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**BEYOND***limits* 

# Big grays still a mystery

By JOHNNY McDONALD

VILLAGE NEWS

We can recall Kirk Douglas strumming a ukulele and singing in a Disney movie, "I've got a whale of a tale to tell you.'

Well, this time of year curious San Diegans will board all sorts of boats to get close glimpses of the mass migrating pods of whales passing by, not far from our shores. And maybe they'll have tales, too.

Although we can get within spouting range, scientists are still trying to learn more about them.

"We don't know about their lifespan in the water or their specific methods of communication," said Kristin Evans, director of education at Birch Aquarium. "There's still a lot of mystery about these animals.'

Regarding ship-whale collision reports, Evans said, "I can speak to the migration but not the complications they might encounter."

A few weeks ago, the carcass of a fin whale was found on the Point Loma shore, an obvious victim of a collision with a ship.

"These spectacular animals travel between 12,000 and 14,000 miles from the Bering Sea, leaving in October to eventually reach Mexico's lagoons," she said. "It's a time for humans and these huge animals to meet ... hopefully it's positive. Although they begin passing here in December and early January, the largest number goes by in February.

"Their return to the north in late March or April is swifter and usually farther out at sea, possibly because of a different current."

The whales aren't in a hurry, usually moving about three to five miles an hour, occasionally diving to the bottom for food.

The aquarium charters Flagships Cruises' tour boats for sightseers. Passengers are likely to spot frolicking dolphins and porpoises along the way.

Evans said the whales, numbering about 20,000, have been at the brink of extinction twice, but have been able to bounce back.

Name change - The La Jolla Motor Car Classic at the Cove will now be known as the La Jolla Concours d'Elegance and is scheduled for April 1.

After all, that's really what it's been for the past seven years any-

SEE **LIMITS**, Page 5

Two pairs of college sweethearts will spend Valentine's Day together — one for the very first time as a married couple, the other for the 53rd year in a row.

By MARIKO LAMB | VILLAGE NEWS

#### **Rodger and Mary Heglar**

One was a quiet scholar; the other was a feisty "folk-singing, guitar-playing, beer-slinging" type of gal. At the beginning of their relationship, some said they wouldn't last six months because of their differences. But they had one underlying foundation that was solid as a rock: love.

On Valentine's Day this year, Rodger and Mary Heglar will celebrate their 53rd anniversary together, defying the odds their fellow graduate student colleagues gambled against them — and by quite a margin.

The duo met at the University of Michigan

"She snuck up on me," Rodger said. "I hadn't left Seattle for a whole year yet, and bam! I was married.'

Mary, an undergraduate journalism major and anthropology minor, and Rodger, who was working on his anthropology doctorate at the time, frequented the same lounge on campus where they met.

"I walked in and there he was. He was studying for his doctorate, and he hung out in the lounge," said Mary. "Pretty soon, I started hanging out in the lounge."

After getting married on an icy, cold Valentine's Day by the county court judge in Ann Arbor, the duo finished up school, took their honeymoon in August, and began their lives together—eventually landing at San Francisco State University.

'Rodger was one of the pioneers of forensic anthropology. We were connected to the San Francisco Medical Examiner's Office, so he would teach in the daytime, and at nighttime, he'd go out on these homicide cases," Mary said. "When we came down here [to San

Diego] in '88, he was connected here to the San Diego Medical Examiner's Office for years. He still gets cold

Mary, too, was a pioneer in her own right as one of only two female reporters at the time to cover Formula One racing — even publishing a book, "The Grand Prix Champions.'

'It worked out very well, thanks to Rodger," she said. "Talk about teamwork — he made sure our daughter got to school and did all the house stuff when I was off

More than 23 years ago, the couple retired — White Sands in La Jolla beckoned them in from the minute they walked through the door — and both remain active on the Residents' Association, where they have each served terms as president and vice president.

SEE **LOVE**, Page 2

Rodger and Mary

above in 1960 and at left recently, met

Heglar, pictured

in college. The

couple will cele-

brate their 53rd

wedding anniver-

sary on Valentine's

Day. MARIKO LAMB | Vil-

NEWS.com Volume 17, Number 19

TIDE LINES

When it comes to breeding - or not - headgear is all important. The royal tern in the foreground displays readiness for breeding with a black cap of plumage covering the eyes, while the neighboring royal dons the winter (nonbreeding) outfit: snowy cap with some black speckling toward the crest. © 2012 Judith Lea Garfield

# There is a season Tern! Tern! Tern!

By JUDITH LEA GARFIELD | VILLAGE NEWS

Who doesn't get excited when royalty comes to town? Presently holding court in our midst is the royal tern (Thalasseus maximus), a standout among shorebirds, always terrifically turned (dare I say) out in a sophisticated mix of neutrals and just a pop of color. Co-mingling with other species adjacent to the beach break at La Jolla Shores, the royal tern might be just another avian marked by black, gray and white plumage that hangs out here or passes through the area but for its dagger-like orange-red bill — talk about a snazzy accessory! But a purely minimalist look can be striking, too, and this is true for the royal tern, who is typically decked out in a white forehead, wispy black crest, palegray back and wings, white under parts with just an edge of dark, and ebony legs and feet. Sizewise, a royal tern is crow-size, but lacks the gift of gab heard from the latter. Though usually taciturn from my experience, a verbalizing royal tern calls out in short, clear shrills, also communicating with a longer, rolling and more melodious whistle.

Seasons, breeding and juveniles reveal slightly altered looks but in the same "color" palate. Winter is the only time I see royal terns on the sandy beach at La Jolla Shores, and during this time, the bird's crown is almost entirely white with just some inconspicuous black spotting forward of the black crest. During February, the onset of breeding season, royala acquire a black skullcap of plumage that covers the rear half of the crown and extends forward to completely envelop the eye area. Breeding birds of both sexes share this inscrutable look. As for nesting, it won't happen in La Jolla because tern couples prefer an estuary to an open coast. Even so, they have no history of nesting in any significant numbers in San Diego's inland waterways, preferring to

SEE **TIDE LINES**, Page 5

# ARTS finds a way to survive

ARTS: A Reason to Survive, a nonprofit based in Liberty Station in Point Loma was burglarized in late January, prompting employees and the children who frequent the organization to wonder who would rob such an establishment.

Five iMac computers were stolen in the burglary. along with their contents: the artistic works of several of the children, including music recordings, graphic designs and photography projects, to name a few. Also stolen was an information video describing the proto help children coping with issues like homelessness, terminal illness and domestic violence.

lost their work," said La Jollan Kathryn Stephens, direc- of them were up to four years old. The organization will



gram, which uses visual, performing and literary arts used to facing adversity, they kind of shrug it off and start re-creating what they lost."

Stephens said insurance will cover part of the loss, "The computers will be replaced, but a lot of students" but only at the computers' current value — and some tor of development for ARTS. "But for them, they're so have to make up the difference — including some

expensive software that was also lost in the theft.

In response to the theft, some La Jollans are rolling up their sleeves to help. Jennifer Spengler and her husband, Michael, owners of Studio M Photography in Bird Rock, are organizing an online fundraiser to help ARTS recoup what it lost.

During the month of February, donations to the organization will give back to the donor in the form of a photo package from Studio M. Cash donations between \$50 and \$500 will be rewarded with a session and prints, depending on the amount of the donation. Donations can be made online or in person.

For more information or to make a donation, visit www.areasontosurvive.org or call (619) 297-2787 ext. 2002.

— Kendra Hartmann



# Its that time again!

Vote online for your favorite Restaurants in La Jolla/University City and be entered into a free drawing for dinner for two at a La Jolla restaurant. sdnews.com/readerschoice\_ljvn



# News

## LOVE CONTINUED FROM Page 1

Rodger spends his time capturing everchanging scenes around La Jolla with the tip of his paintbrush, working on pleinair creations. He also teaches art classes to residents and small private parties. Mary, meanwhile, enjoys watching sports like football, basketball and attending events like the Festival of Sail.

The qualities Rodger and Mary saw in each other more than 50 years ago remain alive and still growing today.

"It was her openness and her intelligence," said Rodger, turning to his wife. "I thought, 'This is one sharp person.' Still are. Always will be. Very well read, very educated. Realistic. There didn't seem to be anyone quite like you amongst everyone I knew."

"It's not an easy thing to express," said Mary. "You were well-grounded. I like the way you approached whatever you were doing. You were fully engaged. The sexual attraction was there, of course, but it was the way you approached your work. It was the way you were with your buddies. You just had style."

Even after 53 years of marriage, the two are still discovering more about each other.

"New things come up all the time," Mary said. "We don't stagnate. We are always pushing the envelope, so we always learn about each other."

As for what advice they can offer to newlyweds?

"Learn to communicate. Don't let things build up or nag at you. Talk things out and figure out your priorities — what's really important. So the toothpaste is squeezed from the bottom and you do it from the top — how important is that?" Mary said. "Communication is a priority."

Rodger agreed.

"Even in our written marriage vows, it said there would be space between us, but respect for each other," Rodger said. "I can't imagine any other person, I really can't. The wrinkles are coming, some things aren't working quite right, but we're equal in that, and it's understood. If something happens to one person, the other person absorbs that, then helps or worries about that without hovering over

And in the end, all you need is love.

"Of course love is at the base," said Mary. "Once you've got that, it's a given."

#### Yu Xie and Will Collins

Newlyweds Yu Xie, 28, and Will Collins, 30, are certainly open to sound advice, while also forging their own path — a life that will undoubtedly contain many years of good food, fine wine and each other's company.

The two first met at UC San Francisco as medical students. A year and a half ago, they moved together from San Francisco to start their internal medicine residencies at UC San Diego.

Collins said Xie was the "prettiest girl in the room, and she always seemed to be laughing and smiling," a trait that couldn't help but catch his eye.

Xie said she was taken by Collins' kindness to her and everyone he encountered.

In October last year, the two made their love official by tying the knot in an oceanfront wedding ceremony at the La Jolla Country Club.

"The ceremony was outdoors on the first fairway overlooking the ocean. It was a perfect day — most are in La Jolla and there were even whale sightings that day," Xie said.

Collins' brother-in-law officiated the 120-guest ceremony, and the family dog, Downy, served as the couple's ring-bearer.

After escaping to the beach at sunset for photos, Xie changed into a traditional Chinese dress for the reception, and the two showed off their dancing skills with a choreographed dance from a YouTube video.

"We think we did a good job because China." afterward people asked if we took dance lessons," Xie said.

In addition to chemistry and partnership on the dance floor, Xie and Collins up by celebrating their monthly annivershare the same sensibility, as well as an understanding for each other's demanding work schedules.

"We both enjoy talking to the other. We laugh at the same jokes," Xie said. "We are doing our residency together, so we can be supportive and understanding of the stressful schedule. We can also share stories with each other about the patients or experiences that really affected us."

When the two are not working, they enjoy hiking and playing tennis, and both emphasize family as a top priority.

"We try to have dinner with our families regularly and go back to China once a year to see Yu Xie's family," said Collins. "I am trying to learn Mandarin so I can talk to Yu Xie's family when we go back to

Calling each other husband and wife is new and exhilarating, said Xie.

The two intend to keep that excitement sary on the eighth day of each month, trying a new restaurant around town they

have never tried before.

The two will spend their first Valentine's Day together as husband and wife over sushi, a movie and a mini-version of their wedding cake for dessert — and the anticipation of the next 50 years together, built up from a solid foundation of love.



Newlyweds Yu Xie and Will Collins will spend their first Valentine's Day together as a married couple after tying the knot at the La Jolla Country Club last October. COURTESY PHOTO

Valentine's Day in La Jolla will give couples a chance to celebrate their love over an exquisite meal at one of the area's many acclaimed dining locations. Whether for a first date or for the millionth, La Jolla restaurants offer everything to suit the heart's desire.

• Sweethearts can celebrate "Red Tuesday" at Tapenade Bistro, 7612 Fay Ave., with their own specially made "Madame" and "Monsieur" menu creations.

Chef Jean Michel Diot has crafted two separate five-course French cuisines for couples to enjoy - a tastefully delicate sampling for the ladies, and a heartier menu selection for gen-

The price of the meal is \$72 per person or \$92 per person with wine pairings.

For reservations, visit www.tapenaderestaurant.com or call (858) 551-7500.

• Brockton Villa will offer a delectable four-course "Sweetheart Supper" prepared by executive chef Mareyja Sisbaro with an unforgettable backdrop overlooking La Jolla Cove at 1235 Coast Blvd.

The menu is priced at \$49 per person with an option-

al wine pairing for an additional \$20.

For reservations, visit www.brocktonvilla.com or call (858) 454-7393

• Beaumont's Eatery, 5662 La Jolla Blvd., is offering a sweet and sultry dining experience with a three-course meal created by executive chef Scott Cathcart alongside live acoustic tunes, hand-selected wine by sommelier Gavin McMannes, or enticing cocktails like the Baja Kiss, made with silver tequila, white crème de cocoa, Chambord and heavy cream, served in a martini glass and garnished with white chocolate flakes and fresh raspberries.

The menu is priced at \$39 per person with an optional \$20 wine pairing. For reservations, visit www.beaumontseatery-.com or call (858) 459-0474.

• George's California Modern will couple an exquisite **menu** with beautiful vistas of the Pacific at its seaside location at 1250 Prospect St.

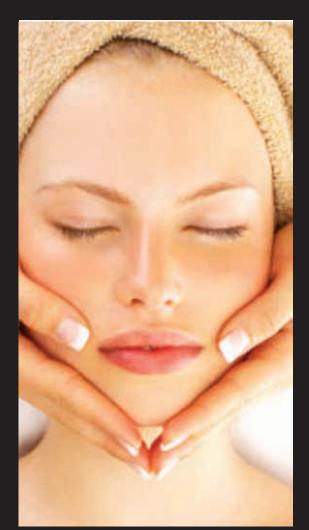
Executive chef Trey Foshee's three-course dinner is \$60 per person, or go for the four-course option for \$70.

For reservations, visit www.georgesatthecove.com or call (858) 454-4244.

SEE VALENTINE'S, Page 4



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# **CIVIC**report La Jolla Community Planning Association, Feb. 2

By MARIKO LAMB | VILLAGE NEWS

#### La Jolla post office gets some clout in its corner

Erin Demorest, representative for District 1 City Councilwoman Sherri Lightner, announced the councilwoman is working with the mayor's office, local congressional representatives and a U.S. senator to try to save the Wall Street post

"We know that is important to a lot of you in La Jolla, and we hope you all can join us in fighting to save that post office," Demorest said.

Trustee Joe LaCava reiterated the importance of the community to get involved quickly.

"This is really important for us as a community to come together and get organized on this," he said. "This move-

ment is only two weeks old, but it's going 
For LI Shores PDO, size does matter to be a very fast fight. This could be over in 60 to 90 days. The post office has the right to move that fast, so I hope you all pay attention and get involved, and stay tuned and try to figure out a strategy to benefit the community as a whole.'

#### Fireworks shows may be off CEQA's hook

State legislators are seeking ways to change the California Environmental Quality Act (CEQA) to exempt certain one-time special events employing fireworks shows from environmental review, announced Demorest.

"The La Jolla Fireworks Show and a lot of special events that are near and dear to us are at stake, so we want to do everything we can to try to preserve those," she

The city attorney responded to trustees' requests in September for the City Council to confirm that citywide floor area ratio including the replacement of the tower (FAR) constraints exist in all zones, including the La Jolla Shores Planned District.

"The city attorney was not comfortable with that approach at all," said Demorest. "They are recommending that we go through a full La Jolla Shores PDO amendment process to amend the PDO to include floor area ratio if that is the route that the community wants to go."

#### Lifeguard station to get a new lease on life

Trustees voted to approve a site development permit and coastal development permit for a proposed modification to the La Jolla Cove lifeguard station, including the addition of an accessible ramp from

the street level to the mid-level deck to comply with ADA requirements.

The project entails three components itself, a new view deck, and a new, sloped ADA-compliant walkway from the park level to the view deck and mid-level landing. Two benches, cubbies and an informational sign for the La Jolla Cove Swim Club will also be constructed as part of the project.

The project is expected to begin in the

#### Shores neighbors call for committee member's resignation

La Jolla Shores resident Peggy Davis and neighbors urged Michael Morton's resignation from the La Jolla Shores Permit Review Committee, due to what she said was his misrepresentation of the Gato

project, located at 8368 Paseo del Ocaso, which is currently under construction.

"Michael Morton's behavior has been unethical, self-serving and we request Michael Morton's resignation from the La Jolla Shores PRC. We are also requesting that he not serve on any La Jolla community committee that represents La Jolla, including the La Jolla Community Planning Association," she said. "Michael Morton presented untrue statements to the La Jolla Shores Permit Review Committee, the La Iolla Shores Community Planning Association, and development services at the city of San Diego. If you go down there, you can see the community's concerns about this massive structure that should never have been built."

#### **Around town:**

• Project manager Eugene Gay and project engineer Chris Gascon provided infor-

SEE CIVIC REPORT, Page 5

# Jones' former housekeeper gets 4-year prison term

By NEAL PUTNAM | VILLAGE NEWS

A former housekeeper of La Jolla cookbook author Jeanne Jones was sentenced Jan. 30 to four years in state prison for stealing jewelry from

Carla Rosela Carrillo, 44, was also ordered to pay more than \$16,000 to Jones. Her boyfriend, Lamont Long, 30, will be sentenced March 2 and is expected to share that restitution order.

Carrillo was also given eight months consecutively for stealing clothing from a Gap store in La Jolla while she was out on bail for stealing jewelry from Jones. San Diego Superior Court Judge Eugenia Eyherabide

gave Carrillo credit for having already served 480 days in jail.

Carrillo pleaded guilty Sept. 23 to residential burglary of Jones' residence that involved her taking jewelry and giving it to Long, who sold some of it at jewelry stores. Long pleaded guilty to receiving stolen

Deputy District Attorney C.J. Mody said all of the clothing taken from the Gap store was recovered, so no restitution was ordered in that theft. Carrillo also pleaded guilty to burglary in that case.

Court records show Carrillo was convicted of burglary in 1999 and attempted theft in 1995. Long, who is

free on bond, has no criminal record and he is expected to get probation, said Mody

In an unrelated case, four men were sentenced Sept. 16 to long terms in prison, also for stealing jewelry from Jones' house during a home-invasion robbery and assault on Nov. 5, 2010. Most of the stolen jewelry in that incident was recovered by police.

Thomas Walter Clark, 42, got 45 years in prison on Sept. 16 for the robbery in which a housekeeper was sent to the hospital. Aaron Espinoza, 24, and Hector Guerra, 31, each got 26 years and four months, and Miguel Ocegueda, 25, received 14 years and four months in prison.

#### Local Homeowners Save Thousands by Selling Their Own Home

SAN DIEGO, If you've tried to sell your home yourself, you know that the minute you put the "For Sale by Owner" sign up, the phone will start to ring off the hook. Unfortunately, most calls aren't from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

After all, with the proper information, selling a home isn't easy. Perhaps, you've had your home on the market for several months with no offers from qualified buyers. This can be a very frustrating time, and many homeowners have given up their dreams of selling their homes themselves. But don't give up until you've read a new report entitled "Sell Your Own Home" which has

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been prepared especially for home sellers like you. You'll find that selling your home by yourself is entirely possible once you understand the process.

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To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017. You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.

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# Designer Consigner



















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# UCHS boys' soccer in line for record season

By MORGAN CARMODY | VILLAGE NEWS

Coming off of last season's CIF win against St. Augustine High School, University City High School's (UCHS) boys' 2011-12 soccer team had some big shoes to fill. The team is aiming high, again aspiring to get into the CIF competition and to win.

The team is currently ranked 19th in California and 41st in the nation.

Under the skilled leadership of head coach Erik Andersen, the season has seen success with an overall record of 14-1-2, with ties against Cathedral Catholic and St. Augustine. The team recently had its first loss against Cathedral on Feb. 1.

Both Cathedral and St. Augustine are competitors in the Western Athletic League and are, Anderson said, "probably our toughest competition."

The team's strengths, Andersen said,

lie in the defense, a concept the team has been working on of late, as well as in "good leadership from the seniors and the captains."

As for their success thus far, Andersen said humility has taken hold.

"You don't hear the boys talking about it," he said. "Though it does put more of a target on our back. ... Other teams want to knock you off a pedestal."

Captains Martin Cisneros, Travis Nicklaw and Spencer Williams know their success at this point in the season is merely the icing on a cake yet to come.

"It feels good, but it doesn't mean anything until CIF," Nicklaw said.

Williams agreed, adding the team must continue focusing on what has gotten them this far.

"We need to maintain and execute these shutouts," he said.

Andersen said one of the struggles the team has faced was "trying to get everyone on the same page." Cisneros echoed this in saying, "We're just becoming a

Andersen, who is also the assistant director for the club soccer team Notts Forest Football Club, said the majority of the boys also play club soccer in the offseason. Their dedication to the sport, as well as to academics, has to be real.

"Injured or not, they are expected to be here," he said.

The team is also spending time focusing on getting healthy and recovering from injuries. Andersen has had a chance to develop his bench and his JV team which bodes well for future seasons — so UCHS can continue its reign.

"We have a good group for next year," he said.



# **VALENTINE'S**

CONTINUED FROM Page 2

• Roppongi Restaurant & Sushi Bar. 875 Prospect St., will offer a four-course prix fixe spread of sophisticated Asian ingredients executed with a chic California-style, created specially for an evening of romance by executive chef Stephen Window.

For reservations, visit www.roppongiusa.com or call (858) 551-5252.

· Those seeking a fun alternative to dining out - especially for those with an entire family of loved ones to feed - can pick up one of Sammy's Woodfired Pizza's Valentine's Day pizza to-go kits, available at all Sammy's locations from Feb. 7 to 14.

The take-home kit includes traditional, whole wheat or gluten-free dough options with homemade tomato sauce. fresh mozzarella and a choice of fresh basil and pepperoni for an additional \$1 each. Pizza kits range from \$5.50 to \$8 with add-on options available.

Sammy's Woodfired Pizza is located at 702 Pearl St. For more information visit www.sammyspizza.com or call (858) 456-5222.

• The La Valencia Hotel will offer

Valentine's Day dining options at both its restaurants for a choice of atmospheres, from the charming social environment at The Whaling Bar & Grill to the elegantly upscale ambiance in the Mediterranean Room.

The three-course menu by executive chef Lance Repp is offered at both restaurant locations for \$59 per person with wine pairings for an additional cost.

Over the weekend, the hotel will also offer a complete night of luxury with its "License to Love" promotion. For the first 20 guests who make a dinner reservation on Feb. 11 and Feb. 12, the hotel will send a complimentary chauffeur in a Jaguar XJ for round-trip transportation within five miles of the hotel.

For reservations, visit www.lavalencia-.com or call (858) 551-3744.

 For elegant dining on the surf, The Marine Room offers an unforgettable dining setting with oceanfront views.

On Valentine's Day, couples at the restaurant will be treated to a decadent four-course menu with options including sea-salt crispy-skin red snapper, agrumes dill pollen-scented lobster tail, and centercut black Angus filet mignon.

The price is \$125 per person.

For reservations, visit www.marineroom.com or call (858) 459-7222.

# UCSD's basketball team faces final hurdles

By MORGAN CARMODY | VILLAGE NEWS

UCSD's women's basketball team has jumped twelve rankings since the beginning of the season to finally achieve the number one rank in the USA Today/ESPN Coaches Poll for Div. 2 schools with its undefeated record thus far.

"We don't talk about it," head coach Charity Elliott said of the ranking, "and try to keep blinders on."

It's this unwavering determination that has proven successful for Elliott and the team. Although she acknowledged the ranking is a "huge honor," she tries to keep her team focused, she said.

'We are constantly talking about 'our standard' and asking ourselves if we are playing to our standard," she said.

The UCSD standard seems to be marked by a fast tempo game with great defense and an upbeat playing style.

The team was disappointed it did not make the regional tournament last year after losing to Cal Poly Pomona in the CCAA tournament, Elliott said, but it was perhaps that loss that helped them build this season's team when they started training last spring.

Their hard work, meanwhile, seems to be paying off. The only losses the team has suffered so far were two exhibition games, against perennial powerhouse Stanford and SDSU — both Div. 1 teams. Elliott said those games were actually "good confidence boosters," because the team was able to "find out in a hurry their strengths and weaknesses against that caliber of

Some of her team's strengths, she said, is coming from its seniors, Chelsea Carlisle,

Daisy Feder and Lauren Freidenberg. With its aggressive playing style with a lot of fast breaks and trapping on defense, the team is "very unselfish in that it isn't centered on just one player," Elliott said. "We are constantly looking for players with high caliber character and the potential to be program

Meanwhile, she described her coaching style as "extremely positive with high expectations."

She said some of the challenges her team faces come in the form of recruiting with such high academic standards at UCSD and the lack of available scholarships. Elliott, however, has managed to use that situation to her advantage.

"It gives us the opportunity to give more

SEE **BASKETBALL**, Page 8



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"From our Garden to your Plate"

# TIDE LINES

CONTINUED FROM Page 1

deal with their broods in the southern latitudes of Mexico's estuaries. Though out of my sight, by late June, the birds' black caps have receded, revealing their typical white forehead with black stubble near the crest. Juvenile royal terns look similar to nonbreeding adults but youngsters have black-splotched wings and an orangey bill that may lean more toward vellow instead of red.

Sources suggest a royal tern does not have a strong seasonal pattern, being found along San Diego County's coast year round. Maybe so, but whenever a royal is seen, count on it being near seawater — a commitment likely connected to its favored prey choice, small fish like anchovies and sardines. The mercurial movements — and booms and busts -

of these fish species are one reason the status of royal terns has been poorly understood throughout the 20th century. We are only beginning to document changes in behavior of seabirds and correlate them with their prey (in terms of numbers and distribution fish). The point is to understand relate to fishing pres-

sures on these important prey and global climate change. Since seabirds that nest with success can expect to be widely distributed across their range, decreases in their numbers or change in their expected range provide quick and visible proof. Though the royal tern is no



Tern style is facing the ocean, always a prudent pose when poised where land meets the unruly sea. The combined physical attributes and determined how the changes stance somehow make the terns look like they are fighting a headwind, though in reality they are comfortably stationary.

canary and it lives by the ocean instead with that of the royal tern, I will enjoy of in a coal mine, it is one of the seabird species on the front lines responding to of sartorial taste.

In my speck of range that intersects just as abruptly return from points south

observing these birds as long as they choose to stay. Somehow, it always hapglobal environmental change. In other pens that one morning, just as I discovwords, the royal is more than an arbiter ered they are here, I discover they've gone. Then after nine or 10 months, they

to again adorn our seashore.

— Judith Lea Garfield, biologist and underwater photographer, has authored two natural history books about the underwater park off La Jolla Cove and La Jolla Shores. Send comments to jgarfield-@ucsd.edu.

# **CIVIC REPORT**

CONTINUED FROM Page 3

mation about the Colony Hill Pipeline Relocation Project, which will replace water pipelines on Caminito Aviola, Via Avola, Via Capri, Via Rialto and Caminito

"We have a lot of experience in this area. We were the same contractor that did the work on Nautilus Street, so we're very in tune with the La Jolla area, and we hope to continue the relationship," Gay said.

Construction will run from March to June.

- Anu Delouri, representative from UCSD's Physical and Community Planning, announced that five projects will begin construction in 2012, including the renovation of the University House and construction of the Jacob's Medical Center, a 225-inpatient medical facility on the east campus.
- Trustee elections will take place prior to the annual member meeting next month on March 1. Elections will take place from 3 to 7 p.m. in the room just north of the arcade at the La Jolla Recreation Center. The annual member meeting will begin at 6 p.m.
- The LJCPA voted to ratify the appeal of the Hennessey's Sidewalk Cafe project, which will be heard by the planning commission on Feb. 16.
- The LJCPA approved the new signage for Rush Indoor Cycle Studio, street closures for the San Diego Sports Commission Triathlon on May 11 and 12, and Bird Rock Fine Wine's conformance to the La Jolla
- The LJCPA voted to approve the bylaws submitted by the Ad Hoc Committee on Bylaws, taking into consideration suggestions made by trustees and the public at the meeting and incorporating a motion to ratify appeals by a majority vote. The bylaws will be presented to the public for review by the association's membership at next month's meeting.

CONTINUED FROM Page 1

The sponsoring La Jolla Historical Society has scheduled a book signing March 30.

**UCSD additions** – The La Jolla Playhouse has commissioned a group of current and former students from UCSD's Graduate Playwriting Program to create new pieces specifically for the production of Moving Arts' "The Car Plays: San Diego," running Feb. 23 – March

Students creating new pieces specifically for the show include Jennifer Barclay, Lila Rose Kaplan, Alex Lewin and David Myers. Additionally, seven plays will be helmed by local directors: University of San Diego theater faculty member Lisa Berger, UCSD theater professor Robert Castro, Ion Theatre executive artistic director Claudio Raygoza, Mo'olelo artistic director Seema Sueko, North Coast Rep artistic associate Matt Thompson, Moxie Theatre artistic director Delicia Turner-Sonnenberg and San Diego Repertory Theatre artistic director Sam Woodhouse.

Performance times for "The Car Plays: San Diego" are Thursdays and Fridays at 5:30 p.m., 7 p.m. and 8:30 p.m.; Saturdays and Sundays at 3 p.m., 4:30 p.m., 7 p.m. and 8:30 p.m. Tickets are \$25 and can be ordered by calling (858) 550-1010 or online at LaJollaPlayhouse.org.

- Johnny McDonald is a longtime writer and columnist for the San Diego Community Newspaper Group. He can be reached at johnny23@cox.net.

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# **NEWS***briefs*

#### Saving pets, one designer handbag at a time

The Foundation for Animal Care and Education (FACE), which strives to help pets by relieving pet owners of the economic hardships that may cause them to give up or euthanize a family pet, is currently seeking new and used designer handbag donations and sponsorships from individuals and businesses in the San Diego community for its upcoming Bags & Baubles event.

On Sunday, April 29, fashionistas will gather at a private Rancho Santa Fe estate to bid new and gently-used designer handbags to benefit the foundation. More than 200 handbags will be available for bid at the auction, which begins at 10-15 percent of retail value.

The organization is collecting bags for the event, and is calling on local ladies to clean out their closets. The taxdeductible gift may help save the life of a local pet.

For more information, visit www.face4pets.org.

#### **Surf Diva nominated** for retailer award

Coco and Izzy Tihanyi, founders of La Jolla-based Surf Diva Boutique, announced their nomination as the Surf Industry Manufacturer's Association (SIMA) Women's Retailer of the Year and Breakthrough Retailer of the

"We are so stoked to be recognized by the surf industry as one of the top five retailers," said Coco. "It's a huge honor for Surf Diva and everyone who has supported us along the way.'

Surf Diva features a mix of beach fashion with women's surf apparel and has demonstrated a strong commitment to the community, supporting environmental and local programs. The company became the leading retailer for the San Diego Junior Lifeguard uniform program this year.

make our beaches cleaner and safer is a priority for us," said Coco.

#### **UCSD** celebrates Black **History Month**

UC San Diego will present a series of exhibits and events in celebration of Black History month throughout the winter and spring at the school's Geisel Library. All events are free and open to the public.

#### Stitching Memories: The Story of African American Quilting

An exhibit about the creation and significance of guilts to African American women will be held from Feb. 1 to March 31 on the main floor in the west wing of Geisel Library. In addition to the exhibit, a reception and panel discussion will be held on Feb. 15 from 11 a.m. to 1 p.m. in the Seuss Room. The exhibit includes works of the quilters from the San Diego People of Color Quilt Guild, which challenge the commonly help misconception that African American quilts comprise only strip quilts, patchworks or rustic creations that reflect what many scholars claim to be an African aesthetic. The exhibit dispels that notion, with examples of "quilted photography," art quilts and more traditional quilts.

#### Magic Lanterns from the 1800s **Shed Light on African Diaspora**

Magic lanterns dating back to the 19th century will be on display from Feb. 1-29 in the UC San Diego Arts Library (lower level, west wing) in Geisel Library. The hand-painted glass magic lantern slides on display depict images of Africa and celebrate and raise awareness of the African Diaspora.

According to Scott Paulson, outreach coordinator for the UC San Diego Arts Library and the owner of the magic lanterns on display, perhaps the earliest views Americans saw of Africa came in the form of magic lantern shows (hand-painted glass slides that were used in early gaslamp-powered projectors). Even as early as the 1600s and 1700s, lively lantern shows employed early animation techniques, narration and live music to show the culture of other continents.

For more information about UC San "Working with the community to Diego's Black History Month celebrations, visit blackhistorymonth.ucsd-.edu-/2012/





The Alzheimer's Association hosted "Memories in the Making" at Vi at La Jolla Village on Jan. 26. The event showcased art created by seniors living with Alzheimer's, along with complementary pieces created by professional artists Left, Joseph Gleason shows his painting, "A Canadian Mountain."

attempting this project. Right, a pairing by artist Carla Christensen, titled "Sweet Honey" (top), inspired by senior Frances D'Aquisto's "Flowers in a Group." The art will be auctioned off at an event at the San Diego Natural History Museum on March 23. For more information, visit www.alz.

Photos by DON BALCH | Village News



# LETTERS TO THE EDITOR

#### **Letter writers in glass** houses shouldn't throw stones

Both of the letters [published last week ("Oceans need protection from overfishing, armchair biologists," "Southern Californians must stand up for our oceans', wildlife's health," Feb. 2, Page 6)] were written by WiLDCOAST personnel, the first by Dr. Dedina, executive director, and the other by Ms. Casteneda, communications director.

The clear inference is that since both of these people represent a nonprofit environmental organization that they have formal training in marine sciencerelated disciplines. Dr. Dedina has an undergraduate degree in political science and graduate degrees in geography. Ms. Casteneda has a degree in communications. Therefore, the argument that Mr. Carl Lind is an "armchair biologist" is spurious at best, and slanderous at worst, since the personnel making this accusation have, themselves, apparently received no formal training in the marine sciences.

The examples cited as proof that establishing marine protected areas (MPAs) will allow ecosystems to rebound is an old concept. It is obvious that if you do not harvest a given species, individuals will live longer, become larger and reproduce more. No one argues that. The concept of restoring an ecosystem by restricting the take of ALL species rather than establishing season, size and bag limits on harvested species effectively destroys any hope of rational ecosystem management

Both WiLDCOAST writers cited the restoration of Cabo Pulmo at the tip of Baia California. There were some conceptual flaws in the manner in which the data from this site were evaluated; if one read and understood the original

paper, these actual or potential flaws would have been seen. But why use an example from a tropical reef system in Baja California to make a point when there has been a no-take reserve off La Jolla for a quarter century? Is there no good example in our backyard?

There are several excellent examples of small Mexican villages recognizing they have been overfishing their resources and have initiated bag, season and size limits on exploited species, thus guaranteeing the replenishment of the marine resources upon which they survive. This has occurred at Bahia Tortugas and La Bocana on the west coast of Baja California. The major cash crops of both villages are lobsters and abalone. Both villages have abalone hatcheries, allow controlled fishing and have effective marine game wardens to prevent poaching.

Let's get away from the "sky is falling" and look toward effective, yet balanced, management strategies. Much can be accomplished with rational, flexible controls.

David W. Valentine, Ph.D.

#### **Setting the record straight** on community controversy

In a letter written by Kim Whitney, published in a recent edition of the La Jolla Village News ("Custodians of La Jolla's codes must be up to code themselves," Feb. 2, Page 6), my name is mentioned and there are a few misstatements that I believe justify some clarification. Mrs. Whitney was responding to a letter I wrote that was published in another newspaper (La Jolla Light, Jan. 26).

Editing errors in the Kim Whitney letter assert that I am a trustee of the LJCPA. I am not a trustee of LJCPA, nor do I sit on any LJCPA or La Jolla Shores

committee. Another editing error makes it seem as if I am a neighbor of the Whitneys and at sometime acted as their architect. This is not correct. I have never met the Whitneys and, although I was born and have lived in La Jolla for 60 years, I do not reside in La Jolla Shores.

With regard to the matter of code compliance issues at the Naegle residence, it is my understanding the Whitnevs first complained about the acquisition of building permits issued many years ago. I believe it has been determined that the permits were properly issued and that matter was resolved. The Whitneys are now upset about the conversion of one tandem parking space into an elevator space. This conversion was necessary to allow secondfloor access for Dale Naegle, who suffered from polio and had been finding negotiating stairs more and more difficult. I most certainly can forgive the Naegles for making this necessary alteration. The American's With Disabilities Act may have figured in the city's decision to allow the conversion.

I also believe the letter misrepresents Mike Stepner's part in the creation of the La Jolla Shores PDO. Mr Stepner was not the sole author of the document. I think he had a little help from a few others. In my letter, when I asked, "Who is Mike Stepner?" I was being a bit facetious, posing a metaphorical question; pondering Mr. Stepner's appointment as expert on La Jolla Shores lifestyle and spokesman for the community.

In closing, I would like to urge the Whitneys put their bitterness aside, quit picking on invalids and widows, and begin working with the community to find a successful resolution for their pro-

> Fritz Liebhardt La Jolla



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#### **SUBMISSIONS**

story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

#### **OPINIONS**

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# **EVENTS**

Outside the Lens, the Junior League of San Diego and the Girl Scouts will host a film screening of the documentary feature "Miss Representation," followed by a panel discussion about the effects of mainstream media under-representing women in positions of power and influence in America.

Jennifer Siebel Newsom's film follows the stories of women ranging from teenage girls to top politicians, journalists, entertainers, activists and academics – revealing startling facts and statistics that highlight cultural norms about how men and women are shaped in a society where media

is a persuasive force.

The event will take place at the Museum of Contemporary Art San Diego La Jolla, 700 Prospect St., at 6 p.m.

Presale tickets are \$10 or \$15 at the door. For more information, visit www.outsidethelens.org or call (619) 234-2253.

The FanFaire Foundation – a public charity organization dedicated to nurturing creativity in today's youth through science and music education – will host a **free concert for the family to enjoy at the La Jolla Library,** located at 7555 Draper Ave., on Feb. 12.

The recital will kick off with a prelude piano performance by the international award-winning pianist, 10-year-old Michael Chen, at 2 p.m., followed by a solo recital and discussion by up-and-coming harpist

Alexandra Tibbits of the SDSU Symphony Orchestra, Wind Symphony and Symphonic Band.

For more information, visit www.fanfaire- foundation.org or call (760) 666-1810.

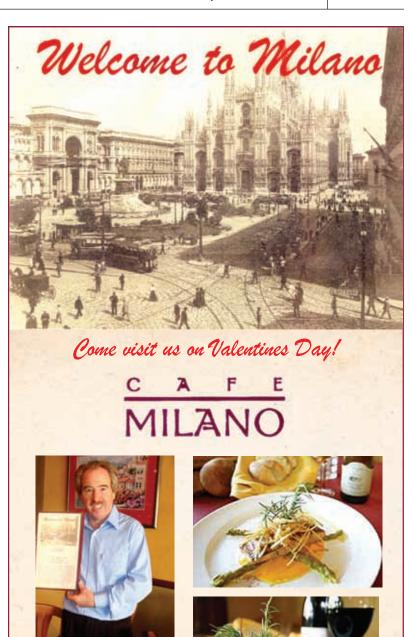


For a full list of La Jolla events Feb. 9-16, visit www.sdnews.com.





The talents ranged from karate sword-fighting skills to classical music, hip hop, standup comedy, jump rope and much more. Far left, fifth-grader Blaise Gimer demonstrates his imitation of principal Donna Tripi as part of his comedy routine. Above, third-grader Annelies Baltazar plays guitar and sings "Count on Me," while Tatum Evans, Brisa Brown, Lucie Scoma, Caroline Gaffney and Maddy Keck perform an energetic dance routine. left.



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# Grief akin to drug withdrawal



Doing Better

#### By Natasha Josefowitz, Ph.D.

Although I have written about this topic before, I have some further thoughts that I would like to now share.

After my husband died, I had a very hard time adjusting to singlehood. Although living in a retirement community helped me survive those awful first months, I was still lonely and bereft.

The way I helped myself was by trying to understand what was happening to me. I started talking to recent widows and widowers and found that they very often experienced the same thing. so I asked myself, what does loneliness mean? It is the lack of a companion, the lack of a witness to your life someone who knows what you think,

cares. My witness was a caring husband — in a good relationship, one gives and receives constant validation. A knowing look across a room, a hand squeeze, a good conversation, a compliment — whatever makes one feel recognized fulfills the need to feel cared for and care in return.

And from where does that good feeling come? The brain secretes chemicals like dopamine (which helps regulate movement and emotion and is essential to the normal functioning of the central nervous system), oxytocin (the bonding hormone) and endorphins (which reduce the sensation of pain and affect emotions) flooding the body with happy feelings. So being in a relationship where there is mutual support creates pulses of feel-good neurotransmitters and hormones. We get accustomed to these and need them to maintain our brain chemistry. They become a normal part of our being and we get addicted to them. Yes, we become habituated to feel-good substances. When a loved one is away from us for a short time, we use phone calls or emails to stay connected, because they give us small doses to keep us

Now, what happens when that loved one dies? Not only do we mourn, we are also deprived of the endorphins, dopamine, oxytocin, serotonin and other feel-good substances. We are in drug withdrawal!

If this is correct, it could explain the physiological symptoms experienced by a surviving spouse that are akin to drug deprivation: loss of appetite and thus not eating enough (impacting the release of serotonin, a neurotransmitter); trouble sleeping; memory problems; feeling disoriented, listless and unable to engage in an activity; short attention span; depression; crying spells; feeling weak; physical pain; and what seem like psychosomatic symptoms but are actually physiological withdrawal symptoms.

Until we are deprived of them, we are seldom aware of how much we interact with our loved ones and how often our brain chemistry is activated to make us feel good. Parents and children give each other this validation, so do siblings, close friends, co-workers and even pets. People who don't have animals can't understand why the death of one can be so terribly upsetting. Every time your dog makes you

smile, every time you pet him, you get found that helping others provided me a small dose of dopamine to which you become accustomed. When the dog dies, you are deprived of that fix and go into withdrawal.

Every time we have a lifestyle change — be it going off to college, moving to a new neighborhood or leaving a jobwe lose some of the reliable ways of feeling good, and we can experience that loss as homesickness.

I am a great believer that, by giving a label to our feelings and making the unconscious conscious, we can exert some control by understanding our feelings and behaviors. Becoming conscious of one's needs can help identify what one must do to better meet them. In other words, knowing that you are in need of some dopamine, what can you do to stimulate its production? Is it by calling up a friend, going to a uplifting movie, listening to music, eating an ice-cream cone, joining a support group, going to a fun event, getting involved in an interesting project, doing volunteer work or whatever else activates the reward centers of the brain. For some people, fond memories can trigger feelings strong enough to release the chemicals.

conversations with my children. Also I threw myself into volunteer work and lives at White Sands La Jolla.

with dopamine and therefore helped me in the process.

Because what stimulates those reward centers is different for each one of us, the task for individuals is to figure out what particular thoughts or behaviors seem to trigger an emotional high. Some friends of mine have children who call everyday — and sometimes several times a day. Others have plunged themselves into non-stop activities, which may or may not affect brain chemistry, but do at least decrease cortisol, the stress hormone. Time spent with friends seems to be a universally helpful activity.

Isolating oneself seldom works and can lead to depression. In other words, it may be important to push oneself out of the house, accept invitations, initiate contact with people and not indulge in the at-times-overwhelming desire to give up all interactions and just stay in

The task at hand is to find the activity that will provide some dopamine and other feel good hormones that may help you to cope better.

— Natasha Josefowitz taught the first What helped me were long phone course in the U.S. on women in management and is the author of 19 books. She





# BASKETBALL

CONTINUED FROM Page 4

borderline players opportunities [to play and to prove themselves]," she said.

On Feb. 10, the team will face one of its toughest competitors. Chico State, which lost to UCSD on Jan. 7 in double overtime, will try to redeem itself.

"They played fantastic," she said, calling

the game a "great learning tool." As for the rematch, her team, she said, is "looking forward to it.'

UCSD has also started a campaign to move up to Div. 1 in NCAA athletics. UCSD, which has competed in Div. 2 since 2000, would like to have all of its athletic teams competing at the Div. 1 level by 2013-14.

Elliott supports the move and said she feels the university is well suited for Div. 1 athletics. The move, however, wouldn't

change the way she goes about leading her program. The transition, she said, would probably be a smooth one, as scholarships would be increasingly available at the Div. 1 level. Recruiting against upper level teams, she said, "poses new challenges and would be very exciting."

"It's not about the division or level but more about changing kid's lives for the positive," she said. "It's just about enjoying every single day."

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Thursday, February 9, 2012 | Vol. 17, No. 19







# iscover Jewish

By MARIKO LAMB | VILLAGE NEWS

he San Diego Jewish Film Festival (SDJFF) is back again this year from Feb. 9 to 19 with more to discover than ever before — a record-breaking number of exclusive film screenings, events designed for every age group's whims and fancies, and an

international roster of some of the most talented guest artists, actors, filmmakers, directors and scholars the Jewish film industry has to offer.

Screenings of nearly 50 of the best contemporary Jewish-themed films from around the world will be brought right to San Diego's backyard at five screening locations throughout the county over the course of 11 days.

"Our films appeal to everybody," said Helen Fleming, SDJFF chairwoman. "They're interesting, they're different and you don't have to be Jewish to come to the film festival.'

Some interesting topics that will be unveiled through the films include a unique feature based on a true story about Muslims that saved Jews during World War II in "Free Men;" the story of drag queens in Israel in "Mary Lou;" a riveting documentary about Phil Spector and the famed songwriter's murder trial in "The Agony and the Ecstacy of Phil Spector;" and a Spanish-language romantic comedy about a Mexican salsa dancer who sneaks into Israel in "Salsa Tel Aviv" — to name just a few.

"We really have gone all over the spectrum, and our films really try to reach everyone," Fleming said.

event coordination and fundraising is an arduous task that takes a team of dedicated volunteers including a film selection committee, curator and focus group — who commit their time and efforts before, during and after the festival.

"It's a huge commitment, but it's really fun," said Fleming. "It's a labor of love. There are about

The festival reaches a diverse age range. with forums and events designed for each age group. Here is a preview of the festival's agespecific events this year:

- "Family Day on Sesame Street" will turn Clairemont's Reading Cinemas Town Square 14 into a playful atmosphere for families with children 3 to 7 with a screening of "Mitzvah on the Street," interactive singalongs, fun activities and even a guest appearance by a surprise furry friend from the Street. Family Day is free and will take place on Feb. 12 at 11 a.m.
- For parents with children younger than 1, the David & Dorothea Garfield Theatre will host a "Baby & Me" event with a film screening of "David." Bagels and other snacks will be provided at the event - at 10:30 a.m. on Feb. 14 - and parents don't have to worry about getting a babysitter, as babies are free.
- "Teen Screen Night" at 6 p.m. on Feb. 14 will feature a pizza dinner for teens only, and the chance to watch the story of an unlikely friendship form between Ali, a 14-year-old Palestinian refugee, and Alexander, an elderly Russian Jew who passionately wants to continue living independently, in "Kaddish for a Friend" at Clairemont's Reading Cinemas Town Square 14. Teen Screen is open to teens 18 and under at no charge.
- For young professionals in their 20s, 30s and 40s. "Flix Mix" will feature the provocative story of a young, extroverted left-wing activist who sleeps with

The yearlong undertaking of film selection, 60 volunteers doing a lot of various things. It's a Fleming, is ensuring the films are exclusive. large endeavor, and there are so many people behind the scenes that do so much.'

> Volunteers on the SDJFF's film selection committee thoroughly vet more than 200 films throughout the year, each ranked numerically by individuals on the committee.

One of the most difficult tasks, according to

political opponents to convert them to her cause in "The Names of Love." The screening at Clairemont's Reading Cinema Town Square 14 will take place at 5 p.m. on Feb. 19 and will be preceded by a 3 p.m. mixer to mingle with fellow filmgoers over food and drinks. Tickets to "Flix Mix" are \$20 in advance or \$25 at the door.

- For the 10th year in a row, SDJFF will host its annual "Joyce Forum" - named for SDJFF founder Joyce Axelrod - to celebrate rising stars and seasoned filmmakers from around the world. The free forum on Feb. 13 will showcase a collection of short films at Clairemont's Reading Cinemas Town Square 14 at 2:30 p.m., as well as a series of animated shorts at 7:30 p.m. One such rising star who will be showcased at the forum is local 11-year-old animator Perry Chen of La Jolla, who collaborated with filmmaking veterans Bill Plympton and Kevin Sean Micheals to create the animated short "Ingrid Pitt: Beyond the Forest," which can be viewed at the forum at 2:30 p.m.
- Finally, on Feb. 16, "Jews in Toons" will highlight a unique evening of comedy and fun featuring classic Jewish episodes from three animated television series - "Family Guy," "The Simpsons" and "South Park." Mike Reiss, writer and producer for "The Simpsons" and creator of "The Critic" and "Queer Duck," will make a special quest appearance to share some of his side-splitting behind-the-scenes insights, anecdotes and clips from his Emmy Award-winning career.

"In this world, it's hard to find films that aren't on Netflix," she said. "We really strive to find films that you cannot find anywhere, and that's what makes us unique. It's really difficult, though, because everything is so instant."

Despite that difficulty, the committee succeeded in uncovering those very films.

This year, SDJFF has doubled up on film screenings to give audience members a chance to catch each of their favorite films. Films will be shown at five locations in San Diego - Clairemont's Reading Cinemas Town Square 14, UltraStar Mission Valley Cinemas at Hazard Center, Edwards San Marcos Stadium 18, the Carlsbad Village Theatre and the David & Dorothea Garfield Theatre at the Lawrence Family Jewish Community Center in La Jolla.

"Tickets are on sale now, and they're selling out fast," Fleming said. "We don't want anybody to miss anything."

Single ticket prices for most films are \$10.75 to \$12.75 for seniors, \$11.75 for JCC members, and \$13.75 for nonmembers. Tickets for the opening and closing night films are \$12.75to \$14.75 for seniors and \$13.75 to \$15.75 for nonmembers. The Feb. 14 screening of "Dusk," Family Day, Teen Screen and Joyce Forum Shorts are free. Festival passes, senior and student discounts, and group rate discounts are available.

For more information, visit www.lfjcc.org/sdjff or call (858) 362-1348.





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#### Donovan's Steak House

They may look good enough to eat, but the paintings and sculptures at Donovan's of La Jolla are strictly off limits - so you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan's, fresh seasonal vegetables and your choice of potato are always included with each entrée.

#### Cafe Milano

Enjoy a taste of Milano right here in La Jolla. Chef - owner Pasquale's 25 years of experience with Northern Italian Cuisine and hospitality offers only the best and most incredible meal for the entire family. Chef - owner Pasquale will always go that extra mile from their homemade bread, pasta, dessert to your main dish and a variety of his signature sauces, you will surely leave the restaurant already planning when you will be back again! We hope to serve you

#### Bite of Boston

Bite of Boston (BoB) is a family-owned eatery which offers an array of East coast-style seafood, soups, breads and meats flown in weekly from Massachusetts. Lobster rolls are available seven days a week. Enjoy Fish & Chips, fried shrimp and Ipswich fried clams every Fri, Sat, Sun. More than 30 sandwiches on the menu including the Philly Cheesesteak, Prime Rib, Turkey, and a variety of low-cal options. Call in for take-out or delivery. Check the BoB website for menu specials!

## **Girard Gourmet** "From our garden to your plate"

Girard Gourmet has been La Jolla's headquarters for fresh, healthy, tasty breakfast, lunch & dinner for the past 25 years. Locals always find their favorite dish at Girard Gourmet. Others eagerly await to find out Francois' Julian Harvest to plan their dinner menu. Whether it's the Pear Cambazola Salad or Soup & Sandwich combo for lunch, Beef Burgundy or Chicken Pot Pie for dinner, or the unlimited selection of scrumptous desserts, you will always leave Girard Gourmet with a smile on your face!

#### Station Sushi

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# Jersey Mike's

Jersey Mike's is a sub shop that embodies the Jersey Shore, serves up classic sub sandwiches, wraps, and salads for dine in or take out. Menu items includes the popular original Italian sub, a meat lover's dream, with provolone, ham, prosciuttini, cappacuolo, salami and pepperoni, guaranteed to be always freshly sliced. Jersey Mike's also offers hot subs like the famous Philly cheese steak, grilled. East coast transplants will be happy to hear that they can get their fill of Tastykakes – a rare treat on the West Coast – at Jersey Mike's

# The Spot Restaurant

This landmark restaurant, on Prospect Street, earns its title for its friendly atmosphere and excellent cuisine. It offers a full service bar and large selection of fine wines. The SPOT Restaurant first opened in Evanston, Illinois and relocated to the sunny shores of southern California, in the late 70's, bringing along its signature Chicago style pizza. Since then it's become a favorite for fresh fish, steaks, ribs, burgers, and salads. It also offers child-friendly choices. Come see for yourself why The SPOT remains one of the areas most popular eateries among locals, visitors, young and old.

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# Starry, starry nights with Vincent Andrunas

The La Jolla Playhouse (LJP) held a couple of parties in their Play Development Center this past Saturday night — one just before and another immediately after the last opening-night performance of their 2011-12 season.

The evening began with potent specialty drinks dubbed La Jolla Sunrise (1800 Tequila, orange juice and grenadine) and Fever Dream (St. Petersburg Vodka and grapefruit juice), and several food stations offering Mexican dishes (The Hyatt Regency La Jolla donated all the catering). The food and drinks were a match for the performance; Culture Clash's "American Night: The Ballad of Juan José." The play presents a sort of nightlong fever dream of Juan José, a former Mexican policeman immersed in cramming for the U.S. citizenship test he's about to take. Richard Montoya originally wrote the play for the three members of Culture Clash (including himself). They and director Jo Bonney developed it, and the expanded version running at LJP employs a cast of nine ethnically diverse members — but since most play multiple parts, the cast seems much larger.

Shortly before everyone headed to the Potiker Theatre for the play, the director—herself a naturalized U.S. citizen born in Australia — gave some insightful and entertaining commentary about the



**Playhouse:** above: Gary Singer, Deborah Klochko, Jeffrey Ressler, Michael Rosenberg (LIP Managing Director), Vivien Ressler, Christopher Ashley (LIP artistic director)

play's background and development. She noted that citizenship exams require applicants to study American history. They must learn the official version, but some also seek alternate versions written by voices outside of the mainstream, expressing history as seen by such groups

as Native Americans, African Americans, Hispanics, Asian Americans, women, etc. This was no preachy political lecture, but the play uses humor (and lots of it!) to open people's eyes and minds.

Once the play began, the humor disarmed even those most sensitized to immi-



**Playhouse:** above: Jo Bonney (director), Kimberly Scott (actor in company), James Newcomb, Ursula Meyer, Terri McMahon (actor in company)

gration issues. Culture Clash members are noted for being improvisational and incorporating daily news and local lore into their performances. Their mention of basketball great Bill Walton became more meaningful when playgoers realized that Big Bill and his wife, Lori, were right there in the audience. Energetic cast members kept the barbs and the laughs coming nonstop, appearing and re-appearing as

gration issues. Culture Clash members new characters. They did it all without are noted for being improvisational and intermission, earning an enthusiastic incorporating daily news and local lore standing ovation at the play's end.

Guests reconvened for the after-party, where they enjoyed desserts, libations and dancing to the music of DJ Shammy Dee. Gradually, cast members joined the party, chatting amicably with the admiring

SEE **SOCIETY**, Page 12



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Intersect: left: Jessica Crawford, Julianne Markow (NCM executive director), Nigella Hillgarth (Birch executive

director; panel moderator), Anna Mayer (panel speaker), Lauren Popp, Gavon Morris. Below: Kim Penney, Denise Montgomery, Celeste Hilling, Sheri Knox, Miriam Goldstein (panel speaker), Christine Forester



SOCIETY **CONTINUED FROM Page 1** 

throng. Their performances will continue through Feb. 26. Following this production, LJP will "stage" something unique called "The Car Plays," a series of intimate 10-minute plays, each taking place in a car. Two-person audiences will be ushered to their seats in a vehicle, the car doors will close and the drama will unfold just inches away. Ten minutes later, they'll move to another car for the next play, and in the course of an hour, five stories will be

"'The Car Plays' combines the pleasures of site-specific theatre and voyeurism," noted Critics Choice (with a wink and a grin, no doubt).

Bringing together seemingly disparate

ideas — and disciplines often yields signifi-

cant benefits, including greater understanding of issues and more creative solutions to problems. La Jolla's Birch Aquarium at Scripps and downtown's New Children's Museum joined forces and used their contact lists, websites and electronic social media to invite people to their joint event, held at the aquarium on Monday evening. More than 300 people RSVP'd for the gathering, titled "Trash: Art + Science Intersect," which was free and open to the pub-

They had several attractive reasons to attend, including a chance to view the aquarium's exhibits and network with others while enjoying hosted wine and hors d'oeuvres during the first half of the two-hour event. The next hour featured a fascinating panel discussion about the



Playhouse: above: Bill and Lori Walton, Harvey and Sheryl White.

accumulation of plastic trash in the gigantic North Pacific Gyre, and how both artists and scientists are looking into the issue. The evening was a grand success, and more such events are planned for the

Colleen Van Horn





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NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVER-AGES DEPARTMENT OF ALCOHOLIC BEVERAGE CON-TROL 1350 Front St., Room 5056, San Diego, CA, 92101 May Concern: The Name(s) of the Applicant(s) is/are: NEW PORT QUIK STOP INC The applicant listed above is applying

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#### Superior court of California Hall of Justice 330 WEST BROADWAY SAN DIEGO, CA. 92101

CASE NO: 37-2012-00090945-CU-PT-CTL PETITIONER ARCHER ST. SAN DIEGO, CA. 92109 530-228-6094 HAS FILED A PETITION WITH THIS COLIRT FOR A DECREE CHANG ING PETITIONERS NAME FROM TONYA SUE GAREWAL TO TONYA SUE SABO THE COURT ORDERS THAT all persons in terested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that in dicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appea at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON MAR 06, 2012 TIME: 8:30 AM DEPT: 8 220 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16, 2012

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2012-001425 THE NAME(S) OF BUSINESS: SUE SWEET located at: 604 GRAVILLA ST. SAN DIEGO, CA. 92037 is hereby registered by the following owner(s): COULANGE SYLVIE This business is beingconducted by: AN INDIVIDUAL The transaction of business began on: 01/01/12 The state ment was filed with Ernest J. Dronenburg, Jr., Recorder nty Clerk of San Diego County on: JAN 17, 2012 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2012-001974 THE NAME(S) OF BUSINESS: AVATI SALON, AVATISALON.COM located at: 4019 AVATI DR. SAN owner(s): DENISE E. MAYER, BRUCE B. MAYER This busines is beingconducted by: HUSBAND AND WIFE The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 23, 2012 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16, 2012

ECTITIOUS RUSINESS NAME STATEMENT FILE NO 2011-035641 THE NAME(S) OF BUSINESS: LA JOLLA PRESCHOOL ACADEMY located at: 6580 SOLEDAD MOUN TAIN ROAD, LA JOLLA CA. 92037 is hereby registered by th ing owner(s): SAN DIEGO EARLY CHILDHOOD LEAF ING CENTERS This business is beingconducted by: A LIM ITED LIABILITY COMPANY SAN DIEGO EARLY CHILDHOOD DIEGO, CA. 92110 CALIFORNIA The transaction of business began on: 09/01/2000 The statement was filed with Ernest County on: DEC 30, 2011 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2011-035643 THE NAME(S) OF BUSINESS: BAY PARK EARLY LEARNING CENTER located at: 1955 CHICAGO ST. SAN DIEGO, CA. 92110 is hereby registered by the following owner(s): SAN DIEGO EARLY CHILDHOOD LEARNING CEN TERS This business is beingconducted by: A LIMITED LIA BILITY COMPANY SAN DIEGO EARLY CHILDHOOD LEARNING CENTERS 1455 WEST MORENA BLVD. SAN DIEGO. CA 92110 CALIFORNIA The transaction of business began on 09/01/2000 The statement was filed with Ernest J. Dronen burg, Jr., Recorder / County Clerk of San Diego County on DEC 30, 2011 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2012-001784 THE NAME(S) OF BUSINESS: FINCH'S BISTRO AND WINE BAR located at: 7644 GIRARD AVE LA JOLLA, CA. 92037 is hereby registered by the follow owner(s): L2MNT, INC This business is beingconducted by: A CORPORATION L2MNT, INC 7644 GIRARD AVENUE SAN DIEGO, CA. 92037 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN19, 2012 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO 2012-001808 THE NAME(S) OF BUSINESS: HOMES 4 SAN DIEGO, HOMES 4 SD located at: 4370 LA JOLLA VIL by the following owner(s): CALIFORNIA REALTY NETWORK INC. This business is beingconducted by: A CORPORATION VIEJO, SAN DIEGO, CA. 92656 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN19, 2012 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-002204 THE NAME(S) OF BUSINESS: PACIFIC HORIZON DEVELOPMENT located at: 1314 DEVONSHIR DR. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): CHRIS NIRSCHL, SHERRY NIRSCHI This business is beingconducted by: AN INDIVIDUAL The transaction of business began on: 07/10/90 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN24, 2012 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-035419 THE NAME(S) OF BUSINESS: MEDICAL LABORATORY OF SAN DIEGO located at: 4282 GENESEE AVE. SUITE 202 SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): YASUKO KIDOKORO, MD INC APC This business is beingconducted by: A CORPORATION YA SUITE 202 SAN DIEGO, CA. 92117 CALIFORNIA The transaction of business began on: 07/01/2000 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 29, 2011 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16, 2012

NOTICE OF PETITION TO ADMINISTER ESTATE OF: ROBERTA R. ALLEN CASE NUMBER: 37-2011-00152520-PR-PW-CTL 1. To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of (specify all names by which the decedent was known): ROBERTA R. ALLEN, aka BOBBE ALLEN. 2. A Petition for Probate has been filed by: CHEMICAL BANK, dba CHEMICAL BANK WEALTH MANAGE MENT, in the Superior Court of California, County of: SAN DIEGO. 3. The Petition for Probate requests that: CHEMICAL BANK dba CHEMICAL BANK WEALTH MANAGEMENT be an pointed as personal representative to administer the estate o the decedent. 4. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. 5. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking cer

#### continued on page 15

NOTICE OF TRUSTEE SALE

YOU ARE IN DEFAULT UNDER THE SAN DIEGO COUNTRY ESTATES TIMESHARE OWNERS ASSOCIATION DECLARATION OF COVENANTS, CONDITIONS AND RESTRICTIONS FOR TIMESHARE OWNERSHIP WITHIN SAN VICENTE COUNTRY VILLAS IV (THE "TIMESHARING DECLARATION") RECORDED SEPTEMBER 13,1977, AS INSTRUMENT NO. 77-374173 IN THE OFFICIAL RECORDS OF SAN DIEGO COUNTY, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANA-TION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS HEREBY GIVEN that all those certain interests in pieces or parcels of land located at 25385 Pappas Rd., Ramona, CA 92065, unit number, week, season and type as described in Exhibit "A," attached hereto and incorporated herein by this reference, will be sold at public auction at the San Diego Country Estates Timeshare Owners Association located at 25385 Pappas Rd., Ramona, CA 92065 on March 7, 2012, at 11:00 a.m., to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn on a state or federal savings and loan association, savings association, or savings bank specified in Financial Code section 5102 and authorized to do business in California. The sale will be made with out covenant or warranty regarding title, possession, or encumbrances, to satisfy the obligation secured by the Declaration Of Covenants, Conditions and Restrictions for Timeshare Ownership within San Vicente Country Villas iv (the
"Timesharing Declaration") recorded September 13, 1977 as Instrument No. 77-374173, for SAN DIEGO COUNTRY ESTATES TIMESHARE OWNERS ASSOCIATION, Official Records of San Diego County, California, in the amount described on Exhibit "A", which includes the total amount of unpaid balance of assessments and reasonably estimated costs, expenses, and advances at the time of initial publication of this notice. WHEREAS, San Diego Country Estates Timeshare Owners Association is granted under the Declaration Covenants, Conditions and Restrictions for Timeshare Owner-ship within San Vicente Country Villas iv (the "Timesharing Declaration") recorded September 13, 1977 as Instrument No. 77-374173, Official Records, San Diego County, California, a lien in its favor with the power of sale, to secure pay ment to San Diego Country Estates Timeshare Owners Association of any and all assessments owed pursuant to said Declaration; and WHEREAS, San Diego Country Estates Timeshare Owners Association caused to be recorded on January 7, 2011 as Instrument No. 2011-0014507, January 21, 2011 as Instrument No. 2011-0040160, April 21, 2011 as Instrument No. 2011-0 strument No 0209433 and July 7, 2011 as Instrument No 0344707 in the Office of the County Recorder of San Diego County, California, Official Records, a Notice of Delinquent Assessments and Claim of Lien for delinquent assessments encumbering portions of that certain real property situated in the County of San Diego, State of California, more par-ticularly described in said Notice of Delinquent Assessments; and WHEREAS, default has been made in the payment of assessments for which said Notice of Delinquent Assessment and Claim of Lien was given, and San Diego Co tates Timeshare Owners Association caused to be recorded on August 24, 2011 as Instrument No 2011-0437606, in the office of the County Recorder of San Diego County, California, Official Records, a Notice of Default and Election to Sell certain interests in real property situated in San Diego County, State of California, more particularly described in the Notice of Delanquent Assessments and the Notice of Default and Election to Sell. WHEREAS, San Diego Country Estates Timeshare Owners Association has made demand upon the undersigned, as trustee, that said trustee proceed to sell the land and premises hereinafter described. TOGETHER WITH improvements thereon and all and singular the tenements, hereditaments and appurtenances thereunto belonging or appertaining and the reversion and reversions, remainder and remainders, rents, issues and profits thereof. DATED this 6th day of February 2012. SAN DIEGO COUNTRY ESTATES TIMESHARE OWNERS ASSOC, a California non-profit corporation, By: Thomas Jay, Managing Agent at the direction and on behalf of the Board of Directors, 25385 Pappas Rd., Romona, CA 92065 Street Address, (714)-777-3700 Tele-

#### SAN DIEGO COUNTRY ESTATES-LEGAL DESCRIPTION

The land referred to herein is situated in the State of-California, County of-San Diego and is described as follows: PAR CEL A: An undivided 1/25th interest as tenant in common in and to the following Condominium as defined in the California Civil Code hereinafter described. A - 1:

An undivided 1/64th interest in and to Lot 4 of San Vicente Country Villas IV, in the County of San Diego, State of California, according to map thereof No. 8538, (Map 8538) filed in the Office of the County Recorder of San Diego County on April 13, 1977, as File/Page No. 77-135526. EXCEPTING THEREFROM an undivided half interest covering all coal oil, oil shale, gas, phosphate, sodium and other mineral deposits in said land, as reserved by C. Melvin Mc Cuen and Augusta Droge Mc Cuen, husband and wife in deed recorded May 23, 1955, in book 5651, page 525 of Official Records, San Diego County, as to that portion of the herein described land lying within that portion of the Rancho Canada De San Vicente y Mesa Del Padre Barona, lying within the southeast quarter of Section 33, all lying within all of Section 28, the northeast quarter of Section 33 and lying within all of Section 34 all in Township 13 south, range 2 east, San Bernardino Meridian, in the County of San Diego, State of California, according to Official Plat thereof of said Rancho No. 858, filed in the Office of County Recorder of San Diego County April 29, 1899, without the rights of surface entry above a depth of 500 feet as quitclaimed by Deed recorded January 31, 1974, as File/Page No. 74-026590. ALSO EXCEPTING all oil, gas, other hydrocarbon substances and minerals, including rights incidental to such ownership, now or at any time hereafter situated in and under the hereinafter described land and lying below a depth of 500 feet measured from the surface of said land, but without any right to enter upon the surface for extraction or removal of such oil, gas, other hydrocar-bon substances or minerals, and without any right to penetrate or to pass through the 500 foot space immediately below said surface for purposes of such extraction or removal as conveyed to Magnolia Land Company, a California corpora tion, by deeds recorded July 26, 1971 as File/Page Nos. 162681,162682, 162683, all of Official Records. ALSO EXCEPT-ING THEREFROM the following: All living units as shown on the Condominium Plan for Lot 4 of San Vicente Country. Villas IV recorded May 12, 1977 as file/page no. 77-181129 of Official Records of said county, ("the Condominium Plan"). A - 2: Living unit as shown on the attached Exhibit "A"and as shown upon the Condominium Plan. EXCEPTING FROM said Parcels A-1, and A-2, and reserving upon grantor its successors and assigns, (including all other "owners" (as defined in that certain Declaration of Covenants, Conditions and Restrictions for time sharing ownership within San Vicente Country Villas IV) the "Time Sharing Declaration") recorded September 13, 1977 file/page no. 77-374173) of Official Records of San Diego County). An exclusive right to use and occupy said Parcels A-1 and A-2 during all "use periods" and "service periods" (as defined in the Time Sharing Declaration) and such excess time ("excess time") as is used pursuant to the provisions of Section 6 of Article II of the Time Sharing Declaration other than the "use period" hereby conveyed to the grantee herein pursuant to the provision of Parcels D and E hereafter described and any excess time used by grantee. ALSO EXCEPTING FROM said Parcel A-1 and reserving unto grantor, its successors and assigns, all those certain easements referred to in Sections 1,2,3,4,6 and 7 of Article VII of the Declaration of Covenants, Conditions, and Restrictions, San Diego Country Estates recorded October 12, 1972 as file/page no. 72-274576, Official Records of said country, as amended by an instrument recorded June 7, 1977 as file/page no. 77-222680, Official Records of said country (the "Master Declaration") and all those certain easements referred to in Sections 1,2,3,4,6 and 7 of Article VII of the Declaration of Covenants, Conditions and Restrictions, San Diego Country Estates recorded October 12, 1972 as file/page no. 72-274576, Official Records of said county, as amended by an instrument recorded June 7, 1977 file/page no. 77 227680 Official Records of said county (the "Master Declaration") and all those certain easements referred to in Sections 2,3,4,5 and 6 of Article VII of the Declaration Establishing Covenants, Conditions, and Restrictions for Condominium Ownership of San Vicente Country Villas IV recorded April 26, 1977 file/page no. 77-155121 Official Records of said county, as amended by an instrument recorded June 6, 1977 as file/page no. 77-220411 of Official Records of said county and as further amended by an instrument recorded June 7, 1977 as file/page no. 77-222681 of Official records, of San Diego County (the "Villas IV Declaration") together with the right to grant said easement to others. PARCEL B: A non-exclu sive easement, during the season as shown on the attached Exhibit "A" and the "use period" hereby conveyed to the grantee and such excess time as is used by grantee pursuant to the provisions of Section 6 of Article II of the Timesharing Declaration appurtenant to Parcels A-1 and A-2, to use the recreational facilities presently or hereafter located on lots 2 and 3 of San Vicente Country Villas IV, filed in the office of the County Recorder of said County on April 13, 1977 at file/page No. 77-135526, together with the right of ingress thereto and egress therefrom. PARCEL C: A non-exclusive easement for the purposes specified and over the land described in Sections 1,2,3, and 5 of Article VII of the Villas IV Declaration as amended during the "use period" (as defined in the "Time Sharing Declaration") hereby conveyed to the grantee and during such excess time as is used by grantee pursuant to the provision of Section 6 Article II of the Time Sharing Declaration. PARCEL D: An exclusive right and easement to use and occupy one of the living units containing number of bedroom(s) as shown on the attached Exhibit "A" and as shown on said "Condominium Plan" and any additional condominiums as defined in the Time Sharing Declaration containing number of bedroom(s) as shown on the at tached Exhibit "A" which may be annexed as a Time Sharing Condominium in accordance with the provisions of Section I of Article II of said Time Sharing Declaration during the use period hereby conveyed to the grantee and during such excess time as is used by grantee pursuant to the provisions of Section 6 of Article of said "Time Sharing Declaration" Reserving unto grantor, its successors and assigns, exclusive right to use and occupy living units 1 to 4, inclusive, for sale and administration purposes pursuant to the provisions of Subparagraph (c) of Section 7 of Article III of the Time Sharing Declaration, and no rights or easement to use and occupy living units 1 to 4 inclusive, whereupon grantors rights to use and occupy that particular living unit for sales and administration purposes shall cease and grantee's right to use and occupy said living unit to the extent granted by Parcel D hereof shall henceforth be vested in grantee. PARCEL E: A non-exclusive easement to use and occupy Lot 4 of San Vicente Country Villas IV, in the Country of San Diego, State of California. According to map thereof No. 8538. Filed in the Office of the Country Recorder of San Diego Country April 13, 1977 as file/page no. 77-135526, during the use period (as defined in the Time Sharing Declaration) and during this excess time as is used by grantee pursuant to the provisions of Section 6 of Article II of the Time Sharing Declaration. EXCEPTING FROM said Parcel E the following: All living units as shown on the Condominium Plan for Lot 4 of San Vicente Country Villas IV, in the County of San Diego, State of California, recorded May 12, 1977 as File/Page No. 77-181129 of Official Records, of said county. APN:# as shown on Exhibit "A"

	4.000	Unit		Sec.	12111	OPIRES	Late	ADM.	Forci.	Bai.
Acct.No.	APN THE STATE OF		Name	Seas.	Type	fee. 11417a	Ghg.	Cost	Cost	Dwed 511118
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(MELLANCE)	289-811-6709	11	CASSION, GERALD P	1000	280904	3108.60	310.84	105.00	557.00	\$4,679,4
			21939 JRVING UN STEVENSON KANCH CA-HEBE							
(100401)	286-971-1525	11	PLOMEY, WYAIT & PRANCES	1000	TROUGH	2193.63	314.36	105.00	257.00	\$1,699.2
			IL PILLMALEY BLY TRUTTO IL 18/1998 GEORGE STEPANOF TITE.							
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SAMPLE TO	288-651-1524	15	PLUMERY, WYATT & FRANCES	HIGH	100856	2165.85	216.36	103.96	557.60	\$1,541,7
			A PLUMLEY BEY TREDTO DOBOTHS GEORGE STEPANOV THE							
			C/O-GEORGE STEPANOF 2021 ZOLA ST. SAN DREGO CA 90296							
(890) 3460	289-4/1-1205	12	HILL, CRAKLALAN	1000	IRONN	1876.94	195.00	165.00	562.00	\$2,777.4
			110s 25/D ST APT 866	ENCINE	35 CA 93	104				
executaci	286-671-3909	160	CAYTON JR, HENRY & CHERYL-HUN & WIFE	10000	зисим	10795.85	1629.79	178.00	557.00	\$11,540.40
			WAS REDFERN AVE	INCLEY	CODEA	RENEE				
00000111	269-871-2192	21	STATE WORLD LLC, A DELAWARE LLC	HIGH	SNOWM	7106.65	272.15	206.00	557.00	\$4,40.70
			THE VERLING DRAME	SHUGGOR	RE NO 31	379				
99012081	286-651-6612	40	POLLIN, ILAN	HIGH	200654	2514.36	231.42	165.00	542.00	\$3,272.0
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			LEDINGS ANNALON BLATE	648 AN	HILES CA	10001				
	200-011-0107	40	NABA, BICHARD & LOUBE L.	HIGH	SHOWN	2334.30	255.47	305.00	982.00	\$3,212.E
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			DAN FINALLE PO BOX 219			CA 92279				
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			MUS & WIFE 4364 MAIN ST JUPITER PL 33459					1	200	
99007532	286-671-2905	-	HEIM, ROBERT & DEBORAH	HIGH	200004	7110.45	310.44	365.00	557.00	\$4,070.0
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# Want "Top Dollar" For Your La Jolla Home?

Experts Say: Start planning for it 60 to 90 days before you sell. La Jolla (CA) - A recent interview with Jeffrey Middaugh of Coldwell Banker, revealed several helpful tips for anyone who is thinking of selling their La Jolla home.

"Most owners think their homes will sell quickly. Everyone thinks that their home is special and will bring top dollar fast. In fact a lot of all new listings that go on the market eventually expire with the home still unsold."

If you're going to sell your house in the next six months, there are some things you can do now that will help you get top dollar for your home when you do sell it.

There's a free report available that shows you the things that buyers most look for in a home, and how to make your house irresistible to buyers. You'll learn

- Why buyers love model homes and how to make your house show like one.
- A little-known designer's secret that could net you \$1,000 to \$5,000 more when you sell your home.
- How to sell your house in as little as 24 hours - without ever putting it "on the market."
- Three things you can do to get your house on a buyer's "must see" list.

Jeffrey has compiled a free report that he calls How to Sell Your House for Top Dollar - Fast! This report details several specific ways to prepare your house for sale and how to make your house irresistible to buyers. Jeffrey says the information in this report is the secret to his success in selling homes so quickly, and the reason he can guarantee to sell any house in

To get a copy of this free report, How to Sell Your House for Top Dollar - Fast! just call 888-611-8015, ext. 37 for a free 24 hour recorded message. Or order at www.LaJoliaFreeHomeReport.com There's no cost or obligation and your report will be mailed today!

less than 90 days.

#### continued from page 13

tain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority vill be granted unless an interested person files an obcourt should not grant the authority. 6. A hearing on the petition will be held in this court as follows: a.) Date: February 28, 2012 Time: 9:30 A.M. Dept: PC-1 b.) Address of court: SUPERIOR COURT OF CALI-FORNIA, COUNTY OF SAN DIEGO, 1409 Fourth Ave., San Diego A 92101 CENTRAL DIVISION PROBATE 7 If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. 8. If you are a creditor or a continuent creditor of the decedent you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from ing date noticed above. 9. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Attorney for Petitioner: EDWARD P. SCHLESIER, ESQ. ( 213989) 800 Silverado St. 2nd Floor, La Jolla, Ca 92037 Tel: 858-551-2440. ISSUE DATE(S): JAN 26 FEB 02 AND

STATE OF WISCONSIN CIRCUIT COURT OUTAGAMIE COUNTY Case No. 11-CV-1828 Code No. 30404 Foreclosure of Mortgage Dollar Amount Greater Than \$5,000,00 Honorable Michael W. Gage EVERBANK, 8100 Nations Way Jacksonville, Florida 32256; Plaintiff, vs TROY OCHOWICZ and TRINA OCHOWICZ, husband and wife, 800 Soith Timmers Lane Appleton WI 54914, Defendants. FORTY DAY SLIMMONS THE STATE OF WIS-CONSIN, TO: TROY OCHOWICZ and TRINA OCHOWICZ husband and wife 2912 Ingelow Street, Apt 6 San Diego, CA 92106-2367 You are hereby notified that the plaintiff named above has filed a lawsuit or other legal action against you. The complaint, which is also served upon you, states the nature and basis of the legal action. Within 40 days after Feberuary 2, 2012, you must respond with a written answer, as that term is used in Chapter 802 of the Wisconsin Statutes, to the complaint. The court may reject or disregard an answer that does not follow the requirements of the statutes. The answer must be sent or delivered to the court, whose address is: Clerk of Circuit Court Outagamie County Justice Center 320 South Walnut Street Appleton, WI 54911 and to O'Dess and Associates, S.C., Plaintiff's attorneys, whose address is: O'Dess and Associates, S.C. 1414 Underwood Avenue. Suite 403 Wauwatosa, Wisconsin 53213 You may have an attorney represent you. If you do not provide a proper answer within 40 days, the court may grant a judgment against you for the award money or other legal action to object to anything that is or may be incorrect in the complaint. A judgment may be enforced as provided by against any real estate you own now or in the future, and may also be enforced by a garnishment or seizure of property. O'DESS AND ASSOCIATES, S.C. Attorneys for Plaintiff By: M ABAGAIL O'DESS Bar Code No. 1017869 POST OFFICE ADDRESS: 1414 Underwood Avenue, Suite 403 Wauwatosa, WI 53213 (414) 727-1591 O'Dess and Associates, S.C., is attempting to collect a debt and any information obtained will be used for that purpose. If you eviously received a Chapter 7 Discharge in Bankruptcy this correspondence should not be construed as an attempt to collect a debt. ISSUE DATE(S): FEB 02. 09 AND

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012- THE NAME(S) OF BUSINESS: GOLDFINCH APARTMENTS located at: 4077 GOLDFINCH ST. SAN DIEGO, CA, 92103 is hereby registered by the followin owner(s): STEPHANIE EMME TRUSTEE OF THE : EMME FAMILYS TRUST DATED 03/29/1979 This business is beingconducted by: A TRUST The transaction of business ian on: 12/15/87 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 25, 2012 ISSUE DATE(S): FEB 02, 09, 16

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-002017 THE NAME(S) OF BUSINESS: MARK-SALOT located at: 9439-D CARLTON OAKS DR. SAN DIEGO, CA, 92071 is hereby registered by the following numer(s): MARK C. GILLES This business is beingcor ducted by: AN INDIMDUAL The transaction of business began on: 12/15/87 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 23, 2012 ISSUE DATE(S): FEB 02, 09, 16 AND 23, 2012

SUMMONS (CITACION JUDICIAL) NOTICE TO DE-FENDANT: (AVISO AL DEMANDADO) TYLER MET-CALFE and DOES 1-25; Inclusive YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE RYAN M. RANNALLI You have 30 CAL-ENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a conv served on the plaintiff. A letter or phone call. will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your remation at the California Courts online Self-Help Center (www.courtinfo.ca.gov selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing

fee, ask the court clerk for a fee waiver form. If you do not Diego County on: JAN 30, 2012 ISSUE DATE(S): FEB 02 file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov /selfhelp), or by contacting your local court or county bar waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entreque una copia al demandante. Una carta o una llamada tele fónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. puede encontra estos formularios de la corte y más informacion en el FICTITIOUS BUSINESS NAME STATEMENT FILE NO. Centro de Ayunda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leves de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presntacieón pida al secretario de la corte que le déo un frmulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero v bienes sin más advertencia. Hay otros requisitos legales Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de FICTITIOUS BUSINESS NAME STATEMENT FILE NO. remisión a aabogados. Si no puede a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos sin on i pos sin fines de lucro en el sitio web de California Legal

Services, (www.lawhelpcalifornia.org), en el Centro de Avuda de las Cortes de California.(w. courtinfo.ca.gov/selfhelp/espanol/), o poniéndose en contacto con la corte o el colegío de abogados locales. The name and address of the court is: (El nombre y di-NIA, COUNTY OF SAN DIEGO 325 S. MELROSE VISTA, CA.92081 North County Regional Center CASE NO: 37-2011-00056191-CU-PO-NC The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la direccieón v el número de teléfono del abogado del demandante, o del deman dante que no tiene abogado, es): Steven L. Victor, Esq. Law Office of Steven L. Victor 2305 India Street San Diego, CA. 92101 DATE: JULY 14, 2011 clerk , by C. Terriquez. Deputy ISSUE DATES: FEB 02, 09, 16 AND 23.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-002127 THE NAME(S) OF BUSINESS; PANCA PERUMAN ROTISSERIE located at: 1902 S. COAST HWY OCEANSIDE, CA. 92054 is hereby registered by the following owner(s): RMR FOOD SERVICES, INC. This business is beingconducted by: A CORPORATION RMR FOOD SERVICE, INC. 1902 S. COAST HWY OCEANSIDE, CA. 92054 CALIFORNIA The transaction of business began Ernest J. Dronenburg, Jr., Recorder / County Clerk of San FICTITIOUS BUSINESS NAME STATEMENT FILE NO. Diego County on: JAN 24, 2012 ISSUE DATE(S): FEB 02,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. TAGE HOME INSPECTION SERVICE located at: 1081 CAMINO DEL BIO SOUTH, STE 216 SAN DIEGO, CA. 92108 is hereby registered by the following owner(s): AHIS, INC. This business is beingconducted by: A COR-PORATION AHIS, INC. 1081 CAMINO DEL RIÓ SOUTH STE 216 SAN DIEGO, CA. 92108 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 24, 2012 ISSUE DATE(S): FEB 02, 09, 16 AND 23, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. RADIO FOUNDATION, ESTAMOS UNIDOS LATINO 30TH ST. SAN DIEGO, CA. 92104 is hereby registered by the following owner(s): JAMIE SCHLIAPNIK, JACQUELINE SCHLIAPNIK This business is beingconducted by: A GEN-ERAL PARTNERSHIP The transaction of business began STATEMENT OF ABANDONMENT OF USE OF FICTIon: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 30, 2011 ISSUE DATE(S): JAN 26 FEB 02, 09 AND 16, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-002134 THE NAME(S) OF BUSINESS: PROJ-ECTS575 located at: 4843 DEL MAR AVE. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): JENNIFER TURNER MINOTTI This business is beingcon ducted by: AN INDIVIDUAL The transaction of business began on: 10/01/11 The statement was filed with Ernest AND MAR 01, 2012 I Dronenhurg Ir Recorder / County Clerk of San Dieg County on: JAN 24, 2012 ISSUE DATE(S): FEB 02, 09, 16 AND 23, 2012

2012-002785 THE NAME(S) OF BUSINESS: HAIR BY JEANETTE located at: 3639 MIDWAY DR. SUITE A SAN DIEGO, CA. 92110 is hereby registered by the following owner(s): JEANETTE E. MATOS This business is beingconducted by: AN INDIVIDUAL The transaction of busi-Ernest J. Dronenburg, Jr., Recorder / County Clerk of San

09. 16 AND 23. 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-002865 THE NAME(S) OF BUSINESS: SELL PHONES AND REPAIRS located at: 1135 GARNET AVE following owner(s): ANTON CONCEPCION This business is beingconducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder County Clerk of San Diego County on: JAN 31, 2012

association NOTE: The court has a statuatory lien for FICTITIOUS BUSINESS NAME STATEMENT FILE NO. SAGES JUST FOR YOU, FOCUS FINISH AND FUN IO cated at: 5031 W. POINT LOMA BLVD. SAN DIEGO. CA 92107 is hereby registered by the following owner(s) QUINCY VIDAURI This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 01, 2012 ISSUE DATE(S): FEB 09, 16, 23

> 2012-003126 THE NAME(S) OF BUSINESS: LAB-TIMIZER located at: 1264 REED AVE. APT 4 SAN DIEGO CA 92109 is hereby registered by the following owner(s) ducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenbura. Jr., Recorder / County Clerk of San Diego County on: FEB 02, 2012 ISSUE DATE(S): FEB 09, 16, 23 AND MAR 01, 2012

2012-003165 THE NAME(S) OF BUSINESS: VALUE NEWPORT AVE. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): PHILLIP GORDON This business is beingconducted by: AN INDIVIDUAL The transaction of business began on: 01/01/12 The statenent was filed with Ernest J. Dronenburg, Jr., Recorder ISSUE DATE(S): FEB 09, 16, 23 AND MAR 01, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-002240 THE NAME(S) OF BUSINESS: POSH CUPCAKERY! located at: 1415 ORION DRIVE SAN DIEGO CA. 92126 is hereby registered by the following owner(s) MARY L. LECOMPTE This business is beingconducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr. Recorder / County Clerk of San Diego County on: JAN 25, 2012 ISSUE DATE(S): FEB 09, 16, 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-002873 THE NAME(S) OF BUSINESS: KNEAD A MASSAGE located at: 1860 BONUS DRIVE SAN DIEGO CA. 92110 is hereby registered by the following owner(s CHERRE BULLThis business is beingconducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 31, 2012 ISSUE DATE(S): FEB 09, 16, 23 AND MAR 01, 2012

2012-001047 THE NAME(S) OF BUSINESS: MACAQUE ENTERPRISES located at: 655 TOURMALINE ST. #5H SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): TIMOTHY E. HOMUTH This business is beingconducted by: AN INDIVIDUAL The transaction of business began on: 01/11/12 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 11, 2012 ISSUE DATE(S): FEB 09, 16, 23 AND MAR 01, 2012

2012-002716 THE NAME(S) OF BUSINESS: SD TRAVEL TOUR, SD TRAVEL AGENCY located at: 3136
MISSION BLVD. STE C SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): SD TRAVEL TOUR INC. This business is beingconducted by: A CORPORA-TION SD TRAVEL TOUR, INC. 3136 MISSION BLVD. STE 2011-035640 THE NAME(S) OF BUSINESS: EULA C SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: 01/30/2012 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 30, 2012 ISSUE DATE(S): FEB 09, 16, 23 AND MAR 01, 2012

> TIOUS BUSINESS NAME FILE NO: 2012-002713 (1) FICTITIOUS BUSINESS NAME(S): a. SD TRAVEL AGENCY b SD TRAVEL TOUR (2) LOCATED AT: 821 TOURMALINE ST. SAN DIEGO, CA. 92109 (3) THE FICTI IN SAN DIEGO COUNTY ON: 01/23/2010, and assigned File No. 2010-002157 (4) IS (ARE) ABANDONED BY THE FOLLOWING REGISTRANT(S): FERNANDO POLO 821 TOURMALINE ST. SAN DIEGO, CA. 92109 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 30, 2012 Issue date(s): FEB 09, 16, 23

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2012-001252 THE NAME(S) OF BUSINESS: DIRTY RACING & RODS located at: 11675 SORRENTO VALLEY RD STE F SAN DIEGO, CA. 92121 is hereby registered by the following owner(s): JOSHUA SMITH This business is beingconducted by: AN INDIMDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: JAN 13, 2012 ISSUE DATE(S): FEB 09, 16, 23 AND MAR 01, 2012

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To get you into the springtime garden tour mood, take a tour of my garden that was featured on the 2001 Secret Garden Tour at www.LindaMarrone.com



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