

LA JOLLA  
**VILLAGE NEWS**  
**READERS**  
**CHOICE**  
**AWARDS**  
 RETAIL/SERVICES  
**2021**

**La Jolla's Top Picks of 2021**

**O**n the one hand, our 2021 Readers Choice Award winners list in the retail/services area features lots of longtime businesses that enjoy a solid clientele; on the other, we have a bunch of these sharp young cookies making a go of things amid a so-so economic climate. Either side has a lot to gain from the efforts that got their businesses on our roster -- but the list is your creation, because you took the time to seek out La Jolla's best of the best, and you voted accordingly. Thanks for playing, and we mean that!

Weight loss clinics, bookstores, CPAs, banks, physicians, markets, hotels and about 917 more: Here's your ultimate directory of the brightest stars in La Jolla retail, authored by you and your neighbors.

If you're looking for a store that carries that one-of-a-kind gift this season, check out where our readers have found the perfect item. If you're deep into some home improvement and in need of an elec-

trical contractor, see who our readers voted the best in the history of the universe. If your computer suddenly crashed and left you in a lurch, find out who in the Village is known among the readers for speedy, reliable repair.

Above all: If you see a local venue proudly displaying its Readers Choice Award, stop in and pass along your appreciation to the manager. Yeah, you chose the winners, but he's working like a dog to hold up his end of the recognition and make La Jolla a shining example of community business ownership.

Now that you've spoken through your votes, we'd like to take the floor for just a second and thank the business community for its tireless service in making the Village all it can be. In a very real way, every venue in the neighborhood deserves an honorable mention.





## Readers Choice Award Winners:

### RETAIL/SHOPPING

Antiques  
Art Gallery  
Art Gallery (Photography)  
Auto Sales  
Best Place To Buy Jeans  
Bed, Bath & Linen  
Bike Shop  
Bike Shop (Electric)  
Boutique  
CBD Store  
Book Store  
Children's Apparel  
Cell Phone Store  
Coins & Precious Metals  
Convenience Store  
Discount Store  
Electric Rideables  
Eyewear  
Fashion Accessories  
Floor Covering  
Furniture Store  
Gift Store  
Grocery Store (Specialty)  
Grocery Store  
Hardware Store  
Health Food/Nutrition Store  
Hotel  
Jewelry Store  
Liquor Store  
Men's Apparel  
Men's Apparel (formal)  
Painting Supplies  
Pet Store  
Resale Shop  
Shoe Store  
Sunglasses  
Sporting Goods Store  
Surf Shop  
Swimsuits  
Tourist Attraction  
Womens Apparel

### SERVICES

Accounting  
Architect  
Attorney  
Auto Detail  
Auto Repair (all makes)  
Auto Repair (import)  
Bank  
Car Wash  
Child Care  
Cleaning  
Computer Repair  
Contractor / Construction  
Dog Grooming  
Dry Cleaner  
Electrician  
Financial Planner  
Florist  
Handyman  
Insurance Agent  
Interior Designer  
Jewelry Design & Repair  
Landscape  
Mortgage Agent  
Painter  
Pet Hospital  
Pet Sitting / Boarding  
Plumber  
Printer  
Private School  
Shipping  
Travel Agency  
Tutoring  
Veterinarian  
Web Design

### HEALTH & BEAUTY

Acupuncture  
Alternative/Integrative Health  
Chiropractor  
Cosmetic Rejuvenation  
Cosmetic Surgery  
Day Spa  
Dentist  
Dentist (Pediatric)  
Doctor  
Doctor (Naturopathic)  
Hair Salon  
Health Club  
Holistic Medicine  
Martial Arts  
Massage  
Nail Salon  
Optometrist  
Orthodontist  
Pharmacy  
Personal Trainer  
Pilates  
Senior Care  
Senior Living  
Specialized Workout Fac.  
Stylist  
Tanning Salon  
Urgent Care  
Yoga  
Weight Loss  
Wellness Center

### GOLD

Ark Antiques  
Cosmopolitan Fine Arts  
Evgeny Yorobe/Ian Ely Gallery  
O'Gara Coach  
Ralph Lauren  
Everett Stunz  
California Bicycles  
Pedago/SD Electric Bikes  
Lissilaa Boutique  
Lifely Wellness Water & CBD  
Warwick's  
Little Love  
Verizon  
H. S. Perlin Co.  
Keg N Bottle/7-11  
Goodwill  
Pedego Electric Bikes  
Be Seen Optics/Optical Artisans  
Francesca's  
Nativa  
Kaz Design Group  
Warwick's / The Faded Awning  
Trader Joe's/Valley Farm Market  
Von's  
Meanley & Son Hardware  
Whole Foods  
Grand Colonial / La Valencia Hotel  
Bowers Jewelers / David & Son's  
Keg n Bottle  
Ralph Lauren  
Ascot Shop  
Sherwin Williams  
Decker's Dog +Cat  
Goodwill  
Rangoni Firenze/Ralph Lauren  
EyeStructure  
Mitch's Surf Shop  
Mitch's Surf Shop  
La Jolla Swim & Sport  
Birch Aquarium/La Jolla Cove  
Lissilaa Boutique/Sigi's Boutique

Steven Alpinieri, CPA/Russell Ingledew, CPA  
Architect Mark Lyon / Marengo Morton  
Mark Krasner, CPA, ESQ  
Pearl Car Wash  
Family Auto  
Marco Polo  
Poppy Bank/First Republic  
Pearl Wash  
Dan McKinney Family YMCA  
Molly Maids  
uBreakiFix  
Grunow / Dewhurst Construction  
All About Animals  
Margaret's Cleaners/Ogden's Cleaners  
West Coast Electric  
Wells Fargo Financial Advisors  
Adelaide's / Bridget's Blooms  
Dave King/Handyman of La Jolla & Del Mar  
Jawad S. Bisharat - Allstate Insurance  
Kathleen Buoymaster/Elizabeth Thiele  
Mario Master Jewelers  
Revolution Landscape  
Tracy Trudeau/Ed Woolery  
Chism Bros. Painting /Scott Gillen  
Windan' Sea Veterinary Clinic  
DogZenenergy  
Bill Howe Plumbing / Erling Rohde  
Copy Cove  
The Bishop's School/Gillispie School  
La Jolla Mailbox  
Cadence Travel/Chayet Travel Network  
Mathnasium of La Jolla  
Dr. Dina Raiche @ Windan' Sea Vet. Clinic  
Modmarco

Indigo and Ease/ Aculife  
Amorah Kelly at Wonderworks  
Team Elite Chiropractic/Active Rest Chiropractic  
La Jolla Cosmetic Laser Clinic/Beverly Hills Rejuvenation  
True Beauty  
Livkraft/Beverly Hills Rejuvenation Center  
Dr. Reynolds/D'AngelolHoffman/Olson  
Seaside Pediatric Dentistry & Orthodontics  
Dr Peter Mann/Dr. Guarneri  
Dr Mirdamadi @Pacific Pearl  
Judy Judy Judy/VV Hair Salon  
Life Time La Jolla/Balanced Fitness & Health La Jolla  
Koi Wellbeing/Pacific Pearl  
Rada Jiu-Jitsu  
Connie Youngblood@Equanimity/Livkraft  
Perfect 10  
Jesse A Camen, OD@Be Seen Optics  
La Jolla Village Orthodontist  
CVS  
John Swain-Optimum Fitness & Health  
Pilates Plus  
Home Care Assistance  
Casa de Manana/White Sands  
Orange Theory/Osteostrom  
Gilda Hargis/Judy Judy Judy  
iTan Sun Spray Spa -LJ  
Urgent Care of La Jolla  
Prana Yoga Center  
Jenny Craig/ Sarapy Clinic  
Koi Wellbeing/Livkraft

### SILVER

Ross Thiele & Son  
Tasende Gallery/K. Nathan Gallery  
Peter Lik  
Grand Prix Classics/Jake's Motorcars  
Nordstrom  
Nordstrom  
UC Cyclery  
UC Cyclery  
Sigi's Boutique  
Injoi  
DG Wills Books  
Aviator Nation  
AT&T  
United Coin & Precious Metals  
Dick's Liquor/ CVS  
Ark Antiques  
San Diego Electric Bikes  
Gordon Wong Eye Designs/San Diego Optical  
Sigi's Boutique  
Cabochon Surfaces & Fixtures  
Ark Antiques/Nativa  
The Cave Store  
Whole Foods/Bristol Farms  
Trader Joe's/Gelson's  
  
Trader Joe's  
Inn by the Sea/La Jolla Village Lodge  
Jewels by the Sea/Diamonds on the Rock  
Dick's Liquor / Bev Mo  
Tommy Bahama  
Brooks Brothers  
Meanley & Son Hardware  
All About Animals  
Ark Antiques  
Charleston Shoe Co.  
Be Seen Optics/Sunglass Hut  
Bird Rock Surf Shop/Jersey Kingz  
Bird Rock Surf Shop  
Roxy/Aviator Nation  
Torrey Pines Glider Port  
Signal

Tim Augustgen, CPA  
IS Architecture/Alcorn & Benton Architects  
Buche & Associates  
Mega Car Wash  
Colonial Garage Smog  
La Jolla Independent  
Wells Fargo  
La Jolla Auto Spa  
La Jolla Preschool /Gillispie School  
Merry Maids /The Maids of La Jolla  
La Jolla Computer Repair  
GDC Construction, Inc  
AAA Pet Pros  
Silverado Cleaners/Lele's Cleaners  
A Rover Electric  
Financial Alternatives  
Bloomers

Terry Hudkins-State Farm  
AGK Design Studio  
Bower's/Diamonds on the Rock  
Todd Fry  
Janice Sedloff  
Peek Brothers Painting  
IJ Vet Hospital/Bird Rock Animal Hospital  
Dogtopia  
M.D. Plumbers  
Fed Ex La Jolla  
Stella Maris Academy  
Pak Mail/Bird Rock UPS  
Outdoor Travel Adventures  
Wells Academic Solutions  
Dr Breher-La Jolla Veterinary Hospital  
Brass Ring Multimedia

Nina Torti-Active Rest  
Livkraft/Integrative Health Solutions  
Dr. Chang Health  
True Beauty/ Dr. Arjang Miremadi  
Dr Stephen Krant-Sk Clinic  
La Vie Day Spa  
Dr. Taddey  
Open Wide La Jolla Dentistry  
Dr Monica Perlman  
Dr Leah Gordon@ Tribe Medicine  
Ashen Salon/Atelier Aucoin Salon  
Dan McKinney Family YMCA  
Livkraft  
Twin Dragons  
Evan White@Active Rest  
Nancy's Nails/Seabreeze Nails  
Gordon Wong Optometry  
Braces San Diego  
Pharmaca  
Pacific Training  
WindanSea Pilates/Bird Rock Pilates  
La Jolla Nurses' Home Care/Seniors Helping Seniors  
Chateau La Jolla  
Studio Barre  
Tommy Aucoin  
Blush Organic Spray Tanning  
Perlman Clinic  
Trilogy Sanctuary  
iSweat Lodge  
Dan McKinney YMCA/Active Rest Chiropractic

### BRONZE

Maroufi Fine Rugs & Antiques  
Contemporary Fine Arts  
  
Sports Car Company, Inc.  
  
Tempur-pedic  
  
California Bicycles  
La Donna  
  
Nordstrom  
  
Neighbor -Saver Market  
  
Sunglass Hut  
Zia  
Aja Rugs  
C.C. Patio  
Francesca's  
Gelson's  
Ralphs  
  
Empress Hotel  
CJ Charles Jewelers  
  
Zeglio Custom Clothiers  
  
Bella Woolf  
2nd Act  
Nordstrom  
Optical Artisans  
Lululemon Athletica  
Surf Diva  
Mitch's Surf Shop  
The Cave Store  
Francesca's

David Ward, CPA  
Island Architects  
Tysen & Mendes  
  
Chase  
Mega Car Wash  
Mimi's House Child Care of La Jolla  
Rene's of La Jolla  
  
Murphy Construction  
  
Cleaners of La Jolla  
Ray Electric  
Dyer Wealth Management

Ione Stiegler  
Ling Son Watch & Jewelry Repair  
Ortiz Landscape

Pet Health Center of La Jolla  
Jennifer's Full Care Pet Service  
Yogi's plumbing  
Postal Annex +  
La Jolla Country Day  
Box Brothers  
Universal Travel  
The Family Learning Center  
Dr. Sue@ Village Vet. Hospital  
Chase Web Design

Wonderworks Healing Arts  
Indigo & Ease  
Dr. Trevor Robertson  
SK Clinic  
Dr. Samimi  
Birdie Day Spa  
Dr Dougherty  
Dr. Tracy Hagan, DMD  
  
Dr Emily Hernandez @ Wildcraft  
  
Bird Rock Fit  
Wild Craft Medicine  
Eagle Martial Arts  
Bird Rock Massage  
Elite Nails of La Jolla  
ODO Eyecare  
John D Hoss, DDS, MS  
Vons  
Chad Van Herp- Bird Rock Fit  
Melange Studio  
Home Care of La Jolla  
Vi at La Jolla Village  
  
Chad Kretschmar at Opulence Salon  
  
Marque Urgent Care  
YogaFuzn  
The Perfect Workout  
Active Rest Chiropractic

## Gold Winner Listings:

### Best Antiques

#### Ark Antiques

Building on a 48-year tradition of volunteer service to animals, Ark offers a truly wonderful selection of donated and consigned antiques, furnishings and home accessories from the finest homes in La Jolla. Period and fine furniture, silver, crystal and china, exquisite linens, paintings and prints, oriental rugs and decorative arts of the highest quality are its stock in trade.

7643 Girard Ave, La Jolla  
arkantiques.org | 858-459-7755

### Best Art Gallery

#### Cosmopolitan Fine Arts

Located in beautiful downtown La Jolla, Cosmopolitan Fine Arts features original works from over 150 renowned contemporary American and European painters. The collection encompasses the best in realism and impressionism. CFA specializes in Contemporary French impressionist and post-impressionist paintings by Cortes, La Loue, Labrofont, Marcel Dyf, Blanchard, Loir and others. The gallery also represents celebrated American and European contemporary artists such as: Dy'ans, B. Wynne, Briks, D. Smith, AnHe, Colomer, Gantner, Pervuninsky, Uwe, Rino Gonzalez, Morro and others.

7932 Girard Ave, La Jolla  
858-456-9506 | cosmopolitanart.com

### Best Art Gallery/Photography (tie)

#### Evgeny Yorobe Photography

Born and raised in San Diego, Evgeny Yorobe's passion is to show his city through his eyes. Located in the Village of La Jolla at the popular Village Corner, Evgeny displays his award-winning work in modern mediums such as metal and acrylic prints. By integrating movement, lines, lights and colors, Evgeny strives to share the beauty of San Diego with the world.

7660 Fay Ave. Ste J, La Jolla  
sandiego-landscapes.com | 858-467-0952

### Ian Ely Gallery

In 2016, Ely chose the upmarket seaside community of La Jolla as the site of his first eponymous gallery. While it was a massive financial and emotional undertaking to put down roots into bricks and mortar, it was also a measured decision that has been upheld by the gallery's instant and overwhelming success. The art of landscape photography is a natural fit for his desire to share the deep connection he feels to the land with others is palpable. To those who view his work, it's clear the man behind a lens that captures such heartfelt and evocative images has something more than simply technique and talent at his disposal.

1141 Prospect St, La Jolla  
858-291-8084 | ianelly.com

### Best Auto Sales

#### O'Gara Coach

O'Gara San Diego is an award-winning factory authorized dealer for Bentley, Bugatti, Karma, Lamborghini, McLaren, and Rolls-Royce Motor Cars, serving Southern California. Through unparalleled performance, O'Gara has become respected as one of the largest and most prestigious dealer groups in the entire world with locations in Beverly Hills and Westlake Village. They personally tailor each client's experience to match the luxury and refinement from the brands they carry. Enjoy the automotive luxury that you deserve at O'Gara San Diego.

7440 La Jolla Blvd, La Jolla  
ogaracoachsandiego.com | 888-460-0901

### Best Place to Buy Jeans

#### Ralph Lauren

All-American classic dress with a dash of contemporary style. The high-quality apparel matches the price tag in this distinguished store. The men's collection features preppy blazers, knit polo shirts, tailored slacks, golf apparel, swimwear and more. Women will find everything from jeans, sweaters to evening wear. Expect dark, woody mix-and-match patterns brightened by occasional feminine floral.

7830 Girard Ave, La Jolla  
858-459-0554

### Best Bed, Bath & Linens

#### Everett Stunz

Everett Stunz is San Diego's premier mattress, bed, bedding and bath store. They have been in La Jolla for more than 54 years—the original adjustable bed store. Stop by to see their exclusive lines of adjustable and flat beds that can be custom made to your own specifications. They are San Diego's only supplier of the extraordinary MUX® Bed, Savvy-Rest Organic Latex Mattresses and the Reverie Sleep System with Power Base. The Collections of bed and bath linen are imported from around the world to give customers choices to the highest quality and latest materials available.

7547 Girard Ave, La Jolla  
everettstunz.com | 858-459-3305

### Best Bicycle Shop

#### California Bicycle Inc.

The philosophy at California Bicycle Inc. is simple: Provide cyclists of all types of ages with quality bicycles, products, accessories and service at reasonable prices. For more than 35 years, owner Kevin Millard and his professionally trained staff have provided personalized product assistance and bicycle fitting to customers at all levels of experience, and today, they are one of the most trusted cycling resources in San Diego.

7462 La Jolla Blvd, La Jolla  
858-454-0316 | calbike.com

Thank You La Jolla!

FOR VOTING MARIO MASTER JEWELER  
THE READERS CHOICE FOR



Best Jewelry  
Designs & Repair

YOU DESERVE THE BEST!

MASTER JEWELER AND  
DESIGNER MARIO SANDOVAL

7515 FAY AVENUE • LA JOLLA  
(858) 454-0952



**Best Electric Bike Shop (tie)**

**Pedego**

(see listing under Best Ridebles)

**SD Electric Bikes**

In 2010, the first factory-made electric bikes made their big debut to the public and the e-bike movement started gaining traction. San Diego Electric Bike was the first company to ride that monumental e-bike wave --- selling some of the very first factory-made electric bikes in So. Cal. Known for resilience, friendly atmosphere and a full-service facility, San Diego Electric Bike is considered a PIONEER LEADER in the e-bike industry. SD Electric Bike is honored to hold that title and their dedication to providing the ultimate customer experience keeps getting stronger every year.

**SD Electric Bikes**  
7444 Girard Ave, La Jolla  
858-750-2127

**Best Boutique**  
**Lissilaa Boutique**

From Haute Couture to European street wear. Lissilaa is a highly curated boutique serving La Jolla for more than 26 years! Stop in to see an array of the most unique items that make you look and feel like a one of a kind woman!

**1250 Prospect St, La Jolla**  
858-454-0874

**Best Bookstore**  
**Warwick's**

When W.T. Warwick founded his paper goods shop in Minnesota in 1896, he sold books, writing paper and writing instruments. Upon relocating to California in the mid-1930s, Warwick re-established his store in La Jolla. In 2001, the fourth generation stepped up to the plate. Nancy and Cathy Warwick, W.T. Warwick's great-granddaughters, continue to underscore their savvy in

the purchase of diverse products, from books to international artisan jewelry. You'll find a wonderful selection of gifts for every holiday!

**7812 Girard Ave, La Jolla**  
858-454-0347 | warwicks.com

**Best CBD Store**  
**Lifely Wellness Water & CBD**

Lifely specializes in primarily CBD products, similar to cannabis and marijuana-related products, but with all of the medical benefits and none of the psychoactive effects. The CBD products are legal, derived from only the purest hemp sources, and have already helped countless people by speeding recovery, easing pain, and improving overall well-being and quality of life. They offer an array of products-- from CBD oils and extracts, tinctures, and dietary supplements; to CBD lotions, balms and salves; to edibles, drinkables and CBD vape products; which will certainly cater to your specific condition and preferred method of intake.

**1115 Wall St, La Jolla**  
858-291-8889

**Best Children's Apparel**  
**Little Love**

Little love is a treasure chest full of gently used designer children's clothing at excellent prices. The idea for the store was born out of the owner, Lindsey Fisher's, quest for finding good quality, affordable, and gently used designer items for her son Cooper. It became clear that San Diego needed a designer children's consignment boutique, and with a little love, she's done just that.

**1110 Torrey Pines Rd. Ste M, La Jolla**  
855-230-6857  
littlelovesandiego@gmail.com

**Best Cellular Phone**  
**Verizon**

Verizon Wireless is committed to deliver-



**Best Senior Living**

**Casa de Mañana**

Overlooking the sparkling Pacific Ocean and steps away from La Jolla Cove, Casa de Mañana is truly a one-of-a-kind retirement experience. Enjoy resort-style amenities like oceanfront dining, scheduled transportation, fitness center, art studio, 24-hour wellness center, assisted living services and more. Casa offers a variety of cultural and recreational opportunities, educational classes and special events. Relax in the warm saltwater pool and spa or shop or dine in the nearby La Jolla Village shops and restaurants. At Casa de Mañana we take care of the housekeeping, maintenance and dining services. Casa's friendly and attentive staff takes care of daily tasks so you can concentrate on living well and pursuing your passions. All this for one inclusive monthly fee. No entrance fees required! Learn why Casa de Mañana has been voted La Jolla's best retirement community multiple times.

**849 Coast Blvd, La Jolla**  
casademanana.org | 800-959-7010

ing outstanding customer satisfaction, and it has a charitable streak to boot. It offers quality products and services on the nation's largest 4G LTE network and the largest, most reliable 3G network -- and it's all over the causes that advance literacy in the United States.

**904 Pearl St, La Jolla**  
858-551-0057 | 4Gwireless.com

**Best Coins & Precious Metals**

**H.S. Perlin Co., Inc.**

Current owner and President of H.S. Perlin Co., Inc., Joel D. Perlin is widely respected as an expert in the gold and rare coin trading markets and has provided his clients with informed and timely financial advice since he started in the family business at its inception. Mr. Perlin combines his coin expertise with a keen insight into global economic factors affecting the precious

metals trade, resulting in highly successful and lucrative gold investment market trading for his clients. For more than 60 years, he has been instrumental in developing personalized investment portfolios and collections using world traded gold coins, bullion gold, U.S. gold coins, and rare coins for high net worth investors, corporate pension plans and private investors. For more than half a century, H.S. Perlin Co., Inc. has provided tangible gold holdings for clients with a focus on gaining your trust and satisfaction by personalizing investment plans to best meet your current and future financial circumstances.

**1110 Silverado St, La Jolla**  
goldendures.com | 858-459-7803

**Best Convenience Store (tie)**  
**Keg n Bottle La Jolla**

The deli sandwiches menu is vast at Keg n Bottle and sandwiches are made to order with the freshest ingredients at real-

ly good prices! What's not to love about this great neighborhood market! Headed to the beach? They have everything you need to fill your picnic basket. And don't forget--the wine, beer and liquor selections are fabulous too. Make it the perfect day out.

**1030 Torrey Pines Rd, La Jolla**  
858-459-1124

**7-11**

Convenience chain offering grab-&-go bites and beverages, plus assorted newsstand items. You need it, they got it-- it's 7-11.

**6953 La Jolla Blvd, La Jolla**  
858-454-3432

**Best Discount Store**

**La Jolla Goodwill**

Yes, its true, we have a Goodwill in La Jolla! The 1,600-square-foot store uses proceeds from sales of donated items to provide employment and training opportunities to people with disabilities and



**GRUNOW**  
CONSTRUCTION



*Thank You La Jolla,  
For Voting Us Best Contractor  
11 Years in a Row!*



## Best Electric Rideables

### Pedego Electric Bikes

Pedego Electric Bikes La Jolla has an aggressive inventory of Pedego Bikes, stocking more than 25 models, featuring multiple sizes and colors of each model and price-points from \$1,895 to \$6,995. Pedego Bikes feature “Best-in-Class” Lithium Ion batteries and 749-Watt Hub motors, encouraging riding distances up-to-and-beyond 100 miles and the power to conquer any hill, including La Jolla’s infamous Nautilus and Torrey Pines. Pedego Electric Bikes also provides an “Industry-leading” Pedego Care Warranty, featuring 5 years, which includes anti-theft provisions for complimentary bicycle replacement. Pedego La Jolla offers Pedego Electric Bike Rentals, as well as custom guided tours, featuring the La Jolla coastline and panoramic ocean/desert/mountain views from the top of Mt. Soledad National Veteran’s Memorial. They also specialize in sales of all forms of “Electric Rideables”, including electric boardsports (onewheel/onewheel accessories), electric scooters (cycleboard/uscooter), Electric Skateboards (Evolve/Summerboard) and Moke Electric vehicle rentals. Pedego La Jolla also features multiple brands of accessories to support your active lifestyle, including Maui Jim, Shokz, Sun Bum, Sena, Thousand, Tifosi, Thule, Arrowhere, Sock Guy, etc. HELLO FUN...

5702 La Jolla Blvd, Ste 101A, La Jolla  
pedegolajolla.com | 858-291-8845

other barriers to employment. And, the very best thing about the La Jolla Goodwill is the same thing that sends people flocking to estate and garage sales in the better parts of town: classy goods. You’ll find top brands like Prada and Gucci! So, go thrifting for the good stuff, La Jolla Goodwill is the place to start!

7631 Girard Ave, La Jolla  
858-752-6181 | sdgoodwill.org

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5702 La Jolla Blvd, Ste 101A, La Jolla  
pedegolajolla.com | 858-291-8845

### Best Eyewear (tie)

#### Be Seen Optics

Eyestructure is a locally owned and operated optical boutique. While the gorgeous San Diego weather promotes sunglass sales, Eyestructure prides itself as being the ultimate luxury optical dispensary. The extensive inventory stems from all over the globe to offer customers a diverse choice of frame styles. Eyestructure stays current on all the eyewear trends, and is confident to state that the staff can find a frame that matches your style.

5702 La Jolla Blvd, Ste 102, La Jolla  
beseenoptycs.com | 858-291-8211



## Best Coins & Precious Metals

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1110 Silverado St, La Jolla  
goldendures.com | 858-459-7803

### Optical Artisans

Previously known as Richard R Trainer, OD, La Jolla’s oldest optical practice, is now owned by Suzanne Terán, Dr. Trainer’s office manager and optician of 25 years. They look forward to seeing you in the same great location, in the Village, with the same focus on excellent customer service and quality products and passion for long-term quality care.

930 Silverado St, La Jolla  
opticalartisans.com | 858-454-0191

### Best Fashion/Accessories Francesca’s Collections

Since opening 15 years ago, Francesca’s has become one of the fastest-growing women’s fashion retailers in the country. La Jollans are lucky to be so close to one of the trendy chain’s nine So. California locations, which carry fashion-forward, youthful apparel, jewelry, accessories and gifts plus quirky books, magnets and home accessories. Customers can choose from a variety of

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858-729-0350

**Best Floor Covering (tie)  
Nativa Interiors**

Did you know that Nativa furniture collections are crafted in-house using premium materials. From exotic wood species from South America to soft leathers from Italy or rare marble from Turkey, the list of unique components available to you are close to endless. To ensure that these materials are treated with the respect they deserve, they process them using old-world techniques in their own factories. Thanks to the close attention to detail they can personally guarantee that the pieces you take home will last you a lifetime.  
7770 Girard Ave, La Jolla  
nativafurniture.com | 858-454-1874

**Aja Rugs**

Aja Rugs shares a passion for design that generates beautiful and unique environments. The design team is trained in all aspects of rug making, from antique Persian to modern collections, ranging from investment and purchase to appraisals. Personal service along with a commitment to quality, sustainability and value is of utmost importance to this family-owned company. Aja Rugs has been in La Jolla for more than 30 years working as consultants on rugs for a variety of collectors, corporations, investors, designers and homeowners.  
955 Prospect St, La Jolla  
858-459-0333 | ajadesign.com

**Best Furniture Store (tie)**

**Kaz Design Shop**

"KAZ Design Group is an established interior design and architecture company based in La Jolla. The company's founder, Amir Kazerani, is an industry expert with more than 15 years of experience in sales, management, interior

design, and architecture in the home furnishing space. After the successful operation and opening of the La Jolla showroom, the company is excited to expand their luxury brands to the South Coast Design Center in Costa Mesa."

7726 Girard Ave, La Jolla  
858-869-0668  
kazbrodesignshop.com

**Best Gift Shop 1st Place (tie)  
Warwick's**

(see listing under Best Bookstore)

**The Faded Awning  
Coastal Interiors**

This charming boutique is located on upper Girard. You'll be quite intrigued when you enter this French seaside haven where French music abounds! French linens and clothing, jewelry, home decor and garden accessories are in abundance as well. Vintage and modern furnishings compliment one another. Perfect for holiday shopping.  
7464 Girard Ave, La Jolla  
thefadedawningcoastalinteriors.com  
858-456-7464

**Best Grocery Store  
Vons**

More than just a grocery store, Vons of La Jolla provides shoppers with an impressive array of flowers, a wine selection, gourmet food items, select meats and a wonderful variety of fresh produce. The on-site bakery and floral shop will assist you with all your special orders. No time to cook? Vons provides a large and mouth-watering selection of daily take-out foods and deli items daily.  
7544 Girard Ave, La Jolla  
vons.com | 858-454-2620

**Best Grocery (Specialty)  
Store (tie)**

**Trader Joes**

It all started in the 1950s! Would you

believe they started out as a small chain of convenience stores? It's true. Way back in 1958. They were called Pronto Markets. The founder, the original Trader Joe, changed the name (yes, to Trader Joe's) and the way they do business. Stores got bigger, decked the walls with cedar planks and the crew dressed in cool Hawaiian shirts. Most importantly, they started putting innovative, hard-to-find, great-tasting foods in the Trader Joe's name.

8657 Villa la Jolla Dr, La Jolla  
traderjoes.com | 858-546-8629

**Valley Farm Market**

Valley Farm Market has become a big in in their newest La Jolla location. Expect the highest-quality USDA meats, freshest produce and largest craft beer selections. The best way to stay up-to-date on all the latest happenings at Valley Farm is to join their mailing list. Whether you have been going to Valley Farm for years or you are hearing about them for the first time, you will see why they've

become a Readers Choice.  
6902 La Jolla Blvd, La Jolla  
valleyfarmmarkets.com |  
858-999-0358

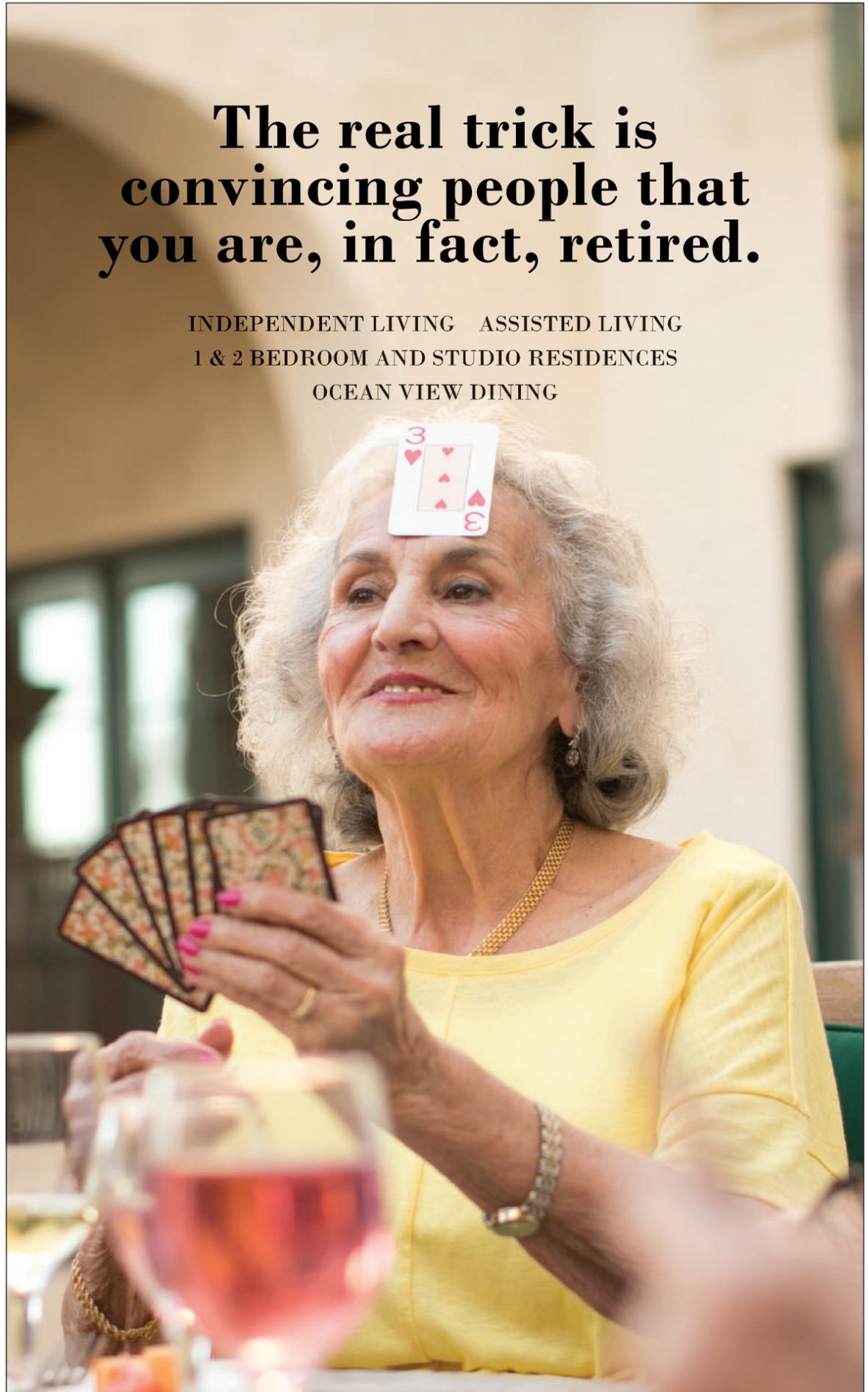
**Best Hardware Store**

**Meanley & Son Hardware**

Meanley & Son has been a staple of the La Jolla community for more than six decades, with roots tracing back to 1948, when Nackey Scripps Meanley, husband Tom and son William established the store. With gourmet cook-

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- Glidia

**Robert Sanchez- Stylist  
Daryana Mikhnicck- Extension Specialist  
Cristina Q -Manicures and Pedicures**

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7760 Fay Ave Ste K La Jolla**



ware, paint, portable appliances, giftware, light bulbs, tools, electrical and plumbing fittings, cleaning and gardening supplies and all the widgets, fasteners, glues, and whatchamacallits you can imagine. Meanley and Sons joined the Ace Hardware co-op in 1997, which enables them to keep prices low while still offering hometown customer service.

7756 Girard Ave, La Jolla  
858-454-6101 | meanleys.com

### Best Health Food/Nutrition Whole Foods

Whole Foods strives to provide the highest quality, least processed, most flavorful and natural foods possible, because the owners believe that food in its purest state—unadulterated by artificial additives, sweeteners, colorings

and preservatives—is the best tasting and most nutritious food there is. They are also active in local communities, supporting food banks, sponsoring neighborhood events and donating to local non-profits.

8825 Villa La Jolla Dr, La Jolla  
wholefoodsmarket.com |  
858-642-6700

### Best Hotel (tie) La Valencia

Coined “The Pink Lady,” La Valencia Hotel has Old World charm and a new outlook, big picture windows and attention to the smallest detail. More than a La Jolla hotel, it’s an icon, having hosted celebrities, celebrations, reunions and romantic getaways since 1926. Just steps from miles of stunning coastline, world-class museums, shopping and galleries, it’s the perfect

blend of location and recreation. The beachfront hotel’s Mediterranean influenced architecture and décor, evoke colossal charm in this one-of-a-kind hotel.

1132 Prospect St, La Jolla  
lavalencia.com | 858-454-0771

### The Grande Colonial Hotel

Since opening their doors in 1913, the Grande Colonial has remained the finest boutique hotel in La Jolla for one simple reason: commitment to delivering an unparalleled experience to our guests. Which means no request is too small, too large or too difficult to grant. Make your stay at the Grande Colonial La Jolla Hotel one to remember.

910 Prospect St, La Jolla  
thegrandecolonial.com |  
858-454-2181

### Best Jewelry Store

#### Bowers Jewelers

Since 1945, Bowers is La Jolla’s oldest family-operated jewelry store. In all that time, the staff has picked up expertly on its customers’ tastes – that’s why it finds itself filling a variety of custom orders and also stocking silver, crystal, porcelain and items such as cigarette lighters, candlesticks, platters and flatware. You’ll find something every time for that hard-to-buy-for person in your life!

7860 Girard Ave, La Jolla  
bowersjewelersoflajolla.com |  
858-459-3678

#### David & Sons

David & Sons Fine Jewelers has been a family-owned and operated business since 1980. They offer one of the largest selection of certified loose diamonds in the San Diego area. Fancy

and ideal cut diamonds are the venue’s specialty. Its business has been built on satisfied repeat customers — and unlike many of its competitors, David & Sons offers free lifetime maintenance on merchandise.

4485 La Jolla Village Dr,  
University City  
davidandsonsjewelers.com  
858-457-7664

### Best Liquor Store

#### Keg n Bottle

(see listing under best Convenient Store)

### Best Men’s Apparel

#### Ralph Lauren

All-American classic dress with a dash of contemporary style. The high-quality apparel matches the price tag in this distinguished store. The men’s collection features preppy blazers, knit polo shirts, tailored slacks, golf apparel,



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## Best Painting

### Chism Brothers Painting

Since its inception, Chism Brothers have strived to become the leading residential painting company in La Jolla by consistently providing exceptional quality and dependable service. They're not just about painting—they are about people. They value clients, and put employees first and invest in serving the community. Thank you for voting Chism Bros Painting as your area leader in painting.

7958 Convoy Ct, San Diego, CA 92111  
chismbrothers.com | 858-454-3850

swimwear and more. Women will find everything from jeans, sweaters to eveningwear. Expect dark, woody mix-and-match patterns brightened by occasional feminine floral.  
7830 Girard Ave, La Jolla  
858-459-0554

### Best Men's Apparel (Formal) Ascot Shop

The Ascot Shop was established in La Jolla in 1950. This high-end men's clothing boutique has been stocking

brand-name apparel in classic and modern styles at the same location with its charming double Dutch front doors. All this from a traditional men's haberdashery start-up.  
7750 Girard Ave, La Jolla  
ascotshop.com | 858-454-4222

### Best Painting Supplies Sherwin Williams

Founded in 1866, Sherwin Williams has spent the last 155 years creating a legacy of growth, creativity, and inno-

vation to meet the needs of their clients. It has become a household name and leader in the paint industry. Please be sure to stop by its newest location in La Jolla. You'll enjoy the personable and helpful staff who look forward to partnering with you on your next painting project.  
7477 Girard Ave, La Jolla  
858-729-1801 | sherwin-williams.com

### Best Pet Store

#### Decker's Dog + Cat

Decker's enjoys taking extra steps to ensure you have the best possible shopping experience at their store. Spoiling your furry friends has never been so fun. You'll find all Specialty pet food brands, local companies, fresh raw and cooked food, unique accessories and gifts, toys beds plus much more!  
7928 Ivanhoe Ave, La Jolla  
858-999-0153



## Best Boutique, Women's Apparel

### Lissilaa Boutique

From Haute Couture to European street wear. Lissilaa is a highly curated boutique serving La Jolla for more than 26 years! Stop in to see an array of the most unique items that make you look and feel like a one of a kind woman!

1250 Prospect St, La Jolla  
(858) 454-0874

### Best Resale Shop

#### La Jolla Goodwill

(see listing under Best Discount Store)

### Best Shoe Store (tie)

#### Rangoni Firenze Shoes

This wonderful shoe store draws from a distinct European vibe, selling only handcrafted shoes from Florence, Italy, made in its own Amalfi Factory. You will also find a nice selection of fine leather handbags by Barbara Milano and Merci Marie made in Milan, Italy.  
7870 Girard Ave, La Jolla  
rangonistore.com | 858-459-4469

### Ralph Lauren

(see listing under Best Men's Apparel)

### Best Sporting Goods

#### Mitch's Surf Shop

(see listing under Best Surf Shop)

### Best Sunglasses

#### Eyestructure

Eyestructure prides itself as being the ultimate luxury optical dispensary. The extensive inventory stems from all over the globe to offer customers a diverse choice of frame styles. Eyestructure stays current on all the eyewear trends, and is confident to state that the staff can find a frame that matches your style. Glasses are a custom accessory which expresses your personality. The knowledgeable and highly experienced Eyestructure staff maximizes the customization of the perfect pair of glasses. Customers are fitted into free-form progressive lenses by Zeiss. Your eyewear needs do not get more personalized than Eyestructure.

1232 Prospect St, La Jolla  
eyestructure.net | 858-551-7959



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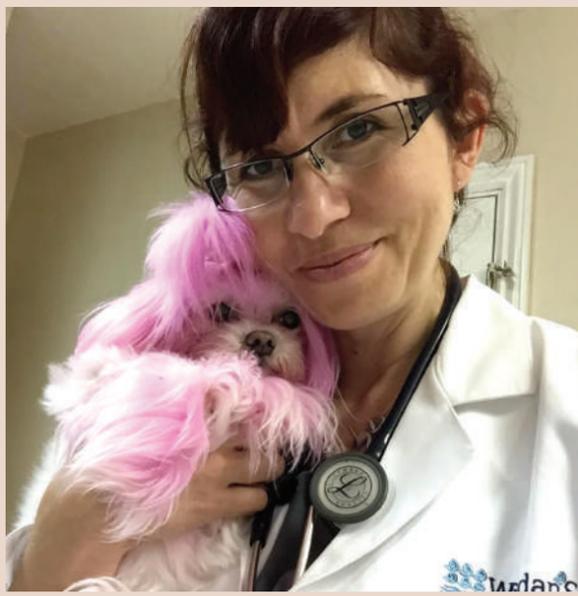


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## Best Veterinary Hospital

### Windan'Sea Veterinary Clinic

The doctors and staff of Windan'Sea Veterinary Clinic collaborate closely with every client to meet the individual needs of your beloved pets. The hospital's commitment to veterinary excellence is exemplified by its doctors & medical director Dina Raichel, MS, DVM. The Windan'Sea team take pride in the fundamental belief that your pets deserve the best of care throughout all stages of their lives and treats every pet as if it were their own.

6911 La Jolla Blvd, La Jolla  
858-454-0354 | windanseavet.com

### Best Surf Shop

#### Mitch's Surf Shop

Mitch's Surf Shop opened for business in 1967 near Windansea Beach, and today, it is the go-to destination for local surfers and skateboarders. Mitch's has a huge stock of ready-to-go surfboards as well as blanks, handmade custom fins and other accessories you need to build your own. Popular with the skate crowd, too, they carrying a wide selection of skateboards by Arbor, Sector 9 and Skatedesigns.

631 Pearl St, La Jolla  
mitchssurfshop.com | 858-459-5933

### Best Swimsuits

#### La Jolla Swim Sport

Issakov grew up swimming in La Jolla Cove and has channeled her love of ocean swimming by helping others feel at home in the ocean. "It's remarkable what has happened since I hung up the sign out in front of the swim shop. The response has

been amazing." From Argentina to Canada, Australia to England, they've had swimmers from all over the world join the FREE guided swims!

1644-1 Girard Ave., La Jolla  
858-454-4002  
lajollaswimandsport.com

### Best Tourist Attraction (tie)

#### Birch Aquarium

Birch Aquarium at Scripps is the public exploration center for world-renowned Scripps Institution of Oceanography at UCSD. Perched on a bluff overlooking the Pacific Ocean, Birch Aquarium features more than 60 habitats of fishes and invertebrates from the cold waters of the Pacific Northwest to the tropical waters of Mexico and beyond. An oceanographic museum showcases research discoveries by Scripps Oceanography scientists on climate, earth, and ocean science.

2300 Expedition Way, La Jolla  
858-534 3474 | aquarium.ucsd

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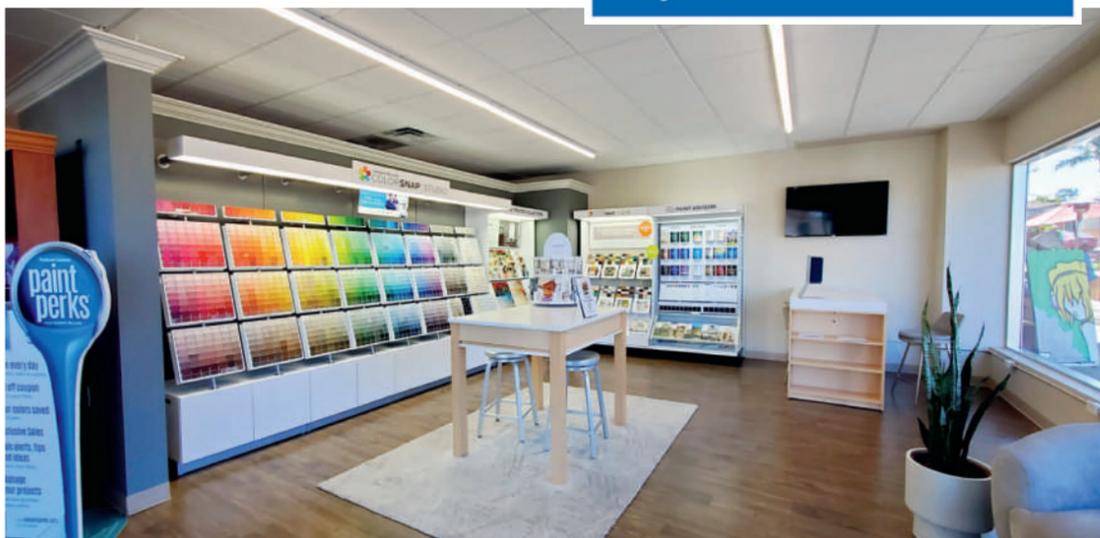
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La Jolla Cove is a small, picturesque cove and beach that is surrounded by cliffs in La Jolla. The Cove is protected as part of a marine reserve; underwater it is very rich in marine life, and is popular with snorkelers, swimmers and scuba divers.  
[LaJolla.com](http://LaJolla.com)

**Best Women's Apparel (tie)  
Lissillaa Boutique**

(see listing under Best Boutique)

**Sigi's Boutique**

Women seeking high-end European designer fashions and accessories love this shop's fine cashmere from Scotland, stylish classics from Italy and France, and sportswear from Herno.

**7888 Girard Ave, La Jolla  
858-454-7244**

**Professional Services**

**Best Accounting (tie)  
Steven Alpinieri, CPA**

If you think it's time to ask an accountant to help you get your finances and records in order, the firm of Steven Alpinieri CPA, an Accountancy Corporation can provide the guidance you require. Based in La Jolla, they work mostly with small and medium operations. When someone brings a job, it gets the attention to detail it demands. They offer year-round services, flexible hours and reasonable payment terms. You can also relax knowing they put the satisfaction of clients first. The staff has more than 20 years of experience.

**7575 Eads Ave, Ste 102  
858-230-6610**

**Russell Ingledew, CPA**

Russell E. Ingledew has more than 20 years of experience working in tax planning and preparation for individuals, business entities, nonprofits, trusts and estates. At Russell Ingledew, CPA, Inc., clients benefit from both the personal attention provided and the resources and experience associated with a firm serving more than 150 businesses and 350 individual clients. Ingledew takes great pride in the community and those he serves.

**7301 Girard Ave. Ste 303, La Jolla  
lajollacpa.com | 858-454-2190**

**Best Architect (tie)  
Mark D. Lyon, Inc.**

Architect Mark D. Lyon, Inc. is the recipient of this years Best Architect Award and consistent winner. Architect Mark D. Lyon, Inc. is a full-service architectural and planning firm offering expertise in residential, coastal planning, commercial and historic restoration projects. Mark. D. Lyon has earned a reputation for imaginative design solutions, efficient project management, adherence to both schedule and budget and unparalleled expertise.

**410 Bird Rock Ave, La Jolla  
mdla.net | 858-459-1171**

**Marengo Morton Architects**

Award winning team of Marengo Morton Architects is constantly seeking new ways to sharpen their skills and develop their creativity. Their passion for style goes beyond imitation and toward self-expression. They treat a property as a sculpture with its own unique composition of function and form, shape and style. The result becomes the signature statement of the property owner.

**7724 Girard Ave.  
marengomortonarchitects.com |  
858-459-3769**

**Best Attorney  
Mark Krasner of  
Blanchard Krasner &  
French**

Mark Krasner, a co-founder of Blanchard Krasner & French, has more than 40 years experience as a certified public accountant and attorney in a wide variety of matters and industries. His areas of practice include mergers and acquisitions, real estate, tax matters, family law, purchases and sales, licensing, franchising, corporate and partnership structuring and reorganizations, international trade and estate planning. Mark is also involved in multiple nonprofit organizations, including but not limited to the Scripps Hospital Citizens Advisory Board, Nevada Museum of Art, Promises 2 Kids, Big Brothers Big Sisters and is also active in local, state and national politics.

**800 Silverado St, 2nd Fl, La Jolla  
bkflaw.com | 858-551-2440**

**Best Auto/Detail Shop  
Pearl Car Wash**

(see listing under Best Car Wash)

**Best Auto Repair (All Makes)  
Family Auto**

Family Auto is an independently owned and operated (full) service dedicated to the best possible auto and customer



**Best Interior Design**

**Ross Thiele & Son**

Ross Thiele & Son is a full-service, residential interior design studio based in the heart of La Jolla. This year, we are very proud to be celebrating our 90th year in business. Founded in 1932 by Ross Thiele, we were one of the first businesses to provide interior design services to the San Diego area as they are known today. We have since been dedicated to providing high quality design and furnishings to our community.

**7425 Girard Avenue, La Jolla  
858-454-2133 | rossthiele.com**

service you can get. The waiting area includes wi-fi, a refreshment area, a children's play area, a shuttle service. One stop and you will understand why this new auto service has been voted as one of La Jolla's top choices .  
**1027 Virginia Way, La Jolla  
858-260-2000**

**Best Auto Repair (Imports)  
Marco Polo Independent  
BMW & Mini Service**

Marco Polo Independent has been ser-

viceing BMW and MINI automobiles in the La Jolla area for more than 32 years, providing automotive maintenance, repairs and improvements for all years of BMW. They have also serviced new model MINI automobiles for more than 13 years. The experienced staff of mechanics and quality of workmanship, has earned them a reputation amongst customers for having reliable auto services at affordable prices. Experience the Marco Polo difference for yourself. And, you won't get charged

a premium just because they're in La Jolla.

**7464 Draper Ave, La Jolla  
marcopoloindendent.com |  
858-454-2002**

**Best Bank (tie)  
Poppy Bank**

Since opening the first branch in 2005, Poppy Bank has grown to over \$4 Billion in assets with branches across San Francisco area, Roseville and So. Cal. They have garnered national recogni-

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## Best Health Club/ Gym

### Balanced Fitness and Health La Jolla

Balanced Fitness and Health is a community gym driven by you. Their atmosphere and memberships are tailored to the needs of maintaining, staying focused for your best result. Real goals and real results. It's where providing your fitness and health come first and not the sale— where everybody knows your name and your goals. Everybody's health and routine is different their focus is one member at a time and one success at a time!

7680 Girard Ave #200, La Jolla 858-456-2595

tion of their performance. Poppy Bank is 5-star rated by BauerFinancial, the nation's leading independent bank and credit union rating firm, and is recognized as one of the strongest financial institutions in the country.

7544 Girard Ave, La Jolla  
poppy.bank | 858-454-1013

### First Republic

First Republic Bank is an American bank and wealth management company offering personal banking, business banking, trust and wealth management services, catering to low-risk, high net-worth clientele.

1200 Prospect St, La Jolla  
858-454-8883

### Best Car Wash

#### Pearl Car Wash

Pearl's fast service and reasonable prices make it a top destination for dirty cars. The facility offers hand washes and interior detailing, and the owners recently added same-day auto body repairs to their list of services. Drop

your car off for a mini-makeover if it needs windshield and wheel repairs, paintless dent fixes, headlight restoration, bumper-scuff removal or window tinting, and it will come back to you shiny and looking new.

600 Pearl St, La Jolla  
pearlcarwash.com | 858-456-1170

### Best Childcare/Preschool

#### Dan McKinney Family YMCA

The Dan McKinney Family YMCA (formerly La Jolla YMCA) has been proudly serving La Jolla families since 1964. Dedicated to empowering people to be healthier in spirit, mind and body, the Y believes a strong community can only be achieved when we invest in our kids, our health and our neighbors. As a leading nonprofit organization, the Y offers programs that foster youth development, promote healthy living and advance social responsibility. They offer a safe, nurturing and supportive environment for people from all backgrounds and walks of life and bring about meaningful change within themselves but also in their community.

8355 Cliffridge Ave, La Jolla  
858-453-3483

### Best Cleaning Service

#### Molly Maids

For residents of La Jolla there's no bet-

ter way to save valuable time than with professional housekeeping services from Molly Maids. Enjoy a clean, comfortable home and all the benefits of professional home cleanings.

mollymaid.com | 858-673-8111

### Best Computer Repair

#### uBreakiFix La Jolla

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858-727-5096

### Best Contractor/Construction/(tie)

#### Grunow Construction

Grunow Construction is a residential firm that has served the La Jolla area for 30 years. Their work includes; custom home remodels, new construction, property improvements and a full range of home and commercial repair services. Whether it's new construction or a home improvement project, Grunow's mission is to provide clients with a consistently high standard of craftsmanship and service built on trust and performance. Grunow's premier service provides detailed bidding, cost analysis, quality project management and consistent communication which ensures a long lasting relationship with all their clients.

1121 Torrey Pines Rd, La Jolla  
grunowconstruction.com |  
858-459-8742

### Dewhurst & Associates

Designing and building quality, custom homes in the La Jolla area has been Dewhurst & Associates' specialty since 1929. La Jolla's oldest construction company, Dewhurst & Associates is a family-owned and operated design/build firm serving the greater San Diego area and surrounding communities. Today, 89 years after Ernest Dewhurst came to La Jolla, his grandson and great-grandchildren continue to maintain the integrity, quality of service and workmanship that he established in the construction of custom homes. After turning over the operations of the company to his son Walter in the mid-40's, Ernest worked alongside his son until he retired in the late-50's. In the mid-70's, Don joined the firm representing the next generation of the Dewhurst legacy. Keeping with the family tradition, in 2006, Don's twin sons, Dave and Doug became CEO and president, respectively, of the family owned business. Together at Dewhurst & Associates, the family continues to provide quality construction of new custom homes, remodels and repairs.

7541 Girard Ave, La Jolla  
dewhurst.com | 858-456-5345

### Best Dog Grooming

#### All About Animals

Serving La Jolla since 2002, All About Animals is your family owned pet store. With over 25 years of experience in the pet industry, our highly trained and compassionate staff endeavors to provide excellent customer service while always remaining available to assist our clients in maintaining the health and happiness of their pets.

5622 La Jolla Blvd., La Jolla  
858-459-4583

### Dry Cleaners 1st Place (tie)

#### Margaret's Cleaners

La Jolla was Margaret's original flagship location in 1987. Over the years, they have expanded several times. They now have five Southern California stores and also offer services to garment retailers in San Diego and Orange Counties, Beverly Hills and Las Vegas — providing garment cleaning, restoration and evaluation. Their new state-of-the-art award winning plant is in Kearny Mesa. Margaret's specializes in high-end dry cleaning, bridal gown cleaning and preservation, drapery &



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blind cleaning, handbag and leather cleaning. Complimentary pick-up and delivery is included in their service areas.  
7511 La Jolla Blvd, La Jolla  
margarets.com | 858-454-2375

**Ogden's One-Hour Cleaner**  
We don't know who Ogden is, but we do know he's got one-hour cleaning down to a science. He must have, because he's able to pass along savings that would otherwise go toward overhead. Check this out: a dry-cleaned blouse for \$5.25. A dry-cleaned pair of men's pants for \$5.75. A laundered and pressed shirt for \$2. Wash/fold per pound for the same price.  
945 Pearl St, La Jolla  
858-454-4687

**Electrician 1st Place**  
**West Coast Electric**  
West Coast Electric Solutions, Inc. is a family owned business that has been serving the San Diego area proudly since 1979. All the electricians are licensed, insured and bonded. They are a full service electrical company serving San Diego for all your residential or commercial needs. West Coast Electric Solutions values customer service and takes pride in our work and attention to detail.  
wcesolutions@yahoo.com | 858-565-7897

**Financial Planner**  
**Wells Fargo Financial Advisors**  
The team of Financial Advisors can provide a full range of financial products and services, from helping you select individual investments to developing a retirement plan. They have access to a broad array of company resources — including research analysts and economic and market experts who help make informed recommendations based on your needs.  
888 Prospect St, Ste. 301, La Jolla  
wellsfargoadvisors.com | 858-459-0521

**Florist 1st Place (tie)**  
**Adelaide's Florist**  
Committed to offering only the finest floral arrangements and gifts, Adelaide's has operated its business in La Jolla for over 50 years, Year after year, Adelaide's is committed to putting its customers first, and the professional staff is dedicated to making their experience a pleasant one.  
7766 Girard Ave, La Jolla  
adelaidesflowers.com | 858-454-0146

**Bridget's Blooms**  
One stop at Bridget's Blooms will brighten even a gloomy day — create your own bouquet for that special occasion, with the help of Bridget Oleata and her husband Michael. Even better, Bridget and Michael offer free delivery seven days a week for their Birthday & Anniversary



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1055 Torrey Pines Rd, La Jolla  
858-459-0731  
bridgetslajollablooms.com

**Best Handyman**  
**Handyman of La Jolla & Del Mar**  
Handyman of La Jolla has more than 30 years' experience in construction, remodeling and handyman services. Clients count on quality, clean and quiet service while at their home. Whether you're looking for interior or exterior work or need a little of both, Handyman of La Jolla is here to help you decide which changes and upgrades are right for you. From remodeling and repairs of homes and condos, Handyman of La Jolla & Del Mar can take care of it all.  
handymanoflajolladelmar.com | 858-459-3860

**Best Interior Design (tie)**  
**Kathleen Buoymaster**  
Kathleen Buoymaster Interior Design is an interior design firm that offers a wide array of services for both residential and commercial clientele. Since 1985, emphasis on each project is always placed on highly personalized service through continual detailed communication with the client. Whether a client is seeking one piece of furniture to complete a room, or to re-conceptualize their entire home or office, Kathleen Buoymaster can help with painting, furniture plus arrangement.  
7944 Princess St, La Jolla  
kathleenbuoymaster.com | 858-456-2850

**Ross Thiele & Son**  
Ross Thiele & Son is a full-service, residential interior design studio based in the heart of La Jolla. This year, we are very proud to be celebrating our 90th year in business. Founded in 1932 by Ross Thiele, we were one of the first businesses to provide interior design services to the San Diego area as they are known today. We have since been dedicated to providing high quality design and furnishings to our community.  
7425 Girard Avenue, La Jolla  
858-454-2133 | rossthiele.com

**Best Insurance**  
**Jawad S. Bisharat**  
Providing insurance for families and businesses since 1997. As an Allstate Agent in La Jolla, I know many local families. My knowledge and understanding of the people in this community help me provide customers with an outstanding level of service. I look forward to helping families like yours protect the things that are important - your family, home, car, boat and more.  
7858 Ivanhoe Ave La Jolla  
jawad@allstate.com | 858-454-7808



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Joel Perlin, President



## Best Dog Grooming

### All About Animals

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5622 La Jolla Blvd., La Jolla  
858-459-4583

### Best Jeweler Design & Repair Mario Master Jeweler Design and Repair

Mario has specialized in custom jewelry designs since 1990. Most of his creations are handmade to order. Bring your idea to Mario and he will turn it into a reality. Join the thousands of satisfied customers who return again and again to let Mario create a jewelry masterpiece, and of course he'll handle all repairs.

7515 Fay Ave, La Jolla  
858-454-0952

### Best Landscape Revolution Landscape Architecture

The mission of Revolution Landscape Architecture mission is to create beautiful, eco-friendly landscapes that you will just love, perfectly tailored to your unique aesthetic and special purpose. Revolution Landscape provides comprehensive landscape architectural design and installation services for La Jolla and other select areas of coastal San Diego. Contact them and let them help make your yard someplace special!

858-337-6944  
revolutionlandscape.com

### Best Mortgage Agent (tie) Tracy Trudeau

Tracy is a senior loan officer at Rancho Financial and has been in the mortgage industry since 1993. He currently works as a direct mortgage banker and offers in-house underwriting, docs and funding. Rancho Financial has preferred direct lender rates that are consistently more competitive than other sources. Tracy lives in the Bird Rock neighborhood with his wife and children. He is very active in the community.

7755 Fay Ave. Ste. A  
858-216-4385 | tracytrudeau.com

### Ed Woolery

Clients looking for a smart mortgage consultant and a company that really cares go to Ed Woolery and Guaranteed Rate Affinity for all their home financing needs. You can count on him to listen and understand your vision, and stay committed to doing what's in your best interest. Ed knows that every client has different financial goals, so he takes the time to understand your vision in order to recommend smart mortgage solutions. As a consultant, he is backed by a dedicated team of loan assistants, processors, underwriters and closing specialists. He and his team consistently deliver smart choices because they're highly trained and well versed in all aspects of the industry.

Ed Woolery VP of Mortgage Lending  
930 Prospect St, La Jolla  
858-922-3325  
Ed.Woolery@grarate.com

### Best Painter (tie) Chism Brothers Painting

Since its inception, Chism Brothers have strived to become the leading residential painting company in La Jolla by consistently providing exceptional quality and dependable service. They're not just about painting—they are about people. They value clients, and put employees first and invest in serving the community. Thank you for voting Chism Bros Painting as your area leader in painting.

7958 Convoy Ct, San Diego, CA 92111  
chismbrothers.com | 858-454-3850

### Scott Gillen Painting

S. W. Gillen Painting is a full service painting company prepared to serve all of your interior and exterior painting needs. They employ the best painters in San Diego and use only top-of-the-line job materials. They are committed to protecting all of your belongings (floors, furniture, artwork, cars, shrubs, etc.) from paint smears, splatters, and droppings. Work is done in a neat and orderly manner with little disruption to your daily activities, perform daily clean-ups.

7486 La Jolla Blvd. #262, La Jolla  
858-454-3300

### Best Pet Hospital Windan'Sea Veterinary Clinic

The doctors and staff of Windan'Sea Veterinary Clinic collaborate closely

with every client to meet the individual needs of your beloved pets. The hospital's commitment to veterinary excellence is exemplified by its doctors and medical director Dina Raichel, MS, DVM. The Windan'Sea team take pride in the fundamental belief that your pets deserve the best of care throughout all stages of their lives and treats every pet as if it were their own.

6911 La Jolla Blvd, La Jolla  
windanseavet.com | 858-454-0354

### Best Pet Sitting/Boarding DogZenergy

DogZenergy, offers complete canine care for your best friend. Not just another dog walking service, DogZenergy also organizes exercise play groups and the most premier positive reinforcement dog training program to truly change your dog's life. Your dog will be physically and mentally exercised so that he can be the best dog that he can be. This place can turn your out-of-control, unmanageable dog into a calm, zen dog. They also provide in-home overnight pet sitting that allows your dog to stay in the comfort of his own home.

dogzenergy.com | 858-349-5700

### Best Plumber (tie) Bill Howe Plumbing

Bill Howe Plumbing & Air specializing in Rheem products and service. Bill Howe is known for its customer service, and you can count on the company for a free, no-obligation consultation to determine the perfect system for your home or business.

9085 Aero Dr., Ste. B, La Jolla  
619-286-6348

### Erling Rohde Plumbing

Erling Rohde Plumbing a family owned business that has been serving La Jolla for over 100 years, its specialties include toilet, faucet, pipe repair and replacement, backflow protection, underground leaks water and gas, Ray-Pac boiler repair, solar hot water systems and water heaters. It's earned a stellar reputation for providing caring customer service.

5771 La Jolla Blvd, #5, La Jolla  
rohdeplumbing.com | 858-454-4258

### Best Printing Copy Cove

Over the last 35 years, this firm has become a La Jolla establishment. From offset and digital printing to binding and full-color posters and banners, client project specialists Kelsi, Patricia, Jeff and Tony are integral to the success and the efficiency of how Copy Cove runs. Customer service and client satisfaction are always top priorities.

701 Pearl St, La Jolla  
copycove.com | 858-456-2444

### Best Private School (tie) The Bishop's School

The Bishop's School is an academic community pursuing intellectual, artistic and athletic excellence in the context of the Episcopal tradition. They are dedicated to offering the highest quality education to a diverse student body and to fostering integrity, imagination, moral responsibility and commitment to serving the larger community.

7607 La Jolla Blvd, La Jolla  
bishops.com | 858-459-4021

### Gillespie School

Recognizing that children are naturally creative problem solvers, Gillispie's Early Childhood program uses a Reggio-inspired approach, and Elementary grade levels apply well-researched programs and strategies that allow students to move past the "How?" to get to the "Why?" At Gillispie, academic rigor is defined by work that demands independent, higher level thinking. The

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## Best Landscaper

### Revolution Landscape Architecture

The mission of Revolution Landscape Architecture mission is to create beautiful, eco-friendly landscapes that you will just love, perfectly tailored to your unique aesthetic and special purpose. Revolution Landscape provides comprehensive landscape architectural design and installation services for La Jolla and other select areas of coastal San Diego. Contact them and let them help make your yard someplace special!

858-337-6944  
5622 La Jolla Blvd., La Jolla  
858-459-4583



investment in these early years is foundational. At a pivotal juncture in these children's lives, they revere a child's right to "Ah-ha!" moments and nurture their belief that they can courageously navigate the unknown.  
7380 Girard Ave, La Jolla  
gillispie.org | 858-459-3773

### Best Shipping/ Packaging La Jolla Mailbox

La Jolla Mailbox Rentals offers customers 24-hour access to mail and postal deliveries. When you have a mailbox at this convenient location, you receive not only a private mailing address, access to delivery of large packages and 24-hour access to your mailbox, but peace of mind. LJ Mailbox also offers printing, copy service, shipping/packaging, scanning, postal services and shredding. UPS, USPS, FedEx & DHL.  
5666 La Jolla Blvd, La Jolla  
858-456-2216

### Best Travel Agency (tie) Cadence

Cadence is a full-service travel management company specializing in planning and delivering the travel you need and want, whether you go for business or pleasure, casual or upscale, on your own or with others. Through Cadence, you can access places, activities and benefits that are off-limits to other travelers. Their world-wide travel experience and industry insider status are your keys to something special. That, and being sticklers for details, mean they handle everything perfectly and make the trip of your dreams happen.  
7701 Herschel Ave, La Jolla  
cadencetravelmanagement.com | 858-551-4000

### Chayet Travel Network

The Chayet Travel Network will go the extra mile to ensure the planning of your travel experience is as easy and stress-free as possible. They are completely committed to ensuring clients consistently enjoy excellent value and memorable travel adventures. They stand out because most of their recommendations for accommodation, tours and other travel services come from first hand experience. The La Jolla travel agents specialize in high-end travel or exclusive travel for those who want something more.  
7724 Fay Ave, La Jolla  
chayettravel.com | 858-459-8000

### Best Tutoring Mathnasium of La Jolla

Mathnasium instructors use a unique assessment process to determine (with great accuracy) exactly what each child knows and what they need to learn. Next, they design a customized learning plan for teaching the concepts the student needs to master. They continually check progress along the way to make sure kids truly understand and retain the concepts taught. The results

are transformative – kids will see measurable changes in attitude, confidence, and school progress.  
915 Pearl St, Ste D, La Jolla  
lajolla@mathnasium.com | 858-291-8186

### Best Veterinarian Dr. Dina Raichel @ Windansea Vetrinarian Clinic

(See listing under best Pet Hospital)

### Best Web Design ModMacro

An award-winning web design and digital marketing firm, Modmacro partners with select small businesses to strategically grow their companies. Delivering results that impress the public, communicate your brand personality, and support your goals for growth. All with the boutique experience you crave. Founded in 2010, the company takes a balanced approach to market-

ing that provides engaging, but simple ways for people to take action and become customers.  
modmacro.com | 858-774-4924

## Health, Beauty & Fitness

### Best Acupuncture (tie) Aculife

Good health is the key to quality of life. That's what the folks at Aculife believe. Their multi-modality holistic approach of using acupuncture, herbal medicine, massage therapy, and nutritional counseling are used to promote balance and wellness. They offer individualized treatment plans, prevention-based health education, and knowledgeable and compassionate care. Their vision is to be the leading integrative health care clinic in So. California providing effective treatments that heal and empower

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(858)454-9991



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8950 Villa La Jolla Dr, La Jolla  
858-210-0969 | myaculife.com

### Indigo and Ease

In 2018, Nina created Indigo and Ease, an acupuncture and integrative health practice. Indigo and Ease has allowed Nina to further her positive impact to fellow San Diegans. Nina is invested in providing integrative care to patients in all stages of life. She works closely

with other health professionals including, naturopathic doctors, chiropractors, dietitians and others to provide you with a comprehensive solution.  
7710 Fay Ave, La Jolla  
indigoandease.co | 619-796-1323

### Best Alternative/Interactive Health (tie)

**Amorah Kelly at Wonderworks**

Amorah Kelly is passionate about helping people improve the quality of their life by uplifting, grounding, and balancing body, mind and spirit. Amorah uses gentle acupuncture, Chinese herbal medicine and energy healing to help people improve the quality of their life by balancing body, mind and spirit. This takes place in a beautiful, peaceful, caring environment, which encourages relaxation and trust. Healing rooms have crystal tables and magnet-

ic pads to create balance, energy and a greater healing experience.

7742 Herschel Ave Ste, Q, La Jolla,  
wonderworkshealingarts.com |  
858-775-1515

### Best Chiropractor (tie) Team Elite

Team Elite Chiropractic specializes in sports injury rehabilitation and performance enhancement. They are dedicated to relieving your pain and discomfort to allow you to function at your highest potential. Their team of skilled doctors will provide you with an individualized treatment plan to help ensure a speedy and efficient recovery so that you can get back to the activities you love.

7710 Fay Ave, La Jolla  
teamelitechiropractic.com |  
858-633-8036

### Active Rest Chiropractic

Active Rest Chiropractic is operated by Dr. Koeppen, a San Diego chiropractor who practices "Upper Cervical" alignments - a noninvasive, gentle adjustment to the vertebrae of the neck. At just 8 years old, he suffered a neck injury that wasn't properly corrected until he found an upper cervical specialist 20 years later. He has dedicated his life to helping others enjoy a pain-free lifestyle.

7630 Fay Ave, La Jolla  
858-736-4056  
activerestchiropractic.com

### Best Cosmetic Rejuvenation (tie)

#### La Jolla Cosmetic Laser Clinic

All of the La Jolla Cosmetic Laser Clinic providers have many years of experience in cosmetic lasers and injectables. Awareness of the varied responses of mixed ethnicities ensures your skin procedures will be carefully selected to provide not only pleasing results but SAFE results. The team of medical professionals are committed to researching and investing in the best technology and equipment available. Their vision is to individually design skincare programs to help each of their clients look their best, morning, noon and night! You will enjoy renewed confidence, self-esteem and feel good about how you look.

7720 Fay Ave, La Jolla  
lajollalaser.com | 858-454-2700

### Beverly Hills Cosmetic Rejuvenation Center

Beverly Hills Rejuvenation Center, focus is on the client. At every stage of a treatment plan, the client's goals drive the team to satisfy expectations. They sure to communicate with the client and to maintain a relaxed, inviting environment. Once clients see the results of their physical renewal, they find emotional satisfaction.

909 Prospect S, Ste #100C, La Jolla  
619-900-2472

### Best Cosmetic Surgery

#### True Beauty

Brian Reagan, MD, F.A.C.S is one of the nation's top board certified plastic and reconstructive surgeons, whose commitment to excellence is well known by both his peers and patients. Upon graduating from the University of California, San Diego's Revelle College, Dr. Reagan attended Cornell Medical College and The New York Hospital, where he conducted award-winning research in the science of healing. He went on to train under the tutelage of several world-recognized plastic and reconstructive surgeons at the University of Texas at Southwestern, home to one of the top plastic surgery training programs in the nation. As a leader in the industry, Dr. Reagan has authored several scientific articles on his areas of expertise and interest including facial rejuvenation, rhinoplasty and breast reconstruction. Their boutique-style practice and hands-on approach makes them the ideal choice for patients seeking personalized cosmetic results. Get started on a beautiful and refreshed you.

7746 Herschel Ave, La Jolla  
truebeautysd.com | 858-454-SKIN  
(7546)

### Best Day Spa (tie)

#### Livkraft

What is livkraft? Definition: having the ability to do what you love. Norwegian. Inspired by the word livskraft, meaning life force or vitality. LIVKRAFT's mission is to support your passion for the many health and fitness activities that define the Southern California lifestyle. We keep you doing what you love by offering state of the art recovery treatments in a luxury spa inspired setting.

7710 Fay Ave, La Jolla  
livkraft.com | 858-401-2383

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**Beverly Hills Cosmetic Rejuvenation Center**

(See listing under Best Cosmetic Rejuvenation)

**Best Dentist (tie)**

**Dr. Reynolds D.D.S.**

Dr. Michael Reynolds diligent attention to detail helps him craft your perfect smile. How do they work toward perfection? Through a constant effort to improve their skill set, and a relentless attention to detail. How do they provide a perfect dental experience? First, through a genuine concern for the well-being of patients and then by having a thorough understanding of their needs.

7742 Herschel Ave, La Jolla  
858-454-9991

**D'Angelo, Hoffman, Olson**

New patients are always welcome at D'Angelo/Hoffman/Olson La Jolla Dentistry! Their goal is simple: to provide you with the healthiest and most beautiful smile possible. Throughout their years spent in training and practice, they've learned how closely oral health and overall health relate. The better the oral healthcare you receive, the healthier your body will be as a whole.

1111 Torrey Pines Rd, La Jolla  
lajolladd.com | 858-459-6224

**Best Pediatric Dentist**

**Seaside Pediatric Dentistry & Orthodontics**

Seaside Pediatric Dentistry and Orthodontics believe in treating each patient each patient as family. Supported by an experienced, compassionate team, their doctors are dedicated to ensuring you know you are heard, respected, and valued as an individual. We want you to feel at ease in their care, confident you or your child is receiving the ideal treatment for your specific needs and concerns.

10549 Scripps Poway Pkwy, Ste E  
San Diego, 92131  
myseasidesmiles.com | 858-271-4200

**Best Hair Salon (tie)**

**Judy Judy Judy**

Women with hair loss can have thick and healthy hair volume. Thick, healthy hair is never out of style! Even with all

the excellent professional volumising products available, nothing compares with the real thing, thick, healthy human hair! The unique patented process used at Judy's salon attaches a protein bond of real human hair to a small section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair. Most women who want this service suffer from thin, weak and damaged natural hair, but once this application process has been applied, you will be amazed at the transformation that occurs, not only in your hair, but also in your outlook! Call today for a free consultation and receive \$200 off your first full head of hair extensions! 7734 Herschel Ave, Ste. P, La Jolla  
hairextensionsoflajolla.com | 858-456-2344

**VV Hair Salon**

Salon V V believes that is beauty in everything just waiting for our touch to be discovered. Salon VV founded by well-known talented hairstylist, artist Violeta Shtaro in 2015 in Chicago is taking her perfection on doing hair on another level, by bringing all her talent, experience, knowledge, electric energy magnetic transformations, and more to La Jolla. Her ambitions will go further and her dream to bring sophistication, healthy vibrant hair to her customers will continue.

1250 Prospect St Unit- B21, La Jolla  
vvhairsalon.com | 708-925-8646

**Best Health Club/ Gym (tie)**  
**Balanced Fitness and Health La Jolla**

Balanced Fitness and Health is a community gym driven by you. Their atmosphere and memberships are tailored to the needs of maintaining, staying focused for your best result. Real goals and real results. It's where providing your fitness and health come first and not the sale— where everybody knows your name and your goals. Everybody's health and routine is different their focus is one member at a time and one success at a time!

7680 Girard Ave #200, La Jolla  
858-456-2595

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1055 Wall St, La Jolla  
858-410-7100  
balancedfitnesshealth.com

**Best Holistic Health/Integrative (tie)**  
**KOI Wellbeing**

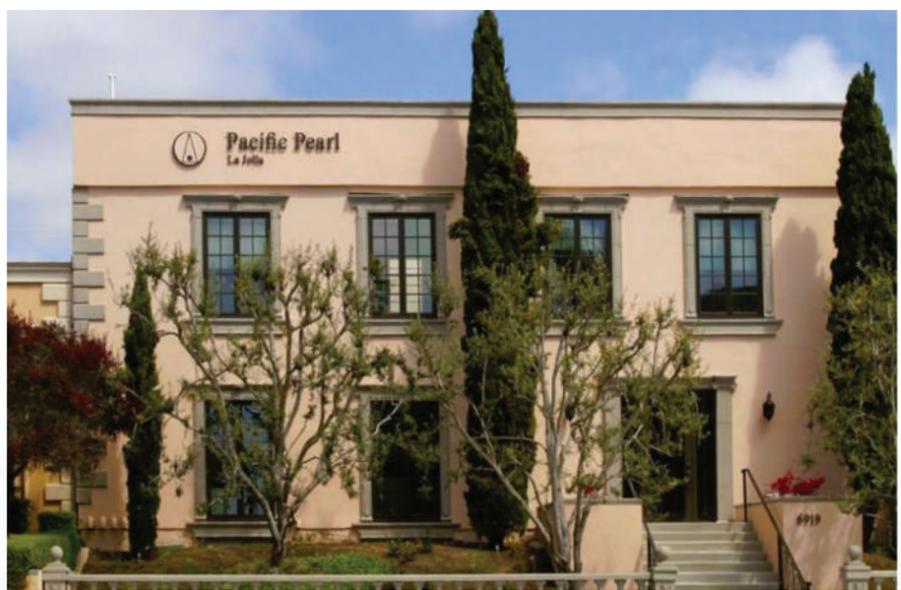
The KOI Wellbeing team of Medical Doctors, Nurse Practitioners and Naturopathic Doctors work together to deliver person-centered, efficient, accessible and cost effective healthcare and services. The integration of Western and Naturopathic medicine, and team of healthcare providers that share their passion for improving how they

provide healthcare in this country is born of their belief that medicine and wellness should be grounded in science, based in nature where possible and tailored to your unique bioidentity and needs. The classically trained and naturopathic doctors work collaboratively at KOI's beautiful offices and treatment regimens are often integrated with KOI's own IV Therapies, Nutrient Injections and highest quality sup-



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**Best Naturopathic Doctor**

Pedi Mirdamadi ND, MS, RHN, IFMCP

[www.PacificPearlLaJolla.com](http://www.PacificPearlLaJolla.com)

**858-459-6919**

**Pacific Pearl La Jolla**

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**Brian Papazian**  
handymanoflajollaandelmar.com  
Tele: 858-459-3860



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### Best Martial Arts

#### Rada Jiu-Jitsu

The RADA Jiu Jitsu Academy offers the best training in Brazilian Jiu-Jitsu from beginners, to pro Mixed Martial Artists, and Law Enforcement. They focus on the team; meaning you, the student. Not everyone has the same reasons for training in the Martial Arts. Some enjoy the exercise, others want to learn self-defense, and some may wish to pursue a career in MMA or competition. The philosophy of this Team is to teach functional Brazilian Jiu Jitsu that you will keep with you for the rest of your life. You will not get watered down technique, or be taught how to win a tournament without knowing how to defend yourself on the street.

908 Pearl St, La Jolla  
619-252-5678 | lajollajiujiitsu.com

### Best Massage (tie)

#### Equanimity Massage by Connie Youngblood

Being a consecutive 'Best of' Massage Therapist, Connie Youngblood shows her strengths through her ability to balance a nurturing massage and educating you about your mind and body. Connie is also a practicing Medium. Utilizing the intuitive skills she has honed in massage for many years has helped fine-tune her natural ability to create powerful client readings. Especially during these evolving times.

7752 Fay Ave, Ste D, La Jolla  
equanimitymassage.com |  
619-993-7909

### LivKraft

LivKraft is Norwegian inspired by the word livskraft, meaning life force or vitality LIVKRAFT's mission is to support your passion for the many health and fitness activities that define the Southern California lifestyle. They keep you doing what you love by offering state of the art recovery treatments in a luxury spa inspired setting.

7710 Fay Ave, La Jolla  
livkraft.com | 858-401-2383

### Best Nail Salon (tie)

#### The Nail Lounge

The Nail Lounge of La Jolla offers luxurious spa services in an elegant, tranquil setting. Upon entering, you will be offered a cup of soothing tea or refreshing water to enjoy as you experience an array of relaxing and renewing treatments. The Lounge is decorated in peaceful, neutral colors that will lull you into tranquility, and the skillful staff is dedicated to ensuring your relaxation with respectful quietude.

7514 Girard Ave, La Jolla  
thenailoungeoflajolla.com |  
858-456-7171

### Perfect 10 Nails

Since their opening, Perfect10 Nails has become a perfect destination for those seeking peace and charm. To many they are a social gathering lounge for friends to share their weekly events, and others to come and make beauty for their best moments. Services

include nails, skincare and eyebrows.

7523 Fay Ave ste c, La Jolla  
perfect10nailsajolla.com  
858-456-7899

### Best Optometrist

#### Dr. Jesse A. Camen, GDC Be Seen Optics

Dr. Camen is a full scope, California licensed optometrist with diverse experience in the private, corporate, hospital, and military sectors of primary care optometry. After completing the pre-optometry program at Ferris State University in Michigan, Dr. Camen went on to graduate cum laude from the Illinois College of Optometry, earning both her Doctorate of Optometry and Bachelor of Science in Visual Science in 2008. Prior to serving as a Medical Officer in the U.S. Navy from 2009-2012, she developed her foundational skills while working as an Associate Optometrist for Lenscrafters. Dr. Camen returned to private practice in 2012 and has since polished her optometric skills with nationally renowned ophthalmic surgeons both in the Chicagoland area and now in San Diego. Dr. Camen is also a recognized adjunct faculty member at two national Colleges of Optometry, and in 2010, she was hand selected for the esteemed role of Examiner in the administration of the National Board of Optometry Examination.

5702 La Jolla Blvd STE 102, La Jolla  
eyepegasus.com | 858-291-8211

### Best Orthodontist

#### La Jolla Village Orthodontist

Dr. Wong and Dr. Upatham are board-certified orthodontists committed to creating beautiful smiles, and keeping you smiling throughout treatment. They offer leading-edge orthodontic solutions and will design a unique treatment plan that works for your specific goals and clinical needs.

7575 Eads Ave Ste 101, La Jolla  
858-459-3353  
sandiegoothodontist.com

### Best Personal Trainer

#### John Swain@ Optimum Fitness and Health

(see listing under Best Health Club)

### Best Pharmacy

#### CVS

CVS Pharmacy has been assisting customers with the RX needs for too many years to count. They don't perform like a big box businesses but more like the neighborhood pharmacy it has become over the years. Helping answer questions and going the extra mile to serve local customers is number one.

7525 Eads Ave, La Jolla  
| 858-551-0699

### Best Pilates (tie)

#### Pilates Plus La Jolla

Pilates Plus La Jolla offers a muscle blowing, body shaking workout unlike any you've ever don before. It's a high-intensity, low-impact 40-minute session that is done as slow as possible to lengthen and tone your body in ways you've never dreamed. Thank a hybrid of Pilates + cardio + circuit training... welcome to the Lagree Fitness® method. Suited to all fitness levels, from beginners to advanced. They've trained everyone from the first time fitness goer to the injured and the pro athlete. This isn't your "mama's pilates!"

7712 Fay Ave, La Jolla  
pilatespluslajolla.com | 858-456-1516

### Best Senior Care

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7746 Herschel Ave, La Jolla  
truebeautysd.com | 858-454-SKIN (7546)



## Best Painting Supplies

### Sherwin Williams

Founded in 1866, Sherwin Williams has spent the last 155 years creating a legacy of growth, creativity, and innovation to meet the needs of their clients. It has become a household name and leader in the paint industry. Please be sure to stop by its newest location in La Jolla. You'll enjoy the personable and helpful staff who look forward to partnering with you on your next painting project.

7477 Girard Ave, La Jolla  
858-729-1801  
sherwin-williams.com



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7521 Fay Ave, La Jolla  
homecareassistance.com  
858-842-1346

### Best Senior Living (tie)

#### Casa de Mañana

Overlooking the sparkling Pacific Ocean and steps away from La Jolla Cove, Casa de Mañana is truly a one-of-a-kind retirement experience. Enjoy resort-style amenities like oceanfront dining, scheduled transportation, fitness center, art studio, 24-hour wellness center, assisted living services and more. Casa offers a variety of cultural and recreational opportunities, educational classes and special events. Relax in the warm saltwater pool and spa or shop or dine in the nearby La Jolla Village shops and restaurants. At Casa de Mañana we take care of the

housekeeping, maintenance and dining services. Casa's friendly and attentive staff takes care of daily tasks so you can concentrate on living well and pursuing your passions. All this for one inclusive monthly fee. No entrance fees required! Learn why Casa de Mañana has been voted La Jolla's best retirement community multiple times.

849 Coast Blvd, La Jolla  
casademanana.org | 800-959-7010

### White Sands of La Jolla

While your lifestyle is definitely your choice, with as much privacy as you desire, there are many activities for you to enjoy at White Sands of La Jolla. Enjoy concerts, water aerobic classes or trips to nearby musical and stage performances. You can browse through the well-stocked library, indulge your creativity in our hobby rooms or take a walk on the beach. Jacuzzis, gardens, exercise rooms, even travel arrangements.

7450 Olivetas Ave, La Jolla  
858-454-4201

### Best Specialized Workout Facility (tie)

#### OsteoStrong

OsteoStrong is a membership-based integrative health and wellness center with their main focus on musculoskeletal strengthening. OsteoStrong utilizes a series of robotic musculoskeletal treatment devices utilizing high impact emulsion, so that people can get the benefit of impact without the associated risks, providing a physical medicine option that has no side effects.

7442 Girard Ave, La Jolla  
osteostrong.me | 619-346-4636

#### Orangetheory Fitness

Orangetheory Fitness offers 60-minute workout sessions split into intervals of cardiovascular and strength training with heart rate monitors to track intensity and maximize metabolic burn. Increase energy, get visible results and burn more calories, even after leaving the studio. That's the Orange Effect! Really want to change your body and your fitness level? Join the

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orangetheoryfitness.com |  
858-551-8750

**Best Stylist (tie)**  
**Judy, Judy, Judy**  
(see listing under Hair Salon)

**Best Stylist**  
**Glidia Hargis Salon**  
Glidia Hargis has always had a passion for hair style, glamour, and fashion which led her to study hair styling at L'Oreal Academy in Paris, Vidal Sassoon London and Los Angeles, as well as in San Diego. She continues to learn and develop her craft by studying the latest trends in hair, make-up, color and fashion inspired by regular trips to Paris. She has recently expanded her salon, and is dedicated along with her staff, to make clients feel and look beautiful by defining and enhancing their personal style. They specialize in a well rounded range of beauty services. Glidia's expertise lie in classic blonding, vibrant reds and customized haircuts. Jillian, on staff, is wonderful with fashion colors, seamless balayage and platinum blondes.  
7760 Fay Ave Ste K La Jolla  
glidia.com | 858-456-8700

**Best Tanning Salon**  
**iTan Sun Spray Salon**  
iTan offers sunless airbrush tanning and five levels of tanning beds for a customizable bronzing regime. Their Smart Tan certified consultants are friendly, ap-proachable and well-educated on the proper ways to achieve your desired tan. Every customer is guided through the procedure and given a salon tour.  
7492 La Jolla Blvd, La Jolla  
itansolariums.com | 858-454-3873

**Best Urgent Care**  
**Urgent Care of La Jolla**  
Urgent Care La Jolla is a convenient, locally owned and operated clinic for family medicine and urgent care. They provide minor emergency care for fever, sprains, cuts, colds, flu-like symptoms, sore throats, asthma, and many other ailments. They can assist in the management of hypertension, high cholesterol, diabetes, and other difficult but non life-threatening medical conditions. Urgent Care La Jolla also specializes in vascular disease including sclerotherapy and varicose vein treatment.  
7634 Girard Ave Ste J, La Jolla  
urgentcarelajolla.com | 858-255-8325

**Best Yoga Facility (tie)**  
**YogaFūzn La Jolla**  
Their goal is to guide each student on a path of discipline, respect, happiness, focus, balance, and a true connection of the mind and body. Their studio has been in business for over 20 years with the same owner for 15+ years and they continually strive to not only better themselves, but the community as a whole. YogaFuzn welcomes you as well as your friends and family to join them and be a part of their community.  
565 Pearl St, Ste 104, La Jolla  
yogafuzn.co | 619-723-9389

**Prana Yoga Center**  
Liberating Prana is an ancient yogic practice that has captivated the West and found a respected home on Silverado Street. The studio teaches Hatha and Vinyasa-style yoga. Vinyasa yoga flows from one posture to another with the intent to combine conscious breathing and deep concentration to release Prana, a Sanskrit word for breath. For the Western practitioner,

it's a release from stress.  
1041 Silverado St, La Jolla  
prana-yoga.com | 858-456-2806

**Best Weightloss (tie)**  
**Jenny Craig**  
The Jenny Craig program is designed to provide structure and support to help members lose weight and learn how to keep it off. Their brand was built on the belief that successful weight loss and weight management can be achieved through a healthy relationship with food, an active lifestyle and a balanced approach to living. These fundamentals make up three cornerstones of the Jenny Craig Program: Food, Body and Mind.  
**Costa Verde Center**  
8650 Genesee Ave, Ste 202, San Diego  
858-450-1169

**Sarapy Clinic**  
Wondering about the best way to lose weight? Many people experiment with several diet plans to attempt to lose weight, only to find the process doesn't work for them. No matter how long you've been struggling to drop weight, a medical weight loss plan may be right for you. Sarapy Clinic Offers Innovative Weight Loss Treatments. A custom San Diego medical weight loss program managed by Dr. Sarah Ghayouri begins with a physical examination and review of your medical history. Based on your risk factors, life style, and your medical conditions, Dr. Sarah will recommend a personal weight loss program for you. You may have choices and can choose the plan best for you, after consulting with the doctor.  
850 Prospect St #2, La Jolla  
sarapyclinic.com | 858-731-7601

**Best Wellness Center (tie)**  
**Koi Wellbeing**  
KOI Wellbeing provides personalized



## Best Cosmetic Rejuvenation

**Beverly Hills Cosmetic Rejuvenation Center**  
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5632 La Jolla Blvd, La Jolla

**LivKraft**  
(see listing under Best Day Spa)

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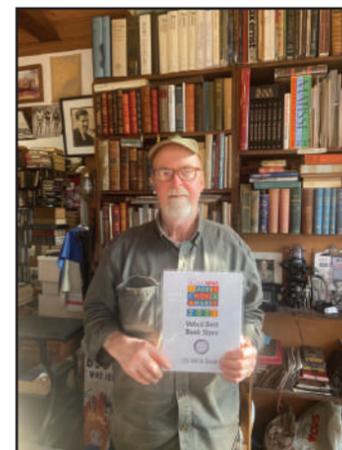


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