

CONCIERGE SERVICE:
FREE HOME PREPARATION WITH YOUR LISTING*

HELEN SPEAR
DRE #01244302
619.813.8503 | Helen@HelenSpear.com
PBLISTINGSPECIALIST.COM

SAN DIEGO
REALTY
CONSULTANTS
*Call Now for Details

PB FOREIGN
CAR REPAIR

pbforeign.com
858-270-1142

1727 Garnet Avenue - P.B.
Across from Vons in Plaza Center

Pacific Beach's
ONLY
Foreign Car
Specialists

\$10 OFF
ANY OIL CHANGE
includes
30 POINT INSPECTION

• Change up to 4 qts. • Install new oil filter • Lubricated chassis • Top off vital fluids • Complete safety inspection • Most vehicles +\$3 EPA charge

Not valid with any other offers or specials.
Expires 03/18/22

10% OFF
ANY SERVICE \$150
OR MORE
Maximum discount is \$40

Not valid with any other offers or specials.
Expires 03/18/22



The uniqueness of 92109
SEE PAGE 12



Kitchens for Good Shop opens
SEE PAGE 6



sdnews.com
SAN DIEGO COMMUNITY NEWSPAPER GROUP

Pacific Beach YMCA still closed, expansion plans have downsized

By DAVE SCHWAB

COVID may have claimed another victim: long-range plans to create a public pool, a new YMCA building, and other ancillary improvements around Pacific Beach Middle School.

In April 2018, the Y and San Diego Unified School District celebrated the first phase of a shared venture, with both organizations holding a ribbon-tying ceremony to debut a new joint-occupancy turf field at PBMS. Surrounded by a track and striped for multiple sports, the field has been used since by soccer, field hockey, and girls and boys lacrosse. Paddle tennis courts were also added.

But four years later, the planned multi-phase project has at least been delayed – and likely shelved – following the temporary closure of YMCAs region-wide for three months or more due to COVID.

The ongoing pandemic caused the YMCA of PB to close, and the resultant loss of membership at the facility has necessitated previous expansion plans there to be significantly downsized.

“We lost 65% of members due to COVID countywide at our 17 YMCAs, four of which, including PB, are still not open,” said Vince Glorioso, executive director at YMCA of San Diego County. “COVID forced us to shut down the operation that had existed there (PB) before. We are just now reaching out to re-engage volunteers to look at how best we can serve the community’s needs by reactivating that site, investing in it.”

Future phases of the YMCA-SDUSD partnership were to include construction of a new two-story, 26-classroom building; improvements to existing buildings; relocation of school administration offices, renovation of the food service

See YMCA, Page 9



Visitors check out the wares of vendors on the boardwalk in Mission Beach earlier this week.

PHOTO BY RACHEL ROSEN

Mixed reviews so far for proposed street vending ordinance

By DAVE SCHWAB

Reaction is mixed on the draft street vending ordinance to be heard by City Council on March 1.

Though some consider it a fair compromise, others feel it doesn’t go far enough, while allowing vendors an unfair advantage over more traditional merchants.

The 28-page strikeout ordinance crafted by District 2 Councilmember Dr. Jennifer Campbell’s office seeks to walk the tight-rope between allowing free enterprise for street vendors, as required by SB 946, and honoring some local merchants’ pleas that vending needs to be curbed. Some argue vendors are not weighed down by rent, taxes, and licensing requirements demanded of brick-and-mortar businesses.

Campbell’s chief-of-staff Venus Molina,

said the draft ordinance was difficult to craft, in part because local government’s hands are tied by SB 946, the state’s Sidewalk Safe Vending Act. That law prohibits cities from restricting street vending for reasons other than public health, safety, and access.

‘We are years overdue for these regulations.’

- COREY BRUINS, PRESIDENT OF OB TOWN COUNCIL

“You can’t make the ordinance too restrictive, completely taking out neighborhoods for instance, because SB 946 frowns on that,” Molina said. “The good thing with this ordinance is it provides for annual review. We can give it a go, and if it doesn’t work, we can bring it back in a year.”

Molina said the draft ordinance coming

before City Council “mostly includes parks and beaches,” while concentrating on “over concentration of vending while protecting public health, safety, and scenic views. Those are the things we have to work with.”

Robert Evans, president of La Jolla Parks and Beaches, Inc. is among those who feel the vending ordinance falls short.

“It doesn’t go far enough in protecting our coastline parks,” he said. “I wanted to see a complete prohibition of vending, so as to best protect the scenic and natural beauty for ‘everyone’ to enjoy.”

Citing Scripps Park as one example, Evans said, “People need the connection with nature, and not be consumed by commercial distractions.”

See VENDORS, Page 8

CANNABIS 21+
Powered By SDRC
SAN DIEGO RECREATIONAL CANNABIS

15% OFF
FIRST TIME CUSTOMER

IN STORES ONLY. MUST HAVE COUPON.
NOT VALID WITH ANY OTHER OFFERS. EXP. 02.28.22

10% OFF
SECOND TIME CUSTOMER

IN STORES ONLY. MUST HAVE COUPON.
NOT VALID WITH ANY OTHER OFFERS. EXP. 02.28.22

Fast and friendly delivery

SHOP ONLINE

Youth sports leaders unhappy with City's De Anza Cove plan

By DAVE SCHWAB

Recreational and lodging interests are reacting negatively to the City's updated proposal for redeveloping De Anza Cove in the northeastern corner of

Mission Bay Park, fearing it could threaten the existence of athletic fields and low-cost camping.

The City's revised proposal, titled De Anza Natural, would be an amendment to the Mission Bay Park Master Plan. It envisions a

balance of land uses that serve local and regional recreational needs, while also restoring natural habitats and preparing for the impacts of climate change. The revised 2022 proposal includes more wetlands and ensures consistency

with the recently adopted Climate Resilient SD Plan.

Mark Sullivan and Justin Weber, both representing Pacific Youth Soccer League, which operates on fields near the proposed wetlands expansion of the existing Kendall-Frost Marsh, said losing those recreational fields would be catastrophic for local youth.

"The City of San Diego's proposal to expand wetlands as described within its De Anza Cove Amendment to the Mission Bay Master plan will destroy the Bob McEvoy field complex with no guarantee of replacement," Sullivan said. "The Bob McEvoy complex, which hosts baseball, softball, soccer, and tennis, was constructed on land dedicated to the City in the mid-1950s by Bob McEvoy for the sole purpose of supporting youth athletics. It is now at risk due to a new framework proposal for De Anza Cove that would turn much of the area into wetlands."

"We're a full volunteer operation in its 51st year and McEvoy is our primary field for our recreational program," said Weber. "We play all our games for kids under 9 years old there. If those fields go away, we are going to be stuck trying to pivot to find other fields. We have more than 1,300 players in our leagues. We just want the fields to remain a place for kids to get together and play soccer."

Andrew Meyer, director of conservation at nonprofit San Diego Audubon Society, said the City's land-use proposal "includes lots of acres for camping and for neighborhood recreation." He added that "none of that goes away with the updated De Anza Cove

Amendment.


"The City should plan for recreation on the bay-wide scale and should be balancing restored land uses in the northeast corner compared to the whole bay. Working wetlands with accessible, nature-based, education programs and cultural center access are new opportunities in the bay, a better balance for all of us. Adding those as part of a wetland restoration project is a recreational improvement to the whole Park."

Added Meyer: "The northeast corner of Mission Bay is the best place in the City for wetland restoration because we have the last remnant of tidal habitat there at Kendall-Frost and we have freshwater coming in from Rose Creek. We'll all benefit from the water-quality improvement, sea-level-rise resilience, and recreational opportunities that will come from a restored wetland. Mission Bay Regional Park is over 4,000 acres. We need to prioritize restored park components, with the recreation they bring."

"Camping on Mission Bay is an iconic part of San Diego's history that aligns with our love of the outdoors," said Jacob Gelfand, COO for Terra Vista Management, Inc. which runs Campland on the Bay. "Waterfront RV camping and outdoor recreation have been particularly important resources for San Diegans given the challenges posed by the pandemic. We are pleased to see the City's new site plan continues to include waterfront campsites utilizing existing infrastructure while protecting environmental resources."

READ MORE ONLINE AT sdnews.com

New Date Announced



Superintendent Search

San Diego Unified will host a community forum for the public to meet the superintendent finalists and provide feedback. The Board will introduce the permanent superintendent in mid-March 2022.

In-Person Community Forum

The event will also be live streamed. Zoom Webinar Link:
<https://sandiegounified.zoom.us/j/89749595768> | Webinar ID: 897 4959 5768


Saturday

FEB
26


12:00 - 2:00PM

Wilson Middle School, 3838 Orange Avenue, San Diego 92105

The District follows an Indoor [Guidance](#) for Events protocol.




RSVP by emailing superintendentsearch@sandi.net. Submit your questions for the candidates, no later than February 24 so they can be addressed at the forum, and any feedback/comments regarding the forum no later than March 1




Make your voice heard and attend the community forum! The San Diego community has a unique opportunity to help select the next Superintendent of the San Diego Unified School District. We urge members of the community to participate and share their thoughts about the importance of an inclusive and equitable education for all students. —Chris Wilson

Interpretation Services and ASL Interpretation Available

If you need interpretation in another language, email amorales@sandi.net.



For ASL Interpretation Services, use the QR Code to complete the form.



For more Information please visit the Superintendent Recruitment and Selection webpage.

De Anza Natural
De Anza Cove Amendment to the Mission Bay Park Master Plan
Figure 3: Site Plan

The City's De Anza Natural plan.

De Anza Cove at present.

Town Council ‘Garden Gurus’ volunteer to keep Pacific Beach beautiful

By DAVE SCHWAB

Pacific Beach Town Council's Enhancement Committee has taken on a number of community improvement endeavors, including a joint-landscaping project with City Parks and Recreation to beautify some of the gateways into the community.

One of the gateways addressed involved the Crown Point entryway on Ingraham Street.

"Parks and Rec were quick to respond, and we held a site meeting at the bus-stop park on the corner of Crown Point Drive and Ingraham Street in July," said Susan Crowers, PBTC Enhancement Committee chair. "Although we were not able to move forward (immediately) with a project due to COVID restrictions for volunteers, we were given the go-ahead to draw up and submit plans. In September 2021, we were finally able to put our plan in motion."

Crowers noted the project involved volunteers removing dead and dying shrubs as well as trimming back over-grown vines and low-level palms. "And we did a lot of weeding," Crowers said adding City staffers Bill Overstreet and his supervisor, Doreen Gonzalez-Kuper, oversaw City landscaping crews, which then "hauled away debris, repaired broken irrigation lines, delivered soil amendment,



Pacific Beach Town Council's Enhancement Committee volunteers clean up the Crown Point entryway on the corner of Crown Point Drive and Ingraham Street. COURTESY PHOTO

and finally, installed drought-tolerant plants.

"Our volunteers logged over 120 hours on this project," said Crowers adding "Parks and Rec placed two signs we had made up to let the community know about the project, and hopefully get the word out to have more volunteers join us on our weekly 'Garden Guru' projects around PB."

Crowers said the Enhancement Committee started out "taking on the medians that were neglected in PB."

That, according to Crowers, not only got people's attention but

their approval as well. "We got a lot of positive public feedback, people driving by and honking and waving," she said. "Ever since we've done quarterly weeding and trash pickup events, mostly on the on- and off-ramps from Interstate 5 in both directions, and also over by Rose Creek Cottage and on Mount Soledad."

PBTC volunteer work crews also refurbished the PB Wave sign on Grand Avenue, which Crowers noted had "been neglected and had one of its lights broken. We did a complete overhaul of that."

But Crowers stressed the

Enhancement Committee needs more help. "We can't do everything by ourselves," she said while giving kudos to Parks and Rec for assisting with their improvement projects.

"City parks provided almost all of the plants and we provided the weeding and pulled out the dying shrubs that edged it," Crowers noted.

A core group of volunteers including Dalton Rodda, JoAnn McGill, Leslie Dufour, Susan Howe, and Steve Parsley have teamed to do much of the needed landscaping work.

Crowers said PBTC has also made a commitment to using only organic methods of weed abatement. "There was just a lot of hand weeding that went on and continues to, along with mulching to hopefully cut down on the weeds, so we can move on to other projects," said Crowers.

Naming themselves the "organic garden gurus," Crowers said their enhancement team meets the first, second and third Thursdays of each month, as well as the last Saturday of the month "to allow volunteers an opportunity to work on the weekend who can't work during the week."

Crowers said the Enhancement Committee is looking into doing a future project involving "topping off the bluffs on Loring Street," as well as doing some weeding by the ocean that may include introducing some native plants.

"Parks and Rec has asked us to do another planter at Fanuel Street Park, and we said we'd take that on," said Crowers. "That is definitely a project that's in the works."

The Enhancement Committee wants to get the word out that community beautification should be everyone's business. "If everyone just took care of their own area, what a difference that would make," Crowers said. For more information, or to volunteer, visit pbtowncouncil.org.



THE BLEND 14 UPSCALE TOWNHOMES IN THE HEART OF PACIFIC BEACH

2 BED | 2.5 BATH | COMPLETION SPRING 2022

This is a rare opportunity to own at The Blend and be a part of this exciting new addition to the PB community. For more information, visit theblendpacificbeach.com

Rachael Kaiser
rachaelkaiser.com
info@rachaelkaiser.com
858.480.7074
DRE 01884530

Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. License Number [license number to be inserted by region]. All material presented herein is intended for informational purposes only and is compiled from sources deemed reliable but has not been verified. Changes in price, condition, sale or withdrawal may be made without notice. No statement is made as to accuracy of any description. All measurements and square footage are approximate.



Senior Living

Chateau La Jolla

Chateau La Jolla sits on a 2 acre estate, less than 1/2 block from the ocean. Every aspect has been specially designed for comfort and convenience with you in mind. Our unique layout ensures that everything is always within easy reach. We have specialized in serving the 55+ independent population for over 40 years and have innovated aging in place

We are excited to announce our Grand reopening of our Normandy building apartments. 21 beautifully renovated apartments with wider corridors, and unique and larger floor plans. Our friendly staff is here to ensure you have time to enjoy what Chateau located in the heart of the village of La Jolla has to offer. Come see why Chateau has won Best Senior Living community three years in a row

Make the Right Choice Senior Living

Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) wanted to develop better Assisted Living Care Homes and Services for seniors at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area), La Mesa, Del Cerro. See us today before making your final choice. Make the Right Choice Today. We are excited to announce that Sil-

verlight Homes of La Mesa will be joining the Right Choice Senior Living network of Assisted Living Care Home Communities. Beautiful La Mesa Neighborhood Close to ALL, Small Intimate Homelike setting, Reasonable Visitation & Outings, Accommodations & Experienced Team since 2008 For photos, video tours please visit. <https://silverlighthomesllc.com/> For more info call (619) 246-2003 or go to the rightchoicenorliving.org. **NOW HIRING CAREGIVERS! CALL NOW!**

Couples Thrive Together at Belmont Village La Jolla

Too often couples who have spent most of their lives together face the threat of separation in later years because of varying health needs, from dementia to mobility. Belmont Village Senior Living La Jolla, opening summer 2022, offers a solution for couples who want to remain together, but may need additional support to do so. Each Belmont Village community is thoughtfully designed and licensed throughout for the highest level of care. With research-based programs tailored to individual needs, couples can thrive

together. Programming at Belmont Village La Jolla will be enhanced through an ongoing partnership with UCSD to develop activities that foster resilience and wellbeing in older adults. Belmont Village has served San Diego seniors for 20 years at its Sabre Springs and Cardiff by the Sea communities, offering independent living, assisted living and award-winning memory care. To learn more, call 858-358-7129 or visit belmontvillage.com/lajolla.

- Assisted Living Care Home Communities
- No more than 6 residents per community
- Highly motivated and experienced staff
- Short Term Respite Stays are ok

Veteran Owned & Operated

619-246-2003

NOW HIRING CAREGIVERS CALL NOW

RIGHT CHOICE

SENIOR LIVING

Full Service Assisted Living Starting at \$150 a day.

We are saving families thousands per month

Grand Opening New La Mesa Care Home

www.rightchoicenorliving.org



Have a spare room in your home? Try HomeShare!




Get Started Today!

(619) 284-9281

elderhelpofsandiego.org



We've been matching housemates for nearly 30 years



What if rent was more than a transaction? What if it was a transformation? With ElderHelp's HomeShare program, it is!

HomeShare facilitates a match between home providers (those with a room to share), and home seekers (those looking for housing).

All parties are vetted to create a match based on individual preferences. The match agreement can be rent or service based. If service based, a seeker provides services in exchange for either a reduced rent or no rent. One person in each match is over the age of 60.

Currently, we're connecting residents in the cities of San Diego, Poway, and Vista with amazing results!

89% of our clients feel their quality of life is better.

74% of our clients feel safer at home.

94% of our clients believe they are more likely to remain independent.

In short, lives are transformed.

Learn more at elderhelpofsandiego.org or call (619) 284-9281.

All Heart Home Care In-Home, Non-Medical Care

All Heart Home Care is Veteran Owned and licensed agency by the state of California. All Heart provides quality senior home care assistance to the Greater San Diego area. We base our senior home care services on family values, and we also exemplify principals of respect, integrity, and transparency. All Heart Home Care is a professional and compassionate home care agency above all; We respect our client's dignity and their desire for independence. We listen to our senior client's desires then factor in their request for home care. Our agency only hires talented, experienced, and

trustworthy caregivers as a result, seniors and adults live their lives much happier in their own homes using our services. All Heart Home Care has received the Top Home Care award from SeniorAdvisor.com 5 years in a row 2017-2021. We also received the La Mesa Courier's Best Of 2020 Gold winner for Home Care and the San Diego Union Tribune's Favorite In-Home Care award in 2019 and voted Best in 2021.

Reminisce with friends

let us take care of the rest...

We take care of:

- Weekly Housekeeping
- Village Transportation & Activities are all included in the monthly rent!
- no costly entrance fees, just affordable coastal living
- redefine aging...





CHATEAU LA JOLLA

chateaulajolla.com

Family owned since 1977

Tours By Appointment

233 Prospect Street, La Jolla, CA Call: (858) 459-4451



BELMONT *Village*

SENIOR LIVING

LA JOLLA

OPENING THIS SUMMER

DISTINCTIVE LIVING MEETS BEST-IN-CLASS CARE, WITH A VIEW

For nearly 20 years, Belmont Village has set a high standard for senior living and care in San Diego. Developed in partnership with global leader in residential living, Greystar, our newest community in La Jolla will feature our renowned, first-rate clinical care and exceptional hospitality with captivating coastal views. Through our pioneering university collaborations, including our ongoing partnership with UCSD to promote resilience and wellbeing, residents of our La Jolla community will experience innovative, award-winning programming designed to keep seniors thriving. Better yet, our buildings are fully licensed so that residents don't have to move when care needs change, and couples with differing needs can continue to stay together.

Join the Waitlist | 858-358-7129
Pre-opening Rates Available for a Limited Time

**SCAN THE QR CODE
TO LEARN MORE**

DISCOVERY CENTER NOW OPEN | 3880 NOBEL DRIVE
INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE



Ava shown with her mother, Mary Appel, and Kiwanis President Matt Serritella.

Ava Appel “Kiwanis Students of the Month”

Pacific Beach Kiwanis has restarted their Student of The Month celebration. The first recipient was Ava Appel, a Kindergartener, from Pacific Beach Elementary School. Congratulations to Ava for being selected by her teacher, Vicki Alba. We hope this will be the first of many awards in the future.

CONGRATULATIONS!

Looking for Training Programs? Earn your certificate in high-demand office job skills in 3 to 7 short months!



- TRAINING PROGRAMS**
- Jr Accountant/Bookkeeper
 - Administrative Assistant
 - Accounts Receivable Specialist
 - Accounts Payable Specialist
 - Payroll Specialist
 - Enrolled Agent

COST/FINANCING
\$5,500 to \$7,500
Zero percent financing
Discount for full payment

4 Days a Week/4 Hours a Day

**ACCOUNTING
★ ACADEMY ★**

7283 Engineer Road Suite H - Kearny Mesa
San Diego, California 92111
website:theaccountingacademy.com

Now Enrolling!
Call: (858) 836-1420

Kitchens for Good announces grand opening of Pacific Beach shop

DONATION DRIVE AIMED AT COLLECTING 14,000 ITEMS

Introducing a pioneering new social enterprise, Kitchens for Good has announced the grand opening of its first “pre-loved” (gently used or new) kitchen store – Kitchens for Good Shop from 10 a.m.-6 p.m., on Saturday, Feb. 19. All proceeds from the store at 980 Hornblend St. benefit Kitchen for Good’s tuition-free culinary, baking and foodservice management apprentice programs, as well as its hunger relief and food waste reduction initiatives.

As part of the grand opening

month and with the help of the nonprofit’s restaurant partners and volunteers, Kitchens for Good will hold a donation drive aimed at collecting 14,000 kitchenware items. With a focus on accruing quality gently used and new kitchen and dining wares at the shop all month long from Tuesday to Sunday from 10 a.m.-6 p.m., additional donations sites and dates will include The Fish Market at 750 N. Harbor Drive; and Del Mar/Solana Beach at 640 Via de la Valle Friday-Sunday, Feb. 25, 26 and 27, 11:30 a.m.-4 p.m.



Kitchens for Good Shop’s new retail space spans about 5,000 square feet and sports bright images of food items created by Hanna’s Murals, and row after row of carefully curated kitchen items.

COURTESY PHOTO

KITCHENS FOR GOOD SHOP

Grand opening: 10 a.m.-6 p.m., on Saturday, Feb. 19.
Where: 980 Hornblend St.
Info: kitchensforgood.org.

Open to the public, the grand opening event will showcase the vibrant new retail space, which spans about 5,000 square feet and sports bright images of food items created by Hanna’s Murals, and row after row of carefully curated kitchen items. Guests are invited to peruse this collection of top-quality boutique products – including baking, cooking, and dining items; high-end appliances; upscale cookware from top-tier partners; vintage glassware; unique collectibles, and fine china.

Also for sale: limited edition home items handcrafted by the organization’s apprentices and San Diego social enterprises, such as Bright Future candles made by the women of HomeStart.

According to Kitchens for Good’s chief executive officer Jennifer Gilmore, the time was ripe for a store specializing in kitchen resale items. “This was a win-win opportunity,” she said. “An influx of baby boomers downsizing and clearing out excess items, coupled with the growing demand for resale items by sustainably-minded millennials, provides the optimal conditions for Kitchens for Good Shop. We believe we are well-positioned for future growth.”

The grand opening will also have live music by Steph Johnson, jazz vocalist and leader of Voices of Our City Choir, food samplings prepared by Kitchens for Good executive chef Ryan Rizzuto, and other notable San Diego chefs. A hands-on children’s crafts table for the younger set with activities such as cookie decorating and all canine attendees will be offered a fresh-baked treat.

Kitchens for Good recently took over the new location for its retail store on the corner of Cass and Hornblend in Pacific Beach, a standalone building that previously housed a Sherwin-Williams Paint outlet. To learn more, visit kitchensforgood.org/shop.

KITCHENS FOR GOOD

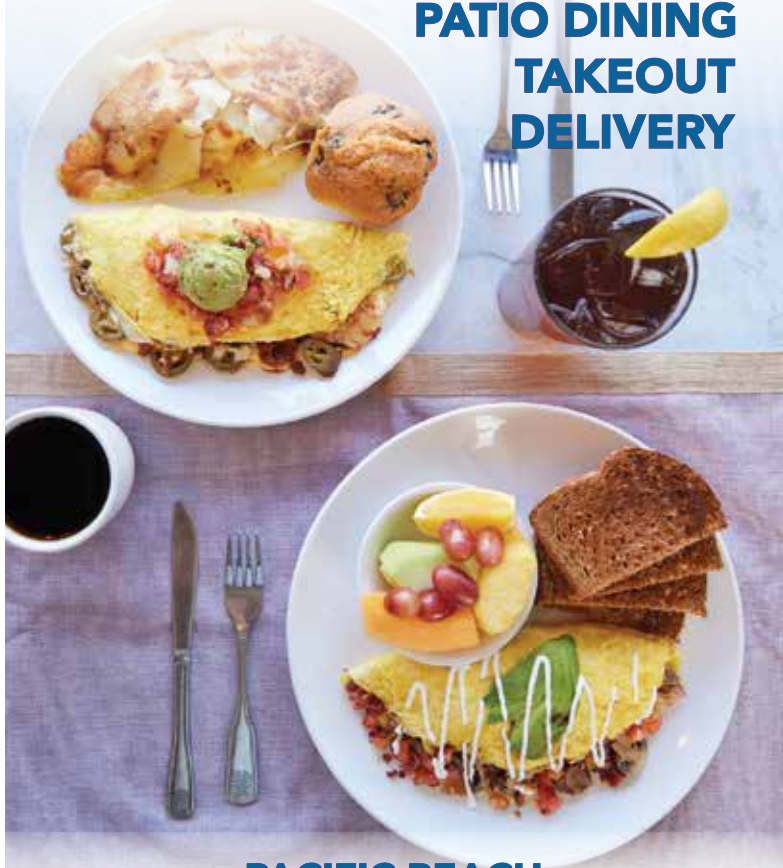
A nonprofit, Kitchens for Good offers transformative opportunities to individuals whose lives have been impacted by trauma and who have faced barriers to employment. Its three apprenticeship programs – culinary, baking, foodservice management – provide technical skills training, life coaching and career counseling, readying apprentices for meaningful careers in the hospitality industry. In addition, over 100,000 nutritious meals are prepared annually to help San Diego families, seniors, veterans, and students experiencing food insecurity.

READ MORE ONLINE AT sdnews.com



YES, WE ARE
OPEN

**DINE IN
PATIO DINING
TAKEOUT
DELIVERY**



PACIFIC BEACH

1851 Garnet Ave | 7AM - 2PM Daily

brokenyolkcafe.com

CIRCUS VARGAS

THE BIG ONE IS BACK!

All Aboard!

The CIRCUS VARGAS EXPRESS

MISSION VALLEY
Westfield Mission Valley
FEB 18 - MARCH 7

ESCONDIDO
Westfield North County
MARCH 11 - 28

BUY NOW!

Save 15% on your tickets!
Use code: 15AD22

CircusVargas.com



CRYPTOGRAM OTC IS CHANGING THE CURRENT ECONOMIC LANDSCAPE

This years dominant economic narrative has centred around one concept: *inflation*.

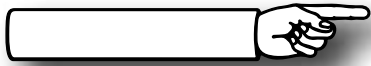
Year after year, the value of our hard earned dollar depreciates. During the COVID crisis, this issue was intensified when governments around the world printed troves of additional money to save firms and individuals from bankruptcy. In the midst of such inflation, practically all financial assets have increased in value since March 2020, with the S&P500 reaching a new all-time high in March. The current economic landscape, which is heavily affected by COVID, makes this growth even more astounding. Cryptocurrencies, however, have had the most *rapid expansion* since March 2020.



Cryptogram is linked to Bitcoin ATM Pros. We created a multi-utility token called ‘BAP Token’ that pays quarterly dividends to token holders based on 10% of the fees generated by our crypto ATMs.

- CEO Michael Cuillard

Scan Here



Bitcoin has seen an exponential rise in recent months as it is increasingly considered a safe-haven asset against inflation. Long term investors are still accumulating - delighted with their earnings - and Bitcoin has experienced *rising interest* as a store of value in a future where all fiat currencies will be subjected to inflation indefinitely. However, we believe cryptocurrency & blockchain industries will begin to truly flourish as new investors, web3 developers, and participants continue to flood in with each passing year.

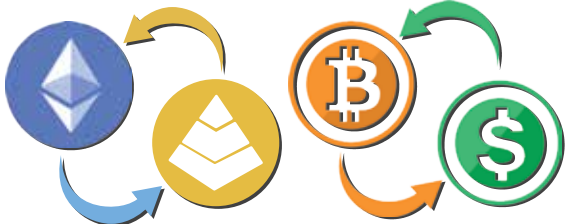
San Diego based company, Cryptogram, has an understanding of the gaps that need to be filled in the crypto sector. With 14 Million United States adults without a bank account and 1.7 billion adults around the world un-banked, Cryptogram aims to solve this dilemma by providing face to face crypto financial services globally. Cryptogram is one of the first over-the-counter (OTC) crypto exchanges in the United States located in the heart of Pacific Beach. There are two basic ways of organizing financial markets — exchange and “over the counter”, or OTC. Exchanges such as the NYSE or a crypto-equivalent like Coinbase essentially act as mediators between buyers and sellers. Traders post prices they are willing to sell assets for (asks) and others post prices they are willing to buy assets for (bids). When a bid and an ask overlap, the exchange facilitates the trade. All trades happen out in the open and the prices that different assets trade for are what you see scrolling across the bottom of CNBC or as seen on a website similar to coinmarketcap.com.

OTC exchanges differ in that trade happens directly between two parties, with one of those parties typically being a “desk” — a business dedicated to the buying and selling of a particular asset class. In an OTC trade, two parties agree on a price and then work out the transfer of assets between themselves.

WHAT IS A CRYPTO OTC?

A *Crypto OTC* simply handles the trading of crypto assets directly between two parties.

Mainly **fiat-to-crypto** (swapping US dollars for bitcoin/satoshi’s and vice-versa). As with all other OTC markets, trade always occurs between a dedicated trading “ desk ” and another individual or institution, referred to as a counterparty.



WHY DO CRYPTO OTC’s EXIST?

Mainly, because buying or selling crypto with fiat is difficult. If you went to a type of crypto OTC desk such as Cryptogram, they would quote you one price and if you accept, they’ll send you X amount of Bitcoin — simple as that. Dealing with the problems of sourcing large amounts of crypto is exactly what Cryptogram excels at. Through them, you can buy your cryptocurrency all in one shot, and without doing any of the legwork. Cryptogram is an agent of Bitcoin ATM Pros which is a FinCEN approved Money Service Business operating out of San Diego.

CRYPTOGRAM OTC
858-444-7222
1552 Garnet Ave
www.bitcoinatmpros.com
San Diego, CA 92109

VENDORS »

CONT. FROM PG. 1

Evans added he supported SB-946 as written for sidewalk vending and for promoting and creating ways for lower-income/micro-business entrepreneurs to succeed in reasonable areas and economic zones.

"Every California municipality I've researched up and down the coast prohibits sidewalk vending at their high-traffic and tourist destination parks and beaches," Evans said. "All California state parks prohibit sidewalk vending. And all 400-plus federal parks in the National Park System don't allow sidewalk-type vending."

Kevin Hastings, Ocean Beach Planning Board vice chair, felt he could live with the new ordinance.

"The vendor ordinance certainly sacrifices neighborhood sanity, but I suppose it's as much as we can hope for after allowing the situation to go unregulated for so long and become so established in our communities and parks," Hastings said. "I'm mostly concerned about this desire to enforce it with park rangers and code enforcement, and not police. We need any and all city entities enlisted to enforce these sort of quality-of-life issues when available, including SDPD, parking enforcement, and lifeguards."

"The City has been trying since 2019 – long overdue – to revise its vendor ordinance," said Mandy

Havlik, a member of the Peninsula Community Planning Board and an announced candidate running for the District 2 seat. "A City Council committee approved a draft ordinance while allowing coastal community leaders very little time to review what the vendor ordinance entails and provide meaningful inputs. The draft and report has not been vetted by any community group yet."

Speaking for himself, Corey Dylan Bruins, president of Ocean Beach Town Council, said he was "overall mostly content with the ordinance and looked forward to clarifying what the education and enforcement components will look like. We are years overdue for these regulations."

Bruins said a working group consisting of coastal community leaders from Districts 1 and 2, and other local stakeholders, met recently to discuss Campbell's Draft Sidewalk Vending Ordinance and wrote a letter with their recommendations in response.

Ann Kerr Bache, past La Jolla Town Council president and trustee, sided with brick-and-mortar businesses on street vending.

"Street vendors should have to pay taxes on a par with the local merchants, otherwise you are taking business away from our local merchants and vendors are able to compete or discount goods since they do not pay any taxes," she said.

READ MORE ONLINE AT sdnews.com

WHERE ARE STREET VENDORS BANNED?

The draft street vending ordinance passed recently by the Economic Development and Intergovernmental Relations Committee, will be heard by City Council on March 1. The new ordinance establishes both permitting and law enforcement processes for street vending, while banning vendors from operating in these parts of the City:

- Sports Arena Boulevard between Hancock Street and East Drive during events and game days.
- Within 500 feet of special events, swap meets and farmer's markets
- In Balboa Park, Mission Bay Park, Presidio Park, Belmont Park, and Shoreline Parks in the communities of Ocean Beach, Mission Beach, Pacific Beach, and La Jolla during the City's annual summer construction moratorium.
- 4th, 5th and 6th streets between Broadway Avenue and Harbor Drive in downtown.
- India Street between Ash Street and West Kalmia Street in Little Italy.
- San Diego Avenue between Twiggs Street and Conde Street in Old Town.
- Several blocks in East Village.
- Streets near the Convention Center during a convention or event.
- 6th Avenue through 14th Street between Market Street, Harbor Drive and Commercial Street during events and game days.

Street vendors respond to the possibility of new regulations

By RACHEL ROSEN

The Economic Development and Intergovernmental Relations Committee approved a draft street vending ordinance, which will be heard by the City Council on March 1. The goal of this new ordinance is to control the overcrowding of vendors in areas like Pacific Beach, Mission Beach, La Jolla, Balboa Park, and Downtown. The ordinance, crafted by District 2 Councilmember Dr. Jennifer Campbell's office, will require licensing, permits, health standards, and limits on where vendors are allowed to set up.

On Monday, Feb. 14, there were several vendors set up in Mission Beach, but not the overwhelming amount that you see on weekends. Tina, who sells hand-crafted resin and polymer clay jewelry, had just paid the renewal on her permit the day before.

"Honestly, I don't have a problem with having to have a permit," she said. "I mean, it's so inexpensive, it's \$38 a year."

Tina would appreciate more regulations as she does have a problem with vendors who leave up their canopies overnight when the law says they should be taken down every day. At times, she hasn't been able to find a space to set up her

table because of the canopies that have been left to "save" spots.

"That's my only gripe, you know, it's kind of unfair," she said.

Her main worry was that vending would be outlawed completely, so she is happy to follow any new regulations.

Maria, who also was also selling handmade jewelry at a nearby table, didn't have a permit and was unsure if she would get one if the ordinance goes into effect. Making jewelry helps Maria with her anxiety and depression. She pointed out a pair of earrings that took her about an hour to make but she was only selling for \$3. She understood why the ordinance would be put in place but was not sure if it would make financial sense for her.

"I do it because I love it, not because I make a lot of money," she said.

Near La Jolla Cove, Tish, who works with La Jolla Crystals, had a table set up. She also has a permit to sell her goods. She is retired and is a vendor because she loves La Jolla and spending time near the ocean and seals.

"I definitely think it's a good thing," she said when asked about the ordinance.

READ MORE ONLINE AT sdnews.com

~~JUST LISTED...~~

Already In Escrow!

806 San Juan Place

2BR | 1.5BA • SINGLE FAMILY DETACHED • FIXER UPPER OPPORTUNITY
4 CAR PARKING • IN ESCROW OVER LIST PRICE



TREVOR PIKE



15 Offers!

CONTACT TREVOR IF YOU WANT THESE
KIND OF RESULTS FOR YOUR HOME!



TREVOR PIKE

Coastal Property Specialist

619.823.7503

Trevor.Pike@Compass.com

DRE #01739847

Follow me on Instagram
@Trevor_Pike_SDrealestate



See my sales on Zillow



: : : : : COMPASS

COMPLIMENTARY

Home Price Estimate

Interested in finding out what your home
is worth in today's market?

Visit this website:

WWW. **THINKBRIAN**.com

or call me direct:

619-300-5032SDAR Recognition of Excellence,
Gold

2021



BRIAN J LEWIS

I'm a San Diego area expert and I'd
love the opportunity to earn your
business!

DRE #01440201

COMPASS

YMCA»

CONT. FROM PG. 1

area, and three new classroom/innovation spaces in the library media center; and campus-wide upgrades to security, fire alarm, data and communication infrastructure. A public pool was also planned.

The YMCA's vision, at that time, was to expand its presence in beach and bay communities by building a state-of-the-art YMCA fitness center to provide year-round care for local youth on the PBMS campus at the corner of Ingraham and Felspar.

'COVID forced us to shut down the operation that had existed there.'

- VINCE GLORIOSO, EXECUTIVE DIRECTOR
AT YMCA OF SAN DIEGO COUNTY

But the pandemic has forced a serious reassessment of what can realistically be done to improve the PBMS campus site now given the ongoing pandemic and current available financial resources.

"The focus right now is on finding a new model, a sustainable plan, that will work to build a pool specifically, with athletic facilities along with it," Glorioso said. "That's still the plan, long-range, to build a new permanent

building. But right now we're going back to the highest priority, which was to start with a pool, and then build the plan around that."

The YMCA of PB is "still coming out of COVID and is not all the way back to pre-COVID membership levels," noted Steve Pruett, a YMCA volunteer who is also a Pacific Beach community planner. "As membership grows again, we'll continue to offer more programs.

"But the Y right now is determining what's going to be the future. Can it be with a self-sustaining new facility? If the answer is yes, we need to re-energize that project. If the answer is no, or we don't know, that's going to make it more difficult to move it forward at this point."

Pruett characterized previous Y expansion plans in PB as "not completely dead," but added, "it does need a lot of work just determining what the right thing to do is."

Pruett said that the PBMS campus site where expanded YMCA facilities are planned is too valuable to leave fallow.

"That specific location is right

in the heart of PB," he said. "It's next to the PB Rec Center, which is being revitalized, and the softball fields and the middle school, all of which serve the community. That's why the Y was attracted to it."

Added Pruett, "The Y focuses on access and equity for all people to wellness. It provides a hub for the community. But it (redevelopment) has to make sense from a financial standpoint. It needs to be self-sustaining on an ongoing basis. It also has to have the involvement of all the stakeholders and the City. Figuring out what the community needs for its Y, it's a bit complicated to do it right."

DINE LOCAL, SHOP LOCAL, SPEND LOCAL

MISSION BEACH & PACIFIC BEACH

Pacific Life Church

Pacific Life Church offers church services every Sunday and we have 2 amazing opportunities for you to worship with us! We offer an in person, outdoors worship service every Sunday at 8:30am. We meet at St. Andrew's by the Sea - 1050 Thomas St. There is parking on the street, in the library parking lot or behind the church in the ally. We also offer a live online church service at 10:30am via our website, YouTube channel or Facebook page. For more information about our church services, to get involved in a Life Group, to sign up for our weekly emails or to connect with our staff, please visit our website, www.pacificlifechurch.org or our social media pages.

Every week, we provide video encouragements from our church staff and volunteers, both via email and on our social media pages. Topics include but are not limited to - parenting help, kid's activities, worship, hope, mental health service opportunities and loving our neighbors. So again, head to our website to sign up for those weekly emails and to connect with us at Pacific Life Church. We feel fortunate that we get to serve the community of Pacific Beach and we love our town. We are here for you - you are not alone!



Pacific Life Church

www.pacificlifechurch.org | Church Office: 4666 Cass St. Suite 202, San Diego, CA 92109

Facebook - @pacificlifechurchsd | Instagram - @pacificlifechurchsd | YouTube - PacificLifeChurchSanDiego

Prepared Meals
Ready to Reheat
at Home

Entertain with Ease
Hors d'oeuvres
& Party Trays
The makings of
Delicious Parties or
impromptu get-together

Full Service
Catering

Dining Indoor & Patio
Thur-Sun
Bakery Open Daily

Order online or call
(858) 488-1725
thefrenchgourmet.com



Hot Prime Rib on Saturdays



We buy estate jewelry, gold and watches.
Secure and confidential collateral loans.
Full service jewelry store.



LUXE
JEWELRY & LOAN

Luxepb.com
858-900-2036

1029 Garnet Ave, San Diego



Mix + Match Fajitas | Seafood | Pasta
Burgers | Salads | Nachos + More

Voted Best Burrito 14 Years Straight!

TACO SURF

Best burrito in America
by 3 nationwide sources

OPEN 8:30AM - 9:00PM

Dine-in, Take Out & Delivery

Online ordering @

tacosurftacoshop.com

4657 Mission Blvd.
San Diego, CA, 92109
(858) 272-3877

www.TacoSurfTacoShop.com

WE GET YOU BACK TO THE BEACH



Urgent Care • Lacerations • X-Rays
Walk-ins Welcome • IV Hydration

READER'S CHOICE AWARD: BEST DOCTOR
2016 • 2017 • 2018 • 2019 • 2020

Clean • Caring • Convenient

Monday - Friday: 8am - 4:30pm
Saturday: 9am - 1pm (COVID testing Only)



975 Garnet Ave. Pacific Beach

(858) 230-7770

www.pacificucwc.com

SERVICE DIRECTORY

ATTORNEY



PERSONAL INJURY - ACCIDENTS

Auto | Cycle | Pedestrian
Dog Bite | Slip and Fall
Brain Injury | Wrongful Death

Free Consultation | No Recovery, No Fee -
Serving our community for over 30 years

University Avenue
3180 University Ave.
Suite 220
San Diego, CA 92104
(619) 682-5100

Poinsettia Village
7220 Avenida Encinas
Suite 203
Carlsbad, CA 92011
(760) 931-2900

www.kdcinjurylaw.com
A Professional Corporation

AUDIOLOGY



Dr. Robert A. Faillace AuD
Dr. Lucia Kearney AuD

Comprehensive
Hearing Test

Hearing Aids
Sales & Service

3590 Camino Del Rio
North # 201
Located inside the
Senta Clinic
619-810-1204

AUTOMOTIVE



BRAKES • ALIGNMENT • A/C SERVICE • 30/60/90K Maintenance •

10% OFF
W/ THIS AD

(UP TO \$50 MAX FOR DISCOUNT)
(excludes oil changes)
May not be combined
with any other offer.

2938 GARNET AVE., PACIFIC BEACH
(858) 273-2411
www.beeinebrakes.com

AUTO GLASS
SPECIALIST

WE DO ALL TYPES OF
AUTO GLASS INSTALLATION

\$149.95

WINDSHIELD
REPLACEMENT

(Most cars, some restrictions apply.
Mobile Service Available.)

(619) 265-2811
5803 El Cajon Blvd.
wcautoglass.com

ALT. MEDICINE



ORDER ONLINE
FREE DELIVERY OR CURBSIDE PICK-UP

15% OFF DAILY DEALS:
MUNCHIE MONDAY ... EDIBLES
TOPICAL TUESDAY ... TOPICALS
WEED WEDNESDAY ... FLOWER
THIRSTY THURSDAY ... DRINKS
SUNDAY FUNDAY ... VAPES
Cannot be combined w/ other offers.

www.torreyholistics.com
10671 Roselle St. #100 | San Diego, CA 92121
C19-0000263-LIC

CLEANING



YOUR HOUSE
CLEANING EXPERT
IN SAN DIEGO

Hire our professionals to
simplify your life

Recurring House Cleanings
Move In/Out Cleaning
Window Cleaning Add On
Deep Cleaning & Sanitizing



619-366-0886



POWER
WASHING
SERVICES

www.sdklean.com
619-460-8177

CLEANING



Cleaning Service
by Cecilia Sanchez
Family owned & operated
15 years experience.

Office, residential &
vacancy cleanings

#1 vacation
rental experts

Free estimates
& excellent
references

(619) 248-5238

CARPET & TILE CLEANING



WHERE YOU ARE
TREATED LIKE ROYALTY!

Cleaning Carpet, Tile,
Upholstery for over 28 years.

CARPET CLEANING SPECIAL
SAVE \$45

3 ROOMS \$129

25% OFF Tile & Grout Cleaning
25% OFF restretching or carpet repairs
Must mention ad. Some restrictions apply.

619-677-6523
Or visit our website at
www.service-kings.com

CONTRACTOR



Home Improvement Specialist
AFFORDABLE
ON-BUDGET
EXPERIENCED

SPRING SPECIAL
15% OFF

DECKS, DOORS & WINDOWS
619-541-1737
johnmartinconstruction.com


STARBOARD
Construction

GENERAL CONTRACTOR

REMODELS
TENANT IMPROVEMENTS
REPAIRS
EVALUATIONS
CONSULTING
BIG/SMALL JOBS
FREE ESTIMATES
FAIR PRICING

619-577-5847
Lic.# 634838

ELECTRICIAN



Fischbeck Electric
For all your electrical needs:
Solar Systems
Green Energy Ssavings
Panel Upgrades and Changes
Remodels
Recessed Lighting, etc.
CA Lic. #900788 (10-12)

(619)749-7105
FischbeckElectric.com



Corlett Electrical
Construction

Mike Corlett
Locally Owned &
Operated

619-776-7134
Lic. #858862
mikecorlett@hotmail.com

FLOORING



HARDWOOD
FLOORING &
CONSTRUCTION

Lie. 786437 • Bonded Insured

619-606-5954

MARIANO BLSALACCHI
oldworldcraftsman@aol.com

P.O. Box 152872
San Diego, CA 92195

HANDYMAN

RENT-A-HUSBAND

HANDYMAN WITH
30 YEARS EXPERIENCE

MANY SKILLS

HOURLY OR BID

PROMPT, AFFORDABLE,
PROFESSIONAL
INSURED

Ask for Bob
619-742-0446

HAULING



You Call-We Haul!
No Job Too Small!

Evictions, cleanouts,
construction debris,
tree trimming, etc.

619-933-4346
www.iluvjunk.com

10% Senior
Discount

INSURANCE



Turning 65 or
Retiring Soon?

We Speak
Medicare

619-660-6996
www.haishainsurance.com

LANDSCAPE/GARDEN



CROWN POINT
CLIPPERS, INC.
TREE SERVICE

FREE ESTIMATES!

FINE PRUNING & THINNING
ARTISTIC TREE LACING
TREE & STUMP REMOVAL
CROWNPOINTCLIPPERS@GMAIL.COM

(858)270-1742
Fully licensed and insured. Lic# 723867

SERVING THE LA JOLLA
AREA FOR 40 YEARS



CISCO'S
LANDSCAPING

Weed Removal
Yard Clean Ups
Monthly Maintenance
Junk Removal
Sprinkler Installation & Repairs
Sod Installation
Retaining Walls

CALL FOR A FREE ESTIMATE
619-513-0424
Lic # 1041479



POINT LOMA
LANDSCAPE
MAINTENANCE EXPERTS

WEEKLY • BI • MONTH
SPRINKLER DOCTORS IN
CLEAN-UPS • HAUL/DUMP
SENIOR TO SENIOR 10%
CA. ST. LIC. #0783646

tony@pointlomalandscape.com
(619) 523-4900

Gardening Services
Lawns • Hedges
Weeding & Trimming

We Do It ALL!

Allied Garden Resident Since 1993
30 Years Experience
Specializing in Local Communities

Licensed • Weekly
Free Estimates • Bi-Weekly
Reliable • Monthly

Turner Landscape
619-885-0906

LODGING



Retro Hotel
Centrally Located in
Mission Valley

Waffle Spot
Locals Favorite

Amigo Spot - Old Charm
Mexican Cuisine

1333 Hotel Circle South
San Diego, CA 92108
619.297.2231
Kingsinnsandiego.com

PAINTING



DOUBLE G
PAINTING &
CONTRACTING

"When Quality Matters"

We specialize in complete
interior & exterior projects

Kitchen Bath Gutters
Baseboards Concrete
Moldings Windows
Flooring Waterprooing
Painting Masonry
Remodels Brickwork
Stucco Drywall
and more!

Senior & Military Discounts

Free Estimates from
owner John Gregg

619.665.0754
Member BBB • Lic. #950146 • doublegpainters.com



Chuckie's
Painting Company

(619) 795-9429
www.chuckiespainting.co
chuckgjr@cox.net
CA Lic. #925325

CLEANING

FREE ESTIMATES (619)755-9651



CLEANING GC
SERVICES

Regular Deep Cleaning
Move in/Out Services

PERSONAL TRAINER



GansFitness
BANKERS HILL

Your health is your wealth
MAKE IT COUNT!

858.531.8018
Rgans24@hotmail.com



ERLING RONDE
PLUMBING COMPANY

FAMILY OWNED & OPERATED
BY A VIETNAM VET

San Diego's Oldest
Plumbing Company.
Offering quality service &
repair for 110 years.

858-454-4258
5771 LA JOLLA BLVD #5
ERLINGROHDEPLUMBING.COM

PLUMBING



ideal
PLUMBING • HEATING • AIR • ELECTRICAL

(619) 583-7963
idealservice.com
5161 Waring Rd, San Diego
CA License #348810

60 YEARS

REALTOR



LA JOLLA COVE
REALTY

Mercedes La Ford

Residential &
Investment Realtor

1150 Silverado St, La Jolla
La Jolla Professional Bldg.

Bus: (858) 454-0157
Cell: (858) 232-5565
mercedes@lajollacoverealty.com
LIC. 684628

PLUMBING



BILL HARPER PLUMBING.COM

Licensed Plumber

with years of experience in residential homes
Prompt, Professional and Affordable
Phone Estimates, Cash Discounts

CALL BILL 619-224-0586
Lic #504044

SENIOR CARE



CareGiver/Companion
Can Do: Hospice, Alzheimer's
Parkinson's, ALS, and more.

Medications, Appointments
Errands, Bathing, Wonderful
Cook, Lite Housekeeping,
Pet Care, Live in/out,
I'll help with your daily needs.

Call Laura for interview at
858-243-8288 Thank You

SENIOR CARE

Male w/ 10 Years Exp w/ 1
Family, ADL's, Dementia,
Diabetes, Bathing, Errands,
Excellent Cook, Appointments.
Day or Night Shifts. Speaks
French, Spanish and Loves Pets!
Text Only
619-887-6450



The Montera
MBK SENIOR LIVING

A Lifestyle of Choices

Assisted Living
Memory Care
Respite Care

619-464-6801
5740 Lake Murray Blvd
La Mesa

TREE SERVICE



RYKEN TREE SERVICE

Tree Trim • Shape
Removals &
Stump Removals

Aborist #911 On Every Job!

Fully Licensed and Insured
FREE Estimates

619-672-8166
Lic #536515

WATCHMAKERS



London Gate
Watchmaker & Jeweler

Experts on
Rolex, Patek Philippe,
Cartier & all Fine Watches
WE BUY GOLD
Genuine Factory Parts
Batteries Installed while
you wait.

OVER 30 YEARS EXPERIENCE
1451 Garnet Ave. Pacific Beach
858-270-6565

WINDOW CLEANING



Ray & Roger's
WINDOW
CLEANING

Commercial & Residential

Tracks Mirrors
Screens Skylights

30 Day Rain Guarantee
Licensed & Insured • Free Estimates

619.252.1385

WEDDINGS



INTER-FAITH
WEDDING
OFFICIANT

Inter-faith minister
available to officiate
weddings in San Diego.

\$350
(PayPal, Google Pay, Facebook Pay)
of booked Zoom conference
wedding or outdoor inter-faith
wedding ceremony.

619-398-7197
thubtenpematenzin68@gmail.com

CLASSIFIEDS
MARKETPLACE

HELP WANTED 250

General Help Wanted

ITEMS WANTED 325

Items Wanted

Secure & Confidential Pawn Loans We buy
estate jewelry, gold & watches Luxe Jew-
elry & Loan by appointment Luxepb.com
858-900-2036

BUSINESS OPTS. 550

Income Opportunities

WANT TO purchase minerals and other oil & gas interests.
Send details P.O. Box 13557, Denver, Co 802011

LEGALS

ARY 28, 2022. ISSUE DATES: FEBRUARY 4, 11, 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002448 Fictitious Business Name(s) a. MILK CRATE MASTERMIND Located at: 42609 RAWHIDE LANE, SAN MARCOS, CA 92078 is registered by the following: a. AMY KATHLEEN JUA LANCI This business is conducted by: AN INDIVIDUAL The first day of business was: 03/03/2021 Registrant Name: a. AMY KATHLEEN JUA LANCI Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/ County Clerk of San Diego County on: JANUARY 31, 2022. ISSUE DATES: FEBRUARY 4, 11, 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002472 Fictitious Business Name(s) a. GLOB-AL NATURE AND ART ALLIANCE Located at: 2400 5th AVENUE #440, SAN DIEGO, CA 92101 Is registered by the following: a. XINMAN WANG This business is conducted by: AN INDIVIDUAL The first day of business was: 03/01/21 Registrant Name: a. XINMAN WANG Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 31, 2022.. ISSUE DATES: FEBRUARY 4, 11, 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9001378 Fictitious Business Name(s) a. HOMEY MOBILE MASSAGE Located at: 3445 LEBON DR #1413, SAN DIEGO, CA 92122 is registered by the following: a. FRANCESCA ALBERTAZZI This business is conducted by: AN INDIVIDUAL The first day of business was: N/A Registrant Name: a. FRANCESCA ALBERTAZZI Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 19, 2022. ISSUE DATES: JANUARY 28 ,FEBRUARY 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9001530 Fictitious Business Name(s) a. OCEAN PACIFIC GYM & WELLNESS Located at: 4150 MISSION BLVD, SUITE 240, SAN DIEGO, CA 92109 is registered by the following: a. OCEAN PACIFIC COMPANIES, LLC This business is conducted by: LIMITED LIABILITY CORPORATION The first day of business was: 01-19-2022 Registrant Name: a. OCEAN PACIFIC COMPANIES, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor. KEN CORNELL, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 20, 2022. ISSUE DATES: JANUARY 28, FEBRUARY 4, 11 & 18

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9012127 Fictitious Business name is being abandoned by: a. PAUL DOBBS, 2400 5th AVENUE #440, SAN DIEGO, CA 92101 b. XINMAN WANG 2400 5th AVENUE #440, SAN DIEGO, CA 9210 This business is conducted by: A GENERAL PARTNERSHIP . I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). Registrant name: PAUL DOBBS, Title of officer, if limited liability company/corporation. The statement was filed with Ernest J. Dronenburg, Jr., Recorder/ County Clerk of San Diego County on JANUARY 31, 2022. ISSUE DATES : FEBRUARY 4, 11, 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002499 Fictitious Business Name(s) a. VALLE PRODUCTS Located at: 4212 CONRAD AVENUE, SAN DIEGO, CA 92117 Is registered by the following: a. ELIZABETH MEDINA This business is conducted by: AN INDIVIDUAL The first day of business was: 01/01/2010 Registrant Name: a. ELIZABETH MEDINA Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 31, 2022.. ISSUE DATES: FEBRUARY 4, 11, 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002021 Fictitious Business Name(s) a. BANDITANDHAZARD Located at: 3562 MT ALVAREZ AVE, SAN DIEGO, CA 92111 Is registered by the following: a. STEPHEN ANTHONY HELMER b. BRIDGET NICOLE HELMER This business is conducted by: A MARIED COUPLE The first day of business was: N/A Registrant Name: a. STEPHEN ANTHONY HELMER b. BRIDGET NICOLE HELMER Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/ County Clerk of San Diego County on: JANUARY 25, 2022.. ISSUE DATES: FEBRUARY 4, 11, 18 & 25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002581 Fictitious Business Name(s) a. HOLISTIC HEALTH & HEALING Located at: 3065 ROSECRANS PL, SUITE 106, SAN DIEGO, CA 92110 Is registered by the following: a. KRISTINA LARSON This business is conducted by: AN INDIVIDUAL The first day of business was: 01/31/2022 Registrant Name: a. KRISTINA LARSON Title of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 31, 2022.. ISSUE DATES: FEBRUARY 11, 18, 25 & MARCH 4

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002767 Fictitious Business Name(s) a. MILREPS Located at: 3573 MOUNT ACOMITA AVENUE, SAN DIEGO, CA 92111 Is registered by the following: a. JENCO CONSULTING, INC This business is conducted by: A CORPORATION he first day of business was: N/A Registrant Name: a. JENCO CONSULTING, INC TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. CORY ALLEN, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY2, 2022.. ISSUE DATES: FEBRUARY 11, 18, 25 & MARCH 4

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002804 Fictitious Business Name(s) a. OBEAN BEACH BnB b. OCEAN BEACH BED AND BAGEL c. O.B. BnB Located at: 4744 VOLTAIRE STREET, SAN DIEGO, CA 92107 Is registered by the following: a. OBEAN BEACH BnB, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: N/A Registrant Name: a. OBEAN BEACH BnB, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor. ROBERTA SUTTON & CHRISTIAN KELLY, CEO & COO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 2, 2022.. ISSUE DATES: FEBRUARY 11, 18, 25 & MARCH 4

Bucs basketball comes back strong for playoffs

By HECTOR TRUJILLO

The Mission Bay High School boys and girls basketball teams completed their regular seasons earning No. 8 and No. 14 seeds, respectively, in the playoffs.

The boys squad finished with a 19-8 record, which is their best season since the 2017-18 campaign when they went 27-6 and won the CIF San Diego Open Division title over Foothills Christian. The team, led by head coach Marshawn Cherry, started off hot winning 10 of their first 12 games including a 40-point victory over Carlsbad, a 67-point win over Chula Vista, and a 55-point win over Sweetwater.

"I'm very pleased with our guys," said Cherry. "Coming into the year we didn't know where we were going to be after losing two of our leading scorers who transferred over to Mater Dei, so it was up in the air. We knew we had good young talent and we weren't sure if they were developed but they stepped up big time."

The Buccaneers faced Mater Dei Catholic High School twice this season beating the team from Chula Vista by 21 points in their first matchup and by 20 points in the rematch. The Bucs cooled off somewhat splitting their next eight games including

suffering their only back-to-back losses of the season versus St. Augustine on Jan. 14 and San Diego High School on Jan. 18.

They were able to bounce back quickly though winning five of their final eight matches to end the regular season, which included a payback blowout victory against the Cavers on Feb. 8 by a score of 80-57.

"We did a good job adapting," Cherry added. "The administration at our school has been very good at helping us make sure we have the things we need to be successful."

GIRLS BASKETBALL

As for the girls team, despite not having a memorable season, their side was able to get some noteworthy wins including a dramatic two-point victory over Madison High School on Dec. 21 followed up with a suspenseful one-point home victory over La Jolla High School on Dec. 23.

They also came out on top with blowout wins over Foothills Christian, and Clairemont High School along with a road victory against Mar Vista on Dec. 15. There were also several close matches that could have gone either way throughout the season

including games against Valhalla High School in the season opener where they fell 44-38, along with Bayfront Charter High School and Kearny High School where they also came up six points short finishing the regular season 5-17 overall.

The team's final regular season record was still a marked improvement from the 2020-2021 season when they went finished 0-18.



Mission Bay junior point guard Gelo Gil drives to the basket against St. Augustine. PHOTO BY STEVE SIDELL

TORREY HOLISTICS

YOUR CANNABIS STORE



ORDER ONLINE OR CALL FOR FREE DELIVERY OR CURBSIDE PICK-UP

[TORREYHOLISTICS.COM](https://torreyholistics.com) | 858-558-1420

10671 Roselle St. #100 | San Diego, CA 92121
C10-0000242-LIC

shhh

We're sharing our Secret Stash just with you...

EIGHTHS starting at **\$14**

TORREY HERB CO.

Mix and Match 1g Jars

3 for \$30

Through 2/28/22 or while supplies last.



torreyholistics.com/secret-stash



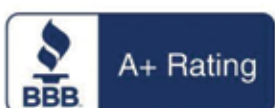
Full Service Chimney Cleaning

ONLY \$99 reg. \$189

Includes full safety inspection

CALL TODAY:

619-593-4020



CHIMNEY SWEEPS, INC.
SERVING SAN DIEGO COUNTY
FOR OVER 30 YEARS

RAIN, WIND, AND FIRE...

"The three menaces to any chimney, fireplace, or stove."

Every year there are over twenty thousand chimney / fireplace related house fires in the US alone. Losses to homes as a result of chimney fires, leaks, and wind damage exceeds one hundred million dollars annually in the US.

CHIMNEY SWEEPS, INC., one of San Diego's leading chimney repair and maintenance companies, is here to protect you and your home from losses due to structural damage and chimney fires.

Family owned and operated and having been in business for over 30 years, Chimney Sweeps Inc. is a fully licensed and insured chimney contracting company (License # 976438) and they are certified with the National Fireplace Institute and have an A+ rating with the Better Business Bureau.

For a limited time, readers of this paper will receive a special discount on our full chimney cleaning and safety inspection package with special attention to chimney water intrusion points in preparation for the rainy season.

FastCashOfferSanDiego.Com

DRE#01232827

SUDOKU PUZZLE

						5	7	
	9		4			1		
8		5	9	1				
								8
	6		5					
5	4	1						2
			6	8				
6		9	3		2			7
	8			4				

CROSSWORD PUZZLE

1	2	3	4			5	6	7	8	9	10			
11						12						13	14	15
16						17				18				
19				20	21			22	23				24	
25						26						27		
28						29				30				
				31	32					33				
34	35	36	37						38					
39						40	41	42						
43					44						45	46	47	48
49				50					51	52				
53			54						55					
56		57					58				59			
60					61	62					63			
				64							65			

- CLUES ACROSS**

1. Remain as is

5. Functional

11. News magazine

12. Popular treat

16. Area units

17. Artificial intelligence

18. Marten valued for its fur

19. Forms of matter

24. Home of the Dodgers

25. Bordering

26. Part of the eye

27. It might be nervous
28. Visualizes

29. Crest of a hill

30. Measures engine speed (abbr.)

31. Tears in a garment (Br. Eng.)

33. Not easily explained

34. Song in short stanzas

38. Detonations

39. Intestinal

40. EU cofounder Paul-Henri ____

43. Balmy

44. New Mexico mountain town

45. Gobblers

49. Insecticide
50. Golf scores

51. Has its own altar

53. "Pollock" actor Harris

54. Being livable

56. NHL play-by-play man

58. "The Great Lakes State" (abbr.)

59. Unpainted

60. Swam underwater

63. Native American people

64. Containing salt

65. Exam

- CLUES DOWN**

1. Small bone in middle ear

2. Long, angry speech

3. Move out of

4. Male organ

5. Two-toed sloth

6. Making dirty

7. Article

8. Oil company

9. Emits coherent radiation

10. Amounts of time

13. Unit equal to one quintillion bytes

14. Forbidden by law

15. Drains away

20. Not out

21. Sea patrol (abbr.)
22. Bird genus

23. Gratuity

27. ____ and feathers

29. Spiritual part of an individual (ancient Egypt)

30. Hot beverage

31. Pouch

32. It followed the cassette

33. Large northern deer

34. Ones who offer formally

35. Famed genie

36. Bequeathed

37. Skeletal muscle

38. Atomic #56

40. Silk garment

41. They deliver the mail
42. Equally

44. Check

45. Light-colored breed of hound

46. Drug that soothes

47. Railroads

48. Most slick

50. Jacket

51. A radio band

52. Hello

54. His and ____

55. Supporter

57. Popular software suite (abbr.)

61. Railway

62. NY coastal region (abbr.)

L	S	E	J			E	N	I	T	V	S					
S	O	L	O			D	E	L	X	H	O	N	S			
E	H	V	B			I	W		H	E	W	I	H			
A	L	I	T	I	B	V	L	I	B	V	H	D	E			
T	E	d	V	H	O	S	H	V	d			L	D	O		
S	W	O	L			S	O	V	L			L	d	V	d	
						X	V	d	S			O	V	E	L	I
S	L	S	V	L	B				D	V	L	T	V	B		
E	I	H	E	O		S	G	V	O	S						
H	O	V	L			d	V	N	K			S	E	E	S	
O	I	L			S	I	H	I		G	N	I	G	D	E	
V	T	S	E			L	V	T	n			C	I	L	V	d
E	T	B	V	S				I	V			S	E	B	V	
T	I	E	B	V	d	N	O	N				E	W	I	L	
						E	T	B	V	S	U					

5	9	6	1	4	7	2	8	3
7	4	8	2	5	3	6	1	9
1	3	2	6	8	9	7	5	4
2	6	7	9	3	8	1	4	5
4	1	3	7	2	5	8	9	6
8	5	9	4	6	1	3	2	7
9	2	4	3	1	6	5	7	8
3	8	1	5	7	4	9	6	2
6	7	5	8	9	2	4	3	1

Get to know 92109 by the numbers

By DOUG TRENTON

As a Pacific Beach native (MBHS class of '66) and self-proclaimed trivia enthusiast, I recently got to thinking about just how unique the 92109 ZIP code is. This ZIP code includes Pacific Beach, Mission Beach, and believe it or not, a sliver of Ocean Beach. Being retired and having plenty of time on my hands, I decided to set out on a little project that led me to create the following list of reasons that the 92109 ZIP code just might be the most unique and diverse in the country.

Of course, out of the other 41,691 U.S. ZIP codes, there are many that share some of these same features. For example, thousands have permanent public restrooms, but 32? How about 41 free public parking lots or six roller coasters? It's the sheer number of these various features all packed into a single ZIP code that makes this list so amazing. For example, in this ZIP code there are:

- 11 bridges over water.
- 10 boat marinas.

- 5 boat launching ramps.
- 3 boat racing courses: for hydroplanes, sailing, and rowing.
- 2 aquatic centers.
- 2 campgrounds.
- A yacht club.
- A golf course.
- A jet ski course.
- A ski jump.
- A model boat pond.
- A model airplane field.
- A drone obstacle course.

2 amusement/theme parks, six roller coasters (SeaWorld, Belmont Park).

Ocean sport fishing and whale watching.

Mission Bay, the largest aquatic park of its type in the country.

6 islands.

27 miles of bay and ocean shorelines, in which 18 miles are sandy beaches.

12-mile bay loop bike path with other bay and ocean trails for miles beyond.

3-mile long ocean boardwalk.

6 waterfront resorts: Hyatt, Paradise Point, Dana, Mission Bay Resort, Bahia, and Catamaran.

32 permanent public restrooms.

At least 41 free paved public parking lots.

10 playgrounds with equipment and numerous volleyball courts, basketball courts and baseball diamonds.

An ocean fishing pier with a hotel.

A surfing park.

4 dog parks.

2 ocean jetties (South Mission Beach jetty and OB Dog Beach are in 92109).

2 wildlife preserves.

2 salt marshes.

1 river (San Diego).

1 creek (Rose).

Also, I'd like to mention the recent U.S. News and World Report article in which San Diego was listed as "the most fun place to live" in the country. It's worth noting that many of the places that make San Diego so much fun are found within 92109. This is only a partial list of noteworthy characteristics that make 92109 unique and no doubt it can be expanded on. It was a fun little project however, I admit that counting all those public restrooms was a bit of a stretch. I hope you enjoyed it!

LEGALS »

CONT. FROM PG. 10

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2021-9025176 Fictitious Business Name(s) a. THE INFLORESCENCE Located at: 2726 SHELTER ISLAND DRIVE NO 336, SAN DIEGO, CA 92106 Is registered by the following: a. THE FLUORESCENTS, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: 11-04-2021 Registrant Name: a. THE FLUORESCENTS, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor PETER C. A'HEARN, MANAGER The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: NOVEMBER 09, 2021. ISSUE DATES: FEBRUARY 11, 18, 25 & MARCH 4

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002888 Fictitious Business Name(s) a. SPIN CAPITAL Located at: 1968 S. COAST HWY #5021, LAGUNA BEACH, CA 92651 Is registered by the following: a. SPIN CAPITAL, LLC This business is conducted by: A LIMITED LIABILITY COMPANY The first day of business was: 08/11/2021 Registrant Name: a. SPIN CAPITAL, LLC Title of Officer, if Limited Liability Company/Corporation Title of Signor. CHRISTOPHER A CONNER, CEO The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 3, 2022.. ISSUE DATES: FEBRUARY 11, 18, 25 & MARCH 4

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9003147 Fictitious Business Name(s) a. CITRINE AND SOUL AESTHETICS Located at: 3740 SPORTS ARENA BLVD, UNIT 5, SAN DIEGO, CA 92110 Is registered by the following: a. LEAH EILEEN WORLEY This business is conducted by: AN INDIVIDUAL The first day of business was: 02/01/2022 Registrant Name: a. LEAH EILEEN WORLEY TITLE of Officer, if Limited Liability Company/Corporation Title of Signor.The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 3, 2022.. ISSUE DATES: FEBRUARY 11, 18, 25 & MARCH 4

ORDER TO SHOW CAUSE FOR CHANGE OF NAME; CASE NO: 37-2022-00003861-CU-PT-CTL SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO; STREET ADDRESS: 330 W BROADWAY CITY AND ZIP CODE: SAN DIEGO, CA 92101; BRANCH NAME: HALL OF JUSTICE. TO ALL INTERESTED PERSONS: 1. Petitioner (name): ALEXANDER BERNAL filed a petition with this court for a decree changing names as follows: Present name: a. ALEXANDER BERNAL to Proposed name: ALEXANDER RISKY BERNAL This court at the hearing indicated below to show cause, if any, why the petition should not be granted. Any person objecting to the name changes described above must file a written objection that indicates the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: 03/16/22 TIME: 8:30 AM DEPT: 61; b. The address of the court is SAME AS NOTED ABOVE; 3 a. A copy of this Order to show cause shall be published at least once each week for four consecutive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county (specify newspaper): LA JOLLA VILLAGE NEWS, AND PENINSULA BEACON. Date: FEBRUARY 1, 2022. JUDGE OF THE SUPERIOR COURT LORNA ALKSNE ISSUE DATES: FEBRUARY 11, 18, 25 & MARCH 4 ATTACHMENT TO ORDER TO SHOW CAUSE – Name Change (NC-120) Due to

the Covid-19 Pandemic, and the Court not conducting in-person hearings, the following order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The Court will review the documents filed as of the date specified on the Order to Show Cause. If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (require at least two court days before the date specified), the petition will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to you. If all of the requirements have not been met as of the date specified, the court will mail you a written order with further directions. If a timely objection is filed, the court will set a hearing date and contact the parties by mail with further directions. IF YOU ARE A RESPONDENT OBJECTION TO THE NAME CHANGE, YOU MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified Date, you will be notified by mail by the Court of a future hearing date. Any petition for the Name Change of a minor, that is signed by only one parent, must have this Attachment served along with the Petition and Order to Show Cause on the other, non-signing patent, and proof of service must be filed with the court. IT IS SO ORDERED.

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9003117 Fictitious Business Name(s) a. COMUNIDAD HISPANA SAN DIEGO MAGAZINE Located at: 2417 MAIN ST, STE 26, CHULA VISTA, CA 91911 Is registered by the following: a. MARISA BERTELSEN This business is conducted by: AN INDIVIDUAL The first day of business was: 02/01/2022 Registrant Name: a. MARISA BERTELSEN TITLE of Officer, if Limited Liability Company/Corporation Title of Signor.The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 7, 2022.. ISSUE DATES: FEBRUARY 11, 18, 25 & MARCH 4

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002837 Fictitious Business Name(s) a. WEDNESDAY'S CHILD b. ELECTRIC PLAYGROUND Located at: 827 10TH AVENUE, SAN DIEGO, CA 92101 Is registered by the following: a. LYNNE BOLTON b. S. PAUL BOLTON This business is conducted by: A MARRIED COUPLE The first day of business was: 01/28/2022 Registrant Name: a. LYNNE BOLTON b. S. PAUL BOLTON TITLE of Officer, if Limited Liability Company/Corporation Title of Signor. The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 3, 2022.. ISSUE DATES: FEBRUARY 11, 18, 25 & MARCH 4

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9002390 Fictitious Business Name(s) a. PROFUSED SPEED & FABRICATION Located at: 3680 36TH ST, UNIT B, SAN DIEGO CA 92104 Is registered by the following: a. JESSEY HARLEY GORST This business is conducted by: AN INDIVIDUAL The first day of business was: 01/03/2022 Registrant Name: a. JESSEY HARLEY GORST TITLE of Officer, if Limited Liability Company/Corporation Title of Signor.The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: JANUARY 28, 2022.. ISSUE DATES: FEBRUARY 18, 25, MARCH 4 & 11

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9003207 Fictitious Business Name(s) a. WESTERN LUNE Located at: 1453 LORING ST, SAN DIEGO, CA 92109 Is registered by the following: a. LA LUNE CREATIVE, LLC This business is conducted by: A LIMITED LIABILITY COMPANY first day of business was: N/A Registrant Name: a. LA LUNE CREATIVE, LLC

Title of Officer, if Limited Liability Company/Corporation Title of Signor SALLY VERON, CEOThe statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 7, 2022. ISSUE DATES: FEBRUARY 18, 25, MARCH 4 & 11

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9003235 Fictitious Business Name(s) a. IYC b. INTERNATIONAL YACHT COMPANY Located at: 1722 HERMOSA AVENUE, HERMOSA BEACH, CA 90254 Is registered by the following: a. INTERNATIONAL YACHT COMPANY, INC This business is conducted by: A CORPORATION first day of business was: 02/26/2021 Registrant Name: a. INTERNATIONAL YACHT COMPANY, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor MATTHEW J-W STONE, PRESIDENTThe statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 8, 2022. ISSUE DATES: FEBRUARY 18, 25, MARCH 4 & 11

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9003159 Fictitious Business Name(s) a. GALATI YACHT SALES CALIFORNIA b. GALATI YACHT SALES c. GALATI YACHTS d. GALATI Located at: 1551 SHELTER ISLAND DRIVE, SUITE 203, SAN DIEGO, CA 92106 Is registered by the following: a. GALATI YACHT SALES CALIFORNIA, INC This business is conducted by: A CORPORATION first day of business was: 11/01/2019 Registrant Name: a. GALATI YACHT SALES CALIFORNIA, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor JOSEPH GALATI, PRESIDENTThe statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 7, 2022. ISSUE DATES: FEBRUARY 18, 25, MARCH 4 & 11

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9003549 Fictitious Business Name(s) a. TANYA JOY WELLNESS Located at: 4870 SANTA MONICA AVE, SAN DIEGO CA 92107 Is registered by the following: a. TANYA JOY BRUECKNER This business is conducted by: AN INDIVIDUAL The first day of business was: 02/08/2022 Registrant Name: a. TANYA JOY BRUECKNER TITLE of Officer, if Limited Liability Company/Corporation Title of Signor.The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 10, 2022.. ISSUE DATES: FEBRUARY 18, 25, MARCH 4 & 11

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9003451 Fictitious Business Name(s) a. I LUV JUNK Located at: 705 ANZA WAY, UNIT A, CHULA VISTA, CA 91910 Is registered by the following: a. BRETT ALLAN HUNTER This business is conducted by: AN INDIVIDUAL The first day of business was: 08/20/2021 Registrant Name: a. BRETT ALLAN HUNTER TITLE of Officer, if Limited Liability Company/Corporation Title of Signor.The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 09, 2022.. ISSUE DATES: FEBRUARY 18, 25, MARCH 4 & 11

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2022-9003530 Fictitious Business Name(s) a. ANM SOLUTIONS Located at: 11433 WOODSIDE AVENUE, SANTEE, CA 92071 Is registered by the following: a. ACTIVE NETWORK MANAGEMENT SOLUTIONS, INC This business is conducted by: A CORPORATION first day of business was: 11/01/2019 Registrant Name: a. a. ACTIVE NETWORK MANAGEMENT SOLUTIONS, INC Title of Officer, if Limited Liability Company/Corporation Title of Signor AUSTIN MICHAEL GREENWELL, PRESIDENT The statement was filed with Ernest J. Dronenburg, Jr. Recorder/County Clerk of San Diego County on: FEBRUARY 10, 2022. ISSUE DATES: FEBRUARY 18, 25, MARCH 4 & 11

San Diego Unified ends outdoor masking, resumes field trips as COVID-19 cases decline

With active COVID-19 cases and positivity rates declining throughout San Diego County, the San Diego Unified School District is updating its outdoor masking policy and lifting restrictions on field trips. Indoor masking continues to be required for all students and staff on district property, including schools and central offices, regardless of vaccination status.

Effective Feb. 16, students, staff, and others on San Diego Unified school grounds will no longer be required to wear masks outdoors. Field trips will be permitted to resume for both indoor and outdoor venues, with health and safety guidelines followed, under the updated guidance.

Positive COVID-19 cases in the district have decreased 56 percent since the omicron peak, while testing positivity rates among those without symptoms or close contact have fallen below 1 percent.

San Diego Unified is updating only its outdoor protocols as the California Department of Public Health (CDPH) announced this week it will keep its indoor mask mandate in place for schools through at least Feb. 28. Updated guidance for the use of face masks from the CDPH allows the universal indoor masking requirement to expire, excluding K-12 schools, on Feb. 15.

San Diego Unified will reconvene its panel of scientific experts from UC San Diego to begin discussing what conditions would make it advisable to lift the district's indoor mask policy for students and staff.

"Although we are making significant

progress, now is not the time to let our guard down when it comes to COVID-19," said Board President Sharon Whitehurst-Payne. "Through a robust commitment to masking and our vaccination policy, we have made San Diego Unified schools some of the safest places in the community with respect to the virus. We want to keep it that way as we continue navigating out of the pandemic and will adjust accordingly."

For information on choosing an effective mask, the CDC offers masking tips for children. Updated mask guidance is also available for district employees. Masks or higher-level respirators (e.g., N95s, KN95s, KF94s) with good fit are required for staff and highly recommended for students.

Although the surge of omicron is waning, this highly transmissible variant of COVID-19 is still prevalent in our community. In the months ahead, other variants are anticipated to cause new resurgences.

COVID-19 safety continues to be the district's top priority. In addition to consulting with the district's pediatrician and Nursing and Wellness Department, San Diego Unified remains in regular communication with health professionals at UC San Diego, the county, and the state regarding the latest guidance on the use of masks indoors.

A "masking for all" school policy will only be relaxed when either serious health risks of COVID-19 disease are negligible and/or community case rates are such that contracting this virus in a school setting is extremely unlikely.

Could you use professional staging services to sell your home for the highest price possible?



When you list with me, I will invest up to \$5,000 into your property to stage your home!

Evidence shows on average, staged homes sell 88% faster and for 20% more than nonstaged homes. Let us help you show your property in its best light. Call me today and mention this offer to get up to \$5,000 towards home staging*.

* Offer expires in 3 months and you must sell your home with Greg Cummings to receive the credit.

Dinner for 2 is on me!

Give me the opportunity to share what we do differently. I am so confident you will list with me, that I am offering to buy you DINNER FOR TWO, at the restaurant of your choice, just for interviewing me. Even if you don't list with me, dinner is on me!*

*Once your home is sold, I will send you a \$100 restaurant gift card. Must mention offer at the listing appointment and expires 3 months thereafter.



Greg Cummings

The Greg Cummings Group

858-717-0730

Greg@GregCummings.com

DRE# 01464245



COMPASS



**CASH OFFER
24 HOURS
858-414-5478**

THE
MAVIN GROUP
WEST

DAVID R. INDERMILL

BROKER-OWNER PROFESSIONAL REPRESENTATION SINCE 1998 DRE-01232827

OFF MARKET (PRINCIPALS ONLY)

Duplex- North Pacific Beach Turn Key
Monthly Income- \$6,700

Tri-Plex in Pacific Beach Turn Key
Monthly Income- \$11,300

Duplex in Clairemont Fixer
Monthly Income - \$3,700

South Mission Duplex Steps to Beach
Monthly Income - \$10,300

Text 858-414-5478 for more information



SOLD 2 TIMES
7538 Caminito Avola La Jolla CA 92037
\$2,725,000 Cash Represented Buyer and Seller



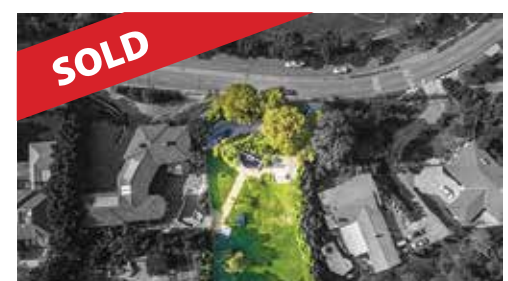
SOLD
927 Wilbur #2 Pacific Beach, CA 92109
\$850,000 Represented Buyer and Seller



SOLD
7520 Mar Ave La Jolla CA 92037
\$3,000,000 Cash Represented Seller \$201,000 over asking price



OFF MARKET SOLD
13023 W Sunset Blvd Los Angeles Ca 90049
\$2,600,000 CASH Represented Buyer



SOLD
13043 W Sunset Blvd, Los Angeles, CA 90049
\$2,362,000 Cash Represented Buyer

TRUSTWORTHY BROKER - EXPERT NEGOTIATOR - EXPERIENCED AND CLIENT DRIVEN

THEMAVINGROUPWEST.COM

PROFESSIONAL REPRESENTATION SINCE 1998



Designer Builder with FREE CONCEPTS!

858-287-1416

Custom Building & Design

- Free Estimates and Plans
- Custom Stairs
- Residential Remodels
- Power Washing
- Unique Decks
- Painting
- 2nd Story Additions
- Donovan Mahoney - Design / Construction
- Skilled Carpentry

Buyer Looking for PB Townhome!

PB Homeowners, we have a buyer that is looking for a townhome with the following:

- **2 OR MORE BEDROOMS**
- **GARAGE OR OFF-STREET PARKING**
- **NORTHWEST PB IS PREFERABLE, BUT OPEN TO OTHER PB LOCATIONS**
- **TURNKEY**
- **UP TO \$1.2M**

If you have a townhome like this and are considering selling, give us a call!

COMPASS Scott Booth 858-775-0280 isellbeach.com 4688 Cass Street, San Diego, CA 92109

DRE#01397371

HANDYMAN & LAWN SERVICES

Lawn care | Irrigation checks & repairs | Yard clean-up & maintenance | Wood & Fence | Pressure washing | Demo | Junk removal | Ceiling fan install | TV mounting | Drywall repair | Doors | Hardware + more

CALL CODY WILLIS @ 858-585-0155 FOR A FREE QUOTE!

Ask Me About Real Estate!

"Find your place in the Sun!"

John Shannon

Call (858) 225-8213

www.SolaceRealty.com

Upsizing, Downsizing or Beachsizing? Call John!

DRE 01928641 NMLS 1996658

MARK JENKINS

BEACH SPECIALIST

Here for all your Real Estate Needs

858.212.7355

sellingdreamhomes@gmail.com DRE#01295923

BERKSHIRE HATHAWAY HomeServices California Properties

COLEMAN MOVING SYSTEMS INC.

Office/Residential | Free Wardrobe Use | Piano Moving
Last Minute Moves | Packing/Unpacking
Discount Packing Materials | Moving all over CA, AZ, NV
7 DAYS A WEEK | FREE ESTIMATES FAMILY OWNED SINCE 1979

619.223.2255 STU AND MATT COLEMAN

BBB MEMBER | INSURED LIC #CAL T-189466

Forever Home in Muirlands

6324 La Pintura Dr. La Jolla 92037
Offered at \$6,775,000

5 BR + Bonus Room | 5 Full + 2 Half BA 5,115 sqft | 23,100 sqft lot.

A true "forever home" in La Jolla's coveted Muirlands neighborhood featuring the ultimate chef's kitchen, ground floor primary suite, beautiful yard with pool, detached guest suite, and 5 garage parking spaces for collectibles and toys.

Local Listing Agents Since '65

TEAM **CAIRNCROSS** REALTORS®

(858) 859-3370 • TeamCairncross.com

BERKSHIRE HATHAWAY HomeServices California Properties

DRE 00859218

DEWHURST & ASSOCIATES SM

GENERAL CONTRACTOR • LIC. NO 381927
EST. 1929

LA JOLLA - 7533 GIRARD AVE. - P.O. BOX 574 - LA JOLLA, CA 92037
TEL (858) 456-5345 - FAX (858) 454-0180
WEBSITE: [HTTP://www.dewhurst.com](http://www.dewhurst.com)

GOLD MEDAL WINNER

LA JOLLA VILLAGE NEWS READERS CHOICE AWARDS RETAIL/SERVICES 2021

Four types of complainers: poor me, legitimate, chronic, and strategic



Doing it Better

By Natasha Josefowitz, Ph.D.

I assume that most of my readers live in places where they have access to food, clean water, a roof over their heads, and medical help 24/7, as I do. We have no fears that someone might come in the middle of the night to arrest us with trumped up charges. I believe that most of the world population would be happy and relieved to exchange places with us. So, indeed, we should be grateful that we are safe and taken care of.

However, there are a surprising number of people who complain. The bus was late. The food service was slow. The plumber did not show up. The computer had a glitch. It rained. There was traffic...The list goes on. Who are the people who complain? I see complainers fitting in four categories: the poor me, legitimate, chronic, and strategic.

When you meet up with a poor me person and say, "Hello. How are you?" instead of the expected "Just fine," you get a litany of responses including: "Not well, in fact, terrible." This requires a reaction of sympathy and concern, as the focus falls on the person with the problem. These may be people who seek compassion and/or attention; one should simply nod and listen. Poor me complainers reject solutions; they want you to commiserate, act sad, and share being upset with them. Perhaps giving them a comforting hug might help for the moment. One could also deflect by saying: "You should hear my problems" and go on with a laundry list of your own issues.

For legitimate complainers, especially people living alone, sharing one's ills and frustrations can be stress-reducing, as everyone needs a compassionate listener. The legitimate complainer is seeking support and alternative solutions for improvement. These individuals have grounds to grumble given their current situation (such as health conditions, financial concerns, relationship issues, etc.).

Chronic complainers often feel powerless and angry; nothing seems to go right. The world is out to get them. Nothing is good enough. Nothing changes. There is a wide gap between expectations and reality.

Chronic complainers feel they are not being heard. The way to respond is to validate their feelings, but this may not work as the complainer gets satisfaction from grumbling. Complaining may also be a bonding experience. You bond with people

who have similar complaints and share discontent with the status quo.

Research shows that constant complaining rewires our brains for negativity. Both negative thinking and speech become integral parts of our being, so much so that we start seeking negativity all around us because we are used to it; it becomes a habit. Chronic complainers can only be happy when they are unhappy. Complaining causes our hippocampus to become smaller. It makes one focus more on the problems than the solutions.

Complaining can be contagious. If we find ourselves falling into the same mental habits as the malcontents around us, we must stop in our tracks. When we complain we increase our levels of the stress hormone. High levels of cortisol can lead to a variety of health problems, including risk of depression, high blood pressure, digestive problems, sleep issues, and a higher risk of heart disease.

Incomprehensible behaviors have unconscious reasons. To deal with chronic complainers, ask what their needs are, suggest possible solutions, and redirect the conversation, but be aware that none of this may help.

If you are a chronic complainer, check if you are dissatisfied with yourself first. Are you unhappy about something else besides the complaint? Look at your text messages and emails to see if there is a negative theme to how you communicate. Most people communicate with a ration of around 80% positive to 20% negative. If you're closer to 50-50, you are leaning heavily on the negative side; that is indeed a problem that needs to be addressed.

Strategic complainers are action-oriented and seek improvement of the status quo. They use complaints to identify issues and wish to motivate people to join them in finding solutions.

Are you a complainer? If so, which category do you identify with? Before you complain, ask yourself what you really want to accomplish. Poor me complainers want sympathy. Legitimate complainers seek a resolution. Chronic complainers don't want anything; they just want to be heard. Strategic complainers choose their complaints carefully and wish to work with others to make improvements.

People will continue complaining. By becoming aware of one's needs and purposes, there is a chance that one can modify the tendency to complain and address the situation appropriately in a more productive way.

Natasha Josefowitz is the author of 21 books. She currently resides at White Sands Retirement Community in La Jolla. Copyright © 2022. Natasha Josefowitz. All rights reserved.

CONSTRUCTION STARTED ON MISSION + GARNET

Ground has been broken on Mission + Garnet, a 24-hour, multi-concept restaurant set to open this year at the intersection of Mission Boulevard and Garnet Avenue at the spot that previously housed a Denny's for more than 50 years. After starting and selling a successful hot dog stand business before the 2008 recession hit, San Diego State University alum Scott Slater launched his first Slater's 50/50 in Anaheim in 2009. The company grew to numerous locations in California. In late 2019, opened two fast-casual concepts

side-by-side in the University City area of La Jolla. One is burrito-focused Spitfire Tacos and the other is build-your-own salad and bowls eatery named Head Lettuce.

Last July, Slater signed a lease on the former Denny's 4,000-square-foot building on the corner of Garnet Avenue and Mission Boulevard. Dubbed Mission + Garnet Pacific Beach, the new restaurant concept will house at least six separate eateries, including versions of Spitfire Tacos, Head Lettuce, and Earlybird Breakfast Burritos eateries, as well as a hot dog stand, a churro stand, a sandwich shop, and possibly other take-out-friendly concepts.



JUST LISTED! NORTH PACIFIC BEACH

3 BLKS TO BEACH | PRIME STREET FRONTAGE | BUILD OR REMODEL
GREAT FOR OFFICE/LIVING | VIBRANT NEIGHBORHOOD

4863-65 CASS STREET



DESIGN EXAMPLES FOR NEW CONSTRUCTION:
DUPLEX OR MIXED-USE PROPERTY | POTENTIAL FOR
2ND STORY/ROOF DECK WITH OCEAN VIEWS



HELEN SPEAR
DRE #01244302

619.813.8503

PBLISTINGSPECIALIST.COM

SAN DIEGO
REALTY
CONSULTANTS

FREE HOME PREPARATION WITH YOUR LISTING*



CONCIERGE
SERVICE

DO YOU HAVE QUESTIONS ABOUT:

- Securing your new home purchase by selling now but moving later?
- How to defer capital gains taxes on your investment property?*

*Call for details

CALL, TEXT, OR EMAIL ME TO DISCUSS YOUR
CREATIVE COASTAL REAL ESTATE PLANNING



HELEN SPEAR
DRE #01244302

619.813.8503

HELEN@HELENSPEAR.COM
PBLISTINGSPECIALIST.COM

SAN DIEGO
REALTY
CONSULTANTS



274 COAST BLVD
4 BD | 5 BA | 3972 SQ FT

Treat yourself to the ultimate oceanfront lifestyle in this stunning fusion of classic beach cottage-style and modern elegance. Set in a desirable location overlooking the La Jolla tide pools and offering over 120 feet of spectacular ocean frontage, this amazing home is thoughtfully designed to take full advantage of panoramic views that extend to Torrey Pines State Reserve and beyond. Stylish amenities and luxurious finishes await you in the impeccably updated interior that's ideal for both living and entertaining. This is a rare opportunity for you to live in the home of your dreams, right on the ocean, making warm memories that will last for years to come. . Here's your chance to call this exclusive location home, so come take a tour while it's still available! **Offered at \$13,785,000**




STEVE SPRINGER
Steve Springer
Broker Associate
619.520.8476
SanDiegoSpringer.com
DRE#: 01733282
COMPASS

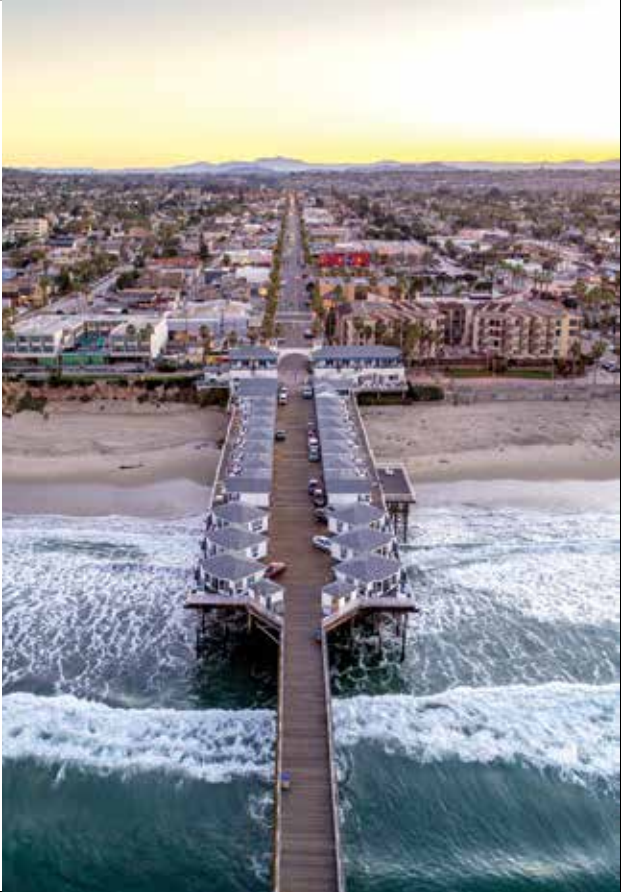


TESTIMONIAL

Here's what your PB neighbor said
about their recent experience with us:

"Scott and Nicole were absolutely incredible to work with! We worked with them to sell our condo and they made the entire process SO easy and seamless. They are true experts in the Pacific Beach area, and we felt we could trust their opinions 100 percent. They went above and beyond to make the sale a success and kept everything running smoothly throughout the entire process. They kept us in the loop at every step and were quick to respond to any questions we had. Scott and Nicole are both extremely professional but also super nice people. It was truly a pleasure working with them. We can't recommend them enough!"

-Kelsy D. ★★★★★




SCOTT BOOTH
—REAL ESTATE GROUP—
Scott Booth
858.775.0280
scott@isellbeach.com
DRE #01397371
isellbeach.com
COMPASS



PB Fun Fact:

Tourmaline Surf Park was the first beach in the USA to be reserved for surfing only. After a lot of back and forth and multiple ideas and plans between planners, surfers and residents, Tourmaline Surf Park was formally dedicated on May 25th, 1965 and became America's first surf park.