LA JOLLA'S PREFERRED SOURCE FOR LOCAL NEWS

SAN DIEGO COMMUNITY NEWSPAPER GROUP

Thursday, February 12, 2009

www.SDNEWS.com Volume 14, Number 15

WATCH THE BIRDIE?

Nick Watney wraps it around on the 15th hole during the championship round of the Buick Invitational at Torrey Pines Golf Course. Intermittent rain and clouds (below) played a part in the Feb. 5-8 event, which Watney won. See more on page 15. VILLAGE NEWS | PAUL GALLEGOS



Playhouse presents a Peter Pan prequel in 'Starcatchers'

By CHARLENE BALDRIDGE | VILLAGE NEWS

Ever wonder what caused Peter Pan to become Peter Pan? Possible clues abound.

First, there's the official prequel, "The Little White Bird," written by Peter's creator, J. M. Barrie, and published in 1902.

In 2004, humorist Dave Barry and mystery writer Ridley Pearson created their own Peter Pan back-story. Titled "Peter and the Starcatchers," it was published by Disney subsidiary Hyperion in 2004 and has spawned an entire series of books that take

SEE PETER PAN, Page 4

LJCPA election will fill 6 seats

By ALYSSA RAMOS | VILLAGE NEWS

Ten candidates are running for six seats on the La Jolla Community Planning Association (LJCPA) board as the group gears up for its annual 2009 election, beginning at 3 p.m. Thursday March 5, at La Jolla Recreation Center. One candidate challenged last year's results, claiming the group violated its bylaws.

"We're hoping that's part of our past," LJCPA President Joe LaCava said. "We've gotten it clarified

slates of proposed candidates]. ney Alex Sachs worked with 200 feet away, but that's not enforceable."

During last year's election, citizens passed out a slate of recommended candidates called Save Our Village, which included recommendations on candidates to

La Jollan Phil Merten ran during last year's 2008 election, but Michelle Addington, Greg Salmon, lost. Merten and Alice Perricone

who was elected in 2008 challenged the results, claiming — that two years ago, people locals distributed slates close to were standing at the door [with the polls. But Deputy City Attor-

The bylaws said you had to be LJCPA election subcommittee, eventually determining there was not a valid challenge to overturn the results.

"We clarified the CPA could not endorse the slates but outsiders can do the slates," LaCava said. "The public sidewalk is the appropriate place to stand.'

This year's candidates -John La Raia, Ryan Hill, Nancy Manno, Dan Courtney, Alice Perricone, Phil Merten, Michael Morton and Tom Brady—will run to

SEE **ELECTION**, Page 5

Academic League creates a buzz

LJCD will face division foes starting next week

By DAVE THOMAS | VILLAGE NEWS

La Jolla Country Day (LJCD) School has fielded a number of strong athletic teams over the years. When it comes to strong academic teams, the school does

LJCD's participation in the countywide Academic League has been a positive experience for a number of students and fac-

ulty at the school. The students at Ranch and University City High. Country Day are matched with The teams are made up of varsistudents from competing schools, having to "buzz in" and answer questions correctly before their opponents in a number of subjects, ranging from current events to quantum physics and

The competitions begin next not have to take a back seat to Thursday, Feb. 19, with LJCD competing in the Northern Division of the San Diego City School League. LJCD's opponents in the Northern Division are Mira Mesa, Serra, Cathedral Catholic, Scripps

ty members (grade 12), junior varsity (grade 11) and novice (grades 9 and 10).

Gary Peritz is one of three faculty advisors (Bill Stevenson, Dave Schall) who coach the school's Academic Leaguers. LJCD has a varsity team of 12 seniors, some of whom have known each other since they were in LJCD's Lower School.

"Rather than focus on five

SEE ACADEMIC, Page 3

REFLECTIONS

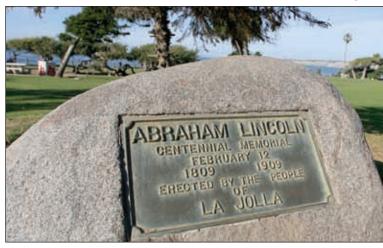
La Jolla saluted Abe Lincoln 100 years ago

By CAROL OLTEN

As the Lincoln Bicentennial is observed Feb. 12, it becomes noteworthy to consider that the oldest memorial plaque in Scripps Park is the one dedicated to Abraham Lincoln installed by a small group of La Jolla pioneers commemorating the Lincoln Centennial in 1909.

Feb. 12 was a blustery day with bursts of rain showers 100 years ago when the ceremony was held, erecting a flagstaff while patriotic songs were sung and the Gettysburg Address was read and various tributes were made to the

SEE LINCOLN, Page 4



The oldest memorial plaque in Scripps Park is this one, dedicated to Abraham Lincoln 100 years ago on Feb. 12. VILLAGE NEWS | PAUL HANSEN



A WEEK ahead

12 Thursday

- La Jolla Sunrise Rotary Club, 6:58 a.m., La Jolla Shores Hotel, 8110 Camino del Oro, 459-8271, (619) 992-9449
- San Diego Business Connection, 7:15-8:30 a.m., Coco's, 4280 Nobel Dr., (619) 681-1910
- Leads Club/UTC, 8:30 a.m., Hyatt Regency Barcino Grill, 3777 La Jolla Village Dr., (800) 783-3761
- Exercise class, followed by activities and discussions throughout the day, weeklong schedule, 8:30 a.m., Riford Center, 6811 La Jolla Blvd., 459-0831
- Seniors discuss current events, 9:30-11:30 a.m., JCC, 4126 Executive Dr., free, 362-1114
- Toddler/preschool storytime, 10:30 a.m., Riford Library, 7555 Draper Ave., free, preschool groups must call ahead, 552-1657
- Doyle Park Bridge Club, all levels welcome, 10:30 a.m.-1:30 p.m., Doyle Rec. Center, 8175 Regents Rd., 581-7170
- Toddler/preschool storytime, 11 a.m., University Community Library, 4155 Governor Dr., free, preschool groups must call ahead, 552-1655
- La Jolla Town Council meeting, 5 p.m., LJ Rec. Center, 615 Prospect St., 552-1658
- Red Wine and Dark Chocolate, discussion on heart disease prevention, 5:30 p.m. reception, 6 p.m.

Clarification

Due to a technical error, the calendar in last week's paper was from two weeks prior. We apologize for any confusion this may have caused.

- program, Scripps Memorial Hospital, 9890 Genesee Ave., free
- Collective Thoughts and Creative Expression: A Night of Spoken Word, presented by Thurgood Marshall College, part of Black History Month at UCSD, 6 p.m., The Price Center East, 9500 Gilman Dr., 534-7404 for this and more information on Black History Month events at the university
- Toastmasters of the Cove, 6:15 p.m., Doyle Community Center, Regents www.tmcove.com
- Jose Cuervo Tequila Talk and dinner with Hon. Arturo Sarukhan. Mexico's ambassador to the U.S., 6:45 p.m., Institute of the Americas, 10111 N. Torrey Pines Rd., \$10 talk
- only, dinner \$45-\$60, 453-5560 • Program on American presidents with wordsmith Richard Lederer, 6:30 p.m., fund-raiser for Arts-BusXpress that provides free bus transportation for cultural field trips for students, Art Expressions Gallery, 2645 Financial Ct., Suite C, \$30 advance, \$40 door, 270-7577
- Feng Shui for Love, 7:30-9 p.m., Whole Foods Market, 8825 Villa La Jolla Dr., suggested donation \$15, 642-6700
- Michael Wolff Trio, jazz, 7:30 p.m., the Athenaeum, 1008 Wall St., \$18-\$23, 454-5872

13 Friday

- A Kindergartener's-Eye View of La Jolla Shores, various media, by 5- and 6-year-olds, The Children's School. 2225 Torrey Pines Lane, 454-0184
- LeTip Breakfast Club, 6:45 a.m., Radisson, 3299 Holiday Ct., 488-
- La Jolla Bridge Club hosts Duplicate Bridge, also Sundays and Wednesdays, noon, 1160 Coast Blvd., \$2/non-members, 459-7000



Michael Wolff brings his trio to the Athenaeum, 1008 Wall St., at 7:30 p.m. Feb. 12. Their Athenaeum debut will feature the acclaimed pianist's original compositions, featured on his new release, "Joe's Strut," as well as straight-ahead classics. For tickets or info: 454-5872; www.ljathenaeum.org.

or 456-1909

- La Jolla Kiwanis Club, noon-1:30 p.m., LJ Presbyterian Church Social Hall, corner Eads and Kline, members and guests only, 454-7713
- JCC Bridge, daytime party bridge, 1 p.m., 4126 Executive Dr., 362-1141
- Mainly Mozart Spotlight Series, cello, violin, viola, Schubert, Mozart, Dohanyi, also Feb. 14, 8 p.m., The Neurosciences Institute, 10640 John Jay Hopkins Dr., 239-0100, ext. 303

14 Saturday

- Silver Jubilee Mahatma Gandhi Memorial Lecture with grandson Rajmohan Gandhi, 3 p.m., UCSD's Calit@ Auditorium, 9500 Gilman Dr., http://ucsdnews.ucsd.edu
- Valentine's Day Music & Tasting, 3-5 p.m., Whole Foods Market, 8825 Villa La Jolla Dr., free, 642-
- Not So Silent Films featuring SD local and locales, with Teeny-Tiny

Pit Orchestra, 7 p.m., The Loft at Church, 6063 La Jolla Blvd., Mark UCSD's Price Center East, 9500 Gilman Dr., \$10, 534-8497

• Last day of "Looking for Juan" exhibit by emerging Filipino artists, Athenaeum, 1008 Wall St., 454-

15 Sunday

- Farmers Market, 9 a.m.-1 p.m., corner Girard and Genter streets
- UCSD campus tours, walking and bus alternating weeks, views of campus architecture and public art, 2 p.m., meet at South Gilman information pavilion, 9500 Gilman Dr., 534-4414
- LJ Democratic Club: speaker Diane Coombs on Effective Grass Roots Organization and the Broadway/Navy Complex Downtown, 2-4 p.m., Riford Library, 7555 Draper Ave.
- Chamber music, Lin Hong, pianist, Charles Neidich, clarinetist, Mozart, Schumann, others, 7 p.m., La Jolla Presbyterian Church, 7715 Draper Ave., \$10 suggested donation, 729-5520

16 Monday

- Low-impact aerobics/stretching and toning exercises, 9-10:30 a.m., also Center, 615 Prospect St., free, (619) 221-6973
- Law and the Retiree class, 9:15-11:15 a.m., JCC, 4126 Executive Dr., free, 362-1141
- Gentle Yoga/Breath & Flexibility, 10 a.m., La Jolla Bridge Club, 1160 Coast Blvd., \$15, 456-9964
- Kasey Kay, classical piano, noon, The Athenaeum, 1008 Wall St., 454-5872
- La Jolla Planned District Ordinance joint committee meeting, 4 p.m., LJ Rec. Center, 615 Prospect St., 552-1658
- Boy Scout Troop 506 meeting, 6:30 p.m., LJ United Methodist

- Pulliam, 483-3642
- "Islam: A Religion of Peace?," book discussion with author Saleem Ahmed, 6:45 p.m., White Sands of La Jolla, 7450 Olivetas Ave., 450-5268
- "Skin Care Mythbusting," book discussion with author Paula Begoun, 7:30 p.m., Warwick's, 7812 Girard Ave., free, 454-0347

17 Tuesday

- LeTip Golden Triangle, 7 a.m., Coco's, 4280 Nobel Dr., 278-3334
- Qi Gong classes, 10 a.m.-noon, Hospitality Hall, United Methodist Church, 6063 La Jolla Blvd., free, (619) 224-7479
- Toddler/preschool storytime, 11 a.m., University Community Library, 4155 Governor Dr., free, preschool groups call 552-1655
- La Jolla Rotary, noon, La Valencia, 1132 Prospect St., members and their guests only, 278-5600
- Ali Lassen's LEADS Club, noon, Trattoria Aqua, 1298 Prospect St., (800) 783-3761
- Pier Review Toastmasters, improve public speaking and leadership skills, noon-1 p.m., SIO, Room 114. Directors Office, toastmasters.ucsd.edu
- Improve speaking and leadership skills with Toastmasters, noon-1 p.m., meeting site alternates, check Web site, visitors welcome, 826-6200
- host.com • La Jolla Garden Club general meeting, Leon Vogel, San Diego Iris

http://wirelessimpressions.freetoast

- Society, 1 p.m., La Jolla Lutheran Church, 7111 La Jolla Blvd., visitors welcome, 551-8272
- Brain fitness program for older adults, 1 p.m., also Feb. 18 at 5:30

SEE WEEK AHEAD, Page 7

Billionaires Row

www.BillionairesRowLaJolla.com



La Jolla Village \$16,500,000 31 office spaces, 30 parking, 14,800 esf



La Jolla Village \$1.9m–\$2.1m 3 br/3 ba, 2,470 esf



Upper Hermosa \$3,550,000-\$3,795,000 4 br/3.5 ba, 4,085 esf, 8,500 esf lot



6875 Via Valverde, West Muirlands \$1,975,000 5 br | 3.5 ba, 3,050 es†





ACADEMIC

CONTINUED FROM Page 1

starters plus a few extras for each team (i.e., novice, junior varsity, varsity), we have always opened up our team to get as many students as possible involved in the matches," Peritz said. "We have approximately 45 kids participating on the three teams, which is a double-digit percentage of our entire upper school student body. We have a cross-section of athletes, artists, musicians, editors of student publications and members of student government."

According to Peritz, the participants are all students who love intellectual challenges and are (hopefully) unafraid to bang the buzzer and answer questions in front of a room filled with fellow students, parents, and strangers.

"A successful player needs to be smart, quick and have a little ice water in the veins," Peritz added.

The kids practice during lunch (Monday novice, Tuesday JV, Thursday varsity) and commit themselves to five Thursday-night matches during February and March.

"We run the team the old-fashioned way," Peritz noted. "We don't offer a class in Academic League or prep the students in any special way. We just take our regular garden-variety smart kids and run 'em on Thursday night. Win or lose, the success of the team is simply a result of the daily education they receive here at Country Day."

Among the members of the LJCD squad is senior Matthew Wong, who is a member of the varsity

"I joined the Academic League team because I have always felt that I possessed a fair degree of trivia knowledge," Wong remarked.

"Aside from that, watching 'Jeopardy!' at night also stimulated my interest in the activity. I really enjoy the doggedness of competition that Academic League brings as well as the team atmosphere and camaraderie that it fosters. When a cessful in Academic League, it takes teammate gets a question right, the moment is embraced and we can interact with each other to figure out the bonus question."

Wong has played Academic

A successful player needs to be smart, quick and have a little ice water in the veins.

GARY PERITZ LJCD TEAM ADVISOR



League for four years and can say that he does not find it one bit less exciting than he did as a freshman.

Fellow senior Kees Thompson said he can't stress enough how much he thinks Academic League is a great addition to high schools and how much he enjoys it. "Although there are a multitude of opportunities to pursue in high school, and especially at Country Day, Academic League really is unique," Thompson said. "So much information is constantly thrown at us day in and day out in class, and we are expected to learn it all for this test or that assignment. However, in Academic ested group.' League, we are actually using that same information that is normally reserved for monotonous quizzes and tests in a fun and competitive environment. Comparing aca-

demics to athletics, Academic League is like finally scheduling a game after having practiced for seven hours a day, five days a

NEWS

Thompson adds that to be suca lot more than the ability to do well on tests by cramming the night before. He believes it takes the ability to retain and apply that information in a totally new setting.

"Furthermore, not only does it test if we really know information, such as in public and time-pressured situations, it forces us to draw on knowledge from our entire academic career or even knowledge from the outside, such as the questions on current events," Thompson said. "While it is true that not everyone or even most people would enjoy Academic League, it has been getting more and more popular in recent years, at least from what I've seen in the past four.

"The only thing that has really been holding it back, other than the time commitment, is just lack of exposure to kids, parents and even faculty. As a result, our group tends to be somewhat of an eclectic mix of kids who are already involved in a lot of clubs or other activities and are aware of Academic League and what it actually is. In addition, one fact I think worth noting is that at Country Day, Academic League is not a class or an elective like at other schools. Instead, we meet at lunch once a week when possible, and only rarely get the time to really practice. Nevertheless, I think we have a pretty committed and inter-

No doubt intelligent students, a dedicated faculty and learning all make for a seat at the table for the Academic League students from La Jolla Country Day School. ■



SHORES SHARK SAFARI

Surprisingly clear water Feb. 4 offers a view of leopard sharks such as this one in the shallows of La Jolla Shores. It was the last day of calm seas before rainstorms made for murkier waters. VILLAGE NEWS | DON BALCH

NEWSbriefs

Bicyclist injured after Torrey Pines Rd. crash

A bicyclist crashed and hit his head after losing control around noon Sunday, Feb. 8, around the 12600 block of North Torrey Pines Road.

The 55-year-old bicyclist hit a concrete storm drain, lost control and crashed, according to San Diego Police Department Sgt. Jeff Fellows.

"He may have had a flat tire or lost control and crashed, hitting a concrete storm drain," San Diego Police Department Sgt. Ray Battrick said in a press release. "He suffered a head injury causing bleeding to the brain, but is expected to sur-

Rescuers drove the cyclist to

Scripps Hospital, where he was treated for a head injury, police reported. Witnesses said no vehicles were involved in the crash, according to police.

MTS plans meetings on mass-transit cutbacks

Funding for public transportation in San Diego may get cut as much as \$14 million this year as the state moves to reduce or eliminate its transit assistance.

The Metropolitan Transit System (MTS) must battle once more with reducing services and increasing fares to handle the lack of state funds.

The bus company is holding open houses throughout February to discuss proposals to

SEE NEWS BRIEFS, Page 7

A Glimpse of the Market...



Spectacular NEW Muirlands Drive Residence! 5 Bedrooms, 6 Baths \$7,500,000



Easy-Living California Contemporary by the Sea! 3 Bedrooms 4 Baths \$1,895,000



Nantucket Ambience, Muirlands Treasure! 4 Bedrooms, 5.5 Baths \$4,950,000



Classic Virginia Way Tudor! 4 Bedrooms, 3 Baths \$1,795,000



Gorgeous Prospect Place Retreat! 4 Bedrooms, 3 Baths \$3,895,000



Bird Rock Lifestyle, Traditional Ambience! 3 Bedrooms, 2.5 Baths \$1,295,000

Call now! 1-800-LA JOLLA

Greg Noonan



(858) 551-3302

www.LaJollaHomes.com



place prior to Wendy's flight from the nursery to Never Land via happy thoughts and magic dust.

Now, Rick Elise ("Jersey Boys") has written a play based on the Barry/Pearson hit novel. It is part of La Jolla Playhouse's Page to Stage program, directed by Roger Rees and Alex Timbers, and presented by special arrangement with Disney Theatrical Productions, whose involvement causes one to wonder if the animated film and musical are far behind.

On a Jan. 30 rehearsal break, Rees and Timbers wolfed down their lunch and then met briefly with Village News to discuss the project. Young, dark, handsome and obviously talented, Timbers spent four seasons at Williamstown Theatre Festival, where Rees was artistic director from 2005 to 2007.

"Alex was part of a program called Leapfrog," said Rees, who trained at the Royal Shakespeare. "He did a most astonishing musical ('Bloody Bloody Andrew Jackson') that went on to [Los Angeles] Center Theatre Group and is going to be done at



Alex Timbers (above) and Roger Rees co-direct "Peter and the Starcatchers" at La Jolla Playhouse thru March 8.

the Public Theatre in New York this year as well. It's a fantastically imaginative, audacious piece of political theater, very musical, very modern....and you know, when you get to be my age, which is ancient, it's very good to be around young people."

Born in Wales in 1944, Rees is perhaps best known for the character Robin Colcord in the television show "Cheers." To theater folk, however, he is remembered. among others, for his Olivier- and Tony Award-winning performance in "The Life and Adventures of Nicholas Nickleby."

According to Rees, Elise and Disney producer Thomas Schumacher had the idea he and Timbers should work on "Starcatchers" a bit experimentally "somewhat more factory theater" than the techniques Rees is familiar with from "Nickleby."

Rees said, "Ostensibly this thing is done with absolutely nothing on the stage. There is no scenery, no ship, no island or anything like that. It turns out to be a rather moving story about maturity, responsibility and the decisions that you make in life. Therefore, it applies not only to audiences contemporaneous to the leading characters, 12 and 13, but actually to anyone who's grown up through life and made a decision they regret later or [passed up] an opportunity when it came along. We all have Peter Pan inside us."

What about the bad guys? Rees turned to Timbers and asked, "Are there any bad guys?

Timbers replied, "Not really." Then Rees explained that the piece shows the beginnings of Capt. Hook and the Indians, how the Mermaids came to life ...

... and how Peter got to fly and all that stuff," Timbers said.

Is there flying in this show? Rees is noncommittal. "Perhaps. Perhaps. There may be. Maybe. That's one of the things about Peter Pan. He can do that thing we all dreamed of doing when we were children."

With a company of 16 — small potatoes compared to "Nickleby' and "The War of the Roses" -"Peter and the Starcatchers" is headed by New York-based actor Adam Green in the title role and Tony Award winner Celia Keenan-Bolger ("The 20th Annual Putnam County Spelling Bee") as Molly, who is a very strong protagonista and teaches Peter more than a thing or two.

"Peter and the Starcatchers" plays Feb. 13 through March 8 in the Sheila and Hughes Potiker Theatre at La Jolla Playhouse, 2910 La Jolla Village Drive. Youth tickets are \$17.50, adult, \$35. For tickets and information, visit www.lajollaplayhouse.org or call (858) 550-1010. ■

VILLAGE NEWS

Harbor seal colony waits for live births at Children's Pool

By ALYSSA RAMOS | VILLAGE NEWS

Tourists travel worldwide to watch La Jolla's harbor seal colony especially during the "pupping" season, Dec. 15 through May 30.

The Children's Pool seals live in one of a few natural rookeries and are easily accessible. Although visitors continue to travel to La Jolla this year, hoping to see seal births and babies, as of Feb. 11 five seal pups had been born but none survived on their own.

The first seal gave birth Nov. 1 to a stillborn pup, two were born in January and then two were born in February, said Animal Protection and Rescue League's Seal-Watch spokesperson Dorota Valli.

"One in January was alive," Valli said, adding that the pup was small, the mother abandoned it and it washed away. "On February 1, another one was born and Sea-World rescued it."

SeaWorld spokesman Dave Koontz said rescuers saved the pup early this month and it is doing well. But Koontz said it's too soon to decide whether the Sea-World pup will be released back into the wild.

"We're feeding it around the

clock and it's putting on weight," Koontz said.

So, the Children's Pool natural rookery remained empty of pups as animal activists and visitors watched for a glimpse of the season's first live seal baby.

Although the first pup was born at the beginning of February last year, Valli said this year's mortality rate could be a natural phenomenon, not caused by humans flushing the marine mammals. And Feb. 15 would be a good marker for live births, she said.

"I've seen direct miscarriages from harassment before, but that hasn't happened this year — that I have seen," Valli said.

Since a federal judge ruled that the city could erect a barrier rope in an effort to discourage the public from harassing pregnant seals and pups, APRL hasn't employed security at night, Valli said.

"What happens at night is hard to tell," Valli said. "Pups should be born anytime now, pretty much. We still have a week or so. We're just waiting for healthy pups."

Valli said the nonprofit La Jolla Friends of the Seals will post birth dates, photos and names on its website, www.lajollaseals.com. ■



SPOIL THAT SPECIAL SOMEONE!

DOZEN ROSES \$95.00 or \$10 OFF pre-orders

FREE LUNCH From Mr. Taco with any purchase on Valentine's Day!



1055 TORREY PINES RD. • LA JOLLA, CA 92037 858-454-3913 † • 858-454-2573 f www.bloomersflowerslajolla.com

LINCOLN

CONTINUED FROM Page 1

For **Advertising**

Information

Please Call:

(858) 405-8494

Innesa Zavulunova

celebrated American president. When the sky burst forth with a drenching rainstorm, the ceremonies were continued in the nearby La Jolla Presbyterian Church. When the rain subsided, the group returned to the park for completion.

The program was put together by Walter S. Lieber, a Philadelphian who came to La Jolla to live in 1904 and quickly became a community leader. It was attended by San Diego city mayor John F. Forward, the city councilmen and members of the park commission. Also attending were two Confederate and 12 Federal war veterans. Among the former was La Jolla's venerated M.C. Close. known for his flowing white beard and repartee.

He praised Lincoln's presidency and also was called upon to raise the flag, but frailty caused him to ask for help. A newspaper article of the time noted: "Patriarchal and stately, a fine figure in his simple suit of blue, the old soldier made a picture long to be remem-

Austin Adams, another wellknown La Jollan who had risen to fame as a playwright in New York, sketched Lincoln's kindness and justice in dramatic fashion. Schoolchildren were called upon to sing the "Battle Hymn of the Republic," "America" and "Red, White and Blue." They formed a procession to the park through La Jolla accompanied by a drummer and a group of dignitaries, the latter arriving for the celebration by train from San Diego.

One outstanding guest of the day was R.H. Spears of Indianapolis, whose claim to fame was being 'the man who looks like Lincoln.'

The ceremony concluded late in the afternoon when the sun came out, the flag was finally raised again and a granite boulder was unveiled with a bronze tablet containing the following inscription: "Abraham Lincoln, Centennial Memorial. 1809 – Feb. 12 – 1909 Erected by the Citizens of La Jolla, California.

The memorial remains today, a fitting remembrance during the Lincoln Bicentennial.

"Reflections" is a monthly column written for the La Jolla Village News by the La Jolla Historical Society's historian Carol Olten. The Society, dedicated to the preservation of La Jolla heritage, is located at 7846 Eads Ave. and is open from 10 a.m. to 4 p.m. *Mondays through Fridays.* ■





(858) 551-1221 • www.osteriaromantica.com

ELECTION

CONTINUED FROM Page 1

fill six three-year seats.

LJCPA members elected Courtney to fill a trustee vacancy, but Courtney's term will run out, LaCava said.

Courtney said he is a La Jolla Town Council trustee and was a member of LJCPA for 10 years.

"As a trustee of the La Jolla Town Council I was the maker of the motion opposing paid parking in the village," Courtney said in a candidate statement.

Salmon said he lived in La Jolla Shores for 15 years, was a member of La Jolla Shores Association for six years and served on the Parks and Beaches Committee.

"My passion is the ocean and you can usually find me surfing at the shores or sharing my love for the ocean with my family," Salmon said in a candidate statement.

La Raia said he lived in San Diego for more than six years renting and owning property and became involved with St. Mary Star of the Sea Catholic parish and other groups.

"I believe that balance must be achieved between the property rights advocates and the collective community goals," La Raia said in a candidate statement.

Hill said he is a third-generation La Jollan, focused on small-town family values and preserving the area's coastal environment

"I am interested in being a trustee of the LJCPA because I plan to raise my future family here and am dedicated to maintaining and preserving the historical value of La Jolla," Hill said in a candidate statement.

Merten said he has lived in La Jolla for 33 years and owns an architectural firm. He has been a member of LJCPA since 1988.

"I believe new development must be sensitive to and respect existing neighborhood character and surrounding development...I was an active contributor in the development of our current La Jolla Community Plan and Local Coastal Program," Merten said in a candidate statement.

Morton said he is a San Diego native who raised his family here. Morton owns a La Jolla architect firm, working in the area the past 20 years.

"I try to find workable solutions for the issues facing La Jolla. I believe that property rights need to be balanced with community needs," Morton said in a candidate statement

Addington said she lived in La Jolla the past 13 years. Addington was on the Pacific Beach Community Planning Committee from 1991 to '94 while living in the area.

"I understand and welcome differences of opinions. I like to work with all groups within the community for its benefit," Addington said.

Perricone said she used her legal and real estate skills the past three years she served as a trustee on LJCPA board.

According to Perricone's candidate statement, she believes there are "sufficient organizations already protecting the tourists and would like to represent the community of people who live and work within the boundaries of the LJCPA."

Brady lived in La Jolla more than 40 years, practiced law in the area and served on area boards.

"The La Jolla community plan and the LJCPA provide a policy and organization to make recommendations to the city council, planning commission, city staff and review individual development projects that are relevant to the...community...If I am elected as a trustee, I will serve as an active member for the betterment of...La Jolla," Brady said in a candidate statement.

LJCPA members can vote for six candidates March 5 at La Jolla Recreation Center, 615 Prospect St., from 3 to 7 p.m.

For more information about LJCPA, visit www.lajollacpa.org, call (858) 456-7900 or e-mail info@lajollacpa.org.

School board wrestles with budget cuts

By SEBASTIAN RUIZ | VILLAGE NEWS

The San Diego Unified School District (SDUSD) has restored some federal funding to schools with students from poorer families. Next school year, schools with 40 percent or more students on free or reduced-cost lunch programs will get about \$343 per student. The money should go to help pay for additional instruction and other costs for the students.

Schools including University City High School on Genesee Avenue and Ocean Beach Elementary on Santa Monica Avenue, were cut out of federal funding because of recent board decisions to funnel more money to schools with a higher concentration of students from financially struggling families.

As the board restores some federal funding to schools in poorer areas, the rest of the district continues to wrestle with current-year and projected budget cuts.

Delaying the purchase of new school buses, curtailing travel for teachers and potential layoffs of district administrative office personnel represent some of the budget-cut items SDUSD board members approved Feb. 10, as they try to close an estimated \$33 million midyear budget gap and an estimated \$75 million budget deficit next year.

Board member Katherine Nakamura voted against proposed midyear cuts because, she said, there wasn't enough information to make a decision. She crumpled up the single sheet of paper representing \$33 million and tossed it aside after the 3-2 approval of the 2008-09 midyear budget plan.

Nakamura and board member John de Beck voted against the plan, with board president Shelia Jackson and members John Lee Evans and Richard Barrera in favor.

Nakamura's objections included a vaguely described \$7.7 million cut from non-school sites.

"Who is taking what hit in Central office and what does that mean?" Nakamura asked. "Are we getting the financial document[s] we need?"

Nakamura directed staff to come back with more information at a special Feb. 14 board meeting. De Beck, who represents schools in Ocean Beach, Pacific Beach and La Jolla, said the cuts don't represent a long-term solution. Although the board is trying to avoid layoffs, de Beck said they're a possibility.

"I don't see that the savings are there that don't involve rollbacks in salary," de Beck said.

Proposed midyear budget solutions include tapping into \$4.5 million in workers compensation funds and maintaining a hiring freeze that should result in an estimated \$6.2 million in savings.

Time is ticking for budget

decisions as the district runs up against San Diego County deadlines. SDUSD Chief Financial Officer James Masias said if the district doesn't decide on a current-year solution and a two-year outlook plan soon, the county will do it. Masias said he plans to meet with county officials this week, adding that the current budget crisis changes the way school site budgets are allocated.

"We're looking at every school site to see what is it that you don't need [to operate]," he said.

The board also addressed next year's estimated \$75 million budget deficit. Cuts next year could bring reduction in Central office staff, increased class sizes and elimination of off-campus learning programs in Balboa Park and Old Town.

According to SDUSD staff reports, for every closed school with fewer than 400 students, the district can save about \$450,000.

Several beach-area schools, including Crown Point Elementary, Bay View Terrace Elementary and Barnard Elementary showed up on a list of schools the district was considering closing or reconfiguring.

The SDUSD board reconvenes to discuss the fiscal year 2009-10 budget Saturday, Feb. 14, 8 a.m., at Eugene Brucker Education Center Auditorium, 4100 Normal St. ■



DO YOU SUFFER FROM VARICOSE VEINS?

Varicose Veins can be unsightly, and may lead to substantial pain and complications if left untreated. Join LJR Medical Group for a free patient seminar and learn about minimally-invasive, non-surgical treatment for Varicose Veins.

ATTEND A FREE SEMINAR

Wednesday, February 25 • 6:30-8:00pm Scripps Mende Well Being Center

UTC Shopping Center (Above Peking Palace) 4305 La Jolla Village Drive, Suite L-5, San Diego

Light refreshments served

To register, call: 1-800-SCRIPPS (727-4777)

www.LJRad.com

Scripps Memorial Hospital La Jolla



Celebrating 100 Years and Beyond.



Louis Betts, Mid-Winter Coronado Beach, c. 1907

The Centennial Celebration honors
The Bishop's School's 100-year legacy.
The Bishop's School is a coeducational,
college preparatory day school affiliated
with the Episcopal Church for
students in grades 7-12.

The Bishop's School is proud to present **Visions of San Diego**, California Impressionist Paintings from The Irvine Museum.

This artwork dates back to the early 1900's when Bishop's was founded.

Visions of San Diego is open to the public without charge through March 1.

Exhibition hall:

Wheeler J. Bailey building, Bishop's campus. 7607 La Jolla Blvd.

Exhibition hours:

Tuesdays 9:00 a.m. – 12:00 noon Thursdays 3:00 p.m. – 7:00 p.m. Sundays 10:00 a.m. – 2:00 p.m.

> 100 YEARS AND BEYOND The Bishop's School



www.bishops.com

COMMENTARY

St. Valentine is way more than a central figure

By MARTIN JONES WESTLIN

he peeps over at Point Loma's NTC Promenade liked last year's Valentine's Day marriage marathon so much that they've decided to throw a do-over. On Friday, Feb. 13, 30 couples will either marry or renew their vows there, having been picked from a list of 160 who submitted their testimonies on why they think they're the coolest candidates. A big fat reception is planned too, with a big fat cake, big fat music and (hopefully) a decided absence of big fat second thoughts.

Marriage is one of those enduring institutions, all right, the world's universally recognized forum for declaration of mutual fidelity - and if yours is happening on the 13th at NTC, it takes on a special significance. The only drawback is that one of the central figures in the institution's history won't be there to perform the ceremony. St. Valentine has been dead since about A.D. 270. brutally martyred in the service of blushing brides all over Rome. There's not a lot to dish on him officially; in fact, the Roman Catholic Church recognizes several St. Valentines, and as recently as A.D. 1969, the guy in question didn't even appear by name on the Church's feast day calendar. The unofficial story, though,

waxes folkloric - so as you fire up the "I dos" and break out the golden handc- — er, rings — you might want to give it up for an unsuspecting little sort who's there in spirit, the bearer of many standards for marriage's very public place in the very pub-

The ancient Romans held the feast of Lupercalia, designed to purify the city and promote fertility, every mid-February. Magistrates ran around naked in the streets; dogs and goats were sacrificed; crowds donned the animals' skins, called februa, in imitation of the fertility god Lupercus; and young women lined the parade routes to receive lashes, which were thought to prevent sterility and ward off evil spirits. The whippings live on today in some Easter Monday ceremonies - other than that, Lupercalia was about as un-Christian as it gets.

Christianity, after all, didn't really take root in Rome until Emperor Constantine spearheaded its growth around A.D. 500 but Valentinus, a Roman temple priest, precursed Constantine by about 250 years, and he came to symbolize matrimony's otherworldly nature even then. Despite the oppressive Emperor Claudius II's ban on Christian marriage rites, Valentinus wed young cou-



St. Valentine (center right), a Roman temple priest, took his life in his hands by marrying Christian couples on the sly. He was martyred for his efforts in A.D. 270.

ples underground by the score. The jig was soon up amid word of mouth, and Valentinus was jailed for crimes against the state. He was eventually beaten and stoned for his trouble incredibly, he lived through the assaults, finally succumbing via decapitation.

But it's his stretch in stir that

marks Val's place in legend.

For whatever reason, the jailer Asterius took a liking to his prisoner, and his blind daughter Julia would bring the captive food on the sly, as well as messages from the outside. In return, the priest taught Julia arithmetic and her ABCs and regaled her with stories on the history of Rome. All the while, Julia pined for her sight as the key to truly experiencing the lore she could only hear. Soon, fate intervened in Julia's life a second time. On Feb. 14, 270, her friend was whisked away to his end, but not before he'd left her a note extolling the richness life has to

offer. The signature said, "From vour Valentine.'

What's more, Julia could read

Thus inspired, Julia is said to have planted an almond tree at Valentinus' grave, near what is now the Church of Praxedes in Rome. The almond tree – like the archetypal card Valentinus left

for Julia – is today a symbol of love and friendship the world

In A.D. 496, Pope Gelasius declared Feb. 14 St. Valentine's Day. In so doing, he started something that the secular community has run with in kind ever since. Hallmark says that it expects 163 million Valentine's Day cards to be sent nationwide this year; in 2008, holiday spending topped \$17 billion, with a "b." In many ways, Christmas is the only other holiday that commands such public anticipation, to say nothing of lofty receipts.

But Christmas, see, is a long way off. And besides, as Bob Cratchit is keen to remind us every season, it's only once a year. Valentine's Day is supposedly the flashpoint for romantic idealism every single day. In no way is the concept even close to the reality; according to the Forest Institute for Professional Psychology, a whopping 74 percent of third marriages end in divorce in America. Val's probably not too happy about that, especially since his life story is designed around a diametrically opposite ideal.

— Martin Jones Westlin is the editor of San Diego Downtown News, a sister publication in the San Diego Community Newspaper Group.

LETTERS TO THE EDITOR

Prioritize the budget!

I read with interest city council pro tem Kevin Faulconer's guest article in the Jan. 29 edition ("Public bond sale means savings, improvements," Village News,

First of all, I suggest that the city council and mayor prioritize the entire budget, line for line, starting with what they believe are the most important services to the least. Let's see if that matches what the taxpayers believe are the spending priorities. Given the budget cuts suggested so far, I doubt that the San Diego city government's priorities are in sync with the taxpayers.

Secondly, Councilman Faulconer suggests we contact his office to "share your ideas." I've done this twice recently ... to which I've received no response. How can there be any dialogue when the councilman doesn't even respona?

How about letting the city taxpayers participate in setting the spending priorities? Then I

believe the spending will be matched to revenues received, just as all taxpayers have to do with their personal finances.

> **Tom Frichtel** La Jolla

State can afford IOU's but not refunds?

I wonder how much money it costs to send out IOUs in lieu of tax refunds? I'll bet it's quite a

Inasmuch as most people are abreast of the news that the state is out of money and that our tax refunds will be delayed, why waste money that it doesn't have on IOUs?

We already know about the delay. Send no unnecessary IOUs. Save the cost. Spend the savings on better things. Like the tax refunds for example, for starters.

> **Ben Harness** Point Loma





SAN DIEGO COMMUNITY

Mannis Communications 4645 Cass St. Box 9550 Fax: (858) 270-9325 Ad Fax: (858) 713-0095

mail@sdnews.com

(858) 270-3103

BEE alco IFPA (NY sdnews.com

PUBLISHER Julie Mannis Hoisington (858) 270-3103 x106

jmannis@sdnews.com **EDITOR IN CHIEF** Anne Terhune x133

mail@sdnews.com REPORTER

Alyssa Ramos x137 alvssa@sdnews.com **ACCOUNTING**

Heather Glynn x103 Patty Angley x120 Accounts Receivable

INTERN

Joseph Greenberg

AD CONSULTANTS

Tom Chambers x121 Mike Fahey x117 Jason Gregory x116 Marjorie Kirby x122 Michael Long x112 Ashlee Manzo x123 Heather Snyder x115 Innesa Zavulunova x147

Louis Viorato x136 CLASSIFIEDS MGR.

Heather Snyder x115 heather@sdnews.com **CLASSIFIEDS**

Kim Donaldson x140

kim@sdnews.com

PRODUCTION MGR.

Casey Dean x107 casey@sdnews.com

PRODUCTION

Dee Kahler, David Ramsey, Nicola Rushford, Chris Baker

PHOTOGRAPHERS

Mercy Arcolas, Don Balch, Paul Gallegos, Ron Gallegos, Ronan Grav. Paul Hansen. Stan Liu, Barry Schwartz, Kirby Yau

CONTRIBUTORS

Stephanie A. Alderette Charlene Baldridge, Judith Garfield. Anthony Gentile, Brett Hanavan, Larry Harmon, James Colt Harrison, Natasha Josefowitz, Dave Kensler, Nicole Larson, Sandy Lippe Linda Marrone, Nanette Martin, Johnny McDonald, Bart Mendoza, Loralee Olejnik, Barbara Ouellette, Neal Putnam, Sebastian Ruiz, Laurie Smith, Ron Stern, Rob Stone, Dave Thomas, Martin Jones Westlin, Beth Wood

OPINIONS Signed letters to the editor are encouraged. All letters must include a phone number for verification. The editor may edit letters for clarity and accuracy. Letters should be 350 words or less. Views expressed are not necessarily the views of this newspaper or staff.

SUBMISSIONS Letters and photo submissions are welcomed. Those accompanied by an addressed, stamped envelope will be returned. The editor reserves the right to edit for clarity.

DEADLINES All content must be received by 5 p.m. on the Thursday prior to publication. **DISTRIBUTION La Jolla Village News** is

available free every Thursday. COPYRIGHT © 2009. All rights are reserved.

Printed in the United States of America PRINTED with soy inks and recycled paper.

WEEK AHEAD

CONTINUED FROM Page 2

p.m., University City Older Adult Center, Congregation Beth Israel, 9001 Towne Centre Dr., 637-3247; introduction to several-session class coming in March.

- Coastal Development Permit meeting, 4 p.m., LJ Rec. Center, 615 Prospect St., 454-1444
- Toastmasters of La Jolla, 6:30 p.m., Firehouse Community Center, 7877 Herschel Ave., guests welcome, 483-0116
- La Jolla Historical Society lecture on the science and architecture of The Salk Institute, 7 p.m., St. James Hall, 7776 Eads Ave., free to members, \$15 non, 459-5335, ext. 101
- Lecture: "The Heart of Healing" with Mimi Guarneri. M.D., 7-9 p.m., Scripps Memorial Hospital, Schaetzel Ĉenter, 9890 Genesee Ave., free
- JCC Bridge Club, partner required, 7 p.m., 4126 Executive Dr., \$2/members, \$3/non, 457-3030

18 Wednesday

- Golden Triangle Business Network International, 7-8:30 a.m., Coco's, 4280 Nobel Dr., (619) 491-9936
- Torrey Pines Kiwanis Club, 7:15-8:30 a.m., Clay's Restaurant at Hotel La Jolla, torreypineskiwanis@earthlink.net
- Soroptimist International, 7:30-8:45 a.m., Sea Lodge, 8110 Camino del Oro, 459-9271
- San Diego Blood Bank bloodmobile, 8 a.m.-1 p.m., Southwest Fisheries parking lot, 8604 La Jolla Shores Dr., (800) 4MY-SDBB
- Golden Triangle Lions Club, noon, La Jolla Marriott, 4240 La Jolla Village Dr., 546-2875
- Torrey Pines Rotary Club, noon, Sheraton Hotel, 3299 Holiday Ct., 583-0070
- Progressive bridge (some Sundays also); no partner required, 12:30 p.m., Riford Center (50 and up), 6811 La Jolla Blvd., \$3/nonmembers, 459-0831
- ENCORE: Israel Club with Nina Brodsky, lecture on Arab-Israeli conflict, 1 p.m., UC Older Adult Center, Congregation Beth Israel, 9001 Towne Center Dr., 550-5998
- Lecture on the origins of King Solomon's mines, anthropology Prof. Tom Levy, 6 p.m., UCSD Faculty Club, 9500 Gilman Dr., 822-
- Spinal Flexibility and Meditation, all levels, 7 p.m., La Jolla Cove Bridge Club, 1160 Coast Blvd., \$15 one, \$20 two people, 456-9964
- Contesting rights in the age of nationalism, lecture by Thomas Gallant, UCSD Department of History, 7-8:30 p.m., Great Hall, International House, UCSD, 9500 Gilman Dr., 534-7404 ■

Vision Beauty Salon

Full Service 858-270-2735 4645 Cass St., Ste #103 corner of Emerald & Cass

Haircut + Shampoo \$16 (reg \$19) Senior Haircut & Shampoo \$14 (reg \$16) Manicures \$10 (reg \$12) **Pedicures** \$20 (reg \$25)

Facial • Waxing

Hours: Mon.-Sat. 9:00am to 6:00 pm Must present coupon for discount

NEWS BRIEFS

CONTINUED FROM Page 3

restructure or eliminate routes and reduce frequency of service. The public is invited to submit comments for public hearing.

For more information visit www.sdcommute.com.

Hearings will be held at various locations throughout the city, including:

• UTC Transit Center Wednesday, Feb. 18 11 a.m. to 7 p.m. Westfield University Town Cen-

4545 La Jolla Village Drive, San

• America Plaza Station Thursday, Feb. 19 1 to 7 p.m. 1050 India St., San Diego (West C Street & Kettner Boule-

• Euclid Transit Center Saturday, Feb. 21 11 a.m. to 4 p.m. 450 Euclid Ave., San Diego

• Old Town Transit Center Saturday, Feb. 21 11 a.m. to 4 p.m.

• Fashion Valley Transit Center Saturday, Feb.. 21 11 a.m. to 4 p.m.

4009 Taylor St., San Diego

(Friars Road & Fashion Valley Road)

• Iris Avenue Station Sunday, Feb. 22 11 a.m. to 4 p.m. 3120 Iris Ave., San Diego (Iris Avenue & 30th Street)

Same-sex couples mark **Freedom to Marry Day**

At marriage counters nationwide, same-sex couples will request marriage licenses on National Freedom to Marry Day, today, Feb. 12, to raise awareness of the negative effects these couples and their families experience through not being able to legally marry.

Local couples in San Diego are participating as well by requesting marriage licenses at the County Clerk's Office from 7:30 to 8:30 a.m. The office is located within the San Diego County Administration Building complex at 1600 Pacific Highway.

The event is co-sponsored by the Marriage Equality USA San Diego and the San Diego Equality Campaign.

Marriage Equality USA chapters have been engaging in the annual

alleging discrimination by various state and national legislation banning same-sex marriage.

A number of faith leaders will be present on the lawn of the County Administration Building on the morning of the event to marry couples. For a list of events across the United States, visit marriageequality.org. For more local information, go to sdequalitynow.com.

Wildfowl art, decoys, carvings on exhibit

More than 150 artists and carvers from the U.S., Canada and Japan will compete for awards and exhibit their work during the 2009 California Open Wildlife Art Festival's Wildfowl and Fish Carvers Competition this weekend at Liberty Station.

The event is the 36th annual festival and is sponsored by the Pacific Southwest Wildlife Arts (PSWA).

The event takes place Saturday, Feb. 14, and Sunday, Feb. 15, at the NTC Promenade's Corky McMillin Event Center, 2875 Dewey Road.

The PSWA is a nonprofit organization founded to support and promote wildfowl art, particularly mation, call (619) 684-6100. ■

1205 Fashion Valley Road, San Freedom to Marry Day since 2001, the carvings of traditional hunting decoys, considered a truly American art form.

The event times are 9:30 a.m. to 4 p.m. on Saturday and 9 a.m. to 4 on Sunday. Admission is \$5; children under 12 are admitted free. For information, call (619) 588-7141 or e-mail Bobberryfishcarvings@cox.net.

Census office opens for 2010 population count

Massive job recruitment is expected prior to the once-adecade U.S. Census Bureau population count — and the bureau is marking the fuss with the opening of a census office in San Diego. Meanwhile, the bureau has launched an outreach campaign with local officials, community leaders and businesses to ensure an accurate count of the population.

This new local office, one of 12 opening in San Diego, will be the hub of operations for the surrounding communities. During peak operations, the office will employ roughly 1,500 people from the surrounding areas.

The office is located at 1370 India St. in San Diego. For infor-

"Doctor Regrets Unfortunate Mistake..."

And what you should know about it...

Dear friend,

Mistakes are tough. Real tough. sometimes an admission can set the record straight, and I want to give credit where credit is due. Before I talk about my mistake, though, let me say a few other

Let me start by explaining the photo in this letter. You know, people usually say, "Oh, yeah, you're Dr. Wong. I've seen your ad with that picture of you and the cute little girl." Let's start with me, the guy on the

Thirteen years ago something happened to me that changed my life forever. Let me tell you my story...

Back then I was working part time delivering fresh seafood when I developed an excruciating pain in the middle of my back. In my case it came on suddenly. The pain in my back was so intense that I couldn't bend over, twist, and sometimes I couldn't even button my shirt. I was afraid that I'd lose my job if the disability continued. After seeing a doctor and taking lots of pain medications, the discomfort was still there. I even remember one instance where I just couldn't stand the agony any longer, and I broke down and cried. Knowing I didn't want to take pain killers forever, I was desperate for answers. But,

A friend of mine convinced me to give their doctor a try. This new doctor did an exam, took some films, and then "adjusted" my The adjustment didn't hurt, it spine. felt really good. I got relief, and I could bend over again. It worked so well for me, and I was so impressed with the other 'miracles' I saw in his office, that I eventually went to chiropractic school

Now for Cierra, she's the little girl in the photo. Growing up, she was (and still is) very active. She slipped and hit her head on the sidewalk once before, she's fallen out of bed numerous times and on top of that, she suffered from ear infections. Cierra's been getting adjusted regularly now for over a year and she is as healthy as can be. She knows that her adjustments help her immune system to fight off the "bad stuff" when she's starting to feel a little sick. She loves getting adjusted and it seems like a huge difference to her.

It's strange how life is, because now people come to see me with their health problems. Also they come to me with their headaches, migraines, chronic pain, neck pain,

shoulder/arm pain, whiplash from car infections, backaches, asthma, allergies, numbness in limbs, athletic injuries, just to name a few.



Here's what some of my patients had to

* UNSOLICITED TESTIMONIAL *

"I was having so much back pain, neck pain and terrible headaches that affected my job. I was misdiagnosed so many times but now, I live pain free since I've been seeing Dr. Wong. My husband and kids used to call me 'grumpy' but not anymore! Thank you Dr. Wong!"

Ligaya A, RN, San Diego, CA.

* UNSOLICITED TESTIMONIAL *

When I first came to Dr. Wong, I was in constant pain and could barely walk up the steps to his office. Now, after being under his care, exercise to strengthen my back and body, I can honestly say that I am pain free! I am no longer taking any pain medication. My bowling game is better and I am now walking about 3 miles a day. I am back to enjoying life as I did before my back problems.

Larry D, San Diego, CA

Several times a day, patients thank me for helping them with their health problems. But I can't really take the credit. My unfortunate mistake is that I've neglected to tell people that their bodies heal from within and that taking medications only covers their problems. My commitment is to tell as many people as

possible about how an adjustment removes nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that!

You Benefit from an Amazing Offer -Look, it shouldn't cost you an arm and a leg to correct your health. You are going to write a check to someone for your health care expenses, you may as well write one for a lesser amount for chiropractic.

When you bring in this article, you will receive my entire new patient exam for \$47. x-rays, with computerized testing....the whole ball of wax. This exam could cost you \$270 elsewhere. But, please call right away because this offer expires on February 28th, 2009, and I don't want you to miss out. By the way, further care is very affordable and you'll be happy to know that I have affordable family plans. You see I'm not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor. High costs can add up very quickly.

Great care at a great fee...Please, I hope that there's no misunderstanding about quality of care just because I have a lower exam fee. You'll get great care at a great fee. My qualifications...I'm a graduate of the California State University System with a bachelors in biochemistry and then I completed my doctorate at Palmer College of Chiropractic in San Jose, CA. I've been entrusted to take care of tiny babies to elderly seniors, like my grandma and grandpa. After finishing my internship in San Jose, I moved to San Diego to start my own practice. I just have that low exam fee to help more people who need care.

My assistants are Cindy and Liz, and they are really great people. Our office is both friendly and warm and we try our best to make you feel at home. Our office is called GREATER LIFE FAMILY CHIROPRACTIC and we're in Point Loma at 3689 Midway Drive, Suite G (we are in the Vons shopping center next to 24 Hour Fitness and Sport Chalet). Our phone number is 619-222-8885. Call Cindy, Liz or myself today for an appointment. We can help you.

Your Friend,

Dr. Henry Wong. DC

P.S. When accompanied by the first, I am also offering the second family member this same examination for only \$27 but only before 2-28-09 so call right now!

Brooks on books



VILLAGE NEWS | DON BALCH

Pulitzer Prize-winning author Geraldine Brooks greets fans and signs copies of her new "People of the Book" Jan. 21 at Warwick's, 7812 Girard Ave., following a discussion. Brooks won the Pulitzer Prize in fiction in 2006 for "March." Her "Year of Wonders: A Novel of the Plague" was a 2001 Notable Book for the New York Times. "People of the Book" tells the centuries-long story of an illuminated prayer book.

Understanding the controlling forces DOING IT

"They don't allow it," you're told. *"They* wouldn't like it ... They have decided ... It's up to

But who are they? They are "the powers that be," the nameless, faceless others who control our lives. They are the system, the institution, the organization, the board of directors, the trustees, the governing bodies, the upper echelon. They decide about the roles, they distribute the tasks, they allocate the

Role deals with who you are, tasks with what you do and resources with what you have. If you can understand roles, tasks, and resources in terms of "their" expectations and yours - learning what is negotiable — you have a chance to exert some control over your work and life.

Role usually is determined by a formal title, by the responsibilities attached to the title and by specific behaviors. The way a specific role is performed determines influence. For example, the role of chairperson can be exercised democratically, seeing to it that all members have a say, or manipulatively, seeing to it that only those members who agree with you are recognized to speak. Similarly, the role of a secretary may include typing, filing, sewing

BETTER Natasha Josefowitz Ph.D.

on the boss' loose buttons, attending meetings, writing reports and making important decisions.

Roles always have two aspects: others' expectations and your own. The importance of others' expectations is that it colors their perceptions of your performance. If managers are seen as needing to be tough and direct, they will have difficulty being empathetic and nurturing in that organization. If employees are expected to be self-starting, anyone who waits to be told what to do will not advance.

What strategy should you pursue? First, figure out others expectations, then start performing at a level that allows you to take on functions beyond your job description. You have to act like a vice president before you can become one!

As you tread the fine lines between being demanding and compassionate, having high standards and being flexible and attending to the task and caring about the people, ask for feedback on your performance from colleagues you can trust and bosses you respect. Your own comfort level also will be an indication of the appropriateness of your behavior.

Task is the work to be done. What you actually are expected to do, and how you do it, is of critical importance. For example, when you write a report, you add a separate section of your suggestions or ideas and send it (with your superior's approval) to several people in key positions. When something in the office needs to be done differently, initiate not only the idea but also the changes, asking other people to

If you are blamed when a task

goes wrong, you should also not miss out on the benefits of a successful outcome. Every major success should result in more chances to be creative and have more autonomy.

The allocation of resources encompasses such items as money, equipment, people, services, information, time, territory (both the physical space you occupy and the size of the territory you control or manage) and the opportunity to use your own knowledge, competencies and

Decisions are based on information gained through both formal channels (e.g., written reports or exchanges at meetings) and informal networking (e.g., tidbits picked up during coffee break, in the restroom or the car pool or after hours over a drink). Many decisions are made, deals confirmed and promotions promised via this informal exchange. Therefore, if you aren't asked to join colleagues for coffee, then make the necessary contacts yourself. Information gained casually is often invaluable.

In crisis management, emergencies or whenever a quick decision needs to be made, try to be the one who makes those decisions. Taking a chance gives you the opportunity to prove yourself.

The nameless, faceless "they" who have given you an inconsequential role, assigned you an insignificant task and allotted you limited resources — are in for a

Although I write here of the workplace, it applies equally well to any organization, whether profit or nonprofit, large or small - wherever there are people there are hierarchies, with their competitions and rewards.



FEATURED HOME

Dramatic views are the focus of this 3,000 plus sq. ft. home overlooking La Jolla Shores. Three bedrooms, 3.5 baths, plus a large bonus room. Available now \$5,000/mo

AVAILABLE RENTALS

North P. B. \$3,000 · Available Now · Unfurnished Charming 3br/2ba, single level home. Large private lot, wood floors, great neighborhood.

Beryl St., P. B \$3,000 · Available Now · Unfurnished Contemporary townhome less than 3 blocks to the beach. 3br/2.5ba, 2-car garage, 2 fireplaces, very nice.

L. J. Village Townhome \$3,600 · Available March 1 · Unfurnished
In the heart of La Jolla, 3br/2.5ba. Views to the cove, walk every where.

Very unique loft-like feel, lots of space and light, 2-car garage.

Summer Rental \$15,000/mo · Available June, July, August 2009 Dramatic 3br/4ba, contemporary, in very private setting on Coast Walk Beautiful private patio, stunning views and walking distance to the Village

Charles Stephens



858-682-5561 Gallery-Properties.com

7861 Herschel Avenue La Jolla, California 92037

CHATEAU Sa Jolla INN A RESIDENTIAL COMMUNITY

Active Seniors: Live in a Spacious 2 Bedroom/2 Bath Apartment one Block from the Beach in La Jolla Starting at \$3,300/month.

Price also includes: Breakfast Buffet, Utilities, Cable & More

Never a "Buy in" or "Entrance" Fee

At Chateau La Jolla Inn, you'll spend a lot less and get a lot more. Such as:

- Fine dining
- Great social programs
- 24-hour concierge
- Courtesy transportation
- Weekly housekeeping Home health services available

And... We can help you sell your home and move you for FREE. Ask for details.





Call Kimberlee today for lunch and a tour. 858-459-4451



Spreckels Elementary School will hold a Valentine's Day drawing for prizes that include dinners, floral arrangements and grocery store gift cards. The money raised from the raffle will go for a new computer lab for the school, to replace the current 12-year-old computers that cannot handle software.

SOCIETY





In and about the Village

Patté Awards at center stage

Forget the Emmys, the Tonys or the Oscars! Far more meaningful are San Diego's own Patté Awards, now in their 12th year, celebrating all the elements of live theatre. Even the Westin Hotel where the ceremonies were held had a theatrical look, with one staircase going up and the other going down. At the landing where they met, guests mingled excitedly as they sipped drinks, nibbled hors d'oeuvres and ate — what else — pâté. Flashbulbs popped and TV cameras rolled as local celebrities gathered and hostess Pat Launer bustled amidst friends and supporters, acknowledging plaudits for her popular "baby." No Broadway production could have been more glamorous or professional than the entertainment segment that featured snippets from prize-winning shows including "The Princess and the Black-eyed Pea," "Nine," "Dreamgirls" and "Thoroughly Modern Millie." A total of 30 awards were presented for everything from ensemble work, playwriting, directing, costume, lighting, scenic and sound design to behind-the-scenes brilliance, as well as a Patté scholarship for promising young theatremaker Jaime Myers and a theatre angel award to a real angel, Pam Slater-Price.





- 6. Sandra Ellis Troy, Jay and Julie Sarno.
- 7. Judy and Allen Moffson with Molli and Arthur Wagner.
- 8. Victoria Hamilton with Anthony Bollotta, Paul Hobson and Alan Ziter.
- 9. Dale Morris, Jamie Lloyd and Kathy Cash.

- 3. Frank Scarpaco, Dawn Edwards and Jeff Underwood.
- 4. Gloria Penner and Bill Snyder.
- 5. Jean Rodin, Lynne Wheeler and Merle Lotherington.



MAUI JIM • LA EYEWORKS • OAKLEY • TIFFANY • GUCCI

GW EYEASSOCIATES

An Optometric Corporation





Dr. Gordon G. Wong

DIOR • BEAUSOLEIL • FACE Á FACE • PRADA • TAGHEUER • VERA WANG • ARMANI • PERSOL • BEVEL

FACE

Concierge Optometry Eye Care Tailored to Your Needs

> Comprehensive Eye Exams **Specialty Contact Lenses Contemporary Eyewear LASIK Consultation**



7825 Fay Avenue, Suite 140 La Jolla, CA 92037 (858) 454-4699 www.gweye.com

MAUI JIM • LA EYEWORKS • OAKLEY • TIFFANY • GUCCI

Exercise is Good for Your Health and Your Wallet!

"For every dollar you spend on wellness, you can save as much as five dollars or more on illness," says Dr. Richard Kreider, director of the exercise and sport nutrition laboratory at Texas A&M University. Budgetminded families are looking to cut expenses that may seem like a luxury, including gym memberships. Yet, mounting evidence suggests that cutting out the gym may be exactly the wrong move.

In its just released report of annual health spending, the federal government confirmed that chronic illness accounts for 75 percent of all health spending. Yet exercising regularly and maintaining a healthy weight can significantly reduce your risk for chronic illness and your medical bills.

Call Curves today at 619-222-8555 and find out we can help you attain your health and fitness goals.

Concierge Eye Care

First Class Level Service Combined with Great Eye Care

The doctors at GW Eye Associates have been dedicated to the concept of Concierge Optometry since 1994. Concierge eye care is first class eye care tailored to your needs in a professional and unhurried setting. In short, our goal is to determine your needs and expectations and then exceed them. We know that this concept works as we have been voted "Best Optometrist" by La Jolla readers.

In addition to providing basic care for annual eye health exams, Drs. Gordon and Wildon Wong are licensed to treat eye infections, minor eye injuries, and dry eyes. We also perform contact lens fittings to address your blurry vision including the inability to read after age 40 (presbyopia). Our practice also focuses on the rehabilitation of vision after corneal transplantation, severe corneal injury, or poor vision after LASIK.

We are in-network providers for Blue Cross PPO, Blue Shield PPO, Medicare, and most Vision Service plans such as VSP, EyeMed and Medical Eye Services. Although we are not in-network for other insurances such as United Healthcare, PacifiCare, or Aetna we would be happy to bill them for you on your behalf.

Those who want additional information about our services can call us at 858-454-4699 or visit our website at gweye.com where we

have a blog page and streaming video available.

People's February **Chocolate Treats**

People's Chocolate Macadamia Nut Cookies

Makes 30 cookies, which is plenty for sharing.

½ cup plus 1 Tbsp. maple syrup ½ vegetable oil

1 tsp. vanilla

1¾ cups whole wheat pastry

½ tsp. baking soda

½ tsp. sea salt

½ cup macadamia nuts, coarsely chopped (available in the Bulk Dept. at O.B. People's Organic Food Market, where you can purchase just enough for the recipe!)

½ cup chocolate chips

Combine syrup, oil and vanilla. Put flour and soda into separate bowl. Add wet ingredients into the dry, stirring just enough to mix well. Fold in nuts and chips. Spoon by tablespoons onto oiled or no-stick cookie sheets. Bake at 350° for 10 minutes or until lightly browned and just firm.

People's Chocolate Mint Cookies

Makes 2 dozen.

2 cups whole wheat pastry flour ½ tsp. baking soda

½ cup chocolate chips

½ cup maple syrup

1/4 vegetable oil

3/4 tsp. peppermint flavor

¼ tsp. vanilla

Mix flour and soda in bowl. Melt chips, oil and syrup in saucepan. When mixture is smooth, set aside to cool, then add peppermint and vanilla. Add flour and soda, stirring until smooth. Spoon walnut sized scoops of dough onto oiled baking sheets. Bake at 350° for 10minutes, being careful not to overcook. Cookies should be soft to the touch.



Are you looking for the fastest way to get longer and fuller hair?

HAIR EXTENSIONS are the hottest item in today's beauty industry.

\$25 OFF PER BUNDLE

Hairdreams Ingrid 619.861.1778

Pilates - Art - Lifestyle





4645 Cass St. Suite 102 Pacific Beach, 92109 (Across from PB Post Office)

© 858.490.0513 www.tilciastudios.com

Look Gorgeous - 10 Weeks Pilates \$275



Massage Envy's professional therapists will help you feel rejuvenated, when it's most convenient for you. A soothing one-hour session is only \$49 for first time guests. And Massage Envy is open weeknights and weekends to accommodate your busy schedule. So whether you want to unwind after work or enjoy a soothing Sunday afternoon, you can always find Heaven, at Massage Envy.

LA JOLLA

7650 E. Girard Ave. Suite 200 On the mezzanine level above Pharmaca (858) 551-0078

SCHEDULE YOUR APPOINTMENT TODAY

Introductory 1-Hour

Massage Session

Franchises Available | MassageEnvy.com | Convenient Hours. Open 7 days: M-F 8am-10pm, Sat 8am-6pm, Sun 10am-6pm

"Valid for first one hour session which consists of a 50-minute massage and time for consultation and dressing. Prices subject to change. Rates and services may vary by location. Additional local taxes and fees may apply. © 2007 Massage Envy Limited, LLC.

Have Long Glamorous Hair for Valentine's!

Salon in downtown La Jolla, would in one hour. Our most desirable make you look even more amazlike to invite you to come in for a option is the long lasting Hairfree consultation for 100% Human dreams Hair Extensions. These Hair Extensions. We offer various extensions last up to six months, option is our stunning clip-in ex- very versatile. All of these options tensions that are convenient and can be used to add length or just easy to put in yourself for special volume and thickness. occasions for you to change your

San Diego Hair Extensions & to eight weeks and can be applied

We also specialize fashionable look in an instant. We also have a hair cuts and hair color (exclusivelonger lasting option that last's up ly from REDKEN 5th Avenue NYC).

And just one more service to ing for Valentine's is our personalized Airbrush Tanning.

So for all of you new clients, come options for you to choose from. One take two hours to apply and are take advantage of our special discount (\$250 off of full head of Hairdreams extensions). Be sure to call as soon as possible to schedule your free consultation. Our books are getting full already.

San Diego Hair Extensions & SALON

San Diego's Finest Hair Extensions - Located in downtown La Jolla

Check our website for current specials! sandiegohairextensions.com

7600 Fay Avenue La Jolla, CA 92037 (858) 587-8825

-We also do airbrush tannina Get Golden Brown in 15 minutes!

> **NO GLUE NO WAX NO BRAIDS**









Causes, Symptoms and Suggestions for Sundowner's Syndrome

Sundown may be a trigger for regulate sleep cycle. extreme agitation and confusion that lasts throughout the night for a person in the early stages of Alzheimer's and other forms of dementia. Sundowner's Syndrome occurs in the late afternoon or early evening and can include increased confusion, anger, paranoia and rapid mood changes. Sundown may be a trigger for extreme agitation and confusion that lasts throughout the night. A person who is sundowning will probably spend a great deal of time wandering because they are trying to come to terms with their surroundings.

The Alzheimer's Foundation has advice for dealing with Sundowner's Syndrome:

Discourage day-time napping to

Limit caffeine intake, particularly in the evening.

Encourage exercise throughout the day to expend excess energy.

Allow for light exposure in the early morning to help set internal

Even the safest home can be treacherous for someone in a confused state. For more information and help to deal with someone experiencing Sundowner's Syndrome, call Innovative Healthcare Consultants at (877) 731-1442 or go to our website at innovativehc .com. Our RN case managers are experienced in all stages of Alzheimer's and would be happy to advise you.

Meet La Jolla's **Best Stylist of** 2008

Emily Dimond worked in La Jolla for seven vears and has been in the industry for a total of sixteen years. Formally located at Salon Victor Magna she's now at Armonia in Bird Rock. Emily is one of the top artists in hair color and cutting. Furthering her education and finding fresh inspiration have always been top priorities during her career. She looks forward to gaining your trust and making you feel your





WORRIED - about your spouse falling

OVERWHELMED - coordinating medications & doctors appointments

EXHAUSTED - from day to day care

SOLUTION - RN geriatric case management and quality caregivers

We're here when you need us! toll free (877) 731-1442

Serving San Diego and southern Riverside counties.

GCM. Member of the National Association Professional Geriatric Care Managers

Meet Your Hairstylist... Emily Dimond Voted Best Stylist in La Jolla

by La Jolla Village News Reader's Choice

Receive A FREE

with the purchase of Color or Highlights

Offer good through 02-28-09



armonia salon

5636 La Jolla Blvd. • (858) 405-3086

Health - Beauty

Barry Julian Broomberg, M.D.



Concierge Medicine

Yearly Preventative Physical Comprehensive Patient History Full Lab Panel Health Risk Appraisal Private Cell Number 24/7 Same or Next Day Appointment

Weight Loss Age Management Nutritional Lifestyle Assessment Convenient Foods Support & Accountability Aggressive but Safe Weight Loss Appetite Suppressants Available

Beauty and Skin Rejuvenation

Botox
Cosmetic Beauty Procedures
Skin Peels: Retin A + Gessner
Laser Removal
Moles & Age Spots

6515 La Jolla Blvd. La Jolla, CA 92037 (858) 454-7157

A Message from Dr. Broomberg, Voted Best La Jolla Doctor for Three Consecutive Years

I have been practicing Family Medicine for 40 years in South Africa and the United States. I began my practice in 1983 here in La Jolla, and it grew from a small intimate practice to a rather large one, now servicing over 3,600 active patients.

Every year the pressure to see more people increases, leaving both the patient and the doctor dissatisfied. The dramatic changes in medicine, throughout the years, have made it exceedingly difficult to deliver a high level of personalized service. With this in mind, I am making some important changes in my practice that allow me to take care of my expanded patient base and offer new personalized wellness options and specialty services.

Along with the continuation of general medicine, I am excited to announce the implementation of three categories of enhanced services into my practice.

For Your Valentine

When a friend says, "I just had a fabulous facial," people think of pampering services and products that are expensive. Beauty industry hype has most people thinking that spa services and facials are more of an indulgence than a wellness treatment. That could not be further from the truth. The health benefits far outweigh the beauty benefits and the "healthy glow" is a result of the combination.

If you are you feeling guilty about getting a facial, spa treatment or massage, consider these major health benefits: regulation of the immune system, detoxification, reduction in fluid build-up, exfoliation, and stress relief. These benefits are achieved in a spa services that incorporate lymphatic drainage, exfoliation treatments, acupressure, and aromatherapy.

The estheticians and spa/massage therapists at GAIA Spa provide holistic, organic treatments using pure botanical products with an emphasis on whole body wellness.

Dr. Sunstein moves his La Jolla office

During my 13 years of college I received my Bachelor of Science in Biology at SDSU, then I received my Doctor of Dental Surgery from UCLA, and Advanced Degree's in General and Esthetic dentistry. I did my residency in New York City at Columbia University for Orthodontics and Dentofacial Orthopedics. I came back to join my family and live my dream practicing Orthodontics in La Jolla after my residency.

I have been practicing Orthodontics and Dentofacial Orthopedics here in La Jolla in my second decade of making smiles. We just recently moved from our Herschel address to 7575 Eads Ave., where our new state of the art facility has been built in the Montrachet building one block north of Pearl. There is easy access and plenty of parking.

I love making beautiful smiles every day, I truly enjoy what I do! If you would like to come by and see for yourself or for a free consultation you can meet my wonderful staff and myself. Some of whom have been with me since I started here in the "Jewel by the Sea." We are one big happy family. We look forward to making many more beautiful smiles in the years to come!



Romance Package:

Enjoy 90 minutes of spa bliss in February!

Private sauna, skin smoothing scrub and massage with oils infused with romance herbs. Finished with Love Choc from Gnosis Chocolates! \$165 per person

Health Benefits:

The major health benefits of regular facials and massage are regulation of the immune system, detoxification, reduction in fluid build-up, exfoliation, and stress relief. These benefits are achieved in a spa therapy that incorporates lymphatic drainage, exfoliation, acupressure, and aroma therapy. Organic dark chocolate's health benefits are from flavonoids, which act as antioxidants. Antioxidants protect the body from aging caused by free radicals. Flavonoids also help relax blood pressure through the production of nitric oxide, and balance certain hormones in the body....sweet ways to take care of you and your Valentine!



Open Daily Validated Parking

1299 Prospect Street, La Jolla, CA 92037 858.456.8797 • www.gaiadayspa.com



We are committed to offering our patients the best possible treatment.



Robert A. Sunstein, D.D.S.

Specialist in Orthodontics and Dentofacial Orthopedics

Diplomate of the American Board of Orthodontics



Ask about invisalign™



7575 Eads Ave Ste 101, La Jolla, CA 92037
(858) 459-3353
www.lajollaorthodontist.com

Joy turns on a dime in 'Love Song'

By CHARLENE BALDRIDGE | VILLAGE NEWS

Four beloved San Diego actors create endearing characters in John Kolvenbach's delightful comedy, "Love Song." The whimsical work is made appealing by its poetry and the fact that a darker, chaotic world exists, a world revealed only in the characters' behavior.

The quirky Beane (Frances Gercke) has isolated himself in a stark apartment that contains all he needs — a cup, a spoon and a change of clothes. Falling in love liberates him, and his appetite for other things increases, things like forks and food and odors. At the same time, Beane's sudden joie de vivre reignites passion in his workaholic sister Joan (Jessa Watson) and her lackluster, apparently wealthy husband Harry (Daren

The cause of Beane's awakening is Molly (Jessica John), whom designer Bonnie L. Durben and

Beane catches robbing his apart- lighting designer Ashley Johnment. John is utterly captivating as this gamin young woman, who is understandably put out that her labors have resulted in such meager loot. Beane offers his wallet, she declines, says "Hands up!" and steals him instead.

A master at character making, Gercke captures Beane's inner turmoil, hidden under his sleepless inertia. After meeting Molly he becomes manic, yes, but truly alive, perhaps for the first time in a recluse life.

Kolvenbach, who says he never sets out to write comedy, is a master of comic dialogue, allowing his characters to move seamlessly from real human problems into their newfound ability to play. The cause of everyone's awakening is Molly's light, metaphorically evoked in Beane's malfunctioning lamp (fine details provided by properties

stone). The contrast between Beane and Joan's lifestyles is manifest in Nick Fouch's fabulous scenic design. Love songs are provided by sound designer Jeremy Siebert and fetching costumes by John. Sean Murray directs, stepping in for previously announced Esther Emery, who reportedly withdrew for personal reasons.

The audience departed the evening performance Jan. 25 laughing and chattering, their mouths spilling such words as "wonderful." We all need a lift just now, and "Love Song" is the thing. One thinks of countless friends whom the show might lighten. This funny, delicate work contains a profound message about our lives, our things, our loving. Ultimately it's

about healing, joy and compassion. "Love Song" plays at 7:30 p.m. Wednesdays, 8 p.m. Thursdays through Saturdays and 2 and 7



Frances Gercke and Jessica John in Cygnet's "Love Song," through Feb. 22 at 6663 El Cajon Blvd.

6663 El Cajon Blvd. #N, San Diego. (619) 337-1525. ■

p.m. Sundays through Feb. 22 at For tickets and information, visit Cygnet Theatre Rolando Stage, www.cygnettheatre.com or call

La Jolla Presbyterian Church Concert Series presents Hong Lin, Pianist & Charles Neidich, Clarinetist Sunday, February 15, 2009 at 7 PM 7715 Draper Avenue, La Jolla \$10/person suggested donation Child care is available Call 858-729-5520 Free parking in underground garage accessed by Kline Street

the Wizard of Oz

 For tickets and info Bring this ad in call 619-588-0206 and receive a or 1-800-696-1929 FREE Soda! or visit cyt.org

ebruary 20, 27 and 28 @ 7pm

February 21, 22 and 28 @

All performances at: Pacific Beach Middle School 4676 Ingraham Street San Diego, CA 92109

The ties that bind musicians

BY CHARLENE BALDRIDGE | VILLAGE NEWS

San Diego musical organizations share many things, including great artists, as evidenced Sunday, Jan. 18 at Copley Symphony Hall when San Diego Symphony brought its mini Beethoven festival to a close. Pianist Anne-Marie McDermott, longtime favorite of Mainly Mozart artistic director David Atherton, played Ludwig van Beethoven's Piano Concerto for Orchestra and Piano in C Major, No. 1, Op. 15, under the baton of Symphony music director Jahja Ling.

For McDermott, who keeps getting mellower like a fine wine, the concert also concluded a series of four, one at Qualcomm Hall.

The relationship of symphony players and conductor to pianist was so complete that at times the orchestra seemed to emanate from the piano and vice versa. McDermott played Beethoven's humongous first movement cadenza brilliantly, then brought an ethereal quality to the Largo and great joyousness to the Rondo, Allegro scherzando.

Whoever rearranged the printed program did so with a stroke of genius. Symphony No. 4 in B-flat Major would have been anti-climatic had it followed the concerto. As it was, the program concluded with the "Leonore" Overture No. 3:



Cellist Julie Albers will perform Feb. 13-14 as part of the Mainly Mozart Spotlight Series.

many left rudely prior to its playing. God forbid the concert should last longer than the two hours stated in the program. Unfortunately the afternoon was also marred by strong perfume, annoying electronic devices, whistling hearing aids, a not-removed baseball cap and a close neighbor who snored loudly throughout the Largo; but as Atherton once said, that's what Largos are for. Is it rude to poke the perpetrator in the ribs when he's not your husband?

The orchestra took up residence in the pit at San Diego Opera for five Civic Theatre performances of "Tosca," then returns to Copley Symphony Hall Feb. 27 to March 1 (619) 239-0100. ■

for Jacobs' Masterwork series performances of Johannes Brahms' Piano Concerto No. 2 with Yefim Bronfman. Also programmed is Mendelssohn's "The Hebrides (Fingal's Cave) and Dvorak's Serenade for Strings in E Major. For tickets and info. call (619) 235-0804 or visit www.sandiegosymphny.com.

David Shifrin, clarinet, and Pei-Yao Wang, piano, kicked off Mainly Mozart's 2009 Spotlight Series Jan. 16-17 at the Neurosciences Institute. Audiences were reminded of Shifrin's genius, his gift of gab, his impeccable phrasing and the incredible sweetness of his tone. Also a Lincoln Center artist, Pei-Yao Wang was an able collaborator in all styles represented by Wolfgang Amadeus Mozart, Brahms, Claude Debussy, Gioacchino Rossini and especially in the work by Francis Poulenc, whose Sonata for Clarinet and Piano was smooth and languid with fine threads of tone and characteristic, fun intervals for which the composer is known. It was a marvelous evening of music.

Feb. 13 and 14, the Mainly Mozart Spotlight Series features James Ehnes, violin; Cynthia Phelps, viola; and Julie Albers, cello in performance of Franz Schubert, Ernst Von Dohnanyi and Mozart. For tickets and information, visit www.mainlymozart.org or call

YAT brings 'HSM 2' to MCA's Sherwood

By ALYSSA RAMOS | VILLAGE NEWS

Young Actor's Theatre (YAT) pre-2" (HSM 2) on stage Feb. 20 through March 1 at the Museum of Contemporary Art's Sherwood Auditorium, 700 Prospect St.

new that this is the San Diego premiere of it," YAT administrative director Mishon Wallace said.

Disney caught its target market's attention with the first "High School Musical" using a classic Shakespearean "Romeo and Juliet"inspired plot that quickly spread into a trend that included T-shirts and other marketing parapherna-

lia. Soon Disney produced "HSM 2" and recently "HSM 3."

YAT successfully produced the sents "Disney's High School Musical first HSM, according to YAT founder and executive director Jean Isaac.

"The crowds were huge," Isaac said. "We had sold-out perfor-'High School Musical 2' is so mances once the word got out."

YAT recently built the group's own theater in Spring Valley.

"The Spring Valley theater has so much of a smaller venue in comparison [to Sherwod]," Isaac said.

Wallace said many "HSM" cast members returned to the YAT company for "HSM 2," including the characters Troy and Gabriella.

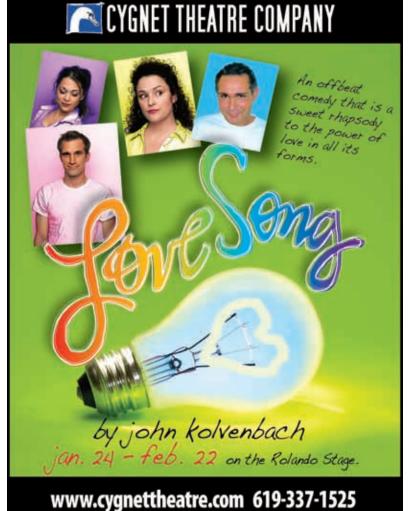
"HSM" lovers won't be bored,

according to Isaac, who said the "HSM 2" play version "flows better" than the movie.

"The stage play gels. All the pieces come together very well," Isaac said, adding that many songs remain in the stage version. "Disney does it right when it comes to the music."

YAT will perform "HSM 2" Feb. 20, 21 and 27 at 7 p.m.; Feb. 21, 22 and March 1 at 2 p.m., and Feb. 28 at 11 a.m. Tickets are \$18 for adults and \$15 for students and seniors; YAT offers discounted group rates.

For more information, visit www.yatsandiego.org or call (619) 670-1627. ■



LJCD surf team making waves

By DAVE THOMAS | VILLAGE NEWS

The La Jolla Country Day (LJCD) School surf and bodyboarding team has been rising to the top this season, turning in some great performances in the waves.

A recent competition not only produced a strong team effort but a great individual effort from La Jolla resident and LJCD freshman Stefan Raghavan, who won first place in the bodyboard competition on his birthday.

feated Clairemont at La Jolla Shores recently in its third meet of the year, when Raghavan turned in his stellar performance.

Raghavan had been honing his El Rollo (a flip trick) and 360s for several months and finished second in the opening-day heat to advance to the next day's final round of individual competition. He finished third in his first heat Sunday behind a boarder who was doing drop-knee 360s (involving partially standing on the bodyboard), a trick Raghavan had barely practiced and never attempted in competition. In the next heat, in

619.472.2929

ITEX Members

I had never done a drop-knee 360 it and landed it

LJCD competed against unde- Raghavan threw in a drop-knee and finished second, placing him in the finals for the second time in three competitions. This accomplishment was made sweeter since

> south break, a break that trended left — not Raghavan's favorite. Not being denied, Raghavan executed a drop-knee 360 and amazed all onlookers by landing three El Rollos on a single left-breaking wave

Raghavan's teammates also played key roles in leading LJCD to great showings over the two days of competition, as Christoph addition to his usual maneuvers, von Reuxleben and Nick Augustine,

surfing long lefts, earned second and third in their heats, followed by 360 maneuvers from Hunter Hartman, to earn first in his heat. (Heats feature six surfers for boys, four for girls.) Alternate Sam Brink showed up knowing he'd probably not surf and stepped up to earn third in the same heat, with Chris Fry and Warren Wood holding up fifth place in the heats to give LJCD a slim lead. While LJCD's young longboard, women's and bodyboard contingents kept things close, Clairemont won the day.

Six LJCD surfers advanced to individual competition the next day in Augustine, Hartman, von Reuxleben, Brink, Tara Roudi and Raghavan.

According to Raghavan, the second day of competition (his birthday) offered waves that were a complete mess.

"I was focusing on the 360 and El Rollo combos," Raghavan said. "In the finals I had a perfect wave and went left, and I got pretty motivated and saw that the wave didn't break and went for a second El Rollo, and then it still didn't break so I went for it again. I thought it was pretty cool that I did three El Rollos, but I didn't think I would win first place because I had been beaten, so I thought, based on the ranking in the heats, that the other guys might be better. And as for the drop knee, I saw that the judges gave the drop-knee specialist high marks, so I figured I would try it. I had never done a drop-knee 360 before until I tried it and landed it in the finals. I was happy and sort of amazed that I did it, even more than doing the three El Rol-

Surfing is not exactly something that Raghavan has grown up on, having started bodyboarding, going to the beach and practicing just this past summer.

"I got into it because I have a friend who is older than me, a junior from Cathedral Catholic, Chris Langford, who has bodyboarded his whole life, and I started with him and got excited about it," Raghavan remarked. "I got obsessed with it. My friend showed me a lot. But he is really a dropknee specialist and he doesn't do other tricks. Then I started watching videos on Youtube of professionals, and that really inspired me to do more tricks. If there is swell, I bodyboard almost every weekend and go to surf practice with Country Day Tuesday and Thursday."

Raghavan noted that in practice he keeps trying to learn new tricks and attempts them out in the

LJCD surf and bodyboarding team member Stefan Raghavan (above, left) and coach Chris Sexton celebrate Stefan's recent first-place award in the bodyboard competition (Stefan in action, below).

keep doing well in the competitions," Raghavan added. "I would like to get a sponsor at some point."

Raghavan is just one of a talented number of surfers on the LJDC team that is coached by Chris Sex-

According to Sexton, the team has evolved a lot in recent years and until this year was really carried by the leadership of one remarkable shortboarder, Justin Pierson, who graduated last year and now attends Chapman University. He finished last year's season as the number one shortboarder in ISF Division 3 and 4.

"It is amazing to me that this year we have a ninth-grader, Stefan Raghavan, ranked number one in bodyboarding, continuing a legacy of sorts. Of course, we still have two competitions yet to go," Sexton

Sexton noted that in past years, the surf team was really quite recreational in nature. Even last year, although Pierson was very competitive, as a team the Torrevs never saw themselves as particularly competitive, and in fact the team hadn't won any meets in some years.

'This year we saw leadership and excitement from returning students, enthusiasm among freshmen and courage from some "That is my goal, and I'd like to female surfers just starting out in

the sport but willing to put themselves into competition," Sexton said. "We've got 17 students on the team, including four girls, one of whom, Cristina Planas, is an international student from Spain; another, Tara Roudi, who just started surfing this year and finished first in her first competitive shortboard heat.

"One of our male shortboarders, Hunter Hartman, is starting to throw 360-degree maneuvers in competition and is ranked seventh in Division 3 and 4. We've got some great team leaders in seniors Chistoph von Reuxleben and Ben Cohn, and we also have impressive parent involvement and support, which has led to a planned surf trip over spring break.

Sexton added that all the students made a serious commitment to practices and competitions this year, and as a result the team has done well, winning at the Army-Navy Beach meet in November and posting a respectable score at the January La Jolla Shores meet against a truly competitive team, Clairemont, which has the top shortboarder in Division 3 and 4.

Sexton said that as a coach, it is great to see students pursuing an athletic, artistic and playful activity that they really love doing.

SEE WAVES, Page 15

before until I tried in the finals. STEFAN RAGHAVAN

LJCD SURF TEAM

it also was his birthday. The finals heat was held at the

to capture first place.

Buy 1 adult ticket (cash or credit

card) and get 2nd ticket

Nature Cruise $_{\text{the}}^{\text{to}}$ Los Coronado Islands

This exciting narrated nature cruise, aboard the

comfortable 105' U.S.C.G. inspected vessel, will give you an

up close personal view of Coronado Islands and all the sea

life. You could see whales, dolphins, elephant seals, sea

lions, many varieties of sea birds & much, much more!

Pete Knows La Jolla REAL ESTATE 858-456-SELL MIDDLETON PASSOCIATES Free Recorded Message-24 hours a Day • 1-800-708-2602 • Enter Extension Number

Trips depart Thursday through Sunday and holidays at 10:15 a.m.

Approximately 5 1/2 to 6 hour excursions.

SAN DIEGO HARBOR EXCURSION

1050 N. Harbor Dr. (Foot of Broadway), San Diego

(619) 234-4111 • www.sdhe.com



SAN DIEGO, CA

Spacious end unit townhome with awesome floor plan. Custom paint throughout, granite countertops and stainless appliances in the kitchen, two huge balconies, fireplaces in the master and living room, and a twocar attached garage. This is a fabulous home in Pacific Beach. Walking distance to restaurants and shops. List price: \$499.995

EXT 4408

SAN DIEGO, CA downtown and Sea World fireworks! Great opportunity to live right on the bay. This fantastic Crown Point condo is in a secure complex with a light, bright and spacious floor plan. Don't miss out on this wonderful opportunity. This complex has great amenities and this unit has scraped ceilings and custom paint. Great

Amazing panoramic views of the bay, building in quiet Crown Point. List price: \$449,995—\$469,995

EXT 4108



848 Prospect St. #A • La Jolla, CA 92037 (858) 456-SELL (7355) • www.Middletonandassociates.com

Torreys boot Horizon, gain 14th win

By DAVE THOMAS | VILLAGE NEWS

The La Jolla Country Day (LJCD) School boys soccer team captured its 14th win last Friday in a 3-2 victory over Horizon, moving the Torreys a step closer in their pursuit of first-place Bishop's School in the Coastal South League.

LJCD (14-3-2) seemed snake-bitten early on, hitting the crossbar on three occasions, and had numerous other close misses, but Kees Thompson (two goals) was able to score on a header off a cross by Alex Fleischhacker, while

Zach Wolfenzon put in a rebound after a strong shot by Colin Young.

With numerous starters out of the game, LJCD did give up two late goals but was able to hold on for the win.

"A lot of credit should go to goalkeeper Michael Bailey, who started in spite of a nagging elbow injury and held the Panthers scoreless before leaving the game early in the second half," LJCD head coach Jerry Fleischhacker said. "Philip Povhonen held his own in spite of playing in a cast after suffering an arm injury in the previous game."

LJCD (3-1-1) trails Bishop's (3-0-2) by one point in a closely contested Coastal South. The two will meet this Friday, Feb. 13 at LJCD at 3:30 p.m.

In Western League action last week, both La Jolla High and University City were shut out by opponents. La Jolla dropped a 1-0 decision to Mission Bay, while UC fell to Cathedral Catholic 4-0.

- Editor's note: The Bishop's School did not respond prior to press time for an update on its team.

Watney sinks Buick Open title



John Rollins (left) reacts after sinking a birdie on 13 during the Feb. 8 championship round of the Buick Invitational at Torrey Pines Golf Course. Rollins finished second at 10-under. Hometown fave Phil Mickelson, seen above attempting to hit out of the bunker, did not fare well this year and shot his highest Buick score ever.

With Tiger Woods missing, and local favorite Phil Mickelson struggling to capture the title (tied for 42nd place), a new face emerged for local golf fans at last week's Buick Invitational at Torrey Pines.

Nick Watney broke Woods' streak of four straight Buick titles, rallying from three shots behind with five holes to play to capture the title by one shot.

Watney's two birdies on the last three holes allowed the Californian to finish with a 4-under 68 to complete a five-shot comeback.

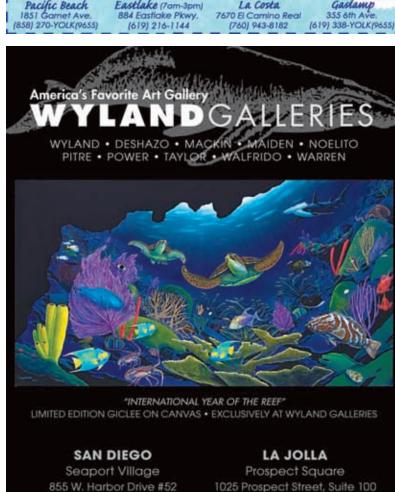
John Rollins placed second in the tourney, with Lucas Glover and Camilo Villegas ending tied for

Watney won \$954,000 for his efforts in the four-day event.

- Dave Thomas 🖹







For more information 1.800.wyland.0 • www.wylandgalleries.com

(858.459.8229)

(619.544.9995)

Sardo set to surface with USC

By DAVE THOMAS | VILLAGE NEWS

Successful teams and developing talent for the next level have gone hand in hand for The Bishop's School girls water polo program over the years. Never backing down from a challenge is also important when going after your goals.

In keeping with that tradition, senior Dominique Sardo has signed a letter of intent after receiving a water polo scholarship to continue her academic and athletic career at the University of Southern California (USC) later. Sardo expects to be an attacker/driver with the Lady Trojans when she suits up next season.

For now, though, Sardo is busy trying to help Bishop's garner yet another CIF title.

In two games last week (wins over Cathedral Catholic, La Jolla), Sardo tallied nine goals as Bishop's won the Western League title with a 7-1 record. Bishop's sports a 23-5 overall record heading into CIFs later this month.

"The reason why I chose USC was because they have a great water polo program, and great academics," Sardo remarked. "Also, USC is close to home and is a beautiful campus; it just felt like home to me."

For Sardo, who has not chosen a major at USC, these last four years have been a whirlwind of fun and successful times.

"The playing days at Bishop's have gone by so fast; I remember my first day of practice my freshman year, and now I'm a senior and the team's captain," Sardo continued. "The highlights of my practices are always something exciting, TYR Cup, Disneyland, the team bonding, but most of all that last night of the past three sea-



Bishop's senior Dominique Sardo, with coach Doug Peabody, signs a letter of intent to play water polo for USC.

That last night of the season has resulted in the CIF Finals for the Lady Knights.

Sardo will not go off to USC unprepared, having perfected her water polo game and, more important, been exposed to some outstanding academics that Bishop's School provides all of its students.

"Bishop's academics are very challenging and they have prepared me for college," Sardo remarked. "Bishop's also taught me time management, which I think is a key to succeeding at college. Bishop's water polo has taught me to never back down, to always keep trying no matter what happens. Bishop's water polo has made me the player I am today."

According to Bishop's head girls water polo coach Doug Peabody, Bishop's playing days are: The Sardo has been an instrumental part of the program's success these last few years.

"Dominique has had a tremendous impact on the program,"

Peabody commented. "She is only one of five girls in the history of the 12-year program who came in as a freshman starter. Right away she added speed, intensity, explosiveness and a never-back-down attitude. Her first year she scored in the CIF championship game, helping us win the title, and repeated the same thing the next year. Since she has been in the program, she has amassed over 350 goals and 400 steals."

Peabody noted that as a senior captain, Sardo is looked upon to do the right thing, to lead by example and teach the other girls the never-back-down attitude.

"When I first saw Dominique play for my club team, I knew right away that she had the natural abilities to become what she has," Peabody added. "Nothing she has done or accomplished has really surprised me. She had an expectation of who she should become from the very beginning, as did I. We have never backed down from our goals and have accomplished many. I wish her the best of luck at USC and chasing her Olympic dream'

And what of those future stars who are likely to emerge from The Bishop's School pool?

According to Sardo, "The advice I could give to the younger Bishop's girls is to remember vou're a team — you can't win with just one person, the whole team has to be in it together. Also, always keep your head up and never back

Backing down is not an option when it comes to Dominique Sardo.

CONTINUED FROM Page 14

"I have no doubt that these students will carry this passion for surfing with them for the rest of their lives," Sexton commented. "I am so proud of the team this year. I hope we can win at least one more meet, and while I don't know that we are there yet, it would be an honor to compete in the championships this year or next year. ing the recent competition, Sexton More importantly, I want to see the energy and cohesion of this team continue.

Sexton has also been impressed with Raghavan's development as only a freshman, noting, "Stefan is a great student — he gets As in my Honors Geometry class — but it is nice to see him accomplishing things in bodyboarding, which he is so obviously passionate about."

At the awards ceremony follow-

and the team were there awaiting the results and couldn't have been happier.

"Stefan was there as they were announcing the medalists, and when they counted down to second and still hadn't said his name, I saw this surprise on his face, and we all cheered and screamed 'happy birthday,'" Sexton said. "It was incredible, an unforgettable 15th birthday for sure." ■

www.teamchodorow.com

A Billion Dollars in Lifetime Sales!



PHENOMENAL OCEAN VIEWS

Oceanfront unit with 180-degree views from all major rooms and two balconies. Features include media center, washer and dryer in unit, large dining area and 2-car secured parking. Bedrooms can be used as dual masters, or the 2nd master can be used as study/den. \$1,650,000



UNPARALLELED SPLENDOR

A rare offering—a new contemporary home with tremendous curb appeal, entirely fenced and gated with panoramic ocean views. The home is surrounded by open space. Floor-to-ceiling windows and retractable doors open the home to a sensational entertaining view deck overlooking the ocean. \$4,495,000



SENSATIONAL LA JOLLA HOME

Dramatic single level home offering 3BR/3.5BA, two studies, a media room plus a spacious deck with 180-degree view toward the ocean, bay and night lights. Special features include Turkish limestone flooring, custom limestone based plaster surfaces, two fireplaces and dumbwaiter to deck! \$3,475,000



STUNNING VILLAGE CONDO

Outstanding value in the heart of the Village. Walk to shops, restaurants and the ocean from this bright and cheerful condo. Features a large kitchen, an open floorplan without hallways, a large balcony, and secure underground parking. This home will \$699,000 appeal to primary and second home owners.



INCREDIBLE VALUE

Fabulous Blackhorse — priced for immediate sale! Situated on the quiet side of Keeneland Row, this spacious 4BR unit is finely finished with crown mouldings, travertine, red oak hardwood flooring and built-in cabinetry. The master is fitted with a cozy fireplace and extended master closet. \$985,000



464 PROSPECT GEN

Sophisticated 1BR plus den in the 5-star concierge building known as 464 Prospect. Features include cherry flooring, private patio and exquisite detailing. Enjoy substantial property tax savings per year under Mills Act contract. Amenities include indoor lap pool, workout room and wine tasting room. \$1,395,000





Eric & Peggy Chodorow



858.456.6850



CONTEMPORARY ELEGANCE

This striking home is perfect for entertaining with spacious living areas and high ceilings, all dramatically accented with panoramic ocean views through two-story mullioned glass windows. The main level features a Bulthaup kitchen with Dacor appliances, a dramatic living and dining room, an office, and a master suite with fireplace, a private view deck and a remodeled bathroom. The lower level boasts a family room, a personal gym, two bedrooms, and a housekeeper's room with private entrance. Relax poolside and take in the spectacular sunsets or improve your skills on the private putting green.

\$3,995,000

CONTACT US EDITORIAL (858) 270-3103 x133 LJVN@SDNEWS.COM

CLASSIFIEDS (858) 270-3103 x139

> **ONLINE** WWW.SDNEWS.COM

AGE NEWS

▶ Business & Finance B3 | ▶ Cinema B4 | ▶ Lifestyles B6 | ▶ Classifieds B7 |

THURSDAY, FEBRUARY 12, 2009 Vol. 14, No. 15



HEARTS ACROSS THE GLOBE

Malik Virdarsson, 12, works on a valentine card for his grandparents in Iceland during a Feb. 9 Kids Valentine Making Party at Whole Foods Market, 8825 Villa La Jolla Drive. VILLAGE NEWS | PAUL HANSEN

Rugby gets ready to roll lucky USA Sevens

By RONAN GRAY | VILLAGE NEWS

Super Bowl Sunday has passed. The "world" championship of football has been decided for another year, and diehard fans across the nation are falling into despair.

It is the beginning of the long, bleak months of the off-season. Across the nation, as they somberly pack away their war paint, oversize foam appendages and plastic Viking helmets, many may well be contemplating what could have themselves to the boredom of spring and the long, hot days of summer before the return of foot-

For those fans lucky enough to live in San Diego, though, the outlook may not be so bleak — especially if they are willing to broaden their horizons just a bit. This week, a truly international "world" football event is coming to town. Rugby — the wellspring of the American game itself — will take over the heart of downtown San Diego for a weekend of nonstop action Feb. 14 and 15, when the USA Sevens rugby tour touches down at Petco Park.

The annual competition, the

Rugby is the most team-oriented sport I have ever played

> **MANDY WILSON** SAN DIEGO SURFERS

been. Most have already resigned largest international rugby tournament in North America, is in its sixth year and will be at Petco for the fourth year in a row. It will feature 16 nations competing in 44 games over the course of the twoday event. A fan zone inside the venue will feature music, fun and, of course, beer. This year's tournament will also feature a women's competition for the first time — the perfect Valentine's date.

At first glance, the two games seem vastly different. There are no pads or helmets on the rugby pitch and the game is essentially played nonstop, with the same players filling both offensive and defensive roles. Passing the ball forward is

SEE **RUGBY**, Page B·6

Matrimonial bliss en masse

Historic chapel plans wedding marathon

By JOSEPH GREENBERG | VILLAGE NEWS

A marathon of weddings and vow renewals, church bells and high-flying bridal bouquets will change the unlucky vibe of Friday the 13th, at least for a

For the second year running, the North Chapel at Liberty Station and KyXy radio station are teaming up to give away 30 free weddings or vow renewals during a ten-hour marathon of "I dos" from 9 a.m. to 7 p.m.

on Friday, Feb. 13. The radio station will also webcast the event live from www.kyxy.com.

One of those winners is a Point Loma resident named Lennie Austria, who was quite beside herself on her selection.

"When we got married it wasn't a big production: no flower girls or any of the other whole nine yards. I wore my mom's Sunday dress as my wedding gown," she said.

That was nearly 16 years ago for Lennie. This wedding marathon will allow her and her husband, Jay, to make good on a promise they made to each other to renew their

vows someday under better circumstances. That day has finally come.

All 30 winning couples were selected by KyXy radio staff based upon essays they had submitted to the radio station. Roughly 200 applicants participated this year, more than double from the year before.

The jam-packed day calls for a leader of special talent and endurance, and Rev. Gregory "Egg" Pratt is elated to be presiding over the matrimonials.

"It's going to be a long day, I know that ... and maybe after-

SEE BLISS, Page B-3

TIDE LINES

Underwater sound: a busy boiler factory

By JUDITH LEA GARFIELD I PART II

Marine mammals speak their own sophisticated language of clicks, squeaks and complex songs, but not many humans know that more primitive marine creatures create sounds as well. Over the years, studies have shown that the sea is inhabited by fish and invertebrate species sometimes so raucous that regions of the ocean sound like a busy boiler factory. Although waves, wind and tidal currents are responsible for a considerable amount of underwater commotion (called seastate noise), these sounds don't measure up to the racket produced by fish, shrimp, lobsters and others.

S i n c e ancient times, fishers have known that certain fish are able to produce sounds underwater. But not until

1942, the beginning of World War II, did modern scientists get an earful using underwater sound listening devices placed along U.S. coastlines to protect important harbors from enemy Hydrophones submarines. picked up noises at the entrance to Chesapeake Bay in Virginia that sounded like a chorus of frogs and crickets. The stunned

scientists concluded that the sounds originated from marine life activity. Following that incident, marine life noises have been recorded and analyzed on a worldwide basis, resulting in the stratospheric growth of scientific water-sound technology.

When I first started scuba diving, I didn't notice the natural cacophony over the rush of bubbles emanating from my regulator exhalations. At some point, I began holding my breath so as to listen more intently to the background clatter. When I further solidified my auditory observations by the quieter activity of skin diving, I finally realized that

SEE SOUND, Page B.5

York launches new spa partnership, show

By DIANA CAVAGNARO I VILLAGE NEWS

Model and businesswoman Dianne York launched a partnership with Dr. Gilbert Lee from Changes Plastic Surgery and Spa with a Jan. 16 cocktail party held at York's breathtaking La Jolla home, with a panoramic view of the Pacific Ocean

Dr. Lee is a well-known plastic surgeon and was voted "Top Doctor in Plastic Surgery in San Diego" by his plastic surgery peers in 2007 and 2008. In celebration of this launch, he has added features to his spa, including the FX laser, spray tanning, cellulite treatments, aesthetician services and a skin care line. York, a partner in this joint venture, is lending her expertise as a business consultant and offering her DYG make-up line at the spa.



Dianne York (right) and her team enjoy the Jan. 16 launch party for a joint spa venture with Dr. Gilbert Lee. PHOTO BY DIANA CAVAGNARO

A lingerie fashion show by G-Strand showing the company's Mia Brazilia line was one of the highlights of the evening. These sexy undergarments are sold in stores such as Neiman Marcus

and Nordstrom. The models first stepped onto the balcony in an exciting lingerie ensemble and then strutted down the staircase to the waiting audi-

SEE SPA, Page B-3

LA JOLLA DINING SCENE FINE DINING IN AND AROUND LA JOLLA Photo by: Rafael Rivera



858,454,8092

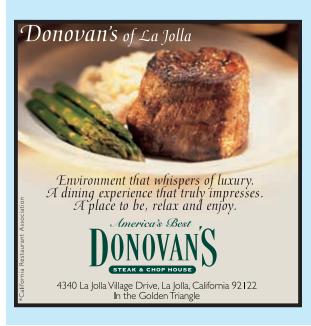
prospectbar.com

1025 Prospect St., Suite210

La Jolla CA, 92037







Prospect Bar & Lounge

Prospect Bar & Lounge has a 180" ocean view from its patio. With new booth style seating and a california cuisine menu, come enjoy a relax dining experience. Happy Hour MWTHF 2 for 1 drinks and appetizers, Saturday & Sunday drink specials all day. Come watch all the games in HDTV with an ocean view.

The La Jolla Brew House

A true locals favorite New updated menu ,great selection of in - house and local brewed beers nightly specials. Happy Hour Monday thru Friday 3pm to 7pm and 10pm to 2am Fridays & Saturdays .

Childrens Menu, Pet Friendly Patio, and Party Room with Pooltable. Catering Available!

Sundays 3pm to 9pm 12.95 ALL U CAN EAT RIBS 10 Pitchers www.lajollabrewhouse.com

Apollonia

A contender for the best Greek restaurant in Southern California, For 27 years, Apollonia (formerly Aesop's Tables) has been the destination of choice for La Jollans with an appetite for Greek delicacies. The restaurant has a handsome outdoor patio where shaded alfresco dining is delightful. Venture inside and you will find a charming ambiance in every dining room and in the beautiful lounge. The menu includes age-old favorites such as Dolmathakia and Moussaka, alongside some absolute surprises guaranteed to tantalize your adventurous curiosity. The menu offers many heart-healthy items prevalent in Greek cuisine and are suitable to those who follow a restricted diet yet like the joys of eating and the finer things of life. Apollonia's service is very friendly and as pleasant as the food. Opens daily from 11:00 AM to 9:00 PM (Sun-Thur) and to 10:00 PM (Fri & Sat).

Vigilucci's

A relative newcomer to La Jolla, Vigilucci's Seafood, Steak & Chop House has quickly become a local favorite. Italian-influenced seafood, prime steaks and pastas are complemented by an extensive wine list. Sunday Italian Dinners featuring live music.

Kitima Thai

One could describe Kitima as unique, extraordinary and superb, and still fall short of describing it properly. The menu features an impressive array of organic vegetarian, seafood, poultry and pork entrees. The desserts are homemade, including the wildly popular coconut ice cream. The service (led by Troy and his wife Kitima) is excellent, and guests immediately feel at home in the intimate and romantic atmosphere.

Mr. Taco

Happy Hour just got even Happier! Please join us Monday-Saturday, 4-9 p.m. for our new Happy Hour with \$1 TJ Tacos and \$2 Drinks. Authentic Mexican Food served since 1985. Catering is available for any special occasion! Located off of Prospect & Ivanhoe.

Donovan's of La Jolla

Nationally recognized as one of the great steakhouses in America, Donovan's of La Jolla has an intimate & relaxed private club atmosphere, enhanced by imported mahogany walls and extensive collection of fine art.

Thai Pan Cuisine

We are a new Thai restaurant in La Jolla having just opened on January 21, 2009. We are located on the southwest corner of the Vons Market complex on Girard and Pearl. The owners and kitchen staff are all native Thais who have many years of cooking and food preparation experience that is reflected in their tasty dishes. The menu offers an extensive selection to include great deals on lunch specials, vegetarian dishes, appetizers to include delectable handmade spring rolls, noodle dishes, curries and main course meals, all at affordable prices and generous portions. All dishes individually prepared with natural Thai ingredients, no MSG and no trans fats.

Open Tuesday to Sunday, Lunch 11:00 a.m.-3:00 p.m. and Dinner 3:00 p.m.-9:00 p.m. Closed Mondays





Limit one coupon per table.

Not valid with other offers. Expires 02-28-09.



- Exciting CuisineCasual Atmosphere
- Full BarOver 20 Wines

by the Glass

Heated Patio



Dining 858-455-1535 Costa Verde Center 8650 Genesee Ave. La Jolla, UTC



With a purchase of any combo or speciality of equal or lesser value plus a purchase of any beverage BUY 2 TACOS GET 1 FREE

7918 Ivanhoe Ave. • La Jolla • (858) 729-0501



DINNER SPECIAL ar

any purchase of \$25 or more
Not valid w/ other offers or discounts. Exp. 2/27/09

CONTINUED FROM Page B-1

wards I'll be changing my mind, but right now I am excited," Pratt said.

The reverend's energy was palpable, but just in case he needs to take a break during the wedding marathon, he will have associates there to spell him.

The reverend foresees the day going by quickly.

"Everybody brings a different story to the table, and no two are exactly the same," he said. "It will make for a lovely day."

The winners will receive a one-of-a-kind ceremony that will include a chaplain, decorative flowers placed throughout the restored chapel and the traditional wedding march played on the chapel's pipe organ by a professional organist. The couples will then be treated to a wedding reception thanks to donations from nearby restaurants like Panera Bread & Bakery, Sammy's Woodfired Pizza and

ence. These fine intimate fashions

The evening was the beginning

episode of a new reality TV show

that York and Lee are collaborat-

York and Lee around filming

what they do. Each week will be

a new story, and several episodes

will be shot in La Jolla. "Addicted

to Beauty" will air on the Oxygen Channel sometime this spring.

ed her guests looking stunning in

a powder-blue dress by John

Galiano. The party culminated

During the evening, York greet-

will also be sold at the spa.

CONTINUED FROM Page B-1

Solare Restaurant & Lounge.

The North Chapel can seat up to 300 friends and family members coming to support and take part in the joyous ceremonies.

The chapel's architecture is in the Spanish Colonial Revival style and was restored at a cost of \$1.35 million and reopened in 2007 by La Jolla-based C.W. Clark Inc. The 14 stained glass windows inside the chapel are nautically themed.

The two-story, nondenominational chapel was originally built in 1942 and used primarily by the San Diego Naval Training Center. The chapel was closed by the Navy in 1997, along with numerous other military buildings, and sat vacant until the restoration.

To take part in these "lucky in love" ceremonies, come to the North Chapel at Liberty Station Friday. The day starts at 9 a.m.

For more information, visit www.thenorthchapel.com. ■

> PHOTO COURTESY BAUMAN PHOTOGRAPHERS | VILLAGE NEWS





CALIFORNIA ART TIL 7595 Carroll Road, San Diego

(Miramar, near the big white pyramid) -Handcrafted and in stock!

-100s of patterns for stair-case risers -Bungalow & European designs -Largest selection of Mexican tile in the USA Phone: (858)-689-9596 Hours: M-F 9-5

www.CaArtTile.com not valid w/any other discounts-expires 2/20/09

It's Pet Dental Health Month!

Having trouble brushing your pet's teeth at home?

FREE TEETHBRUSHING NEW CUSTOMER DISCOUNT

(858) 560-5007

Full Service Mobile Pet Grooming - Extra Gentle Care

Must present coupon at time of service. Valid through 3/26/09 with paid 15 step grooming process for first time appointment only.

Visit us on the web at YourLocalAussiePetMobile.com/San-Diego

TAX CREDITS IN THE WORKS

THE U. S. Senate and the U. S. House of Representatives are moving legislation through which will give Real Estate buyers incentives like never before to buy now! The proposed tax credits are targeted to bolster the value of Real Estate throughout the nation. First time home buyers, get ready to buy! Call us so we can begin working with you as soon as possible to avail yourself of what may well be a once in a lifetime opportunity!

RENTALS

1. \$3,500*! RPM: We have a fully furnished 3BR La Jolla Shores home for lease now through May 31, 2009. Call for details



JOSEPH DEAN KLATT PHD

LIST WHERE THE REAL ESTATE ACTION IS AT

KLATT REALTY INC.

(858) 454-9672

1124 Wall St., La Jolla La e-mail: DrJosephKlatt@san.rr.com www.KlattRealtv.com

ing on. The name of the show is "Addicted to Beauty," and they are planning to film eight to 12 episodes. The entire cast and crew were there for the filming. York is working with a new team of assistants: Natasha Porlas, Gary Erwin, Ronnie Morgan and Shannyn Pareo. The producer handpicked them for the show. The cameras will be following

PHOTOS BY DIANA CAVAGNARO

Partners Dianne York and Dr. Gilbert Lee (above) launched their spa and TV show with a party showcasing G-Strand's Mia Brazilia lingerie (right).

with a celebration of her birthday. The crowd sang "Happy Birthday" to her as she was presented with a beautiful cake. The crew filmed every part of the



*Owner requires an acceptable credit check, security deposit, and Target marketing.



Don't pay for wasted distribution. With our newspapers,

PH 858.270.3103 • FX 858.713.0095 • www.sdnews.com • sales@sdnews.com La Jolla Village News Beach & Bay Press Peninsula Reacon

you know exactly who your readers are. SAN DIEGO COMMUNITY NEWSPAPER GROUP • 4645 CASS ST., SAN DIEGO, CA 92109

BUSINESS brief

UCSD Extension offers career workshops

As California's jobless rate continues to rise, the University of California, San Diego's Extension has decided to offer free career opportunity workshop and grants.

These career workshops are an opportunity to learn from our instructors about emerging career trends and employment opportunities in these challenging times, said Henry DeVries, director of communications for UCSD's extended studies and public programs. "Workshops are free to the



public and an excellent opportunity to network with peers."

California's jobless rate now has reached 8.2 percent. It continues to rise and now stands at the highest level since 1996.

'The healthcare industry is one of the largest and fastest-growing

3000+ pieces Quality Furniture

SLASHED 70% OFF this Fri, Sat, Sun, Mon 10-6 only!!

Pictures, Mirrors, Lamps, Hair Dryers & much more! ALL 70% OFF

Visit www.urbanhomeusa.com for actual pictures of sale items

WE PAY TOP SSS FOR USED FURNITURE! CALL 760-736-9982 IMMEDIATE CASH PAYMENT FOR ALL YOUR

FURNITURE & HOUSEHOLD ITEMS! CALL NOW! HOTEL FURNITURE LIQUIDATORS

1040 Los Vallecitos Blvd. #109

San Marcos • 760.736.9982

Ethan Allen Center/Next to Emser Tile Look for Yellow Banne

DEALERS WELCOME

DON'T MISS THIS HUGE EVENT!!

FREE

Sofa Sleeper

Drexel Venetian Desk

Drexel Bed Bench

Drexel T.V. Center

Queen Anne Coffee Table

Living Room Chair (2 colors).

Drexel Round Dining Table

Cal King Mattress Set - Firm

Cal King Mattress Set - Firm

FREE FURNITURE (with no o

\$600 Drexel Armoire Chest \$400 Hall Console \$99 Round Vanity Mirror ...

\$99 Wood Luggage Rack \$200 Pair of Curtains \$200 Pair Or Co..... \$50 Hair Dryer

industries in the United States, and the general consensus is that career prospects in health care jobs will continue to grow over the next decade and beyond," DeVries

For more information, visit www.extension.ucsd.edu. 🔳

IEW LISTING

Beautiful penthouse in the Village Great Village location, walk to the beach Renovated in 2000. Granite counters, travertine floors. Equipped with A/C, laundry and secure parking. \$799,000



Rare opportunity to purchase a studio in an oceanfront building on Coast Blvd! Unit is conveniently located on first floor. Your backyard is the ocean with beautiful tide pools and ever changing sunsets. Direct beach access through garage. Beautiful common area patio and barbeque area overlooking beach. All utilities included in HOA fees \$419,000



Rare opportunity to purchase a home across the street from the ocean at La Jolla Shores. Sun-filled home has lots of character. Ocean views and cool ocean breezes Walk to beach and La Jolla Shores Village. 4br/2ba. Offered at \$4,500,000



Mary McGonigle (858) 361-2556 or (858) 459-3504

CINEMA

The Financial Advisors Radio Series

Ask Aubrey



Aubrey Morrow CFP*

Certified Financial Planner Registered Investment Advisor Representative

On a recent radio show discussing estate planning, you mentioned there is a penalty for dying too wealthy. Please explain.

For more than eight years, congressional Republicans have pushed unsuccessfully for complete repeal of the Federal estate tax. While current law provides that the unified credit equivalent (the amount each person can transfer estate tax-free) is \$3.5 million in 2009 and is unlimited in 2010, in 2011 the credit returns to 2001 levels, or \$1 million. The estate tax rate for amounts over the credit, which is currently 45% (and effectively zero in 2010), also

reverts to 55% in 2011 (www.irs.gov). President Obama has proposed fixing the credit at \$3.5 million and the tax rate at 45%. Although any future legislation is speculative, it is widely expected that changes will occur in 2009 and that Congress won't allow the one-year unlimited credit in 2010 to happen. Therefore, we can and should expect estate tax law changes this year.

With various investments, retirement accounts, homes, rentals and life insurance all thrown into the pot, it all adds up. As indicated above, the estate tax can be brutal. In your estate planning, don't just consider your total wealth today – consider natural appreciation and inflation. If your estate is or may be subject to the death taxes, by doing nothing, you have elected to leave assets to Uncle Sam vs. your heirs. It's that simple. However, there are legal strategies and techniques which are available to provide you better choices. Consult your tax and legal professionals for details. As always, let us know if we can be of assistance in helping you plan for your financial future.

Please call with a question (858) 597-1980 or e-mail info@financialdesignsltd.com

Financial Designs, Ltd.

5075 Shoreham Place, Suite 200, San Diego, CA 92122 Join us each Sat. 8a.m.-10a.m. on news radio AM 600 KOGO



www.MoneyTalkRadio.com

This paid advertorial represents questions Aubrey receives each Saturday morning on the radio. Securities through Independent Financial Group, LLC (IFG). Member FINRA/SIPC. Advice through Financial Designs, Ltd. (FDL). IFG and FDL are not affiliated.

6 pm to midnight

gaslamp.org

619.233.5227

Check out our great partners:

Crop of eclectic films sparks early '09

By JAMES COLT HARRISON | VILLAGE NEWS

It's always fun to get a little heads-up on the new films coming to our theater screens in the next few months. In random order, they are:

- "Nine" is the highly anticipated screen version of the Broadway smash. Returning to the screen after a long absence is the gorgeous Sophia Loren, now a legendary beauty and Italian icon. The life of film director Guido Contini shows how he tries to balance all the women in his life of glamour. Nicole Kidman is the major star with help from Kate Hudson, the marvelous Judi Dench, Daniel Day-Lewis, Penelope Cruz and Oscar winner Marion Cotillard ("Edith Piaf"). Directed by Rob Marshall. The Weinstein Company.
- "Little Ashes" stars new sensation Robert Pattinson as bizarre Spanish artist Salvador Dali. After creating a worldwide furor in his first "Twilight" film, Pattinson wants to show off his acting chops by immersing himself in Dali's young life and loves. Regent Releasing.
- "17 Again" stars "High School Musical" sensation Zac Efron, but this time he is not in a musical. He plays a former high school basketball star given a second chance at life as he miraculously reverts back to being a 17-year-old. Matthew Perry and lovely Leslie Mann go along for the ride. New Line Cinema.

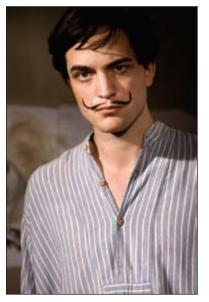


PHOTO COURTESY REGENT RELEASING

Robert Pattinson goes from vampire ("Twilight") to Spanish surrealist Salvador Dali in "Little Ashes."

- "My Life in Ruins" stars the very funny Nia Vardalos, who made such a sensation with her film "My Big Fat Greek Wedding." Staying close to her roots, Nia stars as tour guide who leads some discount tourists around Greece. Oscar winner Richard Dreyfuss adds to the fun. Fox Searchlight.
- "American Violet" is based on true events. A single African-American mother of four is inadvertently swept up in a drug raid. She chooses to take on the justice system to prove her innocence. Alfre Woodard and Charles Dutton star.

- "Case 39" is a scary horror film. Rene Zellweger plays a social worker whose effort to save a little girl turns into a nightmare. Ian McShane of TV's "Deadwood" western series costars with Bradley Cooper. *Paramount Pictures*.
- "Shanghai" is one of those wonderfully atmospheric films set in China during World War II. There are lots of old cars and funny fashions. The Japanese have occupied the city, but John Cusack arrives anyway to investigate the mysterious death of his father. Lovely Chinese star Gong Li provides the sex and romance. The Weinstein Company.
- "The Soloist" presents the story of a journalist who discovers a former classical music genius playing a violin on the streets of skid row in Los Angeles. Robert Downey Jr. and Jamie Foxx are the stars, and Joe Wright directed for *Dream-Works/Paramount Pictures*.
- "Phoebe in Wonderland" is a twist on the old children's classic. Elle Fanning (Dakota's sister) plays the lead in the school stage production of Lewis Carroll's "Alice in Wonderland." Being a method actress, it's all real to her, and she retreats to the fantasy world. "Desperate Housewives" star Felicity Huffman, Patricia Clarkson, Bill Pullman and Campbell Scott add to the fun. ThinkFilm.

SEE **CROP**, Page B-6



DISCOVERSD ||
Hilton (1) San Diego

yelp

got real estate?

The La Jolla Village News can help market all of your real estate listings with a full marketing plan:

- We can also design & build your ad at no additional cost.
- FREE open house listings
- FREE business listings on our website: www.sdnews.com
- FREE featured properties*
- Classified ads published online and in ALL papers
- FREE online classified ads included with purchase of a print ad.

*upon space availability



To Advertise, Call Heather Snyder heather@sdnews.com 858.270.3103 x115

VILLAGE NEWS





The spiny lobster (above) uses its antennae like a violin bow across the instrument's strings, but the sound is more creakydoorlike than symphony quality. The territorial garibaldi (below) emits thumping noises to ward off interlopers and clicking noises to attract a mate. © 2009 JUDITH LEA GARFIELD

CONTINUED FROM Page B-1

underwater sounds did not require high-frequency equipment. I alone could bear witness to the concerto. During the day, unseen snapping shrimp hide their tiny selves in the reef so, although I do not see them, I do hear their steady crackling. The feisty orange garibaldi damselfish sound is easy to discern. If I get too close to this sonic fish, particularly during its nesting season, it will warn me away with its unmistakable thumping noises. I oblige immediately. On a skin dive one evening, I dove down thinking all would be still, but the underwater world never sleeps. Creaky doors kept opening and closing. Actually, it was the unsettling sound made by spiny lobsters.

How do creatures without vocal cords make such diverse and intriguing sounds? For some members of the arthropod family, the snapping shrimp, one claw is freakishly enlarged and can produce a very loud popping sound. A collapsing bubble outside the claw causes its characteristic clack. It clamps its claw so fast that a water jet gushing from the claw first loses and then gains pressure, causing an air bubble in the jet to swell and collapse with a pronounced "snap!" The imploding bubble generates shock waves that stun nearby prey and ward off other shrimp. Thousands of claws popping simultaneously produces a din reminiscent of a microphone picking up sounds of food being fried in a huge vat of hot oil.

A garibaldi produces a low-frequency thumping by grinding its teeth, which are located in the gill

throat region. The sound is amplified by the swim bladder, an expandable, gas-filled that helps fish maintain buoyancy. A clawless

spiny lobster produces a rasping sound using its antennae. The sound created is not unlike the way a violin makes sound. To generate sound vibrations from a violin, the bow "sticks and slips" over the strings due to friction. When a spiny lobster moves its antennae a certain way, a piece of soft tissue rubs against a smooth, stiff file near its eye and produces sound.

Making sounds is no random act. There's a lot of listening happening, too, though you won't find an identifiable outer ear anywhere on an invertebrate or a fish. Interestingly, fish inner ears are similar to those of other vertebrates, including mammals. Ocean animals use their hearing to detect predators, find prey and communicate to potential mates. One loud, manmade sound in the ocean emanates from seismic air guns, devices used to search for oil deposits.

To examine what damage may be done to fish hearing by humaninduced noises, researchers placed rockfish (snapper) in cages at varying distances from such a gun and exposed the fish to various decibels and repetitions. Later dissection showed hair cells in the fishes' ears were either ripped away or dying. Normally, sensory hair cells repair themselves when damaged, *jgarfield@ucsd.edu*. ■

but even months later the fishes' hearing showed little to no improvement. Of course, those fish were trapped, and wild fish could get away, right?

Further studies showed that some fish exposed to such debilitating sound displayed disoriented swimming behavior, meaning that many may be unable to swim away. Relatively recently, squid and octopi have been recorded to produce a faint popping noise as a defensive mechanism, yet more compelling reasons to break our oil addiction.

Sound is at least as important to marine animals as it is to land animals. Having this sense means being aware of events all around, no matter where attention is focused. Contrary to earlier thinking, the special qualities of the undersea world actually emphasize sound because sound travels much farther underwater than it does in air. And considering that much of the world's ocean is dark and murky, the value of vision is reduced or even altogether eliminated. Accordingly, sound offers marine critters more information potentially critical to their survival. To hear some of these sounds, visit http://www.dosits.org/gallery/intro. htm, and click on "dusky damselfish" to hear thumping, "snapping shrimp" to hear crackling, "spiny lobster" to hear creaking and "air gun" for manmade noise.

— Judith Lea Garfield, biologist and underwater photographer, has authored two natural history books about the underwater park off La Jolla Cove and La Jolla Shores. www.judith.garfield.org. Questions, comments or suggestions? Email



Toner Cartridge Recharging SAVE \$ while Helping the environment!

FREE DELIVERY!

100% Guarantee! **LOW PRICES!** 15 years experience!

(760) 233-9785 (888) 228-6637



brother.



LEXMARK Panasonic 4 6 1



DELL

Canon

RIGORI IBM.

MINOLTA XEROX.





Everything You Should Know about Total Knee & Hip Replacement

Presented by Franz Kopp, M.D., Orthopedic Surgeon and Rusty Tassinari, M.P.T., A.T.C.

You will always have more pain after surgery **MYTH**

FACT LEARN You will have less pain and improve your quality of life

New information about surgery and rehab • Learn new information on surgical techniques

· Learn which exercises are best to prepare for surgery

• Learn what to expect after surgery

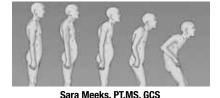
Everyone receives a FREE Consultation at Tassinari Physical Therapy Date: Thursday, January 26nd at 4:00 - 6:00pm *NEW TIME* St. Brigid Parish Hall, 4735 Cass Street, P.B.

FREE Seminar R.S.V.P. (858) 581-6900 Sponsored by St. Brigid Health Ministry and Tassinari Physical Therapy



Reverse the Patterns of Postural Change

Walk Tall: A Comprehensive Osteoporosis Management & Postural Correction Program



Every Tuesday

11:00a.m.-12:00 p.m. La Jolla YMCA, 8355 Cliffridge Ave.

Every Thursday 9:30 a.m. - 10:30 a.m St. Bridgid Parish Hall, 4735 Cass St.

Presented by:

Tassanari Physical Therapy and St. Brigid Health Ministry

For information on this class, the Walk Tall Program, or a FREE consultation at Tassinari Physical Therapy



Call (858) 581-6900 or website: www.tasspt.com IT'S FOR EVERYBODY



Featured in: The Philadelphia Inquirer High quality, super sturdy prefab home. Measures 9' x 13'. Perfect office, gym, studio, bedroom,

baña, private area and more. No permits needed. Delivery and custom assembly available



860 LOS VALLECITOS BOULEVARD SAN MARCOS • 760-736-9982 (on Furniture Row next to Plummers) www.urbanhomeusa.com

LIFESTYLES



VILLAGE NEWS | RONAN GRAY

John Schleimer (right) catches up with Jacobus Breytenbach as teammate Carolyn Peterson looks on during a mixed game of touch rugby at Torrey Highlands Park in Del Mar. Players meet informally every Saturday at 11 a.m. for games.

RUGBY

CONTINUED FROM Page B-1

not allowed in rugby, and only the player carrying the ball may be tackled or blocked.

The Sevens tournament at Petco will feature a variant of the full 15player Rugby Union game, as the name suggests. Instead of 15 players, only seven per side play in this fast-paced version of the game.

Rugby itself has been played in the U.S. alongside the modern variant of the game for many years. It is most popular along the Eastern seaboard, but there are teams in many colleges across the nation, including here in San Diego at SDSU and UCSD.

Most amateur rugby players play a non-contact version of the game gaining popularity in San Diego. Pick-up "touch" rugby games can

parks and at the beach in Del Mar and South Mission Beach. There are several more formal, 15-player full-contact teams playing in the county too, including The San Diego Surfers, an all women's team based at Robb Field in Ocean Beach. Mandy Wilson, who plays with the Surfers, says it's a great way to stay fit.

Beyond that there is a great social aspect to the sport.

"Rugby is the most team-oriented sport I have ever played and is as much of a club as it is a sport," Wilson said. "There is an opportunity for any age, gender, ability and experience to play rugby. Teams are always looking for players, and it is a great way to meet people and become part of a team.'

Ruth Oram has been playing touch rugby for more than 10 years with the San Diego Tumeke Touch diego-invitational.aspx.

be found most weekends in area Club (www.TumekeTouch.com), an informal group of men and women who meet on Saturday mornings to play touch at local parks.

Touch is growing a lot [in San Diegol, mostly from the help of transplanted Aussies and Kiwis," Oram said after a game on a Saturday morning in Del Mar.

On Feb. 12 and 13, the San Diego Invitational Rugby Tournament, an ancillary event to the USA Sevens, will feature play by some of the county's and the nation's best 15player men's and women's teams at the Del Mar polo fields in North County. It will be a good place for interested locals to see the game, get a quick fix of full-contact sporting action and get more information about playing locally.

For more information, visit www.usasevens.com and www.usasevens.com/sandiego/san-



- "New York, I Love You" is a collaborative effort of several directors (Scarlett Johanssen. Shekhar Kapur, Brett Ratner, etc.) about tales of love and encounters that unfold between the Manhattan skyscrapers and parks. The splendid cast consists of stars Orlando Bloom, Natalie Portman, Shia La Beouf, Julie Christie, James Caan and Chris Cooper. Vivendi Entertainment.
- "Love 'N' Dancing" details the life of a bored English teacher who connects with a former West Coast swing dance champion. They pair up to win the world title and each other in the process. Amy Smart, Tom Malloy, Billy Zane and comics Caroline Rhea and Betty White star. Screen Media Films.
- "Jonas Brothers: The 3-D Concert Experience" is a musical every teen will want to see. The handsome trio of brothers is the hottest act in today's music world. There are excerpts from their "Burning Up" concert tour plus performances by singers Taylor Swift and Demi Lovato. Walt Disney Pictures.
- "Angels and Demons" continues Tom Hanks' Roman holiday as a Harvard religion expert. He discovers an ancient secret brotherhood that may have plans to blow up the Vatican. Ron Howard directed beautiful shots of Rome and its churches. Columbia Pictures.



PHOTO COURTESY IDP/SAMIJEL GOLDWYN FILMS Nicole Beharie stars in "American Violet," a film based on true events.

- "Pandorum" looks at two astronauts who are stranded on a spacecraft. When they awaken from hybersleep, they realize they are not alone. Dennis Quaid stars. Ben Foster, so good as the maniacal cowboy in "3:10 To Yuma," is along for the ride. Handsome newcomer Cam Giganet, whose name sounds like a gearbox on a wheat thresher, adds beauty and youth to the cast. Overture Films.
- "The Merry Gentlemen" is directed by Michael Keaton. He also stars as one of the characters in this show. A woman (Kelly Macdonald) finds a kindred spirit with a man she meets in Chicago after running away from her husband. Bobby Cannavale, so good in "The Station Agent," plays a hunk. Samuel Goldwyn Films. ■

Eat Drink & Be Merry!!



FRIDAY \$1 00 CHEESEBURGERS 4-7PM

FREE POOL SUNDAYS MONDAY \$600 **STEAKS TUES FRI & SAT**

NIGHTS KARAOKE BLOODY MARY'S \$275 DAILY 6AM-12PM

EVERYDAY 3pm-7pm **BEST PATIO VIEW**

\$200 HAPPY

IN POINT LOMA

\$100 TEST TUBE SHOOTERS

HOUR

ALL MONTH! 1403 Rosecrans • 223-2750 • In the Ramada Hotel FREE Golf at SAIL HO! Bar & Grill Visit Sailhogolf.com to find out how! 2960 Truxtun Road, San Diego, CA 92106 COLF CLUB 619-222-GOLF (4653)

Visit us online for more local dining information: WWW.SDNEWS.COM



classified SECTION VILLAGE NEWS The #1 Local Place to go for Autos, Homes, Services and More! Visit us online: www.sdnews.com VILLAGE NEWS Over 160,000 Readers o **Every Week!** BEACH/VBAy PRESS ♣BEACON Call 858-270-3103 • Place or view ads on-line at sdnews.com

HELP WANTED 250

AMATEUR FEMALE MODELS Amateur Female Models Wanted: \$700 and more per day. All expenses paid. Easy money. (619)

General Help Wanted

1000 ENVELOPES = \$10,000 guaranteed! Receive \$10 for every envelope stuffed with our sales material. Free 24 hour recorded information. 1-800-431-2875

OCEAN CORP Houston, TX. Train for NEW Career. *Underwater Welder. Commercial Diver. *NDT/ Weld Inspector. Job placement and financial aid for those who qualify. 800-321-0298.

POST OFFICE HIRING NATIONALLY!! Avg. pay \$20/hr, \$57K/yr including Federal benefits, OT. Optional fee based test prep materials. Not affiliated with the US Postal Service. 1-866-574-4775

SWIM INSTRUCTORS WANTED \$12-\$19/ hr. Call (858) 273-7946

TRAVEL~WORK~PARTY~PLAY~50 States National company now hiring 18+ sharp guys & gals to work & travel entire USA. 2wks paid training, transportaion & lodging furnished. Paid daily. Returns guaranteed Call Today, Start Today! 1-888-741-2190 MTV/Road Rules types please apply.

ITEMS FOR SALE 300

FAST FOOD DISCOUNT CARDS Fast Food Discount Cards that never expires. 24 Restaurants including Arbys, Wendys, Pizza Hut, Krispy Kreme and more. Cost \$20. R. T. 3115 WhiteHorse Road PMB 177, Greenville SC 29611. (864) 295-5551

Free Stuff

FREE SHEER COVER MAKEUP KIT You only pay 5.99 shipping email me naples pro1@yahoo.com

Garage/Yard Sales

ALL SORT OF WONDROUS GOODIES New Computer software, TVs and Video players and 100s of videos. Skis, underwater scooter, dive equipment, wet suits. exercise equipment, leather sofa, recliner, lots of new and used tools.. 9AM to 1PM. 3538A Ashford St. in Clairemont.619 454 4151. Saturday

Misc. For Sale

***FREE FORECLOSURE LISTNGS** Over 200.000 properties nationwide. Low down payment. Call now. 800-846-1841

BIG BEAR - FAMILY GET-AWAY Rent by day or week! Sleeps 4-14. Spa and Gameroom. Photos @ www.bluemoon ridgelodge.com or (619) 226-6671

MANGOSTEEN THE QUEEN OF FRUITS Feel better now and try risk free today: www. MyMangosteen.net

MEMORIAL POEM FOR PET custom poem for lost loved one.sample available.email: montereywordweaver@gmail.com \$40-\$60

OUTLET CENTER DOORS WINDOWS We have warehouse full of Doors, Windows, Flooring reduced Prices (858) 268-0679

RESALE & NEW women's clothes, accessories, shoes, jewelry, \$5 - 35, Designer BARGAINS, Tierrasanta. (619) 985-6700

Misc. For Trade

ATT READERS! FREE BOOKS! Trade your books for free at www.PaperBack

AUTOS FOR SALE 350

Autos

TOYOTA 2004, Rav 4, 38000 miles, loaded, great cond. 619 454 4151

HEALTH SERVICES 375

Health Care

IF A LOVED ONE UNDERWENT NT HEMODIALYSIS and received Heparin between September I, 2007 and August 31, 2008 and died after the use of Heparin, you may be entitled to compensation. Call Attorney Charles Johnson - 1-800-535-5727

PETS & PET SERVICES 400





Meet Dax, a petite 35-pound, energetic and playful 5-year-old Labrador mix. She's friendly, smart, and is looking for nn active family. She already knows "sit' and "shake"! You can meet Dax at the County Animal Shelter in Carlsbad. Or call 858-205-9974 for more information She is available for adoption through FOCAS. Her adoption fee is \$69, which includes her license, up-to-date vaccinations, microchip, and spay.

www.focas-sandiego.org or call 619.685.3536

CAT ADOPTION SERUICE

An All Volunteer Non Profit Corporation



Lucky was rescued off th streets of SE San Diego aban doned by a roadside. Lucky and nany other Rescued Cats and Kittens are looking for loving

rmanent homes. Come visit them at the La Jolla Petsmart located in La Jolla Village Square.

For more information please visit our website at www.catadoptionservice.org





BUTTERCUP!

She is 4 yrs old and a fun little girl! Spayed, Vaccinated, and microchipped... very loving and fun! Pretty darn cute foo! Good with other dogs and older kids. Likes to chase the cats- sorry kitties.

Please call SNAP foster at 760/815-0945

MISC. SERV. OFFERED 450

Ask the **Contractor's Board**

Hiring a contractor, whether a simple repair or major remodel, can be daunting. Armed with some basic information, California homeowners can avoid many common pitfalls of home improvement. If you



have questions or need information go to our website at www.cslb.ca.gov.

Services Offered

TILE! I DO ALL PHASES of tile from installation to repairs. I have experience with showers, walls and floors. Small jobs are ok. Grant 619-381-8505

I CAN HELP! Fortunate wife, mother, caregiver, counselor, mediator, teacher, author offers her varied extensive services. Safe, honest, trustworthy. 858-449-0831

Computer Repair/Support

A NEW COMPUTER NOW Brand Name laptops & desktops Bad or NO Credit - No Problem smallest weekly payments avail. Call 800-642-0932

DJ / Karaoke

WEDDING DJ Available to DJ ALL types of weddings and unity ceremonies. Make your next event the best ever with So Cal Sings Karaoke and DJ Pros. You complete musical entertainment source Providing quality entertainment for San Diego County since 1980. DJ Music videos and karaoke for all ages and tastes. Rentals also available and everything includes free set up and delivery Call today for information or a free quote (858) 232-5639

Financial

CREDIT UNION FINANCIAL. We welcome all types of credit. We say yes to high risk clients. No fee, no collateral. For all your financial needs, call our customer service www.creditunionfinancial.com

Gardening - Landscaping

R & V RUPERTO VASQUEZ Tree trimming, Gardening, Hauling, Fertilizing, Sod Lawn, Landscaping, Clean Up Trash, Sprinkler Installation, Concrete and Wood Fencing. Call (858) 518-0981

Handyman

CUSTOM HOME IMPROVEMENT Services Carpentry- Interior & Exterior, Fencing, wood or vinyl, termite & drywall repair, tile, doors, windows, painting, roofing. 20 Yrs Experience Local references. Hourly rates.

> PLEASE **HELP KEEP OUR BEACHES** CLEAN.

MISC. SERV. OFFERED 450

Handyman



No job too small!

- Carpentry
- Plumbing repairs
- Windows & Doors Installation

CALL FOR PROMPT FREE ESTIMATE

References Available 858/361-5166

BUSINESS OPTS. 550

Income Opportunities

ARE YOU SERIOUSLY LOOKING for a lucrative business you can start today? free 2 min msg: 800-613-9498

DISTRESS SALES! free list w/ pics allsdrlty 1-800-591-0980 www.affordableSDC.com

REAL ESTATE INDUSTRY PROS - Market recovery? Not very soon! Earn 6-figures while you wait. www.professionalcareerchange

WWW. SPORTSGIRLJEWELRY.COM FUND RAISERS FOR YOUTH SPORTS- VERY PROF-

LEGAL ADS 700

IMMIGRATION/IMMIGRATION BRING YOUR FAMILY TO THE UNITED STATES. ARE YOU BEING DEPORTED?? DO YOU WANT BOND?? RELIEF FROM REMOVAL?? CALL ATTORNEY D BROWN LOCATED IN DOWNTOWN CHAM-BERS BUILD. 110 C STREET SUITE 1300 SAN DIEGO, CALIF 92101 CALL NOW 832 279-

Lenal Ad

BANKRUPTCY ATTORNEY FREE CONSUL-TATION Stop creditor calls/ foreclosure. Erase debt forever. Erase 2nd mortgage. \$100 starts Attorney protection. www. SanDiegoBankruptcyNow.com 619-222-SHAY(7429)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2008-039025 THE NAME(S) OF BUSINESS:

NAZCORP

located at: 3612 FAIRLOMAS ROAD SAN DIEGO, CA. 91950 is hereby registered by the following owner(s): NELSON ANDRES ZEPEDA This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with Gregory J. Smith, County Clerk of San Diego County on: DEC 23, 2008 Issue Dates: JAN 22, 29 FEB 05 AND 12, 2009

> FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001467 THE NAME(S) OF BUSINESS: BI LIE CHIP HOSPITALITY GROUP

located at: 4140 BONILLO DR.#218 SAN DIEGO, CA.
92115 is hereby registered by the folllowing
owner(s): DAMIAN SCRIBNER This business is being
conducted by: AN INDIVIDUAL The transaction of
business began on: NOT YET STARTED The state-

LEGAL ADS 700

ment was filed with David L. Butler, County Clerk of San Diego County on: JAN 15, 2009 Issue Dates: JAN 22, 29 FEB 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001422 THE NAME(S) OF BUSINESS: TOKYO HOUSE

located at: 980 GARNET AVE. SAN DIEGO, CA. 92109 is hereby registered by the folllowing owner(s): J&K HERITAGE ENTERPRISE, INC. This business is being conducted by: A CORPORATION J&K HERITAGE ENTERPRISE, INC. 980 GARNET AVE. SAN DIEGO, CA 92109 CALIFORNIA The transaction of business began on: 01/01/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 15, 2009 Issue Dates: JAN 22, 29 FEB 05 AND

> FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001537

THE NAME(S) OF BUSINESS: TEC2 MARKETING located at: 1804 GARNET AVE. SUITE 111 SAN DIEGO, CA. 92109 is hereby registered by the following owner(s): LLR MARKETING, INC. This business is being conducted by: A CORPORATION LLR MARKETING 1804 GARNET AVE. SUITE 111 SAN DIEGO, CA. 92109 NEVADA The transaction of busi-ness began on: 12/10/08 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 16, 2009 Issue Dates: JAN 22, 29 FEB 05 AND 12, 2009

> FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001051 THE NAME(S) OF BUSINESS: VEĠÁN ZONE

located at: 859 HORNBLEND ST. SAN DIEGO, CA. 92109 is hereby registered by the folllowing owner(s): AROMATIC THAI GOURMAND, INC... This business is being conducted by: A CORPORATION AROMATIC THAI GOURMAND, INC. 859 HORNBLEND ST. SAN DIEGO, CA. 92109 CALIFORNIA The trans action of business began on: 01/13/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 13, 2009 Issue Dates: JAN 22 29 FEB 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-000792 THE NAME(S) OF BUSINESS:
PAVLETTA
located at: 342 ROSEMONT ST. LA JOLLA, CA.

92037 is hereby registered by the following owner(s): PAVLETTA ALEXANDER This business is being conducted by: AN INDIVIDUAL The transacbeing conducted by Nav Movindora. The anisaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 09, 2009 Issue Dates: JAN 29 FEB 05 12 AND 19, 2009

FICTITIOUS BUSINESS NAME STATEMENT THE NAME(S) OF BUSINESS: FITSPIN.COM

located at: 4741 JUMANO AVE. SAN DIEGO, CA.

92117 is hereby registered by the following owner(s): FITSPIN INC. This business is being con-ducted by: A CORPORATION FITSPIN INC. 3089-C SAN DIEGO CA. 92117 CALIFORNIA The transaction

LEGAL ADS 700

of business began on: 05/01/06 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 16, 2009 Issue Dates: JAN 29 FEB 05. 12 AND 19. 2009

> FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002174 THE NAME(S) OF BUSINESS:

GOOD MOOD FOOD located at: 6309 UNIVERSITY AVE. SAN DIEGO, CA 92115 is hereby registered by the following owner(s): ADAM MONKS This business is being con-ducted by: AN INDIVIDUAL. The transaction of busi-ness began on: 01/22/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 23, 2009 Issue Dates: JAN 29 FEB 05, 12 AND 19, 2009

> FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001698 THE NAME(S) OF BUSINESS: BLUEBERRY MUSIC

located at: 404 ENCINITAS BLVD. ENCINITAS, CA. 92024 is hereby registered by the folllowing owner(s): DAWN MITSCHELE This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 01/01/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 20, 2009 Issue Dates: JAN 29 FEB 05, 12 AND 19, 2009

> FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002072 THE NAME(S) OF BUSINESS

AEV MOBILE COMPUTER REPAIR
located at: 4776 LAMONT ST. #2 SAN DIEGO, CA.
92109 is hereby registered by the folllowing
owner(s): AWUDZI AGOTTAH This business is being
conducted by: AN INDIVIDUAL The transaction of
business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 22, 2009 Issue Dates JAN 29 FEB 05, 12 AND 19, 2009

SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT (AVISO AL DEMANDADO) (AVISO AL DEMANDADO)
PETE MATHENEY, an individual; and DOES 1
through 10 inclusive
YOU ARE BEING SUED BY PLAINTIFF:
(LO ESTA DEMANDANDO EL DEMANDANTE) VÈRANO CONDOMINIUM HOMEOWNERS ASSÓ CIATION a California Nonprofit, Mutual Benefit Corporation

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response You can find theese court forms and more informa-tion at the california courts online Self-Help Center (www.courtinfo.ca.gov.selfheln), your county library or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You want to call an attorney right away. If you do not



LEGAL ADS 700

B8

know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit

ices program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association

Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para pre-sentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. puede encontrar estos formularios de la corte y más informacion en el Centro de Ayunda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la

biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presntacieón pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales

Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a aabogados. Si no puede a un abogado, es posible que cumpla con los requi sitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de

lucro. Puede encontrar estos sin grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de

California,(www.courtinfo.ca.gov/selfhelp/espanol/), o poniéndose en contacto con la corte o el colegío de abogados locales. The name and address of the court is:

(El nombre y dirección de la corte es): SAN DIEGO SUPERIOR COURT OF THE STATE OF CALIFORNIA COUNTY OF SAN DIEGO, CENTRAL DIS-TRICT 330. W BROADWAY

SAN DIEGO, CA.92101 CASE NO: 37-2008-00090373-CL-OR-CTL The name, address, and telephone number of plain-

tiff's attorney, or plaintiff without an attorney, is: (El nombre, la direccieón y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es): Wasserman Komheiser LLP; Deborah M. Komheiser-CSB No. 125397; Craig L. Combs-CSB No. 229438

7955 Raytheon Road

DATE: AUG 25, 2008 clerk , by MARY L. MASON, Deputy ISSUE DATES: FEB 05, 12, 19, AND 26, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002207 THE NAME(S) OF BUSINESS: VILLAGE IDEAS

located at: 7444 HERSCHEL AVE. LA JOLLA, CA. 92037 is hereby registered by the folllowing owner(s): VILLAGE IDEAS This business is being conducted by: A CORPORATION VILLAGE IDEAS 7444 HERSCHEL AVE. LA JOLLA, CA. 92037 CALIFORNIA The transaction of business began on: 02/01/01 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 23, 2009 Issue Dates: FEB 05, 12, 19 AND 26, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002883 THE NAME(S) OF BUSINESS: UNITED LOAN ASSISTANCE, UNITED LOAN ASSIST

located at: 2194 SAN DIEGO AVE. SAN DIEGO, CA. 92110 is hereby registered by the following owner(s): J.T MEADOWS / MEADOWLARK INC. This business is being conducted by: A CORPORATION J.T. MEADOWS / MEADOWLARK INC. 2194 SAN DIEGO, CA. 92110 CALIFORNIA The transaction of business began on: NOT YET STARTED The state-ment was filed with David L. Butler, County Clerk of San Diego County on: JAN 29, 2009 Issue Dates: FEB 12, 19, 26 AND MAR 05, 2009

SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO) GABRIELA I. DAVIS, an individual; and DOES 1 through 10 inclusive YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE) VERANO CONDOMINIUM HOMEOWNERS ASSO CIATION a California Nonprofit, Mutual Benefit-Corporation

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response.
You can find theese court forms and more information at the california courts online Self-Help Center (www.courtinfo.ca.gov selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from he court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit

ices program. You can locate these nonprofit groups at the California Legal Services Web site

LEGAL ADS 700

(www.lawhelpcalifornia.org), the California Courts Self-Help (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association

Tiene 30 DíAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para pre-sentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. puede encontrar estos formularios de la corte y más informacion en el Centro de Ayunda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presntacieón pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.Hay otros requisitos legales Es recomendable que llame a un abogado inmedi-

atamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a aabogados. Si no puede a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de

lucro. Puede encontrar estos sin grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda Cortes las California.(www.courtinfo.ca.gov/selfhelp/espanol/)

o poniéndose en contacto con la corte o el colegío de abogados locales. The name and address of the court is: (El nombre y dirección de la corte es): SAN DIEGO SUPERIOR COURT OF THE STATE OF

CALIFORNIA COUNTY OF SAN DIEGO, CENTRAL DISTRICT 330. W BROADWAY SAN DIEGO, CA.92101 CASE NO: 37-2008-00092507-CL-OR-CTL

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la direccieón y el número de teléfono del abogado del demandante, o del demandante que

wasserman Komheiser LLP; Deborah M. Kornheiser-CSB No. 125397; Craig L. Combs-CSB No. 229438 7955 Raytheon Road San Diego, Ca. 92111 858-505-9500

DATE: SEPT 25, 2008 clerk , by MARY L. MASON, Deputy ISSUE DATES: FEB 12, 19, 26 AND MAR 05, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002590 THE NAME(S) OF BUSINESS: NEW ENERGY MISSION, NEW ENERGY MISSION

INC. located at: 807 NIANTIC CT. SAN DIEGO, CA. 92109 is hereby registered by the folllowing owner(s): NEW ENERGY MISSION INC. This business is being conducted by: A CORPORATION NEW ENERGY MISSION 807 NIANTIC CT. SAN DIEGO, CA. 92109 CALIFOR-NIA The transaction of business began on: 01/20/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 27, 2009 Issue Dates:FEB 12, 19, 26 AND MAR 05, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002363 THE NAME(S) OF BUSINESS:

SAGE ACUPUNCTURE

located at: 965 GRAND AVE. SAN DIEGO, CA. 92109
is hereby registered by the folllowing owner(s):

ELAINE ATABA This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 26, 2009 Issue Dates:FEB 12,19, 26 AND MAR 05, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2008-039085 THE NAME(S) OF BUSINESS: GREENVOLUTION

located at: 22351 PEARTREE MISSION VIEJO, CA. 92692 is hereby registered by the folllowing owner(s): GARRETT BALL, SAMUEL LINGER This business is being conducted by: A GENERAL PART-NERSHIP The transaction of business began on: NOT YET STARTED The statement was filed with Gregory J. Smith, County Clerk of San Diego County on: DEC 24, 2008 Issue Dates: JAN 22, 29 FEB 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001281 THE NAME(S) OF BUSINESS: DJR COMPANIES

located at: 1456 1/2 MISSOURI ST SAN DIEGO, CA 92109 is hereby registered by the following owner(s): DREW LAMBERT This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The state-ment was filed with Gregory J. Smith, County Clerk of San Diego County on: JAN 14, 2009 Issue Dates: JAN 22, 29 FEB 05 AND 12, 2009

PETITION FOR CHANGE OF NAME SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, HALL OF JUSTICE 330 W. BROADWAY SAN DIEGO . CA.

330 W. BRUADWAY SAN DIEGO , UA.

92101
CASE NO: 37-2008-00097937-CU-PT-CTL
PETITIONER OR ATTORNEY, JACK LAVELL 6523
LANSTON ST. SAN DIEGO, CA. 92111 858-361-4229
HAS FILED A PETITION WITH THIS COURT FOR A DECREE CHANGING PETITIONERS NAME FROM JACK THOMAS LAVELL TO JACK LAVELL THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the peti-

THERA-GES

Woman Writes Historic Letter to Her Congressman

BEXAR COUNTY- After applying Thera-Gesic* to her arthritic hands, Mary Ann W. hand wrote a forty-seven page letter to her Congressman explaining the true meaning of life. When asked where she had gathered all the wisdom for writing such a masterpiece and why she sent it to a government official, she painlessly replied, "None of your dang business!"





tion should not be granted. NOTICE OF HEARING TO BE HELD ON MARO4, 2009 AT 8:30 AM, DEPART-MENT D-25 220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: JAN 22, 29 FEB 05 AND 12, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001631

THE NAME(S) OF BUSINESS: JMJ PLUMBING located at: 4380 TEMECULA ST. #6 SAN DIEGO, CA. 92107 is hereby registered by the folllowing owner(s): JOSHUA J. JONES This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 16, 2009 Issue Dates: JAN 29 FEB 05, 12 AND 19, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001484

THE NAME(S) OF BUSINESS: THE FREEDOM FINANCIAL GROUP located at: 2985 MARQUETTE ST. SAN DIEGO, CA. 92106 is hereby registered by the following owner(s): JOHN M. ALVES JR., JOSEPH D. SILVA, ANNITRA J. EATON, SERGIO NAVARRO This business is being conducted by: A GENERAL PARTNERSHIP The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 15, 2009 Issue Dates: JAN 29 FEB 05, 12 AND 19,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001524 THE NAME(S) OF BUSINESS: SNAP N LAP

located at: 3941 ALICIA DR. SAN DIEGO, CA. 92107-2621 is hereby registered by the folllowing owner(s): PAMELA P. WETTERER This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 16, 2009 Issue Dates: JAN 29 FEB 05, 12 AND 19, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001522 THE NAME(S) OF BUSINESS: GREENER RIDE, INC., SAN DIEGO STREET LEGAL GOLF CARTS, INC.

located at: 1263 OPAL ST SAN DIEGO CA 92109 is hereby registered by the folllowing owner(s): SAN DIEGO STREET LEGAL GOLF CARTS, INC. This business is being conducted by: A CORPORATION SAN DIEGO STREET LEGAL GOLF CARTS, INC. 1263 OPAL ST. SAN DIEGO, CA. 92109 CALIFORNIA The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 16, 2009 Issue Dates: JAN 29 FEB 05, 12 AND 19, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-001825 THE NAME(S) OF BUSINESS

MI CASA TACO SHOP Y CERVECERIA located at: 1775 GARNET ST. SAN DIEGO, CA. 92109 is hereby registered by the folllowing owner(s): TACO SHOP ON GARNET This business is being conducted by: A LIMITED LIABILITY COMPA-NY TACO SHOP ON GARNET 722 GRAND AVE SAN DIEGO, CA. 92109 CALIFORNIA The transaction of

LEGAL ADS 700

business began on: 01/17/09 The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 21, 2009 Issue Dates: JAN 29 FEB 05, 12 AND 19, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002224 THE NAME(S) OF BUSINESS:

EDWARDS ENGINEERING 4015 PORTE LA PAZ #136 SAN DIEGO, CA. 92122 is hereby registered by the folllowing owner(s): LUIS E. JIMENEZ This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The state-ment was filed with David L. Butler, County Clerk of San Diego County on: JAN 23, 2009 Issue Dates: FEB 05, 12,19 AND 26, 2009

PETITION FOR CHANGE OF NAME SUPERIOR COURT OF CALIFORNIA, County of San Diego, Hall of Justice 330 W. Broadway San Diego , Ca.

92101
CASE NO: 37-2009-00082033-CU-PT-CTL
PETITIONER OR ATTORNEY, ELI ALBERT SHIRE
1440 THOMAS AVE. APT #3 SAN DIEGO, CA. 92:109
HAS FILED A PETITION WITH THIS COURT FOR A
DECRE CHANGING PETITIONERS NAME. FROM ELI
ALBERT SUBJECT, ELI ALBERT ADMICTADIO. THE ALBERT SHIRE TO ELI ALBERT ARMSTRONG THE COURT ORDERS THAT all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. NOTICE OF HEARING TO BE HELD ON MAR12, 2009 AT 8:30 AM, DEPART-

220 WEST BROADWAY SAN DIEGO, CA. 92101 ISSUE DATES: FEB 05, 12, 19 AND 26, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002717

THE NAME(S) OF BUSINESS: DIABETES EDUCATION AND CONSULTING located at: 4260 KENDALL ST. SAN DIEGO, CA. 92109 is hereby registered by the folllowing owner(s): THERESE SWEET This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 12/23/08 The statement was filed with David L Butler, County Clerk of San Diego County on: JAN 28, 2009 Issue Dates: FEB 05, 12, 19 AND 26, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002627

THE NAME(S) OF BUSINESS:
AGE WELL GERIATRIC CARE MANAGEMENT
located at: 1010 UNIVERSOTY AVE. #286 SAN DIEGO, CA. 92103 is hereby registered by the following owner(s): KEVIN MC ANINCH This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 27, 2009 Issue Dates: FEB 05, 12, 19 AND 26, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2008-038459 THE NAME(S) OF BUSINESS:

OUR ETERNAL WEDDING, DJR3
located at: 4850 WILLIAMSBURG LN. #2 LA MESA,
CA. 91941 is hereby registered by the folllowing owner(s): RANDY LINDOUIST This business is being conducted by: AN INDIVIDUAL The transaction of business began on: 08/01/93 The statement was filed with Gregory J. Smith, County Clerk of San

LEGAL ADS 700

Diego County on: DEC 16, 2008 Issue Dates: JAN 15, 22, 29 AND FEB 05, 2009

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-002883 THE NAME(S) OF BUSINESS: United Loan Assistance, United Loan ASSIST

located at: 2194 SAN DIEGO AVE. SAN DIEGO, CA. 92110 is hereby registered by the following owner(s): J.T This business is being conducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on JAN 27, 2009 Issue Dates: FEB 05, 12, 19 AND 26

PETITION FOR CHANGE OF NAME SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO 500 THIRD AVE. CHULA VISTA, CA. 91910

SOUTH COUNTY DIVISION
CASE NO: 37-2009-00073545-CU-PT-SC
PETITIONER OR ATTORNEY, ELIZABETH GAVIOLA DIZON AND RENAN TIMBOL DIZON, ON BEHALF OF LEAH GAVIOLA DIZON, MINOR 905 HARBISON PLACE NATIONAL CITY, CA. 91950 619-654-1952 HAS FILED A PETITION WITH THIS COLIRT FOR A DECREE CHANGING PETITIONERS NAME FROM ELIZABETH GAVIOLA AND RENAN TIMBOL DIZON ON BEHALF OF LEAH GAVIOLA DIZON, MINOR TO MALIA REESE GAVIOLA DIZON THE COURT ORDERS THAT all per sons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition should not be granted. NOTICE OF HEARING TO BE HELD ON MAR17, 2009 AT 8:30 AM, DEPARTMENT 4 2ND FLOOR 500 THIRD AVE. CHULA VISTA, CA. 91910

SOUTH COUNTY DIVISION ISSUE DATES: FEB 12, 19, 26 AND MAR 05, 2009

LEGAL ADS 700

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-003616 THE NAME(S) OF BUSINESS:

ITHE NAMICE) UP BUSINESS.
FAT TONY'S PIZZA
located at: 4973 DIANE AVE. SAN DIEGO, CA. 92117
is hereby registered by the following owner(s):
KINGSTON KINGS, INC. This business is being conducted by: A CORPORATION KINGSTON KINGS, INC. 4973 DIANR AVE. SAN DIEGO, CA. 92117 CALIFOR-NIA The transaction of business began on: 01/09/09T The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 27, 2009 Issue Dates: FEB 12, 19, 26 AND MAR 05,

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2009-003075 THE NAME(S) OF BUSINESS:

COLE POLE RIDER

located at: 953 CHALCEDONY ST. SAN DIEGO, CA. 92109 is hereby registered by the folllowing owner(s): DAVID COLE This business is being con-ducted by: AN INDIVIDUAL The transaction of business began on: NOT YET STARTED The statement was filed with David L. Butler, County Clerk of San Diego County on: JAN 30, 2009 Issue Dates: FEB 12, 19, 26 AND MAR 05, 2009

It's the NUMBER ONE cancer killer.

NO MORE EXCUSES.
NO MORE LUNG CANCER.

lungcanceralliance.org

Religious Directory

DISCIPLES OF CHRIST

TORREY PINES CHRISTIAN CHURCH

8320 La Jolla Scenic Dr. North · 858-453-3550 9:30 a.m. – Bridge / Contemporary Woprship & Sunday School 10:45 a.m. - Traditional Worship & Sunday School

Childcare Available · www.torreypineschurch.org

NON-DENOMINATIONAL

SAN DIEGO BAHA'I COMMUNITY

6545 Alcala Knolls Dr. (off Linda Vista Rd.) SUNDAY 9:00 - 10:00 Interfaith Devotions; 10:30 - 12:30 Introductory Talk & Discussion Please Call 858-274-0178 for Directions or for more information General Baha'i Info - www.bahai.org www.sandiegobahai.org

Join us for Biblical Teaching & Inspiring Worship

Steve Murray, Senior Pastor • Dan Sharp, Worship Pastor

Nursery, Preschool & Sunday School (K-12th) provided

www.ljcommunitychurch.org

8:45 & II AM - Traditional, Sanctuary

10 AM - Contemporary, Life Center

SunHouse Kids (K-5th) 8:45; Jr. & Sr. High SunHouse II AM

Pre-School Ages, Nursery

Nurturing Equipping Going Celebrating

LJPC is located two blocks from the Pacific Ocean

7715 Draper · 858-454-0713 · www.ljpc.org

Community Church

Together We Make A Difference

Come Grow With Us!

Sundays, 9:15 & 11 a.m.

4377 Eastgate Mall

Our new 3.6-acre site

in UTC-La Jolla

La Jolla Presbyterian

Church Invites You

To Worship With Us!

Great Classes for Kids of All Ages

WHERE WE'RE ALL KIDS Call for info (619) 223-5229 **Botany for Kids • 3685 Voltaire St.**

The House Doctor Rx

All Trades. All Problems. Fixed.

 $\pmb{\#1}$ in customer Service, Very Reasonable 858.245.1381 contractor's lic # 507762



VIDEO to DVD

Film 8mm & 16mm to DVD I Slides & Photos to DVD



Video Tapes Deteriorate Don't Lose Your Memories Record to DVD • Play on Computer or TV 5201 Linda Vista Rd.• 619.220.8500



Sunday Worship 7:30 am - Rite I

10 am - Rite II Choral Eucharist Sunday School & Youth Program

Holy Eucharist Wed & Friday 12 noon

743 Prospect St. La Jolla, CA 92037

www.sjbts.com

858-459-3421

CLEANING SERVICE

Cleaning Service 13 Years Experience FREE Estimates References Available Move in / Move out Special 619.715.2888



CONCRETE/MASONRY

GILBERT'S CONCRETE

All Phases of Concrete Driveways · Patios · Sidewalks Insured · BBB Member

CALL FOR FREE ESTIMATE 619-253-8775 III Lic. #786215

CONCRETE MASONRY

STRUCTURAL & DECORATIVE

BRICK • BLOCK STONE • TILE **CONCRETE** DRAINAGE

30 years experience References & Portfolio

All Masonry Construction

WILLIAM CARSON Licensed & Insured Lic #638122

(858) 459-0959

DRYWALL

NEW CONSTRUCTION OR REMODELS

- Acoustic Removal
- Re-texturing
- Serving SD for over 18yrs
- Profesional & Best Prices

Better Business Bureau Member Lic#810245 • Bonded • Insured A+ Construction Inc.



CONSTRUCTION & DESIGN

- Turning Dreams into Reality
 - Residential Remodels T Unique Decks

 - T 2nd Story Additions
 T Skilled Carpentry
 - Custom Stairs
 - T Conceptual Design
 - 3-D Sketches
 - T Electrical

↑ Tile & Formica

Quality Service & Affordable Rate **Donovan Mahoney Company**

(858) 414-4175

HARDWOOD FLOORING

<u>Traditional</u> Hardwood **Flooring**

- REFINISHING
- REPAIR
- INSTALLATION

SPECIALIZING IN HARDWOOD FLOORS

Over 20 years experience in San Diego JOHN WEIGHTMAN

(619) 218-8828

DRAFTING

WEST COAST DRAFTING

Title 24 . Engineering Residential • Commercial Over 30 Years in Business Call Richard

cializing in Solving code plations & Enforcement! (619) 997-6611 License #516087

ELECTRICAL



GARDENING-LANDSCAPING

COASTAL LANDSCAPING

- COMPLETE WEEKLY MAINTENANCE
- TREE TRIMMING

- IREE IRIMMING
 SPRINKLER SYSTEMS
 & REPAIRS
 DESIGN &
 CONSTRUCTION
 CLEANUP & HAULING
 LOWEST PRICES
 GIJAPANTEED GUARANTEED



Jose's Gardening Clean-up Hedges hauling · Reasonable Rates Free Estimates · References

619-847-1535

Teco's Gardening

Tree Trimming Lawn Renovation New Plants & Design Whole Tree Removal Sprinkler Installation/Repair General Clean-Ups Stump Grinder Service

Clean Palms & Trees We Also Do: Fencing, Floors, Stucco Repairs rete, Demolition, Brick & Block Walls Drywall, Painting, Roofing nbing, Drains Installed/Repaired

General Hauling

Low Prices Free Estimate: (858) 503-5976 (858) 220-6184 j_teco@yahoo.com

BAMBOO FOR SALE

EACH SUNDAY FROM NOON TO 5 PM OR BY APPOINTMENT

Timber Bamboo (Old Hami) Black Bamboo Golden Goddess, Alfonscar and other Tropical Plants

(5- & 15-gallon) **Landscaping Available**

506½ Palomar Ave., LJ 858.459.YOGA

GARDENING-LANDSCAPING

FREE ESTIMATES REFERENCES R&V Ruperto **Vazques**

Tree Trimming · Hauling Sod Lawn · Clean Up Trash $\textbf{Concrete} \cdot \textbf{Gardening}$ Fertilized · Landscaping

Sprinkler Installation \cdot Wood Fencing Ph: (858) 573-6950 Cell: (858) 602-1797 P.O. Box 710398 San Diego, CA 92171

HANDYMAN

ANY JOB BIG OR SMALL Same Day Service

· Woodwork · Stucco · Paint · Window · Doors · Decks · Fences · Tile · Drywall · Electric · Plumbing · Concrete 30 Years Exp., References Lic. #456951 Senior Discount

Thomas 619-276-5439

Ocean Home Services **High Quality Home Improvement**

Only \$35/hr. Master Carpenter w/ 25 years experience. Interior /exterior woodworking (ex-termite inspector)

Quality design fence work wood /vinyl

Professionally Installed windows & doors Drywall Install/Repair

and finish work Detail Quality Painting Light Electrial & Plumbing

Call Scott (619) 241-1231

RENT-A-HUSBAND

Handyman with 20 years experience Many Skills . Hourly or Bid Prompt & Professional Insured

Ask for Bob 858-454-5922

Retired Carpenter for Hire Small Jobs. Reasonable. Can work weekends, evenings.

Call Chuck 858-699-8165

Remodel/Repairs

Free Estimates. References - Perfectionist All size jobs, Interior & Exterior, All Trades 24 years experience.

Al 858-414-8722 unlic.

HAULING



I LUV TUNK HAULING

You Call-We Haul! No Job Too Small! Evictions, cleanouts,

construction debris, tree trimming, etc.

We are eco friendly 619-933-4346

10% Senior Discount

PAINTING



(619) 795-9429 www.chuckiespainting.com chuckgjr@cox.net

Bonded & Insured • CA Lic. #925325

#1 Painting Contractor

COMMERCIAL • RESIDENTIAL INDUSTRIAL • HOA'S Guaranteed Work · Power Washing 25 Years Exp. · References Available

MARC CASSON 858-627-0639 MasterCoatings@gmail.com 1863 Coolidge St., San Diego, CA 92111

PAINTING

Drywall, Wood and Stuco Repair Interiors/Exteriors Commercial and Residential.

35 years in San Diego **BBB** & Fully Insured

Office: (619) 284-2918 Contact Ace: (619) 540-1286

\$500 off Full Exterior

License #289100

- PAINTING San Diego Business for over 14 years
- Full Service
- Interior/Exterior
- Power Washing
- Stucco Repair Residential/Commercial

Call for a FREE ESTIMATE

(619) 234-7067 skelley.office@cox.net KelleyPainting-sd.com





Custom Painting Affordable Excellence Prompt Reliable Service Call Dan for a Free Estimate

PET CARE

858.366.2240 License #911234



PLASTERING

LATH & PLASTER Interior Plastering & Repair

All Work Guaranteed 20+ Yrs Exp PLASTERING Lic#694956

REPAIRS Lath & Plaster • Re-Stucco Custom Work • Room Additions Clean · Reliable · Reasonable

D'arlex 619-265-9294 Pgr 619-418-5693

PLUMBING

-BILL HARPER PLUMBING & HEATING-

Senior Discounts · Self-Employed BBB Member · Repairs, Repipes Drain Cleaning, Fixture Installations, Water Heaters & all Plumbing Lic #504044

CALL BILL 619-224-0586

TANKLESS WATER HEATERS from \$999 plus installation

ANDY BELLO PLUMBING 15721 Bernardo Heights Pkwy San Diego CA 92128

(858) 864-2567 (760) 803-8920 (619) 240-8920 tanklessplumber.com



POOL CARE

SWIMCARE



The Pool Service & Repair people you keep.

30 yrs in the neighborhood (858) 277-7096

Cont. Lic# 445392 TOM RIVES

REMODELING

WEST COAST DESIGN STUDIO

RESIDENTIAL DESIGN SERVICES

- Custom Design Plans
- Construction Plans Permit Processing

Single & **Multi-family Projects** New Homes & Remodels

Coastal Specialist!

Bring out the best in your propo invest with great design! westcoast-designstudio.com (619) 851-7354

Builders Express

Remodeling Specialists 27 Years • Lic# 490616 • Additions • Painting • Roofing

• Baths • Kitchens • Concrete ☆GUARANTEED☆

We do it all and right (619) 297-2280

10% Off

with mention of this ad.

TILE

D.K. TILE

Repairs, re-grouts & installations of all ceramic tile & stone. All work done by owner.

Free Estimates Lic # 428658 858.566.7454 858.382.2472

TREE SERVICES



CROWN POINT CLIPPERS, INC. EE SERVICE FREE ESTIMATES!

• ARTISTIC TREE LACING • Tree & Stump Removal

(858) 270-1742 Fully licensed and insured. Lic# 723867

Pro Trees

Theron Winsby

- Certified Arborist • Tree Health
- Tree Removal
- Organic Maintenance • Pest Control

Maintenance

(760)753-4800 lic# 894013

Landscape

WINDOW CLEANING

JB's Window Cleaning & Service

- Mini Blinds
- Screens Mirrors

Pressure Washing Experienced



Call (619)248-2778

PROFESSIONAL DIRECTORY

ACCUPUNCTURE



Dr. Tai-Nan Wang L.Ac OMD

Myalgia

- Stress / Anxiety
- Female Disorders Asthma Headaches Sports Injuries Arthritis Neck & Back Pain

(619) 684-1848 wang.acu@gmail.com lifestrong.com

HYPNOTHERAPY

Success!! Hypnosis is the Key

FREE Consultation 619-226-6425

Learn more at PointLomaHypnosis.com

Vickie Gordon CHt Certified Hypnotherapist

HAIR LOSS

Clinically studied, FDA-approved laser growcomb used by 1000's of satisfied men and women to regrow hair naturally. 98% effective, made in the U.S., moneyback guarantee, Growcomb msrp \$299 **NOW \$199** with **FREE S&H**. Order online at growcomb.com or at Urban Home & Health: 860 Los Vallecitos Blvd. San Marcos 92069 760-297-8320

COUNSELING

PayPal ===

Are You Interested in a New Career? Greater Personal Growth? More Money?

> If you're serious about it but not quite sure how to go about it. Call me! I have helped scores of people achieve their goal.

FIRST SESSION IS FREE!



LIFE & CAREER COUNSELING 5325 Toscana Way, SD, CA 92122

858-455-0906

PROFESSIONAL DIRECTORY (cont.)

WATER DAMAGE



- 24- Hour Emergency Water & Sewage Extraction
- Mold Remediation
- Direct Insurance Billing Free Consultation

Rafael Santiago

Certified Remediation Specialist 619-596-0242 • 877-TRUE-DRY

Fax 619-596-0276 www.sandiegowaterdamage.com sdwaterdamage@sbcglobal.net Not licensed by CSLB

Interested in advertising? Call Heather 858-270-3103 x115

STATEWIDE ADS

Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for

ADOPTIONS

PREGNANT? CONSIDERING ADOPTION? Talk with caring agency specializing in matching Birthmothers with Families nationwide. Living Expenses Paid. Call 24/7 Abby's One True Gift Adoptions. 1-866-459-3369. (Cal-SCAN)

AUTOS WANTED

DONATE YOUR CAR: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package. Fast, Easy & Tax Deductible. Call 1-800-252-0615. (Cal-SCAN)

DONATE YOUR VEHICLE! Receive Free Vacation Voucher, United Breast Cancer Foundation. Free Mammograms, Breast Cancer Info www.ubcf.info Free Towing, Tax Deductible, Non-Runners Accepted, 1-888-468-5964. (Cal-SCAN)

BUSINESS OPPORTUNITY

100% RECESSION PROOF! Do You Earn \$800 in a Day? Your Own Local Vending Route Includes 25 Machines and Candy for \$9,995. MultiVend LLC, 1-888-625-2405. (Cal-SCAN)

UP TO \$275K+ 1st year Potential Income. We train. Serious, Motivated & Driven Only. Not MLM. Don't Believe it, Don't Call. 1-800-821-9551. (Cal-SCAN)

BUSINESS SERVICES

CLASSIFIED ADVERTISING in 240 Cal-SCAN newspapers for the best reach, coverage, and price, 25-words \$550, Reach 6 million Californians!. FREE email brochure. Call (916) 288-6019. www.Cal-SCAN.com

DISPLAY ADVERTISING in 140 Cal-SDAN newspapers statewide for \$1,550! Reach over 3 million Californians! FREE email

brochure. Call (916) 288-6019. www.Cal-SDAN.com (Cal-SCAN)

NEWS RELEASE? Cost-efficient service. The California Press Release Service has 500 current daily, weekly and college newspaper contacts in California. FREE email brochure. Call (916) 288-6010. www.CaliforniaPress ReleaseService.com (Cal-SCAN)

EQUIPMENT FOR SALE

SAWMILLS FROM ONLY \$2,990 - Convert your Logs To Valuable Lumber with your own Norwood portable band sawmill. Log skidders also available. www.Norwood Industries.com/300N -FREE Information: 1-800-578-1363 x300-N. (Cal-SCAN)

HELP WANTED/DRIVERS

CDL A DRIVER needed with 1 1/2 ton or larger truck to deliver RVs on a trailer from Perris, CA. Western Hauler bed or flat bed needed. Contact recruiting at 1-866-764-1601 or www.QualityDriveAway.com(Cal-

DRIVER- CLIRRENTLY HIRING Experienced Teams and Solos with HazMat. Dry Van & Temp Control available. 0/0s welcome. Call Covenant 1-866-684-2519 EOE. (Cal-

DRIVER - Positions Available! Start your NEW CAREER with our CDL Training: \$0 down, No Credit Check financing by Central Refrigerated, 1-800-587-0029 x4779. www.Central DrivingJobs.net(Cal-

Driver - West Coast Regional NEW HIRING AREA. Newest equipment on the road. Competitive Pay. Run the Western 11 States On Site - Full Service Maintenance Shop. Reasonable Home Time. Western Express - 22 yrs. old. Good MVR, EOE, CDL-A, 1 yr. OTR. Call Edna Today! 1-866-863-4112. (Cal-SCAN)

NATIONAL CARRIERS needs 0/0s & Lease Purchase Candidates for its Regional Operations in Southern California. Generous Home Time & Outstanding Pay Package. CDL-A Required. 1-888-707-7729. www.National Carriers.com(Cal-SCAN)

LAND FOR SALE/OUT OF STATE

BUYER'S MARKET. New Mexico. Ranch Dispersal. 140 acres - \$89,900. River Access. Northern New Mexico. Cool 6,000' elevation with stunning views. Great tree cover including Ponderosa, rolling grassland and rock outcroppings. Abundant wildlife, great hunting. EZ terms. Call NML&R, Inc. 1-866-360-5263. (Cal-SCAN)

COLORADO BANK FORECLOSURE- 35 AC \$29,900. Enjoy 300 days of sunshine. Rocky mountain views, utilities. Excellent financing. 1st come, 1st serve!! Call Today 1-866-696-5263 x4938. (Cal-SCAN)

MISCELLANEOUS

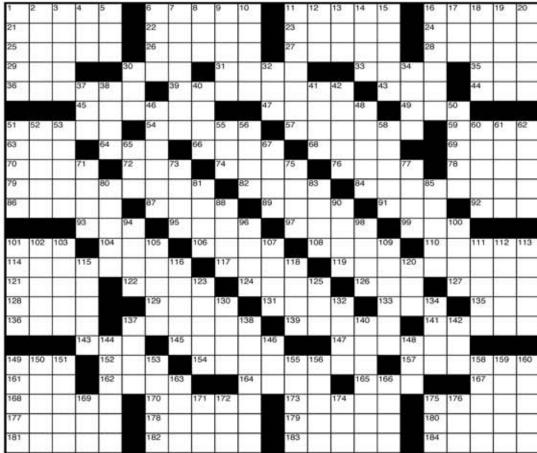
IF A LOVED ONE UNDERWENT HEMODIAL-YSIS and received Heparin between September I, 2007 and August 31, 2008 and died after the use of Heparin, you may be entitled to compensation. Call Attorney Charles Johnson - 1-800-535-5727. (Cal-

REAL ESTATE AUCTIONS

OVER 550 FORECLOSED Southern CA homes selling by auction February 24-March 1 valued from \$25k to \$925. Get all details

www.HudsonAndMarshall.com or call 1-866-259-4415. (Cal-SCAN)

CROSSWORDS



ACROSS

- Gorge Was painful
- Send payment
- 22 River in France

- 28 Philbin of TV
- Wood pin Energy
- 31 Director Preminger
- Actress Moore Elevation (abbr.)
- Come out

- 49 Knock
- Actress Si Sum up City in Cuba Streep
- Work places, for short

 Maria
 Fish paddle
- 69 Land measure
- Agents Shooting marble
- 70 Agents 72 Shooting 74 Departed
- Bivouac Of lustrous colors (abbr.)
- 79 Not springy Flit Knowledge
- Poor grade Gratuity

- The "I"

- Rime Walkie-talkie
- 23 Period 24 Large artery 25 A Muse
- Last Greek letter Candle

- Notwithstanding that "Heads I —, tails..."
- 44 Born (Fr.)
- Goddess of the dawn Sea

- Essayist's pen name Parks or Ponselle

- 86 Book of maps
- Love god Crucifix
- 91 Batman and Robin, e.g.
- Sicilian volcano

- Provide with weapons
- Finds the total of Ladder part Men's formal wear
- Softly radiant
- Great baroque composer 119 Build a better
- 121 Perjurer 122 Conspiracy 124 Animal foot
- 126 127 128 Cravat
- Facilitate
- Tennis great Arthur Complain
- 131 Labor 133 Short sleep

- Snort sleep
 Sawbuck
 Penn or Connery
 Piercing in tone
 Fragment
 Not hidden 139
- 141 Not fildden
 143 Psychic's ability (abbr.)
 145 Where Jerez is
 147 Pass by
 149 Depot (abbr.)
 152 Crude dwelling
 154 Set of clothing
 157 Affix
 151 Embrace

- Embrace Like a desert region
- 164 Ancient Greek walkway
- Fitting Kind of window
- 168 By surprise 170 Catchword 173 Marsh bird
- Clement Clarke
- 177 Musica 178 Linguis 179 Raise Musical show Linguistic expression
- 180
- 182
- Bulbous plant
 Primp
 English poet
 Mountain range
 in South America 184 Reese the singer

- **DOWN**
 - Thin pancake Zenana
 - 3 Proverb Pose for an artist Bovine sound
 - 6 Succulent plant
- 7 Liken 8 Hasten
- 9 Fungus of plants
 10 "— of a Salesman"
 11 Fix up a photo
 12 Pollution control org.
- 13 Swab 14 Covered with buttercream 15 Pitched
- 16 Hot cereal 17 Fish eggs
- 18 Pipe or barrel 19 Set of steps 20 Eat a little of
- 30 Miles gallon Overly
 Actress — So
 Shaft of light Sorvino
- Body of water Shoestring
- 41 Equipment 42 Widespread destruction 46 Highly decorated
- 48 Twangy 50 Homely 51 Callas or Muldaur
- 52 Occurrence
- Force back Totality
- 56 Multicolored
- 58 Called 60 Harsh in tone
- 61 Salt water
- Wetland plant
- "— a boy! Remotely
- Narrow wood strip Telegram 75 Horse's gait
- Newman or McCartney Chinese or Japanese, e.g.
- 81 Portable beds 83 — de force 85 Traveled way

- 88 Ignore 90 Percussion instrument Item used on stage Eastern servant
- 98 Tangle 100 Turnstile 101 Raines and Fitzgerald
- 102 False appearance103 Nebraska city105 Protective covering
- for gardens 107 Barge
- 109 pig 111 Angry 112 Light-ray device 113 Exhausted 115 Goddess of peace
- 116Flies high 118Ring 120 Red or Black
- 123 Worthless talk 125 Cal. abbr. 130 Blueprint
- 130 Blueprint 132 Ship part 134 Pillar 137 Sharp projection 138 Slender and graceful 140 Wash 140 Wash 142 Animal doc
- 144 Emotionally upset 146 After deductions
- 148 Hit lightly
- 148 Hit lightly
 149 Keen
 150 Fleshy underground stem
 151 Century plant
 153 Fainthearted
 155 Coffee variety
 156 Mogul
 158 Seething
 159 Holiday song
 160 "Laughing" animal
 163 Extinct bird
 164 Animal friends
 169 Pool stick

169 Pool stick

- Can Weight unit
- 174 Assistance Up-to-date, for short and only

IIFPA ADS

PREGNANT? CONSIDERING ADOPTION?

Talk with caring agency specializing in

24/7. Abby's One True Gift Adoptions, 866-

matching birthmothers with families nationwide. LIVING EXPENSES PAID. Call

910-5610.

ADOPTION

AUTOMOTIVE WANTED JAPANESE MOTORCYCLES KAWASAKI.1970-1980, Z1-900, KZ900, KZ1000, H2-750, H1-500, S1-250, S2-250, S2-350, S3-400. CASH PAID. 1-800-

772-1142. 1-310-721-0726.

BUSINESS OPPORTUNITIES

machines + candy. \$9,995. 1-800-807-6485. (Void/SD,CT,MD) \$2500 WEEKLY processing brochures. Real opportunity! Postage, supplies furnished. No travel. Free Information. Call 1-800-

100% Recession Proof! Do you earn

\$800/day? Local Vending route. 25

957-5054 COMPUTERS

A NEW COMPUTER NOW! Brand name, Bad or NO credit - No problem. Smallest weekly payments avail. Call NOW 1-800-624-

A NEW COMPUTER NOW! Brand name. Bad or NO credit - No problem. Smallest weekly payments avail. Call NOW 1-800-838-

EDUCATION HIGH SCHOOL DIPLOMA AT HOME, 6-8 Weeks. ACCREDITED. Low payments. FREE Brochure. 1-800-264-8330

* REDUCE YOUR CABLE BILL! * - Get a 4-

room, all-digital satellite system installed

www.diplomafromhome.com

for FREE and programming starting under \$20. Free Digital Video Recorders to new

ELECTRONICS

clients. So call now, 1-800-795-3579. **EMPLOYMENT** MYSTERY SHOPPERS! Earn up to \$150 daily. Get paid to shop pt/ft. Call now 800-

690-1272. EARN \$1000's WEEKLY! Mailing Brochures! Weekly pay + Bonus. Guaranteed opportunity. Start today. 1-877-801-8172, Code 701

FINANCIAL

IRS TAX Problems? FREE Consultation if you owe 10K+. Settle for less- Eliminate penalties, Interest charges & Tax Liens. 1-800-832-0537

\$\$\$ACCESS LAWSUIT CASH NOW!! Injury Lawsuit dragging? Need \$500 \$500,000++ within 48 hours? Call 1-877-386-3692, www.casepay.com

HELP WANTED

\$8,000 GUARANTEED! Receive \$8 for

every envelope stuffed with our sales materials. 24hr information. 1-877-220-

WORK FROM HOME: Government Office

Jobs. Full Benefits. \$12 - \$48 hour FT/PT. Call 1-888-293-7370. ASSEMBLE MAGNETS & CRAFTS FROM HOME! Year-round Work! Excellent Pay! No Experience! TOLL FREE 1-866-844-5091,

EARN UP TO \$500 weekly assembling

angel pins at home. No experience

817-230-4879.

required. www.angelpin.net

483-1057

en espanol. No-MD

MISCELLANEOUS OLD GUITARS WANTED! Gibson, Martin, Fender, Gretsch. 1930 - 1980. TOP DOL-LAR PAID. Call toll free 1-866-433-8277.

Medical, Business, Paralegal, Computers, Criminal Justice. Job placement assistance. Computer available. Financial aid if qualified. Call 800-494-3586 www.CenturaOnline.com POST OFFICE HIRING Nationally!. Avg. pay

\$20/hr., \$57K/yr. incl Fed. Benefits, OT.

Optional fee-based test prep materials.Not

affiliated w/ US Postal Service. 1-866-

ATTEND COLLEGE ONLINE from home.

AIRLINES ARE HIRING: Train for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified - Housing available. Call Aviation Institute of Maintenance. 888-349-5387. A NEW COMPUTER NOW! Brand name. Bad

or NO credit - No problem. Smallest week-

ly payments avail. Call NOW 1-800-932-

REAL ESTATE ***FREE Foreclosure Listings*** OVER 400,000 properties nationwide. Low down

payment. Call now 800-250-2043 TIMESHARES

SELL/RENT YOUR TIMESHARE NOW!! Maintenance fees too high? Need Cash? Sell your unused timeshare today. No commissions or broker fees. Free consultation. www.sellatimeshare.com, 1-888-310-0115

Reader Advisory: the National Trade Association

we belong to has purchased the above classi-fieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer "employment" but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home. Under NO circumstance should you send any money in business only over the phone it's illegal to request any money before delivering its service. All funds are based in US dollars. 800 numbers may or may not reach Canada.

MORTGAGE ASSISTANCE?

The Federal Government has called on lenders, servicers, and banks to assist homeowners. This is a tremendous benefit for borrowers seeking to lower their payment and lower their interest rate and even reduce the principal balance. This restructuring is designed to keep homeowners in their home by customizing a loan payment to fit their budget with their existing lender.

Get A FREE Case Evaluation With No Obligation!

Call Toll Free 866-906-8932

Mon-Fri 9:00am-6:00pm, Sat 10:00-4:00 PST.

Now is the time to buy low. Get your next home at the price you set with NO STARTING BIDS. Today's housing

market and low interest rates make this an ideal time for

FOR TERMS, PHOTOS AND MORE GO TO www.LAHouseAuction.com Or, for a free brochure, call **866-539-4165** \$5000 down in a cashiers check for each property. 5% premium on each sale. All sales subject to seller's appro

HUDSON & MARSHAU

advance or give the client your checking, license ID or credit card numbers Also heware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does

you to get a home!











Living Trust Not Enough! UPDATES NEEDED!

Call for free Review in Your Home



Frank & Judy Spees **CA Attorneys**

1-800-777-6820

RENTALS 750

Rentals

DEL MAR, WATER VIEW HOME furn. or not, lge yard and basement, park for 3 cars + RV Rent with 1/2 payment toward purchase or short term, owner agent will finance 619

NIMITZ POINTE OCEAN BEACH Spacious 1BR \$995 & 2BR \$1395 Large Patios, Pet Friendly Call for Move in Specials 2401 Seaside St. SD 92107 619-223-0254 www.progressmanagement.net

THANKS FOR KEEPING OUR BEACHES CLEAN.

5730 Dolphin Place

5859 Box Canyon Road

2076 McDonough Lane

3032 Hugo Street

1712 Valdez

7516 Miramar Ave

7536-7544 Draper

RENTALS 750

Apartments For Rent

1 BR APARTMENT FOR RENT in Point Loma for \$1 175 Garden apartment in quiet area: parking for small car only. Dog yard with deposit. New paint and carpeting; laundry on site; fruit trees available. Mr. Crane 619-222-2849

Housing for Rent

LA JOLLA 2 BDRM 2ba den & 2car gar. Frpl, refrig some hdwd flrs. Avail 3/1 \$3,000/mo 1yr lease. 805-701-9409 Donna Buchalter, Broker

5BR/6BA

4BR/4BA

4BR/5BA

3BR/3.5BA

RENTALS 750

LJ, OCEAN VUS LOVELY 3BR/2.5BA small yard, garage, walk to Windansea, schools, village \$3750 858-613-9484 (858) 613-9484

REAL ESTATE 800

Investment Properties

10%+ CAP NNN - AAA CREDIT 1-20 Million \$ Commercial Properties 4Sale Principals Only. zeevk1@yahoo.com

ADVERTISE IN THE

Real Estate Directory

Call 858-270-3103

REAL ESTATE 800

Investment Properties

SERVING S.D. SINCE 1967

INVESTMENT PROPERTY SPECIALISTS, **SALES & EXCHANGES**

APARTMENTS • OFFICE BUILDINGS COMMERCIAL OF FASING OFFE COLINSELING RESORT PROPERTIES ANYWHERE REAL ESTATE PROBLEM SOLVING

GEORGE JONILONIS The Estate Builder 858-278-4040

3200 Adams Ave. #206 in Normal Heights. gjonilonis@att.net Fax 760-431-4744

For Sale or Exchange

17.000 ACRES BAJA LAND with 3.7 miles ocean front, Ten unit condo project, plus retail near USD, Del Mar, water view home. Buy, or lease option 21,000 ft Kearny Mesa office building. Las Vegas 1BR Condo.. Try your sale, exchange ideas? Geo. Jonilonis, Rltr. 619 454 4151

ESTA





eal Estate Service S de RL de CV CABO SAN LUCAS

Jim Kelly

RemaxCaboSanLucas.com





PRE-LEASING **GARNET AVENUE IN PACIFIC BEACH**

2 Story Mixed-Use Building. 6 Retail Spaces at Street Level (approx. 1100 sq ft each). Brand new building with underground parking. High Traffic area with great visibility.

Garnet Ave. (between Lamont and Kendall) For info call John G. at (858) 232-0699

SATURDAY · FEB 14 · LA JOLLA · 1pm-4pm

\$799,000-\$899,000

ENCINITAS · 1pm-4pm

SUNDAY · FEB 15 · LA JOLLA · 11am-4pm

\$8,500,000

\$2,895,000

\$3,295,000

\$1,895,000

\$3,995,000

\$918,000

784 La Canada 1919 Spindrift	4BR/3.5BA 3BR/2.5BA
418 Sylvia St.	3BR/2.5BA
7536-7544 Draper	3BR/3.5BA
7421 Via Capri	4BR
1265 Park Row	4BR/3BA
9740 Keeneland Row	4BR/2.5BA
7912 Calle De La Plata	4BR/4BA
345 Ricardo	3BR/2BA
5730 Dolphin Place	5BR/6BA
7516 Miramar Ave	4BR/4BA
5834 Rutgers Road	5BR/5BA
1309 Kaimalino Lane	3BR/3BA
5859 Box Canyon Road	4BR/5BA
7337 Olivetas Ave.	4BR/3BA
7916 Paseo del Ocaso	3BR/3BA
784 La Canada	4BR/3.5BA
1919 Spindrift	3BR/2.5BA
7555 Eads Ave. #4	2BR/2BA
6875 Via Valverde	5BR/3.5BA
6417 La Jolla Scenic Dr. So	4BR/3.5BA
2075 Via Sinalda	4BR/2.5BA
5183 Chelsea St.	3BR/2BA
5834 Rutgers Road	5BR/5BA
1246 Savoy Street	3BR/1.5BA

4BR	
4BR/3BA	
4BR/2.5BA	
4BR/4BA	
3BR/2BA	
5BR/6BA	
4BR/4BA	
5BR/5BA	
3BR/3BA	
4BR/5BA	
4BR/3BA	
3BR/3BA	
4BR/3.5BA	
3BR/2.5BA	
2BR/2BA	
5BR/3.5BA	
4BR/3.5BA	
4BR/2.5BA	
3BR/2BA	
5BR/5BA	
3BR/1.5BA	
4BR/2.5BA	
2BR/2BA	
	S

5BR/4.5BA

\$799,000-\$899,000		
12pm-3pm		
\$2,148,000		
1pm-4pm		
\$2,600,000-\$2,950,876		
\$895,000		
\$1,395,000		
\$1,490,000		
\$8,500,000		
\$2,895,000		
\$2,995,000		
\$1,250,000-\$1,400,876		
\$3,295,000		
\$3,000,000		
\$2,385,000		
\$1,895,000		
\$3,995,000		
\$975,000-\$1,100,876		
\$1,975,000		
\$2,750,000		
\$1,900,000-\$2,200,876		
\$1,395,000		
\$2,995,000		
POINT LOMA / OCEAN BEACH • 1p		
\$987,500		
\$1,075,000		

POINT LOMA / OCEAN BEACH · 1pm-4pm
\$987,500
\$1,075,000
\$599,000-\$649,000
ATURDAY & SUNDAY FEB 14 & 15 • LA JOL

LLA \$5,295,000-\$5,795,000

Maxine & Marti Gellens • 858-551-6630 Maxine & Marti Gellens • 858-551-6630 Maxine & Marti Gellens • 858-551-6630 Bob Bates • 858-273-2121 Alfonso Aldrete • 858-245-2344

Brant Westfall • 858-922-8610

Alexandra Mouzas / Iberia Homes • 619-518-2755

Howard Bear • 858-273-2121

Jim Mc Inerney / Prudential CA Realty • 858-551-7233

David Schroedl • 858-459-0202 Maria Wolf • 858-731-6352

Mercedes Penner • 858-361-5562 Marta Schrimpf • 858-361-5562 Maxine & Marti Gellens • 858-551-6630 Maxine & Marti Gellens • 858-551-6630 Maxine & Marti Gellens • 858-551-6630

Maxine & Marti Gellens • 858-551-6630 Maxine & Marti Gellens • 858-551-6630 Maxine & Marti Gellens • 858-551-6630 Maxine & Marti Gellens • 858-551-6630

> Elena Wilcox • 858-454-9800 Brant Westfall • 858-922-8610 Lauren Lombardi • 619-757-4339

Margo Rogers • 858-354-4108 Susana Corrigan • 858-414-4555

Susana Corrigan/Suzanne Melvin • 858-213-8588 Maxine & Marti Gellens • 858-551-6630

> CindyWing.Com • 619-223-9464 CindyWing.Com • 619-223-9464 CindyWing.Com • 619-223-9464

Sharok Eslamian • 858-449-0501

Open House Directory listings are due on Tuesdays at noon.

Park Row Treasure • Just Listed in the Village





858 459 0202 dgs@san.rr.com www.DavidSchroedl.com







Open Sunday 1–4 · 1265 Park Row

Situated on Park Row Circle and located directly across from the grassy park. Originally built in the 1920's this romantic 4BR/3BA one-level treasure was recently remodeled to its original elegance. Now better than ever — with the highest quality finishes and details. French doors, hardwood floors and exquisite Italian marble & limestone throughout. Complete with its own guest cottage this impeccably designed home boasts modern/state-of-the-art convenience, yet retains the charm of yesterday. Gorgeous gourmet cook's kitchen with Gaggenau, Wolf, Sub-Zero and Meile appliances. The heart of the Village lies just outside your door. Just a few steps to restaurants, shops and the Cove. This historically significant home has the Mills Act in place — enjoy reduced property taxes. An enchanting home in one of La Jolla's most desired neighborhoods.

Seller will entertain offers between \$2,600,000-\$2,950,876



COLDWELL BANKER

californiamoves.com

Charming Homes La Jolla's Barber Tract!



LINDA MARRONE (858) 456-3224

Imarrone@san.rr.com

Certified Historic Real Estate Specialist



In Escrow

Delightful storybook English Tudor home has not been on the market for over 40 years. The home features fresh and bright interiors, 2BR/2BA, a generous sized living room and master suite, leaded glass windows, hardwood floors, 2 fireplaces and sun-filled brick patios.

Offered at: \$1,550,000

Recently Listed

Classic Tom Shepherd home filled with character and welcoming charm. Nestled on one of the neighborhood's largest lots, the 2BR/2BA home is beautifully proportioned and features sunny living and dining areas that open to a lovely brick patio. Other features include hardwood floors, coved ceilings, French doors, original crystal chandeliers and wall sconces that all add to the home alluring vintage style. Offered at: \$2,495,000



The Barber Tract is bordered by a beautiful sandy beach and is convenient to the Village, shops and restaurants. Go to www.LindaMarrone.com for the History of the Barber Tract.



La Jolla Office 930 Prospect Street 858.459.3851

RESIDENTIAL BROKERAGE

3,800 Offices

120,000 Agents

40 Countries

102 Years of Experience