GF. NEWS

LA JOLLA'S PREFERRED SOURCE FOR LOCAL NEWS

SAN DIEGO COMMUNITY NEWSPAPER GROUP

Thursday, February 26, 2009

WWW.SDNEWS.com ■ Volume 14, Number 17

Court orders EIR for Hillel

By ALYSSA RAMOS | VILLAGE NEWS

proposed for 8976 Cliffridge Responsible Land Use group. Ave. calls for the city of San Diego and the nonprofit Hillel to reversed the trial court's judgprepare an environmental ment, ordering the city to pregroup's proposed project. A California appellate court threejudge panel filed its decision community character but Feb. 18, reversing part of Supe- upholding the remainder of rior Court Judge Linda B. Quinn's previous ruling.

Diego wanted to give Hillel appeals costs, documents state.

everything they wanted. And the community fought back and The latest legal round regard- won," said Todd T. Cardiff, ing the Jewish student center attorney for the Taxpayers for

The appellate court partially impact report (EIR) for the pare an EIR to address issues such as parking, traffic, biological resources, aesthetics and Quinn's October 2007 judgment, court documents state. The "It was clear the city of San court awarded the Taxpayers'

"Hillel is very disappointed with the court's decision and we're studying our options," Hillel spokesman Michael Breslauer said. "Our facilities committee is meeting next week and we are studying our options."

Breslauer said Hillel is looking into other alternatives, including options regarding the environmental report, further appeals or building the student center on a different site.

Court battles began when Hillel proposed to build a 12,100-

SEE **HILLEL**, Page 6

CIF honors LJCD's Hutzler as Model Coach



The California Interscholastic Federation has named La Jolla Country Day athletic director and head coach John Hutzler a Model Coach. the 16 principles of Pursuing

By DAVE THOMAS | VILLAGE NEWS

What a coach does on the field is important as far as wins and

But oftentimes, it is what that coach does off the field that carries even more weight.

Thirteen (eight men, five women) coaches statewide have been selected as 2008-09 CIF Model Coach Award winners. The CIF Model Coach Award program, now in its eighth year, is designed to recognize coaches who have served as positive role models in their schools and communities and who have exhibited the traits apparent in

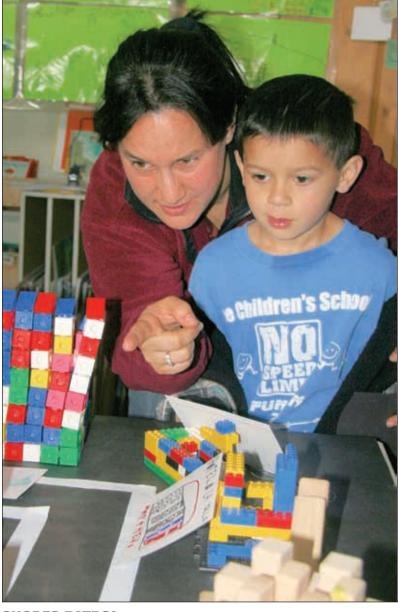
Victory with Honor.

Among those honored is La Jolla Country Day School athletic director and head football coach Jeff Hutzler.

According to the CIF, a model coach demonstrates and teaches the six core ethical values: trustworthiness, responsibility, fairness, caring and good citizenship (the "Six Pillars of Character").

The CIF believes that the highest potential of sports is achieved when ers/coaches consciously Teach, Enforce, Advocate and Model (TEAM) these values and are

SEE HUTZLER, Page 4



SHORES PATROL

Tricia Estrada and son Ethan, 6, admire a display built by two kindergarten classes representing commercial businesses located in the La Jolla Shores area. The Feb. 13 Children's School display was part of their student project of VILLAGE NEWS | DON BALCH learning how a community works.



Bishop's School senior Caroline Markham (left) portrays the defendant, Leslie Lane, at the recent Mock Trial competition.

Bishop's makes a good showing at Mock Trial

By DAVE THOMAS | VILLAGE NEWS

A number of students at The Bishop's School recently got a taste of the judicial system as they participated in a mock trial competition.

Mock Trial is a county compeution sponsored by the San Diego County Bar Association and The Constitutional Rights Foundation. Nine schools participated in the 2009 competition at the San Diego Superior Court earlier this month.

second place, losing in the champi-

participated are enrolled in the ny, constitutional issues and legal inaugural AP Government/Mock Trial class, with Rich del Rio serving as the faculty advisor. Del Rio is lawyers, witnesses and various also the chair of the School's Histo-court personnel. The Bishop's ry and Social Sciences Department.

class combines the traditional curriculum of American government and politics but takes on the mock trial as a class project. The case booklet Bishop's participants stud-The Bishop's School finished in ied was from a fictional case, The People v. Lane, in which the defenonship round to Otay Ranch High dant was accused of incitement to

School by just two points, 261-259. riot and arson. It included a series The 18 Bishop's students that of fact statements, witness testimoprocedures.

Students learn to be trial School prosecution team, for The AP Government/Mock Trial example, competed against defense teams from other schools. The participants are scored by practicing attorneys on their presentation skills, knowledge of the specific case and legal procedures.

> The Bishop's team was coached by attorney coaches Lisa Missett

SEE MOCK TRIAL, Page 4



NEWS

A WEEK ahead

26 Thursday

- La Jolla Sunrise Rotary Club, 6:58 a.m., La Jolla Shores Hotel, 8110 Camino del Oro, 459-8271, (619) 992-9449
- San Diego Business Connection, 7:15-8:30 a.m., Coco's, 4280 Nobel Dr., (619) 681-1910
- Leads Club/UTC, 8:30 a.m., Hyatt Regency Barcino Grill, 3777 La Jolla Village Dr., (800) 783-3761
- Exercise class, followed by activities and discussions throughout the day, weeklong schedule, 8:30 a.m., Riford Center, 6811 La Jolla Blvd., 459-0831
- Origami exhibit by La Jollan Florence Temko, Riford Library, 7555 Draper Ave., through February, 552-1657
- Toddler/preschool storytime, 10:30 a.m., Riford Library, 7555 Draper Ave., free, preschool groups must call ahead, 552-1657 • Doyle Park Bridge Club, all levels welcome, 10:30 a.m.-1:30 p.m., Doyle Rec. Center, 8175 Regents
- Rd., 581-7170 • Toddler/preschool storytime, 11 a.m., University Community Library, 4155 Governor Dr., free, preschool groups must call ahead, 552-1655
- American Legion Post 275 luncheon, speaker Judith Ann Sobel of Baja Animal Sanctuary, 11:30 a.m., 8110 Camino del Oro, \$14, (619) 572-1022
- La Jolla Traffic and Transportation Committee meeting, 4 p.m., LJ Rec. Center, 615 Prospect St., 552-1658
- Toastmasters of the Cove, 6:15 spoken-word event, 10:30 a.m.p.m., Doyle Community Center, noon, National University Center Regents
- www.tmcove.com • "Beautiful Losers," this week's but must RSVP 642-8095

 $\begin{array}{ll} \text{MCASD film program entry, 7} \\ \text{p.m., MCASD, 700 Prospect St.,} \end{array}$ \$5-\$7, 454-3541

• History in Remedial Spin, human rights lecture by black activist Wole Soyinka, 7:30 p.m., UCSD Price Center Ballroom West, 9500 Gilman Dr., 534-7404. See ucsdnews.ucsd.edu for more on Black History Month events and other happenings on campus

• Israel's Batsheva Dance Company, 8 p.m., Mandeville Auditorium, UCSD, 9500 Gilman Dr., \$29-\$39, **534-TIXS**

27 Friday

- LeTip Breakfast Club, 6:45 a.m., Radisson, 3299 Holiday Ct., 488-
- La Jolla Bridge Club hosts Duplicate Bridge, also Sundays and Wednesdays, noon, 1160 Coast Blvd., \$2/non-members, 459-7000 or 456-1909
- La Jolla Kiwanis Club, noon-1:30 p.m., LJ Presbyterian Church Social Hall, corner Eads and Kline, members and guests only, 454-
- JCC Bridge, daytime party bridge, 1 p.m., 4126 Executive Dr., 362-1141

28 Saturday

- Sea Schoolers, introduction to the ocean world for ages 3-4, 9:30 a.m., Birch Aquarium, 2300 Expedition Way, \$20-\$28, 534-3624
- Scholarship Brunch concludes Black History Month activities, music, talk by Farai Chideya, soul food, 10:30 a.m., UCSD Faculty Club, 9500 Gilman Dr., 534-4875
- Black Storytellers of San Diego for Cultural and Ethnic Studies, 11255 N. Torrey Pines Rd., free



The La Jolla Art Association will open its new gallery at La Jolla Shores March 2 with an all-member show called "A New Beginning." The county's oldest art gallery, born in Ellen Browning Scripps' home, is now located at 8100 Paseo del Ocaso, Suite B. Hours are 11 a.m.-4 p.m. Monday-Sunday.

• Women, Wine and Golf: fashion Gilman Dr., free show, golf lifestyle, hors d'oeuvres, 11:30 a.m.-1:30 p.m., Fleming's Prime Steakhouse & Wine Bar, 8970 University Center lane, \$35/guest, \$20/member, register (703) 268-5078

1 March Sunday

- Farmers Market, 9 a.m.-1 p.m., corner Girard and Genter streets
- UCSD campus tours, walking and bus alternating weeks, views of campus architecture and public art, 2 p.m., meet at South Gilman 6:30 p.m., LJ United Methodist information pavilion, 9500 Gilman Dr., 534-4414

2 Monday

- Law and the Retiree class, 9:15-11:15 a.m., JCC, 4126 Executive Dr., free, 362-1141
- Dr. Seuss 105th Birthday Celebration, punch and cake, music, 11:50 a.m., Library Walk outside UCSD's Geisel Library, 9500 SDBB

- Yiddish Circle meets, 1:30-3:30 p.m., JCC, 4126 Executive Dr., \$2/members, \$3/non, 458-1015
- La Jolla Planned District Ordinance joint committee meeting, 4 p.m., LJ Rec. Center, 615 Prospect St., 552-1658
- The Right Chemistry: Lecture on romantic love and what sparks it, part of San Diego Sciences Festival 2009, 6:30-8 p.m., Riford Library, 7555 Draper Ave., free, 552-1657
- Boy Scout Troop 506 meeting, Church, 6063 La Jolla Blvd., Mark Pulliam, 483-3642

3 Tuesday

- LeTip Golden Triangle, 7 a.m., Coco's, 4280 Nobel Dr., 278-3334
- San Diego Blood Bank bloodmobile, 9:30 a.m.-2:30 p.m., Irvine Company Executive Towers, 4225 Executive Square, (800) 4MY-

- Qi Gong classes, 10 a.m.-noon, Hospitality Hall, United Methodist Church, 6063 La Jolla Blvd., free, (619) 224-7479
- Posit Science Brain Fitness program, designed to help improve memory in older adults, 10-11:30 a.m. Tuesdays and Thursdays through June 3, UC Older Adult Center at Congregation Beth Israel, 9001 Towne Center Dr., \$2 per class, 637-3247
- Toddler/preschool storytime, 11 a.m., University Community Library, 4155 Governor Dr., free, preschool groups must call ahead, 552-1655
- La Jolla Rotary, noon, La Valencia, 1132 Prospect St., members and their guests only, 278-5600
- Ali Lassen's LEADS Club, noon, Trattoria Aqua, 1298 Prospect St., (800) 783-3761
- Pier Review Toastmasters, improve public speaking and leadership skills, noon-1 p.m., SIO, Room 114, Directors Office, toastmasters.ucsd.edu
- Improve speaking and leadership skills with Toastmasters, noon-1 p.m., meeting site alternates, check Web site, visitors wel-826-6200 come. http://wirelessimpressions.freetoas thost.com
- Bird Rock Community Council, 6 p.m., Marisco's, www.birdrock.org
- Toastmasters of La Jolla, 6:30 p.m., Firehouse Community Center, 7877 Herschel Ave., second and fourth Tuesdays, Merrill Lynch Building, 7825 Fay Ave., first and third Tuesdays, guests welcome, 483-0116
- Panel discussion on sleep disorders, 6:30-8:30 p.m., Scripps Memorial Hospital, Schaetzel Center, 9890 Genesee Ave., free, 279-

SEE WEEK AHEAD, Page 6

Billionaires Row

www.BillionairesRowLaJolla.com



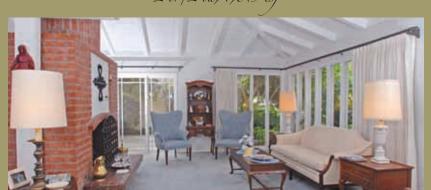
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LJCD student makes play for Lincoln Center

By DAVE THOMAS | VILLAGE NEWS

Not many students can say they have performed at New York's famed Lincoln Center. If the cards fall into place, La Jolla Country Day (LJCD) School junior Erica Dawson may just be one of

Dawson is a finalist in the English Speaking Union of San Diego's Shakespeare Competition, which will perform early next month at the La Jolla Play-

The English-Speaking Union's National Shakespeare Competition is a school-based program to help students develop their speaking and critical thinking skills and their appreciation of literature as they explore the beauty of the language and timeless themes in Shakespeare's

"The ESU ('Creating Global Understanding Through English') has branches in 57 countries, with 71 branches in the United States." Rhoda Auer, chairman of the ESU Shakespeare Committee, said. "This will be the 24th year that the San Diego branch will have a Shakespeare Competition for high school students in grades 9 thru 12. Each student recites a monologue and sonnet in a semifinal and final round, and the winner will go to New York City to compete at Lincoln Center. Last year, 60 branch winners competed in New York."

If New York City is not enough, the national winner wins a trip to Oxford, England for a summer study course.

According to Auer, the San

Diego branch has had one national first-place winner, three second-place winners and two third-place winners, including Christian Pineda (currently a freshman at New York University) from La Jolla Country Day School, who placed third last

La Jolla Village News recently caught up with Dawson to talk with her about her interest in theater, the upcoming performance at La Jolla Playhouse and more. Dawson is currently working on a play she wrote called "Angie," about a mental patient. She will perform this monologue at the end of April at school.

LJVN: Talk a little bit about how you were chosen for the Shakespeare competition, what you will be doing in it, et cetera.

Dawson: In our school competition there were 14 students who signed up and participated in the competition, and we all performed in front of a first set of judges. After we all performed, they announced the five finalists, and the five finalists then proceeded to prepare for a short while, where we then performed in front of a second set of judges. After this they deliberated and chose the runner-up and the win-

Now, for the competition we all had to perform a Shakespearean monologue and sonnet. I performed Hermione's monologue from "The Winter's Tale" and sonnet number 60. Performing in front of the judges, especially the first time, was incredibly nervewracking. I could feel my heart

beat and I thought it was going to burst out of my chest right before I went on. But once I got on stage, I felt like there was no other place I should have been but there. I put all that nervous and excited energy into the deep sorrow of Hermione and the somewhat lighter sonnet. It was such an amazing experience, and I am looking forward to the San Diego Shakespeare competition at the La Jolla Playhouse on March 8 because I will get to perform my same monologue and sonnet that I did for my school.

NEWS

LJVN: What do you like most about the theater, and do you envision yourself having a career in it down the road?

Dawson: What I love most is the work that I have to do for the character. Finding certain little details and creating this person that can be whoever you want is so incredibly fun for me. I think that when you can get those certain details that someone would never think of for a character, and being able to portray them is just the most beautiful thing.

The other thing that I love about theater is being able to be the character and experience emotions that you may not have ever experienced, and also getting the audience to connect with you so much that they too feel like that person. To me, that is the most incredible thing that an actor can do. I couldn't not do theater.

For me I have to pursue it, not because it is pressure from anyone, but because it is the most thrilling experience for me and it



PHOTO BY CAROL MANN

La Jolla Country Day junior Erica Dawson with senior Alex Mann in LJCD's production of "Three Sisters."

makes me so happy. So I am most certainly going to pursue theater and I won't let anyone tell me otherwise.

LJVN: How much time and effort does a performance like this take, and how do you go about preparing for it?

Dawson: It takes an immense amount of time and effort. First, you have to read the play and understand it. It takes some time

to understand, but once you get the hang of it and talk to whoever is helping you with the performance, it is simple. For the character, you really have to get in touch with your emotions and you can never hold back. Even if vou have never experienced those exact emotions that the character has felt, you can always find very similar emotions

SEE PLAY, Page 6



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MOCK TRIAL

CONTINUED FROM Page 1

and Jennifer Kaplan from the San Diego County District Attorney's Office as well as Karin Vogel from the private firm Sheppard and Mullin. Bishop's students Sam Brier and Justin Horowitz were recognized as the outstanding prosecution pretrial motion lawyer and defense trial attorney,

"From my perspective as a teacher, the best part of the event was watching the class come together as a group of young people dedicated to a team effort," del Rio said. "We practiced on Saturdays for three months. Although we were all inexperienced, as the trial approached, we demonstrated a strong competitive spirit. Our students rose to the occasion and made the adjustments necessary to compete at the level of Otay Ranch High School, the defending champions from

"Essentially, the final trial was a draw. The end result was not very disappointing, as we had done our best and Otay Ranch was plainly a worthy opponent."

According to del Rio, Bishop's will again offer the course in

"We plan on winning the county competition and making it to the state tournament," del Rio

He appreciated that the students were learning to apply their learning, del Rio added, because research, preparation and practice only take a competitor so far.

"The interactions with the judge and the other teams' attorneys and witnesses demanded thinking



Judge David Gill congratulates Bishop's senior Jake Kaiser at the Mock Trial awards ceremony.

on your feet," del Rio commented. "This is a very hard skill to teach in a classroom. The students undoubtedly learned the meaning of John Adams' quote, 'Facts are stubborn things.

Among the Bishop's students participating was senior Pieter Stougaard, who found the event to be a good bonding opportunity for the students involved.

"It encouraged every one of us to think intelligently on our feet, whether it was a lawyer defending an objection he or she made or a witness responding to a crossexamination question," Stougaard said. "We all had the utmost confidence in each other and our ability to perform. For those of use who were thinking about pursuing a career in law, it showed us how prepared you need to be to win a case."

Stougaard said he was sur-

prised how much acting is involved when trying to convince the judges of the validity of one's

NEWS

"That is to say that facts only go so far," Stougaard noted. "You need to sell your story. It was just as important to act like you were in complete control as it was to ask the right questions. Overall, it was a humbling experience. You could never be completely prepared for the questions the opposing lawyers would throw at you or for the objections that would be raised. The judge saw holes in your argument that you hadn't seen in three months of preparation."

Lisa Missett, who served as an attorney coach, said that her strongest motive for volunteering for the event was to get to know the school a little better.

"Wow — the students all are so much more than I expected," Missett said. "I knew they'd be smart. I didn't know they'd be funny and hardworking and treat each other with so much respect and kindness. I feel that I, as a coach, rose to their level."

Jennifer Kaplan, who also played the role of attorney coach, said that all the students involved did a great job.

"They should all be very proud of themselves," Kaplan offered. "The fact that Bishop's, as a rookie team, went all the way to the finals speaks volumes about their effort. I hope they all had fun with the mock trial and learned a few things. I was very impressed with their work ethic and positive attitudes. The team has made Bishop's proud with their hard work, modesty, integrity and good sportsmanship. I am honored to have been a part of this team." ■



Saxophonist Charles McPherson performs with his quartet Feb. 22 at UCSD's Loft. The concert, part of Black History Month, included a spotlight on the Geisel Library's "Hidden Faces of La Jolla: Portraits of Black San Diegans" exhibit.

HUTZLER

CONTINUED FROM Page 1

committed to the ideal of Pursuing Victory with Honor.

Being selected as one of California's 13 model coaches is quite an honor," Hutzler told La Jolla Village News. "I am very fortunate to work with some fantastic coaches, student-athletes and their families, and this award speaks more to what Torrey athletics is all about than it does me, the individual."

According to Hutzler, the school's athletic department works very hard to teach the 16 principles outlined in the CIF's Pursuing Victory with Honor. Personal integrity, work ethic, self-responsibility, responsibility to others, selfsacrifice, delayed gratification, teamwork, overcoming fears, attacking challenges, goal setting, the pursuit of excellence, community and the idea that being a stu-

dent at Country Day is a privilege, not a right: These are the ideals being taught by La Jolla Country Day coaches every day, at every practice and during every contest.

"I am extremely proud to be a member of the Torrey athletic community and to have been recognized by the CIF," Hutzler added.

CIF Executive Director Marie Ishida noted, "This is the highest and most prestigious award the CIF bestows upon its coaches. We are honored to be able to recognize coaches throughout our state who are dedicated to impacting the lives of high school studentathletes by not only teaching them the values of Pursuing Victory with Honor and the Six Pillars of Character but also that there is more to participating in sports than just winning and losing."

When it comes to winning on and off the field, Jeff Hutzler has been a model of consistency.

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NEWSbriefs

Woman injured in crash at Nobel & Regents

A 30-year-old man ran a red light at Nobel Drive and Regents Road Sunday, Feb. 22 at about 6:30 p.m., crashing into a car and injuring a 64-year-old woman, police reported.

Although rescuers transported both drivers to a nearby hospital, police reported the woman passenger suffered the most severe injury, a broken leg.

Police continued to investigate the collision but reported that alcohol was not involved.

University students have issues staying awake

Never ones to rest on their laurels, students at the University of California, San Diego (UCSD) were once again taking control during this finals week in order to combat sleep deprivation.

"At the UC San Diego Wellness Center, we promote healthy lifestyles for all students," said Jerry Phelps, acting director of the Wellness Center. "Sleep problems are one of the main concerns, because according to a recent survey by the American College Health Association, sleep problems interfere with academic performance for over 25 percent of students.

Some basic tips to help these weary students include avoiding caffeine, taking a nap, exercising regularly, not stressing out, sleeping in their own beds, using ear plugs, avoiding alcohol and many

"There are a variety of reasons why students do not get enough sleep, like, for one, they are working more hours than ever before to make ends meet," Phelps said. "Procrastination can lead to all-nighters, and since there are many causes of sleep problems, there are many solu-

For more information, see www.ucsd.edu.

Brain Fitness class begins March 3

The Posit Science Brain Fitness Program Classic will be offered to older adults beginning Tuesday, March 3 at the Jewish Family Service of San Diego's University City Older Adult Center at Congregation Beth Israel, 9001 Towne Centre Drive.

The class will run Tuesday through Thursday from 10 to 11:30 a.m., through June 3.

Brain Fitness features six exercises done on computer to improve memory. According to a 2006 study conducted by the Mayo Clinic and the University of Southern California, Posit Science Brain Fitness helped reverse the cognitive effects of aging in 93 percent of older participants.

Other studies showed an improvement in memory by an average of 10 years along with faster thinking.

The price of the class is \$80, or \$2 per session, but those interested must attend the first class on March 3 to get set up on a computer. For information, or to reserve a spot, call Patricia Frosio, 637-3247 www.jfssd.org.

SCAVENGERS OR THIEVES?

Mission Beach councilmen launch probe to prevent possible identity theft, burglary

By DAVE KENSLER & ADRIANE TILLMAN

VILLAGE NEWS

The seemingly homeless people who scavenge trashcans for a scrap of food or recyclable bottles may not be as innocent as they appear.

Mission Beach Town Council member Bob Craig launched an anti-scavenging program in 2007 to warn people about the threat from trash-pickers. His passion for the issue was born out of firsthand experience.

One time I saw someone looking through my neighbors' trashcans and then I noticed he did not have any large bags in which to put the items," Craig said. "Then it occurred to me that he was not looking for soda cans or bottles, but rather for information which could be used in identity theft.'

On another occasion, Craig watched someone search through trashcans in downtown Pacific Beach while carrying two large bags. As Craig got closer to the man, he realized the large bags contained bolt cutters and other tools used for burglary.

Rummaging through a beach trashcan for a recyclable bottle is not against the law. Searching through a black, municipal trashcan parked on a resident's driveway is illegal, according to San Diego Municipal Code 66.0301.

As Craig focuses his efforts on "scavengers," the police department warns neighbors to stay alert

to any suspicious activity in their people rummaging through the communities. People should shred and never throw away identity information such as Social Security numbers or bank statements.

The whole function of the Neighborhood Watch is that if someone appears to be suspicious, call us and we'll go out and check

Most people do not pay any attention to those who are scavenging.

BOB CRAIG MISSION BEACH TOWN COUNCIL

it out," said Capt. Shelley Zimmerman of the police department's "Everyone Northern Division. needs to be aware of what goes on in their neighborhood. That's the whole premise of Neighborhood Watch.

Fellow town council member Bob Ruane, who owns and manages a condominium complex in Mission Beach, shares sentiments similar to those of Craig. A few months ago, someone stole bicycles from Ruane's complex.

"When reviewing the videotape of the area, I noticed one of the

trashcans, who I thought appeared fairly innocent looking, was the same person who returned a few hours later and stole one of the bikes," Ruane said.

For both Craig and Ruane, the ability of a scavenger to appear harmless poses a challenge to deterring greater crimes.

Someone may appear to be rummaging for recyclables but, in fact, he or she is surveying the area for unlocked doors and windows or property that is not properly secured.

"Most people do not pay any attention to those who are scavenging," Craig said. "So even the experienced thieves masquerade themselves as a homeless scavenger."

Residents have grown accustomed to seeing people search through trashcans and they think nothing of it, Craig explained.

"Let us say there were no people scavenging at all," Craig said. "Then if you saw someone who looked suspicious or was searching through trashcans, they would draw immediate attention. Unfortunately, that is often not the case right now."

To help curb the crime, Craig and Ruane have pasted anti-scavenging stickers on trashcans and plan to erect metal signs in various languages that state scaveng-

SEE SCAVENGERS, Page 6



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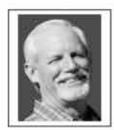
Date: Thursday, February 26nd at 4:00 - 6:00pm *NEW TIME* St. Brigid Parish Hall, 4735 Cass Street, P.B. FREE Seminar R.S.V.P. (858) 581-6900

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er who purchased an apartment complex with plans to convert to condo. Timing turned out to be bad and the project stalled due to units not selling and prices dropping. The developer walked away from the project and filed bankruptcy forcing the bank to foreclose. The bank listed the propertythe property sat on the market over one year...and finally was purchased by another real estate developer. The looser is obvious (the bank and original developer). The winner? Possibly the new owner who purchased the property at a significant discount as compared to the first developer. Obviously there are significant risks of buying non-performing assets from banks. The new developer is hoping that they are getting in at the right time and can turn the property around quickly and eventually profit from their risk-taking venture. Will they be successful? Maybe - maybe not. During recessionary times like these some win some loose. One of the keys is having the resources, risk tolerance and ability to hold on for the long term.

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CONTINUED FROM Page 3

that you have experienced and bring that through in your monologue. Also, memorization of the exact words is very important. You really have to know your text and with Shakespeare that can be really difficult. I know that if I didn't work with my director and Dr. (Gideon) Rappaport (English teacher at LJCD, Shakespeare expert) I would have had a lot more trouble with the text than I did.

LJVN: What advice would you have for other students who may be interested in getting involved in theater at LJCD or other area schools?

Dawson: My advice is that if theater interests you even a little, try it. I started out with a small interest in theater and now it is all I can do. Also, you really have to be willing to be extremely dedicated once you

You really have to know your text and with Shakespeare that can be really difficult.

> **ERICA DAWSON** LJCD STUDENT

make that commitment. You really need to commit to your character and to yourself or else the audience can see that you haven't worked hard for it.

You also can never hold back on your emotions; that is such an important part because the audience can also see when you are holding back or if you are almost there but not quite. My final advice is [to] have fun with it. That is the most important thing about theater; if you don't have fun with it then you are missing out on a thrilling experi-

LJVN: Do you draw on any personal experiences when you are performing?

Dawson: All the time. I draw on personal experiences with every character. For me, that is the only way I can portray real emotion, because I am actually feeling it. Although I do draw on personal experiences, they aren't always the exact feelings that the character is feeling, but they are the closest to what they experienced as I can get.

I think that if you draw on your personal experiences for performing it not only allows you to feel that raw emotion but allows the audience as well. That is so important because you not only have that intense emotion but you also have the believability, which is extremely important in theater.

Although I do draw on personal experiences with theater, I always add many new things to the character that I think are very fitting and many times very detailed. ■

CONTINUED FROM Page 1

square-foot Jewish student center on the .76-acre triangular site at La Jolla's busy intersection of La Jolla Village Drive and Torrey Pines Road, court documents state. Taxpayers for Responsible Land Use then filed suit, alleging that city officials skirted environmental and code requirements during the sales process.

According to Cardiff, city officials sold the site to Hillel for about \$700,000 below market value, allegedly ignoring biological issues such as raptors nesting on the property. The appellate court said, "Further analysis of the possible impacts on biological resources is required."

The only thing they didn't do is order the city to rescind the sale." Cardiff said regarding the appellate court's decision. "If the city is interested in settling this case without going through more litigation, that will be part of the settlement. Otherwise, we'll be going back down to the trial court.

Many locals began attending La Jolla's community meetings in 2005, objecting to the project. La Jolla Community Planning Association members voted against the project September of 2007.

The planners voted to send a letter to the San Diego City Council, pointing out errors and requesting a better analysis of transportation, parking and an environmenreport,

It was clear the city wanted to give Hillel everything they wanted...the community fought back and won.

> TODD CARDIFF **ATTORNEY**

recommendations of two La Jolla committees that voted against the

"Despite the widespread community opposition to the project, the city manager recommended that the city council certify the Mitigated Negative Declaration and approve the related permits...,' court documents state.

"The court of appeal agreed with all of our claims under CEQA [California Environmental Qualities Act]," Cardiff said. "The city has to go back and look at every aspect of the project, look at alternatives to the location...it is going to be a long process.'

For more information on Hillel Jolla, visit www.ucsd hillel.org/project. For more information about LJCPA, go to http://www.lajollacpa.org. For more information on Taxpayers for Responsible Land Use, visit following www.trlu.org. ■

4586

- JCC Bridge Club, partner required, 7 p.m., 4126 Executive Dr., \$2/members, \$3/non, 457-3030
- Care & Share meeting for close ones of severely mentally ill, 7:15-9 p.m., La Jolla Presbyterian Church, 7715 Draper Ave., 453-

4 Wednesday

- Golden Triangle Business Network International, 7-8:30 a.m., Coco's, 4280 Nobel Dr., (619) 491-9936
- Torrey Pines Kiwanis Club, 7:15-8:30 a.m., Clay's Restaurant at Hotel La Jolla, torreypineskiwanis@earthlink.net
- Soroptimist International, 7:30-8:45 a.m., Sea Lodge, 8110 Camino del Oro, 459-9271
- mobile, 10 a.m.-3:30 p.m., UCSD Strategies," 4 p.m., UCSD Robin-

Phi Delta Epsilon, Library Walk, UCSD campus, 9500 Gilman Dr., (800) 4MY-SDBB

- Golden Triangle Lions Club, noon, La Jolla Marriott, 4240 La Jolla Village Dr., 546-2875
- Torrey Pines Rotary Club, noon, Sheraton Hotel, 3299 Holiday Ct., 583-0070
- Progressive bridge (some Sundays also); no partner required, 12:30 p.m., Riford Center (50 and up), 6811 La Jolla Blvd., \$3/nonmembers, 459-0831
- ENCORE: Theatre club with Patricia Riley, 1 p.m., University City Older Adult Center, Congregation Beth Israel, 9001 Towne Center Dr., 550-5998
- The Ten Biggest Wealth Mistakes, finance discussion with Ken Stern, 3-5 p.m., North University Community Branch Library, 8820 Judicial Dr., sign up by calling 581-9637
- Book signing, Ulrike Schaede, "Choose and Focus: The Trans-San Diego Blood Bank blood- formation of Japanese Business

son Building Complex, Room 3201, free but must register 467-1727

- Greenovation Forum: New Sources of Water, Desalination to Reuse, 4 p.m., UCSD Faculty Club, 9500 Gilman Dr., free but space limited, RSVP 822-2521
- LJ Town Council Nell Carpenter Beautification meeting, 5 p.m., LJ Rec. Center, 615 Prospect St., 454-1444
- Poetry Unlimited, 5 p.m., Riford Library, 7555 Draper Ave., presentation and open reading, free,
- Saying No to Universal Human Rights, discussion, 7-8:30 p.m., Great Hall, International House, UCSD, 9500 Gilman Dr., 534-
- Jewish Poets Jewish Voices, readings feature Stephen Baird and Village News columnist Natasha Josefowitz, 7:30 p.m., JCC, 4126 Executive Dr., 362-

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ing is illegal. Pacific Beach Town Council offers residents anti-scavenging stickers, and the Mission Beach Town Council will hand out trashcan locks.

Ruane believes that scavenging

"With Proposition D, we have

CONTINUED FROM Page 5

activities have decreased in the area since voters passed Prop. D to permanently ban alcohol on the

seen a significant reduction in behavior problems at the beach as homeless people can no longer sit

there as many collectibles to return for money," Ruane said. "Nobody is bringing a 30-pack of Coke to the

Zimmerman confirmed that overall crime has dropped along the beach communities, in part due to the ban on alcohol at beaches.

around and drink beer, nor are

Both violent and property crimes dropped in 2008 in the beach areas in the Northern Division. Violent crime, including murder, rape and aggravated assault, fell approximately 13 percent, while property crimes and theft decreased by approximately 12 percent. Car prowls fell by 6.4 percent.

The Northern Division covers the beach communities from La Jolla to Mission Beach.

Zimmerman noted that many factors contribute to the decrease in crime, including Neighborhood Watch activities and police programs.

For instance, the police department trained more than 300 bartenders from beach-area bars in preventing sexual assault as part of the No Bystanders program.

To help assert a police presence in the area, the Northern Division has also begun occasionally saturating an area, like Garnet Avenue, with policemen on foot and in cars who wear highly visible, reflective coats. Officers from other divisions assist the effort to create a strong police presence, if just for one weekend night.

"People can see that we're in the area and it's a huge deterrent [to crime]," Zimmerman said.

Zimmerman noted that thieves are more likely to break into a car to steal an iPod, phone or purse that is left visible on the car seat.

"People can make their own luck," Zimmerman said. ■

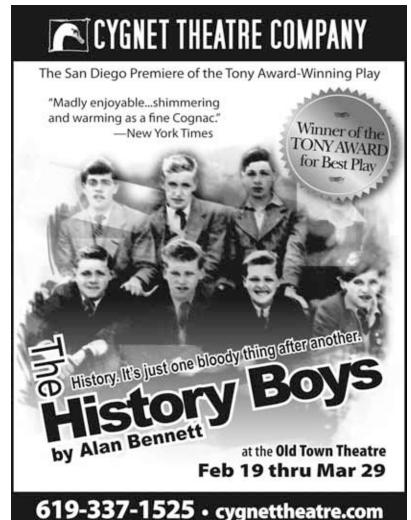






PHOTO COURTESY MICHELE FRISZELL PHOTOGRAPHY

Golden Triangle Chamber of Commerce Chairman George Schmall with Jai catering sales manager Ann Berchtold and general manager Shannon Buckley.

CHAMBERchat

Triangle Chamber convenes at Jai

The Golden Triangle Chamber of Commerce held its Business After Five Mixer at Jai, where more than 70 business owners and executives of the La Jolla area were able to network and sample the delectable Asian foods of world-renowned chef Wolfgang Puck. At this event, two new members were welcomed Wednesday of every month, with and awarded certificates of membership.

We Clean San Diego and Pharmaca Integrative Pharmacy were ary new members at its next Busitwo honorees awarded with the Golden Triangle Chamber of Commerce certificate of membership. They were presented with their chamber information or joining the certificate by GTCC Chairman George Schmall. Anthony Cas-

tronovo, president/CEO of We Clean San Diego, was present to accept the membership certificate. Kate Brainard, Shauna La Chapelle and Ana Schladermundt received the certificate on behalf of Pharmaca.

The GTCC BAF Mixers are business networking events that bring business enthusiasts from all over the La Jolla area together to socialize and strengthen their ties within the business community. The GTCC mixers are held the second another mixer announced for the month of March.

The GTCC will announce Februness After Five Mixer March 11 at Vigilucci's Restaurant.

If you have any questions on chamber, please call Schmall, (858) 350-1253. ■





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LETTERS TO THE EDITOR

Coincidence?

Of eight city council members, only one voted against the seals last week: our own Sherri Lightner. I couldn't understand this. until I discovered one of her campaign contributors is "lawyer and lobbyist" Paul Kennerson. Hmmm...

> **Jerry Cesak** La Jolla

Shooting only good for one thing

It is truly remarkable, how San Diego "educators" do not understand the impact on children of ROTC military training ("JROTC marksmanship takes a hit," Village *News*, Feb. 19, page 5). Our public schools should be off limits for any military recruiting. Children become fodder for the military. They are taught that war is glorious. In reality it is a dishonest way to entice the youth into the military. It also costs the district \$65,000.

Mission Bay High Principal Cheryl Seelos supports the marksmanship program at her school and sees no conflict with existing "zero tolerance" policy regarding weapons on campus. She calls weapons training a "collegiate sport" with no connection to killing people.

Fortunately, after considerable community outcry, the district voted to eliminate the rifles and shooting ranges. But it retained much of the ROTC incursion into our schools. It allows ROTC to fulfill physical education graduation requirements. Don't our children need REAL physical education?

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VILLAGE NEWS

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bara Samilson supports weapons practice because "ROTC marks-manship teaches self-discipline,

ROTC is a devious way, with extravagant promises, of getting our children funneled into the mil-

It is a tragic corruption of education. Unfortunately, it is mostly the less educated and less advantaged youth who become the main target of recruiters. Many of them return from war destroyed in mind

Preparation for war is not an acceptable career option for anyone. In the nuclear age, when 90 percent of war victims are civilians, our goal should be the abolishing of war.

Tania Winter

- Editor's note: The San Diego Unified School District Board of Education voted Tuesday to allow marksmanship training to continue the through the end of the school year, including ranges at Point Loma and Mission Bay high

Marksmanship under attack in SDUSD

The San Diego Unified School District (SDUSD) Board of Direc-Point Loma High principal Bar- tors voted 3 to 2 to remove all

the value of hard work...and the value of working as a team." How about music education, drama or arts programs? They serve all of these needs and in addition develop creative, useful and joyful life

Shooting is only good for one thing. To hit a target, period. Unfortunately the target is often a

itary.

and body.

marksmanship programs from all La Jolla SDUSD high schools. That affects

SDUSD.

Let's not forget, Marksmanship/Rifle Shooting is a sport. It is NCAA sanctioned collegiate sport in the USA. Marksmanship with pump air rifles is taught in thousands of high schools throughout our nation. It is, after all, one more option for students to learn a sport. To date, it is NOT illegal to teach this sport in schools. In San Diego it is apparently a matter of social acceptability. A few people don't accept it,

nine high school programs within

Let's look at the instances of injury in air rifle marksmanship. Zero instances in SDUSD. How many injuries have there been in football, baseball, soccer, basketball, volleyball? If you look at sport from the viewpoint of teaching aggressiveness, football should be banned. Will archery be next? How about baseball? A bat can be used as a weapon. Where does this "no tolerance" law stop?

therefore, it must not be tolerated.

JROTC is just another option for students to succeed. If they are interested in marksmanship and wish to go on to the collegiate level, and then, maybe the Olympics, who are we to say no? Are we afraid? What is the real reason for preventing students from learning air rifle safety? I would far prefer my student learn under these circumstances than on the streets, or from friends.

a great disservice by taking away this safe option. This costs SDUSD schools have air rifle classes. If not JROTC, then CMA, Civilian Marksmanship. Even the private school Francis Parker offers an air rifle class — and they are proud of their program. We should follow suit by making a positive example of our air rifle ranges, not submit to fear and "political correctness." If we are to teach tolerance, then let's teach tolerance. Let's give our students the option to learn about air rifle safety in a classroom, not the streets.

THATS

Pat Hom, parent MBHS JROTC Air Rifle Range supporter President, FOPBSS **Treasurer, MBHS Band Boosters** MBHS SSC Parent Rep.

Thousands of California high Diego County, Sr. knows so well, that health care, epidemiology, tax assessment and collection, coroner, a penal system, a court system, schools, agriculture, pest control, recorder (and merging past with future records), weights and measures, mass transit, and a host of other services would rest with San Diego, the former City. San Diego is so far in debt now, sinking so fast, and so bereft of wherewithal that dreams of San Diego County Jr. will just have to be set aside for the future.

OCTUPLETS!

OCTUPLETS!

ENOUGH ALREADY!

I'LL WATCH ANYTHING

ABOUT THE

OCTUPLETS!

Essayist Mather might have given us a discussion topic. For many years all we had to talk, talk, talk about is the airport. Maybe now we can talk, talk, talk about a new county, too. Wow!

> **James Varnadore City Heights**



We remember Mayor Golding, and Kirk Mather whose commentary you printed ("Turning the city into new county is a viable option, Opinion, Feb 19, page 8). We recall that words like grandiose or gargantuan were too small for either of them to use. Not enough heft; not enough panache; not enough self-serving puffery. If we judge correctly by the commentary this week, not much has changed in the big-talking Mr. Mather.

San Diego County, Jr., that Mather wants to establish within the city's boundaries, is a pleasant fan-We must allow our students to tasy. Might Mayor Sanders become learn in safe environments, and I Lord Mayor Sanders? That would believe you have done the students put us in step with Lord Mayors Villaraigosa and Newsom.

We might enjoy the new adulation, until we discover, as San

NEW FEATURE

Today, the *Village News* is launching a new online poll to give readers a chance to weigh in on issues of the day. The poll is not meant to be scientific but rather to act as a general gauge of public opinion. Poll questions will last two weeks and the results will be posted both online and here on the Opionion Page. Questions are designed for a "yes" or "no" answer. To participate, visit www.sdnews.com, go to La Jolla Village News and click on the "opinion" section.

This week's question:

Is the JROTC marksmansnip program and air-pistoi ranges an appropriate activity for high school campuses?



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OPINIONS Signed letters to the editor are encouraged. All letters must include a phone number for verification. The editor may edit letters for clarity and accuracy. Letters should be 350 words or less. Views expressed are not necessarily the views of this newspaper or staff.

SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The editor reserves the right to edit for clarity.

DEADLINES All content must be received by 5 p.m. on the Thursday prior to publication.

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hood, the Barber Tract and designed by architect Thomas Shepherd in the early 1960s, this warm and inviting single-level 2br. 2ba home is filled with natural light and features hardwood floors, an additional room that can be used as an office or

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The living room.



COURTESY PHOTOS The family room.



The front of the house (left) and the patio/garden (right).

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PHOTO BY CRAIG SCHWARTZ

Warner Miller as Ater Dahl in The Old Globe's production of "Since Africa," directed by Seema Sueko, playing in the Globe's Arena Theatre at the San

Lost in Chicago: from Africa to the surreal

By CHARLENE BALDRIDGE | VILLAGE NEWS

Seema Sueko, whose Mo`olelo Performing Arts Company is currently in residence at La Jolla Playhouse, makes her Old Globe Theatre directorial debut with Mia McCullough's "Since Africa."

Sueko staged and Mo`olelo produced the San Diego premiere of "Since Africa" in 2006 at Diversionary Theatre. The Old Globe production, which continues through March 8 at the Globe's arena stage in Balboa Park, is touching and magical, beautifully cast and directed.

In the 1980s, more than 20,000 youths, some as young as 6, fled their villages in Southern Sudan.

Their families had been slaughtered. "How do you do this [walk away from your village when your father lies dying on the ground urging you to run]?" asks the play's Lost Boy Ater Dahl (thoroughly convincing Warner Miller). "In a way it is its own kind of dying."

Eventually, the wanderers wound up in refugee camps in Kenya, from whence they were settled in other countries, including the United Kingdom and France. In 2001, the U.S. government agreed to take in 3,600 Boys who were no longer boys.

Two seasoned stage and film actors, both seen at the Globe previously, head the cast of "Since Africa." Willie C. Carpenter ("Two Trains Running") portrays Reggie Hudson, an African-American lay deacon in the Catholic Church. His parish is involved in housing and acculturating a number of Lost Boys to their new life in America. Linda Gehringer ("The Women") plays Diane MacIntyre, a wealthy, still-grieving Chicago widow who volunteers to help. The two butt heads over everything from religion to missionaries and how best to help Ater, whose naiveté gets him into numerous scrapes at work and on the streets of Chicago.

There is conflict as well between the controlling Diane and her college-age daughter, Eve (excellent USD/Old Globe MFA student Ashley Clements). Each thinks the other is not grieving correctly, and they differ as to disposition of their husband/father's

Each character in the play is in some way lost and homeless, looking for his/her place in society and in the larger context of a changed existence. They are looked after by a benevolent Nameless One (Kristin D. Carpenter, a veteran of Alvin Ailey American Dance Center, Dance Theatre of Harlem and Martha Graham School of Contemporary Dance). This spirit and Paul Peterson's sound design, heavy on drums and African choral singing, effectively move us from Chicago to Africa to the surreal.

The Globe's space, larger than Diversionary, allows the play to breathe more deeply than before. Nick Fouch is scenic designer; Charlotte Devaux, costume designer; Jason Bieber, lighting designer; and Claudia Hill-Sparks, voice and dialect coach.

Though affecting, the script still seems a bit too long, but the viewpoints, difficult confrontations and avoidance of grief ring true. So does the bewilderment of each lost one. McCullough provides a lovely denouement, poetically staged by Sueko, who is remembered for her leading role in the Globe's "The Intelligent Design of Jenny Chow."

"Since Africa" continues at 7 p.m. Sundays, Tuesdays and Wednesdays, at 8 p.m. Thursdays through Saturdays, and 2 p.m. Saturdays and Sundays through March 8 at the Globe's arena stage, Copley Auditorium, San Diego Museum of Art, Balboa Park. For tickets (\$29-\$59) and info, visit www.theoldglobe.org or call (619) 23-GLOBE. ■



Diego Museum of Art's James S. Copley Auditorium through March 8.

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Check out the great new nightly specials—Monday nights happy hour 'til 10 p.m.; Tuesday—it's two-for-Tuesday; Wednesday it's locals night with all their drafts for \$3 a pint (including local & guest beers), \$5 pizzas and \$5 wings; Thursday it's \$7.95 burger & brew special plus \$3 wells; Friday and Saturday happy hour from 10 p.m. 'til 2 a.m.; and, Sundays it's family suppers from 4 p.m. 'til 9 p.m.—\$25 for family-of-four includes buffalo wings, cheese or pepperoni pizza, traditional Caesar salad and giant hot fudge sundae plus \$10 pitchers, \$4 bloody marys and \$4 mimosas. Beside all the great new specials—there is also a private party room with full bar, pool table, plasmas and flatscreens showing all sporting events plus beer pong and wii tournaments. Get ready for their St. Patrick's Day celebration and March madness! See you at the house!

Royal India

Experience the finest Indian cuisine in the Gaslamp Quarter. Royal India offers impeccacity. Offering a full bar and a selection of wines and beers, Royal India makes for a perfect place to relax over cocktails. In fact, the restaurant boasts the largest outdoor patio in the Gaslamp Quarter. Royal India's extensive menu includes tempting appetizers, warm decadent breads, baked fresh in the tandoor, and a tasty selection of vegetarian, chicken, lamb and seafood curries. The ambience of the restaurant alludes to grand Indian palaces, with its large open spaces, mosaic tiled arches, a custom carved wood bar, and 10 foot calming waterfall. Voted "Best Indian Cuisine" by San Diego Downtown Readers Choice Awards in 2008. Royal India serves a gourmet buffet with over twenty items to choose from (Monday through Friday, 11:00 a.m. to 2:30 p.m. and on Monday evenings).

Thai Pan Cuisine

We are a new Thai restaurant in La Jolla having just opened on January 21, 2009. We are located on the southwest corner of the Vons Market complex on Girard and Pearl. The owners and kitchen staff are all native Thais who have many years of cooking and food preparation experience that is reflected in their tasty dishes. The menu offers an extensive selection to include great deals on lunch specials, vegetarian dishes, appetizers to include delectable handmade spring rolls, noodle dishes, curries and main course meals, all at affordable prices and generous portions. All dishes individually prepared with natural Thai ingredients, no MSG and no trans fats.

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Certain small epiphanies

'Bulrusher' shows that yes, there are hillbillies in California

By CHARLENE BALDRIDGE | VILLAGE NEWS

The characters in the small, circa 1955 Northern California town in Eisa Davis' "Bulrusher" are so flawed and self-proscribed that when the play's denouement occurs, it comes as a series of small epiphanies that upon reflection seem wondrously in keeping with their humanity and capacity for possible change. Though this is masterful indeed (the playwright is not yet 40), it may leave those accustomed to something more obvious and dramatic somewhat dissatisfied.

Most of the play's quirky characters are denizens of Boonville, who've invented a 1,300-plusword language (true, in fact) called "Boontling." This may get in the way, but only if listeners allow it. It's similar to attending Shakespeare: once one gets used to the lingo ("harpin' the ling" in this case) it's not necessary to know every word because in context the usage make sense.

Having been set adrift 18 years ago by an unknown person she believes may have been her mother, Bulrusher (Jasmine Allen) was found in the bulrushes by a Logger (Grandison M. Phelps III). This Logger and the town schoolteacher, known in Boontling as Schoolch (Jack Missett), have spent an eternity sitting in the parlor at the town bawdy house and courting Madame (Sandra Ellis-Troy) and don't you dare call her "Madam." Though Logger avails himself of the unseen "girls," the taciturn Schoolch never goes to a room. He is largely mute until his first scene with Bulrusher, whom he has raised.

Intelligent and somewhat tomboyish, Bulrusher becomes clairvoyant when she puts her hands into the river water. She is courted by Boy (Tim Parker), a swaggering, bumbling numbskull who plays the guitar and sings. Along comes a stranger in the form of Vera (marvelous Asia



Bulrusher (Jasmine Allen) in the woods, outside the small Northern California town of Boonville in 1955, in New Village Arts' "Bulrusher," through March 1 in Carlsbad.

PHOTO BY ADAM BRICK

Nicole Jackson), a young African-American woman from Alabama. She is searching for her uncle, who turns out to be Logger, one of only two "negroes" in Boonville (the other is Bulrusher). Bulrusher falls for her like the proverbial ton of bricks

Seen around town in various roles, Phelps achieves stature unseen elsewhere in the play's most touching scene, in which Logger gently combs out his niece's matted hair.

Aided by this fine acting company and a dynamite set of her own design (bawdy house, river bank and Schoolch's home),

director Kristianne Kurner does what she can with the short scenes that make up the overlong play that will, perhaps, tighten up over time. Perhaps, too, Ellis-Troy will modulate her vocal portrayal of Madame, suggesting a coarse woman who has the heart needed to make the denouement believable. Otherwise, one wonders why two men of such character bother with her. My other quibble is with Bulrusher's obvious acquiescence at the end of the play. I would have her chase her love, mores be damned. But 1955 was

Davis is the acclaimed author

of numerous plays, including the 2007 Pulitzer Prize-nominated "Bulrusher" and the recent Broadway musical "Passing Strange," in which she also performed. Davis is a composer, singer, pianist and recording artist and a graduate of Harvard and the Actors Studio/New School. Her aunt is Angela Davis.

"Bulrusher" continues at 8 p.m. Thursdays and Fridays, 3 and 8 p.m. Saturdays and 2 p.m. Sundays through March 1 at New Village Arts Theatre, 2787-B State St. in Carlsbad. For tickets (\$25-\$30) and information, visit www.newvillagearts.org or call (760) 433-3245. ■



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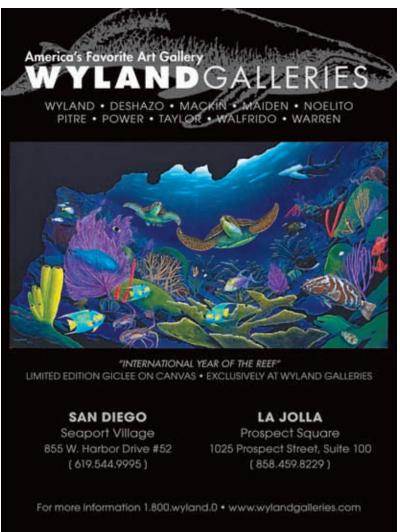


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SENIORS



SEALED WITH A KISS

Liza King, staff member of the Riford Center, creates a personal Valentine's Day card with recycled cards, magazine photos and other materials during Valentine's Celebration activities held Feb. 11 at the center, 6811 La Jolla Blvd.

VILLAGE NEWS | DON BALCH

Women in seven decades

At a conference on women and success, I was asked to be part of a panel of women who had achieved measurable success in their lives. That in itself could be worthwhile, but what caught my interest was that each of us was to describe what motivated us in the past, as different from the present, and what we envisage for ourselves in the next decade.

This kind of exercise is always a challenge — it makes us reflect on who we were, are and will be. A good exercise for you too, Dear Reader: i.e., how you have changed, are changing and plan to change — or not. The women were diverse: a professional athlete, a lawyer, a researcher, an author and artist, a travel editor, a philanthropist and me, an author and retired professor of business. The lone man, a former professor of economics, was to end it all by reflecting on the significance of success from a man's

So what were some of the women's themes?

"If it can be done, I can do it": "everything is possible"; "finding a support system"; "meeting other women as role models"; "finding a passion"; "know yourself"; "loving what one does"; "being self-sufficient"; "investing time in yourself"; "a world consciousness and helping the poor and the ill of the world.

My own early mission was to empower women and enlighten men — now it is to empower women my age to not only accept but celebrate their wrinkles and gray hair and use their wisdom to empower other women. There will be inevitable losses, physical and mental; illness and death of family members, but it is how we react to and cope with and overcome the bumps and the tragedies we get in our lives that matter. "Resilience" is the important word, and one can be helped by being part of a community. In



other words, find friends, find activities, find help.

Who will I be in the next decade? An old crone — my motto: been there, done that, doing it better - bright-eyed and bushy-tailed. My coping mechanisms: humor and translating bad experiences into learning ones for myself and others, always reaching out. The definition of success changes throughout the decades, and the mission changes, but the impetus to keep discovering what lies around the next bend in the road is always there — enthusiasm for the next adventure does not diminish, be it a move to a new community, learning a new language or dealing with a new illness. All are challenges to be met head-on. Celebrate the victo-

SEE WOMEN, Page 13

SPOTLIGHTONSENIORS

Belmont Village Senior Living Community Debuts in North County San Diego

Cardiff Community to host two-day Grand Opening February 28-March 1

Belmont Village Cardiff, will celebrate with a two-day grand opening on Saturday, February 28 and Sunday, March 1, from 12 to 4

Belmont Village is a premier senior living provider offering monthly leases, with no buy-in required and a mix of Independent, Assisted Living, and Alzheimer's care residences in studio, one- and two-bedroom apartments. Amenities: salon, library,

casual and restaurant-style dining, technology with email, Internet and Wi-Fi access, on-site fitness center, heated swimming pool, theater, private club room with wine lockers and concierge services.

"Belmont Village Cardiff is one of the few North County senior communities to offer the premium services and amenities that we do without a large entrance fee," said Patricia Will, president and cofounder.

Belmont Village communities are renowned across the senior care industry for their distinctive design, high standards for life safety, and reputation for quality. Belmont Village serves the needs of individuals with Alzheimer's disease and memory loss through its proprietary Person-Centered Living[™] and Circle of Friends[™] programs. Call 760-436-8900 or www.belmontvillage.com.

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The Alzheimer's Foundation has advice for dealing with Sundowner's Syndrome:

Discourage day-time napping to regulate sleep cycle.

Limit caffeine intake, particularly in the evening.

Encourage exercise throughout the day to expend excess energy. Allow for light exposure in the early morning to help set internal clock.

Even the safest home can be treacherous for someone in a confused state. For more information and help to deal with someone experiencing Sundowner's Syndrome, call Innovative Healthcare Consultants at (877) 731-1442 or go to our website at innovativehc .com. Our RN case managers are experienced in all stages of Alzheimer's and would be happy to advise you.

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ries of always being able to

There were common themes: risk taking is important, being able to recover from loss. Not being crushed by events, believing that fate

Who will I be in

the next decade?

An old crone ...

bright-eyed and

bushy-tailed.

is in our own hands, seizing opportunities, finding inspiration, passion the overwhelming theme was that the choice is always ours. When it was

the one man's turn, his themes were different — in the past, his job was to be a provider for his family of a wife and four children. Passion or even interesting work was not a priority as it was for the women, making a living was. Surprisingly the women did not talk about children, but the one man did, saying he was not an available father, leaving for work early and returning late. Now in his 80s, he is becoming more reflective, content to read and deepen his relationships with his family.

Hearing their stories, it is interesting to note that women have always reached out and continue to do so in their later years, sharing problems, being there for each other, as men tend to withdraw into themselves or seek the companionship of other men to talk politics and books. Although these

women and one man may not be representative, being particularly successful and prominent, they all spoke of the values that drive our society and our particular culture.

All have been and are role models for those who want to achieve success in their lives, whatever definition is given to that word. It can be no more than being satisfied with one's life as it is to no less than being the first or the best at whatever one chooses.

The choice is ours, always was, is and will be.

- Natasha will read some of her poetry March 4 as part of a "Jewish Poets — Jewish Voices" program, 7:30 p.m. at the JCC, 4126 Executive Drive. ■

Cagers finish strong as playoffs open up

By DAVE THOMAS | VILLAGE NEWS

With the regular season now in their rearview mirror, local scholastic basketball teams have their eyes on playoff victories.

On the boys side, The Bishop's School under head coach Tom Tarantino finished the regular season slate with a record of 22-4 overall and a perfect 8-0 record in Coastal League play.

The Knights are on a 15-game winning streak and are currently ranked third in San Diego, seventh in Califor-

To date, the team has been led by David Stotelmyre (19 points per game, 11 rebounds per game) and Malik Love (21 ppg, 9 rpg, 6 assists per game). Both players are likely to be first-team All-League and All-CIF selections when the announcements

Senior starters Dominique Kimbrough and Trevor Sinclair have given the team stability, while 6-foot-5-inch sophomore Stephen Kaiser has emerged as one of the better players in the league, according to Tarantino.

At neighboring La Jolla High, the Vikings under head coach Kamal Assaf finished action last week with a final regular season record of 13-14 (5-7 in Western League play).

La Jolla scored wins last week over Saints (65-61) and Cathedral Catholic

and are excited about the opportunity to play at San Marcos High School in the first round of the CIF playoffs,"

At La Jolla Country Day (LJCD) School, the Torreys under head coach Ryan Meier finished up at 13-13. LJCD lost a pair of games last week by a total of eight points to Army/Navy and Francis Parker.

To date, freshman Frankie Bamford's consistent play has led the team in scoring and rebounding the past couple weeks at 13 points per game and eight rebounds per game. JT Kelley gathered five 3-pointers in a loss versus Army/Navy.

"We have had both highs and lows as of late," Meier said. "We need to find some consistency, and hopefully that consistency is playing well and putting together wins. Obviously, with playoffs upon us, if we don't put together wins...we're done.

LJCD was to open playoff action yesterday evening, Feb. 25, versus Calipatria at home.

Finally, University City (UC) High finished regular season play with an overall record of 21-5, 9-3 in Western League action.

In a 76-62 win over Mission Bay High last Friday, David Washington paced the Centurions with 26 points. Peter Beale-Wirsing had 19 points, while Reynard Rice chipped in with

UC was to host Madison High Wednesday evening, Feb. 25, in its "We won four of the last five games opening round playoff contest.

On the girls side, The Bishop's School came into playoff action ranked number one in San Diego County and 14th overall in California (number one in Division IV).

THURSDAY · FEBRUARY 26, 2009 LA JOLLA VILLAGE NEWS

> Bishop's, which will open the playoffs at home this Friday against either Coronado or Francis Parker, finished the regular season with a record of 25-2 and unbeaten in Coastal League action. Heading into the playoffs, Bishop's is riding a 12-game winning streak.

> Bishop's ended La Jolla Country Day School's string of eight straight league crowns with a 51-44 victory on Feb. 13.

> LJCD slipped behind early at 42-24 but fought back to pull within 45-40 with 1:48 to play before being forced to foul. Bishop's sophomore Alissa Campanero had scored just two points up until that point, but she trouped to the free-throw line and made six in a row to prevent the upset. Gizelle Studevent, last week's CalHiSports.com Athlete of the Week, led Bishop's with 17 points, but Inga Orekhova was right behind with 14.

> Bishop's wrapped up the regular season against Canyon Crest last Friday with a 64-46 win, as Studevent led the way with 21 points. Orekhova added 15 points, with Alissa Campanero tallying 13.

> Meantime, La Jolla Country Day School returns to the playoffs with an overall record of 16-9 and 6-2 in

> > SEE CAGERS. Page 14

SPOTLIGHTONSENIORS



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SPORTS briefs

Girls polo teams open CIFs with wins

Both The Bishop's School and La Jolla High School opened last week's CIF Division II girls water polo playoffs with victories.

In quarterfinal action, Bishop's rolled to a 20-1 victory over Steele Canyon, with Dominique Sardo tallying nine goals.

La Jolla was an 11-4 winner over Valley Center, as Jacklyn Walters tallied four goals.

In first-round action, La Jolla scored a 12-4 win over Santa Fe Christian, while Bishop's posted a 17-2 victory over Ramona.

LJCD boys soccer ends regular season with win

The La Jolla Country Day School boys soccer team ended regular season play last week with a 3-1 victory over Francis Parker.

Ryan French, Rodrigo Cuenca and Kees Thompson scored the goals, while Zach Wolfenzon, Alex Poyhonen and Colin Young earned

LJCD ended Coastal League play with a 5-2-1 record.

JCC will hold junior water polo program

The Lawrence Family JCC will host a junior water polo program starting March 2.

The co-ed program for swimmers ages 7 to 14 will teach the basics of water polo, including passing, shooting, driving and teamwork.



Bishop's Dominique Sardo (10, above, in an earlier match against Cathedral Catholic), scored a game-high nine goals in the Lady Knights' 20-1 crushing of Steele Canyon in a CIF Div. II quarterfinal water polo matchup Feb. 21 at Coggan Pool. Bishop's faced off against La Jolla Wednesday, Feb. 25 in the semifinals. La Jolla High's Jacklyn Walters (10, below) scoring one of her game-high four goals in the Vikings 11-4 CIF Div. II quarterfinal victory over Valley Center VILLAGE NEWS | DON BALCH Feb. 21 at Coggan Pool.

Practices will be held Mondays and Wednesdays from 3 to 4 p.m., with small scrimmages slated for the weekends. The program costs \$50 per month for JCC members, \$60 for non-members.

Call (858) 362-1126 for more information or email christianh @lfjcc.com. ■



CAGERS

CONTINUED FROM Page 13

Coastal League play.

In a 76-26 victory last Friday over Francis Parker, Ariana Elegado posted a triple-double with 24 points, 10 rebounds and 11 assists. Maya Hood added 16 points and five steals while twin sister Malina

scored nine points.

LJCD finished second in the Coastal South and earned the number three seed in the San Diego Section's Division IV playoffs. LJCD will have a home game on Friday against either The Preuss School or Imperial High. The Lady Torreys are striving to reach their 11th straight CIF championship game, having won the last eight consecutive Division IV CIF championships.

Elsewhere, La Jolla High ended regular season play at 8-18, 4-8 in Western League play. La Jolla opened the playoffs at Brawley on Tuesday evening, Feb. 24. Brawley won, 56-42. La Jolla dropped a 61-21 decision to Cathedral Catholic last week, as Taytiana Welch led the Lady Vikings with six points.

Finally, University City High finished its regular season campaign with a 10-16 record, 4-8 in Western League play. UC opened CIF play Tuesday, Feb. 24, at Valley Center High. Valley Center won in a heartbreaker, 55-54. UC snapped a four-game losing streak last Friday with a 69-58 win over Mission Bay. In the win over Mission Bay, Joy DeLeon led the Lady Centurions with 24 points, while Delea Pursel (19 points) and Jillian Drogin (14 points) also reached double figures. ■

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vaccinations, and spaying. www.focas-sandiego.org or call 619.685.3536



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800-321-CSLB (2752). Unli-censed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board"

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SUMMONS (CITACION JUDICIAL)
NOTICE TO DEFENDANT: (AVISO AL DEMANDADO)
PETE MATHENEY, an individual; and DOES 1

through 10 inclusive
You are being sued by Plaintiff:
(Lo esta demandando el demandante) VERANO CONDOMINIUM HOMEOWNERS ASSOCIA-TION a California Nonprofit, Mutual Benefit-

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find theese court forms and more information at the california courts online Self-Help Center (www.courtinfo.ca.gov selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit

ices program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo ca.gov/selhelp), or by contacting your local court or county bar association
Tiene 30 DíAS DE CALENDARIO después de que le

entreguen esta citación y papeles legales para pre-sentar una respuesta por escrito en esta corte y hacer que se entreque una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respues-ta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. puede encontrar estos formularios de la corte y más informacion en el Centro de Ayunda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presnta-cieón pida al secretario de la corte que le dé un for-

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mulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo. dinero y bienes sin más advertencia. Hay otros requi

Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a aabogados. Si no puede a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos sin grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelp california.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo. ca.gov/selfhelp/espanol/), o poniéndose en contac to con la corte o el colegío de abogados locales. The name and address of the court is:

(El nombre y dirección de la corte es): SAN DIEGO SUPERIOR COURT OF THE STATE OF CAL-IFORNIA COUNTY OF SAN DIEGO, CENTRAL DISTRICT 330. W BROADWAY

SAN DIEGO, CA.92101 CASE NO: 37-2008-00090373-CL-OR-CTL The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la direccieón y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es):

Wasserman Kornheiser LLP: Deborah M. Kornheiser CSB No. 125397; Craig L. Combs-CSB No. 229438 7955 Raytheon Road

San Diego, Ca. 92111 858-505-9500 DATE: AUG 25, 2008

clerk by MARY L. MASON, Deputy ISSUE DATES: FEB 05, 12, 19, AND 26, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002207 THE NAME(S) OF BUSINESS: VILLAGE IDEAS

located at: 7444 HERSCHEL AVE. LA JOLLA, CA. 92037 is hereby registered by the folllowing owner(s): VILLAGE IDEAS This business is being conducted by: A CORPORATION VILLAGE IDEAS 7444 HERSCHEL AVE. LA JOLLA, CA. 92037 CALIFORNIA The transaction of business began on: 02/01/01 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 23, 2009 Issue Dates: FEB 05, 12. 19 AND 26, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002883 THE NAME(S) OF BUSINESS: UNITED LOAN ASSISTANCE, UNITED LOAN ASSIST located at: 2194 SAN DIEGO AVE. SAN DIEGO, CA.

92110 is hereby registered by the following owner(s): J.T. MEADOWS / MEADOWI ARK INC. This business is being conducted by: A CORPORATION J.T. MEAD-OWS / MEADOWLARK INC. 2194 SAN DIEGO, CA. 92110 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 29, 2009 Issue Dates: FEB 12, 19, 26 AND MAR

NOTICE TO DEFENDANT: (AVISO AL DEMANDADO) GABRIELA I. DAVIS, an individual; and DOES 1 through 10 inclusive YOU ARE BEING SUED BY PLAINTIFF:

SUMMONS

(LO ESTA DEMANDANDO EL DEMANDANTE) VERANO CONDOMINIUM HOMEOWNERS ASSOCIA TION a California Nonprofit, Mutual Benefit-Corporation

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find theese court forms and more information at the california courts online Self-Help Center (www.court info.ca.gov selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Self-Help Center

info.ca.gov/selfhelp), or by contacting your local court or county bar association Tiene 30 DiAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para pre-sentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respues-ta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. puede encontrar estos formularios de la corte y más informacion en el Centro de Ayunda Cortes de California courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede cieón pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requi-

sitos legales Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a aabogados. Si no puede a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos sin grupos sin fines de lucro en el sitio web de California Legal Services (www.lawhelp california.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/ selfhelp/espanol/), o poniéndose en contacto con la

corte o el colegío de abogados locales The name and address of the court is: (El nombre y dirección de la corte es)

SAN DIEGO SUPERIOR COURT OF THE STATE OF CAL-IFORNIA COUNTY OF SAN DIEGO, CENTRAL DISTRICT 330. W BROADWAY

SAN DIEGO, CA,92101

CASE NO: 37-2008-00092507-CL-OR-CTL The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la direccieón y el número de teléfono del abogado del demandante, o del demandante que no

tiene abogado, es): Wasserman Kornheiser LLP; Deborah M. Kornheiser-CSB No. 125397; Craig L. Combs-CSB No. 229438 7955 Raytheon Road

LEGAL ADS 700

San Diego, Ca. 92111 858-505-9500 DATE: SEPT 25, 2008 clerk , by MARY L. MASON, Deputy ISSUE DATES: FEB 12, 19, 26 AND MAR 05, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002590 THE NAME(S) OF BUSINESS: NEW ENERGY MISSION,

NEW ENERGY MISSION INC located at: 807 NIANTIC CT. SAN DIEGO, CA. 92109 is hereby registered by the folllowing owner(s): NEW ENERGY MISSION INC. This business is being conducted by: A CORPORATION NEW ENERGY MISSION 807 NIANTIC CT. SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: 01/20/09 The rite dansaction to business began bit. O'ZO'O'S The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 27, 2009 Issue Dates:FEB 12, 19, 26 AND MAR 05, 2009

NAME STATEMENT FILE NO. 2009-002363 THE NAME(S) OF BUSINESS: SAGE ACUPUNCTURE

located at: 965 GRAND AVE. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): ELAINE ATABA This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler. County Clerk of San Diego County on JAN 26, 2009 Issue Dates: FEB 12,19, 26 AND MAR

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-004008 THE NAME(S) OF BUSINESS: OCEAN BEACH REAL ESTATE, ROOTS ROCK REAL ESTATE, SUNRISE FINANCIAL SERVICES

located at: 4689 SANTA MONICA AVE. #2 SAN DIEGO CA. 92107 is hereby registered by the following owner(s): AXIS REAL ESTATE INC. This business is being conducted by: A CORPORATION AXIS REAL ESTATE INC 4689 SANTA MONICA AVE. #2 SAN DIEGO, CA. 92107 CALIFORNIA The transaction of business began on: 02/01/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 26, 2009 Issue Dates:FEB 19, 26 MAR 05 AND 12. 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-004246 THE NAME(S) OF BUSINESS: SEAWIND WINES

located at: 7432 CABRILLO AVE. LA JOLLA. CA. 92037 is hereby registered by the following owner(s): KEN DUNKLEY This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 06/28/08 The statement was filed with David L. Butter, County Clerk of San Diego County on: FEB 10, 2009 Issue Dates:FEB 19, 26 MAR 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-003849 THE NAME(S) OF BUSINESS: LA JOLLA LEARNING WORKS located at: 7730 HERSCHEL AVE. SUITE-N LA JOLLA,

CA. 92037 is hereby registered by the following owner(s): MEGAN V. COHEN This business is being conducted by: AN INDIVIDUAL. The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 06, 2009 Issue Dates: FEB 19, 26 MAR 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-004416 THE NAME(S) OF BUSINESS: JUST THE SKINNY PUBLISHING UST THE SKINNY BOOKS

located at: 2717 COSTEBELLE DR. LA JOLLA, CA 92037 is hereby registered by the following owner(s) STEPHEN FARNOW This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 01/02/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 11, 2009 Issue Dates:FEB 19, 26 MAR 05 AND

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-004604 THE NAME(S) OF BUSINESS: INSPIRATUS REAL ESTATE GROUP, INSPIRATUS FINANCIAL GROUP

located at: 3177 MORNING WAY LA JOLLA, CA. 92037 is hereby registered by the following owner(s): KARA HORAT This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 02/13/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 13 2009 Issue Dates: FEB 19, 26 MAR 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-005287 THE NAME(S) OF BUSINESS: DOVER COURT

located at: 2696 BAYSIDE LANE SAN DIEGO, CA. 92109 is hereby registered by the folllowing owner(s): GEORGE R. MC CLENAHAN TTEE, SARA J. MC CLE-NAHAN TTEE This business is being conducted by: A TRUST GEORGE R. MC CLENAHAN TTEE, SARA J. MC CLENAHAN TTEE 2696 BAYSIDE LANE SAN DIEGO, CA 92109 CALIFORNIA The transaction of business began on: 02/18/09 The statement was filed with David L. Butler. County Clerk of San Diego County on FEB 20, 2009 Issue Dates: FEB 26 MAR 05, 12 AND

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002224 THE NAME(S) OF BUSINESS:

EDWARDS ENGINEERING 4015 PORTE LA PAZ #136 SAN DIEGO, CA. 92122 is hereby registered by the following owner(s): LUIS E. JIMENEZ This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED. The state ment was filed with David L. Butler, County Clerk of San Diego County on: JAN 23, 2009 Issue Dates: FEB 05, 12, 19 AND 26, 2009

PETITION FOR CHANGE OF NAME SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, HALL OF JUSTICE 330 W. BROADWAY

SAN DIEGO , CA. 92101 CASE NO: 37-2009-00082033-CU-PT-CTL

PETITIONER OR ATTORNEY, ELI ALBERT SHIRE 1440 THOMAS AVE. APT #3 SAN DIEGO, CA. 92109 HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM ELI ALBERT SHIRE TO ELI ALBERT ARMSTRONG THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. NOTICE OF HEARING TO BE HELD ON MAR12, 2009 AT 8:30 AM, DEPARTMENT

LEGAL ADS 700

220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: FEB 05, 12, 19 AND 26, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002717 THE NAME(S) OF BUSINESS:

DIABETES EDUCATION AND CONSULTING cated at: 4260 KENDALL ST. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): THERESE SWEET This business is being conducted by: A N INDIVIDUAL The transaction of business began on: 12/23/08 The statement was filed with David L. Butler, County Clerk of San Diego County on JAN 28, 2009 Issue Dates: FEB 05, 12, 19 AND 26,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002627 THE NAME(S) OF BUSINESS:

AGE WELL GERIATRIC CARE MANAGEMENT located at: 1010 UNIVERSITY AVE. #286 SAN DIEGO. CA. 92103 is hereby registered by the following owner(s): KEVIN MC ANINCH This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler. County Clerk of San Diego County on: JAN 27, 2009 Issue Dates: FEB 05, 12, 19 AND 26, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002883 THE NAME(S) OF BUSINESS: UNITED LOAN ASSISTANCE, UNITED LOAN

located at: 2194 SAN DIEGO AVE. SAN DIEGO, CA. 92110 is hereby registered by the following owner(s): J.T This business is being conducted by: AN INDI-VIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler. County Clerk of San Diego County on: JAN 27. 2009 Issue Dates: FEB 05, 12, 19 AND 26, 2009

PETITION FOR CHANGE OF NAME SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO 500 THIRD AVE. CHULA VISTA, CA. 91910 SOUTH COUNTY DIVISION CASE NO: 37-2009-00073545-CU-PT-SC

PETITIONER OR ATTORNEY, ELIZABETH GAVIOLA DIZON AND RENAN TIMBOL DIZON. ON BEHALF OF LEAH GAVIOLA DIZON, MINOR 905 HARBISON PLACE NATIONAL CITY, CA. 91950 619-654-1952 FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM ELIZABETH GAVIOLA AND RENAN TIMBOL DIZON ON BEHALF OF LEAH GAVIOLA DIZON, MINOR TO MALIA REESE GAVIOLA DIZON THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. NOTICE OF HEARING TO BE HELD ON MAR17, 2009 AT 8:30 AM. DEPARTMENT 4 2ND FLOOR 500 THIRD AVE. CHULA VISTA, CA. 91910

SOUTH COUNTY DIVISION ISSUE DATES: FEB 12, 19, 26 AND MAR 05, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-003616 THE NAME(S) OF BUSINESS: FAT TONY'S PIZZA

located at: 4973 DIANE AVE. SAN DIEGO. CA. 92117 is hereby registered by the folllowing owner(s): KINGSTON KINGS, INC. This business is being conducted by: A CORPORATION KINGSTON KINGS, INC. 4973 DIANR AVE. SAN DIEGO, CA. 92117 CALIFORNIA The transaction of business began on: 01/09/09T The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 27, 2009 Issue Dates: FEB 12, 19, 26 AND MAR 05, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-003075 THE NAME(S) OF BUSINESS: COLE POLE RIDER

located at: 953 CHALCEDONY ST. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): DAVID COLE This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 30, 2009 Issue Dates: FEB 12, 19, 26 AND MAR

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002590 THE NAME(S) OF BUSINESS: NEW ENERGY MISSION, NEW ENERGY MISSION INC.

located at: 807 NIANTIC CT. SAN DIEGO, CA 92109 is hereby registered by the following owner(s): NEW ENERGY MISSION INC This business is being conducted by: A CORPORATION NEW ENERGY MISSION SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: 01/20/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 27, 2009 Issue Dates: FEB 12, 19, 26 AND MAR 05, 2009

FICTITIOUS BUSINESS NAME STATEMENT THE NAME(S) OF BUSINESS PHIL'S HOME IMPROVEMENT

located at: 4382 CLAIREMONT DR. SAN DIEGO, CA. 92117 is hereby registered by the following owner(s): PHILLIP L. GLASSNER This business is being conducted by: A N INDIVIDUAL The transaction of business began on: 02/09/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: FER 09, 2009, Issue Dates: FER 19 , 26 MAR 05 AND 12, 2009

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FICTITIOUS BUSINESS NAME STATEMENT THE NAME(S) OF BUSINESS: VIEW BY NESS PHOTOGRAPHY THIRD STOP

located at: 3993 LA CRESTA DR. SAN DIEGO, CA. 92107 is hereby registered by the following owner(s): DAVID NESS, KAREN NESS This business is being conducted by: HUSBAND AND WIFE The transaction of business began on: 01/01/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 09, 2009 Issue Dates: FEB 19, 26 MAR 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-004472 THE NAME(S) OF BUSINESS:

MASSAGE THE WORLD
located at: 1742 DIAMOND ST. #12 SAN DIEGO, CA 92109 is hereby registered by the following owner(s): ROBERT TILGHMAN This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 12, 2009 Issue Dates: FEB 19, 26 MAR 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-004562 THE NAME(S) OF BUSINESS: LUXURY AUTOSPORT

located at: 6362 UNIVERSITY AVE. SAN DIEGO, CA. is hereby registered by the following owner(s): LA BELLA PRODUCTIONS LLC. This business is being conducted by: A LIMITED LIABILITY COMPANY LA BELLA PRODUCTIONS LLC. 7422 CUVI-ER ST. SAN DIEGO. CA. 92037 CALIFORNIA transaction of business began on: 12/19/08 The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 12, 2009 Issue Dates: FEB 19, 26 MAR 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002164 THE NAME(S) OF BUSINESS: DICK BLICK ART MATERIALS. BLICK ART MATERIALS

located at: 1844 INDIA ST. SAN DIEGO, CA. 92101 is hereby registered by the following owner(s): DICK BLICK RETAIL INC. This business is being conduct ed by: A CORPORATION DICK BLICK RETAIL, INC. 1849 GREEN BAY RD. STE 310 HIGHLAND PARK, IL. 60035 DELAWARE The transaction of business began on: 08/01/04 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 23, 2009 Issue Dates: FEB 19, 26 MAR 05 AND

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-004918 THE NAME(S) OF BUSINESS:

PRIORITY INSPECTION SERVICE
located at: 3675 TRENTON AVE. SAN DIEGO, CA. is hereby registered by the following owner(s): JOHN SHRYOCK This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 18, 2009 Issue Dates: FEB 26 MAR 05, 12 AND 19, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-004503 THE NAME(S) OF BUSINESS: SAN DIEGO SINGLE PROFESSIONALS

located at: 2411 OXFORD AVE, CARDIFF, CA, 92007 is hereby registered by the following owner(s): CARMELA GOODWIN, ROBERT SANDLER This business is being conducted by: CO-PARTNERS The transaction of business began on: 02/09/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 12, 2009 Issue Dates: FEB 26 MAR 05, 12 AND 19, 2009

NOTICE OF PETITION TO ADMINISTER ESTATE OF: CAROL RUTH SHEPARD CASE NUMBER: 2009-001510008

- 1. To all heir's, beneficiaries, creditors, contingent creditors, and persons who may be otherwise inter-ested in the will or estate, or both, of (specify all names by which the decedent was known
- CAROL RUTH SHEPARD 2. A Petition for Probate has been filed by: KYLE M. SHEPARD in the Superior Court
- of California, County of : SAN DIEGO

 3. The Petition for Probate requests that : MARY SULLIVAN SHEPARD
- be appointed as personal representative to administer the estate of the decedent. 4. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept
- by the court. 5. The petition requests authority to administer the estate under the Independent Administration of Estate Act. (This authority will allow the personal representative to take many actions without obtaining court approvl. Before taking certain very important actions, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The
- unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. 6. A hearing on the petition will be held in this court a. Date: 3/24/2009, 2009 Time:9:00 Dept: PC Room

independent administration authority will be granted

b. Address of court SUPERIOR COURT OF CALIFORNIA. COUNTY OF SAN DIFGO

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7. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

8. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed

9. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk 10. Attorney for petitioner: KYLE M. SHEPARD 1263 Tourmaline Street

San Diego, CA. 92109 858-488-1182 ISSUE DATE(S): FEB 26 MAR 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-003543 THE NAME(S) OF BUSINESS: WHAT'S COOKIN?

located at: 1424 SUNSET CLIFFS AVE. SAN DIEGO CA. 92107 is hereby registered by the following owner(s): KIMBERLY SUE EASTWOOD, DEBORAH ANDERSON This business is being conducted by: A GENERAL PARTNERSHIP The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 04, 2009 Issue Dates: FEB 26 MAR

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-004115 THE NAME(S) OF BUSINESS

located at: 772 SAPPHIRE ST. SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): SATORI BUILDERS, INC. This business is being conducted by: A CORPORATION SATORI BUILDERS, INC. 772 SAPPHIRE ST. / P.O. BOX 90245 SAN DIEGO. CA. 92109 / 92169 CALIFORNIA #C2054337 The transaction of business began on: 10/25/00 The statement was filed with David L. Butler, County Clerk of San Diego County on: FEB 09 , 2009 Issue Dates FEB 26 MAR 05, 12 AND 19, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001826 THE NAME(S) OF BUSINESS: TOTAL SOURCE ENVIRONMENTAL, TSE, INCORPORATED

located at: 3425 HANCOCK ST. SAN DIEGO, CA 92110 is hereby registered by the following owner(s): TOTAL SOURCE ENVIRONMENTAL This business is being conducted by: A CORPORATION TOTAL SOURCE ENVIRONMENTAL 3425 HANCOCK ST. SAN DIEGO, CA. 92110 CALIFORNIA The transaction of business began on: 01/21/09 The state ment was filed with David L. Butler, County Clerk of San Diego County on: JAN 21, 2009 Issue Dates: FEB 19, 26 MAR 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-003292 THE NAME(S) OF BUSINESS: IMMATURE AMATEURS

located at: 1021 SCOTT ST. #354 SAN DIEGO, CA 92106 is hereby registered by the following owner(s): PETER BLACKHALL This business is being conducted by: A N INDIVIDUAL The transaction of business began on: NOT YET STARTED The state ment was filed with David L. Butler, County Clerk of San Diego County on: FEB 02, 2009 Issue Dates FEB 26 MAR 05,12 AND 19, 2009

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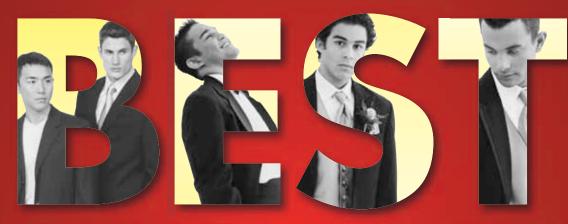
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7000 7011 Biapoi	0510210511	1pm-4pm	11011414 2041 000 270 2121
7337 Olivetas Ave.	3BR/3BA	\$2,695,000	Maxine & Marti Gellens ● 858-551-6630
5834 Rutgers Road	5BR/5BA	\$2,995,000	Maxine & Marti Gellens • 858-551-6630
5511 La Jolla Mesa Drive	4BR/4BA	\$1,995,000	Maxine & Marti Gellens • 858-551-6630
1919 Spindrift	3BR/2.5BA	\$3,995,000	Brant Westfall • 858-922-8610
1313 Opinumi		BEACH / MISSION BEACH • 1pi	
730 Santa Rita Place	3BR/2BA	\$1,228,000	Lawrence Tollenaere • 858-740-1011
1801 Diamond St. #219 & #323	1BR & 2BR	\$237,500-\$349,000	Ceal Muzzy • 858-273-2121
1411 Oliver Ave.	House + 3 Units	\$1,125,000	Susan Ronis • 858-274-9548
7265 Calabria Unit 23	2BR/2BA	\$479,000	Bobby Graham • 619-379-9668
2415 La France	3BR/3.5BA	\$850,000	Team Fuller • 619-226-8264
2410 La France	ODIT/O.ODA	MISSION HILLS	10dil 1 diloi - 010 220 0204
909 Sutter #204	2BR/2BA	\$395,000	Paul Owen ● 619-592-2655
ood dattor #20 i		DAY MAR 1 · LA JOLLA · 12am-	
1327 La Palma #2	3BR/2BA	\$1,249,000	Kristina Uteg • 619-347-0033
1027 La Famila #2	ODIVZDA	1pm-3pm	Midula diog - 010 047 0000
2387 Wilbur Ave.	4BR/3BA	\$848,000	Marie Tolstad ● 858-705-1444
2007 Wilbai 7.40.	IBIVODA	12pm-4pm	maio roiotad oco roo iiii
7536-7544 Draper	3BR/2.5BA	\$799,000-\$899,000	Howard Bear • 858-273-2121
7000 70 11 Brapor	05172.0571	1pm-4pm	110Wald 20th 000 270 2121
7259 Carrizo	4BR/4.5BA	\$3,900,000–\$4,445,876	David Schroedl ● 858-459-0202
1411 Oliver Ave.	House + 3 Units	\$1,125,000	Susan Ronis • 858-274-9548
345 Ricardo Pl.	3BR/2BA	\$1,395,000	Marta Schrimpf • 858-361-5562
740 Bonair way	3BR/3BA	\$1,095,000	Liz Pruett • 858-382-9120
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351 Prospect St.	3BR/3BA	\$2,675,000	Greq Noonan • 858-551-3302
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2521 Via Viesta	4BR/3.5BA	\$1,975,000	Jennie Williams • 619-261-7636
1309 Kaimalino Lane	3BR/3BA	\$1,250,000-\$1,400,876	Maxine & Marti Gellens • 858-551-6630
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5730 Dolphin Place	5BR/5BA	\$8,500,000	Maxine & Marti Gellens • 858-551-6630
5961 Germaine Lane	5BR/6.5BA	\$4,845,000-\$5,300,876	Susana Corrigan • 858-229-8120
1244 Cave St.	5BR/3.5BA	\$3,595,000	Susana & Stephanie Corrigan • 858-414-4768
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7555 Eads Ave. #4	2BR/2BA	\$975,000-\$1,100,876	David Schroedl • 858-459-0202
1265 Park Row	4BR/3BA	\$2,600,000	David Schroedl • 858-459-0202
1203 I dik How		T LOMA / OCEAN BEACH • 1pm	
3769 Poe St.	3BR/3BA	\$749,000-\$799,000	Team Fuller ● 619-226-8264
1689 Froude Street	3BR/2BA	\$925,000	CindyWing.Com • 619-223-9464
3074 Evergreen St	3BR/2BA	\$650,000-\$729,000	CindyWing.Com • 619-223-9464
507 4 Evergroom of	ODIVZDA	UNIVERSITY CITY • 1pm-4pm	Ollidy Willig. 00111 - 013 220 3404
4403 Govenor Dr.	3BR/2BA	\$535,000	Cathy Nakanote • Keystone Real Estate • 858-361-4041
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730 Rita Place	3BR/2BA	\$1,228,000	Kristen Aristizabal • 858-349-6194
4678 Morrell St.	3BR/3BA	\$539,000	Joann Mockbee • 619-200-8194
a monon ou	ODITODA	ENCINITAS • 1pm-4pm	35411 MOONDOO - 013 200 0134
3371 Calle Tres Vistas	6BR	\$3,990,000	Dan Moore ● 858-922-8456
COLL CARD 1100 VIOLED	ODIT	MISSION HILLS	Dan 190010 - 000-022-0400
909 Sutter #204	2BR/2BA	\$395,000	Paul Owen ● 619-592-2655
000 00001 1120 1		SORRENTO VALLEY	1 dai 0 100 100 2 2000
6551 Windward Ridge Way	4BR/3BA	\$600,000	Kathleen Murphy • 858-449-7014
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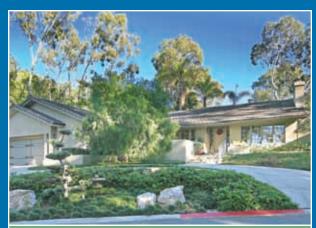
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LA JOLLA SHORES JEWEL

Extraordinary value in this lovingly remodeled townhome walking distance to the ocean and shops of the Shores. Boasting a fabulous new kitchen with cherry cabinets, granite counters, stainless steel appliances, inlaid limestone flooring, large wraparound patio & the master on the main level. \$895,000



HIDDEN VALLEY HOME

A beautiful single story home located just steps to community pool & tennis. Features include a formal living room with fireplace, recessed lighting, gorgeous gardens, a large open dining room, delightful gourmet kitchen with custom cabinetry and stainless steel appliances, exquisite finishes in the baths. \$1,695,000



IN THE HEART OF THE VILLAGE

Extraordinary location — just a stroll to all shops, restaurants and beaches. This custom Mediterranean, two-story residence has six decks from which you can enjoy the Village ambiance. Enormous two-sided fireplace, quality finishings, and a terrific floorplan make this an ideal home for entertaining. \$2,775,000



BEACH BARBER SPANISH JEWEL

This enchanting 2-story Spanish-style house offering partial ocean views is one block from the ocean. Upstairs is a charming living room with fireplace, hardwood floors, kitchen, a large verandah. Downstairs there is a third bedroom, complete with its own full bath, kitchenette and living room. \$4,500,000



THE SAND IS YOUR YARD

Gorgeous, one-of-a-kind ocean front penthouse suite on the sand in the most sought after area of South Mission Beach. Enjoy amazing views and sunsets from two balconies! The master bath is one-of-a-kind. A private elevator takes you directly into this 3BR/2.5BA unit which has a two-car garage. \$2,495,000



BLACKHORSE BEAUTY

A sophisticated, elegant town home recently remodeled to the highest standards. Featuring crown moldings, kitchen with top-of-the-line appliances, spacious dining room, faux cabinets in the bedrooms and study, travertine patio and heated swimming pool and spa. A truly unique home in every detail! \$1,995,000





Eric & Peggy Chodorow



858.456.6850





VIEW VIEW VIEW

Picture perfect, panoramic views from Mt. Soledad to La Jolla Shores and the ocean beyond are yours from this lovely, single story 4-bedroom/4-bath home located in one of La Jolla's finest neighborhoods. Enter through the front door, and your heart will skip a beat as you observe the beauty of the expansive ocean views offered from the floor-to-ceiling glass doors and windows that line the entire western wall of the house. With beautiful up-lit cathedral ceilings in the living and dining rooms, this home exudes a sense of a spaciousness and serenity.

\$4,995,000





ARDS

The Jewel and its treasures

The people have spoken, the votes have been tabulated, and we not only have a new president of the United States but the results of our second La Jolla Village News Readers Choice Awards. Many are repeat winners, meaning friendly service and good value are timeless, while others are new businesses that have sparkled from the get-go. Our categories cover all the things that residents can find right in La Jolla, from yoga and beauty salons to banks, grocery stores, dry cleaners and everything in between. Many winners come from La Jolla's myriad restaurants — not only places that serve breakfast, lunch and dinner but also the smaller spots that specialize in robust morning coffee, mouth-watering fish tacos or an elegant evening nightcap. Ballots were printed in La Jolla Village News for several weeks and also distributed online at our website,

www.sdnews.com. Although our poll is not scientific, we think it gives a pretty good idea of the people and places that give La Jolla its sterling reputation. We hope these awards will delight those who aspire to excellence every day and inspire new businesses to go the extra mile — with a smile — in these tough economic times. La Jolla Village News would like to thank all the readers who took the time to single out the businesses and merchants who make the Jewel a priceless treasure. And to the winners — we salute you!

Congratulations!

Anne Terhune, Editor, La Jolla Village News

The 2008 Readers Choice Award winners were selected by La Jolla Village News readers!























SETH O'BYRNE AND THE O'BYRNE TEAM

La Jolla Village News congratulates SETH O'BYRNE, Real Estate Agent with

RE/MAX La Jolla, on being voted 'Best in La Jolla' by La Jolla Residents Reader's Poll.

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Readers Choice

AWARDS 2008

OVERALL RESTAURANT

Sante Ristorante

Sante excels at bringing the traditions and elegance of fine Italian dining to the La Jolla area. Chef Emelio Bertoli's delectable Northern Italian cuisine ranges from delightful treats such as homemade paperdelle with a wild boar ragout to reliable favorites like risotto di frutti di mare (a rich risotto with clams, mussels, shrimp and calamari). An outstanding and extensive wine list complements every dish on the menu. The classic setting is full of Old World charm, as is Tony Buonsante, the gracious host and owner. With a combination of fantastic service. great food and warm atmosphere, it's no surprise Sante continues to be a local favorite.

Sante Ristorante 7811 Herschel Ave. 454-1315 www.santeristorante.com

George's at the Cove

George's at the Cove has been in La Jolla since 1984, but there's not a solitary sign that it seeks to rest on its laurels. The exceptional dining experiences are no accident — this restaurant has a whopping three on-site partners dedicated to providing their guests with the best food and service possible. And there are two ways to reap the benefits; you can either go upscale or more casual at the bistro on the ocean terrace. There's also a superb bar

with an ocean view, and George's has opening a brand-new outdoor terrace.

George's at the Cove 1250 Prospect St. 454-4244 www.georgesatthecove.com

OVERALL RESTAURANT SERVICE

The Marine Room

When The Marine Room opened at its current location, Franklin Roosevelt had just been elected to his third term as president. That pretty much makes The Marine Room the oldest San Diego restaurant still owned and operated by its founders in its original location. Executive chef Bernard Guillas uses all that history to his best advantage — he's got a lot to draw from as he travels the world in search of the finest cuisine for The Marine Room's legion of customers.

The Marine Room 2000 Spindrift Drive 459-7222 www.marineroom.com

Sante Ristorante

(See entry under "Overall Restaurant")

NEW RESTAURANT

Whisknladle Bistro & Bar

Pssstt – don't look now, but Whisknladle's Ian Ward has been named by a local paper as San Diego's best mixologist, which says something for a restaurant that's had its current handle for only about a year and a half. Beyond that, the rest of the team cures its own salumi meats, pickles its vegetables, hand-cuts its pasta, bakes its bread, churns its ice cream and even creates flavored tonics and purées for the "artisan" cocktails. There's almost too much to recommend this place – but we won't let that stop us.

Whisknladle Bistro & Bar 1044 Wall St. 551-7575 www.whisknladle.com

Vigilucci's Seafood, Steak and Chop House

OK. So it's part of a chain of seven area eateries. That doesn't make its prospects any less exciting, since you can go to only one restaurant at a time, after all. The La Jolla unit, which opened in late 2007, boasts a casually upscale atmosphere - the lunch and dinner menu features the finest steaks, freshest seafood and pasta. Menu items are prepared with an Italian flair, which sets this restaurant apart from other steakhouses in the area. Best of all, there's a lively happy hour with live music Thursdays and during Sunday Brunch.

Vigilucci's Seafood, Steak and Chop House 909 Prospect St., Ste. 209 454-9664 www.vigiluccis.com

CHEF

Bernard Guillas, The Marine Room

Bernard Guillas has received so many awards that he should probably rent space on Mars to store 'em all. See our entry under "Overall Restaurant Service," the one that pertains to the Marine Room – it'll clue you to Guillas' stellar standing among the best culinary artists in the city.

Marine Room 2000 Spindrift Drive www.marineroom.com

BREAKFAST

Brockton Villa

One of the entries on our Readers Poll form asks the recipient to name the things that set it apart from similar businesses. The folks over at Brockton Villa Restaurant had a ready answer: "There are no similar businesses!" That's the spirit, all right – and it takes on a special significance at breakfast. The helpings are absolutely enormous, as they are every day of the week (don't you dare pass on the in-house Coast Toast delicacy).

Brockton Villa Restaurant 1235 Coast Blvd. 454-7393 www.brocktonvilla.com

Harry's Coffee Shop

The kids are all right – and that's how they'll stay at Harry's Coffee Shop, because somebody from the family that owns the place is always there to watch over them. Service in the morning is fast, and the staff tries to keep things simple, the way people seem to like it. Another cool thing is that you and the kids can get breakfast all day. And it's a cinch Harry's has had plenty of time to get stuff right — as of

2010, the eatery will have been here 50 years.

Harry's Coffee Shop 7545 Girard Ave. 454-7381

www.harryscoffeeshop.com

LUNCH

The Cottage

The Cottage has been in La Jolla since 1991, which means that its oldest original patrons are beyond legal age to operate a motor vehicle. The idea, of course, is that the folks at The Cottage go overboard to treat their customers like the family they've been raising all these years. The lunches here ensure that that family gets off to the best possible start in the afternoon. It's all in a day's work at The Cottage, where the main ingredient is the wholesale regard for the customers' comfort.

The Cottage 7702 Fay Ave. 454-8409 www.cottagelajolla.com

George's at the Cove

(See entry under "Overall Restaurant")

DINNER

Sante Ristorante

 $(See\ entry\ under\ "Overall\ Restaurant")$

The Marine Room

(See entry under "Overall Rest. Service")

TAKE-OUT

Girard Gourmet

Girard Gourmet's mouth-watering take-out delights include beef Burgundy, lamb stew, roast chicken with vegetables and duck a l'orange plus a variety of house quiches, soups, deli salads, sandwiches, bread, muffins and desserts. Belgian baker and

Thank You, Thank You, Thank You!





Best Pizza • Best Family Restaurant 702 Pearl Street 858.456.5252 www.sammyspizza.com



Silver Award Contact Cruz at 858.551.4862 www.mosaic-catering.com

875 Prospect Street 858.551.5252 www.roppongiusa.com

Best Asian Fusion • Best Appetizer

Girard Gourmet owner Francois creates custom cookies for all occasions — birthday parties, weddings, corporate events, baby showers and sporting events.

Girard Gourmet 7837 Girard Ave. 454-3325 www.girardgourmet.com

Mandarin House

Mandarin House has been a La Jolla family take-out favorite for years. Some of the local favorites include the hot & sour soup, sizzling rice soup, crispy beef, asparagus chicken, Mandarin House noodles and lemon chicken. If you love authentic Chinese food, you won't be disappointed.

Mandarin House 6765 La Jolla Blvd. 454-2555 www.mandarinhousesd.com

SUNDAY BRUNCH

La Valencia Hotel

La Valencia's three La Jolla restaurants, each with its own unique ambiance, are La Jolla traditions. Whether the occasion calls for intimacy, festivity or just a warm place to relax and reflect, the hotel provides a variety of dining settings to satisfy eclectic needs. If you have not experienced our famous Sunday brunch, visit the La Valencia and discover why both locals and guests have made it a family tradition.

La Valencia Hotel 1132 Prospect St. 454-0771 www.lavalencia.com

The Shores Restaurant

La Jolla boasts a ton of different culture-based restaurants, featuring fare from China to Mexico to the Mediterranean. All those choices can be daunting – so once in a while, it's

advised you take a break and settle in with some plain ol' great Sunday brunch fare. That's when you go to The Shores, a premiere American-cuisine eatery, featuring a view of the ocean that'll make you hungry for more.

The Shores Restaurant 8110 Camino del Oro 456-0600 www.TheShoresRestaurant.com

FAMILY RESTAURANT

Sammy's Woodfired Pizza

Think take-out pizza is take-out pizza is take-out pizza? Think again. We're talkin' Sammy's here, as upscale a take-out parlor and family restaurant as you'd hope to find. Artichoke and barbecue chicken are just two of the unorthodox toppings waiting for ya not to mention the soups, tapas, wraps, salads and all the other good things that go with a complete dining experience. Sammy's plans to add artisan thin-crust entries with exotic cheeses to its menu, as if the litany weren't full enough.

Sammy's Woodfired Pizza 702 Pearl St. 456-5222 www.sammyspizza.com

Apollonia Greek Bistro

Doesn't matter how big your family is — Apollonia's staff has your order knocked, and accordingly, all you hungry souls will have to wait about two seconds for service. The classy décor extends to the cute patio out back, where you can all hunker down with your gyro sandwiches and the other great choices.

Apollonia Greek Bistro 8650 Genesee Ave., Ste. 106 455-1535 www.apolloniabistro.com

RESTAURANT WITH WINE SELECTION

George's at the Cove

(See entry under "Overall Restaurant")

Jack's La Jolla

The wine bar at Jack's La Jolla is the most formal of the three restaurants that compose what may be the city's finest assemblage of dining establishments under a single roof. The eatery's Tony DiSalvo, former chef at Jean Georges, cooks up a menu of contemporary American cuisine in a sophisticated setting – and the wine underscores it all. The list rotates every day, and Jack's also stages some of the most interesting tasting events in town.

Jack's La Jolla 7863 Girard Ave. 456-8111 www.jackslajolla.com

WINE SHOP

Beverages and More

When it comes to wine selection at commercial establishments, there are two categories: 1) BevMo and 2) everyplace else. Everything from Cabernet to Zinfandel lines the walls nonstop, and with Mars as the glaring exception, the fare originates from everywhere in the solar system. More than that, La Jollans are exceptionally lucky that their local BevMo is so conveniently located.

Beverages and More 844 Pearl St. 729-0775 www.bevmo.com

Wine Time

The coolest thing about Wine Time's La Jolla outlet is the people – those super-friendly staffers so eager to help the novices with their questions about

this strange new beverage. Word has it that a fellow named Kai knows everything in the universe about wine — his expertise and friendliness will keep you coming back. The sandwiches aren't exactly second-rate, either.

Wine Time 7474 La Jolla Blvd. 551-7565

LOCAL WINERY

Thornton Winery

OK. So the place is in Temecula. The wine country up there is some of the best in the region, so it stands to reason that you might want to invest a little time and effort in your quest for the bounty. You aren't alone – in 2007, the winery sold some 125,000 bottles of the most delicious fare available nationwide. And this venue has a La Jolla connection in any event – owner John Thornton lives here.

Thornton Winery 32575 Rancho California Road, Temecula (951) 699-0099 www/thorntonwine.com

Orfila Vineyards and Winery

This is an award-winning boutique venue nestled in the pristine San Pasqual Valley agricultural preserve, approximately 20 minutes north of San Diego. Winemaker and general manager Leon Santoro and his team produce award-winning Rhône-style wines from grapes grown on the hill-side estate located approximately 15 miles from the Pacific Ocean and blessed with cooling coastal breezes. Just like with Thornton, you have to travel a skosh – but the investment is rewarding indeed.

Orfila Vineyards and Winery 13455 San Pasqual Road, Escondido (760) 738-6500 www.orfila.com

BEER SELECTION

Karl Strauss Brewery Restaurant

If Karl Strauss were a meat, it'd be filet mignon, and it'd be priced like McDonald's – such is the value within. It even has its very own La Jolla brew pub, which means you're now officially out of excuses not to give it a try, especially the perfectly balanced

Karl Strauss Brewery Restaurant 1044 Wall St. 551-BREW www.karlstrauss.com

La Jolla Brewhouse

Careful – the newly remodeled La Jolla Brewhouse is so cool that you may not get through your pint without a major distraction. The party room sports a full bar with an 8-by-10-foot projection-screen TV and no fewer than 28 televisions for your listening and viewing pleasure. The place is perfect for holiday events, private lunches, dinner parties and sporting events. And don't forget the beer (as if you would).

La Jolla Brewhouse 7536 Fay Ave. 456-6279 www.lajollabrewhouse.com

SPORTS BAR

La Jolla Brewhouse

(See entry under "Beer Selection")

Karl Strauss Brewery Restaurant

(See entry under "Beer Selection")

PLACE TO PEOPLE-WATCH George's at the Cove

(See entry under "Overall Restaurant")

*



MONSOONGROUP



VOTED



La Valencia

(See Entry under "Sunday Brunch")

PET-FRIENDLY RESTAURANT

Pannikin Coffee & Tea

The Pannikin operates out of an 80-year-old house, which is one element of its charm. In fact, the regulars – who've been coming there for something like 20 years – take a certain pride of ownership in the place, regarding it almost like a community center. And what's a community center without your pet?

Pannikin Coffee & Tea 7467 Girard Ave. 454-5453

Come On In

What started as a La Jolla bakery has turned into a pet-friendly gourmet restaurant sensation spreading throughout San Diego's north coast. The current owners kept the flavorful selection of pastries and desserts and added fresh, Euro-California cuisine, having converted Come On In Café, established in 1993, to a Euro-bistro in 1999. Come On In maintained its focus by providing fresh, delicious food that won't ruin your diet, though you'd hardly know it by the taste.

Come On In 103-B Torrey Pines Road 551-1063 www.comeonincafe.com

RESTAURANT WITH LIVE MUSIC

Pasquale on Prospect

Pasquale on Prospect has its mating-conducive atmosphere, but there's way more to this place than that. You have the final say on the level of privacy when it comes to seating; the main dining area has a lighting scheme that won't quit; and

the cheesecake is too killer. Oh, yeah – the music: It's on the loud side, and some people can't get enough of that.

Pasquale on Prospect 1250 Prospect St. 456-7227

Manhattan of La Jolla

Jazz-vocalist marvel Tokeli set the scene a little over two years ago with her nods to the likes of the great Dinah Washington and other old-school giants – and although she doesn't perform there anymore, Manhattan continues the tradition as one of La Jolla's few live-music venues near the Cove. The coolest thing is that you'll be watching it all from a spectacular little bar.

Manhattan of La Jolla 7766 Fay Ave. (inside the Empress Hotel) 459-0700

HAPPY HOUR

Jack's La Jolla

(See entry under "Rest. w/ Wine Selection")

Clay's La Jolla

Clay's La Jolla is different than many local eateries with happy hours. Let's start with the name – Clay Bordan is a real guy, and he got the idea to open a local eatery amid his passion for food, art and happy-hour success. He offers a blend of food styles garnered from several kitchens across the country (he has kitchens in Santa Fe and Florida too), and he's only just getting started around here (the La Jolla entry has only been open two and a half years).

Clay's La Jolla 7955 La Jolla Shores Drive 551-3620 www.clayslajolla.com

COMFORT FOOD

The Cottage

(See entry under "Lunch")

Cody's La Jolla

Cody's presents exceptional food that is refreshingly uncomplicated and uniquely American, like the eggs and bacon and crabcakes you're so fond of. This lovely seaside cottage is La Jolla's prime spot for relaxed oceanview dining serving breakfast and lunch daily. And if you can hold on till the end of May, you can enjoy it all alongside some cool piano and acoustic guitar through the summer.

Cody's La Jolla 8030 Girard Ave. 459-0040 www.codyslajolla.com

LATE-NIGHT EATERY

The Spot Restaurant and Tavern

This eatery opened its doors in 1978 in the oldest La Jolla building in continuous use as a restaurant. It's become a favorite for its fresh fish, steaks, burgers, salads, pasta, sandwiches and Chicago-style pizza – in other words, it offers just about anything a late-night diner could want. There's a full-service bar and a large selection of fine wines, too. About the only things The Spot doesn't carry are shoes. For that, you're better off at a shoe store

The Spot Restaurant and Tavern 1005 Prospect St. 459-0800 www.thespotonline.com

Bully's La Jolla

Several people connected with San Diego's jazz community cite the need for greater interest in their genre – but in those discussions, Bully's somehow gets missed as one of the presenting venues (it features live jazz on Sunday nights). Add the expanded cocktail, beer and appetizer selections, and Bully's has reason to stake its claim as a premiere prime rib, latenight establishment 40 years running.

Bully's La Jolla 5755 La Jolla Blvd. 459-2768

www.bullyslajolla.signonsandiego.com

PLACE TO GO ON A BUDGET

Harry's Coffee Shop

(See entry under "Breakfast")

The Spot

(See entry under "Late-Night Eatery")

PLACE FOR A BIRTHDAY PARTY

Sante

(See entry under "Overall Restaurant")

Jack's La Jolla

(See entry under "Rest. w/ Wine Selection")

MOST ROMANTIC

The Marine Room

(See entry under "Overall Rest. Service")

George's at the Cove

(See entry under "Overall Restaurant")

OCEAN VIEW

George's at the Cove

(See entry under "Overall Restaurant")

The Marine Room

(See entry under "Overall Rest. Service")

APPETIZER

Roppongi Restaurant & Sushi Bar

The peeps over at Roppongi say we should stay tuned for expansion plans, and that can only mean room for more patrons with big appetizer appetites. The fare can already accompany as many patrons as the place can hold – no wonder the appetizers are so popular!

Roppongi Restaurant & Sushi Bar 875 Prospect St. 551-5252

www.roppongiusa.com

Piatti Ristorante

The open kitchens and stone pizza hearths of the Piatti restaurants reflect the warm charm and welcoming atmosphere of a traditional Italian trattoria. While every Piatti has its own character and ambiance suited to its locale, all are characterized by simple, unpretentious designs, rustic yet flavorful cuisine and family-friendly service. Piatti restaurants are gathering places where friends, family and neighbors eat, drink and socialize while enjoying the sense of community found in Italy's most popular trattorias.

Piatti Ristorante 2182 Avenida De La Playa 454-1589 www.piatti.com

BURRITO

Alfonso's of La Jolla

Alfonso's of La Jolla has been a community mainstay for a stratospheric 37 years now — but in theory, the popular Mexican eatery has been in business since long before that. It relies in part on its burritos to guarantee its customers' loyalty (especially among those from out of town, who've grown to admire the inviting







(858) 454-3325 • Fax (858) 454-2325 • diana@girardgourmet.com

7837 Girard Ave., La Jolla, CA 92037

www.girardgourmet.com • www.funcookies.com

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dining room and patio). Year 38 will be here soon, and, as always, Alfonso's is ready for it.

Alfonso's of La Jolla 1251 Prospect St. 454-2232 www.alfonsoslajolla.com

Mr. Taco Mexican Food

Here's where you'll find the quality of a better restaurant and the quantity that seems to mark the better fastfood eateries. Everybody says to try the cheese enchilada. If you do so, please take comfort in the fact that its ingredients - along with everything else here – is made fresh daily. Then take a short walk across Prospect and enjoy your meal at Scripps Park.

Mr. Taco Mexican Food 7918 Ivanhoe Ave. 729-0501

BURGER

Burger Lounge

Burger Lounge is not a fast-food hamburger joint. It is about a passion to create something great. Starting with all-natural grass-fed Tallgrass beef delivered directly from the grower, hand-cut french fries, freshmade onion rings and home-baked buns, Burger Lounge has created a food experience it hopes you will want to have over and over. Burger Lounge also serves cool crisp salads, a turkey burger with fresh basil and its own vegetarian burger made from organic quinoa.

Burger Lounge 1101 Wall St. 456-0196

Beaumont's

One area publication say Beaumont's brings Bird Rock to the next level in its casual nightlife culture. Amid the current economic climate, next levels

are a pretty serious phenomenon, which is all the more reason you should stop in for a burger and a drink. Very, very nice place.

Beaumont's 5662 La Jolla Blvd. 459-0474

FISH TACO

Wahoo's Fish Tacos

Wahoo's has become a La Jolla tradition for young and old. Ask any kid who grew up in La Jolla — they remember hanging out after school at Wahoo's. Walls, tables, windows and even bathrooms are laden with signed memorabilia and stickers, like a giant skateboard. Starters include tasty Maui onion rings and spicy chicken tortilla soup, but it's the fish tacos that draw the crowds. Kids continue to love the place because of the free stickers!

Wahoo's Fish Tacos 639 Pearl St. 459-0027 www.wahoos.com

Rubio's Fresh **Mexican Grill**

Everybody around here knows this name and its reputation for quality. Problem is, there are so many of them in the area that you might be lulled into indifference – and that would be a mistake. The grilledshrimp burrito, chopped wrap and sirloin tacos are to die for, as always. And hey: don't forget the fish tacos!

Rubio's Fresh Mexican Grill 8855 La Jolla Village Drive 546-9377 www.rubios.com

MARGARITA

Alfonso's of La Jolla

(See entry under "Burrito")

Su Casa Mexican & **Seafood Restaurant**

Su Casa – "your home" – is a local landmark that dates to the '60s. The interior is appropriately comfortable and casual, with a relaxed main dining room, a colorful bar and an outdoor covered patio, each with its own vibe. A corner fireplace and a tropical fish tank center the dining room, which is lined with coveted, cozy booths. A banquet room is available for private parties of up to 50. And don't forget the margarita.

Su Casa Mexican & Seafood Restau-

6738 La Jolla Blvd. 454-0369

www.sucasarestaurant.com

PIZZA

Sammy's Woodfired Pizza

(See entry under "Family Restaurant")

Extreme Pizza

Here, as the menu attests, the accent is on "extreme." The proprietors didn't stop with just pizza - this is pizza with gourmet ingredients and a host of other selections, including 12 monster subs, nine salads, calzones, wings, desserts and drinks, including alcoholic ones. Extreme Pizza also caters and offers carry-out and dine-in services. This place has found an extremely large niche!

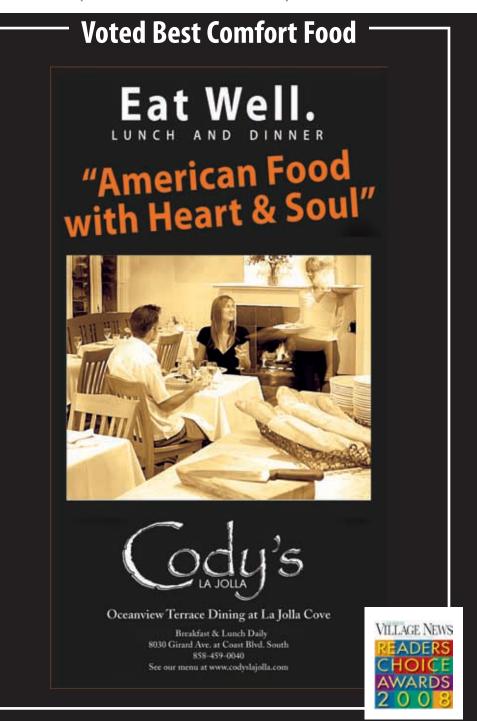
Extreme Pizza 834 Kline St. 729-1910 www.ExtremePizza.com

SALAD BAR

Whole Foods

Regulars to Whole Foods are already hip to the store's reputation for clean-





liness and convenience. Everything's carefully labeled 'organic' or 'no preservatives' if the label fits; the displays are colorful and arranged for aesthetic appeal. Don't forget that all that goes for the salad bar as well — it features healthful touches such as extra-virgin olive oil and exactly 1 million selections that you can alter at your discretion. And if you're so inclined, you can eat it in comfort on the spot. As always, Whole Foods has thought of everything.

Whole Foods 8825 Villa La Jolla Drive 642-6700 www.wholefoodsmarket.com

DESSERTS

Michele Coulon Dessertier

Michele Coulon, former ballerina and member of the legendary Coulon culinary family, worked as a chef in her family's restaurant after years of living in Paris. Serving French wine, a light lunch menu and sinful sweets, Coulon's pas de deux is her svelte wedding cakes and elegant tortes. Enjoy the lemon Bavarian cream, orange and Myers dark rum cake and milk chocolate caramel torte, just to mention a few, as well as the best chocolate marbled cheesecake this side of New York City.

Michele Coulon Dessertier 7556 Fay Ave., Suite D 456-5098 www.dessertier.com

Sante Ristorante

(See entry under "Overall Rest. Service")

SANDWICH

Girard Gourmet

(See entry under "Take-Out")

*

Harry's Coffee Shop

(See entry under "Breakfast")

STEAK

Fleming's Prime Steakhouse & Wine Bar

At last count, San Diego proper had about 14 wine bars in it. The oldest dates to 1995 and, obviously, opened well before wine bars became the trendy phenomenon they are today. But one such place — Fleming's Prime Steakhouse & Wine Bar — has been around for nine years itself and has learned its way around wine and, of course, steak, accordingly.

Fleming's Prime Steakhouse & Wine Bar 8970 University Center Lane 535-0078 www.flemingssteakhouse.com

Donovan's of La Jolla

They may look good enough to eat, but the paintings and sculptures at Donovan's of La Jolla are strictly off limits – so you'll have to content yourself with the USDA prime beef, the eatery's star attraction. If steak isn't in the plan, pork and veal chops and succulent seafood will satisfy the most discriminating of palates. And at Donovan's, fresh seasonal vegetables and your choice of potato are always included with each entrée.

Donovan's of La Jolla 4340 La Jolla Village Drive 450-6666 www.donovanssteakhouse.com

AMERICAN

La Valencia

(See entry under "Sunday Brunch")

The Cottage

(See entry under "Lunch")

SUSH

Sushi on the Rock

The PR buzz on this 10-year-old staple says the chefs are "crazy." We're assured, however, that there's no truth to that in the literal sense - it only means they're creative and innovative. They have a lot to work with, too. Sushi on the Rock serves just about every kind of raw fish you can imagine, especially the spicy and Southwestern combos, and that means those "crazy" chefs have lots more material for their concoctions. Even now, the place is introducing several new specialty rolls, and there's a house sake to wash it all down with.

Sushi on the Rock 7734-R Herschel Ave. 456-1138

Café Japengo

At last count, San Diego had exactly 3,711,623 sushi places — the only venue not included in the tally is Japengo, as it's not exactly your standard sushi stop. Since 1990, this place has been blazing new trails of culinary excellence, garnering a slew of prestigious accolades — and it continues to invent flavorful, visionary creations, from sashimi to moo shu-style duckling. Sushi's been around for centuries — thanks to Café Japengo, you don't have to wait that long to savor the best.

Café Japengo 8960 University Center Lane 450-3355 www.cafejapengo.com

SEAFOOD

Crab Catcher

Perched atop an oceanside La Jolla bluff, the Crab Catcher offers a spectacular view. The elevated dining room overlooks waves crashing onto La Jolla Cove and an elegant coastal backdrop. Chef Jon Burwell's extensive menu fetes the ocean's bounty with dishes such as king crab-stuffed Hawaiian ono with chili-garlic puree and dillinfused buerre blanc, montrachet goat cheese and roasted shallot Pinot Noir reduction.

Crab Catcher 1298 Prospect St. 454-9587 www.crabcatcher.com

The Marine Room

(See entry under "Overall Rest. Service")

FRENCH

Tapenade Restaurant and Fine Catering

Tapenade owner Jean-Michel Diot says his suppliers understand his tastes in French cuisine – and after 10 years' existence, he and they likely have their demographics down to a science. Tapenade offers the finest in French cuisine and even has a Fine Wine Club, wherein Diot offers premium wines at a discount.

Tapenade Restaurant and Fine Catering 7612 Fay Ave. 551-7500 www.TapenadeRestaurant.com

The French Gourmet

Those pesky wine boutiques are popping up with alarming regularity around here — and if you go to The French Gourmet for a meal, you'll get a ground-floor view of one of the latest, which opened about 16 months ago. Meanwhile, this La Jolla staple has been around for 29 years and in that time has managed to open its own in-house bakery and catering kitchen, ensuring the kind of customer service you've come to expect.

The French Gourmet 960 Turquoise St. 488-1725 www.thefrenchgourmet.com

BARBECUE

Phil's BBQ

For the past 10 years, barbecue lovers across La Jolla have turned to restaurateur Phil Pace to satisfy a singular craving – mesquitegrilled babyback and beef ribs, chicken and sandwiches. At first glance, this may be hard to believe – but the place takes in thousands of customers a day from all walks of life. Maybe you'd like to add yourself to the list. And never mind that you have to go to Point Loma to do it.

Phil's BBQ 3750 Sports Arena Blvd. (619) 226-6333 www.philsbbq.net

INDIAN

Monsoon Fine Cuisine of India

Don't let the name fool you. The food and atmosphere here are as balmy as the local weather. Indian cuisine features lots of different angles that reflect the country's cultural diversity; here, you'll find them all, manifest in the creative use of spices and vegetables. Wash it all down with a glass of chai tea – best thing ever for jangled nerves.

Monsoon Fine Cuisine of India 729 Fourth Ave. (619) 234-5555 www.monsoonrestaurant.com

ASIAN FUSION

Roppongi

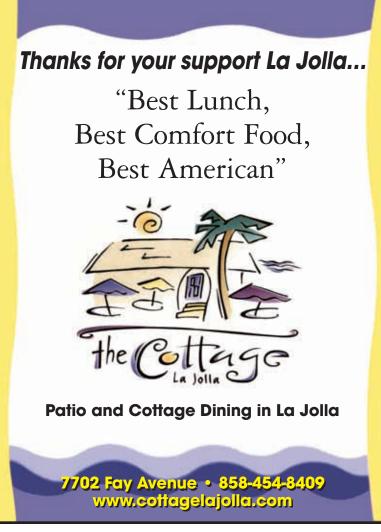
(See entry under "Appetizer")

CHINESE

Mandarin House

(See entry under "Take-Out")









Spice & Rice Thai Kitchen

This establishment offers a tantalizing menu and a clean-air approach to dining. Be warned: Many of the dishes are on the spicy side, like those in many Thai restaurants. The kitchen is accommodating and will moderate the seasoning to suit your taste. Most dishes can be made as a vegetarian version. Prices are quite appealing, and the Thai salads are excellent. Enjoy a little spice and rice in your

Spice & Rice Thai Kitchen 7734-C Girard Ave. 456-0466 www.spiceandricethaikitchen.com

La Basil Thai Cuisine

You know what an eggplant looks like - kind of like an overgrown lightbulb that somebody painted purple as a prank. Well, eggplant, and everything else, is no joke at this place. The freshest ingredients are always on tap, and the staff has forgotten more about Thai cuisine than you'll ever know. Don't be shy about asking your way around the fare; the staff can season your fare to taste — even the eggplant, which suddenly becomes the very center of the ingredient universe.

La Basil Thai Cuisine 5525 La Jolla Blvd. 456-7889

ITALIAN

Sante Ristorante

(See entry under "Overall Restaurant")

Osteria Romantica

"Osteria" roughly translates from the Italian as "clubhouse." It used to describe a place where the cultured

and the uninstructed would get together and swap bits of their lives, usually over a deck of cards and a carafe of wine. Osteria Romantica, with its delicious Italian dishes and warm, inviting décor, seeks to recapture that kind of convivial spirit. Guess what? It does.

Osteria Romantica 2151 Avenida de la Playa 551-1221

www.osteriaromantica.com

MEDITERRANEAN

Piatti Ristorante (See entry under "Appetizer")

Apollonia

(See entry under "Family Restaurant")

MEXICAN

Alfonso's

(See entry under "Burrito")

Jose's Court Room

Jose's has been delighting locals and visitors with its colorful, casual, friendly ambiance since 1978. Specializing in carne asada, pollo asado and carnitas along with many other delicious, authentic Mexican specialties, this is a great place to enjoy a fabulous meal with family, friends and coworkers. Whether you come alone or with a group, you're sure to enjoy unsurpassed quality food and friendly, conscientious service.

Jose's Court Room 1037 Prospect St. 454-7655 www.joses.com

BAKERY

Michelle Coulon Dessertier

(See entry under "Desserts")

Girard Gourmet

(See entry under "Take-Out")

The Whaling Bar & Grill

A favorite with locals, the Whaling Bar & Grill opened in the early 1950s and immediately became, then as now, the premiere pub and meeting place. The feeling of an Old World seaside pub colors the bar, with the décor consisting of dark red leather banquettes, a mahogany bar and paneling, unique harpoons, lanterns, pewter candleholders and antique wooden shutters. Too pretty.

The Whaling Bar & Grill 1132 Prospect, inside the La Valencia Hotel 454-0771 www.lavalencia.com

Jack's La Jolla

(See entry under "Rest. with Wine Selection")

CAFÉ

Pannikin

(See entry under "Pet-Friendly Rest.")

Harry's Coffee Shop

(See entry under "Breakfast")

CATERING

French Gourmet

(See entry under "French")

Mosaic Catering

As you've already known for a long time, the most memorable events combine elements pleasing to both the senses and the sentiments. Count on the chefs from Roppongi Restaurant & Sushi Bar and Sammy's



Thank you again a Jolla for voting me "Best Cosmetic Surgeon"

> Stephen M. Krant, M.D., F.A.C.S 528 Nautilus Street La Jolla, California 92037 858-454-3161 www.sk-clinic.com





Wood-Fired Pizza to do just that on behalf of Mosaic, the host's best pal.

Mosaic Catering www.mosaic-catering.com

COFFEE SHOP

Harry's Coffee Shop

(See entry under "Breakfast")

Pannikin

(See entry under "Pet-Friendly Res.")

DELI

Girard Gourmet

(See entry under "Sandwich")

Deli Licious

Maybe it's the world-famous Alexander Dumas novel that inspired Deli Licious' Monte Cristo sandwich. More likely, it's the turkey-ham combo, garnished with Spanish olives and melted Swiss cheese. This outfit piles it high on all its selections, making the fare a value you can – uh – count on. Get it? Count? Monte Cristo?

Deli Licious 1237 Prospect St. 456-6235 www.delilicious.com

VEGETARIAN

Rimel's

At Rimel's, the poultry and seafood are of the finest quality. They're roasted to perfection over a mesquite, wood-fired grill and rotisserie. And in order to bring you the best seafood, it buys from San Diego fishermen daily and - get this - catches its own seasonal fish. Lots of daily specials on seafood, too.

Rimel's 1030 Torrey Pines Rd., #E 454-6045

Extreme Pizza

(See entry under "Pizza")

ICE CREAM / YOGURT

Haagen-Dazs Ice Cream Shoppe

Haagen-Dazs is famous throughout the solar system for its attention to freshness and its nearly 4 billion flavors. Don't forget, though - the place makes a thoroughly decent sorbet and frozen yogurt as well. If you don't believe us, maybe it's high time you sallied down to the local venue. After all, it's never disappointed you before.

Haagen-Dazs Ice Cream Shoppe 1172 Prospect St. 459-4381 www.haagen-dazs.com

Cold Stone Creamery

Cold Stone Creamery has only been around here for two years, but it approaches customer service like a traditional establishment. Its ice creams and sorbets are handmade every day just for you -- and the thing is that you get to choose whatever mix-in you bloody well want as the proprietors prepare your confection on a frozen granite slab right in front of you. Cold Stone is introducing frozen yogurt to its fare and already offers cakes, shakes and smoothies.

Cold Stone Creamery 909 Prospect St. 454-2300 www.Coldstonecreamery.com

PATIO DINING

Sante Ristorante

(See entry under "Overall Restaurant")

Piatti's

(See entry under "Appetizer")

SENIOR SPECIAL

Harry's Coffee Shop

(See entry under "Breakfast")

ANTIQUES

Pied-A-Terre

In answer to your question, "pied-aterre" is French for a secondary place of lodging. The phrase makes good sense, then, in relation to an antique store – this venue's treasured items are resting comfortably in their second home after a lifetime (or two or three) of grateful use. To boot, the staff at this La Jolla venue knows stuff about antiques that isn't even stuff

Pied-A-Terre 7645 Girard Ave. 456-4433

Ark Antiques

Building on a 30-year tradition of volunteer service to benefit animals, Ark offers a wonderful selection of donated and consigned antiques, furnishings and accessories from the finest homes in La Jolla. It sells period and fine furniture, silver, crystal and china, exquisite linens, paintings and prints, oriental rugs and decorative arts of the highest quality.

Ark Antiques 7643 Girard Ave. 459-7755 www.arkantiques.org

ART GALLERY

Bartram Gallery

As founder of Bartram Gallery, Jesse Bartram Donovan has one goal — to bring focus on conserving the earth's natural heritage, while realizing that this can only be accomplished through a global, team effort. The Bartram Gallery is a conglomerate of eight individual photographers whose shared vision and profound imagery has created a powerful medium to experience the incredible wonders of Mother Nature.

Bartram Gallery 7874 Girard Ave. 459-9797 www.bartramgallery.com

Martin Lawrence Galleries

Founded in 1975, Martin-Lawrence Galleries specializes in original paintings, sculptures and limited-edition graphics. Picasso, Chagall, Rembrandt, Warhol, Erte and so many more: They're all here for the world to enjoy, and this venue is a major contributor to that end. In the last 15 years, it's loaned more than 250 works by 16 artists to 32 museums across the globe.

Martin-Lawrence Galleries 1111 Prospect St. 551-1122

www.martinlawrence.com/gallery

BOOKSTORE

Warwick's

When W.T. Warwick founded his paper goods shop in Minnesota in 1896, he sold books, writing paper and writing instruments. Upon relocating to California in the mid-1930s, Warwick re-established his store in downtown La Jolla. In 2001, the fourth generation stepped up to the plate. Nancy and Cathy Warwick, W.T. Warwick's great-granddaughters, have continued to underscore their savvy in the purchase of diverse products - from books to international artisan jewelry — and have undertaken the store's third renova-

Warwick's 7812 Girard Ave. 454-0347 www.warwicks.com

D.G. Wills Books

DG Wills Books boasts La Jolla's largest collection of used and scholarly books – big fat ones that stack to the rafters and beyond. It's also the home of the La Jolla Cultural Society and has featured guest talks with luminaries such as Edward Albee, Norman Mailer and Alan Ginsberg. Books are more than Wills' stock in trade – this venue regards them as the living, breathing records of the exploits that, for better or worse, got us to where we are.

DG Wills Books 7461 Girard Ave. 456-1800 www.dgwillsbooks.com

CHIROPRACTOR

Dr. Trevor Robertson

The first notion you need to get out of your head is that chiropractic is an unscientific discipline. In the last 20 years, chiropractic health care has established an impressive array of scientific research that demonstrates its efficacy, safety and cost effectiveness. Many further studies currently under way – ask Dr. Robertson about them, and he'll likely give you an answer the same day your problem surfaces. That's because he can likely see you then.

Chiropractic Offices of Dr. Trevor Robertson 5616 La Jolla Blvd. 454-3612 www.trevorrobertson.com

Chiropractic Arts

This name is more reflective than you may realize. Healing is most definitely an art form, steeped in the traditions that render the most precious art form of all – the human body – unto its peak. Chiropractic Arts uses modern techniques to preserve that eons-

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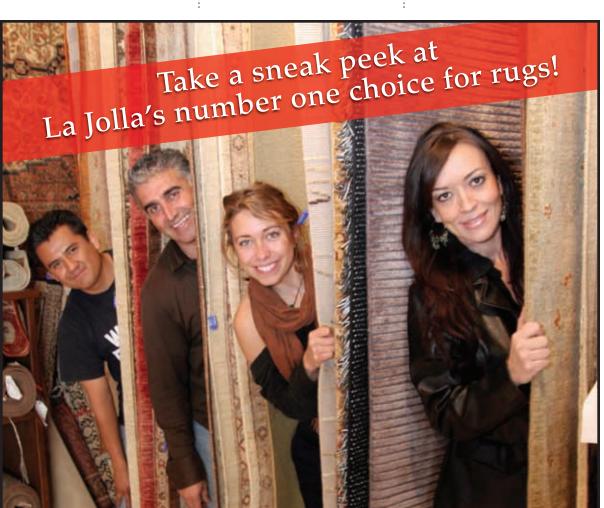


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old work of art, which is to say it can open a whole new window onto your problem.

Chiropractic Arts 7596 Eads Ave., Ste. 100 456-2663

FURNITURE STORE

Seaside Home

Inspired by its location, this lovely boutique is San Diego's luxury home furnishings destination. Seaside Home has brought together some of the world's most renowned and sought-after lines and has showcased them in a fresh and inspirational way. One step inside the foyer and you sense that you are about to embark on a most wondrous adventure — one with delightful finds at every turn.

Seaside Home 7509 Girard Ave. 454-0886 www.seasidehomelajolla.com

Exclusive Interiors by Kreiss

The website for Exclusive Interiors by Kreiss has a media room link - only it's not for media like newspapers and stuff. It's for you, so you can make the most informed decisions possible on the furniture, fabrics and accessories you're about to buy. The neatest article might be the one entitled "Four Generations of Quality and Commitment," which dates the company's history to 1939 and charts its traditions as a world-class interiors center.

Exclusive Interiors by Kreiss 7770 Girard Ave. 456-0246 www.kreiss.com

COSMETIC SURGERY

Stephen M. Krant, M.D., SK Clinic

Stephen Krant has been a La Jolla cosmetic surgeon for 31 years, during which he founded SK Sanctuary, the day spa affiliated with the SK Clinic. The clinic's surgery team includes professionals with extensive cosmetic and reconstructive surgery and nursing experience. Together with Dr. Krant, the team works to ensure the good work you can trust for the results you desire.

SK Clinic 528 Nautilus St. 454-3161 www.sk-clinic.com

La Jolla Spa MD

La Jolla Spa MD is a landmark center combining major cosmetic breakthroughs of science and medicine with the art of vision, creativity and skill to bring you the ultimate in rejuvenation. The spa's passion, driven by knowledge and skill, is to unveil the most beautiful, youthful and radiant you. La Jolla Spa MD

offers an environment staffed with dedicated medical authorities, assuring that quality care is administered to each and every client.

La Jolla Spa MD 7630 Fay Ave. 459-6868 www.spa-md.com

STATIONERY STORE

Statements of La Jolla

Statements of La Jolla stakes much of its reputation on its collection of exquisite stationery and related supplies. It also holds itself out as an expert venue for the fine art of giftwrapping. That takes care of two problems under the same roof. All you have to do is buy your friend some stationery and have it wrapped on site. What could be simpler?

Statements of La Jolla 1032 Wall St. 456-7361

Warwick's

(See entry under "Bookstore")

PLACE WITH UNUSUAL GIFTS

Nestlife

Nestlife was created for people who find entertaining friends and family perhaps the most beautiful and enriching part of life and who believe that home is a place where one's most creative ideas about living find expression - hence its unusual array of gifts. Nestlife's passion is to help you create a home that embraces all the unique qualities of your lifestyle, traditional or eclectic, formal or casual, and to provide the warm and friendly service that makes Nestlife a bit like your home away from home.

Nestlife 7636 Girard Ave. 454-4220 www.nestlife.com

Powell's Sweet Shoppe

If you're old enough to remember when Pez came out - and you probably are – Powell's Sweet Shop is for you. Pez is only the first entry in this place's list of fare; the venue is loopy with gummies, sour candy, chocolate bars and taffy. The coolest thing of all, though, is the sodas – classic brands of pop in classic bottles. You won't only feel like a kid again here; you'll be a kid again.

1000 Prospect St. 459-4421

www.powellssweetshoppe.com

CARPETS/RUGS

Powell's Sweet Shoppe

La Jolla Oriental **Rugs Worldwide**

One of the coolest things about this shop is its flair for connecting with





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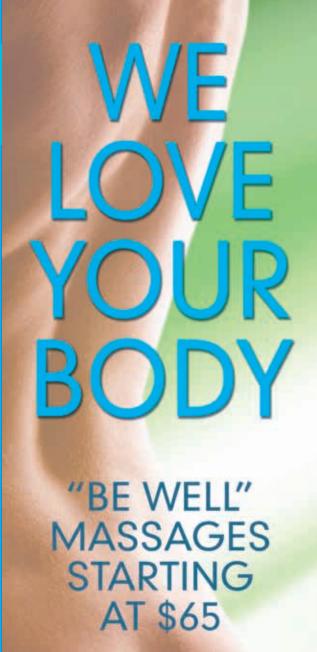
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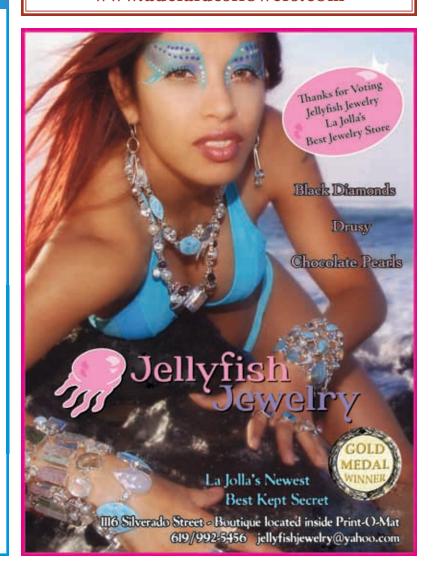
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rug dealers around the globe – that element means the staff imports directly, and that saves you money. Another thing centers on the rugs themselves, or, more specifically, the rare and antique finds this store offers. In both respects, there's an abundance of fare to suit every home and every taste.

La Jolla Oriental Rugs Worldwide 1030 Wall St. 551-9278 www.lajollarugs.com

AJA Rugs

AJA Rugs has ramped up its concern for the environment and how its products play a part in that conduct. It's just started carrying a line of ecology-friendly rugs, with 100 percent natural fibers such as banana leaves, cactus, linen, aloe and hemp. Sustainable materials such as those don't have to compromise an item's looks, either – and AJA stays ahead of the trends accordingly, staying aware of the coming color schemes and always listening to feedback.

AJA Rugs 955 Prospect St. 459-0333 www.ajarugs.com

AUTO REPAIR

Heinz Gietz Autohaus

This one was tough to flesh out. It sells and services Mercedes Benzes, which, of course, never break down so how are you supposed to know whether these guys are any good or not? You figure it out from the level of commitment to customer care and the fact that they've been doing all right for themselves for 25 years.

Heinz Gietz Autohaus 1027 Virginia Way 454-7137

La Jolla Chevron

One of the defining challenges of the 21st century involved creating enough energy to power human progress. It's the story of our time, and it touches us all. As the world strives to improve its standards of living, energy consumption is important as never before. What's that have to do with La Jolla Chevron? Simple. Chevron's a major player in the long-term solutions to our energy dilemmas.

La Jolla Chevron 7475 La Jolla Blvd. 454-5909

Wells Fargo Bank

La Jolla's traditional establishments can talk all they want about their history at one location or their generation-old recipes. As a company, Wells Fargo dates to 1852, two years after California attained statehood and it quickly gained a reputation for dealing responsibly with people's money and shipments of their goods. Today, the goods part is pretty much in the hands of the FedExes and UPSs - but Wells Fargo's sense of loyalty is still around amid its superior treatment of its employees. The bank believes that that kind of philosophy morphs into the best of customer care. Now, it has an award to prove it.

Wells Fargo Bank 7714 Girard Ave. 454-0362 www.wellsfargo.com

Bank of America

There are banks and there are banks – and then there's the America one. It's the national leader in fulfilling your business and personal needs, and it's done such a good job at it that it's been handling mortgages out of a separate office for years. There are 10 BoA offices in the La Jolla area, which only means you can practically bank from your home.

Bank of America Main office, 7680 Girard Ave. 452-8400 www.bankofamerica.com

HOTEL

Grande Colonial

The Grand Colonial is a classic European-style hotel that rivals anything in the West - and its owners made sure of that last summer, with the completion of a \$4 million renovation of the adjacent Little Hotel by the Sea and the Garden Terraces. The project comprised 18 new suites, which are now open – and the work's still going. All the new construction is testament to the heritage laid down by the founders more than 90 years ago.

Grand Colonial 910 Prospect St. 454-2181

Hotel Parisi

Yes, Parisi is an extremely cool name for a hotel - and what's so unusual is that the handle belongs to a flesh-andblood human being. Del Mar designer Stephanie Parisi has incorporated elements of earth, wind, fire, water and metal to create an unusually ethereal atmosphere; add the richly designed furniture and textured floor and wall coverings, and this hotel takes on a life well beyond Stephanie's name.

Hotel Parisi 1111 Prospect St. 454-1511 www.hotelparisi.com

CHILDREN'S APPAREL

Shannon & Co. Children's Boutique

The spring lines are in at Shannon & Co. One of 'em is called Baby Lulu, as seen in a zillion publications and on electronic media - and this establishment doesn't stop there. The English Roses name is a major draw as well, and Shannon's been stocking it for years. The firm also specializes in uniqueness of selection and special orders. If you're in the market for children's apparel, this is the way you want to go. But hurry on in. You know how fast they grow up these days.

Shannon & Co. Children's Boutique

Eurochild

Eurochild provides the most fashionforward and trendsetting children's clothing from Europe. Our buyer searches for European fashion leaders with quality garment design and construction and fine fabrics, and it sells children's clothes that you can't find at every boutique. Eurochild shops at the children's shows in Europe to find the most unique and quality designs for its clients. It then imports them at the best prices. Eurochild was established in 1986. The staff is reliable and always looking forward to working with a new client.

7863 Girard Ave., Suite 203 459-0774 www.eurochild.com

MEN'S APPAREL

The Ascot Shop

The Ascot Shop carries some of the finest men's clothing in La Jolla, specializing in the classic Ivy League look in apparel and accessories. It has been a longtime favorite in La Jolla, having opened its doors in 1950. When you see the black and white striped awning, you'll know you've found the finest haberdashery around.

Ascot Shop 7750 Girard Ave. 454-4222

Brooks Brothers

In 1818, crazy ol' Henry Sands Brooks founded Brooks Brothers, the first ready-to-wear fashion emporium in America. Since then, the firm's become an institution that has shaped the American style of dress through fashion innovation, fine quality, personal service and exceptional value in our products. One thing you may not know, however, is that it also carries women's fashion.

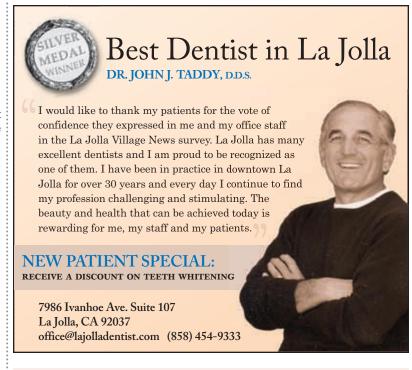
Brooks Brothers 1055 Wall St. 456-2104 www.brooksbrothers.com

WOMEN'S APPAREL

Chico's

The wrinkle-free part will certainly appeal to Chico's shoppers, especially if they're on the go. Travel fashion is what this shop does best - ready-towear skirts, dresses, tops and pants are the order of the day here, and the









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lines have just arrived. You still have time to stock up before the season hits, but you might want to hurry it along - everything's bound to go fast.

7855 Girard Ave. 456-6273 www.chicos.com

JEWELRY STORE

JellyFish Jewelry

La Jolla's newest jewelry boutique features unique items from around the globe at great prices – fine jewelry, pearls, gold, one-of-a-kind pieces, all of which make great gifts and a pick-me-up for yourself. There's something for everyone amid all those baubles and bangles. Come check it

JellyFish Jewelry 1116 Silverado St. 992-5456

Bowers Jewelers

In business since 1945, Bowers is La Jolla's oldest family-operated jewelry store. In all that time, the staff has picked up expertly on its customers' tastes - that's why it finds itself filling a variety of custom orders and also stocks silver, crystal, porcelain and items such as cigarette lighters, candlesticks, platters and flatware.

Bowers Jewelers 7860 Girard Ave. 459-3678

SWIMSUITS

Sauvage La Jolla

You name the magazine; chances are Sauvage swimwear's been featured on the cover. Those sleek, scant contours and vibrant colors aren't limited to women, either - there's a fair men's line out from these folks as well. The Sauvage and Luxe swimwear collections for 2009 offer fashion-forward folks more ways than ever before to

strike a sexy, poolside pose. For the very best in glamorous beachwear, cover-ups, shoes and accessories, visit Sauvage La Jolla.

Sauvage La Jolla 1025 Prospect St. 729-0015

Let's Go Clothing and Footwear Boutique

Reflecting the youthful and trendy, Let's Go offers a wide variety of clothing, beachwear and footwear. Brand names include Moschino, True Religion, English Laundry, Black Hearts Brigade and DragonFly, just to mention a few. The store has been in La Jolla for over a decade and emulates youthful fashion from Paris, New York, Tokyo and Milan.

Let's Go Clothing 7863 Girard Ave. 459-2337

www.letsgoclothing.com

SHOE STORE

Rangoni Firenze Shoes

In its third location on Girard Avenue, Rangoni Firenze Shoes is serving its third generation of La Jollans. For nearly four decades, the store has been known for its timeless styles and its large selection of extremely narrow sizes. Although it does have a clientele that comes from as far away as Orange County, it's primarily a community business.

Rangoni Firenze Shoes 7870 Girard Ave. 459-4469

La Jolla Shoe Gallery

The word "gallery" is operative here a look inside this venue and you'll think you've stumbled on an art repository. The sophistication of the décor is surpassed only by the refinement in the footwear and the staff's attention to its customers' demand.

Your supplier has forgotten more about fashion below the ankle than vou'll ever know.

La Jolla Shoe Gallery 7852 Girard Ave. 551-9985

DRY CLEANER

Margaret's Cleaners

The flagship location in La Jolla includes a central processing facility with a customer call office adjacent to the plant. The skill set involved has been extremely difficult to develop, and we can't imagine how difficult it would be to duplicate. In 1995, Margaret's began to offer services to the garment retailers of San Diego, providing garment cleaning, restoration and evaluation. This part of the business requires a full-time representative to coordinate and serve the retailers.

Margaret's Cleaners 7511 La Jolla Blvd. 454-2375 www.margarets.com

Ocean Cleaners

It's actually a dry cleaning business, which you can't necessarily tell from the name - but the customers probably don't even notice. They've been coming here since God was, like, 3, listening in disbelief as the staff recites chapter and verse about various fabrics and the best ways in which to care for them.

Ocean Cleaners 7523 Fay Ave. 454-1713

FLORIST

Adelaide's Florist and Decorators

Committed to offering only the finest floral arrangements and gifts, Adelaide's prides itself on friendly and

California Artisan Cuisine



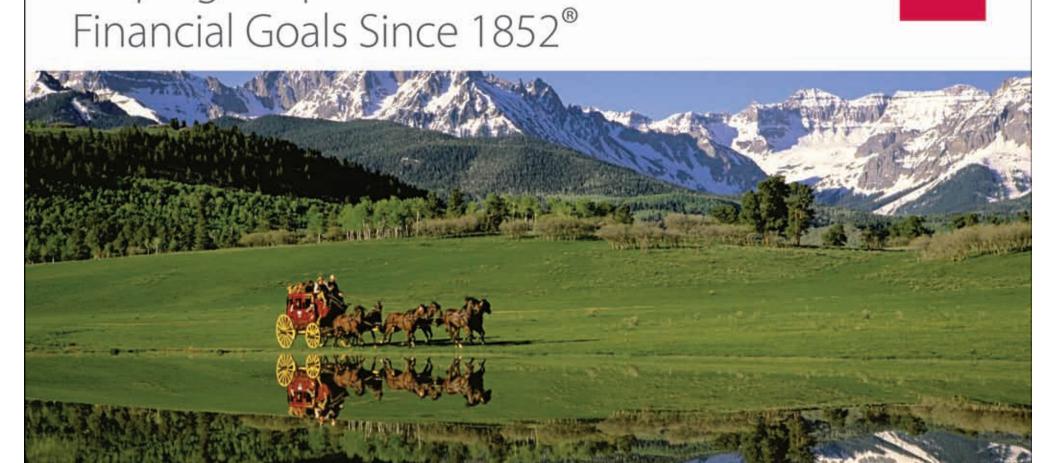


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*La Jolla Village News Readers' Poll – November/December, 2008 © 2009 Wells Fargo Bank, N.A. All rights reserved. Member FDIC. (120992_12338) prompt service. Another familyowned and operated business in La Jolla for over 50 years, Adelaide's is committed to putting its customers first, and the professional staff is dedicated to making their experience a pleasant one. The company has grown with La Jolla - it now has 45

Adelaide's Florist and Decorators 7766 Girard Ave. 454-0146 www.adelaidesflowers.com

Vons

More than just a grocery store, Vons of La Jolla provides shoppers with an impressive array of flowers, a wine selection, gourmet food items, select meats and a wonderful variety of fresh produce. The on-site bakery and floral shop will assist you with all your special orders. No time to cook? Vons provides a mouth-watering selection of take-out foods and deli items daily. The building's architecture blends nicely with the natural charm of La Jolla.

7544 Girard Ave.

GROCERY STORE

Vons

(See entry under "Florist")

Jonathan's La Jolla

If you like dried fruit and nuts on your cereal, Jonathan's of La Jolla is the place to be. And since it's a grocery store, you can buy the cereal there while you're at it. The cheese and wine selections are a hit with customers too - and now, it's taken to weekly wine tastings, those trendy phenomena that seem to pop up in everything from art galleries to gas stations (well, maybe not gas sta-

Jonathan's La Jolla 7611 Fay Ave. 459-2677

TRAVEL AGENCY

Adventure Vacations

The stress of organizing a vacation; the research required to line up the details; and the time to plan can be skipped with a trip to Adventure Vacations. The agency has already set up a guided trip to Peru, a romantic getaway to France and Italy and a tour of Ireland's history and countryside, to name a few of its packages. Prices range from \$1,000 to \$2,000. The only decision left: choosing the desti-

Adventure Vacations 419 Bonair St. # 2 La Jolla, CA 92037 459-1065

Baja California Tours

Across the border, tourists can still jump on a vintage train to chug along from Campo to Tecate with a pit stop to tour the brewery. The Pacific Southwest Railway is still in motion and is one of several tour packages to Baja California. Lobster tours, wine tours, whale tours, sports fishing and golf promise other exciting days out.

Baia California Tours 7734 Herschel Ave., Suite O 454-7166 www.bajaspecials.com

PET HOSPITAL

La Jolla **Veterinary Hospital**

La Jolla Veterinary Hospital specializes in the treatment of small animals, primarily cats and dogs. The hospital was founded in 1948 and continues to provide top-quality veterinary care to pets in La Jolla and San Diego County. The doctors at La Jolla Veterinary Hospital are committed to providing

excellent, compassionate care and service for you and your pets.

La Jolla Veterinary Hospital 7520 Fay Ave. 454-6155 www.lajollavet.com

Windan'Sea **Veterinary Clinic**

Word of mouth – or maybe in today's world, a blog - is a common way to find a good doctor. La Jollans have agreed upon a favorite when it comes to their four-legged children. In its mission to heal pets, the clinic also strives to educate the owner. The website acts like as a library, with a slew of articles about caring for dogs and cats and understanding symptoms and diseases. Educate yourself!

Windan'Sea Veterinary Clinic 6911 La Jolla Blvd. 454-0354 www.windanseavet.vetsuite.com

HAIR SALON

Victor Magna Salon

Trendy is the word for this salon that offers a trendy haircut, highlights or manicure in a trendy environment. Polished wooden floors, a leopard chair, Raphaelesque cherubs and angel statues suggest a flippant, ethereal attitude. It's only nails and hair, but they will look damn good. The salon menu also offers facials, perms, brow shaping and waxing. Trendy.

Victor Magna Salon 7840 Ivanhoe Ave. 459-0895 www.salonvictormagna.com

Sun's Barber & Beauty Shop

This barber won't dazzle you with a flashy website; Sun, the barber, is too busy cutting hair. A fixture of La Jolla for eight years, Sun still runs the shop by himself. He'll trim a man's head and perm a woman's. He perms, colors and highlights hair. Sun says he's special because he provides good service and he respects the customer. Apparently, La Jollans agree.

Sun's Barber & Beauty Shop 6784 La Jolla Blvd. 454-1082

DAY SPA

Gaia Day Spa

Purifying the body and protecting the

earth go hand in hand at Gaia Day Spa. Skin products are free from synthetic chemicals, harsh surfactants, dyes and fragrances. Organic ingredients are used in body treatments. Clients snuggle into bamboo towels, a sustainable alternative to non-organic cotton. Eco-detergents wash towels and surfaces. It's not an afterthought; it's in the name. "Gaia" is the Greek supreme goddess of the Earth. Ever so green, it's also ever so luxurious. Take the banya (Russian for baths): a private sauna, eucalyptus leaf tapotement, a massage, the honey mango facial. Publications across the city are raving: it's everyone's darling.

Gaia Day Spa 1299 Prospect St. 456-8797 www.gaiadayspa.com

SK Sanctuary

SK Sanctuary is a medical day spa, which means it's equipped to handle a lot more than your hair and nails. Mildly invasive procedures such as injections and laser treatments are available to complement the exterior aesthetics package of your choice, and SK has just launched three new skin care lines - Epionce, Skin-Tx and Vi-Peel. They strive to revitalize you inside and out.

SK Sanctuary 6919 La Jolla Blvd. 459-2400

www.sk-sanctuary.com

HEALTH CLUB

Club La Jolla

At Club La Jolla, it appears one is headed to rejuvenation and health, not to the gym. One room offers all the cutting-edge workout machinery and, in the other, the ancient healing arts: yoga, acupuncture and massage. Group classes are offered in Pilates, yoga, conditioning and strength training. Personal classes focus on "functional training" that encourages the brain and musculoskeletal system to work as a unit, not as isolated muscular functions. The healing menu also includes nutritional counseling, physical therapy and a chiropractor. Steam rooms evaporate stress. No doubt, it's an inviting club, not a sweaty gym.

Club La Jolla 7580 Fay Ave. 454-7007 www.clublajollafitness.com

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24-Hour Fitness

The destination for a good workout any time of the day or night, La Jolla offers all the convenience of this popular chain gym. A personal workout is available anytime, and classes range from boxing to cycling, boot camp and strengthening. Memberships flex for clients who wish to work out everyday and those who only want to show up on the weekend. With 400 clubs nationwide, the gym travels with you.

24-Hour Fitness 7680 Girard Ave., Suite 200 551-7800

YOGA FACILITY

Prana-Yoga Center

Liberating Prana is an ancient yogic practice that has captivated the West and found a respected home on Silverado Street. The studio teaches Hatha and Vinyasa-style yoga. Vinyasa yoga flows from one posture to another with the intent to combine conscious breathing and deep concentration to release Prana, a Sanskrit work for breath. For the Western practitioner, it's also a release from stress.

Prana-Yoga Center 1041 Silverado St. 456-2806 www.prana-yoga.com

Eight Elements West

Twelve "doctors" of martial arts, dance, massage and fitness band together at Eight Elements to build a wellness center. Among the well-known yoga, Pilates and massage opportunities offered is another "fitness" gem. Called Nia, the class blends dance, martial arts and strengthening postures. It's a chance to dance joyously and know rhythm again. Healing arts include hypnotherapy to free oneself from unconscious patterns and nutrition

response testing to examine the flow of energy in one's body.

Eight Elements West 6830 La Jolla Blvd., Suite 201 459-0899

www.eightelementswest.com

SENIOR LIVING FACILITY

White Sands of La Jolla

While your lifestyle is definitely your choice, with as much privacy as you desire, there are many activities for you to enjoy at White Sands of La Jolla. Enjoy concerts, water aerobic classes or trips to nearby musical and stage performances. You can browse through the well-stocked library, indulge your creativity in our hobby rooms or take a walk on the beach. Jacuzzis, gardens, exercise rooms, even travel arrangements: White Sands is here for your comfort.

White Sands of La Jolla 7450 Olivetas Ave. 454-4201 www.whitesands.signonsandiego.com

Case de Mañana

Casa de Mañana has scads of local media awards that came before this one, and that's a testament to the trappings that have made this a community favorite since its advent in La Jolla in 1953. The oceanside location is one of the most spectacular spots on the coast, a charmed piece of earth where the view changes daily. La Jolla Village and its restaurants, shops and art galleries are but a stroll away, and the Spanish-style courtyard, with its handcrafted-tile fountain, is always a favorite destination.

MarineRoom.com

Case de Mañana 849 Coast Blvd. (858) 454-2151 www.casademanana.org

TANNING SALON

iTan

iTan provides customers with stateof-the-art equipment, clean and beautiful salons and a friendly and knowledgeable staff. It's no wonder that iTan was voted the No. 1 tanning salon in La Jolla and San Diego.

iTan 7492 La Jolla Blvd. 454-3873 www.itansandiego.com

PRINTER

Print O Mat

Print O Mat is more like a personal graphic designer than a printing press, although it does both. On-site consultants help create websites. Businesses in need of marketing material, brochures, logos or business cards will find their branding savior here. It's not all serious; birthday invites are designed too. The printing service has stood the test of time — and rolled with the changes — since it opened in 1976.

Print O Mat 1116 Silverado St. 454-3158 www.printomat.net

Copy Cove

Copy Cove provides more than 50 communication services, from designing annual reports to creating custom calendars to printing specialty napkins. For customers wanting to better understand the software and tools involved, Copy Cove offers a plethora of useful articles online, such as creating an effective brochure. Copy Cove has rolled through the technological changes since 1980.

Copy Cove of La Jolla 701 Pearl Street 456-2444 www.copycove.com

NAILS

Empress Nails

A full-service nail salon.

Empress Nails 1120 Wall St. 454-1350

Tina Marie & Company

The 1926 cottage that lodges this boutique is home to twin sisters: pamper and beauty. European facials, chemical peels, microdermabrasion and Botox surgery take place in palace-like rooms draped in silks and adorned with grand mirrors and chandeliers. Tina Marie specializes in chemical peels and corrective skincare. Up front, hair and nail services are offered. It's a splurge set in La Jolla's charming past.

Tina Marie & Company 7746 Herschel Ave. 454-7546 www.tinamarieandco.com

SHIPPING/PACKAGING

Box Brothers

It's in the box. This store will help you mail, ship, pack, tape and move all things that fit into a box (or an envelope). The Box Brothers is another reprieve from the long lines of the post office. It's also a place to recycle the boxes of peanut Styrofoam in your garage – for free.

Box Brothers 1130 Wall St. 454-3555 www.boxbros.com

UPS

La Jolla's UPS outlet can probably ship a piano, a house or an elephant wherever you need them to go, and probably all three at once. That's because, unbeknownst to most people, this store does custom crating. It also laminates, binds, collates and

(858) 459,7222

handles commercial accounts like the wind off the ocean. UPS has built its terrific nationwide reputation on service at a decent price — and you don't have to leave La Jolla to sample it.

UPS 7660 Fay Ave. 454-3131 www.theupsstorelocal.com

PERSONAL TRAINER

Fitness Together

John Lenz, general manager of La Jolla's Fitness Together, used to play hockey – and while hockey isn't the most refined sport on the planet, it at least demands fitness and a decent knowledge of body chemistry. John found that those two traits translated ideally in today's business world, hence this venue, which has spawned untold positive client testimonials. "One client, one trainer, one goal," John says – that's your formula to one dynamite body.

Fitness Together 7777 Fay Ave. 454-5774 www.ftlajolla.com

DENTIST

Dr. Alicia Kennedy

Dr. Alicia Kennedy has something to smile about— and a pretty smile at that. La Jollans believe she's the preferred dentist in town. Clients smile and rave about cosmetic dentistry that has dramatically improved their grins— and boosted their confidence. In the chair, Kennedy, a UCLA School of Dentistry graduate, practices a precise surgery using the latest microscope technology. She also hopes to mix in a little comfort and offers fleece blankets, massage pads and refreshments.

Dr. Alicia Kennedy 7334 Girard Ave., Suite 101 454-6148 www.aliciakennedydds.com

Dr. John Taddey

Taddey is a pillar of the local dentist community and a well-known face around town. Educated in New York, he settled in La Jolla in 1974. He's an authority on TMJ and authored "TMJ: The Self Help Program." Taddey chaired the dental section at Scripps Memorial Hospital. Some may recognize the dentist from the La Jolla Town Council. His daughter, Tracey, followed in his footsteps - from receiving an education in New York to setting up a dental practice in San Diego. Apparently, the Village believes he's a favorable dentist, and he likely has a few stories to share.

Dr John Taddey General Dentistry 7946 Ivanhoe Ave., Suite 107 454-9333 www.lajolladentist.com

DELIVERY SERVICE

UPS Store

(See under "Shipping/Packaging")

PHARMACY

Burns Drugs

If La Jolla had a general store, it would have to be Burns Drugs. It's celebrating 55 years in La Jolla and is the only surviving independent drugstore in the city. Though its primary focus is health and medical supplies, it sells other fine merchandise as well, including gifts, cosmetics, home supplies, luggage and souvenirs. Established in 1952, the store has been regarded as one of La Jolla's finest ever since.

Burns Drugs 7824 Girard Ave. 459-4285 www.burnsdrugs.com



The Marine Room

MORTGAGE BROKER

Jeffrey Touchstone

La Jollans who have renovated or remodeled a home recommend Jeffrey Touchstone to broker a loan. He provides free consultations and solutions to purchasing or refinancing a home – and improving it – with one loan. Apparently, he has the renovation touch.

Jeffrey Touchstone 3890 Valley Centre Dr., Suite 105 210-5547

www.Jeffrey.touchstone@wellsfargo.com

BROKER

Seth O'Byrne

Owner of RE/MAX in La Jolla,
O'Byrne still appears to be riding on a
wave of success. He closed \$47 million in real estate deals so far this
year, more than double the previous
year. He was recently inducted into
the RE/MAX Hall of Fame. Since
2003, he closed \$115 million in properties throughout San Diego County.
Most important, the Village seems to
appreciate him. Take a peek inside his
world and check out his blog on his
website.

Seth O'Byrne 828 Prospect St., Suite 200 869-3940 www.sethobyrne.com

PLUMBER

Erling Rohde Co.

Erling Rohde Co. is pushing into its 99th year in the plumbing business. Erling Rohde started the company in La Jolla in 1910. Rohde repaired plumbing for Spencer Wilson in the '20s (Spencer ran the Cove Theatre), making Spencer the company's oldest customer. Today, Mike Glancy runs the family business that his grandfather started. Glancy returned from Vietnam in the '70s and decided to seize the opportunity to work

in a "good trade." Plus, Glancy is a surfer and he wanted to stay close to the ocean. Glancy said his company offers two valuable traits: honesty and knowledge.

Erling Rohde Co. 5763 LA Jolla Blvd 454-4258

STYLIST

Emily at Victor Magna

(See entry under "Hair Salon")

Sherry Dean at SK Sanctuary

(See entry under "Day Spa")

ELECTRICIAN

A Rover Electric, Inc.

Pal Marsden-Manu refuels his truck when working at restaurants that use greasy vegetable oil. Owner of A Rover Electric, Marsden-Manu repairs and upgrades electrical circuits and promises that no job is too small. But he's also interested in the wave of the future: installing energy-efficient systems and solar technology. Born in Thailand, Marsden-Manu moved his family from Arizona to La Jolla to set up the family-run business in 1997.

A Rover Electric, Inc. 1345 Virginia Way 603-7000 www.roverelectric.com

EYE WEAR

Eye Structure

If the eyes are the window to the soul, sunglasses are the dressing.

After all, you're in La Jolla, where the sun shines something like 284 percent of the year; stands to reason you're gonna be wearing shades at some point – so they may as well be the best brand names, like the stately

Cartier or the chic Chrome Hearts. They're all here at Eye Structure, where eyewear is a fashion statement in itself.

Eye Structure 1232 Prospect St. 551-7959

Sunglass Optical Warehouse

A warehouse for sunglasses in San Diego is a pertinent idea. Perhaps more of a clearinghouse, Sunglass Optical offers name-brand and prescription sunglasses at wholesale and discount prices. Versace, check! Serengeti, check! Ah, now we're all seeing clearly.

Sunglass Optical Warehouse 8657 Villa La Jolla Dr., Suite 207 622-9190 www.sunglassoptical.com





Ashlee Manzo (858) 752-9823



Come see why La Jolla keeps voting Fitness Together the best for Personal Training!

Mention this ad and receive a complimentary health consultation and training session.







The trainers at Fitness Together have professionalism, knowledge and experience to train with confidence and passion. They inspire me to always be improving my health and fitness levels. For me the results have far exceeded my expectations.

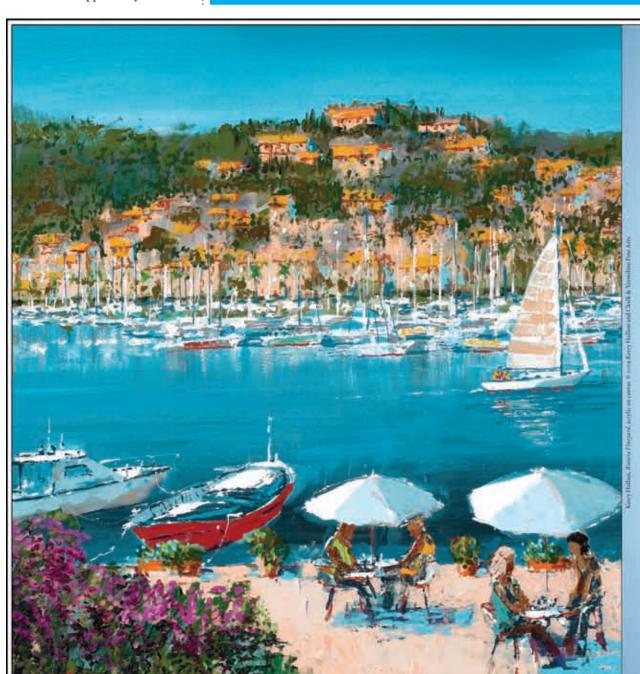
After years of sporadic training, I came to Fitness Together where they assessed my current fitness level and goals. Bryan put me on a regular training program with dynamic workouts. I have more energy feel stronger than I have in years. I couldn't be happier.

Mark (age 39)

In all the years of having personal trainers I've never had ones that cared or are involved as much as the trainers at Fitness Together. I love going there and being surrounded by people who love what they're doing and care about my success. It's definitely high on my priority list!

Donna (age 55)

Fitness Together - La Jolla • 7777 Fay Avenue La Jolla, CA 92037 • Phone - (858) 454-7774 • www.fitness.ws



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An exhibition of original paintings, mixed-media nautical charts, and limited edition serigraphs.



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Treasure in the Village...On the Park

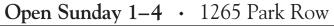




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Seller will entertain offers between \$2,600,000-\$2,950,876

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