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Catching a glimpse of one of nature's greatest migrations



A gray whale awes passengers on board a whale-watching cruise with Birch Aquarium with a display of its fluke.

KENDRA HARTMANN | Village News

By KENDRA HARTMANN | VILLAGE NEWS

Though San Diego's weather has not exactly been providing locals with bragging rights of late, it has offered a chance to prove that, even through record-breaking low temperatures, the city continues to be America's Finest for all the same reasons. Take, for example, that yearly phenomenon that, rain or shine, cold or hot, will take place just off the coast from December to April. The annual gray whale migration, which sees roughly 20,000 whales pass San Diego on their way to Baja California, is in full effect.

Every year starting in October, the California gray whale embarks on its 10,000-mile roundtrip journey from the Bering Sea down to the lagoons of Baja. The pregnant females — the same ones who made the trip during last year's migration to breed in the lagoons — usually leave first, followed by the males, young adults and juveniles. Covering roughly 85-100 miles a day, most of the entire population will reach their destination by mid-January.

To witness the whales' path through San Diego's coastal waters, Birch Aquarium, along with several other companies around San Diego — including some located in Point Loma — takes to the high seas to give locals and tourists a glimpse of nature's longest mammal migration. On a recent whale-watching cruise (Birch offers twice-daily excursions for which it teams up with Flagship cruises), the air was brisk and the seas choppy, but that didn't stop a couple of whales from awing the crowd with their blows and flukes.

Soon after the ship left San Diego Bay, the onboard naturalist narrating the excursion announced a blow — the visible spray of vapor that appears after the whales exhale — had been spotted nearby. The blow, the naturalist explained, is the most common way of finding gray whales in the open water (contrary to some passengers' belief that the crew uses expensive and fancy equipment to locate the massive cetaceans). When gray whales come up to the surface to breathe, a pool of water is left on top of their head, and as their warm breath hits the cool ocean air, the pool condenses and is expelled above their heads, creating the perfect indicator for their location.

- A baby gray whale weighs 2,000 pounds at birth
- Gray whales' gestation period lasts 12 months, so some of the pregnant individuals being spotted off San Diego's coast this season could possibly be the same ones who were spotted last year heading to Baja to breed
- A mother's milk contains 50 percent milk fat
- A gray whale can eat up to 2,400 pounds of food a day
- Gray whales are estimated to live up to 70 years
- Gray whales communicate with a series of clicks and grunts
- A gray whale's flukes can measure 10-12 feet across

— Courtesy of Birch Aquarium

indicating the direction in which they are swimming — our ship was able to find the whale and witness its behavior as it surfaced for five or six blows and then dove deep for a three- to five-minute “sounding dive.” A few times, the passengers crowding the deck of the ship were treated to a fluke, as the whale made a dramatic display of its tail before beginning its deep descent.

Gray whales, while once hunted almost to extinction, have made an impressive comeback, with numbers now keeping them safely off the endangered species list. Growing to about 45 feet long and weighing about 33 tons, the whales live a consistent schedule of migrating to Baja — with most preferring one of three lagoons: Scammon's, San Ignacio or Magdalena — where they rest, breed and give birth, after which they make the return journey with their new calves back up to the Arctic. When they return up north, they spend about five months feeding constantly on bottom-dwelling amphipods as they struggle to put on the six to 12 inches of blubber needed for the next migration (their prime source of food isn't found in abundance in other parts of the Pacific, so they feed very little during the migration period). Then the process starts all over again.

In all, our cruise viewed a few gray whales (the whales usually travel alone, so seeing groups of them together is unexpected, though it occurs sporadically), along with sea lions and several pods of common dolphins. Though passengers aren't guaranteed a whale sighting, the abundant marine life in the waters off San Diego is a treat in itself. At one point as the ship reentered the bay, a group of about 10 dolphins playfully followed the ship, jumping and weaving among each other as if escorting us back home.

Though the temperature called for heavy layers and the wind wreaked havoc on some passengers whose bellies didn't take kindly to the high surf, the cruise offered a chance to glimpse nature in all its glory. After all, the gray whales didn't care about San Diego's weather woes. They continued, slow and steady and stopping briefly to allow the humans to gawk at them, on their way to their Mexican vacation.

Whale-watching options in La Jolla: BY BOAT

Birch Aquarium with Harbor Excursions: departs 9:45 a.m. and 1:30 p.m. through April 14, 1050 North Harbor Drive, (619) 234-4111, www.sdhe.com, \$37 weekdays, \$42 weekends (discounts for children, seniors and military)

BY KAYAK

Hike Bike Kayak Sports: departs 10:30 a.m. through March, 2246 Avenida de la Playa, (866) 425-2925, www.hikebikekayak.com, single-person kayak \$70, tandem \$60 per head

BAJA TOURS
Birch Aquarium: excursions of four, five or six days down to the whales' birthing grounds in the lagoons of Baja California, (800) 661-1325, www.andiamotravel.com, call for pricing

For a full list of whale-watching options in San Diego, visit www.sdnews.com.



Friends of Rose Creek envisions a contiguous park, complete with natural bike paths and walking trails that, once completed, would stretch from Mission Bay Park to University City. Courtesy photo

Community groups, civic leaders vow to ensure Rose Creek's future

By MARIKO LAMB | VILLAGE NEWS

One new year's resolution for District 2 City Councilman Kevin Faulconer and the local advocacy organization Friends of Rose Creek is to make certain that parcels running alongside Rose Creek are dedicated as open space within the next several months — an action which would prohibit the use of dedicated parkland for non-park uses.

Karin Zirk, spokeswoman for Friends of Rose Creek, said the preservation of Rose Creek for park usage is key to ensuring that one of the few remaining coastal wetlands in Southern California is not lost to development or paved over for freeway expansion.

“Funding agencies wanting to enhance coastal wetlands and provide recreational opportunities are more likely to invest in lands guaranteed to be around for future generations,” Zirk said. “Dedicating this section of the creek [from the southern end of Marian Bear Natural Park

to Mission Bay Park] will provide San Diego residents and visitors a contiguous park that stretches from University City High School to Mission Bay High School and provides educational and recreational hands-on opportunities for children.”

Faulconer noted the importance that a healthy Rose Creek plays in the vivacity of the entire watershed and Mission Bay Park, saying he is committed to working with

SEE ROSE CREEK, Page 4



Mission Bay High School students help clean up the creek bank to ensure the watershed, which feeds into Mission Bay and ultimately the ocean, is pristine for generations to come. Courtesy photo

QuickHits

La Jolla post office earns key historic designation

Hardworking Save the La Jolla Post Office Task Force members continue to drive forward in their efforts to save the Village's Wall Street post office from sale, or, at the very least, preserving the 1935 WPA-era building and its beloved Belle Barnceanu mural from destruction.

Task force member Diane Kane, who has worked diligently over the past year to save the building, was rewarded for her efforts when she learned the post office was designated on the National Register of Historic Places on Jan. 11.

“The action would trigger CEQA (California Environmental Quality Act) review if any changes were proposed to the building or grounds,” she said. “Cer-

tainly demolishing the building would be considered an adverse effect under CEQA, so less-drastic alternatives would need to be considered, as well as appropriate mitigation for any adverse changes to the building, before they could occur.”

Furthermore, its listing on the National Register automatically entitles it to be listed on the state's historic register as well.

“We believe it is unlikely that the building can be demolished with the designation. It is also made of one-foot solid, poured-in-place, reinforced concrete, with double the required amount of reinforcing steel, so it would be very costly and difficult to demolish it,” said Kane.

The mural, too, is protected under the designation as property of the U.S. government, Kane explained.

“The mural is owned in perpetuity by the federal government and cannot be

SEE QUICK HITS, Page 2

Rescue Mission brings in more than 1,200 homeless for holiday feast

By RHONDA RICARDO
SPECIAL TO THE VILLAGE NEWS

Two men in dark clothing called out simultaneously: "Hey, how are you?"

They set their forks filled with hot mashed potatoes back on their plates to greet a friend merging through the volunteers and dinner guests.

"Great," answered the tall man, smiling in nice casual men's wear.

The diners introduced their friend to me when he reached the table. I told the tall man I was interviewing some of the more than 1,200 people at the San Diego Rescue Mission (SDRM) dinner on that Dec. 22 about their experiences living on the streets and at the mission.

The three men immediately began to describe the days and nights they had spent living under bridges. The tall man told about how he came to live at SDRM after learning about the new resident process and how the sign-up time for the program was Mondays at 9 a.m. He encouraged his two friends, who were still living on the streets, to look into the mission's programs.

He briefly explained his daily routine and how SDRM helps the homeless become self-sufficient, productive citizens. The other two men looked

hopeful as they spoke of their complicated circumstances and took the SDRM brochures offered at the table. After their friend said goodbye, they both agreed they were very happy they had been invited to the meal that day.

According to a report by the U.S. Department of Housing and Urban Development (HUD), five states accounted for nearly half of the nation's total homeless population in 2012: California (20.7 percent), New York (11.0 percent), Florida (8.7 percent), Texas (5.4 percent) and Georgia (3.2 percent). The report, titled "The 2012 Point-in-Time Estimates of Homeless," names San Diego as having some of the highest counts of the listed situational homeless populations in the United States.

The SDRM feeds hundreds of homeless through its daily programs. Much like its yearly Easter and Thanksgiving feasts, the Christmas Dinner event began at 8 a.m., when about 135 volunteers met at the mission to receive instructions for walking through San Diego's streets to invite the city's homeless to the afternoon celebration. Most accepted the invitations and some had already been invited on a previous day. By 11 a.m., the line for dinner had



More than 1,200 homeless enjoyed a Christmas dinner on Dec. 22 at the San Diego Rescue Mission. From left, SDRM vice president of development Greg Helton, San Diego County Treasurer-Tax Collector Dan McAllister, Realtor Donna New and SDRM board of directors member David Seider.
Photo by Rhonda Ricardo

already started to form on the sidewalk next to the mission.

At 2 p.m., a live band played festive music in the dining hall where SDRM president and CEO Herb Johnson was on hand, along with volunteer coordinator Deborah Krakauer and more than 85 volunteers, to offer hearty welcomes to the men, women and children. About 250 guests were served meals at a time. They enjoyed the holiday atmosphere and delicious desserts, and then thanked everyone sincerely as they walked back out the door holding new gifts, including

stuffed teddy bears, little books and toiletries.

During the event, some volunteers decided to give the SDRM leaders personal donations to help support the abundant needs and the caring leadership they were witnessing.

"People send \$15, \$20 or \$25 checks on a regular basis because they appreciate the work we do," said vice president of development Greg Helton.

The mission's programs also extend to those who need a place to stay while

SEE MISSION, Page 8

QUICK HITS

CONTINUED FROM Page 1

sold unless Congress changes existing legislation that prohibits its sale," she said. "USPS would need to prepare a restrictive covenant to protect the building's significant architectural features and the mural before it could be sold as private property."

The task force is currently drafting a covenant that might serve as adequate in protecting the building's prominent features; however, a third-party entity must agree to enforce the covenant. None have yet agreed to do so.

"Should this hurdle be overcome, the covenant could be processed and the building sold," she said.

Another undertaking the task force hopes to achieve is attaining historic designation of the building from the city's Register of Historic Resources, for which Kane says the task force will submit an application in the near future.

While the task force's primary goal continues to be to maintain both the existing building and its postal services within the building, Kane and other members have ensured the building itself will be one step closer to being preserved long into the future.

New law mandates carbon monoxide alarms

A new state law requires that all apartments, condos or single-family dwellings with fuel burning appliances, fireplaces or attached garages have a carbon monoxide detector installed in the home.

"Especially in the winter months, the houses are closed up tight and these types of appliances are on," said San Diego Fire Capt. James Lange. "If these appliances are working well, it's usually not a problem, but if there's a problem with the burner or if an appliance isn't maintained right, you may see signs of carbon monoxide poisoning, which can be deadly."

House appraisals, loans or purchases on homes without a carbon monoxide alarm will not be approved.

Lange suggested contacting SDG&E for assistance maintaining or installing carbon monoxide alarms or ensuring that fuel-burning appliances are working properly.

Visitor Center gets a new home on Prospect

La Jolla's new Visitor Information Center has recently relocated to its new home on 1162 Prospect St.

The knowledgeable visitor center staff provides information on places to stay, must-see attractions and culinary referrals to the best restaurants in town. The visitor center has information for both tourists and locals, offering area maps, coupons and brochures for information on the go.

Winter hours of operation are Thursdays through Tuesdays from 10 a.m. to 5 p.m. Summer hours are daily from 10 a.m. to 7 p.m. For more information call (619) 236-1212.

Students' kidnapper sentenced to 14 years

The man who kidnapped and robbed two UCSD students in La Jolla in order to get cash from their ATM in Pacific Beach was sentenced Jan. 9 to 14 years in state prison.

Miguel Torres Espinoza, 29, of San

SEE BRIEFS, Page 3

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La Jolla's city councilwoman gives updates from the helm

By **MARIKO LAMB** | VILLAGE NEWS

District 1 City Councilwoman Sherri Lightner visited the La Jolla Town Council during its Jan. 10 meeting to provide updates from the city, as well as answer questions from trustees and the public about the state of the city under its new leadership.

"We've had our first two [City Council] meetings of the year," she said. "As you know, former council president Tony Young has resigned from his position and moved on to the Red Cross, so we're down one councilmember. That position should be filled within six months we believe."

District 3 City Councilman Todd Gloria has taken over as council president

and Lightner as the council's president pro tem — the first woman in San Diego to have held the position. Lightner is also serving as chairwoman of the new Rules and Economic Development Committee, continues to serve on the city's Land Use and Housing and Budget committees, and is a board member on the newly established Infrastructure Committee.

"We will be seeking a lot of input from the communities with respect to what you see as needs within the community for infrastructure. I want you to be thinking about some of the needs here in the Village area and the parks especially," she said.

She also announced that Gov. Jerry Brown issued a response to her letter,



written Dec. 19, regarding the infamous stench emanating from La Jolla Cove.

"He has assured us that he will get the Coastal Commission working on it. That's one of the entities involved," she said.

On a broader scale, Lightner also

urged community members to contact her office with comments on any federal or state legislative agendas, which will be discussed at the Jan. 30 meeting.

Also to be discussed at the upcoming meeting is the state of the city's budget, which may see a deficit of around \$30 million, according to the latest report by the Independent Budget Analyst's Office (IBA).

"The IBA will be providing us with a report, and hopefully the mayor's office will have met with us by that time to help consolidate priorities for the city as a whole," Lightner said. "The five-year outlook from the mayor showed no deficit. The five-year outlook from the Independent Budget Analyst did

show a deficit. We will be getting those numbers soon, and we will be getting reports on the various revenue sources from the city to update those."

The councilwoman also announced vacancies on city boards, including the Historical Resources Board, the La Jolla Shores Planned District Advisory Board and the city's Audit Committee.

"If you are interested in any other boards or commissions — I believe we have about 47 or 48 in the city of San Diego — check out the website, contact my office and we'll be glad to help you out," she said.

For more updates about goings on in District 1, visit www.sandiego.gov/citycouncil/cd1 or call Sherri Lightner's office at (619) 236-6611.

BRIEFS

CONTINUED FROM Page 2

Diego, was ordered to pay \$645 to Raymond Chung and his girlfriend, Jessica Liu, both 20. He received credit for four months already spent in jail.

Both students were in class Jan. 9 and didn't attend the sentencing. Espinoza had agreed to accept a 14-year term when he pleaded guilty Nov. 21 to two kidnapping counts and two robbery charges.

The couple was accosted in the parking lot of the CVS Pharmacy on Villa La Jolla Drive on Sept. 11 around 11 p.m. with an air soft pellet pistol that looked like a real handgun.

He forced them to drive to their

bank ATM in Pacific Beach and they withdrew \$420 in cash. The restitution order includes the cost of their two cell phones, which he took, said Deputy District Attorney Jalyn Wang.

Espinoza also stole Liu's laptop and Chung's wallet. Police recovered the laptop and some of the money, but no other items. After getting the money, Espinoza suddenly demanded to be let out of the car in a residential area of Pacific Beach.

Espinoza did give a quick "thank you" as he exited the car, they testified. The students called police and officers found Espinoza running uphill on Loring Street and Soledad Mountain Road.

— Neal Putnam

New middle school parents invited for sneak peek at Muirlands

Muirlands Middle School invites parents of incoming sixth-graders to an open house luncheon on Jan. 31 from 11:30 a.m. to 1 p.m. in the school's auditorium.

Prospective families can have their questions answered by faculty, current parents and students, while principal Chris Hargrave will give a presentation along with teachers and foundation members. An optional parent-guided campus tour will be available, as well.

RSVPs are requested at bit.ly/-TYXVIH. For more information, email mohara1@san.rr.com or fran-andtodd@aol.com.

Best Housing Market in 6 years: Avoid these 3 mistakes when selling your home

San Diego - When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range.

Your asking price is often your home's "first impression," and if you want to realize the most money you can for your home, it's imperative that you make a good first impression.

This is not as easy as it sounds, and pricing strategy should not be taken lightly. Pricing too high can be as costly to a homeseller as pricing too low. A recent study, which compiles 10 years

of industry research, has resulted in a new special report entitled "Home-sellers: How to Get the Price You Want (and Need)." This report will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell at the price you want.

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ROSE CREEK

CONTINUED FROM Page 1

various city departments to clearly identify the specific parcels that constitute Rose Creek and move forward with dedication in the next several months.

"One of my overriding goals is to ensure that we dedicate these parcels, and I will ensure that we move forward collectively with my colleagues because it is in the public's best interest to dedicate that," said Faulconer during a Dec. 17 City Council meeting. "There are some questions that we have about some of the lines, where they fall and who [owns] that, but this is a problem that is entirely solvable."

When the City Council approved the dedication of more than 6,500 acres of canyonlands and open spaces through the adoption of the "Declaration of Dedication of Land" on Nov. 27, portions of the Rose Creek watershed were not cleared for dedication by city departments because of questions about ownership and the potential for alternative uses for the sites.

Upon further evaluation, staff from the Park and Recreation Department and the City Attorney's Office explained to City Council members on Dec. 17 that not all of Rose Creek is within defined assessor parcel numbers and have legal descriptions. Certain portions of the watershed within Caltrans and railroad rights of way may conflict with stormwater and transportation maintenance programs in the area, and other portions of the property are simply not owned by the city, according to the city attorney's report.

"I understand that protecting Rose

Creek is a complex undertaking with a host of logistical and legal issues," said Zirk during the meeting. "While I may not leave here today with exactly what I was hoping for, I hope we can carry this effort into 2013 and beyond."

Faulconer emphasized the importance of proactive communication among community groups and stakeholders to bring this issue of dedication back to the City Council in the coming months.

"I do want this to come back to the City Council, probably through the Natural Resources and Culture Committee, and that the city actually survey those properties," Faulconer said. "I'm confident we can do that and I will push for that to make sure that we have all those questions answered."

San Diego Canyonlands, the non-profit organization that spearheaded the mapping, planning and public vetting for the Rose Creek preservation movement, initially proposed the dedication of nearly 10,000 acres of city-owned open space as protected parkland. Due to inconsistencies between the Canyonlands' proposal and the city's policies, the City Council dedicated 6,550 acres of the proposed land as dedicated open space on Nov. 27 and vowed to re-address the issue of dedication for other city-owned parcels, like portions of the Rose Creek Watershed, which was initially acquired by the city for flood-control purposes.

According to San Diego Canyonlands, the purpose of dedication is to provide reliable, open-space preservation and recreational opportunities within communities, providing a framework for future planning as the city grows.

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CIVICreport: La Jolla Community Planning Association

By MARIKO LAMB | VILLAGE NEWS

A glimpse at the action at the Jan. 3 meeting of the La Jolla Community Planning Association (LJCPA).

• Following **Mayor Bob Filner's order to extend the advisory rope** separating humans and seals at Children's Pool beach from 130 feet to 152 feet on Dec. 21, La Jollans turned out to the LJCPA's Jan. 3 meeting to air both praises and complaints about the mayor's action.

At the meeting, Ken Hunrichs, president of Friends of the Children's Pool, distributed a copy of the city attorney's memo that details the possibility that penalties may be imposed on the city should the mayor fail to obtain proper permit amendments for the rope extension.

"The city currently has a permit for a 130-foot rope. It has a 152-foot rope across the beach now — a clear violation," he said. "The city attorney recognizes it and advised the mayor correct it or figure out a way to retroactively get permission to have the rope placed at that length."

Hunrichs and fellow La Jollan Melinda Merriweather urged the LJCPA to write a letter to the mayor to reiterate the community's stance on the issue — an action that was proposed and approved by the trustees.

"His big thing is that he's going to listen to communities, and this community has said over and over again

SEE LJCPA, Page 8

Local family pulls community together to find cure for ALS

By MARIKO LAMB | VILLAGE NEWS

In July 2011, the close-knit Constans family's world was shaken when they discovered that John Constans — father to two grown daughters, Ashley and Elise, and husband to their mother, Lin — was diagnosed with ALS (amyotrophic lateral sclerosis), a terminal neurodegenerative disease that is more commonly known as Lou Gehrig's disease.

The chilling motor neuron disease is one that leads to the rapid degeneration of nerve cells, muscle strength and motor function. Although the disease does not typically affect a person's senses or impair one's mind, the disease invariably results in a premature death several years after the onslaught of noticeable symptoms. The debilitating disease — one that affects about 30,000 Americans each day — is one with no known cause and no known cure.

"Both my parents were in absolute shock when they found out the news. They had three different opinions, all of which had the same horrible diagnosis," said Ashley. "We were devastated."

John, a former Navy pilot and retired captain with U.S. Airways, has always embraced the positive aspects of any given situation by his casual, fun-loving approach to life.

"Many times, we resort to humor, as that has always been something my family has been able to rally with in difficult times," she said. "Through everything, he is still such a funny guy, so that has made everything a little easier."

The frustrations of engaging in what

once were effortless daily activities and performing seemingly straightforward motor-control functions are no longer the simple tasks they once were, however.

"He has lost so much control over his body and is unable to do things that he was once able to. Even the simplest things like writing have become difficult for him. However, we never give up hope," said Ashley. "The four of us are such a close family. When one of us is down, we can always rely on one another to pick us back up. This is no different with my dad's battle."

Although there is never a day like the one before, the Constans family has redefined the daily norm, adjusting their lives to accommodate John's ever-changing needs.

"ALS is a community disease. Once a person is diagnosed, it quickly becomes not just their disease, but the disease of a family and those who support them," Ashley said. "Though it is not a well-known disease, it is probably one of the worst diseases one could be diagnosed with."

One of the many things John Constans will undoubtedly bequeath as a legacy to his daughters is his entrenched sense of what it takes to be successful and his steadfast approach



The Constans family, from left: John, Elise, Ashley and Lin. John was diagnosed with ALS in 2011, prompting the family to pull together to push for a cure. Courtesy photo

to finding happiness in life no matter the circumstances. These traits already exist in his daughters, exemplified by their own personal achievements.

Ashley, the director of operations at an event production company, Redfearn & Associates, is using her expertise in the field of event production to proactively channel her emotions and energy for the betterment of those battling ALS.

"My partner and I wanted to find a way we could use what we do to help raise money for research, as well as awareness about ALS and its devastating consequences," she said. "We rallied all the people we rely on to make our own business successful and asked them to help us out to make this event both very special and very fun."

The result: an upcoming fundraiser, "Flying for a Cure," on Jan. 19 to celebrate John's life and successes, while also helping to raise funds for Team

Godfather, a nonprofit foundation dedicated to raising charitable funds to find a cure for ALS.

"My hope is that through this event, as well as other Team Godfather events, we can help raise money to fund ALS TDI (Therapy Development Institute), the research facility Team Godfather sends some of its funding to, to help find a cause and cure for this horrific disease, as well as raise awareness in the San Diego community," she said. "Patients and families who first get this news should know they are not alone. Though the future may look dark, so many people in San Diego want to help and there are resources that are here for them."

Flying for a Cure will take place at 5:30 p.m. at the Hyatt Regency La Jolla Aventura, located at 3777 La Jolla Village Drive. The evening will feature a high-quality array of silent and live auction items, including one of the largest signed guitar collections available in San Diego's history, a cocktail happy hour reception with sumptuous bites from local caterers and restaurants, and a special performance by the Paul Cannon Band and a surprise internationally acclaimed musical guest.

"We hope through this event and other Team Godfather events that our community will rally together to help us find a cause and cure for ALS," said Ashley. "We will beat this one day."

Tickets are \$250 per person or \$2,500 for a table of 10 with VIP meet-and-greet opportunities with the musical guests. To purchase tickets, visit www.teamgodfather.org or call (760) 436-8809.

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By BART MENDOZA

MUSTHEAR: The Tilt

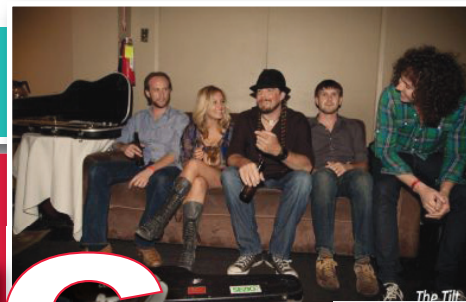
There are plenty of bands hitting the boards that play a mix of Americana, blues and rock 'n' roll, but few reach the levels of excitement that The Tilt does. Appearing at Beaumont's on Jan. 26, the band is led by singer Jesse Malley and guitarist Jeff Irwin, creating a mix of

sounds that comes close to Led Zeppelin or the Allman Brothers at their best, if either band had had a female vocalist. The band is adept at a range of covers, but it's the originals that will impress, every one of them good enough to stand up against the classic tunes of the members' heroes. If there's any justice, The Tilt will gain national recognition soon.

The Tilt, rock and country-tinged tunes, 9 p.m., Beaumont's

MUSIC SCENE

For a full list of venues' addresses and contact information, visit www.sdnews.com



The Tilt

Thursday

- **Richard James Trio**, piano jazz, 6 p.m., Eddie V's
- **Tad Sisler**, vocals, piano, keyboards, 7 p.m., Manhattan of La Jolla
- **Latin Jazz Crew**, Latin jazz, 7:30 p.m., Café-Bar Europa
- **Lotus**, DJ night, 8 p.m., Barfly
- **Mike Myrdal**, acoustic covers, 8 p.m., Beaumont's

- **Richard James Trio**, 6 p.m., Eddie V's
- **Signals**, indie rock, 6 p.m., Che Café
- **Tad Sisler**, 7 p.m., Manhattan of La Jolla
- **Latin Jazz Crew**, 7:30 p.m., Café-Bar Europa
- **Simeon Flick**, acoustic covers, 8 p.m., Beaumont's
- **Lotus**, DJ night, 8 p.m., Barfly

Friday

- **Tomcat Courtney**, blues legend, 6 p.m., Café-Bar Europa
- **Jeff Bristol**, jazz guitar and vocals, 6 p.m., Finch's Bistro
- **GipsyMenco**, Old-World flamenco and modern jazz with Spanish guitar, 7 p.m., La Sala Lobby, La Valencia Hotel
- **AJ DeGrasse Trio**, piano jazz, 7 p.m., Eddie V's
- **Tad Sisler**, 8 p.m., Manhattan of La Jolla
- **AfroJazziacs**, Latin and Afro Cuban jazz, 9 p.m., Café-Bar Europa
- **FUNDamental Fridays**, DJ night, 8 p.m., Barfly
- **Agonizing Blight**, punk, 7 p.m., Che Café
- **Cougar Canyon Band**, classic rock, 9 p.m., Beaumont's

- **Tony Lasley**, Latin sounds, 6 p.m., Finch's Bistro
- **Pangea**, indie rock, 6 p.m., Che Café
- **Tomcat Courtney**, 6 p.m., Café-Bar Europa
- **GipsyMenco**, 7 p.m., La Valencia Hotel
- **Mercedes Moore**, blues and jazz, 6 p.m., the Marine Room
- **Jazz Mikan**, 7 p.m., Eddie V's
- **Tad Sisler**, 8 p.m., Manhattan of La Jolla
- **Fly Fridays**, 8 p.m., Barfly
- **AfroJazziacs**, 9 p.m., Café-Bar Europa
- **Fish & The Seaweeds**, rock 'n' roll, 9 p.m., Beaumont's

Saturday

- **Paul Caston**, jazz and pop standards, 6 p.m., Finch's Bistro
- **Tomcat Courtney**, 6 p.m., Café-Bar Europa
- **Freddie A Dream Trio**, piano jazz, 7 p.m., Eddie V's
- **Raindance**, indie rock, 7 p.m., Che Café
- **Tad Sisler**, 8 p.m., Manhattan of La Jolla
- **Superstar Saturdays**, DJ night, 8 p.m., Barfly
- **Yvonne Wu**, piano recital, 8 p.m., CPMC Recital Hall, UCSD
- **B Violin**, fusion and world music, 9 p.m., Café-Bar Europa
- **The Jones Revival**, classic rock, 9 p.m., Beaumont's

- **Elliott Lawrence**, jazz guitar and vocals, 6 p.m., Finch's Bistro
- **Infest**, punk, 6 p.m., Che Café
- **Tomcat Courtney**, 6 p.m., Café-Bar Europa
- **J Dean**, jazz standards, 6 p.m., Marine Room
- **AJ DeGrasse Trio**, piano jazz, 7 p.m., Eddie V's
- **Tad Sisler**, 8 p.m., Manhattan of La Jolla
- **Superstar Saturdays**, 8 p.m., Barfly
- **Trio Neo**, straight ahead jazz, 9 p.m., Café-Bar Europa
- **The Tilt**, rock and country-tinged tunes, 9 p.m., Beaumont's

Sunday

- **Spanky**, acoustic covers, 11 a.m., Beaumont's
- **The Stanford Mendicants and Counterpoint**, acapella music, 3 p.m., St. James by-the-Sea Episcopal Church
- **Sounds Like Four**, jazz, 4 p.m., Café-Bar Europa
- **John Cain**, piano jazz, 5 p.m., Eddie V's
- **Big Boss Buble**, rock and Euro jazz, 7 p.m., Café-Bar Europa
- **St. Ranger**, indie rock, 7 p.m., Che Café
- **Grace Kelly**, singer-songwriter-saxophonist, Porter's Pub

- **Matt Commerce**, acoustic covers, 11 a.m., Beaumont's
- **Lytle Scholarship Benefit Concert**, all-Beethoven program, 3 p.m., CPMC Concert Hall
- **Sounds Like Four**, jazz, 4 p.m., Café-Bar Europa
- **John Cain**, piano jazz, 5 p.m., Eddie V's
- **Inspired and the Sleep**, indie rock, 7 p.m., Che Café
- **Middle Earth**, 8 p.m., Café-Bar Europa

Monday

- **John Cain**, piano jazz, 5 p.m., Eddie V's
- **Persian Classical Music**, classical, 7 p.m., Café-Bar Europa

- **Barbara Tobler and the Lyriphon Trio**, classical, noon, La Jolla Athenaeum
- **John Cain**, piano jazz, 5 p.m., Eddie V's
- **Persian Classical Music**, classical, 7 p.m., Café-Bar Europa

Tuesday

- **Ibrahim Senegal**, traditional African music, 4:30 p.m., Café-Bar Europa
- **Freddie A Dream Trio**, piano jazz, 6 p.m., Eddie V's
- **AfroJazziacs**, Latin & Brazilian jazz guitar, 7:30 p.m., Café-Bar Europa

- **Mikan Zalkovich Trio**, piano jazz, 5 p.m., Eddie V's
- **Jennifer Bewersee**, cello recital, 8 p.m., CPMC Concert Hall, UCSD

Wednesday

- **Talia Ceravolo**, singer songwriter, 5 p.m., Café-Bar Europa
- **Freddie A Dream Trio**, piano jazz, 6 p.m., Eddie V's
- **Tomcat Courtney**, 6:30 p.m., Café-Bar Europa
- **Takae Ohnishi**, harpsichord tunes including Bach, 7 p.m., CPMC Concert Hall, UCSD
- **James Romine**, 7:30 p.m., Café-Bar Europa

- **Talia Ceravolo**, singer songwriter, 5 p.m., Café-Bar Europa
- **Freddie A Dream Trio**, piano jazz, 6 p.m., Eddie V's
- **Tomcat Courtney**, blues legend, 6:30 p.m., Café-Bar Europa
- **James Romine**, Latin American singer-songwriter, 7:30 p.m., Café-Bar Europa

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Can Sockers continue consecutive win streak?

By JOHNNY McDONALD | VILLAGE NEWS

As the win streak rolls merrily along, the question arises: are the San Diego Sockers that good or is the opposition that weak? The win string has now reached 46 straight triumphs.

However, the second half of the season might provide a few answers as the team prepares for tougher engagements with the Las Vegas Legends on Jan. 18 and Feb. 5, and back-to-back with the Dallas Sidekicks Jan. 27 and Feb. 1. Each of these teams registered 6-2 records through December and, like the Sockers, scored lopsided victories.

An omen to these Sockers challenges came with a needed come-from-behind verdict over the Turlock

Express recently, 11-7.

Up to now, the campaign has been a series of mismatches and easy double-digit triumphs, whether at home or away.

At any rate, they're assured of a prominent spot in the March 10-11 playoffs with Turlock again as a formidable opponent.

Despite scant local media attention, the Sockers continue to play before a loyal core of over 4,600 fans at the Valley View Casino Center on Sports Arena Boulevard.

Of course, the Sockers are stretching the all-time professional sports win string, but are far from the sport's all-timers. That would be the University of Cincinnati girls' basketball team that won 90 in a row or John

SEE SOCKERS, Page 12

Lacrosse hopefuls get chance on the field

The La Jolla Lacrosse Club is once again inviting prospective players in grades first through eighth to try their hand at the sport with team tryouts on Feb. 2.

Tryouts will take place on the field at La Jolla High School, located at 750 Nautilus St., and are free of charge. Players in first through fourth grades will begin at 10 a.m., with fifth- and sixth-graders starting at noon and seventh- and eighth-graders at 2 p.m.

If placed on a team, the cost of participation for the 2013 season is \$225 for first through fourth grades and \$395 for fifth through eighth grades.

The deadline for registration is Jan. 31, and players can sign up at www.lajollalacrosse.com. For more information, email ljlacrosseclub@gmail.com.

UC High edges MBHS in league opener, falls to Cathedral

By ROB STONE | VILLAGE NEWS

The University City High (UC) Centurions got a big 51-48 win over the Mission Bay Buccaneers in the Western League men's basketball opener for both ballclubs at UC last week.

Behind the performances of senior Devante Pritchett and junior Riley Dickard, the Centurions opened the ballgame by getting on the scoreboard first and jumping out to an early 8-5 lead.

UC got baskets from Dickard and junior Quinn Skillin to extend its edge to 14-11 at the end of the first quarter, but Mission Bay outscored the Centurions 8-4 in the second quarter to take a 19-18 advantage into the locker room at halftime.

After intermission, Dickard, Skillin and fellow juniors Brendan Smith and Michael Sohikish scored two, three, four and seven points, respectively, in the third quarter, as UC went on a 16-7 run to create a 34-26 cushion.

That's when Buccaneer junior Isaiah Milan went to work, outscoring the entire Centurion squad 9-0 all by himself and giving Mission Bay a slim 35-34 lead at the end of the third quarter.

In the fourth quarter, Buccaneer junior Jared Kane converted five baskets (including two free throws and a three-pointer) and junior Andre Petties-Wilson added four points of his own, but it wasn't quite enough as UC got six points apiece from Skillin and Sohikish and five from Pritchett in the fourth period to seal



Mission Bay's Andre Petties-Wilson (No. 32, pictured during a game against Francis Parker) managed to add four points to the scoreboard during the game with UC High, but it wasn't enough to hold the Centurions.

ROB STONE | Village News

the victory.

Sohikish led the Centurions with a team-high 15 points, plus three assists and was followed in the scoring column by Skillin (11 points, eight rebounds, three assists), Pritchett (11 points, eight rebounds), Dickard (six points, four assists), Smith (six points) and senior Kalid Ahmed (two points).

In another Western League contest, UC suffered a tough 75-28 loss to the Cathedral Catholic Dons at Cathedral on Jan. 11.

The Centurions were led by the play of Pritchett who finished with a team-best 10 points on the evening.

With the defeat, UC saw its record fall to 6-9 overall and 1-1 in Western League play on the young season.



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CONTINUED FROM Page 2

recovering from an illness or injury.

“We have a recuperative-care program so if, for instance, a patient without a home has a broken leg he can recover from it here with bedding changes, meals and clean laundry,” said David Seider, a member of the mission’s board of directors. “We have a great partnership with the hospitals.”

A faith-based organization, SDRM gives residents the opportunity to attend chapel twice a day and have additional time to read the Bible — a feature many residents lauded that day.

“The Mission saved my life,” said a woman who was helping with the event, followed by “Thank God for the

Mission,” coming from a male resident.

One resident spoke of the strength SDRM has given him to help himself.

“For someone to believe in you, you have to believe in yourself,” he said. “They don’t put pressure on you. They help you to strive for what you want in life here.”

The words “with dignity” were spoken throughout the day. SDRM leaders used the words “with dignity” describing how to treat people in all types of situations, and the homeless were thankful for being treated “with dignity,” especially in their toughest times.

SDRM helps homeless men, women and children rehabilitate by providing shelter, meals, physical, spiritual, emotional, medical and clothing needs through its many programs. It also helps with substance-abuse recovery,

parenting training, money management, vocational training, employment preparation and yearlong in-house programs. The organization’s history began in 1954, and has been producing life-changing success stories ever since.

“Once we have significant donations to help pay off the property, we can concentrate on helping even more people,” said Helton.

For client success videos, program information, volunteer needs and ways to partner or donate, visit sdrescue.org or call (619) 687-3720 or (888) 737-3728. The mission is located at 120 Elm St. Donations can be mailed to San Diego Rescue Mission, P.O. Box 80427, San Diego, 92138. The SDRM is a 501(c)(3) nonprofit organization qualified to receive tax-deductible donations.

LJCPA

CONTINUED FROM Page 5

for seven years that we literally would rather not have the rope,” said Merriweather. “First, the city attorney said it was illegal. Secondly, I think it was beyond his jurisdiction.”

Not all public speakers at the meeting were against the mayor’s action, however.

“The Children’s Pool beach has had peace since Dec. 21 when the rope was extended to the 152-foot length that was originally intended and corrected by the city, who admitted to the error of the 130-foot rope measurement,” said Dr. Jane Reldan, docent for La Jolla Friends of the Seals. “That’s all Mayor Filner did was correct the city’s error, and since he did, there has been peace at Children’s Pool beach.”

• **Trustees recommended approval of**

the Liem Residence, located at 7324 La Jolla Blvd., after applicant-architect Jeanne Liem modified aspects of the design to address concerns about the blocky massing of the structure. Liem softened the look with colors, materials and textures, adding recesses and insets, and articulating the façades using parapet structures and trellises.

• **The LJCPA will hold its annual trustee election on March 7** to fill eight trustee seats, including six three-year terms and two one-year term seat vacancies. Interested candidates must be a member of the LJCPA in good standing, having attended at least three meetings over the past year prior to the March 7 meeting. To submit your candidacy, email info@lajollacpa.org or notify a seated trustee no later than Feb. 7. Candidates will be given two minutes at the Feb. 7 meeting at 6 p.m. to present their background and interest in becoming a trustee.

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They may look good enough to eat, but the paintings and sculptures at Donovan's of La Jolla are strictly off limits – so you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan's, fresh seasonal vegetables and your choice of potato are always included with each entrée.

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SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY, JANUARY 17, 2013 | VOL. 18, No. 14

Look for exciting things coming from the Village News!

As some readers may have noticed, the La Jolla Village News hasn't been showing up as frequently of late. Not to worry! We're getting ready to reveal some exciting new changes that are sure to make 2013 a great year for La Jolla's locally owned publication.

We'll miss you next week as we gear up to unveil what we've been working so hard on. We hope that what you find on your doorsteps and in newsstands on Jan. 31 will help to serve the community in more and better ways – a publication dedicated to highlighting all things important to the varied interests of our readers.

We at the La Jolla Village News are excited to bring our new ideas to fruition in 2013, and we hope all of you – who we strive to serve to the best of our abilities with localized news found nowhere else – will appreciate and enjoy all we have to offer in the new year.

Haute La Jolla Nights is back for another round

The La Jolla Village Merchants Association (LJVMA) has teamed up with the Farmers Insurance Open to bring the Village's popular Haute La Jolla Nights event back for one more round from Jan. 24-26. Festivities will begin after each golf play from 4 to 9 p.m. with performances by more than 20 live bands and solo artists around the Village, a host of art gallery receptions featuring new works of world-class art, and discounts and drawings at local restaurants and retailers.

"We want to enhance the experience of visitors to La Jolla during the PGA Tournament by turning up the volume and the energy in the Village with live music and additional activities in the shops, galleries and restaurants," said LJVMA's executive



director, Sheila Fortune.

An additional treat at the free three-day festivities will be a wine and beer garden featuring live music on Jan. 26 in the parking lot adjacent to the new La Jolla Information Center at 1162 Prospect St.

Valet and public parking will also be available at the event, as well as shuttle service available for \$5 from 8 a.m. to 6 p.m. from the Information Center.

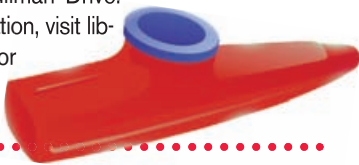
"We are very excited to welcome the patrons and players of the Farmers Insurance Open to La Jolla Village to experience our free nights of music, unique shopping, great dining and fun," said Fortune.

For more details about the event or a full listing of participating stores, restaurants or live music, visit www.lajollabythesea.org.

Kazoo gets a PR boost

The kazoo, an oft-forgotten instrument with a rich history, will be highlighted at the UCSD's Arts Library for National Kazoo Day on Jan. 28 at noon. The Kazoo – more than just an annoying party favor – has a longstanding history in African-American culture, played a key role in the jazz age and is often used today as a therapy tool for speech therapists. More little-known kazoo facts will be explored at the exhibit, which will trace the kazoo's history in Americana, catalog its role in the classical repertoire and showcase an intriguing display of different kazoos of all types and from all ages. The event will also feature live musical kazoo entertainment and a demonstration about the physics of how the kazoo actually works.

The free event will take place at the UCSD Arts Library, 9500 Gilman Drive. For more information, visit libraries.ucsd.edu or call (858) 822-5758.



New foodie tour offers up Cove's culinary delights

Bay Area startup Dishcrawl is traveling south to debut along La Jolla's coastline on Jan. 29 for a foodie crawl at four of the Cove's prized eateries. Unlike a self-guided tour, Dishcrawl has a knowledgeable ambassador on hand as guests taste and smell the local specialties, learn more about the regional fare and meet with the area's renowned chefs and restaurant owners at each location.

The Dishcrawl tour encourages visitors of La Jolla to discover everything the beach community has to offer, while also

bringing La Jollans together with great food, conversation and camaraderie. The Dishcrawl begins at 7 p.m. at a location disclosed only to participants upon registration.

Tickets to Dishcrawl are \$45 per person. For more information or to purchase tickets, visit www.dishcrawl.com/lajolla or call (510) 332-5633.



Let there be light in Bird Rock

Nine newly installed LED streetlights will illuminate Bird Rock's main thoroughfare along La Jolla Boulevard from Midway Street to Camino de la Costa, bringing to light more of the merchants lining the boulevard, improving the aesthetics of the corridor and addressing public safety and visibility concerns in the area.

"While the intersections were reasonably well-lit by streetlights, the area along each block was extremely dark. This made walking through our business area unappealing after sunset," said Bird Rock Community Council president Jacqueline Bell. "There was also very little visibility for our merchants to passing motorists in the evening hours."

The late George Sutton, a longtime Bird Rock Community Council member and

community volunteer, spearheaded the project back in 2008 and worked diligently to secure funding for the streetlights through the city's Bird Rock Maintenance Assessment District (MAD) capital improvement budget before his death in the summer of 2011.

"At the time of George's accidental death on June 1, 2011, the project was in the design finalization stage," said Bell. "The city of San Diego put the final design out to bid and selected the contractor that installed the fixtures in 2012. SDG&E energized the lamps late last year to the delight of the neighborhood."

Bird Rock Home Tour

The annual Bird Rock Home Tour will welcome guests into incredible local homes once again on Jan. 26 from 11 a.m. to 3 p.m.

Tickets are \$20 for BRCC members and \$25 for all others, and will be available only on the day of the event in front of Bird Rock Coffee Roasters.

For more information, call Michelle Fulk at (858) 775-8500.

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Starry, starry nights



with Vincent Andrunas

Messages went out inviting guests to the elegant La Jolla villa of Al and Armi Williams for a December reception in honor of Kirsti Westphalen, consul general of Finland in Los Angeles, and her husband, Mr. Abdellatif Moufakkir. The reason given was that Consul Westphalen wanted to come to San Diego to explain to key people here her scaled-back plans for running her Consulate General in light of recent cutbacks by Helsinki.

At least, that was the story that Al put out, and Armi saw no reason to suspect otherwise. She'd heard of the announced budget reductions, and was pleased to host the reception in her home, even though such news was less than joyous. Little did she know what really lie in store for her.

About 50 guests arrived for the occasion, for which the always-lovely home had been beautifully prepared. But although there really had been threatening budget issues, a possible closing of the Los Angeles consular office had already been happily averted. Still, its threat served as a cloak for a far happier

A surprise honor and a Mainly Mozart celebration



Mozart: above: Esther Nahama (Club Amadeus chair); Trio Cavatina musicians Priscilla Lee (cello), Harumi Rhodes (violin), and Ieva Jokubaviciute (piano); Wendy Segal (host); Nancy Bojanic (MM founder/executive director)



Mozart: left: Linda and Joe Satz, Irene Chandler, Esther Nahama (Club Amadeus chairwoman), Jonathan Segal (host)

Williams: right: Eva Engvall and Erkki Ruoslahti (he's a Knight of the White Rose and commander of the Lion of Finland), Kathrin Mautino (Honorary Consul of Finland for San Diego, and Knight First Class of the Order of the Lion of Finland), Gladys Jones, George Novinger



Williams: above: Abdellatif Moufakkir and Kirsti Westphalen (she's Consul General of Finland in Los Angeles), Al and Armi Williams, Arthur Collingswood

occasion: a presentation that would be a very pleasant surprise. Mr. Williams and Consul Westphalen reportedly had great fun putting together a "script" that allowed the reception's true purpose to be kept secret until it was unveiled before all the guests.

Everyone listened intently as the consul began speaking. When she announced the real reason everyone was gathered there, Armi's facial

expression became one of absolute shock and surprise. Everyone had come, in fact, to honor Armi, and she was the only one who didn't know it. The title of "Knight First Class of the Order of the White Rose of Finland" was conferred upon her for her service to her native Finland. Knowing the modest Armi would not have been comfortable contemplating the prospect of a large group of people coming to

see her receive such an honor, her husband thoughtfully spared her such anticipation by hiding the truth until the very last moment.

Unprepared as she was for such a thing, Armi nonetheless spoke eloquently — straight from her heart — about her love of Finland. She told of the sacrifices Finns had made to gain their independence 95 years ago, their difficult fight to keep their freedom

when faced with an overwhelmingly large enemy during World War II and their subsequent successes in education, technology, industry and the arts.

Armi was Finland's entry in the very first Miss Universe pageant, held in 1952. She won the crown and traveled the world representing her country. Finns remain justly proud of her to this day. However, she's quite modest, and

SEE SOCIETY, Page 12

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Even though at this time there is no cure for Alzheimer's disease, researchers have been looking into therapies that can improve a person's quality of life, possibly lessen some of their symptoms and help them function better.

Notepad Computers – These same lightweight touchscreen computers, with puzzles, games and apps, are being used to exercise the person's mind, help them improve their dexterity and even help remind them of things. The games help the person feel that they've accomplished a task and are successful.

Bright Lights – A study that was published in the Journal of the AMA found



From right to left: Eileen Benedict, Peter Mlynar, Nicole Zetouna, Vicki Mlynar

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that either intensive light therapy or UV light therapy has helped a person with memory issues have better cognition and helps improve their mood. It may be especially helpful with sun-downing behavior.

Art – This is increasingly being seen at museums around the country, where there are programs for people with Alzheimer’s to view and create art. The result of this therapy lasts well past the therapy session.

“Comfort Food” – It is being researched that letting the person have that extra piece of pie or that nighttime drink makes the person more content and peaceful. This could cause them to need less medication.

Tell a Story – Having the Alzheimer’s patient in a group, looking at pictures and making up a story about that picture is helping the person be creative as well as helps them socialize.

No therapy at this time can reverse Alzheimer’s but more people are working to help improve the quality of life of these people. For more help in dealing with an Alzheimer’s patient, call the RN Care Managers at Innovative Healthcare Consultants at 1.877.731.1442 or see us online at www.innovativehc.com.

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SOCIETY

CONTINUED FROM Page 10

after she and her husband came to La Jolla in 1991, no one knew her secret until it was discovered accidentally, many years later. She still never volunteers the information about her wonderful accomplishment.

The evening continued with conversation and anecdotes told by those who know her well, and a fabulous buffet offered delicious foods. Everyone seemed very pleased that Armi had received such a well-deserved recognition — and at having succeeded in keeping the secret from her until the very last minute.

Mainly Mozart's elite donor group, Club Amadeus, held a festive Decem-

ber event for nearly 100 members and guests. Hosted by architect Jonathan Segal and wife Wendy in their stunning new digs in Little Italy, the fun began with a champagne reception preceding a concert by the Trio Cavatina. Noted for offering "potent, intense interpretations," this outstanding chamber ensemble played Faure, Ravel and Piazzolla for a sophisticated, appreciative audience. Delectable appetizers and desserts, all by Ron McMillan's Catering Solutions, topped off the afternoon.

MM's Spotlight Winter Season is in full swing, now through April, in La Jolla, Rancho Santa Fe and Carlsbad. Its 25th Anniversary Festival runs May and June, highlighted with its annual gala on June 8.



Mozart: above: Alexandra Pearson, Teresa Fischlowitz, Sarah Daoust and Jared Drombetta, Marsha Sewell



Williams: above: Arthur and Annie Lipper, Rob Sidner, Colleen and Augusto Angelucci



Williams: left: John Rebelo and Sarah Marsh-Rebelo, Ellen and Tim Zinn
Mozart: right: Peter and Peggy Preuss, Gretchen Vik and Larry Clapper, Chris and Pat Weil



SOCKERS

CONTINUED FROM Page 7

Wooden's UCLA cagers, who claimed 88 straight.

They have topped the United Indoor Football Sioux Falls Storm's 41 consecutive win mark (2005-08) and far exceeded the Los Angeles Lakers' win streak of 33 straight.

Recently, the league's leading scorer, Kraig Chiles, continued with his dom-

inance with a hat trick and Aaron Susi tacked on two goals and two assists as the Sockers overcame a halftime deficit to beat Turlock. It was the first time the Sockers had trailed at the half since a 3-2 deficit in Tijuana on Dec. 9, 2011.

Despite allowing their highest goal total of the season, the Sockers extended a remarkable defensive streak, holding their opponent under double-digit goals for the 31st straight game.

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Photos from December's BAF Mixer at

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Tom was kind enough to give everyone demonstrations on how to operate the machines and even let those who wished a chance to try out the apparatuses.

ANNOUNCEMENTS 100

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SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO) JEFFERY ANNIS, aka JEFFERY L. ANNIS, aka JEFFERY LAWRENCE ANNIS, an individual; Does 1 through 20, inclusive.

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CASE NO: 37-2012-00099322-CL-BG-CTL The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): LINA M. MICHAEL (Bar# 237842) MICHAEL & ASSOCIATES, 555 CHARLES DRIVE, SUITE 204 THOUSAND OAKS, CA 91360 DATE: JUN 21, 2012 Clerk , by L. MCALISTER, Deputy ISSUE DATES: JAN 04, 10, 17 AND 24, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-032334 THE NAME(S) OF BUSINESS: APPLIANCE ALLEY FUNDING located at: 2666 CHATSWORTH BLVD. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): PHYLLIS E. SAN FILIPPO This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 13, 2012 ISSUE DATE(S): JAN 04, 10, 17 AND 24, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033023 THE NAME(S) OF BUSINESS: SAN DIEGO WUSHU CENTER located at: 8898 SUITE J CLAIREMONT MESA BLVD. SAN DIEGO, CA. 92123 is hereby registered by the following owner(s): XIAO TANG LIU This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 20, 2012 ISSUE DATE(S): JAN 04, 10, 17 AND 24, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033305 THE NAME(S) OF BUSINESS: A & C TRANSPORT located at: 6460 CONVOY COURT 12 SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): AE NOG KIM This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 26, 2012 ISSUE DATE(S): JAN 04, 10, 17 AND 24, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033219 THE NAME(S) OF BUSINESS: THE COFFEE SPOT located at: 6602 CONVOY COURT SAN DIEGO, CA. 92111 is hereby registered by the following owner(s): FARIDEH MONJAZEB This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The

statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 24, 2012 ISSUE DATE(S): JAN 04, 10, 17 AND 24, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-031808 THE NAME(S) OF BUSINESS: INSPIRE FITNESS SD located at: 10330 FRIARS RD. SAN DIEGO, CA. 92120 is hereby registered by the following owner(s): ERICA STEELE This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 07, 2012 ISSUE DATE(S): JAN 04, 10, 17 AND 24, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033093 THE NAME(S) OF BUSINESS: NATURAL VIBRATIONS located at: 99-142 KULINA ST. AIEA, HI. 96701 is hereby registered by the following owner(s): NATURAL VIBRATIONS LLC. This business is being conducted by: A LIMITED LIABILITY COMPANY NATURAL VIBRATIONS LLC. 99-142 KULINA ST. AIEA, HI. 96701 HAWAII The transaction of business began on: 01/01/2000 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 20, 2012 ISSUE DATE(S): JAN 04, 10, 17 AND 24, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033252 THE NAME(S) OF BUSINESS: POTLUCK CLOTHING INDUSTRIES located at: 8741 LAKE MURRAY BLVD. #6 SAN DIEGO, CA. 92119 is hereby registered by the following owner(s): CHRISTOPHER T. PAYNE This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 24, 2012 ISSUE DATE(S): JAN 04, 10, 17 AND 24, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033712 THE NAME(S) OF BUSINESS: FINEST CITY REAL ESTATE, MISSION VALLEY REAL ESTATE, THE MICHAEL PRICE GROUP,1031AGT.COM, 1031BKR.COM, MISSIONVALLEYCONDOS.COM located at: 3688 MOUNT ALVAREZ AVENUE SAN DIEGO, CA. 92115 is hereby registered by the following owner(s): MICHAEL C. PRICE This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 04/21/06 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 31, 2012 ISSUE DATE(S): JAN 04, 10, 17 AND 24, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-031498 THE NAME(S) OF BUSINESS: ROSEWOOD SAN DIEGO, RSWDSD located at: 877 MARKET ST. SAN DIEGO, CA. 92101 is hereby registered by the following owner(s): ROSEWOOD SD LLC. This business is being conducted by: A LIMITED LIABILITY COMPANY ROSEWOOD SD LLC. 877 MARKET ST. SAN DIEGO, CA. 92101 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 04, 2012 ISSUE DATE(S): DEC 20 JAN 04, 10, AND 17, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033356 THE NAME(S) OF BUSINESS: PANDORA'S CLOSETOUT, AQT0, MOVING AWARENESS sm located at: 3688 MOUNT ALVAREZ AVENUE SAN DIEGO, CA. 92111 is hereby registered by the following owner(s): MICHAEL C. PRICE This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 04/21/06 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 31, 2012 ISSUE DATE(S): JAN 10, 17, 24 AND 31, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033704 THE NAME(S) OF BUSINESS: THE BOHAN & BURNSIDE COMPANY located at: 4034 CAMINITO SUERO SAN DIEGO, CA. 92122 is hereby registered by the following owner(s): DANIEL Q. BOHAN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 31, 2012 ISSUE DATE(S): JAN 10, 17, 24 AND 31, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-032827 THE NAME(S) OF BUSINESS: 2 BROTHERS ELECTRONICS, JUST FOR MY PHONE located at: 808 4TH AVE. #512 SAN DIEGO, CA. 92101 is hereby registered by the following owner(s): RODNEY DAYLAMY This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 18, 2012 ISSUE DATE(S): JAN 10, 17, 24 AND 31, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033596 THE NAME(S) OF BUSINESS: A LIGHT IN THE WINDOW located at: 1377 WILBUR AVE SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): SUSAN LEONARD This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 28, 2012 ISSUE DATE(S): JAN 10, 17, 24 AND 31, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-032532 THE NAME(S) OF BUSINESS: CAMILLION STYLES located at: 18736 CAMINITO CANTILENA #187 SAN DIEGO, CA. 92128 is hereby registered by the following owner(s): CAMILLION STYLES This business is being conducted by: A LIMITED LIABILITY COMPANY CAMILLION STYLES 18736 CAMINITO CANTILENA #187 SAN DIEGO, CA. 92128 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 14, 2012 ISSUE DATE(S): JAN 10, 17, 24 AND 31, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-031995 THE NAME(S) OF BUSINESS: THE SAIL GROUP, WHIRLWIND SAILS, POINT SAILS located at: 2733 SHELTER ISLAND DR. SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): ALICE M. BUCK This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 12/01/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 10, 2012 ISSUE DATE(S): JAN 04, 10, 17 AND 24, 2013

STATEMENT OF WITHDRAWAL FROM PARTNERSHIP UNDER FICTITIOUS BUSINESS NAME FILE NO. 2013-000637 (1) FICTITIOUS BUSINESS NAME(S) OF PARTNERSHIP: a. SAN DIEGO SCUBA GUIDE (2) LOCATED AT: 1514 CHALCEDONY ST. SAN DIEGO, CA. 92109 (3) THE FICTITIOUS BUSINESS NAME REFERRED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 05/17/ 2011, and assigned File No. 2011-014471 (4) THE FOL-

LOWING GENERAL PARTNER HAS WITHDRAWN: OLGA KORCHYGA 6750 LA JOLLA BLVD. LA JOLLA, CA. 92037 (5) The statement was filed by Ernest J. Dronenburg, Jr. San Diego County Clerk / Recorder on: JAN 08, 2013 ISSUE DATE(S): JAN 17, 24, 31 AND FEB 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033111 THE NAME(S) OF BUSINESS: JSK BOXING, "KEEPING TEENS OFF THE STREET", ADAPTIVE MARTIAL ARTS AND WHEELCHAIR SELF DEFENSE located at: 3839 SEQUOIA ST #3 SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): GREGORY FRASER This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 12/21/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 21, 2012 ISSUE DATE(S): JAN 17, 24, 31 AND FEB 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-000676 THE NAME(S) OF BUSINESS: BUILDING ENGINEER SOLUTIONS located at: 5615 SOLEDAD RD. LA JOLLA, CA. 92037 is hereby registered by the following owner(s): CHARLES K. CARTER This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 08, 2013 ISSUE DATE(S): JAN 17, 24, 31 AND FEB 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-000774 THE NAME(S) OF BUSINESS: PUMPED MAGAZINE located at: 6650 LUSK BLVD., STE B201 SAN DIEGO, CA. 92121 is hereby registered by the following owner(s): ULTIMATE FITNESS NUTRITION, INC. This business is being conducted by: A CORPORATION ULTIMATE FITNESS NUTRITION, INC. 101 W BROADWAY 16TH FLOOR SAN DIEGO, CA. 92101 NEVADATHE transaction of business began on: 10/12/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 09, 2013 ISSUE DATE(S): JAN 17, 24, 31 AND FEB 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-033143 THE NAME(S) OF BUSINESS: LUXURY COMFORT TRANSPORTATION, FIRST CLASS TRANSPORTATION located at: 6410 BLUE ASH DRIVE LEMON GROVE, CA. 91945 is hereby registered by the following owner(s): HABIBULLAH POPAL, ABDULLAH POPAL This business is being conducted by: A GENERAL PARTNERSHIP The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 21, 2012 ISSUE DATE(S): JAN 17, 24, 31 AND FEB 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2013-000993 THE NAME(S) OF BUSINESS: CANARIFORMIA EATERY located at: 964 1/2 WILBUR AVE. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): ENRIQUE ROBAINA-CABRERA, SAMANTHA BERNIS This business is being conducted by: A MARRIED COUPLE The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 10, 2013 ISSUE DATE(S): JAN 17, 24, 31 AND FEB 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-032530 THE NAME(S) OF BUSINESS: NEWPORT AVENUE YACHT CLUB, N.A.Y.C. located at: 5060 NEWPORT AVE. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): NEWPORT AVENUE INVESTMENTS, INC. This business is being conducted by: A CORPORATION NEWPORT AVENUE INVESTMENTS, INC. 5060 NEWPORT AVE. SAN DIEGO, CA. 92107 CALIFORNIA The transaction of business began on: 12/14/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 14, 2012 ISSUE DATE(S): JAN 10, 17, 24 AND 31, 2013

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2013-00029040-CU-PT-CTL PETITIONER OR ATTORNEY, BENJAMIN COPPEL 931 LA JOLLA RANCHO ROAD LA JOLLA, CA. 92037 858-454-1634 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM BENJAMIN COPPEL TO BENJAMIN ALJANDRO COPPEL SULLIVAN THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 01, 2013 TIME : 8:30 AM DEPT 52 220 WEST BROADWAY SAN DIEGO, CA. 92101 ABOVE ISSUE DATE(S): JAN 17, 24, 31 AND FEB07, 2013

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO: 2012-008116 (1) FICTITIOUS BUSINESS NAME(S): a. UFS b. UFS360 c. ULTIMATE FITNESS SOLUTIONS (2) LOCATED AT: 11211 SORRENTO VALLEY RD. STE L SAN DIEGO, CA. 92121 (3) THE FICTITIOUS BUSINESS NAME REFERRED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 10/18/2011, and assigned File No. 2011-029348 (4) IS (ARE) ABANDONED BY THE FOLLOWING REGISTRANT(S): ULTIMATE FITNESS NUTRITION, INC. 101 W BROADWAY 16TH FLOOR SAN DIEGO, CA. 92101 NEVADA The statement was filed with Ernest J. Dronenburg, Jr., County Clerk of San Diego County on: JAN 09, 2013 Issue date(s): JAN 17, 24, 31 FEB 07, 2013

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO: 2012-000769 (1) FICTITIOUS BUSINESS NAME(S): a. AAS LABS b. ANABOLIC ALMANAC c. ANABOLIC ALMANAC COM d. BODY-BUILDING TODAY e. PMX FIT f. PMX FIT CHALLENGE g. PMX FIT CONTEST h. PMX FIT FITNESS I. PMX FIT FITNESS SYSTEMS j. PMX FIT FIT SYSTEM k. PMX FIT TRAINING SYSTEM l. PMX FIT ULTIMATE FITNESS SYSTEM m. PMX FIT ULTIMATE TRAINING SYSTEM n. PMX FIT ULTIMATE TRAINING o. PRIMAL MUSCLE CHALLENGE p. PRIMAL MUSCLE CONTEST q. PRIMAL MUSCLE MAGAZINE r. PRIMAL MUSCLE MAGAZINE COM s. PRIMAL MUSCLE SPORTS SUPPLEMENTS t. PRIMAL MUSCLE STORE u. PRIMAL MUSCLE STORE COM v. STEROIDS TODAY w. TJ LABS (2) LOCATED AT: 11211 SORRENTO VALLEY RD. STE L SAN DIEGO, CA. 92121 (3) THE FICTITIOUS BUSINESS NAME REFERRED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 10/18/2011, and assigned File No. 2011-007809 (4) IS (ARE) ABANDONED BY THE FOLLOWING REGISTRANT(S): ULTIMATE FITNESS NUTRITION, INC. 501 W BROADWAY, STE 770 SAN DIEGO, CA. 92101 CALIFORNIA The statement was filed with Ernest J. Dronenburg, Jr., County Clerk of San Diego County on: JAN 09, 2013 Issue date(s): JAN 17, 24, 31 FEB 07, 2013

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Sun 1-4pm7020 Via Estrada . . .5BR/4BA	\$1,700,000-\$2,100,000	Lipschitz / Schroedl • 619-857-2882
Sun 1-4pm1605 Camino Del Teatro	5BR/4BA	\$3,995,000 Meg Lebastchi • 858-336-0936
Sun 1-4pm2339 Calle De La Garza	5BR/3.5BA	\$3,995,000 Deborah Greenspan / Cameron Volker 619-972-5060

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Sat & Sun 11-4pm 1353 Plum St.	4BR/2.5BA	\$1,195,000 Robert Realty • 619-852-8827
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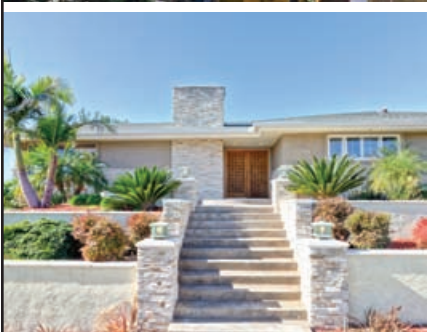
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