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# LA JOLLA VILLAGE NEWS

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THURSDAY, MARCH 31, 2011

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## Car show rolls in to La Jolla

In its seventh year, the La Jolla Motor Car Classic will bring antique autos and rare rides to Ellen Browning Scripps Park this Sunday.

See page 3



It's final:  
Bird Rock Farmers Market  
a **no go** See  
page 5

## Trial begins in cafe crash

By NEAL PUTNAM | VILLAGE NEWS

A La Jolla man is on trial on charges he crashed his truck into Cass Street Café, located at 5550 La Jolla Blvd., injuring three teenagers and seriously injuring two adults in August.

Testimony against Ronald Troyer, 66, who was allegedly under the influence of marijuana at the time of the incident, is expected to last through April 1 or longer in San Diego Superior Court. Troyer is accused of driving under the influence, causing great bodily injuries to four people, reckless driving, driving with a suspended driver's license and hit and run.

Witnesses testified about the Aug. 15 incident, which happened about 7 p.m., in which people received broken bones and numerous injuries. One teenager was dragged underneath the truck.

Troyer's attorney, David Thompson, told the jury of seven men and five women that Troyer suffered a seizure while he was driving, and that caused the accident. He said his client smoked marijuana the morning of the crash, but insisted he did not drink or take other drugs.

Thompson said Troyer didn't put on his brakes or steer the truck because he had a seizure and he didn't know what happened.

"This does not constitute reckless driving," he said.

Deputy District Attorney David Uyar told jurors the truck first jumped the curb, and then struck the teenagers. Then it hit a San Diego Gas & Electric transformer box and crashed into the café.

Uyar said witnesses recalled Troyer emerging from the truck, saying, "Someone stole my car. I wasn't driving."

Uyar said Troyer collected some papers from inside the truck before he tried to leave the scene twice.

"He knew uniquely the dangers of driving under the influence. He chose to drive anyway," Uyar said.

According to records, Troyer's driver's license was suspended in 2006 because of a misdemeanor conviction of drunk-driving. Troyer remains in the Vista Detention Facility on \$275,000 bail.

## La Jollan takes on 156-mile desert marathon

By KENDRA HARTMANN | VILLAGE NEWS

Raymond Stevens is taking fundraising to a new level. The Scripps Research Institute (SRI) professor, who heads the Stevens Laboratory at the campus, will be running for a cause — across the desert.

Stevens will participate in the Marathon des Sables, a six-day, 156-mile ultra marathon that starts in Morocco on April 3 and treks the distance of six regular marathons

through a section of the Sahara Desert.

Stevens' cause is PKU, a genetic disorder that occurs when the body is unable to break down the amino acid phenylalanine. Stevens has been at the forefront of research into treatments for PKU since his interest in the disorder was piqued as a starting assistant professor at the University of California, Berkeley 20 years ago. Now at SRI, his laboratory is helping with the development of a molecule that

SEE RAY, Page 2



La Jollan Ray Stevens will undertake the Marathon des Sables, a 156-mile race across southern Morocco. Stevens is one of 24 Americans attempting the six-day challenge.

Courtesy photo

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## RAY

CONTINUED FROM Page 1

degrades phenylalanine so the body can easily get rid of it.

In a blog on the website [www.PKUHeros.org](http://www.PKUHeros.org), Stevens has written about his decision to participate in the run and his challenges along the way. In response to the most common question he encounters — “Why?” — he writes, “I have three young children of my own, and I want to set an example for them that one can do anything they set their minds to. I believe one should live life to its fullest. Life is too short not to make the most out of every single day.”

Stevens wrote that he has been running long distances while carrying a 20-pound backpack and exercising in a dry, 130-degree sauna to prepare for the race. Runners have to carry their own supplies across the desert, including food. The course is not revealed to the runners until the day before it begins to prevent participants from unfairly practicing in advance.

On March 27, Stevens wrote that he was en route to Morocco.

Unfortunately, he wrote, he developed acute shin splint pain while traveling, so will start the race “a bit damaged.” He is, however, still in the race.

“I am up for the challenge, which is easy to say now while I sit in a comfortable hotel room typing,” he wrote. “Next week when I am trying to sleep on sand in freezing temperatures, after running on hot coal-like sand I will be thinking something else.”

Stevens, who was accepted into the race through a lottery system last September, said he didn’t tell anyone about it until late December, just in case he decided to back out. Indeed, as he wrote, running long distances is 50 percent physical and 50 percent mental.

“I will continue with the analogy that running this race is like developing treatments for PKU,” he wrote. “Three steps forward, two steps back, but one just has to keep moving forward and eventually one WILL cross the finish line.”

Starting April 3, supporters can follow Stevens on his journey, go to [www.PKUHeros.org](http://www.PKUHeros.org) or [www.darbaroud.com](http://www.darbaroud.com).

## People in the news



Spencer Skeen

• Golden Triangle law firm Fisher and Phillips LLP announced the addition of **Spencer Skeen** as a partner and litigator with experience in labor law, representing employers in harassment and discrimination cases. Skeen brings 14 years of experience in employment and business litigation. He is the fourth partner to join the San Diego office in the last 18 months. Regional managing partner Christopher C. Hoffman said the practice has been growing because of demand for the firm’s expertise in helping employers prevent and solve complex problems, such as the wage-and-hour disputes that have become so prevalent in California.

“Spencer has led the defense in numerous high-exposure business and employment litigation cases, including class actions,” Hoffman said. “This has included obtaining numerous judgments in favor of employers facing a host of claims. Our clients will benefit from the additional depth he brings to our strong San Diego team.”

Prior to joining Fisher & Phillips, Skeen was a partner at San Diego’s Procopio, Cory, Hargreaves & Savitch, LLP.

• **John Gordon, M.D.**, a senior interventional cardiologist affiliated with Sharp Memorial Hospital and the San Diego Cardiac Center, is the new governor-elect for the American College of Cardiology’s (ACC) Southern California region. This is a leadership position with the nonprofit medical society that promotes advancement of cardiovascular care and research.

Gordon will assume his new role in 2012 for a three-year term. He will represent the needs and opinions of the members of the Southern California region and will implement ACC national initiatives to help improve cardiovascular care for patients throughout the state.

Gordon has served as chief of the cardiology subsection and vice chair of the Internal Medicine Supervisory Committee of Sharp Memorial. He previously acted as president of the San Diego chapter of the American Heart Association and as San Diego district councilor of the California chapter of the ACC.

The ACC is a 39,000-member medical professional society that is leading the way to optimal cardiovascular care and disease prevention through health policy, standards and guidelines, and support of research.



Dr. Steven Schallhorn

• San Diego LASIK surgeon, **Dr. Steven Schallhorn**, who practices in the La Jolla Village Square area, is featured in the documentary “Refractive Surgery (LASIK) in the Military,” which debuted at the 2011 American Society of Cataract and Refractive Surgery (ASCRS) Symposium in San Diego from March 25-29. The film documents the laser vision correction investigation and eventual [LASIK] approval process by the Department of Defense and NASA that started with local surgeons Michael Gordon, M.D. and retired U. S. Navy Capt. Schallhorn 15 years ago.

San Diego is the backdrop for the sights and scenes of the program. In

1995, the Navy approved PRK for some military personnel, which led to the opportunity to investigate its use with aviators. Schallhorn is the former director and program manager for Navy Refractive Surgery, as well as a retired Navy F-14 Tomcat pilot and “Top Gun” instructor. He was responsible for the major clinical trials conducted by the Navy and for the Department of Defense.



Elaine Galinson

• Local volunteer, philanthropist and community leader **Elaine Galinson** was presented the prestigious Kipnis-Wilson Friedland award at the recent Jewish Federation of San Diego Lion of Judah luncheon, hosted by the Women’s Philanthropy Division. At the event, nearly 100 women gathered at the Scripps Sea-side Forum to hear an address by Los Angeles Rabbi Sharon Brous, named by *Newsweek Magazine* as “one of the leading rabbis in the country.”

This award is named for Norma Kipnis-Wilson and Toby Friedland, two friends from Miami who created the powerful philanthropic program called the Lion of Judah in 1972. Today, it has become a vital expression of the power of women to heal and change the world through their giving and efforts on behalf of others. Over 17,000 women nationwide are Lions of Judah, creating a powerful philanthropic force.

The award is presented to women across the country who embody the spirit and vision of the Lion of Judah through a commitment to philanthropy, leadership and volunteerism. These women provide inspiration within Federation and their local Jewish community.



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# Celebration of cars revs up this weekend

By **CLAIRE HARLIN** | VILLAGE NEWS

Keith Martin knows his cars. A writer, publisher, television commentator and car enthusiast, he's been in the hobby of collecting cars for more than 30 years.

He also knows the La Jolla Motor Car Classic is a big deal in the world of big-time car enthusiasts like himself. That's why he said he's thrilled to have been chosen as the emcee for this year's event, which will kick off April 1 with a book signing and culminate April 3 with the main show at the La Jolla Cove's Ellen Browning Scripps Park.

"I've heard wonderful things about the Motor Car Classic, with the buzz in the collector car world getting stronger every year," said Martin, who founded the monthly *Sports Car Market* magazine 20 years ago. He also launched *Corvette Market* magazine in 2008 and oversees [www.sportscarmarket.com](http://www.sportscarmarket.com), which contains the world's largest and most informative database of collectible cars.

The La Jolla car show will feature more than 150 automobiles in 30 specialty car classes, with the featured marque being the German automobile. In addition to awards in specialty car classes, this juried show will also recognize winners in the following categories: a winner's circle award (comprised of prior best of show and best in class winners), director's choice, people's choice, best in show, best in restoration and excellence in design. Mercedes Benz sedans,



Classic cars line the shore at the La Jolla Cove for the 2010 La Jolla Motorcar Classic. This year's event will take place April 3 from 9 a.m. to 3 p.m. Courtesy photo

Auburn speedsters, Jaguar roadsters, Chevy Corvettes, Shelby Cobras, Packards, Ford Mustangs and Ferraris will be among featured cars.

For the opening event, renowned author Tom Cotter will present his newest book, "The Corvette in the Barn: More Great Stories of Automotive Archaeology" on April 1 at 5 p.m. at the La Jolla Historical Society's Wisteria Cottage.

Cotter has authored nine automotive books based on his experience with automotive repair, used car and parts sales, as well as his

lifelong interest in vintage cars.

On Saturday, a car rally of mid-century classics will cruise from Balboa Park to Wisteria Cottage, located at 780 Prospect St. The rally will start at 9 a.m. and end at 4 p.m., and Prospect Street will be closed from about 2:30 p.m. until 5 p.m. Also on Saturday, there will be a car tour of San Diego's top car collector locales, and a reception with food and beverages for those with VIP tickets will follow at 6 p.m. More information is available at [www.LaJollaMotorCarClassic.com](http://www.LaJollaMotorCarClassic.com).

## Specialtystandouts of the La Jolla Motorcar Classic

### A TV-star car



The La Jolla Motor Car Classic will feature a 1938 Karl Keller Mercedes-Benz that was featured in a 2011 Super Bowl commercial for Mercedes. Courtesy photo

### A 'waltz blue' rarity

Until purchased in August by Eric Breslow, this rarest of the rare Tuckers had only two owners from new. The first was Preston Tucker himself. This car is No. 31 of 51 Tuckers ever produced. The car was finished in "waltz blue," Tucker's wife's favorite color. Tucker owned it until his death in 1956 and his wife kept it until 1963, when she sold it to Jay Busker of Elk Point, SD. (Busker was a close friend of Charles Pearson, a confidant and biographer of Tucker's, who arranged the sale.) Busker's children sold the car to Mr. Breslow, completing the ownership chain. The car's odometer reads 16,577 miles, with most of those miles put on by Tucker himself.



Courtesy photo

### Bus lust



This bus, a Volkswagen adorned with hand-painted images of Bob Dylan, Bob Marley, Jim Morrison, Jimi Hendrix and other rock 'n' roll greats will be a headliner at the April 3 car show in La Jolla. Courtesy photo

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### Katy Landavzo

Katy has been an Aesthetician for 12 years. She has been in charge of developing new treatment protocols, researching and bringing forward new skincare products. She specializes in treatments for acne and anti-aging.



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## EDUCATION NOTEBOOK

### Locals nearing goal in 'Conquer the Cuts'

The Foundation of La Jolla High School announced recently it has raised nearly \$100,000 of its \$200,000 goal in the "Conquer the Cuts" fundraiser, implemented to fight increased public funding cuts. One generous family has given at least \$10,000, four families have given between \$5,000 and \$10,000 and a number of other local families have contributed at other levels. To donate, visit [www.ljhs.sandi.net/Foundation/ConquerTheCuts.html](http://www.ljhs.sandi.net/Foundation/ConquerTheCuts.html) or call (858) 551-1250.

### LJHS conducts 'PTA Talent Search'

La Jolla High School is accepting nominations for executive board and general board positions of its Parent Teacher Association (PTA). La Jolla parents' talent and energy will be valued and appreciated, states a recent LJHS memo. For those who would like to demonstrate their commitment to public education and civic duty through PTA, contact nominating committee member Cal Mann at [CalMann@mac.com](mailto:CalMann@mac.com) or (858) 336-2557 to discuss leadership opportunities.

### Viking Golf Classic set for April 18

La Jolla High School has announced that the 15th annual Viking Gold Classic will be held April 18 at the La Jolla Country Club. Check-in will begin at 11 a.m. and there will be a shotgun start at 12:20 p.m.

To offset the event costs and the

\$200,000 budget deficit for the 2011-12 school year, the La Jolla High School Foundation is inviting community members to participate as a player, purchase a foursome for friends or business colleagues or become a hole sponsor. In addition, the foundation has underwriting opportunities.

For more information, contact the foundation's office at (858) 551-1250 or [ljhsfoundation@gmail.com](mailto:ljhsfoundation@gmail.com).

### Princeton Review names UCSD 'best value' college

The University of California, San Diego (UCSD) is again ranked among the nation's top 50 "best value" public colleges for 2011 by *The Princeton Review*. The publication, partnering with *USA Today*, recently listed its annual ranking of 50 private and 50 public schools. UCSD has consistently remained on the list.

*The Princeton Review* rankings come after Gov. Jerry Brown's recent budget proposal cuts of \$500 million from the UC budget.

"We're concerned about the persistent decline in state funding for higher education and how it will affect access for California's talented, hard-working and promising students," said Ann Klein, UCSD financial aid office director.

*The Princeton Review* chose the "best value" colleges for 2011 based on criteria covering academics, cost and financial aid. The methodology examined more than 30 factors using data from the company's surveys of administrators and students at 650 colleges with strong academic programs.

— Claire Harlin

# High schools partner with SIO

By MITCH BRUCKER | VILLAGE NEWS

Mission Bay High School (MBHS), partnering with the Scripps Institution of Oceanography (SIO), continues to make new inroads into one of the nation's leading marine-sciences programs at the high school level.

MBHS marine sciences program, originally launched as part of the magnet program at the high school, became officially linked with SIO after the award of a GK-12 grant two years ago that partnered high school staff, researchers and students to bring up-to-date science and technology into the classroom.

Steve Walters, a science teacher at MBHS, said it would be hard to overestimate the impact of the program on the students, the department and even on his own teaching.

A big part of the enrichment comes from the science instructor's direct immersion into the research programs taking place at SIO, which are conducted by researchers and graduate students. A graduate student is assigned to partner with teachers like Walters, so that Walters and the classroom have a direct point of contact and access to ongoing research.

"We see how we can bring research into the classroom," Walters said. "We bring animals in from the experimental lab. I can send in real data from the labs at Scripps to the classroom. Being paired with a Ph.D. candidate helps this process work smoothly."

UCSD Ph.D. candidate Alison M. Cawood, who works in the Integrative

Oceanography Division, has been working with Walters and his students for the past two years. Cawood comes into the classroom and works with the students during specific labs.

"It is key to see these graduate students come in and talk to the kids. They serve as role models to the students," Walters said.

The graduate student involvement becomes more intense once the instructor, Walters in this case, is involved in research or training at SIO. One major component of the training occurs during a week-long, student-led excursion on the SIO research vessel Melville. Walters is able to send back real-time data to the classroom from the research vessel as Cawood oversees the class with the support of a substitute teacher.

Walters sees the connectivity with the researchers, the access to up-to-date science and exposure for the students as critical in engaging them. He and Cawood produce the curriculum for the labs they teach based on the ongoing research at SIO. These labs are available to other educators online



A partnership between Mission Bay High School and the Scripps Institution of Oceanography allows students to engage in hands-on study aboard the research vessel Melville. Courtesy photo

and they are specifically written so that other instructors can use the same material in their own classes.

Walters points out that the hands-on experience and the access to facilities and researchers both at SIO and UCSD generates interest with the students and gets them to think more seriously about their education. He feels that having a graduate student around only strengthens that interest and gives his own students direction.

"After doing this for 26 years, I look forward to coming to school every day and teaching," Walters said. "The students are engaged, and the gap between high school students and a future at a UC school is that much lower."

For more information on student-led research excursion on the Melville, visit [calechoes.ucsd.edu/](http://calechoes.ucsd.edu/).

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# Pursuit over for BR market

By KENDRA HARTMANN | VILLAGE NEWS

In a statement issued on March 29, the Bird Rock Farmers Market Committee announced that it will no longer pursue the opening of a Bird Rock Farmers Market at Mira Monte Plaza.

Catt White of San Diego Weekly Markets indicated that due to delays in the process of establishing the market, the committee will move on to other projects. She said that "opening a new market is ideally accomplished at the height of the growing season," making the delays in the pro-

cess that much more critical.

"Our apologies to the many Bird Rock residents who anticipated the market opening this spring, and our thanks especially to those who wrote letters and made calls in support of the market," White wrote. "We have been assured that there are better ways of supporting Bird Rock schools — please support every one of those efforts."

The issue of the Bird Rock Farmers Market has been pulled from the agenda of the April 1 meeting of the La Jolla Traffic and Transportation Board.

# Tougher pot dispensary rules OK'd by city

By NEAL PUTNAM | VILLAGE NEWS

Following a five-hour debate, the City Council voted 5-2 on Monday to pass a medical marijuana ordinance that limits dispensaries to light industrial zones, which means most of the current pot shops in La Jolla, Ocean Beach, Pacific Beach and downtown will have to close.

Nearly 500 people attended the City Council session, which was devoted to the sole topic of a medical marijuana ordinance. The council voted to allow marijuana dispensaries in Mission Valley, Barrio Logan, Southeast San Diego, Otay Mesa and San Ysidro.

District 2 City Councilman Todd Gloria made the motion for the ordinance but conceded early in the dis-

cussion that the ordinance is "more restrictive than I would care for," a remark that drew applause. Dispensaries cannot be within 600 feet of schools, parks, libraries, daycare centers or churches, among other restrictions.

Dispensaries must have a security system, be open 7 a.m. to 9 p.m. daily, obtain a conditional-use permit and be nonprofit. Patients will be allowed to possess a pound of pot with a state ID card and are allowed to grow 24 marijuana plants.

Voting in favor were council President Tony Young and councilmembers Kevin Faulconer, Sherri Lightner and Marti Emerald. David Alvarez was absent. Councilmembers Carl DeMaio and Lorie Zapf voted against the stricter rules.

# A REDUCED ROOST



Birds perch on the iconic Bird Rock, which collapsed in December. Despite the fact that their roost has been downsized, the birds are still coming back to Bird Rock.  
Photo by Sharon Hinckley

# Man convicted of sexual battery, burglary in La Jolla

By NEAL PUTNAM | VILLAGE NEWS

A jury on March 24 convicted a man of residential burglary and sexual battery for following a La Jolla woman home from a beach party last summer and fondling her in her bed at 4 a.m.

Bryan Patrick Silva, 21, of San Diego, had been free on \$50,000 bond, but was remanded into custody by San Diego Superior Court Judge Laura Parsky following the jury's verdicts.

The jury deliberated for about two and a half days, deadlocked in an 11-1 vote favoring conviction on a sex charge of digital penetration of a

sleeping victim. Parsky declared a mistrial on that one charge only.

Deputy District Attorney Robert Stein said the one dissenting juror didn't vote to convict Silva because no DNA evidence was presented. The jury also convicted Silva of receiving stolen property in the theft of the victim's cell phone, iPod and computer.

Stein said Silva faces six years in prison on the burglary conviction alone. His office has not determined whether they want to retry Silva on the one unresolved sex charge.

Sentencing was set for May 13. Silva did not testify in the trial that began March 15. His lawyer asked that Silva remain free on bond, but

Stein argued that circumstances have changed because he was convicted of several felonies.

The 22-year-old victim testified she woke up at 4 a.m. on Aug. 11, 2010, and saw a hooded man touching her. She screamed, and both Silva and a second man, Xavzier Pernell Paschal, 22, fled. She called police, and both men were arrested after an officer pulled over a car on Nautilus Avenue that had the stolen property inside it.

Paschal pleaded guilty to burglary and receiving stolen property and was sentenced to one year in jail. He has since been released on terms of three years probation.

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## GUEST COMMENTARY

# Don't worry about radiation

By RICHARD CLARK M.D.

Many Californians were, and still are, concerned about the potential for radiation exposure following the Japanese earthquake and tsunami that damaged a nuclear reactor. This mainly concerns possible fallout of radioactive particles that might carry across the Pacific Ocean and settle on the West Coast. This has led to "panic" buying of potassium iodide pills and solutions from pharmacies for protection from radioactive iodine. In reality, taking these supplements may do more harm than benefit.

When a nuclear accident or explosion occurs, harmful rays such as gamma rays can be released, but only travel a certain distance from the reactor. However, particles can be generated and released into the air, some of which are radioactive.

These particles can be inhaled or get into our water or food. They can then be taken into our bodies, where they can react with our organs. Some of these radioactive particles include radioactive iodine that gets into our thyroid gland. Some people who have radioactive iodine deposited into their thyroid gland can develop cancer or other thyroid problems days or years after the exposure.

By giving susceptible people potassium iodide (KI) supplements, one can "saturate" their thyroid gland with iodine, preventing uptake of radioactive iodine particles. The most susceptible individuals are children, pregnant women and people aged 18 to 40.

Scientists believe detectable levels of radioactive particles in the United States, and in particular Southern California, should remain well within safe limits. If a large explosion

occurs creating a significant fallout cloud, it would likely take several days to reach the United States. Studies show that KI needs to be taken within two hours after an exposure, so there is no need to buy or take iodine supplements at this time, and supplies should be released by government agencies to protect at-risk individuals if the need occurs.

The standard treatment for radioactive iodine exposure is different depending on the age of the person, but for adults over 18, it is 130 mg of KI a day until the contamination is gone. There are potential side effects of KI, including possible life-threatening allergic reactions and damage to the thyroid gland. Anyone with allergies to iodine, seafood, or iodine-containing medications should not take iodine supplements. Individuals with a known or suspected thyroid condition should check with a health care provider before taking iodine supplements.

It is important to remember that KI only protects the thyroid gland and the possible cancer-causing effects of the radioactive iodine. It won't protect a person from any other source of radiation or nuclear fallout.

Avoidance is the only other way to protect oneself from radiation related effects and cancers. This includes avoiding radioactive fallout if present, but it also consists of avoiding exposure to direct radiation such as x-rays.

— *Clark is medical director of the Poison Control Center in San Diego and the director of the UC San Diego Health System's medical toxicology division.*



Richard Clark, M.D.

## Write an email, save a library

Last week, the front-page story told of the potential closing of the Scripps Library, the world's only library dedicated solely to ocean science. The facility serves not only staff and students but also the community. My adjoining commentary, "The Scripps Library: legacy or lost forever?" (March 24, Page 6), will not be enough to convince UCSD administrators to funnel what would be a fraction of UCSD's vast budget to keep this one-of-a-kind library open. The administrators are deeply sensitive to how they are perceived in the community. Please write and tell them you want the library to remain in operation, and you can

be satisfied that you had a hand in securing this resource for yourself, your children, your grandchildren and the local, national and international oceanographic community. The following decision-makers hold the fate of the Scripps Library—its financial budget—in their hands:

**Marye Anne Fox**, UCSD chancellor:  
chancellor@ucsd.edu

**Suresh Subramani**, Senior Vice Chancellor of Academic Affairs: svcaa@ucsd.edu

**Tony Haymet**, Vice Chancellor of Marine Science: thaymet@ucsd.edu

**Brian Schottlaender**, University Librarian: becs@ucsd.edu

— *Judith Lea Garfield*

## Farmers market promises neighborly fellowship

Re: "Residents outline concerns about proposed Bird Rock farmers market" (March 3, Page 1). I strongly support the proposed Bird Rock Farmers Market. I firmly believe that the community can and will support both the existing Sunday morning market and this second neighborhood venture. The Bird Rock Farmers Market promises to be a true neighborhood gathering, with shoppers coming by foot, wagon and bikes for fresh produce and other farm-fresh items.

Certainly traffic is always a concern, but the very layout of this market and the limited accessibility for vehicular traffic outside of the surrounding area seems to speak somewhat to that concern. The experience and success of the market manager should not be downplayed. She runs several thriving neighborhood markets in San Diego and has strong ties to the local farming community. I think her organization is more qualified and prepared than any to successfully handle the complications of running such an endeavor and satisfy community concerns.

With the delivery of thousands of pink slips to San Diego school teachers this week, local schools need help and additional funds to continue to thrive. What better way to benefit Bird Rock Elementary and Muirlands Middle schools than bringing our families to a local market that is comprised of San Diego's working farmers? That alone is a lesson unto itself.

Pamela Kennedy  
La Jolla

## Thanks for 'making sense'

Re: "Numbers in on Independent La Jolla," (March 17, Page 1). In my 41 years of living in La Jolla, I have read many stories in our local press about seeking legal independence for our Village. But your feature made the most sense. So, mark me down as a supporter of this proposal! I hope the proponents will move forward a vote on the matter with our residents. The La Jolla Town Council is powerless to influence city government on our behalf. I hope you will have a follow-up article with the pros and cons on this issue.

Phil Harris  
La Jolla

## For their own sake, don't touch the seals

The front-page photo of Mike Willoughby (March 17) along with the

headline "A Seal Whisperer?" leads to the impression that the professor has a special gift in interacting with willing seals.

In fact, most marine mammal researchers inform us that harbor seals are much better served by avoiding human contact. Especially during pupping season, mothers may become aggressive in the water if approached by swimmers and divers. Wouldn't you be protective given the same circumstances?

Unfortunately, our seals in and around Casa Beach (Children's Pool) have been shorted the "shared use" both in the water and on the beach because of the frequency of unaware visitors coming in too close for that camera shot and from locals who place themselves in the pool and near the water's edge for the self serving purpose of preventing mothers and pups from using the beach for the many lessons the mothers must teach the young during their short birth to weaning stage, usually anywhere from four to seven weeks. In San Diego, the pupping season extends from December to May.

The *Village News* went beyond good judgement in printing this story at the critical pupping season when we should all stay behind the rope (at least) and out of their ocean home to allow the marine animals the necessary space needed for this very brief but critical time. Perhaps it is time to consider making the pool into a marine sanctuary to ensure the seals remain here and don't abandon this special beach.

Ellen Shively  
La Jolla Friends of the Seals

## Let's take a chance on La Jolla's autonomy

Re: "Numbers in on Independent La Jolla," (March 17, Page 1). I have lived in La Jolla long enough to witness the deterioration of sidewalks in downtown La Jolla and the prolonged absence of streetlights throughout the community not to wonder if autonomy from the city of San Diego may bring some remedy to these defects. Although I realize that my view is quite narrow and the issues of autonomy are much broader and complex, I am willing to jump off the precipice into the unknown and the new, rather than continue in La Jolla's seeming current limbo.

Kristina Webb  
Bird Rock

## 'Action' is a distraction!

I have a concern about the La Jolla Kiwanis Club posting signs and flyers all over the bike path that runs through the Bird Rock area to Nautilus Street. The signs and flyers are bolted into trees, with five or six large bolts per tree.

1. The bolts are damaging to the trees.

2. The bolts and signs qualify as litter, which is offensive.

3. The Kiwanis are advertising in an attempt to collect money to "mow weeds" at one of the few "natural" wildlife areas in our urban area.

4. The Kiwanis proclaim: "It is now time" to do this service! Who exactly are they representing? This is public property that they are attempting to control!

5. They actually state that "all contributions are tax deductible."

They are planning this "action" on Saturday, April 2.

Pat R.  
Bird Rock

## EVENTS CALENDAR

# Don't miss it!

FOR MORE NEWS ABOUT LA JOLLA VISIT  
LaJollaVillageNews.com

## THURSDAY, March 31

• **Wonderland: Chunky Move, 6 p.m.**, Wagner Theater at UCSD, 9500 Gilman Drive, part of Wonderland dance festival, featured performance art by two choreographers, Byron Perry and Antony Hamilton as they create a new work while the audience watches, (858) 822-3199, www.artpwr.com, \$10 UCSD students, \$20 general

• **Wonderland: Kate Weare and Monica Bill Barnes, 7:15 p.m.**, Potiker Theater at UCSD, 9500 Gilman Drive, part of Wonderland dance festival, including a sneak peek at Weare's new work, "Garden," and Bill Barnes' blend of theatricality, humor and humanity, (858) 822-3199, www.artpwr.com, \$10 UCSD students, \$20 general

## FRIDAY, April 1

• **Broadside Ballads: The White Buffalo with Jesse LaMonaca, 8:30 p.m.**, The Loft @ UC San Diego, UCSD Price Center East, second floor, information and tickets at (858) 534.TIXS (8497) or www.theloft.ucsd.edu, \$12 advanced, \$14 at door

• **Opening artists reception: Jamex and Einar de la Torre with emerging artist Julio Orozco, recipients of the 2010 San Diego Art Prize, 6:30 to 8:30 p.m.**, The La Jolla Athenaeum, 1008 Wall St., (858) 454-5872, free

## SUNDAY, April 3

• **7th annual La Jolla Motor Car Classic, 9 a.m. to 3 p.m.**, Ellen Browning Scripps Park, details at www.LaJollaMotorCarClassic.com

• **"Sing Out!" local adult and youth choirs will celebrate the vast musical collection of Cantor Henri Goldberg, 1 p.m. and 4 p.m.**, David & Dorothea Garfield Theatre, 4126 Executive Drive, (858) 362-1348, \$15 Jewish Community Center member, \$18 non-member

• **Slavic Program, The Dionysus Quartet, 2 p.m.**, The La Jolla Library, 7555 Draper Ave., www.lajollalibrary.org, free

## MONDAY, April 4

• **Athenaeum mini-concert: Rob Thorsen, jazz bassist, noon**, 1008 Wall St., (858) 454-5872, free

## TUESDAY, April 5

• **ArtPower! Film invites will host award-winning video artist Nira Pereg, 8 p.m.**, presenting selections from work about the ways social structures intersect with the authority of the individual; come at 7 p.m. to meet Nira and enjoy bites and beverages, The Loft @ UCSD, www.artpwr.com, free

• **Chamber Music Series Concert: The Myriad Trio, 7:30 p.m.**, performing Ravel's Sonatine and works by Debussy, Bach and more, The Neurosciences Institute, 10640 John Jay Hopkins Drive, www.sandiegosymphony.org

SEE EVENTS, Page 7



LA JOLLA VILLAGE NEWS  
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DOWNTOWN NEWS



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Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week prior to publication and include valid contact information.

**OPINIONS**

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CONTINUED FROM **Page 6**

**WEDNESDAY, April 6**

- **Children's storytime at the Athenaeum, 3 p.m.**, 1008 Wall St., (858) 454-5872, free
- **"Caring for Each Other" Lenten program and potluck dinner, 6 to 7:30 p.m.**, potluck dinner followed by presentation based on The Steven's Ministry, a visitation program to help care for family and friends during critical times, University City United Church, Church Fellowship Hall, 2877 Governor Drive, (858) 453-3444, free

**THURSDAY, April 7**

- **La Jolla Community Planning Association meeting, 6 p.m.,** La Jolla Recreation Center, 615 Prospect St., (858) 456-7900, [info@lajollacpa.org](mailto:info@lajollacpa.org)
- **Discussion and book-signing event: "Blind Sight," by former dancer and debut novelist Meg Howrey, 7:30 p.m.,** Warwick's, 7812 Girard Ave., (858) 454-0347
- **Art lecture: "Roman Ruins: Ancient Italy From the Riviera to Calabria," first lecture of series presented by James Grebl, Ph.D., 7:30 p.m.,** The Athenaeum, Joan &



# MUSTGO

Irwin Jacobs Music Room, 1008 Wall St., reservations at (858) 454-5872; series: \$40 members, \$60 non-members; individual lecture: \$12 members, \$17 non-members

• **“Sweet and Savory Rustic Tarts,” a cooking class with Lauren Wilkin-son, private chef and Sbicca cater-er, 6 p.m.,** Cups Culinary, 7857 Girard Ave., [www.cupslj.com](http://www.cupslj.com), \$65

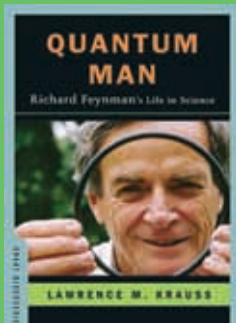
## MUSTREAD

## Feynman biographer comes to D.G. Wills

Perhaps the greatest physicist of the second half of the 20th century, Richard Feynman changed the way the world thinks about quantum mechanics. **On April 7 a 7 p.m.,** theoretical physicist and best-selling author Lawrence M. Krauss will be at D.G. Wills Books to discuss and sign his biog-

raphy on the scientific spearhead.

In "Quantum Man: Richard Feynman's Life in Science," Krauss tells how Feynman revolutionized the world's understanding of nature amid a turbulent life. From the death of his childhood sweetheart during the Manhattan Project to his reluctant rise as a scientific icon, the author provides a new understanding of the legacy of a man who has fascinated millions. D.G. Wills Books is located at



7461 Girard Ave., and the event is free with a book purchase. Information is available by calling (858)456-1800.

## MUSTEAT

## Get fresh with Jesus Gonzalez at Cups

Are you fresh out of cooking ideas when it comes to the random seasonal veggies you get in your Community Supported Agriculture (CSA) box? Or have you wanted to join a CSA farm but aren't sure what you would do with all the fresh produce once it arrives?

If so, there's a class at Cups Culinary, located at 7857 Girard Ave., that could be to your benefit. Cups Culinary Director Chef Jesus Gonzalez brings you "Farm-to-Table" on **April 3 at noon**, a class in which he will make several tasty dishes out of

a CSA box from San Diego's Seabreeze Organic Farm. Students are also encouraged to bring along their own CSA boxes or a particular fruit or vegetable they want to learn how to cook. Tickets are \$65 and available at [www.cupslj.com](http://www.cupslj.com).



## A local wedding, from food to flowers

Warwick's Books is hosting the La Jolla Village Bridal Fair **on Tuesday, April 5 at 7 p.m.** at the La Jolla Woman's Club, a historic wedding venue located at 715 Silverado St. The event will feature renowned wedding planner Barbara Wallace and

stylist Annie Withers, authors of "Beautiful Bride From Every Angle." For those planning a wedding, this is a chance to meet a select group of local vendors who specialize in all things bridal, including Adelaide's Florist and Decorators, The French Gourmet, Siegel Thurston Photography, AH Calligraphy and Custom Invitations by Warwick's Stationers. Wallace and Withers will be

on hand to discuss and sign their book. This is a ticketed off-site event. With a purchase of the book from Warwick's, guests can receive up to four complimentary admission tickets. If you wish to attend without purchasing the book, tickets are \$10 each and available by calling (858) 454-0347 or emailing the Warwick's events department at [events@warwicks.com](mailto:events@warwicks.com).



You are cordially invited!

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## New for 2011:

- **Ballast Point Beer Garden** – On the beach with live entertainment
- **Festival Area** - Including vendors, artists and fun for the kids
- **Friday Preview Day** – Free! 3–7 p.m. April 1<sup>st</sup>  
Watch the races from the beer garden

**SEE YOU THERE!**

**April 2 and 3**  
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THURSDAY, MARCH 31, 2011 | VOL. 16, No. 28



From left: Steve Limones (Alex) and Camden Gonzales (Frida) perform in “Frida Libre,” which plays in San Diego schools through Friday. Photo by J.T. MacMillan

Your turn for ‘Frida’

By CHARLENE BALDRIDGE | VILLAGE NEWS

Perhaps your children or grandchildren saw “Frida Libre,” a world premiere production of La Jolla Playhouse Pop Tour that continues playing in San Diego schools through Friday. Now it’s your turn. In order to relate what to expect and what children in 50 San Diego schools have seen, this writer went to John Muir School (K-6) on March 25 to observe the original musical, written for the Playhouse by Karen Zacarias (book and lyrics) and Deborah Wicks La Puma (music) and directed by Rosemary Newcott. The story concerns transformation and the overcoming of fear. Alex (Steve Limones) is a shy little boy growing up in Mexico City. He never raises his hand in class. The maestro (Spanish for “teacher”), played by Steven Lone, introduces Frida

(adorable Camden Gonzales), the first girl ever accepted into the special school for students gifted in science. Frida needs a science partner. “Why did I raise my hand?” sings Alex, who eventually admits Frida’s “not bad, for a girl.” Their science project is metamorphosis, and the musical, which entails capturing a caterpillar and documenting its eventual emergence through drawings and writing, changes both youngsters. Each confides their dreams and hopes. Frida, who is crippled from polio, wants to be Frida Libre (the free), and the shy Alex wants to be Super Luchador (Spanish for “fighter,” or in this case, wrestler). More than a bit of magic realism is involved (thanks to the fourth company mem-



Camden Gonzales (Frida) in La Jolla Playhouse’s 2011 POP Tour Production “Frida Libre” interacts with a young audience at John Muir School on March 25. Photo by J.T. MacMillan

SEE FRIDA, Page 10



Sauvage, located at 1025 Prospect St., features swimwear designed locally by Elizabeth Southwood. One of her styles was featured on the 2011 Sports Illustrated Swimsuit Edition cover. Photo courtesy of Danielle Tavshanjian of Sauvage Inc.



Fashionably yours

HOLLY LAUREN BEEDLE

Swimwear making a splash in La Jolla this season

One Prospect shop suit featured on Sports Illustrated Swimsuit Edition cover

Where other than California would you find the best swim and surf wear shops? La Jolla offers an assortment of fashionable and functional pieces to suit any beach-style fashionista, weather a sophisticated jetsetter vacationing at the La Jolla coast or a windblown, tan, active, flip-flop-wearing surfer on the hunt for the perfect break.

Chic on the beach

San Diego’s premier bathing suit retail store, Sauvage, located at 1025 Prospect St., is unlike any other in La Jolla. There you can find sexy poolside-style designs catering to sophisticated men and women who appreciate things that are chic and unusual. Sauvage bathing suits are designed locally by Elizabeth



SEE FASHION, Page 10

Colosseum owner a jack of all trades

By WILL BOWEN | VILLAGE NEWS

An appreciation for art is important because art can help inform others how we address the major social issues of our times, says Floyd Elmore. Elmore is a multifaceted individual. He’s not only the founder, president and co-owner of Colosseum Art Gallery, located at 7946 Ivanhoe Ave., but he has a degree in electronic engineering, is a talented abstract artist, publishes books and is an avid reader of philosophy and an ancient civilizations buff. “Art is the first to tackle many issues, for instance our modern concerns about the course of technology and mass communications,” said Elmore, who oversees the gallery with his partner, Richard Sertuca. Colosseum Art Gallery is named after the ancient Roman Colosseum

and its current holdings include: Russian artists Vachagan Narazyan and Dimitro Dmyshyts, England-based Daniel Van Der Putten, Romanian artist Irini Negelescu, local photorealist Dennis Day and movie actress Jane Seymour. Elmore said Colosseum gallery is unique among La Jolla galleries because it carries everything. “We are not limited by category or genre like some of the other galleries in La Jolla,” he said. Narazyan’s paintings are bluish-gray pastel-colored works featuring circus and Louis XIV characters. Foreground disappears into background in Narazyan’s work, which is playful yet sophisticated and serious. Fellow Russian Dmyshyts also works in a playful manner with circus characters. Both Russian artists worked underground early in their careers

because of the threat of death for producing art that did not follow the state’s official style of Soviet realism. Van Der Putten, who was born in Rembrandt’s town in the Netherlands, uses an Old Dutch technique with extreme colorfulness and precision. His details are so fine that it appears he uses single hair brushes. Elmore said Van Der Putten’s work is “the best art in the entire city of San Diego.” Also on view: a collection of Dennis Day’s realistic paintings of attractive young women, a small sculpture by Jane Seymour and two paintings by Negelescu from her “Women in the Water” series. On view at Colosseum are also Elmore’s paintings, which he works on when he has a spare moment in

SEE COLOSSEUM, Page 10



Floyd Elmore, owner of Colosseum Art Gallery, poses with two of his paintings: “Speaking of Past Spoke in Newspeak” (to his right) and “Inappropriate Social Convection Trends” (to his left). WILL BOWEN | Village News

## FASHION

CONTINUED FROM Page 9

Southwood to have plenty of attitude. Her eye-catching suits are not only loved by La Jolla and its visitors, but they are enjoyed worldwide. One of her “Starlet” style bikinis is worn by the gorgeous Russian supermodel Irina Shayk on the cover of the 2011 *Sports Illustrated* Swimsuit Edition. Other bathing suits from Sauvage are designed with interesting cut-out details to accentuate feminine curves or adorned with jeweled embellishment to accessories the sunbather’s wardrobe. The men’s line is equally elegant — perfect for the man who prefers a more fitted bathing suit rather than a board short.

Swimwear  
for the swimmer

Title Nine swimwear, located at 7855 Herschel Ave. Suite 100, caters to active women who need a great-fitting suit they can actually swim in. Co-owner Beth Marshall says her customers want active swimwear that is cute and colorful to complement their athletic bodies. Here you can find casual styles perfect for swimming laps, surfing and just looking good.

A bathing suit is not just always in fashion when you live in Southern Californian, but it’s a wardrobe staple when your life is surrounded by the Pacific Ocean. La Jollans can never have too much swimwear and these two shops provide active beach-goers and glamorous pool-partiers with top-notch trends for this spring and summer.

## COLOSSEUM

CONTINUED FROM Page 9

his busy work schedule. Influenced by Salvador Dali and René Magritte, they are of eye-catching abstract geometrical forms and fractal designs, resembling maps and biological processes.

Elmore’s interest in ancient history is guided by its parallel to modern times.

“Although we have come so far, we are facing the same issues and the same paradigms as ancient people did,” he said. “Knowing how the ancients dealt with their problems can help us today.”



From left: Camden Gonzales (Frida), Steven Lone (maestro/ensemble), Rae Henderson (ensemble) and Steve Limones (Alex) perform in La Jolla Playhouse’s 2011 POP Tour production “Frida Libre.”

Photo by J.T. MacMillan

## FRIDA

CONTINUED FROM Page 9

ber, Rae Henderson) in the tale, based on the childhood of the Frida who became artist Frida Kahlo. Lots of the kids know this in advance, because they’ve had in-class preparation for the play.

The story is geared to children, but this adult found herself moved by the

uplifting story.

The most fun was observing the children as they watched Frida and Alex point over their heads to things seen in the sky. So vivid were the proceedings in their minds that the children turned to see what Frida and Alex were seeing. The kids’ questions following the performance were amazing.

Now it’s your turn to see the magic of theater, by bringing your children

and letting them ask their own questions. “Frida Libre” will be showing this weekend at the Playhouse. Although the performance at 1 p.m. on Saturday, April 2, is already sold out, seats remain at 3:30 p.m. on Saturday and both 1 and 3:30 p.m. on Sunday, April 3. La Jolla Playhouse is located at 2910 La Jolla Village Dr. For tickets (\$9-\$12), visit [www.lajollaplayhouse.org](http://www.lajollaplayhouse.org) or phone (858) 550-1010.

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# Scholarly achievements and a glittering supper club

## Starry, starry nights



Founded in 1958, the ARCS Foundation is a national volunteer women's organization dedicated to promoting America's capacity for research and innovation in science and technology. The acronym stands for Achievement Rewards for College Scientists, and the group has given \$77 million in scholarships to support the country's most promising scholars. Candidates must maintain a minimum 3.5 GPA. Significantly, they must also be U.S. citizens.

Funding comes from membership contributions; individual, corporate, and foundation support; and fundraising events. 100 percent of all donations goes directly to the students, and our local chapter gave \$355,000 to this year's 48 scholars. They were feted at the Scientist of the Year dinner, held March 18 at the Hilton Torrey Pines. It began with a reception, where

guests could meet the scholars amid displays of their current research projects. Later, during the dinner program, the scholars were presented on stage as video portraits depicted them and their work.

The event honored Richard C. Atkinson, Ph.D., as scientist of the year. A list of his achievements, honors, and accomplishments would be longer than this entire column, but many La Jollans will recall that he was UCSD's chancellor from 1980 to 1995; then president of the UC system until 2003. His post-dinner presentation, "The Science of Human Memory," dealt with the fascinating psychology of short- and long-term memory, how they're related, and how information is transferred from one to the other. It's a subject that becomes more personal to most of us as time goes by...

\*\*\*

One would expect entertainment organizations to put on the best parties, and our treasured La Jolla Playhouse (LJP) brings us some of the best entertainment in the region (and beyond!). One of LJP's greatest assets is Debby Jacobs, who's been chairing the theatre's fundraisers for so long that she must have started in her early teens. Her latest effort, the March 19 La Jolla Playhouse Honors Gala Tribute, started with the usual festive cocktails-and-sumptuous hors d'oeuvres party outside the Potiker

Theatre. But when guests went inside for the dinner and program, they were shocked to find that the theater's usual seating had vanished. In its place appeared a gorgeous, elaborate supper club, reminiscent of a set from "I Love Lucy." Tiered seating for 350, complete with upholstered booths and banquettes, metallic tables, and clear plastic chairs, was specially constructed in place. It looked like a very expensive permanent installation. How could LJP justify such a lavish expense for a one-night party? They didn't. Set designer David Weiner found a way to do it with economical modular units, rented for the occasion. (Sorry to spill the beans, Debby!)

Every seat had a great view of the stage, above which a huge projection screen displayed scenes of mountains, forests, stars, northern lights, and other natural beauty. Screens on the theatre's left and right sides showed complementary views. And after a supper of shrimp and filet mignon, the stage doors opened and the Honors Tribute show began, with talented Emmy nominee Jesse Tyler Ferguson as host. He sang specially-written lyrics (some quite humorous) with a powerful voice. After his highly entertaining performance, the program continued with a tribute to playwright Doug Wright presented by LJP Artistic Director Christopher Ashley, one to actor BD Wong presented by Managing Director Michael Rosenberg, and another to scenic designer Robert Brill presented by former Artistic Director Des McNuff. Jefferson Mays joined Joan and Irwin Jacobs for a tribute to LJP "founding father" Arthur



**LJ Playhouse 1:** Michael Rosenberg (LJP managing director), Susan Lyons and Jefferson Mays, Debby Jacobs (event chair), Lindsey Jacobs  
**2:** Wayne Wagner, Laurel McCrink, Mary Wagner, Molli Wagner, Arthur Wagner (honoree).  
**3:** Harvey and Sheryl White, Joan and Irwin Jacobs, Karen and Don Cohn.  
**4:** Doug Wright (playwright and honoree), David Clement, Christopher Ashley (LJP artistic director), Ellen Sarver Dolgen and David Dolgen (he's LJP board chair).

Wagner, who received an especially enthusiastic ovation from the audience, and a tribute to all the former LJP board chairs was presented by current Board Chair David Dolgen. Singers Amanda Green, James Inglehart, and Camden Gonzales added musical notes to the honors program.

Auctioneer Steve Hammond solicited pledges from the audience, and over \$100,000 was raised (an anonymous matching grant doubled that amount). The evening concluded with an "After-Hours Speakeasy" featuring decadent desserts, a full open bar, and great music.



**ARCS 5:** Ray Peet (VADM USN, Ret.) and Dian Peet, Howard and Sally Oxley, Tim and Ellen Zinn  
**6:** Jim and Diane Marinos (she's event chair), Tom Pine, Edwina Riblet, Marcia Borgman  
**7:** Rick Elkus, Megan McKenna (scholar), Patty Elkus, Candace Kohl (ARCS chapter president), Eloise and Russ Duff.






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La Jolla Recreation Center


Local restaurateur has been serving the community since age 11

## La Jolla landmark eatery celebrates 20 years of service

### Hospitality star of the week

By **CLAIRE HARLIN** | VILLAGE NEWS

For Megan Heine, hospitality is not just a career and passion — it's a family tradition.

Heine, along with her husband, David, is credited for transforming the

Bird Rock restaurant scene with her opening of Beaumont's, 5662 La Jolla Blvd., a little more than five years ago. She is also celebrating 20 years of ownership at Brockton Villa, located at 1235 Coast Blvd. and housed in an 1894 coastal cottage that is part of the La Jolla Historical Society.

A go-to place for home-style, fine dining with a view of the La Jolla Cove, the restaurant has been part of Heine's family since 1991 and she —

only in her late 20s at the time — became the owner in 1994.

Before the historic cottage was Brockton Villa, it was the well-known Pannikin Coffee & Tea (which has locations at 7467 Girard Ave. and all over San Diego County), where Heine started working at the age of 11.

It's no wonder Heine has such a deep connection to the restaurant and its customers. Even though the eatery lost money in its early years, she continued to persevere because she simply "fell in love with the business."

Things have really shaped up in recent years for Heine, a resident of Bird Rock, and much of her business success has bloomed from her desire

SEE **HEINE**, Page 13



Megan Heine stands with husband and business partner, David, inside their restaurant, Beaumont's Eatery.  
Photo courtesy of Amy Fellows

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Brockton Villa's legendary twist on French toast, "coast toast," doubles as a decadent dessert when served a la mode with cinnamon or vanilla gelato. Photo courtesy of Brockton Villa

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Brockton Villa is known for its remarkable seafood, like this ginger-chili-glazed natural salmon with coconut cilantro rice, baby bok choy and citrus butter emulsion.  
Photo courtesy of Brockton Villa



You can hear the La Jolla Cove seals from Brockton Villa's seafront veranda.  
Photo courtesy of Brockton Villa

HEINE

CONTINUED FROM Page 12

to unite her home community — which also neighbors the Windansea neighborhood where she grew up. Megan and her husband felt a need for better dining options and a gath-

ering place in the area, and she said it was inevitable that she would open a restaurant in Bird Rock, in addition to Brockton Villa. Beaumont's has not only served as a popular place for day- and night-time diners, but it has even brought live music and nightlife to the community between Pacific Beach and

La Jolla. The restaurant has garnered great review after great review — and many-a-kudo at community meetings. To sum it up: the place is a great fit in the surrounding neighborhood, while still keeping to the concept of unpretentious food served in a comfortable atmosphere.

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**Channel 4**

## GUEST COMMENTARY

# What's the real 'anti-aging' for your eyes?

## Optometric Association shares tips on starting now to have younger eyes later

By PHYLLIS KLEIN

Forty may be the new 30 for your eyes, and we're not talking about what you may be thinking. When it comes to the appearance of the fine lines and wrinkles around the eyes, many run out and purchase the latest quick-fix anti-aging solution. Unfortunately, nobody can find a drugstore night cream to save vision. Failure to take precautions to help preserve eye health and prevent vision loss will cause many to experience declining vision sooner than they ever expected. According to the California Optometric Association, it is never too early to start protecting your most precious sense.

Vision loss happens gradually and is often imperceptible until it reaches a point of no return.

"The first sign many people with undiagnosed macular degeneration, glaucoma, diabetic retinopathy and other conditions notice is blindness,"

said San Diego optometrist Jennifer Tabibzadeh. "Early detection and intervention can keep your vision young."

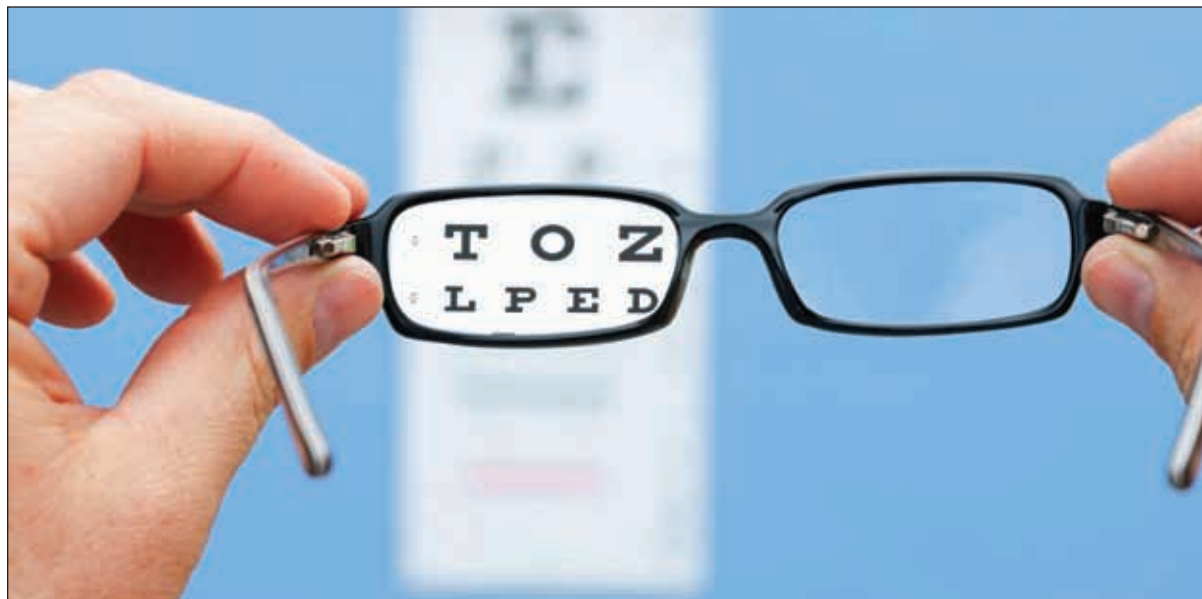
The California Optometric Association offers specific tips to help preserve eye health and good vision at all ages:

### 20s and 30s

Similar to other organs in the body, the eyes are generally healthy for people in their 20s and 30s. The majority of adults in this category can correct their vision problems by wearing corrective lenses, either contact lenses or eyeglasses.

At this age, it's important to start taking proactive steps to protect eyesight and vision in future years, such as:

- Eat foods rich in six nutrients: antioxidants lutein and zeaxanthin, essential fatty acids, vitamins C and E and the mineral zinc. Foods rich in these nutrients include broccoli, spinach, kale, corn, green beans,



peas, oranges and tangerines.

- Quit smoking to lower the risk of developing age-related macular degeneration and cataracts in the future.

- Wear sunglasses during the day-

time to protect against harmful UV radiation.

### 40s and 50s

People often begin to notice vision changes around the age of 40, with a

chief complaint being difficulty seeing while reading or doing close work. This condition, called presbyopia, will continue to progress over time. Other vision changes include difficulty seeing at long distance, problems seeing in low light or at night, sensitivity to light and glare, and increased risk of dry eye for women after menopause. An optometrist will make sure you have a proper prescription while offering suggestions on how to ease other symptoms.

- Be aware of any eye diseases that run in your family and discuss them with your optometrist.

- Don't settle for drugstore magnifying glasses. Invest in higher-quality reading glasses specifically tailored to your visual needs. Isn't your vision worth it?

- Don't be embarrassed to discuss your general health with your optometrist. Many medications have ocular side effects, especially those for anxiety, depression, arthritis, high cholesterol and thyroid conditions.

- If you haven't already committed to an exercise regimen, now is the time to do so to help keep overall health and vision in shape.

### 60s and beyond

At this age, patients must be vigilant about seeing their optometrist to check for the onset of diseases like macular degeneration and glaucoma. Many of these conditions have no early symptoms and develop painlessly but once they do, the vision loss is irreversible.

- Visit your optometrist at least once a year at this age. Depending on family history and risk factors, the doctor may recommend checkups more than once a year.

- Report all changes in your general health to your optometrist. Don't accept declining visual acuity as just a part of aging.

- If you value your sight and want to keep it throughout a long life, now is the time to develop good habits and establish a relationship with an optometrist. To find a nearby doctor of optometry, or for additional information on eye health, please visit [www.eyehelp.org](http://www.eyehelp.org).

—Phyllis Klein is a spokeswoman for the California Optometric Association (COA). Founded in 1899, COA is California's oldest recognized organization for optometrists and represents more than 2,700 optometrists in the state.

## Congratulations to the 2011 Combined Health Agencies HEALTH HEROES

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## LEGAL ADS 900

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006150 THE NAME(S) OF BUSINESS: ESTEBAN INTERIORS** located at: 7605 GIRARD AVE. LA JOLLA, CA. 92037 is hereby registered by the following owner(s): ARTHUR KAY, INC. This business is being conducted by: A CORPORATION ARTHUR KAY, INC. 7605 GIRARD AVENUE LA JOLLA, CA. 92037 CALIFORNIA CALIFORNIA The transaction of business began on: 02/24/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 28, 2011 ISSUE DATE(S) : MAR 10, 17, 24 AND 31, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006307 THE NAME(S) OF BUSINESS: DM WHOLESALE** located at: 3500 SPORTS ARENA BLVD. SAN DIEGO, CA. 92110 is hereby registered by the following owner(s): DREW HOFFOS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 01, 2011 ISSUE DATE(S) : MAR 10, 17, 24 AND 31, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-005639 THE NAME(S) OF BUSINESS: SONIC EVENT PRODUCTIONS** located at: 4015 CROWN POINT DR Phd SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): TAYLOR DAPICE This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 23, 2011 ISSUE DATE(S) : MAR 10, 17, 24 AND 31, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006549 THE NAME(S) OF BUSINESS: SAN DIEGO PETS MAGAZINE, SD PETS, GO PETS, SAN DIEGO PETS** located at: 5534 LONE STAR DRIVE SAN DIEGO, CA. 92120 is hereby registered by the following owner(s): DEAN PUBLISHING, INC. This business is being conducted by: A CORPORATION DEAN PUBLISHING, INC. 5534 LONE STAR DRIVE SAN DIEGO, CA. 92120 CALIFORNIA The transaction of business began on: 03/01/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 03, 2011 ISSUE DATE(S) : MAR 10, 17, 24 AND 31, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006563 THE NAME(S) OF BUSINESS: GROOVY INU.COM** located at: 2801 CAMINO DEL RIO SO. #100B SAN DIEGO, CA. 92108 is hereby registered by the following owner(s): EUGENE HARRIS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 02/01/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 03, 2011 ISSUE DATE(S) : MAR 10, 17, 24 AND 31, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006566 THE NAME(S) OF BUSINESS: THE PERFORMANCE GROUP, TPG SOLUTION** located at: 6930 HYDE PK DR. #212 SAN DIEGO, CA. 92119 is hereby registered by the following owner(s): DEBORAH VAQUEZ This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 02/01/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 03, 2011 ISSUE DATE(S) : MAR 10, 17, 24 AND 31, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-005698 THE NAME(S) OF BUSINESS: ROSEGRANS MOBILE AUTO REPAIR** located at: 569 69th ST. SAN DIEGO, CA. 92114 is hereby registered by the following owner(s): HECTOR MELEJO MEDINA This business is being conducted by: AN INDIVIDUAL The transaction of business began on: not yet started The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 23, 2011 ISSUE DATE(S) : MAR 10, 17, 24 AND 31, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006607 THE NAME(S) OF BUSINESS: PLATINUM HOUSECRAFT** located at: 8880 RIO SAN DIEGO DR. #800-883 SAN DIEGO, CA. 92108 is hereby registered by the following owner(s): PLATINUM HOUSE CONSTRUCTION, INC. This business is being conducted by: A CORPORATION PLATINUM HOUSE CONSTRUCTION, INC. 8880 RIO SAN DIEGO DR #800-883 SAN DIEGO, CA. 92108 CALIFORNIA The transaction of business began on: not yet started The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 03, 2011 ISSUE DATE(S) : MAR 10, 17, 24 AND 31, 2011

**PETITION FOR CHANGE OF NAME, SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, CIVIL DIVISION, 330 W. BROADWAY, SAN DIEGO, CA. 92112-0126** CASE NO: 37-2011-00086961-CU-PT-CTL PETITIONER OR ATTORNEY, MEGAN RUTH KENNEDY 1102 IRWIND RD. SAN DIEGO, CA. 92131 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM MEGAN RUTH KENNEDY TO MEGAN RUTH KENNEDY WU THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the pe-

tion should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON APR 20, 2011 TIME: 8:30 AM DEPT: 8 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): MAR 10, 17, 24 AND 31, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006536 THE NAME(S) OF BUSINESS: MODERN ANALYTICS** located at: 1010 TURQUOISE ST. STE 250 SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): OELF INC. This business is being conducted by: A CORPORATION OELF INC. 1010 TURQUOISE ST. STE 250 SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: not yet started The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 03, 2011 ISSUE DATE(S) : MAR 10, 17, 24 AND 31, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006835 THE NAME(S) OF BUSINESS: DK CO PANY, DK TRADING COMPANY** located at: 3550 RUFFIN RD 169 SAN DIEGO, CA. 92123 is hereby registered by the following owner(s): DELKA KATZAREVA This business is being conducted by: NOT YET STARTED The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 07, 2011 ISSUE DATE(S) : MAR 17, 24, 31 AND APR 07, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-007215 THE NAME(S) OF BUSINESS: NORTH COUNTY PRAYER BREAKFAST / NCPB** located at: 16121 MARTINCOIT RD. POWAY, CA. 92064 is hereby registered by the following owner(s): DELKA KATZAREVA This business is being conducted by: A CORPORATION TRUTH IN ACTION 16121 MARTINCOIT RD. POWAY, CA. 92064 The transaction of business began on: 03/09/06 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 09, 2011 ISSUE DATE(S) : MAR 17, 24, 31 AND APR 07, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006788 THE NAME(S) OF BUSINESS: SERENITY TOUCH THERAPY, JJ VOICE STUDIO** located at: 2943 WEST CANYON AVE. SAN DIEGO, CA. 92123 is hereby registered by the following owner(s): JENNINE JONES This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 03/01/06 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 04, 2011 ISSUE DATE(S) : MAR 17, 24, 31 AND APR 07, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-007433 THE NAME(S) OF BUSINESS: MARIBEL'S CLEANING SERVICES** Located at: 2122 BURDOCK WAY 2 CHULA VISTA, CA. 91915 is hereby registered by the following owner(s): MARIBEL RODRIGUEZ This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 03/01/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 10, 2011 ISSUE DATE(S) : MAR 17, 24, 31 AND APR 07, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-007551 THE NAME(S) OF BUSINESS: JUST BECAUSE GIFT** located at: 9353 CLAIREMONT MESA BLVD. SAN DIEGO, CA. 92123 is hereby registered by the following owner(s): EDWIN WIDJOJO This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 11, 2011 ISSUE DATE(S) : MAR 17, 24, 31 AND APR 07, 2011

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN DIEGO 330 W. BROADWAY HALL OF JUSTICE SAN DIEGO, CA. 92101 CASE NO: 37-2011-00087462-CU-PT-CTL PETITIONER OR ATTORNEY, HEATHER LOUISE SNYDER 10333 BROOKHURST LANE SAN DIEGO, CA. 92126 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM HEATHER LOUISE SNYDER TO HEATHER LOUISE ADAMS THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the pe-**

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006809 THE NAME(S) OF BUSINESS: BUTTONS BAUBLES N BOWS** located at: 9353 CLAIREMONT MESA BLVD. SAN DIEGO, CA. 92123 is hereby registered by the following owner(s): LIZA MARIE KJOSEN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 07, 2011 ISSUE DATE(S) : MAR 17, 24, 31 AND APR 07, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-007080 THE NAME(S) OF BUSINESS: CHUBASCO SPORTFISHING** located at: 1617 QUIMPA RD. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): ERNEST A. PRIETO III, LISA M. PRIETO This business is being conducted by: HUSBAND AND WIFE The transaction of business began on:

04/04/06 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 08, 2011 ISSUE DATE(S) : MAR 17, 24, 31 AND APR 07, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-003151 THE NAME(S) OF BUSINESS: VENTILITY** located at: 3464 STATE ST. SAN DIEGO, CA. 92103 is hereby registered by the following owner(s): MARK DEWEY This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 01/31/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: FEB 01, 2011 ISSUE DATE(S): FEB 24 MAR 03, 10 AND 17, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-007677 THE NAME(S) OF BUSINESS: NATIVE TOUNGE: PROFESSIONAL LANGUAGE INSTRUCTION AND SERVICES** located at: 8755 GILMAN DR. UNIT C SAN DIEGO, CA. 92037 is hereby registered by the following owner(s): FABIAN LONDONO This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 02/15/10 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 14, 2011 ISSUE DATE(S) : MAR 24, 31 APR 07 AND 14, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-007809 THE NAME(S) OF BUSINESS: PRIMAL MUSCLE, PRIMAL MUSCLE STORE, AAS LABS, T.J. LABS, PRIMALMUSCLE.COM, PRIMALMUSCLESTORE.COM, PRIMAL MUSCLE MAGAZINE, PRIMALMUSCLEMAGAZINE.COM, GET ANABOLICS, GETANABOLICS.COM, ANABOLIC ALMANAC, ANABOLICALMANAC.COM, STEROIDS TODAY, BODY BUILDING TODAY, PMXFIT HEDGE, PMXFIT, PRIMAL MUSCLE CONTEST, PRIMAL MUSCLE CHALLENGE, PMXFIT CONTEST PRIMAL MUSCLE SPORTS SUPPLEMENTS, PMXFIT SYSTEM, PMXFIT TRAINING SYSTEM, PMXFIT ULTIMATE TRAINING, PMXFIT ULTIMATE TRAINING SYSTEM, PMXFIT FITNESS SYSTEM, PMX ULTIMATE FITNESS SYSTEM** located at: 11211 SORRENTO VALLEY RD. STE L SAN DIEGO, CA. 92121 is hereby registered by the following owner(s): ULTIMATE FITNESS GROUP, INC. This business is being conducted by: A CORPORATION ULTIMATE FITNESS GROUP, INC. 11211 SORRENTO VALLEY ROAD SUITE L SAN DIEGO, CA. 92121 CALIFORNIA The transaction of business began on: 12/13/10 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 15, 2011 ISSUE DATE(S) : MAR 24, 31 APR 07 AND 14, 2011

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAMEFILE NO: 2011-007805 (1) FICTITIOUS BUSINESS NAME(S): a. AAS LABS b. T.J. LABS c. PRIMAL MUSCLE d. PRIMAL MUSCLE STORE e. PRIMALMUSCLE.COM f. PRIMALMUSCLESTORE.COM g. PRIMALMUSCLEMAGAZINE.COM h. AAS LABS i. GET ANABOLICS j. GETANABOLICS.COM k. ANABOLIC ALMANAC l. ANABOLICALMANAC.COM m. BRISBANE LABS n. WORLD STEROID REVIEW o. STEROISTODAY.COM p. PRIMAL MUSCLE MAGAZINE (2) LOCATED AT: 4901 MORENA BLVD. #111 SAN DIEGO, CA. 92117 (3) THE FICTITIOUS BUSINESS NAME REFERRED TO ABOVE WAS FILED IN SAN DIEGO COUNTY ON: 01/30/2006, and assigned File No. 2006-003782 (4) IS (ARE) ABANDONED BY THE FOLLOWING REGISTRANT(S): ADVANCED ANABOLIC SCIENCES, LLC. 11211 SORRENTO VALLEY ROAD SUITE L SAN DIEGO, CA. 92121 CALIFORNIA The statement was filed with David L. Butler, County Clerk of San Diego County on: MAR 15, 2011 ISSUE DATE(S): MAR 24, 31 AND APR 07 AND 14, 2011**

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-007956 THE NAME(S) OF BUSINESS: STS** located at: 5173 BRIGHTON AVE. #9 SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): HENRY C. SIMONDS This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 16, 2011 ISSUE DATE(S) : MAR 24, 31 APR 07 AND 14, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-007292 THE NAME(S) OF BUSINESS: KNIFE SAVERS** located at: 2240 MARKET ST. #18 SAN DIEGO, CA. 92111 is hereby registered by the following owner(s): JAMES GREEN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 10, 2011 ISSUE DATE(S) : MAR 24, 31 APR 07 AND 14, 2011

**SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN DIEGO 330 W. BROADWAY HALL OF JUSTICE SAN DIEGO, CA. 92101 CASE NO: 37-2011-00087437-CU-PT-CTL PETITIONER OR ATTORNEY, SU JIAN LIU 13945 GUNNISON CT. SAN DIEGO, CA. 92129 858-780-9685 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM SU JIAN LIU TO SU JIAN KONG THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING TO BE HELD ON APR 26, 2011 TIME: 8:30 AM DEPT: 8 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATE(S): MAR 17, 24, 31 AND APR 07, 2011**

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-008125 THE NAME(S) OF BUSINESS: NU ENERGY SOLUTIONS** located at: 8969 COMPLEX DR. SAN DIEGO, CA. 92123 is hereby registered by the following owner(s): FAR STAR ENTERPRISES, INC. This business is being conducted by: A CORPORATION FAR STAR ENTERPRISES, INC. 5512 CANDLELIGHT DR. LA JOLLA, CA. 92037 CALIFORNIA The transaction of business began on: 03/11/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 17, 2011 ISSUE DATE(S) : MAR 24, 31 APR 07 AND 14, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-008111 THE NAME(S) OF BUSINESS: TOP NOTCH BUILDERS** located at: 3918 BANDINI ST. SAN DIEGO, CA. 92103 is hereby registered by the following owner(s): ANTONIO CRIVELLO This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 17, 2011 ISSUE DATE(S) : MAR 24, 31 APR 07 AND 14, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-007157 THE NAME(S) OF BUSINESS: ECO UNDERWATER POOL REPAIR** located at: 3415 LEBON DR. SAN DIEGO, CA. 92122 is hereby registered by the following owner(s): PAULO CESAR BERTHOLD, LISA MARIE ANZADNA This business is being conducted by: HUSBAND AND WIFE The transaction of business began on: 03/08/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 09, 2011 ISSUE DATE(S) : MAR 24, 31 APR 07 AND 14, 2011

**FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2011-006124 THE NAME(S) OF BUSINESS: GIBSON CARVING AND PERFORMANCE** located at: 7965 CAMINITO DEL CID LA JOLLA, CA. 92037 is hereby registered by the following owner(s): REBECCA GIBSON This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 10/01/11 The statement was filed with Ernest J. Dronenburg, Jr., Recorder / County Clerk of San Diego County on: MAR 17, 2011 ISSUE DATE(S) : MAR 24, 31 APR 07 AND 14, 2011

**SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO) GLYN DAVIES, KATHERINE ALCOCK AND DOES 1-20 YOU ARE BEING SUED BY PLAINTIFF(LO ESTA DEMANDANDO EL DEMANDANTE) APRIL HIGGINS NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below you have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto. Si desea que se procese su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta, puede encontrar estos formularios de la web de mas informacion en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de prescripcion pidia al secretario de la corte que le da un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos sin grupos sin fines de lucro en el sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol), o poniendose en contacto con la corte o el colegio de abogados locales. The name and address of the court is: (El nombre y dirección de la corte es): SUPERIOR COURT OF CALIFORNIA, SAN DIEGO COUNTY, Central Division, 330. W BROADWAY SAN DIEGO, CA. 92101 CASE NO: 37-2010-00101455-CU-PA-CTL The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): George C. Heppner Heppner & Elwood 1901 First Avenue, Suite 114, San Diego, CA. 92101 619-235-4300 DATE: OCT 01, 2010 clerk, by L. URIARTE, Deputy Issue DATES: MAR 24 APR 07, 14 AND 21, 2011

**NOTICE OF APPLICATION TO SELL. ALCOHOLIC BEVERAGES DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL** 1350 Front St., Room 5056, San Diego, CA. 92101 619-525-4064, Filing Date: MARCH 4, 2011 To Whom It May Concern: The Name(s) of the Applicant(s) is/are:

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Minimum day (9-12) or full day camp (9-4pm) available. Extended day care available 8:30 am until 5 pm. June 27th to July 29th, no camp on July 4th. Starting price \$300 for full time week camp. Early bird discount (until April 30) on full time week only \$15 off.

For more information call 858-456-2807 or go to our website at [www.sdfrenchschool.org](http://www.sdfrenchschool.org) or email us at [summercamp@sdfrenchschool.org](mailto:summercamp@sdfrenchschool.org).

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Call Monday-Friday, 12-10pm • 858-456-1980

## Playtime at Claytime

Claytime Ceramics Camps offer a good balance of indoor and outdoor activities. Children begin their day with a walk by the tidepools (one block away from the studio), followed by warmup exercises at the studio.

On Mondays and Wednesdays we work on ceramic painting projects in which children learn ceramic painting techniques (color blending and use of puffy paints).

On Tuesdays and Thursdays the kids work on mosaic projects. Children create their own patterns, learn to apply adhesive and grout their own pieces.

On Fridays we include fabric painting or sketching or tie-dyeing t-shirts.

And the week ends with an ice cream party in which the kids get to use the ice cream bowls they painted on Monday.

All supplies are included.

For reservations call 619-223-6050

## Sign up for La Jolla YMCA Summer Camp

The La Jolla YMCA offers day camps all summer long beginning June 14 through September 2. Day camps range from a variety of choices and for all ages. There are more than 100 camps to choose from, including ice-skating, gymnastics, swim lessons, field trips to amusement parks and much more. Kids will learn, grow and thrive making lasting friendships and memories. Camps fill up fast so please sign up as soon as possible. To ensure that every child and teen has the chance to go to camp, the Y offers financial assistance to those in need. Also, it's not too late to sign up for our spring camps beginning April 4 through April 8. To register to either spring or summer camps, please visit [lajolla.ymca.org](http://lajolla.ymca.org) or call (858) 453-3483 for more information.

## Ocean Experience Surf & Skate Camp

Ocean Experience offers boys and girls age 6 to 16 the most comprehensive surf and skate camps available. Since our first session in 1990, we have maintained the highest standards of instructional integrity, safety and supervision. Ocean Experience develops skills and confidence while empowering students to surf and skateboard for life.

Campers spend the week in small groups with professional coaches, teachers and athletes receiving individual attention and instruction. Our staff/student ratio of 1:4 ensures safety and security allowing students to progress at their own rate and comfort level. Students will learn all fundamental skills, history, safety and etiquette while gaining respect for the coastal environment. Friday afternoon BBQ and awards provide a unique closure to a week of exciting events and accomplishments. Our goal is for each camper to have a meaningful and memorable Ocean Experience.  
619-225-0674

## Junior Theatre

Join Junior Theatre this summer and experience the wonderful world of the Performing Arts, where campers will take classes in acting, dance, & singing. Traditional, Performance & Advanced camps available in Balboa Park. Junior Theatre also provides K-3 camps in La Jolla. Camps run June 13- Sep 2. For a list of camp dates, descriptions & pricing visit [JuniorTheatre.com](http://JuniorTheatre.com). Register early, as our camps fill quickly.

San Diego Junior Theatre  
[JuniorTheatre.com](http://JuniorTheatre.com)  
619-239-1311

## Young Women's Leadership Program (YWLP)

July 18-22, 2011. Ranked #3 worldwide in the 2010 Financial Times Survey of Executive Education, the Center for Creative Leadership (CCL) is pleased to offer YWLP this summer. July 18-22, 2011. CCL is seeking bright, motivated young women from across San Diego County who want to develop and refine their leadership skills. Designed for a diverse group of girls in their junior and senior year of high school, the program offers leadership training through five days of classroom learning around core values, personality differences, communication, project-planning, and career choices. Participants will have the opportunity to apply the skills they've learned by working in teams on community projects in partnership with area nonprofits. The program culminates with a graduation ceremony on August 24, 2011. Apply by April 18 to receive a \$50 tuition reduction.

Visit [www.ccl.org/youngwomenlead](http://www.ccl.org/youngwomenlead) or contact us at [youngwomenlead@ccl.org](mailto:youngwomenlead@ccl.org) or 858.638.8015.



## Claytime's Summer Camp 2011 An Arts & Crafts Adventure

Dates: June 20-24, 27-July 1, July 5-8, 11-15, 18-22, 25-29, Aug. 1-5, 8-12, 15-19, 22-26, 29-Sept. 2.



### Ages 5 & Up

Half-Day \$30/Day • \$125/Week 9am-12pm M-F  
Full Day \$50/Day • \$250/Week 9am-3pm M-F  
All Supplies, Snacks & Beverages Included

### Activities Include:

Ceramic Painting • Mosaics • Fabric Painting  
Acrylic Painting • Jewelry Making & More!  
Daily Walks to the Tide Pools/Cliffs

Reservations: 619-223-6050  
1863 Bacon St., Ocean Beach

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- Learn new skills
- A safe and fun environment for all ages
- Create lasting memories
- Wide variety of specialized camps

La Jolla YMCA: 858.453.3483 or [www.lajolla.ymca.org](http://www.lajolla.ymca.org)  
Peninsula YMCA: 619.226.8888 or [www.peninsula.ymca.org](http://www.peninsula.ymca.org)

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BALBOA PARK & LA JOLLA

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- \* Play Performance and Dance camps
- \* Advanced Acting and Musical Theatre camps for grades 9-12
- \* Camps run June 20 through September 2
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