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SAN DIEGO COMMUNITY NEWSPAPER GROUP

THURSDAY, FEBRUARY 23, 2012

WWW.SDNEWS.COM ■ VOLUME 17, NUMBER 21



Scott Appleby & Kerry Appleby Payne

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For the birds



Photographer Sharon Hinckley caught these playful birds at La Jolla Cove on Feb. 18.

"Some of them," she said, "looked like they were at a hair salon (feather salon?) or doing yoga poses."

These birds were enjoying a tranquil afternoon, but researchers have recently discovered why things may not always be so peaceful. Scientists at Scripps Institution of Oceanography have uncovered new evidence supporting the theory behind the mystery of crazed birds that, back in 1961, inspired Alfred Hitchcock's notorious thriller, "The Birds." Hitchcock's interest was piqued when he visited Monterey and, as reported in a local newspaper, thousands of "crazed seabirds pelted the shores of North Monterey Bay," regurgitating anchovies. Thirty

years later, a similarly bizarre incident occurred in the same region. In the latter event, the birds were found to have ingested the neurotoxin domoic acid, but evidence to support the theory that the same substance caused the earlier incident couldn't be found.

In a letter published in the journal *Nature Geoscience*, the authors, including Mark Ohman of Scripps, showed that a toxin-producing species of phytoplankton was present in high numbers in Monterey Bay in the 1960s. Using archived samples of plankton collected during ship surveys 50 years ago, the team found elevated



levels of the toxin in the samples, leading them to conclude that "domoic acid-producing phytoplankton have been an agent of marine animal mortality in the California current system for at least the past 50 years."

— Kendra Hartmann



Front row: George Otero, Jesse Mays, Carroll Zahn, Helen Lebowitz, Pam Colquitt, Laura Spano. **Second row:** Tony Santo, Greg Fitchitt, Andy Freeburn, Ryan Perry, Sherri Lightner, John Schindel, Kevin Wirsing
SANDY LIPPE | Village News

U.C. leaders get a sneak peek at UTC's facelift



View from 52
SANDY LIPPE

Westfield UTC, at the corner of Genesee and La Jolla Village Drive, is taking on a new look as a creative renovation takes place. Several University City community leaders joined District 1 City Councilwoman Sherri Lightner in the office of Ryan Perry, general manager of Westfield UTC, for a hardhat tour of the shopping center at the end of January. Developer Greg Fitchitt welcomed the guests with early morning coffee along with head of construction Tony Santo and Perry.

University Towne Center was built in 1977 and renovated in 1984. Westfield purchased the shopping center in 1998. In 2001, Westfield wanted to upgrade and expand the center, and after seven years of seeking City Council approval for an expansion with 750,000 square feet of stores and 300 housing units, the council gave its approval in 2008 — just when the economy came to a screeching halt, putting the expansion plans on hold.

Fast forward to 2012, and Phase 1 of an expansion is fully engaged. Robinson-May was victim to the wrecking ball, but there is light at the end of the tunnel. ArcLight Cinema will be atop a building housing 24-Hour Fitness and its expanded 145,000 square feet, including a pool and a basketball court. ArcLight promises all reserved seating with no late entries, a greeter to introduce the films, a cafe and a bar. Both mainstream movies and independent films will be shown on the 14 screens.

The famous food court will be

renamed "Dining Terrace" and have a new design and new restaurants. All of the stores will have an open feeling with revamped entries. The ice skating rink will be enclosed in glass, saving on energy and keeping noise down.

The storefronts are being redone to lift the entries in an attractive, open way. Fitchitt pointed out the streetscape experience. The design team promises a park-like setting, blending the outdoors with retail.

The family is the center of this experience, and additional amenities will include family areas with family restrooms and a children's play area near Macy's. Other treats will include a native garden near Sears — where San Diego Botanical Gardens' docents will provide information about the garden — and events put on by Birch Aquarium. The executive putting green is bringing in a lot of business types, and former U.S. Open winner Scott Simpson will be running a golf clinic. Two fire pits in the center courtyard will be sure to attract the shoppers. The touring group reacted happily to the idea of heated umbrellas. Fitchitt and Perry see the center as more than a shopping experience.

The center will also be LEED certified by the U.S. Green Building Council. Fitchitt said the center has a LEED-approved plan for neighborhood development (LEED-ND) at the Gold level, but it cannot be certified until further development happens.

"Everything in our Phase 1 project is designed and being constructed to be consistent with the LEED-ND Gold Level-approved plan we have," he said. "When we do add enough additional development in the future to meet the thresholds

SEE UTC, Page 2

Civic leader's suspected attacker arrested after high-speed chase

By **MARIKO LAMB | VILLAGE NEWS**

Harvey Henry Duson, 45, was arrested on Feb. 15 in Arizona near the Nevada border after eluding police in San Diego the day before and sparking a high-speed vehicle pursuit that crossed into several states.

Duson, who was allegedly in violation of his parole, is suspected of being one of three masked, armed men connected to the violent invasion of the University City home of MTS chairman Harry Mathis last month, which included an armed holdup and arson. Police have not yet released what — if anything — was stolen from the home.

During their monthlong investigation, the San Diego Police Department's Robbery Unit identified Duson as one of the suspects, and detectives were planning to arrest him at a scheduled meeting with his state



HARVEY HENRY DUSON

parole agent in El Cajon on Feb. 14, said SDPD Capt. Terry McManus.

Just before 5 p.m. that day, however, Duson called his parole officer, claiming his vehicle had broken down on Interstate 8. Soon after, police located Duson's disabled vehicle, a Pontiac Grand Prix with heavily tinted windows, on the right shoulder of the eastbound freeway lane.

Unsure whether or not Duson was

inside, police surrounded the car and blocked off all but one of the eastbound lanes for public safety. The cautious stalemate lasted two hours until officers smashed the windows and pried open the trunk, only to find the vehicle empty, save for some long-stemmed roses and a Valentine's Day teddy bear.

A follow-up investigation led to information that Duson had contacts in other cities, and detectives believed he might have fled to Las Vegas, said McManus.

Despite evading arrest on Valentine's Day, Duson was pulled over in a rented 2010 Mazda in Arizona for an unrelated traffic violation the following day.

"He was pulled over for speeding," said McManus. "As part of the Arizona Highway Patrol's routine pro-

SEE DUSON, Page 6



It's that time again!

Vote online for your favorite Restaurants in **La Jolla/University City** and be entered into a free drawing for dinner for two at a La Jolla restaurant. sdnews.com/readerschoice_ljvn



UTC

CONTINUED FROM Page 1

required for Gold certification, we will be eligible to do so."

Tony Santo, who oversees construction, is proud of the work being done, including the solar-powered roof of the ice rink and the reclaimed water system.



University City Community Association vice president Barry Bernstein, left, joins District 1 City Councilwoman Sherri Lightner and Westfield UTC manager Ryan Perry for a hardhat tour of the shopping center's overhaul.
SANDY LIPPE | Village News

"Over 65 percent of the waste — probably nearer to 80 percent — is recycled," he said.

There is a feeling of excitement as you walk through Westfield UTC these days. While construction is going on, the stores seem busy. The Dining Terrace should be done in May and Tender Greens, a popular restaurant in Liberty Station, will open adjacent to the terrace in May or June. Hopefully, the renovation will be finished in the late autumn when those heated umbrellas will come in handy. In the meantime, take a walk around Westfield UTC — it is alive with activity and some great stores ready to greet you.

— *Sandy Lippe is a 36-year resident of University City and the former president of the University City Community Association.*

How to Sell Your House Without an Agent

SAN DIEGO, If you've tried to sell your home yourself, you know that the minute you put the "For Sale by Owner" sign up, the phone will start to ring off the hook. Unfortunately, most calls aren't from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

After all, with the proper information, selling a home isn't easy. Perhaps, you've had your home on the market for several months with no offers from qualified buyers. This can be a very frustrating time, and many homeowners have given up their dreams of selling their homes themselves. But don't give up until you've read a new report entitled "Sell Your Own Home" which has

Courtesy of Dennis DeSouza Remax Lic. 01220680

been prepared especially for home sellers like you. You'll find that selling your home by yourself is entirely possible once you understand the process.

Inside the report, you'll find 10 inside tips to selling your home by yourself which will help you sell for the best price in the shortest amount of time. You'll find out what real estate agents don't want you to know.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.

This week in La Jolla history...

— From Linda Pequegnat's book, "This Day in San Diego History," available at Warwick's and at www.sunbeltbooks.com

Feb. 26, 1943

A popular resort hotel in the south section of La Jolla, the Windansea Hotel, burned down. The fire started in the kitchen at one o'clock in the morning and was discovered by the hotel managers, who risked their lives to warn the guests. All of the guests managed to escape except for one, an invalid, who apparently became confused in the excitement. The kitchen and all of the 22 rooms were destroyed. The dining room and lounge were severely damaged and had to be torn down.

The Windansea Hotel was built 34 years before, in 1909, and was located south of the center of La Jolla at the corner of Neptune Place and Playa del Sur with a great view of the ocean. The hotel was a

one-story wood building and had started out as a road-house and restaurant. A contest was held at the time to give it a name. Mrs. Montgomery

Brackett won the prize of six dinners at the restaurant with her name of Windansea.

The owners of the hotel estimated the fire loss to be \$36,000. They said that the hotel would be rebuilt, but it never was. It is believed that the fire was caused by a gas range in the kitchen located too close



Photos courtesy of the La Jolla Historical Society

to a wooden wall, which smoldered for some time before bursting into flames.

Today a very popular surfing beach — Windansea Beach — is located near the location of the old Windansea Hotel, and it probably got its name from the name of the hotel.

Feb. 27, 1869

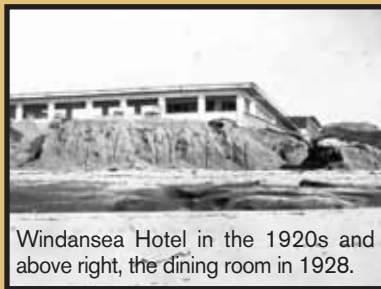
Two of the first pieces of land in La Jolla were sold to two brothers, Samuel Sizer and Daniel Sizer. La Joya (as it was spelled then) was part of the city of the San Diego's pueblo lands. Before that, La Joya had existed for many years as an Indian settlement.

Pueblo lots 1259 and 1261 each contained 80 acres and were sold to the Sizer brothers for \$1.25 per acre — of \$100 for each 80-acre lot. The lots were adjacent to each other and were bounded by the present-day streets of La Jolla Boulevard to the west, Fay Avenue to the east, Marine Street to the north, and Palomar Avenue to the south. Today the area is primarily a residential area, situated a few blocks to the south of present-day downtown La Jolla. La Jolla High School is located today on a part of Daniel Sizer's tract (lot 1259).

A few months later, in May 1869, an article in the San Diego Union newspaper described the brothers' lots as "a very promising place. They have good fresh water at a depth of 14 feet, and plenty of it. Their vineyard of 5,000 [grape] vines is doing well. The vegetable garden is fine. We expect to eat watermelons at this place on the 4th of July."

In 1870, while trying to dig another well, Daniel Sizer fell down the well to his death. His brother, Samuel, left the San Diego area shortly afterward. Their land, as well as many other acres of La Jolla land, was later acquired by a railroad company that was trying to buy land between San Diego and Los Angeles with the hope of constructing a railroad route between the two cities.

The first real development of La Jolla didn't begin until some 16 years later, during the real estate boom of the 1880s.



Windansea Hotel in the 1920s and above right, the dining room in 1928.



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LJCPA candidates strut their stuff for annual elections

By MARIKO LAMB | VILLAGE NEWS

The La Jolla Community Planning Association will hold elections on March 1 fill six seats with a three-year term that expire in March 2015 plus one vacant seat with a term that expires in March 2013. The nine candidates have issued written statements regarding their experience and qualifications. Elections will take place from 3 to 7 p.m. in the room just north of the arcade at the La Jolla Recreation Center.



DEVIN BURSTEIN

Devin Burstein

"I live with my wife on Rosemont in Windansea. I was a trustee for the last two and a half years ... I think I bring a slightly different perspective to the group than the rest of the trustees. I come from a little bit of a different generational perspective. I'm always open to listening. I think even the people who don't necessarily agree with my points of view will say that I've never turned down a request to talk to anybody. In addition, I think I help bring efficiency to these meetings. Everybody's voice should be heard, but, at some point, we've got to move things along. I think that's something the public and trustees all appreciate. I think all my fellow trustees would probably recommend me. In terms of my views, I think that development and progress are not always the same thing, although they can be."



DAN COURTNEY

Dan Courtney

"My occupation for the past 23 years has been as an industrial real estate agent ... I have been a home owner in La Jolla Shores since 1994 and have been donating time to La Jolla since 1998 when I was elected to The La Jolla Shores Association. I served four years on the LJSA ... four years on the La Jolla Town Council ... [and] for the past three years I've served as a trustee on the La Jolla Community Planning Association ... I've also been active on multiple subcommittees and task forces, including four years on the La Jolla Traffic and Transportation Committee and Torrey Pines Road Safety Coalition."

My positions on key issues impacting La Jolla include: opposed to paid parking in the village; support shared use of the Children's Pool; support continued consideration to incorporate La Jolla as it's own city; respect private property rights, but prefer to see responsible development, consistent with the neighborhood character; support increased safety for traffic and pedestrians along the Torrey Pines Road Corridor and throughout La Jolla in general.

I feel my responsibility on the CPA is to look out for the best interests of La Jolla over the long run and to represent the great and unique community of La Jolla. During the 14 years that I've served on various La Jolla community groups I've always followed my gut and spoken out for what I feel is fair and right."



CINDY THORSEN

Cindy Thorsen

"I've been a resident of La Jolla for the past 21 years and have lived in San Diego all my life. Five years ago I became aware of a re-zoning effort, which could have irreparably changed the quality and character of La Jolla. As my daughter was older and I had more time to volunteer, I got involved. My favorite volunteer duty has been on the Membership Committee, which I have done for nearly five years. It's been a wonderful opportunity to get to know members of the community and also encourage them to be involved. I have served two years as a La Jolla Town Council trustee, one year as a member of PDO, currently serving my third year on the DPR, and have volunteered for various subcommittees such as LJCPA Elections & Bylaws Committees. My inspiration is to be a steward for the generations to come. I am strongly motivated to follow code and planning enforcements consistently and fairly."



FRANCES O'NEIL ZIMMERMAN

Frances O'Neil Zimmerman

"I've lived in La Jolla since 1970 ... I've worked as a writer and a teacher, and I am now retired. For eight years, I was an elected trustee on the San Diego Unified School District Board of Education. I played a role in establishing the pool at La Jolla High School and improving the Farmers Market at La Jolla Elementary

School ... I've seen many changes in this community, and one of the most positive has been the vitality and usefulness of this community association ... I'm concerned about the livability of our neighborhoods and the waning charms at the center of town ... housing density, increasing on-street parking and lot splits, growing commercial property vacancies in town, unsightly and seemingly interminable projects like the life-guard station at Casa Cove and in the Shores, and the endless 'big dig' at the La Jolla Shores parking lot. I see no improvement in our infrastructure deficits like potholes, crumbling curbsides, dark streetlights, uncollected trash and littered beaches. The LJCPA is the liaison and a forum for the people who live here, and it can positively influence outcomes in at least some of the areas I've mentioned."



PHIL MERTEN

Phil Merten

"I'm an almost 40-year resident of La Jolla. I joined the planning association in the 1980s and have been actively involved ever since. I am an architect by profession. I understand the rules and regulations that apply to the community in terms of building development. My interests are preserving the unique character of this community through the uniform interpretation, application and enforcement of the rules and regulations that pertain to real estate development in La Jolla. In the past, I have chaired the La Jolla Shores Permit Review Committee, and I've been a chair of the past Coastal

Development Permit Committee. I'd like to continue bringing my expertise as an architect to the board of trustees."



TOM BRADY

Tom Brady

"I have been a resident in La Jolla for the last 45 years and am a candidate for a second three-year term as a trustee. I am a retired CPA, having been a partner with Peterson & Co. CPAs a La Jolla CPA firm – now Squar, Milner & Peterson – from 1977 to 2005. I serve on several community boards and committees and look forward to serving the community in the future if I am elected as a trustee. I really feel very, very much indebted to the community and the beautiful place that it is. I want to continue to do my part, and I appreciate your support."



CYNTHIA BOND

Cynthia Bond

"I have served as a trustee of the LJCPA for the past year, a year that has highlighted the multiple and often diverse views of land use and development opportunities. In order to best serve the community I have visited sites, spoken with neighbors of properties, and participated in San Diego City Council meetings. Also, I serve on the Long Range Vision Subcommittee of the La Jolla Shores PDO Update Committee ... As a trustee I share the commitment to uphold current laws and navigate the

SEE ELECTIONS, Page 6

Getting Your Home Ready To Sell This Spring?

Experts Say: Start planning for it 60 to 90 days before you sell.

A recent interview with Jeffrey Middaugh of Coldwell Banker, revealed several helpful tips for anyone who is thinking of selling their San Diego County home.

Many Home Owners think they can't sell their home in today's real estate market. The fact is over 33,000 homes sold in San Diego County in 2011. The good news is you don't need to sell below market. With the right marketing plan you can sell at 2012 market prices.

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There's a free report available that shows you the things that buyers most look for in a home, and how to make your house irresistible to buyers. You'll learn;

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- How to sell your home without even putting it on the market.
- Three things you can do to get your house on a buyer's "must see" list.

Jeffrey has compiled a free report that can be mailed to you

How to Sell Your House for Top Dollar – Fast! This report details several specific ways to prepare your house for sale. Jeffrey says the information in this report is the secret to his 20 years of success in selling homes so quickly, and the reason he can guarantee to sell any house in less than 90 days.

To get a copy of this free report, *How to Sell Your House for Top Dollar – Fast!* Just call 888-611-8015, ext. 654, for a free 24 hour recorded message.

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La Jolla High gets happy

Editor's note: The La Jolla Village News is pleased to introduce a new partnership with the journalism class of La Jolla High School. Keep an eye out for stories written by students of LJHS on various topics that affect the community.

By **FABIOLA ZIRINO**

SPECIAL TO THE VILLAGE NEWS

Saturday, Feb. 11 was International Happy Day. In hundreds of locations all over the world, movie screenings were organized for "Happy," a film directed by Roko Belic. The La Jolla High School Mindfulness Club took part in International Happy Day by holding its own "Happy" movie showing at the community/school auditorium. People from all walks of life, young and old, came to see the movie. Afterward, a guest speaker, Danny Singley, Ph.D., president of the APA chapter of positive psychology, discussed the movie and answered questions.

The movie focused on a few examples of happy people in very different parts of the world. A tranquil Brazilian surfer, a 106-year-old woman from the Japanese island of Okinawa, a French-Creole of the Louisiana bayou, Bushmen of the Kalahari Desert and many others expressed what happiness meant to them and the source of their own happiness.

Psychologists in the movie categorized happiness as pursuing intrinsic and extrinsic goals, where extrinsic goals are selfish and intrinsic goals are selfless. For example, an extrinsic goal is an accumulation of wealth or status. On the other hand, an intrinsic goal is to form strong bonds with family and friends and working to help the community. Extrinsic goals are proven to be less satisfying over the long run and eventually damaging compared to

intrinsic goals, which are deeply gratifying. Fifty percent of the human brain's feeling of happiness is genetic while 10 percent accounts for status (extrinsic goals) and the other 40 percent is left up to the person's free will.

The Royal Government of Bhutan realized that many so-called developing nations lose their culture and happiness in developing and it made a policy to prioritize gross national happiness (GNH) as opposed to gross domestic product. In Bhutan, they've adopted strict policies to retain their culture. For example, buildings are only built in the traditional architectural style and schools teach ancient prayers and activities. According to the Bhutanese, their GNH is quite high.

The movie offers many examples to help people understand happiness and how to foster it in their community. The question remains, "What can I do to be happier?" and the answers come in finding that out for oneself. The LJHS Mindfulness Club promotes the building of community bonds and the spreading of knowledge about happiness.

— *Fabiola Zirino attends La Jolla High School except for seven months spent in school in Venice, Italy. She often travels to Mexico City and Venice for family visits and vacation. She wishes to study peace and conflict studies at any cheap school that will accept her. Specifically, she wants to study non-violence as a science and learn how it can be systematically applied to resolve conflicts.*



The "senior benches" at La Jolla High School have traditionally been used for students to write messages on.

DON BALCH | Village News

By **MARIKO LAMB** | VILLAGE NEWS

La Jolla High School (LJHS) has revised its free-speech policy as part of a lawsuit settlement agreement between the American Civil Liberties Union (ACLU) and San Diego Unified School District (SDUSD) following controversy last year over the high school's "senior benches" and claims of free speech violations.

The ACLU filed the lawsuit on behalf of then-senior Yumehiko Hoshijima after political messages written on three campus benches, which have traditionally been designated for student messages, were painted over by school administration under the direction of LJHS Principal Dana Shelburne, according to the

ACLU's complaint.

The high school and school district have revised administration procedures and policies to ensure students' rights to exercise free speech so long as messages are not "obscene, libelous or slanderous" or incite unlawful acts on school premises or substantially disrupt the operation of the school.

Following anti-government protests in Iran on Feb. 14 last year, students from the high school's Persian Club painted "Freedom for Iran" and "Down with the Dictator" on the campus benches. After the school's administration blanketed the messages with white paint, Hoshijima painted "Freedom for LJHS & Iran" and "Ed. Code 48907" on the benches the

Free speech gets a boost at La Jolla High

following day, according to the complaint. Hoshijima's messages were also whitewashed, and campus administration proceeded to revise its free-speech policy in the student information packet, stating the senior benches are "reserved for positive messages about LJHS students and school activities."

The high school's latest revision is consistent with SDUSD's rewritten administrative procedure on student free speech, which assures that students' rights to exercise free speech is protected under the First Amendment to U.S. Constitution, Article 1 of the California Constitution, and California Education Code 48907. SDUSD also revised its administrative procedure as part of the settlement agreement.

La Jolla High's FIRST robotics team generates excitement for science and engineering

By **JIM SNOOK** | SPECIAL TO THE VILLAGE NEWS

What is FIRST? It is the Superbowl. The "Superbowl of Smarts" that is. It's kids working together to dream up, design and build robots. They're having the hardest fun they'll ever have, and they are becoming the next generation of innovators and engineers.

FIRST (For Inspiration and Recognition of Science and Technology) is a program founded by inventor Dean

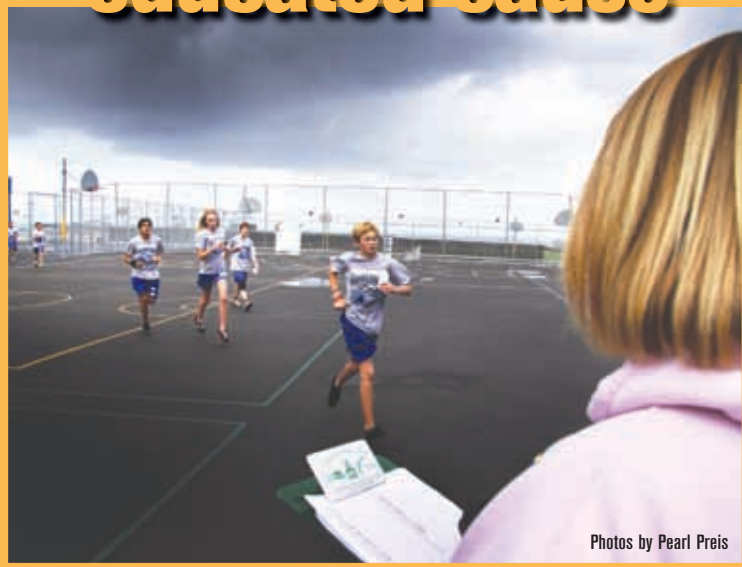
Kamen to get more young people involved in and excited about science and engineering. Under strict rules, limited resources and tight deadlines, high school teams of approximately 25 students or more design, build and program robots to compete in sports-inspired games against a field of competitors. This year's game, "Rebound Rumble," challenges teams to play the game of basketball while transversing a field of obstacles.

Through the FIRST Robotics Competition (FRC), more than 60,000 high school students from more than nine countries are engaged in this rigorous competition. On March 3-4, nearly 60 FRC teams will be competing at the San Diego regional competition in the Valley View Casino Center.

Team 2984 — the Vikings of La Jolla High School is entering its fourth

SEE FIRST, Page 6

Running for an educated cause



Photos by Pearl Preis

On Feb. 14, the students of Muirlands Middle School participated in the 10th annual Jog-a-thon, the "Happy Heart Run." Each year, the students take part in a physical education "Power Run" as the one and only fundraiser for the physical education department. The purpose of the



event is to provide opportunities for students to participate in a swim program, maintain the fitness center and update program equipment. Aquatic competence and skills are lifelong fitness objectives throughout the state but few schools are close enough to a pool to offer this important unit.

— Pearl Preis

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Donovan's Steak House

They may look good enough to eat, but the paintings and sculptures at Donovan's of La Jolla are strictly off limits – so you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan's, fresh seasonal vegetables and your choice of potato are always included with each entrée.

Cafe Milano

Enjoy a taste of Milano right here in La Jolla. Chef - owner Pasquale's 25 years of experience with Northern Italian Cuisine and hospitality offers only the best and most incredible meal for the entire family. Chef - owner Pasquale will always go that extra mile from their homemade bread, pasta, dessert to your main dish and a variety of his signature sauces, you will surely leave the restaurant already planning when you will be back again! We hope to serve you soon!

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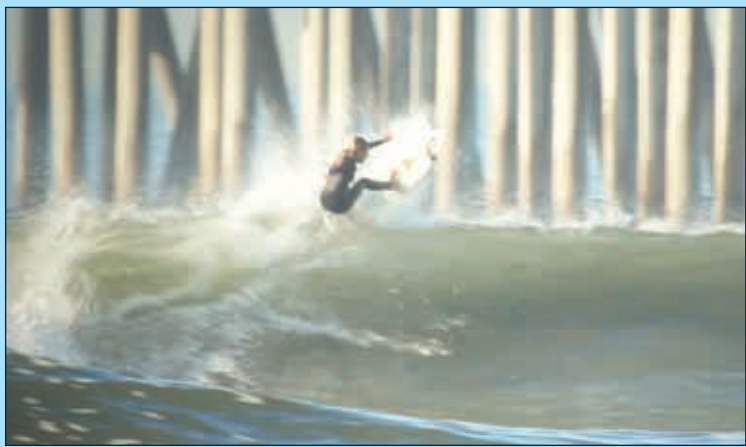
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MUSTSEE

For a full listing of events Feb. 23-March 1, see Page 12



The Loft and San Diego Surf Ladies will present the first annual Board Shorts Film Festival on Feb. 25, featuring surf films inspired by women and created by locals.

Five-time world champion surfing icon Linda Benson will host the evening event, local artists Susan Wickstand and Christine Brailsford will showcase their artwork, and other apparel, accessories and hardware will be available for purchase. Surf-friendly swimwear by The Seea can even help guests get fitted with some great looks to hit the waves.

Surf-related prizes, including surf boards, gift certificates and tickets, free downloads and jewelry can be won in a fundraiser drawing to benefit San Diego Surf Ladies and San Diego Coastkeeper.

Doors will open at 7 p.m., followed by an after-party at Zanzibar at 9:30. The Loft is located at UCSD's Price Center East, located at 9500 Gilman Dr.

Tickets are limited and currently available only on a waitlist-basis at www.sandiegosurfladies.com.

MUSTDO

La Jolla High School PTA will host its fourth annual E-waste Collection Day

on Feb. 25 from 10 a.m. to 4 p.m., giving locals the opportunity to drop off their unwanted electronic goods for a good cause.

In addition to inspiring La Jollans to recycle old computers, televisions, cameras, cell phones



and household items, every pound of electronics collected will benefit the PTA.

The drop-off location will be at the intersection of Westbourne Street and Draper Avenue.

For more information, call (619) 882-1120 or email dwheeler@san.rr.com.



Sprinkles Cupcakes will offer a great deal — a dozen free cupcakes — for any guest whose birthday falls on “Leap Day,” Feb. 29. Stop in anytime during store hours from 9 a.m. to 8 p.m. on Feb. 29 to reap the benefits of the cupcakery's unique flavors.

Birthday guys and gals must present valid identification in order to take advantage of the special promotion. Sprinkles is located at 8855 Villa La Jolla Drive.

For more information, visit www.sprinkles.com or call (858) 457-3800.

ELECTIONS

CONTINUED FROM Page 3

discretionary provisions of local ordinances in order that La Jolla continues as one of the outstanding communities on the Pacific Coast. I am also a committee member of the La Jolla Secret Garden Tour, and have volunteered every spring since moving here from New York City in the fall of 2001. I would very much like to see enhanced landscaping and general upgrades in the visual experience of living in and visiting our wonderful community.”



DARCY ASHLEY

Darcy Ashley

“I’ve been a resident of Bird Rock since 1998. I have been on the LJCPA for a three year term, and I was secretary during that

time as well ... I’ve been the president of the La Jolla Town Council and been involved in a number of different volunteer organizations over the years. I have also served on the Development Permit Review Committee for several years. I’d really appreciate your vote.”

Nancy Manno

“I am a native of San Diego. My husband and I have lived in La Jolla, on Mt. Soledad overlooking the Shores, for 38 years. We are privileged to live in La Jolla, and I believe this privilege requires community service, hence my desire to continue to serve as a trustee of the La Jolla Community Planning Association. As a trustee, I will continue to adhere to the La Jolla Community Plan. I am honored to have served with the current board and hope to continue my service for an additional three years.”

What's the scoop?

Highlighting La Jolla businesses

By MARIKO LAMB | VILLAGE NEWS

Local entrepreneur and mental health professional Dr. Jennifer Prager is a pioneer in her field, launching an innovative new business model for mental health professionals in the area.

Last August, Prager and her husband, Henry Chiu, opened the Counseling Clinics of La Jolla (CCLJ), a consortium that lets mental health practitioners focus on doing what they do best — treating their clients — without the hassle of performing administrative functions or the expense of owning and maintaining their own office space.

The consortium provides services and amenities that are specially catered to meet the needs of all mental health professionals — from clinical psychologists, marriage and family therapists, clinical social workers, expressive therapists and psychiatrists — to minimize their valuable time spent on paperwork,



CCLJ's art therapy room is just one of the many amenities provided to members of the consortium.
Photo courtesy of Counseling Clinics of La Jolla

advertising, billing and scheduling.

“We take care of all the administrative needs. We provide our members with the support they need for scheduling, billing and records storage. We even provide onsite childcare for patients,” Prager said. “We want the therapists to be able to focus on the treatment they are providing.”

The facility itself contains 10 fully appointed therapy rooms for individual and group or family therapy, a fully

equipped expressive therapies room, Wi-Fi access and telephoning rooms for phone calls and transcription, and an extensive resource library complete with testing equipment, books and professional journals — all of which is included in the monthly fee.

Prager said she first envisioned the cutting-edge “one-stop-shop” concept 12 years ago in graduate school. After having a child — which entailed having

SEE CCLJ, Page 12

DUSON

CONTINUED FROM Page 1

cess, they found he was in violation of his parole.”

After the officer attempted to arrest Duson for parole violation, Duson sped off, leading police on a high-speed pursuit through treacherous conditions — including sharp hairpin turns and inclement weather —

that crossed through several states on Interstate 15.

Police deployed spike strips, which Duson swerved to avoid, and collided with another motorist. His vehicle then hit a guardrail and overturned several times.

Duson was taken to a hospital in Las Vegas where San Diego police detectives are conducting a follow-up investigation. He is being held for violation of his parole, unlawful flight

from law enforcement, endangerment and three counts of felony criminal damage to personal and state property, according to SDPD Lt. Andra Brown.

The two other suspects in the University City home invasion case remain unidentified. McManus said police are making it their immediate priority to identify and locate the other suspects in the case.

FIRST

CONTINUED FROM Page 4

season with FIRST. Founded originally as an after-school club at Muirlands Middle School, the Vikings have become one of the most competitive teams in San Diego. From January until April, the robotics students at LJHS will be working every weekend and almost every night in the robotics room. During the 2010-11 season, the eight students — ranging from freshmen to seniors — put in more than 500 hours each toward the construction of their award-winning robot. The lessons these students learned weren't limited to just engineering skills;

among other things, the students learned about quantifying the value of their efforts, managing the risks of competing designs, and the importance of perseverance, focus and self reliance. Many of these skills can't be learned in a classroom — they require a complex, seemingly impossible task that involves months of focused work.

Without the help of the La Jolla community, the robotics program at LJHS wouldn't exist. One sponsor in particular has enabled our program to be successful in both the inspirational and competitive modes of FIRST. This sponsor — The Dini Group located at the corner of Draper and Pearl streets — has been by far our greatest supporter and has made the difference

between success and failure for our program. Other sponsors including Qualcomm, SAIC, ViaSat and The Neurosciences Institute. They have provided immensely valuable support over our four seasons. During these four seasons, as the team mentor I have tried to inspire the robotics students into achieving the goals they set for themselves at the beginning of the year. In each successive season, the team has been able to improve its performance. In the latest season, all of the students' hard work came to fruition — the Vikings won first place and were awarded a trophy for best-engineered robot at the Las Vegas regional competition.



LA JOLLA VILLAGE NEWS
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sdnews.com
SAN DIEGO COMMUNITY NEWSPAPER GROUP

1621 Grand Ave., 2nd Floor, Ste C
San Diego, CA 92109
(858) 270-3103 Fax: (858) 713-0095

PUBLISHER
MANAGING EDITOR
BEACH & BAY PRESS
PENINSULA BEACON
EDITOR
LA JOLLA VILLAGE NEWS
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ADVERTISING SALES
LEGAL / CLASSIFIEDS
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SUBMISSIONS

Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

OPINIONS

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Helping halt hunger and resolving conflict in today's world

Plates: right: Joe and Lisa Busalacchi (honorary chairs), Roxi Link (event chair), Bonnie Hage (event co-chair) and Scody Hage (Food Bank president)

Below: Fashion models Andrei Razmeritsa and Rosie Tisch, fashion show producer Leonard Simpson, Elsa Martinez, Devin Vargas, and Michael Dodd, fashion models.



We're all aware that these are rather tough economic times, but not everyone realizes that here in San Diego County, many children are nutritionally dependent on free lunch programs in their elementary schools because their parents can't afford to provide enough food for them. Shockingly, for surprising numbers of San Diego area children, Friday lunch is the last meal they'll get until they return to school on Monday.

Fortunately, the Jacobs & Cushman San Diego Food Bank (SDFB) is doing something to alleviate such problems. (After the Jacobs and Cushman families stepped in last April to pay off the organization's \$1.8 million facility mortgage, their names were appended in appreciation of their generosity.) With the help of more than 350 non-profits and 15,000 part-time volunteers, the SDFB feeds more than 340,000 people throughout San Diego County.

The SDFB's second annual "Fashion Plates" benefit luncheon, complete with a runway fashion show produced by "Style Guy" Leonard Simpson, was held Feb. 16 at the Hyatt Aventine. Roxi Link chaired, with Bonnie Hage (wife of SDFB president and CEO Scody Hage) as co-chair. Décor reflected the event's "Afternoon in Tuscany" theme, and festivities began with a large silent auction. A sit-down luncheon followed, with a program detailing the SDFB's important work. In a brief video, Geni Cavett interviewed several youngsters benefitting from the organization's Food 4 Kids Backpack Program, which discretely provides children a food packet every Friday with enough food for the entire weekend. As a result, their grades have gone up — and besides the nutritional benefits, the food also reduces the fear that accompanies the hunger.

Pierre Chermasson's successful live auction included a bidding war between Kevin Smith and honorary chairman Joe Busalacchi over a catered four-hour bay cruise for 35 on the 50-foot yacht "It's a Long Story." Donor Scott Higgs generously added a second cruise — so everybody won. Next came the fashion extravaganza, beginning with a number of "celebrity models" (community leaders and SDFB supporters). Noted professional models showed beautiful fashions and jewelry in the balance of the hour-long show, which featured impressive music and lighting. Afterward, president Hage announced that the event had raised funds sufficient to add hundreds of hungry kids to the Backpack program for the coming school year.

SEE SOCIETY, Page 8



NCRC: left: Colin Scher, Gabi Scher, Jane Scher, David Gergen (national awardee; featured speaker), Mark Sher.

Plates: below: Sheila Lipinsky, Kristi Pieper, Rose Marie Pipitone, Suzanne Figi, Nina Renda



NCRC: below: Seiha Vor, Danah Fayman, Matthew Weil, Lucy Killea, Pat Weil, Behin Behrozi



NCRC: above: Christine Forester, Renee and Duane Roth (honorary chairs), Mary Walshok, James Clark



Starry, starry nights



with Vincent Andrunas

Plates: below left: Taylor Miller, Judith Gottlieb, Sophia Alsadek, Ramin Pourteymour, Tiffany Mahoney, Nancy Burney

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Jim's elderly father lived several hours from him and Jim was concerned. He knew his dad needed more help but wasn't ready for assisted living and wanted to continue living in his home. Jim went to The National Association of Professional Geriatric Care Managers and did a search for a care manager in his father's

area. He found Innovative Healthcare Consultants listed, interviewed and hired one of our RN geriatric care managers to assist in coordinating his needs.

Since Jim didn't have experience or live in the area, the care manager was able to get Jim's father into a daily meal program, through the VA, she got dad hearing aides and also got him a lifeline bracelet for emergencies. She takes Jim's dad to doctor's appointments, advocates for him, coordinates his medications and makes home visits to check on his well being. She reports back to Jim, with his father's permission.

Is it expensive? Not really when you consider the care manager is on call 24/7 for any crisis situation. The first few weeks coordinating the care and concerns hours may be increased. Then once the person is headed in the right direction, hours decrease and your peace of mind is restored. Medical needs increase as you age, so hiring a nurse geriatric care manager who specialize in helping to achieve the best health outcomes may be desired. You want someone who has been in the field for awhile and has experience in dealing with elder ailments. All the RN Care Managers at Innovative Healthcare Consultants are listed on the national website.

Expect the care manager to be your eyes and ears to your parent or spouse. Jim's father eventually needed more care and the care manager was able to arrange the move close to Jim, which was the most economical option. Jim says "The care manager allowed me to stop worrying and enjoy my dad's final years." See our website at www.innovativehc.com or call us at (877) 731-1442.

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this, it could be a sign of corrosion or damage within the device itself and you should take it to your hearing professional to have it evaluated. FYI- hearing aids batteries are color coded so you always know you are purchasing the correct size battery. No matter what manufacturer, the batteries will always be color coded. Know your color and you will be just fine!



Send us your questions!

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SOCIETY

CONTINUED FROM Page 7

After cocktails at a recent La Jolla social event, the roughly 500 guests entered the ballroom and took their seats for dinner. Suddenly, they heard angry shouts from small groups of young people at each end of the room. The shouting and jostling escalated in intensity as the eight perpetrators ascended the stage at the front of the room. Then, passing its zenith, the scuffle began to quiet, and the grappling morphed into dancing.

The event was the Peacemaker Awards dinner for the National Conflict Resolution Center (NCRC), headquartered in San Diego. They thoughtfully brought their own conflict, rather than risk being caught without one. The combatants were actually actors and dancers from transcDANCE Youth Arts Project, a group that teaches dance, writing

and theater to multi-cultural inner-city youth throughout San Diego. Using the arts as a vehicle, they mobilize and empower youth to overcome their differences and to work to promote social change in their communities. For their successful efforts, they were named NCRC's 2012 San Diego Peacemaker Honoree.

David Gergen, senior CNN political analyst and high-level advisor for the Nixon, Ford, Regan and Clinton administrations, was NCRC's National Peacemaker Honoree. He has a sense of urgency about the need for civility, tolerance and for Americans to summon the courage and goodwill to stand together. He knows, as Ralph Waldo Emerson wrote, that "Peace cannot be achieved through violence, it can only be attained thorough understanding." Both awardees were honored for exemplary leadership addressing contentious issues and grave conflicts that impact people's lives.

Gergen's speech was the evening's highlight. Knowledgeable and experienced, he's a brilliant speaker. He pointed out that the single-greatest threat to our security today is the national debt, for which chances for a serious solution are receding, not growing. He spoke of the importance of humor, tolerance and cooperation in resolving differences, saying they're all considerably diminished today compared to the attitudes of the 1960s administrations. He urged that we begin to restore peace here at home, saying that compromise is at the essence of politics. The quality of democracy, he said, depends heavily on the quality of an engaged citizenship.

NCRC provides mediation services and conflict management training, both pro-bono and fee-based. They help resolve family, tenant, neighborhood and business issues, both large and small.

Colleen Van Horn
RN, BSN, PHN, CCM C.E.O.

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A heart urchin may not move fast enough to win any races but stays in shape with a constant cardiovascular workout pushing aside sand while foraging for food. In this case, the urchin *Lovenia cordiformis* navigates amid a bed of sand dollars off La Jolla Shores.

Courtesy Tracy Clark

By **JUDITH LEA GARFIELD** | VILLAGE NEWS

In matters of the heart, specifically heart urchins, love (*Lovenia cordiformis*, that is) is a prickly thing. Most sea urchins look like globular pincushions, but a view of *Lovenia*’s body from above reveals the shape of a sweet heart. Orb-shaped sea urchins further flaunt their heartlessness by sporting flashy colors like purple or red and boldly perch atop a rock or other substrate out in the open. In contrast, the petite (to 2 inches long) wallflower *Lovenia* is off-white to beige and spends most of its time partially submerged and plowing through the sandy bottom. In reality, neither shyness nor weakness has to do with this behavior. A burrowing heart urchin doesn’t eat from the same menu as a round urchin, largely because it lacks the toothiness of the latter. Instead, the hearty one combines travel with dining, plowing through the grains while ingesting the organically rich muck and filtering out food particles.

The two urchin types do have spines in common, but those on a heart urchin lie flat in a backward-pointing position against its body. Don’t be fooled by this seemingly benign orientation. Those who risk rubbing *Lovenia* the wrong way (including humans) may discover that a heart urchin cannot be trifled with. Upon irritation, the spines bristle like cupid’s fabled arrows to penetrate the flesh of the offender — and being *Lovenia* means never having to say you’re sorry. The defensive spines also

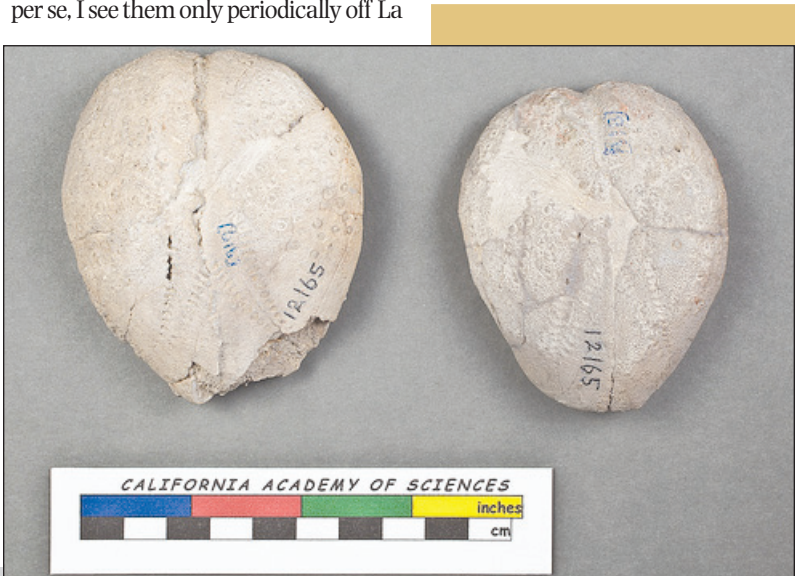
act as a dense coat to keep sediment at bay, making a buffer space of water around the body so the urchin can breathe while buried.

Our local *Lovenia*, a member of the Echinodea family that also includes sand dollars, is actually a Mexican species whose northern range extends to Southern California. It remains out of reach to tidepoolers and most snorkelers, preferring water depths beginning at about 25 feet. Fish like sheephead and sand bass that populate the sand flats and submarine canyon off La Jolla Shores prey on heart urchins. I’ve been privy to a male sheephead munching on an urchin apparently unconcerned by the spines impaling its lips. It may not be hurting him but the same cannot be said for me as I took in the scene. I wonder that urchins are also snacks for the California bat ray because broken hearts (their calcium carbonate skeletons) are frequently left in sand depressions left by the rays shoveling up sand for buried food treasures.

Although heart urchins aren’t rare per se, I see them only periodically off La

Jolla Shores. During those times, they aren’t solo sojourners but traveling in numbers, possibly in pursuit of romance. This requires cozying up to one another so that when the eggs of some and sperm of others are simultaneously released into the water, they connect. Talk about love being in the air — er, water. This technique has proved fruitful as demonstrated by the more than 8,000 urchin species identified in the fossil record dating back 450 million years. Today, the 800 species or so that exist range from the Arctic to the Antarctic to tropical and temperate points in between, making them ubiquitous as well as, um, hearty. For me, this means that wherever I dive around the world, odds are good that I may meet up with some sister species of *Lovenia*. How heartening.

— Judith Lea Garfield, biologist and underwater photographer; has authored two natural history books about the underwater park off La Jolla Cove and La Jolla Shores. Send comments to jgarfield@ucsd.edu



Excavated at a site in San Diego, the heart urchin species *Lovenia hemphilli*, an ancestor of our present local species, dates from the Cenozoic era (65.5 million years ago to the present). Put into perspective, this geologic period comprises the time when mammals first arose, and covers the time span when the continents began moving toward their current positions.

Courtesy of calacademy.org



Renato Dulbecco accepts the Nobel Prize in Physiology and Medicine, 1975. Courtesy of the Salk Institute

A life remembered: Renato Dulbecco, Nobel Laureate and pioneering cancer researcher

By **MARIKO LAMB** | VILLAGE NEWS

Italian-born Nobel Laureate and founding fellow of the Salk Institute, Renato Dulbecco, died Feb. 19 in his La Jolla home — just three days shy of this 98th birthday.

Dulbecco, a pioneer in his field of virology, made landmark discoveries linking genetic mutations to cancer.

As early as the 1950s, Dulbecco was onto the first clues that tumor viruses could insert their own genes into the chromosome of the cell they infect, setting off uncontrolled cancer growth. Dulbecco’s breakthrough discovery about the genetic nature of cancer was one that made waves in the cancer research community, changing the way scientists studied the disease and earning him a Nobel Prize in Physiology or Medicine in 1975 with a former student, Howard Temin, and fellow researcher, David Baltimore.

Throughout his career, Dulbecco continued to enlighten the scientific community with fundamental discoveries, including identifying breast cancer cells by their genetic signatures and challenging the scientific community to systematically sequence and catalog all human genes, a drive that contributed to

the launch of the Human Genome Project, which was completed in 2003.

“Renato was one of the most brilliant scientific minds of our generation,” said William R. Brody, president of Salk Institute. “His legacy is imbued in the scientists and physicians whom he trained and inspired and who themselves have gone on to make major discoveries to advance biomedical science. He will always be an integral part of the Salk community and our history, and we will deeply miss him.”

Dulbecco’s genius in the field of science and medicine was rivaled only by his passion for music as a classically trained pianist and opera performer.

“Renato was an inspiring and generous colleague who was always ready to share his many talents and knowledge with others,” said Walter Eckhart, professor emeritus at Salk’s Molecular and Cell Biology Laboratory. “His contributions as a scientist and as a person really helped make the world a better place.”

Dulbecco is survived by his wife, Maureen; brother Antonio; daughters Maria and Fiona; son-in-law David Zeltser; and grandchildren Christopher, Kathy, Michael and Naomi.



Renato Dulbecco
Courtesy of the Salk Institute



Renato Dulbecco at work in his laboratory, 1978. Courtesy of the Salk Institute

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EVENTS CALENDAR

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LaJollaVillageNews.com

THURSDAY, Feb. 23

- **Home-cooked dinner with Urs le Chef,** 6 p.m., Riford Center, 6811 La Jolla Blvd., RSVP required, (858) 459-0831, www.rifordcenter.org, \$40 members, \$45 nonmembers
- **Annual Russell lecture,** 7 p.m., Museum of Contemporary Art San Diego La Jolla, 700 Prospect St., talk by artist Issac Julien, (858) 454-3541, www.mcasd.org, general admission \$15, students \$8, MCASD members, UCSD students and faculty free
- **Jesus' healthy and gluten-free cooking class,** 6 p.m., Cups, 7857 Girard Ave., Cups culinary director Jesus Gonzalez teaches a hands-on class, (858) 459-2877, www.cups-

lj.com, \$50

- **"When Brooklyn was Heaven,"** 7 p.m., Lawrence Family Jewish Community Center, 4126 Executive Drive, (858) 457-3030, www.lfjcc.org, \$8 members, \$10 nonmembers
- **Allegra,** 9 p.m., Beaumont's, 5662 La Jolla Blvd., (858) 459-0474, www.beaumontseatery.com, free
- **Salsa lessons,** 7 p.m., Miami Grille, 4545 La Jolla Village Drive, (619) 200-7124, www.miamigrille.com, \$10

FRIDAY, Feb. 24

- **Berglind Maria Tomasdottir,** 8 p.m., Conrad Prebys Concert Hall, 9500 Gilman Drive, (858) 534-9050, musicweb.ucsd.edu, free
- **John Lill,** 7:30 p.m., The Neurosciences Institute, 10640 John Jay Hopkins Drive, (619) 239-0100, www.mainlymozart.org, \$55
- **Yoga for moms, babies and tots,** 10:30 to 11:30 a.m., La Jolla Library, 7555 Draper

Ave., (858) 552-1657, www.lajollalibrary.org, free

- **Brent Curtis Trio,** 9 p.m., Beaumont's, 5662 La Jolla Blvd., (858) 459-0474, www.beaumontseatery.com, free

SATURDAY, Feb. 25

- **Guided walking tour of historic La Jolla,** 10 a.m., Wisteria Cottage, 780 Prospect St., RSVP required, (858) 480-6424, \$10 for adults, children 12 and under free
- **The Jones Revival,** 9 p.m., Beaumont's, 5662 La Jolla Blvd., (858) 459-0474, www.beaumontseatery.com, free

SUNDAY, Feb. 26

- **La Jolla Open Aire Market,** 9 a.m. to 1 p.m., La Jolla Elementary School, Girard Avenue and Genter Street, (858) 454-1699, www.lajollamarket.com, free
- **Allegra,** 9 p.m., Beaumont's, 5662 La Jolla Blvd., (858) 459-0474, www.beaumontseatery.com, free

MONDAY, Feb. 27

- **Jewelry-making,** 2:30 p.m., Riford Center, 6811 La Jolla Blvd., (858) 459-0831, www.rifordcenter.org, \$15 members, \$20 nonmembers
- **Danny Green Trio,** noon, Athenaeum, 1008 Wall St., mini-concert, (858) 454-5872, www.ljathenaeum.org, free
- **New writing series,** 4:30 p.m., UCSD Visual Arts facility, 9500 Gilman Drive, (858) 534-2860, literature.ucsd.edu, free

TUESDAY, Feb. 28

- **"The French Ambassadors and the Secret Horoscope,"** 7 p.m., Riford Center, 6811 La Jolla Blvd., RSVP, (858) 459-0831, www.rifordcenter.org, free
- **"Dvorak and More,"** 7:30 p.m., The Neurosciences Institute, 10640 John Jay Hopkins Drive, (619) 235-0804, www.sandiegosymphony.org, \$30 general admission
- **"Buck" film screening and popcorn,**

2 p.m., La Jolla Library, 7555 Draper Ave., (858) 552-1657, www.lajollalibrary.org, free

- **"Wintertime,"** 8 p.m., UCSD Arthur Wagner Theatre, 9500 Gilman Drive, (858) 822-3152, tdpromo@ucsd.edu, \$20 general admission, \$15 seniors, UCSD faculty and staff, \$10 UCSD students

WEDNESDAY, Feb. 29

- **Distinguished Speakers Series,** 5:30 p.m., Riford Center, 6811 La Jolla Blvd., U.S. Army Lt. Col. Charles Hartford, RSVP, (858) 459-0831, www.rifordcenter.org, free

THURSDAY, March 1

- **"Political Civility and Scientific Objectivity,"** 5:30 p.m., Institute of the Americas, 10111 N. Torrey Pines Rd., (858) 534-2230, iicas.ucsd.edu, free
- **La Jolla Community Planning Association meeting,** 6 p.m., La Jolla Recreation Center, 615 Prospect St., (858) 456-7900, www.lajollacpa.org, free

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CONTINUED FROM Page 6

more time to think — she was determined to resurrect the idea and bring the concept to fruition. After presenting her husband with her idea, Chiu began crunching numbers and making phone calls to come up with a viable business model.

"I looked at the profile of the typical psychologist, and I saw how their careers evolved," Chiu said. "Many of them work in institutions or group practice and want to have their own private practice, but the start-up costs are too high for them."

The consortium provides the ideal solution for mental health professionals who are seeking to scale back their practice or for those looking to make the transition into a private practice.

"If you're trying to start a mental health practice in La Jolla, you have to rent an office, pay for utilities, get a secretary, have testing equipment. You're looking at a very large initial investment," Chiu said. "In our facility, you pay a membership fee, and you have all that handed to you. The entire genesis of our business plan is to enable people to do better."

Most other businesses that try to offer a similar model are group plans in which practitioners are required to share liability and pay back into the group, he said.

"They really don't have independence over themselves," he said. "One of the things we wanted to do was enable practitioners to be independent because we believe being independent lets them be better practitioners."

Chiu, a physicist and nuclear engineer, said he learned the power of synergy in the workplace from his work in national laboratories and other large, collaborative projects.

With a wide range of mental health professionals under one roof, an inner-referral service is one of the key components of membership with the consortium.

"Because we offer them a place where they have colleagues, they're not shut in as a single practitioner in a quiet office somewhere without interaction," he said. "If you bring a lot of people together to share resources, you can get a lot of things done."

In order to accommodate the therapy resources and amenities required for a successful consortium, the building had to be remodeled from three separate buildings to one single, coherent facility.

"We had a great contractor and an architect on board who understood us," said Prager.

The task was certainly a daunting one, as the building itself was both spatially and temporally separate.

"It was three different buildings that were built at three different times, and they just wrapped it all up," she said. "This was one of those architectural nightmares. Our architect is even using this building as his dissertation because it's been one of the strangest buildings he's ever had to deal with."

Despite the challenging undertaking, construction on the building was complete in less than six months.

"The design and current layout was no easy task, but it is beautiful and perfect for our purposes," she said. "Therapists will find everything they need under one roof."

Counseling Clinics of La Jolla is located at 1150 Silverado St. For more information or for inquiries about rates, visit www.counselingclinics.com or call (858) 922-9388.



Jennifer Prager opened Counseling Clinics of La Jolla after dreaming up the idea more than a decade ago. COURTESY PHOTO

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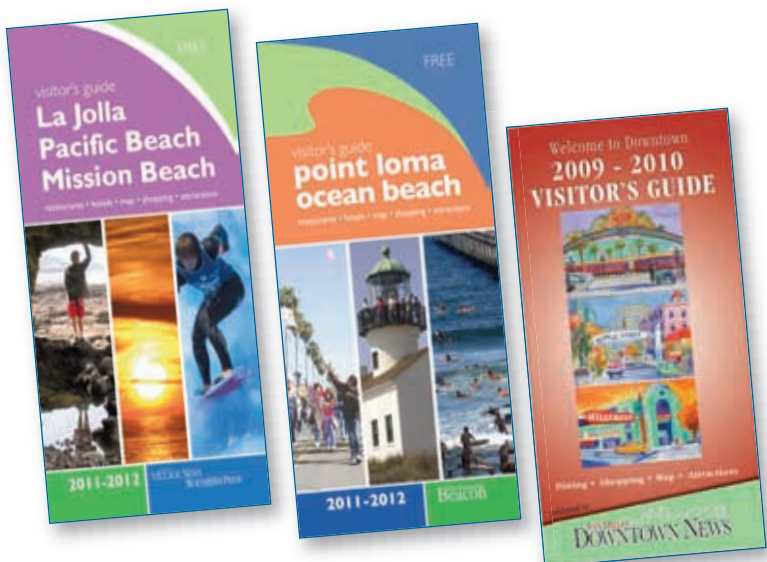
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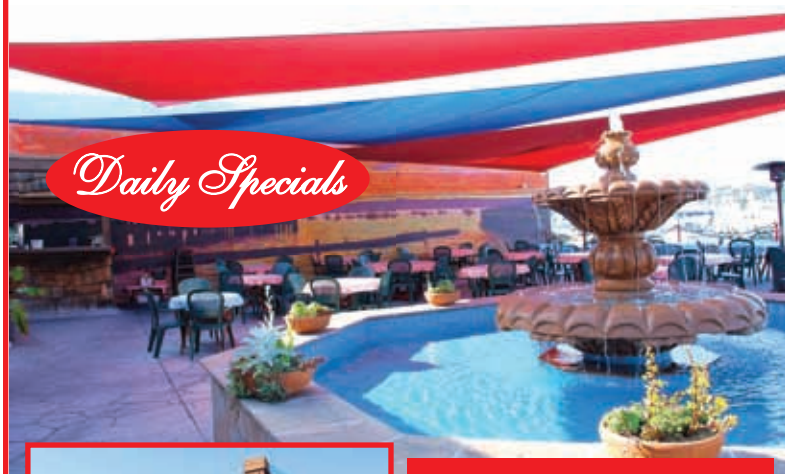
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Sat 12-4 Sun 11-3pm	.2770 Palomino Circle	.4BR/3BA	..\$1,050,000Charlotte Weber
Sat & Sun 1-4pm	.6683 Aranda Ave.	.3BR/2.5BA	..\$1,060,000David Schroedl • 858-459-0202
Sat & Sun 1-4pm	.7020 Via Estrada	.5BR/4BA	..\$1,800,000-\$2,200,876Lipschitz / Schroedl 619-857-2882
Sat 1-4pm	.743 Nautilus St.	.3BR/1.5BA	..\$875,000Chris Duncan • 858-405-9981
Sat 1-4pm	.553 Bonair Place	.3BR/2.5BA	..\$1,195,000Natasha Alexander & Charles Schevker • 858-336-9051
Sat 12-3pm	.100 Coast #202	.2BR/2BA	..\$1,375,000Katy La Pay & Peter Barnes • 858-246-6228
Sat 12-4pm	.1831 Amalfi St.	.3BR/4BA	..\$1,970,000Jasmine Wilson • 858-204-6885
Sat 1-4pm	.6669 Neptune Place	.4BR/4BA	..\$3,400,000Drew Nelson • 858-215-3739
Sun 1-4pm	.9773 Keeneland Row	.2BR/2.5BA	..\$849,000Alex De Rosa • 858-752-3803
Sun 1-4pm	.743 Nautilus St.	.3BR/1.5BA	..\$875,000Susan Weller • 310-508-4757
Sun 1-4pm	.7575 Eads Ave. #307	.3BR/3BA	..\$975,000Claudette Berwin • 858-361-7448
Sun 1-4pm	.553 Bonair Place	.3BR/2.5BA	..\$1,195,000Elizabeth Alexander • 858-922-6929
Sun 1-4pm	.8751 Glenwick Lane	.4BR/3BA	..\$1,375,000Carol Hernstad • 858-775-4473
Sun 1-4pm	.1341 Caminito Arriata	.3BR/2.5BA	..\$1,655,000Maria Valencia • 619-888-8947
Sun 1-4pm	.350 Bonair St.	.3BR/3.5BA	..\$1,995,000Patty Cohen • 858-414-4555
Sun 1-4pm	.7161 Country Club	.6BR/6.5BA	..\$2,495,000Karen Ekroos • 858-735-9299
Sun 1-4pm	.1944 Little St.	.5BR/6.5BA	..\$4,399,500Terri Anderson • 619-517-8277
Sun 1-4pm	.9438 La Jolla Farms Road	.3BR/2.5BA	..\$4,995,000Elizabeth Courtier • 619-813-6686

PACIFIC BEACH / MISSION BEACH / CROWN POINT

Fri 3-5 Sat 12-4 Sun 11-4pm	.4076 & 4080 Morrell St.	.4BR/3.5BA	..\$799,000-\$839,000 eachKathy Evans • 858-488-7355
Sat 1-4pm	.1020 Felspar St.	.3BR/2.5BA	..\$579,000Kathy Evans • 858-488-7355
Sun 12-2:30pm	.4933 Brighton Ave.	.3BR/2BA	..\$448,900Tami Fuller • 619-226-8264
Sun 1-4pm	.1025 Turquoise St. #3	.3BR/2.5BA	..\$485,000-\$530,876Phillips / Schroedl • 858-999-6000
Sun 1-4pm	.4878 Pescadero Ave. #105	.2BR/2BA	..\$569,000Tami Fuller • 619-226-8264
Sun 1-4pm	.3321 Dumas St.	.3BR/2BA	..\$640,000-\$700,876Maureen Mc Grath • 619-922-2441
Sun 12-3pm	.4030 Haines St.	.3BR/2BA	..\$729,000Ellen Alvord • 619-806-0218
Sun 1-4pm	.1077 Santa Barbara St.	.4BR/3BA	..\$799,000-\$825,000Tami Fuller • 619-226-8264

POINT LOMA / OCEAN BEACH

Sat & Sun 11-4pm	.885 Armada Terrace	.2BR/2BA	..\$995,000Robert Realty • 619-852-8827
Sat & Sun 11-4pm	.3751 Wilcox St.	.4BR/4BA	..\$1,495,000Robert Realty • 619-852-8827
Sat & Sun 11-4pm	.876 Armada Terrace	.4BR/4BA	..\$2,275,500Robert Realty • 619-852-8827
Sun 1-4pm	.3718 Narraganestt Ave.	.4BR/3BA	..\$895,000-\$950,000Cindy Wing • 619-223-9464
Sun 2-4pm	.475 San Gorgonio	.View lot w/2BR/1BA bungalow	\$1,388,750Leslie Reynolds • 619-987-4156
Sun 2-4pm	.3145 Kellogg	.3BR/3BA w/ guest house	\$1,945,000Leslie Reynolds • 619-987-4156
Sun 1-4pm	.875 Sunset Cliffs Blvd.	.4BR/5BA	..\$3,395,000Chris Duncan • 858-405-9981

NORTH PARK

Sat 1-4pm	.3775 Louisiana St.	.3BR/2BA	..\$599,000Krista Bell • 619-209-9953
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RANCHO BERNARDO

Sat 12-2pm	.11725 Avenida Sivrita	.3BR/3BA	..\$524,900-\$539,900Iberia Homes • 619-518-2755
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PLACE YOUR LISTING AT: sdnews.com by Monday 5 p.m.

continued from page 11

such time as to be set by subsequent order of the Court pursuant to order of Judge Thompson dated July 22, 2009 (Docket #5174). If you fail to do so, judgement by default will be taken against you for the relief demanded in the complaint. DATED: October 20, 2009. Publish Dates: FEB 16, 23 MAR 01 AND 08, 2012

SUMMONS IN A CIVIL ACTION Case No. 51-CV-1247-GT-RBB UNITED STATES DISTRICT COURT SOUTHERN DISTRICT OF CALIFORNIA, UNITED STATES OF AMERICA, CAHUILLA BAND OF INDIANS, RAMONA BAND OF CAHUILLA, PLAINTIFFS, v. FALLBROOK PUBLIC UTILITY DISTRICT, et al., Defendants, TO: GHASSEM BAHRAM-BEYGUI, YOU ARE HEREBY SUMMONED and required to file with the Clerk of this Court and serve upon PLAINTIFFS' ATTORNEY Curtis Berkey ALEXANDER BERKEY, WILLIAMS & WEATHERS LLP, 2030 Addison Street, Suite 410, Berkeley, CA 94704, Tel: (510) 548-7070, an answer to the complaint which is herewith served upon you, within such time as to be set by subsequent order of the Court (Docket #5174). If you fail to do so, judgement by default will be taken against you for the relief demanded in the complaint. DATED: October 20, 2009. Publish Dates: FEB 16, 23 MAR 01 AND 08, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-002579 THE NAME(S) OF BUSINESS: PREMIERE PROPERTY GROUP OF CALIFORNIA located at: 4881 ROLANDO AVE. SAN DIEGO, CA. 92115 is hereby registered by the following owner(s): DONNA JAMES, ANGELA WASHINGTON This business is being conducted by: A GENERAL PARTNERSHIP The transaction of business began on: 01/01/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 27, 2012 ISSUE DATE(S): FEB 16, 23 MAR 01 AND 08, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-003959 THE NAME(S) OF BUSINESS: FINEST

CITY LUXURY TRANSPORTATION located at: 1947 CHALCEDONY ST. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): ELENA DELACRUZ This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 02/07/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 09, 2012 ISSUE DATE(S): FEB 16, 23 MAR 01 AND 08, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-001802 THE NAME(S) OF BUSINESS: SAN DIEGO EXCELLENT ADVENTURES, S.E. ADVENTURES, SUP DIEGO, P.B. SPORTS (PACIFIC BEACH SPORTS), SAN DIEGO DIVE & KAYAK, SUP BUB (SUPBUB.COM) located at: 2727 DE ANZA RD. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): JUSTIN CANNATELLA This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 06/01/06 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 19, 2012 ISSUE DATE(S): FEB 16, 23 MAR 01 AND 08, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-003618 THE NAME(S) OF BUSINESS: BASEBALL BARD located at: 6660 CAMINITO HERMITAGE LA JOLLA, CA. 92037 is hereby registered by the following owner(s): RICHARD M. SICKMAN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 02/07/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 07, 2012 ISSUE DATE(S): FEB 16, 23 MAR 01 AND 08, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-003922 THE NAME(S) OF BUSINESS: JR PRO-DUCE located at: 3455 DEL REY ST SUITE 4 SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): JUAN A. RICARDO, MARIA A. PACHECO LOPEZ This business is being conducted by: HUSBAND AND WIFE The transaction of business began on: 02/05/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 09, 2012 ISSUE

DATE(S): FEB 16, 23 MAR 01 AND 08, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-003718 THE NAME(S) OF BUSINESS: CHALCEDONY 11 located at: 1727 CHALCEDONY ST. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): 1. LOUIS OTTO EMMIE, TRUST 2. ROBERT CAIETTI, TRUSTEE 3. CAROLYN M. CAIETTI, TRUSTEE 4. STEPHANIE EMMIE, TRUSTEE This business is being conducted by: A TRUST The transaction of business began on: 12/15/1987 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 08, 2012 ISSUE DATE(S): FEB 23 MAR 01, 08 AND 15, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-003445 THE NAME(S) OF BUSINESS: THE PRODUCTION ASYLUM located at: 719 SONRISA STREET SOLANA BEACH, CA. 92075 is hereby registered by the following owner(s): KRAUSE, SAUTTER & ASSOCIATES This business is being conducted by: A CORPORATION KRAUSE, SAUTTER & ASSOCIATES 719 SONRISA ST. SOLANA BEACH, CA. 92075 CALIFORNIA The transaction of business began on: 01/01/1996 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 06, 2012 ISSUE DATE(S): FEB 23 MAR 01, 08 AND 15, 2012

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2012-00092223-CU-PT-CTL PETITIONER OR ATTORNEY, DEVIN RAGE BORILLO 10766 DABNEY DR. #32 SAN DIEGO, CA. 92126 858-336-5454 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM DEVIN RAGE TOLENTINO BORILLO TO DEVIN RAGE TOLENTINO THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is

scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 29, 2012 TIME : 8:30 AM DEPT: 8 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): FEB 23 MAR 01, 08 AND 15, 2012

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL 1350 Front St., Room 5056, San Diego, CA. 92101 (619) 525-4064, Filing Date: February 1, 2011 To Whom It May Concern: The Name(s) of the Applicant(s) is/are: BBG CAL LLC The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverage at: 1851-1853 BACON ST SAN DIEGO, CA. 92107 Type of license(s) applied for: 47-ON-SALE GENERAL EATING PLACE Issue Date(s): FEB 23 MAR 01 AND 08, 2012

NOTICE OF APPLICATION FOR CHANGE IN OWNERSHIP OF ALCOHOLIC BEVERAGE LICENSE 1350 Front St., Room 5056 San Diego, CA. 92101 619) 525-4064 Filing Date: February 14, 2012 To Whom It May Concern: The Name(s) of the Applicant(s) is / are: BBG CAL LLC The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 4640 MISSION BLVD. SAN DIEGO, CA. 92109-2732 Type of license(s) applied for: 47-ON-SALE GENERAL EATING PLACE ISSUE DATE(S): FEB 23, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-002299 THE NAME(S) OF BUSINESS: POINT LOMA JUICE AND SMOOTHIE located at: 1255 ROSECRANS ST. #101 SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): JESSE HARKOUS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 25, 2012 ISSUE DATE(S): FEB 23 MAR 01, 08 AND 15, 2012

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