled for January 2015.

**NEW LOCATION FOR CHIROS** – Holistic chiropractors Patricia Lotufo and Rachel Richards, who have been practicing in La Jolla for a combined 12 years, have made the move to a larger located at 7520 Eads Ave., Suite 7 to accommodate a growing customer base. The team will celebrate the move on April 11.

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**ENTRY RULES:** You choose your favorite! Tell us who the best of the best is and you'll be entered into our free drawing. Vote for restaurants in La Jolla and UTC. (92037, 92121, 92122). Maximum of 4 categories per restaurant. Mail or hand deliver your ballot to: La Jolla Today, Readers Choice Awards: 1621 Grand Ave., Ste. C., San Diego, CA 92109; or vote online at: [sdnews.com](http://sdnews.com) or [lajollavillagenews.com](http://lajollavillagenews.com). Please complete at least 50% of the ballot. One ballot per person. Ballots must be postmarked, submitted online, or hand-delivered by 3/22/2013

Overall Restaurant \_\_\_\_\_  
Overall restaurant service \_\_\_\_\_  
New restaurant \_\_\_\_\_  
Best Chef \_\_\_\_\_  
Breakfast \_\_\_\_\_  
Lunch \_\_\_\_\_  
Dinner \_\_\_\_\_  
Take-out \_\_\_\_\_  
Sunday brunch \_\_\_\_\_  
Family restaurant \_\_\_\_\_  
Best Atmosphere \_\_\_\_\_  
Restaurant Service \_\_\_\_\_  
Restaurant w/ Wine List \_\_\_\_\_  
Wine Shop \_\_\_\_\_  
Wine Bar \_\_\_\_\_  
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## Bird Rock art community grows

By DAVE SCHWAB



Left, GALERie opened in Bird Rock in September (photo by Pearl Preis). Art Nest, right, opened last November.

There's an art renaissance afoot in Bird Rock with the emergence of new galleries.

Two of the most recent are GALERie at 5629 La Jolla Blvd. and The Art Nest at 5648 La Jolla Blvd.

The owners of both new hybrid galleries say their existence is indicative of the neighborhood's growing cultural and artistic awareness.

"Over the last year or two art galleries are just booming," said Sejala

Holland of GALERie. "It's starting to reflect the community."

A Bosnian expatriate, Holland, who's lived in Bird Rock for 15 years, previously owned an art gallery in Laguna Beach. She opted to close that one and open a local space last September because she wanted to bring her art "closer to home" and make it more "focused on the community."

Meanwhile, Anseth Richards, owner of Art Nest, saw a niche that

could be filled with her business experience.

"I wanted to open a cooperative art gallery with shared creative space for artists complimenting my existing wedding business, The Bridal Bar," said Richards, who is a former La Jolla Realtor. "Artists rent space out of the back of our building and it's very affordable."

SEE GALLERIES &gt;&gt; PG. 19

## Bird Rock artists unite for Maker's Fest

A group of creatively inspired, community-minded local artists will converge at Bird Rock Arts Gallery on March 23 to display their work, give live art and design demonstrations and receive orders for custom commissioned works at Maker's Fest, a one-day festival celebrating the innovative minds of local creators and their craft.

The festival will be brought to life thanks to the collaboration of Bird Rock Arts Gallery owner Maria Parenteau and local artist, gallery advisor and festival director Fernando Pinon.

"It's a great chance to bring artists from across the spectrum into one place to showcase their work and educate the art-loving community of Bird Rock," said Pinon. "Plus, it's the only place in La Jolla where you have such direct and immediate access to a wide range of artists that can produce custom works of art and home décor from sandals to salt shakers."

The family friendly art festival will feature live music by local musician SeaSalt Blondie, a kids community mural painting activity, craft beer and wine by Helms Brewing Company and C.S. Cellars, and live artist demonstrations by local studios including ARHALU, Artist's Roots, My Art Shed, Maker Place, Sherilyn Clayes, Maria Parenteau and Wall Flavor Murals.

Raffle tickets sold at the event will help fund the revitalization efforts of the SDPD substation in Pacific Beach. The grand prize raffle winner will receive a \$100 gift certificate to ARHALU for its custom designed, tailor-measured leather sandals and slippers.

The free festival is open to the public and will take place from 10 a.m. to 2 p.m. at Bird Rock Arts Gallery, located at 5785 La Jolla Blvd., Ste. B. For more information, visit [www-BirdRockArts.com](http://www-BirdRockArts.com) or call (210) 279-0428.

— Mariko Lamb

## ARTSTODAY

**OPERA + COMMUNITY** — Young opera musicians will converge at the La Jolla Community Center on March 15 at 7:30 p.m. for an event to benefit the community center and the Point Loma Opera Theatre. The Arias and Art Songs fundraiser offers guests a rare glimpse at the region's up-and-

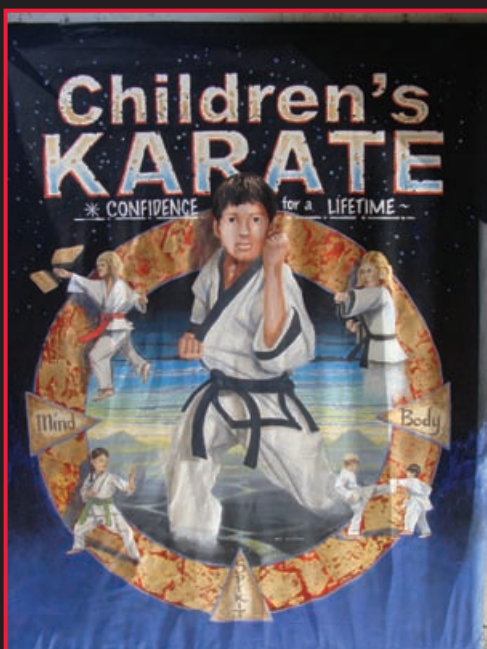
coming operatic artists, including tenor Alexis Alfaro, baritone Anthony Winston-Martini and soprano Michelle Law. Tickets are \$10-\$15. For more information or to purchase tickets, call (858) 459-0831.

**SPRING CLEANING** — The La Jolla Art Association will feature some of the community's best known living

artists' work in the Clean Sweep for Spring art show, on display at the gallery, 8100 Paseo del Ocaso, Suite B, until April 6. More than 20 artists will feature work at steeply discounted prices. Receptions will be held on March 16, April 6 and April 13 from 7 to 9 p.m. For more information, call (858) 597-8187 or email [n59melinda@aol.com](mailto:n59melinda@aol.com).

**HOMETOWN-INSPIRED ART** — Bishop's School graduate Natalia Wrobel will display a La Jolla-inspired exhibit at the new Strand Salon. Although Wrobel's permanent studio remains on the East Coast (she studied art at Dartmouth and in Florence, Italy), all of the paintings in her "Sunwalk Series" exhibit are inspired by the sand, sea and energy of California living. The

exhibit will be on display at the salon, 909 Prospect St., until summer. For more information, visit [www.nataliaswrobel.com](http://www.nataliaswrobel.com).

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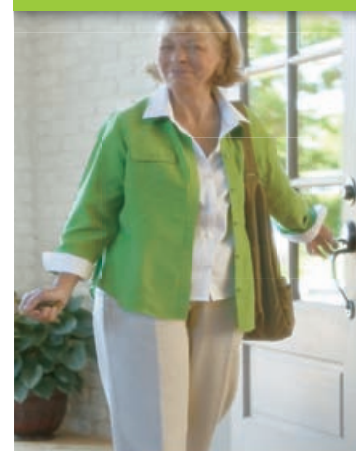
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# Recognizing real dedication



Wait. **3.** Sandra Maas, Catherine Blair (honoree), Andrea Naversen (honoree), Carol LeBeau (emcee), Maggie Watkins (honoree). **4.** Cristull Hasson, Peggy Matthews, Mary Johnson, Phyllis Parrish, Kathryn Stephens (honoree). **5.** Denise Vila, Vicki Eddy, Betty Beyster, Katherine Kennedy, Esther Nahama. **6.** Linda Katz, Joyce Glazer, Merle Lotherington, Sue Wagoner, Sallie Warren. **7.** Cynthia McCulloch, Louarn Sorkin, Carol Rumsey, Joyce Dostart, Nayda Locke, Robin Parker

**1.** Betty Brayshay (event co-chair), Marla Black (event co-chair) and Larry Black, Karin Donaldson (president, Women's Auxiliary, Salvation Army in

San Diego), Joan Embery and Duane Pillsbury. **2.** Kevin Ahern and Sherry Ahern (honoree), Cynthia Jackson (honoree) and Dick Jackson, Andrea Naversen Wait (honoree) and Dwight



## Starry, starry nights



with Vincent Andrunas

Of all the annual daytime gatherings that occur in San Diego, one of the largest and best known is the Women of Dedication Luncheon. The 48th anniversary edition of this popular event took place March 8 at its traditional Sheraton San Diego Hotel and Marina venue. Betty Brayshay and her daughter, Marla Black, teamed up as co-chairs, and they called it "A Garden

of Giving." It was a very apt title, because each year, the event honors a number of outstanding women for their extraordinary leadership and incredible contributions to the community through volunteer service in various cultural, educational, philanthropic and religious organizations.

The luncheon is also the major fundraiser for The Salvation Army

Women's Auxiliary of San Diego County. Construction is under way to expand the Army's Door of Hope Transitional Living Center, which provides a secure environment for pregnant mothers and their children. This expansion will include 24 new apartments, providing a safe haven and supportive temporary home for 24 at-risk women and children in desperate need. Pro-

ceeds from the luncheon will go toward providing furnishings for those apartments, so that each bedroom, living room, kitchen and bathroom will have the necessities needed to make it a home.

The event began at 10:30 a.m., with a reception, boutiques and big

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## Mixing & mingling

**Message from the COB**

Last Wednesday February 20th the Chamber held their monthly Business After Five at the La Jolla Brew House. The happy net-workers enjoyed a delightful variety of salads, breads, appetizers and some great sausages out on their spacious covered patio.

On February 28th the Chamber celebrated a Ribbon Cutting at the offices of their newest member, Dr. Karen Paquette of La Jolla Naturopathic Clinic located at 7820 Ivanhoe Street in La Jolla.

For the March Mixer the Chamber is going back over to UTC to enjoy the special taste of Leucadia Pizza located at 7748 Regents Rd. Besides great networking, there will be complementary pizza, salads and snacks.

Attendance for Members is \$10 and non-members are \$15. Groups of non-members of three or more will be \$10 each. For information about the event or membership contact Chamber President: George Schmall at his office of Financial BodyGuards. (858)350-1253

The LJGTCC is would like to remind you about the Apple Product rewards program offered by Hello Eco. Don't forget that you can easily find John Norris and Hello Eco listed in the Directory on the Chamber's website, along with the rest of our members and more useful information.

[www.ljgtcc.com](http://www.ljgtcc.com)

**WHAT:** La Jolla & Golden Triangle Chamber of Commerce's "Business After Five" Mixer  
**WHERE:** 7748 Regents Rd La Jolla, CA 92122  
**WHEN:** March 20, 2013 5:30-7:30 p.m.  
Members \$10.00  
Non-members \$15.00

**Photos from last month's BAF Mixer @ Brew House**

Raffle winners pose with COB George Schmall (2nd from left).

Chamber members enjoyed food and networking at the BAF at La Jolla Brew House.

Ribbon cutting for La Jolla Naturopathic



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## Donovan's Steak House

They may look good enough to eat, but the paintings and sculptures at Donovan's of La Jolla are strictly off limits – so you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan's, fresh seasonal vegetables and your choice of potato are always included with each entrée.

## The Broken Yolk Café

The Broken Yolk Café offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are over 20 different omelets to choose from as well as a wide variety of other breakfast favorites which include pancakes, waffles and French toast. Feel more like lunch? Try one of our juicy ½ pound burgers or one of our large sandwiches.

## Bistro Pazzo

The whole idea of a bistro, says Seto Marselian, owner of Bistro Pazzo, is to offer a neighborhood place where everyone knows you - where great friends and great food meet. Bistro Pazzo is going on its 4th year, located just slightly off the beaten path, just off Prospect Street at 7930 Ivanhoe Ave - and the "hidden gem" nature of the eatery makes it just that much more of a neighborhood treasure. Within walking distance to shopping, hotels, the financial district, and the famous beaches of La Jolla. Open for Lunch and Dinner, Bistro Pazzo is definitely the "hidden gem" of La Jolla. Come enjoy this small neighborhood Italian bistro seven days a week. Moderate prices, great food, good portions, and a vast wine list with crazy service. You can be crazy too, no one will mind, Really! 858-456-4005 [www.bistropazzo.com](http://www.bistropazzo.com)



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## Therapy for Alzheimer's Patients Improves Life

Even though there is not yet a cure for Alzheimer's disease, researchers have been looking into therapies that can improve a person's quality of life, possibly lessen some of their symptoms and help them function better.

**Notepad Computers** – These same lightweight touchscreen computers, with puzzles, games and apps, are being used to exercise the person's mind, help them improve their dexterity and even help remind them of things. The games help the person feel that they've accomplished a task and are successful.

**Bright Lights** – A study that was published in the Journal of the AMA found that either intensive light therapy or UV light therapy has helped a person with memory issues have better cognition and helps improve mood. It may be especially helpful with sun-downing behavior.

**Art** – This is increasingly being seen at museums around the country, where there are programs for people with Alzheimer's to view and create art. The result of this therapy lasts well past the therapy session.

**"Comfort Food"** – It is being researched that letting the person have that extra piece of pie or that nighttime drink makes the person more content and

peaceful. This could cause them to need less medication.

**Tell a Story** – Having the Alzheimer's patient in a group, looking at pictures and making up a story about that picture helps the person be creative, as well as helping them socialize.

No therapy at this time can reverse Alzheimer's, but more people are working to help improve the quality of life. For more help in dealing with an Alzheimer's patient, call the RN care managers at Innovative Healthcare Consultants at 1.877.731.1442 or see us online at [www.innovativehc.com](http://www.innovativehc.com).

## Women With Hair Loss Can Have Thick and Healthy Hair

Volume is the most requested service of all clients. Thick, healthy hair is never out of style! Even with all the excellent professional volumizing products available, nothing compares with the real thing: thick, healthy human hair!

The unique patented process used at Judy's salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair.

Most women who want this service suffer from thin, weak and damaged natural hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook!

### Hair Extensions FAQ- How Do You Match Extensions to a Client's Existing Color?

If you are blending colors choose extensions that are the same level of color as the client's own hair. If you are changing the level of the client's hair choose a shade that works well with the skin tone. A coloring process can be done to the natural hair 48 hours prior to application and extensions can be matched to that also. **How Do You Customize Extensions for a Client With Thinning Hair?**

Use an extension with a smaller attachment bond and a single strand application process so the hair is not damaged and can hold the weight of the extension. This will give natural looking volume and length to thinning hair.

### How Do You Match Hair Extensions for Clients With Curly Hair?

If a client with curly hair wants to wear their hair straight then nothing needs to be done to the extensions. If the hair is worn curly most of the time the extensions can be permed prior to attachment to the natural hair.

## La Jolla Wellnes Studio A different kind of fitness Center

What makes the La Jolla Wellness Studio stand apart from other fitness centers, is the technological approach it employs, utilizing vibration technology and focusing on the equal importance of preparation and recovery time. First time visitors have their body scanned to produce a 15-point comprehensive analysis that personalizes the exact areas and measurements to focus on. Then comes the workout, if you can even call it that. Unlike a sweaty and exhausting trip to the gym, here you can come in as you are at any point of the day. The process consists of three intervals; you begin by standing on a vibrating platform that prepares your muscles for action, then four minutes on the range of motion device, and followed by six minutes laying on a horizontal vibrating platform that facilitates muscle recovery and prevents aches and pains. Come give us a try. 7660 Fay Ave. La Jolla. 858-444-0340.



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## Spring into spring dining

**With San Diego on the cusp of springtime, La Jolla chefs are preparing for the season with fresh new seasonal dishes.**

**EXECUTIVE CHEF TREY FOSHEE AT GEORGE'S AT THE COVE** recently revealed his array of seasonal California Modern menu

items, including springtime twists on his dry-aged ribeye, diver scallops, Jidori chicken, local black cod and Thai snapper. Mixologist Frankie Thahel's latest lineup of seasonal craft cocktails, such as the Manitoba Spring, Taproot Cooler and Cienega, provide the perfect pairing. George's Bar and Ocean Terrace will also fea-

ture desserts crafted by pastry chef Lori Saur, like the mocha mousse bar, sticky toffee pudding cake and lemon chiffon.

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The Marine Room's high-tide dinners. Don Balch

**TO KICK OFF SPRINGTIME WITH A SPLASH**, The Marine Room welcomes diners to enjoy any one of its seasonal events amid the crashing waves knocking on the restaurant's windows. The landmark will host a Mother's Day cooking class and dinner, a decadent Mother's Day menu and the oceanfront restaurant's ever-popular high tide dinners.

The Mother's Day cooking class and dinner starts at 6 p.m. on May 1 and features a special cooking demonstration by executive chef Bernard Guillas and chef de cuisine Ron Oliver, followed by a three-course dinner and wine pairings. Tickets for the dinner and class are \$75 per person. An à la carte Mother's Day menu will also be available on May 12 from 11 a.m. to 7 p.m.

The dramatic dining experience at the restaurant's high-tide dinners will kick off on May 22 and run through Aug. 21.

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— Mariko Lamb

## BEYOND limits >>

JOHNNY MCDONALD

When exploding meteors crash to earth and asteroids zoom past, people begin to take note of how vulnerable life can be on this planet.

On our globe, however, it can be said that scientists have their hands full keeping abreast of challenges that demand their expertise.

Birch Aquarium has been, and will continue to, cover some of these evasive topics during lectures this spring.

Professor emeritus Richard Somerville, a world-renowned Scripps climate scientist, explained the scientific case for urgent action to limit climate change on March 11.

Next up, geophysicist Michael Hedlin will describe on April 8 how the new field of atmospheric acoustics is allowing researchers to listen to earth from earthquakes and volcanic eruptions to meteorite impacts.

Then, division director Lisa Balance will discuss research and programs that are informing how we can protect and sustain precious ocean resources on May 13.

Each year since 2001, these informative lectures for the public, students and faculty have dealt with a multitude of topics, including "oceans, atmosphere, solar activity, weather and temperature, magnetic field physics of earthquakes and coral reefs," said aquarium execu-

tive director Nigella Hillgarth.

Titled the Jeffrey B. Graham Perspectives on Ocean Science Lecture Series, the lectures enlighten not only those in the audience, but millions online viewers, as well.

Hillgarth said they have registered 9.96 million downloads of past series that have touched on climate change, atmospheric acoustics and ocean resources.

"We're proud of the series," she said. "It's for the lay person who wants to know more about ocean science, as well as students and faculty from UCSD."

Scripps researchers are noted for their diversity of topics, from monitoring earthquakes worldwide to searching the ocean depths of the Mariana Trench.

"Scripps scientists are exploring earth's mysteries through hundreds of research projects under way on every continent and in every ocean," Hillgarth said.

She pointed out that schools don't have the resources for science studies as in the past so it's not taught as much.

"Places like our lecture series, our museums and those in Balboa Park help to get kids excited and interested," she said.

Lectures start at 6:30 p.m. Admission is \$8 for the general public, \$5 for students and educators. For more information or to RSVP, visit [aquarium.ucsd.edu](http://aquarium.ucsd.edu).

— Johnny McDonald is a longtime writer and columnist for the San Diego Community Newspaper Group.

## HEALTHBRIEFS >>

cont'd from page 14

### What type of hair extensions do you use?

Judy uses Great Lengths all-natural hair extensions and prefers these extensions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein the same molecular structure as your hair. This application process does not harm your own hair. While others use techniques such as welding, waxing, gluing or knotting, which strain your hair to a high degree Judy uses a much more gentle principle called modulating. An extremely high-tech method of bonding the hair strand to your own hair. Extensions can be used for volumizing, lengthening, coloring or simply adding texture; Judy will offer a free consultation guiding you through your new style. Whether creating a new look, following fashion or with a special occasion on the horizon. Judy's hair extensions have over 55 colors to choose from and blend with your own hair for perfect color matches. Most importantly your own hair will not be damaged and the extensions can be easily removed by an expert.

### Can hair extensions damage my hair?

No, they will not. Actually, even very fine and damaged hair can become healthier if you're wearing hair extensions because they will protect your hair from things that could damage it like curling irons, blow dryers, styling heat and environmental damage. Because of the unique application bonding system, the extensions can be easily removed. This is different than many hair extension

methods that bond too tightly to your hair. Those old methods can lead to hair breakage when being removed. Judy's La Jolla hair extensions are joined to your natural hair by using a safe, all-natural, keratin protein bond application system.

### Will the hair extensions match my natural color?

Yes, the hair extensions are offered with custom hair color blending. With well over 55 natural, vibrant hair color options to choose from, it is possible to match just about any hair color. This will create the most natural and real-looking hair extension possible.

### Are hair extensions uncomfortable?

Judy's La Jolla Hair Extensions are applied to your hair with a very small bond of natural keratin protein. Most people don't even notice a difference between the hair extensions and their own natural hair.

### How do I maintain my extensions at home and between visits to the salon?

Judy is fully trained on how to educate her clients to professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hairstyling is very similar to how you style your hair without extensions. Contact Judy in La Jolla today for answers to any more of your hair extensions questions. <http://hairextensionsofajolla.com/>

Call today and receive \$200 off on your first full head of hair replacements! 858-456-2344. Judy Judy Judy, 7734 Herschel Suite #P La Jolla.

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## MUSTSEE &gt;&gt;

La Jolla band The Saline Solutions is hitting it big locally with an original song on The Weather Channel's "Lifeguard!," as well as six gigs this month.

"We're just getting started and our sound is just now starting to gel, so it really caught us by surprise when The Weather Channel asked to use one of our original songs in their new show, 'Lifeguard!,'" said Saline Solutions leader Mitch McCullough. "One day they just contacted us and asked us to sign a bunch of waivers giving them rights to our songs on our first CD. We were so stoked, so we did it."



## Upcoming shows:

- March 15, 10 p.m. – The Salty Frog, 992 Palm Ave., Imperial Beach
- March 17, 2:30 p.m. – St Patty's at Effin's Pub, 6164 El Cajon Blvd.
- March 21, 9 p.m. – Tin Can Alehouse, 1863 Fifth Ave.
- March 29, 9 p.m. – 710 Beach Club, 710 Garnet Ave.
- March 30, 9:30 p.m. – Effin's Pub, 6164 El Cajon Blvd.

For more information, visit [www.facebook.com/salinesolutions](http://www.facebook.com/salinesolutions).

## MUSTHEAR &gt;&gt;

San Diego's arts community offers many wonderful cultural events and programs throughout the year, but for both sights and sounds, nothing compares to the annual Indian Music and Dance Festival. Taking place this year March 19-24 at the David and Dorothea Garfield Theatre, the event features 19 programs. The festival showcases the music and traditional dance of India, alongside wonderful food. Between the colorful clothing, enchanting music and savory meals, it's a feast for the senses, with more than 5,000 people expected to attend.

Dozens of internationally renowned artists will take part, including sitarist

Charumathi Ramachandran, who will perform an opening night concert of Raga's, dedicated to the late Ravi Shankar, who passed away at his Encinitas home late last year. A further tribute to Shankar will take place on March 23.

Other highlights include a children's program, a concert from the Trichur Brothers performing traditional Carnatic music, as well as dance programs, highlighted by a performance of the classical dance form Mohiniyattam by Gopika Varma.



Indian Fine Arts Academy of San Diego Fourth Annual Music and Dance Festival: March 19-24 at the David and Dorothea Garfield Theatre, 4126 Executive Drive. All ages. [www.indianfinearts.org](http://www.indianfinearts.org)

– Bart Mendoza

## Live music calendar &gt;&gt;

## Friday, March 15

- Whitney Shay, standards, 5 p.m., La Valencia
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- AJ Degrasse Trio, piano jazz, 7 p.m., Eddie V's
- Proud Moon, indie rock, 7 p.m., Che Café, UCSD
- Tad Sisler, vocals, piano, keyboards, 8 p.m., Manhattan of La Jolla
- Tha Twinz, hip-hop, 8 p.m., Porter's Pub
- Chamber Ensembles, Bach, Ravel and more, CPMC Concert Hall, UCSD
- FUNDamental Fridays, 8 p.m., Barfly
- AfroJazziacs, 9 p.m., Café-Bar Europa

## Saturday, March 16

- Batya MacAdam-Somer, Bach, Ives, etc., 3 p.m., CPMC Theatre
- Jonathan Karrant, 5 p.m., La Valencia
- Tomcat Courtney, 6 p.m., Café-Bar Europa
- Jazz Mikan, 7 p.m., Eddie V's
- La Jolla Symphony and Chorus, Philip Glass and Aaron Copland, 7:30 p.m., Mandeville Auditorium, UCSD
- Oceanside Sound System, fourth wave ska, 7:30 p.m., Che Café UCSD
- Tad Sisler, 8 p.m., Manhattan of La Jolla
- Superstar Saturdays, 8 p.m., Barfly
- Wax, hip-hop rock hybrid, 8 p.m., Porter's Pub, UCSD
- The Bastard Sons of Johnny Cash, 9 p.m., Café-Bar Europa

## Sunday, March 17

- La Jolla Symphony and Chorus, Glass and Copland, 2 p.m., Mandeville Auditorium, UCSD
- Sounds Like Four, jazz, 4 p.m., Café-Bar Europa

- Chris Cerna, standards, 5 p.m., La Valencia
- John Cain, piano jazz, 5 p.m., Eddie V's
- Big Boss Buble, nu jazz, 7 p.m., Café-Bar Europa
- Greensky Bluegrass, 8 p.m., Porter's Pub UCSD

## Monday, March 18

- John Cain, piano jazz, 5 p.m., Eddie V's
- Chris Cerna, 5 p.m., La Valencia
- Pan Am, jazz, 6 p.m., Café-Bar Europa

## Tuesday, March 19

- Karis Studio Students, graduate students, 2 p.m., CPMC Concert Hall, UCSD
- Ibrahim Senegal, traditional African music, 4:30 p.m., Café-Bar Europa
- Chris Cerna, 5 p.m., La Valencia
- Mikan Zlalkovich Trio, 7 p.m., Eddie V's
- AfroJazziacs, 7:30 p.m., Café-Bar Europa

## Wednesday, March 20

- Faiz, standards, 5 p.m., La Valencia
- Freddie A Dream Trio, piano jazz, 6 p.m., Eddie V's
- Retox, punk, 6 p.m., Che Café, UCSD
- Tomcat Courtney, blues legend, 6:30 p.m., Café-Bar Europa
- Latin Jazz Crew, jazz and standards, 7:30 p.m., Café-Bar Europa

## Thursday, March 21

- Kova, stanadards. 5 p.m., La Valencia
- Tad Sisler, 7 p.m., Manhattan of La Jolla
- What's Eating Gilbert, indie rock, 7 p.m., Che Café UCSD
- Pan Am, Latin jazz, 6 p.m., Café-Bar Europa
- Lotus, DJ night, 8 p.m., Barfly

For the full calendar, visit [lftoday.com](http://lftoday.com)

**THIRTIETH ANNUAL**  
*Easter Sunrise Service*  
In Balboa Park  
**SPRECKELS ORGAN PAVILION**  
**SUNDAY, MARCH 31, AT 6:30AM**  
Hosted by Major Area Churches  
& The Ecumenical Council of SD

Music by the Mt. Sinai  
Sanctuary Choir Directed by  
Marshall Rivers

Message by:  
Pastor  
Cedric Collins

Jared Jacobsen at  
the Spreckels Organ **ALL WELCOME Free Parking**

Entire Offering donated to  
San Diego Rescue Mission  
For the Homeless

## Advertise Your EASTER services

**March 21<sup>st</sup>**  
Peninsula Beacon  
**March 28<sup>th</sup>**  
Beach & Bay Press  
La Jolla Today  
**Call 858.270.3103**  
**Kim x140**



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*He came that we might have life and live it to the fullest. – John 10:10*

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**PALM SUNDAY**  
MARCH 24  
9:00 & 10:30 AM  
brunch after both services

**EASTER SUNDAY**  
MARCH 31  
7:30, 9:00, & 11:00 AM  
"OUR VICTORY SONG"  
WITH PASTOR STEVE MURRAY  
Enjoy music by the LJCC  
Choir, Worship Band and  
guest musicians

**MAUNDY THURSDAY &  
GOOD FRIDAY**  
MARCH 28 and 29  
7:30 - 8:30 PM  
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[www.LJCommunityChurch.org](http://www.LJCommunityChurch.org)  
[www.Facebook.com/2LJCC](http://www.Facebook.com/2LJCC)

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[www.sandiegobahai.org](http://www.sandiegobahai.org) • [www.bahai.org](http://www.bahai.org)



# Spring & Summer Camps

## Kids experience performing arts at Junior Theatre Camp

Join Junior Theater this summer and experience the wonderful world of performing arts where campers will take classes in acting, dance, and singing.

Traditional, performance, specialty and advanced camps available in Balboa Park. Junior Theatre also provides K-3 camps in La Jolla. Camps run June 10- Aug 30. To register or for a list of camp dates, descriptions and pricing visit juniortheatre.com. Register early as our camps fill quickly.



**BEACH BREEZE ARTS CAMP**

June 24 to 28, 2013, 8:30 am to 4:30 pm for youth 6th to 12th grade. Immersion experiences in visual art, theater, dance, and visual and performing art technology. Led by highly qualified San Diego educators. Hosted by the Pacific Beach United Methodist Church.

1561 Thomas Ave, San Diego, CA 92109 cost \$185 if registering before May 24  
Limit 25 young artists, email [artscamp@pbumc.org](mailto:artscamp@pbumc.org) to apply.



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**San Diego Junior Theatre**

BALBOA PARK & LA JOLLA

**Spend the Summer with San Diego Junior Theatre!**

- \* One and two week sessions grades K-12 \* Creative Play camp for ages 3-5
- \* Performance and specialty camps\* Advanced Acting and Musical Theatre camps for grades 9-12\* Camps run June 10 through August 30

Students 8 & up enrolled in 2 weeks of camp may audition for:

**DOCTOR DOITTE**

**GoldDolls**

Call: (619) 239-1311 for information [www.juniorthatre.com](http://www.juniorthatre.com)

New this year AMT Jr. for grades 6-9: Once Upon a Mattress AMT 9-12: Into the Woods and AAC 9-12: Caucasian Chalk Circle. Specialty Camps: So you think you can dance?, Glee Camp, and Improv Camp. Performance camps for students grade 3-6: How to Eat Like a Child, Cats, Stinky Cheese Man, Perils of Lulu. Performance camps for students grades 7-12: Grease, Newsies, Les Miserables in Concert, and MacBeth.

For more about San Diego Jr. Theatre call (619) 239-1311.

## Nike Golf Schools & Junior Camps 2013

Nike Golf Schools and Jr. Camps offer a variety of programs designed to meet the needs of each camper. Every facet of the game is covered during morning instruction and afternoon course play. Beginning, intermediate, high school and advanced players can immerse themselves in the sport for an entire week.

Our camps are led by directors who are nationally recognized PGA/LPGA professionals and college coaches and are joined on staff by other teaching professionals, college assistant coaches, renowned high school coaches and former/current college players.

Enroll in a Nike Jr. Golf Camp today and see why over 150,000 junior golfers have participated in what we believe are among the best junior programs in the country.

## The Peninsula YMCA

The Peninsula Family YMCA offers day camps all summer long beginning June 12 through August 30. Day camps range from a variety of choices and for youth ages 5-16.

There are many new camps to choose from and some returning favorites including ice-skating, gymnastics, swim lessons, field trips to amusement parks and much more.

Kids will grow, discover and explore

while making lasting friendships and memories.

Camps fill up fast, so please sign up early. To ensure that every child and teen has the chance to go to camp, the Y offers financial assistance to those in need.

To register to either spring or summer camps, please visit [peninsula.ymca.org](http://peninsula.ymca.org) or call (619) 226-8888 for more information.

## Pacific Beach United Methodist Church Extends a Warm Welcome

Chartered in 1947 and still celebrating the grace of God, the Pacific Beach United Methodist Church (PB UMC) is a faith community which people of many ages, stages, and backgrounds call home. Some have claimed PB UMC as "their" church since the 1950's; others have just arrived. The church is known for excellent music, uplifting messages, opportunities for compassionate service, creativity in putting everyone's gifts to work, and a beautiful courtyard complete with what must be Pacific Beach's largest living Christmas tree!

PB UMC has long-held commitment to supporting families by sponsoring kids to participate in a resident summer camp in Julian, organizing week-long youth service projects which prove inspiring and eye-opening to teens, and mentoring young people. This year the church will add an arts day camp to its array of youth opportunities.

More information is available at [www.myPBchurch.org](http://www.myPBchurch.org).

## Day Camps at La Jolla YMCA

The La Jolla YMCA offers day camps all summer long beginning June 12th through August 30th. Day camps range from a variety of choices and for ages five to seventeen years old. There are more than 100 camps to choose from, including ice-skating, gymnastics, swim lessons, field trips to amusement parks and much more. Kids will learn, grow and thrive making lasting friendships and memories. Camps fill up fast so please sign up as soon as possible. To ensure that every child and teen has the chance to go to camp, the Y offers financial assistance to those in need. Also, it's not too late to sign up for our spring camps beginning April 1 through April 5. To register to either spring or summer camps, please visit [lajolla.ymca.org](http://lajolla.ymca.org) or call (858) 453-3483 for more information.



**Family Activities FREE with museum admission.**

Children 12 and under FREE with paid adult admission.\*

Most activities from 11:00 am - 3:00 pm.

**BALBOA PARK**

**Family Day**

Science

**Saturday March 16**

- More than 20 participating cultural organizations
- Science-themed crafts & hands-on activities
- DNA Moving Performance along Prado walkway 11:45am
- Butterfly release and craft activities in the Zoro Gardens
- SDG&E display of the latest in electric cars
- Create and launch your own paper airplane

San Diego Festival of Science & Engineering • March 16-23  
Free Expo Day at PETCO Park • March 23, 10am-5pm  
120+ Hands-On Exhibits and 14 Stage Performances

Register to win great prizes at Balboa Park Visitors Center

Complete schedule at [balboapark.org/scienceday](http://balboapark.org/scienceday)

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Information 619.239.0512  
Balboa Park Visitor Center

\*restrictions may apply



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Create lasting memories

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## Is the real-estate market in a recovery?

**I**s it time to buy? Is it time to sell? Is it time to do both? Or is it time to sit and do nothing?

The real-estate market in La Jolla has already begun to show signs that might signal a recovery — the question is whether or not such progress will be sustainable for the months and perhaps years ahead.

So much of that answer lies well beyond our control, with concerns like interest rates on mortgages, fiscal policy of the government, income tax regulations and, of course, the economy and job growth as a whole. If you are a buyer, you may be in denial of any such recovery, and if you are a seller you are so hoping this is real.

It is both interesting and confusing to look at data on real-estate sales. Some sources like to publish median home sale prices from same month sales, though between two different years. For example — and this is not real data — if a source reported median home sales for February 2012 as \$450,000 compared to median home sales in February 2013 of \$528,000, this might lead one to conclude an increase in home sale prices of 17.3 percent. Is this believable? Not sure how credible

that would be. Rather, we would like to suggest that a one-month data point does not make a trend.

In La Jolla, the average number of homes sold each month for recent years is as follows:

2009 — 45  
2010 — 45  
2011 — 46  
2012 — 60

Now, this is a trend worth contemplating. This might suggest that from 2009 to 2011, the market flattened out from its previous decline, and last year saw a real increase in sales. 2005 was the peak of the most recent real-estate cycle, and during that year an average number of 77 homes sold per month. While the market is not as robust as it was in 2005, there is optimism that a recovery is upon us.

Another positive trend to consider is annual selling cycles. In those years since 2005, selling cycles were clearly defined by highs and lows throughout the year, while in 2012 we witnessed increasing sales month over month, from beginning to end of year.

Now, at the same time let's take a look at what has been trending

for housing inventory (the number of houses available for sale). In 2009, the available inventory peaked at around 883 units for La Jolla, compared to nearly 232 now. To put this into some perspective, imagine if this was Black Friday and there was a frenzy of Christmas shoppers waiting at the front door of Wal-Mart, yet the store's shelves were only stocked to a level of 30 percent. When the doors open, what do you think would occur? Well, we would suggest not standing in front of those doors.

Here are just a few things to keep in mind that may help you to recognize whether the market is shifting from a buyer's market to a seller's market (meaning that pricing and trending is to the favor of the seller). (1) Inventory levels drop mostly because they cannot keep pace with the demand; (2) home sale prices begin to increase; (3) sellers begin to receive multiple offers and in some cases there are sightings of bidding wars; (4) seller subsidies like seller financing and seller contributions toward buyer closing costs begin to fade away; and (5) buyers obtain lender pre-approval and place higher down payments to persuade lender



financing, all to win over seller confidence.

In fact, if you want more inside knowledge about the real-estate market, adopt a real-estate agent and take them out for a cup of coffee — with the value of their advice, it might just be the cheapest cup of coffee you ever buy.

.....  
*Do you have a question about real estate in San Diego? Send your inquiries to [Cshevker@san.rr.com](mailto:Cshevker@san.rr.com). We will respond directly to you, and those questions that have a broader public appeal will be published along with our next column in La Jolla TODAY.*

### REAL ESTATE BRIEFS>>

San Diego-based ihomebutler, an online service that interactively assists homeowners with individual maintenance management, announced the official launch of its online platform to homeowners across the nation. After a soft launch last November, the company has since been working with residential property owners, housing industry professionals and service providers to build its database of both users and verified businesses for home services.

Once a homeowner inputs their residential property's information into the system, the ihomebutler application sends automated quarterly reminders to suggest maintenance checks or the need for professional service.

"We've used our own experience in the handling, purchasing, selling and financing of residential properties to identify the needs of today's homeowner," said CEO Bruce Ives. "Through automated notifica-

tions, our goal is to help our members prevent accidents and costly repairs attributed to home issues that could have been avoided with a timely check or service."

Once a homeowner receives the quarterly notification email, he or she has the option to "Get a Bid" from licensed and bonded service

providers in the respective area. Areas of specialty include plumbing, air duct cleaning, roofing, carpenters, cleaning services, electricians and landscapers.

ihomebutler's platform also allows real estate and insurance brokers to enter in their client's home information to send out the

reminders on a quarterly basis, giving brokers a way to stay in contact with clients and positioning them as a helpful resource.

ihomebutler is offering users a free annual membership, regularly priced at \$149/year, for a limited time.

"We've hit the ground running

in Southern California over the past few months and will continue to expand our focus to new markets, offering our innovative service to homeowners across the nation," said Ives.

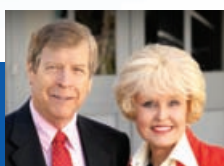
For more information, visit [www.ihomebutler.com](http://www.ihomebutler.com).

— Staff and contribution

### DREAM HOME IN THE HEART OF THE VILLAGE 7777 EXCHANGE PLACE

Gated Spanish Villa with guest house and all the wonders of La Jolla at your doorstep. 3 en-suite bedrooms & powder room in main house, oak flooring, bookcases with antique rolling ladder, window seat, French doors, formal dining room, butler's pantry, 2 fireplaces, den/office, "best small kitchen," floor to ceiling custom china hutch, roll-out drawers & polished 2" thick concrete counters. Generous covered veranda with fireplace off living room and another veranda off kitchen for al fresco dining. Detached 1 br. 1 ba. guest house w/full kitchen & glorious veranda. Ocean, restaurants, boutiques & culture nearby. Enjoy the Village lifestyle!

**\$2,750,000**



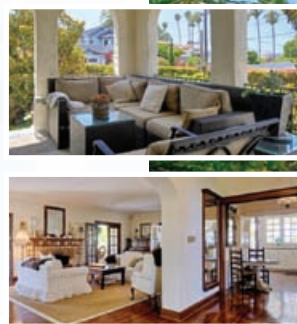
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**OPEN HOUSE  
SUN. 1-4**





## GALLERIES »

CONT. FROM PG. 11

Richards said her shared gallery space at The Art Nest forms a synergy with her other enterprises, which include a nonprofit promoting women's health resources, The National Cheers Foundation.

"I got the idea (for Art Nest) working with brides and generations of women realizing how stressful things are for women and how they tend to things for everyone else other than themselves," she said, noting each of her businesses "kind of helps the other in a circle."

Richards said she chose to put "nest" in the name of her new gallery because it's a metaphor suggesting her desire to incubate local art within the community.

As for Holland, she said the gallery's unusually spelled name connotes the originality of its contents.

"We have an eclectic combination of art, design, furniture, and clothing and fashion," she said. "It's not your typical gallery where it's just one medium. That's what makes it different: You can shop for a piece of art or a beautiful outfit."

Holland said all the clothing sold at GALERIE is either hand-

made or composed of organic fabrics.

Besides renting space for local artists to exhibit, Richards' multifunctional space is also available for hosting a wide range of fundraising events — everything from wine tastings and educational seminars to Christmas parties. For a cost of \$250 an hour, she'll even throw in her own complimentary event-planning services.

"The Art Nest is a venue, and we can have small parties up to about 60 people for two to four hours," she said. "We'll help you line up what you need — a sound system, entertainment, catering, invitations, etc. It's a very unique space."

Holland, who has brought much of her art down with her from Laguna Beach, said she's in the process of converting GALERIE to a more local focus.

"We really want to promote local artists, whether they're designers or jewelry makers or photographers," she said. "We want them to be able to showcase their work. I'm looking to start engaging more local artists, either from La Jolla or elsewhere in the San Diego community."

For more information about GALERIE, call (858) 869-4196. For information about Art Nest, visit the gallery's Facebook page.



A lilac-crowned parrot. Courtesy photo by Karen Straus, Audubon Society

## PARROTS »

CONT. FROM PG. 1

populations today.

The other theory, Straus said, is that parrots native to northern Mexico came to California in search of a suitable habitat as areas of Mexico became deforested.

Whatever the reason, the exotic birds have established themselves as a colorful addition to more than 500 species of birds found throughout San Diego County.

"San Diego has an amazing diversity of birds, and that's because we are lucky enough to be located on a major migration flyway," Straus said.

Straus said anyone interested in learning more about the variety of birds in San Diego should go on a San Diego Audubon Society bird walk. Throughout the month experts guide guests through local areas around the county like Santee Lake and La Jolla Shores to observe birds.

For more information about the walks, visit [www.sandiegoaudubon.org](http://www.sandiegoaudubon.org).

**Harcourts Prestige Properties is proud to announce the newest Harcourts Realtors in the La Jolla office!**



### GIGI GENTRY (858) 775-9269

Gigi Gentry is a third generation native La Jollan and life-long member of the La Jolla Beach and Tennis Club. She has an eclectic and extensive real estate background and is very active in the La Jolla Community. Her current community project is The Putting on the Ritz Benefit for the San Diego Zoo.



### PRISCILLA FONYAT (858) 361-5582

Priscilla Fonyat is a native Brazilian and is bi-lingual with her native Portuguese and Spanish languages. She is active in the San Diego international community and works with Buyers and Sellers from all over the world. Her focus area is the San Diego Coastal Communities.

For more information about Harcourts International founded in New Zealand in 1888, headquartered in Australia, please contact:



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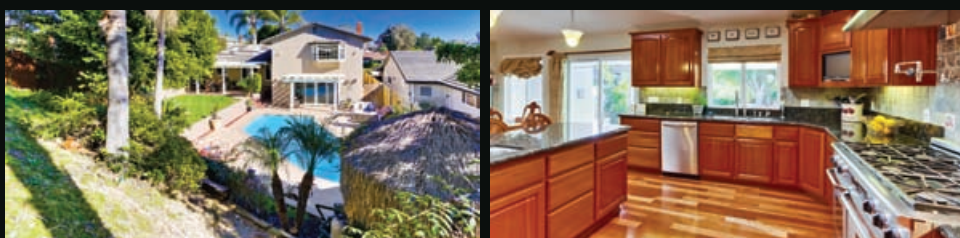


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# Billionaires Row

LA JOLLA

[www.BillionairesRowLaJolla.com](http://www.BillionairesRowLaJolla.com)

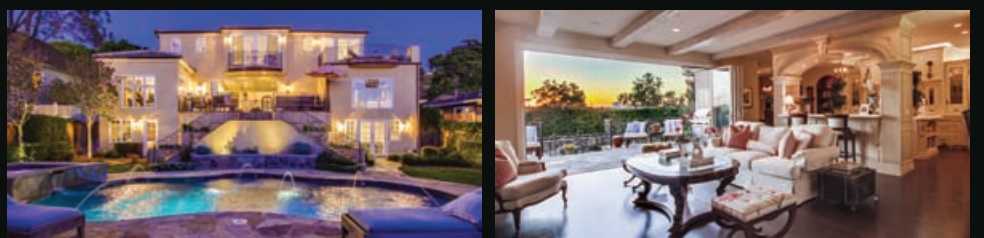


## Best of Show

Light, bright, open and so much more in the heart of UC! This elegant and spacious 4 bedroom, 3 bath home welcomes you with vaulted ceilings, new hardwood flooring and paint throughout, a TRUE gourmet kitchen, HUGE family room and a 530 square foot master suite. The yard features not only a pool, but a separate grass area perfect for entertaining!

\$869,000

1298 Prospect St., Suite 2L



## Timeless Beauty

This majestic 4 br/ 3.5 ba, 3,709 esf French provincial residence built in 2006 is impressive in every detail. The beautiful curb appeal sets the stage to experience a home the likes of which are not found in La Jolla. Enter and be swept away by the exquisite volume entry, Scalamandre fabric walls, Romeo-and-Juliet balconies, and the 15 ft retracting wall of glass that leads to the fantastic outdoor spaces, double black bottom pool & spa, and beautiful panoramic ocean and tree lined views. All rooms are wonderfully large and include 3 bedrooms, and a separate guest suite. The kitchen is, as one would expect, a dream with intricate archways, detailed cabinetry, leaded windows, and 8 burner Wolf range.

Seller will entertain offers between \$2,950,000 and \$3,298,000

(858) 456-3282

[www.BillionairesRowLaJolla.com](http://www.BillionairesRowLaJolla.com)



**SOCIETY »**  
**CONT. FROM PG. 12**

silent auction in the Harbor Island Ballroom. At noon, the 900 guests took their seats in the Grande Ballroom, where first-course salads awaited them. Auxiliary president Helen Donaldson and the event co-chairs welcomed everyone and spoke of the importance of the event's (and the organization's) mission.

Touching testimony came from Tanya Pemberton, who told her story of a tumble into desperation and homelessness through no apparent fault of her own, rescue through a Salvation Army program and a total turnaround of her life. Startlingly, fire-alarm klaxons sounded twice during her talk, adding excitement — but fortunately they were false. Empathetic paddle-raise donation pledges ensued, stoked by well-known auctioneer Steve Hamman, who then segued into an enthusiastic five-item live auction.

The event's real stars, of course, were the honorees. Generous and selfless, and as dedicated as the event title suggests, this year's 14 honorees exemplify what it is to be a caring supporter of the community. Not seekers of recognition, theirs are names nonetheless familiar to many local residents: Sherry

Ahern, Elsa Arnaiz, Catherine A. Blair, Betsy H. Boaz, Ingrid P. Chapman, Judith Ann Friedel, Cynthia Jackson, Reinette Levine, Patricia Demetre Moises, Andrea Naversen Wait, Marti Panarisi, Bobbie J. Quick, Kathryn Stephens and Maggie T. Watkins. Each was individually introduced by emcee Carol LeBeau and brought onstage with her escort (husband or other family member). Then, the San Diego Master Chorale sang a song, set to familiar popular music but with lyrics skillfully rewritten by Bryan Verhoye and individually customized to illustrate the honoree's contributions. Then, honoree and escort slowly strode the runway as emcee LeBeau read a short bio describing their community service. Her natural delivery and spontaneous ad libs made it clear that she hadn't laboriously rehearsed the readings, but was responding honestly and entertainingly to the descriptions that had been written about each honoree's volunteerism.

At the end of the runway, each honoree received a gift, contained in a trademark-blue Tiffany box. The last recipient, Maggie Watkins, was escorted by her husband, Bob. Clearly having fun with his responsibility, he frequently broke into dance steps as they walked, making it look as if he thought they were contestants on "Dancing With the Stars."

never-before-seen footage filmed by La Jolla resident Lee Pratt. The film screening will begin at 5:30 p.m.

Tickets to the film screening are \$8 for general admission, \$5 for students and seniors and free for MCASD members. MCASD La Jolla is located at 700 Prospect St. For more information, visit [www.mcasd.org](http://www.mcasd.org) or call (858) 454-3541.

## Which of These Costly Mistakes Will You Make When You Sell Your La Jolla Home?

**LA JOLLA** - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become less and less effective in today's market. The fact of the matter is three quarters of homesellers don't get what they want for their home and become disillusioned and worse - financially disadvantaged when they put their home on the market.

As this report uncovers, most

homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely pre-ventable.

In answer to this issue, industry insiders have prepared a free special report entitled "*The 9 Step System to Get Your Home Sold Fast and For Top Dollar*"

**To hear a brief recorded message about how to order your free copy of this report, call 1-800-467-9064 and enter ID# 2000. You can call anytime, 24 hours a day, 7 days a week.**

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*Courtesy of Real Estate Info San Diego CA 01057701*

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## Open House Listings

### LA JOLLA

Sat & Sun 1-4pm	6355 Via Cabrera	3BR/3BA	\$759,000-\$789,000	Natasha Alexander / Charles Schevker	858-336-9051
Sat & Sun 1-4pm	7734 Hidden Valley Ct.	4BR/3.5BA	\$3,100,000	Vince Crudo	858-518-1236
Sat 1-4pm	5712 Skylark Pl.	3BR/3BA	\$1,250,000	Peggy Weinbrecht	858-243-2304
Sat 12-3pm	333 Midway Dr.	3BR/3BA	\$1,950,000	David Mora	619-994-2438
Sun 1-4pm	5712 Skylark Pl.	3BR/3BA	\$1,250,000	Olivia Moore	858-357-4675
Sun 1-4pm	460 Gravilla	3BR/2.5BA	\$1,325,000	Marie Huff	619-838-9400
Sun 12-3pm	5431 Westknoll Dr.	4BR/2.5BA	\$1,489,000	Michelle Dykstra	858-344-7653
Sun 1-4pm	5632 Rutgers Road	4BR/4BA	\$1,595,000	Tammy Davis	858-699-3765
Sun 2-4pm	373 Coast S #3	2BR/2BA	\$1,599,000	Virginia Luscomb	619-981-2323
Sun 1-4pm	1486 Vista Claridad	4BR/3.5BA	\$1,795,000	Monica Leschick	858-752-7854
Sun 1-4pm	333 Midway St.	3BR/3BA	\$1,950,000	Jared Davis	858-353-7854
Sun 1-4pm	7710 Hidden Valley Court	4BR/3BA	\$2,395,000	Susana Corrigan & Patty Cohen	858-229-8120
Sun 12-3pm	1964 Little St.	4BR/4BA	\$3,538,000	Brenda Wyatt	858-775-7333
Sun 1-4pm	7569 Pepita Way	5BR/5.5BA	\$4,295,000	Jeff Baker	858-215-3739
Sun 2-4pm	1944 Little St.	5BR/5BA	\$4,478,000	Sarah Flynn Tudor	619-813-6609
Sun 1-5pm	9648 Black Gold Road	4BR/4.5BA	\$4,999,000	Ed Mracek	858-382-6006

### PACIFIC BEACH / MISSION BEACH / CROWN POINT

Sun 1-4pm	1031 W. Briarfield	2BR/2BA	\$2,700,000-\$2,990,000	Dunfee / Schroedl	858-361-9089
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### POINT LOMA / OCEAN BEACH

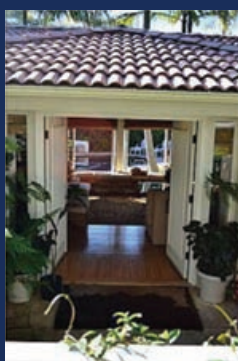
Sat & Sun 11-4pm	2917 Nipoma St.		\$695,000	Robert Realty	619-852-8827
Sat & Sun 11-4pm	867 Harbor View Place	4BR/4.5BA	\$2,495,000	Robert Realty	619-852-8827

### UNIVERSITY CITY

Sat & Sun 5382 Renaissance Ave.....	5BR/4BA.....	\$1,100,000.....	Cindy Eyer • 619-755-8757
Sun 12-3pm .....4189 Stettler Way .....	6BR/3.5BA.....	\$895,000-\$923,000.....	Christie Duguid • 858-722-8844

### CARMEL VALLEY

Sun 1-3pm	5172 Cheltenham Terrace	6BR/4.5BA	\$1,795,000	Arlene Sacks	858-922-3900
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## Events around town >>

**PAWS HIT THE PAVEMENT** – The Escondido Humane Society will host a community walk at its 14th annual Paws in the Park fundraiser on March 24 at the Kit Carson Park, 3333 Bear Valley Parkway in Escondido. Festivities will begin at 8 a.m., and paws will hit the pavement at 9 a.m. along a 1.5- or 2.5-mile course. A post-walk celebration will begin at 10:15 a.m. with activities for the whole family. The first 1,000 walkers will also receive a goodie bag, and all walkers will receive incentive prizes based on dollars raised for the humane society.

Registration is free at [www.escondido-humane.org](http://www.escondido-humane.org) or on the morning of the event. For more information, call (760) 888-2235.

**NEW GARDENING TECHNIQUES** – Weidner's Gardens will host an Herb & Vegetable Festival from March 23-24 at its gardens located at 695 Normandy Road in Encinitas. Local tomato-grafting expert Nicole Jackson will be on hand at 3 p.m. on both days to describe the technique. Other free seminars include a cooking class with master gardener Mary Klibs at 11 a.m. and a session on organic vegetable gardening at 2 p.m. on both days. For more information on the free festival, contact Evelyn Weidner at (760) 436-2196 or visit [www.weidners.com](http://www.weidners.com).

**WORLD'S LARGEST BLOOMING PLANT** – In the foothills of Sierra Madre is the Guinness Book-certified world's largest flowering plant. Each year, the Wistaria Vine Festival on March 17 celebrates the massive wistaria vine by bringing together the work of nearly 150 juried artisans and craftsman, dynamite musicians and food and drink in the village's downtown area. Guests can browse art and other gift items at the festival's 150 booths. The La Jolla Community Center is hosting a trip to the festival for \$45 for members and \$65 for non-members. Transportation will leave

from the center, located at 6811 La Jolla Blvd., at 8 a.m. and return at 6 p.m. To register, visit [www.lajollacommunitycenter.org](http://www.lajollacommunitycenter.org) or call (858) 459-0831.

**50 YEARS OF SURF** – The Windansea Surf Club is kicking off its 50th anniversary celebration with a one-of-a-kind rummage sale on March 23

from 8 a.m. to 2 p.m. Featuring an array of surfing items, as well as traditional rummage-sale items. Proceeds from the sale will support the club's community service projects, including Day at the Beach for underprivileged children and the Menehune Surf Contest for young surfers. The event will take place at the La Jolla Methodist Church, 6063 La Jolla Blvd.



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The Lord spoke to me and said to pray together as family for the expectancy of the child. The power of Prayer will have profound affects when done with faith in the name of Jesus Christ. Do not pass thru this life without reading the King James Version of the Bible and thinking of forgiveness and salvation. If you would like to give a love gift, so I can continue to spread the word, please know that all gifts are tax deductible.

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and AmVets. VFW Post 5985, 853 Turquoise Street between La Jolla Mesa and Bayard. To donate items please drop them off at the same location on Friday, 3/22, between 2:00 and 6:00.

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### LEGALS

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-004284 COAST CARE PARTNERS, COASTCARE PARTNERS located at: 9304 MESA VISTA AVE. LA MESA, CA. 91941 is hereby registered by the following owner(s): FAMILY OF CHOICE, INC. This business is being conducted by: A CORPORATION FAMILY OF CHOICE, INC. 9304 MESA VISTA AVE. LA MESA, CA. 91941 DELAWARE The transaction of business began on: 02/11/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 11, 2013 ISSUE DATE(S): FEB 21, 28 MAR 07 AND 14, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-004620 NASRIN DESIGN located at: 5050 CLAIREMONT MESA BLVD. #15 SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): NASRIN KHEIRI This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 02/01/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 14, 2013 ISSUE DATE(S): FEB 21, 28 MAR 07 AND 14, 2013

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00034311-CU-PT-CTL PETITIONER OR ATTORNEY, JOSEPH C. CANE, JR. BUSINESS LAW PROFESSIONAL CORPORATION 9300 WILSHIRE BLVD., SUITE 550 BEVERLY HILLS, CA. 90212 310-489-7793 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME A MINOR ON BEHALF OF HIS PARENTS ANNEMARIE ARENDSEN & HAMILTON ARENDSEN FROM RANDOLPH JOSEPH ARENDSEN TO JAMES RANDOLPH JOSEPH ARENDSEN THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON APR 05, 2013 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ABOVE ISSUE DATE(S): FEB 21, 28 MAR 07, AND 14, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-004115 ART & FRAMING BY MUNRO GALLERY Located at: 4653 CARMEL MT. RD. #309A SAN DIEGO, CA. 92130 is hereby registered by the following owner(s): JACKSON GRAY GALLERY INC. This business is being conducted by: A CORPORATION JACKSON GRAY GALLERY 3931 CORTE MAR DE HIERBA SAN DIEGO, CA. 92130 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 08, 2013 ISSUE DATE(S): FEB 21, 28 MAR 07 AND 14, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-003556 SWIMRAYS Located at: 4604 ADAIR ST. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): JESSICA SHELTON-GOETTING This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 02/05/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 05, 2013 ISSUE DATE(S): FEB 21, 28 MAR 07 AND 14, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-004812 CALIFORNIA STEEMERS located at: 4293 PAVLOV AVE. SAN DIEGO, CA. 92122 is hereby registered by the following owner(s): TAL NOGA, IONUT VOICU This business is being conducted by: A GENERAL PARTNER-SHIP The transaction of business began on: 02/15/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 15, 2013 ISSUE DATE(S): FEB 21, 28 MAR 07 AND 14, 2013

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2012-00088617-CU-PT-CTL PETITIONER OR ATTORNEY, MARTY LAVERN OWENS 770 REGENTS RD. #113-144 SAN DIEGO, CA. 92122 858-242-7942 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM MARTY LAVERN OWENS TO CAIRO BEN AMEN I THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 22, 2013 TIME: 8:30 AM DEPT 46 220 WEST BROADWAY SAN DIEGO, CA. 92101 ABOVE ISSUE DATE(S): FEB 21, 28 MAR 07, AND 14, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-004282 EMBALAJE FRONTERA located at: 3131 LUNA AVE. SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): TIM GEURTS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 06/01/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 11, 2013 ISSUE DATE(S): FEB 21, 28 MAR 07 AND 14, 2013

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00034279-CU-PT-CTL PETITIONER OR ATTORNEY, PRYSSILA KAY HERNANDEZ 1468 MIS-SOURI ST. APT 2 SAN DIEGO, CA. 92109 619-623-5456 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM PRYSSILA KAY HERNANDEZ TO PRYSSILA KAY ACOSTA THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 29, 2013 TIME: 8:30 AM DEPT 52 SAME AS NOTED ABOVE ISSUE DATE(S): FEB 28 MAR 07, 14 AND 21, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-005063 7 IMAGE located at: 6050 MISSION GORGE ROAD SAN DIEGO, CA. 92120 is hereby registered by the following owner(s): HAZEL EYEZ, LLC This business is being conducted by: A LIMITED LIABILITY COMPANY HAZEL EYEZ, LLC 6050 MISSION GORGE ROAD SAN DIEGO, CA. 92120 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 20, 2013 ISSUE DATE(S): FEB 28 MAR 07, 14 AND 21, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-004917 VELVET DIAMOND located at: 5212 69TH ST. SAN DIEGO, CA. 92115 is hereby registered by the following owner(s): KIMCUONG THI PHAM This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 02/05/2013 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 19, 2013 ISSUE DATE(S): FEB 28 MAR 07, 14 AND 21, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-004948 DB2 REALTY located at: 3978 PADUCAH DRIVE SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): DENNIS EDWARD BELL II This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 19, 2013 ISSUE DATE(S): FEB 28 MAR 07, 14 AND 21, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-004335 SJH BUILDERS CONSTRUCTION COMPANY located at: 3427 CLAIREMONT MESA BLVD. SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): JAMES HERRERA This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 12, 2013 ISSUE DATE(S): FEB 28 MAR 07, 14 AND 21, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-003655 LA LA LUCI located at: 4240 PORTE DE PALMAS #49 SAN DIEGO, CA. 92122 is hereby registered by the following owner(s): ANANDA ALEMAN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 01/01/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 06, 2013 ISSUE DATE(S): FEB 28 MAR 07, 14 AND 21, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-004064 SASPEN STRAPPING SERVICES located at: 4695 FARGO AVE. SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): KIM PETERSEN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 09/29/2004 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 08, 2013 ISSUE DATE(S): FEB 28 MAR 07, 14 AND 21, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-005691 ROX OUTDOOR ROX DISTRIBUTION located at: 4421 PARK BLVD. SAN DIEGO, CA. 92126 is hereby registered by the following owner(s): ROX DESIGN This business is being conducted by: A CORPORATION ROX DESIGN 2760 CHATSWORTH BLVD. SAN DIEGO, CA. 92106 CALIFORNIA The transaction of business began on: 01/01/2012 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 25, 2013 ISSUE DATE(S): FEB 28 MAR 07, 14 AND 21, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-003605 ICE BLAST SHAVED ICE located at: 4206 CONVOY ST. SAN DIEGO, CA. 92111 is hereby registered by the following owner(s): JIMMY LAO This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 05, 2013 ISSUE DATE(S): FEB 28 MAR 07, 14 AND 21, 2013

SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO) WILLIAM GORDON YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE) LIS MOORE and JOHN SANDOVAL NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below! You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response to this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación pida al secretario de la corte que le deo un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos sin grupos sin fines de lucro

en el sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), o pidiéndoselo en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos eventos por imponer un gravamen sobrecualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que corte pueda desahar el caso. The name and address of the court is: (El nombre y dirección de la corte es): HALL OF JUSTICE, 330 W BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2012-00100249-CU-MC-CTL The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): LEON E CAMPBELL #26686 7825 FAY AVENUE, SUITE 200 LA JOLLA, CA. 92037 858-459-4064. DATE: JUL 09, 2012 Clerk, by M. SCOTT, Deputy, ISSUE DATES: MAR 07, 14, 21 AND 28, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-005257 BAUSH TRAVEL located at: 4517 CONRAD AVE. SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): ADELE SHEETS, JENNIFER BAUGHMAN, NICK BAUGHMAN This business is being conducted by: A GENERAL PARTNERSHIP The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 21, 2013 ISSUE DATE(S): MAR 07, 14, 21 AND 28, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-005685 FRONTLINE PC SYSTEMS, SD COMPUTER DOCTOR located at: 4332 N TALMADGE DR. SAN DIEGO, CA. 92116 is hereby registered by the following owner(s): CONOR SMITH This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 26, 2013 ISSUE DATE(S): MAR 07, 14, 21 AND 28, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-005937 GUY LEVY AND ASSOCIATES located at: 7676 HAZARD CTR DR. 5TH FLOOR SAN DIEGO, CA. 92108 is hereby registered by the following owner(s): LAW OFFICE OF GUY LEVY INC. This business is being conducted by: A CORPORATION LAW OFFICE OF GUY LEVY INC. 7676 HAZARD CTR DR. 5TH FLOOR SAN DIEGO, CA. 92108 CALIFORNIA The transaction of business began on: 04/29/2011 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 27, 2013 ISSUE DATE(S): MAR 07, 14, 21 AND 28, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-006205 EL CHARRRO MEXICAN FOOD located at: 2175 AVENIDA DE LA PLAYA LA JOLLA, CA. 92037 is hereby registered by the following owner(s): JOUN PLUS This business is being conducted by: A CORPORATION JOUN PLUS 2175 AVENIDA DE LA PLAYA LA JOLLA, CA. 92037 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 01, 2013 ISSUE DATE(S): MAR 07, 14, 21 AND 28, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-005851 WEDIAXIAX located at: 2020 DIAMOND ST #19 SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): SHAAN COITURE, DANIEL DUCHENE This business is being conducted by: CO-PARTNERS The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 27, 2013 ISSUE DATE(S): MAR 07, 14, 21, 28, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-006337 VALORESCROW SERVICES located at: 925 B STREET SUITE 202 SAN DIEGO, CA. 92101 is hereby registered by the following owner(s): VALOR RESIDENTIAL SERVICES, INC. This business is being conducted by: A CORPORATION VALOR RESIDENTIAL SERVICES, INC. 925 B STREET SUITE 202 SAN DIEGO, CA. 92101 CALIFORNIA The transaction of business began on: 01/01/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 04, 2013 ISSUE DATE(S): MAR 07, 14, 21, 28, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-006339 VALOR DESIGN & BUILD located at: 925 B STREET SUITE 202 SAN DIEGO, CA. 92101 is hereby registered by the following owner(s): PRINCIPLE INVESTMENT GROUP, INC. This business is being conducted by: A CORPORATION PRINCIPLE INVESTMENT GROUP, INC. 70025 HIGHWAY 111, SUITE 1001 RANCHO MIRAGE, CA. 92270 CALIFORNIA The transaction of business began on: 02/01/13 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 04, 2013 ISSUE DATE(S): MAR 07, 14, 21, 28, 2013

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL 1350 Front St., Room 5066, San Diego, CA. 92101 (619) 525-4064, Filing Date: February 5, 2013

To Whom It May Concern: The Name(s) of the Applicant(s) is/are: CHOP SHOP TERYAKI LLC The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverage at: 3852 MISSION BLVD. SAN DIEGO, CA. 92109 Type of license(s) applied for: 41-ON-SALE BEER AND WINE-EATING PLACE Issue Date(s): MAR 07, 14 AND 21, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-006433 ET VOILA! A HEALTHY ALTERNATIVE located at: 4696 MT. BIGELOW DR. SAN DIEGO, CA. 92111 is hereby registered by the following owner(s): PATRICK MAROUILLY This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 04, 2013 ISSUE DATE(S): MAR 07, 14, 21, 28, 2013

NOTICE OF PETITION TO ADMINISTER ESTATE OF: EMMA HASKELL CASE NUMBER: 37-2012-00152040-PR-PW-CTL 1. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of EMMA HASKELL 2. A Petition for Probate has been filed by RITA LYNN HASKELL, in the Superior Court of California, County of San Diego 3. The Petition for Probate requests that RITA LYNN HASKELL, be appointed as personal representative to administer the estate of the decedent, 4. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. 5. The petition requests authority to administer the estate under the Independent Administration of Estates Act.

(This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice, or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. 6. A hearing on the petition will be held in this court. as follows: a. Date: APR



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