

LA JOLLA VILLAGE NEWS

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SAN DIEGO COMMUNITY NEWSPAPER GROUP

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Natasha Feldman, left, and business partner Julianna Strickland joined their love of food and film to create their web-based cooking show, "Cinema & Spice." Courtesy photo

Feasting on film and food

La Jolla High School grad cooks up zany fun in new web show

By MARIKO LAMB | VILLAGE NEWS

La Jolla High School graduate Natasha Feldman loves food. She also loves film, and it was the simple marriage of these two passions that led to the creation of a unique — and decidedly not simple — venture: a cooking show for movie buffs.

Feldman, 24, and her business partner, Julianna Strickland, 25, fused their talents to create "Cinema & Spice," a weekly web-based cooking show that teaches viewers how to make healthy recipes inspired by the duo's favorite films.

Everything about the episodes — from the

tablescapes, menus, cocktails, food presentation and over-the-top wacky wardrobes — is painstakingly planned, bursting with creativity and centered around the theme of the chosen film.

Examples of past creations include a New York deli-style menu inspired by "Annie Hall," recipes with a South-

western kick for "Raising Arizona" and high tea inspired by the film "The Importance of Being Earnest."

For the holidays, the "Cinema & Spice" hostesses even dressed as Whoville characters for a festive "Grinchmas"-themed feast, complete with green eggs and ham quiche, a Cindy Lou Who

cocktail, Who hash and applesauce, roast beast, Grinch beans and a "growing heart" cream pie.

The duo also hosts unique DIY craft tutorials to go along with the theme of the dinner party, teaching viewers everything from unique gift-

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Windemere Cottage: lost but not forgotten

Structure's history yields stories of La Jolla's past through first-hand accounts

Reflections

By Carol Olten

There is a timeworn expression that goes, "If only houses could talk."

Windemere, the historic 1894 cottage that was demolished last month at 1328 Virginia Way, obviously is no more. But it still can "talk" and tell the rich history of how it was designed and built. Through historians and researchers it can also relate the many stories of the people who lived under its gently sloping rooflines over nearly 120 years.

First, it would remember John and Agnes Kendall, a n'er-do-well British couple who wanted a place in the La Jolla sunshine in the late 19th century and commissioned its building inspired, in part, by William Morris and the Arts and Crafts Movement in England. Second, it would remember the young architect Irving Gill, a transplant to Southern California from New York, who sketched the overhangs, fenestrations and redwood board and

batten walls, keeping in mind how the house would relate to a mild coastal climate.

Third, it would recall a celebrity resident, the novelist Beatrice Harraden, who wrote some of her most popular prose as a houseguest of the first owners. But possibly what Windemere would talk most about is a young girl named Marnie Hutchinson whose childhood memories of growing up in the house remain among the most poignant recollections of what it's like to live within the envelop of a small town in a storybook cottage — or so it seemed to her in La Jolla reveries she wrote as the start of a book in 1976.

The book as Marnie planned hasn't been published, but the recollections are part of the La Jolla Historical Society's archival collection. In light of Windemere's recent demolition, they provide an enduring remembrance of a historic house and what it was like to a child as a home.

"Windemere was redwood," Marnie wrote. "It had a green front lawn with nightshade hedges on both sides and



An old photo of Windemere Cottage is superimposed on a photo of the lot where it used to stand. The house was demolished in December. Photos courtesy of the La Jolla Historical Society

right down the middle ... Stepping stones for hopping on all the way to the porch-pergola ... right to the door of Windemere, your house in La Jolla that could make you forget bad things that had happened away from La Jolla but were foggy now in your mind ... "

Marnie was the daughter of Marjorie and Joseph Hutchinson. Her father was one of the Early Bird aircraft pilots and her mother was active

in many social and cultural institutions in the community and was one of the founding members of the La Jolla Historical Society. The Hutchinsons lived in Windemere from 1929 to 1935, shortly after it had been moved from its original location on Prospect Street to Virginia Way. Marnie was a young girl growing up highly sensitive to village life and the air and the sea around her. Her room was the single

low-ceiling space that formed the second story — "One big room. It was mine. With two windows looking out on the street (from where you could watch the old vegetable man on his horse-drawn cart come down Virginia Way — and the ice cream man and the milk man and the chocolate man and the bread man in their trucks —

SEE **COTTAGE**, Page 6

Harvard Cookin' Girl offers serving of nutritional wisdom

By **MARIKO LAMB** | VILLAGE NEWS

After earning her MBA, Harvard Business School graduate Bibi Kasrai decided she wanted a change of pace. She was working as an executive for a nonprofit organization, but her real passion lied in teaching others how to cook healthy and delicious meals. So Kasrai did what many only dream of: she made use of her business skills, and embarked on starting her very own cooking school.

As with many ventures, the business saw humble beginnings. Kasrai started the business in her garage in 2008 with just a pushcart, cookware and quality ingredients.

She quickly became a lady in high demand, however, when she moved into schools as an after-school enrichment teacher in September 2009.

"The reception was amazing from kids, parents, teachers and principals alike," she said. "Then Nickelodeon chose my recipes as 'Best for Kids.' The kids were the catalysts to bring in parents. I signed the lease, my sponsors followed, and the rest is history."

The name of her business, now located in a state-of-the-art three-kitchen venue at 7441 Girard Ave., was originally Harvard Cookie Girl, a title that stemmed from a quip by a former business associate.

"The name was a tongue-in-cheek joke from a captain of industry in San Diego who knew me from my corporate background at Scripps and knew that I went to Harvard Business School, so when I delivered my healthy cookies to his wife, he came up with the name," she said. "The name stuck, even though



my business is healthy food from around the world, so I recently changed to 'cookin' girl.'"

In just over a year, her business skyrocketed to the top of the TripAdvisor and A-List charts due to her passion for food and teaching, use of healthy ingredients and her ability to create fun-filled, interactive classes that teach participants more than just how to make a delicious meal.

Throughout her children's classes and camps, Kasrai includes a spoonful of education about measurement, reading and following recipes, the science of baking, the importance of sanitation and hygiene, and tips about nutritional ingredients, along with healthy eating habits to engage children in the learning process while also having fun.

Adult classes and corporate parties



Bibi Kasrai, the "Harvard Cookin' Girl," started her La Jolla business because she wanted to teach others how to cook healthy, delicious meals. Photo at left by Mariko Lamb

are also an educational experience, with the opportunity to learn recipes and ingredients from cultures across the globe, from Moroccan to Malaysian, Japanese to Greek and everything in between. Harvard Cookin' Girl even takes one class on a gastronomic journey through the spice trade route, explaining how cross-cultural dishes landed in countries across the globe.

"I do not have traditional chef training, even though my sous chefs are all Cordon Bleu [trained] and above," she said. "However, I have been blessed with the best grandma in the world of cooking, and I have traveled the world and learned from the best chefs how to make the local specialty even more special."

Iranian-born Kasrai specializes in Persian cuisine, although she is also proficient in teaching Ayurvedic, vegan and raw recipes, or can customize class options to fit the tastes of her party at

hand.

Harvard Cookin' Girl's kitchen contains a sophisticated setup of top-of-the-line equipment, including SeiMatic, Sub-Zero, Thermador and Electrolux, yet the atmosphere is casual and comfortable, "as if you were going to your girlfriend's house to learn to make something good," she said.

Corporate parties and team-building events are popular occasions at the school as a fun way to get to know co-workers and colleagues, celebrate company milestones or holidays or wine, dine and entertain top clients.

Although she has been told to move closer to entertainment capitals like Los Angeles or forward-thinking centers like New York or San Francisco, "La Jolla is home," she said.

"I believe in community," she said. "So far, my community has supported

SEE **HARVARD**, Page 9

Take a bite out of the new year with Restaurant Week

San Diegans might want to put that New Year's resolution diet on hold for another week or two, as San Diego Restaurant Week rings in the new year with great deals on two-course prix-fixe lunch options for \$10, \$15 or \$20 and three-course prix-fixe dinner deals for \$20, \$30 or \$40 from Jan. 15 to 20 at participating restaurants across the county.

The biannual weeklong event offers discounted prices on cuisine options from around the world without having to leave the comfort of your own backyard — whether that be the beach communities or downtown, North County or South County — San Diego Restaurant Week offers culinary delights to cater to any palate.

Here's a taste of some of the options around La Jolla:

• **Cafe Japengo**, 8960 University Center Lane, (858) 450-3355, www.cafejapengo.com, \$40 dinner

• **La Jolla Strip Club**, 4282 Esplanade Ct., (858) 450-1400, www.cohnrestaurants.com, \$15 lunch, \$30 dinner

• **Marine Room**, 2000 Spindrift Drive, (858) 459-7222, www.marineroom.com, \$40 dinner,

• **Shores Restaurant**, 8110 Camino Del Orro, (858) 456-0600, www.shoresrestaurant.com, \$30 dinner

• **Tapenade Restaurant**, 7612 Fay Ave., (858) 551-7500 x101, www.tapenaderestaurant.com, \$40 dinner

• **The Melting Pot**, 8980 University Center Lane, (858) 638-1700, www.meltingpot.com, \$30 dinner

No tickets or passes are required to take advantage of the deals.

For a complete list of participating restaurants, visit www.sandiegorestaurantweek.com.

— Mariko Lamb



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University City Centurions run over Patriots, tame White Tigers

By ROB STONE | VILLAGE NEWS

The University City High School (UCHS) Centurions defeated the Patrick Henry Patriots 6-1 in a non-league men's soccer contest at Hickman Field last week.

UC was paced by the performances of senior forward-midfielder Travis Nicklaw (two goals), senior forward-midfielder Spencer Williams (one goal), junior midfielder-defender Martin Cisneros (one goal), junior forward-midfielder Martin Castillo (one goal) and junior midfielder Jeremy Tran (one goal).

On Jan. 6, the Centurions were led by Nicklaw (one goal), Cisneros (one goal), Castillo (one goal) and junior midfielder-defender Christian Gonzalez (one goal) as they defeated the Escondido Charter White Tigers 4-1 in a non-league game also played at Hickman Field.

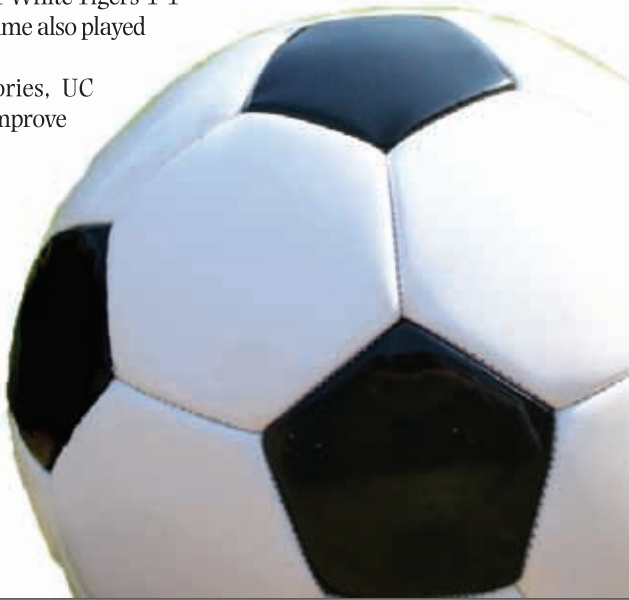
With the victories, UC saw their record improve to 10-0.

In other men's non-league action, the La Jolla Vikings suffered a tough 3-1 loss to the Coronado Islanders at Coronado High School.

With the defeat, La Jolla saw their record fall to 5-2-2.

BOYS' HIGH SCHOOL SOCCER

- La Jolla Country Day Torreyes 0, at Escondido Charter White Tigers 0
Shutout: Jon Levine
 - Mission Bay Buccaneers 2, at La Jolla Vikings 2
 - Hilltop Lancers 2, at The Bishop's School Knights 1
- ## GIRLS' HIGH SCHOOL SOCCER
- La Jolla Lady Vikings 2, Our Lady of Peace Pilots 0
 - La Jolla goals: Rachel Carroll, Lillian Rafetto
 - Combined shutout: Gabby Dubick, Jordan Linsky
 - Coronado Lady Islanders 1, at La Jolla Country Day Lady Torreyes 1
 - Poway Lady Titans 2, at The Bishop's School Lady Knights 0



Westhem sisters help Vikings sting Hornets, scalp Chieftans

By ROB STONE | VILLAGE NEWS

Paced by the performances of sister team Ashley and Sierra Westhem, the La Jolla Lady Viking basketball team defeated the Lincoln Lady Hornets 61-25 in a girls' Western League contest at La Jolla High School (LJHS) last week.

Five-foot-eight senior guard Ashley Westhem led the Lady Vikings with 22 points.

Meanwhile, 5-foot-11 sophomore forward Sierra Westhem had 11 points and a game-high 10 rebounds.

Five-foot-six sophomore guard Sophia Sowers also added 11 points of her own for LJHS.



On Jan. 6, the Lady Vikings were led by Ashley Westhem (11 points) as they defeated the Clairemont Lady Chieftans 27-11 in a non-league contest also held in La Jolla.

With the victories, LJHS saw their record improve to 7-7 overall and 1-0 in the Western League.

In other girls' high school action, the La Jolla Country Day (LJCD) Lady Torreyes defeated the St. Mary's Rams from Stockton, 71-52, in a non-league game at LJCD.

The Lady Torreyes (13-1) were led by 5-foot-10 senior forward Maya Hood (24 points, seven rebounds), 5-foot-9 junior guard Kelsey Plum (17 points, 10 assists) and 5-foot-10

senior forward Malina Hood (16 points, 11 rebounds).

Behind the play of Maya Hood (29 points, eight assists) and Malina Hood (11 points), LJCD defeated the Monte Vista Lady Monarchs 82-26 in another non-league contest, this time at Monte Vista High School.

Five-foot-four junior guard Brianne Yasukochi (10 points) followed the Hood sisters in the scoring column for LJCD.

GIRLS' HIGH SCHOOL BASKETBALL

- Serra Lady Conquistadors 63, at The Bishop's School Lady Knights 57
- Mission Bay Lady Buccaneers 63, at University City Lady Centurions 22

BOYS' HIGH SCHOOL BASKETBALL

- In boys' high school action, the UC Centurions suffered a tough 65-43 defeat to the Mission Bay Buccaneers in a Western League game at University City High School.

The Centurions were led by the play of 6-foot senior guard Kyle Holder (21 points) and 6-foot-4 junior Devonte Pritchett (11 rebounds).

With the loss, UC saw their record fall to 7-7 overall and 0-1 in the Western League.

- The Bishop's School Knights 51, The Rock Academy Warriors 40
- Lincoln Hornets 82, La Jolla Vikings 45

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COOKING CLASS

Wednesday, February 8, at 6 p.m. \$75 per person.
Join Executive Chef Bernard Guillas and Chef de Cuisine Ron Oliver for an exciting cooking class followed by a three-course dinner with wine pairings.

VALENTINE'S GETAWAY

Continue the romance with an exclusive Valentine's room package from the La Jolla Beach & Tennis Club. Enjoy oceanfront accommodations, a bottle of bubbly delivered to your room, an extraordinary dinner for two at The Marine Room on February 14, and more. Visit LJBTC.com/SpecialOffers for more information.

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Nightly in February.* \$60 per person, \$75 with wines. Celebrate love all month long with a special three-course menu featuring Pistachio Butter Basted Lobster Tail and Center Cut Black Angus Filet Mignon.

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Tuesday, February 14, from 5 to 10 p.m. \$125 per person. Indulge in a truly decadent four-course dinner featuring Agrumes Dill Pollen Scented Lobster Tail, Coffee Wattleseed Dusted Pheasant, Sea Salt Crispy Skin Red Snapper, and much more.

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LJHS wrestling starts off right

Led by seniors Peter Donchev and Benji Abromowitz, the La Jolla High School wrestling team placed fourth at the Monte Vista Invitational Tournament on Jan. 7. Erik Gomez, returning after seven weeks off due to a broken hand, won the tournament at 182 pounds. Freshman Everett Roach, 106 pounds, placed sixth, Harry Wilson placed fifth at 138 pounds, Timmy

Cundiff placed second at 152, Matt Vasquez placed second at 160 and Abromowitz placed fourth at 170.

"This was [Gomez'] first competition back and he tore through the competition," said coach Ryan Lennard.

The team's season started mid-November and runs through the first week of March. The next tournament will be at Laguna Hills High School in Orange County on Jan. 21.

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BOULEVARD
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Athenaeum jazz series kicks off Jan. 13

By BART MENDOZA | VILLAGE NEWS

There are many fine music venues in San Diego, but nothing compares to the Athenaeum Music & Arts Library. The Athenaeum in its present location opened to the public in 1921, but its roots go back to 1899, making this one of the longest-running musical institutions in the country. The location is a treasure trove of books, CDs and DVDs all related to music, one of only 16 membership libraries in the U.S. today. However, for music aficionados, the highlight of the library is its live music performances, which offer the chance to take in classical, jazz, chamber and new music.

On consecutive Fridays, Jan. 13, 20, 26 and Feb. 2, the 160-seat venue will host a special concert series, Jazz at the Athenaeum Winter 2012. Trio Pilc/Moutin/Hoenig, featuring Jean-Michel Pilc on piano, Francois Moutin on bass and Ari Hoenig on drums will kick off the series on Jan. 13. Jan. 20 will feature Los Angeles vocalist Gretchen Parlato, performing with Taylor Eigsti on piano, Alan Hampton on bass and guitar, and Mark Guiliana on drums. Then, on Jan. 26 music fans can catch a set from the NYC-based Jonathan Kreisberg Quartet, featuring Kreisberg on guitar, Will Vinson on saxophone, Joe Martin on bass and Mark Ferber on drums. Finally, Feb. 2 will see Trio M, a collective band co-lead by pianist Myra Melford, bassist Mark Dresser and drummer Matt Wilson. The performance marks a return to the venue where Trio M made its debut in 2006.

The Athenaeum promotes 17 jazz performances a year, including shows at venues like its University Heights studio and the Neurosciences Institute. Speaking from New York, where he is scouting

new artists for future music concerts, Athenaeum jazz program coordinator Dan Atkinson said there are practical reasons for which groups play which series or location.

"There are some physical constraints that come into play," he said. "One of them being that the [University Heights] studio doesn't have a piano. So, unless I can make the dollars work out, I have to find groups that don't require us to rent a piano for that space," he said.

He also said new airport security measures have meant having to provide more equipment than in past decades.

"Now, typically we provide acoustic basses on our end because no one can put them on an airplane anymore," Atkinson said.

There are several venues around town that offer jazz, but according to Atkinson, there's a difference with the Athenaeum.

"There aren't a lot of options for national acts at the moment," he said. "Really small ensembles of the kind that are on this series [have] almost a kind of a niche that I don't think anyone else really fills right now."

The music offered can also be more adventurous than other nightspots, he said.

"I think we take the style of the music further afield than other venues do, in the sense that Trio M, for example, is fairly avant-garde," he said.

Trio M is the only local combo in this series of performances, though in the past area artists have been featured more heavily. Atkinson said local performers play an important part of the overall programming.

"That's been something that we've included as an element of the series from the beginning," he said. "In fact, it began with nothing but local artists and then



Trio M, the only local group to be performing at the Athenaeum winter jazz series, made its debut at the music and arts library in 2006. Courtesy photo by Cory Warner

grew into a greater emphasis on national touring artists."

Asked about his favorite aspect of the Athenaeum, Atkinson doesn't hesitate.

"It's a combination of intimacy and good sound," he said. "[I've] just been at some venues here in New York City where the music is great, but the sound is terrible. I get very frustrated by that now because it's something that I put a lot of effort into, trying to really give the artist the best possible conditions to play, all the way down to the fact that the Athenaeum has one of the best pianos on the planet. At this venue, people can really hear the music the way it should be heard."

Jazz at the Athenaeum: Fridays, Jan. 13, 20, 26, Feb. 2, at **The Athenaeum Music & Arts Library**, 1008 Wall St., 7:30 p.m. All ages. \$21 members, \$26 nonmembers. www.ljathenaeum.org

CIVICreport LJCPA, Jan. 5

By KENDRA HARTMANN | VILLAGE NEWS

CUTTING COUNCIL RED TAPE

District 1 City Councilwoman Sherri Lightner attended the La Jolla Community Planning Association meeting to provide details of a new City Council committee dedicated to improving the city's economy by cutting red tape and streamlining city processes. Called the Committee on Economic Development and Strategies and headed by Lightner, the committee emerged out of the City Council-hosted Regulatory Relief Day, held in November, during which members of the community were invited to give input on how the council could work more effectively.

Lightner said the project is something she has been advocating for before she even served on the City Council.

"Having such a committee is something that is very important — probably the most important thing for the city of San Diego," she said. "It will be instrumental in crafting a long-term vision for San Diego's economy, as well as looking for ways to cut red tape, making it easier for businesses to get started and grow."

Lightner said the committee's primary focus would be on pensions and local growth.

Lightner also gave an update on the Torrey Pines Corridor Project. She noted the recent installation of two electronic speed-warning signs along Torrey Pines Road (at Amalfi Street traveling east and at Viking Way traveling west).

"I just about drove off the road when I saw them," Lightner said of her reaction to finally seeing the long-

awaited signs.

She said the signs will be operational within the next couple of weeks.

NAEGLE RATIFIED — AMID OPPOSITION

The LJCPA voted to ratify Myrna Naegle as a member of the La Jolla Shores Permit Review Committee.

Resident Bob Whitney, who was in the audience, voiced his opposition to the ratification.

"The [Naegle residence] is in violation of the San Diego municipal code," Whitney said. "I think as somebody that's going to judge applicants that come in front of them, their building should be in compliance with the rules that they're trying to make other people enforce."

Naegle was already voted in as a member of the committee, and her appointment to it stands. The purpose of the LJCPA's ratification, as trustee Joe LaCava pointed out, is to bring members of various community committees under the umbrella of the LJCPA, thereby covering them under indemnification and defense.

MERTEN URGES PUBLIC OUTCRY

Trustee Phil Merten appealed to trustees and the public alike to attend a Planning Commission meeting on Jan. 24 at 2 p.m. to voice concern over a project at 8490 Whale Watch Way. The project, which Merten called "potentially precedent-setting," calls for the demolition of the existing structure and the construction of a 12,716-square-foot single-family residence on a 0.46-acre site.

SEE LJCPA, Page 9

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LETTER TO THE EDITOR

Preservation of history would require an independent La Jolla

In response to the guest commentary written by John Bolthouse about the demolition of the Windemere Cottage ("Razing of Windemere Cottage a catastrophic loss of community's heritage," Jan. 5, Page 6), I agree. We as a community must stand up and say to the city of San Diego, "I am mad as hell and I am not going to take it any more."

I have watched for years the destruction, with great sadness, of the history of La Jolla. The city will never care about historic preservation — it makes no money for them — but we as a community can do something.

We can become our own city — which should, at the most, cost \$2 mil-

lion — and after three years we will recoup that. We will no longer have to respond to what the city has to say. We will be free, like all great cities!

This is not a pipe dream. It is only a matter of money and action. All else is in place, and we have permission to [secede] if we are willing to go through the process. I know someone is out there who wants to be the founder of the city of La Jolla. [All we need is] money to save us and our history and all we love about La Jolla.

If we wait much longer, we may not have much left. We have the ability and chance to create our own destiny, and we owe it to the Jewel. It is possible. To learn more about how it can be done, visit independentlajolla.org.

Melinda Merryweather
La Jolla

EVENTS, JAN. 12-19

Ooh La La Dance Academy will host "A Day of Dance & Wellness" on Jan. 14 from 10 a.m. to 4 p.m. at "Salsa Susie" Nguyen's new dance studio, 7467 Cuvier St.

For \$15, participants can take advantage of a full day of dance, with any of 12 class offerings, including hip hop, Zumba, ballet, salsa, jazz, tango, burlesque, yoga/Pilates, bachata, hula and Tahitian. Classes run for 45 minutes and are offered for all ability levels, including a kid's hula class at 10 a.m.

A free, 10-minute deep-tissue massage is included in the price and will be administered on a first-come, first-serve basis. Nguyen advises participants to arrive at least 15 minutes before each class to register and take advantage of the massage offer. For more information, call (858) 456-4500 or visit www.oohlaladanceacademy.com.

**THURSDAY, Jan. 12**

• **La Jolla Town Council meeting**, 5 p.m., La Jolla Recreation Center, 615 Prospect St., (858) 454-1444, www.lajollatowncouncil.org, free

• **"De Profundis,"** 8 p.m., Conrad Prebys Music Center, 9500 Gilman Drive, (858) 534-3230, musicweb.ucsd.edu, \$15.50

• **Weight Watchers healthy cooking class**, 6 p.m., The Riford Center, 6811 La Jolla Blvd., RSVP requested, (858) 459-0831, www.rifordcenter.org, \$40 members, \$45 nonmembers

• **Salsa lessons**, 7 p.m., Miami Grille, 4545 La Jolla Village Drive, (858) 552-0668, www.miamigrille.com, \$10

• **Pen to Paper weekly writing work-**

The Riford Center, 6811 La Jolla Blvd., will host "Jazz in the Jewel" on Jan. 14 from 5:30 to 9 p.m. The evening will feature artwork on sale by artists from the Allied Artist Association of San Diego, as well as wine, hors d'oeuvres, music and a chance to mingle with the local artists and musicians. Items for sale include paintings, drawings, jewelry and sculptures, and artists will conduct live demonstrations. Highly acclaimed music composer, arranger and performer Alan Zundelevich will lead the musical entertainment. The jazz and art soiree is \$20 for members and \$25 for nonmembers. For more information, visit www.rifordcenter.org or call (858) 459-0831.

MUST GO

shop, noon, La Jolla Library, 7555 Draper Ave., (858) 412-6351, www.lajolla-library.org, free

FRIDAY, Jan. 13

• **Pilc/Moutin/Hoenig trio**, 7:30 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, www.ljathenaeum.org, \$21 members, \$26 nonmembers

• **All-Liszt concert**, 8 p.m., MCASD, 700 Prospect St., (858) 459-3728, www.mcasd.org, \$25-\$75

• **"Trouble in the Wind and the Wheeler Brothers,"** 8 p.m., The Loft, 9500 Gilman Drive, raw country/rock five-piece act, (858) 534-8497, www.artpwr.com, \$5

SATURDAY, Jan. 14

• **"Bach Cello Suites,"** 8 p.m., The Neurosciences Institute, 10640 John Jay Hopkins Drive, (619) 291-8246, www.sdm.org, \$10-\$22

• **Anusara Yoga Immersion**, 11:30 a.m. to 8 p.m., La Jolla Yoga Center, 7714 Fay Ave., two-part course runs through Jan. 15, (858) 456-2412, www.lajollayogacenter.com, \$650 for the two-day immersion course of \$1,950 for three weekend immersions throughout the year.

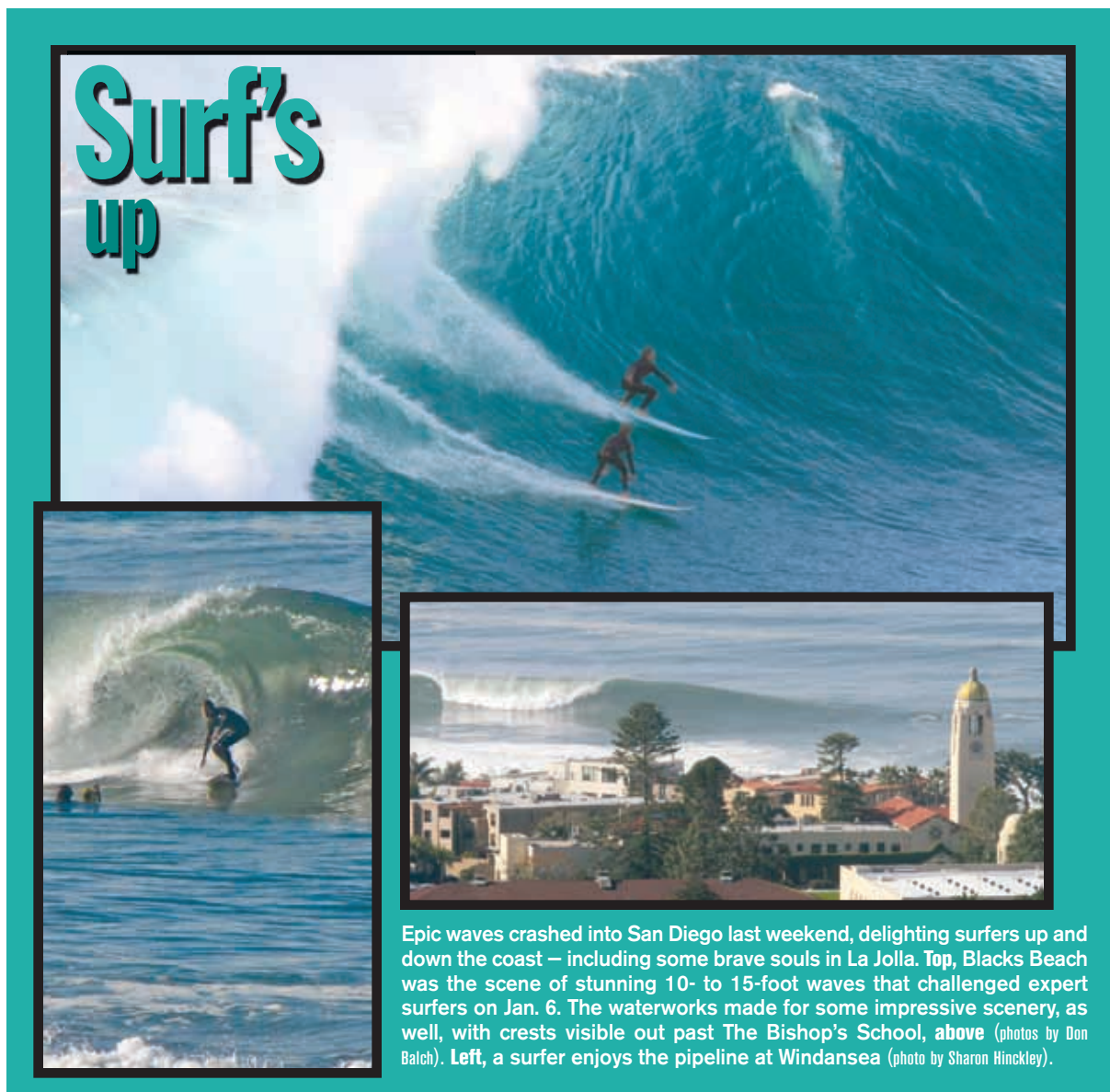
• **Guided walking tour of historic La Jolla**, 10 a.m., Wisteria Cottage, 780 Prospect St., RSVP required, (858) 480-6424, \$10, children 12 and under free

• **La Jolla WalkSanDiego**, 9 a.m., corner of La Jolla Boulevard and Prospect Street, the first of several walks uncovering the history of La Jolla, (619) 544-9255, dsc@sandag.org, free for WalkSanDiego members, suggested \$5 donation for nonmembers

• **"Orpheus Speaks,"** 7:30 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, writeoutloudsd.com, \$12 members, \$17 nonmembers

• **Judy Gold**, 8 p.m., David and Dorothea Garfield Theatre, 4126 Execu-

SEE EVENTS, Page 12



Epic waves crashed into San Diego last weekend, delighting surfers up and down the coast — including some brave souls in La Jolla. **Top**, Blacks Beach was the scene of stunning 10- to 15-foot waves that challenged expert surfers on Jan. 6. The waterworks made for some impressive scenery, as well, with crests visible out past The Bishop's School, **above** (photos by Don Balch). **Left**, a surfer enjoys the pipeline at Windansea (photo by Sharon Hinckley).

COTTAGE

CONTINUED FROM Page 1

and all the people you knew in their cars and the neighbor children you got to know)."

Marnie recalled her mother pounding abalone for dinner in Windemere's kitchen and playing music from World War I on the upright piano in the living room. She remembered the smell of her father's polished-leather flying boots on the doorstep and the fireplace that "kept people warm and didn't make a fuss about it." She recognized the beauty of Windemere as "very old. It was in La Jolla when Anna Held was there and those few artists and other wise people who first came to La Jolla, who painted and wrote and meditated and felt the sweet, salty wet air in their souls and on their skins."

Windemere: 1894-2011. Thank you Marnie for remembering how Windemere was home.

— Carol Olten is the historian of the La Jolla Historical Society



Windemere Cottage in 1910.

Photo courtesy of the La Jolla Historical Society



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Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

OPINIONS

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Scott White brings contemporary art close to home

By MARIKO LAMB | VILLAGE NEWS

After spending a decade in Little Italy, Scott White Contemporary Art has relocated to 7655 Girard Ave. — enhancing part of the design corridor that serves as a hub for everything art in La Jolla.

“We moved back to La Jolla to rejoin and enhance the emerging art community here. We love our proximity to the [Museum of Contemporary Art] and other like-minded art galleries, design shops, interior designers and retailers,” said White. “Also, many of our locally based collectors live in La Jolla, and the move makes us a more convenient destination for our San Diego clientele.”

The conveniently located 3,000-square-foot facility possesses a progressive, modern layout and street presence similar to galleries on the streets of New York’s Chelsea art community, but within closer reach of La Jolla collectors. At the same time, White maintained the original 1950s sensibility of



Stephanie Schneider’s “Boy Running” and “White Trash Beautiful,” below left, are part of “Stranger Than Paradise,” a collection of Schneider’s photographs hand-picked by gallery owner Scott White.

the building itself with complementary materials, finishes and furnishings. Inside the high-ceilinged facility, White will bring a slew of internationally renowned contemporary fine artists right to La Jolla’s doorstep.

“Scott White Contemporary Art presents a consistent roster of shows featuring artists that are internationally known,” he said. “Scott White opens shows and represents artists that will shine national attention on San Diego’s art scene as a destination to find contemporary fine art beyond the local landscape.”

The gallery represents some of the world’s most renowned contemporary fine artists like Ross Bleckner, De Wain Valentine, William Glen Crooks, Tony Oursler, Andy Warhol and Roy Lichtenstein — many of whom have been featured in internationally-renowned institutions like The Guggenheim, The Getty, The Tate Modern and MOMA.

White has developed private and public collections for more than two decades. His expertise is reflected in his gallery’s exhibits, which feature a

unique selection of contemporary painters, sculptors, photographers and mixed media artists from around the world.

On Jan. 14, the La Jolla gallery will unveil its second exhibition “Stranger Than Paradise” — a collection of distinctive washed-out, retro-style photographs by internationally acclaimed German photographer Stefanie Schneider, which were handpicked by White himself.

The opening reception of Schneider’s first solo show in San Diego will take place from 6 to 8 p.m., and the exhibit will run until Feb. 25. The debut will coincide with exhibits at neighboring galleries to create a community art walk for collectors and aficionados in greater San Diego and Southern California.

White and his team offer a full range of art advisory and curatorial services. The gallery is open Tuesdays through Fridays from 9 a.m. to 5 p.m. and Saturdays from 11 a.m. to 5 p.m. For more information, call (858) 255-8574 or visit www.scottwhiteart.com.

ARTS *roundup*

La Jolla businesses will showcase a range of artistic styles from artists near and far with gallery openings, artist receptions and open houses in several gallery locations on Jan. 14, culminating in an art walk through the village.



Peter Halasz’ “Tompkins Gate” at R. B. Stevenson Gallery

• **R.B. Stevenson Gallery** will highlight the works of Peter Halasz in his newest collection of paintings titled “Love Songs and Incantations” from 5 to 8 p.m. Halasz’s works will be on display at the gallery, located at 7661 Girard Ave, Ste. 201 until Feb. 18. For information, call (858) 459-3917 or visit www.rbstevensongallery.com.

• **Thumbprint Gallery**, located at 920 Kline St. Ste. 104, will hold an opening reception for “Works of Wisdom” — an exhibition presenting an eclectic mix of artists using famous quotes as inspiration for their work — from 5 to 10 p.m. The exhibition will feature pieces from the San Diego-born Mike Maxwell, Escondido-based Kelly Vivanco, New York painter Cayetano Valenzuela and more. For information, call (858) 354-6294 or visit www.thumbprintgalleriesd.com.

• **Quint Contemporary Art**, located at 7547 Girard Ave., will hold an

opening reception for a show of paintings, sculptures, photographs, video and mixed-media works by a multitude of artists in “Dissecting Nature” — a group exhibition highlighting the simple beauty of Mother Nature’s natural elements — from 6 to 8 p.m. For information, call (858) 454-3409 or visit www.quintgallery.com.

• **Joseph Bellows Gallery** will launch “George Brown’s Bar” — a collection of John Banasiak’s photographs all taken in 1970 and 1971 at a neighborhood tavern in suburban Chicago — from 5 to 8 p.m. Joseph Bellows Gallery is located at 7661 Girard Ave. For information, call (858) 456-5620 or visit www.josephbellows.com.



Erik Skoldberg’s work at Alexander Salazar Conetemporary Art

• **Salazar Contemporary Art Exhibits La Jolla** will hold its grand opening and artist reception from 6 to 9 p.m. at its new location on 1162 Prospect St. The event will include a chance to meet featured artists Erik Skoldberg and Kevin Barrett, as well as owner Alexander Salazar. Musical entertainment will be provided by harpist Sonia Marie Olivas as guests peruse Salazar’s newest gallery location. For information, call (858) 551-8453 or visit www.alexandersalazarfineart.com.



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JOANNA LOUGHRAN

MARK CALDWELL

MONIQUE GUZMAN

RACHEL KANTER

WILFREDO RODRIGUEZ

KALENA POULSEN

KRIS BABAO

DANCE CLASS SCHEDULE

MONDAY
 4:30PM KIDS | JAZZ (7-12yrs) **BONNIE DELBRIDGE**
 5:30PM KIDS | SHOW & CHARACTER (7-12yrs) **BONNIE DELBRIDGE**
 5:30PM BALLROOM (RUMBA, FOXTROT, SAMBA, WALTZ, ETC) | ALL LEVELS **SHANNA TIMMS**
 6:30PM ZUMBA | ALL LEVELS **BONNIE DELBRIDGE**
 6:30PM LATIN BURLESQUE | BEGINNER **SUSIE NGUYEN**
 7:30PM TECHNIQUE & TURNS JAZZ | BEGINNER-INTERMEDIATE **BONNIE DELBRIDGE**
 7:30PM CAPOERIA | ALL LEVELS **PAULO BATUTA**
 7:30PM SALSA (4 WEEK PROGRESSIVE) | ALL LEVELS* **KRIS BABAO**
 8:30PM CONTEMPORARY | ALL LEVELS **DOMINIQUE EARLY**
 8:30PM BELLY DANCING | BEGINNER **RANEE MAHARANEE**
 9:30PM SALSA | HOT TAMALES SEMI-PRO REHEARSAL **SUSIE NGUYEN**

TUESDAY
 10AM LATIN CARDIO **WILFREDO RODRIGUEZ**
 11AM FOAM ROLLING & FLEXIBILITY **SUSIE NGUYEN**
 4:15PM KIDS | BALLROOM (7-12yrs) | INDEPENDENT CLASS \$10 **SHANNA TIMMS**
 4:30PM KIDS | CHA CHA CHA (7-12yrs) **SUSIE NGUYEN**
 5:30PM SALSA | FLAMENCO (7-12yrs) **MONIQUE GUZMAN**
 6:30PM FLAMENCO | BEGINNER-INTERMEDIATE **MONIQUE GUZMAN**
 6:30PM WEST COAST SWING | BEGINNER **SHANNA TIMMS**
 7:30PM ARGENTINE TANGO | BEGINNER-INTERMEDIATE **MONIQUE GUZMAN**
 7:30PM AFRO-CUBAN & MODERN | ALL LEVELS **WILFREDO RODRIGUEZ**
 8:30PM SAMBA | ALL LEVELS **MONIQUE GUZMAN**

WEDNESDAY
 10AM LADIES SALSA STYLING **SUSIE NGUYEN**
 11AM SPICE UP YOUR LIFE BURLESQUE | ABSOLUTE BEGINNER **SUSIE NGUYEN**
 1:30PM KIDS | SALSA (7-12yrs) **SUSIE NGUYEN**
 3:30PM PRESCHOOL | SALSA (4-6yrs) **SUSIE NGUYEN**
 4:15PM PRESCHOOL | CREATIVE DANCE BALLET (3-6yrs) **BONNIE DELBRIDGE**
 4:30PM PRETEEN | SALSA (9-13yrs) **SUSIE NGUYEN**
 5:30PM KIDS | HIP HOP (7-12yrs) **KRIS BABAO**
 6:30PM HIP HOP | BEGINNER-INTERMEDIATE **KRIS BABAO**
 7:30PM BURLESQUE | BEGINNER-INTERMEDIATE **KALENA POULSEN**
 7:30PM CASINO RUEDA | ALL LEVELS **WILFREDO RODRIGUEZ**
 8:30PM SALSA (1.5 HOURS) | INTERMEDIATE **SUSIE NGUYEN**

THURSDAY
 10AM LATIN CARDIO **WILFREDO RODRIGUEZ**
 11AM FOAM ROLLING & FLEXIBILITY **SUSIE NGUYEN**
 4:30PM PRETEEN | TECHNIQUE (7-13yrs) **DOMINIQUE EARLY**
 4:30PM KIDS | SALSA (7-12yrs) **SUSIE NGUYEN**
 5:30PM KIDS | BALLET (7-12yrs) **DOMINIQUE EARLY**
 5:30PM YOGILATES (YOGA & PILATES) | ALL LEVELS **RACHEL KANTER**
 6:30PM SALSA | BEGINNER **SUSIE NGUYEN**
 6:30PM BALLET | BEGINNER **DOMINIQUE EARLY**
 7:30PM BURLESQUE TECHNIQUE | BEGINNER **JOANNA LOUGHRAN**
 8:30PM LATIN BURLESQUE (1.5 HOURS) | COSABELLAS | ALL LEVELS **SUSIE & JOANNA**

PARTIES & RENTALS AVAILABLE ON WEEKENDS

FRIDAY
 9:00AM YOGA | INDEPENDENT CLASS \$10 **KAROLL BAUDOUX**
 4:30PM KIDS | HIP HOP (7-12yrs) **NIÑA CABALLERO**
 5:30PM KIDS | SAMBA | ALL AGES **SUSIE NGUYEN**

SATURDAY
 10AM HIP HOP | ALL LEVELS **NIÑA CABALLERO**
 10AM KIDS | HULA & TAHITIAN | ALL AGES **KINA MALIA**
 11AM PRESCHOOL | HIP HOP (3-6yrs) **NIÑA CABALLERO**
 11AM HULA & TAHITIAN | ALL LEVELS **KINA MALIA**

SUNDAY
 11AM VOICE LESSONS | BEGINNER | AGES 7 & UP- | INDEPENDENT CLASS \$10 **MELODY MOORE**
 4:30PM ARGENTINE TANGO | BEGINNER **HANS CLEMENTS**
 5:30PM CHA CHA CHA & BACHATA | BEGINNER-INTERMEDIATE **WARREN FRASER**
 5:30PM MARTIAL ARTS | BEGINNER **JAMES FLORES**
 6:30PM SALSA & CABARET | HOT TAMALES AMATEUR REHEARSAL **SUSIE NGUYEN**

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FOOD

CONTINUED FROM Page 1

wrapping tips to creating quick and easy place settings and decor.

Feldman, a trained chef, caterer and theater major, and Strickland, a USC film-school graduate with film knowledge and an eye for design, met while working at Real Food Daily, a popular vegan restaurant in Santa Monica.

"Neither of us are vegans, but we're both health-conscious and frequented the restaurant before working there," Feldman said. "Although we were friendly at work, the idea for 'Cinema & Spice' germinated when we became roommates a year later."

Their business plan developed after evaluating how their skills and passions were connected, and how they could use those talents to carve out their own unique niche in the market and stand out in a sea of ever-expanding web-based tutorials and shows.

"We realized that our varied talents — film expertise, eye for design, crafting skill, cooking experience, menu planning, comfort in front of the camera — could coalesce into something missing in the market," Feldman said. "It is completely homegrown. Our friends help shoot and edit each episode, and they even help prep the food sometimes. They volunteer as production assistants and are at the dinner table to enjoy the food."

"Cinema & Spice" has now been in production for a little over a year — and positive feedback for the show has been growing.



Natasha Feldman and Julianna Strickland choose a different film for each cooking show, letting the film determine the food's theme. The pair also dons costumes in line with the show's theme, like dressing up as "Whos" in "Whoville" for the showing of "How the Grinch Stole Christmas," above. Courtesy photos



Most recently, Feldman and Strickland exceeded their \$10,000 kickstarter fundraising campaign goal, allowing them to fund and expand their show in 2012.

Feldman said their ultimate goal for the show is to grow into an Internet or TV-based weekly show and have people from around the world throwing "Cinema & Spice"-inspired dinner parties.

"We love everything about creating

'Cinema & Spice' — although it's challenging to do all of the work necessary while also working full-time jobs," she said. "Choosing the film, planning the menu, testing and perfecting recipes, dreaming up cocktails, creating the tablescape, and finally, shooting the episodes and enjoying the evening with our friends — it's all rewarding."

To watch "Cinema & Spice," visit www.cinemaandspice.tumblr.com.

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Underwater Parks Day a lure for landlubbers and ocean lovers

By JUDITH LEA GARFIELD | VILLAGE NEWS

Who says your vote doesn't count? You just have to be lucky enough to live long enough to see change happen. When California voters said "Yes" to the California Marine Protection Act (with bipartisan support) back in 1999, who knew it would take 13 years (including lots of lawsuits by fishing lobbies) before a network of marine protected areas (MPAs) could become a reality? I went to some of those meetings, and they weren't pretty. The soon-to-be-improved coastline's southern region includes a string of underwater reserves and conservation areas stretching from

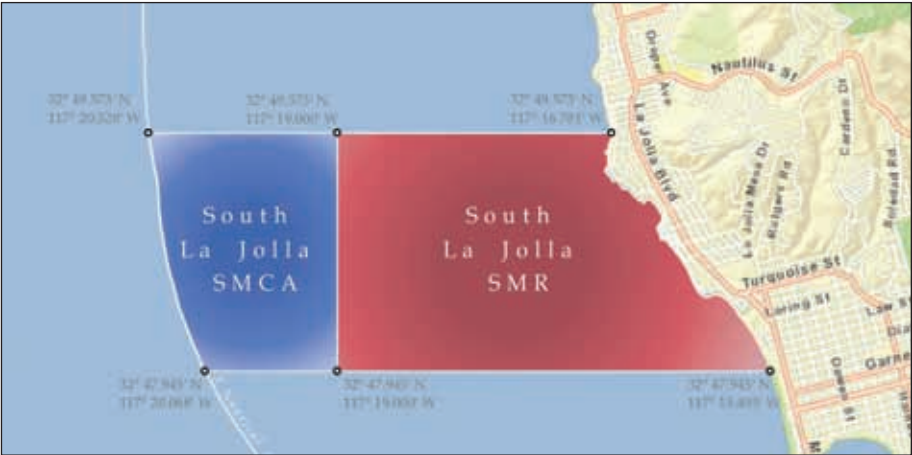
Point Conception to the Mexican border. Though seriously watered down during the final stretch, having anything designated for protection is cause for celebration at this point. By safeguarding hot spots like south La Jolla, we begin to chart a course toward greater sustainability, and that means a future of better fishing, diving, kayaking, tidepooling and birding.

Time and again, research both nationally and internationally has shown that implementing not one but a series of MPAs is a more effective way to protect marine life and habitats, marine ecosystems and marine natural heritage. Protected marine

ecosystems also provide better recreational, educational and study opportunities, which can't be had in watery regions degraded by intense human disturbance. In short, if we get out of the way, the overall marine ecosystem has the intrinsic means to recover itself.

Personally, I find it depressing to constantly read about whatever is the next collapsed fishery. In recent local news, kelp and barred sand bass populations have collapsed in many areas. Not far away, the Marina del Rey Anglers, hosts of the Halibut Derby (begun in the 1950s to raise funds for youth fishing trips), should consider changing the name of their tourney under the circumstances. When catches at the two-day event were reduced to no more than a handful of halibut (having started their roller coaster descent a handful of years earlier), the hosts were forced to change the rules. Now, the derby lasts only one day, the competition fishing area has expanded, and a new "Save the Halibut" credit has been implemented for anglers being witnessed releasing healthy fish at the docks. The kicker is that other fish species are now included to assure someone will land something (this year, third place was won by a guy with a bunch of rockfish). On the plus side, they reduced the entry fees by about a third.

California, once again the nation's trendsetter, is the first state to develop a science-based statewide network of MPAs, which include rocky reefs, kelp forests and tidepools. Support of the measure



In the South La Jolla State Marine Reserve (SMR), taking of living marine resources is prohibited. However, in the South La Jolla State Marine Conservation Area (SMCA), taking of living marine resources is prohibited except the recreational take of pelagic finfish (e.g., anchovies, barracudas, dolphinfish, herring, mackerels, salmon, sardines, most sharks, swordfish, tunas).

Image courtesy of the Department of Fish and Game



What me worry? The blenny fish (*Hypsoblennius gilberti*) has no value to a fisher but this minute-sized fish with a goofy expression may be indirectly important to a species on the angler's hit list, like a school of sardines (*Sardinops sagax*) swimming overhead. ©2012 Judith Lea Garfield



SCIENCE**briefs**

HAPPY BIRTHDAY, BIRCH

Marking 20 years at its current location, Birch Aquarium is offering San Diego County residents half-off admission on the 20th of every month through the aquarium's anniversary month of September 2012.

The deal is valid for residents living in ZIP codes 91901-92199, and visitors must show a valid ID with their ZIP code to receive the offer (limit two children per paid adult). Regular admission is \$14 for adults, \$9.50 for children ages 3-17 and \$10 for seniors.

"We are very grateful to the San Diego community for embracing the aquarium and its mission over the last two decades," said Nigella Hillgarth, aquarium executive director. "We're offering half-off admission as a way to say thank you to residents and invite them to rediscover our fantastic facility."

SCIENCE COMMUNITY LOSES A PIONEER

Wylie Vale, a Salk Institute professor and world-renowned expert on brain hormones, died Jan. 3 while on vacation in Hana, Hawaii. He was 70 years old.

Vale was head of the Clayton Foundation Laboratories for Peptide Biology and the Helen McLoraine Chair in Molecular Neurobiology at Salk.

He was highly regarded as the global authority on peptide hormones and growth factors that provide communication between the brain and endocrine system. Vale and his collaborators identified the central switchboard, a group of neuropeptides and their receptors that mediate the body's responses to stress and stress-related disorders. Their research led to new methods for the diagnosis of pituitary disease and opened new possibilities for the development of drugs aimed at treating anxiety, depression, irritable bowel syndrome and even drug abuse.

— Staff and contribution

LJCPA

CONTINUED FROM Page 5

"The floor-area-ratio is 60 percent larger than any single family home on a similarly sized lot in San Diego," Merten said. "If this moves forward, it would blow the lid off the Shore. To quote Dale Naegle, 'If approved, there's no point in even having the La Jolla Shores [Planned District Ordinance].'"

BEEES AND CHICKENS AND GOATS, OH MY

The LJCPA was asked to weigh in on the proposed changes to the municipal code regarding urban agriculture. The current laws state that urban chickens must be kept 50 feet away from any residence. The proposal would amend that to allow up to five chickens to be kept with no setback requirement, while 15 chickens could be kept if set back 15 feet from the property line. No roosters would be allowed. The changes also allow for two miniature

goats at city residences.

The proposal, which the San Diego Planning Commission voted to recommend to the City Council in December, also includes a provision allowing for community gardens and farmer's markets. The LJCPA voted to recommend approval of the gardens and markets to the City Council, but voiced opposition to provisions involving animal husbandry in its recommendation. The City Council will consider reports from several community groups when it votes on the proposed changes on Jan. 24.

NUTS 'N' BOLTS

• LaCava put out a call to trustees and members of the audience to alert members of the LJCPA who haven't attended a meeting in the last 11 months to come to the Feb. 2 meeting. "About one-third of our members will lose their eligibility if they don't attend the meeting in February," he said.

Members are required to attend at

least one meeting per year to maintain membership.

• The LJCPA voted to approve Phase 1 of the Avenida de la Playa infrastructure replacement project. The project will replace the storm drain system along Avenida de la Playa in La Jolla Shores.

• President Tony Crisafi said the LJCPA will hold its annual trustee election on March 1. Those interested in running must have attended at least three meetings in the last year, and should indicate their interest in becoming a trustee by February, by sending an email to or advising a current trustee, or by announcing it at the next LJCPA meeting. A candidate forum will be held at the February meeting.

• LaCava said the Tour of Bird Rock Homes will take place on Jan. 28. Cost of the tour is \$25 and net proceeds benefit Bird Rock Elementary School.

Underwater Parks Day brings the ocean to SoCal residents

Saturday, Jan. 21 is California's third annual Underwater Parks Day. Join the party at any of the below oceanariums!

***AUTHOR'S PICK!* • Santa Monica Pier Aquarium:** 1600 Ocean Front Walk, Santa Monica, 12:30 to 5 p.m. Join in the beach cleanup and nature walk, then get free admission to the aquarium! Visitors also receive a free canvas tote bag on which they are encouraged to create their own underwater parks scene at the aquarium's craft station.

• **Ocean Institute:** 24200 Dana Point Harbor Drive, Dana Point, 10 a.m. to 3 p.m. Staff-led tours of the new underwater park just outside their doors. Games, activities and videos.

• **Birch Aquarium:** 2300 Expedition Way, 9 a.m. to 5 p.m. Listen to a local scientist talk about ocean research and a scuba diver talk about underwater parks during the kelp-tank dive show. Photo contest winners (photos previously submitted) will be announced and their photos displayed.

A better community center, and a cookie La Jolla village



Athenaeum: above: Francois Goedhuys (created cookie display), Angel and Fred Kleinbub, Diana Goedhuys, Melissa and Dr. Max Elliott (he's Athenaeum board president). **Top right:** Maura Walters, Carole Lavenhol, Barbara Bloom, Erika Torri (Athenaeum director), Hermeen Scharaga. **Right:** Dr. Michael Grossman and Margaret Stevens Grossman, Karen Fox and Harvey Ruben, Su Lund, Robert Avon Lees



Starry, starry nights



with Vincent Andrunas

La Jolla's Riford Center — not about to be left out of the flurry of December holiday parties — staged a celebration for its members and friends, as well as non-members willing to purchase their tickets at just slightly more than the modest price members paid.

Held at the center's La Jolla Boulevard facility, the event featured an especially nice sit-down dinner pre-

pared by chef Cliff Leeper. Soups are his specialty — his Soup On company caters corporate (and other) events, and his pumpkin soup with spices and cheese was certainly a hit. Salad was also served, as was lobster macaroni and cheese and a tender, slow-cooked tri-tip. A choice of wines accompanied the meal, which was followed by dancing to Dean Ratzman and his group.

The party was held on the eve of the demolition of the Riford's front entrance and lobby. The original entry steps are being replaced by a wide ramp with railings. That, and new doors, will bring the center's entry into compliance with ADA regulations. A \$207,000 Federal HUD Grant will finance the alterations. The original plan was to move the entry just around the corner to the building's Bonair Street side, which would have

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before after

ANTHONY MONTEMARANO
GRAPHIC ARTIST

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HARVARD

CONTINUED FROM Page 2

me. I hope others will follow, whether it is for their corporate events or birthday parties for kids or just dinner and having fun around the table."

As with any good business model, she has a few objectives for the direction of her business — goals she already is well on her way to attaining.

"First and foremost, I want to make a dent in the world of junk-food eating, and I think I'm on my way," she said. "Second, I want my business to be a model for every community, and that is also becoming a reality. People are contacting me from all over the world."

Kasrai believes in the good karma of giving back to the community. Since her arrival onto the scene, she has contribut-

ed to 42 charities and counting.

"I believe that we need to help each other and the goodness will boomerang," she said. "This year, I want to focus on child obesity and diabetes and marshal the help of those who can help me expand my outreach to underprivileged kids and families through my classes."

So far, Kasrai's Ivy League wisdom seems to have paid off, as Harvard Cookin' Girl's business model is not easily duplicated, she said.

"I think people are more and more appreciating authentic versus plastic," she said. "That's why those have attempted to copy me are not successful."

For more information about Harvard Cookin' Girl or to sign up for a class or event, visit www.harvardcookiegirl.com or call (858) 888-3509.

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eliminated the need for stairs or a ramp, but neighborhood resistance (and the city's recommendation) led to the choice of the more expensive alternative. Other changes are coming too, continuing the improvements that are making the Riford a better community center.

Always a joyful La Jolla event, the Athenaeum Music and Arts Library's annual Members' Holiday Party attracted more than 300 guests this year, who enjoyed a wide range of delightful treats for the senses. Drinks included wines, punch and eggnog (with additives!). Diana Goedhuys produced a perfectly prepared roast beef, which was served in delicious little (or not-so-little) sandwiches. Diana and her husband, François, own Girard Gourmet in La Jolla. In case you're wondering how to pronounce their Belgian surname, François — who's an expert on the matter — says it's "Good-House." A master baker, he has created holiday cookie masterpieces for the Athenaeum for more than 10 years. Last year, he created a replica of La Jolla itself. Santa and his reindeer were on their way to the Athenaeum, passing Mary Star of the Sea church on the way, and waving

to François himself — all in cookie form. Many other La Jolla landmarks were included, like the Colonial Inn, the La Valencia, St. James by-the-Sea church, Burns Drugs and Warwick's. He repeated the feat this year — but made it twice as big, and added such contemporary touches as the Occupy people (standing in front of La Jolla's Wall Street), and a few buildings with "For Sale" or "For Rent" signs.

The décor was beautiful everywhere, as is typical at Athenaeum events, and there was lots of musical entertainment. Sue Palmer performed on piano in the music room, with a double-bass player and alternating vocalists singing in French and English. Some partygoers enjoyed just listening, but many couldn't resist dancing. Sammy Tritt played another piano in the entry hall, joined late in the evening by guests singing holiday songs. Near the end of the two-hour party, it was announced that guests could take some of the cookies home with them. The reindeer and certain others of the decorated cookies were fair game, but not the model of the village of La Jolla, which would remain on display at the Athenaeum for a couple of weeks longer.

Riford: right: Deborah Vietor, Sherry Ahern, Ruth Yansick (Riford board CEO), Glen Rasmussen (Riford board chair), Nancy Walters (Riford executive director). **Below:** Dianne Routh, Jill Moisan, Mimi Mingo, Coleen Choisser, Leslie Sayour. **Below right:** Ginny Deardorff, Gloria Smith, Betje-jan Counts, Jessica Von Buelow, Phyl Jasin



Athenaeum: left: Mark and Alida Bracker, Judith and Duke Johnson, Berendien Sargent. **Right:** Joyce Nash, Victor and Cristall Hasson, Gitta and Theo Theodossi



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EVENTS

CONTINUED FROM Page 6

tive Drive, (858) 362-1348, www.lf-jcc.org, \$23-\$27

• **Post-holiday raw food cleansing**, 2:30 p.m., Cups Lounge and Culinary, 7857 Girard Ave., learn ways to easily prepare raw food dishes, (858) 459-2877, www.cupslj.com, \$45

• **Robin Henkel**, 10 a.m., Bird Rock Coffee Roasters, 5627 La Jolla Blvd., (858) 551-1707, www.robinhenkel.com, free

SUNDAY, Jan. 15

• **"Ruby Red Cabaret Dances: Mixed Nuts,"** 6:30 p.m., The Neurosciences Institute, 10640 John Jay Hopkins Drive, (619) 225-1803, www.sandiego-dancetheater.org, \$10-\$45

• **La Jolla Open Air Market**, 9 a.m. to 1 p.m., La Jolla Elementary School, 1111 Marine St., (858) 454-1699, www.lajollamarket.com, free

MONDAY, Jan. 16

• **"Orpheus Speaks,"** 7:30 p.m., Athenaeum, 1008 Wall St., (858) 454-5872, writeoutloudsd.com, \$12 members, \$17 nonmembers

TUESDAY, Jan. 17

• **La Jolla Garden Club meeting**, 1 p.m., La Jolla Lutheran Church, 7117 La Jolla Blvd., reception and tea with president of the San Diego Camellia Society, (858) 454-6459, lstiel@san.rr.com, free

• **"The European Debt Crisis: Causes, Reactions, Consequences,"** 3:30 p.m., UCSD's Robinson Auditorium, 9500 Gilman Drive, (858) 534-2230, iicas.ucsd.edu, free

WEDNESDAY, Jan. 18

• **"Race to Nowhere" film screening**, 10:30 a.m., Bird Rock Elementary School, 5371 La Jolla Hermosa Ave., (925) 310-4242, rtnbirdrockelementary.eventbrite.com, \$10 in advance, \$15 on day of the event

• **"How Food Fueled Human Origins,"** 7 p.m., UCSD's International House, 9500 Gilman Drive, first lecture in a series by Margaret Schoeninger, roosevelt.ucsd.edu, (858) 534-7618, free

• **"Getting Older and Good Sleep: Do They Go Hand in Hand?"** 5:30 p.m., UCSD School of Medicine's Liebow Auditorium, (858) 534-2230, miblack@ucsd.edu, free

THURSDAY, Jan. 19

• **SunSetter happy hour**, 5 p.m., Beaumont's, 5662 La Jolla Blvd., (858) 456-4995, john.p.weinstein@morganstanleysmithbarney.com, \$10 nonmembers, \$5 LJTC members, free for new members who sign up and pay at the event

• **Casa de Manana open house**, 10 a.m. to 3 p.m., 849 Coast Blvd., open house reception for prospective residents featuring harp entertainment by Sonia Marie Olivias, (800) 959-7010, www.casa-demanana.org, free

• **GroupeLove**, 7:30 p.m., Porter's Pub, 9500 Gilman Drive, indie-rock band performance, (858) 587-4828, www.porterspub.com, free

• **Lezioni Di Cioccolato (Lessons in Chocolate)**, 7 p.m., The Loft, 9500 Gilman Drive, a "Foovies" event featuring the 2007 Italian romantic comedy, (858) 534-8497, www.artpwr.com, \$8 for movie only, \$30 for food and movie

• **"Please Pay Attention Please,"** 4 p.m., MCASD, 700 Prospect St., education@mcasd.org, (858) 454-3541, free with \$10 museum admission

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SUPERIOR COURT OF CALIFORNIA EAST COUNTY DIVISION 250 E. MAIN STREET EL CAJON, CA. 92020 CASE NO: 37-2011-00071531-CJ-PT-ED PETITIONER OR ATTORNEY, CHRISTOPHER JOHN SANTA MARIA 3353 BALTIMORE DR. APT #25 LA MESA, CA. 91942 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM CHRISTOPHER JOHN SANTA MARIA TO CHRISTOPHER JOHN TAUTKUS THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JAN 18, 2012 TIME: 8:30 AM DEPT: 15 4TH FLOOR SAME AS NOTED ABOVE ISSUE DATE(S): DEC 22, 29 JAN 05 AND 12, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-033341 THE NAME(S) OF BUSINESS: NUZAPP located at: 8829 CALLE PERICE SAN DIEGO, CA. 92129 is hereby registered by the following owner(s): NEWS APPLICATIONS, INC. This business is being conducted by: A CORPORATION NEWS APPLICATIONS, INC. 8829 CALLE PERICE SAN DIEGO, CA. 92129 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 02, 2011 ISSUE DATE(S): DEC 22 JAN 05, 12 AND 19, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-034375 THE NAME(S) OF BUSINESS: H&H REAL ESTATE MEDIA located at: 9880 VIA PASAR #D SAN DIEGO, CA. 92126 is hereby registered by the following owner(s): JUSTIN HANCY, NICHOLAS REIS This business is being conducted by: A GENERAL PARTNERSHIP The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 15, 2011 ISSUE DATE(S): DEC 22 JAN 05, 12 AND 19, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-034175 THE NAME(S) OF BUSINESS: ADVENT REAL ESTATE located at: 4603 MISSION BLVD. SUITE 213 SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): ADVENT ENTERPRISES INC. This business is being conducted by: A CORPORATION ADVENT ENTERPRISES INC. 4603 MISSION BLVD. SUITE 213 SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 13, 2011 ISSUE DATE(S): DEC 22 JAN 05, 12 AND 19, 2012

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3rd Annual 'Blessing of the Animals Returns January

Old Town San Diego State Historic Park is hosting the third annual Blessing of the Animals on Sunday, Jan. 15, from noon to 3 p.m. The blessing is led by Monsignor Mark Campbell, but all faiths and convictions are welcome to celebrate the animals that make our lives so special. The blessings will take place between 12:30 p.m. and 1:30 p.m.

There will be a pet expo with treats for pets and owners as well as activities for kids. Sky Hunters will be bringing exotic birds to the event and various rescue groups such as Emergency Animal Rescue and Wee Companions will educate the public about rescuing, rehabilitating and supporting wild and domesticated animals.

There will also be animals available for adoption and a special appearance by Chopper the Biker Dog. Chopper is an one-year-old Boston terrier who is known all around the county for riding his own Harley Davidson motorcycle and his distinctive biker goggles.

The event features animal-themed entertainment such as pet psychic readings by Sindi Somers from Wild and Tame. Other groups participating include Love My Pet, Santee Bunny Shelter, and Chihuahua Rescue of San Diego.

Historically, this event has been happening for more than 300 years – dating back to the 1700s. In San Diego the annual Benediction of the Beasts celebrates St. Anthony of the Desert, the Patron Saint of Animals. Activities for both animals and

families make this celebration both unique and very moving to all who participate.

Admission to this event is free. This event is sponsored by j.simms agency, Fiesta de Reyes and Old Town San Diego State Historic Park. For more information, visit: <http://www.facebook.com/fiestadereyes> or call event producers, j.simms agency at 858-689-9909.



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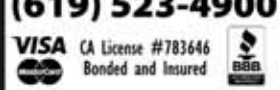
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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-033744 THE NAME(S) OF BUSINESS: TOWER PADDLE BOARDS located at: 4645 CASS ST. #104 SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): TOWER PADDLE BOARDS LLC. This business is being conducted by: A LIMITED LIABILITY COMPANY TOWER PADDLE BOARDS LLC. 4645 CASS ST #104 SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: 09/29/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 08, 2011 ISSUE DATE(S): DEC 22 JAN 05, 12 AND 19, 2012

SUPERIOR COURT OF CALIFORNIA EAST COUNTY DIVISION 250 E. MAIN STREET EL CAJON, CA. 92020 CASE NO: 37-2011-00071531-CU-PT-EC PETITIONER OR ATTORNEY, CHRISTOPHER JOHN SANTA MARIA 5353 BALTIMORE DR. APT #25 LA MESA, CA. 91942 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM CHRISTOPHER JOHN SANTA MARIA TO CHRISTOPHER JOHN TAIKUS THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON JAN 18, 2012 TIME: 8:30 AM DEPT: 15 4TH FLOOR SAME AS NOTED ABOVE. ISSUE DATE(S): DEC 22, 29 JAN 05 AND 12, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-033342 THE NAME(S) OF BUSINESS: PURE INTENTIONS ELDER ASSISTANCE located at: 2539 DURANT AVE. OAKLAND, CA. 94603 is hereby registered by the following owner(s): MALAKA JACKSON This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 02, 2011 ISSUE DATE(S): DEC 22 JAN 05, 12 AND 19, 2012

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-035474 THE NAME(S) OF BUSINESS: PUREAIRE TECHNOLOGIES located at: 723 TURQUOISE ST. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): SETZER & ASSOCIATES This business is being conducted by: A CORPORATION SETZER & ASSOCIATES 2726 SHELTER ISLAND DR., #246 SAN DIEGO, CA. 92106 CALIFORNIA The transaction of business began on: 11/01/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 29, 2011 ISSUE DATE(S): JAN 05, 12, 19 AND 26, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-035111 THE NAME(S) OF BUSINESS: OCEAN BEACH QUIK STOP MARKET, OCEAN BEACH QUIK STOP, CAPE BELLA located at: 4984 VOLTAIRE ST. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): SABRI P. SHAMOUN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 03/23/03 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 23, 2011 ISSUE DATE(S): JAN 05, 12, 19 AND 26, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-035606 THE NAME(S) OF BUSINESS: ASCENT RUGGED MOBILE located at: 330 S. MAGNOLIA AVE. #203 SAN DIEGO, CA. 92020 is hereby registered by the following owner(s): TIMOTHY L. QUINN, MICHAEL HALBERT This business is being conducted by: A GENERAL PARTNERSHIP The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 30, 2011 ISSUE DATE(S): JAN 05, 12, 19 AND 26, 2012

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL 1350 Front St., Room 5056, San Diego, CA. 92101 (619) 525-4064, Filing Date: December 15, 2011 To Whom It May Concern: The Name(s) of the Applicant(s) is/are: RATSACHAK RESTAURANT GROUP LLC The applicant listed above is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverage at: 2424 HOOVER AVE. BLDG 5A STES F & P NATIONAL CITY, CA. 91950-8552 Type of license(s) applied for: 41-ON-SALE BEER AND WINE - EATING PLACE Issue Date(s): JAN 05, 12 AND 19, 2012

SUPERIOR COURT OF CALIFORNIA HALL OF JUSTICE 330 WEST BROADWAY SAN DIEGO, CA. 92101

CASE NO: 37-2012-0009094-CU-PT-CTL PETITIONER OR ATTORNEY, TERREN O'REILLY O'CONNOR 622 PACIFIC VIEW DRIVE SAN DIEGO, CA. 92109 310-292-3306 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONER'S NAME FROM TERREN O'REILLY O'CONNOR TO TERREN JAYNE O'CONNOR THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON FEB 23, 2012 TIME: 8:30 AM DEPT: 8 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): JAN 12, 19, 26 AND FEB 02, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-034553 THE NAME(S) OF BUSINESS: SET FREE OB located at: 1978 CABLE ST. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): JAMES M. KELLEY This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 12/15/2011 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 16, 2011 ISSUE DATE(S): JAN 12, 19, 26 AND FEB 02, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-035475 THE NAME(S) OF BUSINESS: AG CONSULTING GROUP located at: 12630 CARMEL COUNTRY RD #114 SAN DIEGO, CA. 92130 is hereby registered by the following owner(s): AMIR GHASEDIAN, ASGHAR GHASEDIAN This business is being conducted by: A GENERAL PARTNERSHIP The transaction of business began on: 09/01/2011 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 29, 2011 ISSUE DATE(S): JAN 12, 19, 26 AND FEB 02, 2012

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-034176 THE NAME(S) OF BUSINESS: DAY OF THE BRIDE located at: 8204 PHYLLIS PLACE SAN DIEGO, CA. 92123 is hereby registered by the following owner(s): DONAH HARMESTON This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: DEC 13, 2011 ISSUE DATE(S): JAN 12, 19, 26 AND FEB 02, 2012

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Updated coastal residence blends timeless details of hardwood floors, cozy fireplaces, wainscoting & crown molding with today's modern conveniences. The expanded floor plan hosts 4 bedrooms & 3 remodeled baths, remodeled kitchen & upper level ocean view Great Room & adjacent deck. 1 bedroom suite serves as an attached guest suite with private entry. BBQ island/bar at patio, A/C, workshop & security system.

Offered at \$1,299,000



Jeannie Gleeson

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Prudential
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Just Reduced! • Open Sunday from 1-4 PM

Sweeping Ocean & Canyon Views on .45 acre



Open Saturday and Sunday from 1-4 PM

Wonderful Muirlands Village Home!



Just Reduced! • Open Sunday 1-4 PM • 7020 Via Estrada

Situated at the top of the hill in the coveted West Muirlands with sweeping Ocean & Canyon views, this 5BR/4BA spacious home is perfect for entertaining. Situated on 0.45 acres with a 3-Car Garage. The private south-west facing backyard boasts endless hillside and ocean views, a pool, spa, and grassy yard. Call David or Marc for a tour.

Seller will entertain offers between \$1,800,000 & \$2,200,876
www.7020ViaEstrada.com

Open Saturday & Sunday 1-4 PM • 6683 Aranda Avenue


The perfect Muirlands Village charmer! This 3BR/2.5BA one-level treasure on a 9,000 sf lot even has ocean views. Windansea Beach, the Village & La Jolla Schools are just blocks away. Incredibly private pride of ownership property. A timeless floor plan with plenty of room for expansion. Just add Family! Call David to view this home.

Seller will entertain offers between \$950,000 & \$1,075,876
www.6683ArandaAvenue.com

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Classic Beach House

With approx. 115 feet of sandy beach frontage in La Jolla's coveted Barber Tract, this timeless 5 BR/4BA oceanfront home with mesmerizing views of the sea and coastline offers almost a 1/2 acre of lushly landscaped grounds and a detached guesthouse.

Go to YouTube (Casa del Lido) for a video about this unique offering.

Offered at: \$12,500,000





La Jolla Office | 930 Prospect Street | 858.459.3851

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